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The Service of Matins

for Tuesday, September 17, 2019

Menaion - September 17

**Memory of the Holy Martyr Sophia and her three daughters,
Faith, Love and Hope**

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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Μηναῖον - ΤΗΙ ΙΖ' ΣΕΠΤΕΜΒΡΙΟΥ

Μνήμη τῆς Ἁγίας Μάρτυρος Σοφίας,
καὶ τῶν τριῶν θυγατέρων αὐτῆς, Πίστεως,
Ἀγάπης, καὶ Ἐλπίδος

ΟΡΘΡΟΣ

ΧΟΡΟΣ

Ἦχος πλ. α'.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι
Κυρίου.

Στίχ. α'. Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

*ἦ· Ἐξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός,
ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.*

Στίχ. β'. Πάντα τὰ ἔθνη ἐκύκλωσάν με,
καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ'. Παρὰ Κυρίου ἐγένετο αὕτη καὶ
ἔστι θαυμαστή ἐν ὀφθαλμοῖς ἡμῶν.

Ἀπολυτίκιον.

Τοῦ Μηναίου ---

Ἦχος πλ. α'. Τὸν συνάναρχον Λόγον.

Ὡς ἐλαία κατάκαρπος ἀνεβλάστησας,
ἐν ταῖς αὐλαῖς τοῦ Κυρίου Σοφία Μάρτυς
σεμνή, καὶ προσήγαγες Χριστῷ καρπὸν
ἡδύτατον, τοὺς τῆς νηδύος σου βλαστούς, δι'
ἀγώνων ἱερῶν, Ἀγάπην τε καὶ Ἐλπίδα, καὶ
τὴν θεόφρονα Πίστιν· μεθ' ὧν δυσώπει ὑπὲρ
πάντων ἡμῶν.

Δόξα. **Ἔτερον.**

Τοῦ Μηναίου ---

Ἦχος γ'. Θείας πίστεως.

Χαῖρει ἔχουσα ἡ Ἐκκλησία, σὲ καὶ
τέκνα σου καύχημα θεῖον, καὶ γηθοσύνης
εὐφημεῖ σε κραυγάζουσα· Σύ μου ὑπάρχεις
τὸ καύχημα, καὶ τῶν σῶν τέκνων τὰ
πάντιμα λείψανα. Μάρτυρες ἔνδοξοι,

Menaion - September 17

Memory of the Holy Martyr Sophia and
her three daughters, Faith, Love and Hope

MATINS

CHOIR

Mode pl. 1.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call
upon His name.

*or: Give thanks to the Lord, for He is good; for
His mercy endures forever.*

Verse 2: All the nations surrounded me, but
in the name of the Lord I defended myself against
them.

Verse 3: And this came about from the Lord,
and it is wonderful in our eyes.

Apolytikion.

From Menaion ---

Mode pl. 1. Let us worship the Word.

As the Psalm says, you grew as a fruitful
olive tree * in the courts of the Lord, O Sophia,
righteous Saint; * and you offered unto Christ,
by contests of martyrdom, * the blessed
offspring of your womb, as if sweet and
pleasing fruit, * Faith, Hope and Love, your
three daughters. * Now we entreat you to
pray Him, * on behalf of us who honor you. [SD]

Glory. **Another.**

From Menaion ---

Your confession. Mode 3.

Now the Church of Christ greatly rejoices,
* for she has you and your holy children *
as her pride and joy, and cries out extolling
you, * "My sacred boast are you, O wise
Saint, together with * the holy relics of your

Σοφία, Πίστις, Ἐλπίς καὶ Ἀγάπη, Χριστῷ
τῷ Θεῷ πρεσβεύσατε, σωθῆναι τὰς ψυχὰς
ἡμῶν.

Καὶ νῦν.

Ἀπολυτίκιον. Τοῦ Σταυροῦ.

Τοῦ Μηναίου - -

Ἦχος α'.

Σῶσον, Κύριε, τὸν λαόν σου καὶ
εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς
βασιλεῦσι κατὰ βαρβάρων δωρούμενος,
καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου
πολίτευμα.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου
Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Κάθισμα Α'.

Τοῦ Μηναίου - -

Ἦχος δ'. Ταχὺ προκατάλαβε.

Ἐν σοὶ τρισμακάριστε, καὶ ζωοδότα
Σταυρέ, λαοὶ εὐωχούμενοι, πανηγυρίζουσι

daughters, which we all revere." * Glorious
Martyrs, Sophia, Faith, Hope and Charity, * to
Christ our God pray fervently, entreating Him
to save our souls. [SD]

Both now.

Apolytikion. For the Cross.

From Menaion - -

Mode 1.

Save, O Lord, Your people and bless Your
inheritance, granting victory to the faithful
over the enemy, and by Your Cross protecting
Your commonwealth. [GOA]

PRIEST

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is
the kingdom and the power and the glory,
of the Father and of the Son and of the Holy
Spirit, now and forever and to the ages of
ages.

(Amen.)

CHOIR

Kathisma I.

