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# The Service of Vespers

**on Tuesday Evening**

**for Wednesday, March 27, 2019**

**Triodion - On Tuesday of the Third Week  
at Vespers**

**Menaion - March 27  
Memory of the Holy Martyr Matrona of Thessaloniki**

**Texts in Greek and English**

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**vol** Orthodox Monastery of the Veil of our Lady

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**Τριώδιον**

Τῇ Τρίτῃ Γ' Ἑβδομάδος εἰς τὸν Ἑσπερινόν.

**Μηναιὸν - ΤΗΙ ΚΖ' ΜΑΡΤΙΟΥ**

Μνήμη τῆς Ἁγίας Μάρτυρος Ματρώνης τῆς ἐν Θεσσαλονίκῃ

**ΕΣΠΕΡΙΝΟΣ**

**ΙΕΡΕΥΣ**

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

**ΑΝΑΓΝΩΣΤΗΣ**

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ Θεῷ ἡμῶν.

**Ψαλμὸς ΡΓ' (103).**

Εὐλόγει ἡ ψυχὴ μου, τὸν Κύριον.  
Κύριε ὁ Θεός μου ἐμεγαλύνθης σφόδρα.  
Ἐξομολόγησιν καὶ μεγαλοπρέπειαν ἐνεδύσω, ἀναβαλλόμενος φῶς ὡς ἱμάτιον.  
Ἐκτείνων τὸν οὐρανὸν ὥσει δέσρην, ὁ στεγάζων ἐν ὕδασιν τὰ ὑπερῶα αὐτοῦ.  
Ὅ τιθεὶς νέφη τὴν ἐπίβασιν αὐτοῦ, ὁ περιπατῶν ἐπὶ πτερυγῶν ἀνέμων.  
Ὁ ποιῶν τοὺς Ἀγγέλους αὐτοῦ πνεύματα, καὶ τοὺς λειτουργοὺς αὐτοῦ πυρὸς φλόγα.  
Ὁ θεμελιῶν τὴν γῆν ἐπὶ τὴν ἀσφάλειαν αὐτῆς, οὐ κλιθήσεται εἰς τὸν αἰῶνα τοῦ αἰῶνος.  
Ἄβυσσος ὡς ἱμάτιον τὸ περιβόλαιον αὐτοῦ, ἐπὶ τῶν ὀρέων στήσονται ὕδατα.  
Ἀπὸ ἐπιτιμῆσεώς

**Triodion**

On Tuesday of the Third Week at Vespers

**Menaion - March 27**

Memory of the Holy Martyr Matrona of Thessaloniki

**VESPERS**

**PRIEST**

Blessed is our God always, now and ever, and to the ages of ages.

(Amen.)

**READER**

Come, let us worship and bow down before God our King.

Come, let us worship and bow down before Christ God our King.

Come, let us worship and bow down before Him, Christ our King and God.

**Psalms 103 (104).**

Bless the Lord, O my soul. O Lord my God, You are magnified exceedingly; You clothe Yourself with thanksgiving and majesty, who cover Yourself with light as with a garment, who stretch out the heavens like a curtain; You are He who covers His upper chambers with water, who makes the clouds His means of approach, who walks on the wings of the winds, who makes His angels spirits and His ministers a flame of fire. He established the earth on its stable foundation; it shall not be moved unto ages of ages. The deep like a garment is His covering; the waters shall stand upon the mountains; at Your rebuke they shall flee; at the sound

σου φεύξονται, ἀπὸ φωνῆς βροντῆς σου δειλιάσουσιν. Ἀναβαίνουνσιν ὄρη, καὶ καταβαίνουνσι πεδία εἰς τόπον, ὃν ἐθεμελίωσας αὐτά. Ὅριον ἔθου, ὃ οὐ παρελεύσονται, οὐδὲ ἐπιστρέψουσι καλύψαι τὴν γῆν. Ὁ ἐξαποστέλλων πηγὰς ἐν φάραγξιν, ἀναμέσον τῶν ὀρέων διελεύσονται ὕδατα· ποτιοῦσι πάντα τὰ θηρία τοῦ ἀγροῦ, προσδέξονται ὄναγροι εἰς δίψαν αὐτῶν. Ἐπ' αὐτὰ τὰ πετεινὰ τοῦ οὐρανοῦ κατασκηνώσει, ἐκ μέσου τῶν πετρῶν δώσουσι φωνήν. Ποτίζων ὄρη ἐκ τῶν ὑπερώων αὐτοῦ, ἀπὸ καρποῦ τῶν ἔργων σου χορτασθήσεται ἡ γῆ. Ὁ ἐξανατέλλων χόρτον τοῖς κτήνεσι, καὶ χλόην τῇ δουλείᾳ τῶν ἀνθρώπων. Τοῦ ἐξαγαγεῖν ἄρτον ἐκ τῆς γῆς, καὶ οἶνος εὐφραίνει καρδίαν ἀνθρώπου. Τοῦ ἱλαρύναι πρόσωπον ἐν ἐλαίῳ, καὶ ἄρτος καρδίαν ἀνθρώπου στηρίζει. Χορτασθήσεται τὰ ξύλα τοῦ πεδίου, αἱ κέδροι τοῦ Λιβάνου, ἃς ἐφύτευσας. Ἐκεῖ στρουθία ἐννοσσεύουσιν, τοῦ ἐρωδιοῦ ἡ κατοικία ἡγεῖται αὐτῶν. Ὅρη τὰ ὑψηλὰ ταῖς ἐλάφοις, πέτρα καταφυγὴ τοῖς λαγωαῖς. Ἐποίησε σελήνην εἰς καιροῦς, ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου σκότος, καὶ ἐγένετο νύξ, ἐν αὐτῇ διελεύσονται πάντα τὰ θηρία τοῦ δρυμοῦ. Σκύμνοι ὠρυόμενοι τοῦ ἀρπᾶσαι, καὶ ζητῆσαι παρὰ τῷ Θεῷ βρῶσιν αὐτοῖς. Ἀνέτειλεν ὁ ἥλιος, καὶ συνήχθησαν, καὶ εἰς τὰς μάνδρας αὐτῶν κοιτασθήσονται. Ἐξελεύσεται ἄνθρωπος ἐπὶ τὸ ἔργον αὐτοῦ, καὶ ἐπὶ τὴν ἐργασίαν αὐτοῦ ἕως ἑσπέρας. Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε, πάντα ἐν σοφίᾳ ἐποίησας, ἐπληρώθη ἡ γῆ τῆς κτίσεώς σου. Αὕτη ἡ θάλασσα ἡ μεγάλη καὶ εὐρύχωρος, ἐκεῖ ἐρπετὰ ὧν οὐκ ἔστιν

of Your thunder, they shall be afraid. The mountains rise up, and the plains sink down to the place You founded for them. You set a boundary they shall not pass over; neither shall they return to cover the earth. You are He who sends springs into the valley; the waters shall pass between the mountains; they shall give drink to all the wild animals of the field; the wild asses shall quench their thirst; the birds of heaven shall dwell beside them; they shall sing from the midst of the rocks. You are He who waters the mountains from His higher places; the earth shall be satisfied with the fruit of Your works. You are He who causes grass to grow for the cattle, and the green plant for the service of man, to bring forth bread from the earth; and wine gladdens the heart of man, to brighten his face with oil; and bread strengthens man's heart. The trees of the plain shall be full of fruit, the cedars of Lebanon, which You planted; there the sparrows shall make their nests; the house of the heron takes the lead among them. The high mountains are for the deer; the cliff is a refuge for the rabbits. He made the moon for seasons; the sun knows its setting. You established darkness, and it was night, wherein all the wild animals of the forest will prowl about; the young lions roar and snatch their prey, and seek their food from God. The sun arises, and they are gathered together; and they shall be put to bed in their dens. Man shall go out to his work and to his labor until evening. O Lord, Your works shall be magnified greatly; You made all things in wisdom; the earth was filled with Your creation. There is this great and spacious sea: the creeping things are there without number;

ἀριθμός, ζῶα μικρὰ μετὰ μεγάλων. Ἐκεῖ  
πλοῖα διαπορεύονται, δράκων οὗτος,  
ὃν ἔπλασας ἐμπαΐζειν αὐτή. Πάντα  
πρὸς σὲ προσδοκῶσι, δοῦναι τὴν τροφήν  
αὐτῶν εἰς εὐκαιρον, δόντος σου αὐτοῖς  
συλλέξουσιν. Ἀνοίξαντός σου τὴν χεῖρα,  
τὰ σύμπαντα πλησθήσονται χρηστότητος,  
ἀποστρέψαντος δέ σου τὸ πρόσωπον,  
ταραχθήσονται. Ἀντανελεῖς τὸ πνεῦμα  
αὐτῶν, καὶ ἐκλείψουσι, καὶ εἰς τὸν χοῦν  
αὐτῶν ἐπιστρέψουσιν. Ἐξαποστελεῖς  
τὸ πνεῦμα σου, καὶ κτισθήσονται, καὶ  
ἀνακαινιεῖς τὸ πρόσωπον τῆς γῆς.  
Ἦτω ἡ δόξα Κυρίου εἰς τοὺς αἰῶνας,  
εὐφρανθήσεται Κύριος ἐπὶ τοῖς ἔργοις  
αὐτοῦ. Ὁ ἐπιβλέπων ἐπὶ τὴν γῆν, καὶ ποιῶν  
αὐτὴν τρέμειν, ὁ ἀπτόμενος τῶν ὀρέων,  
καὶ καπνίζονται. Αἰσῶ τῷ Κυρίῳ ἐν τῇ  
ζωῇ μου, ψαλῶ τῷ Θεῷ μου ἕως ὑπάρχω.  
Ἦδυνθείη αὐτῷ ἡ διαλογία μου, ἐγὼ δὲ  
εὐφρανθήσομαι ἐπὶ τῷ Κυρίῳ. Ἐκλείποιεν  
ἀμαρτωλοὶ ἀπὸ τῆς γῆς, καὶ ἄνομοι, ὥστε  
μὴ ὑπάρχειν αὐτοῦς. Εὐλόγει, ἡ ψυχὴ μου,  
τὸν Κύριον.

Ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου  
σκότος, καὶ ἐγένετο νύξ.

Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε·  
πάντα ἐν σοφίᾳ ἐποίησας.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Ἀλληλοῦῖα. Ἀλληλοῦῖα. Ἀλληλοῦῖα.  
Δόξα σοι ὁ Θεός. (ἐκ γ')

Ἡ ἐλπὶς ἡμῶν, Κύριε, δόξα σοι.

the living things are there, both small and  
great; there the ships pass through; there is  
this dragon You formed to play therein. All  
things wait upon You, that You may give  
them food in due season. When You give  
it to them, they shall gather it; when You  
open Your hand, all things shall be filled with  
Your goodness. But when You turn Your face  
away, they shall be troubled; when You take  
away their breath, they shall die and return  
again to their dust. You shall send forth Your  
Spirit, and they shall be created, and You shall  
renew the face of the earth. Let the glory of  
the Lord be forever; the Lord shall be glad  
in His works; He looks upon the earth and  
makes it tremble; He touches the mountains,  
and they smoke. I will sing to the Lord all my  
life; I will sing to my God as long as I exist;  
may my words be pleasing to Him, and I shall  
be glad in the Lord. May sinners cease from  
the earth, and the lawless, so as to be no more.  
Bless the Lord, O my soul.

