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Presanctified Liturgy

on Wednesday Evening

for Thursday, March 14, 2019

**Triodion - On Wednesday of the First Week
at Vespers**

**Menaion - March 14
Memory of our Devout Father Benedict**

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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Τριώδιον

Τῇ Τετάρτῃ Α' Ἑβδομάδος εἰς τὸν Ἑσπερινόν.

Μηναιὸν - ΤΗΙ ΙΔ' ΜΑΡΤΙΟΥ

Μνήμη τοῦ Ὁσίου Πατρὸς ἡμῶν Βενεδίκτου

ΠΡΟΗΓΙΑΣΜΕΝΗ

ΙΕΡΕΥΣ

Εὐλογημένη ἡ Βασιλεία τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ Θεῷ ἡμῶν.

Ψαλμὸς ΡΓ' (103).

Εὐλόγει ἡ ψυχὴ μου, τὸν Κύριον.
Κύριε ὁ Θεός μου ἐμεγαλύνθης σφόδρα.
Ἐξομολόγησιν καὶ μεγαλοπρέπειαν ἐνεδύσω, ἀναβαλλόμενος φῶς ὡς ἱμάτιον.
Ἐκτείνων τὸν οὐρανὸν ὥσεὶ δέρριν, ὁ στεγάζων ἐν ὕδασιν τὰ ὑπερῶα αὐτοῦ.
Ὅ τιθεὶς νέφη τὴν ἐπίβασιν αὐτοῦ, ὁ περιπατῶν ἐπὶ πτερύγων ἀνέμων.
Ὁ ποιῶν τοὺς Ἀγγέλους αὐτοῦ πνεύματα, καὶ τοὺς λειτουργοὺς αὐτοῦ πυρὸς φλόγα.
Ὁ θεμελιῶν τὴν γῆν ἐπὶ τὴν ἀσφάλειαν αὐτῆς, οὐ κλιθήσεται εἰς τὸν αἰῶνα τοῦ αἰῶνος.
Ἄβυσσος ὡς ἱμάτιον τὸ περιβόλαιον αὐτοῦ, ἐπὶ τῶν ὀρέων

Triodion

On Wednesday of the First Week at Vespers

Menaion - March 14

Memory of our Devout Father Benedict

PRESANCTIFIED

PRIEST

Blessed is the kingdom of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

READER

Amen.

Come, let us worship and bow down before God our King.

Come, let us worship and bow down before Christ God our King.

Come, let us worship and bow down before Him, Christ our King and God.

Psalms 103 (104).

Bless the Lord, O my soul. O Lord my God, You are magnified exceedingly; You clothe Yourself with thanksgiving and majesty, who cover Yourself with light as with a garment, who stretch out the heavens like a curtain; You are He who covers His upper chambers with water, who makes the clouds His means of approach, who walks on the wings of the winds, who makes His angels spirits and His ministers a flame of fire. He established the earth on its stable foundation; it shall not be moved unto ages of ages. The deep like a garment is His covering; the waters shall stand upon the mountains;

στήσονται ὕδατα. Ἀπὸ ἐπιτιμῆσεώς σου φεύξονται, ἀπὸ φωνῆς βροντῆς σου δειλιάσουσιν. Ἀναβαίνουνσιν ὄρη, καὶ καταβαίνουνσι πεδία εἰς τόπον, ὃν ἐθεμελίωσας αὐτά. Ὅριον ἔθου, ὃ οὐ παρελεύσονται, οὐδὲ ἐπιστρέψουσι καλύψαι τὴν γῆν. Ὁ ἐξαποστέλλων πηγὰς ἐν φάραγξιν, ἀναμέσον τῶν ὀρέων διελεύσονται ὕδατα· ποτιοῦσι πάντα τὰ θηρία τοῦ ἀγροῦ, προσδέξονται ὄναγροι εἰς δίψαν αὐτῶν. Ἐπ' αὐτὰ τὰ πετεινὰ τοῦ οὐρανοῦ κατασκηνώσει, ἐκ μέσου τῶν πετρῶν δώσουσι φωνήν. Ποτίζων ὄρη ἐκ τῶν ὑπερώων αὐτοῦ, ἀπὸ καρποῦ τῶν ἔργων σου χορτασθήσεται ἡ γῆ. Ὁ ἐξανατέλλων χόρτον τοῖς κτήνεσι, καὶ χλόην τῇ δουλείᾳ τῶν ἀνθρώπων. Τοῦ ἐξαγαγεῖν ἄρτον ἐκ τῆς γῆς, καὶ οἶνος εὐφραίνει καρδίαν ἀνθρώπου. Τοῦ ἱλαρύναι πρόσωπον ἐν ἐλαίῳ, καὶ ἄρτος καρδίαν ἀνθρώπου στηρίζει. Χορτασθήσεται τὰ ξύλα τοῦ πεδίου, αἱ κέδροι τοῦ Λιβάνου, ἃς ἐφύτευσας. Ἐκεῖ στρουθία ἐννοσσεύουσιν, τοῦ ἐρωδιοῦ ἡ κατοικία ἡγεῖται αὐτῶν. Ὅρη τὰ ὑψηλὰ ταῖς ἐλάφοις, πέτρα καταφυγὴ τοῖς λαγωαῖς. Ἐποίησε σελήνην εἰς καιροῦς, ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου σκότος, καὶ ἐγένετο νύξ, ἐν αὐτῇ διελεύσονται πάντα τὰ θηρία τοῦ δρυμοῦ. Σκύμνοι ὠρυόμενοι τοῦ ἀρπᾶσαι, καὶ ζητῆσαι παρὰ τῷ Θεῷ βρῶσιν αὐτοῖς. Ἀνέτειλεν ὁ ἥλιος, καὶ συνήχθησαν, καὶ εἰς τὰς μάνδρας αὐτῶν κοιτασθήσονται. Ἐξελεύσεται ἄνθρωπος ἐπὶ τὸ ἔργον αὐτοῦ, καὶ ἐπὶ τὴν ἐργασίαν αὐτοῦ ἕως ἑσπέρας. Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε, πάντα ἐν σοφίᾳ ἐποίησας, ἐπληρώθη ἡ γῆ τῆς κτίσεώς σου. Αὕτη ἡ θάλασσα ἡ μεγάλη

at Your rebuke they shall flee; at the sound of Your thunder, they shall be afraid. The mountains rise up, and the plains sink down to the place You founded for them. You set a boundary they shall not pass over; neither shall they return to cover the earth. You are He who sends springs into the valley; the waters shall pass between the mountains; they shall give drink to all the wild animals of the field; the wild asses shall quench their thirst; the birds of heaven shall dwell beside them; they shall sing from the midst of the rocks. You are He who waters the mountains from His higher places; the earth shall be satisfied with the fruit of Your works. You are He who causes grass to grow for the cattle, and the green plant for the service of man, to bring forth bread from the earth; and wine gladdens the heart of man, to brighten his face with oil; and bread strengthens man's heart. The trees of the plain shall be full of fruit, the cedars of Lebanon, which You planted; there the sparrows shall make their nests; the house of the heron takes the lead among them. The high mountains are for the deer; the cliff is a refuge for the rabbits. He made the moon for seasons; the sun knows its setting. You established darkness, and it was night, wherein all the wild animals of the forest will prowl about; the young lions roar and snatch their prey, and seek their food from God. The sun arises, and they are gathered together; and they shall be put to bed in their dens. Man shall go out to his work and to his labor until evening. O Lord, Your works shall be magnified greatly; You made all things in wisdom; the earth was filled with Your creation. There is this great and spacious sea:

καὶ εὐρύχωρος, ἐκεῖ ἐρπετὰ ὧν οὐκ ἔστιν ἀριθμός, ζῶα μικρὰ μετὰ μεγάλων. Ἐκεῖ πλοῖα διαπορεύονται, δράκων οὗτος, ὃν ἔπλασας ἐμπαίζειν αὐτή. Πάντα πρὸς σὲ προσδοκῶσι, δοῦναι τὴν τροφήν αὐτῶν εἰς εὐκαιρον, δόντος σου αὐτοῖς συλλέξουσιν. Ἀνοίξαντός σου τὴν χεῖρα, τὰ σύμπαντα πλησθήσονται χρηστότητος, ἀποστρέψαντος δέ σου τὸ πρόσωπον, ταραχθήσονται. Ἀντανελεῖς τὸ πνεῦμα αὐτῶν, καὶ ἐκλείψουσι, καὶ εἰς τὸν χοῦν αὐτῶν ἐπιστρέψουσιν. Ἐξαποστελεῖς τὸ πνεῦμα σου, καὶ κτισθήσονται, καὶ ἀνακαινιεῖς τὸ πρόσωπον τῆς γῆς. Ἦτω ἡ δόξα Κυρίου εἰς τοὺς αἰῶνας, εὐφρανθήσεται Κύριος ἐπὶ τοῖς ἔργοις αὐτοῦ. Ὁ ἐπιβλέπων ἐπὶ τὴν γῆν, καὶ ποιῶν αὐτὴν τρέμειν, ὁ ἀπτόμενος τῶν ὀρέων, καὶ καπνίζονται. Αἰσω τῷ Κυρίῳ ἐν τῇ ζωῇ μου, ψαλῷ τῷ Θεῷ μου ἕως ὑπάρχω. Ἦδυνθείη αὐτῷ ἡ διαλογία μου, ἐγὼ δὲ εὐφρανθήσομαι ἐπὶ τῷ Κυρίῳ. Ἐκλείποιεν ἁμαρτωλοὶ ἀπὸ τῆς γῆς, καὶ ἄνομοι, ὥστε μὴ ὑπάρχειν αὐτούς. Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον.

Ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου σκότος, καὶ ἐγένετο νύξ.

Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε· πάντα ἐν σοφίᾳ ἐποίησας.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα. Δόξα σοι ὁ Θεός. (ἐκ γ')

Ἡ ἐλπίς ἡμῶν, Κύριε, δόξα σοι.

the creeping things are there without number; the living things are there, both small and great; there the ships pass through; there is this dragon You formed to play therein. All things wait upon You, that You may give them food in due season. When You give it to them, they shall gather it; when You open Your hand, all things shall be filled with Your goodness. But when You turn Your face away, they shall be troubled; when You take away their breath, they shall die and return again to their dust. You shall send forth Your Spirit, and they shall be created, and You shall renew the face of the earth. Let the glory of the Lord be forever; the Lord shall be glad in His works; He looks upon the earth and makes it tremble; He touches the mountains, and they smoke. I will sing to the Lord all my life; I will sing to my God as long as I exist; may my words be pleasing to Him, and I shall be glad in the Lord. May sinners cease from the earth, and the lawless, so as to be no more. Bless the Lord, O my soul.

The sun knows its setting. You established darkness, and it was night.

O Lord, Your works shall be magnified greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Our hope, O Lord, glory to You.

ΔΙΑΚΟΝΟΣ

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς ἄνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ἁγίου οἴκου τούτου, καὶ τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῶν εὐσεβῶν καὶ Ὁρθοδόξων Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς πόλεως ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

Ὑπὲρ πλεόντων, ὁδοιπορούντων,
νοσούντων, καμνόντων, αἰχμαλώτων καὶ
τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης
θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ Α' ΑΝΤΙΦΩΝΟΥ

Κύριε, οἰκτίρμον καὶ ἐλεῆμον, μακρόθυμε
καὶ πολυέλεε, ἐνώτισαι τὴν προσευχὴν ἡμῶν, καὶ
πρόσχες τῇ φωνῇ τῆς δεήσεως ἡμῶν. Ποίησον μεθ'
ἡμῶν σημεῖον εἰς ἀγαθόν· ὁδήγησον ἡμᾶς ἐν τῇ ὁδῷ
σου, τοῦ πορεύεσθαι ἐν τῇ ἀληθείᾳ σου· εὐφρανόν
τὰς καρδίας ἡμῶν, εἰς τὸ φοβεῖσθαι τὸ ὄνομά σου τὸ
ἅγιον, διότι μέγας εἶ σύ, καὶ ποιῶν θαυμάσια. Σὺ εἶ
Θεὸς μόνος, καὶ οὐκ ἔστιν ὅμοιός σοι ἐν θεοῖς, Κύριε·
δυνατὸς ἐν ἐλέει, καὶ ἀγαθὸς ἐν ἰσχύϊ, εἰς τὸ βοηθεῖν,
καὶ παρακαλεῖν, καὶ σῶζειν πάντας τοὺς ἐλπίζοντας
εἰς τὸ ὄνομά σου τὸ ἅγιον.

ΙΕΡΕΥΣ

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ
προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων. (Ἀμήν.)

For those who travel by land, sea, and air,
for the sick, the suffering, the captives and for
their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction,
wrath, danger, and necessity, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST (in a low voice)

PRAYER OF THE FIRST ANTIPHON

Compassionate and merciful, longsuffering and
very merciful Lord, hear our prayer and attend to the
voice of our supplication. Give us a favorable sign.
Guide us in Your path that we may walk in Your truth.
Gladden our hearts that we may fear Your holy name,
for You are great and work wonders. Only You are
God, O Lord, and there is none like You among the
gods. You are great in mercy and gracious in strength
and in aiding, exhorting, and saving all those who
place their hope in Your holy name.

PRIEST

For to You belong all glory, honor, and
worship, to the Father and the Son and the
Holy Spirit, now and forever and to the ages
of ages. (Amen.)

ΑΝΑΓΝΩΣΤΗΣ

ΠΡΩΤΗ ΣΤΑΣΙΣ
Ψαλμὸς ΡΙΘ' (119).

Πρὸς Κύριον ἐν τῷ θλίβεσθαί με
ἐκέκραξα, καὶ εἰσήκουσέ μου. Κύριε, ῥῦσαι
τὴν ψυχὴν μου ἀπὸ χειλέων ἀδίκων καὶ
ἀπὸ γλώσσης δολίας. Τί δοθείη σοι καὶ
τί προστεθείη σοι πρὸς γλώσσαν δολίαν;
τὰ βέλη τοῦ δυνατοῦ ἠκονημένα, σὺν
τοῖς ἄνθραξι τοῖς ἐρημικοῖς. Οἴμοι! Ὅτι ἡ
παροιμία μου ἐμακρύνθη, κατεσκηνώσα
μετὰ τῶν σκηνωμάτων κηδάρ. Πολλὰ
παρώκησεν ἡ ψυχὴ μου. Μετὰ τῶν
μισούντων τὴν εἰρήνην ἤμην εἰρηνικός·
ὅταν ἐλάλουν αὐτοῖς, ἐπολέμουν με
δωρεάν.

Ψαλμὸς ΡΚ' (120).

Ἦρα τοὺς ὀφθαλμούς μου εἰς τὰ ὄρη,
ὅθεν ἦξει ἡ βοήθειά μου. Ἡ βοήθειά μου
παρὰ Κυρίου τοῦ ποιήσαντος τὸν οὐρανὸν
καὶ τὴν γῆν. Μὴ δῶης εἰς σάλον τὸν πόδα
σου, μηδὲ νυστάξῃ ὁ φυλάσσων σε. Ἰδοὺ
οὐ νυστάζει οὐδὲ ὑπνώσει ὁ φυλάσσων τὸν
Ἰσραήλ. Κύριος φυλάξει σε, Κύριος σκέπη
σοι ἐπὶ χειρὰ δεξιάν σου· ἡμέρας ὁ ἥλιος
οὐ συγκαύσει σε, οὐδὲ ἡ σελήνη τὴν νύκτα.
Κύριος φυλάξει σε ἀπὸ παντὸς κακοῦ,
φυλάξει τὴν ψυχὴν σου ὁ Κύριος. Κύριος
φυλάξει τὴν εἰσοδὸν σου καὶ τὴν ἐξοδὸν σου
ἀπὸ τοῦ νῦν καὶ ἕως τοῦ αἰῶνος.

Ψαλμὸς ΡΚΑ' (121).

Εὐφράνθην ἐπὶ τοῖς εἰρηνόσοι μοι· εἰς
οἶκον Κυρίου πορευσόμεθα. Ἐστῶτες
ἦσαν οἱ πόδες ἡμῶν ἐν ταῖς αὐλαῖς σου,
Ἱερουσαλήμ. Ἱερουσαλήμ οἰκοδομουμένη
ὡς πόλις, ἥς ἡ μετοχὴ αὐτῆς ἐπὶ τὸ
αὐτό. Ἐκεῖ γὰρ ἀνέβησαν αἱ φυλαί,

READER

First Stanza
Psalm 119 (120).

To the Lord in my affliction I cried out,
and He heard me. O Lord, deliver my soul
from unjust lips and from a deceitful tongue.
What should be given You, and what added
to You, against a deceitful tongue? The
arrows of the Mighty One are sharpened with
hot coals from the desert. Woe is me! My
sojourning was prolonged; I dwelt with the
tents of Kedar. My soul sojourned a long time
as a resident alien. With those who hate peace,
I was peaceful; when I spoke to them, they
made war against me without cause. [SAAS]

Psalm 120 (121).

