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The Service of Matins

for Sunday, September 29, 2019

**Octoechos - Mode pl. 2.
on Sunday Morning**

Eothinon 4

**Menaion - September 29
Memory of our Devout Father Kyriakos**

Katavasias of Theotokos

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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Ὁκτώηχος - Ἦχος πλ. β'.

Τῇ Κυριακῇ Πρωΐ

Μηναιὸν - ΤΗΙ ΚΘ' ΣΕΠΤΕΜΒΡΙΟΥ

Μνήμη τοῦ Ὁσίου Πατρὸς ἡμῶν
Κυριακοῦ

ΟΡΘΟΣ

ΧΟΡΟΣ

Ἦχος πλ. β'.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι
Κυρίου.

Στίχ. α'. Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

ἦ· Ἐξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός,
ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.

Στίχ. β'. Πάντα τὰ ἔθνη ἐκύκλωσάν με,
καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ'. Παρὰ Κυρίου ἐγένετο αὕτη καὶ
ἔστι θαυμαστή ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὁκτωήχου ---

Ἀπολυτίκιον Ἀναστάσιμον.

Ἦχος πλ. β'.

Ἀγγελικαὶ Δυνάμεις ἐπὶ τὸ μνήμά
σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν,
καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα
τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν
Ἄϊδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας
τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ
ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

Δόξα. **Τοῦ Ὁσίου.**

Ἦχος α'.

Τῆς ἐρήμου πολίτης καὶ ἐν σώματι
ἄγγελος καὶ θαυματουργὸς ἀνεδείχθης
θεοφόρε πατὴρ ἡμῶν Κυριακὲ· νηστεία,
ἀγρυπνία, προσευχῇ, οὐράνια χαρίσματα

Octoechos - Mode pl. 2.

On Sunday Morning

Menaion - September 29

Memory of our Devout Father Kyriakos

MATINS

CHOIR

Mode pl. 2.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call
upon His name.

or: Give thanks to the Lord, for He is good; for
His mercy endures forever.

Verse 2: All the nations surrounded me, but
in the name of the Lord I defended myself against
them.

Verse 3: And this came about from the Lord,
and it is wonderful in our eyes.

From Octoechos ---

Resurrectional Apolytikion.

Mode pl. 2.

When the angelic powers appeared at
Your grave, the soldiers guarding it feared
and became as dead. And standing by the
sepulcher was Mary who was seeking Your
immaculate body. You devastated Hades, not
afflicted by it. You went to meet the virgin,
and granted eternal life. You resurrected from
the dead. O Lord, glory to You. [SD]

Glory. **For the Devout Man.**

Mode 1.

As a citizen of the desert and an angel
incarnate * and a wonder-worker you shone
forth, O Kyriacos, our God-bearing father.
* Since you received the spiritual gifts * by

λαβών· θεραπεύεις τοὺς νοσοῦντας καὶ
τὰς ψυχὰς τῶν πίστει προστρεχόντων σοι.
Δόξα τῷ δεδοκῶτι σοι ἰσχύν, δόξα τῷ σὲ
στεφανώσαντι, δόξα τῷ ἐνεργοῦντι διὰ σοῦ
πᾶσιν ἰάματα.

Τῆς Οκτωήχου ---

Καὶ νῦν. **Θεοτοκίον.**

Ἦχος α΄. Τοῦ λίθου σφραγισθέντος.

Τοῦ Γαβριὴλ φθεγξαμένου σοι Παρθένε
τὸ Χαῖρε, σὺν τῇ φωνῇ ἐσαρκοῦτο ὁ τῶν
ὅλων Δεσπότης, ἐν σοὶ τῇ ἀγίᾳ κιβωτῷ, ὡς
ἔφη ὁ δίκαιος Δαυΐδ. Ἐδείχθης πλατυτέρα
τῶν οὐρανῶν, βαστάσασα τὸν Κτίστην
σου. Δόξα τῷ ἐνοικήσαντι ἐν σοὶ· δόξα τῷ
προελθόντι ἐκ σοῦ· δόξα τῷ ἐλευθερώσαντι
ἡμᾶς, διὰ τοῦ τόκου σου.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἀγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου

fasting and vigilance and prayer, * you can
cure those who are ailing and heal the souls
* of those who run to you with faith. * Glory
to Him who gave His might to you; * glory to
Him who placed a crown on you; * glory to
Him who operates through you, providing
cures to all. [SD]

From Octoechos ---

Both now. **Theotokion.**

Mode 1. *The stone had been secured.*

When Gabriel had uttered rejoice to you,
O Virgin, * then with the voice was the Lord
of all becoming incarnate * in you whom the
holy Ark of old * prefigured, as righteous
David said. * You carried your Creator and
proved to be more spacious than the heavens.
* Glory to Him who dwelt inside of you; *
glory to Him who came forth from You; *
glory be to Him who through your childbirth
has set us free. [SD]

PRIEST

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is
the kingdom and the power and the glory,
of the Father and of the Son and of the Holy

Πνεύματος, νῦν καὶ αἰεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Τῆς Ὀκτωήχου ---

ΧΟΡΟΣ

Κάθισμα Α'.

Ἦχος πλ. β'.

Τοῦ τάφου ἀνεωγμένου, τοῦ Ἰδίου ὀδυρομένου, ἡ Μαρία ἐβόα πρὸς τοὺς κεκρυμμένους Ἀποστόλους· Ἐξέλθετε οἱ τοῦ ἀμπελῶνος ἐργάται, κηρύξατε τὸν τῆς Ἀναστάσεως λόγον. Ἀνέστη ὁ Κύριος, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Δόξα.

Κύριε, παρίστατο τῷ τάφῳ σου Μαρία ἡ Μαγδαληνή, καὶ ἔκλαιε βοῶσα· καὶ κηπουρὸν σε νομίζουσα ἔλεγε· Ποῦ ἔκρυψας τὴν αἰώνιον Ζωήν; ποῦ ἔθηκας τὸν ἐπὶ θρόνου Χερουβὶμ; οἱ γὰρ τοῦτον φυλάσσοντες, ἀπὸ τοῦ φόβου ἀπενεκρώθησαν, ἢ τὸν Κύριόν μου δότε μοι, ἢ σὺν ἐμοὶ κραυγάσατε· ὁ ἐν νεκροῖς καὶ τοὺς νεκροὺς ἀναστήσας δόξα σοι.

Καὶ νῦν. **Θεοτοκίον.**

Ὁ τὴν εὐλογημένην καλέσας σου Μητέρα ἦλθες ἐπὶ τὸ πάθος ἐκουσίᾳ βουλῇ, λάμψας ἐν τῷ Σταυρῷ, ἀναζητῆσαι θέλων τὸν Ἀδάμ, λέγων τοῖς Ἀγγέλοις· Συγχάρητέ μοι, ὅτι εὗρέθη ἡ ἀπολωμένη δραχμή, ὁ πάντα σοφῶς οἰκονομήσας, δόξα σοι.

Τῆς Ὀκτωήχου ---

Κάθισμα Β'.

Ἦχος πλ. β'.

Ἡ Ζωή, ἐν τῷ τάφῳ ἀνέκειτο, καὶ σφραγίς ἐν τῷ λίθῳ ἐπέκειτο, ὡς Βασιλέα

Spirit, now and forever and to the ages of ages.

(Amen.)

From Octoechos ---

CHOIR

Kathisma I.

Mode pl. 2.

The sepulcher had been opened, and Hades was lamenting, and Mary cried out to the Apostles in hiding, "Come out, O laborers of the vineyard, and preach the message of the resurrection. The Lord has arisen and granted the world His great mercy." [SD]

Glory.

