

Ὡρολόγιον

Ὁκτώηχος - Ἦχος πλ. δ'.

Τριώδιον

Κυριακή τῆς Τυρινῆς

Απόδειπνον Μικρόν

ΙΕΡΕΥΣ

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν
καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

ΙΕΡΕΥΣ

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

Βασιλεῦ οὐράνιε, Παράκλητε, τὸ
Πνεῦμα τῆς ἀληθείας, ὁ πανταχοῦ παρὼν
καὶ τὰ πάντα πληρῶν, ὁ θησαυρὸς τῶν
ἀγαθῶν καὶ ζωῆς χορηγός, ἐλθὲ καὶ
σκηνώσον ἐν ἡμῖν καὶ καθάρισον ἡμᾶς
ἀπὸ πάσης κηλίδος καὶ σῶσον, Ἀγαθέ, τὰς
ψυχὰς ἡμῶν.

ΑΝΑΓΝΩΣΤΗΣ

Τρισάγιον.

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε,
ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα,
συγχώρησον τὰς ἀνομίας ἡμῖν. Ἄγιε,
ἐπίσκεψαι καὶ ἰᾶσαι τὰς ἀσθενείας ἡμῶν,
ἐνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.

Horologion

Octoechos - Mode pl. 4.

Triodion

Cheesefare Sunday

Small Compline

PRIEST

Blessed is our God always, now and ever,
and to the ages of ages.

READER

Amen.

PRIEST

Glory to You, our God. Glory to You.

Heavenly King, Comforter, Spirit of
Truth, present in all places and filling all
things, treasury of good things and giver of
life: come; take Your abode in us; cleanse us of
every stain, and save our souls, O Good one.

[HC]

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

All-holy Trinity, have mercy on us.
Lord, forgive our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς,
ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ
βασιλεία σου. Γενηθήτω τὸ θέλημά σου,
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ
ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ
εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι
ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις
καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ
Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων. (Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν. Κύριε, ἐλέησον. (ιβ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν Χριστῷ τῷ Βασιλεῖ ἡμῶν
Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ
Θεῷ ἡμῶν.

Ψαλμὸς Ν' (50).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός
σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν
σου ἐξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον
πλυνόν με ἀπὸ τῆς ἀνομίας μου, καὶ ἀπὸ
τῆς ἁμαρτίας μου καθάρισόν με. Ὅτι τὴν

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Our Father, who art in heaven, hallowed
be Thy name. Thy kingdom come, Thy will
be done, on earth as it is in heaven. Give us
this day our daily bread; and forgive us our
trespasses, as we forgive those who trespass
against us. And lead us not into temptation,
but deliver us from evil. [GOA]

PRIEST

For Thine is the Kingdom and the power
and the glory, of the Father and of the Son
and of the Holy Spirit, now and forever and to
the ages of ages. (Amen.)

READER

Amen. Lord, have mercy. (12)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Come, let us worship and bow down
before God our King.

Come, let us worship and bow down
before Christ God our King.

Come, let us worship and bow down
before Him, Christ our King and God.

Psalms 50 (51).

Have mercy on me, O God, according
to Your great mercy; and according to the
abundance of Your compassion, blot out my
transgression. Wash me thoroughly from my
lawlessness and cleanse me from my sin. For

ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διὰ παντός. Σοὶ μόνῳ ἤμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῇς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ἰδοὺ γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἰδοὺ γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι. Ραντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι. Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην· ἀγαλλιάσονται ὅστέα τεταπεινωμένα. Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον. Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλῃς ἀπ' ἐμοῦ. Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με. Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με ἐξ αἱμάτων, ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου· ἀγαλλιᾶσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἂν· ὁλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει. Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τεῖχη Ἱερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὁλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

Ψαλμὸς ΕΘ' (69).

Ὁ Θεός, εἰς τὴν βοήθειάν μου
 πρόσχες, Κύριε, εἰς τὸ βοηθησαί
 μοι σπεῦσον. Αἰσχυνθήτωσαν καὶ
 ἐντραπήτωσαν οἱ ζητοῦντες τὴν ψυχὴν
 μου. Αποστραφήτωσαν εἰς τὰ ὀπίσω,
 καὶ καταισχυνθήτωσαν οἱ βουλόμενοί
 μοι κακά. Αποστραφήτωσαν παραυτίκα
 αἰσχυνόμενοι, οἱ λέγοντές μοι· Εὗγε, εὗγε.
 Αγαλλιάσθωσαν καὶ εὐφρανθήτωσαν ἐπὶ
 σοὶ πάντες, οἱ ζητοῦντές σε, ὁ Θεός, καὶ
 λεγέτωσαν διαπαντός· Μεγαλυνθήτω ὁ
 Κύριος, οἱ ἀγαπῶντες τὸ σωτήριόν σου. Ἐγὼ
 δὲ πτωχός εἰμι καὶ πένης, ὁ Θεός, βοήθησόν
 μοι· Βοηθός μου καὶ ῥύστης μου εἶ σύ, Κύριε,
 μὴ χρονίσης.

Ψαλμὸς PMB' (142).

