#### Όκτώηχος - Ήχος βαούς.

Τῆ Τρίτη Πρωΐ

#### Μηναΐον - ΤΗι Γ΄ ΔΕΚΕΜΒΡΙΟΥ

Μνήμη τοῦ Άγίου Ποοφήτου Σοφονίου.

#### ΛΕΙΤΟΥΡΓΙΑ

#### Άντίφωνον Α΄. ήχος β΄.

**Στίχ. α'.** Αγαθὸν τὸ ἐξομολογεῖσθαι τῷ Κυρίῳ, καὶ ψάλλειν τῷ ὀνόματί σου, Ύψιστε.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον ἡμᾶς.

**Στίχ. β'.** Τοῦ ἀναγγέλλειν τῷ πρωΐ τὸ ἔλεός σου, καὶ τὴν ἀλήθειάν σου κατὰ νύκτα.

Ταῖς ποεσβείαις τῆς Θεοτόκου, Σῶτεο, σῶσον ἡμᾶς.

**Στίχ. γ'.** Ότι εὐθὴς Κύριος ὁ Θεὸς ἡμῶν, καὶ οὐκ ἔστιν ἀδικία ἐν αὐτῷ.

Ταῖς ποεσβείαις τῆς Θεοτόκου, Σῶτεο, σῶσον ἡμᾶς.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Άμήν.

Ταῖς ποεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον ἡμᾶς.

# Άντίφωνον Β΄. Ήχος β΄.

**Στίχ. α'.** Ό Κύριος ἐβασίλευσεν, εὐπρέπειαν ἐνεδύσατο, ἐνεδύσατο Κύριος δύναμιν καὶ περιεζώσατο.

ή·

#### Octoechos - Grave Mode.

On Tuesday Morning

#### Menaion - December 3

Memory of the Holy Prophet Zephaniah

#### **LITURGY**

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#### Antiphon I. Mode 2.

**Verse 1:** It is good to give thanks to the Lord and to sing to Your name, O Most High. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 2:** To proclaim Your mercy in the morning and Your truth at night. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

**Verse 3:** The Lord my God is upright, and there is no wrongdoing in Him. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

## Antiphon II. Mode 2.

**Verse 1:** The Lord reigns; He clothed Himself with majesty; the Lord clothed and girded Himself with power. [SAAS]

or:

Στίχ. α'. Δεῦτε ἀγαλλιασώμεθα τῷ Κυρίῳ, ἀλαλάξωμεν τῷ Θεῷ τῷ Σωτῆρι ἡμῶν.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

**Στίχ. β'.** Καὶ γὰρ ἐστερέωσε τὴν οἰκουμένην, ἥτις οὐ σαλευθήσεται.

 $\eta$ ·

Στίχ. β'. Προφθάσωμεν τὸ πρόσωπον αὐτοῦ ἐν ἐξομολογήσει, καὶ ἐν ψαλμοῖς ἀλαλάξωμεν αὐτῷ, ὅτι Θεὸς μέγας, Κύριος καὶ Βασιλεὺς μέγας ἐπὶ πᾶσαν τὴν γῆν.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

**Στίχ. γ'.** Τῷ οἴκῳ σου πρέπει ἁγίασμα, Κύριε, εἰς μακρότητα ἡμερῶν.

ή.

Στίχ. γ'. Ότι ἐν τῆ χειρὶ αὐτοῦ τὰ πέρατα τῆς γῆς, καὶ τὰ ὕψη τῶν ὀρέων αὐτοῦ εἰσιν ὅτι αὐτοῦ ἐστιν ἡ θάλασσα, καὶ αὐτὸς ἐποίησεν αὐτήν, καὶ τὴν ξηρὰν αἱ χεῖρες αὐτοῦ ἔπλασαν.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ό Μονογενής Υίὸς καὶ Λόγος τοῦ Θεοῦ, ἀθάνατος ὑπάρχων καὶ καταδεξάμενος διὰ τὴν ἡμετέραν σωτηρίαν σαρκωθῆναι ἐκ τῆς άγίας Θεοτόκου καὶ ἀειπαρθένου Μαρίας, ἀτρέπτως ἐνανθρωπήσας, σταυρωθείς τε, Χριστὲ ὁ Θεός, θανάτω θάνατον πατήσας, εῖς ὢν τῆς Ἁγίας Τριάδος, συνδοξαζόμενος

*Verse* 1: Come, let us greatly rejoice in the Lord; let us shout aloud to God our savior. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Verse 2:** And He established the world, which shall not be moved. [SAAS]

or:

Verse 2: Let us come before His face with thanksgiving, and let us shout aloud to Him with psalms. For the Lord is a great God, a great King over all the earth. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

**Verse 3:** Holiness is proper to Your house, O Lord, unto length of days. [SAAS]

or:

Verse 3: For in His hand are the ends of the earth, and the heights of the mountains are His. For the sea is His, and He made it, and His hands formed the dry land. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. τῷ Πατρὶ καὶ τῷ Άγίῳ Πνεύματι, σῶσον ἡμᾶς.

