

eMatins powered by AGES

The Service of Matins

for Tuesday, April 2, 2019

**Triodion - Mode 3.
on Tuesday Morning**

**Triodion - On Tuesday of the Fourth Week
at Matins**

**Menaion - April 2
Memory of our Devout Father Titus**

Text in English

Sources

VPA Copyright © 2016 by Virgil Peter Andronache

RB Copyright © 2019 by Richard Barrett

SD Copyright © 2018 by Fr. Seraphim Dedes

GKD Copyright © 2017 by Geroge K. Duvall

GOA © The Greek Orthodox Archdiocese of America

HC Liturgical Texts courtesy and copyright of Holy Cross Press, Brookline, MA

EL Copyright Archimandrite Ephrem ©

KW © Metropolitan Kallistos Ware

NKJV Scripture taken from the New King James Version™. Copyright © 1982 by Thomas Nelson, Inc. Used by permission. All rights reserved.

OCA Copyright © 1996–2015. All rights reserved.

JR Copyright © 2014 by Fr. Juvenaly Repass

RSV Revised Standard Version of the Bible, copyright © 1946, 1952, and 1971 National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

SAAS Scripture taken from the St. Athanasius Academy Septuagint™. Copyright © 2008 by St. Athanasius Academy of Orthodox Theology. Used by permission. All rights reserved.

vol Orthodox Monastery of the Veil of our Lady

Disclaimer

The translation, rubrics, Greek and English texts are for the purposes of worship only and is subject to change without notice and should not be construed as a commitment by the authors, translators, developers, and personnel associated with its publication. Efforts are taken to make this booklet complete and accurate, but no warranty of fitness is implied.

All rights reserved. The materials contained within this booklet remain the property of all contributing translators. It is published solely for the purpose of providing a source of worship materials to the parishes of the Orthodox Church and may be copied and otherwise reproduced as needed by the parish toward this end; however, it may not be reprinted, reproduced, transmitted, stored in a retrieval system, or translated into any language in any form by any means — electronic, mechanical, recording, or otherwise — for the purpose of sale without the express written permission.

AGES DCS Website

This document was produced using the AGES Liturgical Workbench. For more information, contact AGES Initiatives: info@agesinitiatives.org

Triodion

Mode 3. On Tuesday Morning

On Tuesday of the Fourth Week at Matins

Menaion - April 2

Memory of our Devout Father Titus

MATINS

CHOIR

Mode 3.

Verse 1: *My spirit rises early in the morning to You, O God, for Your commands are a light upon the earth.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *Learn righteousness, you who dwell on the earth.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 3: *Jealousy will seize an untaught people; and now fire will devour the adversaries.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 4: *Bring more evils on them, O Lord, bring more evils on them, on the glorious of the earth.* [SAAS]

Alleluia. Alleluia. Alleluia.

From Horologion - - -

Triadic Hymns

Mode 3.

Daring to glorify the unoriginate Father, the co-unoriginate Son, and the co-eternal Spirit, the one Godhead, we utter in the manner of the Cherubim: Holy, holy, holy are You, our God. By the intercessions of the Forerunner save us. [SD]

Glory.

O Trinity, consubstantial and undivided, O Unity, with three hypostases and co-eternal,

to You as God we shout the hymn of the Angels: Holy, holy, holy are You, our God. By the intercessions of the Saints save us. [SD]

Both now.

The Judge will arrive suddenly, and the actions of each of us will be laid bare. So, with fear, let us cry out in middle of the night: Holy, holy, holy are You, our God. Through the Theotokos have mercy on us. [SD]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 10. There is no litany, but immediately the following:

From Triodion - - -

CHOIR

Kathisma I.

Kathisma I. For compunction.

Mode 3.

O my soul, repent while you still sojourn on earth, for dust in the grave does not sing praise, nor is it released from transgressions. Cry out now to Christ God, "Knower of the hear, I have sinned. Before You condemn me, spare me, O God, and have mercy on me." [SD]

Verse: *O Lord, do not rebuke me in Your wrath, nor chasten me in Your anger.* [SAAS]

Mode 3.

At the time of prayer, I am commanded to repent, and yet the enemy persists to put unseemly thoughts in me to make me sin. I pray You to deliver me from him, O God, and have mercy on me. [SD]

Glory. Both now. **Theotokion.**

Mode 3.

You are our refuge and strength, O Theotokos, and for the world you are a mighty assistance. With your intercessions shelter

your servants, from any hard necessity, O only blessed Lady. [SD]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 8. It would be followed by the short litany.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You, O God, are good and love mankind, and to You we offer glory, to the Father and to the Son and to the Holy Spirit, now and forever, and to the ages of ages.

(Amen.)

CHOIR

From Triodion ---

Kathisma II. From the Triodion.

Mode pl. 4.

Illumined in our souls through abstinence, let us venerate the saving Cross upon which Christ was nailed, and let us cry aloud to it: Hail, the delight and sure help of those that fast; hail, destroyer of the passions, adversary of the devils; hail, blessed Wood! [KW]

Glory. Both now. **Theotokion.**

Mode pl. 4.

O ye faithful, let us magnify in hymns the Theotokos, unshakable foundation of the Faith and precious gift conferred upon our souls.