The sun knows its setting. You  
established darkness, and it was night.

O Lord, Your works shall be magnified  
greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You,  
O God. (3)

Our hope, O Lord, glory to You.

*Απαγγελλομένου επίσης τοῦ Προοιμιακοῦ, ὁ Ἱερεὺς ἵσταται ἀσκεπής ἐνώπιον τῆς ἁγίας Τραπέζης ἢ καὶ ἐνώπιον τῆς εἰκόνος τοῦ Σωτῆρος Χριστοῦ, ἱστάμενος ἐπὶ τοῦ Σολέα (ὡς ἐν τῷ Ὁρθρῳ), καὶ ἀναγινώσκει μυστικῶς τὰς Εὐχὰς τοῦ Λιχνικοῦ·*

**ΙΕΡΕΥΣ** (μυστικῶς)

### **ΕΥΧΗ ΠΡΩΤΗ**

Κύριε, οἰκτίρμον καὶ ἐλεῆμον, μακρόθυμε καὶ πολυέλεε, ἐνώτισαι τὴν προσευχὴν ἡμῶν, καὶ πρόσχες τῇ φωνῇ τῆς δεήσεως ἡμῶν· ποίησον μεθ' ἡμῶν σημεῖον εἰς ἀγαθόν· ὁδήγησον ἡμᾶς ἐν τῇ ὁδῷ σου τοῦ πορεύεσθαι ἐν τῇ ἀληθείᾳ σου· εὐφρανον τὰς καρδίας ἡμῶν, εἰς τὸ φοβεῖσθαι τὸ Ὄνομά σου τὸ ἅγιον· διότι μέγας εἶ σὺ, καὶ ποιῶν θαυμάσια· σὺ εἶ Θεὸς μόνος, καὶ οὐκ ἔστιν ὅμοιός σοι ἐν θεοῖς, Κύριε, δυνατὸς ἐν ἐλέει, καὶ ἀγαθὸς ἐν ἰσχύϊ, εἰς τὸ βοηθεῖν καὶ παρακαλεῖν, καὶ σῶζειν πάντας τοὺς ἐλπίζοντας εἰς τὸ Ὄνομά σου τὸ ἅγιον.

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### **ΕΥΧΗ ΔΕΥΤΕΡΑ**

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης ἡμᾶς, μηδὲ τῇ ὀργῇ σου παιδεύσης ἡμᾶς, ἀλλὰ ποίησον μεθ' ἡμῶν κατὰ τὴν ἐπιείκειάν σου, ἱατρὲ καὶ θεραπευτὰ τῶν ψυχῶν ἡμῶν· ὁδήγησον ἡμᾶς ἐπὶ λιμένα θελήματός σου· φώτισον τοὺς ὀφθαλμοὺς τῶν καρδιῶν ἡμῶν, εἰς ἐπίγνωσιν τῆς σῆς ἀληθείας· καὶ δώρησαι ἡμῖν τὸ λοιπὸν τῆς παρούσης ἡμέρας εἰρηνικὸν καὶ ἀναμάρτητον, καὶ πάντα τὸν χρόνον τῆς ζωῆς ἡμῶν·

*While the Opening Psalm is being read the Priest, bareheaded and standing in front of the Holy Table, says quietly the following Prayers at the Lighting of the Lamps.*

**PRIEST** (inaudibly)

### **1st Prayer**

O Lord, compassionate and merciful, long-suffering and full of mercy, listen to our prayer and attend to the voice of our supplication. Make for us a sign for good. Guide us in your way, to walk in your truth. Make glad our hearts to fear your holy Name, because you are great and do wondrous things. You alone are God, and there is none like you, O Lord, among gods: powerful in mercy and loving in strength to help and to console and to save all who hope in your holy Name. [EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

### **2nd Prayer**

Lord, do not rebuke us in your anger, nor chastise us in your wrath, but deal with us in accordance with your kindness, physician and healer of our souls. Guide us to the harbour of your will. Enlighten the eyes of our hearts to the knowledge of your truth and grant that the rest of the present day and the whole time of our life may be peaceful and without sin, at the prayers of the holy Mother of God and of all the Saints. [EL]



προσβείαις τῆς ἁγίας Θεοτόκου, καὶ πάντων τῶν Ἁγίων σου.

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΤΡΙΤΗ

Κύριε, ὁ Θεὸς ἡμῶν, μνήσθητι ἡμῶν τῶν ἁμαρτωλῶν καὶ ἀχρείων δούλων σου, ἐν τῷ ἐπικαλεῖσθαι ἡμᾶς τὸ ἅγιον ὄνομά σου, καὶ μὴ κατασχύνῃς ἡμᾶς ἀπὸ τῆς προσδοκίας τοῦ ἐλέους σου, ἀλλὰ χάρισαι ἡμῖν, Κύριε, πάντα τὰ πρὸς σωτηρίαν αἰτήματα· καὶ ἀξιώσον ἡμᾶς ἀγαπᾶν, καὶ φοβεῖσθαι σε ἐξ ὅλης τῆς καρδίας ἡμῶν, καὶ ποιεῖν ἐν πᾶσι τὸ θέλημά σου.

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΤΕΤΑΡΤΗ

Ὅ τοῖς ἀσιγήτοις ὕμνοις καὶ ἀπαύστοις δοξολογίαις ὑπὸ τῶν ἁγίων δυνάμεων ἀνυμνούμενος, πλήρωσον τὸ στόμα ἡμῶν τῆς αἰνέσεώς σου, τοῦ δοῦναι μεγαλωσύνην τῷ ὀνόματί σου τῷ ἁγίῳ· καὶ δὸς ἡμῖν μερίδα καὶ κληρὸν μετὰ πάντων τῶν φοβουμένων σε ἐν ἀληθείᾳ καὶ φυλασσόντων τὰς ἐντολάς σου· προσβείαις τῆς ἁγίας Θεοτόκου καὶ πάντων τῶν ἁγίων σου.

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>

### 3rd Prayer

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will. <sup>[EL]</sup>

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>

### 4th Prayer

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints. <sup>[EL]</sup>

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>

Ἀγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΠΕΜΠΤΗ

Κύριε, Κύριε, ὁ τῇ ἀχραντῷ σου παλάμῃ συνέχων τὰ σύμπαντα, ὁ μακροθυμῶν ἐπὶ πάντας ἡμᾶς καὶ μετανοῶν ἐπὶ ταῖς κακίαις ἡμῶν, μνήσθητι τῶν οἰκτιρμῶν σου καὶ τοῦ ἐλέους σου· ἐπίσκεψαι ἡμᾶς ἐν τῇ σῇ ἀγαθότητι· καὶ δὸς ἡμῖν διαφυγεῖν καὶ τὸ λοιπὸν τῆς παρούσης ἡμέρας, ἐκ τῶν τοῦ πονηροῦ ποικίλων μηχανημάτων, καὶ ἀνεπιβούλευτον τὴν ζωὴν ἡμῶν διαφύλαξον, τῇ χάριτι τοῦ Παναγίου σου Πνεύματος.

Ἐλέει καὶ φιλανθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΕΚΤΗ

Ὁ Θεός, ὁ μέγας καὶ θαυμαστός, ὁ ἀνεκδιηγῆτῳ ἀγαθωσύνη καὶ πλουσία προνοία διοικῶν τὰ σύμπαντα· ὁ καὶ τα ἐγκόσμια ἀγαθὰ ἡμῖν δωρησάμενος, καὶ κατεγγυήσας ἡμῖν τὴν ἐπηγγελμένην βασιλείαν, διὰ τῶν ἤδη κεχαρισμένων ἡμῖν ἀγαθῶν· ὁ ποιήσας ἡμᾶς καὶ τῆς νῦν ἡμέρας τὸ παρελθὸν μέρος ἀπὸ παντὸς ἐκκλίνειν κακοῦ, δώρησαι ἡμῖν καὶ τὸ ὑπόλοιπον ἀμέμπτως ἐκτελέσαι, ἐνώπιον τῆς ἀγίας δόξης σου, ὑμνοῦντάς σε τὸν μόνον ἀγαθόν, καὶ φιλάνθρωπον Θεὸν ἡμῶν.

Ὅτι σὺ εἶ ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ

### 5th Prayer

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault. [EL]

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen. [EL]

### 6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind. [EL]

For you are our God and to you we give glory, to the Father, the Son and the Holy



καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς  
τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΕΒΔΟΜΗ

Ὁ Θεὸς ὁ μέγας καὶ ὑψιστος, ὁ μόνος  
ἔχων ἀθανασίαν, φῶς οἰκῶν ἀπρόσιτον, ὁ  
πᾶσαν τὴν κτίσιν ἐν σοφίᾳ δημιουργήσας.  
Ὁ διαχωρήσας ἀνὰ μέσον τοῦ φωτός, καὶ  
ἀνὰ μέσον τοῦ σκότους, καὶ τὸν μὲν ἥλιον  
θέμενος εἰς ἐξουσίαν τῆς ἡμέρας, σελήνην  
δὲ καὶ ἀστέρας εἰς ἐξουσίαν τῆς νυκτός· ὁ  
καταξιώσας ἡμᾶς τοὺς ἁμαρτωλοὺς καὶ  
ἐπὶ τῆς παρούσης ὥρας προφθάσαι τὸ  
πρόσωπόν σου ἐν ἐξομολογήσει, καὶ τὴν  
ἐσπερινὴν σοι δοξολογίαν προσαγαγεῖν·  
αὐτός, φιλάνθρωπε Κύριε, κατεύθυνον  
τὴν προσευχὴν ἡμῶν ὡς θυμίαμα ἐνώπιόν  
σου καὶ πρόσδεξαι αὐτὴν εἰς ὁσμὴν  
εὐωδίας. Παράσχου δὲ ἡμῖν τὴν παροῦσαν  
ἐσπέραν καὶ τὴν ἐπιοῦσαν νύκτα εἰρηνικὴν·  
ἐνδυσον ἡμᾶς ὅπλα φωτός· ῥῦσαι ἡμᾶς  
ἀπὸ φόβου νυκτερινοῦ καὶ ἀπὸ παντός  
πράγματος ἐν σκότει διαπορευομένου· καὶ  
δὸς ἡμῖν τὸν ὕπνον, ὃν εἰς ἀνάπαυσιν τῇ  
ἀσθενείᾳ ἡμῶν ἐδωρήσω, πάσης διαβολικῆς  
φαντασίας ἀπηλλαγμένον. Ναί, Δέσποτα  
τῶν ἀπάντων, τῶν ἀγαθῶν χορηγέ· ἴνα,  
καὶ ἐπὶ ταῖς κοίταις ἡμῶν κατανυγόμενοι,  
μνημονεύωμεν ἐν νυκτὶ τοῦ ὀνόματός  
σου, καὶ τῇ μελέτῃ τῶν σῶν ἐντολῶν  
καταυγαζόμενοι, ἐν ἀγαλλιάσει ψυχῆς  
διανιστῶμεν πρὸς δοξολογίαν τῆς σῆς  
ἀγαθότητος, δεήσεις καὶ ἱκεσίας τῇ σῇ  
εὐσπλαγχνίᾳ προσάγοντες ὑπὲρ τῶν ἰδίων  
ἁμαρτημάτων καὶ παντός τοῦ λαοῦ σου,  
ὃν ταῖς πρεσβείαις τῆς ἁγίας Θεοτόκου ἐν  
ἐλέει ἐπίσκεψαι.

