

GCSE SCIENCE REVISION GUIDE



FOR AQA
COMBINED AND
SEPARATE





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Revision

Techniques

Check out my revision technique playlist:

<https://www.youtube.com/playlist?list=PL7O6CcKg0HaEAmHG0SbleDHfdJOQvUcnM>

- Why do you need to revise effectively? Revision techniques #1
- When should I start revising? Revision Techniques #2
- How to find your motivation and stay motivated. Revision Techniques #3
- 5 easy and effective ways to revise and study. Revision Techniques #4
- Flashcards. Revision Techniques #5
- Using past exam papers to study. Revision Techniques #6
- Colour - The easiest way to make study interesting. Revision Techniques #7
- How to revise for the new specification maths exams. Revision Techniques #8
- How to fill MASSIVE gaps in your knowledge. Revision Techniques #9
- How to best use your revision guide. Revision Techniques #10
- How best to use your revision guide, part 2. Revision techniques #11
- The easiest way to improve your grades, which you're going to hate!! Revision Techniques #12
- Study timetable. Revision techniques #13
- Study Timetable - Plan with Me. Revision Techniques #13
- Another easy way to improve your grades, which you're going to hate!! Revision Techniques #14
- Study Space. Revision Techniques #15

Still not convinced? Here are some more links to help you.

The science of revision: nine ways pupils can revise for exams more effectively.

The Guardian. Bradley Busch Psychologist @Inner_drive Tuesday 19 April 2016

Ditch the highlighter and teach a friend. Psychology shows us a lot about how to improve our memory and avoid distractions – here are some dos and don'ts

https://www.theguardian.com/teacher-network/2016/apr/19/students-revise-exams-revision-science?CMP=share_btn_tw



Timetable

Planning Tips

1. Write your timetable in pencil (or make a version on the computer), so you can change things around if necessary.
2. Start by thinking about what activities you can't miss (dinner, clubs or TV programs) and put these into your timetable.
3. Plan in when you need to do your homework to get it in on time
4. On top of your homework time, aim for a minimum of 2 extra hours on a weekday and 4 hours each day over the weekend.
5. Plan to revise for 1 hour per subject each week (this is in addition to homework) fill in the table below to help you work out how much time you need to spend on revision
6. Fill in the timetable spreading out the subjects (e.g., don't do a whole day of Maths, do a bit each day) put contrasting subjects next to each other, to give your brain a break (e.g., English and Physics)
7. Stick to the timetable; it will help ensure you cover each subject and spread out your revision.

Subject	Group	Priority	Number of hours each week
Maths	Core	High (+2 hours)	
English Language	Core	High (+2 hours)	
English Literature	Core	High (+2 hours)	
	A-level choice	High (+2 hours)	
	A-level choice	High (+2 hours)	
	A-level choice	High (+2 hours)	
	A-level choice	High (+2 hours)	
	Subject I struggle with	Medium (+1 hour)	
	Subject I struggle with	Medium (+1 hour)	
	Subject I struggle with	Medium (+1 hour)	
	Subject I struggle with	Medium (+1 hour)	



Weekday

Time	Monday	Tuesday	Wednesday	Thursday	Friday
4.00 - 4.25					
5-minute break					
4.30 - 4.55					
5-minute break					
5.00 - 5.25					
5-minute break					
5.30 - 5.55					
5-minute break					
6.00 - 6.25					
5-minute break					
6.30 - 6.55					
5-minute break					
7.00 - 7.25					
5-minute break					
7.30 - 7.55					
5-minute break					
8.00 - 8.25					
5-minute break					
8.30 - 9.00					



Weekend

Time	Saturday	Time	Sunday
5-minute break			
5-minute break			
5-minute break			
5-minute break			
5-minute break			
5-minute break			
5-minute break			



Exam command words

Command words are words in exam questions that give you clues on what the examiners are looking for.

Depending on the command word, your answer to a question will be very different.

There are four main ones you'll come across; give, describe, explain and evaluate.

Give what is in the picture.

For this answer, you simply need to state using one or two words what is in the picture

A dress



Describe what is in the picture.

For this answer, you need to tell the examiners what it looks like or recall an event or process

An orange halter neck dress with a pale band around the waist.

Explain what is in the picture.

For this answer, you need to give reasons why something is the way it is

The dress is a summer dress, so it has a halter neck, it is from the 1950s and shows the style at the time.

Evaluate what is in the picture.

Here you need to give good points, bad points, your opinion and justify your opinion

- This dress is good because it is made from a light fabric so will be cool in summer
- This dress is bad because the colour is too bright
- Overall, I think this is a good dress...
- ... because it is well suited to the purpose of being a summer dress.



Glossary of exam command words

Calculate/ Determine: use maths to work out the answer

Choose: circle the answer from the selection

Compare: what the similarities and differences are

Complete: fill in the gaps - pay attention to any given words, some may be used more than once some not at all

Define: what does the word mean?

Describe: what it looks like, or recall an event or process

Design: Plan something

Draw: a scientific diagram, not an arty sketch

Estimate: give a sensible guess

Evaluate: give good points, bad points your option and justify your opinion

Explain: give reasons why something is the way it is

Give/Name: a short answer

Identify/Label: name a part

Justify: give an answer and support it with a reason

Measure: you might need to get your ruler out for this one

Plan: write a method, don't forget your variables, controls and risk assessment

Plot: mark points on a graph using an x

Predict/suggest: what do you think is going to happen, you may need to use information from the question and knowledge from class

Show: give evidence and come to a conclusion

Sketch: a rough drawing, a graph doesn't always need number labels on the axis, but it must be an accurate representation



How to answer 6-mark questions

1. Identify the command word; this tells you what the examiners are looking for. This is generally described, explain or evaluate.
2. Go back over the question and use different colour highlighter pens to pick out key bits of information.
3. Plan the structure of your question. Table, paragraphs, diagram.
4. Write your answer.
5. Check your answer fully answers the question, make sure is it balanced and cover all the points asked for in the question.
6. Check your spelling, punctuation, and grammar.



Exam content

All papers

- Contains multiple choice questions, structured questions, closed short answers questions and open long response questions
- 15% based on required practical's
- Maths requirement vary by subject - 10% of the marks in biology, 20% of the marks in chemistry and 30% of the marks in physics.

Separate Science

- 6 papers (2 biology, 2 chemistry and 2 physics, leading to 3 separate GCSEs)
- Each 1 hour 45 minutes
- Each paper is worth 50% of the GCSE
- 100 marks on each paper

Combined Science – Trilogy

- 6 papers (2 biology, 2 chemistry and 2 physics)
- Each 1 hour 15 minutes
- Each paper is worth 16.7% of the GCSE
- 70 marks on each paper

Combined Science – Synergy

- 4 papers – 2 on life and environmental science and 2 on physical science
- Each 1 hour 45 minutes
- Each paper is worth 25% of the GCSE
- 100 marks on each paper



Maths Skills for Science Students

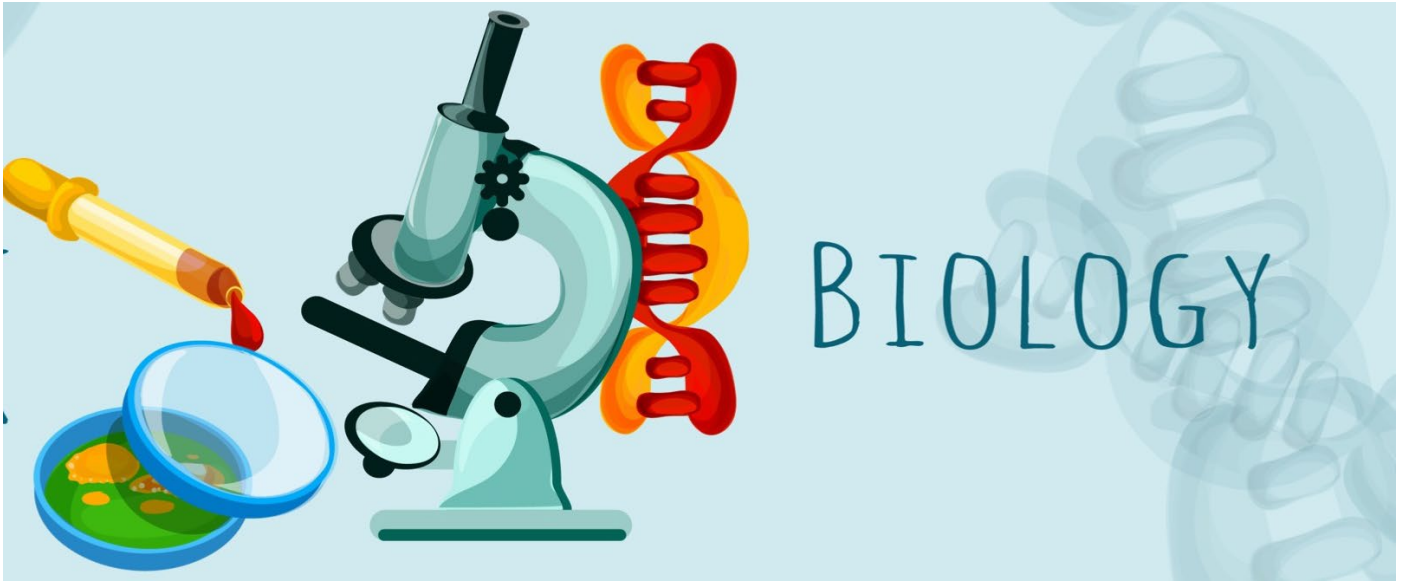
Maths pops up in every exam; roughly 10% of the marks in biology, 20% of the marks in chemistry and 30% of the marks in physics will be based on maths skills.

A workbook containing some of the maths skills you'll need is available from my website or from here <https://youtu.be/LKPK6fZS1IQ>

Specification statement	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
These are the bits the exam board wants you to know, make sure you can do all of these...			
I can rearrange equations https://youtu.be/mcnBaroQi_Q	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can solve algebraic expressions https://www.youtube.com/watch?v=h7i_qwLL7s8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can give numbers to a set number of significant figures https://youtu.be/LKPK6fZS1IQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can write numbers in standard form https://youtu.be/LKPK6fZS1IQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use ratios, fractions and percentage	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate a mean and understand what to do with anomalous results https://youtu.be/LKPK6fZS1IQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use the symbols <, <<, >>, >, α, ~ https://www.youtube.com/watch?v=say5ZNVX-YY	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can find the y intercept from $y=mx+c$ https://youtu.be/IoWlpxwqH34	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can determine the gradient of a graph from the graph or from $y=mx+c$ https://youtu.be/IoWlpxwqH34	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw a tangent on a graph and determine the gradient https://youtu.be/qyC_qxYrz7Q	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can measure angles https://youtu.be/zQULCHObXQQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the area of a triangle https://www.youtube.com/watch?v=KaiuGaOGckc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the area of a rectangle https://www.youtube.com/watch?v=27AhC9Kmckk	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can calculate surface area of a cuboid https://www.youtube.com/watch?v=BVm-bXQVtwo	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate volume of a cuboid https://youtu.be/Wct9Pw8-j9k	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate probability https://www.youtube.com/watch?v=OszY6D8urvQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw and interpret frequency plots, and histograms https://www.youtube.com/watch?v=QV8rECK7Zdo	😊 😐 😞	😊 😐 😞	😊 😐 😞



Five most common mistakes in a biology exam

1. Not referring to the graphs - if the exam question asks about a graph, make sure you refer to it in your answer. Most marks can be picked up by clearly talking about the graph
2. Ignoring the patterns and relationships – if there is a link between two things then tell the examiner about it, this is probably what they are looking for
3. Describe or explain – getting these two words confused is a common mistake in all exams but it happens more in biology than any other subject. Make sure you know what the difference is
4. Skipping levels – don't just focus on what is at the top and the bottom, remember all those important bits in-between
5. Forgetting the practical workloads of marks can be picked up by talking about the practical's you have done in class.
Clearly state all the details and risks





Topic Guide

Topic	First review	Second review	Third review
1 – Cell biology			
2 – Organisation			
3 – Infection and response			
4 – Bioenergetics			
5 – Homeostasis and response			
6 – Inheritance, variation and evolution			
7 – Ecology			

Topic	Quick fire questions	Whole topic summary
1 – Cell biology	https://youtu.be/E9ZiTAaRC-E	https://youtu.be/sdpmVQooYS4
2 – Organisation	https://youtu.be/QnsRz0Xhup8	https://youtu.be/DJ0IZGkDx6A
3 – Infection and response	https://youtu.be/pq3B_sozPCo	https://youtu.be/m7pxdTJ9NPI
4 – Bioenergetics	https://youtu.be/1nuYpKaQ3jA	https://youtu.be/1KIAWiHQ4sM
5 – Homeostasis and response	https://youtu.be/EMf0FbJI9BU	https://youtu.be/xOfqw7MbU8k
6 – Inheritance, variation and evolution	https://youtu.be/IL-dUnKmksY	https://youtu.be/npl10a6p8jQ
7 – Ecology	https://youtu.be/NorHSgd7Yyc	https://youtu.be/SKDn90HK98Q

Required practical's

1. Microscopy
2. Microbiology (Biology only) <https://youtu.be/SSnH7Vz0KF8>
3. Osmosis
4. Enzymes
5. Food Tests
6. Photosynthesis
7. Reaction Time
8. Plant Responses
9. Field Investigations
10. Decay (Biology only)



Key Words

These are easy marks but only if you know them!

Abiotic	Non-living factors that affect organism
Active transport	Movement of ions or gasses from against the concentration gradient
Adaptation	Change in a species to suit the environment
Adrenal gland	Large gland near the kidneys that releases hormone
Aerobic	Respiration with oxygen
Allele	Different version of gene
Amino acids	Building block of proteins
Amylase	Enzyme that breaks carbohydrates into sugars
Anaerobic	Respiration without oxygen
Antibiotics	Drugs that kill bacteria
Aorta	Major blood vessel that carries oxygenated blood away from the heart
Artery	Thick wall blood vessel that carries oxygenated blood around the body
Asexual reproduction	Reproduction with only one parent, resulting in identical offspring
Aspirin	Painkiller developed from willow bark
Bacteria	Tiny organism that causes illness by releasing toxins
Benign tumour	Lump of cells that are not invading the body
Bile	Produced by the liver, neutralizes stomach acid and emulsifies fats
Biodiversity	The range of different organism that lives in an environment
Biotic	Living factors that an organism
Bronchi	Branches of the trachea
Cancer	Uncontrolled cell division within the body
Capillary	Thinned walled blood vessels that allow diffusion of gases and nutrients
Carbon cycle	The movement of carbon through the environment
Carbon dioxide	Gas that has one atom of carbon and two atoms of oxygen
Cardiovascular disease	Narrowing of the blood vessels that can lead to death
Carnivore	Only eat animals
Cell	Small structural unit that contains a nucleus and cytoplasm
Cell membrane	Partially permeable membrane that surrounds the cell and control what goes in and out
Cell wall	Surrounds a cell and help maintain cell shape
Chlorophyll	Green part of a plant
Chloroplast	Where photosynthesis takes place
Chromosome	Long stretch of DNA
Community	The organism that lives in a particular environment
Contraception	Mechanism to prevent pregnancy
Cystic fibrosis	Inherited disorder that causes damage to lungs



Cytoplasm	Jelly-like substance within a cell
Deoxyribose nucleic acid	Long strand of bases that contain genes
Diabetes	Inability of the body to control blood glucose levels
Diffusion	Movement of ions or gasses from a high concentration to a low concentration
Digestive system	Organ system that absorbs nutrients from food
Digitalis	Heart drug that comes from foxglove plants
Diploid	Two copies of each chromosome
Dominant	Only one copy of the gene is needed to be expressed
Ecology	The study of organism within an environment
Ecosystem	The organism and the habitat they live in
Egg	Female sex cell
Endocrine system	System that controls hormones and responses
Enzyme	Biological catalyst
Evolution	Gradual change in a species over time
Extinction	No breeding pair of a species exist
Extremophile	Organism that has adapted to live in extreme conditions
Fatty acids	Can be combined with glycerol to make lipids
Follicle stimulating hormone	Hormone that causes an egg to develop
Fossils	Hard parts of long dead organism
Fungi	Group that includes mushrooms and moulds, they live of decomposing material
Gametes	Sex cells
Gene	Section of DNA that controls a characteristic
Genome	All of the genes in an organism
Genotype	What genes are present
Glycerol	Can be combined with fatty acid to make lipids
Gonorrhoea	Bacteria that causes a sexually transmitted disease, causing smelly discharge from the penis or vagina
Haploid	One copy of each chromosome
Health	State of mental and physical wellbeing
Herbivore	Only eats plant
Heterozygous	Different copies of gene
HIV	Virus that interfere with your body's ability to fight disease
Homeostasis	Maintaining a constant internal environment
Homozygous	Identical copies of gene
Hormones	Chemical that causes cells or tissue to respond
Immune system	Organs in the body that work together to defend against disease
In vitro fertilization	Medical treatment to aid getting pregnant
Lipase	Enzyme that breaks fats into fatty acids and glycerol



Lipids	Stores of energy that can be broken down to form fatty acids and glycerol
Luteinizing hormone	Hormone that causes an egg to be released
Malaria	Parasite transmitted by mosquitoes
Malignant tumour	Lump of cells that have developed that ability to travel to other parts of the body
Measles	Viral infection causing fever and rash, most common in children
Meiosis	Type of cell division that ends in four different haploid daughter cells
Menstrual cycle	Monthly build up and breakdown of blood in the uterus
Meristem	Plant tissue found at growing tips
Metabolism	Chemical process that occurs to maintain life
Mitochondria	Where respiration takes place
Mitosis	Type of cell division that ends in two identical daughter cells
Nucleus	Control centre of the cell that holds the DNA
Oestrogen	Hormone that acts of the pituitary gland
Omnivore	Eat plants and animals
Organ system	A number of different organs working together towards one function
Osmosis	Transport of water across a partially permeable membrane
Ovaries	In women, these store the eggs
Ovulation	Releases of an egg from the ovaries
Oxygen debt	Arises after anaerobic respiration, needs oxygen to repay
Palisade mesophyll	Upper layer of cell in a leaf
Pancreas	Large gland behind the stomach which produces digestive enzymes
Pathogen	Causes illness
Penicillin	Antibiotic that comes from mould
Phenotypes	What characteristic are present
Phloem	Carries ions around a plant
Photosynthesis	Process that turns carbon dioxide and water into sugars
Pituitary gland	Located at the base of the brain, produces a large number of hormones
Plasma	Fluid part of the blood
Platelets	Small fragments of blood cells that help clotting
Pollution	Harmful substance in an environment
Polydactyly	An extra finger or toe
Predator	Eats prey
Prey	Something that gets eaten
Primary consumer	Herbivore
Protease	Enzyme that breaks proteins into amino acids
Proteins	Long chains of amino acids that carry out the majority of functions within the body
Protist	Tiny single-celled organism that can cause illness



Pulmonary artery	Blood vessel that carries deoxygenated blood from the heart to the lungs
Pulmonary vein	Blood vessel that carries oxygenated blood from the lungs to the heart
Recessive	Two identical copies of the gene are needed to be expressed
Red blood cell	Carries oxygen around the body has no nucleus
Reflex arc	Nerve pathway including a sensory nerve a synapse and a motor nerve
Respiration	The process of turning sugars into energy takes place in mitochondria
Respiratory system	Organ system that moves oxygen around the body
Ribosomes	Part of the cell that is responsible for producing proteins
Rose black spot	Fungal disease cause black spot on leaves of plants
Salmonella	Bacteria that cause food poisoning
Selective breeding	Breeding of animals or plants for a particular characteristic
Sexual reproduction	Fusing of male and female gametes
Speciation	New species arising due to environmental change
Sperm	Male sex cell
Spongy mesophyll	Interior layer of cells in a leaf
Stem cell	A type of cell that can differentiate into any other type of cell
Testis	In men, these are responsible for the production of sperm
Testosterone	Hormone found predominantly in men
Thyroid	Large gland in the neck which releases hormone
TMV	Virus affecting plants causing a mosaic pattern on leaves
Trachea	Long tube taking air down into the lungs
Transpiration	Process where plant absorb and lose water
Vaccines	Medication that contains inactive or dead virus to help develop immunity
Vein	Blood vessels that have valves and carries deoxygenated blood back to the heart
Vena cava	Major blood vessel that carries deoxygenated blood back to the heart
Virus	DNA within a protein coat that divides by invading cells, the resulting cell death causes illness in the host
Water cycle	The movement of water through the environment
White blood cell	Part of the immune system, produces antibodies, and fights pathogens
Xylem	Carries water around a plant



AQA Biology

Paper 1 – B1

Whole topic

GCSE Combined Science or Biology revision



The whole of biology paper 1 in only 63 minutes <https://youtu.be/mKYQ-K23Mr4>

AQA Biology

Paper 2 – B2

Whole topic

GCSE Combined Science or Biology revision



The whole of biology paper 2 in only 72 minutes <https://youtu.be/Uqti-xPnT-8>



1 - Cell structure

Knowledge checklist

Whole topic summary video <https://youtu.be/sdpmVQooYS4> in only 12 minutes!!

