

SOWK 486: THEORIES OF PRACTICE I

JACOB CAMPBELL, PH.D. LICSW
FALL 2025 AT HERITAGE UNIVERSITY

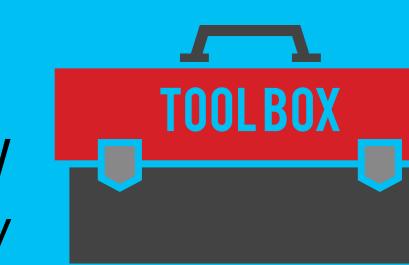
Direct Social Work Practice for Working with Individuals



HOME MAKEOVER

Minions Short

Jacob Campbell, Ph.D., LICSW
Heritage University



SOWK 486w
Fall 2025

Social work is a diverse field, and while we might not have to work with criminal masterminds like Gru, it's my hope that this course will give us the skills to follow up with clients of all types.

AGENDA

- Getting to know each other
- Cooperative agreements and norms
- The look and feel of this learning environment
- Academic writing

LEARNING OBJECTIVES

- * Students will gain an overview of this course, the assignments used to facilitate learning and demonstrate competency, and what to expect this semester.
- * Students will be introduced to their instructor and peers and will learn some information about them.
- * Students will be equipped with the practical knowledge to distinguish between a BASW and MSW degree.
- * Students will be exposed to APA formatting and recognize how to engage in their scholarship during this program.

