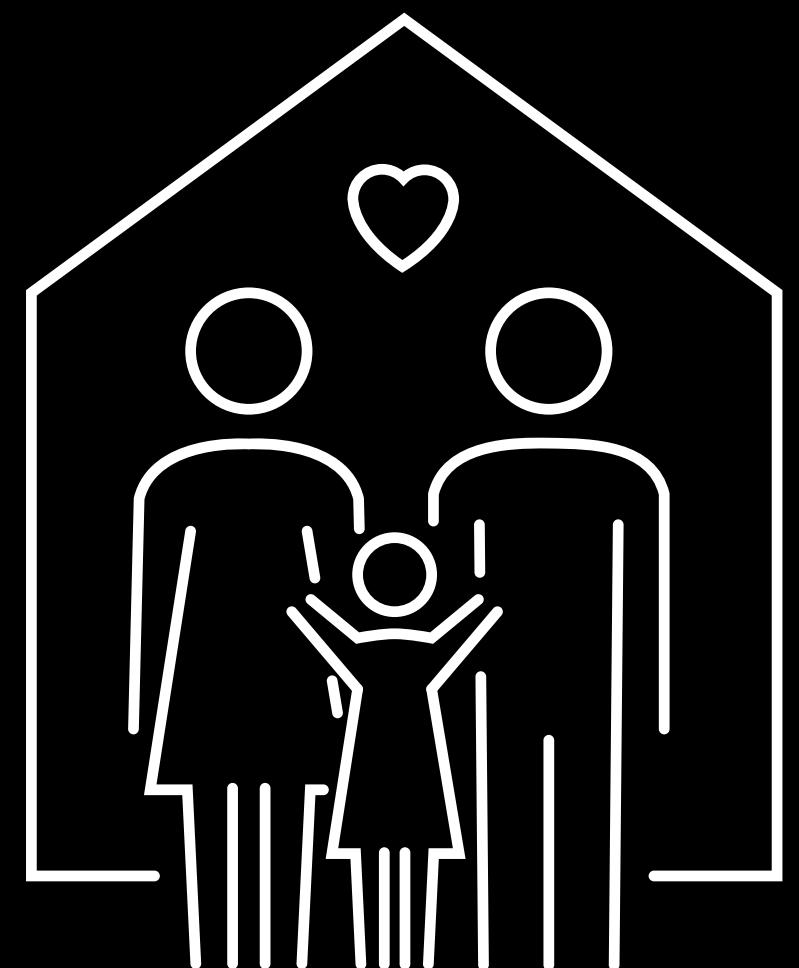
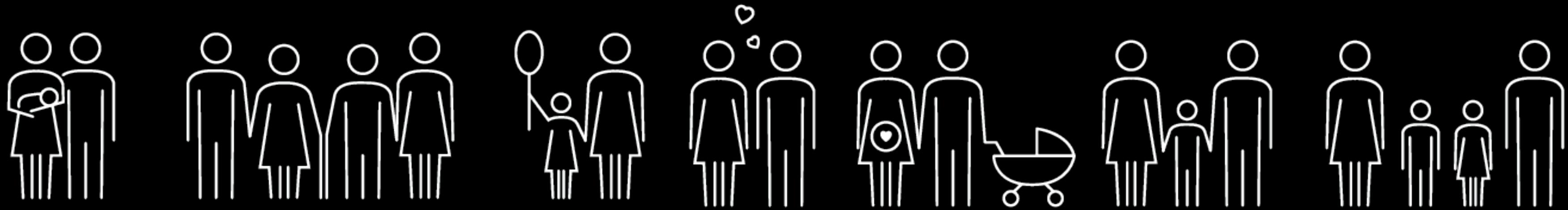


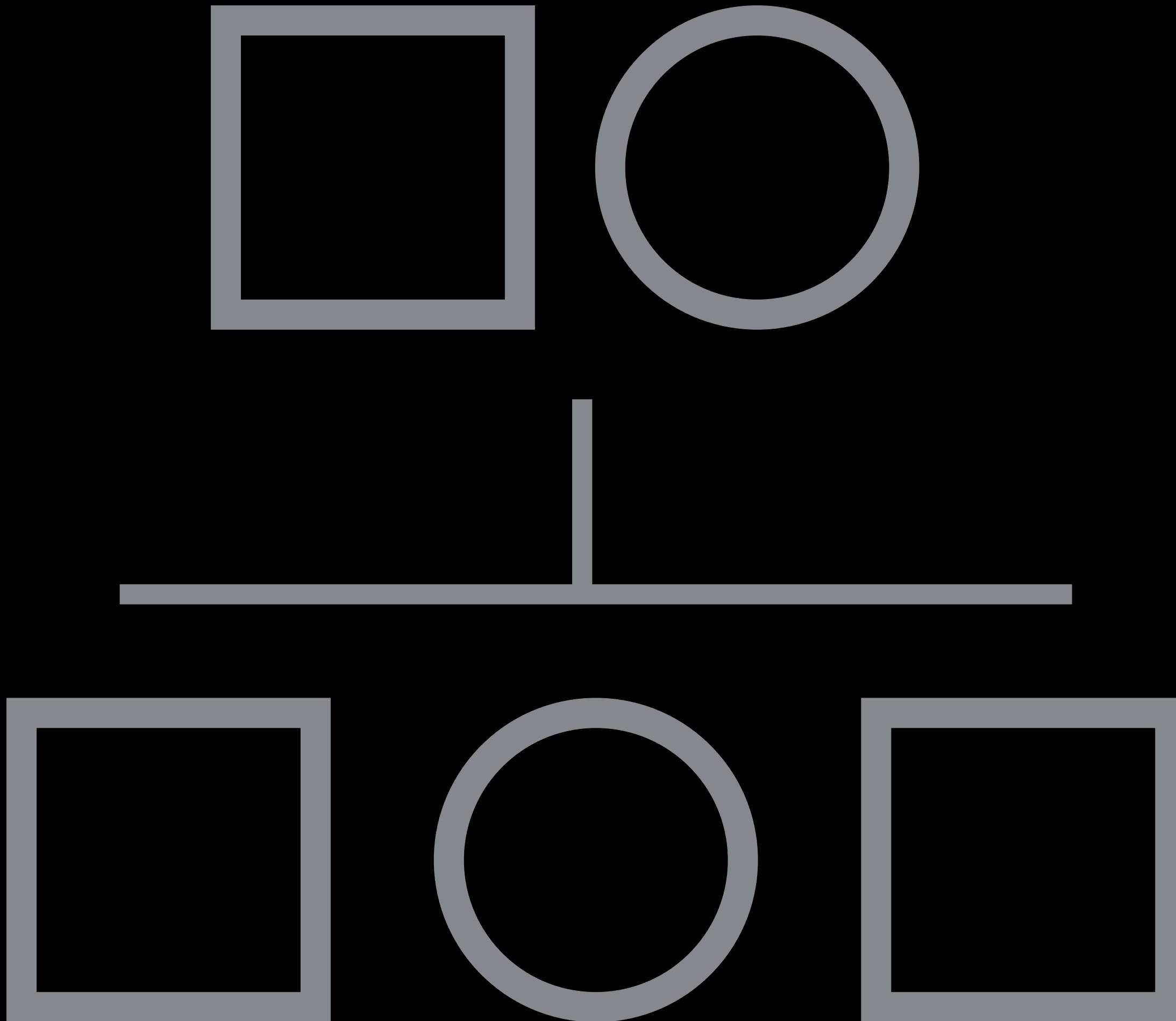
# Working with Families Part I:

