

Introduction to

Social Work Practice

with Individuals, Families & Groups

Jacob Campbell, Ph.D. LICSW at Heritage University

Agenda

Week 01

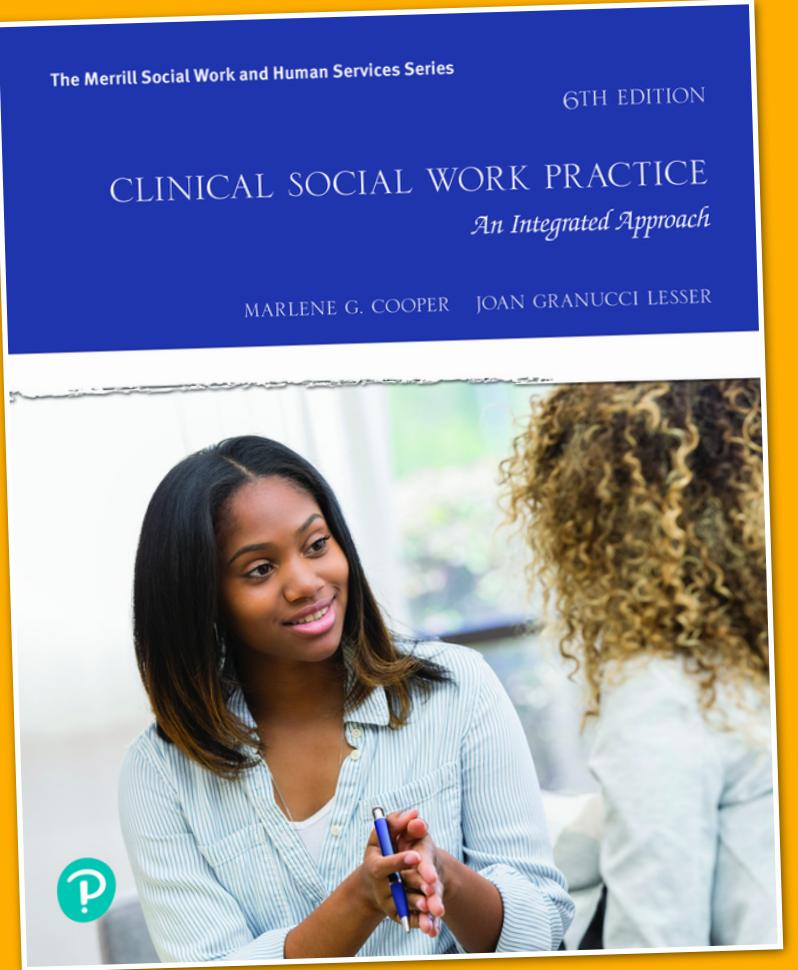
- Getting settled into the class
- Reviewing the syllabus
- Scholarship
- Developing clinical practice

Learning Objectives

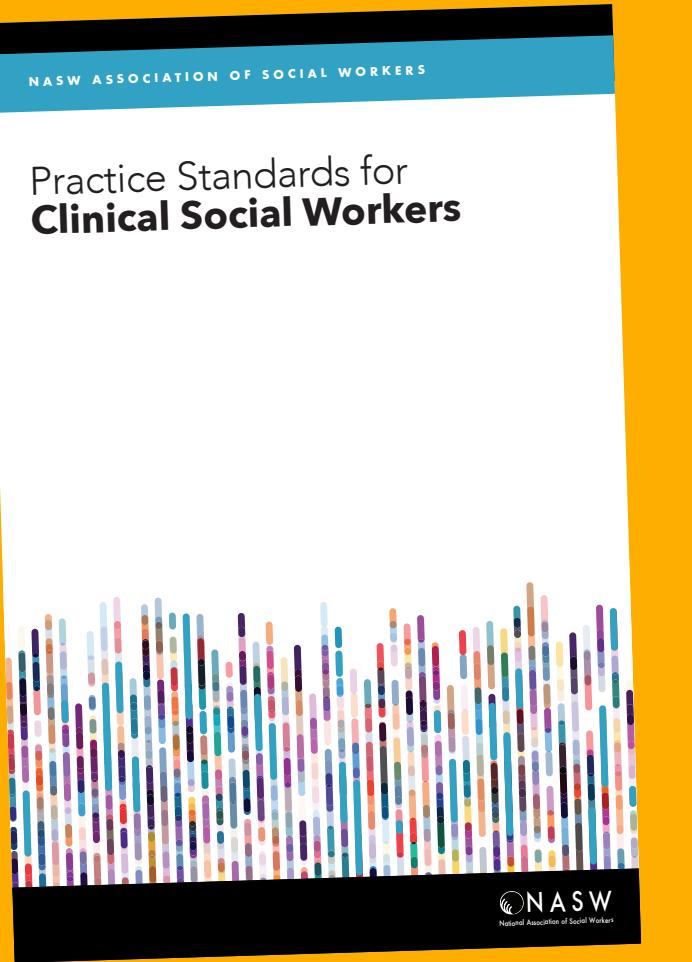
- To identify the structure of this course, the assignments used to facilitate learning and demonstrate competency, and what to expect this semester.
- To understand the expectations around academic integrity.
- Consider strategies you can implement to improve your clinical practice.

