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The Service of Vespers

on Monday Evening

for Tuesday, February 19, 2019

Menaion Supplement - February 19
Memory of St. Philothea the Athenian

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Menaion Supplement
February 19

Memory of St. Philothea the Athenian

VESPERS

PRIEST

Blessed is our God always, now and ever,
and to the ages of ages.

(Amen.)

READER

Come, let us worship and bow down
before God our King.

Come, let us worship and bow down
before Christ God our King.

Come, let us worship and bow down
before Him, Christ our King and God.

Psalm 103 (104).

Bless the Lord, O my soul. O Lord my
God, You are magnified exceedingly; You
clothe Yourself with thanksgiving and
majesty, who cover Yourself with light as
with a garment, who stretch out the heavens
like a curtain; You are He who covers His
upper chambers with water, who makes the
clouds His means of approach, who walks
on the wings of the winds, who makes His
angels spirits and His ministers a flame of
fire. He established the earth on its stable
foundation; it shall not be moved unto ages of
ages. The deep like a garment is His covering;
the waters shall stand upon the mountains;
at Your rebuke they shall flee; at the sound
of Your thunder, they shall be afraid. The
mountains rise up, and the plains sink down
to the place You founded for them. You set
a boundary they shall not pass over; neither
shall they return to cover the earth. You are

He who sends springs into the valley; the
waters shall pass between the mountains;
they shall give drink to all the wild animals
of the field; the wild asses shall quench their
thirst; the birds of heaven shall dwell beside
them; they shall sing from the midst of the
rocks. You are He who waters the mountains
from His higher places; the earth shall be
satisfied with the fruit of Your works. You are
He who causes grass to grow for the cattle,
and the green plant for the service of man, to
bring forth bread from the earth; and wine
gladdens the heart of man, to brighten his face
with oil; and bread strengthens man's heart.
The trees of the plain shall be full of fruit,
the cedars of Lebanon, which You planted;
there the sparrows shall make their nests;
the house of the heron takes the lead among
them. The high mountains are for the deer; the
cliff is a refuge for the rabbits. He made the
moon for seasons; the sun knows its setting.
You established darkness, and it was night,
wherein all the wild animals of the forest
will prowl about; the young lions roar and
snatch their prey, and seek their food from
God. The sun arises, and they are gathered
together; and they shall be put to bed in their
dens. Man shall go out to his work and to his
labor until evening. O Lord, Your works shall
be magnified greatly; You made all things
in wisdom; the earth was filled with Your
creation. There is this great and spacious sea:
the creeping things are there without number;
the living things are there, both small and
great; there the ships pass through; there is
this dragon You formed to play therein. All
things wait upon You, that You may give
them food in due season. When You give

it to them, they shall gather it; when You open Your hand, all things shall be filled with Your goodness. But when You turn Your face away, they shall be troubled; when You take away their breath, they shall die and return again to their dust. You shall send forth Your Spirit, and they shall be created, and You shall renew the face of the earth. Let the glory of the Lord be forever; the Lord shall be glad in His works; He looks upon the earth and makes it tremble; He touches the mountains, and they smoke. I will sing to the Lord all my life; I will sing to my God as long as I exist; may my words be pleasing to Him, and I shall be glad in the Lord. May sinners cease from the earth, and the lawless, so as to be no more. Bless the Lord, O my soul.

The sun knows its setting. You established darkness, and it was night.

O Lord, Your works shall be magnified greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Our hope, O Lord, glory to You.

While the Opening Psalm is being read the Priest, bareheaded and standing in front of the Holy Table, says quietly the following Prayers at the Lighting of the Lamps.

