

Menaion - October 26

Memory of the Holy Great Martyr
Demetrios, the Myrrh-streamer; and
Commemoration of the Earthquake.

LITURGY

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Antiphon I. Mode 2.

Verse 1: Bless the Lord, O my soul, and everything within me, bless His holy name. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 2: Bless the Lord, O my soul, and forget not all His rewards. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Verse 3: The Lord prepared His throne in heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

*Both now and ever and to the ages of ages.
Amen.*

Through the intercessions of the
Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist. [SAAS]

Save us, O Son of God, Who are wondrous
in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: Blessed is he whose help is the God of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, Who are wondrous
in Your saints. We sing to You, Alleluia.

Verse 3: The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

Save us, O Son of God, Who are wondrous
in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

*Both now and ever and to the ages of ages.
Amen.*

Only begotten Son and Logos of God,
being immortal, You condescended for
our salvation to take flesh from the holy
Theotokos and ever-virgin Mary and, without
change, became man. Christ, our God, You
were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion.

From Menaion - - -

Mode 3. Your confession.

All the world has you, its mighty
champion, * fortifying us in times of danger, *
and defeating our foes, O Victorious One. * So,
as you humbled Lyaïos's arrogance * by giving
courage to Nestor in the stadium, * thus, O
holy Great Martyr Demetrios, * to Christ our

God pray fervently, * beseeching Him to grant
us His great mercy. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode 4.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Canon 1 for the Saint.

Ode iii. Mode 4. Your Church rejoices in You.

From Menaion - - -

Blessed are the merciful, for they shall obtain mercy. [RSV]

The tyrants' unjust decree * did you account as nothing, for you preferred * the Word of God to all things, * O prize-winning Martyr Demetrios. [SD]

Blessed are the pure in heart, for they shall see God. [RSV]

The tyrants' unjust decree * did you account as nothing, for you preferred * the Word of God to all things, * O prize-winning Martyr Demetrios. [SD]

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

A luminous lamp-stand in the tabernacle of the Witness, alight * with divine light, you became, * O prize-winning Martyr Demetrios. [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Theotokion.

In order to heal the form * of mortal men that was corrupted, the One * who loves mankind has from you * worn it and remained what He was before. [SD]

Canon 1 for the Saint.

From Menaion - - -

Ode vi. Mode 4. I will sacrifice to you. (NM)

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

Assembled with one accord, we sing the praise of your light-bearing memory, most blessed Demetrios, and the multitudes of the wonders and gifts of grace of the Holy and revered Spirit. [EL]

Rejoice and be glad, for your reward is great in heaven. [RSV]

Assembled with one accord, we sing the praise of your light-bearing memory, most blessed Demetrios, and the multitudes of the wonders and gifts of grace of the Holy and revered Spirit. [EL]

Glory.

Loose the bonds of my faults by your prayers, for as an unconquerable Martyr you

have freedom to speak before the Master. And
be for me refuge an protection, Demetrios. ^[EL]

Both now. **Theotokion.**

Finding you undefiled among thorns as
a most pure lily and flower of the valleys,
Mother of God, the Word the Bridegroom
dwelt in your womb. ^[EL]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion. For the Earthquake.**

From Menaion - - -

Mode pl. 4.

You who look upon the earth and make it tremble, deliver us from the frightful threat of earthquake, O Christ our God. Send down Your abundant mercies on us, at the intercession of the Theotokos, O Lord and only Friend of humanity. [SD]

For the Saint.

From Menaion - - -

Mode 3. Your confession.

All the world has you, its mighty champion, * fortifying us in times of danger, * and defeating our foes, O Victorious One. * So, as you humbled Lyaïos's arrogance * by giving courage to Nestor in the stadium, * thus, O holy Great Martyr Demetrios, * to Christ our God pray fervently, * beseeching Him to grant us His great mercy. [SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local church goes here.)

Kontakion. Mode 2.

O Protection of Christians that never fails, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession,

and hasten to supplication, O Theotokos who protect now and ever those who honor you. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Martyr.

Prokeimenon. Grave Mode. Psalm 63.

The righteous man shall be glad in the Lord. [SAAS]

Verse: *Hear my voice, O God.* [SAAS]

2 Tim. 2:1-10

Timothy, my son, be strong in the grace that is in Christ Jesus, and what you have heard from me before many witnesses entrust to faithful men who will be able to teach others also. Share in suffering as a good soldier of Christ Jesus. No soldier on service gets entangled in civilian pursuits, since his aim is to satisfy the one who enlisted him. An athlete is not crowned unless he competes according to the rules. It is the hardworking farmer who ought to have the first share of the crops. Think over what I say, for the Lord will grant you understanding in everything. Remember Jesus Christ, risen from the dead, descended from David, as preached in my gospel, the gospel for which I am suffering and wearing fetters like a criminal. But the word of God is not fettered. Therefore I endure everything for the sake of the elect,

that they also may obtain salvation in Christ Jesus with its eternal glory. [RSV]

Alleluia. Mode 4. Psalm 91.

Alleluia. Alleluia. Alleluia.

Verse 1: *The righteous shall flourish like a palm tree.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 1: *Those planted in the house of the Lord.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

For the Martyr.

Jn. 15:17-27; 16:1-2

The Lord said to his disciples: "This I command you, to love one another. If the world hates you, know that it has hated me before it hated you. If you were of the world, the world would love its own; but because you are not of the world, but I chose you out of the world, therefore the world hates you. Remember the word that I said to you, 'A servant is not greater than his master.' If they persecuted me, they will persecute you; if they kept my word, they will keep yours also. But all this they will do to you on my account, because they do not know him who sent me. If I had not come and spoken to them, they would not have sin; but now they have no excuse for their sin. He who hates me hates my Father also. If I had not done among them the works which no one else did, they would not have sin; but now they have seen and hated both me and my Father. It is to fulfill the word that is written in their law, 'They hated me without a cause.' But when the Counselor comes, whom I shall send to you from the

Father, even the Spirit of truth, who proceeds from the Father, he will bear witness to me; and you also are witnesses, because you have been with me from the beginning. I have said all this to you to keep you from falling away. They will put you out of the synagogues; indeed, the hour is coming when whoever kills you will think he is offering service to God." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 111/112.

The righteous will be remembered for ever. Alleluia. [RSV]

**Hymn after Holy Communion.
Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles,

of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, of the
holy and glorious Great Martyr Demetrios, the
Myrrh-streamer, whose memory we celebrate;
and of all the saints, have mercy on us and
save us, for He is good and loves mankind.

Fasting Rule

Fast Free: All foods allowed.