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Άκολουθία τοῦ Μεγάλου Παρακλητικοῦ Κανόνος εἰς τὴν Ύπεραγίαν Θεοτόκον

(Ποίημα τοῦ Βασιλέως Θεοδώρου Δούκα τοῦ Λασκάρεως)

ΙΕΡΕΥΣ

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΑΝΑΓΝΩΣΤΗΣ

Άμήν.

Ψαλμὸς ΡΜΒ' (142).

Κύριε, εἰσάκουσον τῆς προσευχῆς μου, ἐνώτισαι τὴν δέησίν μου ἐν τῆ ἀληθεία σου, εἰσάκουσόν μου ἐν τῆ δικαιοσύνη σου καὶ μη εἰσέλθης εἰς κρίσιν μετὰ τοῦ δούλου σου, ότι οὐ δικαιωθήσεται ἐνώπιόν σου πᾶς ζῶν. Ότι κατεδίωξεν ὁ ἐχθοὸς τὴν ψυχήν μου, ἐταπείνωσεν εἰς γῆν τὴν ζωήν μου, ἐκάθισέ με ἐν σκοτεινοῖς ὡς νεκφοὺς αἰῶνος· καὶ ηκηδίασεν ἐπ' ἐμὲ τὸ πνεῦμά μου, ἐν ἐμοὶ ἐταράχθη ἡ καρδία μου. Ἐμνήσθην ἡμερῶν ἀρχαίων, ἐμελέτησα ἐν πᾶσι τοῖς ἔργοις σου, ἐν ποιήμασι τῶν χειοῶν σου ἐμελέτων. Διεπέτασα πρὸς σὲ τὰς χεῖράς μου ἡ ψυχή μου ώς γῆ ἄνυδρός σοι. Ταχὺ εἰσάκουσόν μου, Κύριε, ἐξέλιπε τὸ πνεῦμά μου. Μὴ ἀποστρέψης τὸ πρόσωπόν σου ἀπ' ἐμοῦ, καὶ ὁμοιωθήσομαι τοῖς καταβαίνουσιν εὶς λάκκον. Ἀκουστὸν ποίησόν μοι τὸ ποωϊ τὸ ἔλεός σου, ὅτι ἐπὶ σοὶ ἤλπισα. Γνώρισόν μοι, Κύριε, όδόν, ἐν ἦ πορεύσομαι, ὅτι πρὸς σὲ ἦρα τὴν ψυχήν μου. Ἐξελοῦ με ἐκ τῶν ἐχθοῶν μου, Κύριε, ὅτι πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου. Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῆ

Service of the Great Paraklesis

to the Most-holy Theotokos

(by Emperor Theodore Doukas Laskaris)

(Complete Score)

PRIEST

Blessed is our God always, now and ever, and to the ages of ages.

READER

Amen.

Psalm 142 (143).

O Lord, hear my prayer; give ear to my supplication in Your truth; answer me in Your righteousness; do not enter into judgment with Your servant, for no one living shall become righteous in Your sight. For the enemy persecuted my soul; he humbled my life to the ground; he caused me to dwell in dark places as one long dead, and my spirit was in anguish within me; my heart was troubled within me. I remembered the days of old, and I meditated on all Your works; I meditated on the works of Your hands. I spread out my hands to You; my soul thirsts for You like a waterless land. Hear me speedily, O Lord; my spirit faints within me; turn not Your face from me, lest I become like those who go down into the pit. Cause me to hear Your mercy in the morning, for I hope in You; make me know, O Lord, the way wherein I should walk, for I lift up my soul to You. Deliver me from my enemies, O Lord, for to You I flee for refuge. Teach me to do Your will, for You are my God; Your good Spirit shall guide me in the land of uprightness. For Your name's sake, O Lord,

εὐθείᾳ· ἕνεκεν τοῦ ὀνόματός σου, Κύριε, ζήσεις με, ἐν τῆ δικαιοσύνη σου ἐξάξεις ἐκ θλίψεως τὴν ψυχήν μου· καὶ ἐν τῷ ἐλέει σου ἐξολοθρεύσεις τοὺς ἐχθρούς μου καὶ ἀπολεῖς πάντας τοὺς θλίβοντας τὴν ψυχήν μου, ὅτι ἐγὼ δοῦλός σου εἰμι.

Καὶ εὐθὺς τό· Θεὸς Κύριος, ἐξ ἑκατέρων τῶν Χορῶν, ὡς ἑξῆς·

ΧΟΡΟΣ

Ήχος δ'.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν. Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

Στίχ. α'. Έξομολογεῖσθε τῷ Κυρίῳ καὶ ἐπικαλεῖσθε τὸ ὄνομα τὸ ἄγιον αὐτοῦ.

ἤ Έξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός, ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.

Στίχ. β'. Πάντα τὰ ἔθνη ἐκύκλωσάν με, καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ'. Παρὰ Κυρίου ἐγένετο αὕτη καὶ ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Τροπάρια.

Ήχος δ΄. Ὁ ὑψωθεὶς ἐν τῷ Σταυρῷ.

Τῆ Θεοτόκω ἐκτενῶς, νῦν ποοσδοάμωμεν, άμαοτωλοὶ καὶ ταπεινοί, καὶ ποοσπέσωμεν ἐν μετανοία, κοάζοντες ἐκ βάθους ψυχῆς· Δέσποινα βοήθησον, ἐφ ἡμῖν σπλαγχνισθεῖσα, σπεῦσον ἀπολλύμεθα, ὑπὸ πλήθους πταισμάτων, μὴ ἀποστοέψης σοὺς δούλους κενούς· σὲ γὰο καὶ μόνην ἐλπίδα κεκτήμεθα.

give me life; in Your righteousness You shall bring my soul out of affliction. In Your mercy You shall destroy my enemies; You shall utterly destroy all who afflict my soul, for I am Your servant. [SAAS]

Then "God is the Lord" is sung four times, with or without the verses.

CHOIR

Mode 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call upon His name.

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: All the nations surrounded me, but in the name of the Lord I defended myself against them.

Verse 3: And this came about from the Lord, and it is wonderful in our eyes.

Troparia.

Mode 4. You who were lifted.

O humble sinners, let us now run in earnest * unto the Theotokos, and in repentance * fall down to her and cry out from the depths of our souls: * Show compassion unto us * and provide your assistance. * Hasten; we are perishing * in our many transgressions. * Turn not your servants empty-handed away; * for we have found you, O Lady, our only hope. [5D]

Δόξα. **Τὸ αὐτό.** Καὶ νῦν. **Όμοιον.**

Οὐ σιωπήσωμέν ποτε, Θεοτόκε, τὰς δυναστείας σου λαλεῖν οἱ ἀνάξιοι· εἰμὴ γὰς σὺ προϊστασο πρεσβεύουσα, τὶς ἡμᾶς ἐρρύσατο ἐκ τοσούτων κινδύνων; Τὶς δὲ διεφύλαξεν ἕως νῦν ἐλευθέρους; Οὐκ ἀποστῶμεν, Δέσποινα, ἐκ σοῦ· σοὺς γὰρ δούλους σώζεις ἀεί, ἐκ παντοίων δεινῶν.

ΑΝΑΓΝΩΣΤΗΣ

Ψαλμὸς Ν' (50).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου έξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου, καὶ απὸ τῆς ἁμαρτίας μου καθάρισόν με. Ότι τὴν ανομίαν μου έγω γινώσκω, καὶ ἡ άμαρτία μου ἐνώπιόν μού ἐστι διὰ παντός. Σοὶ μόνω ήμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ίδοὺ γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν άμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἰδοὺ γὰο ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κούφια τῆς σοφίας σου ἐδήλωσάς μοι. Ραντιεῖς με ὑσσώπω, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲο χιόνα λευκανθήσομαι. Άκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφοοσύνην άγαλλιάσονται ὀστέα τεταπεινωμένα. Απόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν άμαςτιῶν μου καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον. Καρδίαν καθαράν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον έν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψης με ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά σου τὸ ἄγιον μὴ ἀντανέλης ἀπ' ἐμοῦ.

Glory. **Repeat.**Both now. **Same Melody.**

We the unworthy shall not ever be silent, * O Theotokos, from proclaiming your powers. * For were you not concerned to intercede for us, * who would have delivered us * from such manifold dangers, * and who else would up to now * have preserved us in freedom? * O Lady, we shall not depart from you, * for you ever save your servants * from evils of every kind.

READER

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

Απόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ στήριξόν με. Διδάξω ἀνόμους τὰς ὁδούς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με έξ αίμάτων, ὁ Θεὸς, ὁ Θεὸς τῆς σωτηρίας μου ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χείλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ότι εὶ ἠθέλησας θυσίαν, ἔδωκα άν όλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετοιμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει. Ἁγάθυνον, Κύριε, ἐν τῆ εὐδοκία σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ίερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὁλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

Ό Κανών.

