

Theme 3.2

**Nakṣatra Solar zodiac
from Vedic times**

**Dating Maghādi and
Śraviṣṭhādi Epochs**

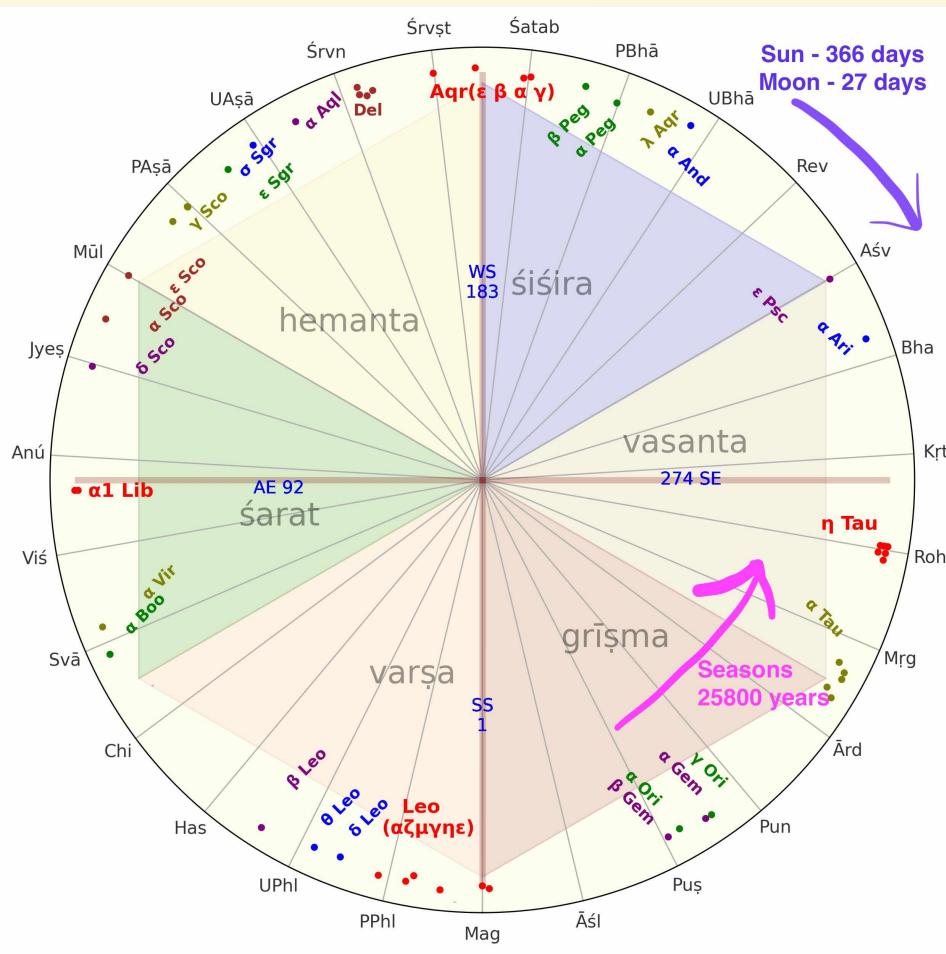
Observing the Sun's rhythms

([ayana](#), የቱ, nakṣatra, [precession](#))

view of sunrise	sunrise location	sunrise (day) count
	north east	1
	true east	92
	south east	183
	true east	274
	north east	367 1 of next cycle

- The sunrise horizon point moves from north east to south east and back to same north east point after 366 sunrises - a solar year.
- The north east to south east journey is called **dakṣināyana** and the reverse is **uttarāyaṇa**
- In addition the sun cycles through six የቱ-s in a year - **śīśira, vasanta, grīṣma, varṣā, śarad, hemanta** - each of 61 sunrises.
- Specific background stars can be observed just before each sunrise. These stars are called **nakṣatra-s**, 27 in number.
- Each of the 2 ayana-s and 6 የቱ-s are associated with specific nakṣatra-s.
- Over ages this ayana/የቱ-nakṣatra association changes due to the **precession** phenomenon.
- This change is used to date the ancient texts.

Nakṣatra solar zodiac



#	Nakṣatra	Star Count					Astrograph	Constituent Stars	Proxy Star (Author's)	Abhyankar's Yogatara
		VGJ	PT	AVP	SKA	SCP*				
1	Kṛttikā	6	6	6	6	6	Knife/Cleaver	(17, 19, 20, 23, 27, η) Tau	η Tau	η Tau
2	Rohinī	5	5	1	5	5	Cart	(α, γ, δ1, ε, β2) Tau	α Tau	α Tau
3	Mrgaśīra	3	3	3	3	3	Deer's Head	(α, γ, λ) Ori	λ Ori	λ Ori
4	Ārdrā	1	1	1	1	1	Bāhuḥ (Arm) Red Dot*	(γ) Gem	γ Gem	γ Gem
5	Punarvasu	2	2	2	2	5	Balance*	(α, β) Gem	β Gem	β Gem
6	Puṣya	1	1	1	3	3	Śārāvā (Pot-lid)*	(δ) Cnc	δ Cnc	δ Cnc
7	Āśleṣā	6	6	6	1	6	Snake Head Flag*	(δ, ε, ζ, η, ρ, σ) Hyo	ζ Hyo	ζ Hyo
8	Maghā	6	6	6	5	7	Enclosure	(α, γ1, ε, ζ, η, μ) Leo	ζ Leo	α Leo
9	P Phalgunī	2	2	2	2	2	Half-chair	(δ, θ) Leo	δ Leo	δ Leo
10	U Phalgunī	2	2	2	2	2	Half-chair	(93, β) Leo	β Leo	β Leo
11	Hasta	5	5	5	5	5	Hasta (hand)	(α, β, γ, δ, ε) Crv	δ Crv	γ Crv
12	Citrā	1	1	1	1	1	Madhupuspā (Flower)*	(α) Vir	α Vir	α Vir
13	Svāti	1	1	1	1	1	Kilaka (Wedge)*	(α) Boo	α Boo	α Boo
14	Viśākhā	2	2	2	2	5	Divider Rope*	(α1, α2) Lib	α2 Lib	α Lib
15	Anūrādhā	4	4	4	4	5	Necklace	(β1, δ, π, w1) Sco	δ Sco	δ Sco
16	Jyeṣṭhā	3	3	1	3	3	Elephant Tusk*	(α, ε, σ, (τ)) Sco	ε Sco	α Sco
17	Mūla	6	2	7	7	1	Root Scorpion Tail*	(ζ2, θ, γ1, κ, λ, ν) Sco	κ Sco	λ Sco
18	P Aṣāḍhā	4	4	4	4	4	Gajavikrama (Elephant Step)*	(γ, δ, ε, λ) Sgr	λ Sgr	δ Sgr
19	U Aṣāḍhā	4	4	4	4	4	Śimhāniṣadāya (Lion seat)*	(ζ, σ, τ, φ) Sgr	τ Sgr	σ Sgr
**	Abhijit	-	3	1	3	3	Gośirśāvalī*	(?) Vega	-	α Aql
20	Śravaṇa	3	3	3	3	3	Ear Yavamadhyā (Barleyseed)1	(α, β, γ) Aql	α Aql	β Del
21	Dhanīṣṭhā	4	5	5	4	5	Śakuni-pañjāra (Bird cage)*	(α, β, γ2, δ) Del	β Del	β Aqr
22	Śatabhiṣak	1	1	1	1	100	Puṣpopacāra (Flower Bouquet)*	(λ) Aqr	λ Aqr	α PsA
23	P Proṣṭapada	2	2	2	2	2	Cow's Foot	(α, β) Peg	α Peg	α Peg
24	U Proṣṭapada	2	2	2	2	2	Cow's Foot	(γ) Peg (α)And	γ Peg	γ Peg
25	Revatī	1	1	1	1	32	Boat*	(ε, (α, ζ)) Psc	ε Psc	ζ Psc (α And)
26	Aśvayuk	3	2	1	2	3	Horseneck	(α, β, γ) Ari	β Ari	β Ari
27	Bharanī	3	3	3	3	3	Bhaga (Perineum)	(35, 39, 41) Ari	41 Ari	41 Ari
		83	82	78	82	222				

The **Sun** completes one circuit in **366 days** in **clockwise** direction

The **rtu-s** complete one circuit in ~25,800 years in anticlockwise direction

The Maghādi/dakṣināyaṇa epoch

Brahmāṇḍa Purāṇa BP 21.143-149

- This BP passage defines visuvat to be of equal day and night duration of 15 muhūrtas each - equinox - in the mid of vasanta and śarat ṛtus.
- The passage further states the nakṣatra location at an amsa grain for equinoctial sun and moon at spring and autumn equinoxes.
- It turns out the sun and moon locus at each of the equinox are diametrically opposite - at 1/4 kṛttikā and 3/4 viśākhā, indicating the description are of the **equinoctial full moon**.