## Strengths and Assessments with Families

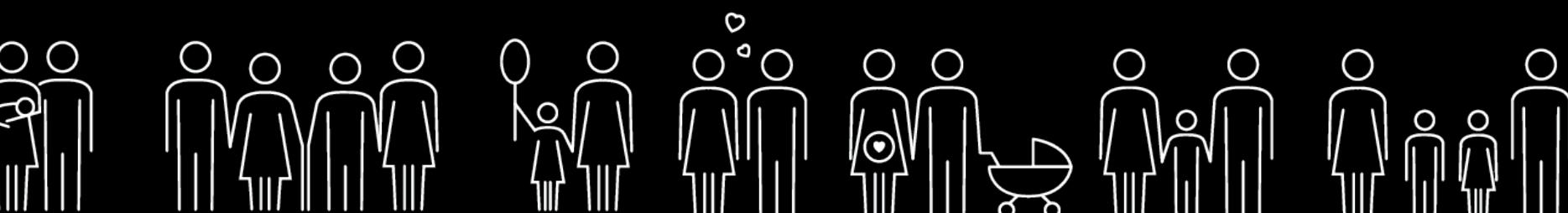


Jacob Campbell, LICSW at Heritage University for SOWK 487 in Spring of 2021

# Genogram Cutout Activity



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Heritage University

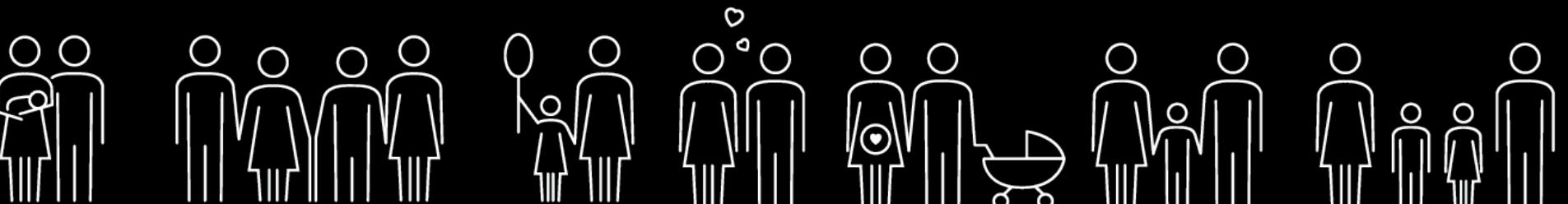


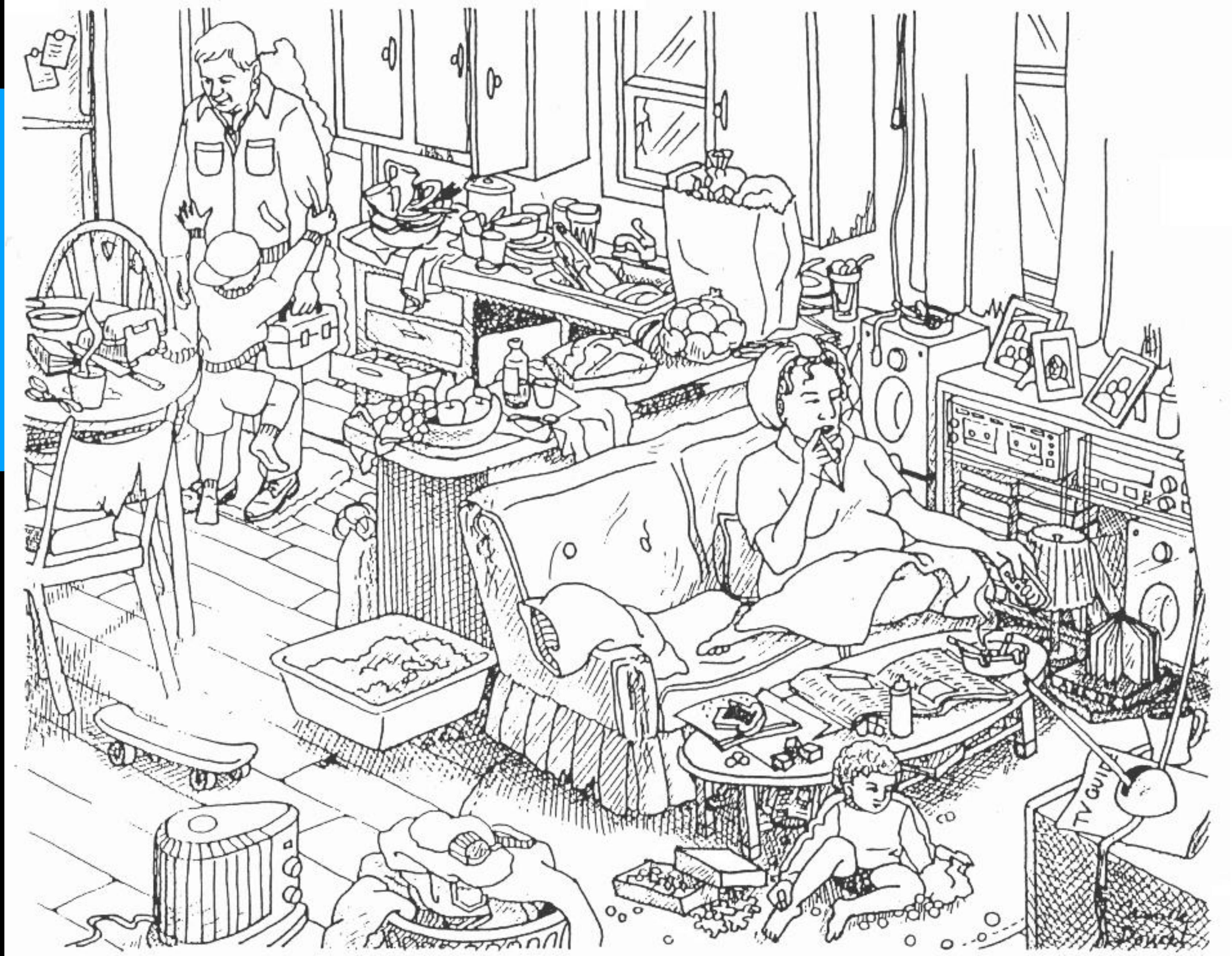
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Fall 2021

# Agenda

Strengths perspective and families

Engagement and assessment with families





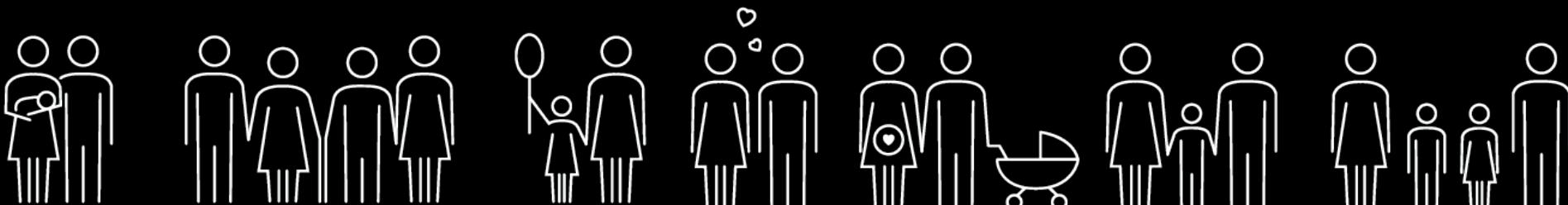
# Identifying Family Strengths

Note 12 to 15  
positive aspects  
of the household  
pictured

# What Families Provide



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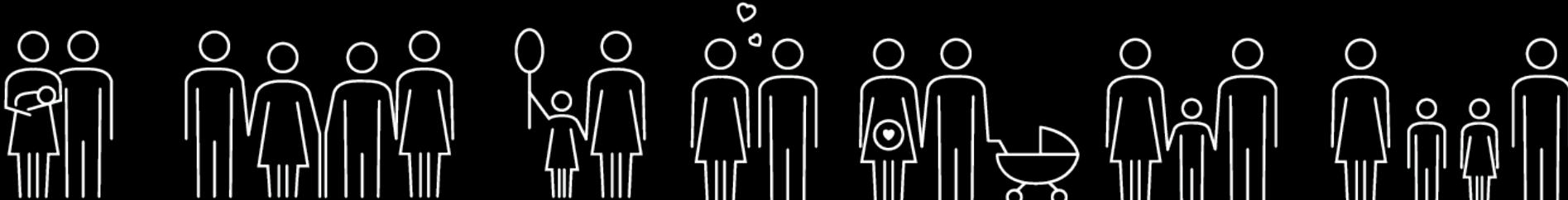