Άντίφωνον Γ΄. Άπολυτίκιον. Τοῦ Ποοφήτου. Ἡχος β΄.

Τοῦ Ποοφήτου σου Σοφονίου τὴν μνήμην, Κύοιε, ἑορτάζοντες, δι' αὐτοῦ σὲ δυσωποῦμεν· Σῶσον τὰς ψυχὰς ἡμῶν.

Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion. For the Prophet.

Mode 2.

As we celebrate the memory of Your Prophet Zephaniah, through him we importune You, O Lord, that You save our souls.

Ή, ἀντὶ τῶν Ἀντιφώνων, κατὰ τὸ τυπικόν, ψάλλονται τὰ Τυπικὰ καὶ οἱ Μακαρισμοί.

Ψαλμὸς 102. Ψαλμὸς 145.

# Οί Μακαρισμοί. Ήχος βαρύς.

Έν τῆ Βασιλεία σου μνήσθητι ἡμῶν Κύριε, ὅταν ἔλθης ἐν τῆ Βασιλεία σου. Μακάριοι οἱ πτωχοὶ τῷ πνεύματι, ὅτι αὐτῶν ἐστιν ἡ Βασιλεία τῶν οὐρανῶν.

Μακάριοι οἱ πενθοῦντες, ὅτι αὐτοὶ παρακληθήσονται.

Μακάριοι οί πραεῖς, ὅτι αὐτοὶ κληρονομήσουσι τὴν γῆν.

Μακάριοι οἱ πεινῶντες καὶ διψῶντες τὴν δικαιοσύνην, ὅτι αὐτοὶ χορτασθήσονται.

Μακάριοι οἱ ἐλεήμονες, ὅτι αὐτοὶ ἐλεηθήσονται.

Μακάριοι οἱ καθαροὶ τῆ καρδία, ὅτι αὐτοὶ τὸν Θεὸν ὄψονται.

#### Τροπάρια.

Τῆς Ὀκτωήχου - - -

Μακάριοι οἱ εἰρηνοποιοί, ὅτι αὐτοὶ Υίοὶ Θεοῦ κληθήσονται.

Ώραῖος ἦν καὶ καλὸς εἰς βρῶσιν, ὁ ἐμὲ θανατώσας καρπός Χριστός ἐστι τὸ ξύλον τῆς ζωῆς, ἐξ οὖ φαγὼν οὐ θνήσκω, ἀλλὰ βοῶ σὺν τῷ ληστῆ Μνήσθητί μου Κύριε, ἐν τῆ Βασιλεία σου.

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102. Psalm 145.

# The Beatitudes. Grave Mode.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Blessed are the merciful, for they shall obtain mercy. [RSV]

Blessed are the pure in heart, for they shall see God. [RSV]

#### Troparia.

From Octoechos - - -

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

The fruit that killed me of old was good for food and beautiful to contemplate. But Christ is the very tree of life, from which I eat and die not. And echoing the Robber's words, I cry out, "Remember me in Your kingdom, O Lord." [SD]

Μακάριοι οἱ δεδιωγμένοι ἕνεκεν δικαιοσύνης, ὅτι αὐτῶν ἐστιν ἡ Βασιλεία τῶν οὐρανῶν.

Τὰ τοαύματα, τῆς ἐμῆς καοδίας, τὰ ἀνίατα Κύριε, ἰάτρευσον ὡς μόνος ἰατρός, ψυχῶν τε καὶ σωμάτων, καὶ βηματίζειν με ὀρθῶς, πάντοτε εὐόδωσον, τὰς σωτηριώδεις ὁδούς.

Μακάριοι ἐστὲ ὅταν ὀνειδίσωσιν ὑμᾶς, καὶ διώξωσι, καὶ εἴπωσι πᾶν πονηρὸν ῥῆμα καθ' ὑμῶν, ψευδόμενοι ἕνεκεν ἐμοῦ.