Κύριε, εἰσάκουσον τῆς προσευχῆς μου,
 ἐνώτισαι τὴν δέησίν μου ἐν τῇ ἀληθείᾳ σου,
 εἰσάκουσόν μου ἐν τῇ δικαιοσύνῃ σου· καὶ
 μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου,
 ὅτι οὐ δικαιωθήσεται ἐνώπιόν σου πᾶς ζῶν.
 Ὅτι κατεδίωξεν ὁ ἐχθρὸς τὴν ψυχὴν μου,
 ἐταπείνωσεν εἰς γῆν τὴν ζωὴν μου, ἐκάθισέ
 με ἐν σκοτεινοῖς ὡς νεκροὺς αἰῶνος· καὶ
 ἠκηδίασεν ἐπ' ἐμὲ τὸ πνεῦμά μου, ἐν ἐμοὶ
 ἐταράχθη ἡ καρδιά μου. Ἐμνήσθην ἡμερῶν
 ἀρχαίων, ἐμελέτησα ἐν πᾶσι τοῖς ἔργοις
 σου, ἐν ποιήμασι τῶν χειρῶν σου ἐμελέτων.
 Διεπέτασα πρὸς σὲ τὰς χεῖράς μου· ἡ ψυχὴ
 μου ὡς γῆ ἄνυδρος σοι. Ταχὺ εἰσάκουσόν
 μου, Κύριε, ἐξέλιπε τὸ πνεῦμά μου. Μὴ
 ἀποστρέψῃς τὸ πρόσωπόν σου ἀπ' ἐμοῦ,
 καὶ ὁμοιωθῆσομαι τοῖς καταβαίνουσιν
 εἰς λάκκον. Ἀκουστὸν ποιήσόν μοι τὸ
 πρῶτ' ὅτι ἔλεός σου, ὅτι ἐπὶ σοὶ ἠλπισα.
 Γνώρισόν μοι, Κύριε, ὁδόν, ἐν ἣ πορεύσομαι,
 ὅτι πρὸς σὲ ἦρα τὴν ψυχὴν μου. Ἐξελοῦ

Psalm 69 (70).

O God, [give heed] to help me. [O Lord,
 make haste to help me.] May those who seek
 my soul be dishonored and shamed; may
 those who plot evils against me be turned
 back and disgraced; may those be turned
 back immediately who shame me, saying,
 "Well done! Well done!" May all who seek
 You greatly rejoice and be glad in You, and
 let those who love Your salvation always say,
 "Let God be magnified." but I am poor and
 needy; O God, help me. You are my helper
 and deliverer, O Lord; do not delay. [SAAS]

Psalm 142 (143).

O Lord, hear my prayer; give ear to my
 supplication in Your truth; answer me in Your
 righteousness; do not enter into judgment
 with Your servant, for no one living shall
 become righteous in Your sight. For the
 enemy persecuted my soul; he humbled my
 life to the ground; he caused me to dwell
 in dark places as one long dead, and my
 spirit was in anguish within me; my heart
 was troubled within me. I remembered the
 days of old, and I meditated on all Your
 works; I meditated on the works of Your
 hands. I spread out my hands to You; my soul
 thirsts for You like a waterless land. Hear me
 speedily, O Lord; my spirit faints within me;
 turn not Your face from me, lest I become
 like those who go down into the pit. Cause
 me to hear Your mercy in the morning, for
 I hope in You; make me know, O Lord, the
 way wherein I should walk, for I lift up my
 soul to You. Deliver me from my enemies, O

με ἐκ τῶν ἐχθρῶν μου, Κύριε, ὅτι πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου. Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῇ εὐθείᾳ· ἕνεκεν τοῦ ὀνόματός σου, Κύριε, ζήσεις με, ἐν τῇ δικαιοσύνῃ σου ἐξάξεις ἐκ θλίψεως τὴν ψυχὴν μου· καὶ ἐν τῷ ἐλέει σου ἐξολοθρεύσεις τοὺς ἐχθρούς μου καὶ ἀπολεῖς πάντα τοὺς θλίβοντας τὴν ψυχὴν μου, ὅτι ἐγὼ δοῦλός σου εἰμι.

Δοξολογία

Δόξα ἐν ὑψίστοις Θεῷ, καὶ ἐπὶ γῆς εἰρήνη ἐν ἀνθρώποις εὐδοκία. Ὑμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν. Κύριε Βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα. Κύριε ὁ Θεός, ὁ Ἀμνὸς τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατρὸς, ὁ αἰρων τὴν ἁμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἰρων τὰς ἁμαρτίας τοῦ κόσμου. Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾷ τοῦ Πατρὸς, καὶ ἐλέησον ἡμᾶς. Ὅτι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρὸς. Ἀμήν. Καθ' ἐκάστην ἐσπέραν εὐλογήσω σε, καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα, καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με· ἴασαι τὴν ψυχὴν μου, ὅτι ἥμαρτόν σοι. Κύριε, πρὸς σὲ κατέφυγον· δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου. Ὅτι παρὰ σοὶ πηγὴ ζωῆς· ἐν τῷ φωτί σου ὀψόμεθα φῶς. Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε. Καταξίωσον, Κύριε, ἐν τῇ νυκτὶ ταύτῃ ἀναμαρτήτους