I lifted my eyes to the mountains; from
where shall my help come? My help comes
from the Lord, who made heaven and earth.
Let not your foot be moved; neither let Him
who keeps you slumber. Behold, He who
keeps Israel shall neither slumber nor sleep.
The Lord shall keep you; the Lord is your
shelter at your right hand. The sun shall not
burn you by day nor the moon by night. The
Lord shall keep you from all evil; the Lord
shall keep your soul. The Lord shall keep
your coming in and your going out from this
present time and unto the ages. [SAAS]

Psalm 121 (122).

I was glad when they said to me, "Let us
go into the house of the Lord." Our feet stand
in your courts, O Jerusalem. Jerusalem is built
as a city whose compactness is complete.
There the tribes went up, the tribes of the
Lord, a testimony to Israel, to give thanks to

φυλαὶ Κυρίου, μαρτύριον τῷ Ἰσραήλ, τοῦ ἐξομολογήσασθαι τῷ ὀνόματι Κυρίου· ὅτι ἐκεῖ ἐκάθισαν θρόνοι εἰς κρίσιν, θρόνοι ἐπὶ οἶκον δαυΐδ. Ἐρωτήσατε δὴ τὰ εἰς εἰρήνην τὴν Ἱερουσαλήμ, καὶ εὐθηνία τοῖς ἀγαπῶσί σε· γενέσθω δὴ εἰρήνη ἐν τῇ δυνάμει σου καὶ εὐθηνία ἐν ταῖς πυργοβάρεσί σου. Ἕνεκα τῶν ἀδελφῶν μου καὶ τῶν πλησίων μου, ἐλάλουν δὴ εἰρήνην περὶ σου· Ἕνεκα τοῦ οἴκου Κυρίου τοῦ Θεοῦ ἡμῶν, ἐξεζήτησα ἀγαθὰ σοι.

Ψαλμὸς PKB' (122).

Πρὸς σέ ἦρα τοὺς ὀφθαλμούς μου τὸν κατοικοῦντα ἐν τῷ οὐρανῷ. Ἴδου ὡς ὀφθαλμοὶ δούλων εἰς χεῖρας τῶν Κυρίων αὐτῶν, ὡς ὀφθαλμοὶ παιδίσκης εἰς χεῖρας τῆς Κυρίας αὐτῆς, οὕτως οἱ ὀφθαλμοὶ ἡμῶν πρὸς Κύριον τὸν θεὸν ἡμῶν, ἕως οὗ οἰκτειρῆσαι ἡμᾶς. Ἐλέησον ἡμᾶς, Κύριε, ἐλέησον ἡμᾶς, ὅτι ἐπὶ πολὺ ἐπλήσθημεν ἐξουδενώσεως, ἐπὶ πλεῖον ἐπλήσθη ἡ ψυχὴ ἡμῶν. Τὸ ὄνειδος τοῖς εὐθηνούσι, καὶ ἡ ἐξουδένωσις τοῖς ὑπερηφάνοις.

Ψαλμὸς PKΓ' (123).

Εἰ μὴ ὅτι Κύριος ἦν ἐν ἡμῖν, εἰπάτω δὴ Ἰσραήλ· εἰ μὴ ὅτι Κύριος ἦν ἐν ἡμῖν ἐν τῷ ἐπαναστῆναι ἀνθρώπους ἐφ' ἡμᾶς, ἄρα ζῶντας ἂν κατέπιον ἡμᾶς ἐν τῷ ὀργισθῆναι τὸν θυμὸν αὐτῶν ἐφ' ἡμᾶς· ἄρα τὸ ὕδωρ ἂν κατεπόντισεν ἡμᾶς, χεῖμαρρον διῆλθεν ἡ ψυχὴ ἡμῶν· ἄρα διῆλθεν ἡ ψυχὴ ἡμῶν τὸ ὕδωρ τὸ ἀνυπόστατον. Εὐλογητὸς Κύριος, ὃς οὐκ ἔδωκεν ἡμᾶς εἰς θήραν τοῖς ὀδοῦσιν αὐτῶν. Ἡ ψυχὴ ἡμῶν ὡς στρουθίον ἐρρυσθῆ ἐκ τῆς παγίδος τῶν θηρευόντων· ἡ παγὶς συνετρίβη, καὶ ἡμεῖς ἐρρυσθήμεν.

the name of the Lord. For thrones sat there for judgment, thrones over the house of David. Ask now for things regarding the peace of Jerusalem, and there is prosperity for those who love you; let there now be peace in your power and prosperity in your citadels. For the sake of my brothers and my neighbors, I indeed spoke peace concerning you; for the sake of the house of the Lord our God, I sought good things for you. [SAAS]

Psalm 122 (123).

I lift my eyes to You, who dwell in heaven. Behold, as the eyes of servants look to the hands of their masters, as the eyes of the maidservant look to the hands of her mistress, so our eyes look to the Lord our God until He shall have compassion on us. Have mercy on us, O Lord, have mercy on us, for we are greatly filled with contempt; our soul is greatly filled with it. We are a disgrace to those who prosper, and a contempt to the arrogant. [SAAS]

Psalm 123 (124).

"If the Lord had not been with us," let Israel now say, "If the Lord had not been with us, when men rose up against us, then they would have swallowed us alive, when their anger raged against us, then the water would have drowned us; our soul would have passed through a torrent, then our soul would have passed through a water that is overwhelming." Blessed is the Lord, who did not give us as prey to their teeth. Our soul was delivered like a sparrow from the snare of the hunters; the snare was broken, and we

Ἡ βοήθεια ἡμῶν ἐν ὀνόματι Κυρίου τοῦ ποιήσαντος τὸν οὐρανὸν καὶ τὴν γῆν.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα. Δόξα σοι ὁ Θεός. (ἐκ γ')

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφωνῶς)

ΕΥΧΗ Β' ΑΝΤΙΦΩΝΟΥ

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης ἡμᾶς, μηδὲ τῇ ὀργῇ σου παιδεύσης ἡμᾶς, ἀλλὰ ποιήσον μεθ' ἡμῶν κατὰ τὴν ἐπιείκειάν σου, ἰατρὲ καὶ θεραπευτὰ τῶν ψυχῶν ἡμῶν, ὁδηγήσον ἡμᾶς ἐπὶ λιμένα θελήματός σου, φώτισον τοὺς ὀφθαλμοὺς τῶν καρδιῶν ἡμῶν, εἰς ἐπίγνωσιν τῆς σῆς ἀληθείας, καὶ δώρησαι ἡμῖν τὸ λοιπὸν τῆς παρούσης ἡμέρας εἰρηνικὸν καὶ ἀναμάρτητον, καὶ πάντα τὸν χρόνον τῆς ζωῆς ἡμῶν,

were delivered. Our help is in the name of the Lord, who made heaven and earth. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST (in a low voice)

PRAYER OF THE SECOND ANTIPHON

O Lord, do not rebuke us in Your anger, nor chastise us in Your wrath, but deal with us according to Your forbearance, physician and healer of our souls. Lead us to Your haven. Open the eyes of our hearts with the knowledge of Your truth, and grant that the remainder of this day and the remainder of our lives may be peaceful and sinless, by the intercessions of the holy Theotokos and of all the saints.

πρεσβείαις τῆς ἁγίας Θεοτόκου, καὶ πάντων τῶν Ἁγίων σου.

ΙΕΡΕΥΣ

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. (Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

ΣΤΑΣΙΣ ΔΕΥΤΕΡΑ

Ψαλμὸς ΡΚΔ' (124).

Οἱ πεποιθότες ἐπὶ Κύριον ὡς ὄρος Σιών· οὐ σαλευθήσεται εἰς τὸν αἰῶνα ὁ κατοικῶν Ἱερουσαλήμ. Ὅρη κύκλω αὐτῆς, καὶ ὁ Κύριος κύκλω τοῦ λαοῦ αὐτοῦ ἀπὸ τοῦ νῦν καὶ ἕως τοῦ αἰῶνος. Ὅτι οὐκ ἀφήσει Κύριος τὴν ῥάβδον τῶν ἀμαρτωλῶν ἐπὶ τὸν κληρὸν τῶν δικαίων, ὅπως ἂν μὴ ἐκτείνωσιν οἱ δίκαιοι ἐν ἀνομίαις χειρὰς αὐτῶν. Ἀγάθυνον, Κύριε, τοῖς ἀγαθοῖς καὶ τοῖς εὐθέσι τῇ καρδίᾳ· τοὺς δὲ ἐκκλίνοντας εἰς τὰς στραγγαλίας ἀπάξει Κύριος μετὰ τῶν ἐργαζομένων τὴν ἀνομίαν εἰρήνη ἐπὶ τὸν Ἰσραήλ.

Ψαλμὸς ΡΚΕ' (125).

Ἐν τῷ ἐπιστρέψαι Κύριον τὴν αἰχμαλωσίαν Σιών ἐγενήθημεν ὥσει παρακεκλημένοι. Τότε ἐπλήσθη χαρᾶς τὸ στόμα ἡμῶν καὶ ἡ γλῶσσα ἡμῶν ἀγαλλιάσεως. Τότε ἐροῦσιν ἐν τοῖς ἔθνεσιν· ἐμεγάλυνε Κύριος τοῦ ποιῆσαι μετ' αὐτῶν. Ἐμεγάλυνε Κύριος τοῦ ποιῆσαι μεθ' ἡμῶν, ἐγενήθημεν εὐφραινόμενοι. Ἐπίστρεψον, Κύριε, τὴν αἰχμαλωσίαν ἡμῶν ὡς χειμάρρους ἐν τῷ νότῳ. Οἱ σπεύροντες ἐν δάκρυσιν ἐν ἀγαλλιάσει θεριοῦσι. Πορευόμενοι ἐπορεύοντο καὶ ἔκλειον βάλλοντες τὰ σπέρματα αὐτῶν· ἐρχόμενοι

PRIEST

For yours is the dominion, and yours is the kingdom, the power, and the glory of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. (Amen.)

READER

Second Stanza

Psalm 124 (125).

Those who trust in the Lord are like Mount Zion; he who dwells in Jerusalem shall be unshaken forever. The mountains surround her, and the Lord surrounds His people from this present time and unto the ages. The Lord will not permit the rod of sinners to be upon the inheritance of the righteous, lest the righteous stretch out their hands in lawlessness. Do good, O Lord, to the good, and to the upright in heart; but those who turn aside to crooked ways, the Lord shall lead away with the workers of lawlessness. Peace be upon Israel. [SAAS]

Psalm 125 (126).

When the Lord returned the captives of Zion, we became like those who are comforted. Then our mouth was filled with joy, and our tongue with exceeding joy. Then they shall say among the Gentiles, "The Lord did great things with them." The Lord has done great things with us; we were glad. Return, O Lord, our captivity like streams in the south. Those who sow with tears shall reap with exceeding joy. They went forth and wept, carrying their seeds with them; but they shall return with exceeding joy, carrying their sheaves. [SAAS]

δὲ ἤξουσιν ἐν ἀγαλλιάσει αἶροντες τὰ
δράγματα αὐτῶν.

Ψαλμὸς PKC' (126).

Ἐάν μὴ Κύριος οἰκοδομήσῃ οἶκον,
εἰς μάτην ἐκοπίασαν οἱ οἰκοδομοῦντες·
ἐάν μὴ Κύριος φυλάξῃ πόλιν, εἰς μάτην
ἠγγρύπνησεν ὁ φυλάσσων. Εἰς μάτην ὑμῖν
ἐστὶ τὸ ὀρθρίζειν, ἐγείρεσθαι μετὰ τὸ
καθῆσθαι, οἱ ἐσθίοντες ἄρτον ὀδύνης,
ὅταν δῶ τοῖς ἀγαπητοῖς αὐτοῦ ὕπνον. Ἴδου
ἡ κληρονομία Κυρίου υἱοί, ὁ μισθὸς τοῦ
καρποῦ τῆς γαστροῦς. Ὡσεὶ βέλη ἐν χειρὶ
δυνατοῦ, οὕτως οἱ υἱοὶ τῶν ἐκτετιναγμένων.
Μακάριος ὃς πληρώσει τὴν ἐπιθυμίαν
αὐτοῦ ἐξ αὐτῶν· οὐ καταισχυνθήσονται,
ὅταν λαλῶσι τοῖς ἐχθροῖς αὐτῶν ἐν πύλαις.

Ψαλμὸς PKZ' (127).

Μακάριοι πάντες οἱ φοβούμενοι τὸν
Κύριον, οἱ πορευόμενοι ἐν ταῖς ὁδοῖς
αὐτοῦ. Τοὺς πόνους τῶν καρπῶν σου
φάγεσαι· μακάριος εἶ, καὶ καλῶς σοι ἔσται.
Ἡ γυνὴ σου ὡς ἄμπελος εὐθηνούσα ἐν
τοῖς κλίτεσι τῆς οἰκίας σου· οἱ υἱοὶ σου ὡς
νεόφυτα ἐλαιῶν κύκλῳ τῆς τραπέζης σου.
Ἴδου οὕτως εὐλογηθήσεται ἄνθρωπος
ὁ φοβούμενος τὸν Κύριον. Εὐλογῆσαι
σε Κύριος ἐκ Σιών, καὶ ἴδοις τὰ ἀγαθὰ
Ἱερουσαλὴμ πάσας τὰς ἡμέρας τῆς ζωῆς
σου· καὶ ἴδοις υἱοὺς τῶν υἱῶν σου. Εἰρήνη
ἐπὶ τὸν Ἰσραήλ.

Ψαλμὸς PKH' (128).

Πλεονάκις ἐπολέμησάν με ἐκ νεότητός
μου, εἰπάτω δὴ Ἰσραὴλ· πλεονάκις
ἐπολέμησάν με ἐκ νεότητός μου, καὶ γὰρ
οὐκ ἠδυνήθησάν μοι. Ἐπὶ τὸν νῶτόν μου
ἐτέκταινον οἱ ἁμαρτωλοί, ἐμάκρυναν τὴν
ἀνομίαν αὐτῶν. Κύριος δίκαιος συνέκοψεν

Psalm 126 (127).

Unless the Lord builds the house, those
who build it labor in vain; unless the Lord
guard the city, those who guard it stay awake
in vain. It is in vain for you to rise early, to
awaken from your rest, you who eat the
bread of grief, when He gives His beloved
ones sleep. Behold, children are the Lord's
inheritance; the fruit of the womb His reward.
Like arrows in the hand of a mighty one, so
are the children of those who were outcasts.
Blessed is the man who shall fulfill his desire
with them; they shall not be ashamed, when
they speak to their enemies at the gate. [SAAS]

Psalm 127 (128).

Blessed are all who fear the Lord, who
walk in His ways. You shall eat the fruits of
your labor; you are blessed, and it shall be
well with you. Your wife shall be like a vine,
prospering on the sides of your house; your
children like newly planted olive trees around
your table. Behold, so shall the man be blessed
who fears the Lord. May the Lord bless you
from Zion, and may you see the good things
of Jerusalem all the days of your life; may you
see your children's children. Peace be upon
Israel. [SAAS]

Psalm 128 (129).

"Many times they warred against me
from my youth," let Israel now say; "Many
times they warred against me from my youth,
yet they did not overcome me. The sinners
schemed behind my back; they prolonged
their lawlessness." The righteous Lord cut in

αὐχένας ἀμαρτωλῶν. Αἰσχυνθήτωσαν καὶ ἀποστραφήτωσαν εἰς τὰ ὀπίσω πάντες οἱ μισοῦντες Σιών. Γενηθήτωσαν ὡσεὶ χόρτος δωμαίων, ὃς πρὸ τοῦ ἐκσπασθῆναι ἐξηράνθη· οὐδ' οὐκ ἐπλήρωσε τὴν χεῖρα αὐτοῦ ὁ θερίζων καὶ τὸν κόλπον αὐτοῦ ὁ τὰ δράγματα συλλέγων, καὶ οὐκ εἶπαν οἱ παράγοντες· εὐλογία Κυρίου ἐφ' ὑμᾶς, εὐλογήκαμεν ὑμᾶς ἐν ὀνόματι Κυρίου.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα. Δόξα σοι ὁ Θεός. (ἐκ γ')

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

pieces the necks of sinners. Let all who hate Zion be shamed and turned back. Let them become like grass on the housetops, which withers before it is plucked up; like grass with which the reaper does not fill his hand, nor the gatherer of sheaves, his bosom; neither do those who pass by say to them, "The Lord's blessing be upon you; in the Lord's name, we bless you." [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ Γ' ΑΝΤΙΦΩΝΟΥ

Κύριε, ὁ Θεὸς ἡμῶν, μνήσθητι ἡμῶν τῶν ἁμαρτωλῶν καὶ ἀχρείων δούλων σου, ἐν τῷ ἐπικαλεῖσθαι ἡμᾶς τὸ ἅγιον καὶ προσκυνητὸν ὄνομά σου, καὶ μὴ κατασχύνῃς ἡμᾶς ἀπὸ τῆς προσδοκίας τοῦ ἐλέους σου, ἀλλὰ χάρισαι ἡμῖν, ὁ Θεός, πάντα τὰ πρὸς σωτηρίαν αἰτήματα, καὶ ἀξιώσον ἡμᾶς ἀγαπᾶν, καὶ φοβεῖσθαι σε ἐξ ὅλης τῆς καρδίας ἡμῶν, καὶ ποιεῖν ἐν πᾶσι τὸ θέλημά σου.

