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# The Service of Matins

for Friday, March 22, 2019

Triodion - Mode 1. on Friday Morning

Triodion - On Friday of the Second Week at Matins

Menaion - March 22 Memory of the Holy Hieromartyr Basil

**Text in English** 

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#### **Triodion**

Mode 1. On Friday Morning

On Friday of the Second Week at Matins

#### Menaion - March 22

Memory of the Holy Hieromartyr Basil

#### **MATINS**

#### **CHOIR**

#### Mode 1.

**Verse 1:** My spirit rises early in the morning to You, O God, for Your commands are a light upon the earth. [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *Learn righteousness, you who dwell on the earth.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 3:** Jealousy will seize an untaught people; and now fire will devour the adversaries.

[SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 4:** Bring more evils on them, O Lord, bring more evils on them, on the glorious of the earth. [SAAS]

Alleluia, Alleluia, Alleluia,

From Horologion - - -

# Triadic Hymns Mode 1.

As we are led up to a noetic and immaterial perception of the bodiless hosts, by means of physical depictions, and as we wait for for the illumination, that comes from the Godhead in three Hypostases, let us imitate the cherubim, and sing aloud the Thrice-Holy Hymn to the only God: Holy, holy, holy are You, our God. By the power of Your Cross save us.

#### Glory.

Let us join all the heavenly hosts, and send up our Thrice-holy praise, and like the cherubim shout to Him who is in the highest: Holy, holy, holy are You, our God. By the intercessions of the Saints save us.

#### Both now.

Having risen from sleep, we fall before You, O good One, and to You we sing the Angels' hymn, O almighty One: Holy, holy, holy are You, our God. Through the Theotokos have mercy on us. [SD]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 13. There is no litany, but immediately the following:

From Triodion - - -

#### **CHOIR**

# Kathisma I. Kathisma I. For the Cross. Mode 1.

When You were crucified, O Christ, the enemy's tyranny was lifted and his power was crushed. For it was no Angel nor mere man, but You, the Lord himself, who saved us. Glory to You! [SD]

**Verse:** Exalt the Lord our God, and worship at the footstool of His feet. [SAAS]

**Mode 1.** *The soldiers keeping watch.* 

To Constantine the Great, that most pious of Rulers, \* in time of war, the Cross was revealed to be armor, \* an invincible monument of defeat over foes by faith. \* Hostile forces now shudder before it and tremble. \* For believers all it has become their salvation, \* and the boast of the Apostle Paul.

# Glory. Both now. **Stavrotheotokion. Mode 1.**

We have obtained your protection,
O immaculate Lady, and by your earnest
entreaties we are saved from calamities. In
everything we are guarded by the Cross
of your Son. We all dutifully magnify you
piously. [5D]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 20. It would be followed by the short litany.

#### **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For You, O God, are good and love mankind, and to You we offer glory, to the Father and to the Son and to the Holy Spirit, now and forever, and to the ages of ages.

(Amen.)

#### **CHOIR**

From Triodion - - -

# Kathisma II. From the Triodion. Mode 4.

Through fasting raised above the passions that creep upon the earth, let us exalt the Lord who was exalted on the Cross and has raised up the world. With full awareness let us drink the cup of contrition; and let us call to mind

the day and hour when we shall stand before the eternal Judge. [KW]

Glory. Both now. **Stavrotheotokion. Mode 4.** 

When she beheld Thee hanging on the Cross, Thy Virgin Mother lamented bitterly and cried to Thee: 'What is this new and strange wonder, O my Son? How has the lawless people nailed Thee to the Cross, O Life of all, my sweetest Light.' [KW]

There is no reading of an additional Kathisma from the Psalter.

#### **PRIEST**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

From Triodion - - -

# Kathisma III. From the Triodion. Mode pl. 1.

The grace of Thy Cross shines, O Lord, as lightning upon all the inhabited earth; it utterly destroys the power of devils, and in its

strength we shall complete the Fast with ease.

# Glory. Both now. **Stavrotheotokion. Mode pl. 1.** (*NM*)

When the Mother who bore Thee without the pain of travail beheld Thee lifted on the Cross, she wept lamenting and she cried: 'Woe is me, my sweetest Son! Now am I wounded to the heart, seeing Thee nailed upon the Cross as an evildoer between two malefactors.'

#### **READER**

Lord, have mercy. (3)

Glory. Both now.

### Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence,

and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

#### **PRIEST**

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George

the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

#### **CHOIR**

Lord, have mercy. (12)

#### **PRIEST**

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

From Menaion - - - CHOIR

# Canon for the Saint. Ode i. Mode pl. 2. Heirmos.

*Verse*: Let us sing to the Lord, for He is greatly glorified.

