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The Service of Matins

for Tuesday, February 19, 2019

**Octoechos - Mode pl. 1.
on Tuesday Morning**

**Menaion Supplement - February 19
Memory of St. Philothea the Athenian**

Katavasias of Theotokos

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Menaion Supplement
February 19

Memory of St. Philothea the Athenian

MATINS

CHOIR

Mode pl. 1.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: *Give thanks to the Lord and call upon His name.*

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: *All the nations surrounded me, but in the name of the Lord I defended myself against them.*

Verse 3: *And this came about from the Lord, and it is wonderful in our eyes.*

Apolytikion.

Menaion Supplement - - -

Mode pl. 1. Let us worship the Word.

The illustrious city of Athens now extols * Philothea, the woman monastic martyr saint, * and salutes her most divine holy relic with a kiss; * for in holiness she lived, and exchanged her death for life * through martyrdom and her contests. * And now she intercedes with the Savior, * that He grant to all His great mercy. [SD]

Glory. **Repeat.**

The illustrious city of Athens now extols * Philothea, the woman monastic martyr saint, * and salutes her most divine holy relic with a kiss; * for in holiness she lived, and exchanged her death for life * through martyrdom and her contests. * And now she intercedes with

the Savior, * that He grant to all His great mercy. [SD]

From Octoechos - - -

Both now. **Theotokion.**

Mode pl. 1. Let us worship the Word.

O impassable gateway of God the Lord, rejoice. * Wall and shelter of those who in you take refuge, rejoice. * Stormless haven, rejoice, O Maid who knew not man * and yet physically gave birth to your Creator and God. * Never cease interceding * on behalf of those extolling and worshiping the Son you bore. [SD]

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Kathisma I.

Menaion Supplement - - -

Mode 1. The soldiers keeping watch.

The grace of Jesus Christ, which for all is salvific, * with you made its abode, O divine Philothea, * and made you a paradise of the

virtues and chastity. * Holy was your life and full of good deeds and mercy; * you received as well the laurel crown of a martyr; * and therefore we honor you. [SD]

Glory. Both now. **Theotokion.**

Mode 1. *The soldiers keeping watch.*

All we who run to you and with longing take refuge * in your benevolence know that you are the Mother * of God, and after giving birth are a virgin in very truth. * Now we sinners have you as our only protection. * In temptation we rely on you for salvation, * O only all-blameless one. [SD]

Kathisma II.

Menaion Supplement - - -

Mode 4. *Come quickly.*

In spirit you were fervent, O holy Martyr of Christ; * you lived in the world and nonetheless were serving the Lord, and ardently prayed to Him. * Patient in tribulations, you in hope were rejoicing; * contributing to the needs of the saints in earnest. * And therefore, O Philothea, we honor your memory. [SD]

Glory. Both now. **Theotokion.**

Mode 4. *Come quickly.*

Come quickly, O Lady, and receive our prayers from us, * and bring them to the attention of your Son and our God, O only immaculate. * Quickly resolve the troubles of your servants, O Virgin; * frustrate the schemes of ambush and the brazen behavior * of those who take up arms against us who call on you. [SD]

Kathisma III.

Menaion Supplement - - -

Mode pl. 4. *When he perceived.*

Being adorned with the laurel of a martyr, * having been bathed in your own blood, O holy Mother, * ever pray to the Savior, who for our salvation * was crowned with a crown of thorns, and who with a spear * was pierced in the side, and thus with His holy blood * washed away Eva's primal curse, and once again opened the way * to heaven and to Paradise, * for the race of humanity. [SD]

Glory. Both now. **Theotokion.**

Mode pl. 4. *When he perceived.*

O Lady, pure, graced by God, and ever-blessed, * join with the Powers in the heavens, the Archangels, * all the Bodiless Hosts and ceaselessly petition * the Lord, who in His compassion was born from you, * entreating on our behalf that before the end * He will grant us correction and the expiation of our sins, * amendment of our way of life, * so that mercy await us all. [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Antiphon I.