From Menaion - -

Mode 4. N/M (Come quickly.)

Rejoicing in you, thrice-blessed and life-
giving Cross,/ mankind celebrates together

νῦν, αὐλῶν σὺν τάγμασι· τάξεις
 Ἀρχιερέων, εὐσεβῶς ἀνυμνοῦσι· πλήθη
 τῶν Μοναζόντων, εὐλαβῶς προσκυνοῦσι·
 Χριστὸν δὲ τὸν σταυρωθέντα πάντες
 δοξάζομεν.

Δόξα· καὶ νῦν. **Τὸ αὐτό.**

Ἐν σοὶ τρισμακάριστε, καὶ ζωοδότα
 Σταυρέ, λαοὶ εὐχολούμενοι, πανηγυρίζουσι
 νῦν, αὐλῶν σὺν τάγμασι· τάξεις
 Ἀρχιερέων, εὐσεβῶς ἀνυμνοῦσι· πλήθη
 τῶν Μοναζόντων, εὐλαβῶς προσκυνοῦσι·
 Χριστὸν δὲ τὸν σταυρωθέντα πάντες
 δοξάζομεν.

Κάθισμα Β'.

Τοῦ Μηναίου ---

Ἦχος δ'. Ἐπεφάνης σήμερον.

Ὁ Σταυρὸς σου Κύριε, ὡς φῶς
 ἐκλάμπων, τὰς τοῦ σκότους φάλαγγας,
 ἀποδιώκει, καὶ πιστοὺς, καταφαιδρύνει τοὺς
 ψάλλοντας· Σταυρὸς ὑπάρχει τοῦ κόσμου τὸ
 καύχημα.

Δόξα· καὶ νῦν. **Τὸ αὐτό.**

Ὁ Σταυρὸς σου Κύριε, ὡς φῶς
 ἐκλάμπων, τὰς τοῦ σκότους φάλαγγας,
 ἀποδιώκει, καὶ πιστοὺς, καταφαιδρύνει τοὺς
 ψάλλοντας· Σταυρὸς ὑπάρχει τοῦ κόσμου τὸ
 καύχημα.

ΑΝΑΓΝΩΣΤΗΣ

Ψαλμὸς Ν' (50).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός
 σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν
 σου ἐξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον
 πλῦνόν με ἀπὸ τῆς ἀνομίας μου, καὶ ἀπὸ
 τῆς ἁμαρτίας μου καθάρισόν με. Ὅτι τὴν
 ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία
 μου ἐνώπιόν μου ἐστὶ διὰ παντός. Σοὶ
 μόνῳ ἥμαρτον καὶ τὸ πονηρὸν ἐνώπιόν

with the bodiless choirs! /The ranks of
 hierarchs reverently hymn you; /multitudes
 of ascetics bow down, adoring you! //We all
 glorify Christ Who was crucified on you! [OCA]

Glory. Both now. **Repeat.**

Rejoicing in you, thrice-blessed and life-
 giving Cross, /mankind celebrates together
 with the bodiless choirs! /The ranks of
 hierarchs reverently hymn you; /multitudes
 of ascetics bow down, adoring you! //We all
 glorify Christ Who was crucified on you! [OCA]

Kathisma II.

From Menaion ---

Mode 4. N/M (You appeared.)

Your Cross, Lord, /shines forth like a
 light! /It drives away the legions of demons, /
 enlightening the faithful who sing: //The Cross
 is the boast of the world! [OCA]

Glory. Both now. **Repeat.**

Your Cross, Lord, /shines forth like a
 light! /It drives away the legions of demons, /
 enlightening the faithful who sing: //The Cross
 is the boast of the world! [OCA]

READER

Psalms 50 (51).

Have mercy on me, O God, according
 to Your great mercy; and according to the
 abundance of Your compassion, blot out my
 transgression. Wash me thoroughly from my
 lawlessness and cleanse me from my sin. For
 I know my lawlessness, and my sin is always
 before me. Against You only have I sinned
 and done evil in Your sight; that You may be

σου ἐποίησα, ὅπως ἂν δικαιωθῇς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἴδου γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι. Ραντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι. Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην· ἀγαλλιάσονται ὅστέα τεταπεινωμένα. Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον. Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλης ἀπ' ἐμοῦ. Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με. Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ ἄσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με ἐξ αἱμάτων, ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἅν· ὀλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει. Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τεῖχη Ἱερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὀλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

Τοῦ Μηναίου ---

ΑΝΑΓΝΩΣΤΗΣ

Κοντάκιον.

Ἦχος α΄. *Χορὸς ἀγγελικός.*

Σοφίας τῆς σεμνῆς, ἱερώτατοι κλάδοι,
ἡ Πίστις καὶ Ἑλπίς, καὶ Ἀγάπη δειχθεῖσαι,
σοφίαν ἀπεμώραναν, τῶν Ἑλλήνων ἐν
χάριτι καὶ ἀθλήσασαι, καὶ νικηφόροι
φανεῖσαι, στέφος ἄφθαρτον, παρὰ τοῦ
πάντων Δεσπότη, Χριστοῦ ἀνεδήσαντο.

