Activity

_startAMessage

_timeDuration <input>

_endAMessage

_activityCount <List, int>

Activity(string menuChoice, int totalActivityCount)

GetTimeDuration()

DisplayAEndMessage()

DisplayAStartMessage()

PauseApp()

Program

_totalActivityCount <int>

_menuChoice <input>

activity <constructor>

breathing <constructor>

reflection <constructor>

listing <constructor>

DisplayMenu()

GetMenuChoice()

BeginActivity()

Breathing

_startBMessage

_endBMessage

BreathingExercise()

DisplayBEndMessage()

DisplayBPrompts()

Breathing(int timeDuration, <List, int> activityCount) : base(menuChoice, totalActivityCount)

Reflection

_startRMessage

_endRMessage

_initialPrompts <List>

_reflectPrompts <List>

ReflectionExercise()

DisplayRStartMessage()

IntializePrompt()

DisplayRPrompts()

DisplayREndMessage()

Reflection(int timeDuration, <List, int> activityCount) : base(menuChoice, totalActivityCount)

Listing

_startLMessage

_endLMessage

_listingPrompts <List>

_itemCount <int>

ListingExercise()

DisplayLStartMessage()

DisplayLEndMessage()

DisplayRandomPrompt()

Listing(int timeDuration, <List, int> activityCount) : base(menuChoice, totalActivityCount)