

It's Never 2 Late

Dignity through technology



**What's
Inside?**
*March
2016*



This brief guide will walk you
Through the various applications
on your iN2L™ system.

Questions, Comments? Call (303) 806-0797

* To access the most updated version of this
Document, please visit www.in2lprint.com.

iN2L Key (These images, located directly on the button images, indicate the type of button content.)

	Internet Required		Video
	Game		Internet Game
	Internet Radio		Panoramic Picture
	Document		Newspaper
	Puzzle		Live Webcam
	Picture(s)	NEW! 	New Content
	Coming Soon		Rotating Content

Note: Anything highlighted in gray will be part of the March 2016 Content Update.

Rotating content (highlighted in yellow) changes with each bi-monthly update and includes the following items:

- MOVIES
- NATURE RELAXATION
- SIT AND BE FIT
- TAI CHI QI GONG
- CONDUCTORCISE
- UNLOCK THE MEMORIES
- MOVIE MEMORIES
- FAITH GROUP SERMONS
- DEVOTIONALS
- SHORT STORIES
- BEST FRIENDS APPROACH

MY PAGE

- Create a User Profile for residents, staff or departments.
 - Set up individual pages for your residents, where they can access their email account, surf the Internet, bookmark their favorite websites, save documents, store their own videos and pictures, and create shortcuts to their favorite iN2L content.
 - Create a profile for specific departments—therapy, activities, life enrichment—and have their preferred programs ready to go.
 - Create Resident Life Stories with the My Story feature.
 - Use the Administrator profile to view and manage individual user buttons. For more instructions on setting up user buttons, email training@in2l.com.

MUSIC, TV & FILM

- ✳ **JUKEBOX** *(Note: The Jukebox requires a strong Internet connection to avoid delays in streaming. It will play continuously; the playlist for each station is approximately 3 hours long.)*
 - Stations:
 - 1920s-1940s, 1950s, Big Band, Country, Inspirational, Christmas, Classical, Crooners, Easy Listening, Hawaiian, Irish, Jazz, Opera, Spanish, Rock, Bluegrass/Fiddle, Polka/Waltz, Rhythm & Blues
- ✳ **CLASSIC TV** *(Approximately four episodes of each show; episodes are approximately 25 minutes long.)*
 - Comedy
 - Andy Griffith, Beverly Hillbillies, Dick Van Dyke, Life with Elizabeth, Little Rascals, Milton Berle, Ozzie & Harriet, Petticoat Junction, Show of Shows, My Little Margie, The Lucy Show, You Bet Your Life

- Drama
 - Dragnet, Bonanza, Frontier Doctor, One Step Beyond, Roy Rogers Show, Sherlock Holmes, Adventures of Robin Hood, You Asked for It
- Commercials
 - Girl Toys, Boy Toys, Games, Food & Drink, Cars, Personal Hygiene, Collections

✴ **MOVIES** *(Four full-length feature films will rotate every update.)*

- Mr. Wong Detective (70 min.)
- My Dear Secretary (94 min.)
- One-Eyed Jacks (141 min.)
- Stage Door Canteen (130 min.)

✴ **KARAOKE** (For systems received prior to January 2011, Karaoke is located under the “Programs” button)

- Genres:
 - Christmas, Classic Country, Classics, Irish, Love Songs, Oldies, Patriotic, Show Tunes, Sunday School, and 1960s/1970s (New songs include Hey Jude, Born to Be Wild, I Got You Babe, Oh Pretty Woman, and Ooo Baby Baby)

✴ **THERAPEUTIC MUSIC**

- CoroHealth *(A therapeutic streaming music service. This one-of-a-kind healthcare product brings together the benefits of music through a clinically proven (and published) music program, and presents it in a meaningful way for healthcare environments.)*

✴ **SING-ALONG WITH SUSIE Q** *(Sixteen videos featuring Susie Q singing some of your favorites! Lyrics scroll by, encouraging participation.)*

- Moonlight Bay
- Ma, He’s Making Eyes at Me
- K-K-K-Katy
- I Want a Girl
- Roll out the Barrel
- It’s a Long Way to Tipperary
- Daisy
- Shine on Harvest Moon
- My Wild Irish Rose
- I’ve Got Sixpence
- School Days
- Let Me Call You Sweetheart
- Take Me out to the Ballgame
- When You and I Were Young Maggie
- For Me and My Gal
- By the Light of the Silvery Moon

- Anytime

- ✳ **MUSIC MAKER** – If you have this peripheral, your residents can “break” the lasers to play instruments along with a variety of songs.

