From canvas:

That means that for the personal learning objective you will each sprint write down what you have achieved in relation to last sprint's ambition (technologies, concepts and skills learnt as well as how this was achieved), what you would like to achieve for the next sprint and how to make the change happen.

The first week of the course you describe the current situation by motivating a learning objective. It is perfectly fine to change objective/s each sprint as long as you can motivate the change and you evaluate the outcome of the previous sprint (e.g. describing the current situation).

Please make sure to be concrete about your goals and how to achieve them and remember that the learning objectives in this course are about working with a process and not individual technologies.

Individual Reflection - Henrik Johansson

Course Week 1

What do I want to learn or understand better?

I would like to grow my knowledge when it comes to how Scrum and similar techniques actually are implemented in "the real world", which I feel will happen to some degree by just taking part in the course. Additionally I would like to improve my ability of working in groups/teams with other people. I feel like I quite often restrict myself quite a lot, for example wanting to express something, but then not doing it for whatever reason. To improve this there is really only one solution in my mind, which is to just do it and try to build on it week after week. Of course I also want to improve my general technical knowledge when it comes to the actual development of the product that we are creating.

- How can I help someone else, or the entire team, to learn something new? decided on what we are going to create yet. I do however have some experience with some of the potential programs that we might use depending on where we head with our project. Additionally I have worked with Scrum before, and I know for a fact that I'm not alone with that experience but I'm sure we all remember different parts so that we all can provide something useful. It is currently very difficult to say. Since the project has just begun and we as a group haven't
- What is my contribution towards the team's use of Scrum? Since we haven't begun with the project, and thus with Scrum, yet it is hard to say. I have worked with Scrum before, but I'm not alone to have done that so I'm sure we have the knowledge within the group to be able to achieve a certain quality of work.
- What is my contribution towards the team's deliveries?
 So far, having just submitted the social contract my contribution has been to be a part of our discussion of what we consider important enough to bring up and how we handle it.