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# Small Compline and Great Canon

on Wednesday Evening

on the eve of Thursday, April 11, 2019

**Texts in Greek and English** 

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## Ωρολόγιον Τοιώδιον

Τῆ Τετάρτη Ε΄ Έβδομάδος εἰς τὸ Απόδειπνον.

Πέμπτη τῆς Ε΄ Ἑβδομάδος. Ὁ Μέγας Κανών.

# Απόδειπνον Μικοόν

### ΙΕΡΕΥΣ

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

### ΑΝΑΓΝΩΣΤΗΣ

Άμήν.

### ΙΕΡΕΥΣ

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

Βασιλεῦ οὐράνιε, Παράκλητε, τὸ Πνεῦμα τῆς ἀληθείας, ὁ πανταχοῦ παρὼν καὶ τὰ πάντα πληρῶν, ὁ θησαυρὸς τῶν άγαθῶν καὶ ζωῆς χορηγός, ἐλθὲ καὶ σκήνωσον ἐν ἡμῖν καὶ καθάρισον ἡμᾶς ἀπὸ πάσης κηλίδος καὶ σῷσον, Άγαθέ, τὰς ψυχὰς ἡμῶν.

### ΑΝΑΓΝΩΣΤΗΣ

# Τοισάγιον.

Άγιος ὁ Θεός, ἄγιος Ἰσχυρός, ἄγιος Άθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τοιάς, ἐλέησον ἡμᾶς. Κύοιε, ίλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Άγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, **ἕνεκεν τοῦ ὀνόματός σου.** 

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

### Horologion **Triodion**

On Wednesday of the Fifth Week at Compline.

Thursday of the Fifth Week. The Great Canon.

# **Small Compline**

### **PRIEST**

Blessed is our God always, now and ever, and to the ages of ages.

### **READER**

Amen.

### **PRIEST**

Glory to You, our God. Glory to You.

Heavenly King, Comforter, Spirit of Truth, present in all places and filling all things, treasury of good things and giver of life: come; take Your abode in us; cleanse us of every stain, and save our souls, O Good one.

[HC]

### **READER**

# **Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτες ἡμῶν ὁ ἐν τοῖς οὐςανοῖς, άγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ώς ἐν οὐςανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄςτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμεςον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ώς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειςασμόν, ἀλλὰ ςῦσαι ἡμᾶς ἀπὸ τοῦ πονηςοῦ.

### ΙΕΡΕΥΣ

Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Άγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. (Ἀμήν.)

### ΑΝΑΓΝΩΣΤΗΣ

Άμήν. Κύριε, ἐλέησον. (ιβ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Δεῦτε ποοσκυνήσωμεν καὶ ποοσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε ποοσκυνήσωμεν καὶ ποοσπέσωμεν Χοιστῷ τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ Θεῷ ἡμῶν.

# Ψαλμὸς Ν' (50).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιομῶν σου ἐξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου, καὶ απὸ τῆς ἁμαρτίας μου καθάρισόν με. Ότι τὴν

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. [COA]

### **PRIEST**

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages. (*Amen.*)

### READER

Amen. Lord, have mercy. (12)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Come, let us worship and bow down before God our King.

Come, let us worship and bow down before Christ God our King.

Come, let us worship and bow down before Him, Christ our King and God.

### Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For

ανομίαν μου έγω γινώσκω, καὶ ἡ άμαρτία μου ἐνώπιόν μού ἐστι διὰ παντός. Σοὶ μόνω ήμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ίδοὺ γὰο ἐν ἀνομίαις συνελήφθην, καὶ ἐν άμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἰδοὺ γὰς ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κούφια τῆς σοφίας σου ἐδήλωσάς μοι. Ραντιεῖς με ὑσσώπω, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲο χιόνα λευκανθήσομαι. Ακουτιεῖς μοι ἀγαλλίασιν καὶ εὐφοοσύνην άγαλλιάσονται ὀστέα τεταπεινωμένα. Απόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν άμαςτιῶν μου καὶ πάσας τὰς ἀνομίας μου έξάλειψον. Καρδίαν καθαράν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον έν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψης με ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά σου τὸ ἄγιον μὴ ἀντανέλης ἀπ' ἐμοῦ. Απόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ στήριξόν με. Διδάξω ἀνόμους τὰς ὁδούς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με έξ αίμάτων, ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χείλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ότι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν όλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετοιμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει. Ἁγάθυνον, Κύριε, ἐν τῆ εὐδοκία σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ίερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ όλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

# Ψαλμὸς ΞΘ' (69).

Ό Θεός, εἰς τὴν βοήθειάν μου πρόσχες, Κύριε, εἰς τὸ βοηθῆσαί μοι σπεῦσον. Αἰσχυνθήτωσαν καὶ ἐντραπήτωσαν οἱ ζητοῦντες τὴν ψυχήν μου. Ἀποστραφήτωσαν εἰς τὰ ὀπίσω, καὶ καταισχυνθήτωσαν οἱ βουλόμενοί μοι κακά. Ἀποστραφήτωσαν παραυτίκα αἰσχυνόμενοι, οἱ λέγοντές μοι Εὖγε, εὖγε. Αγαλλιάσθωσαν καὶ εὐφρανθήτωσαν ἐπὶ σοὶ πάντες, οἱ ζητοῦντές σε, ὁ Θεός, καὶ λεγέτωσαν διαπαντός Μεγαλυνθήτω ὁ Κύριος, οἱ ἀγαπῶντες τὸ σωτήριόν σου. Ἐγὼ δὲ πτωχός εἰμι καὶ πένης, ὁ Θεός, βοήθησόν μοι Βοηθός μου καὶ ῥύστης μου εἶ σύ, Κύριε, μὴ χρονίσης.

# Ψαλμὸς ΡΜΒ' (142).

Κύριε, εἰσάκουσον τῆς προσευχῆς μου, ἐνώτισαι τὴν δέησίν μου ἐν τῆ ἀληθεία σου, εἰσάκουσόν μου ἐν τῆ δικαιοσύνη σου καὶ μη εἰσέλθης εἰς κρίσιν μετὰ τοῦ δούλου σου, ότι οὐ δικαιωθήσεται ἐνώπιόν σου πᾶς ζῶν. Ότι κατεδίωξεν ὁ ἐχθοὸς τὴν ψυχήν μου, ἐταπείνωσεν εἰς γῆν τὴν ζωήν μου, ἐκάθισέ με ἐν σκοτεινοῖς ὡς νεκφοὺς αἰῶνος· καὶ ηκηδίασεν ἐπ' ἐμὲ τὸ πνεῦμά μου, ἐν ἐμοὶ ἐταράχθη ἡ καρδία μου. Ἐμνήσθην ἡμερῶν ἀρχαίων, ἐμελέτησα ἐν πᾶσι τοῖς ἔργοις σου, ἐν ποιήμασι τῶν χειρῶν σου ἐμελέτων. Διεπέτασα πρὸς σὲ τὰς χεῖράς μου ἡ ψυχή μου ώς γῆ ἄνυδρός σοι. Ταχὺ εἰσάκουσόν μου, Κύριε, ἐξέλιπε τὸ πνεῦμά μου. Μὴ ἀποστρέψης τὸ πρόσωπόν σου ἀπ' ἐμοῦ, καὶ ὁμοιωθήσομαι τοῖς καταβαίνουσιν είς λάκκον. Άκουστὸν ποίησόν μοι τὸ πρωϊ τὸ ἔλεός σου, ὅτι ἐπὶ σοὶ ἤλπισα. Γνώρισόν μοι, Κύριε, όδόν, ἐν ἡ πορεύσομαι, ότι πρὸς σὲ ἦρα τὴν ψυχήν μου. Ἐξελοῦ

### Psalm 69 (70).

O God, [give heed] to help me. [O Lord, make haste to help me.] May those who seek my soul be dishonored and shamed; may those who plot evils against me be turned back and disgraced; may those be turned back immediately who shame me, saying, "Well done! Well done!" May all who seek You greatly rejoice and be glad in You, and let those who love Your salvation always say, "Let God be magnified." but I am poor and needy; O God, help me. You are my helper and deliverer, O Lord; do not delay. [SAAS]

### Psalm 142 (143).

O Lord, hear my prayer; give ear to my supplication in Your truth; answer me in Your righteousness; do not enter into judgment with Your servant, for no one living shall become righteous in Your sight. For the enemy persecuted my soul; he humbled my life to the ground; he caused me to dwell in dark places as one long dead, and my spirit was in anguish within me; my heart was troubled within me. I remembered the days of old, and I meditated on all Your works; I meditated on the works of Your hands. I spread out my hands to You; my soul thirsts for You like a waterless land. Hear me speedily, O Lord; my spirit faints within me; turn not Your face from me, lest I become like those who go down into the pit. Cause me to hear Your mercy in the morning, for I hope in You; make me know, O Lord, the way wherein I should walk, for I lift up my soul to You. Deliver me from my enemies, O

με ἐκ τῶν ἐχθοῶν μου, Κύριε, ὅτι πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὰ εἶ ὁ Θεός μου. Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῆ εὐθεία ἕνεκεν τοῦ ὀνόματός σου, Κύριε, ζήσεις με, ἐν τῆ δικαιοσύνη σου ἐξάξεις ἐκ θλίψεως τὴν ψυχήν μου καὶ ἐν τῷ ἐλέει σου ἐξολοθρεύσεις τοὰς ἐχθρούς μου καὶ ἀπολεῖς πάντας τοὰς θλίβοντας τὴν ψυχήν μου, ὅτι ἐγὰ δοῦλός σου εἰμι.

# Δοξολογία

Δόξα ἐν ὑψίστοις Θεῷ, καὶ ἐπὶ γῆς εἰρήνη ἐν ἀνθρώποις εὐδοκία. Ύμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν. Κύριε Βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτος· Κύριε Υίὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Άγιον Πνεῦμα. Κύριε ὁ Θεός, ὁ Ἀμνὸς τοῦ Θεοῦ, ὁ Υίὸς τοῦ Πατρός, ὁ αἴρων τὴν άμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου. Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾳ τοῦ Πατρός, καὶ ἐλέησον ἡμᾶς. Ότι σὸ εἶ μόνος Άγιος, σὺ εἶ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρός. Ἀμήν. Καθ' έκάστην έσπέραν εὐλογήσω σε, καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα, καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Κύριε, καταφυγή ἐγενήθης ἡμῖν ἐν γενεᾳ καὶ γενεᾶ. Έγὼ εἶπα. Κύριε, ἐλέησόν με ἴασαι τὴν ψυχήν μου, ὅτι ἥμαρτόν σοι. Κύριε, πρὸς σὲ κατέφυγον δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὰ εἶ ὁ Θεός μου. Ότι παρά σοὶ πηγή ζωῆς ἐν τῷ φωτί σου ὀψόμεθα φῶς. Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε. Καταξίωσον, Κύριε, ἐν τῆ νυκτὶ ταύτη ἀναμαρτήτους

Lord, for to You I flee for refuge. Teach me to do Your will, for You are my God; Your good Spirit shall guide me in the land of uprightness. For Your name's sake, O Lord, give me life; in Your righteousness You shall bring my soul out of affliction. In Your mercy You shall destroy my enemies; You shall utterly destroy all who afflict my soul, for I am Your servant. [SAAS]

# Doxology

Glory to God in the highest, and on earth peace, good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; onlybegotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every evening I shall bless you, and I shall praise your name forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who know you. Grant, O Lord, that in this night we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your

φυλαχθῆναι ἡμᾶς. Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. ἄμήν. Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ. Εὐλογητὸς εἶ, Κύριε· δίδαξόν με τὰ δικαιώματά σου. Εὐλογητὸς εἶ, Δέσποτα· συνέτισόν με τὰ δικαιώματά σου. Εὐλογητός εἶ, Ἅγιε· φώτισόν με τοῖς δικαιώμασί σου. Κύριε, τὸ ἔλεός σου εἰς τὸν αἰῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδης. Σοὶ πρέπει αἶνος, σοὶ πρέπει ὕμνος, σοὶ δόξα πρέπει, τῷ Πατρί, καὶ τῷ Υίῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### Τὸ Πιστεύω

Πιστεύω εἰς ἕνα Θεόν, Πατέρα, Παντοκράτορα, ποιητήν οὐρανοῦ καὶ γῆς, όρατῶν τε πάντων καὶ ἀοράτων. Καὶ εἰς ένα Κύριον Ἰησοῦν Χριστόν, τὸν Υίὸν τοῦ Θεοῦ τὸν μονογενῆ, τὸν ἐκ τοῦ Πατρὸς γεννηθέντα πρὸ πάντων τῶν αἰώνων φῶς ἐκ φωτός, Θεὸν ἀληθινὸν ἐκ Θεοῦ άληθινοῦ, γεννηθέντα οὐ ποιηθέντα, όμοούσιον τῷ Πατρί, δι' οὖ τὰ πάντα ἐγένετο. Τὸν δι' ἡμᾶς τοὺς ἀνθρώπους καὶ διὰ τὴν ἡμετέραν σωτηρίαν κατελθόντα ἐκ τῶν οὐρανῶν καὶ σαρκωθέντα ἐκ Πνεύματος Άγίου καὶ Μαρίας τῆς Παρθένου καὶ ἐνανθρωπήσαντα. Σταυρωθέντα τε ύπερ ήμων ἐπὶ Ποντίου Πιλάτου, καὶ παθόντα καὶ ταφέντα. Καὶ ἀναστάντα τῆ τρίτη ἡμέρα κατὰ τὰς Γραφάς. Καὶ ἀνελθόντα εἰς τοὺς οὐρανοὺς καὶ καθεζόμενον ἐκ δεξιῶν τοῦ Πατρός. Καὶ πάλιν ἐρχόμενον μετὰ δόξης κρῖναι ζῶντας καὶ νεκρούς, οὖ τῆς βασιλείας οὐκ ἔσται τέλος. Καὶ εἰς τὸ Πνεῦμα τὸ Ἅγιον,

name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy One, enlighten me with your commandments. Lord, your mercy remains forever, do not turn away from the works of your hands. To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. Amen.

### The Creed

I believe in one God, Father Almighty, Creator of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all ages; Light of Light, true God of true God, begotten, not created, of one essence with the Father through Whom all things were made. Who for us men and for our salvation came down from heaven and was incarnate of the Holy Spirit and the Virgin Mary and became man. He was crucified for us under Pontius Pilate, and suffered and was buried; And He rose on the third day, according to the Scriptures. He ascended into heaven and is seated at the right hand of the Father; And He will come again with glory to judge the living and dead. His kingdom shall have no end. And in the Holy Spirit, the Lord, the Creator of life, Who proceeds from the Father, Who together with the Father and the Son is worshipped and glorified, Who spoke through the prophets.

τὸ Κύριον, τὸ ζωοποιόν, τὸ ἐκ τοῦ Πατρὸς ἐκπορευόμενον, τὸ σὺν Πατρὶ καὶ Υίῷ συμπροσκυνούμενον καὶ συνδοξαζόμενον, τὸ λαλῆσαν διὰ τῶν προφητῶν. Εἰς μίαν, Άγίαν, Καθολικὴν καὶ Ἀποστολικὴν Ἐκκλησίαν. Όμολογῶ ἐν βάπτισμα εἰς ἄφεσιν ἁμαρτιῶν. Προσδοκῶ ἀνάστασιν νεκρῶν. Καὶ ζωὴν τοῦ μέλλοντος αἰῶνος. Ἀμήν.

ἄξιόν ἐστιν ὡς ἀληθῶς μακαρίζειν σε τὴν Θεοτόκον, τὴν ἀειμακάριστον καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ ἡμῶν. Τὴν τιμιωτέραν τῶν Χερουβεὶμ καὶ ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

### ΧΟΡΟΣ

### ΚΑΝΩΝ Ο ΜΕΓΑΣ

Ποίημα Άνδρέου Κρήτης.

# 'Ωιδὴ $\alpha'$ . 'Ηχος $\pi\lambda$ . β'. 'Ο Εἰρμός.

Βοηθὸς καὶ σκεπαστὴς ἐγένετό μοι εἰς σωτηρίαν, οὖτός μου Θεός, καὶ δοξάσω αὐτόν, Θεὸς τοῦ Πατρός μου καὶ ὑψώσω αὐτόν ἐνδόξως γὰρ δεδόξασται. (δίς)

# Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Πόθεν ἄοξομαι θοηνεῖν, τὰς τοῦ ἀθλίου μου βίου πράξεις; ποίαν ἀπαρχήν, ἐπιθήσω Χριστέ, τῆ νῦν θρηνωδία; ἀλλ' ὡς εὔσπλαγχνός μοι δός, παραπτωμάτων ἄφεσιν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Δεῦρο τάλαινα ψυχή, σὺν τῆ σαρκί σου τῷ πάντων Κτίστη, ἐξομολογοῦ καὶ

In one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins. I look for the resurrection of the dead, and the life of the age to come. Amen. [GOA]

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

### **CHOIR**

### The Great Canon

By Andrew of Crete.

# Ode i. Mode pl. 2. Heirmos.

He became for me a helper and a shelterer for salvation. \* He is my God, and I will glorify Him, \* the God of my father, and Him will I exalt, \* for He is greatly glorified. (2)

# Troparia.

Have mercy on me, O God. Have mercy on me.

Where shall I begin to weep for the actions of my wretched life? What first-fruit shall I offer, O Christ, in this my lamentation? But in Your compassion grant me forgiveness of sins.

Have mercy on me, O God. Have mercy on me.

Come, wretched soul, with your flesh to the Creator of all. Make confession to

ἀπόσχου λοιπόν, τῆς ποὶν ἀλογίας, καὶ προσάγαγε Θεόν, ἐν μετανοία δάκουα.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν ποωτόπλαστον Ἀδάμ, τῆ παραβάσει παραζηλώσας, ἔγνων ἐμαυτόν, γυμνωθέντα Θεοῦ, καὶ τῆς ἀϊδίου, βασιλείας καὶ τρυφῆς, διὰ τὰς ἁμαρτίας μου.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Οἴμοι τάλαινα ψυχή! τί ὡμοιώθης τῆ πρώτη Εὕα; εἶδες γὰρ κακῶς, καὶ ἐτρώθης πικρῶς, καὶ ἥψω τοῦ ξύλου, καὶ ἐγεύσω προπετῶς, τῆς παραλόγου βρώσεως.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Άντὶ Εὔας αἰσθητῆς, ἡ νοητή μοι κατέστη Εὔα, ὁ ἐν τῆ σαρκί, ἐμπαθὴς λογισμός, δεικνὺς τὰ ἡδέα, καὶ γευόμενος ἀεί, τῆς πικρᾶς καταπόσεως.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐπαξίως τῆς Ἐδέμ, ποοεξεορίφη ὡς μὴ φυλάξας, μίαν σου Σωτήο, ἐντολὴν ὁ Ἀδάμ, ἐγὼ δὲ τί πάθω, ἀθετῶν διαπαντὸς τὰ ζωηρά σου λόγια;

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν τοῦ Κάϊν ὑπελθών, μιαιφονίαν τῆ προαιρέσει, γέγονα φονεύς, συνειδότι ψυχῆς, ζωώσας τὴν σάρκα, καὶ στρατεύσας κατ' αὐτῆς, ταῖς πονηραῖς μου πράξεσι.

Him, and abstain henceforth from your past brutishness; and offer to God tears of repentance.

Have mercy on me, O God. Have mercy on me.

I have rivaled in transgression Adam the first-formed man, and I have found myself stripped naked of God, of the eternal Kingdom and its joy, because of my sins.

Have mercy on me, O God. Have mercy on me.

Woe to you, miserable soul! How like you are to the first Eve! For you looked in wickedness and were grievously wounded; you have touched the tree and rashly tasted the deceptive food.

Have mercy on me, O God. Have mercy on me.

Instead of the visible Eve, I have the Eve of the mind: the passionate thought in my flesh, showing me what seems sweet; yet whenever I taste from it, I find it bitter.

Have mercy on me, O God. Have mercy on me.

Adam was justly banished from Eden because he disobeyed one commandment of Yours, O Savior. What then shall I suffer, for I am always rejecting Your words of life?

Have mercy on me, O God. Have mercy on me.

By my own free choice have I incurred the guilt of Cain's murder. I have killed my conscience, bringing the flesh to life and

Τῆ τοῦ Ἄβελ Ἰησοῦ, οὐχ ὡμοιώθην δικαιοσύνη, δῶρά σοι δεκτά, οὐ προσῆξα ποτέ, οὐ πράξεις ἐνθέους, οὐ θυσίαν καθαράν, οὐ βίον ἀνεπίληπτον.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ως ὁ Κάϊν καὶ ἡμεῖς, ψυχὴ ἀθλία τῷ πάντων Κτίστη, πράξεις ὁυπαράς, καὶ θυσίαν ψεκτήν, καὶ ἄχρηστον βίον, προσηγάγομεν ὁμοῦ· διὸ καὶ κατεκρίθημεν.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν πηλὸν ὁ κεραμεύς, ζωοπλαστήσας ἐνέθηκάς μοι, σάρκα καὶ ὀστᾶ, καὶ πνοὴν καὶ ζωήν. Ἀλλ' ὧ Ποιητά μου, Λυτρωτά μου καὶ Κριτὰ μετανοοῦντα δέξαι με.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐξαγγέλλω σοι Σωτήρ, τὰς ἁμαρτίας ἃς εἰργασάμην, καὶ τὰς τῆς ψυχῆς, καὶ τοῦ σώματός μου πληγάς, ἃς μοι ἔνδον, μιαιφόνοι λογισμοί, ληστρικῶς ἐναπέθηκαν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Εἰ καὶ ἥμαοτον Σωτήο, ἀλλ' οἶδα ὅτι φιλάνθοωπος εἶ, πλήττεις συμπαθῶς, καὶ σπλαγχνίζη θεομῶς, δακούοντα βλέπεις, καὶ προστρέχεις ὡς Πατήο, ἀνακαλῶν τόν Ἄσωτον.

making war upon the soul by my wicked actions.

Have mercy on me, O God. Have mercy on me.

O Jesus, I have not been like Abel in his righteousness. Never have I offered You acceptable gifts or godly actions, a pure sacrifice or an unblemished life.

Have mercy on me, O God. Have mercy on me.

Like Cain, O miserable soul, we too have offered, to the Creator of all, defiled actions and a polluted sacrifice and a worthless life: and so we also are condemned.

Have mercy on me, O God. Have mercy on me.

As the potter molds the clay, You fashioned me, giving me flesh and bones, breath and life. But accept me in repentance, O my Maker and Deliverer and Judge.

Have mercy on me, O God. Have mercy on me.

I confess to You, O Savior, the sins I have committed, the wounds of my soul and body, which murderous thoughts, like thieves, have inflicted inwardly upon me.

Have mercy on me, O God. Have mercy on me.

Though I have sinned, O Savior, yet I know that You are full of loving-kindness. You chastise with mercy and are fervent in compassion. You see me weeping and You run to meet me, like the Father calling back the Prodigal Son.