TRAVEL

- ✳ **GOOGLE EARTH**

- ✳ **COUNTRIES**

- Argentina, Australia, Bahamas, Brazil, Canada (includes British Columbia, Nova Scotia, Ontario, Alberta, Quebec, and New Brunswick), China, Egypt, England, France, Germany, Greece, Ireland, Israel, Italy, Japan, Mexico, Russia, Scotland, Switzerland, South Korea, Spain, Turkey, Vietnam

- ✳ **UNITED STATES**

- Alaska, Arizona, California, Colorado, Florida, Georgia, Hawaii, Illinois, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Missouri, Nebraska, New Jersey, New York, North Carolina, Oregon, Ohio, Pennsylvania, Tennessee, Texas, Utah, Washington, Washington D.C., Wisconsin

- ✳ **NATIONAL PARKS** *(Regularly updated tour through America’s National Parks, with videos, puzzles, and more)*

- Alaska (Denali, Glacier Bay, Kenai Fjords, Katmai, Bering Land Bridge, Gates of the Arctic, Kobuk Valley, Lake Clark)
- Washington and Oregon (Olympic, Crater Lake, North Cascades, Mt. Rainier)
- Northern California (Lassen Volcanic, Yosemite, Redwood, Sequoia)
- Southern California (Death Valley, Joshua Tree, Channel Islands, Pinnacles)

- ✳ **VIRTUAL GLOBE**

- ✳ **LIVE WEBCAMS**

- Animals, Places
 - Gray Seals, Bald Eagles are NEW

- ✳ **STATE TRIVIA** *(In 2- and 4-Choice options)*

- ✳ **TRAVEL VIDEOS**

- Guided Tours *(New tours added regularly; videos are approx. 15-20 mins. each)*
 - Europe: Austria, Czech Republic, England, France, Germany, Italy, Switzerland, Spain
 - United States: San Francisco
 - South America: Argentina, Peru
 - Asia: Vietnam
- Rick Steves Travel *(episodes are approx. 26 mins. long)*
 - Belgium, Greece, Ireland, Israel, Northern Ireland, Portugal, Scotland, Turkey
- Expoza Travel
 - California (50 mins.), Los Angeles (25 mins.), Las Vegas (25 mins.), Canada (51 mins.)

✴ **POSTCARDS** (*Penny postcards of all 50 states*)

✴ **WORLDWIDE TRIVIA**

- Canada, Mexico, World Capitals

LIFELONG LEARNING

✴ **ANIMAL KINGDOM**

- **Featured Animal**—Primates! (*Each update, learn about and enjoy a new featured animal with videos, slideshows, puzzles, and trivia*)
- Birds (emphasis on **Raptors** this update)
 - Trivia, slideshows, blog, websites (National Geographic, Audubon Society), videos, puzzles
- Dogs
 - Trivia, slideshow, websites (iheartdogs.com, National Geographic), videos, puzzles
- Cats
 - Trivia, slideshow, websites (iheartcats.com, National Geographic), videos, puzzles
- Marine Life
 - Trivia, slideshows, websites (National Geographic, Fun Facts), videos, puzzles
- Horses
 - Trivia, slideshows, websites (National Geographic, Fun Facts), videos, puzzles

✴ **OF THE DAY** (*See what's new every day, and look to be surprised, inspired, and awed!!*)

- Nature photo of the day
- World photos of the day
- Thought of the day
- Artist of the day
- Historical Photo of the day
- Bible verse of the day
- Comics