PRIEST (*inaudibly*)

1st Prayer

O Lord, compassionate and merciful, long-suffering and full of mercy, listen to our prayer and attend to the voice of our supplication. Make for us a sign for good. Guide us in your way, to walk in your truth. Make glad our hearts to fear your holy Name, because you are great and do wondrous things. You alone are God, and there is none like you, O Lord, among gods: powerful in mercy and loving in strength to help and to console and to save all who hope in your holy Name. ^[EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

2nd Prayer

Lord, do not rebuke us in your anger, nor chastise us in your wrath, but deal with us in accordance with your kindness, physician and healer of our souls. Guide us to the harbour of your will. Enlighten the eyes of our hearts to the knowledge of your truth and grant that the rest of the present day and the whole time of our life may be peaceful and without sin, at the prayers of the holy Mother of God and of all the Saints. ^[EL]

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

3rd Prayer

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will. ^[EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

4th Prayer

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints. ^[EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

5th Prayer

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault. ^[EL]

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen. [EL]

6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind. [EL]

For you are our God and to you we give glory, to the Father, the Son and the Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

7th Prayer

Great and most high God, who alone possess immortality, who dwell in unapproachable light, who fashioned all creation with wisdom, who made the separation between the light and the darkness and who placed the sun to have authority over the day and the moon and the stars to have authority over the night, who have counted us sinners worthy even at this present hour to come into your presence with confession and thanksgiving and to offer you our evening hymn of glory; do you, O Lord who love mankind, direct our prayer like incense

before you and accept it as a savour of sweet fragrance. Grant us that the present evening and the coming night may be peaceful, clothe us with weapons of light, deliver us from every night-time fear and from every deed that walks in darkness. And give us sleep, which you have bestowed on us for our rest in our weakness, freed from every fantasy of the devil. Yes, Master of all things, giver of blessings, may we also be filled with compunction on our beds and call to mind your Name in the night, and enlightened by meditation on your commandments may we rise with gladness of soul to give glory to your loving-kindness, as we bring to your compassion supplications and entreaties on behalf of our own sins and those of all your people. At the prayers of the holy Mother of God visit them with mercy. [EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

When the Opening Psalm is completed the Priest, in front of the Holy Table, or the Deacon in his usual place outside the Holy Doors, says the Litany of Peace.

DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

For those who travel by land, sea, and air, for the sick, the suffering, the captives and for their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

The first stanza of Kathisma 1 of the Psalter may be read, followed by the short litany.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Mode 4.

Lord, I have cried to You; hear me. Hear me, O Lord. Lord, I have cried to You; hear me. Give heed to the voice of my supplication when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of enclosure about my lips.

Incline not my heart to evil words, to make excuses in sins.

With men who work lawlessness; and I will not join with their choice ones.

The righteous man shall correct me with mercy, and he shall reprove me; but let not the oil of the sinner anoint my head.

For my prayer shall be intense in the presence of their pleasures. Their judges are swallowed up by the rock.

They shall hear my words, for they are pleasant. As a clod of ground is dashed to pieces on the earth, so their bones were scattered beside the grave.

For my eyes, O Lord, O Lord, are toward You; in You I hope; take not my soul away.

Keep me from the snares they set for me, and from the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone, until I escape.

I cried to the Lord with my voice, with my voice I prayed to the Lord.

I shall pour out my supplication before Him; I shall declare my affliction in His presence.

When my spirit fainted within me, then You knew my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one who knew me.

Refuge failed me, and there was no one who cared for my soul.

I cried to You, O Lord; I said, "You are my hope, my portion in the land of the living."

Attend to my supplication, for I was humbled exceedingly.

Deliver me from my persecutors, for they are stronger than I.

Bring my soul out of prison to give thanks to Your name, O Lord.

The righteous shall wait for me, until You reward me.

Out of the depths I have cried to You, O Lord; O Lord, hear my voice.

Let Your ears be attentive to the voice of my supplication.

Stichera. For the Woman Saint.

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Mode 4. To a brave one.

If You, O Lord, should mark transgression, O Lord, who would stand? For there is forgiveness with You. [SAAS]

Like a temple most excellent * and a statue most radiant * with a reputation that is illustrious, * the multifarious laurel crown, * the mouth full of sheer delight, * and a harbor that is calm, * and a nexus of charity, you were shown to be; * and a mightily flowing stream of mercy, and a beacon for monastics, * O Philothea, extolled by all. [SD]

Because of Your law, O Lord, I waited for You; my soul waited for Your word. My soul hopes in the Lord. [SAAS]

You shone forth like a shiny star * in the darkness of ignorance; * and you blossomed forth like a flower redolent * with sweetest fragrance in wintertime. * You rose up resplendently * like a light and like a sun, * over Athens, providing both warmth and light to those * whom the hateful subjection had bedarkened. Hence today, O Philothea, * we all observe your memorial. [SD]

From the morning watch until night; from the morning watch until night, let Israel hope in the Lord. [SAAS]

Holy Mother, you visited * the infirm and the suffering; * you delivered captives; virgins you organized. * And you ferociously fought against * a tyrant and infidel. * Thus you fought the good fight, * and you sealed it with martyrdom. Therefore Christ the King * having loved you, has summoned you, O Martyr and devoutest Philothea, * to the refreshments in heaven. [SD]

Additional Stichera.