Έροιμμένον με Σωτήρ, πρὸ τῶν θυρῶν σου κἂν ἐν τῷ γήρει, μή με ἀπορρίψης εἰς Ἅιδου κενόν, ἀλλὰ πρὸ τοῦ τέλους, ὡς φιλάνθρωπός μοι δός, παραπτωμάτων ἄφεσιν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ό λησταῖς περιπεσών, ἐγὼ ὑπάρχων τοῖς λογισμοῖς μου, ὅλως ὑπ' αὐτῶν τετραυμάτισμαι νῦν, ἐπλήσθην μωλώπων, ἀλλ' αὐτός μοι ἐπιστάς, Χριστὲ Σωτὴρ ἰάτρευσον.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ίεφεύς με πφοϊδών, ἀντιπαφῆλθε, καὶ ὁ Λευΐτης, βλέπων ἐν δεινοῖς, ὑπεφεῖδε γυμνόν, ἀλλ' ὁ ἐκ Μαφίας, ἀνατείλας Ἰησοῦς, σὺ ἐπιστάς με οἴκτειφον.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ό Άμνὸς ὁ τοῦ Θεοῦ, ὁ αἴοων πάντων τὰς ἁμαρτίας, ἄρον τὸν κλοιὸν ἀπ' ἐμοῦ τὸν βαρύν, τὸν τῆς ἁμαρτίας, καὶ ὡς εὔσπλαγχνός μοι δός, δάκρυα κατανύξεως.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Μετανοίας ὁ καιφός, προσέρχομαί σοι τῷ Πλαστουργῷ μου Âρον τὸν κλοιὸν ἀπ' ἐμοῦ τὸν βαρύν, τὸν τῆς ἁμαρτίας, καὶ ὡς εὕσπλαγχνός μοι δός, δάκρυα κατανύξεως.

Have mercy on me, O God. Have mercy on me.

I lie as an outcast before Your gate, O Savior. In my old age cast me not down empty into hell; but, before the end comes, in Your love grant me remission of sins.

Have mercy on me, O God. Have mercy on me.

I am the man who fell among thieves, even my own thoughts; they have covered all my body with wounds, and I lie beaten and bruised. But come to me, O Christ my Savior, and heal me.

Have mercy on me, O God. Have mercy on me.

The Priest saw me first, but passed by on the other side; the Levite looked on me in my distress but despised my nakedness. O Jesus, sprung from Mary, come to me and take pity on me.

Have mercy on me, O God. Have mercy on me.

O Lamb of God, that takes away the sins of all, take from me the heavy yoke of sin, and in Your compassion give me tears of compunction.

Have mercy on me, O God. Have mercy on me.

It is time for repentance: to You I come, my Creator. Take from me the heavy yoke of sin, and in Your compassion give me tears of compunction.

Μὴ βδελύξη με Σωτής, μὴ ἀπορρίψης τοῦ σοῦ προσώπου, ἄρον τὸν κλοιόν, ἀπ' ἐμοῦ τὸν βαρύν, τὸν τῆς ἁμαρτίας, καὶ ὡς εὕσπλαγχνός μοι δός, παραπτωμάτων ἄφεσιν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὰ ἑκούσια Σωτήρ, καὶ τὰ ἀκούσια πταίσματά μου, καὶ τὰ φανερά, καὶ κρυπτὰ καὶ γνωστά, καὶ ἄγνωστα πάντα, συγχωρήσας ὡς Θεός, ἱλάσθητι, καὶ σῶσόν με.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐκ νεότητος Σωτὴο τὰς ἐντολάς σου ἐπαρωσάμην, ὅλον ἐμπαθῶς, ἀμελῶν ἑαθυμῶν, παρῆλθον τὸν βίον διὸ κράζω σοι Σωτήο, κἂν ἐν τῷ τέλει, σῶσόν με.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν οὐσίαν τῆς ψυχῆς, καταναλώσας τῆ άμαφτία, ἔφημός εἰμι ἀφετῶν εὐσεβῶν, λιμώττων δὲ κφάζω. ὁ ἐλέους χοφηγός, προφθάσας σύ με οἴκτειρον.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Σοὶ προσπίπτω Ἰησοῦ. Ἡμάρτηκά σοι, ἱλάσθητί μοι, ἆρον τὸν κλοιὸν ἀπ' ἐμοῦ τὸν βαρύν, τὸν τῆς ἁμαρτίας, καὶ ὡς εὕσπλαγχνος Θεός, μετανοοῦντα δέξαι με.

Have mercy on me, O God. Have mercy on me.

Reject me not, O Savior; cast me not away from Your presence. Take from me the heavy yoke of sin and in Your compassion grant me remission of sins.

Have mercy on me, O God. Have mercy on me.

All my offenses, voluntary and involuntary, manifest and hidden, known and unknown, forgive, O Savior, for You are God; be merciful and save me.

Have mercy on me, O God. Have mercy on me.

From my youth, O Savior, I have rejected Your commandments. Ruled by the passions, I have passed my whole life in heedlessness and sloth. Therefore I cry to You, O Savior, even now at the end: Save me.

Have mercy on me, O God. Have mercy on me.

As the Prodigal, O Savior, I have wasted the substance of my soul in riotous living, and I am barren of the virtues of holiness. In my hunger I cry: O giver of mercy, come quickly out to meet me and take pity on me.

Have mercy on me, O God. Have mercy on me.

I fall down, Jesus, at Your feet: I have sinned against You, be merciful to me. Take from me the heavy yoke of sin, and in Your compassion, O God, accept me in repentance.

Μὴ εἰσέλθης μετ' ἐμοῦ, ἐν κοίσει φέρων μου τὰ πρακτέα, λόγους ἐκζητῶν, καὶ εὐθύνων ὁρμάς, ἀλλ' ἐν οἰκτιρμοῖς σου, παρορῶν μου τὰ δεινά, σῶσόν με Παντοδύναμε

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Σύ μοι δίδου φωταυγῆ, ἐκ θείας ἄνωθεν πορμηθείας, χάριν ἐκφυγεῖν, τῶν παθῶν σκοτασμόν, καὶ ἄσαι προθύμως, τοῦ σοῦ βίου τὰ τερπνά, Μαρία διηγήματα.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Υποκύψασα Χριστοῦ, τοῖς θείοις νόμοις, τούτω προσῆλθες, τὰς τῶν ἡδονῶν ἀκαθέκτους ὁρμάς, λιποῦσα καὶ πᾶσαν, ἀρετὴν πανευλαβῶς, ὡς μίαν ἐκατώρθωσας.

Άγιε τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Ίκεσίαις σου ἡμᾶς, Ανδοέα ὁῦσαι παθῶν ἀτίμων, καὶ τῆς βασιλείας, νῦν Χοιστοῦ κοινωνούς, τοὺς πίστει καὶ πόθω, ἀνυμνοῦντάς σε κλεινέ, ἀνάδειξον δεόμεθα.

# Δόξα. Τοιαδικόν.

Υπερούσιε Τριάς, ή ἐν Μονάδι προσκυνουμένη, ἄρον τὸν κλοιόν, ἀπ' ἐμοῦ τὸν βαρύν, τὸν τῆς ἁμαρτίας, καὶ ὡς εὔσπλαγχνός μοι δός, δάκρυα κατανύξεως.

# Καὶ νῦν. Θεοτοκίον.

Θεοτόκε ή ἐλπίς, καὶ προστασία τῶν σὲ ὑμνούντων, ἆρον τὸν κλοιόν, ἀπ' ἐμοῦ τὸν βαρύν, τὸν τῆς ἁμαρτίας, καὶ ὡς Δέσποινα ἁγνή, μετανοοῦντα δέξαι με.

Have mercy on me, O God. Have mercy on me.

Enter not into judgment with me, bringing before me the things I should have done, examining my words and correcting my impulses. But in Your mercy overlook my sins and save me, O Lord almighty.

Holy Mother Mary, pray to God for us.

Grant me the light of grace, from God's providence on high, so that I may flee from the darkness of the passions and sing fervently the joyful tale of your life, O Mary.

Holy Mother Mary, pray to God for us.

Bowing before the divine laws of Christ, you drew near to Him, forsaking the unbridled longings of sensual pleasure; and in the fear of God you gained all the virtues as if they were one.

Holy Father Andrew, pray to God for us.

Through your intercessions, O Andrew, deliver us from shameful passions. We pray you, make us now partakers of Christ's Kingdom; for with faith and love we sing your praises.

# Glory. For the Trinity.

Trinity beyond all being, worshipped in Unity, take from me the heavy yoke of sin, and in Your compassion grant me tears of compunction.

## Both now. Theotokion.

O Theotokos, the hope and protection of those who sing your praises, take from me the heavy yoke of sin. O pure Lady, accept me in repentance.

# Ώιδὴ β'. Ὁ Εἱρμός.

Πρόσεχε, οὐρανὲ καὶ λαλήσω, καὶ ἀνυμνήσω Χριστόν, τὸν ἐκ Παρθένου σαρκί, ἐπιδημήσαντα. (δίς)

# Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ποόσεχε, οὐοανέ, καὶ λαλήσω, γῆ ἐνωτίζου φωνῆς, μετανοούσης Θεῷ, καὶ ἀνυμνούσης αὐτόν.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ποόσχες μοι, ὁ Θεὸς ὁ Σωτήο μου, ίλέω ὅμματί σου, καὶ δέξαι μου, τὴν θεομὴν ἐξομολόγησιν.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ήμά οτηκα, ὑπὲο πάντας ἀνθοώπους, μόνος ἡμά οτηκά σοι, ἀλλ' οἴκτειοον ὡς Θεός, Σῶτεο τὸ ποίημά σου.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ζάλη με, τῶν κακῶν περιέχει, εἴσπλαγχνε Κύριε, ἀλλ' ὡς τῷ Πέτρῳ κἀμοί, τὴν χεῖρα ἔκτεινον.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὰ δάκουα, τὰ τῆς πόονης οἰκτίομον, κἀγὰ ποοβάλλομαι. Ἱλάσθητί μοι Σωτήο, τῆ εὐσπλαγχνία σου.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἡμαύοωσα, τῆς ψυχῆς τὸ ὡραῖον, ταῖς τῶν παθῶν ἡδοναῖς, καὶ ὅλως ὅλον τὸν νοῦν, χοῦν ἀπετέλεσα.

### Ode ii. Heirmos.

Attend, O Heaven, and I shall speak and sing in praise of Christ Who took flesh from a Virgin and came to dwell among us. (2)

# Troparia.

Have mercy on me, O God. Have mercy on me.

Attend, O Heaven, and I shall speak; give ear, O earth, to the voice of one who repents before God and sings His praise.

Have mercy on me, O God. Have mercy on me.

Look upon me, God my Savior, with Your merciful eye, and accept my fervent confession.

Have mercy on me, O God. Have mercy on me.

More than all men I have sinned; I alone have sinned against You. But as God take pity on Your creation, O Savior.

Have mercy on me, O God. Have mercy on me.

I am surrounded by the storm of sin, O compassionate Lord. But stretch out Your hand to me, as once You did to Peter.

Have mercy on me, O God. Have mercy on me.

I offer to You, O merciful Lord, the tears of the Harlot. Take pity on me, O Savior, in Your compassion.

Have mercy on me, O God. Have mercy on me.

With the lusts of passion I have darkened the beauty of my soul, and turned my whole mind entirely into earth.

Διέρρηξα, νῦν τὴν στολὴν μου τὴν πρώτην, ἣν ἐξυφάνατό μοι, ὁ Πλαστουργὸς ἐξ ἀρχῆς, καὶ ἔνθεν κεῖμαι γυμνός.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ένδέδυμαι, διερρηγμένον χιτῶνα, δν ἐξυφάνατό μοι, ὁ ὄφις τῆ συμβουλῆ, καὶ καταισχύνομαι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ποοσέβλεψα, τοῦ φυτοῦ τὸ ὡραῖον, καὶ ἠπατήθην τὸν νοῦν, καὶ ἄρτι κεῖμαι γυμνός, καὶ καταισχύνομαι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐτέκταινον, ἐπὶ τὸν νῶτόν μου πάντες, οἱ ἀρχηγοὶ τῶν κακῶν, μακρύνοντες κατ' ἐμοῦ τὴν ἀνομίαν αὐτῶν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Απώλεσα, τὸ πρωτόκτιστον κάλλος, καὶ τὴν εὐπρέπειάν μου, καὶ ἄρτι κεῖμαι γυμνός, καὶ καταισχύνομαι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Κατέρραψε, τοὺς δερματίνους χιτῶνας, ἡ ἁμαρτία κἀμοί, γυμνώσασά με τῆς πρίν, θεοϋφάντου στολῆς. Have mercy on me, O God. Have mercy on me.

I have torn the first garment that the Creator wove for me in the beginning, and now I lie naked.

Have mercy on me, O God. Have mercy on me.

I have clothed myself in the torn coat that the serpent wove for me by his counsel, and I am ashamed.

Have mercy on me, O God. Have mercy on me.

I looked upon the beauty of the tree and my mind was deceived, and now I lie naked and ashamed.

Have mercy on me, O God. Have mercy on me.

All the ruling passions have ploughed upon my back, making long furrows of wickedness.

Have mercy on me, O God. Have mercy on me.

I have lost the beauty and glory with which I was first created; and now I lie naked and ashamed.

Have mercy on me, O God. Have mercy on me.

Sin has stripped me of the robe that God once wove for me, and it has sewed for me garments of skin.

Περίκειμαι, τὸν στολισμὸν τῆς αἰσχύνης, καθάπερ φύλλα συκῆς, εἰς ἔλεγχον τῶν ἐμῶν, αὐτεξουσίων παθῶν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐστόλισμαι, κατεστιγμένον χιτῶνα, καὶ ἠμαγμένον αἰσχοῶς, τῆ ὁύσει τῆς ἐμπαθοῦς, καὶ φιληδόνου ζωῆς.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐσπίλωσα, τὸν τῆς σαρκός μου χιτῶνα, καὶ κατερρύπωσα, τὸ κατ' εἰκόνα Σωτήρ, καὶ καθ' ὁμοίωσιν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Υπέπεσα, τῆ τῶν παθῶν ἀλγηδόνι, καὶ τῆ ἐνύλῳ φθορᾳ, καὶ ἔνθεν νῦν ὁ ἐχθρός, καταπιέζει με.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Φιλόϋλον, καὶ φιλοκτήμονα βίον, τῆς ἀκτησίας Σωτήρ, προκρίνας νῦν τὸν βαρύν, κλοιὸν περίκειμαι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐκόσμησα, τὸν τῆς σαρκὸς ἀνδριάντα, τῆ τῶν αἰσχρῶν λογισμῶν, ποικίλη περιβολῆ, καὶ κατακρίνομαι.

Have mercy on me, O God. Have mercy on me.

I am clothed with the raiment of shame as with fig leaves, in condemnation of my selfwilled passions.

Have mercy on me, O God. Have mercy on me.

I am clad in a garment that is defiled and shamefully bloodstained by a life of passion and self-indulgence.

Have mercy on me, O God. Have mercy on me.

I have stained the garment of my flesh, O Savior, and defiled that which was made in Your image and likeness.

Have mercy on me, O God. Have mercy on me.

I have fallen beneath the painful burden of the passions and the corruption of material things; and I am hard pressed by the enemy.

Have mercy on me, O God. Have mercy on me.

Instead of freedom from possessions, O Savior, I pursued a life in love with material things, and now I wear a heavy yoke.

Have mercy on me, O God. Have mercy on me.

I adorned the idol of my flesh with a many-colored coat of shameful thoughts, and I am condemned.

Τῆς ἔξωθεν, ἐπιμελῶς εὐκοσμίας, μόνης ἐφοόντισα, τῆς ἔνδον ὑπεριδών, Θεοτυπώτου σκηνῆς.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Μοφφώσας μου, τὴν τῶν παθῶν ἀμοφφίαν, ταῖς φιληδόνοις ὁφμαῖς, ἐλυμηνάμην τοῦ νοῦ τὴν ὡφαιότητα.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Κατέχοωσα, τῆς ποὶν εἰκόνος τὸ κάλλος, Σῶτεο τοῖς πάθεσιν, ἀλλ' ὡς ποτὲ τὴν δοαχμήν, ἀναζητήσας εὑοέ.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἡμάοτηκα, ὥσπεο ἡ Πόονη βοῶ σοι, μόνος ἡμάοτηκά σοι, ὡς μύοον δέχου Σωτὴο κἀμοῦ τὰ δάκουα.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ωλίσθησα, ώς ὁ Δαυῗδ ἀκολάστως, καὶ βεβορβόρωμαι, ἀλλ' ἀποπλύναις κἀμέ, Σωτὴρ τοῖς δάκρυσί μου.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ίλάσθητι, ώς ὁ Τελώνης βοῶ σοι· Σῶτεο ἱλάσθητί μοι· οὐδεὶς γὰο τῶν ἐξ Ἀδάμ, ώς ἐγὼ ἥμαρτέ σοι. Have mercy on me, O God. Have mercy on me.

I cared only for the outward adornment, and neglected that which is within -- the tabernacle fashioned by God.

Have mercy on me, O God. Have mercy on me.

With my lustful desires I formed within myself the deformity of the passions and disfigured the beauty of my mind.

Have mercy on me, O God. Have mercy on me.

I discolored with the passions the first beauty of the image, O Savior. But seek me, as once You sought the lost coin, and find me.

Have mercy on me, O God. Have mercy on me.

Like the Harlot I cry to You: I have sinned, I alone have sinned against You. Accept my tears also as sweet ointment, O Savior.

Have mercy on me, O God. Have mercy on me.

Like David, I fell into lust and I am covered with filth; but wash me clean, O Savior, by my tears.

Have mercy on me, O God. Have mercy on me.

Like the Publican I cry to You: Be merciful, O Savior, be merciful to me. For no child of Adam has ever sinned against You as I have sinned.

Οὐ δάκουα, οὐδὲ μετάνοιαν ἔχω, οὐδὲ κατάνυξιν, αὐτός μοι ταῦτα Σωτήο, ώς Θεὸς δώρησαι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν θύραν σου, μὴ ἀποκλείσης μοι τότε, Κύριε, Κύριε, ἀλλ' ἄνοιξόν μοι αὐτὴν μετανοοῦντί σοι.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Φιλάνθοωπε, ὁ θέλων πάντας σωθῆναι, σὺ ἀνακαλέσαί με, καὶ δέξαι ὡς ἀγαθός, μετανοοῦντά με.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ένώτισαι, τοὺς στεναγμοὺς τῆς ψυχῆς μου, καὶ τῶν ἐμῶν ὀφθαλμῶν, προσδέχου τοὺς σταλαγμούς. Κύριε σῶσόν με.

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

# Τοιαδικόν.

Ένα σε, ἐν τρισὶ τοῖς προσώποις, Θεὸν άπάντων ὑμνῶ, τὸν Πατέρα, καὶ τὸν Υίόν, καὶ Πνεῦμα τὸ ἄγιον.

Ύπεραγία Θεοτόκε, σῶσον ἡμᾶς.

### Θεοτοκίον.

Άχραντε, Θεοτόκε Παρθένε μόνη πανύμνητε, ίκέτευε ἐκτενῶς, εἰς τὸ σωθῆναι ἡμᾶς.

# Είρμὸς Έτερος.

Ἰδετε, ἴδετε, ὅτι ἐγώ εἰμι Θεός, ὁ μάννα ἐπομβοήσας, καὶ τὸ ὕδωο ἐκ πέτοας, πηγάσας πάλαι ἐν ἐρήμω τῷ λαῷ μου, τῆ μόνη δεξιᾳ, καὶ τῆ ἰσχύϊ τῆ ἐμῆ.

Have mercy on me, O God. Have mercy on me.

I have no tears, no repentance, no compunction; but as God, O Savior, bestow them on me.

Have mercy on me, O God. Have mercy on me.

Lord, Lord, at the Last Day shut not Your door against me; but open it to me, for I repent before You.

Have mercy on me, O God. Have mercy on me.

O Lover of mankind, who desires that all men shall be saved, in Your goodness call me back and accept me in repentance.

Have mercy on me, O God. Have mercy on me.

Give ear to the groaning of my soul, and accept the tears that fall from my eyes; O Lord, save me.

Glory to You, our God, glory to You.

# For the Trinity.

I sing Your praises, One in Three Persons, God of all, Father, Son and Holy Spirit.

*Most-holy Theotokos, save us.* 

### Theotokion.

O Theotokos undefiled, Virgin alone worthy of all praise, intercede fervently for our salvation.

### **Another Heirmos.**

See now, see that I am God, who rained down manna in the days of old, and made springs of water flow from the rock, for my

# Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἰδετε ἴδετε, ὅτι ἐγώ εἰμι Θεός, ἐνωτίζου ψυχή μου, τοῦ Κυρίου βοῶντος, καὶ ἀποσπάσθητι τῆς πρώην ἁμαρτίας, καὶ φοβοῦ ὡς δικαστήν, καὶ ὡς κριτὴν καὶ Θεόν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τίνι ώμοιώθης, πολυαμάςτητε ψυχή; οἴμοι τῷ πςώτῳ Κάϊν, καὶ τῷ Λάμεχ ἐκείνῳ, λιθοκτονήσασα τὸ σῶμα κακουςγίαις, καὶ κτείνασα τὸν νοῦν, ταῖς παςαλόγοις ὁςμαῖς.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Πάντας τοὺς ποὸ νόμου, παραδραμοῦσα ὧ ψυχή, τῷ Σὴθ οὐχ ώμοιώθης, οὐ τὸν Ἐνὼς ἐμιμήσω, οὐ τὸν Ἐνὼχ τῆ μεταθέσει, οὐ τὸν Νῶε, ἀλλ' ὤφθης πενιχρά, τῆς τῶν δικαίων ζωῆς.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Μόνη ἐξήνοιξας, τοὺς καταρράκτας τῆς ὀργῆς, τοῦ Θεοῦ σου ψυχή μου, καὶ κατέκλυσας πᾶσαν, ὡς γῆν τὴν σάρκα, καὶ τὰς πράξεις, καὶ τὸν βίον, καὶ ἔμεινας ἐκτός, τῆς σωστικῆς Κιβωτοῦ.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Άνδοα ἀπέκτεινα, φησίν, εἰς μώλωπα ἐμοί, καὶ νεανίσκον εἰς τοαῦμα, Λάμεχ

people in the wilderness, by My right hand and by My power alone.

# Troparia.

Have mercy on me, O God. Have mercy on me.

"See now, see that I am God." Give ear, my soul, to the Lord as He cries to you; forsake your former sin, and fear Him as your Judge and God.

Have mercy on me, O God. Have mercy on me.

To whom shall I liken you, O soul of many sins? Alas! To Cain and to Lamech. For you stoned your body to death with your evil deeds, and killed your mind with your disordered longings.

Have mercy on me, O God. Have mercy on me.

Call to mind, my soul, all who lived before the Law. You have not been like Seth, or followed Enos or Enoch, who was translated to Heaven, or Noah; but you are destitute, without a share in the life of the righteous.

Have mercy on me, O God. Have mercy on me.

You alone, O my soul, opened the windows of the wrath of your God, and you flooded, as the earth, all your flesh and deeds and life; and you remained outside the Ark of salvation.

Have mercy on me, O God. Have mercy on me.