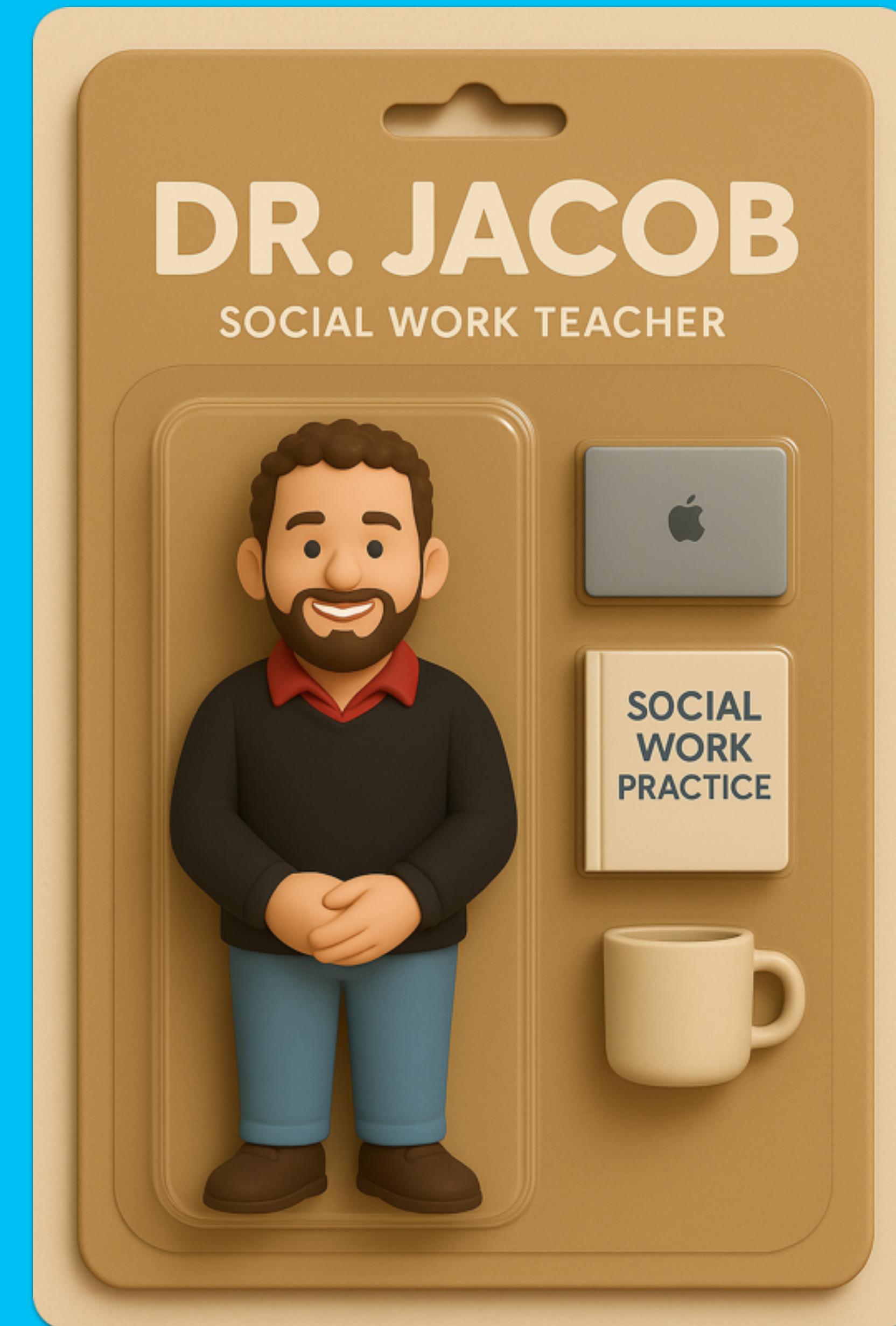


INSTRUCTOR INTRODUCTION

CALL ME JACOB

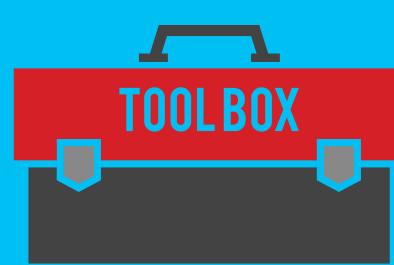
He, Him, His

- Educational Experience
- Work History
- Outside Practice
- Interests



Generated by OpenAI 2025

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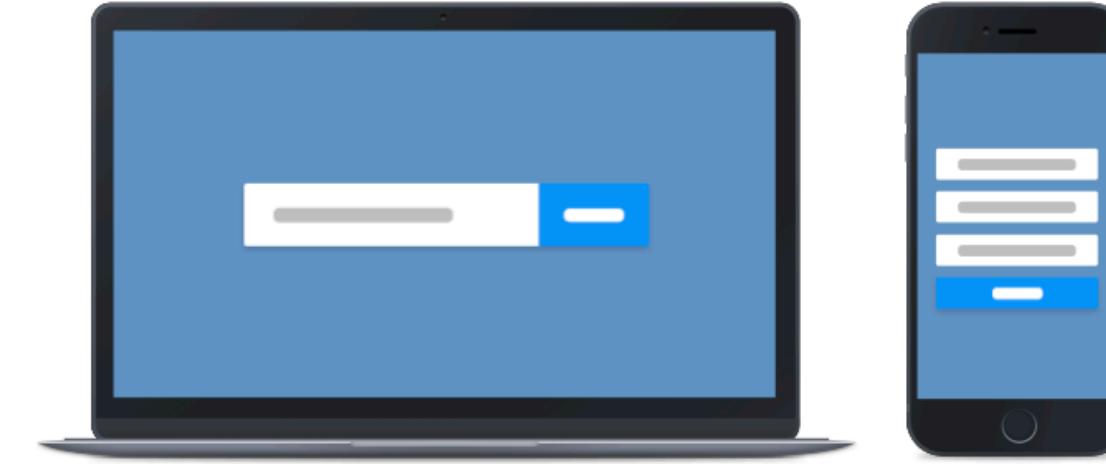


SOWK 486w
Fall 2025

PollEv.com/campjacob

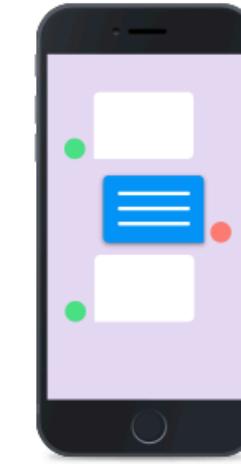
POLL EVERWHERE

Join by Web



- 1 Go to **PollEv.com**
- 2 Enter **CAMPJACOB**
- 3 Respond to activity

Join by Text



- 1 Text **CAMPJACOB** to **37607**
- 2 Text in your message

Are you planning on continuing your education with an MSW?

Absolutely an MSW for me

0%

I think I will be fine with just my BA in Social Work.

0%

What is an MSW?

0%

What are you most excited about for this upcoming year?

Nobody has responded yet.

Hang tight! Responses are coming in.

What is your greatest worry for the upcoming school year?

Nobody has responded yet.

Hang tight! Responses are coming in.

