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The Service of Matins

for Friday, July 12, 2019

Menaion Supplement - July 12

Memory of our Devout Father Paisios of the Holy Mountain Athos

Katavasias of Theotokos

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Menaion Supplement
July 12

Memory of our Devout Father Paisios of
the Holy Mountain Athos

MATINS

CHOIR

Mode pl. 1.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. [SAAS]

Verse 1: *Give thanks to the Lord and call
upon His name.*

*or: Give thanks to the Lord, for He is good; for
His mercy endures forever.*

Verse 2: *All the nations surrounded me, but
in the name of the Lord I defended myself against
them.*

Verse 3: *And this came about from the Lord,
and it is wonderful in our eyes.*

Apolytikion.

Menaion Supplement - - -

Mode pl. 1. *Let us worship the Word.*

Once the fire of love for the Lord was
lit in you, * through ascetical rigor you gave
yourself to God. * O God-bearing St. Paisios,
for many you became * consolation, giving
counsel with God-inspired words, * and by
your prayers working wonders. * And now,
devout one, you intercede for the whole world
unceasingly. [SD]

Glory. **Repeat.**

Once the fire of love for the Lord was
lit in you, * through ascetical rigor you gave
yourself to God. * O God-bearing St. Paisios,
for many you became * consolation, giving
counsel with God-inspired words, * and by
your prayers working wonders. * And now,

devout one, you intercede for the whole world
unceasingly. [SD]

From Octoechos - - -

Both now. **Theotokion.**

Mode pl. 1. *Let us worship the Word.*

O impassable gateway of God the Lord,
rejoice. * Wall and shelter of those who in
you take refuge, rejoice. * Stormless haven,
rejoice, O Maid who knew not man * and yet
physically gave birth to your Creator and
God. * Never cease interceding * on behalf of
those extolling and worshiping the Son you
bore. [SD]

*The appointed Kathisma of the Psalter may be read, i.e.
Kathisma 19. It would be followed by the short litany.*

PRIEST

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos and
ever-virgin Mary, with all the saints, let us
commend ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is
the kingdom and the power and the glory,
of the Father and of the Son and of the Holy
Spirit, now and forever and to the ages of
ages.

(Amen.)

CHOIR

Kathisma I.

Menaion Supplement - - -

Mode 1. The soldiers keeping watch.

Devout Paisios, on Mt. Athos and Sinai *
and Stomion you led, like the fathers before
you, * a truly angelic life, and by it you
exhorted all * to disdain all things and deeds
and words that are useless, * and to never
cease to concentrate every effort * to care for
their immortal soul. [SD]

Glory.

Mode 1. The soldiers keeping watch.

We celebrate the feast of your mem'ry
with splendor * and rev'rently surround your
most ven'erable gravesite, * our father Paisios;
and with gratitude we now weave * sacred
hymns of praise like wreathes of flowers most
fragrant. * Please accept these now, as we
entreat you deliver * our own fervent prayers
to God. [SD]

Both now. **Theotokion.**

Mode 1. The soldiers keeping watch.

O Mary, when the Lord found a pure,
holy vessel * on earth in you, He showed you
to be wider than heaven, * O Virgin all-pure,
when He was incarnate within your womb.
* Therefore open wide our mouths, O Lady,
and fill them * with your praise, that we may
glorify you extolling * the great things He did
for you. [SD]

*The appointed Kathisma of the Psalter may be read, i.e.
Kathisma 20. It would be followed by the short litany.*

PRIEST

*Again and again, in peace, let us pray to the
Lord.*

(Lord, have mercy.)

*Help us, save us, have mercy on us, and
protect us, O God, by Your grace.*

(Lord, have mercy.)

*Commemorating our most holy, pure, blessed,
and glorious Lady, the Theotokos and ever-
virgin Mary, with all the saints, let us commend
ourselves and one another and our whole life to
Christ our God.*

(To You, O Lord.)

PRIEST

*For You, O God, are good and love mankind,
and to You we offer glory, to the Father and to the
Son and to the Holy Spirit, now and forever, and to
the ages of ages.*

(Amen.)

CHOIR

Kathisma II.

From Menaion - - -

Mode 4. Joseph marveled.

Your amazing way of life consisted of
unceasing prayer, * unrelenting violence on
your human nature's bounds, * patience in
trials, and gratitude in all things. * For within
your heart you had a wonderful * integrity
and love for honor burning like fire, * which
emanated from immense and ardent * grateful
love for the Lord and Master, * for whom you
longingly desired to die each day, * O godly-
minded Father. [SD]

Glory.

Mode 4. Joseph marveled.

Holy Father, you became a sympathetic
parent, * an unerring counselor, * trainer
of those who had erred, * and a rebuker of
those who led others astray. * To each you
gave the right spiritual remedy, * using the
measure of divine discernment that you had. *
Parental love and brotherly affection * as well

as caring instruction * together flowed from
your heart which understood * correctly, for it
was illumined by God. [SD]

Both now.

Mode 4. Joseph marveled.

God the Maker of all things truly did
great things in you, * O pure Maiden, as you
said. Therefore now earnestly * pray Him to
magnify on us His mercy, * so that we may
sing with joy unceasingly: * It is truly right
to bless you, Theotokos, * who are greater
in honor and glory * than the Cherubim and
the Seraphim, * for you gave birth to the
world's Creator * and Savior, who is God in
the highest. [SD]

The Polyeleos.

Psalm 134 (135).

Psalm 135 (136).

Selected Psalm Verses

Selected Psalm Verses for Monastic Saints

My supplication. Alleluia.