The host of Israel traversed the sea on foot, \* as if walking over land; \* and as they beheld therein \* the pursuer Pharaoh drown, they cried, \* "Let us sing to God a canticle of victory." [SD]

# Troparia.

Saint of God, intercede for us.

O King of All, the renowned Basil loved Your kingly glory. He contended staunchly on earth. Count us worthy of the Kingdom of the Heavens through him. [11]

Verse: The Lord reigns forever and ever and ever. For Pharaoh's horses went with his chariots and horsemen into the sea. [SAAS]

O glorious Basil, your praiseworthy life, your pure polity, and the practice of your struggles made you an heir of God. They made you a citizen of the Heavens.

Verse: But the children of Israel walked on dry ground in the midst of the sea. [SAAS]

O most wise Martyr Basil, you submitted yourself to the Lord by a virtuous way of life. You brought the enemy into subjection, You crushed him under your feet. You splendidly triumphed over him.

#### Glory.

O wise Basil, you truly drowned the noetic Pharaoh and his whole army with the flood of your blood, and have ascended to the land where the cloud of athletes rejoice always, O wise Basil. [44]

#### Both now. Theotokion.

O pure Virgin, the Only-begotten, who has His being with the Father, willed to make His abode in your immaculate womb. He became a mortal, wishing in His goodness to save mortals.

From Menaion - - -

# Canon for the Saint. Ode iii. Mode pl. 2. Heirmos.

*Verse*: Holy are You, O Lord, and my spirit praises You.

O Lord my God, there is no one \* that is holy as You are, \* who exalted the horn of those who are faithful to You, \* O good One; and on the rock \* of Your confession You established them. [50]

### Troparia.

Saint of God, intercede for us.

O thrice-blessed Basil, you were lifted on a stock like a lamb. You endured mutilation with a pure mind. You dashed down the enemy's swollen pride by the might of the divine Spirit.

*Verse*: The Lord went up into the heaven and thundered. The Lord judges the ends of the earth.

O Martyr, you were seen to be exceedingly fair in both soul and body with the beauty of your wounds. You sent up songs of thanksgiving with a pure mind to the Judge of your contest. [10]

Verse: He gives strength to our leaders, and He will exalt the horn of His Christ. [SAAS]

O wise Martyr, you sought with greatness of spirit after very great renown. You endured very great struggles. You brought low him that ever vaunts himself greatly. [47]

### Glory.

O godly minded Basil, you were a keeper of the divine commandments. You were kept shut up in prisons, while opening up for the faithful the way of doctrine that leads to the breadth of knowledge. [46]

Both now. Theotokion.

O Maiden, Isaiah knew from afar your conception by the Spirit. He loudly declared it, crying out: Behold, a Virgin shall conceive God in her womb.

#### Heirmos.

O Lord my God, there is no one \* that is holy as You are, \* who exalted the horn of those who are faithful to You, \* O good One; and on the rock \* of Your confession You established them. [SD]

#### **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For you are our God, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

#### Kathisma.

From Menaion - - -

# **Mode 4.** N/M (Come quickly.)

The famous Martyr Basil longed for the Kingdom of God. He suffered the burning fire of bitter torments and stripes as well as an unjust death. He was found worthy of true immortality. Therefore, as we assemble now, with faith let us bless him. He prays and entreats the Lord that we might all be saved.

[un]

Glory. Both now. **Stavrotheotokion. Mode 4.** *N/M* (*Come quickly.*)

O Mother of Christ our God, blameless and pure Virgin, a sword pierced your spotless and all-holy soul, when you saw your Son and God willingly enduring crucifixion, O Maiden. O most blessed Lady, do not cease to ask Him to grant us forgiveness of our failings and many sins. [un]

From Menaion - - -

# Canon for the Saint. Ode iv. Mode pl. 2. Heirmos.

Verse: Glory to Your strength, O Lord.

O Christ, my strength are You, \* my God and Lord are You, \* the divine congregation, aptly for God, \* sings in chorus crying out to Him in purity of mind, \* as she celebrates the feast in the Lord. [5D]

# Troparia.

Saint of God, intercede for us.

O Martyr, the impious one beheld your divine face flashing with the splendor of the Spirit. He was astonished. As a minister of darkness, he raved senselessly.