✴ **LANGUAGES**

- Sign Language
- Duolingo.com

✴ **MUSIC AND ART**

- Music Appreciation
 - Reading Music
 - Classical Connect (*Classical music streaming from the Internet*)
- Art Appreciation
 - Google Art Project

- Art by Artist: Edgar Degas, Johannes Vermeer, Pierre-Auguste Renoir, Rembrandt Harmensz, Raphael, Albrecht Durer, Auguste Rodin, Katsushika Hokusai

✴ AUDIOBOOKS

- **Short Stories** –Short Story Collection, feat. authors such as Mark Twain, O. Henry, Edgar Allen Poe
- Chapter Books - *Damsel in Distress*, by P.G. Wodehouse, *Dracula*, *My Antonia*, *Emma*, *Adrift in New York*, *King Arthur*, *Emma*, *Around the World in 80 Days*, *The Speckled Band*
- About the Authors

✴ ONLINE LEARNING *(Exercise your brain while learning about history and the humanities through lively discussions and lectures from experts, artists, and celebrities. Print out the Certificate of Completion to reward your students when they have finished a course or collection of “Talks.”)*

- TED Talks – Engaging speakers inform, motivate, and inspire with ideas worth spreading. This section features playlists offering a variety of presentations in each of these six areas:
 - How Does My Brain Work?
 - Truth and Dare
 - Did You Know?
 - How to Tell a Story
 - Craftsmanship
 - Natural Wonder
- **Khan Academy** *(Take a course and discover the joy of learning all over again!)*
 - Art Conservation
 - Manuscripts
 - Painting
 - Antiquities

VETERANS/HISTORY

✴ HISTORICAL CLIPS

- Bonnie & Clyde, Eichmann Trial, Gangsters, Oswald Ruby, United Nations
- Movietone Clips

✴ PRESIDENTS

- President biographies, First Lady biographies, Videos

✴ SPACE AND AVIATION

- B-36, Early Aircraft, Space Shuttle, The Moon, Mercury, Sound Barrier, Wright Bros., Spruce Goose, Voyager

✴ TODAY IN HISTORY *(Use this program to start the day, or if you have a group of residents, see what happened on their birthdays)*

- AP Day in History

- History.com

✴ VETERANS

- Veterans Nostalgia
 - World War I, World War II, Korean War, Cold War, Vietnam War, Persian Gulf War, War in Iraq
- Self-Care (*Self-guided, interactive resources for veterans, periodically updated!*)
 - PTSD Coach
 - AIMS Course (Anger Management)
 - Moving Forward Course
 - Connections
 - Resilience 101 Workbook: Resilience, Stress, Survival, Memories, Feelings, Mission & Purpose (find these on in2lprint.com).
- Service Branches
 - Army, Marine Corps, Navy, Air Force, Coast Guard (including links to each service branch's official YouTube channel)
- Veterans Websites and Resources
- Veterans Trivia (*In 2- and 4-Choice options*)
 - Military Bases, Military Ranks, Korean War, Vietnam War, Military Aircraft
- Music & Video (New button, replaces "Videos")
 - Videos: Candy Bomber, Deck of Cards, Dogs Welcome Soldiers Home, Memorials, High Speed Turn, F-15 First, Blue Angels, Hornets, Dragon Lady, Beach Invasion
 - Music: America's Spirit 1-4, In China, Patriotic Music

✴ LIFESTYLE

- Fashion
 - History of Fashion
 - Trivia (2- and 4-Choice): Fashion; Shoes, Shoes, Shoes; Beauty & Cosmetics; Accessories
 - Slideshow
 - Current Fashion
 - Makeup Tips for Mature Women

SPORTS

- ✴ BASEBALL, FOOTBALL, HOCKEY, BASKETBALL, GOLF, SOCCER, OUTDOORS, TENNIS, SUPERBOWL (*Hunting & Fishing; Includes trivia in 2- and 4-Choice options; links to major league websites; videos; and puzzles, activities, and slideshows (for Baseball, Basketball, Soccer, Football & Hockey)*)

