### **Ω**οολόγιον Τοιώδιον

Τῆ Τετάρτη Α΄ Ἑβδομάδος εἰς τὸ Ἀπόδειπνον.

#### ΑΠΟΔΕΙΠΝΟΝ ΜΕΓΑ

#### ΙΕΡΕΥΣ

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

### ΙΕΡΕΥΣ

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

Βασιλεῦ οὐφάνιε, Παφάκλητε, τὸ Πνεῦμα τῆς ἀληθείας, ὁ πανταχοῦ παφὼν καὶ τὰ πάντα πληρῶν, ὁ θησαυφὸς τῶν ἀγαθῶν καὶ ζωῆς χοφηγός, ἐλθὲ καὶ σκήνωσον ἐν ἡμῖν καὶ καθάφισον ἡμᾶς ἀπὸ πάσης κηλῖδος καὶ σῷσον, Ἁγαθέ, τὰς ψυχὰς ἡμῶν.

### ΑΝΑΓΝΩΣΤΗΣ

 $(A\mu\eta\nu.)$ 

# Τοισάγιον.

Άγιος ὁ Θεός, ἄγιος Ἰσχυρός, ἄγιος Άθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τοιάς, ἐλέησον ἡμᾶς. Κύοιε, ἱλάσθητι ταῖς ἁμαοτίαις ἡμῶν. Δέσποτα, συγχώοησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

### Horologion Triodion

On Wednesday of the First Week at Compline.

#### **GREAT COMPLINE**

#### **PRIEST**

Blessed is our God always, now and ever, and to the ages of ages.

(Amen.)

#### **PRIEST**

Glory to You, our God. Glory to You.

Heavenly King, Comforter, Spirit of Truth, present in all places and filling all things, treasury of good things and giver of life: come; take Your abode in us; cleanse us of every stain, and save our souls, O Good one.

#### **READER**

(Amen.)

# **Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτες ἡμῶν ὁ ἐν τοῖς οὐςανοῖς, άγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ώς ἐν οὐςανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄςτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμεςον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ώς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειςασμόν, ἀλλὰ ςῦσαι ἡμᾶς ἀπὸ τοῦ πονηςοῦ.

#### ΙΕΡΕΥΣ

Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Αγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

#### ΑΝΑΓΝΩΣΤΗΣ

Άμήν. Κύριε, ἐλέησον. (ιβ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Δεῦτε ποοσκυνήσωμεν καὶ ποοσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε ποοσκυνήσωμεν καὶ ποοσπέσωμεν Χοιστῷ τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ Θεῷ ἡμῶν.

# Ψαλμὸς Δ' (4).

Έν τῷ ἐπικαλεῖσθαί με εἰσήκουσάς μου, ὁ Θεὸς τῆς δικαιοσύνης μου, ἐν θλίψει ἐπλάτυνάς με. Οἰκτείρησόν με, καὶ εἰσάκουσον τῆς προσευχῆς μου. Υίοὶ ἀνθρώπων, ἕως πότε βαρυκάρδιοι; ἵνα τί

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

### **PRIEST**

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

#### **READER**

Amen. Lord, have mercy. (12)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Come, let us worship and bow down before God our King.

Come, let us worship and bow down before Christ God our King.

Come, let us worship and bow down before Him, Christ our King and God.

#### Psalm 4.

You heard me when I called, O God of my righteousness. You strengthened my heart when I was in distress; have mercy on me, and hear my prayer. How long, O you sons of men, will you be slow of heart? Why do ἀγαπᾶτε ματαιότητα, καὶ ζητεῖτε ψεῦδος;
Καὶ γνῶτε, ὅτι ἐθαυμάστωσε Κύριος τὸν ὅσιον αὐτοῦ, Κύριος εἰσακούσεταί μου, ἐν τῷ κεκραγέναι με πρὸς αὐτόν. Ὀργίζεσθε, καὶ μὴ ἁμαρτάνετε, ἃ λέγετε ἐν ταῖς καρδίαις ὑμῶν, ἐπὶ ταῖς κοίταις ὑμῶν κατανύγητε, Θύσατε θυσίαν δικαιοσύνης, καὶ ἐλπίσατε ἐπὶ Κύριον. Πολλοὶ λέγουσι Τὶς δείξει ἡμῖν τὰ ἀγαθὰ; Ἐσημειώθη ἐφ' ἡμᾶς τὸ φῶς τοῦ προσώπου σου, Κύριε, ἔδωκας εὐφροσύνην εἰς τὴν καρδίαν μου. Απὸ καρποῦ σίτου, οἴνου καὶ ἐλαίου αὐτῶν ἐπληθύνθησαν. Ἐν εἰρήνη ἐπὶ τὸ αὐτὸ κοιμηθήσομαι, καὶ ὑπνώσω. Ὅτι σύ, Κύριε, κατὰ μόνας ἐπ' ἐλπίδι κατῷκισάς με.

# Ψαλμὸς ζ' (6).

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης με, μηδὲ τῆ ὀργῆ σου παιδεύσης με. Ἐλέησόν με, Κύριε, ὅτι ἀσθενής εἰμι ἴασαί με, Κύριε, ὅτι ἐταράχθη τὰ ὀστᾶ μου, καὶ ἡ ψυχή μου ἐταράχθη σφόδρα, καὶ σύ, Κύριε, ἕως πότε; Ἐπίστρεψον, Κύριε, ὁῦσαι τὴν ψυχήν μου, σῶσόν με ἕνεκεν τοῦ ἐλέους σου. Ότι οὐκ ἔστιν ἐν τῷ θανάτῳ ὁ μνημονεύων σου, ἐν δὲ τῷ ἄδη τὶς ἐξομολογήσεταί σοι; Ἐκοπίασα ἐν τῷ στεναγμῷ μου, λούσω καθ' ἑκάστην νύκτα τὴν κλίνην μου, ἐν δάκουσί μου την στοωμνήν μου βοέξω. Ἐταράχθη ἀπὸ θυμοῦ ὁ ὀφθαλμός μου, ἐπαλαιώθην ἐν πᾶσι τοῖς ἐχθροῖς μου. Απόστητε ἀπ' ἐμοῦ πάντες οἱ ἐργαζόμενοι τὴν ἀνομίαν, ὅτι εἰσήκουσε Κύριος τῆς φωνῆς τοῦ κλαυθμοῦ μου. ήΚουσε Κύριος τῆς δεήσεώς μου, Κύριος τὴν προσευχήν μου προσεδέξατο. Αἰσχυνθείησαν καὶ ταραχθείησαν πάντες οἱ ἐχθροί μου,

you love vain things and seek after lies? Know that the Lord made His Holy One wondrous; the Lord will hear me when I cry to Him. Be angry, and do not sin; have remorse upon your beds for what you say in your hearts. Offer the sacrifice of righteousness, and hope in the Lord. There are many who say, "Who will show us good things?" O Lord, the light of Your face was stamped upon us. You put gladness in my heart; from their season of wheat, wine, and oil they were multiplied. I will both sleep and rest in peace, for You alone, O Lord, cause me to dwell in hope. [SAAS]

#### Psalm 6.

O Lord, do not reprove me in Your anger, nor discipline me in Your wrath. Have mercy on me, O Lord, for I am weak; heal me, O Lord, for my bones are troubled; and my soul is greatly troubled; but You, O Lord, how long? Return, O Lord, and deliver my soul. Save me because of Your mercy for there is no remembrance of You in death; and in Hades who will give thanks to You? I am weary with my groaning; every single night I will dampen my bed; I will drench my couch with my tears. My eye is troubled by anger; I grow old among all my enemies. Depart from me, all you workers of lawlessness; for the Lord heard the voice of my weeping; the Lord heard my supplication; the Lord received my prayer. Let all my enemies be ashamed and greatly troubled; let them turn back and be suddenly ashamed. [SAAS]

ἀποστραφείησαν καὶ καταισχυνθείησαν σφόδρα διὰ τάχους.

# Ψαλμὸς ΙΒ' (12).

Έως πότε, Κύριε, ἐπιλήση μου εἰς τέλος; ἕως πότε ἀποστρέφεις τὸ πρόσωπόν σου ἀπ' ἐμοῦ; εως τίνος θήσομαι βουλὰς ἐν ψυχῆ μου, ὀδύνας ἐν καρδία μου, ἡμέρας καὶ νυκτός; Έως πότε ὑψωθήσεται ὁ ἐχθρός μου ἐπ' ἐμέ; Ἐπίβλεψον, εἰσάκουσόν μου, Κύριε, ὁ Θεός μου. Φώτισον τοὺς ὀφθαλμούς μου, μήποτε ὑπνώσω εἰς θάνατον, μήποτε εἴπη ὁ ἐχθρός μου Ἰσχυσα πρὸς αὐτόν. Οἱ θλίβοντές με ἀγαλλιάσονται, ἐὰν σαλευθῶ, ἐγὼ δέ, ἐπὶ τῷ ἐλέει σου ἤλπισα. ἀγαλλιάσεται ἡ καρδία μου ἐπὶ τῷ σωτηρίφ σου, ἄσω τῷ Κυρίφ τῷ εὐεργετήσαντί με, καὶ ψαλῶ τῷ ὀνόματι Κυρίου τοῦ Ὑψίστου.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα. Δόξα σοι ό Θεός. (ἐκ γ')

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

# Ψαλμὸς ΚΔ′ (24).

Ποὸς σέ, Κύοιε, ἦρα τὴν ψυχήν μου, ὁ Θεός μου, ἐπὶ σοὶ πέποιθα, μὴ καταισχυνθείην εἰς τὸν αἰῶνα. Μηδὲ καταγελασάτωσάν με οἱ ἐχθοοί μου καὶ γὰρ πάντες οἱ ὑπομένοντές σε, οὐ μὴ καταισχυνθῶσιν. Αἰσχυνθήτωσαν οἱ ἀνομοῦντες διακενῆς. Τὰς ὁδούς σου, Κύριε, γνώρισόν μοι, καὶ τὰς τρίβους σου δίδαξόν

### Psalm 12 (13).

How long, O Lord? Will You forget me to the end? How long will You turn Your face from me? How long will I take counsel in my soul, having grief in my heart daily? How long will my enemy be exalted over me? Look upon me and hear me, O Lord my God; enlighten my eyes, lest I sleep in death, lest my enemy say, "I prevailed against him"; those who afflict me greatly rejoice, if I am shaken. But I hope in Your mercy; my heart shall greatly rejoice in Your salvation; I will sing to the Lord, who shows kindness to me; I will sing to the name of the Lord Most High.

[SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Glory to You, O God. (3)

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

#### Psalm 24 (25).

To You, O Lord, I lift up my soul, O my God. I trust in You; let me not be ashamed; let not my enemies laugh at me. For all who wait upon You shall not be ashamed; let those be ashamed who act lawlessly in vain. Make known Your ways to me, O Lord, and teach me Your paths. Lead me in Your truth and teach me, for You are the God of my salvation,

με. Όδήγησόν με ἐπὶ τὴν ἀλήθειάν σου, καὶ δίδαξόν με, ὅτι σὺ εἶ ὁ Θεὸς ὁ Σωτήο μου, καὶ σὲ ὑπέμεινα ὅλην τὴν ἡμέραν. Μνήσθητι τῶν οἰκτιρμῶν σου, Κύριε, καὶ τὰ ἐλέη σου, ὅτι ἀπὸ τοῦ αἰῶνός εἰσιν. Άμαρτίας νεότητός μου καὶ ἀγνοίας μου μη μνησθης. Κατά τὸ ἔλεός σου μνήσθητί μου σύ, ἕνεκεν τῆς χρηστότητός σου, Κύριε, Χρηστὸς καὶ εὐθὺς ὁ Κύριος, διὰ τοῦτο νομοθετήσει άμαρτάνοντας ἐν ὁδῷ. Όδηγήσει πραεῖς ἐν κρίσει, διδάξει πραεῖς όδοὺς αὐτοῦ. Πᾶσαι αἱ όδοὶ Κυρίου ἔλεος, καὶ ἀλήθεια τοῖς ἐκζητοῦσι τὴν διαθήκην αὐτοῦ, καὶ τὰ μαρτύρια αὐτοῦ. Ένεκεν τοῦ ὀνόματός σου, Κύριε, καὶ ἱλάσθητι τῆ άμαρτία μου πολλή γαρ έστι. Τὶς ἐστιν ἄνθοωπος ὁ φοβούμενος τὸν Κύριον; νομοθετήσει αὐτῷ ἐν ὁδῷ ἦ ἡρετίσατο. Ή ψυχὴ αὐτοῦ ἐν ἀγαθοῖς αὐλισθήσεται, καὶ τὸ σπέρμα αὐτοῦ κληρονομήσει γῆν, Κραταίωμα Κύριος τῶν φοβουμένων αὐτόν, καὶ ἡ διαθήκη αὐτοῦ δηλώσει αὐτοῖς. Οἱ όφθαλμοί μου διὰ παντὸς πρὸς τὸν Κύριον, ὅτι αὐτὸς ἐκσπάσει ἐκ παγίδος τοὺς πόδας μου. Ἐπίβλεψον ἐπ' ἐμέ, καὶ ἐλέησόν με, ὅτι μονογενης καὶ πτωχός εἰμι ἐγώ. Aί θλίψεις τῆς καρδίας μου ἐπληθύνθησαν, ἐκ τῶν ἀναγκῶν μου ἐξάγαγέ με. Ἰδε τὴν ταπείνωσίν μου, καὶ τὸν κόπον μου, καὶ ἄφες πάσας τὰς ἁμαρτίας μου. Ίδε τοὺς έχθοούς μου, ὅτι ἐπληθύνθησαν, καὶ μῖσος ἄδικον ἐμίσησάν με. Φύλαξον τὴν ψυχήν μου, καὶ ὁῦσαί με, μὴ καταισχυνθείην ότι ήλπισα ἐπὶ σέ. Άκακοι καὶ εὐθεῖς ἐκολλῶντό μοι, ὅτι ὑπέμεινά σε, Κύριε. Λύτοωσαι, ὁ Θεός, τὸν Ἰσοαὴλ ἐκ πασῶν τῶν θλίψεων αὐτοῦ.

and on You I wait all the day. Remember Your compassion, O Lord, and Your mercy, for they are from of old. Do not remember the sins of my youth, nor of my ignorance; but remember me according to Your mercy, because of Your loving-kindness, O Lord. Good and upright is the Lord; therefore He will instruct sinners in His way. He will guide the gentle in judgment; He will teach the gentle His ways. All the ways of the Lord are mercy and truth for those who seek His covenant and His testimonies. For Your name's sake, O Lord, pardon my sin, for it is great. Who is the man who fears the Lord? He will instruct him in the way He chooses. His soul shall dwell among good things; his seed shall inherit the earth. The Lord is the strength of those who fear Him, and to those who fear Him, His name is the Lord, and He will show them His covenant. My eyes are always toward the Lord, for He shall pluck my feet out of the trap. Look upon me and have mercy on me, for I am only-begotten and poor. The afflictions of my heart have been widened; bring me out of my distresses. Look on my humiliation and my pain and forgive all my sins. Look on my enemies, because they multiply, and they hate me with unjustified hatred. Keep my soul, and deliver me; let me not be ashamed, because I hope in You. The innocent and the upright cleave to me because I wait upon You, O Lord. Redeem Israel, O God, out of all his afflictions. [SAAS]

# Ψαλμὸς Λ' (30).

Ἐπὶ σοί, Κύριε, ἤλπισα, μὴ καταισχυνθείην εἰς τὸν αἰῶνα, ἐν τῆ δικαιοσύνη σου ὁῦσαί με, καὶ ἐξελοῦ με. Κλῖνον πρός με τὸ οὖς σου, τάχυνον τοῦ ἐξελέσθαι με. Γενοῦ μοι εἰς Θεὸν ύπερασπιστήν, καὶ εἰς οἶκον καταφυγῆς τοῦ σῶσαί με. Ότι κραταίωμά μου, καὶ καταφυγή μου εἶ σύ, καὶ ἕνεκεν τοῦ ονόματός σου όδηγήσεις με, καὶ διαθρέψεις με. Έξάξεις με ἐκ παγίδος ταύτης, ἧς ἔκουψάν μοι, ὅτι σὰ εἶ ὁ ὑπερασπιστής μου, Κύριε, εἰς χεῖράς σου παραθήσομαι τὸ πνεῦμά μου, ἐλυτρώσω με, Κύριε, ό Θεὸς τῆς ἀληθείας. Ἐμίσησας τοὺς διαφυλάσσοντας ματαιότητας διακενῆς. Έγὼ δὲ ἐπὶ τῷ Κυρίῳ ἤλπισα, ἀγαλλιάσομαι καὶ εὐφρανθήσομαι ἐπὶ τῷ ἐλέει σου. Ότι ἐπεῖδες ἐπὶ τὴν ταπείνωσίν μου, ἔσωσας ἐκ τῶν ἀναγκῶν τὴν ψυχήν μου. Καὶ οὐ συνέκλεισάς με εἰς χεῖρας ἐχθρῶν, ἔστησας έν εὐουχώοω τοὺς πόδας μου. Ἐλέησόν με, Κύριε, ὅτι θλίβομαι, ἐταράχθη ἐν θυμῷ ὁ ὀφθαλμός μου, ή ψυχή μου, καὶ ή γαστής μου. Ότι ἐξέλιπεν ἐν ὀδύνη ἡ ζωή μου, καὶ τὰ ἔτη μου ἐν στεναγμοῖς. Ἡσθένησεν έν πτωχεία ή ἰσχύς μου, καὶ τὰ ὀστᾶ μου ἐταράχθησαν. Παρὰ πάντας τοὺς ἐχθρούς μου ἐγενήθην ὄνειδος, καὶ τοῖς γείτοσί μου σφόδοα, καὶ φόβος τοῖς γνωστοῖς μου. Οἱ θεωροῦντες με ἔξω ἔφυγον ἀπ' ἐμοῦ, ἐπελήσθην ώσεὶ νεκρὸς ἀπὸ καρδίας. Έγενήθην ώσεὶ σκεῦος ἀπολωλός, ὅτι ήκουσα ψόγον πολλῶν παροικούντων κυκλόθεν. Έν τῷ ἐπισυναχθῆναι αὐτοὺς ἄμα ἐπ' ἐμέ, τοῦ λαβεῖν τὴν ψυχήν μου έβουλεύσαντο. Έγὼ δὲ ἐπὶ σοί, Κύριε, ἤλπισα, εἶπα· Σὺ εἰ ὁ Θεός μου ἐν ταῖς

### Psalm 30 (31).

In You, O Lord, I hope; may I not be ashamed forever; in Your righteousness deliver and rescue me. Incline Your ear to me; rescue me speedily; be to me a God who protects me, and a house of refuge to save me. For You are my strength and my refuge, and for Your name's sake You will guide and sustain me; for You will bring me out from the snare they hid for me; for You are my protector. Into Your hands I shall entrust my spirit; You redeemed me, O Lord God of truth. You hate those who maintain their empty vanities, but I hope in the Lord. I will greatly rejoice and be glad because of Your mercy, for You beheld my humiliation; You saved my soul from distress, and did not shut me up into the hands of the enemy; You set my feet in a wide place. Have mercy on me, O Lord, for I am afflicted; my eye is troubled with anger; so are my soul and my stomach. For my life is wasted with grief and my years with sighing; my strength is weakened with poverty, and my bones are troubled. I became a reproach among all my enemies, and especially to all my neighbors, and a fear to all my acquaintances; those who saw me outside fled from me. I am forgotten like one whose heart is lifeless; I was made like a vessel that is utterly broken. For I heard the blame of many who dwell round about when they were gathered together against me, when they plotted to take my life. But as for me, I hope in You, O Lord; I said, "You are my God." My times are in Your hands; deliver me from the hand of my enemies, and from those who persecute me. Make Your face shine upon Your servant; save me in Your mercy.

