

Συμπλήρωμα Μηναίου
ΤΗΙ Ζ' ΣΕΠΤΕΜΒΡΙΟΥ

ΛΕΙΤΟΥΡΓΙΑ

Ἀντίφωνον Α'. Ἦχος β'.

Στίχ. α'. Εὐλόγει, ἡ ψυχὴ μου, τὸν
Κύριον, καὶ πάντα τὰ ἐντός μου τὸ ὄνομα τὸ
ἅγιον αὐτοῦ.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Στίχ. β'. Εὐλόγει, ἡ ψυχὴ μου, τὸν
Κύριον, καὶ μὴ ἐπιλανθάνου πάσας τὰς
ἀνταποδόσεις αὐτοῦ.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Στίχ. γ'. Κύριος ἐν τῷ οὐρανῷ ἡτοίμασε
τὸν θρόνον αὐτοῦ, καὶ ἡ Βασιλεία αὐτοῦ
πάντων δεσπόζει.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Menaion Supplement
September 7

Devout St. Kassiane the Hymnographer

LITURGY

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Antiphon I. Mode 2.

Verse 1: Bless the Lord, O my soul, and
everything within me, bless His holy name. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 2: Bless the Lord, O my soul, and
forget not all His rewards. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Verse 3: The Lord prepared His throne in
heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy
Spirit.

Both now and ever and to the ages of ages.
Amen.

Through the intercessions of the
Theotokos, Savior, save us.

Ἀντίφωνον Β'. Ἦχος β'.

Στίχ. α'. Αἶνει, ἡ ψυχὴ μου, τὸν Κύριον·
αἰνέσω Κύριον ἐν τῇ ζωῇ μου· ψαλῶ τῷ Θεῷ
μου ἕως ὑπάρχω.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις
θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Στίχ. β'. Μακάριος οὗ ὁ Θεὸς Ἰακώβ
βοηθὸς αὐτοῦ, ἡ ἐλπίς αὐτοῦ ἐπὶ Κύριον τὸν
Θεὸν αὐτοῦ.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις
θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Στίχ. γ'. Βασιλεύσει Κύριος εἰς τὸν
αἰῶνα, ὁ Θεός σου, Σιών, εἰς γενεὰν καὶ
γενεάν.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις
θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ὁ Μονογενὴς Υἱὸς καὶ Λόγος τοῦ Θεοῦ,
ἀθάνατος ὑπάρχων καὶ καταδεξάμενος διὰ
τὴν ἡμετέραν σωτηρίαν σαρκωθῆναι ἐκ τῆς
ἁγίας Θεοτόκου καὶ ἀειπαρθένου Μαρίας,
ἀτρέπτως ἐνανθρωπήσας, σταυρωθεὶς τε,
Χριστὲ ὁ Θεός, θανάτῳ θάνατον πατήσας,
εἰς ὧν τῆς Ἁγίας Τριάδος, συνδοξαζόμενος
τῷ Πατρὶ καὶ τῷ Ἁγίῳ Πνεύματι, σῶσον
ἡμᾶς.

Antiphon II. Mode 2.

Verse 1: Praise the Lord, O my soul! I shall
praise the Lord while I live; I shall sing to my God
as long as I exist. [SAAS]

Save us, O Son of God, Who are
wondrous in Your saints. We sing to You,
Alleluia. [GOA]

Verse 2: Blessed is he whose help is the God
of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, Who are
wondrous in Your saints. We sing to You,
Alleluia.

Verse 3: The Lord shall reign forever; your
God, O Zion, to all generations. [SAAS]

Save us, O Son of God, Who are
wondrous in Your saints. We sing to You,
Alleluia.

Glory to the Father and the Son and the Holy
Spirit.

Both now and ever and to the ages of ages.
Amen.

Only begotten Son and Logos of God,
being immortal, You condescended for
our salvation to take flesh from the holy
Theotokos and ever-virgin Mary and, without
change, became man. Christ, our God, You
were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Ἀντίφωνον Γ'.

Ἀπολυτίκιον.

Συμπλήρωμα Μηναίου ---

Ἦχος πλ. α'. *Τὸν συνάναρχον Λόγον.*

Βασιλέως γηγῆνου τὸν πόθον ἔρωτος,
ὑπεριδοῦσαν ἐμφρόνως, Κασσιανὴν
εὐκλεῆ, δι' ἀγάπην τοῦ Παντάνακτος
ὑμνήσωμεν, ὡς ἀρετῆς ὑπογραμμόν, καὶ
ποιήτριαν σεπτὴν, ἁσμάτων ἀναβοῶντες·
τῆς Βασιλείας εὐχαῖς σου, Θεοῦ ἡμᾶς
μετόχους ποιήσων.