ΙΕΡΕΥΣ

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. (Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

ΣΤΑΣΙΣ ΤΡΙΤΗ

Ψαλμὸς ΠΚ' (129).

Ἐκ βαθέων ἐκέκραξά σοι, Κύριε· Κύριε, εἰσάκουσον τῆς φωνῆς μου· γεννηθήτω τὰ ᾠτά σου προσέχοντα εἰς τὴν φωνὴν τῆς δεήσεώς μου. Ἐὰν ἀνομίας παρατηρήσης, Κύριε Κύριε, τίς ὑποστήσεται; ὅτι παρὰ σοὶ ὁ ἰλασμός ἐστιν. Ἐνεκεν τοῦ ὀνόματός σου ὑπέμεινά σε, Κύριε, ὑπέμεινεν ἡ ψυχὴ μου εἰς τὸν λόγον σου. Ἦλπισεν ἡ ψυχὴ μου ἐπὶ τὸν Κύριον ἀπὸ φυλακῆς πρωΐας μέχρι νυκτός· ἀπὸ φυλακῆς πρωΐας ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν Κύριον. Ὅτι παρὰ τῷ Κυρίῳ τὸ ἔλεος καὶ πολλὴ παρ' αὐτῷ λύτρωσις, καὶ αὐτὸς λυτρώσεται τὸν Ἰσραὴλ ἐκ πασῶν τῶν ἀνομιῶν αὐτοῦ.

Ψαλμὸς ΡΛ' (130).

Κύριε, οὐχ ὑψώθη ἡ καρδιά μου, οὐδὲ ἐμετεωρίσθησαν οἱ ὀφθαλμοί μου, οὐδὲ ἐπορεύθην ἐν μεγάλοις, οὐδὲ ἐν θαυμασίοις ὑπὲρ ἐμέ. Εἰ μὴ ἐταπεινοφρόνουν, ἀλλὰ ὑψώσα τὴν ψυχὴν μου ὡς τὸ

PRIEST (in a low voice)

PRAYER OF THE THIRD ANTIPHON

O Lord, our God, be mindful of us Your sinful and useless servants as we call upon Your holy name. Let us not be shamed for expecting Your mercy, but grant us, O Lord, all our petitions which lead to salvation. Make us worthy to love and fear You with all our heart, and to do Your will in all things.

PRIEST

For you are a good and loving God, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. (Amen.)

READER

Third Stanza

Psalms 129 (130).

Out of the depths I have cried to You, O Lord; O Lord, hear my voice; let Your ears be attentive to the voice of my supplication. If You, O Lord, should mark transgression, O Lord, who would stand? For there is forgiveness with You. Because of Your law, O Lord, I waited for You; my soul waited for Your word. My soul hopes in the Lord, from the morning watch until night; from the morning watch until night, let Israel hope in the Lord. For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions. [SAAS]

Psalms 130 (131).

O Lord, my heart is not exalted, neither are my eyes raised up; neither am I carried along in great things, nor in things too marvelous for me. If I were not humble-minded, but exalted my soul, like a child

ἀπογεγαλακτισμένον ἐπὶ τὴν μητέρα
αὐτοῦ, ὡς ἀνταποδώσεις ἐπὶ τὴν ψυχὴν μου.
Ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν Κύριον, ἀπὸ τοῦ
νῦν καὶ ἕως τοῦ αἰῶνος.

Ψαλμὸς ΡΛΑ' (131).

Μνήσθητι, Κύριε, τοῦ Δαυῖδ καὶ πάσης
τῆς πραότητος αὐτοῦ, ὡς ὤμοσε τῷ Κυρίῳ,
ἠΰξατο τῷ Θεῷ Ἰακώβ. Εἰ εἰσελεύσομαι
εἰς σκὴνωμα οἴκου μου, εἰ ἀναβήσομαι ἐπὶ
κλίνης στρωμνῆς μου, εἰ δώσω ὕπνον τοῖς
ὀφθαλμοῖς μου καὶ τοῖς βλεφάροις μου
νυσταγμὸν καὶ ἀνάπαυσιν τοῖς κροτάφοις
μου, ἕως οὗ εὕρω τόπον τῷ Κυρίῳ, σκὴνωμα
τῷ Θεῷ Ἰακώβ. ἰδοὺ ἠκούσαμεν αὐτὴν ἐν
Εὐφραθᾷ, εὕρομεν αὐτὴν ἐν τοῖς πεδίοις τοῦ
δρυμοῦ· εἰσελευσώμεθα εἰς τὰ σκηνώματα
αὐτοῦ, προσκυνήσωμεν εἰς τὸν τόπον,
οὗ ἔστησαν οἱ πόδες αὐτοῦ. ἀνάστηθι,
Κύριε, εἰς τὴν ἀνάπαυσίν σου, σὺ καὶ ἡ
κιβωτὸς τοῦ ἁγιάσματος σου· οἱ ἱερεῖς
σου ἐνδύσονται δικαιοσύνην, καὶ οἱ ὅσιοί
σου ἀγαλλιάσονται. ἕνεκεν Δαυῖδ τοῦ
δούλου σου μὴ ἀποστρέψῃς τὸ πρόσωπον
τοῦ χριστοῦ σου. ὤμοσε Κύριος τῷ Δαυῖδ
ἀλήθειαν καὶ οὐ μὴ ἀθετήσῃ αὐτὴν Ἐκ
καρποῦ τῆς κοιλίας σου θήσομαι ἐπὶ
τὸν θρόνον σου· ἐὰν φυλάξωνται οἱ υἱοί
σου τὴν διαθήκην μου καὶ τὰ μαρτύριά
μου ταῦτα, ἃ διδάξω αὐτούς, καὶ οἱ υἱοὶ
αὐτῶν ἕως τοῦ αἰῶνος καθιοῦνται ἐπὶ τοῦ
θρόνου σου. ὅτι ἐξελέξατο Κύριος τὴν Σιών,
ἠρετίσατο αὐτὴν εἰς κατοικίαν ἑαυτῷ.
Αὕτη ἡ κατάπαυσις μου εἰς αἰῶνα αἰῶνος,
ᾧδε κατοικήσω, ὅτι ἠρετισάμην αὐτὴν·
τὴν θήραν αὐτῆς εὐλογῶν εὐλογήσω,
τοὺς πτωχοὺς αὐτῆς χορτάσω ἄρτων, τοὺς
ἱερεῖς αὐτῆς ἐνδύσω σωτηρίαν, καὶ οἱ ὅσιοι
αὐτῆς ἀγαλλιάσει ἀγαλλιάσονται· ἐκεῖ

weaned from his mother, so You would
reward my soul. Let Israel hope in the Lord
from this present time and unto the ages. [SAAS]

Psalm 131 (132).

Remember David, O Lord, and all his
meekness, how he swore to the Lord, how
he vowed to the God of Jacob, "I shall not
enter my dwelling, I shall not recline on my
bed, I shall not close my eyes in sleep nor
my eyelids for dozing, nor give any rest to
my temples, until I find a place for the Lord,
a tabernacle for the God of Jacob." Behold,
we heard of it in Ephrathah; we found it in
the plains of the wood; let us enter into His
tabernacles; let us worship at the place where
His feet stood. Arise, O Lord, into Your rest,
You and the ark of Your holiness; Your priests
shall clothe themselves in righteousness; Your
saints shall greatly rejoice. For Your servant
David's sake, do not turn away from the face
of Your anointed. The Lord swore to David
this truth, and He shall not reject it, "I shall
set upon your throne one from the fruit of
your loins. If your sons keep My covenant
and these testimonies I shall teach them, then
their sons shall sit upon your throne forever."
For the Lord has chosen Zion; He chose her
for His dwelling: "This is My place of rest
unto ages of ages; here I shall dwell, for I
have chosen her. Blessing, I shall bless her
provision; I shall satisfy her poor with bread;
and I shall clothe her priests with salvation,
and her saints shall rejoice exceedingly with
great joy; there I shall cause to spring up a
horn for David; there I prepared a lamp for
my anointed; his enemies I shall clothe with

ἐξανατελῶ κέρας τῷ Δαυΐδ, ἡτοιμάσα
λύχνον τῷ χριστῷ μου· τοὺς ἐχθροὺς αὐτοῦ
ἐνδύσω αἰσχύνην, ἐπὶ δὲ αὐτὸν ἐξανθήσει
τὸ ἁγίασμά μου.

Ψαλμὸς ΡΑΒ' (132).

Ἴδου δὴ τί καλὸν ἢ τί τερπνόν, ἀλλ' ἢ τὸ
κατοικεῖν ἀδελφούς ἐπὶ τὸ αὐτό; Ὡς μύρον
ἐπὶ κεφαλῆς τὸ καταβαῖνον ἐπὶ πώγωνα,
τὸν πώγωνα τοῦ Ἀαρών, τὸ καταβαῖνον ἐπὶ
τὴν ῥάιν τοῦ ἐνδύματος αὐτοῦ. Ὡς δρόσος
Ἀερμών ἢ καταβαίνουσα ἐπὶ τὰ ὄρη Σιών.
Ὅτι ἐκεῖ ἐνετείλατο Κύριος τὴν εὐλογίαν,
ζωὴν ἕως τοῦ αἰῶνος.

Ψαλμὸς ΡΛΓ' (133).

Ἴδου δὴ εὐλογεῖτε τὸν Κύριον, πάντες
οἱ δοῦλοι Κυρίου οἱ ἐστῶτες ἐν οἴκῳ Κυρίου,
ἐν αὐλαῖς οἴκου Θεοῦ ἡμῶν. Ἐν ταῖς νυξίν
ἐπάρατε τὰς χεῖρας ὑμῶν εἰς τὰ ἅγια καὶ
εὐλογεῖτε τὸν Κύριον. Εὐλογήσαι σε Κύριος
ἐκ Σιών ὁ ποιήσας τὸν οὐρανὸν καὶ τὴν γῆν.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.
Δόξα σοι ὁ Θεός. (ἐκ γ')

Ἡ ἐλπίς ἡμῶν, Κύριε, δόξα σοι.

ΔΙΑΚΟΝΟΣ

Ἦτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης

shame; upon him shall My sanctification
flourish." [SAAS]

Psalm 132 (133).

Behold now, what is so good or so
pleasant as for brothers to dwell together in
unity? It is like fragrant oil running down
upon the beard, the beard of Aaron, running
down upon the border of his garment; it is
like the dew of Hermon, running down upon
the mountains of Zion; for there the Lord
commanded the blessing and life forever. [SAAS]

Psalm 133 (134).

Behold now, bless the Lord, all you
servants of the Lord, who stand in the house
of the Lord, in the courts of the house of our
God. In the nights, lift up your hands to the
holy of holies and bless the Lord. May the
Lord bless you from Zion, He who made
heaven and earth. [SAAS]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You,
O God. (3)

Our hope, O Lord, glory to You.

DEACON

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos

ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ Δ' ΑΝΤΙΦΩΝΟΥ

Ὁ τοῖς ἀσιγήτοις ὕμνοις καὶ ἀπαύστοις
δοξολογίαις ὑπὸ τῶν ἁγίων δυνάμεων
ἀνυμνούμενος, πλήρωσον τὸ στόμα ἡμῶν τῆς
αἰνέσεώς σου, τοῦ δοῦναι μεγαλωσύνην τῷ ὀνόματί
σου τῷ ἁγίῳ, καὶ δὸς ἡμῖν μερίδα καὶ κληρὸν
μετὰ πάντων τῶν φοβουμένων σε ἐν ἀληθείᾳ καὶ
φυλασσόντων τὰς ἐντολάς σου, πρεσβείαις τῆς
ἁγίας Θεοτόκου καὶ πάντων τῶν ἁγίων σου.

ΙΕΡΕΥΣ

Ὅτι σὺ εἶ ὁ Θεὸς ἡμῶν, Θεὸς τοῦ
ἐλεεῖν καὶ σώζειν, καὶ σοὶ τὴν δόξαν
ἀναπέμπομεν, τῷ Πατρὶ, καὶ τῷ Υἱῷ, καὶ
τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων. (Ἀμήν.)

ΧΟΡΟΣ

Ἦχος πλ. δ'.

Κύριε ἐκέκραξα πρὸς σέ, εἰσάκουσόν
μου, εἰσάκουσόν μου, Κύριε. Κύριε,
ἐκέκραξα πρὸς σέ, εἰσάκουσόν μου·
πρόσχες τῇ φωνῇ τῆς δεήσεώς μου, ἐν τῷ
κεκραγέναι με πρὸς σέ. Εἰσάκουσόν μου,
Κύριε.

Κατευθυνθήτω ἡ προσευχή μου, ὡς
θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν
μου θυσία ἑσπερινή. Εἰσάκουσόν μου,
Κύριε.

Θοῦ, Κύριε, φυλακὴν τῷ στόματί μου, καὶ θύραν
περιοχῆς περὶ τὰ χεῖλη μου.

Μὴ ἐκκλίνης τὴν καρδίαν μου εἰς λόγους
πονηρίας, τοῦ προφασίζεσθαι προφάσεις ἐν
ἀμαρτίαις.

and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST (in a low voice)

You who are praised with incessant hymns and
ceaseless doxologies by the heavenly Powers, fill our
mouth with Your praise, so that we may exalt Your
holy name. Grant us a share and a part with all those
who fear You in truth and keep Your commandments,
through the intercessions of the holy Theotokos and all
Your saints.

PRIEST

For You are our God, the God of mercy
and salvation, and to You do we send up
glory, to the Father, and to the Son, and to the
Holy Spirit, both now and ever, and to the
ages of ages. (Amen.)

CHOIR

Mode pl. 4.

Lord, I have cried to You; hear me. Hear
me, O Lord. Lord, I have cried to You; hear
me. Give heed to the voice of my supplication
when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You
as incense, the lifting up of my hands as the
evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of
enclosure about my lips.

Incline not my heart to evil words, to make
excuses in sins.

Σὺν ἀνθρώποις ἐργαζομένοις τὴν ἀνομίαν, καὶ οὐ μὴ συνδυάσω μετὰ τῶν ἐκλεκτῶν αὐτῶν.

Παιδεύσει με δίκαιος ἐν ἐλέει, καὶ ἐλέγξει με, ἔλαιον δὲ ἁμαρτωλοῦ μὴ λιπανάτω τὴν κεφαλὴν μου.

Ὅτι ἔτι καὶ ἡ προσευχή μου ἐν ταῖς εὐδοκίαις αὐτῶν κατεπόθησαν ἐχόμενα πέτρας οἱ κριταὶ αὐτῶν.

Ακούσονται τὰ ῥήματά μου, ὅτι ἡδύνθησαν ὥσει πάχος γῆς ἐρῶράγη ἐπὶ τῆς γῆς, διεσκορπίσθη τὰ ὅσα αὐτῶν παρὰ τὸν ἄδην.

Ὅτι πρὸς σέ, Κύριε, Κύριε, οἱ ὀφθαλμοὶ μου· ἐπὶ σοὶ ἤλπισα, μὴ ἀντανέλης τὴν ψυχὴν μου.

Φύλαξόν με ἀπὸ παγίδος ἧς συνεστήσαντό μοι, καὶ ἀπὸ σκανδάλων τῶν ἐργαζομένων τὴν ἀνομίαν.

Πεσοῦνται ἐν ἀμφιβλήστρῳ αὐτῶν οἱ ἁμαρτωλοί· κατὰ μόνας εἰμὶ ἐγὼ ἕως ἂν παρέλθω.

Φωνῇ μου πρὸς Κύριον ἐκέκραξα, φωνῇ μου πρὸς Κύριον ἐδεήθην.

Ἐκχεῶ ἐνώπιον αὐτοῦ τὴν δέησίν μου, τὴν θλιψίν μου ἐνώπιον αὐτοῦ ἀπαγγελῶ.

Ἐν τῷ ἐκλείπειν ἐξ ἐμοῦ τὸ πνεῦμά μου, καὶ σὺ ἔγνων τὰς τρίβους μου.

Ἐν ὁδῷ ταύτῃ, ἣ ἐπορευόμην, ἔκρουσαν παγίδα μοι.

Κατενόουν εἰς τὰ δεξιὰ, καὶ ἐπέβλεπον, καὶ οὐκ ἦν ὁ ἐπιγινώσκων με.

Ἀπώλετο φυγὴ ἀπ' ἐμοῦ, καὶ οὐκ ἔστιν ὁ ἐκζητῶν τὴν ψυχὴν μου.

Ἐκέκραξα πρὸς σέ, Κύριε εἶπα· Σὺ εἶ ἡ ἐλπίς μου, μερίς μου εἶ ἐν γῇ ζώντων.

Πρόσχες πρὸς τὴν δέησίν μου, ὅτι ἐταπεινώθην σφόδρα.

Ῥῦσαί με ἐκ τῶν καταδιωκόντων με, ὅτι ἐκραταιώθησαν ὑπὲρ ἐμέ.

