### Welcome to our Summer Holidays Play and Activities for 2017

Our clubs are running from Monday  $24^{th}$  July to Friday  $1^{st}$  September Sessions at the Terrapin for 3-7 years Monday to Friday

### Sparks in the Terrapin is open from 8.15am to 5.45pm

Choose from following sessions:

 8.15ann to 1pm
 £15.50

 1pm to 5.45pm
 £15.50

 8.15ann to 5.45pm
 £31.00

 9ann to 3.30pm
 £22.00

Trip Days £38.50 all trip days marked in bold

### Taningua Sessions at Hut 6388 for 8-14 years Tuesday to Thursday

Taningua is open from 9am to 3.30pm (additional time can be booked at Terrapin if needed)

9ann to 3.30pnn £26.00 3.30 to 5.45pnn at Terrapin £6.00

Trip Days £38.50 all trip days booked in bold

BOOK BY JULY  $7^{\mathrm{TH}}$  TO GET THE 10% DISCOUNT ON ALL BOOKINGS

#### Important things to remember:

- Please only send children in old clothes so that new clothes don't get covered in paint and mud!
- On trip days please arrive by 9am other than the Langland Bay trip when it is 8.30am. Your children may also need to bring sun gear or waterproofs depending on weather forecast. It is also easier for the children to bring their packed lunch in a carrier bag for trips.
- Please remind your children not to bring precious toys/electronic items as we cannot guarantee their safety.
- We provide tasty snacks mid-morning and mid-afternoon and drinks are available all day but children will need to bring a packed lunch and drink for the days they are attending.

For details on how to register and book sessions please go to our website at www.sparks-inc.org or email coopsparks@gmail.com
Follow us on <a href="https://www.facebook.com/coopsparks">https://www.facebook.com/coopsparks</a> and like our page to receive updates!

Follow us on <a href="https://twitter.com/coopsparks">https://twitter.com/coopsparks</a>



# WEEK ONE 24th July to 28th July PIRATES FOR 3-7 years at the Terrapin, Sefton Park School

| Week 1    | Monday 24 <sup>th</sup>  | Tuesday 25 <sup>th</sup>   | Wednesday   | Thursday 27 <sup>th</sup>  | Friday 28th July  |
|-----------|--|--|---|--|---|
|           | July   | July   | 26 <sup>th</sup> July   | July   |   |
| Morning   | Craft: Message in a<br>Bottle<br>Cooking: Raisin and<br>Coconut Treasure<br>Biscuits | WORKSHOP<br>Pirate Stories and<br>Sounds                                 | ALL DAY TRIP Bristol Harbourside  Come on a Walk with Pirate Pete | Craft: Eye Patches<br>and Pirate Hooks<br>Cooking: Captains<br>Avocado and Bean<br>Dip | Cooking: Puff<br>Pastry Parcels<br>Craft: Miniature<br>Pirate Ships |
| Afternoon | Cooking: Shipwreck<br>Pasta Salad<br>TREASURE HUNT                                   | Cooking: Captain<br>Jack's Peach Pie<br>Craft: Pirate Hats<br>and Swords | and join his jolly crew and dress up!!                            | PIRATE PARTY<br>Juicy Punch, Snacks<br>Face Painting<br>Water Play                     | Cooking: Pirate<br>Cupcakes<br>Craft: Treasure<br>Maps              |

When children are tired or it is raining there will be some Pirate films to watch: Peter Pan, The Pirates.

#### TANINGUIA 8-14 years at Hurt 6388, St Bartholomews Road

| Week 1    | Tuesday 25 <sup>th</sup><br>July   | Wednesday<br>26 <sup>th</sup> July   | Thursday 2 <b>7</b> <sup>th</sup><br>July  |
|-----------|--|--|--|
| Morning   | Cooking: Treasure<br>cookies<br>Outdoor game:<br>Cannonball toss<br>game     | Craft – Make your<br>own paper mache<br>treasure chest with<br>lock and key<br>Outdoor game –<br>Treasure hunt | ALL DAY TRIP Climb the rigging of the SS Great Britain Age and Height restrictions apply.  |
| Afternoon | Craft — Watermelon<br>Pirate Ship<br>Xbox One —<br>Choice of game on<br>rota | Swimming at<br>Horfield or Easton<br>Dead man finger<br>hot dogs   | Have to be 10 or<br>over<br>Have to be over 1.4<br>metres in height<br>MEET AT<br>TERRAPIN |