Lord, for to You I flee for refuge. Teach me to do Your will, for You are my God; Your good Spirit shall guide me in the land of uprightness. For Your name's sake, O Lord, give me life; in Your righteousness You shall bring my soul out of affliction. In Your mercy You shall destroy my enemies; You shall utterly destroy all who afflict my soul, for I am Your servant. [SAAS]

Doxology

Glory to God in the highest, and on earth peace, good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; only-begotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every evening I shall bless you, and I shall praise your name forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who know you. Grant, O Lord, that in this night we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your

φυλαχθῆναι ἡμᾶς. Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν. Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ. Εὐλογητὸς εἶ, Κύριε· δίδαξόν με τὰ δικαιώματά σου. Εὐλογητὸς εἶ, Δέσποτα· συνέτισόν με τὰ δικαιώματά σου. Εὐλογητὸς εἶ, Ἄγιε· φώτισόν με τοῖς δικαιώμασί σου. Κύριε, τὸ ἔλεός σου εἰς τὸν αἰῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδῃς. Σοὶ πρόπει αἶνος, σοὶ πρόπει ὕμνος, σοὶ δόξα πρόπει, τῷ Πατρὶ, καὶ τῷ Υἱῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Τὸ Πιστεύω

Πιστεύω εἰς ἓνα Θεόν, Πατέρα, Παντοκράτορα, ποιητὴν οὐρανοῦ καὶ γῆς, ὁρατῶν τε πάντων καὶ ἀορατῶν. Καὶ εἰς ἓνα Κύριον Ἰησοῦν Χριστόν, τὸν Υἱὸν τοῦ Θεοῦ τὸν μονογενῆ, τὸν ἐκ τοῦ Πατρὸς γεννηθέντα πρὸ πάντων τῶν αἰώνων· φῶς ἐκ φωτός, Θεὸν ἀληθινὸν ἐκ Θεοῦ ἀληθινοῦ, γεννηθέντα οὐ ποιηθέντα, ὁμοούσιον τῷ Πατρὶ, δι' οὗ τὰ πάντα ἐγένετο. Τὸν δι' ἡμᾶς τοὺς ἀνθρώπους καὶ διὰ τὴν ἡμετέραν σωτηρίαν κατελθόντα ἐκ τῶν οὐρανῶν καὶ σαρκωθέντα ἐκ Πνεύματος Ἁγίου καὶ Μαρίας τῆς Παρθένου καὶ ἐνανθρωπήσαντα. Σταυρωθέντα τε ὑπὲρ ἡμῶν ἐπὶ Ποντίου Πιλάτου, καὶ παθόντα καὶ ταφέντα. Καὶ ἀναστάντα τῇ τρίτῃ ἡμέρᾳ κατὰ τὰς Γραφάς. Καὶ ἀνελθόντα εἰς τοὺς οὐρανοὺς καὶ καθεζόμενον ἐκ δεξιῶν τοῦ Πατρὸς. Καὶ πάλιν ἐρχόμενον μετὰ δόξης κρῖναι ζῶντας καὶ νεκρούς, οὗ τῆς βασιλείας οὐκ ἔσται τέλος. Καὶ εἰς τὸ Πνεῦμα τὸ Ἅγιον,

name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy One, enlighten me with your commandments. Lord, your mercy remains forever, do not turn away from the works of your hands. To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. Amen.

The Creed

I believe in one God, Father Almighty, Creator of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all ages; Light of Light, true God of true God, begotten, not created, of one essence with the Father through Whom all things were made. Who for us men and for our salvation came down from heaven and was incarnate of the Holy Spirit and the Virgin Mary and became man. He was crucified for us under Pontius Pilate, and suffered and was buried; And He rose on the third day, according to the Scriptures. He ascended into heaven and is seated at the right hand of the Father; And He will come again with glory to judge the living and dead. His kingdom shall have no end. And in the Holy Spirit, the Lord, the Creator of life, Who proceeds from the Father, Who together with the Father and the Son is worshipped and glorified, Who spoke through the prophets.

τὸ Κύριον, τὸ ζωοποιόν, τὸ ἐκ τοῦ Πατρὸς
ἐκπορευόμενον, τὸ σὺν Πατρὶ καὶ Υἱῷ
συμπροσκυνούμενον καὶ συνδοξαζόμενον,
τὸ λαλήσαν διὰ τῶν προφητῶν. Εἰς μίαν,
Ἀγίαν, Καθολικὴν καὶ Ἀποστολικὴν
Ἐκκλησίαν. Ὁμολογῶ ἓν βάπτισμα εἰς
ἄφεσιν ἁμαρτιῶν. Προσδοκῶ ἀνάστασιν
νεκρῶν. Καὶ ζωὴν τοῦ μέλλοντος αἰῶνος.
Ἀμήν.