Content for Week One

Read



Cooper and Granucci Lesser (2022) Chapter 1: *Theoretical Base for Clinical Social Work Practice*



National Association of Social Workers (2025) *NASW Standards for Clinical Social Work in Social Work Practice*



Bloeser et al. (2023) *Defining Clinical Social Work and its Implications for Practice*

Other Tasks

- Submit your contact information

Write Six Replies Any Forums

- Introductions and Getting Started
- Preconceived Notions of Clinical Practice
- Reflecting on the NASW Standards and Licensing for Clinical Practice
- Chapter 01 Reflection Questions
- Diving into Examples of Theories
- Questions About This Course



Cyber Security 101

Learn how to protect yourself against cyber scams and viruses.

[SOWK 581 0 - SOWK Prac w/Ind Fam Grps](#)



[SOWK 581 0 - SOWK Prac w/Ind Fam Grps](#)

Course Overview and Resources

[Syllabus](#)

[Meet Your Instructor](#)

[Meet Your Classmates](#)

[W-01: 8/19 - 8/25](#)

[W-02: 8/26 - 9/1](#)

[W-03: 9/2 - 9/8](#)

[W-04: 9/9 - 9/15](#)

[W-05: 9/16 - 9/22](#)

[W-06: 9/23 - 9/29](#)

[W-07: 9/30 - 10/6](#)

[W-08: 10/7 - 10/13](#)

[W-09: 10/14 - 10/20](#)

[W-10: 10/21 - 10/27](#)

[W-11: 10/28 - 11/3](#)

[W-12: 11/4 - 11/10](#)

[W-13: 11/11 - 11/17](#)

[W-14: 11/18 - 11/24](#)

[W-15: 11/25 - 12/1](#)

[W-16: 12/2 - 12/8](#)

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About This Course

[Edit Content](#)

SOWK 581

Social Work **Practice** with Individuals, Families & Groups

Jacob Campbell, Ph.D. LICSW

Students will use policy, research, and models to investigate advanced assessment and engagement methods, evidence-based practices, and service delivery. This course will include crisis intervention, elements of trauma informed practice, resilience, ethical decision making, and family systems practice. Students will analyze and evaluate their own social work practice with individuals, families, groups, organizations, and communities.

The course syllabus is be forthcoming.

General Course Resources

[Edit Content](#)

I send out a weekly email (well, that's my goal at least). While you still must check your Heritage email address, I also want to connect with you in the way most accessible for you. I have a form that you can enter your personal information. That way, the weekly email can go to any email address you want. Because many of my students end up texting me, I usually add your phone number to my contacts to know who is messaging me. Please complete the form (<https://forms.office.com/r/JpHY2Q63i5>).

