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The Service of Matins

for Monday, March 4, 2019

**Octoechos - Grave Mode.
on Monday Morning**

**Triodion - On Monday of Cheese Week
at Matins**

**Menaion - March 4
Memory of St. Gerasimos of Jordan**

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Triodion

Grave Mode. On Monday Morning

Menaion - March 4

Memory of St. Gerasimos of Jordan

MATINS

CHOIR

Mode 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: *Give thanks to the Lord and call upon His name.*

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: *All the nations surrounded me, but in the name of the Lord I defended myself against them.*

Verse 3: *And this came about from the Lord, and it is wonderful in our eyes.*

Apolytikion.

From Horologion - - -

Mode 4. *You who were lifted.*

O Chief Commanders of the heavenly armies, * we the unworthy now entreat you in earnest, * to fortify us by your supplications to the Lord, * and shelter us beneath the wings of your spiritual glory, * guarding us who run to you and fervently entreat you: * As the Commanders of the hosts on high, * rescue us faithful from dangers of every kind. [SD]

Glory. **Repeat.**

From Octoechos - - -

Both now. **Theotokion.**

Mode 4.

To you who were raised in the Temple, in the Holy of Holies, and who were clothed in faith and wisdom and measureless virginity, the Supreme Commander Gabriel from

heaven brought the salutation, "Rejoice"; "Rejoice, O blessed Maiden! Rejoice, O glorified one! The Lord is with you." [SD]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 4. There is no litany, but immediately the following:

From Triodion - - -

CHOIR

Kathisma I.

Grave Mode.

Since repentance will cure you from all sickness, O my soul,/ draw near to this house of healing with tears and sighs./ Cry out to the Physician of our bodies and souls:/ O Lord and Lover of mankind: free me from my sins./ Number me with the harlot, the thief and the publican; // grant me the forgiveness of my transgressions, O God, and save me. [OCA]

Verse: *O Lord, do not rebuke me in Your wrath, nor chasten me in Your anger.* [SAAS]

I have not emulated the repentance of the publican;/ I have not gained the tears of the harlot./ In my blindness I cannot understand how to amend my life as they did. // But in your compassion, O God, save me, as the Lover of mankind. [OCA]

Glory. **For the Martyrs.**

The saints, O Lord, contended bravely on this earth; * they trampled the enemy and overthrew the error of idolatry. * Therefore they received crowns from you, O loving Master, ** the God of all compassion, who grants us great mercy. [OCA]

Both now. **Theotokion.**

O all-holy Virgin: you are higher in honor than the glorious Cherubim./ Unable to endure the divine splendor,/ they veil

their faces with their wings to perform their ministry;/but you gaze with your own eyes upon the incarnate Word.//Pray to him without ceasing for our souls. [OCA]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 5. It would be followed by the short litany.

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You, O God, are good and love mankind, and to You we offer glory, to the Father and to the Son and to the Holy Spirit, now and forever, and to the ages of ages.

(Amen.)

Kathisma II.

CHOIR

From Triodion - - -

Mode 1. (NM)

The gateway to divine repentance has been opened: let us enter eagerly, purified in our bodies and observing abstinence from food and passions, as obedient servants of Christ who has called the world into the heavenly Kingdom. Let us offer to the King of all a tenth part of the whole year, that we may look with love upon His Resurrection. [KW]

Glory. Both now.

Mode 1. (NM)

O most holy Virgin, thou hast carried in thine arms the Creator, God made flesh. Stretch those arms out towards Him, and entreat Him to deliver us from every passion, danger and temptation, for with love we praise thee and we cry aloud: Glory be to Him who dwelt in thee; glory be to Him who from thee came forth; glory be to Him who through thy childbearing has set us free. [KW]

READER

Lord, have mercy. (3)

Glory. Both now.

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence,

and do not take Your Holy Spirit from me.
Restore to me the joy of Your salvation,
and uphold me with Your guiding Spirit.
I will teach transgressors Your ways, and
the ungodly shall turn back to You. Deliver
me from bloodguiltiness, O God, the God of
my salvation, and my tongue shall greatly
rejoice in Your righteousness. O Lord, You
shall open my lips, and my mouth will declare
Your praise. For if You desired sacrifice, I
would give it; You will not be pleased with
whole burnt offerings. A sacrifice to God
is a broken spirit, a broken and humbled
heart God will not despise. Do good, O Lord,
in Your good pleasure to Zion, and let the
walls of Jerusalem be built; then You will be
pleased with a sacrifice of righteousness, with
offerings and whole burnt offerings; then shall
they offer young bulls on Your altar. [SAAS]

From Menaion - - -

CHOIR

Canon for the Devout Man.

Ode i. Mode 4. Heirmos

*Verse: Let us sing to the Lord, for He is
greatly glorified.*

To You will I sing, O Lord my God, for
You brought your people out from Egyptian
bondage and smothered the chariots of
Pharaoh and his company. [un]

Troparia.

Saint of God, intercede for us.

