

Sources

VPA Copyright © 2016 by Virgil Peter Andronache

SD Copyright © 2018 by Fr. Seraphim Dedes

GKD Copyright © 2017 by Geroge K. Duvall

GOA © The Greek Orthodox Archdiocese of America

HC Liturgical Texts courtesy and copyright of Holy Cross Press, Brookline, MA

JMB Copyright © 2015 by John Michael Boyer

EL Copyright Archimandrite Ephrem ©

NKJV Scripture taken from the New King James Version™. Copyright © 1982 by Thomas Nelson, Inc. Used by permission. All rights reserved.

OCA Copyright © 1996–2015. All rights reserved.

JR Copyright © 2014 by Fr. Juvenaly Repass

RSV Revised Standard Version of the Bible, copyright © 1946, 1952, and 1971 National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

SAAS Scripture taken from the St. Athanasius Academy Septuagint™. Copyright © 2008 by St. Athanasius Academy of Orthodox Theology. Used by permission. All rights reserved.

Disclaimer

The translation, rubrics, Greek and English texts are for the purposes of worship only and is subject to change without notice and should not be construed as a commitment by the authors, translators, developers, and personnel associated with its publication. Efforts are taken to make this booklet complete and accurate, but no warranty of fitness is implied.

All rights reserved. The materials contained within this booklet remain the property of all contributing translators. It is published solely for the purpose of providing a source of worship materials to the parishes of the Orthodox Church and may be copied and otherwise reproduced as needed by the parish toward this end; however, it may not be reprinted, reproduced, transmitted, stored in a retrieval system, or translated into any language in any form by any means — electronic, mechanical, recording, or otherwise — for the purpose of sale without the express written permission.

AGES DCS Website

www.agesinitiatives.com/dcs/public/dcs

This document was produced using the AGES Liturgical Workbench. For more information, contact AGES Initiatives: info@agesinitiatives.org

**Ἀκολουθία τοῦ Μικροῦ
Παρακλητικοῦ Κανόνος
εἰς τὴν Ὑπεραγίαν Θεοτόκον**
*Ποίημα Θεοστηρίκτου
Μοναχοῦ· οἱ δὲ Θεοφάνους.*

ΙΕΡΕΥΣ

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν
καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Ψαλμὸς PMB' (142).

Κύριε, εἰσάκουσον τῆς προσευχῆς μου,
ἐνώτισαι τὴν δέησίν μου ἐν τῇ ἀληθείᾳ σου,
εἰσάκουσόν μου ἐν τῇ δικαιοσύνῃ σου· καὶ
μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου,
ὅτι οὐ δικαιωθήσεται ἐνώπιόν σου πᾶς ζῶν.
Ὅτι κατεδίωξεν ὁ ἐχθρὸς τὴν ψυχὴν μου,
ἐταπείνωσεν εἰς γῆν τὴν ζωὴν μου, ἐκάθισέ
με ἐν σκοτεινοῖς ὡς νεκροὺς αἰῶνος· καὶ
ἠκηδίασεν ἐπ' ἐμὲ τὸ πνεῦμά μου, ἐν ἐμοὶ
ἐταράχθη ἡ καρδιά μου. Ἐμνήσθην ἡμερῶν
ἀρχαίων, ἐμελέτησα ἐν πᾶσι τοῖς ἔργοις
σου, ἐν ποιήμασι τῶν χειρῶν σου ἐμελέτων.
Διεπέτασα πρὸς σὲ τὰς χεῖράς μου· ἡ ψυχὴ
μου ὡς γῆ ἄνυδρος σοι. Ταχὺ εἰσάκουσόν
μου, Κύριε, ἐξέλιπε τὸ πνεῦμά μου. Μὴ
ἀποστρέψῃς τὸ πρόσωπόν σου ἀπ' ἐμοῦ,
καὶ ὁμοιωθήσομαι τοῖς καταβαίνουσιν
εἰς λάκκον. Ἀκουστὸν ποίησόν μοι τὸ
πρωῖ τὸ ἔλεός σου, ὅτι ἐπὶ σοὶ ἠλπισα.
Γνώρισόν μοι, Κύριε, ὁδόν, ἐν ἣ πορεύσομαι,
ὅτι πρὸς σὲ ἦρα τὴν ψυχὴν μου. Ἐξελοῦ
με ἐκ τῶν ἐχθρῶν μου, Κύριε, ὅτι πρὸς
σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν
τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου. Τὸ
πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῇ

Service of the Small Paraklesis

to the Most-holy Theotokos
By the Monk Theosterictos (some say Theophanes).

(Complete Score)

PRIEST

Blessed is our God always, now and ever,
and to the ages of ages.

READER

Amen.

Psalms 142 (143).

O Lord, hear my prayer; give ear to my
supplication in Your truth; answer me in Your
righteousness; do not enter into judgment
with Your servant, for no one living shall
become righteous in Your sight. For the
enemy persecuted my soul; he humbled my
life to the ground; he caused me to dwell
in dark places as one long dead, and my
spirit was in anguish within me; my heart
was troubled within me. I remembered the
days of old, and I meditated on all Your
works; I meditated on the works of Your
hands. I spread out my hands to You; my soul
thirsts for You like a waterless land. Hear me
speedily, O Lord; my spirit faints within me;
turn not Your face from me, lest I become
like those who go down into the pit. Cause
me to hear Your mercy in the morning, for
I hope in You; make me know, O Lord, the
way wherein I should walk, for I lift up my
soul to You. Deliver me from my enemies, O
Lord, for to You I flee for refuge. Teach me
to do Your will, for You are my God; Your
good Spirit shall guide me in the land of
uprightness. For Your name's sake, O Lord,

εὐθείᾳ· ἔνεκεν τοῦ ὀνόματός σου, Κύριε,
ζήσεις με, ἐν τῇ δικαιοσύνῃ σου ἐξάξεις ἐκ
θλίψεως τὴν ψυχὴν μου· καὶ ἐν τῷ ἐλέει
σου ἐξολοθρεύσεις τοὺς ἐχθρούς μου καὶ
ἀπολεῖς πάντα τοὺς θλίβοντας τὴν ψυχὴν
μου, ὅτι ἐγὼ δοῦλός σου εἰμι.

*Καὶ εὐθὺς τό· Θεὸς Κύριος, ἐξ ἑκατέρων τῶν
Χορῶν, ὡς ἐξῆς·*

ΧΟΡΟΣ

Ἦχος δ'.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι
Κυρίου.

Στίχ. α'. Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

*ἦ· Ἐξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός,
ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.*

Στίχ. β'. Πάντα τὰ ἔθνη ἐκύκλωσάν με,
καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ'. Παρὰ Κυρίου ἐγένετο αὕτη καὶ
ἐστι θαυμαστή ἐν ὀφθαλμοῖς ἡμῶν.

Τροπάρια.

Ἦχος δ'. Ὁ ὑψωθείς ἐν τῷ Σταυρῷ.

Τῇ Θεοτόκῃ ἐκτενῶς, νῦν
προσδράμωμεν, ἁμαρτωλοὶ καὶ ταπεινοί,
καὶ προσπέσωμεν ἐν μετανοίᾳ, κρᾶζοντες
ἐκ βάθους ψυχῆς· Δέσποινα βοήθησον,
ἐφ' ἡμῖν σπλαγχνισθεῖσα, σπεῦσον
ἀπολλύμεθα, ὑπὸ πλήθους πταισμάτων, μὴ
ἀποστρέψης σοὺς δούλους κενούς· σὲ γὰρ
καὶ μόνην ἐλπίδα κεκτήμεθα.

give me life; in Your righteousness You shall
bring my soul out of affliction. In Your mercy
You shall destroy my enemies; You shall
utterly destroy all who afflict my soul, for I
am Your servant. [SAAS]

*Then "God is the Lord" is sung four times, with or
without the verses.*

CHOIR

Mode 4.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call
upon His name.

*or: Give thanks to the Lord, for He is good; for
His mercy endures forever.*

Verse 2: All the nations surrounded me, but
in the name of the Lord I defended myself against
them.

Verse 3: And this came about from the Lord,
and it is wonderful in our eyes.

Troparia.

Mode 4. You who were lifted.

O humble sinners, let us now run
in earnest * unto the Theotokos, and in
repentance * fall down to her and cry out from
the depths of our souls: * Show compassion
unto us * and provide your assistance. *
Hasten; we are perishing * in our many
transgressions. * Turn not your servants
empty-handed away; * for we have found
you, O Lady, our only hope. [SD]

Δόξα. **Τὸ αὐτό.**

Καὶ νῦν. **Ὅμοιον.**

Οὐ σιωπήσωμέν ποτε, Θεοτόκε, τὰς
δυναστείας σου λαλεῖν οἱ ἀνάξιοι· εἰμὴ
γὰρ σὺ προΐστασο πρεσβεύουσα, τίς ἡμᾶς
ἐρρύσατο ἐκ τοσούτων κινδύνων; Τίς δὲ
διεφύλαξεν ἕως νῦν ἐλευθέρους; Οὐκ
ἀποστῶμεν, Δέσποινα, ἐκ σοῦ· σοὺς γὰρ
δούλους σφάζεις αἰεὶ, ἐκ παντοίων δεινῶν.