Εἰσοδικόν. Ἦχος β'.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ
Θεοῦ, ὁ ἐν ἀγίοις θαυμαστός, ψάλλοντάς
σοι, Ἀλληλουῖα.

**Ὕμνοι μετὰ τὴν Μικρὰν Εἴσοδον
Ἀπολυτίκιον. Προεόρτιον.**

Τοῦ Μηναίου ---

Ἦχος δ'. *Κατεπλάγη Ἰωσήφ.*

Ἐκ τῆς ῥίζης Ἰεσσαί, καὶ ἐξ ὀσφύος
τοῦ Δαυῖδ, ἡ θεόπαις Μαριάμ, τίκτεται
σήμερον ἡμῖν· διὸ καὶ χαίρει ἡ σύμπασα
καὶ καινουργεῖται, συγχαίρει τε ὁμοῦ,
ὁ οὐρανὸς καὶ ἡ γῆ, Αἰνέσατε αὐτὴν αἱ
πατριαὶ τῶν ἐθνῶν, Ἰωακείμ εὐφραίνεται,
καὶ Ἄννα πανηγυρίζει κραυγάζουσα· Ἡ
στεῖρα τίκτει, τὴν Θεοτόκον, καὶ τροφὸν τῆς
ζωῆς ἡμῶν.

Τῆς Ἁγίας.

Συμπλήρωμα Μηναίου ---

Ἦχος πλ. α'. *Τὸν συνάναρχον Λόγον.*

Βασιλέως γηγῆνου τὸν πόθον ἔρωτος,
ὑπεριδοῦσαν ἐμφρόνως, Κασσιανὴν
εὐκλεῆ, δι' ἀγάπην τοῦ Παντάνακτος
ὑμνήσωμεν, ὡς ἀρετῆς ὑπογραμμόν, καὶ
ποιήτριαν σεπτὴν, ἁσμάτων ἀναβοῶντες·

Antiphon III.

Apolytikion.

Menaion Supplement ---

Mode pl. 1. *Let us worship the Word.*

You were wise to refuse the proposal of
the king, * for your heart was aflame with the
love of the Lord * And we, the faithful, now
in song * extol your virtue and your skill, *
for God inspired you to write * sacred poems
for the Church, * Kassiane, most exalted. *
And we ask you to petition that we * be made
worthy of the kingdom of God. [VPA]

Entrance Hymn. Mode 2.

Come, let us worship and bow down
before Christ. Save us, O Son of God, Who
are wondrous in Your saints. We sing to You,
Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion. For the Forefeast.**

From Menaion ---

Mode 4. *Joseph marveled.*

Unto us is born today Mary the child of
God, * as the branch from Jesse's root, and as
the fruit of David's loins, * and all creation
is re-created and deified. * O heaven and
the earth, rejoice in unison. * Sing praises
unto her, O all you Gentile clans. * Joachim
is exultant, and Anna is keeping festival,
crying out: * "The barren woman bears the
Theotokos, * the nourisher of our Life." [SD]

For the Holy Woman.

Menaion Supplement ---

Mode pl. 1. *Let us worship the Word.*

You were wise to refuse the proposal of
the king, * for your heart was aflame with the
love of the Lord * And we, the faithful, now
in song * extol your virtue and your skill, *
for God inspired you to write * sacred poems

τῆς Βασιλείας εὐχαῖς σου, Θεοῦ ἡμᾶς
μετόχους ποιήσον.

Τοῦ Ναοῦ.

(Τὸ Ἀπολυτίκιον τοῦ Ναοῦ.)

Τοῦ Μηναίου ---

Κοντάκιον.

Ἦχος γ΄. Ἡ Παρθένος σήμερον.

Ἡ Παρθένος σήμερον, καὶ Θεοτόκος
Μαρία, ἡ παστὰς ἡ ἄλυστος, τοῦ οὐρανοῦ
Νυμφίου, τίκεται, ἀπὸ τῆς στεῖρας
θεοβουλήτως, ὄχημα, τοῦ Θεοῦ Λόγου
εὐτρεπισθῆναι· εἰς τοῦτο γὰρ καὶ
προωρίσθη, ἡ θεία πύλη, καὶ Μήτηρ τῆς
ὄντως ζωῆς.

Ο ΤΡΙΣΑΓΙΟΣ ΥΜΝΟΣ

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ΄)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ὁ Απόστολος

Τῆς Ἁγίας.

Προκείμενον. Ἦχος δ΄. Ψαλμὸς 67.

Θαυμαστὸς ὁ Θεὸς ἐν τοῖς ἁγίοις αὐτοῦ.

Στίχ. Ἐν ἐκκλησίαις εὐλογεῖτε τὸν Θεόν.

