.test{

background-color: gray;

width: 50%;

height: 50vw;

}

.test{

background-color: gray;

width: 50%;

padding-top: 50%;

}

.father{

background-color: gray;

width: 50%;

position:relative;

}

.father::after{

content: "";

display: block;

padding-bottom: 100%;

}

.son{

position: absolute;

height: 100%;

width: 100%;

}

<div class="father">

<div class="son"> asda</div>

</div>