

**Menaion - August 1**

The Procession of the Holy Cross; and Memory of the Seven Holy Martyrs, the Maccabees, their Teacher Eleazar, and their Mother Solomone.

**LITURGY**

*Unless otherwise indicated, the texts of the prayers and hymns of the Divine Liturgy are from: The Divine Liturgy of St. John Chrysostom (© 2016), used with permission from the Greek Orthodox Archdiocese of America. This text was produced by the Greek Orthodox Archdiocese of America and approved by the Ecumenical Patriarchate.*

**Antiphon I. Mode 2.**

**Verse 1:** *O Lord, the light of Your face was stamped upon us.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 2:** *You gave a sign to those who fear You, so they may flee from the face of the bow.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 3:** *You ascended on high, You led captivity captive; You received gifts for mankind.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 4:** *You have given an inheritance to those who fear Your name, O Lord.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Glory. Both now.

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Antiphon II. Mode 2.**

**Verse 1:** *All the ends of the earth saw the salvation of our God.*

Save us, O Son of God, who were crucified in the flesh. We sing to You, Alleluia. [GOA]

**Verse 2:** *Let us enter into His tabernacles; let us worship at the place where His feet stood.*

Save us, O Son of God, who were crucified in the flesh. We sing to You, Alleluia. [GOA]

**Verse 3:** *God is our King before the ages; He worked salvation in the midst of the earth.*

Save us, O Son of God, who were crucified in the flesh. We sing to You, Alleluia. [GOA]

**Verse 4:** *Be still, and know that I am God; I will be exalted among the nations; I will be exalted in the earth.*

Save us, O Son of God, who were crucified in the flesh. We sing to You, Alleluia. [GOA]

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III. Mode 1.**

**Verse 1:** *Exalt the Lord our God, and  
worship at the footstool of His feet.* [SAAS]

**Verse 2:** *O Lord, save Your people, and bless  
Your inheritance.* [SAAS]

**Verse 3:** *And shepherd them, and raise them  
up forever.* [SAAS]

**Apolytikion of the Feast.**

**Mode 1.**

Save, O Lord, Your people and bless Your  
inheritance, granting victory to the faithful  
over the enemy, and by Your Cross protecting  
Your commonwealth. [GOA]

*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Mode pl. 4.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

**Canon for the Cross.**

**Ode iii. Mode pl. 4. O Christ, who in the beginning. (NM)**

From Menaion - - -

*Blessed are the merciful, for they shall obtain mercy.* [RSV]

The Cross, cause of all blessings, is seen and worshipped; and all creation keeps festival with joy, enlightened by the grace of our God who was willingly lifted up on it. [EL]

*Blessed are the pure in heart, for they shall see God.* [RSV]

Made radiant with the light of the splendours of the Cross and having put all our trust in it, let us flee the darkness of sins and let us cry, 'O enlightenment of all things, compassionate Lord, glory to you!' [EL]

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

We sing your praise, O Cross, and we embrace you with faith as we beg your mighty power, 'Rescue us from the snares of the foe, and pilot us all to the haven of salvation as we sing your praise'. [EL]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

**Theotokion.**

As she watched life that had died on a Cross, and unable to bear the pain in her heart, the holy Virgin was deeply troubled and she cried, 'Alas, my Son! What has a lawless people done to you?' [EL]

**Canon for the Saints.**

From Menaion - - -

**Ode vi. Mode 1. I imitate the Prophet. (NM)**

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

The Wisdom of God built a temple and supported it on seven spiritual pillars, foreshadowing these Youths as guardians of the Law. [EL]

*Rejoice and be glad, for your reward is great in heaven.* [RSV]

Wise Solomoni gave birth to seven sons, whom wise Eleazar brought up well; and when they had struggled bravely divine grace crowned them. [EL]

Glory.