Mode 4.

Since my youth have many passions waged war against me. O my Savior, nonetheless help me and save me. (2) [SD]

You, the haters of Zion, be put to shame by the Lord, for like thatch in fire you will be completely dried up. (2) [SD]

Glory.

From the Holy Spirit every soul receives life, and through cleansing is lifted and brightened, in a hidden, sacred manner, by the trinal Monad. [SD]

Both now.

From the Holy Spirit do the streams of grace well forth; they irrigate everything created, so that life be engendered. [SD]

Prokeimenon. Psalm 39.

I waited patiently for the Lord, and He heeded me; and He heard my supplication. (2)

Verse: *And He established my feet on a rock and kept straight my steps.*

I waited patiently for the Lord, and He heeded me; and He heard my supplication.

[SAAS]

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

For you are holy, our God, who rest among the Saints, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes. praise the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

DEACON

Wisdom. Arise. Let us hear the Holy Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

PRIEST

The reading is from the Holy Gospel according to Matthew.

DEACON

Let us be attentive.

(Glory to You, O Lord. Glory to You.)

PRIEST (from the gate)

(6:19-21)

The Lord said to His Disciples, "Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break

in and steal. For where your treasure is, there will your heart be also." [RSV]

(Glory to You, O Lord. Glory to You.)

READER

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I

would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

Menaion Supplement - - -

CHOIR

Glory. **Mode 2.**

At the intercession of the holy Martyr, O Lord of mercy, blot out my many offences. [SD]

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [SD]

Idiomelon. Mode 2.

Verse: *Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.* [SAAS]

On your shoulders you took up the Cross of Christ, and you followed in His footsteps; then, O Philothea, you renounced yourself, and you counted all things as refuse, for you found nothing to give in exchange for your soul. You gave up your life in order to save your soul; you were deprived of the visible light, and now you see the Sun of glory. Entreat Him, O Mother, that He save our souls. [SD]

DEACON

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

Menaion Supplement - - -

READER

Kontakion.

Mode 3. On this day.

On this day with utmost joy * we honor St. Philothea, * and with faith we venerate * her holy icon and relic. * For on earth, she spent her life doing good deeds, * as a nun, ending her life as a holy martyr. * She became our intercessor, * and prays that we all receive eternal life. [SD]

Oikos.

Let every tongue move in praise of Philothea, who is worthy of all praise. Every race and every age, young men and virgins of Christ, let us crown with hymns the devout nun and martyr. For legitimately behaving like a man, through ascetic labors and martyrdom, she has brought down the tyrant foe. And now adorned by a heavenly crown, she requests from Christ, that that we all receive eternal life. [SD]

Synaxarion.

From the Menaion.

On February 19 we commemorate the holy Apostles Archippos, Philemon, and Apphia.

On this day we also commemorate the holy martyrs Maximus, Theodotos, Hesychios, and Asklepiodoti.

On this day we also commemorate our devout father Rabulas.

On this day we also commemorate our devout fathers and confessors Eugene and Makarios.

On this day we also commemorate our devout father Conon.

On this day we also commemorate our devout mother Philothea of Athens.

By the intercessions of Your Saints, O God, have mercy on us. Amen.

CHOIR

Katavasias of Theotokos

Ode i. Mode 4.

I open my mouth and pray the Spirit fill it, like David said, * to pour out a good word to the Queen and Mother of God. * I will celebrate * her feast with joy and gladness * and sing to her merrily, lauding her miracles.

[SD]

Ode iii.

Establish your servants who extol you, * O Mother of God, for they have formed * a spiritual choir for you * the living and abundant fount; * and graciously in your divine glory give glorious crowns to them. [SD]

Ode iv.