Because we have fasting as a strong
weapon against every stronghold of the
outsider, let us bravely trample down his
schemes. [un]

*Verse: Let us sing to the Lord, for He is
greatly glorified. Horse and rider He has thrown
into the sea. [SAAS]*

Because we have fasting as a strong
weapon against every stronghold of the
outsider, let us bravely trample down his
schemes. [un]

*Verse: The Lord became my helper and the
shield of my salvation; He is my God, and I will
glorify Him; my father's God, and I will exalt Him.
[SAAS]*

Enlightened with the beauty of the Spirit,
O God-bearer, through virtue you set the
noetic eyes of your soul upon the never-
setting light. [un]

*Verse: The Lord brings wars to nothing; the
Lord is His name. Pharaoh's chariots and army He
cast into the sea. [SAAS]*

Throwing off the burden of earthly
possessions through self-denial, you ran the
entire race of the ascetic life as though you
were without body, O Father Gerasimos. [un]

*Verse: The sea covered them; they sank to the
bottom like a stone. [SAAS]*

Theotokion.

Your perfect Child has led us to a
heavenly life from the earth, O pure one,
guiding us to the Heavens by the wings of
fasting. [un]

From Triodion - - -

Canon 1 from the Triodion.

Ode i. Mode 1. Let us all sing. (N/M)

*Verse: The princes of Edom and the chiefs of
the Moabites were dismayed; trembling took hold*

of them; all the inhabitants of Canaan melted away.

[SAAS]

Today is the joyful forefeast of the time of abstinence, the bright threshold of the Fast. Therefore, brethren, together let us run the race with confident hope and with great eagerness. [KW]

Verse: Fear and dread fell upon them; by the greatness of Your arm, let them become as stone.

[SAAS]

In my transgressing I have followed our forefather Adam, and in my wretchedness I am cast out from joy. Therefore I fall down before Thee in repentance and with tears: save me, O Lord. [KW]

Verse: Till Your people pass over, O Lord, till Your people pass over, whom You purchased. [SAAS]

The beginning of contrition and repentance is to flee from sin and to abstain from passions. Let us hasten, then, to cut off our evil works. [KW]

Verse: The sanctuary, O Lord, which Your hands established. [SAAS]

Theotokion.

Darkened by the night of transgressions, urgently I flee to thee for refuge: for thou hast borne Christ, the Sun of righteousness that shines on those in darkness. O Lady, save me.

[KW]

Canon 2 from the Triodion.

Ode i. Mode 1. *Let us all sing. (N/M)*

Verse: The Lord reigns forever and ever and ever. For Pharaoh's horses went with his chariots and horsemen into the sea. [SAAS]

Behold, all who love God, the door of repentance is already opened: come, let us

make haste to enter in, before Christ closes it and we are shut out in our unworthiness. [KW]

Verse: But the children of Israel walked on dry ground in the midst of the sea. [SAAS]

Announcing the spring, the week of cleansing that prepares us for the holy Fast is now at hand, illumining the bodies and the souls of all. [KW]

Glory. **For the Trinity.**

O Holy Trinity, uncreated, unconfused, Unity supreme in love, the Father, the Son, and the Spirit that is one with Them, do Thou always save from death those that worship Thee in faith. [KW]

Both now. **Theotokion.**

Most pure Virgin, in thee are the bounds of nature overcome: for without man thou hast given birth to God, yet after childbearing thou hast remained inviolate, as thou wast before. [KW]

From Octoechos - - -

Ode iii.

Canon of Compunction.

Grave Mode. Heirmos

Verse: Holy are You, O Lord, and my spirit praises You.

You are the One who by Your Word established the world which shall not be shaken. Establish our minds on the fear of You, Lord. [SD]

Troparia.

Have mercy on me, O God. Have mercy on me.

At night I am beset by unseemly sins. O Giver of light, illumine me now with the light

of repentance, that with faith I may glorify
You who love humanity. [SD]

*Verse: My heart is strengthened in the Lord;
my horn is exalted in my God. I smile at my
enemies; I rejoice in Your salvation. [SAAS]*

I have followed paths in this life, which
have all brought me down to the pit of
hedonism. O Jesus, show me again the divine
paths of repentance. [SD]

*Verse: Because no one is holy like the Lord,
no one is righteous like our God, no one is holy but
You. [SAAS]*

O all-lauded Martyrs, you finished the
fight with valor, and you were granted the
heavenly awards. And now you intercede for
us all. [SD]

*Verse: Do not boast nor speak of high things;
let no arrogance come from your mouth. [SAAS]*

O medaled Martyrs, you endured
countless labors, and you received countless
blessings. And now you are united with the
countless bodiless hosts. [SD]

*Verse: For the Lord is the God of knowledge;
and God is preparing His actions. [SAAS]*

Theotokion.

O Virgin, only you gave birth to the
heavenly King. Take pity on me, and defeat
the sin that reigns in me, and save me. [SD]

From Octoechos - - -

Canon for the Bodiless Hosts.

Grave Mode. N/M ()

*Verse: The One who gives a prayer to the one
praying, He blesses with righteous years. [SAAS]*

O choirs of Angels, you are the mediators
of divine revelations; and being immaterial

you all unceasingly cry out: Holy are You, O
Lord, the only almighty One! [SD]

*Verse: The Lord makes His adversaries weak;
the Lord is holy. [SAAS]*

O Archangels, obeying the law of
love, you pass down in order the divine
manifestations, and you sing to Christ: Holy
are You, O Lord, the only almighty One! [SD]

*Verse: Let not the man of learning boast in
his understanding, nor let the man of might boast
in his might, nor let the man of riches boast in his
riches. [SAAS]*

Those with correct belief aspire to the
secondary brightness of the primary radiance,
and in unison they sing to Christ: Holy are
You, O Lord the savior of our souls! [SD]

*Verse: Only let the one who boasts boast in
this: to understand and to know the Lord and to do
justice and righteousness in the midst of the earth.*

[SAAS]

Theotokion.

