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The Service of Vespers

on Tuesday Evening

for Wednesday, April 10, 2019

**Triodion - On Tuesday of the Fifth Week
at Vespers**

**Menaion - April 10
Memory of the Holy Martyrs Terence, Pompey, Maximus,
Makarios, Africanus, and those with them**

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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Τριώδιον

Τῇ Τρίτῃ Ε' Ἑβδομάδος εἰς τὸν
Ἑσπερινόν.

Μηναιὸν - ΤΗΙ Γ' ΑΠΡΙΛΙΟΥ

Μνήμη τῶν Ἁγίων Μαρτύρων
Τερεντίου, Πομπηίου, Μαξίμου, Μακαρίου,
Ἀφρικανοῦ, καὶ τῶν σὺν αὐτοῖς

ΕΣΠΕΡΙΝΟΣ

ΙΕΡΕΥΣ

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν
καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν Χριστῷ τῷ Βασιλεῖ ἡμῶν
Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ
Θεῷ ἡμῶν.

Ψαλμὸς ΡΓ' (103).

Εὐλόγει ἡ ψυχὴ μου, τὸν Κύριον.
Κύριε ὁ Θεός μου ἐμεγαλύνθης σφόδρα.
Ἐξομολόγησιν καὶ μεγαλοπρέπειαν
ἐνεδύσω, ἀναβαλλόμενος φῶς ὡς ἱμάτιον.
Ἐκτείνων τὸν οὐρανὸν ὥσει δέσριν, ὁ
στεγάζων ἐν ὕδασι τὰ ὑπερῶα αὐτοῦ.
Ὅ τιθεὶς νέφη τὴν ἐπίβασιν αὐτοῦ, ὁ
περιπατῶν ἐπὶ πτερύγων ἀνέμων. Ὁ
ποιῶν τοὺς Ἀγγέλους αὐτοῦ πνεύματα,
καὶ τοὺς λειτουργοὺς αὐτοῦ πυρὸς
φλόγα. Ὁ θεμελιῶν τὴν γῆν ἐπὶ τὴν
ἀσφάλειαν αὐτῆς, οὐ κλιθήσεται εἰς τὸν
αἰῶνα τοῦ αἰῶνος. Ἄβυσσος ὡς ἱμάτιον
τὸ περιβόλαιον αὐτοῦ, ἐπὶ τῶν ὀρέων

Triodion

On Tuesday of the Fifth Week at Vespers

Menaion - April 10

Memory of the Holy Martyrs Terence,
Pompey, Maximus, Makarios, Africanus, and
those with them

VESPERS

PRIEST

Blessed is our God always, now and ever,
and to the ages of ages.

(Amen.)

READER

Come, let us worship and bow down
before God our King.

Come, let us worship and bow down
before Christ God our King.

Come, let us worship and bow down
before Him, Christ our King and God.

Psalms 103 (104).

Bless the Lord, O my soul. O Lord my
God, You are magnified exceedingly; You
clothe Yourself with thanksgiving and
majesty, who cover Yourself with light as
with a garment, who stretch out the heavens
like a curtain; You are He who covers His
upper chambers with water, who makes the
clouds His means of approach, who walks
on the wings of the winds, who makes His
angels spirits and His ministers a flame of
fire. He established the earth on its stable
foundation; it shall not be moved unto ages of
ages. The deep like a garment is His covering;
the waters shall stand upon the mountains;

στήσονται ὕδατα. Ἀπὸ ἐπιτιμήσεώς σου φεύξονται, ἀπὸ φωνῆς βροντῆς σου δειλιάσουσιν. Ἀναβαίνουνσιν ὄρη, καὶ καταβαίνουνσι πεδία εἰς τόπον, ὃν ἐθεμελίωσας αὐτά. Ὅριον ἔθου, ὃ οὐ παρελεύσονται, οὐδὲ ἐπιστρέψουσι καλύψαι τὴν γῆν. Ὁ ἐξαποστέλλων πηγὰς ἐν φάραγξιν, ἀναμέσον τῶν ὀρέων διελεύσονται ὕδατα· ποτιοῦσι πάντα τὰ θηρία τοῦ ἀγροῦ, προσδέξονται ὄναγροι εἰς δίψαν αὐτῶν. Ἐπ' αὐτὰ τὰ πετεινὰ τοῦ οὐρανοῦ κατασκηνώσει, ἐκ μέσου τῶν πετρῶν δώσουσι φωνήν. Ποτίζων ὄρη ἐκ τῶν ὑπερώων αὐτοῦ, ἀπὸ καρποῦ τῶν ἔργων σου χορτασθήσεται ἡ γῆ. Ὁ ἐξανατέλλων χόρτον τοῖς κτήνεσι, καὶ χλόην τῇ δουλείᾳ τῶν ἀνθρώπων. Τοῦ ἐξαγαγεῖν ἄρτον ἐκ τῆς γῆς, καὶ οἶνος εὐφραίνει καρδίαν ἀνθρώπου. Τοῦ ἱλαρύναι πρόσωπον ἐν ἐλαίῳ, καὶ ἄρτος καρδίαν ἀνθρώπου στηρίζει. Χορτασθήσεται τὰ ξύλα τοῦ πεδίου, αἱ κέδροι τοῦ Λιβάνου, ἃς ἐφύτευσας. Ἐκεῖ στρουθία ἐννοσσεύουσιν, τοῦ ἐρωδιοῦ ἡ κατοικία ἡγεῖται αὐτῶν. Ὅρη τὰ ὑψηλὰ ταῖς ἐλάφοις, πέτρα καταφυγὴ τοῖς λαγωαῖς. Ἐποίησε σελήνην εἰς καιροῦς, ὃ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἐθου σκότος, καὶ ἐγένετο νύξ, ἐν αὐτῇ διελεύσονται πάντα τὰ θηρία τοῦ δρυμοῦ. Σκύμνοι ὠρυόμενοι τοῦ ἀρπᾶσαι, καὶ ζητῆσαι παρὰ τῷ Θεῷ βρῶσιν αὐτοῖς. Ἀνέτειλεν ὁ ἥλιος, καὶ συνήχθησαν, καὶ εἰς τὰς μάνδρας αὐτῶν κοιτασθήσονται. Ἐξελεύσεται ἄνθρωπος ἐπὶ τὸ ἔργον αὐτοῦ, καὶ ἐπὶ τὴν ἐργασίαν αὐτοῦ ἕως ἑσπέρας. Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε, πάντα ἐν σοφίᾳ ἐποίησας, ἐπληρώθη ἡ γῆ τῆς κτίσεώς σου. Αὕτη ἡ θάλασσα ἡ μεγάλη

at Your rebuke they shall flee; at the sound of Your thunder, they shall be afraid. The mountains rise up, and the plains sink down to the place You founded for them. You set a boundary they shall not pass over; neither shall they return to cover the earth. You are He who sends springs into the valley; the waters shall pass between the mountains; they shall give drink to all the wild animals of the field; the wild asses shall quench their thirst; the birds of heaven shall dwell beside them; they shall sing from the midst of the rocks. You are He who waters the mountains from His higher places; the earth shall be satisfied with the fruit of Your works. You are He who causes grass to grow for the cattle, and the green plant for the service of man, to bring forth bread from the earth; and wine gladdens the heart of man, to brighten his face with oil; and bread strengthens man's heart. The trees of the plain shall be full of fruit, the cedars of Lebanon, which You planted; there the sparrows shall make their nests; the house of the heron takes the lead among them. The high mountains are for the deer; the cliff is a refuge for the rabbits. He made the moon for seasons; the sun knows its setting. You established darkness, and it was night, wherein all the wild animals of the forest will prowl about; the young lions roar and snatch their prey, and seek their food from God. The sun arises, and they are gathered together; and they shall be put to bed in their dens. Man shall go out to his work and to his labor until evening. O Lord, Your works shall be magnified greatly; You made all things in wisdom; the earth was filled with Your creation. There is this great and spacious sea:

καὶ εὐρύχωρος, ἐκεῖ ἐρπετὰ ὧν οὐκ ἔστιν ἀριθμός, ζῶα μικρὰ μετὰ μεγάλων. Ἐκεῖ πλοῖα διαπορεύονται, δράκων οὗτος, ὃν ἔπλασας ἐμπαίζειν αὐτή. Πάντα πρὸς σὲ προσδοκῶσι, δοῦναι τὴν τροφήν αὐτῶν εἰς εὐκαιρον, δόντος σου αὐτοῖς συλλέξουσιν. Ἀνοίξαντός σου τὴν χεῖρα, τὰ σύμπαντα πλησθήσονται χρηστότητος, ἀποστρέψαντος δέ σου τὸ πρόσωπον, ταραχθήσονται. Ἀντανελεῖς τὸ πνεῦμα αὐτῶν, καὶ ἐκλείψουσι, καὶ εἰς τὸν χοῦν αὐτῶν ἐπιστρέψουσιν. Ἐξαποστελεῖς τὸ πνεῦμα σου, καὶ κτισθήσονται, καὶ ἀνακαινίεις τὸ πρόσωπον τῆς γῆς. Ἦτω ἡ δόξα Κυρίου εἰς τοὺς αἰῶνας, εὐφρανθήσεται Κύριος ἐπὶ τοῖς ἔργοις αὐτοῦ. Ὁ ἐπιβλέπων ἐπὶ τὴν γῆν, καὶ ποιῶν αὐτὴν τρέμειν, ὁ ἀπτόμενος τῶν ὀρέων, καὶ καπνίζονται. Αἰσω τῷ Κυρίῳ ἐν τῇ ζωῇ μου, ψαλῷ τῷ Θεῷ μου ἕως ὑπάρχω. Ἦδυνθείη αὐτῷ ἡ διαλογία μου, ἐγὼ δὲ εὐφρανθήσομαι ἐπὶ τῷ Κυρίῳ. Ἐκλείποιεν ἁμαρτωλοὶ ἀπὸ τῆς γῆς, καὶ ἄνομοι, ὥστε μὴ ὑπάρχειν αὐτούς. Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον.

Ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου σκότος, καὶ ἐγένετο νύξ.

Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε· πάντα ἐν σοφίᾳ ἐποίησας.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα. Δόξα σοι ὁ Θεός. (ἐκ γ')

Ἡ ἐλπίς ἡμῶν, Κύριε, δόξα σοι.

the creeping things are there without number; the living things are there, both small and great; there the ships pass through; there is this dragon You formed to play therein. All things wait upon You, that You may give them food in due season. When You give it to them, they shall gather it; when You open Your hand, all things shall be filled with Your goodness. But when You turn Your face away, they shall be troubled; when You take away their breath, they shall die and return again to their dust. You shall send forth Your Spirit, and they shall be created, and You shall renew the face of the earth. Let the glory of the Lord be forever; the Lord shall be glad in His works; He looks upon the earth and makes it tremble; He touches the mountains, and they smoke. I will sing to the Lord all my life; I will sing to my God as long as I exist; may my words be pleasing to Him, and I shall be glad in the Lord. May sinners cease from the earth, and the lawless, so as to be no more. Bless the Lord, O my soul.

