

# GROUP WORK

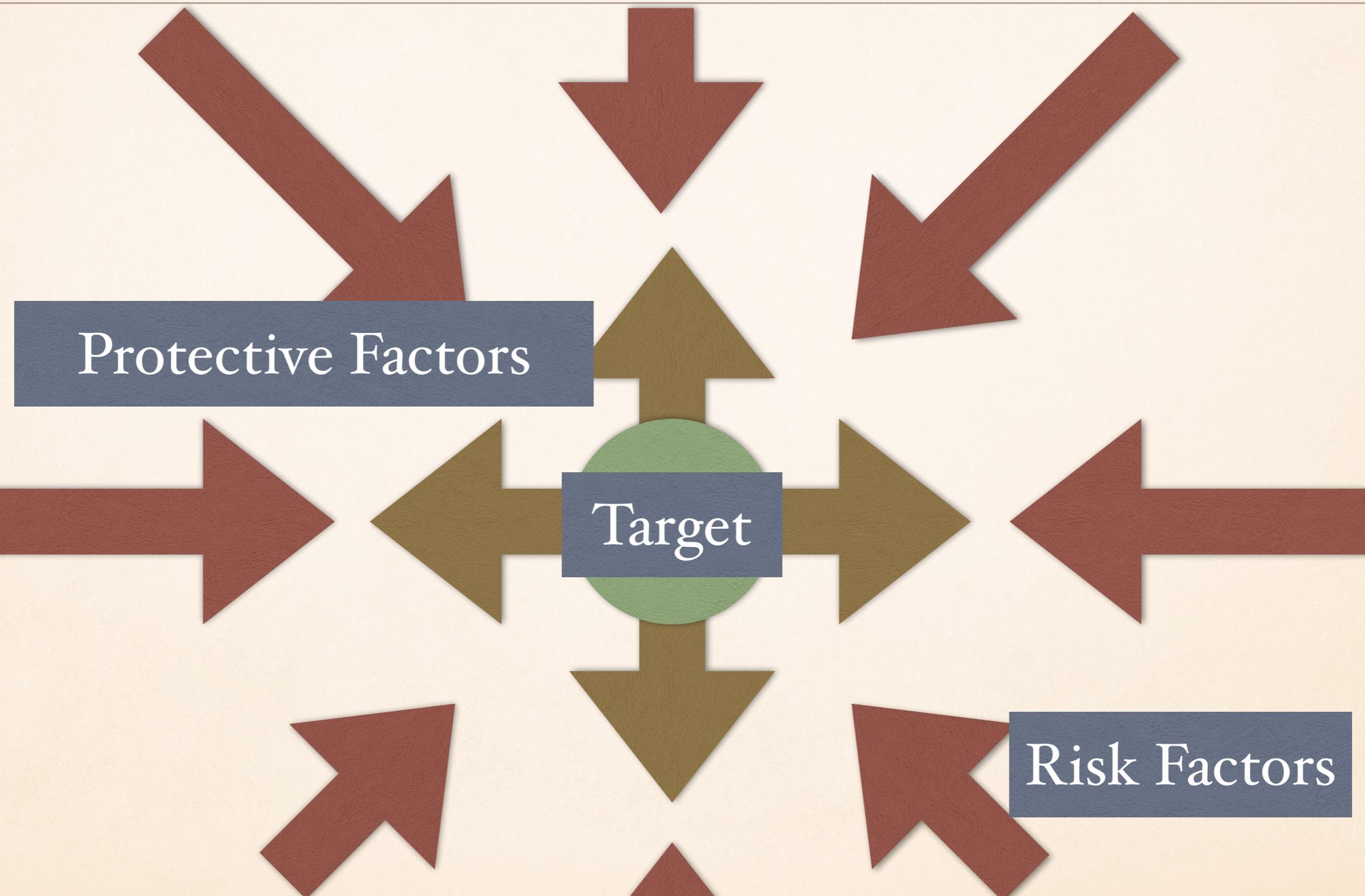
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APPROACHES RELATED TO PURPOSE

