Coronavirus and Chronic Diseases

An Extra Dose of Prevention

Adults with hypertension, diabetes, and other chronic diseases may be especially vulnerable to coronavirus. We all have a role to play in stopping its spread and protecting the health of our communities.

TIPS FOR PATIENTS WITH HYPERTENSION, DIABETES, OR OTHER CHRONIC NON-COMMUNICABLE DISEASES (NCDS)

- Continue to take your medications and eat the diet recommended by your doctor
- Secure a long-term supply of your chronic medications (90 days or more is best!)





- Respect your country's stay-at-home directives and keep at least 2 meters (6 feet) from all other people in the community
- Cover your mouth and nose with a tissue or your bent elbow when you cough or sneeze
- Wash your hands often with soap and water



Resolve to Save Lives is working to prevent millions of deaths from cardiovascular disease and epidemics. For more information, visit www.resolvetosavelives.org and www.preventepidemics.org.