Ἀξιόν ἐστιν ὡς ἀληθῶς μακαρίζειν
σε τὴν Θεοτόκον, τὴν ἀειμακάριστον
καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ
ἡμῶν. Τὴν τιμιωτέραν τῶν Χερουβείμ καὶ
ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφείμ,
τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν
ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

ΑΝΑΓΝΩΣΤΗΣ

Τρισάγιον.

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἀγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε,
ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα,
συγχώρησον τὰς ἀνομίας ἡμῖν. Ἄγιε,
ἐπίσκεψαι καὶ ἰάσαι τὰς ἀσθενείας ἡμῶν,
ἐνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἀγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς,
ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ
βασιλεία σου. Γενηθήτω τὸ θέλημά σου,

In one, holy, catholic, and apostolic Church.
I confess one baptism for the forgiveness of
sins. I look for the resurrection of the dead,
and the life of the age to come. Amen. [GOA]

It is truly right to bless you, Theotokos,
ever blessed, most pure, and Mother of our
God. More honorable than the Cherubim,
and beyond compare more glorious than the
Seraphim, without corruption you gave birth
to God the Logos. We magnify you, the true
Theotokos. [GOA]

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

All-holy Trinity, have mercy on us.
Lord, forgive our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Our Father, who art in heaven, hallowed
be Thy name. Thy kingdom come, Thy will
be done, on earth as it is in heaven. Give us

ὥς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὥς καὶ
ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ
εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι
ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις
καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ
Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων. (Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Οἰκτιρήχου ---

Ὑπακοή. Ἦχος πλ. δ'.

Αἱ Μυροφόροι τοῦ Ζωοδότου ἐπιστᾶσαι
τῷ μνήματι, τὸν Δεσπότην ἐζήτουν,
ἐν νεκροῖς τὸν ἀθάνατον, καὶ χαρᾶς
εὐαγγέλια, ἐκ τοῦ Ἀγγέλου δεξάμεναι, τοῖς
Ἀποστόλοις ἐμήνουν· Ὅτι ἀνέστη Χριστὸς ὁ
Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Κοντάκιον τοῦ Τριωδίου.

Τοῦ Τριωδίου ---

Ἦχος πλ. β'. Ἀντόμελον.

Τῆς σοφίας ὁδηγέ, φρονήσεως χορηγέ,
τῶν ἀφρόνων παιδευτά, καὶ πτωχῶν
ὑπερασπιστά, στήριξον, συνέτισον τὴν
καρδίαν μου Δέσποτα. Σὺ δίδου μοι λόγον,
ὁ τοῦ Πατρὸς Λόγος· ἰδοὺ γὰρ τὰ χεῖλή μου,
οὐ μὴ κωλύσω ἐν τῷ κράζειν σοι· Ἐλεῆμον,
ἐλέησόν με τὸν παραπεσόντα.

Κύριε, ἐλέησον. (μ')

Ὁ ἐν παντὶ καιρῷ καὶ πάσῃ ὥρᾳ ἐν
οὐρανῷ καὶ ἐπὶ γῆς προσκυνούμενος
καὶ δοξαζόμενος Χριστὸς ὁ Θεός,
ὁ μακρόθυμος, ὁ πολυέλεος, ὁ
πολυεύσπλαγχνος, ὁ τοὺς δικαίους ἀγαπῶν
καὶ τοὺς ἁμαρτωλοὺς ἐλεῶν, ὁ πάντας
καλῶν πρὸς σωτηρίαν διὰ τῆς ἐπαγγελίας

this day our daily bread; and forgive us our
trespasses, as we forgive those who trespass
against us. And lead us not into temptation,
but deliver us from evil. [GOA]

PRIEST

For Thine is the Kingdom and the power
and the glory, of the Father and of the Son
and of the Holy Spirit, now and forever and to
the ages of ages. (Amen.)

READER

From Octoechos ---

Hypakoe. Mode pl. 4.

The myrrh-bearing women came to the
grave of the Giver of life seeking the immortal
Master among the dead. And receiving good
tidings of joy from the Angel, they reported
to the Apostles, that Christ God had risen,
granting the world great mercy. [SD]

Kontakion from Triodion.

From Triodion ---

Mode pl. 2. (not metered)

O guide to wisdom, provider of prudence,
disciplinarian of fools, and defender of the
poor, fortify and discipline my heart, O
Master; You, give me a word, O Word of the
Father. For behold, I will not hinder my lips
from crying to You: O merciful Lord, have
mercy on me who have fallen. [GKD]

Lord, have mercy. (40)

O Christ our God, who at all times and at
every hour, both in heaven and on earth, are
worshipped and glorified, long suffering and
plenteous in mercy and compassion; who love
the just and show mercy to the sinners; who
call all men to salvation through the promise
of the blessings to come: Do you, the same