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Heritage University*

*SOWK 487 Spring 2021*

# A RISK AND PROTECTIVE FACTOR SCULPTURE



# AGENDA

- ❖ Psychoeducational groups
- ❖ Public Health Framework
- ❖ Other prevention frameworks and models
- ❖ Designing a school based intervention

# GROUP WORK APPROACHES

Self-Help and  
Support Groups

Psychoeducation  
Groups

Prevention  
Groups

# TEACHING AND DELIVERING INFORMATION

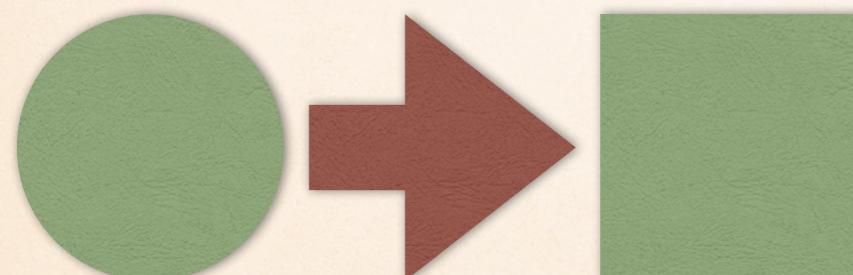
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- ❖ Selecting optimum methods for delivering information based on participant factors
- ❖ Demonstrating the meaningfulness of material among group members
- ❖ Creating opportunities for group members to integrate new information with existing knowledge and skills;
- ❖ Encouraging retention of new information by doing

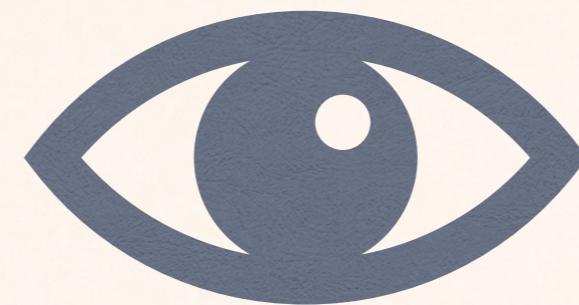
# ABILITIES IN FACILITATORS



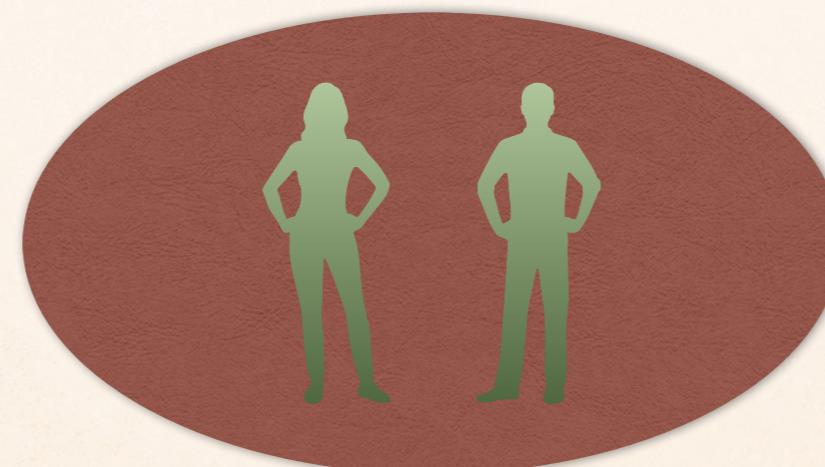
Education on  
preparing and  
delivering



