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# The Service of Matins

for Sunday, December 8, 2019

Octoechos - Mode pl. 4. on Sunday Morning

**Eothinon 3** 

Katavasias of Christmas I

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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# ΤΗι Η΄ ΔΕΚΕΜΒΡΙΟΥ Όκτώηχος - ἸΗχος πλ. δ΄.

Τῆ Κυριακῆ Πρωΐ

#### ΟΡΘΡΟΣ

#### ΧΟΡΟΣ

## $^{\circ}$ H $\chi$ o $\varsigma$ $\pi\lambda$ . $\delta'$ .

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν. Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

**Στίχ.** α'. Έξομολογεῖσθε τῷ Κυρίῳ καὶ ἐπικαλεῖσθε τὸ ὄνομα τὸ ἄγιον αὐτοῦ.

ἤ· Ἐξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός,ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.

**Στίχ. β'.** Πάντα τὰ ἔθνη ἐκύκλωσάν με, καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

**Στίχ. γ'.** Παρὰ Κυρίου ἐγένετο αὕτη καὶ ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὀκτωήχου - - -

# Άπολυτίκιον Άναστάσιμον. Ήχος πλ. δ'.

Έξ ὕψους κατῆλθες ὁ εὖσπλαγχνος, ταφὴν κατεδέξω τοιήμεοον, ἵνα ήμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ανάστασις ἡμῶν, Κύριε δόξα σοι.

#### Δόξα. Τὸ αὐτό.

Έξ ὕψους κατῆλθες ὁ εὖσπλαγχνος, ταφὴν κατεδέξω τοιήμεοον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Τῆς Ὀκτωήχου - - -

Καὶ νῦν. Θεοτοκίον.

#### Ήχος πλ. δ'.

Ό δι' ἡμᾶς γεννηθεὶς ἐκ Παρθένου, καὶ σταύρωσιν ὑπομείνας ἀγαθέ, ὁ θανάτω τὸν θάνατον σκυλεύσας, καὶ Ἔγερσιν

December 8

Octoechos - Mode pl. 4.

On Sunday Morning

#### **MATINS**

#### **CHOIR**

## Mode pl. 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

**Verse 1:** Give thanks to the Lord and call upon His name.

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

**Verse 2:** All the nations surrounded me, but in the name of the Lord I defended myself against them.

**Verse 3:** And this came about from the Lord, and it is wonderful in our eyes.

From Octoechos - - -

# Resurrectional Apolytikion. Mode pl. 4.

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You.

## Glory. Repeat.

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You.

From Octoechos - -

Both now. **Theotokion.** 

#### Mode pl. 4.

Born of a Virgin, O Good One who also endured crucifixion for our sake, who by death took the spoils of death as plunder and δείξας ώς Θεός, μὴ παρίδης οὓς ἔπλασας τῆ χειρί σου δεῖξον τὴν φιλανθρωπίαν σου ἐλεῆμον, δέξαι τὴν τεκοῦσάν σε Θεοτόκον πρεσβεύουσαν ὑπὲρ ἡμῶν καὶ σῶσον Σωτὴρ ἡμῶν, λαὸν ἀπεγνωσμένον.

#### ΙΕΡΕΥΣ

Έτι καὶ ἔτι ἐν εἰρήνη τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχοάντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ότι σὸν τὸ κράτος καὶ σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Άγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Άμήν.)

Τῆς Ὁκτωήχου - - -

#### ΧΟΡΟΣ

# Κάθισμα Α΄.

**Ήχος πλ. δ΄.** Αὐτόμελον.

Άνέστης ἐκ νεκρών, ἡ ζωὴ τῶν ἀπάντων, καὶ Ἅγγελος φωτός, ταῖς Γυναιξὶν ἐβόα· Παύσασθε τῶν δακρύων, τοῖς Ἀποστόλοις εὐαγγελίσασθε, κράξατε ἀνυμνοῦσαι· Ὅτι ἀνέστη Χριστὸς ὁ Κύριος, ὁ εὐδοκήσας σῶσαι ὡς Θεός, τὸ γένος τῶν ἀνθρώπων.

showed resurrection, being God, O despise not the ones that You formed with Your own hand. Demonstrate Your love for man, O Lord of mercy, and accept Your Mother, the Theotokos, who intercedes on our behalf, O Savior, and save us a despairing people. [5D]

#### **PRIEST**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Octoechos - - -

#### **CHOIR**

#### Kathisma I.

Mode pl. 4. Automelon.

When You, the Life of all, from the dead resurrected, \* a shining Angel cried to the lamenting women, \* "Cease from your tears. Announce unto the Apostles the tidings full of joy. \* Cry out in exaltation, that Christ the Lord has arisen from the dead. \* For He so willed to save the human race, as God, in His good pleasure." [5D]

#### Δόξα.

## Τὴν Σοφίαν καὶ Λόγον.

Άναστὰς ἐκ τοῦ τάφου ὡς ἀληθῶς, ταῖς ὁσίαις προσέταξας γυναιξί, κηρῦξαι τὴν ἔγερσιν, Ἀποστόλοις ὡς γέγραπται· καὶ δρομαῖος ὁ Πέτρος, ἐπέστη τῷ μνήματι, καὶ τὸ φῶς ἐν τῷ τάφῳ, ὁρῶν κατεπλήττετο· ὅθεν καὶ κατεῖδε, τὰ ὀθόνια μόνα, χωρὶς τοῦ θείου σώματος, ἐν αὐτῷ κατακείμενα· καὶ πιστεύσας ἐβόησε· Δόξα σοι Χριστὲ ὁ Θεός, ὅτι σῷζεις ἄπαντας Σωτὴρ ἡμῶν· τοῦ Πατρὸς γὰρ ὑπάρχεις ἀπαύγασμα.

# Καὶ νῦν. **Θεοτοκίον.** Τὴν Σοφίαν καὶ Λόγον.

Τὴν οὐράνιον πύλην καὶ κιβωτόν, τὸ πανάγιον ὄρος, τὴν φωταυγῆ, νεφέλην ὑμνήσωμεν, τὴν οὐράνιον κλίμακα, τὸν λογικὸν Παράδεισον, τῆς Εὔας τὴν λύτρωσιν, τῆς οἰκουμένης πάσης, τὸ μέγα κειμήλιον ὅτι σωτηρία, ἐν αὐτῆ διεπράχθη, τῷ κόσμῳ καὶ ἄφεσις, τῶν ἀρχαίων ἐγκλημάτων διὰ τοῦτο βοῶμεν αὐτῆ· Πρέσβευε τῷ σῷ Υἱῷ καὶ Θεῷ, τῶν πταισμάτων ἄφεσιν δωρήσασθαι, τοῖς εὐσεβῶς προσκυνοῦσι τὸν πανάγιον τόκον σου.

Τῆς Ὀκτωήχου - - -

# Κάθισμα Β'. Ἡχος πλ. δ'.

Άνθοωποι τὸ μνῆμά σου, Σωτὴρ ἐσφραγίσαντο, Άγγελος τὸν λίθον, ἐκ τῆς θύρας ἀπεκύλισε. Γυναῖκες ἐθεάσαντο, ἐγηγερμένον ἐκ νεκρῶν, καὶ αὖται εὐηγγελίσαντο τοῖς Μαθηταῖς σου ἐν Σιών. Ὅτι ἀνέστης ἡ ζωὴ τῶν ἁπάντων, καὶ

## Glory.

## By conceiving the wisdom.

After having in truth risen from the tomb, You commanded the venerable women \* to proclaim Your arising to the Apostles, as it is written. \* And Peter ran quickly and came to the sepulcher. \* And beholding the light in the tomb, he was quite amazed. \* Also he observed that the grave clothes were lying \* alone in the sepulcher without the divine body. \* And believing he cried aloud, \* "Glory be to You, Christ God our Savior, for You save all people, \* for You are the Father's radiance."