Spirit, now and for ever, and to the ages of  
ages. Amen. <sup>[EL]</sup>

### 7th Prayer

Great and most high God, who  
alone possess immortality, who dwell  
in unapproachable light, who fashioned  
all creation with wisdom, who made the  
separation between the light and the darkness  
and who placed the sun to have authority  
over the day and the moon and the stars  
to have authority over the night, who have  
counted us sinners worthy even at this  
present hour to come into your presence with  
confession and thanksgiving and to offer  
you our evening hymn of glory; do you, O  
Lord who love mankind, direct our prayer  
like incense before you and accept it as a  
savour of sweet fragrance. Grant us that the  
present evening and the coming night may  
be peaceful, clothe us with weapons of light,  
deliver us from every night-time fear and  
from every deed that walks in darkness. And  
give us sleep, which you have bestowed on us  
for our rest in our weakness, freed from every  
fantasy of the devil. Yes, Master of all things,  
giver of blessings, may we also be filled with  
compunction on our beds and call to mind  
your Name in the night, and enlightened by  
meditation on your commandments may we  
rise with gladness of soul to give glory to  
your loving-kindness, as we bring to your  
compassion supplications and entreaties on  
behalf of our own sins and those of all your  
people. At the prayers of the holy Mother of  
God visit them with mercy. <sup>[EL]</sup>

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς  
ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,  
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,  
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.  
Ἀμήν.

*Πληρωθέντος τοῦ Προοιμιακοῦ Ψαλμοῦ, ὁ μὲν  
Τερεὺς παραμένει ἐν εὐλαβείᾳ ἐνώπιον τῆς ἀγίας  
Τραπεζῆς, ὁ δὲ Διάκονος ποιεῖ σχῆμα πρὸς τὸ Τερέα,  
καὶ ἐξελθὼν τοῦ ἱεροῦ Βήματος, διὰ τῆς βορείας  
πύλης, καὶ στὰς πρὸ τῆς Ὁραίας πύλης, καὶ βλέπων  
κατ' ἐνώπιον τῆς εἰκόνης τοῦ Χριστοῦ, λέγει τὴν  
Μεγάλην Συναπτὴν, ἥτοι τὰ "Εἰρηνικά."*

For you, O God, are good and love  
mankind, and to you we give glory, Father,  
Son and Holy Spirit, now and for ever, and to  
the ages of ages. Amen. <sup>[EL]</sup>

*When the Opening Psalm is completed the Priest, in  
front of the Holy Table, or the Deacon in his usual place  
outside the Holy Doors, says the Litany of Peace.*

**ΔΙΑΚΟΝΟΣ**

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς ἄνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ἁγίου οἴκου τούτου, καὶ τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῶν εὐσεβῶν καὶ Ὁρθοδόξων Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς πόλεως ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

**DEACON**

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

Ὑπὲρ πλεόντων, ὁδοιπορούντων,  
νοσούντων, καμνόντων, αἰχμαλώτων καὶ  
τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης  
θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ  
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,  
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

## ΙΕΡΕΥΣ

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ  
προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ  
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς  
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

*Ἀναγινώσκεται τὸ οἰκεῖον Κάθισμα τοῦ  
Ψαλτηρίου, ἥτοι Κάθισμα 18. Μεθ' ὃ ἡ μικρὰ Συναπτή.*

## ΔΙΑΚΟΝΟΣ

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου  
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν  
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ  
πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς

For those who travel by land, sea, and air,  
for the sick, the suffering, the captives and for  
their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction,  
wrath, danger, and necessity, let us pray to  
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and  
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commend ourselves and one another and  
our whole life to Christ our God.

(To You, O Lord.)

## PRIEST

For to You belong all glory, honor, and  
worship, to the Father and to the Son and to  
the Holy Spirit, now and forever and to the  
ages of ages.

(Amen.)

*The appointed Kathisma of the Psalter may be read, i.e.  
Kathisma 18. It would be followed by the short litany.*

## DEACON

Again and again, in peace, let us pray to the  
Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and  
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed,  
and glorious Lady, the Theotokos and ever-  
virgin Mary, with all the saints, let us commend

καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν  
Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

### ΙΕΡΕΥΣ

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν  
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,  
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Αγίου  
Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων.

(Ἀμήν.)

### ΧΟΡΟΣ

#### Ἦχος πλ. δ'.

Κύριε ἐκέκραξα πρὸς σέ, εἰσάκουσόν  
μου, εἰσάκουσόν μου, Κύριε. Κύριε,  
ἐκέκραξα πρὸς σέ, εἰσάκουσόν μου·  
πρόσχες τῇ φωνῇ τῆς δεήσεώς μου, ἐν τῷ  
κεκραγέναι με πρὸς σέ. Εἰσάκουσόν μου,  
Κύριε.

Κατευθυνθήτω ἡ προσευχή μου, ὡς  
θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν  
μου θυσία ἐσπερινή. Εἰσάκουσόν μου,  
Κύριε.

Θοῦ, Κύριε, φυλακὴν τῷ στόματί μου, καὶ θύραν  
περιοχῆς περὶ τὰ χεῖλη μου.

Μὴ ἐκκλίνης τὴν καρδίαν μου εἰς λόγους  
πονηρίας, τοῦ προφασίζεσθαι προφάσεις ἐν  
ἀμαρτίαις.

Σὺν ἀνθρώποις ἐργαζομένοις τὴν ἀνομίαν, καὶ  
οὐ μὴ συνδυάσω μετὰ τῶν ἐκλεκτῶν αὐτῶν.

Παιδεύσει με δίκαιος ἐν ἐλέει, καὶ ἐλέγξει με,  
ἔλαιον δὲ ἀμαρτωλοῦ μὴ λιπανάτω τὴν κεφαλὴν  
μου.

Ὅτι ἔτι καὶ ἡ προσευχή μου ἐν ταῖς εὐδοκίαις  
αὐτῶν· κατεπόθησαν ἐχόμενα πέτρας οἱ κριταὶ  
αὐτῶν.

Ἀκούσονται τὰ ῥήματά μου, ὅτι ἠδύνθησαν·  
ὥσπερ πάχος γῆς ἐρράγη ἐπὶ τῆς γῆς, διεσκορπίσθη τὰ  
ὀστᾶ αὐτῶν παρὰ τὸν ἄδην.

ourselves and one another and our whole life to  
Christ our God.

(To You, O Lord.)

### PRIEST

For Yours is the dominion, and Yours is the  
kingdom and the power and the glory, of the Father  
and of the Son and of the Holy Spirit, now and  
forever and to the ages of ages.

(Amen.)

### CHOIR

#### Mode pl. 4.

Lord, I have cried to You; hear me. Hear  
me, O Lord. Lord, I have cried to You; hear  
me. Give heed to the voice of my supplication  
when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You  
as incense, the lifting up of my hands as the  
evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of  
enclosure about my lips.

Incline not my heart to evil words, to make  
excuses in sins.

With men who work lawlessness; and I will not  
join with their choice ones.

The righteous man shall correct me with mercy,  
and he shall reprove me; but let not the oil of the sinner  
anoint my head.

For my prayer shall be intense in the presence of  
their pleasures. Their judges are swallowed up by the  
rock.

They shall hear my words, for they are pleasant.  
As a clod of ground is dashed to pieces on the earth, so  
their bones were scattered beside the grave.

Ὅτι πρὸς σέ, Κύριε, Κύριε, οἱ ὀφθαλμοὶ μου· ἐπὶ  
σοὶ ἤλπισα, μὴ ἀντανέλης τὴν ψυχὴν μου.

Φύλαξόν με ἀπὸ παγίδος ἧς συνεστήσαντό μοι,  
καὶ ἀπὸ σκανδάλων τῶν ἐργαζομένων τὴν ἀνομίαν.

Πεσοῦνται ἐν ἀμφιβλήστῳ αὐτῶν οἱ  
ἀμαρτωλοί· κατὰ μόνας εἰμὶ ἐγὼ ἕως ἂν παρέλθω.

Φωνῇ μου πρὸς Κύριον ἐκέκραξα, φωνῇ μου  
πρὸς Κύριον ἐδεήθην.

Ἐκχεῶ ἐνώπιον αὐτοῦ τὴν δέησίν μου, τὴν  
θλιψίν μου ἐνώπιον αὐτοῦ ἀπαγγελῶ.

Ἐν τῷ ἐκλείπειν ἐξ ἐμοῦ τὸ πνεῦμά μου, καὶ σὺ  
ἔγνωσ τὰς τρίβους μου.

Ἐν ὁδῷ ταύτῃ, ἣ ἐπορευόμην, ἔκρυψαν παγίδα  
μοι.

Κατενόουν εἰς τὰ δεξιὰ, καὶ ἐπέβλεπον, καὶ οὐκ  
ἦν ὁ ἐπιγινώσκων με.

Ἀπώλετο φυγὴ ἀπ' ἐμοῦ, καὶ οὐκ ἔστιν ὁ  
ἐκζητῶν τὴν ψυχὴν μου.

Ἐκέκραξα πρὸς σέ, Κύριε εἶπα· Σὺ εἶ ἡ ἐλπίς  
μου, μερίς μου εἶ ἐν γῇ ζώντων.

Πρόσχεες πρὸς τὴν δέησίν μου, ὅτι ἐταπεινώθην  
σφόδρα.

Ῥῥσαί με ἐκ τῶν καταδιωκόντων με, ὅτι  
ἐκραταιώθησαν ὑπὲρ ἐμέ.

Ἐξάγαγε ἐκ φυλακῆς τὴν ψυχὴν μου, τοῦ  
ἐξομολογήσασθαι τῷ ὀνόματί σου.

Ἐμὲ ὑπομενοῦσι δίκαιοι, ἕως οὗ ἀνταποδῶς μοι.

Ἐκ βαθέων ἐκέκραξά σοι, Κύριε· Κύριε,  
εἰσάκουσον τῆς φωνῆς μου.