Ψάλλεται ὁ κανὼν τῆς Μικρᾶς ἢ τῆς Μεγάλης Παρακλήσεως ἄνευ τῶν εἱρμῶν.

ΧΟΡΟΣ

'Ωιδὴ α' . Ἡχος $\pi\lambda$. δ'. Ὁ Εἰρμός.

(Ο είρμὸς δὲν ψάλλεται.)

Άρματηλάτην Φαραὼ ἐβύθισε, τερατουργοῦσα ποτέ, Μωσαϊκὴ ῥάβδος, σταυροτύπως πλήξασα, καὶ διελοῦσα θάλασσαν, Ἰσραὴλ δὲ φυγάδα, πεζὸν ὁδίτην διέσωσεν, ἆσμα τῷ Θεῷ ἀναμέλποντα.

Τοοπάοια.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Τῶν λυπηοῶν ἐπαγωγαὶ χειμάζουσι τὴν ταπεινήν μου ψυχήν, καὶ συμφοοῶν νέφη, τὴν ἐμὴν καλύπτουσι, καοδίαν I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

The Canon.

In many monasteries and churches, the Canon of the Paraklesis is chanted without the Heirmoi (except perhaps in Ode ix of Small Paraklesis, in order to make an even number of troparia and thus to avoid repeating one.)

CHOIR

Ode i. Mode pl. 4. Heirmos.

(The Heirmos may be omitted.)

The rod of Moses working wonders once submerged Phar'onic charioteers * when it smote the waters * in the figure of a cross * and thereby split the sea in two; * while it rescued on dry land * wayfaring fugitive Israel, * which to God resoundingly sang a song.

Troparia.

Most-holy Theotokos, save us.

Relentless onslaughts of distressing troubles now disquiet my humble soul. * And the gloomy clouds of tribulation shroud my Θεονύμφευτε, ἀλλ' ἡ φῶς τετοκυῖα, τὸ θεῖον καὶ προαιώνιον, λάμψον μοι τὸ φῶς τὸ χαρμόσυνον.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Έξ ἀμέτρητων ἀναγκῶν καὶ θλίψεων, καὶ ἐξ ἐχθοῶν δυσμενῶν, καὶ συμφορῶν βίου, λυτρωθεὶς Πανάχραντε, τῆ κραταιᾳ δυνάμει σου, ἀνυμνῶ μεγαλύνω, τὴν ἄμετρόν σου συμπάθειαν, καὶ την εἰς ἐμέ σου παράκλησιν.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Νῦν πεποιθώς ἐπὶ τὴν σὴν κατέφυγον, ἀντίληψιν κραταιάν, καὶ πρὸς τὴν σὴν σκέπην, ὁλοψύχως ἔδραμον, καὶ γόνυ κλίνω Δέσποινα, καὶ θρηνῶ καὶ στενάζω, μὴ με παρίδης τὸν ἄθλιον, τῶν Χριστιανῶν καταφύγιον.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Οὐ σιωπήσω τοῦ βοᾶν τρανώτατα, τὰ μεγαλεῖα τὰ σά εἰμὴ γὰρ σὰ Κόρη, πάντοτε προΐστασο, ὑπὲρ ἐμοῦ πρεσβεύουσα, τῷ Υίῷ καὶ Θεῷ σου, τὶς ἐκ τοσούτου με κλύδωνος, καὶ δεινῶν κινδύνων ἐρρύσατο.

Ώιδὴ γ΄. Ὁ Εἱομός.

(Ό είρμὸς δὲν ψάλλεται.)

Οὐοανίας ἁψῖδος, ὀοοφουογὲ Κύοιε, καὶ τῆς Ἐκκλησίας Δομῆτοο, σὰ με στερέωσον, ἐν τῆ ἀγάπη τῆ σῆ, τῶν ἐφετῶν ἡ ἀκρότης, τῶν πιστῶν τὸ στήριγμα, μόνε φιλάνθρωπε.

heart. * But since you are, O Bride of God, * Theotokos and Mother * of the divine preeternal Light, * shine on me the light that is full of joy. [SD]

Most-holy Theotokos, save us.

I have been saved from countless grave necessities and tribulations and woes, * hostile adversaries * and from life's calamities * by your prevailing power; hence, * all-immaculate Maiden, * I praise and magnify the immense * sympathy and solace you offer me. [SD]

Glory to the Father and the Son and the Holy Spirit.

Now trusting fully in your mighty patronage, for safety there have I fled; * and unto your shelter * have I run wholeheartedly, * O Lady, and I bend my knees * and lament sighing deeply. * Do not disdain me the wretched one. * For you are the refuge of Christians all. [5D]

Both now and ever and to the ages of ages. Amen.

I shall not cease from speaking most emphatically of your magnificent deeds. *
For were you not always * standing up on my behalf, * petitioning your Son and God, * from so violent a tempest * and such formidable jeopardy, * who else would there be to deliver me? [SD]

Ode iii. Heirmos.

(The Heirmos may be omitted.)

O divine Master Builder of the celestial vault, * as the only Lover of mankind and Founder of the Church, * establish me, O

Τροπάρια.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Άπορήσας ἐκ πάντων, ὀδυνηρῶς κράζω σοι πρόφθασον θερμὴ προστασία, καὶ σὴν βοήθειαν, δὸς μοι τῷ δούλῳ σου, τῷ ταπεινῷ καὶ ἀθλίῳ, τῷ τὴν σὴν ἀντίληψιν, ἐπιζητοῦντι θερμῶς.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Ἐθαυμάστωσας ὄντως, νῦν ἐπ' ἐμοὶ Δέσποινα, τὰς εὐεργεσίας σου Κόρη, καὶ τὰ ἐλέη σου ὅθεν δοξάζω σε, καὶ ἀνυμνῶ καὶ γεραίρω, τὴν πολλὴν καὶ ἄμετρον, κηδεμονίαν σου.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Καταιγίς με χειμάζει, τῶν συμφοςῶν Δέσποινα, καί τῶν λυπηςῶν τοικυμίαι, καταποντίζουσιν ἀλλὰ πορφθάσασα, χεῖοά μοι δὸς βοηθείας, ἡ θεομὴ ἀντίληψις, καὶ ποοστασία μου.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Άμήν.

Αληθῆ Θεοτόκον, όμολογῶ Δέσποινα, σὲ τὴν τοῦ θανάτου τὸ κοάτος, ἐξαφανίσασαν· ὡς γὰο φυσίζωος, ἐκ τῶν δεσμῶν τῶν τοῦ ἄδου, ποὸς ζωὴν ἀνήγαγες, εἰς γῆν με ὁεύσαντα.

Διάσωσον, ἀπὸ κινδύνων, τοὺς δούλους σου, Θεοτόκε, ὅτι πάντες μετὰ Θεόν, εἰς Lord, in love for You, the believers' * firm support and ultimate object of all desire.

Troparia.

Most-holy Theotokos, save us.

Altogether bewildered, with pain I cry unto you. * Come to me, O earnest protection, and hasten to provide * assistance unto me, * your poor and mis'rable servant * ardently imploring for * the aid which comes from you.

Most-holy Theotokos, save us.

Now, O Maiden, upon me * your servant you have indeed * magnified your mercies, O Lady, and beneficial deeds. * Therefore I sing your praise * and glorify you and honor * your extensive patronage * to which there is no end.

Glory to the Father and the Son and the Holy Spirit.

I am drowning, O Lady, under the tide of distress, * and I am distraught by the blizzard of life's adversities. * Come quickly, I entreat, * and lend a hand of assistance. * For you are my Patroness * earnestly helping me. [5D]

Both now and ever and to the ages of ages. Amen.

I acknowledge, O Lady, as Theotokos in truth * you who have destroyed the dominion of death; for you gave birth * to Him who is the Life, * and from the prison of Hades * unto life you raised me up * who tumbled down to earth.

Deliver us your humble servants from perils, O Theotokos, as for refuge, after God,

σὲ καταφεύγομεν, ὡς ἄρρηκτον τεῖχος καὶ προστασίαν.

Ἐπίβλεψον, ἐν εὐμενείᾳ, πανύμνητε Θεοτόκε, ἐπὶ τὴν ἐμὴν χαλεπὴν τοῦ σώματος κάκωσιν, καὶ ἴασαι τῆς ψυχῆς μου τὸ ἄλγος.

