



Jacob Campbell, LICSW

Heritage University

Fall 2021

# Theories of Practice II

## Working with Groups and Families

SOWK 487



X-Files: The Walk  
Season 03 Episode 7

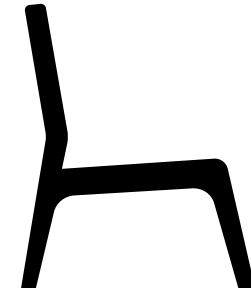
# **Agenda**

## **Introduction to Theories of Practice II**

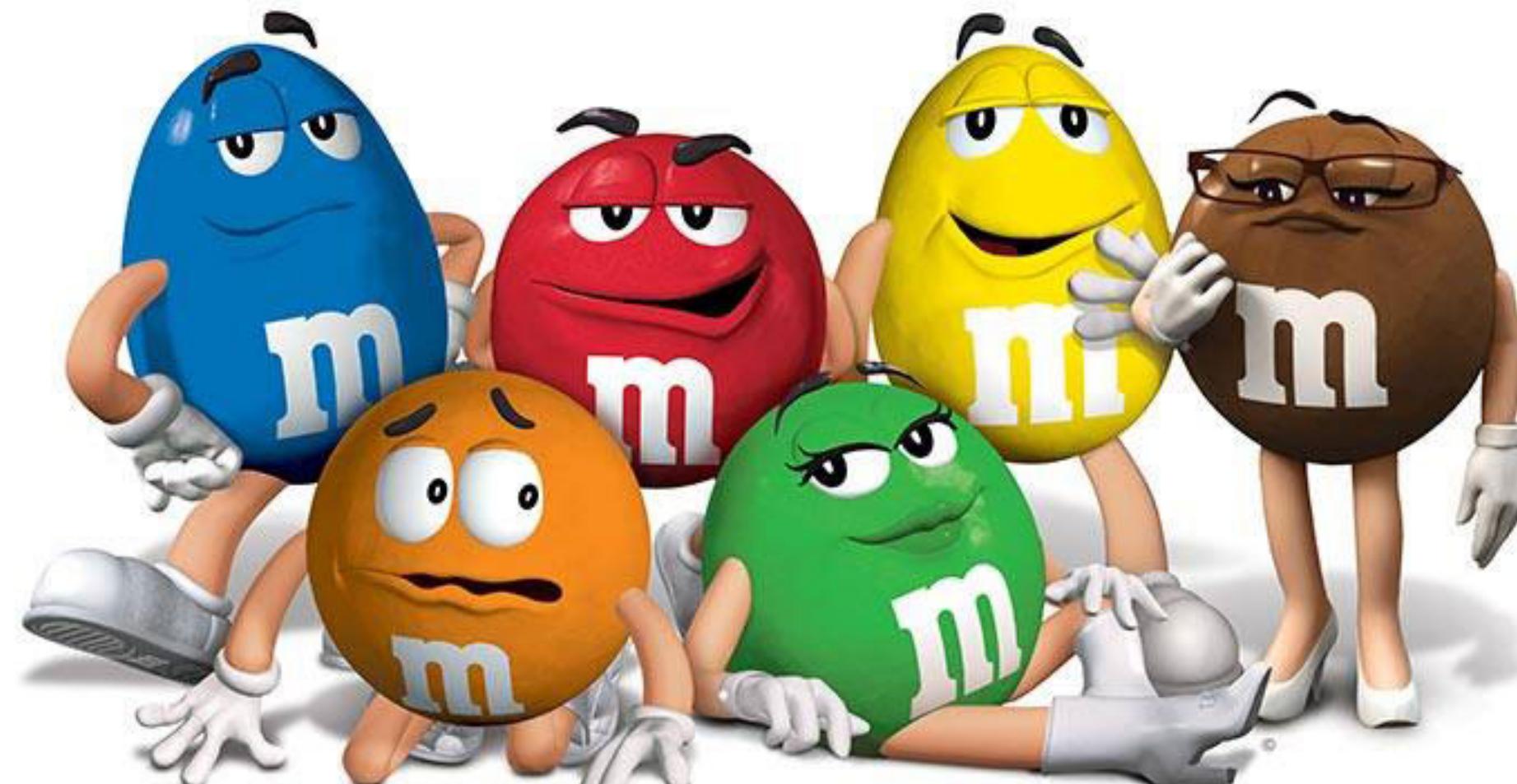
Initial activity

Discuss class

Review syllabus



# How was your break?



**Red:** favorite activity done during break

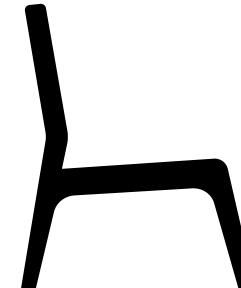
**Green:** favorite food eaten over the holidays

