

Social Historys

In the Context of Biopsychosocial Assessment

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Agenda

Week Nine Content

Social Histories In the Context of Biopsychosocial Assessment

Learning Objectives

- Identify the core components and structure of a biopsychosocial assessment form used
- Explain how to gather and organize information across multiple domains, including psychiatric, medical, social, developmental, and cultural.



Week Nine Content

What You Will Do This Week

Make 4 Replies Across any of the 3 Forums

- Sources of Information Based on Setting or Population
- Exploring and Reflection on our Implicit Bias
- Chapter Eight and Nine Content Discussion



Biopsychosocial Assessment

What Goes on The Form

- **Identifying information** (e.g., name, age, referral source)
- **Presenting Problem** (i.e., the presenting problem, symptoms, history of problem)
- **The past psychiatric and medical history** of the client and the client's family (e.g., injuries, operations, medical conditions, medication, ongoing medical treatment)
- **The client's social history** (e.g., overview of client's childhood, family structure, living situation, employment and employment history, educational history, hobbies, daily routine, religious or spiritual preferences, friends, past trauma, substance use)
- **A mental status exam and DSM-5 diagnosis**
- **A formulation** (e.g., a statement that summarizes and synthesizes the most important aspects of the case to create a story of the client and their past and presenting problems)

(Hepworth et al., 2023)



Simple Assessment Example

Student Social History form I created and
used at the Pasco School District



Student Social History

Pasco School District #1

Report prepared by:
Sources of Information:

Personal Information

Student Name:
Student ID:
Date of Birth:
Age:
Primary Language:

Gender:
School:
Ethnicity:
Place of Birth:
Secondary Language:

Presenting Problem

Functional Strengths

Presenting Problem

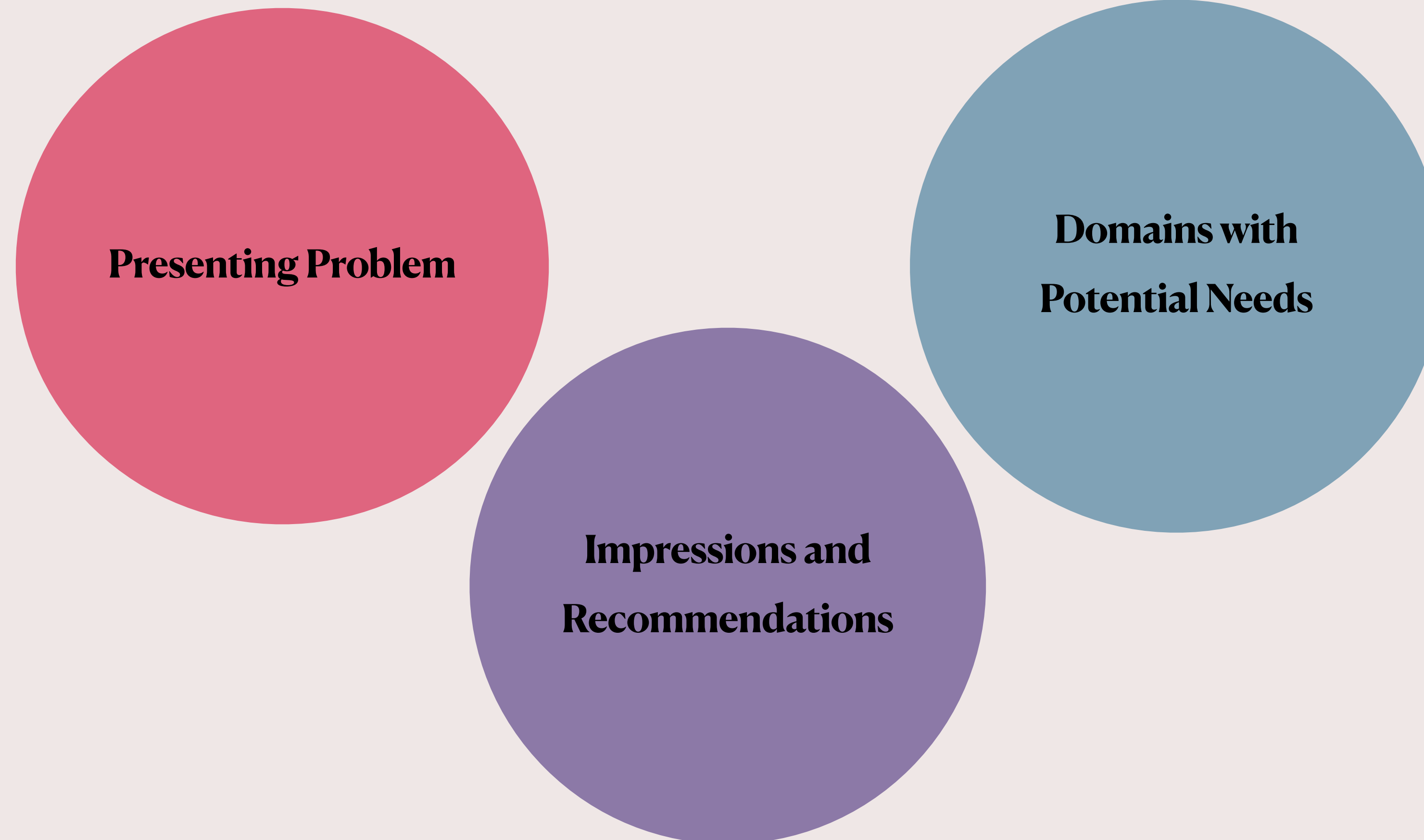
Behavior Related Concerns at School

Behavior Related Concerns at Home

Family Basic Needs

Areas of Assessment

Biopsychosocial Evaluation



Areas of Assessment

Biopsychosocial Evaluation

Presenting Problem

- How have you been coping with your presenting problem?
- What resources or supports have you been using?
- What qualities do you have that have enabled you to keep going in the face of such difficulty and stress?

Domains with Potential Needs

Impressions and Recommendations

Strengths in Managing Presenting Problem

(Hepworth et al., 2023)



Areas of Assessment

Biopsychosocial Evaluation

Presenting Problem

- **How severe** is the problem?
- **What meaning** does the client ascribe to the problem?
- **Where** does the problem occur?
- **When** does the problem occur?
- **How often** does the problem occur?
- **How long** has the problem existed?

**Domains with
Potential Needs**

**Impressions and
Recommendations**

**Central Questions
to Assess the
Presenting Problem**

(Hepworth et al., 2023)



Areas of Assessment

Biopsychosocial Evaluation

Presenting Problem

**Domains with
Potential Needs**

**Impressions and
Recommendations**

- Psychiatric history
- Medical History
- Substance abuse
- Trauma, safety, and risk
- Family
- Social supports
- Developmental history
- Education and employment history
- Strengths and resources
- Cultural and spiritual



Areas of Assessment

Biopsychosocial Evaluation

Presenting Problem

**Domains with
Potential Needs**

**Impressions and
Recommendations**

- Summary and formulation
- Recommendations

