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# The Service of Vespers

**on Monday Evening**

**for Tuesday, April 2, 2019**

**Triodion - On Monday of the Fourth Week  
at Vespers**

**Menaion - April 2  
Memory of our Devout Father Titus**

**Texts in Greek and English**

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vol Orthodox Monastery of the Veil of our Lady

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**Τριώδιον**

Τῇ Δευτέρᾳ Δ' Ἑβδομάδος εἰς τὸν  
Ἑσπερινόν.

**Μηναῖον - ΤΗΙ Β' ΑΠΡΙΛΙΟΥ**

Μνήμη τοῦ Ὁσίου Πατρὸς ἡμῶν Τίτου

**ΕΣΠΕΡΙΝΟΣ**

**ΙΕΡΕΥΣ**

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν  
καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

**ΑΝΑΓΝΩΣΤΗΣ**

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν Χριστῷ τῷ Βασιλεῖ ἡμῶν  
Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ  
Θεῷ ἡμῶν.

**Ψαλμὸς ΡΓ' (103).**

Εὐλόγει ἡ ψυχὴ μου, τὸν Κύριον.  
Κύριε ὁ Θεός μου ἐμεγαλύνθης σφόδρα.  
Ἐξομολόγησιν καὶ μεγαλοπρέπειαν  
ἐνεδύσω, ἀναβαλλόμενος φῶς ὡς ἱμάτιον.  
Ἐκτείνων τὸν οὐρανὸν ὥσει δέσρην, ὁ  
στεγάζων ἐν ὕδασι τὰ ὑπερῶα αὐτοῦ.  
Ὅ τιθεὶς νέφη τὴν ἐπίβασιν αὐτοῦ, ὁ  
περιπατῶν ἐπὶ πτερύγων ἀνέμων. Ὁ  
ποιῶν τοὺς Ἀγγέλους αὐτοῦ πνεύματα,  
καὶ τοὺς λειτουργοὺς αὐτοῦ πυρὸς  
φλόγα. Ὁ θεμελιῶν τὴν γῆν ἐπὶ τὴν  
ἀσφάλειαν αὐτῆς, οὐ κλιθήσεται εἰς τὸν  
αἰῶνα τοῦ αἰῶνος. Ἄβυσσος ὡς ἱμάτιον  
τὸ περιβόλαιον αὐτοῦ, ἐπὶ τῶν ὀρέων  
στήσονται ὕδατα. Ἀπὸ ἐπιτιμήσεώς  
σου φεύξονται, ἀπὸ φωνῆς βροντῆς

**Triodion**

On Monday of the Fourth Week at  
Vespers

**Menaion - April 2**

Memory of our Devout Father Titus

**VESPERS**

**PRIEST**

Blessed is our God always, now and ever,  
and to the ages of ages.

(Amen.)

**READER**

Come, let us worship and bow down  
before God our King.

Come, let us worship and bow down  
before Christ God our King.

Come, let us worship and bow down  
before Him, Christ our King and God.

**Psalms 103 (104).**

Bless the Lord, O my soul. O Lord my  
God, You are magnified exceedingly; You  
clothe Yourself with thanksgiving and  
majesty, who cover Yourself with light as  
with a garment, who stretch out the heavens  
like a curtain; You are He who covers His  
upper chambers with water, who makes the  
clouds His means of approach, who walks  
on the wings of the winds, who makes His  
angels spirits and His ministers a flame of  
fire. He established the earth on its stable  
foundation; it shall not be moved unto ages of  
ages. The deep like a garment is His covering;  
the waters shall stand upon the mountains;  
at Your rebuke they shall flee; at the sound  
of Your thunder, they shall be afraid. The

σου δειλιάσουσιν. Αναβαίνουνσιν ὄρη,  
καὶ καταβαίνουνσιν πεδία εἰς τόπον, ὃν  
ἐθεμελίωσας αὐτά. Ὅριον ἔθου, ὃ οὐ  
παρελεύσονται, οὐδὲ ἐπιστρέψουσι  
καλύψαι τὴν γῆν. Ὁ ἐξαποστέλλων  
πηγὰς ἐν φάραγξιν, ἀναμέσον τῶν ὀρέων  
διελεύσονται ὕδατα· ποτιοῦσι πάντα τὰ  
θηρία τοῦ ἀγροῦ, προσδέξονται ὄναγροι  
εἰς δίψαν αὐτῶν. Ἐπ' αὐτὰ τὰ πετεινὰ  
τοῦ οὐρανοῦ κατασκηνώσει, ἐκ μέσου  
τῶν πετρῶν δώσουσι φωνήν. Ποτίζων  
ὄρη ἐκ τῶν ὑπερώων αὐτοῦ, ἀπὸ καρποῦ  
τῶν ἔργων σου χορτασθήσεται ἡ γῆ. Ὁ  
ἐξανατέλλων χόρτον τοῖς κτήνεσι, καὶ  
χλόην τῇ δουλείᾳ τῶν ἀνθρώπων. Τοῦ  
ἐξαγαγεῖν ἄρτον ἐκ τῆς γῆς, καὶ οἶνος  
εὐφραίνει καρδίαν ἀνθρώπου. Τοῦ ἱλαρύναι  
πρόσωπον ἐν ἐλαίῳ, καὶ ἄρτος καρδίαν  
ἀνθρώπου στηρίζει. Χορτασθήσεται τὰ  
ξύλα τοῦ πεδίου, αἱ κέδροι τοῦ Λιβάνου, ὥς  
ἐφύτευσας. Ἐκεῖ στρουθία ἐννοσσεύουσιν,  
τοῦ ἐρωδιοῦ ἡ κατοικία ἡγεῖται αὐτῶν. Ὅρη  
τὰ ὑψηλὰ ταῖς ἐλάφοις, πέτρα καταφυγὴ  
τοῖς λαγωαῖς. Ἐποίησε σελήνην εἰς καιροῦς,  
ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἐθου σκότος,  
καὶ ἐγένετο νύξ, ἐν αὐτῇ διελεύσονται  
πάντα τὰ θηρία τοῦ δρυμοῦ. Σκύμνοι  
ὠρυόμενοι τοῦ ἀρπᾶσαι, καὶ ζητῆσαι παρὰ  
τῷ Θεῷ βρῶσιν αὐτοῖς. Ἀνέτειλεν ὁ ἥλιος,  
καὶ συνήχθησαν, καὶ εἰς τὰς μάνδρας  
αὐτῶν κοιτασθήσονται. Ἐξελεύσεται  
ἄνθρωπος ἐπὶ τὸ ἔργον αὐτοῦ, καὶ ἐπὶ  
τὴν ἐργασίαν αὐτοῦ ἕως ἑσπέρας. Ὡς  
ἐμεγαλύνθη τὰ ἔργα σου, Κύριε, πάντα  
ἐν σοφίᾳ ἐποίησας, ἐπληρώθη ἡ γῆ τῆς  
κτίσεώς σου. Αὕτη ἡ θάλασσα ἡ μεγάλη  
καὶ εὐρύχωρος, ἐκεῖ ἐρπετὰ ὧν οὐκ ἔστιν  
ἀριθμός, ζῶα μικρὰ μετὰ μεγάλων. Ἐκεῖ

mountains rise up, and the plains sink down  
to the place You founded for them. You set  
a boundary they shall not pass over; neither  
shall they return to cover the earth. You are  
He who sends springs into the valley; the  
waters shall pass between the mountains; they  
shall give drink to all the wild animals of the  
field; the wild asses shall quench their thirst;  
the birds of heaven shall dwell beside them;  
they shall sing from the midst of the rocks.  
You are He who waters the mountains from  
His higher places; the earth shall be satisfied  
with the fruit of Your works. You are He who  
causes grass to grow for the cattle, and the  
green plant for the service of man, to bring  
forth bread from the earth; and wine gladdens  
the heart of man, to brighten his face with oil;  
and bread strengthens man's heart. The trees  
of the plain shall be full of fruit, the cedars  
of Lebanon, which You planted; there the  
sparrows shall make their nests; the house  
of the heron takes the lead among them.  
The high mountains are for the deer; the  
cliff is a refuge for the rabbits. He made the  
moon for seasons; the sun knows its setting.  
You established darkness, and it was night,  
wherein all the wild animals of the forest  
will prowl about; the young lions roar and  
snatch their prey, and seek their food from  
God. The sun arises, and they are gathered  
together; and they shall be put to bed in their  
dens. Man shall go out to his work and to his  
labor until evening. O Lord, Your works shall  
be magnified greatly; You made all things  
in wisdom; the earth was filled with Your  
creation. There is this great and spacious sea:  
the creeping things are there without number;  
the living things are there, both small and

πλοῖα διαπορεύονται, δράκων οὗτος,  
ὃν ἔπλασας ἐμπαίζειν αὐτή. Πάντα  
πρὸς σέ προσδοκῶσι, δοῦναι τὴν τροφήν  
αὐτῶν εἰς εὐκαιρον, δόντος σου αὐτοῖς  
συλλέξουσιν. Ἀνοίξαντός σου τὴν χεῖρα,  
τὰ σύμπαντα πλησθήσονται χρηστότητος,  
ἀποστρέψαντος δέ σου τὸ πρόσωπον,  
ταραχθήσονται. Ἀντανελεῖς τὸ πνεῦμα  
αὐτῶν, καὶ ἐκλείψουσι, καὶ εἰς τὸν χοῦν  
αὐτῶν ἐπιστρέψουσιν. Ἐξαποστελεῖς  
τὸ πνεῦμα σου, καὶ κτισθήσονται, καὶ  
ἀνακαινίεις τὸ πρόσωπον τῆς γῆς.  
Ἦτω ἡ δόξα Κυρίου εἰς τοὺς αἰῶνας,  
εὐφρανθήσεται Κύριος ἐπὶ τοῖς ἔργοις  
αὐτοῦ. Ὁ ἐπιβλέπων ἐπὶ τὴν γῆν, καὶ ποιῶν  
αὐτὴν τρέμειν, ὁ ἀπτόμενος τῶν ὀρέων,  
καὶ καπνίζονται. Αἰσῶ τῷ Κυρίῳ ἐν τῇ  
ζωῇ μου, ψαλῷ τῷ Θεῷ μου ἕως ὑπάρχω.  
Ἦδυνθείη αὐτῷ ἡ διαλογία μου, ἐγὼ δὲ  
εὐφρανθήσομαι ἐπὶ τῷ Κυρίῳ. Ἐκλείποιεν  
ἁμαρτωλοὶ ἀπὸ τῆς γῆς, καὶ ἄνομοι, ὥστε  
μὴ ὑπάρχειν αὐτοῦς. Εὐλόγει, ἡ ψυχὴ μου,  
τὸν Κύριον.

Ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου  
σκότος, καὶ ἐγένετο νύξ.

Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε·  
πάντα ἐν σοφίᾳ ἐποίησας.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.  
Δόξα σοι ὁ Θεός. (ἐκ γ')

Ἡ ἐλπίς ἡμῶν, Κύριε, δόξα σοι.

great; there the ships pass through; there is  
this dragon You formed to play therein. All  
things wait upon You, that You may give  
them food in due season. When You give  
it to them, they shall gather it; when You  
open Your hand, all things shall be filled with  
Your goodness. But when You turn Your face  
away, they shall be troubled; when You take  
away their breath, they shall die and return  
again to their dust. You shall send forth Your  
Spirit, and they shall be created, and You shall  
renew the face of the earth. Let the glory of  
the Lord be forever; the Lord shall be glad  
in His works; He looks upon the earth and  
makes it tremble; He touches the mountains,  
and they smoke. I will sing to the Lord all my  
life; I will sing to my God as long as I exist;  
may my words be pleasing to Him, and I shall  
be glad in the Lord. May sinners cease from  
the earth, and the lawless, so as to be no more.  
Bless the Lord, O my soul.

The sun knows its setting. You  
established darkness, and it was night.

O Lord, Your works shall be magnified  
greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You,  
O God. (3)

Our hope, O Lord, glory to You.

*Απαγγελλομένου επίσης τοῦ Προοιμιακοῦ, ὁ  
Ιερεὺς ἵσταται ἀσκεπής ἐνώπιον τῆς ἁγίας Τραπέζης  
ἢ καὶ ἐνώπιον τῆς εἰκόνης τοῦ Σωτῆρος Χριστοῦ,  
ἰστάμενος ἐπὶ τοῦ Σολέα (ὡς ἐν τῷ Ὁρθρῳ), καὶ  
ἀναγινώσκει μυστικῶς τὰς Εὐχὰς τοῦ Λιχνικοῦ·*

**ΙΕΡΕΥΣ** (μυστικῶς)

### **ΕΥΧΗ ΠΡΩΤΗ**

Κύριε, οἰκτίρμον καὶ ἐλεῆμον,  
μακρόθυμε καὶ πολυέλεε, ἐνώτισαι τὴν  
προσευχὴν ἡμῶν, καὶ πρόσχευε τῇ φωνῇ  
τῆς δεήσεως ἡμῶν· ποίησον μεθ' ἡμῶν  
σημεῖον εἰς ἀγαθόν· ὁδήγησον ἡμᾶς ἐν τῇ  
ὁδῷ σου τοῦ πορεύεσθαι ἐν τῇ ἀληθείᾳ  
σου· εὐφρανον τὰς καρδίας ἡμῶν, εἰς τὸ  
φοβεῖσθαι τὸ Ὄνομά σου τὸ ἅγιον· διότι  
μέγας εἶ σὺ, καὶ ποιῶν θαυμάσια· σὺ εἶ  
Θεὸς μόνος, καὶ οὐκ ἔστιν ὅμοιός σοι ἐν  
θεοῖς, Κύριε, δυνατὸς ἐν ἐλέει, καὶ ἀγαθὸς  
ἐν ἰσχύϊ, εἰς τὸ βοηθεῖν καὶ παρακαλεῖν,  
καὶ σῶζειν πάντας τοὺς ἐλπίζοντας εἰς τὸ  
Ὄνομά σου τὸ ἅγιον.

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ  
προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ  
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς  
αἰῶνας τῶν αἰώνων. Ἀμήν.

### **ΕΥΧΗ ΔΕΥΤΕΡΑ**

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης ἡμᾶς,  
μηδὲ τῇ ὀργῇ σου παιδεύσης ἡμᾶς, ἀλλὰ  
ποιήσον μεθ' ἡμῶν κατὰ τὴν ἐπιείκειάν  
σου, ἰατρὲ καὶ θεραπευτὰ τῶν ψυχῶν ἡμῶν·  
ὁδήγησον ἡμᾶς ἐπὶ λιμένα θελήματός σου·  
φώτισον τοὺς ὀφθαλμοὺς τῶν καρδιῶν  
ἡμῶν, εἰς ἐπίγνωσιν τῆς σῆς ἀληθείας·  
καὶ δώρησαι ἡμῖν τὸ λοιπὸν τῆς παρούσης  
ἡμέρας εἰρηνικὸν καὶ ἀναμάρτητον,  
καὶ πάντα τὸν χρόνον τῆς ζωῆς ἡμῶν·

*While the Opening Psalm is being read the Priest,  
bareheaded and standing in front of the Holy Table, says  
quietly the following Prayers at the Lighting of the Lamps.*

**PRIEST** (inaudibly)

### **1st Prayer**

O Lord, compassionate and merciful,  
long-suffering and full of mercy, listen to  
our prayer and attend to the voice of our  
supplication. Make for us a sign for good.  
Guide us in your way, to walk in your truth.  
Make glad our hearts to fear your holy Name,  
because you are great and do wondrous  
things. You alone are God, and there is none  
like you, O Lord, among gods: powerful in  
mercy and loving in strength to help and to  
console and to save all who hope in your holy  
Name. [EL]

For to you belong all glory, honour and  
worship, Father, Son and Holy Spirit, now  
and for ever, and to the ages of ages. Amen. [EL]

### **2nd Prayer**

Lord, do not rebuke us in your anger, nor  
chastise us in your wrath, but deal with us in  
accordance with your kindness, physician and  
healer of our souls. Guide us to the harbour  
of your will. Enlighten the eyes of our hearts  
to the knowledge of your truth and grant that  
the rest of the present day and the whole time  
of our life may be peaceful and without sin, at  
the prayers of the holy Mother of God and of  
all the Saints. [EL]



προσβείαις τῆς ἁγίας Θεοτόκου, καὶ πάντων τῶν Ἁγίων σου.

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΤΡΙΤΗ

Κύριε, ὁ Θεὸς ἡμῶν, μνήσθητι ἡμῶν τῶν ἁμαρτωλῶν καὶ ἀχρείων δούλων σου, ἐν τῷ ἐπικαλεῖσθαι ἡμᾶς τὸ ἅγιον ὄνομά σου, καὶ μὴ κατασχύνῃς ἡμᾶς ἀπὸ τῆς προσδοκίας τοῦ ἐλέους σου, ἀλλὰ χάρισαι ἡμῖν, Κύριε, πάντα τὰ πρὸς σωτηρίαν αἰτήματα· καὶ ἀξιώσον ἡμᾶς ἀγαπᾶν, καὶ φοβεῖσθαι σε ἐξ ὅλης τῆς καρδίας ἡμῶν, καὶ ποιεῖν ἐν πᾶσι τὸ θέλημά σου.

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΤΕΤΑΡΤΗ

Ὅ τοῖς ἀσιγήτοις ὕμνοις καὶ ἀπαύστοις δοξολογίαις ὑπὸ τῶν ἁγίων δυνάμεων ἀννυμνούμενος, πλήρωσον τὸ στόμα ἡμῶν τῆς αἰνέσεώς σου, τοῦ δοῦναι μεγαλωσύνην τῷ ὀνόματί σου τῷ ἁγίῳ· καὶ δὸς ἡμῖν μερίδα καὶ κληρὸν μετὰ πάντων τῶν φοβουμένων σε ἐν ἀληθείᾳ καὶ φυλασσόντων τὰς ἐντολάς σου· προσβείαις τῆς ἁγίας Θεοτόκου καὶ πάντων τῶν ἁγίων σου.

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>

### 3rd Prayer

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will. <sup>[EL]</sup>

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>

### 4th Prayer

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints. <sup>[EL]</sup>

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>

Ἀγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

#### ΕΥΧΗ ΠΕΜΠΤΗ

Κύριε, Κύριε, ὁ τῇ ἀχραντῷ σου παλάμῃ συνέχων τὰ σύμπαντα, ὁ μακροθυμῶν ἐπὶ πάντας ἡμᾶς καὶ μετανοῶν ἐπὶ ταῖς κακίαις ἡμῶν, μνήσθητι τῶν οἰκτιρμῶν σου καὶ τοῦ ἐλέους σου· ἐπίσκεψαι ἡμᾶς ἐν τῇ σῇ ἀγαθότητι· καὶ δὸς ἡμῖν διαφυγεῖν καὶ τὸ λοιπὸν τῆς παρούσης ἡμέρας, ἐκ τῶν τοῦ πονηροῦ ποικίλων μηχανημάτων, καὶ ἀνεπιβούλευτον τὴν ζωὴν ἡμῶν διαφύλαξον, τῇ χάριτι τοῦ Παναγίου σου Πνεύματος.

Ἐλέει καὶ φιλανθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

#### ΕΥΧΗ ΕΚΤΗ

Ὁ Θεός, ὁ μέγας καὶ θαυμαστός, ὁ ἀνεκδιηγῆτῳ ἀγαθωσύνη καὶ πλουσία προνοία διοικῶν τὰ σύμπαντα· ὁ καὶ τα ἐγκόσμια ἀγαθὰ ἡμῖν δωρησάμενος, καὶ κατεγγυήσας ἡμῖν τὴν ἐπηγγελμένην βασιλείαν, διὰ τῶν ἤδη κεχαρισμένων ἡμῖν ἀγαθῶν· ὁ ποιήσας ἡμᾶς καὶ τῆς νῦν ἡμέρας τὸ παρελθὸν μέρος ἀπὸ παντὸς ἐκκλίνειν κακοῦ, δώρησαι ἡμῖν καὶ τὸ ὑπόλοιπον ἀμέμπτως ἐκτελέσαι, ἐνώπιον τῆς ἀγίας δόξης σου, ὑμνοῦντάς σε τὸν μόνον ἀγαθόν, καὶ φιλάνθρωπον Θεὸν ἡμῶν.

Ὅτι σὺ εἶ ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ

#### 5th Prayer

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault. [EL]

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen. [EL]

#### 6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind. [EL]

For you are our God and to you we give glory, to the Father, the Son and the Holy



καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς  
τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΕΒΔΟΜΗ

Ὁ Θεὸς ὁ μέγας καὶ ὑψιστος, ὁ μόνος  
ἔχων ἀθανασίαν, φῶς οἰκῶν ἀπρόσιτον, ὁ  
πᾶσαν τὴν κτίσιν ἐν σοφίᾳ δημιουργήσας.  
Ὁ διαχωρήσας ἀνὰ μέσον τοῦ φωτός, καὶ  
ἀνὰ μέσον τοῦ σκότους, καὶ τὸν μὲν ἥλιον  
θέμενος εἰς ἐξουσίαν τῆς ἡμέρας, σελήνην  
δὲ καὶ ἀστέρας εἰς ἐξουσίαν τῆς νυκτός· ὁ  
καταξιώσας ἡμᾶς τοὺς ἁμαρτωλοὺς καὶ  
ἐπὶ τῆς παρούσης ὥρας προφθάσαι τὸ  
πρόσωπόν σου ἐν ἐξομολογήσει, καὶ τὴν  
ἐσπερινὴν σοι δοξολογίαν προσαγαγεῖν·  
αὐτός, φιλάνθρωπε Κύριε, κατεύθυνον  
τὴν προσευχὴν ἡμῶν ὡς θυμίαμα ἐνώπιόν  
σου καὶ πρόσδεξαι αὐτὴν εἰς ὁσμὴν  
εὐωδίας. Παράσχου δὲ ἡμῖν τὴν παροῦσαν  
ἐσπέραν καὶ τὴν ἐπιούσαν νύκτα εἰρηνικὴν·  
ἐνδυσον ἡμᾶς ὅπλα φωτός· ῥῦσαι ἡμᾶς  
ἀπὸ φόβου νυκτερινοῦ καὶ ἀπὸ παντός  
πράγματος ἐν σκότει διαπορευομένου· καὶ  
δὸς ἡμῖν τὸν ὕπνον, ὃν εἰς ἀνάπαυσιν τῇ  
ἀσθενείᾳ ἡμῶν ἐδωρήσω, πάσης διαβολικῆς  
φαντασίας ἀπηλλαγμένον. Ναί, Δέσποτα  
τῶν ἀπάντων, τῶν ἀγαθῶν χορηγέ· ἴνα,  
καὶ ἐπὶ ταῖς κοίταις ἡμῶν κατανυγόμενοι,  
μνημονεύωμεν ἐν νυκτὶ τοῦ ὀνόματός  
σου, καὶ τῇ μελέτῃ τῶν σῶν ἐντολῶν  
καταυγαζόμενοι, ἐν ἀγαλλιάσει ψυχῆς  
διανιστῶμεν πρὸς δοξολογίαν τῆς σῆς  
ἀγαθότητος, δεήσεις καὶ ἱκεσίας τῇ σῇ  
εὐσπλαχνίᾳ προσάγοντες ὑπὲρ τῶν ἰδίων  
ἁμαρτημάτων καὶ παντός τοῦ λαοῦ σου,  
ὃν ταῖς πρεσβείαις τῆς ἁγίας Θεοτόκου ἐν  
ἐλέει ἐπίσκεψαι.

