

Octoechos - Grave Mode.

On Sunday Morning

Menaion - October 6

Memory of the holy Apostle Thomas

LITURGY

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Antiphon I. Mode 2.

Verse 1: *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

Verse 2: *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Verse 3: *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Grave Mode.

Verse 1: *This is the day the Lord made; let us greatly rejoice and be glad therein.* [SAAS]

Resurrectional Apolytikion.

Grave Mode.

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy. [SD]

Verse 2: *Let heaven and earth praise Him.* [SAAS]

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Grave Mode.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Resurrectional.

From Octoechos - - -

Blessed are the merciful, for they shall obtain mercy. [RSV]

The fruit that killed me of old was good for food and beautiful to contemplate. But Christ is the very tree of life, from which I eat and die not. And echoing the Robber's words, I cry out, "Remember me in Your kingdom, O Lord." [SD]

Blessed are the pure in heart, for they shall see God. [RSV]

When You, O merciful Lord, were lifted on the Cross, You cancelled and erased the bond and record of the primal sin of Adam, and You saved us, the human race, from all deceit. Therefore we extol You, our Benefactor and Lord. [SD]

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

You nailed our sins to the Cross, O Master all-compassionate Lord Jesus Christ; and You put death to death by Your death and also resurrected from the dead those who had died. Therefore we all worship You and Your resurrection, O God. [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Theotokion.

On earth you carried and bore the Father's Son and Logos, when He became flesh, as He knew how, all-holy Theotokos. Therefore, Virgin Mother, we who are deified through you, cry aloud, saluting you: Hope of Christians all, rejoice! [SD]

Canon for the Apostle.

From Menaion - - -

Ode vi. Mode 4. *I will sacrifice to you. (NM)*

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

Your unbelief, blessed Thomas, heals the soul-destroying unbelief of all; for you indisputably investigated the holes of the nails and the lance. [EL]

Rejoice and be glad, for your reward is great in heaven. [RSV]

Like a sharpened arrow, O Christ, as a man of power, you loosed the Apostle into the hearts of the foe, O Giver of life, and he brought you the plunder of their spoils. [EL]

Glory.

Lord of mercy, you destroyed idolatrous sacrifices by your being slaughtered on a tree and by the holy slaughter of your inspired Apostles, as they imitated your sufferings. [EL]

Both now. **Theotokion.**

O marvel, newer than all marvels! For a Virgin conceives in her womb without knowing man him who cherishes the universe and she is not straitened. [EL]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

Hymns After the Small Entrance.

From Octoechos ---

Resurrectional Apolytikion.

Grave Mode.

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy. [SD]

Apolytikion. For the Apostle.

Mode 3.

O holy Apostle Thomas, make intercession to our merciful God, that He grant our souls forgiveness of offenses. [SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local church goes here.)

Kontakion. Mode 2.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

SIXTEENTH SUNDAY

Prokeimenon. Grave Mode. Psalm 28.

The Lord will give strength to His people; the Lord will bless His people with peace. [SAAS]

Verse: *Bring to the Lord, O you sons of God, bring to the Lord glory and honor.* [SAAS]

2 Cor. 6:1-10

Brethren, working together with him, then, we entreat you not to accept the grace of God in vain. For he says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in any one's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. [RSV]

Alleluia. Grave Mode. Psalm 91.

Alleluia. Alleluia. Alleluia.

Verse 1: *It is good to give thanks to the Lord and to sing to Your name, O Most High.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *To proclaim Your mercy in the morning and Your truth at night.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Third Sunday of Luke

Lk. 7:11-16

At that time, Jesus went to a city called Nain, and his disciples and a great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, he had compassion on her and said to her, "Do not weep." And he came and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited his people!" [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 148.

Praise the Lord from the heavens, praise Him in the highest. Alleluia. [SAAS]

and the following:

Communion Hymn. Psalm 18.

His proclamation went forth into all the earth, and his words to the ends of the world.
Alleluia. [SAAS]

Hymn after Holy Communion.

Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May He Who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (*local patron saint*); of the holy and righteous ancestors of God Joachim and Anna, the holy and glorious Apostle Thomas, whose memory we observe, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fast Free: All foods allowed.