Let us faithfully worship the Father and the Son and the right Spirit in one Godhead, as we cry, 'Holy Trinity, save your world!' [EL]

Both now. **Theotokion.**

How did you bear a Son whom no father  
had begotten? How did you remain pure after  
child-birth as you were before? It is God who  
knows, who does all things just as he wills. <sup>[EL]</sup>

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down  
before Christ. Save us, O Son of God, Who  
are wondrous in Your saints. We sing to You,  
Alleluia. [GOA]

**Hymns After the Small Entrance.**

**Apolytikion. For the Cross.**

From Menaion ---

**Mode 1.**

Save, O Lord, Your people and bless Your  
inheritance, granting victory to the faithful  
over the enemy, and by Your Cross protecting  
Your commonwealth. [SD]

**For the Saints.**

**Mode 1.**

The holy martyrs suffered painful tortures  
for Your sake, O Lord; be compelled by  
what they endured, and heal our every pain,  
we entreat You, as the only One who loves  
humanity. [SD]

**Apolytikion of the Parish Church**

(The text of the Apolytikion of the local  
church goes here.)

From Menaion ---

**Kontakion.**

**Mode 4. Automelon.**

You who were lifted on the cross  
voluntarily, \* O Christ our God, bestow  
Your tender compassions \* upon Your new  
community to which You gave Your name. \*  
Cause our faithful emperors to be glad in Your  
power, \* granting them the victories against  
their adversaries. \* And for an ally, Lord, may  
they have You, \* peace as their armor, the  
trophy invincible. [SD]

**INSTEAD OF HOLY GOD**

We venerate Your Cross, O Master, and  
we glorify Your Holy Resurrection. (3) [GOA]

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the ages  
of ages. Amen.

And we glorify. Your Holy Resurrection.

**The Epistle**

For the Saints.

**Prokeimenon. Mode pl. 4. Psalm 67.**

God is wondrous in His saints. [SAAS]

**Verse:** *Bless God in the churches.* [SAAS]

The reading is from Paul's Letter to the  
Hebrews.

Heb. 11:33-40; 12:1-2

Brethren, all the saints through faith  
conquered kingdoms, enforced justice,  
received promises, stopped the mouths  
of lions, quenched raging fire, escaped  
the edge of the sword, won strength out  
of weakness, became mighty in war, put  
foreign armies to flight. Women received their  
dead by resurrection. Some were tortured,  
refusing to accept release, that they might  
rise again to a better life. Others suffered  
mocking and scourging, and even chains  
and imprisonment. They were stoned, they  
were sawn in two, they were tempted,  
they were killed with the sword; they went  
about in skins of sheep and goats, destitute,  
afflicted, ill-treated - of whom the world was  
not worthy - wandering over deserts and  
mountains and in dens and caves of the earth.  
And all these, though well attested by their  
faith, did not receive what was promised,  
since God had foreseen something better

for us, that apart from us they should not be made perfect. Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfection of our faith. [RSV]

**Alleluia. Mode 4. Psalm 33.**

Alleluia. Alleluia. Alleluia.

**Verse 1:** *The righteous cried, and the Lord heard them.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *Many are the afflictions of the righteous.* [SAAS]

Alleluia. Alleluia. Alleluia.

**The Gospel**

*For the Saints.*

The reading is from the Holy Gospel according to Matthew.

**Mt. 10:16-22**

The Lord said to his disciples, "Behold, I send you out as sheep in the midst of wolves; so be wise as serpents and innocent as doves. Beware of men; for they will deliver you up to councils, and flog you in their synagogues, and you will be dragged before governors and kings for my sake, to bear testimony before them and the Gentiles. When they deliver you up, do not be anxious how you are to speak or what you are to say; for what you are to say will be given to you in that hour; for it is not you who speak, but the Spirit of your Father speaking through you. Brother will deliver up brother to death, and the father his child, and children will rise against parents and have

them put to death; and you will be hated by all for my name's sake. But he who endures to the end will be saved." [RSV]

**Hymn to the Theotokos.**

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

**Communion Hymn. Psalm 4.**

O Lord, the light of Your face was stamped upon us. Alleluia. [SAAS]

**Hymn after Holy Communion.  
Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

**THE DISMISSAL**

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the procession of which we observe; the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, the Seven Holy Martyrs, the Maccabees, their Teacher Eleazar, and their Mother Solomone, whose

memory we observe, and of all the saints, have  
mercy on us and save us, for He is good and  
loves mankind.

**Fasting Rule**

*Strict: Refrain from meat, fish, oil, dairy, and eggs.*

*It is the Dormition fast.*