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Mode 4. You have given.

For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions. [SAAS]

All you who are fond of festive celebrations, come let us crown Philothea with odes and songs, * observing this most divine sacred feast together. * She is one who truly devoutly lived her life on earth, * and by her actions she demonstrated faith. * And therefore by the hand of Him who glorifies

those in love with Him * she was given the diadem of the contest and martyrdom. [SD]

Praise the Lord, all you Gentiles; praise Him, all you peoples. [SAAS]

Rejoicing she gave away and she dispersed all her wealth to those who were poor and in poverty. * To God she was loaning it, as she gave it freely; * hence to Philothea the Savior richly paid it back, * giving divine grace to her in recompense. * And thus among the chorus of the Saints He placed the all-honored one, * who is earnestly praying Him, to send mercy upon us all. [SD]

For His mercy rules over us; and the truth of the Lord endures forever. [SAAS]

Illustrious Philothea put on virtue instead of jewels, for adornment and dignity. * With prudence and self-restraint, holiness and true love, * and all that is noble, she kept the faith, and thus like Paul, * she also finished the race triumphantly. * And therefore she is dressed in heavenly resplendence and majesty, * and she prays that we all obtain the divine glory from the Lord. [SD]

Glory.

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Mode pl. 1.

All that was yours and your very self you consecrated to God, your mind and soul, and your heart and body. For having heard the Gospel word, you renounced gold and honor and everything, and became a mother to widows and the poor. And therefore the Paraclete came into your soul and dwelt there; and you became His vessel, exhaling the fragrance of every virtue. O Mother Philothea, extolled by all, earnestly entreat Christ our

God, that He guard your City, and that He save our souls. [SD]

From Octoechos - - -

Both now. **Theotokion.**

Mode pl. 1.

In the Red Sea, an image of the Bride who knew not wedlock was depicted once. For there, of old, did Moses sever the water; and here is Gabriel, the server of the wonder. At that time Israel traversed the deep, without getting wet; and now, the Virgin gave birth to Christ, without seed. The sea, after the passage of Israel, remained impassable; the blameless Maid remained incorrupt after the conception of Emmanuel. O God, the One who is and ever was and appeared as man, have mercy on us.

[SD]

DEACON *(in a low voice)*

Let us pray to the Lord.

PRIEST *(in a low voice)*

Prayer of the Entrance

At evening, at morning and at midday we praise, bless and give thanks, and we pray to you, Master of all things, Lord who love mankind: Direct our prayer before you like incense, and do not incline our hearts to words or thoughts of evil, but deliver us from all that hunt down our souls. For our eyes look to you, O Lord, our Lord, and we have hoped in you.

DEACON

Wisdom. Arise.

CLERGY AND PEOPLE

Mode 2.

Gladsome light of holy glory of the holy, blessed, heavenly, immortal Father, O Jesus Christ: arriving at the hour of sunset and having seen the evening light, we praise the Father, Son, and Holy Spirit, God. It is worthy for You to be praised at all times with happy

voices, O Son of God and Giver of life; and therefore the world glorifies You. [SD]

DEACON

The evening Prokeimenon.

CHOIR

Prokeimenon. Mode 4.

The Lord will hear me when I cry to Him.

(2) [SAAS]

Verse: *You heard me when I called, O God of my righteousness. You strengthened my heart when I was in distress.*

The Lord will hear me when I cry to Him.

The Readings

From Menaion - - -

READER

The reading is from the Proverbs of Solomon.

DEACON

Wisdom. Let us be attentive.