## Both now. Theotokion.

## By conceiving the wisdom.

Let us sing hymns in praise of the holy ark \* and the heavenly gate and the shining cloud, \* the all-holy mountain, and the heavenly ladder, \* the rational Paradise, and the redemption of Eve, \* the magnificent treasure of the entire universe. \* For in her and through her for the world was salvation \* accomplished and forgiveness of its ancient transgressions. \* Let us therefore cry out to her, \* "Intercede with your Son and our God \* that remission of offenses be bestowed \* on those who piously worship the all-holy Child you bore." [SD]

From Octoechos - - -

# Kathisma II. Mode pl. 4.

Human beings sealed Your tomb, O Savior; an Angel rolled the stone away from the door. The women saw You were resurrected from the dead, and they announced the good tidings to the Disciples in Zion: that You the life of all resurrected, διελύθη τὰ δεσμὰ τοῦ θανάτου. Κύ*ǫιε δόξα* σοι.

#### Δόξα.

Τὰ μύρα τῆς ταφῆς, αἱ Γυναῖκες κομίσασαι, φωνῆς Ἀγγελικῆς, ἐκ τοῦ τάφου ἤκουον. Παύσασθε τῶν δακρύων, καὶ ἀντὶ λύπης χαρὰν κομίσασθε, κράξατε ἀνυμνοῦσαι, ὅτι ἀνέστη Χριστὸς ὁ Κύριος, ὁ εὐδοκήσας σῶσαι ὡς Θεός, τὸ γένος τῶν ἀνθρώπων.

#### Καὶ νῦν. Θεοτοκίον.

Ἐπὶ σοὶ χαίφει, Κεχαφιτωμένη, πᾶσα ἡ κτίσις, ἀγγέλων τὸ σύστημα, καὶ ἀνθφώπων τὸ γένος, ἡγιασμένε ναέ, καὶ Παφάδεισε λογικέ, παφθενικὸν καύχημα· ἐξ ἦς Θεὸς ἐσαφκώθη, καὶ παιδίον γέγονεν, ὁ πφὸ αἰώνων ὑπάφχων Θεὸς ἡμῶν· τὴν γὰφ σὴν μήτφαν θφόνον ἐποίησε, καὶ τὴν σὴν γαστέφα, πλατυτέφαν οὐφανῶν ἀπειφγάσατο. Ἐπὶ σοὶ χαίφει, Κεχαφιτωμένη, πᾶσα ἡ κτίσις· δόξα σοι.

# Εὐλογητάοια Άναστάσιμα. Ήχος πλ. α'.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Τῶν Ἁγγέλων ὁ δῆμος, κατεπλάγη ὁρῶν σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου δὲ Σωτήρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν ἑαυτῷ τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἅιδου πάντας ἐλευθερώσαντα.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν, ὧ Μαθήτριαι κιρνᾶτε; ὁ ἀστράπτων ἐν τῷ τάφῳ Ἄγγελος, προσεφθέγγετο ταῖς and that the bonds of death have been loosed. Glory to You, O Lord. [5D]

## Glory.

The women who were bringing the burial spices heard the voice of an Angel coming from the sepulcher: "Cease from your tears, and instead of sorrow bring joy. Sing praises; cry aloud that Christ the Lord has risen. He is the One who as God was well pleased to save the human race." [5D]

#### Both now. Theotokion.

In you, O Lady full of grace, rejoices all creation, the orders of Angels and the human race together. O hallowed temple and rational Paradise, the pride of virgins, from you did God become incarnate, and our God who existed before the ages became a child. For He made your womb a throne for himself, and your body He made wider than the heavens. In you, O Lady full of grace, rejoices all creation. Glory to you.

# Resurrectional Evlogetaria. Mode pl. 1.

Blessed are You, O Lord, teach me Your statutes.

When the hosts of the Angels saw how You were accounted among the dead, they all marveled. You, O Savior, are the One who destroyed the might of death; and when You arose You raised Adam with yourself and from Hades liberated everyone.

Blessed are You, O Lord, teach me Your statutes.

"Why do you mingle the ointments with your tears full of pity, O women disciples?" Thus the Angel who was shining in the tomb Μυφοφόφοις· Ἰδετε ύμεῖς τὸν τάφον καὶ ἤσθητε· ὁ Σωτὴφ γὰφ ἐξανέστη τοῦ μνήματος.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Λίαν ποωΐ, Μυροφόροι ἔδοαμον, ποὸς τὸ μνῆμά σου θοηνολογοῦσαι ἀλλ' ἐπέστη, ποὸς αὐτὰς ὁ Ἅγγελος, καὶ εἶπε θοήνου ὁ καιρὸς πέπαυται, μὴ κλαίετε, τὴν Ἀνάστασιν δέ, Ἀποστόλοις εἴπατε.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Μυφοφόφοι γυναῖκες, μετὰ μύφων ἐλθοῦσαι, πρὸς τὸ μνῆμά σου, Σῶτες ἐνηχοῦντο. ἀγγέλου τρανῶς, πρὸς αὐτὰς φθεγγομένου Τί μετὰ νεκρῶν, τὸν ζώντα λογίζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ μνήματος.

#### Δόξα.

Ποοσκυνοῦμεν Πατέρα, καὶ τὸν τούτου Υἱόν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν Τοιάδα, ἐν μιᾳ τῆ οὐσία, σὺν τοῖς Σεραφείμ, κράζοντες τό Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

#### Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθένε, τὸν Ἀδὰμ άμαρτίας, χαρμονὴν δὲ τῆ Εὔα, ἀντὶ λύπης παρέσχες, ὁεύσαντα ζωῆς, ἴθυνε πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθείς Θεὸς καὶ ἄνθρωπος.

cried to the myrrh-bearing women. "See for yourselves the empty tomb and understand, that the Savior has risen from the sepulcher."

Blessed are You, O Lord, teach me Your statutes.

Very early in the morning, the myrrhbearing women were hastening to Your tomb lamenting. But the Angel appeared to them and uttered, "The time for lamentation has ended; weep no more. Go announce the Resurrection to the Apostles." [50]

Blessed are You, O Lord, teach me Your statutes.

When the myrrh-bearing women had come with their spices to Your sepulcher, O Savior, they heard the voice of an Angel clearly speaking to them, "Why do you account among the dead the One who lives? For as God, He has risen from the sepulcher."

## Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord. [50]

## Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

#### ΔΙΑΚΟΝΟΣ

<br/> Έτι καὶ ἔτι ἐν εἰρήνη τοῦ Κυρίου δεηθώμεν.

(Κύριε, ἐλέησον.)

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχοάντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

#### ΙΕΡΕΥΣ

Ότι ηὐλόγηταί σου τὸ ὄνομα, καὶ δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Άγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

#### **ΑΝΑΓΝΩΣΤΗΣ**

Τῆς Όκτωήχου - - -

Ύπακοή. Ἡχος πλ. δ΄.

