

Octoechos - Mode 1.

On Saturday Morning

Menaion - July 6

Memory of our Devout Father Sisoï

LITURGY

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Antiphon I. Mode 2.

Verse 1: Bless the Lord, O my soul, and everything within me, bless His holy name. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: Bless the Lord, O my soul, and forget not all His rewards. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: The Lord prepared His throne in heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: Blessed is he whose help is the God of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Verse 3: The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion. For the Devout Man.

Mode 1. Automelon.

As a citizen of the desert and an angel incarnate * and a wonder-worker you shone forth, O Sisoë, our God-bearing father. * Since you received the spiritual gifts * by fasting and vigilance and prayer, * you can cure those who are ailing and heal the souls * of those

who run to you with faith. * Glory to Him
who gave His might to you; * glory to Him
who placed a crown on you; * glory to Him
who operates through you, providing cures to
all. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode 1.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Blessed are the merciful, for they shall obtain mercy. [RSV]

Blessed are the pure in heart, for they shall see God. [RSV]

Troparia.

From Octoechos - - -

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

By means of food the enemy of old * provoked Adam's banishment from Paradise. * But by the Cross Christ allowed * the repentant robber to return, * when he said: Remember me * when You come in Your kingdom, O Lord. [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Martyr Athletes and the countless hosts * of prudent Women and of Hierarchs, * the famous Prophets and rest, * all entreat You, O Jesus our God, * Lord who loves humanity. * Grant forgiveness of offences to all. [SD]

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

You who finished that very sacred race, * devout Ascetics of Christ our God, * and you, O holy Hierarchs, * and you Prophets, all were granted to * dwell with Angels joyously * in the heavenly city, as Saints of God. [SD]

Rejoice and be glad, for your reward is great in heaven. [RSV]

To those whom You have taken, grant a place * in Your unsetting light, O merciful God, * and overlook their every sin and transgression, O our Savior Christ, * so that we might glorify * Your rich mercy towards us, O Benefactor. [SD]

Glory.

Christ our God, with Your unoriginate * eternal Father and all-holy Spirit, * You love humanity, and we * glorify You and we cry aloud: * Remember us Your servants, * at the hour of judgment, O Lord, we pray. [SD]

Both now. **Theotokion.**

We sing hymns, O Virgin, praising you, * as the spacious palace of Christ the King, * and as His glorious throne, * and the cloud of light; and so we pray: * Pure one, drive away

the clouds * of the terrible passions afflicting
us. [SD]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion. For the Devout Man.
Mode 1. Automelon.**

As a citizen of the desert and an angel incarnate * and a wonder-worker you shone forth, O Sisoe, our God-bearing father. * Since you received the spiritual gifts * by fasting and vigilance and prayer, * you can cure those who are ailing and heal the souls * of those who run to you with faith. * Glory to Him who gave His might to you; * glory to Him who placed a crown on you; * glory to Him who operates through you, providing cures to all. [SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local church goes here.)

**Kontakion. For the Martyrs.
Mode pl. 4. Automelon.**

O Planter of creation, Lord, to You does the entire world bring as an offering the God-bearing martyr Saints, as being nature's first fruits. At their earnest entreaties, keep Your Church in a state of profoundest peace, through the Theotokos, O Lord abundantly merciful. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

SATURDAY OF THE THIRD WEEK

Prokeimenon. Mode pl. 2. Psalm 31.

Be glad in the Lord and rejoice greatly.

[SAAS]

Verse: *Blessed are those whose transgressions are forgiven, and whose sins are covered.* [SAAS]

The reading is from Paul's Letter to the Romans.

Rom. 3:28-31; 4:1-3

Brethren, we hold that a man is justified by faith apart from works of law. Or is God the God of Jews only? Is he not the God of Gentiles also? Yes, of Gentiles also, since God is one; and he will justify the circumcised on the ground of their faith and the uncircumcised through their faith. Do we then overthrow the law by this faith? By no means! On the contrary, we uphold the law. What then shall we say about Abraham, our forefather according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." [RSV]

Alleluia. Mode pl. 2. Psalms 64, 101.

Alleluia. Alleluia. Alleluia.

Verse 1: *Blessed are they whom You have chosen and received, O Lord.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *And their memorial abides from generation to generation.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Saturday of the Third Week of Matthew

The reading is from the Holy Gospel according to Matthew.

Mt. 7:24-29; 8:1-4

The Lord said, "Every one then who hears these words of mine and does them will be like a wise man who built his house upon the rock; and the rain fell, and the floods came, and the winds blew and beat upon that house, but it did not fall, because it had been founded on the rock. And every one who hears these words of mine and does not do them will be like a foolish man who built his house upon the sand; and the rain fell, and the floods came, and the winds blew and beat against that house, and it fell; and great was the fall of it." And when Jesus finished these sayings, the crowds were astonished at his teaching, for he taught them as one who had authority, and not as their scribes. When he came, down from the mountain, great crowds followed him; and behold, a leper came to him and knelt before him saying, "Lord, if you will, you can make me clean." And he stretched out his hand and touched him, saying, "I will; be clean." And immediately his leprosy was cleansed. And Jesus said to him, "See that you say nothing to any one; but go, show yourself to the priest, and offer the gift that Moses commanded, for a proof to them." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our

God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalms 64, 101.

Blessed are they whom You have chosen and received, O Lord. Their memorial abides from generation to generation. Alleluia. [SAAS]

Hymn after Holy Communion.

Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fast Free: All foods allowed.