Γενηθήτω τὰ ὦτά σου προσέχοντα εἰς τὴν  
φωνήν τῆς δεήσεώς μου.

For my eyes, O Lord, O Lord, are toward You; in  
You I hope; take not my soul away.

Keep me from the snares they set for me, and from  
the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone,  
until I escape.

I cried to the Lord with my voice, with my voice I  
prayed to the Lord.

I shall pour out my supplication before Him; I  
shall declare my affliction in His presence.

When my spirit fainted within me, then You knew  
my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one  
who knew me.

Refuge failed me, and there was no one who cared  
for my soul.

I cried to You, O Lord; I said, "You are my hope,  
my portion in the land of the living."

Attend to my supplication, for I was humbled  
exceedingly.

Deliver me from my persecutors, for they are  
stronger than I.

Bring my soul out of prison to give thanks to Your  
name, O Lord.

The righteous shall wait for me, until You reward  
me.

Out of the depths I have cried to You, O Lord; O  
Lord, hear my voice.

Let Your ears be attentive to the voice of my  
supplication.



**Στιχηρὰ τοῦ Τριωδίου.**

Τοῦ Τριωδίου - - -

**Ἦχος γ'. Ἐστησαν τὰ τριάκοντα.**

Ἐὰν ἀνομίας παρατηρήσης, Κύριε Κύριε,  
τίς ὑποστήσεται; ὅτι παρὰ σοὶ ὁ ἰλασμός  
ἐστίν.

Κύριε ὁ Σταυρῷ κτείνας τὸν δόλιον, τῆς  
αὐτοῦ ῥῦσαί με ἀπάτης, τὸν ἀμαρτάνοντα  
καὶ ἐξαπατώμενον, καὶ Νηστεία ἐκκαθάρας  
με, δίδου μοι τὰ σὰ θελήματα τελεῖν,  
ὥπως βλέψω Δέσποτα, γεγηθὼς τὰ σεπτὰ  
Παθήματά σου.

**Ἦχος γ'. Ἐστησαν τὰ τριάκοντα.**

Ἐνεκεν τοῦ ὀνόματός σου ὑπέμεινά σε,  
Κύριε, ὑπέμεινεν ἡ ψυχὴ μου εἰς τὸν λόγον  
σου. Ἠλπισεν ἡ ψυχὴ μου ἐπὶ τὸν Κύριον.

Τέτρωμαι, ἡδονῆς ῥομφαία Κύριε, καὶ  
δεινῶς ὅλως ἐνεκρώθην, ἴασαι, ζώωσον τὴν  
ταπεινὴν μου ψυχὴν, ὁ τῇ λόγχῃ τρωθεὶς  
Δέσποτα, καὶ τοὺς τετρωμένους βέλει τοῦ  
ἐχθροῦ, ὡς Σωτὴρ ἰασάμενος, καὶ σεπτῶν  
σου Παθῶν κοινωνὸν ἀνάδειξόν με.

**Ἦχος β'. Σταυρωθῆτω ἔκραζον.**

Ἀπὸ φυλακῆς πρωΐας μέχρι νυκτός· ἀπὸ  
φυλακῆς πρωΐας ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν  
Κύριον.

Τῇ Νηστεία Κύριε, τὰς ψυχὰς  
φωτισθέντες, καταξιωθῶμεν, τὸν Σταυρόν  
σου ἀκατακρίτως ἰδεῖν ἐν χαρᾷ, καὶ  
προσκυνῆσαι φοβερῶς· διαλάμπει γὰρ  
αὐτός, Πάθη τὰ σὰ τὰ ἐκούσια, ἃ εὐδόκησον  
φθάσαι, ἡμᾶς ὡς φιλόανθρωπος.

**Stichera of the Triodion.**

From Triodion - - -

**Mode 3.**

*If You, O Lord, should mark transgression, O  
Lord, who would stand? For there is forgiveness  
with You. [SAAS]*

O Lord, who by Thy Cross hast slain the  
deceiver, deliver me from his delusion, for I  
have sinned and been beguiled. Cleanse me  
by the Fast and grant me to do Thy will, O  
Master, that I may look with joy upon Thy  
Holy Passion. [KW]

**Mode 3.**

*Because of Your law, O Lord, I waited for  
You; my soul waited for Your word. My soul  
hopes in the Lord. [SAAS]*

I have been wounded by the sword of  
pleasure, O Lord, and a shameful death has  
befallen me. O Master, pierced by a spear,  
who as Saviour bringest healing to those  
wounded by the arrows of the enemy, heal  
and restore to life my humble soul, and grant  
me to share in Thy Holy Passion. [KW]

**Mode 2.**

*From the morning watch until night; from the  
morning watch until night, let Israel hope in the  
Lord. [SAAS]*

May the Fast bring light to our souls,  
O Lord, and do Thou count us worthy  
uncondemned and with rejoicing to behold  
Thy Cross, and to worship it with fear; and  
in Thy love for man grant us to attain Thy  
voluntary Passion. [KW]

**Στιχηρὰ τοῦ Μηναίου.**

Τοῦ Μηναίου - - -

**Ἦχος δ΄.** Ὡς γενναῖον ἐν Μάρτυσι.

Ὅτι παρὰ τῷ Κυρίῳ τὸ ἔλεος καὶ πολλὴ παρ' αὐτῷ λύτρωσις, καὶ αὐτὸς λυτρώσεται τὸν Ἰσραὴλ ἐκ πασῶν τῶν ἀνομιῶν αὐτοῦ.

Ἰουδαίων φρουράγματι, καὶ θρασεῖα ὠμότητι, λογισμὸν ἀντέθηκας ἀνδρειόφρονα, τὴν τῶν μελλόντων προσβλέπουσα, θεόφρον ἀπόλαυσιν, διαμένουσιν αἰεὶ, δι' αἰῶνος ἀσάλευτον, ἥς ἐπέτυχες, ἀπὸ γῆς μεταστᾶσα πρὸς νυμφῶνας, οὐρανίους καὶ χορείαν, τὴν ἀκατάλυτον ἔνδοξε.

Αἰνεῖτε τὸν Κύριον, πάντα τὰ ἔθνη, ἐπαινέσατε αὐτόν, πάντες οἱ λαοί.

Βασιλείας εὐπρέπειαν, καὶ τερπνὴν ὥραιότητα, κατιδεῖν ἠξίωσαι τοῦ Νυμφίου σου, ὥραϊσμένη τοῖς στίγμασι, στερόρᾳς σου ἀθλήσεως, καὶ πηγῇ τῶν ἀγαθῶν, ἐπαξίως προσήγγισας, τῆς ἐπέκεινα, θεϊκῆς εὐφροσύνης μετουσίαν, καρπουμένη Μακαρία, καὶ τὴν ἀθάνατον εὐκλειαν.

Ὅτι ἐκραταιώθη τὸ ἔλεος αὐτοῦ ἐφ' ἡμᾶς, καὶ ἡ ἀλήθεια τοῦ Κυρίου μένει εἰς τὸν αἰῶνα.

Οὐ ζυγὸς τῆς δουλείας σε, οὐ τὸ χαῦνον τοῦ θήλεως, οὐ λιμὸς οὐ μάστιγες ἐνεπόδισαν, τὴν τῶν Μαρτύρων στερόρότητα, μιμεῖσθαι Πανένδοξε· προθυμία γὰρ ψυχῆς, τὰς βασάνους ὑπέμεινας· ὅθεν ἔτυχες, οὐρανίων θαλάμων, καὶ στεφάνῳ, τῶν χαρίτων ἐκοσμήθης, περισταμένη τῷ Κτίσῃ σου.

**Stichera from the Menaion.**

From Menaion - - -

**Mode 4.** *To a brave one.*

*For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions. [SAAS]*

You withstood the brutality \* of the Jews and their insolence, \* even as a woman, with manly frame of mind, \* O godly-minded one, for you looked ahead to the permanent \* future blessings that remain \* for all ages unshakable; \* which you did obtain \* when from earth you passed over to celestial bridal chambers and the chorus \* that never ceases, O glorious Saint. [SD]

*Praise the Lord, all you Gentiles; praise Him, all you peoples. [SAAS]*

You were granted to see the light \* of the kingdom's magnificence \* and delightful handsomeness of your Bridegroom Christ, \* being adorned as you were with marks \* of your mighty martyrdom; \* and you worthily arrived \* at the wellspring of all things good, \* O all-blessed one. \* Now you freely partake of the divine and otherworldly joy and gladness \* and of the glory that never dies. [SD]

*For His mercy rules over us; and the truth of the Lord endures forever. [SAAS]*

Neither feminine frailty, \* the condition of servitude, \* hunger, nor mistreatment could stop or hinder you \* from imitating the martyr saints \* in their steadfast fortitude; \* for with willingness of soul \* you endured torture valiantly, \* O all-glorious Saint. \* Then you made it to heavenly bride-chambers, and you

Δόξα· καὶ νῦν. **Σταυροθεοτοκίον.**

**Ἦχος δ'.** Ὡς γενναῖον ἐν Μάρτυσι.

Ὡς ἑώρακε Κύριε, ἡ Παρθένος καὶ  
Μήτηρ σου, ἐν Σταυρῷ κρεμάμενον,  
ἐξεπλήττετο, καὶ ἀτενίζουσα ἔλεγε· Τί σοι  
ἀνταπέδωκαν, οἱ πολλῶν σου δωρεῶν,  
ἀπολαύσαντες Δέσποτα; ἀλλὰ δέομαι,  
μή με μόνην ἐάσης ἐν τῷ κόσμῳ, ἀλλὰ  
σπεῦσον ἀναστῆναι, συνανιστῶν τοὺς  
Προπάτορας.

(Εἵσοδος οὐ γίνεται.)

### ΑΝΑΓΝΩΣΤΗΣ

Φῶς ἱλαρὸν ἀγίας δόξης, ἀθανάτου  
Πατρός, οὐρανίου, ἁγίου, μάκαρος, Ἰησοῦ  
Χριστέ, ἐλθόντες ἐπὶ τὴν ἡλίου δύσιν,  
ιδόντες φῶς ἐσπερινόν, ὑμνοῦμεν Πατέρα,  
Υἱόν, καὶ ἅγιον Πνεῦμα Θεόν. Ἀξιόν σε ἐν  
πᾶσι καιροῖς, ὑμνεῖσθαι φωναῖς αἰσίαις,  
Υἱὲ Θεοῦ, ζῶν ὁ διδούς· \* διὸ ὁ κόσμος σε  
δοξάζει.

### Τὰ Ἀναγνώσματα

#### ΙΕΡΕΥΣ

Ἑσπέρας...

Τοῦ Τριωδίου - -

### ΑΝΑΓΝΩΣΤΗΣ

Προκείμενον. Ἦχος γ'.

Ψαλμὸς ΜΖ' (47).

Μέγας Κύριος καὶ αἰνετὸς σφόδρα.

Ἐν πόλει τοῦ Θεοῦ ἡμῶν, ἐν ὄρει ἁγίῳ  
αὐτοῦ.