Αί Μυροφόροι τοῦ Ζωοδότου ἐπιστᾶσαι τῷ μνήματι, τὸν Δεσπότην ἐζήτουν, ἐν νεκροῖς τὸν ἀθάνατον, καὶ χαρᾶς εὐαγγέλια, ἐκ τοῦ ἄγγέλου δεξάμεναι, τοῖς Ἀποστόλοις ἐμήνυον. Ὅτι ἀνέστη Χριστὸς ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

## ΧΟΡΟΣ

Οἱ Ἀναβαθμοί. Ἀντίφωνον Α΄. Ἡχος πλ. δ΄.

Ἐκ νεότητός μου ὁ ἐχθοός με πειράζει, ταῖς ἡδοναῖς φλέγει με ἐγὼ δὲ πεποιθώς, ἐν σοὶ Κύριε τροποῦμαι τοῦτον.

#### **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

### **READER**

From Octoechos - -

# Hypakoe. Mode pl. 4.

The myrrh-bearing women came to the grave of the Giver of life seeking the immortal Master among the dead. And receiving good tidings of joy from the Angel, they reported to the Apostles, that Christ God had risen, granting the world great mercy. [SD]

#### **CHOIR**

# Anavathmoi. Antiphon I. Mode pl. 4.

From my youth does the enemy tempt me, and with the pleasures he scorches me. But trusting You, O Lord, monumentally do I defeat him.

Οί μισοῦντες Σιών, γενηθήτωσαν δή, ποὶν ἐκσπασθῆναι ὡς χόρτος· συγκόψει γὰρ Χριστός, αὐχένας αὐτῶν, τομῆ βασάνων.

Δόξα καὶ νῦν.

Άγίω Πνεύματι, τὸ ζῆν τὰ πάντα, φῶς ἐκ φωτός, Θεὸς μέγας, σὺν Πατοὶ ὑμνοῦμεν αὐτὸ καὶ τῷ Λόγω.

## Άντίφωνον Β'.

Ή καρδία μου τῷ φόβῳ σου σκεπέσθω, ταπεινοφρονοῦσα, μὴ ὑψωθεῖσα ἀποπέση, ἐκ σοῦ Πανοικτίρμον.

Ἐπὶ τὸν Κύριον ὁ ἐσχηκὼς ἐλπίδα, οὐ δείσει τότε, ὅτε πυρὶ τὰ πάντα κρινεῖ καὶ κολάσει.

Δόξα καὶ νῦν.

Άγίω Πνεύματι, πᾶς τις θεῖος βλέπει καὶ προλέγει, τερατουργεῖ ὕψιστα, ἐν τρισὶν ἕνα Θεὸν μέλπων εἰ γὰρ καὶ τριλαμπεῖ, μοναρχεῖ τὸ θεῖον.

## Άντίφωνον Γ'.

Ἐκέκραξά σοι Κύριε, πρόσχες, κλῖνόν μοι τὸ οὖς σου βοῶντι, καὶ κάθαρον πρὶν ἄρης με, ἀπὸ τῶν ἐνθένδε.

Ἐπὶ τὴν μητέρα αὐτοῦ γῆν, δύνων πᾶς αὖθις ἀναλύσει, τοῦ λαβεῖν βασάνους, ἢ γέρα τῶν βεβιωμένων.

Δόξα καὶ νῦν.

Άγίω Πνεύματι, θεολογία μονὰς τρισαγία· ὁ Πατὴρ γὰρ ἄναρχος, ἐξ οὖ ἔφυ ὁ Υίὸς ἀχρόνως, καὶ τὸ Πνεῦμα σύμμορφον, σύνθρονον, ἐκ Πατρὸς συνεκλάμψαν.

Let the haters of Zion become as the grass is before it is plucked up. For Christ will also cut their necks with the cutting sword of torments. [SD]

Glory. Both now.

In the Holy Spirit is the life of all things living. He is light from light and great God. Him do we extol with the Father and Logos.

## Antiphon II.

With the fear of You, Lord, let my heart be covered and be humble-minded, lest it be exalted and fall from You, all-compassionate Master. [5D]

He who has set his hope on the Lord will not fear when He will judge and punish all things with fire. [SD]

Glory. Both now.

In the Holy Spirit every divine man sees and speaks as a prophet. He does sublime miracles, praising the one God in three persons. For though It is three lights, yet the Godhead rules as monarch.

# Antiphon III.

I cried to You, O Lord. Attend; incline Your ear to me who am shouting, and purify me prior to taking me from this life. [5D]

Everyone will set in the earth, his mother, and will again return thence to receive the torments or honors for his life's actions.

Glory. Both now.

From the Holy Spirit was bestowed theology. Thrice-holy Monad: Father unoriginate, from whom timelessly the Son

## Άντίφωνον Δ'.

Ἰδοὺ δὴ τί καλόν, ἢ τί τερπνόν, ἀλλ' ἢ τὸ κατοικεῖν ἀδελφοὺς ἄμα; ἐν τούτῳ γὰρ Κύριος, ἐπηγγείλατο ζωὴν αἰωνίαν.

Τοῦ ἐνδύματος αὐτοῦ, ὁ τὰ κοίνα τοῦ ἀγοοῦ κοσμῶν, κελεύει μὴ δεῖν φοοντίζειν.

#### Δόξα καὶ νῦν.

Άγίω Πνεύματι, ένοειδεῖ αἰτία, πάντα ἔχεται εἰρηνοβραβεύτως. Θεὸς τοῦτο γάρ ἐστι, Πατρί τε καὶ Υίῷ, ὁμοούσιον κυρίως.

## Ποοκείμενον.

Βασιλεύσει Κύριος εἰς τὸν αἰῶνα, ὁ Θεός σου, Σιών, εἰς γενεὰν καὶ γενεάν. (δίς)

Στίχ. Αἴνει, ή ψυχή μου, τὸν Κύριον.

Βασιλεύσει Κύριος εἰς τὸν αἰῶνα, ὁ Θεός σου, Σιών, εἰς γενεὰν καὶ γενεάν.

Τῆς Ὀκτωήχου - - -

#### **ΑΝΑΓΝΩΣΤΗΣ**

## Κοντάκιον Άναστάσιμον.

Έξαναστὰς τοῦ μνήματος, τοὺς τεθνεῶτας ἥγειρας, καὶ τὸν Ἀδὰμ ἀνέστησας, καὶ ἡ Εὔα χορεύει ἐν τῆ σῆ Ἀναστάσει, καὶ κόσμου τὰ πέρατα πανηγυρίζουσι, τῆ ἐκ νεκρῶν Ἐγέρσει σου Πολυέλεε.

#### Ο Οἶκος.

Τὰ τοῦ Ἅιδου σκυλεύσας βασίλεια, καὶ νεκροὺς ἀναστήσας Μακρόθυμε, Γυναιξὶ Μυροφόροις συνήντησας, ἀντὶ λύπης, χαρὰν κομισάμενος, καὶ Ἀποστόλοις σου ἐμήνυσας τὰ τῆς νίκης σύμβολα, Σωτήρ μου ζωοδότα, καὶ τὴν κτίσιν ἐφώτισας

did issue, and the Spirit, sharing both form and throne, shone at once from the Father.

## Antiphon IV.

Behold, what is so good or so delightful as for brothers to reside together? For in this has the Lord promised life everlasting.