With men who work lawlessness; and I will not join with their choice ones.

The righteous man shall correct me with mercy, and he shall reprove me; but let not the oil of the sinner anoint my head.

For my prayer shall be intense in the presence of their pleasures. Their judges are swallowed up by the rock.

They shall hear my words, for they are pleasant. As a clod of ground is dashed to pieces on the earth, so their bones were scattered beside the grave.

For my eyes, O Lord, O Lord, are toward You; in You I hope; take not my soul away.

Keep me from the snares they set for me, and from the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone, until I escape.

I cried to the Lord with my voice, with my voice I prayed to the Lord.

I shall pour out my supplication before Him; I shall declare my affliction in His presence.

When my spirit fainted within me, then You knew my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one who knew me.

Refuge failed me, and there was no one who cared for my soul.

I cried to You, O Lord; I said, "You are my hope, my portion in the land of the living."

Attend to my supplication, for I was humbled exceedingly.

Deliver me from my persecutors, for they are stronger than I.

Τοῦ Τριωδίου.

Στιχηρὸν Ἰδιόμελον. Ἦχος πλ. δ'.

Ἐξάγαγε ἐκ φυλακῆς τὴν ψυχὴν μου, τοῦ ἐξομολογήσασθαι τῷ ὀνόματί σου.

Νηστεύοντες ἀδελφοὶ σωματικῶς, νηστεύσωμεν καὶ πνευματικῶς, λύσωμεν πάντα σύνδεσμον ἀδικίας, διαρρήξωμεν στραγγαλιάς, βιαίων συναλλαγμάτων· πᾶσαν συγγραφήν ἀδικον διασπάσωμεν, δώσωμεν πεινῶσιν ἄρτον, καὶ πτωχοὺς ἀστέγους εἰσαγάγωμεν εἰς οἴκους, ἵνα λάβωμεν παρὰ Χριστοῦ τοῦ Θεοῦ, τὸ μέγα ἔλεος.

Στιχηρὸν Ἰδιόμελον. Ἦχος πλ. δ'.

Ἐμὲ ὑπομενοῦσι δίκαιοι, ἕως οὗ ἀνταποδῶς μοι.

Νηστεύοντες ἀδελφοὶ σωματικῶς, νηστεύσωμεν καὶ πνευματικῶς, λύσωμεν πάντα σύνδεσμον ἀδικίας, διαρρήξωμεν στραγγαλιάς, βιαίων συναλλαγμάτων· πᾶσαν συγγραφήν ἀδικον διασπάσωμεν, δώσωμεν πεινῶσιν ἄρτον, καὶ πτωχοὺς ἀστέγους εἰσαγάγωμεν εἰς οἴκους, ἵνα λάβωμεν παρὰ Χριστοῦ τοῦ Θεοῦ, τὸ μέγα ἔλεος.

Μαρτυρικόν.

Ἦχος πλ. δ'.

Ἐκ βαθέων ἐκέκραξά σοι, Κύριε· Κύριε, εἰσάκουσον τῆς φωνῆς μου.

Εἴ τις ἀρετὴ, καὶ εἴ τις ἔπαινος, πρόπει τοῖς Ἁγίοις· ξίφεσι γὰρ ἐκλιναν τοὺς αὐχένας, διὰ σὲ τὸν κλίναντα οὐρανοὺς καὶ καταβάντα, ἐξέχεαν τὸ αἷμα αὐτῶν, διὰ σὲ τὸν κενώσαντα ἑαυτόν, καὶ μορφὴν δούλου λαβόντα, ἐταπεινώθησαν ἕως θανάτου, τὴν πτωχείαν σου μιμούμενοι. Ὡν ταῖς εὐχαῖς,

From the Triodion.

Sticheron Idiomelon. Mode pl. 4.

Bring my soul out of prison to give thanks to Your name, O Lord. [SAAS]

O brethren, as we are fasting physically, let us also fast spiritually. Let us loose every bond of wrongdoing, and untie the knots of violent dealings. Let us tear apart every unjust contract. Let us give bread to the hungry, and bring the homeless poor into our homes; so that from Christ God we may receive the great mercy. [SD]

Sticheron Idiomelon. Mode pl. 4.

The righteous shall wait for me, until You reward me. [SAAS]

O brethren, as we are fasting physically, let us also fast spiritually. Let us loose every bond of wrongdoing, and untie the knots of violent dealings. Let us tear apart every unjust contract. Let us give bread to the hungry, and bring the homeless poor into our homes; so that from Christ God we may receive the great mercy. [SD]

For the Martyrs.

Mode pl. 4.

Out of the depths I have cried to You, O Lord; O Lord, hear my voice. [SAAS]

If there be virtue and if there be praise, it is fitting for the Martyrs; for they bowed their necks to the broadsword for You who bowed the heavens and descended. They spilled their blood for You who emptied yourself and took the form of a servant; and they let themselves be humbled, even unto death, in imitation of Your poverty. So, according to the multitude

κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου, ὁ Θεὸς ἐλέησον ἡμᾶς.

Στιχηρὰ Προσόμοια. Ποίημα Ἰωσήφ.

Ἦχος β'. Ὡς ὠράθης Χριστέ.

Γενηθήτω τὰ ὦτά σου προσέχοντα εἰς τὴν φωνὴν τῆς δεήσεώς μου.

Φεγγοβόλους ὑμᾶς, ὡς ἀστραπὰς εἰς πάντα Κόσμον, Ἰησοῦς ὁ νοητὸς ὄντως ἥλιος ἐξαποστείλας, ἀπεμείωσε ταῖς λαμπρότησι, τοῦ ὑμῶν ἐνθέου κηρύγματος, πλάνης τὸ σκότος, θεόπται Ἀπόστολοι, καὶ ἐφώτισε τοὺς ἐν ζόφῳ, τῆς ἀγνωσίας κεκρατημένους πονηρῶς, ὅνπερ ἐκδυσωπήσατε, καταπέμψαι καὶ ἡμῖν τὸν φωτισμόν, καὶ τὸ μέγα ἔλεος.

Ἦχος β'. Ὡς ὠράθης Χριστέ.

Ἐὰν ἀνομίας παρατηρήσης, Κύριε Κύριε, τίς ὑποστήσεται; ὅτι παρὰ σοὶ ὁ ἰλασμός ἐστιν.

Ἀρετῶν Ἡλιοῦ, προσεπιβὰς ἄρματι θείῳ, τῇ νηστείᾳ λαμπρυνθεὶς ἀνεφέρετο, ἐπὶ τὸ ὕψος τὸ οὐράνιον. Τοῦτον ζήλωσον, ταπεινὴ ψυχὴ μου καὶ νήστευσον, πάσης κακίας, καὶ φθόνου καὶ ἔριδος, καὶ τρυφῆς ἀπορρεούσης, καὶ ἐνεδόνου, ὅπως ὁδύνην χαλεπὴν ἐκφύγῃς, διαιωνίζουσιν, τῆς γεέννης ἐκβοῶσα τῷ Χριστῷ. Κύριε δόξα σοι.

Ἔτερον. Ποίημα Θεοδώρου.

Ἦχος πλ. α'. Ὅσιε Πάτερ.

Ἐνεκεν τοῦ ὀνόματός σου ὑπέμεινά σε, Κύριε, ὑπέμεινεν ἡ ψυχὴ μου εἰς τὸν λόγον σου. Ἦλπισεν ἡ ψυχὴ μου ἐπὶ τὸν Κύριον.

Ἀπόστολοι θεῖοι, τοῦ Κόσμου θερμότατοι πρεσβευταί, καὶ τῶν ὀρθοδόξων προασπισταί, ἔχοντες παρρησίας τὸ κράτος, πρὸς Χριστὸν τὸν Θεὸν ἡμῶν, ὑπὲρ ἡμῶν

of Your tender mercies, through their prayers, O God, have mercy on us. [SD]

Stichera Prosomia. By Joseph.

Mode 2. (not metered)

Let Your ears be attentive to the voice of my supplication. [SAAS]

O Apostles and eye-witnesses of God, you were sent into all the world as shining flashes of lightning, by Jesus, the noetic sun. He diminished the darkness of error, by the rays of your divine doctrines; and He enlightened those who were maliciously held as prisoners in the gloom of ignorance. We pray you to entreat Him to grant us illumination and the great mercy. [SD]

Mode 2. (not metered)

If You, O Lord, should mark transgression, O Lord, who would stand? For there is forgiveness with You. [SAAS]

By fasting, Elias was made to shine; and he boarded the divine chariot of the virtues and was carried up to the heavenly height. Emulate him, O my humble soul, and fast, and abstain from all manner of malice, and envy, and strife, and fleeting revelry and pleasure; so as to escape the everlasting torment of the fires of gehenna. And now cry aloud to Christ, "O Lord, glory to You!" [SD]

Another. By Theodore.

Mode pl. 1. Devout and God-bearing father.

Because of Your law, O Lord, I waited for You; my soul waited for Your word. My soul hopes in the Lord. [SAAS]

Divine Apostles, * you fervently intercede for the world, * you are the defenders of the Orthodox. * Since by your close access you are mighty * in your prayers to Christ our

αἰτήσασθε, δεόμεθα πανσεβάσμιοι, ἵνα τῶν
Νηστειῶν, τὸν ἀγαθὸν καιρὸν, εὐμαρῶς
ποιησώμεθα, καὶ τῆς ὁμοουσίου Τριάδος,
τὴν χάριν δεξώμεθα. Μεγαλοκήρυκες
ἔνδοξοι, εὐχέσθε ὑπὲρ τῶν ψυχῶν ἡμῶν.

Στιχηρὰ τοῦ Μηναίου.

Τοῦ Μηναίου ---

Ἦχος β΄. Ὅτε ἐκ τοῦ ξύλου.

Ἀπὸ φυλακῆς πρωΐας μέχρι νυκτός· ἀπὸ
φυλακῆς πρωΐας ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν
Κύριον.

Νεύσει καὶ ἀγάπη, ἀληθεῖ, κόσμον
ἀρνησάμενος Πάτερ, ἐκ βρέφους Ὅσιε,
χαίρων ἠκολούθησας, τῷ σταυρωθέντι
Χριστῷ, καὶ πολλοῖς ἀγωνίσμασι, τὴν
σάρκα νεκρώσας, χάριν τῶν ἰάσεων,
πλουσίως ἔλαβες, παύειν ἀσθενείας
ποικίλας, καὶ τῆς πονηρίας διώκειν,
πνεύματα μεγάλως θαυμαζόμενος.

Ὅτι παρὰ τῷ Κυρίῳ τὸ ἔλεος καὶ πολλή
παρ' αὐτῷ λύτρωσις, καὶ αὐτὸς λυτρώσεται
τὸν Ἰσραὴλ ἐκ πασῶν τῶν ἀνομιῶν αὐτοῦ.

Νεύσει καὶ ἀγάπη, ἀληθεῖ, κόσμον
ἀρνησάμενος Πάτερ, ἐκ βρέφους Ὅσιε,
χαίρων ἠκολούθησας, τῷ σταυρωθέντι
Χριστῷ, καὶ πολλοῖς ἀγωνίσμασι, τὴν
σάρκα νεκρώσας, χάριν τῶν ἰάσεων,
πλουσίως ἔλαβες, παύειν ἀσθενείας
ποικίλας, καὶ τῆς πονηρίας διώκειν,
πνεύματα μεγάλως θαυμαζόμενος.

Αἰνεῖτε τὸν Κύριον, πάντα τὰ ἔθνη,
ἐπαινέσατε αὐτόν, πάντες οἱ λαοί.

Κόσμος, γεγωνὺς τῶν Μοναστῶν,
ἤθροισας ἀνείκαστον πλῆθος, ὑμνεῖν
τὸν Κύριον, Ὅσιε Πατὴρ ἡμῶν, καὶ πρὸς

God, * we pray you who are praised by all: *
Entreat the Lord on our behalf, * that He grant
us easily * to accomplish the beneficial time
of the lenten fast, * and that we may receive
the grace of the consubstantial Trinity. * O
great and glorious preachers, * pray for the
salvation of our souls. [SD]

Stichera from the Menaion.

From Menaion ---

Mode 2. N/M (Joseph took You.)

From the morning watch until night; from the
morning watch until night, let Israel hope in the
Lord. [SAAS]

Father, you denied the world from your
youth./You were joyful with true faith and
love/as you followed the crucified Christ!/
You mortified your flesh through many tasks
of obedience/and received richly the gift
of healing:/You alleviated various illnesses
and drove out evil spirits//to their great
astonishment! [OCA]

For with the Lord there is mercy, and with
Him is abundant redemption; and He shall redeem
Israel from all his transgressions. [SAAS]

Father, you denied the world from your
youth./You were joyful with true faith and
love/as you followed the crucified Christ!/
You mortified your flesh through many tasks
of obedience/and received richly the gift
of healing:/You alleviated various illnesses
and drove out evil spirits//to their great
astonishment! [OCA]

Praise the Lord, all you Gentiles; praise Him,
all you peoples. [SAAS]

You were the adornment of monastics,
Benedict,/assembling a countless multitude
to hymn the Lord./You guided the steps of all

οὐράνιον, πάντας τρίβον ὠδήγησας,
καλῶς ἐπομένους, θείοις σου διδάγμασι,
καὶ μιμουμένους σου, βίον τὸν ἐνάρετον
μάκαρ, οὓς καὶ πάλιν ἅμα συνῆξας, ἐν τῇ
μεταστάσει σου Βενέδικτε.

Ὅτι ἐκραταιώθη τὸ ἔλεος αὐτοῦ ἐφ’
ἡμᾶς, καὶ ἡ ἀλήθεια τοῦ Κυρίου μένει εἰς τὸν
αἰῶνα.

Πάλαι ὡς Ἡλίας ὑετούς, Πάτερ
οὐρανόθεν ἐντεύξει, θεία κατήγαγες·
βλύζειν δὲ τὸ ἔλαιον, ἄγγος ἐποίησας,
καὶ νεκρὸν ἐξανέστησας, καὶ ἄλλα μυρία,
θαύματα ἐτέλεσας, εἰς δόξαν Ὅσιε, πάντως
τοῦ Θεοῦ καὶ Σωτῆρος· ὅθεν σου τὴν ἔνθεον
μνήμην, πόθω ἐορτάζομεν Βενέδικτε.

Δόξα· καὶ νῦν. **Θεοτοκίον.**

Ἦχος β’. Ὅτε ἐκ τοῦ ξύλου.

Στήσον τοῦ νοός μου ἐκτροπᾶς, καὶ τὰς
τῶν αἰσθήσεων πλάνας, καὶ τὰ ἰνδάλματα,
τέλεον ἐξάλειψον, τῶν ψυχοψθόρων
παθῶν, καὶ ψυχῆς μου τὸν τάραχον,
κατεύνασον Κόρη, ἵνα μεγαλύνω σου, τὴν
ἀγαθότητα· σὲ γὰρ τῆς ζωῆς μου ἀπάσης,
κέκτημαι προστάτιν Παρθένε, καὶ τῆς
ἀσθενείας μου βοήθειαν.

ΔΙΑΚΟΝΟΣ

(χαμηλοφώνως)

Τοῦ Κυρίου δεηθῶμεν.

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ ΤΗΣ ΕΙΣΟΔΟΥ

Ἐσπέρας καὶ πρωῒ καὶ μεσημβρίας, αἰνοῦμεν,
εὐλογοῦμεν, εὐχαριστοῦμεν καὶ δεόμεθά σου,
Δέσποτα τῶν ἀπάντων, Φιλάνθρωπε, Κύριε.
Κατεύθυνον τὴν προσευχὴν ἡμῶν, ὡς θυμίαμα
ἐνώπιόν σου καὶ μὴ ἐκκλίνης τὰς καρδίας ἡμῶν εἰς

to heaven/who rightly followed your divine
teachings/and imitated your virtuous life,
Father!/With them, we fittingly honor you, //
rejoicing in your dormition. [OCA]

*For His mercy rules over us; and the truth of
the Lord endures forever. [SAAS]*

You called down rain from the skies,
Father, by your divine prayers,/like Elijah of
old!/You caused a vessel to pour forth with
oil, venerable one;/you raised the dead and
worked many other miracles/to the glory of
the God and Savior of all!//Therefore with
love we celebrate your glorious memory,
Benedict! [OCA]

Glory. Both now. **Theotokion.**

Mode 2. *Joseph took You down.*

Stop all the distractions of my mind * and
the wandering of my senses; erase completely
from me * images the soul-corrupting
passions printed in me, * Virgin Maiden, and
calm my soul * from every disturbance, * so
that I may magnify your care and goodness
towards me. * You, O Theotokos and Virgin,
* are throughout my life my protectress * and
you are my help in my infirmity. [SD]

DEACON

(in a low voice)

Let us pray to the Lord.