SOWK 487  
Fall 2021

# What Families Provide

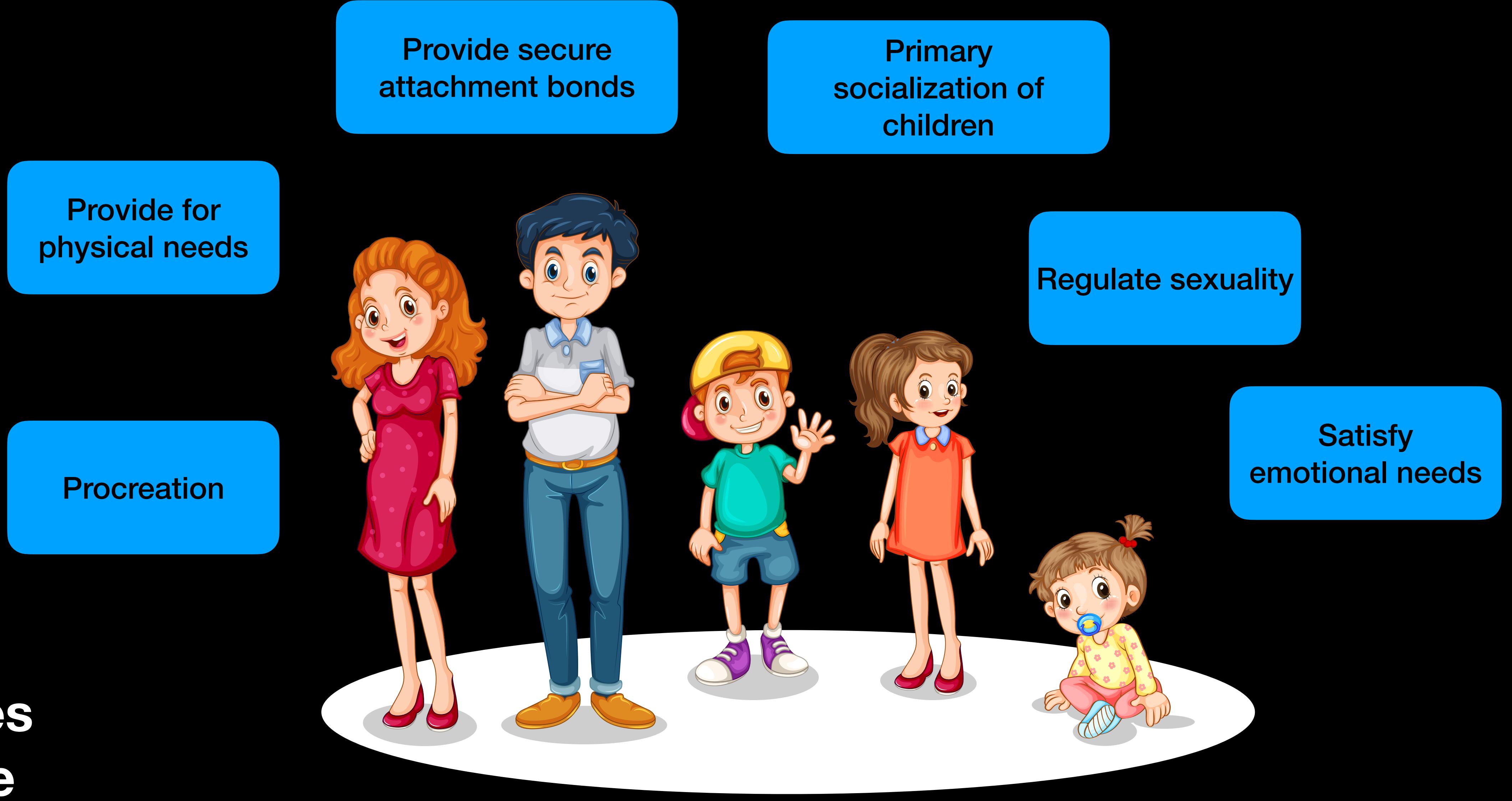


Jacob Campbell, LICSW  
Heritage University

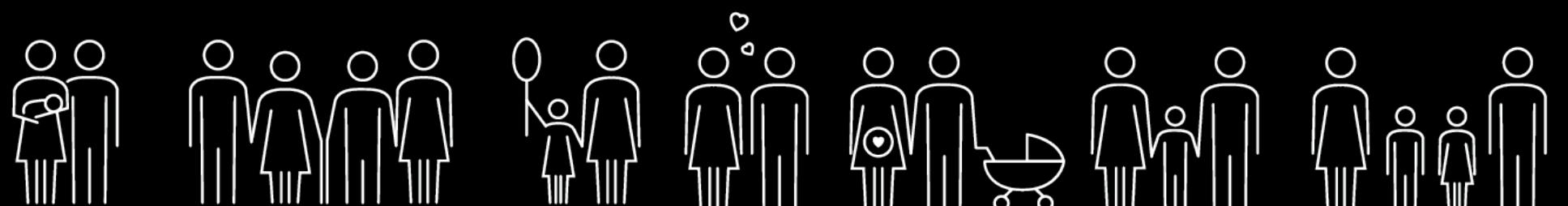


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Fall 2021

# What Families Provide



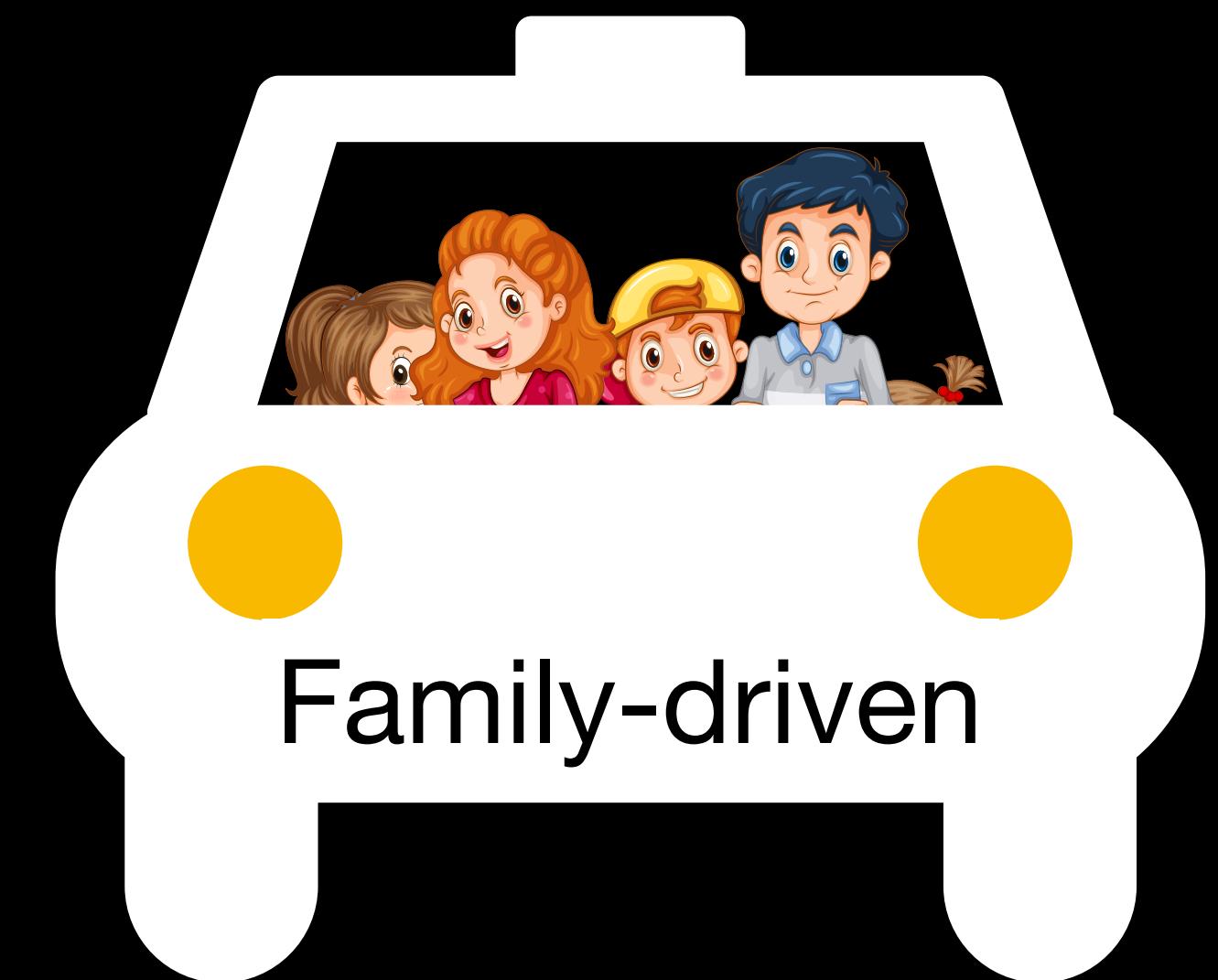
(Kirst-Ashman & Hull, 2015)



# How Engaged is the Family?



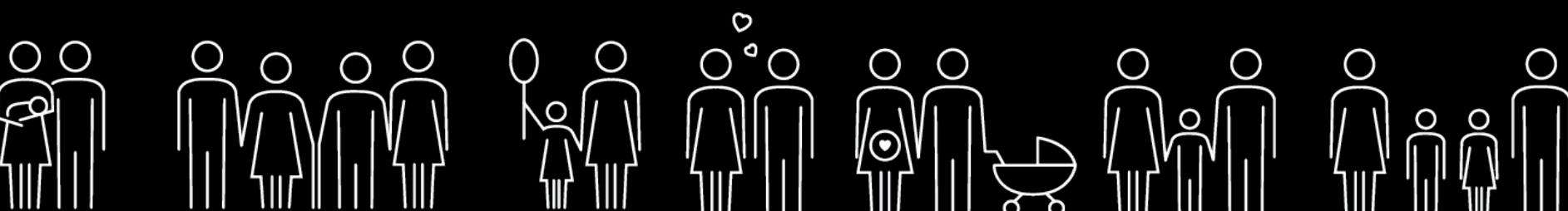
Family-centered



(Chovil, 2009)



