

**eMatins powered by AGES**

# The Service of Matins

**for Sunday, July 7, 2019**

**Octoechos - Mode 2.  
on Sunday Morning**

**Eothinon 3**

**Menaion - July 7  
Memory of the Holy Martyr Kyriake**

**Katavasias of Theotokos**

**Texts in Greek and English**

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vol Orthodox Monastery of the Veil of our Lady

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**Ὁκτώηχος - Ἦχος β'.**

Τῇ Κυριακῇ Πρωῖ

**Μηναιον - ΤΗ Ζ' ΙΟΥΛΙΟΥ**

Μνήμη τῆς Ἀγίας Μάρτυρος Κυριακῆς

## ΟΡΘΟΣ

**ΧΟΡΟΣ**

**Ἦχος β'.**

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.  
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι  
Κυρίου.

**Στίχ. α'.** Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ  
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

*ἦ· Ἐξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός,  
ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.*

**Στίχ. β'.** Πάντα τὰ ἔθνη ἐκύκλωσάν με,  
καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

**Στίχ. γ'.** Παρὰ Κυρίου ἐγένετο αὕτη καὶ  
ἔστι θαυμαστή ἐν ὀφθαλμοῖς ἡμῶν.

*Τῆς Ὁκτώηχου ---*

**Ἀπολυτίκιον Ἀναστάσιμον.**

**Ἦχος β'.**

Ὅτε κατήλθες πρὸς τὸν θάνατον, ἡ  
Ζωὴ ἡ ἀθάνατος, τότε τὸν Ἄϊδην ἐνέκρωσας  
τῇ ἀστραπῇ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς  
τεθνεώτας ἐκ τῶν καταχθονίων ἀνέστησας,  
πᾶσαι αἱ Δυνάμεις τῶν ἐπουρανίων  
ἐκραύγαζον· Ζωοδότα Χριστέ ὁ Θεὸς ἡμῶν  
δόξα σοι.

Δόξα. **Τῆς Ἀγίας.**

**Ἦχος δ'.**

Ἡ ἀμνάς σου Ἰησοῦ, κράζει μεγάλη τῇ  
φωνῇ. Σὲ Νυμφίε μου ποθῶ, καὶ σὲ ζητοῦσα  
ἀθλῶ, καὶ συσταυροῦμαι καὶ συνθάπτομαι  
τῷ βαπτισμῷ σου· καὶ πάσχω διὰ σέ, ὡς  
βασιλεύσω σὺν σοί, καὶ θνήσκω ὑπὲρ σου,  
ἵνα καὶ ζήσω ἐν σοί· ἀλλ' ὡς θυσίαν ἁμωμον

**Octoechos - Mode 2.**

On Sunday Morning

**Menaion - July 7**

Memory of the Holy Martyr Kyriake

## MATINS

**CHOIR**

**Mode 2.**

God is the Lord, and He revealed Himself  
to us. Blessed is he who comes in the name of  
the Lord. [SAAS]

**Verse 1:** Give thanks to the Lord and call  
upon His name.

*or: Give thanks to the Lord, for He is good; for  
His mercy endures forever.*

**Verse 2:** All the nations surrounded me, but  
in the name of the Lord I defended myself against  
them.

**Verse 3:** And this came about from the Lord,  
and it is wonderful in our eyes.

*From Octoechos ---*

**Resurrectional Apolytikion.**

**Mode 2.**

When You descended unto death, O Lord  
who yourself are immortal Life, then did You  
mortify Hades by the lightning flash of Your  
Divinity. Also when You raised the dead from  
the netherworld, all the Powers of the heavens  
were crying out: O Giver of life, Christ our  
God, glory to You. [SD]

Glory. **For the Holy Woman.**

**Mode 4.**

Your own ewe-lamb cries to You loudly,  
O Jesus, and she says, \* "For my Bridegroom  
do I long, and seeking You I now contend;  
\* and I am crucified and buried with You  
in Your baptism. \* I suffer for Your sake,  
that I may reign with You. \* I die for You

προσδέχου τὴν μετὰ πόθου τυθεῖσάν σοι.  
Αὐτῆς πρεσβείαις, ὡς ἐλεήμων, σῶσον τὰς  
ψυχὰς ἡμῶν.

Τῆς Οκτωήχου - - -

Καὶ νῦν. **Θεοτοκίον.**

**Ἦχος δ'.**

Τὸ ἀπ' αἰῶνος ἀπόκρυφον, καὶ Ἀγγέλοις  
ἄγνωστον μυστήριον, διὰ σοῦ Θεοτόκε τοῖς  
ἐπὶ γῆς πεφανέρωται· Θεὸς ἐν ἀσυγχύτῳ  
ἐνώσει σαρκούμενος, καὶ Σταυρὸν  
ἐκουσίως ὑπὲρ ἡμῶν καταδεξάμενος· δι' οὗ  
ἀναστήσας τὸν πρωτόπλαστον, ἔσωσεν ἐκ  
θανάτου τὰς ψυχὰς ἡμῶν.

## ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου  
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,  
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν  
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,  
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου  
Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων.

(Ἀμήν.)

that I may also live in You. \* Accept me as  
an unblemished sacrifice \* as I offer myself  
to You with love." \* At her entreaties and  
intercessions, \* save our souls, O Merciful  
Lord. [SD]

From Octoechos - - -

Both now. **Theotokion.**

**Mode 4.**

O Theotokos, through you became  
manifest to us on earth the mystery, which  
was hid from eternity, and which the Angels  
themselves knew not: that God, uniting  
natures without confusion, becomes a man  
and accepts crucifixion for our salvation  
voluntarily. By virtue of this, resurrecting  
man whom He had first created, He saved our  
souls from death. [SD]

## PRIEST

Again and again, in peace, let us pray to  
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and  
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commend ourselves and one another and  
our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is  
the kingdom and the power and the glory,  
of the Father and of the Son and of the Holy  
Spirit, now and forever and to the ages of  
ages.

(Amen.)

Τῆς Ὀκτωήχου ---

**ΧΟΡΟΣ**

**Κάθισμα Α΄.**  
**Ἦχος β΄.**

Ὁ εὐσχήμων Ἰωσήφ, ἀπὸ τοῦ ξύλου  
καθελὼν, τὸ ἄχραντόν σου Σῶμα, σινδόνι  
καθαρᾷ, εἰλήσας καὶ ἀρώμασιν, ἐν μνήματι  
καινῷ, κηδεύσας ἀπέθετο· ἀλλὰ τριήμερος  
ἀνέστης Κύριε, παρέχων τῷ κόσμῳ τὸ μέγα  
ἔλεος.

Δόξα.

Ταῖς μυροφόροις Γυναιξί, παρὰ τὸ  
μνήμα ἐπιστάς, ὁ Ἄγγελος ἐβόα· Τὰ μύρα  
τοῖς θνητοῖς ὑπάρχει ἀρμόδια, Χριστὸς  
δὲ διαφθορᾷς ἐδείχθη ἀλλόττριος, ἀλλὰ  
κραυγάσατε· Ἀνέστη ὁ Κύριος, παρέχων τῷ  
κόσμῳ τὸ μέγα ἔλεος.

Καὶ νῦν. **Θεοτοκίον.**

Πάντα ὑπὲρ ἔννοιαν, πάντα  
ὑπερένδοξα, τὰ σὰ Θεοτόκε μυστήρια,  
τῇ ἀγνείᾳ ἐσφραγισμένη, καὶ παρθενία  
φυλαττομένη, Μήτηρ ἐγνώσθης ἀψευδῆς,  
Θεὸν τεκοῦσα ἀληθινόν· αὐτὸν ἰκέτευε  
σωθῆναι τὰς ψυχὰς ἡμῶν.

Τῆς Ὀκτωήχου ---

**Κάθισμα Β΄.**  
**Ἦχος β΄.**

Τὸν λίθον τοῦ μνήματος, σφραγισθῆναι  
μὴ κωλύσας, τὴν πέτραν τῆς πίστεως,  
ἀναστὰς παρέσχες πᾶσι, Κύριε δόξα σοι.

Δόξα.