Verse: The Lord God is my strength; He will direct my feet to the end. [SAAS]

With divine strength, you made foolish the wise among the pagans. You were made fair with a higher wisdom. When you had mightily competed, you received the crown of victory. [45]

Verse: He will set me upon high places, so to conquer by His song. [SAAS]

O Basil, you were stretched out on every side and disjointed. The Logos strengthened you. The Logos is He that was stretched out on the Cross and by His Passion has granted dispassion to the faithful.

# Glory.

The sacred Basil exclaimed: I do not sacrifice to demons. I fear neither death nor any kind of torments. I confess one God, who is known in Trinity. [10]

#### Both now. Theotokion.

O Lady, I praise you, who are greatly praised. O Virgin, I bless you, through whom all of us mortals have become blessed and have truly been redeemed from the ancient curse. [un]

From Menaion - - -

# Canon for the Saint. Ode v. Mode pl. 2. Heirmos.

*Verse*: O Lord our God, grant us peace.

With Your divine light, O good One, shine \* on the souls of those who longingly rise to You early, I supplicate, \* so that they may know You the very God, Word of God, \* who call them to return from the gloom offences bring.

# Troparia.

Saint of God, intercede for us.

O Martyr, you were bowed down under the weight of the iron which you had chosen to bear as the very light yoke of the Lord. You bowed down the enemy and braggart who lifted up his head against the Creator.

Verse: My spirit rises early in the morning to You, O God, for Your commands are a light upon the earth. [SAAS]

O Martyr, you were bowed down under the weight of the iron which you had chosen to bear as the very light yoke of the Lord. You bowed down the enemy and braggart who lifted up his head against the Creator. [un]

*Verse*: Learn righteousness, you who dwell on the earth. [SAAS]

O Martyr Basil, you were gladly wrapped about with iron bonds. You went about from place to place. You were adorned by them as with a necklace. You delighted the Judge of your contest. [un]

Verse: O Lord, Your arm is exalted, but they did not know it. But when they know it, they shall be ashamed. [SAAS]

O glorious Martyr Basil, you truly dyed yourself a royal robe with the streams of your blood. You were arrayed in a crown of victory. You reign in joy as a king with Christ. [10]

*Verse*: Jealousy will seize an untaught people; and now fire will devour the adversaries. [SAAS]

#### Theotokion.

Let us honor in song the only Theotokos. She is higher than the Cherubim and more exalted than the heavens. She is above all creation. She is the fortress of the Martyrs. [15]

(read)

#### **Intermediate Verses of Ode Five.**

O Lord our God, grant us peace, for You render everything to us. [SAAS]

O Lord our God, possess us; O Lord, we know no other besides You; we name Your name.

The dead will not see life; neither will physicians raise them. Therefore You brought evils upon them and destroyed them, and took away every male of theirs.

Because of Your fear, O Lord. We have been with child, we have been in pain, and we have given birth. We brought forth the spirit of Your salvation on the earth. [SAAS]

(sung)

From Triodion - -

#### Canon 1 from the Triodion.

**Ode v. Mode 4.** (NM) The godless shall not see.

*Verse:* Bring more evils on them, O Lord, on the glorious of the earth [SAAS]

Of Thine own will, O Master, Thou wast exalted on the Cross and hast cast down the enemy. Of Thine own will, then, raise me up in Thy compassion, for I am cast down into the pit of sensual pleasure.

Verse: O Lord, I remembered You in my hard circumstances. Your chastening to us was a small affliction. [SAAS]

When Thou wast stretched upon the Cross, O Jesus, Thou hast darkened the sun and given light to the whole fullness of the inhabited earth. My soul is darkened by corrupt passions: do Thou guide me to the light. [KW]

Verse: As a woman with child is in pain and cries out in her pangs, when she draws near the time of her delivery, so we became Your beloved.

[SAAS]

Still the troubled waters of my mind, O Christ, granting me a peaceful voyage across the sea of the Fast, and make me come to anchor in the haven of the Resurrection.

Verse: We shall not fall] but the inhabitants of the world shall fall. [SAAS]

#### Theotokion.

With pure minds let us honour the pure Lady, the beauty and the excellency of Jacob;

and, gaining spiritual beauty by our obedience to the divine will, let us praise her with reverence as the Mother of our God.

# Canon 2 from the Triodion. Ode v. Mode pl. 1. (NM) Have mercy, O Christ.

*Verse:* The dead shall rise up; and those in the tombs shall arise. Those in the earth shall be glad.

[SAAS]

Crucified, Thou dost release me from corruption; pierced by a lance, Thou makest me immortal. I glorify Thine ineffable mercy, O Christ, for Thou hast come to save me.

