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# The Service of Vespers

on Saturday Evening

for Sunday, October 20, 2019

Octoechos - Mode 1. on Saturday Evening

Menaion Supplement - October 20 Memory of our devout father Gerasimos of Kephallenia

**Text in English** 

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vol Orthodox Monastery of the Veil of our Lady

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#### Octoechos - Mode 1.

On Saturday Evening

## Menaion Supplement October 20

Memory of our devout father Gerasimos of Kephallenia

#### **VESPERS**

#### **PRIEST**

Blessed is our God always, now and ever, and to the ages of ages.

(Amen.)

### **READER**

Come, let us worship and bow down before God our King.

Come, let us worship and bow down before Christ God our King.

Come, let us worship and bow down before Him, Christ our King and God.

#### Psalm 103 (104).

Bless the Lord, O my soul. O Lord my God, You are magnified exceedingly; You clothe Yourself with thanksgiving and majesty, who cover Yourself with light as with a garment, who stretch out the heavens like a curtain; You are He who covers His upper chambers with water, who makes the clouds His means of approach, who walks on the wings of the winds, who makes His angels spirits and His ministers a flame of fire. He established the earth on its stable foundation; it shall not be moved unto ages of ages. The deep like a garment is His covering; the waters shall stand upon the mountains; at Your rebuke they shall flee; at the sound of Your thunder, they shall be afraid. The mountains rise up, and the plains sink down

to the place You founded for them. You set a boundary they shall not pass over; neither shall they return to cover the earth. You are He who sends springs into the valley; the waters shall pass between the mountains; they shall give drink to all the wild animals of the field; the wild asses shall quench their thirst; the birds of heaven shall dwell beside them; they shall sing from the midst of the rocks. You are He who waters the mountains from His higher places; the earth shall be satisfied with the fruit of Your works. You are He who causes grass to grow for the cattle, and the green plant for the service of man, to bring forth bread from the earth; and wine gladdens the heart of man, to brighten his face with oil; and bread strengthens man's heart. The trees of the plain shall be full of fruit, the cedars of Lebanon, which You planted; there the sparrows shall make their nests; the house of the heron takes the lead among them. The high mountains are for the deer; the cliff is a refuge for the rabbits. He made the moon for seasons; the sun knows its setting. You established darkness, and it was night, wherein all the wild animals of the forest will prowl about; the young lions roar and snatch their prey, and seek their food from God. The sun arises, and they are gathered together; and they shall be put to bed in their dens. Man shall go out to his work and to his labor until evening. O Lord, Your works shall be magnified greatly; You made all things in wisdom; the earth was filled with Your creation. There is this great and spacious sea: the creeping things are there without number; the living things are there, both small and great; there the ships pass through; there is

this dragon You formed to play therein. All things wait upon You, that You may give them food in due season. When You give it to them, they shall gather it; when You open Your hand, all things shall be filled with Your goodness. But when You turn Your face away, they shall be troubled; when You take away their breath, they shall die and return again to their dust. You shall send forth Your Spirit, and they shall be created, and You shall renew the face of the earth. Let the glory of the Lord be forever; the Lord shall be glad in His works; He looks upon the earth and makes it tremble; He touches the mountains, and they smoke. I will sing to the Lord all my life; I will sing to my God as long as I exist; may my words be pleasing to Him, and I shall be glad in the Lord. May sinners cease from the earth, and the lawless, so as to be no more. Bless the Lord, O my soul.

The sun knows its setting. You established darkness, and it was night.

O Lord, Your works shall be magnified greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Glory to You, O God. (3)

Our hope, O Lord, glory to You.

While the Opening Psalm is being read the Priest, bareheaded and standing in front of the Holy Table, says quietly the following Prayers at the Lighting of the Lamps.

### PRIEST (inaudibly)

#### 1st Prayer

O Lord, compassionate and merciful, long-suffering and full of mercy, listen to our prayer and attend to the voice of our supplication. Make for us a sign for good. Guide us in your way, to walk in your truth. Make glad our hearts to fear your holy Name, because you are great and do wondrous things. You alone are God, and there is none like you, O Lord, among gods: powerful in mercy and loving in strength to help and to console and to save all who hope in your holy Name.

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen.

