

Menaion - January 30

Memory of the Holy Three Hierarchs

LITURGY

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Antiphon I. Mode 2.

Verse 1: *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages.
Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints, we sing to You, Alleluia. [GOA]

Verse 2: *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints, we sing to You, Alleluia.

Verse 3: *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints, we sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages.
Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion.

Mode 1.

From Menaion - - -

Those three magnificent luminaries of the tri-solar Godhead, who lit up the whole world with rays of divine doctrines; those mellifluent rivers of wisdom, who irrigated all creation with the waters of the knowledge of God; Basil the Great, and Gregory the Theologian, and the illustrious John, whose tongue produced golden words! Let all of us who are enamored of their words come together and sing hymns to honor them. For they are ever interceding with the Trinity on our behalf. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode 2.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

[RSV]

Canon 1 for the Saints.

Ode iii. Mode 2. *N/M (On the rock of faith.)*

From Menaion - - -

Blessed are the merciful, for they shall obtain mercy. [RSV]

The great trumpet of the Churches,/the lamp illuminating the inhabited earth,/the preacher embracing the ends of the earth with his voice:/the great Basil summons this assembly! [OCA]

Blessed are the pure in heart, for they shall see God. [RSV]

Brilliant in his life and actions,/brilliant in sermons and teaching,/Shining more than all, as another sun outshining the stars,/the greatly honored Theologian is called blessed today! [OCA]

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

Behold, the light of the world is manifested to the world!/Behold, the salt of the earth seasons the earth!/Behold, the tree of life, the golden saint, yields immortal fruit!/Let those who wish to escape death come and feast sumptuously! [OCA]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Theotokion.

He Who brought all things into being from non-existence/and granted nature to every creature,/knew Himself how to transform the given natures as He desired./Therefore the Virgin gives birth and who would not be amazed? [OCA]

Canon 2 for the Saints.

From Menaion - - -

Ode vi. Mode pl. 4. *N/M (Be gracious to me.)*

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

We theologize about the only Trinity/and have agreed to hymn the threefold Unity./We have been taught by the Fathers to worship the single Essence in three Persons. [OCA]

Rejoice and be glad, for your reward is great in heaven. [RSV]

The Word equally without beginning and the Spirit of God/were from the beginning with the Father./The God wholly without beginning/is a simple, consubstantial, co-essential Divinity,/as taught by the divine preachers. [OCA]

Glory.

I shall unite and separate the things
separated through unity;/I think of the One
as indivisible and consider it Three./I follow
the three God-bearing teachers who have
admonished me to so believe. [OCA]

Both now. **Theotokion.**

The Son was without a Mother before
assuming the flesh/and was without a Father
in His incarnation./We speak of these things
which are beyond all understanding,/for all-
glorious wonders are fitting to God! [OCA]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints, we sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion.**

From Menaion - - -

Mode 1.

Those three magnificent luminaries of the tri-solar Godhead, who lit up the whole world with rays of divine doctrines; those mellifluent rivers of wisdom, who irrigated all creation with the waters of the knowledge of God; Basil the Great, and Gregory the Theologian, and the illustrious John, whose tongue produced golden words! Let all of us who are enamored of their words come together and sing hymns to honor them. For they are ever interceding with the Trinity on our behalf. [SD]

(Apolytikion of the Parish Church)

(The text of the Apolytikion of the local church goes here.)

From Menaion - - -

**Kontakion.
Mode 1.**

You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now You came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves humanity. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Hierarchs.

Prokeimenon. Mode pl. 4. Psalm 18.

His proclamation went forth into all the earth. [SAAS]

Verse: *The heavens declare the glory of God.*

[SAAS]

The reading is from Paul's Letter to the Hebrews.

(13:7-16)

Brethren, remember your leaders, those who spoke to you the word of God; consider the outcome of their lives, and imitate their faith. Jesus Christ is the same yesterday and today and for ever. Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents. We have an altar from which those who serve the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. So Jesus also suffered outside the gate in order to sanctify the people through his own blood. Therefore let us go forth to him outside the camp and bear the abuse he endured. For here we have no lasting city, but we seek the city which is to come. Through him then let us continually offer up a sacrifice

of praise to God, that is, the fruit of lips that acknowledge his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. [RSV]

Alleluia. Mode 1. Psalm 88.

Alleluia. Alleluia. Alleluia.

Verse 1: *The heavens shall confess Your wonders, O Lord.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *God is glorified in the counsel of saints.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

For the Hierarchs.

The reading is from the Holy Gospel according to Matthew.

(5:14-19)

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 18.

Their proclamation went forth into all the earth, and their words to the ends of the world. Alleluia. [SAAS]

**Hymn after Holy Communion.
Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, our fathers among the saints, great Ecumenical Teachers and Hierarchs, Basil the Great, Gregory the Theologian and John Chrysostom, whose memory we celebrate; and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Wine: Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.

It is a minor feast.