

REVIEW

Emerging hepatitis E virus compared with hepatitis A virus: A new sanitary challenge

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Summary

Hepatitis A (HAV) and E (HEV) viruses are able to cause liver disease in humans. Among the five classical hepatotropic viruses, they are mainly transmitted via the fecal-oral route. Historically, many similarities have thus been described between them according to their incidence and their pathogenicity, especially in countries with poor sanitary conditions. However, recent advances have provided new insights, and the gap is widening between them. Indeed, while HAV infection incidence tends to decrease in developed countries along with public health improvement, HEV is currently considered as an underdiagnosed emerging pathogen. HEV autochthonous infections are increasingly observed and are mainly associated with zoonotic transmissions. Extra hepatic signs resulting in neurological or renal impairments have also been reported for HEV, as well as a chronic carrier state in immunocompromised patients, arguing in favor of differential pathogenesis between those two viruses. Recent molecular tools have allowed studies of viral genome variability and investigation of links between viral plasticity and clinical evolution. The identification of key functional mutations in viral genomes may improve the knowledge of their clinical impact and is analyzed in depth in the present review.

KEYWORDS

clinical relevance, genetic variability, hepatitis A virus, hepatitis E virus

1 | INTRODUCTION

Hepatitis A (HAV) and E (HEV) viruses are major causes of acute viral hepatitis worldwide with an estimate of 30 million associated infections every year.¹⁻³ They have variable incidence worldwide depending on the level of sanitation of countries. Their epidemiology varies also by genotype, some of which may be considered as emerging especially in industrialized countries. For example, HEV was initially described in developing countries, but today, autochthonous

infection rates increase in industrialized countries and are probably underreported.

There are a number of similarities between HAV and HEV, beginning with their discovery. Initially, both were identified and subsequently described based on their common fecal-oral route of transmission during massive outbreaks.⁴ As with other enteric viruses, they are nonenveloped, resulting in highly persistent infective particles conveyed by fecally polluted drinking water or food.

Despite their similarities, differences have to be underlined. One of the most notable is the ability of HEV to cross the species barrier, which is not observed for HAV. The zoonotic nature of HEV was established in the early 1990s with the discovery of a strain in pigs⁵ and transmission to humans.⁶ Elsewhere, atypical clinical

Abbreviations: ESCRT, endosomal sorting complexes required for transport; gt, genotype; Hel, helicase; HVR, hypervariable region; IRES, internal ribosome entry site; Met, methyltransferase; PCP, papain-like cysteine protease; PPR, polyproline region; RdRp, RNA-dependent RNA polymerase; UTR, untranslated region.

manifestations are associated with HEV infection, such as the well-known severe issue in pregnant women,^{4,7} but also chronic liver infections⁸ and extra hepatic manifestations.⁹ Atypical signs are increasingly recognized and are now included in guidelines concerning the diagnosis and the management of HEV infections.¹⁰ Nevertheless, their pathophysiology remains unclear.

A lot has been learned about both viruses over the past two decades, and current data seem to suggest a link between clinical features and viral genome variability.^{11–14} Genomic mutations can influence virulence and lead to the distribution of both viruses within quasispecies. Detailed study of their genetic diversity is needed to increase knowledge about these viruses and to improve patient care. In this review, a comparative analysis between HAV and HEV is undertaken covering structure, epidemiology, modes of transmission, as well as genetic diversity and possible clinical consequences.

2 | VIRAL STRUCTURE

Hepatitis A and E virions both have an icosahedral capsid of 27 to 34-nm diameter containing a single-stranded RNA genome. They have a common ancestral root^{15,16} but distinct evolutionary pathways. They are, respectively, the only member of the *Hepatovirus* (*Picornaviridae* family) and *Orthohepevirus* genera (*Hepeviridae* family), with the latter being divided in four species (*Orthohepevirus* A to D).

HAV contains a 7.5-kb RNA genome (Figure 1) including a single open reading frame (ORF) translated under the control of a type III internal ribosome entry site (IRES) within the 5' untranslated region (UTR).¹⁷ It may be subdivided into three major regions. The 5' proximal region P1 encodes four proteins among which VP1, VP2, and VP3 form the external face of the capsid and VP4 is internal. The middle region P2 contains the 2A, 2B, and 2C genes encoding nonstructural proteins whose functions are not entirely defined.¹⁸ The 2C protein

may have a helicase function¹⁸ while the 2A protein is involved in particle formation.¹⁹ The 3' proximal region P3 encodes four proteins including the 3C proteinase and the 3D RNA-dependent RNA polymerase (RdRp).¹⁸ Only one serotype is defined, but based on VP1, six genotypes (gt) are described. Among them, gt1 to gt3 infect humans while others have a simian tropism.²⁰

HEV has a 7.2-kb RNA genome including three overlapping ORFs²¹ (Figure 1). ORF1 encodes a nonstructural polyprotein subdivided into 7/8 domains including methyltransferase, Y domain, papain-like cysteine protease, hypervariable region containing a polyproline region (HVR/PPR), X domain, helicase, and RdRp.^{22–24} The functions of the Y and X domains remain unknown. The proteins encoded by ORF2 and ORF3 are produced from a bicistronic subgenomic RNA,²³ producing the viral capsid protein and a small phosphoprotein. The latter is essential for virus egress from cells.²⁵ HEV (meaning *Orthohepevirus* A species) are divided within eight genotypes based on the whole genome.