Τῶν Μαθητῶν σου ὁ χορὸς, σὺν  
μυροφόροις Γυναιξίν, ἀγάλλεται  
συμφώνως· κοινήν γὰρ ἑορτὴν σὺν αὐτοῖς  
ἐορτάζομεν, εἰς δόξαν καὶ τιμὴν τῆς σῆς

From Octoechos ---

**CHOIR**

**Kathisma I.**  
**Mode 2.**

When he took down Your immaculate  
Body from the Cross, the honorable Joseph  
wrapped it in a clean linen shroud with spices  
and laid it for burial in a new tomb. But on the  
third day You arose, O Lord, and granted the  
world Your great mercy. [SD]

Glory.

The Angel standing at the sepulcher  
cried out and said to the ointment-bearing  
women: The ointments are appropriate for  
mortal men, but Christ has been shown to  
be a stranger to decay. So go and cry aloud,  
The Lord has risen and granted the world His  
great mercy. [SD]

Both now. **Theotokion.**

All surpassing every thought, all  
surpassing glorious, O Theotokos, are your  
mysteries. For while bearing the seal of purity  
and preserved in virginity, you were deemed  
a Mother in truth, for to the true God you  
gave birth. To Him pray fervently, entreating  
Him to save our souls. [SD]

From Octoechos ---

**Kathisma II.**  
**Mode 2.**

Not barring the stone of the tomb from  
being sealed shut, You rose and You granted  
unto all the rock of faith. Glory to You, O  
Lord. [SD]

Glory.

The host of Your Disciples and the  
ointment-bearing women are with one accord  
exulting. Together with them we celebrate  
a common feast to glorify and honor Your

Ἀναστάσεως, καὶ δι' αὐτῶν, φιλάνθρωπε  
Κύριε, τῷ λαῷ σου παράσχου τὸ μέγα ἔλεος.

Καὶ νῦν. **Θεοτοκίον.**

Ὑπερευλογημένη ὑπάρχεις, Θεοτόκε  
Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος,  
ὁ ἄδης ἠχμαλώτισταί, ὁ Ἀδὰμ ἀνακέκληται,  
ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἠλευθέρωται,  
ὁ θάνατος τεθανάτωται, καὶ ἡμεῖς  
ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν·  
Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως  
εὐδοκήσας δόξα σοι.

**Εὐλογητάρια Ἀναστάσιμα.**  
**Ἦχος πλ. α'.**

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Τῶν Ἀγγέλων ὁ δῆμος, κατεπλάγη ὀρώων  
σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου  
δὲ Σωτῆρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν  
ἑαυτῷ τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἰδίου  
πάντας ἐλευθερώσαντα.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν,  
ὦ Μαθήτριάι κιρνᾶτε; ὁ ἀστράπτων ἐν  
τῷ τάφῳ Ἄγγελος, προσεφθέγγετο ταῖς  
Μυροφόροις· Ἴδετε ὑμεῖς τὸν τάφον  
καὶ ἦσθητε· ὁ Σωτῆρ γὰρ ἐξανέστη τοῦ  
μνήματος.

Resurrection. And through them, O Lord who  
love humanity, bestow on Your people the  
great mercy. [SD]

Both now. **Theotokion.**

You are supremely blessed, O Virgin  
Theotokos. For through Him who from you  
became incarnate was Hades taken prisoner,  
and Adam has been summoned back; the  
curse has been neutralized, and Eve has  
been liberated; death has been put to death,  
and we have been brought to life. Therefore  
extolling we cry out: O Christ our God, You  
are blessed, for so was Your good pleasure.  
Glory to You! [SD]

**Resurrectional Evlogetaria.**  
**Mode pl. 1.**

*Blessed are You, O Lord, teach me Your  
statutes.*

When the hosts of the Angels saw how  
You were accounted among the dead, they  
all marveled. You, O Savior, are the One who  
destroyed the might of death; and when You  
arose You raised Adam with yourself and  
from Hades liberated everyone. [SD]

*Blessed are You, O Lord, teach me Your  
statutes.*

"Why do you mingle the ointments with  
your tears full of pity, O women disciples?"  
Thus the Angel who was shining in the tomb  
cried to the myrrh-bearing women. "See for  
yourselves the empty tomb and understand,  
that the Savior has risen from the sepulcher."

[SD]

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Λίαν πρωΐ, Μυροφόροι ἔδραμον,  
πρὸς τὸ μνήμά σου θρηνολογοῦσαι· ἀλλ'  
ἐπέστη, πρὸς αὐτὰς ὁ Ἄγγελος, καὶ εἶπε·  
θρήνου ὁ καιρὸς πέπαυται, μὴ κλαίετε, τὴν  
Ἀνάστασιν δέ, Ἀποστόλοις εἶπατε.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Μυροφόροι γυναῖκες, μετὰ μύρων  
ἐλθοῦσαι, πρὸς τὸ μνήμά σου, Σῶτερ  
ἐνηχοῦντο. Ἀγγέλου τρανῶς, πρὸς αὐτὰς  
φθεγγομένου· Τί μετὰ νεκρῶν, τὸν ζῶντα  
λογίζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ  
μνήματος.

Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου  
Υἱόν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν  
Τριάδα, ἐν μιᾷ τῇ οὐσίᾳ, σὺν τοῖς Σεραφεῖμ,  
κράζοντες τό· Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθέने,  
τὸν Ἀδὰμ ἁμαρτίας, χαρμονὴν δὲ τῇ Εὐᾷ,  
ἀντὶ λύπης παρέσχες, ῥεύσαντα ζωῆς, ἴθυνε  
πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθεὶς Θεὸς  
καὶ ἄνθρωπος.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.  
Δόξα σοι, ὁ Θεός. (ἐκ γ')

### ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου  
δεηθῶμεν.

(Κύριε, ἐλέησον.)

*Blessed are You, O Lord, teach me Your  
statutes.*

Very early in the morning, the myrrh-  
bearing women were hastening to Your tomb  
lamenting. But the Angel appeared to them  
and uttered, "The time for lamentation has  
ended; weep no more. Go announce the  
Resurrection to the Apostles." [SD]

*Blessed are You, O Lord, teach me Your  
statutes.*

When the myrrh-bearing women had  
come with their spices to Your sepulcher,  
O Savior, they heard the voice of an Angel  
clearly speaking to them, "Why do you  
account among the dead the One who lives?  
For as God, He has risen from the sepulcher."

[SD]

Glory.

We bow down in worship to the Father  
and His Son and the Holy Spirit, the Holy  
Trinity, one in essence; and we cry aloud with  
the Seraphim: Holy, Holy, Holy are You, O  
Lord. [SD]

Both now.

Giving birth to the Giver of life, O Virgin,  
you delivered Adam from sin, and to Eve you  
have rendered joy in place of sorrow. He who  
from you became incarnate, God and man,  
has directed to life him who fell from it. [SD]

Alleluia. Alleluia. Alleluia. Glory to You,  
O God. (3)

### DEACON

Again and again, in peace, let us pray to  
the Lord.

(Lord, have mercy.)



Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,  
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

### ΙΕΡΕΥΣ

Ὅτι ἡὐλόγηταί σου τὸ ὄνομα, καὶ  
δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ  
τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ  
ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

### ΑΝΑΓΝΩΣΤΗΣ

Τῆς Οκτωήχου - -

**Ὑπακοή. Ἦχος β'.**

Μετὰ τὸ Πάθος πορευθεῖσαι ἐν τῷ  
μνήματι πρὸς τὸ μυρίσαι τὸ σῶμά σου αἱ  
γυναῖκες Χριστέ ὁ Θεός, εἶδον Ἀγγέλους ἐν  
τῷ τάφῳ καὶ ἐξέστησαν· φωνῆς γὰρ ἤκουον  
ἐξ αὐτῶν, ὅτι ἀνέστη ὁ Κύριος, δωρούμενος  
τῷ κόσμῳ τὸ μέγα ἔλεος.

### ΧΟΡΟΣ

**Οἱ Ἀναβαθμοί.**

**Ἀντίφωνον Α'. Ἦχος β'.**

Ἐν τῷ οὐρανῷ τὰ ὄμματα, ἐκπέμπω μου  
τῆς καρδίας, πρὸς σὲ Σωτήρ, σῶσόν με σὴ  
ἐπιλάμψει.

Ἐλέησον ἡμᾶς τοὺς πταίοντάς σοι  
πολλὰ καθ' ἐκάστην ὥραν, ὦ Χριστέ μου,  
καὶ δὸς πρὸ τέλους τρόπους, τοῦ μετανοεῖν  
σοι.

Help us, save us, have mercy on us, and  
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commend ourselves and one another and  
our whole life to Christ our God.