*Verse*: For your dew is a healing for them, but the land of the ungodly shall come to an end. [SAAS]

Stretching out Thine hands upon the Cross, O Lord, Thou hast killed the invisible Amalek and rescued Thy people: therefore we sing the praises of Thy power. [KW]

# Glory. For the Trinity.

Let us praise the Godhead in three Persons, one Sovereignty above all essence: Father without beginning, Son and Holy Spirit. [KW]

#### Both now. Theotokion.

Him whom heaven could not contain, thou hast conceived within thy womb and borne as child. O fearful wonder beyond speech! Therefore we all sing in praise of thee, O Virgin undefiled. KWI

Glory to You, our God, glory to You.

For my sake Thou hast endured crucifixion, drunk vinegar, and cried 'It is finished': help me to finish the course of the Fast and grant that I may see Thy Rising.

### Heirmos (NM). Mode pl. 1.

Have mercy, O Christ, upon those that worship Thee by night, and give them peace; for Thy commandments are light and healing to Thy servants, O Lord who lovest mankind.

From Menaion - -

# Canon for the Saint. Ode vi. Mode pl. 2. Heirmos.

*Verse*: Save us, O Lord, like You saved the Prophet Jonah.

Perceiving the open sea of temporal life to rise, \* and billow with the surging waves \* of temptations, and fleeing for refuge in Your calm port, I cry to You: \* Raise my life from corruption, O most merciful Lord. [5D]

### Troparia.

Saint of God, intercede for us.

O great and glorious Martyr, you were exalted in your contests, and you dashed down the foe. O admirable Basil, at the close of your contest you went to God, wearing a crown of victory. [LIII]

Verse: Those who follow vanity and lies forsake their own mercy. [SAAS]

O great and glorious Martyr, you were exalted in your contests, and you dashed down the foe. O admirable Basil, at the close of your contest you went to God, wearing a crown of victory.

Verse: As much as I vowed, I shall offer up to You, to You, the Lord of Deliverance. [SAAS]

O wise Martyr, you imitated Him who stretched out His hands on the Cross for your sake. You were lifted up on a stock. You manfully endured mutilation. You wounded error by your wounds.

Glory.

O glorious Basil, you were bound for Christ. And you bound the fleshless adversaries. You were released from the flesh. You have utterly undone all their villainy by grace divine.

Both now. Theotokion.

O all-hymned Virgin, I extol you, whom the hosts of heavenly orders extol. I beg you, O spotless one, heal the passions of my soul, and deliver me from eternal fire.

#### Heirmos.

Perceiving the open sea of temporal life to rise, \* and billow with the surging waves \* of temptations, and fleeing for refuge in Your calm port, I cry to You: \* Raise my life from corruption, O most merciful Lord.

#### **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For You are the King of peace and the savior of our souls, and to You we give glory,

to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Triodion - - -

#### **READER**

### For the Martyrs. Mode 1.

O Lord, You are the pride of the contest, the very dignity of the laurel crowns, which the glorious prize-winning Martyrs have put on as a garment. For by their endurance under torture they put the lawless men to flight. And by divine power from heaven they received the victory. Through their supplications set me free from the invisible enemies, O Savior, and save me. [SD]

### Synaxarion.

#### From the Menaion.

On March 22 we commemorate the holy hieromartyr Basil, Presbyter of the Church of Ancyra.

On this day we also commemorate the holy women martyrs, Kallinike and Vasilissa, who died by the sword.

On this day we also commemorate St. Drosis, daughter of the emperor Trajan, and the five consecrated virgins with her.

The holy new devout martyr Efthymios, who contested in Constantinople in the year 1814, died by the sword.

By the intercessions of Your Saints, Christ O God, have mercy on us and save us. Amen.

From Menaion - - -

#### **CHOIR**

# Canon for the Saint. Ode vii. Mode pl. 2. Heirmos.

*Verse*: *Blessed are You, the God of our fathers.* 

Once the Angel caused the fiery furnace to emit \* dew to refresh the three holy youths. \* The Chaldeans were by command of God completely burnt. \* And therefore the tyrant was convinced \* to cry aloud, "O God of our fathers, blessed are You."

### Troparia.

Saint of God, intercede for us.

O wise Basil, you were a partaker of the unwaning day. You passed through the darkness of torments, shining with the light of divine grace and crying: Blessed are You, the God of our Fathers.

Verse: Blessed are You on the throne of Your kingdom, and You are praised and exalted beyond measure unto the ages. [SAAS]

O godly-minded athlete, your heart was established on the rock of divine knowledge. It was not shaken with the winds of temptations. You cried to the Redeemer of all: Blessed are You, the God of our Fathers.