Knowledge of  
Group Process



Supervision



Interpersonal  
practice skills



Capacity to  
self-reflect

Normalizing  
without  
essentializing



Connection  
with group

# STRUCTURED

Manualized

VERSES

RESPONSIVE GROUPS

Process-Oriented

Integration of both  
processes

# PUBLIC HEALTH FRAMEWORK

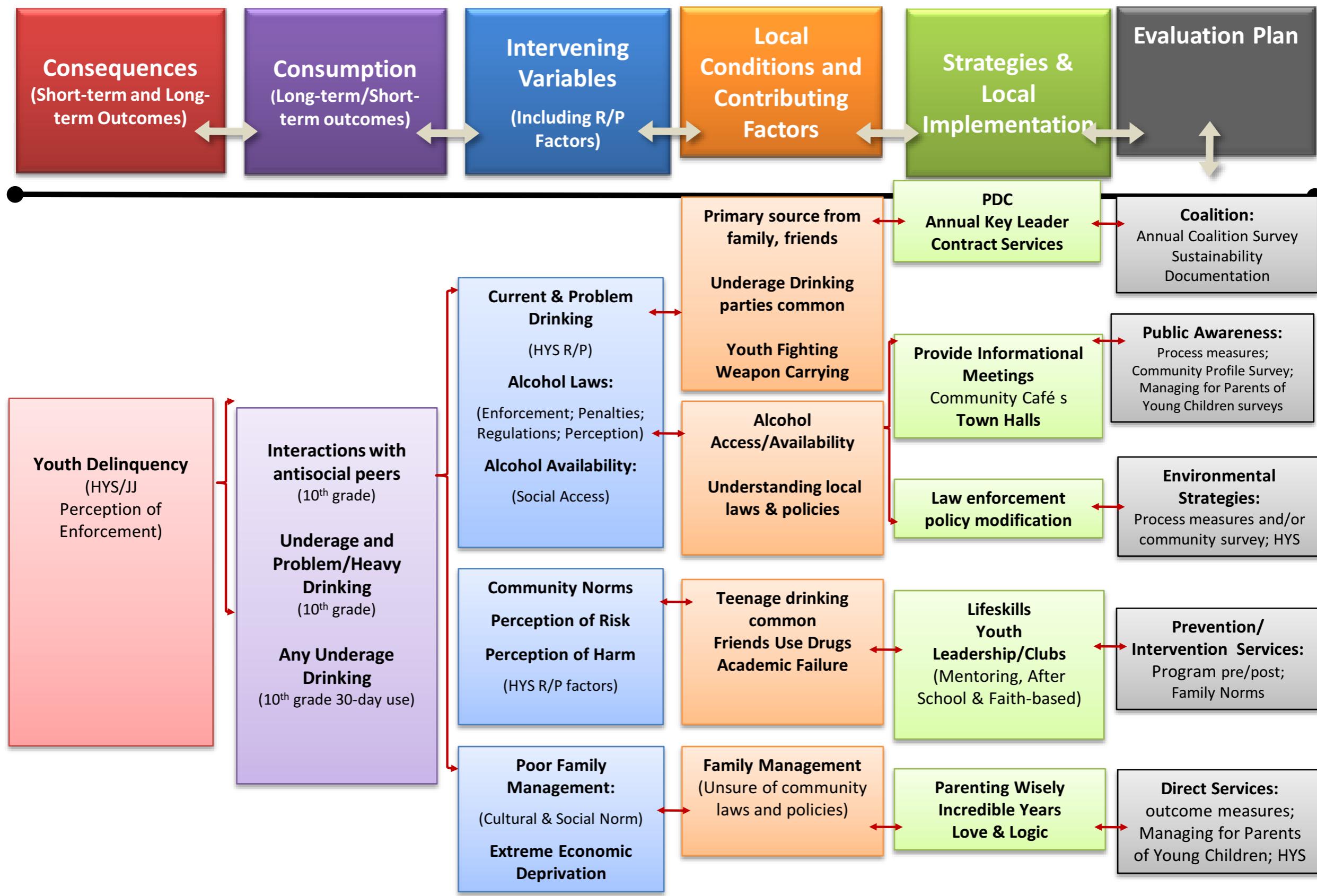
Defining the Target

Understanding Risk and Protection

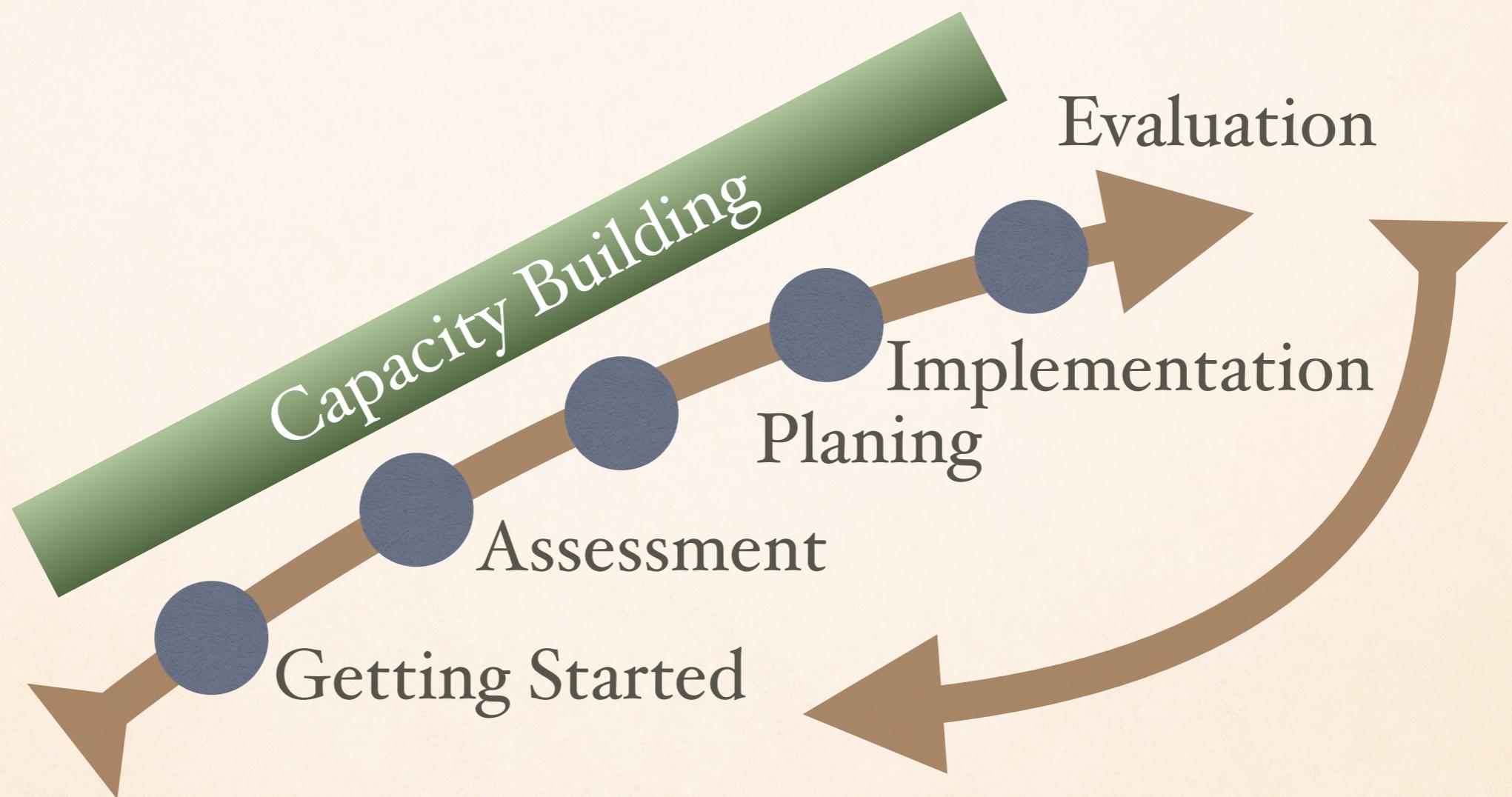
Interrupting Risk and Building Protection