χερσί σου οἱ κλῆροί μου. Ῥῦσαί με ἐκ χειρὸς έχθοῶν μου, καὶ ἐκ τῶν καταδιωκόντων με. Ἐπίφανον τὸ πρόσωπόν σου ἐπὶ τὸν δοῦλόν σου, σῶσόν με ἐν τῷ ἐλέει σου Κύριε, μὴ καταισχυνθείην, ὅτι ἐπεκαλεσάμην σε. Αἰσχυνθείησαν ἀσεβεῖς, καὶ καταχθείησαν εἰς ἄδου. Άλαλα γενηθήτω τὰ χείλη τὰ δόλια, τὰ λαλοῦντα κατὰ τοῦ δικαίου ανομίαν, εν ύπερηφανία καὶ εξουδενώσει. Ώς πολὺ τὸ πλῆθος τῆς χρηστότητός σου, Κύριε, ής ἔκρυψας τοῖς φοβουμένοις σε. Έξειργάσω τοῖς ἐλπίζουσιν ἐπὶ σὲ ἐναντίον τῶν υἱῶν τῶν ἀνθρώπων. Κατακρύψεις αὐτοὺς ἐν ἀποκούφω τοῦ προσώπου σου, ἀπὸ ταραχῆς ἀνθρώπων. Σκεπάσεις αὐτοὺς ἐν σκηνῆ ἀπὸ ἀντιλογίας γλωσσῶν. Εὐλογητὸς Κύριος, ὅτι ἐθαυμάστωσε τὸ έλεος αὐτοῦ ἐν πόλει περιοχῆς. Ἐγὰ δὲ εἶπα ἐν τῆ ἐκστάσει μου Ἀπέρριμμαι ἀπὸ προσώπου τῶν ὀφθαλμῶν σου. Διὰ τοῦτο εἰσήκουσας τῆς φωνῆς τῆς δεήσεώς μου, έν τῷ κεκραγέναι με πρὸς σέ. Ἀγαπήσατε τὸν Κύριον πάντες οἱ ὅσιοι αὐτοῦ ὅτι άληθείας ἐκζητεῖ Κύριος, καὶ ἀνταποδίδωσι τοῖς περισσῶς ποιοῦσιν ὑπερηφανίαν. Άνδοίζεσθε, καὶ κραταιούσθω ή καρδία ύμῶν, πάντες οἱ ἐλπίζοντες ἐπὶ Κύριον.

# Ψαλμὸς ζ' (90).

Ο κατοικῶν ἐν βοηθεία τοῦ Ὑψίστου, ἐν σκέπη τοῦ Θεοῦ τοῦ οὐρανοῦ αὐλισθήσεται. Ἐρεῖ τῷ Κυρίω· Ἀντιλήπτωρ μου εἶ, καὶ καταφυγή μου, ὁ Θεός μου, καὶ ἐλπιῶ ἐπ' αὐτόν. Ὅτι αὐτὸς ῥύσεταί σε ἐκ παγίδος θηρευτῶν, καὶ ἀπὸ λόγου ταραχώδους. Ἐν τοῖς μεταφρένοις αὐτοῦ ἐπισκιάσει σοι, καὶ ὑπὸ τὰς πτέρυγας αὐτοῦ ἐλπιεῖς, ὅπλω κυκλώσει σε ἡ ἀλήθεια αὐτοῦ. Οὐ φοβηθήση ἀπὸ φόβου νυκτερινοῦ,

O Lord, do not let me be ashamed, because I call upon You; let the ungodly be ashamed, and lead them down into Hades. Let deceitful lips become speechless when they speak lawlessness against the righteous with arrogance and contempt. How great, O Lord, is the abundance of Your goodness You hide for those who fear You, which You will work for those who hope in You in the sight of the sons of men. You shall hide them in the secret of Your presence from the disturbance of men; You will shelter them in Your tabernacle from the contradiction of tongues. Blessed is the Lord, for He magnified His mercy in a fortified city. But I said in my ecstasy, "Indeed, I am cast away from the countenance of Your eyes." Therefore You heard the voice of my supplication when I cried to You. Love the Lord, all you His saints, for the Lord seeks out truth, and He repays those who act with great arrogance. Be courageous, and let your heart be strengthened, all who hope in the Lord. [SAAS]

### Psalm 90 (91).

He who dwells in the help of the Most High shall lodge in the shelter of the God of heaven. He shall say to the Lord, "You are my protector and my refuge, my God; I will hope in Him; for He shall free me from the snare of the hunters, and from every troubling word." He shall overshadow you with His shoulders, and under His wings you shall hope; His truth shall encircle you with a shield. You shall not be frightened by fear at

ἀπὸ βέλους πετομένου ἡμέρας. Ἀπὸ πράγματος ἐν σκότει διαπορευομένου, ἀπὸ συμπτώματος καὶ δαιμονίου μεσημβοινοῦ. Πεσεῖται ἐκ τοῦ κλίτους σου χιλιάς, καὶ μυριάς ἐκ δεξιῶν σου, πρὸς σὲ δὲ οὐκ ἐγγιεῖ. Πλήν τοῖς ὀφθαλμοῖς σου κατανοήσεις, καὶ ἀνταπόδοσιν ἁμαρτωλῶν ὄψει. Ὅτι σύ, Κύριε, ή ἐλπίς μου, τὸν Ύψιστον ἔθου καταφυγήν σου. Οὐ προσελεύσεται πρὸς σὲ κακά, καὶ μάστιξ οὐκ ἐγγιεῖ ἐν τῷ σκηνώματί σου. Ότι τοῖς Άγγέλοις αὐτοῦ έντελεῖται περί σοῦ, τοῦ διαφυλάξαι σε ἐν πάσαις ταῖς όδοῖς σου. Ἐπὶ χειρῶν ἀροῦσί σε, μήποτε προσκόψης πρὸς λίθον τὸν πόδα σου. Έπὶ ἀσπίδα καὶ βασιλίσκον ἐπιβήσει, καὶ καταπατήσεις λέοντα καὶ δράκοντα. Ότι ἐπ' ἐμὲ ἤλπισε, καὶ ῥύσομαι αὐτόν, σκεπάσω αὐτόν, ὅτι ἔγνω τὸ ὄνομά μου. Κεκράξεται πρός με, καὶ εἰσακούσομαι αὐτοῦ, μετ' αὐτοῦ εἰμι ἐν θλίψει, ἐξελοῦμαι αὐτόν, καὶ δοξάσω αὐτόν. Μακρότητα ήμερῶν ἐμπλήσω αὐτόν, καὶ δείξω αὐτῷ τὸ σωτήριόν μου.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα. Δόξα σοι ὁ Θεός. (ἐκ γ')

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν. night, nor from an arrow that flies by day, nor by a thing moving in darkness, nor by mishap and a demon of noonday. A thousand shall fall at your side and ten thousand at your right hand, yet it shall not come near you; but you shall observe with your eyes, and you shall see the reward of sinners. For You, O Lord, are my hope; You made the Most High your refuge. Evils shall not come to you, and a scourge shall not draw near your dwelling; for He shall command His angels concerning you, to keep you in all your ways; in their hands they shall bear you up, lest you strike your foot against a stone; You shall tread upon the asp and the basilisk, and you shall trample the lion and the dragon. "For he hoped in Me, and I will deliver him; I will shelter him, because he knew My name. He shall call upon Me, and I will hear him; I am with him in affliction, and I will deliver and glorify him. With length of days I will satisfy him, and show him My salvation." [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Glory to You, O God. (3)

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

#### ΧΟΡΟΣ

# $^{\circ}$ Ηχος πλ. β'.

Μεθ' ήμῶν ὁ Θεός, γνῶτε ἔθνη καὶ ήττᾶσθε. Ότι μεθ' ήμῶν ὁ Θεός.

Ἐπακούσατε ἕως ἐσχάτου τῆς γῆς. Ὅτι μεθ' ἡμῶν ὁ Θεός.

Ίσχυκότες ήττᾶσθε. Ότι μεθ' ήμῶν ὁ Θεός.

Ἐὰν γὰο πάλιν ἰσχύσητε, καὶ πάλιν ἡττηθήσεσθε Ότι μεθ' ἡμῶν ὁ Θεός.

Καὶ ἣν ἂν βουλὴν βουλεύσησθε, διασκεδάσει Κύριος. Ὅτι μεθ' ἡμῶν ὁ Θεός.

Καὶ λόγον, ὃν ἐὰν λαλήσητε, οὐ μὴ ἐμμείνη ἐν ὑμῖν. Ὅτι μεθ' ἡμῶν ὁ Θεός.

Τὸν δὲ φόβον ὑμῶν οὐ μὴ φοβηθῶμεν, ουδ' οὐ μὴ ταραχθῶμεν. Ὅτι μεθ' ἡμῶν ὁ Θεός.

Κύοιον δὲ τὸν Θεὸν ἡμῶν, αὐτὸν άγιάσωμεν, καὶ αὐτὸς ἔσται ἡμῖν φόβος. Ὅτι μεθ' ἡμῶν ὁ Θεός.

Καὶ ἐὰν ἐπ' αὐτῷ πεποιθὼς ῷ ἔσται μοι εἰς ἁγιασμόν. Ότι μεθ' ἡμῶν ὁ Θεός.

Καὶ πεποιθώς ἔσομαι ἐπ' αὐτῷ, καὶ σωθήσομαι δι' αὐτοῦ. Ὅτι μεθ' ἡμῶν ὁ Θεός.

Ίδοὺ ἐγὼ καὶ τὰ παιδία, ἃ μοι ἔδωκεν ὁ Θεός. Ότι μεθ' ἡμῶν ὁ Θεός.

Ό λαὸς ὁ πορευόμενος ἐν σκότει, ἴδε φῶς μέγα. Ὅτι μεθ' ἡμῶν ὁ Θεός.

Οἱ κατοικοῦντες ἐν χώρᾳ, καὶ σκιᾳ θανάτου, φῶς λάμψει ἐφ' ἡμᾶς. Ὅτι μεθ' ἡμῶν ὁ Θεός.

### **CHOIR**

### Mode pl. 2.

God is with us. Know this, O Gentiles, and be defeated. For God is with us. [SAAS]

Give ear, all you to the very ends of the earth. For God is with us.

Be defeated although you are strong. For God is with us.

For even if you should be strong again, you will be defeated again. For God is with us.

Then too, whatever counsel you take, the Lord will scatter it abroad. For God is with us.

And whatever word you shall speak, it will not continue among you. For God is with us.

But do not be afraid of their terror, nor be troubled. For God is with us.

Sanctify the Lord Himself, and He shall be your fear. For God is with us.

So if you trust in Him, He shall be as a sanctuary for you. For God is with us.

I shall wait for God, and I will trust in Him. For God is with us.

Behold, I and the children God gave me. For God is with us.

A people who walk in darkness, behold a great light. For God is with us.

And you who dwell in the country of the shadow of death, upon you a light will shine. For God is with us.

Ότι Παιδίον ἐγεννήθη ἡμῖν, Υίός, καὶ ἐδόθη ἡμῖν. Ότι μεθ' ἡμῶν ὁ Θεός.

Οὖ ἡ ἀοχὴ ἐγενήθη ἐπὶ τοῦ ὤμου αὐτοῦ. Ὅτι μεθ' ἡμῶν ὁ Θεός.

Καὶ τῆς εἰρήνης αὐτοῦ οὐκ ἔστιν ὅριον. Ὅτι μεθ' ἡμῶν ὁ Θεός.

Καὶ καλεῖται τὸ ὄνομα αὐτοῦ, Μεγάλης Βουλῆς Ἅγγελος. Ὅτι μεθ' ἡμῶν ὁ Θεός.

Θαυμαστὸς σύμβουλος. Ότι μεθ' ἡμῶν ὁ Θεός.

Θεὸς ἰσχυρός, Ἐξουσιαστής, Ἀρχων εἰρήνης. Ότι μεθ' ἡμῶν ὁ Θεός.

Πατὴο τοῦ μέλλοντος αἰῶνος. Ότι μεθ' ἡμῶν ὁ Θεός.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Ὅτι μεθ' ἡμῶν ὁ Θεός.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν. Ὅτι μεθ' ἡμῶν ὁ Θεός.

Μεθ' ήμῶν ὁ Θεός, γνῶτε ἔθνη καὶ ήττᾶσθε.

Ότι μεθ' ήμῶν ὁ Θεός.

### ΑΝΑΓΝΩΣΤΗΣ (χῦμα)

Τὴν ἡμέραν διελθών, εὐχαριστῷ σοι, Κύριε, τὴν ἑσπέραν, αἰτοῦμαι, σὺν τῆ νυκτὶ ἀναμάρτητον, παράσχου μοι, Σωτήρ, καὶ σῶσόν με.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Τὴν ἡμέραν παρελθών, δοξολογῶ σε, Δέσποτα, τὴν ἑσπέραν αἰτοῦμαι, σὺν τῆ νυκτὶ ἀσκανδάλιστον, παράσχου μοι, Σωτήρ, καὶ σῶσόν με.

For unto us a Child is born, unto us a Son is given. For God is with us.

And the government will be upon His shoulder. For God is with us.

And of His peace there is no end. For God is with us.

His name will be called the Angel of Great Counsel. For God is with us.

Wonderful Counselor. For God is with us.

Mighty God, Master, Prince of Peace. For God is with us.

Father of the age to come. For God is with us.

Glory to the Father and the Son and the Holy Spirit. For God is with us.

Both now and ever and to the ages of ages. Amen. For God is with us.

God is with us. Know this, O Gentiles, and be defeated.

For God is with us.

#### **READER** (intoned)

Having passed the day, I give thanks to you, Lord; and I ask of you to grant me the evening and the night without sin, O my Savior, and save me. [HC]

Glory to the Father and the Son and the Holy Spirit.

Now that the day has gone by, I glorify you, Master; I ask of you to grant me the evening and the night without sin, O my Savior, and save me. [HC]

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Άμήν.

Τὴν ἡμέραν διαβάς, ὑμνολογῶ σε, Ἅγιε, τὴν ἑσπέραν, αἰτοῦμαι, σὺν τῆ νυκτὶ ἀνεπίβουλον, \* παράσχου μοι, Σωτήρ, καὶ σῶσόν με.

### ΧΟΡΟΣ

# $^{\circ}$ H $\chi$ o $\varsigma$ $\pi\lambda$ . $\beta'$ .

Ή ἀσώματος φύσις, τὰ Χερουβείμ, ἀσιγήτοις σε ὕμνοις, δοξολογεῖ.

Έξαπτέουγα ζῷα, τὰ Σεοαφείμ, ταῖς ἀπαύστοις φωναῖς σε, ὑπεουψοῖ.

Τῶν Ἀγγέλων τε πᾶσα ἡ στοατιά, τοισαγίοις σὲ ἄσμασιν, εὐφημεῖ.

Ποὸ γὰο πάντων ὑπάοχεις, ὁ ὢν Πατήο, καὶ συνάναρχον ἔχεις, τὸν σὸν Υἱόν.

Καὶ ἰσότιμον φέρων, Πνεῦμα ζωῆς, τῆς Τριάδος δεικνύεις, τὸ ἀμερές.

Παναγία Παρθένε, Μήτηο Θεοῦ, οἱ τοῦ Λόγου αὐτόπται, καὶ ὑπουργοί,

Ποοφητῶν καὶ Μαοτύοων, πάντες χοροί, ὡς ἀθάνατον ἔχοντες, τὴν ζωήν.

Υπὲο πάντων ποεσβεύσατε, ἐκτενῶς, ὅτι πάντες ὑπάοχομεν, ἐν δεινοῖς.

Ίνα πλάνης ὁυσθέντες, τοῦ πονηφοῦ, τῶν Ἀγγέλων βοήσωμεν, τὴν ἀδήν.

Άγιε, Άγιε, Άγιε, Τοισάγιε Κύοιε, ἐλέησον καὶ σῶσον ἡμᾶς, Ἀμήν.

### ΑΝΑΓΝΩΣΤΗΣ

### Τὸ Πιστεύω

Πιστεύω εἰς ἕνα Θεόν, Πατέρα, Παντοκράτορα, ποιητὴν οὐρανοῦ καὶ γῆς, ὁρατῶν τε πάντων καὶ ἀοράτων. Καὶ εἰς ἕνα Κύριον Ἰησοῦν Χριστόν, τὸν Υἱὸν τοῦ Both now and ever and to the ages of ages. Amen.

Having traversed the day, I sing hymns to you, O Holy One; I ask of you to grant me the evening and the night free of plots, \* O my Savior, and save me. [HC]

#### **CHOIR**

# Mode pl. 2.

As a bodiless nature, the Cherubim \* ever glorify You with unceasing hymns; [5D]

And the six-winged beings, the Seraphim, \* also highly exalt You with endless voice;

The entire array of angelic hosts \* sings its praises of You with thrice-holy hymns.

You, O Father, existing before all things, \* have Your Son unoriginate with yourself,

And the equally honored Spirit of life; \* thus You show that inseparable are the Three.

O all-holy and virgin Mother of God \* and you servants and witnesses of the Word,

With the choirs of prophets and martyred saints, \* all of you who enjoy everlasting life:

Intercede in great earnest on our behalf, \* inasmuch as we all are in dire straights;

So that all of us, freed now from the deceit \* of the devil, may sing the angelic hymn:

Holy, Holy, Thrice-holy Lord, have mercy on us and save us. Amen.

### **READER**

#### The Creed

I believe in one God, Father Almighty, Creator of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ, the only-begotten Son of God, begotten

Θεοῦ τὸν μονογενῆ, τὸν ἐκ τοῦ Πατρὸς γεννηθέντα πρὸ πάντων τῶν αἰώνων φῶς ἐκ φωτός, Θεὸν ἀληθινὸν ἐκ Θεοῦ άληθινοῦ, γεννηθέντα οὐ ποιηθέντα, όμοούσιον τῷ Πατρί, δι' οὖ τὰ πάντα έγένετο. Τὸν δι' ἡμᾶς τοὺς ἀνθρώπους καὶ διὰ τὴν ἡμετέραν σωτηρίαν κατελθόντα ἐκ τῶν οὐρανῶν καὶ σαρκωθέντα ἐκ Πνεύματος Άγίου καὶ Μαρίας τῆς Παρθένου καὶ ἐνανθρωπήσαντα. Σταυρωθέντα τε ύπερ ήμων επί Ποντίου Πιλάτου, καὶ παθόντα καὶ ταφέντα. Καὶ αναστάντα τῆ τρίτη ἡμέρα κατὰ τὰς Γραφάς. Καὶ ἀνελθόντα εἰς τοὺς οὐρανοὺς καὶ καθεζόμενον ἐκ δεξιῶν τοῦ Πατρός. Καὶ πάλιν ἐρχόμενον μετὰ δόξης κρῖναι ζῶντας καὶ νεκρούς, οὖ τῆς βασιλείας οὐκ ἔσται τέλος. Καὶ εἰς τὸ Πνεῦμα τὸ Άγιον, τὸ Κύριον, τὸ ζωοποιόν, τὸ ἐκ τοῦ Πατρὸς ἐκπορευόμενον, τὸ σὺν Πατρὶ καὶ Υίῷ συμπροσκυνούμενον καὶ συνδοξαζόμενον, τὸ λαλῆσαν διὰ τῶν προφητῶν. Εἰς μίαν, Άγίαν, Καθολικήν καὶ Ἀποστολικήν Ἐκκλησίαν. Όμολογῶ εν βάπτισμα εἰς ἄφεσιν άμαρτιῶν. Προσδοκῶ ἀνάστασιν νεκοῶν. Καὶ ζωὴν τοῦ μέλλοντος αἰῶνος. Ἀμήν.