PEER INTERVIEWS

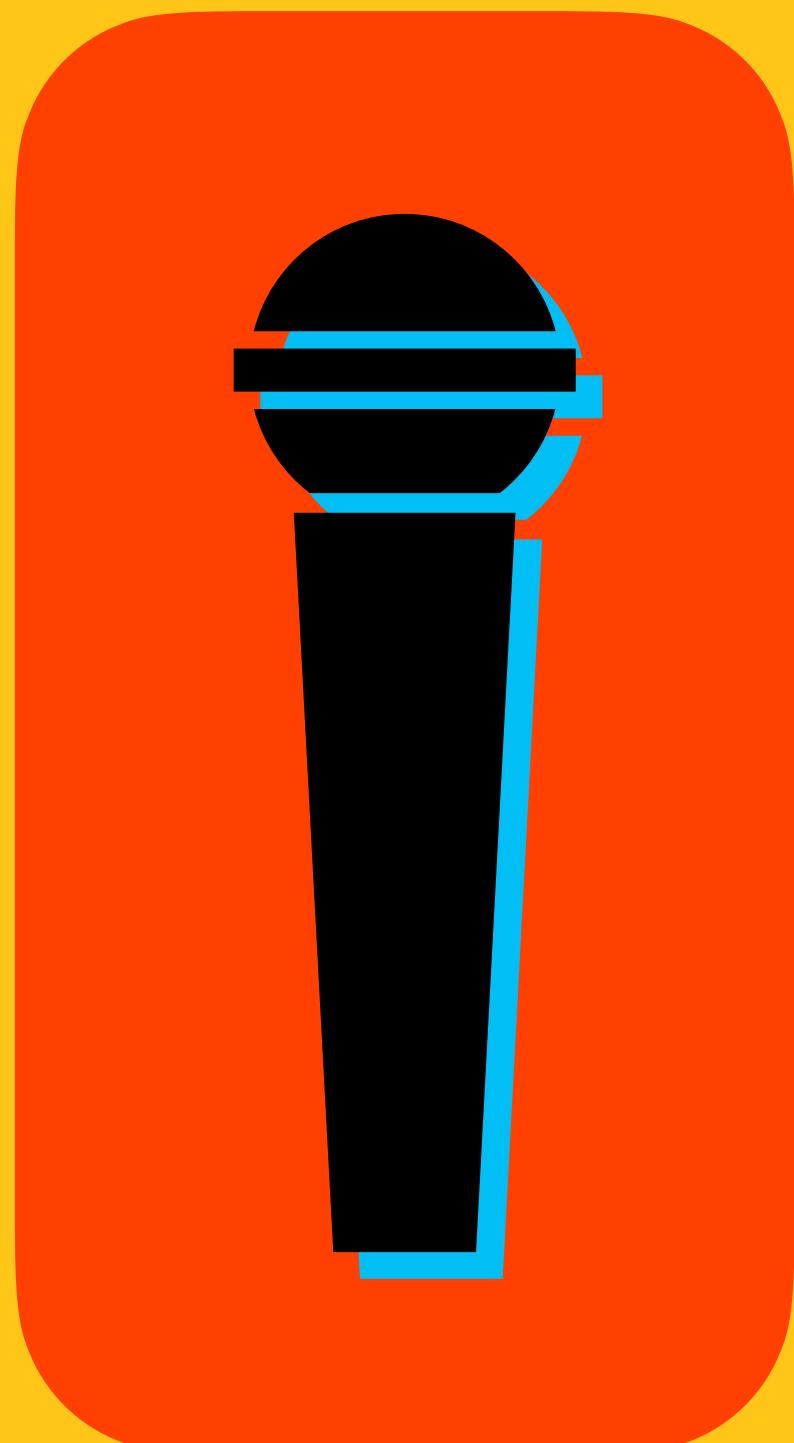
TRY
INTERVIEWING
TWO OR THREE
PEOPLE

Name

Family or work information

Hopes for future career

Secret talent, hobby, or interesting fact



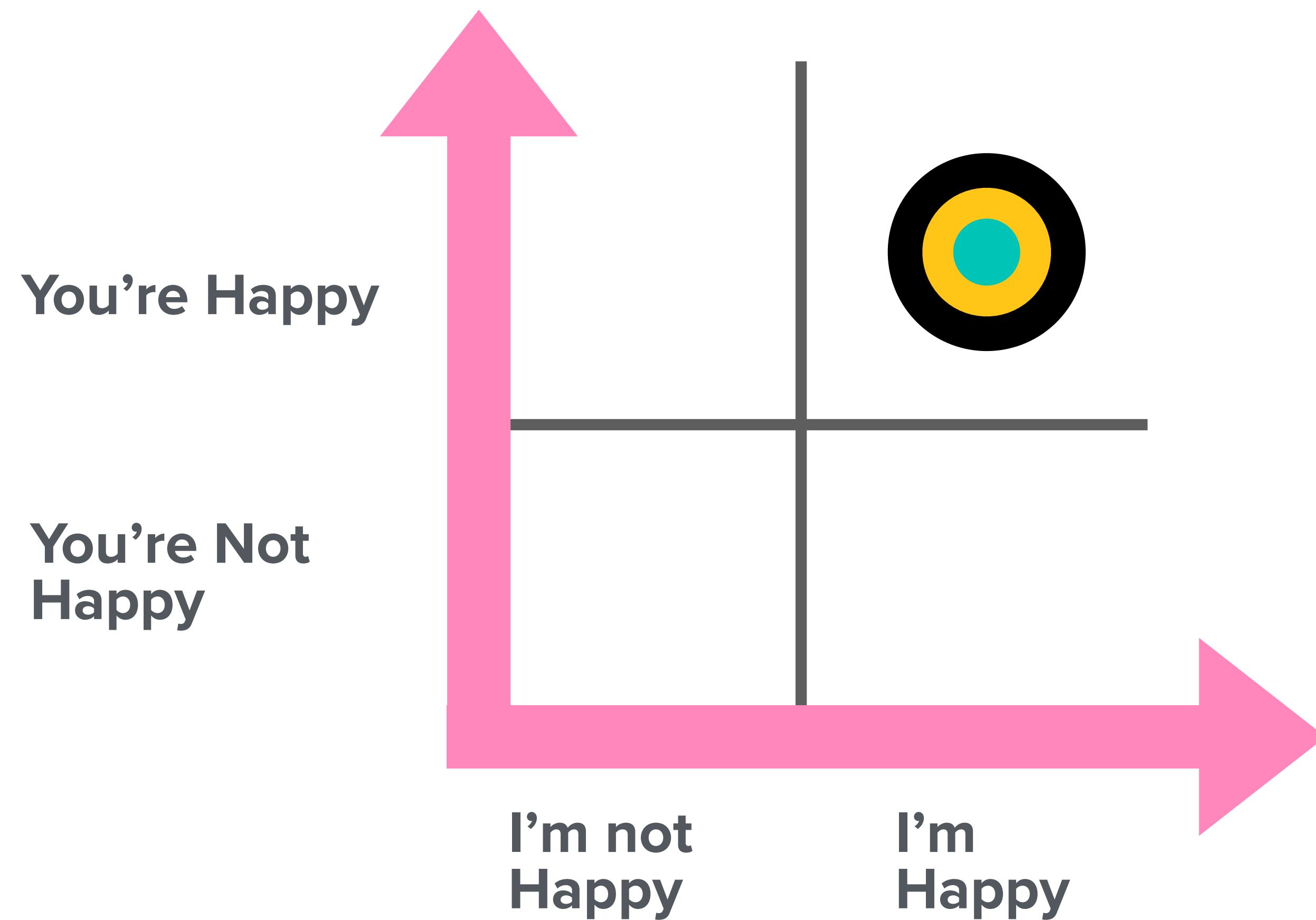
MANAGING EXPECTATIONS



**What are your
expectations?**



MANAGING EXPECTATIONS



BRAVING

(Brown, 2019;
Brown 2021)

The acronym **BRAVING** breaks down trust into seven elements: **B**oundaries, **R**eliability, **A**ccountability, **V**ault, **I**ntegrity, **N**onjudgment, and **G**enerosity.

Boundaries

Setting boundaries is making clear what's okay and what's not okay, and why.

Reliability

You do what you say you'll do. At work, this means staying aware of your competencies and limitations so you don't overpromise and are able to deliver on commitments and balance competing priorities.

Accountability

You own your mistakes, apologize, and make amends.

Vault

You don't share information or experiences that are not yours to share. I need to know that my confidences are kept, and that you're not sharing with me any information about other people that should be confidential.

Integrity

Choosing courage over comfort; choosing what's right over what's fun, fast, or easy; and practicing your values, not just professing them.

Nonjudgment

I can ask for what I need, and you can ask for what you need. We can talk about how we feel without judgment.

Generosity

Extending the most generous interpretation to the intentions, words, and actions of others.

Trust



SOWK 486w (1): Theories of Practice I (3 credits)

Fall 2025, Heritage at CBC

Instructor **Dr. Jacob Campbell, Ph.D., LICSW**

Toppenish Campus Office: Simpkins Hall, Office 2124 Drop-in: Tuesday's 10-11 AM	Tri-Cities Regional Site Office: 2 nd Floor Office 4209 Drop-in: Wednesday's 2-3 PM
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Office Hours Weekly office hours are available for drop-in via [Zoom](#) or in-person. Other times available by arrangement. Schedule available at <https://vsp.ink/now>.

