

**ΩΡΑ Γ'.**

**ΙΕΡΕΥΣ**

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν  
καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

**ΑΝΑΓΝΩΣΤΗΣ**

Ἀμήν.

**ΙΕΡΕΥΣ**

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

Βασιλεῦ οὐράνιε, Παράκλητε, τὸ  
Πνεῦμα τῆς ἀληθείας, ὁ πανταχοῦ παρὼν  
καὶ τὰ πάντα πληρῶν, ὁ θησαυρὸς τῶν  
ἀγαθῶν καὶ ζωῆς χορηγός, ἐλθὲ καὶ  
σκηνώσον ἐν ἡμῖν καὶ καθάρισον ἡμᾶς  
ἀπὸ πάσης κηλίδος καὶ σῶσον, Ἀγαθέ, τὰς  
ψυχὰς ἡμῶν.

**ΑΝΑΓΝΩΣΤΗΣ**

**Τρισάγιον.**

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος  
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε,  
ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα,  
συγχώρησον τὰς ἀνομίας ἡμῖν. Ἄγιε,  
ἐπίσκεψαι καὶ ἰάσαι τὰς ἀσθενεῖας ἡμῶν,  
ἐνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,  
ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς,  
ἀγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ  
βασιλεία σου. Γενηθήτω τὸ θέλημά σου,

**THIRD HOUR**

**PRIEST**

Blessed is our God always, now and ever,  
and to the ages of ages.

**READER**

Amen.

**PRIEST**

Glory to You, our God. Glory to You.

Heavenly King, Comforter, Spirit of  
Truth, present in all places and filling all  
things, treasury of good things and giver of  
life: come; take Your abode in us; cleanse us of  
every stain, and save our souls, O Good one.

[HC]

**READER**

**Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal,  
have mercy on us. (3)

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

All-holy Trinity, have mercy on us.  
Lord, forgive our sins. Master, pardon our  
transgressions. Holy One, visit and heal our  
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.  
Lord, have mercy.

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Our Father, who art in heaven, hallowed  
be Thy name. Thy kingdom come, Thy will  
be done, on earth as it is in heaven. Give us

ὥς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον  
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ  
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὥς καὶ  
ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ  
εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι  
ἡμᾶς ἀπὸ τοῦ πονηροῦ.

### ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις  
καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ  
Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς  
αἰῶνας τῶν αἰώνων. (Ἀμήν.)

### ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Κύριε, ἐλέησον. (ιβ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν Χριστῷ τῷ Βασιλεῖ ἡμῶν  
Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ  
Θεῷ ἡμῶν.

### Ψαλμὸς ΙϚ' (16).

Εἰσάκουσον, Κύριε, τῆς δικαιοσύνης  
μου, πρόσχες τῇ δεήσει μου, ἐνώτισαι τὴν  
προσευχὴν μου οὐκ ἐν χεῖλεσι δολίοις.  
Ἐκ προσώπου σου τὸ κριμὰ μου ἐξέλθοι,  
οἱ ὀφθαλμοί μου ιδέτωσαν εὐθύτητας.  
Ἐδοκίμασας τὴν καρδίαν μου, ἐπεσκέψω  
νυκτός· ἐπύρωςάς με, καὶ οὐχ εὗρέθη  
ἐν ἐμοὶ ἀδικία. Ὅπως ἂν μὴ λαλήσῃ  
τὸ στόμα μου τὰ ἔργα τῶν ἀνθρώπων,  
διὰ τοὺς λόγους τῶν χειλέων σου ἐγὼ

this day our daily bread; and forgive us our  
trespasses, as we forgive those who trespass  
against us. And lead us not into temptation,  
but deliver us from evil. [GOA]

### PRIEST

For Thine is the Kingdom and the power  
and the glory, of the Father and of the Son  
and of the Holy Spirit, now and forever and to  
the ages of ages. (Amen.)

### READER

Amen.

Lord, have mercy. (12)

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Come, let us worship and bow down  
before God our King.

Come, let us worship and bow down  
before Christ God our King.

Come, let us worship and bow down  
before Him, Christ our King and God.

### Psalms 16 (17).

Listen, O Lord of my righteousness;  
attend to my supplication; give ear to my  
prayer that is not with deceitful lips. From  
Your face let my judgment come; let my eyes  
behold uprightness. You tested my heart,  
when You visited me in the night; You tried  
me in the fire, and found nothing unjust in  
me. That my mouth might not speak of the  
works of men, I held to hard ways because  
of the words of Your lips. Restore my steps

ἐφύλαξα ὁδοὺς σκληράς. Κατάρτισαι τὰ διαβήματά μου ἐν ταῖς τρίβοις σου, ἵνα μὴ σαλευθῶσι τὰ διαβήματά μου. Ἐγὼ ἐκέκραξα, ὅτι ἐπήκουσάς μου, ὁ Θεός· κλῖνον τὸ οὖς σου ἐμοὶ καὶ εἰσάκουσον τῶν ῥημάτων μου. Θαυμάστωσον τὰ ἐλέη σου, ὁ σῶζων τοὺς ἐλπίζοντας ἐπὶ σὲ ἐκ τῶν ἀνθεστηκότων τῇ δεξιᾷ σου. Φύλαξόν με ὡς κόρην ὀφθαλμοῦ· ἐν σκέπη τῶν πτερυγῶν σου σκεπάσεις με ἀπὸ προσώπου ἀσεβῶν τῶν ταλαιπωρησάντων με. Οἱ ἐχθροί μου τὴν ψυχὴν μου περιέσχον· τὸ στέαρ αὐτῶν συνέκλεισαν, τὸ στόμα αὐτῶν ἐλάλησεν ὑπερηφανίαν. Ἐκβαλόντες με νυνὶ περιεκύκλωσάν με, τοὺς ὀφθαλμοὺς αὐτῶν ἔθεντο ἐκκλίνειν ἐν τῇ γῇ. Ὑπέλαβόν με ὡσεὶ λέων ἔτοιμος εἰς θήραν καὶ ὡσεὶ σκύμνος οἰκῶν ἐν ἀποκρύφοις. Ἀνάστηθι, Κύριε, πρόφθασον αὐτοὺς καὶ ὑποσκέλισον αὐτούς, ῥῦσαι τὴν ψυχὴν μου ἀπὸ ἀσεβοῦς, ῥομφαίαν σου ἀπὸ ἐχθρῶν τῆς χειρός σου. Κύριε, ἀπὸ ὀλίγων ἀπὸ γῆς διαμέρισον αὐτοὺς ἐν τῇ ζωῇ αὐτῶν, καὶ τῶν κεκρυμμένων σου ἐπλήσθη ἡ γαστήρ αὐτῶν, ἐχορτάσθησαν υἱῶν\*, καὶ ἀφῆκαν τὰ κατάλοιπα τοῖς νηπίοις αὐτῶν. Ἐγὼ δὲ ἐν δικαιοσύνῃ ὀφθήσομαι τῷ προσώπῳ σου, χορτασθήσομαι ἐν τῷ ὀφθῆναί μοι τὴν δόξαν σου.

#### Ψαλμὸς ΚΔ' (24).

Πρὸς σέ, Κύριε, ἤρα τὴν ψυχὴν μου, ὁ Θεός μου, ἐπὶ σοὶ πέποιθα, μὴ καταισχυνθεῖν εἰς τὸν αἰῶνα. Μηδὲ καταγελασάτωσάν με οἱ ἐχθροί μου· καὶ γὰρ πάντες οἱ ὑπομένοντές σε, οὐ μὴ καταισχυνθῶσιν. Αἰσχυνθήτωσαν οἱ ἀνομοῦντες διακενῆς. Τὰς ὁδοὺς σου, Κύριε, γνῶρισόν μοι, καὶ τὰς τρίβους σου δίδαξόν

in Your paths, that my footsteps may not slip. I cried out, because You listened to me, O God; incline Your ear to me, and hear my words. Magnify Your mercies, O You who save those who hope in You from those who rise up against Your right hand. Keep me as the apple of Your eye; in the shelter of Your wings, You will shelter me from the face of the ungodly who trouble me. My enemies surrounded my soul; their fat enclosed them; their mouth spoke arrogantly. Casting me out, they now surround me; they set their eyes to bend down to the earth. They seized me like a lion ready to tear its prey, like a young lion lurking in secret places. Arise, O Lord, outrun them and trip up their heels; rescue my soul from the ungodly, and Your sword from the enemies of Your hand. O Lord, destroy them from the earth; scatter them in their life. Their belly is filled with Your hidden things; they are satisfied with their sons, and they leave their possessions to their children. As for me, in righteousness I shall behold Your face; I shall be satisfied when Your glory is revealed.