**Yellow:** favorite movie or TV show

**Orange:** tradition that is unique to your family

**Brown:** something you are looking forward to this year

**Blue:** wild cards

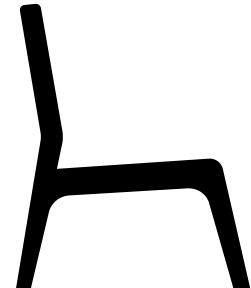


# Managing Expectations

## How we can both be happy

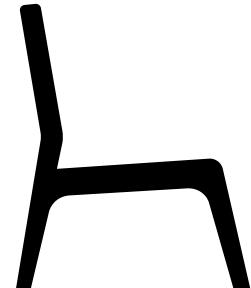
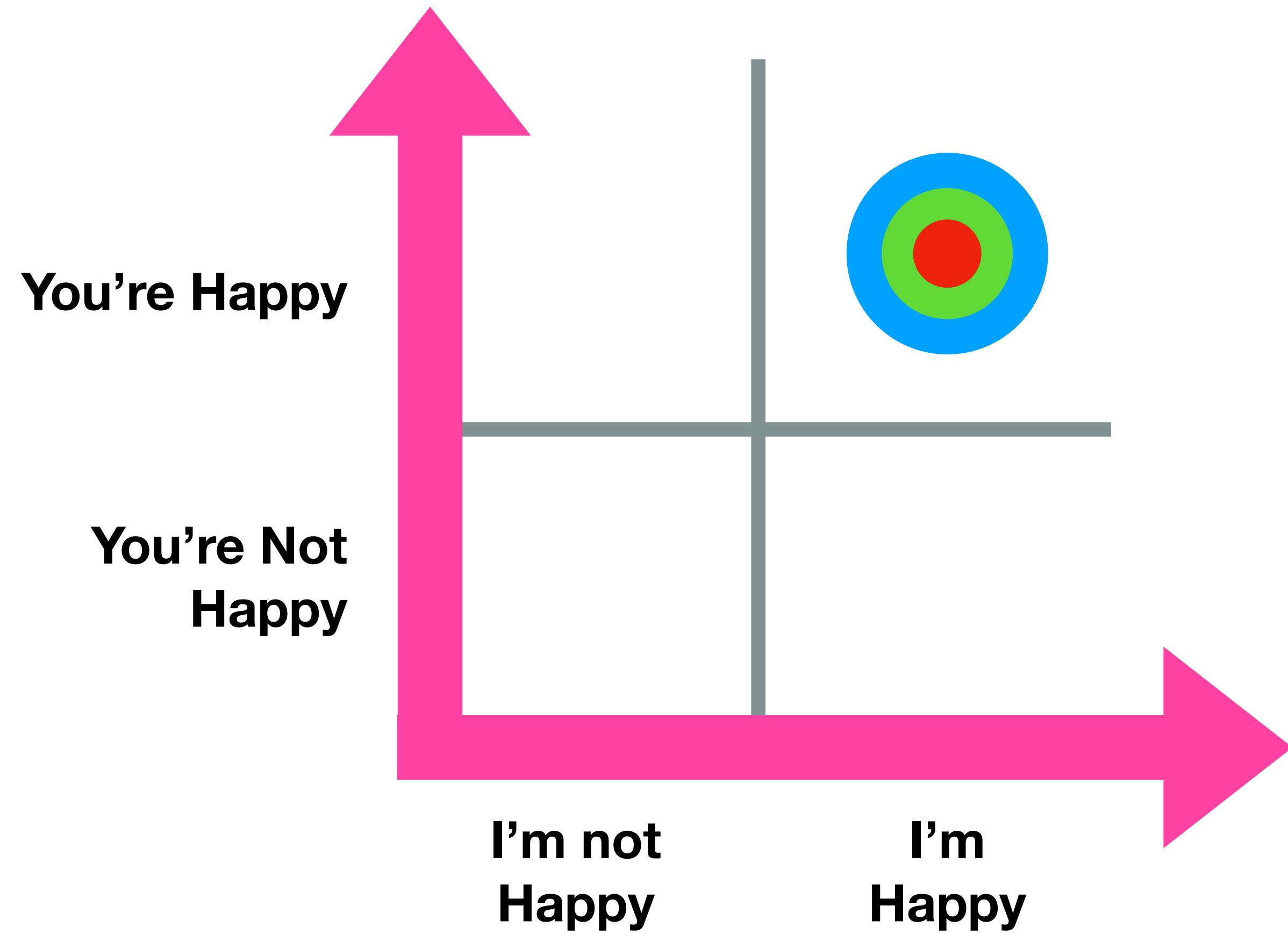