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these...	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
I can describe the structure of a plant cell and explain the function of all the main parts https://youtu.be/aM3ZfC1K6W8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure of an animal cell and explain the function of all the main parts https://youtu.be/FjF_PO7QVGg	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure of a bacterial cell https://youtu.be/404tQ7kLDg0	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the size of different cells	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe and explain a range of specialised cells https://www.youtube.com/watch?v=C-ODIKZILa8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain cell differentiation	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how microscopy techniques have changed over time https://www.youtube.com/watch?v=UFk6_kR2BN4	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate magnification https://youtu.be/v-KrUP3bu24	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how bacteria divide Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how to prepare an uncontaminated culture of bacteria using aseptic technique https://youtu.be/3tztGe6EpYA Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the use of bacterial cultures grown on agar plates https://youtu.be/SSnH7Vz0KF8 Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the location and function of chromosomes	😊 😐 😞	😊 😐 😞	😊 😐 😞



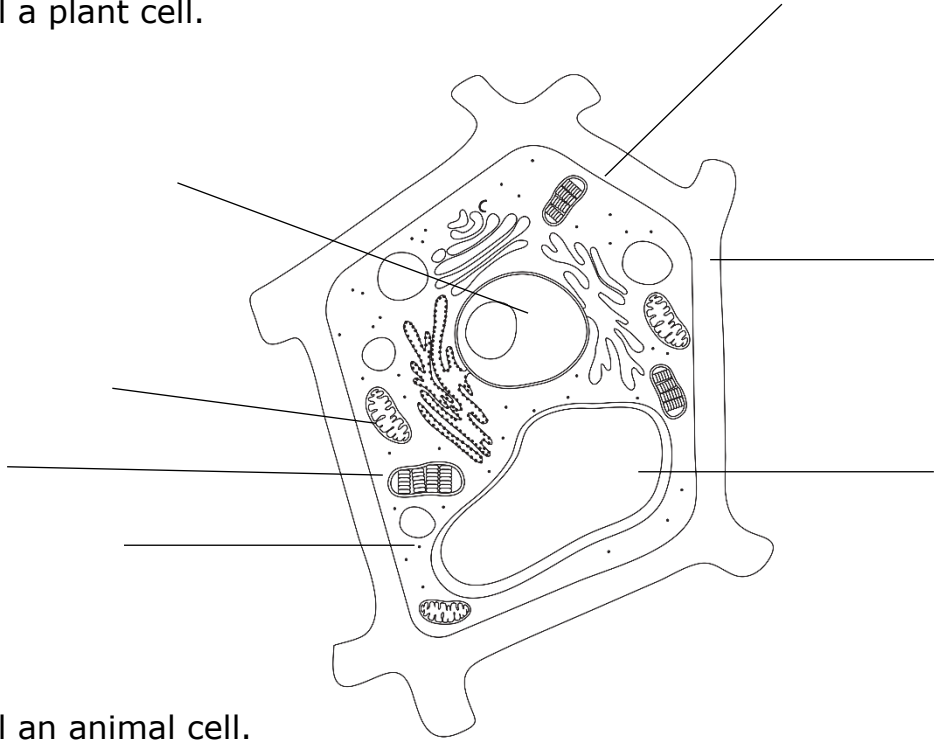
I can describe each stage in mitosis https://youtu.be/-POimnbaHG0	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term stem cell	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the function of stem cells in embryos, in adult cells and in plants	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe stem cell therapy	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can discuss the advantages and disadvantages that arise relating to the use of stem cells in medical treatment and ecology	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term diffusion	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall which substances are moved by diffusion	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of diffusion https://youtu.be/IgbR-K1ff-w	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how different factors affect diffusion	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the advantage of having a large surface area to volume ratio and give examples https://www.youtube.com/watch?v=Jv89kfmT80E	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term osmosis	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of osmosis	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term active transport https://www.youtube.com/watch?v=hb3iAXopHCU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of active transport https://www.youtube.com/watch?v=hb3iAXopHCU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can give examples of active transport in action	😊 😐 😞	😊 😐 😞	😊 😐 😞



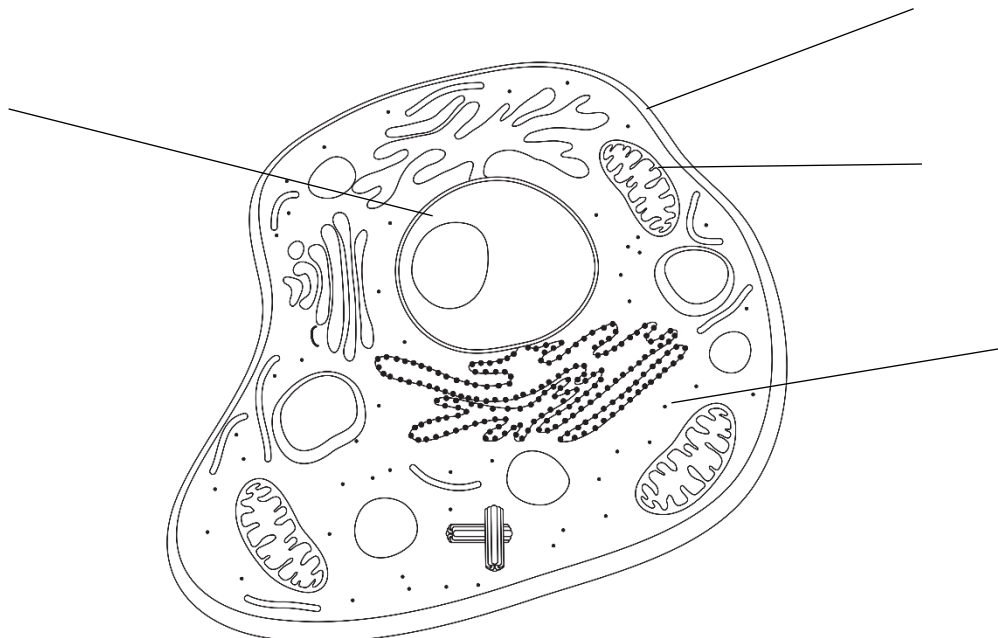
Quick fire questions

This worksheet is fully supported by a video tutorial on <https://youtu.be/E9ZiTAaRC-E>

1. Label a plant cell.

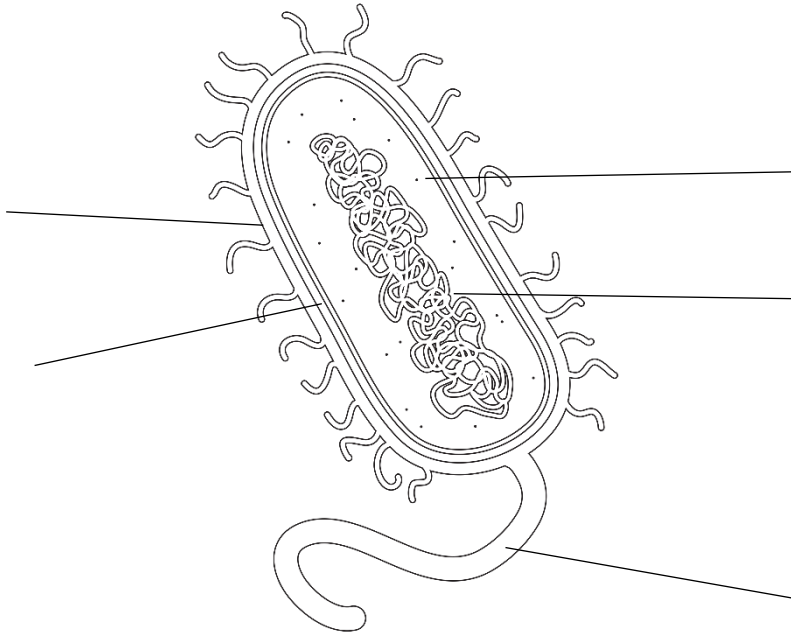


2. Label an animal cell.





3. Label a bacteria cell.



4. Mention two different specialist cells.
5. What is differentiation?
6. How do you calculate magnification?
7. Where are chromosomes?
8. What do chromosomes do?
9. What is mitosis?
10. What is a stem cell?
11. What is diffusion?
12. What is osmosis?
13. What is active transport?



2 –Organisation

Knowledge checklist

For the whole topic video summary, click on <https://youtu.be/DJ0lZGkDx6A> in only 19 minutes!!

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these	Self-assessment		
	First review 4-7 months before the exam	Second review 1-2 months before the exam	Final review Week before exam
I can define the term organ system	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how the digestive system works https://www.youtube.com/watch?v=FOUKmw1uHQU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how an enzyme works https://youtu.be/0jFBosqlTaw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how an enzyme is affected at different temperature and pH https://youtu.be/FOUKmw1uHQU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the 'lock and key' mechanism https://youtu.be/0jFBosqlTaw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the named type of enzyme (amylase, lipase, and protease), the location of production and the action	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the function of enzymes in relation to the digestive system	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the site of production and uses of bile	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the organs that make up the respiratory system	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure and function of the heart https://youtu.be/09WhIK0ueh8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure and function of the lungs https://www.youtube.com/watch?v=UagummptKhQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure and function of the different types of the blood vessel. Aorta, vena cava, pulmonary artery, pulmonary vein, coronary arteries, and capillaries. https://youtu.be/fjrKIYKtfP4	😊 😐 😞	😊 😐 😞	😊 😐 😞



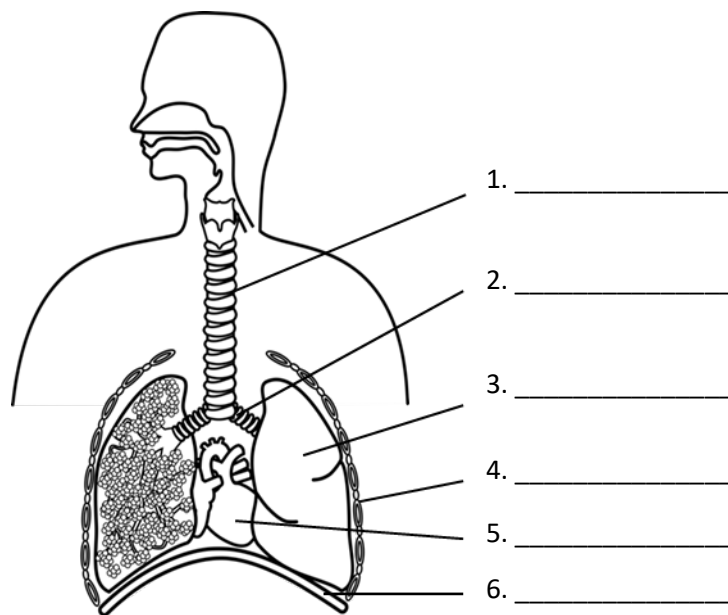
I can define the natural resting heart rate	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the need for artificial pacemakers	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the parts that make up blood and the function of each of these parts	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recognise a diagram of the different blood cells	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how different blood cells are adapted to suit a particular function	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the impact cardiovascular disease can have on a person's life	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the different treatments for cardiovascular disease.	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the causes of cardiovascular disease	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term health	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the impact disease can have on health	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe other factors (diet, stress, life) that can affect health	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how different types of disease may interact and be triggered	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can interpret graphic data on diseases and disease trends	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how to sample epidemiological data	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can discuss the financial cost of diseases	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term cancer	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can differentiate between benign and malignant tumours	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the different types and location of plant tissues. Epidermal tissue, palisade mesophyll, spongy mesophyll, xylem, phloem and meristem	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can relate the structure of plant cells to their function, including adaptations.	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term transpiration	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how to measure transpiration	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the effect that temperature/humidity/air movement/light has on transpiration	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define an organ system within a plant	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial on <https://youtu.be/QnsRz0Xhup8>

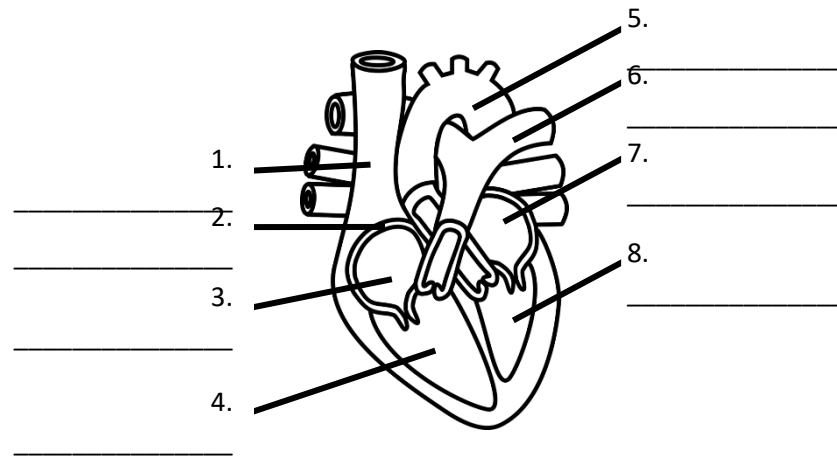
1. What is an organ system?
2. Name the parts of the digestive system?
3. What happens to enzymes at low temperatures?
4. What happens to enzymes at high temperatures?
5. What happens to enzymes outside their optimal pH?
6. What is the lock and key mechanism?
7. Where is amylase produced?
8. What does amylase do?
9. Where is lipase produced?
10. What does lipase do?
11. Where is protease produced?
12. What does protease do?
13. Where is bile produced?
14. What does bile do?
15. Label the respiratory system.



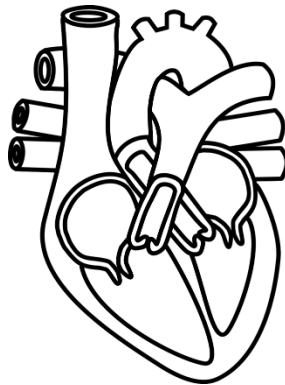
16. What does the heart do?
17. What do the lungs do?



18. Label the heart.



19. Draw the path the blood takes through the heart.



20. What does the aorta do?
21. What does the vena cava do?
22. What does the pulmonary artery do?
23. What does pulmonary vein do?
24. What is natural resting heart rate?
25. Why may you need an artificial pacemaker?
26. What do red blood cells do?
27. What do white blood cells do?
28. What do platelets do?
29. What does plasma do?
30. What is cardiovascular disease?
31. What lifestyle factors can affect health?
32. What is cancer?
33. What is a benign tumour?



34. What is a malignant tumour?
35. What is epidermal tissue?
36. What is palisade mesophyll?
37. What is spongy mesophyll?
38. What is the xylem?
39. What is the phloem?
40. What is transpiration?
41. How can we measure transpiration?



3 - Infection and response

Knowledge checklist

Whole topic summary video on <https://youtu.be/m7pxdTJ9NPI> in only 22 minutes!!

Specification statement	Self-assessment		
	First review 4-7 months before the exam	Second review 1-2 months before the exam	Final review Week before exam
These are the bits the exam board wants you to know, make sure you can do all of these			
I can describe the different ways diseases are caused. Viruses, bacteria, protist or fungi.	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how diseases are spread in plants and animals	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term pathogen	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how bacteria reproduce inside the body https://www.youtube.com/watch?v=pFZfMuntrhY	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how viruses reproduce inside the body	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how bacteria can make a person feel ill	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how viruses can make a person feel ill	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the spread and implication of measles	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the spread and implication of HIV	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the spread and implication of TMV	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the spread and implication of <i>Salmonella</i>	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the spread and implication of gonorrhoea	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the spread and implication of Rose Black Spot	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the spread and implication of malaria	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how the body protects itself from disease, including skin, nose, trachea, bronchi, and stomach	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the role of the immune system	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the different roles white blood cells play in the immune system	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how vaccination can prevent illness	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how vaccines work	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can explain the need for antibiotics	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how antibiotics work	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the problem of emerging antibiotic resistance	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the use of painkillers	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process involved in developing a new drug and bringing it to market	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how digitalis, aspirin, and penicillin were discovered	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that new drugs are tested for toxicity, efficacy, and dose	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how monoclonal antibodies are produced Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how monoclonal antibodies can be used Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can evaluate the advantages and disadvantages of monoclonal antibodies Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how a disease can affect a plant Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall how plant disease can be identified Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the range of pathogens that can infect a plant Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the spread of and damage done by tobacco mosaic virus Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the spread of and damage done by black spot disease Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the spread of and damage done by aphids Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how plants can be damaged by iron deficiency Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the range of plant defences, including physical, chemical and mechanical Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial on https://youtu.be/pq3B_sozPCo

1. Define pathogen.
2. What is a virus?
3. What are bacteria?
4. What is a protist?
5. What is fungus?
6. How can diseases be spread in plants?
7. How can diseases be spread in animals?
8. How do bacteria reproduce inside the body?
9. How do viruses reproduce inside body?
10. How can bacteria make a person feel ill?
11. How can a virus make a person feel ill?
12. What is measles?
13. What is HIV?
14. What is TMV?
15. What is salmonella?
16. What is gonorrhoea?
17. What is Rose Black Spot?
18. What is malaria?
19. How does the skin help protect the body?
20. How does the nose help protect the body?
21. How does the trachea help protect the body?
22. How does the bronchus help protect the body?
23. How does the stomach help protect the body?
24. What is the role of the immune system?
25. What do white blood cells do?
26. How do vaccinations work?
27. What are antibiotics?
28. What is antibiotic resistance?
29. What are painkillers for?
30. Where does digitalis come from?
31. Where does aspirin come from?
32. Where does penicillin come from?
33. What are the three things that new drugs need to be tested for?



4 – Bioenergetics

Knowledge checklist

Whole topic summary video on <https://youtu.be/1KIAWiHQ4sM> in only 11 minutes!!

