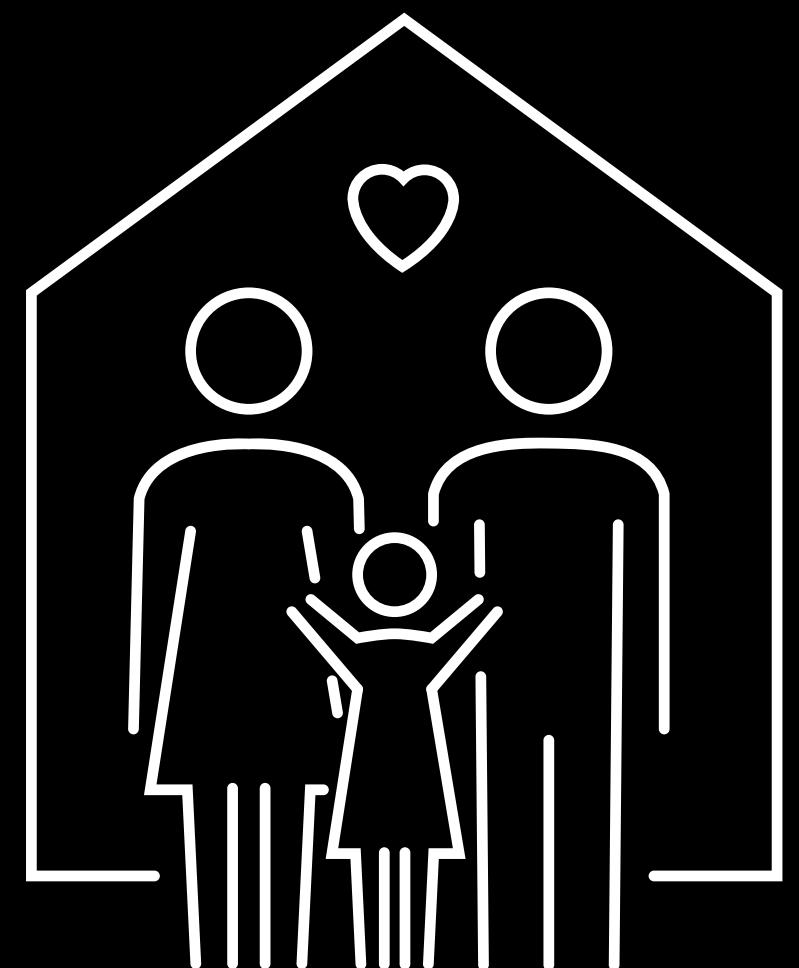
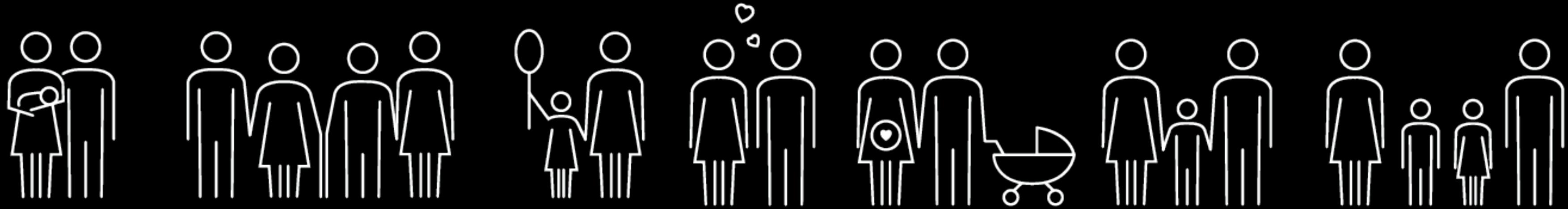


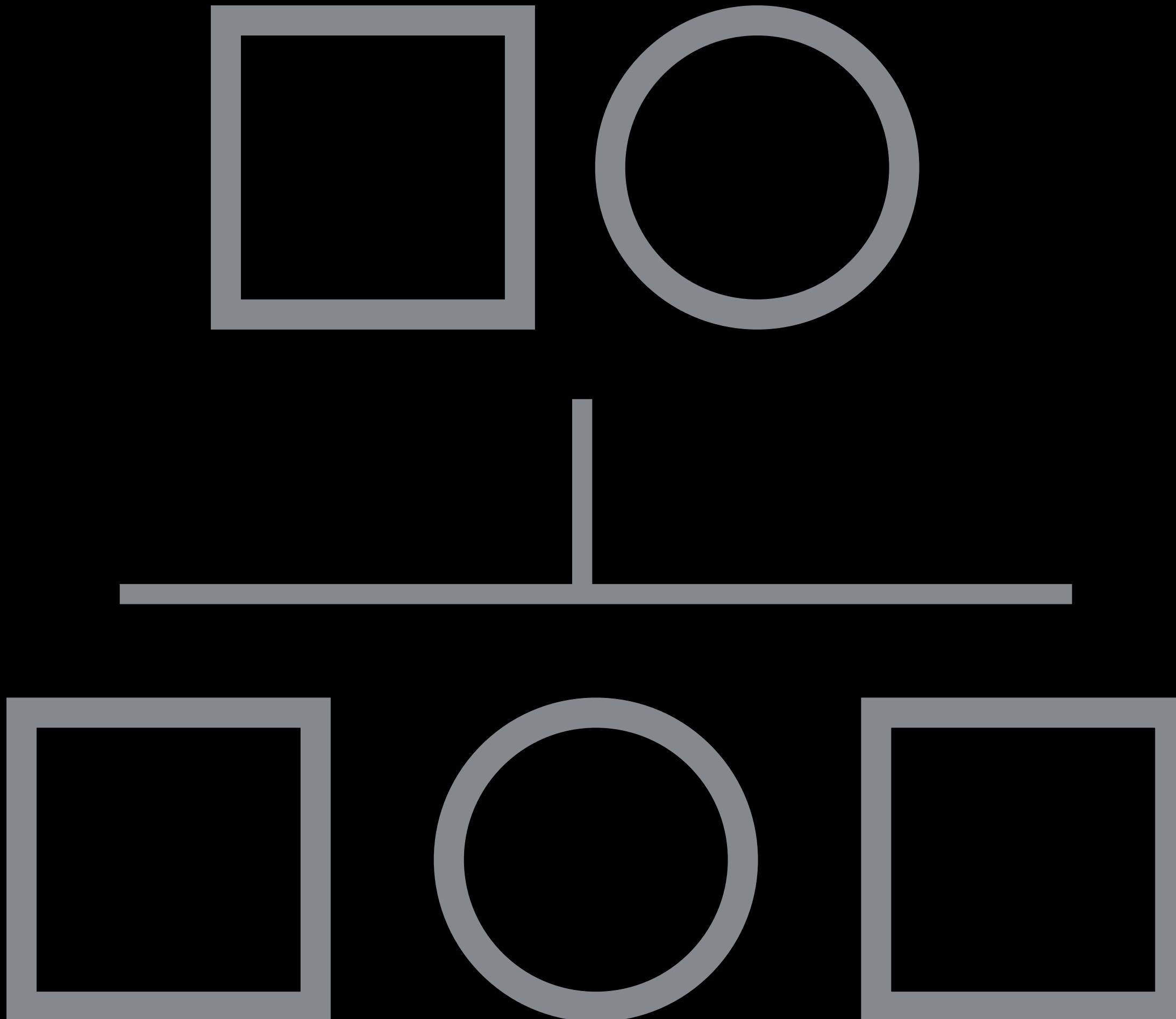
# Working with Families Part I:

## Strengths and Assessments with Families

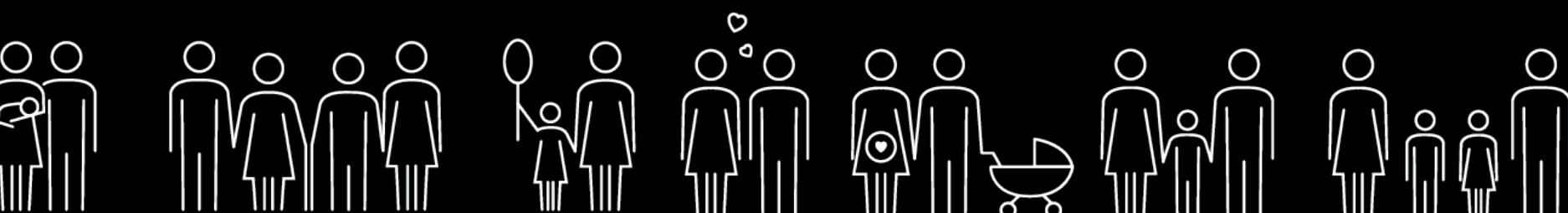


Jacob Campbell, LICSW at Heritage University for SOWK 487 in Spring of 2022

# Genogram Cutout Activity



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Heritage University

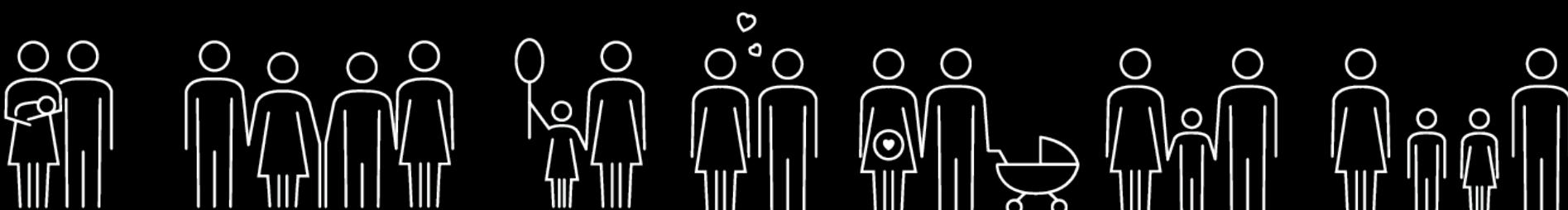


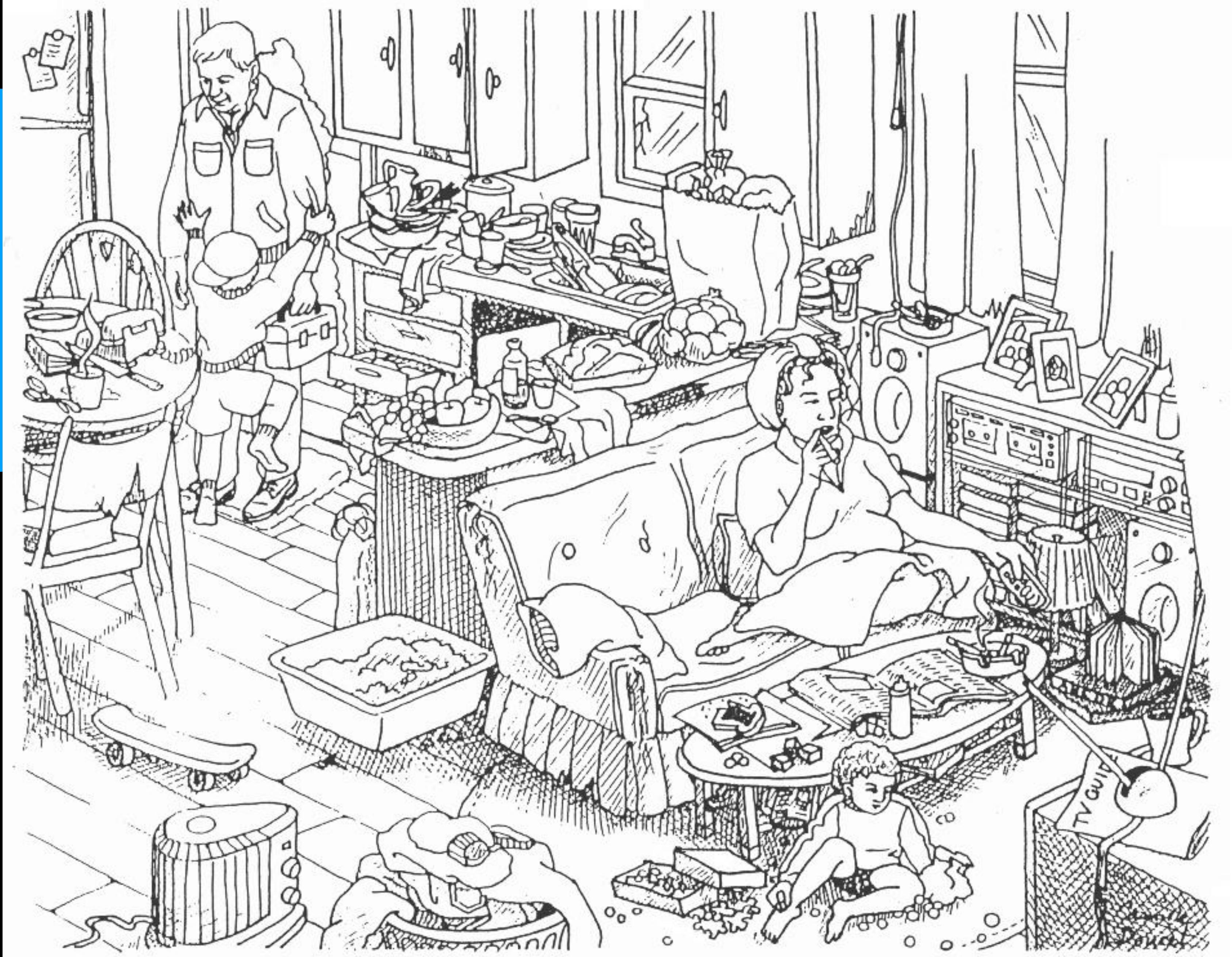
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# Agenda

Strengths perspective and families

Engagement and assessment with families





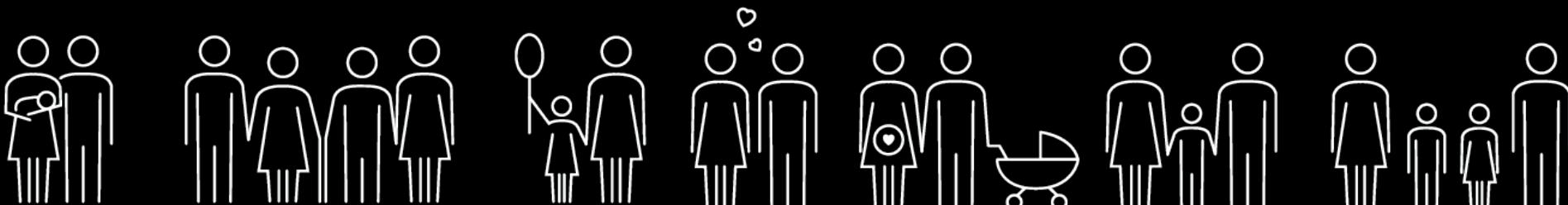
# Identifying Family Strengths

Note 12 to 15  
positive aspects  
of the household  
pictured

# What Families Provide



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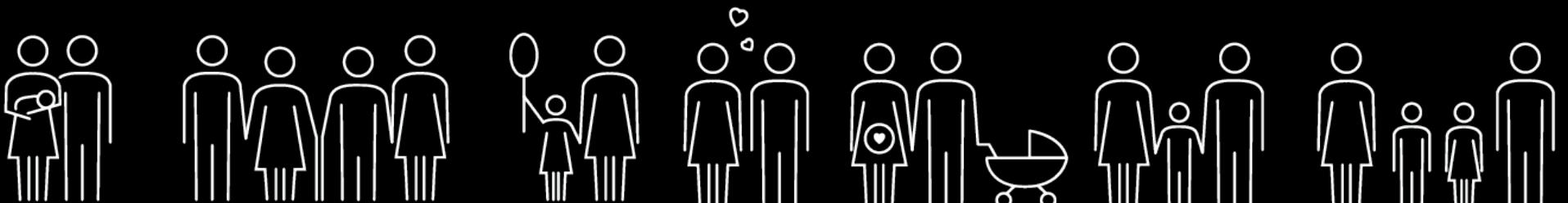


