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The Service of Vespers

on Thursday Evening

for Friday, July 26, 2019

Menaion - July 26

**Memory of the Holy Hieromartyrs Hermolaus, Hermippus, and
Hermocrates; and the Devout Martyr St. Paraskevi**

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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Μηνναῖον - ΤΗΙ ΚΣ' ΙΟΥΛΙΟΥ

Μνήμη τοῦ Ἁγίου Ἱερομάρτυρος
Ἑρμολάου, καὶ τῶν σὺν αὐτῷ Ἑρμίππου καὶ
Ἑρμοκράτους, καὶ τῆς Ἁγίας Ὁσιομάρτυρος
Παρασκευῆς

ΕΣΠΕΡΙΝΟΣ

ΙΕΡΕΥΣ

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν
καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν Χριστῷ τῷ Βασιλεῖ ἡμῶν
Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ
Θεῷ ἡμῶν.

Ψαλμὸς ΡΓ' (103).

Εὐλόγει ἡ ψυχὴ μου, τὸν Κύριον.
Κύριε ὁ Θεός μου ἐμεγαλύνθης σφόδρα.
Ἐξομολόγησιν καὶ μεγαλοπρέπειαν
ἐνεδύσω, ἀναβαλλόμενος φῶς ὡς ἱμάτιον.
Ἐκτείνων τὸν οὐρανὸν ὥσει δέῃον, ὁ
στεγάζων ἐν ὕδασι τὰ ὑπερῶα αὐτοῦ.
Ὅ τιθεὶς νέφη τὴν ἐπίβασιν αὐτοῦ, ὁ
περιπατῶν ἐπὶ πτερύγων ἀνέμων. Ὁ
ποιῶν τοὺς Ἀγγέλους αὐτοῦ πνεύματα,
καὶ τοὺς λειτουργοὺς αὐτοῦ πυρὸς
φλόγα. Ὁ θεμελιῶν τὴν γῆν ἐπὶ τὴν
ἀσφάλειαν αὐτῆς, οὐ κλιθήσεται εἰς τὸν
αἰῶνα τοῦ αἰῶνος. Ἄβυσσος ὡς ἱμάτιον
τὸ περιβόλαιον αὐτοῦ, ἐπὶ τῶν ὀρέων
στήσονται ὕδατα. Ἀπὸ ἐπιτιμήσεώς
σου φεύξονται, ἀπὸ φωνῆς βροντῆς

Menaion - July 26

Memory of the Holy Hieromartyrs
Hermolaus, Hermippus, and Hermocrates;
and the Devout Martyr St. Paraskevi

VESPERS

PRIEST

Blessed is our God always, now and ever,
and to the ages of ages.

(Amen.)

READER

Come, let us worship and bow down
before God our King.

Come, let us worship and bow down
before Christ God our King.

Come, let us worship and bow down
before Him, Christ our King and God.

Psalms 103 (104).

Bless the Lord, O my soul. O Lord my
God, You are magnified exceedingly; You
clothe Yourself with thanksgiving and
majesty, who cover Yourself with light as
with a garment, who stretch out the heavens
like a curtain; You are He who covers His
upper chambers with water, who makes the
clouds His means of approach, who walks
on the wings of the winds, who makes His
angels spirits and His ministers a flame of
fire. He established the earth on its stable
foundation; it shall not be moved unto ages of
ages. The deep like a garment is His covering;
the waters shall stand upon the mountains;
at Your rebuke they shall flee; at the sound
of Your thunder, they shall be afraid. The

σου δειλιάσουσιν. Αναβαίνουνσιν ὄρη, καὶ καταβαίνουνσι πεδία εἰς τόπον, ὃν ἐθεμελίωσας αὐτά. Ὅριον ἔθου, ὃ οὐ παρελεύσονται, οὐδὲ ἐπιστρέψουσι καλύψαι τὴν γῆν. Ὁ ἐξαποστέλλων πηγὰς ἐν φάραγξιν, ἀναμέσον τῶν ὀρέων διελεύσονται ὕδατα· ποτιοῦσι πάντα τὰ θηρία τοῦ ἀγροῦ, προσδέξονται ὄναγροι εἰς δίψαν αὐτῶν. Ἐπ' αὐτὰ τὰ πετεινὰ τοῦ οὐρανοῦ κατασκηνώσει, ἐκ μέσου τῶν πετρῶν δώσουσι φωνήν. Ποτίζων ὄρη ἐκ τῶν ὑπερώων αὐτοῦ, ἀπὸ καρποῦ τῶν ἔργων σου χορτασθήσεται ἡ γῆ. Ὁ ἐξανατέλλων χόρτον τοῖς κτήνεσι, καὶ χλόην τῇ δουλείᾳ τῶν ἀνθρώπων. Τοῦ ἐξαγαγεῖν ἄρτον ἐκ τῆς γῆς, καὶ οἶνος εὐφραίνει καρδίαν ἀνθρώπου. Τοῦ ἱλαρύναι πρόσωπον ἐν ἐλαίῳ, καὶ ἄρτος καρδίαν ἀνθρώπου στηρίζει. Χορτασθήσεται τὰ ξύλα τοῦ πεδίου, αἱ κέδροι τοῦ Λιβάνου, ὥς ἐφύτευσας. Ἐκεῖ στρουθία ἐννοσσεύουσιν, τοῦ ἐρωδιοῦ ἡ κατοικία ἡγεῖται αὐτῶν. Ὅρη τὰ ὑψηλὰ ταῖς ἐλάφοις, πέτρα καταφυγὴ τοῖς λαγωαῖς. Ἐποίησε σελήνην εἰς καιροῦς, ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἐθου σκότος, καὶ ἐγένετο νύξ, ἐν αὐτῇ διελεύσονται πάντα τὰ θηρία τοῦ δρυμοῦ. Σκύμνοι ὠρυόμενοι τοῦ ἀρπᾶσαι, καὶ ζητῆσαι παρὰ τῷ Θεῷ βρῶσιν αὐτοῖς. Ἀνέτειλεν ὁ ἥλιος, καὶ συνήχθησαν, καὶ εἰς τὰς μάνδρας αὐτῶν κοιτασθήσονται. Ἐξελεύσεται ἄνθρωπος ἐπὶ τὸ ἔργον αὐτοῦ, καὶ ἐπὶ τὴν ἐργασίαν αὐτοῦ ἕως ἑσπέρας. Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε, πάντα ἐν σοφίᾳ ἐποίησας, ἐπληρώθη ἡ γῆ τῆς κτίσεώς σου. Αὕτη ἡ θάλασσα ἡ μεγάλη καὶ εὐρύχωρος, ἐκεῖ ἐρπετὰ ὧν οὐκ ἔστιν ἀριθμός, ζῶα μικρὰ μετὰ μεγάλων. Ἐκεῖ

mountains rise up, and the plains sink down to the place You founded for them. You set a boundary they shall not pass over; neither shall they return to cover the earth. You are He who sends springs into the valley; the waters shall pass between the mountains; they shall give drink to all the wild animals of the field; the wild asses shall quench their thirst; the birds of heaven shall dwell beside them; they shall sing from the midst of the rocks. You are He who waters the mountains from His higher places; the earth shall be satisfied with the fruit of Your works. You are He who causes grass to grow for the cattle, and the green plant for the service of man, to bring forth bread from the earth; and wine gladdens the heart of man, to brighten his face with oil; and bread strengthens man's heart. The trees of the plain shall be full of fruit, the cedars of Lebanon, which You planted; there the sparrows shall make their nests; the house of the heron takes the lead among them. The high mountains are for the deer; the cliff is a refuge for the rabbits. He made the moon for seasons; the sun knows its setting. You established darkness, and it was night, wherein all the wild animals of the forest will prowl about; the young lions roar and snatch their prey, and seek their food from God. The sun arises, and they are gathered together; and they shall be put to bed in their dens. Man shall go out to his work and to his labor until evening. O Lord, Your works shall be magnified greatly; You made all things in wisdom; the earth was filled with Your creation. There is this great and spacious sea: the creeping things are there without number; the living things are there, both small and

