Instantaneous RoC Reflection

Please respond to the following questions.
$\label{local_goodle_form} Google Form link: \verb https://docs.google.com/forms/d/e/1FAIpQLSffCRjlh5qVNQaZE1W2x9NBeuHjY4V1frOHmgpc3BQ $

Learning outcomes: Author(s):