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these	Self-assessment		
	First review 4-7 months before the exam	Second review 1-2 months before the exam	Final review Week before exam
I can recall the word and symbol equation for photosynthesis https://www.youtube.com/watch?v=EPzSpw612tI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the transfer of energy in photosynthesis https://www.youtube.com/watch?v=EPzSpw612tI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how different factors affect the rate of photosynthesis. Including temperature, light intensity, carbon dioxide concentration and the amount of chlorophyll https://www.youtube.com/watch?v=EPzSpw612tI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain that more than one factor may be limiting the rate of photosynthesis Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the graphs showing how a limiting factor will affect the rate of photosynthesis Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what the glucose produced in photosynthesis can be used for	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the respiration is an exothermic reaction	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the word and symbol equation for respiration	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of aerobic respiration; in regard to oxygen, the products and the amount of energy	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of anaerobic respiration; in regard to oxygen, the products and the amount of energy	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what an organism needs energy for	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the equation for anaerobic respiration	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can recall the equation for anaerobic respiration in plants and yeast cells	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the importance of anaerobic respiration in plants and yeast cells for the food industry	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the need for energy during exercise	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effect of exercise on the body	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term oxygen debt	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how an oxygen debt can be repaid	😊 😐 😞	😊 😐 😞	😊 😐 😞
Higher tier only			
I can define the term metabolism	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the role of sugars; amino acids; fatty acids; glycerol; carbohydrates; proteins and lipids	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the use of energy in the synthesis of new molecules	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the conversion of glucose to starch, glycogen, and cellulose	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the formation of lipids from glycerol and fatty acids	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the synthesis of proteins from amino acids	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the synthesis of amino acids from glucose and nitrate ions	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the breakdown of proteins, forming urea	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial on <https://youtu.be/1nuYpKaQ3jA>

1. What is the word equation for photosynthesis?
2. What is the chemical symbol for carbon dioxide?
3. What is the chemical symbol for water?
4. What is the chemical symbol for oxygen gas?
5. What is the chemical symbol for glucose?
6. What is the symbol equation for photosynthesis?
7. How is energy transferred in photosynthesis?
8. What factors might affect photosynthesis?
9. How does temperature affect photosynthesis?
10. How does light intensity affect photosynthesis?
11. How does carbon dioxide concentration affect photosynthesis?
12. Sketch the graph to show how light intensity affect photosynthesis (Higher tier only)
13. Sketch the graph to show how temperature affects photosynthesis (Higher tier only)
14. Sketch the graph to show how carbon dioxide concentration affects photosynthesis (Higher tier only)
15. Is respiration exothermic or endothermic?
16. What is the word equation for respiration?
17. What is the symbol equation for respiration?
18. What is anaerobic respiration?
19. What is equation for anaerobic respiration?
20. What is anaerobic respiration in yeast cells?
21. How are the products of anaerobic respiration useful in the food industry?
22. What is oxygen debt?
23. Define metabolism.
24. What do sugars do?
25. What do amino acids do?
26. What do fatty acids do?
27. What does glycerol do?
28. What do carbohydrates do?
29. What do proteins do?
30. What do lipids do?
31. What can glucose be converted to?
32. What are lipids formed from?
33. What are proteins formed from?
34. What are amino acid formed from?
35. What do proteins are broken down into?



5 – Homeostasis and Response

Knowledge checklist

Whole topic summary video <https://youtu.be/xOfqw7MbU8k> in only 20 minutes!!

Specification statement	Self-assessment		
	First review 4-7 months before the exam	Second review 1-2 months before the exam	Final review Week before exam
These are the bits the exam board wants you to know, make sure you can do all of these			
I can define the term homoeostasis https://www.youtube.com/watch?v=57hkLag3tnA	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the need for homoeostasis within the context of the human body, including; blood glucose, temperature, and water https://www.youtube.com/watch?v=57hkLag3tnA	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the role of receptors, the brain, the CNS, the pancreas, effectors, muscles, and glands in homeostasis	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure of the nervous system	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how the nervous system works in reacting to surroundings and coordinating behaviour	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the path a signal takes along the receptor via the CNS	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain a reflex arc https://www.youtube.com/watch?v=YFfYP5Nz5kE	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the function of the brain Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can identify the different parts of the brain Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the problems with investigating brain function Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how doctors can map regions of the brain Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can describe the structure of the eye https://youtu.be/wr3RWxV1JX8 Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the function of the different parts of the eye https://youtu.be/wr3RWxV1JX8 Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens to the eye when it focuses on near or far objects Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe short sightedness and long sightedness https://youtu.be/aRDt8PUhv4c Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how short sightedness and long sightedness can be corrected https://youtu.be/aRDt8PUhv4c Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can interpret ray diagrams Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how the body controls the internal temperature Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how the body controls the internal temperature Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the parts of the endocrine system and how they work together	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the importance of the pituitary gland	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can identify the locations of the pituitary gland; pancreas; thyroid; adrenal gland; ovary and testes	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how blood glucose concentration is monitored	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain what happens when blood glucose is too high	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how insulin controls blood glucose levels	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the cause, symptoms and treatment for type 1 diabetes	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the cause, symptoms and treatment for type 2 diabetes	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain what happens when blood glucose is too low Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the negative feedback loop that controls blood glucose levels Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can describe the effect osmosis has on cells Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how water leaves and enters the body Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens to cells if they lose or gain too much water Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the need for amino acids to be excreted Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the function of the kidneys https://www.youtube.com/watch?v=3eRZ_DQbWRg Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the effect that ADH has on the kidneys and blood water concentration https://www.youtube.com/watch?v=3eRZ_DQbWRg Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the treatment for kidney failure Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the roles of the different hormones in the menstrual cycle https://www.youtube.com/watch?v=A5kvS19XYCc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the roles of the different hormones in puberty	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe ovulation https://www.youtube.com/watch?v=A5kvS19XYCc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the role of testosterone	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the interaction between FSH, LH, and oestrogen in the menstrual cycle https://www.youtube.com/watch?v=A5kvS19XYCc Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe different method of contraception, including hormonal and non-hormonal methods	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the different method of contraception, including hormonal and non-hormonal methods	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the need for treatment for infertility https://youtu.be/LrwgFZaGpvY Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the process of IVF https://youtu.be/LrwgFZaGpvY Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can evaluate the positive and negative effects of IVF https://youtu.be/LrwgFZaGpvY Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can explain the role and regulation of thyroxine in the body Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the role and regulation of adrenaline in the body Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain what happens in phototropism Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain what happens in gravitropism or geotropism https://youtu.be/57IXUG0CHSQ Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the role and mechanism of gibberellins Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the role and mechanism of ethene Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the role and mechanism of auxins Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This video is fully supported by a video tutorial <https://youtu.be/EMf0FbJI9BU>

1. Define homeostasis.
2. What does the brain do in homeostasis?
3. What does central nervous system do in homeostasis?
4. What is the endocrine system?
5. Where is the pituitary gland?
6. Where is the pancreas?
7. Where is the thyroid?
8. Where is the adrenal gland?
9. Where are the ovaries?
10. Where are the testes?
11. How is blood glucose monitored?
12. What happens when blood glucose is too high?
13. What is the menstrual cycle?
14. What is ovulation?
15. What is testosterone?
16. What is contraception?

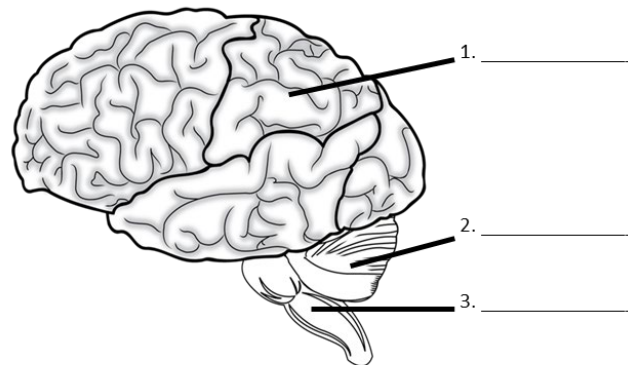
Higher tier only

17. What happens when blood glucose is too low?
18. What is a negative feedback loop?
19. What is FSH?
20. What is LH?
21. What is oestrogen?
22. Where is FSH produced?
23. Where does FSH act?
24. Where is LH produced?
25. Where does LH act?
26. Where is oestrogen produced?
27. Where does oestrogen act?
28. What is IVF?
29. Give two positives about IVF?
30. Give two negatives about IVF?
31. What is thyroxine?
32. Where is thyroxine produced?
33. Where does thyroxine act?
34. What is adrenaline?
35. Where is adrenaline produced?
36. Where does adrenaline act?

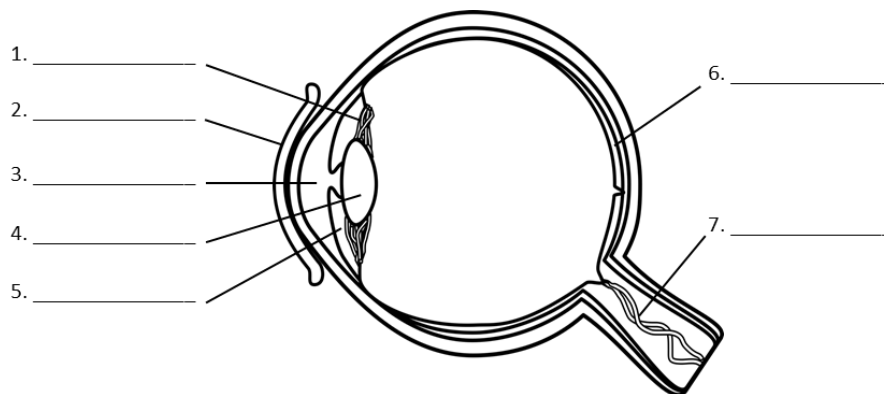


Biology Only

37. Label these different parts of the brain.



38. Label these different parts of the eye.



- 39. What is short-sightedness?
- 40. What is long-sightedness?
- 41. How can short-sightedness be corrected?
- 42. How can long-sightedness be corrected?
- 43. What is osmosis?
- 44. How does water leave the body?
- 45. How does water get into the body?
- 46. What happens to cells if they lose too much water?
- 47. What happens to cells if there is too much water?
- 48. What do the kidneys do?
- 49. What is the treatment for kidney failure?
- 50. What is phototropism?
- 51. What is geotropism?
- 52. What is the role of gibberellins?
- 53. What does ADH stand for?
- 54. What does ADHD do?



6 – Inheritance, variation and evolution

Knowledge checklist

Whole topic summary video <https://youtu.be/npl10a6p8jQ> in only 33 minutes!!

Specification statement	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
These are the bits the exam board wants you to know, make sure you can do all of these			
I can describe the differences in the end result of mitosis and meiosis https://youtu.be/pi6sbTc4wBo	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the names of the male and female gametes in plants and animals	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of meiosis https://youtu.be/pi6sbTc4wBo	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of asexual reproduction	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the advantages and disadvantages of sexual and asexual reproduction Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure of DNA https://youtu.be/erZB_EhuKbA	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure of a chromosome	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term gene	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term genome	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure of DNA including the nucleotide, sugar and phosphate groups https://youtu.be/erZB_EhuKbA Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the different bases in DNA https://youtu.be/erZB_EhuKbA Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how different sequences of DNA code for amino acids Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of protein synthesis Biology only. Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how variations in DNA affect the protein being made Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can recall that the bases C and G match up and the bases A and T match up Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of protein synthesis Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of protein folding Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effect a mutation can have on a protein Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effect a mutation can have on an enzyme Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain non-coding DNA Biology only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term gamete	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term chromosome	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term gene	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term allele	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term dominant	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term recessive	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term homozygous	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term heterozygous	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term genotype	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term phenotype	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how characteristic can be controlled by genes	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can predict the results of a genetic cross by completing a Punnett square diagram https://youtu.be/qWaNm1eOIHQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the phenotype and genotype of a person with polydactyly https://www.youtube.com/watch?v=zv3cNTVA5W0	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the phenotype and genotype of a person with cystic fibrosis	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can make an informed judgement about embryo screening	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the number of pairs of chromosomes in a human body cell	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that sex is determined by the X and Y chromosomes	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can describe how phenotype can be influenced by genes and the environment	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that difference in a population in variation	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the factors that affect variation within a population	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that mutations continuously occur	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define evolution	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the theory of evolution	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain natural selection https://www.youtube.com/watch?v=rTHVPh1kO5o	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain speciation	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the impact of selective breeding	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term genetic engineering	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the use of genetic engineering in plants	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the use of genetically engineered bacteria to produce insulin.	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can evaluate the advantages and disadvantages of genetic engineering in agriculture	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of producing a genetically modified crop	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the potential for genetic modification to treat inherited disorders	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the process of producing a genetically modified crop Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of cloning via cuttings Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of cloning via tissue culture Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of cloning via embryo transplant Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of cloning via adult cell cloning Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how Darwin came to propose the theory of evolution Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the theory of evolution Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can discuss the controversy around Darwin's ideas when they were published Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can discuss other theories of evolution, such as Lamarck's ideas Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term speciation Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe Wallace's theory of evolution Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the steps that lead to a new species Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the work that Mendel did Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the evidence for evolution	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how fossils arise	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why not all organism leave fossils	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what fossils teach us	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use an evolutionary tree https://youtu.be/rTHVPh1kO5o	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term extinction	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the factors that lead to an extinction	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why bacteria can evolve quickly	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe why antibiotic resistance could arise	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effect of MRSA (and other antibiotic-resistant strains of bacteria) have on humans	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe why the development of new antibiotics is slow	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the system of classification that Linnaeus developed	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can determine an organism's genus and species from a tree	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how developments in biology can impact on classification	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the 'three-domain system' of archaea, bacteria, and eukaryote	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial on <https://youtu.be/IL-dUnKmksY>

1. How many cells are produced at the end of mitosis?
2. How many cells are produced at the end of meiosis?
3. What are the male gametes in plants?
4. What the female gametes in plants?
5. What are the male gametes in animals?
6. What are the female gametes in animals?
7. What is the basic structure of DNA?
8. Define gene.
9. Define genome.
10. Define gamete.
11. Define chromosome.
12. Define allele.
13. Define dominant.
14. Define recessive.
15. Define homozygous.
16. Define heterozygous.
17. Defined genotype.
18. Define phenotype.
19. What is polydactyly?
20. Is polydactyly dominant or recessive?
21. What is cystic fibrosis?
22. Is cystic fibrosis dominant or recessive?
23. How many pairs of chromosomes in human body cell?
24. What sex is XX?
25. What sex is XY?
26. Define evolution.
27. Define natural selection.
28. Despite the speciation.
29. What evidence is there for evolution?
30. How do fossils arise?
31. Define extinction.
32. What things lead to extinction?
33. Why can bacteria evolve quickly?
34. What is MRSA?
35. Why is the development of antibiotics so slow?

Biology only

36. What are the advantages of sexual reproduction?
37. With the disadvantages of sexual reproduction?
38. What are the advantages of asexual reproduction?
39. What are the disadvantages of asexual reproduction?
40. What is the basic structure of DNA?
41. What are the bases in DNA?
42. How does DNA code for amino acids?



43. How do amino acids produce proteins?
44. How do variations in DNA affect the protein being made?
45. What effect might a mutation have on an enzyme?
46. What was Darwin's theory?
47. What was the controversy behind Darwin's theory?
48. What was the Lamarck's theory?



7 – Ecology

Knowledge checklist

Whole topic summary video on <https://youtu.be/SKDn90HK98Q>

Specification statement	Self-assessment		
	First review 4-7 months before the exam	Second review 1-2 months before the exam	Final review Week before exam
These are the bits the exam board wants you to know, make sure you can do all of these			
I can describe the levels of organisation in an ecosystem	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term community	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe interdependence in a community	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe competition in a community	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term ecosystem	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what an organism needs to survive and reproduce	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what different organisms compete for	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term abiotic factor https://www.youtube.com/watch?v=DQkEno_P7LI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall a list of abiotic factors including; light intensity, temperature, water levels, pH, ion content, wind, carbon dioxide and oxygen levels https://www.youtube.com/watch?v=DQkEno_P7LI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how a change in abiotic factors could affect a community https://www.youtube.com/watch?v=DQkEno_P7LI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term biotic factor https://www.youtube.com/watch?v=DQkEno_P7LI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how a change in biotic factors could affect a community https://www.youtube.com/watch?v=DQkEno_P7LI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall a list of biotic factors including; food, predators, and pathogens.	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term adaptation	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe why animals and plants need adaptations	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term extremophile	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can give examples of plant and animal adaptations	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe where the biomass on Earth comes from	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw a food chain https://www.youtube.com/watch?v=gbq-f7E0HC8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain where the energy in a food chain comes from https://www.youtube.com/watch?v=gbq-f7E0HC8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how to use a quadrat	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how to use a transect	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how to determine the abundance and distribution of species in an ecosystem	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term producer	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term primary consumer	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term secondary consumer	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term tertiary consumer	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term prey	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the carbon cycle https://youtu.be/Uogp7QjWW-M	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the water cycle https://youtu.be/Dt25c1VODSE	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that materials are recycled through biotic and abiotic part of an ecosystem and provide building blocks for the future.	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the role of microorganisms in cycling materials	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the terms decay and decomposition https://www.youtube.com/watch?v=kpF5oAGH2g0 Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how differences in temperature can affect the rate of decomposition Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how differences in oxygen can affect the rate of decomposition Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how differences in water can affect the rate of decomposition Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why gardeners compost Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how decay can lead to the production of biogas Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can evaluate the impact of environmental changes (including temperature, water, and the atmosphere) on the distribution of a species Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can define the term biodiversity	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the needs for biodiversity	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the impact that humans have on biodiversity	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the rise in pollution	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the range of different sources of pollution (in water, in air, and in land)	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effect that pollution has on plants and animals	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the impact that humans have on land use and the effect this has on plant and animal life	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the impact of the destruction of peat bogs https://youtu.be/updz4Xb1ia4	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the impact of deforestation	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the reasons for deforestation	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the biological consequences of global warming	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the gases that contribute to global warming https://youtu.be/y5PZ1RN5mt0	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how humans can have a positive and a negative impact on biodiversity	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can discuss the range of programmes that aim to reduce the negative effect of humans on biodiversity	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term trophic level Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use number to represent trophic levels Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the differences between the trophic levels Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the role of decomposers Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can construct a pyramid of biomass Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can interpret a pyramid of biomass Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how energy is lost between trophic levels Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that roughly 10% of the energy is transferred to the next trophic level Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term food security Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can explain the factors affecting food security Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the need to find sustainable methods for food production Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe ways to improve the efficiency of food production Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe why some farmers use high protein foods Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the need for sustainable fisheries Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the methods used to keep fish stocks at a sustainable level Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the advances in biotechnology as they apply to agriculture Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe that microorganism can be cultured for food Biology only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial on <https://youtu.be/NorHSgd7Yyc>

1. Define ecosystem.
2. Define community.
3. Define interdependence.
4. Define competition.
5. What does an organism need to survive and reproduce?
6. What do different organisms compete for?
7. Define abiotic factor.
8. List eight abiotic factors.
9. How can a change in abiotic factors affect the community?
10. Define biotic factors.
11. How can a change in biotic factors affect the community?
12. List three biotic factors.
13. Define adaptation.
14. Why do animals need to adapt?
15. Define extremophile.
16. Give an example of a plant adaptation.
17. Give an example of an animal adaptation.
18. Where does energy in a food chain come from?
19. Define the term producer.
20. Define the term primary consumer.
21. Define the term secondary consumer.
22. Define the term tertiary consumer.
23. Define the term prey.
24. Define the term biodiversity.
25. Why do we need biodiversity?
26. What is pollution?
27. What impact can pollution have on plants?
28. What impact can pollution have on animals?
29. What impact can humans have on land usage?
30. What is the impact of deforestation?
31. What are the reasons for deforestation?
32. What the consequences of global warming?
33. What gases contribute to global warming?

Biology only

34. Define the term decay.
35. Define the term decomposition.
36. How can temperature affect the rate of decomposition?
37. How can oxygen affect the rate of decomposition?
38. How can water affect the rate of decomposition?
39. How can decay lead to the production of biogas?
40. Define the term biodiversity.