Γενέσεως τὸ ἀνάγνωσμα.

stand near your Creator,\* being adorned with  
a crown of grace. [SD]

Glory. Both now. **Stavrotheotokion.**

**Mode 4.** *To a brave one.*

When Your Mother the Virgin pure \*  
saw You hanging upon the Cross, \* she was  
overwhelmed with astonishment, O Lord, \*  
and gazing earnestly, she cried out: \* "Look  
how they rewarded You, \* Master, even after  
they \* had received many gifts from You. \* I  
implore You now, \* do not leave me to face  
the world alone, but rather hasten to be risen,  
\* raising the Ancestors with yourself." [SD]

(No Entrance)

### READER

Gladsome light of holy glory of the holy,  
blessed, heavenly, immortal Father, O Jesus  
Christ: arriving at the hour of sunset and  
having seen the evening light, we praise the  
Father, Son, and Holy Spirit, God. It is worthy  
for You to be praised at all times with happy  
voices, O Son of God and Giver of life; \* and  
therefore the world glorifies You.

### The Readings

#### PRIEST

The evening...

From Triodion - -

### READER

Prokeimenon. Mode 3.

Psalm 47 (48).

Great is the Lord, and greatly to be  
praised.

*In the city of our God, in His holy mountain.*

[SAAS]

The reading is from the book of Genesis.

**ΙΕΡΕΥΣ**

Σοφία. Πρόσχωμεν.

**ΑΝΑΓΝΩΣΤΗΣ**

Κεφ. Ζ', 1-5

Εἶπε Κύριος ὁ Θεὸς πρὸς Νῶε· Εἰσελθε σὺ καὶ πᾶς ὁ οἶκός σου εἰς τὴν κιβωτόν, ὅτι σὲ εἶδον δίκαιον ἐναντίον μου, ἐν τῇ γενεᾷ ταύτῃ. Ἀπὸ δὲ τῶν κτηνῶν τῶν καθαρῶν, εἰσάγαγε πρὸς σὲ ἑπτὰ ἑπτὰ, ἄρσεν καὶ θῆλυ, καὶ ἀπὸ τῶν κτηνῶν τῶν μὴ καθαρῶν, δύο δύο, ἄρσεν καὶ θῆλυ. Καὶ ἀπὸ τῶν πετεινῶν τοῦ οὐρανοῦ τῶν καθαρῶν, ἑπτὰ ἑπτὰ, ἄρσεν καὶ θῆλυ, καὶ ἀπὸ πάντων τῶν πετεινῶν τῶν μὴ καθαρῶν, δύο δύο, ἄρσεν καὶ θῆλυ, διαθρέψαι σπέρμα ἐπὶ πᾶσαν τὴν γῆν. Ἔτι γὰρ ἡμερῶν ἑπτὰ, ἐγὼ ἐπάγω ὑετὸν ἐπὶ τὴν γῆν, τεσσαράκοντα ἡμέρας. Καὶ τεσσαράκοντα νύκτας, καὶ ἐξαλείψω πᾶν τὸ ἀνάστημα, ὃ ἐποίησα, ἀπὸ προσώπου πάσης τῆς γῆς. Καὶ ἐποίησε Νῶε πάντα, ὅσα ἐνετείλατο αὐτῷ Κύριος ὁ Θεός.

Προκείμενον. Ἦχος β'.

Ψαλμὸς ΜΗ' (48).

Τὸ στόμα μου λαλήσει σοφίαν.

Ἀκούσατε ταῦτα, πάντα τὰ ἔθνη.

Παροιμιῶν τὸ ἀνάγνωσμα.

**ΙΕΡΕΥΣ**

Σοφία. Πρόσχωμεν.

**ΑΝΑΓΝΩΣΤΗΣ**

Κεφ. Η', 32 - Θ', 11

Υἱέ, ἀκούε μου, καὶ μακάριοι, οἱ ὁδοὺς μου φυλάξουσιν. Ἀκούσατε σοφίαν, καὶ σοφίσθητε, καὶ μὴ ἀποφραγῇτε. Μακάριος ἀνὴρ, ὃς εἰσακούσεται μου, καὶ ἄνθρωπος, ὃς τὰς ἐμὰς ὁδοὺς φυλάξει, ἀγρυπνῶν ἐπ' ἐμαῖς θύραις καθ' ἡμέραν, τηρῶν σταθμούς

**PRIEST**

Wisdom. Let us be attentive.

**READER**

7:1-5

Then the Lord God said to Noah, "Enter the ark, you and all your family, because I have seen you righteous before Me in this generation. You shall also bring with you into the ark the clean cattle by sevens, male and female; and the unclean cattle by twos, male and female; and the clean birds of heaven by twos, male and female, to keep seed alive on the face of all the earth. For after seven more days I will cause it to rain on the earth forty days and forty nights, and I will blot out from the face of the earth every living thing I made." So Noah did all the Lord God commanded him. [SAAS]

Prokeimenon. Mode 2.

Psalms 48 (49).

My mouth shall speak wisdom.

Hear this, all you nations. [SAAS]

The reading is from the Proverbs of Solomon.

**PRIEST**

Wisdom. Let us be attentive.

**READER**

8:32-9:11

Now therefore, my son, hear me: Blessed is the man who shall hearken to me and the man who shall guard my ways; who watches daily at my doors, who keeps watch at the doors of my entryways; for my issues are the issues of life, and grace is prepared

ἐμῶν εισόδων· αἱ γὰρ ἔξοδοί μου, ἔξοδοι ζωῆς, καὶ ἐτοιμάζεται θέλησις παρὰ Κυρίου. Οἱ δὲ ἀμαρτάνοντες εἰς ἐμέ, ἀσεβοῦσιν εἰς τὰς ἑαυτῶν ψυχάς, καὶ οἱ μισοῦντές με, ἀγαπῶσι θάνατον. Ἡ σοφία ὠκοδόμησεν ἑαυτῇ οἶκον, καὶ ὑπῆρξε στύλους ἑπτὰ. Ἔσφαξε τὰ ἑαυτῆς θύματα, ἐκέρασεν εἰς κρατῆρα τὸν ἑαυτῆς οἶνον, καὶ ἡτοιμάσατο τὴν ἑαυτῆς τράπεζαν. Ἀπέστειλε τοὺς ἑαυτῆς δούλους, συγκαλοῦσα μετὰ ὑψηλοῦ κηρύγματος, ἐπὶ κρατῆρα, λέγουσα· Ὅς ἐστὶν ἄφρων, ἐκκλινάτω πρὸς με, καὶ τοῖς ἐνδεέσι φρενῶν, εἶπεν· Ἐλθετε, φάγετε τῶν ἐμῶν ἄρτων, καὶ πίνετε οἶνον, ὃν κεκέρακα ὑμῖν. Ἀπολείπετε ἀφροσύνην, ἵνα εἰς τὸν αἰῶνα βασιλεύσητε, καὶ ζητήσατε φρόνησιν, καὶ κατορθώσατε ἐν γνώσει σύνεσιν. Ὁ παιδεύων κακοὺς, λήψεται ἑαυτῷ ἀτιμίαν, ἐλέγχων δὲ τὸν ἀσεβῆ, μωμήσεται ἑαυτόν· οἱ γὰρ ἔλεγχοι τῷ ἀσεβεῖ, μώλωπες αὐτῷ. Μὴ ἔλεγχε κακοὺς, ἵνα μὴ μισήσωσί σε, ἔλεγχε σοφόν, καὶ ἀγαπήσει σε, δίδου σοφῷ ἀφορμὴν, καὶ σοφώτερος ἔσται, γνώριζε δικαίῳ, καὶ προσθήσει τοῦ δέχεσθαι. Ἀρχὴ σοφίας, φόβος Κυρίου, καὶ βουλή Ἁγίων, σύνεσις, τὸ δὲ γινῶναι νόμον, διανοίας ἐστὶν ἀγαθῆς. Τούτῳ γὰρ τῷ τρόπῳ πολὺν ζήσεις χρόνον, καὶ προστεθήσεται σοι ἔτη ζωῆς.

### ΑΝΑΓΝΩΣΤΗΣ

Καταξίωσον, Κύριε, ἐν τῇ ἐσπέρᾳ ταύτῃ, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς. Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν. Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἡλπίσαμεν ἐπὶ σέ. Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου. Εὐλογητὸς

from the Lord. But those who sin against me act ungodly toward their own souls, and those who hate me love death." Wisdom built her house, and she supported it with seven pillars. She offered her sacrifices; she mixed her wine in a bowl and prepared her table. She sent her servants, inviting people to the bowl with a lofty proclamation, saying, "He who is without discernment, let him turn aside to me"; and to those in need of discernment, she says, "Come, eat my bread and drink the wine I mixed for you; forsake lack of discernment, and you shall live; seek discernment so you may live, and keep straight your understanding with knowledge." He who chastises evil men shall receive dishonor to himself, and he who reproves the ungodly man shall be blamed himself. Do not reprove evil men, so they may not hate you; reprove a wise man, and he will love you. Give the opportunity to a wise man, and he will be wiser; instruct a righteous man, and he shall continue to receive it. The fear of the Lord is the beginning of wisdom, and the counsel of saints is understanding; for to know the law is characteristic of a good mind. For in this manner you will live a long time, and the years of your life shall be increased.

[SAAS]

### READER

O Lord, keep us this evening without sin. Blessed are you, O Lord, God of our fathers, and praised and glorified is your name to the ages. Amen. O Lord, let your mercy be upon us for we have set our hope in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, Master, grant me understanding of your



εἰ, Δέσποτα, συνέτισον μὲ τὰ δικαιώματά σου. Εὐλογητὸς εἰ, Ἄγιε, φώτισόν με τοῖς δικαιώμασί σου. Κύριε, τὸ ἔλεός σου εἰς τὸν αἰῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδης. Σοὶ πρέπει αἶνος, σοὶ πρέπει ὕμνος, σοὶ δόξα πρέπει, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

### ΔΙΑΚΟΝΟΣ

Πληρώσωμεν τὴν ἑσπερινὴν δέησιν ἡμῶν τῷ Κυρίῳ.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τὴν ἑσπέραν πᾶσαν τελείαν, ἀγίαν, εἰρηνικὴν καὶ ἀναμάρτητον, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Ἄγγελον εἰρήνης, πιστὸν ὁδηγόν, φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Συγγνώμην καὶ ἄφεσιν τῶν ἁμαρτιῶν καὶ τῶν πλημμελημάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς ἡμῶν καὶ εἰρήνην τῷ κόσμῳ, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τὸν ὑπόλοιπον χρόνον τῆς ζωῆς ἡμῶν ἐν εἰρήνῃ καὶ μετανοίᾳ ἐκτελέσαι, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

commandments. Blessed are you, Holy One, enlighten me with your commandments. Lord, your mercy is forever. Do not despise the works of your hands. To you is due praise, to you is due song, to you is due glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. [HC]

(Amen.)