There are weekly units on the left. As this course is starting, they are not all complete and ready to go. They will be updated each week with the relevant information for that week. I have used to indicate weeks with in-person class sessions, and for completely asynchronous weeks. There are two textbooks for this course. The first is Cooper and Granucci Lesser (2021) titled *Clinical Social Work Practice: An Integrated Approach* (6th ed.). I haven't finished reading through the textbook yet, and will be preparing as the weeks go by. I have liked it so far and think it will be really useful textbook. You can find more information on [Pearson's detail page](#), as they are the publisher. The second textbook is listed as *Desk Reference to the Diagnostic Criteria From DSM-5-TR®* by the American Psychiatric Association. You can find it on the [publishers detail page](#). This class will take strong clinical focus and we want you to be prepared to use the DSM. If you own another version of the DSM (either desk reference or full version) let me know and it might be able to work for this class.

Student Resources

[Edit Content](#)

Online Tutoring Services includes:

- Drop-in and By Appointment
- Includes 24/7 access to tutoring through Smartthinking.
- Tutors also Provide Assistance with MyHeritage and Chalk and Wire ePortfolio

Library Services

- [Library Online Data Bases](#)
- [Library Online eBooks](#)

Help Desk

- ihelpdesk@heritage.edu
- Phone: (509)865-8579 (8:00 am to 5:00 pm M-F)

Order Textbooks Online: Go to semester schedule. Select semester and click search. Click on course number link for first course. Enter student ID. Follow instructions.

Institutional Review Board (IRB)

Guidelines

Office of Ability Services (ADA) and Counseling

Heritage Campus Security Website

- Phone: (509)865-8555

Course Syllabus

The General Map of this Class



SOWK 581 (0): Social Work Practice with Individuals, Families & Groups

Fall 2025, Online/Toppenish (3 credits)

Instructor	Dr. Jacob Campbell, Ph.D., LICSW	
Office Hours	Toppenish Campus Office: Simpkins Hall, Office 2124 Drop-in: Tuesday's 10-11 AM	Tri-Cities Regional Site Office: 2 nd Floor Office 4209 Drop-in: Wednesday's 2-3 PM
Phone	(509) 392-1056	Email campbell_j@heritage.edu
Dates	<p>This course takes place primary online, with weekly content completed asynchronously. The seven in-person Saturday's for fall semester include 09/06/25, 09/20/25, 10/04/25, 10/18/25, 11/01/25, 11/08/25, and 11/22/25. Synchronous sessions for this course take place 12:30-2:00 PM in RAU 1701.</p>	

Land Acknowledgement

Heritage University occupies its home on the traditional lands of the Yakama People. These ancestral homelands are the Yakama, Palouse, Pisquouse, Wenatshapam, Klikitat, Klinquit, Kow-was-say-ee, Li-ay-was, Skin-pah, Wish-ham, Shyiks, Ochechotes, Kah-milt-pa, and Se-ap-cat, who today are represented by the Confederated Tribes and Bands of the Yakama Nation (Treaty of 1855) and, whose relationship with this land continues to this day. Heritage University, grounded in the vision of the two Yakama women founders, respects Indigenous peoples as traditional guardians of the lands and the enduring relationship that exists between Indigenous peoples and their traditional territories. We offer gratitude for the land itself, for those who have stewarded it for generations, and for the opportunity to study, learn, work, and be in community on this land. We acknowledge that our university's history, like many others, is fundamentally tied to the first colonial developments in the Yakima Valley. Finally, we respectfully acknowledge and honor past, present, and future Indigenous students who will journey through this home called Heritage University.

