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The Service of Matins

for Monday, November 11, 2019

Octoechos - Mode 4. on Monday Morning

Menaion - November 11

Memory of the Holy Martyrs Menas, Victor and Vincent; and the Holy Martyr Stephanie; and our Devout Father and Confessor Theodore the Studite.

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Octoechos - Mode 4.

On Monday Morning

Menaion - November 11

Memory of the Holy Martyrs Menas, Victor and Vincent; and the Holy Martyr Stephanie; and our Devout Father and Confessor Theodore the Studite.

MATINS

CHOIR

Mode 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call upon His name.

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: All the nations surrounded me, but in the name of the Lord I defended myself against them.

Verse 3: And this came about from the Lord, and it is wonderful in our eyes.

Apolytikion. For the Martyrs. Mode 4. *Come quickly.*

Your Martyrs, O Lord, were worthily awarded by You * the crowns of incorruption, in that they contested for You our immortal God. * Since they possessed Your power, they defeated the tyrants, * dashing the demons' powerless displays of defiance. * O Christ God, at their fervent entreaties, save our souls.

Glory. For the Devout Man. Mode pl. 4.

Guide of Orthodoxy and a sacred teacher of piety and dignity, luminary of the world,

and God-inspired jewel of monastics, O wise Theodore, the Spirit's instrument: by your teachings you enlightened all. Intercede with Christ our God for the salvation of our souls.

[SD]

From Octoechos - - -

Both now. **Theotokion. Mode pl. 4.**

Rejoice, O Maiden, who through an Angel received the Joy of the world! Rejoice, O Virgin who gave birth to your Creator and Lord! Rejoice! for you were counted worthy to become the Mother of God. [5D]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 4. There is no litany, but immediately the following:

From Octoechos - - -

CHOIR

Kathisma I. For compunction. Mode 4.

O Lord, visit my humble soul, which as spent the entire time of this life in sins. Accept me and save me, as You once did the harlot.

Verse: O Lord, do not rebuke me in Your wrath, nor chasten me in Your anger.

As I sail across the ocean of the present life, I remember the abyss of my many vices. Since I have no good thought to pilot me, I shout to you the words of Peter: Save me, O Christ my God. Save me, in Your love for humanity.

Glory. Both now. Theotokion.

Awsome is the mystery, and paradoxical is the miracle: how the Virgin carried You, the Creator of all, and how after childbirth she remained whole and a virgin. We pray You, who were born of her, to confirm the Faith,

calm the nations, and give peace to the world, O God, in Your love for humanity. [5D]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 5. There is no litany, but immediately the following:

CHOIR

From Octoechos - - -

Kathisma II. For compunction.

Mode 4. *N/M* (*Come quickly.*)

Quickly let us enter the bridal hall of Christ, that we may all hear His blessed voice, the voice of our God. Come, you who love the heavenly glory, and join the wise virgins and make your lamps to shine brightly by faith.

Verse: Look upon me and have mercy on me.

Mode 4. N/M (Joseph marveled.)

O my soul, meditate on how we shall stand before the Judge in that frightening hour, how those intimidating thrones will be set up, and the actions of all people will be examined. The Judge will be unmoved. Before the tribunal fire will go forth, like a roaring wild sea, engulfing the guilty. Meditate on these things, O my soul, and correct your ways.

Glory. Both now. **Theotokion.**

O Lady, the true and literal Theotokos, as a Mother you interceed with your Son and our God with confidence. Protect your flock, which runs especially to your shelter and takes refuge in you, the harbor, the fortress, the only protection of the human race [SD]

From Octoechos - - -

Kathisma III. For compunction.

Mode 4. N/M (Come quickly.)

O super-divine Trinity, the bodiless choirs unceasingly extol You, and they stand by with fear and cry out: "Holy are You, One Nature in Three Hypostases!" We pray You, by their entreaties, have mercy on the creation of Your hands, for only You love humanity. [5D]

Verse: God is wondrous in His saints.

For the Martyrs.

The hosts of the Angels are in attendance today, for the observance of the memory of the prize-winning martyrs, to illumine the minds of the faithful, and to brighten the civilized world with grace. O God, be importuned by them, and grant us Your great mercy.

Glory. Both now. Theotokion.

To you who were raised in the Temple, in the Holy of Holies, and who were clothed in faith and wisdom and measureless virginity, the Supreme Commander Gabriel from heaven brought the salutation, "Rejoice"; "Rejoice, O blessed Maiden! Rejoice, O glorified one! The Lord is with you." [50]

READER

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived

in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

Kontakion.