What are your  
expectations?



# Managing Expectations

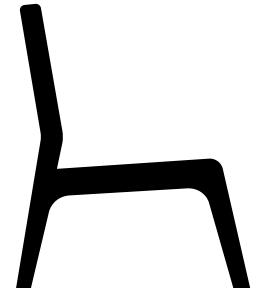
How we can both be happy



- Best way to make sure everybody has opportunities to participate
- Devices
- Chat and zoom functions
- Camera during class

## Planning Group Norms

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Social Work Department

Course Syllabus

SOWK 487: Theories of Practice II

Fall Semester of 2021

**Instructor:** Jacob Campbell, LICSW

**Phone:** (509) 392-1056

**Email:** [campbell\\_j@heritage.edu](mailto:campbell_j@heritage.edu)

**Office Hours:** By arrangement

**Campus:** Columbia Basin Campus

**Hours:** Wednesday from 5:30–8:15 PM

**Location:** Online - Zoom

# Reviewing Syllabus

## Part by part

### 1. Course Description and Prerequisites

Generalist Social Work Practice with microsystems. Knowledge and methods to bring about planned change with individuals and client-identified family systems practice in interpersonal skills. Students must have completed PSY 101, SOC 101, and BIOL 111 or permission of the program chairperson. Course limited to majors.

### 2. Course Purpose

The purpose of SOWK 487 is to teach practical skills that students can take with them in working with groups and families. It focuses on both therapeutic groups and task groups. Most of the weeks there are opportunities for students to practice facilitating groups with their classmates and or various group activities that students can take with them.

### 3. Relationship to Other Sequences and Other Courses

SOWK 487 is a practice class focused on teaching skills for effecting changes in clients in groups and families. During a student's time in the social work program, there are three theories of practice courses. Each one focuses on a different level of interaction. First starting with individuals, then SOWK 487 Theories of Practice II looks at working with groups and finally SOWK 488 looks at working with communities and a macro prospective.