(To You, O Lord.)

### PRIEST

For blessed is your name, and glorified is  
your kingdom, of the Father and the Son and  
the Holy Spirit, now and forever and to the  
ages of ages.

(Amen.)

### READER

From Octoechos - -

**Hypakoe. Mode 2.**

After the Passion, O Christ God, the  
women went to the tomb to anoint Your  
body, and they saw Angels in the sepulcher,  
and they were amazed. For they heard them  
saying that the Lord has risen and granted the  
world the great mercy. [SD]

### CHOIR

**Anavathmoi.**

**Antiphon I. Mode 2.**

Savior, I direct the eyes of my heart unto  
You in heaven. Save me, I pray, shining on me  
Your resplendence. [SD]

Have mercy, O my Christ, on us who  
hourly commit sin against You manifoldly;  
and give us means before the end to turn to  
You in repentance. [SD]



Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, τὸ βασιλεύειν πέλει,  
τὸ ἀγιάζειν, τὸ κινεῖν τὴν κτίσιν· Θεὸς γὰρ  
ἐστίν, ὁμοούσιος Πατρὶ καὶ Λόγῳ.

**Ἀντίφωνον Β'.**

Εἰμὴ ὅτι Κύριος ἦν ἐν ἡμῖν, τίς ἱκανὸς  
σῶος φυλαχθῆναι, ἐκ τοῦ ἐχθροῦ ἅμα, καὶ  
ἀνθρωποκτόνου;

Τοῖς ὁδοῦσιν αὐτῶν, μὴ παραδῶς Σῶτερ  
τὸν σὸν δοῦλον, λέοντος τρόπον κατ' ἐμοῦ  
κινοῦνται· καὶ γὰρ οἱ ἐχθροί μου.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, ζωαρχία καὶ γέρας·  
πάντα γὰρ τὰ κτιστά, ὡς Θεὸς ὢν δυναμοῖ,  
συντηρεῖ ἐν Πατρὶ δι' Υἱοῦ δέ.

**Ἀντίφωνον Γ'.**

Οἱ πεποιθότες ἐπὶ Κύριον, ἐοίκασιν  
ὄρει τῷ ἁγίῳ, οἱ οὐδαμῶς σαλεύονται,  
προσβολαῖς τοῦ Βελίαρ.

Ἐν ἀνομίαις χεῖρας αὐτῶν μὴ  
ἐκτεινάτωσαν οἱ θείως ζῶντες· οὐ γὰρ ἔα  
Χριστός, τῇ ῥάβδῳ τὸν κληρὸν αὐτοῦ.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, προσπηγάζει πᾶσα  
σοφία, ἔνθεν χάρις Ἀποστόλοις, καὶ τοῖς  
ἅθλοις καταστέφονται Μάρτυρες, καὶ  
Προφῆται ὀρῶσι.

**Προκείμενον.**

Ἐξεγέρθητι, Κύριε ὁ Θεός μου, ἐν  
προστάγματι, ᾧ ἐνετείλω, καὶ συναγωγὴ  
λαῶν κυκλώσει σε. (δίζ)

Glory. Both now.

To the Holy Spirit is it proper to rule and  
to hallow and to move creation; for He is God,  
coessential with the Father and the Logos. [SD]

**Antiphon II.**

If the Lord were not among us, who  
would be sufficient to preserve himself  
uninjured from the enemy and murderer of  
mankind? [SD]

Hand me not to the teeth of my enemies,  
O my Savior; for in the manner of a lion they  
come against me Your servant. [SD]

Glory. Both now.

In the Holy Spirit is life-source and honor:  
being as He is God, in the Father through  
the Son He strengthens and sustains every  
creature. [SD]

**Antiphon III.**

They whose confidence is in the Lord are  
like the holy mountain: they are in no way  
shaken by the assaults of Belial. [SD]

Let those who live for God not stretch  
forth their hands in unlawful acts; for Christ  
will not suffer His lot to be oppressed by the  
rod of sinners. [SD]

Glory. Both now.

From the Holy Spirit does in addition  
all wisdom also issue; whence is grace to the  
Apostles, and the Martyrs for their contests  
receive the crowns, and the Prophets are  
seers. [SD]

**Prokeimenon.**

Awaken, O Lord my God, in the  
ordinance You commanded, so the

**Στίχ.** Κύριε ὁ Θεός μου, ἐπὶ σοὶ ἤλπισα.

Ἐξεγέρθητι, Κύριε ὁ Θεός μου, ἐν  
προστάγματι, ᾧ ἐνετείλω, καὶ συναγωγὴ  
λαῶν κυκλώσει σε.

Τῆς Ὀκτωήχου ---

**ΑΝΑΓΝΩΣΤΗΣ**

**Κοντάκιον Ἀναστάσιμον.**

Ἀνέστης Σωτὴρ, ἐκ τάφου Παντοδύναμε  
καὶ Ἄιδης ἰδὼν, τὸ θαῦμα ἐξεπλήττετο,  
καὶ νεκροὶ ἀνίσταντο, καὶ ἡ κτίσις ἰδοῦσα  
συγχαίρει σοι, καὶ ὁ Ἀδάμ συναγάλλεται,  
καὶ κόσμος Σωτὴρ μου ἀνυμνεῖ σε ἀεί.

**Ὁ Οἶκος.**

Σὺ εἶ τὸ φῶς τῶν ἐσκοτισμένων, σὺ  
εἶ ἡ ἀνάστασις πάντων καὶ ἡ ζωὴ τῶν  
βροτῶν καὶ πάντας συνανέστησας, τοῦ  
θανάτου τὸ κράτος Σωτὴρ σκυλεύσας, καὶ  
τοῦ Ἄιδου τὰς πύλας συντρίψας Λόγε, καὶ οἱ  
θνητοὶ κατιδόντες τὸ θαῦμα ἐθαύμαζον, καὶ  
πᾶσα κτίσις συγχαίρει ἐν τῇ σῇ Ἀναστάσει,  
Φιλάνθρωπε. Διὸ καὶ πάντες δοξάζομεν,  
καὶ ὑμνοῦμεν τὴν σὴν συγκατάβασιν, καὶ  
κόσμος Σωτὴρ μου ἀνυμνεῖ σε ἀεί.

**Συναξάριον.**

Τοῦ Μηναίου.

Τῇ Ζ' τοῦ αὐτοῦ μηνός, Μνήμη τοῦ  
Ὁσίου Πατρὸς ἡμῶν Θωμᾶ τοῦ ἐν τῷ  
Μαλεῶ.

Τῇ αὐτῇ ἡμέρᾳ, Μνήμη τῆς Ἀγίας  
Μάρτυρος Κυριακῆς.

Τῇ αὐτῇ ἡμέρᾳ, Μνήμη τῶν Ἀγίων  
Μαρτύρων Περεγρίνου καὶ τῶν σὺν αὐτῷ,

congregation of the peoples shall surround  
You. (2)

**Verse:** O Lord my God in You I hope.

Awaken, O Lord my God, in the  
ordinance You commanded, so the  
congregation of the peoples shall surround  
You. [SAAS]

From Octoechos ---

**READER**

**Resurrectional Kontakion.**

You rose from the tomb, O Savior all-  
powerful, and Hades beheld the marvel and  
was struck with fear, and the dead were rising  
up, and creation beholds and rejoices with  
You, and Adam is also exultant; O my Savior,  
and the world ever sings Your praise. [SD]

**Oikos.**

You are the light of those in darkness,  
You are the resurrection of all and the life of  
mortals, and with yourself You resurrected  
everyone, O Savior, despoiling the dominion  
of death, and smashing the gates of Hades,  
O Word. The mortals, beholding the miracle,  
marvelled, and all creation rejoices in Your  
Resurrection, O Lover of mankind. Therefore  
we all glorify and extol Your condescension;  
O my Savior, and the world ever sings Your  
praise. [GKD]

**Synaxarion.**

From the Menaion.

On July 7 we commemorate our devout  
Father Thomas of Mount Maleon.

On this day we also commemorate the  
holy Martyr Kyriake.

On this day we also commemorate the  
holy Martyrs Peregrinus and those with

Λουκιανοῦ, Πομπηΐου, Ἡσυχίου, Παππίου, Σατορνίνου καὶ Γερμανοῦ.