[SAAS]

#### Psalm 24 (25).

To You, O Lord, I lift up my soul, O my God. I trust in You; let me not be ashamed; let not my enemies laugh at me. For all who wait upon You shall not be ashamed; let those be ashamed who act lawlessly in vain. Make known Your ways to me, O Lord, and teach me Your paths. Lead me in Your truth and teach me, for You are the God of my salvation,

με. Ὁδήγησόν με ἐπὶ τὴν ἀλήθειάν σου, καὶ δίδαξόν με, ὅτι σὺ εἶ ὁ Θεὸς ὁ Σωτὴρ μου, καὶ σὲ ὑπέμεινα ὅλην τὴν ἡμέραν. Μνήσθητι τῶν οἰκτιρμῶν σου, Κύριε, καὶ τὰ ἐλέη σου, ὅτι ἀπὸ τοῦ αἰῶνός εἰσιν. Ἀμαρτίας νεότητός μου καὶ ἀγνοίας μου μὴ μνησθῇς. Κατὰ τὸ ἔλεός σου μνήσθητί μου σύ, ἕνεκεν τῆς χρηστότητός σου, Κύριε, Χρηστὸς καὶ εὐθύς ὁ Κύριος, διὰ τοῦτο νομοθετήσει ἀμαρτάνοντας ἐν ὁδῷ. Ὁδηγήσει πραεῖς ἐν κρίσει, διδάξει πραεῖς ὁδοὺς αὐτοῦ. Πᾶσαι αἱ ὁδοὶ Κυρίου ἔλεος, καὶ ἀλήθεια τοῖς ἐκζητοῦσι τὴν διαθήκην αὐτοῦ, καὶ τὰ μαρτύρια αὐτοῦ. Ἐνεκεν τοῦ ὀνόματός σου, Κύριε, καὶ ἰλάσθητι τῇ ἀμαρτία μου· πολλὴ γὰρ ἐστὶ. Τίς ἐστὶν ἄνθρωπος ὁ φοβούμενος τὸν Κύριον; νομοθετήσει αὐτῷ ἐν ὁδῷ ἣ ἡρετίσατο. Ἡ ψυχὴ αὐτοῦ ἐν ἀγαθοῖς ἀνλίσθησεται, καὶ τὸ σπέρμα αὐτοῦ κληρονομήσει γῆν, Κραταίωμα Κύριος τῶν φοβουμένων αὐτόν, καὶ ἡ διαθήκη αὐτοῦ δηλώσει αὐτοῖς. Οἱ ὀφθαλμοί μου διὰ παντός πρὸς τὸν Κύριον, ὅτι αὐτὸς ἐκσπάσει ἐκ παγίδος τοὺς πόδας μου. Ἐπίβλεψον ἐπ' ἐμέ, καὶ ἐλέησόν με, ὅτι μονογενὴς καὶ πτωχός εἰμι ἐγώ. Αἱ θλίψεις τῆς καρδίας μου ἐπληθύνθησαν, ἐκ τῶν ἀναγκῶν μου ἐξάγαγέ με. Ἴδε τὴν ταπείνωσίν μου, καὶ τὸν κόπον μου, καὶ ἄφες πάσας τὰς ἀμαρτίας μου. Ἴδε τοὺς ἐχθρούς μου, ὅτι ἐπληθύνθησαν, καὶ μῖσος ἄδικον ἐμίσησάν με. Φύλαξον τὴν ψυχὴν μου, καὶ ῥῦσαί με, μὴ καταισχυρθεῖν ὅτι ἥλπισα ἐπὶ σέ. Ἀκακοὶ καὶ εὐθεῖς ἐκολλῶντό μοι, ὅτι ὑπέμεινά σε, Κύριε. Λύτρωσαι, ὁ Θεός, τὸν Ἰσραὴλ ἐκ πασῶν τῶν θλίψεων αὐτοῦ.

and on You I wait all the day. Remember Your compassion, O Lord, and Your mercy, for they are from of old. Do not remember the sins of my youth, nor of my ignorance; but remember me according to Your mercy, because of Your loving-kindness, O Lord. Good and upright is the Lord; therefore He will instruct sinners in His way. He will guide the gentle in judgment; He will teach the gentle His ways. All the ways of the Lord are mercy and truth for those who seek His covenant and His testimonies. For Your name's sake, O Lord, pardon my sin, for it is great. Who is the man who fears the Lord? He will instruct him in the way He chooses. His soul shall dwell among good things; his seed shall inherit the earth. The Lord is the strength of those who fear Him, and to those who fear Him, His name is the Lord, and He will show them His covenant. My eyes are always toward the Lord, for He shall pluck my feet out of the trap. Look upon me and have mercy on me, for I am only-begotten and poor. The afflictions of my heart have been widened; bring me out of my distresses. Look on my humiliation and my pain and forgive all my sins. Look on my enemies, because they multiply, and they hate me with unjustified hatred. Keep my soul, and deliver me; let me not be ashamed, because I hope in You. The innocent and the upright cleave to me because I wait upon You, O Lord. Redeem Israel, O God, out of all his afflictions. [SAAS]

**Ψαλμὸς Ν' (50).**

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρισμῶν σου ἐξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου, καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με. Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διὰ παντός. Σοὶ μόνῳ ἤμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ἰδὺν γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἰδὺν γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι. Ραντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι. Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην· ἀγαλλιάσονται ὅστέα τεταπεινωμένα. Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον. Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου σου καὶ τὸ Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλῃς ἀπ' ἐμοῦ. Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με. Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσιν. Ρῦσαί με ἐξ αἰμάτων, ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἅν· ὁλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεός

**Psalms 50 (51).**

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the



οὐκ ἐξουδενώσει. Ἀγάθυνον, Κύριε, ἐν τῇ  
εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ  
τείχη Ἱερουσαλήμ. Τότε εὐδοκήσεις θυσίαν  
δικαιοσύνης, ἀναφορὰν καὶ ὀλοκαυτώματα.  
Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου  
μόσχους.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.  
Δόξα σοι ὁ Θεός. (ἐκ γ')

Κύριε, ἐλέησον. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

*Ἀναγινώσκεται τὸ οἰκεῖον Κάθισμα τοῦ  
Ψαλτηρίου, ἥτοι Κάθισμα 4.*

*Καὶ εὐθύς·*

## ΧΟΡΟΣ

**Ἦχος πλ. β'.**

Κύριε, ὁ τὸ Πανάγιόν σου Πνεῦμα  
ἐν τῇ τρίτῃ ὥρᾳ τοῖς Ἀποστόλοις σου  
καταπέμψας, τοῦτο, Ἀγαθέ, μὴ ἀντανέλης  
ἀφ' ἡμῶν, ἀλλ' ἐγκαίνισον ἡμῖν τοῖς  
δεομένοις σου.

**Στίχ. α'.** Καρδίαν καθαρὰν κτίσον ἐν  
ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν  
τοῖς ἐγκάτοις μου.

Κύριε, ὁ τὸ Πανάγιόν σου Πνεῦμα  
ἐν τῇ τρίτῃ ὥρᾳ τοῖς Ἀποστόλοις σου  
καταπέμψας, τοῦτο, Ἀγαθέ, μὴ ἀντανέλης  
ἀφ' ἡμῶν, ἀλλ' ἐγκαίνισον ἡμῖν τοῖς  
δεομένοις σου.

walls of Jerusalem be built; then You will be  
pleased with a sacrifice of righteousness, with  
offerings and whole burnt offerings; then shall  
they offer young bulls on Your altar. [SAAS]

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You,  
O God. (3)

Lord, have mercy. (3)

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

*The appointed Kathisma of the Psalter may be read, i.e.  
Kathisma 4.*

*And then:*

## CHOIR

**Mode pl. 2.**

Lord, You sent down Your all-holy Spirit  
upon Your apostles at the third hour: O Good  
One, take It not from us, but renew It in us  
who pray to You. [SD]

**Verse 1:** Create in me a clean heart, O God,  
and renew a right spirit within me. [SAAS]

Lord, You sent down Your all-holy Spirit  
upon Your apostles at the third hour: O Good  
One, take It not from us, but renew It in us  
who pray to You. [SD]

**Στίχ. β'.** Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου σου καὶ τὸ πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλης ἀπ' ἐμοῦ.

