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The Service of Matins

for Sunday, October 20, 2019

**Octoechos - Mode 1.
on Sunday Morning**

Eothion 7

**Menaion Supplement - October 20
Memory of our devout father Gerasimos of Kephallenia**

Katavasias of Theotokos

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Octoechos - Mode 1.

On Sunday Morning

Menaion Supplement

October 20

Memory of our devout father Gerasimos
of Kephallenia

MATINS

CHOIR

Mode 1.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. [SAAS]

Verse 1: *Give thanks to the Lord and call
upon His name.*

*or: Give thanks to the Lord, for He is good; for
His mercy endures forever.*

Verse 2: *All the nations surrounded me, but
in the name of the Lord I defended myself against
them.*

Verse 3: *And this came about from the Lord,
and it is wonderful in our eyes.*

From Octoechos - - -

Resurrectional Apolytikion.

Mode 1. Automelon.

The stone had been secured with a seal
by the Judeans, * and a guard of soldiers
was watching Your immaculate body. * You
rose on the third day, O Lord * and Savior,
granting life unto the world. * For this reason
were the powers of heaven crying out to You,
O Life-giver: * Glory to Your resurrection,
O Christ; * glory to Your kingdom; * glory
to Your dispensation, only One who loves
mankind. [SD]

Glory. **For the Devout Man.**

Menaion Supplement - - -

Mode 1.

O believers, let us praise the protector
of the Orthodox, the God-bearing miracle-
worker lately appearing to us, the incarnate
angel, divine Gerasimos. For he has rightly
received from God the ever-flowing grace of
performing healings. He strengthens those
with diseases and he heals those with demons.
And therefore he pours out healings to those
who honor him. [SD]

From Octoechos - - -

Both now. **Theotokion.**

Mode 1. The stone had been secured.

When Gabriel had uttered rejoice to you,
O Virgin, * then with the voice was the Lord of
all becoming incarnate * in you whom the holy
Ark of old * prefigured, as righteous David
said. * You carried your Creator and proved to
be more spacious than the heavens. * Glory to
Him who dwelt inside of you; * glory to Him
who came forth from You; * glory be to Him
who through your childbirth has set us free. [SD]

PRIEST

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos and
ever-virgin Mary, with all the saints, let us
commend ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is
the kingdom and the power and the glory,

of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Octoechos - - -

CHOIR

Kathisma I.

Mode 1. Automelon.

The soldiers keeping watch at Your tomb, O my Savior, * became as dead for fear of the radiant Angel. * And he proclaimed that You arose to the women who came at dawn. * We extol You, Lord, for You abolished corruption, * and we worship You, our only God, who was buried * and rose from the sepulcher. [SD]

Glory.

The soldiers keeping watch.

You willingly were nailed to the Cross, loving Master; * as mortal You were laid in a tomb, O Life-giver. * By Your own death did You destroy death's dominion, O Mighty One. * For the sentries of Hades in fear of You shuddered. * With yourself You raised those who were dead from the ages, * for You alone love mankind. [SD]

Both now. **Theotokion.**

The soldiers keeping watch.

All we who run to you and with longing take refuge * in your benevolence know that you are the Mother * of God, and after giving birth are a virgin in very truth. * Now we sinners have you as our only protection. * In temptation we rely on you for salvation, * O only all-blameless one. [SD]

From Octoechos - - -

Kathisma II.

Mode 1. The stone had been secured.

The women went early in the morning to the gravesite, * and when they beheld the

appearance of an angel they trembled. * The sepulcher radiated life; the wonder filled them with astonishment. * Hence they went away, proclaiming the resurrection unto the Disciples. * "Christ has despoiled Hades, as the One * mighty and only powerful, * and He raised up all who were corrupted, * and dispelled the fear of condemnation, by the power of the Cross." [SD]

Glory.

The stone had been secured.

When You the Life of the universe were nailed unto the Cross, * and You were reckoned among the dead, O Lord, the Immortal One, * O Savior, on the third day You arose, * and resurrected Adam from decay. * For this reason were the powers of heaven crying out to You, O Life-giver: * Glory to Your sufferings, O Christ; * glory to Your Resurrection; * glory to Your condescension, only One who loves mankind. [SD]

Both now. **Theotokion.**

The soldiers keeping watch.