τῶν μελλόντων ἀγαθῶν, αὐτός Κύριε,
 πρόσδεξαι καὶ ἡμῶν ἐν τῇ ὥρᾳ ταύτῃ τὰς
 ἐντεύξεις καὶ ἴθυνον τὴν ζωὴν ἡμῶν πρὸς
 τὰς ἐντολάς σου. Τὰς ψυχὰς ἡμῶν ἀγίασον,
 τὰ σώματα ἁγνισον, τοὺς λογισμοὺς
 διόρθωσον, τὰς ἐννοίας κάθαρον καὶ ῥῦσαι
 ἡμᾶς ἀπὸ πάσης θλίψεως, κακῶν καὶ
 ὀδύνης. Τείχισον ἡμᾶς ἀγίοις σου Ἀγγέλοις,
 ἵνα τῇ παρεμβολῇ αὐτῶν φρουρούμενοι
 καὶ ὁδηγούμενοι καταντήσωμεν εἰς τὴν
 ἐνότητα τῆς πίστεως καὶ εἰς τὴν ἐπίγνωσιν
 τῆς ἀπροσίτου σου δόξης, ὅτι εὐλογητὸς εἶ
 εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
 Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν
 αἰώνων. Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
 ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,
 τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
 τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

ΙΕΡΕΥΣ

Ὁ Θεὸς οἰκτιρῆσαι ἡμᾶς καὶ εὐλογήσαι
 ἡμᾶς· ἐπιφάναι τὸ πρόσωπον αὐτοῦ ἐφ'
 ἡμᾶς, καὶ ἐλεῆσαι ἡμᾶς.

ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Κύριε, ἐλέησον. (ιβ')

Καὶ σῶσον ἡμᾶς, Παναγία Παρθένε.

Εὐχὴ εἰς τὴν Ὑπεραγίαν Θεοτόκον
 Παύλου μοναχοῦ, Μονῆς τῆς Εὐεργέτιδος

Ἀσπιλε, ἀμόλυντε, ἄφθορε, ἄχραντε,
 ἀγνή Παρθένε, Θεόνυμφε Δέσποινα, ἡ Θεὸν

Lord, receive also our supplications at this
 present time, and direct our lives according
 to your commandments. Sanctify our souls;
 purify our bodies; set our minds right; clear
 up our thoughts, and deliver us from every
 sorrow, evil and distress. Surround us with
 your holy Angels so that being guarded and
 guided by their presence, we may arrive at the
 unity of the faith and the knowledge of your
 ineffable glory; for blessed are you unto the
 ages of ages. Amen.

Lord, have mercy. (3)

Glory to the Father and the Son and the
 Holy Spirit. Both now and ever and to the
 ages of ages. Amen.

Greater in honor than the Cherubim, and
 in glory greater beyond compare than the
 Seraphim; you without corruption gave birth
 to God the Word, and are truly Theotokos.
 You do we magnify.

In the name of the Lord, Father, bless!

PRIEST

May God have compassion on us and
 bless us; may his face shine upon us and have
 mercy on us.

READER

Amen.

Lord, have mercy. (12)

Save us, all-holy Theotokos.

Prayer to the Virgin
 by Paul the Monk of the
 Monastery of Evergetis

O spotless, unstained, incorruptible,
 undefiled, pure Virgin, Lady Bride of God,

Λόγον τοῖς ἀνθρώποις τῇ παραδόξῳ σου
 κυήσει ἐνώσασα καὶ τὴν ἀπωσθεῖσαν φύσιν
 τοῦ γένους ἡμῶν τοῖς οὐρανίοις συνάψασα·
 ἡ τῶν ἀπηλπισμένων μόνη ἐλπίς καὶ
 τῶν πολεμουμένων βοήθεια, ἡ ἐτοίμη
 ἀντίληψις τῶν εἰς σὲ προστρεχόντων, καὶ
 πάντων τῶν Χριστιανῶν τὸ καταφύγιον·
 μὴ βδελύξῃ με τὸν ἁμαρτωλόν, τὸν
 ἐναγῆ, τὸν αἰσχροῖς λογισμοῖς καὶ
 λόγοις καὶ πράξεσιν ὅλον ἑμαυτὸν
 ἀχρειώσαντα, καὶ τῇ τῶν ἡδονῶν τοῦ
 βίου, ῥαθυμίᾳ γνώμης, δοῦλον γενόμενον.
 Ἀλλ' ὡς τοῦ φιλανθρώπου Θεοῦ Μήτηρ,
 φιλανθρώπως σπλαγχνίθητι ἐπ' ἐμοὶ τῷ
 ἁμαρτωλῷ καὶ ἀσώτῳ, καὶ δέξαι μου τὴν
 ἐκ ῥυπαρῶν χειλέων προσφερομένην
 σοι δέησιν, καὶ τὸν σὸν Υἱόν, καὶ ἡμῶν
 Δεσπότην καὶ Κύριον, τῇ μητρικῇ σου
 παρρησίᾳ χρωμένη δυσώπησον, ἵνα ἀνοίξῃ
 καὶ ἐμοὶ τὰ φιλάνθρωπα σπλάγχνα τῆς
 αὐτοῦ ἀγαθότητος καί, παριδὼν μου τὰ
 ἀναρίθμητα πταίσματα, ἐπιστρέψῃ με
 πρὸς μετάνοιαν καὶ τῶν αὐτοῦ ἐντολῶν
 ἐργάτην δόκιμον ἀναδείξῃ με. Καὶ πάρεσό
 μοι αἰεὶ ὡς ἐλεήμων καὶ συμπαθὴς καὶ
 φιλάγαθος, ἐν μὲν τῷ παρόντι βίῳ
 θερμὴ προστάτις καὶ βοηθός, τὰς τῶν
 ἐναντίων ἐφόδους ἀποτειχίζουσα καὶ
 πρὸς σωτηρίαν καθοδηγοῦσα με· καὶ ἐν
 τῷ καιρῷ τῆς ἐξόδου μου τὴν ἀθλίαν μου
 ψυχὴν περιέπουσα καὶ τὰς σκοτεινὰς ὁψεις
 τῶν πονηρῶν δαιμόνων πόρρω αὐτῆς
 ἀπελαύνουσα. Ἐν δὲ τῇ φοβερᾷ ἡμέρᾳ
 τῆς κρίσεως, τῆς αἰωνίου με ῥυομένη
 κολάσεως, καὶ τῆς ἀπορρήτου δόξης τοῦ
 σοῦ Υἱοῦ καὶ Θεοῦ ἡμῶν κληρονόμον με
 ἀποδεικνύουσα. Ἦς καὶ τύχοιμι, Δέσποινα
 μου, ὑπεραγία Θεοτόκε, διὰ τῆς σῆς

