

Menaion - July 20

Memory of the Holy Prophet Elias

LITURGY

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Antiphon I. Mode 2.

Verse 1: *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Verse 3: *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion.

From Menaion - - -

Mode 4. Come quickly.

The angel incarnate and the Prophets' pedestal, * the second Forerunner of the coming of Christ, Elias the glorious, * sent down to Elisha the divine grace from heaven. * He drives away diseases and he cleanses lepers. * Therefore he pours out healings to those who honor him. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode 2.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Canon 1 for the Prophet.

Ode iii. Mode 2. *You strengthened me.*

From Menaion - - -

Blessed are the merciful, for they shall obtain mercy. [RSV]

O Prophet, how superb is the One who fed you, * who laid your banquet using ravens as waiters, * the Lord who fills all living things with good pleasure, * to whom we all cry aloud, * "No one is holy like our God, * and no one is righteous but You, O Lord." [SD]

Blessed are the pure in heart, for they shall see God. [RSV]

We thank You, O Protector and Benefactor, * whose providence ineffably made the widow * and prophet to be feeders of one another. * To You we all cry aloud, *

"No one is holy like our God, * and no one is righteous but You, O Lord." [SD]

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

Although you shut the rain clouds from sending showers, * you made the last supplies of the needy woman * of Zarephath become an unceasing drizzle * of oil and flour for food. * Therefore you cried aloud, * "There is no one righteous but You, O Lord." [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Theotokion.

You only, more than all others through the ages, * were granted such blessings, great and supernatural: * you carried in your womb Him whom all creation * cannot contain, who is God, * and you gestated Him. * Hence, O Theotokos, in faith we honor you. [SD]

Canon 2 for the Prophet.

From Menaion - - -

Ode vi. Mode pl. 4. *Be gracious to me.*

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

Be gracious to me, O Lord, * though foolishly I offended You; * and from perdition to come, * O Savior, deliver me, * as You have imploring You * great Prophet Elias * and Your Mother, all-immaculate. [SD]

Rejoice and be glad, for your reward is great in heaven. [RSV]

In purity keep my soul, * Elias, planter of purity; * and as a zealot, imbue * my mind with a zeal for God, * so that I may drive away

* the assaults of evil * and malevolent attacks
on me. [SD]

Glory.

You fasted after you ate * a single
cake, and for forty days * you walked by
the strength of God. * O Prophet of God, I
pray, * grant me strength and self-control,
* that I may abstain from * every sin and
disobedience. [SD]

Both now. **Theotokion.**

We call you the Gate of God, * O
Theotokos. Now I entreat * that you will open
divine * entries for my humble soul, * and I
shall go in through them, * with thanks and
confession, * and receive forgiveness of my
sins. [SD]

Entrance Hymn. Mode 2.

Come, let us worship and bow down
before Christ. Save us, O Son of God, Who
are wondrous in Your saints. We sing to You,
Alleluia. [GOA]

Hymns After the Small Entrance.

Apolytikion.

From Menaion ---

Mode 4. Come quickly.

The angel incarnate and the Prophets'
pedestal, * the second Forerunner of the
coming of Christ, Elias the glorious, * sent
down to Elisha the divine grace from heaven.
* He drives away diseases and he cleanses
lepers. * Therefore he pours out healings to
those who honor him. [SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local
church goes here.)

Kontakion. Mode 2.

O Protection of Christians that never fails,
intercession with the Creator that never fails,
we sinners beg you, do not ignore the voices
of our prayers. O good Lady, we implore
you, quickly come unto our aid, when we cry
out to you with faith. Hurry to intercession,
and hasten to supplication, O Theotokos who
protect now and ever those who honor you. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3) [GOA]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Prophet.

Prokeimenon. Mode 1. Psalm 109.

You are a priest forever according to the
order of Melchizedek. [SAAS]

Verse: *The Lord said to my Lord: "Sit at My
right hand, until I make your enemies the footstool
of Your feet."* [SAAS]

The reading is from James' Universal
Letter.

Jas. 5:10-20

Brethren, take as an example of suffering
and patience the prophets who spoke in
the name of the Lord. Behold, we call those
happy who were steadfast. You have heard
of the steadfastness of Job, and you have seen
the purpose of the Lord, how the Lord is
compassionate and merciful. But above all, my
brethren, do not swear, either by heaven or by
earth or with any other oath, but let your yes
be yes and your no be no, that you may not
fall under condemnation. Is any one among
you suffering? Let him pray. Is any cheerful?
Let him sing praise. Is any among you sick?
Let him call for the elders of the church, and
let them pray over him, anointing him with
oil in the name of the Lord; and the prayer of
faith will save the sick man, and the Lord will
raise him up; and if he has committed sins, he
will be forgiven. Therefore confess your sins
to one another, and pray for one another, that
you may be healed. The prayer of a righteous
man has great power in its effects. Elijah was
a man of like nature with ourselves and he
prayed fervently that it might not rain, and
for three years and six months it did not rain

on the earth. Then he prayed again and the heaven gave rain, and the earth brought forth its fruit. My brethren, if any one among you wanders from the truth and some one brings him back, let him know that whoever brings back a sinner from the error of his way will save his soul from death and will cover a multitude of sins. [RSV]

Alleluia. Mode 4. Psalms 98, 33.

Alleluia. Alleluia. Alleluia.

Verse 1: *Moses and Aaron are among His priests.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *The righteous cried, and the Lord heard them.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

For the Prophet.

The reading is from the Holy Gospel according to Luke.

Lk. 4:22-30

At that time, the crowd spoke of him, and wondered at the gracious words which proceeded out of his mouth; and they said, "Is not this Joseph's son?" And he said to them, "Doubtless you will quote to me this proverb, 'Physician, heal yourself; what we have heard you did at Capernaum, do here also in your own country.' " And he said, "Truly, I say to you, no prophet is acceptable in his own country. But in truth, I tell you, there were many widows in Israel in the days of Elijah, when the heaven was shut up three years and six months, when there came a great famine over all the land; and Elijah was sent to none of them but only to Zarephath, in the land of

Sidon, to a woman who was a widow. And there were many lepers in Israel in the time of the prophet Elisha; and none of them was cleansed but only Naaman the Syrian." When they heard this, all in the synagogue were filled with wrath. And they rose up and put him out of the city, and led him to the brow of the hill on which their city was built, that they might throw him down headlong. But passing through the midst of them he went away. [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 32.

Rejoice greatly in the Lord, O righteous ones; praise is fitting for the upright. Alleluia. [SAAS]

**Hymn after Holy Communion.
Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious

prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, the holy and glorious Prophet Elias the Tishbite, whose memory we celebrate; and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fast Free: All foods allowed.