The sun knows its setting. You established darkness, and it was night.

O Lord, Your works shall be magnified greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Our hope, O Lord, glory to You.

Ἀπαγγελλομένου ἐπίσης τοῦ Προοιμιακοῦ, ὁ Ἱερεὺς ἵσταται ἀσκεπὴς ἐνώπιον τῆς ἁγίας Τραπέζης ἢ καὶ ἐνώπιον τῆς εἰκόνης τοῦ Σωτῆρος Χριστοῦ, ἱστάμενος ἐπὶ τοῦ Σολέα (ὡς ἐν τῷ Ὁρθρῳ), καὶ ἀναγινώσκει μυστικῶς τὰς Εὐχὰς τοῦ Λιχνικοῦ·

ΙΕΡΕΥΣ (μυστικῶς)

ΕΥΧΗ ΠΡΩΤΗ

Κύριε, οἰκτίρμον καὶ ἐλεῆμον, μακρόθυμε καὶ πολυέλεε, ἐνώτισαι τὴν προσευχὴν ἡμῶν, καὶ πρόσχες τῇ φωνῇ τῆς δεήσεως ἡμῶν· ποιήσον μεθ' ἡμῶν σημεῖον εἰς ἀγαθόν· ὁδήγησον ἡμᾶς ἐν τῇ ὁδῷ σου τοῦ πορεύεσθαι ἐν τῇ ἀληθείᾳ σου· εὐφρανον τὰς καρδίας ἡμῶν, εἰς τὸ φοβεῖσθαι τὸ Ὄνομά σου τὸ ἅγιον· διότι μέγας εἶ σὺ, καὶ ποιῶν θαυμάσια· σὺ εἶ Θεὸς μόνος, καὶ οὐκ ἔστιν ὅμοιός σοι ἐν θεοῖς, Κύριε, δυνατὸς ἐν ἐλέει, καὶ ἀγαθὸς ἐν ἰσχύϊ, εἰς τὸ βοηθεῖν καὶ παρακαλεῖν, καὶ σῶζειν πάντας τοὺς ἐλπίζοντας εἰς τὸ Ὄνομά σου τὸ ἅγιον.

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΔΕΥΤΕΡΑ

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης ἡμᾶς, μηδὲ τῇ ὀργῇ σου παιδεύσης ἡμᾶς, ἀλλὰ ποιήσον μεθ' ἡμῶν κατὰ τὴν ἐπιείκειάν σου, ἱατρὲ καὶ θεραπευτὰ τῶν ψυχῶν ἡμῶν· ὁδήγησον ἡμᾶς ἐπὶ λιμένα θελήματός σου· φώτισον τοὺς ὀφθαλμοὺς τῶν καρδιῶν ἡμῶν, εἰς ἐπίγνωσιν τῆς σῆς ἀληθείας· καὶ δώρησαι ἡμῖν τὸ λοιπὸν τῆς παρούσης ἡμέρας εἰρηνικὸν καὶ ἀναμάρτητον, καὶ πάντα τὸν χρόνον τῆς ζωῆς ἡμῶν·

While the Opening Psalm is being read the Priest, bareheaded and standing in front of the Holy Table, says quietly the following Prayers at the Lighting of the Lamps.

PRIEST (inaudibly)

1st Prayer

O Lord, compassionate and merciful, long-suffering and full of mercy, listen to our prayer and attend to the voice of our supplication. Make for us a sign for good. Guide us in your way, to walk in your truth. Make glad our hearts to fear your holy Name, because you are great and do wondrous things. You alone are God, and there is none like you, O Lord, among gods: powerful in mercy and loving in strength to help and to console and to save all who hope in your holy Name. [EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

2nd Prayer

Lord, do not rebuke us in your anger, nor chastise us in your wrath, but deal with us in accordance with your kindness, physician and healer of our souls. Guide us to the harbour of your will. Enlighten the eyes of our hearts to the knowledge of your truth and grant that the rest of the present day and the whole time of our life may be peaceful and without sin, at the prayers of the holy Mother of God and of all the Saints. [EL]

προσβείαις τῆς ἁγίας Θεοτόκου, καὶ πάντων τῶν Ἁγίων σου.

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΤΡΙΤΗ

Κύριε, ὁ Θεὸς ἡμῶν, μνήσθητι ἡμῶν τῶν ἁμαρτωλῶν καὶ ἀχρείων δούλων σου, ἐν τῷ ἐπικαλεῖσθαι ἡμᾶς τὸ ἅγιον ὄνομά σου, καὶ μὴ κατασχύνῃς ἡμᾶς ἀπὸ τῆς προσδοκίας τοῦ ἐλέους σου, ἀλλὰ χάρισαι ἡμῖν, Κύριε, πάντα τὰ πρὸς σωτηρίαν αἰτήματα· καὶ ἀξιώσον ἡμᾶς ἀγαπᾶν, καὶ φοβεῖσθαι σε ἐξ ὅλης τῆς καρδίας ἡμῶν, καὶ ποιεῖν ἐν πᾶσι τὸ θέλημά σου.

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΤΕΤΑΡΤΗ

Ὁ τοῖς ἀσιγήτοις ὕμνοις καὶ ἀπαύστοις δοξολογίαις ὑπὸ τῶν ἁγίων δυνάμεων ἀνυμνούμενος, πλήρωσον τὸ στόμα ἡμῶν τῆς αἰνέσεώς σου, τοῦ δοῦναι μεγαλωσύνην τῷ ὀνόματί σου τῷ ἁγίῳ· καὶ δὸς ἡμῖν μερίδα καὶ κληρὸν μετὰ πάντων τῶν φοβουμένων σε ἐν ἀληθείᾳ καὶ φυλασσόντων τὰς ἐντολάς σου· προσβείαις τῆς ἁγίας Θεοτόκου καὶ πάντων τῶν ἁγίων σου.

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

3rd Prayer

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will. ^[EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

4th Prayer

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints. ^[EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

Ἄγιώ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΠΕΜΠΤΗ

Κύριε, Κύριε, ὁ τῇ ἀχραντῷ σου παλάμῃ συνέχων τὰ σύμπαντα, ὁ μακροθυμῶν ἐπὶ πάντας ἡμᾶς καὶ μετανοῶν ἐπὶ ταῖς κακίαις ἡμῶν, μνήσθητι τῶν οἰκτιρμῶν σου καὶ τοῦ ἐλέους σου· ἐπίσκεψαι ἡμᾶς ἐν τῇ σῇ ἀγαθότητι· καὶ δὸς ἡμῖν διαφυγεῖν καὶ τὸ λοιπὸν τῆς παρούσης ἡμέρας, ἐκ τῶν τοῦ πονηροῦ ποικίλων μηχανημάτων, καὶ ἀνεπιβούλευτον τὴν ζωὴν ἡμῶν διαφύλαξον, τῇ χάριτι τοῦ Παναγίου σου Πνεύματος.

Ἐλέει καὶ φιλανθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΕΚΤΗ

Ὁ Θεός, ὁ μέγας καὶ θαυμαστός, ὁ ἀνεκδιηγῆτῳ ἀγαθωσύνη καὶ πλουσία προνοία διοικῶν τὰ σύμπαντα· ὁ καὶ τα ἐγκόσμια ἀγαθὰ ἡμῖν δωρησάμενος, καὶ κατεγγυήσας ἡμῖν τὴν ἐπηγγελμένην βασιλείαν, διὰ τῶν ἤδη κεχαρισμένων ἡμῖν ἀγαθῶν· ὁ ποιήσας ἡμᾶς καὶ τῆς νῦν ἡμέρας τὸ παρελθὸν μέρος ἀπὸ παντὸς ἐκκλίνειν κακοῦ, δώρησαι ἡμῖν καὶ τὸ ὑπόλοιπον ἀμέμπτως ἐκτελέσαι, ἐνώπιον τῆς ἀγίας δόξης σου, ὑμνοῦντάς σε τὸν μόνον ἀγαθόν, καὶ φιλάνθρωπον Θεὸν ἡμῶν.

Ὅτι σὺ εἶ ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ

5th Prayer

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault. [EL]

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen. [EL]

6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind. [EL]

For you are our God and to you we give glory, to the Father, the Son and the Holy

καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς
τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΕΒΔΟΜΗ

Ὁ Θεὸς ὁ μέγας καὶ ὑψιστος, ὁ μόνος
ἔχων ἀθανασίαν, φῶς οἰκῶν ἀπρόσιτον, ὁ
πᾶσαν τὴν κτίσιν ἐν σοφίᾳ δημιουργήσας.
Ὁ διαχωρήσας ἀνὰ μέσον τοῦ φωτός, καὶ
ἀνὰ μέσον τοῦ σκότους, καὶ τὸν μὲν ἥλιον
θέμενος εἰς ἐξουσίαν τῆς ἡμέρας, σελήνην
δὲ καὶ ἀστέρας εἰς ἐξουσίαν τῆς νυκτός· ὁ
καταξιώσας ἡμᾶς τοὺς ἁμαρτωλοὺς καὶ
ἐπὶ τῆς παρούσης ὥρας προφθάσαι τὸ
πρόσωπόν σου ἐν ἐξομολογήσει, καὶ τὴν
ἐσπερινὴν σοι δοξολογίαν προσαγαγεῖν·
αὐτός, φιλάνθρωπε Κύριε, κατεύθυνον
τὴν προσευχὴν ἡμῶν ὡς θυμίαμα ἐνώπιόν
σου καὶ πρόσδεξαι αὐτὴν εἰς ὁσμὴν
εὐωδίας. Παράσχου δὲ ἡμῖν τὴν παροῦσαν
ἐσπέραν καὶ τὴν ἐπιούσαν νύκτα εἰρηνικὴν·
ἔνδυσον ἡμᾶς ὅπλα φωτός· ῥῦσαι ἡμᾶς
ἀπὸ φόβου νυκτερινοῦ καὶ ἀπὸ παντός
πράγματος ἐν σκότει διαπορευομένου· καὶ
δὸς ἡμῖν τὸν ὕπνον, ὃν εἰς ἀνάπαυσιν τῇ
ἀσθενείᾳ ἡμῶν ἐδωρήσω, πάσης διαβολικῆς
φαντασίας ἀπηλλαγμένον. Ναί, Δέσποτα
τῶν ἀπάντων, τῶν ἀγαθῶν χορηγέ· ἵνα,
καὶ ἐπὶ ταῖς κοίταις ἡμῶν κατανυγόμενοι,
μνημονεύωμεν ἐν νυκτὶ τοῦ ὀνόματός
σου, καὶ τῇ μελέτῃ τῶν σῶν ἐντολῶν
καταυγαζόμενοι, ἐν ἀγαλλιάσει ψυχῆς
διανιστῶμεν πρὸς δοξολογίαν τῆς σῆς
ἀγαθότητος, δεήσεις καὶ ἱκεσίας τῇ σῇ
εὐσπλαγχνίᾳ προσάγοντες ὑπὲρ τῶν ἰδίων
ἁμαρτημάτων καὶ παντός τοῦ λαοῦ σου,
ὃν ταῖς πρεσβείαις τῆς ἁγίας Θεοτόκου ἐν
ἐλέει ἐπίσκεψαι.