1. I waited patiently for the Lord, and He
heeded me; and He heard my supplication.
Alleluia. (39:2) [SAAS]

2. And He established my feet on a rock
and kept straight my steps. Alleluia. (39:3) [SAAS]

3. Behold, I fled far away, and lodged in
the wilderness. Alleluia. (54:8) [SAAS]

4. I kept watch, and have become like a
sparrow alone on a housetop. Alleluia. (101:8)
[SAAS]

5. My tears were my bread day and night.
Alleluia. (41:4) [SAAS]

6. My knees were weak from fasting,
and my flesh was changed because of the oil.
Alleluia. (108:24) [SAAS]

7. Every single night I will dampen my
bed; I will drench my couch with my tears.
Alleluia. (6:7) [SAAS]

8. I was cut down like grass, and my heart
became withered. Alleluia. (101:5) [SAAS]

9. For I forgot to eat my bread. Alleluia.
(101:5) [SAAS]

10. Because of the sound of my groaning,
my bones cleaved to my flesh. Alleluia. (101:6)
[SAAS]

11. I held to hard ways because of the
words of Your lips. Alleluia. (16:4) [SAAS]

12. My soul thirsts for You. How often my
flesh thirsts for You, in a desolate, impassable,
and waterless land. Alleluia. (62:2) [SAAS]

13. My eyes fail me from hoping in my
God. Alleluia. (68:4) [SAAS]

14. Many times they warred against me
from my youth. Alleluia. (128:1) [SAAS]

15. But I put on sackcloth when they
troubled me, and I humbled my soul with
fasting. Alleluia. (34:13) [SAAS]

16. Know that the Lord made His holy one
wondrous. Alleluia. (4:4) [SAAS]

17. For the Lord loves judgment, and
He will not abandon His holy ones. Alleluia.
(36:28) [SAAS]

18. The Lord keeps the souls of His saints.
Alleluia. (96:10) [SAAS]

19. The holy ones shall boast in glory,
and they shall greatly rejoice on their beds.
Alleluia. (149:5) [SAAS]

20. Precious in the sight of the Lord is the
death of His holy ones. Alleluia. (115:5) [SAAS]

21. His praise in the assembly of His holy
ones. Alleluia. (149:1) [SAAS]

22. Sing praises to the Lord, you saints of
His, and give thanks at the remembrance of
His holiness. Alleluia. (29:5) [SAAS]

Glory. **For the Trinity.**

Mode 1.

Come, let us bow in worship and extol,
* all together singing doxologies * to God
the Father and the Son * and the Holy Spirit
faithfully, * crying out and saying: Save us, all-
holy Trinity.

Both now. **Theotokion.**

Mode 1.

O Christ, your people now invoke the
name * of Your holy Mother, O Good One,
and pray.* By her entreaties for us, * will You
give us Your tender love, * so that we may
glorify * You, the hope of our souls, O Lord.

PRIEST

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos and
ever-virgin Mary, with all the saints, let us
commend ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

For blessed is your name, and glorified is
your kingdom, of the Father and the Son and
the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

CHOIR

Kathisma III.

From Menaion - - -

Mode 3. Seeing how beautiful.

Devout one, who could know your zeal
that burned like fire, * or know your struggles
all, or measure out your love * that coursed
abundantly from you like ever-flowing rivers,
O Saint? * Every day you died again, as you
strengthened those suffering. * And had it
been possible, you would have given your
heart itself, * in imitation of the tender mercy *
of Jesus who emptied himself for all. [SD]

Glory.

Mode 3. Seeing how beautiful.

You were inclined, O Saint, to make
divine ascent; * thus from the active life,
devout one, you attained * to perfect purity of
soul and capable contemplation. * Therefore
for our benefit, * you, O Father, have given
us * a ladder of the virtues all, * with your
godly-wise words as rungs, * by which from
the basement of the passions * we climb up to
the height of dispassion. [SD]

Both now.

Mode 3. Seeing how beautiful.

What shall we call you now, unwedded
Mother pure? * Mistress of Angels all,
Treasure of grace divine, * the Mediatrix
for the world, the Vial of divine ointment, *
unconsumed burning Bush, Jar containing
the manna bread, * Ladder that transports

mankind * from the earth to the celestial abodes, * and Shelter that is wider than heaven, * that shelters us from danger and rescues us. [SD]

Antiphon I.

Mode 4.

Since my youth have many passions waged war against me. O my Savior, nonetheless help me and save me. (2) [SD]

You, the haters of Zion, be put to shame by the Lord, for like thatch in fire you will be completely dried up. (2) [SD]

Glory.

From the Holy Spirit every soul receives life, and through cleansing is lifted and brightened, in a hidden, sacred manner, by the trinal Monad. [SD]

Both now.

From the Holy Spirit do the streams of grace well forth; they irrigate everything created, so that life be engendered. [SD]

Prokeimenon. Psalm 115.

Precious in the sight of the Lord is the death of His holy one. (2)

Verse: *What shall I give back to the Lord for all He rendered to me?*

Precious in the sight of the Lord is the death of His holy one. [SAAS]

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

For you are holy, our God, who rest among the Saints, and to you we give glory,

to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

DEACON

Wisdom. Arise. Let us hear the Holy Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

PRIEST

The reading is from the Holy Gospel according to Matthew.

DEACON

Let us be attentive.

(Glory to You, O Lord, glory to You.)

PRIEST (from the gate)

11:27-30

The Lord said to his disciples, "All things have been delivered to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and any one to whom the Son chooses to reveal him. Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest

for your souls. For my yoke is easy, and my burden is light." [RSV]

(Glory to You, O Lord, glory to You.)

READER

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I

would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

Menaion Supplement - - -

CHOIR

Glory. **Mode 2.**

At the intercession of Your holy Ascetic, O Lord of mercy, blot out my many offences. [SD]

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [SD]

Idiomelon. Mode pl. 2.

Verse: *Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.* [SAAS]

Come, O believers, and inspired by God let us partake from the table of Paisios. Behold, our father Paisios the New, whose manners were the same as his namesake of old, invites us to a spiritual banquet. Come all, let us celebrate the fruits of his labors, his words that flow like honey, and the stream of his miracles. And seeing our protector as if he were present, let us now entreat him: "O devout Father, intercede with Christ our God, for the salvation of our souls." [SD]

DEACON

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us

your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, and our devout and God-bearing father Paisios of the Holy Mountain Athos, whose memory we celebrate, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

From Horologion - - -

CHOIR

Canon for the Theotokos.

Ode i. Mode pl. 4. Heirmos.

Of old when the Israelite had crossed * the watery passage as if over a tract of land, * fleeing from the misery of Egypt, * he cried: "To God our Redeemer, O let us sing." (2) [SD]

Most-holy Theotokos, save us.

By many temptations am I distressed. * Praying to be rescued, for salvation I run to you. * O Virgin and Mother of the Logos, * from all afflictions and evils deliver me. [SD]

Most-holy Theotokos, save us.

Assaults from the passions unsettle me, * and they fill my soul to overflowing with much despair. * Quiet them, O undefiled Maiden, * with the dispassionate calm of your Son and God. [SD]

Most-holy Theotokos, save us.

O Virgin who mothered our Savior God, * I earnestly beg that I be rescued from my distress. * For now as I flee to you for refuge, * my soul and reason I lift up in ardent prayer.

[SD]

Most-holy Theotokos, save us.