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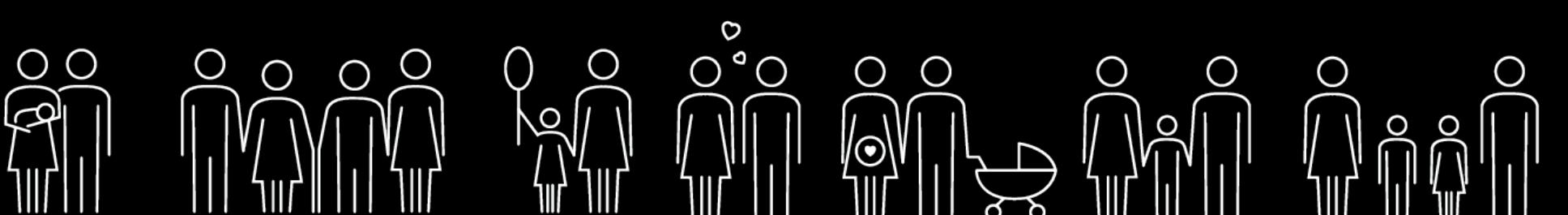
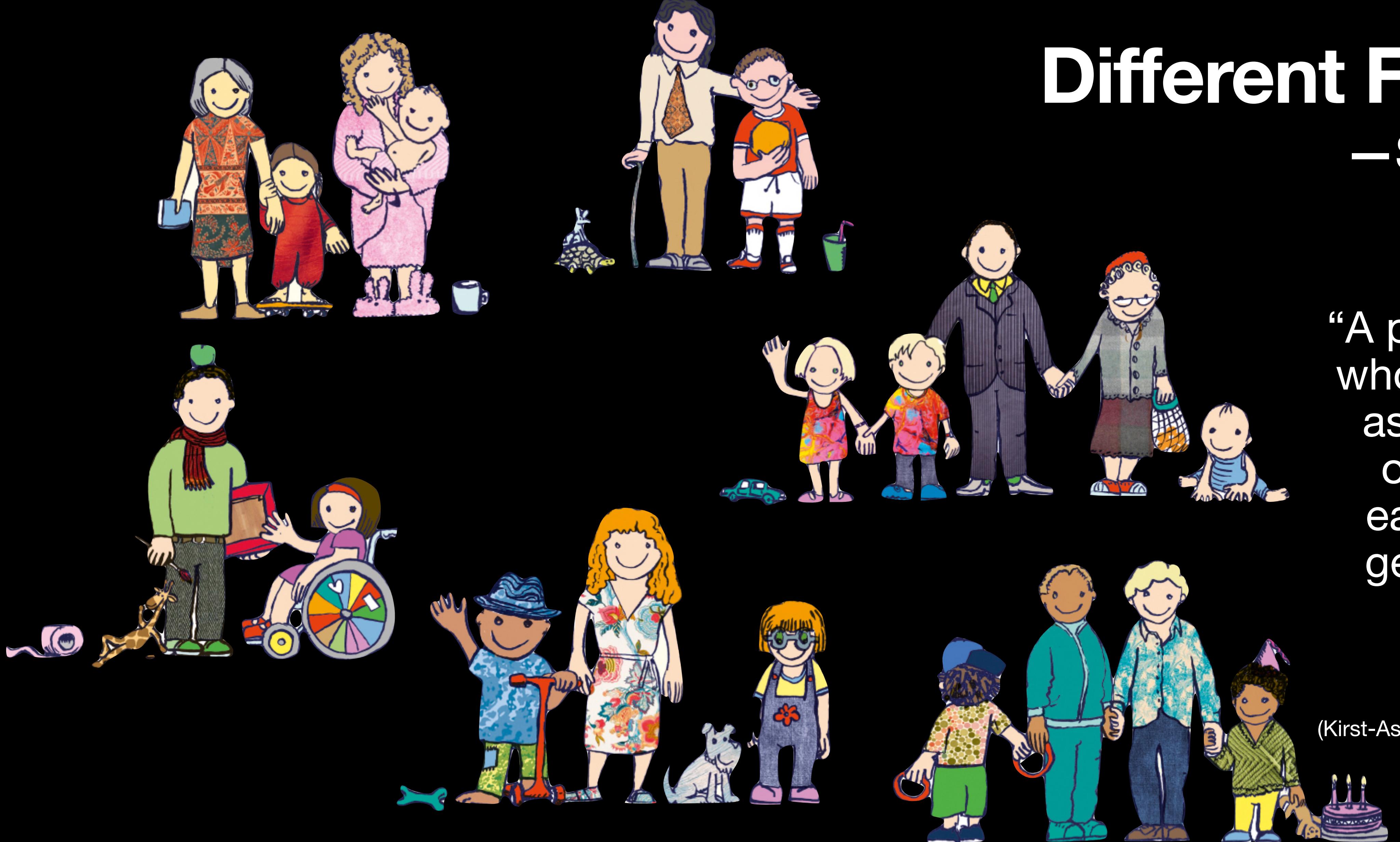


SOWK 487  
Fall 2021

# Different Families —Same Love

“A primary group whose members assume certain obligations for each other and generally share common residences.”

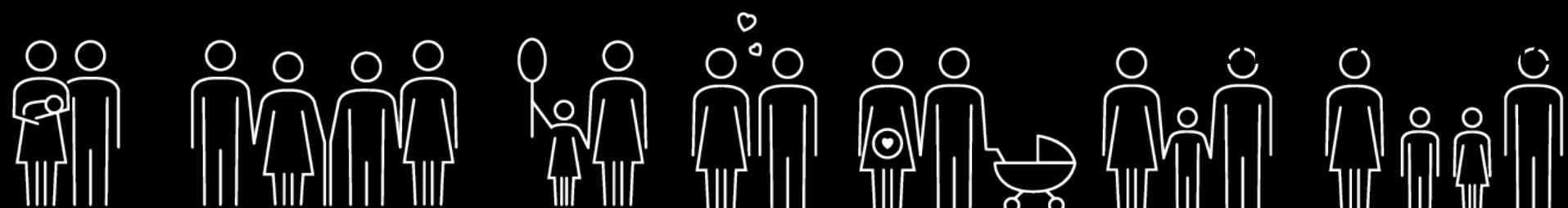
(Kirst-Ashman & Hull, 2015, p. 331)



