

## Usability Test: **MindfulKnights App**

Fall, 2023

MindfulKnights Team

### **Introduction**

Thank you for agreeing to participate in this usability test for the MindfulKnights app. Our team is eager to observe real users interacting with the app, as this will provide valuable insights to enhance its effectiveness and user experience.

Remember, we're evaluating the app, not you. There's no right or wrong way to use it. We value your honest opinions and encourage you to share your thoughts freely. Your feedback is crucial for identifying and addressing any issues.

During the test, we'll ask you to perform specific tasks while vocalizing your thoughts and reactions. Feel free to ask questions or make comments at any time. Your feedback will be recorded for analysis but will remain confidential. If you wish to stop the test at any point, please let us know.

### **Background Questions**

We understand you're a student familiar with various mobile apps. What led you to try MindfulKnights? Has any specific feature or aspect of the app influenced your decision to use it?

Have you had previous experiences with mindfulness or productivity apps? What are your typical ways to relieve stress?

Before we start, do you have any initial questions or concerns?

### **The Test**

1. First Impressions – Launch the MindfulKnights app. Share your first impressions. What features stand out to you? Is the layout intuitive?

2. Specific Tasks - Depending on our available time, I'll ask you to try some of these tasks:

- a) Navigate to the drawing page. Share your experience while using it.
- b) Attempt to share a drawing with a friend. Was the process straightforward?
- c) Explore the fidget page. Which features do you find relaxing or less effective?
- d) Use the breathing feature. Describe your experience.
- e) Experiment with the color change page. What are your thoughts on the haptic feedback?
- f) Locate the app usage time under the profile section and set a usage limit. Do you find this feature helpful for focusing?
- g) Could see yourself using an app like this to relieve stress?

3. Final Thoughts – Any concluding observations or suggestions? Would you recommend MindfulKnights to others?

## **Thanks**

We greatly appreciate your time and input in helping us enhance the MindfulKnights app. This feedback is vital for our ongoing development and improvement efforts.

We'll share a summary of our findings with you soon, outlining how your input will contribute to future updates. Please note that your individual feedback will remain confidential, and only aggregated data will be shared.