"I have slain a man to my grief and wounding," said Lamech, "and a young man θοηνῶν ἐβόα· σὰ δὲ οὐ τοέμεις ὧ ψυχή μου, ὁυπωθεῖσα, τὴν σάοκα καὶ τὸν νοῦν, κατασπιλώσασα.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

"Ω πῶς ἐζήλωσα, Λάμεχ τὸν πρώην φονευτήν, τὴν ψυχὴν ὥσπερ ἄνδρα, τὸν νοῦν ὡς νεανίσκον, ὡς ἀδελφὸν δέ μου τὸ σῶμα ἀποκτείνας, ὡς Κάϊν ὁ φονεύς, ταῖς φιληδόνοις ὁρμαῖς!

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Πύργον ἐσοφίσω, οἰκοδομῆσαι, ὧ ψυχή, καὶ ὀχύρωμα πῆξαι, ταῖς σαῖς ἐπιθυμίαις, εἰμὴ συνέχεεν ὁ κτίστης τὰς βουλάς σου, καὶ κατέαξεν εἰς γῆν, τὰ μηχανήματά σου.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τέτοωμαι, πέπληγμαι, ἰδοὺ τὰ βέλη τοῦ ἐχθοοῦ, τὰ καταστίξαντά μου, τὴν ψυχὴν καὶ τὸ σῶμα, ἰδοὺ τὰ τοαύματα, τὰ ἕλκη, αἱ πηοώσεις, βοῶσι τὰς πληγάς, τῶν αὐθαιρέτων μου παθῶν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Έβοεξε Κύοιος, παρὰ Κυοίου πῦο ποτέ, ἀνομίαν ὀργῶσαν, πυρπολήσας Σοδόμων σὺ δὲ τὸ πῦρ ἐξέκαυσας τὸ τῆς γεέννης, ἐν ῷ μέλλεις ψυχή, συγκατακαίεσθαι πικρῶς.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Γνῶτε καὶ ἴδετε, ὅτι ἐγώ εἰμι Θεός, ὁ ἐρευνῶν καρδίας, καὶ κολάζων ἐννοίας, ἐλέγχων πράξεις, καὶ φλογίζων ἁμαρτίας,

to my hurt"; and he cried aloud lamenting. Do you not tremble then, my soul, for you have defiled your flesh and polluted your mind?

Have mercy on me, O God. Have mercy on me.

Ah, how I have emulated Lamech, the murderer of old, slaying my soul as if it were a man, and my mind as if it were a young man. With sensual longings I have killed my body, as Cain the murderer killed his brother.

Have mercy on me, O God. Have mercy on me.

Skillfully you planned to build a tower, O my soul, and to establish a stronghold for your lusts; but the Creator confounded your designs and dashed your devices to the ground.

Have mercy on me, O God. Have mercy on me.

I am wounded and smitten: see the enemy's arrows which have pierced my soul and body. See the wounds, the open sores and the injuries, that cry out to God against the blows inflicted by my freely chosen passions.

Have mercy on me, O God. Have mercy on me.

Roused to anger by their transgressions, the Lord once rained down fire from Heaven and burnt up the men of Sodom. And you, my soul, have kindled the fire of Gehenna, and there to your bitter sorrow you shall burn.

Holy Mother Mary, pray to God for us.

Know and see that I am God, searching out men's hearts and punishing their thoughts, reproving their actions and burning

καὶ κοίνων ὀρφανόν, καὶ ταπεινὸν καὶ πτωχόν.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

"Ηπλωσας χεῖράς σου, πρὸς τὸν οἰκτίρμονα Θεόν, Μαρία ἐν ἀβύσσῳ, κακῶν βυθιζομένη, καὶ ὡς τῷ Πέτρῳ φιλανθρώπως χεῖρα βοηθείας, ἐξέτεινε τὴν σήν, ἐπιστροφήν πάντως ζητῶν.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Όλη προθυμία, πόθω προσέδραμες Χριστῷ, τὴν πρὶν τῆς ἁμαρτίας, όδὸν ἀποστραφεῖσα, καὶ ἐν ἐρήμοις ταῖς ἀβάτοις τρεφομένη, καὶ τούτου καθαρῶς, τελοῦσα θείας ἐντολάς.

Άγιε τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Ἰδωμεν ἴδωμεν, φιλανθοωπίαν ὧ ψυχή, τοῦ Θεοῦ καὶ Δεσπότου· διὰ τοῦτο ποὸ τέλους, αὐτῷ σὺν δάκουσι, ποοσπέσωμεν βοῶντες· Ἀνδοέου ταῖς λιταῖς, Σῶτεο ἐλέησον ἡμᾶς.

# Δόξα. Τοιαδικόν.

Άναοχε ἄκτιστε, Τοιὰς ἀμέοιστε Μονάς, μετανοοῦντά με δέξαι, ἡμαοτηκότα σῶσον, σὸν εἰμι πλάσμα, μὴ παοίδης, ἀλλὰ φεῖσαι καὶ ὁῦσαι, τοῦ πυοὸς τῆς καταδίκης με.

### Καὶ νῦν. Θεοτοκίον.

ἄχραντε Δέσποινα, Θεογεννῆτος ἡ ἐλπίς, τῶν εἰς σὲ προστρεχόντων, καὶ λιμὴν τῶν ἐν ζάλη, τὸν ἐλεήμονα καὶ Κτίστην καὶ Υἱόν σου, ἱλέωσαι κἀμοί, ταῖς ἱκεσίαις ταῖς σαῖς.

up their sins; and in My judgment I protect the orphan, the humble and the poor.

Holy Mother Mary, pray to God for us.

Sunk in the abyss of wickedness, O Mary, you lifted up your hands to the merciful God. And, as to Peter, in His loving-kindness He stretched out His hand to you in help, seeking in every way your conversion.

Holy Mother Mary, pray to God for us.

With all eagerness and love you ran to Christ, turning from your former path of sin, finding your food in the trackless wilderness, and fulfilling in purity the commandments of God.

Holy Father Andrew, pray to God for us.

Let us see, O my soul, let us see the love of our God and Master for mankind; and before the end comes, with tears let us fall down before Him, crying: "At the prayers of Andrew, O Savior, have mercy upon us."

# Glory. For the Trinity.

O Trinity uncreated and without beginning, O undivided Unity: accept me in repentance and save me, a sinner. I am Your creation, reject me not; but spare me and deliver me from the fire of condemnation.

### Both now. Theotokion.

Most pure Lady, Mother of God, hope of those who run to you and the haven of the storm-tossed: pray to the merciful God, your Creator and your Son, that He may grant His mercy even to me.

# Ώιδὴ γ'. Ὁ Εἱρμός.

Ἐπὶ τὴν ἀσάλευτον Χριστέ, πέτραν τῶν ἐντολῶν σου, τὴν Ἐκκλησίαν σου στερέωσον.

# Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Πῦς παρὰ Κυρίου ποτέ, Κύριος ἐπιβρέξας, τὴν γῆν Σοδόμων πρὶν κατέφλεξεν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Εἰς τὸ ὄοος σώζου ψυχή, ὥσπεο ὁ Λὼτ ἐκεῖνος, καὶ εἰς Σηγὼο προανασώθητι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Φεῦγε ἐμποησμὸν ὧ ψυχή, φεῦγε Σοδόμων καῦσιν, φεῦγε φθορὰν θείας φλογώσεως.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Έξομολογοῦμαί σοι Σωτής. Ήμαςτόν σοι ἀμέτςως, ἀλλ' ἄνες ἄφες μοι, ώς εὔσπλαγχνος.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ήμαοτόν σοι μόνος ἐγώ, ἥμαοτον ὑπὲο πάντας, Χριστὲ Σωτὴο μὴ ὑπεοίδης με.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Σὺ εἶ ὁ Ποιμὴν ὁ καλός, ζήτησόν με τὸν ἄονα, καὶ πλανηθέντα μὴ παρίδης με.

### Ode iii. Heirmos.

Upon the unshaken rock of Your commandments, O Christ, make firm Your Church.

# Troparia.

Have mercy on me, O God. Have mercy on me.

O my soul, the Lord once rained down fire from Heaven and consumed the land of Sodom.

Have mercy on me, O God. Have mercy on me.

O my soul, flee like Lot to the mountain, and take refuge in Zoar before it is too late.

Have mercy on me, O God. Have mercy on me.

Flee from the flames, O my soul, flee from the burning heat of Sodom, flee from destruction by the fire of God.

Have mercy on me, O God. Have mercy on me.

I confess to You, O Savior: I have sinned, I have sinned against You. But in Your compassion absolve and forgive me.

Have mercy on me, O God. Have mercy on me.

I alone have sinned against You, I have sinned more than all men; reject me not, O Christ my Savior.

Have mercy on me, O God. Have mercy on me.

You are the Good Shepherd: seek me, the lamb that has strayed, and do not forget me.

Σὺ εἶ ὁ γλυκὺς Ἰησοῦς, σὺ εἶ ὁ Πλαστουργός μου, ἐν σοὶ Σωτὴρ δικαιωθήσομαι.

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

# Τοιαδικόν.

 $\Omega$  Τοιὰς Μονὰς ὁ Θεός, σῶσον ἡμᾶς ἐκ πλάνης, καὶ πειρασμῶν καὶ περιστάσεων.

Ύπεραγία Θεοτόκε, σῶσον ἡμᾶς.

### Θεοτοκίον.

Χαῖφε θεοδόχε γαστήφ χαῖφε θφόνε Κυφίου χαῖφε ή Μήτηφ τῆς ζωῆς ἡμῶν.

# Είρμὸς Έτερος.

Στεφέωσον, Κύφιε, ἐπὶ τὴν πέτφαν τῶν ἐντολῶν σου, σαλευθεῖσαν τὴν καφδίαν μου, ὅτι μόνος Ἅγιος ὑπάφχεις καὶ Κύφιος.

# Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Πηγὴν ζωῆς κέκτημαι, σὲ τοῦ θανάτου τὸν καθαιφέτην, καὶ βοῶ σοι ἐκ καφδίας μου, πφὸ τοῦ τέλους: Ἡμαφτον ἱλάσθητι σῶσόν με.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τοὺς ἐπὶ Νῶε Σωτήο, ἠσελγηκότας ἐμιμησάμην, τὴν ἐκείνων κληοωσάμενος, καταδίκην, ἐν κατακλυσμῷ καταδύσεως.

Have mercy on me, O God. Have mercy on me.

You are my beloved Jesus, You are my Creator; in You shall I be justified, O Savior.

Glory to You, our God, glory to You.

# For the Trinity.

O God, Trinity in Unity, save us from error and temptation and distress.

Most-holy Theotokos, save us.

### Theotokion.

Rejoice, Womb that held God! Rejoice, throne of the Lord! Rejoice, Mother of our Life!

### **Another Heirmos.**

Establish upon the rock of Your commandments my heart, O Master, \* sorely shaken as it is, O Lord. \* Only You are holy, and again only You are Lord.

# Troparia.

Have mercy on me, O God. Have mercy on me.

For me You are the Fountain of life and the Destroyer of death; and from my heart I cry to You before the end: I have sinned, be merciful to me and save me.

Have mercy on me, O God. Have mercy on me.

O Savior, I followed the example of those who lived in wantonness in the days of Noah; and like them I am condemned to drown in the Flood.

Ήμά οτηκα Κύριε, ήμά οτηκά σοι ἱλάσθητί μοι οὐ γάρ ἐστιν δς τις ἥμα οτεν, ἐν ἀνθρώποις, δν οὐχ ὑπερέβην τοῖς πταίσμασι.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν Χὰμ ἐκεῖνον ψυχή, τὸν πατοαλοίαν μιμησαμένη, τὴν αἰσχύνην οὐκ ἐκάλυψας, τοῦ πλησίον, ὀπισθοφανῶς ἀνακάμψασα.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν εὐλογίαν τοῦ Σήμ, οὐκ ἐκληρώσω ψυχὴ ἀθλία, οὐ πλατεῖαν τὴν κατάσχεσιν, ώς Ἰάφεθ, ἔσχες ἐν τῆ γῆ τῆς ἀφέσεως.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐκ γῆς Χαρρὰν ἔξελθε, τῆς ἁμαρτίας ψυχή μου, δεῦρο εἰς γῆν ῥέουσαν ἀείζωον, ἀφθαρσίαν, ἣν ὁ Ἀβραὰμ ἐκληρώσατο.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν Ἀβοαὰμ ἤκουσας, πάλαι ψυχή μου καταλιπόντα, γῆν πατοώαν, καὶ γενόμενον, μετανάστην, τούτου τὴν ποοαίσεσιν μίμησαι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Έν τῆ δουἳ τῆ Μαμβοῆ, φιλοξενήσας ὁ Πατοιάοχης, τοὺς Άγγέλους ἐκληοώσατο, μετὰ γῆρας, τῆς ἐπαγγελίας τὸ θήραμα.

Have mercy on me, O God. Have mercy on me.

I have sinned, O Lord, I have sinned against You; be merciful to me. For there is no sinner whom I have not surpassed in my offenses.

Have mercy on me, O God. Have mercy on me.

O my soul, you followed Ham, who mocked his father. You did not cover your neighbor's shame, walking backwards with averted face.

Have mercy on me, O God. Have mercy on me.

O wretched soul, you have not inherited the blessing of Shem, nor have you received, like Japhet, a spacious domain in the land of forgiveness.

Have mercy on me, O God. Have mercy on me.

O my soul, depart from sin, from the land of Haran, and come to the land that Abraham inherited, which flows with incorruption and eternal life.

Have mercy on me, O God. Have mercy on me.

You have heard, my soul, how Abraham in days of old left the land of his fathers and became a wanderer: follow him in his choice.

Have mercy on me, O God. Have mercy on me.

At the oak of Mamre, the Patriarch gave hospitality to the Angels, and in his old age he inherited the reward of the promise.

Τὸν Ἰσαὰκ τάλαινα, γνοῦσα ψυχή μου καινὴν θυσίαν, μυστικῶς ὁλοκαοπούμενον, τῷ Κυρίῳ, μίμησαι αὐτοῦ τὴν προαίρεσιν.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν Ἰσοαὴλ ἤκουσας, νῆφε ψυχή μου ἐκδιωχθέντα, ὡς παιδίσκης ἀποκύημα, βλέπε μήπως, ὅμοιόν τι πάθης λαγνεύουσα.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τῆ ἄγαο πάλαι ψυχή, τῆ Αἰγυπτία παρωμοιώθης, δουλωθεῖσα τὴν ποοαίρεσιν, καὶ τεκοῦσα, νέον Ἰσμαήλ, τὴν αὐθάδειαν.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν Ἰακὼβ κλίμακα, ἔγνως ψυχή μου δεικνυομένην, ἀπὸ γῆς ποὸς τὰ οὐοάνια, τί μὴ ἔσχες, βάσιν ἀσφαλῆ, τὴν εὐσέβειαν;

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν Ἱεφέα Θεοῦ, καὶ βασιλέα μεμονωμένον, τοῦ Χφιστοῦ τὸ ἀφομοίωμα, τοῦ ἐν κόσμω, βίου ἐν ἀνθοώποις μιμήθητι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐπίστρεψον στέναξον, ψυχὴ ἀθλία πρὶν ἢ τοῦ βίου, πέρας λάβη ἡ πανήγυρις, πρὶν τὴν θύραν κλείση, τοῦ νυμφῶνος ὁ Κύριος.

Have mercy on me, O God. Have mercy on me.

You know, O my miserable soul, how Isaac was offered mystically as a new and unwonted sacrifice to the Lord: follow him in his choice.

Have mercy on me, O God. Have mercy on me.

O my soul, be watchful. You have heard how Ishmael was driven out as the child of a bondwoman. Take heed, lest the same thing happen to you because of your lust.

Have mercy on me, O God. Have mercy on me.

O my soul, you have become like Hagar the Egyptian: your free choice has been enslaved, and you have borne as your child a new Ishmael, stubborn willfulness.

Have mercy on me, O God. Have mercy on me.

You know, my soul, the ladder that was shown to Jacob, reaching up from earth to Heaven. Why have you not provided a firm foundation for it through your godly actions?

Have mercy on me, O God. Have mercy on me.

Follow the example of Melchizedek, the priest of God, the king set apart, who was an image of the life of Christ among men in the world.

Have mercy on me, O God. Have mercy on me.

Turn back, wretched soul, and lament, before the marketplace of life comes to an end,

Μὴ γένη στήλη ἁλός, ψυχὴ στοαφεῖσα εἰς τὰ ὀπίσω, τὸ ὑπόδειγμα φοβείτω σε, τῶν Σοδόμων, ἄνω εἰς Σηγὼο διασώθητι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν ἐμποησμόν, ὥσπεο Λώτ, φεῦγε ψυχή μου τῆς ἁμαοτίας, φεῦγε Σόδομα καὶ Γόμοροα, φεῦγε φλόγα, πάσης παοαλόγου ὀρέξεως.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐλέησον Κύριε, ἐλέησόν με ἀναβοῶ σοι ὅτε ἥξεις μετ' Ἀγγέλων σου, ἀποδοῦναι, πᾶσι κατ' ἀξίαν τῶν πράξεων.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν δέησιν Δέσποτα, τῶν σὲ ὑμνούντων μὴ ἀπορρίψης, ἀλλ' οἰκτείρησον φιλάνθρωπε, καὶ παράσχου, πίστει αἰτουμένοις τὴν ἄφεσιν.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Συνέχομαι κλύδωνι, καὶ τοικυμία Μῆτεο πταισμάτων, ἀλλ' αὐτή με νῦν διάσωσον, καὶ πρὸς ὄομον, θείας μετανοίας εἰσάγαγε.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Ἰκέσιον δέησιν, καὶ νῦν Ὁσία ποοσαγαγοῦσα, ποὸς τὴν εὔσπλαγχνον ποεσβεία σου, Θεοτόκον, ἄνοιξόν μοι θείας εἰσόδους σου.

before the Lord shuts the door of the bridal chamber.

Have mercy on me, O God. Have mercy on me.

Do not look back, my soul, and so be turned into a pillar of salt. Fear the example of the people of Sodom, and take refuge in Zoar.

Have mercy on me, O God. Have mercy on me.

Flee, my soul, like Lot from the burning of sin; flee from Sodom and Gomorrah; flee from the flame of every brutish desire.

Have mercy on me, O God. Have mercy on me.

Have mercy, O Lord, have mercy on me, I cry to You, when You come with Your angels to give to every man due return for his deeds.

Have mercy on me, O God. Have mercy on me.

Reject not, O Master, the prayer of those who sing Your praises, but in Your loving-kindness be merciful and grant forgiveness to them that ask with faith.

Holy Mother Mary, pray to God for us.

I am held fast, O Mother, by the tempest and billows of sin. Keep me safe and lead me to the haven of divine repentance.

Holy Mother Mary, pray to God for us.

O holy Mary, offer your prayer of supplication to the compassionate Theotokos, and through your intercessions open to me the door that leads to God. Άγιε τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Ταῖς σαῖς λιταῖς δώρησαι, κἀμοὶ τὴν λύσιν τῶν ὀφλημάτων, ὧ Ἀνδρέα Κρήτης Πρόεδρε, μετανοίας· σὰ μυσταγωγὸς γὰρ πανάριστος.

# Δόξα. Τοιαδικόν.

Μονὰς ἁπλὴ ἄκτιστε, ἄναρχε φύσις ἡ ἐν Τριάδι, ὑμνουμένη ὑποστάσεων, ἡμᾶς σῶσον, πίστει προσκυνοῦντας τὸ κράτος σου.

## Καὶ νῦν. Θεοτοκίον.

Τὸν ἐκ Πατρὸς ἄχρονον, Υίὸν ἐν χρόνω Θεογεννῆτορ, ἀπειράνδρως ἀπεκύησας, ξένον θαῦμα! μείνασα Παρθένος θηλάζουσα.

# Ώιδὴ δ'. Ὁ Εἱρμός.

Άκήκοεν ὁ Ποοφήτης, τὴν ἔλευσίν σου Κύριε, καὶ ἐφοβήθη, ὅτι μέλλεις ἐκ Παρθένου τίκτεσθαι, καὶ ἀνθρώποις δείκνυσθαι, καὶ ἔλεγεν Ἀκήκοα τὴν ἀκοήν σου καὶ ἐφοβήθην, δόξα τῆ δυνάμει σου Κύριε. (δίς)

# Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὰ ἔργα σου μὴ παρίδης, τὸ πλάσμα σου μὴ παρόψη Δικαιοκρῖτα· εἰ καὶ μόνος ἥμαρτον ὡς ἄνθρωπος, ὑπὲρ πάντα ἄνθρωπον Φιλάνθρωπε, ἀλλ' ἔχεις ὡς Κύριος πάντων τὴν ἐξουσίαν, ἀφιέναι άμαρτήματα.

Holy Father Andrew, pray to God for us.

Through your prayers grant even to me forgiveness of trespasses, O Andrew, Bishop of Crete, best of guides, leading us to the mysteries of repentance.

# Glory. For the Trinity.

O simple Unity praised in Trinity of Persons, uncreated Nature without beginning, save us who in faith worship Your power.

### Both now. Theotokion.

O Mother of God, without knowing man you gave birth within time to the Son, who was begotten outside time from the Father; and, strange wonder! you nurse Him while still remaining Virgin.

### Ode iv. Heirmos.

On hearing about Your advent, \* O Lord, the Prophet Habakkuk of old was frightened: \* that You purposed from a Virgin to be born \* and appear to humankind. And thus he said: \* O Lord, I have heard Your report and I am frightened. \* Glory to Your power, O Lord my God. (2)

# Troparia.

Have mercy on me, O God. Have mercy on me.

O righteous Judge, despise not Your works; forsake not Your creation. I have sinned as a man, I alone, more than any other man, O You Who love mankind. But as Lord of all You have the power to pardon sins.

Έγγίζει ψυχὴ τὸ τέλος, ἐγγίζει καὶ οὐ φροντίζεις, οὐχ ἑτοιμάζη. Ὁ καιρὸς συντέμνει, διανάστηθι, ἐγγὺς ἐπὶ θύραις ὁ Κριτής ἐστιν, ὡς ὄναρ, ὡς ἄνθος ὁ χρόνος τοῦ βίου τρέχει, τί μάτην ταραττόμεθα;

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Άνάνηψον ὧ ψυχή μου, τὰς πράξεις σου ᾶς εἰργάσω ἀναλογίζου, καὶ ταύταις ἐπ' ὄψεσι προσάγαγε, καὶ σταγόνας στάλαξον δακρύων σου, εἰπὲ παρρησία τὰς πράξεις, τὰς ἐνθυμήσεις, Χριστῷ, καὶ δικαιώθητι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Οὐ γέγονεν ἐν τῷ βίῳ, ἁμάςτημα οὐδὲ πςᾶξις, οὐδὲ κακία, ἣν ἐγὼ Σωτὴς οὐκ ἐπλημμέλησα, κατὰ νοῦν καὶ λόγον, καὶ πςοαίςεσιν, καὶ θέσει, καὶ γνώμη, καὶ πςάξει ἐξαμαςτήσας, ὡς ἄλλος οὐδεὶς πώποτε.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Έντεῦθεν καὶ κατεκρίθην, ἐντεῦθεν κατεδικάσθην ἐγὼ ὁ τάλας, ὑπὸ τῆς οἰκείας συνειδήσεως, ἦς οὐδὲν ἐν κόσμῳ βιαιότερον. Κριτὰ λυτρωτά μου καὶ γνῶστα, φεῖσαι καὶ ὁῦσαι, καὶ σῶσόν με τὸν δείλαιον.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἡ κλῖμαξ ἣν εἶδε πάλαι, ὁ μέγας ἐν Πατοιάοχαις, δεῖγμα ψυχή μου, ποακτικῆς ὑπάοχει ἐπιβάσεως, γνωστικῆς τυγχάνει Have mercy on me, O God. Have mercy on me.