Spirit, now and for ever, and to the ages of
ages. Amen. [EL]

7th Prayer

Great and most high God, who
alone possess immortality, who dwell
in unapproachable light, who fashioned
all creation with wisdom, who made the
separation between the light and the darkness
and who placed the sun to have authority
over the day and the moon and the stars
to have authority over the night, who have
counted us sinners worthy even at this
present hour to come into your presence with
confession and thanksgiving and to offer
you our evening hymn of glory; do you, O
Lord who love mankind, direct our prayer
like incense before you and accept it as a
savour of sweet fragrance. Grant us that the
present evening and the coming night may
be peaceful, clothe us with weapons of light,
deliver us from every night-time fear and
from every deed that walks in darkness. And
give us sleep, which you have bestowed on us
for our rest in our weakness, freed from every
fantasy of the devil. Yes, Master of all things,
giver of blessings, may we also be filled with
compunction on our beds and call to mind
your Name in the night, and enlightened by
meditation on your commandments may we
rise with gladness of soul to give glory to
your loving-kindness, as we bring to your
compassion supplications and entreaties on
behalf of our own sins and those of all your
people. At the prayers of the holy Mother of
God visit them with mercy. [EL]

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς
ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.
Ἀμήν.

*Πληρωθέντος τοῦ Προοιμιακοῦ Ψαλμοῦ, ὁ μὲν
Τερεὺς παραμένει ἐν εὐλαβείᾳ ἐνώπιον τῆς ἁγίας
Τραπεζῆς, ὁ δὲ Διάκονος ποιεῖ σχῆμα πρὸς τὸ Τερέα,
καὶ ἐξελθὼν τοῦ ἱεροῦ Βήματος, διὰ τῆς βορείας
πύλης, καὶ στὰς πρὸ τῆς Ὁραίας πύλης, καὶ βλέπων
κατ' ἐνώπιον τῆς εἰκόνης τοῦ Χριστοῦ, λέγει τὴν
Μεγάλην Συναπτὴν, ἥτοι τὰ "Εἰρηνικά."*

For you, O God, are good and love
mankind, and to you we give glory, Father,
Son and Holy Spirit, now and for ever, and to
the ages of ages. Amen. ^[EL]

*When the Opening Psalm is completed the Priest, in
front of the Holy Table, or the Deacon in his usual place
outside the Holy Doors, says the Litany of Peace.*

ΔΙΑΚΟΝΟΣ

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς ἄνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ἁγίου οἴκου τούτου, καὶ τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῶν εὐσεβῶν καὶ Ὁρθοδόξων Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς πόλεως ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

Ὑπὲρ πλεόντων, ὁδοιπορούντων,
νοσούντων, καμνόντων, αἰχμαλώτων καὶ
τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης
θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ
προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

*Ἀναγινώσκεται τὸ οἰκεῖον Κάθισμα τοῦ
Ψαλτηρίου, ἥτοι Κάθισμα 19. Μεθ' ὃ ἡ μικρὰ Συναπτή.*

ΔΙΑΚΟΝΟΣ

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς

For those who travel by land, sea, and air,
for the sick, the suffering, the captives and for
their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction,
wrath, danger, and necessity, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For to You belong all glory, honor, and
worship, to the Father and to the Son and to
the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

*The appointed Kathisma of the Psalter may be read, i.e.
Kathisma 19. It would be followed by the short litany.*

DEACON

Again and again, in peace, let us pray to the
Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed,
and glorious Lady, the Theotokos and ever-
virgin Mary, with all the saints, let us commend

καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Αγίου
Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Ἦχος πλ. δ'.

Κύριε ἐκέκραξα πρὸς σέ, εἰσάκουσόν
μου, εἰσάκουσόν μου, Κύριε. Κύριε,
ἐκέκραξα πρὸς σέ, εἰσάκουσόν μου·
πρόσχες τῇ φωνῇ τῆς δεήσεώς μου, ἐν τῷ
κεκραγέναι με πρὸς σέ. Εἰσάκουσόν μου,
Κύριε.

Κατευθυνθήτω ἡ προσευχή μου, ὡς
θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν
μου θυσία ἐσπερινή. Εἰσάκουσόν μου,
Κύριε.

Θοῦ, Κύριε, φυλακὴν τῷ στόματί μου, καὶ θύραν
περιοχῆς περὶ τὰ χεῖλη μου.

Μὴ ἐκκλίνης τὴν καρδίαν μου εἰς λόγους
πονηρίας, τοῦ προφασίζεσθαι προφάσεις ἐν
ἀμαρτίαις.

Σὺν ἀνθρώποις ἐργαζομένοις τὴν ἀνομίαν, καὶ
οὐ μὴ συνδυάσω μετὰ τῶν ἐκλεκτῶν αὐτῶν.

Παιδεύσει με δίκαιος ἐν ἐλέει, καὶ ἐλέγξει με,
ἔλαιον δὲ ἀμαρτωλοῦ μὴ λιπανάτω τὴν κεφαλὴν
μου.

Ὅτι ἔτι καὶ ἡ προσευχή μου ἐν ταῖς εὐδοκίαις
αὐτῶν· κατεπόθησαν ἐχόμενα πέτρας οἱ κριταὶ
αὐτῶν.

Ἀκούσονται τὰ ῥήματά μου, ὅτι ἠδύνθησαν·
ὥσεὶ πάχος γῆς ἐρράγη ἐπὶ τῆς γῆς, διεσκορπίσθη τὰ
ὀστᾶ αὐτῶν παρὰ τὸν ἄδην.

ourselves and one another and our whole life to
Christ our God.

(To You, O Lord.)

PRIEST

For Yours is the dominion, and Yours is the
kingdom and the power and the glory, of the Father
and of the Son and of the Holy Spirit, now and
forever and to the ages of ages.

(Amen.)

CHOIR

Mode pl. 4.

Lord, I have cried to You; hear me. Hear
me, O Lord. Lord, I have cried to You; hear
me. Give heed to the voice of my supplication
when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You
as incense, the lifting up of my hands as the
evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of
enclosure about my lips.

Incline not my heart to evil words, to make
excuses in sins.

With men who work lawlessness; and I will not
join with their choice ones.

The righteous man shall correct me with mercy,
and he shall reprove me; but let not the oil of the sinner
anoint my head.

For my prayer shall be intense in the presence of
their pleasures. Their judges are swallowed up by the
rock.

They shall hear my words, for they are pleasant.
As a clod of ground is dashed to pieces on the earth, so
their bones were scattered beside the grave.

Ὅτι πρὸς σέ, Κύριε, Κύριε, οἱ ὀφθαλμοὶ μου· ἐπὶ
σοὶ ἤλπισα, μὴ ἀντανέλης τὴν ψυχὴν μου.

Φύλαξόν με ἀπὸ παγίδος ἧς συνεστήσαντό μοι,
καὶ ἀπὸ σκανδάλων τῶν ἐργαζομένων τὴν ἀνομίαν.

Πεσοῦνται ἐν ἀμφιβλήστῳ αὐτῶν οἱ
ἀμαρτωλοί· κατὰ μόνας εἰμὶ ἐγὼ ἕως ἂν παρέλθω.

Φωνῇ μου πρὸς Κύριον ἐκέκραξα, φωνῇ μου
πρὸς Κύριον ἐδεήθην.

Ἐκχεῶ ἐνώπιον αὐτοῦ τὴν δέησίν μου, τὴν
θλιψίν μου ἐνώπιον αὐτοῦ ἀπαγγελῶ.

Ἐν τῷ ἐκλείπειν ἐξ ἐμοῦ τὸ πνεῦμά μου, καὶ σὺ
ἔγνωσ τὰς τρίβους μου.

Ἐν ὁδῷ ταύτῃ, ἣ ἐπορευόμην, ἔκρυψαν παγίδα
μοι.

Κατενόουν εἰς τὰ δεξιὰ, καὶ ἐπέβλεπον, καὶ οὐκ
ἦν ὁ ἐπιγινώσκων με.

Ἀπώλετο φυγὴ ἀπ' ἐμοῦ, καὶ οὐκ ἔστιν ὁ
ἐκζητῶν τὴν ψυχὴν μου.

Ἐκέκραξα πρὸς σέ, Κύριε εἶπα· Σὺ εἶ ἡ ἐλπίς
μου, μερίς μου εἶ ἐν γῇ ζώντων.

Πρόσχεες πρὸς τὴν δέησίν μου, ὅτι ἐταπεινώθην
σφόδρα.

Ῥῥσαί με ἐκ τῶν καταδιωκόντων με, ὅτι
ἐκραταιώθησαν ὑπὲρ ἐμέ.

Ἐξάγαγε ἐκ φυλακῆς τὴν ψυχὴν μου, τοῦ
ἐξομολογήσασθαι τῷ ὀνόματί σου.

Ἐμὲ ὑπομενοῦσι δίκαιοι, ἕως οὗ ἀνταποδῶς μοι.

Ἐκ βαθέων ἐκέκραξά σοι, Κύριε· Κύριε,
εἰσάκουσον τῆς φωνῆς μου.

Γενηθήτω τὰ ὦτά σου προσέχοντα εἰς τὴν
φωνήν τῆς δεήσεώς μου.

For my eyes, O Lord, O Lord, are toward You; in
You I hope; take not my soul away.

Keep me from the snares they set for me, and from
the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone,
until I escape.

I cried to the Lord with my voice, with my voice I
prayed to the Lord.

I shall pour out my supplication before Him; I
shall declare my affliction in His presence.

When my spirit fainted within me, then You knew
my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one
who knew me.

Refuge failed me, and there was no one who cared
for my soul.

I cried to You, O Lord; I said, "You are my hope,
my portion in the land of the living."

Attend to my supplication, for I was humbled
exceedingly.

Deliver me from my persecutors, for they are
stronger than I.

Bring my soul out of prison to give thanks to Your
name, O Lord.

The righteous shall wait for me, until You reward
me.

Out of the depths I have cried to You, O Lord; O
Lord, hear my voice.

Let Your ears be attentive to the voice of my
supplication.

Στιχηρὰ τοῦ Τριωδίου.

Τοῦ Τριωδίου ---

Ἦχος πλ. δ'. Τί ὑμᾶς καλέσωμεν.

Ἐὰν ἀνομίας παρατηρήσης, Κύριε Κύριε,
τίς ὑποστήσεται; ὅτι παρὰ σοὶ ὁ ἰλασμός
ἐστίν.