Κύριε, ὁ τὸ Πανάγιόν σου Πνεῦμα ἐν τῇ τρίτῃ ὥρᾳ τοῖς Ἀποστόλοις σου καταπέμψας, τοῦτο, Ἀγαθέ, μὴ ἀντανέλης ἀφ' ἡμῶν, ἀλλ' ἐγκαίνισον ἡμῖν τοῖς δεομένοις σου.

#### ΑΝΑΓΝΩΣΤΗΣ

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἀγίῳ Πνεύματι.

Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

#### Θεοτοκίον.

Θεοτόκε, σὺ εἶ ἡ ἄμπελος ἡ ἀληθινή, ἡ βλαστήσασα τὸν καρπὸν τῆς ζωῆς, σὲ ἱκετεύομεν, πρέσβευε Δέσποινα, μετὰ τῶν Ἀποστόλων, καὶ πάντων τῶν Ἀγίων, ἐλεηθῆναι τὰς ψυχὰς ἡμῶν.

Κύριος ὁ Θεὸς εὐλογητός, εὐλογητός Κύριος ἡμέραν καθ' ἡμέραν· κατευοδῶσαι ἡμῖν ὁ Θεὸς τῶν σωτηρίων ἡμῶν, ὁ Θεὸς ἡμῶν, ὁ Θεὸς τοῦ σώζειν.

#### Τρισάγιον.

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἀγίῳ Πνεύματι. Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε, ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἄγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

**Verse 2:** *Do not cast me away from Your presence, and do not take Your Holy Spirit from me.* [SAAS]

Lord, You sent down Your all-holy Spirit upon Your apostles at the third hour: O Good One, take It not from us, but renew It in us who pray to You. [SD]

#### READER

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

#### Theotokion.

Theotokos, you are the true vine that produced the fruit of life. Lady, we fervently entreat you to intercede along with the Apostles and all the saints, that our souls be treated mercifully. [SD]

Blessed is the Lord from day to day; the God of our salvation will bring prosperity upon us; our God is the God Who saves us.

[SAAS]

#### Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς,  
ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ  
βασιλεία σου. Γενηθήτω τὸ θέλημά σου,  
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον  
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ  
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ  
ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ  
εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι  
ἡμᾶς ἀπὸ τοῦ πονηροῦ.

#### ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις  
καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ  
Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς  
αἰῶνας τῶν αἰώνων. (Ἀμήν.)

#### ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Εὐλογητὸς εἶ, Χριστέ ὁ Θεὸς ἡμῶν,  
ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας,  
καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον,  
καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας,  
φιλάνθρωπε, δόξα σοι.

Δόξα.

Ταχεῖαν καὶ σταθερὰν δίδου  
παραμυθίαν τοῖς δούλοις σου, Ἰησοῦ, ἐν τῷ  
ἀκηδιάσαι τὰ πνεύματα ἡμῶν, μὴ χωρίζου  
τῶν ψυχῶν ἡμῶν ἐν θλίψεσι, μὴ μακρύνου  
τῶν φρενῶν ἡμῶν ἐν περιστάσεσιν, ἀλλὰ  
ἀεὶ ἡμᾶς πρόφθασον. Ἐγγισον ἡμῖν,  
ἔγγισον ὁ πανταχοῦ, ὡς περ καὶ τοῖς  
Ἀποστόλοις σου πάντοτε συνῆς, οὕτω  
καὶ τοῖς σὲ ποθοῦσιν ἔνωσον σαυτὸν

Lord, have mercy. Lord, have mercy.  
Lord, have mercy.

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Our Father, who art in heaven, hallowed  
be Thy name. Thy kingdom come, Thy will  
be done, on earth as it is in heaven. Give us  
this day our daily bread; and forgive us our  
trespasses, as we forgive those who trespass  
against us. And lead us not into temptation,  
but deliver us from evil. [GOA]

#### PRIEST

For Thine is the Kingdom and the power  
and the glory, of the Father and of the Son  
and of the Holy Spirit, now and forever and to  
the ages of ages. (Amen.)

#### READER

Amen.

Blessed are You, O Christ our God. You  
made the fishermen all-wise, by sending  
down upon them the Holy Spirit, and through  
them You drew the world into Your net. O  
Lover of mankind, glory to You. [SD]

Glory.

Speedy and constant consolation give  
us, Your servants, O Jesus, when our spirits  
become despondent. Do not part from our  
souls when we are in trouble, nor be far  
from our minds when we are in peril. But  
draw near to us, draw near, O You who are  
everywhere. And as You are always with  
Your Apostles, so also unite yourself to us  
who long for You the Compassionate; so that



οἰκτίρομον, ἵνα συνημμένοι σοι ὑμνῶμεν, καὶ  
δοξολογῶμεν τὸ πανάγιόν σου Πνεῦμα.

Καὶ νῦν. **Θεοτοκίον.**

Ἡ ἐλπὶς καὶ προστασία, καὶ καταφυγὴ  
τῶν Χριστιανῶν, τὸ ἀκαταμάχητον  
τείχος, τῶν καταπονουμένων ὁ λιμὴν ὁ  
ἀχείμαστος, σὺ εἰ, Θεοτόκε ἄχραντε' ἄλλ'  
ὡς τὸν κόσμον σῶζουσα τῇ ἀπαύστῳ  
πρεσβείᾳ σου μνήσθητι καὶ ἡμῶν, Παρθένε  
πανύμνητε.

Κύριε, ἐλέησον. (μ')

Ὁ ἐν παντὶ καιρῷ καὶ πάσῃ ὥρᾳ ἐν  
οὐρανῷ καὶ ἐπὶ γῆς προσκυνούμενος  
καὶ δοξαζόμενος Χριστὸς ὁ Θεός,  
ὁ μακρόθυμος, ὁ πολέλεος, ὁ  
πολυεύσπλαγχνος, ὁ τοὺς δικαίους ἀγαπῶν  
καὶ τοὺς ἁμαρτωλοὺς ἐλεῶν, ὁ πάντας  
καλῶν πρὸς σωτηρίαν διὰ τῆς ἐπαγγελίας  
τῶν μελλόντων ἀγαθῶν, αὐτός Κύριε,  
πρόσδεξαι καὶ ἡμῶν ἐν τῇ ὥρᾳ ταύτῃ τὰς  
ἐντεύξεις καὶ ἱθύνον τὴν ζωὴν ἡμῶν πρὸς  
τὰς ἐντολάς σου. Τὰς ψυχὰς ἡμῶν ἀγίασον,  
τὰ σώματα ἁγνισον, τοὺς λογισμοὺς  
διόρθωσον, τὰς ἐννοίας κάθαρον καὶ ῥῦσαι  
ἡμᾶς ἀπὸ πάσης θλίψεως, κακῶν καὶ  
ὀδύνης. Τείχισον ἡμᾶς ἀγίοις σου Ἀγγέλοις,  
ἵνα τῇ παρεμβολῇ αὐτῶν φρουρούμενοι  
καὶ ὁδηγούμενοι καταντήσωμεν εἰς τὴν  
ἐνότητα τῆς πίστεως καὶ εἰς τὴν ἐπίγνωσιν  
τῆς ἀπροσίτου σου δόξης, ὅτι εὐλογητὸς εἶ  
εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

united to You we may extol and glorify Your  
all-holy Spirit. [GKD]

Both now. **Theotokion.**

O immaculate Theotokos, you are the  
hope and protection and refuge of Christians,  
the unassailable fortress, and the storm-free  
haven of the weary. As you save the world  
by your unceasing intercession, remember us  
also, O Virgin who are extolled by all. [SD]

Lord, have mercy. (40)

O Christ our God, who at all times and at  
every hour, both in heaven and on earth, are  
worshipped and glorified, long suffering and  
plenteous in mercy and compassion; who love  
the just and show mercy to the sinners; who  
call all men to salvation through the promise  
of the blessings to come: Do you, the same  
Lord, receive also our supplications at this  
present time, and direct our lives according  
to your commandments. Sanctify our souls;  
purify our bodies; set our minds right; clear  
up our thoughts, and deliver us from every  
sorrow, evil and distress. Surround us with  
your holy Angels so that being guarded and  
guided by their presence, we may arrive at the  
unity of the faith and the knowledge of your  
ineffable glory; for blessed are you unto the  
ages of ages. Amen.