The end draws near, my soul, the end draws near; yet you do not care or make ready. The time grows short, rise up: the Judge is at the door. The days of our life pass swiftly, as a dream, as a flower. Why do we trouble ourselves in vain?

Have mercy on me, O God. Have mercy on me.

Awake, my soul, consider the actions which you have done; set them before your eyes, and let the drops of your tears fall. With boldness tell Christ of your deeds and thoughts, and so be justified.

Have mercy on me, O God. Have mercy on me.

No sin has there been in life, no evil deed, no wickedness, that I have not committed, O Savior. I have sinned as no one ever before, in mind, word and intent, in disposition, thought and act.

Have mercy on me, O God. Have mercy on me.

For this I am condemned in my misery, for this I am convicted by the verdict of my own conscience, which is more compelling than all else in the world. O my Judge and Redeemer, Who know my heart, spare and deliver and save me in my wretchedness.

Have mercy on me, O God. Have mercy on me.

The ladder which the great Patriarch Jacob saw of old is an example, O my soul, of approach through action and of ascent in ἀναβάσεως, εὶ θέλεις οὖν ποάξει, καὶ γνώσει καὶ θεωοία, βιοῦν ἀνακαινίσθητι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν καύσωνα τῆς ἡμέρας, ὑπέμεινε δι' ἔνδειαν ὁ Πατριάρχης καὶ τὸν παγετὸν τῆς νυκτὸς ἤνεγκε, καθ' ἡμέραν κλέμματα ποιούμενος, ποιμαίνων, πυκτεύων, δουλεύων, ἵνα τὰς δύο, γυναῖκας εἰσαγάγηται.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Γυναῖκάς μοι δύο νόει, τὴν ποᾶξίν τε καὶ τὴν γνῶσιν ἐν θεωρίᾳ, τὴν μὲν Λείαν, ποᾶξιν ὡς πολύτεκνον τὴν Ῥαχὴλ δέ, γνῶσιν ὡς πολύπονον καὶ γὰρ ἄνευ πόνων, οὐ ποᾶξις, οὐ θεωρία, ψυχὴ κατορθωθήσεται.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Γρηγόρησον ὧ ψυχή μου, ἀρίστευσον ὡς ὁ μέγας ἐν Πατριάρχαις, ἵνα κτήση πρᾶξιν μετὰ γνώσεως, ἵνα χρηματίσης νοῦς ὁρῶν τὸν Θεόν, καὶ φθάσης τὸν ἄδυτον γνόφον ἐν θεωρία, καὶ γένη μεγαλέμπορος.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τοὺς δώδεκα Πατριάρχας, ὁ μέγας ἐν Πατριάρχαις παιδοποιήσας, μυστικῶς ἐστήριξέ σοι κλίμακα, πρακτικῆς ψυχὴ μου ἀναβάσεως, τοὺς παῖδας, ὡς βάθρα, τὰς βάσεις, ὡς ἀναβάσεις, πανσόφως ὑποθέμενος.

knowledge. If then you wish to live rightly in action and knowledge and contemplation, be you made new.

Have mercy on me, O God. Have mercy on me.

In privation Jacob the Patriarch endured the burning heat by day and the frost by night, making daily gains of sheep and cattle, shepherding, wrestling, and serving, to win his two wives.

Have mercy on me, O God. Have mercy on me.

By the two wives, understand action and knowledge in contemplation. Leah is action, for she had many children; and Rachel is knowledge, for she endured great toil. For without toil, O my soul, neither action nor contemplation will succeed.

Have mercy on me, O God. Have mercy on me.

Be watchful, O my soul, be full of courage like Jacob the great Patriarch, that you may acquire action with knowledge, and be named Israel, "the mind that sees God"; so shall you reach by contemplation the innermost darkness and gain great merchandise.

Have mercy on me, O God. Have mercy on me.

The great Patriarch had the twelve Patriarchs as children, and so he mystically established for you, my soul, a ladder of ascent through action, in his wisdom setting his children as steps, by which you can mount upwards.

Ήσαῦ τὸν μεμισημενον, ζηλοῦσα ψυχή, ἀπέδου τῷ πτερνιστῆ σου, τὰ τοῦ πρώτου κάλλους πρωτοτόκια, καὶ τῆς πατρικῆς εὐχῆς ἐξέπεσας, καὶ δὶς ἑπτερνίσθης ἀθλία, πράξει καί, γνώσει διὸ νῦν μετανόησον.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐδὼμ ὁ Ἡσαῦ ἐκλήθη, δι' ἄκραν θηλυμανίας ἐπιμιξίαν· ἀκρασία γὰρ ἀεὶ πυρούμενος, καὶ ταῖς ἡδοναῖς κατασπιλούμενος. Ἐδὼμ ἀνομάσθη, ὃ λέγεται θερμασία, ψυχῆς φιλαμαρτήμονος.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἰὼβ τὸν ἐπὶ κοπρίας, ἀκούσασα ὧ ψυχή μου δικαιωθέντα, τὴν αὐτοῦ ἀνδρείαν οὐκ ἐζήλωσας, τὸ στερρὸν οὐκ ἔσχες τῆς προθέσεως, ἐν πᾶσιν οἷς ἔγνως, οἷς οἶδας, οἷς ἐπειράσθης, ἀλλ' ὤφθης ἀκαρτέρητος.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ό πρότερον ἐπὶ θρόνου, γυμνὸς νῦν ἐπὶ κοπρίας καθηλκωμένος, ὁ πολὺς ἐν τέκνοις καὶ περίβλεπτος, ἄπαις ἀφαιρέοικος αἰφνίδιον παλάτιον γὰρ τὴν κοπρίαν, καὶ μαργαρίτας, τὰ ἕλκη ἐλογίζετο.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Βασίλειον τὴν ἀξίαν, διάδημα καὶ πορφύραν ἠμφιεσμένος, πολυκτήμων ἄνθρωπος καὶ δίκαιος, πλούτω ἐπιβρίθων Have mercy on me, O God. Have mercy on me.

You have rivaled Esau the hated, O my soul, and given the birthright of your first beauty to the supplanter; you have lost your father's blessing and in your wretchedness been twice supplanted, in action and in knowledge. Therefore repent now.

Have mercy on me, O God. Have mercy on me.

Esau was called Edom because of his raging love for women; burning always with unrestrained desires and stained with sensual pleasure, he was named "Edom", which means the red heat of a soul that loves sin.

Have mercy on me, O God. Have mercy on me.

You have heard, O my soul, of Job justified on a dung-hill, but you have not imitated his fortitude. In all your experiences and trials and temptations, you have not kept firmly to your purpose but have proved inconstant.

Have mercy on me, O God. Have mercy on me.

Once he sat upon a throne, but now he sits upon a dung-hill, naked and covered with sores. Once he was blessed with many children and admired by all, but suddenly he is childless and homeless. Yet he counted the dung-hill as a palace and his sores as pearls.

Have mercy on me, O God. Have mercy on me.

A man of great wealth and righteous, abounding in riches and cattle, clothed in royal dignity, in crown and purple robe, καὶ βοσκήμασιν, ἐξαίφνης τὸν πλοῦτον, τὴν δόξαν, τὴν βασιλείαν, πτωχεύσας ἀπεκείρατο.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Εὶ δίκαιος ἦν ἐκεῖνος, καὶ ἄμεμπτος παρὰ πάντας, καὶ οὐκ ἀπέδρα, τὰ τοῦ πλάνου ἔνεδρα καὶ σκάμματα, σὺ φιλαμαρτήμων οὖσα τάλαινα, ψυχὴ τί ποιήσεις, ἐάν τι τῶν ἀδοκήτων, συμβῆ ἐπενεχθῆναί σοι;

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸ σῶμα κατερουπώθην, τὸ πνεῦμα κατεσπιλώθην, ὅλως ἡλκώθην, ἀλλ' ὡς ἀποὸς Χριστὲ ἀμφότερα, διὰ μετανοίας μοι θεράπευσον, ἀπόλουσον, κάθαρον, πλῦνον, δεῖξον Σωτήρ μου, χιόνος καθαρώτερον.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸ Σῶμά σου καὶ τὸ Αἶμα, σταυρούμενος ὑπὲρ πάντων, ἔθηκας Λόγε, τὸ μὲν Σῶμα, ἵνα ἀναπλάσης με, τὸ δὲ Αἶμα, ἵνα ἀποπλύνης με, τὸ πνεῦμα παρέδωκας, ἵνα ἐμὲ προσάξης, Χριστὲ τῷ σῷ Γεννήτορι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Εἰργάσω τὴν σωτηρίαν, ἐν μέσω τῆς γῆς οἰκτίρμον, ἵνα σωθῶμεν, ἑκουσίως ξύλω ἀνεσταύρωσαι, ἡ Ἐδὲμ κλεισθεῖσα ἀνεώγνυτο τὰ ἄνω, τὰ κάτω, ἡ κτίσις, τὰ ἔθνη πάντα, σωθέντα προσκυνοῦσί σε. Job became suddenly a beggar, stripped of wealth, glory and kingship.

Have mercy on me, O God. Have mercy on me.

If he who was righteous and blameless above all men did not escape the snares and pits of the deceiver, what will you do, wretched and sin-loving soul, when some sudden misfortune befalls you?

Have mercy on me, O God. Have mercy on me.

I have defiled my body, I have stained my spirit, and I am all covered with wounds: but as physician, Christ, heal both body and spirit for me through repentance. Wash, purify, and cleanse me, O my Savior, and make me whiter than snow.

Have mercy on me, O God. Have mercy on me.

Your Body and Your Blood, O Word, You offered at Your Crucifixion for the sake of all: Your Body to refashion me, Your Blood to wash me clean; and You gave up Your spirit, O Christ, to bring me to Your Father.

Have mercy on me, O God. Have mercy on me.

O Creator, You worked salvation in the midst of the earth, that we might be saved. You were crucified of Your own will upon the Tree; and Eden, closed until then, was opened. Things above and things below, the creation and all the peoples have been saved and worship You.

Γενέσθω μοι κολυμβήθοα, τὸ Αἶμα τὸ ἐκ πλευοᾶς σου, ἄμα καὶ πόμα, τὸ πηγάσαν ὕδωο τῆς ἀφέσεως, ἵνα ἑκατέρωθεν καθαίρωμαι, χοιόμενος, πίνων, ὡς χοῖσμα καὶ πόμα Λόγε, τὰ ζωηρά σου λόγια.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Γυμνός εἰμι τοῦ Νυμφῶνος, γυμνός εἰμι καὶ τοῦ γάμου, ἄμα καὶ δείπνου, ἡ λαμπὰς ἐσβέσθη ὡς ἀνέλαιος, ἡ παστὰς ἐκλείσθη μοι καθεύδοντι, τὸ δεῖπνον ἐβρώθη· ἐγὼ δὲ χεῖρας καὶ πόδας, δεθεὶς ἔξω ἀπέρριμμαι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Κρατῆρα ἡ Ἐκκλησία, ἐκτήσατο τὴν Πλευράν σου τὴν ζωηφόρον, ἐξ ἦς ὁ διπλοῦς ἡμῖν ἐξέβλυσε, κρουνὸς τῆς ἀφέσεως καὶ γνώσεως, εἰς τύπον τῆς πάλαι, τῆς νέας, τῶν δύο ἄμα, Διαθηκῶν Σωτὴρ ἡμῶν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ό χρόνος ὁ τῆς ζωῆς μου, ὀλίγος καὶ πλήρης πόνων καὶ πονηρίας, ἀλλ' ἐν μετανοία με παράλαβε, καὶ ἐν ἐπιγνώσει ἀνακάλεσαι μὴ γένωμαι κτῆμα, μὴ βρῶμα τοῦ ἀλλοτρίου. Σωτὴρ αὐτός με οἴκτειρον.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ύψήγορος νῦν ὑπάρχω, θρασὺς δὲ καὶ τὴν καρδίαν, εἰκῆ καὶ μάτην μὴ τῷ Φαρισαίῳ συγκαταδικάσης με, μᾶλλον τοῦ Τελώνου τὴν ταπείνωσιν, παράσχου

Have mercy on me, O God. Have mercy on me.

May the Blood from Your side be to me a cleansing fount, and may the Water that flows with it be a drink of forgiveness. May I be purified by both, O Word, anointed and refreshed, having as ointment and drink Your words of life.

Have mercy on me, O God. Have mercy on me.

I am deprived of the bridal chamber, of the wedding and the supper; for lack of oil my lamp has gone out; while I slept the door was closed; the supper has been eaten; I am bound hand and foot, and cast out.

Have mercy on me, O God. Have mercy on me.

As a chalice, O my Savior, the Church has been granted Your life-giving side, from which there flows down to us a twofold stream of forgiveness and knowledge, representing the two Covenants, the Old and the New.

Have mercy on me, O God. Have mercy on me.

The time of my life is short, filled with trouble and evil. But accept me in repentance and call me back to knowledge. Let me not become the possession and food of the enemy; but, O Savior, take pity on me.

Have mercy on me, O God. Have mercy on me.

Now I speak boastfully, with boldness of heart; yet all to no purpose and in vain. O righteous Judge, Who alone are compassionate, do not condemn me with the μοι μόνε οἰκτίομον, δικαιοκοῖτα, καὶ τούτω συναρίθμησον.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐξήμαςτον ἐνυβςίσας, τὸ σκεῦος τὸ τῆς σαςκός μου, οἶδα οἰκτίςμον, ἀλλ' ἐν μετανοία με παςάλαβε, καὶ ἐν ἐπιγνώσει ἀνακάλεσαι, μὴ γένωμαι κτῆμα, μὴ βςῶμα τοῦ ἀλλοτςίου. Σωτὴς αὐτός με οἴκτειςον.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Αὐτείδωλον ἐγενόμην, τοῖς πάθεσι τὴν ψυχήν μου καταμολύνας, ἀλλ' ἐν μετανοία με παράλαβε, καὶ ἐν ἐπιγνώσει ἀνακάλεσαι, μὴ γένωμαι κτῆμα, μὴ βρῶμα τοῦ ἀλλοτρίου. Σωτὴρ αὐτός με οἴκτειρον.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Οὐκ ἤκουσα τῆς φωνῆς σου, παρήκουσα τῆς γραφῆς σου τοῦ Νομοθέτου, ἀλλ' ἐν μετανοίᾳ με παράλαβε, καὶ ἐν ἐπιγνώσει ἀνακάλεσαι, μὴ γένωμαι κτῆμα, μὴ βρῶμα τοῦ ἀλλοτρίου, Σωτὴρ αὐτός με οἴκτειρον.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Ασώματον πολιτείαν, ἐν σώματι μετελθοῦσα, χάριν Ὁσία, πρὸς Θεοῦ μεγίστην ὄντως εἴληφας, τῶν πιστῶς τιμώντων σε προΐστασο· διὸ δυσωποῦμεν, παντοίων πειρατηρίων, ἡμᾶς εὐχαῖς σου λύτρωσαι.

Pharisee; but grant me the abasement of the Publican and number me with him.

Have mercy on me, O God. Have mercy on me.

I know, O compassionate Lord, that I have sinned and violated the vessel of my flesh. But accept me in repentance and call me back to knowledge. Let me not become the possession and food of the enemy; but, O Savior, take pity on me.

Have mercy on me, O God. Have mercy on me.

I have become my own idol, utterly defiling my soul with the passions. But accept me in repentance and call me back to knowledge. Let me not become the possession and food of the enemy; but, O Savior, take pity on me.

Have mercy on me, O God. Have mercy on me.

I have not hearkened to Your voice, I have not heeded Your Scripture, O Giver of the Law. But accept me in repentance and call me back to knowledge. Let me not become the possession and food of the enemy; but, O Savior, take pity on me.

Holy Mother Mary, pray to God for us.

You lived a bodiless life in the body, O holy Mary, and you received great grace from God. Protect us who honor you with faith and, we entreat you, deliver us by your prayers from every trial.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Μεγάλων ἀτοπημάτων, εἰς βάθος κατενεχθεῖσα, οὐ κατεσχέθης, ἀλλ' ἀνέδοαμες λογισμῷ κρείττονι, πρὸς τὴν ἀκροτάτην διαπράξεως, σαφῶς ἀρετὴν παραδόξως, Ἁγγέλων φύσιν, Μαρία καταπλήξασα.

Άγιε τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Άνδοέα Πατέρων κλέος, εὐχαῖς σου μὴ ἐπιλάθη καθικετεύων, παρεστὼς Τριάδα τὴν ὑπέρθεον, ὅπως λυτρωθῶμεν τῆς κολάσεως, οἱ πόθω προστάτην σε θεῖον, ἐπικαλοῦντες, τὸ Κρήτης ἐγκαλλώπισμα.

# Δόξα. Τοιαδικόν.

Άμέριστον τῆ οὐσία, ἀσύγχυτον τοῖς προσώποις θεολογῶ σε, τὴν Τριαδικὴν μίαν Θεότητα, ὡς Ὁμοβασίλειον καὶ σύνθρονον, βοῶ σοι τὸ Ἅισμα, τὸ μέγα, τὸ ἐν ὑψίστοις, τρισσῶς ὑμνολογούμενον.

### Καὶ νῦν. Θεοτοκίον.

Καὶ τίκτεις καὶ παρθενεύεις, καὶ μένεις δι' ἀμφοτέρων, φύσει Παρθένος, ὁ τεχθεὶς καινίζει νόμους φύσεως, ἡ νηδὺς δὲ κύει μὴ λοχεύουσα, Θεὸς ὅπου θέλει, νικᾶται φύσεως τάξις ποιεῖ γὰρ ὅσα βούλεται.

## Ωιδη ε'. Ὁ Εἱρμός.

Ἐκ νυκτὸς ὀρθρίζοντα Φιλάνθρωπε, φώτισον δέομαι, καὶ ὁδήγησον κἀμέ, ἐν τοῖς προστάγμασί σου, καὶ δίδαξον με ποιεῖν, ἀεὶ τὸ θέλημά σου. (δίς)

Holy Mother Mary, pray to God for us.

You were brought down into an abyss of great iniquity, yet not held fast within it: but with better intent you mounted through action to the height of virtue, past all expectation: and the angels, O Mary, were amazed at you.

Holy Father Andrew, pray to God for us.

O Andrew, renowned among the fathers, glory of Crete, as you stand before the Trinity supreme in Godhead, in your prayers do not forget to ask that we may be delivered from torment; for we call upon you with love as our advocate in Heaven.

# Glory. For the Trinity.

Undivided in Essence, unconfused in Persons, I confess You as God: Triune Deity, one in kingship and throne; and to You I raise the great thrice-holy hymn that is sung on high.

### Both now. **Theotokion**.

You give birth and are a virgin, and in both you remain by nature inviolate. He Who is born makes new the laws of nature, and the womb brings forth without travail. When God so wills, the natural order is overcome; for He does whatever He wishes.

## Ode v. Heirmos.

Early in the morning I awake from night.

\* Lover of man, I pray, \* give me light and guide me in the way of Your commandments, 
\* and teach me ever to do Your holy will, O Savior. (2)

# Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Έν νυκτὶ τὸν βίον μου διῆλθον ἀεί· σκότος γὰς γέγονε, καὶ βαθεῖά μοι ἀχλύς, ἡ νὺξ τῆς ἁμαςτίας, ἀλλ' ὡς ἡμέςας υἱόν, Σωτὴς ἀνάδειξόν με.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν Ρουβὶμ μιμούμενος ὁ τάλας ἐγώ, ἔπραξα ἄθεσμον, καὶ παράνομον βουλήν, κατὰ Θεοῦ Ύψίστου, μιάνας κοίτην ἐμήν, ώς τοῦ πατρὸς ἐκεῖνος.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Έξομολογοῦμαί σοι Χοιστὲ Βασιλεῦ. Ήμαοτον ἥμαοτον, ὡς οἱ ποὶν τῷ Ἰωσήφ, ἀδελφοὶ πεποακότες, τὸν τῆς ἁγνείας καοπόν, καὶ τὸν τῆς σωφοοσύνης.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Υπὸ τῶν συγγόνων ἡ δικαία ψυχή, δέδοτο πέπρατο, εἰς δουλείαν ὁ γλυκύς, εἰς τύπον τοῦ Κυρίου αὐτὴ δὲ ὅλη ψυχή, ἐπράθης τοῖς κακοῖς σου.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἰωσὴφ τὸν δίκαιον, καὶ σώφοονα νοῦν, μίμησαι τάλαινα, καὶ ἀδόκιμε ψυχή, καὶ μὴ ἀκολασταίνου, ταῖς παραλόγοις ὁρμαῖς, ἀεὶ παρανομοῦσα.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Εἰ καὶ λάκκω ὤκησε ποτὲ Ἰωσήφ, Δέσποτα Κύοιε, ἀλλ' εἰς τύπον τῆς Ταφῆς,

# Troparia.

Have mercy on me, O God. Have mercy on me.

In night have I passed all my life: for the night of sin has covered me with darkness and thick mist. But make me, O Savior, a son of the day.

Have mercy on me, O God. Have mercy on me.

In my misery I followed Reuben's example, and devised a wicked and unlawful plan against the most-high God, defiling my bed as he defiled his father's.

Have mercy on me, O God. Have mercy on me.

I confess to You, O Christ my King: I have sinned; I have sinned like the brethren of Joseph, who once sold the fruit of purity and chastity.

Have mercy on me, O God. Have mercy on me.

As a figure of the Lord, O my soul, the righteous and gentle Joseph was sold into bondage by his brethren; but you sold yourself entirely to your sins.

Have mercy on me, O God. Have mercy on me.

O miserable and wicked soul, imitate the righteous and pure mind of Joseph; and do not live in wantonness, sinfully indulging your disordered desires.

Have mercy on me, O God. Have mercy on me.

Once Joseph was cast into a pit, O Lord and Master, as a figure of Your Burial and

καὶ τῆς Ἐγέρσεώς σου· ἐγὼ δέ τί σοι ποτέ, τοιοῦτο προσενέγκω;

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τοῦ Μωσέως ἤκουσας τὴν θίβην ψυχή, ὕδασι, κύμασι φερομένην ποταμοῦ, ὡς ἐν θαλάμω πάλαι, φυγοῦσαν δρᾶμα πικρόν, βουλῆς Φαραωνίτου.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Εἰ τὰς μαίας ἤκουσας κτεινούσας ποτέ, ἄνηβον τάλαινα, τὴν ἀροενωπὸν ψυχή, τῆς σωφροσύνης πρᾶξιν, νῦν ὡς ὁ μέγας Μωσῆς, τιθηνοῦ τὴν σοφίαν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ώς Μωσῆς ὁ μέγας τὸν Αἰγύπτιον νοῦν, πλήξασα τάλαινα, οὐκ ἀπέκτεινας ψυχή, καὶ πῶς οἰκήσεις λέγε, τὴν ἔρημον τῶν παθῶν, διὰ τῆς μετανοίας;

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὰς ἐξήμους ὤκησεν ὁ μέγας Μωσῆς, δεῦξο ἵνα καὶ τῆς δὲ μίμησαι, τὴν αὐτοῦ διαγωγήν, ἐν βάτω, θεοφανείας ψυχή, ἐν θεωξία γένη.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν Μωσέως ὁάβδον εἰκονίζου ψυχή, πλήττουσαν θάλασσαν, καὶ πηγνύουσαν βυθόν, τύπω Σταυροῦ τοῦ θείου, δι' οὖ δυνήση καὶ σύ, μεγάλα ἐκτελέσαι.