ΑΝΑΓΝΩΣΤΗΣ

Ψαλμὸς Ν' (50).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός
σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρισμῶν
σου ἐξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον
πλυνόν με ἀπὸ τῆς ἀνομίας μου, καὶ ἀπὸ
τῆς ἁμαρτίας μου καθάρισόν με. Ὅτι τὴν
ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία
μου ἐνώπιόν μου ἐστὶ διὰ παντός. Σοὶ
μόνῳ ἥμαρτον καὶ τὸ πονηρὸν ἐνώπιόν
σου ἐποίησα, ὅπως ἂν δικαιωθῇς ἐν τοῖς
λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε.
Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν
ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἴδου
γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ
τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.
Ραντιεῖς με ὕσσῳ, καὶ καθαρισθήσομαι,
πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι.
Ἀκουτιεῖς μοι ἀγαλλιάσιν καὶ εὐφροσύνην·
ἀγαλλιάσονται ὅστέα τεταπεινωμένα.
Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν
ἁμαρτιῶν μου καὶ πάσας τὰς ἀνομίας μου
ἐξάλειψον. Καρδίαν καθαρὰν κτίσον ἐν
ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον
ἐν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψῃς με
ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά
σου τὸ ἅγιον μὴ ἀντανέλης ἀπ' ἐμοῦ.

Glory. **Repeat.**

Both now. **Same Melody.**

We the unworthy shall not ever be
silent, * O Theotokos, from proclaiming your
powers. * For were you not concerned to
intercede for us, * who would have delivered
us * from such manifold dangers, * and who
else would up to now * have preserved us in
freedom? * O Lady, we shall not depart from
you, * for you ever save your servants * from
evils of every kind. [SD]

READER

Psalm 50 (51).

Have mercy on me, O God, according
to Your great mercy; and according to the
abundance of Your compassion, blot out my
transgression. Wash me thoroughly from my
lawlessness and cleanse me from my sin. For
I know my lawlessness, and my sin is always
before me. Against You only have I sinned
and done evil in Your sight; that You may be
justified in Your words, and overcome when
You are judged. For behold, I was conceived
in transgressions, and in sins my mother bore
me. Behold, You love truth; You showed
me the unknown and secret things of Your
wisdom. You shall sprinkle me with hyssop,
and I will be cleansed; You shall wash me,
and I will be made whiter than snow. You
shall make me hear joy and gladness; my
bones that were humbled shall greatly rejoice.
Turn Your face from my sins, and blot out
all my transgressions. Create in me a clean
heart, O God, and renew a right spirit within
me. Do not cast me away from Your presence,
and do not take Your Holy Spirit from me.
Restore to me the joy of Your salvation,
and uphold me with Your guiding Spirit.

Απόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με. Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με ἐξ αἱμάτων, ὁ Θεὸς, ὁ Θεὸς τῆς σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν· ὁλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει. Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ἱερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὁλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

Ὁ Κανὼν.

Ψάλλεται ὁ κανὼν τῆς Μικρᾶς ἢ τῆς Μεγάλης Παρακλήσεως ἄνευ τῶν εἰρμῶν.

ΧΟΡΟΣ

Ωιδὴ α΄. Ἦχος πλ. δ΄. Ὁ Εἰρμός.
(Ὁ εἰρμός δὲν ψάλλεται.)

Υγρὰν διοδεύσας ὥσεὶ ξηρὰν, καὶ τὴν αἰγυπτίαν μοχθηρίαν διαφυγών, ὁ Ἰσραηλίτης ἀνεβόα, τῷ Λυτρωτῇ καὶ Θεῷ ἡμῶν ἄσωμεν.

Τροπάρια.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Πολλοῖς συνεχόμενος πειρασμοῖς, πρὸς σὲ καταφεύγω, σωτηρίαν ἐπιζητῶν· ὦ Μῆτερ τοῦ Λόγου καὶ Παρθένε, τῶν δυσχερῶν καὶ δεινῶν με διάσωσον.

I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

The Canon.

In many monasteries and churches, the Canon of the Paraklesis is chanted without the Heirmoi (except perhaps in Ode ix of Small Paraklesis, in order to make an even number of troparia and thus to avoid repeating one.)

CHOIR

Ode i. Mode pl. 4. Heirmos.
(The Heirmos may be omitted.)

Of old when the Israelite had crossed * the watery passage as if over a tract of land, * fleeing from the misery of Egypt, * he cried: "To God our Redeemer, O let us sing."

Troparia.

Most-holy Theotokos, save us.

By many temptations am I distressed. * Praying to be rescued, for salvation I run to you. * O Virgin and Mother of the Logos, * from all afflictions and evils deliver me. [SD]

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Παθῶν με ταράττουσι προσβολαί,
πολλῆς ἀθυμίας, ἐμπιπλῶσαί μου τὴν
ψυχὴν, εἰρήνευσον, Κόρη, τῇ γαλήνῃ, τῇ τοῦ
Υἱοῦ καὶ Θεοῦ σου, Πανάμωμε.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Σωτῆρα τεκοῦσάν σε καὶ Θεόν, δυσωπῶ,
Παρθένε, λυτρωθῆναί με τῶν δεινῶν· σοὶ
γὰρ νῦν προσφεύγων ἀνατείνω, καὶ τὴν
ψυχὴν καὶ τὴν διάνοιαν.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Νοσοῦντα τὸ σῶμα καὶ τὴν ψυχὴν,
ἐπισκοπῆς θείας, καὶ προνοίας τῆς παρὰ
σοῦ, ἀξιώσον, μόνῃ Θεομήτορ, ὡς ἀγαθὴ
ἀγαθοῦ τε λοχεύτρια.

Ὡιδὴ γ'. Ὁ Εἰρμός.

(Ὁ εἰρμός δὲν ψάλλεται.)

Οὐρανίας ἀψίδος, ὁροφουργὲ Κύριε, καὶ
τῆς Ἐκκλησίας Δομητορ, σὺ με στερέωσον,
ἐν τῇ ἀγάπῃ τῇ σῇ, τῶν ἐφετῶν ἡ ἀκρότης,
τῶν πιστῶν τὸ στήριγμα, μόνε φιλάνθρωπε.

Τροπάρια.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Προστασίαν καὶ σκέπην, ζωῆς ἐμῆς
τίθημι, Σέ, Θεογεννήτορ, Παρθένε, σύ με
κυβέρνησον, πρὸς τὸν λιμένα σου, τῶν
ἀγαθῶν ἡ αἰτία, τῶν πιστῶν τὸ στήριγμα,
μόνη πανύμνητε.

Most-holy Theotokos, save us.

Assaults from the passions unsettle me,
* and they fill my soul to overflowing with
much despair. * Quiet them, O undefiled
Maiden, * with the dispassionate calm of your
Son and God. [SD]

*Glory to the Father and the Son and the Holy
Spirit.*

O Virgin who mothered our Savior God,
* I earnestly beg that I be rescued from my
distress. * For now as I flee to you for refuge, *
my soul and reason I lift up in ardent prayer.

[SD]

*Both now and ever and to the ages of ages.
Amen.*

My body and soul are alike diseased. *
Only Theotokos, count me worthy of your
divine * providence and gracious visitation,
* since you are good and the Mother of Him
who is good. [SD]

Ode iii. Heirmos.

(The Heirmos may be omitted.)

O divine Master Builder of the celestial
vault, * as the only Lover of mankind and
Founder of the Church, * establish me, O
Lord, in love for You, the believers' * firm
support and ultimate object of all desire.

Troparia.

Most-holy Theotokos, save us.

I have named you the shelter and the
defense of my life. * Therefore, I entreat
you, O virgin Maid who gave birth to God, *
conduct me to your port, * originator of good
things, * the believers' firm support, * only all-
lauded one. [SD]

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Ἰκετεύω, Παρθένε, τὸν ψυχικὸν
τάραχον, καὶ τῆς ἀθυμίας τὴν ζάλην,
διασκεδάσαι μου· σὺ γάρ, Θεόνυμφε,
τὸν ἀρχηγὸν τῆς γαλήνης, τὸν Χριστὸν
ἐκύησας, μόνῃ πανάχραντε.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Εὐεργέτην τεκοῦσα, τὸν τῶν καλῶν
αἴτιον, τῆς εὐεργεσίας τὸν πλοῦτον,
πᾶσιν ἀνάβλυσον· πάντα γὰρ δύνασαι, ὡς
δυνατὸν ἐν ἰσχύϊ, τὸν Χριστὸν κυήσασα,
Θεομακάριστε.

Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Χαλεπαῖς ἀρρωστίαις, καὶ νοσηροῖς
πάθεσιν, ἐξεταζομένῳ, Παρθένε, σὺ μοι
βοήθησον· τῶν ἱαμάτων γάρ, ἀνελλιπῇ
σε γινώσκω, θησαυρόν, Πανάμωμε, τὸν
ἀδαπάνητον.

Διάσωσον, ἀπὸ κινδύνων, τοὺς δούλους
σου, Θεοτόκε, ὅτι πάντες μετὰ Θεόν, εἰς
σὲ καταφεύγομεν, ὡς ἄρρηκτον τεῖχος καὶ
προστασίαν.