Hail, for thou hast held within thy womb the Rock of life; hail, hope of all the ends of the earth, succour of the afflicted; hail, Bride without bridegroom! [KW]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 9. It would be followed by the short litany.

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

From Triodion ---

Kathisma III. From the Triodion.

Mode pl. 4.

The inhabited earth venerates Thy Cross, O Lord, as the life of the creation, and it cries to Thee: By the operation of Thy Cross and through abstinence, keep in profound peace those who praise and bless Thee, O most merciful. [KW]

Glory. Both now. **Theotokion.**

Mode pl. 4.

Hail, for through the Angel thou hast received the Joy of the world; hail, for thou

hast borne thy Maker and thy Lord; hail, for thou wast counted worthy to become Mother of Christ our God! [KW]

READER

Lord, have mercy. (3)

Glory. Both now.

Psalms 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You

shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

PRIEST

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron

saint); the holy and righteous ancestors of God Joachim and Anna, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

From Menaion ---

CHOIR

Canon for the Devout Man.

Ode i. Mode pl. 4. Heirmos.

Verse: Let us sing to the Lord, for He is greatly glorified.

Of old when the Israelite had crossed * the watery passage as if over a tract of land, * fleeing from the misery of Egypt, * he cried: "To God our Redeemer, O let us sing." [SD]

Troparia.

Devout Saint of God, intercede for us.

O Titus, you are a treasury of dispassion. I am bogged down from head to toe with fleshly passions and corrupted by sensual pleasures; therefore, save me at your intercessions [RB]

Verse: The Lord reigns forever and ever and ever. For Pharaoh's horses went with his chariots and horsemen into the sea. [SAAS]

The Spirit divinely chose you, you were offered to God from the time you were swaddled as an infant, and you were initiated

and became a servant of the Virgin Theotokos.

[RB]

Verse: But the children of Israel walked on dry ground in the midst of the sea. [SAAS]

O Father, you were nourished with the sweetness of self-control, you rejected the bitterness of the passions, and thus you sweeten our souls more than honey and the honey-comb. [RB]

Glory.

O Titus, we celebrate you as Paul's new disciple; for you imitated his struggles. O blessed man of God, you have been crowned with him. [RB]

Both now. **Theotokion.**

O Mother of God, you are higher than all of creation, and so, in these last times you alone conceived without a father the Word, as both God and man, from the Father without a mother. [RB]

(read)

READER

Ode Two

Glory to You, our God; glory to You!

Take heed, O heaven, and I will speak; and let the earth hear the words of my mouth.

[SAAS]

Let my proverbial saying be awaited as the rain, and let my words come down as raindrops on the wild grass, and as snowfall on the sown grass.

For I invoke the Lord's name: ascribe greatness to our God.

He is God, His works are true; and all His ways are judgment.

A faithful God and without injustice;
righteous and holy is the Lord.

They sinned; the blameworthy children
are not His, a generation twisted and perverse.
Is this how you repay the Lord?

O foolish and unwise people, is He not
your Father, who acquired you? Has He not
made and created you?

Remember the days of old, consider the
years of many generations.

Ask your father, and he will tell you; your
elders, and they will tell you:

When the Most High divided the nations,
when He scattered the sons of Adam, He set
the boundaries of the nations by the number
of God's angels.

For the Lord's portion became the people
of Jacob; the allotment of His inheritance is
Israel.

He provided for him in the desert, in thirst
of heat in a waterless place. He encircled him;
He instructed him; He guarded him carefully
as the apple of His eye.

As an eagle covers its nest, yearns after its
young, spreading out its wings, taking them
up, carrying them on its back.

So the Lord alone led them, and there was
no foreign god with them.

He raised them on the strength of the
land; He fed them on the produce of the fields.

He suckled them on honey from the rock
and oil from the solid rock.

Butter of oxen and milk of sheep, with fat
of lambs and goats, of sons of bulls and goats,

with the choicest wheat; and you drank wine,
the blood of grapes.

So Jacob ate and was filled, and the
beloved kicked; he grew fat, he grew thick, he
is obese. Then he forsook God who made him
and stood back from God his Savior.

They provoked Me to wrath against
foreign gods; with their abominations they
embittered Me.

They sacrificed to demons, and not to
God, to gods they did not know; new ones,
recent gods arrived, which their fathers did
not know.

You abandoned the God who begot you,
and forgot the God who nourished you.

So the Lord saw it, and was jealous; and
He was provoked to anger by His sons and
daughters.

Then He said, I will turn My face from
them, and I will make known what their end
will be; for they are a perverse generation,
sons in whom is no faith.

They provoked Me to jealousy by what
is not God; they moved Me to anger by their
idols; but I will provoke them to jealousy by
those who are not a nation; I will move them
to anger by a foolish nation.

For a fire is kindled in My anger, and shall
burn to the lowest Hades; it shall consume
the land with its produce And set on fire the
foundations of the mountains.

I will gather evils on them; I will spend
My arrows on them.

They shall be wasted with hunger,
devoured by birds and incurable disease; I

will also send against them the teeth of wild animals With the anger of things crawling on the earth.