Standing by Your sepulcher was Mary Magdalene, O Lord, and she was weeping loudly, and mistaking You for the gardener said to You, "Where have you hidden everlasting life? Where have you laid Him who sits on a throne of Cherubim? Out of fear, those who guarded Him became like dead men. Either give my Lord to me or cry aloud along with me. You were among the dead and raised the dead. Glory to You." [SD]

Both now. **Theotokion.**

O Lord, who called the blessed Maid Your Mother, You came to the Passion of Your own will and intent. Adam You wished to seek; You therefore shone upon the Cross, saying to the Angels, "Rejoice with me together, for I have found the coin that was lost." O Lord, You have disposed all things wisely. Glory to You. [SD]

From Octoechos ---

Kathisma II.

Mode pl. 2.

Life was laid in a tomb, and a seal was laid on the stone. Soldiers were guarding

ύπνουῖντα, στρατιῶται ἐφύλαττον Χριστόν,
καὶ τοὺς ἐχθροὺς αὐτοῦ ἀορασία πατάξας,
ἀνέστη ὁ Κύριος.

Δόξα.

Προΐστορεῖ ὁ Ἰωνᾶς τὸν τάφον σου, καὶ
ἐρμηνεύει Συμεὼν τὴν Ἑγερσιν τὴν ἔνθεον,
ἀθάνατε Κύριε· κατέβης γὰρ ὡσεὶ νεκρὸς ἐν
τῷ τάφῳ, ὁ λύσας Ἄιδου τὰς πύλας, ἀνέστης
δὲ ἄνευ φθορᾶς ὡς Δεσπότης, τοῦ κόσμου
εἰς σωτηρίαν, Χριστέ ὁ Θεὸς ἡμῶν, φωτίσας
τοὺς ἐν σκότει.

Καὶ νῦν. **Θεοτοκίον.**

Θεοτόκε Παρθένε, ἰκέτευε τὸν Υἱόν σου,
τὸν ἐκουσίως προσπαγέντα ἐν σταυρῷ, καὶ
ἀναστάντα ἐκ νεκρῶν, Χριστὸν τὸν Θεὸν
ἡμῶν, σωθῆναι τὰς ψυχὰς ἡμῶν.

Εὐλογητάρια Ἀναστάσιμα.

Ἦχος πλ. α'.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Τῶν Ἀγγέλων ὁ δῆμος, κατεπλάγη ὀρῶν
σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου
δὲ Σωτῆρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν
ἐαυτῷ τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἄιδου
πάντας ἐλευθερώσαντα.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν,
ὦ Μαθήτριάι κιρνᾶτε; ὁ ἀστράπτων ἐν
τῷ τάφῳ Ἄγγελος, προσεφθέγγετο ταῖς
Μυροφόροις· Ἴδετε ὑμεῖς τὸν τάφον
καὶ ἦσθητε· ὁ Σωτῆρ γὰρ ἐξανέστη τοῦ
μνήματος.

Christ like a king in his sleep. And stunning
His enemies, the Lord arose. [SD]

Glory.

Jonah foretokens Your sepulcher, and
Symeon elucidates Your divine resurrection,
immortal Lord. You went down into the tomb
as a dead man, destroying the gates of Hades.
And You rose without corruption, as Master,
for the salvation of the world, O Christ our
God, giving light to those in darkness. [SD]

Both now. **Theotokion.**

O Virgin Theotokos, beseech Your Son,
Christ our God, who voluntarily was nailed
to the Cross and resurrected from the dead,
entreating Him to save our souls. [SD]

Resurrectional Evlogetaria.

Mode pl. 1.

*Blessed are You, O Lord, teach me Your
statutes.*

When the hosts of the Angels saw how
You were accounted among the dead, they
all marveled. You, O Savior, are the One who
destroyed the might of death; and when You
arose You raised Adam with yourself and
from Hades liberated everyone. [SD]

*Blessed are You, O Lord, teach me Your
statutes.*

"Why do you mingle the ointments with
your tears full of pity, O women disciples?"
Thus the Angel who was shining in the tomb
cried to the myrrh-bearing women. "See for
yourselves the empty tomb and understand,
that the Savior has risen from the sepulcher."

[SD]

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Λίαν πρωΐ, Μυροφόροι ἔδραμον,
πρὸς τὸ μνήμά σου θρηνηλογοῦσαι· ἀλλ'
ἐπέστη, πρὸς αὐτὰς ὁ Ἄγγελος, καὶ εἶπε·
θρήνου ὁ καιρὸς πέπαυται, μὴ κλαίετε, τὴν
Ἀνάστασιν δέ, Ἀποστόλοις εἶπατε.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Μυροφόροι γυναῖκες, μετὰ μύρων
ἐλθοῦσαι, πρὸς τὸ μνήμά σου, Σῶτερ
ἐνηχοῦντο. Ἀγγέλου τρανῶς, πρὸς αὐτὰς
φθεγγομένου· Τί μετὰ νεκρῶν, τὸν ζῶντα
λογίζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ
μνήματος.

Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου
Υἱόν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν
Τριάδα, ἐν μιᾷ τῇ οὐσίᾳ, σὺν τοῖς Σεραφεῖμ,
κράζοντες τό· Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

Καὶ νῦν.

Ζωοδότῃν τεκοῦσα, ἐλυτρώσω Παρθένε,
τὸν Ἀδὰμ ἁμαρτίας, χαρμονὴν δὲ τῇ Εὐᾶ,
ἀντὶ λύπης παρέσχες, ῥεύσαντα ζωῆς, ἴθυνε
πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθεὶς Θεὸς
καὶ ἄνθρωπος.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.
Δόξα σοι, ὁ Θεός. (ἐκ γ')

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

*Blessed are You, O Lord, teach me Your
statutes.*

Very early in the morning, the myrrh-
bearing women were hastening to Your tomb
lamenting. But the Angel appeared to them
and uttered, "The time for lamentation has
ended; weep no more. Go announce the
Resurrection to the Apostles." [SD]

*Blessed are You, O Lord, teach me Your
statutes.*

When the myrrh-bearing women had
come with their spices to Your sepulcher,
O Savior, they heard the voice of an Angel
clearly speaking to them, "Why do you
account among the dead the One who lives?
For as God, He has risen from the sepulcher."

[SD]

Glory.

We bow down in worship to the Father
and His Son and the Holy Spirit, the Holy
Trinity, one in essence; and we cry aloud with
the Seraphim: Holy, Holy, Holy are You, O
Lord. [SD]

Both now.

Giving birth to the Giver of life, O Virgin,
you delivered Adam from sin, and to Eve you
have rendered joy in place of sorrow. He who
from you became incarnate, God and man,
has directed to life him who fell from it. [SD]

Alleluia. Alleluia. Alleluia. Glory to You,
O God. (3)

DEACON

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Αντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἀγίων μνημονεύσαντες,
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι ἡυλόγηταί σου τὸ ὄνομα, καὶ
δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ
τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ
ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Οκτωήχου - - -

Ὑπακοή. Ἦχος πλ. β'.

Τῷ ἐκουσίῳ καὶ ζωοποιῷ σου θανάτῳ
Χριστέ, πύλας τοῦ Ἄιδου συντρίψας ὡς
Θεός, ἤνοιξας ἡμῖν τὸν πάλαι Παράδεισον,
καὶ ἀναστὰς ἐκ τῶν νεκρῶν, ἐρῶν ἡμᾶς ἐκ
φθορᾶς τὴν ζωὴν ἡμῶν.

ΧΟΡΟΣ

Οἱ Ἀναβαθμοί.

Ἀντίφωνον Α'. Ἦχος πλ. β'.

Ἐν τῷ οὐρανῷ τοὺς ὀφθαλμούς μου
αἶρω, πρὸς σέ Λόγε, οἰκτειρόν με, ἵνα ζῶ
σοι.

Ἐλέησον ἡμᾶς τοὺς ἐξουθενούμενους,
καταρτίζων εὐχρηστα, σκεύη σου Λόγε.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, πανσωστικῇ αἰτία,
εἴ τιτι τούτων κατ' ἀξίαν πνεύσει, τάχει
ἐξαίρει τῶν τῆς γῆς, πετροῖ, αὕξει, τάττει
ἄνω.