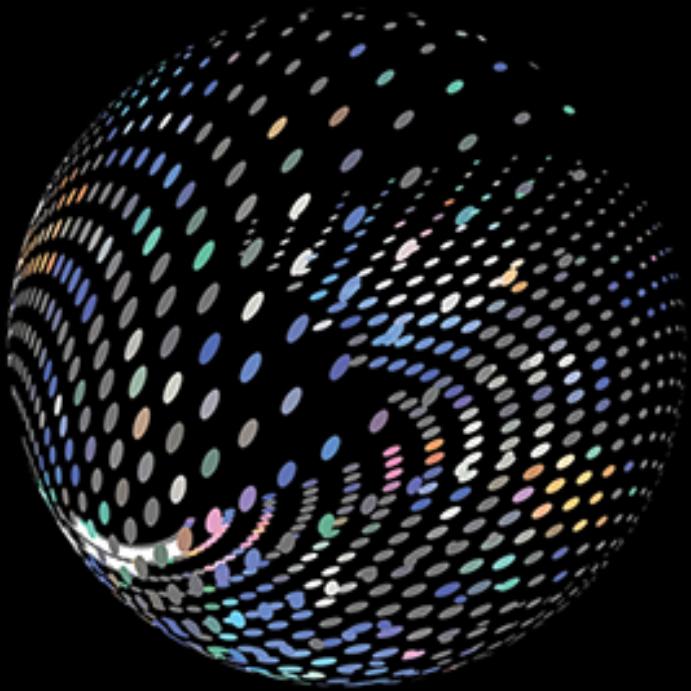
# SOWK 487

## Theories of Practice II

**Connecting theories to practice for  
working with groups (therapeutic and  
task) and with families**

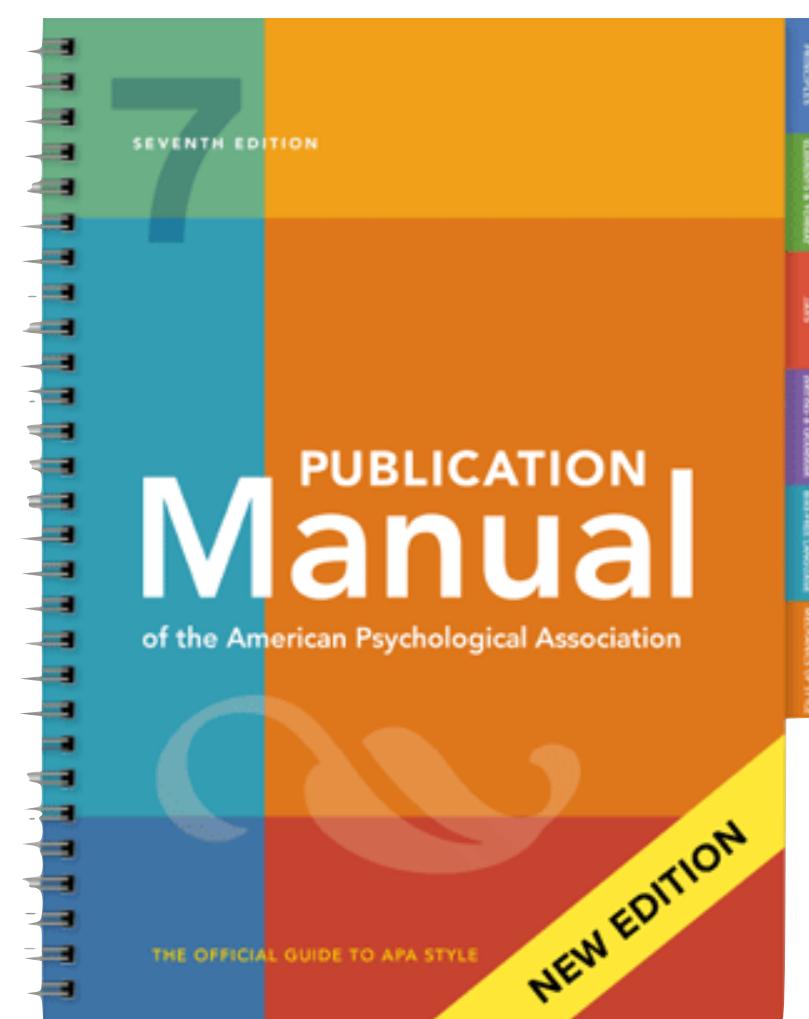
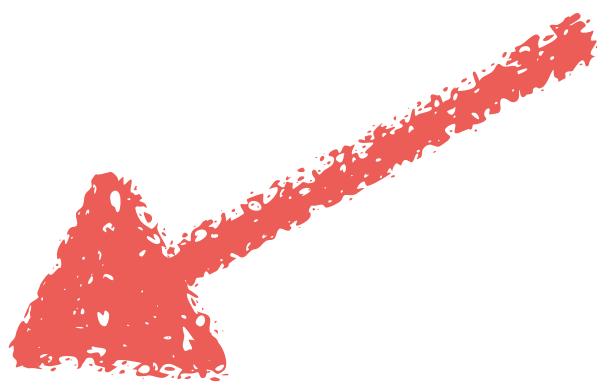
**S E C O N D E D I T I O N**

