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The Service of Matins

for Friday, November 29, 2019

Octoechos - Mode pl. 2. on Friday Morning

Menaion - November 29 Memory of the Holy Martyrs Paramonos and Philoumenos

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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Όκτώηχος - Ήχος πλ. β'.

Τῆ Παρασκευῆ Πρωΐ

Μηναΐον - ΤΗι ΚΘ' ΝΟΕΜΒΡΙΟΥ

Μνήμη τῶν Ἁγίων Μαοτύοων Παραμόνου καὶ Φιλουμένου

ΟΡΘΡΟΣ

ΧΟΡΟΣ

$^{\circ}$ H χ o ς δ' .

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν. Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

Στίχ. α'. Έξομολογεῖσθε τῷ Κυρίῳ καὶ ἐπικαλεῖσθε τὸ ὄνομα τὸ ἄγιον αὐτοῦ.

ἤ' Ἐξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός,ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.

Στίχ. β'. Πάντα τὰ ἔθνη ἐκύκλωσάν με, καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ'. Παρὰ Κυρίου ἐγένετο αὕτη καὶ ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Οί Μάρτυρές σου Κύριε, ἐν τῆ ἀθλήσει αὐτῶν, στεφάνους ἐκομίσαντο τῆς ἀφθαρσίας, ἐκ σοῦ τοῦ Θεοῦ ἡμῶν σχόντες γὰρ τὴν ἰσχύν σου, τοὺς τυράννους καθεῖλον, ἔθραυσαν καὶ δαιμόνων, τὰ ἀνίσχυρα θράση. Αὐτῶν ταῖς ἱκεσίαις, Χριστὲ ὁ Θεός, σῶσον τὰς ψυχὰς ἡμῶν.

Τῆς Ὀκτωήχου - - -

Δόξα· καὶ νῦν. **Θεοτοκίον.** ^{*}**Ηχος δ**΄. Ταχὺ προκατάλαβε.

Παρθένε πανάμωμε, Μήτης Χοιστοῦ τοῦ Θεοῦ, ὁομφαία διῆλθέ σου, τὴν παναγίαν ψυχήν, ἡνίκα σταυρούμενον, ἔβλεψας ἑκουσίως, τὸν Υἱὸν καὶ Θεόν

Octoechos - Mode pl. 2.

On Friday Morning

Menaion - November 29

Memory of the Holy Martyrs Paramonos and Philoumenos

MATINS

CHOIR

Mode 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: *Give thanks to the Lord and call upon His name.*

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: All the nations surrounded me, but in the name of the Lord I defended myself against them.

Verse 3: And this came about from the Lord, and it is wonderful in our eyes.

Apolytikion. For the Martyrs. Mode 4. *Come quickly.*

Your Martyrs, O Lord, were worthily awarded by You * the crowns of incorruption, in that they contested for You our immortal God. * Since they possessed Your power, they defeated the tyrants, * dashing the demons' powerless displays of defiance. * O Christ God, at their fervent entreaties, save our souls.

[SD]

From Octoechos - - -

Glory. Both now. **Theotokion.**

Mode 4. Come quickly.

O Mother of Christ our God, all-blameless Virgin most pure, * as Symeon told, a sword pierced through your all-holy soul * when you saw your Son and God * crucified by σου, ὅν περ εὐλογημένη, δυσωποῦσα μὴ παύση, συγχώρησιν πταισμάτων, ἡμῖν δωρήσασθαι.

Άναγινώσκεται τὸ οἰκεῖον Κάθισμα τοῦ Ψαλτηρίου, ἤτοι Κάθισμα 19. Καὶ εὐθύς, ἄνευ μικρᾶς Συναπτῆς

Τῆς Ὀκτωήχου - - -

ΧΟΡΟΣ

Κάθισμα Α'. Σταυοώσιμα. Ἡχος πλ. β'.

Μόνον ἐπάγη τὸ ξύλον, Χοιστὲ τοῦ Σταυροῦ σου, τὰ θεμέλια ἐσαλεύθησαν, τοῦ θανάτου Κύριε· ὃν γὰρ κατέπιε πόθω ὁ ἄδης, ἀπέλυσε τρόμω· Ἐδειξας ἡμῖν τὸ σωτήριόν σου Ἅγιε, καὶ δοξολογοῦμέν σε Υίὲ Θεοῦ, ἐλέησον ἡμᾶς.

Στίχ. Ύψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ, ὅτι ἄγιός ἐστι.

Κύριε, κατέκρινάν σε Ἰουδαῖοι θανάτω, τὴν ζωὴν τῶν ἀπάντων, οἱ τὴν Ἐρυθρὰν ῥάβδω πεζεύσαντες, Σταυρῷ σε προσήλωσαν, καὶ οἱ ἐκ πέτρας μέλι θηλάσαντες, χολήν σοι προσήνεγκαν, ἀλλ' ἑκὼν ὑπέμεινας, ἵνα ἡμᾶς ἐλευθερώσης, τῆς δουλείας τοῦ ἐχθροῦ, Κύριε δόξα σοι.

Δόξα· καὶ νῦν. **Σταυφοθεοτοκίον.** Ήχος πλ. β΄. Ἐλπὶς τοῦ κόσμου ἀγαθή.