HAV and HEV are shed in feces as naked particles but circulate in the blood as quasi-enveloped virions,²⁶ the removal of the envelope being carried out by the detergent action of bile before the release of virions in the gut.²⁷ The absence of peplomers on their surface distinguishes them from conventional enveloped viruses. Quasi-enveloped viruses are infectious and completely resistant to neutralizing antibodies raising the question of how cell entry occurs in the absence of receptor-binding and membrane fusion activities.²⁶ Infection resulting from blood transmission is however much less common than that of fecal-oral transmission as quasi-enveloped virus attachment to the host cells is less efficient.^{28–30}

The biogenesis of quasi-enveloped viruses is similar to that of exomes involved in mediating cellular communication. Their egress is associated with the endosomal sorting complexes required for transport (ESCRT) which is common in the release of classic enveloped

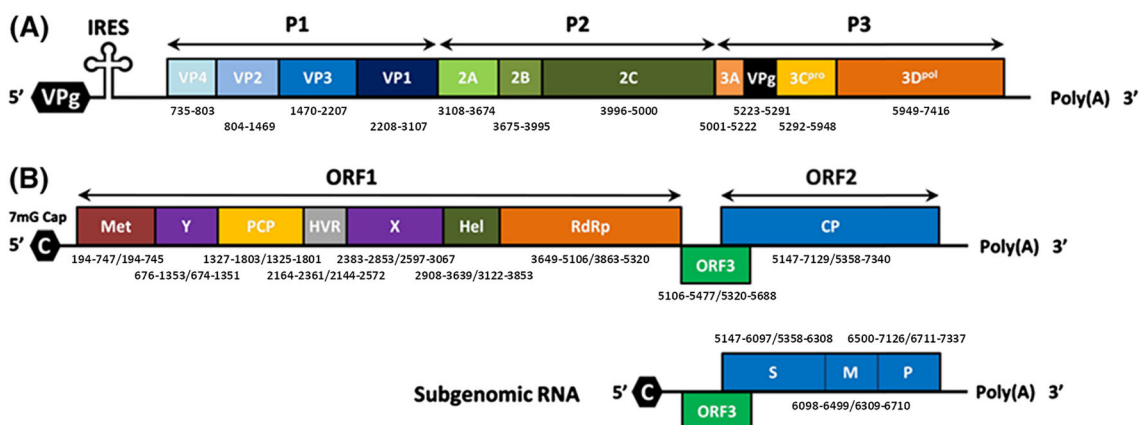


FIGURE 1 Schematic description of the HAV and HEV genomes. A, HAV HM-175 strain, gt1B (Acc. No. M14707). A single ORF under the control of an internal ribosome entry site (IRES) with three regions. P1 encodes VP1 to VP4 capsid proteins. P2 encodes nonstructural 2A to the 2C protein. P3 encodes the 3A protein, VPg (3B), protease (3C), and RNA-dependent RNA polymerase (3D). B, HEV Burmese strain, gt1 (Acc. No. M73218)/HEV 47832 strain, gt3 (Acc. No. KC618402). ORF1 encodes the nonstructural polyprotein, including methyltransferase (Met), Y-domain (Y), papain-like cysteine protease (PCP), hypervariable region (HVR), X-domain (X), helicase (Hel), and RNA-dependent RNA polymerase (RdRp). ORF2 encodes the capsid protein (CP), containing the S domain (S), M domain (M), and P domain (P). ORF3 encodes for a small multifunctional protein. ORF2 is translated from the bicistronic 2-kb subgenomic RNA

viruses. It results in the formation of structures from 50 to 110 nm in diameter containing one to four HAV particles,²⁸ while smaller 40-nm particles containing only one virion are described in the case of HEV.³⁰

Entry of virions is dependent on clathrin-mediated endocytosis, and, unlike naked particles, quasienvoloped HEV requires also Rab5 and Rab7 GTPases involved in endosomal trafficking.²⁹ Endosomal acidification is then responsible for lysis of the envelope, resulting in the interaction of viral capsids and their receptor on the inner leaflet of the endosome.²⁶ At this point, naked particles may be exposed to neutralizing antibodies if present within the same compartment.

Ultimately, HAV and HEV can take advantage of the characteristics of both forms: An envelope cloaking the viral capsid constitutes a strategy for evading the host immune system and, since nonessential for infection, does not limit viral persistence under environmental conditions. Naked particles are indeed particularly stable which promotes their transmission outside the host.