My body and soul are alike diseased. * Only Theotokos, count me worthy of your divine * providence and gracious visitation, * since you are good and the Mother of Him who is good. [SD]

Canon for the Saint.

Menaion Supplement - - -

Mode pl. 4. The rod of Moses.

Saint of God, intercede for us.

Father Paisios, how can we worthily extol you, praising in song * the ascetic lifestyle,

O devout one, that you chose? * What words shall we employ to sing of your love, which was ardent? * It truly suffered with everyone, * and provided comfort and sympathy. [SD]

Saint of God, intercede for us.

From early childhood you lived ascetically, aflame with love divine. * As an avid reader of biographies of Saints, * with fervor you aspired to imitate their amazing * angelic lifestyle and their great * supernatural struggles for virtue's sake. [SD]

Saint of God, intercede for us.

When Christ the Savior saw that wisely you escaped the storm of unbelief, * even at a young age, by your honorable faith, * He showed himself in light to you, and assured you that He is * the resurrection and life of all * who believe in Him as the Son of God. [SD]

Most-holy Theotokos, save us.

Theotokion.

Truly I place my every hope in you, O Virgin pure, that is after God; * and my full devotion I have lifted up to you; * wholeheartedly with all my might, I cry out to you, Lady: * Direct my steps to salvation, * O all-holy Mother of Christ our God. [SD]

Another. For the Saint.

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Mode 4. I open my mouth.

Saint of God, intercede for us.

Today as we celebrate your sacred memory joyfully, * we sing joyous songs for you, devout Paisios, * by which we extol * your miracles and contests * that brightened, like beams of light, the holy Church of Christ.

[SD]

Saint of God, intercede for us.

Rejoice, Cappadocia, and in exultation now dance for joy, * and marvel how God has glorified Paisios the new, * who in our own time * was born in you, and later * on Mt. Athos zealously lived the ascetic life. [SD]

Glory.

From earliest childhood you were most firmly directed to * perfection of virtue, O devout Paisios; * and throughout your life * you strove for all with honor; * for which you received the crown of immortality. [SD]

Both now. **Theotokion.**

No orator's clever tongue can ever fathom or worthily * extol you, pure Maiden, or that greatest mystery: * Though a servant, you * became your Maker's mother, * remaining a virgin even after childbirth. [SD]

Ode i. Katavasia. Mode 4.

I open my mouth and pray the Spirit fill it, like David said, * to pour out a good word to the Queen and Mother of God. * I will celebrate * her feast with joy and gladness * and sing to her merrily, lauding her miracles.

[SD]

From Horologion - - -

Canon for the Theotokos.

Ode iii. Mode pl. 4. Heirmos.

O divine Master Builder of the celestial vault, * as the only Lover of mankind and Founder of the Church, * establish me, O Lord, in love for You, the believers' * firm support and ultimate object of all desire. (2) [SD]

Most-holy Theotokos, save us.

I have named you the shelter and the defense of my life. * Therefore, I entreat you, O virgin Maid who gave birth to God, * conduct

me to your port, * originator of good things, * the believers' firm support, * only all-lauded one. [SD]

Most-holy Theotokos, save us.

I beseech you, O Virgin, dispel my soul's turbulence, * also the tempestuous surging of grave despondency. * For you, O Bride of God, * gave birth to Christ who is Author * of serene tranquility, * only all-spotless one. [SD]

Most-holy Theotokos, save us.

Pour the wealth of your goodness and benefactions on all, * since you bore the great Benefactor, the Cause of every good. * You carried in your womb * Christ who is mighty in power; * therefore you can do all things, * O Lady blest by God. [SD]

Most-holy Theotokos, save us.

I implore you to help me as I am now being tried * by distressing ailments, O Virgin, and morbid suffering. * For I know you to be * an inexhaustible treasure * plenteous in remedies, * only all-blameless one. [SD]

Canon for the Saint.

Menaion Supplement - - -

Mode pl. 4. In the beginning.

Saint of God, intercede for us.

Father Paisios, the words that St. Arsenios uttered, * prophesying that your lifestyle would truly * imitate his own, behold, have manifestly come to pass. * And now you both, like bright stars, splendidly shine in the Church of Christ. [SD]

Saint of God, intercede for us.

Zealously entering the ring of the cenobitic contest, * every day you added fire to fire, * and you labored in your sweat,

and prayed with tears unceasingly. * And therefore you were washed in the grace of God coming from on high. [SD]

Saint of God, intercede for us.

The mighty yearning for the life of sacred stillness consumed you, * and it prompted you to run to the deserts. * There, O Father, you imbibed dispassion's clean and sparkling drink, * and you became a well-spring of living water for everyone. [SD]

Most-holy Theotokos, save us.

Theotokion.

O purest Mother of our God, blessed Paisios' heart was * by your holy love completely enraptured. * He would ardently bow down before you and would rev'rently say, * "There is nothing sweeter than you, the Mother of Christ my Lord." [SD]

Another. For the Saint.

Menaion Supplement - - -

Mode 4. Establish your servants.

Saint of God, intercede for us.

Your zeal was unquenchable, O Father, * your longing and love for Christ were great, * inciting you unceasingly, * O godly-minded Saint, to say * with the Apostle Paul, "To me to live is Christ, and to die is gain." [SD]

Saint of God, intercede for us.

Devout Father, being armed with God's might, * you took up and carried your own cross, * and crucified yourself to the world * and to the sinful passions all. * And therefore your entire life became the Lord's Pascha evermore. [SD]

Glory.

You did not obtain secular learning; *
instead you, O Saint, were taught by God,
* and you received within your heart * the
wisdom that comes down from God; * and
thus you knew ineffable and supernatural
mysteries. [SD]

Both now. **Theotokion.**

All-lauded and ever-virgin Mary, * your
icon is holy and divine; * it wondrously brings
joy to lips * and eyes and hearts and minds of
all. * And when we kiss it full of faith, we get a
blessing of mighty strength. [SD]

Ode iii. Katavasia. Mode 4.

Establish your servants who extol you,
* O Mother of God, for they have formed
* a spiritual choir for you * the living and
abundant fount; * and graciously in your
divine glory give glorious crowns to them. [SD]

DEACON

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos and
ever-virgin Mary, with all the saints, let us
commend ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

PRIEST

For you are our God, and to you we give
glory, to the Father and the Son and the Holy
Spirit, now and forever and to the ages of
ages.

(Amen.)

Mid-Ode Kathisma or Hypakoe

CHOIR

Kathisma.