The sword shall make them childless outside, and fear from the inner chambers, for the young man and virgin, the nursing child with the elder of gray hairs.

I said, I will scatter them; I will make their memory cease from among men.

But for the wrath of the enemy, lest they live long, lest their adversary make a joint attack.

Lest they should say, "Our hand is high; and it is not the Lord who did all this."

For they are a nation void of counsel, nor is there understanding in them. They were not wise to understand these things.

Let them be concerned for the coming time.

How could one chase a thousand and two put ten thousand to flight unless God had sold them, and the Lord delivered them up?

For our God is not like their gods, but our enemies are foolish.

For their vineyard is of the vineyard of Sodom, and their vine is of Gomorrah. Their grapes are grapes of gall; their clusters are bitter.

Their wine is the wrath of serpents, and the incurable wrath of asps.

Behold, is this not laid up in store with Me, sealed up among My treasures?

I shall repay on the day of vengeance; in time, when their foot shall slip; for the day of

their calamity is at hand, and is waiting, ready for them.

For the Lord will judge His people, and have compassion on His servants.

For He sees them disabled and left in distress and weakened.

The Lord said, 'Where are their gods in which they trusted?'

Who ate the fat of their sacrifices, and drank the wine of their drink offerings? Let them rise and help you and be your defender.

Now see, I, even I, am He, and there is no God besides Me; I kill and I make alive; I wound and I heal; nor is there any who can deliver from My hands.

For I raise My hand to heaven, and I swear by My right hand, and say, "As I live forever."

For I whet My sword like lightning; and My hand takes hold on judgment. I will render vengeance on My enemies, and repay those who hate Me.

I will make My arrows drunk from blood; and My sword shall devour flesh from the blood of the slain and the captives, from the heads of the leaders of the enemy.

Rejoice, O Heavens, together with Him, and worship Him, all the sons of God.

Rejoice, O Gentiles, with His people; and let all the angels of God be strong with Him; for He will avenge the blood of His sons and render vengeance to His adversaries; and the Lord will purify His people's land. [SAAS]

(sung)

From Triodion - - -

CHOIR

Canon 1 from the Triodion.

Ode ii. Mode pl. 4. Heirmos (NM).

See now, see that I am God, who led the people of Israel in times of old through the Red Sea, and saved them and fed them, setting them free from the bitter bondage of Pharaoh.

(2) [KW]

Glory to You, our God, glory to You.

Today, in the middle of the Fast, we worship with faith the Cross that Thou hast endured in the midst of the earth, O Messiah and Word of God, and we pray also to see Thy Resurrection. [KW]

Glory to You, our God, glory to You.

With the rod of power that was prefigured by Moses, let us divide in two the sea of the passions and so reach the promised land; and let us feast upon the spiritual Manna. [KW]

Glory to You, our God, glory to You.

Who will not weep for thee? Who will not mourn for thee, O soul that lovest evil? Thou dost not seek the good with eagerness, but dost always despise the righteous Judge, who shows longsuffering towards thee. [KW]

Most-holy Theotokos, save us.

Theotokion.

O Virgin, thou hast conceived Christ, who took flesh yet underwent no change. Pray to Him urgently, that He may deliver from the passions of the flesh those who venerate the Cross He endured in the flesh. [KW]

From Triodion - - -

Canon 2 from the Triodion.

Ode ii. Mode pl. 4. (NM)

See now, see that I am your God.

Glory to You, our God, glory to You.

See now, see that I am your God, who grants my Cross as a weapon of salvation, to be venerated by the inhabited earth: that those who reverence it may destroy the schemes of the enemy. [KW]

Glory to You, our God, glory to You.

Great and most merciful art Thou, O Lord, for Thou hast given us for veneration Thy lifegiving Cross, on which Thy hands and feet were nailed; and Thy Blood flowed upon it from Thy most pure side, as a fountain of life for us. [KW]

Glory. For the Trinity.

Unity in three Persons, supreme in Godhead and surpassing all perfection, Father unbegotten, Son only-begotten, Spirit proceeding from the Father and made manifest through the Son, single in Essence and in Nature, one Lordship and one Kingdom, save us all. [KW]

Both now. Theotokion.

The wonder of thy conceiving is past speech, O Mother and Virgin: for how hast thou given birth and yet remained undefiled? How dost thou bear child without knowing a man? 'All this is understood by the Word of God, who was born from me in a new way, surpassing nature.' [KW]

Glory to You, our God, glory to You.

When great Moses stretched out his hands and overthrew Amalek, he prefigured thee for us, O Cross. And when we make the sign of

the Cross in dark places and the air, we turn to flight and defeat our enemy, the author of all evil, as we sing in praise of Christ. [KW]

Heirmos (NM). Mode pl. 4.

See now, see that I am your God, before all ages begotten from the Father, and in the last times conceived without man by the Virgin: and I have destroyed the sin of Adam the forefather in My love for mankind. [KW]

From Menaion - - -

Canon for the Devout Man.

Ode iii. Mode pl. 4. Heirmos.

Verse: Holy are You, O Lord, and my spirit praises You.

Lord, You are the firm support * of those who have recourse unto You. You are the light * of those who are benighted. * And my spirit sings praise to You. [SD]

Troparia.