Ή μόνη ἄμωμος Ἀμνάς, Θεοτόκε Παρθένε, τὸν ἐξ αἱμάτων σου ἁγνῶν, σαρκωθέντα ὁρῶσα, κρεμάμενον ἐθελουσίως ἐν Σταυρῷ, ἐκραύγαζες Κόρη, transgressors of His own will, O Lady. * Cease not to importune Him, * that He grant the forgiveness * of failings to us your servants, * O only most-blessed one. [SD]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 19. There is no litany, but immediately the following:

From Octoechos - - -

CHOIR

Kathisma I. For the Cross. Mode pl. 2.

The wood of Your Cross was merely planted, O Christ, and the foundations of death were shaken, O Lord. Hades had swallowed You eagerly, but with trembling it disgorged You. You have shown us Your salvation, O Holy One, and we glorify You, Son of God. Have mercy on us.

Verse: Exalt the Lord our God, and worship at the footstool of His feet.

Your people condemned you to death, O Lord,/yet you are the life of all:/with the rod of Moses you led them on dry ground through the Red Sea,/yet they nailed you to the cross;/you fed them with honey from the rock, yet they gave you gall./But you willingly endured these things to free us from the bondage of the enemy.//O Christ our God: Glory to you.

Glory. Both now. **Stavrotheotokion. Mode pl. 2.** *You are the good hope.*

O only Virgin Mother of God, * as the allblameless Ewe-lamb, * as you beheld your only Son who from your pure blood was incarnate * to hang upon the Cross of His own will, * O Maiden, you cried out * while ἐν δάκουσι πικοοῖς· Υἱέ μου ἀνεξίκακε, ὑμνῶ σου τὴν φοικτήν, πᾶσαν οἰκονομίαν.

Άναγινώσκεται τὸ οἰκεῖον Κάθισμα τοῦ Ψαλτηρίου, ἤτοι Κάθισμα 20. Καὶ εὐθύς, ἄνευ μικρᾶς Συναπτῆς

ΧΟΡΟΣ

Τῆς Ὀκτωήχου - - -

Κάθισμα Β'. Σταυοώσιμα. Ἡχος πλ. β'.

Σήμερον τὸ προφητικὸν πεπλήρωται λόγιον ἰδοὺ γὰρ προσκυνοῦμεν εἰς τὸν τόπον, οὖ ἔστησαν οἱ πόδες σου Κύριε, καὶ ξύλου σωτηρίας γευσάμενοι, τῶν ἐξ ἁμαρτίας παθῶν ἐλευθερίας ἐτύχομεν, πρεσβείαις τῆς Θεοτόκου, μόνε φιλάνθρωπε.

Στίχ. Ὁ δὲ Θεὸς βασιλεὺς ἡμῶν πρὸ αἰώνων, εἰργάσατο σωτηρίαν ἐν μέσῳ τῆς γῆς.

Ό Σταυρός σου Κύριε ἡγίασται· ἐν αὐτῷ γὰρ γίνονται ἰάματα, τοῖς ἀσθενοῦσιν ἐν ἁμαρτίαις, δι' αὐτοῦ σοι προσπίπτομεν. Ἐλέησον ἡμᾶς.

Δόξα· καὶ νῦν. **Σταυφοθεοτοκίον.** Ήχος πλ. β΄. Ἑλπὶς τοῦ κόσμου ἀγαθή.

Παρισταμένη τῷ Σταυρῷ, ἡ Παρθένος καὶ Μήτηρ, τοῦ ἄνευ πάθους ἐξ αὐτῆς, ὑπὲρ νοῦν σαρκωθέντος, ἐκραύγαζε δακρυὀροοῦσα μητρικῶς οὐ φέρω σε νεκρὸν κρεμάμενον ὁρᾳν, πνοὴν τὸν παρεχόμενον, τοῖς ζῶσιν ἐπὶ γῆς, ὧ Υἱὲ καὶ Θεέ μου.

shedding bitter tears: * "O most forbearing Son of mine, * I hymn and I extol * Your plan for our salvation." [5D]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 20. There is no litany, but immediately the following:

CHOIR

From Octoechos - - -

Kathisma II. For the Cross. Mode pl. 2.

Today the prophetic saying has been fulfilled. For, behold, we are worshiping in the place where Your feet stood, O Lord. And now that we have eaten from tree of salvation, we have obtained the freedom from the passions that come from sin, by the intercessions of the Theotokos, O only Lord who loves humanity.

Verse: God is our King before the ages; He worked salvation in the midst of the earth.

O Lord, Your Cross was sanctified. Truly cures are effected by it, for those who are sick in sins. Through it we worship You. Have mercy on us. [5D]

Glory. Both now. **Stavrotheotokion. Mode pl. 2.** *You are the good hope.*

The Virgin Mother stood by the cross * of the Lord who became incarnate * without passion from her * in an ineffable manner; * she wept and maternally cried out: "I cannot bear to see You crucified and dead, * who granted breath to everything * that lives upon the earth, * O my Son and my God." [5D]

Τῆς Ὀκτωήχου - - -

Κάθισμα Γ'. Σταυρώσιμα.

Ήχος πλ. β΄. Έλπὶς τοῦ κόσμου ἀγαθή.

