

FARO10 Quick Start Guide for Guardians

GETTING STARTED

- 1) Invite observee
- 2) Get approved as Guardian by observee
- 3) Track Mood, Journal and other health indicators of observee for measurement
- 4) Monitor Prescription
- 5) Add & Approve Clinicians

What is the purpose?

These measurements allow you to measure the progress of your observee over time. Even if that person does not participate, your measurements can be used to determine treatment effectiveness, and can be extremely useful to Clinicians when making treatment decisions. You can use this app to track all appointments. Like all information, this becomes available to all Clinicians participating within the CARE TEAM.

We've all been at the Clinic and been asked "How do you think they're doing?", "Do you think the medication is helping?", "Have they gotten any better over the past few weeks?", and many more questions that can be answered by tracking here.

Important Terms:

Observer = you: the person making observations of a child or spouse

Observee = child or spouse: the person being measured

Care Team = Observer, Observee, and any Clinician involved in Treatment

Note: All information provided is available to all of your observee's Clinicians

Contact us today

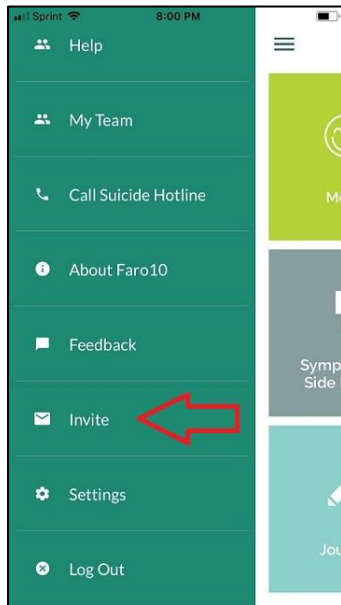
For more information please contact: karen@faro10.com

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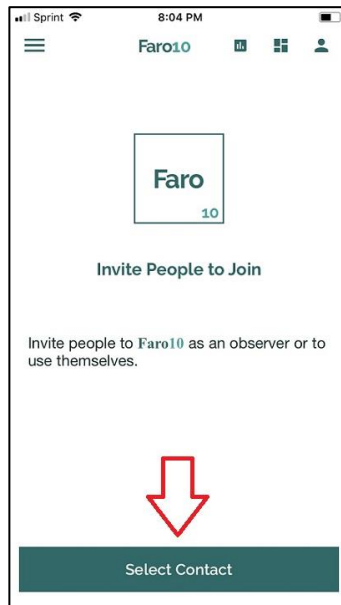
FIRST STEPS

1 | INVITE OBSERVEE

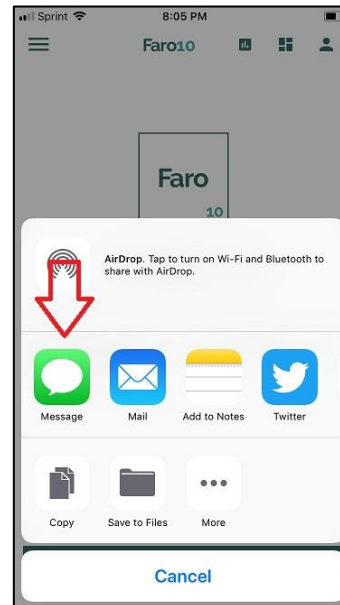
This is your child or spouse that needs your help



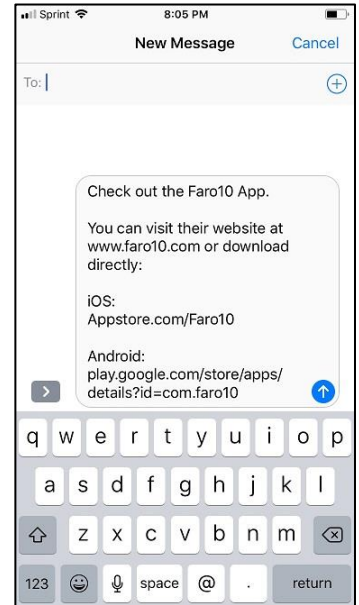
1) Open the Sidebar and select "INVITE"



2) Select Contact



3) Choose "message" to invite by text, or "Mail" for email



4) Now just add your observee and send

NOTE:

- After inviting your observee, help them download and install the Faro10 app
- Once they have created an account, they can add you as an observer

➤ Your observee can use this guide to [get started](#)

