## ON THE IDENTITY AND ECONOMICO-MEDICINAL USES OF HASTIKARNAPALĀŚA (Leea macrophylla Roxb., Family: Ampelidaceae) AS EVINCED IN THE ANCIENT (SANSKRIT) TEXTS AND TRADITIONS\*

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Sanskrit texts and classics, including Vedic Literature, abound in important notices about plant species, lying dispersed in the veil of obscurity. Despite the fact, that these texts have been, and are being put to scholiastic and micro-analytical studies by the scholars at large, both inland and abroad, a probing exploration and exposition of the economico-historical facts and values along with critical appreciation of the descriptive notices and revisualisation and scientific assessment of their alleged utility values are still awaited. At times, many of these plants are still surviving and sustaining their memory in regional or local traditional usage, met with incidently in both, rural and urban markets, in ethno-botanical and field studies. Hence, a need is felt for a detailed research-oriented study on the Ancient Floral knowledge not only for the solace of literary exercise but also in their scientific and technological perspectives along-with their economico-social and geographicohistorical aspects. This paper deals with the findings arrived at pertaining to hastikarnapalāśa as evinced in its antecedents in textual references as well as its surviving use in the regional tradition met with by the authors in the field study. Various knotty points and confusions prevailing regarding its correct identity have also been resolved.

Hastikarņapalāša is not noticed in the Vedic Literature<sup>1</sup>, Astādhyāyī of Pāṇini, Bhela Saṃhitā<sup>2</sup>, and Caraka Saṃhitā<sup>3</sup>, suggesting thereby that the

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plant was not known in the ancient North-Western India. But hastikarnapalāša definitely seems to be known in the North-Eastern India (Assam, Bengal, Bihar and forest areas of the Vindhya and the sub-Himalayan tract on the northern and southern border lands of the Gangetic Plain) from the very ancient times as evidenced by the ancient textual references<sup>4-7</sup> and its surviving name, hathikana, hatkana and other ethnobotanical evidences met with in the tribal forest areas of Bihar<sup>8</sup> and Mirzapur<sup>9</sup> (U.P.). In the Samhitās, the leaves have been recognised as local anti-inflammatory and anodyne agent<sup>4,5</sup>. But the economic uses of the (dried) leaves of hastikarnapalāša in war-strategy as component of Tear-Gas type of Formula<sup>6</sup> and in stupefying formula (Madanyoga<sup>7</sup>) in the Arthašāstra are particular to it, and perhaps the oldest record of its economic use other than medicinal ones.\*

The epithet Hastikarņa as a plant-name, being descriptive of this name-bearing plant, suggests, perhaps, the plant bearing very big size and fan-like leaf (like the ear of an elephant) in contrast to its stature (meaning a plant having leaves like elephant's ear). The plant to which, the local names hathikana, hatkana are used in the tribal and forest areas<sup>8,9</sup>, has botanically been identified as Leea macrophylla Roxb. ex Horneman (Family: Vitacene). It is a herb or a large herbaceous shrub, 90 cm or more in height with switchy branches and perennial tuberous roots, distributed throughout the hotter parts of India, from the Ganges eastwards to Bihar, Bengal, Assam, the Terai and its contiguous plains and in the Western India from Konkan southwards.

The leaves are simple, ovate-cordate conspicuously large (lower leaves upto 60 cm diam. (blade 8''-24''), nearly white beneath, petiole 2''-5''; Flowers in corymbose cymes, whitish, berries depressed globose black (*The Wealth of India*, Vol. VI. 1962. pp. 56-57, and other Indian Floras).

In the post-samhitā period texts and tradition, the epithet hastikarņa became current for altogether different plant species (Rakta) erandaḥ: Raktarandaḥ (Ricinus species), cultivated extensively in Gujarat and parts of Maharastra) on the analogy of the size and shape of its ornamental leaves¹o; and in the Ayurvedic Nighanṭus. It is further confused with Mānakand etc. (Rāja Nighanṭu/Mūlakādivarga¹). And the plant hastikarṇa representing Leea macrophylla is practically lost in obscurity in the Ayurvedic Nighanṭus and the Sanskrit lexicons too. Indu the learned commentator (c. A.D. 13th-14th century) on Aṣṭāṇga Saṃgraha also equates hastikarṇa with raktairandaḥ¹¹.

But from the survey of Puranic Literature, Ayurvedic texts and tradition of Bengal School of Physicians and ethnobotanical field notes of the senior

<sup>\*</sup> Ph. D. Thesis of Dr. A. N. Singh A critical Study, on the Flora of Kautilya Arthaśastra

author, it is quite evident that the original hastikarṇapalāśa representing Leea macrophylla still sustains its popularity in the texts and tradition. Surprisingly enough, it is worthwhile mentioning here that, a full small chapter in the Garuḍa Purāṇa¹³ is devoted to hastikarṇapalāśa, where it has been extoled for 'Rasāyana properties' quite new and peculiar from its uses reported in earlier references.

It is, rather, a very important drug of the Bengali Kavirājas in Calcutta and elsewhere in Bengal. The "tuberous roots" of hastikarṇapalāša which are 5 cm to 30 cm long are sold in the green drug markets of Calcutta in the winter and are supposed to possess potent tonic and alterative (balya and rasāyana) properties. These are extensively used by the Ayurvedic physicians in the preparation of seasonal tonic modaka preparations 13, 14.

Looking to the health-restoring values and easy availability of the plant (roots), it may be interesting to investigate and assess the alleged properties on modern scientific parameters also in the interest of the Nation's Health Economy<sup>15</sup>.

## NOTES AND REFERENCES

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## N.B.

Hāthikana, hātikan, hātkana seem to have been derived from hastikarņa. hastikarņa> hatthi<(hasti)+karņa>hathiken, hatiken (hatkan).

- The Generic name 'Leea' is based on the name of the Scientist, who first gave its botanical name, and the specefic name 'macrophylla' (Macros=big)—antonym of micro (Phylla=leaf) is given in allusion to its big size leaf in contrast to the smaller size of the plant.
- 'Suhastita hastikarnapunarnave', Hastikarna described to be growing in the kitchen gardens of Vidarbha. The attribute suhastita=kartalākārya suggests this hastikarna to be 'Eranda' as its leaves are 'palmate=karatalākāra' in contrast to the leaf of Leea macrophylla which is not so.

Trivikrama Bhatt. Nalacampu (10th. cent A.D.) Ucchwasa VI, p 193, Chowkhambha Sanskrit Sansthana, Varanasi-1, 1967.

- 11 Indu on Astanga Samgraha, Cikitsā-sthāna, chapter 19, Hastikarno=raktairandh.
- 13 Hastikarnapalāsasya patraāņi cūrņayedvara |
  Sarvarogavinirmuktam cūrņam palāsatam siva | I |
  Saksiram bhaksitam kuryatsaptāhena vṛṣadhavja |
  Naram srutidharam rudra mṛgendragati vikramam | II |
  Garuda Purāna, edited Ram Shankar Bhattacharya, ch. 187, p. 229) |
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- 16 Singh, R. S. Market Drugs of India (Unpublished).