Spirit, now and for ever, and to the ages of  
ages. Amen. [EL]

### 7th Prayer

Great and most high God, who  
alone possess immortality, who dwell  
in unapproachable light, who fashioned  
all creation with wisdom, who made the  
separation between the light and the darkness  
and who placed the sun to have authority  
over the day and the moon and the stars  
to have authority over the night, who have  
counted us sinners worthy even at this  
present hour to come into your presence with  
confession and thanksgiving and to offer  
you our evening hymn of glory; do you, O  
Lord who love mankind, direct our prayer  
like incense before you and accept it as a  
savour of sweet fragrance. Grant us that the  
present evening and the coming night may  
be peaceful, clothe us with weapons of light,  
deliver us from every night-time fear and  
from every deed that walks in darkness. And  
give us sleep, which you have bestowed on us  
for our rest in our weakness, freed from every  
fantasy of the devil. Yes, Master of all things,  
giver of blessings, may we also be filled with  
compunction on our beds and call to mind  
your Name in the night, and enlightened by  
meditation on your commandments may we  
rise with gladness of soul to give glory to  
your loving-kindness, as we bring to your  
compassion supplications and entreaties on  
behalf of our own sins and those of all your  
people. At the prayers of the holy Mother of  
God visit them with mercy. [EL]

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς  
ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,  
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,  
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.  
Ἀμήν.

*Πληρωθέντος τοῦ Προοιμιακοῦ Ψαλμοῦ, ὁ μὲν  
Τερεὺς παραμένει ἐν εὐλαβείᾳ ἐνώπιον τῆς ἀγίας  
Τραπέζης, ὁ δὲ Διάκονος ποιεῖ σχῆμα πρὸς τὸ Τερέα,  
καὶ ἐξελθὼν τοῦ ἱεροῦ Βήματος, διὰ τῆς βορείας  
πύλης, καὶ στὰς πρὸ τῆς Ὁραίας πύλης, καὶ βλέπων  
κατ' ἐνώπιον τῆς εἰκόνης τοῦ Χριστοῦ, λέγει τὴν  
Μεγάλην Συναπτὴν, ἥτοι τὰ "Εἰρηνικά."*

For you, O God, are good and love  
mankind, and to you we give glory, Father,  
Son and Holy Spirit, now and for ever, and to  
the ages of ages. Amen. <sup>[EL]</sup>

*When the Opening Psalm is completed the Priest, in  
front of the Holy Table, or the Deacon in his usual place  
outside the Holy Doors, says the Litany of Peace.*

**ΔΙΑΚΟΝΟΣ**

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς ἄνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ἁγίου οἴκου τούτου, καὶ τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῶν εὐσεβῶν καὶ Ὁρθοδόξων Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς πόλεως ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

**DEACON**

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

Ὑπὲρ πλεόντων, ὁδοιπορούντων,  
νοσούντων, καμνόντων, αἰχμαλώτων καὶ  
τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης  
θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ  
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,  
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

### ΙΕΡΕΥΣ

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ  
προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ  
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς  
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

*Ἀναγινώσκεται τὸ οἰκεῖον Κάθισμα τοῦ  
Ψαλτηρίου, ἥτοι Κάθισμα 18. Μεθ' ὃ ἡ μικρὰ Συναπτή.*

### ΔΙΑΚΟΝΟΣ

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου  
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν  
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ  
πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς

For those who travel by land, sea, and air,  
for the sick, the suffering, the captives and for  
their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction,  
wrath, danger, and necessity, let us pray to  
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and  
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commend ourselves and one another and  
our whole life to Christ our God.

(To You, O Lord.)

### PRIEST

For to You belong all glory, honor, and  
worship, to the Father and to the Son and to  
the Holy Spirit, now and forever and to the  
ages of ages.

(Amen.)

*The appointed Kathisma of the Psalter may be read, i.e.  
Kathisma 18. It would be followed by the short litany.*

### DEACON

Again and again, in peace, let us pray to the  
Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and  
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed,  
and glorious Lady, the Theotokos and ever-  
virgin Mary, with all the saints, let us commend

καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν  
Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

### ΙΕΡΕΥΣ

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν  
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,  
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Αγίου  
Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων.

(Ἀμήν.)

### ΧΟΡΟΣ

#### Ἦχος πλ. δ'.

Κύριε ἐκέκραξα πρὸς σέ, εἰσάκουσόν  
μου, εἰσάκουσόν μου, Κύριε. Κύριε,  
ἐκέκραξα πρὸς σέ, εἰσάκουσόν μου·  
πρόσχες τῇ φωνῇ τῆς δεήσεώς μου, ἐν τῷ  
κεκραγέναι με πρὸς σέ. Εἰσάκουσόν μου,  
Κύριε.

Κατευθυνθήτω ἡ προσευχή μου, ὡς  
θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν  
μου θυσία ἐσπερινή. Εἰσάκουσόν μου,  
Κύριε.

Θοῦ, Κύριε, φυλακὴν τῷ στόματί μου, καὶ θύραν  
περιοχῆς περὶ τὰ χεῖλη μου.

Μὴ ἐκκλίνης τὴν καρδίαν μου εἰς λόγους  
πονηρίας, τοῦ προφασίζεσθαι προφάσεις ἐν  
ἀμαρτίαις.

Σὺν ἀνθρώποις ἐργαζομένοις τὴν ἀνομίαν, καὶ  
οὐ μὴ συνδυάσω μετὰ τῶν ἐκλεκτῶν αὐτῶν.

Παιδεύσει με δίκαιος ἐν ἐλέει, καὶ ἐλέγξει με,  
ἔλαιον δὲ ἀμαρτωλοῦ μὴ λιπανάτω τὴν κεφαλὴν  
μου.

Ὅτι ἔτι καὶ ἡ προσευχή μου ἐν ταῖς εὐδοκίαις  
αὐτῶν· κατεπόθησαν ἐχόμενα πέτρας οἱ κριταὶ  
αὐτῶν.

Ἀκούσονται τὰ ῥήματά μου, ὅτι ἠδύνθησαν·  
ὥσπερ πάχος γῆς ἐρράγη ἐπὶ τῆς γῆς, διεσκορπίσθη τὰ  
ὀστᾶ αὐτῶν παρὰ τὸν ἄδην.

ourselves and one another and our whole life to  
Christ our God.

(To You, O Lord.)

### PRIEST

For Yours is the dominion, and Yours is the  
kingdom and the power and the glory, of the Father  
and of the Son and of the Holy Spirit, now and  
forever and to the ages of ages.

(Amen.)

### CHOIR

#### Mode pl. 4.

Lord, I have cried to You; hear me. Hear  
me, O Lord. Lord, I have cried to You; hear  
me. Give heed to the voice of my supplication  
when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You  
as incense, the lifting up of my hands as the  
evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of  
enclosure about my lips.

Incline not my heart to evil words, to make  
excuses in sins.

With men who work lawlessness; and I will not  
join with their choice ones.

The righteous man shall correct me with mercy,  
and he shall reprove me; but let not the oil of the sinner  
anoint my head.

For my prayer shall be intense in the presence of  
their pleasures. Their judges are swallowed up by the  
rock.

They shall hear my words, for they are pleasant.  
As a clod of ground is dashed to pieces on the earth, so  
their bones were scattered beside the grave.

Ὅτι πρὸς σέ, Κύριε, Κύριε, οἱ ὀφθαλμοὶ μου· ἐπὶ  
σοὶ ἤλπισα, μὴ ἀντανέλης τὴν ψυχὴν μου.

Φύλαξόν με ἀπὸ παγίδος ἧς συνεστήσαντό μοι,  
καὶ ἀπὸ σκανδάλων τῶν ἐργαζομένων τὴν ἀνομίαν.

Πεσοῦνται ἐν ἀμφιβλήστῳ αὐτῶν οἱ  
ἀμαρτωλοί· κατὰ μόνας εἰμὶ ἐγὼ ἕως ἂν παρέλθω.

Φωνῇ μου πρὸς Κύριον ἐκέκραξα, φωνῇ μου  
πρὸς Κύριον ἐδεήθην.

Ἐκχεῶ ἐνώπιον αὐτοῦ τὴν δέησίν μου, τὴν  
θλιψίν μου ἐνώπιον αὐτοῦ ἀπαγγελῶ.

Ἐν τῷ ἐκλείπειν ἐξ ἐμοῦ τὸ πνεῦμά μου, καὶ σὺ  
ἔγνων τὰς τρίβους μου.

Ἐν ὁδῷ ταύτῃ, ἣ ἐπορευόμην, ἔκρυψαν παγίδα  
μοι.

Κατενόουν εἰς τὰ δεξιὰ, καὶ ἐπέβλεπον, καὶ οὐκ  
ἦν ὁ ἐπιγινώσκων με.

Ἀπώλετο φυγὴ ἀπ' ἐμοῦ, καὶ οὐκ ἔστιν ὁ  
ἐκζητῶν τὴν ψυχὴν μου.

Ἐκέκραξα πρὸς σέ, Κύριε εἶπα· Σὺ εἶ ἡ ἐλπίς  
μου, μερίς μου εἶ ἐν γῇ ζώντων.

Πρόσχεες πρὸς τὴν δέησίν μου, ὅτι ἐταπεινώθην  
σφόδρα.

Ῥῥσαί με ἐκ τῶν καταδιωκόντων με, ὅτι  
ἐκραταιώθησαν ὑπὲρ ἐμέ.

Ἐξάγαγε ἐκ φυλακῆς τὴν ψυχὴν μου, τοῦ  
ἐξομολογήσασθαι τῷ ὀνόματί σου.

Ἐμὲ ὑπομενοῦσι δίκαιοι, ἕως οὐ ἀνταποδῶς μοι.

