Menaion Supplement December 2

Memory of Devout St. Porphyrios of Kafsokalyvia

LITURGY

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Antiphon I. Mode 2.

Verse 1: Bless the Lord, O my soul, and everything within me, bless His holy name. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: Bless the Lord, O my soul, and forget not all His rewards. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: The Lord prepared His throne in heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [COA]

Verse 2: Blessed is he whose help is the God of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Verse 3: The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III. Apolytikion.

Menaion Supplement - - - **Mode 1.** *As a citizen of the desert.*

That offspring of Evia and Elder of all of Greece, * the mystic of theology and genuine friend of Christ, * Porphyrios, was filled with gifts of grace * from childhood. So let us honor him. * He delivers those oppressed by demons, he cures the sick who shout with

faith and gratitude: * "Glory to Him who gave you His might; * glory to Him who sanctified you; * glory to Him who through you is working cures for all." [5D]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102. Psalm 145.

The Beatitudes. Mode 4.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

[RSV]

Canon for the Devout Man.

Ode iii. Mode 4. *Establish your servants.* Menaion Supplement - - -

Blessed are the merciful, for they shall obtain mercy. [RSV]

By curing diseases and foretelling * the future, O venerable Saint, * and exorcising demons from * their victims by your holy prayers, * you evidenced the grace of God, * being a temple of the Paraclete.

Blessed are the pure in heart, for they shall see God. [RSV]

O thrice-blessed father, in the river * of prayers that you pour out to the Lord, * we ask that you will wash away * the sins of those who govern us, * and thus restore tranquility * unto our weary society.

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

O father, you evidenced the patience * of Job in the suffering and pain * of your various illnesses. * And while you healed your fellow man, * you never sought the remedy * of your own ailments, all-blessed Saint.

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Theotokion.

The Savior and helper of the whole world, * assuming His human flesh in you, * O Virgin, from your most pure blood, * O Maiden all-immaculate, * redeemed the world, proclaiming you * the queen of heaven, O Lady pure.

Canon for the Devout Man.

Menaion Supplement - - -

Ode vi. Mode 4. O godly-minded believers.

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

With all your soul you sincerely loved * the Savior of the world; and enabled by His grace you ministered * to Him, O father Porphyrios, * as priest in all humility and simplicity. [5D]

Rejoice and be glad, for your reward is great in heaven. [RSV]

Beholding secrets, O holy one, * by means of second sight and prognostication that you had by grace, * you would foretell what was suitable, * confirming all who came to you in their faith in Christ.

Glory.

* unceasingly that all we who love you, O
Porphyrios, be saved. * And keep the Convent
you founded safe, * O father, from the traps of
the one who wars with us. [50]

Both now. Theotokion.

Behold, O Lady, your servants now * are sighing in their pain and their suffering, and therefore we entreat: * From pain and troubles deliver us, * O pure one, by the prayers of our St. Porphyrios. [5D]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Hymns After the Small Entrance. Apolytikion.

Menaion Supplement - -

Mode 1. As a citizen of the desert.

That offspring of Evia and Elder of all of Greece, * the mystic of theology and genuine friend of Christ, * Porphyrios, was filled with gifts of grace * from childhood. So let us honor him. * He delivers those oppressed by demons, he cures the sick who shout with faith and gratitude: * "Glory to Him who gave you His might; * glory to Him who sanctified you; * glory to Him who through you is working cures for all."

Apolytikion of the Parish Church

(The text of the Apolytikion of the local church goes here.)

From Menaion - - -

Kontakion.

Mode 3. Automelon.

On this day the Virgin Maid * goes to the grotto to give birth * to the pre-eternal Word * in an ineffable manner. * Dance for joy, all the inhabited earth, on hearing. * Glorify along with Angels and with the shepherds * Him who willed that He appear as * a newborn Child, * the pre-eternal God. [5D]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Devout Man.

Prokeimenon. Grave Mode. Psalm 115.

Precious in the sight of the Lord is the death of His holy one. [SAAS]

Verse: What shall I give back to the Lord for all He rendered to me? [SAAS]

Heb. 13:17-21

Brethren, obey your leaders and submit to them; for they are keeping watch over your souls, as men who will have to give account. Let them do this joyfully, and not sadly, for that would be of no advantage to you. Pray for us, for we are sure that we have a clear conscience, desiring to act honorably in all things. I urge you the more earnestly to do this in order that I may be restored to you the sooner. Now may the God of peace who brought again from the dead our Lord Jesus, the great Shepherd of the sheep, by the blood of the eternal covenant, equip you with everything good that you may do His will, working in you that which is pleasing in His sight, through Jesus Christ; to whom be glory for ever and ever. Amen. [RSV]

Alleluia. Mode 1. Psalm 131.

Alleluia. Alleluia. Alleluia.

Verse 1: O Lord, Your priests shall clothe themselves in righteousness. [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: For the Lord has chosen Zion. [SAAS] Alleluia. Alleluia.

The Gospel

For the Devout Man.

Lk. 6:17-23

At that time, Jesus stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea and Jerusalem and the seacoast of Tyre and Sidon, who came to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. And all the crowd sought to touch him, for power came forth from him and healed them all. And he lifted up his eyes on His disciples, and said: "Blessed are you poor, for yours is the Kingdom of God. Blessed are you that hunger now, for you shall be satisfied. Blessed are you that weep now, for you shall laugh. Blessed are you when men hate you, and when they exclude you and revile you, and cast out your name as evil, on account of the Son of man! Rejoice in that day, and leap for joy, for behold, your reward is great in heaven." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos.

Communion Hymn. Psalm 111/112.

The righteous will be remembered for ever. Alleluia. [RSV]

Hymn after Holy Communion. Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and allimmaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and our devout and God-bearing father Porphyrios of Kafsokalyvia, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fish: fish, oil and wine are allowed. Refrain from meat, dairy and eggs.

It is the Christmas fast.