O Mary, who became the Master's hallowed vessel, * now raise us up, for we have fallen into the chasm * of awful despondency, and transgressions and suffering. * For you have indeed become salvation for sinners, * and their help in need and their prevailing protection; * and you save your servants. [SD]

Kathisma III. For the Devout Man.

Menaion Supplement - - -

Mode 4. Joseph marveled.

Animated by divine * love, many places you traversed * and you gathered for yourself * the holy virtues as if wealth. * And thus

when you went to Zion, O holy father, *
you prudently performed * a fast that truly
endured * the length of forty days, * just as the
Lord of old. * And after death you appeared
to the woman * when you extracted her from
the well. * For Christ has given you grace in
abundance * to work miracles, O Gerasimos.

[SD]

Glory.

Mode pl. 4. *By conceiving the wisdom.*

The most ven'erable casket of your
august * holy relic is viewed as a wonderful
* perfume-box of grace which breathes * the
scent of immortality, * as a heavenly ointment
exceeding all fragrances * and a divine aroma
which fills our souls with joy. * Therefore it
restrains and drives away hordes of demons
* and healing does it provide, * and it cures
many sufferings, * O God-bearing Gerasimos.
* Intercede with Christ our God * that He
grant forgiveness of offences * to those who
with longing observe your holy memory. [SD]

Both now. **Theotokion.**

Mode pl. 4. *By conceiving the wisdom.*

O immaculate Maiden, since you gave
birth * to the Maker and Lord of creation all *
in matter like unto ours * and with two wills
and natures, * but in a single hypostasis, our
God who redeems us from * the ancient curse
on Adam, by His own benevolence: * Rescue,
O all-lauded Theotokos, your servants * from
all need and injury * and destruction, who
faithfully * to your quick intercession run. *
And intercede with your Son and our God *
that He grant forgiveness of offenses * to those
who with correct faith extol your seedless
childbirth. [SD]

Resurrectional Evlogetaria.

Mode pl. 1.

*Blessed are You, O Lord, teach me Your
statutes.*

When the hosts of the Angels saw how
You were accounted among the dead, they
all marveled. You, O Savior, are the One who
destroyed the might of death; and when You
arose You raised Adam with yourself and
from Hades liberated everyone. [SD]

*Blessed are You, O Lord, teach me Your
statutes.*

"Why do you mingle the ointments with
your tears full of pity, O women disciples?"
Thus the Angel who was shining in the tomb
cried to the myrrh-bearing women. "See for
yourselves the empty tomb and understand,
that the Savior has risen from the sepulcher."

[SD]

*Blessed are You, O Lord, teach me Your
statutes.*

Very early in the morning, the myrrh-
bearing women were hastening to Your tomb
lamenting. But the Angel appeared to them
and uttered, "The time for lamentation has
ended; weep no more. Go announce the
Resurrection to the Apostles." [SD]

*Blessed are You, O Lord, teach me Your
statutes.*

When the myrrh-bearing women had
come with their spices to Your sepulcher,
O Savior, they heard the voice of an Angel
clearly speaking to them, "Why do you
account among the dead the One who lives?
For as God, He has risen from the sepulcher."

[SD]

Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord. [SD]

Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it. [SD]

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

From Octoechos - - -

Hypakoe. Mode 1.

The repentance of the robber plundered Paradise, while the lament of the myrrh-bearing women revealed the joy. For You had risen, O Christ our God, bestowing on the world the great mercy. [SD]

CHOIR

Anavathmoi.

Antiphon I. Mode 1.

When I am afflicted, hearken to my distress; Lord, to You I cry out. [SD]

Ceaseless does divine longing become in those who dwell in the wilderness, outside of the futile world as they are. [SD]

Glory. Both now.

To the Holy Spirit do both honor and glory belong, as to the Father and the Son. Let us therefore sing in praise to the Trinity and one dominion. [SD]

Antiphon II.

Having lifted me up to the mountains of Your laws, brighten me with virtues, O God, that I may praise You. [SD]

With Your right hand embracing me, O Logos, be my keeper, shelter me, so that the fire of sin not burn me. [SD]

Glory. Both now.