The Logos, who brought all things
from nonexistence into being by His will, is
borrowing flesh from you, O Virgin, becoming
man in His pity and love for humanity. [SD]

Canon for the Devout Man.

From Menaion - - -

Mode 4. N/M ()

*Verse: The Lord went up into the heaven and
thundered. The Lord judges the ends of the earth.*

[SAAS]

Killing the feral fauna of the passions with
fasting, let us come closer to Christ through
dispassion and purity. [un]

*Verse: He gives strength to our leaders, and
He will exalt the horn of His Christ.* [SAAS]

Always looking towards the immaterial
longing for the Lord, O righteous Father, you
scorned the material and temporal. [un]

Glory.

With Christ always on your tongue, O
Father Gerasimos, you verified the veracity of
your speech by miracles. [un]

Both now. **Theotokion.**

Enfirm the infirmity of our nature with
fasting and struggles, O Virgin One, and make
it firm against the passions. [un]

Heirmos.

My heart is grounded in the Lord my
God; and thus those without might have
girded themselves with power. [un]

DEACON

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos and
ever-virgin Mary, with all the saints, let us
commend ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

PRIEST

For you are our God, and to you we give
glory, to the Father and the Son and the Holy
Spirit, now and forever and to the ages of
ages.

(Amen.)

CHOIR

Kathisma.

From Menaion - - -

Mode 1. N/M (The stone.)

You fervently climbed the ladder of godly
morality and you reached the summit of
divine noetic vision, receiving meditations
unblemished and unmurky showing the
divine mysteries of Christ. Thus we honor you
with reverence, as we exclaim, God-bearer
Gerasimos: Glory to Christ, who strengthened
you. Glory to Him who gave you the crown.
Glory to Him who heals everyone through
you. [un]

Glory. Both now. **Theotokion.**

Mode 1. N/M (The stone.)

Reach out your divine hands that carried
the Creator, who in His great benevolence
took on flesh, O Virgin Theotokos; arduously
ask Him to redeem us from all varieties of
passions and temptations and all perils, we
who faithfully chant your praise and cry out
to you with yearning: *Glory to Him whose
will was to dwell in you. Glory to Him that
came forth from you. Glory to Him that has
delivered us through your child-bearing. [un]

From Octoechos - - -

Ode iv.

Canon of Compunction.

Grave Mode. Heirmos

Verse: Glory to Your strength, O Lord.

O Christ God who love humanity, in Your
plan for our salvation, the excellence of Your
ineffable wisdom covered the heavens. [SD]

Troparia.

Have mercy on me, O God. Have mercy on me.

O compassionate Logos, You will that all should be saved. I have transgressed Your commandments. Please have no contempt for me, but rather save me. [SD]

Verse: Lord, I have heard Your report and was afraid; I considered Your works and was greatly astonished. [SAAS]

I have submitted to irrational passions, wretch that I am, and I have become like the animals. O compassionate Logos of God, take pity on me. [SD]

Verse: When my soul is troubled, You will in wrath remember mercy. [SAAS]

O Martyrs, as you were tortured and burnt in fire, you scorched deceptive error, for you were lit up with the zeal of the correct belief in God. [SD]

Verse: God will come from Teman, the Holy One from the mount of shaded leafy trees. [SAAS]

O blessed Martyrs, you had Christ the tree of life and Planter of all within you, and thus you were like Paradise. [SD]

Verse: His excellence covered the heavens, and the earth was full of His praise. [SAAS]

Theotokion.

O pure Virgin full of grace divine, give grace to my mind, and completely free it from the darkness of ignorance. [SD]

From Octoechos - - -

Canon for the Bodiless Hosts.

Grave Mode. N/M ()

Verse: For though the fig tree will not bear fruit and there be no grapes on the vines. [SAAS]

O choirs of Angels and select ministers, as you stand near Christ and pray to Him, heal the traumas of my soul. [SD]

Verse: The labor of the olive tree fail and the fields yield no food. [SAAS]

O Lord, the armies of the bodiless reverently surround Your throne, and they ever cry aloud: "Glory to Your power, O Lord!" [SD]

Verse: Though the sheep have no pasture and there be no oxen in the cribs. [SAAS]

The ranks of Angels were amazed, when they saw You, O Christ, on earth with a body, dwelling among mortal men. [SD]

Verse: Yet I will glory in the Lord; I will rejoice in God my Savior. [SAAS]

Theotokion.

O all-lauded and immaculate Mother of God, inexplicably you gave birth to God in the flesh. We implore you to intercede that He save us. [SD]

Canon for the Devout Man.

From Menaion - - -

Mode 4. N/M ()

Verse: The Lord God is my strength; He will direct my feet to the end. [SAAS]

To prove Your love for mortals, O Christ God, You have given the season of fasting, O Savior, during which You clean and sanctify the souls and bodies of Your servants. [un]

Verse: He will set me upon high places, so to conquer by His song. [SAAS]

After you climbed the entire ladder of the virtues, O wise Gerasimos, you were made worthy of mystical visions, and you received the grace to see things that had not yet come to pass. [un]

Glory.

Through the sweat of your righteous struggles, you watered the barren desert and made its fruit manifest, as it led men to Christ. [un]

Both now. **Theotokion.**

O immaculate Virgin, Because you have been granted to the faithful as a support by Christ who has made you glorious, strengthen us with power who sing your praise in this season of temperance. [un]

From Octoechos - - -

Ode v.