Menaion Supplement - - -

Mode pl. 4. *By conceiving the wisdom.*

You, O Father, were pricked by the
sweetest dart * of divine love and charity in
the heart. * And therefore you quit the world
and cut your mother's apron strings. * In the
desert you acquired divine all-embracing
love, * and its arrow, that pierced you, incited
you ceaselessly * to console and comfort and
give rest to all people. * And thus with a
bleeding heart you had mercy on everyone *
sick, in danger, and at risk, * on mourners, the
deceived, and the poor, * and you even gave
refreshment to the dead, * by your prayers to
the Lord, O Paisios. [SD]

Glory. **Another.**

Mode pl. 4. *By conceiving the wisdom.*

When the weight of temptations had
bowed me down * and the arrow of sorrow
was piercing me, * you suddenly came to
me, and your help was immediate. * Before
I even said, "St. Paisios, come to me," * O
marvelous wonder! you were standing in
front of me. * You did not ignore my heart's
most bitter affliction, * nor even my hidden
sighs, O devout one, but rather as * a most
honorable servant of * the only God who loves
mankind, * you visited me in my infirmity, *
and provided me healing beyond all hope.

Both now. **Theotokion.**

Mode pl. 4. *By conceiving the wisdom.*

When I physically stand near your most
sublime * holy icon, O Lady and Queen of all,
* I sense I am standing in your live presence

noetically. * With love I bow and reverently
kiss your all-holy feet, * and send up my
thanksgiving for blessings I have received,
* and with heart exultant I cry out to you,
"Mary, * you are the most luminous royal
palace of the Master, * all-immaculate Virgin
pure. * For God the Logos wholly dwelt * in
your womb, so as to finish making me, * the
human being, into a god by grace." [SD]

From Horologion - - -

Canon for the Theotokos.

Ode iv. Mode pl. 4. Heirmos.

I have heard the report, O Lord, * of Your
incarnation, which is a mystery. * I considered
Your astounding works, * and I glorified Your
divinity. (2) [SD]

Most-holy Theotokos, save us.

I entreat you, O Bride of God * who have
borne the Helmsman and Lord, to pacify * the
confusion that my passions bring * and the
surging waves of my iniquities. [SD]

Most-holy Theotokos, save us.

You have borne the compassionate * Lord
who is the Savior of all who sing your praise.
* Hence, bestow upon me the abyss * of your
own compassion which I now invoke. [SD]

Most-holy Theotokos, save us.

We who know you, O wholly pure *
Virgin, to be truly the Mother of our God, *
have enjoyed so many gifts from you. * Hence,
we sing this canticle of gratitude. [SD]

Most-holy Theotokos, save us.

In possessing you as our hope * and
the stable buttress and solid battlement * of
salvation, O all-lauded one, * we are liberated
from all misery. [SD]

Canon for the Saint.

Menaion Supplement - - -

Mode pl. 4. You are my strength.

Saint of God, intercede for us.

Delight for you was deprivation and
abstinence; * you considered fasting to be
luxury, and all ascetic discipline was joy. *
Therefore you invented all kinds of novel
ascetic feats. * For your exclusive longing
for the all-cherished Master, * O devout one,
prevailed over every toil. [SD]

Saint of God, intercede for us.

We are amazed how like an angel you
lived on earth, * how the Angels helped you,
O Paisios, how you conversed with Martyrs
and Saints. * Now that you are dancing with
them in heaven, we pray to you * in earnest,
holy Father: Do not cease interceding * on
behalf of all people who honor you. [SD]

Saint of God, intercede for us.

When Christ the Lord, all full of
sweetness, appeared to you * in divine light,
what a gift of grace this was! And you in
ecstasy cried aloud: "Such amazing beauty! O
Savior, how could they spit on You? * Were I
to live another thousand years as an ascetic, *
even then I could not thank You properly." [SD]

Most-holy Theotokos, save us.

Theotokion.

Your devotee, devout Paisios, was
amazed * by your tender love and sweetest
comforting, when you appeared on Sinai to
him * as a loving Mother, who cared for him;
and he cried aloud: "O Virgin Theotokos,
I count you as my mother, * and I have
dedicated myself to you." [SD]

Another. For the Saint.

Menaion Supplement - - -

Mode 4. When the Prophet Habakkuk.

Saint of God, intercede for us.

After the resplendent, ineffable light *
of the grace of God once shone boundlessly
inside your cabin, * filling you with the
divine * enlightenment, O blessed one, * God-
inspired concepts poured forth from you. [SD]

Saint of God, intercede for us.

Living in the desert, O Saint, you were
free * of all earthly cares, O Paisios, for you
had cast your * every hope upon the Lord; *
and He indeed took care of you, * as a loving
father supports his child. [SD]

Glory.

Father, all who came to you seeking
advice * experienced you as a gracious man,
so sweet and gentle, * breathing the fragrance
of Christ. * And putting off their troubles all, *
they departed soaring on wings of hope. [SD]

Both now. **Theotokion.**

There is no extolling you rightly with
words. * Therefore what is worthy to offer
you, all-holy Virgin? * Only true and constant
faith, * which we with reverence bring to you.
* And we pray that you disregard it not. [SD]

Ode iv. Katavasia. Mode 4.

When the Prophet Habakkuk heard the
divine * and incomprehensible counsel of
Your Incarnation * from the Virgin, O Most
High, * considering, he cried aloud: * Glory to
Your power, O Lord my God. [SD]

From Horologion - - -

Canon for the Theotokos.

Ode v. Mode pl. 4. Heirmos.

Sovereign Lord our God, * as the One who
loves humanity, * with your commandments

enlighten us, we pray; * and also grant us *
Your peace with Your own uplifted arm. (2)

[SD]

Most-holy Theotokos, save us.

Since you bore the prime * Source of
happiness, impart to me, * O pure Maid, your
unadulterated joy. * And fill my heart now * to
overflowing with your happiness. [SD]

Most-holy Theotokos, save us.

Mother of our God, * do redeem us from
all jeopardy, * since the eternal Redemption
you have borne, * and Peace that passes * all
understanding, O Virgin pure. [SD]

Most-holy Theotokos, save us.

Dissipate the gloom * of my trespasses,
O Bride of God, * with the effulgence of your
irradiance, * being the Mother * of the divine
pre-eternal Light. [SD]

Most-holy Theotokos, save us.

