Validation of an fMRI-based Olfactory Cue Reactivity Task to Measure the Learned Association between Alcohol Cues and Addictive Behaviour

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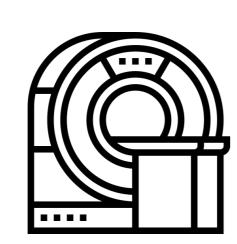
Aims

- By combining an image and odour based cue reactivity task (CRT), we aim to show the effectivity of olfactory cues compared with the image-only cue reactivity task.
- **Goal:** Enhance the measurement precision of the task.

Participants



AUDIT: Medium & High Risk N = 20 (12 females) Age: Mean = 26, SD = 6.58Min = 19 Max = 44



Questionnaires

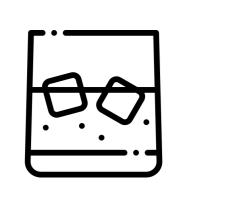
Stanford Sleepiness Scale Psychomotor Vigilance Test Alcohol Urge Questionnaire Sniffin' Sticks Olfaction Test

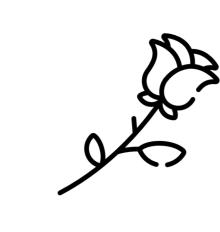
fMRI Tasks

Image CRT Image + Olfaction CRT Monetary Incentive Delay Task

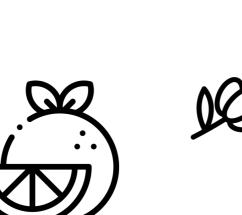
Stimuli Groups

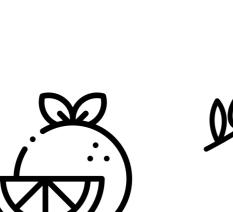












Non-Alcoholic

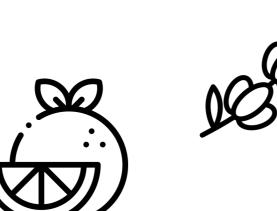


Image + Olfaction CRT

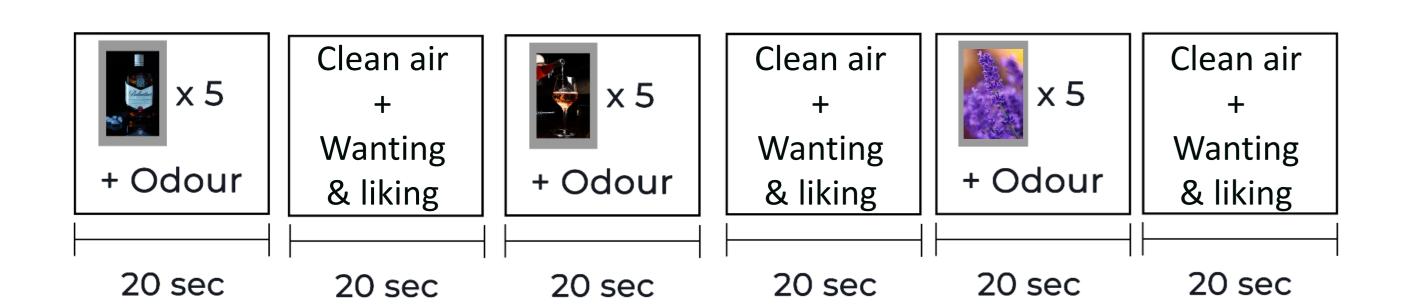
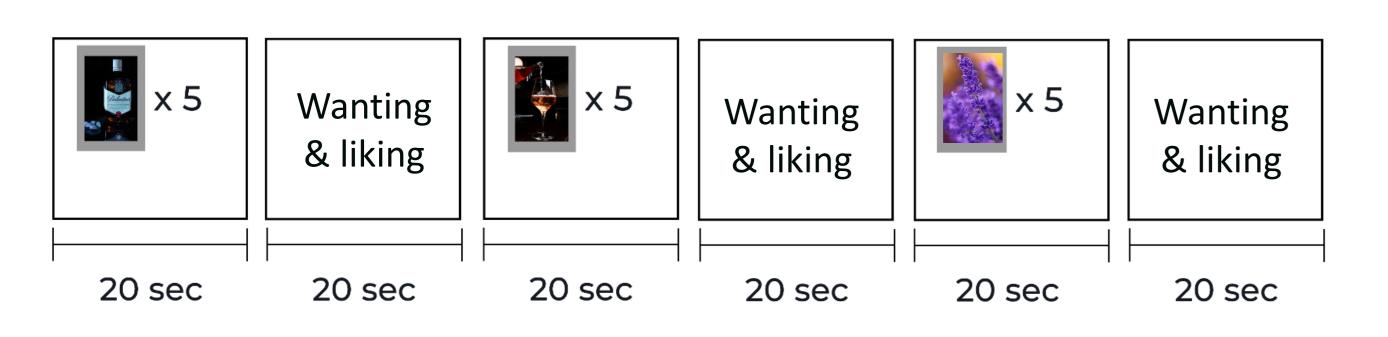
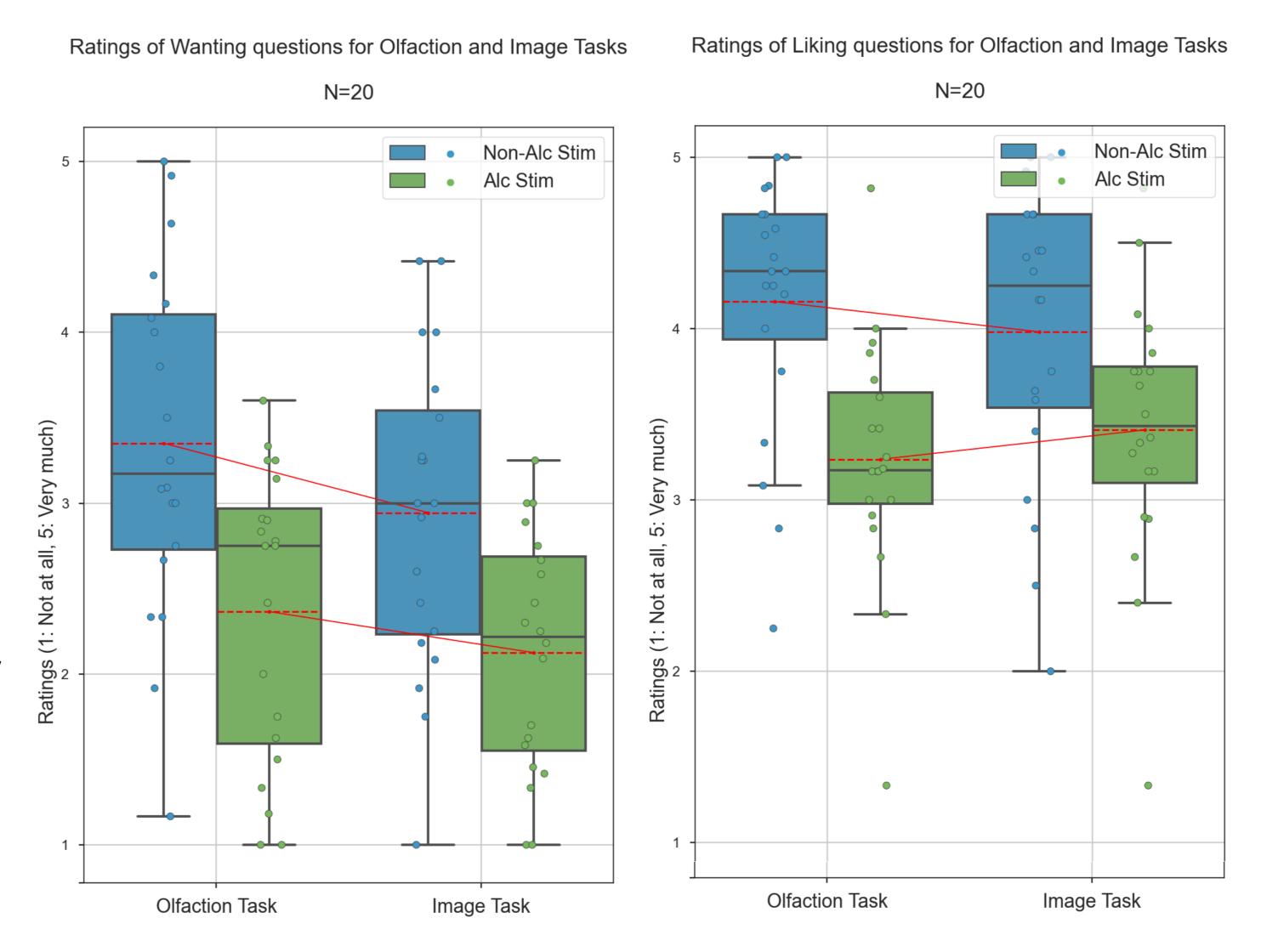


