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The Service of Matins

for Thursday, December 5, 2019

Menaion - December 5 Memory of St. Savas the Sanctified

Katavasias of Christmas I

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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The AGES Digital Chant Stand is supported in part by generous grants from Leadership 100 and the National Forum of Greek Orthodox Church Musicians.

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Menaion - December 5

Memory of St. Savas the Sanctified

MATINS

CHOIR

Mode pl. 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: *Give thanks to the Lord and call upon His name.*

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: All the nations surrounded me, but in the name of the Lord I defended myself against them.

Verse 3: And this came about from the Lord, and it is wonderful in our eyes.

Apolytikion. For the Devout Man. Mode pl. 4.

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O Savas, our devout father. Intercede with Christ our God, for the salvation of our souls.

Glory. Repeat.

From Octoechos - -

Both now. **Theotokion.**

Mode pl. 4.

Born of a Virgin, O Good One who also endured crucifixion for our sake, who by death took the spoils of death as plunder and showed resurrection, being God, O despise not the ones that You formed with Your own hand. Demonstrate Your love for man, O Lord of mercy, and accept Your Mother, the

Theotokos, who intercedes on our behalf, O Savior, and save us a despairing people. [5D]

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Kathisma I.

From Menaion - - -

Mode 1. *N/M* (*The soldiers.*)

When you completed your life on earth in a godly manner,/you were revealed to be a pure dwelling-place of the Spirit,/ enlightening those who turn to you in faith!/ Therefore, divinely wise Sabbas, our father,/ beseech your Master, blessed one,//that He enlighten our souls as we sing hymns to you!

Glory. Both now. **Theotokion. Mode 1.** *The soldiers keeping watch.*

All we who run to you and with longing take refuge * in your benevolence know that you are the Mother * of God, and after giving

birth are a virgin in very truth. * Now we sinners have you as our only protection. * In temptation we rely on you for salvation, * O only all-blameless one. [5D]

Kathisma II.

From Menaion - - -

Mode pl. 4. *N/M* (*By conceiving the wisdom.*)

You abandoned the turmoil of life and took your Cross upon your shoulders./You offered yourself completely to God!/You transcended the flesh and the world and conversed with the Holy Spirit./Therefore you raised men up to fervor:/You emptied the cities and made cities in the desert!/Our Godbearing Father, pray to Christ our God that remission of sins//may be granted to those who celebrate your holy memory with love!

Glory. Both now. **Theotokion. Mode pl. 4.** *Automelon.*

By conceiving the Wisdom and Word of God * in your womb inexplicably, Mother of God, * for the world's sake you carried Him who has the whole world in His hand, * and in your arms you held Him who holds together the universe, * which He provides with food, as its Creator and Lord. * Therefore, O all-holy Virgin Mary, I pray you, * that I be forgiven of my offences when I shall stand before Him who created me. * O all-lauded Lady most pure, I implore you to assist me in that hour. * I am sure you can accomplish whatever you wish. [SD]

Kathisma III.

From Menaion - - -

Mode pl. 4. By conceiving the wisdom.

Even though you abandoned all things mundane, * you were physically living within the world, * but in spirit you became a partner

of the Angels. * For you killed the passions of the body, O blessed one, * and thus became a servant of the all-holy Trinity. * Now you cure the passions and the ills of the ailing. * By God's grace you drive away evil spirits by word alone, * holy God-bearing Father. * Intercede with Christ our God * that He grant forgiveness of offences * to those who keep your all-holy memory with faith and love. [5D]

Glory. Both now. **Theotokion. Mode pl. 4.** *By conceiving the wisdom.*

Let us sing hymns in praise of the holy ark * and the heavenly gate and the shining cloud, * the all-holy mountain, and the heavenly ladder, * the rational Paradise, and the redemption of Eve, * the magnificent treasure of the entire universe. * For in her and through her for the world was salvation * accomplished and forgiveness of its ancient transgressions. * Let us therefore cry out to her, * "Intercede with your Son and our God * that remission of offenses be bestowed * on those who piously honor your immaculate childbirth." [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Antiphon I. Mode 4.

Since my youth have many passions waged war against me. O my Savior, nonetheless help me and save me. (2)

You, the haters of Zion, be put to shame by the Lord, for like thatch in fire you will be completely dried up. (2) [SD]

Glory.

From the Holy Spirit every soul receives life, and through cleansing is lifted and brightened, in a hidden, sacred manner, by the trinal Monad. [5D]

Both now.

From the Holy Spirit do the streams of grace well forth; they irrigate everything created, so that life be engendered. [50]

Prokeimenon. Psalm 115.

Precious in the sight of the Lord is the death of His holy one. (2)

Verse: What shall I give back to the Lord for all He rendered to me?

Precious in the sight of the Lord is the death of His holy one. [SAAS]

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

For you are holy, our God, who rest among the Saints, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

DEACON

Wisdom. Arise. Let us hear the Holy Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

PRIEST

The reading is from the Holy Gospel according to Luke.

DEACON

Let us be attentive.

(Glory to You, O Lord, glory to You.)

PRIEST (*from the gate*)

Lk. 6:17-23

At that time, Jesus stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea and Jerusalem and the seacoast of Tyre and Sidon, who came to hear him and to be healed of their diseases; and those who were troubled

with unclean spirits were cured. And all the crowd sought to touch him, for power came forth from him and healed them all. And he lifted up his eyes on His disciples, and said: "Blessed are you poor, for yours is the Kingdom of God. Blessed are you that hunger now, for you shall be satisfied. Blessed are you that weep now, for you shall laugh. Blessed are you when men hate you, and when they exclude you and revile you, and cast out your name as evil, on account of the Son of man! Rejoice in that day, and leap for joy, for behold, your reward is great in heaven." [RSV]

(Glory to You, O Lord, glory to You.)

READER

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me.

Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS] From Menaion - - -

CHOIR

Glory. Mode 2.

At the intercession of Your holy Ascetic, O Lord of mercy, blot out my many offences. [5D]

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [5D]

Idiomelon. Mode pl. 2.

Verse: Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. [SAAS]

Devout Father, the proclamation of your achievements went forth into all the earth. For your labors you found the reward in heaven. You destroyed the arrays of demons, and you attained to the orders of the Angels, whose

lifestyle you emulated blamelessly. Since you have confidence before Christ our God, ask Him to grant peace to our souls.

DEACON

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, our devout and Godbearing father Savas the Sanctified, whose memory we celebrate, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

From Menaion - - -

READER

Kontakion.

Mode pl. 4. O Champion General.

Since to God, who knew about you before you were born, you were through virtue offered as a blameless sacrifice from the time you were an infant, O blessed Savas, you became the pride and joy of the ascetic saints, the praiseworthy populater of the wilderness. Hence I cry to you, Rejoice, O Father extolled by all. [5D]

Oikos.

As the offshoot of wisdom, O devout Savas, from childhood you longed for the hypostatic Wisdom. When it dwelt with you, it separated you from the earth and led you up on high, and weaved for you a garland of immaterial flowers and laid it on your hallowed head, O Godly-minded man. Being thus decorated, propitiate God, that I might worthily be given wisdom of speech, so that I may extol your holy Dormition which Christ our God glorified. Therefore we cry to you, Rejoice, O Father extolled by all. [5D]

Synaxarion.

From the Menaion.

On December 5, we commemorate our devout father Savas the Sanctified.

On this day we also commemorate the holy martyr Anastasios.

On this day the holy martyr Diogenes died by stoning.

On this day the holy martyr Averkios died by the sword.

On this day devout St. Nonnos reposed in peace.

Devout St. Gratos reposed in peace.

We also commemorate our devout father Nektarios of Mt. Athos.

By their holy intercessions, O God, have mercy on us and save us. Amen.

CHOIR

Katavasias of Christmas I Ode i. Mode 1.

Christ is born; glorify Him! * Christ is come from heaven; go and meet Him. * Christ is on earth; arise to Him. * Sing to the Lord, all you who dwell on the earth; * and in merry spirits, O you peoples, praise His birth. * For He is glorified.

Ode iii.

To the Son, begotten * without flux, of the Father, before the ages, * and who was lately made incarnate * of the Virgin without seed; * to Christ God now let us cry aloud: * You have exalted the horn of our strength. Only You are holy, O Lord. [5D]

Ode iv.

Jesse's root produced a branch, O Christ, * and You its flower blossomed forth, * from the Virgin who by Habakkuk prophetically once was called * overshadowed, dense mountain.

* From her who knew not man You came

incarnate, * the immaterial God. * Glory to Your power, O Lord. [50]

Ode v.

