Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
						J
Bonova, P (2015) Bonova, P (2015)	-2.5714 -1.7772	0.6672 0.5102	*		[-3.88; -1.26] [-2.78; -0.78]	1.0% 1.1%
Bonova, P (2016)	-3.2382	0.7702	-		[-4.75; -1.73]	0.9%
Brager, A (2016) Chen, C (2018)	-1.8683 -2.1489	0.4788 0.3943	*		[-2.81; -0.93] [-2.92; -1.38]	1.1% 1.2%
Chen, G (2014)	-3.0774	0.7279	-	-3.08	[-4.50; -1.65]	1.0%
Chen, G (2016) Chen, G (2018)	-2.1062 -2.6844	0.5182 0.6336	-		[-3.12; -1.09] [-3.93; -1.44]	1.1% 1.0%
Chen, Q (2016)	-0.8228	0.4339		-0.82	[-1.67; 0.03]	1.2%
Cheng, X (2018) Cheng, Z (2014)	-1.2858 -2.1523	0.4022 0.6316	-		[-2.07; -0.50] [-3.39; -0.91]	1.2% 1.0%
Doeppner, T (2018)	-2.7985	0.6262	-	-2.80	[-4.03; -1.57]	1.0%
Doeppner, T (2018) Doeppner, T (2018)	-3.6837 -1.5903	0.5003 0.2670	= :		[-4.66; -2.70] [-2.11; -1.07]	1.1% 1.3%
Gang-ling, C (2015)	-1.6673	0.4492	-	-1.67	[-2.55; -0.79]	1.2%
Gao, X (2017) Gao, X (2017)	-4.4146 -0.3097	1.4136 0.5045			[-7.19; -1.64] [-1.30; 0.68]	0.6% 1.1%
Gao, X (2017)	-2.5435	0.8032	-	-2.54	[-4.12; -0.97]	0.9%
Guo, H (2018) Hahn, C (2011)	-2.1599 -0.4115	0.5277 0.2423	-		[-3.19; -1.13] [-0.89; 0.06]	1.1% 1.3%
Hahn, C (2011)	-0.7986	0.2604		-0.80	[-1.31; -0.29]	1.3%
Hoda, M (2012) Hoda, M (2013)	-1.2609 -2.5278	0.3209 0.4808	===		[-1.89; -0.63] [-3.47; -1.59]	1.2% 1.1%
Hu, S (2012)	-6.0698	0.7007	-	-6.07	[-7.44; -4.70]	1.0%
Huang, D (2017) Jin, W (2016)	-4.0209 -1.7546	1.2084 0.4616			[-6.39; -1.65] [-2.66; -0.85]	0.7% 1.2%
Kitagawa, K (2018)	-0.2127	0.4017	T 	-0.21	[-1.00; 0.57]	1.2%
Kitagawa, K (2018) Kitagawa, K (2018)	0.4213 0.8629	0.4067 0.4279		0.42 0.86	[-0.38; 1.22] [0.02; 1.70]	1.2% 1.2%
Kong, Y (2013)	-1.2102	0.4279	-		[-2.14; -0.28]	1.2%
Li, J (2018) Li, P (2016)	-1.1600 -4.1062	0.2921 1.0359	<u> </u>		[-1.73; -0.59] [-6.14; -2.08]	1.3% 0.8%
Li, S (2015)	-4.1062 -1.2654	0.1500			[-0.14, -2.06] [-1.56; -0.97]	1.3%
Liang, D (2018)	-5.8393	1.0524	-		[-7.90; -3.78]	0.8%
Liu, C (2018) Liu, M (2018)	-1.9148 -4.2128	0.4861 1.0728			[-2.87; -0.96] [-6.32; -2.11]	1.1% 0.7%
Liu, Q (2014)	-8.3490	1.9427			[-12.16; -4.54]	0.4%
Liu, X (2014) Liu, Y (2011)	-2.3730 -1.9074	0.5680 0.2910			[-3.49; -1.26] [-2.48; -1.34]	1.1% 1.3%
Liu, Z (2015)	-0.5902	0.1739	=		[-0.93; -0.25]	1.3%
Lu, X (2010) Lu, X (2010)	-2.3337 -1.8514	0.3440 0.2959			[-3.01; -1.66] [-2.43; -1.27]	1.2% 1.3%
Ma, J (2016)	-1.5870 1.7100	0.1384			[-1.86; -1.32]	1.3%
Ma, L (2013) Ma, L (2013)	-1.7109 -1.0327	0.3313 0.2796			[-2.36; -1.06] [-1.58; -0.48]	1.2% 1.3%
Pignataro, G (2013)	-0.5652 0.3402	0.8240 0.8087		-0.57 0.34	[-2.18; 1.05]	0.9% 0.9%
Pignataro, G (2013) Pignataro, G (2013)	0.3402	0.8005	<u> </u>	0.34	[-1.24; 1.93] [-1.49; 1.65]	0.9%
Pignataro, G (2013)	-1.8696	1.0622 1.5677	-	-1.87	[-3.95; 0.21]	0.8%
Pignataro, G (2013) Pignataro, G (2013)	-3.1993 -2.5696	1.2952	-		[-6.27; -0.13] [-5.11; -0.03]	0.5% 0.6%