Verse: Blessed are You in the firmament of heaven, for You are praised and glorified unto the ages. [SAAS]

O glorious fool, having been made a fool, the tyrant commanded that you be flayed. Although he beheld you enduring as if you were without flesh, he in no way had the understanding to cry: Blessed are You, the God of our Fathers.

### Glory.

O wise Basil, you shone out like gold when you were burned in the furnace of torments. You became an impress of the divine sufferings. You cried: Blessed are You, the God of our Fathers. [41]

#### Both now. **Theotokion**.

O Virgin, you perceived that your virginity had remained inviolate after childbearing. You cried to the Savior and God, who was born of you beyond understanding: Blessed are You, the God of our Fathers.

#### Ode viii.

From Menaion - - -

# Canon for the Saint. Ode viii. Mode pl. 2. Heirmos.

*Verse*: O you works, to the Lord sing a hymn, and exalt Him beyond measure unto the ages.

You made dew gush from fire for the devout young men, \* and with water You burned up the just one's sacrifice. \* You accomplish all, O Christ, \* simply by willing it. \* Unto all the ages supremely we exalt You.

# Troparia.

Saint of God, intercede for us.

O victorious Martyr, with all your might towards the Divine, you reckoned the pains of the body as a dream. Therefore, you have gladly passed over to that blessed life that knows no pain.

Verse: Bless the Lord, all you works of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

O thrice-blessed Basil, you were strengthened by the love of the almighty God. You unwaveringly endured the mutilation of your body. In the streams of your blood, you drown the enemy who is mighty in evil. [10]

Verse: Bless the Lord, all you works of the Lord, you heavens of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

Let the great Basil be extolled with hymns. He is the royal adornment of the Church of Christ, who portrayed in himself the Savior's Passion. He is a steadfast Martyr, the stronghold of the faithful.

Verse: Bless the Lord, all you waters above the heaven, all you powers of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

O Martyr, after your death, it was granted you to find supernal glory and unsetting light, the Kingdom of the Heavens, an unfading crown, ineffable joy, and a life that is without sorrow.

Verse: Bless the Lord, you sun and moon, you stars of heaven, and exalt Him beyond measure, unto all the ages. [SAAS]

#### Theotokion.

O all-holy Virgin most graced of God, the race of man has been deemed worthy of salvation through you. For you alone have conceived the Savior for our sakes. We supremely exalt Him to all the ages.

(read)

## Intermediate Verses of Ode Eight.

Bless the Lord, every shower and dew, all you winds, and exalt Him beyond measure, unto all the ages. [SAAS]

Bless the Lord, you fire and heat, you winter cold and summer heat, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you dews and snows, you frost and cold, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you hoarfrosts and snows, you lightning and clouds, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you light and darkness, you night and day, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you earth, you mountains and hills, and all you things growing on the earth, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you springs, you seas and rivers, you sea-monsters and everything that moves in the waters, and exalt Him beyond measure, unto all the ages. [SAAS]

(sung)

From Triodion - - -

Canon 1 from the Triodion.
Ode viii. Mode 4. (NM)
The Offspring of the Theotokos.

Verse: Bless the Lord, all you birds of heaven, all ou wild animals and cattle, and exalt Him beyond measure, unto all the ages. [SAAS]

Nailed to the Cross in Thy compassion,
Thou hast opened Paradise to the Thief. I have
fallen among thieves through the cunning
of the devil; my soul and my whole body
have been wounded. Heal me and in Thy
love for mankind open unto me the gates of
repentance. [KW]

Verse: Bless the Lord, O children of men. Bless the Lord, O Israel, and exalt Him beyond measure, unto all the ages. [SAAS]

Through fasting let us glorify our flesh and enrich our souls with virtues. Let us feed the poor and so acquire unfailing wealth in heaven, and let us cry: O all ye works of the Lord, praise ye the Lord and exalt Him above all for ever. [KW]

Verse: Bless the Lord, O priests of the Lord, O servants of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

O Saviour, supreme in love, at Thy
Passion the creation shook with fear, seeing
Thee nailed upon the Cross. My mind is
always shaken by the assaults of the serpent: I
pray Thee, merciful Lord, establish it firmly on
the unbroken rock of Thine own will. [KW]

*Verse:* Bless the Lord, O spirits and souls of the righteous, O holy ones and humble in heart, and exalt Him beyond measure, unto all the ages.

[SAAS]

#### Theotokion.

Thou art the Gate of God that is closed, through which the Lord alone has passed: direct me on the paths of God and open unto me the gates of salvation, O Virgin full of grace. Thou art the only Protection of mankind, and to thee I flee for refuge.

