

Caleb Brost

5012 56 Ave
Stony Plain
780-238-0511
caleb.brost@edmonton.ca

EXPERIENCE

Seasonal Outdoor Lifeguard — City of Edmonton, *Queen Elizabeth Outdoor Pool.*

May - September 2024

I worked as a part-time lifeguard over this summer with the City of Edmonton. I learned how to guard the pool, educate and interact with the patrons, maintain the facility's cleanliness, and manage the pool's chemical levels. I enjoyed making friendships with my coworkers and serving the community.

Skilled Labourer — Shamrock Building Services LTD, *Edmonton.*

May - August 2024

For the summer, I worked full-time with a Shamrock crew of 3 - 8 carpenters, and with multiple crews of subcontractors. We mainly worked on the demolition and reinstallation of the exterior siding of an apartment building downtown. I was responsible for many different tasks daily such as demoing, sealing, installing dense glass, running man lift, supply crews, garbage collection, and much more.

Information Technology Technician — Masterpiece Data Services, *Parkland County.*

April - August 2023

I worked full-time with irregular hours in numerous businesses, centers and homes where I would install, repair, or manage information technology. Most of my work focused on updating the Spruce Grove Tri Leisure Centre security system by replacing and installing new security cameras.

Petty Officer 2nd class — Royal Canadian Sea Cadet, *Stony Plain.*

October 2018 - January 2020

I was in sea cadets for 2 years in which I learned how to tie knots, sail, marching drill, maintain a uniform, compete in biathlon, give and receive commands and compete in marksmanship. I learned many new skills and had incredible experiences with amazing people.

EDUCATION

Freshman 4-year Bachelor of Science — The King's University, *Edmonton.*

2023 - 2026

I recently completed my first year at The King's University in Edmonton. I intend on graduating with a Bachelor of Science degree as a Computing Science major. It is a 4-year program that currently has me graduating at the end of April in 2026.

SKILLS/INTERESTS

Construction

Programming

3D Printing

Mountain Biking

Fitness Enthusiast

Hunting & Fishing

Lifeguarding & Instructing

CERTIFICATIONS

National Lifeguard

Life Saving Instructor

Swim Instructor

CPR Instructor

CPR level C & AED

Standard First Aid

Class 5 Drivers Licence

AWARDS

Top Cadet in division

First place in Quadra's sailing competition

6th place in provincial junior biathlon