Image CRT



Behavioral Results

Participants were asked how much they wanted and liked the items they had smelled and observed (1: Not at all, 5: Very much)



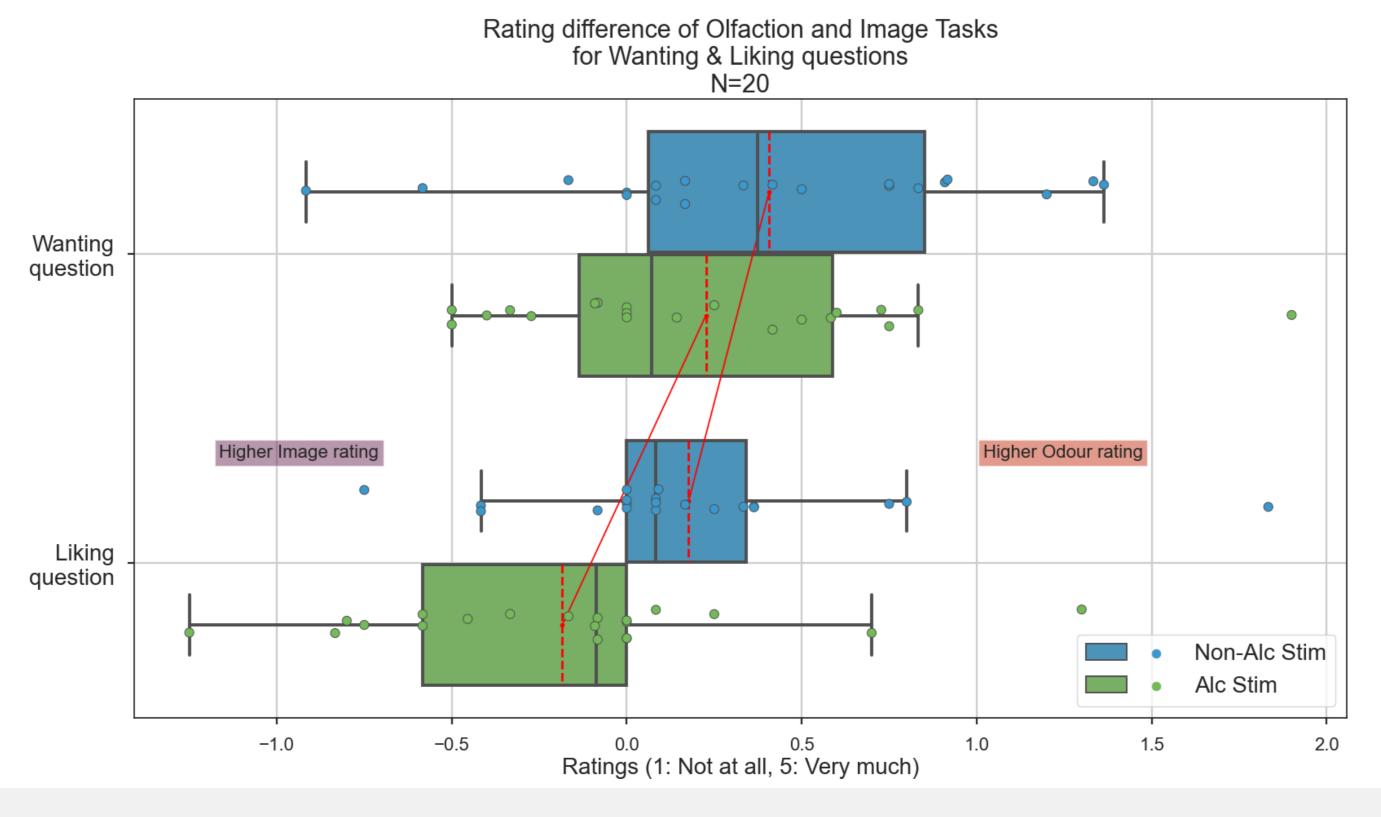
ANOVA for Wanting

Var	F	p-val	np2
Stim types	17.352	0.001	0.477
Task types	10.545	0.004	0.357
Stim X Task	0.928	0.347	0.047

ANOVA for Liking

Var	F	p-val	np2
Stim types	16.986	0.001	0.472