Assessing the Effectiveness of Prevention

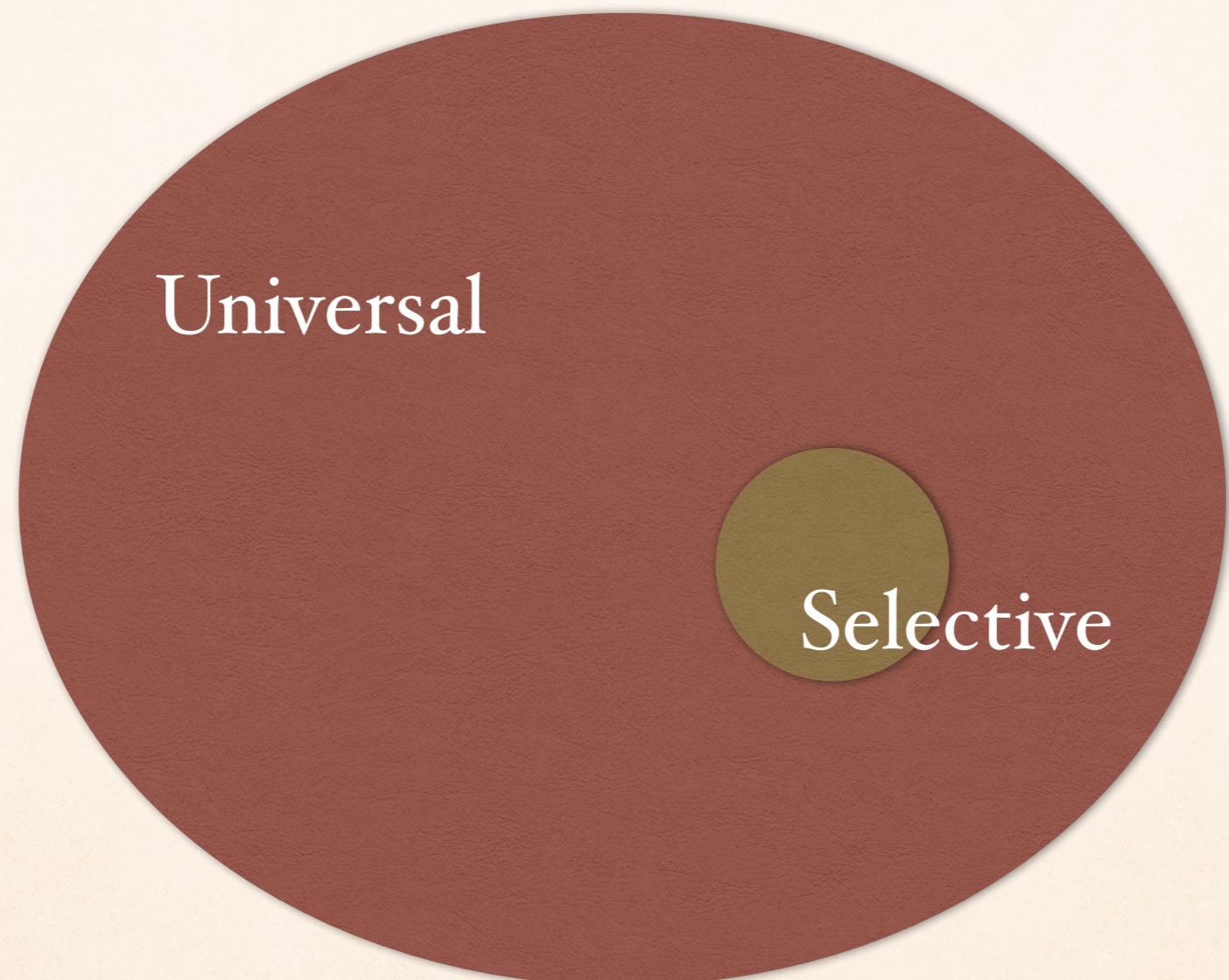
# Pasco Discovery Coalition - Logic Model



