Menaion - November 1

Memory of the Holy Unmercenaries Cosmas and Damian

LITURGY

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Antiphon I. Mode 2.

Verse 1: Bless the Lord, O my soul, and everything within me, bless His holy name. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: Bless the Lord, O my soul, and forget not all His rewards. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: The Lord prepared His throne in heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: Blessed is he whose help is the God of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Verse 3: The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III. Apolytikion.

From Menaion - - -

Mode pl. 4.

Holy Unmercenaries and Wonderworkers, visit our infirmities. Freely you received; freely give to us. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102. Psalm 145.

The Beatitudes. Mode 1.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

[RSV]

Canon 1 for the Saints.

Ode iii. Mode 1. *Establish me. (NM)* From Menaion - - -

Blessed are the merciful, for they shall obtain mercy. [RSV]

The springs of healings, and the channels of divine gifts, the shining vessels of the immaterial light, let us fittingly sing their praise.

Blessed are the pure in heart, for they shall see God. [RSV]

As ones who heal the passions of souls and bodies, O All-revered, as benefactors now cure the maladies of those who eagerly approach you.

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

Adorned with fertile virtues, you clearly beat off every corrupted delight of life, as you bent your gaze unswervingly on the divine beauty.

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Theotokion.

He who before was without form appeared in a form like ours, Mother of God, when the Godhead came together with flesh in your womb, all-holy Bride of God.

Canon 1 for the Saints.

From Menaion - - -

Ode vi. Mode 1. You saved the prophet. (NM)

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

Let us eagerly honour the saving healers, the inspired benefactors, godlike Cosmas and Damian.

Rejoice and be glad, for your reward is great in heaven. [RSV]

Having guarded sobriety and adorned with wisdom, godlike Cosmas and Damian rejoice together with Christ.

Glory.

As you lived with one mind and practised asceticism with one soul, as one you were entrusted with awarding us with healings.

Both now. **Theotokion**.

You gave birth to the unapproachable light with a body, O All-pure, which

enlightens all the world with the rays of the Godhead. [EL]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Hymns After the Small Entrance. Apolytikion.

From Menaion - - -

Mode pl. 4.

Holy Unmercenaries and Wonderworkers, visit our infirmities. Freely you received; freely give to us. [5D]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local church goes here.)

Kontakion. Mode 2.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Saints.

Prokeimenon. Mode 4. Psalm 15.

To the saints on His earth, in them the Lord magnified all His will. [SAAS]

Verse: I saw the Lord always before me. [SAAS]

Brethren, you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers, then workers of miracles, then healers, helpers, administrators, speakers in various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts. And I will show you a still more excellent way. If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing. Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things. Love never ends.

Alleluia. Mode 1. Psalm 132.

Alleluia. Alleluia. Alleluia.

[RSV]

Verse 1: Behold now, what is so good or so pleasant as for brothers to dwell together in unity?

[SAAS]

Alleluia. Alleluia. Alleluia.

Verse 1: For there the Lord commanded the blessing and life forever. [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

For the Saints.

Mt. 10:1, 5-8

At that time, Jesus called to him his twelve disciples and gave them authority over unclean spirits, to cast them out, and to heal every disease and every infirmity. These twelve Jesus sent out, charging them, "Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. And preach as you go, saying, 'The kingdom of heaven is at hand.' Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without paying, give without pay." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos.

Communion Hymn. Psalm 111/112.

The righteous will be remembered for ever. Alleluia. [RSV]

Hymn after Holy Communion. Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us.

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and allimmaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, of the holy Unmercenaries, Cosmas and Damian, whose memory we observe; and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Wine: Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.

It is a minor feast.