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# What Families Provide

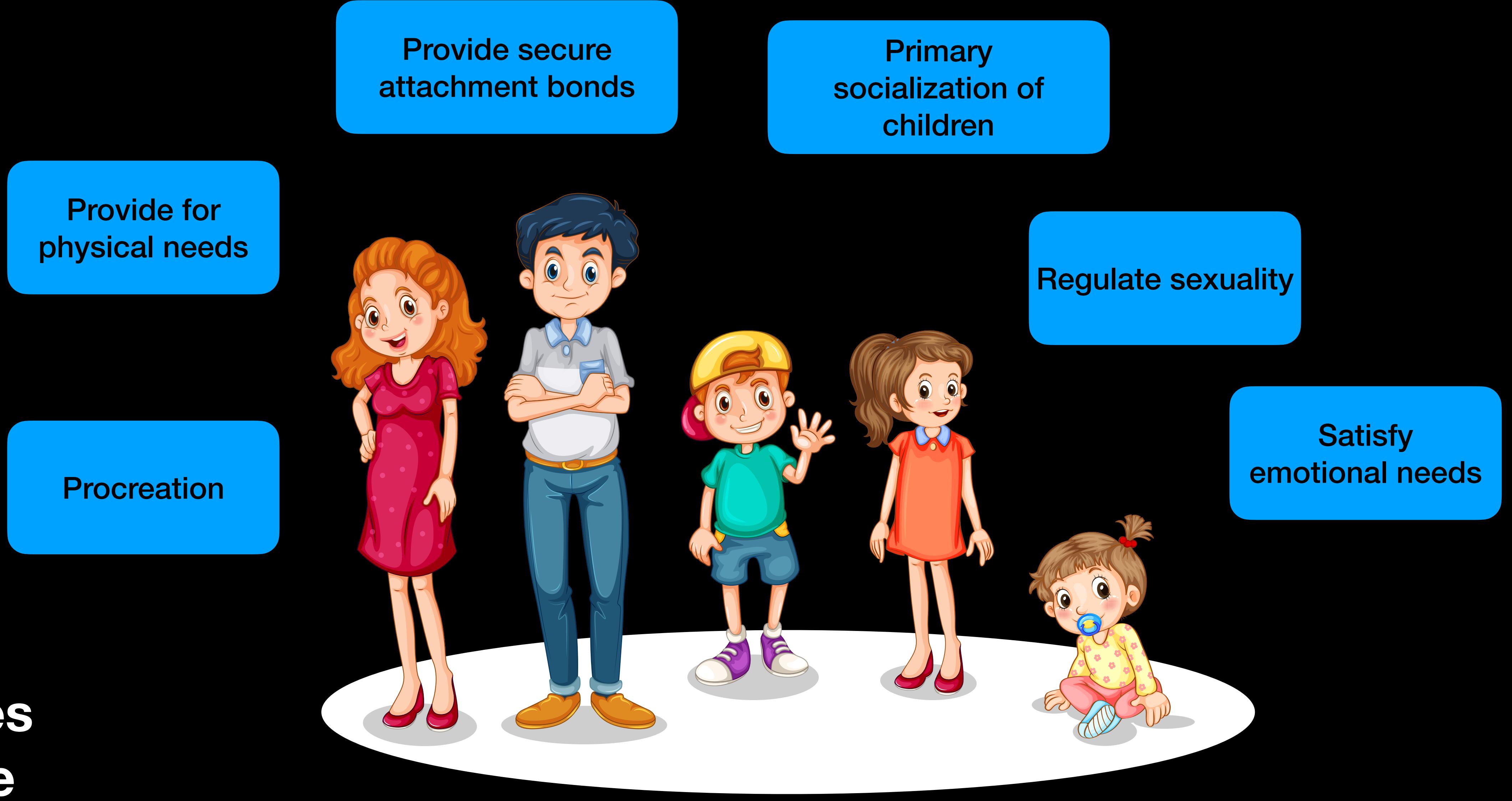


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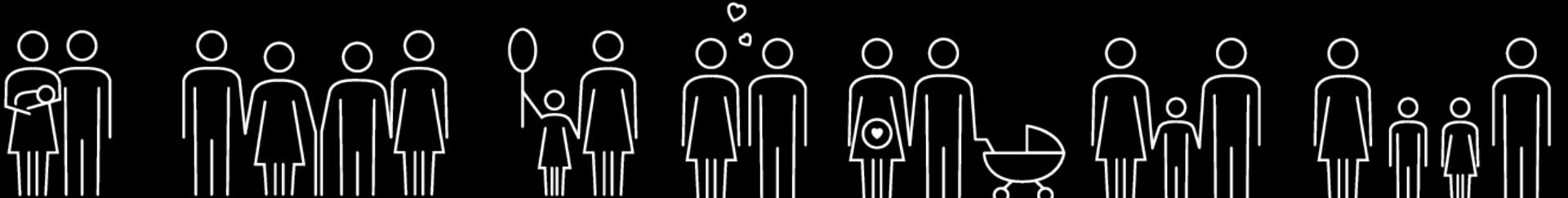


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# What Families Provide



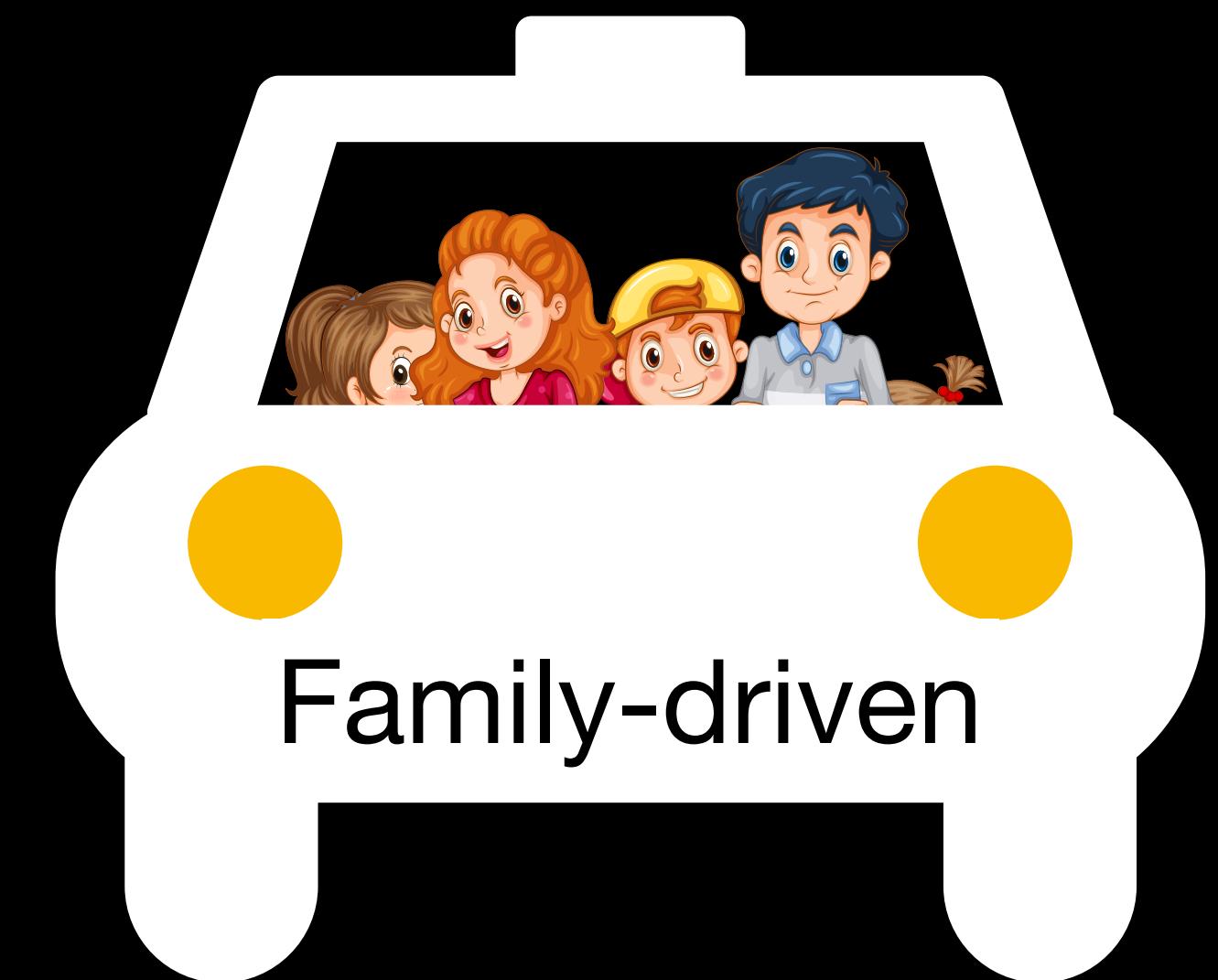
(Kirst-Ashman & Hull, 2015)



# How Engaged is the Family?



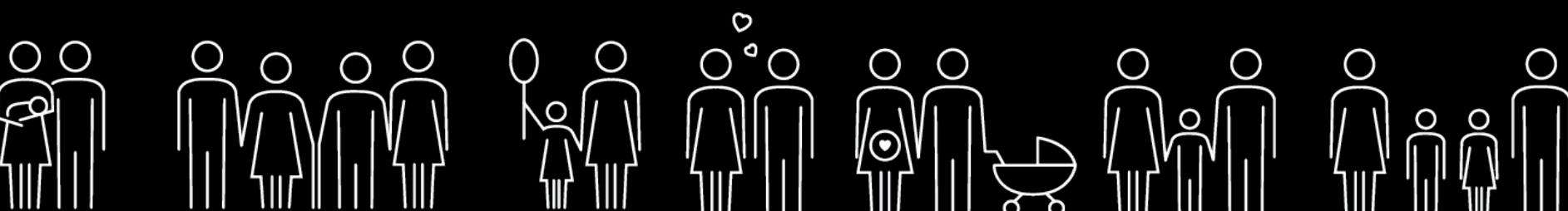
Family-centered



(Chovil, 2009)