Ἐπίβλεψον, ἐν εὐμενείᾳ, πανύμνητε
Θεοτόκε, ἐπὶ τὴν ἐμὴν χαλεπὴν τοῦ
σώματος κάκωσιν, καὶ ἴασαι τῆς ψυχῆς μου
τὸ ἄλγος.

ΙΕΡΕΥΣ

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα
ἔλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ
ἐλέησον.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Most-holy Theotokos, save us.

I beseech you, O Virgin, dispel my soul's
turbulence, * also the tempestuous surging
of grave despondency. * For you, O Bride of
God, * gave birth to Christ who is Author * of
serene tranquility, * only all-spotless one. [SD]

*Glory to the Father and the Son and the Holy
Spirit.*

Pour the wealth of your goodness and
benefactions on all, * since you bore the great
Benefactor, the Cause of every good. * You
carried in your womb * Christ who is mighty
in power; * therefore you can do all things, * O
Lady blest by God. [SD]

*Both now and ever and to the ages of ages.
Amen.*

I implore you to help me as I am now
being tried * by distressing ailments, O Virgin,
and morbid suffering. * For I know you to
be * an inexhaustible treasure * plenteous in
remedies, * only all-blameless one. [SD]

Deliver us your humble servants from
perils, O Theotokos, as for refuge, after God,
we all flee to you, an impregnable fortress and
protection. [SD]

Look graciously upon your servant,
all-praiseworthy Theotokos, and upon my
painful physical suffering, and remedy my
anguish of spirit. [SD]

PRIEST

Have mercy on us, O God, according to
Your great mercy, we pray You, hear us and
have mercy.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Ἦτι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἦτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἦτι δεόμεθα ὑπὲρ ἐλέους, ζωῆς, εἰρήνης, ὑγείας, σωτηρίας, ἐπισκέψεως, συγχωρήσεως καὶ ἀφέσεως τῶν ἁμαρτιῶν τῶν δούλων τοῦ Θεοῦ, πάντων τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν, τῶν κατοικούντων καὶ παρεπιδημούντων ἐν τῇ (πόλει, κώμῃ), ταύτῃ, τῶν ἐνοριτῶν, ἐπιτρόπων, συνδρομητῶν καὶ ἀφιερωτῶν τοῦ ἁγίου ναοῦ τούτου.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἦτι δεόμεθα ὑπὲρ τῶν δούλων τοῦ Θεοῦ (καὶ μνημονεύει ὀνομαστικῶς τῶν δι' οὓς ἡ παράκλησις τελεῖται).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἦτι δεόμεθα ὑπὲρ τῶν καρποφορούντων καὶ καλλιεργούντων ἐν τῷ ἁγίῳ καὶ πανσέπτῳ ναῷ τούτῳ, κοπιώντων, ψαλλόντων καὶ ὑπὲρ τοῦ περιεστῶτος λαοῦ, τοῦ ἀπεκδεχομένου τὸ παρὰ σοῦ μέγα καὶ πλούσιον ἔλεος.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the servants of God... (At this time the Priest commemorates those for whom the Paraklesis is sung.)

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and all-venerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

ΧΟΡΟΣ

Κάθισμα.

Ἦχος β΄. *Τὰ ἄνω ζητῶν.*

Πρεσβεία θερμή, καὶ τεῖχος
ἀπροσμάχητον, ἐλέους πηγὴ, τοῦ κόσμου
καταφύγιον, ἐκτενῶς βοῶμέν σοι·
Θεοτόκε Δέσποινα, πρόφθασον, καὶ ἐκ
κινδύνων λύτρωσαι ἡμᾶς, ἡ μόνη ταχέως
προστατεύουσα.

Ὡδὴ δ΄. Ὁ Εἰρμός.

(Ὁ εἰρμός δὲν ψάλλεται.)

Εἰσακήκοα Κύριε, τῆς οἰκονομίας σου
τὸ μυστήριον, κατενόησα τὰ ἔργα σου, καὶ
ἐδόξασά σου τὴν Θεότητα.

Τροπάρια.

Ὑπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Τῶν παθῶν μου τὸν ταραχόν, ἡ
τὸν κυβερνήτην τεκοῦσα Κύριον, καὶ
τὸν κλύδωνα κατεύνασον, τῶν ἐμῶν
πταισμάτων, Θεονύμφευτε.

Ὑπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Εὐσπλαγχνίας τὴν ἄβυσσον,
ἐπικαλουμένῳ τῆς σῆς παράσχου μοι, ἡ
τὸν εὐσπλαγχνον κύησασα, καὶ Σωτῆρα
πάντων, τῶν ὑμνούντων σε.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Ἀπολαύοντες, Πάναγνε, τῶν σῶν
δωρημάτων εὐχαριστήριον, ἀναμέλπομεν
ἐφύμνιον, οἱ γινώσκοντές σε Θεομήτορα.

*Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.*

Οἱ ἐλπίδα καὶ στήριγμα, καὶ τῆς
σωτηρίας τεῖχος ἀκράδαντον, κεκτημένοι

CHOIR

Kathisma.

Mode 2. *In seeking the heights.*

O Mother of God, intently we cry out
to you * the wellspring of mercy and the
refuge of the world. * O vehement advocate, *
unassailable fortress, anticipate * and deliver
us from perilous ordeals, * O Lady who alone
are swift to fend for us. [SD]

Ode iv. Heirmos.

(The Heirmos may be omitted.)

I have heard the report, O Lord, * of Your
incarnation, which is a mystery. * I considered
Your astounding works, * and I glorified Your
divinity.

Troparia.

Most-holy Theotokos, save us.

I entreat you, O Bride of God * who have
borne the Helmsman and Lord, to pacify * the
confusion that my passions bring * and the
surging waves of my iniquities. [SD]

Most-holy Theotokos, save us.

You have borne the compassionate * Lord
who is the Savior of all who sing your praise.
* Hence, bestow upon me the abyss * of your
own compassion which I now invoke. [SD]

*Glory to the Father and the Son and the Holy
Spirit.*

We who know you, O wholly pure *
Virgin, to be truly the Mother of our God,
* have enjoyed so many gifts from you. *
Hence, we sing this canticle of gratitude. [SD]

*Both now and ever and to the ages of ages.
Amen.*

In possessing you as our hope * and
the stable buttress and solid battlement * of

σε, Πανύμνητε, δυσχερείας πάσης,
ἐκλυτρουμέθα.

Ὡιδὴ ε΄. Ὁ Εἰρμός.

(Ὁ εἰρμός δὲν ψάλλεται.)

Φώτισον ἡμᾶς, τοῖς προστάγμασί σου
Κύριε, καὶ τῷ βραχίονί σου τῷ ὑψηλῷ, τὴν
σὴν εἰρήνην, παράσχου ἡμῖν φιλόφρονε.

Τροπάρια.

ὑπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Ἐμπλησον, Ἀγνή, εὐφροσύνης τὴν
καρδίαν μου, τὴν σὴν ἀκήρατον διδοῦσα
χαρὰν, τῆς εὐφροσύνης, ἣ γεννήσασα τὸν
αἴτιον.

ὑπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Λύτρωσαι ἡμᾶς, ἐκ κινδύνων, Θεοτόκε
Ἀγνή, ἡ αἰωνίαν τεκοῦσα λύτρωσιν, καὶ τὴν
εἰρήνην, τὴν πάντα νοῦν ὑπερέχουσιν.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Λῦσον τὴν ἀχλὺν, τῶν πταισμάτων
μου, Θεόνυμφε, τῷ φωτισμῷ τῆς σῆς
λαμπρότητος, ἣ φῶς τεκοῦσα, τὸ θεῖον καὶ
προαιώνιον.

*Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.*

Ἰᾶσαι Ἀγνή, τῶν παθῶν μου τὴν
ἀσθένειαν, ἐπισκοπῆς σου ἀξιώσασα, καὶ
τὴν ὑγείαν, τῇ πρεσβείᾳ σου παράσχου μοι.

salvation, O all-lauded one, * we are liberated
from all misery. [SD]

Ode v. Heirmos.

(The Heirmos may be omitted.)

Sovereign Lord our God, * as the
One who loves humanity, * with your
commandments enlighten us, we pray; * and
also grant us * Your peace with Your own
uplifted arm.

Troparia.

Most-holy Theotokos, save us.

Since you bore the prime * Source of
happiness, impart to me, * O pure Maid, your
unadulterated joy. * And fill my heart now *
to overflowing with your happiness. [SD]

Most-holy Theotokos, save us.

Mother of our God, * do redeem us from
all jeopardy, * since the eternal Redemption
you have borne, * and Peace that passes * all
understanding, O Virgin pure. [SD]

*Glory to the Father and the Son and the Holy
Spirit.*

Dissipate the gloom * of my trespasses,
O Bride of God, * with the effulgence of your
irradiance, * being the Mother * of the divine
pre-eternal Light. [SD]

*Both now and ever and to the ages of ages.
Amen.*

Cure the weakness wreaked * by my
passions, O pure virgin Maid. * Account me
worthy of your solicitude, * and by your
earnest * intercessions give me health again.

[SD]

Ὡδιὴ ζ'. Ὁ Εἰρμός.