3 | EPIDEMIOLOGY AND DISTRIBUTION OF GENOTYPES

According to public health improvement, the incidence of HAV infections has been steadily decreasing as observed in China (30-fold decline of infections between 1990 and 2014).³¹ The same has been earlier observed in France with a decrease of seroprevalence from 50% to 10% in 20-year-old adults between 1978 and 2000.³² Currently, HAV endemic areas are associated with an anti-HAV IgG prevalence above 50% which corresponds to a large part of Africa as well as some areas of Asia and South America³³ (Figure 2). Vaccination is strongly recommended,³⁴ but nevertheless, HAV is still responsible for 10 million infections worldwide annually among which 1.5 million

are symptomatic and 11 000 deaths are reported.^{35,36} Regarding their distribution, HAV gt1 is the most prevalent, and subtype A is more common than B (Figure 3). HAV gt2 was initially identified in France and Sierra Leone, but its detection is currently rarely reported.³⁷ Finally, HAV gt3 has also a global distribution with subtype A being predominant.^{1,20,37}

Making a comparison with HEV is highly informative. As for HAV, HEV genotypes are irregularly distributed worldwide (Figure 3), but their distribution is directly linked to the mode of transmission. HEV gt1 to gt4 are the major genotypes involved in human pathogenesis. We distinguish countries in which HEV gt1 (Asia and Africa) and gt2 (Mexico and some regions of Africa) are present, specific to humans, and transmitted by water. Sanitation conditions are usually poor, and HAV is highly endemic too. In contrast, when sanitation increases, circulation of human-specific HEV gt1 and gt2 tends to decrease. During Chinese public health improvements characterized by HAV decrease, HEV infections have increased 8-fold and the mortality rates have surpassed those of HAV between 2004 and 2014.³¹ We can assume here that water-transmitted HEV gt1 and gt2 have progressively been replaced by other genotypes more specific to industrialized countries and associated with zoonotic transmission. Among them, HEV gt3 circulates among humans and many animals (eg, swine, rabbit, and deer) and has a worldwide distribution while gt4 circulating between humans and swine is mostly present in Southeastern Asia.³⁸ For the remainder, HEV gt5 and gt6 are specific to animals,^{39,40} and HEV gt7 and gt8 have been identified in camels. Recently, a case of HEV gt7 transmission to a liver transplant recipient has been reported.^{41,42}

Considering all of that, HEV is currently the main cause of acute hepatitis worldwide with 20 million people infected annually.⁴³ Among them, three million cases are symptomatic, and 50 000 to 70 000 deaths are reported.⁴⁴ Unlike HAV, HEV antibody prevalence is more challenging to evaluate due to the absence of a gold