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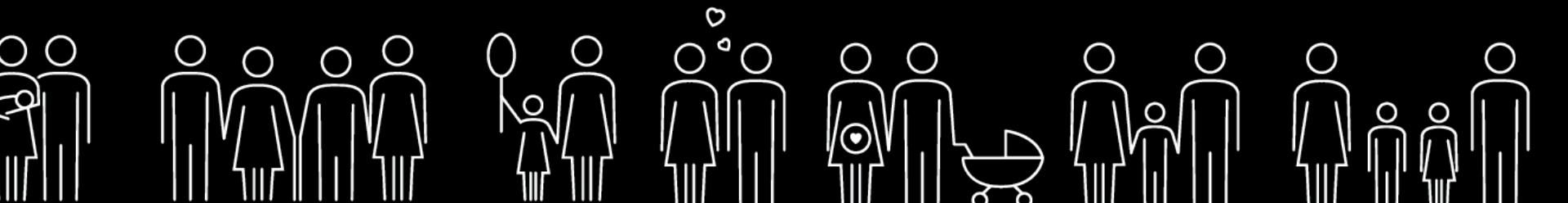
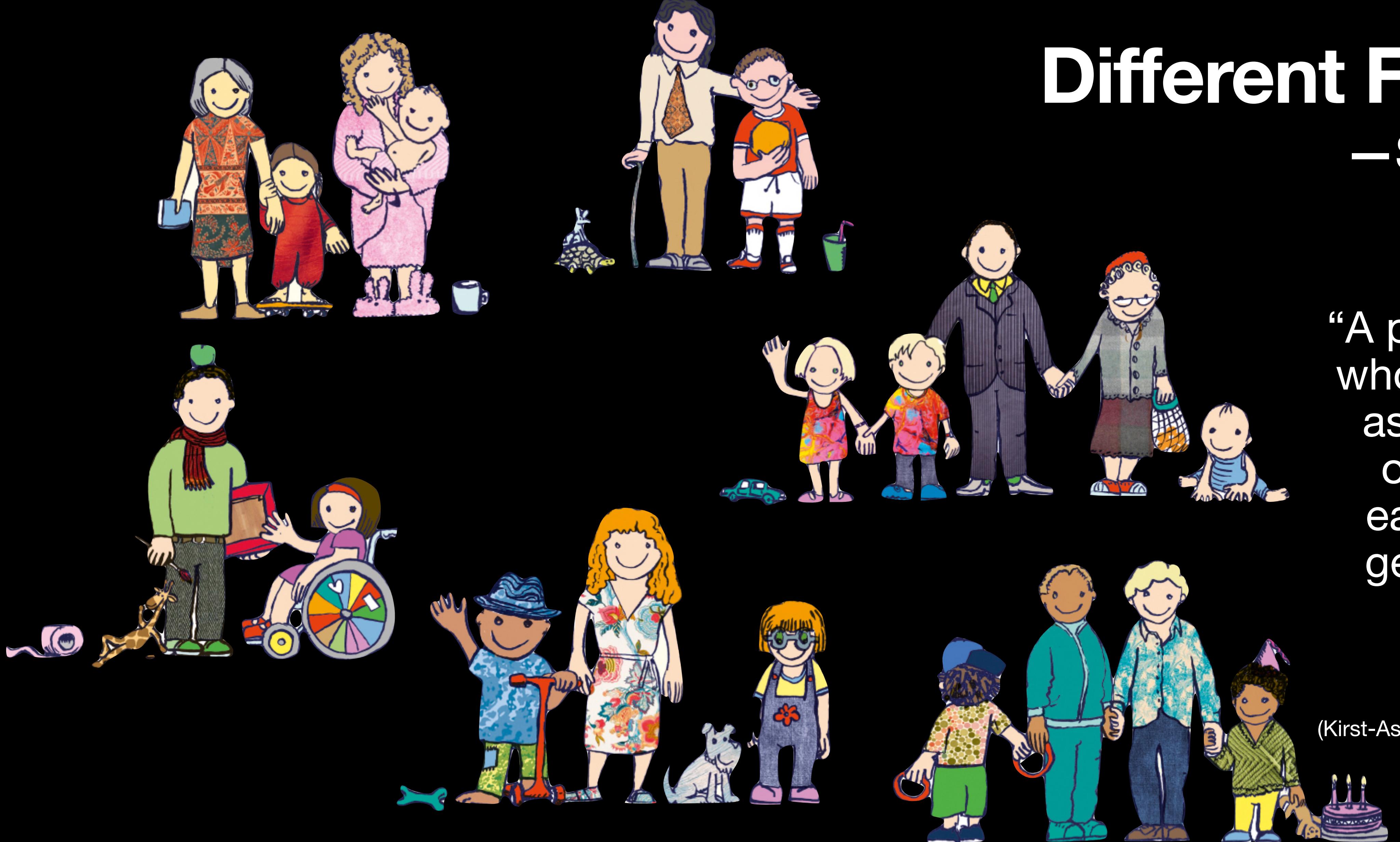


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# Different Families —Same Love

“A primary group whose members assume certain obligations for each other and generally share common residences.”

(Kirst-Ashman & Hull, 2015, p. 331)

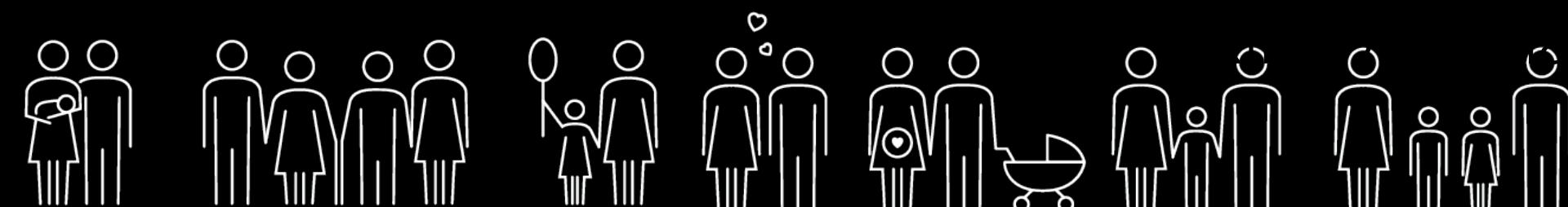


# Family Systems Framework Assessment

## Dimensions

- Homeostasis
- Boundaries and Boundary Maintenance
- Family Decision Making, Hierarchy, and Power
- Family Roles
- Communication Styles of Family Members
- Family Life Cycle
- Family Rules
- Social Environment
- Family Adaptive Capacity (Stressors and Strengths)