Σταυρὲ δαιμόνων ἐλατήρ, ἰατρὲ τῶν νοσούντων, ἰσχὺς καὶ φύλαξ τῶν πιστῶν, Βασιλέων τὸ νῖκος, τὸ καύχημα τῶν Ὀρθοδόξων ἀληθῶς, τὸ στήριγμα τῆς Ἐκκλησίας τοῦ Χριστοῦ, γενοῦ ἡμῖν ἀσφάλεια, καὶ τεῖχος καὶ φοουρός, ξύλον εὐλογημένον.

Στίχ. Θαυμαστός ὁ Θεὸς ἐν τοῖς ἁγίοις αὐτοῦ.

Μαοτυοικόν.

Φῶς δικαίοις διὰ παντός οί γὰο Άγιοι ἐν σοὶ φωτισθέντες, καταλάμπουσιν ἀεὶ ὡς φωστῆρες, λύχνον ἀσεβῶν σβέσαντες, ὧν ταῖς εὐχαῖς, σὺ φωτιεῖς λύχνον μου Κύριε, καὶ σῶσόν με.

Δόξα καὶ νῦν. Σταυροθεοτοκίον.

Παναγία Θεοτόκε, τὸν χρόνον τῆς ζωῆς μου, μὴ ἐγκαταλίπης με, ἀνθοωπίνη προστασία, μὴ καταπιστεύσης με, ἀλλ' αὐτὴ ἀντιλαβοῦ, καὶ ἐλέησόν με.

ΑΝΑΓΝΩΣΤΗΣ

Κύριε, ἐλέησον. (ἐκ γ')

Δόξα καὶ νῦν.

Ψαλμὸς N' (50).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου έξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου, καὶ απὸ τῆς ἁμαρτίας μου καθάρισόν με. Ότι τὴν ανομίαν μου έγω γινώσκω, καὶ ή άμαρτία μου ἐνώπιόν μού ἐστι διὰ παντός. Σοὶ μόνω ήμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς

From Octoechos - - -

Kathisma III. For the Cross.

Mode pl. 2. *N/M* (You are the good hope.)

O blessed tree of the cross:/you heal all ills and expel all demons./You are the strength and protection of believers,/the prize of kings and true pride of the Orthodox,/ the support of the Church of Christ: // be our safeguard, our assurance and our rampart.

Verse: God is wondrous in His saints.

For the Martyrs.

Light always dawns for the righteous. The saints were illumined in You, and they shine like stars forever, and they extinguish the lamp of the impious. By their prayers, You will light my lamp, O Lord, and save me. [50]

Glory. Both now. Stavrotheotokion.

O all-holy Theotokos, during my lifetime, I pray do not abandon me, nor entrust me to merely human protection; rather you help me yourself and have mercy on me. [SD]

READER

Lord, have mercy. (3)

Glory. Both now.

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when

λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ίδοὺ γὰο ἐν ἀνομίαις συνελήφθην, καὶ ἐν άμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἰδοὺ γὰο ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κούφια τῆς σοφίας σου ἐδήλωσάς μοι. Ραντιεῖς με ὑσσώπω, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲο χιόνα λευκανθήσομαι. Άκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφοοσύνην άγαλλιάσονται ὀστέα τεταπεινωμένα. Απόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν άμαςτιῶν μου καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον. Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον έν τοῖς ἐγκάτοις μου. Μὴ ἀποὀῥίψης με ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά σου τὸ ἄγιον μὴ ἀντανέλης ἀπ' ἐμοῦ. Απόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ στήριξόν με. Διδάξω ἀνόμους τὰς ὁδούς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με έξ αίμάτων, ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου άγαλλιάσεται ή γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χείλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ότι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν όλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετοιμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει. Ἀγάθυνον, Κύριε, ἐν τῆ εὐδοκία σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ίερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὁλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

Συναξάριον.

Τοῦ Μηναίου.

Τῆ ΚΘ΄ τοῦ αὐτοῦ μηνὸς μνήμη τῆς ἀθλήσεως τοῦ ἁγίου Μάρτυρος Παραμόνου, καὶ τῶν ἁγίων τριακοσίων ἑβδομήκοντα συμμπαρτύρων αὐτοῦ.

Τῆ αὐτῆ ἡμέρα μνήμη τοῦ ἁγίου Μάρτυρος Φιλουμένου.

Τῆ αὐτῆ ἡμέρα μνήμη τοῦ ὁσίου Πατρὸς ἡμῶν Νικολάου, ἀρχιεπισκόπου Θεσσαλονίκης καὶ τοῦ ἁγίου Ἱερομάρτυρος Ἰωάννου τοῦ ἐν Περσίδι καὶ τῶν ἁγίων ἕξ Μαρτύρων, οὕς διωκομένους, πέτρα ἑαγεῖσα ὑπεδέξατο αὐτούς.

Τῆ αὐτῆ ἡμέρα ὁ ἄγιος Οὐβρανός, Ἐπίσκοπος Μακεδονίας, ἐν εἰρήνη τελειοῦται.

Τῆ αὐτῆ ἡμέρα ὁ ἄγιος Διονύσιος, Ἐπίσκοπος Κορίνθου, ξίφει πληγεὶς τελειοῦται.

Τῆ αὐτῆ ἡμέρα ὁ ὅσιος Παγκόσμιος ἐν εἰρήνη τελειοῦται.