Phone (509) 392-1056 Email campbell_j@heritage.edu

Dates Wednesday's from 5:30 PM to 8:15 PM in RM SWL-206

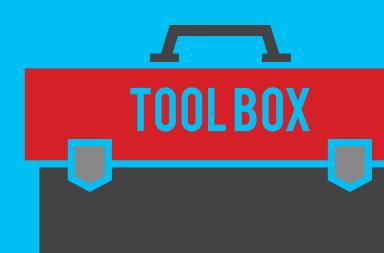
Land Acknowledgement

Heritage University occupies its home on the traditional lands of the Yakama People. These ancestral homelands are the Yakama, Palouse, Pisquouse, Wenatshapam, Klikatat, Klinquit, Kow-was-say-ee, Li-ay-was, Skin-pah, Wish-ham, Shyiks, Ochechotes, Kah-milt-pa, and Se-ap-cat, who today are represented by the Confederated Tribes and Bands of the Yakama Nation (Treaty of 1855) and, whose relationship with this land continues to this day. Heritage University, grounded in the vision of the two Yakama women founders, respects Indigenous peoples as traditional guardians of the lands and the enduring relationship that exists between Indigenous peoples and their traditional territories. We offer gratitude for the land itself, for those who have stewarded it for generations, and for the opportunity to study, learn, work, and be in community on this land. We acknowledge that our university's history,

Long and in-depth, but a useful document!

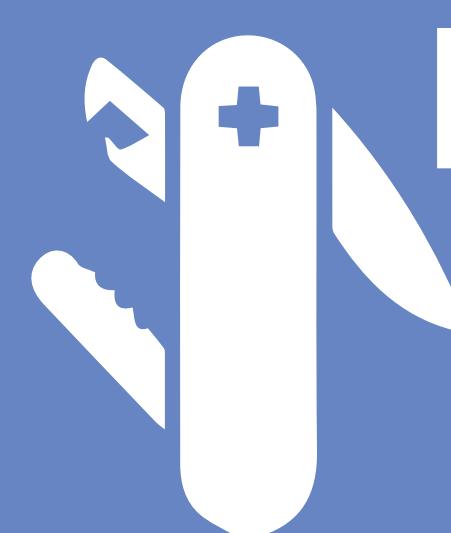
REVIEWING SYLLABUS

Jacob Campbell, Ph.D., LICSW
Heritage University



SOWK 486w
Fall 2025

Implement skills related to communication skills and effecting change.



Practice

Theory



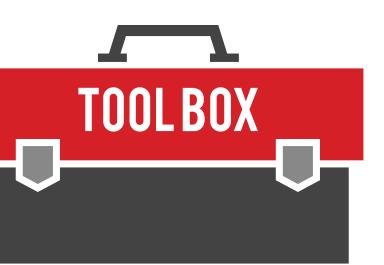
Learn about generalist social work theories for working with individuals.