Task types	0.001	0.982	0.000
Stim X Task	0.607	0.004	0.360

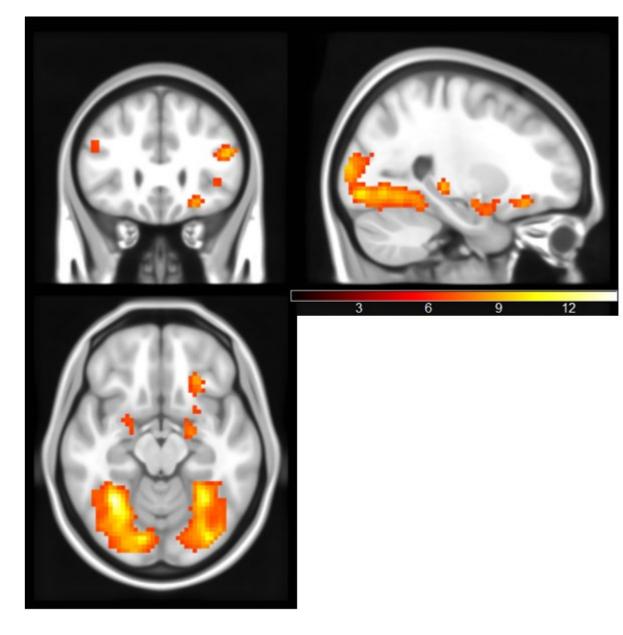
Rating difference of Olfaction and Image Tasks for Wanting & Liking Questions



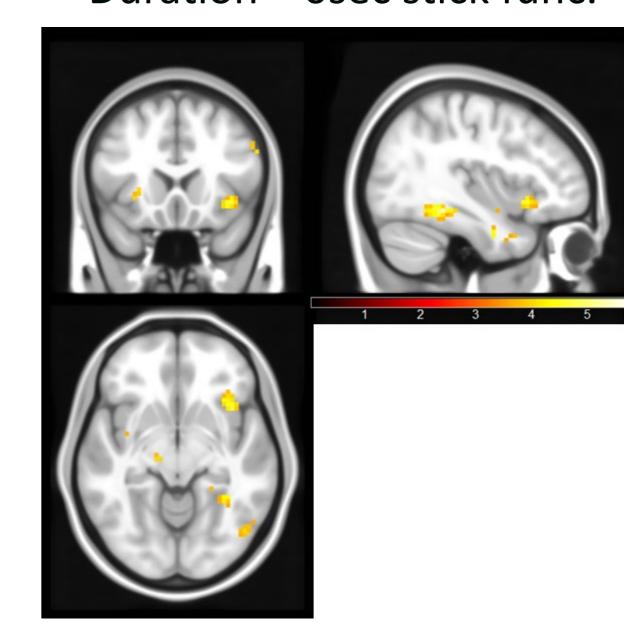
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fMRI Results

- OdourTask > Baseline p<0.05 FWE, k=0 voxels
- Duration = 0sec stick func.