(Ὁ εἰρμός δὲν ψάλλεται.)

Τὴν δέησιν ἐκχεῶ πρὸς Κύριον, καὶ
αὐτῷ ἀπαγγελῶ μου τὰς θλίψεις, ὅτι κακῶν
ἡ ψυχὴ μου ἐπλήσθη, καὶ ἡ ζωὴ μου τῷ
Αἰδῇ προσήγγισε, καὶ δέομαι ὡς Ἰωνᾶς· Ἐκ
φθορᾶς, ὁ Θεός με ἀνάγαγε.

Τροπάρια.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Θανάτου καὶ τῆς φθορᾶς ὡς ἔσωσεν,
ἑαυτὸν ἐκδεδωκὼς τῷ θανάτῳ, τὴν
τῇ φθορᾷ καὶ θανάτῳ μου φύσιν,
κατασχεθεῖσαν, Παρθέने, δυσώπησον,
τὸν Κύριόν σου καὶ Υἱόν, τῆς ἐχθρῶν
κακουργίας με ῥύσασθαι.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Προστάτιν σε τῆς ζωῆς ἐπίσταμαι,
καὶ φρουρὰν ἀσφαλεστάτην, Παρθέने,
τῶν πειρασμῶν διαλύουσαν ὄχλον, καὶ
ἐπηρείας δαιμόνων ἐλαύνουσιν, καὶ δέομαι
διαπαντός, ἐκ φθορᾶς τῶν παθῶν μου
ῥυσθῆναί με.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Ὡς τεῖχος καταφυγῆς κεκτήμεθα,
καὶ ψυχῶν σε παντελῇ σωτηρίαν, καὶ
πλατυσμὸν ἐν ταῖς θλίψεσι, Κόρη, καὶ τῷ
φωτί σου ἀεὶ ἀγαλλόμεθα· ὦ Δέσποινα,
καὶ νῦν ἡμᾶς, τῶν παθῶν καὶ κινδύνων
διάσωσον.

*Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.*

Ἐν κλίνῃ νῦν ἀσθενῶν κατάκειμαι, καὶ
οὐκ ἔστιν ἴασις τῇ σαρκί μου, ἀλλ' ἡ Θεὸν

Ode vi. Heirmos.

(The Heirmos may be omitted.)

My prayer * shall I pour out before
the Lord, * and to Him shall I proclaim my
afflictions, * in that my soul has been flooded
with evils, * and very near unto Hades my life
has drawn. * Therefore, like Jonah I entreat:
* Raise me up from corruption, O Lord my
God.

Troparia.

Most-holy Theotokos, save us.

Solicit * your Son and Lord to rescue me
* from the enemies' malignance, O Virgin, *
as He redeemed out of death and corruption
* my human nature held down by mortality
* and overpowered by decay, * having freely
submitted Himself to death. [SD]

Most-holy Theotokos, save us.

O Virgin, * I know you well as Patroness
* of my life and most reliable sentry. * For you
disperse a great throng of temptations, * and
spiteful treatment by demons you drive away.
* And constantly do I entreat * to be saved
from my passions' depravity. [SD]

*Glory to the Father and the Son and the Holy
Spirit.*

We have you * as a protective citadel *
and the absolute salvation, O Maiden, * of our
souls, and in straits as a broad way. * And
in your light we unceasingly jubilate. * And
now, O Lady, we beseech, * from the passions
and perils deliver us. [SD]

*Both now and ever and to the ages of ages.
Amen.*

I lie now * in failing health upon my bed,
* and there is no cure for my ailing body. * But

καὶ Σωτῆρα τοῦ κόσμου, καὶ τὸν λυτῆρα
τῶν νόσων κυήσασα, σοῦ δέομαι τῆς
ἀγαθῆς, ἐκ φθορᾶς νοσημάτων ἀνάστησον.

Διάσωσον, ἀπὸ κινδύνων, τοὺς δούλους
σου, Θεοτόκε, ὅτι πάντες μετὰ Θεόν, εἰς
σὲ καταφεύγομεν, ὡς ἄρρηκτον τεῖχος καὶ
προστασίαν.

Ἀχραντε, ἡ διὰ λόγου τὸν Λόγον
ἀνερμηνεύτως, ἐπ' ἐσχάτων τῶν ἡμερῶν
τεκοῦσα, δυσώπησον, ὡς ἔχουσα μητρικὴν
παρησίαν.

ΙΕΡΕΥΣ

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα
ἐλεὸς Σου, δεόμεθά Σου, ἐπάκουσον καὶ
ἐλέησον.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ
ὀρθοδόξων χριστιανῶν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ
βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ ἐλέους, ζωῆς,
εἰρήνης, υἰγείας, σωτηρίας, ἐπισκέψεως,
συγχωρήσεως καὶ ἀφέσεως τῶν ἁμαρτιῶν
τῶν δούλων τοῦ Θεοῦ, πάντων τῶν
εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν, τῶν
κατοικούντων καὶ παρεπιδημούντων ἐν
τῇ (πόλει, κώμῃ), ταύτῃ, τῶν ἐνοριτῶν,
ἐπιτρόπων, συνδρομητῶν καὶ ἀφιερωτῶν
τοῦ ἁγίου ναοῦ τούτου.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

I entreat, O good Lady who gave birth * to the
Reliever of illnesses, who is God * the Savior
of the world, and plead: * raise me up from
the ravages of disease. [SD]

Deliver us your humble servants from
perils, O Theotokos, as for refuge, after God,
we all flee to you, an impregnable fortress and
protection. [SD]

Entreat for us, * O spotless Maiden who
gave birth to the divine Word * inexplicably
through a word in the latter days, * since you
indeed * speak with motherly freedom. [SD]

PRIEST

Have mercy on us, O God, according to
Your great mercy, we pray You, hear us and
have mercy.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Let us pray for pious and Orthodox
Christians.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Again we pray for (episcopal rank)
(name).

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Again we pray for mercy, life, peace,
health, salvation, protection, forgiveness,
and remission of the sins of the servants of
God, all pious Orthodox Christians residing
and visiting in this city: the parishioners, the
members of the parish council, the stewards,
and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Ἦτι δεόμεθα ὑπὲρ τῶν δούλων τοῦ Θεοῦ
(καὶ μνημονεύει ὀνομαστὶ τῶν δι' οὓς ἡ
παράκλησις τελεῖται).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἦτι δεόμεθα ὑπὲρ τῶν
καρποφορούντων καὶ καλλιεργούντων
ἐν τῷ ἁγίῳ καὶ πανσέπτῳ ναῷ τούτῳ,
κοπιώντων, ψαλλόντων καὶ ὑπὲρ τοῦ
περιεστῶτος λαοῦ, τοῦ ἀπεκδεχομένου τὸ
παρὰ σοῦ μέγα καὶ πλούσιον ἔλεος.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

ΙΕΡΕΥΣ

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς
ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,
νῦν καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Κοντάκιον. Ἦχος β'.

Προστασία τῶν Χριστιανῶν
ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν
ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν
δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς
ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς
κραυγαζόντων σοι. Τάχυνον εἰς πρεσβείαν,
καὶ σπεῦσον εἰς ἰκεσίαν, ἢ προστατεύουσα
ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

Ἀντίφωνον Α'.

Ἦχος δ'.

Ἐκ νεότητός μου πολλὰ πολεμεῖ με
πάθη, ἀλλ' αὐτὸς ἀντιλαβοῦ, καὶ σῶσον
Σωτήρ μου. (δὲς)

Again we pray for the servants of God...
(At this time the Priest commemorates those
for whom the Paraklesis is sung.)

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Again we pray for those who bear fruit
and do good works in this holy and all-
venerable church, for those who labor and
those who sing, and for the people here
present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

PRIEST

For You are a merciful God Who loves
mankind, and to You we offer up glory, to the
Father and to the Son and to the Holy Spirit,
now and forever and to the ages of ages.

(Amen.)

CHOIR

Kontakion. Mode 2.

O Protection of Christians that never falls,
intercession with the Creator that never fails,
we sinners beg you, do not ignore the voices
of our prayers. O good Lady, we implore
you, quickly come unto our aid, when we cry
out to you with faith. Hurry to intercession,
and hasten to supplication, O Theotokos who
protect now and ever those who honor you.

[SD]

Antiphon I.

Mode 4.

Since my youth have many passions
waged war against me. O my Savior,
nonetheless help me and save me. (2) [SD]

Οἱ μισοῦντες Σιών, αἰσχύνθητε ἀπὸ τοῦ Κυρίου· ὡς χόρτος γάρ, πυρὶ ἔσεσθε ἀπεξηραμμένοι. (δῖς)

Δόξα.

Ἀγίῳ Πνεύματι πᾶσα ψυχὴ ζωοῦται, καὶ καθάρσει ὑψοῦται λαμπρύνεται, τῇ τριαδικῇ Μονάδι ἱεροκρυφίως.

Καὶ νῦν.

Ἀγίῳ Πνεύματι, ἀναβλύζει τὰ τῆς χάριτος ῥεῖθρα, ἀρδεύοντα, ἅπασαν τὴν κτίσιν πρὸς ζωογονίαν.

Προκείμενον. Ψαλμὸς ΜΔ' (44).