πλοῖα διαπορεύονται, δράκων οὗτος,
ὃν ἔπλασας ἐμπαίζειν αὐτή. Πάντα
πρὸς σὲ προσδοκῶσι, δοῦναι τὴν τροφήν
αὐτῶν εἰς εὐκαιρον, δόντος σου αὐτοῖς
συλλέξουσιν. Ἀνοίξαντός σου τὴν χεῖρα,
τὰ σύμπαντα πλησθήσονται χρηστότητος,
ἀποστρέψαντος δέ σου τὸ πρόσωπον,
ταραχθήσονται. Ἀντανελεῖς τὸ πνεῦμα
αὐτῶν, καὶ ἐκλείψουσι, καὶ εἰς τὸν χοῦν
αὐτῶν ἐπιστρέψουσιν. Ἐξαποστελεῖς
τὸ πνεῦμα σου, καὶ κτισθήσονται, καὶ
ἀνακαινίεις τὸ πρόσωπον τῆς γῆς.
Ἦτω ἡ δόξα Κυρίου εἰς τοὺς αἰῶνας,
εὐφρανθήσεται Κύριος ἐπὶ τοῖς ἔργοις
αὐτοῦ. Ὁ ἐπιβλέπων ἐπὶ τὴν γῆν, καὶ ποιῶν
αὐτὴν τρέμειν, ὁ ἀπτόμενος τῶν ὀρέων,
καὶ καπνίζονται. Αἰσω τῷ Κυρίῳ ἐν τῇ
ζωῇ μου, ψαλῷ τῷ Θεῷ μου ἕως ὑπάρχω.
Ἦδυνθείη αὐτῷ ἡ διαλογία μου, ἐγὼ δὲ
εὐφρανθήσομαι ἐπὶ τῷ Κυρίῳ. Ἐκλείποιεν
ἁμαρτωλοὶ ἀπὸ τῆς γῆς, καὶ ἄνομοι, ὥστε
μὴ ὑπάρχειν αὐτοῦς. Εὐλόγει, ἡ ψυχὴ μου,
τὸν Κύριον.

Ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου
σκότος, καὶ ἐγένετο νύξ.

Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε·
πάντα ἐν σοφίᾳ ἐποίησας.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.
Δόξα σοι ὁ Θεός. (ἐκ γ')

Ἡ ἐλπίς ἡμῶν, Κύριε, δόξα σοι.

great; there the ships pass through; there is
this dragon You formed to play therein. All
things wait upon You, that You may give
them food in due season. When You give
it to them, they shall gather it; when You
open Your hand, all things shall be filled with
Your goodness. But when You turn Your face
away, they shall be troubled; when You take
away their breath, they shall die and return
again to their dust. You shall send forth Your
Spirit, and they shall be created, and You shall
renew the face of the earth. Let the glory of
the Lord be forever; the Lord shall be glad
in His works; He looks upon the earth and
makes it tremble; He touches the mountains,
and they smoke. I will sing to the Lord all my
life; I will sing to my God as long as I exist;
may my words be pleasing to Him, and I shall
be glad in the Lord. May sinners cease from
the earth, and the lawless, so as to be no more.
Bless the Lord, O my soul.

The sun knows its setting. You
established darkness, and it was night.

O Lord, Your works shall be magnified
greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You,
O God. (3)

Our hope, O Lord, glory to You.

Απαγγελλομένου επίσης τοῦ Προοιμιακοῦ, ὁ Ἱερεὺς ἵσταται ἀσκεπής ἐνώπιον τῆς ἁγίας Τραπέζης ἢ καὶ ἐνώπιον τῆς εἰκόνης τοῦ Σωτῆρος Χριστοῦ, ἱστάμενος ἐπὶ τοῦ Σολέα (ὡς ἐν τῷ Ὁρθρῳ), καὶ ἀναγινώσκει μυστικῶς τὰς Εὐχὰς τοῦ Λιχνικοῦ·

ΙΕΡΕΥΣ (μυστικῶς)

ΕΥΧΗ ΠΡΩΤΗ

Κύριε, οἰκτίρμον καὶ ἐλεῆμον, μακρόθυμε καὶ πολυέλεε, ἐνώτισαι τὴν προσευχὴν ἡμῶν, καὶ πρόσχες τῇ φωνῇ τῆς δεήσεως ἡμῶν· ποίησον μεθ' ἡμῶν σημεῖον εἰς ἀγαθόν· ὁδήγησον ἡμᾶς ἐν τῇ ὁδῷ σου τοῦ πορεύεσθαι ἐν τῇ ἀληθείᾳ σου· εὐφρανον τὰς καρδίας ἡμῶν, εἰς τὸ φοβεῖσθαι τὸ Ὄνομά σου τὸ ἅγιον· διότι μέγας εἶ σὺ, καὶ ποιῶν θαυμάσια· σὺ εἶ Θεὸς μόνος, καὶ οὐκ ἔστιν ὅμοιός σοι ἐν θεοῖς, Κύριε, δυνατὸς ἐν ἐλέει, καὶ ἀγαθὸς ἐν ἰσχύϊ, εἰς τὸ βοηθεῖν καὶ παρακαλεῖν, καὶ σῶζειν πάντας τοὺς ἐλπίζοντας εἰς τὸ Ὄνομά σου τὸ ἅγιον.

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΔΕΥΤΕΡΑ

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης ἡμᾶς, μηδὲ τῇ ὀργῇ σου παιδεύσης ἡμᾶς, ἀλλὰ ποίησον μεθ' ἡμῶν κατὰ τὴν ἐπιείκειάν σου, ἱατρὲ καὶ θεραπευτὰ τῶν ψυχῶν ἡμῶν· ὁδήγησον ἡμᾶς ἐπὶ λιμένα θελήματός σου· φώτισον τοὺς ὀφθαλμοὺς τῶν καρδιῶν ἡμῶν, εἰς ἐπίγνωσιν τῆς σῆς ἀληθείας· καὶ δώρησαι ἡμῖν τὸ λοιπὸν τῆς παρούσης ἡμέρας εἰρηνικὸν καὶ ἀναμάρτητον, καὶ πάντα τὸν χρόνον τῆς ζωῆς ἡμῶν·

While the Opening Psalm is being read the Priest, bareheaded and standing in front of the Holy Table, says quietly the following Prayers at the Lighting of the Lamps.

PRIEST (inaudibly)

1st Prayer

O Lord, compassionate and merciful, long-suffering and full of mercy, listen to our prayer and attend to the voice of our supplication. Make for us a sign for good. Guide us in your way, to walk in your truth. Make glad our hearts to fear your holy Name, because you are great and do wondrous things. You alone are God, and there is none like you, O Lord, among gods: powerful in mercy and loving in strength to help and to console and to save all who hope in your holy Name. [EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

2nd Prayer

Lord, do not rebuke us in your anger, nor chastise us in your wrath, but deal with us in accordance with your kindness, physician and healer of our souls. Guide us to the harbour of your will. Enlighten the eyes of our hearts to the knowledge of your truth and grant that the rest of the present day and the whole time of our life may be peaceful and without sin, at the prayers of the holy Mother of God and of all the Saints. [EL]

προσβείαις τῆς ἁγίας Θεοτόκου, καὶ πάντων τῶν Ἁγίων σου.

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΤΡΙΤΗ

Κύριε, ὁ Θεὸς ἡμῶν, μνήσθητι ἡμῶν τῶν ἁμαρτωλῶν καὶ ἀχρείων δούλων σου, ἐν τῷ ἐπικαλεῖσθαι ἡμᾶς τὸ ἅγιον ὄνομά σου, καὶ μὴ κατασχύνῃς ἡμᾶς ἀπὸ τῆς προσδοκίας τοῦ ἐλέους σου, ἀλλὰ χάρισαι ἡμῖν, Κύριε, πάντα τὰ πρὸς σωτηρίαν αἰτήματα· καὶ ἀξιώσον ἡμᾶς ἀγαπᾶν, καὶ φοβεῖσθαι σε ἐξ ὅλης τῆς καρδίας ἡμῶν, καὶ ποιεῖν ἐν πᾶσι τὸ θέλημά σου.

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΤΕΤΑΡΤΗ

Ὅ τοῖς ἀσιγήτοις ὕμνοις καὶ ἀπαύστοις δοξολογίαις ὑπὸ τῶν ἁγίων δυνάμεων ἀνυμνούμενος, πλήρωσον τὸ στόμα ἡμῶν τῆς αἰνέσεώς σου, τοῦ δοῦναι μεγαλωσύνην τῷ ὀνόματί σου τῷ ἁγίῳ· καὶ δὸς ἡμῖν μερίδα καὶ κληρὸν μετὰ πάντων τῶν φοβουμένων σε ἐν ἀληθείᾳ καὶ φυλασσόντων τὰς ἐντολάς σου· προσβείαις τῆς ἁγίας Θεοτόκου καὶ πάντων τῶν ἁγίων σου.