# Family Systems Framework Assessment

## Dimensions

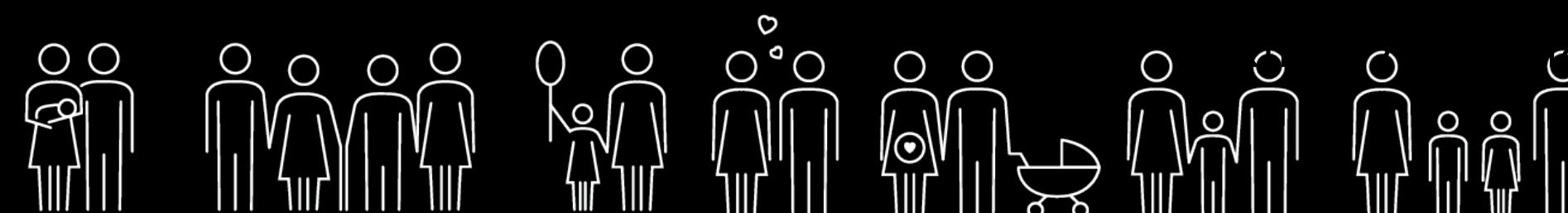
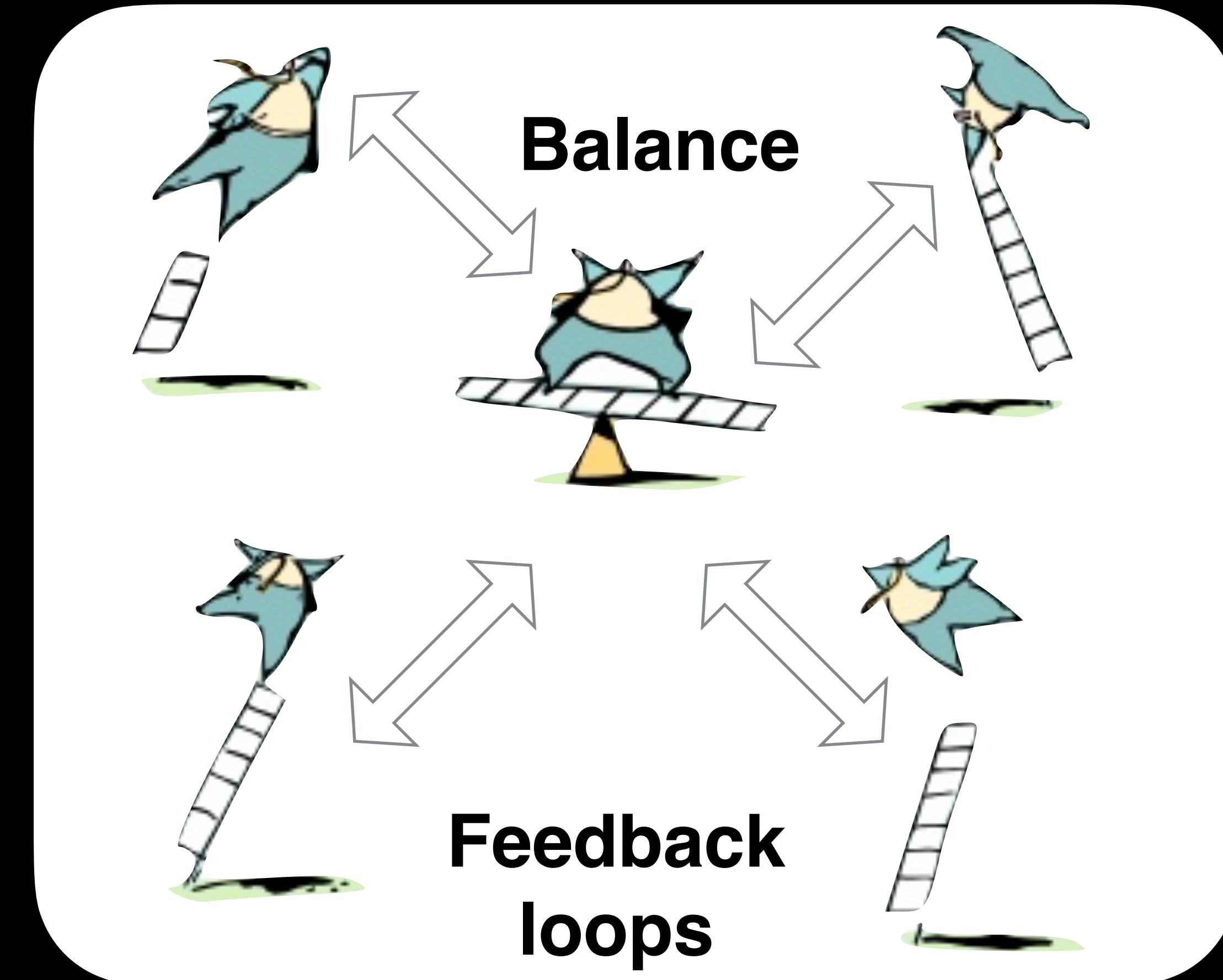
- Homeostasis
- Boundaries and Boundary Maintenance
- Family Decision Making, Hierarchy, and Power
- Family Roles
- Communication Styles of Family Members
- Family Life Cycle
- Family Rules
- Social Environment
- Family Adaptive Capacity (Stressors and Strengths)



# Homeostasis

“Homeostasis is a systems concept that describes the tendency of a system to maintain or preserve equilibrium or balance. In essence, homeostasis is a conservative property of family systems that strives to maintain the status quo”

(Kirst-Ashman & Hull, 2015, p. 255)



# Boundaries & Boundary Maintenance

**Disengagement**

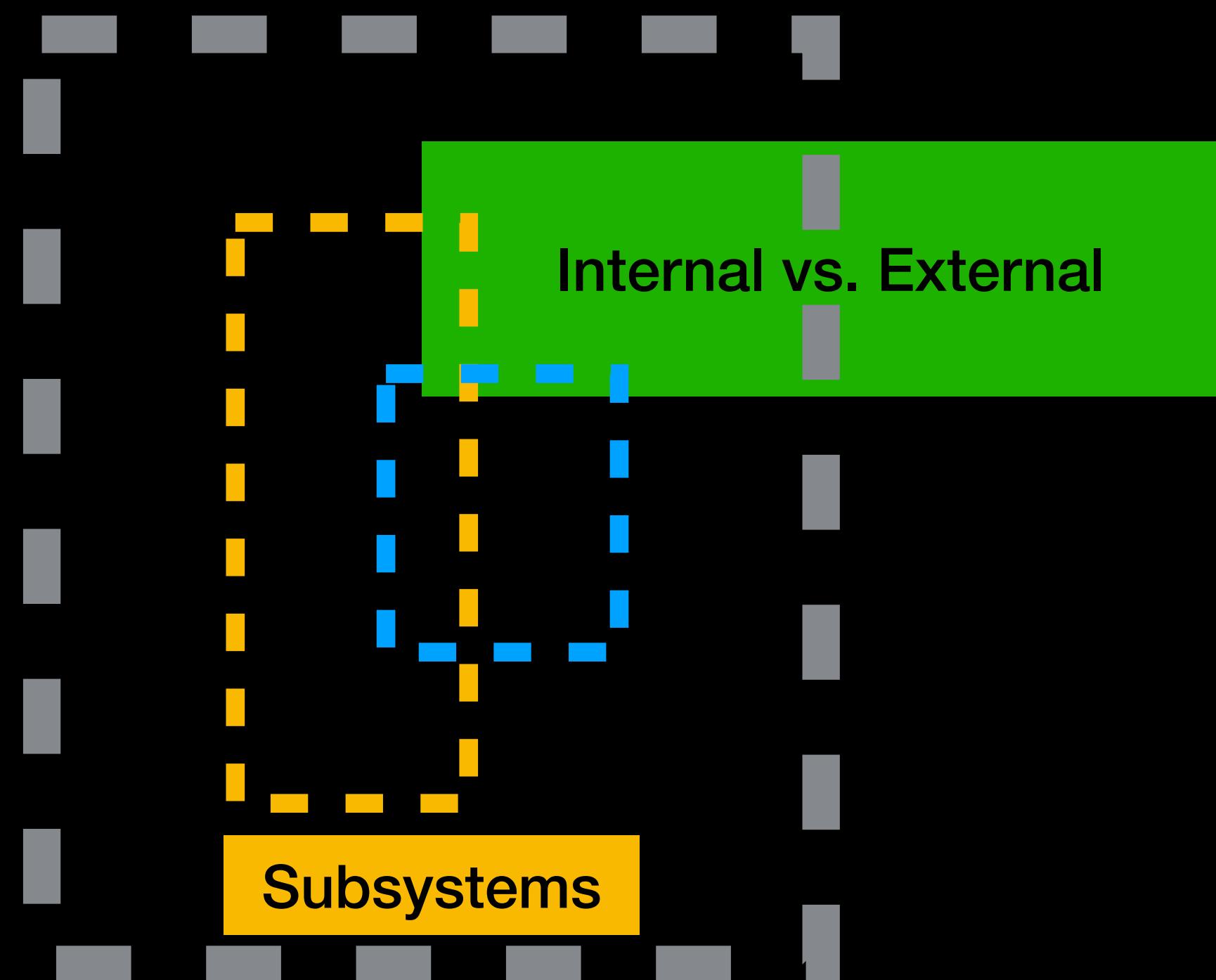
diffused boundaries

**Enmeshment**

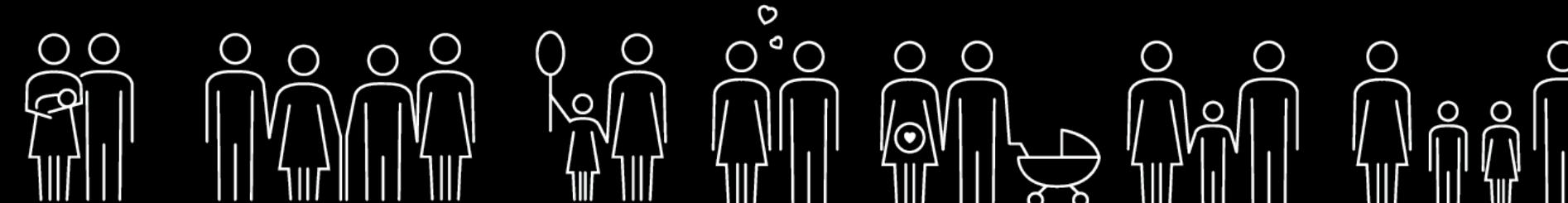
inappropriately rigid

Unique

families unique style,  
cultural preferences,  
strengths, and needs

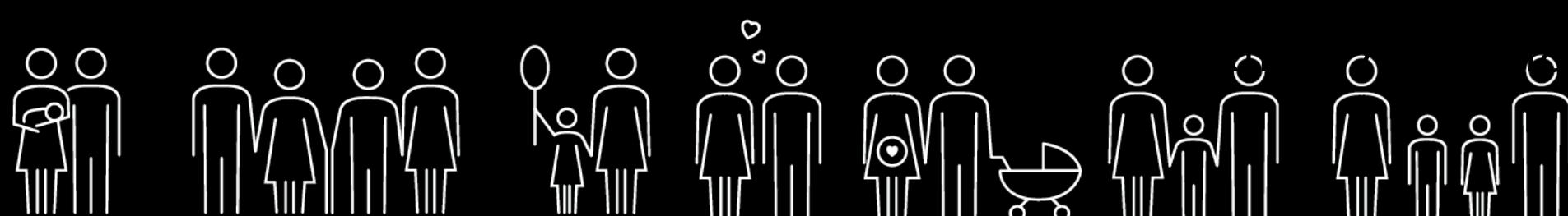


(Kirst-Ashman & Hull, 2015)