Qi, W (2016) Qi, Z (2012)	-0.8470 -1.7522	0.1282 0.6439	+		[-1.10; -0.60] [-3.01; -0.49]	1.3% 1.0%
Qi, Z (2012) Qi, Z (2012)	-1.7322 -1.7803	0.6486			[-3.01, -0.49] [-3.05; -0.51]	1.0%
Qi, Z (2012) Qi, Z (2015)	-0.8853 -2.3928	0.5367 0.6136			[-1.94; 0.17] [-3.60; -1.19]	1.1% 1.1%
Qi, Z (2015)	-1.5601	0.4764	-	-1.56	[-2.49; -0.63]	1.1%
Ren, C (2008) Ren, C (2008)	-2.7192 -0.0668	0.6414 0.5002	- 1		[-3.98; -1.46] $[-1.05; 0.91]$	1.0% 1.1%
Ren, C (2008)	-1.7610	0.6723	*	-1.76	[-3.08; -0.44]	1.0%
Ren, C (2008) Ren, C (2008)	-1.4949 -4.7427	0.8063 2.0725			[-3.08; 0.09] [-8.80; -0.68]	0.9% 0.3%
Ren, C (2008)	-5.2906	2.4161	-	-5.29	[-10.03; -0.56]	0.3%
Ren, C (2009) Ren, C (2009)	-3.2606 -1.1002	0.9998 0.6855	-		[-5.22; -1.30] [-2.44; 0.24]	0.8% 1.0%
Ren, C (2009)	-0.8163	0.7083	_=	-0.82	[-2.20; 0.57]	1.0%
Ren, C (2011) Ren, C (2017)	-2.6618 -0.8042	0.5040 0.2702	-		[-3.65; -1.67] [-1.33; -0.27]	1.1% 1.3%
Shan, L (2013)	2.8310	0.3655	_ =	2.83	[2.11; 3.55]	1.2%
Shen, J (2009) Shen, J (2009)	-3.3369 -9.4208	1.3423 6.5168			[-5.97; -0.71] [-22.19; 3.35]	0.6% 0.0%
Silachev, D (2017)	-0.0376	0.2436	<u>.</u>	-0.04	[-0.52; 0.44]	1.3%
Silachev, D (2017) Silachev, D (2017)	-1.3571 0.6570	0.3574 0.2703	-		[-2.06; -0.66] [0.13; 1.19]	1.2% 1.3%
Sun, J (2012)	-5.1321	1.9419		-5.13	[-8.94; -1.33]	0.4%
Sun, J (2012) Sun, J (2012)	-6.6669 -3.2832	2.8474 1.1640	- 		[–12.25; –1.09] [–5.56; –1.00]	0.2% 0.7%
Sun, J (2012)	-7.0773	3.1294	: I	-7.08	[-13.21; -0.94]	0.2%
Wang, J (2016) Wang, J (2016)	-10.4161 -9.6730	6.5275 5.6982	•		[-23.21; 2.38] [-20.84; 1.50]	0.0% 0.1%
Wang, Q (2011)	-2.6917	0.3811	<u></u> _	-2.69	[-3.44; -1.94]	1.2%
Wang, Y (2018) Wei, D (2012)	-1.5226 -2.0212	0.4299 0.5035	=		[-2.37; -0.68] [-3.01; -1.03]	1.2% 1.1%
Xia, M (2016)	-1.4313	0.3140		-1.43	[-2.05; -0.82]	1.2%
Xiao, B (2017) Xiao, Y (2015)	-3.3845 -2.0343	0.4864 0.4687	-		[-4.34; -2.43] [-2.95; -1.12]	1.1% 1.2%
Xu, C (2012)	-5.3365	2.4986			[-10.23; -0.44]	0.3%
Xu, C (2012) Xu, W (2016)	-1.9480 -4.2298	0.8530 1.0788	-		[-3.62; -0.28] [-6.34; -2.12]	0.9% 0.7%
Yang, J (2018)	-1.7906 -1.8148	0.3502	土	-1.79	[-2.48; -1.10]	1.2% 1.2%
Zhang, W (2017) Zhang, Y (2012)	-1.8148 -2.3318	0.4706 0.4199	=	-2.33	[-2.74; -0.89] [-3.15; -1.51]	1.2%
Zhang, Y (2018) Zhao, H (2007)	-3.3283 -1.4981	0.5962 0.6935	-		[-4.50; -2.16] [-2.86; -0.14]	1.1% 1.0%
Zhao, H (2007)	-1.0171	0.6431	-	-1.02	[-2.28; 0.24]	1.0%
Zhao, H (2007) Zhao, H (2007)	-0.5963 -1.3022	0.6148 0.6707	-		[-1.80; 0.61] [-2.62; 0.01]	1.1% 1.0%
Zhao, H (2007)	-0.8388	0.6293		-0.84	[-2.07; 0.39]	1.0%
Zhao, Y (2019) Zhou, F (2015)	-2.1491 -3.5685	0.3943 1.0367			[-2.92; -1.38] [-5.60; -1.54]	1.2% 0.8%
Zhou, M (2015)	-5.3550	1.1461		-5.36	[-7.60; -3.11]	0.7%
Zong, Y (2015)	-2.0127	0.6025		–∠.01	[-3.19; -0.83]	1.1%
Random effects model		^			[–2.13; –1.58]	100.0%

-10

Heterogeneity: $I^2 = 85\%$, $\tau^2 = 1.4905$, p < 0.01

-5

5

0

10