By the Holy Spirit all creation is renewed, and thus returns unto its first state. For It is equal in power to the Father and the Logos. [SD]

Antiphon III.

Because they said to me, Let us journey to the courts of the Lord, my spirit has been cheered, and my heart rejoices also. [SD]

On the house of David there is great fear; for there, when thrones have been placed, all the tribes and tongues of the earth will be judged. [SD]

Glory. Both now.

To the Holy Spirit honor, worship, glory and dominion, as befit the Father and the Son, must also be offered. For the Trinity is a Monad, in nature but not in persons. [SD]

Prokeimenon.

"Now I will arise," says the Lord; "I will establish them in salvation; I will declare it boldly." (2)

Verse: *The words of the Lord are pure words, like silver fired in a furnace of earth, purified seven times.*

"Now I will arise," says the Lord; "I will establish them in salvation; I will declare it boldly." [SAAS]

From Octoechos - - -

READER

Resurrectional Kontakion.

You arose from the sepulcher in glory as God, and with yourself resurrected the world. And mortal nature extolled You as God, and death was obliterated, and Adam is dancing, O Master; and Eve, now redeemed from the bonds, rejoices crying out: O Christ, You are He who grants resurrection to all. [SD]

Oikos.

Let us extol, as omnipotent God, the One who rose on the third day, and who smashed the gates of Hades, and who raised from the tomb those who were there from all time, and who was seen by the myrrh-bearing women as He so willed, uttering to them first of all the greeting, Rejoice, and to the Apostles

declaring the joy, as the only Giver of life. Therefore in faith the women announce to the Disciples the tokens of victory. And Hades groans, and Death laments, and the world exults and all people rejoice together. For You, O Christ, are He who grants resurrection to all. [GKD]

Kontakion. For the Devout Man.

Menaion Supplement - - -

Mode 4. You appeared today.

You have shone upon the Church, O holy father, * as a glowing beacon light * illuminating with the bright * light of your miracles those who sing: * Rejoice, O glory of holy monks, Gerasimos. [SD]

Oikos.

As a newly shining star rising mystically on the Church of Christ, O holy one, you have shown by the flashes of your virtues and the light of your miracles that the effulgence of Orthodoxy shines on all more brilliantly than the sun. You mortified the mind set on the flesh through a life of ascetic endeavor, and you strove with great longing to emulate the devout monastic saints of old. Therefore you were deified by participation, and you gained the wealth of divine gifts, and received the power to do miracles. And by the illustriousness of your fine qualities, you teach all to aspire to things superior. And now, the Island of Cephalonia, hallowed by your ascetic struggles, holds the treasure of your relic as God-given wealth and a treasury of divine grace, and is thereby delivered from every tribulation, and for this reason praises you unceasingly. While the entire Orthodox Church of Christ, also boasting in you, remains steadfast and unshaken, and

puts to shame the nonsense of heretics, and in gladness cries out to you: Rejoice, O glory of holy monks, Gerasimos. [SD]

Synaxarion.

From the Menaion.

On October 20, we commemorate the holy Great Martyr Artemios.

The holy Martyrs Ebores, Enoes, Zebinas, Germanus, Nikephoros, Antho-ny, and the holy woman Martyr Manatho the virgin, died by the sword and fire.

We also commemorate our devout and God-bearing father Gerasimos the new ascetic, who was from Trikala in the Peloponnese, and whose venerable and holy relic is preserved incorrupt on the island of Kefallinia.

We also commemorate our devout mother Matrona of Chios.

By their holy intercessions, O God, have mercy on us. Amen.

CHOIR

Katavasias of Theotokos

Ode i. Mode 4.

I open my mouth and pray the Spirit fill it, like David said, * to pour out a good word to the Queen and Mother of God. * I will celebrate * her feast with joy and gladness * and sing to her merrily, lauding her miracles.

[SD]

Ode iii.

Establish your servants who extol you, * O Mother of God, for they have formed * a spiritual choir for you * the living and abundant fount; * and graciously in your divine glory give glorious crowns to them. [SD]

Ode iv.