#### ΧΟΡΟΣ

# $^{\circ}$ H $\chi$ o $\varsigma$ $\pi\lambda$ . $\beta'$ .

Παναγία Δέσποινα Θεοτόκε, πρέσβευε ὑπὲρ ἡμῶν τῶν ἁμαρτωλῶν. (ἐκ γ')

Πᾶσαι αἱ οὐράνιαι Δυνάμεις τῶν ἁγίων Άγγέλων καὶ Άρχαγγέλων, πρεσβεύσατε ὑπὲρ ἡμῶν τῶν ἁμαρτωλῶν. (δίς)

Άγιε Ἰωάννη, Ποοφῆτα καὶ Ποόδοομε, καὶ Βαπτιστὰ τοῦ Κυρίου ἡμῶν Ἰησοῦ

of the Father before all ages; Light of Light, true God of true God, begotten, not created, of one essence with the Father through Whom all things were made. Who for us men and for our salvation came down from heaven and was incarnate of the Holy Spirit and the Virgin Mary and became man. He was crucified for us under Pontius Pilate, and suffered and was buried; And He rose on the third day, according to the Scriptures. He ascended into heaven and is seated at the right hand of the Father; And He will come again with glory to judge the living and dead. His kingdom shall have no end. And in the Holy Spirit, the Lord, the Creator of life, Who proceeds from the Father, Who together with the Father and the Son is worshipped and glorified, Who spoke through the prophets. In one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins. I look for the resurrection of the dead, and the life of the age to come. Amen. [GOA]

#### **CHOIR**

# Mode pl. 2.

O all-holy Lady and Theotokos, intercede for us sinners. (3) [SD]

All you heavenly Hosts of holy Angels and Archangels, intercede for us sinners. (2)

Saint John the Baptist, Prophet and Forerunner of our Lord Jesus Christ, intercede for us sinners. (2) Χοιστοῦ, ποέσβευε ὑπὲο ἡμῶν τῶν ἀμαοτωλῶν. (δίς)

Άγιοι ἔνδοξοι Ἀπόστολοι, Ποοφῆται, καὶ Μάοτυρες, καὶ πάντες Άγιοι, πρεσβεύσατε ὑπὲρ ἡμῶν τῶν ἁμαρτωλῶν. (δίς)

Όσιοι, θεοφόροι Πατέρες ήμῶν, Ποιμένες, καὶ Διδάσκαλοι τῆς οἰκουμένης, πρεσβεύσατε ὑπὲρ ἡμῶν τῶν ἁμαρτωλῶν. (δίς)

(Ὁ Ἅγιος τοῦ Ναοῦ), πρέσβευε ὑπὲρ ἡμῶν τῶν ἁμαρτωλῶν. (δίς)

Ἡ ἀήττητος, καὶ ἀκατάλυτος, καὶ θεία δύναμις τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, μὴ ἐγκαταλίπης ἡμᾶς τοὺς ἁμαρτωλούς (δίς)

Ό Θεός, ίλάσθητι ἡμῖν τοῖς ἁμαοτωλοῖς. (δίς)

Ό Θεός, ίλάσθητι ἡμῖν τοῖς ἁμαοτωλοῖς, καὶ ἐλέησον ἡμᾶς.

#### ΑΝΑΓΝΩΣΤΗΣ

### Τοισάγιον.

Άγιος ὁ Θεός, ἄγιος Ἰσχυρός, ἄγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τοιάς, ἐλέησον ἡμᾶς. Κύοιε, ἱλάσθητι ταῖς ἁμαοτίαις ἡμῶν. Δέσποτα, συγχώοησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Holy, glorious Apostles, Prophets, Martyrs, and all Saints, intercede for us sinners. (2)

Devout, God-bearing Fathers, Shepherds, and Teachers of the whole world, intercede for us sinners. (2)

(local patron saint), intercede for us sinners. (2)

O invincible and indestructible and divine power of the precious and life-giving Cross, do not abandon us sinners. (2)

God, be gracious to us sinners. (2)

God, be gracious to us sinners, and have mercy on us.

#### **READER**

### **Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτες ἡμῶν ὁ ἐν τοῖς οὐςανοῖς, άγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ώς ἐν οὐςανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄςτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμεςον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειςασμόν, ἀλλὰ ςῦσαι ἡμᾶς ἀπὸ τοῦ πονηςοῦ.

#### ΙΕΡΕΥΣ

Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Άγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

 $(A\mu\eta\nu.)$ 

# ΑΝΑΓΝΩΣΤΗΣ (διαβαστά)

### Ήχος β'.

Φώτισον τοὺς ὀφθαλμούς μου, Χοιστὲ ὁ Θεός, μήποτε ὑπνώσω εἰς θάνατον, μήποτε εἴπη ὁ ἐχθοός μου. Ἰσχυσα ποὸς αὐτόν.

Δόξα.

Άντιλήπτως τῆς ψυχῆς μου, γενοῦ, ὁ Θεός, ὅτι μέσον διαβαίνω παγίδων πολλῶν, ὁῦσαί με ἐξ αὐτῶν, καὶ σῶσόν με, ἀγαθέ, ὡς φιλάνθοωπος.

### Καὶ νῦν. Θεοτοκίον.

Ότι οὐκ ἔχομεν παρρησίαν, διὰ τὰ πολλὰ ἡμῶν ἁμαρτήματα, σὺ τὸν ἐκ σοῦ γεννηθέντα δυσώπησον, Θεοτόκε Παρθένε· πολλὰ γὰρ ἰσχύει δέησις Μητρός, πρὸς εὐμένειαν Δεσπότου· μὴ παρίδης ἁμαρτωλῶν ἱκεσίας ἡ πάνσεμνος, ὅτι

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

#### **PRIEST**

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### READER (read)

#### Mode 2.

Illumine my eyes, O Christ, my God, lest I sleep to death; lest my enemy say: "I prevailed over him." [HC]

### Glory.

O God, be the protector of my soul, for I walk in the midst of many snares; deliver me from them and save me, O gracious one, as a good friend of man.

### Both now. **Theotokion**.

Since we have no standing because of our many sins, urgently plead with him who was born of you, O Virgin Theotokos; for the pleadings of a Mother have much weight toward the favor of the Master; do not overlook the pleas of us sinners, O most venerable one, for he who condescended to ἐλεήμων ἐστί, καὶ σώζειν δυνάμενος, ὁ καὶ παθεῖν ὑπὲο ἡμῶν, σαοκὶ καταδεξάμενος.

Κύριε, ἐλέησον. (μ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Έν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

#### ΙΕΡΕΥΣ

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν, Κύριε Ἰησοῦ Χριστὲ ὁ Θεός, ἐλέησον καὶ σῶσον ἡμᾶς.

(Άμήν.)

# Εὐχή τοῦ Μεγάλου Βασιλείου

Κύριε, Κύριε, ὁ ὁυσάμενος ἡμᾶς ἀπὸ παντὸς βέλους πετομένου ἡμέρας, ὁῦσαι ήμᾶς καὶ ἀπὸ παντὸς πράγματος ἐν σκότει διαπορευομένου. Πρόσδεξαι θυσίαν έσπερινήν, τὰς τῶν χειρῶν ἡμῶν ἐπάρσεις. Καταξίωσον δὲ ἡμᾶς καὶ τὸ νυκτερινὸν στάδιον ἀμέμπτως διελθεῖν, ἀπειράστους κακῶν, καὶ λύτρωσαι ἡμᾶς ἀπὸ πάσης ταραχῆς καὶ δειλίας, τῆς ἐκ τοῦ διαβόλου ήμιν προσγινομένης. Χάρισαι ταις ψυχαις ήμῶν κατάνυξιν, καὶ τοῖς λογισμοῖς ἡμῶν μέριμναν τῆς ἐν τῆ φοβερᾶ καὶ δικαία σου κρίσει έξετάσεως. Καθήλωσον έκ τοῦ φόβου σου τὰς σάρκας ἡμῶν, καὶ νέκρωσον τὰ μέλη ήμῶν τὰ ἐπὶ τῆς γῆς, ἵνα καὶ ἐν τῆ καθ' ὕπνον ἡσυχία ἐμφαιδουνώμεθα τῆ θεωρία τῶν κριμάτων σου. Ἀπόστησον δὲ ἀφ' ἡμῶν πᾶσαν φαντασίαν ἀπρεπῆ, καὶ

suffer for us in the flesh is merciful and has the power to save us. [HC]

Lord, have mercy. (40)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

In the name of the Lord, Father, bless!

#### **PRIEST**

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)

# Prayer of St. Basil

Lord, Lord, who have delivered us from every arrow that flies by day, deliver us from anything that lurks about in darkness. Accept the lifting of our hands as an evening sacrifice. Make us worthy to traverse the time of night blamelessly, untouched by evil, and redeem us from every disturbance and fear caused by the devil. Grant contrition to our souls and concern to our minds about the accounting at your awesome and just judgment. Nail down our bodies with your fear, and deaden our earthly members, so that even in the quiet of our slumber we may be enlightened by the contemplation of your ordinances. Keep away from us every indecent fantasy and harmful desire. Awaken us in the time of prayer rooted in the faith, and thriving in your instructions; through the good will and

ἐπιθυμίαν βλαβεράν. Διανάστησον δὲ ἡμᾶς ἐν τῷ καιρῷ τῆς προσευχῆς ἐστηριγμένους ἐν τῆ πίστει, καὶ προκόπτοντας ἐν τοῖς παραγγέλμασί σου, εὐδοκία καὶ ἀγαθότητι τοῦ μονογενοῦς σου Υίοῦ, μεθ' οὖ εὐλογητὸς εἶ, σὺν τῷ παναγίῳ, καὶ ἀγαθῷ, καὶ ζωοποιῷ σου Πνεύματι, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

#### ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Δεῦτε ποοσκυνήσωμεν καὶ ποοσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε ποοσκυνήσωμεν καὶ ποοσπέσωμεν Χοιστῷ τῷ Βασιλεῖ ἡμῶν Θεῶ.

Δεῦτε ποοσκυνήσωμεν καὶ ποοσπέσωμεν αὐτῷ, Χοιστῷ τῷ Βασιλεῖ καὶ Θεῷ ἡμῶν.

### Ψαλμὸς N' (50).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου έξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου, καὶ απὸ τῆς ἁμαρτίας μου καθάρισόν με. Ότι τὴν ανομίαν μου έγω γινώσκω, καὶ ἡ άμαρτία μου ἐνώπιόν μού ἐστι διὰ παντός. Σοὶ μόνω ήμαςτον καὶ τὸ πονηςὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ίδοὺ γὰς ἐν ἀνομίαις συνελήφθην, καὶ ἐν άμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἰδοὺ γὰο ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κούφια τῆς σοφίας σου ἐδήλωσάς μοι. Ραντιεῖς με ὑσσώπω, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι. Ακουτιεῖς μοι ἀγαλλίασιν καὶ εὐφοοσύνην·

goodness of your only begotten Son with whom you are blessed, together with your all holy, good, and life giving Spirit, now and ever and to the ages of ages. [HC]

#### **READER**

Amen.

Come, let us worship and bow down before God our King.

Come, let us worship and bow down before Christ God our King.

Come, let us worship and bow down before Him, Christ our King and God.

### Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my

άγαλλιάσονται ὀστέα τεταπεινωμένα. Απόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν άμαςτιῶν μου καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον. Καρδίαν καθαράν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον έν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψης με ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά σου τὸ ἄγιον μὴ ἀντανέλης ἀπ' ἐμοῦ. Απόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ στήριξόν με. Διδάξω ἀνόμους τὰς ὁδούς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με έξ αίμάτων, ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου άγαλλιάσεται ή γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χείλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ότι εὶ ἠθέλησας θυσίαν, ἔδωκα άν όλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετοιμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει. Ἁγάθυνον, Κύριε, ἐν τῆ εὐδοκία σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ίερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὁλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

### Ψαλμὸς ΡΑ' (101).

Κύριε, εἰσάκουσον τῆς προσευχῆς μου, καὶ ἡ κραυγή μου πρὸς σὲ ἐλθέτω. Μὴ ἀποστρέψης τὸ πρόσωπόν σου ἀπ' ἐμοῦ ἐν ἡ ἄν ἡμέρα θλίβωμαι, κλῖνον πρός με τὸ οὖς σου ἐν ἡ ἄν ἡμέρα ἐπικαλέσωμαί σε, ταχὺ ἐπάκουσόν μου, ὅτι ἐξέλιπον ὡσεὶ καπνὸς αἱ ἡμέραι μου, καὶ τὰ ὀστᾶ μου ὡσεὶ φρύγιον συνεφρύγησαν. Ἐπλήγην ώσεὶ χόρτος καὶ ἐξηράνθη ἡ καρδία μου, ὅτι ἐπελαθόμην τοῦ φαγεῖν τὸν ἄρτον μου. Ἀπὸ φωνῆς τοῦ στεναγμοῦ μου

bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

#### Psalm 101 (102).

Hear my prayer, O Lord, and let my cry come to You. Do not turn Your face from me; in the day when I am afflicted, incline Your ear to me; in the day when I call upon You, hear me quickly. For my days vanished like smoke, and my bones burned up like firewood. I was cut down like grass, and my heart became withered, for I forgot to eat my bread. Because of the sound of my groaning, my bones cleaved to my flesh. I have become like a pelican in a desert; I have

ἐκολλήθη τὸ ὀστοῦν μου τῆ σαρκί μου. Ώμοιώθην πελεκᾶνι ἐρημικῷ, ἐγενήθην ώσεὶ νυκτικόραξ ἐν οἰκοπέδω, ἠγρύπνησα καὶ ἐγενόμην ὡς στρουθίον μονάζον ἐπὶ δώματος. Όλην τὴν ἡμέραν ἀνείδιζόν με οἱ ἐχθοοί μου, καὶ οἱ ἐπαινοῦντές με κατ' ἐμοῦ ὤμνυον. Ότι σποδὸν ώσεὶ ἄρτον ἔφαγον καὶ τὸ πόμα μου μετὰ κλαυθμοῦ ἐκίρνων ἀπὸ προσώπου τῆς οργής σου καὶ τοῦ θυμοῦ σου, ὅτι ἐπάρας κατέὀἑαξάς με. Αἱ ἡμέραι μου ώσεὶ σκιὰ ἐκλίθησαν, κάγὼ ώσεὶ χόρτος ἐξηράνθην. Σὺ δέ, Κύριε, εἰς τὸν αἰῶνα μένεις, καὶ τὸ μνημόσυνόν σου εἰς γενεὰν καὶ γενεάν. Σύ ἀναστὰς οἰκτειρήσεις τὴν Σιών, ὅτι καιρός τοῦ οἰκτειρῆσαι αὐτήν, ὅτι ἥκει καιρός ότι εὐδόκησαν οἱ δοῦλοί σου τοὺς λίθους αὐτῆς, καὶ τὸν χοῦν αὐτῆς οἰκτειρήσουσι. Καὶ φοβηθήσονται τὰ ἔθνη τὸ ὄνομά σου, Κύριε, καὶ πάντες οἱ βασιλεῖς τῆς γῆς τὴν δόξαν σου, ὅτι οἰκοδομήσει Κύριος τὴν Σιὼν καὶ ὀφθήσεται ἐν τῇ δόξῃ αὐτοῦ. Ἐπέβλεψεν ἐπὶ τὴν προσευχὴν τῶν ταπεινῶν καὶ οὐκ ἐξουδένωσε τὴν δέησιν αὐτῶν. Γραφήτω αὕτη εἰς γενεὰν έτέραν, καὶ λαὸς ὁ κτιζόμενος αἰνέσει τὸν Κύριον. Ότι ἐξέκυψεν ἐξ ὕψους άγίου αὐτοῦ, Κύριος ἐξ οὐρανοῦ ἐπὶ τὴν γῆν ἐπέβλεψε τοῦ ἀκοῦσαι τοῦ στεναγμοῦ τῶν πεπεδημένων, τοῦ λῦσαι τοὺς υἱοὺς τῶν τεθανατωμένων, τοῦ ἀναγγεῖλαι ἐν Σιὼν τὸ ὄνομα Κυρίου καὶ τὴν αἴνεσιν αὐτοῦ έν Ίερουσαλημ έν τῷ συναχθῆναι λαούς ἐπὶ τὸ αὐτὸ καὶ βασιλεῖς τοῦ δουλεύειν τῷ Κυρίῳ. Ἀπεκρίθη αὐτῷ ἐν ὁδῷ ἰσχύος αὐτοῦ· τὴν ὀλιγότητα τῶν ἡμερῶν μου ἀνάγγειλόν μοι μὴ ἀναγάγης με ἐν ἡμίσει ήμερων μου ἐν γενεῷ γενεῶν τὰ ἔτη σου.

become like an owl in a ruined house; I kept watch, and have become like a sparrow alone on a housetop. My enemies reproached me all day long, and those who praised me swore against me. For I ate ashes like bread, and mixed my drink with weeping because of the wrath of Your countenance and Your anger; for You lifted me up and broke me down. My days were far spent like a shadow, and I am withered like grass. But You, O Lord, remain forever, and Your remembrance is from generation to generation. When You rise up, You shall have compassion on Zion, for it is time to have compassion on her, because the time is come; for Your servants took pleasure in her stones, and they shall have compassion for her dust. And the Gentiles shall fear the name of the Lord, and all the kings of the earth Your glory; for the Lord shall build Zion, and He shall be seen in His glory. He regarded the prayer of the humble, and He did not despise their supplication. Let this be written for another generation, and the people who are created shall praise the Lord; for He looked down from the height of His holy place; the Lord looked upon the earth from heaven, to hear the groaning of those bound, to set free the sons of the slain, to declare the Lord's name in Zion, and His praise in Jerusalem, when the peoples and the kingdoms are gathered together to serve the Lord. He replied to Him in the way of strength, "Declare to me the fewness of my days; take me not away in the midst of my days; Your years are throughout all generations. In the beginning, O Lord, You founded the earth, and the heavens are the works of Your hands. They shall perish, but

Κατ' ἀρχὰς σύ, Κύριε, τὴν γῆν ἐθεμελίωσας, καὶ ἔργα τῶν χειρῶν σού εἰσιν οἱ οὐρανοί αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμένεις, καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἑλίξεις αὐτοὺς καὶ ἀλλαγήσονται σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσιν. Οἱ υἱοὶ τῶν δούλων σου κατασκηνώσουσι, καὶ τὸ σπέρμα αὐτῶν εἰς τὸν αἰῶνα κατευθυνθήσεται.