Lord, have mercy. (3)

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεὶμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

#### ΙΕΡΕΥΣ

Ὁ Θεὸς οἰκτιρῆσαι ἡμᾶς καὶ εὐλογήσαι ἡμᾶς· ἐπιφάναι τὸ πρόσωπον αὐτοῦ ἐφ' ἡμᾶς, καὶ ἐλεῆσαι ἡμᾶς.

#### ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

#### ΙΕΡΕΥΣ

##### Εὐχή τοῦ Ἁγίου Ἐφραίμ

Κύριε καὶ Δέσποτα τῆς ζωῆς μου, πνεῦμα ἀργίας, περιεργίας, φιλαρχίας καὶ ἀργολογίας μὴ μοι δῶς.

Πνεῦμα δὲ σωφροσύνης, ταπεινοφροσύνης, ὑπομονῆς καὶ ἀγάπης χάρισαί μοι τῷ σῶ δούλῳ.

Ναί, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ ὁρᾶν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν τὸν ἀδελφόν μου.

Ὅτι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

#### ΙΕΡΕΥΣ

Δέσποτα Θεέ, Πάτερ παντοκράτωρ, Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ καὶ ἅγιον Πνεῦμα, μία Θεότης, μία Δύναμις, ἐλέησόν με τὸν ἁμαρτωλόν, καί, οἷς ἐπίστασαι κρίμασι, σῶσόν με τὸν ἀνάξιον δούλόν σου, ὅτι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν αἰώνων. (Ἀμήν.)

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

In the name of the Lord, Father, bless!

#### PRIEST

May God have compassion on us and bless us; may his face shine upon us and have mercy on us.

#### READER

Amen.

#### PRIEST

##### Prayer of St. Ephraim

O Lord and Master of my life, do not permit the spirit of laziness and meddling, the lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit of prudence, humility, patience and love.

Yes, Lord and King, give me the power to see my own faults and not to judge my brother.

For you are blessed unto the ages of ages. Amen. <sup>[HC]</sup>

#### PRIEST

O Master God, Father Almighty, Lord only-begotten Son Jesus Christ, and Holy Spirit, one Godhead, one Power: have mercy on me a sinner, and by the judgments which You know, save me Your unworthy servant; for blessed are You to the ages of ages. (Amen.)

**ΩΡΑ Γ'.**

**ΑΝΑΓΝΩΣΤΗΣ**

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν Χριστῷ τῷ Βασιλεῖ ἡμῶν  
Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ  
Θεῷ ἡμῶν.

**Ψαλμὸς ΝΓ'.**

Ὁ Θεός, ἐν τῷ ὀνόματί σου σῶσόν με  
καὶ ἐν τῇ δυνάμει σου κρινόν με. Ὁ Θεός,  
εἰσάκουσον τῆς προσευχῆς μου, ἐνώτισαι  
τὰ ῥήματα τοῦ στόματός μου. Ὅτι ἄλλότριοι  
ἐπανάστησαν ἐπ' ἐμέ καὶ κραταιοὶ ἐζήτησαν  
τὴν ψυχὴν μου καὶ οὐ προέθεντο τὸν Θεὸν  
ἐνώπιον αὐτῶν. Ἰδοὺ γὰρ ὁ Θεὸς βοηθεῖ  
μοι, καὶ ὁ Κύριος ἀντιλήπτωρ τῆς ψυχῆς  
μου. Αποστρέψει τὰ κακὰ τοῖς ἐχθροῖς μου·  
ἐν τῇ ἀληθείᾳ σου ἐξολόθρευσον αὐτούς.  
Ἐκουσίως θύσω σοι, ἐξομολογήσομαι τῷ  
ὀνόματί σου, Κύριε, ὅτι ἀγαθόν· ὅτι ἐκ  
πάσης θλίψεως ἐρρύσω με, καὶ ἐν τοῖς  
ἐχθροῖς μου ἐπεῖδεν ὁ ὀφθαλμός μου.

**Ψαλμὸς ΝΔ' (54).**

Ἐνώτισαι, ὁ Θεός, τὴν προσευχήν μου  
καὶ μὴ ὑπερίδῃς τὴν δέησίν μου, πρόσχες  
μοι καὶ εἰσάκουσόν μου. Ἐλυπήθην ἐν τῇ  
ἀδολεσχίᾳ μου καὶ ἐταράχθην ἀπὸ φωνῆς  
ἐχθροῦ καὶ ἀπὸ θλίψεως ἀμαρτωλοῦ, ὅτι  
ἐξέκλιναν ἐπ' ἐμέ ἀνομίαν καὶ ἐν ὀργῇ  
ἐνεκότουν μοι. Ἡ καρδιά μου ἐταράχθη  
ἐν ἐμοί, καὶ δειλία θανάτου ἐπέπεσεν  
ἐπ' ἐμέ· φόβος καὶ τρόμος ἦλθεν ἐπ' ἐμέ,  
καὶ ἐκάλυψέ με σκότος. Καὶ εἶπα· τίς  
δώσει μοι πτέρυγας ὥσει περιστερᾶς

**SIXTH HOUR**

**READER**

Come, let us worship and bow down  
before God our King.

Come, let us worship and bow down  
before Christ God our King.

Come, let us worship and bow down  
before Him, Christ our King and God.

**Psalm 53 (54).**

Save me, O God, in Your name, and  
judge me in Your power. O God, hear my  
prayer; give ear to the words of my mouth.  
For strangers rise up against me, and the  
powerful seek after my soul; they have not  
set God before them. For behold, God is my  
helper; the Lord is the protector of my soul.  
He will return evils to my enemies; utterly  
destroy them in Your truth. I will sacrifice to  
You voluntarily; I will give thanks to Your  
name, O Lord, for it is good. You delivered  
me from all my afflictions, and my eye looked  
upon my enemies. [SAAS]

**Psalm 54 (55).**

Give ear to my prayer, O God, and  
do not despise my supplication; attend to  
me, and hear me. I am vexed in my prayer,  
and troubled by the enemy's voice and by  
the sinner's affliction; for they turned their  
lawlessness upon me, and in wrath they were  
indignant with me. My heart was troubled  
within me, and the terror of death fell on me.  
Fear and trembling came upon me, and the  
darkness covered me. I said, "Who will give  
me wings like a dove, and I will fly away,

καὶ πετασθήσομαι καὶ καταπαύσω; ἰδοὺ ἐμάκρυνα φυγαδεύων καὶ ἠὺλίσθην ἐν τῇ ἐρήμῳ. Προσεδεχόμεν τὸν σῶζοντά με, ἀπὸ ὀλιγοψυχίας καὶ ἀπὸ καταιγίδος. Καταπόντισον, Κύριε, καὶ καταδίελε τὰς γλώσσας αὐτῶν, ὅτι εἶδον ἀνομίαν καὶ ἀντιλογίαν ἐν τῇ πόλει. Ἡμέρας καὶ νυκτὸς κυκλώσει αὐτὴν ἐπὶ τὰ τείχη αὐτῆς, καὶ ἀνομία καὶ κόπος ἐν μέσῳ αὐτῆς καὶ ἀδικία, καὶ οὐκ ἐξέλιπεν ἐκ τῶν πλατειῶν αὐτῆς τόκος καὶ δόλος. Ὅτι εἰ ἐχθρὸς ὠνείδισέ με, ὑπήνεγκα ἄν, καὶ εἰ ὁ μισῶν ἐπ' ἐμὲ ἐμεγαλορρημόνησεν, ἐκρύβην ἄν ἀπ' αὐτοῦ. Σὺ δέ, ἄνθρωπε ἰσόψυχε, ἡγεμὼν μου καὶ γνωστὴ μου, ὃς ἐπὶ τὸ αὐτὸ ἐγλύκανάς μοι ἐδέσματα, ἐν τῷ οἴκῳ τοῦ Θεοῦ ἐπορεύθην ἐν ὁμονοίᾳ. Ἐλθέτω δὴ θάνατος ἐπ' αὐτούς, καὶ καταβήτωσαν εἰς ᾄδου ζῶντες· ὅτι πονηρία ἐν ταῖς παροικίαις αὐτῶν ἐν μέσῳ αὐτῶν. Ἐγὼ πρὸς τὸν θεὸν ἐκέκραξα, καὶ ὁ Κύριος εἰσήκουσέ μου. Ἐσπέρας καὶ πρωῒ καὶ μεσημβρίας διηγῆσομαι καὶ ἀπαγγελῶ, καὶ εἰσακούσεται τῆς φωνῆς μου. Λυτρώσεται ἐν εἰρήνῃ τὴν ψυχὴν μου ἀπὸ τῶν ἐγγιζόντων μοι, ὅτι ἐν πολλοῖς ἦσαν σὺν ἐμοί. Εἰσακούσεται ὁ Θεὸς καὶ ταπεινώσει αὐτοὺς ὁ ὑπάρχων πρὸ τῶν αἰώνων. Οὐ γάρ ἐστιν αὐτοῖς ἀντάλλαγμα, ὅτι οὐκ ἐφοβήθησαν τὸν Θεόν. Ἐξέτεινε τὴν χεῖρα αὐτοῦ ἐν τῷ ἀποδιδόναι· ἐβεβήλωσαν τὴν διαθήκην αὐτοῦ. Διεμερίσθησαν ἀπὸ ὀργῆς τοῦ προσώπου αὐτοῦ, καὶ ἤγγισαν αἱ καρδίαι αὐτῶν· ἠπαλύνθησαν οἱ λόγοι αὐτοῦ ὑπὲρ ἔλαιον, καὶ αὐτοὶ εἰσι βολίδες. Ἐπίρριπον ἐπὶ Κύριον τὴν μέριμνάν σου, καὶ αὐτός σε διαθρέψει· οὐ δώσει εἰς τὸν αἰῶνα σάλον τῷ δικαίῳ. Σὺ δέ, ὁ Θεός,