When the Prophet Habakkuk heard the divine * and incomprehensible counsel of Your Incarnation * from the Virgin, O Most High, * considering, he cried aloud: * Glory to Your power, O Lord my God. [SD]

Ode v.

Amazed was the universe by your divine magnificence. * You who were perpetually virgin * carried the heavenly God of all in your womb * and gave birth to the eternal Son, * who awards salvation to all who sing hymns of praise to you. [SD]

Ode vi.

O godly-minded believers, come * and celebrate this sacred and venerable feast and thus extol * the Theotokos, and clap our hands, * and glorify our God who was truly born of her. [SD]

Ode vii.

Godly-minded three * did not adore created things in the Creator's stead; * rather, disdaining the threat * of fire, they trampled it, and joyfully they sang: * "O supremely praised * and most exalted Lord and God * of the fathers, You are blessed." [SD]

Ode viii.

We praise and we bless and we worship the Lord.

Guiltless were those Servants in the furnace. * The Son of the Theotokos went and rescued them. * He who was prefigured then, * having been incarnate now, * is gathering the whole wide world into His Church to sing: * "O all you works of the Lord, to all ages *

sing praises to the Lord and exalt Him beyond measure." [SD]

DEACON

Let us pray to the Lord.
(*Lord, have mercy.*)

PRIEST

For you are holy, our God, who rest among the Saints, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.
(*Lord, have mercy. Lord, have mercy. Lord, have mercy.*)

DEACON

Wisdom. Arise. Let us hear the Holy Gospel.

PRIEST

Peace be with all.
(*And with your spirit.*)

PRIEST

The reading is from the Holy Gospel according to John.

DEACON

Let us be attentive.
(*Glory to You, O Lord, glory to You.*)

PRIEST (*from the altar table*)

Eothinon 7
John. 20:1-10

On the first day of the week, Mary Magdalene came to the tomb early, while it was still dark, and saw that the stone had been taken away from the tomb. So she ran, and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid Him." Peter then came out with the other disciple, and they went toward the tomb. They both ran, but the other disciple outran Peter and reached the tomb first; and stooping to look in, he saw the linen cloths lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb; he saw the linen cloths lying and the napkin, which had been on His head, not lying with the linen cloths, but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not know the scripture, that He must rise from the dead. Then the disciples went back to their homes. [RSV]

(*Glory to You, O Lord, glory to You.*)

READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His

Resurrection; for having endured the Cross for us, He destroyed death by death. [GOA]

CHOIR

Psalm 50 (51).

Mode 2. *(or the Mode of the week)*

[Merciful,] Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.

Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my mouth will declare Your praise.

For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings.

A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise.

Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings.

Then shall they offer young bulls on Your altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O Lord of mercy, blot out my many offences. [SD]

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [SD]

Verse: *Have mercy on me, O God, according to Your great mercy; and according to the*

abundance of Your compassion, blot out my transgression.

Jesus, having risen from the grave as He foretold, has granted us eternal life and great mercy. ^[SD]

DEACON

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, our devout and God-bearing father Gerasimos the New Ascetic, whose memory we celebrate, and of all your Saints. We beseech you, only merciful Lord,

hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalynarion. Mode 4.

Verse: *My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.* ^[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. ^[SD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.* ^[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. ^[SD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His*

mercy is on those who fear Him from generation to generation. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Ode ix. Katavasia. Mode 4.

All you born on earth, * with festival lamps in hand, in spirit leap for joy; * and all you the heavenly angelic orders, join in

and celebrate; * and honoring the sacred wonders of the Mother of God, * sing the joyful salutation, "O rejoice, * Theotokos, all-blest, ever-virgin pure!" [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Mode 2.

Holy is the Lord our God. (2) [SAAS]

Holy is the Lord our God. Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy.

From Octoechos - - -

Exapostelarian.

The Seventh Eothinon.

Mode 2. On the mountain.

When Mary Magdalene had said * that the Lord had been taken, * to the tomb Simon Peter ran * as did the other mystic of Christ,

who was the beloved. * Both of them ran together * and found the linen cloths inside * by themselves lying, and also not with these * was the napkin from His head lying rolled up. * And therefore they went back in peace * until they saw the Lord Christ. [SD]

For the Devout Man.