Τῇ αὐτῇ ἡμέρᾳ, Μνήμη τῶν Ἀγίων Μαρτύρων Εὐσταθίου, Πολυκάρπου καὶ Εὐαγγέλου.

Ταῖς αὐτῶν ἀγίαις πρεσβείαις, ὁ Θεός, ἐλέησον ἡμᾶς. Ἀμήν.

# ΧΟΡΟΣ

## Καταβασίαι τῆς Θεοτόκου Ὦδὴ α΄. Ἦχος δ΄.

Ἀνοίξω τὸ στόμα μου, καὶ πληρωθήσεται Πνεύματος, καὶ λόγον ἐρεῦξομαι, τῇ Βασιλίδι Μητρί, καὶ ὀφθήσομαι, φαιδρῶς πανηγυρίζων, καὶ ἄσω γηθόμενος, ταύτης τὰ θαύματα.

## Ὦδὴ γ΄.

Τοὺς σοὺς ὑμνολόγους Θεοτόκε, ὡς ζῶσα καὶ ἄφθονος πηγὴ, θίασον συγκροτήσαντας πνευματικόν, στερέωσον· καὶ ἐν τῇ θείᾳ δόξῃ σου, στεφάνων δόξης ἀξίωσον.

## Ὦδὴ δ΄.

Τὴν ἀνεξιχνίαστον θείαν βουλήν, τῆς ἐκ τῆς Παρθένου σαρκώσεως, σοῦ τοῦ Ὑψίστου, ὁ Προφήτης, Ἀββακούμ, κατανοῶν ἐκραύγαζε· Δόξα τῇ δυνάμει σου Κύριε.

## Ὦδὴ ε΄.

Ἐξέστη τὰ σύμπαντα, ἐπὶ τῇ θείᾳ δόξῃ σου· σὺ γὰρ ἀπειρογάμε Παρθένε, ἔσχες ἐν μήτρᾳ, τὸν ἐπὶ πάντων Θεόν, καὶ τέτοκας ἄχρονον Υἱόν, πᾶσι τοῖς ὑμνοῦσί σε, σωτηρίαν βραβεύοντα.

him: Lucian, Pompey, Hesychius, Pappias, Saturninus, and Germanus.

On this day we also commemorate the holy Martyrs Eustathius, Polycarp, and Evangelos.

By their holy intercessions, O God, have mercy on us. Amen.

# CHOIR

## Katavasias of Theotokos Ode i. Mode 4.

I open my mouth and pray the Spirit fill it, like David said, \* to pour out a good word to the Queen and Mother of God. \* I will celebrate \* her feast with joy and gladness \* and sing to her merrily, lauding her miracles.

[SD]

## Ode iii.

Establish your servants who extol you, \* O Mother of God, for they have formed \* a spiritual choir for you \* the living and abundant fount; \* and graciously in your divine glory give glorious crowns to them. [SD]

## Ode iv.

When the Prophet Habakkuk heard the divine \* and incomprehensible counsel of Your Incarnation \* from the Virgin, O Most High, \* considering, he cried aloud: \* Glory to Your power, O Lord my God. [SD]

## Ode v.

Amazed was the universe by your divine magnificence. \* You who were perpetually virgin \* carried the heavenly God of all in your womb \* and gave birth to the eternal Son, \* who awards salvation to all who sing hymns of praise to you. [SD]

**Ὦδὴ ζ'.**

Τὴν θείαν ταύτην καὶ πάντιμον,  
τελοῦντες ἑορτὴν οἱ θεόφρονες, τῆς  
Θεομήτορος, δεῦτε τὰς χεῖρας κροτήσωμεν,  
τὸν ἐξ αὐτῆς τεχθέντα Θεὸν δοξάζοντες.

**Ὦδὴ ζ'.**

Οὐκ ἐλάτρευσαν τῇ κτίσει οἱ θεόφρονες,  
παρὰ τὸν Κτίσαντα, ἀλλὰ πυρὸς ἀπειλήν,  
ἀνδρείως πατήσαντες, χαίροντες ἔψαλλον.  
Ὑπερύμνητε, ὁ τῶν Πατέρων Κύριος, καὶ  
Θεὸς εὐλογητὸς εἶ.

**Ὦδὴ η'.**

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν  
τὸν Κύριον.

Παῖδας εὐαγεῖς ἐν τῇ καμίνῳ, ὁ  
τόκος τῆς Θεοτόκου διεσώσατο, τότε  
μὲν τυπούμενος, νῦν δὲ ἐνεργούμενος,  
τὴν οἰκουμένην ἅπασαν, ἀγείρει  
ψάλλουσιν. Τὸν Κύριον ὑμνεῖτε τὰ ἔργα,  
καὶ ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

**ΔΙΑΚΟΝΟΣ**

Τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

**ΙΕΡΕΥΣ**

Ὅτι Ἅγιος εἶ ὁ Θεὸς ἡμῶν, καὶ ἐν  
ἁγίοις ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν  
ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ  
ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς  
αἰῶνας τῶν αἰώνων.

**ΧΟΡΟΣ**

Ἀμήν.

**Ode vi.**

O godly-minded believers, come \* and  
celebrate this sacred and venerable feast  
and thus extol \* the Theotokos, and clap our  
hands, \* and glorify our God who was truly  
born of her. [SD]

**Ode vii.**

Godly-minded three \* did not adore  
created things in the Creator's stead; \* rather,  
disdaining the threat \* of fire, they trampled  
it, and joyfully they sang: \* "O supremely  
praised \* and most exalted Lord and God \* of  
the fathers, You are blessed." [SD]

**Ode viii.**

*We praise and we bless and we worship the  
Lord.*

Guiltless were those Servants in the  
furnace. \* The Son of the Theotokos went and  
rescued them. \* He who was prefigured then,  
\* having been incarnate now, \* is gathering  
the whole wide world into His Church to  
sing: \* "O all you works of the Lord, to all  
ages \* sing praises to the Lord and exalt Him  
beyond measure." [SD]

**DEACON**

Let us pray to the Lord.

(Lord, have mercy.)

**PRIEST**

For you are holy, our God, who rest  
among the Saints, and to you we give glory,  
to the Father and the Son and the Holy Spirit,  
now and forever and to the ages of ages.

**CHOIR**

Amen.

**Ἦχος β'.**

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς)  
Αἰνεσάτω πνοὴ πᾶσα τὸν Κύριον.

**ΔΙΑΚΟΝΟΣ**

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς  
ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον  
τὸν Θεὸν ἡμῶν ἱκετεύωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,  
ἐλέησον.)

**ΔΙΑΚΟΝΟΣ**

Σοφία. Ὁρθοί. Ἀκούσωμεν τοῦ ἁγίου  
Εὐαγγελίου.

**ΙΕΡΕΥΣ**

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

**ΙΕΡΕΥΣ**

Ἐκ τοῦ κατὰ Μάρκον ἁγίου Εὐαγγελίου  
τὸ ἀνάγνωσμα.

**ΔΙΑΚΟΝΟΣ**

Πρόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

**ΙΕΡΕΥΣ (ἀπὸ τῆς ἁγίας τραπέζης)**

Ἑωθινὸν Γ'  
Μάρκον ΙϚ' 9-20

Ἀναστὰς ὁ Ἰησοῦς πρωτὶ πρώτη  
Σαββάτου ἐφάνη πρῶτον Μαρίᾳ τῇ  
Μαγδαληνῇ, ἀφ' ἧς ἐκβεβλήκει ἑπτὰ  
δαιμόνια. Ἐκείνη πορευθεῖσα ἀπήγγειλε  
τοῖς μετ' αὐτοῦ γενομένοις, πενθοῦσι καὶ  
κλαίουσι. Καὶ οἱ ἀκούσαντες ὅτι ζῇ  
καὶ ἐθεάθη ὑπ' αὐτῆς ἠπίστησαν. Μετὰ  
δὲ ταῦτα δυσὶν ἐξ αὐτῶν περιπατοῦσιν  
ἐφανερώθη ἐν ἑτέρᾳ μορφῇ, πορευομένοις,  
εἰς ἀγρόν. Καὶ οἱ ἀπελθόντες  
ἀπήγγειλαν τοῖς λοιποῖς, οὐδὲ ἐκείνοις  
ἐπίστευσαν. Ὑστερον, ἀνακειμένοις αὐτοῖς

**Mode 2.**

Let everything that breathes praise the  
Lord. (2) Let everything that breathes praise  
the Lord. [SAAS]

**DEACON**

Let us pray to the Lord our God that we  
may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord,  
have mercy.)