#### ΙΕΡΕΥΣ

# Ποοσευχή Μανασσῆ, Βασιλέως τῆς Ἰουδίας

Κύριε παντοκράτορ, ὁ Θεὸς τῶν Πατέρων ἡμῶν, τοῦ Ἀβραάμ, καὶ Ἰσαάκ, καὶ Ἰακώβ, καὶ τοῦ σπέρματος αὐτῶν τοῦ δικαίου, ὁ ποιήσας τὸν οὐρανὸν καὶ τὴν γῆν σύν παντὶ τῷ κόσμῳ αὐτῶν, ὁ πεδήσας τὴν θάλασσαν τῷ λόγῳ τοῦ προστάγματος, σου, ὁ κλείσας τὴν ἄβυσσον, καὶ σφραγισάμενος αὐτὴν τῷ φοβερῷ καὶ ἐνδόξω ὀνόματί σου, ὃν πάντα φοίσσει καὶ τρέμει ἀπὸ προσώπου τῆς δυνάμεώς σου, ὅτι ἄστεκτος ἡ μεγαλοπρέπεια τῆς δόξης σου, καὶ ἀνυπόστατος ἡ ὀργή τῆς ἐπὶ ἁμαρτωλοῖς ἀπειλῆς σου, αμέτρητόν τε καὶ ανεξιχνίαστον τὸ ἔλεος τῆς ἐπαγγελίας σου. Σὰ γὰ εἶ Κύριος ύψιστος, εὔσπλαγχνος, μακρόθυμος, καὶ πολυέλεος, καὶ μετανοὧν ἐπὶ κακίας ἀνθοώπων. Σύ, Κύριε, κατὰ τὸ πλῆθος τῆς χρηστότητός σου ἐπηγγείλω μετάνοιαν, καὶ ἄφεσιν τοῖς ἡμαρτηκόσι σοι, καὶ τῷ πλήθει τῶν οἰκτιρμῶν σου ὤρισας μετάνοιαν άμαρτωλοῖς εἰς σωτηρίαν. Σὺ οὖν, Κύριε, ὁ Θεὸς τῶν δυνάμεων, οὐκ ἔθου μετάνοιαν δικαίοις, τῷ Ἀβραάμ, καὶ Ίσαάκ, καὶ Ἰακώβ, τοῖς οὐχ ἡμαρτηκόσι σοι, άλλ' ἔθου μετάνοιαν ἐπ' ἐμοὶ τῷ

You shall remain, and all things shall grow old like a garment, and like a cloak You shall change them, and they shall be changed; but You are the same, and Your years shall not fail. The children of Your servants shall dwell there, and their seed shall be led to prosperity forever." [SAAS]

#### PRIEST

# Prayer of Manasses, King of Judah

O Lord, Almighty, the God of our Fathers, of Abraham and Isaac and Jacob and of their righteous seed; who created the heaven and the earth with all their adornment; who bound the sea by the word of your command; who shut up the abyss and scaled it with your awesome and glorious name; whom all things dread and before whose power they tremble, because the majesty of your glory is unbearable and the threat of your anger against the sinners unendurable; yet the mercy of your promise is both, immeasurable and unfathomable, for you are the Lord most high, compassionate, long-suffering and all merciful, and relent on the wickedness of man. You, Lord, in the multitude of your goodness promised repentance and forgiveness to those who have sinned against you, and in your infinite compassion appointed repentance for sinners that they may be saved. Therefore, Lord, the God of the powers, you have not appointed repentance for the righteous, Abraham, Isaac and Jacob, who have not sinned against you, but you appointed repentance for me the sinner, for I have committed more sins

άμαρτωλῷ, διότι ἥμαρτον ὑπὲρ ἀριθμὸν ψάμμου θαλάσσης. Ἐπλήθυναν αἱ ἀνομίαι μου, Κύριε, ἐπλήθυναν αἱ ἀνομίαι μου, καὶ οὐκ εἰμὶ ἄξιος ἀτενίσαι, καὶ ἰδεῖν τὸ ύψος τοῦ οὐρανοῦ, ἀπὸ τοῦ πλήθους τῶν άδικιῶν μου, κατακαμπτόμενος πολλῷ δεσμῷ σιδηοῷ, εἰς τὸ μὴ ἀνανεῦσαι τὴν κεφαλήν μου, καὶ οὐκ ἔστι μοι ἄνεσις, διότι παρώργισα τὸν θυμόν σου, καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, μὴ ποιήσας τὸ θέλημά σου, καὶ μὴ φυλάξας τὰ προστάγματά σου. Καὶ νῦν, κλίνω γόνυ καρδίας, δεόμενος τῆς παρὰ σοῦ χοηστότητος. Ήμάρτηκα, Κύριε, ἡμάρτηκα, καὶ τὰς ἀνομίας μου ἐγὼ γινώσκω, ἀλλ' αἰτοῦμαι δεόμενος. Άνες μοι, Κύριε, ἄνες μοι, καὶ μὴ συναπολέσης με ταῖς ἀνομίαις μου, μηδὲ εἰς τὸν αἰῶνα μηνίσας τηρήσης τὰ κακά μοι, μηδὲ καταδικάσης με ἐν τοῖς κατωτάτοις τῆς γῆς διότι σὰ εἶ Θεός, Θεὸς τῶν μετανοούντων, καὶ ἐν ἐμοὶ δείξεις πᾶσαν τὴν ἀγαθωσύνην σου, ὅτι ἀνάξιον ὄντα, σώσεις με κατὰ τὸ πολὺ ἔλεός σου, καὶ αἰνέσω σε διὰ παντὸς ἐν ταῖς ἡμέραις τῆς ζωῆς μου. Ότι σὲ ὑμνεῖ πᾶσα ἡ δύναμις τῶν οὐρανῶν, καὶ σοῦ ἐστιν ἡ δόξα εἰς τοὺς αὶὧνας τὧν αἰώνων.

 $(A\mu\eta\nu.)$ 

#### ΑΝΑΓΝΩΣΤΗΣ

# Τρισάγιον.

Άγιος ὁ Θεός, ἄγιος Ἰσχυρός, ἄγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τοιάς, ἐλέησον ἡμᾶς. Κύοιε, ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα,

than the grains of the sand of the sea. My transgressions have multiplied, Lord; my transgressions have multiplied, and I am not worthy to look up and see the height of the sky from the multitude of my iniquities, being weighted down by many iron chains, so that I cannot raise my head; there is no respite left for me because I provoked your anger and committed evil before you not having done your will and not having kept your commandments. And now I bend the knee of my heart, beseeching your goodness. I have sinned, Lord, I have sinned and I acknowledge my transgressions; but I beg and ask of you: Forgive me, Lord, forgive me and do not destroy me with my transgressions; do not be angry with me forever and keep my evils in me, and do not condemn me to the depths of the earth; for you are God, the God of those who repent, and in me you shall show all your goodness; for even though I am unworthy, you shall save me according to the multitude of your mercy, and I shall praise you without ceasing all the days of my life. For every heavenly power sings your praises, and yours is the glory unto the ages of ages.

(Amen.)

#### **READER**

[HC]

# **Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτες ἡμῶν ὁ ἐν τοῖς οὐςανοῖς, άγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ώς ἐν οὐςανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄςτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμεςον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ώς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειςασμόν, ἀλλὰ ςῦσαι ἡμᾶς ἀπὸ τοῦ πονηςοῦ.

### ΙΕΡΕΥΣ

Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Αγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

 $(A\mu\eta\nu.)$ 

#### ΨΑΛΤΗΣ

# $^{\circ}$ Ηχος πλ. β'.

Ἐλέησον ἡμᾶς, Κύριε, ἐλέησον ἡμᾶς πάσης γὰρ ἀπολογίας ἀποροῦντες, ταύτην σοι τὴν ἱκεσίαν ὡς Δεσπότη, οἱ άμαρτωλοὶ προσφέρομεν Ἑλέησον ἡμᾶς.

### Λόξα.

Κύριε ἐλέησον ἡμᾶς· ἐπὶ σοὶ γὰρ πεποίθαμεν, μὴ ὀργισθῆς ἡμῖν σφόδρα, μηδὲ μνησθῆς τῶν ἀνομιῶν ἡμῶν, ἀλλ' ἐπίβλεψον καὶ νῦν ὡς εἴσπλαγχνος, καὶ λύτρωσαι ἡμᾶς ἐκ τῶν ἐχθρῶν ἡμῶν· σὰ γὰρ εἶ Θεὸς ἡμῶν, καὶ ἡμεῖς λαός σου,

transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

### **PRIEST**

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHANTER**

### Mode pl. 2.

Have mercy on us, Lord have mercy on us. For with nothing to say in our own defense, we sinners offer this supplication to you our Master. Have mercy on us.

# Glory.

Lord have mercy on us, for in You we trust. Be not enraged with us greatly, nor remember our iniquities. But look upon us now, being compassionate, and deliver us from our enemies. For You are our God, and we Your people, all of us the work of Your

πάντες ἔργα χειρῶν σου, καὶ τὸ ὄνομά σου ἐπικεκλήμεθα.

Καὶ νῦν. Θεοτοκίον.

Τῆς εὐσπλαγχνίας τὴν πύλην ἄνοιξον ἡμῖν, εὐλογημένη Θεοτόκε· ἐλπίζοντες εἰς σέ, μὴ ἀστοχήσωμεν· ὁυσθείημεν διὰ σοῦ τῶν περιστάσεων· σὺ γὰρ εἶ ἡ σωτηρία, τοῦ γένους τῶν Χριστιανῶν.

#### ΑΝΑΓΝΩΣΤΗΣ

Κύριε, ἐλέησον. (μ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Έν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

### ΙΕΡΕΥΣ

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν, Κύριε Ἰησοῦ Χριστὲ ὁ Θεός, ἐλέησον καὶ σῶσον ἡμᾶς.

(Ἀμήν.)

# Εὐχὴ τοῦ Άγ. Μαρδαρίου

Δέσποτα Θεέ, Πάτες παντοκράτος, Κύςιε Υίὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα, μία Θεότης, μία Δύναμις, ἐλέησόν με τὸν ἀμαρτωλόν, καὶ οἷς ἐπίστασαι κρίμασι, σῶσόν με τὸν ἀνάξιον δοῦλόν σου, ὅτι εὐλογητὸς εἶ, εἰς τοὺς αἰῶνας τῶν αἰώνων.

### ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

hands, and now we have invoked Your name.
[SD]

Both now. **Theotokion**.

Open the gate of compassion for us, O blessed Theotokos. For hoping in you, let us not fail in our aim. Through you may we be delivered from adversities. For you are the salvation of the Christian race.

#### **READER**

Lord, have mercy. (40)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

In the name of the Lord, Father, bless!

### **PRIEST**

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)

# **Prayer of St. Mardarios**

O Master God, Father Almighty, only begotten Son, Lord Jesus Christ, and Holy Spirit: One Godhead, One Power, have mercy on me, a sinner, and in your knowing ways save me, your unworthy servant; for you are blessed unto the ages of ages.

#### **READER**

Amen.

Δεῦτε ποοσκυνήσωμεν καὶ ποοσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε ποοσκυνήσωμεν καὶ ποοσπέσωμεν Χοιστῷ τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ Θεῷ ἡμῶν.

# Ψαλμὸς ΞΘ' (69).

Ό Θεός, εἰς τὴν βοήθειάν μου πρόσχες, Κύριε, εἰς τὸ βοηθῆσαί μοι σπεῦσον. Αἰσχυνθήτωσαν καὶ ἐντραπήτωσαν οἱ ζητοῦντες τὴν ψυχήν μου. Ἀποστραφήτωσαν εἰς τὰ ὀπίσω, καὶ καταισχυνθήτωσαν οἱ βουλόμενοί μοι κακά. Ἀποστραφήτωσαν παραυτίκα αἰσχυνόμενοι, οἱ λέγοντές μοι Εὖγε, εὖγε. Ἀγαλλιάσθωσαν καὶ εὐφρανθήτωσαν ἐπὶ σοὶ πάντες, οἱ ζητοῦντές σε, ὁ Θεός, καὶ λεγέτωσαν διαπαντός Μεγαλυνθήτω ὁ Κύριος, οἱ ἀγαπῶντες τὸ σωτήριόν σου. Ἐγὼ δὲ πτωχός εἰμι καὶ πένης, ὁ Θεός, βοήθησόν μοι Βοηθός μου καὶ ῥύστης μου εἶ σύ, Κύριε, μὴ χρονίσης.

# Ψαλμὸς ΡΜΒ' (142).

Κύριε, εἰσάκουσον τῆς προσευχῆς μου, ἐνώτισαι τὴν δέησίν μου ἐν τῆ ἀληθεία σου, εἰσάκουσόν μου ἐν τῆ δικαιοσύνη σου καὶ μὴ εἰσέλθης εἰς κρίσιν μετὰ τοῦ δούλου σου, ὅτι οὐ δικαιωθήσεται ἐνώπιόν σου πᾶς ζῶν. Ὅτι κατεδίωξεν ὁ ἐχθρὸς τὴν ψυχήν μου, ἐταπείνωσεν εἰς γῆν τὴν ζωήν μου, ἐκάθισέ με ἐν σκοτεινοῖς ὡς νεκροὺς αἰῶνος καὶ ἠκηδίασεν ἐπ' ἐμὲ τὸ πνεῦμά μου, ἐν ἐμοὶ ἐταράχθη ἡ καρδία μου. Ἐμνήσθην ἡμερῶν ἀρχαίων, ἐμελέτησα ἐν πᾶσι τοῖς ἔργοις σου, ἐν ποιήμασι τῶν χειρῶν σου ἐμελέτων.

Come, let us worship and bow down before God our King.

Come, let us worship and bow down before Christ God our King.

Come, let us worship and bow down before Him, Christ our King and God.

### Psalm 69 (70).

O God, [give heed] to help me. [O Lord, make haste to help me.] May those who seek my soul be dishonored and shamed; may those who plot evils against me be turned back and disgraced; may those be turned back immediately who shame me, saying, "Well done! Well done!" May all who seek You greatly rejoice and be glad in You, and let those who love Your salvation always say, "Let God be magnified." but I am poor and needy; O God, help me. You are my helper and deliverer, O Lord; do not delay. [SAAS]

### Psalm 142 (143).

O Lord, hear my prayer; give ear to my supplication in Your truth; answer me in Your righteousness; do not enter into judgment with Your servant, for no one living shall become righteous in Your sight. For the enemy persecuted my soul; he humbled my life to the ground; he caused me to dwell in dark places as one long dead, and my spirit was in anguish within me; my heart was troubled within me. I remembered the days of old, and I meditated on all Your works; I meditated on the works of Your

Διεπέτασα πρὸς σὲ τὰς χεῖράς μου ἡ ψυχή μου ώς γῆ ἄνυδρός σοι. Ταχὺ εἰσάκουσόν μου, Κύριε, ἐξέλιπε τὸ πνεῦμά μου. Μὴ ἀποστρέψης τὸ πρόσωπόν σου ἀπ' ἐμοῦ, καὶ ὁμοιωθήσομαι τοῖς καταβαίνουσιν είς λάκκον. Άκουστὸν ποίησόν μοι τὸ πρωϊ τὸ ἔλεός σου, ὅτι ἐπὶ σοὶ ἤλπισα. Γνώρισόν μοι, Κύριε, όδόν, ἐν ἦ πορεύσομαι, ὅτι πρὸς σὲ ἦρα τὴν ψυχήν μου. Ἐξελοῦ με ἐκ τῶν ἐχθοῶν μου, Κύοιε, ὅτι ποὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου. Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῆ εὐθεία ενεκεν τοῦ ὀνόματός σου, Κύριε, ζήσεις με, ἐν τῆ δικαιοσύνη σου ἐξάξεις ἐκ θλίψεως την ψυχήν μου καὶ ἐν τῷ ἐλέει σου έξολοθοεύσεις τοὺς έχθοούς μου καὶ ἀπολεῖς πάντας τοὺς θλίβοντας τὴν ψυχήν μου, ὅτι ἐγὼ δοῦλός σου εἰμι.

# Δοξολογία

Δόξα ἐν ὑψίστοις Θεῷ, καὶ ἐπὶ γῆς εἰρήνη ἐν ἀνθρώποις εὐδοκία. Ύμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν. Κύριε Βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτος· Κύριε Υίὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Άγιον Πνεῦμα. Κύριε ὁ Θεός, ὁ Άμνὸς τοῦ Θεοῦ, ὁ Υίὸς τοῦ Πατρός, ὁ αἴρων τὴν άμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου. Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾳ τοῦ Πατρός, καὶ ἐλέησον ἡμᾶς. Ότι σὺ εἶ μόνος Άγιος, σὺ εἶ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρός. Ἀμήν. Καθ' έκάστην έσπέραν εὐλογήσω σε, καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα, καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Κύριε,

hands. I spread out my hands to You; my soul thirsts for You like a waterless land. Hear me speedily, O Lord; my spirit faints within me; turn not Your face from me, lest I become like those who go down into the pit. Cause me to hear Your mercy in the morning, for I hope in You; make me know, O Lord, the way wherein I should walk, for I lift up my soul to You. Deliver me from my enemies, O Lord, for to You I flee for refuge. Teach me to do Your will, for You are my God; Your good Spirit shall guide me in the land of uprightness. For Your name's sake, O Lord, give me life; in Your righteousness You shall bring my soul out of affliction. In Your mercy You shall destroy my enemies; You shall utterly destroy all who afflict my soul, for I am Your servant. [SAAS]

# Doxology

Glory to God in the highest, and on earth peace, good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; onlybegotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every evening I shall bless you, and I shall praise your name forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord,

καταφυγή ἐγενήθης ἡμῖν ἐν γενεᾳ καὶ γενεᾶ. Ἐγὰ εἶπα Κύριε, ἐλέησόν με ἴασαι τὴν ψυχήν μου, ὅτι ἥμαρτόν σοι. Κύριε, πρὸς σὲ κατέφυγον δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὰ εἶ ὁ Θεός μου. Ότι παρά σοὶ πηγή ζωῆς ἐν τῷ φωτί σου ὀψόμεθα φῶς. Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε. Καταξίωσον, Κύριε, ἐν τῆ νυκτὶ ταύτη ἀναμαρτήτους φυλαχθῆναι ἡμᾶς. Εὐλογητὸς εἶ, Κύριε, ό Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν. Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπεο ἠλπίσαμεν ἐπὶ σέ. Εὐλογητὸς εἶ, Κύριε δίδαξόν με τὰ δικαιώματά σου. Εὐλογητὸς εἶ, Δέσποτα· συνέτισόν με τὰ δικαιώματά σου. Εὐλογητός εἶ, Ἅγιε φώτισόν με τοῖς δικαιώμασί σου. Κύριε, τὸ ἔλεός σου εἰς τὸν αὶῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδης. Σοὶ πρέπει αἶνος, σοὶ πρέπει ὕμνος, σοὶ δόξα πρέπει, τῷ Πατρί, καὶ τῷ Υἱῷ, καὶ τῷ Άγίω Πνεύματι, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κατὰ τὴν πρώτην ἑβδομάδα τῶν Νηστειῶν, ψάλλομεν τὸ δι' ἑκάστην ἡμέραν ὡρισμένον τμῆμα τοῦ Μεγάλου Κανόνος, "Βοηθὸς καὶ σκεπαστής", προτάσσοντες εἰς ἕκαστον Τροπάριον τὸν Στίχον "Έλέησόν με, ὁ Θεός, ἐλεησόν με." Μετὰ τὴν ζ' ώδὴν ψάλλομεν ἀργῶς καὶ μετὰ μέλους τὸ Κοντάκιον, "Ψυχή μου, ψυχή μου...". Μετὰ τὴν θ' ἀδήν, τὸν Εἰρμόν, "Ἀσπόρου συλλήψεως...".

#### ΧΟΡΟΣ

# $\Omega$ ιδὴ $\alpha'$ . Ἡχος $\pi\lambda$ . β'. Ὁ Εἱρμός.

Βοηθὸς καὶ σκεπαστὴς ἐγένετό μοι εἰς σωτηρίαν, οὖτός μου Θεός, καὶ δοξάσω αὐτόν, Θεὸς τοῦ Πατρός μου καὶ ὑψώσω αὐτόν ἐνδόξως γὰρ δεδόξασται. (δίς)

have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who know you. Grant, O Lord, that in this night we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy One, enlighten me with your commandments. Lord, your mercy remains forever, do not turn away from the works of your hands. To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. Amen. [HC]

In the first week of Lent, we sing the section of the Great Canon appointed for each day, prefacing each Troparion with the verse: "Have mercy on me, O God. Have mercy on me." After Ode vi, we sing the Kontakion slowly and melodically. At the end of Ode ix, we sing its Heirmos again.