God of peace and Father of mercies, Your Son * You have sent unto us as Your messenger, * the Angel of great counsel who is granting peace. * Therefore having been guided to the light of godly knowledge, * waking from the night to dawn, we sing Your glory, O Lover of man. [SD]

Ode vi.

Such as it received * Jonah as an embryo, the sea beast disgorged him from its bowels intact. * With the Virgin, though, when the Logos had dwelt in her taking on flesh, * He came forth from her preserving her yet incorrupt. * For from her no fluxion suffered He, * and He kept her unaltered in childbirth.

Ode vii.

The Servants nurtured piously together,

* with contempt regarding the impious
king's decree, * intrepidly faced the threat of
holocaust, * and while standing in the midst of
flames they chanted thus, * saying: O God of
the fathers, You are blessed. [SD]

Ode viii.

We praise and we bless and we worship the Lord.

Babylon's bedewing furnace bore the image * of an extraordinary wonder. * For it did not burn the youths it accepted, * nor did the fire of Divinity consume the Virgin's womb wherein it went. * So let us melodiously chant in praise: * Let all creation

bless and extol the Lord, * and let it exalt Him supremely to the ages. [5D]

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix. Megalynarion. Mode 1.

Verse: My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NKIVI]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse: For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever. [NKIVI]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Ode ix. Katavasia. Mode 1.

O my soul, magnify her who is greater in honor and in glory than the armies of heaven.

I see here a strange and paradoxical mystery. * For, behold, the grotto is heaven; * cherubic throne is the Virgin; * the manger a grand space * in which Christ our God the uncontainable reclined as a babe; * Whom in extolling do we magnify.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Exaposteilarion.

From Menaion -

Mode 3. *N/M* (*The Elder*.)

You made the desert a city, divinely-wise Father Sabbas,/with your ways of loving wisdom!/Adornment of the fathers,/you made it a perfect spiritual paradise,/blossoming with the divine flowers of those with similar ways,//who fittingly celebrate your holy memory! [OCA]

Another.

Mode 3. O Logos, light unaltered.

Let the wilderness rejoice * and blossom forth like a lily; * for you have increased her children, * O Godly-minded Savas.* And let the region of Jordan * today be joyfully exultant * at your divine memorial. [SD]

Theotokion.

Mode 3. O Logos, light unaltered.

O Tower fashioned of pure gold, * and City which has a twelvefold wall, * O Throne aglitter with sunshine, * magnificent Chair of the King, * incomprehensible wonder, * how did you nurse the Master?

Lauds. Mode 1.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

To fulfill among them the written judgment: this glory have all His holy ones.

Praise God in His saints; praise Him in the firmament of His power.

Stichera. For the Devout Man.

From Menaion --- **Mode 1.** For the celestial orders.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

The Godly-minded Saint Savas, being a sojourner, * disdaining earthly matters * and in love with the heavens, * and a desert-dweller, invites us all * to observe the time-honored day * of his departure to God and to celebrate * his memorial with faith and love.

[SD]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

The Godly-minded Saint Savas, being a sojourner, * disdaining earthly matters * and in love with the heavens, * and a desert-dweller, invites us all * to observe the time-honored day * of his departure to God and to celebrate * his memorial with faith and love.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Since you became by your virtues outside the flesh and the world * and did throughout your lifetime * glorify through those virtues * the Lord of glory, worthily He in turn * glorified you and showed you forth * as a divine spring of healings for us on earth, * Father Savas, wise and God-inspired. [5D]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Modest and innocent, gentle, simple and quiet too, * in superhuman measure, were you truly, O Father. * You were known as worthy in every way, * as a spiritual house of God, * while yet material. And sympathetically * you transmit to us the gifts He gave you.

Glory.

From Menaion - - -

Mode pl. 2.

Devout Father, the proclamation of your achievements went forth into all the earth. For your labors you found the reward in heaven. You destroyed the arrays of demons, and you attained to the orders of the Angels, whose lifestyle you emulated blamelessly. Since you

have confidence before Christ our God, ask Him to grant peace to our souls. [5D]

From Octoechos - - -

Both now. Theotokion.

Theotokos, you are the true vine that produced the fruit of life. Lady, we fervently entreat you to intercede along with the devout one and all the saints, that our souls be treated mercifully.

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [5D]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Apolytikion. For the Devout Man. Mode pl. 4.

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O Savas, our devout father. Intercede with Christ our God, for the salvation of our souls.