PRIEST (in a low voice)

Prayer of the Entrance

At evening, at morning and at midday we praise,
bless and give thanks, and we pray to you, Master of
all things, Lord who love mankind: Direct our prayer
before you like incense, and do not incline our hearts to
words or thoughts of evil, but deliver us from all that

λόγους, ἢ εἰς λογισμοὺς πονηρίας, ἀλλὰ ῥῦσαι ἡμᾶς
ἐκ πάντων τῶν θηρευόντων τὰς ψυχὰς ἡμῶν· ὅτι
πρὸς σέ, Κύριε, Κύριε, οἱ ὀφθαλμοὶ ἡμῶν, καὶ ἐπὶ σοὶ
ἠλπίσαμεν· μὴ κατασχύνης ἡμᾶς, ὁ Θεὸς ἡμῶν.

ΔΙΑΚΟΝΟΣ

Σοφία. Ὁρθοί.

ΑΝΑΓΝΩΣΤΗΣ

Φῶς ἱλαρὸν ἀγίας δόξης, ἀθανάτου
Πατρός, οὐρανίου, ἀγίου, μάκαρος, Ἰησοῦ
Χριστέ, ἐλθόντες ἐπὶ τὴν ἡλίου δύσιν,
ιδόντες φῶς ἐσπερινόν, ὑμνοῦμεν Πατέρα,
Υἱόν, καὶ ἅγιον Πνεῦμα Θεόν. Ἄξιόν σε ἐν
πᾶσι καιροῖς, ὑμνεῖσθαι φωναῖς αἰσίαις,
Υἱὲ Θεοῦ, ζωὴν ὁ διδούς· * διὸ ὁ κόσμος σε
δοξάζει.

Τὰ Ἀναγνώσματα

ΙΕΡΕΥΣ

Ἐσπέρας...

Τοῦ Τριωδίου ---

ΑΝΑΓΝΩΣΤΗΣ

Προκεείμενον. Ἦχος πλ. α΄.
Ψαλμὸς ΙΑ΄ (11).

Σύ, Κύριε, φυλάξαις ἡμᾶς καὶ
διατηρήσαις ἡμᾶς.

Σῶσον με, Κύριε, ὅτι ἐκλέλοιπεν ὁσῖος.

Γενέσεως τὸ ἀνάγνωσμα.

ΙΕΡΕΥΣ

Σοφία. Πρόσχωμεν.

ΑΝΑΓΝΩΣΤΗΣ

Κεφ. Α΄, 24 - Β΄, 3

Εἶπεν ὁ Θεός· Ἐξαγαγέτω ἡ γῆ ψυχὴν
ζῶσαν κατὰ γένος, τετράποδα, καὶ
ἐρπετά, καὶ θηρία τῆς γῆς, κατὰ γένος,
καὶ ἐγένετο οὕτω. Καὶ ἐποίησεν ὁ Θεὸς
τὰ θηρία τῆς γῆς, κατὰ γένος αὐτῶν,
καὶ τὰ κτήνη, κατὰ γένος αὐτῶν, καὶ
πάντα τὰ ἐρπετά τῆς γῆς, κατὰ γένος

hunt down our souls. For our eyes look to you, O Lord,
our Lord, and we have hoped in you.

DEACON

Wisdom. Arise.

READER

Gladsome light of holy glory of the holy,
blessed, heavenly, immortal Father, O Jesus
Christ: arriving at the hour of sunset and
having seen the evening light, we praise the
Father, Son, and Holy Spirit, God. It is worthy
for You to be praised at all times with happy
voices, O Son of God and Giver of life; * and
therefore the world glorifies You.

The Readings

PRIEST

The evening...

From Triodion ---

READER

Prokeimenon. Mode pl. 1.
Psalm 11 (12).

You shall guard us, O Lord; You shall
preserve us.

Save me, O Lord, for the holy man has ceased.

[SAAS]

The reading is from the book of Genesis.

PRIEST

Wisdom. Let us be attentive.

READER

1:24-31, 2:1-3

Then God said, "Let the earth bring forth
the living creature according to its kind: the
quadrupeds, the creeping things, and the wild
animals of the earth according to their kind."
It was so. So God made the wild animals of
the earth according to their kind, the cattle
according to their kind, and all the creeping

αὐτῶν. Καὶ εἶδεν ὁ Θεὸς ὅτι καλὰ. Καὶ εἶπεν ὁ Θεός· Ποιήσωμεν ἄνθρωπον, κατ' εἰκόνα ἡμετέραν, καὶ καθ' ὁμοίωσιν, καὶ ἀρχέτωσαν τῶν ἰχθύων τῆς θαλάσσης, καὶ τῶν πετεινῶν τοῦ οὐρανοῦ, καὶ τῶν κτηνῶν, καὶ πάσης τῆς γῆς, καὶ πάντων τῶν ἔρπετῶν, τῶν ἔρπόντων ἐπὶ τῆς γῆς. Καὶ ἐποίησεν ὁ Θεὸς τὸν ἄνθρωπον, κατ' εἰκόνα Θεοῦ ἐποίησεν αὐτόν, ἄρσεν καὶ θῆλυ ἐποίησεν αὐτούς. Καὶ εὐλόγησεν αὐτούς ὁ Θεός, λέγων· Αὐξάνεσθε, καὶ πληθύνεσθε, καὶ πληρώσατε τὴν γῆν, καὶ κατακυριεύσατε αὐτῆς, καὶ ἄρχετε τῶν ἰχθύων τῆς θαλάσσης, καὶ τῶν πετεινῶν τοῦ οὐρανοῦ καὶ πάντων τῶν κτηνῶν, καὶ πάσης τῆς γῆς, καὶ πάντων τῶν ἔρπετῶν, τῶν ἔρπόντων ἐπὶ τῆς γῆς. Καὶ εἶπεν ὁ Θεός· ἰδοὺ δέδωκα ὑμῖν πάντα χόρτον σπόριμον σπεῖρον σπέρμα, ὃ ἐστὶν ἐπάνω πάσης τῆς γῆς, καὶ πᾶν ξύλον, ὃ ἔχει ἐν ἑαυτῷ καρπὸν σπέρματος σπορίμου, ὑμῖν ἔσται εἰς βρῶσιν, καὶ πᾶσι τοῖς θηρίοις τῆς γῆς, καὶ πᾶσι τοῖς πετεινοῖς τοῦ οὐρανοῦ, καὶ παντὶ ἔρπετῷ ἔρποντι ἐπὶ τῆς γῆς, ὃ ἔχει ἐν ἑαυτῷ πνοὴν ζωῆς, καὶ πάντα χόρτον χλωρὸν εἰς βρῶσιν. Καὶ ἐγένετο οὕτω. Καὶ εἶδεν ὁ Θεὸς τὰ πάντα, ὅσα ἐποίησε. καὶ ἰδοὺ, καλὰ λίαν. Καὶ ἐγένετο ἑσπέρα, καὶ ἐγένετο πρωΐ, ἡμέρα ἕκτη. Καὶ συνετελέσθησαν ὁ οὐρανὸς καὶ ἡ γῆ, καὶ πᾶς ὁ κόσμος αὐτῶν. Καὶ συνετέλεσεν ὁ Θεὸς ἐν τῇ ἡμέρᾳ τῇ ἕκτῃ τὰ ἔργα αὐτοῦ, ἃ ἐποίησε, καὶ κατέπαυσεν ὁ Θεὸς ἐν τῇ ἡμέρᾳ τῇ ἑβδόμῃ ἀπὸ πάντων τῶν ἔργων αὐτοῦ, ὧν ἐποίησε. Καὶ εὐλόγησεν ὁ Θεὸς τὴν ἡμέραν τὴν ἑβδόμην, καὶ ἡγίασεν αὐτήν, ὅτι ἐν αὐτῇ κατέπαυσεν ἀπὸ πάντων τῶν ἔργων αὐτοῦ, ὧν ἤρξατο ὁ Θεὸς ποιῆσαι.

things on earth according to their kind. God saw that it was good. Then God said, "Let Us make man in Our image, according to Our likeness. Let them have dominion over the fish of the sea, over the birds of heaven, over the cattle, and over all the earth, and over every creeping thing that moves on the earth." So God made man; in the image of God He made him; male and female He made them. Then God blessed them; and God said to them, "Be fruitful and multiply; fill the earth and subdue it, and have dominion over the fish of the sea, over the birds of heaven, and over every living thing that moves on the earth." Then God said, "Behold, I have given you every seed-bearing herb that sows seed on the face of all the earth, and every tree whose fruit yields seed; to you it shall be for food. I also give every green plant as food for all the wild animals of the earth, for all the birds of heaven, and for everything that creeps on the earth in which is the breath of life." It was so. Then God saw everything He had made, and indeed, it was very good. So evening and morning were the sixth day. Thus heaven and earth and all their adornment were finished. And on the seventh day God finished the works He made, and He rested on the seventh day from all the works He made. Then God blessed the seventh day and sanctified it, because in it He rested from all His works God began to make. [SAAS]

Προκείμενον. Ἦχος πλ. β'.

Ψαλμός IB' (12).

Ἐπίβλεψον, εἰσάκουσόν μου, Κύριε ὁ
Θεός μου.

Ἔως πότε, Κύριε, ἐπιλήση μου εἰς τέλος;

(ἐμμελῶς)

Κέλευσον.

ΙΕΡΕΥΣ

Σοφία. Ὁρθοί. Φῶς Χριστοῦ φαίνει πᾶσι.

ΑΝΑΓΝΩΣΤΗΣ

Παροιμιῶν τὸ ἀνάγνωσμα.

ΙΕΡΕΥΣ

Σοφία. Πρόσχωμεν.

ΑΝΑΓΝΩΣΤΗΣ

Κεφ. Β', 1-22

Υἱέ, ἐὰν δεξάμενος ῥῆσιν ἐμῆς ἐντολῆς,
κρύψῃς παρὰ σεαυτῶ, ἐπακούσεται σοφίας
τὸ οὖς σου, καὶ παραβαλεῖς καρδίαν σου
εἰς σύνεσιν· παραβαλεῖς δὲ αὐτὴν εἰς
νουθέτησιν τῷ υἱῷ σου. Ἐὰν γὰρ τὴν
σοφίαν ἐπικαλέσῃ, καὶ τῇ συνέσει δῶς
φωνήν σου, καὶ ἐὰν ζητήσῃς αὐτὴν ὡς
ἀργύριον, καὶ ὡς θησαυρὸν ἐξερευνήσῃς
αὐτήν, τότε συνήσεις φόβον Κυρίου, καὶ
ἐπίγνωσιν Θεοῦ εὐρήσεις, ὅτι Κύριος
δίδωσι σοφίαν, καὶ ἀπὸ προσώπου αὐτοῦ
γνώσις καὶ σύνεσις. Καὶ θησαυρίζει τοῖς
κατορθοῦσι σωτηρίαν, ὑπερασπιεῖ δὲ τὴν
πορείαν αὐτῶν, τοῦ φυλάξασθαι ὁδοὺς
δικαιωμάτων. καὶ ὁδὸν εὐλαβουμένων
αὐτὸν διαφυλάξει. Τότε συνήσεις
δικαιοσύνην καὶ κρῖμα, καὶ κατορθώσεις
πάντας ἄξονας ἀγαθούς. Ἐὰν γὰρ ἔλθῃ
ἡ σοφία εἰς σὴν διάνοιαν, ἡ δὲ αἴσθησις

Prokeimenon. Mode pl. 2.

Psalms 12 (13).

Look upon me and hear me, O Lord my
God.

*How long, O Lord? Will You forget me to the
end?* [SAAS]

(sung)

Command!

PRIEST

Wisdom. Arise. The light of Christ shines
upon all.

READER

The reading is from the Proverbs of
Solomon.

PRIEST

Wisdom. Let us be attentive.

READER

2:1-23

My son, if you receive the words of
my commandment and hide them within
yourself, your ear will be obedient to
wisdom, and you will incline your heart
to understanding; you will entrust it to
your son as an admonition. For if he calls
upon wisdom, and you utter your voice
for understanding; if you seek perception
with a strong voice, if you seek her as silver
and search for her as treasure, then you
will understand the fear of the Lord and
find the knowledge of God. For the Lord
gives wisdom, and from His face come
knowledge and understanding; and He stores
up salvation for the upright; He will protect
their journey, that He might guard the ways
of His ordinances; and He will carefully
guard the way of those who reverence Him.
Then you will understand righteousness and

τῇ σῇ ψυχῇ καλὴ εἶναι δόξη, βουλὴ καλὴ φυλάξει σε· ἔννοια δὲ ὅσια τηρήσει σε, ἵνα ῥύσηταί σε ἀπὸ ὁδοῦ κακῆς, καὶ ἀπὸ ἀνδρὸς λαλοῦντος μηδὲν πιστόν. Ὡ οἱ ἐγκαταλείποντες ὁδοὺς εὐθείας, τοῦ πορευθῆναι ἐν ὁδοῖς σκότους! Ὡ οἱ εὐφραινόμενοι ἐπὶ κακοῖς, καὶ χαίροντες ἐπὶ διαστροφή κακῇ! ὦν αἱ τρίβοι σκολιαί, καὶ καμπύλαι αἱ τροχιαὶ αὐτῶν, τοῦ μακρὰν σε ποιῆσαι ἀπὸ ὁδοῦ εὐθείας, καὶ ἀλλότριον τῆς δικαίας γνώμης. Υἱέ, μὴ σε καταλάβῃ βουλὴ κακὴ, ἢ ἀπολείπουσα διδασκαλίαν νεότητος, καὶ διαθήκην θείαν ἐπιλελησμένη· ἔθετο γὰρ παρὰ τῷ θανάτῳ τὸν οἶκον αὐτῆς, καὶ παρὰ τῷ Ἄιδῃ μετὰ τῶν γηγενῶν τοὺς ἄξονας, αὐτῆς. Πάντες οἱ πορευόμενοι ἐν αὐτῇ οὐκ ἀναστρέψουσιν, οὐδὲ μὴ καταλάβωσι τρίβους εὐθείας· οὐ γὰρ καταλαμβάνονται ὑπὸ ἐνιαυτῶν ζωῆς. Εἰ γὰρ ἐπορεύοντο τρίβους ἀγαθὰς, εὕροσαν ἂν τρίβους τὰς τῶν δικαίων, λείας. Χρηστοὶ ἔσονται οἰκήτορες γῆς, ἄκακοι δὲ ὑπολειφθήσονται ἐν αὐτῇ, ὅτι εὐθεῖς κατασκηνώσουσι γῆν, καὶ ὅσοι ὑπολειφθήσονται ἐν αὐτῇ. Ὅδοι ἀσεβῶν ἐκ γῆς ὀλοῦνται, οἱ δὲ παράνομοι ἐξολοθρευθήσονται ἀπ' αὐτῆς.

ΙΕΡΕΥΣ

Κατευθυνθήτω ἡ προσευχή μου, ὡς θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν μου θυσία ἐσπερινή.

Κύριε ἐκέκραξα πρὸς σέ, εἰσάκουσόν μου, εἰσάκουσόν μου, Κύριε. Κύριε, ἐκέκραξα πρὸς

judgment, and accomplish successfully every good path for yourself. For if wisdom comes into your mind, and the perception in your soul seems to be good, then good counsel will guard you, and holy thinking will keep you; that it might rescue you from an evil way and from a man who speaks nothing trustworthy. Woe to those who forsake the paths of uprightness so they may walk in the ways of darkness, who delight in evils and rejoice in evil perversion, whose ways are crooked and their paths devious, so they may cause you to be far from the straight way and a stranger to righteous judgment. My son, do not lay hold of evil counsel, nor forsake the teaching of your youth and forget the divine covenant; for it establishes its house with death, and its paths beside Hades with the dead; all who journey there do not return, nor do they lay hold of straight paths; for they do not comprehend the years of life. For if they walked in good paths, they would find the smooth paths of righteousness. The inhabitants of the land will be good, and the simple will be left in it; for the upright will dwell in the land, and the holy will be left in it. The ways of the ungodly shall perish from the land, and the lawless shall be banished from it. [SAAS]

PRIEST

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice. [SAAS]

Lord, I have cried to You; hear me. Hear me, O Lord. Lord, I have cried to You; hear me. Give

σέ, εἰσάκουσόν μου· πρόσχες τῇ φωνῇ τῆς
δεήσεώς μου, ἐν τῷ κεκραγέναι με πρὸς σέ.

ΧΟΡΟΣ

Κατευθυνθήτω ἡ προσευχή μου, ὡς
θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν
μου θυσία ἔσπερινή.

ΙΕΡΕΥΣ

Θοῦ, Κύριε, φυλακὴν τῷ στόματί μου, καὶ
θύραν περιοχῆς περὶ τὰ χεῖλη μου.

ΧΟΡΟΣ

Κατευθυνθήτω ἡ προσευχή μου, ὡς
θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν
μου θυσία ἔσπερινή.

ΙΕΡΕΥΣ

Μὴ ἐκκλίνης τὴν καρδίαν μου εἰς λόγους
πονηρίας, τοῦ προφασίζεσθαι προφάσεις ἐν
ἀμαρτίαις.

ΧΟΡΟΣ

Κατευθυνθήτω ἡ προσευχή μου, ὡς
θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν
μου θυσία ἔσπερινή.

ΙΕΡΕΥΣ

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

ΧΟΡΟΣ

Κατευθυνθήτω ἡ προσευχή μου, ὡς
θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν
μου θυσία ἔσπερινή.