Συναξάριον.

Τοῦ Μηναίου.

Τῇ ΙΖ' τοῦ αὐτοῦ μηνὸς μνήμη
τῶν ἁγίων Μαρτύρων καὶ καλλινίκων
Παρθένων Πίστεως, Ἑλπίδος, καὶ Ἀγάπης,
καὶ τῆς μητρὸς αὐτῶν Σοφίας.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τῆς ἁγίας
Μάρτυρος Ἀγαθοκλείας.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τῶν ἁγίων
Μαρτύρων Μαξίμου, Θεοδότου, καὶ
Ἀσκληπιοδότης.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τῆς ἁγίας
Λουκίας καὶ Γεμινιανοῦ τοῦ υἱοῦ αὐτῆς καὶ
Μάρτυρος.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τῆς ἁγίας
Μάρτυρος Θεοδότης.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τῶν ἁγίων
ἐκατὸν Μαρτύρων.

Τῇ αὐτῇ ἡμέρᾳ τῶν ἁγίων Μαρτύρων
Χαραλάμπους, Παντολέοντος καὶ τῆς
συνοδίας αὐτῶν. Τελεῖται ἡ τούτων σύναξις
ἐν τῷ Μαρτυρείῳ αὐτῶν, τῷ ὄντι ἐν τῷ
Δευτέρῳ.

Τῇ αὐτῇ ἡμέρᾳ τῶν ἁγίων
Ἱερομαρτύρων Ἡρακλείδου καὶ Μύρωνος,
Ἐπισκόπων Ταμάσου τῆς Κύπρου.

From Menaion ---

READER

Kontakion.

Mode 1. *N/M (In heaven.)*

The children, Faith, Hope and Love,/
were three young buds of holiness to the
venerable Sophia./Through divine grace, they
confounded Greek philosophy://They fought
and obtained an incorruptible crown from
Christ the Master of all! [OCA]

Synaxarion.

From the Menaion.

On September 17, we commemorate the
holy martyrs and valiant Virgins: Faith, Hope
and Love (Charity), and their mother Sophia.

On this day we commemorate the holy
martyr Agathocleia.

On this day we commemorate the
holy martyrs Maximus, Theodotus and
Asclepiodote.

On this day, we commemorate Saint Lucia
and her son, the martyr Germinianus.

On this day we commemorate the holy
martyr Theodota.

On this day we commemorate the holy
100 martyrs.

On this day we remember the holy
martyrs Charalambos, Pantoleon and those
with them. The synaxis in their honor was
held in their martyrdom, which was in
Deuterus.

On this day we remember the holy
hieromartyrs Heracleides and Myron, bishops
of Tamasus, Cyprus.

Ταῖς αὐτῶν ἀγίαις πρεσβείαις, ὁ Θεός,
ἐλέησον ἡμᾶς. Ἀμήν.

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν
ὑμνοῖς τιμῶντες μεγαλύνωμεν.

ΧΟΡΟΣ

Ὠδὴ θ'.

Μεγαλυνάριον. Ἦχος α'.

Στίχ. Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον,
καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ
σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν
τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν
μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ
Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ τὸ
ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς
φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

By the intercessions of Your Saints, O
God, have mercy on us. Amen.

DEACON

Let us honor and magnify in song the
Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalynarion. Mode 1.

Verse: My soul magnifies the Lord, and my
spirit has rejoiced in God my Savior. [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: For He has regarded the lowly state
of His maidservant; for behold, henceforth all
generations will call me blessed. [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: For He who is mighty has done great
things for me, and holy is His name. And His
mercy is on those who fear Him from generation to
generation. [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Στίχ. Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ,
διεσκόρπισεν ὑπερηφάνους διανοία καρδίας
αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων,
καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν
ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε
κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ,
μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς
Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι
αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ὁ Εἰσμός. Ἦχος α'.

Τύπον τῆς ἀγνῆς λοχείας σου,
πυρπολουμένη βάτος ἔδειξεν ἄφλεκτος,
καὶ νῦν καθ' ἡμῶν, τῶν πειρασμῶν
ἀγριαίνουσιν, κατασβέσαι αἰτοῦμεν τὴν
κάμινον, ἵνα σε Θεοτόκε, ἀκαταπαύστως
μεγαλύνωμεν.

Ἄξιόν ἐστιν ὡς ἀληθῶς μακαρίζειν
σε τὴν Θεοτόκον, τὴν ἀειμακάριστον
καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ

Verse: *He has shown strength with His arm;
He has scattered the proud in the imagination of
their hearts.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: *He has put down the mighty from
their thrones, and exalted the lowly. He has filled
the hungry with good things, and the rich He has
sent away empty.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: *He has helped His servant Israel, in
remembrance of His mercy, as He spoke to our
fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Heirmos. Mode 1.