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For blessed is your name, and glorified is
your kingdom, of the Father and the Son and
the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

READER

From Octoechos - - -

Hypakoe. Mode pl. 2.

By your voluntary, life-giving death, O
Christ, You smashed the gates of Hades as
God, and opened to us the ancient Garden
of Paradise. And rising from the dead, You
delivered our life from corruption. [SD]

CHOIR

Anavathmoi.

Antiphon I. Mode pl. 2.

I direct my eyes to You in heaven, O
Logos. Show me mercy, so that I may live in
You. [SD]

Have mercy on us who sustain derision;
and make us Your useful vessels, O Logos. [SD]

Glory. Both now.

In the Holy Spirit is the cause of universal
salvation. When He blows on someone as
befits His nature, He quickly uplifts him from

Ἀντίφωνον Β'.

Εἰ μὴ ὅτι Κύριος ἦν ἐν ἡμῖν, οὐδεὶς ἡμῶν
ἀντισχεῖν ἠδύνατο, ἐχθροῦ πάλαισμα· οἱ
νικῶντες γὰρ ἔνθεν ὑψοῦνται.

Τοῖς ὁδοῦσιν αὐτῶν, μή μου ληφθῇ τῷ ἡ
ψυχῇ, ὡς στρουθίον Λόγε, οἶμοι! πῶς μέλλω
τῶν ἐχθρῶν ῥυσθῆναι, φιλαμαρτήμων
ὑπάρχων.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, ἐνθέωσις τοῖς πᾶσιν,
εὐδοκία, σύνεσις, εἰρήνη καὶ ἡ εὐλογία·
ἰσουργὸν γὰρ τῷ Πατρὶ ἐστὶ καὶ Λόγῳ.

Ἀντίφωνον Γ'.

Οἱ πεποιθότες ἐπὶ Κύριον ἐχθροῖς
φοβεροί, καὶ πᾶσι θαυμαστικοί· ἄνω γὰρ
ὁρῶσιν.

Ἐν ἀνομίαις χειρὸς αὐτῶν, ὁ τῶν
δικαίων κληρὸς, ἐπικουρόν σε ἔχων, Σῶτερ
οὐκ ἐκτείνει.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, τὸ κράτος ἐπὶ πάντων,
ὅπερ αἱ ἄνω στρατηγίαι προσκυνοῦσι, σὺν
πάσῃ πνοῇ τῶν κάτω.

Προκείμενον.

Κύριε, ἐξέγειρον τὴν δυναστείαν σου,
καὶ ἐλθὲ εἰς τὸ σῶσαι ἡμᾶς. (δίς)

Στίχ. Ὁ ποιμαίνων τὸν Ἰσραὴλ, πρόσχε.

Κύριε, ἐξέγειρον τὴν δυναστείαν σου,
καὶ ἐλθὲ εἰς τὸ σῶσαι ἡμᾶς.

the mundane, gives him wings, augments
him, ranges him on high. [SD]

Antiphon II.

If the Lord were not among us, none of
us could have withstood a single battle with
the foe. They who are victorious are herefrom
exalted. [SD]

Let not my soul be caught like a sparrow
in their teeth, O Logos. Woe is me! How shall
I be delivered from the enemy, enamored
with sin as I am? [SD]

Glory. Both now.

In the Holy Spirit is theosis, good
pleasure, understanding, peace and blessing
for all men. He has the same energies as the
Father and the Logos. [SD]

Antiphon III.

They whose confidence is in the Lord are
fearsome to foes and marveled by all, for they
look up to heaven. [SD]

Having You as helper, the portion of the
righteous does not stretch forth its hands in
unlawful acts, O Savior. [SD]

Glory. Both now.

In the Holy Spirit is universal dominion,
which the armies above worship, as does
everything that has breath below. [SD]

Prokeimenon.

O Lord, raise up Your power, and come
for our salvation. (2)

Verse: Give heed, O You who shepherd
Israel.

O Lord, raise up Your power, and come
for our salvation. [SAAS]

Τῆς Οκτωήχου ---

ΑΝΑΓΝΩΣΤΗΣ

Κοντάκιον Ἀναστάσιμον.

Τῇ ζωαρχικῇ παλάμῃ τοὺς τεθνεώτας,
ἐκ τῶν ζοφερῶν κευθμώνων ὁ Ζωοδότης,
ἀναστήσας ἅπαντας Χριστὸς ὁ Θεός,
τὴν ἀνάστασιν ἐβράβευσε, τῷ βροτείῳ
φυράματι· ὑπάρχει γὰρ πάντων Σωτὴρ,
ἀνάστασις καὶ ζωὴ, καὶ Θεὸς τοῦ παντός.

Ὁ Οἶκος.

Τὸν Σταυρὸν καὶ τὴν Ταφὴν σου
Ζωοδότα, ἀνυμνοῦμεν οἱ πιστοὶ καὶ
προσκυνοῦμεν, ὅτι τὸν Ἄϊδην ἔδησας
Ἀθάνατε, ὡς Θεὸς παντοδύναμος, καὶ
νεκροὺς συνανέστησας, καὶ πύλας
τοῦ Ἄϊδου συνέτριψας, καὶ κράτος τοῦ
θανάτου καθεῖλες ὡς Θεός. Διὸ οἱ γηγενεῖς
δοξολογοῦμέν σε πόθῳ τὸν ἀναστάντα,
καὶ καθελόντα ἐχθροῦ τὸ κράτος τοῦ
πανώλους, καὶ πάντας ἀναστήσαντα
τοὺς ἐπὶ σοὶ πιστεύσαντας, καὶ κόσμον
λυτρωσάμενον ἐκ τῶν βελῶν τοῦ ὄφρεως,
καὶ ὡς μόνον δυνατόν, ἐκ τῆς πλάνης
τοῦ ἐχθροῦ λυτρωσάμενον ἡμᾶς· ὅθεν
ἀνυμνοῦμεν εὐσεβῶς τὴν Ἀνάστασίν σου,
δι' ἧς ἔσωσας ἡμᾶς, ὡς Θεὸς τοῦ παντός.

Συναξάριον.

Τοῦ Μηναίου.

Τῇ ΚΘ' τοῦ αὐτοῦ μηνός μνήμη
τοῦ ὁσίου Πατρὸς ἡμῶν Κυριακοῦ τοῦ
Ἀναχωρητοῦ.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τῶν ἁγίων
ἐκατὸν πενήκοντα Μαρτύρων τῶν ἐν
Παλαιστίνῃ· καὶ τῶν ἁγίων Μαρτύρων
Τρύφωνος, Τροφίμου, καὶ Δορυμέδοντος·
καὶ τῆς ἁγίας Μάρτυρος Πετρωνίας.

From Octoechos ---

READER

Resurrectional Kontakion.

When the Life-bestower Christ God had
resurrected with His vivifying hand, from the
dismal caverns, all the dead from eternity, He
freely bestowed resurrection on the substance
of our mortal humanity. For He is the Savior
of all, resurrection and life, and the God of all
things. [SD]

Oikos.

Your cross and tomb, O Life-giver, we
believers worship and sing praise, for Hell,
O You who live forever, as almighty God
You have belayed. The gates of Hell You
tore to shreds, and as God, the might of
death have razed. So, avidly we earthborn
praise in doxology the One now raised, who
destroyed the deadly power of our foe. You
have resurrected everyone -- all those who
believe in You; You have rescued the world
from the serpent's fangs, and have snatched
us from allure to the hostile one -- as alone
You had ability to do. Hence we piously sing
the praises of Your rising, by which You
saved us, as the God of all things. [GKD]

Synaxarion.

From the Menaion.

On September 29, we commemorate our
devout father Kyriakos the Anchorite.