# Handbook of Social Work with Groups

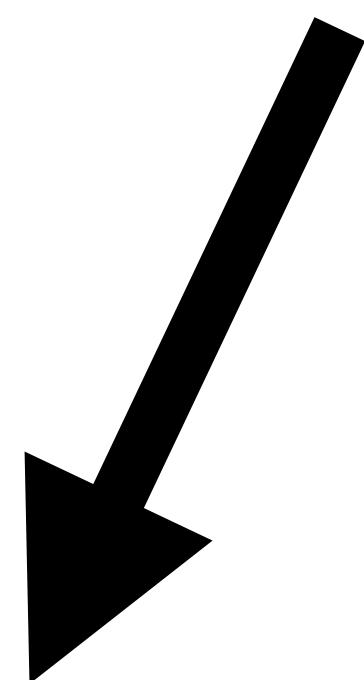


**edited by Charles D. Garvin,  
Lorraine M. Gutiérrez, and Maeda J. Galinsky**

## Text Book



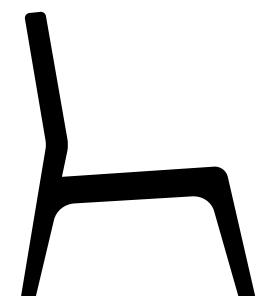
## Helpful Resources



**Google**  
Scholar

**Eagle Search**

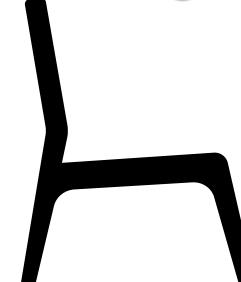
  
**APA  
STYLE**



# Competencies & Objectives

## Focus of this course and the program

- Demonstrate Ethical and Professional Behavior
- Engage Diversity and Difference in Practice
- Advance Human Rights and Social, Economic, and Environmental Justice
- **Engage in Practice-informed Research and Research-informed Practice**
- Engage in Policy Practice
- Engage with Individuals, Families, Groups, Organizations, and Communities
- Assess Individuals, Families, Groups, Organizations, and Communities
- **Intervene with Individuals, Families, Groups, Organizations, and Communities**
- Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities



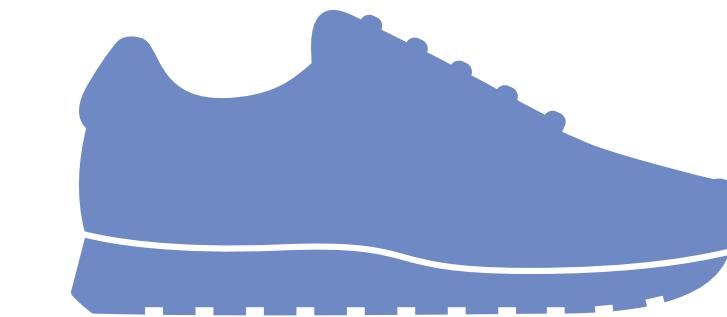
# Format of the Class



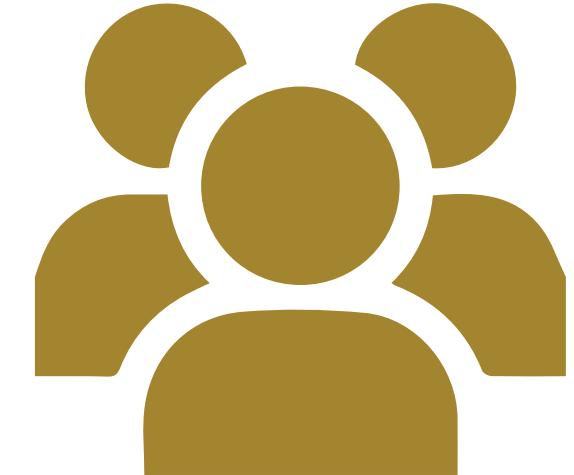
Large Group  
Discussion



Role-Play &  
Practice