### Canon 2 from the Triodion.

# **Ode viii. Mode pl. 1.** (NM) Sing, O ye peoples.

Verse: Bless the Lord, O Hananiah, Azariah, and Mishael, and exalt Him beyond measure, unto all the ages. [SAAS]

I sing the praises of the holy Wood on which Thou, my Christ, wast crucified, and I bless Thee above all for ever.

Verse: Bless the Lord, O Apostles, Prophets, and Martyrs, and exalt Him beyond measure, unto all the ages. [SAAS]

The transgressors crucified and killed Thee on Golgotha, O Christ: but Thou dost live and save us for ever. [KW]

Verse: We bless the Lord: Father, Son, and Holy Spirit; we sing a hymn to Him and exalt Him beyond measure unto the ages. [SAAS]

### For the Trinity.

In a strange manner the Trinity is divided, while yet remaining undivided as God. Him do we exalt above all for ever. [KW]

#### Both now. **Theotokion**.

Intercede for those who sing thy praises, O All-Undefiled, that they may be delivered from every danger and temptation.

Glory to You, our God, glory to You.

Strengthening me by the power of the Cross, O Lord, grant me with good courage to complete the course of the Fast. [KW]

We praise and we bless and we worship the Lord.

# Heirmos (NM). Mode pl. 1.

Sing, O ye peoples, sing in praise of the Maker of creation, before whom angels tremble, and exalt Him above all for ever.

#### **DEACON**

Let us honor and magnify in song the Theotokos and the Mother of the light.

#### **CHOIR**

# Ode ix. Megalynarion. Mode pl. 2.

**Verse:** My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation. [NK]V]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

**Verse:** He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever. [NKIVI]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

From Menaion - -

# Canon for the Saint. Ode ix. Mode pl. 2. Heirmos.

For man to see God it is impossible, \* for even the angelic armies dare not to gaze on Him. \* But through you, O all-pure Maid, the Logos appeared incarnate unto mortals.\* Him do we magnify, \* and together with the hosts of heaven we pronounce you blest.

# Troparia.

Saint of God, intercede for us.

O all-blessed Basil, you were released from the flesh. You were counted worthy to see the delightful splendors of the Saints. You were united to the angelic hosts, always singing with them: Holy, Holy, Holy, O almighty Trinity, who accomplishes all things.

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*Verse*: Blessed be the Lord God of Israel, for he has visited and redeemed his people. [RSV]

O all-blessed Basil, as a light, as a great sun seen in the firmament of Christ's Church, you always illuminate with the bright rays of your contests and divine beams of miracles the souls of all who sing your praise. [16]

*Verse*: And has raised up a horn of salvation for us in the house of his servant David. [RSV]

O victorious Athlete, with help from God you have gloriously made yourself fair with the beauty of your contests. You now stand near Christ the most fair. You wear a crown of righteousness. Therefore, we the faithful honor you in gladness. [45]

Verse: As he spoke by the mouth of his holy prophets from of old. That we should be saved from our enemies, and from the hand of all who hate us.

[RSV]

O blessed Basil, the earth was sanctified at the divine burial of your sacred and divine body. The spirits of the righteous leapt for joy, because they have your spirit in their midst. With them remember all of us who remember you.

*Verse:* To perform the mercy promised to our fathers, and to remember his holy covenant. [RSV]

#### Theotokion.

O Virgin, awe-inspiring is the manner of your childbirth! For it was God incarnate who was born. O venerable Mother, perpetual Virgin, ask Him that all who honor you with undoubting faith may be delivered from terrible punishment.

From Triodion - - -

Canon 1 from the Triodion.

Ode ix. Mode 4. (NM) Christ, the corner-stone.

Verse: The oath which he swore to our father Abraham, to grant us that we, be[ing] delivered from the hand of our enemies. [RSV]

The prophet saw Thee, Saviour, as a stone cut from the mountain of the Virgin; and at Thy Crucifixion Thou hast rent the rocks. I am weighed down by the stone of insensitivity: O Lord all-merciful, do Thou set me free.