41. What are the differences between trophic levels?
42. What is the role of a decomposer?
43. How is energy lost between trophic levels?
44. What is food security?
45. How can we increase the efficiency of production?
46. How can microorganisms be cultured for food?



5 most common mistakes in a chemistry exam

1. Drawing the wrong number of bonds in organic chemistry
2. Being too wishy-washy in colour changes
3. Putting numbers in the wrong place
4. Missing out (or adding too many) capital letters
5. Keep numbers in your calculator memory to avoid rounding errors

Important tips

- When balancing equations, if you really, really can't work it out. Write 2 as the answer.
- If you've forgotten the reaction conditions, write 'hot and a catalyst.'



Topic Guide

Topic	First review	Second review	Third review
1 – Atomic Structure and the Periodic Table			
2 – Bonding, Structure and the Properties of Matter			
3 – Quantitative Chemistry			
4 – Chemical Changes			
5 – Energy Changes			
6 – The Rate and Extent of Chemical Change			
7 – Organic Chemistry			
8 – Chemical Analysis			
9 – Chemistry of the Atmosphere			
10 – Using Resources			

Topic	Quick fire questions	Whole topic video
1 – Atomic Structure and the Periodic Table	https://youtu.be/mjIPJ_c018	https://youtu.be/bgYuXU97jaI
2 – Bonding, Structure and the Properties of Matter	https://youtu.be/9bbCFUylWg	https://youtu.be/YpEQ-NWxKBc
3 – Quantitative Chemistry	https://youtu.be/8uqWdmIKd7c	https://youtu.be/eAibVvhmsK0
4 – Chemical Changes	https://youtu.be/7Nrma6v0A8I	https://youtu.be/KTmXEIiU_Go
5 – Energy Changes	https://youtu.be/PQtjfRoIMAE	https://youtu.be/L7829UGifpM
6 – The Rate and Extent of Chemical Change	https://youtu.be/C-tHYZwisNs	https://youtu.be/7i90fiz9SmY
7 – Organic Chemistry	https://youtu.be/sE2DP0x48kE	https://youtu.be/ZeUNWY7YDAo
8 – Chemical Analysis	https://youtu.be/vMKAHdoc-q0	https://youtu.be/YyUQiUddBA4
9 – Chemistry of the Atmosphere	https://youtu.be/DznhhA2QHUg	https://youtu.be/gxCrsqXZzeU
10 – Using Resources	https://youtu.be/xBUXqfa2gHo	https://youtu.be/KyVf2bVLI08



Equation Sheet

$$\text{Percentage yield} = \frac{\text{Actual yield}}{\text{Theoretical yield}}$$

$$\text{Atom Economy} = \frac{M_r \text{ of atoms in the required products}}{M_r \text{ of reactants}}$$

$$\text{Moles} = \frac{\text{mass}}{M_r}$$

$$\text{Concentration (mol/dm}^3\text{)} = \frac{\text{amount (mol)}}{\text{volume (dm}^3\text{)}}$$

The formula of common acids and compounds

Hydrochloric acid	HCl
Sulphuric acid	H ₂ SO ₄
Nitric acid	HNO ₃
Water	H ₂ O
Carbon dioxide	CO ₂
Oxygen gas	O ₂
Hydrogen gas	H ₂
Nitrogen gas	N ₂



Reference table of common formulae

They won't give you these in the exam - so learn them!!!

Available as flashcards on my website

As a general rule, elements in group one form +1 ions, group 2 form +2 ions, group 6 form -2 ions and group 7 form -1 ions.

Positive		Negative	
Hydrogen	H ⁺	Fluoride	F ⁻
Lithium	Li ⁺	Chloride	Cl ⁻
Sodium	Na ⁺	Bromide	Br ⁻
Potassium	K ⁺	Iodide	I ⁻
Copper (I)	Cu ⁺	Hydroxide	OH ⁻
Silver	Ag ⁺	Nitrate	NO ₃ ⁻
Ammonium	NH ₄ ⁺	Nitrite	NO ₂ ⁻
		Hydrogencarbonate	HCO ₃ ⁻
Magnesium	Mg ²⁺	Hydrogensulfate	HSO ₄ ⁻
Barium	Ba ²⁺		
Strontium	Sr ²⁺	Sulfate	SO ₄ ²⁻
Calcium	Ca ²⁺	Carbonate	CO ₃ ²⁻
Iron (II)	Fe ²⁺	Sulfide	S ²⁻
Copper (II)	Cu ²⁺	Oxide	O ²⁻
Nickel (II)	Ni ²⁺		
Zinc	Zn ²⁺	Nitride	N ³⁻
Tin (II)	Sn ²⁺	Phosphate	PO ₄ ³⁻
Lead (II)	Pb ²⁺		
Chromium	Cr ³⁺		
Iron (III)	Fe ³⁺		
Aluminium	Al ³⁺		



The Reactivity Series

You need to learn the order and how to use it!

Element	Chemical symbol
Potassium	K
Lithium	Li
Calcium	Ca
Magnesium	Mg
Aluminium	Al
Carbon	C
Zinc	Zn
Iron	Fe
Hydrogen	H
Copper	Cu
Silver	Ag
Gold	Au
Platinum	Pt



Required practical's

1. Making Salts
 - Copper Sulfate Crystals - Separating solids from a solution by filtering and crystallisation <https://youtu.be/ttsAmaNu4ao>
 - Practical questions in an exam <https://youtu.be/BmaXoGTAmEA>
2. Neutralisation (Chemistry only)
 - How to carry out a titration <https://youtu.be/MDWVrTW0nq8>
 - How to read a burette <https://youtu.be/yVF6Gn7HmWk>
 - Indicators for titrations - Methyl orange and phenolphthalein <https://youtu.be/XPTnZnbXgDs>
 - Titration Method. <https://youtu.be/2hv2hS6zdh0>
3. Electrolysis
 - The electrolysis of sodium sulfate. <https://youtu.be/hcQHxKMpr60>
 - The electrolysis of sodium chloride solution (brine). <https://youtu.be/r0kbEj2PDEg>
 - The electrolysis of copper (II) sulfate. https://youtu.be/L_BjGkDM2Bk
 - The electrolysis of copper (II) chloride. <https://youtu.be/E6npZEyaASK>
4. Temperature Changes
 - Temperature change of neutralisation. <https://youtu.be/Bz0C9mmF2tw>
5. Rates of Reaction
 - Measuring the rate of a reaction by collecting gas - Marble chips and hydrochloric acid <https://youtu.be/SXUWo-V-WgQ>
 - Measuring the rate of a reaction by the loss of mass <https://youtu.be/ORUYNpdnALg>
 - Measuring the rate of reaction by disappearing cross - Sodium thiosulfate and hydrochloric acid. <https://youtu.be/CwK4-Xq2yI>
6. Chromatography
 - Chromatography. <https://youtu.be/kxrjvLvBY28>
 - Chromatography-Why do you need to use a pencil to draw the start line? <https://youtu.be/4n9LzquhqdQ>
7. Ion Identification (Chemistry only)
 - Flame tests for positive ions. <https://youtu.be/i3fEVB9VN0Y>
 - Test for Positive Ions. <https://youtu.be/ESQYWh02Ykg>
 - Test for Halide Ions. <https://youtu.be/XtQ4hHZzX2k>
 - Test for Sulfate Ions. <https://youtu.be/k5qMGgmQDwo>
 - Test for Carbonate Ions. <https://youtu.be/7AGBLbl7AHE>
 - Anion and Cation Ion Identification Summary (Negative and Positive Ions) and Practice <https://youtu.be/LC4Nxd5dwEM>
8. Water purification



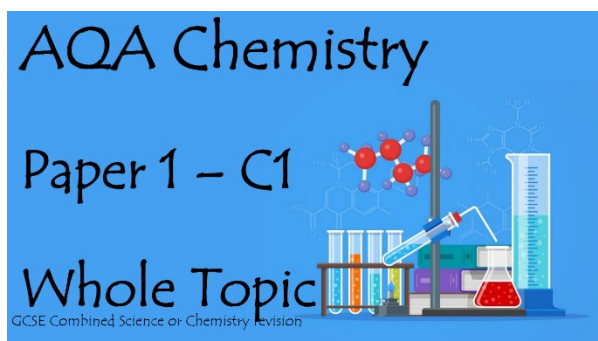
Key Words

These are easy marks, but only if you know them!!

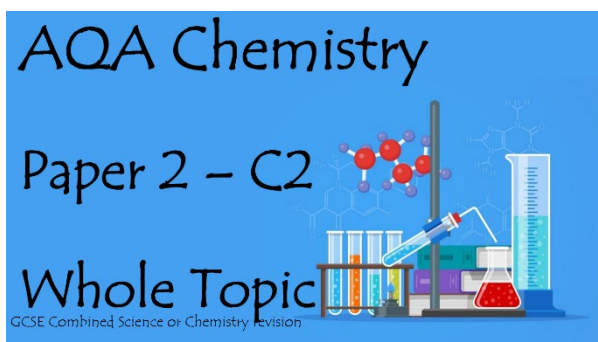
Acid	A solution that has a low pH due to the hydrogen ions
Activation energy	The energy needed to start reaction
Alkali	A solution that has a high pH due to hydroxide ions
Alkali metal	Highly reactive metals found on the left-hand side of the periodic table
Alkanes	Hydrocarbon containing only single bonds
Alkenes	Hydrocarbon containing double bonds
Alloy	A mixture of atoms that lead to distorted layers that cannot slide
Atom	A small part of matter, made up of a mixture of protons, neutrons, and electrons
Atom economy	A way of determining how many of the reactant atoms made it into the desired product
Atomic number	The number of protons in an atom
Bioleaching	Mining low yield ores using bacteria
Boiling point	The point at which a liquid turns into a gas
Bromine water	The orange liquid that can be used to test for double bonds
Carbon footprint	The atom of carbon that is released into the atmosphere based on your daily activities
Catalyst	Something that speeds up a react of reaction without being used up
Chromatography	Method of separating out mixtures
Combustion	Burning of a compound in oxygen
Compound	Two or more elements chemically bonded together
Covalent bonding	Sharing of electron between two non-metals
Cracking	Breaking a long hydrocarbon chain to short hydrocarbon chains
Crude oil	A mixture of different length hydrocarbon chains made from decomposing dead plant and animals
Desalination	Removal of salt from water
Diamond	The giant covalent compound where each carbon atom makes four bonds
Displacement	A type of reaction where one element replaces another in a compound
Electrolysis	Separating compounds using electricity
Electron	Found in the shells around the nucleus, has a charge of minus one and no mass
Element	Group of (or single) atoms that all have the same chemical characteristics (can be found on the periodic table).
Endothermic	A reaction that takes in energy
Exothermic	A reaction that releases energy
Flammability	The tendency for a substance to catch fire
Formulation	Mixture of compounds



Fractional distillation	Separating out a mixture of different length hydrocarbon chains based upon boiling point
Gas	A state of matter where the atoms move atom in a fast and random matter (can compressed and flow).
Graphite	The giant covalent compound where each carbon atom makes three bonds
Greenhouse gas	Gas that traps infra-red radiation
Halogen	Highly reactive non-metals found on the right-hand side of the periodic table
Hydrocarbon	A compound that only has carbon and hydrogen in it
Ion	Atoms that have lost or gained electrons
Ionic bonding	Transfer of electrons between a metal and a non-metal
Liquid	A state of matter, where the atoms can move and flow, but they cannot be compressed
Mass number	the number of protons and neutrons in an atom
Melting point	The point at which a solid turns into a liquid
Metal	On the left-hand side of the periodic table, form positive ions
Mixture	Lots of different elements that may or may not be chemically bonded together
Mole	The molecular mass in grams
Neutralization	Mixing of an acid and alkali to give a pH of 7
Neutron	Found in the nucleus of atoms, has no charge and a mass of one
Nobel gas	Unreactive gases found on the right of the periodic table
Non-metal	On the right-hand side of the periodic table, form negative ions
Nucleus	In the centre of atoms, contains the protons and the neutrons
Oxidation	Loss of electrons
Percentage yield	A way of determining how much yield you get from a reaction
Periodic table	A way of sorting out the elements
pH	How acid or alkali a solution is
Phytomining	Mining low yield ores using plants
Portable water	Water that is safe to drink
Proton	Found in the nucleus of atoms, has a charge of plus one and a mass of one
Reactivity series	List of metals in order of reactivity
Reduction	Gain of electrons
Reversible reaction	A reaction that can go in either direction
Solid	A state of matter, where the atoms vibrate around a fixed position
Titration	Method for determining the concentration of solution
Transition metal	Group of metals that are in the middle of the periodic table, form colour compounds and can be used as catalysts
Viscosity	How easily pourable something is



The whole of chemistry paper 1 in only 72 minutes <https://youtu.be/MpQ-3YAwNhI>



The whole of chemistry paper 2 in only 49 minutes <https://youtu.be/HJu8WTtZJU>



1 – Atomic Structure and the Periodic Table

Knowledge checklist

Whole topic summary <https://youtu.be/bgYuXU97jaI> in only 21 minutes!!

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these...	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
I can recall that all substances are made from atoms	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the that periodic table shows the range of elements that are known to exist https://youtu.be/GhOkzDuHIDc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can interpret the symbols on the periodic table and use them to identify elements https://youtu.be/PdujMRxEbn4	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term compound https://youtu.be/tquhuiq9tVs	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure of an atom https://www.youtube.com/watch?v=1m22_6XherM	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the relative size of an atom and a nucleus	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the relative masses of the three subatomic particles https://www.youtube.com/watch?v=ljyzVt8bJSA	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use the periodic table to state the number of protons, electrons and neutrons in an element https://youtu.be/ljyzVt8bJSA	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the terms mass number and atomic number https://youtu.be/Hq6YMQnR0P0	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can represent a reaction using a word equation https://youtu.be/X8jiv0qwVok	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can represent a reaction using a balanced symbol equation https://youtu.be/T0wb4z-_kmY https://youtu.be/5GmsOx_Dc0M	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term mixture https://youtu.be/tquhuiq9tVs	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can describe different way to separate mixtures using physical processes https://youtu.be/NJYnoXUWa2o https://youtu.be/bAgLzQ_a1jQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how a scientific model can be developed	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the plum pudding model of the atom https://youtu.be/nbwcngWsXAU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how Rutherford and Marsden's experiments lead to the nuclear model of the atom, and the ideas the Bohr contributed to the model https://www.youtube.com/watch?v=nbwcngWsXAU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can state the Chadwick showed the existence of the neutrons https://www.youtube.com/watch?v=nbwcngWsXAU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw the electronic structure of the first 20 elements on the periodic table https://youtu.be/bgWKesHbLnE	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use numbers to represent the electronic structure of the first 20 elements on the periodic table https://youtu.be/bgWKesHbLnE	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the relative charges of the three subatomic particles	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why atoms have no overall charge https://youtu.be/M5qfMT-ePrQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the formation of ions https://youtu.be/M5qfMT-ePrQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that metals will go on to form positive ions https://youtu.be/M5qfMT-ePrQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the non-metals will go on to form negative ions https://youtu.be/M5qfMT-ePrQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the location of metals and non-metals on the periodic table https://www.youtube.com/watch?v=GhOkzDuHIDc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the use of periods and groups to classify parts of the periodic table https://youtu.be/GhOkzDuHIDc https://youtu.be/8GYMLQt18zQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the development of the early periodic table https://youtu.be/WXnD0UWIYyk	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how Mendeleev developed the periodic table https://youtu.be/WXnD0UWIYyk	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can describe the properties of the noble gasses (in group -0) https://youtu.be/GhOkzDuHIDc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that the boiling points of noble gases increase as you go down the periodic table	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the properties of group 1 metals https://youtu.be/UNewX9i1Nh4	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the reactions of group 1 metals https://youtu.be/t1Kpyyvgncw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that the reactivity of group 1 metals increases as you go down the group. https://youtu.be/5rXKPc-Jy_Y	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that group 7 element are non-metals and are found as diatomic molecules https://youtu.be/vK5yc2RR0XQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the reactions of group 7 non-metals https://youtu.be/vK5yc2RR0XQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the patterns in melting point, boiling point, and reactivity in group 7	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe displacement reaction in relation to group 7 elements	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the properties of transition metals https://youtu.be/Tw3NJ_it3tc Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the uses of transition metals https://youtu.be/Tw3NJ_it3tc Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that transition metals form different coloured compounds https://youtu.be/Tw3NJ_it3tc Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; https://youtu.be/mjIPJ_c018

1. What element is represented by W?
2. What element is represented by Na?
3. What element is represented by Si?
4. What element is represented by Co?
5. What element is represented by Fe?
6. What group is oxygen in?
7. What group is argon in?
8. What group is potassium in?
9. What group is sulfur in?
10. What group is chlorine in?
11. What period is phosphorous in?
12. What period is nitrogen in?
13. What period is calcium in?
14. What period is gallium in?
15. What period is carbon in?
16. What is a compound?
17. What is a mixture?
18. Give three ways of separating out mixtures.
19. What is the name for CO_2 ?
20. What is the name for H_2O ?
21. What did Chadwick discover?
22. What experiment did Rutherford do?
23. What type of foil did Rutherford use?
24. What did Rutherford fire at the foil?
25. What model of the atom was Rutherford testing?
26. What did Rutherford discover?
27. What was the new model of the atom called?
28. Where are electrons?
29. Where are protons?
30. Where are neutrons?
31. What charge do protons have?
32. What charge do neutrons have?
33. What charge do electrons have?
34. What mass do protons have?
35. What mass do electrons have?
36. What mass do neutrons have?
37. What does the atomic number tell us?
38. What does the mass number tell us?



39. How do you find the number of protons in an atom?
40. How do you find the number of electrons in an atom?
41. How do you find the number of neutrons in an atom?
42. How do you find the number of protons in an ion?
43. How do you find the number of electrons in an ion?
44. How do you find the number of neutrons in an ion?
45. How many electrons fit on the first shell?
46. How many electrons fit on the second shell?
47. How many electrons fit on the third shell?
48. What element has the electronic structure 2,8,1?
49. What element has the electronic structure 2,3?
50. What element has the electronic structure 2,8,5?
51. What element has the electronic structure 2?
52. What element has the electronic structure 2,8,8,1?
53. What type of ions do metals form (positive/negative)?
54. What type of ions do non-metals form (positive/negative)?
55. What bonding occurs between two non-metals?
56. What bonding occurs between a metal and a non-metal?
57. What happens to the electrons in covalent bonding?
58. What happens to the electrons in ionic bonding?
59. How did Mendeleev organise his periodic table?
60. Why did Mendeleev leave gaps in his periodic table?
61. On which side (left/right) of the periodic table are metals found?
62. On which side (left/right) of the periodic table are non-metals found?
63. What is another name for group 1?
64. How reactive are group 1 elements?
65. How does reactivity change as you go down group 1?
66. How does sodium react with water?
67. How does sodium react with oxygen?
68. How does sodium react with chlorine?
69. What is another name for group 0/8?
70. How reactive are group 0 elements?
71. How does boiling point change as you go down group 0?
72. What is another name for group 7?
73. How reactive are group 7 elements?
74. How does boiling point change as you go down group 7?
75. How does reactivity change as you go down group 7?



Separate Science Only

76. What are the properties of transition metals?
77. Give a use for transition metals
78. What colour does iron (II) go?
79. What colour does iron (III) go?
80. What colour does copper (II) go?



2 – Bonding, Structure and the Properties of Matter

Knowledge checklist

Whole topic summary <https://youtu.be/YpEQ-NWxKBc> in only 15 minutes!