### DEACON

Let us complete our evening prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)



Χριστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν,  
ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικά, καὶ  
καλὴν ἀπολογίαν τὴν ἐπὶ τοῦ φοβεροῦ  
βήματος τοῦ Χριστοῦ αἰτησώμεθα.

(*Παράσχου, Κύριε.*)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,  
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(*Σοί, Κύριε.*)

### ΙΕΡΕΥΣ

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς  
ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,  
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,  
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(*Ἀμήν.*)

### ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(*Καὶ τῷ πνεύματί σου.*)

### ΔΙΑΚΟΝΟΣ

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίῳ κλίνομεν.

(*Σοί, Κύριε.*)

### ΙΕΡΕΥΣ (*χαμηλοφώνως*)

Κύριε, ὁ Θεὸς ἡμῶν, ὁ κλῖνας οὐρανοὺς καὶ  
καταβάς ἐπὶ σωτηρίᾳ τοῦ γένους τῶν ἀνθρώπων,  
ἔπιδε ἐπὶ τοὺς δούλους σου καὶ ἐπὶ τὴν κληρονομίαν  
σου· σοὶ γὰρ τῷ φοβερῷ καὶ φιλοανθρώπῳ κριτῇ  
οἱ σοὶ δοῦλοι ὑπέκλιναν τὰς κεφαλὰς, τοὺς δὲ  
αὐτῶν ὑπέταξαν αὐχένας, οὐ τὴν ἐξ ἀνθρώπων  
ἀναμένοντες βοήθειαν, ἀλλὰ τὸ σὸν περιμένοντες  
ἔλεος καὶ τὴν σὴν ἀπεκδεχόμενοι σωτηρίαν·  
οὓς διαφύλαξον ἐν παντὶ καιρῷ καὶ κατὰ τὴν  
παροῦσαν ἐσπέραν καὶ τὴν προσιοῦσαν νύκτα,  
ἀπὸ παντὸς ἐχθροῦ, ἀπὸ πάσης ἀντικειμένης  
ἐνεργίας διαβολικῆς, καὶ διαλογισμῶν ματαίων καὶ  
ἐνθυμήσεων πονηρῶν.

And let us ask for a Christian end to our  
life, peaceful, without shame and suffering,  
and for a good defense before the awesome  
judgment seat of Christ.

(*Grant this, O Lord.*)

Commemorating our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commend ourselves and one another and  
our whole life to Christ our God.

(*To You, O Lord.*)

### PRIEST

For You, O God, are good and love  
mankind, and to You we offer glory, to the  
Father and to the Son and to the Holy Spirit,  
now and forever, and to the ages of ages.

(*Amen.*)

### PRIEST

Peace be with all.

(*And with your spirit.*)

### DEACON

Let us bow our heads to the Lord.

(*To You, O Lord.*)

### PRIEST (*in a low voice*)

Lord our God, who bowed the heavens and came  
down for the salvation of the human race, look upon  
your servants and upon your inheritance, for to you,  
the fearful Judge who love mankind, your servants  
have bowed their heads and inclined their necks, not  
waiting for any human help, but awaiting your mercy  
and looking for your salvation. Guard them at every  
moment, during both the present evening and the  
approaching night, from every foe, from every hostile  
operation of the devil and from vain thoughts and evil  
desires.

**ΙΕΡΕΥΣ**

Εἴη τὸ κράτος τῆς βασιλείας σου  
εὐλογημένον καὶ δεδοξασμένον, τοῦ  
Πατρὸς, καὶ τοῦ Υἱοῦ, καὶ τοῦ ἁγίου  
Πνεύματος, νῦν καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας  
τῶν αἰώνων.

(Ἀμήν.)

Τοῦ Τριωδίου ---

**ΧΟΡΟΣ**

**Ἀπόστιχα. Τοῦ Τριωδίου.**

**Ἰδιόμελον. Ἦχος β'.**

Πατέρα σε τὸν Κτίστην, ἐπιγράφεσθαι  
τολμῶ Κύριε, ζῶον ὑπάρχων γηγενές, τῆς  
σῆς μετέχων εἰκόνοσ, καὶ τῆς υἰοθεσίας  
διήμαρτον, ἀσώτως βιώσας, καὶ τῇ λήθῃ  
τῶν σῶν δωρεῶν, ἐκδαπανήσας τὴν  
περιουσίαν. Μὴ οὖν ἀποκηρύξης με,  
ὁ τὸν σὸν εὐδοκήσας Υἱὸν μονογενῆ,  
Σταυρὸν ὑπὲρ ἐμοῦ σαρκί, καὶ θάνατον  
ὑπομεῖναι, ἀλλὰ βελτιώσας, οἰκείωσον  
σαυτῷ Φιλάνθρωπε.

**Στίχ.** Πρὸς σὲ ἦρα τοὺς ὀφθαλμούς  
μου τὸν κατοικοῦντα ἐν τῷ οὐρανῷ. Ἴδου ὡς  
ὀφθαλμοὶ δούλων εἰς χεῖρας τῶν Κυρίων  
αὐτῶν, ὡς ὀφθαλμοὶ παιδίσκης εἰς χεῖρας  
τῆς Κυρίας αὐτῆς, οὕτως οἱ ὀφθαλμοὶ  
ἡμῶν πρὸς Κύριον τὸν Θεὸν ἡμῶν, ἕως οὗ  
οἰκτειρῆσαι ἡμᾶς.

Πατέρα σε τὸν Κτίστην, ἐπιγράφεσθαι  
τολμῶ Κύριε, ζῶον ὑπάρχων γηγενές, τῆς  
σῆς μετέχων εἰκόνοσ, καὶ τῆς υἰοθεσίας  
διήμαρτον, ἀσώτως βιώσας, καὶ τῇ λήθῃ  
τῶν σῶν δωρεῶν, ἐκδαπανήσας τὴν  
περιουσίαν. Μὴ οὖν ἀποκηρύξης με,  
ὁ τὸν σὸν εὐδοκήσας Υἱὸν μονογενῆ,  
Σταυρὸν ὑπὲρ ἐμοῦ σαρκί, καὶ θάνατον

**PRIEST**

May the might of your kingdom be  
blessed and glorified, of the Father and the  
Son and the Holy Spirit, now and forever and  
to the ages of ages.

(Amen.)

From Triodion ---

**CHOIR**

**Aposticha. From the Triodion.**

**Idiomelon. Mode 2.**

Though I am a creature born on earth,  
yet sharing in Thine image, O Lord, I dare  
to call upon Thee, the Creator, as my Father.  
Living as the Prodigal I have lost the grace  
of sonship, and forgetful of Thy gifts I have  
wasted mine inheritance. Yet disown me not,  
for Thou wast pleased to send Thine only-  
begotten Son, to suffer for my sake crucifixion  
in the flesh and death: but in Thy love for man  
bring me back from evil and make me Thine  
own. [KW]

**Verse:** *I lift my eyes to You, who dwell  
in heaven. Behold, as the eyes of servants look  
to the hands of their masters, as the eyes of the  
maidservant look to the hands of her mistress, so  
our eyes look to the Lord our God until He shall  
have compassion on us. [SAAS]*

Though I am a creature born on earth,  
yet sharing in Thine image, O Lord, I dare  
to call upon Thee, the Creator, as my Father.  
Living as the Prodigal I have lost the grace  
of sonship, and forgetful of Thy gifts I have  
wasted mine inheritance. Yet disown me not,  
for Thou wast pleased to send Thine only-  
begotten Son, to suffer for my sake crucifixion  
in the flesh and death: but in Thy love for man

ὑπομεῖναι, ἀλλὰ βελτιώσας, οἰκείωσον  
σαυτῷ Φιλάνθρωπε.

**Μαρτυρικόν.**

**Ἦχος β'.**

**Στίχ.** Ἐλέησον ἡμᾶς, Κύριε,  
ἐλέησον ἡμᾶς, ὅτι ἐπὶ πολὺ ἐπλήσθημεν  
ἐξουδενώσεως, ἐπὶ πλεῖον ἐπλήσθη ἡ ψυχὴ  
ἡμῶν. Τὸ ὄνειδος τοῖς εὐθηνούσι, καὶ ἡ  
ἐξουδένωσις τοῖς ὑπερηφάνοις.

Χοροὶ Μαρτύρων ἀντέστησαν, τοῖς  
Τυράννοις λέγοντες· Ἡμεῖς στρατευόμεθα  
τῷ Βασιλεῖ τῶν Δυνάμεων, εἰ καὶ πυρὶ,  
καὶ βασάνοις παραδώσετε ἡμᾶς, οὐκ  
ἀρνούμεθα τῆς Τριάδος τὴν δύναμιν.

Δόξα· καὶ νῦν. **Θεοτοκίον.**

**Ἦχος β'. Ὅτε ἐκ τοῦ ξύλου.**

Ὅτε σε ὁ ἄνομος λαός, Σῶτερ τὴν  
ζωὴν τῶν ἀπάντων, ξύλῳ ἀνήρτησε, τότε  
καὶ ἡ πάναγνος, ἀγνή καὶ Μήτηρ σου,  
παρεστῶσα ὠδύρετο, ὀλοφυρομένη· Τέκνον  
μου γλυκύτατον, φῶς τῶν ἐμῶν ὀφθαλμῶν,  
οἴμοι! πῶς κακούργων ἐν μέσῳ ξύλῳ  
προσπαγῆναι ἠνέσχου, ὁ τὴν γῆν κρεμάσας  
ἐν τοῖς ὕδασι;

**ΙΕΡΕΥΣ**

**Ὡδὴν τοῦ Θεοδόχου Συμεών.**

Νῦν ἀπολύεις τον δοῦλόν σου, Δέσποτα,  
κατὰ τὸ ῥῆμά σου, ἐν εἰρήνῃ· ὅτι εἶδον  
οἱ ὀφθαλμοί μου τὸ σωτήριόν σου, ὃ  
ἠτοίμασας κατὰ πρόσωπον πάντων τῶν  
λαῶν· φῶς εἰς ἀποκάλυψιν ἐθνῶν, καὶ  
δόξαν λαοῦ σου Ἰσραήλ.