ΙΕΡΕΥΣ

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα ἐλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ ἐλέησον.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

"Ετι δεόμεθα ύπὲς τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ύπὲο τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ὑπὲς ἐλέους, ζωῆς, εἰρήνης, ὑγείας, σωτηρίας, ἐπισκέψεως, συγχωρήσεως καὶ ἀφέσεως τῶν ἁμαςτιῶν τῶν δούλων τοῦ Θεοῦ, πάντων τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν, τῶν κατοικούντων καὶ παςεπιδημούντων ἐν τῆ (πόλει, κώμη), ταύτη, τῶν ἐνοςιτῶν, ἐπιτρόπων, συνδρομητῶν καὶ ἀφιεςωτῶν τοῦ ἁγίου ναοῦ τούτου.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ύπὲς τῶν δούλων τοῦ Θεοῦ (καὶ μνημονεύει ὀνομαστὶ τῶν δι' οὓς ἡ παράκλησις τελεῖται).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ύπὲο τῶν καρποφορούντων καὶ καλλιεργούντων

we all flee to you, an impregnable fortress and protection. [5D]

Look graciously upon your servant, all-praiseworthy Theotokos, and upon my painful physical suffering, and remedy my anguish of spirit. [5D]

PRIEST

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the servants of God... (At this time the Priest commemorates those for whom the Paraklesis is sung.)

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and all-

ἐν τῷ ἁγίῳ καὶ πανσέπτῳ ναῷ τούτῳ, κοπιώντων, ψαλλόντων καὶ ὑπὲς τοῦ πεςιεστῶτος λαοῦ, τοῦ ἀπεκδεχομένου τὸ παςὰ σοῦ μέγα καὶ πλούσιον ἔλεος.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Ότι ἐλεήμων καὶ φιλάνθοωπος Θεὸς ὑπάοχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατοὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Άμήν.)

ΧΟΡΟΣ

Κάθισμα.

Ἡχος β΄. Τὰ ἄνω ζητῶν.

Ποεσβεία θεομή, καὶ τεῖχος ἀποοσμάχητον, ἐλέους πηγή, τοῦ κόσμου καταφύγιον, ἐκτενῶς βοῶμέν σοι Θεοτόκε Δέσποινα, ποόφθασον, καὶ ἐκ κινδύνων λύτοωσαι ἡμᾶς, ἡ μόνη ταχέως προστατεύουσα.

Ωιδή δ'. Ὁ Εἰομός.

(Ο είρμὸς δὲν ψάλλεται.)

Σύ μου ἰσχύς, Κύριε, σύ μου καὶ δύναμις, σὺ Θεός μου, σύ μου ἀγαλλίαμα, ὁ πατρικοὺς κόλπους μὴ λιπών, καὶ τὴν ἡμετέραν, πτωχείαν ἐπισκεψάμενος διὸ σὺν τῷ Προφήτη Ἀββακούμ σοι κραυγάζω τῆ δυνάμει σου δόξα φιλάνθρωπε.

Τροπάρια.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Καὶ ποῦ λοιπόν, ἄλλην εύρήσω ἀντίληψιν; ποῦ προσφύγω; ποῦ δὲ καὶ σωθήσομαι; τίνα θερμὴν ἔξω βοηθόν, θλίψεσι τοῦ βίου καὶ ζάλαις οἴμοι! κλονούμενος; Εἰς σὲ μόνην ἐλπίζω, καὶ

venerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Kathisma.

Mode 2. *In seeking the heights.*

O Mother of God, intently we cry out to you * the wellspring of mercy and the refuge of the world. * O vehement advocate, * unassailable fortress, anticipate * and deliver us from perilous ordeals, * O Lady who alone are swift to fend for us. [5D]

Ode iv. Heirmos.

(The Heirmos may be omitted.)

You are my strength. * You are my power and might, O Lord. * You, my God, are also my exultant joy, * Who deigned to visit our poverty, * without ever leaving the Father's bosom at any time. * To You, then, do I cry out with Habakkuk the Prophet: * To Your power be glory, O Lover of man.

Troparia.

Most-holy Theotokos, save us.

Where, in the end, * am I to find other patronage? * Where shall I seek refuge, where shall I be saved? * Whom shall I have as my fervent aid, * who, alas, am rattled * by life's afflictions and turbulence? * I hope and I take

θαροῶ καὶ καυχῶμαι, καὶ προστρέχω τῆ σκέπη σου σῶσον με.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Τὸν ποταμόν, τὸν γλυκερόν τοῦ ἐλέους σου, τὸν πλουσίαις δωρεαῖς δροσίσαντα, τὴν παναθλίαν καὶ ταπεινήν, πάναγνε ψυχήν μου, τῶν συμφορῶν καί τῶν θλίψεων, καμίνω φλογισθεῖσαν, μεγαλύνω κηρύττω, καὶ προστρέχω τῆ σκέπη σου σῶσον με.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Σὲ τὴν άγνήν, σὲ τὴν Παρθένον καὶ ἄσπιλον, μόνην φέρω, τεῖχος ἀπροσμάχητον, καταφυγὴν σκέπην κραταιάν, ὅπλον σωτηρίας μὴ με παρίδης τὸν ἄσωτον, ἐλπὶς ἀπηλπισμένων, ἀσθενῶν συμμαχία, θλιβομένων χαρὰ καὶ ἀντίληψις.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πῶς ἐξειπεῖν, σοῦ κατ' ἀξίαν δυνήσομαι, τοὺς ἀμέτρους, οἰκτιρμοὺς ὧ Δέσποινα, τοὺς τὴν ἐμὴν πάντοτε ψυχήν, δεινῶς πυρουμένην, ὡς ὕδωρ περιδροσίσαντας; Ἀλλ' ὢ τῆς σῆς προνοίας, καί τῆς εὐεργεσίας, ἧς ἀφθόνως αὐτὸς παραπήλαυσα!

Ωιδή ε'. Ὁ Εἱρμός.

(Ο είρμὸς δὲν ψάλλεται.)

Ίνα τί με ἀπώσω, ἀπὸ τοῦ προσώπου σου τὸ φῶς τὸ ἄδυτον, καὶ ἐκάλυψέ με, τὸ ἀλλότριον σκότος τὸν δείλαιον ἀλλ' ἐπίστρεψόν με, καὶ πρὸς τὸ φῶς τῶν

courage * and I boast in you only; * and I run to your shelter. Deliver me. [50]

Most-holy Theotokos, save us.

O purest Maid, * now I proclaim and I magnify * the sweet river of your tender-loving care * which has refreshed with abundant gifts * my completely wretched * and humble soul which is burning in * the furnace of disasters * and of grievous afflictions. * And I run to your shelter. Deliver me. [SD]

Glory to the Father and the Son and the Holy Spirit.

You are the pure, * you are the Virgin, the undefiled, * whom alone I have as an impregnable * fortress and wall, shelter and defense, * weapon of salvation. * Do not despise me the prodigal, * O hope of the dejected, * O ally of the feeble, * O assistance and joy of the suffering.

Both now and ever and to the ages of ages. Amen.

O Lady, how * shall I be able to worthily
* tell of your immeasurable charity * that you
pour out constantly on me * like refreshing
water * to sooth my painfully burning soul?
* O providence and labors * of benevolent
kindness * which from you I have plentifully
enjoyed! [SD]

Ode v. Heirmos.

(The Heirmos may be omitted.)

Why, O Lord, have You cast me * away from Your countenance, O never-setting Light, * and this foreign darkness * now has covered me, mis'rable that I am? * Do, I pray, convert me, and to the light of Your

ἐντολῶν σου, τάς ὁδούς μου κατεύθυνον δέομαι.

Τροπάρια.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Εὐχαρίστως βοῶ σοι χαῖρε Μητροπάρθενε, χαῖρε Θεόνυμφε χαῖρε θεία σκέπη, χαῖρε ὅπλον καὶ τεῖχος ἀπόρθητον, χαῖρε προστασία, καὶ βοηθὲ καὶ σωτηρία, τῶν εἰς σὲ προστρεχόντων ἐκ πίστεως.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Οἱ μισοῦντες με μάτην, βέλεμνα καὶ ξίφη καὶ λάκκον ηὐτοέπισαν, καὶ ἐπιζητοῦσι, τὸ πανάθλιον σῶμα σπαράξαι μου, καὶ καταβιβάσαι, πρὸς γῆν Ἁγνὴ ἐπιζητοῦσιν ἀλλ' ἐκ τούτων προφθάσασα σῶσόν με.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Απὸ πάσης ἀνάγκης, θλίψεως καὶ νόσου καὶ βλάβης με λύτοωσαι, καὶ τῆ σῆ δυνάμει, ἐν τῆ σκέπη σου φύλαξον ἄτοωτον, ἐκ παντὸς κινδύνου, καὶ ἐξ ἐχθοῶν τῶν πολεμούντων, καὶ μισούντων με Κόρη πανύμνητε.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Άμήν.

Τί σοι δῶρον προσάξω, τῆς εὐχαριστίας ἀνθ' ὧνπερ ἀπήλαυσα, τῶν σῶν δωρημάτων, καί τῆς σῆς ἀμετρήτου χρηστότητος; Τοιγαροῦν δοξάζω, ὑμνολογῶ καὶ μεγαλύνω, σοῦ τὴν ἄμετρον πρός με συμπάθειαν.

commandments * guide my ways, I entreat You most fervently.

Troparia.

Most-holy Theotokos, save us.