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

3rd Prayer

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will. [EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

4th Prayer

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints. [EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

Ἀγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΠΕΜΠΤΗ

Κύριε, Κύριε, ὁ τῇ ἀχραντῷ σου παλάμῃ συνέχων τὰ σύμπαντα, ὁ μακροθυμῶν ἐπὶ πάντας ἡμᾶς καὶ μετανοῶν ἐπὶ ταῖς κακίαις ἡμῶν, μνήσθητι τῶν οἰκτιρμῶν σου καὶ τοῦ ἐλέους σου· ἐπίσκεψαι ἡμᾶς ἐν τῇ σῇ ἀγαθότητι· καὶ δὸς ἡμῖν διαφυγεῖν καὶ τὸ λοιπὸν τῆς παρούσης ἡμέρας, ἐκ τῶν τοῦ πονηροῦ ποικίλων μηχανημάτων, καὶ ἀνεπιβούλευτον τὴν ζωὴν ἡμῶν διαφύλαξον, τῇ χάριτι τοῦ Παναγίου σου Πνεύματος.

Ἐλέει καὶ φιланθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΕΚΤΗ

Ὁ Θεός, ὁ μέγας καὶ θαυμαστός, ὁ ἀνεκδιηγῆτῳ ἀγαθωσύνη καὶ πλουσία προνοία διοικῶν τὰ σύμπαντα· ὁ καὶ τα ἐγκόσμια ἀγαθὰ ἡμῖν δωρησάμενος, καὶ κατεγγυήσας ἡμῖν τὴν ἐπηγγελμένην βασιλείαν, διὰ τῶν ἤδη κεχαρισμένων ἡμῖν ἀγαθῶν· ὁ ποιήσας ἡμᾶς καὶ τῆς νῦν ἡμέρας τὸ παρελθὸν μέρος ἀπὸ παντὸς ἐκκλίνειν κακοῦ, δώρησαι ἡμῖν καὶ τὸ ὑπόλοιπον ἀμέμπτως ἐκτελέσαι, ἐνώπιον τῆς ἀγίας δόξης σου, ὑμνοῦντάς σε τὸν μόνον ἀγαθόν, καὶ φιλάνθρωπον Θεὸν ἡμῶν.

Ὅτι σὺ εἶ ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ

5th Prayer

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault. ^[EL]

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind. ^[EL]

For you are our God and to you we give glory, to the Father, the Son and the Holy

καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς
τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΕΒΔΟΜΗ

Ὁ Θεὸς ὁ μέγας καὶ ὑψιστος, ὁ μόνος
ἔχων ἀθανασίαν, φῶς οἰκῶν ἀπρόσιτον, ὁ
πᾶσαν τὴν κτίσιν ἐν σοφίᾳ δημιουργήσας.
Ὁ διαχωρήσας ἀνὰ μέσον τοῦ φωτός, καὶ
ἀνὰ μέσον τοῦ σκότους, καὶ τὸν μὲν ἥλιον
θέμενος εἰς ἐξουσίαν τῆς ἡμέρας, σελήνην
δὲ καὶ ἀστέρας εἰς ἐξουσίαν τῆς νυκτός· ὁ
καταξιώσας ἡμᾶς τοὺς ἁμαρτωλοὺς καὶ
ἐπὶ τῆς παρούσης ὥρας προφθάσαι τὸ
πρόσωπόν σου ἐν ἐξομολογήσει, καὶ τὴν
ἐσπερινὴν σοι δοξολογίαν προσαγαγεῖν·
αὐτός, φιλάνθρωπε Κύριε, κατεύθυνον
τὴν προσευχὴν ἡμῶν ὡς θυμίαμα ἐνώπιόν
σου καὶ πρόσδεξαι αὐτὴν εἰς ὁσμὴν
εὐωδίας. Παράσχου δὲ ἡμῖν τὴν παροῦσαν
ἐσπέραν καὶ τὴν ἐπιοῦσαν νύκτα εἰρηνικὴν·
ἐνδυσον ἡμᾶς ὅπλα φωτός· ῥῦσαι ἡμᾶς
ἀπὸ φόβου νυκτερινοῦ καὶ ἀπὸ παντός
πράγματος ἐν σκότει διαπορευομένου· καὶ
δὸς ἡμῖν τὸν ὕπνον, ὃν εἰς ἀνάπausιν τῇ
ἀσθενείᾳ ἡμῶν ἐδωρήσω, πάσης διαβολικῆς
φαντασίας ἀπηλλαγμένον. Naί, Δέσποτα
τῶν ἀπάντων, τῶν ἀγαθῶν χορηγέ· ἵνα,
καὶ ἐπὶ ταῖς κοίταις ἡμῶν κατανυγόμενοι,
μνημονεύωμεν ἐν νυκτὶ τοῦ ὀνόματός
σου, καὶ τῇ μελέτῃ τῶν σῶν ἐντολῶν
καταυγαζόμενοι, ἐν ἀγαλλιάσει ψυχῆς
διανιστῶμεν πρὸς δοξολογίαν τῆς σῆς
ἀγαθότητος, δεήσεις καὶ ἱκεσίας τῇ σῇ
εὐσπλαγχνίᾳ προσάγοντες ὑπὲρ τῶν ἰδίων
ἁμαρτημάτων καὶ παντός τοῦ λαοῦ σου,
ὃν ταῖς πρεσβείαις τῆς ἁγίας Θεοτόκου ἐν
ἐλέει ἐπίσκεψαι.

Spirit, now and for ever, and to the ages of
ages. Amen. [EL]

7th Prayer

Great and most high God, who
alone possess immortality, who dwell
in unapproachable light, who fashioned
all creation with wisdom, who made the
separation between the light and the darkness
and who placed the sun to have authority
over the day and the moon and the stars
to have authority over the night, who have
counted us sinners worthy even at this
present hour to come into your presence with
confession and thanksgiving and to offer
you our evening hymn of glory; do you, O
Lord who love mankind, direct our prayer
like incense before you and accept it as a
savour of sweet fragrance. Grant us that the
present evening and the coming night may
be peaceful, clothe us with weapons of light,
deliver us from every night-time fear and
from every deed that walks in darkness. And
give us sleep, which you have bestowed on us
for our rest in our weakness, freed from every
fantasy of the devil. Yes, Master of all things,
giver of blessings, may we also be filled with
compunction on our beds and call to mind
your Name in the night, and enlightened by
meditation on your commandments may we
rise with gladness of soul to give glory to
your loving-kindness, as we bring to your
compassion supplications and entreaties on
behalf of our own sins and those of all your
people. At the prayers of the holy Mother of
God visit them with mercy. [EL]

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς
ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.
Ἀμήν.

*Πληρωθέντος τοῦ Προοιμιακοῦ Ψαλμοῦ, ὁ μὲν
Τερεὺς παραμένει ἐν εὐλαβείᾳ ἐνώπιον τῆς ἀγίας
Τραπεζῆς, ὁ δὲ Διάκονος ποιεῖ σχῆμα πρὸς τὸ Τερέα,
καὶ ἐξελθὼν τοῦ ἱεροῦ Βήματος, διὰ τῆς βορείας
πύλης, καὶ στὰς πρὸ τῆς Ὁραίας πύλης, καὶ βλέπων
κατ' ἐνώπιον τῆς εἰκόνης τοῦ Χριστοῦ, λέγει τὴν
Μεγάλην Συναπτὴν, ἥτοι τὰ "Εἰρηνικά."*

For you, O God, are good and love
mankind, and to you we give glory, Father,
Son and Holy Spirit, now and for ever, and to
the ages of ages. Amen. ^[EL]

*When the Opening Psalm is completed the Priest, in
front of the Holy Table, or the Deacon in his usual place
outside the Holy Doors, says the Litany of Peace.*

ΔΙΑΚΟΝΟΣ

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς ἄνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ἁγίου οἴκου τούτου, καὶ τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῶν εὐσεβῶν καὶ Ὁρθοδόξων Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς πόλεως ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

Ὑπὲρ πλεόντων, ὁδοιπορούντων,
νοσούντων, καμνόντων, αἰχμαλώτων καὶ
τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης
θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ
προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Ἦχος πλ. δ'.