Burning, yet remaining unconsumed,
* the bush disclosed a type of your virgin
childbirth. * And now we entreat that you
extinguish the furnace of * fierce temptations,
for it is besetting us; * that we, O Theotokos, *
may praise you ceaselessly and magnify. [SD]

It is truly right to bless you, Theotokos,
ever blessed, most pure, and Mother of our
God. Greater in honor than the Cherubim,

ἡμῶν. Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἔνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Ἐξαποστειλάριον.

Τοῦ Μηναίου ---

Ἦχος γ'. Ὁ οὐρανὸν τοῖς ἄστροις.

Τῷ τῆς Τριάδος Κόραι, πυρούμεναι αἱ τρεῖς ζήλω, τῶν ἀρετῶν τῇ τριάδι, Ἐλπίδι, Πίστει, Ἀγάπῃ, προσκείμεναι ὁμωνύμως, ἠλόγησαν τῶν βασάνων.

Θεοτοκίον.

Ἦχος γ'. Ὁ οὐρανὸν τοῖς ἄστροις.

Τὸν ποιητὴν τῶν αἰώνων, καὶ τῶν Ἀγγέλων Δεσπότην, ἀποτεκοῦσα

and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Exaposteilarion.

From Menaion ---

Mode 3. N/M (Having embellished.)

The three sisters, on fire with zeal for the Trinity, and bearing the names of the trinity of virtues, Hope and Faith and Love, disdained the tortures. [SD]

Theotokion.

Mode 3. Having embellished heaven.

O Virgin, being the Mother * of the Maker of the ages * and the Master of the Angels, * ever earnestly entreat Him * that we who pray

Παρθένε, τοῦτον ἰκέτευε δεῖξαι, τῆς δεξιᾶς
παραστάτας, μερίδος τοὺς σοὺς οἰκέτας.

ΑΝΑΓΝΩΣΤΗΣ

Οἱ Αἱνοί. (διαβαστά)
Ψαλμὸς ΡΜΗ' (148).

Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν·
αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Αἰνεῖτε
αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε
αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Αἰνεῖτε
αὐτόν ἡλῖος καὶ σελήνη, αἰνεῖτε αὐτόν
πάντα τὰ ἄστροα καὶ τὸ φῶς. Αἰνεῖτε αὐτόν
οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ
ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν
τὸ ὄνομα Κυρίου, ὅτι αὐτὸς εἶπε, καὶ
ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ
ἐκτίσθησαν. Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα
καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα
ἔθετο, καὶ οὐ παρελεύσεται. Αἰνεῖτε τὸν
Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι
ἄβυσσοι· πῦρ, χάλαζα, χιών, κρύσταλλος,
πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον
αὐτοῦ· τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα
καρποφόρα καὶ πᾶσαι κέδροι· τὰ θηρία
καὶ πάντα τὰ κτήνη, ἐρπετὰ καὶ πετεινὰ
πτερωτὰ· βασιλεῖς τῆς γῆς καὶ πάντες λαοί,
ἄρχοντες καὶ πάντες κριταὶ γῆς· νεανίσκοι
καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων·
αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη
τὸ ὄνομα αὐτοῦ μόνου· ἡ ἐξομολόγησις
αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. Καὶ ὑψώσει
κέρας λαοῦ αὐτοῦ· ὕμνος πᾶσι τοῖς ὁσίοις
αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ, λαῶ ἐγγίζοντι
αὐτῷ.

Ψαλμὸς ΡΜΘ' (149).

Ἄσατε τῷ Κυρίῳ ᾄσμα καινόν, ἡ αἰνεσις
αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων. Εὐφρανθήτω
Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ

to you might join * those who will stand at
His right hand. [SD]

READER

Lauds. (read)
Psalm 148.

Praise the Lord from the heavens; praise
Him in the highest. Praise Him, all you His
angels; praise Him, all you His hosts. Praise
Him, sun and moon; praise Him, all you
stars and light. Praise Him, you heavens of
heavens, and you waters above the heavens.
Let them praise the Lord's name, for He
spoke, and they were made; He commanded,
and they were created. He established them
forever and unto ages of ages; He set forth
His ordinance, and it shall not pass away.
Praise the Lord from the earth, you dragons
and all the deeps, Fire and hail, snow and
ice, stormy wind, which perform His word,
mountains and all the hills, fruitful trees
and all cedars, wild animals and all cattle,
creeping things and flying birds, kings of the
earth and all peoples, princes and all judges
of the earth, young men and maidens, elders
with younger, let them praise the Lord's
name, for His name alone is exalted; His
thanksgiving is in earth and heaven. And He
shall exalt the horn of His people, a hymn
for all His saints, for the children of Israel, a
people who draw near to Him. [SAAS]

Psalm 149.

Sing to the Lord a new song, His praise
in the assembly of His holy ones. Let Israel
be glad in Him who made him, and let the

υἱοὶ Σιών ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν. Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ, ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρίᾳ. Καυχήσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν. Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς χερσίν αὐτῶν τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμούς ἐν τοῖς λαοῖς, τοῦ δεῖξαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς, τοῦ ποιῆσαι ἐν αὐτοῖς κρίμα ἔγγραπτον· δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Ψαλμὸς PN' (150).

