

December 8

Octoechos - Mode pl. 4.

On Sunday Morning

### LITURGY

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#### Antiphon I. Mode 2.

**Verse 1:** Bless the Lord, O my soul, and everything within me, bless His holy name. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 2:** Bless the Lord, O my soul, and forget not all His rewards. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

**Verse 3:** The Lord prepared His throne in heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Through the intercessions of the Theotokos, Savior, save us.

#### Antiphon II. Mode 2.

**Verse 1:** Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist. [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

**Verse 2:** Blessed is he whose help is the God of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

**Verse 3:** The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

#### Antiphon III.

##### Mode pl. 4.

**Verse 1:** This is the day the Lord made; let us greatly rejoice and be glad therein. [SAAS]

#### Resurrectional Apolytikion.

##### Mode pl. 4.

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You. [SD]

**Verse 2:** Let heaven and earth praise Him. [SAAS]

You descended from on high, O compassionate One, and condescended to

be buried for three days, so that from the  
passions You might set us free. Our life and  
resurrection, O Lord, glory be to You. [SD]

*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Mode pl. 4.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

**Resurrectional.**

From Octoechos - - -

*Blessed are the merciful, for they shall obtain mercy.* [RSV]

Savior of the world, remember us Your servants \* as upon the Cross You remembered the Robber, \* only compassionate Christ, and account us worthy \* of inheriting Your heavenly Rule. [SD]

*Blessed are the pure in heart, for they shall see God.* [RSV]

Adam and Eve, rejoice as you hear that the devil, \* who a long time ago stripped you naked \* and took the both of you hostage when he deceived you, \* has been destroyed by the Cross of Christ. [SD]

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

Adam from the curse of the tree was delivered \* when of Your own will to the Tree You were fastened, \* and You restored in him the image of God, O Savior, \* and put him back again in Paradise. [SD]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

From the grave today has Christ truly risen, \* granting incorruption to all the believers. \* After His Passion, His burial and resurrection, \* He gave the Myrrh-bearing women joy. [SD]

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

Myrrh-bearers, rejoice, you wise and holy women. \* You were first to see our Savior's resurrection, \* and you announced the good tidings to His Apostles, \* the restoration of the universe. [SD]

*Rejoice and be glad, for your reward is great in heaven.* [RSV]

Beloved friends of Christ, O holy Apostles, \* since you will be with Him enthroned and in glory, \* as His Disciples intercede for us and entreat Him, \* that we may face Him with confidence. [SD]

Glory.

Eternal Trinity, and undivided Essence, \* Monad one in throne, in honor and in glory, \* the nature, kingdom and rule beyond all beginning, \* save us who sing Your praises faithfully. [SD]

Both now. **Theotokion.**

Spacious place of God, rejoice, blessed  
Virgin! \* Ark of the New Covenant, rejoice,  
Theotokos! \* O golden jar, from which the  
heavenly Manna \* was given unto all, O Lady,  
rejoice! [SD]

### Entrance Hymn. Mode 2.

Come, let us worship and bow down  
before Christ. Save us, O Son of God, risen  
from the dead. We sing to You, Alleluia. [GOA]

### Hymns After the Small Entrance.

From Octoechos - - -

#### Resurrectional Apolytikion.

##### Mode pl. 4.

You descended from on high, O  
compassionate One, and condescended to  
be buried for three days, so that from the  
passions You might set us free. Our life and  
resurrection, O Lord, glory be to You. [SD]

#### Apolytikion of the Parish Church

(The text of the Apolytikion of the local  
church goes here.)

From Menaion - - -

#### Kontakion.

##### Mode 3. Automelon.

On this day the Virgin Maid \* goes to the  
grotto to give birth \* to the pre-eternal Word  
\* in an ineffable manner. \* Dance for joy, all  
the inhabited earth, on hearing. \* Glorify along  
with Angels and with the shepherds \* Him  
who willed that He appear as \* a newborn  
Child, \* the pre-eternal God. [SD]

### THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,  
have mercy on us. (3) [GOA]

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the ages  
of ages. Amen.

Holy Immortal, have mercy on us.

### The Epistle

TWENTY-FIFTH SUNDAY

#### Prokeimenon. Mode pl. 4. Psalm 75.

Pray and return to the Lord Your God.

[SAAS]

**Verse:** *In Judah God is known; His name is  
great in Israel.* [SAAS]

Eph. 4:1-7

Brethren, I, a prisoner for the Lord, beg  
you to lead a life worthy of the calling to  
which you have been called, with all lowliness  
and meekness, with patience, forbearing one  
another in love, eager to maintain the unity  
of the Spirit in the bond of peace. There is one  
body and one Spirit, just as you were called  
to the one hope that belongs to your call, one  
Lord, one faith, one baptism, one God and  
Father of us all, who is above all and through  
all and in all. But grace was given to each of us  
according to the measure of Christ's gift. [RSV]

#### Alleluia. Mode pl. 4. Psalm 94.

Alleluia. Alleluia. Alleluia.

**Verse 1:** *Come, let us greatly rejoice in the  
Lord; let us shout aloud to God our savior.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *Let us come before His face with  
thanksgiving.* [SAAS]

Alleluia. Alleluia. Alleluia.

### The Gospel

Tenth Sunday of Luke

Lk. 13:10-17

At that time, Jesus was teaching in one  
of the synagogues on the sabbath. And there  
was a woman who had a spirit of infirmity  
for eighteen years; she was bent over and  
could not fully straighten herself. And

when Jesus saw her, he called her and said to her, "Woman, you are freed from your infirmity." And he laid his hands upon her, and immediately she was made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the sabbath day." Then the Lord answered him, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to water it? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen years, be loosed from this bond on the sabbath day?" As he said this, all his adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by him. [RSV]

### **Hymn to the Theotokos.**

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

### **Communion Hymn. Psalm 148.**

Praise the Lord from the heavens, praise Him in the highest. Alleluia. [SAAS]

### **Hymn after Holy Communion.**

#### **Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found

the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

### **THE DISMISSAL**

May He Who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

#### **Fasting Rule**

*Fish: fish, oil and wine are allowed. Refrain from meat, dairy and eggs.*

*It is the Christmas fast.*