Κύριε ἐκέκραξα πρὸς σέ, εἰσάκουσόν
μου, εἰσάκουσόν μου, Κύριε. Κύριε,
ἐκέκραξα πρὸς σέ, εἰσάκουσόν μου·
πρόσχες τῇ φωνῇ τῆς δεήσεώς μου, ἐν τῷ
κεκραγέναι με πρὸς σέ. Εἰσάκουσόν μου,
Κύριε.

Κατευθυνθήτω ἡ προσευχή μου, ὡς
θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν
μου θυσία ἑσπερινή. Εἰσάκουσόν μου,
Κύριε.

For those who travel by land, sea, and air,
for the sick, the suffering, the captives and for
their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction,
wrath, danger, and necessity, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For to You belong all glory, honor, and
worship, to the Father and to the Son and to
the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

CHOIR

Mode pl. 4.

Lord, I have cried to You; hear me. Hear
me, O Lord. Lord, I have cried to You; hear
me. Give heed to the voice of my supplication
when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You
as incense, the lifting up of my hands as the
evening sacrifice. Hear me, O Lord. [SAAS]

Θοῦ, Κύριε, φυλακὴν τῷ στόματί μου, καὶ θύραν περιοχῆς περὶ τὰ χεῖλη μου.

Μὴ ἐκκλίνης τὴν καρδίαν μου εἰς λόγους πονηρίας, τοῦ προφασίζεσθαι προφάσεις ἐν ἁμαρτίαις.

Σὺν ἀνθρώποις ἐργαζομένοις τὴν ἀνομίαν, καὶ οὐ μὴ συνδυάσω μετὰ τῶν ἐκλεκτῶν αὐτῶν.

Παιδεύσει με δίκαιος ἐν ἐλέει, καὶ ἐλέγξει με, ἔλαιον δὲ ἁμαρτωλοῦ μὴ λιπανάτω τὴν κεφαλὴν μου.

Ὅτι ἔτι καὶ ἡ προσευχή μου ἐν ταῖς εὐδοκίαις αὐτῶν· κατεπόθησαν ἐχόμενα πέτραις οἱ κριταὶ αὐτῶν.

Ἀκούσονται τὰ ῥήματά μου, ὅτι ἠδύνθησαν· ὥσπερ πάχος γῆς ἐρράγῃ ἐπὶ τῆς γῆς, διεσκορπίσθη τὰ ὅσα αὐτῶν παρὰ τὸν ἄδην.

Ὅτι πρὸς σέ, Κύριε, Κύριε, οἱ ὀφθαλμοὶ μου· ἐπὶ σοὶ ἤλπισα, μὴ ἀντανέλης τὴν ψυχὴν μου.

Φύλαξόν με ἀπὸ παγίδος ἧς συνεστήσαντό μοι, καὶ ἀπὸ σκανδάλων τῶν ἐργαζομένων τὴν ἀνομίαν.

Πεσοῦνται ἐν ἀμφιβλήστρῳ αὐτῶν οἱ ἁμαρτωλοί· κατὰ μόνας εἰμὶ ἐγὼ ἕως ἂν παρέλθω.

Φωνῇ μου πρὸς Κύριον ἐκέκραξα, φωνῇ μου πρὸς Κύριον ἐδεήθην.

Ἐκχεῶ ἐνώπιον αὐτοῦ τὴν δέησίν μου, τὴν θλιψίν μου ἐνώπιον αὐτοῦ ἀπαγγελῶ.

Ἐν τῷ ἐκλείπειν ἐξ ἐμοῦ τὸ πνεῦμά μου, καὶ σὺ ἔγνων τὰς τρίβους μου.

Ἐν ὁδῷ ταύτῃ, ἣ ἐπορευόμην, ἔκρυψαν παγίδα μοι.

Κατενόουν εἰς τὰ δεξιὰ, καὶ ἐπέβλεπον, καὶ οὐκ ἦν ὁ ἐπιγινώσκων με.

Ἀπώλετο φυγὴ ἀπ' ἐμοῦ, καὶ οὐκ ἔστιν ὁ ἐκζητῶν τὴν ψυχὴν μου.

Ἐκέκραξα πρὸς σέ, Κύριε εἶπα· Σὺ εἶ ἡ ἐλπίς μου, μερίς μου εἶ ἐν γῇ ζώντων.

Πρόσχεες πρὸς τὴν δέησίν μου, ὅτι ἐταπεινώθην σφόδρα.

Set a watch, O Lord, before my mouth, a door of enclosure about my lips.

Incline not my heart to evil words, to make excuses in sins.

With men who work lawlessness; and I will not join with their choice ones.

The righteous man shall correct me with mercy, and he shall reprove me; but let not the oil of the sinner anoint my head.

For my prayer shall be intense in the presence of their pleasures. Their judges are swallowed up by the rock.

They shall hear my words, for they are pleasant. As a clod of ground is dashed to pieces on the earth, so their bones were scattered beside the grave.

For my eyes, O Lord, O Lord, are toward You; in You I hope; take not my soul away.

Keep me from the snares they set for me, and from the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone, until I escape.

I cried to the Lord with my voice, with my voice I prayed to the Lord.

I shall pour out my supplication before Him; I shall declare my affliction in His presence.

When my spirit fainted within me, then You knew my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one who knew me.

Refuge failed me, and there was no one who cared for my soul.

I cried to You, O Lord; I said, "You are my hope, my portion in the land of the living."

Attend to my supplication, for I was humbled exceedingly.

Ῥῥσαί με ἐκ τῶν καταδιωκόντων με, ὅτι ἐκραταιώθησαν ὑπὲρ ἐμέ.

Ἐξάγαγε ἐκ φυλακῆς τὴν ψυχὴν μου, τοῦ ἐξομολογήσασθαι τῷ ὀνόματί σου.

Ἐμὲ ὑπομενοῦσι δίκαιοι, ἕως οὐ ἀνταποδῶς μοι.

Ἐκ βαθέων ἐκέκραξά σοι, Κύριε· Κύριε, εἰσάκουσον τῆς φωνῆς μου.

Γενηθήτω τὰ ὦτά σου προσέχοντα εἰς τὴν φωνὴν τῆς δεήσεώς μου.

Στιχηρά. Τῶν Ἁγίων.

Τοῦ Μηναίου - - -

Ἦχος πλ. δ'. Ὡ τοῦ παραδόξου.

Ἐὰν ἀνομίας παρατηρήσης, Κύριε Κύριε, τίς ὑποστήσεται; ὅτι παρὰ σοὶ ὁ ἰλασμός ἐστιν.

Μάρτυς ἀθλητὰ Ἑρμόλαε, ἱερωτάτην ζωὴν, ἱερῶς ἐπεπόθησας, ἱερεὺς γενόμενος, Ἰησοῦ Παντοκράτορος, καὶ ἀνιέρου σκοτασμοῦ ἔσωσας, σεπτοῖς σου λόγοις λαούς, ἐν χάριτι, καὶ μεταβέβηκας, πρὸς τὰ ὑπερκόσμια τῶν ἀθλητῶν, αἵματι λουσάμενος, θεομακάριστε.

Ἐνεκεν τοῦ ὀνόματός σου ὑπέμεινά σε, Κύριε, ὑπέμεινεν ἡ ψυχὴ μου εἰς τὸν λόγον σου. Ἦλπισεν ἡ ψυχὴ μου ἐπὶ τὸν Κύριον.

Μάρτυς ἀθλητὰ Ἑρμόλαε, διὰ τὸν φόβον ποτέ, τῶν ἀνόμων κρυπτόμενος, φανεροῖς γηθόμενος, κεκρυμμένον μυστήριον, τῷ ἀθλοφόρῳ Παντελεήμονι, τῆς εὐσεβείας καὶ ἐπιγνώσεως, καὶ φανερούμενος, θνήσκεις προθυμότατα, διὰ Χριστόν, τὸν δι' ἀγαθότητα, παθεῖν ἐλόμενον.

Deliver me from my persecutors, for they are stronger than I.

Bring my soul out of prison to give thanks to Your name, O Lord.

The righteous shall wait for me, until You reward me.

Out of the depths I have cried to You, O Lord; O Lord, hear my voice.

Let Your ears be attentive to the voice of my supplication.

Stichera. For the Saints.

From Menaion - - -

Mode pl. 4. N/M (What a paradoxal.)