On this day we also commemorate the
150 holy Martyrs in Palestine; and also the
holy Martyrs Tryphon, Trophimus, and
Dorymedon; and the holy Martyr Petronia.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τῆς ἁγίας
Μάρτυρος Γουδελίας.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τῶν ἁγίων
Μαρτύρων Κασδόου καὶ Κασδόας.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τῶν ἁγίων
Μαρτύρων Δάδα καὶ Γοβδελαᾶ, υἱοῦ
Σαβωρίου βασιλέως Περσῶν.

Ταῖς αὐτῶν ἁγίαις πρεσβείαις, ὁ Θεός,
ἐλέησον ἡμᾶς. Ἀμήν.

ΧΟΡΟΣ

Καταβασίαι τῆς Θεοτόκου Ὦδὴ α'. Ἦχος δ'.

Ἀνοίξω τὸ στόμα μου, καὶ
πληρωθήσεται Πνεύματος, καὶ λόγον
ἐρεῦξομαι, τῇ Βασιλίδι Μητρί, καὶ
ὀφθήσομαι, φαιδρῶς πανηγυρίζων, καὶ ἄσω
γηθόμενος, ταύτης τὰ θαύματα.

Ὦδὴ γ'.

Τοὺς σοὺς ὑμνολόγους Θεοτόκε,
ὡς ζῶσα καὶ ἄφθονος πηγή, θίασον
συγκροτήσαντας πνευματικόν, στερέωσον·
καὶ ἐν τῇ θείᾳ δόξῃ σου, στεφάνων δόξης
ἀξίωσον.

Ὦδὴ δ'.

Τὴν ἀνεξιχνίαστον θείαν βουλήν,
τῆς ἐκ τῆς Παρθένου σαρκώσεως, σοῦ
τοῦ Ὑψίστου, ὁ Προφήτης, Ἀββακούμ,
κατανοῶν ἐκραύγαζε· Δόξα τῇ δυνάμει σου
Κύριε.

Ὦδὴ ε'.

Ἐξέστη τὰ σύμπαντα, ἐπὶ τῇ θείᾳ
δόξῃ σου· σὺ γὰρ ἀπειρόγαμε Παρθέने,
ἔσχεες ἐν μήτρᾳ, τὸν ἐπὶ πάντων Θεόν, καὶ

On this day we also commemorate the
holy Martyr Gudelia.

On this day we also commemorate the
holy Martyrs Casdous and Casdoa.

On this day we also commemorate the
holy Martyrs Dada and Gobdelaas, the son of
Sapor, King of Persia.

By their holy intercessions, O God, have
mercy on us. Amen.

CHOIR

Katavasias of Theotokos Ode i. Mode 4.

I open my mouth and pray the Spirit
fill it, like David said, * to pour out a good
word to the Queen and Mother of God. * I will
celebrate * her feast with joy and gladness *
and sing to her merrily, lauding her miracles.

[SD]

Ode iii.

Establish your servants who extol you,
* O Mother of God, for they have formed
* a spiritual choir for you * the living and
abundant fount; * and graciously in your
divine glory give glorious crowns to them. [SD]

Ode iv.

When the Prophet Habakkuk heard the
divine * and incomprehensible counsel of
Your Incarnation * from the Virgin, O Most
High, * considering, he cried aloud: * Glory to
Your power, O Lord my God. [SD]

Ode v.

Amazed was the universe by your divine
magnificence. * You who were perpetually
virgin * carried the heavenly God of all in
your womb * and gave birth to the eternal

τέτοκας ἄχρονον Υἱόν, πᾶσι τοῖς ὑμνοῦσί
σε, σωτηρίαν βραβεύοντα.

Ὦδὴ ζ'.

Τὴν θείαν ταύτην καὶ πάντιμον,
τελοῦντες ἑορτὴν οἱ θεόφρονες, τῆς
Θεομήτορος, δεῦτε τὰς χεῖρας κροτήσωμεν,
τὸν ἐξ αὐτῆς τεχθέντα Θεὸν δοξάζοντες.

Ὦδὴ ζ'.

Οὐκ ἐλάτρευσαν τῇ κτίσει οἱ θεόφρονες,
παρὰ τὸν Κτίσαντα, ἀλλὰ πυρὸς ἀπειλήν,
ἀνδρείως πατήσαντες, χαίροντες ἔψαλλον.
Ὑπερύμνητε, ὁ τῶν Πατέρων Κύριος, καὶ
Θεὸς εὐλογητὸς εἶ.

Ὦδὴ η'.

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν
τὸν Κύριον.

Παῖδας εὐαγεῖς ἐν τῇ καμίνῳ, ὁ
τόκος τῆς Θεοτόκου διεσώσατο, τότε
μὲν τυπούμενος, νῦν δὲ ἐνεργούμενος,
τὴν οἰκουμένην ἅπασαν, ἀγείρει
ψάλλουσιν. Τὸν Κύριον ὑμνεῖτε τὰ ἔργα,
καὶ ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Ὅτι Ἅγιος εἶ ὁ Θεὸς ἡμῶν, καὶ ἐν
ἁγίοις ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν
ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

Son, * who awards salvation to all who sing
hymns of praise to you. [SD]

Ode vi.

O godly-minded believers, come * and
celebrate this sacred and venerable feast
and thus extol * the Theotokos, and clap our
hands, * and glorify our God who was truly
born of her. [SD]

Ode vii.

Godly-minded three * did not adore
created things in the Creator's stead; * rather,
disdaining the threat * of fire, they trampled
it, and joyfully they sang: * "O supremely
praised * and most exalted Lord and God * of
the fathers, You are blessed." [SD]

Ode viii.

*We praise and we bless and we worship the
Lord.*

Guiltless were those Servants in the
furnace. * The Son of the Theotokos went and
rescued them. * He who was prefigured then,
* having been incarnate now, * is gathering
the whole wide world into His Church to
sing: * "O all you works of the Lord, to all
ages * sing praises to the Lord and exalt Him
beyond measure." [SD]

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

For you are holy, our God, who rest
among the Saints, and to you we give glory,
to the Father and the Son and the Holy Spirit,
now and forever and to the ages of ages.

ΧΟΡΟΣ

Αμήν.

Ἦχος β'.

Πᾶσα πνοή αἰνεσάτω τὸν Κύριον. (δίς)
Αἰνεσάτω πνοή πᾶσα τὸν Κύριον.

ΔΙΑΚΟΝΟΣ

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς
ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον
τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

ΔΙΑΚΟΝΟΣ

Σοφία. Ὁρθοί. Ακούσωμεν τοῦ ἁγίου
Εὐαγγελίου.

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Λουκᾶν ἁγίου Εὐαγγελίου
τὸ ἀνάγνωσμα.

ΔΙΑΚΟΝΟΣ

Πρόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΙΕΡΕΥΣ (ἀπὸ τῆς ἁγίας τραπέζης)

Ἑωθινὸν Δ'
Λουκᾶν ΚΔ' 1-12

Τῇ μιᾷ τῶν Σαββάτων, ὁρθρου βαθέος
ἦλθον ἐπὶ τὸ μνημα, φέρουσαι ἃ ἡτοίμασαν
ἀρώματα, καὶ τινες σὺν αὐταῖς. Εὗρον
δὲ τὸν λίθον ἀποκεκυλισμένον ἀπὸ τοῦ
μνημείου, καὶ εἰσελθοῦσαι οὐχ εὗρον
τὸ σῶμα τοῦ Κυρίου Ἰησοῦ. Καὶ ἐγένετο
ἐν τῷ διαπορεῖσθαι αὐτὰς περὶ τούτου,
καὶ Ἰδού, δύο ἄνδρες ἐπέστησαν αὐταῖς
ἐν ἐσθήσεσιν ἀστραπτούσαις· ἐμόρφων
δὲ γενομένων αὐτῶν καὶ κλινουσῶν τὰ

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the
Lord. (2) Let everything that breathes praise
the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we
may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

DEACON

Wisdom. Arise. Let us hear the Holy
Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

PRIEST

The reading is from the Holy Gospel
according to Luke.