**DEACON**

Wisdom. Arise. Let us hear the Holy  
Gospel.

**PRIEST**

Peace be with all.

(And with your spirit.)

**PRIEST**

The reading is from the Holy Gospel  
according to Mark.

**DEACON**

Let us be attentive.

(Glory to You, O Lord, glory to You.)

**PRIEST (from the altar table)**

Eothinon 3  
Mark. 16:9-20

When Jesus rose early on the first day  
of the week, He appeared first to Mary  
Magdalene, from whom He had cast out  
seven demons. She went and told those who  
had been with Him, as they mourned and  
wept. But when they heard that He was alive  
and had been seen by her, they would not  
believe it. After this he appeared in another  
form to two of them, as they were walking  
into the country. And they went back and told  
the rest, but they did not believe them. After  
this He appeared to the eleven themselves as

τοῖς ἑνδεκα ἐφανερώθη, καὶ ὠνείδισε τὴν ἀπιστίαν αὐτῶν καὶ σκληροκαρδίαν, ὅτι τοῖς θεασαμένοις αὐτὸν ἐγηγερμένον, οὐκ ἐπίστευσαν. Καὶ εἶπεν αὐτοῖς· Πορευθέντες εἰς τὸν κόσμον ἅπαντα, κηρύξατε τὸ εὐαγγέλιον πάσῃ τῇ κτίσει. Ὁ πιστεύσας καὶ βαπτισθείς, σωθήσεται, ὁ δὲ ἀπιστήσας, κατακριθήσεται. Σημεῖα δὲ τοῖς πιστεύουσι ταῦτα παρακολουθήσει. Ἐν τῷ ὀνόματί μου δαιμόνια ἐκβαλοῦσι, γλώσσαις λαλήσουσι καιναῖς, ὄφεις ἀροῦσι, κἂν θανάσιμόν τι πίωνσιν, οὐ μὴ αὐτοὺς βλάβει, ἐπὶ ἄρρώστους χεῖρας ἐπιθήσουσι, καὶ καλῶς ἔξουσιν. Ὁ μὲν οὖν Κύριος, μετὰ τὸ λαλήσαι αὐτοῖς, ἀνελήφθη εἰς τὸν οὐρανόν, καὶ ἐκάθισεν ἐκ δεξιῶν τοῦ Θεοῦ. Ἐκεῖνοι δὲ ἐξεληθόντες, ἐκήρυξαν πανταχοῦ, τοῦ Κυρίου συνεργοῦντος, καὶ τὸν λόγον βεβαιοῦντος, διὰ τῶν ἐπακολουθούντων σημείων. Ἀμήν.

(Δόξα σοι, Κύριε, δόξα σοι.)

### ΑΝΑΓΝΩΣΤΗΣ

Ἀνάστασιν Χριστοῦ θεασάμενοι, προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν, τὸν μόνον ἀναμάρτητον. Τὸν Σταυρόν σου, Χριστέ, προσκυνοῦμεν καὶ τὴν ἀγίαν σου ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν· σὺ γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ οἶδαμεν, τὸ ὄνομά σου ὀνομάζομεν. Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ Χριστοῦ ἀγίαν ἀνάστασιν· ἰδοὺ γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὅλῳ τῷ κόσμῳ. Διὰ παντὸς εὐλογοῦντες τὸν Κύριον, ὑμνοῦμεν τὴν ἀνάστασιν αὐτοῦ· Σταυρὸν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτῳ θάνατον ὤλεσεν.

they sat at table and He upbraided them for their unbelief and hardness of heart, because they had not believed those who saw Him after He had risen. And He said to them, "Go into all the world and preach the gospel to the whole creation. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will accompany those who believe: in My name they will cast out demons; they will speak in new tongues; they will pick up serpents, and if they drink any deadly thing, it will not hurt them; they will lay their hands on the sick, and they will recover." So then the Lord Jesus, after He had spoken to them, was taken up into heaven, and sat down at the right hand of God. And they went forth and preached everywhere, while the Lord worked with them and confirmed the message by the signs that attended it. Amen. [RSV]

(Glory to You, O Lord, glory to You.)

### READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death.

[GOA]



**ΧΟΡΟΣ**

**Ψαλμὸς Ν' (50).**

**Ἦχος β'.** (ἡ τῆς ἐβδομάδος.)

[Ἐλεήμων,] Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με.

Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διαπαντός.

Σοὶ μόνῳ ἥμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε.

Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

Ἴδου γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

Ῥαντιεῖς με ὕσσῳ, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην, ἀγαλλιάσονται ὅστέα τεταπεινωμένα.

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον.

Καρδίαν καθαράν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθές ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου.

**CHOIR**

**Psalm 50 (51).**

**Mode 2.** (or the Mode of the week)

[Merciful,] Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.



Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου  
σου καὶ τὸ πνεῦμά σου τὸ ἅγιον μὴ  
ἀντανέλης ἀπ' ἐμοῦ.

Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ  
σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ  
στήριζόν με.

Διδάξω ἀνόμους τὰς ὁδούς σου, καὶ  
ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

Ῥῦσαί με ἐξ αἱμάτων, ὁ Θεὸς ὁ Θεὸς τῆς  
σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου  
τὴν δικαιοσύνην σου.

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ  
στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου.

Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν·  
ὀλοκαυτώματα οὐκ εὐδοκήσεις.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον,  
καρδίαν συντετριμμένην καὶ  
τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει.

Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου  
τὴν Σιών, καὶ οἰκοδομηθῇ τὰ τεῖχη  
Ιερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης,  
ἀναφορὰν καὶ ὀλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν  
σου μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Δόξα.

Ταῖς τῶν Ἀποστόλων πρεσβείαις,  
Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν  
ἐγκλημάτων.

Do not cast me away from Your presence,  
and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation,  
and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and  
the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God,  
the God of my salvation, and my tongue shall  
greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my  
mouth will declare Your praise.

For if You desired sacrifice, I would give  
it; You will not be pleased with whole burnt  
offerings.

A sacrifice to God is a broken spirit, a  
broken and humbled heart God will not  
despise.

Do good, O Lord, in Your good pleasure  
to Zion, and let the walls of Jerusalem be  
built.

Then You will be pleased with a sacrifice  
of righteousness, with offerings and whole  
burnt offerings.

Then shall they offer young bulls on Your  
altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O  
Lord of mercy, blot out my many offences. [SD]

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου πρεσβείαις,  
Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν  
ἐγκλημάτων.

**Στίχ.** Ἐλέησόν με, ὁ Θεός, κατὰ τὸ  
μέγα ἔλεός σου, καὶ κατὰ τὸ πλήθος τῶν  
οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἀναστὰς ὁ Ἰησοῦς ἀπὸ τοῦ τάφου,  
καθὼς προεῖπεν, ἔδωκεν ἡμῖν τὴν αἰώνιον  
ζωὴν, καὶ μέγα ἔλεος.

### ΔΙΑΚΟΝΟΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ  
εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι  
τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς·  
ὑψωσον κέρας Χριστιανῶν ὀρθοδόξων  
καὶ κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ  
πλούσια· πρεσβείαις τῆς παναχράντου  
Δεσποίνης ἡμῶν Θεοτόκου καὶ  
ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου  
καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν  
τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων,  
ἱκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου  
Προδρόμου καὶ Βαπτιστοῦ Ἰωάννου,  
τῶν ἁγίων ἐνδόξων καὶ πανευφήμων  
Ἀποστόλων, τῶν ἐν ἁγίοις Πατέρων ἡμῶν  
μεγάλων Ἱεραρχῶν καὶ οἰκουμενικῶν  
Διδασκάλων, Βασιλείου τοῦ Μεγάλου,  
Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου  
τοῦ Χρυσοστόμου, Ἀθανασίου, Κυρίλλου  
καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν  
Ἀλεξανδρίας· Νικολάου τοῦ ἐν Μύροις,  
Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου  
Πενταπόλεως τῶν θαυματουργῶν·  
τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων  
Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου  
τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος,  
Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ  
τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων  
Χαραλάμπους καὶ Ἐλευθερίου, τῆς  
ἁγίας ἐνδόξου Μεγαλομαρτύρος καὶ

Both now.

