

Advanced Seminar I

Fall 2025 Week 08 for SOWK 590

Agenda

Plan for week 08

SLED: Intersectionality
and Identity

Mindfulness activity

Practice Learning
Reflection Group

Learning Objectives

- Students consider intersectionality and identity, and how these concepts relate to their practice.
- Students will actively practice a mindfulness activity.
- Students will recognize the shared experiences of their peers in the practicum and be able to utilize the group as a method for sharing and problem-solving.
- Students will analyze their practicum experience, reflecting on how it connects to their development and demonstration of competence.

Student Led Discussion

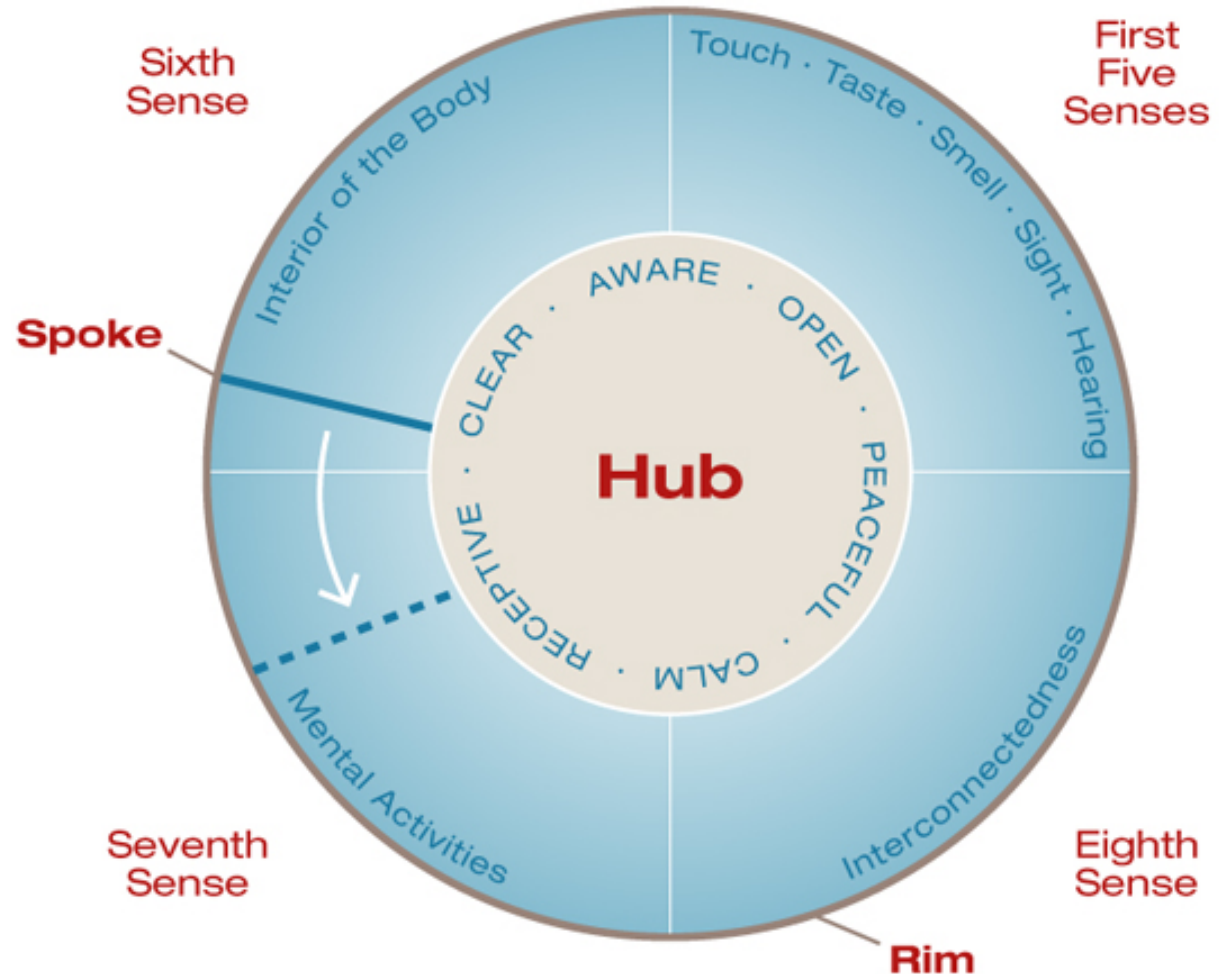
Intersectionality and Identity

Dr. Dan Siegle

Wheel of Awareness and the Plane of Possibility

<https://drdansiegel.com/wheel-of-awareness/>

Here is an image of “The Wheel of Awareness.” The hub represents the experience of awareness itself — knowing — while the rim contains all the points of anything we can become aware of, that which is known to us. We can send a spoke out to the rim to focus our attention on one point or another on the rim. In this way, the wheel of awareness becomes a visual metaphor for the integration of consciousness as we differentiate rim-elements and hub-awareness from each other and link them with our focus of attention.



Practice Learning Reflection Group

Group Check-in Question:

An activity that is facilitating learning for you this week.

Practicum Discussion:

- What are some of the things that are happening in your practicums
- What are some of the needs of the clients you are working with
- Examples of client work to share with the group

Group Norms

- We will be respectful of each other
- We will approach our dialogue with an open mind
- We will engage and fully participate
- We will keep our clients' information confidential