and be at rest? Behold, I fled far away, and lodged in the wilderness." I wait for the One who saves me from faintheartedness and storm. Drown them in the sea, O Lord, and divide their tongues; for I see lawlessness and strife in the city. Day and night, it shall surround her upon her walls; lawlessness and trouble and wrongdoing are in her midst; and usury and treachery have not ceased from her squares. For if an enemy reviled me, I would have endured it; and if one hating me boasted against me, I would have hidden from him. But it was you, a man my equal, my guide and my friend, who together with me sweetened our meals; in God's house we walked in unity. Let death come upon them, and let them go down alive into Hades; because evils are in their dwellings, in the very midst of them. But I cried out to God, and the Lord heard me. Evening and morning and midday, I shall tell; I shall proclaim, and He will hear my voice. He will redeem my soul in peace from those who draw near to me, for they were with me in abundance. God shall hear, and humble them, He who exists before the ages. For there is no change in them, and they have not feared God. He stretched forth His hand in punishment; they defiled His covenant. They were scattered by the wrath of His face, and His heart drew near; His words were softened above oil, and they are arrows. Cast your care upon the Lord, and He shall support you; He will never allow the righteous to be moved. But You, O God, will bring them down into the pit of decay; men of blood and deceit shall not live even half their days. But I will hope in You, O Lord. [SAAS]

κατάξεις αὐτοὺς εἰς φρέαρ διαφθορᾶς·  
ἄνδρες αἱμάτων καὶ δολιότητος οὐ μὴ  
ἡμισεύσωσι τὰς ἡμέρας αὐτῶν, ἐγὼ δέ,  
Κύριε, ἐλπῶ ἐπὶ σέ.

**Ψαλμὸς 90.**

Ὁ κατοικῶν ἐν βοηθείᾳ τοῦ Ὑψίστου, ἐν  
σκέπη τοῦ Θεοῦ τοῦ οὐρανοῦ ἀλυσθήσεται.  
Ἐρεῖ τῷ Κυρίῳ Ἀντιλήπτωρ μου εἶ, καὶ  
καταφυγή μου, ὁ Θεός μου, καὶ ἐλπῶ ἐπ'  
αὐτόν. Ὅτι αὐτὸς ῥύσεται σε ἐκ παγίδος  
θηρευτῶν, καὶ ἀπὸ λόγου ταραχώδους.  
Ἐν τοῖς μεταφρένοις αὐτοῦ ἐπισκιάσει  
σοι, καὶ ὑπὸ τὰς πτέρυγας αὐτοῦ ἐλπιεῖς,  
ὄπλῳ κυκλώσει σε ἡ ἀλήθεια αὐτοῦ.  
Οὐ φοβηθήσῃ ἀπὸ φόβου νυκτερινοῦ,  
ἀπὸ βέλους πετομένου ἡμέρας. Ἀπὸ  
πράγματος ἐν σκότει διαπορευομένου, ἀπὸ  
συμπτώματος καὶ δαιμονίου μεσημβρινοῦ.  
Πεσεῖται ἐκ τοῦ κλίτους σου χιλιάς, καὶ  
μυριάς ἐκ δεξιῶν σου, πρὸς σέ δὲ οὐκ ἐγγιεῖ.  
Πλὴν τοῖς ὀφθαλμοῖς σου κατανοήσεις,  
καὶ ἀνταπόδοσιν ἀμαρτωλῶν ὄψει. Ὅτι  
σύ, Κύριε, ἡ ἐλπίς μου, τὸν Ὑψιστον ἔθου  
καταφυγὴν σου. Οὐ προσελεύσεται πρὸς  
σέ κακά, καὶ μάστιξ οὐκ ἐγγιεῖ ἐν τῷ  
σκηνώματί σου. Ὅτι τοῖς Ἀγγέλοις αὐτοῦ  
ἐντελεῖται περὶ σοῦ, τοῦ διαφυλάξαι σε ἐν  
πάσαις ταῖς ὁδοῖς σου. Ἐπὶ χειρῶν ἀρουσί  
σε, μήποτε προσκόψῃς πρὸς λίθον τὸν πόδα  
σου. Ἐπὶ ἀσπίδα καὶ βασιλίσκον ἐπιβήσει,  
καὶ καταπατήσεις λέοντα καὶ δράκοντα.  
Ὅτι ἐπ' ἐμέ ἤλπισε, καὶ ῥύσομαι αὐτόν,  
σκεπάσω αὐτόν, ὅτι ἔγνω τὸ ὄνομά μου.  
Κεκράζεται πρὸς με, καὶ εἰσακούσομαι  
αὐτοῦ, μετ' αὐτοῦ εἰμι ἐν θλίψει, ἐξελοῦμαι  
αὐτόν, καὶ δοξάσω αὐτόν. Μακρότητα

**Psalm 90 (91).**

He who dwells in the help of the Most  
High shall lodge in the shelter of the God of  
heaven. He shall say to the Lord, "You are  
my protector and my refuge, my God; I will  
hope in Him; for He shall free me from the  
snare of the hunters, and from every troubling  
word." He shall overshadow you with His  
shoulders, and under His wings you shall  
hope; His truth shall encircle you with a  
shield. You shall not be frightened by fear at  
night, nor from an arrow that flies by day, nor  
by a thing moving in darkness, nor by mishap  
and a demon of noonday. A thousand shall  
fall at your side and ten thousand at your  
right hand, yet it shall not come near you;  
but you shall observe with your eyes, and  
you shall see the reward of sinners. For You,  
O Lord, are my hope; You made the Most  
High your refuge. Evils shall not come to  
you, and a scourge shall not draw near your  
dwelling; for He shall command His angels  
concerning you, to keep you in all your ways;  
in their hands they shall bear you up, lest  
you strike your foot against a stone; You shall  
tread upon the asp and the basilisk, and you  
shall trample the lion and the dragon. "For  
he hoped in Me, and I will deliver him; I will  
shelter him, because he knew My name. He  
shall call upon Me, and I will hear him; I am  
with him in affliction, and I will deliver and  
glorify him. With length of days I will satisfy  
him, and show him My salvation." [SAAS]



ἡμερῶν ἐμπλήσω αὐτόν, καὶ δείξω αὐτῷ τὸ  
σωτήριόν μου.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.  
Δόξα σοι ὁ Θεός. (ἐκ γ')

Κύριε, ἐλέησον. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

*Ἀναγινώσκεται τὸ οἰκεῖον Κάθισμα τοῦ  
Ψαλτηρίου, ἥτοι Κάθισμα 5.*

*Καὶ εὐθύς·*

## ΧΟΡΟΣ

**Ἦχος πλ. β'.**

Ὁ ἐν ἕκτῃ ἡμέρᾳ τε καὶ ὥρᾳ, τῷ Σταυρῷ  
προσηλώσας, τὴν ἐν τῷ Παραδείσῳ  
τολμηθεῖσαν τῷ Ἀδὰμ ἁμαρτίαν, καὶ  
τῶν πταισμάτων ἡμῶν τὸ χειρόγραφον,  
διάρρηξον Χριστέ ὁ Θεὸς καὶ σῶσον ἡμᾶς.