# WEEK TWO 31st July to 4th August FARM FOR 3-7 years at the Terrapin, Sefton Park School

| Week 2    | Monday 31 <sup>st</sup> | Tuesday 1 <sup>st</sup> | Wednesday 2 <sup>nd</sup> | Thursday 3 <sup>rd</sup> | Friday 4 <sup>th</sup> |
|-----------|-------------------------|-------------------------|---------------------------|--------------------------|------------------------|
|           | July                    | August                  | August                    | August                   | August                 |
| Morning   | IFIEILT                 | Craft: Beeswax          |                           | Cooking: Apple           | Morning                |
|           | WORKSHOP                | Candles                 |                           | Crumble and              | TERTP                  |
|           | * * * * * * * *         |                         | ALL DAY                   | Curstard                 | * * * * * *            |
|           |                         | Cooking: Blueberry      | TRIP                      |                          |                        |
|           | Cooking: Beetroot       | Murffins                | * * * * *                 | Craft: Cotton Wool       | St Werburgh's City     |
|           | and Chocolate           |                         | AVON VALLEY               | Sheep Mobiles            | 1Faurinn               |
|           | Brownies                | Animal Face             | COUNTRY FARM              | _                        |                        |
|           |                         | Painting                | » » »»                    |                          |                        |
| Afternoon | Cooking: Savoury        | Cooking: Cheese         |                           | OBSTACLE COURSE          | Animal Face            |
|           | Omelettes               | Scrolls                 |                           | +                        | Painting               |
|           |                         |                         |                           | SACK RACES               | Į.                     |
|           | Craft: Animal Masks     | Craft: Grain Collages   |                           |                          | Craft: Felt Peg Pigs   |
|           |                         |                         |                           |                          |                        |
|           | Egg & Spoon Races       | Pin the tail on the     |                           |                          | Craft: Chocolate       |
|           |                         | pig!                    |                           |                          | Mud Pies               |

#### TANINGUA 8-14 years at Hurt 6388, St Bartholomews Road

| Week 2    | Tuesday 1 <sup>st</sup>                        | Wednesday 2 <sup>nd</sup>  | Thursday 3 <sup>rd</sup>                                    |
|-----------|--|--|---|
|           | August   | August   | August  |
| Morning   | Cooking – Shaun the<br>Sheep Cupcakes          | Craft – Make your<br>own plush toy farm<br>animal                          | Craft – Milk<br>jug/paper mache<br>piggy banks              |
| Afternoon | Trip – Portishead<br>Open Air Swimming<br>Pool | Cooking – Pig slop<br>Craft: Make your<br>own crazy vegetable<br>character | Trip — Bushcraft<br>with Young Bristol<br>at Kingscott Farm |

# WEEK Three 7<sup>th</sup> to 11<sup>th</sup> August **INDIA** FOR 3-7 years at the Terrapin, Sefton Park School

| Week 3    | Monday 7 <sup>th</sup>   | Tuesday 8 <sup>th</sup>   | Wednesday 9 <sup>th</sup>                                    | Thursday 10 <sup>th</sup>                                     | Friday 11 <sup>th</sup>                              |
|-----------|--|---|--|---|--|
|           | August   | August  | August   | August  | August   |
| Morning   | MANDALA<br>WORKSHOP  | Cooking: Mango<br>Mousse and<br>Raspberry Pearls<br>Craft: Mini Mosaic<br>Mirrors | Cooking: Mutter<br>Paneer Curry<br>Craft: BATIK              | Cooking: Quorn<br>Korma<br>Craft: Prayer Flags<br>Henna Art   | ALL DAY TRIP Mini Chefs                              |
| Afternoon | Cooking: Aloo<br>Paratha and<br>Chutney<br>Craft: Indian Beaded<br>Blessing Jewellery<br>Henna Art | YOGA<br>WORKSHOP<br>Craft: Zen Doodles  | Craft: Indian Pen<br>Pots<br>Cooking: Apple<br>Coconut Barfi | Cooking: Mango<br>Mousse and<br>Raspberry Pearls<br>SPICE ART | at Coexist Community Kitchen Indian Cooking Workshop |

