

Octoechos - Mode pl. 4.

On Friday Morning

Menaion - December 13

Memory of the Holy Martyrs Efstratios, Afxentios, Eugene, Mardarios, and Orestis, and St. Lukia

LITURGY

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Antiphon I. Mode 2.

Verse 1: *It is good to give thanks to the Lord and to sing to Your name, O Most High.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *To proclaim Your mercy in the morning and Your truth at night.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: *The Lord my God is upright, and there is no wrongdoing in Him.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *The Lord reigns; He clothed Himself with majesty; the Lord clothed and girded Himself with power.* [SAAS]

or:

Verse 1: Come, let us greatly rejoice in the Lord; let us shout aloud to God our savior. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: *And He established the world, which shall not be moved.* [SAAS]

or:

Verse 2: Let us come before His face with thanksgiving, and let us shout aloud to Him with psalms. For the Lord is a great God, a great King over all the earth. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Verse 3: *Holiness is proper to Your house, O Lord, unto length of days.* [SAAS]

or:

Verse 3: For in His hand are the ends of the earth, and the heights of the mountains are His. For the sea is His, and He made it, and His hands formed the dry land. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You

were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion. For the Martyrs.

Mode 4. *Come quickly.*

Your Martyrs, O Lord, were worthily
awarded by You * the crowns of incorruption,
in that they contested for You our immortal
God. * Since they possessed Your power, they
defeated the tyrants, * dashing the demons'
powerless displays of defiance. * O Christ
God, at their fervent entreaties, save our souls.

[SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode pl. 4.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Blessed are the merciful, for they shall obtain mercy. [RSV]

Blessed are the pure in heart, for they shall see God. [RSV]

Troparia.

From Octoechos - - -

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

Savior of the world, remember us Your servants * as upon the Cross You remembered the Robber, * only compassionate Christ, and account us worthy * of inheriting Your heavenly Rule. [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

You spread out Your hands upon the Cross, O Savior, * and You made a spectacle of

demonic powers * and principalities; and from their harm You saved us * who magnify You, Christ, with reverence. [SD]

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

Pierced with a spear while on the Cross, O Savior, * You poured out the streams of immortality, O Master, * to us who died when we had mindlessly disobeyed You. * We now extol You with solemnity. [SD]

Rejoice and be glad, for your reward is great in heaven. [RSV]

For the Martyrs.

The Martyrs of Christ, those medal-winning Athletes * were strangers to the pleasures of the earth, and delivered * themselves to strange tortures, and by their wounds they wounded * Belial the devil, and defeated him. [SD]

Glory.

Believers, let us bow down and worship and sing glory * to the unoriginate single rule and kingdom * of Father, Logos, and Spirit, our God, entreating * for the forgiveness of offences all. [SD]

Both now. **Stavrotheotokion.**

The only Virgin pure, who is likened to a ewe-lamb, * saw Emmanuel, the Lamb of God and Logos, * when He was physically crucified of His own will, * and overcome with bitter grief she wept. [SD]

Entrance Hymn. Mode 2.

Come, let us worship and bow down
before Christ. Save us, O Son of God, Who
are wondrous in Your saints. We sing to You,
Alleluia. [GOA]

Hymns After the Small Entrance.

Apolytikion. For the Martyrs.

Mode 4. Come quickly.

Your Martyrs, O Lord, were worthily
awarded by You * the crowns of incorruption,
in that they contested for You our immortal
God. * Since they possessed Your power, they
defeated the tyrants, * dashing the demons'
powerless displays of defiance. * O Christ
God, at their fervent entreaties, save our souls.
[SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local
church goes here.)

Kontakion. For the Cross.

Mode 4. Automelon.

You who were lifted on the cross
voluntarily, * O Christ our God, bestow
Your tender compassions * upon Your new
community to which You gave Your name. *
Cause our faithful emperors to be glad in Your
power, * granting them the victories against
their adversaries. * And for an ally, Lord, may
they have You, * peace as their armor, the
trophy invincible. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3) [GOA]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

FRIDAY OF THE TWENTY-SIXTH WEEK

Prokeimenon. Grave Mode. Psalm 98.

Exalt the Lord our God and worship at
His holy mountain. [SAAS]

Verse: *The Lord reigns; let the peoples be
angry.* [SAAS]

1 Tim. 4:4-8, 16

Timothy, my son, everything created by
God is good, and nothing is to be rejected if
it is received with thanksgiving; for then it is
consecrated by the word of God and prayer. If
you put these instructions before the brethren,
you will be a good minister of Christ Jesus,
nourished on the words of the faith and of
the good doctrine which you have followed.
Have nothing to do with godless and silly
myths. Train yourself in godliness; for while
bodily training is of some value, godliness is
of value in every way, as it holds promise for
the present life and also for the life to come.
Take heed to yourself and to your teaching;
hold to that, for by so doing you will save both
yourself and your hearers. [RSV]

Alleluia. Mode pl. 2. Psalm 73.

Alleluia. Alleluia. Alleluia.

Verse 1: *Remember Your congregation You
acquired from the beginning.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *God is our King before the ages; He worked salvation in the midst of the earth.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Friday of the Thirteenth Week of Luke

Mk. 9:33-41

At that time, Jesus and his disciples came to Capernaum, and when he was in the house he asked them, "What were you discussing on the way?" But they were silent; for on the way they had discussed with one another who was the greatest. And he sat down and called the twelve; and he said to them, "If any one would be first, he must be last of all and servant of all." And he took a child, and put him in the midst of them; and taking him in his arms, he said to them, "Whoever receives one such child in my name receives me; and whoever receives me, receives not me but him who sent me." John said to him, "Teacher, we saw a man casting out demons in your name, and we forbade him, because he was not following us." But Jesus said, "Do not forbid him; for no one who does a mighty work in my name will be able soon after to speak evil of me. For he that is not against us is for us. For truly, I say to you, whoever gives you a cup of water to drink because you bear the name of Christ, will by no means lose his reward." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth

to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 73.

You worked salvation in the midst of the earth, O Christ our God. Alleluia. [SAAS]

Hymn after Holy Communion.

Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Strict: Refrain from meat, fish, oil, dairy, and eggs.

It is the Christmas fast.