Resurrection. But what offering such as this shall I ever make to You?

Have mercy on me, O God. Have mercy on me.

You have heard, my soul, of the basket of Moses: how he was borne on the waves of the river as if in a shrine; and so he avoided the bitter execution of Pharaoh's decree.

Have mercy on me, O God. Have mercy on me.

You have heard, wretched soul, of the midwives who once killed in its infancy the manly action of self-control: like great Moses, then, be suckled on wisdom.

Have mercy on me, O God. Have mercy on me.

O miserable soul, you have not struck and killed the Egyptian mind, as did Moses the great. Tell me, then, how will you go to dwell through repentance in the wilderness empty of passions?

Have mercy on me, O God. Have mercy on me.

Moses the great went to dwell in the desert. Come, seek to follow his way of life, my soul, that in contemplation you may attain the vision of God in the bush.

Have mercy on me, O God. Have mercy on me.

Picture to yourself, my soul, the rod of Moses striking the sea and making hard the deep by the sign of the Holy Cross. Through the Cross you also can do great things.

Άαρὼν προσέφερε τὸ πῦρ τῷ Θεῷ, ἄμωμον ἄδολον, ἀλλ' ὀφνεῖ, καὶ Φινεές, ὡς σὺ ψυχὴ προσῆγον, ἀλλότριον τῷ Θεῷ, ἑερυπωμένον βίον.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ώς βαρὺς τὴν γνώμην Φαραὼ τῷ πικρῷ, γέγονα Κύριε, Ἰαννὴς καὶ Ἰαμβρὴς τὴν ψυχὴν καὶ τὸ σῶμα, καὶ ὑποβρύχιος νοῦς, ἀλλὰ βοήθησόν μοι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τῷ πηλῷ συμπέφυρμαι ὁ τάλας τὸν νοῦν, πλῦνόν με Δέσποτα, τῷ λουτῆρι τῶν ἐμῶν, δακρύων δέομαί σου, τὴν τῆς σαρκός μου στολήν, λευκάνας ὡς χιόνα.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐὰν ἐᾳευνήσω μου τὰ ἔᾳγα Σωτήᾳ, ἄπαντα ἄνθᾳωπον, ὑπεᾳβάντα ἐμαυτόν, ὁᾳῶ ταῖς ἁμαᾳτίαις, ὅτι ἐν γνώσει φᾳενῶν, ἤμαᾳτον, οὐκ ἀγνοίᾳ.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Φεῖσαι φεῖσαι Κύριε, τοῦ πλάσματός σου. Ἡμαρτον ἄνες μοι, ὁ τῆ φύσει καθαρός, αὐτὸς ὑπάρχων μόνος, καὶ ἄλλος πλήν σου οὐδείς, ὑπάρχει ἔξω ῥύπου.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Δι' ἐμὲ Θεὸς ὢν ἐμοοφώθης ἐμέ, ἔδειξας θαύματα, ἰασάμενος λεποούς, καὶ Have mercy on me, O God. Have mercy on me.

Aaron offered to God fire that was blameless and undefiled, but Hophni and Phinehas brought to Him, as you have done, my soul, strange fire and a polluted life.

Have mercy on me, O God. Have mercy on me.

In my soul and body, O Lord, I have become like Jannes and Jambres, the magicians of cruel Pharaoh; my will is heavy and my mind is drowned beneath the waters. But come to my aid.

Have mercy on me, O God. Have mercy on me.

Woe is me! I have defiled my mind with filth. But I pray to You, O Master: wash me clean in the waters of my tears, and make the garment of my flesh white as snow.

Have mercy on me, O God. Have mercy on me.

When I examine my actions, O Savior, I see that I have gone beyond all men in sin; for I knew and understood what I did; I was not sinning in ignorance.

Have mercy on me, O God. Have mercy on me.

Spare, O spare the work of Your hands, O Lord. I have sinned, forgive me: for You alone are pure by nature, and none except You is free from defilement.

Have mercy on me, O God. Have mercy on me.

You who are God, O Savior, were for my sake fashioned as I am. You performed παραλύτους σφίγξας, Αίμόρρου στήσας Σωτήρ, άφῆ κρασπέδου δύσιν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν Αἱμόροουν μίμησαι ἀθλία ψυχὴ πρόσδραμε κράτησον, τοῦ κρασπέδου τοῦ Χριστοῦ, ἵνα ἡυσθῆς μαστίγων, ἀκούσης δὲ παρ' αὐτοῦ Ἡ πίστις σου σέσωκέ σε.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν χαμαὶ συγκύπτουσαν μιμοῦ ὧ ψυχή, πρόσελθε, πρόσπεσον, τοῖς ποσὶ τοῦ Ἰησοῦ, ἵνα σε ἀνορθώση, καὶ βηματίσεις ὀρθῶς, τὰς τρίβους τοῦ Κυρίου.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Εἰ καὶ φοέαο Δέσποτα ὑπάοχεις βαθύ, βλῦσόν μοι νάματα, ἐξ ἀχράντων σου φλεβῶν, ἵν' ὡς ἡ Σαμαρεῖτις, μηκέτι πίνων διψῶ· ζωῆς γὰρ ὁεῖθρα βρύεις.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Σιλωὰμ γενέσθω μοι τὰ δάκουά μου, Δέσποτα Κύοιε, ἵνα νίψωμαι κἀγώ, τὰς κόρας τῆς καρδίας, καὶ ἴδω σε νοερῶς, τὸ φῶς τὸ πρὸ αἰώνων.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Άσυγκρίτω ἔρωτι πανόλβιε, ξύλον ποθήσασα, προσκυνῆσαι τοῦ Σταυροῦ, ἠξίωσαι τοῦ πόθου, ἀξίωσον οὖν κἀμέ, τυχεῖν τῆς ἄνω δόξης.

miracles, healing lepers, giving strength to the paralyzed, stopping the issue of blood when the woman touched the hem of Your garment.

Have mercy on me, O God. Have mercy on me.

O wretched soul, do as the woman with an issue of blood: run quickly, grasp the hem of the garment of Christ, so shall you be healed of your afflictions and hear Him say: Your faith has saved you.

Have mercy on me, O God. Have mercy on me.

O my soul, do as the woman who was bowed down to the ground. Fall at the feet of Jesus, that He may make you straight again; and you shall walk upright upon the paths of the Lord.

Have mercy on me, O God. Have mercy on me.

You are a deep well, O Master: make springs gush forth for me from Your pure veins, that like the woman of Samaria I may drink and thirst no more; for from You flow the streams of life.

Have mercy on me, O God. Have mercy on me.

O Master and Lord, may my tears be to me as Siloam: that I also may wash clean the eyes of my heart, and with my mind behold You, the pre-eternal Light.

Holy Mother Mary, pray to God for us.

O blessed saint, with a love beyond compare you longed to venerate the wood of the Cross, and your desire was granted. Make me also worthy to attain the glory on high.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Υεῖθοον Ἰοοδάνειον περάσασα, εὖρες ἀνάπαυσιν, τὴν ἀνώδυνον σαρκός, ἡδονὴν ἐκφυγοῦσα, ἦς καὶ ἡμᾶς ἐξελοῦ, σαῖς προσευχαῖς Όσία.

Άγιε τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Ώς ποιμένων ἄριστον Άνδρέα σόφε, πρόκριτον ὄντα σε, πόθω δέομαι πολλῷ, καὶ φόβω σαῖς πρεσβείαις, τῆς σωτηρίας τυχεῖν, καὶ ζωῆς αἰωνίου.

## Δόξα. Τοιαδικόν.

Σὲ Τοιὰς δοξάζομεν τὸν ἕνα Θεόν, Ἅγιος, Ἅγιος, Ἅγιος εἶ ὁ Πατήο, ὁ Υίὸς καὶ τὸ Πνεῦμα, ἁπλὴ οὐσία Μονάς, ἀεὶ προσκυνουμένη.

## Καὶ νῦν. Θεοτοκίον.

Ἐκ σοῦ ἠμφιάσατο τὸ φύραμά μου, ἄφθορε ἄνανδρε, Μητροπάρθενε Θεός, ὁ κτίσας τοὺς αἰῶνας, καὶ ἥνωσεν ἑαυτῷ, τὴν τῶν ἀνθρώπων φύσιν.

## 'Ωιδή ζ'. Ὁ Εἰρμός.

Ἐβόησα, ἐν ὅλη καοδία μου, ποὸς τὸν οἰκτίομονα Θεόν, καὶ ἑπήκουσέ μου, ἐξ Ἅιδου κατωτάτου, καὶ ἀνήγαγεν, ἐκ φθορᾶς τὴν ζωήν μου. (δίς)

## Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὰ δάκουα Σωτὴο τῶν ὀμμάτων μου, καὶ τοὺς ἐκ βάθους στεναγμούς, καθαοῶς προσφέρω, βοώσης τῆς καρδίας, ὁ Θεὸς ἡμάρτηκά σοι, ἱλάσθητί μοι.

Holy Mother Mary, pray to God for us.

Crossing the stream of the Jordan, you found peace, escaping from the deadening pleasures of the flesh. Deliver us also from them, holy Mary, by your intercessions.

Holy Father Andrew, pray to God for us.

Best of pastors, chosen above all others, O wise Andrew, with great love and fear I beseech you: through your intercessions may I receive salvation and eternal life.

## Glory. For the Trinity.

We glorify You, O Trinity, the one God. Holy, holy, holy, are You: Father, Son, and Spirit, simple Essence and Unity, worshipped forever.

#### Both now. Theotokion.

O Virgin inviolate and Mother who has not known man, from you has God, the Creator of the ages, taken human flesh, uniting to Himself the nature of men.

#### Ode vi. Heirmos.

I cried aloud and shouted with all my heart \* unto the tender-loving God, \* and He heard my voice from the lowest depths of Hades, \* and He raised my life from the pit of corruption. (2)

## Troparia.

Have mercy on me, O God. Have mercy on me.

I offer to You in purity, O Savior, the tears of my eyes and groanings from the depths of my heart, crying: "I have sinned against You, O God; be merciful to me."

Έξένευσας ψυχὴ τοῦ Κυρίου σου, ὥσπερ Δαθὰν καὶ Ἀβειρών ἀλλὰ φεῖσαι κράξον, ἐξ Ἅιδου κατωτάτου, ἵνα μὴ τὸ χάσμα, τῆς γῆς σὲ συγκαλύψη.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ώς δάμαλις ψυχὴ παροιστρήσασα, ἐξωμοιώθης τῷ Ἐφραίμ, ὡς δορκὰς ἐκ βρόχων, ἀνάσωσον τὸν βίον, πτερωθεῖσα πράξει, καὶ νῷ καὶ θεωρία.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ή χεὶο ἡμᾶς Μωσέως πιστώσεται, ψυχὴ πῶς δύναται Θεός, λεποωθέντα βίον, λευκάναι καὶ καθάραι καὶ μὴ ἀπογνῷς σεαυτήν, κἂν ἐλεποώθης.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὰ κύματα, Σωτὴς τῶν πταισμάτων μου, ὡς ἐν θαλάσση Ἐςυθςᾳ, ἐπαναστραφέντα, ἐκάλυψέ με ἄφνω, ὡς τοὺς Αἰγυπτίους, ποτὲ καὶ τοὺς τριστάτας.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Άγνώμονα, ψυχὴ τὴν ποοαίοεσιν, ἔσχες ώς ποὶν ὁ Ἰσοαήλ· τοῦ γὰο θείου μάννα, ποοέκοινας ἀλόγως, τὴν φιλήδονον, τῶν παθῶν ἀδηφαγίαν.

Have mercy on me, O God. Have mercy on me.

Like Dathan and Abiram, O my soul, you have become a stranger to your Lord; but from the lowest depth of hell cry out, "Spare me," that the earth may not open and swallow you up.

Have mercy on me, O God. Have mercy on me.

Raging as a maddened heifer, O my soul, you have become like Ephraim. So rescue your life, like a hart from the nets, gaining wings through action and the mind's contemplation.

Have mercy on me, O God. Have mercy on me.

O my soul, the hand of Moses shall be our assurance, proving how God can cleanse a life full of leprosy and make it white as snow. So do not despair of yourself, though you are leprous.

Have mercy on me, O God. Have mercy on me.

The waves of my sins, O Savior, have returned and suddenly engulfed me, as the waters of the Red Sea engulfed the Egyptians of old and their charioteers.

Have mercy on me, O God. Have mercy on me.

Like Israel before you, you made a foolish choice, my soul; instead of the divine manna you senselessly preferred the pleasure-loving gluttony of the passions.

Τὰ ὕεια, κρέα καὶ τοὺς λέβητας, καὶ τὴν Αἰγύπτιον τροφήν, τῆς ἐπουρανίου, προέκρινας ψυχή μου ὡς ὁ πρὶν ἀγνώμων, λαὸς ἐν τῆ ἐρήμῳ.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὰ φοέατα, ψυχὴ ποοετίμησας, τῶν Χαναναίων ἐννοιῶν, τῆς φλεβὸς τὴν πέτοαν, ἐξ ῆς ὁ τῆς σοφίας, ὡς κοατὴο ποοχέει, κοουνοὺς θεολογίας.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ώς ἔπληξε, Μωσῆς ὁ θεράπων σου, ὁάβδω τὴν πέτραν τυπικῶς, τὴν ζωοποιόν σου, Πλευρὰν προδιετύπου, ἐξ ῆς πάντες πόμα, ζωῆς Σωτὴρ ἀντλοῦμεν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Έρεύνησον, ψυχὴ κατασκόπευσον, ώς Ἰησοῦς ὁ τοῦ Ναυῆ, τῆς κληφοδοσίας, τὴν γῆν ὁποία ἐστί, καὶ κατοίκησον, ἐν αὐτῆ δι' εὐνομίας.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Άντίστηθι, καὶ καταπολέμησον, ὡς Ἰησοῦς τὸν Ἀμαλήκ, τῆς σαρκὸς τὰ πάθη, καὶ τοὺς Γαβαωνίτας, τοὺς ἀπατηλοὺς λογισμούς, ἀεὶ νικῶσα.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Διάβηθι, τοῦ χοόνου τὴν ὁξουσαν, φύσιν ώς ποὶν ἡ Κιβωτός, καὶ τῆς γῆς ἐκείνης, Have mercy on me, O God. Have mercy on me.

O my soul, you preferred the swine's meat, the flesh-pots and the food of Egypt, to the food of Heaven, as the ungrateful people did of old in the wilderness.

Have mercy on me, O God. Have mercy on me.

O my soul, you valued the wells of Canaanite thoughts more than the veined Rock, Jesus, the Fountain of Wisdom from which flow the rivers of divine knowledge.

Have mercy on me, O God. Have mercy on me.

When Your servant Moses struck the rock with his rod, he prefigured Your life-giving side, O Savior, from which we all draw the water of life.

Have mercy on me, O God. Have mercy on me.

Like Joshua, the son of Nun, search and spy out the land of your inheritance, O my soul, and take up your dwelling within it, through obedience to the Law.

Have mercy on me, O God. Have mercy on me.

Rise up and make war upon the passions of the flesh, as Joshua against Amalek, ever gaining the victory over the Gibeonites, your deceitful thoughts.

Have mercy on me, O God. Have mercy on me.

O my soul, pass through the flowing waters of time like the Ark of old, and take

γενοῦ ἐν κατασχέσει, τῆς ἐπαγγελίας ψυχή, Θεὸς κελεύει.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ώς ἔσωσας, τὸν Πέτρον βοήσαντα, σῶσον προφθάσας με Σωτήρ, τοῦ θηρός με ἡῦσαι, ἐκτείνας σου τὴν χεῖρα, καὶ ἀνάγαγε τοῦ βυθοῦ τῆς ἁμαρτίας.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Λιμένα σε, γινώσκω γαλήνιον, Δέσποτα Δέσποτα Χοιστέ, ἀλλ' ἐκ τῶν ἀδύτων, βυθῶν τῆς ἁμαοτίας, καὶ τῆς ἀπογνώσεώς με, προφθάσας ὁῦσαι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐγώ εἰμι, Σωτὴο ἣν ἀπώλεσας, πάλαι βασίλειον δοαχμήν, ἀλλ' ἀνάψας λύχνον, τὸν Ποόδοομόν σου Λόγε, ἀναζήτησον, καὶ εὑοὲ τὴν σὴν εἰκόνα.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Ίνα παθῶν, φλογμὸν κατασβέσης, δακούων ἔβλυζες ἀεί, ὀχετοὺς Μαοία, ψυχὴν πυοπολουμένην, ὧν τὴν χάοιν νέμοις, κἀμοὶ τῷ σῷ οἰκέτη.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Ἀπάθειαν, ἐκτήσω οὐοάνιον, δι' ἀκοοτάτης ἐπὶ γῆς, πολιτείας, Μῆτεο διὸ τοὺς σὲ ὑμνοῦντας, ἐκ παθῶν ὁυσθῆναι, ποεσβείαις σου δυσώπει.

possession of the land of promise: for God commands you.

Have mercy on me, O God. Have mercy on me.

As You saved Peter when he cried out, "Save me," come quickly, O Savior, before it is too late, and save me from the beast. Stretch out Your hand and lead me up from the deep of sin.

Have mercy on me, O God. Have mercy on me.

I know You as a calm haven, O Lord, Lord Christ: come quickly, before it is too late, and deliver me from the lowest depths of sin and despair.

Have mercy on me, O God. Have mercy on me.

O Savior, I am the coin marked with the King's likeness, which You lost of old. But, O Word, light Your lamp, Your Forerunner, and seek and find again Your image.

Holy Mother Mary, pray to God for us.

Your soul on fire, O Mary, you ever shed streams of tears, to quench the burning of the passions. Grant the grace of these your tears to me also, your servant.

Holy Mother Mary, pray to God for us.

Through the perfection of your earthly life, O Mother, you gained a heavenly freedom from the sinfulness of passion. In your intercessions pray that this same freedom may be given to those who sing your praises.

Άγιε τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Τῆς Κοήτης σε, Ποιμένα καὶ ποόεδοον, καὶ Οἰκουμένης ποεσβευτήν, ἐγνωκὼς ποοστοέχω, Ἀνδοέα καὶ βοῶ σοι Ἐξελοῦ με Πάτεο, βυθοῦ τῆς άμαρτίας.

## Δόξα. Τοιαδικόν.

Τοιάς εἰμι, ἁπλὴ ἀδιαίοετος, διαιοετὴ ποοσωπικῶς, καὶ Μονὰς ὑπάοχω, τῆ φύσει ἡνωμένη. Ὁ Πατήο φησιν, ὁ Υίὸς καὶ θεῖον Πνεῦμα.

## Καὶ νῦν. Θεοτοκίον.

Ή μήτοα σου, Θεὸν ἡμῖν ἔτεκε, μεμοοφωμένον καθ' ἡμᾶς, ἀλλ' ὡς Κτίστην πάντων, δυσώπει Θεοτόκε, ἵνα ταῖς ποεσβείαις, ταῖς σαῖς δικαιωθῶμεν.

# Εἶτα ψάλλομεν ἀργῶς τὸ παρόν. Κοντάκιον. Ἡχος πλ. β΄.

Ψυχή μου ψυχή μου, ἀνάστα, τί καθεύδεις; τὸ τέλος ἐγγίζει, καὶ μέλλεις θοουβεῖσθαι· ἀνάνηψον οὖν, ἵνα φείσηταί σου Χοιστὸς ὁ Θεός, ὁ πανταχοῦ παρών, καὶ τὰ πάντα πληρῶν.

## Ώιδὴ ζ΄. Ὁ Εἱομός.

Ἡμάρτομεν, ἠνομήσαμεν, ἠδικήσαμεν ἐνώπιόν σου, οὐδὲ συνετηρήσαμεν, οὐδὲ ἐποιήσαμεν, καθὼς ἐνετείλω ἡμῖν, ἀλλὰ μὴ παραδώης ἡμᾶς εἰς τέλος, ὁ τῶν Πατέρων Θεός.

## Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἡμάρτηκα, ἐπλημμέλησα, καὶ ἠθέτησα τὴν ἐντολήν σου, ὅτι ἐν ἁμαρτίαις προήχθην, καὶ προσέθηκα τοῖς μώλωψι

Holy Father Andrew, pray to God for us.

Pastor and bishop of Crete, intercessor for the inhabited earth, to you I run, O Andrew, and I cry: Deliver me, father, from the depths of sin.

## Glory. For the Trinity.

"I am the Trinity, simple and undivided, yet divided in Persons, and I am the Unity by Nature one," says the Father and the Son and the divine Spirit.

### Both now. Theotokion.

Your womb bore God for us, fashioned in our shape. O Theotokos, pray to Him as the Creator of all, that we may be justified through your intercessions.

# Then we sing the following slowly. **Kontakion. Mode pl. 2.**

My soul, O my soul, rise up! Why are you sleeping? The end draws near and soon you shall be troubled. Watch, then, that Christ your God may spare you, for He is everywhere present and fills all things.

#### Ode vii. Heirmos.

We sinned, O Lord, and we broke Your law, \* we behaved unrighteously before You, \* and neither have we kept Your word, nor acted according to the way You commanded for us. \* Yet, O God of the fathers, we pray, do not utterly deliver us up.

## Troparia.

Have mercy on me, O God. Have mercy on me.

I have sinned, I have offended, and I have set aside Your commandments, for in sins have I progressed, and to my sores I have τοαῦμα ἐμοί, ἀλλ' αὐτός με ἐλέησον ὡς εἴσπλαγχνος, ὁ τῶν Πατέρων Θεός.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὰ κούφια τῆς καοδίας μου, ἐξηγόρευσά σοι τῷ Κριτῆ μου, ἴδε μου τὴν ταπείνωσιν, ἴδε καὶ τὴν θλῖψιν μου, καὶ πρόσχες τῆ κρίσει μου νῦν, καὶ αὐτός με ἐλέησον ὡς εὔσπλαγχνος ὁ τῶν Πατέρων Θεός.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Σαοὺλ ποτέ, ὡς ἀπώλεσε, τοῦ πατρὸς αὐτοῦ ψυχὴ τὰς ὄνους, πάρεργον τὸ βασίλειον εὖρε, πρὸς ἀνάρρησιν. Ἀλλ' ὅρα μὴ λάθης σαυτήν, τὰς κτηνώδεις ὀρέξεις σου, προκρίνουσα τῆς βασιλείας Χριστοῦ.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Δαυΐδ ποτέ, ὁ πατρόθεος, εἰ καὶ ἥμαρτε διττῶς ψυχή μου, βέλει μὲν τοξευθεὶς τῆς μοιχείας, τῷ δὲ δόρατι άλοὺς τῆς τοῦ φόνου ποινῆς ἀλλ' αὐτὴ τὰ βαρύτερα τῶν ἔργων νοσεῖς, ταῖς κατὰ γνώμην ὁρμαῖς.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Συνῆψε μέν, ὁ Δαυΐδ ποτέ, ἀνομήματι τὴν ἀνομίαν· φόνω γὰς τὴν μοιχείαν ἐκίςνα, τὴν μετάνοιαν εὐθὺς παςαδείξας διπλῆν· ἀλλ' αὐτὴ πονηςότεςα εἰςγάσω, ψυχή, μὴ μεταγνοῦσα Θεῷ.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Δαυΐδ ποτὲ ἀνεστήλωσε, συγγραψάμενος ώς ἐν εἰκόνι, ὕμνον, δι' οὖ τὴν πρᾶξιν ἐλέγχει, ἣν εἰργάσατο

added wounds. But in Your compassion have mercy upon me, O God of our fathers.