शरद्वसंतयोर्मध्ये मध्यमां गतिमास्थितः । अतस्तुल्यमहोरात्रं करोति तिमिरापहः ॥
हरिताश्च हया दिव्यास्तस्य युक्ता महारथे । अनुलिप्ता इवाभान्ति पद्मरक्तैर्गमस्तिभिः ॥
मेषान्ते च तुलान्ते च भास्करोदयतः स्मृताः । मुहूर्ता दश पञ्चैव अहो रात्रिश्च तावती ॥
कृत्तिकानां यदा सूर्यः प्रथमांशगतो भवेत् । विशाखानां तदा ज्येयश्चतुर्थाश निशाकरः ॥
विशाखानां यदा सूर्यश्चरतेंशं तृतीयकम् । तदा चन्द्रं विजानीयात्कृतिकाशिरसि स्थितम् ॥
विषुवं तं विजानीयादेवमाहुर्महर्षयः । सूर्येण विषुवं विद्यात्कालं सोमेन लक्षयेत् ॥
समा रात्रिरहश्चैव यदा तद्विषुवं भवेत् । तदा दानानि देयानि पितृभ्यो विषुवेषु च ॥

Maitrāyanīya Āranyaka Upaniṣat MAU 6.14

- The year commences in Maghādi (at dakṣiṇāyana).
- A year has 12 parts and each part has 9 amṣa.
- The year's first half , Āgneya, is from **Maghādi** to Śraviṣṭhārdha and
- The second half , Vāruṇa, is from Sārpādi to Śraviṣṭhārdha in reverse order.

सूर्यो योनिः कालस्य तस्य एतद्वूपं ।

यन्निमेषादि कालात्संभृतं द्वादशात्मकं वत्सरम् ।

एतस्याग्नेयमर्धमर्धं वारुणम् ।

मध्याद्यं श्रविष्ठार्धमाग्नेयं क्रमेणोत्क्रमेण सार्पाद्यं श्रविष्ठार्धान्तं सौम्यम् ।

तत्र एकमात्मनो नवांशकं सचारकविधम् ।

Nidānasūtra NS 5.12

- Sun traverses 13 and an additional 5/9 ahorātras in each nakṣatra.
- To cover 27 nakṣatras the sun takes 366 ahorātras/days.

स एष नाक्षत्रः आदित्यसंवत्सरो । सः एषः नाक्षत्रः आदित्यसंवत्सरः ।

आदित्यः खलु शश्वदेतावद्विरहोमिर्नक्षत्राणि समवैति । आदित्यः खलु शश्वत् एतावतिः अहोमिः नक्षत्राणि समवैति ।

त्रयोदशाहं त्रयोदशाहमेकैकं नक्षत्रमुपतिष्ठति । त्रयोदशाहं त्रयोदशाहम् एकैकं नक्षत्रम् उपतिष्ठति ।

अहस्तीयं च नवधा कृतयोरहोरात्रयोर्द्वे द्वे कले चेति संवत्सराः । अहः तृतीयं च नवधा कृतयोः अहोरात्रयोः द्वे द्वे कले चेति संवत्सराः ।

ताश्चत्वारिंश्चतुःपञ्चाशतं कलाः । ताः चत्वारिंशत् चतुःपञ्चाशतं कलाः ।

ते षण्णवर्गाः सषट्षष्ठित्रिशतः ॥ ते षट् नव वर्गाः सः षट्षष्ठिः त्रिशतः ॥

From these MAU, NS and BP passages

1. Sun spends *13 and 5/9 days equally* with each naṣatra of 4 amṣa . The sun completes one trip through the 27 nakṣatras in 366 days
2. The *sun is at Maghā di at start of dakṣināyana*. (Further Mahāsalīam chapter of Vṛddagārgīya Jyotiṣa (VGJ) states Maghā to be the first among the solar nakṣatras.)
3. The equality of the 27 nakṣatras and the start of sequence at Maghā help allocate the day numbers to each nakṣatra sector.
4. *The BP verses specify the spring and autumnal equinoctial full moons at 1/4 Kṛttikā and 3/4 Viśākhā nakṣatras. This information enables us to date the verses.*
5. We mark the **Kṛttikā and Viśākhā sectors** such that equinoxes are at $\frac{1}{4}$ kṛttikā and $\frac{3}{4}$ viśākhā.
6. We collect the **visible Kṛttikā(η Tau) and Viśākhā(α Lib)** longitudes adjusted for precession from 2400BCE to 0BCE.
7. We programmatically collect all full moon longitudes that occur near the equinoxes from 2400BCE to 0BCE, using astropy library. There are about 7 such events each century for each equinox. *The equinoctial full moons are marked in the chart that follows.*

A tech note - Collecting full moons programatically

The **Astropy** library, that uses **Meeus algos**, is used to collect the full moon longitudes programmatically.

1. Start at an ancient date - 2400-03-21 BCE
2. Computed the full moon longitude for the date
3. If sun and moon longitudes are within $180^\circ + \epsilon$
 - a FM found, collect it
 - step up the date by 28 days and repeat
4. If not nudge the date by difference of sun and moon longitudes
5. Repeat 2 onwards till 0 BCE

Meeus, J., Astronomical Algorithms, 2nd ed, p337, p357

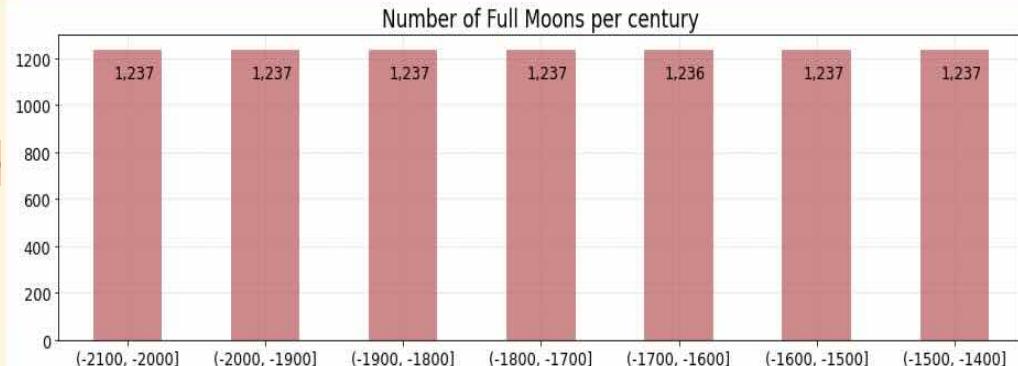
$$\begin{aligned}\lambda_{moon} &= 218.3164477 + 481267.88123421T \\ &- 0.0015786T^2 \\ &+ \frac{1}{538,841}T^3 \\ &- \frac{1}{65,194,000}T^4 \\ &+ \frac{1}{1,000,000} \sum l \\ T &= \frac{FMJD - 2451545.0}{36525}\end{aligned}$$