If You, O Lord, should mark transgression, O Lord, who would stand? For there is forgiveness with You. [SAAS]

Martyr and athlete, Hermolaus, / once you hid yourself in fear from the evil ones. / You rejoiced to reveal the hidden mystery of devotion and understanding / to the passion-bearer Panteleimon. / Then you revealed yourself and zealously died for Christ // Who was well-pleased to suffer for us in His goodness. [OCA]

Because of Your law, O Lord, I waited for You; my soul waited for Your word. My soul hopes in the Lord. [SAAS]

Martyr and athlete, Hermolaus, / you desired a holy life in sanctity. / You became a bishop of the almighty Jesus, / and by your life-bearing sermons and grace / you saved the people from the darkness of impurity. / You have passed over to the heavens, / washed in the blood of your suffering, // blessed one of God! [OCA]

Ἀπὸ φυλακῆς πρωΐας μέχρι νυκτός· ἀπὸ φυλακῆς πρωΐας ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν Κύριον.

Ἑρμιππὸν τε καὶ Ἑρμόλαον, καὶ Ἑρμοκράτην πιστῶς, τοῦ Κυρίου τοὺς μάρτυρας, θαυμαστῶς ἀθλήσαντας, καὶ τὸν δόλιον κτείναντας, καὶ λουσαμένους λουτρὸν μηδέποτε, δευτέροις ῥύποις ἐπιθολούμενον, ἀνευφημήσωμεν, ἱερῶς δοξάζοντες, καὶ τὴν αὐτῶν, μνήμην ἐορτάζοντες πανηγυρίσωμεν.

Τῆς Ἀγίας.

Τοῦ Μηναίου ---

Ἦχος πλ. δ'. Ὁ τοῦ παραδόξου.

Ὅτι παρὰ τῷ Κυρίῳ τὸ ἔλεος καὶ πολλὴ παρ' αὐτῷ λύτρωσις, καὶ αὐτὸς λυτρώσεται τὸν Ἰσραὴλ ἐκ πασῶν τῶν ἀνομιῶν αὐτοῦ.

Ὁ τοῦ παραδόξου θαύματος! Παρασκευὴ ἡ σοφὴ, Ἀντωνίνου τὸ φρύαγμα, ἀνδρικῶς κατέβαλες, προθύμως ἐναθλήσασα, καὶ τῶν βραβείων τῆς ἄνω κλήσεως, καὶ τῶν στεφάνων ἀξιωθεῖσα σεμνὴ, ὑπὲρ τῶν δούλων σου, τῶν πιστῶς τιμώντων σε, μνείαν ποιοῦ, πάντοτε πρὸς Κύριον, ἐλεηθῆναι ἡμᾶς.

Αἰνεῖτε τὸν Κύριον, πάντα τὰ ἔθνη, ἐπαινέσατε αὐτόν, πάντες οἱ λαοί.

Μάρτυς τοῦ Χριστοῦ Πανεύφημε, ἡ τὸν Δεσπότην Χριστόν, ὀλοψύχως ποθήσασα, τῶν βασάνων ἡνεγκας, τὰς πληγὰς καρτερώτατα, καὶ ξεομένη πλευρὰς ταῖς μαστιξίν, αἰκίας πάσας, διὰ τὸν σὸν ἐραστήν, καθυπομένουσα, τῶν στεφάνων ἔτυχες, τῶν παρ' αὐτοῦ· ὅθεν εὐφημοῦμέν σε θεομακάριστε.

From the morning watch until night; from the morning watch until night, let Israel hope in the Lord. [SAAS]

Let us praise in faith with holy words/the martyrs of the Lord, Hermippus, Hermolaus and Hermocrates! / They suffered in a wonderful way, / killing the evil one and washing themselves in the water of baptism! / They were not defiled again with other impurities. // Therefore let us keep the feast and celebrate their memory! [OCA]

For the Holy Woman.

From Menaion ---

Mode pl. 4. *What a paradoxal.*

For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions. [SAAS]

What a paradoxal miracle! Paraskevi, readily * you competed in martyrdom * and you manfully brought down * Antoninus's insolence. * You were awarded the medals and the crowns * of your high calling, O maiden chaste and wise. * Ever remember us * who are loyally extolling you today, * and for us pray to the Lord, that He have mercy on us. [SD]

Praise the Lord, all you Gentiles; praise Him, all you peoples. [SAAS]

O all-lauded martyr saint of Christ, * with all your soul you had loved * Christ the Master and longed for Him, * so you patiently endured * every torture that wounded you: * they whipped your body and tore away your flesh; * and you were glad to accept to suffer all * for the Object of your love. * And from Him you have received the martyr's crowns.

Ὅτι ἐκραταιώθη τὸ ἔλεος αὐτοῦ ἐφ’
ἡμᾶς, καὶ ἡ ἀλήθεια τοῦ Κυρίου μένει εἰς τὸν
αἰῶνα.

Ὅσιομάρτυς πανένδοξε, τίς ἐξισχύσει
εἰπεῖν, τῶν σῶν πόνων τὰ ἔπαθλα, καὶ
τοῦ μαρτυρίου σου, τὰ ἀνδρεῖα τεράστια,
ὑπομονήν τε καὶ τὴν πραότητα, ἣν ἐνεδείξω
Σεμνή ὡς ἄσαρκος; ὅθεν συνόμιλος, τῶν
Ἀγγέλων γέγονας, Παρασκευή, νύμφη τοῦ
Παντάνακτος, σκεῦος τοῦ Πνεύματος.

Δόξα.

Τοῦ Μηναίου ---

Ἦχος πλ. β’.

Παρθενομάρτυς ἀθληφόρε, Παρασκευή
πανένδοξε, τοὺς τὴν ἀθλησιν τὴν σὴν
ἐορτάζοντας ἀξίως, αἰτησαι ῥυσθῆναι
πειρασμῶν καὶ θλίψεων, ταῖς πρὸς Θεὸν
πρεσβείαις σου, καὶ τῆς μελλούσης κρίσεως,
Μάρτυς παναοίδιμε.

Τῆς Οκτωήχου ---

Καὶ νῦν. **Θεοτοκίον.**

Ἦχος πλ. β’.

Τίς μὴ μακαρίσει σε, Παναγία Παρθένε;
τίς μὴ ἀνυμνήσει σου τὸν ἀλόχευτον τόκον;
ὁ γὰρ ἀχρόνως ἐκ Πατρὸς ἐκλάμψας Υἱὸς
μονογενής, ὁ αὐτὸς ἐκ σοῦ τῆς Ἀγνῆς
προῆλθεν, ἀφράστως σαρκωθείς, φύσει
Θεὸς ὑπάρχων, καὶ φύσει γενόμενος
ἄνθρωπος δι’ ἡμᾶς, οὐκ εἰς δυάδα
προσώπων τεμνόμενος, ἀλλ’ ἐν δυάδι
φύσεων, ἀσυγχύτως γνωριζόμενος. Αὐτὸν
ικέτευε, σεμνή Παμμακάριστε, ἐλεηθῆναι
τὰς ψυχὰς ἡμῶν.

* Therefore we extol and praise you who are
blest by God. [SD]

*For His mercy rules over us; and the truth of
the Lord endures forever.* [SAAS]

Glorious devout and martyr saint, * no
one can aptly describe * all the pain and
the suffering * you endured in martyrdom
* and your wonderful manly feats. * You
demonstrated patience and gentleness, * as if
you had no flesh, O modest one. * Therefore,
Paraskevi, * you are a companion of angels
on high, * vessel of the Spirit and bride of the
King of all. [SD]

Glory.

From Menaion ---

Mode pl. 2.

O victorious virgin martyr, glorious
Paraskevi, for us who hold a worthy
celebration of your contest, pray and
intercede with God, to deliver us from
temptations and tribulations, and also from
the coming judgment, O all-honored martyr.

[SD]

From Octoechos ---

Both now. **Theotokion.**

Mode pl. 2.

Who will not call you blessed, most
holy Virgin? Who will not sing praises of
your wondrous birth giving? For the only
begotten Son, timelessly having shone forth
from the Father, came forth from you who
are pure. And having been ineffably made
flesh, he, who by nature is God, for our
sake became also by nature man: not in two
divided persons, but in two natures without
confusion. O honored and all blessed one,
beseech him to have mercy on our souls. [HC]

ΔΙΑΚΟΝΟΣ (χαμηλοφώνως)

Τοῦ Κυρίου δεηθῶμεν.