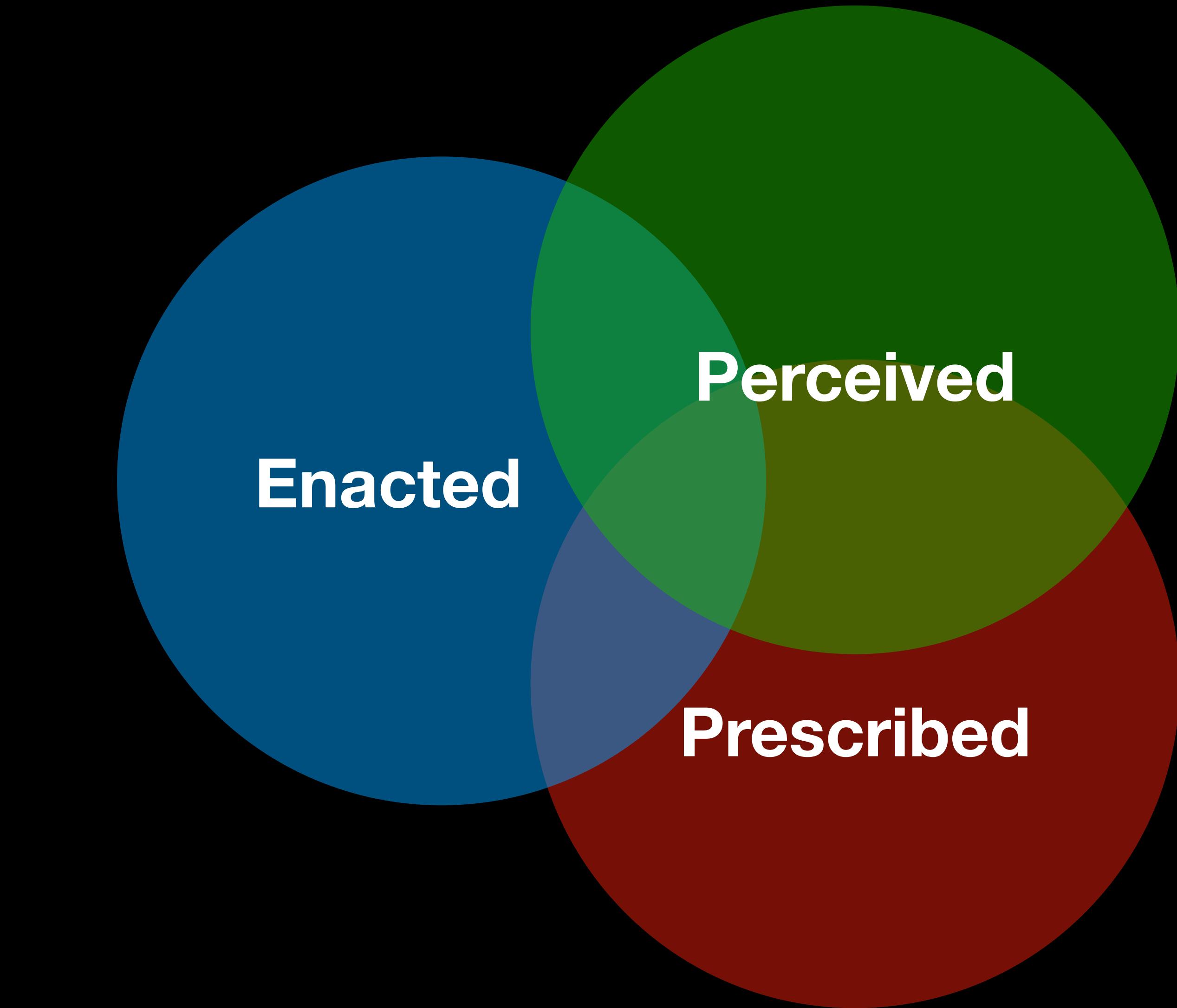


# Family Decision Making, Hierarchy, and Power

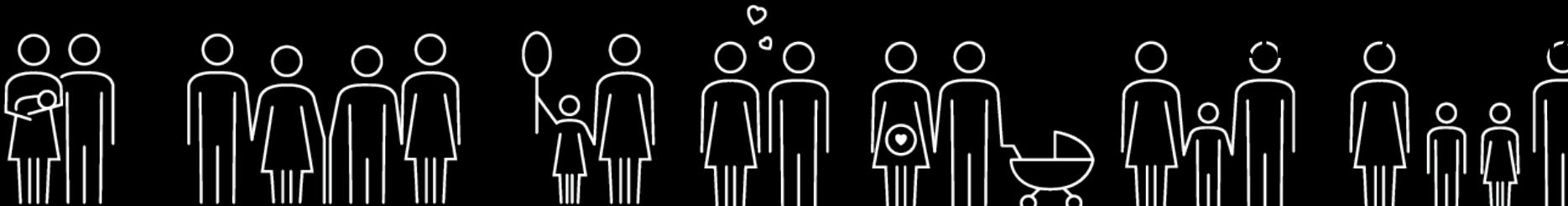
- Historic / Context
- Reason for distribution
- Covert power
- Power flexibility
- Family perspective



# Family Roles

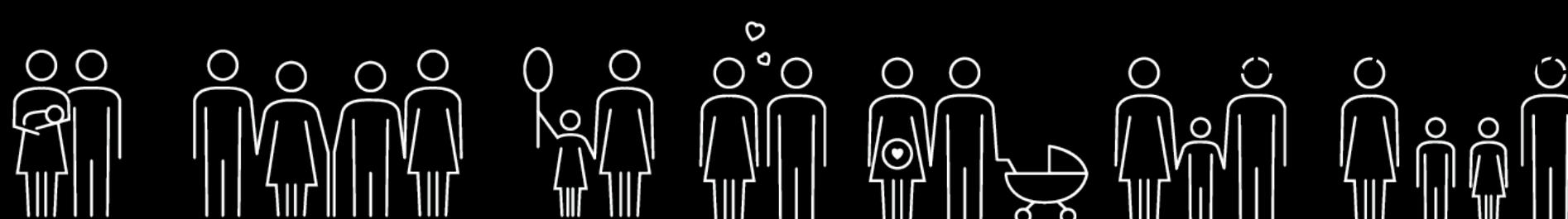


(Kirst-Ashman & Hull, 2015)