From Menaion - - -

Mode 4. You appeared today.

You were snatched from the worldly army and made a part of the incorruptible one, O victorious Martyr Menas, by Christ our God, the immortal crown of the Martyrs.

Oikos.

The memory of the Martyrs brings us great gladness, as it showcases their manliness in suffering and their triumph over enemies, by the bright and gentle grace of their confession. So come, all you lovers of feast-days, let us rejoice not with mere fleeting joy but with that which is better and more perfect, as we observe the memory of the holy athlete Menas, and as we receive the gift of release from the passions. The giver of this is Christ our God, the immortal crown of the Martyrs.

Synaxarion.

From the Menaion.

On November 11 we commemorate the holy Great Martyr Menas who witnessed at Cotyaeion.

On this day we also commemorate the holy Martyr Victor.

On this day we also commemorate the holy Martyr Vincent the deacon.

On this day we also commemorate the holy Martyr Stephanie.

On this day we also commemorate our holy father Theodore the Studite, i.e. Abbot of Studium.

By their holy intercessions, O God, have mercy on us. Amen.

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix. Megalynarion. Mode pl. 4.

Verse: My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NK]VI

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse: For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse: For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation. [NK]V]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse: He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Heirmos. Mode pl. 4.

The heavens were astounded as a result,

* and the ends of the earth were astonished,
inasmuch as God * bodily appeared to the
human race, * O Theotokos, coming forth *
from your virgin womb which indeed became

* more spacious than the heavens. * And
therefore by the orders * of men and angels
you are magnified. [SD]

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Exaposteilarion. For the Martyrs.

From Menaion - - -

Mode 3. Having embellished heaven.

You have embellished heaven * with stars, O tender-loving Lord. * You have adorned the Church likewise * with Victor, Vincent, and Menas, * and Stephanie. Through these Martyrs, * we pray You save those who praise You. [SD]

For the Devout Man. Mode 3.

In your piety, Theodore,/you were revealed to be a living tower of the teachings of orthodoxy!/You denounced the deception of iconoclasts;/you ended your confession with suffering//and now you are glorified!

Theotokion.

Mode 3. Having embellished heaven.

O all-immaculate Maiden, * as David said, in you were seen * the Master's solemn processions; * and they direct humanity * to

where the choirs of Angels are * and also the host of all Saints. [5D]

READER

Lauds. (read) Psalm 148.

Praise the Lord from the heavens; praise Him in the highest. Praise Him, all you His angels; praise Him, all you His hosts. Praise Him, sun and moon; praise Him, all you stars and light. Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name, for He spoke, and they were made; He commanded, and they were created. He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away. Praise the Lord from the earth, you dragons and all the deeps, Fire and hail, snow and ice, stormy wind, which perform His word, mountains and all the hills, fruitful trees and all cedars, wild animals and all cattle, creeping things and flying birds, kings of the earth and all peoples, princes and all judges of the earth, young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted; His thanksgiving is in earth and heaven. And He shall exalt the horn of His people, a hymn for all His saints, for the children of Israel, a people who draw near to Him. [SAAS]

Psalm 149.

Sing to the Lord a new song, His praise in the assembly of His holy ones. Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King. Let them praise His name with dance; with tambourine and harp let them sing to Him;

for the Lord is pleased with His people, and He shall exalt the gentle with salvation. The holy ones shall boast in glory, and they shall greatly rejoice on their beds; the high praise of God shall be in their mouth and a two-edged sword in their hand, to deal retribution to the nations, reproving among the peoples, to shackle their kings with chains and their nobles with fetters of iron, to fulfill among them the written judgment: This glory have all His holy ones. [SAAS]

Psalm 150.

Praise God in His saints; praise Him in the firmament of His power; praise Him for His mighty acts; praise Him according to the abundance of His greatness. Praise Him with the sound of a trumpet; praise Him with the harp and lyre; praise Him with timbrel and dance; praise Him with strings and flute; praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. Alleluia. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Doxology (read)

To you belongs glory, O Lord our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. Glory to God in the highest, and on earth peace, good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; onlybegotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son

of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every day I shall bless you, and I shall praise your name forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who know you. Grant, O Lord, that in this day we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy One, enlighten me with your commandments. Lord, your mercy remains forever, do not turn away from the works of your hands. To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. Amen.

