

**March 23**

**Triodion**

Saturday of the Second Week

**LITURGY**

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**Antiphon I. Mode 2.**

**Verse 1:** *It is good to give thanks to the Lord and to sing to Your name, O Most High.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 2:** *To proclaim Your mercy in the morning and Your truth at night.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

**Verse 3:** *The Lord my God is upright, and there is no wrongdoing in Him.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages.*  
*Amen.*

Through the intercessions of the Theotokos, Savior, save us.

**Antiphon II. Mode 2.**

**Verse 1:** *The Lord reigns; He clothed Himself with majesty; the Lord clothed and girded Himself with power.* [SAAS]

*or:*

*Verse 1: Come, let us greatly rejoice in the Lord; let us shout aloud to God our savior.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Verse 2:** *And He established the world, which shall not be moved.* [SAAS]

*or:*

*Verse 2: Let us come before His face with thanksgiving, and let us shout aloud to Him with psalms. For the Lord is a great God, a great King over all the earth.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

**Verse 3:** *Holiness is proper to Your house, O Lord, unto length of days.* [SAAS]

*or:*

*Verse 3: For in His hand are the ends of the earth, and the heights of the mountains are His. For the sea is His, and He made it, and His hands formed the dry land.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages.*  
*Amen.*

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III.  
Apolytikion.**

From Triodion - - -

**Mode 2.**

O Apostles, Martyrs, Prophets, Hierarchs, Monastics and the Righteous, you finished the race and kept the faith. You speak freely to the Savior. We pray you entreat Him on our behalf, to save our souls, since He is good. [SD]

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.  
Apolytikion.**

From Triodion - - -

**Mode 2.**

O Apostles, Martyrs, Prophets, Hierarchs, Monastics and the Righteous, you finished the race and kept the faith. You speak freely to the Savior. We pray you entreat Him on our behalf, to save our souls, since He is good. [SD]

**For the Deceased.**

From Horologion - - -

**Mode pl. 4.**

Remember Your servants, O Lord, since You are good, and forgive them for all their sins in life; for no one is without sin except for You who are able to give rest to those who have passed away. [SD]

**(Apolytikion of the Parish Church)**

(The text of the Apolytikion of the local church goes here.)

**Kontakion.  
Mode pl. 4.**

O Planter of creation, Lord, to You does the entire world bring as an offering the God-bearing martyr Saints, as being nature's first fruits. At their earnest entreaties, keep Your Church in a state of profoundest peace, through the Theotokos, O Lord abundantly merciful. [SD]

**THE TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

*Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.*

Holy Immortal, have mercy on us.

**The Epistle**

SATURDAY OF THE SECOND WEEK IN LENT

**Prokeimenon. Mode pl. 2. Psalm 31.**

Be glad in the Lord and rejoice greatly.

[SAAS]

**Verse:** *Blessed are those whose transgressions are forgiven, and whose sins are covered.* [SAAS]

The reading is from Paul's Letter to the Hebrews.

3:12-16

Brethren, take care lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God. But exhort one another every day, as long as it is called "today," that none of you may be hardened by the deceitfulness of sin. For we share in Christ, if only we hold our first confidence firm to the end, while it is said, "Today, when you hear his voice, do not harden your hearts as in the rebellion." Who were they that heard and yet

were rebellious? Was it not all those who left Egypt under the leadership of Moses? <sup>[RSV]</sup>

**Alleluia. Mode pl. 2. Psalms 64, 101.**

Alleluia. Alleluia. Alleluia.

**Verse 1:** *Blessed are they whom You have chosen and received, O Lord.* <sup>[SAAS]</sup>

Alleluia. Alleluia. Alleluia.

**Verse 2:** *And their memorial abides from generation to generation.* <sup>[SAAS]</sup>

Alleluia. Alleluia. Alleluia.

### **The Gospel**

Saturday of the Second Week of Lent

The reading is from the Holy Gospel according to Mark.