DEACON

Let us be attentive.

(Glory to You, O Lord, glory to You.)

PRIEST (from the altar table)

Eothinon 4
Luke. 24:1-12

On the first day of the week at early
dawn, the women went to the tomb, taking
spices, which they had prepared. And they
found the stone rolled away from the tomb,
but when they went in they did not find the
body of the Lord Jesus. While they were
perplexed about this, behold, two men stood
by them in dazzling apparel; and as they
were frightened and bowed their faces to the
ground, the men said to them, "Why do you

πρόσωπον εἰς τὴν γῆν, εἶπον πρὸς αὐτάς· Τί ζητεῖτε τὸν ζῶντα μετὰ τῶν νεκρῶν; οὐκ ἔστιν ὧδε, ἀλλ' ἠγέρθη. Μνήσθητε ὡς ἐλάλησεν ὑμῖν, ἔτι ὢν ἐν τῇ Γαλιλαίᾳ, λέγων, ὅτι δεῖ τὸν υἱὸν τοῦ ἀνθρώπου παραδοθῆναι εἰς χεῖρας ἀνθρώπων ἀμαρτωλῶν, καὶ σταυρωθῆναι, καὶ τῇ τρίτῃ ἡμέρᾳ ἀναστῆναι. Καὶ ἐμνήσθησαν τῶν ῥημάτων αὐτοῦ, καὶ ὑποστρέψασαι ἀπὸ τοῦ μνημείου, ἀπήγγειλαν ταῦτα πάντα τοῖς ἑνδεκα καὶ πᾶσι τοῖς λοιποῖς. Ἦσαν δὲ ἡ Μαγδαληνὴ Μαρία καὶ Ἰωάννα καὶ Μαρία Ἰακώβου, καὶ αἱ λοιπαὶ σὺν αὐταῖς, αἱ ἔλεγον πρὸς τοὺς ἀποστόλους ταῦτα. Καὶ ἐφάνησαν ἐνώπιον αὐτῶν ὡσεὶ λῆρος τὰ ῥήματα αὐτῶν, καὶ ἠπίστουν αὐταῖς, ὁ δὲ Πέτρος ἀναστὰς ἔδραμεν ἐπὶ τὸ μνημεῖον, καὶ παρακύψας βλέπει τὰ ὀθόνια κείμενα μόνα, καὶ ἀπῆλθε, πρὸς ἑαυτὸν θαυμάζων τὸ γεγονός.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΑΝΑΓΝΩΣΤΗΣ

Ἀνάστασιν Χριστοῦ θεασάμενοι,
προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν,
τὸν μόνον ἀναμάρτητον. Τὸν Σταυρόν
σου, Χριστέ, προσκυνοῦμεν καὶ τὴν ἀγίαν
σου ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν·
σὺ γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον
οὐκ οἶδαμεν, τὸ ὄνομά σου ὀνομάζομεν.
Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν
τὴν τοῦ Χριστοῦ ἀγίαν ἀνάστασιν· ἰδοὺ
γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὅλῳ
τῷ κόσμῳ. Διὰ παντὸς εὐλογοῦντες τὸν
Κύριον, ὑμνοῦμεν τὴν ἀνάστασιν αὐτοῦ·
Σταυρὸν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτῳ
θάνατον ὤλεσεν.

seek the living among the dead? He is not here, but has risen. Remember how He told you, while He was still in Galilee, that the Son of Man must be delivered into the hands of sinful men, and be crucified, and on the third day rise." And they remembered His words and returning from the tomb they told all this to the eleven and to all the rest. Now it was Mary Magdalene and Joanna and Mary the mother of James and the other women with them who told this to the Apostles; but these words seemed to them an idle tale, and they did not believe them. But Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he went home wondering at what had happened. [RSV]

(Glory to You, O Lord, glory to You.)

READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death.

[GOA]

ΧΟΡΟΣ

Ψαλμὸς Ν' (50).

Ἦχος β'. (ἡ τῆς ἐβδομάδος.)

[Ἐλεήμων,] Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με.

Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διαπαντός.

Σοὶ μόνῳ ἥμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε.

Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

Ἴδου γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

Ῥαντιεῖς με ὕσσῳ, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην, ἀγαλλιάσονται ὅστέα τεταπεινωμένα.

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον.

Καρδίαν καθαράν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθές ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου.

CHOIR

Psalm 50 (51).

Mode 2. (or the Mode of the week)

[Merciful,] Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.

Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου
σου καὶ τὸ πνεῦμά σου τὸ ἅγιον μὴ
ἀντανέλης ἀπ' ἐμοῦ.

Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ
σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ
στήριζόν με.

Διδάξω ἀνόμους τὰς ὁδούς σου, καὶ
ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

Ῥῦσαί με ἐξ αἱμάτων, ὁ Θεὸς ὁ Θεὸς τῆς
σωτηρίας μου· ἀγαλλιᾶσεται ἡ γλῶσσά μου
τὴν δικαιοσύνην σου.

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ
στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου.

Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν·
ὀλοκαυτώματα οὐκ εὐδοκήσεις.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον,
καρδίαν συντετριμμένην καὶ
τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει.

Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου
τὴν Σιών, καὶ οἰκοδομηθῇ τὰ τεῖχη
Ἱερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης,
ἀναφορὰν καὶ ὀλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν
σου μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Δόξα.

Ταῖς τῶν Ἀποστόλων πρεσβείαις,
Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν
ἐγκλημάτων.

Do not cast me away from Your presence,
and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation,
and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and
the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God,
the God of my salvation, and my tongue shall
greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my
mouth will declare Your praise.

For if You desired sacrifice, I would give
it; You will not be pleased with whole burnt
offerings.

A sacrifice to God is a broken spirit, a
broken and humbled heart God will not
despise.

Do good, O Lord, in Your good pleasure
to Zion, and let the walls of Jerusalem be
built.

Then You will be pleased with a sacrifice
of righteousness, with offerings and whole
burnt offerings.

Then shall they offer young bulls on Your
altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O
Lord of mercy, blot out my many offences. [SD]

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου πρεσβείαις,
Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν
ἐγκλημάτων.

Στίχ. Ἐλέησόν με, ὁ Θεός, κατὰ τὸ
μέγα ἔλεός σου, καὶ κατὰ τὸ πλήθος τῶν
οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἀναστὰς ὁ Ἰησοῦς ἀπὸ τοῦ τάφου,
καθὼς προεῖπεν, ἔδωκεν ἡμῖν τὴν αἰώνιον
ζωὴν, καὶ μέγα ἔλεος.

ΔΙΑΚΟΝΟΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ
εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι
τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς·
ὑψωσον κέρας Χριστιανῶν ὀρθοδόξων
καὶ κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ
πλούσια· πρεσβείαις τῆς παναχράντου
Δεσποίνης ἡμῶν Θεοτόκου καὶ
ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου
καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν
τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων,
ἱκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου
Προδρόμου καὶ Βαπτιστοῦ Ἰωάννου,
τῶν ἁγίων ἐνδόξων καὶ πανευφήμων
Ἀποστόλων, τῶν ἐν ἁγίοις Πατέρων ἡμῶν
μεγάλων Ἱεραρχῶν καὶ οἰκουμενικῶν
Διδασκάλων, Βασιλείου τοῦ Μεγάλου,
Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου
τοῦ Χρυσοστόμου, Ἀθανασίου, Κυρίλλου
καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν
Ἀλεξανδρίας· Νικολάου τοῦ ἐν Μύροις,
Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου
Πενταπόλεως τῶν θαυματουργῶν·
τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων
Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου
τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος,
Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ
τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων
Χαραλάμπους καὶ Ἐλευθερίου, τῆς
ἁγίας ἐνδόξου Μεγαλομαρτύρος καὶ

Both now.

