

From alias@domain.xxx DAY MON dd 24H:MM:SS YYYY  
From: alias@domain.xxx (<author name>)  
Date: <Date>  
Subject: <Subject>  
In-Replay-To: <replay hash id>  
References: <list of email hashes on the thread>  
Message-ID: <email hash id>

<body>

On <date>, <replay author name> wrote:  
> <reply body>