Αἰνεῖτε τὸν θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ· αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ. Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρᾳ· αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ· αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Ἀλληλουῖα.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Δοξολογία (διαβαστά)

Σοὶ δόξα πρέπει, Κύριε, ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρί, καὶ τῷ Υἱῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν. Δόξα ἐν ὑψίστοις Θεῷ, καὶ ἐπὶ γῆς εἰρήνη ἐν ἀνθρώποις εὐδοκία. Ὑμνοῦμέν

children of Zion greatly rejoice in their King. Let them praise His name with dance; with tambourine and harp let them sing to Him; for the Lord is pleased with His people, and He shall exalt the gentle with salvation. The holy ones shall boast in glory, and they shall greatly rejoice on their beds; the high praise of God shall be in their mouth and a two-edged sword in their hand, to deal retribution to the nations, reproving among the peoples, to shackle their kings with chains and their nobles with fetters of iron, to fulfill among them the written judgment: This glory have all His holy ones. [SAAS]

Psalms 150.

Praise God in His saints; praise Him in the firmament of His power; praise Him for His mighty acts; praise Him according to the abundance of His greatness. Praise Him with the sound of a trumpet; praise Him with the harp and lyre; praise Him with timbrel and dance; praise Him with strings and flute; praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. Alleluia. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Doxology (read)

To you belongs glory, O Lord our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. Glory to God in the highest, and on earth peace, good will to men. We praise you, we bless

σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε,
δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ
τὴν μεγάλην σου δόξαν. Κύριε Βασιλεῦ,
ἐπουράνιε Θεέ, Πάτερ παντοκράτορ·
Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ
Ἅγιον Πνεῦμα. Κύριε ὁ Θεός, ὁ Ἀμνὸς
τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν
ἀμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ
αἴρων τὰς ἀμαρτίας τοῦ κόσμου. Πρόσδεξαι
τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾷ
τοῦ Πατρὸς, καὶ ἐλέησον ἡμᾶς. Ὅτι σὺ εἶ
μόνος Ἅγιος, σὺ εἶ ὁ μόνος Κύριος, Ἰησοῦς
Χριστός, εἰς δόξαν Θεοῦ Πατρὸς. Ἀμήν.
Καθ' ἐκάστην ἡμέραν εὐλογήσω σε,
καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα,
καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Κύριε,
καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ καὶ
γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με·
ἴασαι τὴν ψυχὴν μου, ὅτι ἥμαρτόν σοι.
Κύριε, πρὸς σὲ κατέφυγον· δίδαξόν με
τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός
μου. Ὅτι παρὰ σοὶ πηγὴ ζωῆς· ἐν τῷ φωτί
σου ὁψόμεθα φῶς. Παράτεινον τὸ ἔλεός
σου τοῖς γινώσκουσί σε. Καταξίωσον,
Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ ἀναμαρτήτους
φυλαχθῆναι ἡμᾶς. Εὐλογητὸς εἶ, Κύριε,
ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν
καὶ δεδοξασμένον τὸ ὄνομά σου εἰς
τοὺς αἰῶνας. Ἀμήν. Γένοιτο, Κύριε, τὸ
ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν
ἐπὶ σέ. Εὐλογητὸς εἶ, Κύριε· δίδαξόν
με τὰ δικαιώματά σου. Εὐλογητὸς εἶ,
Δέσποτα· συνέτισόν με τὰ δικαιώματά
σου. Εὐλογητὸς εἶ, Ἅγιε· φώτισόν με τοῖς
δικαιώμασί σου. Κύριε, τὸ ἔλεός σου εἰς τὸν
αἰῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδης.
Σοὶ πρέπει αἶνος, σοὶ πρέπει ὕμνος, σοὶ
δόξα πρέπει, τῷ Πατρί, καὶ τῷ Υἱῷ, καὶ τῷ

you, we worship you, we glorify you, and
we thank you, for your great glory. Lord,
King, Heavenly God, Father Almighty; only-
begotten Son, Lord Jesus Christ and Holy
Spirit. Lord God, the Lamb of God, the Son
of the Father, who take away the sin of the
world, have mercy on us, you who take away
the sins of the world. Accept our supplication,
you who sit at the right of the Father, and
have mercy on us. For you are the only Holy
One, you are the only Lord, Jesus Christ, to
the glory of God the Father. Amen. Every day
I shall bless you, and I shall praise your name
forever, and unto the ages of ages. Lord, you
have become for us a refuge from generation
to generation. I have said: Lord, have mercy
on me, heal my soul, for I have sinned against
you. Lord, to you I have fled; teach me to do
your will, for you are my God. For with you
is the fountain of life; in your light we shall
see light. Extend your mercy to those who
know you. Grant, O Lord, that in this day we
may be kept without sin. Blessed are you, O
Lord, the God of our Fathers, and praised and
glorified is your name unto the ages. Amen.
Let your mercy, Lord, come upon us, just as
we have hoped in you. Blessed are you, O
Lord, teach me your commandments. Blessed
are you, O Master, make me understand your
commandments. Blessed are you, O Holy
One, enlighten me with your commandments.
Lord, your mercy remains forever, do not turn
away from the works of your hands. To you
belongs praise, to you belongs a hymn, to you
belongs glory, to the Father and the Son and
the Holy Spirit, now and ever and to the ages
of ages. Amen.