#### **CHOIR**

# Ode i. Mode pl. 2. Heirmos.

He became for me a helper and a shelterer for salvation. \* He is my God, and I will glorify Him, \* the God of my father, and Him will I exalt, \* for He is greatly glorified. (2)

### Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐκ νεότητος Σωτὴο τὰς ἐντολάς σου ἐπαρωσάμην, ὅλον ἐμπαθῶς, ἀμελῶν ἑαθυμῶν, παρῆλθον τὸν βίον διὸ κράζω σοι Σωτήο, κἂν ἐν τῷ τέλει, σῶσόν με.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Έρριμμένον με Σωτήρ, πρὸ τῶν θυρῶν σου κἂν ἐν τῷ γήρει, μή με ἀπορρίψης εἰς Ἅιδου κενόν, ἀλλὰ πρὸ τοῦ τέλους, ὡς φιλάνθρωπός μοι δός, παραπτωμάτων ἄφεσιν.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν οὐσίαν τῆς ψυχῆς, καταναλώσας τῆ άμαρτία, ἔρημός εἰμι ἀρετῶν εὐσεβῶν, λιμώττων δὲ κράζω. ὁ ἐλέους χορηγός, προφθάσας σύ με οἴκτειρον.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ό λησταῖς περιπεσών, ἐγὼ ὑπάρχων τοῖς λογισμοῖς μου, ὅλως ὑπ' αὐτῶν τετραυμάτισμαι νῦν, ἐπλήσθην μωλώπων, ἀλλ' αὐτός μοι ἐπιστάς, Χριστὲ Σωτὴρ ἰάτρευσον.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ίεφεύς με πφοϊδών, ἀντιπαφῆλθε, καὶ ὁ Λευΐτης, βλέπων ἐν δεινοῖς, ὑπεφεῖδε γυμνόν, ἀλλ' ὁ ἐκ Μαφίας, ἀνατείλας Ἰησοῦς, σὺ ἐπιστάς με οἴκτειφον.

# Troparia.

Have mercy on me, O God. Have mercy on me.

From my youth, O Savior, I have rejected Your commandments. Ruled by the passions, I have passed my whole life in heedlessness and sloth. Therefore I cry to You, O Savior, even now at the end: Save me. [45]

Have mercy on me, O God. Have mercy on me.

I lie as an outcast before Your gate, O Savior. In my old age cast me not down empty into hell; but, before the end comes, in Your love grant me remission of sins.

Have mercy on me, O God. Have mercy on me.

As the Prodigal, O Savior, I have wasted the substance of my soul in riotous living, and I am barren of the virtues of holiness. In my hunger I cry: O giver of mercy, come quickly out to meet me and take pity on me. [45]

Have mercy on me, O God. Have mercy on me.

I am the man who fell among thieves, even my own thoughts; they have covered all my body with wounds, and I lie beaten and bruised. But come to me, O Christ my Savior, and heal me. [45]

Have mercy on me, O God. Have mercy on me.

The Priest saw me first, but passed by on the other side; the Levite looked on me in my distress but despised my nakedness. O Jesus, Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Σύ μοι δίδου φωταυγῆ, ἐκ θείας ἄνωθεν προμηθείας, χάριν ἐκφυγεῖν, τῶν παθῶν σκοτασμόν, καὶ ἄσαι προθύμως, τοῦ σοῦ βίου τὰ τερπνά, Μαρία διηγήματα.

### Δόξα.

Υπερούσιε Τριάς, ή ἐν Μονάδι προσκυνουμένη, ἄρον τὸν κλοιόν, ἀπ' ἐμοῦ τὸν βαρύν, τὸν τῆς ἁμαρτίας, καὶ ὡς εὕσπλαγχνός μοι δός, δάκρυα κατανύξεως.

#### Καὶ νῦν. Θεοτοκίον.

Θεοτόκε ή ἐλπίς, καὶ προστασία τῶν σὲ ὑμνούντων, ἆρον τὸν κλοιόν, ἀπ' ἐμοῦ τὸν βαρύν, τὸν τῆς ἁμαρτίας, καὶ ὡς Δέσποινα ἁγνή, μετανοοῦντα δέξαι με.

# ωιδή β'. Ὁ Είρμός.

Ποόσεχε, οὐοανὲ καὶ λαλήσω, καὶ ἀνυμνήσω Χοιστόν, τὸν ἐκ Παοθένου σαοκί, ἐπιδημήσαντα.

### Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ωλίσθησα, ώς ὁ Δαυῗδ ἀκολάστως, καὶ βεβορβόρωμαι, ἀλλ' ἀποπλύναις κἀμέ, Σωτὴρ τοῖς δάκρυσί μου.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Οὐ δάκουα, οὐδὲ μετάνοιαν ἔχω, οὐδὲ κατάνυξιν, αὐτός μοι ταῦτα Σωτήο, ώς Θεὸς δώρησαι.

sprung from Mary, come to me and take pity on me. [un]

Holy Mother Mary, pray to God for us.

Grant me the light of grace, from God's providence on high, so that I may flee from the darkness of the passions and sing fervently the joyful tale of your life, O Mary.

[un]

# Glory.

Trinity beyond all being, worshipped in Unity, take from me the heavy yoke of sin, and in Your compassion grant me tears of compunction. [un]

#### Both now. Theotokion.

O Theotokos, the hope and protection of those who sing your praises, take from me the heavy yoke of sin. O pure Lady, accept me in repentance. [11]

### Ode ii. Heirmos.

Attend, O Heaven, and I shall speak and sing in praise of Christ Who took flesh from a Virgin and came to dwell among us.

### Troparia.

Have mercy on me, O God. Have mercy on me.

Like David, I fell into lust and I am covered with filth; but wash me clean, O Savior, by my tears. [un]

Have mercy on me, O God. Have mercy on me.

I have no tears, no repentance, no compunction; but as God, O Savior, bestow them on me.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Άπώλεσα, τὸ πρωτόκτιστον κάλλος, καὶ τὴν εὐπρέπειάν μου, καὶ ἄρτι κεῖμαι γυμνός, καὶ καταισχύνομαι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν θύραν σου, μὴ ἀποκλείσης μοι τότε, Κύριε, Κύριε, ἀλλ' ἄνοιξόν μοι αὐτὴν μετανοοῦντί σοι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ένώτισαι, τοὺς στεναγμοὺς τῆς ψυχῆς μου, καὶ τῶν ἐμῶν ὀφθαλμῶν, προσδέχου τοὺς σταλαγμούς. Κύριε σῶσόν με.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Φιλάνθοωπε, ὁ θέλων πάντας σωθῆναι, σὺ ἀνακαλέσαί με, καὶ δέξαι ὡς ἀγαθός, μετανοοῦντά με.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

#### Θεοτοκίον.

Άχοαντε, Θεοτόκε Παοθένε μόνη πανύμνητε, ίκέτευε ἐκτενῶς, εἰς τὸ σωθῆναι ἡμᾶς.

Ἰδετε, ἴδετε, ὅτι ἐγώ εἰμι Θεός, ὁ μάννα ἐπομβρήσας, καὶ τὸ ὕδωρ ἐκ πέτρας, πηγάσας πάλαι ἐν ἐρήμω τῷ λαῷ μου, τῆ μόνη δεξιᾳ, καὶ τῆ ἰσχύϊ τῆ ἐμῆ.

## Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἰδετε ἴδετε, ὅτι ἐγώ εἰμι Θεός, ἐνωτίζου ψυχή μου, τοῦ Κυρίου βοῶντος, καὶ

Have mercy on me, O God. Have mercy on me.

I have lost the beauty and glory with which I was first created; and now I lie naked and ashamed.

Have mercy on me, O God. Have mercy on me.

Lord, Lord, at the Last Day shut not Your door against me; but open it to me, for I repent before You. [10]

Have mercy on me, O God. Have mercy on me.

Give ear to the groaning of my soul, and accept the tears that fall from my eyes; O Lord, save me.

Have mercy on me, O God. Have mercy on me.

O Lover of mankind, who desires that all men shall be saved, in Your goodness call me back and accept me in repentance.

Most-holy Theotokos, save us.

### Theotokion.

O Theotokos undefiled, Virgin alone worthy of all praise, intercede fervently for our salvation.

See now, see that I am God, who rained down manna in the days of old, and made springs of water flow from the rock, for my people in the wilderness, by My right hand and by My power alone.

# Troparia.

Have mercy on me, O God. Have mercy on me.

"See now, see that I am God." Give ear, my soul, to the Lord as He cries to you;

ἀποσπάσθητι τῆς πρώην ἁμαρτίας, καὶ φοβοῦ ὡς δικαστήν, καὶ ὡς κριτὴν καὶ Θεόν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τίνι ώμοιώθης, πολυαμάςτητε ψυχὴ; οἴμοι τῷ πςώτῳ Κάϊν, καὶ τῷ Λάμεχ ἐκείνῳ, λιθοκτονήσασα τὸ σῶμα κακουςγίαις, καὶ κτείνασα τὸν νοῦν, ταῖς παςαλόγοις ὁςμαῖς.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Πάντας τοὺς ποὸ νόμου, παραδραμοῦσα ὧ ψυχή, τῷ Σὴθ οὐχ ώμοιώθης, οὐ τὸν Ἐνὼς ἐμιμήσω, οὐ τὸν Ἐνὼχ τῆ μεταθέσει, οὐ τὸν Νῶε, ἀλλ' ὤφθης πενιχρά, τῆς τῶν δικαίων ζωῆς.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Μόνη ἐξήνοιξας, τοὺς καταρράκτας τῆς ὀργῆς, τοῦ Θεοῦ σου ψυχή μου, καὶ κατέκλυσας πᾶσαν, ὡς γῆν τὴν σάρκα, καὶ τὰς πράξεις, καὶ τὸν βίον, καὶ ἔμεινας ἐκτός, τῆς σωστικῆς Κιβωτοῦ.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Όλη προθυμία, πόθω προσέδραμες Χριστῷ, τὴν πρὶν τῆς ἁμαρτίας, όδὸν ἀποστραφεῖσα, καὶ ἐν ἐρήμοις ταῖς ἀβάτοις τρεφομένη, καὶ τούτου καθαρῶς, τελοῦσα θείας ἐντολάς.

#### Δόξα.

Άναοχε ἄκτιστε, Τοιὰς ἀμέοιστε Μονάς, μετανοοῦντά με δέξαι, ἡμαοτηκότα σῶσον, σὸν εἰμι πλάσμα, μὴ παοίδης, ἀλλὰ φεῖσαι καὶ ὁῦσαι, τοῦ πυοὸς τῆς καταδίκης με.

forsake your former sin, and fear Him as your Judge and God. [10]

Have mercy on me, O God. Have mercy on me.

To whom shall I liken you, O soul of many sins? Alas! To Cain and to Lamech. For you stoned your body to death with your evil deeds, and killed your mind with your disordered longings. [10]

Have mercy on me, O God. Have mercy on me.

Call to mind, my soul, all who lived before the Law. You have not been like Seth, or followed Enos or Enoch, who was translated to Heaven, or Noah; but you are destitute, without a share in the life of the righteous. [10]

Have mercy on me, O God. Have mercy on me.

You alone, O my soul, opened the windows of the wrath of your God, and you flooded, as the earth, all your flesh and deeds and life; and you remained outside the Ark of salvation.

Holy Mother Mary, pray to God for us.

With all eagerness and love you ran to Christ, turning from your former path of sin, finding your food in the trackless wilderness, and fulfilling in purity the commandments of God. [45]

# Glory.

O Trinity uncreated and without beginning, O undivided Unity: accept me in repentance and save me, a sinner. I am

#### Καὶ νῦν. Θεοτοκίον.

ἄχραντε Δέσποινα, Θεογεννῆτος ἡ ἐλπίς, τῶν εἰς σὲ προστρεχόντων, καὶ λιμὴν τῶν ἐν ζάλη, τὸν ἐλεήμονα καὶ Κτίστην καὶ Υἱόν σου, ἱλέωσαι κἀμοί, ταῖς ἱκεσίαις ταῖς σαῖς.

# Ωιδή γ'. Ὁ Εἰρμός.

Στεφέωσον, Κύφιε, ἐπὶ τὴν πέτφαν τῶν ἐντολῶν σου, σαλευθεῖσαν τὴν καφδίαν μου, ὅτι μόνος Ἅγιος ὑπάφχεις καὶ Κύφιος. (δίς)

# Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν εὐλογίαν τοῦ Σήμ, οὐκ ἐκληοώσω ψυχὴ ἀθλία, οὐ πλατεῖαν τὴν κατάσχεσιν, ώς Ἰάφεθ, ἔσχες ἐν τῆ γῆ τῆς ἀφέσεως.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐκ γῆς Χαρρὰν ἔξελθε, τῆς ἁμαρτίας ψυχή μου, δεῦρο εἰς γῆν ῥέουσαν ἀείζωον, ἀφθαρσίαν, ἣν ὁ Ἀβραὰμ ἐκληρώσατο.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν Ἀβραὰμ ἤκουσας, πάλαι ψυχή μου καταλιπόντα, γῆν πατρώαν, καὶ γενόμενον, μετανάστην, τούτου τὴν προαίρεσιν μίμησαι.

Your creation, reject me not; but spare me and deliver me from the fire of condemnation. [47]

Both now. Theotokion.

Most pure Lady, Mother of God, hope of those who run to you and the haven of the storm-tossed: pray to the merciful God, your Creator and your Son, that He may grant His mercy even to me. [un]

#### Ode iii. Heirmos.

Establish upon the rock of Your commandments my heart, O Master, \* sorely shaken as it is, O Lord. \* Only You are holy, and again only You are Lord. (2)

### Troparia.

Have mercy on me, O God. Have mercy on me.

O wretched soul, you have not inherited the blessing of Shem, nor have you received, like Japhet, a spacious domain in the land of forgiveness. [un]

Have mercy on me, O God. Have mercy on me.

O my soul, depart from sin, from the land of Haran, and come to the land that Abraham inherited, which flows with incorruption and eternal life. [45]

Have mercy on me, O God. Have mercy on me.

You have heard, my soul, how Abraham in days of old left the land of his fathers and became a wanderer: follow him in his choice.

[un]

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Έν τῆ δουἳ τῆ Μαμβοῆ, φιλοξενήσας ὁ Πατοιάοχης, τοὺς Άγγέλους ἐκληοώσατο, μετὰ γῆρας, τῆς ἐπαγγελίας τὸ θήραμα.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν Ἰσαὰκ τάλαινα, γνοῦσα ψυχή μου καινὴν θυσίαν, μυστικῶς ὁλοκαοπούμενον, τῷ Κυρίῳ, μίμησαι αὐτοῦ τὴν προαίρεσιν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν Ἰσοαὴλ ἤκουσας, νῆφε ψυχή μου ἐκδιωχθέντα, ὡς παιδίσκης ἀποκύημα, βλέπε μήπως, ὅμοιόν τι πάθης λαγνεύουσα.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Συνέχομαι κλύδωνι, καὶ τρικυμία Μῆτερ πταισμάτων, ἀλλ' αὐτή με νῦν διάσωσον, καὶ πρὸς ὄρμον, θείας μετανοίας εἰσάγαγε.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Ἰκέσιον δέησιν, καὶ νῦν Ὁσία ποοσαγαγοῦσα, ποὸς τὴν εὔσπλαγχνον ποεσβεία σου, Θεοτόκον, ἄνοιξόν μοι θείας εἰσόδους σου.

#### Δόξα.

Μονὰς ἁπλὴ ἄκτιστε, ἄναρχε φύσις ἡ ἐν Τριάδι, ὑμνουμένη ὑποστάσεων, ἡμᾶς σῶσον, πίστει προσκυνοῦντας τὸ κράτος σου.

### Καὶ νῦν. Θεοτοκίον.

Τὸν ἐκ Πατρὸς ἄχρονον, Υίὸν ἐν χρόνῳ Θεογεννῆτορ, ἀπειράνδρως Have mercy on me, O God. Have mercy on me.

At the oak of Mamre, the Patriarch gave hospitality to the Angels, and in his old age he inherited the reward of the promise.

Have mercy on me, O God. Have mercy on me.

You know, O my miserable soul, how Isaac was offered mystically as a new and unwonted sacrifice to the Lord: follow him in his choice.

Have mercy on me, O God. Have mercy on me.

O my soul, be watchful. You have heard how Ishmael was driven out as the child of a bondwoman. Take heed, lest the same thing happen to you because of your lust. [45]

Holy Mother Mary, pray to God for us.

I am held fast, O Mother, by the tempest and billows of sin. Keep me safe and lead me to the haven of divine repentance.

Holy Mother Mary, pray to God for us.

O holy Mary, offer your prayer of supplication to the compassionate Theotokos, and through your intercessions open to me the door that leads to God. [45]

# Glory.

O simple Unity praised in Trinity of Persons, uncreated Nature without beginning, save us who in faith worship Your power. [47]

### Both now. Theotokion.

O Mother of God, without knowing man you gave birth within time to the Son, who was begotten outside time from the Father; ἀπεκύησας, ξένον θαῦμα! μείνασα Παρθένος θηλάζουσα.

# Ώιδὴ δ'. Ὁ Εἰρμός.

Άκήκοεν ὁ Ποοφήτης, τὴν ἔλευσίν σου Κύριε, καὶ ἐφοβήθη, ὅτι μέλλεις ἐκ Παρθένου τίκτεσθαι, καὶ ἀνθρώποις δείκνυσθαι, καὶ ἔλεγεν Ἀκήκοα τὴν ἀκοήν σου καὶ ἐφοβήθην, δόξα τῆ δυνάμει σου Κύριε. (δίς)

# Τροπάρια.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸ σῶμα κατερουπώθην, τὸ πνεῦμα κατεσπιλώθην, ὅλως ἡλκώθην, ἀλλ' ὡς ἰατοὸς Χοιστὲ ἀμφότερα, διὰ μετανοίας μοι θεράπευσον, ἀπόλουσον, κάθαρον, πλῦνον, δεῖξον Σωτήρ μου, χιόνος καθαρώτερον.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸ Σῶμά σου καὶ τὸ Αἶμα, σταυρούμενος ὑπὲρ πάντων, ἔθηκας Λόγε, τὸ μὲν Σῶμα, ἵνα ἀναπλάσης με, τὸ δὲ Αἶμα, ἵνα ἀποπλύνης με, τὸ πνεῦμα παρέδωκας, ἵνα ἐμὲ προσάξης, Χριστὲ τῷ σῷ Γεννήτορι.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Εἰργάσω τὴν σωτηρίαν, ἐν μέσῳ τῆς γῆς οἰκτίρμον, ἵνα σωθῶμεν, ἑκουσίως ξύλῳ ἀνεσταύρωσαι, ἡ Ἐδὲμ κλεισθεῖσα ἀνεᡩγνυτο τὰ ἄνω, τὰ κάτω, ἡ κτίσις, τὰ ἔθνη πάντα, σωθέντα προσκυνοῦσί σε. and, strange wonder! you nurse Him while still remaining Virgin. [10]

### Ode iv. Heirmos.

On hearing about Your advent, \* O Lord, the Prophet Habakkuk of old was frightened: \* that You purposed from a Virgin to be born \* and appear to humankind. And thus he said: \* O Lord, I have heard Your report and I am frightened. \* Glory to Your power, O Lord my God. (2)

# Troparia.

Have mercy on me, O God. Have mercy on me.

I have defiled my body, I have stained my spirit, and I am all covered with wounds: but as physician, Christ, heal both body and spirit for me through repentance. Wash, purify, and cleanse me, O my Savior, and make me whiter than snow.

Have mercy on me, O God. Have mercy on me.

Your Body and Your Blood, O Word, You offered at Your Crucifixion for the sake of all: Your Body to refashion me, Your Blood to wash me clean; and You gave up Your spirit, O Christ, to bring me to Your Father. [un]

Have mercy on me, O God. Have mercy on me.

O Creator, You worked salvation in the midst of the earth, that we might be saved. You were crucified of Your own will upon the Tree; and Eden, closed until then, was opened. Things above and things below, the creation and all the peoples have been saved and worship You. [41]

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Γενέσθω μοι κολυμβήθοα, τὸ Αἶμα τὸ ἐκ πλευοᾶς σου, ἄμα καὶ πόμα, τὸ πηγάσαν ὕδωο τῆς ἀφέσεως, ἵνα ἑκατέρωθεν καθαίρωμαι, χοιόμενος, πίνων, ὡς χοῖσμα καὶ πόμα Λόγε, τὰ ζωηρά σου λόγια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Κρατῆρα ἡ Ἐκκλησία, ἐκτήσατο τὴν Πλευράν σου τὴν ζωηφόρον, ἐξ ἦς ὁ διπλοῦς ἡμῖν ἐξέβλυσε, κρουνὸς τῆς ἀφέσεως καὶ γνώσεως, εἰς τύπον τῆς πάλαι, τῆς νέας, τῶν δύο ἄμα, Διαθηκῶν Σωτὴρ ἡμῶν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Γυμνός εἰμι τοῦ Νυμφῶνος, γυμνός εἰμι καὶ τοῦ γάμου, ἄμα καὶ δείπνου, ἡ λαμπὰς ἐσβέσθη ὡς ἀνέλαιος, ἡ παστὰς ἐκλείσθη μοι καθεύδοντι, τὸ δεῖπνον ἐβρώθη· ἐγὼ δὲ χεῖρας καὶ πόδας, δεθεὶς ἔξω ἀπέρριμμαι.

