Objectives	The student should develop the knowledge of the elements related to holding procedures			
Key Elements	<ul> <li>Use the entry that makes sense</li> <li>Standard turns are right</li> <li>Triple wind correction for width, Timer for length</li> <li>5 T's when crossing fix</li> </ul>			
Elements	<ul> <li>Basics</li> <li>Holding Instructions</li> <li>Entry Procedures</li> <li>Navigation Equipment</li> <li>Recognition of Arrival at Holding Fix</li> <li>Timing</li> <li>Wind Drift Correction</li> <li>DME in a Holding Pattern</li> </ul>			
Schedule	<ul> <li>Review lesson objectives</li> <li>Review lesson material</li> <li>Conclusion &amp; Review</li> </ul>			
Equipment	<ul><li>White Board / Markers</li><li>References</li></ul>			
CFI Actions	<ul> <li>Present lesson</li> <li>Use teaching aids</li> <li>Ask/ answer questions</li> </ul>			
Student Actions	<ul> <li>Participate in discussion</li> <li>Take notes</li> <li>Ask / answer questions</li> </ul>			
Completion Standards	<ul> <li>The student has the ability to draw hold and determine correct entry procedure based on given holding instructions. The student can correct for wind once established in the hold</li> </ul>			

Additional Notes:			

### **CE** = Common Error

### Introduction

#### Overview

Review objectives / Elements

#### What

A hold is an IFR maneuver used to keep and airplane in a protected area for a certain amount of time. There are various reasons an aircraft may be placed in a hold, including congestion at arrival airport, whether, runway closure, other airport on approach to uncontrolled airport, etc.

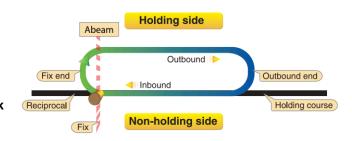
#### Why

Since aircraft can be placed in holds for many reasons, it's important to know how to comply with ATC's holding instructions in order to be a competent IFR pilot

#### How

#### **Basics**

- Standard hold: IFH 10-10
  - Standard turns = right
  - ATC will specify if they want left turns
- Airspeeds AIM 5-3-8:
- <u>CE</u> Improper attitude, airspeed, and bank control
  - Maximum Holding Airspeeds are:
    - <6,000' = 200knots</p>
    - 6,001' 14,000' = 230knots
    - >14,001' = 265knots



Standard pattern: Right turns (illustrated) Non-standard pattern: Left turns

# **Holding Instructions**

#### **CE** – Failure to comply with ATC instructions

- When issued a hold, ATC will provide the following information:
  - Direction of hold from the fix (one of the 8 cardinal directions)
  - Holding fix
  - o Radial, course, bearing, or airway that the aircraft is to hold on
  - Length of legs, in miles (for RNAV holds)
  - Direction of turns, if they want left turns
  - EFC time (expect further clearance)

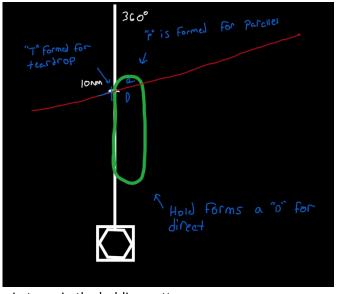
- In the case where you arrive at clearance limit before ATC has issued any further instructions, you are expected to:
  - Maintain last altitude
  - Begin holding in accordance with the depicted pattern (if it's published)
    - If not depicted, hold in standard pattern on the entry course
      - Request further clearance immediately

#### Drawing a hold

- Holds can be confusing, especially in a high workload environment like IFR flight. It's important to draw to hold to avoid any confusion.
- Steps to drawing a hold:
  - Draw the holding fix
  - o Draw the holding course, radial, bearing, or airway that's being held on
  - Draw the inbound leg on the previous drawn line in the correct cardinal direction and facing towards the fix
  - o Draw the first turn, left if stated, right if nothing was said
  - Connect with the outbound leg and second turn
  - Verify direction, fix, turns are all correct

## **Entry Procedures**

- Holds have three different types of entries and depending on your location from the hold, this will determine the appropriate entry
  - Cut the head off the pickle
- The simple way to think about it:
  - If entering from >180° off inbound leg heading:
    - Parallel on protected side
    - Teardrop on unprotected side
  - If entering from <180° of inbound leg:
    - Direct entry
- How to fly these entries:
  - Direct entry Fly direct to the fix and begin turns in the holding pattern
  - Parallel entry Fly over the fix then the reciprocal heading of the inbound leg for 1 minute, then being a 225° turn to the protected side (holding side) to intercept inbound leg
  - Teardrop entry Fly over the fix and turn 30° to the holding pattern, fly for 1 minute then turn to intercept the inbound leg. (LARS Left Add, Right Subtract 30°)



- The 5 Ts should be completed once the aircraft has entered the holding area
  - Turn Turn to necessary heading for entry procedure
  - Time Start timer
  - Twist Twist OBS to required course for inbound leg with correct flag
  - o Throttle Set throttle to holding speed (should be done 3 min before entering)
  - o Talk Report to ATC (Skyhawk 1234 entered the hold at TFD, 4500', 1400z)

## **Navigation Equipment**

#### **CE** – incorrect setting of aircraft navigation equipment

- If using a VOR, ensure to tune and ID the VOR as well as setting the inbound course with the OBS
- If using a DME fix from a VOR, tune and ID and ensure proper distance from the VOR before beginning hold
- If using RNAV, Ensure GPS is setup correctly
  - o Build the hold in the GPS, if available for extra situational awareness

## Recognition of Arrival at Holding Fix

#### **CE** – Failure to recognize holding fix passage

- If holding at a VOR, when the TO/FROM flag switches, you have arrived at the holding fix
- If using a DME from a VOR, When DME displays the proper distance and you are on the correct radial, you have reached the holding fix
- Once the fix is reached, start the determined entry procedure

## **Timing**

#### **CE** – Improper timing

- Unless the hold was given with DME legs, the length will be determined by time
- At or below 14000' the standard holding time is 1 min
- Above 14000' the time is 1.5 min
- The goal is to get the inbound leg to the standard time (we will use 1 minute)
  - o Both legs will be timed
  - o The outbound leg will be shortened or lengthened to make the inbound leg 1 minute
- Timing the outbound leg will begin when wings are level or abeam the fix, whatever happens last
- The inbound leg timer will start at wings level

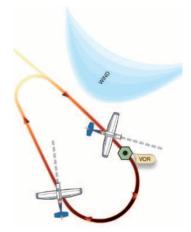
### **DME Holds**

- Commonly found in RNAV holds where time is replaced with distance
- Make turns when specified DME is reached

# Wind Drift Correction

### **CE** – Wind drift correction

- On inbound leg, Crab into the wind to maintain course (note the wind correction needed)
- On the outbound leg, triple the inbound legs wind correction into the wind
  - This will create a uneven hold shape but it will keep the aircraft in the protected side of the hold
  - Groundspeed is changing thus, turn radius is changing (this is why we triple the correction)



# **Review & Conclusion**

#### **Review**

- Use the entry that makes sense
- Standard turns are right
- Triple wind correction for width, Timer for length
- 5 T's when crossing fix