

## Usability Test: **MindfulKnights App**

Fall, 2023

MindfulKnights Team

### **Introduction**

Thank you for agreeing to participate in this usability test for the MindfulKnights app. Our team is eager to observe real users interacting with the app, as this will provide valuable insights to enhance its effectiveness and user experience.

Remember, we're evaluating the app, not you. There's no right or wrong way to use it. We value your honest opinions and encourage you to share your thoughts freely. Your feedback is crucial for identifying and addressing any issues.

During the test, we'll ask you to perform specific tasks while vocalizing your thoughts and reactions. Feel free to ask questions or make comments at any time. Your feedback will be recorded for analysis but will remain confidential. If you wish to stop the test at any point, please let us know.

### **Background Questions**

We understand you're a student familiar with various mobile apps. What led you to try MindfulKnights? Has any specific feature or aspect of the app influenced your decision to use it?

Have you had previous experiences with mindfulness or productivity apps? What are your typical interactions with MindfulKnights?

Before we start, do you have any initial questions or concerns?

### **The Test**

1. First Impressions – Open the MindfulKnights app and share your initial thoughts. Are there any features that immediately catch your attention? Do you find the app's layout and elements intuitive and easy to navigate?

2. Specific Tasks - Depending on our available time, I'll ask you to try some of these tasks:
  - a) Find the drawing page. Describe your experience.
  - b) Share a drawing with a friend, was it easy to use?
  - c) Try out the fidget page, simply try everything, which features relax you the most? Which features could have been better?
  - d) Use the breathing feature, and describe your experience.
  - e) Try the color change page, what do you think of the haptic feedback?
  - f) Find the app usage time under profile, and try to set a time limit for the app, do you think this feature could help you focus better?
  - g) Discover and try out a feature or aspect of the app that particularly interests you.
3. Final Thoughts – Any concluding observations or suggestions? Would you recommend MindfulKnights to others?

## **Thanks**

We greatly appreciate your time and input in helping us enhance the MindfulKnights app. This feedback is vital for our ongoing development and improvement efforts.

We'll share a summary of our findings with you soon, outlining how your input will contribute to future updates. Please note that your individual feedback will remain confidential, and only aggregated data will be shared.