When the Prophet Habakkuk heard the divine * and incomprehensible counsel of Your Incarnation * from the Virgin, O Most High, * considering, he cried aloud: * Glory to Your power, O Lord my God. [SD]

Ode v.

Amazed was the universe by your divine magnificence. * You who were perpetually

virgin * carried the heavenly God of all in
your womb * and gave birth to the eternal Son,
* who awards salvation to all who sing hymns
of praise to you. [SD]

Ode vi.

O godly-minded believers, come * and
celebrate this sacred and venerable feast
and thus extol * the Theotokos, and clap our
hands, * and glorify our God who was truly
born of her. [SD]

Ode vii.

Godly-minded three * did not adore
created things in the Creator's stead; * rather,
disdaining the threat * of fire, they trampled
it, and joyfully they sang: * "O supremely
praised * and most exalted Lord and God * of
the fathers, You are blessed." [SD]

Ode viii.

*We praise and we bless and we worship the
Lord.*

Guiltless were those Servants in the
furnace. * The Son of the Theotokos went and
rescued them. * He who was prefigured then,
* having been incarnate now, * is gathering
the whole wide world into His Church to sing:
* "O all you works of the Lord, to all ages *
sing praises to the Lord and exalt Him beyond
measure." [SD]

DEACON

Let us honor and magnify in song the
Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalyrnarion. Mode 4.

Verse: *My soul magnifies the Lord, and my
spirit rejoices in God my Savior.* [RSV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: *For he has regarded the low estate
of his handmaiden. For behold, henceforth all
generations will call me blessed.* [RSV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: *For he who is mighty has done great
things for me, and holy is his name. And his
mercy is on those who fear him from generation to
generation.* [RSV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: *He has shown strength with his arm,
he has scattered the proud in the imagination of
their hearts.* [RSV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: *He has put down the mighty from their thrones, and exalted those of low degree; he has filled the hungry with good things, and the rich he has sent empty away.* [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his posterity for ever.*

[RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

CHOIR

Ode ix.

Ode ix. Katavasia. Mode 4.

All you born on earth, * with festival lamps in hand, in spirit leap for joy; * and all you the heavenly angelic orders, join in and celebrate; * and honoring the sacred wonders of the Mother of God, * sing the joyful salutation, "O rejoice, * Theotokos, all-blest, ever-virgin pure!" [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Exaposteilarion.

Menaion Supplement - - -

Mode 2. O Women, hearken.

Today the congregation of the Church of Athens leaps for joy, * as it devotedly honors the mem'ry of Philothea. * For she devoutly

lived her life, and then accepted martyrdom. *
And now, with Saints consorting, * she ceases
not interceding * on our behalf to the Master.

[SD]

Theotokion.

Mode 2. *O Women, hearken.*

You have become the vessel of the Trinity
that none contains, * O all-holy Virgin Mary,
the purest and golden censer. * The Father
was well pleased in you, the Son came down
and dwelt in you, * the Holy Spirit came on
you * and overshadowed you, Maiden, * thus
making you Theotokos. [SD]

Lauds. Mode 1.

Let everything that breathes praise the
Lord. Praise the Lord from the heavens, praise
Him in the highest. It is fitting to sing a hymn
to You, O God. [SAAS]

Praise Him, all you His angels; praise
Him, all you His hosts. It is fitting to sing a
hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you
stars and light.

Praise Him, you heavens of heavens, and you
waters above the heavens. Let them praise the Lord's
name.

For He spoke, and they were made; He
commanded, and they were created.

He established them forever and unto ages of ages;
He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all
the deeps.

Fire and hail, snow and ice, stormy wind, which
perform His word.

Mountains and all the hills, fruitful trees and all
cedars.

Wild animals and all cattle, creeping things and
flying birds.

Kings of the earth and all peoples, princes and all
judges of the earth.

Young men and maidens, elders with younger,
let them praise the Lord's name, for His name alone is
exalted.