Ό προδραμών τῆς δικαιοσύνης, τοῦ Ἡλίου Χριστοῦ Βαπτιστά, τὸν λύχνον τῆς ψυχῆς μου τὸν τῆ πολλῆ, κακία ἐσβεσμένον, ἄναψον θείαις προσευχαῖς, ὅπως μακαρίζω σε, πάντοτε σωζόμενος.

Χαίρετε καὶ ἀγαλλιᾶσθε, ὅτι ὁ μισθὸς ὑμῶν πολὺς ἐν τοῖς οὐρανοῖς.

#### Μαοτυοικόν.

Άθλήσαντες καὶ στεφανωθέντες, τὸν ἐχθοὸν κατησχύνατε, καὶ νῦν περιπολεῖτε τοὺς οὐρανούς, φωτὸς ἀδιαδόχου, ἀποπληρούμενοι σοφοί, Μάρτυρες πρεσβεύοντες, ὑπέρ τῶν ψυχῶν ἡμῶν.

#### Δόξα.

Ἰάτρευσον τῆς ψυχῆς μου τὰ πάθη, τὰ ἀνίατα θεία Τριάς, καὶ ὁῦσαί με γεέννης καὶ πειρασμῶν, ἡ ἐν μιῷ Θεότητι, δοξαζομένη εὐσεβῶς, καὶ τὴν αἰωνίαν μοι Βασιλείαν δώρησαι.

#### Καὶ νῦν. Θεοτοκίον.

Ἐχώρησας ἀστενοχωρήτως, ἐν γαστρὶ τὸν ἀχώρητον, ὃν πάντοτε δυσώπει Μήτηρ άγνή, στενοχωρίας πάσης, καὶ παθῶν

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

O Lord, as the only physician of souls and bodies, heal the incurable wounds of my heart, and help me on my way to stand and walk the ways that lead to salvation. [5D]

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

The lamp of my soul has gone out because of much sinning. O Baptist of Christ, who came before the Sun of Righteousness, reignite my soul, by your divine prayers, so that I may be saved and may ever call you blessed.

Rejoice and be glad, for your reward is great in heaven. [RSV]

#### For the Martyrs.

O wise Martyrs, you competed and were crowned, and thus embarrassed the enemy. And now, filled with perpetual light, you orbit the heavens, and you intercede on behalf of your souls.

#### Glory.

O Holy Trinity, correctly glorified in single Godhead, cure the incurable passions of my soul, and rescue me from trials and from hell, and grant me the eternal Kingdom.

#### Both now. Theotokion.

O pure Mother, you contained in your womb the uncontainable God, without constraining Him. Ever implore Him to deliver us your servants from all constraints ἐπαγωγῆς, ὁύσασθαι τοὺς δούλους σου, πόθω σε δοξάζοντας. and assaults of the passions, so that we may glorify you. [5D]

## Εἰσοδικόν. ή Ηχος β΄.

Δεῦτε ποοσκυνήσωμεν καὶ ποοσπέσωμεν Χοιστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

# "Υμνοι μετὰ τὴν Μικοὰν Εἴσοδον Ἀπολυτίκιον. Τοῦ Ποοφήτου. Ἡχος β'.

Τοῦ Ποοφήτου σου Σοφονίου τὴν μνήμην, Κύοιε, ἑορτάζοντες, δι' αὐτοῦ σὲ δυσωποῦμεν· Σῶσον τὰς ψυχὰς ἡμῶν.

#### Τοῦ Ναοῦ.

(Τὸ Ἀπολυτίκιον τοῦ Ναοῦ.)

# Κοντάκιον. Τοῦ Ποοδοόμου. Ἡχος β'.

Ποοφῆτα Θεοῦ, καὶ Ποόδοομε τῆς χάριτος, τὴν Κάραν τὴν σήν, ὡς ῥόδον ἱερώτατον, ἐκ τῆς γῆς εὑράμενοι, τὰς ἰάσεις πάντοτε λαμβάνομεν καὶ γὰρ πάλιν ὡς πρότερον, ἐν κόσμω κηρύττεις τὴν μετάνοιαν.

#### Ο ΤΡΙΣΑΓΙΟΣ ΥΜΝΟΣ

Άγιος ὁ Θεός, ἄγιος Ἰσχυρός, ἄγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Άγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

#### Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [COA]

# Hymns After the Small Entrance. Apolytikion. For the Prophet. Mode 2.

As we celebrate the memory of Your Prophet Zephaniah, through him we importune You, O Lord, that You save our souls.

#### **Apolytikion of the Parish Church**

(The text of the Apolytikion of the local church goes here.)