Devout Saint of God, intercede for us.

O righteous Father Titus, as myrrh of sanctification, you were infused completely with ascetic spices and became a sweet perfume unto our God [RB]

Verse: The Lord went up into the heaven and thundered. The Lord judges the ends of the earth.

[SAAS]

O righteous one, abstinence was your weapon and prayer was your breastplate, and so you defeated the powers of darkness, putting them to shame. [RB]

Verse: He gives strength to our leaders, and He will exalt the horn of His Christ. [SAAS]

You wisely held back the law of the flesh with the law of the Spirit, and you served the Lord lawfully. [RB]

Glory.

O righteous Father, you fixed all your desire and your mind upon yearning for Christ, and you held as nothing worldly cares.

[RB]

Both now. **Theotokion.**

O LADY, I entreat you that, at your prayers, He born of you may be merciful to me on the day of judgment. [RB]

Heirmos.

Lord, You are the firm support * of those who have recourse unto You. You are the light * of those who are benighted. * And my spirit sings praise to You. [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For you are our God, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Kathisma.

From Menaion - - -

Mode 4. N/M (Come quickly.)

Wise Father, you shot up and brought forth abundant fruit of all righteousness as a tree that grew tall watered by unending rivers of tears. And so, wonderworking Titus, lovely flower of ascetics, we gather as we should to show you honor. And now, save us at your prayers to the Lord. [RB]

Glory. **Another.**

Mode 4. N/M (You appeared.)

O Titus, you left behind the storm and stress of life. And so, O just Father, wise miracle-worker, since you lived your entire life in silence and stillness, you have passed over to dwell with God. [RB]

Both now. **Theotokion.**

Mode 4. N/M (You appeared.)

O pure Virgin, full of grace, we run to your mighty shelter for refuge, and we all entreat you earnestly: plead without ceasing to the God who loves mankind that we your servants will be saved through your holy prayers. [RB]

From Menaion - - -

Canon for the Devout Man.

Ode iv. Mode pl. 4. Heirmos.

Verse: Glory to Your strength, O Lord.

I have heard the report, O Lord, * of Your incarnation, which is a mystery. * I considered Your astounding works, * and I glorified Your divinity. [SD]

Troparia.

Devout Saint of God, intercede for us.

O blessed Titus, you despised all of sin's rottenness, and you wounded the host of demons with the spear of asceticism. [RB]

Verse: The Lord God is my strength; He will direct my feet to the end. [SAAS]

O all-blessed one, the desire for purity pierced your soul. And so you zealously followed Christ, and entered into the bridal chamber of glory. [RB]

Verse: He will set me upon high places, so to conquer by His song. [SAAS]

You have bloomed with self-control as though you were a sweet-smelling meadow and a living garden of the virtues, with which you feed all that honor you. [RB]

Glory.

We all call you blessed, for in truth we hold you as like Moses and David, a lawgiver of asceticism and an icon of unerring meekness. [RB]

Both now. **Theotokion.**

O all-blameless one, you are more exalted than the Cherubim and the Seraphim, and we praise you; for you have held in the flesh with your own arms Him before Whom all things tremble. [RB]

From Menaion - - -

Canon for the Devout Man.

Ode v. Mode pl. 4. Heirmos.

Verse: O Lord our God, grant us peace.

Why, O Lord, have You cast me * away from Your countenance, O never-setting Light, * and this foreign darkness * now has covered me, mis'erable that I am? * Do, I pray, convert me, and to the light of Your commandments *

guide my ways, I entreat You most fervently.

[SD]

Troparia.

Devout Saint of God, intercede for us.

O blessed Titus, you quenched the passions with the mists of your struggles, and you built a fire of love and faith. And so you became a lamp of self-control, a beacon of passionlessness, and a son of the day. [RB]

Verse: The dead shall rise up; and those in the tombs shall arise. Those in the earth shall be glad.

[SAAS]

O blessed Titus, you quenched the passions with the mists of your struggles, and you built a fire of love and faith. And so you became a lamp of self-control, a beacon of passionlessness, and a son of the day. [RB]

Verse: For your dew is a healing for them, but the land of the ungodly shall come to an end. [SAAS]

O Father, you nurtured the grapes of faith with divine expertise, you put them in the winepress, and you pressed out the wine with ascetic struggles. And so you filled the spiritual cup of self-control, and you make the hearts of your flock to rejoice. [RB]

Glory.

O righteous Father, you bravely endured the attacks and wounds of the demons, you were a pillar of strength, you guided your flock in certainty with a divine staff, and you grazed your sheep in the pastures and the waters of self-control. [RB]

Both now. **Theotokion.**

O immaculate and all-blameless Virgin, we all have you as our refuge, high wall, fortress, and stronghold, and a gateway

into the Kingdom that can never fall. And so we entreat you that at your motherly intercessions, we may not miss the mark of our hope. [RB]

From Menaion ---

Canon for the Devout Man.

Ode vi. Mode pl. 4. Heirmos.

Verse: Save us, O Lord, like You saved the Prophet Jonah.

Be gracious to me, O Lord, * for many are my iniquities; * and bring me up from the deep * of evils, I supplicate. * For I have cried out to You, God of my salvation. * O my Savior, hearken unto me. [SD]

Troparia.

