

**Octoechos - Mode 2.**

On Sunday Morning

**Pentecostarion**

Myrrh-bearers Sunday

**LITURGY**

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**Antiphon I. Mode 2. Psalm 65.**

**Verse 1:** *Shout to God, all the earth.* [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

**Verse 2:** *Sing now to His name; give glory to  
His praise.* [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

**Verse 3:** *Say to God, "How fearful are Your  
works.* [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

**Verse 4:** *Let all the earth worship You and  
sing to You.* [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

Glory. Both now.

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

**Antiphon II. Mode 2. Psalm 66.**

**Verse 1:** *May God be gracious to us, and  
bless us.* [SAAS]

Save us, O Son of God, risen from the  
dead. We sing to You, Alleluia. [GOA]

**Verse 2:** *May He cause His face to shine  
upon us, and have mercy on us.* [SAAS]

Save us, O Son of God, risen from the  
dead. We sing to You, Alleluia. [GOA]

**Verse 3:** *That we may know His way on the  
earth, Your salvation among all the Gentiles.* [SAAS]

Save us, O Son of God, risen from the  
dead. We sing to You, Alleluia. [GOA]

**Verse 4:** *Let the peoples give thanks to You,  
O God; let all the peoples praise You.* [SAAS]

Save us, O Son of God, risen from the  
dead. We sing to You, Alleluia. [GOA]

*Glory to the Father and the Son and the Holy  
Spirit.*

*Both now and ever and to the ages of ages.  
Amen.*

Only begotten Son and Logos of God,  
being immortal, You condescended for  
our salvation to take flesh from the holy  
Theotokos and ever-virgin Mary and, without  
change, became man. Christ, our God, You  
were crucified and conquered death by death.  
Being one of the Holy Trinity, glorified with  
the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III. Mode pl. 1. Psalm 67.**

**Verse 1:** *Let God arise, and let His enemies be scattered, and let those who hate Him flee from before His face.* [SAAS]

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

**Verse 2:** *As smoke vanishes, so let them vanish, as wax melts before the fire.* [SAAS]

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

**Verse 3:** *So shall the sinners perish from the face of God. And let the righteous be glad.* [SAAS]

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

**Verse 4:** *This is the day the Lord made; let us greatly rejoice and be glad therein.* [SAAS]

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

**Entrance Hymn. Mode 2.**

Bless God in the churches, the Lord from the fountains of Israel. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

[GOA]

*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Mode 2.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

**Resurrectional.**

*From Octoechos - - -*

*Blessed are the merciful, for they shall obtain mercy.* [RSV]

We present You the robber's words and we prayerfully echo them; and like him we cry out, O Savior: In Your kingdom remember us. [SD]

*Blessed are the pure in heart, for they shall see God.* [RSV]

We present You the Cross, O Lord, that You suffered on our behalf, to forgive our sins and offences, in Your love for humanity. [SD]

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

Lord, we honor Your burial and Your resurrection from the dead, by which You

have rescued the world from corruption, O Friend of man. [SD]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

**Theotokion.**

We salute you and say, Rejoice, fiery throne and unwedded Bride. Rejoice, holy Virgin, for you gave birth to God for humanity. [SD]

**Canon for the Myrrhbearers.**

**Ode vi. Mode 2. I am held fast. (NM)**

*From Pentecostarion - - -*

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

Hell is dead. Take courage, you who are born of earth, for Christ, hung upon the tree, has hurled away the sword against him and Hell lies dead. For, stripped naked, he has been despoiled of those he held. [EL]

*Rejoice and be glad, for your reward is great in heaven.* [RSV]

Having wrapped you in a winding sheet, O Christ, the noble Joseph laid you in a grave. having anointed the temple of your body which had been destroyed, he rolled a great stone to the mouth of the sepulchre. [EL]

Glory.