He who so adorns the lilies of the field commands not to be concerned about one's own raiment. [SD]

## Glory. Both now.

In the Holy Spirit, the unifying Cause, are all things sustained in peaceful coexistence. This is so for He is God, with the Father and the Son being truly one in essence. [SD]

#### Prokeimenon.

The Lord shall reign forever; your God, O Zion, to all generations. (2)

**Verse:** *Praise the Lord, O my soul!* 

The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

From Octoechos - - -

#### **READER**

#### Resurrectional Kontakion.

When You had risen from the grave, You also raised those who had died and resurrected Adam; and now Eve is celebrating in Your Resurrection, and the ends of the world keep festival, for Your rising from the dead, O Most-Merciful. [5D]

#### Oikos.

Having plundered the realms of Hades and raised the dead, O Longsuffering, You met the Myrrh-bearing women and gave them joy instead of sorrow. And Your Apostles You informed of the symbols of victory, my lifegiving Savior, and You illumined creation, φιλάνθοωπε· διὰ τοῦτο καὶ κόσμος συγχαίρει, τῆ ἐκ νεκρῶν Ἐγέρσει σου πολυέλεε.

## Συναξάριον.

## Τοῦ Μηναίου.

Τῆ Η' τοῦ αὐτοῦ μηνὸς μνήμη τοῦ ὁσίου Πατοὸς ἡμῶν Παταπίου.

Τῆ αὐτῆ ἡμέρα μνήμη τῶν ἄγίων Ἀποστόλων ἐκ τῶν Ἑβδομήκοντα, Σωσθένους, Ἀπολλώ, Κηφᾶ, Τυχικοῦ, Ἐπαφροδίτου, Καίσαρος, καὶ Ὀνησιφόρου.

Τῆ αὐτῆ ἡμέρα μνήμη τοῦ ὁσίου Πατρὸς ἡμῶν Σωφρονίου, Ἐπισκόπου Κύπρου.

Ταῖς αὐτῶν ἁγίαις ποεσβείαις, ὁ Θεός, ἐλέησον καὶ σῶσον ἡμᾶς. Ἀμήν.

#### ΧΟΡΟΣ

# Καταβασίαι τῆς Χοιστοῦ Γεννήσεως Α΄ '` ἀλὸὴ α'. ' Ἡχος α'.

Χριστὸς γεννᾶται, δοξάσατε, Χριστὸς ἐξ οὐρανῶν, ἀπαντήσατε, Χριστὸς ἐπὶ γῆς, ὑψώθητε, ἄσατε τῷ Κυρίῳ πᾶσα ἡ γῆ, καὶ ἐν εὐφροσύνη, ἀνυμνήσατε λαοί, ὅτι δεδόξασται.

## 'Ωδὴ γ'.

Τῷ πρὸ τῶν αἰώνων, ἐκ Πατρὸς γεννηθέντι ἀξοεύστως Υίῷ, καὶ ἐπ' ἐσχάτων ἐκ Παρθένου, σαρκωθέντι ἀσπόρως, Χριστῷ τῷ Θεῷ βοήσωμεν· Ὁ ἀνυψώσας τὸ κέρας ἡμῶν, Ἅγιος εἶ Κύριε.

## αδη δ'.

Υάβδος ἐκ τῆς ὁίζης Ἰεσσαί, καὶ ἄνθος ἐξ αὐτῆς Χοιστέ, ἐκ τῆς Παρθένου ἀνεβλάστησας, ἐξ ὄρους ὁ αἰνετός, κατασκίου δασέος, ἦλθες σαρκωθεὶς ἐξ

O Lover of man. Therefore the world also rejoices, for Your rising from the dead, O Most-Merciful. [GKD]

## Synaxarion.

#### From the Menaion.

On December 8, we commemorate our devout father Patapios.

On this day we also commemorate the holy Apostles of the Seventy: Sosthenes, Apollo, Cephas, Tychicus, Epaphroditus, Caesar, and Onesiphorus.

On this day we also commemorate our devout father Sophronios, Bishop of Cyprus.

By their holy intercessions, O God, have mercy on us and save us. Amen.

#### **CHOIR**

## Katavasias of Christmas I Ode i. Mode 1.

Christ is born; glorify Him! \* Christ is come from heaven; go and meet Him. \* Christ is on earth; arise to Him. \* Sing to the Lord, all you who dwell on the earth; \* and in merry spirits, O you peoples, praise His birth. \* For He is glorified.

#### Ode iii.

To the Son, begotten \* without flux, of the Father, before the ages, \* and who was lately made incarnate \* of the Virgin without seed; \* to Christ God now let us cry aloud: \* You have exalted the horn of our strength. Only You are holy, O Lord. [5D]

#### Ode iv.

Jesse's root produced a branch, O Christ, \* and You its flower blossomed forth, \* from the Virgin who by Habakkuk prophetically once was called \* overshadowed, dense mountain.

ἀπειράνδρου, ὁ ἄϋλος καὶ Θεός, Δόξα τῆ δυνάμει σου, Κύριε.

## $\Omega\delta\dot{\eta}$ $\epsilon'$ .

Θεὸς ὢν εἰρήνης, Πατὴρ οἰκτιρμῶν, τῆς μεγάλης Βουλῆς σου τὸν Ἄγγελον, εἰρήνην παρεχόμενον, ἀπέστειλας ἡμῖν ὅθεν θεογνωσίας, πρὸς φῶς ὁδηγηθέντες, ἐκ νυκτὸς ὀρθρίζοντες, δοξολογοῦμέν σε, Φιλάνθρωπε.

## Ώδὴ ζ΄.

Σπλάγχνων Ἰωνᾶν, ἔμβουον ἀπήμεσεν, ἐνάλιος θήο, οἶον ἐδέξατο, τῆ Παρθένω δέ, ἐνοικήσας ὁ Λόγος καὶ σάρκα λαβών, διελήλυθε φυλάξας ἀδιάφθορον ῆς γάρ, οὐχ ὑπέστη ὁεύσεως, τὴν τεκοῦσαν, κατέσχεν ἀπήμαντον.

## 'Ωδη ζ'.

Οί Παῖδες εὐσεβεία συντοαφέντες, δυσσεβοῦς ποοστάγματος καταφοονήσαντες, πυοὸς ἀπειλὴν οὐκ ἐπτοήθησαν, ἀλλ' ἐν μέσω τῆς φλογὸς ἑστῶτες ἔψαλλον, ὁ τῶν Πατέρων Θεὸς εὐλογητὸς εἶ.

## $\Omega$ δ $\eta$ $\eta$ .

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν τὸν Κύριον.

Θαύματος ύπερφυοῦς ή δροσοβόλος, ἐξεικόνισε κάμινος τύπον· οὐ γὰρ οὓς ἐδέξατο φλέγει Νέους, ὡς οὐδὲ πῦρ τῆς Θεότητος, Παρθένου ἢν ὑπέδυ νηδύν· διὸ ἀνυμνοῦντες ἀναμέλψωμεν· Εὐλογείτω ἡ \* From her who knew not man You came incarnate, \* the immaterial God. \* Glory to Your power, O Lord. [5D]

#### Ode v.

God of peace and Father of mercies, Your Son \* You have sent unto us as Your messenger, \* the Angel of great counsel who is granting peace. \* Therefore having been guided to the light of godly knowledge, \* waking from the night to dawn, we sing Your glory, O Lover of man. [SD]

#### Ode vi.

Such as it received \* Jonah as an embryo, the sea beast disgorged him from its bowels intact. \* With the Virgin, though, when the Logos had dwelt in her taking on flesh, \* He came forth from her preserving her yet incorrupt. \* For from her no fluxion suffered He, \* and He kept her unaltered in childbirth.

#### Ode vii.

The Servants nurtured piously together,
\* with contempt regarding the impious
king's decree, \* intrepidly faced the threat of
holocaust, \* and while standing in the midst
of flames they chanted thus, \* saying: O God
of the fathers, You are blessed. [5D]

#### Ode viii.

We praise and we bless and we worship the Lord.