**Στίχ. α'.** Ἐνώτισαι, ὁ Θεός, τὴν  
προσευχὴν μου καὶ μὴ ὑπερίδῃς τὴν δέησίν  
μου.

Ὁ ἐν ἕκτῃ ἡμέρᾳ τε καὶ ὥρᾳ, τῷ Σταυρῷ  
προσηλώσας, τὴν ἐν τῷ Παραδείσῳ  
τολμηθεῖσαν τῷ Ἀδὰμ ἁμαρτίαν, καὶ  
τῶν πταισμάτων ἡμῶν τὸ χειρόγραφον,  
διάρρηξον Χριστέ ὁ Θεός καὶ σῶσον ἡμᾶς.

**Στίχ. β'.** Ἐγὼ πρὸς τὸν Θεὸν ἐκέκραξα,  
καὶ ὁ Κύριος εἰσήκουσέ μου.

Ὁ ἐν ἕκτῃ ἡμέρᾳ τε καὶ ὥρᾳ, τῷ Σταυρῷ  
προσηλώσας, τὴν ἐν τῷ Παραδείσῳ  
τολμηθεῖσαν τῷ Ἀδὰμ ἁμαρτίαν, καὶ

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You,  
O God. (3)

Lord, have mercy. (3)

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

*The appointed Kathisma of the Psalter may be read, i.e.  
Kathisma 5.*

*And then:*

## CHOIR

**Mode pl. 2.**

On the sixth day and hour, You nailed to  
the Cross the sin that Adam dared to commit  
in Paradise. So also shred the record of our  
own offenses, O Christ our God, and save us.

[SD]

**Verse 1:** Give ear to my prayer, O God, and  
do not despise my supplication. [SAAS]

On the sixth day and hour, You nailed to  
the Cross the sin that Adam dared to commit  
in Paradise. So also shred the record of our  
own offenses, O Christ our God, and save us.

[SD]

**Verse 2:** But I cried out to God, and the Lord  
heard me. [SAAS]

On the sixth day and hour, You nailed to  
the Cross the sin that Adam dared to commit  
in Paradise. So also shred the record of our

τῶν πταισμάτων ἡμῶν τὸ χειρόγραφον,  
διάρρηξον Χριστὲ ὁ Θεὸς καὶ σῶσον ἡμᾶς.

### ΑΝΑΓΝΩΣΤΗΣ

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

### Θεοτοκίον.

Ὅτι οὐκ ἔχομεν παρησίαν διὰ τὰ  
πολλὰ ἡμῶν ἁμαρτήματα, σὺ τὸν ἐκ  
σοῦ γεννηθέντα δυσώπησον Θεοτόκε  
Παρθένε· πολλὰ γὰρ ἰσχύει δέησις Μητρὸς  
πρὸς εὐμένειαν Δεσπότης. Μὴ παρίδης  
ἁμαρτωλῶν ἱκεσίας, ἢ πάνσεμνος, ὅτι  
ἐλεήμων ἐστί, καὶ σφάζειν δυνάμενος, ὁ καὶ  
παθεῖν ὑπὲρ ἡμῶν καταδεξάμενος.

### ΧΟΡΟΣ

**Τροπάριον τῆς Προφητείας. ᾠχος α'.**

Τὰς ἀλγηδόνας τῶν Ἁγίων, ἃς ὑπὲρ  
σοῦ ἔπαθον, δυσωπήθητι Κύριε, καὶ πάσας  
ἡμῶν τὰς ὀδύνας, ἴασαι φιλόανθρωπε  
δεόμεθα.

Δόξα· καὶ νῦν. **Τὸ αὐτό.**

Τοῦ Τριωδίου - - -

### Η ΠΡΟΦΗΤΕΙΑ

### ΑΝΑΓΝΩΣΤΗΣ

Προκείμενον. ᾠχος δ'.

Ψαλμὸς 91.

Ἀγαθὸν τὸ ἐξομολογεῖσθαι τῷ Κυρίῳ  
καὶ ψάλλειν τῷ Ὄνόματί σου, Ὑψιστε.

Τοῦ ἀναγγέλλειν τῷ πρωῒ τὸ ἔλεός σου  
καὶ τὴν ἀλήθειάν σου καθ' ἑκάστην.

Προφητείας Ἡσαΐου τὸ ἀνάγνωσμα.

### ΙΕΡΕΥΣ

Σοφία. Πρόσχωμεν.

own offenses, O Christ our God, and save us.

[SD]

### READER

Glory to the Father and the Son and the  
Holy Spirit.

Both now and ever and to the ages of  
ages. Amen.

### Theotokion.

Since we may not presume to speak  
because of our many sins, will you beseech  
your Son, O Virgin Theotokos. For the request  
of a mother can do much to pacify the Master.  
Do not despise the prayers of us sinners, all-  
noble Lady. He is merciful and able to save  
us; after all, He accepted to suffer for our sake.

[SD]

### CHOIR

**Troparion before the Prophecy. Mode 1.**

Be entreated by the sufferings, which the  
Saints endured for you, O Lord; and heal all  
our pains, we beg, O Lover of mankind. [EL]

Glory. Both now. **Repeat.**

From Triodion - - -

### THE PROPHECY

### READER

Prokeimenon. Mode 4.

Psalms 91 (92).

It is good to give thanks to the Lord and  
to sing to Your name, O Most High.

To proclaim Your mercy in the morning and  
Your truth each day. [SAAS]

The reading is from the Prophecy of  
Isaiah.

### PRIEST

Wisdom. Let us be attentive.

ΑΝΑΓΝΩΣΤΗΣ

Κεφ. ΜΑ', 4-14

Οὕτω λέγει Κύριος· Ἐγὼ Θεὸς πρῶτος, καὶ εἰς τὰ ἐπερχόμενα ἐγὼ εἰμι. Εἶδον ἔθνη, καὶ ἐφοβήθησαν, τὰ ἄκρα τῆς γῆς ἐξεστήσαν, ἤγγισαν καὶ ἦλθον ἅμα, κρίνων ἕκαστος τῷ πλησίον, καὶ τῷ ἀδελφῷ βοηθῆσαι, καὶ ἐρεῖ· Ἰσχυσεν ἀνὴρ τέκτων, καὶ χαλκεὺς τύπτων σφύρα, ἅμα ἐλαύνων, τότε μὲν ἐρεῖ. Σύμβλημα καλὸν ἐστίν, ἰσχύρωσαν αὐτὰ ἐν ἡλοῖς, θήσουσιν αὐτά, καὶ οὐ κινήσονται. Σὺ δὲ Ἰσραήλ, παῖς μου Ἰακώβ, ὃν ἐξελεξάμην, σπέρμα Ἀβραάμ, ὃν ἠγάπησα, οὗ ἀντελαβόμην ἀπ' ἁκρῶν τῆς γῆς, καὶ ἐκ τῶν σκοπιῶν αὐτῆς ἐκάλεσά σε καὶ εἶπόν σοι· Παῖς μου εἶ, ἐξελεξάμην σε, καὶ οὐκ ἐγκατέλιπόν σε, μὴ φοβοῦ· μετὰ σοῦ γὰρ εἰμι, μὴ πλανῶ· ἐγὼ γὰρ εἰμι ὁ Θεός σου ὁ ἐνισχύσας σε, καὶ ἐβοήθησά σοι, καὶ ἡσφαλισάμην σε τῇ δεξιᾷ μου τῇ δικαίᾳ. Ἴδου αἰσχυνθήσονται, καὶ ἐντραπήσονται πάντες οἱ ἀντικείμενοί σοι· ἔσονται γὰρ ὡς οὐκ ὄντες, καὶ ἀπολοῦνται πάντες οἱ ἀντίδικοί σου, ζητήσεις αὐτούς, καὶ οὐ μὴ εὔρης τοὺς ἀνθρώπους, οἱ παροινήσουσιν εἰς σέ· ἔσονται γὰρ ὡς οὐκ ὄντες, καὶ οὐκ ἔσονται οἱ ἀντιπολεμοῦντές σε, ὅτι ἐγὼ ὁ Θεός ὁ κρατῶν τῆς δεξιᾶς σου, ὁ λέγων σοι· Μὴ φοβοῦ, ἐγὼ βοηθός σου, μὴ φοβοῦ, Ἰακώβ, ὀλιγοστός Ἰσραήλ, ἐγὼ ἐβοήθησά σοι, λέγει ὁ Θεός, ὁ λυτρούμενός σε, ὁ Ἅγιος τοῦ Ἰσραήλ.