### 2nd Prayer

Lord, do not rebuke us in your anger, nor chastise us in your wrath, but deal with us in accordance with your kindness, physician and healer of our souls. Guide us to the harbour of your will. Enlighten the eyes of our hearts to the knowledge of your truth and grant that the rest of the present day and the whole time of our life may be peaceful and without sin, at the prayers of the holy Mother of God and of all the Saints.

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

### 3rd Prayer

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will.

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen.

### 4th Prayer

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints.

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen.

## 5th Prayer

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault.

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen.

#### 6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind.

For you are our God and to you we give glory, to the Father, the Son and the Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

## 7th Prayer

Great and most high God, who alone possess immortality, who dwell in unapproachable light, who fashioned all creation with wisdom, who made the separation between the light and the darkness and who placed the sun to have authority over the day and the moon and the stars to have authority over the night, who have counted us sinners worthy even at this present hour to come into your presence with confession and thanksgiving and to offer you our evening hymn of glory; do you, O Lord who love mankind, direct our prayer like incense

before you and accept it as a savour of sweet fragrance. Grant us that the present evening and the coming night may be peaceful, clothe us with weapons of light, deliver us from every night-time fear and from every deed that walks in darkness. And give us sleep, which you have bestowed on us for our rest in our weakness, freed from every fantasy of the devil. Yes, Master of all things, giver of blessings, may we also be filled with compunction on our beds and call to mind your Name in the night, and enlightened by meditation on your commandments may we rise with gladness of soul to give glory to your loving-kindness, as we bring to your compassion supplications and entreaties on behalf of our own sins and those of all your people. At the prayers of the holy Mother of God visit them with mercy. [EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

When the Opening Psalm is completed the Priest, in front of the Holy Table, or the Deacon in his usual place outside the Holy Doors, says the Litany of Peace.

#### **DEACON**

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

For those who travel by land, sea, and air, for the sick, the suffering, the captives and for their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 1. It would be followed by the short litany.

#### **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

#### Mode 1.

Lord, I have cried to You; hear me. Hear me, O Lord. Lord, I have cried to You; hear me. Give heed to the voice of my supplication when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of enclosure about my lips.

Incline not my heart to evil words, to make excuses in sins.

With men who work lawlessness; and I will not join with their choice ones.

The righteous man shall correct me with mercy, and he shall reprove me; but let not the oil of the sinner anoint my head.

For my prayer shall be intense in the presence of their pleasures. Their judges are swallowed up by the rock.

They shall hear my words, for they are pleasant. As a clod of ground is dashed to pieces on the earth, so their bones were scattered beside the grave.

For my eyes, O Lord, O Lord, are toward You; in You I hope; take not my soul away.

Keep me from the snares they set for me, and from the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone, until I escape.

I cried to the Lord with my voice, with my voice I prayed to the Lord.

I shall pour out my supplication before Him; I shall declare my affliction in His presence.

When my spirit fainted within me, then You knew my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one who knew me.

Refuge failed me, and there was no one who cared for my soul.

I cried to You, O Lord; I said, "You are my hope, my portion in the land of the living."

Attend to my supplication, for I was humbled exceedingly.

Deliver me from my persecutors, for they are stronger than I.

From Octoechos - - -

## Resurrectional Stichera. Mode 1. Sticheron 1.

Bring my soul out of prison to give thanks to Your name, O Lord. [SAAS]

Accept our evening prayers, holy Lord, and grant us remission of our sins, for you alone revealed the resurrection to the world.

[HC]

#### Sticheron 2.

The righteous shall wait for me, until You reward me. [SAAS]

Encircle Zion, people, and surround her. Give glory to him who is risen from the dead, for he is our God and has delivered us from our iniquities.

## Sticheron 3.

Out of the depths I have cried to You, O Lord; O Lord, hear my voice. [SAAS]

Come, people let us praise and worship Christ, glorifying his resurrection from the dead, for he is our God and has delivered the world from the deception of the enemy. [HC]

#### Sticheron 4.

Let Your ears be attentive to the voice of my supplication. [SAAS]

Heavens, be glad! Foundations of the earth, sound the trumpets! Hills, shout for joy! For behold, Emmanuel has nailed our sins to the cross and he, the Giver of life, has put death to death by raising up Adam, as a loving God. [HC]

## Stichera Prosomia for the Devout Man.

Menaion Supplement - - -

**Mode 1.** What a paradoxical miracle.

If You, O Lord, should mark transgression, O Lord, who would stand? For there is forgiveness with You. [SAAS]