Devout Saint of God, intercede for us.

O righteous Titus, you endured by many struggles and dangers for the Faith, and so you dispersed the foggy and dark night of passions, and you brought about the light of sunrise to illumine all your ways. [RB]

Verse: Those who follow vanity and lies forsake their own mercy. [SAAS]

O God-inspired Titus, you loved asceticism and were captivated thoroughly by God; you abandoned the world and the things of the ruler of the world, and you held fast to the delight of the Kingdom that is beyond the world. [RB]

Verse: As much as I vowed, I shall offer up to You, to You, the Lord of Deliverance. [SAAS]

You gathered to your soul the divine riches of grace, immaculate prayer, purity, holiness, and intense focus, and so you were acknowledged as a house of our God. [RB]

Glory.

O wise Father, you passed over the crudeness of matter below, and in spiritual prayer you gave wings to your mind, and you became an heir of the inheritance of heaven through your blameless way of life. [RB]

Both now. **Theotokion.**

O all-blameless one, you truly conceived the Word of God in your womb and gave birth to Him who is beyond nature; at your intercessions make Him merciful, so that He may rescue all your servants from threats. [RB]

Heirmos.

Be gracious to me, O Lord, * for many are my iniquities; * and bring me up from the deep * of evils, I supplicate. * For I have cried out to You, God of my salvation. * O my Savior, hearken unto me. [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the King of peace and the savior of our souls, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Triodion - -

READER

For the Martyrs. Mode 3.

Your wholehearted endurance vanquished the machinations of the enemy and author of evil, O all-lauded medal-winners. That is why you have been counted worthy of eternal blessedness. We entreat you to intercede with the Lord, that He save the flock of Christ-loving people, for You, O Martyrs, are witnesses of the truth. [SD]

Synaxarion.

From the Menaion.

On April 2 we commemorate our devout father Titus.

On this day we also commemorate the holy martyrs and brothers Amphianos and Aidesios.

On this day we also commemorate the holy virgin martyr Theodora.

On this day we also commemorate the holy martyr Polycarp.

On this day the devout Gregory, who struggled in asceticism in the Gulf of Nicomedia, reposed in peace in the year 1240.

By the intercessions of Your Saints, O God, have mercy on us. Amen.

From Menaion - -

CHOIR

Canon for the Devout Man.

Ode vii. Mode pl. 4. Heirmos.

Verse: Blessed are You, the God of our fathers.

Those Servants from Judea, * who of old were deported and sent to Babylon, * once treaded on the fire * of the furnace by holding

* to the faith in the Trinity * and chanted:
Blessed are You the God of our fathers. [SD]

Troparia.

Devout Saint of God, intercede for us.

O Father, for us you were a river of abstinence never tainted with sins, drowning the passions, and washing away the stain of those who cry with faith: O God of our Fathers, blessed are You. [RB]

Verse: Blessed are You on the throne of Your kingdom, and You are praised and exalted beyond measure unto the ages. [SAAS]

O blessed of God, you now are a member of the angelic choirs, and you enjoy ceaselessly the glory of the heavenly Kingdom. Watch over them that sing: O God of our Fathers, blessed are You. [RB]

Verse: Blessed are You in the firmament of heaven, for You are praised and glorified unto the ages. [SAAS]

O Father Titus, you were steadfast and unchanging in your confession of faith; for in portraying and circumscribing Christ in the flesh, you worshipped Him and shouted: O God of our Fathers, blessed are You. [RB]

Glory.

O Father, you carry the marks of Jesus the Master on your body; heal me too, for I am wounded with the arrow of Belial, and I shout: O God of our Fathers, blessed are You. [RB]

Both now. **Theotokion.**

O gracious Lady, you gave birth to the Master of all in a manner surpassing nature and rational thought, and with your breasts

you fed Him that prepares a table for all in due season. Entreat him for us unceasingly. [RB]

Ode viii.

From Menaion - - -

Canon for the Devout Man.

Ode viii. Mode pl. 4. Heirmos.

Verse: O you works, to the Lord sing a hymn, and exalt Him beyond measure unto the ages.

O praise and bless Him * who by the armies of Angels * is extolled as King of the heavens, * supremely exalting Him unto all the ages. [SD]

Troparia.

Devout Saint of God, intercede for us.

O Father Titus, we hold you as a living monument and image of self-control, and we honor your memory unto all the ages. [RB]

Verse: Bless the Lord, all you works of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

The company of monastics rejoice, and the righteous and the just dance; for together with them you have been deemed worthy to win a crown. [RB]

Verse: Bless the Lord, all you works of the Lord, you heavens of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

Being well-favored with the virtues, you were summoned to the bridal chamber of ineffable glory, singing hymns to Christ unto all the ages. [RB]

Verse: Bless the Lord, all you waters above the heaven, all you powers of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

You were clothed with the priestly vestments, you performed the bloodless

Sacrifice, and so you were offered as a sacrifice to God unto all the ages. [RB]

Verse: Bless the Lord, you sun and moon, you stars of heaven, and exalt Him beyond measure, unto all the ages. [SAAS]

Theotokion.