Τῆ αὐτῆ ἡμέρα ὁ ὅσιος Πιτυροὺν ἐν εἰρήνη τελειοῦται.

Τῆ αὐτῆ ἡμέρα ὁ ἅγιος Μάρτυς Οὐαλλερῖνος ξίφει τελειοῦται.

Τῆ αὐτῆ ἡμέρα ὁ ἄγιος Φαῖδρος, ἡητίνης ζεούσης καταχεθείσης αὐτω, τελειοῦται.

Ταῖς τῶν Ἁγίων σου ποεσβείαις, ὁ Θεός, ἐλέησον ἡμᾶς. Ἀμήν.

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

Synaxarion.

From the Menaion.

On November 29, we commemorate the contest of the holy Martyr Paramonos and his 370 fellow holy martyrs.

Today we also commemorate the holy Martyr Philumenos.

Today we commemorate our devout father Nicholas, Archbishop of Thessaloniki; and also the holy hieromartyr John of Persia; and the six holy Martyrs who were chased and then a rock split open and let them in.

On this day St. Urban, Bishop of Macedonia, died in peace.

On this day St. Dionysios, Bishp of Corinth, died after being wounded by a sword.

On this day devout St. Pancosmios died in peace.

On this day devout St. Pitiroun died in peace.

On this day the holy martyr Valerinus died by the sword.

On this day St. Fedros died when boiling pitch was poured over him.

By the intercessions of Your saints, O God, have mercy on us. Amen.

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

ΧΟΡΟΣ

'Ωδὴ θ'. Μεγαλυνάριον. Ἡχος δ'.

Στίχ. Μεγαλύνει ή ψυχή μου τὸν Κύριον, καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ότι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ ἰδού γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ότι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός, καὶ ἄγιον τὸ ὄνομα αὐτοῦ, καὶ το ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεὰν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ, διεσκόρπισεν ὑπερηφάνους διανοία καρδίας αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

CHOIR

Ode ix. Megalynarion. Mode 4.

Verse: My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation. [NK]V]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων, καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Άντελάβετο Ίσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ὁ Εἱρμός. Ἦχος δ'.

Λίθος ἀχειρότμητος ὄφους, ἐξ ἀλαξεύτου σου Παρθένε, ἀκρογωνιαῖος ἐτμήθη, Χριστὸς συνάψας τὰς διεστώσας φύσεις. Διὸ ἐπαγαλλόμενοι σὲ Θεοτόκε μεγαλύνομεν.

ἄξιόν ἐστιν ὡς ἀληθῶς μακαρίζειν σε τὴν Θεοτόκον, τὴν ἀειμακάριστον καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ ἡμῶν. Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

ΔΙΑΚΟΝΟΣ

Έτι καὶ ἔτι ἐν εἰρήνη τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Verse: He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever. [NKIVI]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Heirmos. Mode 4.

A cornerstone was cut out without hands * from a never-quarried mountain, * which prefigured you, holy Virgin. * The stone is Christ, who joined the disparate natures. * As we rejoice because of this, O Theotokos, we magnify you.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχοάντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ότι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰωνων.

 $(A\mu\eta\nu.)$

ΧΟΡΟΣ

Τοῦ Ώφολογίου - -

Έξαποστειλάριον.

Ήχος γ'. Ὁ οὐρανὸν τοῖς ἄστροις.

Σταυρὲ Χριστοῦ μου τὸ σκῆπτρον, καὶ νῖκος τῶν ἀνακτόρων, τῶν Ὀρθοδόξων ἡ δόξα, φρούρει τοὺς σὲ προσκυνοῦντας, ἵνα ἡττῶνται τὰ πλήθη, τῶν κακοδόξων ἀνθρώπων.σ

Έτερον.

ἦΗχος β΄. Τῶν Μαθητῶν ὁρώντων σε.

Σταυρός, ὁ φύλαξ πάσης τῆς οἰκουμένης· Σταυρός, ἡ ὡραιότης τῆς Ἐκκλησίας, Σταυρός, Βασιλέων τὸ κραταίωμα· Σταυρός, Πιστῶν τὸ στήριγμα· Σταυρός, Ἀγγέλων ἡ δόξα, καὶ τῶν δαιμόνων τὸ τραῦμα.

Σταυφοθεοτοκίον.

Ήχος γ΄. Ὁ οὐρανὸν τοῖς ἄστροις.

Έν τῷ Σταυοῷ παρεστῶσα, ἡ σὲ ἀσπόρως τεκοῦσα, καὶ θρηνφδοῦσα ἐβόα·

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

From Horologion - -

Exaposteilarion.

Mode 3. N/M (Having embellished.)

Cross of my Christ, sceptre and victory of Sovereigns, glory of the Orthodox, guard those who worship you, that the multitudes of the unorthodox may be defeated.

Another.

Mode 2. With the disciples.

O Cross, you are the guardian of the whole world. * O Cross, you are the height of the Church's beauty. * O Cross, you are what strengthened the Emperors. * O Cross, the believers' firm support. * O Cross, the glory of Angels * and the defeat of the demons.

Stavrotheotokion.

Mode 3. N/M (Having embellished.)