REMINISCE

- ✴ MEMORY BIO (*Pictures accompanied by questions that prompt reminiscing*)

- Hometown, Childhood, Holidays, Hobbies, Family, Food, School, Travel, Jobs & Careers, Shopping & Style, Creative Arts, Trees & Nature, Children, Humor & Jokes, Love & Romance, Music & Instruments, Outdoors, Sports & Exercise

✧ **VIDEO MEMORIES** *(Includes video reminiscing programs and websites, and nostalgic agricultural videos)*

- Farming Videos
 - Agriculture (27 min.), Airports (14 min.), Dairy Farm (8 min.), Farm (6 min.), The Range (10 min.)
- **Unlock the Memories** *(Video trivia from the decades, as well as some taped subjects; each video is approx. 15 mins.)*
 - 1940s #2
 - 1950s #2
- **Movie Memories** *(Video clips from movies, television shows and commercials, with questions to prompt reminiscing conversations; each clip is approx. 5-8 mins.)*
 - Dorsey & Krupa, Gorillas in the Movies, The Mild West, Grade School, Murder Mystery, Stump the Stars, Superman, Undersea Thrills, Yoga Memories

✧ **WHAT DID IT COST?** *(In 2- and 4-Choice options)*

- Food, Cars, Toys, Entertainment, Houses, Travel, Eating Out, Clothing, Appliances, and Men's Items

✧ **PASTIMES** *(Short experiential videos that encourage reminiscing; approx. 5-8 mins. in length)*

- Dairy Farm, Crochet, Dogs, Fishing, Pie Baking, Fireworks, Playing in the Park, Trains, Quilting, Farming, Memorials, Horses, Racing, Firehouse

✧ **JUST FOR FUN** *(Playful content from selected websites for reminiscing)*

✧ **COMMERCIALS** *(Both video clips and print ads that encourage residents to reminisce about things like toys, household items, and cars through the decades)*

HEALTH & WELLNESS

✧ **PHYSICAL FITNESS**

- Exercise Videos
 - Fit Xpress: Traditional and Slower Tempos
 - Traditional:
 - Stars & Stripes (38 min.)
 - Music in Motion (44 min.)
 - Chair Yoga (33 min.)
 - Easy Tai Chi (15 min.)
 - Fitting Fitness in 1 (35 min.)
 - Fitting Fitness in 2 (41 min.)
 - Slower Tempo:
 - Simply Stretch 1 (15 min.)

- Simply Stretch 2 (14 min.)
 - Movement 1 (11 min.)
 - Movement 2 (22 min.)
 - Movement 3 (11 min.)
 - Movement 4 (33 min.)
 - Tai Chi (16 min.)
- **Sit and Be Fit** *(Each video approx. 26 min)*
 - Healthy Aging
 - Balance
 - Facial Exercises
 - Fundamentals
- **Tai Chi Qi Gong** *(each video approx. 15 min.)*
 - Sitting: Inner Balance
 - Standing: Practice Session at the Ocean
- **Conductorcise** *(Get your arms swinging and heart pumping as you “conduct” to the music! Seated or Standing; each video approx. 3-5 min.)*
 - Johann Strauss, Jr., *Thunder and Lightning Polka*
 - Georges Bizet, *Adagio: Symphony in C Major*
 - Pyotr Ilyich Tchaikovsky, *Neapolitan Dance from Swan Lake*
- Chair Dancing *(Another fun way to stay fit with a series of four exercise routines you can do without leaving your chair)*
 - Through the Decades (30 min.)
 - Around the World (23 min.)
 - Chair Yoga (22 min.)
 - Life’s A Celebration (29 min.)
- Exercise Cycle *(If you have this peripheral, connect your bike to the system and choose from seven different scenes for an entertaining riding experience)*
- Fall Prevention