# Kontakion. For the Forerunner. Mode 2.

O Prophet of God and Forerunner of grace divine, since we have obtained your Head from beneath the earth, as if a most sacred rose, we are receiving the healings continually. And once again, as formerly, you are preaching repentance throughout the world.

#### THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

#### Ὁ Ἀπόστολος

ΤΡΙΤΗ ΚΕ΄ ΕΒΔΟΜΑΔΟΣ

#### Ποοκείμενον. ή Τχος βαρύς. Ψαλμός 63.

Εὐφρανθήσεται δίκαιος ἐν Κυρίω καὶ ἐλπιεῖ ἐπ' αὐτόν.

**Στίχ.** Εἰσάκουσον, ὁ Θεός, τῆς φωνῆς μου, ἐν τῷ δέεσθαί με πρὸς σέ.

#### 2Θε 1:10-12; 2:1-2

Άδελφοί, τὸ μαρτύριον ἡμῶν ἐπιστεύθη ἐφ' ὑμᾶς, ἐν τῆ ἡμέρα ἐκείνη. Εἰς ὃ καὶ προσευχόμεθα πάντοτε περί ύμῶν, ἵνα ύμᾶς ἀξιώση τῆς κλήσεως ὁ Θεὸς ἡμῶν καὶ πληρώση πᾶσαν εὐδοκίαν ἀγαθωσύνης καὶ ἔργον πίστεως ἐν δυνάμει· ὅπως ἐνδοξασθῆ τὸ ὄνομα τοῦ Κυρίου ἡμῶν Ἰησοῦ Χριστοῦ ἐν ὑμῖν, καὶ ὑμεῖς ἐν αὐτῷ, κατὰ τὴν χάριν τοῦ Θεοῦ ἡμῶν καὶ Κυρίου Ἰησοῦ Χριστοῦ. Έρωτῶμεν δὲ ὑμᾶς, ἀδελφοί, ὑπὲο τῆς παρουσίας τοῦ κυρίου ἡμῶν Ἰησοῦ Χριστοῦ καὶ ἡμῶν ἐπισυναγωγῆς ἐπ' αὐτόν, εἰς τὸ μὴ ταχέως σαλευθῆναι ὑμᾶς ἀπὸ τοῦ νοὸς μηδὲ θοοεῖσθαι μήτε διὰ πνεύματος μήτε διὰ λόγου μήτε δι' ἐπιστολῆς ὡς δι' ἡμῶν, ὡς ὅτι ἐνέστηκεν ἡ ἡμέρα τοῦ Χριστοῦ.

Άλληλούϊα. Ἡχος β΄. Ψαλμὸς 91. Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

**Στίχ. α'.** Δίκαιος ώς φοῖνιξ ἀνθήσει καὶ ώσεὶ κέδρος ή ἐν τῷ Λιβάνῳ πληθυνθήσεται.

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα.

**Στίχ. β'.** Πεφυτευμένοι ἐν τῷ οἴκῳ Κυρίου, ἐν ταῖς αὐλαῖς τοῦ Θεοῦ ἡμῶν ἐξανθήσουσιν.

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα.

#### The Epistle

TUESDAY OF THE TWENTY-FIFTH WEEK

Prokeimenon. Grave Mode. Psalm 63.

The righteous man shall be glad in the Lord, and shall hope in Him. [SAAS]

**Verse:** Hear my voice, O God, in my supplication. [SAAS]

#### 2 Th. 1:10-12; 2:1-2

Brethren, our testimony to you was believed. To this end we always pray for you, that our God may make you worthy of his call, and may fulfil every good resolve and work of faith by his power, so that the name of our Lord Jesus may be glorified in you, and you in him, according to the grace of our God and the Lord Jesus Christ. Now concerning the coming of our Lord Jesus Christ and our assembling to meet him, we beg you, brethren, not to be quickly shaken in mind or excited, either by spirit or by word, or by letter purporting to be from us, to the effect that the day of Christ has come. [RSV]

#### Alleluia. Mode 2. Psalm 91.

Alleluia. Alleluia. Alleluia.

**Verse 1:** The righteous shall flourish like a palm tree; he shall be multiplied like the cedar in Lebanon. [SAAS]

Alleluia, Alleluia, Alleluia,

**Verse 2:** Those planted in the house of the Lord shall blossom forth in the courts of our God.

[SAAS]

Alleluia. Alleluia. Alleluia.