Μνησθήσομαι τοῦ ὀνόματός σου ἐν πάσῃ γενεᾷ καὶ γενεᾷ. (δῖς)

Στίχ. Ἀκουσον, θύγατερ, καὶ ἴδε καὶ κλῖνον τὸ οὖς σου καὶ ἐπιλάθου τοῦ λαοῦ σου καὶ τοῦ οἴκου τοῦ πατρός σου· καὶ ἐπιθυμήσει ὁ βασιλεὺς τοῦ κάλλους σου.

Μνησθήσομαι τοῦ ὀνόματός σου ἐν πάσῃ γενεᾷ καὶ γενεᾷ.

ΙΕΡΕΥΣ

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Σοφία. Ὁρθοί. Ἀκούσωμεν τοῦ ἁγίου Εὐαγγελίου.

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

You, the haters of Zion, be put to shame by the Lord, for like thatch in fire you will be completely dried up. (2) [SD]

Glory.

From the Holy Spirit every soul receives life, and through cleansing is lifted and brightened, in a hidden, sacred manner, by the trinal Monad. [SD]

Both now.

From the Holy Spirit do the streams of grace well forth; they irrigate everything created, so that life be engendered. [SD]

Prokeimenon. Psalm 44 (45).

I will remember your name from generation to generation. (2)

Verse: Listen, O daughter, behold and incline your ear, and forget your people and your father's house. For the King desired your beauty.

I will remember your name from generation to generation. [SAAS]

PRIEST

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

Wisdom. Arise. Let us hear the Holy Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Λουκᾶν ἁγίου Εὐαγγελίου
τὸ ἀνάγνωσμα.

ΙΕΡΕΥΣ

Πρόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΙΕΡΕΥΣ

(α' 39-49, 56)

Ἐν ταῖς ἡμέραις ἐκείναις ἀναστᾶσα
Μαριὰμ ἐπορεύθη εἰς τὴν ὄρεινὴν μετὰ
σπουδῆς εἰς πόλιν Ἰούδα, καὶ εἰσῆλθεν
εἰς τὸν οἶκον Ζαχαρίου καὶ ἡσπάσατο
τὴν Ἑλισάβετ. καὶ ἐγένετο ὡς ἤκουσεν
ἡ Ἑλισάβετ τὸν ἀσπασμὸν τῆς Μαρίας,
ἐσκίρτησεν τὸ βρέφος ἐν τῇ κοιλίᾳ αὐτῆς·
καὶ ἐπλήσθη Πνεύματος ἁγίου ἡ Ἑλισάβετ
καὶ ἀνεφώνησε φωνῇ μεγάλη καὶ εἶπεν·
Εὐλογημένη σὺ ἐν γυναιξί καὶ εὐλογημένος
ὁ καρπὸς τῆς κοιλίας σου. καὶ πόθεν μοι
τοῦτο ἵνα ἔλθῃ ἡ μήτηρ τοῦ Κυρίου μου
πρὸς μέ; ἰδοὺ γὰρ ὡς ἐγένετο ἡ φωνὴ τοῦ
ἀσπασμοῦ σου εἰς τὰ ὦτά μου, ἐσκίρτησεν
τὸ βρέφος ἐν ἀγαλλιάσει ἐν τῇ κοιλίᾳ
μου. καὶ μακαρία ἡ πιστεύσασα ὅτι ἔσται
τελείωσις τοῖς λελαλημένοις αὐτῇ παρὰ
Κυρίου. Καὶ εἶπε Μαριὰμ· Μεγαλύνει ἡ
ψυχὴ μου τὸν Κύριον καὶ ἡγαλλίασε τὸ
πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου, ὅτι
ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης
αὐτοῦ. ἰδοὺ γὰρ ἀπὸ τοῦ νῦν μακαριοῦσί με
πᾶσαι αἱ γενεαί. ὅτι ἐποίησέ μοι μεγάλα ὁ
δυνατός καὶ ἅγιον τὸ ὄνομα αὐτοῦ, ἔμεινε
δὲ Μαριὰμ σὺν αὐτῇ ὥσει μῆνας τρεῖς καὶ
ὑπέστρεψεν εἰς τὸν οἶκον αὐτῆς.

(Δόξα σοι, Κύριε, δόξα σοι.)

PRIEST

The reading is from the Holy Gospel
according to Luke.

PRIEST

Let us be attentive.

(Glory to You, O Lord. Glory to You.)

PRIEST

(1:39-49, 56)

In those days, Mary arose and went with
haste into the hill country, to a city of Judah,
and she entered the house of Zacharias and
greeted Elizabeth. And when Elizabeth heard
the greeting of Mary, the babe leaped in her
womb; and Elizabeth was filled with the
Holy Spirit and she exclaimed with a loud
cry, "Blessed are you among women, and
blessed is the fruit of your womb! And why is
this granted me, that the mother of my Lord
should come to me? For behold, when the
voice of your greeting came to my ears, the
babe in my womb leaped for joy. And blessed
is she who believed that there would be a
fulfillment of what was spoken to her from
the Lord." And Mary said, "My soul magnifies
the Lord, and my spirit rejoices in God my
Savior, for he has regarded the low estate of
his handmaiden. For behold, henceforth all
generations will call me blessed; for he who
is mighty has done great things for me, and
holy is his name." And Mary remained with
her about three months, and returned to her
home. [RSV]

(Glory to You, O Lord. Glory to You.)

ΧΟΡΟΣΔόξα. **Ἦχος β'.**

Πάτερ, Λόγε, Πνεῦμα, Τριάς ἡ ἐν
Μονάδι, ἐξάλειψον τὰ πλήθη, τῶν ἐμῶν
ἐγκλημάτων.

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου πρεσβείαις,
Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν
ἐγκλημάτων.

Ἦχος πλ. β'. Ὁλην ἀποθέμενοι.

Στίχ. Ἐλέησόν με, ὁ Θεός, κατὰ τὸ
μέγα ἔλεός σου, καὶ κατὰ τὸ πλήθος τῶν
οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Μὴ καταπιστεύσης με, ἀνθρωπίνη
προστασία, Παναγία δέσποινα, ἀλλὰ
δέξαι δέησιν, τοῦ ἱκέτου σου· θλίψις γὰρ
ἔχει με, φέρειν οὐ δύναμαι, τῶν δαιμόνων
τὰ τοξεύματα, σκέπην οὐ κέκτημαι,
οὐδὲ ποῦ προσφύγω ὁ ἄθλιος, πάντοθεν
πολεμούμενος, καὶ παραμυθίαν οὐκ ἔχω
πλήν σου· Δέσποινα τοῦ κόσμου, ἐλπίς καὶ
προστασία τῶν πιστῶν, μή μου παρίδῃς τὴν
δέησιν, τὸ συμφέρον ποιήσον.

Θεοτοκία.

Οὐδεὶς προστρέχων ἐπὶ σοί,
κατησχυμμένος ἀπὸ σοῦ ἐκπορεύεται, ἀγνή
Παρθένε Θεοτόκε, ἀλλ' αἰτεῖται τὴν χάριν,
καὶ λαμβάνει τὸ δώρημα, πρὸς τὸ συμφέρον
τῆς αἰτήσεως.

Μεταβολὴ τῶν θλιβομένων, ἀπαλλαγὴ
τῶν ἀσθενούντων ὑπάρχουσα, Θεοτόκε
Παρθένε, σῶζε πόλιν καὶ λαόν, τῶν
πολεμουμένων ἡ εἰρήνη, τῶν χειμαζομένων
ἡ γαλήνη, ἡ μόνη προστασία τῶν πιστῶν.

CHOIRGlory. **Mode 2.**

Father, Word and Spirit, the Trinity in
Union, O Lord of mercy, blot out my many
offenses. [SD]

Both now.

At the intercession of the Theotokos, O
Lord of mercy, blot out my many offences. [SD]

Mode pl. 2. When the saints deposited.

Verse: Have mercy on me, O God, according
to Your great mercy; and according to the
abundance of Your compassion, blot out my
transgression.

O Lady, entrust me not * to any human
protection, * but rather accept the prayer *
of your humble suppliant, * O all-holy one.
* Troubles encompass me. * No more can I
endure * all the arrows demons shoot at me.
* From every side am I * under fire, mis'erable
that I am. * Shelter I do not possess, * and no
consolation have I but you. * Patronage and
hope of * the faithful, Sovereign Lady of the
world, * O disregard not my litany. * Do that
which is best for me. [SD]

Theotokia.