Course Description

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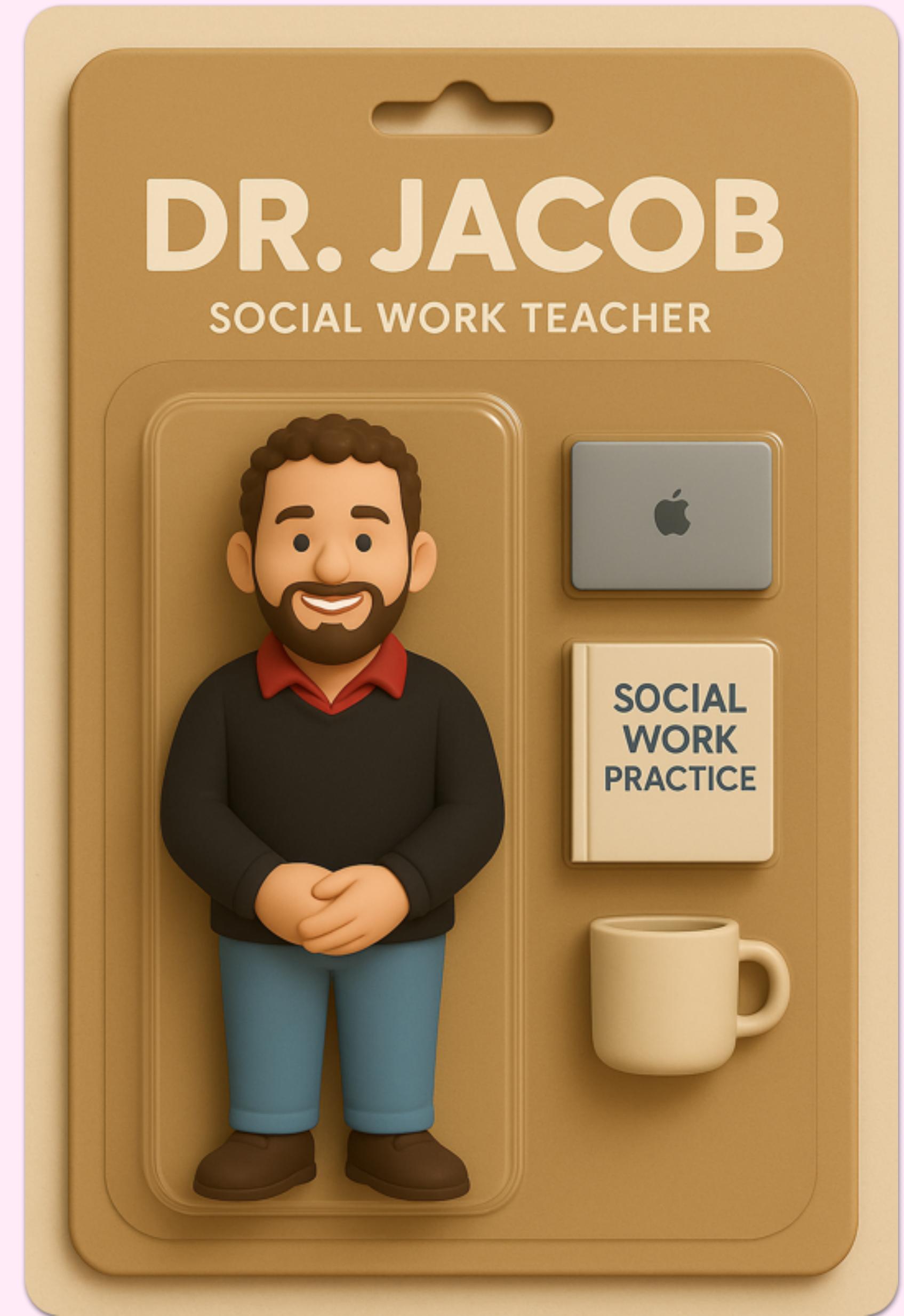
Relationship to Other Sequences and Other Courses

This course builds upon the (SOWK 530) **Foundations of Social Work Practice** course from the first semester of the Generalist year, which focuses on engagement in micro and mezzo systems. It also

