

**Menaion - January 25**

Memory of our Father among the Saints  
Gregory the Theologian, Archbishop of  
Constantinople.

**LITURGY**

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**Antiphon I. Mode 2.**

**Verse 1:** Bless the Lord, O my soul, and everything within me, bless His holy name. [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

**Verse 2:** Bless the Lord, O my soul, and forget not all His rewards. [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us.

**Verse 3:** The Lord prepared His throne in heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages.  
Amen.*

Through the intercessions of the  
Theotokos, Savior, save us.

**Antiphon II. Mode 2.**

**Verse 1:** Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist. [SAAS]

Save us, O Son of God, Who are wondrous  
in Your saints, we sing to You, Alleluia. [GOA]

**Verse 2:** Blessed is he whose help is the God of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, Who are wondrous  
in Your saints, we sing to You, Alleluia.

**Verse 3:** The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

Save us, O Son of God, Who are wondrous  
in Your saints, we sing to You, Alleluia.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages.  
Amen.*

Only begotten Son and Logos of God,  
being immortal, You condescended for  
our salvation to take flesh from the holy  
Theotokos and ever-virgin Mary and, without  
change, became man. Christ, our God, You  
were crucified and conquered death by death.  
Being one of the Holy Trinity, glorified with  
the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III.**

**Apolytikion.**

From Menaion - - -

**Mode 1.**

The shepherd's pipe of your theology  
overpowered the trumpets of the orators; for  
as you delved into the depths of the Spirit,  
so you were endowed with the power of  
eloquence. Father Gregory, intercede with  
Christ God, to save our souls. [SD]



*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Mode 1.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

[RSV]

**Canon 1 for the Saint.**

**Ode iii. Mode 1. N/M (To the Son, begotten.)**

From Menaion - - -

*Blessed are the merciful, for they shall obtain mercy.* [RSV]

You possessed a well-spring of wisdom/ which ever pours out your most wise teachings, blessed one./ You filled the Church of Christ with this/ and it cries out to the God of all:/ Holy are You, O Lord! [OCA]

*Blessed are the pure in heart, for they shall see God.* [RSV]

The trumpet voice and herald of piety,/ the far-famed preacher of theology,/ is set forth as a rich treasure of the vision of God!/ He distributes to us the wealth which cannot be taken away. [OCA]

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

The orator of fiery spirit,/ the God-proclaiming flute of grace,/ pre-eminently thunders forth theological inspiration/ and divinely inspired words!/ He plays for us the hymn of the Essence in three Persons. [OCA]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

**Theotokion.**

Theotokos, Queen of all creation,/ You gave birth to Christ for the salvation of us on earth:/ never cease to pray to Him/ that He may save those who sing hymns to you. [OCA]

**Canon 2 for the Saint.**

From Menaion - - -

**Ode vi. Mode 1. (N/M)**

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

Your mind was not overwhelmed,/ while you searched the depths of the abyss of God/ to draw out the pearl, most noble Gregory./ You devoted your silence to the Master, as much as your words. [OCA]

*Rejoice and be glad, for your reward is great in heaven.* [RSV]

Your mind was not overwhelmed,/ while you searched the depths of the abyss of God/ to draw out the pearl, most noble Gregory./ You devoted your silence to the Master, as much as your words. [OCA]

Glory.

With pure prayer, you stilled the raging sea,/ and spit out the brine of strange

opinions, Gregory./ As heavenly water from  
the Master, you watered the faithful. [OCA]

Both now. **Theotokion.**

The mystery of your ineffable and strange  
childbearing/ is beyond human thought,  
Virgin Mother of God,/ for while giving birth  
to the Creator of all,/ you have remained  
Virgin. [OCA]

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down  
before Christ. Save us, O Son of God, Who  
are wondrous in Your saints, we sing to You,  
Alleluia. [GOA]

**Hymns After the Small Entrance.**

**Apolytikion.**

From Menaion - - -

**Mode 1.**

The shepherd's pipe of your theology  
overpowered the trumpets of the orators; for  
as you delved into the depths of the Spirit,  
so you were endowed with the power of  
eloquence. Father Gregory, intercede with  
Christ God, to save our souls. [SD]

**(Apolytikion of the Parish Church)**

(The text of the Apolytikion of the local  
church goes here.)

From Menaion - - -

**Kontakion.**

**Mode 1.**

You sanctified the virginal womb by  
Your birth, O Lord, and blessed the hands of  
Symeon fittingly, O Christ God; and even now  
You came and saved us. Now, give peace to  
our Nation in time of war, and empower our  
Leaders, so loved by You, the only one who  
loves humanity. [SD]

**THE TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal,  
have mercy on us. (3) [GOA]

*Glory to the Father and the Son and the Holy  
Spirit. Both now and ever and to the ages of ages.  
Amen.*

Holy Immortal, have mercy on us.

**The Epistle**

For the Saint.

**Prokeimenon. Mode 1. Psalm 48.**

My mouth shall speak wisdom. [SAAS]

**Verse:** *Hear this, all you nations.* [SAAS]

The reading is from Paul's Letter to the  
Hebrews.

(7:26-28; 8:1-2)

Brethren, it was fitting that we should  
have such a high priest, holy, blameless,  
unstained, separated from sinners, exalted  
above the heavens. He has no need, like those  
high priests, to offer sacrifices daily, first for  
his own sins and then for those of the people;  
he did this once for all when he offered up  
himself. Indeed, the law appoints men in their  
weakness as high priests, but the word of the  
oath, which came later than the law, appoints  
a Son who has been made perfect for ever.  
Now the point in what we are saying is this:  
we have such a high priest, one who is seated  
at the right hand of the throne of the Majesty  
in heaven, a minister in the sanctuary and the  
true tent which is set up not by man but by the  
Lord. [RSV]

**Alleluia. Mode 2. Psalm 77.**

Alleluia. Alleluia. Alleluia.

**Verse 1:** *Give heed, O my people, to my law.*

[SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *I shall open my mouth in parables.*

[SAAS]

Alleluia. Alleluia. Alleluia.

## **The Gospel**

For the Saint.

The reading is from the Holy Gospel according to John.

(10:9-16)

The Lord said, "I am the door; if any one enters by me, he will be saved, and will go in and out and find pasture. The thief comes only to steal and kill and destroy; I came that they may have life, and have it abundantly. I am the good shepherd. The good shepherd lays down his life for the sheep. He who is a hireling and not a shepherd, whose own the sheep are not, sees the wolf coming and leaves the sheep and flees; and the wolf snatches them and scatters them. He flees because he is a hireling and cares nothing for the sheep. I am the good shepherd; I know my own and my own know me, as the Father knows me and I know the Father; and I lay down my life for the sheep. And I have other sheep, that are not of this fold; I must bring them also, and they will heed my voice. So there shall be one flock, one shepherd." [RSV]

## **Hymn to the Theotokos.**

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

## **Communion Hymn. Psalm 111/112.**

The righteous will be remembered for ever. Alleluia. [RSV]

## **Hymn after Holy Communion.**

### **Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

## **THE DISMISSAL**

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, our father among the saints Gregory the Theologian, Archbishop of Constantinople, whose memory we celebrate; and of all the saints, have mercy on us and save us, for He is good and loves mankind.

## **Fasting Rule**

*Wine: Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.*

*It is a minor feast.*