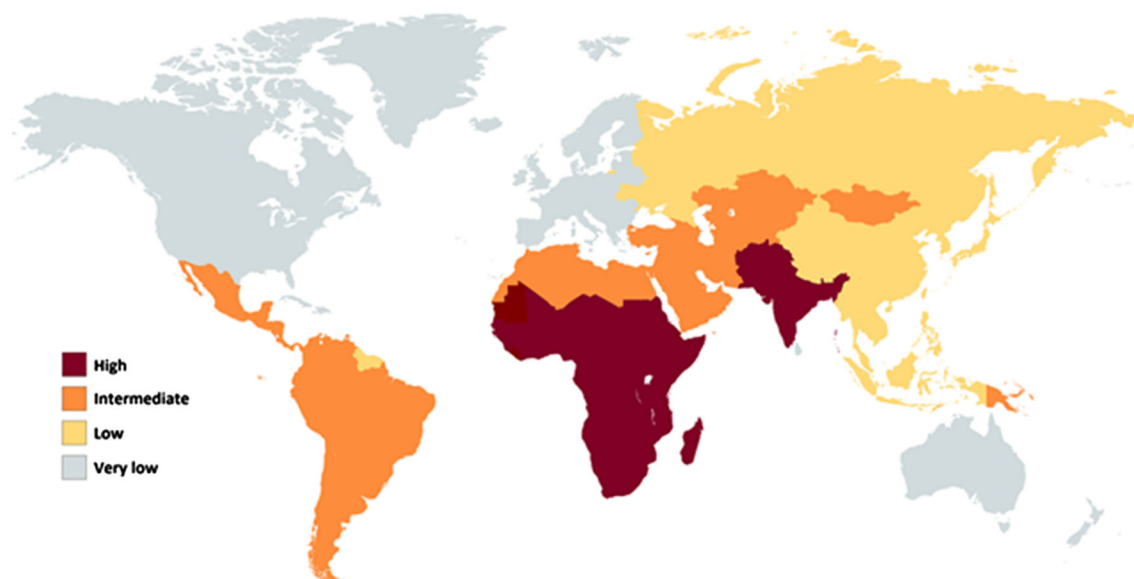


FIGURE 2 Current worldwide prevalence of HAV

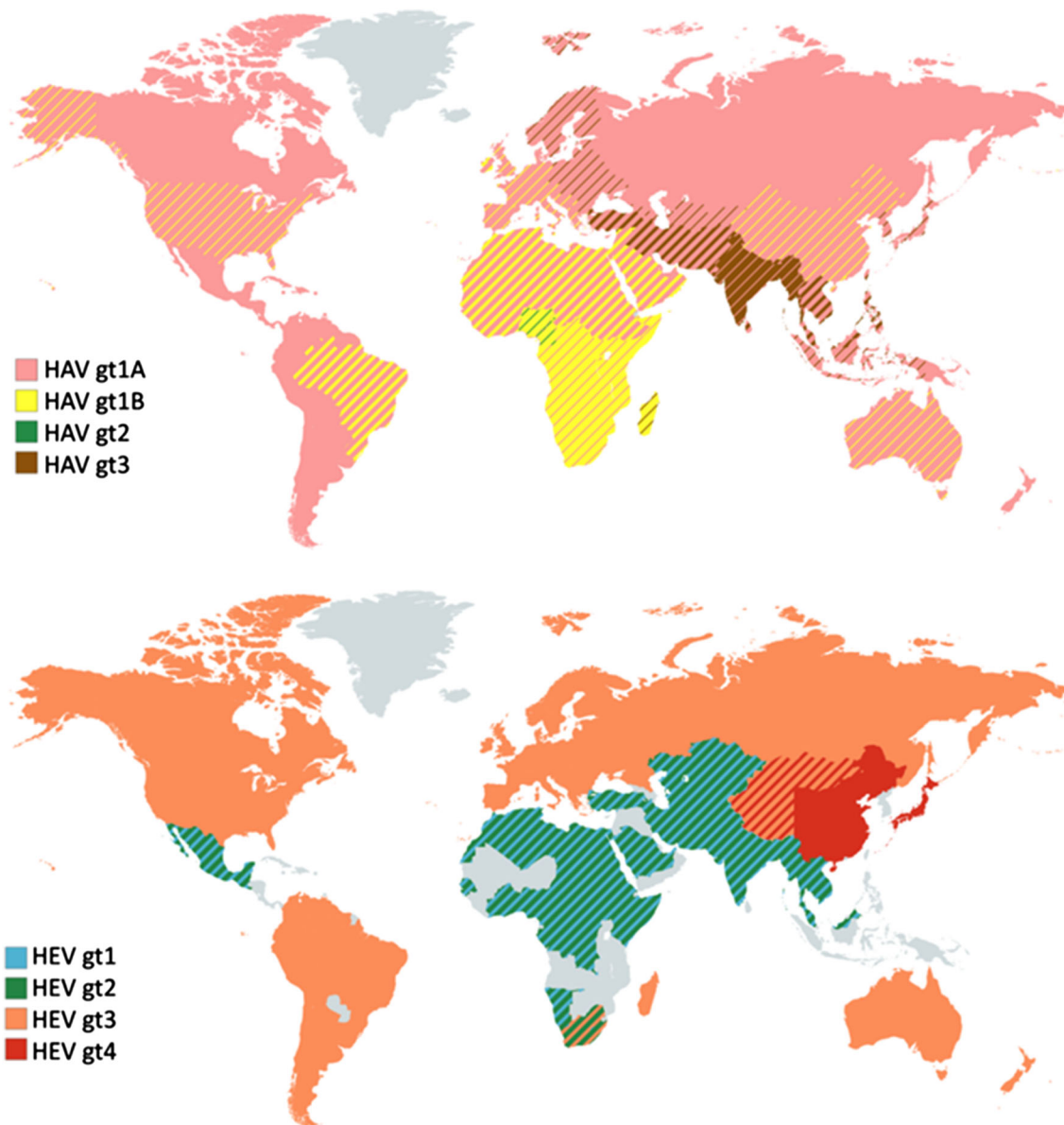


FIGURE 3 Current worldwide distribution of the major HAV and HEV genotypes

standard,⁴⁵⁻⁴⁸ and currently, HEV RNA detection is recommended to complete the diagnosis.^{10,47} In spite of this, HEV seroprevalence is constantly rising, linked at least partially to more frequent research. The number of HEV cases has increased 10-fold in Europe during the last decade,⁴⁹ and seroprevalence is close to 20% to 30% worldwide, including industrialized countries such as France, Germany, and the Netherlands.⁵⁰⁻⁵² Hyperendemic areas are recognized, as observed in Southeastern France with seroprevalence and incidence reaching occasionally 80% and 4.6%, respectively.^{40,50} Insufficient data are available about these hot spots, leaving open the question of HEV transmission and circulation in developed countries. Considering their zoonotic potential, eating pattern is mainly involved, with the example of figatelli highly associated to HEV transmission.⁵³ Finally, we note that vaccination options against HEV are rather limited with only one licensed vaccine being available in China.⁵⁴

4 | TRANSMISSION

HAV and HEV are spread by the fecal-oral route, and their transmission is promoted by the lasting shedding of viruses before, during, and after the symptoms. In developing countries, this transmission is primarily linked to contamination of water due to the difficulty in achieving adequate sanitation. In such countries, young infected children usually present subclinically or asymptotically (especially described for HAV) and may thus act as viral reservoirs.⁵⁵

In developed countries, different modes of transmission have been identified. Sporadic outbreaks may be observed in the adult population, and environmental or alimentary sources are well described. It is worth noting that viruses are the leading cause of foodborne diseases in industrialized countries,⁵⁶ and the role of fecal-borne hepatitis viruses remains of major concern in the light of the severity of the

diseases. HAV and HEV that are excreted by infected people are found in wastewater and surface waters (including irrigation water) and may contaminate food in contact with this water. Both may be detected on the surface of fresh products like leafy greens, soft red fruits, or semidried tomatoes.⁵⁷ They are characterized by a high stability not only towards factors responsible of the inactivation of viruses in the environment (eg, temperature, pH, drying, detergent) but also towards many common food-processing interventions (eg, washing, chlorination, freezing, heat, UV treatment).^{58,59} Their persistence remains however difficult to estimate because of a lack of efficient cell culture systems. They are usually investigated by genome detection which leads to difficulty in interpretation considering the difference of stability in favor of genome compared with viral infectivity.⁶⁰ This phenomenon is recurring in environmental virology,⁶¹ and new approaches (eg, the use capsid integrity markers like propidium monoazide) are proposed to improve the interpretation in the case of genome detection in foodstuff.⁶² In addition to plant-based produce, shellfish are also classically involved in enteric virus transmission to humans, and HAV or HEV are regularly detected.^{57,63} Finally, as already mentioned, transmission in developing countries may arise directly from contaminated waters, either through drinking or during recreational activities.^{40,64}