O Myrrh-bearing women, why do you still hurry? Why do you bring spices for the living? Christ has risen as he foretold. Let your tears cease: they have changed to joy. [EL]

Both now. **Theotokion.**

Like a vine, pure Maiden, you conceived unhusbanded in your womb the Grape Cluster of incorruption, from which for us the

streams of immortality pour out, like wine,  
eternal life. [EL]

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down  
before Christ. Save us, O Son of God, risen  
from the dead. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.**

From Octoechos - - -

**Resurrectional Apolytikion.**

**Mode 2.**

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You. [SD]

**Mode 2.**

When he took down Your immaculate Body from the Cross, the honorable Joseph wrapped it in a clean linen shroud with spices and laid it for burial in a new tomb. But on the third day You arose, O Lord, and granted the world Your great mercy. [SD]

**Mode 2.**

The Angel standing at the sepulcher cried out and said to the ointment-bearing women: The ointments are appropriate for mortal men, but Christ has been shown to be a stranger to decay. So go and cry aloud, The Lord has risen and granted the world His great mercy. [SD]

**(Apolytikion of the Parish Church)**

(The text of the Apolytikion of the local church goes here.)

From Pentecostarion - - -

**Kontakion of Pascha.**

**Mode pl. 4.**

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and

gave peace to Your Apostles, O Lord who to the fallen grant resurrection. [SD]

**THE TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

**The Epistle**

THIRD SUNDAY, SUNDAY OF THE MYRRH-BEARERS

**Prokeimenon. Mode 2. Psalm 117.**

The Lord is my strength and my song, and He became my salvation. [SAAS]

**Verse:** *The Lord chastened and corrected me, but He did not give me up to death.* [SAAS]

The reading is from the Acts of the Apostles.

6:1-7

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "it is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor,

and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith. [RSV]

**Alleluia. Mode 2. Psalm 19.**

Alleluia. Alleluia. Alleluia.

**Verse 1:** *May the Lord hear you in the day of afflictions; may the name of the God of Jacob defend you.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *O Lord, save Your King, and hear us in the day we call upon You.* [SAAS]

Alleluia. Alleluia. Alleluia.

**The Gospel**

Sunday of the Myrrh-Bearing Women

The reading is from the Holy Gospel according to Mark.

15:43-47; 16:1-8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw

where he was laid. And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid. [RSV]

**Hymn to the Theotokos.**

**Mode 1.**

*The Angel cried aloud to the Lady full of grace: Rejoice, O pure Virgin; and again I say Rejoice. Your Son has truly risen from the grave on the third day.* [SD]

Be illumined, illumined, O New Jerusalem; \* for the glory of the Lord has arisen over you. \* Dance now for joy, O Zion, and exult. \* And you be merry, O pure Theotokos, \* at the arising of the One you bore. [SD]

**Communion Hymn.**

Receive the Body of Christ; taste from the  
immortal fount. [SD]

**Hymn after Holy Communion.**

**Instead of "We have seen."**

**Mode pl. 1.**

Christ is risen from the dead, by death  
trampling down upon death, and to those in  
the tombs He has granted life. [GOA]

**THE DISMISSAL**

May He Who rose from the dead, Christ  
our true God, through the intercessions of His  
all-pure and all-immaculate holy Mother, the  
power of the precious and life-giving Cross,  
the protection of the honorable, bodiless  
powers of heaven, the supplications of the  
honorable, glorious prophet and forerunner  
John the Baptist, of the holy, glorious, and  
praiseworthy apostles, of the holy, glorious,  
and triumphant martyrs, of our righteous  
and God-bearing fathers, (local patron saint);  
of the holy and righteous ancestors of God  
Joachim and Anna, the holy Myrrh-bearers,  
and Joseph of Arimathea, and Nikodemos the  
disciple by night, whose memory we observe,  
and of all the saints, have mercy on us and  
save us, for He is good and loves mankind.

**Fasting Rule**

*Fast Free: All foods allowed.*