ΙΕΡΕΥΣ

Κατευθυνθήτω ἡ προσευχή μου, ὡς
θυμίαμα ἐνώπιόν σου.

ΧΟΡΟΣ

Ἐπαρσις τῶν χειρῶν μου θυσία ἔσπερινή.

*heed to the voice of my supplication when I cry to
You. [SAAS]*

CHOIR

Let my prayer be set forth before You
as incense, the lifting up of my hands as the
evening sacrifice.

PRIEST

*Set a watch, O Lord, before my mouth, a door
of enclosure about my lips. [SAAS]*

CHOIR

Let my prayer be set forth before You
as incense, the lifting up of my hands as the
evening sacrifice.

PRIEST

*Incline not my heart to evil words, to make
excuses in sins. [SAAS]*

CHOIR

Let my prayer be set forth before You
as incense, the lifting up of my hands as the
evening sacrifice.

PRIEST

*Glory to the Father and the Son and the Holy
Spirit. Both now and ever and to the ages of ages.
Amen.*

CHOIR

Let my prayer be set forth before You
as incense, the lifting up of my hands as the
evening sacrifice.

PRIEST

Let my prayer be set forth before You as
incense.

CHOIR

The lifting up of my hands as the evening
sacrifice. [SAAS]

ΔΙΑΚΟΝΟΣ

Εἵπωμεν πάντες ἐξ ὅλης τῆς ψυχῆς καὶ ἐξ ὅλης τῆς διανοίας ἡμῶν εἵπωμεν.

(Κύριε, ἐλέησον.)

Κύριε παντοκράτορ ὁ Θεὸς τῶν πατέρων ἡμῶν, δεόμεθά Σου, ἐπάκουσον καὶ ἐλέησον.

(Κύριε, ἐλέησον.)

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα ἔλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ ἐλέησον.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἦτι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἦτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

Κύριε ὁ Θεὸς ἡμῶν, τὴν ἐκτενὴ ταύτην ἱκεσίαν πρόσδεξαι παρὰ τῶν σῶν δούλων καὶ ἐλέησον ἡμᾶς κατὰ τὸ πλῆθος τοῦ ἔλεους σου, καὶ τοὺς οἰκτιρμούς σου κατὰπεμψον ἐφ' ἡμᾶς, καὶ ἐπὶ πάντα τὸν λαόν σου, ἀπεκδεχόμενον τὸ παρὰ σοῦ μέγα καὶ πλούσιον ἔλεος.

ΙΕΡΕΥΣ

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

DEACON

Let us all say with all our soul and with all our mind, let us all say.

(Lord, have mercy.)

Lord almighty, God of our fathers, we pray You, hear us and have mercy.

(Lord, have mercy.)

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST (in a low voice)

Lord our God, accept this fervent supplication from Your servants, and have mercy on us in accordance with the abundance of Your mercy, and send down Your compassion upon us and upon all Your people who await Your great and rich mercy.

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

ΔΙΑΚΟΝΟΣ

Εὐξασθε οἱ Κατηχούμενοι τῷ Κυρίῳ.

(Κύριε, ἐλέησον.)

Οἱ πιστοί, ὑπὲρ τῶν Κατηχουμένων
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἵνα ὁ Κύριος αὐτοὺς ἐλεήσῃ.

(Κύριε, ἐλέησον.)

Κατηχήσῃ αὐτοὺς τὸν λόγον τῆς
ἀληθείας.

(Κύριε, ἐλέησον.)

Ἀποκαλύψῃ αὐτοῖς τὸ Εὐαγγέλιον τῆς
δικαιοσύνης.

(Κύριε, ἐλέησον.)

Ἐνώσῃ αὐτοὺς τῇ ἀγίᾳ αὐτοῦ Καθολικῇ
καὶ Ἀποστολικῇ Ἐκκλησίᾳ.

(Κύριε, ἐλέησον.)

Σῶσον, ἐλέησον, ἀντιλαβοῦ, καὶ
διαφύλαξον αὐτούς, ὁ Θεός, τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Οἱ Κατηχούμενοι τὰς κεφαλὰς ὑμῶν τῷ
Κυρίῳ κλίνατε.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ ΤΩΝ ΚΑΤΗΧΟΥΜΕΝΩΝ

Ὁ Θεός, ὁ Θεὸς ἡμῶν, ὁ κτίστης καὶ δημιουργὸς
τῶν πάντων, ὁ πάντας θέλων σωθῆναι καὶ εἰς
ἐπίγνωσιν ἀληθείας ἐλθεῖν, ἐπίβλεψον ἐπὶ τοὺς
δούλους σου τοὺς Κατηχουμένους, καὶ λύτρωσαι
αὐτοὺς τῆς παλαιᾶς πλάνης καὶ τῆς μεθοδείας
τοῦ ἀντικειμένου, καὶ προσκάλεσαι αὐτοὺς εἰς τὴν
ζωὴν τὴν αἰώνιον. Φωτίζων αὐτῶν τὰς ψυχὰς καὶ τὰ
σώματα, καὶ συγκαταριθμῶν αὐτοὺς τῇ λογικῇ σου
ποιμνῇ, ἐφ' ἣν τὸ ὄνομά σου τὸ ἅγιον ἐπικέκληται.

DEACON

Catechumens, pray to the Lord.

(Lord, have mercy.)

Let us, the faithful, pray for the
catechumens.

(Lord, have mercy.)

That the Lord will have mercy on them.

(Lord, have mercy.)

That He will teach them the word of
truth.

(Lord, have mercy.)

That He will reveal to them the gospel of
righteousness.

(Lord, have mercy.)

That He will unite them to His holy,
catholic, and apostolic Church.

(Lord, have mercy.)

Save them, have mercy on them, help
them, and protect them, O God, by Your
grace.

(Lord, have mercy.)

Catechumens, bow your heads to the
Lord.

(To You, O Lord.)

PRIEST (in a low voice)

PRAYER OF THE CATECHUMENS

O God, our God, creator and maker of all, You
wish all to be saved and to come to the knowledge of
the truth. Look upon your servants, the catechumens,
and free them from the old error and the devices of the
adversary, and call them to life eternal, illumining their
souls and bodies, and numbering them among Your
rational flock over whom Your holy name is invoked.

ΙΕΡΕΥΣ

Ἵνα καὶ αὐτοὶ σὺν ἡμῖν δοξάζωσι τὸ πάντιμον καὶ μεγαλοπρεπὲς ὄνομά σου, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(*Ἀμήν.*)

ΔΙΑΚΟΝΟΣ

Ὅσοι Κατηχούμενοι, προέλθετε. Οἱ Κατηχούμενοι, προέλθετε. Ὅσοι Κατηχούμενοι, προέλθετε· μή τις τῶν Κατηχουμένων. Ὅσοι πιστοί, ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι. Σοφία.

(*Κύριε, ἐλέησον.*)

ΙΕΡΕΥΣ (*χαμηλοφώνως*)

ΕΥΧΗ Α' ΤΩΝ ΠΙΣΤΩΝ

Ὁ Θεός, ὁ μέγας καὶ αἰνετός, ὁ τῷ ζωοποιῷ τοῦ Χριστοῦ σου θανάτῳ εἰς ἀφθαρσίαν ἡμᾶς ἐκ φθορᾶς μεταστήσας, σὺ πάσας ἡμῶν τὰς αἰσθήσεις τῆς ἐμπαθοῦς νεκρώσεως ἐλευθέρωσον, ἀγαθὸν ταύταις ἡγεμόνα τὸν ἔνδοθεν λογισμὸν ἐπιστήσας, καὶ ὀφθαλμὸς μὲν ἀπέστω παντὸς πονηροῦ βλέμματος, ἀκοὴ δὲ λόγοις ἀργοῖς ἀνεπίβατος, ἡ δὲ γλῶσσα καθαρυνέτω ῥημάτων ἀπρεπῶν. Ἀγνισον ἡμῶν τὰ χεῖλη, τὰ αἰνοῦντά σε, Κύριε, τὰς χεῖρας ἡμῶν ποιήσον, τῶν μὲν φαύλων ἀπέχεσθαι πράξεων, ἐνεργεῖν δὲ μόνα τὰ σοὶ εὐάρεστα, πάντα ἡμῶν τὰ μέλη, καὶ τὴν διάνοιαν, τῇ σῇ κατασφαλιζόμενος χάριτι.

ΙΕΡΕΥΣ

Ὅτι πρέπει σοὶ πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(*Ἀμήν.*)

PRIEST

So that with us they also may glorify Your most honorable and majestic name, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(*Amen.*)

DEACON

Those who are catechumens, depart, catechumens depart. All those who are catechumens, depart. Let none of the catechumens remain. Again and again, in peace, let all of us, the faithful, pray to the Lord.

(*Lord, have mercy.*)

Help us, save us, have mercy on us, and protect us, O God, by Your grace. Wisdom.

(*Lord, have mercy.*)

PRIEST (*in a low voice*)

FIRST PRAYER OF THE FAITHFUL

O God, great and praiseworthy, who through the life-giving death of Your Christ brought us from corruption to incorruption. Set free all our senses from deadly passions, setting over them as a good guide the understanding that is within us. Let our eyes abstain from evil sights; our hearing from idle talk; and our tongue cleansed from unsuitable speech. Purify our lips that sing Your praises, O Lord. Let our hands abstain from evil acts and produce only works that are pleasing to You, safeguarding by Your grace all our limbs and mind.

PRIEST

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(*Amen.*)

ΔΙΑΚΟΝΟΣ

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.
Σοφία.

(Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ Β' ΤΩΝ ΠΙΣΤΩΝ

Δέσποτα Ἄγιε, ὑπεράγαθε, δυσωποῦμέν σε,
τὸν ἐν ἐλέει πλούσιον, ἱλεων γενέσθαι ἡμῖν τοῖς
ἀμαρτωλοῖς, καὶ ἀξιούς ἡμᾶς ποιῆσαι τῆς ὑποδοχῆς
τοῦ μονογενοῦς σου Υἱοῦ, καὶ Θεοῦ ἡμῶν, τοῦ
Βασιλέως τῆς δόξης. Ἴδου γὰρ τὸ ἄχραντον αὐτοῦ
Σῶμα, καὶ τὸ ζωοποιὸν Αἷμα, κατὰ τὴν παροῦσαν
ὥραν εἰσπορευόμενα, τῇ μυστικῇ ταύτῃ προτίθεσθαι
μέλλει Τραπέζῃ, ὑπὸ πλήθους στρατιᾶς οὐρανοῦ
ἀοράτως δορυφορούμενα, ὧν τὴν μετάληψιν
ἀκατάκριτον ἡμῖν δώρησαι, ἵνα, δι' Αὐτῶν τὸ τῆς
διανοίας ὄμμα καταυγαζόμενοι, υἱοὶ φωτός καὶ
ἡμέρας γενώμεθα.

ΙΕΡΕΥΣ

Κατὰ τὴν δωρεὰν τοῦ Χριστοῦ σου,
μεθ' οὗ εὐλογητὸς εἶ σὺν τῷ παναγίῳ, καὶ
ἀγαθῷ, καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ
ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

ΤΟ ΧΕΡΟΥΒΙΚΟΝ

Νῦν αἱ Δυνάμεις τῶν οὐρανῶν σὺν
ἡμῖν ἀοράτως λατρεύουσιν. Ἴδου γὰρ
εἰσπορεύεται ὁ Βασιλεὺς τῆς δόξης.

ΙΕΡΕΥΣ (χαμηλοφώνως)

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ
σῶσον ἡμᾶς.

DEACON

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace. Wisdom.

(Lord, have mercy.)

PRIEST (in a low voice)

SECOND PRAYER OF THE FAITHFUL

Holy and exceedingly good Master, we beseech
You who are rich in mercy: be gracious with us sinners,
and make us worthy of receiving Your only-begotten
Son and our God, the King of glory. For behold, His
most-pure body and life-giving blood, entering at this
hour, are to be placed on this mystical Table, invisibly
escorted by a multitude of unseen heavenly hosts.
Grant that we may blamelessly partake of them, so
that having been illumined by them, we may become
children of the light and of the day.

PRIEST

Through the gift of Your Christ, with
whom You are blessed, together with Your
all-holy, good, and life-giving Spirit, now and
forever and to the ages of ages.

(Amen.)

CHOIR

CHERUBIC HYMN

Now the powers of heaven are invisibly
worshiping with us. For behold, the King of
glory enters in. [HC]

PRIEST (in a low voice)

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

ΧΟΡΟΣ

Ἴδου θυσία μυστική, τετελειωμένη,
δορυφορεῖται. Πίστει καὶ πόθῳ
προσέλθωμεν, ἵνα μέτοχοι ζωῆς αἰωνίου
γενώμεθα. Ἀλληλούϊα.

ΔΙΑΚΟΝΟΣ

Πληρώσωμεν τὴν ἑσπερινὴν δέησιν
ἡμῶν τῷ Κυρίῳ.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῶν προτεθέντων καὶ
προαγιασθέντων τιμίων δώρων, τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὅπως ὁ φιλόανθρωπος Θεὸς ἡμῶν,
ὁ προσδεξάμενος αὐτὰ εἰς τὸ ἅγιον
καὶ ὑπερουράνιον καὶ νοερὸν αὐτοῦ
θυσιαστήριον εἰς ὁσμὴν εὐωδίας
πνευματικῆς, ἀντικαταπέμψῃ ἡμῖν τὴν
θείαν Χάριν καὶ τὴν δωρεὰν τοῦ Ἁγίου
Πνεύματος δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης
θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τὴν ἑσπέραν πᾶσαν τελείαν, ἁγίαν,
εἰρηνικὴν καὶ ἀναμάρτητον, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Ἄγγελον εἰρήνης, πιστὸν ὁδηγόν,
φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων
ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

CHOIR

Behold, a mystical and perfect sacrifice is
coming forth. Let us come forward with faith
and desire that we may become partakers of
eternal life. Alleluia. [HC]

DEACON

Let us complete our evening prayer to the
Lord.

(Lord, have mercy.)

For the precious and presanctified gifts
here presented, let us pray to the Lord.

(Lord, have mercy.)

That our God Who loves mankind, having
accepted them at His holy and celestial and
mystical altar as an offering of spiritual
fragrance, may in return send down upon
us the divine grace and the gift of the Holy
Spirit, let us pray.

(Lord, have mercy.)

For our deliverance from all affliction,
wrath, danger, and necessity, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect,
holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a
guardian of our souls and bodies, let us ask
the Lord.

Συγγνώμην καὶ ἄφεσιν τῶν ἁμαρτιῶν
καὶ τῶν πλημμελημάτων ἡμῶν, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς
ἡμῶν καὶ εἰρήνην τῷ κόσμῳ, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

Τὸν ὑπόλοιπον χρόνον τῆς ζωῆς ἡμῶν
ἐν εἰρήνῃ καὶ μετάνοιᾳ ἐκτελέσαι, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

Χριστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν,
ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικά, καὶ
καλὴν ἀπολογία τὴν ἐπὶ τοῦ φοβεροῦ
βήματος τοῦ Χριστοῦ αἰτησώμεθα.

Τὴν ἐνότητα τῆς πίστεως καὶ
τὴν κοινωνίαν τοῦ Ἁγίου Πνεύματος
αἰτησάμενοι, ἑαυτοὺς καὶ ἀλλήλους καὶ
πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ
παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

Ὁ τῶν ἀρρήτων καὶ ἀθεάτων Μυστηρίων
Θεός, παρ' ᾧ οἱ θησαυροὶ τῆς σοφίας καὶ τῆς
γνώσεως οἱ ἀπόκρυφοι, ὁ τὴν διακονίαν τῆς
Λειτουργίας ταύτης ἀποκαλύψας ἡμῖν καὶ θέμενος
ἡμᾶς τοὺς ἁμαρτωλοὺς διὰ τὴν πολλὴν σου
φιλανθρωπίαν, εἰς τὸ προσφέρειν σοι δῶρά τε
καὶ θυσίας ὑπὲρ τῶν ἡμετέρων ἁμαρτημάτων,
καὶ τῶν τοῦ λαοῦ ἀγνοημάτων, αὐτός, ἄορατε
Βασιλεῦ, ὁ ποιῶν μέγала καὶ ἀνεξιχνίαστα, ἔνδοξά
τε καὶ ἐξαισία, ὧν οὐκ ἔστιν ἀριθμός, ἔπιδε ἐφ'
ἡμᾶς τοὺς ἀναξίους δούλους σου, τοὺς τῷ ἁγίῳ
σου τούτῳ θυσιαστηρίῳ, ὡς τῷ Χερουβικῷ σου
παρισταμένους θρόνῳ, ἐφ' ᾧ ὁ μονογενὴς σου Υἱὸς
καὶ Θεὸς ἡμῶν, διὰ τῶν προκειμένων φρικτῶν
ἐπαναπαύεται Μυστηρίων. Καὶ πάσης ἡμᾶς καὶ
τὸν πιστὸν σου λαὸν ἐλευθερώσας ἀκαθαρσίας,
ἀγίασον πάντων ἡμῶν τὰς ψυχὰς καὶ τὰ σώματα,
ἀγιασμῷ ἀναφαιρέτῳ, ἵνα, ἐν καθαρῷ συνειδότη,
ἀνεπαισχύντῳ προσώπῳ, καὶ πεφωτισμένῃ καρδίᾳ,
τῶν θείων τούτων μεταλαμβάνοντες Ἀγιασμάτων,
καὶ ὑπ' Αὐτῶν ζωοποιούμενοι, ἐνωθῶμεν αὐτῷ τῷ
Χριστῷ σου, τῷ ἀληθινῷ Θεῷ ἡμῶν, τῷ εἰπόντι ὁ

For pardon and remission of our sins and
transgressions, let us ask the Lord.