In contrast to HAV, HEV by crossing species barrier leads to a more complex epidemiology and very specific modes of transmission. Zoonotic transmission represents the major cause of infection in developed countries and is mainly associated with gt3 and gt4, while human-specific gt1 and gt2 are responsible for the infections linked to water observed in developing countries.⁸ Water may however also be contaminated with animal-infected feces and be responsible for the transmission of HEV in developed countries.^{65,66} Primary animal reservoirs usually described are pigs, wild boar, and deer.⁶⁷ The consumption of their meat or derived products when raw or not sufficiently cooked to inactivate the virus represents a true health concern.⁵⁰ HEV is globally widespread among pigs with seroprevalence reaching 90% in farms, and prevalence in some pig products may reach 58%.^{53,68,69} Between 0.5% and 3.8% of pigs are viremic during slaughtering explaining how HEV may enter the food chain.⁶⁷ Other animals like rabbits are also susceptible to transmitting gt3 to humans.⁷⁰ Transmission of HEV gt7 linked to consumption of camel meat and milk has been reported too.⁴¹ An immunocompromised state of the host can undoubtedly contribute to transmission. Zoonotic transmission may also occur from contact with infected animals as observed in swine workers (ie, farmers, butchers, meat processors, retailers, and veterinarians).⁷¹ HEV has also been detected in domestic animals,⁶⁷ and recently, the transmission of a strain belonging to *Ortohepevirus C* was documented from rat to human.⁷²

Other minor modes of transmission are also described for both viruses such as HAV outbreaks reported among men who have sex with men.^{73,74} It is difficult to draw conclusions relating to HEV on this topic as discordant epidemiologic outcomes exist in this population including the risk factor of HIV coinfection.^{75,76} Intravenous drug users are also a population exposed to HAV infection, rather associated with poor sanitary conditions and lifestyle since HAV is not

considered as a predominately blood-borne pathogen.⁷⁷ The viremia observed during infection cannot however exclude this mode of transmission,³⁷ and the same can be said for HEV. Transmission by blood transfusion as well as organ donation has been reported for HEV, possibly resulting from an extended asymptomatic viremic period.^{50,78} This highlights the major risk of infection facing immunocompromised patients who represent a large proportion of recipients.

HEV transmission during pregnancy is well described considering the high risk of mortality for both the fetus and mothers.⁷⁹ It is mainly associated with gt1 and gt2 and thus rarely reported in developed countries. However, it remains unclear whether this phenomenon results from the specificity of gt1 and gt2 strains or from an observation bias linked to their geographical distribution, host genetic susceptibility possibly being a contributing factor.^{80,81} Concerning HAV, vertical transmission has also been reported before or at delivery.^{82,83} The risk of perinatal transmission is however low given the widespread global distribution of HAV and the limited severe outcome observed.

5 | CLINICAL EXPRESSION

HEV differs from HAV by the fact that its infectivity is lower. In most cases, both viruses cause asymptomatic infections after an incubation time ranging between 14 and 28 days and 21 and 56 days for HAV and HEV, respectively. If symptomatic, acute hepatitis begins with a short prodromal phase followed by liver-specific signs including jaundice, pruritus, clay-colored stools, and darkened urine. Serum transaminase levels peak approximately 6 weeks after exposure.

Hepatocyte cytolysis is immune-mediated and involves innate and adaptive responses against viruses. It should be noted that during replication, both viruses inhibit interferon expression, through the putative domain X and PCP antagonist activity for HEV and through the 3CD protease-polymerase precursor for HAV.^{84,85} Infections are usually self-limiting, but complications may occur such as fulminant hepatitis. Their incidence is associated with patient age and preexisting liver diseases or comorbidities such as chronic alcoholism, cirrhosis, or immunosuppression. HEV case fatality rate is under 0.1% in healthy patients, but may increase to 25% in pregnant women, especially in the case of infection during the third trimester.⁷⁹ The reason for this is not well established, but the high estrogen level during pregnancy is suspected.⁸⁶ The excess of mortality is mainly reported for HEV gt1 and gt2,⁷⁸ even though there have been a few cases involving gt3 and gt4.⁷⁹ More efficient replication of gt1 in placenta has been observed and is associated with a decrease of interferon production and higher tissue damage.⁸⁷

In addition, HEV differs from HAV in the way that a chronic carrier state can develop, for now exclusively observed in immunocompromised patients. Chronic HEV infections were first observed in 2008 among kidney and liver transplant recipients⁸⁸ and are defined by the presence of RNA in the blood or feces for more than 3 months. Persistent infections have since been described in other solid organ transplant recipients,^{89,90} in patients undergoing chemotherapy⁹¹ or in