FMJD is Julian Day number of Full Moon

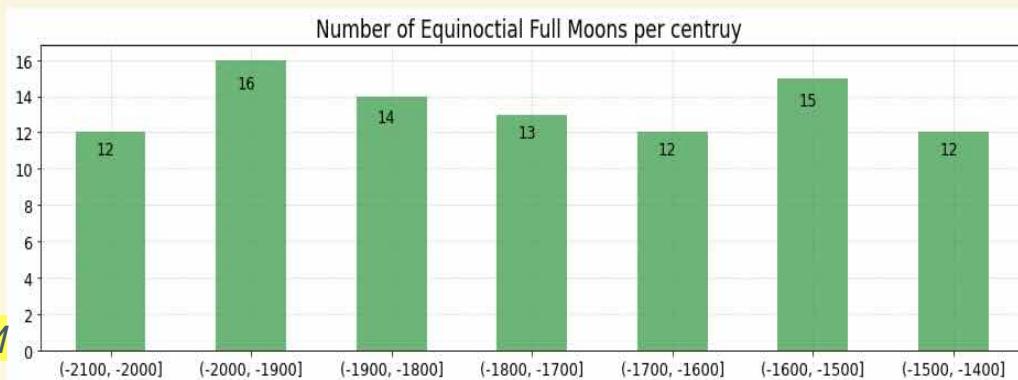
```
1 from astropy.coordinates import get_moon, get_sun, GeocentricTrueEcliptic
2 from astropy.time import Time
3
4 def collect_full_moons():
5     jd = Time(808032.5, format='jd') # start scanning from '-2500-03-21 00:00:00'
6     full_moons = []
7     while jd.to_value("decimalyear") < -200: # scan until '-200-01-01 00:00:00'
8         while True:
9             # get sun moon co-ords for the date jd
10            moon, sun = (
11                x.transform_to(GeocentricTrueEcliptic())
12                for x in (get_moon(jd), get_sun(jd))
13            )
14
15            # phase separation of sun and moon
16            sep = (sun.lon.deg - moon.lon.deg) % 360
17
18            tol = .5 # tolerance in degrees for detecting full moon
19
20            # full moon detected
21            if 180-tol < sep < 180+tol:
22                full_moons.append([jd.iso, jd.jd, sun.lon.deg, moon.lon.deg])
23            if "TRACE": # output trace messages-
24                jd = jd + 28.0 # advance to just prior to next full moon
25                break
26
27            # no full moon detected, advance to a date closer to the next full moon
28            delta_days_to_180 = (sep-180)*29.530588853/360
29            jd = jd + delta_days_to_180
30
31    return full_moons
32
33
34
35
36
37
38
39 full_moons = collect_full_moons()
40
```

Computing the information of BP

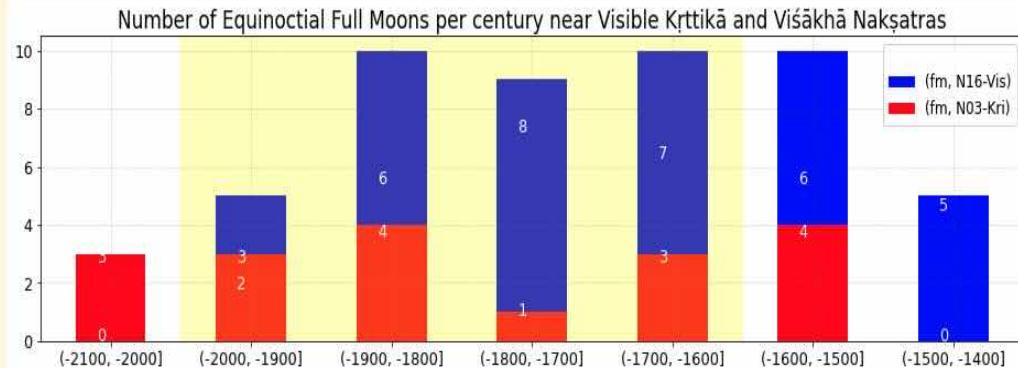
- Get full moon timeseries from 2400BCE to 800BCE. There are about *1237 FM per century - the top chart*



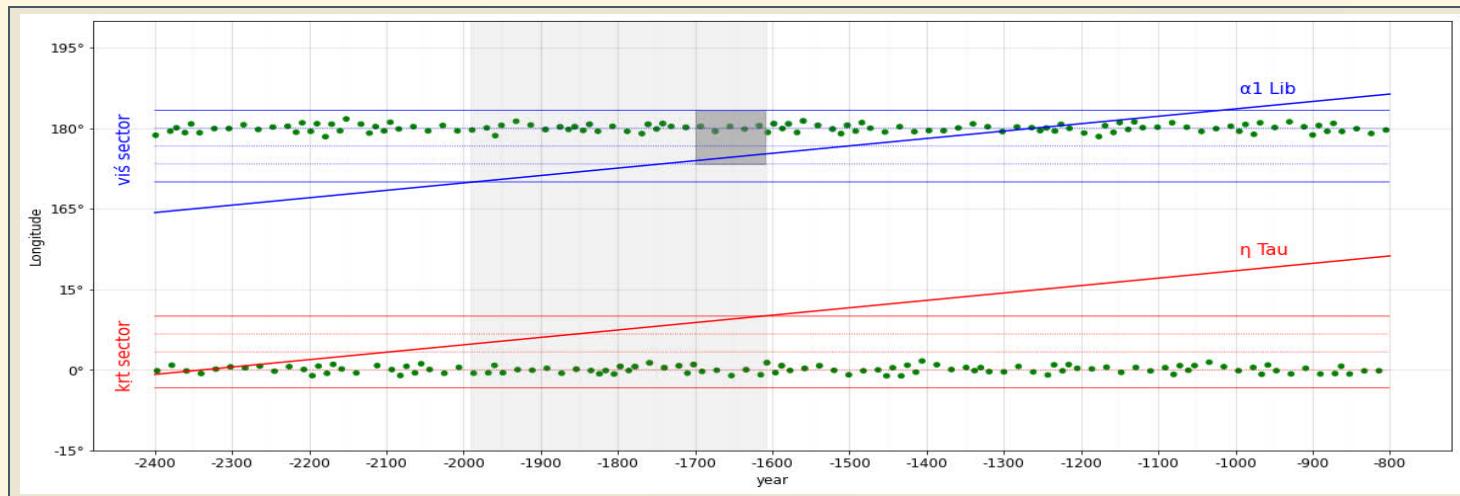
- The series is then filtered for *Equinoctial Full Moons - the mid chart*



- The series is further filtered for *EFM near kṛttikā and viśākhā - the bottom chart*
- The *yellow region* shows the epoch when the visible kṛttikā and viśākhā are contained in their respective sectors - **2000BCE to 1600BCE**