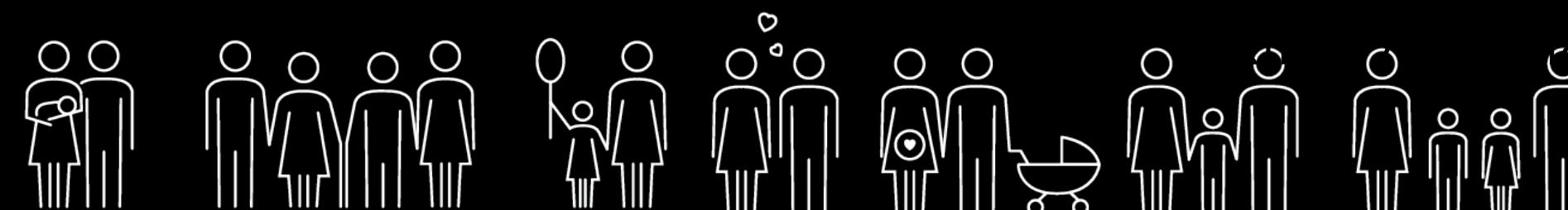
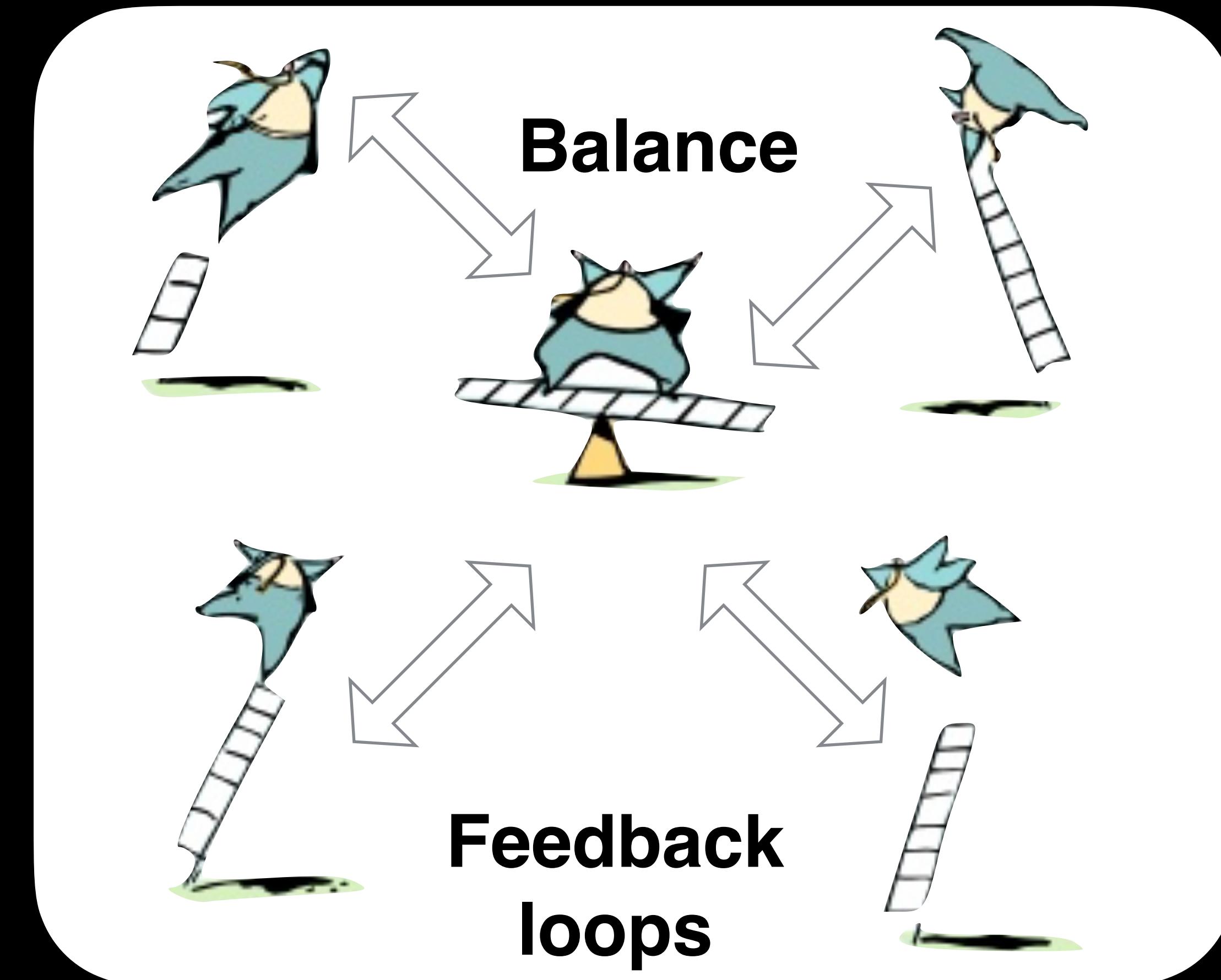
(Kirst-Ashman & Hull, 2015)



# Homeostasis

“Homeostasis is a systems concept that describes the tendency of a system to maintain or preserve equilibrium or balance. In essence, homeostasis is a conservative property of family systems that strives to maintain the status quo”

(Kirst-Ashman & Hull, 2015, p. 255)



# Boundaries & Boundary Maintenance

**Disengagement**

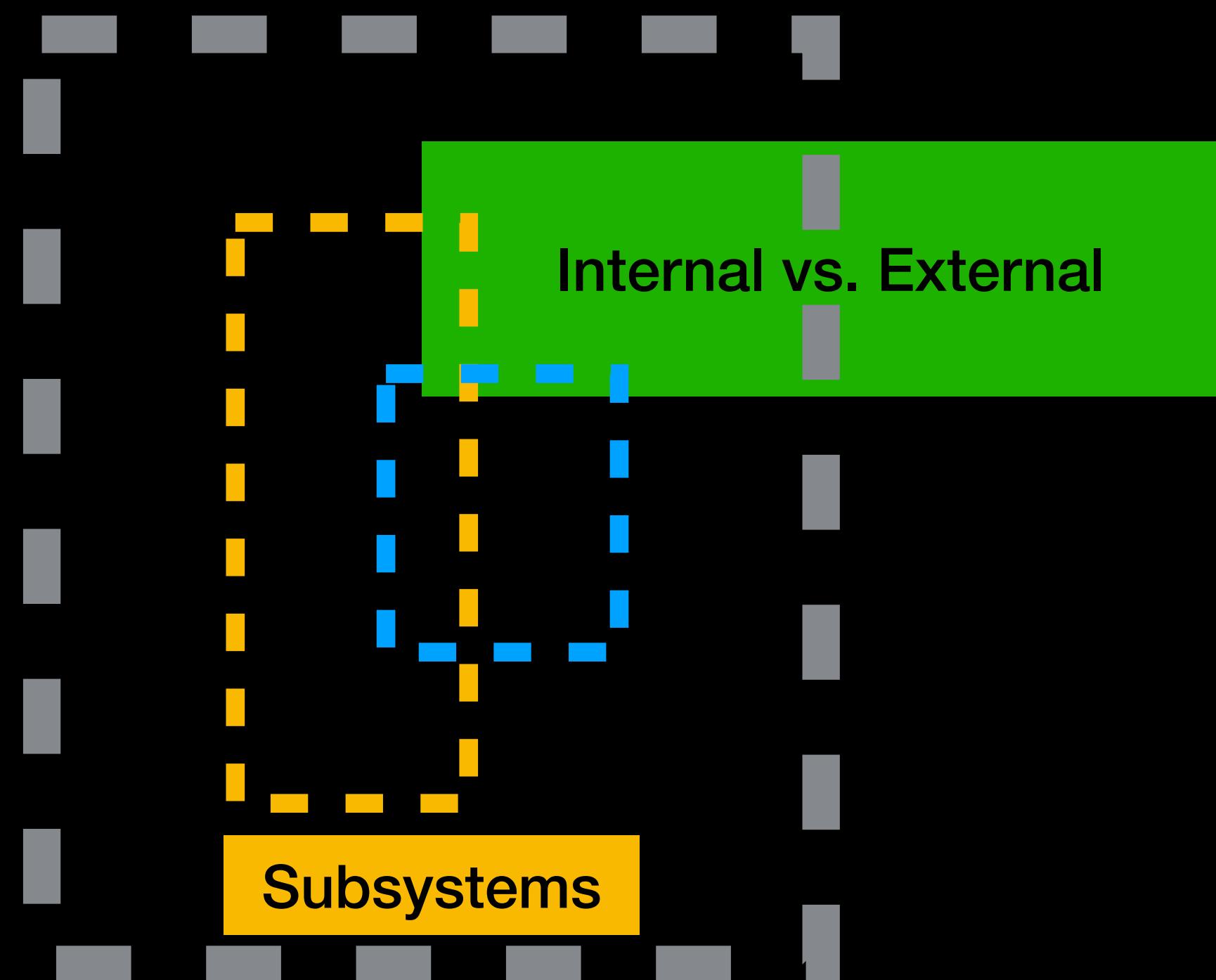
diffused boundaries

**Enmeshment**

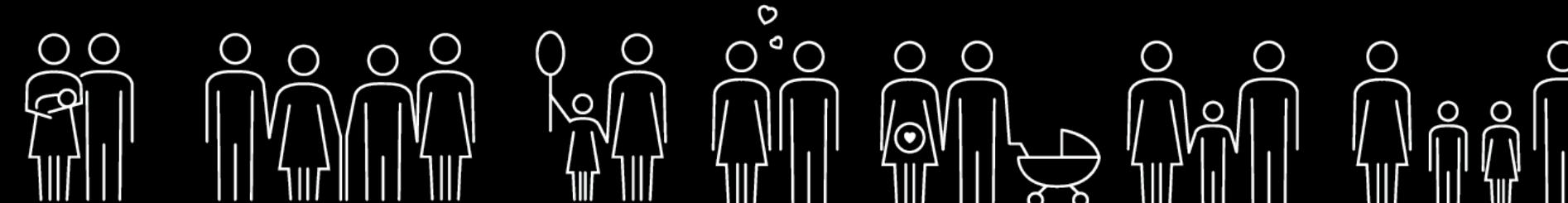
inappropriately rigid

Unique

families unique style,  
cultural preferences,  
strengths, and needs

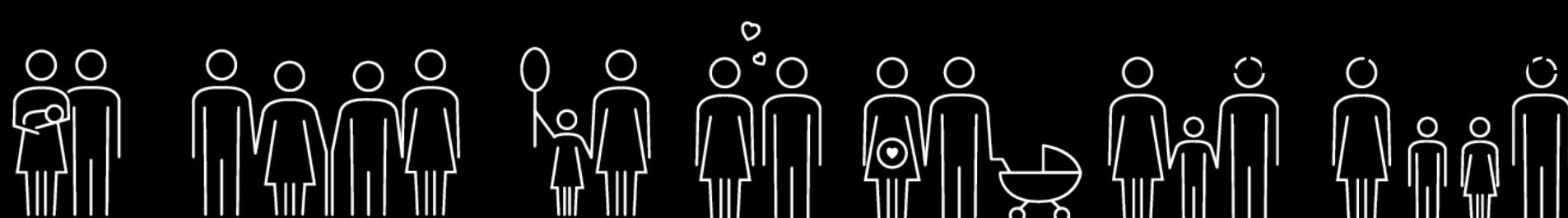


(Kirst-Ashman & Hull, 2015)