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ ΤΗΣ ΕΙΣΟΔΟΥ

Ἐσπέρας καὶ πρωῒ καὶ μεσημβρίας, αἰνοῦμεν,
εὐλογοῦμεν, εὐχαριστοῦμεν καὶ δεόμεθά σου,
Δέσποτα τῶν πάντων, Φιλάνθρωπε, Κύριε.
Κατεύθυνον τὴν προσευχὴν ἡμῶν, ὡς θυμίαμα
ἐνώπιόν σου καὶ μὴ ἐκκλίνῃς τὰς καρδίας ἡμῶν εἰς
λόγους, ἢ εἰς λογισμοὺς πονηρίας, ἀλλὰ ῥῦσαι ἡμᾶς
ἐκ πάντων τῶν θηρευόντων τὰς ψυχὰς ἡμῶν· ὅτι
πρὸς σέ, Κύριε, Κύριε, οἱ ὀφθαλμοὶ ἡμῶν, καὶ ἐπὶ σοὶ
ἠλπίσαμεν· μὴ κατασχύνῃς ἡμᾶς, ὁ Θεὸς ἡμῶν.

ΔΙΑΚΟΝΟΣ

Σοφία. Ὁρθοί.

ΚΛΗΡΟΣ ΚΑΙ ΛΑΟΣ

Ἦχος β'.

Φῶς ἱλαρὸν ἀγίας δόξης, ἀθανάτου
Πατρός, οὐρανίου, ἀγίου, μάκαρος, Ἰησοῦ
Χριστέ, ἐλθόντες ἐπὶ τὴν ἡλίου δύσιν,
ιδόντες φῶς ἑσπερινόν, ὑμνοῦμεν Πατέρα,
Υἱόν, καὶ ἅγιον Πνεῦμα Θεόν. Ἄξιόν σε ἐν
παῶσι καιροῖς, ὑμνεῖσθαι φωναῖς αἰσίαις,
Υἱὲ Θεοῦ, ζῶν ὁ διδούς· * διὸ ὁ κόσμος σὲ
δοξάζει.

ΔΙΑΚΟΝΟΣ

Ἐσπέρας Προκείμενον.

ΧΟΡΟΣ

Προκείμενον. Ἦχος πλ. β'.

Ἡ βοήθειά μου παρὰ Κυρίου, τοῦ
ποιήσαντος τὸν οὐρανὸν καὶ τὴν γῆν. (δίς)

Στίχ. Ἦρα τοὺς ὀφθαλμούς μου εἰς τὰ
ὄρη, ὅθεν ἥξει ἡ βοήθειά μου.

Ἡ βοήθειά μου παρὰ Κυρίου, τοῦ
ποιήσαντος τὸν οὐρανὸν καὶ τὴν γῆν.

DEACON (in a low voice)

Let us pray to the Lord.

PRIEST (in a low voice)

Prayer of the Entrance

At evening, at morning and at midday we praise,
bless and give thanks, and we pray to you, Master of
all things, Lord who love mankind: Direct our prayer
before you like incense, and do not incline our hearts to
words or thoughts of evil, but deliver us from all that
hunt down our souls. For our eyes look to you, O Lord,
our Lord, and we have hoped in you.

DEACON

Wisdom. Arise.

CLERGY AND PEOPLE

Mode 2.

Gladsome light of holy glory of the holy,
blessed, heavenly, immortal Father, O Jesus
Christ: arriving at the hour of sunset and
having seen the evening light, we praise the
Father, Son, and Holy Spirit, God. It is worthy
for You to be praised at all times with happy
voices, O Son of God and Giver of life; * and
therefore the world glorifies You. [SD]

DEACON

The evening Prokeimenon.

CHOIR

Prokeimenon. Mode pl. 2.

My help comes from the Lord, who made
heaven and earth. (2) [SAAS]

Verse: I lifted my eyes to the mountains;
from where shall my help come?

My help comes from the Lord, who made
heaven and earth.

ΔΙΑΚΟΝΟΣ

Εἵπωμεν πάντες ἐξ ὅλης τῆς ψυχῆς καὶ
ἐξ ὅλης τῆς διανοίας ἡμῶν εἵπωμεν.

(Κύριε, ἐλέησον.)

Κύριε παντοκράτορ ὁ Θεὸς τῶν
πατέρων ἡμῶν, δεόμεθά Σου, ἐπάκουσον
καὶ ἐλέησον.

(Κύριε, ἐλέησον.)

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα
ἔλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ
ἐλέησον.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ
ὀρθοδόξων χριστιανῶν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ
βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ τῶν ἀδελφῶν ἡμῶν,
τῶν ἱερέων, ἱερομονάχων, ἱεροδιακόνων καὶ
μοναχῶν, καὶ πάσης τῆς ἐν Χριστῷ ἡμῶν
ἀδελφότητος.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ ἐλέους, ζωῆς,
εἰρήνης, υἰγείας, σωτηρίας, ἐπισκέψεως,
συγχωρήσεως καὶ ἀφέσεως τῶν ἁμαρτιῶν
τῶν δούλων τοῦ Θεοῦ, πάντων τῶν
εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν, τῶν
κατοικούντων καὶ παρεπιδημούντων ἐν
τῇ (πόλει, κώμῃ), ταύτῃ, τῶν ἐνοριτῶν,
ἐπιτρόπων, συνδρομητῶν καὶ ἀφιερωτῶν
τοῦ ἁγίου ναοῦ τούτου.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

DEACON

Let us all say with all our soul and with
all our mind, let us all say.

(Lord, have mercy.)

Lord almighty, God of our fathers, we
pray You, hear us and have mercy.

(Lord, have mercy.)

Have mercy on us, O God, according to
Your great mercy, we pray You, hear us and
have mercy.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Let us pray for pious and Orthodox
Christians.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Again we pray for (episcopal rank)
(name).

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Again we pray for our brethren: the
priests, the hieromonks, the hierodeacons, the
monastics, and all our brotherhood in Christ.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Again we pray for mercy, life, peace,
health, salvation, protection, forgiveness,
and remission of the sins of the servants of
God, all pious Orthodox Christians residing
and visiting in this city: the parishioners, the
members of the parish council, the stewards,
and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Ἔτι δεόμεθα ὑπὲρ τῶν μακαρίων
καὶ αἰοιδίμων κτιτόρων τῆς ἁγίας
Ἐκκλησίας ταύτης, καὶ ὑπὲρ πάντων τῶν
προαναπαυσασμένων πατέρων καὶ ἀδελφῶν
ἡμῶν, τῶν ἐνθάδε εὐσεβῶς, κειμένων, καὶ
ἀπανταχοῦ ὀρθοδόξων.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ τῶν
καρποφορούντων καὶ καλλιεργούντων
ἐν τῷ ἁγίῳ καὶ πανσέπτῳ ναῷ τούτῳ,
κοπιώντων, ψαλλόντων καὶ ὑπὲρ τοῦ
περιεστῶτος λαοῦ, τοῦ ἀπεκδεχομένου τὸ
παρὰ σοῦ μέγα καὶ πλούσιον ἔλεος.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

ΙΕΡΕΥΣ

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς
ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,
νῦν καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Καταξίωσον, Κύριε, ἐν τῇ ἐσπέρᾳ
ταύτῃ, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.
Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων
ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ
ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν. Γένοιτο,
Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ
ἠλπίσαμεν ἐπὶ σέ. Εὐλογητὸς εἶ, Κύριε,
δίδαξόν με τὰ δικαιώματά σου. Εὐλογητὸς
εἶ, Δέσποτα, συνέτισον μὲ τὰ δικαιώματά
σου. Εὐλογητὸς εἶ, Ἄγιε, φώτισόν με τοῖς
δικαιώμασί σου. Κύριε, τὸ ἔλεός σου εἰς τὸν
αἰῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδης.
Σοὶ πρόπει αἶνος, σοὶ πρόπει ὕμνος, σοὶ
δόξα πρόπει, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ

Again we pray for the blessed and ever-
memorable founders of this holy church,
and for all our fathers and brethren who
have fallen asleep before us, who here have
been piously laid to their rest, as well as the
Orthodox everywhere.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Again we pray for those who bear fruit
and do good works in this holy and all-
venerable church, for those who labor and
those who sing, and for the people here
present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

PRIEST

For You are a merciful God Who loves
mankind, and to You we offer up glory, to the
Father and to the Son and to the Holy Spirit,
now and forever and to the ages of ages.