Inferring the BP epoch

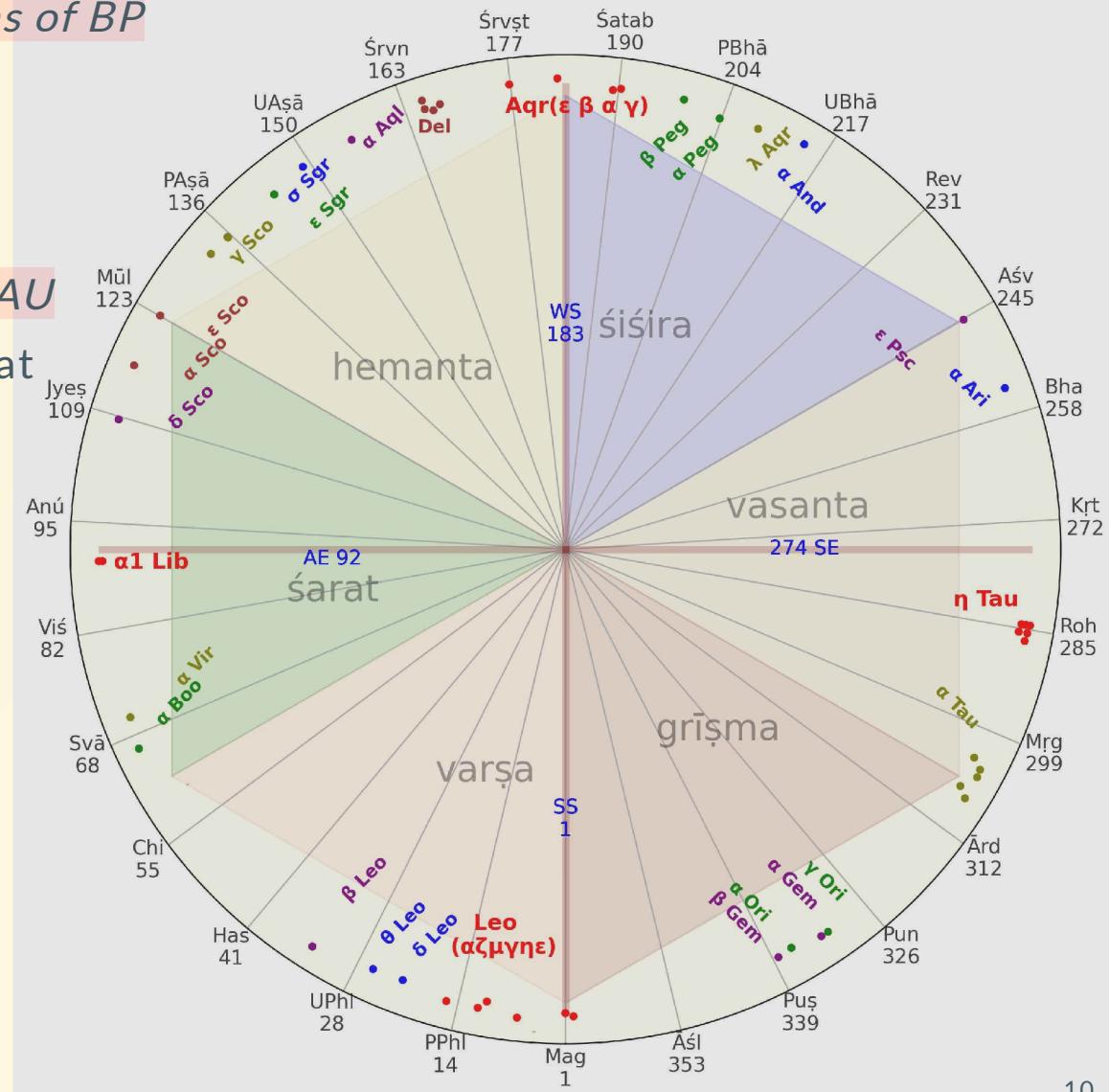


Axes	BCE years on the x-axis and longitudes/nakṣatra sectors on the y-axis
Green Dots	Equinoctial Full Moons
Red Sector	Extent of Kṛttikā sector containing SE (<i>Sun at 0°</i>) in its 1st amśa
Blue Sector	Extent of Viśākhā sector containing AE (<i>Sun at 180°</i>) in its 3rd amśa
Sloping Red/Blue	Visible Kṛttikā/Viśākhā longitudes adjusted for precession
Light Gray Band	Epoch when visible Kṛttikā/Viśākhā are in their respective sectors ~1980-1610 BCE
Dark Gray Band	Epoch for AE FM at 4th amśa of Viśākhā closest to visible Viśākhā ~1700-1610 BCE

1980-1610 BCE	The <i>visible Kṛttikā & Viśākhā</i> are contained in their respective sectors
1700-1610 BCE	The equinoctial FM at ¼ viśākhā sector is nearest to visible viśākhā
Maghādi scheme	The Maghādi scheme of MAU is consistent with the equinoctial full moon scheme of BP

Nakṣatra Chart 1700BCE - Maghādi epoch

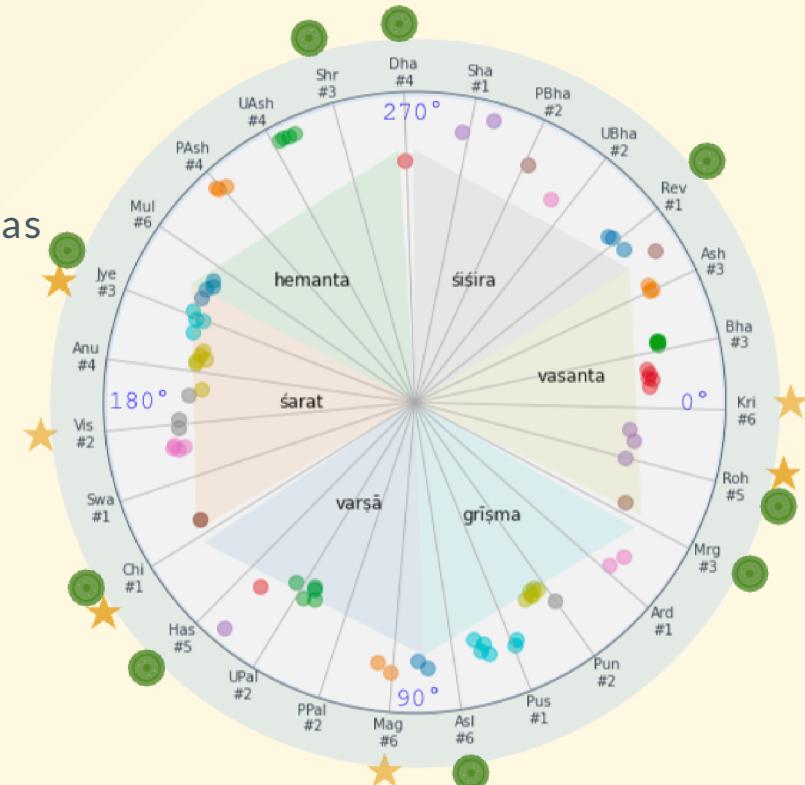
- The *equinoctial full moons of BP*
 - $\frac{1}{4}$ kṛttikā sector
 - $\frac{3}{4}$ viśākhā sector
 - SE-AE axis of the chart
- aligns with maghādi of MAU*
 - when maghādi (SS 1) is at
 - start of dakṣiṇāyana
- around 1700 BCE*



The Śraviṣṭhādi/uttarāyaṇa epoch - VGJ/11 Ādityachāra and Parāśharatantra

- Ādityachāra, section 11 of VGJ, describes the transit of Sun through 9 seasonal nakṣatras.
- Similar information is presented in PT in prose.
- The Ādityachāra passage is shown below.
- Passage maps 6 ṛtus mapped to 9 seasonal nakṣatras
- Mapping enables passage dating

Verse	From	Ṛtu	Span
श्रविष्ठादीनि चत्वारि पौष्णार्धञ्ज्य* दिवाकरः । वर्धयन् सरसस्तिकं मासौ तपति शैशिरे ॥ 47	श्रविष्ठा begin	रेवती mid	शिशिर
रोहिण्यन्तानि विचरन् पौष्णार्धाद्याच्च भानुमान् । मासौ तपति वासन्तौ कषायं वर्धयन् रसम् ॥ 48	रेवती mid	रोहिणी end	वसन्त
सार्पार्धान्तानि विचरन् सौम्याद्यानि तु भानुमान् । ग्रेष्मिकौ तपते मासौ कटुकं वर्धयन् रसम् ॥ 52	मृगशिरा begin	आश्लेषा mid	ग्रीष्म
सावित्रान्तानि विचरन् सार्पार्धाद्यानि भास्करः । वार्षिकौ तपते मासौ रसमस्तं विवर्धयन् ॥ 53	आश्लेषा mid	हस्ता end	वर्षा
चित्रादीन्यथ चत्वारि ज्येष्ठार्धञ्ज्य दिवाकरः । शारदौ लवणाख्यं च तपत्याप्याययन् रसम् ॥ 54	चित्रा begin	ज्येष्ठा mid	शरद्
ज्येष्ठार्धादीनि चत्वारि वैष्णवान्तानि भास्करः । हेमन्ते तपते मासौ मधुरं वर्धयन् रसम् ॥ 55	ज्येष्ठा mid	श्रवण end	हेमन्त