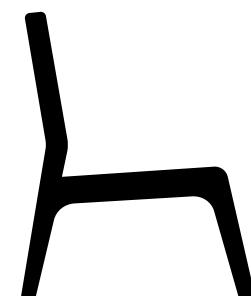
Group  
Activities



Small Group  
Discussion



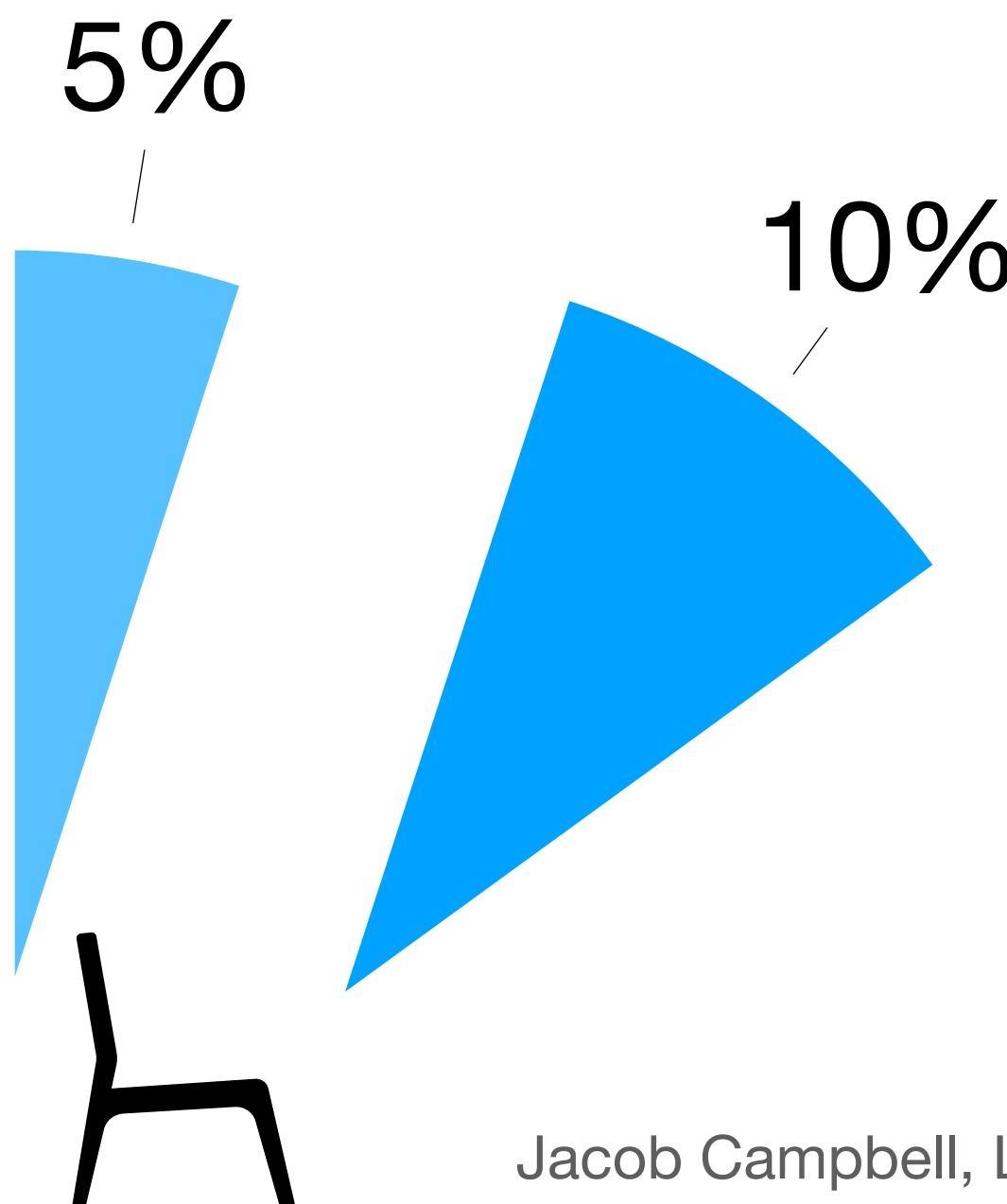
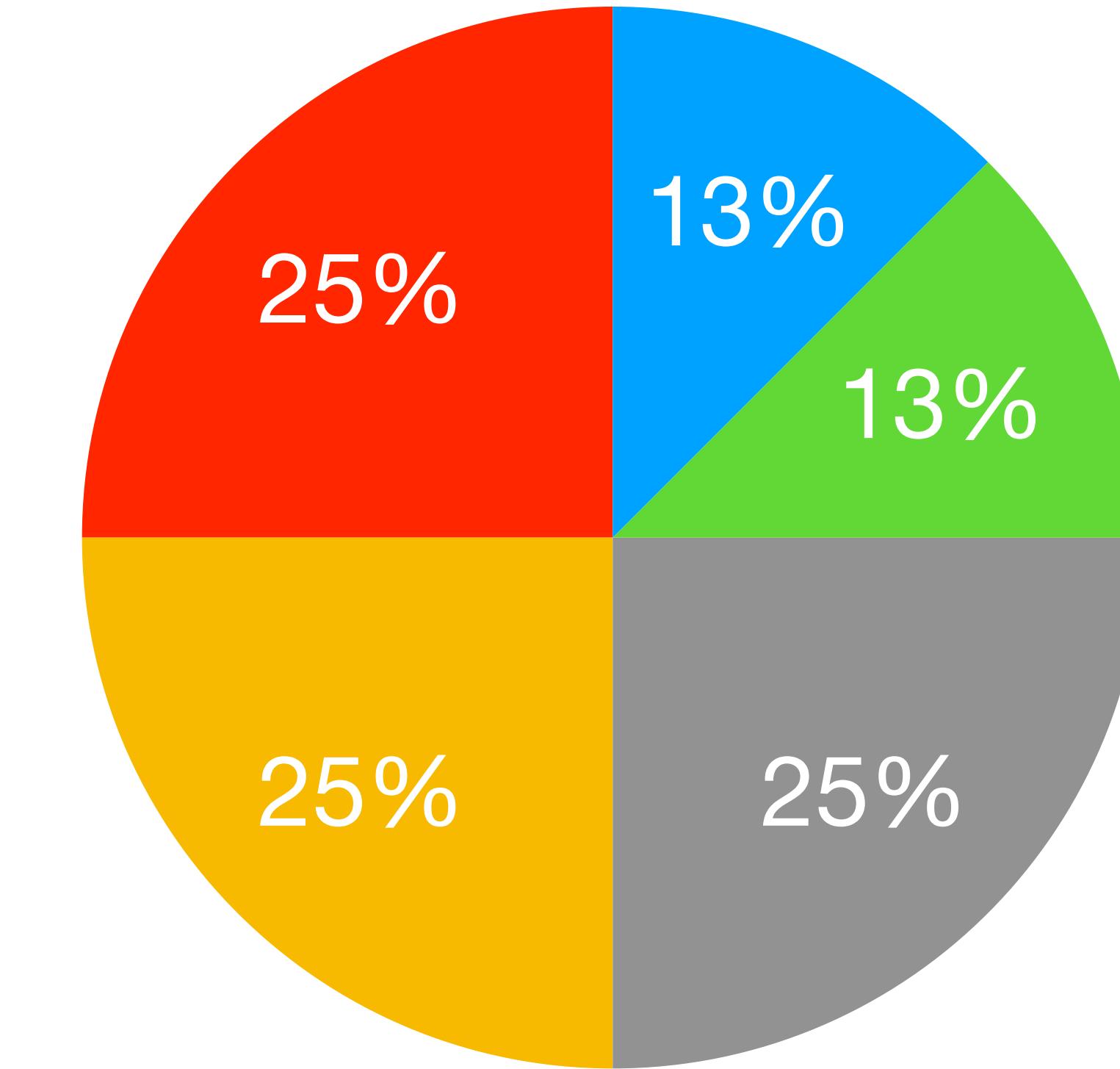
Lecture  
Format