(Amen.)

READER

O Lord, keep us this evening without
sin. Blessed are you, O Lord, God of our
fathers, and praised and glorified is your
name to the ages. Amen. O Lord, let your
mercy be upon us for we have set our hope
in you. Blessed are you, O Lord, teach me
your commandments. Blessed are you,
Master, grant me understanding of your
commandments. Blessed are you, Holy One,
enlighten me with your commandments.
Lord, your mercy is forever. Do not despise
the works of your hands. To you is due praise,
to you is due song, to you is due glory, to the
Father and the Son and the Holy Spirit, now
and forever and to the ages of ages. [HC]

Ἀγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΔΙΑΚΟΝΟΣ

Πληρώσωμεν τὴν ἐσπερινὴν δέησιν ἡμῶν τῷ Κυρίῳ.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τὴν ἐσπέραν πᾶσαν τελείαν, ἀγίαν, εἰρηνικὴν καὶ ἀναμάρτητον, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Ἄγγελον εἰρήνης, πιστὸν ὁδηγόν, φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Συγγνώμην καὶ ἄφεσιν τῶν ἁμαρτιῶν καὶ τῶν πλημμελημάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς ἡμῶν καὶ εἰρήνην τῷ κόσμῳ, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τὸν ὑπόλοιπον χρόνον τῆς ζωῆς ἡμῶν ἐν εἰρήνῃ καὶ μετανοίᾳ ἐκτελέσαι, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Χριστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν, ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικά, καὶ καλὴν ἀπολογία τὴν ἐπὶ τοῦ φοβεροῦ βήματος τοῦ Χριστοῦ αἰτησώμεθα.

(Παράσχον, Κύριε.)

(Amen.)

DEACON

Let us complete our evening prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζώην
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι ἀγαθὸς καὶ φιλάνθρωπος Θεὸς
ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΔΙΑΚΟΝΟΣ

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίῳ κλίνομεν.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

Κύριε, ὁ Θεὸς ἡμῶν, ὁ κλῖνας οὐρανούς καὶ
καταβὰς ἐπὶ σωτηρία τοῦ γένους τῶν ἀνθρώπων,
ἔπιδε ἐπὶ τοὺς δούλους σου καὶ ἐπὶ τὴν κληρονομίαν
σου· σοὶ γὰρ τῷ φοβερῷ καὶ φιλάνθρωπῳ κριτῇ
οἱ σοὶ δούλοι ὑπέκλιναν τὰς κεφαλὰς, τοὺς δὲ
αὐτῶν ὑπέταξαν αὐχένας, οὐ τὴν ἐξ ἀνθρώπων
ἀναμένοντες βοήθειαν, ἀλλὰ τὸ σὸν περιμένοντες
ἔλεος καὶ τὴν σὴν ἀπεκδεχόμενοι σωτηρίαν·
οὓς διαφύλαξον ἐν παντὶ καιρῷ καὶ κατὰ τὴν
παροῦσαν ἐσπέραν καὶ τὴν προσιούσαν νύκτα,
ἀπὸ παντὸς ἐχθροῦ, ἀπὸ πάσης ἀντικειμένης
ἐνεργίας διαβολικῆς, καὶ διαλογισμῶν ματαίων καὶ
ἐνθυμήσεων πονηρῶν.

ΙΕΡΕΥΣ

Εἴη τὸ κράτος τῆς βασιλείας σου
εὐλογημένον καὶ δεδοξασμένον, τοῦ
Πατρὸς, καὶ τοῦ Υἱοῦ, καὶ τοῦ ἁγίου
Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας
τῶν αἰώνων.

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You, O God, are good and love
mankind, and to You we offer glory, to the
Father and to the Son and to the Holy Spirit,
now and forever, and to the ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST (in a low voice)

Lord our God, who bowed the heavens and came
down for the salvation of the human race, look upon
your servants and upon your inheritance, for to you,
the fearful Judge who love mankind, your servants
have bowed their heads and inclined their necks, not
waiting for any human help, but awaiting your mercy
and looking for your salvation. Guard them at every
moment, during both the present evening and the
approaching night, from every foe, from every hostile
operation of the devil and from vain thoughts and evil
desires.

PRIEST

May the might of your kingdom be
blessed and glorified, of the Father and the
Son and the Holy Spirit, now and forever and
to the ages of ages.

(Αμὴν.)

Τοῦ Μηναιίου ---

ΧΟΡΟΣ

Ἀπόστιχα.

Ἦχος δ'. Ὡς γενναῖον ἐν Μάρτυσι.

Πολυώδυνα βάσανα, ὑποστῆναι
Πανένδοξε, ἀνδρικῶ φρονήματι
ηὐτομόλησας, καὶ τῶν Ἑλλήνων
σεβάσματα, ὡς κόνιν ἐλέπτυνας· τῷ
γὰρ σθένει τοῦ Σταυροῦ, τὸν ἀντίπαλον
ἐκτεινας, τὸν καυχώμενον, ὑπεράνωθεν
ἄστρον θρόνον θεῖναι· πρὸ ποδῶν σου γὰρ
ἐρράγη, ὥσπερ στρουθίον παιζόμενος.

Στίχ. Ὑπομένων ὑπέμεινα τὸν Κύριον,
καὶ προσέσχε μοι, καὶ εἰσήκουσε τῆς δεήσεώς
μου.

Τῆς πλακὸς τὴν βαρύτητα, καὶ πυρὸς
τὴν κατάκαυσιν, θεϊκῇ προνοίᾳ Ἄγγελος
τάχιστα, τὴν μὲν ὡς φύλλον ἀνέδειξε, τὴν
δὲ αὖραν ἔνδροσον, οἷα πάλαι τοῖς παισὶ,
τοῦ τετάρτου ἡ ὄρασις, μεθ' ὧν ἔκραζες· Σοῦ
τὸ ἔλεος μέγα Πανοικτίρμον· ὅθεν σέβω
γηθομένη, σοῦ τὸ πανύμνητον ὄνομα.

Στίχ. Καὶ ἔστησεν ἐπὶ πέτραν τοὺς
πόδας μου καὶ κατήθυνε τὰ διαβήματά μου.

Καθαρότητα σώματος, καὶ ψυχῆς τὴν
λαμπρότητα, κτησαμένη πάντοτε ὥφθης
ἁμωμος· σὺ γὰρ νυμφίον ποθήσασα, κατ'
ἶχνος ἐβάδισας, νοητοῦ μύρου Σεμνή,
Παρασκευὴ αἰοίδιμε, καὶ νῦν πρέσβευε,
τὸν Σωτῆρα τῶν ὅλων λύσιν δοῦναι,
ὀφλημάτων τοῖς ἐν πίστει, ἐπιτελοῦσι τὴν
μνήμην σου.

(Amen.)

From Menaion ---

CHOIR

Aposticha.

Mode 4. *To a brave one.*

O all-glorious martyr Saint, * of your own
will you manfully * underwent the various
tortures for the Lord; * and in so doing you
pulverized the idols of pagan Greeks. * By the
power of the Cross, * you extinguished the
enemy * who had boasted that * he would set
his own throne above heavens. But instead the
wretch was shattered, * crushed by your feet
like a little bird. [SD]

Verse: *I waited patiently for the Lord, and
He heeded me; and He heard my supplication.* [SAAS]

As you suffered beneath the weight *
of the stone and the burning flame, * by the
Master's providence was an Angel sent. * At
his appearance the heavy stone became light;
the burning fire * turned into refreshing dew,
* as it did for those Servants once * when the
Fourth appeared. * And you cried out, "O
tender-loving Lord, great is Your mercy. Now
rejoicing * do I adore Your all-lauded name."

[SD]

Verse: *And He established my feet on a rock
and kept straight my steps.* [SAAS]

You continually possessed * total bodily
chastity * and a shining soul, making you
above reproach. * In your desire for the
Bridegroom Christ, * you followed Him in
His tracks, * like sweet ointment and perfume.
* Ever-lauded and decorous St. Paraskevi, *
intercede with the Savior to forgive us our

Τοῦ Μηναίου - - -
Δόξα.

Ἦχος πλ. β'.