Menaion Supplement - - -

Mode 2. *On the mountain.*

You were distinguished on the earth * by your ascetic struggles, * O God-bearing Gerasimos, * and you became in life-style * a model for all monastics, * and by God you were therefore * miraculously glorified. * blessed one, and your body is seen by us * whole and undecayed, by the work of God's grace, * and it always abundantly * emanates streams of healings. [SD]

Another.

Mode 2. *With the disciples.*

You are the Cephalonians' earnest champion * and their helper, Gerasimos godly-minded. * Therefore deliver from every adversity * your Island, O most blessed one, * which celebrates with great longing * your most resplendent memory. [SD]

Theotokion.

Mode 2. *With the disciples.*

Since you gave birth to Him who made and created * all things, and thus are higher than all creation, * elevate, I pray, my intellect and my heart * to the love, O Immaculate, * of Him who came forth from your pure womb * in an ineffable manner. [SD]

Lauds. Mode 1.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise

Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

From Octoechos - - -

Resurrectional Stichera.

Sticheron 1. Mode 1.

To fulfill among them the written judgment: this glory have all His holy ones. [SAAS]

O Christ, we praise in song Your saving Passion, and Your resurrection do we glorify. [SD]

Sticheron 2. Mode 1.

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

You endured crucifixion and abolished death and resurrected from the dead. Do therefore now bring peace into our life, O Lord, as the only Almighty One. [SD]

Sticheron 3. Mode 1.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

You stripped Hades of plunder, and humanity You resurrected by Your resurrection, O Christ. Do therefore now account us worthy with a pure heart to praise You and glorify. [SD]

Sticheron 4. Mode 1.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

We glorify Your divine condescension, and we sing Your praise, O Christ. You were born of a Virgin, and from the Father You remained inseparable. You suffered as a man and voluntarily endured the Cross. As one emerging from a bridal chamber, You rose from the sepulcher, in order to save the world. Glory to You, O Lord. [SD]

Stichera. For the Devout Man.

Menaion Supplement - - -

Mode pl. 4. What a paradoxal.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Ven'erable father Gerasimos, * moved by your heavenly love * you forsook every interest * in the vain delights of earth * and the pleasures and ease of the flesh. * Henceforth you followed behind the Savior Christ, * and like an angel, so did you live on earth. * How great your struggles were! * through which in abundance you were filled with gifts, * of the Holy Spirit's grace, * as one inspired by God. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Ven'erable father Gerasimos, * from earthly things you withdrew, * thus appearing superior * to all things corruptible * with a mind-set inspired by God. * Your journey took you through many cities and lands, * earnestly pressing on toward the goal of the * prize of the upward call, * which in winning you

attained the height of all * things desired, and you were by adoption deified. [SD]

Verse: *Precious in the sight of the Lord is the death of His holy one.* [SAAS]

O godly father Gerasimos, * having been sent out by God * as a heavenly blessed man, * you went to the Island of * the devout Cephalonians. * And with your blessings you filled it, holy one, * and then you founded your Monastery there, * wherein the nuns today * stand around your relic with utmost respect, * chanting hymns extolling your superiorities. [SD]

Verse: *Blessed is the man who fears the Lord; he will delight exceedingly in His commandments.* [SAAS]

O blessed father Gerasimos, * Kefallinia claims you * as her own earnest patron saint, * protector and guardian, * and she gaily rejoices in * your many wonders and ever falls before * your relic ardently crying unto you: * Just as you formerly * rescued us, O Saint of God, so likewise now, * and forever guard this land that was allotted to you. [SD]

From Octoechos - - -

Glory. **Grave Mode.**

The Seventh Eothinon.

Behold, it is early and still dark. And why, O Mary, are you standing outside at the tomb, with much darkness covering your mind, such that you seek where Jesus has been laid? But see, how the Disciples, who ran together, understood the resurrection from the linen cloths and the napkin, and then remembered the scripture concerning this. With them and through them, we also have believed, and we extol You, Christ the Giver of life. [SD]

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You! [SD]

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

Mode 4. *(or the Mode of the week)*

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy. [SD]