#### Δόξα.

Αμέριστον τῆ οὐσία, ἀσύγχυτον τοῖς προσώποις θεολογῶ σε, τὴν Τριαδικὴν μίαν Θεότητα, ὡς Ὁμοβασίλειον καὶ σύνθρονον, βοῶ σοι τὸ Ἰλισμα, τὸ μέγα, τὸ ἐν ὑψίστοις, τρισσῶς ὑμνολογούμενον.

## Καὶ νῦν. Θεοτοκίον.

Καὶ τίκτεις καὶ παρθενεύεις, καὶ μένεις δι' ἀμφοτέρων, φύσει Παρθένος, ὁ τεχθεὶς καινίζει νόμους φύσεως, ἡ νηδὺς δὲ κύει μὴ λοχεύουσα, Θεὸς ὅπου θέλει, νικᾶται φύσεως τάξις ποιεῖ γὰρ ὅσα βούλεται.

Have mercy on me, O God. Have mercy on me.

May the Blood from Your side be to me a cleansing fount, and may the Water that flows with it be a drink of forgiveness. May I be purified by both, O Word, anointed and refreshed, having as ointment and drink Your words of life. [45]

Have mercy on me, O God. Have mercy on me.

As a chalice, O my Savior, the Church has been granted Your life-giving side, from which there flows down to us a twofold stream of forgiveness and knowledge, representing the two Covenants, the Old and the New. [45]

Have mercy on me, O God. Have mercy on me.

I am deprived of the bridal chamber, of the wedding and the supper; for lack of oil my lamp has gone out; while I slept the door was closed; the supper has been eaten; I am bound hand and foot, and cast out. [11]

# Glory.

Undivided in Essence, unconfused in Persons, I confess You as God: Triune Deity, one in kingship and throne; and to You I raise the great thrice-holy hymn that is sung on high. [40]

# Both now. Theotokion.

You give birth and are a virgin, and in both you remain by nature inviolate. He Who is born makes new the laws of nature, and the womb brings forth without travail. When God so wills, the natural order is overcome; for He does whatever He wishes.

# 'Ωιδὴ ε'. Ὁ Εἱρμός.

Ἐκ νυκτὸς ὀρθρίζοντα Φιλάνθρωπε, φώτισον δέομαι, καὶ ὁδήγησον κἀμέ, ἐν τοῖς προστάγμασί σου, καὶ δίδαξον με ποιεῖν, ἀεὶ τὸ θέλημά σου. (δίς)

# Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ώς βαρὺς τὴν γνώμην Φαραὼ τῷ πικρῷ, γέγονα Κύριε, Ἰαννὴς καὶ Ἰαμβρὴς τὴν ψυχὴν καὶ τὸ σῶμα, καὶ ὑποβρύχιος νοῦς, ἀλλὰ βοήθησόν μοι.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τῷ πηλῷ συμπέφυρμαι ὁ τάλας τὸν νοῦν, πλῦνόν με Δέσποτα, τῷ λουτῆρι τῶν ἐμῶν, δακρύων δέομαί σου, τὴν τῆς σαρκός μου στολήν, λευκάνας ὡς χιόνα.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐὰν ἐφευνήσω μου τὰ ἔφγα Σωτήφ, ἄπαντα ἄνθφωπον, ὑπεφβάντα ἐμαυτόν, ὁρῶ ταῖς ἁμαφτίαις, ὅτι ἐν γνώσει φφενῶν, ἤμαφτον, οὐκ ἀγνοία.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Φεῖσαι φεῖσαι Κύριε, τοῦ πλάσματός σου. Ἡμαρτον ἄνες μοι, ὁ τῆ φύσει καθαρός, αὐτὸς ὑπάρχων μόνος, καὶ ἄλλος πλήν σου οὐδείς, ὑπάρχει ἔξω ῥύπου.

### Ode v. Heirmos.

Early in the morning I awake from night.

\* Lover of man, I pray, \* give me light and guide me in the way of Your commandments, 
\* and teach me ever to do Your holy will, O Savior. (2)

# Troparia.

Have mercy on me, O God. Have mercy on me.

In my soul and body, O Lord, I have become like Jannes and Jambres, the magicians of cruel Pharaoh; my will is heavy and my mind is drowned beneath the waters. But come to my aid.

Have mercy on me, O God. Have mercy on me.

Woe is me! I have defiled my mind with filth. But I pray to You, O Master: wash me clean in the waters of my tears, and make the garment of my flesh white as snow.

Have mercy on me, O God. Have mercy on me.

When I examine my actions, O Savior, I see that I have gone beyond all men in sin; for I knew and understood what I did; I was not sinning in ignorance.

Have mercy on me, O God. Have mercy on me.

Spare, O spare the work of Your hands, O Lord. I have sinned, forgive me: for You alone are pure by nature, and none except You is free from defilement. [10]

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Δι' ἐμὲ Θεὸς ὢν ἐμορφώθης ἐμέ, ἔδειξας θαύματα, ἰασάμενος λεπρούς, καὶ παραλύτους σφίγξας, Αἱμόρρου στήσας Σωτήρ, ἁφῆ κρασπέδου ῥύσιν.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Υεῖθοον Ἰοοδάνειον περάσασα, εὖρες ἀνάπαυσιν, τὴν ἀνώδυνον σαρκός, ἡδονὴν ἐκφυγοῦσα, ἦς καὶ ἡμᾶς ἐξελοῦ, σαῖς προσευχαῖς Όσία.

### Δόξα.

Σὲ Τριὰς δοξάζομεν τὸν ἕνα Θεόν, Ἅγιος, Ἅγιος, Ἅγιος εἶ ὁ Πατήρ, ὁ Υίὸς καὶ τὸ Πνεῦμα, ἁπλὴ οὐσία Μονάς, ἀεὶ προσκυνουμένη.

### Καὶ νῦν. Θεοτοκίον.

Ἐκ σοῦ ἠμφιάσατο τὸ φύραμά μου, ἄφθορε ἄνανδρε, Μητροπάρθενε Θεός, ὁ κτίσας τοὺς αἰῶνας, καὶ ἥνωσεν ἑαυτῷ, τὴν τῶν ἀνθρώπων φύσιν.

# Ώιδὴ ζ΄. Ὁ Εἱρμός.

Ἐβόησα, ἐν ὅλη καοδία μου, ποὸς τὸν οἰκτίομονα Θεόν, καὶ ἑπήκουσέ μου, ἐξ Ἅιδου κατωτάτου, καὶ ἀνήγαγεν, ἐκ φθορᾶς τὴν ζωήν μου. (δίς)

# Τοοπάοια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Αντίστηθι, καὶ καταπολέμησον, ὡς Ἰησοῦς τὸν Ἀμαλήκ, τῆς σαρκὸς τὰ πάθη, καὶ τοὺς Γαβαωνίτας, τοὺς ἀπατηλοὺς λογισμούς, ἀεὶ νικῶσα.

Have mercy on me, O God. Have mercy on me.

You who are God, O Savior, were for my sake fashioned as I am. You performed miracles, healing lepers, giving strength to the paralyzed, stopping the issue of blood when the woman touched the hem of Your garment.

[un]

Holy Mother Mary, pray to God for us.

Crossing the stream of the Jordan, you found peace, escaping from the deadening pleasures of the flesh. Deliver us also from them, holy Mary, by your intercessions. [un]

# Glory.

We glorify You, O Trinity, the one God. Holy, holy, holy, are You: Father, Son, and Spirit, simple Essence and Unity, worshipped forever. [47]

### Both now. Theotokion.

O Virgin inviolate and Mother who has not known man, from you has God, the Creator of the ages, taken human flesh, uniting to Himself the nature of men.

### Ode vi. Heirmos.

I cried aloud and shouted with all my heart \* unto the tender-loving God, \* and He heard my voice from the lowest depths of Hades, \* and He raised my life from the pit of corruption. (2)

# Troparia.

Have mercy on me, O God. Have mercy on me.

Rise up and make war upon the passions of the flesh, as Joshua against Amalek, ever gaining the victory over the Gibeonites, your deceitful thoughts. [un]

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Διάβηθι, τοῦ χοόνου τὴν ὁέουσαν, φύσιν ὡς ποὶν ἡ Κιβωτός, καὶ τῆς γῆς ἐκείνης, γενοῦ ἐν κατασχέσει, τῆς ἐπαγγελίας ψυχή, Θεὸς κελεύει.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ως ἔσωσας, τὸν Πέτρον βοήσαντα, σῶσον προφθάσας με Σωτήρ, τοῦ θηρός με ἡῦσαι, ἐκτείνας σου τὴν χεῖρα, καὶ ἀνάγαγε τοῦ βυθοῦ τῆς ἁμαρτίας.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Λιμένα σε, γινώσκω γαλήνιον, Δέσποτα Δέσποτα Χριστέ, ἀλλ' ἐκ τῶν ἀδύτων, βυθῶν τῆς ἁμαρτίας, καὶ τῆς ἀπογνώσεώς με, προφθάσας ῥῦσαι.

### Δόξα.

Τοιάς εἰμι, ἁπλὴ ἀδιαίρετος, διαιρετὴ ποοσωπικῶς, καὶ Μονὰς ὑπάρχω, τῆ φύσει ἡνωμένη. Ὁ Πατήρ φησιν, ὁ Υίὸς καὶ θεῖον Πνεῦμα.

#### Καὶ νῦν. Θεοτοκίον.

Ή μήτοα σου, Θεὸν ἡμῖν ἔτεκε, μεμοοφωμένον καθ' ἡμᾶς, ἀλλ' ὡς Κτίστην πάντων, δυσώπει Θεοτόκε, ἵνα ταῖς ποεσβείαις, ταῖς σαῖς δικαιωθῶμεν.

# Κοντάκιον. ήχος πλ. β.

Ψυχή μου ψυχή μου, ἀνάστα, τί καθεύδεις; τὸ τέλος ἐγγίζει, καὶ μέλλεις θορυβεῖσθαι· ἀνάνηψον οὖν, ἵνα φείσηταί σου Χριστὸς ὁ Θεός, ὁ πανταχοῦ παρών, καὶ τὰ πάντα πληρῶν.

Have mercy on me, O God. Have mercy on me.

O my soul, pass through the flowing waters of time like the Ark of old, and take possession of the land of promise: for God commands you. [un]

Have mercy on me, O God. Have mercy on me.

As You saved Peter when he cried out, "Save me," come quickly, O Savior, before it is too late, and save me from the beast. Stretch out Your hand and lead me up from the deep of sin. [41]

Have mercy on me, O God. Have mercy on me.

I know You as a calm haven, O Lord, Lord Christ: come quickly, before it is too late, and deliver me from the lowest depths of sin and despair. [45]

# Glory.

"I am the Trinity, simple and undivided, yet divided in Persons, and I am the Unity by Nature one," says the Father and the Son and the divine Spirit. [10]

### Both now. Theotokion.

Your womb bore God for us, fashioned in our shape. O Theotokos, pray to Him as the Creator of all, that we may be justified through your intercessions.

# Kontakion. Mode pl. 2.

My soul, O my soul, rise up! Why are you sleeping? The end draws near and soon you shall be troubled. Watch, then, that Christ your God may spare you, for He is everywhere present and fills all things. [un]

## Ώιδὴ ζ΄. Ὁ Εἱρμός.

Ήμά οτομεν, ηνομήσαμεν, ηδικήσαμεν ἐνώπιόν σου, οὐδὲ συνετηρήσαμεν, οὐδὲ ἐποιήσαμεν, καθὼς ἐνετείλω ἡμῖν, ἀλλὰ μὴ παραδώης ἡμᾶς εἰς τέλος, ὁ τῶν Πατέρων Θεός. (δίς)

## Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τοῦ Μανασσῆ, ἐπεσώφευσας, τὰ ἐγκλήματα τῆ πφοαιφέσει, στήσασα ὡς βδελύγματα πάθη, καὶ πληθύνουσα ψυχή, πφοσωχθίσματα. Άλλ' αὐτοῦ τὴν μετάνοιαν, ζηλοῦσα θεφμῶς, κτῆσαι κατάνυξιν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν Ἀχαὰβ παρεζήλωσας, τοῖς μιάσμασι ψυχή μου, οἴμοι! γέγονας σαρκικῶν μολυσμάτων, καταγώγιον καὶ σκεῦος αἰσχρὸν τῶν παθῶν. Ἀλλ' ἐκ βάθους σου στέναξον, καὶ λέγε Θεῷ, τὰς άμαρτίας σου.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐκλείσθη σοι, οὐρανὸς ψυχή, καὶ λιμὸς Θεοῦ κατέλαβέ σε, ὅτε τοῖς Ἡλιοῦ τοῦ θεσβίστου, ὡς ὁ Ἁχαάβ, ἠπείθησας λόγοις ποτέ. Ἁλλὰ τῆ Σαραφθία ὁμοιώθητι, θρέψον Προφήτου ψυχήν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ένέποησεν Ήλιοὺ ποτέ, δὶς πεντήκοντα τῆς Ἰεζάβελ, ὅτε τοὺς τῆς αἰσχύνης πορφήτας, κατηνάλωσεν, εἰς ἔλεγχον τοῦ

#### Ode vii. Heirmos.

We sinned, O Lord, and we broke Your law, \* we behaved unrighteously before You, \* and neither have we kept Your word, nor acted according to the way You commanded for us. \* Yet, O God of the fathers, we pray, do not utterly deliver us up. (2)

## Troparia.

Have mercy on me, O God. Have mercy on me.

By deliberate choice, my soul, you incurred the guilt of Manasseh, setting up the passions as idols and multiplying abominations. But with fervent heart emulate his repentance and acquire compunction.

Have mercy on me, O God. Have mercy on me.

Alas, my soul! You have rivaled Ahab in guilt. You have become a dwelling-place of carnal defilements and a shameful vessel of the passions. But groan from the depths of your heart, and confess your sins to God. [10]

Have mercy on me, O God. Have mercy on me.

Heaven is closed to you, my soul, and a famine from God has seized you: for you have been disobedient, as Ahab was to the words of Elijah the Tishbite. But imitate the widow of Zarephath, and feed the Prophet's soul.

Have mercy on me, O God. Have mercy on me.

Elijah once destroyed with fire a hundred of Jezebel's servants, and he slew the prophets of shame, as a rebuke to Ahab. But flee from Αχαάβ. Ἀλλὰ φεῦγε τὴν μίμησιν τῶν δύω ψυχή, καὶ κραταιώθητι.

#### Δόξα.

Τοιὰς ἁπλή, ἀδιαίρετε, Όμοούσιε Μονὰς ἁγία, φῶτα καὶ φῶς καὶ ἄγια τρία, καὶ εν ἄγιον ὑμνεῖται Θεὸς ἡ Τριάς, ἀλλ' ἀνύμνησον, δόξασον ζωὴν καὶ ζωάς, ψυχὴ τὸν πάντων Θεόν.

#### Καὶ νῦν. Θεοτοκίον.

Υμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε Θεογεννῆτορ, ὅτι τῆς ἀχωρίστου Τριάδος, ἀπεκύησας τὸν ἕνα Υίὸν καὶ Θεόν, καὶ αὐτὴ προηνέωξας ἡμῖν, τοῖς ἐν γῆ τὰ ἐπουράνια.

### 'Ωιδή η'. Ὁ Εἱρμός.

Όν Στρατιαὶ οὐρανῶν δοξάζουσι καὶ φρίττει τὰ Χερουβεὶμ καὶ τὰ Σεραφείμ, πᾶσα πνοἡ καὶ κτίσις ὑμνεῖτε, εὐλογεῖτε, καὶ ὑπερυψοῦτε εἰς πάντας τοὺς αἰῶνας. (δίς)

### Τροπάρια.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Δικαιοκοῖτα, Σωτὴρ ἐλέησον, καὶ ὁῦσαί με τοῦ πυρός, καὶ τῆς ἀπειλῆς, ἦς μέλλω ἐν τῆ κρίσει, δικαίως ὑποστῆναι, ἄνες μοι πρὸ τέλους, δι' ἀρετῆς καὶ μετανοίας.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ώς ὁ Ληστὴς ἐκβοῶ σοι Μνήσθητι, ὡς Πέτρος κλαίω πικρῶς. Ἄνες μοι Σωτήρ, κράζω ὡς ὁ Τελώνης, δακρύω ὡς ἡ Πόρνη, δέξαι μου τὸν θρῆνον, καθὼς ποτὲ τῆς Χαναναίας.

the example of both of them, my soul, and be strong. [un]

### Glory.

O simple and undivided Trinity, O holy and consubstantial Unity: You are praised as Light and Lights, one Holy and three Holies. Sing, O my soul, and glorify Life and Lives, the God of all. [11]

#### Both now. **Theotokion**.

We praise you, we bless you, we venerate you, O Mother of God: for you gave birth to One of the undivided Trinity, your Son and God, and you opened the heavenly places to us on earth.

#### Ode viii. Heirmos.

Him whom the hosts of the heavens glorify, \* at whom quake the Cherubim and the Seraphim, \* every breath and creation, \* extol Him now and bless Him, \* and exalt supremely, unto all the ages. (2)

## Troparia.

Have mercy on me, O God. Have mercy on me.

O righteous Judge and Savior, have mercy on me and deliver me from the fire that threatens me and from the punishment that I deserve to suffer at the Judgment. Before the end comes, grant me remission through virtue and repentance. [un]

Have mercy on me, O God. Have mercy on me.

Like the Robber I cry to You: "Remember me"; like Peter I weep bitterly; like the Publican I call out: "Forgive me, Savior"; like the Harlot I shed tears. Accept my Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν σηπεδόνα, Σωτὴς θεςάπευσον, τῆς ταπεινῆς μου ψυχῆς, μόνε ἰατςέ, μάλαγμά μοι ἐπίθες, καὶ ἔλαιον καὶ οἶνον, ἔςγα μετανοίας, κατάνυξιν μετὰ δακςύων.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν Χαναναίαν, κἀγὼ μιμούμενος Ἐλέησόν με βοῶ, τῷ Υἱῷ Δαυΐδ, ἄπτομαι τοῦ κρασπέδου, ὡς ἡ Αἱμορροοῦσα, κλαίω ὡς ἡ Μάρθα, καὶ Μαρία ἐπὶ Λαζάρου.

Εὐλογοῦμεν Πατέφα, Υίόν, καὶ ἄγιον Πνεῦμα.

Άναρχε Πάτερ, Υίὲ συνάναρχε, Παράκλητε ἀγαθέ, Πνεῦμα τὸ εὐθές, Λόγου Θεοῦ Γεννῆτορ, Πατρὸς ἀνάρχου Λόγε, Πνεῦμα ζῶν καὶ κτίζον. Τριὰς Μονὰς ἐλέησόν με.

### Καὶ νῦν. Θεοτοκίον.

Ώς ἐκ βαφῆς, άλουργίδος Ἄχραντε, ἡ νοητὴ πορφυρίς, τοῦ Ἐμμανουήλ, ἔνδον ἐν τῆ γαστρί σου, ἡ σάρξ συνεξυφάνθη· ὅθεν Θεοτόκον, ἐν ἀληθεία σε τιμῶμεν.

# Ώιδὴ θ'. Ὁ Εἱομός.

Άσπόρου συλλήψεως, ὁ τόκος ἀνερμήνευτος, Μητρὸς ἀνάνδρου, ἄσπορος ἡ κύησις. Θεοῦ γὰρ ἡ γέννησις καινοποιεῖ τάς φύσεις διό σε πᾶσαι αί γενεαί, ὡς Θεόνυμφον Μητέρα, ὀρθοδόξως μεγαλύνομεν.

lamentation, as once You accepted the entreaties of the woman of Canaan.