Canon of Compunction.

Grave Mode. Heirmos

Verse: O Lord our God, grant us peace.

O Logos, we who rise early, to glorify and praise You, unceasingly extol the sign of Your Cross, which you have given us as a shield to help us. [SD]

Troparia.

Have mercy on me, O God. Have mercy on me.

I, the prodigal, have wasted my life in laziness, and I tremble thinking about the infallible tribunal, where I will be judged. Take pity on me, O Lord. [SD]

Verse: My spirit rises early in the morning to You, O God, for Your commands are a light upon the earth. [SAAS]

O Logos, You gave sight to the eyes of the blind. The eyes of my soul have become badly darkened. I pray You, open them to see the light of Your commandments. [SD]

Verse: Learn righteousness, you who dwell on the earth. [SAAS]

O brave Martyrs, we call you blessed, for you confessed Christ with a steady mind, and you endured all the pain of the tortures. [SD]

Verse: O Lord, Your arm is exalted, but they did not know it. But when they know it, they shall be ashamed. [SAAS]

O Martyrs, you sailed through every storm of the tortures, and you reached the harbor of the Kingdom on high, where you are filled with true serenity. [SD]

Verse: Jealousy will seize an untaught people; and now fire will devour the adversaries. [SAAS]

Theotokion.

O all-holy Virgin, God did great things through you, beyond understanding, and He was incarnate of you. Therefore earnestly intercede with Him on behalf of all. [SD]

From Octoechos - - -

Canon for the Bodiless Hosts.

Grave Mode. N/M ()

Verse: Bring more evils on them, O Lord, on the glorious of the earth [SAAS]

The Seraphim, aflame with the emanations of immaterial light, open their most holy and eloquent mouths to sing in praise of the super-principal and super-divine First Principle. [SD]

Verse: O Lord, I remembered You in my hard circumstances. Your chastening to us was a small affliction. [SAAS]

The Cherubim, those hosts of super-divine wisdom, dare not gaze at the divine Radiance, but they cover their faces and feet with their most sacred wings. [SD]

Verse: As a woman with child is in pain and cries out in her pangs, when she draws near the time of her delivery, so we became Your beloved. [SAAS]

O glorious Thrones, by divine and all-blessed intellection, you delight in the most beautiful effulgences, and in a manner completely supermundane, you behold things ineffable. [SD]

Verse: We shall not fall] but the inhabitants of the world shall fall. [SAAS]

Theotokion.

O all-pure Virgin, the divine Mind is joined to the human, in your all-immaculate and all-pure womb, and He unites with it hypostatically, without confusion or alteration. [SD]

Canon for the Devout Man.

From Menaion - - -

Mode 4. N/M ()

Verse: The dead shall rise up; and those in the tombs shall arise. Those in the earth shall be glad. [SAAS]

O compassionate Jesus, take us away through fasting from servile attachment, and lead us to the summit of Your love. [un]

Verse: For your dew is a healing for them, but the land of the ungodly shall come to an end. [SAAS]

O Gerasimos, through the war of your prayers, you valiantly impaled and wounded

the legions of demons, and you praised Christ, the Son of God. [un]

Glory.

O God-bearer, by staying away from the murky haze of the passions, you noetically drew near to the light of self-control and purity. [un]

Both now. **Theotokion.**

O Virgin one, wash us clean of the filth of our minds through abstinence and make us pure, so that we may give glory to the Son of God. [un]

From Octoechos - - -

Ode vi.

Canon of Compunction.

Grave Mode. Heirmos

Verse: Save us, O Lord, like You saved the Prophet Jonah.

Jonah cried out from the belly of Hades: "Raise up my life from corruption." And we now pray to You: "O almighty Savior, have mercy on us." [SD]

Troparia.

Have mercy on me, O God. Have mercy on me.

The deep ocean of transgressions has encompassed me, it has plunged me into the deep of sin. O Logos, raise me up again, as once You raised Jonah, from corruption to life. [SD]

Verse: I cried out in my affliction to the Lord, my God, and He heard my voice. [SAAS]

I am distressed by a storm of thoughts. O compassionate Lord, pilot me to the harbor of genuine repentance, and keep my heart serene. [SD]

Verse: You cast me into the depths of the heart of the sea, and rivers encompassed me. [SAAS]

The Saints were protected by the shield of the truth, and they ignored the false flattery of the tyrants. The died, and now they reign with Christ. [SD]

Verse: All Your surging waters and Your waves passed over me. [SAAS]

The Martyrs were lifted up to God in love, and they despised the friendship with the world. And thus they became friends of the Maker of all. [SD]

Verse: Shall I again look with favor toward Your holy temple?' [SAAS]

Theotokion.

We extol you, O Maiden greatly extolled. You held in your womb the greatly extolled Logos, whom all the hosts of heaven extol with voices never silent. [SD]

From Octoechos - - -

Canon for the Bodiless Hosts.

Grave Mode. N/M ()

Verse: Water is poured over me to my soul; the lowest depth encircled me. [SAAS]

The Dominions, flashing vigorously with the effulgences of the divine Dominion, ever extol Its ineffable glory. [SD]

Verse: My head plunged into the clefts of the mountains. I descended into the earth, the bars of which are everlasting barriers. [SAAS]

The Dominions, flashing vigorously with the effulgences of the divine Dominion, ever extol Its ineffable glory. [SD]

Verse: Yet let my life ascend from corruption, O Lord, my God. [SAAS]

The divine Powers gaze with intense love on the power of the omnipotent Lordship, and they are clearly empowered thereby and remain in force. [SD]

Verse: May my prayer be brought to You, into Your holy temple. [SAAS]

Theotokion.