Προκείμενον. Ἦχος β'.

Ψαλμὸς CΒ' (92).

Ὁ Κύριος ἐβασίλευσεν, εὐπρέπειαν ἐνεδύσατο.

READER

41:4-14

Thus says the Lord: "I, God, am the first, and into the future I Am. The Gentiles saw His righteousness and feared. The ends of the earth drew near and came together, each one judging for his neighbor, that he might help his brother. One will say, 'The craftsman is strong, as is the metalworker who strikes with the hammer and forges at the same time.' Sometimes one will say, 'It is put together well, and they fastened it with nails. They arranged them, and they shall not be moved.' But you, O Israel, are My servant, and Jacob, whom I chose, the seed of Abraham, whom I loved. I took you from the ends of the earth, and called you from its height. I said to you, 'You are My servant. I chose you, and have not forsaken you. Fear not, for I am with you. Do not go astray, for I am your God who strengthens you; and I will help and secure you with My righteous right hand.' Behold, all your adversaries shall be put to shame and disgraced. For they shall be as though they did not exist, and all who oppose you shall perish. You shall seek but not find the men who rage against you, for those who war against you shall be as though they did not exist. For I am your God who holds your right hand, saying to you, 'Fear not.' O Jacob, O Israel, few in number, I will help you, and I will redeem you, O Israel." [SAAS]

Prokeimenon. Mode 2.

Psalm 92 (93).

The Lord reigns; He clothed Himself with majesty.

Ἐνεδύσατο Κύριος δύναμιν καὶ περιεζώσατο.

Ταχὺ προκαταλαβέτωσαν ἡμᾶς οἱ οἰκτιρμοὶ σου, Κύριε, ὅτι ἐπτωχεύσαμεν σφόδρα. Βοήθησον ἡμῖν, ὁ Θεός, ὁ σωτὴρ ἡμῶν· ἕνεκεν τῆς δόξης τοῦ ὀνόματός σου, Κύριε, ρῦσαι ἡμᾶς καὶ ἰλάσθητι ταῖς ἁμαρτίαις ἡμῶν ἕνεκα τοῦ ὀνόματός σου.

### Τρισάγιον.

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε, ἰλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἄγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

*The Lord clothed and girded Himself with power. [SAAS]*

Let Your mercies quickly overtake us, for we have become very poor. Help us, O God our savior; because of the glory of Your name, O Lord, save us, and be merciful to our sins because of Your name. [SAAS]

### Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. [GOA]

## ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. (Ἀμήν.)

## ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Σωτηρίαν εἰργάσω ἐν μέσῳ τῆς γῆς, Χριστε ὁ Θεός, ἐπὶ Σταυροῦ τὰς ἀχράντους σου χεῖρας ἐξέτεινας, ἐπισυνάγων πάντα τὰ ἔθνη, κράζοντα· Κύριε δόξα σοι.

Δόξα.

Τὴν ἄχραντον Εἰκόνα σου, προσκυνοῦμεν ἀγαθέ, αἰτούμενοι συγχώρησιν τῶν πταισμάτων ἡμῶν, Χριστέ ὁ Θεός· βουλήσει γὰρ ηὐδόκησας σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, ἵνα ῥύσῃ οὓς ἔπλασας, ἐκ τῆς δουλείας τοῦ ἐχθροῦ· ὅθεν εὐχαρίστως βοῶμέν σοι· Χαράς ἐπλήρωσας τὰ πάντα ὁ Σωτὴρ ἡμῶν, παραγενόμενος εἰς τὸ σῶσαι τὸν κόσμον.

Καὶ νῦν. **Θεοτοκίον.**

Ὑπερδεδοξασμένη ὑπάρχεις, Θεοτόκε Παρθένε, ὑμνοῦμέν σε· διὰ γὰρ τοῦ Σταυροῦ τοῦ Υἱοῦ σου, κατεβλήθη ὁ ἄδης, καὶ ὁ θάνατος τέθηκε, νεκρωθέντες ἀνέστημεν, καὶ ζωῆς ἠξιώθημεν, τὸν Παράδεισον ἐλάβομεν, τὴν ἀρχαίαν ἀπόλαυσιν· διὸ εὐχαριστοῦντες δοξολογοῦμεν, ὡς κραταῖον Χριστὸν τὸν Θεὸν ἡμῶν, καὶ μόνον πολυέλεον.

Κύριε, ἐλέησον. (μ')

Ὁ ἐν παντὶ καιρῷ καὶ πάσῃ ὥρᾳ ἐν οὐρανῷ καὶ ἐπὶ γῆς προσκυνούμενος

## PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages. (Amen.)

## READER

Amen.

You worked salvation in the midst of the earth, O Christ our God. You stretched out your immaculate hands on the Cross, and gathered all the nations, who cry to You: "Lord, glory to You!" [SD]

Glory.

We venerate Your immaculate icon, O good Lord, and entreat You to forgive our offences, O Christ our God. By Your own choice you were pleased to ascend the Cross in the flesh, to deliver us, whom You created, from our slavery to the foe. Therefore we cry to You with gratitude: You have filled all things with joy, O our Savior, by coming to save the world. [SD]

Both now. **Theotokion.**

You are supremely glorified, O Virgin Theotokos; we sing your praise. For by means of your Son's crucifixion Hades has been overthrown and death itself has died. We have risen, who once were dead, and have been made worthy of life. We received the original enjoyment of Paradise. And therefore with thanksgiving we send up glory to Christ our God because He is powerful and alone very merciful. [SD]

Lord, have mercy. (40)

O Christ our God, who at all times and at every hour, both in heaven and on earth, are



καὶ δοξαζόμενος Χριστὸς ὁ Θεός,  
ὁ μακρόθυμος, ὁ πολυέλεος, ὁ  
πολυεύσπλαγχνος, ὁ τοὺς δικαίους ἀγαπῶν  
καὶ τοὺς ἁμαρτωλοὺς ἐλεῶν, ὁ πάντας  
καλῶν πρὸς σωτηρίαν διὰ τῆς ἐπαγγελίας  
τῶν μελλόντων ἀγαθῶν, αὐτός Κύριε,  
πρόσδεξαι καὶ ἡμῶν ἐν τῇ ὥρᾳ ταύτῃ τὰς  
ἐντεύξεις καὶ ἴθυνον τὴν ζωὴν ἡμῶν πρὸς  
τὰς ἐντολάς σου. Τὰς ψυχὰς ἡμῶν ἀγίασον,  
τὰ σώματα ἄγνισον, τοὺς λογισμοὺς  
διόρθωσον, τὰς ἐννοίας κάθαρον καὶ ῥῦσαι  
ἡμᾶς ἀπὸ πάσης θλίψεως, κακῶν καὶ  
ὀδύνης. Τείχισον ἡμᾶς ἀγίοις σου Ἀγγέλοις,  
ἵνα τῇ παρεμβολῇ αὐτῶν φρουρούμενοι  
καὶ ὁδηγούμενοι καταντήσωμεν εἰς τὴν  
ἐνότητα τῆς πίστεως καὶ εἰς τὴν ἐπίγνωσιν  
τῆς ἀπροσίτου σου δόξης, ὅτι εὐλογητὸς εἶ  
εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἀγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,  
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

### ΙΕΡΕΥΣ

Ὁ Θεὸς οἰκτιρῆσαι ἡμᾶς καὶ εὐλογήσαι  
ἡμᾶς· ἐπιφάναι τὸ πρόσωπον αὐτοῦ ἐφ'  
ἡμᾶς, καὶ ἐλεῆσαι ἡμᾶς.

### ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

worshipped and glorified, long suffering and  
plenteous in mercy and compassion; who love  
the just and show mercy to the sinners; who  
call all men to salvation through the promise  
of the blessings to come: Do you, the same  
Lord, receive also our supplications at this  
present time, and direct our lives according  
to your commandments. Sanctify our souls;  
purify our bodies; set our minds right; clear  
up our thoughts, and deliver us from every  
sorrow, evil and distress. Surround us with  
your holy Angels so that being guarded and  
guided by their presence, we may arrive at the  
unity of the faith and the knowledge of your  
ineffable glory; for blessed are you unto the  
ages of ages. Amen.

Lord, have mercy. (3)

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify.

In the name of the Lord, Father, bless!

### PRIEST

May God have compassion on us and  
bless us; may his face shine upon us and have  
mercy on us.

### READER

Amen.

**ΙΕΡΕΥΣ**

**Εὐχή τοῦ Ἁγίου Ἐφραίμ**

Κύριε καὶ Δέσποτα τῆς ζωῆς μου,  
πνεῦμα ἀργίας, περιεργίας, φιλαρχίας καὶ  
ἀργολογίας μὴ μοι δῶς.

Πνεῦμα δὲ σωφροσύνης,  
ταπεινοφροσύνης, ὑπομονῆς καὶ ἀγάπης  
χάρισαί μοι τῷ σῶ δούλῳ.

Ναί, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ  
ὁρᾶν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν  
τὸν ἀδελφόν μου.

Ὅτι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

**ΙΕΡΕΥΣ**

Θεὲ καὶ Κύριε τῶν δυνάμεων, καὶ  
πάσης κτίσεως δημιουργέ, ὁ διὰ σπλάγχνα  
ἀνεικάστου ἐλέους σου, τὸν μονογενῆ σου  
Υἱόν, τὸν Κύριον ἡμῶν Ἰησοῦν Χριστόν,  
καταπέμφας ἐπὶ σωτηρίᾳ τοῦ γένους  
ἡμῶν, καὶ διὰ τοῦ τιμίου αὐτοῦ Σταυροῦ,  
τὸ χειρόγραφον τῶν ἁμαρτιῶν ἡμῶν  
διαρρήξας, καὶ θριαμβεύσας ἐν αὐτῷ τὰς  
ἀρχὰς καὶ ἐξουσίας τοῦ σκότους, αὐτός,  
Δέσποτα φιλάνθρωπε, πρόσδεξαι καὶ  
ἡμῶν τῶν ἁμαρτωλῶν τὰς εὐχαριστηρίους  
ταύτας καὶ ἱκετηρίους ἐντεύξεις, καὶ ῥῦσαι  
ἡμᾶς ἀπὸ παντὸς ὀλεθρίου καὶ σκοτεινοῦ  
παραπτώματος, καὶ πάντων τῶν κακῶσαι  
ἡμᾶς ζητούντων, ὁρατῶν καὶ ἀοράτων  
ἐχθρῶν. Καθήλωσον ἐκ τοῦ φόβου σου τὰς  
σάρκας ἡμῶν, καὶ μὴ ἐκκλίνης τὰς καρδίας  
ἡμῶν εἰς λόγους, ἢ εἰς λογισμοὺς πονηρίας,  
ἀλλὰ τῷ πόθῳ σου τρῶσον ἡμῶν τὰς  
ψυχὰς, ἵνα πρὸς σὲ διαπαντὸς ἀτενίζοντες,  
καὶ τῷ παρὰ σοῦ φωτὶ ὁδηγούμενοι, σὲ τὸ  
ἀπρόσιτον καὶ αἶδιον κατοπτεύοντες φῶς,

**PRIEST**

**Prayer of St. Ephraim**

O Lord and Master of my life, do not  
permit the spirit of laziness and meddling, the  
lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit  
of prudence, humility, patience and love.

Yes, Lord and King, give me the power  
to see my own faults and not to judge my  
brother.

For you are blessed unto the ages of ages.  
Amen. [HC]

**PRIEST**

God and Lord of hosts and Maker of all  
creation, in Your unfathomable compassion  
and mercy You sent down Your Only-  
Begotten Son, our Lord Jesus Christ, for the  
salvation of the human race; and by His  
precious Cross You tore up the record of our  
sins, and triumphed over the principalities  
and powers of darkness. O Lord and Lover of  
mankind, accept the thanksgiving and fervent  
prayers even of us sinners. Deliver us from  
every dark and destructive transgression and  
from all the visible and invisible enemies that  
seek to harm us. Nail our flesh with the fear  
of You, and do not incline our hearts to evil  
words or thoughts; but rather prick our souls  
with love for You, so that always looking to  
You, and guided by Your light, and gazing on  
You, the eternal and ineffable Light, we may  
send up unceasing praise and thanksgiving to  
You, the Father without beginning, and Your  
Only-Begotten Son, and Your all-holy, good

ἀκατάπαυστόν σοι τὴν ἐξομολόγησιν, καὶ  
εὐχαριστίαν ἀναπέμπομεν, τῷ ἀνάρχῳ  
Πατρὶ σὺν τῷ μονογενεῖ σου Υἱῷ, καὶ τῷ  
παναγίῳ, καὶ ἀγαθῷ, καὶ ζωοποιῷ σου  
Πνεύματι, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας  
τῶν αἰώνων. (Ἀμήν.)

*Ἄν θὰ γίνει ἀμέσως ἡ Θ' Ὡρα, παραλείπεται ἡ  
ἀπόλυσις τῆς Σ', καὶ ἄρχεται ἡ Θ' εὐθὺς μὲ τὸ "Ἅγιος  
ὁ Θεός..." χωρὶς τὸ "Εὐλογητός... Βασιλεῦ οὐράνιε..."*

### ΑΝΑΓΝΩΣΤΗΣ

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἀγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,  
ἐλέησον.

Εὐλόγησον.

### ΙΕΡΕΥΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,  
ταῖς πρεσβείαις τῆς παναχράντου  
καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,  
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,  
προστασίαις τῶν τιμίων ἐπουρανίων  
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ  
τιμίου, ἐνδόξου, προφήτου, Προδρόμου  
καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων  
ἐνδόξων καὶ πανευφήμων Ἀποστόλων,  
τῶν ἁγίων ἐνδόξων καὶ καλλινίκων  
μαρτύρων· τῶν ὁσίων καὶ θεοφόρων  
Πατέρων ἡμῶν· (τοῦ Ἁγίου τοῦ Ναοῦ)· τῶν  
ἁγίων καὶ δικαίων Θεοπατόρων Ἰωακεὶμ  
καὶ Ἄννης, καὶ τῶν Ἁγίων Μαρτύρων  
Τερεντίου, Πομπηίου, Μαξίμου, Μακαρίου,  
Ἀφρικανοῦ, καὶ τῶν σὺν αὐτοῖς καὶ τοῦ  
ἁγίου ἐνδόξου Ἱερομάρτυρος Γρηγορίου τοῦ  
Ε', Ἀρχιεπισκόπου Κωνσταντινουπόλεως, ὧν  
καὶ τὴν μνήμην ἐπιτελοῦμεν· καὶ πάντων  
τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι ἡμᾶς, ὡς  
ἀγαθὸς καὶ φιλόανθρωπος.

and life-giving Spirit, now and forever and to  
ages of ages. (Amen.)

*If the Ninth Hour is to be appended, the dismissal  
of the Sixth Hour is omitted, and the Ninth Hour begins  
immediately at "Holy God..." without "Blessed is our God...  
Heavenly King..."*

### READER

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Lord, have mercy. Lord, have mercy.  
Lord, have mercy.

Father, bless!

### PRIEST

May Christ our true God, through  
the intercessions of His all-pure and all-  
immaculate holy Mother, the power of the  
precious and life-giving Cross, the protection  
of the honorable, bodiless powers of heaven,  
the supplications of the honorable, glorious  
prophet and forerunner John the Baptist, of  
the holy, glorious, and praiseworthy apostles,  
of the holy, glorious, and triumphant martyrs,  
of our righteous and God-bearing fathers,  
(local patron saint); of the holy and righteous  
ancestors of God Joachim and Anna, and of all  
the saints, have mercy on us and save us, for  
He is good and loves mankind.

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,  
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ  
σῶσον ἡμᾶς.

(Ἀμήν.)

Through the prayers of our holy fathers,  
Lord Jesus Christ, our God, have mercy on us  
[and save us].

(Amen.)