What a paradoxical miracle! \* For in body, in truth, the divine Gerasimos, \* the glorious ornament of Cephalonia, \* completed while still on earth the life of angels, incited by love for Christ. \* An eminent vessel of the gifts of grace of the Spirit did he become. \* Therefore let us all rejoicing \* celebrate his memory \* and consider with pleasure \* the ascetic struggles of his life. [5D]

Because of Your law, O Lord, I waited for You; my soul waited for Your word. My soul hopes in the Lord. [SAAS]

Indeed, O wise one, these wonders of yours! \* By the Spirit's action, you were greatly glorified. \* You rescued the woman who had fallen into the well. \* And now you ward off the swarms of unclean spirits and illnesses everyday \* and save those who call on you from their destruction, O blessed Gerasimos. \* For you hasten, holy father, \*

everywhere and grant to all \* the redeeming assistance \* of your fervent intercessions with God. [SD]

From the morning watch until night; from the morning watch until night, let Israel hope in the Lord. [SAAS]

Extremely precious and glorified \* by our God, your sacred relic, O Gerasimos \* to us has been given as a source of holiness. \* It manifests unto all the incorruptible wealth of good things to come \* and terminates the effects of the diseases of body and soul alike. \* It refutes the empty chatter \* of those presuming to be wise \* by confirming the Church's \* authority which derives from above. [SD]

#### Additional Stichera.

Menaion Supplement - - -

**Mode 2.** *Are there any worthy crowns.* 

For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions. [SAAS]

Are there any worthy crowns of praise \* so that we might lay them on the God-bearing saint, \* who to all the world appeared recently \* and illuminates Christ's entire Church \* with the blazing light of his miracles; \* the newly fashioned foundation of the true belief; \* the glowing lamp of dispassion placed for all to see; \* who by his feats of ascetic \* endeavor abolished \* all the force of the demons' might \* and grants unto all when besought \* divine mercy and enlightenment.

Praise the Lord, all you Gentiles; praise Him, all you peoples. [SAAS]

Are there any songs for us Orthodox \* to worthily extol the God-bearing saint, \* the

most precious jewel of the Paraclete, \* and the perfect model for monastics all; \* the shining container of divine grace; \* the fragrant, sweet- most wondrous Gerasimos is on display. scented flower of Peloponnisos; \* the wholly marvelous honor of Cephalonia; \* the great physician and healer \* of those possessed by demons; \* the renowned saint Gerasimos, \* who grants unto all when besought \* expiation and divine mercy. [SD]

For His mercy rules over us; and the truth of the Lord endures forever. [SAAS]

Are there any melodious songs for us \* to congratulate you, O God-bearing Saint. \* In the world as one who was bodiless \* your life emulated the angels' life \* and you were by God brightly glorified. \* And henceforth, the Church is radiant with joy in you. \* Your Island, Kefallinia likewise is jubilant. \* For in her bosom she possesses \* your long-honored body, \* and she cries from her heart to you: \* O holy Gerasimos, \* ever guard me by your intercessions. [SD]

Glory.

Menaion Supplement - - -

#### Mode 1.

In a spirit of gratitude, come out of your homes, O Cephalonians, and rejoice. [50]

## Mode pl. 1.

And let us hasten that we may delight in the wonders of the newly appeared luminary of the Church. [SD]

#### Mode 2.

And let us stand around the highly revered casket and fully enjoy its grace. [5D]

## Mode pl. 2.

Seized with awe, viewing the allvenerable body from which miracles emanate, let us piously honor the servant of Christ, and let us hasten to cry out the hymn: "Behold, the

#### Mode 3.

"So let us lift up our hands, and gratefully receive him, as one sent to us from heaven. [5D]

#### Grave Mode.

"For blessings are richly given to us all through him. We do not cease drawing near to him, even if it is impossible to bestow worthy honor on him. [SD]

#### Mode 4.

"For both alive and after death, he is a treasure that we possess." [5D]

## Mode pl. 4.

Therefore, O venerable God-bearing Father, pray together with the immaculate Maiden, Mary the Mother of God, and intercede unceasingly with Christ, that He guard us, your children, and that He save us from every hostile assault, since we are under your protection. [5D]