Now I gratefully cry out: * Rejoice, O virgin Mother; rejoice, O Bride of God! * O divine protection * and impregnable fortress and shield, rejoice! * O rejoice, the helper * and the defense and the salvation * of your servants who faithfully run to you! [5D]

Most-holy Theotokos, save us.

They who hate me have vainly * readied all their arrows and swords and have dug a pit. * And my wretched body * they are seeking to strike at and tear apart. * And they are attempting, * O purest Maiden, to reduce me * to the ground. So come quickly and rescue me. [5D]

Glory to the Father and the Son and the Holy Spirit.

Out of every affliction, * illness and necessity and harm deliver me. * O all-lauded Maiden, * by your power preserve me uninjured from * enemies that hate me * and war against me. And from danger * keep me covered beneath your protective veil. [SD]

Both now and ever and to the ages of ages. Amen.

What can I now present you * as a worthy gift in token of my gratitude * for your boundless kindness * and the bounties that I have enjoyed from you? * Therefore am I praising * and glorifying and exalting * your ineffable sympathy unto me. [5D]

Ώιδη ζ΄. Ὁ Είρμός.

(Ο είρμὸς δὲν ψάλλεται.)

Τὴν δέησιν ἐκχεῶ πρὸς Κύριον, καὶ αὐτῷ ἀπαγγελῶ μου τάς θλίψεις, ὅτι κακῶν ἡ ψυχή μου ἐπλήσθη, καὶ ἡ ζωή μου τῷ Ἅιδη προσήγγισε, καὶ δέομαι ὡς Ἰωνᾶς· Ἐκ φθορᾶς, ὁ Θεός με ἀνάγαγε.

Τροπάρια.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Τὰ νέφη, τῶν λυπηοῶν ἐκάλυψαν, τὴν ἀθλίαν μου ψυχὴν καὶ καοδίαν, καὶ σκοτασμὸν ἐμποιοῦσι μοι Κόρη, ἀλλ' ἡ γεννήσασα φῶς τὸ ἀπρόσιτον, ἀπέλασον ταῦτα μακράν, τῆ ἐμπνεύσει τῆς θείας πρεσβείας σου.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Παράκλησιν, ἐν ταῖς θλίψεσιν οἶδα, καί τῶν νόσων ἰατρὸν σε γινώσκω, καὶ παντελῆ συντριμμὸν τοῦ θανάτου, καὶ ποταμὸν τῆς ζωῆς ἀνεξάντλητον, καὶ πάντων τῶν ἐν συμφοραῖς, ταχινὴν καὶ ὀξεῖαν ἀντίληψιν.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Οὐ κρύπτω σου, τὸν βυθὸν τοῦ ἐλέους, καὶ τὴν βρύσιν τῶν ἀπείρων θαυμάτων, καὶ τὴν πηγὴν τὴν ἀέναον ὄντως, τῆς πρὸς ἐμὲ συμπαθείας σου Δέσποινα· ἀλλ' ἄπασιν ὁμολογῶ, καὶ βοῶ καὶ κηρύττω καὶ φθέγγομαι.

Ode vi. Heirmos.

(The Heirmos may be omitted.)

My prayer * shall I pour out before the Lord, * and to Him shall I proclaim my afflictions, * in that my soul has been flooded with evils, * and very near unto Hades my life has drawn. * Therefore, like Jonah I entreat: * Raise me up from corruption, O Lord my God.

Troparia.

Most-holy Theotokos, save us.

My mis'rable * soul and heart are covered up * by the clouds of pain and sorrow, O Damsel, * causing in me a condition of darkness. * But since you gave birth to Light unapproachable, * dispel them far away from me * with the breath of your holy petitioning.

Most-holy Theotokos, save us.

I recognize * you as solace in trouble, * and I know you as the healer of ailments, * and as the one who to death dealt destruction, * and as a river of life inexhaustible, * and as a quick and eager source * of assistance for those in calamities. [5D]

Glory to the Father and the Son and the Holy Spirit.

I do not hide * the abyss of your mercy, * nor the wellspring of your infinite wonders, * nor yet the truly perpetual fountain * of the compassion, O Lady, you have for me. * But rather I confess to all * and announce and proclaim and enunciate. [SD]

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Άμήν.

Ἐκύκλωσαν, αἱ τοῦ βίου με ζάλαι, ὅσπες μέλισσαι κηςίον Παςθένε, καὶ τὴν ἐμὴν κατασχοῦσαι καςδίαν, κατατιτςώσκουσι βέλει τῶν θλίψεων ἀλλ' εὕςοιμί σε βοηθόν, καὶ διώκτην καὶ ξύστην Πανάχραντε.

Διάσωσον, ἀπὸ κινδύνων, τοὺς δούλους σου, Θεοτόκε, ὅτι πάντες μετὰ Θεόν, εἰς σὲ καταφεύγομεν, ὡς ἄρρηκτον τεῖχος καὶ προστασίαν.

Άχραντε, ή διὰ λόγου τὸν Λόγον ἀνερμηνεύτως, ἐπ' ἐσχάτων τῶν ἡμερῶν τεκοῦσα, δυσώπησον, ὡς ἔχουσα μητρικὴν παρρησίαν.

ΙΕΡΕΥΣ

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα ἐλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ ἐλέησον.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ύπὲς τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ύπὲο τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ύπὲς ἐλέους, ζωῆς, εἰρήνης, ὑγείας, σωτηρίας, ἐπισκέψεως, συγχωρήσεως καὶ ἀφέσεως τῶν ἁμαρτιῶν τῶν δούλων τοῦ Θεοῦ, πάντων τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν, τῶν κατοικούντων καὶ παρεπιδημούντων ἐν τῆ (πόλει, κώμη), ταύτη, τῶν ἐνοριτῶν,

Both now and ever and to the ages of ages. Amen.

The dizzying * cares of life surround me now * like the bees round a honeycomb, O Virgin; * and being seized of my heart, O pure Maiden, * they sorely sting it with darts of adversities. * Oh, how I wish to find in you * a defender and helper and rescuer!

Deliver us your humble servants from perils, O Theotokos, as for refuge, after God, we all flee to you, an impregnable fortress and protection.

Entreat for us, * O spotless Maiden who gave birth to the divine Word * inexplicably through a word in the latter days, * since you indeed * speak with motherly freedom.

PRIEST

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

ἐπιτρόπων, συνδρομητῶν καὶ ἀφιερωτῶν τοῦ ἁγίου ναοῦ τούτου.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ύπὲς τῶν δούλων τοῦ Θεοῦ (καὶ μνημονεύει ὀνομαστὶ τῶν δι' ους ἡ παράκλησις τελεῖται).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα ύπὲς τῶν κας ποφοςούντων καὶ καλλιες γούντων ἐν τῷ ἁγίῳ καὶ πανσέπτῳ ναῷ τούτῳ, κοπιώντων, ψαλλόντων καὶ ὑπὲς τοῦ πεςιεστῶτος λαοῦ, τοῦ ἀπεκδεχομένου τὸ παςὰ σοῦ μέγα καὶ πλούσιον ἔλεος.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Ότι ἐλεήμων καὶ φιλάνθοωπος Θεὸς ὑπάοχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατοὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Κοντάκιον. ήχος β.

Ποοστασία τῶν Χοιστιανῶν ἀκαταίσχυντε, μεσιτεία, ποὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεί, Θεοτόκε, τῶν τιμώντων σε.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the servants of God... (At this time the Priest commemorates those for whom the Paraklesis is sung.)

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and allvenerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Kontakion. Mode 2.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

[SD]

Άντίφωνον Α'. Ἡχος δ'.

Ἐκ νεότητός μου πολλὰ πολεμεῖ με πάθη, ἀλλ' αὐτὸς ἀντιλαβοῦ, καὶ σῶσον Σωτήο μου. (δίς)

Οἱ μισοῦντες Σιών, αἰσχύνθητε ἀπὸ τοῦ Κυρίου· ὡς χόρτος γάρ, πυρὶ ἔσεσθε ἀπεξηραμμένοι. (δίς)

Δόξα.

Άγίω Πνεύματι πᾶσα ψυχὴ ζωοῦται, καὶ καθάρσει ύψοῦται λαμπρύνεται, τῆ τριαδικῆ Μονάδι ἱεροκρυφίως.

Καὶ νῦν.

Άγίω Πνεύματι, ἀναβλύζει τὰ τῆς χάριτος ὁεῖθρα, ἀρδεύοντα, ἄπασαν τὴν κτίσιν πρὸς ζωογονίαν.

Ποοκείμενον. Ψαλμὸς ΜΔ' (44).

Μνησθήσομαι τοῦ ὀνόματός σου ἐν πάση γενεᾳ καὶ γενεᾳ. (δίς)

Στίχ. ἄκουσον, θύγατερ, καὶ ἴδε καὶ κλῖνον τὸ οὖς σου καὶ ἐπιλάθου τοῦ λαοῦ σου καὶ τοῦ οἴκου τοῦ πατρός σου καὶ ἐπιθυμήσει ὁ βασιλεὺς τοῦ κάλλους σου.