At the intercession of the Theotokos, O  
Lord of mercy, blot out my many offences. [SD]

**Verse:** Have mercy on me, O God, according  
to Your great mercy; and according to the  
abundance of Your compassion, blot out my  
transgression.

Jesus, having risen from the grave as He  
foretold, has granted us eternal life and great  
mercy. [SD]

### DEACON

O God, save your people and bless  
your inheritance. Look upon your world  
with mercy and compassion. Raise the  
Orthodox Christians in glory, and send  
down upon us your rich mercies, through  
the intercessions of our most pure Lady  
the Theotokos and ever-Virgin Mary, the  
power of the precious and life giving Cross,  
the protection of the honorable, bodiless  
Powers of heaven, the supplications of  
the honorable and glorious prophet, and  
forerunner John the Baptist, the holy, glorious,  
and praiseworthy Apostles, our Fathers  
among the Saints, the great hierarchs and  
ecumenical teachers, Basil the Great, Gregory  
the Theologian and John Chrysostom,  
Athanasios, Cyril, and John the Merciful,  
patriarchs of Alexandria; Nicholas, bishop  
of Myra, Spyridon, bishop of Trimythous,  
Nektarios of Pentapolis, the wonder-workers;  
the holy, glorious great Martyrs George  
the Victorious, Demetrios the Myrobletes,  
Theodore the Teron, and Theodore the  
General, Menas the Wonderworker, the  
Hieromartyrs Haralambos and Eleftherios;  
the holy, glorious, and victorious martyrs;  
the glorious great Martyr and all-laudable  
Euphemia; the holy and glorious Martyrs  
Thecla, Barbara, Anastasia, Katherine, Fotene,

πανευφήμου Εὐφημίας· τῶν ἁγίων  
ἐνδόξων Μαρτύρων Θέκλας, Βαρβάρας,  
Ἀναστασίας, Αἰκατερίνης, Φωτεινῆς,  
Μαρίνης, Παρασκευῆς καὶ Εἰρήνης· τῶν  
όσιων καὶ Θεοφόρων Πατέρων ἡμῶν· (τοῦ  
Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων  
Θεοπατόρων Ἰωακείμ καὶ Ἄννης, τῆς Ἁγίας  
ἐνδόξου Μάρτυρος Κυριακῆς, ἧς καὶ τὴν  
μνήμην ἐπιτελοῦμεν· καὶ πάντων σου  
τῶν Ἁγίων. Ἰκετεύομέν σε, μόνε πολυέλεε  
Κύριε, ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν  
δεομένων σου καὶ ἐλέησον ἡμᾶς.

#### ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

#### ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιλανθρωπία  
τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ  
εὐλογητὸς εἶ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ  
καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ  
εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

#### ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν  
ὑμνοῖς τιμῶντες μεγαλύνωμεν.

#### ΧΟΡΟΣ

Ὦδὴ θ'.

Μεγαλυνάριον. Ἦχος δ'.

**Στίχ.** Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον,  
καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ  
σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,  
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Marina, Paraskeve and Irene; of our holy  
God-bearing Fathers; (local patron saint); the  
holy and righteous ancestors of God Joachim  
and Anna, the holy and glorious Martyr  
Kyriake, whose memory we are observing;  
and of all your Saints. We beseech you, only  
merciful Lord, hear us sinners who pray to  
you and have mercy on us.

#### CHOIR

Lord, have mercy. (12)

#### PRIEST

Through the mercy, compassion, and love  
of mankind of your only-begotten Son, with  
whom you are blessed, together with your  
all-holy, good and life-giving Spirit, now and  
forever and to the ages of ages.

(Amen.)

#### DEACON

Let us honor and magnify in song the  
Theotokos and the Mother of the light.

#### CHOIR

Ode ix.

Megalynarion. Mode 4.

**Verse:** My soul magnifies the Lord, and my  
spirit has rejoiced in God my Savior. [NKJV]

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify. [SD]

**Στίχ.** Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν  
τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν  
μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,  
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ  
Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ το  
ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς  
φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,  
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ,  
διεσκόρπισεν ὑπερηφάνους διανοία καρδίας  
αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,  
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Καθεῖλε δυνάστας ἀπὸ θρόνων,  
καὶ ὕψωσε ταπεινοὺς, πεινῶντας ἐνέπλησεν  
ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε  
κενοῦς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,  
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Verse:** For He has regarded the lowly state  
of His maidservant; for behold, henceforth all  
generations will call me blessed. [NKJV]

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify. [SD]

**Verse:** For He who is mighty has done great  
things for me, and holy is His name. And His  
mercy is on those who fear Him from generation to  
generation. [NKJV]

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify. [SD]

**Verse:** He has shown strength with His arm;  
He has scattered the proud in the imagination of  
their hearts. [NKJV]

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify. [SD]

**Verse:** He has put down the mighty from  
their thrones, and exalted the lowly. He has filled  
the hungry with good things, and the rich He has  
sent away empty. [NKJV]

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify. [SD]

**Στίχ.** Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Ὡδὴ θ'. Καταβασία. Ἦχος δ'.**

Ἄπας γηγενής, σκιρτάτω τῷ πνεύματι λαμπαδουχούμενος, πανηγυρίζετω δέ, αὐτῶν Νόων φύσις γεραίρουσα, τὰ ἱερὰ θαυμάσια τῆς Θεομήτορος, καὶ βοάτω· Χαίροις παμμακάριστε, Θεοτόκε Ἀγνή ἀειπάρθενε.

**ΔΙΑΚΟΝΟΣ**

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

**ΙΕΡΕΥΣ**

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

**Verse:** *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

**Ode ix. Katavasia. Mode 4.**

All you born on earth, \* with festival lamps in hand, in spirit leap for joy; \* and all you the heavenly angelic orders, join in and celebrate; \* and honoring the sacred wonders of the Mother of God, \* sing the joyful salutation, "O rejoice, \* Theotokos, all-blest, ever-virgin pure!" [SD]

**DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

**PRIEST**

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)



**ΧΟΡΟΣ**

**Ἦχος β'.**

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. (δίς)

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. Ὑψοῦτε  
Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ  
ὑποποδίῳ τῶν ποδῶν αὐτοῦ.

Ὅτι ἅγιός ἐστι.

Τῆς Ὀκτωήχου ---

**Ἐξαποστειλάριον.**

**Τὸ Γ' Ἑωθινόν.**

**Ἦχος β'.** *Τοῖς Μαθηταῖς συνέλθωμεν.*

Ὅτι Χριστὸς ἐγήγερται, μή τις  
διαπιστεῖται· ἐφάνη τῇ Μαρίᾳ γάρ, ἔπειτα  
καθωράθη, τοῖς εἰς ἀγρὸν ἀπιοῦσι, Μύσταις  
δὲ πάλιν ὥφθη, ἀνακειμένοις ἑνδεκα, οὓς  
βαπτίζειν ἐκπέμψας, εἰς Οὐρανοῦς· ὅθεν  
καταβέβηκεν ἀνελήφθη, ἐπικυρῶν τὸ  
κήρυγμα, πλήθεσι τῶν σημείων.

**Τῆς Ἀγίας.**

Τοῦ Μηναίου ---

**Ἦχος γ'.** *Ὁ οὐρανὸν τοῖς ἄστροις.*

Ἐν οὐρανοῖς ὡς μάρτυς, Κυριακὴ σὺ  
τῷ Θεῷ, παρισταμένη ἐνδόξως, πάντας  
ἡμᾶς τοὺς εὐσεβῶς, μνήμην τὴν σὴν  
ἐκτελοῦντας, σῶζε σεπταῖς πρεσβείαις.

**Θεοτοκίον.**

**Ἦχος γ'.** *Ὁ οὐρανὸν τοῖς ἄστροις.*

Τερωτάταις κόρη, Κυριακῆς τῆς σεμνῆς,  
πρεσβείαις φύλαττε πάντας, δούλους τοὺς  
σοὺς ἐκ τῶν δεινῶν, καὶ πάσης ἄλλης  
ἀνάγκης, ὡς προστασία τοῦ κόσμου.

**Οἱ Αἶνοι. Ἦχος β'.**

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.  
Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε

**CHOIR**

**Mode 2.**

Holy is the Lord our God. (2) [SAAS]

Holy is the Lord our God. Exalt the Lord  
our God, and worship at the footstool of His  
feet.

For He is holy.