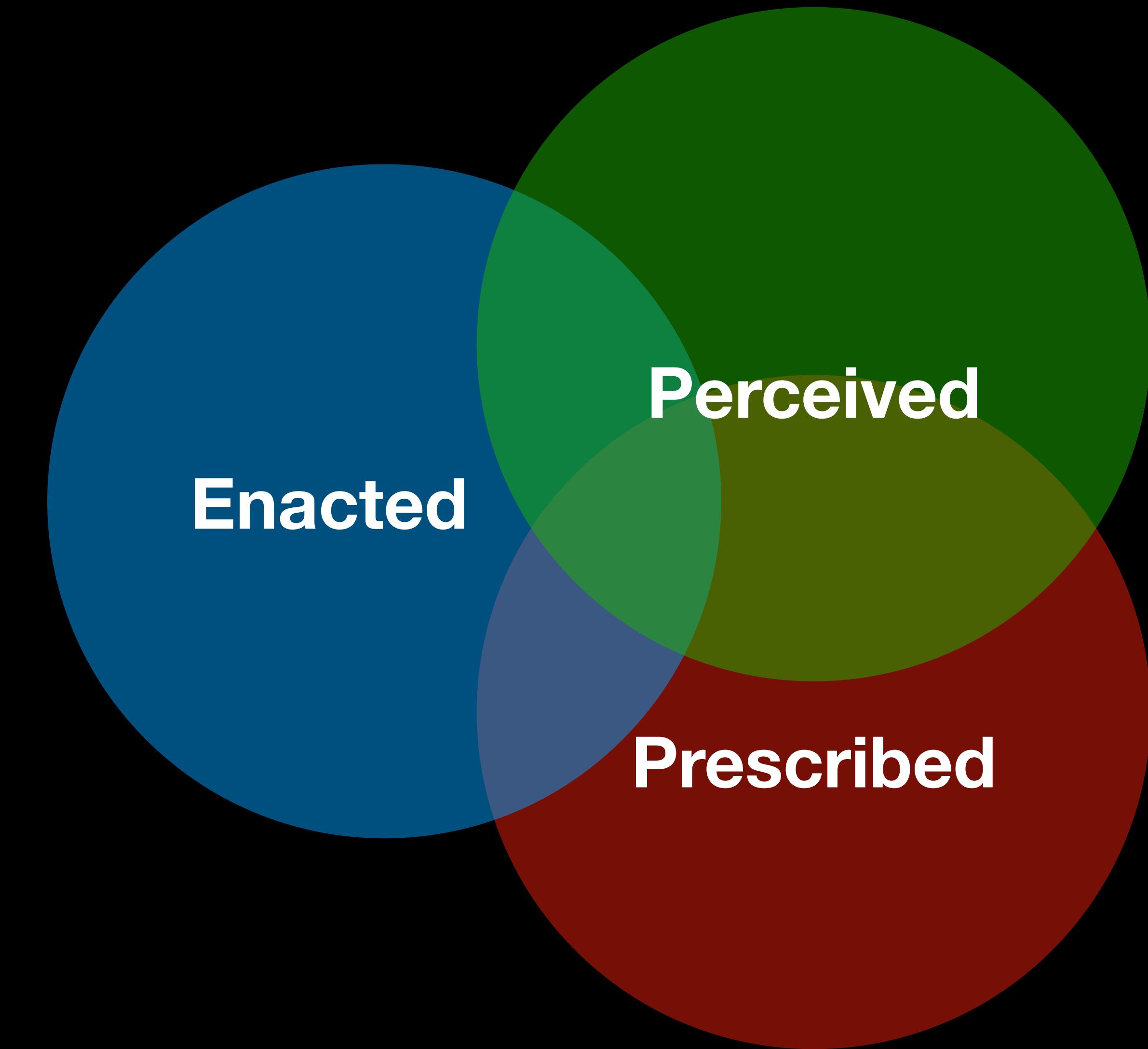


# Family Decision Making, Hierarchy, and Power

- Historic / Context
- Reason for distribution
- Covert power
- Power flexibility
- Family perspective



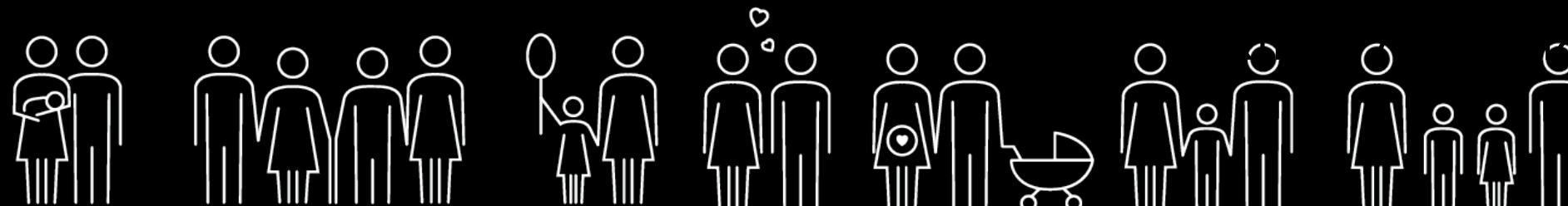
# Family Roles



(Kirst-Ashman & Hull, 2015)

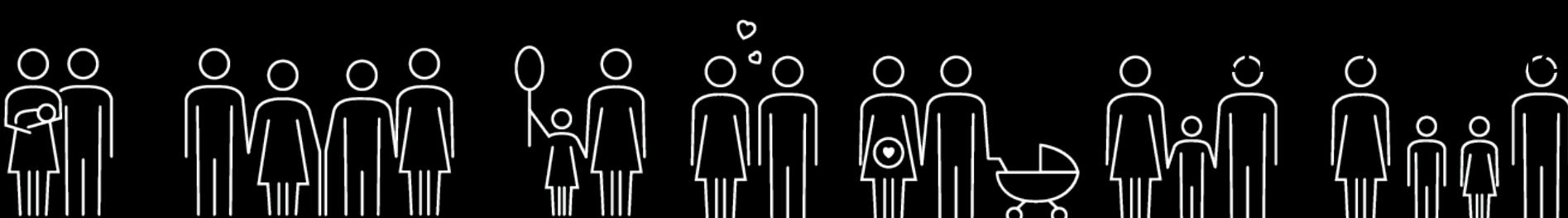
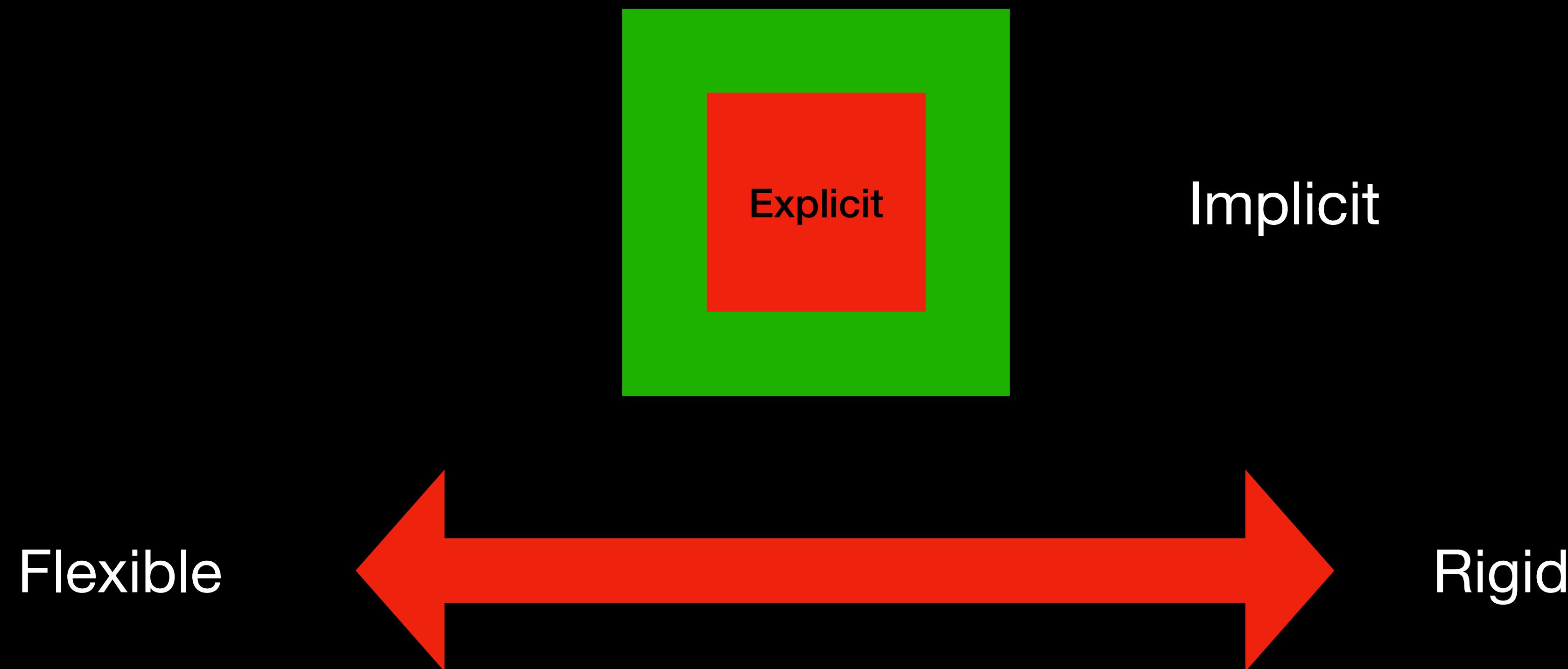