Μνησθήσομαι τοῦ ὀνόματός σου ἐν πάση γενεᾳ καὶ γενεᾳ.

ΙΕΡΕΥΣ

Καὶ ὑπέο τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ άγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Σοφία. Όρθοί. Ἀκούσωμεν τοῦ ἁγίου Εὐαγγελίου.

Antiphon I. Mode 4.

Since my youth have many passions waged war against me. O my Savior, nonetheless help me and save me. (2)

You, the haters of Zion, be put to shame by the Lord, for like thatch in fire you will be completely dried up. (2) [SD]

Glory.

From the Holy Spirit every soul receives life, and through cleansing is lifted and brightened, in a hidden, sacred manner, by the trinal Monad. [SD]

Both now.

From the Holy Spirit do the streams of grace well forth; they irrigate everything created, so that life be engendered. [5D]

Prokeimenon. Psalm 44 (45).

I will remember your name from generation to generation. (2)

Verse: Listen, O daughter, behold and incline your ear, and forget your people and your father's house. For the King desired your beauty.

I will remember your name from generation to generation. [SAAS]

PRIEST

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

Wisdom. Arise. Let us hear the Holy Gospel.

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Λουκᾶν ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

ΙΕΡΕΥΣ

Ποόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΙΕΡΕΥΣ

 $(\iota' 38-42, \iota \alpha' 27-28)$

Τῷ καιοῷ ἐκείνῳ, εἰσῆλθεν ὁ Ἰησοῦς εἰς κώμην τινά γυνη δέ τις ὀνόματι Μάρθα ύπεδέξατο αὐτὸν εἰς τὸν οἶκον αὐτῆς. Καὶ τῆδε ἦν ἀδελφὴ καλουμένη Μαρία, ή καὶ παρακαθίσασα παρὰ τοὺς πόδας τοῦ Ἰησοῦ ἤκουε τὸν λόγον αὐτοῦ. Ἡ δὲ Μάρθα περιεσπᾶτο περί πολλήν διακονίαν ἐπιστᾶσα δὲ εἶπε· Κύριε, οὐ μέλει σοι ὅτι ἡ άδελφή μου μόνην με κατέλιπε διακονεῖν; εἰπὲ οὖν αὐτῆ ἵνα μοι συναντιλάβηται. Αποκριθείς δὲ εἶπεν αὐτῆ ὁ Ἰησοῦς. Μάρθα Μάρθα, μεριμνᾶς καὶ τυρβάζη περὶ πολλά· ένὸς δέ ἐστι χρεία· Μαρία δὲ τὴν ἀγαθὴν μερίδα ἐξελέξατο, ἥτις οὐκ ἀφαιρεθήσεται ἀπ' αὐτῆς. Ἐγένετο δὲ ἐν τῷ λέγειν αὐτὸν ταῦτα ἐπάρασά τις γυνὴ φωνὴν ἐκ τοῦ ὄχλου εἶπεν αὐτῷ· μακαρία ή κοιλία ή βαστάσασά σε καὶ μαστοὶ ους έθήλασας. αὐτὸς δὲ εἶπε· μενοῦνγε μακάριοι οἱ ἀκούοντες τὸν λόγον τοῦ Θεοῦ καὶ φυλάσσοντες αὐτόν.

(Δόξα σοι, Κύριε, δόξα σοι.)

PRIEST

Peace be with all.

(And with your spirit.)

PRIEST

The reading is from the Holy Gospel according to Luke.

PRIEST

Let us be attentive.

(Glory to You, O Lord. Glory to You.)

PRIEST

(10:38-42; 11:27-28)

At that time, Jesus entered a village; and a woman called Martha received him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving; and she went to him and said, "Lord, do you not care that my sister has left me to serve you alone? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things; one thing is needful. Mary has chosen the good portion, which shall not be taken away from her." As he said this, a woman in the crowd raised her voice and said to him, "Blessed is the womb that bore you, and the breasts that you sucked!" But he said, "Blessed rather are those who hear the word of God and keep it!" [RSV]

(Glory to You, O Lord. Glory to You.)

ΧΟΡΟΣ

Δ όξ α . Ήχος β'.

Πάτεο, Λόγε, Πνεῦμα, Τοιὰς ἡ ἐν Μονάδι, ἐξάλειψον τὰ πλήθη, τῶν ἐμῶν ἐγκλημάτων.

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου πρεσβείαις, Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

Ήχος πλ. β΄. Όλην ἀποθέμενοι.

Στίχ. Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Μὴ καταπιστεύσης με, ἀνθοωπίνη προστασία, Παναγία δέσποινα, ἀλλὰ δέξαι δέησιν, τοῦ ἱκέτου σου θλῖψις γὰρ ἔχει με, φέρειν οὐ δύναμαι, τῶν δαιμόνων τὰ τοξεύματα, σκέπην οὐ κέκτημαι, οὐδὲ ποῦ προσφύγω ὁ ἄθλιος, πάντοθεν πολεμούμενος, καὶ παραμυθίαν οὐκ ἔχω πλήν σου Δέσποινα τοῦ κόσμου, ἐλπὶς καὶ προστασία τῶν πιστῶν, μή μου παρίδης τὴν δέησιν, τὸ συμφέρον ποίησον.

Θεοτοκία.

Οὐδεὶς ποοστοέχων ἐπὶ σοί, κατησχυμμένος ἀπὸ σοῦ ἐκπορεύεται, ἁγνὴ Παρθένε Θεοτόκε, ἀλλ' αἰτεῖται τὴν χάριν, καὶ λαμβάνει τὸ δώρημα, πρὸς τὸ συμφέρον τῆς αἰτήσεως.

Μεταβολή τῶν θλιβομένων, ἀπαλλαγή τῶν ἀσθενούντων ὑπάρχουσα, Θεοτόκε Παρθένε, σῷζε πόλιν καὶ λαόν, τῶν πολεμουμένων ἡ εἰρήνη, τῶν χειμαζομένων ἡ γαλήνη, ἡ μόνη προστασία τῶν πιστῶν.

CHOIR

Glory. Mode 2.

Father, Word and Spirit, the Trinity in Union, O Lord of mercy, blot out my many offenses. [SD]

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [5D]

Mode pl. 2. When the saints deposited.

Verse: Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

O Lady, entrust me not * to any human protection, * but rather accept the prayer * of your humble supplicant, * O all-holy one. * Troubles encompass me. * No more can I endure * all the arrows demons shoot at me. * From every side am I * under fire, mis'rable that I am. * Shelter I do not possess, * and no consolation have I but you. * Patronage and hope of * the faithful, Sovereign Lady of the world, * O disregard not my litany. * Do that which is best for me. [5D]

Theotokia.

No one who runs to you for help comes back from you ever frustrated in his cause, O Virgin Theotokos. But he asks for the favor and receives the bestowal which is appropriate for his request. [5D]

You are a turning for the better for those in trouble and deliverance of the sick, O Virgin Theotokos. Save your city and your flock, since you are the peace of the

ΙΕΡΕΥΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου ἐπίσκεψαι τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς. ύψωσον κέρας Χριστιανῶν ὀρθοδόξων καὶ κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ πλούσια: πρεσβείαις τῆς παναχράντου Δεσποίνης ήμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων, ίκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου Προδρόμου καὶ Βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Αποστόλων, των ἐν ἁγίοις Πατέρων ἡμων μεγάλων Ίεραρχῶν καὶ οἰκουμενικῶν Διδασκάλων, Βασιλείου τοῦ Μεγάλου, Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ Χουσοστόμου, Ἀθανασίου, Κυρίλλου καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν Άλεξανδοίας Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου Πενταπόλεως των θαυματουργων τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος, Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων Χαραλάμπους καὶ Ἐλευθερίου, τῆς άγίας ἐνδόξου Μεγαλομάρτυρος καὶ πανευφήμου Εὐφημίας τῶν ἁγίων ἐνδόξων Μαρτύρων Θέκλας, Βαρβάρας, Άναστασίας, Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευῆς καὶ Εἰρήνης τῶν ὁσίων καὶ Θεοφόρων Πατέρων ήμῶν (τοῦ Άγίου τοῦ Ναοῦ) τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ίωακεὶμ καὶ Άννης, καὶ πάντων σου τῶν Άγίων. Ίκετεύομέν σε, μόνε πολυέλεε Κύριε, ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν δεομένων σου καὶ ἐλέησον ἡμᾶς.

embattled, tranquil calm of those in agitation, and the believers' only patronage. [5D]

PRIEST

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιομοῖς καὶ φιλανθοωπία τοῦ μονογενοῦς σου Υίοῦ, μεθ' οὖ εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

 $(A\mu\eta\nu.)$

Ώιδὴ ζ΄. Ὁ Εἱομός.

(Ό είρμὸς δὲν ψάλλεται.)