Γα 3:23-29; 4:1-5

Ἀδελφοί, πρὸ τοῦ ἐλθεῖν τὴν πίστιν ὑπὸ
νόμον ἐφρουρούμεθα συγκεκλεισμένοι εἰς
τὴν μέλλουσαν πίστιν ἀποκαλυφθῆναι.
Ὅστε ὁ νόμος παιδαγωγὸς ἡμῶν γέγονεν
εἰς Χριστόν, ἵνα ἐκ πίστεως δικαιωθῶμεν·
ἐλθούσης δὲ τῆς πίστεως οὐκ ἔτι ὑπὸ

for the Church, * Kassiane, most exalted. *
And we ask you to petition that we * be made
worthy of the kingdom of God. [VPA]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local
church goes here.)

From Menaion ---

Kontakion.

Mode 3. (not metered)

Today the Virgin and Mother of God,
Mary, the untouched bridal chamber of the
heavenly Bridegroom is being brought to
birth from barren womb by God's counsel, to
be made ready as the chariot of the Word of
God; for to this she was predestined, the gate
of God and Mother of true life. [EL]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3) [GOA]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Holy Woman.

Prokeimenon. Mode 4. Psalm 67.

God is wondrous in His saints. [SAAS]

Verse: Bless God in the churches. [SAAS]

Gal. 3:23-29; 4:1-5

Brethren, before faith came, we were
confined under the law, kept under restraint
until faith should be revealed. So that the law
was our custodian until Christ came, that we
might be justified by faith. But now that faith
has come, we are no longer under a custodian;

παιδαγωγόν ἔσμεν. Πάντες γὰρ υἱοὶ Θεοῦ ἔστε διὰ τῆς πίστεως ἐν Χριστῷ Ἰησοῦ. Ὅσοι γὰρ εἰς Χριστὸν ἐβαπτίσθητε, Χριστὸν ἐνεδύσασθε· οὐκ ἔνι Ἰουδαῖος οὐδὲ Ἕλλην, οὐκ ἔνι δούλος οὐδὲ ἐλεύθερος, οὐκ ἔνι ἄρσεν καὶ θῆλυ· πάντες γὰρ ὑμεῖς εἰς ἓστε ἐν Χριστῷ Ἰησοῦ. Εἰ δὲ ὑμεῖς Χριστοῦ, ἄρα τοῦ Ἀβραὰμ σπέρμα ἐστέ, καὶ κατ' ἐπαγγελίαν κληρονόμοι. Λέγω δέ, ἐφ' ὅσον χρόνον ὁ κληρονόμος νήπιός ἐστιν, οὐδὲν διαφέρει δούλου, κύριος πάντων ὢν, ἀλλὰ ὑπὸ ἐπιτρόπους ἐστὶ καὶ οἰκονόμους ἄχρι τῆς προθεσμίας τοῦ πατρὸς. Οὕτω καὶ ἡμεῖς, ὅτε ἦμεν νήπιοι, ὑπὸ τὰ στοιχεῖα τοῦ κόσμου ἦμεν δεδουλωμένοι· ὅτε δὲ ἦλθεν τὸ πλήρωμα τοῦ χρόνου, ἐξαπέστειλεν ὁ Θεὸς τὸν υἱὸν αὐτοῦ, γενόμενον ἐκ γυναικός, γενόμενον ὑπὸ νόμον, ἵνα τοὺς ὑπὸ νόμον ἐξαγοράσῃ, ἵνα τὴν υἰοθεσίαν ἀπολάβωμεν.

Ἀλληλούϊα. Ἦχος πλ. α'. Ψαλμὸς 88.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

Στίχ. α'. Τὰ ἐλέη σου, Κύριε, εἰς τὸν αἰῶνα ἄσομαι.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

Στίχ. β'. Ὅτι εἶπας· Εἰς τὸν αἰῶνα ἔλεος οἰκοδομηθήσεται.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

Τὸ Εὐαγγέλιον

Σάββατον πρὸ τῆς Ὑψώσεως.

Ματ 10:37-42, 11:1

Εἶπεν ὁ Κύριος· Ὁ φιλῶν πατέρα ἢ μητέρα ὑπὲρ ἐμὲ οὐκ ἔστι μου ἄξιος· καὶ ὁ φιλῶν υἱὸν ἢ θυγατέρα ὑπὲρ ἐμὲ οὐκ ἔστι μου ἄξιος· καὶ ὁς οὐ λαμβάνει τὸν σταυρὸν αὐτοῦ καὶ ἀκολουθεῖ ὀπίσω μου, οὐκ ἔστι μου ἄξιος. ὁ εὕρων τὴν ψυχὴν

for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise. I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth his Son, born of a woman, born under the law, to redeem those who were under the law, so that we might receive adoption as sons. [RSV]

Alleluia. Mode pl. 1. Psalm 88.

Alleluia. Alleluia. Alleluia.