As she stood by the Cross, Your Mother, who gave birth to You without seed, cried out lamenting: "Alas! O sweetest child of mine,

Οἴμοι! γλυκύτατον τέκνον, πῶς ἔδυς ἐξ ὀφθαλμῶν μου, πῶς ἐν νεκροῖς ἐλογίσθης;

ΑΝΑΓΝΩΣΤΗΣ

Οἱ Αἶνοι. (διαβαστά) Ψαλμὸς PMH' (148).

Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ ἄστρα καὶ τὸ φῶς. Αἰνεῖτε αὐτὸν οί οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ύπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι αὐτὸς εἶπε, καὶ έγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν. Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται. Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι πῦρ, χάλαζα, χιών, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ· τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι τὰ θηρία καὶ πάντα τὰ κτήνη, έρπετὰ καὶ πετεινὰ πτερωτά βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων αὶνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. Καὶ ὑψώσει κέρας λαοῦ αὐτοῦ· ὕμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραήλ, λαῷ ἐγγίζοντι αὐτῷ.

Ψαλμὸς ΡΜΘ′(149).

Άσατε τῷ Κυρίῳ ἄσμα καινόν, ἡ αἴνεσις αὐτοῦ ἐν ἐκκλησία ὁσίων. Εὐφρανθήτω

how is it that You have set like the sun from my eyes? How is it that You are accounted among the dead?" [SD]

READER

Lauds. (read) Psalm 148.

Praise the Lord from the heavens; praise Him in the highest. Praise Him, all you His angels; praise Him, all you His hosts. Praise Him, sun and moon; praise Him, all you stars and light. Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name, for He spoke, and they were made; He commanded, and they were created. He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away. Praise the Lord from the earth, you dragons and all the deeps, Fire and hail, snow and ice, stormy wind, which perform His word, mountains and all the hills, fruitful trees and all cedars, wild animals and all cattle, creeping things and flying birds, kings of the earth and all peoples, princes and all judges of the earth, young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted; His thanksgiving is in earth and heaven. And He shall exalt the horn of His people, a hymn for all His saints, for the children of Israel, a people who draw near to Him. [SAAS]

Psalm 149.

Sing to the Lord a new song, His praise in the assembly of His holy ones. Let Israel

Ίσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οί υίοὶ Σιὼν ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν. Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ, ὅτι εὐδοκεῖ Κύριος έν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρία. Καυχήσονται ὅσιοι ἐν δόξη καὶ άγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν. Αἱ ύψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ φομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμοὺς έν τοῖς λαοῖς, τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν έν χειροπέδαις σιδηραῖς, τοῦ ποιῆσαι ἐν αὐτοῖς κοῖμα ἔγγοαπτον δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Ψαλμὸς PN' (150).

Αἰνεῖτε τὸν θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ· αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ. Αἰνεῖτε αὐτὸν ἐν ἤχω σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίω καὶ κιθάρα· αἰνεῖτε αὐτὸν ἐν τυμπάνω καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνω· αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις Αλληλούϊα.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Δοξολογία (διαβαστά)

Σοὶ δόξα πρέπει, Κύριε, ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρί, καὶ τῷ Υἱῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν. Δόξα ἐν ὑψίστοις Θεῷ, καὶ ἐπὶ γῆς

be glad in Him who made him, and let the children of Zion greatly rejoice in their King. Let them praise His name with dance; with tambourine and harp let them sing to Him; for the Lord is pleased with His people, and He shall exalt the gentle with salvation. The holy ones shall boast in glory, and they shall greatly rejoice on their beds; the high praise of God shall be in their mouth and a two-edged sword in their hand, to deal retribution to the nations, reproving among the peoples, to shackle their kings with chains and their nobles with fetters of iron, to fulfill among them the written judgment: This glory have all His holy ones. [SAAS]

Psalm 150.

Praise God in His saints; praise Him in the firmament of His power; praise Him for His mighty acts; praise Him according to the abundance of His greatness. Praise Him with the sound of a trumpet; praise Him with the harp and lyre; praise Him with timbrel and dance; praise Him with strings and flute; praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. Alleluia. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Doxology (read)

To you belongs glory, O Lord our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. Glory to God in the highest, and on earth peace,

εἰρήνη ἐν ἀνθρώποις εὐδοκία. Ύμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν. Κύριε Βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτος· Κύριε Υίὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Άγιον Πνεῦμα. Κύριε ὁ Θεός, ὁ Άμνὸς τοῦ Θεοῦ, ὁ Υίὸς τοῦ Πατρός, ὁ αἴρων τὴν άμαςτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου. Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾳ τοῦ Πατρός, καὶ ἐλέησον ἡμᾶς. Ότι σὸ εἶ μόνος Άγιος, σὺ εἶ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρός. Ἀμήν. Καθ' ἑκάστην ἡμέραν εὐλογήσω σε, καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα, καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Κύριε, καταφυγή ἐγενήθης ἡμῖν ἐν γενεᾳ καὶ γενεᾶ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με· ἴασαι τὴν ψυχήν μου, ὅτι ἥμαρτόν σοι. Κύριε, πρὸς σὲ κατέφυγον δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὰ εἶ ὁ Θεός μου. Ότι παρά σοὶ πηγή ζωῆς ἐν τῷ φωτί σου ὀψόμεθα φῶς. Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε. Καταξίωσον, Κύριε, ἐν τῆ ἡμέρα ταύτη ἀναμαρτήτους φυλαχθῆναι ἡμᾶς. Εὐλογητὸς εἶ, Κύριε, ό Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν. Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ. Εὐλογητὸς εἶ, Κύριε δίδαξόν με τὰ δικαιώματά σου. Εὐλογητὸς εἶ, Δέσποτα· συνέτισόν με τὰ δικαιώματά σου. Εὐλογητός εἶ, Ἅγιε φώτισόν με τοῖς δικαιώμασί σου. Κύριε, τὸ ἔλεός σου εἰς τὸν αἰῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδης. Σοὶ πρέπει αἶνος, σοὶ πρέπει ὕμνος, σοὶ