#### Mode 1.

And to the ages with splendor we call you blessed. [SD]

From Octoechos -

#### Both now. Mode 1.

## The First Theotokion of the Mode.

Let us praise Mary the Virgin, glory of all the world. Born of human parents, she gave birth to the Lord, and is the doorway to heaven. The adornment of the faithful, she is hymned by the angelic hosts. For she has been shown to be heaven and the temple of the Godhead. She is the one who, breaking down the wall of enmity, ushered in peace and threw open the Kingdom. With her as the anchor of our faith, we have a defender in the Lord, to whom she gave birth. Take courage, therefore, people of God, take courage; for he, the Almighty, will defeat your enemies. [HC]

#### **DEACON** (in a low voice)

Let us pray to the Lord.

#### **PRIEST** (in a low voice)

### **Prayer of the Entrance**

At evening, at morning and at midday we praise, bless and give thanks, and we pray to you, Master of all things, Lord who love mankind: Direct our prayer before you like incense, and do not incline our hearts to words or thoughts of evil, but deliver us from all that hunt down our souls. For our eyes look to you, O Lord, our Lord, and we have hoped in you.

#### **DEACON**

Wisdom. Arise.

#### **CLERGY AND PEOPLE**

#### Mode 2.

Gladsome light of holy glory of the holy, blessed, heavenly, immortal Father, O Jesus Christ: arriving at the hour of sunset and having seen the evening light, we praise the Father, Son, and Holy Spirit, God. It is worthy for You to be praised at all times with happy voices, O Son of God and Giver of life; \* and therefore the world glorifies You.

### **DEACON**

The evening Prokeimenon.

#### **CHOIR**

## Prokeimenon. Mode pl. 2.

The Lord reigns; He clothed Himself with majesty. [SAAS]

**Verse:** The Lord clothed and girded Himself with power.

The Lord reigns; He clothed Himself with majesty.

**Verse:** And He established the world, which shall not be moved.

The Lord reigns; He clothed Himself with majesty.

### The Readings

Menaion Supplement - -

#### READER

The reading is from the Wisdom of Solomon.

#### **DEACON**

Wisdom. Let us be attentive.

#### **READER**

#### WSol 3:1-9

The souls of the righteous are in the hand of God, and no torture will ever touch them. In the eyes of the undiscerning they seemed to have died, and their departure was considered to be misfortune, and their passage from us to be their destruction; but they are at peace. For though in man's view they were punished, their hope is full of immortality. Though chastened in a few things, great kindness will be shown them, for God tested them and found them worthy of Himself. He tested them like gold in a furnace and accepted them as a whole burnt offering. In the time of their visitation they will shine forth, and they will run about like sparks through straw. They will judge nations and rule over peoples, and the Lord shall reign over them unto the ages. Those who trust in Him will understand truth, and the faithful shall continue with Him in

love, because grace and mercy are upon His elect [and He watches over His holy ones]. [SAAS] your lordship from the Most High. [SAAS]

#### **READER**

The reading is from the Wisdom of Solomon.

#### **DEACON**

Wisdom. Let us be attentive.

#### **READER**

#### WSol 5:15-6:3

The righteous live forever, and their reward is with the Lord; and their care is by the Most High. Therefore they shall receive a kingly dwelling of dignity and a crown of beauty from the hand of the Lord, because He will shelter them with His right hand and protect them with His arm. He will take His zeal as His full armor and will turn His creation into weapons against His enemies. He will wear righteousness as a breastplate and put on impartial judgment as a helmet. He will take holiness as an unconquerable shield and sharpen His relentless wrath for a sword; and creation will fight with Him against the senseless. Well-aimed flashes of lightning will strike and leap to their object as from a welldrawn bow of clouds; and hailstones full of anger will be hurled as from an engine of war. The water of the sea will be vexed with them, and the rivers will wash over them severely. A powerful wind will oppose them, and like a storm it will winnow them away. Lawlessness will lay waste all the earth, and wrongdoing will overturn the thrones of rulers. Listen therefore, O kings, and understand; learn, O judges of the ends of the earth. Give ear, you that rule over multitudes, and take pride in yourself over a multitude of nations. For

power was given to you from the Lord, and

#### **READER**

The reading is from the Wisdom of Solomon.

#### **DEACON**

Wisdom. Let us be attentive.