Specification statement	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
These are the bits the exam board wants you to know, make sure you can do all of these...			
I can represent a solid, a liquid and a gas by drawing the arrangement of atoms https://youtu.be/hs9DIOqzgRg	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that energy is needed to change state	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can predict the state of a substance at a given temperature	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use appropriate state symbol in an equation	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that ionic bonding occurs between a metal and a non-metal https://youtu.be/TI6xRyWDtok	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the formation of ions https://youtu.be/M5qfMT-ePrQ https://youtu.be/746sTyJqrJo https://youtu.be/9K3RvTq-LwU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that metals will go on to form positive ions	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the non-metals will go on to form negative ions	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the location of metals and non-metals on the periodic table	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe ionic bonding as the strong electrostatic attraction between oppositely charged ions https://youtu.be/2-LeqYeejcE	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw dot and cross diagrams to show ionic bonding between group 1 and group 2 metals and group 6 and group 7 non-metals. https://youtu.be/gbx1pcFn4ws	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can recall that covalent bonding occurs between 2 non-metals https://youtu.be/4I4IqZ2qcfU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can represent the bonding in covalent compounds as a dot and cross diagram (hydrogen, chlorine, oxygen, nitrogen, hydrogen chloride, ammonia, and methane) https://youtu.be/4I4IqZ2qcfU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw covalent compounds using lines to represent electron pairs	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the names and formula of common covalent compounds	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that covalent compounds can be small and simple or giant.	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can work out the formula of a compound from a picture	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how strong metallic bonds arise	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why most metals have high melting and boiling points	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the pattern of atoms in a pure metal	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why pure metals are not used often	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe and explain the arrangement of atoms in an alloy	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the advantages of an alloy over pure metals https://youtu.be/LqfskmrX3Aw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how metals conduct electricity	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure of an ionic compounds https://youtu.be/TI6xRyWDtok	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the properties of an ionic compounds https://youtu.be/2-LeqYeejcE	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure of a simple covalent compounds	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the properties of a simple covalent compounds	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure of a giant covalent compounds https://www.youtube.com/watch?v=ZFaJpZPmmHk	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the properties of a giant covalent compounds https://www.youtube.com/watch?v=uN_nzg0wits	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use experimental data to determine if a compound is ionic, simple covalent or giant covalent.	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure of a polymer	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the properties of a polymer https://www.youtube.com/watch?v=KTmj3bB2A2I	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can describe how the bonding in diamond affects the properties https://youtu.be/uN_nzq0wits	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the difference in bonding between diamond and graphite https://youtu.be/NoCCdXFRi3g	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how the bonding in graphite affects the properties	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how the structure of graphene give it properties that can be useful in the modern world	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how the structure of fullerenes give them properties that can be useful in the modern world https://youtu.be/IYXoEzHtPGo	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how the structure of carbon nanotubes give them properties that can be useful in the modern world	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the size of nanoparticles https://www.youtube.com/watch?v=Gf4cJZ1KvDA Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall why nanoparticle have different properties Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the uses of nanoparticles https://www.youtube.com/watch?v=Gf4cJZ1KvDA Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can discuss the advantages and disadvantage of using nanoparticles Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/9bbCFUyluWg>

1. Draw the arrangement of particles in a solid.
2. Draw the arrangement of particles in a liquid.
3. Draw the arrangement of particles in a gas.
4. What is it called when a solid turns into liquid?
5. What is it called when a liquid turns into a gas?
6. What is it called when a gas turns into liquid?
7. What is it called when a liquid turns into a solid?
8. What is the boiling point?
9. What is the condensing point?
10. What does this state symbol mean (s)?
11. What does this state symbol mean (l)?
12. What does this state symbol mean (g)?
13. What does this state symbol mean (aq)?
14. What is ionic bonding?
15. How are ions formed?
16. What type of ions will a metal form?
17. What type of ions will a non-metal form?
18. Where are metals on the periodic table?
19. Where are non-metals on the periodic table?
20. What is an ionic bond?
21. Draw a dot and cross diagram to show the bonding in sodium chloride.
22. Draw a dot and cross diagram to show the bonding in magnesium chloride.
23. Draw a dot and cross diagram to show the bonding in magnesium oxide.
24. What is covalent bonding?
25. List six simple covalent compounds.
26. Give the formula of oxygen gas.
27. Give the formula of nitrogen gas.
28. Give the formula of hydrogen chloride.
29. Give the formula of ammonia.
30. Give the formula of methane.
31. Give the formula of hydrogen gas.
32. Give the formula of water.
33. Give the formula of carbon dioxide.
34. Draw the bonding in water.
35. Draw the bonding in carbon dioxide.
36. Draw the bonding in chlorine gas.
37. Draw the bonding in nitrogen gas.
38. Draw the bonding in oxygen gas.



39. Draw the bonding in hydrochloric acid.
40. Draw the bonding in ammonia.
41. Draw the bonding in methane.
42. In a covalent bonding diagram, what does each line represent?
43. Give two examples of giant covalent compounds.
44. How does metallic bonding arise?
45. Why do metals have high boiling and melting points?
46. How are atoms in a pure metal arranged?
47. How are atoms in an alloy arranged?
48. Why do people use alloys and not pure metals?
49. How do metals conduct electricity?
50. Describe the structure of an ionic compound.
51. Describe the properties of an ionic compound.
52. Describe the structure of a simple covalent compound.
53. Describe the properties of a simple covalent compound.
54. Describe the structure of giant covalent compound.
55. Describe the properties of a giant covalent compound.
56. What is a monomer?
57. What is a polymer?
58. Describe the structure of a polymer.
59. Which element is both diamond and graphite made from?
60. Describe the bonding in diamond.
61. Describe the difference between the bonding in diamonds and the bonding in graphite?
62. What are the properties of graphite?
63. What are the uses of graphene?
64. What are the uses of fullerenes?
65. Describe the structure of fullerenes.
66. Describe the structure of carbon nanotubes.

Chemistry only

67. What is the size of a nanoparticle?
68. Why do nanoparticles have different properties?
69. What can nanoparticle be used for?
70. What are the advantages and disadvantages of nanoparticles?



3 – Quantitative Chemistry

Knowledge checklist

Whole topic summary <https://youtu.be/eAibVvhmsK0> in only 12 minutes!!

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these...	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
I can describe different ways of measuring the mass or volume of a product of a reactant	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why the mass of a reaction appears to change https://youtu.be/WqhZBnR743I	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain that in any measurement there is a degree of uncertainty	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the concentration of a solution from the masses used	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can represent a reaction using a word equation https://youtu.be/X8jiv0qwVok	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can represent a reaction using a balanced symbol equation https://youtu.be/T0wb4z-kmY https://youtu.be/5GmsOx_Dc0M	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the relative formula mass (M_r) of a compound from the relative atomic (A_r) masses of the elements https://youtu.be/8W9D8fiNodQ https://youtu.be/EPX7UKE22Gs	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term mole Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the number of moles from the mass https://youtu.be/JN_qmij-pkQ Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the number of particles in one mole as being equal to Avogadro's constant Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the mass of a reactant or a product given the equation Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can balance equation given information about the number of moles involved. Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe when a reactant would be used in excess Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the percentage yield of a reaction https://www.youtube.com/watch?v=N47Mb-Vvpvc Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the atom economy of a reaction Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why a reaction may not give the expected yield Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can carry out a titration https://youtu.be/MDWVrTW0nq8 https://youtu.be/yVF6Gn7HmWk https://youtu.be/XPTnZnbXgDs https://youtu.be/2hv2hS6zdh0	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the concentration of a solution in mol/dm ³ https://youtu.be/hhkt3ZZ-pvQ Chemistry only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can carry out titration calculations https://youtu.be/hhkt3ZZ-pvQ Chemistry only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that a gas takes up 24dm ³ under standard condition Chemistry only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the volume of a gas Chemistry only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/8uqWdmIKd7c>

1. Give three ways of measuring the mass or volume of a product or a reactant.
2. How do you calculate the concentration of a solution?
3. Give the formula of oxygen gas.
4. Give the formula of nitrogen gas.
5. Give the formula of hydrogen chloride.
6. Give the formula of ammonia.
7. Give the formula of methane.
8. Give the formula of hydrogen gas.
9. Give the formula of water.
10. Give the formula of carbon dioxide.
11. Balance this $\text{N}_2 + \dots\dots\dots\text{H}_2 \rightarrow \dots\dots\dots\text{NH}_3$
12. Balance this $\text{CaCl}_2 + \text{KOH} \rightarrow \text{Ca(OH)}_2 + \text{KCl}$
13. Ammonia reacts with oxygen gas; write this as a balanced symbol equation.
14. Magnesium reacts with carbon dioxide; write this as a balanced symbol equation.
15. Define relative formula mass (M_r).
16. Define relative atomic mass (A_r).
17. What is the mass of argon?
18. What is the mass of calcium?
19. What is the mass of H_2SO_4 ?
20. What is the mass of MgO ?

Higher tier only

21. What does the term mole mean?
22. What is equation for calculating moles?
23. What is Avogadro's constant?

Chemistry only

24. How do you calculate percentage yield of reaction?
25. How do you calculate the atom economy of a reaction?
26. Why might a reaction not give the expected yield?
27. What is the colour change in phenolphthalein?
28. What is the colour change in the methyl orange?

Higher tier

29. How do you calculate the concentration of the solution?
30. How much volume does 1 moles of gas take up at standard conditions?



4 – Chemical Changes

Knowledge checklist

Whole topic summary https://youtu.be/KTmXEIiU_Go in only 16 minutes!!

Specification statement	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
These are the bits the exam board wants you to know, make sure you can do all of these...			
I can describe the reaction between metal and oxygen	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the order of the reactivity series	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe when a displacement reaction might take place https://youtu.be/7Pm5-ox6YGM	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use experimental data to work out the order of reactivity https://youtu.be/7Pm5-ox6YGM	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how unreactive metals are found in the Earth	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe reduction	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of extracting aluminium by electrolysis https://youtu.be/h0G0ebmztUQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe oxidation as the loss of electrons https://youtu.be/-5fL5IOPSfs Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe reduction as a gain of electrons https://youtu.be/-5fL5IOPSfs Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can write balanced ionic half equations https://youtu.be/vbic3491cE8 Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can determine which element in a reaction is oxidised or reduced from the equation https://youtu.be/vbic3491cE8 Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can use the general equation to give the products from a reaction https://youtu.be/Sh3tOH95-AQ https://youtu.be/Gstk2bhzBVQ https://youtu.be/-kwhGkvUjoQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can determine the formula of a salt from common ions	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how to make a pure salt https://youtu.be/ttsAmaNu4ao https://youtu.be/BmaXoGTAmEa	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the ions that lead to acidic and alkaline conditions https://youtu.be/CvmhbNYroeo	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use the pH scale to describe how acidic or alkaline a solution is https://youtu.be/CvmhbNYroeo	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use an equation to show neutralisation https://youtu.be/CvmhbNYroeo	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can carry out a titration https://youtu.be/MDWVrTW0nq8 https://youtu.be/yVF6Gn7HmWk https://youtu.be/XPTnZnbXgDs https://youtu.be/2hv2hS6zdh0	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate a concentration from titration data https://youtu.be/hhkt3ZZ-pvQ Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can give examples of strong and weak acids Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how concentration relates to pH https://youtu.be/bdUas8qRUew Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use the terms strong, weak, concentrated and dilute in term of acids https://youtu.be/bdUas8qRUew Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why compounds need to be molten or dissolved to conduct	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the movement of ions during electrolysis https://youtu.be/m1NURA22XTk	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can predict the products of electrolysis https://youtu.be/m1NURA22XTk https://youtu.be/hcQHxKMpr60 https://youtu.be/r0kbEj2PDEg https://youtu.be/L_BjGkdm2Bk https://youtu.be/E6npZEyaASK	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can write balanced half equations to describe what happens at each electrode https://youtu.be/vbic3491cE8	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can describe how to test for the production of chlorine gas	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how to test for the production of hydrogen gas https://youtu.be/wuNB1n5z9QM	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how to test for the production of oxygen gas	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens to aqueous solutions that are electrolysed	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/7Nrma6v0A8I>

1. Describe what happens when a metal reacts with oxygen.
2. List the order of the reactivity series.
3. How are unreactive metals found?
4. What is the formula of magnesium oxide?
5. What is the formula of calcium hydroxide?
6. What ion is responsible for acidity?
7. What ion is responsible for alkalinity?
8. Is pH1 acid, alkali or neutral?
9. Is pH7 acid, alkali or neutral?
10. Is pH14 acid, alkali or neutral?
11. Write down the neutralisation equation.
12. When do ionic compounds conduct electricity?
13. Why do ionic compounds need to molten or dissolved to conduct?
14. What happens to positive ions during electrolysis?
15. What happens to negative ions during electrolysis?
16. If a metal chloride is being electrolysed what gas will be produced?
17. If metal sulfate is being electrolysed what gas will be produced?
18. How do you test for chlorine gas?
19. How do you test for hydrogen gas?
20. How do you test for oxygen gas?

Higher tier only

21. What is reduction?
22. What is oxidation?
23. Balance this Cl^- $\rightarrow \text{Cl}_2$
24. Balance this Mg^{2+} $\rightarrow \text{Mg}$
25. Give an example of a strong acid.
26. Give an example of a weak acid.
27. What is a concentrated acid?
28. What is a dilute acid?



5 – Energy Changes

Knowledge checklist

Whole topic summary <https://youtu.be/L7829UGifpM> in only 9 minutes

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these...	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
I can describe the energy changes in an exothermic or and endothermic reaction https://youtu.be/Bz0C9mmF2tw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can give uses for endothermic and exothermic reactions	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw the reaction profiles for endothermic and exothermic reactions https://youtu.be/bMndHV8m-w8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can determine the energy change in a reaction https://youtu.be/kvxTE-U-oZY	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that energy is needed to break bonds https://youtu.be/0HxSWa_36_s Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that energy is released when bonds are made https://youtu.be/0HxSWa_36_s Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the energy change in a reaction https://youtu.be/B3hs4GEgJQc Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how a simple cell works Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that a battery is two or more cells Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the difference between rechargeable and non-rechargeable batteries Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the reaction in a hydrogen fuel cell https://youtu.be/sO4uUdKpDEo Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can evaluate the use of hydrogen fuel cells https://youtu.be/sO4uUdKpDEo Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can write half-equations for the reactions that take place Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/PQtjfRoIMAE>

1. Define exothermic.
2. Define endothermic.
3. Draw the reaction profile for an endothermic reaction.
4. Draw the reaction profile for an exothermic reaction.
5. If energy is needed what is happening to the bonds?
6. If energy is released what is happening to the bonds?
7. How do you calculate the energy change in a reaction?

Chemistry only

8. How does simple cell work?
9. What is the difference between a battery and cell?
10. What is the difference between rechargeable non-rechargeable batteries?



6 – The Rate and Extent of Chemical Change

Knowledge checklist

Whole topic summary <https://youtu.be/7i90fiz9SmY> in only 13 minutes!!

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these...	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
I can calculate the mean rate of a reaction https://www.youtube.com/watch?v=LT2Ke0o1Kwg	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall ways to measure the quantity of a reactant or product	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units for measuring rate of reaction https://www.youtube.com/watch?v=LT2Ke0o1Kwg	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can give the quantity of a reactant in moles	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw a graph to show the progress of a reaction by showing the reactant being used up or a product being formed	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw tangents to curves and interpret the slope of these	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the gradient of a curve from the tangent	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how to investigate the rate of a reaction https://youtu.be/SXUWo-V-WgQ https://youtu.be/0RUYNpdnALg https://youtu.be/CwK4-Xq2yI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe and explain how a change in temperature will affect a rate of a reaction	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe and explain how a change in pressure will affect a rate of a reaction	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe and explain how a change in concentration will affect a rate of a reaction	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe and explain how a change in surface area will affect a rate of a reaction https://youtu.be/IdVJpLQEFKw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe and explain how catalyst will affect a rate of a reaction	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can use collision theory to explain how different factors (temperature/ pressure/ concentration/ surface area) will affect the rate of a reaction	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how a catalyst lowers activation energy	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw an energy profile diagram for a catalysed and an uncatalysed reaction	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use symbols to represent a reversible reaction	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens to ammonium chloride upon heating and cooling	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens to copper sulfate upon addition and removal of water https://youtu.be/Ie2P68YfYWiv	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens to the energy in a reversible reaction, where one direction is exothermic, and the other is endothermic Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what is happening to the rate of reactions when they have reached equilibrium Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can determine the effects that a change in temperature will have on the system, according to Le Chatelier's Principle Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can determine the effects that a change in concentration will have on the system, according to Le Chatelier's Principle Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can determine the effects that a change in pressure will have on the system, according to Le Chatelier's Principle Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/C-tHYZwisNs>

1. How do you measure the rate of reaction?
2. Give two ways to measure the quantity of reactant or product.
3. What are the units for measuring rate of reaction?
4. How do you calculate the gradient for a tangent?
5. Give three ways to measure the rate of reaction.
6. How can a change in temperature affect the rate of reaction?
7. How a change in pressure affect the rate of reaction?
8. How can a change in concentration affect the rate of reaction?
9. How can a change in surface area affect the rate of reaction?
10. What is a catalyst?
11. How can a catalyst affect the rate of reaction?
12. Sketch an energy profile for catalysed and an uncatalysed reaction.
13. What symbol represents a reversible reaction?
14. What happens to ammonium chloride upon heating and cooling?
15. What happens to copper sulfate on the addition and removal of water?

Higher tier only

16. What is Le Chatelier's Principle?



7 – Organic Chemistry

Knowledge checklist

Whole topic summary <https://youtu.be/ZeUNWY7YDAo> in only 15 minutes!!

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these...	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
I can define the term hydrocarbon https://youtu.be/VdstfH3CbvU https://youtu.be/FE_wFJDXm8E	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the makeup of crude oil https://youtu.be/XXncE3cZ4H8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can give and use the general formula for alkanes https://youtu.be/5kpo5W0UaX8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can name and draw the first 4 alkanes https://youtu.be/5kpo5W0UaX8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall why we need to distil oil into fractions https://youtu.be/XXncE3cZ4H8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can state some uses for the fractions of crude oil https://youtu.be/XXncE3cZ4H8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of fractional distillation https://youtu.be/XXncE3cZ4H8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall how boiling point changes with chain length https://youtu.be/XXncE3cZ4H8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall how viscosity changes with chain length https://youtu.be/eUmRR7y5HGc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall how flammability changes with chain length	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the equation for complete combustion https://youtu.be/Garj40Fyfuk	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the reasons why we need to crack long hydrocarbon chains	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of cracking by steam and via a catalyst	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the results of testing for alkenes with bromine water https://youtu.be/UQhyzisHawI	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can recall and use the general formula for alkenes https://youtu.be/jFIWdxQGMs Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe alkenes as unsaturated Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can name and draw the first four alkenes https://youtu.be/YNHKmgMKVIO Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the equation for incomplete combustion https://youtu.be/Garj40Fyfuk Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can compare complete and incomplete combustions https://youtu.be/Garj40Fyfuk Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the reaction of alkenes with hydrogen Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the reaction of alkenes with water Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the reaction of alkenes with the halogens Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the functional group for alcohols https://youtu.be/DVY3YCpfNo4 Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can name and draw the first four alcohols https://youtu.be/DVY3YCpfNo4 Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the main uses for alcohols https://youtu.be/DVY3YCpfNo4 Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens when alcohols react with sodium Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens when alcohols react with oxygen Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens when alcohols react with water Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens when alcohols react with an oxidising agent Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the conditions needed for fermentation Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can recall the functional group for carboxylic acids https://youtu.be/uIHoLv4_Zlg Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can name and draw the first four carboxylic acids https://youtu.be/uIHoLv4_Zlg Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the main uses for carboxylic acids https://youtu.be/uIHoLv4_Zlg Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens when carboxylic acids react with carbonates https://youtu.be/LG1PzsuDuck Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens when carboxylic acids react with water Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens when carboxylic acids react with alcohols Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can name and draw ethyl ethanoate Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the terms monomer and polymer Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the process of polymerisation Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw a polymer from a given monomer Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw the monomer from a given polymer Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that condensation polymerisation involved monomers with different functional groups Chemistry only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that condensation polymerisation involves the loss of a small molecules Chemistry only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the basic principles of condensation polymerisation Chemistry only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw a polymer from a given monomer Chemistry only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw the monomer from a given polymer Chemistry only Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall what DNA is Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can recall the structure of DNA https://youtu.be/erZB_EhuKbA Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall how DNA relates to amino acids Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can identify the two different functional groups in amino acid Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how an amino acid polymerises Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of amino acids joining together to form a polymer Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/sE2DP0x48kE>

1. Define hydrocarbon.
2. What is crude oil made up from?
3. What is the general formula for alkanes?
4. Draw methane.
5. Draw ethane.
6. Draw propane.
7. Draw butane.
8. Why do we need to separate crude oil into fractions?
9. How does boiling point change with chain length?
10. How does viscosity change with chain length?
11. How does flammability change with chain length?
12. Write the word equation for complete combustion.
13. Why do we need to crack long hydrocarbons?
14. How do we test for alkenes?