From Octoechos ---

**Exaposteilarion.**

**The Third Eothinon.**

**Mode 2.** *On the mountain.*

Let no one doubt and disbelieve \* that  
Christ was resurrected. \* For unto Mary He  
appeared; \* Afterwards by those walking \* in  
the field was He seen clearly. \* To the eleven  
Mystics \* reclining, He appeared again. \*  
When He sent them to baptize, He did ascend  
\* into heaven from which He had descended, \*  
and with abundant miracles \* He did confirm  
their preaching. [SD]

**For the Holy Woman.**

From Menaion ---

**Mode 3.** *Having embellished heaven.*

In heaven as a Martyr \* you stand with  
glory next to God. \* Kyriaki, we pray you, \*  
by divine intercession, save \* all of us who are  
observing \* piously your memorial. [SD]

**Theotokion.**

**Mode 3.** *Having embellished heaven.*

From every woe, O Maiden, \* and from  
every other need, \* preserve us all, your  
servants, \* as the protectress of the world, \* at  
the divine intercession, \* of Kyriaki the pure  
one. [SD]

**Lauds. Mode 2.**

Let everything that breathes praise the  
Lord. Praise the Lord from the heavens, praise

αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτὸν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιών, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἔρπετά καὶ πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

Ὑμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ, λαῷ ἐγγίζοντι αὐτῷ.

Ἄσατε τῷ Κυρίῳ ᾠσμα καινόν, ἢ αἴνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιών ἀγαλλιᾶσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.



Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῶ, ἐν  
τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῶ.

Ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει  
πραεῖς ἐν σωτηρίᾳ.

Καυχήσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιάσονται  
ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ  
ὀμοφαιῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμούς  
ἐν τοῖς λαοῖς.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ  
τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τῆς Οκτωήχου - - -

### **Στιχηρὰ Ἀναστάσιμα.**

#### **Στιχηρὸν Α'. Ἦχος β'.**

Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἔγγραπτον·  
δόξα αὐτῇ ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Πᾶσα πνοή, καὶ πᾶσα κτίσις, σὲ δοξάζει  
Κύριε, ὅτι διὰ τοῦ Σταυροῦ τὸν θάνατον  
κατήργησας, ἵνα δείξης τοῖς λαοῖς, τὴν  
ἐκ νεκρῶν σου Ἀνάστασιν, ὡς μόνος  
φιλόανθρωπος.

#### **Στιχηρὸν Β'. Ἦχος β'.**

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ,  
αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως  
αὐτοῦ.

Εἰπάτωσαν Ἰουδαῖοι, πῶς οἱ στρατιῶται  
ἀπώλεσαν τηροῦντες τὸν Βασιλέα; διατὶ  
γὰρ ὁ λίθος οὐκ ἐφύλαξε τὴν πέτραν τῆς  
ζωῆς; ἢ τὸν ταφέντα δότωσαν, ἢ ἀναστάντα  
προσκυνεῖτωσαν, λέγοντες σὺν ἡμῖν· Δόξα  
τῷ πλήθει τῶν οἰκτιρμῶν σου. Σωτὴρ ἡμῶν  
δόξα σοι.

Let them praise His name with dance; with  
tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He  
shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall  
greatly rejoice on their beds.

The high praise of God shall be in their mouth and  
a two-edged sword in their hand.

To deal retribution to the nations, reproving  
among the peoples.

To shackle their kings with chains and their nobles  
with fetters of iron.

From Octoechos - - -

### **Resurrectional Stichera.**

#### **Sticheron 1. Mode 2.**

*To fulfill among them the written judgment:  
this glory have all His holy ones.* [SAAS]

Every breath and all creation glorifies  
You, O Lord. For by means of the Cross You  
rendered death powerless, so that You might  
show the peoples Your Resurrection from the  
dead, as the only One who loves humanity. [SD]

#### **Sticheron 2. Mode 2.**

*Praise God in His saints; praise Him in the  
firmament of His power.* [SAAS]

Let the Judeans explain it, how the  
soldiers lost the King, since they were  
watching. And why did not the stone guard  
the Rock of life? Let them surrender Him  
who was buried or, if He has risen, let them  
worship Him and say with us: Glory to the  
abundance of Your tender mercies. O our  
Savior, glory to You. [SD]

**Στιχηρὸν Γ'. Ἦχος β'.**

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Χαίρετε λαοί, καὶ ἀγαλλιᾶσθε, Ἄγγελος ἐκάθισεν εἰς τὸν λίθον τοῦ μνήματος· αὐτὸς ἡμᾶς εὐηγγελίσατο εἰπών· Χριστὸς ἀνέστη ἐκ νεκρῶν, ὁ Σωτὴρ τοῦ κόσμου, καὶ ἐπλήρωσε τὰ σύμπαντα εὐωδίας. Χαίρετε λαοί, καὶ ἀγαλλιᾶσθε.

**Στιχηρὸν Δ'. Ἦχος β'.**

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρᾳ.

Ἄγγελος μὲν τὸ Χαῖρε, πρὸ τῆς σῆς συλλήψεως Κύριε, τῇ Κεχαριτωμένη ἐκόμισεν, Ἄγγελος δὲ τὸν λίθον τοῦ ἐνδόξου σου μνήματος, ἐν τῇ σῇ Ἀναστάσει ἐκύλισεν. Ὁ μὲν ἀντὶ τῆς λύπης, εὐφροσύνης σύμβολα μηνύων, ὁ δὲ ἀντὶ θανάτου, Δεσπότην ζωοδότην κηρύττων ἡμῖν. Διὸ βοῶμέν σοι· Εὐεργέτα τῶν ἀπάντων, Κύριε δόξα σοι.

**Τῆς Ἀγίας.**

Τοῦ Μηναίου ---

*Ἐκ τοῦ Ἑσπερινοῦ.*

**Ἦχος β'. Ὅτε ἐκ τοῦ ξύλου.**

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῳ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Μάρτυς, ἀθληφόρε τοῦ Χριστοῦ, ἔσθης πρὸ βημάτων ἀνδρείως, Χριστὸν κηρύττουσα, σταύρωσιν ἐκούσιον καταδεξάμενον, καὶ δεσμοῖς ὁμιλήσασα, καὶ πάσαις αἰκίαις, χαίρουσα ἀνέδραμες πρὸς τὰ οὐράνια, δῆμοις ἀπ' αἰῶνος

**Sticheron 3. Mode 2.**

*Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]*

Rejoice, O peoples, and be exultant. An Angel sat on the stone of the tomb. And he announced to us the good news and said: Christ has risen from the dead, as the Savior of the world; and He has filled the universe with sweet fragrance. Rejoice, O peoples, and be exultant. [SD]

**Sticheron 4. Mode 2.**

*Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]*

An Angel before Your conception, O Lord, conveyed the salutation Rejoice to the Maiden full of grace. And an Angel at Your Resurrection rolled away the stone of Your glorious sepulcher. The one, instead of sorrow, was disclosing tokens of gladness. The other, instead of death, proclaimed to us the Master and Giver of life. Therefore we cry aloud unto You the Benefactor of all: O Lord, glory to You. [SD]

**For the Holy Woman.**

From Menaion ---

*From Vespers.*

**Mode 2. Joseph took You down.**

*Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]*

Facing the tribunals, you proclaimed \* Christ, who condescended of His own will to be crucified, \* bravely, O victorious and holy Martyr of Christ. \* Being shackled and suffering \* all manner of torture, \* joyfully you hastened up to the celestial courts, \* there to join the ranks of the Martyrs \* who from

Μαρτύρων, συναριθμηθεῖσα καὶ δόξης,  
διαγωνιζούσης ἀπολαύουσα.

*Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις,  
αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ.  
Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.*

Μάρτυς, ἀθληφόρε τοῦ Χριστοῦ,  
ἔστης πρὸ βημάτων ἀνδρείως, Χριστὸν  
κηρύττουσα, σταύρωσιν ἐκούσιον  
καταδεξάμενον, καὶ δεσμοῖς ὀμιλήσασα,  
καὶ πάσαις αἰκίαις, χαίρουσα ἀνέδραμες  
πρὸς τὰ οὐράνια, δήμοις ἀπ' αἰῶνος  
Μαρτύρων, συναριθμηθεῖσα καὶ δόξης,  
διαγωνιζούσης ἀπολαύουσα.