*Verse*: [That we] might serve him without fear, in holiness and righteousness before him all the days of our life. [RSV]

O my soul, fast from wickedness and take thy delight in divine love. Open wide the door to every thought of good, and by abstinence and prayer guard the entrance against evil. [KW]

Verse: And you, child, will be called the prophet of the Most High; for you will go before the Lord to prepare his ways. [RSV]

O my Master and Saviour, through Thy Cross Thou hast condemned the separation that made man an enemy of God. Save me, who am condemned, and though I am defiled by passions and darkened by sins, send me not to the punishment of Gehenna. [KW]

Verse: To give knowledge of salvation to his people in the forgiveness of their sins, through the tender mercy of our God. [RSV]

#### Theotokion.

When Thou shalt come in glory to judge the world, spare me, O Christ. At the prayers of Thy Mother, destroy the dark mist of my wickedness and make me an inheritor of Thy heavenly Kingdom. [KW]

# Canon 2 from the Triodion. Ode ix. Mode pl. 1. (NM) Rejoice, Isaiah.

Verse: When the day shall dawn upon us from on high to give light to those who sit in darkness and in the shadow of death. [RSV]

Through Thy Crucifixion Thou dost open Paradise again and deliver me from the eternal death of disobedience. With rejoicing I partake of life, and I magnify Thee as my God, O Thou who lovest mankind.

*Verse:* To guide our feet into the way of peace.

[RSV]

O Lord, Thy lifecreating Cross has turned the instrument of the curse into a seal of blessing. Beholding Thee upon it, we who before were dead are brought to life, and singing Thy praises we magnify Thee as our Master. [KW]

# Glory. For the Trinity.

O honoured Trinity, consubstantial, without beginning, source of life, O undivided Unity, I sing Thy praises: Father unbegotten, Word and Son begotten, and Holy Spirit, save us all who glorify Thee. [KW]

#### Both now. Theotokion.

Beyond our understanding is thy childbearing, O Mother of God. For without man thou hast conceived, and in virginity thou hast given birth; and the Child that thou hast borne is God. We magnify Him, O Virgin, and we call thee blessed. [KW]

Glory to You, our God, glory to You.

O precious Cross, my strength and refuge, bestow upon me light and joy; purify me through abstinence and deliver me from temptation, that I may give thee glory and magnify Christ the Master. KWI

# Heirmos. Mode pl. 1.

O Isaiah, dance with joy, for the Virgin in the womb conceived, \* and she has given birth to a Son, divine and human, Emmanuel, \* to whom the name Orient belongs. \* Him do we magnify, and the Virgin we beatify.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

#### **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Horologion - - -

#### **CHOIR**

# Photagogic Hymns Mode 1.

O Christ, who make the light to rise, purify my soul of every sin, by the power of Your Cross, and save me. [5D]

O Christ, who make the light to rise, purify my soul of every sin, by the intercessions of the Saints, and save me. [50]

O Christ, who make the light to rise, purify my soul of every sin, by the intercessions of the Theotokos, and save me.

#### **READER**

# Lauds. (read) Psalm 148.

Praise the Lord from the heavens; praise Him in the highest. Praise Him, all you His angels; praise Him, all you His hosts. Praise Him, sun and moon; praise Him, all you stars and light. Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name, for He spoke, and they were made; He commanded, and they were created. He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away. Praise the Lord from the earth, you dragons and all the deeps, Fire and hail, snow and ice, stormy wind, which perform His word, mountains and all the hills, fruitful trees and all cedars, wild animals and all cattle, creeping things and flying birds, kings of the earth and all peoples, princes and all judges of the earth, young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted; His thanksgiving is in earth

and heaven. And He shall exalt the horn of His people, a hymn for all His saints, for the children of Israel, a people who draw near to Him. [SAAS]

#### **Psalm 149.**

Sing to the Lord a new song, His praise in the assembly of His holy ones. Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King. Let them praise His name with dance; with tambourine and harp let them sing to Him; for the Lord is pleased with His people, and He shall exalt the gentle with salvation. The holy ones shall boast in glory, and they shall greatly rejoice on their beds; the high praise of God shall be in their mouth and a two-edged sword in their hand, to deal retribution to the nations, reproving among the peoples, to shackle their kings with chains and their nobles with fetters of iron, to fulfill among them the written judgment: This glory have all His holy ones. [SAAS]

#### Psalm 150.

Praise God in His saints; praise Him in the firmament of His power; praise Him for His mighty acts; praise Him according to the abundance of His greatness. Praise Him with the sound of a trumpet; praise Him with the harp and lyre; praise Him with timbrel and dance; praise Him with strings and flute; praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. Alleluia. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

### Doxology (read)

To you belongs glory, O Lord our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. Glory to God in the highest, and on earth peace, good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; onlybegotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every day I shall bless you, and I shall praise your name forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who know you. Grant, O Lord, that in this day we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy One, enlighten me with your commandments.

Lord, your mercy remains forever, do not turn away from the works of your hands. To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. Amen.

