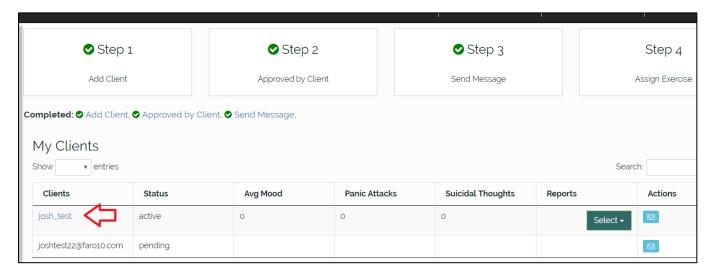
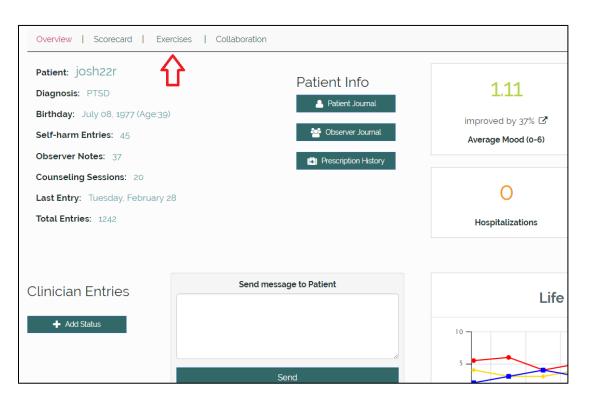


## Assign an exercise to a Client

**Step 1:**Select a Client from your Client list

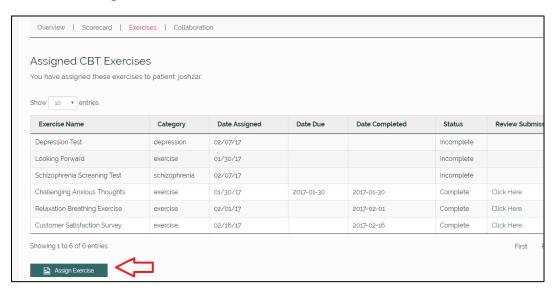


**Step 2:**Navigate to the "Exercises" tools



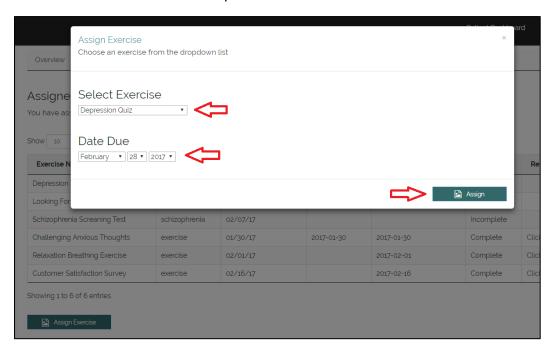
Step 3:

Select the "Assign Exercise" button



## Step 4:

Choose an exercise from the drop-down list and select a "Due Date".



## Step 5:

This exercise is now assigned to the patient and is available for them to complete.

NOTE: Patients must complete exercises using a web-browser. They are not available within the mobile app.