Ἀγίῳ Πνεύματι, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΔΙΑΚΟΝΟΣ

Πληρώσωμεν τὴν ἑωθινὴν δέησιν ἡμῶν τῷ Κυρίῳ.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τὴν ἡμέραν πᾶσαν τελείαν, ἀγίαν, εἰρηνικὴν καὶ ἀναμάρτητον, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Ἄγγελον εἰρήνης, πιστὸν ὁδηγόν, φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Συγγνώμην καὶ ἄφεσιν τῶν ἁμαρτιῶν καὶ τῶν πλημμελημάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς ἡμῶν καὶ εἰρήνην τῷ κόσμῳ, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τὸν ὑπόλοιπον χρόνον τῆς ζωῆς ἡμῶν ἐν εἰρήνῃ καὶ μετάνοιᾳ ἐκτελέσαι, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Χριστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν, ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικά, καὶ καλὴν ἀπολογίαν τὴν ἐπὶ τοῦ φοβεροῦ βήματος τοῦ Χριστοῦ αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας

DEACON

Let us complete our morning prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let

μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι Θεὸς ἐλέους, οἰκτιρμῶν, καὶ
φιλανθρωπίας ὑπάρχεις, καὶ σοὶ τὴν δόξαν
ἀναπέμπομεν, τῷ Πατρὶ, καὶ τῷ Υἱῷ, καὶ τῷ
Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεὶ, καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΔΙΑΚΟΝΟΣ

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίῳ κλίνομεν.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

Κύριε, Ἄγιε, ὁ ἐν ὑψηλοῖς κατοικῶν καὶ τὰ
ταπεινὰ ἐφορῶν, καὶ τῷ παντεφύρῳ σου ὄμματι
ἐπιβλέπων ἐπὶ πᾶσαν τὴν κτίσιν, σοὶ ἐκλίναμεν τὸν
αὐχένα τῆς ψυχῆς καὶ τοῦ σώματος, καὶ δεόμεθα σου
Ἄγιε Ἁγίων· ἔκτεινον τὴν χεῖρά σου τὴν ἀόρατον ἐξ
ἀγίου κατοικητηρίου σου, καὶ εὐλόγησον πάντας
ἡμᾶς· καὶ εἴτι ἡμάρτομεν ἐκουσίως ἢ ἀκουσίως,
ὡς ἀγαθὸς καὶ φιλόανθρωπος Θεὸς συγχώρησον,
δωρούμενος ἡμῖν τὰ ἐγκόσμια καὶ ὑπερκόσμια
ἀγαθὰ σου.

ΙΕΡΕΥΣ

Σὸν γὰρ ἐστὶ τὸ ἐλεεῖν καὶ σώζειν
ἡμᾶς, ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν
ἀναπέμπομεν, τῷ Πατρὶ, καὶ τῷ Υἱῷ, καὶ τῷ
Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεὶ, καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the God of mercy and
compassion and love for mankind, and to You
we give glory, to the Father and the Son and
the Holy Spirit, now and forever and to ages
of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST (in a low voice)

Holy Lord, dwelling on high and beholding things
below and, with your eye that observes all, keeping
watch over the whole creation, to you we have bowed
the neck of our soul and body, and we beseech you,
O Holy of Holies: Stretch forth your invisible hand
from your holy dwelling and bless us all. And, as
you are good and love humankind, pardon us if we
have sinned in anything, voluntarily or involuntarily,
granting us your blessings both of this world and of the
world above.

PRIEST

For Yours it is to show mercy and to save
us, O our God, and to You we give glory, to
the Father and the Son and the Holy Spirit,
now and forever and to ages of ages.

(Amen.)

Τοῦ Μηναιίου ---

ΧΟΡΟΣ**Ἀπόστιχα. Τῆς Ἑορτῆς.****Ἦχος β'. Οἶκος τοῦ Ἐφραθᾶ.**

Λόγχην σὺν τῷ Σταυρῷ, τοὺς ἦλους
καὶ τὰ ἄλλα, ἐν οἷς τὸ ζωηφόρον, Χριστοῦ
ἐπάγη σῶμα, ὑψοῦντες προσκυνήσωμεν.

Στίχ. Ὑψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ
προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ,
ὅτι ἅγιός ἐστι.

Ἦλθεν φθοροποιόν, ἐξαίρει ἀμαρτίας, τὸ
τοῦ Σταυροῦ σου ξύλον, ὑψούμενον Σωτήρ
μου, λαμπρύνει δὲ τὰ σύμπαντα.

Στίχ. Ὁ δὲ Θεὸς βασιλεὺς ἡμῶν πρὸ
αἰώνων, εἰργάσατο σωτηρίαν ἐν μέσῳ τῆς
γῆς.