Babylon's bedewing furnace bore the image \* of an extraordinary wonder. \* For it did not burn the youths it accepted, \* nor did the fire of Divinity consume the Virgin's womb wherein it went. \* So let us melodiously chant in praise: \* Let all creation

Κτίσις πᾶσα τὸν Κύριον, καὶ ὑπερυψούτω εἰς πάντας τοὺς αἰῶνας.

#### ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

#### ΙΕΡΕΥΣ

Ότι Άγιος εἶ ὁ Θεὸς ἡμῶν, καὶ ἐν Άγίοις ἐπαναπαύη, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατοὶ καὶ τῷ Υίῷ καὶ τῷ Άγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

#### ΧΟΡΟΣ

Ἀμήν.

## Ήχος β'.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς) Αἰνεσάτω πνοή πᾶσα τὸν Κύριον.

#### ΔΙΑΚΟΝΟΣ

Καὶ ὑπέο τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

#### ΔΙΑΚΟΝΟΣ

Σοφία. Όρθοί. Ακούσωμεν τοῦ άγίου Εὐαγγελίου.

#### ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

#### ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Μᾶρκον άγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

#### ΔΙΑΚΟΝΟΣ

Ποόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

bless and extol the Lord, \* and let it exalt Him supremely to the ages. [5D]

#### **DEACON**

Let us pray to the Lord.

(Lord, have mercy.)

#### **PRIEST**

For you are holy, our God, who rest among the Saints, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

#### **CHOIR**

Amen.

#### Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

#### **DEACON**

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

#### **DEACON**

Wisdom. Arise. Let us hear the Holy Gospel.

#### **PRIEST**

Peace be with all.

(And with your spirit.)

#### **PRIEST**

The reading is from the Holy Gospel according to Mark.

#### **DEACON**

Let us be attentive.

(Glory to You, O Lord, glory to You.)

# **ΙΕΡΕΥΣ** (ἀπὸ τῆς ἁγίας τραπέζης) Έωθινὸν Γ' Μᾶρκον Ιζ' 9-20

Αναστάς ὁ Ἰησοῦς πρωϊ πρώτη Σαββάτου ἐφάνη πρῶτον Μαρία τῆ Μαγδαληνῆ, ἀφ' ἦς ἐκβεβλήκει ἑπτὰ δαιμόνια. Έκείνη πορευθεῖσα ἀπήγγειλε τοῖς μετ' αὐτοῦ γενομένοις, πενθοῦσι καὶ κλαίουσι. Κάκεῖνοι ἀκούσαντες ὅτι ζῆ καὶ ἐθεάθη ὑπ' αὐτῆς ἠπίστησαν. Μετὰ δὲ ταῦτα δυσὶν ἐξ αὐτῶν περιπατοῦσιν έφανερώθη ἐν ἑτέρα μορφῆ, πορευομένοις, είς ἀγρόν. Κἀκεῖνοι ἀπελθόντες ἀπήγγειλαν τοῖς λοιποῖς, οὐδὲ ἐκείνοις ἐπίστευσαν. Ύστερον, ἀνακειμένοις αὐτοῖς τοῖς ἕνδεκα ἐφανερώθη, καὶ ἀνείδισε τὴν ἀπιστίαν αὐτῶν καὶ σκληροκαρδίαν, ὅτι τοῖς θεασαμένοις αὐτὸν ἐγηγερμένον, οὐκ ἐπίστευσαν. Καὶ εἶπεν αὐτοῖς: Πορευθέντες είς τὸν κόσμον ἄπαντα, κηρύξατε τὸ εὐαγγέλιον πάση τῆ κτίσει. Ὁ πιστεύσας καὶ βαπτισθείς, σωθήσεται, ὁ δὲ ἀπιστήσας, κατακριθήσεται. Σημεῖα δὲ τοῖς πιστεύσασι ταῦτα παρακολουθήσει. Έν τῷ ὀνόματί μου δαιμόνια ἐκβαλοῦσι, γλώσσαις λαλήσουσι καιναῖς, ὄφεις ἀροῦσι, κἂν θανάσιμόν τι πίωσιν, οὐ μὴ αὐτοὺς βλάψει, ἐπὶ ἀξοώστους χεῖρας ἐπιθήσουσι, καὶ καλῶς έξουσιν. Ὁ μὲν οὖν Κύριος, μετὰ τὸ λαλῆσαι αὐτοῖς, ἀνελήφθη εἰς τὸν οὐοανόν, καὶ ἐκάθισεν ἐκ δεξιῶν τοῦ Θεοῦ. Ἐκεῖνοι δὲ ἐξελθόντες, ἐκήρυξαν πανταχοῦ, τοῦ Κυρίου συνεργοῦντος, καὶ τὸν λόγον βεβαιοῦντος, διὰ τῶν ἐπακολουθούντων σημείων. Άμήν.

(Δόξα σοι, Κύριε, δόξα σοι.)

## **PRIEST** (from the altar table)

Eothinon 3 Mark. 16:9-20

When Jesus rose early on the first day of the week, He appeared first to Mary Magdalene, from whom He had cast out seven demons. She went and told those who had been with Him, as they mourned and wept. But when they heard that He was alive and had been seen by her, they would not believe it. After this he appeared in another form to two of them, as they were walking into the country. And they went back and told the rest, but they did not believe them. After this He appeared to the eleven themselves as they sat at table and He upbraided them for their unbelief and hardness of heart, because they had not believed those who saw Him after He had risen. And He said to them, "Go into all the world and preach the gospel to the whole creation. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will accompany those who believe: in My name they will cast out demons; they will speak in new tongues; they will pick up serpents, and if they drink any deadly thing, it will not hurt them; they will lay their hands on the sick, and they will recover." So then the Lord Jesus, after He had spoken to them, was taken up into heaven, and sat down at the right hand of God. And they went forth and preached everywhere, while the Lord worked with them and confirmed the message by the signs that attended it. Amen. [RSV]

(Glory to You, O Lord, glory to You.)

#### ΑΝΑΓΝΩΣΤΗΣ

Άνάστασιν Χριστοῦ θεασάμενοι, προσκυνήσωμεν Άγιον Κύριον Ἰησοῦν, τὸν μόνον ἀναμάρτητον. Τὸν Σταυρόν σου, Χριστέ, προσκυνοῦμεν καὶ τὴν άγίαν σου ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν σὺ γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ οἴδαμεν, τὸ ὄνομά σου ὀνομάζομεν. Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ Χριστοῦ άγίαν ἀνάστασιν ἰδοὺ γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὅλφ τῷ κόσμφ. Διὰ παντὸς εὐλογοῦντες τὸν Κύριον, ὑμνοῦμεν τὴν ἀνάστασιν αὐτοῦ· Σταυρὸν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτφ θάνατον ὤλεσεν.

#### ΧΟΡΟΣ

## Ψαλμὸς Ν' (50).

<sup>•</sup>**Ηχος β΄.** (ἢ τῆς ἑβδομάδος.)

[Ἐλεήμων,] Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιομῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με.

Ότι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μού ἐστι διαπαντός.

Σοὶ μόνῳ ἥμαςτον καὶ τὸ πονηςὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε.

Ίδοὺ γὰο ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαοτίαις ἐκίσσησέ με ἡ μήτηο μου.

#### **READER**

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death.