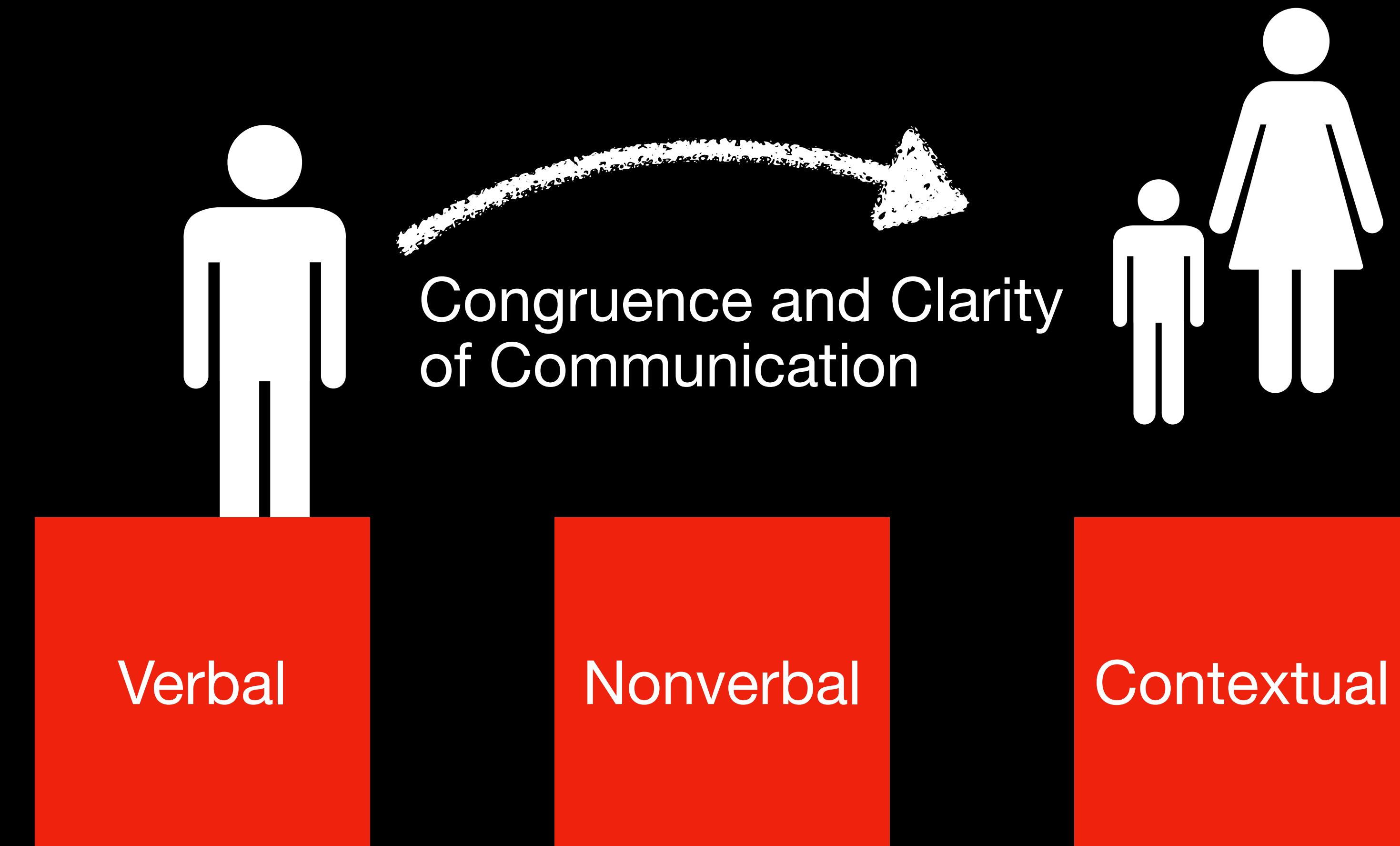


# What About Your Family?

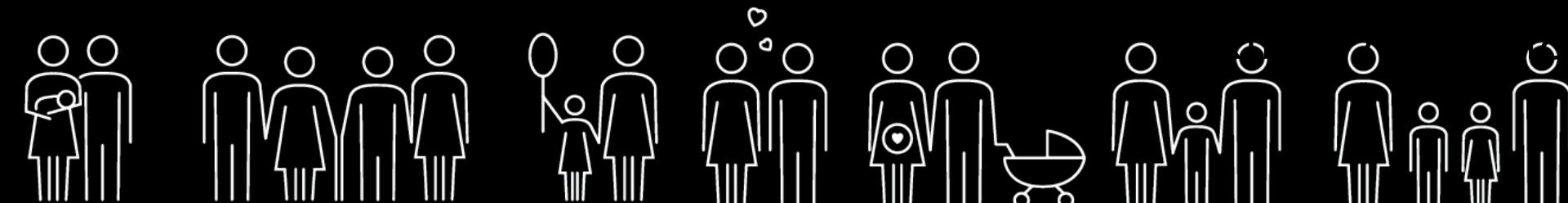
**Members  
Roles  
Norms  
Values  
Rules**



# Communication Styles of Family Members



(Kirst-Ashman & Hull, 2015)



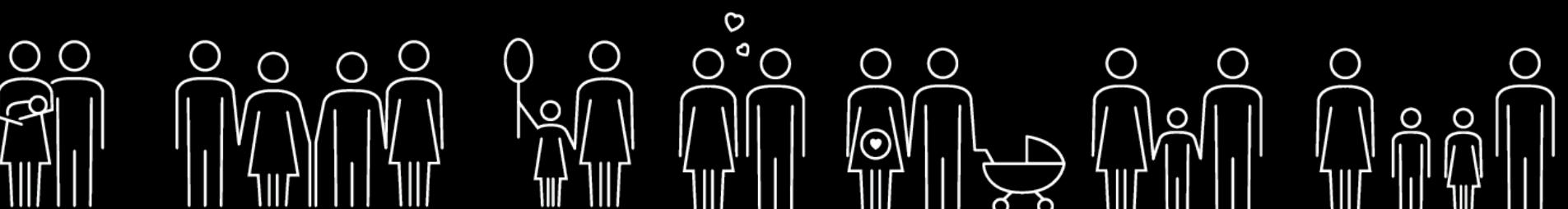
# Communication Styles of Family Members

Insoo Kim Berg  
Solution-Focused  
Family Therapy Video

(PsychotherapyNet, 2009)



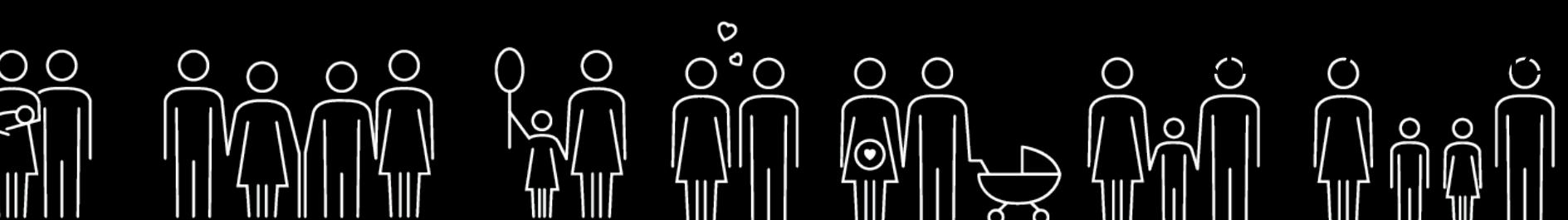
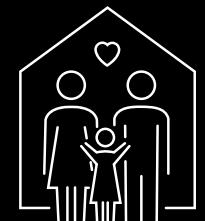
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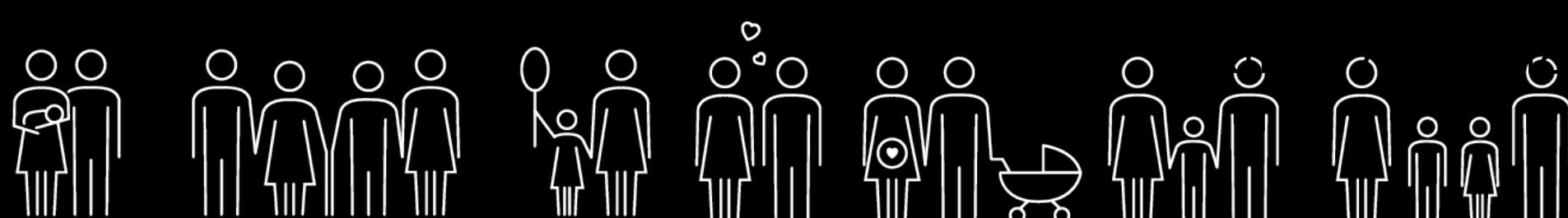
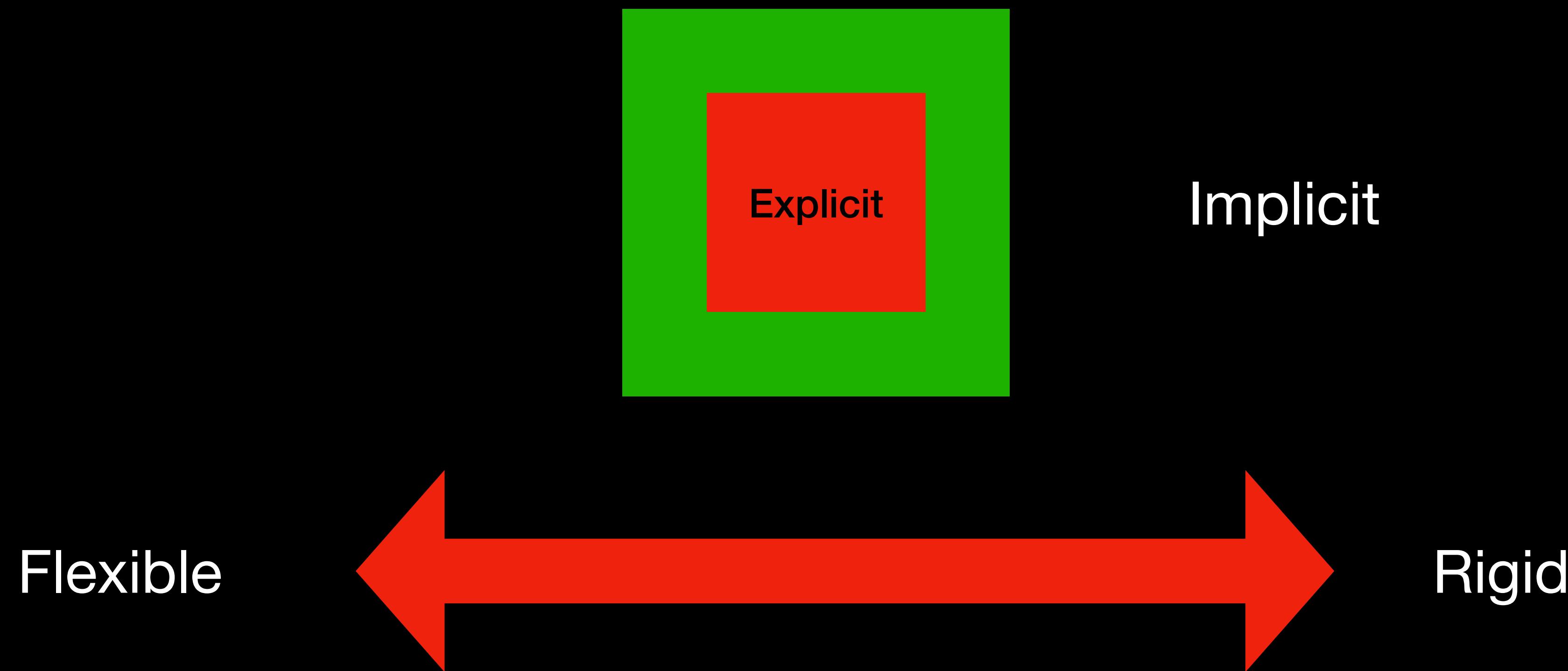
SOWK 487  
Fall 2021