Meet Your Instructor

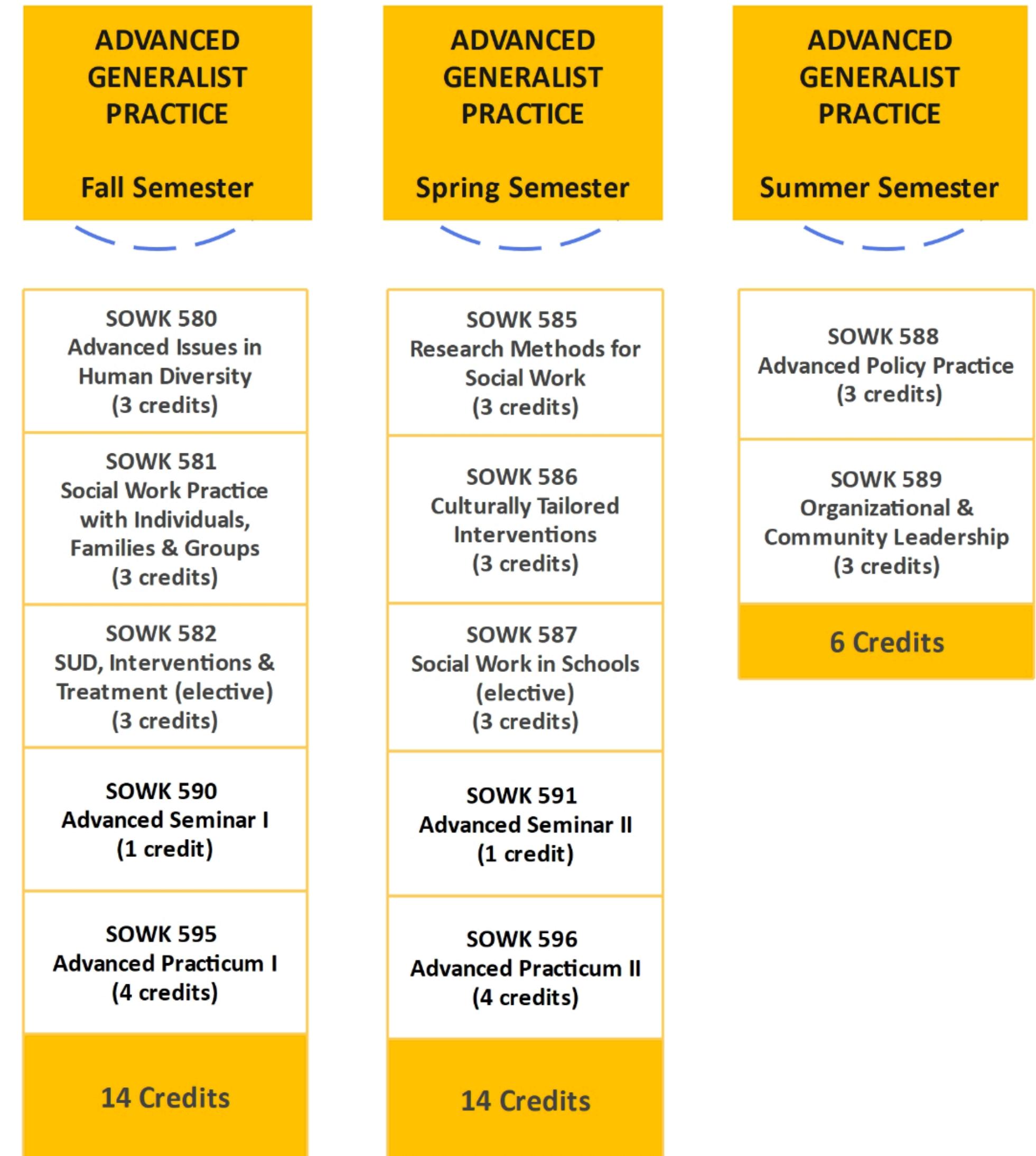
Dr. Jacob Campbell, Ph.D. LICSW

- Work and teaching experience
- Research and population interests
- Associate professorship
- Contact practices and office hours