#### Τὸ Εὐαγγέλιον

ΤΗι ΤΡΙΤΗι ΤΗΣ ΙΒ΄ ΕΒΔΟΜΑΔΟΣ ΤΟΥ ΛΟΥΚΑ

#### Λου κα' 12 - 19

Εἶπεν ὁ Κύριος τοῖς ἑαὐτοῦ Μαθηταῖς. Προσέχετε ἀπὸ τῶν ἀνθρώπων ἐπιβαλοῦσιν γὰο ἐφ' ὑμᾶς τὰς χεῖρας αὐτῶν καὶ διώξουσι, παραδιδόντες εἰς συναγωγὰς καὶ φυλακάς, ἀγομένους ἐπὶ βασιλεῖς καὶ ἡγεμόνας ἕνεκεν τοῦ ὀνόματός μου· ἀποβήσεται δὲ ὑμῖν εἰς μαρτύριον. θέτε οὖν εἰς τὰς καρδίαις ὑμῶν μὴ προμελετᾶν ἀπολογηθῆναι ἐγὼ γὰο δώσω ὑμῖν στόμα καὶ σοφίαν, ή οὐ δυνήσονται ἀντειπεῖν οὐδὲ ἀντιστῆναι πάντες οἱ ἀντικείμενοι ύμιν. παραδοθήσεσθε δὲ καὶ ὑπὸ γονέων καὶ συγγενῶν καὶ φίλων καὶ ἀδελφῶν, καὶ θανατώσουσιν ἐξ ὑμῶν, καὶ ἔσεσθε μισούμενοι ύπὸ πάντων διὰ τὸ ὄνομά μου καὶ θοὶξ ἐκ τῆς κεφαλῆς ὑμῶν οὐ μὴ ἀπόληται ἐν τῇ ὑπομονῇ ὑμῶν κτήσασθε τὰς ψυχὰς ὑμῶν.

# Ύμνος εἰς τὴν Θεοτόκον.

ἄξιόν ἐστιν ὡς ἀληθῶς μακαρίζειν σε τὴν Θεοτόκον, τὴν ἀειμακάριστον καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ ἡμῶν. Τὴν τιμιωτέραν τῶν Χερουβεὶμ καὶ ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

# Κοινωνικόν. Ψαλμὸς 111.

Εἰς μνημόσυνον αἰώνιον ἔσται δίκαιος. Ἀλληλούϊα.

#### The Gospel

Tuesday of the Twelfth Week of Luke

#### Lk. 21:12-19

The Lord said to his disciples, "Beware of men who will lay their hands on you and persecute you, delivering you up to the synagogues and prisons, and you will be brought before kings and governors for my name's sake. This will be a time for you to bear testimony. Settle it therefore in your minds, not to meditate beforehand how to answer; for I will give you a mouth and wisdom, which none of your adversaries will be able to withstand or contradict. You will be delivered up even by parents and brothers and kinsmen and friends, and some of you they will put to death; you will be hated by all for my name's sake. But not a hair of your head will perish. By your endurance you will gain your lives." [RSV]

## Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

# Communion Hymn. Psalm 111/112.

The righteous will be remembered for ever. Alleluia, IRSVI

# "Υμνος μετὰ τὴν Θ. Κοινωνίαν. Ἡχος β΄.

Εἴδομεν τὸ φῶς τὸ ἀληθινόν, ἐλάβομεν Πνεῦμα ἐπουράνιον, εὓρομεν πίστιν ἀληθῆ, ἀδιαίρετον Τριάδα προσκυνοῦντες· αὕτη γὰρ ἡμᾶς ἔσωσεν.

#### ΑΠΟΛΥΣΙΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς πρεσβείαις τῆς παναχράντου καὶ παναμώμου ἁγίας αὐτοῦ Μητρός, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου, ἐνδόξου, προφήτου, Προδρόμου καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων ἐνδόξων καὶ καλλινίκων μαρτύρων τῶν ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν (τοῦ Αγίου τοῦ Ναοῦ) τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ἰωακεὶμ καὶ ἄννης, καὶ πάντων τῶν Ἁγίων, ἐλεήσαι καὶ σώσαι ἡμᾶς, ὡς ἀγαθὸς καὶ φιλάνθρωπος.

#### Κανόνας Νηστείας

Κατάλυσις ἰχθύος.

Εἶναι ή νηστεία πρὸ τῶν Χριστουγέννων.

# Hymn after Holy Communion. Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us.

#### THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

#### **Fasting Rule**

Fish: fish, oil and wine are allowed. Refrain from meat, dairy and eggs.

*It is the Christmas fast.*