# GREAT PLATES DELIVERED

## Frequently Asked Questions – Participants

On April 24, 2020, Governor Gavin Newsom announced the launch of a first-in-the-nation **Great Plates Delivered program**. The program is designed to support adults 65 and older and adults 60-64 who are at high-risk from COVID-19, in staying home and staying healthy by delivering three (3) nutritious meals a day, and also provide essential economic stimulus to local businesses and workers struggling to stay afloat during the COVID crisis. The following **Frequently Asked Questions** provide guidance to any individual or local community impacted by this program and choosing to participate.

#### **Program Overview**

#### How does the program work?

Local administrators partner with multiple local Restaurants & Food Providers to deliver three (3) nutritious daily meals to qualified individuals enrolled in the program. Each community conducts outreach to known senior centers and senior populations to enroll qualified individuals in need. The program is locally managed to ensure needs of the diverse communities within California are addressed individually.

#### Who qualifies for enrollment into the program?

- Individuals who are 65 or older, or 60-64 and at high-risk as defined by the CDC, including:
  - Individuals who are COVID-19 positive (as documented by a state/local public health official or medical health professional),
  - Individuals who have been exposed to COVID-19 (as documented by a state/local public health official or medical health professional), or
  - · Individuals with an underlying condition.
- Individuals must live alone or with one other program-eligible adult
- Participants must not be currently receiving assistance from other state or federal nutrition assistance programs
- Participants must earn no more than 600% of the federal poverty limit
- Individuals must affirm an inability to prepare or obtain meals

#### How long will the program run?

The program runs until March 8, 2021, which is the time frame currently approved by FEMA. The state intends on requesting an extension for the Great Plates Delivered program.

#### **Enrollment**

#### How can I enroll into the program if I believe I qualify?

Each local administrator will establish a streamlined process to enter into the program and will conduct a screening process to ensure individuals meet program criteria. Eligibility verification can be completed over the phone.

### If I receive IHSS services, health care coverage through Medi-Cal, other public assistance, am I eligible to participate in this program?

Yes, as long as a criteria for eligibility is met. Receiving other types of public assistance is allowable, just not state or federal nutrition assistance programs.

#### **Meal Delivery**

#### Will I be charged for meals delivered?

No, meals are delivered free of charge through this program.

#### How many meals may be delivered per day?

Each individual is allowed a maximum of three (3) nutritious meals per day.

#### How are meals selected and delivered?

Each local administrator determines how meals are selected and delivered. Meals meet specific nutritional requirements. Individuals delivering meals are subject to background checks.