Παῖδες Ἑβοαίων ἐν καμίνω, κατεπάτησαν τὴν φλόγα θαοσαλέως, καὶ εἰς δοόσον τὸ πῦο, μετέβαλον βοῶντες· Εὐλογητὸς εἶ Κύοιε, ὁ Θεὸς εἰς τοὺς αἰώνας.

Τροπάρια.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Φῶς ἡ τεκοῦσα Θεοτόκε, σκοτισθέντα με νυκτὶ ἁμαρτημάτων, φωταγώγησον σύ, φωτὸς οὖσα δοχεῖον, τὸ καθαρὸν καὶ ἄμωμον, ἵνα πόθφ σε δοξάζω.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Σκέπη γενοῦ καὶ προστασία, καὶ ἀντίληψις καὶ καύχημα Παρθένε, γυμνωθέντι μοι νῦν, ἀπάσης βοηθείας, ἀβοήθητων δύναμις, καὶ ἐλπὶς ἀπηλπισμένων.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Όλη ψυχῆ καὶ διανοία, καὶ καοδία σε καὶ χείλεσι δοξάζω, ἀπολαύσας τῶν σῶν, μεγάλων χαοισμάτων ἀλλ' ὢ τῆς σῆς χοηστότητος, καὶ ἀπείρων σου θαυμάτων!

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

Ode vii. Heirmos.

(The Heirmos may be omitted.)

Servants, descendants of the Hebrews, * bravely trampled down the flame within the furnace; * and they changed into dew * the fire, and they chanted: * Blessed are You, O Lord, the God * of our fathers to the ages.

Troparia.

Most-holy Theotokos, save us.

Mother of Light and Theotokos, * now illuminate me lying in the darkness * of the nighttime of sin, * O pure and stainless vessel * of light, that I may glorify * you with longing, O pure Maiden.

Most-holy Theotokos, save us.

Shelter, assistance and protection, * and the cause of boasting be for me the sinner * who am destitute now * of every help, O Virgin. * The power of the helpless are you, * and the hope of the despairing. [5D]

Glory to the Father and the Son and the Holy Spirit.

I have enjoyed so many favors; * hence with all my soul and reason I extol you. * With my heart and my lips * I glorify you, Lady. * How awesome are your charity * and your never ending wonders! [5D]

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Άμήν.

Βλέψον ίλέφ ὄμματί σου, καὶ ἐπίσκεψαι τὴν κάκωσιν ἣν ἔχω, καὶ δεινῶν συμφοςῶν, καὶ βλάβης καὶ κινδύνων, καὶ πειρασμῶν με λύτρωσαι, ἀμετρήτφ σου ἐλέει.

'Ωιδή η'. Ὁ Είρμός.

(Ὁ είρμὸς δὲν ψάλλεται.)

Τὸν ἐν ὄφει ἁγίω δοξασθέντα, καὶ ἐν βάτω πυρὶ τὸ τῆς Ἀειπαρθένου, τῷ Μωϋσῆ μυστήριον γνωρίσαντα, Κύριον ὑμνεῖτε, καὶ ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

Τροπάρια.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Διὰ σπλάγχνα ἐλέους σου Παρθένε, μὴ παρίδης σεμνή, ποντούμενόν με σάλω, βιοτικῶν κυμάτων, ἀλλὰ δίδου μοι χεῖρα βοηθείας, καταπονουμένω, κακώσεσι τοῦ βίου.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Περιστάσεις καὶ θλίψεις καὶ ἀνάγκαι, εὕροσάν με Άγνή, καὶ συμφοραί τοῦ βίου, καὶ πειρασμοὶ με πάντοθεν ἐκύκλωσαν ἀλλὰ πρόστηθί μοι, καὶ ἀντιλαβοῦ μου, τῆ κραταιᾳ σου σκέπη.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Έν ταῖς ζάλαις ἐφεῦρον σε λιμένα, ἐν ταῖς λύπαις χαρὰν καὶ εὐφροσύνην, καὶ ἐν ταῖς νόσοις ταχινὴν βοήθειαν, καὶ ἐν τοῖς κινδύνοις, ῥύστιν καὶ προστάτιν, ἐν τοῖς πειρατηρίοις.

Both now and ever and to the ages of ages. Amen.

Graciously look upon your servant, * and attend to the affliction that besets me. * And redeem me from all * calamities, temptations * and perils and from injury, * in your infinite compassion. [SD]

Ode viii. Heirmos.

(The Heirmos may be omitted.)

O extol Him, who on the holy mountain * showed His glory, as Lord, * and in the bush with fire * revealed to Moses knowledge of the mystery * of the Ever-Virgin, * supremely exalting Him unto all the ages.

Troparia.

Most-holy Theotokos, save us.

Overlook not your servant who is drowning * in the billowing waves * of everyday existence. * O noble Virgin, lend a helping hand to me * in your great compassion; * for I am exhausted by life's unending evils.

Most-holy Theotokos, save us.

Tribulations and crises and privations * and the trials of life * have found me, O pure Maiden. * On every side temptations have surrounded me. * Care for me and help me * and provide protection beneath your mighty shelter.

Glory to the Father and the Son and the Holy Spirit.

I have found you a harbor in the tempest,
* and rejoicing and happiness in sorrows, * a
speedy help in sickness and infirmity, * also a
protectress * in ordeals, and likewise a rescuer
in perils. [5D]

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Άμήν.

Χαῖφε θφόνε πυφίμοφφε Κυφίου, χαῖφε θεία καὶ μανναδόχε στάμνε, χαῖφε χφυσὴ λυχνία, λαμπὰς ἄσβεστος, χαῖφε τῶν παφθένων δόξα καὶ μητέφων, ώφάϊσμα καὶ κλέος.

Ωιδή θ'. Ὁ Εἱρμός.

(Ὁ είρμὸς δὲν ψάλλεται.)

Ἐξέστη ἐπὶ τούτῳ ὁ οὐρανός, καὶ τῆς γῆς κατεπλάγη τὰ πέρατα, ὅτι Θεός, ὤφθη τοῖς ἀνθρώποις σωματικῶς, καὶ ἡ γαστήρ σου γέγονεν, εὐρυχωροτέρα τῶν οὐρανῶν διό σε Θεοτόκε, Ἁγγέλων καὶ ἀνθρώπων, ταξιαρχίαι μεγαλύνουσι.

Τροπάρια.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Πρὸς τίνα καταφύγω ἄλλην Άγνη; ποῦ προσδράμω λοιπὸν καὶ σωθήσομαι; ποῦ πορευθῶ; ποίαν δὲ ἐφεύρω καταφυγήν; ποίαν θερμὴν ἀντίληψιν; ποῖον ἐν ταῖς θλίψεσι βοηθόν; Εἰς σὲ μόνην ἐλπίζω, εἰς σὲ μόνην καυχῶμαι, καὶ ἐπὶ σὲ θαρρῶν κατέφυγον.

Υπεραγία Θεοτόκε, σῶσον ἡμᾶς.

Οὐκ ἔστιν ἀριθμήσασθαι δυνατόν, μεγαλεῖα τὰ σὰ Θεονύμφευτε, καὶ τὸν βυθόν, τὸν ἀνεξερεύνητον ἐξειπεῖν, τῶν ὑπὲρ νοῦν θαυμάτων σου, τῶν τετελεσμένων διηνεκῶς, τοῖς πόθω σε τιμῶσι, καὶ πίστει προσκυνοῦσιν, ὡς ἀληθῆ Θεοῦ λοχεύτριαν.

Both now and ever and to the ages of ages. Amen.

O rejoice, fiery throne of the Master! *
O rejoice, sacred manna-holding vessel! * O
golden lampstand, unextinguished torch,
rejoice! * Pride of pious virgins, * O rejoice, the
glory and ornament of mothers! [5D]

Ode ix. Heirmos.

(The Heirmos may be omitted.)

The heavens were astounded as a result,

* and the ends of the earth were astonished,
inasmuch as God * bodily appeared to the
human race, * O Theotokos, coming forth *
from your virgin womb which indeed became

* more spacious than the heavens. * And
therefore by the orders * of men and angels
you are magnified.

Troparia.

Most-holy Theotokos, save us.

O pure one, unto whom else am I to flee?

* Where am I now to run? Where shall I be saved? Where shall I go? * Where am I to find any other place * of refuge, other fervent aid, * or another helper in my distress? * My hope is in you only. * In you alone I glory. * And taking courage, I have fled to you.

Most-holy Theotokos, save us.

Impossible it is to enumerate * your magnificent wonders, O Bride of God, and to acclaim * aptly the unfathomable abyss * of your stupendous miracles * that are done continually for all * who honor you with longing * and faithfully pay rev'rence * to you the true Birthgiver of our God. [SD]

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Έν ὕμνοις εὐχαρίστοις δοξολογῶ, καὶ γεραίρω τὸ ἄμετρον ἔλεος, καὶ τὴν πολλήν, δύναμίν σου ὁμολογῶ καὶ τὰς εὐεργεσίας σου, ἄς ὑπερεκένωσας εἰς ἐμέ, κηρύττω, μεγαλύνω, ψυχῆ τε καὶ καρδία, καὶ λογισμῷ καὶ γλώσση πάντοτε.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Άμήν.