Ἐκ βαθέων ἐκέκραξά σοι, Κύριε· Κύριε,  
εἰσάκουσον τῆς φωνῆς μου.

Γενηθήτω τὰ ὦτά σου προσέχοντα εἰς τὴν  
φωνήν τῆς δεήσεώς μου.

For my eyes, O Lord, O Lord, are toward You; in  
You I hope; take not my soul away.

Keep me from the snares they set for me, and from  
the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone,  
until I escape.

I cried to the Lord with my voice, with my voice I  
prayed to the Lord.

I shall pour out my supplication before Him; I  
shall declare my affliction in His presence.

When my spirit fainted within me, then You knew  
my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one  
who knew me.

Refuge failed me, and there was no one who cared  
for my soul.

I cried to You, O Lord; I said, "You are my hope,  
my portion in the land of the living."

Attend to my supplication, for I was humbled  
exceedingly.

Deliver me from my persecutors, for they are  
stronger than I.

Bring my soul out of prison to give thanks to Your  
name, O Lord.

The righteous shall wait for me, until You reward  
me.

Out of the depths I have cried to You, O Lord; O  
Lord, hear my voice.

Let Your ears be attentive to the voice of my  
supplication.



**Στιχηρὰ τοῦ Τριωδίου.**

Τοῦ Τριωδίου - - -

**Ἦχος πλ. δ'. Τί ὑμᾶς καλέσωμεν.**

Ἐὰν ἀνομίας παρατηρήσης, Κύριε Κύριε,  
τίς ὑποστήσεται; ὅτι παρὰ σοὶ ὁ ἰλασμός  
ἐστίν.

Μέσον διῦππεύοντες σήμερον,  
ἡμερῶν τῆς ἐγκρατείας, τῇ δυνάμει τοῦ  
Σταυροῦ, τὸν ἐν τούτῳ ὑψωθέντα, μέσον  
γῆς ὡς κραταίον, Σωτῆρα, καὶ Θεὸν  
δοξολογήσωμεν, βοῶντες, θεωροὺς ἡμᾶς  
ἀνάδειξον, τῶν Παθημάτων σου Δέσποτα,  
καὶ τῆς σεπτῆς Ἀναστάσεως, δωρούμενος,  
ἰλασμόν ἡμῖν, καὶ μέγα ἔλεος.

**Ἦχος πλ. δ'. Τί ὑμᾶς καλέσωμεν.**

Ἐνεκεν τοῦ ὀνόματός σου ὑπέμεινά σε,  
Κύριε, ὑπέμεινεν ἡ ψυχὴ μου εἰς τὸν λόγον  
σου. Ἦλπισεν ἡ ψυχὴ μου ἐπὶ τὸν Κύριον.

Πάθη ταπεινώσωμεν σώματος,  
τῶν βρωμάτων ἀποχῇ, καὶ ἡδονῶν  
ἀποστροφῇ, καὶ τὸ ξύλον τοῦ Σταυροῦ  
περιπτυσσόμεθα πιστῶς. Ὁράται, ἐμφανῶς  
γὰρ προσκυνούμενος, καὶ πάντα, ἀγιάζει  
θεία χάριτι, καὶ τῷ Κυρίῳ βοήσωμεν·  
Εὐχαριστοῦμέν σοι Εὐσπλαγχνε, τῷ  
σώζοντι, διὰ τούτου τὰς ψυχὰς ἡμῶν.

**Ἦχος πλ. δ'. Τὴν Θεοτόκον.**

Ἀπὸ φυλακῆς πρωΐας μέχρι νυκτός· ἀπὸ  
φυλακῆς πρωΐας ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν  
Κύριον.

Νῦν τὸν Σταυρὸν προσκυνοῦντες,  
πάντες κραυγάζομεν· Χαῖρε ξύλον τῆς  
ζωῆς, χαῖρε σκῆπτρον ἁγίον τοῦ Χριστοῦ,  
χαῖρε βροτῶν δόξα ἐπουράνιε, χαῖρε  
Ἀνάκτων τὸ καύχημα, χαῖρε τὸ κράτος  
τῆς πίστεως, χαῖρε ὄπλον ἀήττητον, χαῖρε  
τῶν ἐχθρῶν φυγαδευτήριον, χαῖρε φέγγος

**Stichera of the Triodion.**

From Triodion - - -

**Mode pl. 4. (NM) What shall we call you.**

*If You, O Lord, should mark transgression, O  
Lord, who would stand? For there is forgiveness  
with You. [SAAS]*

As we reach today the middle of the  
time of abstinence, by the power of the Cross  
let us praise Him who was raised upon it  
in the midst of the earth; and let us glorify  
Him as our mighty Saviour and our God,  
crying aloud: Grant us to behold, O Master,  
Thy Passion and Thy holy Resurrection, and  
bestow on us forgiveness and great mercy. [KW]

**Mode pl. 4. (NM) What shall we call you.**

*Because of Your law, O Lord, I waited for  
You; my soul waited for Your word. My soul  
hopes in the Lord. [SAAS]*

Let us humble the passions of the body  
through abstinence from food and the  
rejection of pleasures, and let us embrace  
with faith the wood of the Cross; for it is  
exalted before us for our veneration, and it  
hallows all men with the grace of God. So let  
us cry aloud unto the Lord: We thank Thee, O  
compassionate Master, who through the Cross  
dost save our souls. [KW]

**Mode pl. 4.**

*From the morning watch until night; from the  
morning watch until night, let Israel hope in the  
Lord. [SAAS]*

As now we venerate the Cross, let us all  
cry: Hail, Wood of life; hail, holy sceptre of  
Christ; hail, heavenly glory of mortal men;  
hail, pride of kings; hail, strength of the faith;  
hail, unconquerable weapon; hail, vanquisher  
of enemies; hail, radiant light that saves the  
world; hail, great glory of martyrs; hail, power

λαμπρόν, σωτήριον τοῦ Κόσμου, χαῖρε  
Μαρτύρων τὸ μέγα κλέος, χαῖρε σθένος  
Δικαίων, χαῖρε Ἀγγέλων λαμπρότης, χαῖρε  
πάνσεπτε.

**Στιχηρὰ τοῦ Μηναίου.**

Τοῦ Μηναίου - -

**Ἦχος πλ. δ'. Ὡ τοῦ παραδόξου.**

Ὅτι παρὰ τῷ Κυρίῳ τὸ ἔλεος καὶ πολλή  
παρ' αὐτῷ λύτρωσις, καὶ αὐτὸς λυτρώσεται  
τὸν Ἰσραὴλ ἐκ πασῶν τῶν ἀνομιῶν αὐτοῦ.

Τίτε θεόφρον Πατὴρ ἡμῶν, τὸν  
σὸν βαστάσας σταυρόν, τῷ Χριστῷ  
ἠκολούθησας, καὶ τὰ πάθη ἅπαντα,  
τῇ ψυχῇ καθυπέταξας, ἐντεῦθεν χάριν  
ἐξ ὕψους ἔλαβες, ἰᾶσθαι πάθη τῶν  
προστρεχόντων σοι, παύειν νοσήματα, καὶ  
διώκειν πνεύματα· ὅθεν τὴν σὴν, μνήμην  
ἐορτάζομεν, πανηγυρίζοντες.

Αἰνεῖτε τὸν Κύριον, πάντα τὰ ἔθνη,  
ἐπαίνεσατε αὐτόν, πάντες οἱ λαοί.

Τίτε παμμάκαρ Πατὴρ ἡμῶν,  
ἀσκητικαῖς ἀγωγαῖς, ἱερῶς καθαιρόμενος,  
καὶ τὸν νοῦν μεθέξεσι, θεϊκαῖς  
φωτιζόμενος, ἱερωσύνης χρῆσμα πανάγιον,  
τῇ ἐπινεύσει τοῦ θείου Πνεύματος, ὄντως  
εἰσδέδεξαι, λειτουργήσας ἄριστα, ἐπὶ τῆς  
γῆς, τῷ Θεῷ καὶ Κτίσῃ σου, καθάπερ,  
Ἄγγελος.

Ὅτι ἐκραταιώθη τὸ ἔλεος αὐτοῦ ἐφ'  
ἡμᾶς, καὶ ἡ ἀλήθεια τοῦ Κυρίου μένει εἰς τὸν  
αἰῶνα.

Ὅσιε τίτε θόπνευστε, Ὁρθοδοξίας φωτί,  
τὴν ψυχὴν λαμπρυνόμενος, σκοτεινῆς  
αἰρέσεως, τὴν ἀχλὺν ἀπεμείωσας, καὶ  
ἀνατείλας ὡς φαεινότατος, ἀστὴρ φωτίζεις  
κόσμου τὰ πέρατα, θαυματουργίαις σου,

of the righteous; hail, splendour of the angels;  
hail, precious Cross! [KW]

**Stichera from the Menaion.**

From Menaion - -

**Mode pl. 4. What a paradoxal.**

For with the Lord there is mercy, and with  
Him is abundant redemption; and He shall redeem  
Israel from all his transgressions. [SAAS]

Titus, you took up your cross and  
followed after Christ with zeal, \* and you  
brought under the control \* of your soul the  
passions all, \* O our father of godly mind;  
\* then from on high you were given grace  
divine \* to heal the ailments of those who  
came to you, \* to cure diseases all, \* and to  
drive out evil spirits. Therefore now \* we  
observe and celebrate your sacred memory. [SD]

Praise the Lord, all you Gentiles; praise Him,  
all you peoples. [SAAS]

Titus, through ascetic discipline sacredly  
purified \* and illumined in mind and heart  
\* by participation in \* things divine, O all-  
blessed one, \* the Holy Spirit approved, and  
you indeed \* received the holy anointing of  
divine \* priesthood within yourself, \* and you  
excellently ministered on earth \* like an Angel  
in the Church of your Creator and God. [SD]

For His mercy rules over us; and the truth of  
the Lord endures forever. [SAAS]

Holy father Titus, God-inspired, being  
illumined in soul \* by the light of Orthodox  
faith, \* you dispelled the murky mist \* and  
the darkness of heresy; \* and rising up like  
a most resplendant star, \* you now and ever

σελασφόροις πάντοτε· ὅθεν πιστῶς, πάντες  
σε γεραίρομεν, καὶ μακαρίζομεν.

Δόξα· καὶ νῦν. **Θεοτοκίον.**

**Ἦχος πλ. δ'. Ὡ τοῦ παραδόξου.**

Ποίοις ὀφθαλμοῖς θεάσωμαι,  
ὥραϊαν ὄψιν τὴν σὴν, ὃ μολύνας τοῖς  
πάθεσι, τῆς σαρκὸς τὰ ὄμματα; ἢ πῶς  
πάλιν ἀσπάσωμαι, τὴν σὴν εἰκόνα τὴν  
θεοτύπων, βέβηλα χεῖλη ἔχων ὁ ἄσωτος;  
πῶς δὲ ἐκτείνω μου, πρὸς τὴν θείαν  
χάριν σου, ὃ ἐναγής, χεῖρας ἅς ἠχρείωσα;  
Δέσποινα σῶσόν με.

(Εἵσοδος οὐ γίνεται.)