good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; onlybegotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every day I shall bless you, and I shall praise your name forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who know you. Grant, O Lord, that in this day we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy One, enlighten me with your commandments. Lord, your mercy remains forever, do not turn away from the works of your hands. To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. Amen.

δόξα πρέπει, τῷ Πατρί, καὶ τῷ Υίῷ, καὶ τῷ Άγίῳ Πνεύματι, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΔΙΑΚΟΝΟΣ

Πληρώσωμεν την έωθινην δέησιν ήμῶν τῷ Κυρίῳ.

(Κύριε, ἐλέησον.)

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τὴν ἡμέραν πᾶσαν τελείαν, ἁγίαν, εἰρηνικὴν καὶ ἀναμάρτητον, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχου, Κύριε.)

Άγγελον εἰρήνης, πιστὸν ὁδηγόν, φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχου, Κύριε.)

Συγγνώμην καὶ ἄφεσιν τῶν ἁμαοτιῶν καὶ τῶν πλημμελημάτων ἡμῶν, παοὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχου, Κύριε.)

Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς ήμῶν καὶ εἰρήνην τῷ κόσμῳ, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχου, Κύριε.)

Τὸν ὑπόλοιπον χοόνον τῆς ζωῆς ἡμῶν ἐν εἰρήνη καὶ μετανοία ἐκτελέσαι, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχου, Κύριε.)

Χοιστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν, ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικά, καὶ καλὴν ἀπολογίαν τὴν ἐπὶ τοῦ φοβεροῦ βήματος τοῦ Χριστοῦ αἰτησώμεθα.

(Παράσχου, Κύριε.)

Τῆς Παναγίας ἀχοάντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης

DEACON

Let us complete our morning prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos

ήμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ότι Θεὸς ἐλέους, οἰκτιρμῶν, καὶ φιλανθρωπίας ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρί, καὶ τῷ Υἱῷ, καὶ τῷ Άγίῳ Πνεύματι, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Άμήν.)

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΔΙΑΚΟΝΟΣ

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίῳ κλίνομεν.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

Κύριε, Άγιε, ὁ ἐν ὑψηλοῖς κατοικῶν καὶ τὰ ταπεινὰ ἐφορῶν, καὶ τῷ παντεφόρῳ σου ὅμματι ἐπιβλέπων ἐπὶ πᾶσαν τὴν κτίσιν, σοὶ ἐκλίναμεν τὸν αὐχένα τῆς ψυχῆς καὶ τοῦ σώματος, καὶ δεόμεθά σου Ἅγιε Ἁγίων ἔκτεινον τὴν χεῖρά σου τὴν ἀόρατον ἐξ άγίου κατοικητηρίου σου, καὶ εὐλόγησον πάντας ἡμᾶς καὶ εἴτι ἡμάρτομεν ἑκουσίως ἡ ἀκουσίως, ὡς ἀγαθὸς καὶ φιλάνθρωπος Θεὸς συγχώρησον, δωρούμενος ἡμῖν τὰ ἐγκόσμια καὶ ὑπερκόσμια ἀγαθά σου.

Σὸν γάρ ἐστι τὸ ἐλεεῖν καὶ σώζειν ἡμᾶς, ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρί, καὶ τῷ Υἱῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Άμήν.)

and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the God of mercy and compassion and love for mankind, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST (in a low voice)

Holy Lord, dwelling on high and beholding things below and, with your eye that observes all, keeping watch over the whole creation, to you we have bowed the neck of our soul and body, and we beseech you, O Holy of Holies: Stretch forth your invisible hand from your holy dwelling and bless us all. And, as you are good and love humankind, pardon us if we have sinned in anything, voluntarily or involuntarily, granting us your blessings both of this world and of the world above.

For Yours it is to show mercy and to save us, O our God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

Τῆς Ὀκτωήχου - - -

ΧΟΡΟΣ

Απόστιχα τῆς Ὀκτωήχου. Ἡχος πλ. β'.

Έν τῷ Σταυοῷ τὴν ἐλπίδα κέκτημαι, καὶ ἐν αὐτῷ καυχώμενος βοῶ· Φιλάνθοωπε Κύοιε, τὴν ἀλαζονείαν κατάβαλε, τῶν μὴ ὁμολογούντων σε, Θεὸν καὶ ἄνθοωπον.