Τὴν δέησίν μου δέξαι τὴν πενιχοάν, καὶ κλαυθμὸν μὴ παρίδης καὶ δάκουα, καὶ στεναγμόν, ἀλλ' ἀντιλαβοῦ μου ὡς ἀγαθή, καὶ τὰς αἰτήσεις πλήρωσον δύνασαι γάρ πάντα ὡς πανσθενοῦς, Δεσπότου Θεοῦ Μήτηρ, εἰ νεύσεις ἔτι μόνον, πρὸς τὴν ἐμὴν οἰκτρὰν ταπείνωσιν.

Μεγαλυνάρια.

Άξιόν ἐστιν ὧς ἀληθῶς, μακαρίζειν σὲ τὴν Θεοτόκον, τὴν ἀειμακάριστον καὶ παναμώμητον, καὶ Μητέρα τοῦ Θεοῦ ἡμῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Τὴν ὑψηλοτέραν τῶν οὐρανῶν, καὶ καθαρωτέραν λαμπηδόνων ἡλιακῶν, τὴν λυτρωσαμένην ἡμᾶς ἐκ τῆς κατάρας, τὴν Δέσποιναν τοῦ κόσμου, ὕμνοις τιμήσωμεν.

Άπὸ τῶν πολλῶν μου ἁμαοτιῶν, ἀσθενεῖ τὸ σῶμα, ἀσθενεῖ μου καὶ ἡ ψυχή,

Glory to the Father and the Son and the Holy Spirit.

With grateful hymns I glorify and extol * your immeas'rable mercy, and I acknowledge unto all * the enormous power that you possess, * O Lady. And the benefits * which you have so lavishly poured on me * I magnify and herald * with heart and soul, O Virgin, * and with my mind and tongue forevermore.

Both now and ever and to the ages of ages. Amen.

Accept my poor and negligible appeal; * and my weeping and tears and my sighing too do not ignore. * But since you are good, come unto my aid, * fulfilling my petitions all. * You can do all things, as the Mother of * our God and Lord Almighty. * Just nod in the direction * of my lamentable humility. [5D]

Megalynaria.

It is truly right to call you blest, O Theotokos, the ever-blessed and all-blameless one and the Mother of our God. [5D]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

* We accord you honor as the Lady of all the world, * higher than the heavens and purer than the sunshine, * O Maiden who redeemed us * from the ancestral curse.

Owing to the multitude of my sins, * ailing is my body and diseased also is my soul. * O help me, I pray you the hope of the

ποὸς σὲ καταφεύγω τὴν Κεχαοιτωμένην, ἐλπὶς ἀπηλπισμένων, σὺ μοὶ βοήθησον.

Δέσποινα καὶ μήτης τοῦ Λυτρωτοῦ, δέξαι παρακλήσεις, ἀναξίων σῶν ἱκετῶν, ἵνα μεσιτεύσης πρὸς τὸν ἐκ σοῦ τεχθέντα. Ω Δέσποινα, τοῦ κόσμου γενοῦ μεσίτρια.

Ψάλλομεν προθύμως σοὶ τὴν ἀδήν, νὺν τὴ πανυμνήτω, Θεοτόκω χαρμονικῶς, μετὰ τοῦ Προδρόμου, καὶ πάντων τῶν Ἁγίων, δυσώπει, Θεοτόκε, τοῦ οἰκτειρῆσαι ἡμᾶς.

Άλαλα τὰ χείλη τῶν ἀσεβῶν, τῶν μὴ προσκυνούντων, τὴν εἰκόνα σου τὴν σεπτήν, τὴν ἱστορηθεῖσαν, ὑπὸ τοῦ ἀποστόλου, Λουκᾶ ἱερωτάτου, τὴν Ὁδηγήτριαν.

Κατὰ τὰς ἡμέαρς τῆς Μεταμορφώσεως, τὸ Μεγαλυνάριον τῆς ἑορτῆς μπορεῖ νὰ ψάλλεται ἐδώ.

Θέλων ἐπιδεῖξαι τοῖς Μαθηταῖς, δύναμιν ἐξ ὕψους καὶ σοφίαν παρὰ Πατρός, ἐν ὄρει ἀνῆλθες, Χριστὲ τῷ Θαβωρίῳ, καὶ λἀμψας ὡς Δεσπότης τούτους ἐφώτισας.

Τὸ Μεγλυνάριον τοῦ Άγίου τοῦ Ναοῦ. Εἶτα:

Πᾶσαι τῶν Ἁγγέλων αἱ στοατιαί, Ποόδοομε Κυοίου, Ἀποστόλων ἡ δωδεκάς, οἱ Ἅγιοι Πάντες, μετὰ τῆς Θεοτόκου, ποιήσατε ποεσβείαν, εἰς τὸ σωθῆναι ἡμᾶς.

ΑΝΑΓΝΩΣΤΗΣ

Τρισάγιον.

Άγιος ὁ Θεός, ἄγιος Ἰσχυφός, ἄγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ') despairing. * To you I come for refuge, * O Maiden full of grace. [5D]

From unworthy servants of yours accept * petitions requesting mediation on our behalf * with Him whom you brought forth, O Mother of the Savior. * Become our Mediatrix, * O Lady of the world.

Unto you the Birthgiver of our God * praised by all, rejoicing now we eagerly chant this ode. * Together implore with the Forerunner and all Saints * that unto us compassion * be shown, O Mother of God.

* who refuse to rev'rence your august Icon which is called * the Mother of God the Directress, and was painted * by the divine Apostle * Luke the Evangelist.

During the feast of the Transfiguration, the following Megalynarion for that feast may be inserted here.

Wishing to display power from on high * and the Father's wisdom to Your three holy and divine * Disciples, O Christ, You ascended Mount Tabor, * and shining as the Master, * there You illumined them. [5D]

Then, the Megalynarion of the local church, followed by:

Join the Theotokos, all you arrays * of angelic powers, honored Forerunner of the Lord, * holy Twelve Apostles * and all the Saints together, * and pray for our salvation, and intercede for us. [50]

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τοιάς, ἐλέησον ἡμᾶς. Κύοιε, ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτες ἡμῶν ὁ ἐν τοῖς οὐςανοῖς, άγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ώς ἐν οὐςανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄςτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμεςον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειςασμόν, ἀλλὰ ςῦσαι ἡμᾶς ἀπὸ τοῦ πονηςοῦ.

ΙΕΡΕΥΣ

Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Άγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Άμήν.

$^{\circ}$ Ηχος πλ. β'.

Ἐλέησον ἡμᾶς, Κύριε, ἐλέησον ἡμᾶς· πάσης γὰρ ἀπολογίας ἀποροῦντες, ταύτην σοι τὴν ἱκεσίαν ὡς Δεσπότη, οἱ άμαρτωλοὶ προσφέρομεν· Ἑλέησον ἡμᾶς.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode pl. 2.

Have mercy on us, Lord have mercy on us. For with nothing to say in our own defense, we sinners offer this supplication to you our Master. Have mercy on us.

Δόξα.

Κύριε ἐλέησον ἡμᾶς· ἐπὶ σοὶ γὰρ πεποίθαμεν· μὴ ὀργισθῆς ἡμῖν σφόδρα, μηδὲ μνησθῆς τῶν ἀνομιῶν ἡμῶν· ἀλλ' ἐπίβλεψον καὶ νῦν ὡς εὔσπλαγχνος, καὶ λύτρωσαι ἡμᾶς ἐκ τῶν ἐχθρῶν ἡμῶν· σὺ γὰρ εἶ Θεὸς ἡμῶν, καὶ ἡμεῖς λαός σου· πάντες τὸ ὄνομά σου ἔργα χειρῶν σου, καὶ ἐπικεκλήμεθα.

Καὶ νῦν. Θεοτοκίον.

Τῆς εὐσπλαγχνίας τὴν πύλην ἄνοιξον ἡμῖν, εὐλογημένη Θεοτόκε· ἐλπίζοντες εἰς σέ, μὴ ἀστοχήσωμεν· ὁυσθείημεν διὰ σοῦ τῶν περιστάσεων· σὺ γὰρ εἶ ἡ σωτηρία, τοῦ γένους τῶν Χριστιανῶν.