## ΑΝΑΓΝΩΣΤΗΣ

Φῶς ἱλαρὸν ἀγίας δόξης, ἀθανάτου  
Πατρὸς, οὐρανίου, ἀγίου, μάκαρος, Ἰησοῦ  
Χριστέ, ἐλθόντες ἐπὶ τὴν ἡλίου δύσιν,  
ιδόντες φῶς ἐσπερινόν, ὑμνοῦμεν Πατέρα,  
Υἱόν, καὶ ἅγιον Πνεῦμα Θεόν. Ἀξιόν σε ἐν  
πᾶσι καιροῖς, ὑμνεῖσθαι φωναῖς αἰσίαις,  
Υἱὲ Θεοῦ, ζῶν ὁ διδούς· \* διὸ ὁ κόσμος σε  
δοξάζει.

## Τὰ Ἀναγνώσματα

### ΙΕΡΕΥΣ

Ἐσπέρας...

Τοῦ Τριωδίου - -

## ΑΝΑΓΝΩΣΤΗΣ

Προκείμενον. Ἦχος πλ. δ'.

Ψαλμὸς ΞΓ' (63).

Εἰσάκουσον, ὁ Θεός, τῆς φωνῆς μου, ἐν  
τῷ δέεσθαί με πρὸς σέ.

enlighten all the world \* with your illustrious  
\* and amazing miracles. \* And therefore we \*  
faithfully now honor you and we all call you  
blest. [SD]

Glory. Both now. **Theotokion.**

**Mode pl. 4. What a paradoxal.**

What eyes can I gaze upon you with,  
upon your beautiful face, \* I whose eyes are  
polluted by \* carnal passions and by sin? \*  
And again, how am I to kiss \* your holy Icon,  
which is the work of God, \* for I the prodigal  
have unholy lips? \* I, the most wretched one, \*  
how can I extend my hands to pray for grace,  
\* when I have defiled them? O Lady, save me,  
I pray. [SD]

(No Entrance)

## READER

Gladsome light of holy glory of the holy,  
blessed, heavenly, immortal Father, O Jesus  
Christ: arriving at the hour of sunset and  
having seen the evening light, we praise the  
Father, Son, and Holy Spirit, God. It is worthy  
for You to be praised at all times with happy  
voices, O Son of God and Giver of life; \* and  
therefore the world glorifies You.

## The Readings

### PRIEST

The evening...

From Triodion - -

## READER

Prokeimenon. Mode pl. 4.

Psalm 63 (64).

Hear my voice, O God, in my  
supplication.

Από φόβου ἐχθροῦ ἐξελοῦ τὴν ψυχὴν μου.

Γενέσεως τὸ ἀνάγνωσμα.

# ΙΕΡΕΥΣ

Σοφία. Πρόσχωμεν.

# ΑΝΑΓΝΩΣΤΗΣ

Κεφ. Η', 21 - Θ', 7

Εἶπε Κύριος ὁ Θεός, διανοηθεῖς· Οὐ προσθήσω ἔτι καταράσασθαι τὴν γῆν, διὰ τὰ ἔργα τῶν ἀνθρώπων, ὅτι ἔγκειται ἡ διάνοια τοῦ ἀνθρώπου ἐπιμελῶς ἐπὶ τὰ πονηρὰ ἐκ νεότητος, οὐ προσθήσω οὖν ἔτι πατάξαι πᾶσαν σάρκα ζῶσαν, καθὼς ἐποίησα. Πάσας τὰς ἡμέρας τῆς γῆς, σπέρμα καὶ θερισμός, ψῦχος καὶ καῦμα, θέρος καὶ ἔαρ, ἡμέραν καὶ νύκτα οὐ καταπαύσωσι. Καὶ εὐλόγησεν ὁ Θεὸς τὸν Νῶε, καὶ τοὺς υἱοὺς αὐτοῦ, καὶ εἶπεν αὐτοῖς· Αὐξάνεσθε, καὶ πληθύνεσθε, καὶ πληρώσατε τὴν γῆν, καὶ κατακυριεύσατε αὐτῆς, καὶ ὁ φόβος ὑμῶν, καὶ ὁ τρόμος ἔσται ἐπὶ πᾶσι τοῖς θηρίοις τῆς γῆς, καὶ ἐπὶ πάντα τὰ πετεινὰ τοῦ Οὐρανοῦ, καὶ ἐπὶ πάντα τὰ κινούμενα ἐπὶ τῆς γῆς, καὶ ἐπὶ πάντας τοὺς ἰχθύας τῆς θαλάσσης, ὑπὸ χειρὸς ὑμῶν δέδωκα, καὶ πᾶν ἐρπετόν, ὃ ἐστι ζῶν, ὑμῶν ἔσται εἰς βρῶσιν, ὡς λάχανα χόρτου δέδωκα ὑμῶν τὰ πάντα. Πλὴν κρέας ἐν αἵματι ψυχῆς οὐ φάγεσθε· καὶ γὰρ τὸ ὑμέτερον αἷμα τῶν ψυχῶν ὑμῶν, ἐκ χειρὸς πάντων τῶν θηρίων ἐκζητήσω αὐτό, καὶ ἐκ χειρὸς ἀνθρώπου ἀδελφοῦ ἐκζητήσω τὴν ψυχὴν τοῦ ἀνθρώπου, ὃ ἐκχέων αἷμα ἀνθρώπου, ἀντὶ τοῦ αἵματος αὐτοῦ ἐκχυθήσεται, ὅτι ἐν εἰκόνι Θεοῦ ἐποίησα τὸν ἄνθρωπον. Ὑμεῖς δὲ αὐξάνεσθε, καὶ πληθύνεσθε, καὶ

*Deliver my soul from fear of the enemy.* [SAAS]

The reading is from the book of Genesis.

# PRIEST

Wisdom. Let us be attentive.

# READER

8:21-9:7

Then the Lord God thought it over and said, "I will never again curse the earth because of man's works, although the mind of man is diligently involved with evil things from his youth; nor will I again destroy every living thing as I have done. While the earth remains, seedtime and harvest, cold and heat, summer and spring shall not cease by day or by night." Thus God blessed Noah and his sons, and said to them, "Increase and multiply, and fill the earth, and have dominion over it. For the dread and fear of you shall be upon all the wild animals of the earth, all the birds of heaven, all that move upon the earth, and all the fish of the sea. I have put them under your authority. Every moving thing that lives shall be food for you. I have given you all things, even as I did the green herbs. But you shall not eat flesh with its lifeblood. Surely for your lifeblood I will demand a reckoning; from the hand of all the wild animals I will require it; and I will require the life of man at the hand of his fellow man. Whoever sheds man's blood, by man his blood shall be shed; because I made man in God's image. So then, increase and multiply; and fill the earth and have dominion over it." [SAAS]

πληρώσατε τὴν γῆν, καὶ κατακυριεύσατε αὐτῆς.

Προκείμενον. Ἦχος πλ. β'.

Ψαλμὸς ΞΔ' (64).

Ἐπάκουσον ἡμῶν, ὁ Θεός, ἡ ἐλπίς πάντων τῶν περάτων τῆς γῆς.

Σοὶ πρέπει ὕμνος, ὁ Θεός, ἐν Σιών.

Παροιμιῶν τὸ ἀνάγνωσμα.

### ΙΕΡΕΥΣ

Σοφία. Πρόσχωμεν.

### ΑΝΑΓΝΩΣΤΗΣ

Κεφ. ΙΑ', 19 - ΙΒ', 6

Υἱὸς δίκαιος γεννᾶται εἰς ζωὴν, διωγμὸς δὲ ἀσεβοῦς εἰς θάνατον. Βδέλυγμα Κυρίῳ διεστραμμέναι ὁδοί, δεκτοὶ δὲ αὐτῷ πάντες ἄμωμοι ἐν ταῖς ὁδοῖς αὐτῶν. Χειρὶ χειρὰς ἐμβαλὼν ἀδίκως, οὐκ ἀτιμώρητος ἔσται κακῶν. Ὁ δὲ σπείρων δικαιοσύνην, λήψεται μισθὸν πιστόν. Ὡσπερ ἐνώτιον χρυσοῦν ἐν ῥινὶ ὕος, οὕτω γυναικὶ κακόφρονι κάλλος. Ἐπιθυμία δικαίων πᾶσα ἀγαθή, ἐλπίς δὲ ἀσεβῶν ἀπολεῖται. Εἰσὶν, οἱ τὰ ἴδια σπείροντες πλείονα ποιοῦσιν· εἰσὶ δὲ καὶ οἱ συνάγοντες τὰ ἀλλότρια, ἐλαττονοῦνται. Ψυχὴ εὐλογουμένη πᾶσα ἀπλή, ἀνὴρ δὲ θυμώδης οὐκ εὐσχήμων, ὁ συνέχων σῖτον, ὑπολείποιο αὐτὸν τοῖς ἔθνεσιν, εὐλογία δὲ εἰς κεφαλὴν τοῦ μεταδιδόντος. Τεκταινόμενος ἀγαθὰ, ζητεῖ χάριν ἀγαθὴν, ἐκζητοῦντα δὲ κακὰ καταλήψεται αὐτόν. Ὁ πεποιθὼς ἐπὶ τῷ πλούτῳ αὐτοῦ, οὗτος πεσεῖται. Ὁ δὲ ἀντιλαμβανόμενος δικαίων, οὗτος ἀνατελεῖ, ὁ μὴ συμπεριφερόμενος τῷ ἑαυτοῦ οἴκῳ, κληρονομήσει ἄνεμον, δουλεύσει δὲ ἄφρων φρονίμῳ. Ἐκ καρποῦ

Prokeimenon. Mode pl. 2.

Psalms 64 (65).

Hear us, O God our savior, the hope of all the ends of earth.

*It is fitting to sing a hymn to You in Zion.*

[SAAS]

The reading is from the Proverbs of Solomon.

### PRIEST

Wisdom. Let us be attentive.

### READER

11:18-12:6

A righteous son is begotten unto life, but the persecution of an ungodly man is unto death. Perverse ways are an abomination to the Lord, but all who are blameless in their ways are acceptable to Him. He who joins hands with the unrighteous will not go unpunished, but he who sows righteousness will receive a faithful reward. Like a ring in the nose of a wild swine, so is beauty to an evil-minded woman. Every desire of the righteous is good, but the hope of the ungodly is destruction. There are those who sow their own things and produce more things, and there are those who gather but have less. Every sincere soul is blessed, but an angry man is not graceful. May the one who hoards grain leave it to the nations, but may blessing be upon the head of the one who shares it. He who plans good things seeks good grace, but he who seeks evil, it will capture him. He who trusts in riches, this man will fall, but he who helps the righteous, this man will rise. He who does not deal graciously with



δικαιοσύνης φύεται δένδρον ζωῆς,  
ἀφαιροῦνται δὲ ἄωροι ψυχὰι παρὰ νόμων.  
Εἰ ὁ μὲν δίκαιος μόλις σώζεται, ὁ ἀσεβὴς  
καὶ ἁμαρτωλὸς ποῦ φανεῖται; ὁ ἀγαπῶν  
παιδεῖαν, ἀγαπᾷ αἰσθησιν, ὁ δὲ μισῶν  
ἐλέγχους, ἄφρων. Κρείσσων ὁ εὐρίσκων  
χάριν παρὰ Κυρίῳ, ἀνὴρ δὲ παράνομος  
παρασιωπηθήσεται, οὐ κατορθώσει  
ἄνθρωπος ἐξ ἀνόμου, αἱ δὲ ῥίζαι τῶν  
δικαίων οὐκ ἐξαρθήσονται. Γυνὴ ἀνδρεία  
στέφανος τῷ ἀνδρὶ αὐτῆς, ὥσπερ δὲ ἐν  
ξύλῳ σκώληξ, οὕτως ἄνδρα ἀπόλλυσι γυνὴ  
κακοποιός. Λογισμοὶ δικαίων κρίματα,  
κυβερνῶσι δὲ ἀσεβεῖς δόλους. Λόγοι  
ἀσεβῶν δόλιοι εἰς αἶμα, στόμα δὲ ὀρθῶν  
ῥύσεται αὐτούς.