Have mercy on me, O God. Have mercy on me.

The secrets of my heart have I confessed to You, my Judge. See my abasement, see my affliction, and attend to my judgment now; and in Your compassion have mercy upon me, O God of our fathers.

Have mercy on me, O God. Have mercy on me.

When Saul once lost his father's asses, in searching for them he found himself proclaimed as king. But watch, my soul, lest unknown to yourself you prefer your animal appetites to the Kingdom of Christ.

Have mercy on me, O God. Have mercy on me.

David, the forefather of God, once sinned doubly, pierced with the arrow of adultery and the spear of murder. But you, my soul, are more gravely sick than he, for worse than any acts are the impulses of your will.

Have mercy on me, O God. Have mercy on me.

David once joined sin to sin, adding murder to fornication; yet then he showed at once a twofold repentance. But you, my soul, have done worse things than he, yet you have not repented before God.

Have mercy on me, O God. Have mercy on me.

David once composed a hymn, depicting the action he had done; and he condemned it, κοαυγάζων Ἐλέησόν με· σοὶ γὰο μόνω ἐξήμαοτον, τῷ πάντων Θεῷ, αὐτὸς καθάοισόν με.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ή Κιβωτός, ώς ἐφέρετο, ἐπιδίφριος ὁ Ζὰν ἐκεῖνος, ὅτε ἀνατραπέντος τοῦ μόσχου, μόνον ἥψατο, Θεοῦ ἐπειράθη ὀργῆς, ἀλλ' αὐτοῦ τὴν αὐθάδειαν, φυγοῦσα ψυχή, σέβου τὰ θεῖα καλῶς.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Άκήκοας, τοῦ Άβεσσαλώμ, πῶς τῆς φύσεως ἀντεξανέστη, ἔγνως τὰς ἐναγεῖς αὐτοῦ πράξεις, αἷς ἐξύβρισε, τὴν κοίτην Δαυΐδ τοῦ πατρός ἀλλ' αὐτὴ ἐμιμήσω, τὰς αὐτοῦ ἐμπαθεῖς, καὶ φιληδόνους ὁρμάς.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Υπέταξας, τὸ ἀδούλωτον, σοῦ ἀξίωμα τῷ σώματί σου ἄλλον γάο, Αχιτόφελ εὑοοῦσα τὸν ἐχθοὸν σὺ ψυχή, συνῆλθες ταῖς τούτου βουλαῖς. Άλλ' αὐτὰς διεσκέδασεν, αὐτὸς ὁ Χοιστός, ἵνα σὺ πάντων σωθῆς.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ό Σολομών, ὁ θαυμάσιος, ὁ καὶ χάριτος σοφίας πλήρης, οὖτος τὸ πονηρὸν ἐναντίον, τοῦ Θεοῦ ποτέ, ποιήσας ἀπέστη αὐτοῦ, ῷ αὐτὴ τὸν ἐπάρατόν σου βίον, ψυχὴ προσαφωμοίωσας.

crying: "Have mercy on me, for against You only have I sinned, O God of all. Cleanse me."

Have mercy on me, O God. Have mercy on me.

When the Ark was being carried in a cart and the ox stumbled, Uzzah did no more than touch it, but the wrath of God smote him.

O my soul, flee from his presumption and respect with reverence the things of God.

Have mercy on me, O God. Have mercy on me.

You have heard of Absalom, and how he rebelled against nature; you know of the unholy deeds by which he defiled his father David's bed. Yet you have followed him in his passionate and sensual desires.

Have mercy on me, O God. Have mercy on me.

O my soul, you have subjected Your free dignity to your body; for you found in the enemy another Ahitophel, and agreed to all his counsels. But Christ Himself has brought them to nothing and saved you from them all.

Have mercy on me, O God. Have mercy on me.

Solomon, the wonderful, who was full of the grace of wisdom, once did evil in the sight of Heaven and turned away from God. You have become like him, O my soul, by your accursed life.

Ταῖς ἡδοναῖς, ἐξελκόμενος, τῶν παθῶν αὐτοῦ κατερρυποῦτο, οἴμοι! ὁ ἐραστὴς τῆς σοφίας, ἐραστὴς πορνῶν γυναικῶν, καὶ ξένος Θεοῦ, ὃν αὐτὴ ἐμιμήσω, κατὰ νοῦν ὧ ψυχή, ἡδυπαθείαις αἰσχραῖς.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν Ῥοβοάμ, παρεζήλωσας, ἀλογήσαντα βουλὴν πατρώαν, ἄμα δὲ καὶ τὸν κάκιστον δοῦλον, Ἱεροβοάμ, τὸν πρὶν ἀποστάτην ψυχή. Ἀλλὰ φεῦγε τὴν μίμησιν, καὶ κράζε Θεῷ· Ἡμαρτον οἴκτειρόν με.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν ἄχαὰβ παρεζήλωσας, τοῖς μιάσμασι ψυχή μου, οἴμοι! γέγονας σαρκικῶν μολυσμάτων, καταγώγιον καὶ σκεῦος αἰσχρὸν τῶν παθῶν. ἄλλ' ἐκ βάθους σου στέναξον, καὶ λέγε Θεῷ, τὰς άμαρτίας σου.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐνέπρησεν Ἡλιοὺ ποτέ, δὶς πεντήκοντα τῆς Ἱεζάβελ, ὅτε τοὺς τῆς αἰσχύνης προφήτας, κατηνάλωσεν, εἰς ἔλεγχον τοῦ Ἁχαάβ. Ἁλλὰ φεῦγε τὴν μίμησιν τῶν δύω ψυχή, καὶ κραταιώθητι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐκλείσθη σοι, οὐρανὸς ψυχή, καὶ λιμὸς Θεοῦ κατέλαβέ σε, ὅτε τοῖς Ἡλιοῦ τοῦ θεσβίστου, ὡς ὁ Ἁχαάβ, ἠπείθησας Have mercy on me, O God. Have mercy on me.

Carried away by sensual passions, he defiled himself. Alas! The lover of wisdom became a lover of harlots and a stranger to God. And you, my soul, in mind have imitated him through your shameful desires.

Have mercy on me, O God. Have mercy on me.

O my soul, you have rivaled Rehoboam, who paid no attention to his father's counselors, and Jeroboam, that evil servant and renegade of old. But flee from their example and cry to God: I have sinned, take pity on me.

Have mercy on me, O God. Have mercy on me.

Alas, my soul! You have rivaled Ahab in guilt. You have become a dwelling-place of carnal defilements and a shameful vessel of the passions. But groan from the depths of your heart, and confess your sins to God.

Have mercy on me, O God. Have mercy on me.

Elijah once destroyed with fire a hundred of Jezebel's servants, and he slew the prophets of shame, as a rebuke to Ahab. But flee from the example of both of them, my soul, and be strong.

Have mercy on me, O God. Have mercy on me.

Heaven is closed to you, my soul, and a famine from God has seized you: for you have been disobedient, as Ahab was to the words λόγοις ποτέ. Άλλὰ τῆ Σαραφθία ὁμοιώθητι, θρέψον Προφήτου ψυχήν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τοῦ Μανασσῆ, ἐπεσώρευσας, τὰ ἐγκλήματα τῆ προαιρέσει, στήσασα ὡς βδελύγματα πάθη, καὶ πληθύνουσα ψυχή, προσωχθίσματα. Ἀλλ' αὐτοῦ τὴν μετάνοιαν, ζηλοῦσα θερμῶς, κτῆσαι κατάνυξιν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Προσπίπτω σοι, καὶ προσάγω σοι, ὥσπερ δάκρυα τὰ ἑήματά μου, ἥμαρτον, ὡς οὐχ ἥμαρτε Πόρνη, καὶ ἠνόμησα, ὡς ἄλλος οὐδεὶς ἐπὶ γῆς. Ἀλλ' οἰκτείρησον Δέσποτα τὸ ποίημά σου, καὶ ἀνακάλεσαί με.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Κατέχοωσα, τὴν εἰκόνα σου, καὶ παρέφθειρα τὴν ἐντολήν σου, ὅλον ἀπημαυρώθη τὸ κάλλος, καὶ τοῖς πάθεσιν ἐσβέσθη Σωτὴρ ἡ λαμπάς· ἀλλ' οἰκτείρας ἀπόδος μοι, ὡς ψάλλει Δαυΐδ τὴν ἀγαλλίασιν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ἐπίστοεψον, μετανόησον, ἀνακάλυψον τὰ κεκουμμένα, λέγε Θεῷ τῷ τὰ πάντα εἰδότι. Σὺ γινώσκεις μου τὰ κούφια μόνε Σωτήο, καὶ αὐτός με ἐλέησον, ὡς ψάλλει Δαυΐδ, κατὰ τὸ ἔλεός σου.

of Elijah the Tishbite. But imitate the widow of Zarephath, and feed the Prophet's soul.

Have mercy on me, O God. Have mercy on me.

By deliberate choice, my soul, you incurred the guilt of Manasseh, setting up the passions as idols and multiplying abominations. But with fervent heart emulate his repentance and acquire compunction.

Have mercy on me, O God. Have mercy on me.

I fall before You, and as tears I offer You my words. I have sinned as the Harlot never sinned, and I have transgressed as no other man on earth. But take pity on Your creature, O Master, and call me back.

Have mercy on me, O God. Have mercy on me.

I have discolored Your image and broken Your commandments. All my beauty is destroyed and my lamp is quenched by the passions, O Savior. "But take pity on me," as David sings, and "restore to me Your joy."

Have mercy on me, O God. Have mercy on me.

Turn back, repent, uncover all that you have hidden. Say to God, to whom all things are known: You alone know my secret, O Savior; "have mercy on me," as David sings, "according to Your mercy."

Ἐξέλιπον, αἱ ἡμέραι μου, ὡς ἐνύπνιον ἐγειρομένου ὅθεν ὡς Ἐζεκίας δακρύω, ἐπὶ κλίνης μου προσθῆναί μοι χρόνους ζωῆς. Ἀλλὰ τίς Ἡσαΐας, παραστήσεταί μοι ψυχή, εἰ μὴ ὁ πάντων Θεός;

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Βοήσασα, πρὸς τὴν ἄχραντον, Θεομήτορα πρὶν ἀπεκρούσω, λύσσαν παθῶν βιαίων ὀχλούντων, καὶ κατήσχυνας, ἐχθρὸν τὸν πτερνίσαντα. Ἀλλὰ δὸς νῦν βοήθειαν ἐκ θλίψεως, κἀμοὶ τῷ δούλῳ σου.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Όν ἔστεοξας, ὃν ἐπόθησας, δι' ὃν ἔτηξας σάρκας Όσία, αἴτησαι νῦν Χριστὸν ὑπὲο δούλων, ὅπως ἵλεως γενόμενος πᾶσιν ἡμῖν, εἰρηναίαν κατάστασιν βραβεύσειε, τοῖς σεβομένοις αὐτόν.

Άγιε τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Τῆς πίστεως ἐν τῆ πέτοα με, ταῖς ποεσβείαις σου στήριξον Πάτεο, φόβω με τῷ ἐνθέω τειχίζων, καὶ μετάνοιαν, Ἀνδοέα παράσχου μοι νῦν, δυσωπῶ σε καὶ ὁῦσαί με, παγίδος ἐχθοῶν, τῶν ἐκζητούντων με.

## Δόξα. Τοιαδικόν.

Τοιὰς ἁπλή, ἀδιαίρετε, Όμοούσιε Μονὰς άγία, φῶτα καὶ φῶς καὶ ἄγια τρία, καὶ εν ἄγιον ὑμνεῖται Θεὸς ἡ Τριάς, ἀλλ' ἀνύμνησον, δόξασον ζωὴν καὶ ζωάς, ψυχὴ τὸν πάντων Θεόν.

Have mercy on me, O God. Have mercy on me.

My days have vanished as a dream of one awaking; and so, like Hezekiah, I weep on my bed, that years may be added to my life. But what Isaiah will come to me, O my soul, except the God of all?

Holy Mother Mary, pray to God for us.

Raising your cry to the pure Mother of God, you drove back the fury of the passions that violently assailed you, and put to shame the enemy who sought to make you stumble. But give your help in trouble now to me also, your servant.

Holy Mother Mary, pray to God for us.

He Whom you loved, O mother, whom you desired, in Whose footsteps you followed; He it was Who found you and gave you repentance, for He is compassionate God. Pray, O Mary, to Him without ceasing, that we may be delivered from passions and distress.

Holy Father Andrew, pray to God for us.

Set me firmly on the rock of faith, O father, though your intercessions; fence me round with fear of God, O Andrew; grant repentance to me now, I beseech you, and deliver me from the snare of the enemies that seek my life.

## Glory. For the Trinity.

O simple and undivided Trinity, O holy and consubstantial Unity: You are praised as Light and Lights, one Holy and three Holies. Sing, O my soul, and glorify Life and Lives, the God of all.

#### Καὶ νῦν. Θεοτοκίον.

Υμνοῦμέν σε, εὐλογοῦμέν σε, ποοσκυνοῦμέν σε Θεογεννῆτοο, ὅτι τῆς ἀχωρίστου Τριάδος, ἀπεκύησας τὸν ἕνα Υίὸν καὶ Θεόν, καὶ αὐτὴ προηνέωξας ἡμῖν, τοῖς ἐν γῆ τὰ ἐπουράνια.

## 'Ωιδή η'. Ὁ Είρμός.

Όν Στρατιαὶ οὐρανῶν δοξάζουσι καὶ φρίττει τὰ Χερουβεὶμ καὶ τὰ Σεραφείμ, πᾶσα πνοὴ καὶ κτίσις ὑμνεῖτε, εὐλογεῖτε, καὶ ὑπερυψοῦτε εἰς πάντας τοὺς αἰῶνας.

## Τροπάρια.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ήμα οτηκότα, Σωτή ο ἐλέησον, διέγειο όν μου τὸν νοῦν, ποὸς ἐπιστροφήν, δέξαι μετανοοῦντα, οἰκτείρησον βοῶντα. Ήμα οτόν σοι, σῶσον, ἠνόμησα, ἐλέησόν με.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ό διφοηλάτης, Ἡλίας, ἄοματι, ταῖς ἀρεταῖς ἐπιβάς, ὡς εἰς οὐρανόν, ἤγετο ὑπεράνω, ποτὲ τῶν ἐπιγείων τούτου οὖν ψυχή μου, τὴν ἄνοδον ἀναλογίζου.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τοῦ Ἰορδάνου, τὸ ὁεῖθρον πρότερον, τῆ μηλωτῆ Ἡλιού, δι' Ἐλισσαιέ, ἔστη ἔνθα καὶ ἔνθα, αὐτὴ δὲ ὧ ψυχή μου, ταύτης οὐ μετέσχες, τῆς χάριτος δι' ἀκρασίαν.

Both now. Theotokion.

We praise you, we bless you, we venerate you, O Mother of God: for you gave birth to One of the undivided Trinity, your Son and God, and you opened the heavenly places to us on earth.

#### Ode viii. Heirmos.

Him whom the hosts of the heavens glorify, \* at whom quake the Cherubim and the Seraphim, \* every breath and creation, \* extol Him now and bless Him, \* and exalt supremely, unto all the ages.

## Troparia.

Have mercy on me, O God. Have mercy on me.

I have sinned, O Savior, have mercy on me. Awaken my mind and turn me back; accept me in repentance and take pity on me as I cry: I have sinned against You, save me; I have done evil, have mercy on me.

Have mercy on me, O God. Have mercy on me.

Riding in the chariot of the virtues, Elijah was lifted up to Heaven, high above earthly things. Reflect, O my soul, on his ascent.

Have mercy on me, O God. Have mercy on me.

With the mantle of Elijah, Elisha made the stream of Jordan stand still on either side: but in this grace, my soul, you have no share, because of your greed and uncontrolled desires.

Ο Έλισσαῖος, ποτὲ δεξάμενος, τὴν μηλωτὴν Ἡλιού, ἔλαβε διπλῆν, χάριν παρὰ Κυρίου, αὐτὴ δὲ ὧ ψυχή μου, ταύτης οὐ μετέσχες, τῆς χάριτος δι' ἀκρασίαν.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ή Σωμανῖτις, ποτὲ τὸν δίκαιον, ἐξένισεν ὦ ψυχή, γνώμη ἀγαθῆ σὺ δὲ οὐκ εἰσωκίσω, οὐ ξένον, οὐχ ὁδίτην ὅθεν τοῦ νυμφῶνος, ῥιφήση ἔξω θοηνωδοῦσα.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τοῦ Γιεζῆ, ἐμιμήσω τάλαινα, τὴν γνώμην τὴν ὁυπαράν, πάντοτε ψυχή· οὖ τὴν φιλαργυρίαν, ἀπώθου κἂν ἐν γήρει, φεῦγε τῆς γεέννης, τὸ πῦρ ἐκστᾶσα τῶν κακῶν σου.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Σὺ τὸν Ὁζίαν, ψυχὴ ζηλώσασα, τὴν τούτου λέπραν ἐν σοί, ἔσχες ἐν διπλῷ· ἄτοπα γὰρ λογίζη, παράνομα δὲ πράττεις, ἄφες ἃ κατέχεις, καὶ πρόσδραμε τῆ μετανοία.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τοὺς Νινευἵτας, ψυχὴ ἀκήκοας, μετανοοῦντας Θεῷ, σάκκῳ καὶ σποδῷ, τούτους οὐκ ἐμιμήσω, ἀλλ' ἄφθης σκαιοτέρα, πάντων τῶν πρὸ νόμου, καὶ μετὰ νόμον ἑπταικότων.

Have mercy on me, O God. Have mercy on me.

Elisha once took up the mantle of Elijah, and received a double portion of grace from the Lord: but in this grace, my soul, you have no share, because of your greed and uncontrolled desires.

Have mercy on me, O God. Have mercy on me.

The Shunammite woman gladly entertained the righteous Prophet: but in your house, my soul, you have not welcomed stranger or traveler; and so you shall be cast out weeping from the bridal chamber.

Have mercy on me, O God. Have mercy on me.

O wretched soul, you have always imitated the unclean thoughts of Gehazi. Cast from you, at least in your old age, his love of money. Flee from the fire of hell, turning away from your wickedness.

Have mercy on me, O God. Have mercy on me.

You have followed Uzziah, my soul, and have his leprosy in double form: for your thoughts are wicked, and your acts unlawful. Leave what you have, and hasten to repentance.

Have mercy on me, O God. Have mercy on me.

O my soul, you have heard how the men of Nineveh repented before God in sackcloth and ashes. Yet you have not followed them, but are more wicked than all who sinned before the Law and after.

Τὸν ἐν τῷ λάκκῳ, βοοβόρου ἤκουσας, Ἱερεμίαν ψυχή, πόλιν τὴν Σιών, θρήνοις καταβοῶντα, καὶ δάκρυα ζητοῦντα, μίμησαι τὸν τούτου, θρηνώδη βίον καὶ σωθήση.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ό Ἰωνᾶς, εἰς Θαοσεῖς ἀπέδοαμε, ποογνοὺς τὴν ἐπιστοοφήν, τῶν Νινευϊτῶν ἔγνω γὰο ὡς ποοφήτης, Θεοῦ τὴν εὐσπλαγχνίαν ὅθεν παρεζήλου, τὴν ποοφητείαν μὴ ψευσθῆναι.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸν Δανιήλ, ἐν τῷ λάκκῳ ἤκουσας, πῶς ἔφοαξεν ὧ ψυχή, στόματα θηοῶν, ἔγνωκας πῶς οἱ Παῖδες, οἱ πεοὶ Ἀζαοίαν, ἔσβεσαν τῆ πίστει, καμίνου φλόγα καιομένην.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τῆς παλαιᾶς, Διαθήκης ἄπαντας, παρήγαγόν σοι ψυχή, πρὸς ὑπογραμμόν, μίμησαι τῶν δικαίων, τὰς φιλοθέους πράξεις, ἔκφυγε δὲ πάλιν, τῶν πονηρῶν τὰς ἁμαρτίας.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Δικαιοκρῖτα, Σωτὴρ ἐλέησον, καὶ ὁῦσαί με τοῦ πυρός, καὶ τῆς ἀπειλῆς, ἦς μέλλω ἐν τῆ κρίσει, δικαίως ὑποστῆναι, ἄνες μοι πρὸ τέλους, δι' ἀρετῆς καὶ μετανοίας.

Have mercy on me, O God. Have mercy on me.

You have heard, my soul, how Jeremiah in the muddy pit cried out with lamentations for the city of Zion and asked to be given tears. Follow his life of lamentation and be saved.

Have mercy on me, O God. Have mercy on me.

Jonah fled to Tarshish, foreseeing the conversion of the men of Nineveh; for as a prophet he knew the loving-kindness of God, but he was jealous that his prophecy should not be proved false.

Have mercy on me, O God. Have mercy on me.

My soul, you have heard how Daniel stopped the mouths of the wild beasts in the lions' den; and you know how the Young Men with Azariah quenched through their faith the flames of the fiery furnace.

Have mercy on me, O God. Have mercy on me.

All the names of the Old Testament have I set before you, my soul, as an example. Imitate the holy acts of the righteous and flee from the sins of the wicked.

Have mercy on me, O God. Have mercy on me.

O righteous Judge and Savior, have mercy on me and deliver me from the fire that threatens me and from the punishment that I deserve to suffer at the Judgment. Before the

Ώς ὁ Ληστὴς ἐκβοῶ σοι Μνήσθητι, ὡς Πέτρος κλαίω πικρῶς. ἄνες μοι Σωτήρ, κράζω ὡς ὁ Τελώνης, δακρύω ὡς ἡ Πόρνη, δέξαι μου τὸν θρῆνον, καθὼς ποτὲ τῆς Χαναναίας.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν σηπεδόνα, Σωτὴς θεςάπευσον, τῆς ταπεινῆς μου ψυχῆς, μόνε ἰατςέ, μάλαγμά μοι ἐπίθες, καὶ ἔλαιον καὶ οἶνον, ἔςγα μετανοίας, κατάνυξιν μετὰ δακςύων.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν Χαναναίαν, κἀγὼ μιμούμενος Ἐλέησόν με βοῶ, τῷ Υίῷ Δαυΐδ, ἄπτομαι τοῦ κρασπέδου, ὡς ἡ Αίμορροοῦσα, κλαίω ὡς ἡ Μάρθα, καὶ Μαρία ἐπὶ Λαζάρου.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὸ τῶν δακούων, Σωτὴο ἀλάβαστοον, ώς μύρον κατακενῶν, ἐπὶ κεφαλῆς, κοάζω σοι ώς ἡ Πόρνη, τὸν ἔλεον ζητοῦσα, δέησιν προσάγω, καὶ ἄφεσιν αἰτῷ λαβεῖν με.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Εἰ καὶ μηδείς, ὡς ἐγώ σοι ἥμαοτεν, ἀλλ, ὅμως δέξαι κἀμέ, εὔσπλαγχνε Σωτήο,

end comes, grant me remission through virtue and repentance.