Cure the weakness wreaked * by my
passions, O pure virgin Maid. * Account me
worthy of your solicitude, * and by your
earnest * intercessions give me health again. [SD]

Canon for the Saint.

Menaion Supplement - - -

Mode pl. 4. Why, O Lord, have You cast me.

Saint of God, intercede for us.

You became a most mighty * victor over
demons, O devout Paisios. * You were not
afraid of * their attacks and their terrors and
treachery, * for you had the saving shield
of the cross of Christ the Savior * and the
breastplate of holy humility. [SD]

Saint of God, intercede for us.

When the glorious martyr * Euphemia
suddenly in bright celestial light * visited your

cabin, * which was lacking in wealth but made others rich, * she filled you, O father, with divine joy and exultation, * and your heart she infused with profoundest peace. [SD]

Saint of God, intercede for us.

When you sent up your prayers * to the Lord with burning pain and with unwavering faith * on behalf of people * who had died, you, O father, lit up like fire. * By your intercessions, therefore, the all-merciful Master * rescued souls out of hell's everlasting fire. [SD]

Most-holy Theotokos, save us.

Theotokion.

Saint Paisios told us * that he had been fed by you, O Mother of our God. * Once he was exhausted, * and an Angel gave him divine food to eat, * saying, "To the glory of the all-holy Theotokos." * Such, O Lady, is your divine providence! [SD]

Another. For the Saint.

Menaion Supplement - - -

Mode 4. Amazed was the universe.

Saint of God, intercede for us.

When you were consumed with fire of temptations, O devout * Father, you were purified like gold is * inside a furnace; and through experience * you learned and you taught that those who bear * tribulations joyously find salvation forevermore. [SD]

Saint of God, intercede for us.

O Saint, you called excellent the road of humble-mindedness, * for it is the safest and the shortest. * After expending yourself in highest forms * of ascetic discipline your

learned: * God gives grace abundantly to the humble and innocent. [SD]

Glory.

Devout Father, as you cured one's physical infirmities, * you took care of spiritual diseases, * and as a good doctor, with appropriate words, * you advised your patients to believe, * repent, and correct their life, and to live it with dignity. [SD]

Both now. **Theotokion.**

For Adam and Eve you are the recall and deliverance, * joy of all the world and its salvation, * all-holy Virgin. The gate of Eden was shut * by Eve's disobedience to God, * whereas you reopened it when, O Maid, you obeyed the Lord. [SD]

Ode v. Katavasia. Mode 4.

Amazed was the universe by your divine magnificence. * You who were perpetually virgin * carried the heavenly God of all in your womb * and gave birth to the eternal Son, * who awards salvation to all who sing hymns of praise to you. [SD]

From Horologion - - -

Canon for the Theotokos.

Ode vi. Mode pl. 4. Heirmos.

I pour out my supplication to the Lord, * and I tell Him all about my afflictions, * and that my soul has been flooded with evils, * and that my life has come close to being in hell. * Like Prophet Jonah, I entreat, * "Raise me up from corruption, O Lord my God." (2)

[SD]

Most-holy Theotokos, save us.

Solicit * your Son and Lord to rescue me * from the enemies' malignance, O Virgin, * as He redeemed out of death and corruption

* my human nature held down by mortality
* and overpowered by decay, * having freely
submitted Himself to death. [SD]

Most-holy Theotokos, save us.

O Virgin, * I know you well as Patroness
* of my life and most reliable sentry. * For you
disperse a great throng of temptations, * and
spiteful treatment by demons you drive away.
* And constantly do I entreat * to be saved
from my passions' depravity. [SD]

Most-holy Theotokos, save us.

We have you * as a protective citadel *
and the absolute salvation, O Maiden, * of our
souls, and in straits as a broad way. * And in
your light we unceasingly jubilate. * And now,
O Lady, we beseech, * from the passions and
perils deliver us. [SD]

Most-holy Theotokos, save us.

I lie now * in failing health upon my bed,
* and there is no cure for my ailing body. * But
I entreat, O good Lady who gave birth * to the
Reliever of illnesses, who is God * the Savior
of the world, and plead: * raise me up from the
ravages of disease. [SD]

Canon for the Saint.

Menaion Supplement - - -

Mode pl. 4. Be gracious to me.

Saint of God, intercede for us.

Events that were far away * you clearly
saw as if they were near, * devout Father,
and you saw into many people's hearts; *
you roused them guided them on the way of
salvation * and to knowledge of the only God.

[SD]

Saint of God, intercede for us.

O Saint, you were lifted up * into the
heavens and thus became * all heavenly,
O devout Paisios. You perceived * divine
secrets mystically, and you therefore greatly *
glorified the Lord with all your heart. [SD]

Saint of God, intercede for us.

From heaven the Lord poured out *
abundant grace over you, Saint. * He granted
you to perform extraordinary miracles. * For
you have at times appeared to people in crisis,
* even though they had not sought your help.

[SD]

Most-holy Theotokos, save us.

Theotokion.

O pure Virgin, you gave birth * to Christ,
the cause of our utmost joy. * Resurrection and
life and joy of all is He indeed. * Therefore we
salute you now and with joy we cry out: * O
redemption of the world, Rejoice! [SD]

Another. For the Saint.

Menaion Supplement - - -

Mode 4. O godly-minded believers.

Saint of God, intercede for us.

Since you removed all impurity * of
passion, you became a clean mirror; and
when you received the light * of the tri-solar
Divinity, * O Father, you flashed forth its
reflections onto us. [SD]

Saint of God, intercede for us.

O Father, God rested in your soul, * for
you renounced all comfort and rest for Him
and labored day and night, * expending all of
your energy, * to give your neighbor rest, O
devout Paisios. [SD]

Glory.

O Saint, you did many miracles * through your unceasing prayers to Christ our God who loves humanity. * And at the door of His tender love * and mercy you persistently knocked with heart-felt sighs. [SD]

Both now. **Theotokion.**

All-holy treasure of chastity, * all-blessed Maiden, you are the wholly fragrant dwelling place of God. * By your entreaties to Him, I pray, * make me into a house of the Spirit's gifts of grace. [SD]

Ode vi. Katavasia. Mode 4.

O godly-minded believers, come * and celebrate this sacred and venerable feast and thus extol * the Theotokos, and clap our hands, * and glorify our God who was truly born of her. [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the King of peace and the savior of our souls, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

Menaion Supplement - - -

READER

Kontakion.

Mode pl. 4. O Champion General.