Chemistry Only

15. What is the general formula for alkenes?
16. What does unsaturated mean?
17. Draw ethene.
18. Draw propene.
19. Draw butene.
20. Draw pentene.
21. What is the word equation for incomplete combustion?
22. What is the difference between complete and incomplete combustion?
23. Describe the reaction of an alkene with a halogen.
24. Describe the reaction of an alkene with water.
25. Describe the reaction of an alkene with hydrogen.
26. What is the functional group for alcohol?
27. Draw methanol.
28. Draw ethanol.
29. Draw propanol.
30. Draw butanol.
31. What is the main use of alcohol?
32. What happens when alcohol reacted with oxygen?
33. What are the conditions needed for fermentation?
34. Draw the functional group for a carboxylic acid.
35. Draw methanoic acid.
36. Draw ethanoic acid.
37. Draw propanoic acid.
38. Draw butanoic acid.
39. What are the uses for carboxylic acids?
40. What happens when a carboxylic acid reacts with a carbonate?



41. What happens when a carboxylic acid reacts with water?
42. What happens when a carboxylic acid reacts with alcohol?
43. Draw ethyl ethanoate.
44. Define monomer.
45. Define polymer.
46. Describe polymerisation.
47. What is condensation polymerisation?
48. What is the structure of DNA?
49. How does DNA relate to amino acids?
50. Draw the basic structure of an amino acid.



8 – Chemical Analysis

Knowledge checklist

Whole topic summary <https://youtu.be/YyUQiUddBA4> in only 6 minutes!!

Specification statement	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
These are the bits the exam board wants you to know, make sure you can do all of these...			
I can recall the difference between a pure substance and a mixture https://www.youtube.com/watch?v=tguhuiq9tVs	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term formulation	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use the melting point of a substance to determine if it is pure or a mixture	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can give everyday example of formulations	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how chromatography can be used to identify if a compound is pure or a mixture https://www.youtube.com/watch?v=kxrjvLvbY28	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate R_f values https://www.youtube.com/watch?v=kxrjvLvbY28	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the test for hydrogen https://youtu.be/wuNB1n5z9QM	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the test for oxygen	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the test for carbon dioxide https://youtu.be/QR6GsydYUSI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the test for chlorine	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the colours of the flame test (lithium, sodium, potassium, calcium, copper) https://youtu.be/i3fEVB9VN0Y https://youtu.be/LC4Nxd5dwEM	😊 😐 😞	😊 😐 😞	😊 😐 😞
Chemistry only			
I can recall the result for testing with sodium hydroxide (aluminium, calcium, magnesium, copper (II), iron (II), iron (III)) https://youtu.be/ESQYWh02Ykg	😊 😐 😞	😊 😐 😞	😊 😐 😞
Chemistry only			



I can write balanced equation for reactions with sodium hydroxide (aluminium, calcium, magnesium, copper (II), iron (II), iron (III)) Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the test for carbonate ions https://youtu.be/7AGBLbl7AHE Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the test for halide ions https://youtu.be/XtQ4hHZzX2k Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the test for sulfate ions https://youtu.be/k5qMGgmQDwo Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can give the advantages and disadvantages of using instrumental method to identify ions rather than the ones used in class Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the use of flame emission spectroscopy Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can interpret results of flame test emission spectroscopy Chemistry only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/vMKAHdoc-g0>

1. Define mixture.
2. Defiant formulation.
3. Define melting point.
4. How can melting point be used to determine if a compound is pure or not?
5. How can chromatography be used to determine if a compound is pure or not?
6. How do you calculate R_f values?
7. What is the test for hydrogen gas?
8. What is the test oxygen gas?
9. What is the test for carbon dioxide?
10. What is the test for chlorine gas?

Chemistry only

11. What colour flame test for lithium go?
12. What colour flame test for sodium go?
13. What colour flame test for potassium go?
14. What colour flame test for calcium go?
15. What colour flame test for copper go?
16. What happens when you react aluminium with sodium hydroxide?
17. What happens when you react calcium with sodium hydroxide?
18. What happens when you react magnesium with sodium hydroxide?
19. What happens when you react copper (II) with sodium hydroxide?
20. What happens when you react iron (II) with sodium hydroxide?
21. What happens when you react iron (III) with sodium hydroxide?
22. What is the test carbonate ions?
23. What is the test for halide ions?
24. What is the test for sulfate ions?



9 – Chemistry of the Atmosphere

Knowledge checklist

Whole topic revision summary <https://youtu.be/gxCrsqXZzeU> in only 6 minutes!!

Specification statement	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
These are the bits the exam board wants you to know, make sure you can do all of these...			
I can state the different proportions of the gases in the current atmosphere https://youtu.be/7IIF4Ydb5J0	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can state that the Earth's atmosphere has changed over time https://youtu.be/EYeh1FhEmmU https://youtu.be/KMK8Bo6XdSc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe that changes that have led to the evolution of today's atmosphere https://youtu.be/EYeh1FhEmmU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how the levels of oxygen increased	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how the levels of carbon dioxide decreased	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can state the greenhouse gases https://youtu.be/y5PZ1RN5mt0	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how these gases interact with radiation https://youtu.be/9IvHkJxVukw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effect an increased level of these gases in the atmosphere has on the climate https://youtu.be/PK8aljEFRKA	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall which activities contribute to increased levels of greenhouse gases in the atmosphere https://youtu.be/y5PZ1RN5mt0	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall what the predictions are for the effect of greenhouse gases of future temperature levels https://youtu.be/y5PZ1RN5mt0	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can discuss the limitations of scientific models	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term carbon footprint	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can list the major sources of atmospheric pollution	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effects that carbon dioxide has on the atmosphere https://youtu.be/PK8aljEFRKA	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effects that sulfur dioxide has on the atmosphere https://youtu.be/nitv5kjgTKQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effects that water vapour has on the atmosphere	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effects that carbon monoxide has on the atmosphere	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effects that nitrogen oxides have on the atmosphere	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effects that carbon particles have on the atmosphere https://youtu.be/Ut4xCQnSldM	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the effects that pollution has on humans, animals and plants	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/DznhhA2QHUg>

1. How much oxygen is there in the atmosphere?
2. How much carbon dioxide is there in the atmosphere?
3. How much nitrogen is there in the atmosphere?
4. How was the early atmosphere different to today?
5. What led to an increase in oxygen in the atmosphere?
6. What led to the increase in nitrogen in the atmosphere?
7. Give two things that led to a decrease in carbon dioxide in the atmosphere.
8. What are three greenhouse gases?
9. How do greenhouse gases interact with radiation?
10. What impact does increased level of these gases in the atmosphere have on the climate?
11. Give two activities that lead to an increased level of greenhouse gases in the atmosphere.
12. What are the predictions of the effects of greenhouse gases on future temperature levels?
13. Define the term carbon footprint.
14. What are the major sources of atmospheric pollution?
15. What effect does carbon dioxide have on the atmosphere?
16. What effect does sulfur dioxide have on the atmosphere?
17. What effect does water vapour have on the atmosphere?
18. What effect does carbon monoxide have on the atmosphere?
19. What effect do nitrogen oxides have on the atmosphere?
20. What effect do carbon particles have on the atmosphere?
21. What effect does pollution have on humans?
22. What affects does pollution have on plants?
23. What effect does pollution have on animals?



10 – Using Resources

Knowledge checklist

Whole topic summary <https://youtu.be/KyVf2bVLI08> in only 10 minutes!!

Specification statement	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
These are the bits the exam board wants you to know, make sure you can do all of these...			
I can describe the different ways humans use the Earth's resources, including warmth, shelter, food, and transport	☺☺☺	☺☺☺	☺☺☺
I can state the resources we get from the Earth come from a range of sources including the land, oceans, and atmosphere	☺☺☺	☺☺☺	☺☺☺
I can differentiate between finite and renewable resources	☺☺☺	☺☺☺	☺☺☺
I can state the importance of water to human life	☺☺☺	☺☺☺	☺☺☺
I can recall the methods used to produce potable water https://youtu.be/YdfVe8AIRgc	☺☺☺	☺☺☺	☺☺☺
I can describe the ways of sterilising water	☺☺☺	☺☺☺	☺☺☺
I can describe the process of desalination	☺☺☺	☺☺☺	☺☺☺
I can recall the difference between pure and potable water	☺☺☺	☺☺☺	☺☺☺
I can describe the process of waste water treatment https://youtu.be/xJkKCzApbhM	☺☺☺	☺☺☺	☺☺☺
I can describe different method for purifying water	☺ ☺ ☺	☺☺☺	☺☺☺
I can explain the reasons for developing new method to extract metals from the Earth	☺☺☺	☺☺☺	☺☺☺
I can describe the process of bioleaching	☺☺☺	☺☺☺	☺☺☺
I can describe the process of phytomining	☺☺☺	☺☺☺	☺☺☺
I can assess the impact of raw materials, manufacturing, packaging, uses, and disposal of an object	☺☺☺	☺☺☺	☺☺☺
I can analyse Life Cycle Assessments	☺☺☺	☺☺☺	☺☺☺



I can describe ways of reducing the amount of resources used.	☺☺☺	☺☺☺	☺☺☺
I can describe the process of rusting https://youtu.be/LQ-prcAHM_U Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can describe ways to prevent corrosion Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can interpret result that shows which factors affect rusting https://youtu.be/LQ-prcAHM_U Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can describe the structure of an alloy Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can describe how the structure of an alloy relates to its properties Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can state the composition of most of the glass we use Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can describe the makeup of clay ceramics Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can link the properties of polymers to their structure https://youtu.be/bPFn7Lehr6s Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can define the term composite and describe some uses Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can recall what the Haber process is used for https://youtu.be/0Yz1EgqfxAk Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can state the source of nitrogen and hydrogen https://youtu.be/0Yz1EgqfxAk Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can state the conditions needed for the Haber process https://youtu.be/0Yz1EgqfxAk Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can apply the principles of dynamic equilibrium to the Haber process https://youtu.be/sqq8iSFH4KU Chemistry only	☺☺☺	☺☺☺	☺☺☺
I can describe the production and uses of NPK fertilisers Chemistry only	☺☺☺	☺☺☺	☺☺☺



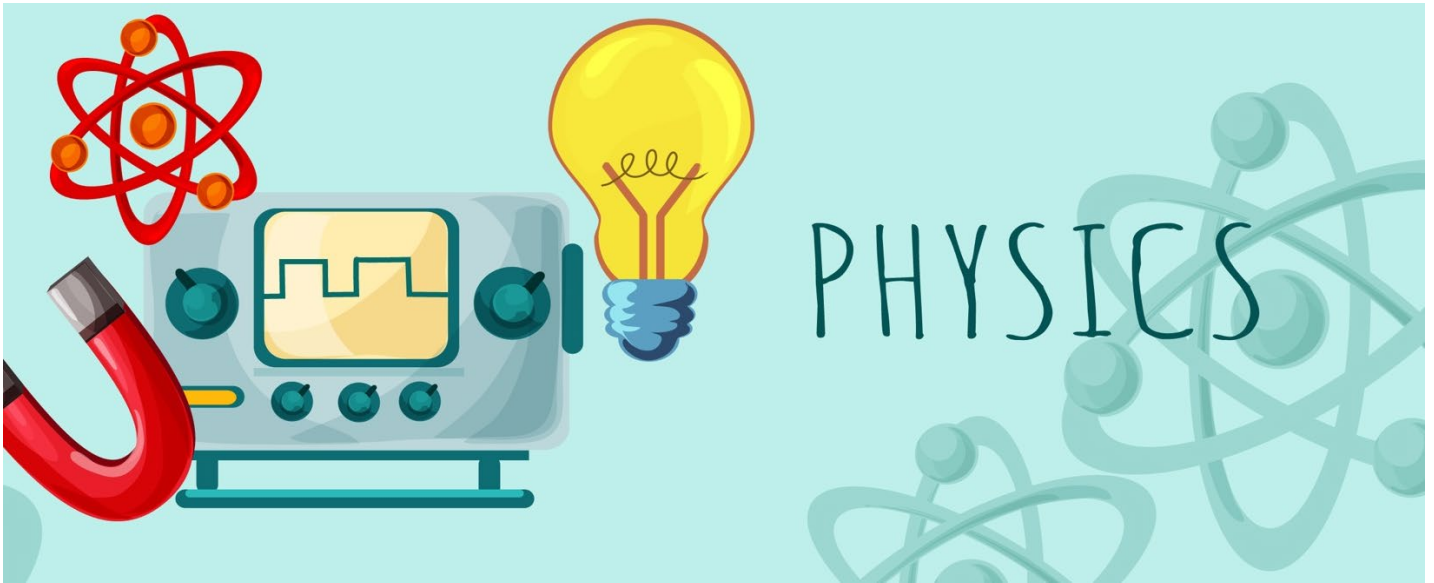
Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/xBUXqfa2gHo>

1. What different ways can humans use the Earth's resources?
2. Give 3 resources we get from the Earth.
3. Define finite resource.
4. Define renewable resource.
5. How do you produce potable water?
6. How do you sterilise water?
7. How do you desalinate water?
8. Why do we need to develop new methods to extract materials from the Earth?
9. What is bioleaching?
10. What is phytomining?
11. How do we assess the impact of an object?
12. How do we analyse a life-cycle assessment?
13. How can you reduce amount of resources used?

Chemistry Only

14. What is rusting?
15. How can we prevent corrosion?
16. What is the structure of an alloy?
17. How does the structure of an alloy relate to its properties?
18. What is the composition of most of the glass we use?
19. What are clay ceramics?
20. How do the structure of polymers link to their properties?
21. What is the Haber process used for?
22. In the Haber process, where do the nitrogen and hydrogen come from?
23. In the Haber process, what are the conditions needed?



5 most common mistakes in a physics exam

1. Not knowing your units - this comes up a lot as separate marks and your formula sheet will be useless if don't know these
2. Not being able to rearrange equations - if you want to get the top grades you'll need to use sophisticated maths skills
3. We don't use reoccurring in science - you need to round to the nearest whole number
4. Store numbers in your calculator's memory - so you don't make an error due to rounding
5. Missing out the keywords - easy, easy makes here, but you need to learn them!!



Topic Guide

Topic	First review	Second review	Third review
1 – Energy			
2 – Electricity			
3 – Particle Model of Matter			
4 – Atomic Structure			
5 – Forces			
6 – Waves			
7 – Magnetism and Electromagnets			
8 – Space Physics			

Topic	Quick fire questions	Whole topic summary
1 – Energy	https://youtu.be/q5CwATii6OA	https://youtu.be/tDkBhy-Y1Z8
2 – Electricity	https://youtu.be/62RyyfKZoYg	https://youtu.be/jSA4WaLSVEA
3 – Particle Model of Matter	https://youtu.be/z9L6zfMVk3U	https://youtu.be/cZz9oGgJOL0
4 – Atomic Structure	https://youtu.be/bRzRjfvoU-E	https://youtu.be/YFVYUSvUBoo
5 – Forces	https://youtu.be/jfjb1pnH8zw	https://youtu.be/Rz4XBSKNGXg
6 – Waves	https://youtu.be/AEFwEDC6DkQ	https://youtu.be/9JPNVJ_LC3E
7 – Magnetism and Electromagnets	https://youtu.be/LyflUYL4FvM	https://youtu.be/mnigg3MGsIY
8 – Space Physics	https://youtu.be/f3Rf1aVStIk	https://youtu.be/Mdi0i24tNT0

Required practical's

1. Specific Heat Capacity
2. Thermal Insulation (Physics only)
3. Resistance
4. I-V characteristics
5. Density
6. Force and extension
7. Acceleration
8. Waves
9. Reflection (Physics only)
10. Surfaces

<https://youtu.be/-Qk9WBOQW4w>

<https://youtu.be/kDLx36gDz80>



AQA GCSE Physics Equation Sheet

Units and equations available as readymade flashcards from my website

Topic 1 – Energy

Equation	Symbol	Unit
$E_k = \frac{1}{2} mv^2$	E_k = kinetic energy m = mass v = speed	E_k = J (joules) m = kg (kilograms) v = m/s (meters per second)
$E_e = \frac{1}{2} ke^2$	E_e = elastic potential energy k = spring constant e = extension	E_e = J (joules) k = N/m (newtons per meter) e = m (meters)
Given in the exam		
$E_p = mgh$	E_p = gravitational potential energy m = mass g = gravitational field strength h = height	E_p = J (joules) m = kg (kilograms) g = N/kg (newtons per kilogram) h = m (meters)
$\Delta E = mc\Delta\theta$	ΔE = change in thermal energy m = mass c = specific heat capacity $\Delta\theta$ = temperature change	ΔE = J (joules) m = kg (kilograms) c = J/kg °C (joules per kilogram degree Celsius) $\Delta\theta$ = °C (degree Celsius)
Given in the exam		
$P = \frac{E}{T}$	P = power E = energy transferred t = time	P = W (watts) E = J (joules) t = s (seconds)
$P = \frac{W}{T}$	P = power W = work done t = time	P = W (watts) E = J (joules) t = s (seconds)
Efficiency = $\frac{\text{useful energy out}}{\text{total energy in}}$		
Efficiency = $\frac{\text{useful power out}}{\text{total power in}}$		

Topic 2 – Electricity

Equation	Symbols	Units
$Q = It$	Q = Charge I = Current t = Time	Q = C (coulombs) I = A (amps) t = s (seconds)
$V = IR$	V = Potential difference I = Current R = Resistance	V = V (volts) I = A (amps) R = Ω (ohms)
$P = VI$	P = Power V = Potential difference I = Current	P = W (watts) V = V (volts) I = A (amps)



$P = I^2R$	P = Power I = Current R = Resistance	P = W (watts) I = A (amps) R = Ω (ohms)
$E = Pt$	E = Energy P = Power t = Time	E = J (joules) P = W (watts) t = s (seconds)
$E = QV$	E = Energy Q = Charge V = Potential difference	E = J (joules) Q = C (coulombs) V = V (volts)