Βρῶμα τὴν ἀγάπην ποιούμενοι,
ἐγκρατεία τῶν παθῶν, κατακρατήσωμεν
πιστοί, καὶ Θεῷ τῷ δι' ἡμᾶς, ἀνυψωθέντι
ἐν Σταυρῷ, καὶ λόγχῃ, κεντηθέντι τὴν
πλευράν, βιώσαι, εὐαρέστως ἐπειχθείημεν,
ἵνα τρυφῇς ἀπολαύσωμεν, αἰωνιζούσης καὶ
κρείττονος, δοξάζοντες, τὸν Σωτῆρα τῶν
ψυχῶν ἡμῶν.

Ἦχος πλ. δ'. Τί ὑμᾶς καλέσωμεν.

Ἐνεκεν τοῦ ὀνόματός σου ὑπέμεινά σε,
Κύριε, ὑπέμεινεν ἡ ψυχὴ μου εἰς τὸν λόγον
σου. Ἠλπισεν ἡ ψυχὴ μου ἐπὶ τὸν Κύριον.

Εὐλῶ πάλαι θάνατον εὗρομεν, νῦν
δὲ πάλιν τὴν ζωὴν, διὰ τοῦ ξύλου τοῦ
Σταυροῦ, τῶν παθῶν οὖν τὰς ὁρμάς,
ἀπονεκρώσωμεν πιστοί, καὶ φθάσαι,
τὴν σωτήριον Ἀνάστασιν, τῶν πάντων
Εὐεργέτην δυσωπήσωμεν, πράξεσι θεαίαις
λαμπόμενοι, καὶ ἀρεταῖς καλλυνόμενοι,
δοξάζοντες, τὸν Σωτῆρα τῶν ψυχῶν ἡμῶν.

Ἦχος β'. Τῶν ὑπὲρ νοῦν ἀγαθῶν.

Ἀπὸ φυλακῆς πρωΐας μέχρι νυκτός· ἀπὸ
φυλακῆς πρωΐας ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν
Κύριον.

Τὸν ζωηφόρον Σταυρόν, αἰνοῦμέν
σου Κύριε, καὶ τὰ καθ' ἡμᾶς ἱερά, τῆς
σαρκός σου παθήματα, τὴν λόγχην τε τὴν
σφαγὴν, τοὺς γέλωτας τοὺς ἐμπτυσμούς,
τὰ ῥαπίσματα καὶ τὰ κολαφίσματα,
σὺν τῇ πορφύρᾳ, καὶ τὸ στέφος τὸ
ἀκανθόπλεκτον, ἐν οἷς ἐκ τῆς κατάρας

Stichera of the Triodion.

From Triodion ---

Mode pl. 4. (NM) What shall we call you.

*If You, O Lord, should mark transgression, O
Lord, who would stand? For there is forgiveness
with You. [SAAS]*

O ye faithful, taking love as our food,
through abstinence let us gain control over
our passions; and let us strive to live a life
acceptable to God, who for our sakes was
raised upon the Cross, and His side was
pieced by a spear. So shall we enjoy eternal
blessedness, and glorify the Saviour of our
souls. [KW]

Mode pl. 4. (NM) What shall we call you.

*Because of Your love, O Lord, I waited for
You; my soul waited for Your word. My soul
hopes in the Lord. [SAAS]*

Through a tree we once found death, but
now we find life again through the Tree of the
Cross. Let us then put to death the impulses
of the passions; and with all the faithful let
us pray to the Benefactor of all: that, shining
with the radiance of divine actions and made
beautiful by the virtues, we may attain the
holy Resurrection and glorify the Saviour of
our souls. [KW]

Mode 2.

*From the morning watch until night; from the
morning watch until night, let Israel hope in the
Lord. [SAAS]*

We praise Thy lifegiving Cross, O Lord,
and the holy sufferings of Thy flesh for our
sake: the spear, the death, the derision and
the spitting, blows and buffetings, the purple
robe and crown of thorns, by which Thou
hast redeemed us all and saved us from the

πάντας, ἐκλυτρωσάμενος ἔσωσας ἡμᾶς. Διὸ
δυσωποῦμέν σε· Τῶν Νηστειῶν τὸν χρόνον,
εἰρηνικῶς τελέσαι παράσχου ἡμῖν.

Στιχηρὰ τοῦ Μηναίου.

Τοῦ Μηναίου - - -

Ἦχος δ'. Ως γενναῖον ἐν Μάρτυσι.

Ὅτι παρὰ τῷ Κυρίῳ τὸ ἔλεος καὶ πολλή
παρ' αὐτῷ λύτρωσις, καὶ αὐτὸς λυτρώσεται
τὸν Ἰσραὴλ ἐκ πασῶν τῶν ἀνομιῶν αὐτοῦ.

Πολυώνυμον σύνταγμα, πολυποίκιλα
βάσανα, Ἀθλητῶν ὑπέμεινε, καρτερώτατα,
καὶ πρὸς τὸν μόνον Θεὸν ἡμῶν, μετέστη
γηθόμενον, μυριάσιν Ἱερῶν, Ἀσωμάτων
ἀγάλλεσθαι, ὡς τοῦ δράκοντος, τὰς πολλὰς
μυριάδας ἐκνικῆσαν, τῇ ἐνστάσει τῇ
γενναίᾳ, καὶ τῇ τοῦ Πνεύματος χάριτι.

Αἰνεῖτε τὸν Κύριον, πάντα τὰ ἔθνη,
ἐπαινέσατε αὐτόν, πάντες οἱ λαοί.

Ὁ περιδόξος Μάξιμος, καὶ ὁ μέγας
Τερέντιος, ὁ κλεινὸς Πομπήϊος, καὶ
Μακάριος, Ἀφρικανὸς ὁ θειότατος,
τιμάσθωσαν ἄσμασι, σὺν αὐτοῖς καὶ ὁ
λοιπός, τῶν Μαρτύρων κατάλογος, οἱ
τῷ αἵματι τῷ οἰκείῳ τὴν ἄνω βασιλείαν,
ὠνησάμενοι καὶ δόξης, ἀδιαδόχου
πληρούμενοι.

Ὅτι ἐκραταιώθη τὸ ἔλεος αὐτοῦ ἐφ'
ἡμᾶς, καὶ ἡ ἀλήθεια τοῦ Κυρίου μένει εἰς τὸν
αἰῶνα.

Οὐ λιμὸς οὐδὲ κίνδυνος, οὐ ζῶή
οὐδὲ θάνατος, τῆς ἀγάπης Ἑνδοξοὶ τοῦ
ποιήσαντος, ὑμᾶς χωρίσαι κατίσχυσαν·
διὸ ἐκληρώσασθε, βασιλείαν οὐρανῶν, καὶ

curse. Therefore we entreat Thee: Grant us to
complete in peace the time of the Fast. [KW]

Stichera from the Menaion.

From Menaion - - -

Mode 4. To a brave one.

For with the Lord there is mercy, and with
Him is abundant redemption; and He shall redeem
Israel from all his transgressions. [SAAS]

When the roster of many names * bore
the tortures of many kinds * with profound
endurance, that team of martyr saints * was
gladly transferred from earth below * to be
with our only God * and to celebrate with
hosts * of the Angels and Priests on high, *
for courageously * with the grace of the Spirit
they opposed and they decisively defeated *
the dragon's team and unholy host. [SD]

Praise the Lord, all you Gentiles; praise Him,
all you peoples. [SAAS]

The illustrious Maximus * great St.
Terence and glorious * Pompey and Makarios,
and the most divine * St. Africanus be
honored now * with hymns and with sacred
song, * and with them be honored too *
the whole list of those martyr saints, * who
because they shed * their own blood have
obtained on high the kingdom and are filled
with holy glory * that will continue eternally.

[SD]

For His mercy rules over us; and the truth of
the Lord endures forever. [SAAS]

Truly nothing could separate * you, O
glorious martyr saints, * from the love of
Christ, your Creator and your God, * famine
or peril, nor life nor death. * You therefore

τρυφήν ἀδαπάνητον, καὶ μὴ λήγουσαν,
μηδαμῶς εὐφροσύνην. Ἀλλ' αἰτεῖσθε, καὶ
ἡμῖν ἀγαθοδότως, τὸν ἰλασμόν καὶ τὸ ἔλεος.

Δόξα· καὶ νῦν. **Σταυροθεοτοκίον.**

Ἦχος δ'. Ὡς γενναῖον ἐν Μάρτυσι.

Ὡς ἀμνὸν σε ἐλκόμενον, πρὸς σφαγὴν
τὴν ἐκούσιον, καθορῶσα Δέσποτα ἡ
πανάμωμος, καὶ πολυῦμνητος Μήτηρ σου,
ἐβόα δακρύνουσα· τίς ὁ δρόμος ὁ ταχύς;
ποῦ ἀπέρχῃ παμφίλτατε; συνδραμοῦμαί
σοι, συνθανοῦμαί σοι Λόγε, μὴ ἐάσης, τὴν
ἀσπόρως σε τεκοῦσαν, μεμονωμένην καὶ
ἄτεκνον.

(Εἵσοδος οὐ γίνεται.)

ΑΝΑΓΝΩΣΤΗΣ

Φῶς ἱλαρὸν ἀγίας δόξης, ἀθανάτου
Πατρός, οὐρανίου, ἁγίου, μάκαρος, Ἰησοῦ
Χριστέ, ἐλθόντες ἐπὶ τὴν ἡλίου δύσιν,
ιδόντες φῶς ἐσπερινόν, ὑμνοῦμεν Πατέρα,
Υἱόν, καὶ ἅγιον Πνεῦμα Θεόν. Ἄξιόν σε ἐν
πᾶσι καιροῖς, ὑμνεῖσθαι φωναῖς αἰσίοις,
Υἱὲ Θεοῦ, ζωὴν ὁ διδούς· * διὸ ὁ κόσμος σὲ
δοξάζει.

Τὰ Ἀναγνώσματα

ΙΕΡΕΥΣ

Ἑσπέρας...

Τοῦ Τριωδίου - -

ΑΝΑΓΝΩΣΤΗΣ

Προκείμενον. Ἦχος δ'.

Ψαλμὸς ΠΘ' (89).

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν.

inherited * inexhaustible delight * and the joy
and beatitude that will never end, * and the
kingdom of heaven. We entreat you, pray that
mercy and forgiveness * may be sent down to
us graciously. [SD]

Glory. Both now. **Stavrotheotokion.**

Mode 4. To a brave one.

As the all-blameless Lady watched * You
be led as a lamb, O Lord, * to be voluntarily
slaughtered for our sakes, * she who is lauded
exceedingly, * Your Mother, cried out and
wept: * "Why the speedy pace, my Son? * My
beloved, where go You now? * May I come
along, * and be buried along with You, O
Logos? I gave birth to You without seed: * so
do not leave me now childless." [SD]

(No Entrance)

READER

Gladsome light of holy glory of the holy,
blessed, heavenly, immortal Father, O Jesus
Christ: arriving at the hour of sunset and
having seen the evening light, we praise the
Father, Son, and Holy Spirit, God. It is worthy
for You to be praised at all times with happy
voices, O Son of God and Giver of life; * and
therefore the world glorifies You.

The Readings

PRIEST

The evening...