Leading your life on earth in an angelic manner, * and brightly shining through your love, devout Paisios, * you became a great encouragement for monastics, * and a guide for the believers to a holy life, * for the whole wide world a source of sweet divine delight. * So we shout to you: Rejoice, Father known throughout the world! [SD]

Oikos.

Angels were all in wonder, how, O Father, in body, you ascended through love to the heavens, and how from there, filled with divine love, with the light of love you made the earth heavenly. And we who are in awe of you salute you thus with utmost reverence: [SD]

Rejoice, the mystic of sacred stillness; rejoice, the vessel of love for and of God.

Rejoice, for you received the bread of Angels; rejoice, for you received Saints in your cabin.

Rejoice, for you were granted to see the God-man Christ; rejoice, for you also had visions of the Mother of God.

Rejoice, most sympathetic intercessor for all people; rejoice, O invisible benefactor of the whole world.

Rejoice, distinguished champion of Orthodoxy; rejoice, mighty opponent of schism and heresy.

Rejoice, the splendor of Holy Mt. Athos; rejoice, protector of the Theologian's Convent.

Rejoice, Father known throughout the world!

Synaxarion.

From the Menaion.

On July 12, we commemorate the holy Martyrs Proclus and Hilary.

On this day we also commemorate our devout Father Michael Maleinus, the spiritual father of St. Athanasius of Athos.

On this day we also commemorate the holy Martyr Serapion; and the holy Martyrs Andrew the Commander, Heraclius, Faustus, Menas, and their company; and the holy Martyr Mamas, over in Sigma.

St. Veronica, the woman with the flow of blood whom Christ cured, reposed in peace.

On this day we also commemorate our devout father Paisios the New of the Holy Mountain Athos, who reposed in peace in the year 1994.

By their holy intercessions, O God, have mercy on us. Amen.

From Horologion - - -

CHOIR

Canon for the Theotokos.

Ode vii. Mode pl. 4. Heirmos.

Those Servants from Judea, * who of old were deported and sent to Babylon, * once treaded on the fire * of the furnace by holding * to the faith in the Trinity * and chanted: Blessed are You the God of our fathers. (2) [SD]

Most-holy Theotokos, save us.

As You wished our salvation * to be thusly dispensed, You abode within the womb * of the all-holy Virgin * whom You have manifested * to the world as our patroness. * O Savior, blessed are You * the God of our fathers. [SD]

Most-holy Theotokos, save us.

O pure Mother, implore Him * unto Whom you gave birth, Who delights in steadfast love, * to free from their offenses * and from their souls' defilements * those who cry out in faith and say * to Him: O blessed are You * the God of our fathers. [SD]

Most-holy Theotokos, save us.

You have shown forth Your Mother * as a tower of safety, salvation's treasury, * a spring of incorruption, * the doorway of repentance * unto all those who cry aloud * and say: O blessed are You * the God of our fathers. [SD]

Most-holy Theotokos, save us.

Unto us you delivered * Christ the Savior; and hence we entreat you: Deign to heal * the bodily diseases * and spiritual ailments * of your servants who earnestly * to your divine shelter run, * O Lady Theotokos. [SD]

Canon for the Saint.

Menaion Supplement - - -

Mode pl. 4. Servants, descendants.

Saint of God, intercede for us.

Sayings inspired by divine love * from your simple, caring heart poured out like water, * godly-minded devout Paisios, and clearly * were understood by tribes and tongues * and by people of all ages. [SD]

Saint of God, intercede for us.

Light brightly shone from your appearance, * indicating that your soul was even brighter. * All who saw you were changed and cried out in amazement, * saying, "It is enough for me just to see you, my sweet father." [SD]

Saint of God, intercede for us.

Studying your all-holy writings * is like drawing from a well of living water; * for the knowledge of God pours out from them, O father, * they also lead us up to life that is luminous and blessed. [SD]

Most-holy Theotokos, save us.

Theotokion.

You, all-pure Virgin, are a shelter * for the Orthodox who honor you correctly. * You protect us from harm that comes from the impious, * and like a cloud you mystically overshadow us forever. [SD]

Another. For the Saint.

Menaion Supplement - - -

Mode 4. Godly-minded three.

Saint of God, intercede for us.

We do not have words * sufficient to relate how you transcended nature's laws, * performing as you did * uncountable miracles, or how you understood * how the spiritual laws * would operate, by grace divine, * O all-blessed holy Father. [SD]

Saint of God, intercede for us.

True indeed is the Lord's * axiom, that a lamp when it is lit cannot be hid; * and this applied to you. * Your name and your reputation were not hid for long * but gave light to all, * depriving you of your beloved * sacred stillness, O devout Saint. [SD]

Glory.

Those who thronged each day * to see you at your Cabin found in you a great father. * You charmed them all with the sheer * simplicity of your ways, and by your grace-filled words. * And their visit became * a

verbal and inaudible * exhortation, O devout Saint. [SD]

Both now. **Theotokion.**

Our Redeemer found * the beauty of your soul and body shining brighter than * the sun, O Virgin most pure, * and He dwelt inside of you, according to His plan, * to clothe us again * in that most brilliant comeliness * that we had of old, O Lady. [SD]

Ode vii. Katavasia. Mode 4.

Godly-minded three * did not adore created things in the Creator's stead; * rather, disdaining the threat * of fire, they trampled it, and joyfully they sang: * "O supremely praised * and most exalted Lord and God * of the fathers, You are blessed." [SD]

From Horologion - - -

Canon for the Theotokos.

Ode viii. Mode pl. 4. Heirmos.

O praise and bless Him * who by the armies of Angels * is extolled as King of the heavens, * supremely exalting Him unto all the ages. (2) [SD]

Most-holy Theotokos, save us.

Do not disdain us * who need the help that you offer, * virgin Maiden, and who bless and extol you, * supremely exalting you unto all the ages. [SD]

Most-holy Theotokos, save us.

Virgin, you pour out * your great abundance of healings * over those who faithfully extol you * and exalt supremely your ineffable childbirth. [SD]

Most-holy Theotokos, save us.

You heal the sicknesses * of my soul, O pure Virgin, * and the physical pains that

afflict me. * Hence I glorify you the highly favored Maiden. [SD]

Most-holy Theotokos, save us.

You drive away from us * the assaults of temptations * and the onsets of passions, O Virgin. * Therefore do we praise you in hymns throughout the ages. [SD]

Canon for the Saint.

Menaion Supplement - - -

Mode pl. 4. O extol Him.

Saint of God, intercede for us.