Ἦδατι θεουργῶ, καὶ αἵματί σου Λόγε,
λαμπρῶς ἡ Ἐκκλησία, στολίζεται ὡς νύμφη,
Σταυροῦ τὴν δόξαν μέλπουσα.

Δόξα· καὶ νῦν. Ὅμοιον.

Χαίροις τὸ τῶν πιστῶν, φυλακτήριον
θεῖον, ἀπροσμάχητον τεῖχος, Σταυρὸς ὁ τοῦ
Κυρίου, δι' οὗ ἀπὸ γῆς ἤρθημεν.

ΙΕΡΕΥΣ

Ἀγαθὸν τὸ ἐξομολογεῖσθαι τῷ Κυρίῳ
καὶ ψάλλειν τῷ ὀνόματί σου, Ὑψιστε· τοῦ
ἀναγγέλλειν τῷ πρωῒ τὸ ἔλεός σου καὶ τὴν
ἀλήθειάν σου κατὰ νύκτα.

ΑΝΑΓΝΩΣΤΗΣ**Τρισάγιον.**

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

From Menaion ---

CHOIR**Aposticha. For the Feast.****Mode 2. N/M (O House of Ephratha.)**

Exalting the Cross,/ with the spear and
the nails/ and all by which/ Christ's life-
bearing body was pierced, // let us worship
Him! [OCA]

Verse: Exalt the Lord our God, and worship
at the footstool of His feet; for He is holy. [SAAS]

Savior, Your Cross's wood * eradicates
transgressions * and sin's corruptive matter,
as it is now exalted, enlightening the universe.

[SD]

Verse: God is our King before the ages; He
worked salvation in the midst of the earth. [SAAS]

The Church is adorned/ in splendor as
a bride/ with the [divine] water/ and Your
blood, O Word, // hymning the glory of the
Cross! [OCA]

Glory. Both now. Same Melody.

Rejoice, divine salvation/ for the faithful!/
O Cross of the Lord,/ you are the unassailable
rampart, // exalting us above the earth! [OCA]

PRIEST

It is good to give thanks to the Lord
and to sing to Your name, O Most High, to
proclaim Your mercy in the morning and
Your truth at night. [SAAS]

READER**Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε,
ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα,
συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε,
ἐπίσκεψαι καὶ ἰάσαι τὰς ἀσθενείας ἡμῶν,
ἐνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς,
ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ
βασιλεία σου. Γενηθήτω τὸ θέλημά σου,
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ
ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ
εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι
ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις
καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ
Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Ἀπολυτίκιον.

Τοῦ Μηναίου ---

Ἦχος πλ. α'. Τὸν συνάναρχον Λόγον.

Ὡς ἐλαία κατάκαρπος ἀνεβλάστησας,
ἐν ταῖς αὐλαῖς τοῦ Κυρίου Σοφία Μάρτυς
σεμνή, καὶ προσήγαγες Χριστῷ καρπὸν
ἡδύτατον, τοὺς τῆς νηδύος σου βλαστούς, δι'
ἀγώνων ἱερῶν, Ἀγάπην τε καὶ Ἐλπίδα, καὶ

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

All-holy Trinity, have mercy on us.
Lord, forgive our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Our Father, who art in heaven, hallowed
be Thy name. Thy kingdom come, Thy will
be done, on earth as it is in heaven. Give us
this day our daily bread; and forgive us our
trespasses, as we forgive those who trespass
against us. And lead us not into temptation,
but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power
and the glory, of the Father and of the Son
and of the Holy Spirit, now and forever and to
the ages of ages.

(Amen.)

CHOIR

Apolytikion.

From Menaion ---

Mode pl. 1. Let us worship the Word.

As the Psalm says, you grew as a fruitful
olive tree * in the courts of the Lord, O Sophia,
righteous Saint; * and you offered unto Christ,
by contests of martyrdom, * the blessed
offspring of your womb, as if sweet and

τὴν θεόφρονα Πίστιν· μεθ' ὧν δυσώπει ὑπὲρ πάντων ἡμῶν.

Δόξα. **Ἔτερον.**

Τοῦ Μηναίου ---

Ἦχος γ'. Θείας πίστεως.

Χαῖρει ἔχουσα ἡ Ἐκκλησία, σὲ καὶ τέκνα σου καύχημα θεῖον, καὶ γηθοσύνης εὐφημεῖ σε κραυγάζουσα· Σύ μου ὑπάρχεις τὸ καύχημα, καὶ τῶν σῶν τέκνων τὰ πάντιμα λείψανα. Μάρτυρες ἑνδοξοί, Σοφία, Πίστις, Ἐλπίς καὶ Ἀγάπη, Χριστῷ τῷ Θεῷ πρεσβεύσατε, σωθῆναι τὰς ψυχὰς ἡμῶν.

Καὶ νῦν.

Ἀπολυτίκιον. Τοῦ Σταυροῦ.

Τοῦ Μηναίου ---

Ἦχος α'.