Verse 1: O Lord, I will sing of Your mercies forever. [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: For You said, "Mercy shall be built up forever." [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Saturday Before the Elevation of the Cross

Mt. 10:37-42, 11:1

The Lord said, "He who loves father or mother more than me is not worthy of me; and he who loves son or daughter more than me is not worthy of me; and he who does not take his cross and follow me is not worthy of me. He who finds his life will lose it, and

αὐτοῦ ἀπολέσει αὐτήν, καὶ ὁ ἀπολέσας τὴν
ψυχὴν αὐτοῦ ἕνεκεν ἐμοῦ εὕρήσει αὐτήν.
Ὁ δεχόμενος ὑμᾶς ἐμὲ δέχεται, καὶ ὁ ἐμὲ
δεχόμενος δέχεται τὸν ἀποστείλαντά με. ὁ
δεχόμενος προφήτην εἰς ὄνομα προφήτου
μισθὸν προφήτου λήψεται, καὶ ὁ δεχόμενος
δίκαιον εἰς ὄνομα δικαίου μισθὸν δικαίου
λήψεται. καὶ ὅς ἐάν ποτίσῃ ἓνα τῶν μικρῶν
τούτων ποτήριον ψυχροῦ μόνον εἰς ὄνομα
μαθητοῦ, ἀμὴν λέγω ὑμῖν, οὐ μὴ ἀπολέσῃ
τὸν μισθὸν αὐτοῦ. Καὶ ἐγένετο ὅτε ἐτέλεσεν
ὁ Ἰησοῦς διατάσσων τοῖς δώδεκα μαθηταῖς
αὐτοῦ μετέβη ἐκεῖθεν τοῦ διδάσκειν καὶ
κηρύσσειν ἐν ταῖς πόλεσιν αὐτῶν.

Ὑμνος εἰς τὴν Θεοτόκον.

Ἄξιόν ἐστιν ὡς ἀληθῶς μακαρίζειν
σε τὴν Θεοτόκον, τὴν ἀειμακάριστον
καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ
ἡμῶν. Τὴν τιμιωτέραν τῶν Χερουβείμ καὶ
ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφεὶμ,
τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν
ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Κοινωνικόν. Ψαλμὸς 111.

Εἰς μνημόσυνον αἰώνιον ἔσται δίκαιος.
Ἀλληλουῖα.

Ὑμνος μετὰ τὴν Θ. Κοινωνίαν. Ἦχος β'.

Εἶδομεν τὸ φῶς τὸ ἀληθινόν, ἐλάβομεν
Πνεῦμα ἐπουράνιον, εὕρομεν πίστιν ἀληθῆ,
ἀδιαίρετον Τριάδα προσκυνοῦντες· αὕτη
γὰρ ἡμᾶς ἔσωσεν.

ΑΠΟΛΥΣΙΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,
ταῖς πρεσβείαις τῆς παναχράντου

he who loses his life for my sake will find
it. He who receives you receives me, and he
who receives me receives him who sent me.
He who receives a prophet because he is a
prophet shall receive a prophet's reward, and
he who receives a righteous man because he
is a righteous man shall receive a righteous
man's reward. And whoever gives to one
of these little ones even a cup of cold water
because he is a disciple, truly, I say to you, he
shall not lose his reward." And when Jesus
had finished instructing his twelve disciples,
he went on from there to teach and preach in
their cities. [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos,
ever blessed, most pure, and Mother of our
God. More honorable than the Cherubim,
and beyond compare more glorious than the
Seraphim, without corruption you gave birth
to God the Logos. We magnify you, the true
Theotokos. [GOA]

Communion Hymn. Psalm 111/112.

The righteous will be remembered for
ever. Alleluia. [RSV]

Hymn after Holy Communion. Mode 2.

We have seen the true light; we have
received the heavenly Spirit; we have found
the true faith, worshipping the undivided
Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through
the intercessions of His all-pure and all-

καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,
προστασίαις τῶν τιμίων ἐπουρανίων
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου,
ἐνδόξου, προφήτου, Προδρόμου καὶ
βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων
καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν
όσιων καὶ θεοφόρων Πατέρων ἡμῶν· **(τοῦ**
Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων
Θεοπατόρων Ἰωακείμ καὶ Ἄννης, τῆς Ὁσίας
Κασσιανῆς τῆς Ὑμνογράφου, ἧς καὶ τὴν
μνήμην ἐπιτελοῦμεν, καὶ πάντων τῶν
Ἁγίων, ἐλεῆσαι καὶ σῶσαι ἡμᾶς, ὡς ἀγαθὸς
καὶ φιλόανθρωπος.

Κανόνας Νηστείας

Κατάλυσις εἰς πάντα.

immaculate holy Mother, the power of the
precious and life-giving Cross, the protection
of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, our
devout mother Kassiane the hymnographer,
whose memory we observe, and of all the
saints, have mercy on us and save us, for He is
good and loves mankind.

Fasting Rule

Fast Free: All foods allowed.