#### READER

#### WSol 4:7-15

Though a righteous man may die before his time, he shall be at rest. For old age is not honored for its length of existence, nor measured by its number of years; but discernment is gray hair for mankind, and a spotless life is the maturity of old age. There was once a man pleasing to God and loved by Him, and while living among sinners he was taken up. He was caught up lest evil change his understanding or deceit deceive his soul. For envy arising from lack of judgment obscures what is good, and a whirling of desire undermines an innocent heart. He was made perfect, for in a short time he fulfilled long years, for his soul was pleasing to the Lord; therefore, He took him early from the midst of evil. Yet peoples saw this but did not understand, nor take such a thing to heart, that the Lord's grace and mercy are with His elect and that He watches over His holy ones.

[SAAS]

#### DEACON

Let us all say with all our soul and with all our mind, let us all say.

(Lord, have mercy.)

Lord almighty, God of our fathers, we pray You, hear us and have mercy.

(Lord, have mercy.)

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed and evermemorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and allvenerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

#### **PRIEST**

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **READER**

O Lord, keep us this evening without sin. Blessed are you, O Lord, God of our fathers, and praised and glorified is your name to the ages. Amen. O Lord, let your mercy be upon us for we have set our hope in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, Master, grant me understanding of your commandments. Blessed are you, Holy One, enlighten me with your commandments. Lord, your mercy is forever. Do not despise the works of your hands. To you is due praise, to you is due song, to you is due glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **DEACON**

Let us complete our evening prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(*Grant this, O Lord.*)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For You, O God, are good and love mankind, and to You we offer glory, to the Father and to the Son and to the Holy Spirit, now and forever, and to the ages of ages.

(Amen.)

#### **PRIEST**

Peace be with all.

(And with your spirit.)

#### **DEACON**

Let us bow our heads to the Lord.

(To You, O Lord.)

#### PRIEST (in a low voice)

Lord our God, who bowed the heavens and came down for the salvation of the human race, look upon your servants and upon your inheritance, for to you, the fearful Judge who love mankind, your servants have bowed their heads and inclined their necks, not waiting for any human help, but awaiting your mercy and looking for your salvation. Guard them at every moment, during both the present evening and the approaching night, from every foe, from every hostile operation of the devil and from vain thoughts and evil desires.

#### **PRIEST**

May the might of your kingdom be blessed and glorified, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

Litany and Blessing of Loaves.

#### **CHOIR**

## Idiomelon 1. Mode 1.

Be glad in the Lord, O Island of Cephalónia, for in your bosom you possess Gerasimos the new ascetic, as God-given treasure. He came to you by divine summons, and shined resplendently in ascetic struggles. Having transcended earthly limits, he became an abode of grace, through his union with the divine. And his earthly body was rendered incorruptible by the Holy Spirit, and it has been given to you as a fountain of miracles. For it delivers you from pestilence, and it drives out demons, and provides every good

thing to those who cry: "Glory be to You, O Lord!" [5D]

## Idiomelon 2. Mode 2.

From an early age you dedicated yourself to the Savior. And therefore you overlooked your prestige in the world and became poor in spirit, O devout Gerasimos. Having died to the world, through asceticism you cultivated the gifts of the incorruptible life. Floating on divine love, you moved from place to place, hastening as a thirsty deer to perfection in virtue. And when you obtained what you desired, you were filled with many blessings from on high. Hence you gladden the Church with your many gifts of grace. And with the radiant beams of your miracles, you bring light to those who cry: "Glory be to You, O Lord!" [5D]

## Idiomelon 3. Mode 3.

The feats of your ascetic life transcended nature; and thus they shined more brightly than the sun, O God-bearing father Gerasimos. You lived as though you had no flesh, and you triumphed over the might of the fleshless demons. You emaciated the flesh by persistent fasting, all-night standing, and the torrent of your tears; while you brightened your soul through perpetual prayer, ascetic discipline, and contemplation, ever imagining the beauty of the divine. And when you became a living house of the Holy Trinity, you built a divine Monastery, where the choirs of nuns undeviatingly follow you, crying out to God: "Glory be to You, O Lord!" [SD]