O Virgin, you descended from the royal tribe, and you have given birth to the King of all, in a manner passing nature and reason, and truly you remained a virgin. [SD]

Canon for the Devout Man.

From Menaion - - -

Mode 4. N/M ()

Verse: Those who follow vanity and lies forsake their own mercy. [SAAS]

O Savior, grant us to be worthy who have been made radiant with the beauty of abstinence so that we may behold the divine glory and radiance of Your resurrection. [un]

Verse: As much as I vowed, I shall offer up to You, to You, the Lord of Deliverance. [SAAS]

O Gerasimos, radiating like the morning star into the darkness of life, you led men to the light of the life of the bodiless Angels. [un]

Glory.

O all-celebrated Father, you squashed the heads of the noetic predators by the rod of prayer, and you saved men from becoming their kill. [un]

Both now. **Theotokion.**

O Mother of God, through you we have known the Master of all. We have been saved from the fallacy of the idols, and with desire

we correctly glorify you as the Mother of God.

[un]

Heirmos.

O Christ God, the only Friend of mankind, just as you saved the Prophet Jonas from the monster of the sea, deliver me also from the depth of sins and save me. [un]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the King of peace and the savior of our souls, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Menaion - - -

READER

Kontakion.

Mode 4. *You appeared today.*

Like a star from heaven you arose and shone forth; * with the light of your divine and sacred virtues you made bright * the whole Jordanian wilderness, * devout and God-bearing father Gerasimos. [SD]

Synaxarion.

From the Menaion.

On March 4 we commemorate our devout father Gerasimos of the Jordan.

On this day we also commemorate the holy Martyrs Paul and his sister Juliana.

On this day the holy Martyrs Quadratus, Akakios, and Stratonikos, former executioners who came to the Faith, died by the sword.

On this day Saint Gregory of Cyprus died in peace.

By the intercessions of Your Saints, O God, have mercy on us. Amen.

From Octoechos - - -

CHOIR

Ode vii.

Canon of Compunction.

Grave Mode. Heirmos

Verse: Blessed are You, the God of our fathers.

O Savior, You bedewed the burning furnace, and You rescued those Servants, who were extolling You and saying: "Blessed are You unto the ages, O Lord, the God of our fathers." [SD]

Troparia.

Have mercy on me, O God. Have mercy on me.

O my soul, sacrifice to God a sacrifice of praise. Hurry and repent, while the market of this life is still open. Now is the time to trade by giving away your goods. [SD]

Verse: Blessed are You and praiseworthy, O Lord, the God of our fathers, and praised and glorified is Your name unto the ages. [SAAS]

O my soul, the cut off time of death is approaching. Produce worthy fruits, so that

you are not rejected like a fruitless tree, and thrown into hell fire, where you will lament to no avail. [SD]

Verse: For You are righteous in all You did for us, and all Your works are true. Your ways are upright, and all Your judgments are true. [SAAS]

The holy Martyrs extinguished the furnace of deceptive error with the shower of their blood. And they shouted like those Servants: "Blessed are You unto the ages, O Lord, the God of our fathers." [SD]

Verse: The judgments You made are true, according to all You brought on us. [SAAS]

O Martyrs, you became sons of the light, being mingled with supreme light. And you lead to the light all who are in the darkness, and you dispel the mist of deception. [SD]

Verse: And on Jerusalem, the holy city of our fathers. [SAAS]

Theotokion.

O Pure Virgin, the bush that was not consumed prefigured you, for you gave birth to the unbearable fire. Therefore I cry out to you: Burn away my material passions. [SD]

From Octoechos - - -

Canon for the Bodiless Hosts.

Grave Mode. N/M ()

Verse: Blessed are You, O Lord God of our fathers, for You are praiseworthy and exalted beyond measure unto the ages. [SAAS]

The glorious and most brilliant Authorities, surrounding Your throne, unwaveringly sing Your glory, O almighty Lord; and they shout: "Blessed are You, the God of the fathers!" [SD]

Verse: Blessed is Your name and the temple of your glory, and You are praised exceedingly and exalted beyond measure unto the ages. [SAAS]

The glorious and most brilliant Authorities, surrounding Your throne, unwaveringly sing Your glory, O almighty Lord; and they shout: "Blessed are You, the God of the fathers!" [SD]

Verse: You are blessed in the holy temple of Your glory, and are highly praised and exceedingly glorious unto the ages. [SAAS]

Principalities with superlative eagerness revolve around You, the one Principle; and they sing their unceasing doxologies, saying: "Blessed are You, the God of the fathers!" [SD]

Verse: Blessed are You who behold the depths and sit upon the cherubim. You are praiseworthy and exalted beyond measure unto the ages [SAAS]

Theotokion.

O Mother of God, without seed you have given birth to Christ, the only lover of humanity, who as one hypostasis in two essences, executed the plan for our salvation, as the God of our fathers. [SD]

Canon for the Devout Man.