No one who runs to you for help comes
back from you ever frustrated in his cause,
O Virgin Theotokos. But he asks for the
favor and receives the bestowal which is
appropriate for his request. [SD]

You are a turning for the better for
those in trouble and deliverance of the sick,
O Virgin Theotokos. Save your city and
your flock, since you are the peace of the

ΙΕΡΕΥΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς· ὕψωσον κέρας Χριστιανῶν ὀρθοδόξων καὶ κατὰπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ πλούσια· πρεσβείαις τῆς παναχράντου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων, ἱκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου Προδρόμου καὶ Βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Ἀποστόλων, τῶν ἐν ἁγίοις Πατέρων ἡμῶν μεγάλων Ἱεραρχῶν καὶ οἰκουμενικῶν Διδασκάλων, Βασιλείου τοῦ Μεγάλου, Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ Χρυσοστόμου, Ἀθανασίου, Κυρίλλου καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν Ἀλεξανδρίας· Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν· τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος, Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων Χαράλαμπος καὶ Ἐλευθερίου, τῆς ἁγίας ἐνδόξου Μεγαλομάρτυρος καὶ πανευφήμου Εὐφημίας· τῶν ἁγίων ἐνδόξων Μαρτύρων Θέκλας, Βαρβάρας, Ἀναστασίας, Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευῆς καὶ Εἰρήνης· τῶν ὁσίων καὶ Θεοφόρων Πατέρων ἡμῶν· (τοῦ Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ πάντων σου τῶν Ἁγίων. Ἰκετεύομέν σε, μόνη πολυέλεε Κύριε, ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν δεομένων σου καὶ ἐλέησον ἡμᾶς.

embattled, tranquil calm of those in agitation, and the believers' only patronage. ^[SD]

PRIEST

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιλανθρωπία
τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ
εὐλογητὸς εἶ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ
καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ
εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Ὡδὴ ζ'. Ὁ Εἰρμός.

(Ὁ εἰρμός δὲν ψάλλεται.)

Οἱ ἐκ τῆς Ἰουδαίας, καταντήσαντες
Παῖδες, ἐν Βαβυλῶνι ποτε, τῇ πίστει
τῆς Τριάδος, τὴν φλόγα τῆς καμίνου,
κατεπάτησαν ψάλλοντες· Ὁ τῶν Πατέρων
ἡμῶν, Θεὸς εὐλογητὸς εἶ.

Τροπάρια.

Ὑπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Τὴν ἡμῶν σωτηρίαν, ὡς ἠθέλησας
Σῶτερ, οἰκονομήσασθαι, ἐν μήτρᾳ τῆς
Παρθένου, κατὰ κησας τῷ κόσμῳ, ἣν
προστάτιν ἀνέδειξας· Ὁ τῶν Πατέρων ἡμῶν
Θεός, εὐλογητὸς εἶ.

Ὑπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Θελητὴν τοῦ ἐλέους, ὃν ἐγέννησας,
Μῆτερ ἀγνή δυσώπησον, ῥυσθῆναι τῶν
πταισμάτων, ψυχῆς τε μολυσμάτων, τοὺς ἐν
πίστει κραυγάζοντας· Ὁ τῶν Πατέρων ἡμῶν
Θεός, εὐλογητὸς εἶ.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἀγίῳ Πνεύματι.

Θησαυρὸν σωτηρίας, καὶ πηγὴν
ἀφθαρσίας, τὴν σὲ κυήσασαν, καὶ πύργον
ἀσφαλείας, καὶ θύραν μετανοίας, τοῖς

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love
of mankind of your only-begotten Son, with
whom you are blessed, together with your
all-holy, good and life-giving Spirit, now and
forever and to the ages of ages.

(Amen.)

Ode vii. Heirmos.

(The Heirmos may be omitted.)

Those Servants from Judea, * who of old
were deported and sent to Babylon, * once
treaded on the fire * of the furnace by holding
* to the faith in the Trinity * and chanted:
Blessed are You the God of our fathers.

Troparia.

Most-holy Theotokos, save us.

As You wished our salvation * to be
thusly dispensed, You abode within the
womb * of the all-holy Virgin * whom
You have manifested * to the world as our
patroness. * O Savior, blessed are You * the
God of our fathers. [SD]

Most-holy Theotokos, save us.

O pure Mother, implore Him * unto
Whom you gave birth, Who delights in
steadfast love, * to free from their offenses *
and from their souls' defilements * those who
cry out in faith and say * to Him: O blessed
are You * the God of our fathers. [SD]

*Glory to the Father and the Son and the Holy
Spirit.*

You have shown forth Your Mother * as a
tower of safety, salvation's treasury, * a spring
of incorruption, * the doorway of repentance

κραυγάζουσιν ἔδειξας· Ὁ τῶν Πατέρων
ἡμῶν Θεός, εὐλογητὸς εἶ.

*Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.*

Σωμάτων μαλακίας, καὶ ψυχῶν
ἀρρωστίας, Θεογεννήτρια, τῶν πόθῳ
προσιόντων, τῇ σκέπῃ σου τῇ θείᾳ,
θεραπεύειν ἀξίωσον, ἢ τὸν Σωτῆρα
Χριστόν, ἡμῖν ἀποτεκοῦσα.

Ὡδιὴ η΄. Ὁ Εἰρμός.

(Ὁ εἰρμός δὲν ψάλλεται.)

Τὸν Βασιλέα τῶν οὐρανῶν ὃν ὕμνοῦσι,
στρατιαὶ τῶν Ἀγγέλων ὕμνεῖτε, καὶ
ὑπερυψοῦτε εἰς πάντας τοὺς αἰῶνας.

Τροπάρια.

Ὑπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Τοὺς βοηθείας τῆς παρὰ σοῦ δεομένους,
μὴ παρίδης Παρθέने, ὕμνουντας, καὶ
ὑπερυψοῦντάς σε, Κόρη, εἰς αἰῶνας.

Ὑπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Τῶν ἰαμάτων τὸ δαψιλές, ἐπιχέεις
τοῖς πιστῶς ὕμνοῦσί σε Παρθέने, καὶ
ὑπερυψοῦσι τὸν ἄφραστόν σου τόκον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Τὰς ἀσθενείας μου τῆς ψυχῆς ἰατρεύεις,
καὶ σαρκὸς τὰς ὀδύνας, Παρθέने, ἵνα σε
δοξάζω τὴν Κεχαριτωμένην.

* unto all those who cry aloud * and say: O
blessed are You * the God of our fathers. [SD]

*Both now and ever and to the ages of ages.
Amen.*

Unto us you delivered * Christ the Savior;
and hence we entreat you: Deign to heal * the
bodily diseases * and spiritual ailments * of
your servants who earnestly * to your divine
shelter run, * O Lady Theotokos. [SD]

Ode viii. Heirmos.

(The Heirmos may be omitted.)

O praise and bless Him * who by the
armies of Angels * is extolled as King of the
heavens, * supremely exalting Him unto all
the ages.

Troparia.

Most-holy Theotokos, save us.

Do not disdain us * who need the help
that you offer, * virgin Maiden, and who bless
and extol you, * supremely exalting you unto
all the ages. [SD]

Most-holy Theotokos, save us.

Virgin, you pour out * your great
abundance of healings * over those who
faithfully extol you * and exalt supremely
your ineffable childbirth. [SD]

*Glory to the Father and the Son and the Holy
Spirit.*

You heal the sicknesses * of my soul, O
pure Virgin, * and the physical pains that
afflict me. * Hence I glorify you the highly
favored Maiden. [SD]

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Τῶν πειρασμῶν σὺ τὰς προσβολὰς ἐκδιώκεις, καὶ παθῶν τὰς ἐφόδους Παρθένε· ὅθεν σε ὑμνοῦμεν εἰς πάντας τοὺς αἰῶνας.

Ὡιδὴ θ'. Ὁ Εἰρμός.

Κυρίως Θεοτόκον, σὲ ὁμολογοῦμεν, οἱ διὰ σοῦ σεσωσμένοι Παρθένε Ἀγνή, σὺν Ἀσωμάτοις χορείαις, σὲ μεγαλύνοντες.

Τροπάρια.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Ροήν μου τῶν δακρῶν, μὴ ἀποποιήσης, ἢ τὸν παντὸς ἐκ προσώπου πᾶν δάκρυον, ἀφηρηκότα Παρθένε, Χριστὸν κύησασα.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Χαρᾶς μου τὴν καρδίαν, πλήρωσον, Παρθένε, ἢ τῆς χαρᾶς δεξαμένη τὸ πλήρωμα, τῆς ἁμαρτίας τὴν λύπην, ἐξαφανίσασα.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Λιμὴν καὶ προστασία, τῶν σοὶ προσφευγόντων, γενοῦ Παρθένε, καὶ τεῖχος ἀκράδαντον, καταφυγὴ τε καὶ σκέπη, καὶ ἀγαλλίαμα.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Φωτὸς σου ταῖς ἀκτῖσι, λάμπρυνον, Παρθένε, τὸ ζοφερόν τῆς ἀγνοίας διώκουσα, τοὺς εὐσεβῶς Θεοτόκον, σὲ καταγγέλλοντας.

Both now and ever and to the ages of ages. Amen.

You drive away from us * the assaults of temptations * and the onsets of passions, O Virgin. * Therefore do we praise you in hymns throughout the ages. [SD]

Ode ix. Heirmos.

You are the Theotokos * lit'rally, O Virgin; * and we confess it, for we have been saved through you * whom we, O pure one, with choirs of angels magnify.

Troparia.

Most-holy Theotokos, save us.

Do not dismiss the river * of my tears, O Virgin. * For in your womb you conceived and you carried Christ * the Lord who takes every teardrop away from every face. [SD]

Most-holy Theotokos, save us.

With joy, all-holy Virgin, * fill my heart to fullness, * having received, O pure Maiden, the fullness of joy * and thereby causing the sorrow of sin to disappear. [SD]

Most-holy Theotokos, save us.