### ΑΝΑΓΝΩΣΤΗΣ

Καταξίωσον, Κύριε, ἐν τῇ ἐσπέρᾳ  
ταύτῃ, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.  
Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων  
ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ  
ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν. Γένοιτο,  
Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ  
ἠλπίσαμεν ἐπὶ σέ. Εὐλογητὸς εἶ, Κύριε,  
δίδαξόν με τὰ δικαιώματά σου. Εὐλογητὸς  
εἶ, Δέσποτα, συνέτισον μὲ τὰ δικαιώματά  
σου. Εὐλογητὸς εἶ, Ἄγιε, φώτισόν με τοῖς  
δικαιώμασί σου. Κύριε, τὸ ἔλεός σου εἰς τὸν  
αἰῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδῃς.  
Σοὶ πρέπει αἶνος, σοὶ πρέπει ὕμνος, σοὶ  
δόξα πρέπει, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ

his own house will inherit the wind, and a  
man without discernment will be servant to  
one with discernment. A tree of life springs  
up from the fruit of righteousness, but the  
souls of the lawless will be taken away before  
their time. If the righteous man is scarcely  
saved, then where shall an ungodly man and  
a sinner appear? He who loves instruction  
loves perception, but he who hates correction  
is without discernment. He who finds grace  
from the Lord becomes better, but a lawless  
man will be passed over in silence. A man  
will not prosper by lawlessness, but the roots  
of righteous men will not be pulled out. A  
courageous wife is a crown to her husband,  
but as a worm in a tree, so an evildoing wife  
destroys her husband. The thoughts of the  
righteous are judgments, but the ungodly  
devise deceits. The words of the ungodly are  
deceitful, but the mouth of the upright shall  
deliver them. [SAAS]

### READER

O Lord, keep us this evening without  
sin. Blessed are you, O Lord, God of our  
fathers, and praised and glorified is your  
name to the ages. Amen. O Lord, let your  
mercy be upon us for we have set our hope  
in you. Blessed are you, O Lord, teach me  
your commandments. Blessed are you,  
Master, grant me understanding of your  
commandments. Blessed are you, Holy One,  
enlighten me with your commandments.  
Lord, your mercy is forever. Do not despise  
the works of your hands. To you is due praise,  
to you is due song, to you is due glory, to the  
Father and the Son and the Holy Spirit, now  
and forever and to the ages of ages. [HC]



Ἀγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

**ΔΙΑΚΟΝΟΣ**

Πληρώσωμεν τὴν ἐσπερινὴν δέησιν ἡμῶν τῷ Κυρίῳ.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τὴν ἐσπέραν πᾶσαν τελείαν, ἁγίαν, εἰρηνικὴν καὶ ἀναμάρτητον, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Ἄγγελον εἰρήνης, πιστὸν ὁδηγόν, φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Συγγνώμην καὶ ἄφεσιν τῶν ἁμαρτιῶν καὶ τῶν πλημμελημάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς ἡμῶν καὶ εἰρήνην τῷ κόσμῳ, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τὸν ὑπόλοιπον χρόνον τῆς ζωῆς ἡμῶν ἐν εἰρήνῃ καὶ μετανοίᾳ ἐκτελέσαι, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Χριστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν, ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικά, καὶ καλὴν ἀπολογία τὴν ἐπὶ τοῦ φοβεροῦ βήματος τοῦ Χριστοῦ αἰτησώμεθα.

(Παράσχον, Κύριε.)

(Amen.)

**DEACON**

Let us complete our evening prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,  
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζώην  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

### ΙΕΡΕΥΣ

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς  
ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,  
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,  
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

### ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

### ΔΙΑΚΟΝΟΣ

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίῳ κλίνομεν.

(Σοί, Κύριε.)

### ΙΕΡΕΥΣ (χαμηλοφώνως)

Κύριε, ὁ Θεὸς ἡμῶν, ὁ κλῖνας οὐρανοὺς καὶ  
καταβάς ἐπὶ σωτηρίᾳ τοῦ γένους τῶν ἀνθρώπων,  
ἔπιδε ἐπὶ τοὺς δούλους σου καὶ ἐπὶ τὴν κληρονομίαν  
σου· σοὶ γὰρ τῷ φοβερῷ καὶ φιλοανθρώπῳ κριτῇ  
οἱ σοὶ δούλοι ὑπέκλιναν τὰς κεφαλὰς, τοὺς δὲ  
αὐτῶν ὑπέταξαν αὐχένας, οὐ τὴν ἐξ ἀνθρώπων  
ἀναμένοντες βοήθειαν, ἀλλὰ τὸ σὸν περιμένοντες  
ἔλεος καὶ τὴν σὴν ἀπεκδεχόμενοι σωτηρίαν·  
οὓς διαφύλαξον ἐν παντὶ καιρῷ καὶ κατὰ τὴν  
παροῦσαν ἐσπέραν καὶ τὴν προσιούσαν νύκτα,  
ἀπὸ παντὸς ἐχθροῦ, ἀπὸ πάσης ἀντικειμένης  
ἐνεργίας διαβολικῆς, καὶ διαλογισμῶν ματαίων καὶ  
ἐνθυμήσεων πονηρῶν.

### ΙΕΡΕΥΣ

Εἴη τὸ κράτος τῆς βασιλείας σου  
εὐλογημένον καὶ δεδοξασμένον, τοῦ  
Πατρὸς, καὶ τοῦ Υἱοῦ, καὶ τοῦ ἁγίου  
Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας  
τῶν αἰώνων.

Commemorating our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commend ourselves and one another and  
our whole life to Christ our God.

(To You, O Lord.)

### PRIEST

For You, O God, are good and love  
mankind, and to You we offer glory, to the  
Father and to the Son and to the Holy Spirit,  
now and forever, and to the ages of ages.

(Amen.)

### PRIEST

Peace be with all.

(And with your spirit.)

### DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

### PRIEST (in a low voice)

Lord our God, who bowed the heavens and came  
down for the salvation of the human race, look upon  
your servants and upon your inheritance, for to you,  
the fearful Judge who love mankind, your servants  
have bowed their heads and inclined their necks, not  
waiting for any human help, but awaiting your mercy  
and looking for your salvation. Guard them at every  
moment, during both the present evening and the  
approaching night, from every foe, from every hostile  
operation of the devil and from vain thoughts and evil  
desires.

### PRIEST

May the might of your kingdom be  
blessed and glorified, of the Father and the  
Son and the Holy Spirit, now and forever and  
to the ages of ages.

(Αμήν.)

Τοῦ Τριωδίου ---

**ΧΟΡΟΣ****Ἀπόστιχα. Τοῦ Τριωδίου.****Ἰδιόμελον. Ἦχος πλ. δ'.**

Μεγαλορρήμων Φαρισαῖος, ἐβδελύχθη  
καυχησάμενος, καὶ Τελώνης ταπεινόφρων,  
διὰ σιγῆς ἐδικαιώθη προσευξάμενος·  
διὸ τῶν ἐκατέρων μαθοῦσα ψυχὴ μου  
τὸ διάφορον, τὴν ταπεινοφροσύνην  
ἐλοῦ καὶ κατάσπαζε· Χριστὸς γὰρ  
ταπεινοῖς ἐπηγγείλατο, διδόναι χάριν ὡς  
φιλόανθρωπος.

**Στίχ.** Πρὸς σὲ ἦρα τοὺς ὀφθαλμοὺς  
μου τὸν κατοικοῦντα ἐν τῷ οὐρανῷ. Ἴδου ὡς  
ὀφθαλμοὶ δούλων εἰς χεῖρας τῶν Κυρίων  
αὐτῶν, ὡς ὀφθαλμοὶ παιδίσκης εἰς χεῖρας  
τῆς Κυρίας αὐτῆς, οὕτως οἱ ὀφθαλμοὶ  
ἡμῶν πρὸς Κύριον τὸν θεὸν ἡμῶν, ἕως οὗ  
οἰκτερῆσαι ἡμᾶς.

Μεγαλορρήμων Φαρισαῖος, ἐβδελύχθη  
καυχησάμενος, καὶ Τελώνης ταπεινόφρων,  
διὰ σιγῆς ἐδικαιώθη προσευξάμενος·  
διὸ τῶν ἐκατέρων μαθοῦσα ψυχὴ μου  
τὸ διάφορον, τὴν ταπεινοφροσύνην  
ἐλοῦ καὶ κατάσπαζε· Χριστὸς γὰρ  
ταπεινοῖς ἐπηγγείλατο, διδόναι χάριν ὡς  
φιλόανθρωπος.

**Μαρτυρικόν.****Ἦχος πλ. δ'.**

**Στίχ.** Ἐλέησον ἡμᾶς, Κύριε,  
ἐλέησον ἡμᾶς, ὅτι ἐπὶ πολὺ ἐπλήσθημεν  
ἐξουδενώσεως, ἐπὶ πλεῖον ἐπλήσθη ἡ ψυχὴ  
ἡμῶν. Τὸ ὄνειδος τοῖς εὐθινοῦσι, καὶ ἡ  
ἐξουδένωσις τοῖς ὑπερηφάνοις.

Μάρτυρες Κυρίου, ἱκετεύσατε τὸν Θεὸν  
ἡμῶν, καὶ αἰτήσασθε ταῖς ψυχαῖς ἡμῶν,

(Amen.)

From Triodion ---

**CHOIR****Aposticha. From the Triodion.****Idiomelon. Mode pl. 4.**

The proud-speaking Pharisee was rejected  
for his boasting, but the humbleminded  
Publican was justified through his silent  
prayer. Learn, O my soul, the difference  
between the two; choose humblemindedness  
and accept it in thine heart: for Christ has  
promised to give grace unto the humble, in  
His love for mankind. [KW]

**Verse:** *I lift my eyes to You, who dwell  
in heaven. Behold, as the eyes of servants look  
to the hands of their masters, as the eyes of the  
maidservant look to the hands of her mistress, so  
our eyes look to the Lord our God until He shall  
have compassion on us.* [SAAS]

The proud-speaking Pharisee was rejected  
for his boasting, but the humbleminded  
Publican was justified through his silent  
prayer. Learn, O my soul, the difference  
between the two; choose humblemindedness  
and accept it in thine heart: for Christ has  
promised to give grace unto the humble, in  
His love for mankind. [KW]

**For the Martyrs.****Mode pl. 4.**

**Verse:** *Have mercy on us, O Lord, have  
mercy on us, for we are greatly filled with  
contempt; our soul is greatly filled with it. We are  
a disgrace to those who prosper, and a contempt to  
the arrogant.* [SAAS]

O martyrs of the Lord, we beseech  
you, offer intercession to our God: pray

πληθος οἰκτιρῶν, καὶ τὸν ἱλασμόν, τῶν πολλῶν παραπτωμάτων δεόμεθα.