# DBHR CPWI FRAMEWORK



# UNIVERSAL VS SELECTIVE

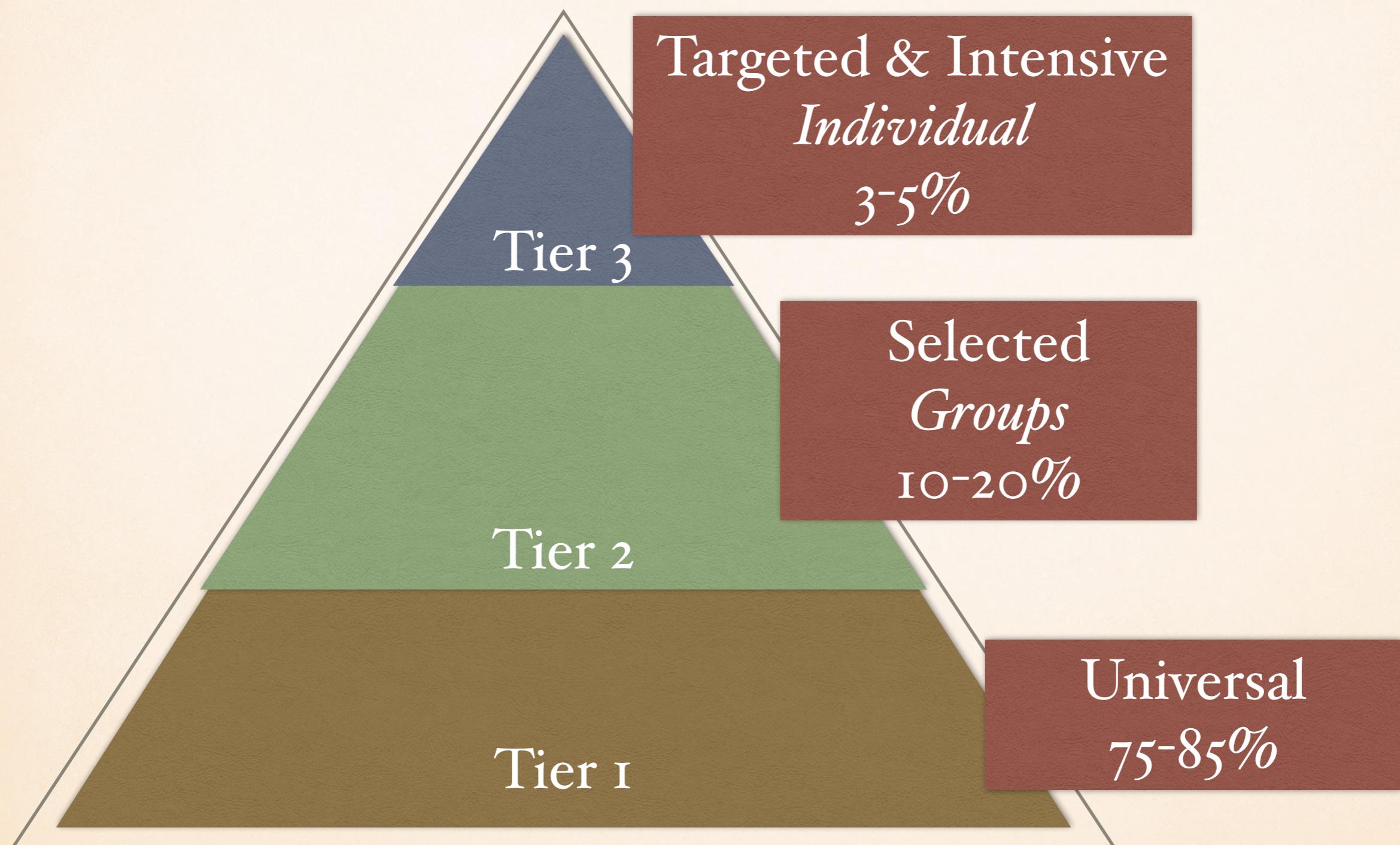


# UNIVERSAL VS SELECTIVE

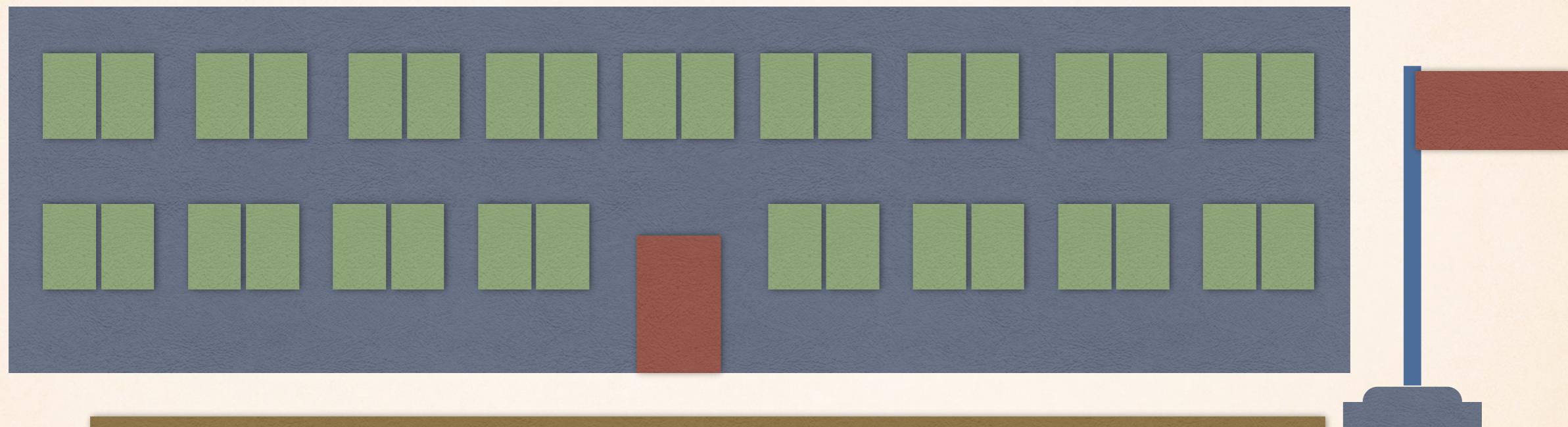
Person-Environment Fit  
Human Development  
Cultural Humility

Indicated

# PBIS PYRAMID

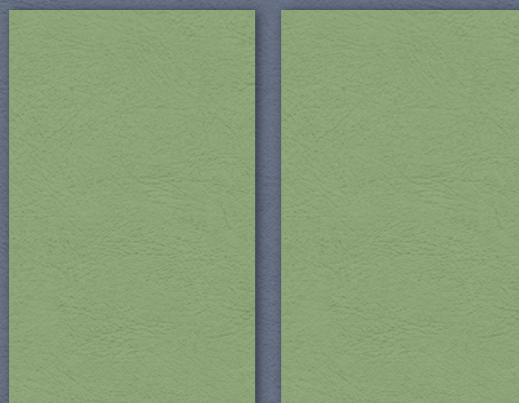
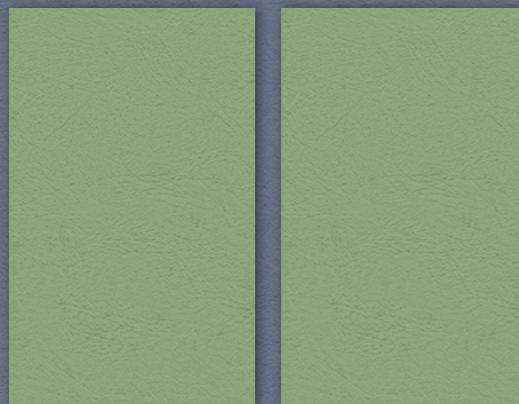


# PLAN A SCHOOL BASED INTERVENTION



- ❖ Defining the Target
- ❖ Understanding Risking and Protection
- ❖ Interrupting Risk and Building Protection
- ❖ Assessing the Effectiveness of Prevention

# PLAN A SCHOOL BASED INTERVENTION



*Mutual Aid  
Cognitive Behavioral Group Work*

Self-Help or Support  
Psychoeducation  
Prevention Group

IMPLEMENT IT