For those who flee for safety * unto you, O Virgin, * be a retreat and a fortress immovable, * defense and shelter and refuge and joyous ecstasy. [SD]

Glory to the Father and the Son and the Holy Spirit.

With rays of your effulgence * brighten us, O Virgin, * who in the Orthodox manner declare you to be * the Theotokos who drives out the gloom of ignorance. [SD]

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κακώσεως ἐν τόπῳ, τῷ τῆς ἀσθενείας, ταπεινωθέντα, Παρθένε, θεράπευσον, ἐξ ἀρρωστίας εἰς ῥῶσιν, μετασκευάζουσα.

Μεγαλυνάρια.

Ἄξιόν ἐστιν ὧς ἀληθῶς, μακαρίζειν σὲ τὴν Θεοτόκον, τὴν ἀειμακάριστον καὶ παναμώμητον, καὶ Μητέρα τοῦ Θεοῦ ἡμῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Τὴν ὑψηλοτέραν τῶν οὐρανῶν, καὶ καθαρωτέραν λαμπηδόνων ἡλιακῶν, τὴν λυτρωσαμένην ἡμᾶς ἐκ τῆς κατάρας, τὴν Δέσποιναν τοῦ κόσμου, ὕμνοις τιμήσωμεν.

Ἀπὸ τῶν πολλῶν μου ἁμαρτιῶν, ἀσθενεῖ τὸ σῶμα, ἀσθενεῖ μου καὶ ἡ ψυχὴ, πρὸς σὲ καταφεύγω τὴν Κεχαριτωμένην, ἐλπίς ἀπηλπισμένων, σὺ μοὶ βοήθησον.

Δέσποινα καὶ μήτηρ τοῦ Λυτρωτοῦ, δέξαι παρακλήσεις, ἀναξίων σῶν ἱκετῶν, ἵνα μεσιτεύσης πρὸς τὸν ἐκ σοῦ τεχθέντα. ὦ Δέσποινα, τοῦ κόσμου γενοῦ μεσίτρια.

Ψάλλομεν προθύμως σοὶ τὴν ᾠδὴν, νῦν τὴ παννυμνήτῳ, Θεοτόκῳ χαρμονικῶς, μετὰ τοῦ Προδρόμου, καὶ πάντων τῶν Ἀγίων, δυσώπει, Θεοτόκε, τοῦ οἰκτεριῆσαι ἡμᾶς.

Both now and ever and to the ages of ages. Amen.

Restore my health, O Virgin; * for because of illness, * I am reduced to a state of tormenting pain. * Transform my feeble condition into vitality. [SD]

Megalynaria.

It is truly right to call you blest, O Theotokos, the ever-blessed and all-blameless one and the Mother of our God. [SD]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Offering this chanting of hymns to you, * we accord you honor as the Lady of all the world, * higher than the heavens and purer than the sunshine, * O Maiden who redeemed us * from the ancestral curse. [SD]

Owing to the multitude of my sins, * ailing is my body and diseased also is my soul. * O help me, I pray you the hope of the despairing. * To you I come for refuge, * O Maiden full of grace. [SD]

From unworthy servants of yours accept * petitions requesting mediation on our behalf * with Him whom you brought forth, O Mother of the Savior. * Become our Mediatrix, * O Lady of the world. [SD]

Unto you the Birthgiver of our God * praised by all, rejoicing now we eagerly chant this ode. * Together implore with the Forerunner and all Saints * that unto us compassion * be shown, O Mother of God. [SD]

Ἀλαλα τὰ χεῖλη τῶν ἀσεβῶν, τῶν
μὴ προσκυνούντων, τὴν εἰκόνα σου
τὴν σεπτὴν, τὴν ἱστορηθεῖσαν, ὑπὸ
τοῦ ἀποστόλου, Λουκᾶ ἱερωτάτου, τὴν
Ὁδηγήτριαν.

*Κατὰ τὰς ἡμέρας τῆς Μεταμορφώσεως, τὸ
Μεγαλνάριον τῆς ἐορτῆς μπορεῖ νὰ ψάλλεται ἐδώ.*

Θέλων ἐπιδειξαι τοῖς Μαθηταῖς,
δύναμιν ἐξ ὕψους καὶ σοφίαν παρὰ Πατρός,
ἐν ὄρει ἀνῆλθες, Χριστὲ τῷ Θαβωρίῳ, καὶ
λάμπας ὡς Δεσπότης τούτους ἐφώτισας.

Τὸ Μεγαλνάριον τοῦ Ἁγίου τοῦ Ναοῦ. Εἶτα·

Πᾶσαι τῶν Ἀγγέλων αἱ στρατιαί,
Πρόδρομε Κυρίου, Ἀποστόλων ἡ δωδεκάς, οἱ
Ἅγιοι Πάντες, μετὰ τῆς Θεοτόκου, ποιήσατε
πρεσβείαν, εἰς τὸ σωθῆναι ἡμᾶς.

ΑΝΑΓΝΩΣΤΗΣ

Τρισάγιον.

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε,
ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα,
συγχώρησον τὰς ἀνομίας ἡμῖν. Ἄγιε,
ἐπίσκεψαι καὶ ἰᾶσαι τὰς ἀσθενείας ἡμῶν,
ἐνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.

Speechless be the lips of impious men
* who refuse to rev'rence your august Icon
which is called * the Mother of God the
Directress, and was painted * by the divine
Apostle * Luke the Evangelist. [SD]

*During the feast of the Transfiguration, the following
Megalynarion for that feast may be inserted here.*

Wishing to display power from on high
* and the Father's wisdom to Your three
holy and divine * Disciples, O Christ, You
ascended Mount Tabor, * and shining as the
Master, * there You illumined them. [SD]

*Then, the Megalynarion of the local church, followed
by:*

Join the Theotokos, all you arrays * of
angelic powers, honored Forerunner of the
Lord, * holy Twelve Apostles * and all the
Saints together, * and pray for our salvation,
and intercede for us. [SD]

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

All-holy Trinity, have mercy on us.
Lord, forgive our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς,
ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ
βασιλεία σου. Γενηθήτω τὸ θέλημά σου,
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ
ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ
εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι
ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις
καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ
Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

Ἦχος πλ. β'.

Ἐλέησον ἡμᾶς, Κύριε, ἐλέησον ἡμᾶς·
πάσης γὰρ ἀπολογίας ἀποροῦντες, ταύτην
σοι τὴν ἰκεσίαν ὡς Δεσπότη, οἱ ἁμαρτωλοὶ
προσφέρομεν· Ἐλέησον ἡμᾶς.

Δόξα.

Κύριε ἐλέησον ἡμᾶς· ἐπὶ σοὶ γὰρ
πεποιθαμεν· μὴ ὀργισθῇς ἡμῖν σφόδρα,
μηδὲ μνησθῇς τῶν ἀνομιῶν ἡμῶν· ἀλλ'
ἐπίβλεψον καὶ νῦν ὡς εὐσπλαγχνος, καὶ
λύτρωσαι ἡμᾶς ἐκ τῶν ἐχθρῶν ἡμῶν· σὺ
γὰρ εἶ Θεὸς ἡμῶν, καὶ ἡμεῖς λαός σου·
πάντες τὸ ὄνομά σου ἔργα χειρῶν σου, καὶ
ἐπικεκλήμεθα.

Καὶ νῦν. **Θεοτοκίον.**

Τῆς εὐσπλαγχνίας τὴν πύλην ἀνοιξον
ἡμῖν, εὐλογημένη Θεοτόκε· ἐλπίζοντες εἰς
σέ, μὴ ἀστοχήσωμεν· ῥυσθείημεν διὰ σοῦ

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Our Father, who art in heaven, hallowed
be Thy name. Thy kingdom come, Thy will
be done, on earth as it is in heaven. Give us
this day our daily bread; and forgive us our
trespasses, as we forgive those who trespass
against us. And lead us not into temptation,
but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power
and the glory, of the Father and of the Son
and of the Holy Spirit, now and forever and to
the ages of ages.

CHOIR

Amen.

Mode pl. 2.

Have mercy on us, Lord have mercy
on us. For with nothing to say in our own
defense, we sinners offer this supplication to
you our Master. Have mercy on us. [SD]

Glory.

Lord have mercy on us, for in You we
trust. Be not enraged with us greatly, nor
remember our iniquities. But look upon us
now, being compassionate, and deliver us
from our enemies. For You are our God, and
we Your people, all of us the work of Your
hands, and now we have invoked Your name.

[SD]

Both now. **Theotokion.**

Open the gate of compassion for us, O
blessed Theotokos. For hoping in you, let us
not fail in our aim. Through you may we be

τῶν περιστάσεων· σὺ γὰρ εἶ ἡ σωτηρία, τοῦ
γένους τῶν Χριστιανῶν.

