

Menaion - September 20

Memory of the Holy Great Martyr
Efsthios and Company

LITURGY

Unless otherwise indicated, the texts of the prayers and hymns of the Divine Liturgy are from: The Divine Liturgy of St. John Chrysostom (© 2016), used with permission from the Greek Orthodox Archdiocese of America. This text was produced by the Greek Orthodox Archdiocese of America and approved by the Ecumenical Patriarchate.

Antiphon I. Mode 2. Psalm 21.

Verse 1: O God, my God, hear me; why have
You forsaken me? [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 2: The words of my transgressions are
far from my salvation. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 3: O my God, I will cry out by day, but
You will not hear me. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 4: But You dwell among the saints, O
praise of Israel. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Glory. Both now.

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Antiphon II. Mode 2. Psalm 73.

Verse 1: O God, why have You rejected us to
the end? [SAAS]

Save us, O Son of God, who were crucified
in the flesh. We sing to You, Alleluia. [GOA]

Verse 2: Remember Your congregation You
acquired from the beginning. [SAAS]

Save us, O Son of God, who were crucified
in the flesh. We sing to You, Alleluia. [GOA]

Verse 3: This Mount Zion, where You
encamped. [SAAS]

Save us, O Son of God, who were crucified
in the flesh. We sing to You, Alleluia. [GOA]

Verse 4: God is our King before the ages; He
worked salvation in the midst of the earth. [SAAS]

Save us, O Son of God, who were crucified
in the flesh. We sing to You, Alleluia. [GOA]

Glory to the Father and the Son and the Holy
Spirit. [HC]

Both now and ever and to the ages of ages.
Amen. [HC]

Only begotten Son and Logos of God,
being immortal, You condescended for
our salvation to take flesh from the holy
Theotokos and ever-virgin Mary and, without
change, became man. Christ, our God, You
were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Antiphon III. Mode 1. Psalm 98.

Verse 1: *The Lord reigns; let the peoples be angry.* [SAAS]

Verse 2: *The Lord is great in Zion, and He is exalted.* [SAAS]

Verse 3: *Let them give thanks to Your great name.* [SAAS]

Apolytikion. For the Cross. Mode 1.

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth. [GOA]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode pl. 4.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

[RSV]

Canon of the Feast.

Ode iii. Mode pl. 4. Heirmos.

From Menaion - - -

Blessed are the merciful, for they shall obtain mercy. [RSV]

The rod of Aaron is seen as typifying the mystery; * for it budded, and thus was the priest selected. * Now in the Church, that was barren once, the Cross of Christ, like a tree, * has blossomed forth, * as power and a firm support. [SD]

Blessed are the pure in heart, for they shall see God. [RSV]

The rod of Aaron is seen as typifying the mystery; * for it budded, and thus was the priest selected. * Now in the Church, that was barren once, the Cross of Christ, like a tree,

* has blossomed forth, * as power and a firm support. [SD]

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

The rod of Moses struck the flinty rock, and water came out of it * for the hard-hearted and recalcitrant people; * and this depicted the myst'ry of the Church of the elect of God; * for which is the Cross its power and a firm support. [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

When Your immaculate side was speared, water and blood came out, * inaugurating the Covenant and the cleansing of sin, O Savior. * And now believers boast in the Cross, * which for Emperors was power and a firm support.

[SD]

Canon for the Saint.

From Menaion - - -

Ode vi. Mode 4. N/M (The Church cries out.)

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

When Christ revealed Himself to you, you yearned for Him, O glorious one; and you desired to show yourself to Him arrayed in purple, in your blood, as a handsome Martyr.

[SD]

Rejoice and be glad, for your reward is great in heaven. [RSV]

When Christ revealed Himself to you, you yearned for Him, O glorious one; and you desired to show yourself to Him arrayed in

purple, in your blood, as a handsome Martyr.

[SD]

Glory.

Martyr, you were crowned with your entire household for hastening to follow the godly footsteps of Christ: for you became a full communicant of His sufferings and of His Kingdom. [SD]

Both now. **Theotokion.**

O all-blameless Virgin, we now offer to you the words of Gabriel: Rejoice, O only Mother who is blessed! Rejoice, O gate of the Sun of Righteousness! [SD]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, who were crucified in the flesh. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion. For the Cross.**

From Menaion ---

Mode 1.

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth. [GOA]

For the Saints.

Mode 4. Come quickly.

Your Martyrs, O Lord, were worthily awarded by You * the crowns of incorruption, in that they contested for You our immortal God. * Since they possessed Your power, they defeated the tyrants, * dashing the demons' powerless displays of defiance. * O Christ God, at their fervent entreaties, save our souls.

[SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local church goes here.)

From Menaion ---

Kontakion.

Mode 4. Automelon.

You who were lifted on the cross voluntarily, * O Christ our God, bestow Your tender compassions * upon Your new community to which You gave Your name. * Cause our faithful emperors to be glad in Your power, * granting them the victories against their adversaries. * And for an ally, Lord, may

they have You, * peace as their armor, the trophy invincible. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Martyrs.

Prokeimenon. Mode 4. Psalm 15.

To the saints on His earth, in them He magnified all His will. [SAAS]

Verse: *I saw the Lord always before me.* [SAAS]

Eph. 6:10-17

Brethren, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we are not contending against flesh and blood, but against the principalities, against the powers, against the world rulers of this present darkness, against the spiritual hosts of wickedness in the heavenly places. Therefore take the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. Stand, therefore, having girded your loins with truth, and having put on the breastplate of righteousness, and having shod your feet with the equipment of the gospel of peace; besides all these, taking the shield of faith, with which you can quench all the flaming darts of the evil one. And take

the helmet of salvation, and the sword of the Spirit, which is the word of God. [RSV]

Alleluia. Mode 4. Psalm 33.

Alleluia. Alleluia. Alleluia.

Verse 1: *The righteous cried, and the Lord heard them.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 1: *Many are the afflictions of the righteous.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

For the Martyrs.

Lk. 21:12-19

The Lord said to his disciples, "Beware of men who will lay their hands on you and persecute you, delivering you up to the synagogues and prisons, and you will be brought before kings and governors for my name's sake. This will be a time for you to bear testimony. Settle it therefore in your minds, not to meditate beforehand how to answer; for I will give you a mouth and wisdom, which none of your adversaries will be able to withstand or contradict. You will be delivered up even by parents and brothers and kinsmen and friends, and some of you they will put to death; you will be hated by all for my name's sake. But not a hair of your head will perish. By your endurance you will gain your lives."

[RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the

Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 111/112.

The righteous will be remembered for ever. Alleluia. [RSV]

**Hymn after Holy Communion.
Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, the Holy Great Martyr Efstathios and Company, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Wine: Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.

It is a minor feast.