HIV-infected patients.⁹² Usually, ribavirin therapy is the treatment of choice.^{88,90} Infection of transplant recipients results in chronic infection for two-thirds out of them, of which one-third are symptomatic and 5% to 10% will progress to cirrhosis.^{88,90} The progression is rapid when compared with typical viruses involved in chronic hepatitis, with cirrhosis occurring as early as 2 years postinfection.⁸ Almost all cases of chronic infection were observed with HEV gt3, but rare persistent gt4 infections have been reported.⁹³ Recently, a case of chronic HEV gt7 infection has been mentioned,⁴¹ as well as a chronic infection linked to a strain originating from rats (*Orthohepevirus C*).⁷² Such persistent infections have yet to be recognized with HAV, even in immunocompromised individuals coinfecting with HIV. Although relapse may be observed in 5% to 10% of acute HAV cases, ultimately, the virus is always cleared.^{94,95}

Finally, HEV is associated with extra hepatic manifestations occurring both in the case of acute or chronic infection. Neurological disorders are the most common (eg, meningoencephalitis, neuromyopathy, Guillain-Barré, and Parsonage-Turner syndromes), occurring in 6% to 8% of infections and related to HEV presence in cerebrospinal fluid.^{9,96-98} Impaired kidney function has been also reported (eg, membranoproliferative or membranous glomerulonephritis, IgA nephropathy), and the evidence for an association with HEV is supported by the detection of HEV in urine and kidney.^{9,99} The link between HEV and hematologic disorders, myositis, arthritis, thyroiditis, myocarditis, or pancreatitis is also suggested, even though a direct link has not been demonstrated.^{9,100-103}

Kidney injuries have also been described during acute HAV infections.^{95,104,105} However, no evidence of the presence of virus has been demonstrated in kidneys, and damage would likely result as an indirect complication.¹⁰⁴ On the other hand, the detection of HAV in organs other than the liver has been occasionally reported, but no inflammation has been observed.¹⁰⁶

6 | HEV AND HAV GENETIC VARIABILITY AND BIOCLINICAL CONSEQUENCES

Genetic variability has important influence regarding the expression of infections. Variability is observed on a large scale among genotypes but may also involve specific positions within a genome. Diversity observed in the *Hepevirus* family exceeds that of the *Hepatovirus* family.³⁶ Moreover, human HEV gt1 and gt2 are relatively conserved compared with gt3 and gt4 which present a broader spectrum of hosts.¹⁰⁷

Concerning HEV variability among genotypes, only gt1 and gt2 are associated with epidemic spread in developing countries despite the presence of the others.¹⁰⁸ The reason has yet to be established, as with the association between gt3 and chronic infections or extra hepatic manifestations. Infections resulting from gt3 and gt4 are generally less severe than those resulting from gt1 and gt2 which are furthermore associated with severity in pregnancy. Among gt3 (the most prevalent within developed countries), infections with subtypes 3e,

3f, and 3g are associated with a higher virus load and more severe clinical presentations.¹⁰⁸

In relation to HAV, the clinical differences between subgroups are poorly described. Gt3A strains seem to cause higher liver damage compared with gt1A¹⁰⁹ although an association between a fulminant hepatitis and a HAV gt1A strain was observed in Japan.¹¹⁰ This last case may however result from the patient's age (42 years old), which may constitute a risk factor.

6.1 | HAV genome variability

A mutation rate close to 10^{-4} substitutions/site/year is estimated for the HAV genome.¹⁰⁸ The 5' UTR region containing the IRES is the most impacted by nucleic acid substitutions which subsequent modulate pathogenicity. Fujiwara et al reported substitutions associated with severe or fulminant hepatitis (especially between nucleotides 200 and 500).¹¹¹ G324A and C372G/T have been associated with mild hepatitis while U164C, U255C, and U278C can lead to an increased stability of the IRES and a concomitant reduction of its activity in benign cases.^{11,12} However, Ajmera et al allude to the absence of specific substitutions associated with acute liver failure among gt1A.¹¹² Concerning gt1B, a greater number of nucleic acid substitutions have been noted among variants involved in acute failure. Other mutations associated with cell culture adaptation or attenuation have also been identified (A161G, U214del, A598G, G653A, C676U, and A694G), but their clinical significance remains unknown.^{12,113}

Regarding the coding region, no significant variation in disease severity was observed in the VP1-P2B region.¹¹² In HAV gt1A, Fujiwara et al suggest that numerous mutations in the central part of 2B could be associated with fulminant hepatitis.¹³ Substitutions in the VP1 (K/R29E, R91S), VP3 (Y50H), and VP4 (K/R5S) have been related to a long-lasting viremia and the occurrence of neurological complications (Guillain-Barré syndrome) in a patient infected with HAV gt3A.¹¹⁴

Finally and despite the high degree of conservation of the capsid, mutations leading to the emergence of variants resistant to the protective effect of vaccines have been suggested (V1166G, W1170C, V1171A, Y1181S, A1187P, R1189T, A1280V).¹¹⁵ Considering their low fitness, they would rapidly be outcompeted by wild type, and their selection would only result in a considerable amount of viruses ingested by patients showing low IgG levels.