READER

(31:10, 12-19, 25)

Who will find a courageous [woman]? For such a one is more valuable than precious stones. She weaves wool and linen cloth and is productive with her hands. She is like a ship trading afar off, so she procures her livelihood. She also rises before dawn and gives food to her household, and appoints tasks for her maidservants. Seeing a farm, she buys it, and from the fruits of her hands she plants her plot of land. Strongly girding her loins, she strengthens her arms for work. She experiences work as a good thing, and her lamp is not quenched all night. She extends her arms to do profitable things, and she applies her hands to the spindle. She opens her hands to the poor and reaches out with

her fruit to the needy. She clothes herself with strength and dignity and rejoices in the last days. [SAAS]

READER

The reading is from the Wisdom of Solomon.

DEACON

Wisdom. Let us be attentive.

READER

(3:1-9)

The souls of the righteous are in the hand of God, and no torture will ever touch them. In the eyes of the undiscerning they seemed to have died, and their departure was considered to be misfortune, and their passage from us to be their destruction; but they are at peace. For though in man's view they were punished, their hope is full of immortality. Though chastened in a few things, great kindness will be shown them, for God tested them and found them worthy of Himself. He tested them like gold in a furnace and accepted them as a whole burnt offering. In the time of their visitation they will shine forth, and they will run about like sparks through straw. They will judge nations and rule over peoples, and the Lord shall reign over them unto the ages. Those who trust in Him will understand truth, and the faithful shall continue with Him in love, because grace and mercy are upon His elect [and He watches over His holy ones]. [SAAS]

READER

The reading is from the Wisdom of Solomon.

DEACON

Wisdom. Let us be attentive.

READER

(5:15-6:3)

The righteous live forever, and their reward is with the Lord; and their care is by the Most High. Therefore they shall receive a kingly dwelling of dignity and a crown of beauty from the hand of the Lord, because He will shelter them with His right hand and protect them with His arm. He will take His zeal as His full armor and will turn His creation into weapons against His enemies. He will wear righteousness as a breastplate and put on impartial judgment as a helmet. He will take holiness as an unconquerable shield and sharpen His relentless wrath for a sword; and creation will fight with Him against the senseless. Well-aimed flashes of lightning will strike and leap to their object as from a well-drawn bow of clouds; and hailstones full of anger will be hurled as from an engine of war. The water of the sea will be vexed with them, and the rivers will wash over them severely. A powerful wind will oppose them, and like a storm it will winnow them away. Lawlessness will lay waste all the earth, and wrongdoing will overturn the thrones of rulers. Listen therefore, O kings, and understand; learn, O judges of the ends of the earth. Give ear, you that rule over multitudes, and take pride in yourself over a multitude of nations. For power was given to you from the Lord, and your lordship from the Most High. [SAAS]

DEACON

Let us all say with all our soul and with all our mind, let us all say.

(Lord, have mercy.)

Lord almighty, God of our fathers, we pray You, hear us and have mercy.

(Lord, have mercy.)

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed and ever-memorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and all-venerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

O Lord, keep us this evening without sin. Blessed are you, O Lord, God of our fathers, and praised and glorified is your name to the ages. Amen. O Lord, let your mercy be upon us for we have set our hope in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, Master, grant me understanding of your commandments. Blessed are you, Holy One, enlighten me with your commandments. Lord, your mercy is forever. Do not despise the works of your hands. To you is due praise, to you is due song, to you is due glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. [HC]

(Amen.)

DEACON

Let us complete our evening prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect,
holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a
guardian of our souls and bodies, let us ask
the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and
transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for
our souls, and for peace for the world, let us
ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time
of our life in peace and repentance, let us ask
the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our
life, peaceful, without shame and suffering,
and for a good defense before the awesome
judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos and
ever-virgin Mary, with all the saints, let us
commend ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You, O God, are good and love
mankind, and to You we offer glory, to the
Father and to the Son and to the Holy Spirit,
now and forever, and to the ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST *(in a low voice)*

Lord our God, who bowed the heavens and came
down for the salvation of the human race, look upon
your servants and upon your inheritance, for to you,
the fearful Judge who love mankind, your servants
have bowed their heads and inclined their necks, not
waiting for any human help, but awaiting your mercy
and looking for your salvation. Guard them at every
moment, during both the present evening and the
approaching night, from every foe, from every hostile
operation of the devil and from vain thoughts and evil
desires.