Δεῦτε πάντα τῆς γῆς τὰ πέρατα,
πνευματικὴν χορείαν ἐπικροτήσωμεν,
καὶ τὴν Χριστοῦ Παρθενομάρτυρα
εὐφημήσωμεν λέγοντες· Χαίροις,
Παρασκευὴ Ὁσία καὶ θεοτίμητε· Χαίροις, ἡ
τὸ μαρτύριον καλῶς ὑποδεξαμένη· Χαίροις
τῶν μαρτύρων ἰσοστάσιε, καὶ τῶν Ὁσίων
ὁμόσκηνε, μεθ' ὧν ἰκέτευε, τοῦ σωθῆναι τὰς
ψυχὰς ἡμῶν.

Τῆς Ὀκτωήχου - - -

Καὶ νῦν. **Θεοτοκίον.**

Ἦχος πλ. β'.

Θεοτόκε, σὺ εἶ ἡ ἄμπελος ἡ ἀληθινή,
ἡ βλαστήσασα τὸν καρπὸν τῆς ζωῆς, σὲ
ἰκετεύομεν, πρόσβευε Δέσποινα, μετὰ
τῆς Ἀθληφόρου καὶ πάντων τῶν ἁγίων,
ἐλεηθῆναι τὰς ψυχὰς ἡμῶν.

ΙΕΡΕΥΣ

Ὡδὴν τοῦ Θεοδόχου Συμεῶν.

Νῦν ἀπολύεις τὸν δοῦλόν σου, Δέσποτα,
κατὰ τὸ ῥῆμά σου, ἐν εἰρήνῃ· ὅτι εἶδον
οἱ ὀφθαλμοί μου τὸ σωτήριόν σου, ὃ
ἠτοίμασας κατὰ πρόσωπον πάντων τῶν
λαῶν· φῶς εἰς ἀποκάλυψιν ἐθνῶν, καὶ
δόξαν λαοῦ σου Ἰσραὴλ.

ΛΑΟΣ

Τρισάγιον.

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

offences as with faith now * we keep your
annual memory. [SD]

From Menaion - - -

Glory.

Mode pl. 2.

Come all, from the ends of the earth, let
us form a spiritual chorus, and let us extol
the virgin martyr of Christ, saying to her:
"Rejoice, O devout Paraskevi, honored by
God. Rejoice, for you accepted martyrdom
with dignity. Rejoice, for you stand with all
the martyrs and dwell with all the devout
ascetics. All together pray for the salvation of
our souls." [SD]

From Octoechos - - -

Both now. **Theotokion.**

Mode pl. 2.

Theotokos, you are the true vine that
produced the fruit of life. Lady, we fervently
entreat you to intercede along with the Martyr
and all the saints, that our souls be treated
mercifully. [SD]

PRIEST

Song of Simeon.

Lord, now You are letting Your servant
depart in peace, according to Your word; for
my eyes have seen Your salvation which You
have prepared before the face of all peoples.
A light to bring revelation to the Gentiles, and
the glory of Your people Israel. [NKJV]

PEOPLE

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε, ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἄγιε, ἐπίσκεψαι καὶ ἰᾶσαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Ἀπολυτίκιον. Τῶν Μαρτύρων.

Ἦχος δ΄. Ταχὺ προκατάλαβε.

Οἱ Μάρτυρές σου Κύριε, ἐν τῇ ἀθλήσει αὐτῶν, στεφάνους ἐκομίσαντο τῆς ἀφθαρσίας, ἐκ σοῦ τοῦ Θεοῦ ἡμῶν· σχόντες γὰρ τὴν ἰσχύν σου, τοὺς τυράννους καθεῖλον, ἔθραυσαν καὶ δαιμόνων, τὰ ἀνίσχυρα θράση. Αὐτῶν ταῖς ἱκεσίαις, Χριστέ ὁ Θεός, σῶσον τὰς ψυχὰς ἡμῶν.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Apolytikion. For the Martyrs.

Mode 4. Come quickly.

Your Martyrs, O Lord, were worthily awarded by You * the crowns of incorruption, in that they contested for You our immortal God. * Since they possessed Your power, they defeated the tyrants, * dashing the demons' powerless displays of defiance. * O Christ

Δόξα. **Τῆς Ἀγίας.**

Τοῦ Μηναίου ---

Ἦχος α'.

Τὴν σπουδὴν σου τῇ κλήσει
κατάλληλον, ἐργασαμένη φερώνυμε,
τὴν ὁμώνυμόν σου πίστιν, εἰς κατοικίαν
κεκλήρωσαι, Παρασκευὴ ἀθληφόρε· ὅθεν
προχέεις ἰάματα, καὶ πρεσβεύεις ὑπὲρ τῶν
ψυχῶν ἡμῶν.

Τῆς Ὀκτωήχου ---

Καὶ νῦν. **Θεοτοκίον.**

Ἦχος α'. *Τοῦ λίθου σφραγισθέντος.*

Τοῦ Γαβριὴλ φθεγξαμένου σοι Παρθένε
τὸ Χαῖρε, σὺν τῇ φωνῇ ἐσαρκοῦτο ὁ τῶν
ὅλων Δεσπότης, ἐν σοὶ τῇ ἀγία κιβωτῶ, ὡς
ἔφη ὁ δίκαιος Δαυΐδ. Ἐδείχθης πλατυτέρα
τῶν οὐρανῶν, βαστάσασα τὸν Κτίστην
σου. Δόξα τῷ ἐνοικήσαντι ἐν σοί· δόξα τῷ
προελθόντι ἐκ σοῦ· δόξα τῷ ἐλευθερώσαντι
ἡμᾶς, διὰ τοῦ τόκου σου.

ΔΙΑΚΟΝΟΣ

Σοφία.

(*Εὐλόγησον.*)

ΙΕΡΕΥΣ

Ὁ ὢν εὐλογητός, Χριστὸς ὁ Θεὸς ἡμῶν,
πάντοτε, νῦν, καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας
τῶν αἰώνων. (*Ἀμήν.*)

Στερεῶσαι, Κύριος ὁ Θεός, τὴν ἁγίαν
καὶ ἀμώμητον πίστιν τῶν εὐσεβῶν καὶ
ὀρθοδόξων Χριστιανῶν, σὺν τῇ ἀγία αὐτοῦ
Ἐκκλησίᾳ καὶ τῇ πόλει ταύτῃ εἰς αἰῶνας
αἰώνων.

God, at their fervent entreaties, save our souls.

[SD]

Glory. **For the Holy Woman.**

From Menaion ---

Mode 1.

Your diligence corresponded to
your name, Paraskevi, which denotes
preparedness. Through faith you inherited the
promised dwelling that was prepared for you,
O prize-winning Martyr. Therefore you pour
out cures and healings, and you intercede on
behalf of our souls. [SD]

From Octoechos ---

Both now. **Theotokion.**

Mode 1. *The stone had been secured.*

When Gabriel had uttered rejoice to you,
O Virgin, * then with the voice was the Lord
of all becoming incarnate * in you whom the
holy Ark of old * prefigured, as righteous
David said. * You carried your Creator and
proved to be more spacious than the heavens.
* Glory to Him who dwelt inside of you; *
glory to Him who came forth from You; *
glory be to Him who through your childbirth
has set us free. [SD]

DEACON

Wisdom.

(*Father, bless!*)

PRIEST

Blessed are You, Christ our God, always
now and forever and to the ages of ages.
(*Amen.*)

Make firm, Lord our God, the holy and
pure faith of the pious Orthodox Christians,
together with the Holy Church and this city
forever.

ΑΝΑΓΝΩΣΤΗΣ

Αμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. (ἐκ γ') Εὐλόγησον.

ΙΕΡΕΥΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς πρεσβείαις τῆς παναχράντου καὶ παναμώμου ἁγίας αὐτοῦ Μητρός, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου, ἐνδόξου, προφήτου, Προδρόμου καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν· (τοῦ Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ἰωακεὶμ καὶ Ἄννης, καὶ τοῦ Ἁγίου Ἱερομάρτυρος Ἑρμολάου, καὶ τῶν σὺν αὐτῷ Ἑρμίππου καὶ Ἑρμοκράτους, καὶ τῆς ἁγίας Ὁσιομάρτυρος Παρασκευῆς, ὧν καὶ τὴν μνήμην ἐπιτελοῦμεν· καὶ πάντων τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν, Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ σῶσον ἡμᾶς.

(Ἀμήν.)

READER

Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, Saints Hermolaus, Hermippus, and Hermocrates, the hieromartyrs, and St. Paraskevi, the monastic martyr, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)