who through your wondrous birth-giving
 united God the Word with mankind, and
 linked the fallen nature of our human race
 with the heavenly; the only hope of the
 hopeless and the help of the persecuted; the
 ready support of those who seek refuge in
 you, and the shelter of all the Christians: do
 not despise me, the wretched sinner who have
 defiled myself with shameful thoughts and
 words and deeds, and through negligence of
 thought have become slave to the pleasures of
 life. But as the Mother of our compassionate
 God, and a friend of man, have compassion
 on me the sinner and prodigal, and accept this
 prayer from my impure lips; and using your
 motherly standing, entreat your Son and our
 Master and Lord to open unto me the depths
 of his loving goodness and, overlooking
 my innumerable faults, to return me to
 repentance and make me a worthy servant of
 his commandments. Stand by me forever; in
 this life as a merciful and compassionate and
 good and lovingly warm protector and helper,
 by repulsing the assaults of the adversary and
 leading me toward salvation; and at the time
 of my death, by embracing my miserable soul
 and driving far away from it the dark faces of
 the evil demons; and at the awesome day of
 judgment by redeeming me from eternal hell,
 and proclaiming me an heir of the ineffable
 glory of your Son and our God. May I enjoy
 such fate, my Lady, most-holy Theotokos,
 through your intercession and protection;
 through the grace and love for mankind of
 your only begotten Son, our Lord and God
 and Savior Jesus Christ. To whom belong all
 glory, honor and worship, together with his
 beginningless Father, and the all holy and

μεσιτείας καὶ ἀντιλήψεως, χάριτι καὶ
 φιλανθρωπία τοῦ μονογενοῦς ΣουΥίου, τοῦ
 Κυρίου καὶ Θεοῦ καὶ Σωτῆρος ἡμῶν Ἰησοῦ
 Χριστοῦ. Ὡς πρέπει πᾶσα δόξα, τιμὴ καὶ
 προσκύνησις, σὺν τῷ ἀνάρχῳ αὐτοῦ Πατρὶ
 καὶ τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ
 αὐτοῦ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
 αἰῶνας τῶν αἰώνων. Ἀμήν.

**Εὐχὴ εἰς τὸν Κύριον
 ἡμῶν Ἰησοῦν Χριστόν**

Ἀντιόχου Μοναχοῦ τοῦ Πανδέκτου

Καὶ δὸς ἡμῖν, Δέσποτα, πρὸς ὕπνον
 ἀπιοῦσιν, ἀνάπαυσιν σώματος καὶ ψυχῆς,
 καὶ διαφύλαξον ἡμᾶς ἀπὸ τοῦ ζοφεροῦ
 ὕπνου τῆς ἀμαρτίας καὶ ἀπὸ πάσης
 σκοτεινῆς καὶ νυκτερινῆς ἡδυπαθείας.
 Παῦσον τὰς ὁρμὰς τῶν παθῶν, σβέσον
 τὰ πεπυρωμένα βέλη τοῦ πονηροῦ τὰ καθ'
 ἡμῶν δολίως κινούμενα. Τὰς τῆς σαρκὸς
 ἡμῶν ἐπαναστάσεις κατὰστειλον καὶ πᾶν
 γεῶδες καὶ ὑλικὸν ἡμῶν φρόνημα κοίμισον.
 Καὶ δώρησαι ἡμῖν, ὁ Θεός, γρήγορον νοῦν,
 σώφρονα λογισμόν, καρδίαν νήφουσαν,
 ὕπνον ἐλαφρόν καὶ πάσης σατανικῆς
 φαντασίας ἀπηλλαγμένον. Διανάστησον
 δὲ ἡμᾶς ἐν τῷ καιρῷ τῆς προσευχῆς
 ἐστηριγμένους ἐν ταῖς ἐντολαῖς σου καὶ
 τὴν μνήμην τῶν σῶν κριμάτων ἐν ἑαυτοῖς
 ἀπαράθραυστον ἔχοντας. Παννύχιον ἡμῖν
 τὴν σὴν δοξολογίαν χάρισαι εἰς τὸ ὑμνεῖν
 καὶ εὐλογεῖν καὶ δοξάζειν τὸ πάντιμον καὶ
 μεγαλοπρεπὲς ὄνομα σου, τοῦ Πατρὸς καὶ
 τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ
 ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ὑπερένδοξε, ἀειπάρθενε, εὐλογημένη
 Θεοτόκε, προσάγαγε τὴν ἡμετέραν

good and life giving Spirit, now and ever, and
 to the ages of ages. Amen. [HC]