# Assignments Points

## Break down of all the assignments this semester

- A-01: Synchronous Class Engagement and Attendance
- A-02: Asynchronous Class Engagement
- A-03a: Family Treatment Modality Research Paper
- A-03b: Family Treatment Modality Research Presentation
- A-04: Research Paper to Inform Group Practice

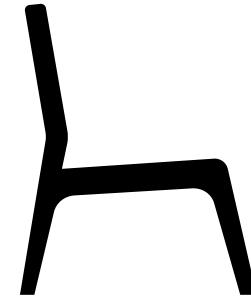


- A-05a [EC]: Group Participation Reflective Paper
- A-05b [EC]: Evidence-Based Practices for Culturally Competent Social Work



# **Academic Honesty**

**Who's information is this?**

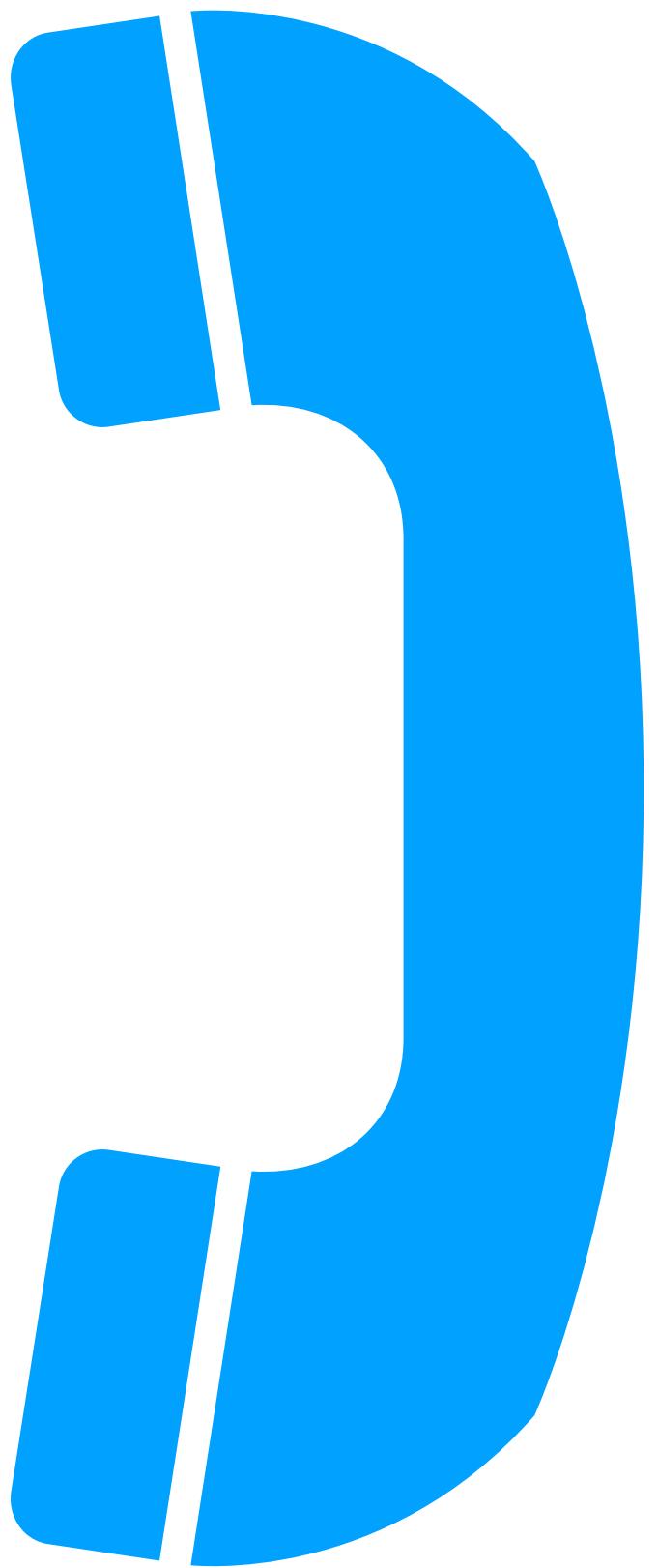


# Information Sections

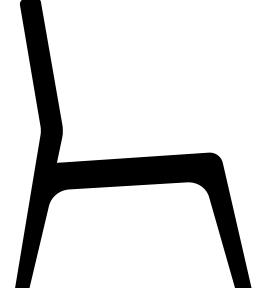
- Attendance
- Library
- Credit Hour Requirements
- Campus Security & Safety
- Accommodation Policy

# Appointments & Questions

I'm very reachable



What is  
the plan  
anyways?



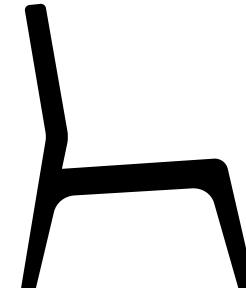
Jacob Campbell, LICSW at Heritage University

# Tentative Schedule

S	M	T	W	T	F	S
			😎			
			😎			
			😎			
			😎			

# Rubrics

	Initial	Emerging	Developed	Highly Developed
Content Area			x	
Content Area				x
			1	1



**Don't forget to read, Send me your  
contact info, and do you your flipgrid  
video**