Δόξα· καὶ νῦν. **Θεοτοκίον.**

**Ἦχος πλ. δ'.**

Ἐγὼ Παρθένε ἁγία Θεοτόκε, τῇ σκέπῃ σου προστρέχω, οἶδα ὅτι τεύξομαι τῆς σωτηρίας· δύνασαι γὰρ Ἀγνή βοηθῆσαί μοι.

**ΙΕΡΕΥΣ**

**Ὡδὴν τοῦ Θεοδόχου Συμεών.**

Νῦν ἀπολύεις τὸν δοῦλόν σου, Δέσποτα, κατὰ τὸ ῥῆμά σου, ἐν εἰρήνῃ· ὅτι εἶδον οἱ ὀφθαλμοί μου τὸ σωτήριόν σου, ὃ ἡτοίμασας κατὰ πρόσωπον πάντων τῶν λαῶν· φῶς εἰς ἀποκάλυψιν ἐθνῶν, καὶ δόξαν λαοῦ σου Ἰσραήλ.

**ΛΑΟΣ**

**Τρισάγιον.**

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. **(ἐκ γ')**

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε, ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἄγιε, ἐπίσκεψαι καὶ ἰάσαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ

for abundant mercy on our souls and the forgiveness of our many sins. **[KW]**

Glory. Both now. **Theotokion.**

**Mode pl. 4.**

I run to thy protection, O holy Virgin Theotokos, and I know that I shall find salvation: for thou, pure Lady, hast the power to help me. **[KW]**

**PRIEST**

**Song of Simeon.**

Lord, now You are letting Your servant depart in peace, according to Your word; for my eyes have seen Your salvation which You have prepared before the face of all peoples. A light to bring revelation to the Gentiles, and the glory of Your people Israel. **[NKJV]**

**PEOPLE**

**Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. **(3)**

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will

βασιλεία σου. Γενηθήτω τὸ θέλημά σου,  
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον  
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ  
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ  
ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ  
εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι  
ἡμᾶς ἀπὸ τοῦ πονηροῦ.

## ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις  
καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ  
Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς  
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

## ΧΟΡΟΣ

Τοῦ Ὡρολογίου - - -

**Ἀπολυτίκια. Ἦχος πλ. α'.**

Θεοτόκε Παρθέने, χαῖρε κεχαριτωμένη  
Μαρία, ὁ Κύριος μετὰ σοῦ· εὐλογημένη σὺ  
ἐν γυναιξί, καὶ εὐλογημένος ὁ καρπὸς τῆς  
κοιλίας σου, ὅτι Σωτῆρα ἔτεκες τῶν ψυχῶν  
ἡμῶν.

Βαπτιστὰ τοῦ Χριστοῦ, πάντων ἡμῶν  
μνησθητι, ἵνα ρυσθῶμεν τῶν ἀνομιῶν  
ἡμῶν· σοὶ γὰρ ἐδόθη χάρις πρεσβεῦειν ὑπὲρ  
ἡμῶν.

Δόξα.

Ἰκετεύσατε ὑπὲρ ἡμῶν, ἅγιοι  
Ἀπόστολοι, καὶ Ἅγιοι πάντες, ἵνα ρυσθῶμεν  
κινδύνων καὶ θλίψεων, ὑμᾶς γὰρ θερμοὺς  
προστάτας, πρὸς τὸν Σωτῆρα κεκτήμεθα.

*Τὸ τελευταῖον τοῦτο τροπάριον κατὰ τὴν  
ἀρχαίαν τάξιν λέγεται χῦμα ὑπὸ τοῦ ἀναγνώστου.  
Σήμερον ὁμως συνήθως ψάλλεται καὶ τοῦτο, ὡς καὶ τὰ  
προηγούμενα.*

Καὶ νῦν.

Ὑπὸ τὴν σὴν εὐσπλαγχνίαν,  
καταφεύγομεν Θεοτόκε, τὰς ἡμῶν

be done, on earth as it is in heaven. Give us  
this day our daily bread; and forgive us our  
trespasses, as we forgive those who trespass  
against us. And lead us not into temptation,  
but deliver us from evil.

## PRIEST

For Thine is the Kingdom and the power  
and the glory, of the Father and of the Son  
and of the Holy Spirit, now and forever and to  
the ages of ages.

(Amen.)

## CHOIR

From Horologion - - -

**Apolytikia. Mode pl. 1.**

O Virgin Theotokos, rejoice, Mary full  
of grace. The Lord is with you. Blessed are  
you among women, and blessed is the fruit of  
your womb; for you have borne the Savior of  
our souls [SD]

O Baptist of Christ, be mindful of us all,  
that we may be delivered from our iniquities;  
for unto you was given the grace to intercede  
for us. [SD]

Glory.

Entreat earnestly for us, O holy Apostles  
and all Saints, that we be delivered from  
peril and affliction; for you are our fervent  
advocates before the Savior. [SD]

*This final troparion, according to older rules, is simply  
recited by the Reader. In current practice, however, it is  
usually, sung much like the preceding hymns.*

Both now.

Beneath your tender compassion we  
take refuge, O Theotokos. Despise not our

ίκεσίας μὴ παρίδῃς ἐν περιστάσει, ἀλλ' ἐκ κινδύνων λύτρωσαι ἡμᾶς, μόνη Ἀγνή, μόνη εὐλογημένη.

### ΑΝΑΓΝΩΣΤΗΣ

Κύριε, ἐλέησον. (μ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

### ΙΕΡΕΥΣ

Ὁ ὢν εὐλογητός, Χριστὸς ὁ Θεὸς ἡμῶν, πάντοτε, νῦν, καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Ἐπουράνιε Βασιλεῦ, τοὺς πιστοὺς ἄρχοντας ἡμῶν στερέωσον· τὴν πίστιν στήριξον· τὰ ἔθνη πρᾶνον· τὸν κόσμον εἰρήνευσον· τὴν ἁγίαν Ἐκκλησίαν (ἢ Μονήν) ταύτην καλῶς διαφύλαξον· τοὺς προαπελθόντας πατέρας καὶ ἀδελφοὺς ἡμῶν ἐν σκηναῖς δικαίων τάξον· καὶ ἡμᾶς ἐν μετανοίᾳ καὶ ἑξομολογήσει παράλαβε, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

(Ἀμήν.)

### Εὐχή τοῦ Ἁγίου Ἐφραίμ

Κύριε καὶ Δέσποτα τῆς ζωῆς μου, πνεῦμα ἀργίας, περιεργίας, φιλαρχίας καὶ ἀργολογίας μὴ μοι δῶς.

Πνεῦμα δὲ σωφροσύνης, ταπεινοφροσύνης, ὑπομονῆς καὶ ἀγάπης χάρισαί μοι τῷ σῶ δούλῳ.

supplications in distress, but deliver us from all peril. You alone are pure; you alone are blessed. [SD]

### READER

Lord, have mercy. (40)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

In the name of the Lord, Father, bless!

### PRIEST

Blessed are You, Christ our God, always now and forever and to the ages of ages.

(Amen.)

O heavenly King, uphold our rulers, strengthen the Faith, calm the nations, give peace to the world. Protect this holy Church (or, Monastery); grant our departed fathers and brethren that they may dwell with the righteous, and accept us in repentance and confession; for You are good and love mankind.

(Amen.)

### Prayer of St. Ephraim

O Lord and Master of my life, do not permit the spirit of laziness and meddling, the lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit of prudence, humility, patience and love.



Ναί, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ ὁρᾶν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν τὸν ἀδελφόν μου.

Ὅτι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΑΝΑΓΝΩΣΤΗΣ

Κύριε, ἐλέησον. (ιβ')

Παναγία Τριάς, τὸ Ὁμοούσιον κράτος, ἡ ἀδιαίρετος βασιλεία, ἡ πάντων τῶν ἀγαθῶν αἰτία, εὐδόκησον δὴ καὶ ἐπ' ἐμοὶ τῷ ἁμαρτωλῷ· στήριξον, συνέτισον τὴν καρδίαν μου, καὶ πᾶσαν περιέλε μου τὴν βεβηλότητα· φώτισόν μου τὴν διάνοιαν, ἵνα διὰ παντὸς δοξάζω, ὑμνῶ, προσκυνῶ καὶ λέγω· Εἷς Ἅγιος, εἷς Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρός. Ἀμήν.

Εἴη τὸ ὄνομα Κυρίου εὐλογημένον ἀπὸ τοῦ νῦν καὶ ἕως τοῦ αἰῶνος. (ἐκ γ')

### Ψαλμὸς ΛΓ' (33).

Εὐλογήσω τὸν Κύριον ἐν παντὶ καιρῷ, διὰ παντὸς ἡ αἰνεσις αὐτοῦ ἐν τῷ στόματί μου. Ἐν τῷ Κυρίῳ ἐπαινεθήσεται ἡ ψυχὴ μου· ἀκουσάτωσαν πρᾶεῖς, καὶ εὐφρανθήτωσαν. Μεγαλύνετε τὸν Κύριον σὺν ἐμοί, καὶ ὑψώσωμεν τὸ ὄνομα αὐτοῦ ἐπὶ τὸ αὐτό. Ἐξεζήτησα τὸν Κύριον, καὶ ἐπήκουσέ μου, καὶ ἐκ πασῶν τῶν θλίψεων μου ἐρρύσατό με. Προσέλθετε πρὸς αὐτὸν καὶ φωτίσθητε, καὶ τὰ πρόσωπα ὑμῶν οὐ μὴ καταισχυνθῇ. Οὗτος ὁ πτωχὸς ἐκέκραξε καὶ ὁ Κύριος εἰσήκουσεν αὐτοῦ καὶ ἐκ πασῶν τῶν θλίψεων αὐτοῦ ἔσωσεν αὐτόν. Παρεμβαλεῖ ἄγγελος Κυρίου κύκλῳ τῶν φοβουμένων αὐτόν καὶ ῥύσεται αὐτούς. Γεύσασθε καὶ ἴδετε ὅτι χρηστὸς ὁ Κύριος· μακάριος ἄνθρωπος, ὃς ἐλπίζει ἐπ'

Yes, Lord and King, give me the power to see my own faults and not to judge my brother.

For you are blessed unto the ages of ages. Amen. [HC]

### READER

Lord, have mercy. (12)

All-Holy Trinity, the consubstantial dominion, the indivisible rule, and cause of every good: be well pleased, even with regard to me a sinner. Strengthen my heart and grant it understanding, and take away all my defilement. Illumine my mind, so that I may ever glorify, praise, worship, and say: One is Holy, One is Lord, Jesus Christ, to the Glory of God the Father. Amen.