Στίχ. Ένεπλήσθημεν τὸ πρωΐ τοῦ ἐλέους σου, Κύριε, καὶ ἠγαλλιασάμεθα καὶ εὐφράνθημεν ἐν πάσαις ταῖς ἡμέραις ἡμῶν εὐφρανθείημεν ἀνθ΄ ὧν ἡμερῶν ἐταπείνωσας ἡμᾶς, ἐτῶν, ὧν εἴδομεν κακά. Καὶ ἴδε ἐπὶ τοὺς δούλους σου καὶ ἐπὶ τὰ ἔργα σου καὶ ὁδήγησον τοὺς υἱοὺς αὐτῶν.

Οἱ τῷ Σταυοῷ τειχιζόμενοι, τῷ ἐχθοῷ ἀντιτασσόμεθα, μὴ δειλιῶντες τὰς αὐτοῦ μεθοδείας καὶ ἐνέδοας· ὁ γὰο ὑπερήφανος κατήργηται, καὶ καταπεπάτηται, τῆ δυνάμει τοῦ ἐν ξύλῳ, προσπαγέντος Χριστοῦ.

Στίχ. Καὶ ἔστω ἡ λαμπρότης Κυρίου τοῦ Θεοῦ ἡμῶν ἐφ' ἡμᾶς, καὶ τὰ ἔργα τῶν χειρῶν ἡμῶν κατεύθυνον ἐφ' ἡμᾶς, καὶ τὸ ἔργον τῶν χειρῶν ἡμῶν κατεύθυνον.

Κύριε, ἐν τῆ μνήμη τῶν Ἁγίων σου, πᾶσα ἡ κτίσις ἑορτάζει, οὐρανοὶ ἀγάλλονται σὺν τοῖς Ἁγγέλοις, καὶ ἡ γῆ εὐφραίνεται σὺν τοῖς ἀνθρώποις, αὐτῶν ταῖς παρακλήσεσιν, ἐλέησον ἡμᾶς.

Δόξα καὶ νῦν. **Σταυφοθεοτοκίον.** Ήχος πλ. β'. Τριήμερος ἀνέστης.

Ἐπάγην μὲν ὡς ἄνθοωπος, ἐν ξύλφ καὶ νενέκοωμαι, καὶ ἐν τάφφ κατετέθην ὡς θνητός, ἀλλ' ὡς Θεὸς ἐν δόξη, Μήτηο άγνὴ Παρθένε, πάλιν ἀνίσταμαι τριήμερος.

From Octoechos - - -

CHOIR

Aposticha of the Octoechos. Mode pl. 2.

I now have hope, because of the Cross, and I boast in it, saying: "O humane Lord, bring down the arrogance of those who do not confess You to be both God and man." [SD]

Verse: We were filled with Your mercy in the morning, and in all our days we greatly rejoiced and were glad; gladden us in return for the days You humbled us, for the years we saw evil things. And behold Your servants and Your works, and guide their sons. [SAAS]

We who are shielded by the Cross stand up to the enemy, and we are not frightened by his tactics and traps. For the proud one has been brought down, and he has been trampled by the power of Christ, who was nailed to the Cross. [5D]

Verse: And let the brightness of the Lord our God be upon us, and prosper for us the works of our hands. [SAAS]

O Lord, all creation celebrates at the memory of Your Saints: the heavens and the Angels are exultant, and the earth rejoices with its people. By their supplications, have mercy on us. [5D]

Glory. Both now. **Stavrotheotokion. Mode pl. 2.** *O Christ, as it is written.*

As man, I have been nailed to a cross, * and truly I am put to death. * As a mortal, I am laid within a tomb, * but as God, I will in glory * rise again on the third day, * O holy Mother, ever-virgin and pure.

ΙΕΡΕΥΣ

Άγαθὸν τὸ ἐξομολογεῖσθαι τῷ Κυوίῳ καὶ ψάλλειν τῷ ὀνόματί σου, Ύψιστε· τοῦ ἀναγγέλλειν τῷ πρωΐ τὸ ἔλεός σου καὶ τὴν ἀλήθειάν σου κατὰ νύκτα.

ΑΝΑΓΝΩΣΤΗΣ

Τρισάγιον.

Άγιος ὁ Θεός, ἄγιος Ἰσχυρός, ἄγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τοιάς, ἐλέησον ἡμᾶς. Κύοιε, ἱλάσθητι ταῖς ἁμαοτίαις ἡμῶν. Δέσποτα, συγχώοησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτες ἡμῶν ὁ ἐν τοῖς οὐςανοῖς, άγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ώς ἐν οὐςανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄςτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμεςον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειςασμόν, ἀλλὰ ςῦσαι ἡμᾶς ἀπὸ τοῦ πονηςοῦ.

ΙΕΡΕΥΣ

Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Άγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

PRIEST

It is good to give thanks to the Lord and to sing to Your name, O Most High, to proclaim Your mercy in the morning and Your truth at night. [SAAS]

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

 $(A\mu\eta\nu.)$

ΧΟΡΟΣ

Οἱ Μάρτυρές σου Κύριε, ἐν τῆ ἀθλήσει αὐτῶν, στεφάνους ἐκομίσαντο τῆς ἀφθαρσίας, ἐκ σοῦ τοῦ Θεοῦ ἡμῶν· σχόντες γὰρ τὴν ἰσχύν σου, τοὺς τυράννους καθεῖλον, ἔθραυσαν καὶ δαιμόνων, τὰ ἀνίσχυρα θράση. Αὐτῶν ταῖς ἱκεσίαις, Χριστὲ ὁ Θεός, σῶσον τὰς ψυχὰς ἡμῶν.

