

Fashion
but like for richard
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Card Sorting

Question 1

How would I and others describe my clothes now?

Write these out, positive and negative alike. Let yourself be self-effacing and cocky. Place them on individual sticky notes in Column B.

Question 2

Which of the descriptions I've noted give me trouble?

Set these from Column B into C. We aren't throwing them away, so you don't have to be precious. Trouble can just be mild.

Question 3

What do I wish I said about myself with my clothes?

Don't worry if these might be only-sometimes things. It's okay to wish you had a pride-month mesh shirt, without that being the guide for all other clothes.

Task 1

Grab yourself a pencil, copious post-its, and some open space on a wall. Then, follow the guide to the left.



Waist

Hips

Inseam

Shoulders

Chest

Arms

Neck

My Sizes

Don't. Don't whip out your tape measurer that you used to map out your Ikea plans.

We have flexy ones. We'll do this for ya.



Task 1

Don't worry, we've all seen you naked. Take a full-length picture of your body, standing at rest. Don't tuck or suck it in. Stand naturally and try to take the picture around chest height.

Task 2

Using the picture, trace the outlines of your body. Imagine you're a shirt. Where would you 'hang,' where would you 'pull.' Mark those spots with a highlight or mark.

My Shapes

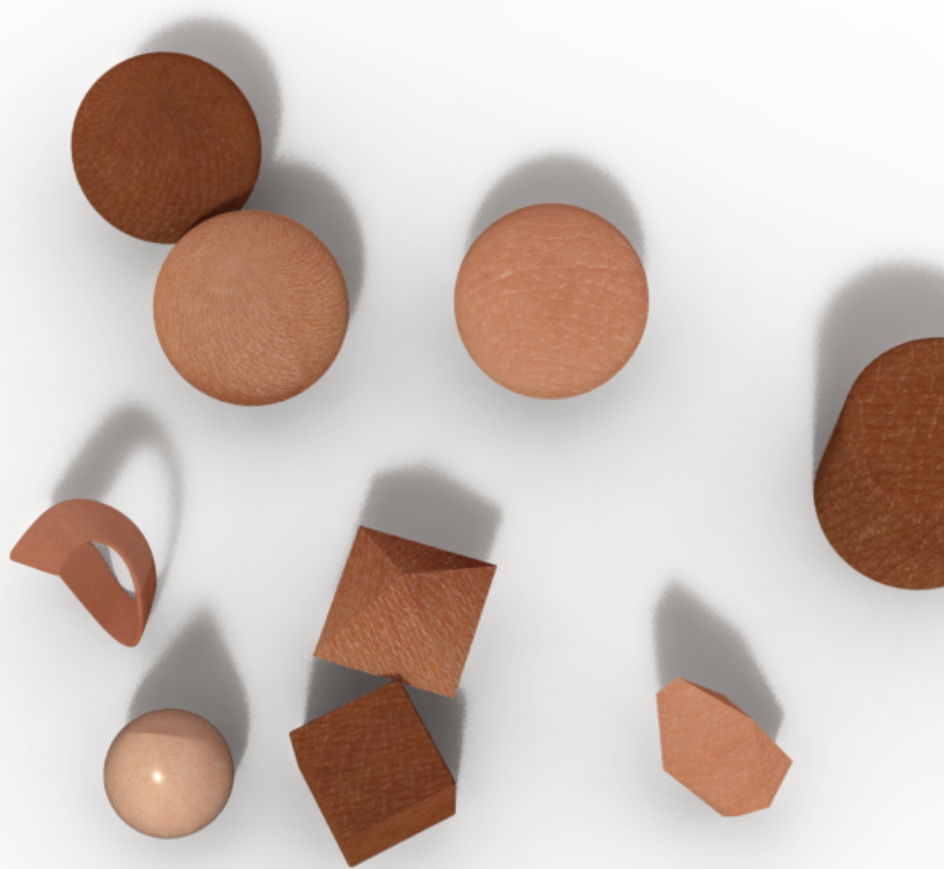
There's a lot clothes have to do, but the #1 concern is chilling all around your body. What shape you are determines how cuts will interact with tension points on your frame.

Color Theory

Skin is a complex structure, with light refraction you cannot mimic in pure shades. Identifying your skintone can be a good start, but it's no end of the road.

Take that one Sweedish girl everyone knows--who, when wearing neon, looks as if she might actually be a lightbulb turned on.

That's not her 'color,' or 'undertone,' but a refraction effect. Value is important, but so is structure.



Task 1

What colors are present in my skin? Which are 'dominant' and which 'peek out?'

Task 2

Observe your skin in daylight, and in flat light. How does it reflect? Are you shiny, or dull? Does your skin resemble canvas or tulle, rocks or leather? Describe it with objects in the world.

Fitting

Fits sit differently on all bodies. “Straight” cuts on some bodies pull out curves. On others, they look like you’re wearing a bag.

Therefore, these descriptions attempt to be blank. In the ‘me manual,’ you’ll see how they relate to you specifically, in their drape.

Straight / Classic / Loose

These garments have ‘straight’ line cuts, with only such curvature as is necessary to make them stay on.

Slim / Modern / Tailored

Cuts labeled slim have taken account of physiology, and are cut to mirror consistent relationships of body curves. They may have some stretch, but are best assessed ‘brand to brand,’ as they each will fit your body differently.

Skinny / Fitted

Skinny and fitted products rely on yielding fabrics to ‘mask’ onto the body, rather than draping. They are best fit when they do not lose contact with skin for too wide an area.



The Me Manual

Well, this is what you're waiting on me for, isn't it? Don't worry. Once we get the rest up and running, you're going to have. . . some light reading here.