**ΛΑΟΣ**

**Τρισάγιον.**

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος  
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

bring me back from evil and make me Thine  
own. [KW]

**For the Martyrs.**

**Mode 2.**

**Verse:** Have mercy on us, O Lord, have  
mercy on us, for we are greatly filled with  
contempt; our soul is greatly filled with it. We are  
a disgrace to those who prosper, and a contempt to  
the arrogant. [SAAS]

The company of martyrs resisted tyrants,  
saying: 'We are soldiers of the Ruler of the  
powers on high; though ye give us up to fire  
and torment, we shall not deny the power of  
the Trinity.' [KW]

Glory. Both now. **Theotokion.**

**Mode 2. (NM)**

O Saviour, when the lawless people  
nailed Thee to the Tree, who art the Life of all,  
Thy pure and holy Mother, standing beside  
Thee, cried aloud lamenting: 'Woe is me,  
beloved Child, the light of mine eyes! Thou  
hast hung the earth above the waters: how  
then canst Thou endure to be nailed upon the  
Tree between two evildoers!' [KW]

**PRIEST**

**Song of Simeon.**

Lord, now You are letting Your servant  
depart in peace, according to Your word; for  
my eyes have seen Your salvation which You  
have prepared before the face of all peoples.  
A light to bring revelation to the Gentiles, and  
the glory of Your people Israel. [NKJV]

**PEOPLE**

**Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal,  
have mercy on us. (3)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε,  
ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα,  
συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε,  
ἐπίσκεψαι καὶ ἰᾶσαι τὰς ἀσθενείας ἡμῶν,  
ἐνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,  
ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς,  
ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ  
βασιλεία σου. Γενηθήτω τὸ θέλημά σου,  
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον  
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ  
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ  
ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ  
εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι  
ἡμᾶς ἀπὸ τοῦ πονηροῦ.

### ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις  
καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ  
Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς  
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

### ΧΟΡΟΣ

Τοῦ Ὡρολογίου - - -

**Ἀπολυτίκια. Ἦχος πλ. α'.**

Θεοτόκε Παρθέने, χαῖρε κεχαριτωμένη  
Μαρία, ὁ Κύριος μετὰ σοῦ· εὐλογημένη σὺ  
ἐν γυναιξί, καὶ εὐλογημένος ὁ καρπὸς τῆς  
κοιλίας σου, ὅτι Σωτῆρα ἔτεκες τῶν ψυχῶν  
ἡμῶν.

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

All-holy Trinity, have mercy on us.  
Lord, forgive our sins. Master, pardon our  
transgressions. Holy One, visit and heal our  
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.  
Lord, have mercy.

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Our Father, who art in heaven, hallowed  
be Thy name. Thy kingdom come, Thy will  
be done, on earth as it is in heaven. Give us  
this day our daily bread; and forgive us our  
trespasses, as we forgive those who trespass  
against us. And lead us not into temptation,  
but deliver us from evil.

### PRIEST

For Thine is the Kingdom and the power  
and the glory, of the Father and of the Son  
and of the Holy Spirit, now and forever and to  
the ages of ages.

(Amen.)

### CHOIR

From Horologion - - -

**Apolytikia. Mode pl. 1.**

O Virgin Theotokos, rejoice, Mary full  
of grace. The Lord is with you. Blessed are  
you among women, and blessed is the fruit of  
your womb; for you have borne the Savior of  
our souls [SD]

Βαπτιστὰ τοῦ Χριστοῦ, πάντων ἡμῶν  
μνήσθητι, ἵνα ῥυσθῶμεν τῶν ἀνομιῶν  
ἡμῶν· σοὶ γὰρ ἐδόθη χάρις πρεσβεῦειν ὑπὲρ  
ἡμῶν.

Δόξα.

Ἰκετεύσατε ὑπὲρ ἡμῶν, ἅγιοι  
Ἀπόστολοι, καὶ Ἅγιοι πάντες, ἵνα ῥυσθῶμεν  
κινδύνων καὶ θλίψεων, ὑμᾶς γὰρ θερμούς  
προστάτας, πρὸς τὸν Σωτῆρα κεκτήμεθα.

*Τὸ τελευταῖον τοῦτο τροπάριον κατὰ τὴν  
ἀρχαίαν τάξιν λέγεται χῦμα ὑπὸ τοῦ ἀναγνώστου.  
Σήμερον ὁμως συνήθως ψάλλεται καὶ τοῦτο, ὡς καὶ τὰ  
προηγούμενα.*

Καὶ νῦν.

Ὑπὸ τὴν σὴν εὐσπλαγχνίαν,  
καταφεύγομεν Θεοτόκε, τὰς ἡμῶν  
ἱκεσίας μὴ παρίδῃς ἐν περιστάσει, ἀλλ' ἐκ  
κινδύνων λύτρωσαι ἡμᾶς, μόνη Ἀγνή, μόνη  
εὐλογημένη.

### ΑΝΑΓΝΩΣΤΗΣ

Κύριε, ἐλέησον. (μ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,  
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

### ΙΕΡΕΥΣ

Ὁ ὢν εὐλογητός, Χριστὸς ὁ Θεὸς ἡμῶν,  
πάντοτε, νῦν, καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας  
τῶν αἰώνων.

(Ἀμήν.)

Ἐπουράνιε Βασιλεῦ, τοὺς πιστοὺς  
ἄρχοντας ἡμῶν στερέωσον· τὴν πίστιν

O Baptist of Christ, be mindful of us all,  
that we may be delivered from our iniquities;  
for unto you was given the grace to intercede  
for us. [SD]

Glory.

Entreat earnestly for us, O holy Apostles  
and all Saints, that we be delivered from  
peril and affliction; for you are our fervent  
advocates before the Savior. [SD]

*This final troparion, according to older rules, is simply  
recited by the Reader. In current practice, however, it is  
usually, sung much like the preceding hymns.*

Both now.

Beneath your tender compassion we  
take refuge, O Theotokos. Despise not our  
supplications in distress, but deliver us from  
all peril. You alone are pure; you alone are  
blessed. [SD]

### READER

Lord, have mercy. (40)

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify.

In the name of the Lord, Father, bless!

### PRIEST

Blessed are You, Christ our God, always  
now and forever and to the ages of ages.

(Amen.)

O heavenly King, uphold our rulers,  
strengthen the Faith, calm the nations, give



στήριξον· τὰ ἔθνη πρᾶννον· τὸν κόσμον  
εἰρήνευσον· τὴν ἁγίαν Ἐκκλησίαν (ἡ  
Μονήν) ταύτην καλῶς διαφύλαξον· τοὺς  
προαπελθόντας πατέρας καὶ ἀδελφούς  
ἡμῶν ἐν σκηναῖς δικαίων τάξον· καὶ ἡμᾶς  
ἐν μετανοίᾳ καὶ ἑξομολογήσει παράλαβε,  
ὡς ἀγαθὸς καὶ φιλόανθρωπος.

(Ἀμήν.)

### Εὐχή τοῦ Ἁγίου Ἐφραίμ

Κύριε καὶ Δέσποτα τῆς ζωῆς μου,  
πνεῦμα ἀργίας, περιεργίας, φιλαρχίας καὶ  
ἀργολογίας μὴ μοι δῶς.

Πνεῦμα δὲ σωφροσύνης,  
ταπεινοφροσύνης, ὑπομονῆς καὶ ἀγάπης  
χάρισαί μοι τῷ σῶ δούλῳ.

Ναί, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ  
ὁρᾶν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν  
τὸν ἀδελφόν μου.

Ὅτι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

### ΑΝΑΓΝΩΣΤΗΣ

Κύριε, ἐλέησον. (ιβ')

Παναγία Τριάς, τὸ Ὁμοούσιον κράτος,  
ἡ ἀδιαίρετος βασιλεία, ἡ πάντων τῶν  
ἀγαθῶν αἰτία, εὐδόκησον δὴ καὶ ἐπ' ἐμοὶ  
τῷ ἁμαρτωλῷ· στήριξον, συνέτισον τὴν  
καρδίαν μου, καὶ πᾶσαν περίελέ μου τὴν  
βεβηλότητα· φώτισόν μου τὴν διάνοιαν, ἵνα  
διὰ παντὸς δοξάζω, ὑμνῶ, προσκυνῶ καὶ  
λέγω· Εἷς Ἅγιος, εἷς Κύριος, Ἰησοῦς Χριστός,  
εἰς δόξαν Θεοῦ Πατρός. Ἀμήν.

Εἴη τὸ ὄνομα Κυρίου εὐλογημένον ἀπὸ  
τοῦ νῦν καὶ ἕως τοῦ αἰῶνος. (ἐκ γ')

### Ψαλμὸς ΛΓ' (33).

Εὐλογήσω τὸν Κύριον ἐν παντὶ  
καιρῷ, διὰ παντὸς ἡ αἰνεσις αὐτοῦ ἐν τῷ

peace to the world. Protect this holy Church  
(or, Monastery); grant our departed fathers  
and brethren that they may dwell with  
the righteous, and accept us in repentance  
and confession; for You are good and love  
mankind.

(Amen.)

### Prayer of St. Ephraim

O Lord and Master of my life, do not  
permit the spirit of laziness and meddling, the  
lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit  
of prudence, humility, patience and love.

Yes, Lord and King, give me the power  
to see my own faults and not to judge my  
brother.

For you are blessed unto the ages of ages.  
Amen. [HC]

### READER

Lord, have mercy. (12)

All-Holy Trinity, the consubstantial  
dominion, the indivisible rule, and cause  
of every good: be well pleased, even with  
regard to me a sinner. Strengthen my heart  
and grant it understanding, and take away  
all my defilement. Illumine my mind, so that  
I may ever glorify, praise, worship, and say:  
One is Holy, One is Lord, Jesus Christ, to the  
Glory of God the Father. Amen.

Blessed be the name of the Lord from this  
present time and unto the ages. (3)

### Psalms 33 (34).

I will bless the Lord at all times; His  
praise shall continually be in my mouth. My



στόματί μου. Ἐν τῷ Κυρίῳ ἐπαινεθήσεται ἡ ψυχὴ μου· ἀκουσάτωσαν πραεῖς, καὶ εὐφρανθήτωσαν. Μεγαλύνετε τὸν Κύριον σὺν ἐμοί, καὶ ὑψώσωμεν τὸ ὄνομα αὐτοῦ ἐπὶ τὸ αὐτό. Ἐξεζήτησα τὸν Κύριον, καὶ ἐπήκουσέ μου, καὶ ἐκ πασῶν τῶν θλίψεων μου ἐρρύσατό με. Προσέλθετε πρὸς αὐτὸν καὶ φωτίσθητε, καὶ τὰ πρόσωπα ὑμῶν οὐ μὴ κατασχυρθῇ. Οὗτος ὁ πτωχὸς ἐκέκραξε καὶ ὁ Κύριος εἰσήκουσεν αὐτοῦ καὶ ἐκ πασῶν τῶν θλίψεων αὐτοῦ ἔσωσεν αὐτόν. Παρεμβαλεῖ ἄγγελος Κυρίου κύκλῳ τῶν φοβουμένων αὐτόν καὶ ῥύσεται αὐτούς. Γεύσασθε καὶ ἴδετε ὅτι χρηστός ὁ Κύριος· μακάριος ἀνὴρ, ὃς ἐλπίζει ἐπ' αὐτόν. Φοβήθητε τὸν Κύριον πάντες οἱ ἅγιοι αὐτοῦ, ὅτι οὐκ ἔστιν ὑστέρημα τοῖς φοβουμένοις αὐτόν. Πλούσιοι ἐπτώχευσαν καὶ ἐπέινασαν, οἱ δὲ ἐκζητοῦντες τὸν Κύριον οὐκ ἐλαττωθήσονται παντὸς ἀγαθοῦ. Δεῦτε, τέκνα, ἀκούσατέ μου· φόβον Κυρίου διδάξω ὑμᾶς. Τίς ἐστιν ἄνθρωπος ὁ θέλων ζωὴν, ἀγαπῶν ἡμέρας ἰδεῖν ἀγαθὰς; Παῦσον τὴν γλῶσσάν σου ἀπὸ κακοῦ καὶ χεῖλη σου τοῦ μὴ λαλῆσαι δόλον. Ἐκκλινον ἀπὸ κακοῦ καὶ ποιήσον ἀγαθόν, ζήτησον εἰρήνην καὶ δίωξον αὐτήν. Ὀφθαλμοὶ Κυρίου ἐπὶ δικαίους, καὶ ὅλα αὐτοῦ εἰς δέησιν αὐτῶν. Πρόσωπον δὲ Κυρίου ἐπὶ ποιοῦντας κακὰ τοῦ ἐξολοθρεῦσαι ἐκ γῆς τὸ μνημόσυνον αὐτῶν. Ἐκέκραξαν οἱ δίκαιοι, καὶ ὁ Κύριος εἰσήκουσεν αὐτῶν, καὶ ἐκ πασῶν τῶν θλίψεων αὐτῶν ἐρρύσατο αὐτούς. Ἐγγὺς Κύριος τοῖς συντετριμμένοις τὴν καρδίαν καὶ τοὺς ταπεινοὺς τῷ πνεύματι σώσει. Πολλὰ αἱ θλίψεις τῶν δικαίων, καὶ ἐκ πασῶν αὐτῶν ῥύσεται αὐτοὺς ὁ Κύριος·