#### **DEACON**

Let us complete our morning prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For You are the God of mercy and compassion and love for mankind, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

#### **PRIEST**

Peace be with all.

(And with your spirit.)

#### **DEACON**

Let us bow our heads to the Lord.

(To You, O Lord.)

#### **PRIEST** (in a low voice)

Holy Lord, dwelling on high and beholding things below and, with your eye that observes all, keeping watch over the whole creation, to you we have bowed the neck of our soul and body, and we beseech you, O Holy of Holies: Stretch forth your invisible hand from your holy dwelling and bless us all. And, as you are good and love humankind, pardon us if we have sinned in anything, voluntarily or involuntarily, granting us your blessings both of this world and of the world above.

For Yours it is to show mercy and to save us, O our God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

#### **CHOIR**

Aposticha. From the Triodion.
From Triodion - - Idiomelon. Mode pl. 4.

Killing the passions, the present Fast brings promise of healing to those wounded by sin. God has given us this Fast to help us: let us honour and accept it as the divinely-written tables of the Law, given through Moses. Let us not choose wanton self-indulgence, because of which the tables once were broken; let us not perish with those whose carcasses fell in the wilderness. Let us not be like the Jews, of a sad countenance, but let us rejoice with the Church. Let us not be hypocrites like the Pharisees, but in the spirit of the Gospels let us put on the beauty of holiness, glorying in the Cross of Christ the Deliverer of our souls.

Verse: I lift my eyes to You, who dwell in heaven. Behold, as the eyes of servants look to the hands of their masters, as the eyes of the maidservant look to the hands of her mistress, so our eyes look to the Lord our God until He shall have compassion on us. [SAAS]

Killing the passions, the present Fast brings promise of healing to those wounded by sin. God has given us this Fast to help us: let us honour and accept it as the divinely-written tables of the Law, given through Moses. Let us not choose wanton self-indulgence, because of which the tables once were broken; let us not perish with those whose carcasses fell in the wilderness. Let us not be like the Jews, of a sad countenance, but let us rejoice with the Church. Let us not be hypocrites like the Pharisees, but in the spirit of the Gospels let us put on the beauty

of holiness, glorying in the Cross of Christ the **READER** Deliverer of our souls. [KW]

# For the Martyrs. Mode pl. 4. Automelon.

**Verse:** Have mercy on us, O Lord, have mercy on us, for we are greatly filled with contempt; our soul is greatly filled with it. We are a disgrace to those who prosper, and a contempt to the arrogant. [SAAS]

What are we to call you, O holy ones? \* Cherubim, inasmuch as Christ has found repose in you. \* Seraphim, for without ceasing you were glorifying Him. \* Or Angels, from the body you had turned away. \* Or Powers, you are active doing miracles. \* Your names are many, and greater are \* the spiritual gifts that you received. \* So intercede, we entreat you, that our souls be saved. [5D]

Glory. Both now. **Stavrotheotokion. Mode pl. 4.** (NM) What shall we call you.

'What is this strange wonder?' cried the Virgin to the Lord, as a mother to her child. 'The bitter pangs I knew not when I bore Thee, O my Son, now have pierced my heart. O Light of mine eyes, I cannot bear to see Thee nailed upon the Cross. But do Thou hasten to arise, as Thou hast promised, that with all the world I may glorify Thy dread and saving work.' [KW]

#### **PRIEST**

It is good to give thanks to the Lord and to **READER** sing to Your name, O Most High, to proclaim Your mercy in the morning and Your truth at night. [SAAS]

#### **Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

#### **PRIEST**

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

Standing in your glorious church, O Theotokos, we think we are standing in heaven. O heavenly Gate, open to us the door of your mercy.

Lord, have mercy. (40)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

In the name of the Lord, Father, bless!

#### **PRIEST**

Blessed are You, Christ our God, always now and forever and to the ages of ages.

(Amen.)

O heavenly King, uphold our rulers, strengthen the Faith, calm the nations, give peace to the world. Protect this holy Church (or, Monastery); grant our departed fathers and brethren that they may dwell with the righteous, and accept us in repentance and confession; for You are good and love mankind.

(Amen.)

# Prayer of St. Ephraim

O Lord and Master of my life, do not permit the spirit of laziness and meddling, the lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit of prudence, humility, patience and love.

Yes, Lord and King, give me the power to see my own faults and not to judge my brother.

For you are blessed unto the ages of ages. Amen. [HG]

Then we begin the First Hour, saying: "Come let us worship..."

or:

#### **READER**

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

#### **PRIEST**

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)