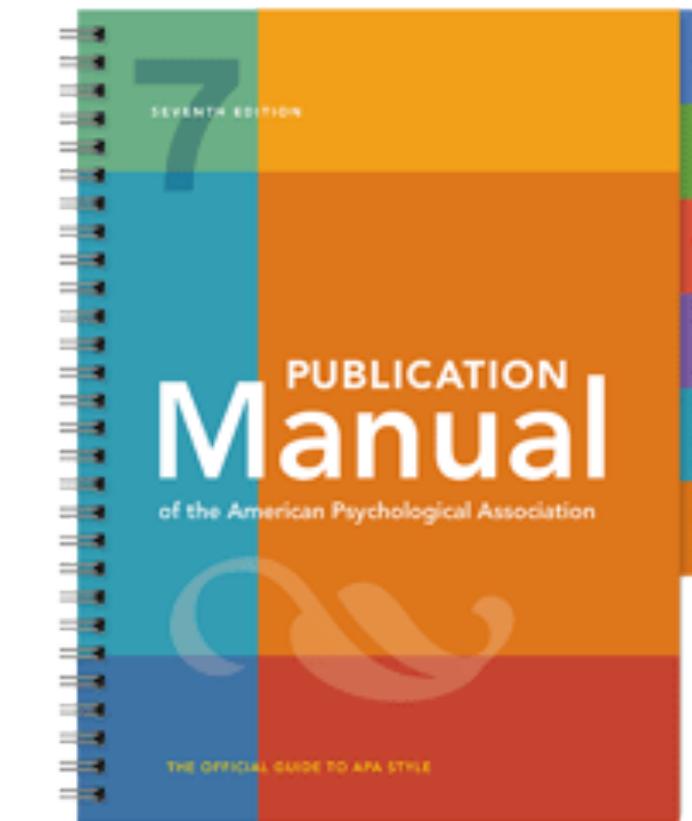
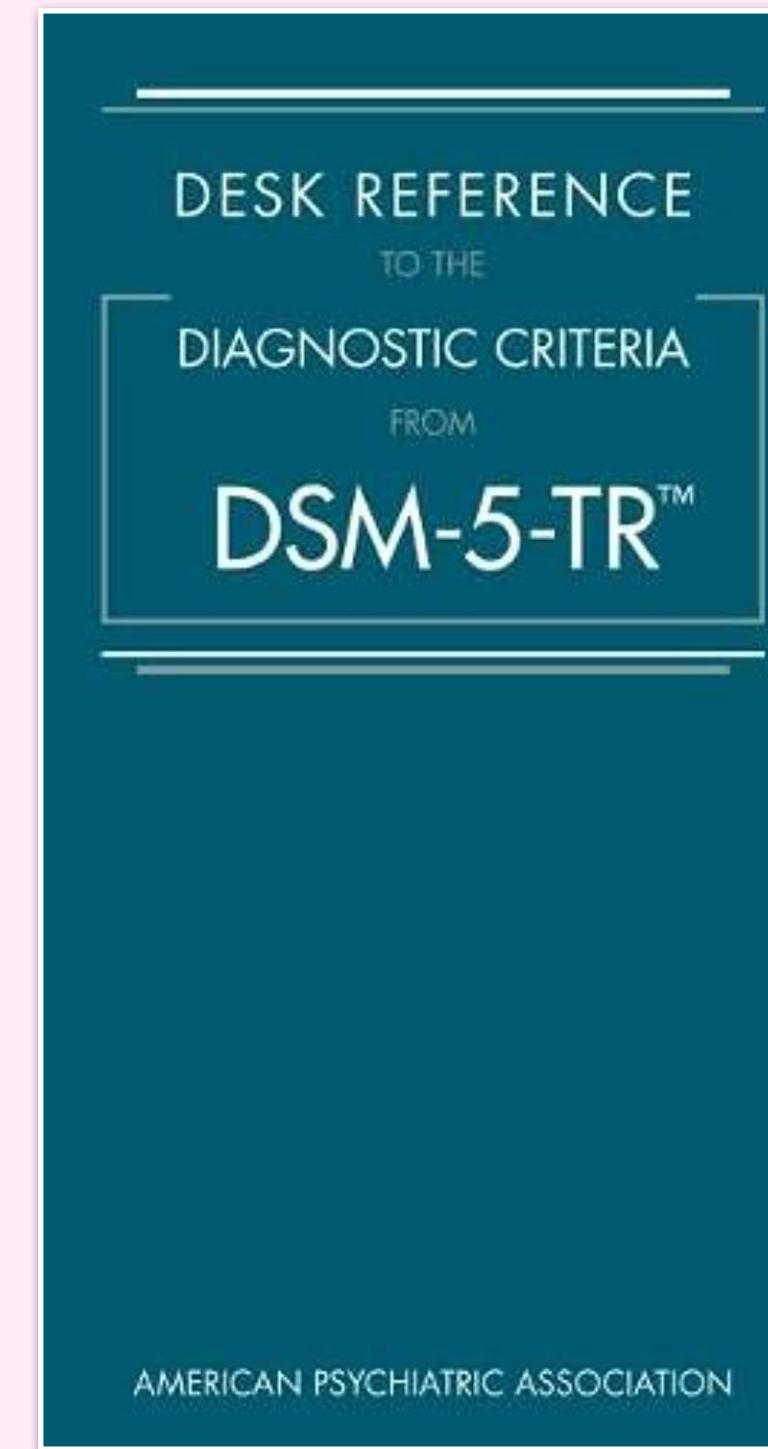