soul shall be praised in the Lord; let the gentle hear, and be glad. Oh, magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He heard me; and He delivered me from all my sojourning. Come to Him, and be enlightened, and your face shall never be ashamed. This poor man cried, and the Lord heard him, and saved him from all his afflictions. The Angel of the Lord shall encamp around those who fear Him, and He will deliver them. Oh, taste and see that the Lord is good; blessed is the man who hopes in Him. Fear the Lord, you His saints, for there is no want for those who fear Him. Rich men turned poor and went hungry; but those who seek the Lord shall not lack any good thing. Come, you children, listen to me; I will teach you the fear of the Lord. Who is the man who desires life, who loves to see good days? Keep your tongue from evil, and your lips from speaking deceit. Shun evil and do good; seek peace and pursue it. The eyes of the Lord are upon the righteous, and His ears are open to their supplications. The Lord's face is against those who do evil, so as to destroy their remembrance from the earth. The righteous cried, and the Lord heard them; and He delivered them from all their afflictions. The Lord is near those who are brokenhearted, and He will save the humble in spirit. Many are the afflictions of the righteous, but He will deliver them from them all. The Lord shall guard all their bones; not one of them shall be broken. The death of sinners is evil, and those who hate the righteous shall go wrong. The Lord will redeem the souls of His servants, and all who hope in Him shall not go wrong.

φυλάσσει Κύριος πάντα τὰ ὅσα αὐτῶν,  
ἐν ἐξ αὐτῶν οὐ συντριβήσεται. Θάνατος  
ἀμαρτωλῶν πονηρός, καὶ οἱ μισοῦντες  
τὸν δίκαιον πλημμελήσουσι. Λυτρώσεται  
Κύριος ψυχὰς δούλων αὐτοῦ, καὶ οὐ μὴ  
πλημμελήσουσι πάντες οἱ ἐλπίζοντες ἐπ'  
αὐτόν.

### Ψαλμὸς ΡΜΔ' (144).

Ὑψώσω σε, ὁ Θεός μου ὁ βασιλεύς  
μου, καὶ εὐλογήσω τὸ ὄνομά σου εἰς τὸν  
αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Καθ'  
ἐκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω  
τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν  
αἰῶνα τοῦ αἰῶνος. Μέγας Κύριος καὶ  
αἰνετὸς σφόδρα, καὶ τῆς μεγαλωσύνης  
αὐτοῦ οὐκ ἔστι πέρας. Γενεὰ καὶ γενεὰ  
ἐπαινέσει τὰ ἔργα σου καὶ τὴν δύναμίν  
σου ἀπαγγελοῦσι. Τὴν μεγαλοπρέπειαν  
τῆς δόξης τῆς ἁγιωσύνης σου λαλήσουσι  
καὶ τὰ θαυμάσιά σου διηγῶνται. Καὶ  
τὴν δύναμιν τῶν φοβερῶν σου ἔροῦσι  
καὶ τὴν μεγαλωσύνην σου διηγῶνται.  
Μνήμην τοῦ πλήθους τῆς χρηστότητός  
σου ἐξερεῦξονται καὶ τῇ δικαιοσύνῃ σου  
ἀγαλλιάσονται. Οἰκτιρμῶν καὶ ἐλεήμων  
ὁ Κύριος, μακρόθυμος καὶ πολυέλεος.  
Χρηστὸς Κύριος τοῖς σύμπασι, καὶ οἱ  
οἰκτιρμοὶ αὐτοῦ ἐπὶ πάντα τὰ ἔργα αὐτοῦ.  
Ἐξομολογησάσθωσάν σοι, Κύριε, πάντα τὰ  
ἔργα σου, καὶ οἱ ὅσιοί σου εὐλογησάτωσάν  
σε. Δόξαν τῆς βασιλείας σου ἔροῦσι καὶ τὴν  
δυναστείαν σου λαλήσουσι τοῦ γνωρίσαι  
τοῖς υἱοῖς τῶν ἀνθρώπων τὴν δυναστείαν  
σου καὶ τὴν δόξαν τῆς μεγαλοπρεπείας τῆς  
βασιλείας σου. Ἡ βασιλεία σου βασιλεία  
πάντων τῶν αἰώνων, καὶ ἡ δεσποτεία  
σου ἐν πάσῃ γενεᾷ καὶ γενεᾷ. Πιστὸς  
Κύριος ἐν πᾶσι τοῖς λόγοις αὐτοῦ καὶ ὅσιος

### Psalm 144 (145)

I shall exalt You, my God and my King,  
and I shall bless Your name forever and unto  
ages of ages. Every day I shall bless you and  
praise Your name forever and unto ages  
of ages. Great is the Lord and exceedingly  
praiseworthy, and His greatness has no limit.  
Generation and generation shall praise Your  
works, and they shall declare Your power.  
They shall speak of the magnificence of the  
glory of Your holiness, and they shall describe  
Your wonders. They shall also speak of the  
power of Your awesome deeds and describe  
Your great majesty. They shall overflow with  
the memory of Your rich goodness, and shall  
greatly rejoice in Your righteousness. The  
Lord is gracious and merciful, longsuffering  
and abundant in mercy. The Lord is good to  
all, and His mercies are upon all His works. O  
Lord, let all Your works praise You and Your  
holy ones bless You. They shall tell of Your  
kingdom's glory, and they shall speak of Your  
power, that all the sons of men may know  
Your power and the glory of Your kingdom's  
magnificence. Your kingdom is a kingdom  
of all the ages, and Your dominion is from  
generation to generation. The Lord is faithful  
in His words and holy in all His works. The  
Lord supports all who stumble and restores  
all who are broken down. All eyes hope in  
You, and You give them their food in due

ἐν πᾶσι τοῖς ἔργοις αὐτοῦ. Ὑποστηρίζει  
Κύριος πάντας τοὺς καταπίπτοντας καὶ  
ἀνορθοῖ πάντας τοὺς κατερραγμένους. Οἱ  
ὀφθαλμοὶ πάντων εἰς σὲ ἐλπίζουσι, καὶ  
σὺ δίδως τὴν τροφὴν αὐτῶν ἐν εὐκαιρίᾳ.  
Ἀνοίγεις σὺ τὰς χεῖράς σου καὶ ἐμπιπλᾷς  
πᾶν ζῶον εὐδοκίας. Δίκαιος Κύριος ἐν  
πάσαις ταῖς ὁδοῖς αὐτοῦ καὶ ὅσιος ἐν  
πᾶσι τοῖς ἔργοις αὐτοῦ. Ἐγγὺς Κύριος  
πᾶσι τοῖς ἐπικαλουμένοις αὐτόν, πᾶσι  
τοῖς ἐπικαλουμένοις αὐτόν ἐν ἀληθείᾳ.  
Θέλημα τῶν φοβουμένων αὐτόν ποιήσει  
καὶ τῆς δεήσεως αὐτῶν εἰσακούσεται καὶ  
σώσει αὐτούς. Φυλάσσει Κύριος πάντας  
τοὺς ἀγαπῶντας αὐτόν καὶ πάντας τοὺς  
ἁμαρτωλοὺς ἐξολοθρεύσει. Αἶνεσιν Κυρίου  
λαλήσει τὸ στόμα μου· καὶ εὐλογεῖτω πᾶσα  
σὰρξ τὸ ὄνομα τὸ ἅγιον αὐτοῦ εἰς τὸν αἰῶνα  
καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

#### ΑΝΑΓΝΩΣΤΗΣ

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,  
ἐλέησον.

Εὐλόγησον.

#### ΙΕΡΕΥΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,  
ταῖς πρεσβείαις τῆς παναχράντου  
καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,  
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,  
προστασίαις τῶν τιμίων ἐπουρανίων  
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου,  
ἐνδόξου, προφήτου, Προδρόμου καὶ  
βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων  
καὶ πανευφήμεων Ἀποστόλων, τῶν ἁγίων  
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν  
ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν· (τοῦ  
Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων

season. You open Your hand and fill every  
living thing with Your pleasure. The Lord  
is righteous in all His ways and holy in all  
His works. The Lord is near to all who call  
on Him, to all who call upon Him in truth.  
He shall do the will of those who fear Him,  
and He shall hear their supplications and save  
them. The Lord keeps all who love Him, but  
all the sinners He shall utterly destroy. My  
mouth shall speak the Lord's praise, and let  
all flesh bless His holy name forever and unto  
ages of ages.

#### READER

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Lord, have mercy. Lord, have mercy.  
Lord, have mercy.

Father, bless!

#### PRIEST

May Christ our true God, through  
the intercessions of His all-pure and all-  
immaculate holy Mother, the power of the  
precious and life-giving Cross, the protection  
of the honorable, bodiless powers of heaven,  
the supplications of the honorable, glorious  
prophet and forerunner John the Baptist, of  
the holy, glorious, and praiseworthy apostles,  
of the holy, glorious, and triumphant martyrs,  
of our righteous and God-bearing fathers,  
(local patron saint); of the holy and righteous  
ancestors of God Joachim and Anna, and of all

Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ  
πάντων τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι  
ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,  
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ  
σῶσον ἡμᾶς.

(Ἀμήν.)

the saints, have mercy on us and save us, for  
He is good and loves mankind.

Through the prayers of our holy fathers,  
Lord Jesus Christ, our God, have mercy on us  
[and save us].

(Amen.)