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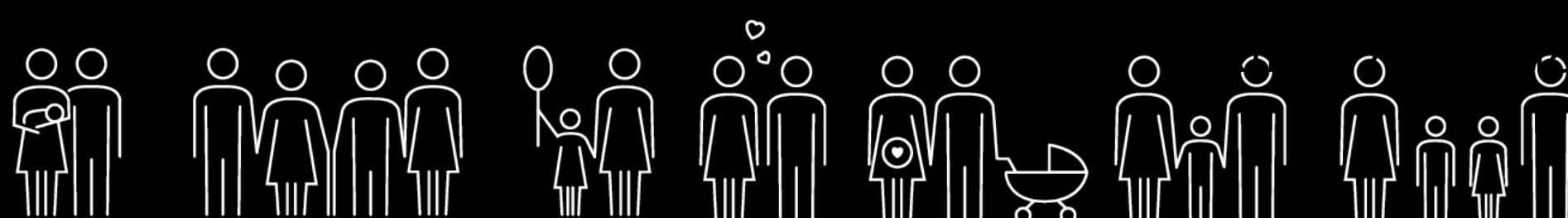
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# Family Rules

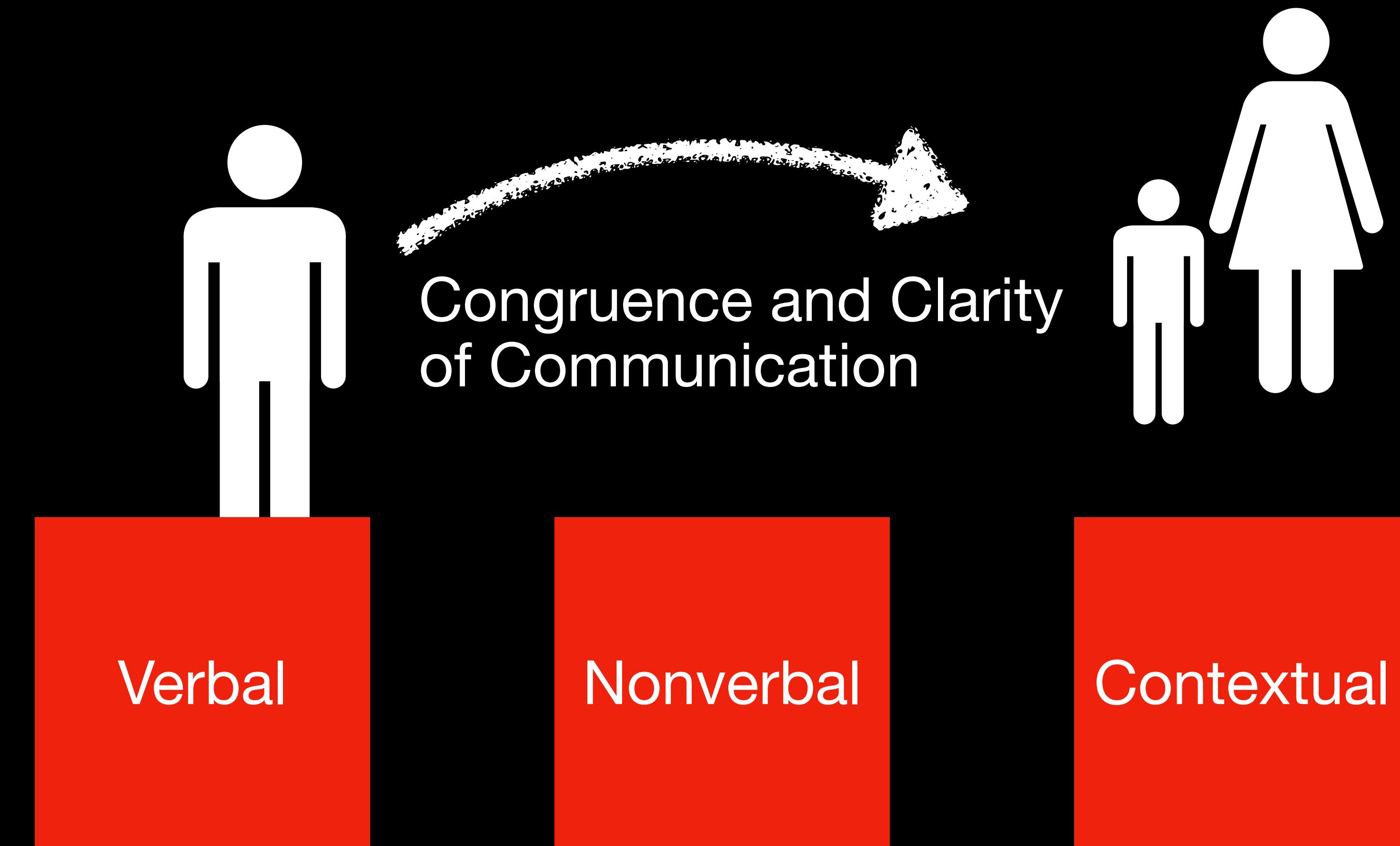


# What About Your Family?

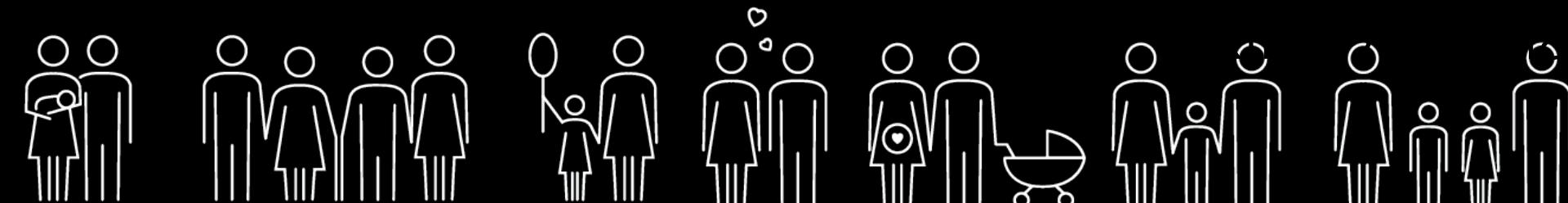
**Members  
Roles  
Norms  
Values  
Rules**



# Communication Styles of Family Members



(Kirst-Ashman & Hull, 2015)