✳ BRAIN FITNESS

- Happy Neuron *(25 cognitive games focusing on memory, attention, language, executive function, and visual and spatial skills)*
- Happy Neuron en Español!
- Challenges
 - Opposites, The House, Around Town, Animals, Alphabetical Order, Always or Never, Doesn’t Belong, Two Choices, Categories, and Common Sayings
- Brain Aerobics *(Trivia, reminiscing, word games, and discussion starters. Two documents: one updated weekly, one updated monthly)*

✧ THERAPEUTIC MUSIC

- CoroHealth *(A therapeutic streaming music service. This one-of-a-kind healthcare product brings together the benefits of music through a clinically proven (and published) music program, and presents it in a meaningful way for healthcare environments.)*

✧ DAILY HEALTH TIP

✧ SENSORY

- Relaxation *(Different scenes with matching ambient sound effects)*
- Nature Relaxation *(Relaxing, therapeutic videos that include nature imagery set to relaxing music; each video approx. 15 min.)*
 - Deep Ocean
 - Crystal Canyon 1
 - Mountain Snow 1
- Slideshows
- Gardens
- Koi Ponds

✧ LAUGHTER

- Funny Seniors, Funny Babies, Funny Animals

✧ INSPIRATION

- Still Alive, Holiday Flash Mob, 100 Years Old, 99 Years Old, Announcer at 86, Play!, Feeling Good, Senior Musicians, Sweet Lorraine, Impromptu Duet, Little Tommy, Vincent & Zach, Kitten Rescue, Duct Tape Surfing, Fashionista, Skydiver, World's Oldest Female Bodybuilder, Advanced Style, First Flight

GAMES & PUZZLES

✧ TV GAMES

- Price is Right
- Family Feud
- Millionaire

✧ CARD & BOARD

- Board & Puzzles, Hoyle Card Games, Chess, Solitaire, Hearts, Mahjong

✧ FLYING & CYCLING (NOT INCLUDED ON SHUTTLE)

- Flight Simulator *(If you have this peripheral, Requires Joystick)*
- Bike Simulator *(If you have this peripheral, requires exercise bike and cable—can be used for upper and lower body)*

✴ **CASINO GAMES**

- Hoyle Casino
- Blackjack
- Video Poker

✴ **CREATIVE ARTS**

- Piano, TimeSlips, Match the Notes, Paint Program, Jackson Pollock, Play Drums, Sound Check

✴ **GEOGRAPHY (NOT INCLUDED ON SHUTTLE)** *(Note: The man flies by on the plane, but the name of the state remains at the top until you select the location)*

- Africa, America, Australia, Canada, Central America, Europe, Middle East, South America

✴ **WORD GAMES**

- Chicktionary
- iN2L Crossword Puzzles—updated weekly
- For a Good Cause *(Change subjects and levels)*
- Happy Neuron
- iN2L Hangman—updated weekly
- Brain Aerobics—updated weekly and monthly

✴ **MATCHING**

- Goofy Gopher
- iN2L Matching—updated weekly
- Matching
- Simon

✴ **STRATEGY & TARGET**

- **Dots and Lines**, Battleship, Sudoku, Connect 4 *(Two-player)*, Yellow Out, Tic Tac Toe, Bubble Poppers (Traditional and Advanced), Move the Mouse, Two Timing, Image Comparison, Dancing Fireflies,

✴ **PUZZLES**

✴ **HAPPY NEURON** *(25 cognitive games focusing on memory, attention, language, executive function, and visual and spatial skills)*

✴ **GAMES IN SPANISH**

- Happy Neuron

✴ **TRIVIA GAMES** *(All the trivia on the system, conveniently located in one place)*

- What Did It Cost (2- and 4-Choice): Food, Cars, Toys, Entertainment, Houses, Travel, Eating Out, Clothing, Appliances, Men's Items
- Entertainment (2- and 4-Choice): 1950s, 1960s, 1970s Music, TV, and Movie quizzes