Being rich in the grace of cures and healings, * from severe illnesses you relieved many people. * But you, O Saint, courageously endured your own * incurable disease, for the sake of love, to suffer along with those who suffered. [SD]

Saint of God, intercede for us.

When your illness was wearing down your body * you, O Saint, persevered in your ascetic practice, * as if you had no body, O stout-hearted man, * and you could hear the Angels extol God and sing to Him: Holy, Holy, Holy. [SD]

Saint of God, intercede for us.

When we come to your grave, all-blessed Father, * we unload all of life's insufferable burdens, * and we find hope and joy and strength to carry on, * and obtain the cures for incurable diseases and serious conditions. [SD]

Most-holy Theotokos, save us.

Theotokion.

I implore you, O Virgin Theotokos, * as the throne of our God: At my final appearance * before the Judge's throne, may I not be alone,

* but advocate for me, as good mediator, and free me from perdition. [SD]

Another. For the Saint.

Menaion Supplement - - -

Mode 4. Guiltless were those Servants.

Saint of God, intercede for us.

"Sacrifice yourselves for one another, and you will feel the joy of God abundantly." * So you taught us by your words * and assured us by your deeds; * for when you, O devout one, had become all things to all, * you tasted divine consolation; * and now you are enjoying the fullness of divine joy. [SD]

Saint of God, intercede for us.

You guide all monastics by your teachings, exhorting: "Exert yourselves with a courageous mind * and sincere humility, * understanding what you do. * Be willingly subordinate, and pray unceasingly, * delighting in the prayer to Jesus, * and sing hymns of glory to God with much devotion."

[SD]

Glory.

You snatch people quickly out of ruin; * you brush off impending dangers, O Paisios. * From on high you visibly * visit those in suffering. * O Father, to the sick you grant the restoration of health; * to those who are depressed and despairing * you give a sense of joy, peace and hope, O devout Saint. [SD]

Both now. **Theotokion.**

O Virgin, of old the prophet Moses * foresaw you as the golden manna-holding jar. * Lady, we today perceive * you to be the life-bearing * and holy table bearing Christ the never-failing bread, * for the life of all and

salvation. * Therefore we extol you in hymns to all the ages. [SD]

Ode viii. Katavasia. Mode 4.

We praise and we bless and we worship the Lord.

Guiltless were those Servants in the furnace. * The Son of the Theotokos went and rescued them. * He who was prefigured then, * having been incarnate now, * is gathering the whole wide world into His Church to sing: * "O all you works of the Lord, to all ages * sing praises to the Lord and exalt Him beyond measure." [SD]

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalyrnarion. Mode pl. 4.

Verse: *My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His*

mercy is on those who fear Him from generation to generation. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

From Horologion - - -

Canon for the Theotokos.

Ode ix. Mode pl. 4. Heirmos.

You are the Theotokos * lit'rally, O Virgin; * and we confess it, for we have been saved

through you * whom we, O pure one, with
choirs of angels magnify. [SD]

Most-holy Theotokos, save us.

Do not dismiss the river * of my tears, O
Virgin. * For in your womb you conceived and
you carried Christ * the Lord who takes every
teardrop away from every face. [SD]

Most-holy Theotokos, save us.

With joy, all-holy Virgin, * fill my heart to
fullness, * having received, O pure Maiden,
the fullness of joy * and thereby causing the
sorrow of sin to disappear. [SD]

Most-holy Theotokos, save us.

For those who flee for safety * unto you, O
Virgin, * be a retreat and a fortress immovable,
* defense and shelter and refuge and joyous
ecstasy. [SD]

Most-holy Theotokos, save us.

With rays of your effulgence * brighten
us, O Virgin, * who in the Orthodox manner
declare you to be * the Theotokos who drives
out the gloom of ignorance. [SD]

Most-holy Theotokos, save us.

Restore my health, O Virgin; * for
because of illness, * I am reduced to a state
of tormenting pain. * Transform my feeble
condition into vitality. [SD]

Canon for the Saint.

Menaion Supplement - - -

Mode pl. 4. *The heavens were astounded.*

Saint of God, intercede for us.

In splendidly observing the sacred feast
* of divine St. Paisios, let us diligently strive
* to adorn our souls with his virtues all. * So
let us emulate him in * bravery and zeal and
unceasing prayer, * humility and meekness, *

his love for God and neighbor, * his sense of
honor and self-sacrifice. [SD]

Saint of God, intercede for us.

You wove an all-white garment to dress
your soul, * through your endless ascetic
endeavors and unceasing prayer. * Thus
arrayed, you entered the wedding hall, *
which is suffused with light divine, * where
the sacred chorus of all devout * ascetic saints
received you. * And heading that reception *
with utmost joy was St. Arsenios. [SD]

Saint of God, intercede for us.

In heaven you partake of exceeding
bright * and illustrious glory; and evidence
of this on earth * are the many miracles you
perform, * devout father Paisios, * miracles
we the faithful enjoy each day. * By these you
magnify Him, * our God, the Lord of glory, *
who in His holy ones is glorified. [SD]

Most-holy Theotokos, save us.

Theotokion.

Good Lady, who gave birth to the Savior
Christ * our Redeemer, we pray that you
count us worthy to obtain * salvation, so
that we may all be filled * with light divine
and joyfully * in the heavens sing the thrice-
holy hymn * with all the Saints together, * to
glorify the Father * and Son and Holy Spirit
evermore. [SD]

Another. For the Saint.

Menaion Supplement - - -

Mode 4. *All you born on earth.*

Saint of God, intercede for us.

All we born on earth * exultantly leap
for joy, Father Paisios, * for by how you lived
your life and by your miracles clearly you
proclaimed, * even in latter days unto the the

ends of all the earth, * that the Savior Jesus Christ is the same * yesterday and today and forevermore. [SD]

Saint of God, intercede for us.

Smile down on us, * devout Father, as we splendidly observe feast * of your holy memory, and take our every petition to the throne * of God the King of all, as you promised your spiritual * sons and daughters prior to your blessed repose, * as a father who cares for his children all. [SD]

Glory.

Everyone today, * monastics and all believers, every age and race, * O father Paisios, observe the feast of your sacred memory. * We reverently visit your all-holy grave and pray * for the health of soul and body, and relief * from our pain and distress in the present life. [SD]

Both now. **Theotokion.**

You distribute gifts * to all who extol you and with longing call you blest, * you the ever-blessed one, * you who ineffably mothered God the Word, * the Maker of creation Who is beyond measure extolled, * Whom angelic regiments extol on high * and unceasingly sing the thrice-holy hymn. [SD]

Ode ix. Katavasia. Mode 4.