Topic 3 – Particle Model of Matter

Equation	Symbols	Units
$\rho = \frac{m}{V}$	ρ = density m = mass V = volume	ρ = kg/m ³ (kilograms per meter cubed) m = kg (kilograms) V = m ³ (meters cubed)
$\Delta E = mc\Delta\theta$ Given in the exam	ΔE = change in thermal energy m = mass c = specific heat capacity $\Delta\theta$ = temperature change	ΔE = J (joules) m = kg (kilograms) c = J/kg °C (joules per kilogram degree Celsius) $\Delta\theta$ = °C (degree Celsius)
$E = mL$ Given in the exam	E = Energy m = mass L = specific latent heat	E = J (joules) m = kg (kilograms) L = J/kg (joules per kilogram)
$pV = \text{constant}$ Physics only Given in the exam	p = pressure V = volume	p = Pa (pascals) V = m ³ (meters cubed)

Topic 5 – Forces

Equation	Symbols	Units
$W = mg$	W = weight m = mass g = gravitational field strength	W = N (newton's) m = kg (kilograms) g = N/kg (newtons per kilogram)
$W = Fs$	W = work done F = force s = distance	W = J (joules) F = N (newtons) s = m (meters)
$F = ke$	F = force k = spring constant e = extension	F = N (newtons) k = N/m (newtons per meter) e = m (meters)
$E_e = \frac{1}{2} ke^2$ Given in the exam	E_e = elastic potential energy k = spring constant e = extension	E_e = J (joules) k = N/m (newtons per meter) e = m (meters)



$M = Fd$ Physics only	$M = \text{moment}$ $F = \text{force}$ $d = \text{distance}$	$M = \text{Nm (newton-meters)}$ $F = \text{N (newtons)}$ $d = \text{m (meters)}$
$p = \frac{F}{A}$ Physics only	$p = \text{pressure}$ $F = \text{force}$ $A = \text{area}$	$p = \text{Pa (pascals)}$ $F = \text{N (newtons)}$ $A = \text{m}^2 \text{ (meters squared)}$
$p = h\rho g$ Physics only Higher tier only Given in the exam	$p = \text{pressure}$ $h = \text{height}$ $\rho = \text{density}$ $g = \text{gravitational field strength}$	$p = \text{Pa (pascals)}$ $h = \text{m (meters)}$ $\rho = \text{kg/m}^3 \text{ (kilograms per meter cubed)}$ $g = \text{N/kg (newtons per kilogram)}$
$s = vt$	$s = \text{distance}$ $v = \text{speed}$ $t = \text{time}$	$s = \text{m (meters)}$ $v = \text{m/s (meters per second)}$ $t = \text{s (seconds)}$
$a = \frac{\Delta v}{t}$	$a = \text{acceleration}$ $\Delta v = \text{change in velocity}$ $t = \text{time}$	$a = \text{m/s}^2 \text{ (meters per second squared)}$ $\Delta v = \text{m/s (meters per second)}$ $t = \text{s (seconds)}$
$v^2 - u^2 = 2as$ Given in the exam	$v = \text{final velocity}$ $u = \text{initial velocity}$ $a = \text{acceleration}$ $s = \text{distance}$	$v = \text{m/s (meters per second)}$ $u = \text{m/s (meters per second)}$ $a = \text{m/s}^2 \text{ (meters per second squared)}$ $s = \text{m (meters)}$
$F = ma$	$F = \text{force}$ $m = \text{mass}$ $a = \text{acceleration}$	$F = \text{N (newtons)}$ $m = \text{kg (kilograms)}$ $a = \text{m/s}^2 \text{ (meters per second squared)}$
$p = mv$ Higher tier only	$p = \text{momentum}$ $m = \text{mass}$ $v = \text{velocity}$	$p = \text{kg m/s (kilograms metre per second)}$ $m = \text{kg (kilograms)}$ $v = \text{m/s (meters per second)}$
$F = \frac{m \Delta v}{\Delta t}$ Physics only Higher tier only Given in the exam	$F = \text{force}$ $m = \text{mass}$ $v = \text{velocity}$ $t = \text{time}$	$F = \text{N (newtons)}$ $m = \text{kg (kilograms)}$ $v = \text{m/s (meters per second)}$ $t = \text{s (seconds)}$

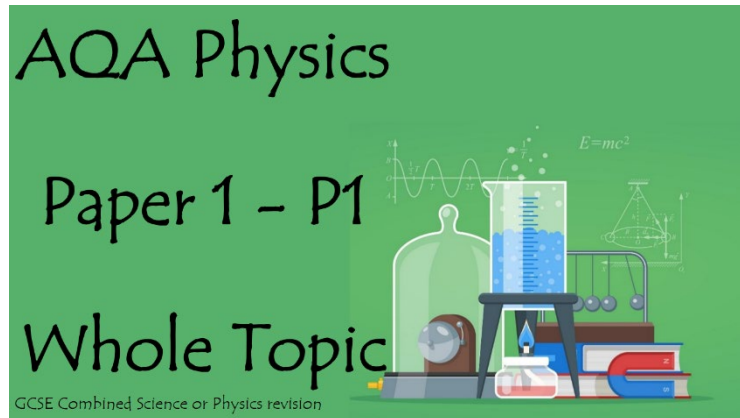


Topic 6 – Waves

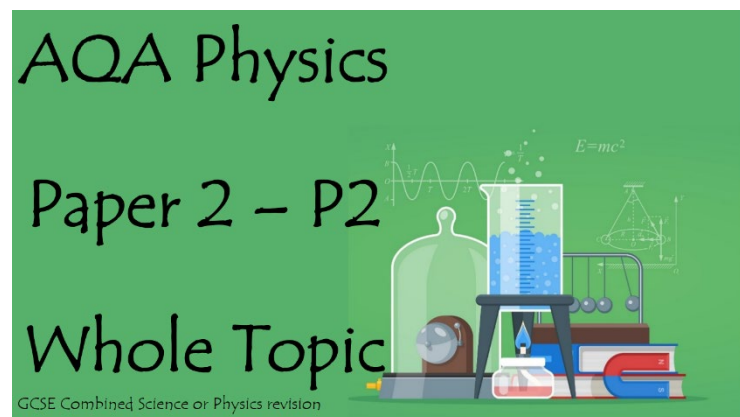
Equation	Symbols	Units
$\text{Period} = \frac{1}{\text{Frequency}}$ <p>Given in the exam</p>		Period = s (seconds) Frequency = Hz (hertz)
$T = \frac{1}{f}$	T = Period f = frequency	T = s (seconds) f = Hz (hertz)
$v = f\lambda$	v = velocity f = frequency λ = wavelength (lambda)	v = m/s (meters per second) f = Hz (hertz) λ = m (meters)
$\text{Magnification} = \frac{\text{image height}}{\text{object height}}$ <p>Physics only Given in the exam</p>		Ratio, so has no units

Topic 7 – Magnetism and Electromagnetism

Equation	Symbols	Units
$F = BIl$ <p>Note this is a capital I and a lowercase l Higher tier only Given in the exam</p>	F = force B = magnetic flux density I = Current l = length	F = N (newtons) B = T (tesla) I = A (Amps or Amperes) l = m (meters)
$\frac{V_p}{V_s} = \frac{n_p}{n_s}$ <p>Physics only Higher tier only Given in the exam</p>	V _p = potential difference across the primary coil V _s = potential difference across the secondary coil n _p = number of turns on the primary coil n _s = number of turns on the secondary coil	V _p = V (volts) V _s = V (volts) n _p and n _s have no units as they are just numbers
$V_s I_s = V_p I_p$ <p>Physics only Higher tier only Given in the exam</p>	V _s = potential difference across the secondary coil V _p = potential difference across the primary coil I _s = current in the secondary coil I _p = current in the primary coil V _s I _s = power output V _p I _p = power input	V _s = V (volts) V _p = V (volts) I _s = A (Amps or Amperes) I _p = A (Amps or Amperes)



The whole of physics paper 1 in only 40 minutes <https://youtu.be/xtw-Z0nIIA4>



The whole of physics paper 2 in only 48 minutes <https://youtu.be/X1aMXCr75Kw>



1 – Energy

Knowledge checklist

Specification statement	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
These are the bits the exam board wants you to know, make sure you can do all of these...			
I can recall the different types of energy and give examples https://youtu.be/ujdUEwMfiok	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the energy changes involved in a range of common situations https://youtu.be/nd97wwioCX4	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term system	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that energy cannot be created or destroyed	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use describe how kinetic energy changes over time	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $E_k = \frac{1}{2} mv^2$ https://youtu.be/RRm_8BDgH1M	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $E_k = \frac{1}{2} mv^2$ https://youtu.be/RRm_8BDgH1M	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $E_k = \frac{1}{2} mv^2$ https://youtu.be/RRm_8BDgH1M	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use describe how elastic potential energy changes	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $E_e = \frac{1}{2} ke^2$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $E_e = \frac{1}{2} ke^2$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $E_e = \frac{1}{2} ke^2$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use describe how gravitational potential energy changes	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $E_p = mgh$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $E_p = mgh$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $E_p = mgh$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use describe how objects have different specific heat capacities	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $\Delta E = mc\Delta\theta$ https://youtu.be/_gooQFvVqzk	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $\Delta E = mc\Delta\theta$ https://youtu.be/_gooQFvVqzk	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can use $\Delta E = mc\Delta\theta$ https://youtu.be/_qooQFvVqzk	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use define power	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $P = \frac{E}{T}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $P = \frac{E}{T}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $P = \frac{E}{T}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $P = \frac{W}{T}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $P = \frac{W}{T}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $P = \frac{W}{T}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that energy cannot be created or destroyed https://www.youtube.com/watch?v=nd97wwioCX4	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happen to wasted energy	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall ways to reduce wasted energy	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how insulation can reduce energy loss	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe why a system might not be 100% efficient	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe whys to increase the efficiency of a system	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for Efficiency = $\frac{\text{useful energy out}}{\text{total energy in}}$ https://youtu.be/GVSiL39bnrc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange Efficiency = $\frac{\text{useful energy out}}{\text{total energy in}}$ https://youtu.be/GVSiL39bnrc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use Efficiency = $\frac{\text{useful energy out}}{\text{total energy in}}$ https://youtu.be/GVSiL39bnrc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for Efficiency = $\frac{\text{useful power out}}{\text{total power in}}$ https://youtu.be/GVSiL39bnrc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange Efficiency = $\frac{\text{useful power out}}{\text{total power in}}$ https://youtu.be/GVSiL39bnrc	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can use Efficiency = $\frac{\text{useful power out}}{\text{total power in}}$ https://youtu.be/GVSiL39bnrc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can state the different sources that can be used to get energy	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can determine if a resource is renewable or finite	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can consider the impact that using these resources has on the environment	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can discuss the advantages and disadvantages of each source of energy	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/q5CwATii6OA>

1. What are the different types of energy?
2. What energy changes happen in a lightbulb?
3. What energy changes happen in TV?
4. What does the word system mean?
5. What is the law of conservation of energy?
6. What is the equation linking kinetic energy, mass, and velocity?
7. What are the units for velocity?
8. What are the units for mass?
9. What are the units for kinetic energy?
10. What is elastic potential energy?
11. What is equation linking elastic potential energy, the spring constant, and extension?
12. What are units for elastic potential energy?
13. What are the units for the spring constant?
14. What are the units for extension?
15. What is gravitational potential energy?
16. What is the equation linking gravitational potential energy, mass, gravity, and height?
17. What are the units for gravitational potential energy?
18. What is the value and the units for gravity?
19. What are the units for height?
20. What does this symbol mean Δ ?
21. What is specific heat capacity?
22. What is the equation linking changing energy, mass, specific heat capacity and change in temperature?
23. What are the units for energy?
24. What are the units for specific heat capacity?
25. What are the units for change in temperature?
26. What is the equation linking power, energy and time?
27. What are the units of power?
28. What are the units for time?
29. What is the equation linking power, work done and time?
30. What are the units for work done?
31. What happens to waste energy?
32. How can we reduce wasting energy?
33. Give three examples of insulation that can be used in the house.
34. Why is a system not 100% efficient?
35. What is the equation for working out efficiency?
36. What are the units for efficiency?
37. What different ways we can get energy?



- 38.What is a renewable resource?
- 39.What is finite resource?



2 – Electricity

Knowledge checklist

Whole topic summary <https://youtu.be/jSA4WaLSVEA> in only 10 minutes!!

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these...	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
I can draw and use the common circuit symbols https://youtu.be/HiVcnpDQOcI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw series and parallel circuits https://youtu.be/2QBTaq63mYk https://youtu.be/rbLqufYEVN8 https://youtu.be/xZXKaQW2jBc https://youtu.be/oBuewt6m_KM	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the terms charge and current https://youtu.be/k3vCg3lGpys	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $Q = It$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $Q = It$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $Q = It$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the terms potential difference and resistance https://youtu.be/k3vCg3lGpys	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $V = IR$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $V = IR$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $V = IR$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw and explain current-potential difference graphs for ohmic conductors, filament lamps and diodes https://youtu.be/fxDNqQ3hH2A https://youtu.be/yIHsTMAGV1I	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the change in resistance of a thermistor as the temperature changes https://youtu.be/2PdHk4wa5Bq https://youtu.be/Ra7sqF8oZxq	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the change in resistance of an LDR as the light intensity changes	😊 😐 😞	😊 😐 😞	😊 😐 😞



https://youtu.be/Ra7sqF8oZxg https://youtu.be/iUnMBMmkxnY			
I can describe the way current behaves in a series circuit	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the way potential difference behaves in a series circuit https://youtu.be/g2kUj3xfM90 https://youtu.be/E70eNm2IITI https://youtu.be/OdmmKxa0Nhs	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the way resistance behaves in a series circuit	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the way current behaves in a parallel circuit https://youtu.be/g2kUj3xfM90	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the way potential difference behaves in a parallel circuit https://youtu.be/g2kUj3xfM90	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the way resistance behaves in a parallel circuit	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the voltage and frequency of mains electricity in the UK	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the difference between direct current and alternating current	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the inside of a plug https://youtu.be/Ke4yyUZH-hY -not electrical advice!	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the safety features of a plug	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how power in a circuit is related to the potential difference	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $P = VI$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $P = VI$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $P = VI$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $P = I^2R$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $P = I^2R$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $P = I^2R$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how domestic appliances transfer energy	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $E = Pt$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $E = Pt$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $E = Pt$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $E = QV$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $E = QV$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $E = QV$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the part of the National Grid and how they interact with each other	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can describe how step-up and step-down transformers work https://www.youtube.com/watch?v=jXC2BvL-Ffk https://www.youtube.com/watch?v=54s2HcJOBKA	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the circumstances in which an object might become charged -Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens what two charged objects are brought close together https://www.youtube.com/watch?v=BJ_cGWei5bY -Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can state that a charged object creates an electric field around itself -Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw the electric field pattern for an object -Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/62RyyfKZoYg>

1. Draw the symbol for a cell.
2. Draw the symbol for a battery.
3. What is the difference between a battery and a cell?
4. Draw the symbol for an ammeter.
5. How must an ammeter be placed in a circuit?
6. Draw the symbol for a voltmeter.
7. How must a voltmeter be placed in a circuit?
8. Draw the symbol for a lamp.
9. Draw the symbol for a diode.
10. Draw the symbol for a resistor.
11. Draw the symbol for a LED (light emitting diodes).
12. Draw the symbol for a variable resistor.
13. Draw the symbol for a LDR (light dependent resistor).
14. Draw the symbol for a fuse.
15. Draw the symbol for a thermistor.
16. Draw the symbol for an open switch.
17. Draw the symbol for a closed switch.
18. What is difference between series and parallel circuits?
19. Define charge.
20. Define current.
21. What is equation taking charge, current and time?
22. What are the units for charge?
23. What are the units for current?
24. What are the units for time?
25. Define potential difference.
26. Define resistance.
27. What is equation linking potential difference, current, and resistance?
28. What are the units of potential difference?
29. What are the units for resistance?
30. Draw the current-potential different graphs for a conductor.
31. Draw the current-potential different graphs for lamp.
32. Draw the current-potential different graphs for a diode.
33. How does resistance of a thermistor change as temperature changes?
34. How does resistance of an LDR change as light intensity changes?
35. How does current behave in a series circuit?
36. How does potential difference behave in a series circuit?
37. How does resistance behave in a series circuit?
38. How does current behave in a parallel circuit?
39. How does potential difference behave in a parallel circuit?
40. How does resistance behave in a parallel circuit?
41. What is the voltage of mains electricity in the UK?



42. What is the frequency of mains electricity in the UK?
43. What is the difference between alternating and direct current?
44. What are the three wires inside a plug?
45. What are the safety features on a plug?
46. What is equation linking power, current, and potential difference?
47. What are the units for power?
48. What is the equation linking power, current, and resistance?
49. What is equation linking energy, power and time?
50. What are the units for energy?
51. What are the units for time?
52. What is equation linking energy, charge and potential difference?
53. What is the National Grid?
54. What does step up transformer do?
55. What does a step-down transformer do?



3 - Particle Model of Matter

Knowledge checklist

Whole topic summary video; <https://youtu.be/cZz9oGgJOL0> only 6 minutes!

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these...	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
I can recall the arrangement of particles in a solid, a liquid and a gas https://youtu.be/hs9DIOqzgRg	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the energy changes that happen when a substance changes state https://youtu.be/hs9DIOqzgRg	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the energy in the atoms and molecules as internal energy	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain that a change in the internal energy will lead to a change in temperature or a change in state	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define density https://www.youtube.com/watch?v=txzQdIX_KQA	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $\rho = \frac{m}{V}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $\rho = \frac{m}{V}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $\rho = \frac{m}{V}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define specific heat capacity and specific latent heat https://www.youtube.com/watch?v=gooQFvVqzk	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $\Delta E = mc\Delta\theta$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $\Delta E = mc\Delta\theta$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $\Delta E = mc\Delta\theta$ https://www.youtube.com/watch?v=gooQFvVqzk	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $E = mL$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $E = mL$	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can use $E = mL$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the movement of particles in a gas	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can relate the temperature of the gas to the average kinetic energy of the system	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how the motion of a gas relates to the pressure in a system	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can relate the volume of a gas to the pressure- Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $pV = \text{constant}$ Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $pV = \text{constant}$ Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $pV = \text{constant}$ Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how doing work on a system can increase the temperature Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/z9L6zfMVk3U>

1. Draw arrangement of particles in a solid.
2. Draw the arrangement of particles in liquid.
3. Draw the arrangement of particles in a gas.
4. Define density.
5. What is the equation linking density, mass and volume?
6. What are the units for density?
7. What are units the mass?
8. What are the units for volume?
9. What is specific heat capacity?
10. What is specific latent heat?
11. What is the equation linking energy change, mass, specific heat capacity and change in temperature?
12. What are the units for energy change?
13. What are the units for specific heat capacity?
14. What are the units for temperature change?
15. What is equation linking energy, mass and specific latent heat?
16. What are the units for specific latent heat?

Physics only

17. What is relationship between volume of gas and pressure?
18. What is the equation linking pressure, volume and the constant?
19. What are the units of pressure?



