



# bicycle street safety

and what you  
need to know  
about it.

## 1. Cycling Equipment

A properly-equipped bicycle should always feature:

- White front and red rear lights
- Helmet that fits correctly and features a CSA, Snell, ANSI, ASTM British Standard or Australian Standard sticker
- White reflective tape on front forks and red reflective tape on rear ones.
- A functional bell or horn

To see your helmet fits correctly, perform a “Helmet Salute”.



## 2. Cyclist Safety Gear

## 3. Hand Signals

Cyclists can use hand signals to communicate with other road users when turning, approaching an intersection, or changing bike lanes.



Before beginning each ride, perform an ABC check on your bicycle to ensure it is in good working order and is safe to ride.

### Air

Tires inflated; check both tires for cracks or punctures.

### Breaks

Responsive and firm; inspect break pads for damage or wear.

### Chain

Grey or silver; see if secured onto bike crank

## 4. ABC Check