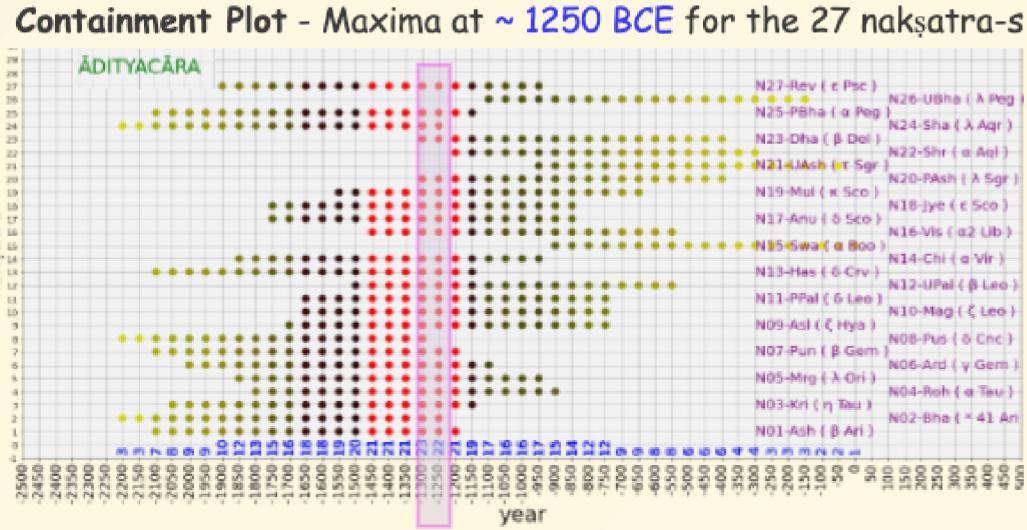
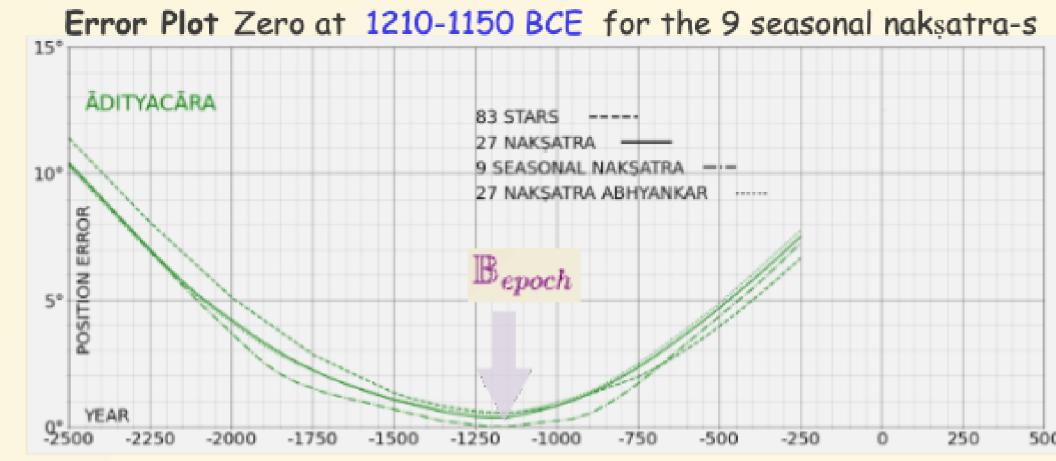


Finding
Epoch
Using

★ 6 bright stars 1350-1130 BCE
● 9 seasonals nakṣatras 27 proxy stars 50 years around 1250 BCE
83 constituent stars

Dating Ādityachāra - by minimizing error

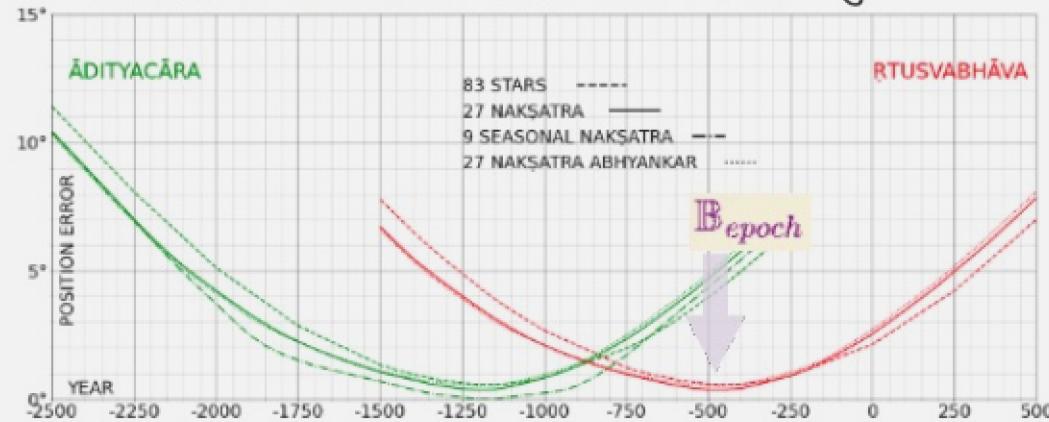
- The **best fit method** finds the epoch where most stars of *nakṣatra-s* are in their prescribed span
 - Get longitude of 83 stars from -2500 to 500 in 50 year epoch steps
 - For each epoch compute this error metric E_{epoch}
 - The epoch with **lowest error metric** is the best fit B_{epoch}
- The error metric for each epoch E_{epoch} is calculated as the mean of the containment error of each nakshatra. The containment error for each nakshatra is calculated as the mean of each star's error. The error for each star is calculated as follows:
 - If the longitude of the star is within the prescribed span of the nakshatra, the error is 0.
 - Otherwise, the error is the minimum distance between the longitude of the star and the boundaries of the prescribed span of the nakshatra.



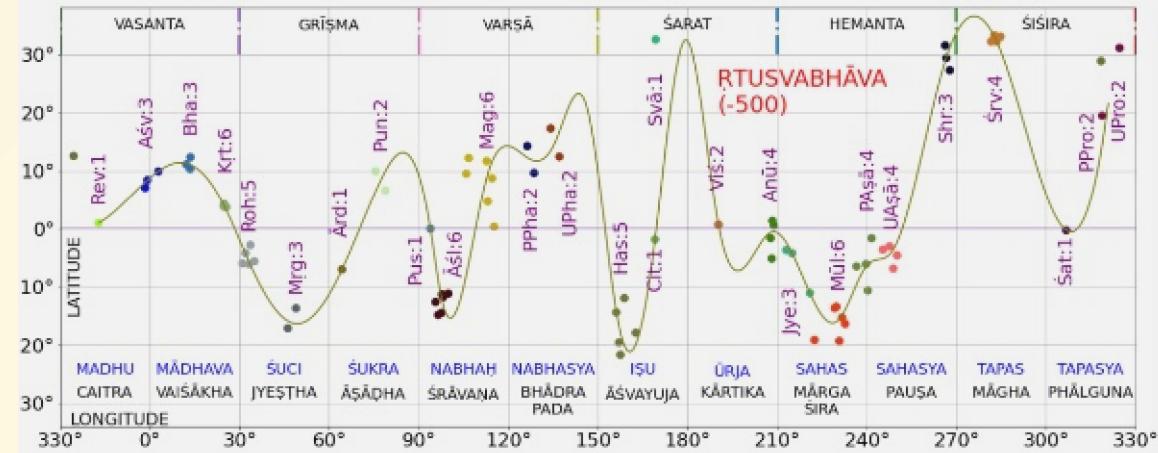
The Śravaṇādi epoch VGJ/59 Ṛtusvabhāva

- Ṛtusvabhāva dates to ~500 BCE
- This is different from आदित्यचारः
 - Rtu sequence begins with वसन्त not शिंशिर
 - Rtu are related to months, not nakṣatra span & boundaries
 - A 12 month **solar zodiac**, obviating intercalation, emerges
- It describes Sun's path through
 - 6 seasons and their months
 - 12 vaidika** and equivalent **laukika** months and 12 nakṣatra-s for each of these months - ~ 30° apart