**Στίχ.** Ὑπομένων ὑπέμεινα τὸν Κύριον,  
καὶ προσέσχε μοι, καὶ εἰσήκουσε τῆς δεήσεώς  
μου.

Λόγου, τοῦ φανέντος ἐπὶ γῆς, νύμφη  
ἐκλεκτὴ ἀνεδείχθης, Κυριακὴ ἀληθῶς,  
κάλλει διαλάμπουσα, ἐνθέων πράξεων, καὶ  
τῆς θείας ἀθλήσεως, φαιδραῖς ἀγλαΐαις·  
ὅθεν τὸν οὐράνιον θάλαμον ὥκησας,  
ἔνθα, ὡς Παρθένος καὶ Μάρτυς, πάντοτε  
χορεύουσα πάντων, τῶν μνημονευόντων  
σου μνημόνευε.

**Στίχ.** Καὶ ἔστησεν ἐπὶ πέτραν τοὺς  
πόδας μου καὶ κατηύθυνε τὰ διαβήματά μου.

Ρίζης, εὐκλεοῦς Κυριακῆ, κλάδος  
ὠραιότατος ὠφθης, καρπὸν σωτήριον,  
φέρων τῆς ἀθλήσεως, τὰ κατορθώματα,  
καὶ μαραίνων ἐν χάριτι, φυτὰ ἀσεβείας·  
ὅθεν τὴν πανίερρον, μνήμην σου σέβομεν,  
πόθῳ καὶ λειψάνων τὴν θήκην, νῦν  
περιπτυσσόμεθα χάριν, ἐξ αὐτῆς ἰάσεων  
λαμβάνοντες.

ages past were perfected, \* and enjoy eternal  
glory evermore. [SD]

*Praise Him with resounding cymbals; praise  
Him with triumphant cymbals; let everything that  
breathes praise the Lord. [SAAS]*

Facing the tribunals, you proclaimed \*  
Christ, who condescended of His own will  
to be crucified, \* bravely, O victorious and  
holy Martyr of Christ. \* Being shackled and  
suffering \* all manner of torture, \* joyfully  
you hastened up to the celestial courts, \* there  
to join the ranks of the Martyrs \* who from  
ages past were perfected, \* and enjoy eternal  
glory evermore. [SD]

**Verse:** *I waited patiently for the Lord, and  
He heeded me; and He heard my supplication. [SAAS]*

You were shown to be a chosen bride \* of  
the Word of God who appeared on the earth,  
O Kyriaki, \* glowing with the beauty of your  
godly deeds as you were, \* and the glorious  
radiance \* of your divine contest. \* Hence  
you have begun to dwell in the celestial hall.  
\* Therein having joined in the chorus \* as  
a Virgin Martyr forever, \* remember us all  
commemorating you. [SD]

**Verse:** *And He established my feet on a rock  
and kept straight my steps. [SAAS]*

From a noble root, Kyriaki, \* you as  
a most beautiful branch sprang, bearing  
the saving fruit, \* namely the endurance of  
your feats of martyrdom; \* and the weeds of  
impiety, by grace, you made wither. \* Hence  
with longing we revere your holy memory,  
\* and we now caress your most sacred \*

Τῆς Οκτωήχου ---

Δόξα. **Ἦχος γ'.**  
**Τὸ Γ' Ἑωθινόν.**

Τῆς Μαгдаληνῆς Μαρίας, τὴν τοῦ Σωτῆρος εὐαγγελιζομένης, ἐκ νεκρῶν Ἀνάστασιν καὶ ἐμφάνειαν, διαπιστοῦντες οἱ Μαθηταί, ὠνειδίζοντο τὸ τῆς καρδίας σκληρόν· ἀλλὰ τοῖς σημείοις καθοπλισθέντες καὶ θαύμασι, πρὸς τὸ κήρυγμα ἀπεστέλλοντο· καὶ σὺ μὲν Κύριε, πρὸς τὸν ἀρχίφωτον ἀνελήφθης Πατέρα, οἱ δὲ ἐκήρυττον πανταχοῦ τὸν λόγον, τοῖς θαύμασι πιστούμενοι. Διὸ οἱ φωτισθέντες δι' αὐτῶν δοξάζομέν σου, τὴν ἐκ νεκρῶν Ἀνάστασιν, φιλάνθρωπε Κύριε.

Καὶ νῦν. **Θεοτοκίον.**

Ὑπερευλογημένη ὑπάρχεις, Θεοτόκε Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ ἄδης ἠχμαλώτισται, ὁ Ἀδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἡλευθέρωται, ὁ θάνατος τεθανάτωται, καὶ ἡμεῖς ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν· Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως εὐδοκήσας δόξα σοι.

**Ἡ Μεγάλη Δοξολογία**

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

Ὑμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε,

reliquary, from it receiving \* grace divine for healing of infirmities. [SD]

From Octoechos ---

Glory. **Mode 3.**  
**The Third Eothinon.**

When Mary Magdalene announced the good news of the Savior's resurrection from the dead and His appearance, the Disciples would not believe. So they were upbraided for their hardness of heart. But once they were fully equipped with the signs and miracles, they were sent out to preach. So then You, O Lord, were taken up to Your Father, the Source of Light; and they went and preached the word everywhere, and were confirmed by the miracles. Therefore we, who have been enlightened by them, glorify Your resurrection from the dead, O Lord who loves humanity. [SD]

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You! [SD]

**Great Doxology**

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου  
δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ  
παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ  
Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ  
Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἁμαρτίαν  
τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς  
ἁμαρτίας τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ  
καθήμενος ἐν δεξιᾷ τοῦ Πατρὸς, καὶ  
ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος  
Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ  
Πατρὸς. Ἀμήν.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ  
αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς  
τὸν αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ,  
ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν  
Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ  
δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς  
αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς,  
καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Lord King, heavenly God, Father, Ruler  
over all; Lord, only-begotten Son, Jesus Christ;  
and You, O Holy Spirit.

Lord God, Lamb of God, Son of the  
Father, who take away the sin of the world,  
have mercy on us, You who take away the  
sins of the world.

Accept our supplication, You who sit at  
the right hand of the Father, and have mercy  
on us.

For You alone are holy, You alone are  
Lord, Jesus Christ, to the glory of God the  
Father. Amen.

Every day I will bless You, and Your  
name will I praise to eternity, and to the ages  
of ages.

Vouchsafe, O Lord, this day, that we be  
kept without sin.

Blessed are You, O Lord, the God of our  
fathers, and praised and glorified is Your  
name to the ages. Amen.

Let Your mercy be on us, O Lord, as we  
have set our hope on You.

Blessed are You, O Lord. Teach me Your  
statutes.

Blessed are You, O Lord. Teach me Your  
statutes.

Blessed are You, O Lord. Teach me Your  
statutes.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν  
γενεᾷ καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν  
με, ἰάσαι τὴν ψυχὴν μου, ὅτι ἥμαρτόν σοι.

Κύριε, πρὸς σὲ κατέφυγον. Δίδαξόν με  
τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός  
μου.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί  
σου ὁψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς  
γινώσκουσί σε.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος  
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος  
Ἀθάνατος, ἐλέησον ἡμᾶς.

*Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν  
Τροπάριον Ἀναστάσιμον.*

**Ἦχος δ'.** (ἡ τῆς ἐβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν.  
Ἄισωμεν τῷ ἀναστάντι ἐκ τάφου καὶ  
ἀρχηγῷ τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ  
θανάτῳ τὸν θάνατον, τὸ νίκος ἔδωκεν ἡμῖν,  
καὶ τὸ μέγα ἔλεος.

Lord, You have been our refuge from  
generation to generation. I said: Lord, have  
mercy on me. Heal my soul, for I have sinned  
against You.

Lord, I have fled to You. Teach me to do  
Your will, for You are my God.

For with You is the fountain of life; in  
Your light we shall see light.

Continue Your mercy to those who know  
You.

Holy God, Holy Mighty, Holy Immortal,  
have mercy on us. (3)

Glory to the Father and the Son and the  
Holy Spirit.

Both now and ever and to the ages of  
ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal,  
have mercy on us.

*After the Doxology, sing the following Resurrectional  
Troparion.*

**Mode 4.** (or the Mode of the week)

Today has salvation come to pass in the  
world. Let us sing to Him who resurrected  
from the tomb and is the Author of our life.  
For, destroying death by death, He gave us  
the victory and the great mercy. [SD]