Blessed be the name of the Lord, from this time forth and to the ages. (3)

### Psalm 33 (34).

I will bless the Lord at all times; His praise shall continually be in my mouth. My soul shall be praised in the Lord; let the gentle hear, and be glad. Oh, magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He heard me; and He delivered me from all my sojourning. Come to Him, and be enlightened, and your face shall never be ashamed. This poor man cried, and the Lord heard him, and saved him from all his afflictions. The Angel of the Lord shall encamp around those who fear Him, and He will deliver them. Oh, taste and see that the Lord is good; blessed is the man who hopes in Him. Fear the Lord, you His saints, for there is no want for those who fear Him. Rich men turned poor and went hungry; but those who

αὐτόν. Φοβήθητε τὸν Κύριον πάντες οἱ ἅγιοι αὐτοῦ, ὅτι οὐκ ἔστιν ὑστέρημα τοῖς φοβουμένοις αὐτόν. Πλούσιοι ἐπτώχευσαν καὶ ἐπείνασαν, οἱ δὲ ἐκζητοῦντες τὸν Κύριον οὐκ ἐλαττωθήσονται παντὸς ἀγαθοῦ. Δεῦτε, τέκνα, ἀκούσατέ μου· φόβον Κυρίου διδάξω ὑμᾶς. Τίς ἐστιν ἄνθρωπος ὁ θέλων ζωὴν, ἀγαπῶν ἡμέρας ἰδεῖν ἀγαθὰς; Παῦσον τὴν γλῶσσάν σου ἀπὸ κακοῦ καὶ χεῖλη σου τοῦ μὴ λαλῆσαι δόλον. Ἐκκλινον ἀπὸ κακοῦ καὶ ποιήσον ἀγαθόν, ζήτησον εἰρήνην καὶ δίωξον αὐτήν. Ὀφθαλμοὶ Κυρίου ἐπὶ δικαίους, καὶ ὅτα αὐτοῦ εἰς δέησιν αὐτῶν. Πρόσωπον δὲ Κυρίου ἐπὶ ποιοῦντας κακὰ τοῦ ἐξολοθρεῦσαι ἐκ γῆς τὸ μνημόσυνον αὐτῶν. Ἐκέκραξαν οἱ δίκαιοι, καὶ ὁ Κύριος εἰσήκουσεν αὐτῶν, καὶ ἐκ πασῶν τῶν θλίψεων αὐτῶν ἐρῶρύσατο αὐτούς. Ἐγγὺς Κύριος τοῖς συντετριμμένοις τὴν καρδίαν καὶ τοὺς ταπεινοὺς τῷ πνεύματι σώσει. Πολλὰ αἱ θλίψεις τῶν δικαίων, καὶ ἐκ πασῶν αὐτῶν ῥύσεται αὐτοὺς ὁ Κύριος· φυλάσσει Κύριος πάντα τὰ ὀστέα αὐτῶν, ἐν ἑξ αὐτῶν οὐ συντριβήσεται. Θάνατος ἀμαρτωλῶν πονηρός, καὶ οἱ μισοῦντες τὸν δίκαιον πλημμελήσουσι. Λυτρώσεται Κύριος ψυχὰς δούλων αὐτοῦ, καὶ οὐ μὴ πλημμελήσουσι πάντες οἱ ἐλπίζοντες ἐπ' αὐτόν.

### Ψαλμὸς ΡΜΔ' (144).

Ὑψώσω σε, ὁ Θεός μου ὁ βασιλεὺς μου, καὶ εὐλογήσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Μέγας Κύριος καὶ αἰνετὸς σφόδρα, καὶ τῆς μεγαλωσύνης

seek the Lord shall not lack any good thing. Come, you children, listen to me; I will teach you the fear of the Lord. Who is the man who desires life, who loves to see good days? Keep your tongue from evil, and your lips from speaking deceit. Shun evil and do good; seek peace and pursue it. The eyes of the Lord are upon the righteous, and His ears are open to their supplications. The Lord's face is against those who do evil, so as to destroy their remembrance from the earth. The righteous cried, and the Lord heard them; and He delivered them from all their afflictions. The Lord is near those who are brokenhearted, and He will save the humble in spirit. Many are the afflictions of the righteous, but He will deliver them from them all. The Lord shall guard all their bones; not one of them shall be broken. The death of sinners is evil, and those who hate the righteous shall go wrong. The Lord will redeem the souls of His servants, and all who hope in Him shall not go wrong.

### Psalm 144 (145)

I shall exalt You, my God and my King, and I shall bless Your name forever and unto ages of ages. Every day I shall bless you and praise Your name forever and unto ages of ages. Great is the Lord and exceedingly praiseworthy, and His greatness has no limit. Generation and generation shall praise Your

αὐτοῦ οὐκ ἔστι πέρας. Γενεὰ καὶ γενεὰ  
ἐπαινέσει τὰ ἔργα σου καὶ τὴν δύναμίν  
σου ἀπαγγελοῦσι. Τὴν μεγαλοπρέπειαν  
τῆς δόξης τῆς ἁγιοσύνης σου λαλήσουσι  
καὶ τὰ θαυμάσιά σου διηγῶνται. Καὶ  
τὴν δύναμιν τῶν φοβερῶν σου ἐροῦσι  
καὶ τὴν μεγαλωσύνην σου διηγῶνται.  
Μνήμην τοῦ πλήθους τῆς χρηστότητός  
σου ἐξερεῦξονται καὶ τῇ δικαιοσύνῃ σου  
ἀγαλλιάσονται. Οἰκτίρμων καὶ ἐλεήμων  
ὁ Κύριος, μακρόθυμος καὶ πολυέλεος.  
Χρηστὸς Κύριος τοῖς σύμπασι, καὶ οἱ  
οἰκτιρμοὶ αὐτοῦ ἐπὶ πάντα τὰ ἔργα αὐτοῦ.  
Ἐξομολογησάσθωσάν σοι, Κύριε, πάντα τὰ  
ἔργα σου, καὶ οἱ ὅσιοί σου εὐλογησάτωσάν  
σε. Δόξαν τῆς βασιλείας σου ἐροῦσι καὶ τὴν  
δυναστείαν σου λαλήσουσι τοῦ γνωρίσαι  
τοῖς υἱοῖς τῶν ἀνθρώπων τὴν δυναστείαν  
σου καὶ τὴν δόξαν τῆς μεγαλοπρεπείας τῆς  
βασιλείας σου. Ἡ βασιλεία σου βασιλεία  
πάντων τῶν αἰώνων, καὶ ἡ δεσποτεία  
σου ἐν πάσῃ γενεᾷ καὶ γενεᾷ. Πιστὸς  
Κύριος ἐν πᾶσι τοῖς λόγοις αὐτοῦ καὶ ὁσὶος  
ἐν πᾶσι τοῖς ἔργοις αὐτοῦ. Ὑποστηρίζει  
Κύριος πάντας τοὺς καταπίπτοντας καὶ  
ἀνορθοῖ πάντας τοὺς κατερραγμένους. Οἱ  
ὀφθαλμοὶ πάντων εἰς σὲ ἐλπίζουν, καὶ  
σὺ δίδως τὴν τροφὴν αὐτῶν ἐν εὐκαιρίᾳ.  
Ἀνοίγεις σὺ τὰς χεῖράς σου καὶ ἐμπιπλᾷς  
πᾶν ζῶον εὐδοκίας. Δίκαιος Κύριος ἐν  
πάσαις ταῖς ὁδοῖς αὐτοῦ καὶ ὁσὶος ἐν  
πᾶσι τοῖς ἔργοις αὐτοῦ. Ἐγγὺς Κύριος  
πᾶσι τοῖς ἐπικαλουμένοις αὐτόν, πᾶσι  
τοῖς ἐπικαλουμένοις αὐτόν ἐν ἀληθείᾳ.  
Θέλημα τῶν φοβουμένων αὐτόν ποιήσει  
καὶ τῆς δεήσεως αὐτῶν εἰσακούσεται καὶ  
σώσει αὐτούς. Φυλάσσει Κύριος πάντας  
τοὺς ἀγαπῶντας αὐτόν καὶ πάντας τοὺς

works, and they shall declare Your power.  
They shall speak of the magnificence of the  
glory of Your holiness, and they shall describe  
Your wonders. They shall also speak of the  
power of Your awesome deeds and describe  
Your great majesty. They shall overflow with  
the memory of Your rich goodness, and shall  
greatly rejoice in Your righteousness. The  
Lord is gracious and merciful, longsuffering  
and abundant in mercy. The Lord is good to  
all, and His mercies are upon all His works. O  
Lord, let all Your works praise You and Your  
holy ones bless You. They shall tell of Your  
kingdom's glory, and they shall speak of Your  
power, that all the sons of men may know  
Your power and the glory of Your kingdom's  
magnificence. Your kingdom is a kingdom  
of all the ages, and Your dominion is from  
generation to generation. The Lord is faithful  
in His words and holy in all His works. The  
Lord supports all who stumble and restores  
all who are broken down. All eyes hope in  
You, and You give them their food in due  
season. You open Your hand and fill every  
living thing with Your pleasure. The Lord  
is righteous in all His ways and holy in all  
His works. The Lord is near to all who call  
on Him, to all who call upon Him in truth.  
He shall do the will of those who fear Him,  
and He shall hear their supplications and save  
them. The Lord keeps all who love Him, but  
all the sinners He shall utterly destroy. My  
mouth shall speak the Lord's praise, and let  
all flesh bless His holy name forever and unto  
ages of ages.

ἀμαρτωλοὺς ἐξολοθρεύσει. Αἶνεσιν Κυρίου  
λαλήσει τὸ στόμα μου· καὶ εὐλογεῖτω πᾶσα  
σὰρξ τὸ ὄνομα τὸ ἅγιον αὐτοῦ εἰς τὸν αἰῶνα  
καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

### ΑΝΑΓΝΩΣΤΗΣ

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,  
ἐλέησον.

Εὐλόγησον.

### ΙΕΡΕΥΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,  
ταῖς πρεσβείαις τῆς παναχράντου  
καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,  
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,  
προστασίαις τῶν τιμίων ἐπουρανίων  
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου,  
ἐνδόξου, προφήτου, Προδρόμου καὶ  
βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων  
καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων  
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν  
όσιων καὶ θεοφόρων Πατέρων ἡμῶν· (τοῦ  
Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων  
Θεοπατόρων Ἰωακεὶμ καὶ Ἄννης, καὶ  
πάντων τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι  
ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,  
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ  
σῶσον ἡμᾶς.

(Ἀμήν.)

### READER

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Lord, have mercy. Lord, have mercy.  
Lord, have mercy.

Father, bless!

### PRIEST

May Christ our true God, through  
the intercessions of His all-pure and all-  
immaculate holy Mother, the power of the  
precious and life-giving Cross, the protection  
of the honorable, bodiless powers of heaven,  
the supplications of the honorable, glorious  
prophet and forerunner John the Baptist, of  
the holy, glorious, and praiseworthy apostles,  
of the holy, glorious, and triumphant martyrs,  
of our righteous and God-bearing fathers,  
(local patron saint); of the holy and righteous  
ancestors of God Joachim and Anna, and of all  
the saints, have mercy on us and save us, for  
He is good and loves mankind.

Through the prayers of our holy fathers,  
Lord Jesus Christ, our God, have mercy on us  
[and save us].

(Amen.)