6.2 | HEV genome variability

A mutation rate close to 10^{-3} substitutions/site/year is estimated for HEV genome,¹¹⁶ and more data are available regarding mutations and their clinical relevance compared with HAV^{14,117} (Table 1).

Among ORF1, F179S, A317T, T735I, L1110F, and V1120I have been associated with fulminant hepatic failure,¹¹⁹ V27A and D29N have been identified in patients with acute liver failure and higher viremia while H105R was related to a low viral loads.¹¹⁸ Elsewhere, some silent mutations were also associated with fulminant hepatitis

TABLE 1 HEV mutations associated with human clinical relevance (adapted from van Tong et al¹⁴ and Ikram et al¹¹⁷)

Nucleotide Substitution	Amino Acid Change	Genotype	Domain/Region	Clinical Manifestation	Reference
T107C	V27A	HEV gt1	Met/ORF1	ALF	Borkakoti et al ¹¹⁸
G115A	D29N	HEV gt1	Met/ORF1	ALF	Borkakoti et al ¹¹⁸
A341G	H105R	HEV gt1	Met/ORF1	ALF	Borkakoti et al ¹¹⁸
T563C	F179S	HEV gt1	Met/ORF1	FH	Mishra et al ¹¹⁹
G977A	A317T	HEV gt1	Y/ORF1	FH	Mishra et al ¹¹⁹
C2232T	T735I	HEV gt1	HVR/ORF1	FH	Mishra et al ¹¹⁹
75 to 186 nt insertion	No	HEV gt3	HVR/ORF1	CH	Lhomme et al ¹²⁰
186 nt insertion	No	HEV gt3	HVR/ORF1	CH	Johne et al ¹²¹
171 nt insertion	No	HEV gt3	HVR/ORF1	CH	Shukla et al ¹²²
174 nt insertion	No	HEV gt3	HVR/ORF1	CH	Shukla et al ¹²²
117 nt insertion	No	HEV gt3	HVR/ORF1	CH	Nguyen et al ¹²³
282 nt insertion	No	HEV gt3	HVR/ORF1	RTF	Debing et al ¹²⁴
V1213A	V239A	HEV gt3	Hel/ORF1	ALF	Takahashi et al ¹²⁵
C1816	No	HEV gt4	?/ORF1	FH	Inoue et al ¹²⁶
U3148	No	HEV gt4	Hel/ORF1	FH	Inoue et al ^{126,127}
T3355C	L1110F	HEV gt1	Hel/ORF1	FH	Mishra et al ¹¹⁹
G3386A	V1120I	HEV gt1	Hel/ORF1	FH	Mishra et al ¹¹⁹
n/a	Y1320H	HEV gt3	RdRp/ORF1	RTF	Debing et al ¹²⁴
n/a	K1383N	HEV gt3	RdRp/ORF1	RTF	Debing et al ¹²⁴
n/a	D1384G	HEV gt3	RdRp/ORF1	RTF	Todt et al ¹²⁸
n/a	K1398R	HEV gt3	RdRp/ORF1	RTF	Todt et al ¹²⁸
T4344A	F1439Y	HEV gt1	RdRp/ORF1	FH	Mishra et al ¹¹⁹
n/a	V1479I	HEV gt3	RdRp/ORF1	RTF	Todt et al ¹²⁸
C4476G	C1483W	HEV gt1	RdRp/ORF1	FH	Borkakoti et al ¹²⁹
A4616C	N1530T	HEV gt1	RdRp/ORF1	FH	Borkakoti ¹²⁹
n/a	Y1587F	HEV gt3	RdRp/ORF1	RTF	Todt et al ¹²⁸
n/a	G1634R/K	HEV gt3	RdRp/ORF1	RTF	Debing et al, ^{124,130}
C5907	No	HEV gt4	ORF2	FH	Inoue et al ¹²⁷
C5927T	n/a	HEV gt1	ORF2	FH	Borkakoti et al ¹³¹
C5933T	n/a	HEV gt1	ORF2	FH	Borkakoti et al ¹³¹
T6014C	n/a	HEV gt1	ORF2	FH	Borkakoti et al ¹³¹
C6032T	n/a	HEV gt1	ORF2	FH	Borkakoti et al ¹³¹
G6098A	n/a	HEV gt1	ORF2	FH	Borkakoti et al ¹³¹
C6104T	n/a	HEV gt1	ORF2	FH	Borkakoti et al ¹³¹
n/a	P259S	HEV gt1	ORF2	FH	Borkakoti et al ¹³¹

Abbreviations: n/a, not available; ALF, acute liver failure; CH, chronic hepatitis; FH, fulminant hepatitis; RTF, ribavirin treatment failure.