At the intercession of the Theotokos, O
Lord of mercy, blot out my many offences. [SD]

Verse: Have mercy on me, O God, according
to Your great mercy; and according to the
abundance of Your compassion, blot out my
transgression.

Jesus, having risen from the grave as He
foretold, has granted us eternal life and great
mercy. [SD]

DEACON

O God, save your people and bless
your inheritance. Look upon your world
with mercy and compassion. Raise the
Orthodox Christians in glory, and send
down upon us your rich mercies, through
the intercessions of our most pure Lady
the Theotokos and ever-Virgin Mary, the
power of the precious and life giving Cross,
the protection of the honorable, bodiless
Powers of heaven, the supplications of
the honorable and glorious prophet, and
forerunner John the Baptist, the holy, glorious,
and praiseworthy Apostles, our Fathers
among the Saints, the great hierarchs and
ecumenical teachers, Basil the Great, Gregory
the Theologian and John Chrysostom,
Athanasios, Cyril, and John the Merciful,
patriarchs of Alexandria; Nicholas, bishop
of Myra, Spyridon, bishop of Trimythous,
Nektarios of Pentapolis, the wonder-workers;
the holy, glorious great Martyrs George
the Victorious, Demetrios the Myrobletes,
Theodore the Teron, and Theodore the
General, Menas the Wonderworker, the
Hieromartyrs Haralambos and Eleftherios;
the holy, glorious, and victorious martyrs;
the glorious great Martyr and all-laudable
Euphemia; the holy and glorious Martyrs
Thecla, Barbara, Anastasia, Katherine,

πανευφήμου Εὐφημίας· τῶν ἁγίων ἐνδόξων
Μαρτύρων Θέκλας, Βαρβάρας, Ἀναστασίας,
Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης,
Παρασκευῆς καὶ Εἰρήνης· τῶν ὁσίων
καὶ Θεοφόρων Πατέρων ἡμῶν· (τοῦ
Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων
Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ
τοῦ ὁσίου καὶ Θεοφόρου πατρὸς ἡμῶν
Κυριακοῦ τοῦ Ἀναχωρητοῦ, οὗ καὶ τὴν
μνήμην ἐπιτελοῦμεν· καὶ πάντων σου
τῶν Ἁγίων. Ἰκετεύομέν σε, μόνε πολυέλεε
Κύριε, ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν
δεομένων σου καὶ ἐλέησον ἡμᾶς.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιλανθρωπία
τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ
εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ
καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ αἰεὶ καὶ
εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν
ὑμνοῖς τιμῶντες μεγαλύνωμεν.

ΧΟΡΟΣ

Ὡδὴ θ'.

Μεγαλυνάριον. Ἦχος δ'.

Στίχ. Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον,
καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ
σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Kyriake, Fotene, Marina, Paraskeve and Irene;
of our holy God-bearing Fathers; (local patron
saint); the holy and righteous ancestors of
God Joachim and Anna, our devout and God-
bearing father Kyriakos the Anchorite, whose
memory we are observing; and of all your
Saints. We beseech you, only merciful Lord,
hear us sinners who pray to you and have
mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love
of mankind of your only-begotten Son, with
whom you are blessed, together with your
all-holy, good and life-giving Spirit, now and
forever and to the ages of ages.

(Amen.)

DEACON

Let us honor and magnify in song the
Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalynarion. Mode 4.

Verse: My soul magnifies the Lord, and my
spirit has rejoiced in God my Savior. [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Στίχ. Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν
τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν
μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ
Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ το
ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς
φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ,
διεσκόρπισεν ὑπερηφάνους διανοία καρδίας
αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων,
καὶ ὕψωσε ταπεινοὺς, πεινῶντας ἐνέπλησεν
ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε
κενοῦς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Verse: For He has regarded the lowly state
of His maidservant; for behold, henceforth all
generations will call me blessed. [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: For He who is mighty has done great
things for me, and holy is His name. And His
mercy is on those who fear Him from generation to
generation. [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: He has shown strength with His arm;
He has scattered the proud in the imagination of
their hearts. [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: He has put down the mighty from
their thrones, and exalted the lowly. He has filled
the hungry with good things, and the rich He has
sent away empty. [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Στίχ. Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ὡδὴ θ'. Καταβασία. Ἦχος δ'.

Ἄπας γηγενής, σκιρτάτω τῷ πνεύματι λαμπαδουχούμενος, πανηγυρίζετω δέ, ἀὔλων Νόων φύσις γεραίρουσα, τὰ ἱερὰ θαυμάσια τῆς Θεομήτορος, καὶ βοάτω· Χαίροις παμμακάριστε, Θεοτόκε Ἀγνή ἀειπάρθενε.

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Ode ix. Katavasia. Mode 4.

All you born on earth, * with festival lamps in hand, in spirit leap for joy; * and all you the heavenly angelic orders, join in and celebrate; * and honoring the sacred wonders of the Mother of God, * sing the joyful salutation, "O rejoice, * Theotokos, all-blest, ever-virgin pure!" [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

ΧΟΡΟΣ

Ἦχος β'.

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. (δίς)

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. Ὑψοῦτε
Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ
ὑποποδίῳ τῶν ποδῶν αὐτοῦ.

Ὅτι ἅγιός ἐστι.

Τῆς Ὀκτωήχου ---

Ἐξαποστειλάριον.

Τὸ Δ' Ἑωθινόν.

Ἦχος β'. Τοῖς Μαθηταῖς συνέλθωμεν.

Ταῖς ἀρεταῖς ἀστράψαντες, ἴδωμεν
ἐπιστάντες, ἐν ζωηφόρῳ μνήματι, ἄνδρας
ἐν ἀστραπτούσαις, ἐσθήσεσι Μυροφόροις,
κλινούσαις εἰς γῆν ὄψιν, τοῦ οὐρανοῦ
δεσπόζοντος, ἔγερσιν διδαχθῶμεν, καὶ πρὸς
ζωὴν, ἐν μνημείῳ δράμωμεν σὺν τῷ Πέτρῳ,
καὶ τὸ πραχθὲν θαυμάσαντες, μείνωμεν
Χριστὸν βλέψαι.

Τοῦ Ὁσίου.

Τοῦ Μηναίου ---

Ἦχος β'. Γυναῖκες ἀκουτίσθητε.

Ἐν δόξῃ παριστάμενος, Θεῷ τῷ
Παντοκράτορι, Κυριακὲ σὺν τῷ θείῳ,
Χαρίτωνι θεοκήρυξ, ἀδιαλείπτως μέμνησο,
τῶν ἐκτελούντων Ἄγιε, τὴν φωτοφόρον
μνήμην σου, καὶ σὲ Χριστοῦ ὑπηρέτην,
τιμώντων Πάτερ ἐκ πόθου.

Θεοτοκίον.

Ἦχος β'. Γυναῖκες ἀκουτίσθητε.

Κυρίως Θεοτόκον σε, ὁμολογοῦμεν
Δέσποινα, οἱ διὰ σου σεσωσμένοι· καὶ γὰρ
Θεὸν ἀπορρήτως ἐκύησας τὸν λύσαντα,
διὰ Σταυροῦ τὸν θάνατον, πρὸς δ' ἑαυτὸν
ἐλύσαντα, Ὁσίων δήμους· μεθ' ὧν σε,
ἀνευφημοῦμεν Παρθένε.

CHOIR

Mode 2.

Holy is the Lord our God. (2) [SAAS]

Holy is the Lord our God. Exalt the Lord
our God, and worship at the footstool of His
feet.

For He is holy.

From Octoechos ---

Exaposteilarion.

The Fourth Eothinon.

Mode 2. On the mountain.

