

**Menaion - July 17**

Memory of the Holy Great Martyr Marina

**LITURGY**

*Unless otherwise indicated, the texts of the prayers and hymns of the Divine Liturgy are from: The Divine Liturgy of St. John Chrysostom (© 2016), used with permission from the Greek Orthodox Archdiocese of America. This text was produced by the Greek Orthodox Archdiocese of America and approved by the Ecumenical Patriarchate.*

**Antiphon I. Mode 2.**

**Verse 1:** *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 2:** *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

**Verse 3:** *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Through the intercessions of the Theotokos, Savior, save us.

**Antiphon II. Mode 2.**

**Verse 1:** *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Verse 2:** *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

**Verse 3:** *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III.**

**Apolytikion.**

From Menaion - - -

**Mode pl. 1.** *Let us worship the Word.*

O Marina, when you were to the Logos betrothed, \* then you left all your earthly relationships behind, \* and you famously contested as a virgin most fine. \* For you strenuously trampled on the enemy when he appeared to you, O prizewinner. \* And to the world now you pour out cures and healings, by the grace of God. [SD]

*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Mode pl. 4.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

**Canon 1 for the Holy Woman.**

**Ode iii. Mode pl. 4. N/M (No one is holy.)**

From Menaion - - -

*Blessed are the merciful, for they shall obtain mercy.* [RSV]

O all-blessed Martyr, nothing separated you from the love of God: not fire, nor whips, nor the edge of a sword; not the cruelty of the tyrants, nor the fierceness of wild beasts; not even death. [SD]

*Blessed are the pure in heart, for they shall see God.* [RSV]

O all-blessed and all-glorious Martyr, at the time of your martyrdom, you were unshakable and unmoved, a tower of true belief, with its foundation firmly set on the rock of faith. [SD]

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

O all-blessed Marina, you were wed to Christ, and you were a martyred virgin, and an undefeated virgin martyr. And for this He awarded you a double crown. [SD]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

**Theotokion.**

Strengthened by grace, we concordantly glorify you, O Theotokos. You gave birth to the One who gives existence to all, when He became flesh; and thus you renewed the world. [SD]

**Canon 2 for the Holy Woman.**

From Menaion - - -

**Ode vi. Mode 4. N/M (The Church cries out.)**

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

O medalist Marina, the pride and joy of virgins, you dried up the oceans of bad religion with the flood of your blood, and you irrigated the divine Church of Christ. [SD]

*Rejoice and be glad, for your reward is great in heaven.* [RSV]

O celebrated St. Marina, you made it through the waves of torture without being overwhelmed. And thus without sinking, you moored in the safe marina, and you enjoy the true tranquility. [SD]

Glory.

The wicked persecutor ordered you to be mercilessly crushed and bludgeoned,

O Marina, the lamb of the Lord; and you  
strained to focus your mind on Christ. <sup>[SD]</sup>

Both now. **Theotokion.**

Our Creator, who by His will wrapped  
the ocean in mist, was born as an infant of  
a Virgin Maiden, who knew not wedlock,  
and ineffably He was wrapped in swaddling  
clothes. <sup>[SD]</sup>

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.  
Apolytikion. For the Holy Woman.**

**Mode 4.**

Your own ewe-lamb cries to You loudly, O Jesus, and she says, \* "For my Bridegroom do I long, and seeking You I now contend; \* and I am crucified and buried with You in Your baptism. \* I suffer for Your sake, that I may reign with You. \* I die for You that I may also live in You. \* Accept me as an unblemished sacrifice \* as I offer myself to You with love." \* At her entreaties and intercessions, \* save our souls, O Merciful Lord. [SD]

**Another.**

From Menaion - - -

**Mode pl. 1. *Let us worship the Word.***

O Marina, when you were to the Logos betrothed, \* then you left all your earthly relationships behind, \* and you famously contested as a virgin most fine. \* For you strenuously trampled on the enemy when he appeared to you, O prizewinner. \* And to the world now you pour out cures and healings, by the grace of God. [SD]

**Apolytikion of the Parish Church**

(The text of the Apolytikion of the local church goes here.)

**Kontakion. Mode 2.**

O Protection of Christians that never falls, intercession with the Creator that never fails,

we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you. [SD]

**THE TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

**The Epistle**

For the Holy Woman.

**Prokeimenon. Mode 3. Ode ix.**

My soul magnifies the Lord, and my spirit rejoices in God my Savior. [RSV]

**Verse:** *For he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed.* [RSV]

The reading is from Paul's Letter to the Galatians.

Gal. 3:23-29; 4:1-5

Brethren, before faith came, we were confined under the law, kept under restraint until faith should be revealed. So that the law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for

you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise. I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth his Son, born of a woman, born under the law, to redeem those who were under the law, so that we might receive adoption as sons. [RSV]

**Alleluia. Mode pl. 4. Psalm 131.**

Alleluia. Alleluia. Alleluia.

**Verse 1:** *Arise, O Lord, into Your rest, You and the ark of Your holiness.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *The Lord swore to David this truth, and He shall not reject it, "I shall set upon your throne one from the fruit of your loins."* [SAAS]

Alleluia. Alleluia. Alleluia.

### **The Gospel**

*For the Holy Woman.*

The reading is from the Holy Gospel according to Mark.

**Mk. 5:24-34**

At that time, a great crowd followed him and thronged about him. And there was a woman who had had a flow of blood for twelve years, and who had suffered much under many physicians, and had spent all that she had, and was no better but rather grew worse. She had heard the reports about Jesus, and came up behind him in the crowd and touched his garment. For she said, "If I touch

even his garments, I shall be made well." And immediately the hemorrhage ceased; and she felt in her body that she was healed of her disease. And Jesus, perceiving in himself that power had gone forth from him, immediately turned about in the crowd, and said, "Who touched my garments?" And his disciples said to him, "You see the crowd pressing around you, and yet you say, 'Who touched me?' " And he looked around to see who had done it. But the woman, knowing what had been done to her, came in fear and trembling and fell down before him, and told him the whole truth. And he said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease." [RSV]

### **Hymn to the Theotokos.**

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

### **Communion Hymn. Psalm 111/112.**

The righteous will be remembered for ever. Alleluia. [RSV]

### **Hymn after Holy Communion.**

#### **Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

## THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, holy Great Martyr Marina, whose memory we celebrate; and of all the saints, have mercy on us and save us, for He is good and loves mankind.

### **Fasting Rule**

*Wine: Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.*

*It is a minor feast.*