Prayer to our Lord Jesus Christ

by Antiochus, Monk of Pandektos

And grant to us, Master, as we depart for
 sleep, rest of body and soul, and preserve us
 from the gloomy slumber of sin, and from
 every dark and nocturnal pleasure. Arrest
 the drives of passion; extinguish the burning
 arrows of the Evil One which insidiously fly
 in our direction; suppress the rebellions of our
 flesh, and calm our every earthly and material
 thought. And grant to us, O God, alert mind,
 prudent thinking, sober heart, light sleep free
 of any satanic fantasy. Awaken us at the time
 of prayer rooted in your commandments and
 having unbroken within us the remembrance
 of your ordinances. Grant that we may sing
 your glory through the night by praising and
 blessing and glorifying your most honorable
 and majestic name, of the Father and of the
 Son and of the Holy Spirit, now and ever, and
 to the ages of ages. Amen. [HC]

Most glorious, ever virgin, blessed
 Theotokos, bring our prayer before your Son

προσευχὴν τῷ Υἱῷ σου καὶ Θεῷ ἡμῶν, καὶ αἰτῆσαι ἵνα σώσῃ διὰ σοῦ τὰς ψυχὰς ἡμῶν.

Ἡ ἐλπίς μου ὁ Πατήρ, καταφυγὴ μου ὁ Υἱός, σκέπη μου τὸ Πνεῦμα τὸ ἅγιον, Τριάς ἁγία, δόξα σοι.

Τὴν πᾶσαν ἐλπίδα μου, εἰς σὲ ἀνατίθην, Μήτηρ τοῦ Θεοῦ, φύλαξόν με ὑπὸ τὴν σκέπην σου.

Εἰ βούλει, τὸ ἐξῆς·

Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις, ἀγγέλων τὸ σύστημα, καὶ ἀνθρώπων τὸ γένος, ἡγιασμένε ναέ, καὶ Παράδεισε λογικέ, παρθενικὸν καύχημα· ἐξ ἧς Θεὸς ἐσαρκώθη, καὶ παιδίον γέγονεν, ὁ πρὸ αἰώνων ὑπάρχων Θεὸς ἡμῶν· τὴν γὰρ σὴν μήτραν θρόνον ἐποίησε, καὶ τὴν σὴν γαστέρα, πλατυτέραν οὐρανῶν ἀπειργάσατο. Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις· δόξα σοι.

Εἰ βούλει, τὸ ἐξῆς·

ΕΥΧΗ

Εἰς τὸ Ἀγγελον φύλακα
τῆς τοῦ ἀνθρώπου ζωῆς.

Ἄγιε Ἀγγελε, ὁ ἐφ'esτώς τῆς ἀθλίας μου ψυχῆς καὶ ταλαιπώρου μου ζωῆς, μὴ ἐγκαταλίπῃς με τὸν ἀμαρτωλόν, μηδὲ ἀποστῇς ἀπ' ἐμοῦ διὰ τὴν ἀκρασίαν μου· μὴ δώῃς χώραν τῷ πονηρῷ δαίμονι κατακυριεῦσαι μου τῇ καταδυναστείᾳ τοῦ θνητοῦ τούτου σώματος· κράτησαν τῆς ἀθλίας καὶ παρειμένης χειρός μου, καὶ ὁδήγησόν με εἰς ὁδὸν σωτηρίας. Ναί, ἅγιε Ἀγγελε τοῦ Θεοῦ, ὁ φύλαξ καὶ σκεπαστῆς τῆς ἀθλίας μου ψυχῆς καὶ τοῦ σώματος, πάντα μοι συγχώρησον, ὅσα σοι ἔθλιψα πάσας τὰς ἡμέρας τῆς ζωῆς μου, καὶ εἴ τι ἥμαρτον τὴν σήμερον ἡμέραν· σκέπασόν με

and our God, and entreat him, through you, to save our souls. [HC]

The Father is my hope, the Son is my refuge, the Holy Spirit is my shelter, Holy Trinity, glory to you. [HC]

O Mother of God, I have committed my every hope wholly unto you. Keep me under your shelter. [SD]

Optional:

In you, O Lady full of grace, rejoices all creation, the orders of Angels and the human race together. O hallowed temple and rational Garden of Paradise, the pride of virgins, from you did God become incarnate, and our God who existed before the ages became a child. For He made your womb a throne for himself, and your body He made wider than the heavens. In you, O Lady full of grace, rejoices all creation. Glory to you. [SD]

Optional:

