Menaion - July 25

Memory of the Repose of Saint Anna

LITURGY

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Antiphon I. Mode 2.

Verse 1: Bless the Lord, O my soul, and everything within me, bless His holy name. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: Bless the Lord, O my soul, and forget not all His rewards. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: The Lord prepared His throne in heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: Blessed is he whose help is the God of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Verse 3: The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [COA]

Antiphon III. Apolytikion.

From Menaion --- **Mode 4.** *Come quickly.*

You carried within your womb her who was pregnant with Life, * the Mother of God, O godly-minded Anna, and thus * rejoicing you were today * translated unto heaven, where they live who rejoice now. * And you entreat forgiveness of offences for the faithful * who honor you with longing, O ever-blessed one. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102. Psalm 145.

The Beatitudes. Mode 4.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

[RSV]

Canon for the Holy Woman.

Ode iii. Mode 4. *N/M* (*Not in our wisdom.*)

Blessed are the merciful, for they shall obtain mercy. [RSV]

You conceived her who conceived him who sustains all, and you carried in the womb her who, beyond word, carried Christ in the womb; therefore, O Anna, we honor your dormition.

Blessed are the pure in heart, for they shall see God. [RSV]

With praises is your glorious commemoration performed, for you bore for us her who is beyond praise, the pure Mother of God, O Anna, called of God. IRI

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

The illustrious Joachim, being united to Anna as the sun to the moon, begets the ray of virginity through whom the sunlight of the deity dawned forth. [JR]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Theotokion.

We have obtained you as a steadfast protector, O Mother of God; placing all our hopes on you, we are being saved; fleeing to you for refuge, we are guarded on all sides.

Canon for the Holy Woman.

From Menaion - - -

Ode vi. Mode 4. N/M (The Church cries out.)

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

Let both Joachim and Anna, the ancestors of the Lord, Jesus our God, who are adorned by righteousness, be worthily praised today in odes.

Rejoice and be glad, for your reward is great in heaven. [RSV]

Anna transcends all praises, for she conceived her who excels every praise; therefore she dwells amidst the chorus of the saints. [R]

Glory.

Your commemoration, luminous and full of brightness, sends out saving gleams, filled with every kind of spiritual gift, to those in the world, O sober Anna.

Both now. **Theotokion.**

From Anna you were born, and after giving birth to the King of all, you remained a Virgin, O all-blameless Queen of the world, higher than the Cherubim.

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Hymns After the Small Entrance. Apolytikion.

From Menaion - - -

Mode 4. Come quickly.

You carried within your womb her who was pregnant with Life, * the Mother of God, O godly-minded Anna, and thus * rejoicing you were today * translated unto heaven, where they live who rejoice now. * And you entreat forgiveness of offences for the faithful * who honor you with longing, O ever-blessed one.

Apolytikion of the Parish Church

(The text of the Apolytikion of the local church goes here.)

From Menaion - - -

Kontakion.

Mode 2. *In seeking the heights.*

Today we observe the memory of Christ's forebears, * and also we pray that we might receive their aid, * so that all of us may be freed from tribulations, as we cry aloud, * "Be with us, O Lord our God, * who glorified them as You were pleased to do."

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Holy Woman.

Prokeimenon. Mode 4. Psalm 67.

God is wondrous in His saints. [SAAS]

Verse: Bless God in the churches. [SAAS]

The reading is from Paul's Letter to the Galatians.

Gal. 4:22-27

Brethren, Abraham had two sons, one by a slave and one by a free woman. But the son of the slave was born according to the flesh, the son of the free woman through promise. Now this is an allegory: these women are two covenants. One is from Mount Sinai, bearing children for slavery; she is Hagar. Now Hagar is Mount Sinai in Arabia; she corresponds to the present Jerusalem, for she is in slavery with her children. But the Jerusalem above is free, and she is our mother. For it is written, "Rejoice, O barren one who does not bear; break forth and shout, you who are not in travail; for the children of the desolate one are many more than the children of her that is married." [RSV]

Alleluia. Mode 4. Psalms 39, 33.

Alleluia. Alleluia. Alleluia.

Verse 1: *I waited patiently for the Lord.* [SAAS] Alleluia. Alleluia. Alleluia.

Verse 2: Many are the afflictions of the righteous. [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

For the Holy Woman.

The reading is from the Holy Gospel according to Luke.

Lk. 8:16-21

The Lord said, "No one after lighting a lamp covers it with a vessel, or puts it under a bed, but puts it on a stand, that those who enter may see the light. For nothing is hid that shall not be made manifest, nor anything secret that shall not be known and come to light. Take heed then how you hear; for to him who has will more be given, and from him who has not, even what he thinks that he has will be taken away." Then his mother and his brothers came to him, but they could not reach him for the crowd. And he was told, "Your mother and your brothers are standing outside, desiring to see you." But he said to them, "My mother and my brothers are those who hear the word of God and do it." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 32.

Rejoice greatly in the Lord, O righteous ones; praise is fitting for the upright. Alleluia.

[SAAS]

Hymn after Holy Communion. Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us.

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fast Free: All foods allowed.