From Triodion - -

READER

Prokeimenon. Mode 4.

Psalms 89 (90).

O Lord, You became a refuge to us.

Καὶ ἔστω ἡ λαμπρότης Κυρίου τοῦ Θεοῦ
ἡμῶν ἐφ' ἡμᾶς.

Γενέσεως τὸ ἀνάγνωσμα.

ΙΕΡΕΥΣ

Σοφία. Πρόσχωμεν.

ΑΝΑΓΝΩΣΤΗΣ

Κεφ. ΙΕ', 1-15

Ἐγένετο ῥῆμα Κυρίου πρὸς Ἀβραμ
ἐν ὁράματι τῆς νυκτός, λέγων· Μὴ φοβοῦ
Ἀβραμ, ἐγὼ ὑπερασπίζω σου. Ὁ μισθός
σου πολὺς ἔσται σφόδρα. Λέγει δὲ Ἀβραμ·
Δέσποτα Κύριε, τί μοι δώσεις; ἐγὼ δὲ
ἀπολύομαι ἄτεκνος. Ὁ δὲ υἱὸς Μασέκ
τῆς οἰκογενοῦς μου, οὗτος Δαμασκὸς
Ἐλιέζερ. Καὶ εἶπεν Ἀβραμ· Ἐπειδὴ ἐμοὶ
οὐκ ἔδωκας σπέρμα, ὁ δὲ οἰκογενής
μου κληρονομήσει με. Καὶ εὐθὺς φωνὴ
Κυρίου ἐγένετο πρὸς αὐτόν, λέγουσα· Οὐ
κληρονομήσει σε οὗτος, ἀλλ' ὃς ἐξελεύσεται
ἐκ σοῦ, οὗτος κληρονομήσει σε. Ἐξήγαγε
δὲ αὐτόν ἔξω, καὶ εἶπεν αὐτῷ· Ἀνάβλεψον
εἰς τὸν οὐρανόν, καὶ ἀρίθμησον τοὺς
ἀστέρας, εἰ δυνήσῃ ἐξαριθμῆσαι αὐτούς,
καὶ εἶπεν· Οὕτως ἔσται τὸ σπέρμα σου. Καὶ
ἐπίστευσεν Ἀβραμ τῷ Θεῷ, καὶ ἐλογίσθη
αὐτῷ εἰς δικαιοσύνην. Εἶπε δὲ πρὸς αὐτόν·
Ἐγὼ ὁ Θεός, ὁ ἐξαγαγὼν σε ἐκ χώρας
Χαλδαίων, ὥστε δοῦναί σοι τὴν γῆν ταύτην
κληρονομήσαι. Εἶπε δέ, Δέσποτα Κύριε,
κατὰ τί γνώσομαι, ὅτι κληρονομήσω
αὐτήν; Εἶπε δὲ αὐτῷ· Λάβε μοι δάμαλιν
τριετίζουσιν, καὶ αἶγα τριετίζουσιν,
καὶ κριὸν τριετίζοντα, καὶ τρυγόνα, καὶ
περιστεράν. Ἔλαβε δὲ αὐτῷ πάντα ταῦτα,
καὶ διεῖλεν αὐτὰ μέσα, καὶ ἔθηκεν αὐτὰ
ἀντιπρόσωπα ἀλλήλοις· τὰ δὲ ὄρνεα οὐ
διεῖλε· κατέβη δὲ τὰ ὄρνεα ἐπὶ τὰ σώματα,
τὰ διχοτομήματα αὐτῶν, καὶ συνεκάθισεν

And let the brightness of the Lord our God be
upon us. [SAAS]

The reading is from the book of Genesis.

PRIEST

Wisdom. Let us be attentive.

READER

15:1-15

The Word of the Lord came to Abram in
a vision, saying, "Do not be afraid, Abram. I
am your shield and will be your exceedingly
great reward." But Abram said, "Lord, what
will You give me, seeing I go childless, and
the heir of my house is Eliezer of Damascus,
the son of Masek, my domestic maidservant?"
Then Abram said, "Look, You have given me
no offspring; indeed, my household servant
is my heir." And immediately the Voice of
the Lord came to him, saying, "This one shall
not be your heir, but the One who will come
from your own body shall be your heir." Then
He brought him outside and said to him,
"Look now toward heaven, and count the
stars if you are able to number them." And
He said to him, "So shall your seed be." And
Abram believed God, and He accounted it
to him for righteousness. Then He said to
him, "I am the God who brought you out of
Ur of the Chaldeans, to give you this land to
inherit it." And he said, "Master and Lord,
how will I know I will inherit it?" So He said
to him, "Bring Me a three-year-old heifer,
a three-year-old female goat, a three-year-
old ram, a turtledove, and a young pigeon."
So he brought all these to Him and cut them
in half, down the middle, and placed each
piece opposite the other; but he did not cut
the birds in two. And when the vultures
came down on the carcasses, Abram drove

αὐτοῖς Ἀβραμ. Περὶ δὲ ἡλίου δυσμᾶς,
ἔκστασις ἐπέπεσε τῷ Ἀβραμ· καὶ ἰδοὺ,
φόβος σκοτεινὸς μέγας ἐμπίπτει αὐτῷ·
καὶ ἐρρέθη πρὸς Ἀβραμ· Γινώσκων γνώση,
ὅτι πάροικον ἔσται τὸ σπέρμα σου ἐν γῇ
οὐκ ἰδίᾳ, καὶ δουλώσουσιν αὐτούς, καὶ
κακώσουσιν αὐτούς, καὶ ταπεινώσουσιν
αὐτοὺς τετρακόσια ἔτη· τὸ δὲ ἔθνος, ᾧ ἐὰν
δουλεύσωσι, κρινῶ ἐγώ· μετὰ δὲ ταῦτα
ἐξελεύσονται ὧδε μετὰ ἀποσκευῆς πολλῆς.
Σὺ δὲ ἀπελεύση πρὸς τοὺς πατέρας σου ἐν
εἰρήνῃ, τραφεὶς ἐν γήρᾳ καλῷ.

Προκείμενον. Ἦχος πλ. α'.

Ψαλμὸς C' (90).

Ὁ κατοικῶν ἐν βοηθείᾳ τοῦ Ὑψίστου.

Ἐρεῖ τῷ Κυρίῳ· Ἀντιλήπτωρ μου εἶ.

Παροιμιῶν τὸ ἀνάγνωσμα.

ΙΕΡΕΥΣ

Σοφία. Πρόσχωμεν.

ΑΝΑΓΝΩΣΤΗΣ

Κεφ. ΙΕ', 7-19

Χεὶλη σοφῶν δέδεταί αἰσθήσει, καρδίαι
δὲ ἀφρόνων οὐκ ἀσφαλεῖς, θυσίαι ἀσεβῶν,
βδέλυγμα Κυρίῳ, εὐχαὶ δὲ κατευθυνόντων,
δεκταὶ παρ' αὐτῷ. Βδέλυγμα Κυρίῳ· Ὅδοι
ἀσεβῶν, διώκοντας δὲ δικαιοσύνην ἀγαπᾷ.
Παιδεία ἀκάκου γνωρίζεται ὑπὸ τῶν
παριόντων, οἱ δὲ μισοῦντες ἐλέγχους,
τελευτῶσιν αἰσχροῶς. Αἰδῆς καὶ ἀπώλεια
φανερὰ παρὰ τῷ Κυρίῳ, πῶς οὐχὶ καὶ αἱ
καρδίαι τῶν ἀνθρώπων; οὐκ ἀγαπήσει
ἀπαίδευτος τοὺς ἐλέγχοντας αὐτόν,
μετὰ δὲ σοφῶν οὐχ ὁμιλήσει. Καρδίας
εὐφραينوμένης θάλλει πρόσωπον, ἐν δὲ

them away. Now around sunset, a trance
fell upon Abram; and behold, horror and
great darkness fell upon him. Then He said to
Abram, "Know for certain that your seed will
be strangers in a land not their own, and will
serve them; and they will afflict and humble
them four hundred years. Also, the nation
they serve I will judge; and afterward, they
shall come out with great possessions. But as
for you, you shall go to your fathers in peace,
buried in a good old age." [SAAS]

Prokeimenon. Mode pl. 1.

Psalm 90 (91).

He who dwells in the help of the Most
High.

He shall say to the Lord, "You are my
protector." [SAAS]

The reading is from the Proverbs of
Solomon.

PRIEST

Wisdom. Let us be attentive.

READER

15:8-21

The lips of the wise are bound by
perception, but the hearts of those without
discernment are not safe. The sacrifices of
the ungodly are an abomination to the Lord,
but the prayers of the upright are acceptable
with Him. The ways of the ungodly are an
abomination to the Lord, but He loves those
who pursue righteousness. The instruction
of the simple is known by those who pass
by, but those who hate reproofs will die
shamefully. Hades and destruction are
manifest before the Lord; how can the hearts
of men not be also? An uninstructed man

λύπαις οὐσης, σκυθρωπάζει. Καρδία ὀρθὴ
ζητεῖ αἴσθησιν, στόμα δὲ ἀπαιδεύτων
γνώσεται κακά. Πάντα τὸν χρόνον οἱ
ὀφθαλμοὶ τῶν κακῶν προσδέχονται κακά,
οἱ δὲ ἀγαθοὶ ἡσυχάζουσι διαπαντός.
Κρεῖσσον μερὶς μικρὰ μετὰ φόβου Θεοῦ,
ἢ θησαυροὶ μεγάλοι μετὰ ἀφοβίας.
Κρεῖσσον ξενισμὸς μετὰ λαχάνων
πρὸς φιλίαν καὶ χάριν, ἢ παράθεις
μόσχων μετὰ ἔχθρας. Ἀνὴρ θυμώδης
παρασκευάζει μάχας· μακρόθυμος δὲ καὶ
τὴν μέλλουσαν καταπραΰνει. Μακρόθυμος
ἀνὴρ κατασβέσει κρίσεις. Ὁ δὲ ἀσεβὴς
ἐγείρει μᾶλλον. Ὅδοι ἀέργων ἐστρωμέναι
ἀκάνθαις, αἱ δὲ τῶν ἀνδρείων λεῖαι.