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

ΔΙΑΚΟΝΟΣ

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα ἔλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ ἐλέησον.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

pleasing fruit, * Faith, Hope and Love, your three daughters. * Now we entreat you to pray Him, * on behalf of us who honor you. [SD]

Glory. **Another.**

From Menaion ---

Your confession. Mode 3.

Now the Church of Christ greatly rejoices, * for she has you and your holy children * as her pride and joy, and cries out extolling you, * "My sacred boast are you, O wise Saint, together with * the holy relics of your daughters, which we all revere." * Glorious Martyrs, Sophia, Faith, Hope and Charity, * to Christ our God pray fervently, entreating Him to save our souls. [SD]

Both now.

Apolytikion. For the Cross.

From Menaion ---

Mode 1.

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth. [GOA]

DEACON

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Ἦτι δεόμεθα ὑπὲρ τῶν ἀδελφῶν ἡμῶν, τῶν ἱερέων, ἱερομονάχων, ἱεροδιακόνων καὶ μοναχῶν, καὶ πάσης τῆς ἐν Χριστῷ ἡμῶν ἀδελφότητος.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἦτι δεόμεθα ὑπὲρ ἐλέους, ζωῆς, εἰρήνης, ὑγείας, σωτηρίας, ἐπισκέψεως, συγχωρήσεως καὶ ἀφέσεως τῶν ἁμαρτιῶν τῶν δούλων τοῦ Θεοῦ, πάντων τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν, τῶν κατοικούντων καὶ παρεπιδημούντων ἐν τῇ (πόλει, κώμῃ), ταύτῃ, τῶν ἐνοριτῶν, ἐπιτρόπων, συνδρομητῶν καὶ ἀφιερωτῶν τοῦ ἁγίου ναοῦ τούτου.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἦτι δεόμεθα ὑπὲρ τῶν μακαρίων καὶ ἀοιδίμων κτιτόρων τῆς ἁγίας Ἐκκλησίας ταύτης, καὶ ὑπὲρ πάντων τῶν προαναπαυσασμένων πατέρων καὶ ἀδελφῶν ἡμῶν, τῶν ἐνθάδε εὐσεβῶς, κειμένων, καὶ ἀπανταχοῦ ὀρθοδόξων.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἦτι δεόμεθα ὑπὲρ τῶν καρποφορούντων καὶ καλλιεργούντων ἐν τῷ ἁγίῳ καὶ πανσέπτῳ ναῷ τούτῳ, κοπιώντων, ψαλλόντων καὶ ὑπὲρ τοῦ περιεστῶτος λαοῦ, τοῦ ἀπεκδεχομένου τὸ παρὰ σοῦ μέγα καὶ πλούσιον ἔλεος.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed and ever-memorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and all-venerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

ΔΙΑΚΟΝΟΣ

Σοφία.

(Εὐλόγησον.)

ΙΕΡΕΥΣ

Ὁ ὢν εὐλογητός, Χριστὸς ὁ Θεὸς ἡμῶν,
πάντοτε, νῦν, καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας
τῶν αἰώνων. (Ἀμήν.)

Στερεώσαι, Κύριος ὁ Θεός, τὴν ἁγίαν
καὶ ἀμώμητον πίστιν τῶν εὐσεβῶν καὶ
ὀρθοδόξων Χριστιανῶν, σὺν τῇ ἁγίᾳ αὐτοῦ
Ἐκκλησίᾳ καὶ τῇ πόλει ταύτῃ εἰς αἰῶνας
αἰώνων.

ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. (ἐκ γ') Εὐλόγησον.

ΙΕΡΕΥΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,
ταῖς πρεσβείαις τῆς παναχράντου
καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,
προστασίαις τῶν τιμίων ἐπουρανίων
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου,
ἐνδόξου, προφήτου, Προδρόμου καὶ
βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων
καὶ πανευφήμεων Ἀποστόλων, τῶν ἁγίων
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν
οσίων καὶ θεοφόρων Πατέρων ἡμῶν· (τοῦ
Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων
Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ τῆς
Ἁγίας Μάρτυρος Σοφίας, καὶ τῶν τριῶν
θυγατέρων αὐτῆς, Πίστεως, Ἀγάπης, καὶ
Ἐλπίδος, ὧν καὶ τὴν μνήμην ἐπιτελοῦμεν·

DEACON

Wisdom.

(Father, bless!)

PRIEST

Blessed are You, Christ our God, always
now and forever and to the ages of ages.
(Amen.)

Make firm, Lord our God, the holy and
pure faith of the pious Orthodox Christians,
together with the Holy Church and this city
forever.

READER

Amen.

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify.

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May Christ our true God, through
the intercessions of His all-pure and all-
immaculate holy Mother, the power of the
precious and life-giving Cross, the protection
of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, the holy
martyr Sophia and her three daughters, Faith,
Love and Hope, whose memory we celebrate,

καὶ πάντων τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι
ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ
σῶσον ἡμᾶς.

(Ἀμήν.)

and of all the saints, have mercy on us and
save us, for He is good and loves mankind.

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(Amen.)