For that which is good and beneficial for
our souls, and for peace for the world, let us
ask the Lord.

That we may complete the remaining time
of our life in peace and repentance, let us ask
the Lord.

And let us ask for a Christian end to our
life, peaceful, without shame and suffering,
and for a good defense before the awesome
judgment seat of Christ.

Having asked for the unity of the faith
and for the communion of the Holy Spirit, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST (in a low voice)

O God of ineffable and unseen mysteries with
whom are the hidden treasures of wisdom and
knowledge, You have revealed to us the service
of this liturgy and by Your great compassion have
ordained that we sinners should offer to You gifts
and sacrifices for our sins and for the transgressions
of the people. You, O invisible King, whose works
are great and wondrous, glorious, marvelous, and
without number, look upon us who draw near to Your
holy Altar as the throne of the Cherubim upon which
rests Your only begotten Son and our God through the
awesome mysteries offered here. And when you have
freed us and Your faithful people from all impurities,
sanctify our souls and bodies with a sanctification
not to be taken away, so that with clear conscience, a
presence without shame, and enlightened heart, we
may participate in these divine sacraments. Through
them we are given life that we may be united to Your
Christ, our true God, who said: Whoever eats my
flesh and drinks my blood abides in me and I in him,
so that with Your Word, O Lord, abiding in us and
walking among us, we may become temples of Your

τρῶγων μου τὴν Σάρκα, καὶ πίνων μου τὸ Αἷμα,
ἐν ἑμοὶ μένει, καὶ γὰρ ἐν αὐτῷ, ὅπως ἐνοικοῦντος ἐν
ἡμῖν καὶ ἐμπεριπατοῦντος τοῦ Λόγου σου, Κύριε,
γενώμεθα ναὸς τοῦ παναγίου καὶ προσκυνητοῦ
σου Πνεύματος, λελυτρωμένοι πάσης διαβολικῆς
μεθοδείας, ἐν πράξει, ἢ λόγῳ, ἢ κατὰ διάνοιαν
ἐνεργουμένης, καὶ τύχωμεν τῶν ἐπηγγελμένων ἡμῖν
ἀγαθῶν, σὺν πᾶσι τοῖς Ἁγίοις σου, τοῖς ἀπ' Αἰῶνός
σοι εὐαρεστήσασιν.

ΙΕΡΕΥΣ

Καὶ καταξιώσον ἡμᾶς, Δέσποτα,
μετὰ παρρησίας, ἀκατακρίτως, τολμᾶν
ἐπικαλεῖσθαι σὲ τὸν ἐπουράνιον Θεὸν
Πατέρα, καὶ λέγειν·

ΛΑΟΣ

ΚΥΡΙΑΚΗ ΠΡΟΣΕΥΧΗ

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς,
ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ
βασιλεία σου. Γενηθήτω τὸ θέλημά σου,
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ
ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ
εἰσενέγκης ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι
ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις
καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ
Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΔΙΑΚΟΝΟΣ

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίῳ κλίνομεν.

(Σοί, Κύριε.)

all holy and worshipful Spirit, having been freed from
every diabolical device working by deeds or words or
thoughts. Thus, shall we obtain the blessing You have
promised us, together with all Your saints, who from
all ages have pleased You.

PRIEST

And grant us, Master, with boldness and
without condemnation, to dare call You, the
heavenly God, Father, and to say:

PEOPLE

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed
be Thy name. Thy kingdom come, Thy will
be done, on earth as it is in heaven. Give us
this day our daily bread; and forgive us our
trespasses, as we forgive those who trespass
against us. And lead us not into temptation,
but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power
and the glory, of the Father and of the Son
and of the Holy Spirit, now and forever and to
the ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

ΙΕΡΕΥΣ (*χαμηλοφώνως*)

Ὁ Θεός, ὁ μόνος ἀγαθὸς καὶ εὐσπλαγχνος,
ὁ ἐν ὑψηλοῖς κατοικῶν καὶ τὰ ταπεινὰ ἐφορῶν,
ἐπιδε εὐσπλάγχνῳ ὄμματι ἐπὶ πάντα τὸν λαόν
σου, καὶ φύλαξον αὐτόν, καὶ ἀξίωσον πάντας ἡμᾶς
ἀκατακρίτως μετασχεῖν τῶν ζωοποιῶν σου τούτων
Μυστηρίων. Σοὶ γὰρ τὰς ἐαυτῶν ὑπεκλίναμεν
κεφαλὰς, ἀπεκδεχόμενοι τὸ παρὰ σοῦ πλούσιον
ἔλεος.

ΙΕΡΕΥΣ

Χάριτι καὶ οἰκτιρμοῖς καὶ φιλανθρωπία
τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ
εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ
καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ
εἰς τοὺς αἰῶνας τῶν αἰώνων.

(*Ἀμήν.*)

ΙΕΡΕΥΣ (*χαμηλοφώνως*)

Πρόσχε, Κύριε Ἰησοῦ Χριστέ ὁ Θεὸς ἡμῶν, ἐξ
ἀγίου κατοικητηρίου σου, καὶ ἀπὸ θρόνου δόξης
τῆς Βασιλείας σου, καὶ ἐλθέ εἰς τὸ ἀγιάσαι ἡμᾶς, ὁ
ἄνω τῷ Πατρὶ συγκαθήμενος καὶ ὧδε ἡμῖν ἀοράτως
συνών. Καὶ καταξίωσον τῇ κραταίᾳ σου χειρὶ
μεταδοῦναι ἡμῖν τοῦ ἀχράντου Σώματός σου καὶ τοῦ
τιμίου Αἵματος καὶ δι' ἡμῶν παντὶ τῷ λαῷ.

ΔΙΑΚΟΝΟΣ

Πρόσχωμεν.

ΙΕΡΕΥΣ

Τὰ προηγιασμένα Ἅγια τοῖς ἀγίοις.

ΧΟΡΟΣ

Εἷς ἅγιος, εἷς Κύριος, Ἰησοῦς Χριστός, εἰς
δόξαν Θεοῦ Πατρός. Ἀμήν.

ΛΑΟΣ

ΕΥΧΑΙ ΠΡΟ ΤΗΣ ΘΕΙΑΣ ΚΟΙΝΩΝΙΑΣ

Πιστεύω, Κύριε, καὶ ὁμολογῶ, ὅτι σὺ
εἶ ἀληθῶς ὁ Χριστός, ὁ Υἱὸς τοῦ Θεοῦ
τοῦ ζῶντος, ὁ ἐλθὼν εἰς τὸν κόσμον
ἀμαρτωλοὺς σῶσαι, ὧν πρῶτός εἰμι
ἐγώ. Ἐτι πιστεύω, ὅτι τοῦτο αὐτό ἐστι τὸ

PRIEST (*in a low voice*)

O God, who only are good and compassionate,
who dwell on high and who look upon the lowly, look
with a compassionate eye upon all Your people, and
watch over them. Make us all worthy to partake of
these Your life giving mysteries without blame, for it is
before You that we have bowed our heads in the hope
of your abundant mercy.

PRIEST

Through the grace, compassion, and love
for mankind of Your only begotten Son, with
whom You are blessed, together with Your
all-holy, good, and life-creating Spirit, now
and forever and to the ages of ages.

(*Amen.*)

PRIEST (*in a low voice*)

Hearken, O Lord Jesus Christ our God, from Your
holy dwelling place and from the throne of glory of
Your Kingdom, and come to sanctify us, You Who are
enthroned with the Father on high and are present
among us invisibly here. And with Your mighty
hand, grant Communion of Your most pure Body and
precious Blood to us, and through us to all the people.

DEACON

Let us be attentive.

PRIEST

The holy presanctified gifts for the holy
people of God.

CHOIR

One is Holy, one is Lord, Jesus Christ, to
the glory of God the Father. Amen. [GOA]

PEOPLE

Prayers of Holy Communion

I believe and confess, Lord, that You are
truly the Christ, the Son of the living God,
Who came into the world to save sinners,
of whom I am the first. I also believe that
this is truly Your pure Body and that this

ἄχραντον Σῶμά σου καὶ τοῦτο αὐτό ἐστι τὸ τίμιον Αἷμά σου. Δέομαι οὖν σου· ἐλέησόν με καὶ συγχώρησόν μοι τὰ παραπτώματά μου, τὰ ἐκούσια καὶ τὰ ἀκούσια, τὰ ἐν λόγῳ, τὰ ἐν ἔργῳ, τὰ ἐν γνώσει καὶ ἀγνοίᾳ· καὶ ἀξιώσόν με ἀκατακρίτως μετασχεῖν τῶν ἀχράντων σου μυστηρίων, εἰς ἄφεσιν ἁμαρτιῶν καὶ εἰς ζωὴν αἰώνιον. Ἀμήν.

Ἐν ταῖς λαμπρότησι τῶν Ἀγίων σου, πῶς εἰσελεύσομαι ὁ ἀνάξιος; ἔὰν γὰρ τολμήσω συνεισελθεῖν εἰς τὸν νυμφῶνα, ὁ χιτῶν μὲ ἐλέγχει, ὅτι οὐκ ἔστι τοῦ γάμου, καὶ δέσμιος ἐκβαλοῦμαι ὑπὸ τῶν Ἀγγέλων. Καθάρισον, Κύριε, τὸν ῥύπον τῆς ψυχῆς μου, καὶ σῶσόν με ὡς φιλόανθρωπος.

Δέσποτα φιλόανθρωπε, Κύριε Ἰησοῦ Χριστέ, ὁ Θεός μου, μὴ εἰς κριμά μοι γένοιτο τὰ ἅγια ταῦτα, διὰ τὸ ἀνάξιον εἶναί με, ἀλλ' εἰς κάθαρσιν καὶ ἁγιασμόν ψυχῆς τε καὶ σώματος, καὶ εἰς ἀρραβῶνα τῆς μελλούσης ζωῆς καὶ βασιλείας. Ἐμοὶ δὲ τὸ προσκολλᾶσθαι τῷ Θεῷ ἀγαθόν ἐστι, τίθεσθαι ἐν τῷ Κυρίῳ τὴν ἐλπίδα τῆς σωτηρίας μου.

Τοῦ Δείπνου σου τοῦ μυστικοῦ, σήμερον Υἱὲ Θεοῦ, κοινωνόν με παράλαβε· οὐ μὴ γὰρ τοῖς ἐχθροῖς σου τὸ Μυστήριον εἶπω, οὐ φίλημά σοι δώσω, καθάπερ ὁ Ἰούδας, ἀλλ' ὡς ὁ Ληστής ὁμολογῶ σοι. Μνήσθητί μου Κύριε, [ὅταν ἔλθης] ἐν τῇ Βασιλείᾳ σου.

ΧΟΡΟΣ

Κοινωνικόν.

Γεύσασθε καὶ ἴδετε ὅτι χρηστὸς ὁ Κύριος. Ἀλληλουῖα.

is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, in knowledge or in ignorance. And make me worthy, without condemnation, to partake of Your pure Mysteries for the remission of sins and for eternal life. Amen.

How shall I, who am unworthy, enter into the splendor of Your saints? If I should dare to enter into the bridal chamber, my vesture will condemn me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. Cleanse, O Lord, the filth of my soul, and save me, as You are the one Who loves mankind. In Your love, Lord, cleanse my soul, and save me.

Master Who loves mankind, Lord Jesus Christ, my God, let not these Holy Gifts be to my judgment because I am unworthy, but rather for the purification and sanctification of both soul and body and the pledge of the life and Kingdom to come. It is good for me to cleave unto God and to place in Him the hope of my salvation.

O Son of God, receive me today as a partaker of Your mystical supper. For I will not speak of the mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: Remember me, Lord, in Your Kingdom.

CHOIR

Communion Hymn.

Taste and see that the Lord is good. Alleluia. [SAAS]

ΔΙΑΚΟΝΟΣ

Μετὰ φόβου Θεοῦ, πίστεως καὶ ἀγάπης
προσέλθετε.

Μεταλαμβάνει ὁ δοῦλος τοῦ Θεοῦ
(Ὄνομα) Σῶμα καὶ Αἷμα Χριστοῦ, εἰς
ἄφεσιν ἁμαρτιῶν καὶ ζωὴν αἰώνιον. Ἀμήν.

ΧΟΡΟΣ

Ὑμνοι καθὼς μεταλαμβάνει ὁ λαός.

ΙΕΡΕΥΣ

Σῶσον, ὁ Θεός, τὸν λαόν σου καὶ
εὐλόγησον τὴν κληρονομίαν σου.

ΧΟΡΟΣ

**ἀντὶ τοῦ "Εἶδομεν τὸ φῶς"
Ἦχος πλ. δ'.**

Εὐλογῆσω τὸν Κύριον ἐν παντὶ καιρῷ
διὰ παντὸς ἡ αἰνεσις αὐτοῦ ἐν τῷ στόματί
μου. Ἄρτον οὐράνιον, καὶ ποτήριον ζωῆς
γεύσασθε καὶ ἴδετε ὅτι χρηστὸς ὁ Κύριος.
Ἀλληλούϊα, Ἀλληλούϊα, Ἀλληλούϊα.

ΔΙΑΚΟΝΟΣ (χαμηλοφώνως)

Ὑψωσον, Δέσποτα.

ΙΕΡΕΥΣ (χαμηλοφώνως)

Ὑψώθητι ἐπὶ τοὺς οὐρανοὺς ὁ Θεός καὶ ἐπὶ
πᾶσαν τὴν γῆν ἡ δόξα σου.

Εὐλογητὸς ὁ Θεὸς ἡμῶν.

ΙΕΡΕΥΣ

Πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΔΙΑΚΟΝΟΣ

Ὁρθοί, μεταλαμβάνετε τῶν θείων, ἁγίων,
ἀχράντων, ἀθανάτων, ἐπουρανίων καὶ
ζωοποιῶν, φρικτῶν τοῦ Χριστοῦ μυστηρίων,
ἀξίως εὐχαριστήσωμεν τῷ Κυρίῳ.

(Δόξα σοι, Κύριε, δόξα σοι.)

DEACON

With the fear of God, faith, and love,
draw near.

The servant of God (Name) partakes
of the Body and Blood of Christ for the
remission of sins and life eternal.

CHOIR

Hymns During Holy Communion

PRIEST

Save, O God, Your people, and bless Your
inheritance.

CHOIR

**After Communion
Mode pl. 4.**

I will bless the Lord at all times; His
praise shall continually be in my mouth. Taste
the Bread of heaven and the Cup of Life, and
see that the Lord is good. Alleluia, Alleluia,
Alleluia. [HC]

DEACON (in a low voice)

Exalt, Master.

PRIEST (in a low voice)

Be exalted, O God, above the heavens, and let
Your glory be over all the earth.

Blessed is our God.

PRIEST

Always, now and forever and to the ages
of ages.

(Amen.)

DEACON

Arise! Having partaken of the divine,
holy, pure, immortal, heavenly, life-creating,
and awesome Mysteries of Christ, let us
worthily give thanks to the Lord.

(Glory to You, O Lord, glory to You.)

Αντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τὴν ἐσπέραν πᾶσαν, τελείαν, ἀγίαν,
εἰρηνικὴν καὶ ἀναμάρτητον αἰτησάμενοι,
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν, Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ ΜΕΤΑ ΤΗΝ ΘΕΙΑΝ ΜΕΤΑΛΗΨΙΝ

Εὐχαριστοῦμέν σοι τῷ Σωτῇρι τῶν ὅλων Θεῷ
ἐπὶ πᾶσιν οἷς παρέσχου ἡμῖν ἀγαθοῖς, καὶ ἐπὶ
τῇ μεταλήψει τοῦ ἁγίου Σώματος καὶ Αἵματος
τοῦ Χριστοῦ σου. Καὶ δεόμεθά σου, Δέσποτα
Φιλάνθρωπε, φύλαξον ἡμᾶς ὑπὸ τὴν σκέπην τῶν
πτερυγῶν σου, καὶ δὸς ἡμῖν μέχρι τῆς ἐσχάτης ἡμῶν
ἀναπνοῆς, ἐπαξίως μετέχειν τῶν ἁγιασμάτων σου,
εἰς φωτισμὸν ψυχῆς καὶ σώματος, εἰς βασιλείας
οὐρανῶν κληρονομίαν.