Let us with virtues dazzling bright *
envision two men standing * in the life-
bearing sepulcher * wearing dazzling apparel
* beside the myrrh-bearing women * who bow
their faces to the earth. * Let us be taught the
rising of * Him who rules over heaven. And
let us run * unto life within the tomb, joining
Peter. * Marveling at what has occurred, * let
us abide to see Christ. [SD]

For the Devout Man.

From Menaion ---

Mode 2. O Women, hearken.

In glory standing by the throne * of
God the Ruler over all, * Kyriakos, with
Chariton * the divine and godly preacher, *
unceasingly commemorate, * O Saint, all those
who celebrate * your luminous memorial, *
and lovingly pay you honor * as a servant of
Christ, O father. [SD]

Theotokion.

Mode 2. O Women, hearken.

O Lady, we confess that you * are
Theotokos lit'rally, * for through you we
have salvation, * since you indeed ineffably
* gave birth to God who by the Cross * has
neutralized the force of death, * and has
attracted to himself * the companies of devout

Οἱ Αἶνοι. Ἦχος πλ. β'.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.
Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε
αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ
Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ·
αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ
πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν
πάντα τὰ ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτὸν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ
ὔδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ
ὄνομα Κυρίου.

Ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς
ἐνετείλατο, καὶ ἐκτίσθησαν.

Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα
τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ
πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιών, κρύσταλλος, πνεῦμα
καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα
καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἔρπετά καὶ
πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ
πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ
νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη
τὸ ὄνομα αὐτοῦ μόνου.

Ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ
ὑψώσει κέρας λαοῦ αὐτοῦ.

Ὑμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ,
λαῶ ἐγγίζοντι αὐτῷ.

saints, * with whom we praise you, O Virgin.

[SD]

Lauds. Mode pl. 2.

Let everything that breathes praise the
Lord. Praise the Lord from the heavens, praise
Him in the highest. It is fitting to sing a hymn
to You, O God. [SAAS]

Praise Him, all you His angels; praise
Him, all you His hosts. It is fitting to sing a
hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you
stars and light.

Praise Him, you heavens of heavens, and you
waters above the heavens. Let them praise the Lord's
name.

For He spoke, and they were made; He
commanded, and they were created.

He established them forever and unto ages of
ages; He set forth His ordinance, and it shall not pass
away.

Praise the Lord from the earth, you dragons and
all the deeps.

Fire and hail, snow and ice, stormy wind, which
perform His word.

Mountains and all the hills, fruitful trees and all
cedars.

Wild animals and all cattle, creeping things and
flying birds.

Kings of the earth and all peoples, princes and all
judges of the earth.

Young men and maidens, elders with younger,
let them praise the Lord's name, for His name alone is
exalted.

His thanksgiving is in earth and heaven. And He
shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel,
a people who draw near to Him.

Ἀσατε τῷ Κυρίῳ ἄσμα καινόν, ἡ αἶνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιών ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ.

Ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρίᾳ.

Καυχήσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμούς ἐν τοῖς λαοῖς.

Τοῦ δεῖσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τῆς Ὁκτωήχου ---

Στιχηρὰ Ἀναστάσιμα.

Στιχηρὸν Α'. Ἦχος πλ. β'.

Τοῦ ποιῆσαι ἐν αὐτοῖς κρίμα ἔγγραπτον· δόξα αὕτῃ ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Ὁ Σταυρός σου Κύριε, ζωὴ καὶ ἀνάστασις ὑπάρχει τῷ λαῷ σου· καὶ ἐπ' αὐτῷ πεποιθότες, σὲ τὸν ἀναστάντα, Θεὸν ἡμῶν ὑμνοῦμεν· ἐλέησον ἡμᾶς.

Στιχηρὸν Β'. Ἦχος πλ. β'.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Ἡ ταφὴ σου Δέσποτα, Παράδεισον ἤνοιξε τῷ γένει τῶν ἀνθρώπων· καὶ ἐκ φθορᾶς λυτρωθέντες, σὲ τὸν ἀναστάντα, Θεὸν ἡμῶν ὑμνοῦμεν· ἐλέησον ἡμᾶς.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

From Octoechos ---

Resurrectional Stichera.

Sticheron 1. Mode pl. 2.

To fulfill among them the written judgment: this glory have all His holy ones. [SAAS]

Lord, Your Cross is life and resurrection for us Your people; and trusting in it we extol You, our God, who has risen. Have mercy on us. [SD]

Sticheron 2. Mode pl. 2.

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

Sovereign Lord, Your burial has opened Paradise to the human race; and now, redeemed from corruption, we extol You, our God, who has risen. Have mercy on us. [SD]

Στιχηρὸν Γ'. Ἦχος πλ. β'.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Σὺν Πατρὶ καὶ Πνεύματι, Χριστὸν ἀνυμνήσωμεν, τὸν ἀναστάντα ἐκ νεκρῶν, καὶ πρὸς αὐτὸν ἐκβοῶμεν· Σὺ ζωὴ ὑπάρχεις, ἡμῶν καὶ ἀνάστασις, ἐλέησον ἡμᾶς.

Στιχηρὸν Δ'. Ἦχος πλ. β'.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρᾳ.

Τριήμερος ἀνέστης Χριστέ, ἐκ τάφου, καθὼς γέγραπται, συνεγείρας τὸν Προπάτορα ἡμῶν· διό σε καὶ δοξάζει, τὸ γένος τῶν ἀνθρώπων, καὶ ἀνυμνεῖ σου τὴν Ἀνάστασιν.

Στιχηρὸν Ε'. Ἦχος πλ. β'.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῶ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Κύριε, μέγα καὶ φοβερὸν ὑπάρχει, τῆς σῆς Ἀναστάσεως τὸ μυστήριον· οὕτω γὰρ προῆλθες ἐκ τοῦ τάφου, ὡς νυμφίος ἐκ παστάδος, θανάτῳ θάνατον λύσας, ἵνα τὸν Ἀδὰμ ἐλευθερώσῃς· ὅθεν ἐν οὐρανοῖς, Ἄγγελοι χορεύουσι, καὶ ἐπὶ γῆς ἄνθρωποι δοξάζουσι, τὴν εἰς ἡμᾶς γενομένην, εὐσπλαγχνίαν σου φιλάνθρωπε.

Στιχηρὸν Ϛ'. Ἦχος πλ. β'.

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Ὡ παράνομοι, Ἰουδαῖοι, ποῦ εἰσιν αἱ σφραγίδες, καὶ τὰ ἀργύρια, ἃ ἐδώκατε τοῖς στρατιώταις; οὐκ ἐκλάπη ὁ θησαυρός, ἀλλὰ ἀνέστη ὡς δυνατός, αὐτοὶ δὲ

Sticheron 3. Mode pl. 2.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

As to the Father and the Spirit, so to Christ who rose from the dead let us sing our hymns of praise; and to Him let us cry out, "You are our life and resurrection. Have mercy on us." [SD]

Sticheron 4. Mode pl. 2.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

O Christ, as it was written, You rose the third day from the sepulcher, resurrecting our primal father with yourself. For this the race of mankind extols Your resurrection with sacred anthems, glorifying You. [SD]

Sticheron 5. Mode pl. 2.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

O Lord, the mystery of Your resurrection is great and awesome; for You emerged from the sepulcher as a bridegroom from the bridal chamber, having destroyed death by death, in order to free Adam. Therefore the Angels in the heavens sing in chorus, and on earth human beings glorify Your compassion toward us, O Lover of humanity. [SD]

Sticheron 6. Mode pl. 2.

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

O iniquitous Judeans, where are the seals, and where is the money that you gave to the soldiers? The treasure was not stolen, but He rose, the Mighty one. You yourselves were

κατησχύνθητε, ἀρνησάμενοι Χριστόν,
τὸν Κύριον τῆς δόξης, τὸν παθόντα καὶ
ταφέντα, καὶ ἀναστάντα ἐκ νεκρῶν, αὐτὸν
προσκυνήσωμεν.