Have mercy on me, O God. Have mercy on me.

Like the Robber I cry to You: "Remember me"; like Peter I weep bitterly; like the Publican I call out: "Forgive me, Savior"; like the Harlot I shed tears. Accept my lamentation, as once You accepted the entreaties of the woman of Canaan.

Have mercy on me, O God. Have mercy on me.

O Savior, heal the putrefaction of my humbled soul, for You are the one Physician; apply bandages and pour in oil and wine, works of repentance and compunction with tears.

Have mercy on me, O God. Have mercy on me.

Like the woman of Canaan I cry to You, "Have mercy on me, Son of David." Like the woman with an issue of blood, I touch the hem of Your garment. I weep as Martha and Mary wept for Lazarus.

Have mercy on me, O God. Have mercy on me.

As precious ointment, O Savior, I empty on Your head the alabaster box of my tears. Like the Harlot, I cry out to You, seeking Your mercy: I bring my prayer and ask to receive forgiveness.

Have mercy on me, O God. Have mercy on me.

No one has sinned against You as I have; yet accept even me, compassionate Savior, for

φόβω μετανοοῦντα, καὶ πόθω κεκοαγότα· Ήμαοτόν σοι μόνω, ἠνόμησα, ἐλέησόν με.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Φεῖσαι Σωτήρ, τοῦ ἰδίου πλάσματος, καὶ ζήτησον ὡς ποιμήν, τὸ ἀπολωλός, πρόβατον πλανηθέντα, ἐξάρπασον τοῦ λύκου, ποίησόν με θρέμμα, ἐν τῆ νομῆ τῶν σῶν προβάτων.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Όταν Κοιτής, καθίσης ώς εὔσπλαγχνος, καὶ δείξης τὴν φοβεοάν, δόξαν σου Χοιστέ, ῷ ποῖος φόβος τότε! καμίνου καιομένης, πάντων δειλιώντων, τὸ ἄστεκτον τοῦ βήματός σου.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Ή τοῦ Φωτός, τοῦ ἀδύτου Μῆτέρ σε, φωτίσασα σκοτασμοῦ, ἔλυσε παθῶν ὅθεν εἰσδεδεγμένη, τοῦ Πνεύματος τὴν χάριν, φώτισον Μαρία, τοὺς σὲ πιστῶς ἀνευφημοῦντας.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Θαῦμα καινόν, κατιδὼν ἐξίστατο, ό θεῖος ὄντως ἐν σοί, Μῆτες Ζωσιμᾶς. Ἄγγελον γὰς έώςα, ἐν σώματι καὶ θάμβους, ὅλος ἐπληςοῦτο, Χριστὸν ὑμνῶν εἰς τοὺς αἰῶνας.

Άγιε τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Ως παροησίαν, ἔχων ποὸς Κύριον, Ανδοέα Κοήτης σεπτόν, κλέος δυσωπῶ, πρέσβευε τοῦ δεσμοῦ με, τῆς ἀνομίας λύσιν, νῦν εὑρεῖν εὐχαῖς σου, Διδάσκαλε, Ὁσίων δόξα. I repent in fear and cry with longing: Against You alone have I sinned; I have transgressed, have mercy on me.

Have mercy on me, O God. Have mercy on me.

Spare the work of Your own hands, O Savior, and as a shepherd seek the lost sheep that has gone astray. Snatch me from the wolf and make me a nursling in the pasture of Your own flock.

Have mercy on me, O God. Have mercy on me.

When You sit on Your throne, O merciful Judge, and reveal Your dread glory, O Christ, what fear there will be then! When the furnace burns with fire, and all shrink back in terror before Your judgment-seat.

Holy Mother Mary, pray to God for us.

The Mother of the Light that never sets illumined you and freed you from the darkness of the passions. O Mary, who received the grace of the Spirit, give light to those who praise you with faith.

Holy Mother Mary, pray to God for us.

The holy Zosimas was struck with amazement, O Mother, beholding in you a wonder truly strange and new. For he saw an angel in the body and was filled with astonishment, praising Christ unto all ages.

Holy Father Andrew, pray to God for us.

Since you have boldness before the Lord, O Andrew, honored and renown of Crete, I beseech you, intercede that I may find deliverance from the bonds of iniquity

## Δόξα. Τοιαδικόν.

Άναοχε Πάτεο, Υίὲ συνάναοχε, Παράκλητε ἀγαθέ, Πνεῦμα τὸ εὐθές, Λόγου Θεοῦ Γεννῆτοο, Πατοὸς ἀνάοχου Λόγε, Πνεῦμα ζῶν καὶ κτίζον. Τοιὰς Μονὰς ἐλέησόν με.

### Καὶ νῦν. Θεοτοκίον.

Ώς ἐκ βαφῆς, ἁλουογίδος Ἄχοαντε, ἡ νοητὴ πορφυρίς, τοῦ Ἐμμανουήλ, ἔνδον ἐν τῆ γαστρί σου, ἡ σάοξ συνεξυφάνθη· ὅθεν Θεοτόκον, ἐν ἀληθεία σε τιμῶμεν.

## Ώιδὴ θ'. Ὁ Εἰρμός.

Άσπόρου συλλήψεως, ὁ τόκος ἀνερμήνευτος, Μητρὸς ἀνάνδρου, ἄσπορος ἡ κύησις. Θεοῦ γὰρ ἡ γέννησις καινοποιεῖ τάς φύσεις διό σε πᾶσαι αί γενεαί, ὡς Θεόνυμφον Μητέρα, ὀρθοδόξως μεγαλύνομεν. (δίς)

## Τροπάρια.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ό νοῦς τετραυμάτισται, τὸ σῶμα μεμαλάκισται, νοσεῖ τὸ πνεῦμα, ὁ λόγος ἠσθένησεν, ὁ βίος νενέκρωται, τὸ τέλος ἐπὶ θύραις διό μοι τάλαινα ψυχή, τί ποιήσεις ὅταν ἔλθη, ὁ Κριτὴς ἀνερευνῆσαι τὰ σά;

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Μωσέως παρήγαγον, ψυχὴ τὴν κοσμογένεσιν, καὶ ἐξ ἐκείνου, πᾶσαν ἐνδιάθετον, γραφὴν ἱστοροῦσάν σοι,

through your prayers, O teacher, glory of holy monks.

## Glory. For the Trinity.

Father without beginning, coeternal Son, and loving Comforter, the Spirit of righteousness; Begetter of the Word of God, Word of the eternal Father, Spirit living and creative: O Trinity in Unity, have mercy on me.

## Both now. Theotokion.

As from purple silk, O undefiled Virgin, the spiritual robe of Emmanuel, His flesh, was woven in your womb. Therefore, we honor you as Theotokos in very truth.

#### Ode ix. Heirmos.

The birth is ineffable, conceived without the seed of man; the unwed Mother's \* childbirth was free of all corruption. The birth of God \* makes new again the natures. \* And thus, in Orthodox manner all \* generations magnify you as the Mother and the Bride of God. (2)

## Troparia.

Have mercy on me, O God. Have mercy on me.

My mind is wounded, my body has grown feeble, my spirit is sick, my speech has lost its power, my life is dead; the end is at the door. What shall you do, then, miserable soul, when the Judge comes to examine your deeds?

Have mercy on me, O God. Have mercy on me.

I have put before you, my soul, Moses' account of the creation of the world, and after that all the recognized Scriptures that tell you

δικαίους καὶ ἀδίκους, ὧν τοὺς δευτέρους ὧ ψυχή, ἐμιμήσω, οὐ τοὺς πρώτους, εἰς Θεὸν ἐξαμαρτήσασα.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ό Νόμος ἠσθένησεν, ἀργεῖ το Εὐαγγέλιον, Γραφὴ δὲ πᾶσα, ἐν σοὶ παρημέληται, Προφῆται ἠτόνησαν, καὶ πᾶς δικαίου λόγος, αἱ τραυματίαι σου ὧ ψυχή, ἐπληθύνθησαν, οὐκ ὄντος, ἰατροῦ τοῦ ὑγιοῦντός σε.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τῆς νέας παράγω σοι, Γραφῆς τὰ ὑποδείγματα, ἐνάγοντά σε, ψυχὴ πρὸς κατάνυξιν, δικαίους οὖν ζήλωσον, ἁμαρτωλοὺς ἐκτρέπου, καὶ ἐξιλέωσαι Χριστόν, προσευχαῖς τε καὶ νηστείαις, καὶ ἀγνεία καὶ σεμνότητι.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Χοιστὸς ἐνηνθοώπησε, σαοκὶ ποοσομιλήσας μοι, καὶ πάντα ὅσα, ὑπάοχει τῆς φύσεως, βουλήσει ἐπλήοωσε, τῆς άμαοτίας δίχα, ὑπογοαμμόν σοι ὧ ψυχή, καὶ εἰκόνα ποοδεικνύων, τῆς αὐτοῦ συγκαταβάσεως.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Χριστὸς ἐνηνθρώπησε, καλέσας εἰς μετάνοιαν, ληστὰς καὶ πόρνας, ψυχὴ μετανόησον, ἡ θύρα ἠνέφκται, τῆς Βασιλείας ἤδη, καὶ προαρπάζουσιν αὐτήν, Φαρισαῖοι καὶ Τελῶναι, καὶ μοιχοὶ μεταποιούμενοι.

the story of the righteous and the wicked. But you, my soul, have followed the second of these, not the first, and have sinned against God.

Have mercy on me, O God. Have mercy on me.

The Law is powerless, the Gospel is of no effect, and the whole of Scripture is ignored by you; the prophets and all the words of the righteous are useless. Your wounds, my soul, have been multiplied, and there is no physician to heal you.

Have mercy on me, O God. Have mercy on me.

I bring you, O my soul, examples from the New Testament, to lead you to compunction. Follow the example of the righteous, turn away from the sinful, and through prayers and fasting, through chastity and reverence, win back Christ's mercy.

Have mercy on me, O God. Have mercy on me.

Christ became a child and shared in my flesh; and willingly He performed all that belongs to my nature, only without sin. He set before you, my soul, an example and image of His condescension.

Have mercy on me, O God. Have mercy on me.

Christ became man, calling to repentance thieves and harlots. Repent, my soul: the door of the Kingdom is already open, and Pharisees and publicans and adulterers pass through it before you, changing their life.

Χοιστὸς Μάγους ἔσωσε, Ποιμένας συνεκάλεσε, Νηπίων δήμους, ἀπέδειξε Μάρτυρας, Πρεσβύτην ἐδόξασε, καὶ γηραλέαν Χήραν, ὧν οὐκ ἐζήλωσας ψυχή, οὐ τὰς πράξεις, οὐ τὸν βίον, ἀλλ' οὐαί σοι ἐν τῷ κρίνεσθαι!

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Νηστεύσας ὁ Κύριος, ἡμέρας τεσσαράκοντα, ἐν τῆ ἐρήμω, ὕστερον ἐπείνασε, δεικνὺς τὸ ἀνθρώπινον. Ψυχὴ μὴ ἀθυμήσης, ἂν σοι προσβάλλη ὁ ἐχθρός, προσευχῆ τε καὶ νηστεία, ἐκ ποδῶν ἀποκρουσθήτω σοι.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Χοιστὸς ἐπειράζετο, Διάβολος ἐπείραζε, δεικνὺς τοὺς λίθους, ἵνα ἄρτοι γένωνται, εἰς ὄρος ἀνήγαγεν, ἰδεῖν τὰς βασιλείας, τοῦ Κόσμου πάσας ἐν ὑιπῆ· Φοβοῦ ὧ ψυχὴ τὸ δρᾶμα, νῆφε, εὕχου, πᾶσαν ὥραν Θεῷ.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τουγών ή φιλέοημος, φωνή βοῶντος ήχησε, Χοιστοῦ ὁ λύχνος, κηρύττων μετάνοιαν, Ἡρώδης ἠνόμησε, σὺν τῆ Ἡρωδιάδι. Βλέπε ψυχή μου μὴ παγῆς, τῶν ἀνόμων ταῖς παγίσιν, ἀλλ' ἀσπάζου τὴν μετάνοιαν.

Have mercy on me, O God. Have mercy on me.

Christ saved the Wise Men and called the Shepherds; He revealed as martyrs a multitude of young children; He glorified the Elder and the aged Widow. But you, my soul, have not followed their lives and actions. Woe to you when you are judged!

Have mercy on me, O God. Have mercy on me.

The Lord fasted forty days in the wilderness, and at the end of them He was hungry, thus showing that He is man. Do not be dismayed, my soul! If the enemy attacks you, through prayer and fasting drive him away.

Have mercy on me, O God. Have mercy on me.

Christ was tempted; the devil tempted Him, showing Him the stones that they might be made bread. He led Him up into a mountain, to see in an instant all the kingdoms of the world. O my soul, look with fear on what happened; watch and pray every hour to God.

Have mercy on me, O God. Have mercy on me.

The Dove Who loved the wilderness, the Lamp of Christ, the voice of one crying aloud, was heard preaching repentance; but Herod sinned with Herodias. O my soul, see that you are not trapped in the snares of the lawless, but embrace repentance.

Τὴν ἔξημον ὤκησε, τῆς χάξιτος ὁ Πρόδρομος, καὶ Ἰουδαία, πᾶσα καὶ Σαμάξεια, ἀκούοντες ἔτρεχον, καὶ ἐξωμολογοῦντο, τὰς ἁμαξτίας ἑαυτῶν, βαπτιζόμενοι προθύμως, οῦς αὐτὴ οὐκ ἐμιμήσω ψυχή.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ό γάμος μὲν τίμιος, ἡ κοίτη δὲ ἀμίαντος ἀμφότερα γάρ, Χριστὸς προευλόγησε, σαρκὶ ἐσθιόμενος, καὶ ἐν Κανᾳ τῷ γάμῳ, τὸ ὕδωρ οἶνον ἐκτελῶν, καὶ δεικνύων πρῶτον θαῦμα, ἵνα σὰ μετατεθῆς ὧ ψυχή.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Παράλυτον ἔσφιγξε, Χριστὸς τὴν κλίνην ἄραντα, καὶ νεανίσκον, θανέντα ἐξήγειρε, τῆς χήρας τὸ κύημα, καὶ τοῦ Ἑκατοντάρχου, καὶ Σαμαρείτιδι φανείς, τὴν ἐν πνεύματι λατρείαν, σοὶ ψυχὴ προεζωγράφησεν.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Αίμόρουν ἰάσατο, ἁφῆ κρασπέδου Κύριος, λεπροὺς καθῆρε, τυφλοὺς καὶ χωλεύοντας, φωτίσας ἠνώρθωσε, κωφούς τε καὶ ἀλάλους, καὶ τὴν συγκύπτουσαν χαμαί, ἐθεράπευσε τῷ λόγῳ, ἵνα σὺ σωθῆς ἀθλία ψυχή.

Have mercy on me, O God. Have mercy on me.

The Forerunner of Grace went to dwell in the wilderness, and Judea and all Samaria ran to hear him; they confessed their sins and were baptized eagerly. But you, my soul, have not imitated them.

Have mercy on me, O God. Have mercy on me.

Marriage is honorable, and the marriagebed undefiled. For on both Christ has given His blessing, eating in the flesh at the wedding in Cana, turning the water into wine and revealing His first miracle, to bring you, my soul, to a change of life.

Have mercy on me, O God. Have mercy on me.

Christ gave strength to the paralyzed man, and he took up his bed; He raised from the dead the young man, the son of the widow, and the centurion's servant; He appeared to the woman of Samaria and spoke to you, my soul, of worship in spirit.

Have mercy on me, O God. Have mercy on me.

By the touch of the hem of His garment, the Lord healed the woman with an issue of blood; He cleansed lepers and gave sight to the blind and made the lame walk upright; He cured by His word the deaf and the dumb and the woman bowed to the ground, to bring you, wretched soul, to salvation.

Τὰς νόσους ἰώμενος, πτωχοῖς εὐηγγελίζετο, Χριστὸς ὁ Λόγος, κυλλοὺς ἐθεράπευσε, τελώναις συνήσθιεν, άμαρτωλοῖς ὡμίλει, τῆς Ἰαείρου θυγατρός, τὴν ψυχὴν προμεταστάσαν, ἐπανήγαγεν άφῆ τῆς χειρός.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Τελώνης ἐσώζετο, καὶ Πόρνη ἐσωφρόνιζε, καὶ Φαρισαῖος, αὐχῶν κατεκρίνετο· ὁ μὲν γάρ, Ἱλάσθητι, ἡ δέ, Ἐλέησόν με, ὁ δὲ ἐκόμπαζε, βοῶν· ὁ Θεὸς εὐχαριστῷ σοι, καὶ ἑξῆς τὰ τῆς ἀνοίας ἑητά.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ζακχαῖος Τελώνης ἦν, ἀλλ' ὅμως διεσώζετο, καὶ Φαρισαῖος, ὁ Σίμων ἐσφάλλετο, καὶ Πόρνη ἐλάμβανε, τὰς ἀφεσίμους λύσεις, παρὰ τοῦ ἔχοντος ἰσχύν, ἀφιέναι ἁμαρτίας, ἣν ψυχὴ σπεῦσον μιμήσασθαι.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὴν Πόρνην ὧ τάλαινα, ψυχή μου οὐκ ἐζήλωσας, ἥτις λαβοῦσα, μύρου τὸ ἀλάβαστρον, σὺν δάκρυσιν ἤλειψε, τοὺς πόδας τοῦ Κυρίου, ἐξέμαξε δὲ ταῖς θριξί, τῶν ἀρχαίων ἐγκλημάτων, τὸ χειρόγραφον ἡηγνύοντος αὐτῆ.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Τὰς πόλεις αἶς ἔδωκε, Χοιστὸς τὸ Εὐαγγέλιον, ψυχή μου ἔγνως, ὅπως Have mercy on me, O God. Have mercy on me.

Healing sickness, Christ the Word preached the good tidings to the poor. He cured the crippled, ate with publicans, and conversed with sinners. With the touch of His hand, He brought back the departed soul of Jairus' daughter.

Have mercy on me, O God. Have mercy on me.

The Publican was saved and the Harlot turned to chastity, but the Pharisee with his boasting was condemned. For the first cried "Be merciful," and the second, "have mercy on me"; but the third said, boasting, "I thank You, O God," and other words of madness.

Have mercy on me, O God. Have mercy on me.

Zacchaeus was a publican, yet he was saved; but Simon the Pharisee went astray, while the Harlot received remission and release from Him who has the power to forgive sins. Make haste, O my soul, to follow her example.

Have mercy on me, O God. Have mercy on me.

O wretched soul, you have not acted like the Harlot, who took the alabaster box of precious ointment, and anointed with tears and wiped with her hair the feet of the Lord. And He tore in pieces the record of her previous sins.

Have mercy on me, O God. Have mercy on me.

You know, O my soul, how the cities were cursed to which Christ preached the Gospel.

κατηράθησαν, φοβοῦ τὸ ὑπόδειγμα, μὴ γένη ὡς ἐκεῖναι ταῖς ἐν Σοδόμοις γὰρ αὐτάς, ὁ Δεσπότης παρεικάσας, ἕως Ἅιδου κατεδίκασε.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Μὴ χείρων ὧ ψυχή μου, φανῆς δι' ἀπογνώσεως, τῆς Χαναναίας, τὴν πίστιν ἀκούσασα, δι' ῆς τὸ θυγάτριον, λόγω Θεοῦ ἰάθη. Υἱὲ Δαυϊδ σῶσον κἀμέ, ἀναβόησον ἐκ βάθους, τῆς καρδίας ὡς ἐκείνη Χριστῷ.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Σπλαγχνίσθητι σῶσόν με, Υἱὲ Δαυΐδ ἐλεησον, ὁ δαιμονῶντας, λόγω ἰασάμενος, φωνὴν δὲ τὴν εὔσπλαγχνον, ὡς τῷ Ληστῆ μοι φράσον Ἀμήν σοι λέγω μετ' ἐμοῦ, ἔση ἐν τῷ Παραδείσω, ὅταν ἔλθω ἐν τῆ δόξη μου.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Ληστής κατηγόρει σοι, Ληστής ἐθεολόγει σοι ἀμφότεροι γάρ, σταυρῷ συνεκρέμαντο, ἀλλ' ὧ Πολυεύσπλαγχνε, ὡς τῷ πιστῷ Ληστῆ σου, τῷ ἐπιγνόντι σε Θεόν, κἀμοὶ ἄνοιξον τὴν θύραν, τῆς ἐνδόξου βασιλείας σου.

Έλέησόν με, ὁ Θεός, ἐλέησόν με.

Ή κτίσις συνείχετο, σταυφούμενόν σε βλέπουσα, ὄφη καὶ πέτφαι, φόβω διεφφήγνυντο, καὶ γῆ συνεσείετο, καὶ Ἅιδης ἐγυμνοῦτο, καὶ συνεσκότασε τὸ φῶς, ἐν

Fear their example, lest you suffer the same punishment. For the Master likened them to Sodom and condemned them to hell.

Have mercy on me, O God. Have mercy on me.

Be not overcome by despair, my soul; for you have heard of the faith of the woman of Canaan, and how through it her daughter was healed by the word of God. Cry out from the depth of your heart, "Save me also, Son of David," as she once cried to Christ.

Have mercy on me, O God. Have mercy on me.

O Son of David, with Your word You healed the possessed: take pity on me, save me and have mercy. Let me hear Your compassionate voice speak to me as to the Robber: "Truly, I say to you, you shall be with Me in Paradise, when I come in My glory."

Have mercy on me, O God. Have mercy on me.

A robber accused You, a robber confessed Your Godhead: for both were hanging beside You on the Cross. Open to me also, O Lord of many mercies, the door of Your glorious Kingdom, as once it was opened to Your robber who acknowledged You with faith as God.

Have mercy on me, O God. Have mercy on me.

Creation was in anguish, seeing You crucified. Mountains and rocks were split from fear, the earth quaked, and hell was despoiled; the light grew dark in the daytime, beholding You, O Jesus, nailed in the flesh.

ήμέρα καθορῶν σε, Ἰησοῦ, προσηλωμένον σαρκί.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Άξίους μετανοίας, καφπούς μὴ ἀπαιτήσης με· ἡ γὰφ ἰσχύς μου, ἐν ἐμοὶ ἐξέλιπε, καφδίαν μοι δώφησαι, ἀεὶ συντετριμμένην, πτωχείαν δὲ πνευματικήν, ἵνα ταῦτά σοι προσοίσω, ὡς δεκτὴν θυσίαν μόνε Σωτήρ.

Ἐλέησόν με, ὁ Θεός, ἐλέησόν με.