PRIEST

May the might of your kingdom be
blessed and glorified, of the Father and the
Son and the Holy Spirit, now and forever and
to the ages of ages.

(Amen.)

Litany and Blessing of Loaves.

CHOIR

Idiomelon 1.

Mode 1.

Come, O believers, let us honor Saint
Philothea today; and as we keep her feast,
with faith let us say to her, "O Mother, at your
intercession, shelter your city and preserve her
in peace forever." ^[SD]

Idiomelon 2.

Mode 1.

Come, O believers, let us extol Saint
Philothea today; for she took up the Cross on
her shoulders, and she contended well, and
she performed the commandments of Christ
unwearyingly. Now that she has departed

from everything mundane, she never ceases interceding with the Lord on our behalf, together with all the saints. [SD]

Idiomelon 3.

Mode 2.

You deposited your earthly riches in the hands of the poor, and in return you obtained heavenly riches. Glory and pleasure you disdained, and you led an ascetic life, and then exchanged your life for martyrdom, all for the love of Christ the Savior, O all-honored Philothea. So intercede with Him, that our souls be saved. [SD]

Glory.

Idiomelon. Mode pl. 4.

The grace of the Holy Spirit, dwelling within your heart, showed you to be a fragrant flower and a gladsome light, in glorious Athens, O devout Martyr Philothea, during the heavy winter of enslavement. Therefore cease not to intercede with Christ God, on behalf of our souls. [SD]

Both now.

From Menaion - - -

Mode pl. 4.

Lady, receive the supplications of your servants, and rescue us from all necessity and affliction. [SD]

DEACON

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, visitation, forgiveness and remission of the sins of all pious and Orthodox Christians living and visiting in this city, the parishioners, the members of the Parish Council and every Ministry of this Parish, and the donors and benefactors of this holy church, and the servants of God [names] who celebrate this holy feast.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the protection of this holy church, this city and every city and land, from wrath, famine, pestilence, earthquake, flood, fire, sword, foreign invasions, civil strife, and accidental death. That our good and loving God may be merciful, gracious and favorable to us by turning and keeping from us all wrath and sickness, and deliver us from His just rebuke, and have mercy on us.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray that the Lord our God may hear the prayer of us sinners, and have mercy on us.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

Hear us, O God our Savior, the hope of all those who live everywhere on earth and those far out at sea or in the air. Be gracious toward our sins, Master, and have mercy on us.

For you are a merciful and loving God, and to you we give glory, to the Father and

the Son and the Holy Spirit, now and forever
and to the ages of ages.

(Amen.)

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST

Accept our prayer; grant us forgiveness
of our transgressions; protect us under the
shelter of your wings; drive away from us
every enemy and adversary; grant peace
to our life; Lord have mercy on us and on
your world; and save our souls as a good and
loving God.

PRIEST or: CHOIR

Hymn to the Theotokos.

O Virgin Theotokos, rejoice, Mary full of
grace. The Lord is with you. Blessed are you
among women, and blessed is the fruit of your
womb; for you have borne the Savior of our
souls [SD]

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

Blessing of the Loaves.

Lord, Jesus Christ. our God, You blessed
the five loaves in the wilderness and from
them five thousand men were filled. Bless
now these loaves, the wheat, the wine and
oil and multiply them in this holy church,
this city, in the homes of those who celebrate
today, and in Your whole world. And sanctify
Your faithful servants who partake of them.

For You are He who blesses and sanctifies
all things, Christ our God, and to You we offer
up glory together with Your eternal Father
and Your holy, good, and life-creating Spirit,
now and forever and to the ages of ages.

(Amen.)

CLERGY

Rich men turned poor and went hungry;
but those who seek the Lord shall not lack any
good thing. [SAAS]

CHOIR

Rich men turned poor and went hungry;
but those who seek the Lord shall not lack any
good thing. **(2)** [SAAS]

Menaion Supplement - - -

CHOIR

Aposticha.

Mode pl. 1. Rejoice.