### TANINGUA 8-14 years at Hurt 6388, St Bartholomews Road

| Week 3    | Tuesday 8 <sup>th</sup> | Wednesday 9 <sup>th</sup> | Thursday 10 <sup>th</sup> |
|-----------|-------------------------|---------------------------|---------------------------|
|           | August                  | August                    | August                    |
| Morning   | ALL DAY TRIP            | Morning:                  | Trip – Archery with       |
| J         | Trip – Shopping at      | Cooking – Samosa's        | Young Bristol at          |
|           | the Mall and Air        | ·                         | Kingscott Farm            |
|           | Hop Cribbs              |                           | Ţ.                        |
| Afternoon | Causeway                | Xbox one – Choice         | Cooking – Vegetable       |
|           | MEET AT                 | of ganne on rota          | Curry and Rice            |
|           | TERRAPIN                |                           | Xbox One – Choice of      |
|           |                         |                           | game on rota              |

# WEEK Four 14<sup>th</sup> to 18<sup>th</sup> August **SEASIDE** FOR 3-7 years at the Terrapin, Sefton Park School

| Week 4    | Monday 14 <sup>th</sup>   | Tuesday 15 <sup>th</sup>                       | Wednesday 16 <sup>th</sup>  | Thursday 17 <sup>th</sup>                                | Friday 18 <sup>th</sup>  |
|-----------|---|--|---|--|--|
|           | August  | August   | August  | August   | August   |
| Morning   | Cooking: Shell Pasta<br>Salad<br>Craft: Sand Jars                                   | Cooking: Beach<br>Party Cupcakes<br>FRISBEE    | ALL DAY TRIP  Langland Bay in  Swansea, Wales  We will be  leaving early                                    | Cooking: Vege<br>Kebabs and Coleslaw<br>Sailors Costumes | Craft: Pebble<br>Painting<br>Cooking: Starfish                       |
|           | Ź   |  | 8.zoam and arriving back  |  | Biscuits   |
| Afternoon | Cooking: Vege<br>Sausage Rolls and<br>Homemade Tomato<br>sauce<br>Beach Volley Ball | SAND<br>MANDALA<br>WORKSHOP<br>Fruit Smoothies | later than usual at 7.30pm Please bring Swimwear, Buckets and Spades and a packed lunch and ice cream money | BEACH PARTY  BBQ  +  Water Play                          | YOGA<br>Craft: Mermaid<br>Bracelets<br>Cooking:<br>Raspberry Pavlova |

Films: Finding Nemo, Song of the Sea, The Little Mermaid

#### TANINGUA 8-14 years at Hut 6388, St Bartholomews Road

| Week 4    | Tuesday 15 <sup>th</sup> | Wednesday 16 <sup>th</sup> | Thursday 17 <sup>th</sup> |
|-----------|--------------------------|----------------------------|---------------------------|
|           | August                   | August                     | August                    |
| Morning   | Trip — Baileys Court     | ALL DAY TRIP               | Cooking – Baked           |
| _         | Activity Centre in       | Langland Bay in            | Breaded Fish and Chips    |
|           | Bradley Stoke            | Swansea, Wales.            | Homemade Lemonade         |
|           | Bring Scooter or         | We will be                 |                           |
| Afternoon | Skateboard and           | leaving early              | Trip – Kayaking with      |
|           | Helmets/Pads             | 8.30am and                 | Young Bristol in          |
|           | MEET AT                  | arriving back              | Bristol Harbour side      |
|           | TERRAPIN                 | later than usual           |                           |
|           |                          | at <b>7.</b> 30pm          |                           |
|           |                          | , ,                        |                           |