Κριτά μου καὶ γνῶστά μου, ὁ μέλλων πάλιν ἔρχεσθαι, σὺν τοῖς ἄγγέλοις, κρῖναι Κόσμον ἄπαντα, ἱλέω σου ὅμματι, τότε ἰδών με φεῖσαι, καὶ οἴκτειρόν με Ἰησοῦ, τὸν ὑπὲρ τὴν πᾶσαν φύσιν, τῶν ἀνθρώπων άμαρτήσαντα.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Άπάσας ἐξέστησας, τῆ ξένη πολιτεία σου, Άγγέλων τάξεις, βοοτῶν τὰ συστήματα, ἀΰλως βιώσασα, καὶ φύσιν ὑπεοβᾶσα, ἀνθ' ὧν ὡς ἄϋλος τοῖς ποσίν, ἐπιβαίνουσα Μαρία, Ἰορδάνην διεπέρασας.

Όσία τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Τὸν Κτίστην ἱλέωσαι, ὑπὲο τῶν εὐφημούντων σε, ὁσία Μῆτεο, ὁυσθῆναι κακώσεων, καὶ θλίψεων τῶν κύκλω, συνεπιτιθεμένων, ἵνα ὁυσθέντες τῶν πειοασμῶν, μεγαλύνωμεν ἀπαύστως, τὸν δοξάσαντά σε Κύοιον.

Have mercy on me, O God. Have mercy on me.

Do not demand from me worthy fruits of repentance, for my strength has failed within me. Give me an ever-contrite heart and poverty of spirit, that I may offer these to You as an acceptable sacrifice, O only Savior.

Have mercy on me, O God. Have mercy on me.

O my Judge who know me, when You come again with the angels to judge the whole world, look on me then with Your eye of mercy and spare me; take pity on me, Jesus, for I have sinned more than any other man.

Holy Mother Mary, pray to God for us.

By your strange way of life you struck all with wonder, both the hosts of angels and the gatherings of mortal men; for you surpassed nature and lived as though no longer in the body. Like a bodiless angel you walked upon the Jordan with your feet, O Mary, and crossed over it.

Holy Mother Mary, pray to God for us.

O holy Mother, call down the gracious mercy of the Creator upon us who sing your praises, that we may be set free from the sufferings and afflictions that assail us; so without ceasing, delivered from temptations, we shall magnify the Lord who glorified you.

Άγιε τοῦ Θεοῦ, πρέσβευε ὑπὲρ ἡμῶν.

Άνδοέα σεβάσμιε, καὶ Πάτεο τοισμακάοιστε, Ποιμὴν τῆς Κοήτης, μὴ παύση δεόμενος, ὑπὲο τῶν σὲ ὑμνούντω ἵνα ὁυσθῶμεν πάσης, ὀργῆς καὶ θλίψεως καὶ φωορᾶς, καὶ πταισμάτων ἀνεικάστων, οἱ τιμῶντές σου τὴν μνήνην πιστῶς.

## Δόξα. Τοιαδικόν.

Πατέρα δοξάσωμεν, Υίὸν ὑπερυψώσωμεν, τὸ θεῖον Πνεῦμα, πιστῶς προσκυνήσωμεν, Τριάδα ἀχώριστον, Μονάδα κατ' οὐσίαν, ὡς φῶς καὶ φῶτα καὶ ζωήν, καὶ ζωὰς ζωοποιοῦσαν, καὶ φωτίζουσαν τὰ πέρατα.

## Καὶ νῦν. Θεοτοκίον.

Τὴν Πόλιν σου φύλαττε, Θεογεννῆτος πάναγνε· ἐν σοὶ γὰς αὕτη, πιστῶς βασιλεύουσα, ἐν σοὶ καὶ κρατύνεται, καὶ διὰ σοῦ νικῶσα, τροποῦται πάντα πειρασμόν, καὶ σκυλεύει πολεμίους καὶ διέπει τὸ ὑπήκοον.

## ΑΝΑΓΝΩΣΤΗΣ

## Τοισάγιον.

Άγιος ὁ Θεός, ἄγιος Ἰσχυρός, ἄγιος Άθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τοιάς, ἐλέησον ἡμᾶς. Κύοιε, ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Holy Father Andrew, pray to God for us.

Venerable Andrew, father thrice-blessed, pastor of Crete, cease not to offer prayer for us who sing your praises; that we may be delivered from all danger and distress, from corruption and sin, who honor your memory with faith.

## Glory. For the Trinity.

Trinity in one Essence, Unity in three Persons, we sing Your praises; we glorify the Father, we magnify the Son, we worship the Holy Spirit, truly one God by nature, Life and Lives, Kingdom without end.

#### Both now. Theotokion.

Watch over Your city, all-pure Mother of God. For by you she reigns in faith, by you she is made strong; by you she is victorious, putting to flight every temptation, despoiling the enemy and ruling her subjects.

#### **READER**

## **Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτες ἡμῶν ὁ ἐν τοῖς οὐςανοῖς, άγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ώς ἐν οὐςανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄςτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμεςον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειςασμόν, ἀλλὰ ςῦσαι ἡμᾶς ἀπὸ τοῦ πονηςοῦ.

#### ΙΕΡΕΥΣ

Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Άγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. (Ἀμήν.)

## ΑΝΑΓΝΩΣΤΗΣ ΑΝΑΓΝΩΣΤΗΣ

Κοντάκιον.

Τοῦ Τριωδίου - - -

Ήχος πλ. β'.

Ψυχή μου ψυχή μου, ἀνάστα, τί καθεύδεις; τὸ τέλος ἐγγίζει, καὶ μέλλεις θοουβεῖσθαι· ἀνάνηψον οὖν, ἵνα φείσηταί σου Χοιστὸς ὁ Θεός, ὁ πανταχοῦ παρών, καὶ τὰ πάντα πληρῶν.

Κύριε, ἐλέησον. (μ')

Ο ἐν παντὶ καιοῷ καὶ πάση ὥοᾳ ἐν οὐρανῷ καὶ ἐπὶ γῆς προσκυνούμενος καὶ δοξαζόμενος Χριστὸς ὁ Θεός, ὁ μακρόθυμος, ὁ πολυέλεος, ὁ πολυεύσπλαγχνος, ὁ τοὺς δικαίους ἀγαπῶν καὶ τοὺς ἁμαρτωλοὺς ἐλεῶν, ὁ πάντας καλῶν πρὸς σωτηρίαν διά τῆς ἐπαγγελίας τῶν μελλόντων ἀγαθῶν , αὐτός Κύριε, πρόσδεξαι καὶ ἡμῶν ἐν τῆ ὧρα ταύτη τὰς

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. [COA]

#### **PRIEST**

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages. (*Amen.*)

## READER

**READER** 

Kontakion.

From Triodion - - -

Mode pl. 2.

My soul, O my soul, rise up! Why are you sleeping? The end draws near and soon you shall be troubled. Watch, then, that Christ your God may spare you, for He is everywhere present and fills all things.

Lord, have mercy. (40)

O Christ our God, who at all times and at every hour, both in heaven and on earth, are worshipped and glorified, long suffering and plenteous in mercy and compassion; who love the just and show mercy to the sinners; who call all men to salvation through the promise of the blessings to come: Do you, the same Lord, receive also our supplications at this present time, and direct our lives according

ἐντεύξεις καὶ ἴθυνον τὴν ζωὴν ἡμῶν ποὸς τὰς ἐντολάς σου. Τὰς ψυχὰς ἡμῶν ἁγίασον, τὰ σώματα ἄγνισον, τοὺς λογισμοὺς διόρθωσον, τὰς ἐννοίας κάθαρον καὶ ὁῦσαι ἡμᾶς ἀπὸ πάσης θλίψεως, κακῶν καὶ ὀδύνης. Τείχισον ἡμᾶς ἁγίοις σου Ἀγγέλοις, ἵνα τῆ παρεμβολῆ αὐτῶν φρουρούμενοι καὶ ὁδηγούμενοι καταντήσωμεν εἰς τὴν ἑνότητα τῆς πίστεως καὶ εἰς τὴν ἐπίγνωσιν τῆς ἀπροσίτου σου δόξης, ὅτι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Έν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

#### ΙΕΡΕΥΣ

Ό Θεὸς οἰκτιρήσαι ἡμᾶς καὶ εὐλογήσαι ἡμᾶς ἐπιφάναι τὸ πρόσωπον αὐτοῦ ἐφ' ἡμᾶς, καὶ ἐλεήσαι ἡμᾶς.

#### ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

#### ΙΕΡΕΥΣ

## Εὐχὴ τοῦ Άγίου Ἐφοαίμ

Κύριε καὶ Δέσποτα τῆς ζωῆς μου, πνεῦμα ἀργίας, περιεργίας, φιλαρχίας καὶ ἀργολογίας μή μοι δῷς.

Πνεῦμα δὲ σωφοοσύνης, ταπεινοφοοσύνης, ὑπομονῆς καὶ ἀγάπης χάοισαί μοι τῷ σῷ δούλῳ.

to your commandments. Sanctify our souls; purify our bodies; set our minds right; clear up our thoughts, and deliver us from every sorrow, evil and distress. Surround us with your holy Angels so that being guarded and guided by their presence, we may arrive at the unity of the faith and the knowledge of your ineffable glory; for blessed are you unto the ages of ages. Amen.

Lord, have mercy. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

In the name of the Lord, Father, bless!

#### **PRIEST**

May God have compassion on us and bless us; may his face shine upon us and have mercy on us.

#### **READER**

Amen.

#### **PRIEST**

## Prayer of St. Ephraim

O Lord and Master of my life, do not permit the spirit of laziness and meddling, the lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit of prudence, humility, patience and love.

Ναί, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ όρᾶν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν τὸν ἀδελφόν μου.

Ότι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

#### ΑΝΑΓΝΩΣΤΗΣ

## Τοισάγιον.

Άγιος ὁ Θεός, ἄγιος Ἰσχυρός, ἄγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τοιάς, ἐλέησον ἡμᾶς. Κύοιε, ἱλάσθητι ταῖς ἁμαοτίαις ἡμῶν. Δέσποτα, συγχώοησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτες ἡμῶν ὁ ἐν τοῖς οὐςανοῖς, άγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ώς ἐν οὐςανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄςτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμεςον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειςασμόν, ἀλλὰ ςῦσαι ἡμᾶς ἀπὸ τοῦ πονηςοῦ.

#### ΙΕΡΕΥΣ

Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ

Yes, Lord and King, give me the power to see my own faults and not to judge my brother.

For you are blessed unto the ages of ages. Amen. [HC]

#### READER

## **Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

#### **PRIEST**

For Thine is the Kingdom and the power and the glory, of the Father and of the Son

Αγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

#### ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Κύριε, ἐλέησον. (ιβ')

Εὐχὴ εἰς τὴν Ὑπεραγίαν Θεοτόκον Παύλου μοναχοῦ, Μονῆς τῆς Εὐεργέτιδος

Άσπιλε, ἀμόλυντε, ἄφθορε, ἄχραντε, άγνη Παρθένε, Θεόνυμφε Δέσποινα, ή Θεόν Λόγον τοῖς ἀνθοώποις τῆ παραδόξω σου κυήσει ένώσασα καὶ τὴν ἀπωσθεῖσαν φύσιν τοῦ γένους ἡμῶν τοῖς οὐρανίοις συνάψασα· ή τῶν ἀπηλπισμένων μόνη ἐλπὶς καί τῶν πολεμουμένων βοήθεια, ἡ ἑτοίμη ἀντίληψις τῶν εἰς σὲ προστρεχόντων, καὶ πάντων τῶν Χριστιανῶν τὸ καταφύγιον μὴ βδελύξη με τὸν ἁμαρτωλόν, τὸν ἐναγῆ, τὸν αἰσχροῖς λογισμοῖς καὶ λόγοις καὶ πράξεσιν ὅλον ἐμαυτὸν άχρειώσαντα, καί τῆ τῶν ἡδονῶν τοῦ βίου, ὁαθυμία γνώμης, δοῦλον γενόμενον. Άλλ' ώς τοῦ φιλανθοώπου Θεοῦ Μήτηο, φιλανθοώπως σπλαγχνίθητι ἐπ' ἐμοὶ τῷ άμαρτωλῷ καὶ ἀσώτῳ, καὶ δέξαι μου τὴν ἐκ ὁυπαρῶν χειλέων προσφερομένην σοι δέησιν, καὶ τὸν σὸν Υίόν, καὶ ἡμῶν Δεσπότην καὶ Κύριον, τῆ μητρικῆ σου παροησία χρωμένη δυσώπησον, ἵνα ἀνοίξη κἀμοὶ τὰ φιλάνθοωπα σπλάγχνα τῆς αὐτοῦ ἀγαθότητος καί, παριδών μου τὰ άναρίθμητα πταίσματα, ἐπιστρέψη με πρὸς μετάνοιαν καί τῶν αὐτοῦ ἐντολῶν ἐογάτην δόκιμον ἀναδείξη με. Καὶ πάοεσό μοι ἀεὶ ὡς ἐλεήμων καὶ συμπαθής καὶ φιλάγαθος, ἐν μὲν τῷ παρόντι βίῳ θερμή προστάτις καὶ βοηθός, τάς τῶν ἐναντίων ἐφόδους ἀποτειχίζουσα καὶ

and of the Holy Spirit, now and forever and to the ages of ages.

#### **READER**

Amen.

Lord, have mercy. (12)

**Prayer to the Virgin** by Paul the Monk of the Monastery of Evergetis

O spotless, unstained, incorruptible, undefiled, pure Virgin, Lady Bride of God, who through your wondrous birth-giving united God the Word with mankind, and linked the fallen nature of our human race with the heavenly; the only hope of the hopeless and the help of the persecuted; the ready support of those who seek refuge in you, and the shelter of all the Christians: do not despise me, the wretched sinner who have defiled myself with shameful thoughts and words and deeds, and through negligence of thought have become slave to the pleasures of life. But as the Mother of our compassionate God, and a friend of man, have compassion on me the sinner and prodigal, and accept this prayer from my impure lips; and using your motherly standing, entreat your Son and our Master and Lord to open unto me the depths of his loving goodness and, overlooking my innumerable faults, to return me to repentance and make me a worthy servant of his commandments. Stand by me forever; in this life as a merciful and compassionate and good and lovingly warm protector and helper, by repulsing the assaults of the adversary and leading me toward salvation; and at the time of my death, by embracing my miserable soul and driving far away from it the dark faces of the evil demons; and at the awesome day of

πρὸς σωτηρίαν καθοδηγοῦσα με καὶ ἐν τῷ καιοῷ τῆς ἐξόδου μου τὴν ἀθλίαν μου ψυχὴν περιέπουσα καὶ τὰς σκοτεινὰς ὄψεις τῶν πονηρῶν δαιμόνων πόρρω αὐτῆς ἀπελαύνουσα. Ἐν δὲ τῆ φοβερᾳ ἡμέρᾳ τῆς κρίσεως, τῆς αἰωνίου με ὁυομένη κολάσεως, καί τῆς ἀπορρήτου δόξης τοῦ σοῦ Υίοῦ καὶ Θεοῦ ἡμῶν κληρονόμον με ἀποδεικνύουσα. Ἡς καὶ τύχοιμι, Δέσποινα μου, ύπεραγία Θεοτόκε, διά τῆς σῆς μεσιτείας καὶ ἀντιλήψεως, χάριτι καὶ φιλανθοωπία τοῦ μονογενοῦς ΣουΥίοῦ, τοῦ Κυρίου καὶ Θεοῦ καὶ Σωτῆρος ἡμῶν Ἰησοῦ Χριστοῦ. Ὠι πρέπει πᾶσα δόξα, τιμὴ καὶ προσκύνησις, σύν τῷ ἀνάρχω αὐτοῦ Πατρὶ καὶ τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ αὐτοῦ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

## Εὐχὴ εἰς τὸν Κύ<mark>οιον</mark> ἡμῶν Ἰησοῦν Χοιστόν Ἀντιόχου Μοναχοῦ τοῦ Πανδέκτου

Καὶ δὸς ἡμῖν, Δέσποτα, πρὸς ὕπνον ἀπιοῦσιν , ἀνάπαυσιν σώματος καὶ ψυχῆς, καὶ διαφύλαξον ἡμᾶς ἀπό τοῦ ζοφεροῦ ύπνου τῆς ἁμαρτίας καὶ ἀπὸ πάσης σκοτεινής καὶ νυκτερινής ήδυπαθείας. Παῦσον τὰς ὁρμὰς τῶν παθῶν , σβέσον τὰ πεπυρωμένα βέλη τοῦ πονηροῦ τὰ καθ' ήμῶν δολίως κινούμενα. Τὰς τῆς σαρκὸς ήμῶν ἐπαναστάσεις κατάστειλον καὶ πᾶν γεῶδες καὶ ὑλικὸν ἡμῶν φοόνημα κοίμισον. Καὶ δώρησαι ἡμῖν, ὁ Θεός, γρήγορον νοῦν, σώφουα λογισμόν, καρδίαν νήφουσαν, ὕπνον ἐλαφρόν καὶ πάσης σατανικῆς φαντασίας ἀπηλλαγμένον. Διανάστησον δὲ ἡμᾶς ἐν τῷ καιοῷ τῆς προσευχῆς έστηριγμένους ἐν ταῖς ἐντολαῖς σου καὶ τὴν μνήμην τῶν σῶν κριμάτων ἐν ἑαυτοῖς

judgment by redeeming me from eternal hell, and proclaiming me an heir of the ineffable glory of your Son and our God. May I enjoy such fate, my Lady, most-holy Theotokos, through your intercession and protection; through the grace and love for mankind of your only begotten Son, our Lord and God and Savior Jesus Christ. To whom belong all glory, honor and worship, together with his beginningless Father, and the all holy and good and life giving Spirit, now and ever, and to the ages of ages. Amen.

## **Prayer to our Lord Jesus Christ**

## by Antiochus, Monk of Pandektos

And grant to us, Master, as we depart for sleep, rest of body and soul, and preserve us from the gloomy slumber of sin, and from every dark and nocturnal pleasure. Arrest the drives of passion; extinguish the burning arrows of the Evil One which insidiously fly in our direction; suppress the rebellions of our flesh, and calm our every earthly and material thought. And grant to us, O God, alert mind, prudent thinking, sober heart, light sleep free of any satanic fantasy. Awaken us at the time of prayer rooted in your commandments and having unbroken within us the remembrance of your ordinances. Grant that we may sing your glory through the night by praising and blessing and glorifying your most honorable and majestic name, of the Father and of the

ἀπαράθραυστον ἔχοντας. Παννύχιον ἡμῖν τὴν σὴν δοξολογίαν χάρισαι εἰς τὸ ὑμνεῖν καὶ εὐλογεῖν καὶ δοξάζειν τὸ πάντιμον καὶ μεγαλοπρεπὲς ὄνομα σου, τοῦ Πατρὸς καί τοῦ Υίοῦ καί τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Υπερένδοξε, ἀειπάρθενε, εὐλογημένη Θεοτόκε, προσάγαγε τὴν ἡμετέραν προσευχὴν τῷ Υίῷ σου καὶ Θεῷ ἡμῶν, καὶ αἴτησαι ἵνα σώση διὰ σοῦ τὰς ψυχὰς ἡμῶν.

Ἡ ἐλπίς μου ὁ Πατήρ, καταφυγή μου ὁ Υἱός, σκέπη μου τὸ Πνεῦμα τὸ ἄγιον, Τριὰς ἀγία, δόξα σοι.

Τὴν πᾶσαν ἐλπίδα μου, εἰς σὲ ἀνατίθημι, Μήτηο τοῦ Θεοῦ, φύλαξόν με ὑπὸ τὴν σκέπην σου.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Εὐλόγησον.

#### ΙΕΡΕΥΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς πρεσβείαις τῆς παναχράντου καὶ παναμώμου άγίας αὐτοῦ Μητρός, (τοῦ Αγίου τοῦ Ναοῦ) τῶν άγίων καὶ δικαίων Θεοπατόρων Ἰωακεὶμ καὶ ἄννης, καὶ πάντων τῶν Άγίων, ἐλεήσαι καὶ σώσαι ἡμᾶς, ὡς ἀγαθὸς καὶ φιλάνθρωπος.

Εὐξώμεθα ύπὲο εἰρήνης τοῦ κόσμου. (Κύριε, ἐλέησον.)

Υπες τῶν εὐσεβῶν καὶ ὀρθοδόξων Χριστιανῶν.

Υπὲο τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

Son and of the Holy Spirit, now and ever, and to the ages of ages. Amen. [HC]

Most glorious, ever virgin, blessed Theotokos, bring our prayer before your Son and our God, and entreat him, through you, to save our souls.

The Father is my hope, the Son is my refuge, the Holy Spirit is my shelter, Holy Trinity, glory to you. [HC]

O Mother of God, I have committed my every hope wholly unto you. Keep me under your shelter. [5D]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Father, bless!

#### **PRIEST**

May Christ our true God, through the intercessions of His all-pure and allimmaculate holy Mother, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Let us pray for the peace of the world.

(Lord, have mercy.)

For all pious and Orthodox Christians.

For our (episcopal rank) (name).

Υπέο τοῦ εὐσεβοῦς ἡμῶν ἔθνους.

Υπέρ εὐοδώσεως καὶ ἐνισχύσεως τοῦ φιλοχρίστου στρατοῦ.

Υπεο τῶν ἀπολειφθέντων πατέρων, καὶ ἀδελφῶν ἡμῶν.

Υπερ τῶν διακονούντων καὶ διακονησάντων ἡμῖν.

Υπὲο τῶν μισούντων καὶ ἀγαπώντων ήμᾶς.

Υπεο τῶν ἐντειλαμένων ἡμῖν τοῖς ἀναξίοις εὕχεσθαι ὑπὲο αὐτῶν.

Υπέο ἀναρούσεως τῶν αἰχμαλώτων.

Υπερ τῶν ἐν θαλάσση καλῶς πλεόντων.

Υπὲρ τῶν ἐν ἀσθενείαις κατακειμένων.

Εὐξώμεθα καὶ ὑπὲο εὐφορίας τῶν καρπῶν τῆς γῆς.

Καὶ ὑπὲς πάντων τῶν ποοαναπαυσαμένων πατέςων καὶ ἀδελφῶν ἡμῶν, τῶν ἐνθάδε εὐσεβῶς κειμένων, καὶ ἀπανταχοῦ Ὀρθοδόξων.

Εἴπωμεν καὶ ὑπὲο ἑαυτῶν, τὸ Κύοιε, ἐλέησον. Κύοιε, ἐλέησον. Κύοιε, ἐλέησον.

#### ΙΕΡΕΥΣ

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν, Κύριε Ἰησοῦ Χριστὲ ὁ Θεός, ἐλέησον καὶ σῶσον ἡμᾶς.

(Άμήν.)

For our nation.

For the armed forces.

For our departed fathers and mothers, sisters and brothers.

For those who have mercy on us and serve us.

For those who hate us and those who love us.

For those who have asked us the unworthy to pray for them.

For the release of captives.

For those who are traveling.

For those who are ill.

Let us pray also for the abundance of the fruits of the earth.

And for all our family and friends who have fallen asleep before us, the Orthodox here and everywhere piously laid to sleep.

Let us also say for ourselves: Lord, have mercy. Lord, have mercy. Lord, have mercy.

#### **PRIEST**

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)