DEACON

Let us complete our morning prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(*Grant this, O Lord.*)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the God of mercy and compassion and love for mankind, and to You we give glory, to the Father and the Son and

the Holy Spirit, now and forever and to ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST (in a low voice)

Holy Lord, dwelling on high and beholding things below and, with your eye that observes all, keeping watch over the whole creation, to you we have bowed the neck of our soul and body, and we beseech you, O Holy of Holies: Stretch forth your invisible hand from your holy dwelling and bless us all. And, as you are good and love humankind, pardon us if we have sinned in anything, voluntarily or involuntarily, granting us your blessings both of this world and of the world above.

PRIEST

For Yours it is to show mercy and to save us, O our God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

From Octoechos - - -

CHOIR

Aposticha of the Octoechos. Mode 4.

I am one of the sheep of Your rational flock, and I take refuge in You the Good Shepherd. Seek me who am wandering, O God, and have mercy on me. [5D]

Verse: We were filled with Your mercy in the morning, and in all our days we greatly rejoiced and were glad; gladden us in return for the days You humbled us, for the years we saw evil things.

And behold Your servants and Your works, and guide their sons. [SAAS]

Savior, wash me with my tears, for I have been soiled by many sins. Therefore I fall prostrate before You and implore: I have sinned; have mercy on me, O God. [50]

Verse: And let the brightness of the Lord our God be upon us, and prosper for us the works of our hands. [SAAS]

Who is not amazed, O holy martyrs, seeing the good fight that you fought; how being armed with the Cross you confessed Christ, and thus defeated the bodiless enemy, though you yourselves were in body still. Therefore you have worthily been made the banishers of demons, and the opponents of foreign enemies, unceasingly interceding that our souls be saved.

From Menaion - - - Idiomelon. Mode 2.

Verse: To the saints on His earth, in them the Lord magnified all His will. [SAAS]

Come, all who love the martyrs!/Let us honor their thrice-radiant chorus:/Mennas, Victor and Vincent,/for they paid with blood to purchase eternal life!/They spoke out against the author of evil, saying:/We will not prefer corruptible things to incorruptible!/We will not do battle for an earthly and mortal king,/but we will fight for the living King Who ever cries to the faithful://He who believes in me, even if he dies, he shall live!

Glory.

From Menaion - - -

Mode 1.

O believers, let us congregate today, and with spiritual songs and praises fit for martyrs, let us extol most renowned Menas, who excelled in valor for Christ. This Martyr waged war with the unseen enemies, and he fought according to the rules, and rightly received the medal of victory. Now in heaven with the Angels, he dances the dance that never ends, and he prays for peace and great mercy for the world. [SD]

Both now. **Theotokion. Mode 1.** *O Martyrs, extolled.*

O Pure One, you only did become *
the abode of Light who shone forth from
the Father. And therefore I cry out to you
and pray: * With the light of virtues, * make
my soul to shine again, for it has now been
darkened by sinful passions; and give it a
place * in your splendid dwellings full of light,
* O all-holy * Virgin, on Judgment Day.

PRIEST

It is good to give thanks to the Lord and to sing to Your name, O Most High, to proclaim Your mercy in the morning and Your truth at night. [SAAS]

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Apolytikion. For the Martyrs. Mode 4. *Come quickly.*

Your Martyrs, O Lord, were worthily awarded by You * the crowns of incorruption, in that they contested for You our immortal God. * Since they possessed Your power, they defeated the tyrants, * dashing the demons' powerless displays of defiance. * O Christ God, at their fervent entreaties, save our souls.

Glory. For the Devout Man. Mode pl. 4.

Guide of Orthodoxy and a sacred teacher of piety and dignity, luminary of the world, and God-inspired jewel of monastics, O wise Theodore, the Spirit's instrument: by your teachings you enlightened all. Intercede with Christ our God for the salvation of our souls.

[SD]

From Octoechos - -

Both now. **Theotokion. Mode pl. 4.**

Rejoice, O Gate of the King of glory! Only the Most High passed through you, and you alone He preserved sealed, for the salvation of our souls. [5D]

DEACON

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed and evermemorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and allvenerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Wisdom.

(Father, bless!)

PRIEST

Blessed are You, Christ our God, always now and forever and to the ages of ages. (*Amen.*)

Make firm, Lord our God, the holy and pure faith of the pious Orthodox Christians, together with the Holy Church and this city forever.

READER

Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the

Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May Christ our true God, through the intercessions of His all-pure and allimmaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, the holy martyrs Menas, Victor and Vincent, the holy martyr Stephanie, whose memory we observe, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)