(eg, U3148 for which an additive effect was observed with the silent mutation C5907 located in ORF2).^{126,127} The authors concluded that the genome secondary structure may be favorable for translation of the viral proteins. Such observations have allowed definition of a hot spot region in ORF1 meaning HVR/PPR, Hel, and RdRp domains^{14,23}. Insertions within the HVR/PPR domain may result in chronic hepatitis or ribavirin treatment failure. One of the most relevant insertions was observed in the HEV strain Kernow-C1 isolated from a HIV coinfecting patient suffering from a chronic HEV-related infection. This strain

contains an insertion of a 174-nt gene fragment of human ribosomal protein S17 allowing it to replicate 500 times more effectively in cell culture systems.¹³² In the same way, a 282-nt insertion (ie, duplicated fragment from the HVR and a RdRp-derived fragment) coupled to A173V has been associated with increased viral replication and ribavirin treatment failure.¹²⁴ Concerning the Hel domain, V239A has been associated with increased virulence¹²⁵ while L1110F and V1120I were linked to fulminant hepatic failure.¹³³ Concerning the RdRp domain, F1439Y, C1483W, and N1530T have been associated with

acute liver failure and high mortality^{119,129} while Y1320H, K1383N, D1384G, K1398R, V1479I, Y1587F, and G1634R/K have been linked to ribavirin treatment failure.^{124,128,130} In contrast, K1383N is associated with an in vitro decreased replication rate and an increase in ribavirin sensitivity, suggesting a multifactorial mechanism.¹²⁴

Mutations in the ORF2 region, encoding the capsid protein, may have important consequences on virus stability, immune escape, clinical evolution, and also on vaccine efficiency. Synonymous C5927T, C5933T, T6014C, C6032T, G6098A, and C6104T and non-synonymous P259S have been associated with fulminant liver failure.¹³¹

Mutations in ORF3 may also have significant impact because of its interaction with the “membrane” of quasienvoloped virions. No clinical mutation has yet been reported while modifications in the two conserved PSAP motifs were associated with a decrease in virus egress.¹³⁴ It should be noted that the ORF2/ORF3 overlapping is of special interest because mutations may influence the two functions of both proteins. It is thus also considered as a hot spot,^{14,128} quite conserved in some portions allowing the design of universal primers¹³⁵ but which might rapidly evolve in other segments.

Finally, it is important to note that little is known concerning the impact of mutation on the efficiency of HEV vaccine. Current research is focused on their efficiency against all genotypes since the commercial Chinese vaccine was derived from a gt1 recombinant protein and has only been tested in a very low endemic area mainly affected by gt4.⁵⁴ The use of envelope-associated ORF3 protein as a target for viral neutralization has also been investigated.¹³⁶

6.3 | Viral quasispecies

Quasispecies relate to intrahost viral genetic heterogeneity linked to a lack of RdRp proofreading activity and the absence of postreplication nucleic acid repair mechanisms.¹³⁷ This means that HAV and HEV both circulate in infected individuals as a pool of genetically distinct but closely related variants.^{8,138} Thus, amino acid modifications discussed above may affect only a minority, and a positive selection pressure may be involved. If little is known concerning HAV, important facts have been described regarding HEV quasispecies. For example, a correlation between HEV quasispecies heterogeneity (ie, M and P domains of ORF2 as well as HVR/PPR domain) and the development of chronic HEV infection in solid organ transplant recipients was reported.^{139,140}

Moreover, the emergence of variants associated with resistance (eg, G1634R/K, Y1320H, K1383N) has been observed in the case of ribavirin administration, leading to a nonsustained virological response.^{128,130,141} Interestingly, a second long-term treatment usually appears effective despite resistant viral variants.

Finally, quasispecies heterogeneity may also impact viral tropism. Kamar et al described a genetically distinct HEV variant in cerebrospinal fluid from a patient with neurological symptoms suggesting a functional compartmentalization.⁹⁸

7 | CONCLUSIONS

Historically, epidemic jaundice has often been attributed to HAV, masking the true incidence of HEV. However, recent data suggest a strong involvement of both viruses. The scientific community has often grouped HAV and HEV together; however, recent advances have provided new insights, and the gap is widening. HEV is currently considered as an emerging pathogen, associated with common autochthonous infections in developed countries, and serious cases are reported while HAV incidence is usually low. The virological diagnosis of both viruses is essential, and after the serological window period, the detection of antibodies is an efficient method to identify HAV infection.¹⁴² HEV diagnosis is more troublesome, and genome detection is widely recommended to confirm HEV-related infections.¹⁰

If host genetic polymorphism can impact the clinical outcome,^{80,81} viral genetic diversity may also interfere. The occurrence of viral mutations has two important consequences: (1) the selection of viral variants during evolution leading to the diversification of geographical genotypes and (2) the distribution within a quasispecies for a single infected individual.¹⁴³ This should be considered when discussing vaccine development or diagnostic tools, especially in the case of severe or atypical symptoms linked to HEV infections. It is also important to keep in mind when tracking viruses in the environment since a possible association between molecular signatures and transmission route has been suggested.^{66,125,144} These recent discoveries have changed our mind and lead to new questions. Despite the existence of a quasispecies in infected individuals and the potential contribution of HEV variants to pathogenesis, the use of next-generation sequencing is currently poorly investigated and has yet to be developed to investigate minor variants.^{124,128,141} The HEV genome hot spot regions are identified (ie, Hel, HVR, and RdRp of ORF1, M, and P domain of ORF2 and ORF2/ORF3 overlap), and next-generation sequencing should be considered for possible biological markers helping to predict progression of disease.

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CONFLICT OF INTEREST

The authors have no competing interest.

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