## Idiomelon 4. Mode 4.

Moved by the divine Spirit, you went to Kefallinía, O holy one, and you hallowed it with your presence and by the sweat of your holy labors. You became a trainer of nuns, a divine guide and a model of virtue. You finished the course of ascetic discipline, and found rest in the eternal mansions. From that time, your divine body, which was rendered incorruptible by divine grace, has been given to us whole and fragrant, emitting the sweet scent of eternal life. It dispels the stench of the unclean spirits, and it sanctifies and gladdens those who cry: "Glory be to You, O Lord!" [50]

## Idiomelon 5. Mode 4.

O God-bearing St. Gerasimos, the glory and support and great boast of Cephalónians, you glorified God through your labors, and from Him you richly received the gift to do miracles. Cease not from looking after your Island, and preserve it unharmed from every wrath. The Monastery of Omalon is proud of your relic. Under your invisible supervision, show it to be a fruitful vine. And for all who honor you, request the salvation of their souls and the healing of their bodies, so that we may ever cry to God: "Glory be to You, O Lord!" [5D]

Glory.

Menaion Supplement - - -

## Idiomelon. Mode pl. 1.

O heavenly King, I know how many wonders You can perform, for I have seen how you made your divine and godly-minded Gerasimos very rich. He was planted in Your house, and he flourished in righteousness. He increased the spiritual seeds of Cephalónia,

where he was a model and example of divine virtues for us. Therefore, by the entreaties of Your holy one, whose confidence before You is great, account us worthy of Your kingdom, as we with faith and longing celebrate his every-venerable memory.

Both now.

### Mode pl. 1.

Now we call you blessed, O Virgin Theotokos, and we glorify you, duty-bound as believers; the city unshakable, the wall indestructible, the firm and steadfast protection, and the place of refuge for our souls.

#### **DEACON**

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, visitation, forgiveness and remission of the sins of all pious and Orthodox Christians living and visiting in this city, the parishioners, the members of the Parish Council and every Ministry of this Parish, and the donors and benefactors of this holy church, and the servants of God [names] who celebrate this holy feast.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the protection of this holy church, this city and every city and land, from wrath, famine, pestilence, earthquake, flood, fire, sword, foreign invasions, civil strife, and accidental death. That our good and loving God may be merciful, gracious and favorable to us by turning and keeping from us all wrath and sickness, and deliver us from His just rebuke, and have mercy on us.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray that the Lord our God may hear the prayer of us sinners, and have mercy on us.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

#### **PRIEST**

Hear us, O God our Savior, the hope of all those who live everywhere on earth and those far out at sea or in the air. Be gracious toward our sins, Master, and have mercy on us.

For you are a merciful and loving God, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

Peace be with all.

(And with your spirit.)

#### **DEACON**

Let us bow our heads to the Lord.

(To You, O Lord.)

#### **PRIEST**

Most merciful Master, Lord Jesus Christ our God, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, our devout and Godbearing father Gerasimos the New Ascetic, whose memory we celebrate, and of all your Saints.

Accept our prayer; grant us forgiveness of our transgressions; protect us under the shelter of your wings; drive away from us every enemy and adversary; grant peace to our life; Lord have mercy on us and on your world; and save our souls as a good and loving God.

#### PRIEST or: CHOIR

## Hymn to the Theotokos.

O Virgin Theotokos, rejoice, Mary full of grace. The Lord is with you. Blessed are you among women, and blessed is the fruit of your womb; for you have borne the Savior of our souls

#### **DEACON**

Let us pray to the Lord.

(Lord, have mercy.)

#### **PRIEST**

#### Blessing of the Loaves.

Lord, Jesus Christ. our God, You blessed the five loaves in the wilderness and from them five thousand men were filled. Bless now these loaves, the wheat, the wine and oil and multiply them in this holy church, this city, in the homes of those who celebrate today, and in Your whole world. And sanctify Your faithful servants who partake of them.

For You are He who blesses and sanctifies all things, Christ our God, and to You we offer up glory together with Your eternal Father and Your holy, good, and life-creating Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CLERGY**

Rich men turned poor and went hungry; but those who seek the Lord shall not lack any good thing. [SAAS]

#### **CHOIR**

Rich men turned poor and went hungry; but those who seek the Lord shall not lack any good thing. (2) [SAAS]

From Octoechos - - -

#### **CHOIR**

## Resurrectional Aposticha. Mode 1.

By your Passion we were set free from our passions, O Christ, and by your resurrection we were redeemed from corruption. O Lord, glory to you. [HC]

**Verse:** The Lord reigns; He clothed Himself with majesty; the Lord clothed and girded Himself with power. [SAAS]

Let creation rejoice, the heavens be glad, the nations clap their hands with joy. For Christ our Savior, in his love for mankind, has nailed our sins to the cross, put death to death, and given us life by raising the fallen Adam, father of all mankind.