O immaculate Virgin and Mother of God, you conceived in your womb Him that existed before you, and you ineffably gave birth to Christ the King. [RB]

(read)

Intermediate Verses of Ode Eight.

Bless the Lord, every shower and dew, all you winds, and exalt Him beyond measure, unto all the ages. [SAAS]

Bless the Lord, you fire and heat, you winter cold and summer heat, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you dewes and snows, you frost and cold, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you hoarfrosts and snows, you lightning and clouds, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you light and darkness, you night and day, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you earth, you mountains and hills, and all you things growing on the earth, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you springs, you seas and rivers, you sea-monsters and everything that moves in the waters, and exalt Him beyond measure, unto all the ages. [SAAS]

(sung)

From Triodion - - -

Canon 1 from the Triodion.

Ode viii. Mode pl. 4.

(NM) O Thou who coverest.

Verse: Bless the Lord, all you birds of heaven, all ou wild animals and cattle, and exalt Him beyond measure, unto all the ages. [SAAS]

Lifted upon the Tree, as God Thou hast shaken the foundations of all the earth, O Lord, and given to the faithful the saving weapon of Thy Cross as a strong support that cannot be shaken. We venerate it and exalt Thee above all for ever. [KW]

Verse: Bless the Lord, O children of men. Bless the Lord, O Israel, and exalt Him beyond measure, unto all the ages. [SAAS]

Beholding the Wood of the Cross shining brighter than the sun's rays, let us now draw near, radiant with the lightning of the Fast. Let us kiss it, drawing from it the grace full of light that drives away the darkness, and let us exalt Christ above all for ever. [KW]

Verse: Bless the Lord, O priests of the Lord, O servants of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

O Word, Thou art the living water that springs up for eternal life; and Thou hast poured forth blood and water from Thy side upon the Cross, O Master, checking the rivers of sin. Therefore I entreat Thee: dry up the evil streams of my passions. [KW]

Verse: Bless the Lord, O spirits and souls of the righteous, O holy ones and humble in heart,

and exalt Him beyond measure, unto all the ages.

[SAAS]

Theotokion.

O pure and holy Virgin Mother of God, our spiritual sanctuary, thou hast borne God who takes His rest among His holy ones. This day He makes holy all the ends of the earth by the divine veneration of the all holy Cross, on which He was nailed in the flesh. [KW]

Canon 2 from the Triodion.

Ode viii. Mode pl. 4. (NM) O ye angels.

Verse: Bless the Lord, O Hananiah, Azariah, and Mishael, and exalt Him beyond measure, unto all the ages. [SAAS]

Come, ye people, and behold the lifegiving Wood now set before us, on which Christ our God was crucified, and praising it with fear, let us venerate it for ever. [KW]

Verse: Bless the Lord, O Apostles, Prophets, and Martyrs, and exalt Him beyond measure, unto all the ages. [SAAS]

With fear we sing the praises of the Cross, made from three kinds of wood as a figure of the Trinity; and, venerating it with fear, let us raise our cry, as we bless, praise and exalt Christ above all for ever. [KW]

Verse: We bless the Lord: Father, Son, and Holy Spirit; we sing a hymn to Him and exalt Him beyond measure unto the ages. [SAAS]

For the Trinity.

The Trinity is one God: the Father is not begotten like the Son, nor does the Son proceed like the Spirit, but each keeps His distinctive properties; and I glorify the Three as Light and God for ever. [KW]

Both now. **Theotokion.**

Thou alone hast conceived and yet remained inviolate; thou alone hast given suck to thy child, yet hast not known the pains of travail; thou alone hast borne thy Maker and Master, and art both His Handmaid and His Mother. We sing thy praises, O Virgin Mother, for ever. [KW]

Glory to You, our God, glory to You.

O Christ, by a word Thou hast given sight to the man blind from birth; open once more the blinded eyes of my heart, that I may behold the light of Thy commandments for ever. [KW]

We praise and we bless and we worship the Lord.

Heirmos (NM). Mode pl. 4.

O ye angels and ye powers of heaven, sing to Him who sits upon the throne of majesty, and is glorified unceasingly as God: bless, praise and exalt Him above all for ever. [KW]

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalynarion. Mode pl. 4.

Verse: My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

From Menaion - - -

Canon for the Devout Man.

Ode ix. Mode pl. 4. Heirmos.

The pure Theotokos who in her womb * conceived the divine fire * without being burned, let us honor gloriously, O peoples, * magnifying her with never-silent hymns. [SD]

Troparia.

Devout Saint of God, intercede for us.

O blessed Titus, you were a doctor sent by God for those sick with passions, and you banished and chased away the evil demons. And so we call you blessed. [RB]

Verse: *Blessed be the Lord God of Israel, for he has visited and redeemed his people.* [RSV]

O Father, you abandoned the world as the dwelling place of corruption, and you lived in the land of the meek, with whom you rejoice, enjoying divine delight. [RB]

Verse: *And has raised up a horn of salvation for us in the house of his servant David.* [RSV]

We magnify the Creator with hymns, for we have your struggles as a permanent monument of faith and example of self-control. [RB]

Verse: *As he spoke by the mouth of his holy prophets from of old. That we should be saved from*

our enemies, and from the hand of all who hate us.