Have mercy on me, O God. Have mercy on me.

O Savior, heal the putrefaction of my humbled soul, for You are the one Physician; apply bandages and pour in oil and wine, works of repentance and compunction with tears.

Have mercy on me, O God. Have mercy on me.

Like the woman of Canaan I cry to You, "Have mercy on me, Son of David." Like the woman with an issue of blood, I touch the hem of Your garment. I weep as Martha and Mary wept for Lazarus. [un]

We bless Father, Son, and Holy Spirit.

Father without beginning, coeternal Son, and loving Comforter, the Spirit of righteousness; Begetter of the Word of God, Word of the eternal Father, Spirit living and creative: O Trinity in Unity, have mercy on me. [10]

Both now. Theotokion.

As from purple silk, O undefiled Virgin, the spiritual robe of Emmanuel, His flesh, was woven in your womb. Therefore, we honor you as Theotokos in very truth.

## Ode ix. Heirmos.

The birth is ineffable, conceived without the seed of man; the unwed Mother's \* childbirth was free of all corruption. The birth of God \* makes new again the natures. \* And thus, in Orthodox manner all \* generations

## Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὰς νόσους ἰώμενος, πτωχοῖς εὐηγγελίζετο, Χριστὸς ὁ Λόγος, κυλλοὺς ἐθεράπευσε, τελώναις συνήσθιεν, άμαρτωλοῖς ώμίλει, τῆς Ἰαείρου θυγατρός, τὴν ψυχὴν προμεταστάσαν, ἐπανήγαγεν άφῆ τῆς χειρός.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τελώνης ἐσώζετο, καὶ Πόρνη ἐσωφρόνιζε, καὶ Φαρισαῖος, αὐχῶν κατεκρίνετο· ὁ μὲν γάρ, Ἱλάσθητι, ἡ δέ, Ἐλέησόν με, ὁ δὲ ἐκόμπαζε, βοῶν· ὁ Θεὸς εὐχαριστῷ σοι, καὶ ἑξῆς τὰ τῆς ἀνοίας ἡητά.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ζακχαῖος Τελώνης ἦν, ἀλλ' ὅμως διεσώζετο, καὶ Φαρισαῖος, ὁ Σίμων ἐσφάλλετο, καὶ Πόρνη ἐλάμβανε, τὰς ἀφεσίμους λύσεις, παρὰ τοῦ ἔχοντος ἰσχύν, ἀφιέναι ἁμαρτίας, ἣν ψυχὴ σπεῦσον μιμήσασθαι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν Πόρνην ὧ τάλαινα, ψυχή μου οὐκ ἐζήλωσας, ἥτις λαβοῦσα, μύρου τὸ ἀλάβαστρον, σὺν δάκρυσιν ἤλειψε, τοὺς πόδας τοῦ Κυρίου, ἐξέμαξε δὲ ταῖς θριξί, τῶν ἀρχαίων ἐγκλημάτων, τὸ χειρόγραφον ἡηγνύοντος αὐτῆ.

magnify you as the Mother and the Bride of God.

## Troparia.

Have mercy on me, O God. Have mercy on me.

Healing sickness, Christ the Word preached the good tidings to the poor. He cured the crippled, ate with publicans, and conversed with sinners. With the touch of His hand, He brought back the departed soul of Jairus' daughter. [45]

Have mercy on me, O God. Have mercy on me.

The Publican was saved and the Harlot turned to chastity, but the Pharisee with his boasting was condemned. For the first cried "Be merciful," and the second, "have mercy on me"; but the third said, boasting, "I thank You, O God," and other words of madness. [45]

Have mercy on me, O God. Have mercy on me.

Zacchaeus was a publican, yet he was saved; but Simon the Pharisee went astray, while the Harlot received remission and release from Him who has the power to forgive sins. Make haste, O my soul, to follow her example.

Have mercy on me, O God. Have mercy on me.

O wretched soul, you have not acted like the Harlot, who took the alabaster box of precious ointment, and anointed with tears and wiped with her hair the feet of the Lord. And He tore in pieces the record of her previous sins. [un]

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὰς πόλεις αἶς ἔδωκε, Χριστὸς τὸ Εὐαγγέλιον, ψυχή μου ἔγνως, ὅπως κατηράθησαν, φοβοῦ τὸ ὑπόδειγμα, μὴ γένη ὡς ἐκεῖναι ταῖς ἐν Σοδόμοις γὰρ αὐτάς, ὁ Δεσπότης παρεικάσας, ἕως Ἅιδου κατεδίκασε.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Μὴ χείρων ὧ ψυχή μου, φανῆς δι' ἀπογνώσεως, τῆς Χαναναίας, τὴν πίστιν ἀκούσασα, δι' ἦς τὸ θυγάτριον, λόγω Θεοῦ ἰάθη. Υἱὲ Δαυΐδ σῶσον κἀμέ, ἀναβόησον ἐκ βάθους, τῆς καρδίας ὡς ἐκείνη Χριστῷ.

Άγιε τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Άνδοέα σεβάσμιε, καὶ Πάτεο τοισμακάοιστε, Ποιμὴν τῆς Κοήτης, μὴ παύση δεόμενος, ὑπὲο τῶν σὲ ὑμνούντω ἵνα ὁυσθῶμεν πάσης, ὀργῆς καὶ θλίψεως καὶ φωορᾶς, καὶ πταισμάτων ἀνεικάστων, οἱ τιμῶντές σου τὴν μνήνην πιστῶς.

#### Δόξα.

Πατέρα δοξάσωμεν, Υίὸν ὑπερυψώσωμεν, τὸ θεῖον Πνεῦμα, πιστῶς προσκυνήσωμεν, Τριάδα ἀχώριστον, Μονάδα κατ' οὐσίαν, ὡς φῶς καὶ φῶτα καὶ ζωήν, καὶ ζωὰς ζωοποιοῦσαν, καὶ φωτίζουσαν τὰ πέρατα.

#### Καὶ νῦν. Θεοτοκίον.

Τὴν Πόλιν σου φύλαττε, Θεογεννῆτος πάναγνε· ἐν σοὶ γὰς αὕτη, πιστῶς βασιλεύουσα, ἐν σοὶ καὶ κρατύνεται, καὶ διὰ σοῦ νικῶσα, τροποῦται πάντα πειρασμόν,

Have mercy on me, O God. Have mercy on me.

You know, O my soul, how the cities were cursed to which Christ preached the Gospel. Fear their example, lest you suffer the same punishment. For the Master likened them to Sodom and condemned them to hell.

Have mercy on me, O God. Have mercy on me.

Be not overcome by despair, my soul; for you have heard of the faith of the woman of Canaan, and how through it her daughter was healed by the word of God. Cry out from the depth of your heart, "Save me also, Son of David," as she once cried to Christ. [un]

Holy Father Andrew, pray to God for us.

Venerable Andrew, father thrice-blessed, pastor of Crete, cease not to offer prayer for us who sing your praises; that we may be delivered from all danger and distress, from corruption and sin, who honor your memory with faith.

### Glory.

Trinity in one Essence, Unity in three Persons, we sing Your praises; we glorify the Father, we magnify the Son, we worship the Holy Spirit, truly one God by nature, Life and Lives, Kingdom without end. [16]

### Both now. Theotokion.

Watch over Your city, all-pure Mother of God. For by you she reigns in faith, by you she is made strong; by you she is victorious, putting to flight every temptation, despoiling the enemy and ruling her subjects.

καὶ σκυλεύει πολεμίους καὶ διέπει τὸ ὑπήκοον.

## Ὁ Εἱρμός.

Άσπόρου συλλήψεως, ὁ τόκος ἀνερμήνευτος, Μητρὸς ἀνάνδρου, ἄσπορος ἡ κύησις. Θεοῦ γὰρ ἡ γέννησις καινοποιεῖ τάς φύσεις διό σε πᾶσαι αί γενεαί, ὡς Θεόνυμφον Μητέρα, ὀρθοδόξως μεγαλύνομεν.

#### ΑΝΑΓΝΩΣΤΗΣ

## Τρισάγιον.

Άγιος ὁ Θεός, ἄγιος Ἰσχυρός, ἄγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τοιάς, ἐλέησον ἡμᾶς. Κύοιε, ἱλάσθητι ταῖς ἁμαοτίαις ἡμῶν. Δέσποτα, συγχώοησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτες ἡμῶν ὁ ἐν τοῖς οὐςανοῖς, άγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ώς ἐν οὐςανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄςτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμεςον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ώς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ

#### Heirmos.

The birth is ineffable, conceived without the seed of man; the unwed Mother's \* childbirth was free of all corruption. The birth of God \* makes new again the natures. \* And thus, in Orthodox manner all \* generations magnify you as the Mother and the Bride of God.

#### **READER**

## **Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. εἰσενέγκης ἡμᾶς εἰς πειοασμόν, ἀλλὰ οῦσαι ἡμᾶς ἀπὸ τοῦ πονηοοῦ.

#### ΙΕΡΕΥΣ

Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Αγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

 $(A\mu\eta\nu.)$ 

### ΧΟΡΟΣ

# $^{\circ}$ Ηχος πλ. β'. ἤ· $^{\circ}$ Ηχος πλ. δ'.

Κύριε τῶν Δυνάμεων, μεθ' ἡμῶν γενοῦ· ἄλλον γὰρ ἐκτός σου βοηθόν, ἐν θλίψεσιν οὐκ ἔχομεν. Κύριε τῶν Δυνάμεων, ἐλέησον ἡμᾶς.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Κύριε τῶν Δυνάμεων, μεθ' ἡμῶν γενοῦ· ἄλλον γὰρ ἐκτός σου βοηθόν, ἐν θλίψεσιν οὐκ ἔχομεν. Κύριε τῶν Δυνάμεων, ἐλέησον ἡμᾶς.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Κύριε τῶν Δυνάμεων, μεθ' ἡμῶν γενοῦ· ἄλλον γὰρ ἐκτός σου βοηθόν, ἐν θλίψεσιν οὐκ ἔχομεν. Κύριε τῶν Δυνάμεων, ἐλέησον ἡμᾶς.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρα.

Κύριε τῶν Δυνάμεων, μεθ' ἡμῶν γενοῦ· ἄλλον γὰρ ἐκτός σου βοηθόν, ἐν θλίψεσιν οὐκ ἔχομεν. Κύριε τῶν Δυνάμεων, ἐλέησον ἡμᾶς.

#### **PRIEST**

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

### **CHOIR**

# Mode pl. 2. or: Mode pl. 4.

Lord of the Powers, be with us; for no other helper do we have in tribulations, but You. Lord of the Powers, have mercy on us. [5D]

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

Lord of the Powers, be with us; for no other helper do we have in tribulations, but You. Lord of the Powers, have mercy on us. [5D]

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Lord of the Powers, be with us; for no other helper do we have in tribulations, but You. Lord of the Powers, have mercy on us.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Lord of the Powers, be with us; for no other helper do we have in tribulations, but You. Lord of the Powers, have mercy on us.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Κύριε τῶν Δυνάμεων, μεθ' ἡμῶν γενοῦ ἄλλον γὰρ ἐκτός σου βοηθόν, ἐν θλίψεσιν οὐκ ἔχομεν. Κύριε τῶν Δυνάμεων, ἐλέησον ἡμᾶς.

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Κύριε τῶν Δυνάμεων, μεθ' ἡμῶν γενοῦ ἄλλον γὰρ ἐκτός σου βοηθόν, ἐν θλίψεσιν οὐκ ἔχομεν. Κύριε τῶν Δυνάμεων, ἐλέησον ἡμᾶς.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ.

Αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Κύριε τῶν Δυνάμεων, μεθ' ἡμῶν γενοῦ ἄλλον γὰρ ἐκτός σου βοηθόν, ἐν θλίψεσιν οὐκ ἔχομεν... Κύριε τῶν Δυνάμεων, ἐλέησον ἡμᾶς.

#### ΨΑΛΤΗΣ

## **Ήχος β'.** (χῦμα)

Δόξα τῷ Πατρὶ καὶ τῷ Υίῷ καὶ τῷ Άγίῳ Πνεύματι.

Κύριε, εἰμὴ τοὺς Ἁγίους σου εἴχομεν πρεσβευτάς, καὶ τὴν ἀγαθότητά σου συμπαθοῦσαν ἡμῖν, πῶς ἐτολμῶμεν Σωτὴρ ὑμνῆσαί σε, ὃν εὐλογοῦσιν ἀπαύστως Ἅγγελοι; Καρδιογνῶστα, φεῖσαι τῶν ψυχῶν ἡμῶν.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Άμήν.

Πολλὰ τὰ πλήθη τῶν ἐμῶν Θεοτόκε πταισμάτων, πρὸς σὲ κατέφυγον Άγνή, σωτηρίας δεόμενος. Ἐπίσκεψαι τὴν ἀσθενοῦσάν μου ψυχήν, καὶ αἴτησαι τῷ Υἱῷ

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Lord of the Powers, be with us; for no other helper do we have in tribulations, but You. Lord of the Powers, have mercy on us. [5D]

Praise Him with resounding cymbals; praise Him with triumphant cymbals. Let everything that breathes praise the Lord. [SAAS]

Lord of the Powers, be with us; for no other helper do we have in tribulations, but You. Lord of the Powers, have mercy on us.

Praise God in His saints. [SAAS]

Praise Him in the firmament of His power.

[SAAS]

Lord of the Powers, be with us; for no other helper do we have in tribulations, but You... Lord of the Powers, have mercy on us.

#### **CHANTER**

### Mode 2. (intoned)

Glory to the Father and to the Son and to the Holy Spirit

O Lord, if we did not have Your Saints as intercessors, and Your benevolence being compassionate towards us, how would we dare to extol You, O Savior, whom the Angels bless unceasingly? O Master who know our hearts, we pray You to spare our souls.

Both now and ever and to the ages of ages. Amen.

O Theotokos, my offences are indeed very many. \* To you I run, O Maiden pure, and I pray for salvation. \* Visit my infirm and ailing soul, \* and pray for me to your Son and our σου καὶ Θεῷ ἡμῶν, δοθήναί μοὶ τὴν ἄφεσιν, ὧν ἔπραξα δεινῶν, μόνη εὐλογημένη.

#### ΧΟΡΟΣ

# Ήχος β'.

Παναγία Θεοτόκε, τὸν χοόνον τῆς ζωῆς μου, μὴ ἐγκαταλίπης με, ἀνθοωπίνη ποοστασία, μὴ καταπιστεύσης με, ἀλλ' αὐτὴ ἀντιλαβοῦ, καὶ ἐλέησόν με.

Τὴν πᾶσαν ἐλπίδα μου, εἰς σὲ ἀνατίθημι, Μήτηο τοῦ Θεοῦ, φύλαξόν με ὑπὸ τὴν σκέπην σου.

#### ΑΝΑΓΝΩΣΤΗΣ

Κύριε, ἐλέησον. (μ')

Ο ἐν παντὶ καιοῷ καὶ πάση ὤοᾳ ἐν οὐρανῷ καὶ ἐπὶ γῆς προσκυνούμενος καὶ δοξαζόμενος Χριστὸς ὁ Θεός, ό μακρόθυμος, ό πολυέλεος, ό πολυεύσπλαγχνος, ό τοὺς δικαίους ἀγαπῶν καὶ τοὺς ἁμαρτωλοὺς ἐλεῶν, ὁ πάντας καλῶν πρὸς σωτηρίαν διά τῆς ἐπαγγελίας τῶν μελλόντων ἀγαθῶν, αὐτός Κύριε, πρόσδεξαι καὶ ἡμῶν ἐν τῆ ὤρα ταύτη τὰς έντεύξεις καὶ ἴθυνον τὴν ζωὴν ἡμῶν πρὸς τὰς ἐντολάς σου. Τὰς ψυχὰς ἡμῶν ἁγίασον, τὰ σώματα ἄγνισον, τοὺς λογισμοὺς διόρθωσον, τὰς ἐννοίας κάθαρον καὶ ὁῦσαι ήμᾶς ἀπὸ πάσης θλίψεως, κακῶν καὶ όδύνης. Τείχισον ήμᾶς άγίοις σου Άγγέλοις, ἵνα τῆ παρεμβολῆ αὐτῶν φρουρούμενοι καὶ όδηγούμενοι καταντήσωμεν εἰς τὴν ένότητα τῆς πίστεως καὶ εἰς τὴν ἐπίγνωσιν τῆς ἀπροσίτου σου δόξης, ὅτι εὐλογητὸς εἶ είς τούς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

God, \* to grant to me forgiveness for the evils I have done, O only blessed Lady. [5D]

#### **CHOIR**

#### Mode 2.

O all-holy Theotokos, during my lifetime, I pray do not abandon me, nor entrust me to merely human protection; rather you help me yourself and have mercy on me. [5D]

O Mother of God, I have committed my every hope wholly unto you. Keep me under your shelter. [5D]

#### **READER**

Lord, have mercy. (40)

O Christ our God, who at all times and at every hour, both in heaven and on earth, are worshipped and glorified, long suffering and plenteous in mercy and compassion; who love the just and show mercy to the sinners; who call all men to salvation through the promise of the blessings to come: Do you, the same Lord, receive also our supplications at this present time, and direct our lives according to your commandments. Sanctify our souls; purify our bodies; set our minds right; clear up our thoughts, and deliver us from every sorrow, evil and distress. Surround us with your holy Angels so that being guarded and guided by their presence, we may arrive at the unity of the faith and the knowledge of your ineffable glory; for blessed are you unto the ages of ages. Amen. [HC]

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Έν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

### ΙΕΡΕΥΣ

Ό Θεὸς οἰκτιρήσαι ἡμᾶς καὶ εὐλογήσαι ἡμᾶς ἐπιφάναι τὸ πρόσωπον αὐτοῦ ἐφ' ἡμᾶς, καὶ ἐλεήσαι ἡμᾶς.

### ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

### ΙΕΡΕΥΣ

## Εὐχὴ τοῦ Άγίου Ἐφοαίμ

Κύριε καὶ Δέσποτα τῆς ζωῆς μου, πνεῦμα ἀργίας, περιεργίας, φιλαρχίας καὶ ἀργολογίας μή μοι δῷς.

Πνεῦμα δὲ σωφοοσύνης, ταπεινοφοοσύνης, ὑπομονῆς καὶ ἀγάπης χάοισαί μοι τῷ σῷ δούλῳ.

Ναί, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ όρᾶν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν τὸν ἀδελφόν μου.

Ότι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

#### ΑΝΑΓΝΩΣΤΗΣ

# Τρισάγιον.

Άγιος ὁ Θεός, ἄγιος Ἰσχυρός, ἄγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν. Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

In the name of the Lord, Father, bless!

#### **PRIEST**

May God have compassion on us and bless us; may his face shine upon us and have mercy on us.

#### **READER**

Amen.

### **PRIEST**

## Prayer of St. Ephraim

O Lord and Master of my life, do not permit the spirit of laziness and meddling, the lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit of prudence, humility, patience and love.

Yes, Lord and King, give me the power to see my own faults and not to judge my brother.

For you are blessed unto the ages of ages. Amen. [HC]

#### **READER**

### **Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Παναγία Τοιάς, ἐλέησον ἡμᾶς. Κύοιε, ἱλάσθητι ταῖς ἁμαοτίαις ἡμῶν. Δέσποτα, συγχώοησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτες ἡμῶν ὁ ἐν τοῖς οὐςανοῖς, άγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ώς ἐν οὐςανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄςτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμεςον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειςασμόν, ἀλλὰ ςῦσαι ἡμᾶς ἀπὸ τοῦ πονηςοῦ.

#### ΙΕΡΕΥΣ

Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Αγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

### ΑΝΑΓΝΩΣΤΗΣ

Άμήν.