His thanksgiving is in earth and heaven. And He
shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel,
a people who draw near to Him.

Sing to the Lord a new song, His praise in the
assembly of His holy ones.

Let Israel be glad in Him who made him, and let
the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with
tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He
shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall
greatly rejoice on their beds.

The high praise of God shall be in their mouth and
a two-edged sword in their hand.

To deal retribution to the nations, reproving
among the peoples.

To shackle their kings with chains and their nobles
with fetters of iron.

To fulfill among them the written judgment: this
glory have all His holy ones.

Praise God in His saints; praise Him in the
firmament of His power.

Stichera. For the Woman Saint.

Menaion Supplement - - -

Mode 4. *When you were called.*

*Praise Him for His mighty acts; praise Him
according to the abundance of His greatness.* [SAAS]

O Philothea, to you who are in heaven, *
where our Savior welcomed you, the Martyr

and the Nun, * we pray that you intercede for us, and for the City * in which you lived out your life monastically. * Influence the Master to be merciful to us, * so that forgiving us He bestow * peace and salvation * on us who keep your most sacred memory. * For you have proved to be the patroness * who protects those who travel the sea of life, * Philothéï, the glory * of the Martyrs and monastic Saints. [SD]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

O Philothea, to you who are in heaven, * where our Savior welcomed you, the Martyr and the Nun, * we pray that you intercede for us, and for the City * in which you lived out your life monastically. * Influence the Master to be merciful to us, * so that forgiving us He bestow * peace and salvation * on us who keep your most sacred memory. * For you have proved to be the patroness * who protects those who travel the sea of life, * Philothéï, the glory * of the Martyrs and monastic Saints. [SD]

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Today the city of Athens is rejoicing, * for the holy relics of the Martyr and devout * St. Philothea are on display, for veneration; * and all the people salute them lovingly. * Holy virgins maidens, who honor her on this day, * devoutly sing festal hymns and songs * to Philothéï. * For truly mediatrix has she become, * mother and nurse, asylum and retreat, * for the women who faithfully run to her * and who seek her protection * in the shelter of our loving God. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Come and adorn the divine St. Philothea * with inspired songs today, O virgin maidens all; * and with a loud voice cry out to her, with great devotion, * Rejoice, all-honored monastic-martyr Saint! * When you had dispersed your earthly riches to the poor, * and congregated around yourself * so many virgins, * you then appeared as an endless source of love. * And thus to you the crown of martyrdom * has been worthily granted by Christ our God. * Therefore earnestly pray Him * to illumine us and save our souls. [SD]

Glory.

Menaion Supplement - - -

Mode pl. 1.

Today the city of Athens cheerfully celebrates the memorial of Saint Philothea. So come, you lovers of piety, let us honor the devout Martyr, and reverently chant to her. Rejoice! for during your life you exercised the virtue of love, applying oil and wine on people's sores, as did the Good Samaritan. Rejoice! for like the Savior, you persevered in prayer, and you were taken up and led to undergo martyrdom, for the sake of Him who for us died like a martyr. Rejoice, O Philothéï, extolled by all! Together with the Saints, never cease entreating the Savior, to guard your city, and to preserve her in peace forever, and to save our souls. [SD]

From Octoechos - - -

Both now. **Theotokion.**

Now we call you blessed, O Virgin Theotokos, and we glorify you, duty-bound as believers; the city unshakable, the wall indestructible, the firm and steadfast

protection, and the place of refuge for our souls. [SD]

Great Doxology

Glory be to You who showed the light.
Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Apolytikion.

Menaion Supplement - - -

Mode pl. 1. *Let us worship the Word.*

The illustrious city of Athens now extols *
Philothea, the woman monastic martyr saint,
* and salutes her most divine holy relic with a
kiss; * for in holiness she lived, and exchanged
her death for life * through martyrdom and
her contests. * And now she intercedes with
the Savior, * that He grant to all His great
mercy. [SD]