Minima at ~ -500 indicates best fit for ऋतुस्वभावः:



ऋतुस्वभावः - nakṣatra-s, vaidīka & laukīka months



A chronology of Solar transits

Epoch	Scheme	Start	Season
earlier	2 Ayana/6 Ṛtu based sun transit		
1800 BCE	MAU/BP Equinoctial full moon scheme	Maghādi	dakṣināyaṇa
1300 BCE	VGJ/ādityacāra and PT with <i>4½ nakṣatra-s</i> per season	Śraviṣṭhādi	uttarāyaṇa
500 BCE	VGJ/ṛtusvabhāva with <i>12 solar months</i>	Śravaṇādi Revatyādi Bharan̄yādi	uttarāyaṇa <i>vasanta</i> <i>spring equinox</i>

Solar zodiac is certainly part of original Indian knowledge - that has been recorded and evolved over time.

References

1	<u>Misidentification of some Indian nakṣatras. Indian Journal of History of Science, 26(1), 1-10.</u>	Abhyankar, K. D. (1991)
2	<u>Bhāgavata Cosmology; Vedic Alternative to Modern Cosmology, Tulsi Books, Mumbai.</u>	Das P. (2018)
3	<u>The time keepers of the Vedas. Manohar. [ISBN 978-81-7304-969- 9].</u>	Gondalekhar, P. (2013)
4	<u>Parāśara Tantra (Ed. Trans & Notes). Jain University Press. [ISBN 978-81-9209-Iyengar, R. N. (2013) 924-8].</u>	Iyengar, R. N. (2013)
	Astronomy in Vedic texts,(Book Chapter pp.107-169).	Iyengar R.N. (2016)
5	History of Indian Astronomy A Handbook, (Ed. K.Ramsubramanian, A.Sule & M. Vahia) Publn. by IITB and TIFR, Mumbai.	
6	<u>Equinoctial full moon of the Brahmānda Purāṇa and the nakṣatra</u>	Iyengar R.N. and Chakravarty, S (2023)
7	<u>Transit of sun through the seasonal nakṣatra cycle in the Vṛddha-Gārgīya Jyotiṣa, Indian Journal of History of Science 56:159–170.</u>	Iyengar R.N. and Chakravarty, S (2021)
8	<u>Astronomical dating of the Mahābhārata war. Erlenbach, Switzerland</u>	Koch D. (2014)
9	<u>Vedāṅga Jyotiṣa of Lagadha. Indian Journal of History of Science, 19 (4),1-74.</u>	Sastry T. S. K. (1984)
10	<u>Ancient Indian Chronology. Univ. of Calcutta.</u>	Sengupta, P. C. (1947)
11	<u>The Untapped Wealth of Manuscripts on Indian Astronomy and Mathematics Indian Journal of History of Science, 54.3, 243-268.</u>	Srinivas M.D. (2019)
12	<u>The Cosmology of the Bhāgavata Purāṇa (Indian Edn.) Motilal Banarsidass, Delhi.</u>	Thompson R. L. (2007)

Backup Slides from Here

Observational Astronomy of the Sun

Sun, Ayanas and ṛtus

An observer noticing the sunrise point of the eastern horizon will notice the point oscillate between north-east in the summer to south-east in the winter and back to north-east in the summer - much like a swing.

The extreme north and south points are the dakṣināyana and uttarāyana start - the winter and summer solstices respectively. The points in between are called the viśuvat - spring and autumn equinoxes.

One full swing of the sun lasts 366 days and is made of two ayanas the dakṣināyana and uttarāyana each of 183 days

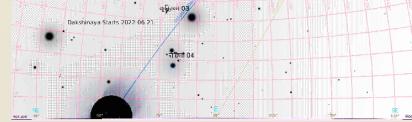
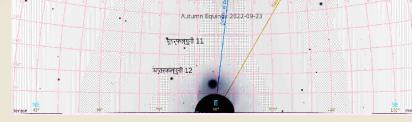
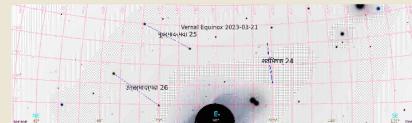
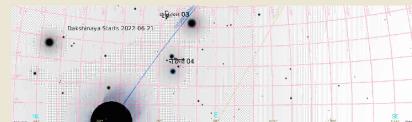
In one full swing from uttarāyana, the sun traverses through six ṛtus (seasons) in order - namely varṣā, śarad, hemanta, śiśira, vasanta, grīṣma,- each ṛtu is of 61 days.

Just as a swing appears to be stationary at the extreme points, the sun appears to be stationary at the uttarāyana and dakṣināyana start points before resuming its oscillation. An observer will notice that the sun is stationary at the uttarāyana and dakṣināyana start points for about 14 sunrises each.

The period from one sunrise to another is called a ahorāṭra/day. A ṛtu is made of 61 ahorāṭras/days. An ayana is made of 183 ahorāṭras/days. One swing of the sun with 366 ahorāṭras/days is samvatsara/year.

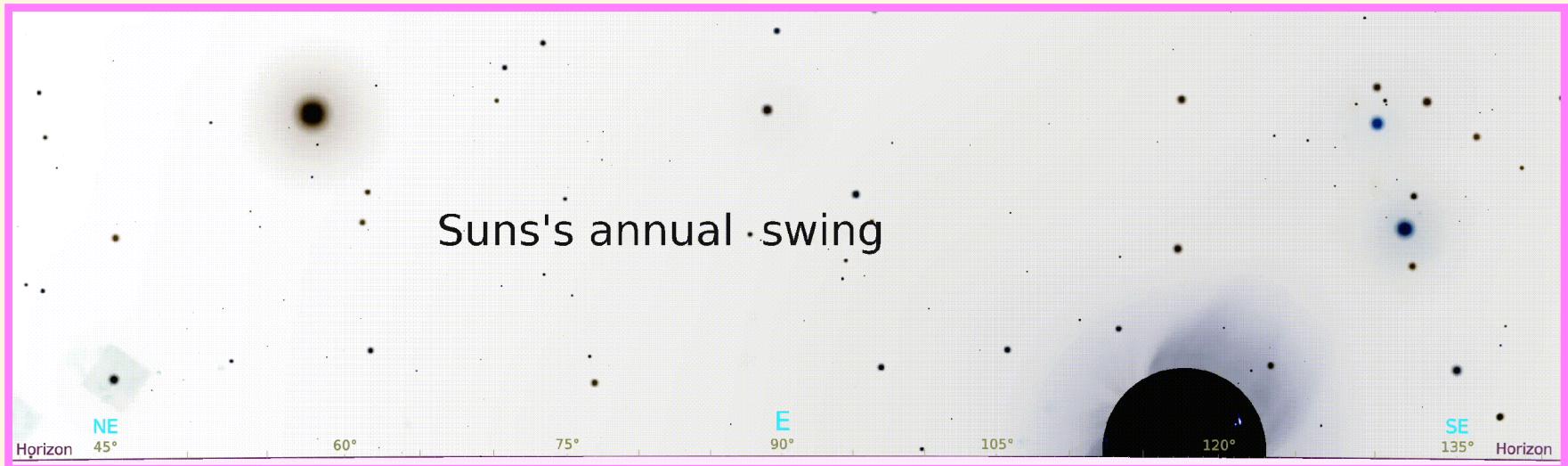
	ahorāṭra	ṛtu	ayana	samvatsara
ahorāṭra	1			
ṛtu	61	1		
ayana	183	3	1	
samvatsara	366	6	2	1