From Menaion - - -

Mode 4. N/M ()

Verse: Blessed are You on the throne of Your kingdom, and You are praised and exalted beyond measure unto the ages. [SAAS]

Climbing the mountain of a God-inspired way of life by abstinence and self-control, we will noetically see the Lord, the Giver of Light, as in a mirror. [un]

Verse: Blessed are You in the firmament of heaven, for You are praised and glorified unto the ages. [SAAS]

O God-bearer, dancing in the uncontaminated gardens of the virtues, you harvested the flowers of wonder-working, giving the excessive grace of it to everyone. [un]

Glory.

O God-bearer, because you had guarded the honor that is after the image of God, you were fearful to savage beasts, while constantly singing songs of thanksgiving to God. [un]

Both now. **Theotokion.**

O pure Theotokos, we who praise and hymn you, through fasting and struggles secure us with power and strength against spiritual adversaries. [un]

Ode viii.

From Menaion - - -

Canon for the Devout Man.

Ode viii. Mode 4. Heirmos

Verse: O you works, to the Lord sing a hymn, and exalt Him beyond measure unto the ages.

The youths in captivity confessed Christ the King, exclaiming with a loud voice in the oven: O all you works, praise and glorify Him exceedingly for all the ages. [un]

Troparia.

Saint of God, intercede for us.

O Lord and Master, Ruler of all, because You are righteous, ensure that we may rule over the passions and desires of the flesh through fasting and works, that we may bless You for all the ages. [un]

Verse: Bless the Lord, all you works of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

O Lord and Master, Ruler of all, because You are righteous, ensure that we may rule over the passions and desires of the flesh through fasting and works, that we may bless You for all the ages. [un]

Verse: Bless the Lord, all you works of the Lord, you heavens of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

O godly-minded Gerasimos, having received Christ the King into your heart as an infant, you were a wonderful abode of His gifts and divine enlightenment, giving glory to Him constantly. [un]

Verse: Bless the Lord, all you waters above the heaven, all you powers of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

O Father Gerasimos, you were not scorched in the flame of the passions, because you were thoroughly watered with the dew of the graces of Christ from Heaven, while passionately worshipping Him with love as the God of everything. [un]

Verse: Bless the Lord, you sun and moon, you stars of heaven, and exalt Him beyond measure, unto all the ages. [SAAS]

Theotokion.

O pure Lady, He that took on flesh of your all-holy blood, Himself cleanses us of impurities of the flesh through fasting and works, giving us might by your unceasing prayers, O Virgin Mother of God. [un]

From Triodion - - -

Canon 1 from the Triodion.

Ode viii. Mode 1. *Him
before whom the angels (NM).*

Verse: Bless the Lord, all you birds of heaven,
all ou wild animals and cattle, and exalt Him
beyond measure, unto all the ages. [SAAS]

Wasting my whole life as the Prodigal,
I have fallen into bondage to bitter and evil
citizens; but reject me not, O Christ, as I seek
now to turn back to Thy mercy. [KW]

Verse: Bless the Lord, O children of men.
Bless the Lord, O Israel, and exalt Him beyond
measure, unto all the ages. [SAAS]

My way of life is shameful and bitter, O
Saviour who lovest mankind, but Thy mercy
and compassion are without measure. With
love I sing Thy praises: grant me, I entreat
Thee, time for repentance. [KW]

Verse: Bless the Lord, O priests of the Lord,
O servants of the Lord, and exalt Him beyond
measure, unto all the ages. [SAAS]

I have longed after the unhappy life of
Cain, and I have slain that which is highest in
myself, my spiritual understanding. I tremble
at Thy judgement, O Benefactor; condemn me
not with him unto all the ages. [KW]

Verse: Bless the Lord, O spirits and souls of
the righteous, O holy ones and humble in heart,
and exalt Him beyond measure, unto all the ages.
[SAAS]

Theotokion.

O Virgin worthy of all praise, the only
sure hope of the faithful before God, deliver
me from the darkness and the punishment
prepared for sinners. [KW]

Canon 2 from the Triodion.

Ode viii. Mode 1. *As the
Children in the furnace. (NM)*

Verse: Bless the Lord, O Hananiah, Azariah,
and Mishael, and exalt Him beyond measure, unto
all the ages. [SAAS]

Now is the season of repentance; let us
begin it joyfully, O brethren, as we cry: O ye
works of the Lord, bless ye the Lord. [KW]

Verse: Bless the Lord, O Apostles, Prophets,
and Martyrs, and exalt Him beyond measure, unto
all the ages. [SAAS]

Today let us abstain from food and
through our actions strive truly to repent of
our transgressions. O ye works of the Lord,
bless ye the Lord. [KW]

Verse: We bless the Lord: Father, Son, and
Holy Spirit; we sing a hymn to Him and exalt Him
beyond measure unto the ages. [SAAS]

For the Trinity.

Glory to Thee, Holy Trinity, invisible,
worshipped in Unity, whom we glorify with
faith. Save Thy servants from all harm. [KW]

Both now. **Theotokion.**

Rejoice, pure and blessed Virgin! Hail,
Handmaid and Mother of the Lord! Hail,
Protection of the world, O blessed Theotokos,
Mary full of light! [KW]

We praise and we bless and we worship the
Lord.

Heirmos (NM). Mode 1.

As the Children in the furnace, we offer
unto Thee the hymn of the angels and we sing
Thy praises, saying: O ye works of the Lord,
bless ye the Lord. [KW]

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalyrnarion. Mode 4.

Verse: *My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth

to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

From Menaion - - -

Canon for the Devout Man.

Ode ix. Mode 4. Heirmos

O pure Mother of God, the One whom you gave birth to without seed, Christ our God, we magnify with constant praise. [un]

Troparia.