All you born on earth, * with festival lamps in hand, in spirit leap for joy; * and all you the heavenly angelic orders, join in and celebrate; * and honoring the sacred wonders of the Mother of God, * sing the joyful salutation, "O rejoice, * Theotokos, all-blest, ever-virgin pure!" [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Exaposteilarion.

Menaion Supplement - - -

Mode 3. *Apostles, you have assembled.*

Devout and God-bearing Father * Paisios, you became a fount * of genuine Christ-like love, * irrigating the whole world * with the river of your words, * and the rain of your miracles. [SD]

Another.

Mode 2. *On the mountain.*

For this your holy memory * we have today assembled * here in your church and round about * your sacred grave, devout Saint * Paisios, and with reverence * we say to you, O Father: * Even concealed within the grave, * nonetheless you are with us invisibly. * So accept the prayers of all in attendance, * and

grant salvation to us all, * by your strong intercessions. [SD]

Theotokion.

Mode 2. *On the mountain.*

All-pure and greatly favored Maid,* you found the greatest favor * and grace from God, as Gabriel * said in his salutation. * And we in turn with great gladness * earnestly now salute you: * Rejoice, for you are she who prays * fervently to the Lord for our sake! Rejoice, * through you we were granted divine communion! * We shall not cease to sing Rejoice * to you, all-lauded Lady. [SD]

Lauds. Mode 1.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

To fulfill among them the written judgment: this glory have all His holy ones.

Praise God in His saints; praise Him in the firmament of His power.

Stichera. For the Saint.

Menaion Supplement - - -

Mode 1. *O Martyrs, extolled.*

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Along with Mt. Athos, on this day, * all you mountains, leap for joy! And let the whole

world now celebrate in hymns and glorify * the Lord, for He gave us * recently Paisios, * support of the believers, the boast of the devout ascetic saints, * and the teacher of repentance, * and the mighty champion of virtue and truth. [SD]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Devout father, you adorned your soul * with such ornaments of grace, O St. Paisios, for you had a zeal that burnt like fire, * like that of Elijah; * you had Daniel's acumen, * the mind-set of the brave brothers Maccabee, the ardent love for God * of Ignatius, and especially * the immense love that Paul the Apostle had. [SD]

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

A treasure that never fails indeed * was your great and noble love, for which you suffered together with the suffering and bore * their pain on your shoulders, * O all-blessed Saint, and thus you gladly took the way of the Cross. And having found by it the joy * of the Resurrection, you became * a provider of comfort to all the world. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

From heaven appear to us, O Saint. * Be our mighty champion; defend, protect, and deliver us from all adversity. * Stop the wars against us * and the overwhelming storms, * and reinforce the Orthodox Faith throughout the world. By your intense * intercessions, we

entreat you, grant * to our souls peace, devout St. Paisios. [SD]

Glory.

Menaion Supplement - - -

Mode pl. 1.

O devout Father, when you found the pearl of great value, namely Christ God, you joyfully gave away everything, and you strove to the point of death, so that you might gain Him alone. Because of your immense longing, you obtained Him, and thus were made exceedingly rich with wealth that transcends the world. You guarded this with a watchful heart in the safe of stillness, and you distributed it in your noble love, and you enriched the world with your deeds, your words, and your great miracles. And now, O Paisios whom God has glorified, as you enjoy the good things that God has prepared for those who love Him, intercede on our behalf, so that we make good transactions in this life, and trade in earthly goods to obtain the heavenly blessings. [SD]

From Octoechos - - -

Both now. **Theotokion.**

Now we call you blessed, O Virgin Theotokos, and we glorify you, duty-bound as believers; the city unshakable, the wall indestructible, the firm and steadfast protection, and the place of refuge for our souls. [SD]

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Apolytikion.

Menaion Supplement - - -

Mode pl. 1. *Let us worship the Word.*

Once the fire of love for the Lord was lit in you, * through ascetical rigor you gave yourself to God. * O God-bearing St. Paisios, for many you became * consolation, giving counsel with God-inspired words, * and by your prayers working wonders. * And now, devout one, you intercede for the whole world unceasingly. [SD]

DEACON

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank)
(name).

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

Again we pray for our brethren: the
priests, the hieromonks, the hierodeacons, the
monastics, and all our brotherhood in Christ.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

Again we pray for mercy, life, peace,
health, salvation, protection, forgiveness,
and remission of the sins of the servants of
God, all pious Orthodox Christians residing
and visiting in this city: the parishioners, the
members of the parish council, the stewards,
and benefactors of this holy church.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

Again we pray for the blessed and ever-
memorable founders of this holy church,
and for all our fathers and brethren who
have fallen asleep before us, who here have
been piously laid to their rest, as well as the
Orthodox everywhere.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

Again we pray for those who bear fruit
and do good works in this holy and all-
venerable church, for those who labor and
those who sing, and for the people here
present who await Your great and rich mercy.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

PRIEST

For You are a merciful God Who loves
mankind, and to You we offer up glory, to the
Father and to the Son and to the Holy Spirit,
now and forever and to the ages of ages.

(Amen.)

DEACON

Let us complete our morning prayer to the
Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole day may be perfect, holy,
peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a
guardian of our souls and bodies, let us ask
the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and
transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for
our souls, and for peace for the world, let us
ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time
of our life in peace and repentance, let us ask
the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our
life, peaceful, without shame and suffering,
and for a good defense before the awesome
judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos and
ever-virgin Mary, with all the saints, let us
commend ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the God of mercy and compassion and love for mankind, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST *(in a low voice)*

Holy Lord, dwelling on high and beholding things below and, with your eye that observes all, keeping watch over the whole creation, to you we have bowed the neck of our soul and body, and we beseech you, O Holy of Holies: Stretch forth your invisible hand from your holy dwelling and bless us all. And, as you are good and love humankind, pardon us if we have sinned in anything, voluntarily or involuntarily, granting us your blessings both of this world and of the world above.

For Yours it is to show mercy and to save us, O our God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

DEACON

Wisdom.

(Father, bless!)

PRIEST

Blessed are You, Christ our God, always now and forever and to the ages of ages.

(Amen.)

Make firm, Lord our God, the holy and pure faith of the pious Orthodox Christians,

together with the Holy Church and this city forever.

READER

Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, and our devout and God-bearing father Paisios of the Holy Mountain Athos, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)