4 - Atomic Structure

Knowledge checklist

Whole topic summary video <https://youtu.be/YFVYUSvUBoo> in only 15 minutes

Specification statement	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
These are the bits the exam board wants you to know, make sure you can do all of these...			
I can recall the size of an atom	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the structure of an atom	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the parts of an atom	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the mass, charge and location of the subatomic particles https://youtu.be/ljyzVt8bJSA	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the electrons are arranged in energy levels (shells) https://youtu.be/bqWKesHbLnE	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain that the position of electrons may change with the absorption or emission of electromagnetic radiation	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the terms atomic number and mass number https://youtu.be/ljyzVt8bJSA	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can work out the number of protons, electrons and neutrons an atom has https://youtu.be/CEJ8WoNFFSI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why atoms have no overall charge https://youtu.be/M5qfMT-ePrQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why ions have a charge https://youtu.be/746sTyJqrJo	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term isotope https://youtu.be/fIC2B935oXQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can work out the number of protons, electrons and neutrons and isotope has https://youtu.be/fIC2B935oXQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how and why a scientific model changes over time	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the plum pudding model of the atom https://youtu.be/nbwcnqWsXAU	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can explain why Rutherford's experiment that disproved the plum pudding model https://youtu.be/nbwcngWsXAU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how Bohr adapted the model of the atom	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall what Chadwick added to the model of the atom	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the process of radioactive decay https://www.youtube.com/watch?v=1BpJI0s-qmc	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that activity is measured in Becquerel's (Bq)	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what a Geiger-Muller tubes does	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the different types of radiation https://youtu.be/NzGkp8ZcjZ0	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can represent radioactive decay by nuclear equations https://youtu.be/L99xBAZY4AE	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the term half-life https://youtu.be/A9ej_7z03O8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can relate half-life to radioactive decay https://youtu.be/A9ej_7z03O8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can determine half-life from graphic or mathematical information	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what radioactive contamination is	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the precautions that need to be taken around radioactive contamination	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the different sources of background radiation https://youtu.be/LIVoVvpeQ5o Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what may affect a person dose of radiation Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that different isotopes have different half lives Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the different uses of radioactivity https://youtu.be/LeRaJN2WpV0 Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe nuclear fission https://youtu.be/I97zD2WACzo Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the chain reaction that can occur from nuclear fission https://youtu.be/I97zD2WACzo Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe nuclear fusion https://youtu.be/Iek-hpiMhTs -Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/bRzRjfvoU-E>

1. How big is an atom?
2. What is the mass of a proton?
3. What is the mass of a neutron?
4. What is the mass of an electron?
5. What is the charge on a proton?
6. What is the charge on an electron?
7. What is the charge on a neutron?
8. Where are protons found?
9. Where are neutrons found?
10. Where are electrons found?
11. What happens to electrons when they absorb or emit radiation?
12. What is the atomic number?
13. What is the mass number?
14. How do you find the number of protons an atom has?
15. How do you find the number of electrons an atom has?
16. How do you find the number of neutrons an atom has?
17. Why do atoms have no overall charge?
18. How do ions get charged?
19. What is an isotope?
20. What was the plum-pudding model?
21. What did Rutherford do?
22. What did Bohr do?
23. What did Chadwick do?
24. What is radioactive decay?
25. What are the units for radioactivity?
26. What are the three different types of radiation?
27. What is half-life?

Physics only

28. What the sources of background radiation?
29. What is nuclear fusion?
30. What is nuclear fission?



5 – Forces

Knowledge checklist

Whole topic summary <https://youtu.be/Rz4XBSKNGXg> in only 16 minutes!

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these...	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
I can define the terms scalar and vector quantities https://youtu.be/5Xcie8V-UTw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can give examples of contact and non-contact forces	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can represent the forces acting on an object as vectors	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the resultant force on an object https://youtu.be/Oa9LqlsNm2o	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the difference between weight and mass	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall how to measure weight	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $W = mg$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $W = mg$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $W = mg$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens to an object when work is done on it	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $W = Fs$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $W = Fs$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $W = Fs$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can convert between joules and newton-meters	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why an object may change shape when a force is applied	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain what happens to an elastic object up to and then beyond the limit of proportionality https://www.youtube.com/watch?v=s0YMDXf-2SI	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $F = ke$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $F = ke$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $F = ke$	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can recall the units needed for $E_e = \frac{1}{2} ke^2$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $E_e = \frac{1}{2} ke^2$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $E_e = \frac{1}{2} ke^2$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how application of a force can cause an object to rotate https://youtu.be/6aAljgK3kx8 Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $M = Fd$ https://youtu.be/6aAljgK3kx8 Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $M = Fd$ Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $M = Fd$ Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens to an object if the clockwise and anti-clockwise forces are balanced or unbalanced https://youtu.be/WpT655stxUQ https://youtu.be/73t8QjZvMVI https://youtu.be/UiqGL-DCaBI https://youtu.be/6aAljgK3kx8 Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how levers and gears work Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that a fluid can be either liquid or a gas	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can state that liquids are incompressible	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $p = \frac{F}{A}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $p = \frac{F}{A}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $p = \frac{F}{A}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate pressure at different points in a liquid Higher Tier Only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the factors which cause an object to either sink or float Higher Tier Only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $p = h\rho g$ Higher Tier Only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $p = h\rho g$ Higher Tier Only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $p = h\rho g$ Higher Tier Only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can describe how the atmosphere around the Earth changes as the distance from the Earth changes Higher Tier Only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe distance as a scalar quantity https://youtu.be/5Xcie8V-UTw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe displacement as a vector quantity https://youtu.be/5Xcie8V-UTw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe speed as a scalar quantity https://youtu.be/5Xcie8V-UTw https://youtu.be/Nfm0a1Ui5pw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe velocity as a vector quantity https://youtu.be/5Xcie8V-UTw https://youtu.be/Nfm0a1Ui5pw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $s = vt$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $s = vt$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $s = vt$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can state that the speed of an object is constantly changing	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw and interpret distance-time graphs https://youtu.be/7OEL6bupk8A	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the speed of an object from a distance time graph https://youtu.be/7OEL6bupk8A	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the difference between speed and velocity	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe situations where an object has a constant speed but is accelerating	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw and interpret velocity-time graphs https://youtu.be/ZTwy8BYOhCs	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the distance travelled by an object from a velocity-time graph https://youtu.be/ZTwy8BYOhCs	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define acceleration	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can calculate the acceleration of an object from a velocity-time graph https://youtu.be/ZTwy8BYOhCs	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $a = \frac{\Delta v}{t}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $a = \frac{\Delta v}{t}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $a = \frac{\Delta v}{t}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $v^2 - u^2 = 2as$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $v^2 - u^2 = 2as$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $v^2 - u^2 = 2as$	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can recall that an object free falling due to the force of gravity has an acceleration of 9.8m/s^2	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how an object reaches terminal velocity	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw and interpret velocity-time graphs for objects that have reached terminal velocity	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the forces on a moving object https://www.youtube.com/watch?v=TudNfL2FrbA	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how an object is moving if the resultant force on it is 0 https://youtu.be/Oa9LqlsNm2o	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can apply Newton's First Law to explain the motion of objects	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe inertia	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the relationship between the mass of an object and its acceleration	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $F = ma$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $F = ma$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $F = ma$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens when two objects interact	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe stopping distance as a combination of reaction time and braking distance	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the factors that affect reaction time	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the factors that affect braking distance	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain features in a car that are design to make it safer	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe momentum as a property of moving objects	😊 😐 😞	😊 😐 😞	😊 😐 😞
Higher Tier Only			
I can state the law of conservation of momentum	😊 😐 😞	😊 😐 😞	😊 😐 😞
Higher Tier Only			
I can recall the units needed for $p = mv$	😊 😐 😞	😊 😐 😞	😊 😐 😞
Higher Tier Only			
I can rearrange $p = mv$	😊 😐 😞	😊 😐 😞	😊 😐 😞
Higher Tier Only			
I can use $p = mv$	😊 😐 😞	😊 😐 😞	😊 😐 😞
Higher Tier Only			
I can calculate momentum when two objects collide	😊 😐 😞	😊 😐 😞	😊 😐 😞
Physics only			
I can recall the units needed for $F = \frac{m \Delta v}{\Delta t}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
Physics only			



I can rearrange $F = \frac{m \Delta v}{\Delta t}$ Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $F = \frac{m \Delta v}{\Delta t}$ Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/jfjb1pnH8zw>

1. Define scalar quantity.
2. Define vector quantity.
3. Give an example of a contact force.
4. Give an example of a non-contact force.
5. How do you calculate resultant force?
6. What is the difference between mass and weight?
7. What is the equation linking weight, mass, and gravity?
8. What are the units for weight?
9. What are the units for mass?
10. What are the units for gravity?
11. What is equation linking work, force, and distance?
12. What are the units for work?
13. What are the units for force?
14. What are the units for distance?
15. How do you convert between Joules and Newton-metres?
16. What happens to an elastic object up to the limit of proportionality?
17. What happens to an elastic object after the limit of proportionality?
18. What is equation linking force, the spring constant, and extension?
19. What are the units for force?
20. What are the units for the spring constant?
21. What are the units for extension?
22. What is the equation linking elastic potential energy, the spring constant, and extension?
23. What are the units for elastic potential energy?
24. What are the units for the spring constant?
25. What are the units for extension?
26. What is a fluid?
27. Can a fluid be compressed?
28. What is equation linking pressure, force and area?
29. What are the units for pressure?
30. What are the units for force?
31. What are the units for area?
32. Is distance a scalar or vector quantity?
33. Is displacement a scalar or vector quantity?
34. Is speed a scalar or vector quantity?
35. Is velocity a scalar or vector quantity?
36. What is the equation linking distance, velocity and time?
37. What are the units for distance?
38. What are the units for velocity?
39. What are the units for time?
40. How do you calculate the speed of an object from a distance-time graph?



41. When can an object have constant speed but still be accelerating?
42. How do you calculate the distance travelled from a velocity-time graph?
43. What is acceleration?
44. How do you calculate acceleration from a velocity-time graph?
45. What is the equation linking acceleration, change of in velocity and distance?
46. What are the units for acceleration?
47. What are the units for change in velocity?
48. What are the units of time?
49. What is the equation linking final velocity, initial velocity, acceleration and time?
50. If an object is falling due to gravity what acceleration does it have?
51. Define terminal velocity.
52. How is an object moving if the resultant force is zero?
53. What is Newton's first law?
54. Define inertia.
55. What is the equation linking force, mass, and acceleration?
56. What are the units for force?
57. What are the units for mass?
58. What are the units for acceleration?
59. What is stopping distance?
60. Give two factors that can affect reaction time.
61. Give two factors that can affect braking distance.

Higher tier only

62. What factors can cause an object to float or sink?
63. What is equation linking pressure, height, density and gravitational field strength?
64. What are the units for pressure?
65. What are the units for height?
66. What are the units for density?
67. What are the units and value for gravitational field strength?
68. What is the law of conservation of the momentum?
69. What is equation linking the momentum, mass, and velocity?
70. What are the units for momentum?
71. What are the units for mass?
72. What are the units for velocity?

Physics Only

73. What is equation linking moment, force and distance?
74. What are the units for moment?
75. What are the units for force?
76. What are the units the for distance?
77. What happens to an object if the clockwise and anticlockwise forces are balanced?
78. What happens to an object if the clockwise, anticlockwise forces are unbalanced?
79. What is the equation linking force, mass, change in velocity and change the time?



6 – Waves

Knowledge checklist

Whole topic summary video https://youtu.be/9JPNVJ_LC3E in only 15 minutes.

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these...	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
I can draw and label transverse and longitudinal waves	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the direction of movement and the direction of energy transfer for both transverse and longitudinal waves	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define the terms, amplitude, wavelength and frequency	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $T = \frac{1}{f}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $T = \frac{1}{f}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $T = \frac{1}{f}$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how to measure the speed of waves	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $v = f\lambda$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $v = f\lambda$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $v = f\lambda$	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can construct ray diagrams to show what happens to a wave when it is reflected Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens to a wave when it hits a boundary Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how a sound wave travels Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how an ear detects sound Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can recall the range of human hearing Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how echo can be used to determine distances Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how changes in a wave can be used for detection and exploration Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens to an ultrasound wave when it hits a boundary and how this property can be used for imaging Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how information from P-waves and S-waves can be used to provide evidence for the structure of the Earth Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the order of the electromagnetic waves	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that electromagnetic waves are transverse and form a continue spectrum	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall uses and properties of each part of the spectrum	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can draw a ray diagram to show what happens when a wave is diffracted Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happens to the path of a wave when is refracted Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain why refraction happen https://youtu.be/CrC1IISy-bQ Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how an alternating current may produce radio waves Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe that a wave may be absorb, transmitted, refracted or reflected when it hits a surface Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall which surfaces absorb, emit and radiation https://youtu.be/kDLx36gDz80 Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the circumstances in which a converging lens should be used Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞



<p>I can construct a ray diagram for a converging lens https://youtu.be/4H9PAx90qMQ https://youtu.be/19SLrBwZYSA https://youtu.be/aRDt8PUhv4c Physics only</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>
<p>I can describe the image formed by a converging lens https://youtu.be/4H9PAx90qMQ https://youtu.be/19SLrBwZYSA https://youtu.be/aRDt8PUhv4c Physics only</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>
<p>I can describe the circumstances in which a diverging lens should be used https://youtu.be/4H9PAx90qMQ https://youtu.be/19SLrBwZYSA https://youtu.be/aRDt8PUhv4c Physics only</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>
<p>I can construct a ray diagram for a diverging lens https://youtu.be/4H9PAx90qMQ https://youtu.be/19SLrBwZYSA https://youtu.be/aRDt8PUhv4c Physics only</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>
<p>I can describe the image formed by a diverging lens https://youtu.be/4H9PAx90qMQ https://youtu.be/19SLrBwZYSA https://youtu.be/aRDt8PUhv4c Physics only</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>
<p>I can rearrange Magnification = $\frac{\text{image height}}{\text{object height}}$ https://youtu.be/v-KrUP3bu24 Physics only</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>
<p>I can use Magnification = $\frac{\text{image height}}{\text{object height}}$ https://youtu.be/v-KrUP3bu24 Physics only</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>
<p>I can recall the order of light in the visible spectrum Physics only</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>
<p>I can recall the relative wavelengths and frequencies of the different parts of the visible light spectrum Physics only</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>
<p>I can describe that objects absorb and transmit light of different wavelengths Physics only</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>	<p>😊 😐 😞</p>



I can describe the difference between objects that are opaque, transparent and translucent Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe what happen to light when it is passed through a filter Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that all objects emit infrared radiation Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain what a perfect black body is Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain that the intensity and wavelength distribution depend on the temperature of the object Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain anybody is constantly absorbing and emitting radiation, and the balanced between the two determines the temperature Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/AEFwEDC6DkQ>

1. Sketch and label a transverse wave.
2. Sketch and label a longitudinal wave.
3. Define amplitude.
4. Define wavelength.
5. What is equation linking time period and frequency?
6. What are the units for time period?
7. What are the units for frequency?
8. What is equation linking wave speed, frequency, and wavelength?
9. What are the units for wavelength?
10. What are the units for wave speed?
11. What is order of the electromagnetic waves?
12. What can radio-waves be used for?
13. What can microwaves be used for?
14. What can infrared be used for?
15. What can visible light be used for?
16. What can ultraviolet be used for?
17. What can gamma rays be used for?
18. What can x-rays be used for?

Higher tier only

19. What happens when a wave is diffracted?
20. What happens when a wave is refracted?
21. Why does refraction happen?
22. Which surfaces absorb radiation?
23. Which surfaces emit radiation?

Physics only

24. What image is formed by converging lens?
25. When can converging lens be used?
26. When should a diverging lens be used?
27. What image is formed by diverging lens?
28. How do you calculate magnification?
29. What are the units for magnification?
30. What is the order of light in the visible spectrum?
31. What does opaque mean?
32. What does transparent mean?
33. What does translucent mean?
34. What happens to light when it passes through a filter?



Higher tier only

35. How sound waves travel?
36. What is the range of human hearing?
37. What is the P-wave?
38. What is an S-wave?



7 - Magnetism and Electromagnets

Knowledge checklist

Whole topic summary video; <https://youtu.be/mnigg3MGsIY> in only 8 minutes!!

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these...	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
I can describe what happens when two like or unlike poles are placed next to each other	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe that a permanent magnet also has a magnetic field https://www.youtube.com/watch?v=V0OkOHKicjQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall that an induced magnet is a temporary magnet, when placed in a magnetic field	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall which materials are magnetic	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can relate the strength of the magnetic field to the proximity of the object	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the direction of a magnetic field https://youtu.be/V0OkOHKicjQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can plot a magnetic field https://youtu.be/V0OkOHKicjQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how a current can produce a magnetic field https://youtu.be/V0OkOHKicjQ	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how to change the strength of an electromagnet	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how an electromagnet works https://youtu.be/OBvFwTaIca8 https://youtu.be/6GMAK_evAz8	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use Flemings left-hand rule to find the direction of the force https://youtu.be/whfpEeoHxNw Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall what factors affect the size of the force Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can define magnetic flux density Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can recall the units needed for $F = BIl$ Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $F = BIl$ Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $F = BIl$ Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how an electric motor works Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how the forces causes the rotation of the coil Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how a moving-coil loudspeaker works Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how a moving-coil microphone works Higher tier only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain the generator effect Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the factors that can affect the size of the induced potential Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can apply the generator effect Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how the generator effect can produce AC and DC current Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the structure of a transformer https://youtu.be/jXC2BvL-Ffk Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $\frac{V_p}{V_s} = \frac{n_p}{n_s}$ Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can rearrange $\frac{V_p}{V_s} = \frac{n_p}{n_s}$ Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $\frac{V_p}{V_s} = \frac{n_p}{n_s}$ Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the units needed for $V_s I_s = V_p I_p$ Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞



I can rearrange $V_s I_s = V_p I_p$ Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can use $V_s I_s = V_p I_p$ Higher tier only Physics only	😊 😐 😞	😊 😐 😞	😊 😐 😞

Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/LyflUYL4FvM>

1. What happens when you place like poles on a magnet next to each other?
2. What happens when you place unlike poles on a magnet next to each other?
3. Which materials are magnetic?
4. What is the direction of the magnetic field?
5. How do you change the strength of an electromagnet?

Higher Tier Only

6. Define magnetic flux density.
7. What is the equation linking force, magnetic flux density, current and length?
8. What are the units for force?
9. What are the units for magnetic flux density?
10. What are the units for current?
11. What are the units for length?

Physics only

12. What is equation linking voltage at the primary coil, number of turns on the primary coil, voltage at the secondary coil, and number of turns on the secondary coil?
13. What are the units for voltage at the primary coil and voltage at the secondary coil?
14. What is equation linking voltage at the secondary coil, current at the secondary coil, voltage the primary coil, current at the primary coil?



8 - Space Physics – Physics only

Knowledge checklist

Whole topic summary video; <https://youtu.be/Mdi0i24tNT0> in only 8 minutes!

Specification statement These are the bits the exam board wants you to know, make sure you can do all of these...	Self-assessment		
	First review 4-7 months before exam	Second review 1-2 months before exam	Final review Week before exam
I can describe our Solar system	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe our galaxy	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the life cycle of a star https://youtu.be/RclIGz7AoIU	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe the processes that go on in the centre of a star	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can recall the difference between natural and artificial satellites	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how an object maintains its orbit	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how velocity can change while speed remains constant	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can describe how red and blue shift occur https://www.youtube.com/watch?v=0IERzqXHxFw	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain what red and blue shift show us	😊 😐 😞	😊 😐 😞	😊 😐 😞
I can explain how red shift provides evidence for the Big Bang https://youtu.be/0IERzqXHxFw	😊 😐 😞	😊 😐 😞	😊 😐 😞



Quick fire questions

This worksheet is fully supported by a video tutorial; <https://youtu.be/f3Rf1aVStIk>

1. Give the order of objects in our solar system.
2. What is a galaxy?
3. Give the life cycle of a small star.
4. Give the life cycle of a large star.
5. What happens at the centre of a star?
6. What is a natural satellite?
7. What is an artificial satellite?
8. How does an object maintain its orbit?
9. How can an object change velocity while speed remains constant?
10. What is Redshift?
11. What is blue shift?
12. How does Redshift via evidence for the big bang?