- Alc. > Non-Alc. p<0.001 unc., k=0 voxels
- Duration = 0sec stick func.



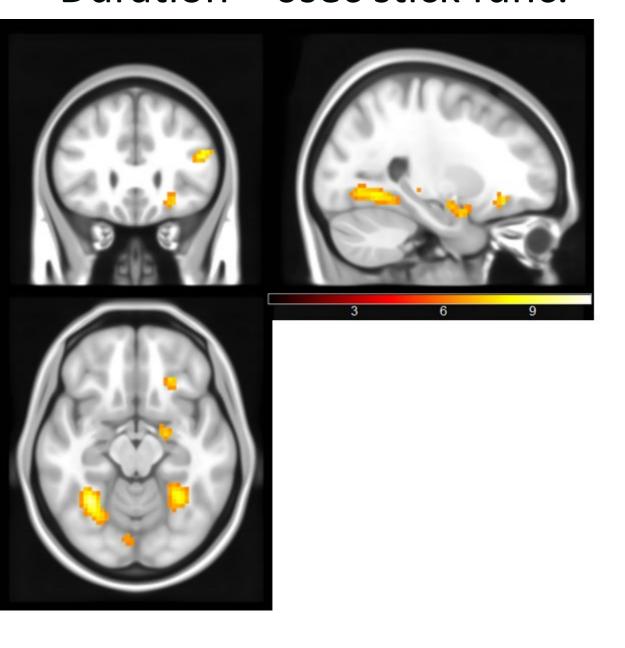
OdourTask > ImgTask p<0.05 FWE, k=0 voxels

Zentralinstitut

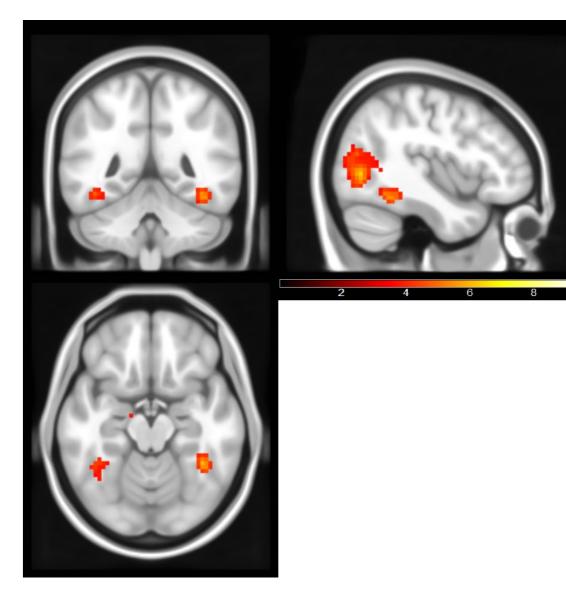
für Seelische

Gesundheit

Duration = 0sec stick func.



- Alc. > Non-Alc. p<0.001 unc., k=0 voxels
- Duration = 20sec boxcar



Why impulse activation function?

Olfactory brain regions elicit responses towards cues in the first few seconds after the odour was registered by the individual[1]. Hence an impulse-like stick activation function to capture the olfaction related effects.

Discussion

- Alcoholic stimuli did not elicit convincingly higher responses
- Possible reason: Pleasantness of non-alcoholic stimuli dominating alcoholic stimuli
- Nonetheless, the addition of olfactory stimuli elevated the neural activations towards the cues





547-560. https://doi.org/10.1006/nimg.2000.0713

Literature