[RSV]

Today is a day to celebrate; for Titus calls the flocks of monastics together to form a choir, and to enjoy a common banquet served with the food of immaculate life. [RB]

Verse: To perform the mercy promised to our fathers, and to remember his holy covenant. [RSV]

Theotokion.

O all-blameless one, when He that dwelt in you was born, He defeated the destroyer of humanity that once wickedly caused our ancestors to stumble, and He saved us all. [RB]

From Triodion - - -

Canon 1 from the Triodion.

Ode ix. Mode pl. 4. (NM)

Blessed be the Lord God.

Verse: The oath which he swore to our father Abraham, to grant us that we, be[ing] delivered from the hand of our enemies. [RSV]

Blessed be the Lord God of Israel, for He has destroyed the ancient curse by His Cross, which He has given to us as our support and refuge and firm foundation; and by its power we shall overthrow our enemies. [KW]

Verse: [That we] might serve him without fear, in holiness and righteousness before him all the days of our life. [RSV]

I am held fast in the bonds of my countless sins, O Christ, and deliberately I refuse to seek Thy paths which lead me to salvation. Turn me back by Thy Cross and free me from my blindness, in Thine ineffable mercy and compassion. [KW]

Verse: And you, child, will be called the prophet of the Most High; for you will go before the Lord to prepare his ways. [RSV]

Sinfully I have followed the Pharisee in his arrogance; bitter and terrible has been my fall, and I lie trampled by the enemy. But take pity on me, O Christ, and save me, for out of pity Thou hast humbled Thyself, O most high King of Glory. [KW]

Verse: To give knowledge of salvation to his people in the forgiveness of their sins, through the tender mercy of our God. [RSV]

Theotokion.

All generations call thee blessed, O pure Virgin: for Jesus, who was born from thy womb in a manner understood by Him alone, has magnified thee. Pray to Him for the salvation of thy flock and people. [KW]

Canon 2 from the Triodion.

Ode ix. Mode pl. 4. (NM)

Blessed be the Lord God.

Verse: When the day shall dawn upon us from on high to give light to those who sit in darkness and in the shadow of death. [RSV]

Blessed be the Lord God of Israel, for He has destroyed the ancient curse by His Cross, which He has set before us for our veneration. Let us kiss the Cross in faith and sing its praises, as continually we glorify His great mercy. [KW]

Verse: To guide our feet into the way of peace. [RSV]

O precious Cross, thou art the glory of the Church, the weapon of kings, the ensign fashioned by God and giving peace to all the world. O Cross, thou art the joy of the

Orthodox, the guardian of the inhabited earth: **DEACON**
keep and sanctify those who venerate thee. [KW]

Glory. **For the Trinity.**

Glory to Thee, O Holy Trinity, Unity
equal in honour, divine Nature, one dread
Dominion, Father, Son and Spirit, Light that
no man can approach, Godhead that has no
beginning: save those who worship Thee, O
Creator of all. [KW]

Both now. **Theotokion.**

Standing by Thy Cross, O Jesus, Thy
Mother looked on Thee her Lamb and
Shepherd and Master. She lamented bitterly,
and, wounded to her heart, she cried to Thee,
O Christ, 'What is this strange sight? O Life,
how dost Thou die?' [KW]

Glory to You, our God, glory to You.

As Thou hast saved repentant Manasses,
O God, save me also, Thy servant, and reject
me not, for I repent bitterly with tears. I have
turned aside as Israel of old, living all my days
like the Prodigal. [KW]

Heirmos (NM). Mode pl. 4.

Blessed be the Lord God of Israel, for He
has raised up a horn of salvation for us in
the house of His servant David; whereby the
Dayspring from on high has visited us, and
guided us into the way of peace. [KW]

It is truly right to bless you, Theotokos,
ever blessed, most pure, and Mother of our
God. Greater in honor than the Cherubim,
and in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify.

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos and
ever-virgin Mary, with all the saints, let us
commend ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You
and give You glory, to the Father and the Son
and the Holy Spirit, now and forever and to
the ages of ages.

(Amen.)

From Horologion - - -

CHOIR

Photagovic Hymns
Mode 3.

Send out Your light, O Christ God, and
enlighten our hearts, by the intercessions of
the Forerunner, and save me. [SD]

Send out Your light, O Christ God, and
enlighten our hearts, by the intercessions of
the Saints, and save me. [SD]

Send out Your light, O Christ God, and
enlighten our hearts, by the intercessions of
the Theotokos, and save me. [SD]

READER

Lauds. (read)
Psalm 148.

Praise the Lord from the heavens; praise
Him in the highest. Praise Him, all you His

angels; praise Him, all you His hosts. Praise Him, sun and moon; praise Him, all you stars and light. Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name, for He spoke, and they were made; He commanded, and they were created. He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away. Praise the Lord from the earth, you dragons and all the deeps, Fire and hail, snow and ice, stormy wind, which perform His word, mountains and all the hills, fruitful trees and all cedars, wild animals and all cattle, creeping things and flying birds, kings of the earth and all peoples, princes and all judges of the earth, young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted; His thanksgiving is in earth and heaven. And He shall exalt the horn of His people, a hymn for all His saints, for the children of Israel, a people who draw near to Him. [SAAS]

Psalm 149.