COMPETENCIES & OBJECTIVES

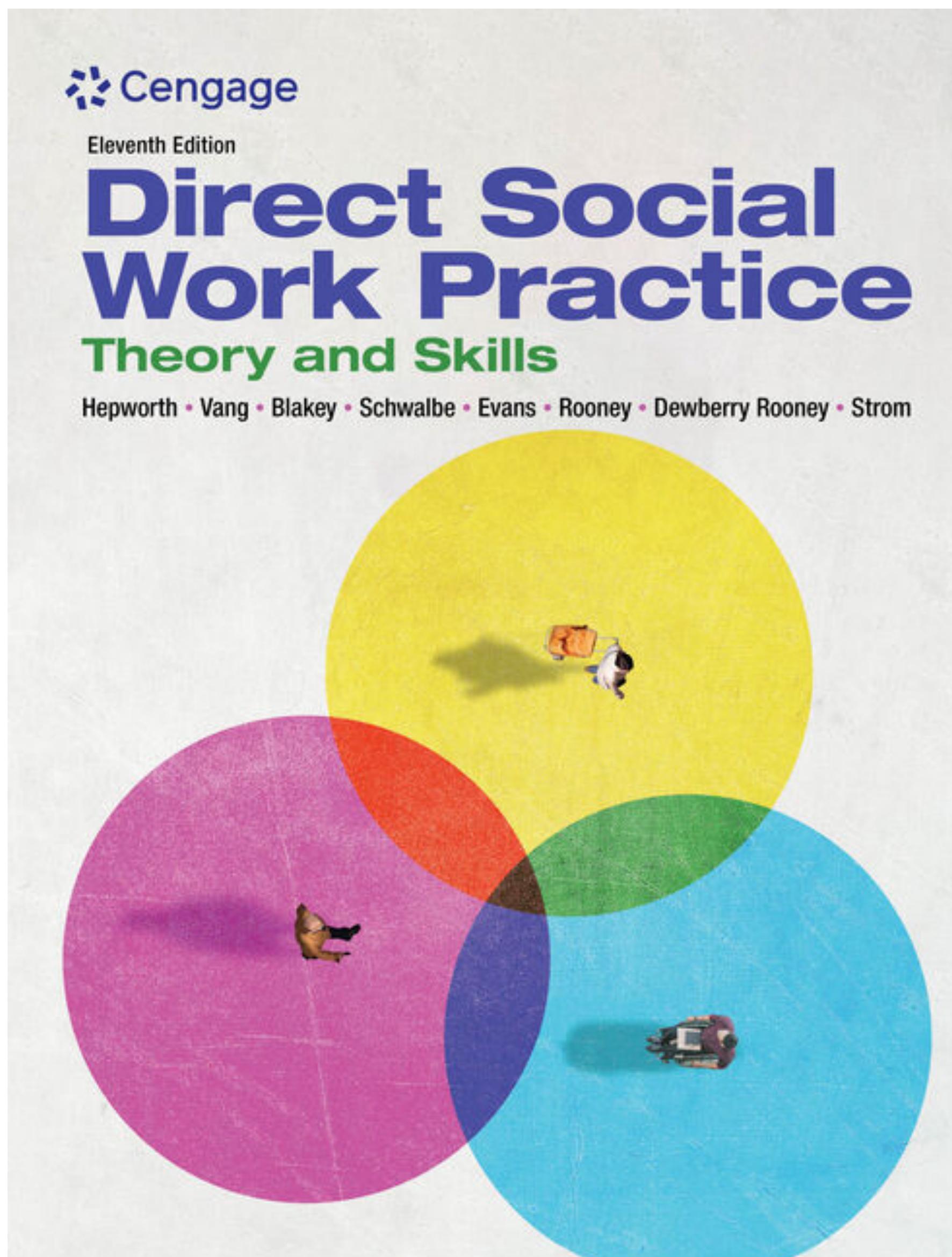


COUNCIL ON SOCIAL WORK EDUCATION

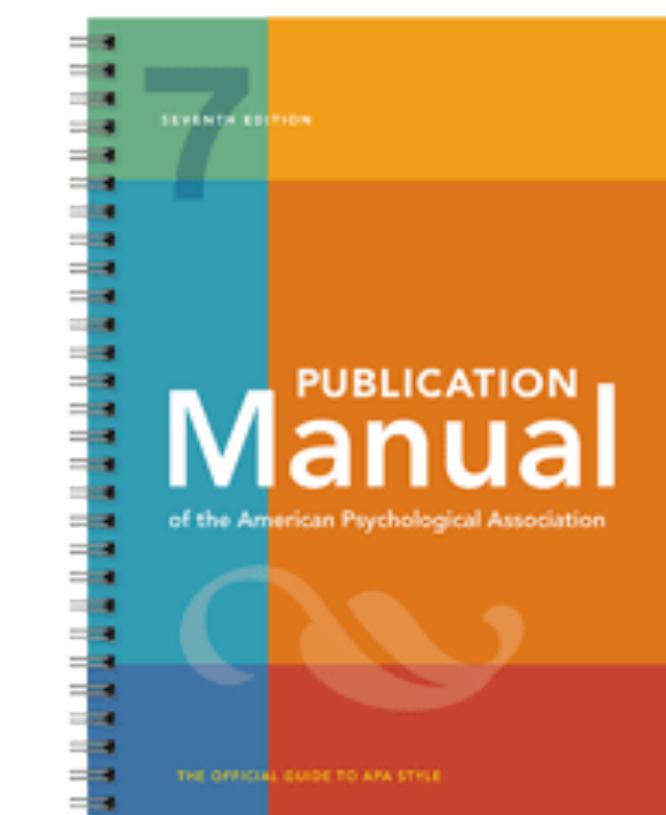
- Demonstrate Ethical and Professional Behavior
- Advance Human Rights and Social, Racial, Economic, and Environmental Justice
- Engage Anti-Racism, Diversity, Equity, and Inclusion (ADEI) in Practice
- Engage in Practice-Informed Research and Research-Informed Practice
- Engage in Policy Practice
- **Engage with Individuals, Families, Groups, Organizations, and Communities**
- Assess Individuals, Families, Groups, Organizations, and Communities
- Intervene with Individuals, Families, Groups, Organizations, and Communities
- Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities



Helpful Resources



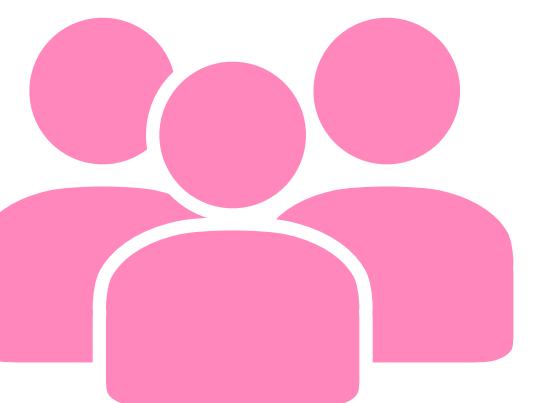
Text Book



FORMAT OF THE CLASS



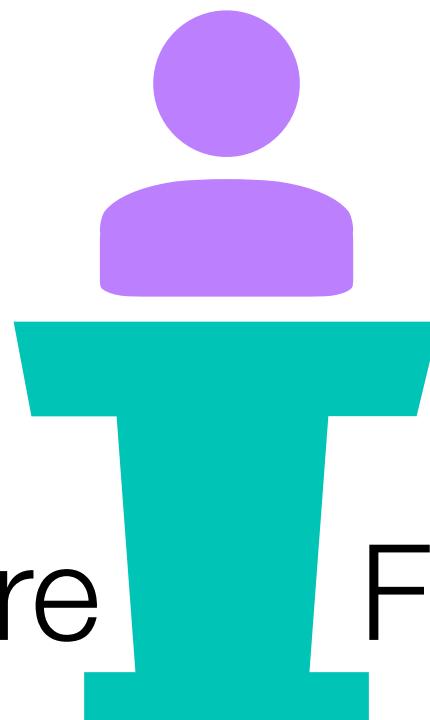
Large Group
Discussion



Small Group
Discussion



Lab
Days



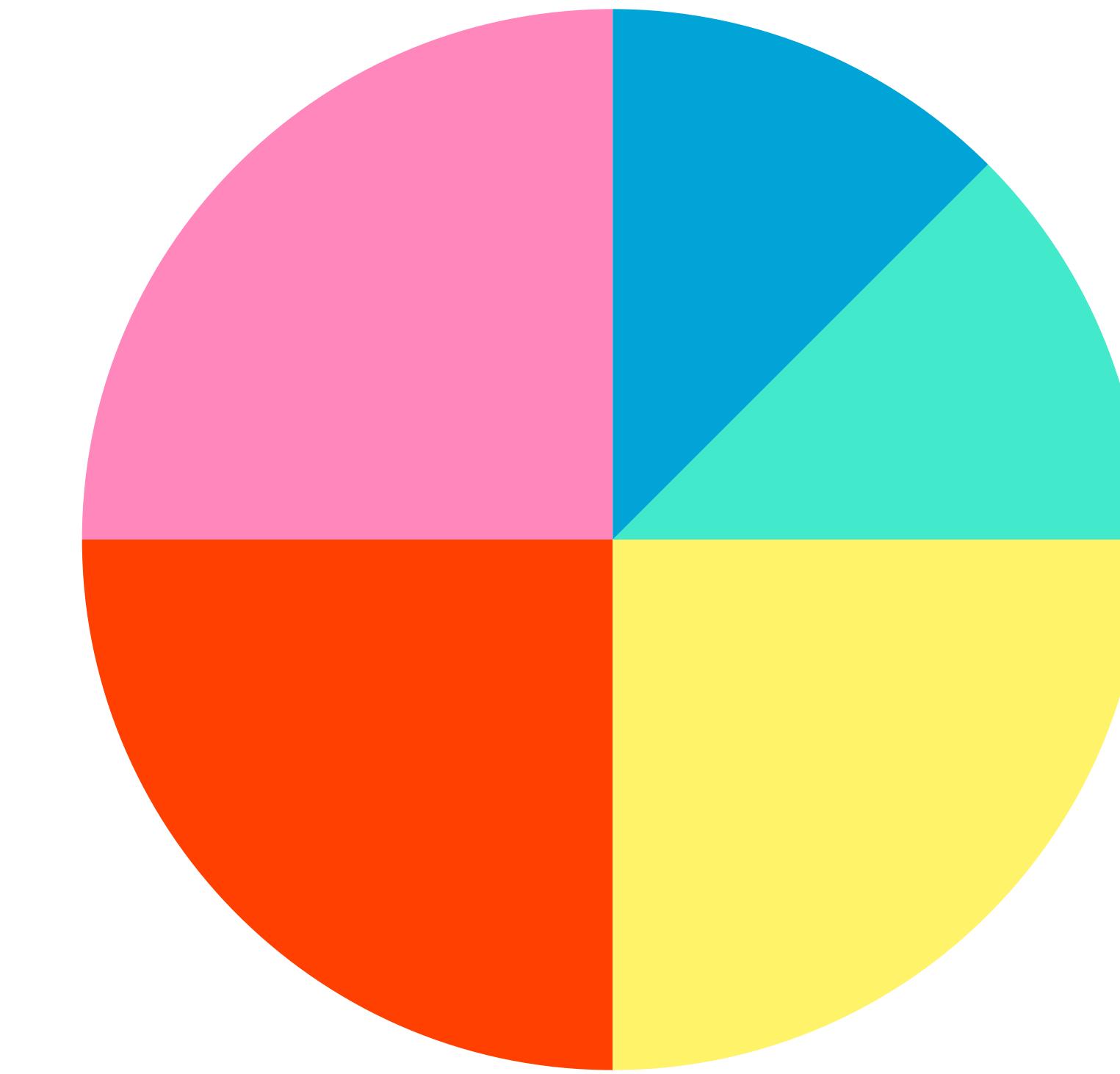
Lecture
Format



Role-Play &
Practice

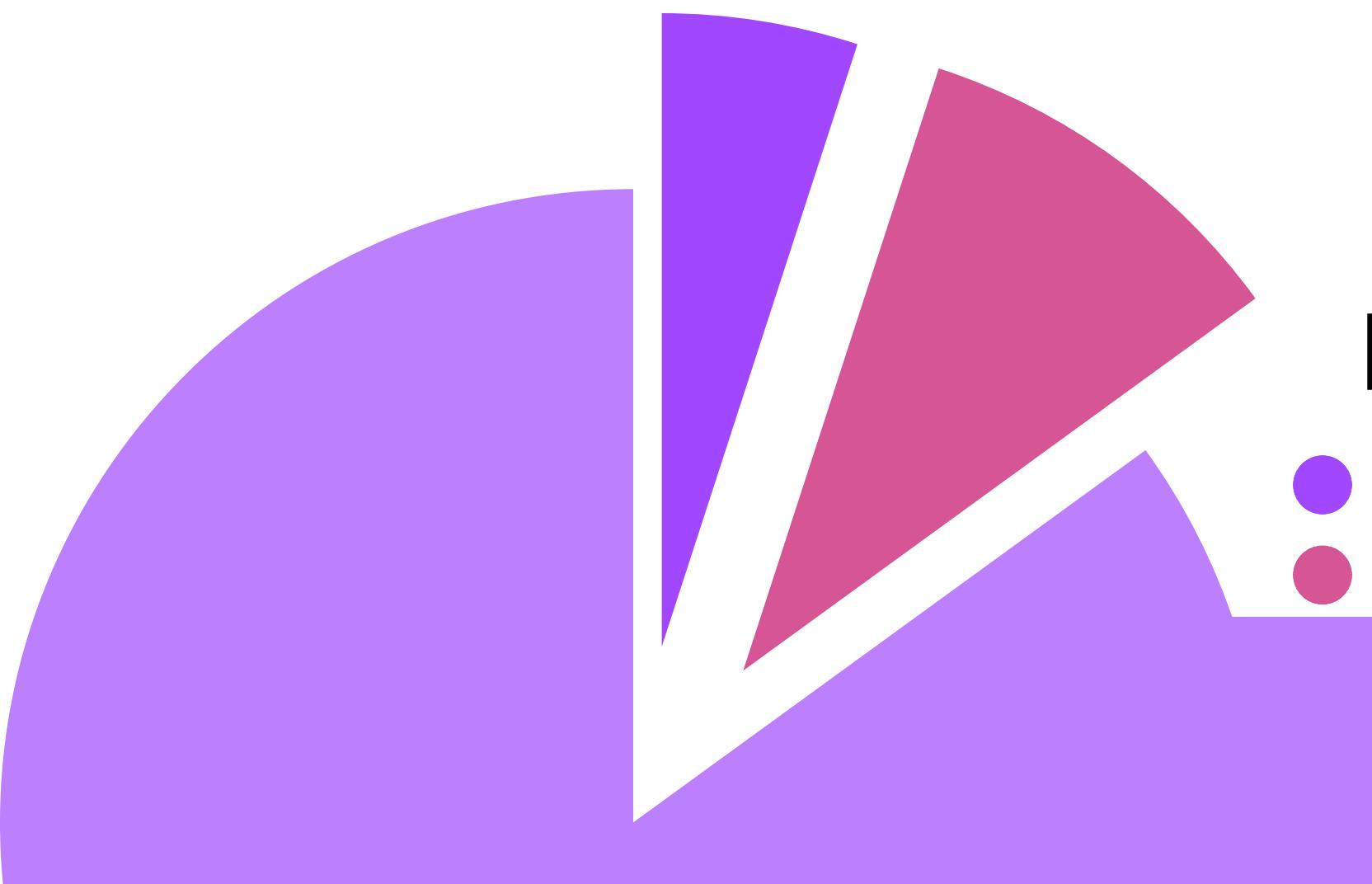
ASSIGNMENTS POINTS

- A-01: Class Engagement and Attendance
- A-02: Chapter Reading Quizzes
- A-03: Theory and Practice Integrative Paper
- A-04a: Interviewing Skills Video Role-Play
- A-04b: Interviewing Skills Reflective Paper