#### **CHOIR**

#### Psalm 50 (51).

**Mode 2.** (or the Mode of the week)

[Merciful,] Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Ἰδοὺ γὰο ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κούφια τῆς σοφίας σου ἐδήλωσάς μοι.

Ραντιεῖς με ὑσσώπω, καὶ καθαοισθήσομαι, πλυνεῖς με, καὶ ὑπὲο χιόνα λευκανθήσομαι.

Άκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφοοσύνην, ἀγαλλιάσονται ὀστέα τεταπεινωμένα.

Άπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν άμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον.

Καρδίαν καθαράν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου.

Μὴ ἀποὀῥίψης με ἀπὸ τοῦ προσώπου σου καὶ τὸ πνεῦμά σου τὸ ἄγιον μὴ ἀντανέλης ἀπ' ἐμοῦ.

Άπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ στήριξόν με.

Διδάξω ἀνόμους τὰς ὁδούς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

Ρῦσαί με ἐξ αἱμάτων, ὁ Θεὸς ὁ Θεὸς τῆς σωτηρίας μου ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου.

Κύριε, τὰ χείλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου.

Ότι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν· ὁλοκαυτώματα οὐκ εὐδοκήσεις.

Θυσία τῷ Θεῷ πνεῦμα συντετοιμμένον, καοδίαν συντετοιμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.

Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my mouth will declare Your praise.

For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings.

A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise.

Άγάθυνον, Κύριε, ἐν τῆ εὐδοκία σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ἰερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὁλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Δόξα.

Ταῖς τῶν Ἀποστόλων ποεσβείαις, Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου ποεσβείαις, Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

**Στίχ.** Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Άναστὰς ὁ Ἰησοῦς ἀπὸ τοῦ τάφου, καθὼς προεῖπεν, ἔδωκεν ἡμῖν τὴν αἰώνιον ζωήν, καὶ μέγα ἔλεος.

#### ΔΙΑΚΟΝΟΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου ἐπίσκεψαι τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς τὸν κόσμον κέρας Χριστιανῶν ὀρθοδόξων καὶ κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ πλούσια πρεσβείαις τῆς παναχράντου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων, ίκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου Προδρόμου καὶ Βαπτιστοῦ Ἰωάννου, τῶν ἀγίων ἐνδόξων καὶ πανευφήμων Ἀποστόλων, τῶν ἐν άγίοις Πατέρων ἡμῶν

Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings.

Then shall they offer young bulls on Your altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O Lord of mercy, blot out my many offences. [5D]

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [5D]

**Verse:** Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Jesus, having risen from the grave as He foretold, has granted us eternal life and great mercy. [5D]

#### **DEACON**

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and

μεγάλων Γεραρχῶν καὶ οἰκουμενικῶν Διδασκάλων, Βασιλείου τοῦ Μεγάλου, Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ Χουσοστόμου, Ἀθανασίου, Κυρίλλου καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν Αλεξανδοίας: Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος, Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων Χαραλάμπους καὶ Ἐλευθερίου, τῆς άγίας ἐνδόξου Μεγαλομάρτυρος καὶ πανευφήμου Εὐφημίας: τῶν ἁγίων ἐνδόξων Μαρτύρων Θέκλας, Βαρβάρας, Άναστασίας, Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευῆς καὶ Εἰρήνης τῶν ὁσίων καὶ Θεοφόρων Πατέρων ήμῶν (τοῦ Άγίου τοῦ Ναοῦ) τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ίωακεὶμ καὶ Άννης, καὶ πάντων σου τῶν Άγίων. Ίκετεύομέν σε, μόνε πολυέλεε Κύριε, ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν δεομένων σου καὶ ἐλέησον ἡμᾶς.

#### ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

#### ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιομοῖς καὶ φιλανθοωπία τοῦ μονογενοῦς σου Υίοῦ, μεθ' οὖ εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Άμήν.)

#### ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

#### **CHOIR**

Lord, have mercy. (12)

#### **PRIEST**

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

#### **DEACON**

Let us honor and magnify in song the Theotokos and the Mother of the light.

#### ΧΟΡΟΣ

# $\Omega$ δή θ'. Μεγαλυνάριον. Ήχος α'.

**Στίχ.** Μεγαλύνει ή ψυχή μου τὸν Κύριον, καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ότι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ ἰδού γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ότι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός, καὶ ἄγιον τὸ ὄνομα αὐτοῦ, καί το ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεὰν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ, διεσκόρπισεν ὑπερηφάνους διανοία καρδίας αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

#### **CHOIR**

# Ode ix. Megalynarion. Mode 1.

**Verse:** My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NK]VI

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation. [NK]V]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων, καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Άντελάβετο Ίσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

## 'Ωδή θ'. Καταβασία. ήΗχος α'.

Μεγάλυνον ψυχή μου, τὴν τιμιωτέραν καὶ ἐνδοξοτέραν, τῶν ἄνω στρατευμάτων.

Μυστήριον ξένον, ὀρῶ καὶ παράδοξον! οὐρανὸν τὸ Σπήλαιον, θρόνον Χερουβικόν, τὴν Παρθένον, τὴν φάτνην χωρίον, ἐν ῷ ἀνεκλήθη ὁ ἀχώρητος, Χριστὸς ὁ Θεός, ὂν ἀνυμνοῦντες μεγαλύνομεν.

#### ΔΙΑΚΟΝΟΣ

Έτι καὶ ἔτι ἐν εἰρήνη τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχοάντου, ὑπεοευλογημένης, ἐνδόξου Δεσποίνης

**Verse:** He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

**Verse:** He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever. [NKIVI]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

#### Ode ix. Katavasia. Mode 1.

O my soul, magnify her who is greater in honor and in glory than the armies of heaven.

I see here a strange and paradoxical mystery. \* For, behold, the grotto is heaven; \* cherubic throne is the Virgin; \* the manger a grand space \* in which Christ our God the uncontainable reclined as a babe; \* Whom in extolling do we magnify. [SD]

#### **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos

ήμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

#### ΙΕΡΕΥΣ

Ότι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰωνων.

(Ἀμήν.)

#### ΧΟΡΟΣ

## Ήχος β'.

Άγιος Κύριος ὁ Θεὸς ἡμῶν. (δίς)

Άγιος Κύριος ὁ Θεὸς ἡμῶν. Ύψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ ὑποποδίω τῶν ποδῶν αὐτοῦ.

Ότι ἄγιός ἐστι.

Τῆς Ὀκτωήχου - -

# Έξαποστειλάοιον.

Τὸ Γ΄ Έωθινόν.

\*Ηχος β'. Τοῖς Μαθηταῖς συνέλθωμεν.

Ότι Χριστὸς ἐγήγερται, μή τις διαπιστείτω ἐφάνη τῆ Μαρία γάρ, ἔπειτα καθωράθη, τοῖς εἰς ἀγρὸν ἀπιοῦσι, Μύσταις δὲ πάλιν ὤφθη, ἀνακειμένοις ἕνδεκα, οὕς βαπτίζειν ἐκπέμψας, εἰς Οὐρανούς ὅθεν καταβέβηκεν ἀνελήφθη, ἐπικυρῶν τὸ κήρυγμα, πλήθεσι τῶν σημείων.

## Θεοτοκίον. Όμοιον.

Ό ἀνατείλας Ἡλιος, ἐκ παστοῦ ὡς Νυμφίος, ἀπὸ τοῦ τάφου σήμερον, καὶ τὸν Ἅιδην σκυλεύσας, καὶ θάνατον καταργήσας, σὲ Τεκούσης πρεσβείαις, φῶς ἡμῖν ἐξαπόστειλον, φῶς φωτίζον καρδίας,

and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

#### Mode 2.

Holy is the Lord our God. (2) [SAAS]

Holy is the Lord our God. Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy.