ΙΕΡΕΥΣ

Ὅτι σὺ εἶ ὁ ἁγιασμὸς ἡμῶν, καὶ σοὶ τὴν
δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ
καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς
τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΙΕΡΕΥΣ

Ἐν εἰρήνῃ προέλθωμεν.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Δέσποτα Παντοκράτορ, ὁ πᾶσαν
τὴν κτίσιν ἐν σοφίᾳ δημιουργήσας,
ὁ διὰ τὴν ἄφατόν σου πρόνοιαν καὶ
πολλὴν ἀγαθότητα, ἀγαγὼν ἡμᾶς εἰς
τὰς πανσέπτους ἡμέρας ταύτας, πρὸς
καθαρισμὸν ψυχῶν καὶ σωμάτων,
πρὸς ἐγκράτειαν παθῶν, πρὸς ἐλπίδα
ἀναστάσεως, ὁ διὰ τεσσαράκοντα ἡμερῶν

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Having prayed for a perfect, holy,
peaceful, and sinless evening, let us commit
ourselves, and one another, and our whole life
to Christ our God.

(To You, O Lord.)

PRIEST (in a low voice)

We thank You, O God, Savior of us all, for all the
good things you have given us, and for the communion
of Your holy Body and Blood of Your Christ. And
we pray to You, loving Master: Protect us under
the covering of Your wings and grant that we may
worthily partake of your blessings to the end of our
days, for the illumination of our soul and body to
inherit the kingdom of heaven.

PRIEST

For You are our sanctification and to You
we give glory, to the Father and the Son and
the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

PRIEST

Let us go forth in peace.

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

Almighty Master, You created the
universe in wisdom. By Your ineffable
forethought and great goodness, You led us
to these sacred days for cleansing of souls and
bodies, for subduing passions, and for hope
of resurrection. For forty days, You shaped
the tablets written with godlike characters
for Your servant Moses. Grant also to us,

πλάκας χειρίσας τὰ θεοχάρακτα γράμματα
τῷ θεράποντί σου Μωσεῖ, παράσχου
καὶ ἡμῖν, Ἀγαθέ, τὸν ἀγῶνα τὸν καλὸν
ἀγωνίσασθαι, τὸν δρόμον τῆς νηστείας
ἐκτελέσαι, τὴν πίστιν ἀδιαίρετον τηρῆσαι,
τὰς κεφαλὰς τῶν ἀοράτων δρακόντων
συνθλάσαι, νικητὰς τε τῆς ἁμαρτίας
ἀναφανῆναι, καὶ ἀκατακρίτως φθάσαι
προσκυνῆσαι καὶ τὴν ἁγίαν Ἀνάστασιν. Ὅτι
ἡυλόγηται καὶ δεδόξασται τὸ πάντιμον καὶ
μεγαλοπρεπὲς ὄνομά σου, τοῦ Πατρὸς καὶ
τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ
ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Εἴη τὸ ὄνομα Κυρίου εὐλογημένον ἀπὸ
τοῦ νῦν καὶ ἕως τοῦ αἰῶνος. (ἐκ γ')

ΙΕΡΕΥΣ (χαμηλοφώνως)

Κύριε, ὁ Θεὸς ἡμῶν, ὁ ἀγαγὼν ἡμᾶς εἰς τὰς
πανσέπτους ἡμέρας ταύτας, καὶ κοινωνοὺς ἡμᾶς
ποιήσας τῶν φρικτῶν σου Μυστηρίων, σύναψον τῇ
λογικῇ σου ποιμνῇ, καὶ κληρονόμους ἀνάδειξον τῆς
Βασιλείας σου, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Εὐλογία Κυρίου καὶ ἔλεος αὐτοῦ
ἔλθοι ἐφ' ὑμᾶς, τῇ αὐτοῦ θεία χάριτι καὶ
φιλανθρωπία πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς
τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Δόξα σοι, Χριστέ ὁ Θεός, ἡ ἐλπίς ἡμῶν,
δόξα σοι.

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,
ταῖς πρεσβείαις τῆς παναχράντου
καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,

good lord, to fight the good fight, to finish
the course of the fast, to keep the faith whole,
to shatter the heads of unseen dragons, and
to show ourselves victorious over sin, and to
arrive blamelessly, without condemnation,
to worship also Your holy resurrection. For
blessed and glorified is Your honored and
magnificent name, of the Father and the Son
and the Holy Spirit, now and forever and to
the ages of ages.

(Amen.)

CHOIR

Blessed be the name of the Lord from this
present time and unto the ages. (3)

PRIEST (in a low voice)

O Lord our God, You have led us to these
sacred days and made us partakers of Your awesome
mysteries. Unite us with Your reasonable flock, and
make us inheritors of Your kingdom, now and forever
and to the ages of ages. Amen.

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

May the blessing and the mercy of the
Lord come upon you by His divine grace and
love for mankind, always, now and forever
and to the ages of ages.

(Amen.)

Glory to You, O Christ God, our hope.
Glory to You.

May Christ our true God, through
the intercessions of His all-pure and all-
immaculate holy Mother, the power of the
precious and life-giving Cross, the protection

προστασίαις τῶν τιμίῳν ἐπουρανίων
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίῳν,
ἐνδόξου, προφήτου, Προδρόμου καὶ
βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων
καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν
οἰσίων καὶ θεοφόρων Πατέρων ἡμῶν· **(τοῦ**
Ἀγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων
Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ
πάντων τῶν Ἀγίων, ἐλεῆσαι καὶ σῶσαι
ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

ΑΝΑΓΝΩΣΤΗΣ

Ψαλμὸς ΛΓ' (33).

Εὐλογῆσω τὸν Κύριον ἐν παντὶ καιρῷ,
διὰ παντὸς ἡ αἴνεσις αὐτοῦ ἐν τῷ στόματί
μου.

Ἐν τῷ Κυρίῳ ἐπαινέθησεται ἡ ψυχὴ μου·
ἀκουσάτωσαν πραεῖς, καὶ εὐφρανθήτωσαν.

Μεγαλύνετε τὸν Κύριον σὺν ἐμοί, καὶ
ὕψώσωμεν τὸ ὄνομα αὐτοῦ ἐπὶ τὸ αὐτό.

Ἐξεζήτησα τὸν Κύριον, καὶ ἐπήκουσέ
μου, καὶ ἐκ πασῶν τῶν θλίψεων μου
ἐρύσαστό με.

Προσέλθετε πρὸς αὐτὸν καὶ φωτίσθητε,
καὶ τὰ πρόσωπα ὑμῶν οὐ μὴ καταισχυνηθῇ.

Οὗτος ὁ πτωχὸς ἐκέκραξε καὶ ὁ Κύριος
εἰσήκουσεν αὐτοῦ, καὶ ἐκ πασῶν τῶν
θλίψεων αὐτοῦ ἔσωσεν αὐτόν.

Παρεμβαλεῖ ἄγγελος Κυρίου κύκλῳ τῶν
φοβουμένων αὐτὸν καὶ ῥύσεται αὐτούς.

Γεύσασθε καὶ ἴδετε ὅτι χρηστὸς ὁ
Κύριος· μακάριος ἀνὴρ, ὃς ἐλπίζει ἐπ'
αὐτόν.

of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, and of all
the saints, have mercy on us and save us, for
He is good and loves mankind.

READER

Psalm 33 (34).

I will bless the Lord at all times; His
praise shall continually be in my mouth.

My soul shall be praised in the Lord; let
the gentle hear, and be glad.

Oh, magnify the Lord with me, and let us
exalt His name together.

I sought the Lord, and He heard me; and
He delivered me from all my sojourning.

Come to Him, and be enlightened, and
your face shall never be ashamed.

This poor man cried, and the Lord heard
him, and saved him from all his afflictions.

The Angel of the Lord shall encamp
around those who fear Him, and He will
deliver them.

Oh, taste and see that the Lord is good;
blessed is the man who hopes in Him.

Φοβήθητε τὸν Κύριον πάντες οἱ ἅγιοι αὐτοῦ, ὅτι οὐκ ἔστιν ὑστέρημα τοῖς φοβουμένοις αὐτόν.

Πλούσιοι ἐπτώχευσαν καὶ ἐπείνασαν, οἱ δὲ ἐκζητοῦντες τὸν Κύριον οὐκ ἐλαττωθήσονται παντὸς ἀγαθοῦ.

Δεῦτε, τέκνα, ἀκούσατέ μου· φόβον Κυρίου διδάξω ὑμᾶς.

Τίς ἐστὶν ἄνθρωπος ὁ θέλων ζωὴν, ἀγαπῶν ἡμέρας ἰδεῖν ἀγαθάς;

Παῦσον τὴν γλῶσσάν σου ἀπὸ κακοῦ καὶ χεῖλή σου τοῦ μὴ λαλῆσαι δόλον.

Ἐκκλινον ἀπὸ κακοῦ καὶ ποιήσον ἀγαθόν, ζήτησον εἰρήνην καὶ δίωξον αὐτήν.

Ὁφθαλμοὶ Κυρίου ἐπὶ δικαίους, καὶ ὧτα αὐτοῦ εἰς δέησιν αὐτῶν.

Πρόσωπον δὲ Κυρίου ἐπὶ ποιοῦντας κακὰ τοῦ ἐξολοθρεῦσαι ἐκ γῆς τὸ μνημόσυνον αὐτῶν.

Ἐκέκραξαν οἱ δίκαιοι, καὶ ὁ Κύριος εἰσήκουσεν αὐτῶν, καὶ ἐκ πασῶν τῶν θλίψεων αὐτῶν ἐρῶύσατο αὐτούς.

Ἐγγὺς Κύριος τοῖς συντετριμμένοις τὴν καρδίαν, καὶ τοὺς ταπεινοὺς τῷ πνεύματι σώσει.

Πολλαὶ αἱ θλίψεις τῶν δικαίων, καὶ ἐκ πασῶν αὐτῶν ῥύσεται αὐτοὺς ὁ Κύριος.

Φυλάσσει Κύριος πάντα τὰ ὀστέα αὐτῶν, ἐν ἑξ αὐτῶν οὐ συντριβήσεται.

Θάνατος ἁμαρτωλῶν πονηρός, καὶ οἱ μισοῦντες τὸν δίκαιον πλημμελήσουσι.

Fear the Lord, you His saints, for there is no want for those who fear Him.

The wealthy have become poor and gone hungry, but those who seek the Lord shall not lack any good thing.

Come, you children, listen to me; I will teach you the fear of the Lord.

Who is the man who desires life, who loves to see good days?

Keep your tongue from evil, and your lips from speaking deceit.

Shun evil and do good; seek peace and pursue it.

The eyes of the Lord are upon the righteous, and His ears are open to their supplications.

The Lord's face is against those who do evil, so as to destroy their remembrance from the earth.

The righteous cried, and the Lord heard them; and He delivered them from all their afflictions.

The Lord is near those who are brokenhearted, and He will save the humble in spirit.

Many are the afflictions of the righteous, but He will deliver them from them all.

The Lord shall guard all their bones; not one of them shall be broken.

The death of sinners is evil, and those who hate the righteous shall go wrong.

Λυτρώσεται Κύριος ψυχὰς δούλων
αὐτοῦ, καὶ οὐ μὴ πλημμελήσουσι πάντες οἱ
ἐλπίζοντες ἐπ' αὐτόν.

Ψαλμὸς ΡΜΔ' (144).

Ὑψώσω σε, ὁ Θεός μου ὁ βασιλεύς μου,
καὶ εὐλογήσω τὸ ὄνομά σου εἰς τὸν αἰῶνα
καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ
αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς
τὸν αἰῶνα τοῦ αἰῶνος.

Μέγας Κύριος καὶ αἰνετὸς σφόδρα, καὶ
τῆς μεγαλωσύνης αὐτοῦ οὐκ ἔστι πέρας.

Γενεὰ καὶ γενεὰ ἐπαινέσει τὰ ἔργα σου
καὶ τὴν δύναμίν σου ἀπαγγελοῦσι.

Τὴν μεγαλοπρέπειαν τῆς δόξης τῆς
ἀγιωσύνης σου λαλήσουσι καὶ τὰ θαυμάσιά
σου διηγῶνται.

Καὶ τὴν δύναμιν τῶν φοβερῶν
σου ἐροῦσι καὶ τὴν μεγαλωσύνην σου
διηγῶνται.

Μνήμην τοῦ πλήθους τῆς χρηστότητός
σου ἐξερεῦξονται καὶ τῇ δικαιοσύνῃ σου
ἀγαλλιάσονται.

Οἰκτίρων καὶ ἐλεήμων ὁ Κύριος,
μακρόθυμος καὶ πολυέλεος.

Χρηστὸς Κύριος τοῖς σύμπασι, καὶ οἱ
οἰκτιρμοὶ αὐτοῦ ἐπὶ πάντα τὰ ἔργα αὐτοῦ.

Ἐξομολογησάσθωσάν σοι, Κύριε,
πάντα τὰ ἔργα σου, καὶ οἱ ὅσιοί σου
εὐλογησάτωσάν σε.

Δόξαν τῆς βασιλείας σου ἐροῦσι καὶ τὴν
δυναστείαν σου λαλήσουσι,

The Lord will redeem the souls of His
servants, and all who hope in Him shall not
go wrong. [GOA, SAAS]

Psalm 144 (145)

I shall exalt You, my God and my King,
and I shall bless Your name forever and unto
ages of ages.

Every day I shall bless you and praise
Your name forever and unto ages of ages.

Great is the Lord and exceedingly
praiseworthy, and His greatness has no limit.

Generation and generation shall praise
Your works, and they shall declare Your
power.

They shall speak of the magnificence of
the glory of Your holiness, and they shall
describe Your wonders.

They shall also speak of the power of
Your awesome deeds and describe Your great
majesty.

They shall overflow with the memory of
Your rich goodness, and shall greatly rejoice
in Your righteousness.

The Lord is gracious and merciful,
longsuffering and abundant in mercy.

The Lord is good to all, and His mercies
are upon all His works.

O Lord, let all Your works praise You and
Your holy ones bless You.

They shall tell of Your kingdom's glory,
and they shall speak of Your power.

Τοῦ γνωρίσαι τοῖς υἱοῖς τῶν ἀνθρώπων
τὴν δυναστείαν σου καὶ τὴν δόξαν τῆς
μεγαλοπρεπείας τῆς βασιλείας σου.

Ἡ βασιλεία σου βασιλεία πάντων τῶν
αἰώνων, καὶ ἡ δεσποτεία σου ἐν πάσῃ γενεᾷ
καὶ γενεᾷ.

Πιστὸς Κύριος ἐν πᾶσι τοῖς λόγοις
αὐτοῦ καὶ ὁσὶος ἐν πᾶσι τοῖς ἔργοις αὐτοῦ.

Ὑποστηρίζει Κύριος πάντας τοὺς
καταπίπτοντας καὶ ἀνορθοῖ πάντας τοὺς
κατερραγμένους.

Οἱ ὀφθαλμοὶ πάντων εἰς σὲ ἐλπίζουν,
καὶ σὺ δίδως τὴν τροφήν αὐτῶν ἐν εὐκαιρίᾳ.

Ἀνοίγεις σὺ τὰς χεῖράς σου καὶ
ἐμπιπλᾷς πᾶν ζῶον εὐδοκίας.

Δίκαιος Κύριος ἐν πάσαις ταῖς ὁδοῖς
αὐτοῦ καὶ ὁσὶος ἐν πᾶσι τοῖς ἔργοις αὐτοῦ.

Ἐγγὺς Κύριος πᾶσι τοῖς ἐπικαλουμένοις
αὐτόν, πᾶσι τοῖς ἐπικαλουμένοις αὐτόν ἐν
ἀληθείᾳ.

Θέλημα τῶν φοβουμένων αὐτόν
ποιήσει καὶ τῆς δεήσεως αὐτῶν
εἰσακούσεται καὶ σώσει αὐτούς.

Φυλάσσει Κύριος πάντας τοὺς
ἀγαπῶντας αὐτόν καὶ πάντας τοὺς
ἁμαρτωλοὺς ἐξολοθρεύσει.

Αἶνεσιν Κυρίου λαλήσει τὸ στόμα μου·
καὶ εὐλογεῖτω πᾶσα σὰρξ τὸ ὄνομα τὸ
ἅγιον αὐτοῦ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα
τοῦ αἰῶνος.

ΙΕΡΕΥΣ

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ
σῶσον ἡμᾶς.

That all the sons of men may know Your
power and the glory of Your kingdom's
magnificence.

Your kingdom is a kingdom of all the
ages, and Your dominion is from generation
to generation.

The Lord is faithful in His words and holy
in all His works.

The Lord supports all who stumble and
restores all who are broken down.

All eyes hope in You, and You give them
their food in due season.

You open Your hand and fill every living
thing with Your pleasure.

The Lord is righteous in all His ways and
holy in all His works.

The Lord is near to all who call on Him, to
all who call upon Him in truth.

He shall do the will of those who fear
Him, and He shall hear their supplications
and save them.

The Lord keeps all who love Him, but all
the sinners He shall utterly destroy.

My mouth shall speak the Lord's praise,
and let all flesh bless His holy name forever
and unto ages of ages. [SAAS]

PRIEST

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(Αμὴν.)

(Amen.)