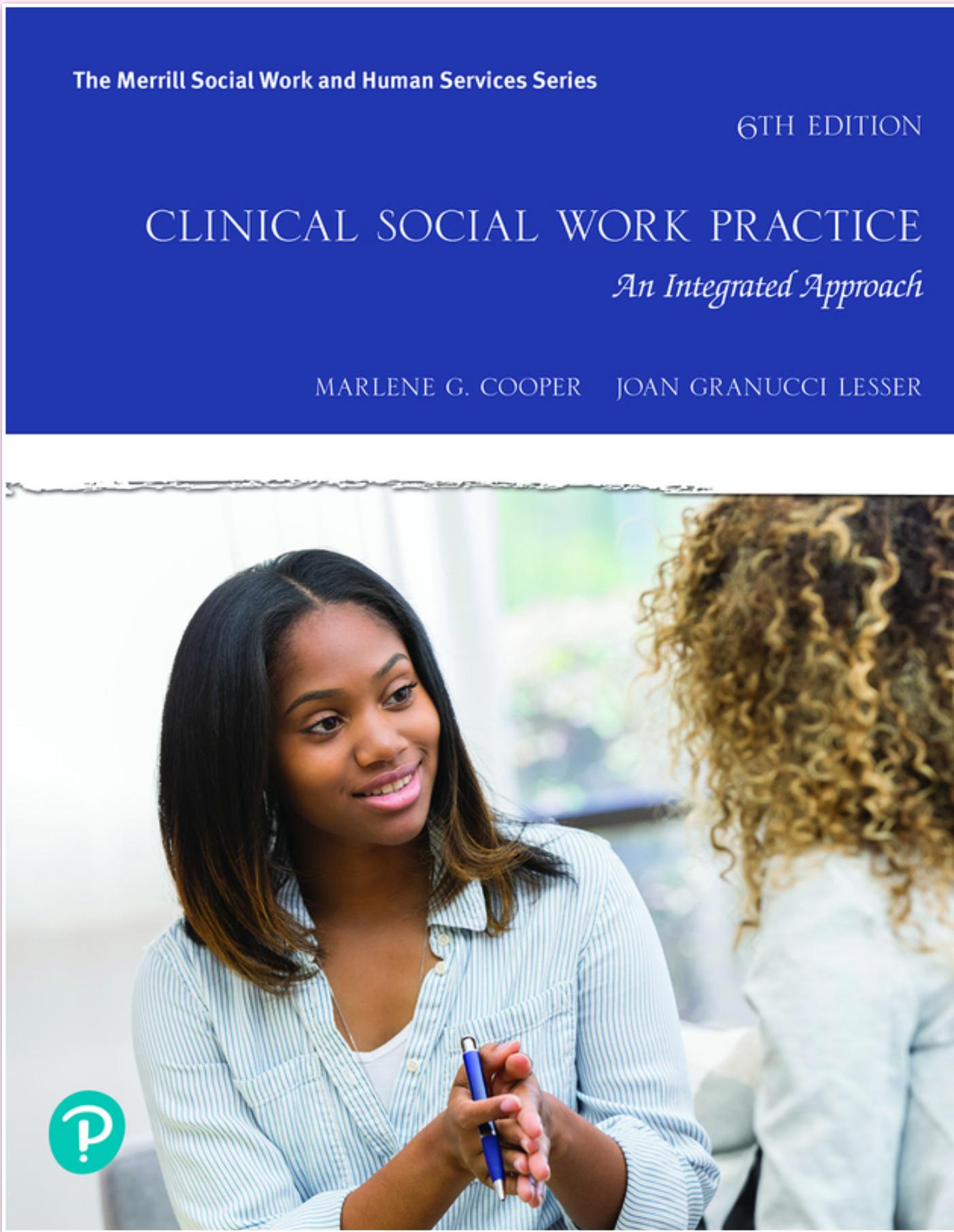