ΑΝΑΓΝΩΣΤΗΣ

Καταξίωσον, Κύριε, ἐν τῇ ἑσπέρᾳ
ταύτῃ, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.
Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων
ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ
ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν. Γένοιτο,
Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ
ἡλπίσαμεν ἐπὶ σέ. Εὐλογητὸς εἶ, Κύριε,
δίδαξόν με τὰ δικαιώματά σου. Εὐλογητὸς
εἶ, Δέσποτα, συνέτισον μὲ τὰ δικαιώματά
σου. Εὐλογητὸς εἶ, Ἄγιε, φώτισόν με τοῖς
δικαιώμασί σου. Κύριε, τὸ ἔλεός σου εἰς τὸν
αἰῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδῃς.
Σοὶ πρέπει αἶνος, σοὶ πρέπει ὕμνος, σοὶ
δόξα πρέπει, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

will not love those who reprove him, and he
will not keep company with the wise. When
one's heart is glad, his face is cheerful, but
when it is in grief, his face is sad. The upright
heart seeks perception, but the mouth of the
uninstructed will know evil things. The eyes
of evil men are waiting for evil things all the
time, but good men are at rest continually.
Better is a small portion with the fear of the
Lord than great treasures with lack of fear.
Better is a dinner of herbs with friendship
and grace than a fatted calf with hostility.
An angry man stirs up contention, but a
longsuffering man even calms the rising
quarrel. A longsuffering man will extinguish
condemnations, but the ungodly man stirs up
more. The ways of idle men are strewn with
thorny plants, but the thorny plants of the
courageous are worn smooth. [SAAS]

READER

O Lord, keep us this evening without
sin. Blessed are you, O Lord, God of our
fathers, and praised and glorified is your
name to the ages. Amen. O Lord, let your
mercy be upon us for we have set our hope
in you. Blessed are you, O Lord, teach me
your commandments. Blessed are you,
Master, grant me understanding of your
commandments. Blessed are you, Holy One,
enlighten me with your commandments.
Lord, your mercy is forever. Do not despise
the works of your hands. To you is due praise,
to you is due song, to you is due glory, to the
Father and the Son and the Holy Spirit, now
and forever and to the ages of ages. [HC]

(Amen.)

ΔΙΑΚΟΝΟΣ

Πληρώσωμεν τὴν ἑσπερινὴν δέησιν
ἡμῶν τῷ Κυρίῳ.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τὴν ἑσπέραν πᾶσαν τελείαν, ἀγίαν,
εἰρηνικὴν καὶ ἀναμάρτητον, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Ἄγγελον εἰρήνης, πιστὸν ὁδηγόν,
φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων
ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Συγγνώμην καὶ ἄφεσιν τῶν ἁμαρτιῶν
καὶ τῶν πλημμελημάτων ἡμῶν, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς
ἡμῶν καὶ εἰρήνην τῷ κόσμῳ, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τὸν ὑπόλοιπον χρόνον τῆς ζωῆς ἡμῶν
ἐν εἰρήνῃ καὶ μετάνοιᾳ ἐκτελέσαι, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Χριστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν,
ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικά, καὶ
καλὴν ἀπολογία τὴν ἐπὶ τοῦ φοβεροῦ
βήματος τοῦ Χριστοῦ αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἀγίων μνημονεύσαντες,

DEACON

Let us complete our evening prayer to the
Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect,
holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a
guardian of our souls and bodies, let us ask
the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and
transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for
our souls, and for peace for the world, let us
ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time
of our life in peace and repentance, let us ask
the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our
life, peaceful, without shame and suffering,
and for a good defense before the awesome
judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς
ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΔΙΑΚΟΝΟΣ

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίῳ κλίνομεν.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

Κύριε, ὁ Θεὸς ἡμῶν, ὁ κλίνας οὐρανοὺς καὶ
καταβάς ἐπὶ σωτηρίᾳ τοῦ γένους τῶν ἀνθρώπων,
ἔπιδε ἐπὶ τοὺς δούλους σου καὶ ἐπὶ τὴν κληρονομίαν
σου· σοὶ γὰρ τῷ φοβερῷ καὶ φιλανθρώπῳ κριτῇ
οἱ σοὶ δούλοι ὑπέκλιναν τὰς κεφαλὰς, τοὺς δὲ
αὐτῶν ὑπέταξαν ἀχένας, οὐ τὴν ἐξ ἀνθρώπων
ἀναμένοντες βοήθειαν, ἀλλὰ τὸ σὸν περιμένοντες
ἔλεος καὶ τὴν σὴν ἀπεκδεχόμενοι σωτηρίαν·
οὓς διαφύλαξον ἐν παντὶ καιρῷ καὶ κατὰ τὴν
παροῦσαν ἑσπέραν καὶ τὴν προσιοῦσαν νύκτα,
ἀπὸ παντὸς ἐχθροῦ, ἀπὸ πάσης ἀντικειμένης
ἐνεργίας διαβολικῆς, καὶ διαλογισμῶν ματαίων καὶ
ἐνθυμήσεων πονηρῶν.

ΙΕΡΕΥΣ

Εἴη τὸ κράτος τῆς βασιλείας σου
εὐλογημένον καὶ δεδοξασμένον, τοῦ
Πατρὸς, καὶ τοῦ Υἱοῦ, καὶ τοῦ ἁγίου
Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας
τῶν αἰώνων.

(Ἀμήν.)

(To You, O Lord.)

PRIEST

For You, O God, are good and love
mankind, and to You we offer glory, to the
Father and to the Son and to the Holy Spirit,
now and forever, and to the ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST (in a low voice)

Lord our God, who bowed the heavens and came
down for the salvation of the human race, look upon
your servants and upon your inheritance, for to you,
the fearful Judge who love mankind, your servants
have bowed their heads and inclined their necks, not
waiting for any human help, but awaiting your mercy
and looking for your salvation. Guard them at every
moment, during both the present evening and the
approaching night, from every foe, from every hostile
operation of the devil and from vain thoughts and evil
desires.

PRIEST

May the might of your kingdom be
blessed and glorified, of the Father and the
Son and the Holy Spirit, now and forever and
to the ages of ages.

(Amen.)

Τοῦ Τριωδίου ---

ΧΟΡΟΣ**Ἀπόστιχα. Τοῦ Τριωδίου.****Ἰδιόμελον. Ἦχος πλ. α'.**

Ἐξοστρακισθεὶς τῆς εὐθείας ὁδοῦ σου,
 ὑπὸ παθῶν ὁ δύστηνος κατεκρημνίσθην
 εἰς βάραθρον. Λευΐτης δὲ σὺν Ἱερεὶ
 ἀθροισθέντες, ἀπηξίωσαν, σὺ δὲ Χριστέ
 με ἠλέησας, καὶ τῷ ὅπλῳ τῷ τοῦ Σταυροῦ,
 τῆς ἁμαρτίας τὸ ἔγγραφον διαρρήξας,
 τῇ ἀπαθείᾳ ἐλάμπρυνας, καὶ τῷ Πατρὶ
 σύναδρόν με πεποίηκας· ὅθεν κραυγάζω·
 Ἀκατάληπτε Κύριε, δόξα σοι.

Ἰδιόμελον. Ἦχος πλ. δ'.**Στίχ.** Πρὸς σὲ ἦρα τοὺς ὀφθαλμούς

μου τὸν κατοικοῦντα ἐν τῷ οὐρανῷ. Ἴδου ὡς
 ὀφθαλμοὶ δούλων εἰς χεῖρας τῶν Κυρίων
 αὐτῶν, ὡς ὀφθαλμοὶ παιδίσκης εἰς χεῖρας
 τῆς Κυρίας αὐτῆς, οὕτως οἱ ὀφθαλμοὶ
 ἡμῶν πρὸς Κύριον τὸν Θεὸν ἡμῶν, ἕως οὗ
 οἰκτερῆσαι ἡμᾶς.

Ἐξ Ἱερουσαλὴμ κατέβην ἀπολισθήσας,
 τῶν ἐν αὐτῇ τοῖς ἔθνεσιν, γραφέντων
 ἐνταλμάτων σου· εἰς Ἱεριχὼ δὲ
 πορευόμενος, τῇ πρὸς μιμήσει ὁρμῇ, τῶν ἐν
 αὐτῇ πάλαι διὰ κακίαν, ὑπὸ σοῦ πρὸς φόνον
 ἐκδοθέντων τῷ λαῷ σου, διὰ τῆς παρακοῆς,
 ψυχοφθόροις ἐνέτυχον πάθεσιν, ὡς
 λησταῖς, ὑφ' ὧν πληγέντα, καὶ παραβραχὺ
 θανατωθέντα, ὁ τοῖς ἡλοῖς καὶ τῇ λόγῃ, τὸ
 σῶμα τραυματισθεὶς ἐκουσίως διὰ ἁμαρτίας
 ἀνθρώπων, καὶ τὴν κοινὴν τελέσας διὰ
 Σταυροῦ σωτηρίαν ἐν Ἱερουσαλὴμ, ἴασαί με
 Κύριε, καὶ σῶσόν με.

From Triodion ---

CHOIR**Aposticha. From the Triodion.****Idiomelon. Mode pl. 1.**

Banished from Thy straight path through
 the passions, in my wretchedness I have fallen
 headlong down into the pit. The Levite and
 the Priest, passing by together, turned from
 me with disdain; but Thou, O Christ, hast
 taken pity on me. Tearing up the record of
 my sins with the weapon of the Cross, Thou
 hast freed me from the passions and glorified
 me, enthroning me beside the Father. And so I
 cry aloud: O Lord beyond my understanding,
 glory to Thee. [KW]

Idiomelon. Mode pl. 4.

Verse: *I lift my eyes to You, who dwell
 in heaven. Behold, as the eyes of servants look
 to the hands of their masters, as the eyes of the
 maidservant look to the hands of her mistress, so
 our eyes look to the Lord our God until He shall
 have compassion on us. [SAAS]*

I went down from Jerusalem, slipping
 away from the commandments which Thou
 hast written there for all the nations; and I
 journeyed to Jericho, yielding to my lusts like
 the dwellers there of old, whom Thou gavest
 to be slaughtered by Thy people because of
 their sins. Through my disobedience I fell
 into soul-destroying passions as though into
 the hands of thieves; beating me, they left me
 almost dead. O Lord, who for the sins of men
 willingly wast wounded in Thy body by the
 nails and the spear, who hast brought to pass
 the salvation of us all through the Cross in
 Jerusalem, heal me and save me. [KW]

Μαρτυρικόν.

Ἦχος πλ. δ'.

Στίχ. Ἐλέησον ἡμᾶς, Κύριε,
ἐλέησον ἡμᾶς, ὅτι ἐπὶ πολὺ ἐπλήσθημεν
ἐξουδενώσεως, ἐπὶ πλεῖον ἐπλήσθη ἡ ψυχὴ
ἡμῶν. Τὸ ὄνειδος τοῖς εὐθηνούσι, καὶ ἡ
ἐξουδένωσις τοῖς ὑπερηφάνοις.

Οἱ Μάρτυρές σου Κύριε, ἐπιλαθόμενοι
τῶν ἐν τῷ βίῳ, καταφρονήσαντες καὶ
τῶν βασάνων, διὰ τὴν μέλλουσαν ζωὴν,
ταύτης κληρονόμοι ἀνεδείχθησαν· ὅθεν
καὶ Ἀγγέλοις συναγάλλονται. Αὐτῶν ταῖς
ἱκεσίαις, δώρησαι τῷ λαῷ σου, τὸ μέγα
ἔλεος.

Δόξα· καὶ νῦν. **Θεοτοκίον.**

Ἦχος πλ. δ'. Κύριε, εἰ καὶ κριτηρίῳ.