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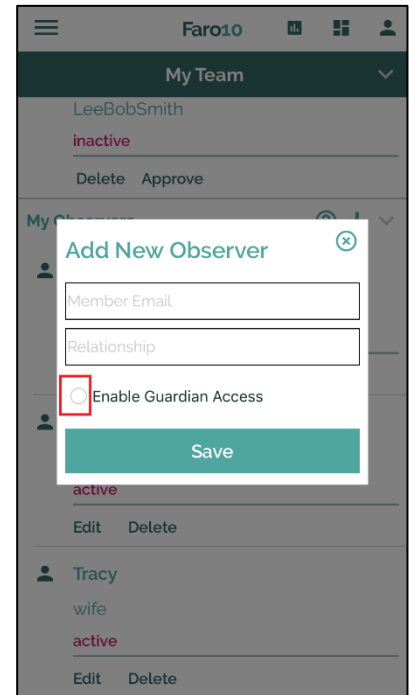
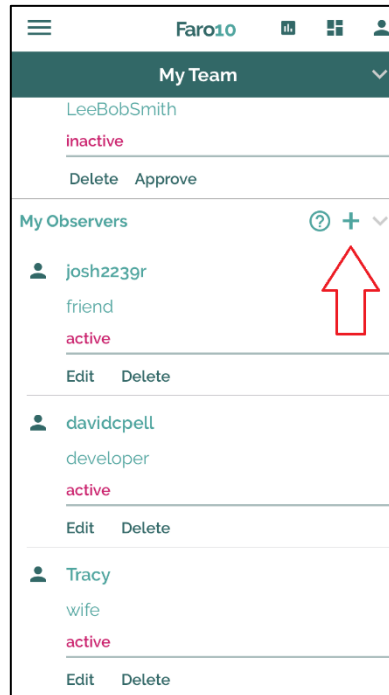
2 | GET APPROVED AS GUARDIAN BY OBSERVEE

IMPORTANT: These steps will be performed by your observee once they log in

1) From the Sidebar, choose the “My Team” selection

2) Enter the EMAIL address this Observer used to create their Faro10 account.

NOTE: Observers and Observees cannot see each other's entries.



3 | TRACK OBSERVEE MOOD AND OTHER INDICATORS

1) From the main dashboard select “OBSERVE” to make mood, symptom, or journal entries for your observee

2) Select the appropriate tile and use sliders

NOTE: You do not have to make entries for every item available, but it is useful.



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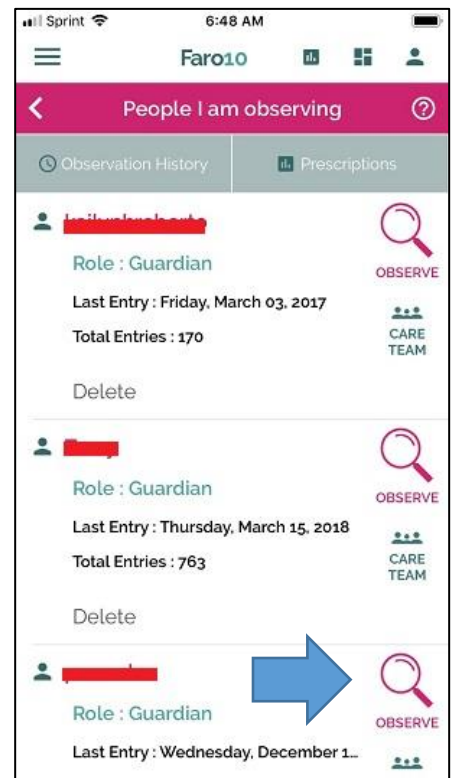
After selecting the “OBSERVE” tile, you will navigate to your observer landing screen.

NOTE: When you first create your account, you will not have any OBSERVEE's listed until they add you. Once that is complete, they will appear here.

From this OBSERVE main screen, you have multiple options:

- View “Last Entry” for each observee. (this is useful to know if they are tracking themselves to provide feedback to their Clinician or for self-measurement)
- Select Magnifying Glass to make observation
- Press Prescriptions to view observee medications and compliance
- Press “CARE TEAM” to see all Clinicians participating in treatment and their contact info

When you are ready to make an observation, press the **MAGNIFYING GLASS** next to the observee.



From here it's simple to adjust the sliders.

(sliding to the right indicates worsening)

Scroll down on this screen to make a journal entry.