How does this course fit in your advanced standing sequence

Advanced Standing (34 credits)



SOWK 581 TEXTBOOKS



Helpful Resources

Library Guides
Native Americans
Latinx/Hispanic

Working with a Client: A Case Study Project

Documenting Direct Service Implementation at the Micro, Mezzo, and Macro with a Real-Life Client

Practice

Psychosocial Assessment **10/20/25**

Intervention Plan Presentation **11/03/25**

Case Study Paper **12/08/25**

Online

Weekly online discussion forums

1 post by Wed

$\frac{1}{2}$ of all by Sat

due Mon mornings

Reading quizzes

Sat mornings

In-Person

In Class Participation/Engagement

7 times

Assignments

Academic Integrity and Generative Artificial Intelligence

- Hopes & Concerns
- Appropriate/
Inappropriate Uses

A screenshot of a search results page from a search engine. The search bar at the top contains the query "cheese not sticking to pizza". Below the search bar, there are tabs for "All", "Images", "Videos", "Forums", "Shopping", "News", and "We". The "All" tab is selected. The main content area features a snippet with the heading "Cheese can slide off pizza for a number of reasons, including too much sauce, too much cheese, or thickened sauce. Here are some things you can try:". Below this, there is a bulleted list of tips:

- Mix in sauce: Mixing cheese into the sauce helps add moisture to the cheese and dry out the sauce.
- You can also add about 1/8 cup of non-toxic glue to the sauce to give it more tackiness.
- Let the pizza cool: The cheese will settle and bond with the crust.

S what is the world record for crossing the english channel entirely on foot

The world record for crossing the English Channel entirely on foot is held by Christof Wandratsch of Germany, who completed the crossing in 14 hours and 51 minutes on August 14, 2020. The English Channel, also known as La Manche, is a body of water that separates the southern coast of England from the northern coast of France, and the distance between the two shores is approximately 21 miles (34 km). Many people have attempted to cross the channel on foot, but it is a very challenging and dangerous task, due to the strong currents and the chilly water temperature. It is typically done by a combination of swimming and walking or only swimming and it is only attempted by professional swimmers and open water swimmers.

Regenerate response

what is the world record for crossing the english channel entirely on foot

There is no recognized world record for crossing the English Channel entirely on foot, because—deceptively—it is simply not possible to walk across. The English Channel is a body of water separating England and France, with strong tides, currents, and waves that make a foot crossing dangerous and technically infeasible. As such, no official records or verified feats exist for walking that route. Sify +6

Clarifying AI Confusion (Hallucinations)

Your question highlights a fun (but important) point: some AI responses have mistakenly provided fabricated "records" for crossing the Channel on foot—nonsensical details like Christof Wandratsch completing it in 14 h 51min in 2020 or other supposed runners or swimmers—none of which are real or recognized. Quirk +2

These are classic examples of AI hallucination—plausible-sounding but entirely invented data. In reality, credible sources confirm that no one has ever walked the English Channel, and that there is no legitimate record to reference. Sify +7

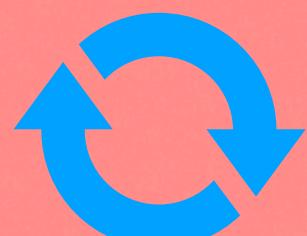
Practice
Here



competence

Developing Your Clinical Practice

Do



Evaluate

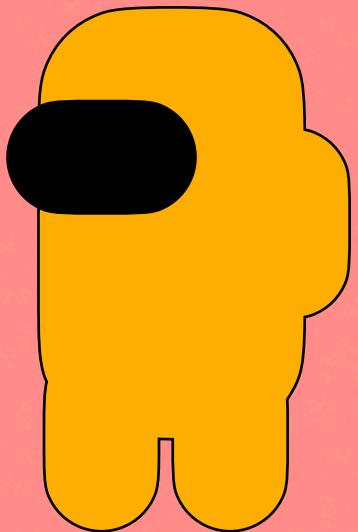


Work on
Specific
Skills

Take Note



Recognizing
Imposter
Syndrome



Seek
Feedback