ΙΕΡΕΥΣ

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα ἔλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ ἐλέησον.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἐτι δεόμεθα καὶ ὑπὲο τοῦ διαφυλαχθῆναι τὴν ἁγίαν Ἐκκλησίαν καὶ τὴν πόλιν ταύτην, καὶ πᾶσαν πόλιν καὶ χώραν, ἀπὸ ὀργῆς, λοιμοῦ, λιμοῦ, σεισμοῦ, καταποντισμοῦ, πυρός, μαχαίρας, ἐπιδρομῆς ἀλλοφύλων, ἐμφυλίου πολέμου καὶ αἰφνιδίου θανάτου· ὑπὲο τοῦ ἵλεων, εὐμενῆ καὶ εὐδιάλλακτον γενέσθαι τὸν ἀγαθὸν καὶ φιλάνθρωπον Θεὸν ἡμῶν, τοῦ ἀποστρέψαι καὶ διασκεδάσαι πᾶσαν ὀργὴν καὶ νόσον τὴν καθ' ἡμῶν κινουμένην, καὶ ρύσασθαι ἡμᾶς ἐκ τῆς ἐπικειμένης δικαίας αὐτοῦ ἀπειλῆς, καὶ ἐλεῆσαι ἡμᾶς.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Έτι δεόμεθα καὶ ὑπὲο τοῦ εἰσακοῦσαι Κύοιον τὸν Θεὸν ἡμῶν φωνῆς τῆς δεήσεως ἡμῶν τῶν ἁμαοτωλῶν, καὶ ἐλεῆσαι ἡμᾶς.

Glory.

Lord have mercy on us, for in You we trust. Be not enraged with us greatly, nor remember our iniquities. But look upon us now, being compassionate, and deliver us from our enemies. For You are our God, and we Your people, all of us the work of Your hands, and now we have invoked Your name.

Both now. Theotokion.

Open the gate of compassion for us, O blessed Theotokos. For hoping in you, let us not fail in our aim. Through you may we be delivered from adversities. For you are the salvation of the Christian race.

PRIEST

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the protection of this holy church, this city and every city and land, from wrath, famine, pestilence, earthquake, flood, fire, sword, foreign invasions, civil strife, and accidental death. That our good and loving God may be merciful, gracious and favorable to us by turning and keeping from us all wrath and sickness, and deliver us from His just rebuke, and have mercy on us.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray that the Lord our God may hear the prayer of us sinners, and have mercy on us. (Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Ἐπάκουσον ἡμῶν, ὁ Θεός, ὁ Σωτὴρ ἡμῶν, ἡ ἐλπὶς πάντων τῶν περάτων τῆς γῆς καὶ τῶν ἐν θαλάσση μακράν καὶ ἵλεως, ἵλεως γενοῦ ἡμῖν, Δέσποτα, ἐπὶ ταῖς ἁμαρτίαις ἡμῶν, καὶ ἐλέησον ἡμᾶς.

Ἐλεήμων γὰς καὶ φιλάνθςωπος Θεὸς ὑπάςχεις, καὶ Σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατςὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

 $(A\mu\eta\nu.)$

ΙΕΡΕΥΣ

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς πρεσβείαις τῆς παναχράντου καὶ παναμώμου ἁγίας αὐτοῦ Μητρός, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου, ἐνδόξου, προφήτου, Προδρόμου καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων ἐνδόξων καὶ καλλινίκων μαρτύρων τῶν ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν (τοῦ Αγίου τοῦ Ναοῦ) τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ἰωακεὶμ καὶ ἄννης, καὶ πάντων τῶν Ἁγίων, ἐλεήσαι καὶ σώσαι ἡμᾶς, ὡς ἀγαθὸς καὶ φιλάνθρωπος.

ΧΟΡΟΣ

*Ηχος β΄. Ότε ἐκ τοῦ ξύλου.

Πάντων ποοστατεύεις Άγαθή, τῶν καταφευγόντων ἐν πίστει, τῆ κοαταιᾳ σου χειρί· ἄλλην γὰρ οὐκ ἔχομεν, ἁμαρτωλοὶ πρὸς Θεόν, ἐν κινδύνοις καὶ θλίψεσιν, ἀεὶ μεσιτείαν, οἱ κατακαμπτόμενοι, ὑπὸ πταισμάτων πολλῶν. Μῆτερ τοῦ Θεοῦ τοῦ

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

Hear us, O God our Savior, the hope of all those who live everywhere on earth and those far out at sea or in the air. Be gracious toward our sins, Master, and have mercy on us.

For you are a merciful and loving God, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

PRIEST

Glory to You, our God. Glory to You.

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

CHOIR

Mode 2. *Joseph took You down.*

All those who for refuge flee with faith * unto you, O good one, you shelter beneath your mighty hand. * We your servants have no other intercessor like you * always praying to God for us * in dangers and sorrows, * sinners that we are, bent down because of many misdeeds. * Therefore, we fall prostrate

Ύψίστου ὅθεν σοι προσπίπτομεν ὁῦσαι, πάσης περιστάσεως τοὺς δούλους σου.

Όμοιον.

Πάντων θλιβομένων ή χαρά, καὶ ἀδικουμένων προστάτις, καὶ πενομένων τροφή, ξένων τε παράκλησις, καὶ βακτηρία τυφλῶν, ἀσθενούντων ἐπίσκεψις, καταπονουμένων, σκέπη καὶ ἀντίληψις, καὶ ὀρφανῶν βοηθός, Μήτηρ τοῦ Θεοῦ τοῦ Ὑψίστου, σὰ ὑπάρχεις, Ἄχραντε, σπεῦσον, δυσωποῦμεν σώζεσθαι τοὺς δούλους σου.

Δέσποινα πρόσδεξαι, τὰς δεήσεις τῶν δούλων σου, καὶ λύτρωσαι ἡμᾶς, ἀπὸ πάσης ἀνάγκης καὶ θλίψεως.

Τὴν πᾶσαν ἐλπίδα μου, εἰς σὲ ἀνατίθημι, Μήτηο τοῦ Θεοῦ, φύλαξόν με ὑπὸ τὴν σκέπην σου.

Κατὰ τὴν περίοδον τοῦ 15 Αὐγούστου (ἢ μόνον τῆ 14η Αὐγούστου) εἴθισται ἵνα ψάλλωνται, ἀντὶ τῶν ἀνωτέρω Θεοτοκίων, τὰ ἑπόμενα Ἐξαποστειλάρια.

Ήχος γ'.

Άπόστολοι ἐκ περάτων, συναθροισθέντες ἐνθάδε, Γεθσημανὴ τῷ χωρίω, κηδεύσατέ μου τὸ σῶμα, καὶ σύ, Υἱὲ καὶ Θεέ μου, παράλαβέ μου τὸ πνεῦμα.

Ό γλυκασμὸς τῶν ἀγγέλων, τῶν θλιβομένων ἡ χαρά, Χριστιανῶν ἡ προστάτις, Παρθένε Μήτηρ Κυρίου, ἀντιλαβοῦ μου καὶ ἡῦσαι, τῶν αἰωνίων βασάνων.

Καὶ σὲ μεσίτοιαν ἔχω, ποὸς τὸν φιλάνθοωπον Θεόν, μή μου ἐλέγξη τὰς

before you. * Rescue us from every affliction, * since you are the Mother of the Most High God. [SD]

Same Melody.

For all who are troubled you are joy, * and of the abused a protectress, the paupers' nourishment, * strangers' consolation and a walking staff of the blind, * visitation of the infirm, * assistance and shelter * for the weary and oppressed, help of the orphans as well. * Hasten to deliver your servants, * fervently we beg you, O pure one, * since you are the Mother of the Most High God. [5D]

Lady, receive the supplications of your servants, and rescue us from all necessity and affliction.

O Mother of God, I have committed my every hope wholly unto you. Keep me under your shelter. [5D]

During the period from the 1st to the 14th of August, or as the practice is in some places only on the 14th of August, instead of the preceding hymns, the following Exaposteilaria are chanted:

Mode 3.

Apostles, you have assembled * today from earth's furthest reaches * here in this town of Gethsemane; * now, therefore, bury my body. * And You, my Son and my God, * receive my departing spirit. [SD]

O sweetness of the Angels, * O joy of those in affliction, * and the protectress of Christians, * O Virgin Mother of the Lord, * come to my aid and redeem me * from the eternal torments.

I have you as mediatrix * before the God who loves mankind. * May He not censure

ποάξεις, ἐνώπιον τῶν Ἁγγέλων, παοακαλῶ σε, Παοθένε, βοήθησόν μοὶ ἐν τάχει.

Χουσοπλοκώτατε πύογε, καὶ δωδεκάτειχε πόλις, ήλιοστάλακτε θοόνε, καθέδοα τοῦ Βασιλέως, ἀκατανόητον θαῦμα, πῶς γαλουχεῖς τὸν Δεσπότην;

ΙΕΡΕΥΣ

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν, Κύριε Ἰησοῦ Χριστὲ ὁ Θεός, ἐλέησον καὶ σῶσον ἡμᾶς.

(Ἀμήν.)

my actions * in the sight of the Angels. * I entreat you, O Virgin, * come quickly to my assistance.

O Tower fashioned of pure gold, * and City which has a twelvefold wall, * O Throne aglitter with sunshine, * magnificent Chair of the King, * incomprehensible wonder, * how did you nurse the Master?

PRIEST

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)