Assuming the dakṣināyana point to be the day 1 of the 366 day cycle, the following table shows the day number of the start of each ṛtu and ayanas.

day num	ṛtu	ayana	equinox/ solstice	sunrise image as seen by an observer
1	varṣā start	dakṣināyana start	summer solstice	 sun rises north east
62	śarad start	dakṣināyana	-	-
92	śarad mid	viṣuvat	autumn equinox	 sun rises true east
123	hemanta start	dakṣināyana	-	-
183 184	śiśira start	dakṣināyana end uttarāyana start	winter solstice	 sun rises south east
245	vasanta start	uttarāyana	-	-
274	vasanta mid	viṣuvat	spring equinox	 sun rises true east
306	grīṣma start	uttarāyana	-	-
366	grīṣma-end	uttarāyana end dakṣināyana start	summer solstice	 sun rises north east

Sun's annual cycle

- The sunrise point at horizon moves/swings from
 - north east to south east called **dakṣiṇāyana**
 - back to same north east called **uttarāyana**
- **366 sunrises** makes a cycle - a solar year
- The sunrises are associated with specific background stars called **nakṣatra-s**



Sun and Nakṣatras

We noted that each of the 366 sunrises occurs at different points on the eastern horizon due to the sun's swing. In addition, the stars that are visible just prior to each sunrise at the sunrise point also change. The stars that are visible just prior to sunrise are said to belong to the nakṣatra of that day.

During uttarāyaṇa and dakṣināyaṇa the sun seems to rise at a stationary point for about 14 days. The stars visible prior to sunrise for these two stationary points define the sector/span of a nakṣatra - of about 14 days - more precisely 13⁵/₉ days.

A nakṣatra is a span of time of about 14 days and contains the stars that are visible at sunrise in its time span. There are 27 such equal nakṣatra spans in a 366 day cycle. Each of the 27 nakṣatra while of equal time span contains varying counts of stars - between 1 and 6 - totaling 83 stars. The 27 nakṣatra are named in a fixed cyclical order.

The current order starting from Aśvinī along with their star count listed below, is an inherited order from around 1500 years ago. The order of the nakṣatra begins with Kṛttikā and ends with Revatī in more ancient texts.

Aśvinī 3	Bharanī 3	Kṛttikā 6	Rohiṇī 5	Mṛgaśiras 3	Ārdrā 1	Punarvasu 2	Puṣya 1	Aśleṣā 6
Maghā 6	Pūrva Phalgunī 2	Uttara Phalgunī 2	Hasta 5	Citrā 1	Svātī 1	Viśākhā 2	Anurādhā 4	Jyeṣṭhā 3
Mūla 4	Pūrva Aṣāḍhā 4	Uttara Aṣāḍhā 4	Śravaṇa 3	Śraviṣṭhā 4	Śatabhiṣā 1	Pūrva Bhādrapadā 2	Uttara Bhādrapadā 2	Revatī 1

The choice of the first nakṣatra to start the cycle contains information on the epoch and the convention for the year start.

There are texts that associate specific nakṣatras with the ḥtus - seasonal nakṣatras . Such seasonal nakṣatras also contain vital information on the epoch of the text.

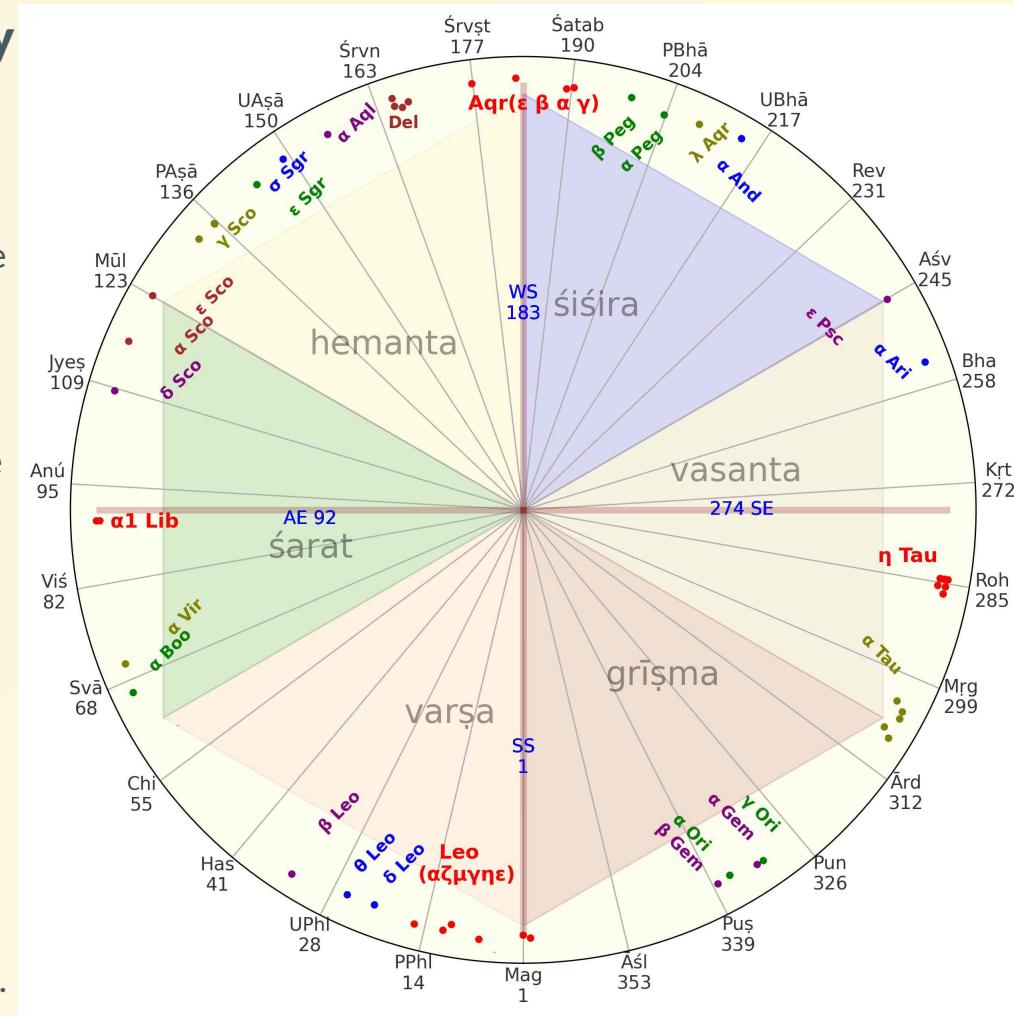
Nakṣatra-s starting from Maghā at day 1

In this Maghādi epoch day
1 of dakṣiṇāyana is at
Maghā start.

- The sun traverses through the 27 nakṣatras in order and returns to Maghā start at the end of the 366 day cycle.
 - The 1st and 367th sunrise are at
 - the same nakṣatra/star - Maghā/ε-Leonis
 - the same point on the horizon and

Over 100's of years,

- the nakṣatra/star to shift by about 1 day in about 72 years.
 - This shift is called the ayanāṁśa/precession.