Saint of God, intercede for us.

The richness of the grace of the Holy Spirit is offered to all who harvest it by the works of abstinence. [un]

Verse: *Blessed be the Lord God of Israel, for he has visited and redeemed his people.* [RSV]

O righteous Father, you lived an immaterial life and conversation in a material body, giving glory to the Lord who gave you strength. [un]

Verse: And has raised up a horn of salvation for us in the house of his servant David. [RSV]

O Gerasimos, having all the yearning of your soul only on those things that do not expire, you were considered worthy of your desire. [un]

Verse: As he spoke by the mouth of his holy prophets from of old. That we should be saved from our enemies, and from the hand of all who hate us. [RSV]

O righteous one, as you stand before Christ with the saints, pray to Him for those that keep your holy memory. [un]

Verse: To perform the mercy promised to our fathers, and to remember his holy covenant. [RSV]

Theotokion.

O Lady Mother of God, your grace radiates from on high, enlightening those who constantly magnify you. [un]

From Triodion - - -

Canon 1 from the Triodion.

Ode ix. Mode 1. (NM) *Let us glorify the cloud of light.*

Verse: The oath which he swore to our father Abraham, to grant us that we, be[ing] delivered from the hand of our enemies. [RSV]

O ye faithful, with peaceful hearts and in sincerity let us greet the holy season of the Fast: let us each ask for the remission of his sins, that we may be sharers in the joy that comes through forgiveness. [KW]

Verse: [That we] might serve him without fear, in holiness and righteousness before him all the days of our life. [RSV]

Behold, now is the season of repentance, the forefeast that prepares us for the Fast. Awake, my soul: with all thy heart be

reconciled to thy God and Benefactor, and so escape His just and fearful judgement. [KW]

Verse: And you, child, will be called the prophet of the Most High; for you will go before the Lord to prepare his ways. [RSV]

As we all stand at the entrance and gateway of the Fast, let us not begin this time of cleansing in a sinful way with self-indulgence and drunkenness, but let us enter eagerly with purity of thought, that we may worthily receive crowns of immortality and the fruit of our labours. [KW]

Verse: To give knowledge of salvation to his people in the forgiveness of their sins, through the tender mercy of our God. [RSV]

Theotokion.

O Theotokos, hope of those that dwell on earth, cease not to entreat the loving Lord on our behalf, for He alone knows our weaknesses. May He deliver the people that honours thee from plague and famine, from earthquake and from all distress. [KW]

Canon 2 from the Triodion.

Ode ix. Mode 1. (NM) *Thou art the Gate that Ezekiel.*

Verse: When the day shall dawn upon us from on high to give light to those who sit in darkness and in the shadow of death. [RSV]

The time for repentance has begun; be not heedless, O my soul. Give bread to the hungry, and pray unto the Lord each day and night and hour, that He may save thee. [KW]

Verse: To guide our feet into the way of peace. [RSV]

As we observe abstinence from meat and other foods, so let us abstain also from

all hatred of our neighbour, from lust and falsehood and from every evil. [KW]

Glory. **For the Trinity.**

I worship the Godhead that has no beginning, one in Nature but three in Persons; I glorify Father, Son and Spirit, Unity in Trinity, undivided, one in throne. [KW]

Both now. **Theotokion.**

O Virgin, thou art the glory, hope and protection of the faithful. We sing thy praises without ceasing, O Theotokos Mary; keep thy servants safe from harm. [KW]

Heirmos (NM). Mode 1.

Thou art the gate that Ezekiel the Prophet saw of old, through which none has ever passed save God alone; and in our hymns, O Theotokos Virgin, we magnify thee. [KW]

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

From Horologion - - -

Exaposteilarion.

Mode 2. N/M (O Women, hearken.)

Archangels and Angels, Principalities and Dominions, Powers and Authorities and Thrones, many-eyed Cherubim and now also six-winged Seraphim, intercede for us to be rescued from dangers and from the unquenchable fire. [EL]

Theotokion.

Mode 2. N/M (O Women, hearken.)

You are my defender, O All-pure, and my strong rampart, and defence of the world, and as I fall before you, I cry: O Virgin, rescue me from pains, and snatch me from the eternal fire, for I have put my trust in you. [EL]

READER

Lauds. (read)

Psalm 148.

Praise the Lord from the heavens; praise Him in the highest. Praise Him, all you His angels; praise Him, all you His hosts. Praise Him, sun and moon; praise Him, all you stars and light. Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name, for He spoke, and they were made; He commanded, and they were created. He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away. Praise

the Lord from the earth, you dragons and all the deeps, Fire and hail, snow and ice, stormy wind, which perform His word, mountains and all the hills, fruitful trees and all cedars, wild animals and all cattle, creeping things and flying birds, kings of the earth and all peoples, princes and all judges of the earth, young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted; His thanksgiving is in earth and heaven. And He shall exalt the horn of His people, a hymn for all His saints, for the children of Israel, a people who draw near to Him. [SAAS]

Psalm 149.

Sing to the Lord a new song, His praise in the assembly of His holy ones. Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King. Let them praise His name with dance; with tambourine and harp let them sing to Him; for the Lord is pleased with His people, and He shall exalt the gentle with salvation. The holy ones shall boast in glory, and they shall greatly rejoice on their beds; the high praise of God shall be in their mouth and a two-edged sword in their hand, to deal retribution to the nations, reproving among the peoples, to shackle their kings with chains and their nobles with fetters of iron, to fulfill among them the written judgment: This glory have all His holy ones. [SAAS]

Psalm 150.