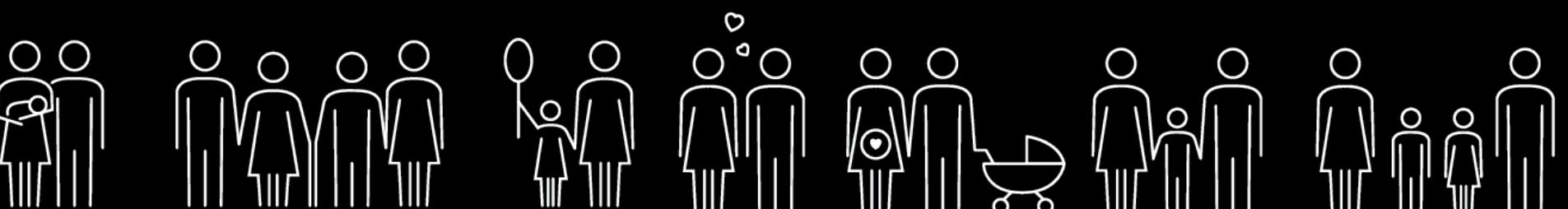
# Communication Styles of Family Members

Insoo Kim Berg  
Solution-Focused  
Family Therapy Video

(PsychotherapyNet, 2009)



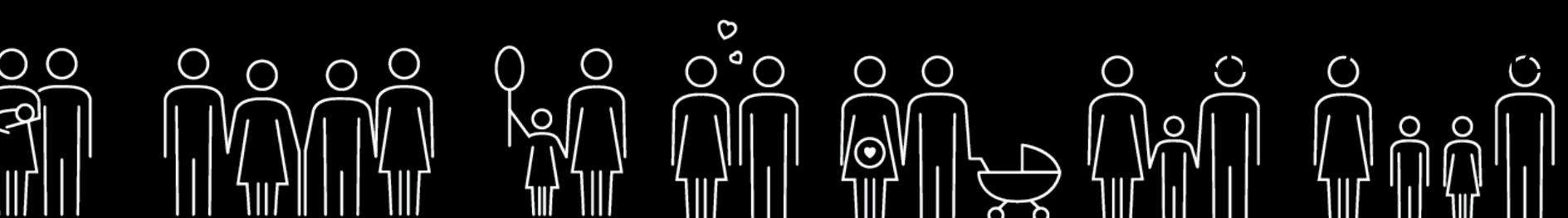
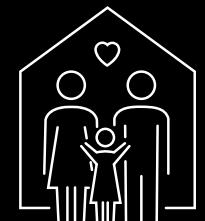
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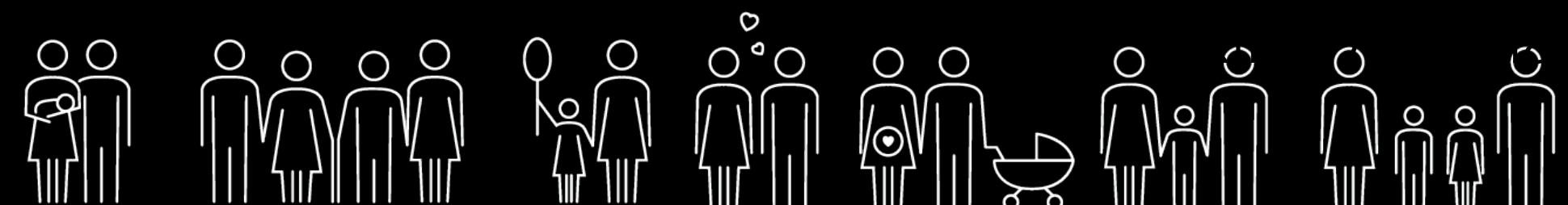
# Family Life Cycle

1. Unattached young adult
2. New couple
3. Family with young children
4. Family with adolescents
5. Family that is launching children
6. Family in later life

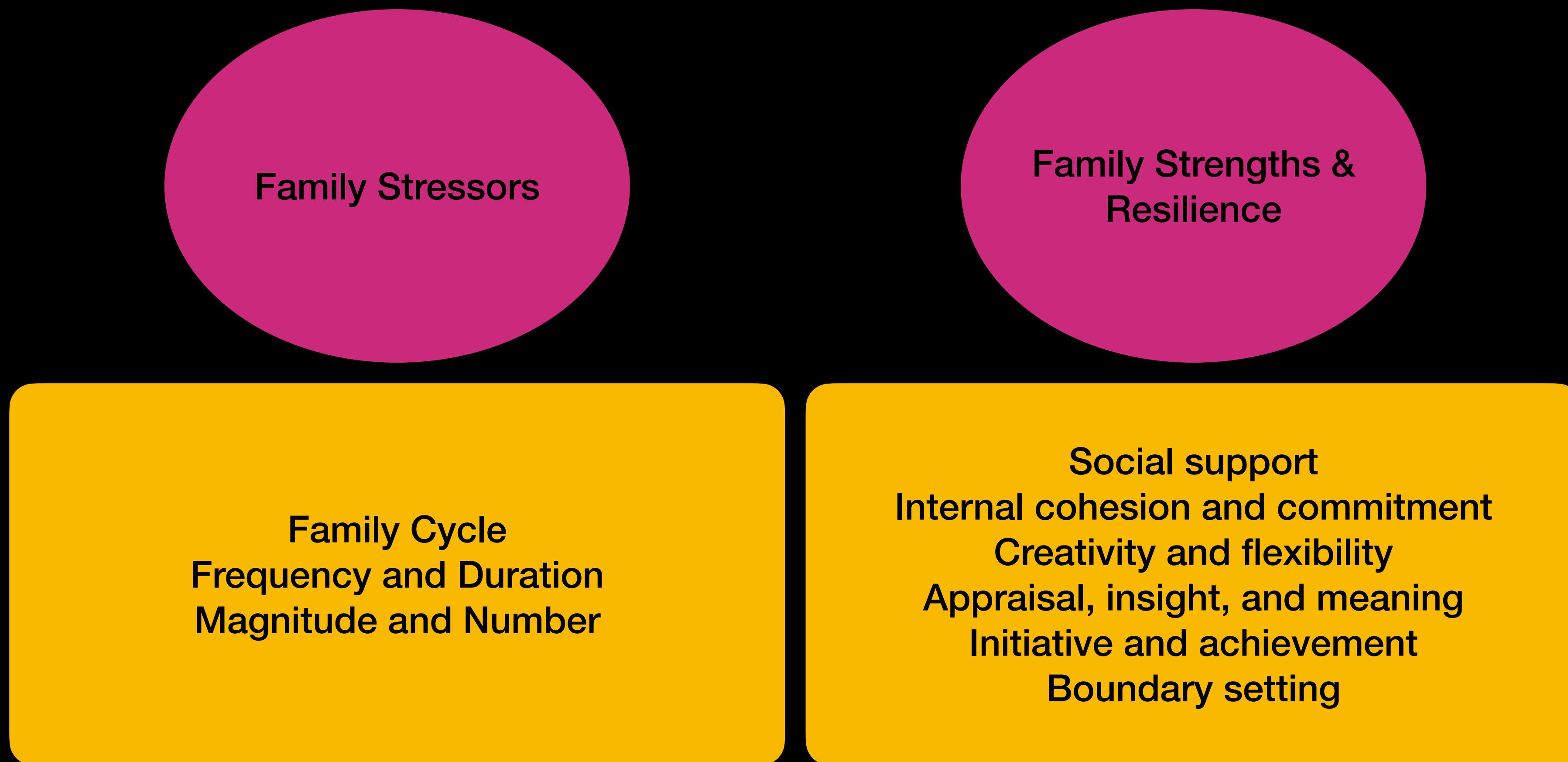




(Kirst-Ashman & Hull, 2015)



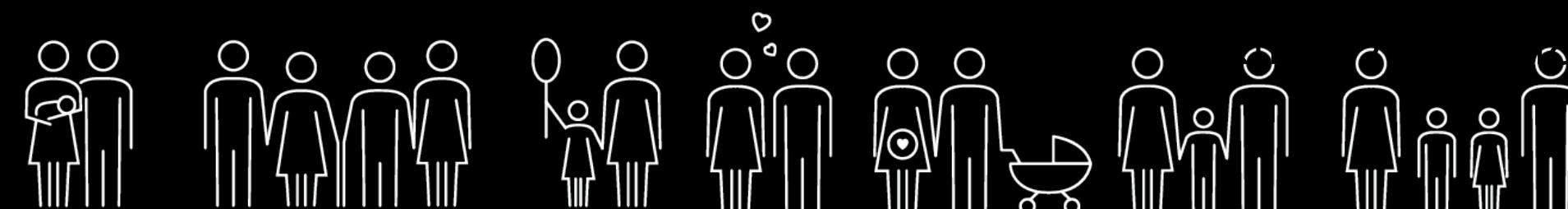
# Family Adaptive Capacity



(Kirst-Ashman & Hull, 2015)



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