Sing to the Lord a new song, His praise in the assembly of His holy ones. Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King. Let them praise His name with dance; with tambourine and harp let them sing to Him; for the Lord is pleased with His people, and He shall exalt the gentle with salvation. The holy ones shall boast in glory, and they shall greatly rejoice on their beds; the high praise of God shall be in their mouth and a two-edged sword in their hand, to deal retribution to the nations, reproving among the peoples, to shackle their kings with chains and their

nobles with fetters of iron, to fulfill among them the written judgment: This glory have all His holy ones. [SAAS]

Psalm 150.

Praise God in His saints; praise Him in the firmament of His power; praise Him for His mighty acts; praise Him according to the abundance of His greatness. Praise Him with the sound of a trumpet; praise Him with the harp and lyre; praise Him with timbrel and dance; praise Him with strings and flute; praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. Alleluia. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Doxology (read)

To you belongs glory, O Lord our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. Glory to God in the highest, and on earth peace, good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; only-begotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every day I shall bless you, and I shall praise your name

forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who know you. Grant, O Lord, that in this day we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy One, enlighten me with your commandments. Lord, your mercy remains forever, do not turn away from the works of your hands. To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. Amen.

DEACON

Let us complete our morning prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the God of mercy and compassion and love for mankind, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST *(in a low voice)*

Holy Lord, dwelling on high and beholding things below and, with your eye that observes all, keeping watch over the whole creation, to you we have bowed the neck of our soul and body, and we beseech you, O Holy of Holies: Stretch forth your invisible hand from your holy dwelling and bless us all. And, as you are good and love humankind, pardon us if we have sinned in anything, voluntarily or involuntarily, granting us your blessings both of this world and of the world above.

For Yours it is to show mercy and to save us, O our God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

CHOIR

Aposticha. From the Triodion.

From Triodion - - -

Idiomelon. Mode pl. 4.

Consider, my soul, how the vainglorious Pharisee was condemned because of pride, and how the humbleminded Publican was justified through confessing his transgressions. Make haste to reject the Pharisee's rash self-assurance, and to follow the Publican by confessing thine offences. Through control of the passions rouse thyself to attain the exaltation which cannot be abased, conferred on thee by Christ in His great mercy. [KW]

Verse: *I lift my eyes to You, who dwell in heaven. Behold, as the eyes of servants look to the hands of their masters, as the eyes of the maidservant look to the hands of her mistress, so our eyes look to the Lord our God until He shall have compassion on us.* [SAAS]

Consider, my soul, how the vainglorious Pharisee was condemned because of pride,

and how the humbleminded Publican was justified through confessing his transgressions. Make haste to reject the Pharisee's rash self-assurance, and to follow the Publican by confessing thine offences. Through control of the passions rouse thyself to attain the exaltation which cannot be abased, conferred on thee by Christ in His great mercy. [KW]

For the Martyrs.

Mode pl. 4.

Verse: *Have mercy on us, O Lord, have mercy on us, for we are greatly filled with contempt; our soul is greatly filled with it. We are a disgrace to those who prosper, and a contempt to the arrogant.* [SAAS]

Bravely have ye fought, O holy martyrs; steadfastly ye endured the tortures of lawless men, confessing Christ before kings. And, departing from this life, ye now work miracles throughout the world, healing from their passions those in sickness. Pray for the salvation of our souls. [KW]

Glory. Both now. **Theotokion.**

Mode pl. 4.

Thy protection, O Theotokos Virgin, is a source of spiritual healing: taking refuge beneath it, we are delivered from the diseases of our souls. [KW]

PRIEST

It is good to give thanks to the Lord and to sing to Your name, O Most High, to proclaim Your mercy in the morning and Your truth at night. [SAAS]

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

All-holy Trinity, have mercy on us.
Lord, forgive our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

Our Father, who art in heaven, hallowed
be Thy name. Thy kingdom come, Thy will
be done, on earth as it is in heaven. Give us
this day our daily bread; and forgive us our
trespasses, as we forgive those who trespass
against us. And lead us not into temptation,
but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power
and the glory, of the Father and of the Son and
of the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

READER

Standing in your glorious church, O
Theotokos, we think we are standing in
heaven. O heavenly Gate, open to us the door
of your mercy.

Lord, have mercy. (40)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify.

In the name of the Lord, Father, bless!

PRIEST

Blessed are You, Christ our God, always
now and forever and to the ages of ages.

(Amen.)

O heavenly King, uphold our rulers,
strengthen the Faith, calm the nations, give
peace to the world. Protect this holy Church
(or, Monastery); grant our departed fathers
and brethren that they may dwell with
the righteous, and accept us in repentance
and confession; for You are good and love
mankind.

(Amen.)

Prayer of St. Ephraim

O Lord and Master of my life, do not
permit the spirit of laziness and meddling, the
lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit
of prudence, humility, patience and love.

Yes, Lord and King, give me the power
to see my own faults and not to judge my
brother.

For you are blessed unto the ages of ages.
Amen. [HC]

*Then we begin the First Hour, saying: "Come let us
worship..."*

or:

READER

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)