Rejoice! You are a new Tabitha. * Like
her in Joppa, you in Athens, O blessed one,
* became a devout disciple of Christ, who
showed you to be * mother of the orphans,
widows' champion. * Detesting the glory of
wealth, you rather dispersed it all; * founding
a convent with the habit of holiness, * you
adorned yourself with good deeds, O all-
honored one. * Therefore as we all now
observe * your festival, we surround * the
case containing your relics, * O Philothea, and
we entreat * that we find salvation, * by your
prayers to the only One who can save us all.

[SD]

Verse: *I waited patiently for the Lord, and He
heeded me; and He heard my supplication.* [SAAS]

Rejoice! You are for Athens a torch, *
which in your life burned manifestly and
brilliantly, * and taught to the pious women,
who has resorted to you, * faith by acts

of virtue and by chastity. * And thus you became their nurse, their defender and strong support, * for you delivered persecuted and captive maids, * as a safe asylum and refuge for everyone. * You were resplendent like star * and lit up the gloomy night * of the enslavement and bondage, * O Philothea, of your people. * We therefore extol you, * and we pray you never cease interceding with the Lord. [SD]

Verse: *And He established my feet on a rock and kept straight my steps.* [SAAS]

Rejoice, O you Athenian soil! * For you are hallowed by the blood of your martyr saints. * Of old it was Leonidas, now Philothea the nun * as a holy martyr and as one devout. * Today as we celebrate her most glorious martyrdom, * her life of virtue and decorum and piety, * and her noble death, we address her and supplicate: * "Martyr, devout one, intercede * for us who now honor you * and who in faith are entreating * that you protect us, all-honored one. * For great is the power * of the saints' intercessions to Him who loves mankind." [SD]

Glory.

Menaion Supplement - - -

Mode pl. 4.

Our God who became man, went about doing good to everyone and healing them; and you, O God-loving Philothea, imitated Him. You were seen as a strong and ever-flowing fountain of sympathy and love. Having adorned yourself with the beauty and the dignity of the virtues, you offered yourself as a sacred victim, to the Savior who for the whole world had offered himself. To Him

pray earnestly, O devout woman Martyr, for our salvation. [SD]

From Octoechos - - -

Both now. **Theotokion.**

Mode pl. 4.

O Virgin who did not know man and yet ineffably conceived God in the flesh, Mother of the Most High God, accept entreaties from your supplicants, All-blameless one. To all you grant purification of their offenses. We pray you now accept our supplications, and entreat Him, to save us all. [SD]

PRIEST

Song of Simeon.

Lord, now You are letting Your servant depart in peace, according to Your word; for my eyes have seen Your salvation which You have prepared before the face of all peoples. A light to bring revelation to the Gentiles, and the glory of Your people Israel. [NKJV]

PEOPLE

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Apolytikion.

Menaion Supplement - - -

Mode pl. 1. *Let us worship the Word.*

The illustrious city of Athens now extols * Philothea, the woman monastic martyr saint, * and salutes her most divine holy relic with a kiss; * for in holiness she lived, and exchanged her death for life * through martyrdom and her contests. * And now she intercedes with the Savior, * that He grant to all His great mercy. [SD]

From Octoechos - - -

Glory. Both now. **Theotokion.**

Mode pl. 1. *Let us worship the Word.*

O impassable gateway of God the Lord, rejoice. * Wall and shelter of those who in you take refuge, rejoice. * Stormless haven, rejoice, O Maid who knew not man * and yet physically gave birth to your Creator and God. * Never cease interceding * on behalf of those extolling and worshiping the Son you bore. [SD]

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

May the blessing and the mercy of the Lord come upon you by His divine grace and love for mankind, always, now and forever and to the ages of ages.

(Amen.)

Make firm, Lord our God, the holy and pure faith of the pious Orthodox Christians, together with the Holy Church and this city forever.

READER

Amen.

PRIEST

Most-holy Theotokos, save us.

READER

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

PRIEST

Glory to You, O Christ God, our hope. Glory to You.

READER

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy

apostles, of the holy, glorious, and triumphant
martyrs, of our righteous and God-bearing
fathers, (local patron saint); of the holy and
righteous ancestors of God Joachim and Anna,
the glorious devout martyr Philothea the
Athenian, whose memory we celebrate; and of
all the saints, have mercy on us and save us,
for He is good and loves mankind.

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(Amen.)