# WEEK Five 21<sup>st</sup> to 25<sup>th</sup> August **FANTASY** FOR 3-7 years at the Terrapin, Sefton Park School

| Week 5    | Monday 21 <sup>st</sup>   | Tuesday 22 <sup>nd</sup>   | Wednesday 23 <sup>rd</sup>                   | Thursday 24 <sup>th</sup>  | Friday 25 <sup>th</sup>  |
|-----------|---|--|--|--|--|
|           | August  | August   | August                                       | August   | August   |
| Morning   | Cooking: 'Eat Me'<br>Biscuits<br>Craft: Mad Hatters<br>Hats and Magical<br>Crowns | Magical  Music and  Storytelling  WORKSHOP                                 | ALL DAY TRIP  Lockleaze Adventure Playground | Creating Potions<br>and Magic Bottles<br>Cooking:<br>Strawberry<br>Shortcake | Craft: Wish Bags<br>Cooking: Sundried<br>Tomato and Pesto<br>Puff Pastry Parcels |
| Afternoon | Alice In Wonderland TEA PARTY Face Painting Craft: Decorating Tea Cups            | Magical Gardens<br>and Miniature Fairy<br>Doors<br>Cooking: Fairy<br>Cakes |  | Craft: Willow<br>Crowns and Wands<br>Cooking: Perfect<br>Pasties             | Cooking: Fairy<br>Cakes<br>Craft: Unicorns<br>Dream, Jars                        |

#### TANINGUA 8-14 years at Hurt 6388, St Bartholomews Road

| Week 5    | Tuesday 22 <sup>nd</sup> | Wednesday 23 <sup>rd</sup> August | Thursday 24 <sup>th</sup> |
|-----------|--------------------------|-----------------------------------|---------------------------|
|           | August                   | Ū                                 | August                    |
| Morning   |                          | Morning:                          | Craft – Whittling         |
|           | ALL DAY TRIP             | Craft – Make your own Fidget      | and fire building         |
|           | * * * * *                | Spinner                           | ·                         |
|           | Brean indoor and         |                                   |                           |
|           | Outdoor Water            | Xbox One – Choice of game on      |                           |
|           | Park                     | rota                              |                           |
| Afternoon | MEET AT                  | Cooking – Man 'n Cheese Brains    | Cooking –                 |
|           | TERRAPIN                 | Outdoor games – Witches, Wizards  | Vegretable stew           |
|           |                          | and Elves. Capture the Wand       | cooked on the fire        |

# WEEK Six 28<sup>th</sup> Aug to 1<sup>st</sup> Sept **WOODLAND** FOR 3-7 years at the Terrapin, Sefton Park

| Week 6    | Monday 28 <sup>th</sup><br>August                                | Tuesday 29 <sup>th</sup><br>August  | Wednesday<br>30 <sup>th</sup> August | Thursday 31 <sup>st</sup><br>August                        | Friday 1 <sup>st</sup><br>September                         |
|-----------|--|---|--------------------------------------|--|---|
| Morning   | DEN BUILDING  Cooking: Veggie  Burgers  Craft: Toadstool  Houses | Cooking: Very<br>Berry Cheesecake<br>Clay Faces   | ALL DAY TRIP Leigh Woods             | Craft: Nature<br>Weaving<br>Cooking: Toadstool<br>Cupcakes | Cooking: Woodland<br>Chocolate Cake<br>Craft: Stick Panting |
| Afternoon | Afternoon<br>TRIP<br><br>St Andrews Park                         | Mud Kitchen and Corn flour Gloop  Craft: Spray Paint Leaf Art  Cooking Glamorgan Sausages | For a Forest Adventure!!!            | FIRE BUILDING  +  Cooking Leek and Potato Soup             | WOODLAND BANQUET Face Painting Water Play                   |

#### TANINGUA 8-14 years at 6388 Hut, St Bartholomews Road

| Week 6    | Tuesday 28th          | Wednesday 29 <sup>th</sup> | Thursday 30 <sup>th</sup> |
|-----------|-----------------------|----------------------------|---------------------------|
|           | August                | August                     | August                    |
| Morning   | Morning - Avon Gorge  | Craft – Whittling          | ALL DAY TRIP              |
|           | and Downs Wildlife    | and fire building          | Either Cycle or drive     |
|           | project               | į.                         | to Victoria Park in       |
|           | Picnic next to the    |                            | Bath.                     |
| Afternoon | suspension bridge and | Cooking –                  |                           |
|           | sliding down the rock | Vegetable stew             | Picnic in the park and    |
|           | slide                 | cooked on the fire         | ice creams!               |
|           | MEET AT               |                            | MEET AT                   |
|           | TERRAPIN              |                            | TERRAPIN                  |