Κύριε, ἐλέησον. (ιβ')

Εὐχὴ εἰς τὴν Ὑπεραγίαν Θεοτόκον Παύλου μοναχοῦ, Μονῆς τῆς Εὐεργέτιδος

Άσπιλε, ἀμόλυντε, ἄφθοςε, ἄχςαντε, άγνη Παρθένε, Θεόνυμφε Δέσποινα, ή Θεὸν Λόγον τοῖς ἀνθρώποις τῆ παραδόξω σου κυήσει ἑνώσασα καὶ τὴν ἀπωσθεῖσαν φύσιν τοῦ γένους ἡμῶν τοῖς οὐρανίοις συνάψασα ἡ τῶν ἀπηλπισμένων μόνη ἐλπὶς καί τῶν πολεμουμένων βοήθεια, ἡ ἑτοίμη

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

#### **PRIEST**

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

### **READER**

Amen.

Lord, have mercy. (12)

**Prayer to the Virgin** by Paul the Monk of the Monastery of Evergetis

O spotless, unstained, incorruptible, undefiled, pure Virgin, Lady Bride of God, who through your wondrous birth-giving united God the Word with mankind, and linked the fallen nature of our human race with the heavenly; the only hope of the hopeless and the help of the persecuted; the

ἀντίληψις τῶν εἰς σὲ προστρεχόντων, καὶ πάντων τῶν Χριστιανῶν τὸ καταφύγιον μὴ βδελύξη με τὸν ἁμαρτωλόν, τὸν ἐναγῆ, τὸν αἰσχροῖς λογισμοῖς καὶ λόγοις καὶ πράξεσιν ὅλον ἐμαυτὸν άχρειώσαντα, καί τῆ τῶν ἡδονῶν τοῦ βίου, ὁαθυμία γνώμης, δοῦλον γενόμενον. Άλλ' ώς τοῦ φιλανθοώπου Θεοῦ Μήτηο, φιλανθοώπως σπλαγχνίθητι ἐπ' ἐμοὶ τῷ άμαρτωλῷ καὶ ἀσώτῳ, καὶ δέξαι μου τὴν ἐκ ὁυπαρῶν χειλέων προσφερομένην σοι δέησιν, καὶ τὸν σὸν Υίόν, καὶ ἡμῶν Δεσπότην καὶ Κύριον, τῆ μητρικῆ σου παροησία χρωμένη δυσώπησον, ἵνα ἀνοίξη κἀμοὶ τὰ φιλάνθοωπα σπλάγχνα τῆς αὐτοῦ ἀγαθότητος καί, παριδών μου τὰ άναρίθμητα πταίσματα, ἐπιστρέψη με πρὸς μετάνοιαν καί τῶν αὐτοῦ ἐντολῶν ἐογάτην δόκιμον ἀναδείξη με. Καὶ πάοεσό μοι ἀεὶ ὡς ἐλεήμων καὶ συμπαθής καὶ φιλάγαθος, ἐν μὲν τῷ παρόντι βίῳ θερμή προστάτις καὶ βοηθός, τάς τῶν έναντίων έφόδους αποτειχίζουσα καὶ πρὸς σωτηρίαν καθοδηγοῦσα με καὶ ἐν τῷ καιοῷ τῆς ἐξόδου μου τὴν ἀθλίαν μου ψυχὴν περιέπουσα καὶ τὰς σκοτεινὰς ὄψεις τῶν πονηοῶν δαιμόνων πόροω αὐτῆς ἀπελαύνουσα. Έν δὲ τῆ φοβερᾶ ἡμέρα τῆς κρίσεως, τῆς αἰωνίου με ὁυομένη κολάσεως, καί τῆς ἀπορρήτου δόξης τοῦ σοῦ Υίοῦ καὶ Θεοῦ ἡμῶν κληρονόμον με ἀποδεικνύουσα. Ἡς καὶ τύχοιμι, Δέσποινα μου, ὑπεραγία Θεοτόκε, διά τῆς σῆς μεσιτείας καὶ ἀντιλήψεως, χάριτι καὶ φιλανθοωπία τοῦ μονογενοῦς ΣουΥίοῦ, τοῦ Κυρίου καὶ Θεοῦ καὶ Σωτῆρος ἡμῶν Ἰησοῦ Χριστοῦ. Ὁι πρέπει πᾶσα δόξα, τιμὴ καὶ προσκύνησις, σὺν τῷ ἀνάρχω αὐτοῦ Πατρὶ

ready support of those who seek refuge in you, and the shelter of all the Christians: do not despise me, the wretched sinner who have defiled myself with shameful thoughts and words and deeds, and through negligence of thought have become slave to the pleasures of life. But as the Mother of our compassionate God, and a friend of man, have compassion on me the sinner and prodigal, and accept this prayer from my impure lips; and using your motherly standing, entreat your Son and our Master and Lord to open unto me the depths of his loving goodness and, overlooking my innumerable faults, to return me to repentance and make me a worthy servant of his commandments. Stand by me forever; in this life as a merciful and compassionate and good and lovingly warm protector and helper, by repulsing the assaults of the adversary and leading me toward salvation; and at the time of my death, by embracing my miserable soul and driving far away from it the dark faces of the evil demons; and at the awesome day of judgment by redeeming me from eternal hell, and proclaiming me an heir of the ineffable glory of your Son and our God. May I enjoy such fate, my Lady, most-holy Theotokos, through your intercession and protection; through the grace and love for mankind of your only begotten Son, our Lord and God and Savior Jesus Christ. To whom belong all glory, honor and worship, together with his beginningless Father, and the all holy and good and life giving Spirit, now and ever, and to the ages of ages. Amen. [HC]

καὶ τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ αὐτοῦ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

# Εὐχὴ εἰς τὸν Κύριον ἡμῶν Ἰησοῦν Χριστόν Ἀντιόχου Μοναχοῦ τοῦ Πανδέκτου

Καὶ δὸς ἡμῖν, Δέσποτα, πρὸς ὕπνον ἀπιοῦσιν, ἀνάπαυσιν σώματος καὶ ψυχῆς, καὶ διαφύλαξον ἡμᾶς ἀπό τοῦ ζοφεροῦ ύπνου τῆς ἁμαρτίας καὶ ἀπὸ πάσης σκοτεινῆς καὶ νυκτερινῆς ήδυπαθείας. Παῦσον τὰς ὁρμὰς τῶν παθῶν , σβέσον τὰ πεπυρωμένα βέλη τοῦ πονηροῦ τὰ καθ' ήμῶν δολίως κινούμενα. Τὰς τῆς σαρκὸς ήμῶν ἐπαναστάσεις κατάστειλον καὶ πᾶν γεῶδες καὶ ὑλικὸν ἡμῶν φοόνημα κοίμισον. Καὶ δώρησαι ἡμῖν, ὁ Θεός, γρήγορον νοῦν, σώφουα λογισμόν, καρδίαν νήφουσαν, ύπνον ἐλαφοόν καὶ πάσης σατανικῆς φαντασίας ἀπηλλαγμένον. Διανάστησον δὲ ἡμᾶς ἐν τῷ καιοῷ τῆς προσευχῆς ἐστηριγμένους ἐν ταῖς ἐντολαῖς σου καὶ τὴν μνήμην τῶν σῶν κριμάτων ἐν ἑαυτοῖς ἀπαράθραυστον ἔχοντας. Παννύχιον ἡμῖν τὴν σὴν δοξολογίαν χάρισαι εἰς τὸ ὑμνεῖν καὶ εὐλογεῖν καὶ δοξάζειν τὸ πάντιμον καὶ μεγαλοποεπές ὄνομα σου, τοῦ Πατοὸς καί τοῦ Υίοῦ καί τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Υπερένδοξε, ἀειπάρθενε, εὐλογημένη Θεοτόκε, προσάγαγε τὴν ἡμετέραν προσευχὴν τῷ Υίῷ σου καὶ Θεῷ ἡμῶν, καὶ αἴτησαι ἵνα σώση διὰ σοῦ τὰς ψυχὰς ἡμῶν.

Ἡ ἐλπίς μου ὁ Πατήο, καταφυγή μου ὁ Υίός, σκέπη μου τὸ Πνεῦμα τὸ ἄγιον, Τοιὰς ἁγία, δόξα σοι.

### **Prayer to our Lord Jesus Christ**

# by Antiochus, Monk of Pandektos

And grant to us, Master, as we depart for sleep, rest of body and soul, and preserve us from the gloomy slumber of sin, and from every dark and nocturnal pleasure. Arrest the drives of passion; extinguish the burning arrows of the Evil One which insidiously fly in our direction; suppress the rebellions of our flesh, and calm our every earthly and material thought. And grant to us, O God, alert mind, prudent thinking, sober heart, light sleep free of any satanic fantasy. Awaken us at the time of prayer rooted in your commandments and having unbroken within us the remembrance of your ordinances. Grant that we may sing your glory through the night by praising and blessing and glorifying your most honorable and majestic name, of the Father and of the Son and of the Holy Spirit, now and ever, and to the ages of ages. Amen. [HC]

Most glorious, ever virgin, blessed Theotokos, bring our prayer before your Son and our God, and entreat him, through you, to save our souls.

The Father is my hope, the Son is my refuge, the Holy Spirit is my shelter, Holy Trinity, glory to you. [HC]

Τὴν πᾶσαν ἐλπίδα μου, εἰς σὲ ἀνατίθημι, Μήτηο τοῦ Θεοῦ, φύλαξόν με ὑπὸ τὴν σκέπην σου.

Κατὰ τὴν πρώτην έβδομάδα τῶν Νηστειῶν [ἀπὸ τῆς Δευτέρας (Καθαρᾶς)] εὐθὺς ὁ Ίερεὺς ἀναγινώσκει, ἀπὸ τῆς Ώραίας Πύλης, τὸ τῆς ἡμέρας Εὐαγγέλιον [τῆς Παννυχίδος].

## Τὸ Εὐαγγέλιον

### ΙΕΡΕΥΣ

Καὶ ὑπέρ τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ ἀγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Σοφία. Όρθοί. Ἀκούσωμεν τοῦ ἁγίου Εὐαγγελίου.

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

Ἐκ τοῦ κατὰ Μᾶρκον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

Ποόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ια' 22 - 25 Mατθ., ζ' 7 - 8

Εἶπεν ὁ Κύριος ἔχετε πίστιν Θεοῦ. ἀμὴν γὰρ λέγω ὑμῖν ὅτι ὃς ἂν εἴπη τῷ ὁρει τούτῳ, ἄρθητι καὶ βλήθητι εἰς τὴν θάλασσαν, καὶ μὴ διακριθῆ ἐν τῆ καρδία αὐτοῦ, ἀλλὰ πιστεύση ὅτι ἃ λέγει γίνεται, ἔσται αὐτῷ ὃ ἐὰν εἴπη. διὰ τοῦτο λέγω ὑμῖν, πάντα ὅσα ἄν προσευχόμενοι αἰτεῖσθε, πιστεύετε ὅτι λαμβάνετε, καὶ ἔσται ὑμῖν. καὶ ὅταν στήκετε προσευχόμενοι, ἀφίετε εἴ τι ἔχετε κατά τινος, ἵνα καὶ ὁ πατὴρ ὑμῶν ὁ ἐν τοῖς οὐρανοῖς ἀφῆ ὑμῖν τὰ παραπτώματα ὑμῶν. Αἰτεῖτε, καὶ δοθήσεται ὑμῖν ζητεῖτε, καὶ εὑρήσετε κρούετε, καὶ ἀνοιγήσεται ὑμῖν.

O Mother of God, I have committed my every hope wholly unto you. Keep me under your shelter. [5D]

In the first week of Lent (starting on Clean Monday), the priest now reads the appointed Gospel reading from the Beautiful Gate.

## The Gospel

### **PRIEST**

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Wisdom. Arise. Let us hear the Holy Gospel.

Peace be with all.

(And with your spirit.)

The reading is from the Holy Gospel according to Mark.

Let us be attentive.

(Glory to You, O Lord, glory to You.)

11:22-26, Matt. 7:7-8

The Lord said, "Have faith in God. Truly, I say to you, whoever says to this mountain, 'Be taken up and cast into the sea,' and does not doubt in his heart, but believes that what he says will come to pass, it will be done for him. Therefore I tell you, whatever you ask in prayer, believe that you are receiving it, and it will be yours. And whenever you stand praying, forgive, if you have anything against anyone; so that your Father also who is in heaven may forgive you your trespasses. But if you do not forgive, neither will your Father who is in heaven forgive your trespasses. Ask, and it will be given you; seek, and you

πᾶς γὰο ὁ αἰτῶν λαμβάνει καὶ ὁ ζητῶν εὑρίσκει καὶ τῷ κρούοντι ἀνοιγήσεται.

(Δόξα σοι, Κύριε, δόξα σοι.)

### ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίῳ κλίνομεν.

(Σοί, Κύριε.)

Δέσποτα πολυέλεε, Κύριε Ἰησοῦ Χριστέ, ό Θεὸς ἡμῶν, πρεσβείαις τῆς παναχράντου Δεσποίνης ήμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων, ίκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου Προδρόμου καὶ Βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Αποστόλων, τῶν ἐν ἁγίοις Πατέρων ἡμῶν μεγάλων Ίεραρχῶν καὶ οἰκουμενικῶν Διδασκάλων, Βασιλείου τοῦ Μεγάλου, Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ Χουσοστόμου, Άθανασίου, Κυρίλλου καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν Άλεξανδοίας Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος, Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων Χαραλάμπους καὶ Ἐλευθερίου, τῆς άγίας ἐνδόξου Μεγαλομάρτυρος καὶ πανευφήμου Εὐφημίας τῶν άγίων ἐνδόξων Μαρτύρων Θέκλας, Βαρβάρας, Άναστασίας, Αἰκατεφίνης, Κυφιακῆς, Φωτεινῆς, Μαφίνης, Παρασκευῆς καὶ Εἰρήνης τῶν ὁσίων καὶ Θεοφόρων Πατέρων ήμῶν (τοῦ Άγίου τοῦ Ναοῦ) τῶν ἁγίων καὶ δικαίων Θεοπατόρων

will find; knock, and it will be opened to you. For every one who asks receives, and he who seeks finds, and to him who knocks it will be opened." [RSV]

(Glory to You, O Lord, glory to You.)

#### **PRIEST**

Peace be with all.

(And with your spirit.)

Let us bow our heads to the Lord.

(To You, O Lord.)

Most merciful Master, Lord Jesus Christ our God, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, and of all your Saints.

Ίωακεὶμ καὶ ἄννης, καὶ πάντων σου τῶν Άγίων.

Εὐπρόσδεκτον ποίησον τὴν δέησιν ἡμῶν δώρησαι ἡμῖν τὴν ἄφεσιν τῶν παραπτωμάτων ἡμῶν σκέπασον ἡμᾶς ἐν τῆ σκέπη τῶν πτερύγων σου ἀποδίωξον ἀφ' ἡμῶν πάντα ἐχθρὸν καὶ πολέμιον εἰρήνευσον ἡμῶν τὴν ζωήν Κύριε, ἐλέησον ἡμᾶς καὶ τὸν κόσμον σου, καὶ σῶσον τὰς ψυχὰς ἡμῶν, ὡς ἀγαθὸς καὶ φιλάνθρωπος.

(Άμήν.)

### ΑΝΑΓΝΩΣΤΗΣ

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Εὐλόγησον.

#### ΙΕΡΕΥΣ

Χοιστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς ποεσβείαις τῆς παναχοάντου καὶ παναμώμου ἁγίας αὐτοῦ Μητοός, (τοῦ Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ἰωακεὶμ καὶ ἄννης, καὶ πάντων τῶν Ἁγίων, ἐλεήσαι καὶ σώσαι ἡμᾶς, ὡς ἀγαθὸς καὶ φιλάνθοωπος.

Εὐξώμεθα ὑπὲο εἰρήνης τοῦ κόσμου.

(Κύριε, ἐλέησον.)

Υπερ τῶν εὐσεβῶν καὶ ὀρθοδόξων Χριστιανῶν.

Υπὲο τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

Υπέο τοῦ εὐσεβοῦς ἡμῶν ἔθνους.

Υπέο εὐοδώσεως καὶ ἐνισχύσεως τοῦ φιλοχρίστου στρατοῦ.

Υπες τῶν ἀπολειφθέντων πατέρων, καὶ ἀδελφῶν ἡμῶν.

Accept our prayer; grant us forgiveness of our transgressions; protect us under the shelter of your wings; drive away from us every enemy and adversary; grant peace to our life; Lord have mercy on us and on your world; and save our souls as a good and loving God.

(Amen.)

#### **READER**

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Father, bless!

#### **PRIEST**

May Christ our true God, through the intercessions of His all-pure and allimmaculate holy Mother, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Let us pray for the peace of the world.

(Lord, have mercy.)

For all pious and Orthodox Christians.

For our (episcopal rank) (name).

For our nation.

For the armed forces.

For our departed fathers and mothers, sisters and brothers.

Υπερ τῶν διακονούντων καὶ διακονησάντων ἡμῖν.

Υπέρ τῶν μισούντων καὶ ἀγαπώντων ήμᾶς.

Υπεο τῶν ἐντειλαμένων ἡμῖν τοῖς ἀναξίοις εὕχεσθαι ὑπὲο αὐτῶν.

Υπέο ἀναρούσεως τῶν αἰχμαλώτων.

Υπες τῶν ἐν θαλάσση καλῶς πλεόντων.

Υπὲο τῶν ἐν ἀσθενείαις κατακειμένων.

Εὐξώμεθα καὶ ὑπὲο εὐφορίας τῶν καρπῶν τῆς γῆς.

Καὶ ὑπὲς πάντων τῶν ποοαναπαυσαμένων πατέςων καὶ ἀδελφῶν ἡμῶν, τῶν ἐνθάδε εὐσεβῶς κειμένων, καὶ ἀπανταχοῦ Ὀςθοδόξων.

Εἴπωμεν καὶ ὑπὲο ἑαυτῶν, τὸ Κύοιε, ἐλέησον. Κύοιε, ἐλέησον. Κύοιε, ἐλέησον.

#### ΧΟΡΟΣ

# Ήχος β΄. Ότε ἐκ τοῦ ξύλου.

Πάντων προστατεύεις Άγαθή, τῶν καταφευγόντων ἐν πίστει, τῆ κραταιᾳ σου χειρί· ἄλλην γὰρ οὐκ ἔχομεν, άμαρτωλοὶ πρὸς Θεόν, ἐν κινδύνοις καὶ θλίψεσιν, ἀεὶ μεσιτείαν, οἱ κατακαμπτόμενοι, ὑπὸ πταισμάτων πολλῶν. Μῆτερ τοῦ Θεοῦ τοῦ Ύψίστου· ὅθεν σοι προσπίπτομεν ὁῦσαι, πάσης περιστάσεως τοὺς δούλους σου.

#### ΙΕΡΕΥΣ

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν, Κύριε Ἰησοῦ Χριστὲ ὁ Θεός, ἐλέησον καὶ σῶσον ἡμᾶς.

(Άμήν.)

For those who have mercy on us and serve us.

For those who hate us and those who love us.

For those who have asked us the unworthy to pray for them.

For the release of captives.

For those who are traveling.

For those who are ill.

Let us pray also for the abundance of the fruits of the earth.

And for all our family and friends who have fallen asleep before us, the Orthodox here and everywhere piously laid to sleep.

Let us also say for ourselves: Lord, have mercy. Lord, have mercy. Lord, have mercy.

### **CHOIR**

## **Mode 2.** *Joseph took You down.*

All those who for refuge flee with faith \* unto you, O good one, you shelter beneath your mighty hand. \* We your servants have no other intercessor like you \* always praying to God for us \* in dangers and sorrows, \* sinners that we are, bent down because of many misdeeds. \* Therefore, we fall prostrate before you. \* Rescue us from every affliction, \* since you are the Mother of the Most High God. [5D]

#### **PRIEST**

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)