- Fashion; Shoes, Shoes, Shoes; Beauty & Cosmetics; Accessories
- Animals: Monkeys, Apes, Horses, Marine Life, Cats, Dogs, Birds (Raptors, Penguins, Parrots, Waterfowl, Songbird, Birds)
- Resident Rights (*Educates and informs residents about their rights*)
- Veterans Trivia (2- and 4-Choice): Military Ranks, Military Bases, Korean War, Vietnam War, Military Aircraft
- Spiritual Trivia: Islam, Buddhism, Amish, Quaker
- Sports Trivia: (2- and 4-Choice): Baseball, Football, Hockey, Basketball, Soccer, Golf, Horse Racing, Boxing, Olympics, Outdoors, Super Bowl, Tennis
- Bible (2- and 4-Choice): Old & New Testament, Catholic, More Bible, Jewish Bible, Bible Stories, Church Heroes
- Tools, World Wide Trivia, State Trivia, Trivia of the Months, Seasonal Trivia, Which Came First, 1950s & 1960s Lyrics, Nursery Rhymes 1 & 2
- Holiday Trivia (still can be found in Staff Tools > Holidays)
- National Parks: Alaska, Washington/Oregon; Northern California (Redwood/Sequoia; Yosemite/Lassen); Death Valley

✳ **BINGO** (*Print out the cards from in2lprint.com and use the iN2L system to call the numbers*)

STAY CONNECTED

✳ NEWS ROOM

- AARP, Dear Abby, Entertainment, Finance, Good News, Health, Newseum, Seniors, Space, Sports, Top Stories, TV, US News, Weather, Horoscopes

✳ **INTERNET** (*Popular webpage shortcuts*)

✳ **QUICK SEARCH** (*On-Screen keyboard, with search abilities for specific media, like videos or photos*)

✳ **SKYPE** (*Video chat with family and friends! Look for the quick start instructions in iN2L Playbook*)

✳ TELL YOUR STORY

- My Story, Photo Story, Life Bio

✳ VOICE TO TEXT

SPIRITUAL

✳ MUSIC

- Comfort Music
- Recollections, Reflections (both hymn books with lyrics available on in2lprint.com)
- Raining Sunshine and Jesus' Love videos
- The Peasall Sisters, *He Keeps Me Singing*

✧ VIDEOS

- Spiritual Videos
- Words of Hope: (10 videos: For the Good, God's Image, How to Live, Important People, Life's Difficulties, No Regrets, Positive Thinking, Seeing Differently, Value of Life, Your Difference)
- Bible Stories

✧ SERMONS

- Featured Baptist, Lutheran, Methodist, and Presbyterian sermons, with podcast links for each faith group, for access to sermons on demand.
- Non-denominational T.D. Jakes
- Joel Osteen
- National Mass link added for Catholic services
- Words of Hope

✧ FAITH GROUPS

- Buddhism
- Christianity
 - Catholic, Jehovah's Witness, Mormon, and Protestant religions. Protestant section includes Baptist, Congregationalist, Episcopal, Lutheran, Methodist, Peace Churches, Pentecostal, and Presbyterian faith groups.
- Islam
- Judaism
- Hinduism
- Taoism

✧ BIBLE

- Bible Study
 - **Devotions** (12 new devotions with themes of Light, Prayer, and Persistence)
 - Elder Source Devotions (*8 devotions, featuring songs from the Recollections Hymn Book, now with short devotions spoken by an elder, and a history of the hymn before the hymn plays*)
 - Amazing Grace, Faithfulness, Jesus' Name, Blessed Assurance, Rock of Ages, Trust in Jesus, Thousand Tongues, and Trust and Obey
 - Oswald Chambers Daily Devotions
 - Charles Spurgeon Daily Devotions
- Bible Trivia – (2- and 4-Choice options) Old & New Testament; Easy, Medium and Challenging Bible quizzes; three Catholic-specific easy, medium, difficult quizzes; Early Church Heroes; Daniel in the Lion's Den; David and Goliath; **Jonah and the Whale**
- Bible Stories