**Verse:** And He established the world, which shall not be moved. [SAAS]

You are beyond all understanding, King of heaven and earth, and because of your love for us all, you were crucified of your own will. Hades was filled with bitterness when it met you below, and the souls of the just rejoiced at receiving you. What a miracle this is! That the life of all should taste death in his desire to give light to the world that cries and says: Glory to you, O Lord, risen from the dead.

**Verse:** Holiness is proper to Your house, O Lord, unto length of days. [SAAS]

The myrrh-bearing women brought spices, and hastened in mourning to your tomb. And when they found your immaculate body gone and learned from the angels of the new and strange miracle, they said to the apostles: The Lord is risen, granting great mercy to the world.

## Glory. For the Devout Man.

Glory.

Menaion Supplement - - -

## Mode pl. 4.

Who can worthily extol your ascetic feats, and your many miracles, O wonder-working father Gerasimos. For you lived on earth as an angel, O blessed one; and you have worthily

been glorified, by the abundant granting of grace. For not only did you appear alive and extract the woman from the well, but you also deliver many people from the scourge of unclean spirits. Therefore, we fall down before your precious relic, and cry aloud to you: Render the merciful Lord gracious towards us, we beseech you, O holy father. [5D]

From Octoechos - - -

## Both now. **Theotokion. Mode pl. 4.**

O Virgin who did not know man and yet ineffably conceived God in the flesh, Mother of the Most High God, accept entreaties from your supplicants, All-blameless one. To all you grant purification of their offenses. We pray you now accept our supplications, and entreat Him, to save us all. [5D]

#### **PRIEST**

## Song of Simeon.

Lord, now You are letting Your servant depart in peace, according to Your word; for my eyes have seen Your salvation which You have prepared before the face of all peoples. A light to bring revelation to the Gentiles, and the glory of Your people Israel. [NKIV]

#### **PEOPLE**

## **Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake. Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

#### **PRIEST**

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

From Octoechos - - -

## Resurrectional Apolytikion.

Mode 1. Automelon.

The stone had been secured with a seal by the Judeans, \* and a guard of soldiers was watching Your immaculate body. \* You rose on the third day, O Lord \* and Savior, granting life unto the world. \* For this reason were the powers of heaven crying out to You, O Life-giver: \* Glory to Your resurrection, O Christ; \* glory to Your kingdom; \* glory to Your dispensation, only One who loves mankind.

Glory. For the Devout Man.

Menaion Supplement - - -

Mode 1.

O believers, let us praise the protector of the Orthodox, the God-bearing miracle-

worker lately appearing to us, the incarnate angel, divine Gerasimos. For he has rightly received from God the ever-flowing grace of performing healings. He strengthens those with diseases and he heals those with demons. And therefore he pours out healings to those who honor him. [SD]

From Octoechos - - -

Both now. **Theotokion**.

**Mode 1.** *The stone had been secured.* 

When Gabriel had uttered rejoice to you, O Virgin, \* then with the voice was the Lord of all becoming incarnate \* in you whom the holy Ark of old \* prefigured, as righteous David said. \* You carried your Creator and proved to be more spacious than the heavens. \* Glory to Him who dwelt inside of you; \* glory to Him who came forth from You; \* glory be to Him who through your childbirth has set us free.

#### **DEACON**

Let us pray to the Lord.

(Lord, have mercy.)

#### **PRIEST**

May the blessing and the mercy of the Lord come upon you by His divine grace and love for mankind, always, now and forever and to the ages of ages.

(Amen.)

Make firm, Lord our God, the holy and pure faith of the pious Orthodox Christians, together with the Holy Church and this city forever.

#### **READER**

Amen.

Optional:

#### **PRIEST**

*Most-holy Theotokos, save us.* 

#### **READER**

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

#### **PRIEST**

Glory to You, O Christ God, our hope. Glory to You.

#### **READER**

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

#### **PRIEST**

May He Who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, our devout and Godbearing father Gerasimos the New Ascetic, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)