From Octoechos - - -

# Exaposteilarion. The Third Eothinon.

**Mode 2.** On the mountain.

Let no one doubt and disbelieve \* that Christ was resurrected. \* For unto Mary He appeared; \* Afterwards by those walking \* in the field was He seen clearly. \* To the eleven Mystics \* reclining, He appeared again. \* When He sent them to baptize, He did ascend \* into heaven from which He had descended, \* and with abundant miracles \* He did confirm their preaching. [5D]

## Theotokion. Same Melody.

O Sun, who like a Groom from his \* chamber, today has risen \* from the all-holy sepulcher, \* after despoiling Hades, \* and making death ineffective: \* heeding the intercessions \* of her who bore You, send out

καὶ τὰς ψυχάς, φῶς βαδίζειν ἄπαντας ἐμβιβάζον, ἐν τοίβοις ποοσταγμάτων σου, καὶ όδοῖς τῆς εἰρήνης.

## Οἱ Αἶνοι. Ἡχος πλ. δ'.

Πᾶσα πνοἡ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῶ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτὸν οί οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Ότι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

Έστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦο, χάλαζα, χιών, κούσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἑρπετὰ καὶ πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ή ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐοανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

light \* unto us, light illumining hearts and souls, \* send out light that opens the way for all men \* to walk in the ways of peace \* and paths of Your commandments.

## Lauds. Mode pl. 4.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

Ύμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσοαήλ, λαῷ ἐγγίζοντι αὐτῷ.

Άσατε τῷ Κυρίῳ ἄσμα καινόν, ἡ αἴνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Εὐφοανθήτω Ἰσοαὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιὼν ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χοοῷ, ἐν τυμπάνφ καὶ ψαλτηρίφ ψαλάτωσαν αὐτῷ.

Ότι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρίᾳ.

Καυχήσονται ὅσιοι ἐν δόξη καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάουγγι αὐτῶν, καὶ ὁομφαῖαι δίστομοι ἐν ταῖς χεροὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμοὺς ἐν τοῖς λαοῖς.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τῆς Όκτωήχου - - -

# Στιχηοὰ Ἀναστάσιμα. Στιχηοὸν Α΄. Ἡχος πλ. δ΄.

Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἔγγραπτον δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Κύριε, εἰ καὶ κριτηρίω παρέστης, ὑπὸ Πιλάτου κρινόμενος, ἀλλ' οὐκ ἀπελείφθης τοῦ θρόνου, τῷ Πατρὶ συγκαθεζόμενος, καὶ ἀναστὰς ἐκ νεκρών, τὸν κόσμον ἠλευθέρωσας, ἐκ τῆς δουλείας τοῦ ἀλλοτρίου, ὡς οἰκτίρμων καὶ Φιλάνθρωπος.

# Στιχηρὸν Β'. Ἡχος $\pi\lambda$ . δ'.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Κύριε, εἰ καὶ ὡς νεκρὸν ἐν μνημείῳ, Ἰουδαῖοι σε κατέθεντο, ἀλλ' ὡς Βασιλέα ὑπνοῦντα, στρατιῶταί σε ἐφύλαττον, καὶ ὡς A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

From Octoechos - - -

# Resurrectional Stichera. Sticheron 1. Mode pl. 4.

To fulfill among them the written judgment: this glory have all His holy ones. [SAAS]

Lord, even if You stood on trial and suffered Pontius Pilate to be Your judge, yet You did not leave Your divine throne, seated with the Father as You are. And when You rose from the dead, You freed the world from servitude that was imposed on it by the Devil, O Compassionate who love mankind.

# Sticheron 2. Mode pl. 4.

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

Lord, even if the Judeans had You buried as a lifeless body in a grave, yet a guard of soldiers was watching over You as ζωῆς θησαυρόν, σφραγῖδι ἐσφραγίσαντο ἀλλὰ ἀνέστης καὶ παρέσχες, ἀφθαρσίαν ταῖς ψυχαῖς ἡμῶν.

## Στιχηφὸν Γ΄. Ἡχος πλ. δ΄.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Κύριε, ὅπλον κατὰ τοῦ διαβόλου, τὸν Σταυρόν σου ἡμῖν δέδωκας· φρίττει γὰρ καὶ τρέμει, μὴ φέρων καθορῷν αὐτοῦ τὴν δύναμιν· ὅτι νεκροὺς ἀνιστῷ καὶ θάνατον κατήργησε· διὰ τοῦτο προσκυνοῦμεν, τὴν Ταφήν σου καὶ τὴν Ἔγερσιν.

## Στιχηρὸν Δ'. Ἡχος $\pi\lambda$ . δ'.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρα.

Ο Άγγελός σου Κύριε, ὁ τὴν Ἀνάστασιν κηρύξας, τοὺς μὲν φύλακας ἐφόβησε, τὰ δὲ Γύναια ἐφώνησε λέγων Τί ζητεῖτε τὸν ζῶντα μετὰ τῶν νεκρῶν; ἀνέστη Θεός ὤν, καὶ τῆ οἰκουμένη ζωὴν ἐδωρήσατο.

# Στιχηρὸν Ε΄. Ἡχος πλ. δ΄.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Ἐπαθες διὰ σταυροῦ, ὁ ἀπαθὴς τῆ Θεότητι, ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῆς δουλείας τοῦ ἐχθροῦ, καὶ ἀθανατίσας, ζωοποιήσης ἡμᾶς Χριστὲ ὁ Θεός, διὰ τῆς Ἀναστάσεώς σου φιλάνθρωπε.

though a sleeping king; and with a seal they secured the tomb as a treasure-house of life. But You arose and unto our souls granted incorruptibility. [SD]

## Sticheron 3. Mode pl. 4.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Lord, as a weapon against the Adversary You have given us Your holy Cross. Gripped with fear he trembles unable to endure to look upon its might, because it raises the dead, and death itself it neutralized. For this reason we adore Your three-day burial and rising again.

## Sticheron 4. Mode pl. 4.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

O Lord, Your angel messenger, when he proclaimed Your resurrection, \* caused the guardians to be afraid but the women's fear allayed, \* and addressed them, "Wherefore seek you among the dead the One who lives? \* He rose, for He is God, and the gift of life He has given to the universe."

## Sticheron 5. Mode pl. 4.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

You suffered by means of the Cross, though in Divinity impassible. You accepted three-day burial, so that You might liberate us from our slavery to the enemy, and making us immortal might bring us to life, O Christ our God, through Your resurrection, O Lord who love humanity.

## Στιχηφὸν ζ΄. Ἡχος πλ. δ΄.

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Ποσκυνῶ καὶ δοξάζω, καὶ ἀνυμνῶ Χοιστέ, τὴν σὴν ἐκ τάφου Ἀνάστασιν, δι' ἦς ἠλευθέρωσας ἡμᾶς, ἐκ τῶν τοῦ Ἅιδου ἀλύτων δεσμῶν, καὶ ἐδωρήσω τῷ κόσμῳ ὡς Θεὸς ζωὴν αἰώνιον, καὶ τὸ μέγα ἔλεος.

## Στιχηρὸν Ζ΄. Ἡχος πλ. δ΄.

Ανάστηθι, Κύριε ὁ Θεός μου, ὑψωθήτω ή χείρ σου, μὴ ἐπιλάθη τῶν πενήτων σου εἰς τέλος.