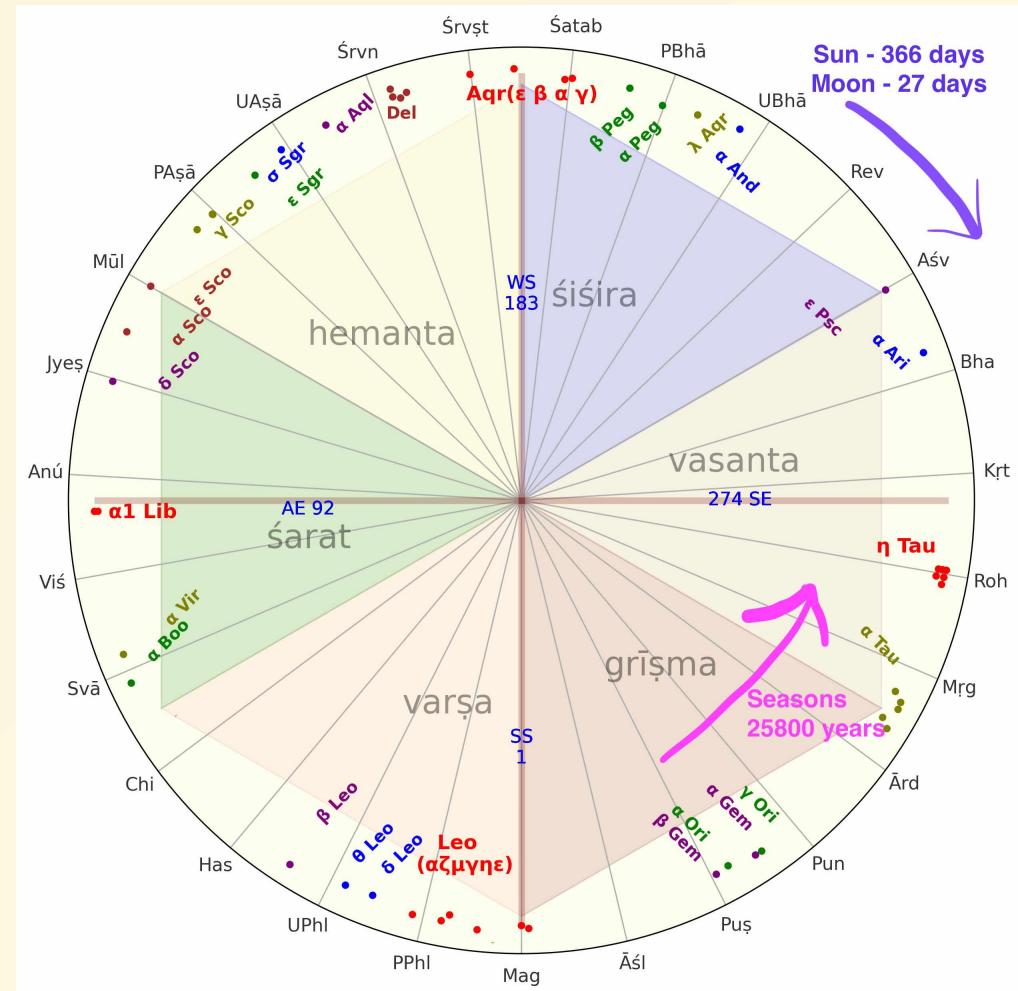
Precession and its effects

We see the start of Maghā nakṣatra on day 1 of dakṣināyana in the chart above. This is true for a certain epoch. After about a 1000 years, the start of Maghā nakṣatra will be on day 14 of dakṣināyana. Equivalently day 1 of daksināyana will move to Āślesā start.

*The precession is a slow process and takes about 25,800 years to complete one cycle. That is the sunrise point will return to the same nakṣatra/star for the same rtu after **25,800 years**.*

Precession causes the seasonal nakṣatras to drift with time. Many ancient texts associate nakṣatras with seasons - this association contains vital information on the epoch of the text.

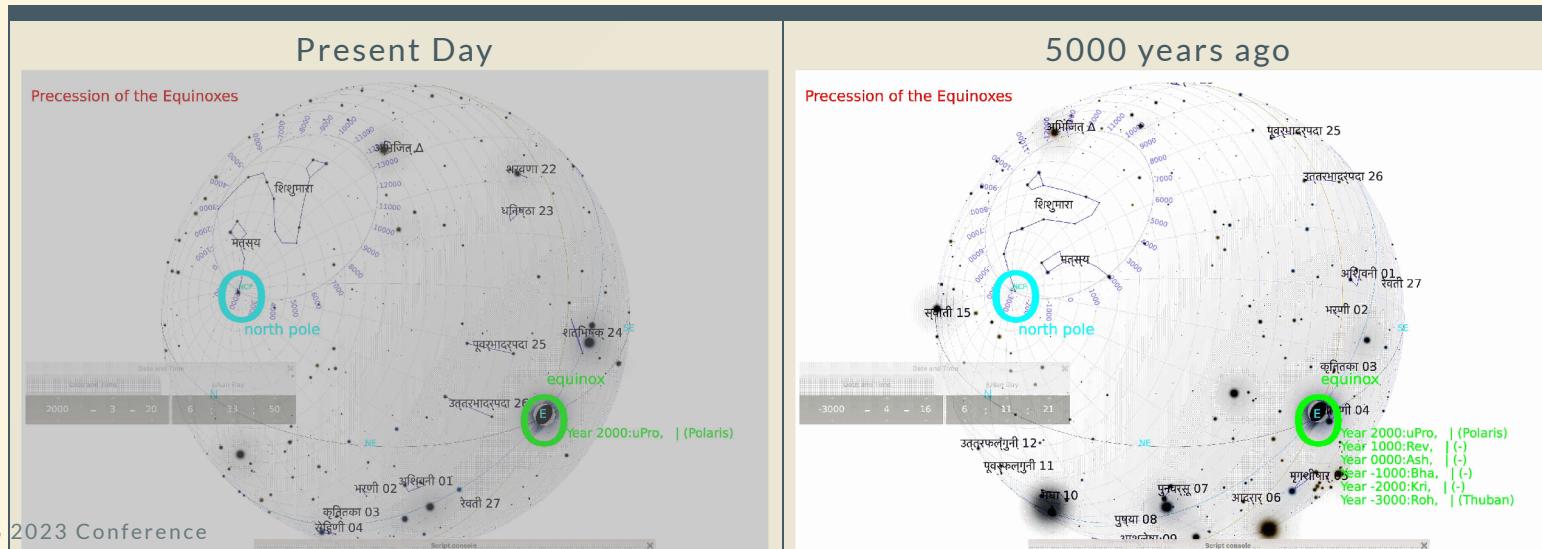
The direction of precession is opposite to the direction of the sun's annual transit through the nakshatras. Incidentally the moon also transits through the nakṣatras in the same direction as the sun. The moon's transit



Effect of precession over millennia

- About every 1000 years the start of season move backward by one naṣatra. In addition the precession causes the pole star to change.
- The following table/pictures shows the start of the spring equinox seasonal naṣatra and the pole star for the last 5000 years.

Epoch	Spring Equinox	Dakṣināyana	Uttaryāṇa	Pole Star
Present	Uttara Bhādrapadā	Ārdrā	Mūla	Polaris
1000 years ago	Revatī	Punarvasu	Pūrvva Aśāḍhā	-
2000 years ago	Aśvinī	Puṣya	Uttara Aśāḍhā	-
3000 years ago	Bharanī	Aśleṣā	Śravaṇa	-
4000 years ago	Kṛttikā	Maghā	Śraviṣṭhā	-
5000 years ago	Rohini	Pūrvva Phalgunī	Śatabhiṣā	Thuban



Precession over 5000 years

Precession of the Equinoxes