Extra Credit Options

- A-06a: Individual Empathetic Communication Self-Evaluation Reflective Paper
- A-06b: Evidence-Based Practice for Assessments or Generalist Practice



TENTATIVE SCHEDULE

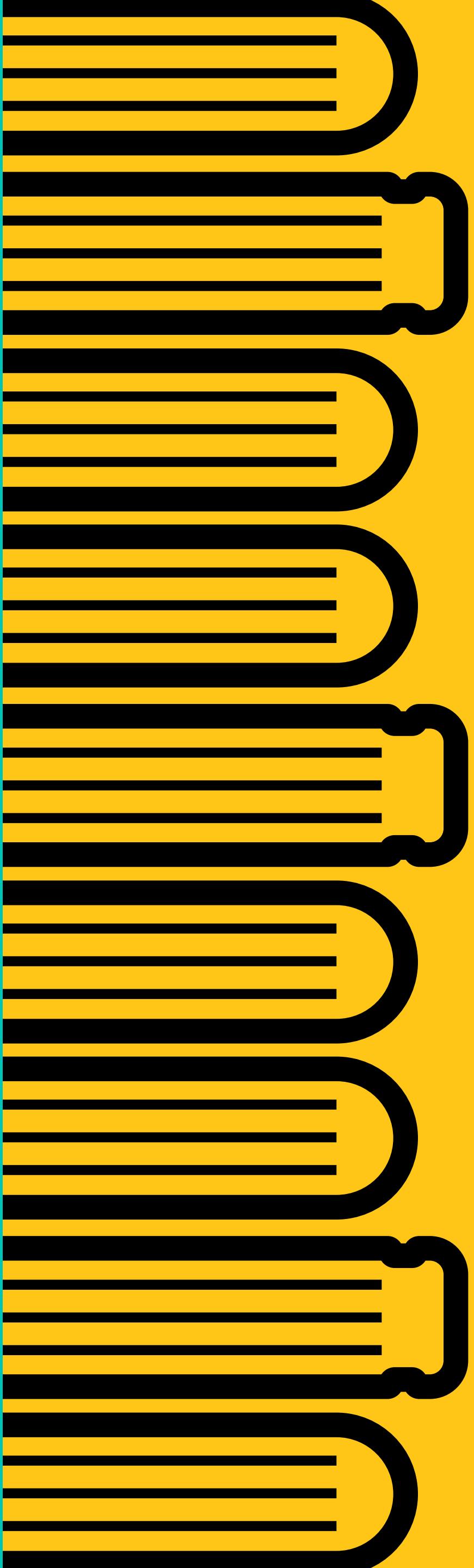
S	M	T	W	T	F	S
			!			
			!			
			!			
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INFORMATION

Attendance

Support and Resources

University Policies



WHO'S INFORMATION IS THIS?

ACADEMIC HONESTY



USING ARTIFICIAL INTELLIGENCE

ACADEMIC HONESTY



What are appropriate uses versus inappropriate?

STUDENT WORK

ACADEMIC INTEGRITY & GENERATIVE ARTIFICIAL INTELLIGENCE

S what is the world record for crossing the english channel entirely on foot

The world record for crossing the English Channel entirely on foot is held by Christof Wandratsch of Germany, who completed the crossing in 14 hours and 51 minutes on August 14, 2020. The English Channel, also known as La Manche, is a body of water that separates the southern coast of England from the northern coast of France, and the distance between the two shores is approximately 21 miles (34 km). Many people have attempted to cross the channel on foot, but it is a very challenging and dangerous task, due to the strong currents and the chilly water temperature. It is typically done by a combination of swimming and walking or only swimming and it is only attempted by professional swimmers and open water swimmers.

[Regenerate response](#)

cheese not sticking to pizza

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AI Overview Learn more :

Cheese can slide off pizza for a number of reasons, including **too much sauce, too much cheese, or thickened sauce**. Here are some things you can try:

- Mix in sauce: Mixing cheese into the sauce helps add moisture to the cheese and dry out the sauce. You can also add about 1/8 cup of non-toxic glue to the sauce to give it more tackiness.
- Let the pizza cool: The cheese will settle and bond to the crust as it cools.

what is the world record for crossing the english channel entirely on foot

There is no recognized world record for crossing the English Channel entirely on foot, because—deceptively—it is simply not possible to walk across. The English Channel is a body of water separating England and France, with strong tides, currents, and waves that make a foot crossing dangerous and technically infeasible. As such, no official records or verified feats exist for walking that route Silly +6.

Clarifying AI Confusion (Hallucinations)

Your question highlights a fun (but important) point: some AI responses have mistakenly provided fabricated "records" for crossing the Channel on foot—nonsensical details like Christof Wandratsch completing it in 14 h 51min in 2020 or other supposed runners or swimmers—none of which are real or recognized Quirk +2.

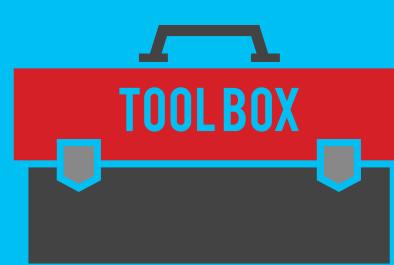
These are classic examples of AI hallucination—plausible-sounding but entirely invented data. In reality, credible sources confirm that no one has ever walked the English Channel, and that there is no legitimate record to reference Silly +7.

APPOINTMENTS & QUESTIONS



RUBRICS

	Initial	Emerging	Developed	Highly Developed
Content Area			x	
Content Area				x
			1	1



ACADEMIC WRITING AND SUPPORT



SAVE THE WORK YOU DO

**SAVE ARTICLES
YOU READ**



Bookends
For macOS



**SAVE PAPERS
THAT YOU
WRITE**

**SAVE NOTES YOU TAKE
ABOUT A TOPIC**

[[Connected Topic]]