Κύριε, ὅτε σὲ ὁ ἥλιος εἶδεν, ἐπὶ τοῦ
ξύλου κρεμάμενον, Ἥλιε τῆς δικαιοσύνης,
τὰς ἀκτῖνας ἐναπέκρυψε, καὶ ἡ σελήνη
τὸ φῶς, εἰς σκότος μετεβάλετο, ἡ δὲ
πανάμωμός σου Μήτηρ, τὰ σπλάγχνα
διετέτρωτο.

ΙΕΡΕΥΣ

Ὦδὴν τοῦ Θεοδόχου Συμεών.

Νῦν ἀπολύεις τον δοῦλόν σου, Δέσποτα,
κατὰ τὸ ῥῆμά σου, ἐν εἰρήνῃ· ὅτι εἶδον
οἱ ὀφθαλμοί μου τὸ σωτήριόν σου, ὃ
ἠτοίμασας κατὰ πρόσωπον πάντων τῶν
λαῶν· φῶς εἰς ἀποκάλυψιν ἐθνῶν, καὶ
δόξαν λαοῦ σου Ἰσραήλ.

ΛΑΟΣ

Τρισάγιον.

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

For the Martyrs.

Mode pl. 4.

Verse: *Have mercy on us, O Lord, have
mercy on us, for we are greatly filled with
contempt; our soul is greatly filled with it. We are
a disgrace to those who prosper, and a contempt to
the arrogant.* [SAAS]

The martyrs, O Lord, forgetting the things
of the present life, and despising torture
in their longing for the life to come, were
granted this eternal life as their inheritance,
and now they rejoice with the angels. At their
supplications bestow upon Thy people Thy
great mercy. [KW]

Glory. Both now. **Theotokion.**

Mode pl. 4.

O Lord, the Sun of righteousness, when
the sun beheld Thee hanging on the Wood,
it hid its rays, and the light of the moon was
changed to darkness; and Thine all-blameless
Mother was pierced to the very heart. [KW]

PRIEST

Song of Simeon.

Lord, now You are letting Your servant
depart in peace, according to Your word; for
my eyes have seen Your salvation which You
have prepared before the face of all peoples.
A light to bring revelation to the Gentiles, and
the glory of Your people Israel. [NKJV]

PEOPLE

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε,
ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα,
συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε,
ἐπίσκεψαι καὶ ἰάσαι τὰς ἀσθενείας ἡμῶν,
ἐνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς,
ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ
βασιλεία σου. Γενηθήτω τὸ θέλημά σου,
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ
ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ
εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι
ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις
καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ
Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Τοῦ Ὡρολογίου - - -

Ἀπολυτίκια. Ἦχος πλ. α'.

Θεοτόκε Παρθέने, χαῖρε κεχαριτωμένη
Μαρία, ὁ Κύριος μετὰ σοῦ· εὐλογημένη σὺ
ἐν γυναιξί, καὶ εὐλογημένος ὁ καρπὸς τῆς
κοιλίας σου, ὅτι Σωτῆρα ἔτεκες τῶν ψυχῶν
ἡμῶν.

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

All-holy Trinity, have mercy on us.
Lord, forgive our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Our Father, who art in heaven, hallowed
be Thy name. Thy kingdom come, Thy will
be done, on earth as it is in heaven. Give us
this day our daily bread; and forgive us our
trespasses, as we forgive those who trespass
against us. And lead us not into temptation,
but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power
and the glory, of the Father and of the Son
and of the Holy Spirit, now and forever and to
the ages of ages.

(Amen.)

CHOIR

From Horologion - - -

Apolytikia. Mode pl. 1.

O Virgin Theotokos, rejoice, Mary full
of grace. The Lord is with you. Blessed are
you among women, and blessed is the fruit of
your womb; for you have borne the Savior of
our souls [SD]

Βαπτιστὰ τοῦ Χριστοῦ, πάντων ἡμῶν
μνήσθητι, ἵνα ῥυσθῶμεν τῶν ἀνομιῶν
ἡμῶν· σοὶ γὰρ ἐδόθη χάρις πρεσβεῦειν ὑπὲρ
ἡμῶν.

Δόξα.

Ἰκετεύσατε ὑπὲρ ἡμῶν, ἅγιοι
Ἀπόστολοι, καὶ Ἅγιοι πάντες, ἵνα ῥυσθῶμεν
κινδύνων καὶ θλίψεων, ὑμᾶς γὰρ θερμούς
προστάτας, πρὸς τὸν Σωτῆρα κεκτήμεθα.

*Τὸ τελευταῖον τοῦτο τροπάριον κατὰ τὴν
ἀρχαίαν τάξιν λέγεται χῦμα ὑπὸ τοῦ ἀναγνώστου.
Σήμερον ὁμως συνήθως ψάλλεται καὶ τοῦτο, ὡς καὶ τὰ
προηγούμενα.*

Καὶ νῦν.

Ὑπὸ τὴν σὴν εὐσπλαγχνίαν,
καταφεύγομεν Θεοτόκε, τὰς ἡμῶν
ἱκεσίας μὴ παρίδῃς ἐν περιστάσει, ἀλλ' ἐκ
κινδύνων λύτρωσαι ἡμᾶς, μόνη Ἀγνή, μόνη
εὐλογημένη.

ΑΝΑΓΝΩΣΤΗΣ

Κύριε, ἐλέησον. (μ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

ΙΕΡΕΥΣ

Ὁ ὢν εὐλογητός, Χριστὸς ὁ Θεὸς ἡμῶν,
πάντοτε, νῦν, καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας
τῶν αἰώνων.

(Ἀμήν.)

Ἐπουράνιε Βασιλεῦ, τοὺς πιστοὺς
ἄρχοντας ἡμῶν στερέωσον· τὴν πίστιν

O Baptist of Christ, be mindful of us all,
that we may be delivered from our iniquities;
for unto you was given the grace to intercede
for us. [SD]

Glory.

Entreat earnestly for us, O holy Apostles
and all Saints, that we be delivered from
peril and affliction; for you are our fervent
advocates before the Savior. [SD]

*This final troparion, according to older rules, is simply
recited by the Reader. In current practice, however, it is
usually, sung much like the preceding hymns.*

Both now.

Beneath your tender compassion we
take refuge, O Theotokos. Despise not our
supplications in distress, but deliver us from
all peril. You alone are pure; you alone are
blessed. [SD]

READER

Lord, have mercy. (40)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify.

In the name of the Lord, Father, bless!

PRIEST

Blessed are You, Christ our God, always
now and forever and to the ages of ages.

(Amen.)

O heavenly King, uphold our rulers,
strengthen the Faith, calm the nations, give

στήριξον· τὰ ἔθνη πρᾶννον· τὸν κόσμον
εἰρήνευσον· τὴν ἁγίαν Ἐκκλησίαν (ἡ
Μονήν) ταύτην καλῶς διαφύλαξον· τοὺς
προαπελθόντας πατέρας καὶ ἀδελφούς
ἡμῶν ἐν σκηναῖς δικαίων τάξον· καὶ ἡμᾶς
ἐν μετανοίᾳ καὶ ἑξομολογήσει παράλαβε,
ὡς ἀγαθὸς καὶ φιλόανθρωπος.

(Ἀμήν.)

Εὐχή τοῦ Ἁγίου Ἐφραίμ

Κύριε καὶ Δέσποτα τῆς ζωῆς μου,
πνεῦμα ἀργίας, περιεργίας, φιλαρχίας καὶ
ἀργολογίας μὴ μοι δῶς.

Πνεῦμα δὲ σωφροσύνης,
ταπεινοφροσύνης, ὑπομονῆς καὶ ἀγάπης
χάρισαί μοι τῷ σῶ δούλῳ.

Ναί, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ
ὁρᾶν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν
τὸν ἀδελφόν μου.

Ὅτι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

ΑΝΑΓΝΩΣΤΗΣ

Κύριε, ἐλέησον. (ιβ')

Παναγία Τριάς, τὸ Ὁμοούσιον κράτος,
ἡ ἀδιαίρετος βασιλεία, ἡ πάντων τῶν
ἀγαθῶν αἰτία, εὐδόκησον δὴ καὶ ἐπ' ἐμοὶ
τῷ ἁμαρτωλῷ· στήριξον, συνέτισον τὴν
καρδίαν μου, καὶ πᾶσαν περίελέ μου τὴν
βεβηλότητα· φώτισόν μου τὴν διάνοιαν, ἵνα
διὰ παντὸς δοξάζω, ὑμνῶ, προσκυνῶ καὶ
λέγω· Εἷς Ἅγιος, εἷς Κύριος, Ἰησοῦς Χριστός,
εἰς δόξαν Θεοῦ Πατρός. Ἀμήν.

Εἴη τὸ ὄνομα Κυρίου εὐλογημένον ἀπὸ
τοῦ νῦν καὶ ἕως τοῦ αἰῶνος. (ἐκ γ')

Ψαλμὸς ΛΓ' (33).

Εὐλογήσω τὸν Κύριον ἐν παντὶ
καιρῷ, διὰ παντὸς ἡ αἵνεσις αὐτοῦ ἐν τῷ

peace to the world. Protect this holy Church
(or, Monastery); grant our departed fathers
and brethren that they may dwell with
the righteous, and accept us in repentance
and confession; for You are good and love
mankind.

(Amen.)

Prayer of St. Ephraim

O Lord and Master of my life, do not
permit the spirit of laziness and meddling, the
lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit
of prudence, humility, patience and love.

Yes, Lord and King, give me the power
to see my own faults and not to judge my
brother.

For you are blessed unto the ages of ages.
Amen. [HC]

READER

Lord, have mercy. (12)

All-Holy Trinity, the consubstantial
dominion, the indivisible rule, and cause
of every good: be well pleased, even with
regard to me a sinner. Strengthen my heart
and grant it understanding, and take away
all my defilement. Illumine my mind, so that
I may ever glorify, praise, worship, and say:
One is Holy, One is Lord, Jesus Christ, to the
Glory of God the Father. Amen.

Blessed be the name of the Lord, from this
time forth and to the ages. (3)

Psalms 33 (34).