Praise God in His saints; praise Him in the firmament of His power; praise Him for His mighty acts; praise Him according to the abundance of His greatness. Praise Him

with the sound of a trumpet; praise Him with the harp and lyre; praise Him with timbrel and dance; praise Him with strings and flute; praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. Alleluia. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Doxology *(read)*

To you belongs glory, O Lord our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. Glory to God in the highest, and on earth peace, good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; only-begotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every day I shall bless you, and I shall praise your name forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who

know you. Grant, O Lord, that in this day we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy One, enlighten me with your commandments. Lord, your mercy remains forever, do not turn away from the works of your hands. To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. Amen.

DEACON

Let us complete our morning prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the God of mercy and compassion and love for mankind, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST *(in a low voice)*

Holy Lord, dwelling on high and beholding things below and, with your eye that observes all, keeping watch over the whole creation, to you we have bowed the neck of our soul and body, and we beseech you, O Holy of Holies: Stretch forth your invisible hand from your holy dwelling and bless us all. And, as you are good and love humankind, pardon us if we have sinned in anything, voluntarily or involuntarily, granting us

your blessings both of this world and of the world above.

For Yours it is to show mercy and to save us, O our God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

CHOIR

Aposticha. From the Triodion.

From Triodion - - -

Idiomelon. Mode 3.

When we choose to observe the Fast, we always profit from it. For the devils dare not attack us when we fast, and the guardian angels that protect our life stand at our side with greater eagerness when we are cleansed by fasting. [KW]

Verse: *I lift my eyes to You, who dwell in heaven. Behold, as the eyes of servants look to the hands of their masters, as the eyes of the maidservant look to the hands of her mistress, so our eyes look to the Lord our God until He shall have compassion on us.* [SAAS]

When we choose to observe the Fast, we always profit from it. For the devils dare not attack us when we fast, and the guardian angels that protect our life stand at our side with greater eagerness when we are cleansed by fasting. [KW]

For the Martyrs.

Mode 3.

Verse: *Have mercy on us, O Lord, have mercy on us, for we are greatly filled with contempt; our soul is greatly filled with it. We are a disgrace to those who prosper, and a contempt to the arrogant.* [SAAS]

Come, all peoples, let us honor the memory of the holy Martyr Athletes. They

became a spectacle to Angels and men, and they received the crown of victory from Christ; and they intercede on behalf of our souls. [SD]

Glory. Both now. **Theotokion.**

Mode 3.

Without seed you conceived by the Holy Spirit. As we sing and glorify you, we cry out to you: Rejoice, O all-holy Virgin! [SD]

PRIEST

It is good to give thanks to the Lord and to sing to Your name, O Most High, to proclaim Your mercy in the morning and Your truth at night. [SAAS]

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass

against us. And lead us not into temptation,
but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power
and the glory, of the Father and of the Son and
of the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

CHOIR

Apolytikion.

From Horologion - - -

Mode 4. *You who were lifted.*

O Chief Commanders of the heavenly
armies, * we the unworthy now entreat you in
earnest, * to fortify us by your supplications to
the Lord, * and shelter us beneath the wings
of your spiritual glory, * guarding us who
run to you and fervently entreat you: * As the
Commanders of the hosts on high, * rescue us
faithful from dangers of every kind. [SD]

From Octoechos - - -

Glory. Both now. **Theotokion.**

Mode 4.

We are unequipped to praise you
worthily, O Theotokos, for you are the highest
of all things created. Therefore, we entreat
you: As a gift to us, have mercy on us. [SD]

DEACON

Have mercy on us, O God, according to
Your great mercy, we pray You, hear us and
have mercy.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

Let us pray for pious and Orthodox
Christians.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

Again we pray for (episcopal rank)
(name).

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

Again we pray for our brethren: the
priests, the hieromonks, the hierodeacons, the
monastics, and all our brotherhood in Christ.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

Again we pray for mercy, life, peace,
health, salvation, protection, forgiveness,
and remission of the sins of the servants of
God, all pious Orthodox Christians residing
and visiting in this city: the parishioners, the
members of the parish council, the stewards,
and benefactors of this holy church.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

Again we pray for the blessed and ever-
memorable founders of this holy church,
and for all our fathers and brethren who
have fallen asleep before us, who here have
been piously laid to their rest, as well as the
Orthodox everywhere.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

Again we pray for those who bear fruit
and do good works in this holy and all-
venerable church, for those who labor and
those who sing, and for the people here
present who await Your great and rich mercy.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

PRIEST

For You are a merciful God Who loves
mankind, and to You we offer up glory, to the
Father and to the Son and to the Holy Spirit,
now and forever and to the ages of ages.

(Amen.)

DEACON

Wisdom.

(Father, bless!)

PRIEST

Blessed are You, Christ our God, always
now and forever and to the ages of ages.
(Amen.)

Make firm, Lord our God, the holy and
pure faith of the pious Orthodox Christians,
together with the Holy Church and this city
forever.

READER

Amen.

*Then we begin the First Hour, saying: "Come let us
worship..."*

or:

READER

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify.

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May Christ our true God, through
the intercessions of His all-pure and all-
immaculate holy Mother, the power of the
precious and life-giving Cross, the protection
of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, and of all

the saints, have mercy on us and save us, for
He is good and loves mankind.

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(Amen.)