1:35-44

At that time, Jesus rose and went out to a lonely place, and there he prayed. And Simon and those who were with him pursued him, and they found him and said to him, "Everyone is searching for you." And he said to them, "Let us go on to the next towns, that I may preach there also; for that is why I came out." And he went throughout all Galilee, preaching in their synagogues and casting out demons. And a leper came to him beseeching him, and kneeling said to him, "If you will, you can make me clean." Moved with pity, he stretched out his hand and touched him, and said to him, "I will; be clean." And immediately the leprosy left him, and he was made clean. And he sternly charged him, and sent him away at once, and said to him, "See that you say nothing to any one; but go, show yourself to a priest, and offer for your cleansing what Moses commanded, for a proof to them." <sup>[RSV]</sup>

### **Hymn to the Theotokos.**

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. <sup>[GOA]</sup>

### **Communion Hymn. Psalms 64, 101.**

Blessed are they whom You have chosen and received, O Lord. Their memorial abides from generation to generation. Alleluia. <sup>[SAAS]</sup>

### **Hymn after Holy Communion.**

#### **Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. <sup>[GOA]</sup>

### **CHOIR**

Among the spirits of the righteous perfected in faith, give rest, O Savior, to the soul(s) of Your servant, keeping it (them) in the blessed life which is from You, O loving One. <sup>[GOA]</sup>

In your place of rest, O Lord, where all Your saints repose, give rest also to the soul of Your servant, for You alone are immortal. <sup>[GOA]</sup>

*Glory to the Father and the Son and the Holy Spirit.*

You are our God who descended into Hades and loosened the pains of those who were held captive. Grant rest also, O Savior, to the soul of Your servant. <sup>[GOA]</sup>

*Both now and ever and to the ages of ages.  
Amen.*

You the only pure and spotless Virgin,  
who ineffably gave birth to God, intercede  
for mercy and forgiveness of the soul of your  
servant(s). [GOA]

**DEACON**

Have mercy on us, O God, according to  
Your great mercy, we pray You, hear us and  
have mercy.

*(Lord, have mercy. Lord, have mercy. Lord,  
have mercy.)*

Again we pray for the blessed memory  
and eternal repose of all pious Orthodox  
Christians who have fallen asleep in the  
hope of the resurrection unto life everlasting,  
emperors, patriarchs, bishops, priests,  
deacons, hieromonks, deacon-monks, monks,  
nuns, fathers, forebears, grandparents, great-  
grandparents, parents, spouses, children,  
siblings, and all our relatives, from the  
beginning until the end of time; and for the  
forgiveness of all their sins, both voluntary  
and involuntary.

*(Lord, have mercy. Lord, have mercy. Lord,  
have mercy.)*

May the Lord God place their souls  
where the righteous repose. Let us ask for the  
mercies of God, the kingdom of Heaven, and  
the forgiveness of their sins from Christ our  
immortal king and God.

*(Grant this, O Lord.)*

**DEACON**

Let us pray to the Lord.

*(Lord, have mercy.)*

**PRIEST**

O God of spirits and of all flesh, You have  
trampled down death and have abolished  
the power of the devil, giving life to Your

world. Give rest to the souls of Your departed  
servants, emperors, patriarchs, bishops,  
priests, deacons, hieromonks, deacon-  
monks, monks, and nuns, all pious Orthodox  
Christians who have fallen asleep in the hope  
of the resurrection unto life everlasting, from  
all the ends of the world, fathers, forebears,  
grandparents, great-grandparents, parents,  
spouses, children, siblings, and all our  
relatives. Give them rest in a place of light, in  
a place of repose, in a place of refreshment,  
where there is no pain, sorrow, and suffering.  
As a good and loving God, forgive every  
sin they have committed in thought, word  
or deed, for there is no one who lives and  
is sinless. You alone are without sin. Your  
righteousness is an everlasting righteousness,  
and Your word is truth.

**DEACON**

Let us pray to the Lord.

*(Lord, have mercy.)*

**PRIEST**

For You are the resurrection, the life  
and the repose of all the departed faithful  
Orthodox Christians, Christ our God, and to  
You we give glory, with Your eternal Father  
and Your all-holy, good and life giving Spirit,  
now and forever and to the ages of ages.

*(Amen.)*

**CHOIR**

**Mode 3.**

Eternal be their memory. Eternal be their  
memory. Eternal be their memory. (3)

**THE DISMISSAL**

May Christ our true God, through  
the intercessions of His all-pure and all-  
immaculate holy Mother, the power of the  
precious and life-giving Cross, the protection  
of the honorable, bodiless powers of heaven,

the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

**Fasting Rule**

*Wine: Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.*

*It is Saturday or Sunday in Lent.*