Στιχηρὸν Ζ'. Ἦχος πλ. β'.

Ἀνάστηθι, Κύριε ὁ Θεός μου, ὑψωθήτω
ἡ χεὶρ σου, μὴ ἐπιλάβῃ τῶν πενήτων σου εἰς
τέλος.

Σφραγισθέντος τοῦ μνήματος,
πῶς ἐσυλήθητε Ἰουδαῖοι, φύλακας
καταστήσαντες, καὶ σημεῖα θέντες; τῶν
θυρῶν κεκλεισμένων, προῆλθεν ὁ Βασιλεύς·
ἢ ὡς νεκρὸν παραστήσατε, ἢ ὡς Θεὸν
προσκυνήσατε, σὺν ἡμῖν μελωδοῦντες·
Δόξα Κύριε τῷ Σταυρῷ σου, καὶ τῇ
Ἀναστάσει σου.

Στιχηρὸν Η'. Ἦχος πλ. β'.

Ἐξομολογήσομαί σοι, Κύριε, ἐν ὅλῃ
καρδίᾳ μου, διηγῆσομαι πάντα τὰ θαυμάσιά
σου.

Τὸ ζωοδόχον σου μνήμα, αἱ μυροφόροι
Γυναῖκες, ὀδυρόμεναι κατέλαβον Κύριε,
καὶ μύρα βαστάζουσαι, τὸ Σῶμά σου
τὸ ἄχραντον μυρίσαι ἐπεζήτουν, εὖρον
δὲ φωτοφόρον Ἀγγελον, ἐν τῷ λίθῳ
καθήμενον, καὶ πρὸς, αὐτὰς φθεγγόμενον
καὶ λέγοντα· Τί δακρύετε τὸν ἐκ πλευρᾶς
πηγάσαντα τῷ κόσμῳ τὴν ζωήν; τί
ἐπιζητεῖτε ὥσπερ θν ἡτόν ἐν μνήματι
τὸν Ἀθάνατον; δραμοῦσαι δὲ μᾶλλον,
ἀπαγγεῖλατε τοῖς αὐτοῦ Μαθηταῖς,
τῆς αὐτοῦ ἐνδόξου Ἀναστάσεως τὴν
παγκόσμιον χαρμονήν, ἐν ἣ καὶ ἡμᾶς
Σωτὴρ φωτίσας, δώρησαι ἰλασμόν καὶ τὸ
μέγα ἔλεος.

put to shame for renouncing Christ the Lord
of glory, who suffered and was buried and
resurrected from the dead. Let us worship
Him. ^[SD]

Sticheron 7. Mode pl. 2.

*Arise, O Lord my God, let Your hand be lifted
high, and do not forget Your poor to the end.* ^[SAAS]

With the tomb being sealed shut, how
were you robbed, O Judeans? After all, you
posted guards and affixed the seals. And yet
while the doors were shut, the King emerged.
Either produce Him as dead, or adore Him as
God, with us together singing, "Glory to Your
Cross, O Lord, and Your Resurrection." ^[SD]

Sticheron 8. Mode pl. 2.

*I will give thanks to You, O Lord, with my
whole heart; I will tell of all Your wondrous
things.* ^[SAAS]

The myrrh-bearing women arrived at
Your life-bearing tomb lamenting, O Lord.
They carried ointments with them, intending
to anoint Your immaculate body. But what
they found was a radiant Angel sitting on
the stone, who spoke to them, saying, "Why
do you weep for Him, who from His side
gushed forth life for the world? Why do you
seek the Immortal, as if He were a mortal in
a tomb? Rather, run quickly and announce
the universal joy of His glorious resurrection
to His Disciples." By Your rising, illumine us,
O Savior, and grant us expiation and great
mercy. ^[SD]

Τῆς Οκτωήχου ---

Δόξα. **Ἦχος δ'.**
Τὸ Δ' Ἑωθινόν.

Ὁρθρος ἦν βαθύς, καὶ αἱ Γυναῖκες ἦλθον ἐπὶ τὸ μνημῆμά σου Χριστέ, ἀλλὰ τὸ σῶμα οὐχ εὗρέθη, τὸ ποθούμενον αὐταῖς· διὸ ἀπορούμεναις, οἱ ταῖς ἀστραπτούσαις ἐσθήσεσιν ἐπιστάντες. Τί τὸν ζῶντα μετὰ τῶν νεκρῶν ζητεῖτε; ἔλεγον. Ἠγέρθη ὡς προεῖπε, τί ἀμνημονεῖτε τῶν ῥημάτων αὐτοῦ; Οἷς πεισθεῖσαι, τὰ ὀραθέντα ἐκήρυττον, ἀλλ' ἐδόκει λῆρος τὰ εὐαγγέλια, οὕτως ἦσαν ἔτι νωθεῖς οἱ Μαθηταί· ἀλλ' ὁ Πέτρος ἔδραμε, καὶ ἰδὼν ἐδόξασέ σου, πρὸς ἑαυτὸν τὰ θαυμάσια.

Καὶ νῦν. **Θεοτοκίον.**

Ὑπερευλογημένη ὑπάρχεις, Θεοτόκε Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ ἄδης ἠχμαλώτισται, ὁ Ἀδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἠλευθέρωται, ὁ θάνατος τεθανάτωται, καὶ ἡμεῖς ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν· Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως εὐδοκήσας δόξα σοι.

Ἡ Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

Ὑμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν.

From Octoechos ---

Glory. **Mode 4.**
The Fourth Eothinon.

It was early dawn, and the women came to Your tomb, O Christ. But Your body, which they longed for, was nowhere to be found. While they were perplexed about this, the men in dazzling apparel stood by and said to them, "Why do you look among the dead for the One who is alive? He has risen, as He told you. Why do you not remember His words?" And they believed them, and proclaimed what they had seen. But the good news seemed to the Disciples an idle tale; this is how slow they still were to understand. But Peter ran and saw, and going home he glorified Your wonders. [SD]

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You! [SD]

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἁμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾷ τοῦ Πατρὸς, καὶ ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρὸς. Ἀμήν.

Καθ' ἐκάστην ἡμέραν εὐλογῇσώ σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με, ἴασαι τὴν ψυχὴν μου, ὅτι ἥμαρτόν σοι.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Κύριε, πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου ὁψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν Τροπάριον Ἀναστάσιμον.

Ἦχος πλ. δ'. (ἡ τῆς ἐβδομάδος.)

Ἀναστὰς ἐκ τοῦ μνήματος, καὶ τὰ δεσμὰ διαρρήξας τοῦ Ἄιδου, ἔλυσας τὸ κατάκριμα, τοῦ θανάτου Κύριε, πάντας ἐκ τῶν παγίδων τοῦ ἐχθροῦ ῥυσάμενος, ἐμφανίσας σεαυτὸν τοῖς, Ἀποστόλοις σου, ἐξαπέστειλας αὐτοὺς ἐπὶ τὸ κήρυγμα, καὶ δι' αὐτῶν τὴν εἰρήνην παρέσχες τῇ οἰκουμένῃ, μόνε πολυέλεε.

ἢ ὡς συνήθως·

Ἦχος δ'. (ἡ τῆς ἐβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν. Ἄισωμεν τῷ ἀναστάντι ἐκ τάφου καὶ ἀρχηγῷ τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ θανάτῳ τὸν θάνατον, τὸ νίκος ἔδωκεν ἡμῖν, καὶ τὸ μέγα ἔλεος.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

Mode pl. 4. (or the Mode of the week)

When You rose from the sepulcher and broke the bonds of Hades, You repealed the sentence of death, O Lord, and delivered all from the snares of the enemy. And when You showed yourself to Your Apostles, You sent them out to preach, and through them You granted peace to the whole world, O only very merciful One. [SD]

Or, according to common practice:

Mode 4. (or the Mode of the week)

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy. [SD]