✧ SPIRITUAL TRIVIA – Islam, Buddhism, Amish & Quaker

- ✳ **WEBSITES** – 9 different links to religious websites. *(For example, Come Pray the Rosary includes a live rosary, highlighting the bead being recited, and allows residents to follow along. Choose “Individual” start at the beginning)*

STAFF TOOLS

- ✳ **SUGGESTIONS** *(Ideas for new programs? Send them our way!)*
- ✳ **iN2L ON FACEBOOK** *(Learn how customers everywhere are utilizing iN2L)*
- ✳ **WHAT’S NEW** *(Find out what content is added to your system on a bi-monthly basis)*
- ✳ **RESIDENTS RIGHTS TRIVIA** *(Educates and informs residents about their rights)*
- ✳ **ACTIVITY GUIDES** *(Helpful tips for utilizing iN2L applications with different types of audiences)*
- ✳ **TRAINING**
 - Playbooks and Cheat Sheets to help you use the different applications
 - Recorded training videos/access to live trainings
- ✳ **HOLIDAYS** *(Trivia, crafts, recipes, and more for upcoming holidays)*
 - Crafts, recipes, and activities have been added for St. Patrick’s Day, Passover, Easter, and Earth Day
- ✳ **THEMES** *(Ideas for programs each month)*
 - Hawaiian
 - Seasonal
 - Monthly: May and June
- ✳ **STAFF EDUCATION**
 - End of life decisions, MDS 3.0, Care Services, Peer Mentoring, Self-Care
- ✳ **OFFICE SUITE**
- ✳ **MARKETING**
 - Videos, My Story Sample, Print your own (Letter for Families, Videos, Materials), Customizable Marketing Content
- ✳ **UTILITIES**
 - Make a DVD Movie
 - Make a Backup *(All documents in your user profiles are automatically backed up; documents stored directly in your “library” are not)*
 - Burn a CD/ DVD

MEMORY COACH *(Staff-directed content related to engaging and caring for residents of varying cognitive abilities)*

- ✳ **BEST FRIENDS APPROACH** *(Each update, 12 new person-centered activity ideas from dementia experts David Troxel and Virginia Bell)*
 - Activities this update include:
 - Winter Memories
 - Music to My Ears
 - Trip to the Ocean
 - Down on the Farm
 - On the Road
 - Listen to the Wind
 - Flashback Fiction
 - Newspapers
 - Money
 - Weather
 - Flags
 - Lotto

- ✳ **COGNITIVE PATHWAYS** *(A layout of iN2L content that is designed so any staff, family member, or volunteer can find person-centered, appropriate iN2L content for persons with early, middle, or late stage dementia)*

- ✳ **HAND IN HAND** *(A video training series developed by CMS for staff in achieving person-centered care to persons living with dementia)*
 - Introduction
 - First Step
 - Good Morning
 - Buttons
 - Shoes and Socks
 - Tooth Brushing
 - Kindness

- ✳ **TEEPA SNOW**
 - Dementia Care Provisions *(A video series by expert Teepa Snow that teaches her Positive Physical Approach to caring for persons living with dementia)*
 - Caring Agendas
 - Relationship Matters
 - Hand Under Hand
 - Vision Change
 - The Brain Tour
 - Sensation & Movement
 - Care Partnering
 - Teepa's Tips *(Six short training videos designed to help those caring with persons living with dementia)*
 - Dementia 101

- Teepa's GEMS
- Brain Changes
- Behaviors
- Activities
- Music
- iN2L/Teepa Snow Webinar recording

ADMINISTRATION (PRESS F1 TO ACCESS)

- ✧ MY DOCUMENTS
- ✧ COMMAND PROMPT
- ✧ CLONE DISPLAY (*This is for TV connections*)
- ✧ NETWORK CONNECTIONS
- ✧ SOUND PROPERTIES
- ✧ DATE AND TIME SETTINGS
- ✧ DEEPFREEZE SETTINGS
- ✧ REBOOT COMPUTER
- ✧ SHUT DOWN COMPUTER
- ✧ EXIT