# Family Life Cycle

1. Unattached young adult
2. New couple
3. Family with young children
4. Family with adolescents
5. Family that is launching children
6. Family in later life



# Family Rules

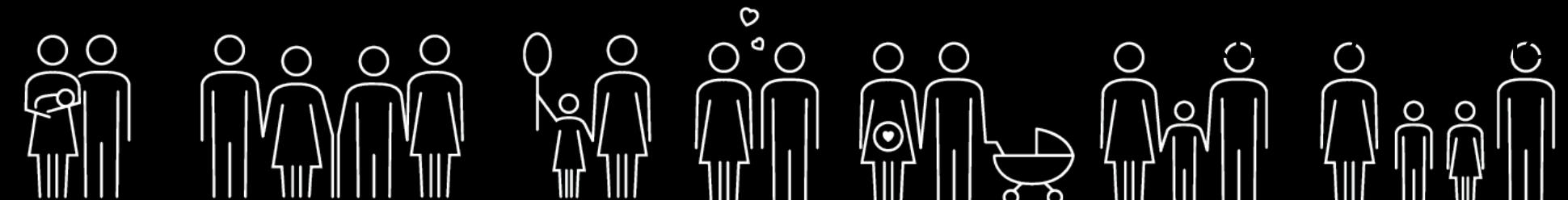




(Kirst-Ashman & Hull, 2015)

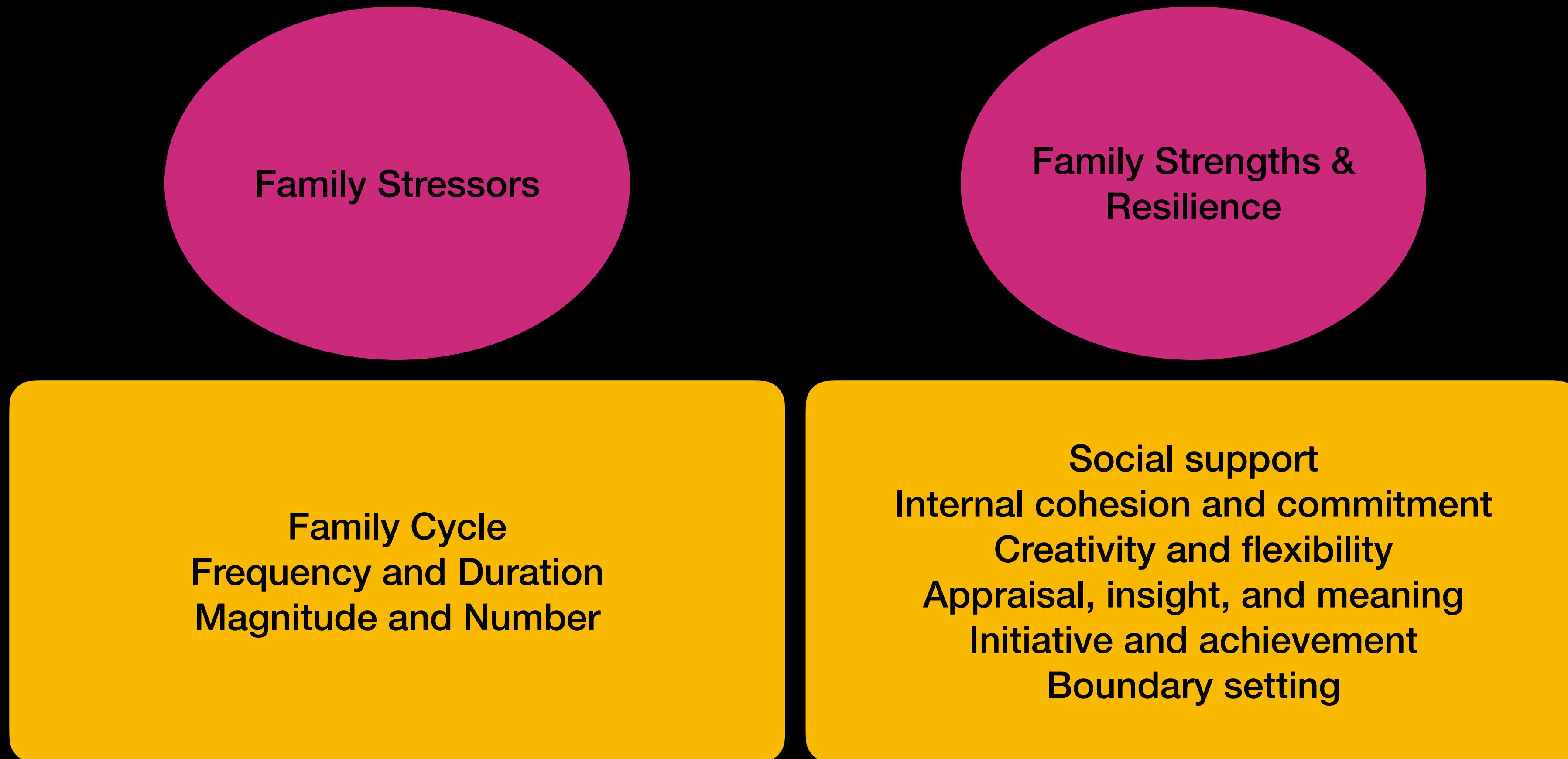


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SOWK 487  
Fall 2021

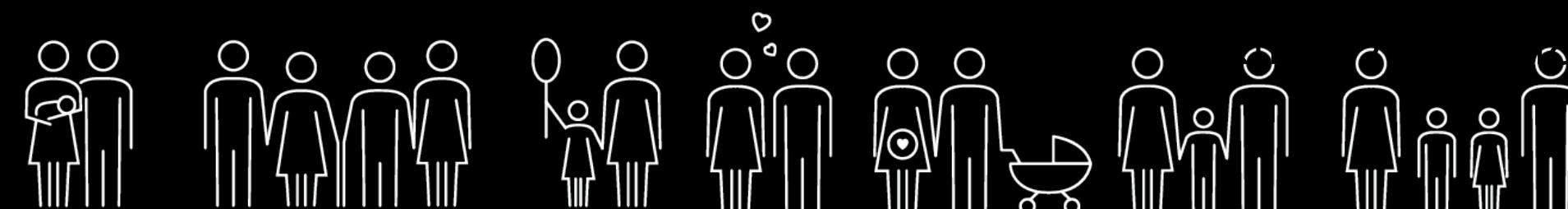
# Family Adaptive Capacity



(Kirst-Ashman & Hull, 2015)



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Fall 2021