ΙΕΡΕΥΣ

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα
ἐλεὸς Σου, δεόμεθά Σου, ἐπάκουσον καὶ
ἐλέησον.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἔτι δεόμεθα καὶ ὑπὲρ τοῦ
διαφυλαχθῆναι τὴν ἀγίαν Ἐκκλησίαν
καὶ τὴν πόλιν ταύτην, καὶ πᾶσαν πόλιν
καὶ χώραν, ἀπὸ ὀργῆς, λοιμοῦ, λιμοῦ,
σεισμοῦ, καταποντισμοῦ, πυρός, μαχαίρας,
ἐπιδρομῆς ἀλλοφύλων, ἐμφυλίου πολέμου
καὶ αἰφνιδίου θανάτου· ὑπὲρ τοῦ ἰλεων,
εὐμενῇ καὶ εὐδιάλλακτον γενέσθαι τὸν
ἀγαθὸν καὶ φιλόανθρωπον Θεὸν ἡμῶν, τοῦ
ἀποστρέψαι καὶ διασκεδάσαι πᾶσαν ὀργὴν
καὶ νόσον τὴν καθ' ἡμῶν κινουμένην, καὶ
ρύσασθαι ἡμᾶς ἐκ τῆς ἐπικειμένης δικαίας
αὐτοῦ ἀπειλῆς, καὶ ἐλεῆσαι ἡμᾶς.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἔτι δεόμεθα καὶ ὑπὲρ τοῦ εἰσακοῦσαι
Κύριον τὸν Θεὸν ἡμῶν φωνῆς τῆς δεήσεως
ἡμῶν τῶν ἀμαρτωλῶν, καὶ ἐλεῆσαι ἡμᾶς.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

ΙΕΡΕΥΣ

Ἐπάκουσον ἡμῶν, ὁ Θεός, ὁ Σωτὴρ
ἡμῶν, ἡ ἐλπίς πάντων τῶν περάτων τῆς
γῆς καὶ τῶν ἐν θαλάσῃ μακρᾶν· καὶ
ἰλεως, ἰλεως γενοῦ ἡμῖν, Δέσποτα, ἐπὶ ταῖς
ἀμαρτίαις ἡμῶν, καὶ ἐλέησον ἡμᾶς.

Ἐλεήμων γὰρ καὶ φιλόανθρωπος Θεὸς
ὑπάρχεις, καὶ Σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

delivered from adversities. For you are the
salvation of the Christian race. ^[SD]

PRIEST

Have mercy on us, O God, according to
Your great mercy, we pray You, hear us and
have mercy.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Again we pray for the protection of this
holy church, this city and every city and land,
from wrath, famine, pestilence, earthquake,
flood, fire, sword, foreign invasions, civil
strife, and accidental death. That our good
and loving God may be merciful, gracious
and favorable to us by turning and keeping
from us all wrath and sickness, and deliver us
from His just rebuke, and have mercy on us.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Again we pray that the Lord our God may
hear the prayer of us sinners, and have mercy
on us.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

PRIEST

Hear us, O God our Savior, the hope of all
those who live everywhere on earth and those
far out at sea or in the air. Be gracious toward
our sins, Master, and have mercy on us.

For you are a merciful and loving God,
and to you we give glory, to the Father and
the Son and the Holy Spirit, now and forever
and to the ages of ages.

(Amen.)

ΙΕΡΕΥΣ

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,
ταῖς πρεσβείαις τῆς παναχράντου
καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,
προστασίαις τῶν τιμίων ἐπουρανίων
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου,
ἐνδόξου, προφήτου, Προδρόμου καὶ
βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων
καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων
ἐνδόξων καὶ καλλινίκων μαρτύρων τῶν
ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν· **(τοῦ**
Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων
Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ
πάντων τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι
ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

ΧΟΡΟΣ

Ἦχος β'. Ὅτε ἐκ τοῦ ξύλου.

Πάντων προστατεύεις Ἀγαθή, τῶν
καταφευγόντων ἐν πίστει, τῇ κραταιᾷ σου
χειρί· ἄλλην γὰρ οὐκ ἔχομεν, ἁμαρτωλοὶ
πρὸς Θεόν, ἐν κινδύνοις καὶ θλίψεσιν,
ἀεὶ μεσιτείαν, οἱ κατακαμπτόμενοι, ὑπὸ
πταισμάτων πολλῶν. Μητέρα τοῦ Θεοῦ τοῦ
Ὑψίστου· ὅθεν σοι προσπίπτομεν ῥῦσαι,
πάσης περιστάσεως τοὺς δούλους σου.

Ὅμοιον.

Πάντων θλιβομένων ἡ χαρά, καὶ
ἀδικουμένων προστατίς, καὶ πενομένων
τροφὴ, ξένων τε παράκλησις, καὶ βακτηρία
τυφλῶν, ἀσθενούντων ἐπίσκεψις,
καταπονουμένων, σκέπη καὶ ἀντίληψις,
καὶ ὀρφανῶν βοηθός, Μητέρα τοῦ Θεοῦ τοῦ
Ὑψίστου, σὺ ὑπάρχεις, Ἀχραντε, σπεῦσον,
δυσωποῦμεν σῶζεσθαι τοὺς δούλους σου.

PRIEST

Glory to You, our God. Glory to You.

May Christ our true God, through
the intercessions of His all-pure and all-
immaculate holy Mother, the power of the
precious and life-giving Cross, the protection
of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, and of all
the saints, have mercy on us and save us, for
He is good and loves mankind.

CHOIR

Mode 2. Joseph took You down.

All those who for refuge flee with faith
* unto you, O good one, you shelter beneath
your mighty hand. * We your servants have
no other intercessor like you * always praying
to God for us * in dangers and sorrows, *
sinners that we are, bent down because of
many misdeeds. * Therefore, we fall prostrate
before you. * Rescue us from every affliction,
* since you are the Mother of the Most High
God. [SD]

Same Melody.

For all who are troubled you are joy, *
and of the abused a protectress, the paupers'
nourishment, * strangers' consolation and a
walking staff of the blind, * visitation of the
infirm, * assistance and shelter * for the weary
and oppressed, help of the orphans as well.
* Hasten to deliver your servants, * fervently
we beg you, O pure one, * since you are the
Mother of the Most High God. [SD]

Δέσποινα πρόσδεξαι, τὰς δεήσεις τῶν
δούλων σου, καὶ λύτρωσαι ἡμᾶς, ἀπὸ πάσης
ἀνάγκης καὶ θλίψεως.

Τὴν παῖσαν ἐλπίδα μου, εἰς σὲ
ἀνατίθην, Μήτηρ τοῦ Θεοῦ, φύλαξόν με
ὑπὸ τὴν σκέπην σου.

*Κατὰ τὴν περίοδον τοῦ 15 Αὐγούστου (ἢ μόνον
τῇ 14ῃ Αὐγούστου) εἴθισται ἵνα ψάλλωνται, ἀντὶ τῶν
ἀνωτέρω Θεοτοκίων, τὰ ἐπόμενα Ἐξαποστειλάρια.*

Ἦχος γ'.

Ἀπόστολοι ἐκ περάτων,
συναθροισθέντες ἐνθάδε, Γεθσημανὴ τῷ
χωρίῳ, κηδεύσατέ μου τὸ σῶμα, καὶ σύ, Υἱέ
καὶ Θεέ μου, παράλαβέ μου τὸ πνεῦμα.

Ὁ γλυκασμός τῶν Ἀγγέλων, τῶν
θλιβομένων ἢ χαρά, Χριστιανῶν ἢ
προστάτις, Παρθένε Μήτηρ Κυρίου,
ἀντιλαβοῦ μου καὶ ῥῦσαι, τῶν αἰώνιων
βασάνων.

Καὶ σὲ μεσίτριαν ἔχω, πρὸς τὸν
φιλόανθρωπον Θεόν, μή μου ἐλέγξῃ τὰς
πράξεις, ἐνώπιον τῶν Ἀγγέλων, παρακαλῶ
σε, Παρθένε, βοήθησόν μοι ἐν τάχει.

Χρυσοπλοκάτατε πύργε, καὶ
δωδεκάτειχε πόλις, ἡλιοστάλακτε θρόνε,
καθέδρα τοῦ Βασιλέως, ἀκατανόητον
θαῦμα, πῶς γαλουχεῖς τὸν Δεσπότην;

ΙΕΡΕΥΣ

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ
σῶσον ἡμᾶς.

(Ἀμήν.)

Lady, receive the supplications of your
servants, and rescue us from all necessity and
affliction. [SD]

O Mother of God, I have committed my
every hope wholly unto you. Keep me under
your shelter. [SD]

*During the period from the 1st to the 14th of August,
or as the practice is in some places only on the 14th of
August, instead of the preceding hymns, the following
Exaposteilaria are chanted:*

Mode 3.

Apostles, you have assembled * today
from earth's furthest reaches * here in this
town of Gethsemane; * now, therefore, bury
my body. * And You, my Son and my God, *
receive my departing spirit. [SD]

O sweetness of the Angels, * O joy of
those in affliction, * and the protectress of
Christians, * O Virgin Mother of the Lord, *
come to my aid and redeem me * from the
eternal torments. [SD]

I have you as mediatrix * before the God
who loves mankind. * May He not censure
my actions * in the sight of the Angels. * I
entreat you, O Virgin, * come quickly to my
assistance. [SD]

O Tower fashioned of pure gold, * and
City which has a twelvefold wall, * O Throne
aglit with sunshine, * magnificent Chair of
the King, * incomprehensible wonder, * how
did you nurse the Master? [SD]

PRIEST

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(Amen.)