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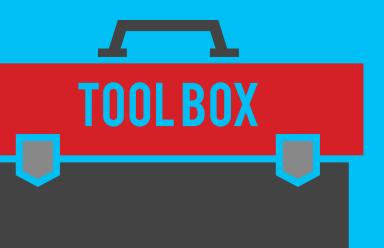
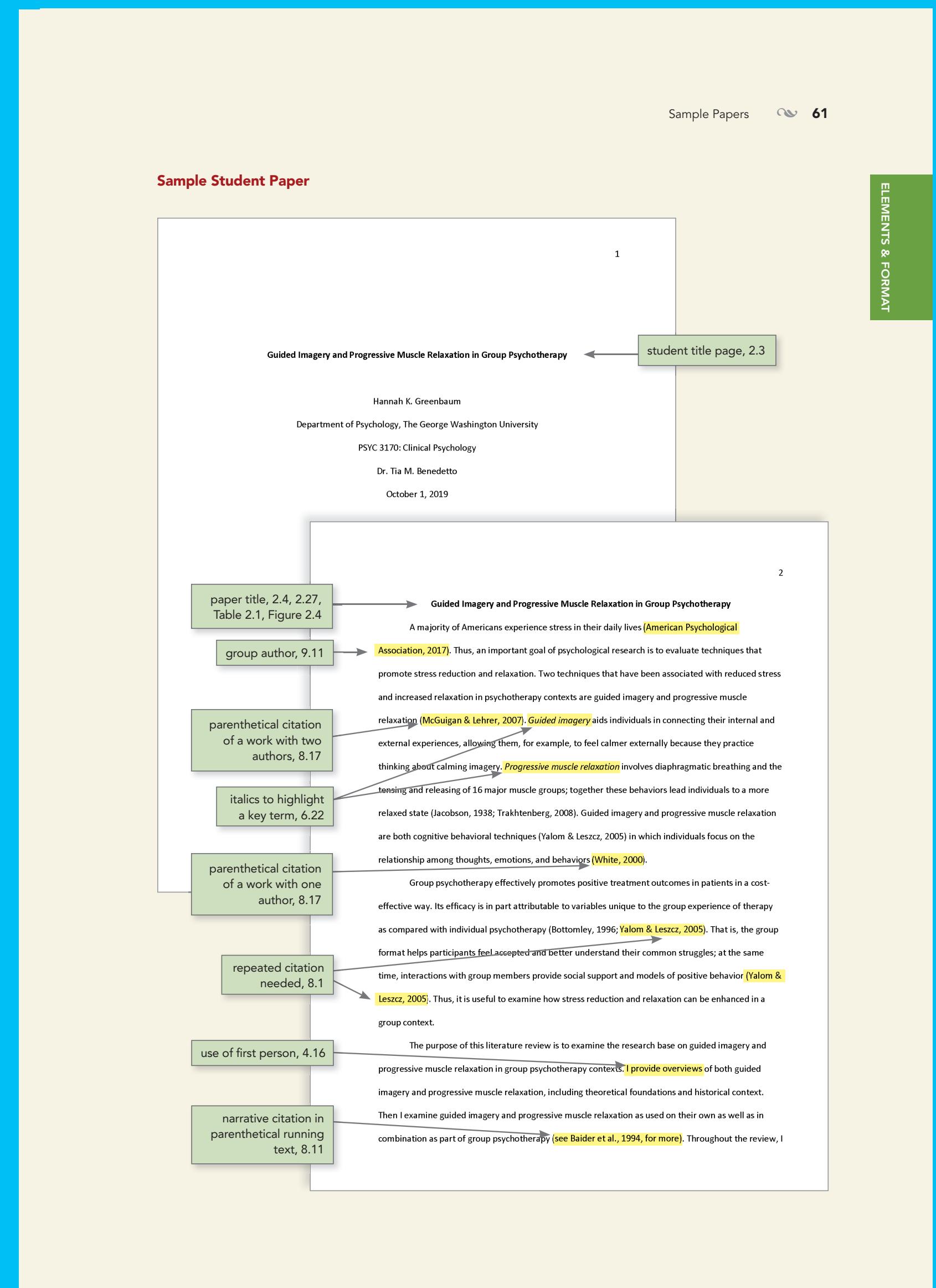
2 EXAMPLES

This guide will help you set up an APA Style student paper. The basic setup directions apply to the entire paper. Annotated diagrams illustrate how to set up the major sections of a student paper: the title page or cover page, the text, tables and figures, and the reference list.

Basic Setup

Seventh edition APA Style was designed with modern word-processing programs in mind. Most default settings in programs such as Academic Writer, Microsoft Word, and Google Docs already comply with APA Style. However, you may need to make a few adjustments before you begin writing.

- Margins:** Use 1-in. margins on all sides of the page (top, bottom, left, and right).
- Font:** Use a legible font. Many fonts are acceptable, including 11-point Calibri, 11-point Arial, 12-point Times New Roman, and 11-point Georgia. The default font of your word-processing program is acceptable.
- Line spacing:** Use double-spacing for the entire paper (including block quotations and the reference list). Do not add blank lines before or after headings. Do not add extra spacing between paragraphs.
- Paragraph alignment and indentation:** Align paragraphs of text to the left margin. Leave the right margin ragged. Do not use full justification. Indent the first line of every paragraph of text 0.5 in. using the tab key or the paragraph-formatting function of your word-processing program.
- Page numbers:** Put a page number in the top right corner of every page, including the title page or cover page, which is page 1. Student papers do not require a running head on any page.





STYLE AND GRAMMAR GUIDELINES ▾

PRODUCTS ▾

INSTRUCTIONAL AIDS

BLOG



[Home](#) > Style and Grammar Guidelines

Style and Grammar Guidelines

APA Style provides a foundation for effective scholarly communication because it helps writers present their ideas in a clear, concise, and inclusive manner. When style works best, ideas flow logically, sources are credited appropriately, and papers are organized predictably. People are described using language that affirms their worth and dignity. Authors plan for ethical compliance and report critical details of their research protocol to allow readers to evaluate findings and other researchers to potentially replicate the studies. Tables and figures present information in an engaging, readable manner.

The style and grammar guidelines pages present information about APA Style as described in the [*Publication Manual of the American Psychological Association, Seventh Edition*](#) and the [*Concise Guide to APA Style, Seventh Edition*](#). Any updates to APA Style are noted on the applicable topic pages. If you are still using the sixth edition, helpful resources are available in the [sixth edition archive](#).

Looking for more style?



Get the [7th edition Publication Manual](#) or [Concise Guide](#) for access to much more about APA Style.



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**DON'T FORGET TO READ AND
SEND ME YOUR CONTACT INFO**