Τῆς Ὀκτωήχου - - -

 Δ όξα· καὶ νῦν. Θεοτοκίον. ^{*}Ηχος δ'.

Σὲ μεγαλύνομεν Θεοτόκε βοῶντες· Χαῖρε ἀδύτου φωτὸς Νεφέλη, αὐτὸν βαστάσασα ἐν κόλποις, τῆς δόξης τὸν Κύριον.

ΔΙΑΚΟΝΟΣ

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα ελεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ ἐλέησον.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ύπὲς τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ύπὲς τῶν ἀδελφῶν ἡμῶν, τῶν ἱεςέων, ἱεςομονάχων, ἱεςοδιακόνων καὶ μοναχῶν, καὶ πάσης τῆς ἐν Χριστῷ ἡμῶν ἀδελφότητος.

(Amen.)

CHOIR

Apolytikion. For the Martyrs. Mode 4. *Come quickly.*

Your Martyrs, O Lord, were worthily awarded by You * the crowns of incorruption, in that they contested for You our immortal God. * Since they possessed Your power, they defeated the tyrants, * dashing the demons' powerless displays of defiance. * O Christ God, at their fervent entreaties, save our souls.

[SD]

From Octoechos - - -

Glory. Both now. **Theotokion. Mode 4.**

We magnify you, O Theotokos, and cry out: You are the bush in which, without being burnt, Moses saw, as a flame, the fire of Divinity.

DEACON

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ύπὲς ἐλέους, ζωῆς, εἰςήνης, ὑγείας, σωτηςίας, ἐπισκέψεως, συγχωςήσεως καὶ ἀφέσεως τῶν ἁμαςτιῶν τῶν δούλων τοῦ Θεοῦ, πάντων τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν, τῶν κατοικούντων καὶ παςεπιδημούντων ἐν τῆ (πόλει, κώμη), ταύτη, τῶν ἐνοςιτῶν, ἐπιτρόπων, συνδρομητῶν καὶ ἀφιερωτῶν τοῦ ἁγίου ναοῦ τούτου.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ὑπέο τῶν μακαρίων καὶ ἀοιδίμων κτιτόρων τῆς ἁγίας Ἐκκλησίας ταύτης, καὶ ὑπὲο πάντων τῶν ποοαναπαυσαμένων πατέρων καὶ ἀδελφῶν ἡμῶν, τῶν ἐνθάδε εὐσεβῶς, κειμένων, καὶ ἁπανταχοῦ ὀρθοδόξων.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ύπὲς τῶν καρποφοςούντων καὶ καλλιες γούντων ἐν τῷ ἁγίῳ καὶ πανσέπτῳ ναῷ τούτῳ, κοπιώντων, ψαλλόντων καὶ ὑπὲς τοῦ πεςιεστῶτος λαοῦ, τοῦ ἀπεκδεχομένου τὸ παρὰ σοῦ μέγα καὶ πλούσιον ἔλεος.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Ότι ἐλεήμων καὶ φιλάνθοωπος Θεὸς ὑπάοχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατοὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Άμήν.)

ΔΙΑΚΟΝΟΣ

Σοφία.

(Εὐλόγησον.)

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed and evermemorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and allvenerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Wisdom.

(Father, bless!)

ΙΕΡΕΥΣ

Ό ὢν εὐλογητός, Χοιστὸς ὁ Θεὸς ἡμῶν, πάντοτε, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. (Αμήν.)

Στεφεώσαι, Κύφιος ὁ Θεός, τὴν ἁγίαν καὶ ἀμώμητον πίστιν τῶν εὐσεβῶν καὶ ὀφθοδόξων Χριστιανῶν, σὺν τῆ ἁγία αὐτοῦ Ἐκκλησία καὶ τῆ πόλει ταύτη εἰς αἰῶνας αἰώνων.

ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. (ἐκ γ') Εὐλόγησον.

ΙΕΡΕΥΣ

Χοιστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς ποεσβείαις τῆς παναχοάντου καὶ παναμώμου ἁγίας αὐτοῦ Μητοός, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυοοῦ, ποοστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου, ἐνδόξου, ποοφήτου, Ποοδρόμου καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων ἐνδόξων καὶ καλλινίκων μαρτύρων τῶν ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν (τοῦ Αγίου τοῦ Ναοῦ) τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ἰωακεὶμ καὶ ἄννης, καὶ πάντων τῶν Ἁγίων, ἐλεήσαι καὶ σώσαι ἡμᾶς, ὡς ἀγαθὸς καὶ φιλάνθρωπος.

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν, Κύριε Ἰησοῦ Χριστὲ ὁ Θεός, ἐλέησον καὶ σῶσον ἡμᾶς.

(Ἀμήν.)

PRIEST

Blessed are You, Christ our God, always now and forever and to the ages of ages. (*Amen.*)

Make firm, Lord our God, the holy and pure faith of the pious Orthodox Christians, together with the Holy Church and this city forever.

READER

Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)