I will bless the Lord at all times; His
praise shall continually be in my mouth. My

στόματί μου. Ἐν τῷ Κυρίῳ ἐπαινεθήσεται ἡ ψυχὴ μου· ἀκουσάτωσαν πρᾶεῖς, καὶ εὐφρανθήτωσαν. Μεγαλύνετε τὸν Κύριον σὺν ἐμοί, καὶ ὑψώσωμεν τὸ ὄνομα αὐτοῦ ἐπὶ τὸ αὐτό. Ἐξεζήτησα τὸν Κύριον, καὶ ἐπήκουσέ μου, καὶ ἐκ πασῶν τῶν θλίψεων μου ἐρρύσατό με. Προσέλθετε πρὸς αὐτὸν καὶ φωτίσθητε, καὶ τὰ πρόσωπα ὑμῶν οὐ μὴ κατασχυνθῇ. Οὗτος ὁ πτωχὸς ἐκέκραξε καὶ ὁ Κύριος εἰσήκουσεν αὐτοῦ καὶ ἐκ πασῶν τῶν θλίψεων αὐτοῦ ἔσωσεν αὐτόν. Παρεμβαλεῖ ἄγγελος Κυρίου κύκλῳ τῶν φοβουμένων αὐτόν καὶ ῥύσεται αὐτούς. Γεύσασθε καὶ ἴδετε ὅτι χρηστός ὁ Κύριος· μακάριος ἀνὴρ, ὃς ἐλπίζει ἐπ' αὐτόν. Φοβήθητε τὸν Κύριον πάντες οἱ ἅγιοι αὐτοῦ, ὅτι οὐκ ἔστιν ὑστέρημα τοῖς φοβουμένοις αὐτόν. Πλούσιοι ἐπτώχευσαν καὶ ἐπέινασαν, οἱ δὲ ἐκζητοῦντες τὸν Κύριον οὐκ ἐλαττωθήσονται παντὸς ἀγαθοῦ. Δεῦτε, τέκνα, ἀκούσατέ μου· φόβον Κυρίου διδάξω ὑμᾶς. Τίς ἐστιν ἄνθρωπος ὁ θέλων ζωὴν, ἀγαπῶν ἡμέρας ἰδεῖν ἀγαθὰς; Παῦσον τὴν γλῶσσάν σου ἀπὸ κακοῦ καὶ χεῖλη σου τοῦ μὴ λαλῆσαι δόλον. Ἐκκλινον ἀπὸ κακοῦ καὶ ποιήσον ἀγαθόν, ζήτησον εἰρήνην καὶ δίωξον αὐτήν. Ὀφθαλμοὶ Κυρίου ἐπὶ δικαίους, καὶ ὅλα αὐτοῦ εἰς δέησιν αὐτῶν. Πρόσωπον δὲ Κυρίου ἐπὶ ποιοῦντας κακὰ τοῦ ἐξολοθρεῦσαι ἐκ γῆς τὸ μνημόσυνον αὐτῶν. Ἐκέκραξαν οἱ δίκαιοι, καὶ ὁ Κύριος εἰσήκουσεν αὐτῶν, καὶ ἐκ πασῶν τῶν θλίψεων αὐτῶν ἐρρύσατο αὐτούς. Ἐγγὺς Κύριος τοῖς συντετριμμένοις τὴν καρδίαν καὶ τοὺς ταπεινοὺς τῷ πνεύματι σώσει. Πολλὰ αἱ θλίψεις τῶν δικαίων, καὶ ἐκ πασῶν αὐτῶν ῥύσεται αὐτοὺς ὁ Κύριος·

soul shall be praised in the Lord; let the gentle hear, and be glad. Oh, magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He heard me; and He delivered me from all my sojourning. Come to Him, and be enlightened, and your face shall never be ashamed. This poor man cried, and the Lord heard him, and saved him from all his afflictions. The Angel of the Lord shall encamp around those who fear Him, and He will deliver them. Oh, taste and see that the Lord is good; blessed is the man who hopes in Him. Fear the Lord, you His saints, for there is no want for those who fear Him. Rich men turned poor and went hungry; but those who seek the Lord shall not lack any good thing. Come, you children, listen to me; I will teach you the fear of the Lord. Who is the man who desires life, who loves to see good days? Keep your tongue from evil, and your lips from speaking deceit. Shun evil and do good; seek peace and pursue it. The eyes of the Lord are upon the righteous, and His ears are open to their supplications. The Lord's face is against those who do evil, so as to destroy their remembrance from the earth. The righteous cried, and the Lord heard them; and He delivered them from all their afflictions. The Lord is near those who are brokenhearted, and He will save the humble in spirit. Many are the afflictions of the righteous, but He will deliver them from them all. The Lord shall guard all their bones; not one of them shall be broken. The death of sinners is evil, and those who hate the righteous shall go wrong. The Lord will redeem the souls of His servants, and all who hope in Him shall not go wrong.

φυλάσσει Κύριος πάντα τὰ ὅσα αὐτῶν,
ἐν ἐξ αὐτῶν οὐ συντριβήσεται. Θάνατος
ἀμαρτωλῶν πονηρός, καὶ οἱ μισοῦντες
τὸν δίκαιον πλημμελήσουσι. Λυτρώσεται
Κύριος ψυχὰς δούλων αὐτοῦ, καὶ οὐ μὴ
πλημμελήσουσι πάντες οἱ ἐλπίζοντες ἐπ'
αὐτόν.

Ψαλμὸς ΡΜΔ' (144).

Ὑψώσω σε, ὁ Θεός μου ὁ βασιλεύς
μου, καὶ εὐλογήσω τὸ ὄνομά σου εἰς τὸν
αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Καθ'
ἐκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω
τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν
αἰῶνα τοῦ αἰῶνος. Μέγας Κύριος καὶ
αἰνετὸς σφόδρα, καὶ τῆς μεγαλωσύνης
αὐτοῦ οὐκ ἔστι πέρας. Γενεὰ καὶ γενεὰ
ἐπαινέσει τὰ ἔργα σου καὶ τὴν δύναμίν
σου ἀπαγγελοῦσι. Τὴν μεγαλοπρέπειαν
τῆς δόξης τῆς ἁγιωσύνης σου λαλήσουσι
καὶ τὰ θαυμάσιά σου διηγῶνται. Καὶ
τὴν δύναμιν τῶν φοβερῶν σου ἔροῦσι
καὶ τὴν μεγαλωσύνην σου διηγῶνται.
Μνήμην τοῦ πλήθους τῆς χρηστότητός
σου ἐξερεύξονται καὶ τῇ δικαιοσύνῃ σου
ἀγαλλιάσονται. Οἰκτιρμῶν καὶ ἐλεήμων
ὁ Κύριος, μακρόθυμος καὶ πολυέλεος.
Χρηστὸς Κύριος τοῖς σύμπασι, καὶ οἱ
οἰκτιρμοὶ αὐτοῦ ἐπὶ πάντα τὰ ἔργα αὐτοῦ.
Ἐξομολογησάσθωσάν σοι, Κύριε, πάντα τὰ
ἔργα σου, καὶ οἱ ὅσιοί σου εὐλογησάτωσάν
σε. Δόξαν τῆς βασιλείας σου ἔροῦσι καὶ τὴν
δυναστείαν σου λαλήσουσι τοῦ γνωρίσαι
τοῖς υἱοῖς τῶν ἀνθρώπων τὴν δυναστείαν
σου καὶ τὴν δόξαν τῆς μεγαλοπρεπείας τῆς
βασιλείας σου. Ἡ βασιλεία σου βασιλεία
πάντων τῶν αἰώνων, καὶ ἡ δεσποτεία
σου ἐν πάσῃ γενεᾷ καὶ γενεᾷ. Πιστὸς
Κύριος ἐν πᾶσι τοῖς λόγοις αὐτοῦ καὶ ὅσιος

Psalms 144 (145)

I shall exalt You, my God and my King,
and I shall bless Your name forever and unto
ages of ages. Every day I shall bless you and
praise Your name forever and unto ages
of ages. Great is the Lord and exceedingly
praiseworthy, and His greatness has no limit.
Generation and generation shall praise Your
works, and they shall declare Your power.
They shall speak of the magnificence of the
glory of Your holiness, and they shall describe
Your wonders. They shall also speak of the
power of Your awesome deeds and describe
Your great majesty. They shall overflow with
the memory of Your rich goodness, and shall
greatly rejoice in Your righteousness. The
Lord is gracious and merciful, longsuffering
and abundant in mercy. The Lord is good to
all, and His mercies are upon all His works. O
Lord, let all Your works praise You and Your
holy ones bless You. They shall tell of Your
kingdom's glory, and they shall speak of Your
power, that all the sons of men may know
Your power and the glory of Your kingdom's
magnificence. Your kingdom is a kingdom
of all the ages, and Your dominion is from
generation to generation. The Lord is faithful
in His words and holy in all His works. The
Lord supports all who stumble and restores
all who are broken down. All eyes hope in
You, and You give them their food in due

ἐν πᾶσι τοῖς ἔργοις αὐτοῦ. Ὑποστηρίζει
Κύριος πάντας τοὺς καταπίπτοντας καὶ
ἀνορθοῖ πάντας τοὺς κατερραγμένους. Οἱ
ὀφθαλμοὶ πάντων εἰς σὲ ἐλπίζουν, καὶ
σὺ δίδως τὴν τροφὴν αὐτῶν ἐν εὐκαιρίᾳ.
Ἀνοίγεις σὺ τὰς χεῖράς σου καὶ ἐμπιπλᾷς
πᾶν ζῶον εὐδοκίας. Δίκαιος Κύριος ἐν
πάσαις ταῖς ὁδοῖς αὐτοῦ καὶ ὅσιος ἐν
πᾶσι τοῖς ἔργοις αὐτοῦ. Ἐγγὺς Κύριος
πᾶσι τοῖς ἐπικαλουμένοις αὐτόν, πᾶσι
τοῖς ἐπικαλουμένοις αὐτόν ἐν ἀληθείᾳ.
Θέλημα τῶν φοβουμένων αὐτόν ποιήσει
καὶ τῆς δεήσεως αὐτῶν εἰσακούσεται καὶ
σώσει αὐτούς. Φυλάσσει Κύριος πάντας
τοὺς ἀγαπῶντας αὐτόν καὶ πάντας τοὺς
ἁμαρτωλοὺς ἐξολοθρεύσει. Αἶνεσιν Κυρίου
λαλήσει τὸ στόμα μου· καὶ εὐλογεῖτω πᾶσα
σὰρξ τὸ ὄνομα τὸ ἅγιον αὐτοῦ εἰς τὸν αἰῶνα
καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

ΑΝΑΓΝΩΣΤΗΣ

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.

Εὐλόγησον.

ΙΕΡΕΥΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,
ταῖς πρεσβείαις τῆς παναχράντου
καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,
προστασίαις τῶν τιμίων ἐπουρανίων
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου,
ἐνδόξου, προφήτου, Προδρόμου καὶ
βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων
καὶ πανευφήμεων Ἀποστόλων, τῶν ἁγίων
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν
ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν· (τοῦ
Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων

season. You open Your hand and fill every
living thing with Your pleasure. The Lord
is righteous in all His ways and holy in all
His works. The Lord is near to all who call
on Him, to all who call upon Him in truth.
He shall do the will of those who fear Him,
and He shall hear their supplications and save
them. The Lord keeps all who love Him, but
all the sinners He shall utterly destroy. My
mouth shall speak the Lord's praise, and let
all flesh bless His holy name forever and unto
ages of ages.

READER

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Father, bless!

PRIEST

May Christ our true God, through
the intercessions of His all-pure and all-
immaculate holy Mother, the power of the
precious and life-giving Cross, the protection
of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, and of all

Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ
πάντων τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι
ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ
σῶσον ἡμᾶς.

(Ἀμήν.)

the saints, have mercy on us and save us, for
He is good and loves mankind.

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(Amen.)