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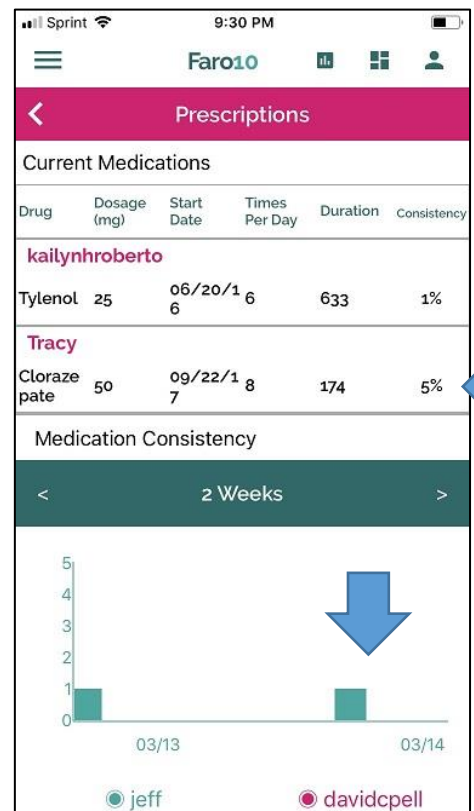
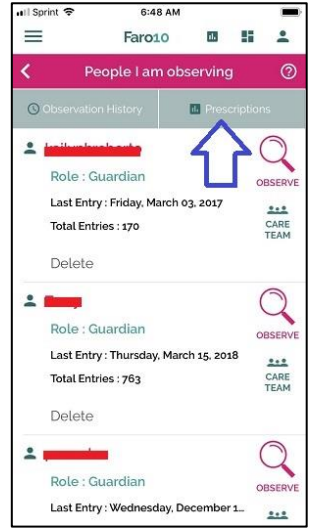
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4 | MONITOR OBSERVEE PRESCRIPTIONS

It can often be a daily confrontation asking a child/teen if they've taken their medication. By allowing them to track it themselves within their mobile app, you empower them to be responsible and gain the ability to avoid that daily confrontation. If you see that they haven't recorded it, then the question can be asked. This not only reduces that friction, but it also motivates your observee to participate more in measurement and journaling, which is incredibly helpful to treatment.

- 1) Press the "Prescriptions" tab at the top.
- 2) The chart at bottom slides from left to right, showing days where observee has recorded that they took their medication
- 3) You can also see the total prescription consistency percentage



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5 | ADD & APPROVE CLINICIANS

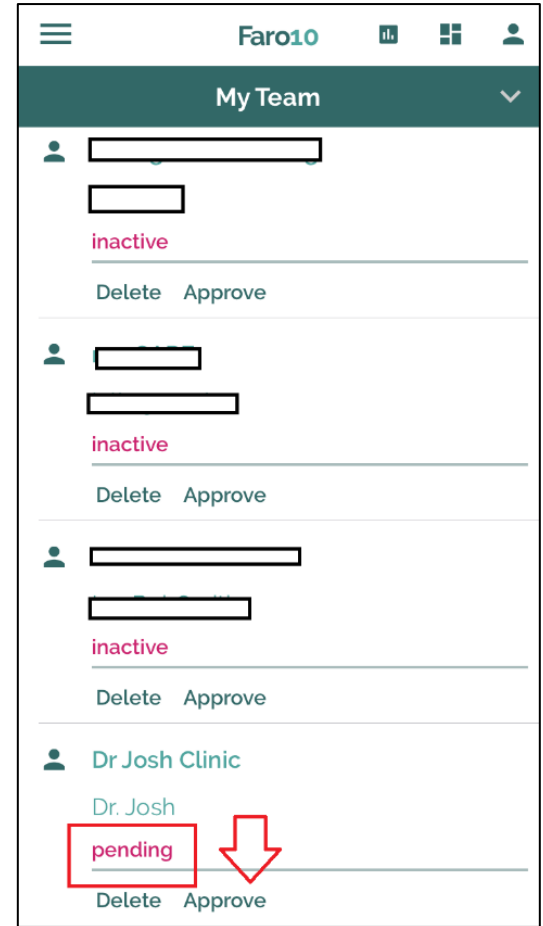
These steps must be accomplished by your OBSERVEE

- 1) From the Sidebar, choose the “My Team” selection
- 2) Within the “My Clinicians” section, search for a Clinician with a “pending” status

NOTE: Clinicians must have a Faro10 Clinician account, and add Observee as a Patient in their Dashboard before they will appear in this list.

- 3) Press the “Approve” link and sign consent form
- 4) The status will then change to “active”
- 5) Once this is complete, Clinicians will then be allowed to view charts, journals and observer entries.

NOTE: Observee can remove this permission at any time by pressing “Delete”. That will change the status to “inactive”.



 **Dr Josh Clinic**

Dr. Josh

active

Delete Approve

THESE INSTRUCTIONS CAN BE PROVIDED TO YOUR CLINICIAN EXPLAINING HOW TO ADD A PATIENT:

[VIEW INSTRUCTIONS](#)

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