PRAYER

To the Guardian Angel

Holy Angel, attendant on my wretched soul and my afflicted life, do not abandon me, a sinner, nor depart from me because of my lack of self-control. Give no place to the wicked demon to dominate me by taking over this mortal body of mine. Hold my wretched and feeble hand, and lead me on the way of salvation. Yes, holy Angel of God, guardian and protector of my wretched soul and body, forgive me everything that I have done to trouble you all the days of my life, and if I have sinned in anything today. Shelter me tonight, and preserve me from every prank of the enemy, that I may not anger God by any sin. Intercede with the Lord on my behalf, that He strengthen me in

ἐν τῇ παρούσῃ νυκτὶ καὶ διαφύλαξόν με ἀπὸ πάσης ἐπηρείας τοῦ ἀντικειμένου, ἵνα μὴ ἔν τινι ἁμαρτήματι παροργίσω τὸν Θεόν· καὶ πρέσβενε ὑπὲρ ἐμοῦ πρὸς τὸν Κύριον τοῦ ἐπιστηρίζαι με ἐν τῷ φόβῳ αὐτοῦ καὶ ἄξιον ἀναδειξαί με δοῦλον τῆς αὐτοῦ ἀγαθότητος. Ἀμήν.

Εἰ βούλει, τὸ ἐξῆς·

Θεοτόκε Παρθένε, χαῖρε κεχαριτωμένη Μαρία, ὁ Κύριος μετὰ σοῦ· εὐλογημένη σὺ ἐν γυναιξί, καὶ εὐλογημένος ὁ καρπὸς τῆς κοιλίας σου, ὅτι Σωτὴρ ἔτεκες τῶν ψυχῶν ἡμῶν. *(ἅπαξ) ἦ· (ἐκ γ')*

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Εὐλόγησον.

ΙΕΡΕΥΣ

Ὁ ἀναστὰς ἐκ νεκρῶν, Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς πρεσβείαις τῆς παναχράντου καὶ παναμώμου ἁγίας αὐτοῦ Μητρός, δυνάμει τοῦ τιμίου καὶ ζωοποιῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων Ἀσωμάτων, ἰκεσίαις τοῦ τιμίου, ἐνδόξου, προφήτου, Προδρόμου καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν· *(τοῦ Ἁγίου τοῦ Ναοῦ)*· τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ πάντων τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

Εὐξώμεθα ὑπὲρ εἰρήνης τοῦ κόσμου.
(Κύριε, ἐλέησον.)

the fear of Him, and that He make me a worthy servant of His goodness. Amen. [SD]

Optional:

O Virgin Theotokos, rejoice, Mary full of grace. The Lord is with you. Blessed are you among women, and blessed is the fruit of your womb; for you have borne the Savior of our souls (once) or: (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Father, bless!

PRIEST

May He Who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, *(local patron saint)*; of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Let us pray for the peace of the world.
(Lord, have mercy.)

Ὑπερ τῶν εὐσεβῶν καὶ ὀρθοδόξων
Χριστιανῶν.

Ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν
(τοῦ δεῖνος).

Ὑπὲρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους.

Ὑπὲρ εὐοδώσεως καὶ ἐνισχύσεως τοῦ
φιλοχρίστου στρατοῦ.

Ὑπερ τῶν ἀπολειφθέντων πατέρων, καὶ
ἀδελφῶν ἡμῶν.

Ὑπερ τῶν διακονούντων καὶ
διακονησάντων ἡμῖν.

Ὑπὲρ τῶν μισούντων καὶ ἀγαπώντων
ἡμᾶς.

Ὑπερ τῶν ἐντειλαμένων ἡμῖν τοῖς
ἀναξίοις εὐχεσθαι ὑπὲρ αὐτῶν.

Ὑπὲρ ἀναρρύσεως τῶν αἰχμαλώτων.

Ὑπερ τῶν ἐν θαλάσῃ καλῶς
πλεόντων.

Ὑπὲρ τῶν ἐν ἀσθενείαις κατακειμένων.

Εὐξώμεθα καὶ ὑπὲρ εὐφορίας τῶν
καρπῶν τῆς γῆς.

Καὶ ὑπὲρ πάντων τῶν
προαναπαυσασμένων πατέρων καὶ ἀδελφῶν
ἡμῶν, τῶν ἐνθάδε εὐσεβῶς κειμένων, καὶ
ἀπανταχοῦ Ὄρθοδόξων.

Εἴπωμεν καὶ ὑπὲρ ἑαυτῶν, τὸ Κύριε,
ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ
σῶσον ἡμᾶς.

(Ἀμήν.)

For all pious and Orthodox Christians.

For our (episcopal rank) (name).

For our nation.

For the armed forces.

For our departed fathers and mothers,
sisters and brothers.

For those who have mercy on us and
serve us.

For those who hate us and those who love
us.

For those who have asked us the
unworthy to pray for them.

For the release of captives.

For those who are traveling.

For those who are ill.

Let us pray also for the abundance of the
fruits of the earth.

And for all our family and friends who
have fallen asleep before us, the Orthodox
here and everywhere piously laid to sleep.

Let us also say for ourselves: Lord, have
mercy. Lord, have mercy. Lord, have mercy.

PRIEST

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(Amen.)