Τὸ ζωοδόχον σου μνῆμα, φοουοοῦντες παράνομοι, σὺν τῆ κουστωδία ἐσφραγίσαντο τοῦτο, σὺ δὲ ὡς ἀθάνατος Θεὸς καὶ παντοδύναμος, ἀνέστης τριήμερος.

## Στιχηρὸν Η'. Ἦχος $\pi\lambda$ . δ'.

Έξομολογήσομαί σοι, Κύριε, ἐν ὅλη καρδία μου, διηγήσομαι πάντα τὰ θαυμάσιά σου

Ποφευθέντος σου ἐν πύλαις Ἅιδου Κύφιε, καὶ ταύτας συντφίψαντος, ὁ αἰχμάλωτος οὕτως ἐβόα· Τίς ἐστιν οὖτος, ὅτι οὐ καταδικάζεται ἐν τοῖς κατωτάτοις τῆς γῆς, ἀλλὰ καὶ ὡς σκηνὴν κατέλυσε τοῦ θανάτου τὸ δεσμωτήφιον; ἐδεξάμην αὐτὸν ὡς θνητόν, καὶ τφέφω ὡς Θεόν. Παντοδύναμε Σωτὴρ ἐλέησον ἡμᾶς.

Τῆς Ὀκτωήχου - - -

 $\Delta$ όξ $\alpha$ . Ἡχος  $\gamma$ '. Τὸ Γ' Ἑωθινόν.

Τῆς Μαγδαληνῆς Μαρίας, τὴν τοῦ Σωτῆρος εὐαγγελιζομένης, ἐκ

## Sticheron 6. Mode pl. 4.

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

I adore and I glorify and I extol, O Christ, Your resurrection from the sepulcher, through which You have set us free from the bonds of Hades that no one could break, and as God You have granted to the world everlasting life and the great mercy.

## Sticheron 7. Mode pl. 4.

Arise, O Lord my God, let Your hand be lifted high, and do not forget Your poor to the end. [SAAS]

With a company of soldiers the unlawful ones set a guard at Your tomb that held life, and with a seal they secured it. You, however, as immortal God and omnipotent, resurrected on the third day.

## Sticheron 8. Mode pl. 4.

I will give thanks to You, O Lord, with my whole heart; I will tell of all Your wondrous things. [SAAS]

When You entered at the gates of Hades, O Lord, and when You had shattered them, then the Devil there in exile shouted, "Who is this one? For not only is he not condemned to the lowest regions of the earth, but he has also torn down, like a tent, the prison that belonged to death. I received him as though a mortal man, and quake at him as God." O almighty Savior, have mercy on us. [5D]

From Octoechos - - -

Glory. **Mode 3. The Third Eothinon.** 

When Mary Magdalene announced the good news of the Savior's resurrection from

νεκοῶν Ἀνάστασιν καὶ ἐμφάνειαν, διαπιστοῦντες οἱ Μαθηταί, ἀνειδίζοντο τὸ τῆς καρδίας σκληρόν ἀλλὰ τοῖς σημείοις καθοπλισθέντες καὶ θαύμασι, πρὸς τὸ κήρυγμα ἀπεστέλλοντο καὶ σὰ μὲν Κύριε, πρὸς τὸν ἀρχίφωτον ἀνελήφθης Πατέρα, οἱ δὲ ἐκήρυττον πανταχοῦ τὸν λόγον, τοῖς θαύμασι πιστούμενοι. Διὸ οἱ φωτισθέντες δι' αὐτῶν δοξάζομέν σου, τὴν ἐκ νεκρῶν Ἀνάστασιν, φιλάνθρωπε Κύριε.

#### Καὶ νῦν. Θεοτοκίον.

Υπεφευλογημένη ὑπάρχεις, Θεοτόκε Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ ἄδης ἠχμαλώτισται, ὁ Ἀδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὔα ἠλευθέρωται, ὁ θάνατος τεθανάτωται, καὶ ἡμεις ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν· Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως εὐδοκήσας δόξα σοι.

## Ή Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

Υμνοῦμέν σε, εὐλογοῦμέν σε, ποοσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ Υίὸς τοῦ Πατρός, ὁ αἴρων τὴν ἁμαρτίαν the dead and His appearance, the Disciples would not believe. So they were upbraided for their hardness of heart. But once they were fully equipped with the signs and miracles, they were sent out to preach. So then You, O Lord, were taken up to Your Father, the Source of Light; and they went and preached the word everywhere, and were confirmed by the miracles. Therefore we, who have been enlightened by them, glorify Your resurrection from the dead, O Lord who loves humanity. [SD]

### Both now. Theotokion.

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You! [SD]

## **Great Doxology**

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world,

τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴοων τὰς άμαρτίας τοῦ κόσμου.

Ποόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾳ τοῦ Πατοός, καὶ ἐλέησον ἡμᾶς.

Ότι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος Κύοιος, Ἰησοῦς Χοιστός, εἰς δόξαν Θεοῦ Πατοός. Ἀμήν.

Καθ' ἑκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῆ ἡμέρα ταύτη, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Κύοιε, καταφυγή ἐγενήθης ἡμῖν ἐν γενεᾳ̃ καὶ γενεᾳ̃. Ἐγὼ εἶπα· Κύοιε, ἐλέησόν με, ἴασαι τὴν ψυχήν μου, ὅτι ἥμαοτόν σοι.

Κύριε, πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Ότι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου ὀψόμεθα φῶς.

have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Άγιος ὁ Θεός, Άγιος Ἰσχυρός, Άγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρί καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Άγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Άγιος ὁ Θεός, Άγιος Ἰσχυρός, Άγιος Αθάνατος, ἐλέησον ἡμᾶς.

Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν Τροπάριον Ἀναστάσιμον.

## <sup>\*</sup>**Ηχος πλ. δ΄.** (ἢ τῆς ἑβδομάδος.)

Άναστὰς ἐκ τοῦ μνήματος, καὶ τὰ δεσμὰ διαὀῥήξας τοῦ Ἅιδου, ἔλυσας τὸ κατάκοιμα, τοῦ θανάτου Κύριε, πάντας ἐκ τῶν παγίδων τοῦ ἐχθροῦ ὁυσάμενος, ἐμφανίσας σεαυτὸν τοῖς, Ἀποστόλοις σου, ἐξαπέστειλας αὐτοὺς ἐπὶ τὸ κήρυγμα, καὶ δι' αὐτῶν τὴν εἰρήνην παρέσχες τῇ οἰκουμένῃ, μόνε πολυέλεε.

η ώς συνήθως.

## **Ἡχος δ΄.** (ἢ τῆς ἑβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν. Ἀισωμεν τῷ ἀναστάντι ἐκ τάφου καὶ ἀρχηγῷ τῆς ζωῆς ἡμῶν καθελὼν γὰρ τῷ θανάτῳ τὸν θάνατον, τὸ νῖκος ἔδωκεν ἡμῖν, καὶ τὸ μέγα ἔλεος. Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

#### **Mode pl. 4.** (or the Mode of the week)

When You rose from the sepulcher and broke the bonds of Hades, You repealed the sentence of death, O Lord, and delivered all from the snares of the enemy. And when You showed yourself to Your Apostles, You sent them out to preach, and through them You granted peace to the whole world, O only very merciful One. [5D]

Or, according to common practice:

#### **Mode 4.** (or the Mode of the week)

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy.