

Ὁκτώηχος - Ἦχος β'.

Τῷ Σαββάτῳ Πρωῖ

Μηναιὸν - ΤΗΙ Β' ΝΟΕΜΒΡΙΟΥ

Μνήμη τῶν Ἁγίων Μαρτύρων
Ἀκινδύνου, Πηγασίου, Ἀφθονίου,
Ἐλπιδηφόρου καὶ Ἀνεμποδίστου

ΛΕΙΤΟΥΡΓΙΑ

Ἀντίφωνον Α'. Ἦχος β'.

Στίχ. α'. Ἀγαθὸν τὸ ἐξομολογεῖσθαι τῷ
Κυρίῳ, καὶ ψάλλειν τῷ ὀνόματί σου, Ὑψιστε.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Στίχ. β'. Τοῦ ἀναγγέλλειν τῷ πρωῖ τὸ
ἔλεός σου, καὶ τὴν ἀλήθειάν σου κατὰ νύκτα.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Στίχ. γ'. Ὅτι εὐθὴς Κύριος ὁ Θεὸς ἡμῶν,
καὶ οὐκ ἔστιν ἀδικία ἐν αὐτῷ.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Octoechos - Mode 2.

On Saturday Morning

Menaion - November 2

Memory of the Holy Martyrs Akindynos,
Pegasios, Afthonios, Elpidophoros, and
Anembodistos

LITURGY

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Antiphon I. Mode 2.

Verse 1: *It is good to give thanks to the Lord and to sing to Your name, O Most High.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 2: *To proclaim Your mercy in the morning and Your truth at night.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Verse 3: *The Lord my God is upright, and there is no wrongdoing in Him.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages.
Amen.

Through the intercessions of the
Theotokos, Savior, save us.

Ἀντίφωνον Β'. Ἦχος β'.

Στίχ. α'. Ὁ Κύριος ἐβασίλευσεν,
εὐπρέπειαν ἐνεδύσατο, ἐνεδύσατο Κύριος
δύναμιν καὶ περιεζώσατο.

ἤ·

Στίχ. α'. Δεῦτε ἀγαλλιασώμεθα τῷ Κυρίῳ,
ἀλαλάζωμεν τῷ Θεῷ τῷ Σωτῆρι ἡμῶν.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις
θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Στίχ. β'. Καὶ γὰρ ἐστερέωσε τὴν
οἰκουμένην, ἣτις οὐ σαλευθήσεται.

ἤ·

Στίχ. β'. Προφθάσωμεν τὸ πρόσωπον
αὐτοῦ ἐν ἐξομολογήσει, καὶ ἐν ψαλμοῖς
ἀλαλάζωμεν αὐτῷ, ὅτι Θεὸς μέγας, Κύριος καὶ
Βασιλεὺς μέγας ἐπὶ πᾶσαν τὴν γῆν.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις
θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Στίχ. γ'. Τῷ οἴκῳ σου πρέπει ἁγίασμα,
Κύριε, εἰς μακρότητα ἡμερῶν.

ἤ·

Στίχ. γ'. Ὅτι ἐν τῇ χειρὶ αὐτοῦ τὰ πέρατα
τῆς γῆς, καὶ τὰ ὕψη τῶν ὀρέων αὐτοῦ εἰσιν· ὅτι
αὐτοῦ ἐστὶν ἡ θάλασσα, καὶ αὐτὸς ἐποίησεν
αὐτήν, καὶ τὴν ξηρὰν αἱ χεῖρες αὐτοῦ ἔπλασαν.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις
θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ὁ Μονογενὴς Υἱὸς καὶ Λόγος τοῦ Θεοῦ,
ἀθάνατος ὑπάρχων καὶ καταδεξάμενος διὰ

Antiphon II. Mode 2.

Verse 1: The Lord reigns; He clothed Himself
with majesty; the Lord clothed and girded Himself
with power. [SAAS]

or:

Verse 1: Come, let us greatly rejoice in the Lord;
let us shout aloud to God our savior. [SAAS]

Save us, O Son of God, Who are
wondrous in Your saints. We sing to You,
Alleluia. [GOA]

Verse 2: And He established the world,
which shall not be moved. [SAAS]

or:

Verse 2: Let us come before His face with
thanksgiving, and let us shout aloud to Him with
psalms. For the Lord is a great God, a great King over
all the earth. [SAAS]

Save us, O Son of God, Who are
wondrous in Your saints. We sing to You,
Alleluia.

Verse 3: Holiness is proper to Your house, O
Lord, unto length of days. [SAAS]

or:

Verse 3: For in His hand are the ends of the
earth, and the heights of the mountains are His. For
the sea is His, and He made it, and His hands formed
the dry land. [SAAS]

Save us, O Son of God, Who are
wondrous in Your saints. We sing to You,
Alleluia.

Glory to the Father and the Son and the Holy
Spirit.

Both now and ever and to the ages of ages.
Amen.

Only begotten Son and Logos of God,
being immortal, You condescended for

τὴν ἡμετέραν σωτηρίαν σαρκωθῆναι ἐκ τῆς
ἀγίας Θεοτόκου καὶ ἀειπαρθένου Μαρίας,
ἀτρέπτως ἐνανθρωπήσας, σταυρωθεὶς τε,
Χριστὲ ὁ Θεός, θανάτῳ θάνατον πατήσας,
εἰς ὧν τῆς Ἀγίας Τριάδος, συνδοξαζόμενος
τῷ Πατρὶ καὶ τῷ Ἁγίῳ Πνεύματι, σῶσον
ἡμᾶς.

Ἀντίφωνον Γ'.

Ἀπολυτίκιον.

Τοῦ Μηναίου - - -

Ἦχος β'.

Ἀθλοφόροι Κυρίου, μακαρία ἡ γῆ ἡ
πιανθεῖσα τοῖς αἵμασιν ὑμῶν, καὶ ἅγιοι αἱ
σκηναί, αἱ δεξάμεναι τὰ σώματα ὑμῶν· ἐν
σταδίῳ γὰρ τὸν ἐχθρὸν ἐθριαμβεύσατε, καὶ
Χριστὸν μετὰ παρρησίας ἐκηρύξατε, αὐτὸν
ὡς ἀγαθὸν ἰκετεύσατε, σωθῆναι δεόμεθα
τὰς ψυχὰς ἡμῶν.

our salvation to take flesh from the holy
Theotokos and ever-virgin Mary and, without
change, became man. Christ, our God, You
were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion.

From Menaion - - -

Mode 2.

O victorious Athletes of the Lord, blessed
is the ground that was watered with your
blood, and holy are the dwellings that
received your spirits. You prevailed over
the enemy in the stadium, and you openly
proclaimed Christ. We pray you will earnestly
entreat Him for us, that He save our souls,
since He is good. [SD]

*Ἡ, ἀντὶ τῶν Ἀντιφώνων, κατὰ τὸ τυπικόν,
ψάλλονται τὰ Τυπικά καὶ οἱ Μακαρισμοί.*

Ψαλμὸς 102.

Ψαλμὸς 145.

Οἱ Μακαρισμοί.

Ἦχος β'.

Ἐν τῇ Βασιλείᾳ σου μνήσθητι ἡμῶν
Κύριε, ὅταν ἔλθῃς ἐν τῇ Βασιλείᾳ σου.
Μακάριοι οἱ πτωχοὶ τῷ πνεύματι, ὅτι αὐτῶν
ἐστὶν ἡ Βασιλεία τῶν οὐρανῶν.

Μακάριοι οἱ πενθοῦντες, ὅτι αὐτοὶ
παρακληθήσονται.

Μακάριοι οἱ πραεῖς, ὅτι αὐτοὶ
κληρονομήσουσι τὴν γῆν.

Μακάριοι οἱ πεινῶντες καὶ διψῶντες τὴν
δικαιοσύνην, ὅτι αὐτοὶ χορτασθήσονται.

Μακάριοι οἱ ἐλεήμονες, ὅτι αὐτοὶ
ἐλεηθήσονται.

Μακάριοι οἱ καθαροὶ τῇ καρδίᾳ, ὅτι
αὐτοὶ τὸν Θεὸν ὄψονται.

Τροπάρια.

Τῆς Ὁκτωήχου - - -

Μακάριοι οἱ εἰρηνοποιοί, ὅτι αὐτοὶ ὕιοι
Θεοῦ κληθήσονται.

Τὴν φωνὴν σοι προσάγομεν, τοῦ
Ληστοῦ, καὶ βοῶμέν σοι Μνήσθητι ἡμῶν
Σωτήρ, ἐν τῇ Βασιλείᾳ σου.

*An optional alternative to the Antiphons are the Typika
(Psalms 102 and 145), and the Beatitudes with the appointed
troparia, which are provided here.*

Psalm 102.

Psalm 145.

The Beatitudes.

Mode 2.

In Your kingdom. Remember us, O Lord,
when You come in Your kingdom. Blessed are
the poor in spirit, for theirs is the kingdom of
heaven [RSV]

Blessed are those who mourn, for they
shall be comforted. [RSV]

Blessed are the meek, for they shall inherit
the earth. [RSV]

Blessed are those who hunger and thirst
for righteousness, for they shall be satisfied.
[RSV]

Blessed are the merciful, for they shall
obtain mercy. [RSV]

Blessed are the pure in heart, for they
shall see God. [RSV]

Troparia.

From Octoechos - - -

*Blessed are the peacemakers, for they shall be
called sons of God. [RSV]*

We present You the robber's words and
we prayerfully echo them; and like him we
cry out, O Savior: In Your kingdom remember
us. [SD]

Μακάριοι οἱ δεδιωγμένοι ἕνεκεν
δικαιοσύνης, ὅτι αὐτῶν ἐστὶν ἡ Βασιλεία τῶν
οὐρανῶν.

Τοῦ Χριστοῦ τὰ παθήματα, μιμησάμενοι
Μάρτυρες, πάθη ποικίλα βροτῶν, ἀεὶ
θεραπεύετε.

Μακάριοι ἐστὲ ὅταν ὀνειδίσωσιν ὑμᾶς,
καὶ διώξωσι, καὶ εἰπωσι πᾶν πονηρὸν ῥῆμα
καθ' ὑμῶν, ψευδόμενοι ἕνεκεν ἐμοῦ.

Σὺν Προφήταις Ἀπόστολοι, σὺν Ὁσίοις
Διδάσκαλοι, τῷ πάντων Δημιουργῷ, καλῶς
εὐηρέστησαν.

Χαίρετε καὶ ἀγαλλιᾶσθε, ὅτι ὁ μισθὸς
ὑμῶν πολὺς ἐν τοῖς οὐρανοῖς.

Μετὰ πάντων ἀνάπαυσον, τῶν Ἁγίων
σου Κύριε, οὓς προσελάβου πιστοῦς,
δεόμεθα δούλους σου.

Δόξα.

Ὡ Τριάς ὁμοούσιε, τοὺς ὑμνοῦντάς
σε οἴκτειρον, ἐκ τῶν σκανδάλων ἐχθροῦ,
πάντας λυτρουμένη ἀεὶ.

Καὶ νῦν. **Θεοτοκίον.**

Τὰς δεήσεις τῶν δούλων σου, μὴ
παρίδης Πανάμωμε, σφῶζουσα ἡμᾶς ἐκ
πολλῶν πταισμάτων καὶ θλίψεων.

*Blessed are those who are persecuted for
righteousness' sake, for theirs is the kingdom of
heaven. [RSV]*

Holy Martyrs, since you have imitated
Christ's sufferings, * you continually cure all
kinds of human suffering. [SD]

*Blessed are you when men revile you and
persecute you and utter all kinds of evil against
you falsely [for my sake]. [RSV]*

The Apostles, monastic Saints, holy
Teachers and Prophets all * were well
pleasing to the Lord and Creator of the
universe. [SD]

*Rejoice and be glad, for your reward is great
in heaven. [RSV]*

We entreat You, O God on high, grant
repose there with all Your saints * to Your
faithful servants whom You took to yourself,
O Lord. [SD]

Glory.

Consubstantial Trinity, have compassion
on those who sing * glorifying You, and ever
save them from the snares of the foe. [SD]

Both now. **Theotokion.**

Overlook not the prayers of us your
servants, all-blameless Maid; * save us from
afflictions that result from our many sins. [SD]

Εἰσοδικόν. Ἦχος β'.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱέ
Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς
σοι, Ἀλληλουῖα.

**Ὑμνοι μετὰ τὴν Μικρὰν Εἴσοδον
Ἀπολυτίκιον.**

Τοῦ Μηναίου ---

Ἦχος β'.

Ἀθλοφόροι Κυρίου, μακαρία ἡ γῆ ἡ
πιανθεῖσα τοῖς αἵμασιν ὑμῶν, καὶ ἅγιοι αἱ
σκηναί, αἱ δεξάμεναι τὰ σώματα ὑμῶν· ἐν
σταδίῳ γὰρ τὸν ἐχθρὸν ἐθριαμβεύσατε, καὶ
Χριστὸν μετὰ παρρησίας ἐκηρύξατε, αὐτὸν
ὡς ἀγαθὸν ἰκετεύσατε, σωθῆναι δεόμεθα
τὰς ψυχὰς ἡμῶν.

Τοῦ Ναοῦ.

(Τὸ Ἀπολυτίκιον τοῦ Ναοῦ.)

Κοντάκιον. Τῶν Μαρτύρων.

Ἦχος πλ. δ'. Αὐτόμελον.

Ὡς ἀπαρχὰς τῆς φύσεως, τῷ φυτουργῷ
τῆς κτίσεως, ἡ οἰκουμένη προσφέρει
σοι Κύριε, τοὺς θεοφόρους Μάρτυρας·
ταῖς αὐτῶν ἰκεσίαις, ἐν εἰρήνῃ βαθεῖα,
τὴν Ἐκκλησίαν σου, διὰ τῆς Θεοτόκου
συντήρησον, πολυέλεε.

Ο ΤΡΙΣΑΓΙΟΣ ΥΜΝΟΣ

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Entrance Hymn. Mode 2.

Come, let us worship and bow down
before Christ. Save us, O Son of God, Who
are wondrous in Your saints. We sing to You,
Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion.**

From Menaion ---

Mode 2.

O victorious Athletes of the Lord, blessed
is the ground that was watered with your
blood, and holy are the dwellings that
received your spirits. You prevailed over
the enemy in the stadium, and you openly
proclaimed Christ. We pray you will earnestly
entreat Him for us, that He save our souls,
since He is good. [SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local
church goes here.)

Kontakion. For the Martyrs.

Mode pl. 4. Automelon.

O Planter of creation, Lord, to You does
the entire world bring as an offering the
God-bearing martyr Saints, as being nature's
first fruits. At their earnest entreaties, keep
Your Church in a state of profoundest peace,
through the Theotokos, O Lord abundantly
merciful. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3) [GOA]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ὁ Ἀπόστολος

ΣΑΒΒΑΤΟΝ Κ' ΕΒΔΟΜΑΔΟΣ

Προκείμενον. Ἦχος πλ. β'. Ψαλμὸς 31.

Εὐφράνθητε ἐπὶ Κύριον καὶ
ἀγαλλιᾶσθε, δίκαιοι.

Στίχ. Μακάριοι ὧν ἀφέθησαν αἱ ἀνομίαι
καὶ ὧν ἐπεκαλύφθησαν αἱ ἁμαρτίαι.

2Κορ 1:8-11

Ἀδελφοί, οὐ θέλομεν ὑμᾶς ἀγνοεῖν,
ὕπερ τῆς θλίψεως ἡμῶν τῆς γενομένης
ἡμῖν ἐν τῇ Ἀσίᾳ, ὅτι καθ' ὑπερβολὴν
ἐβαρῆθημεν ὑπὲρ δύναμιν, ὥστε
ἐξαπορηθῆναι ἡμᾶς καὶ τοῦ ζῆν· ἀλλὰ
αὐτοὶ ἐν ἑαυτοῖς τὸ ἀπόκριμα τοῦ θανάτου
ἐσχήκαμεν, ἵνα μὴ πεποιθότες ὦμεν ἐφ'
ἑαυτοῖς, ἀλλ' ἐπὶ τῷ Θεῷ τῷ ἐγείροντι
τοὺς νεκρούς· ὃς ἐκ τηλικούτου θανάτου
ἐρρύσατο ἡμᾶς καὶ ῥύεται, εἰς ὃν ἠλπίκαμεν
ὅτι καὶ ἔτι ῥύσεται, συνυπουργούντων καὶ
ὑμῶν ὑπὲρ ἡμῶν τῇ δεήσει, ἵνα ἐκ πολλῶν
προσώπων τὸ εἰς ἡμᾶς χάρισμα διὰ πολλῶν
εὐχαριστηθῇ ὑπὲρ ἡμῶν.

Ἀλληλουῖα. Ἦχος πλ. β'. Ψαλμοὶ 64, 101.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.

Στίχ. α'. Μακάριοι οὓς ἐξελέξω καὶ
προσελάβου, Κύριε.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.

Στίχ. β'. Καὶ τὸ μνημόσυνον αὐτῶν εἰς
γενεὰν καὶ γενεάν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.

Holy Immortal, have mercy on us.

The Epistle

SATURDAY OF THE TWENTIETH WEEK

Prokeimenon. Mode pl. 2. Psalm 31.

Be glad in the Lord and rejoice greatly.

[SAAS]

Verse: *Blessed are those whose
transgressions are forgiven, and whose sins are
covered.* [SAAS]

2 Cor. 1:8-11

Brethren, we do not want you to be
ignorant of the affliction we experienced
in Asia; for we were so utterly, unbearably
crushed that we despaired of life itself. Why,
we felt that we had received the sentence of
death; but that was to make us rely not on
ourselves but on God who raises the dead; he
delivered us from so deadly a peril, and he
will deliver us; on him we have set our hope
that he will deliver us again. You also must
help us by prayer, so that many will give
thanks on our behalf for the blessing granted
us in answer to many prayers. [RSV]

Alleluia. Mode pl. 2. Psalms 64, 101.

Alleluia. Alleluia. Alleluia.

Verse 1: *Blessed are they whom You have
chosen and received, O Lord.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *And their memorial abides from
generation to generation.* [SAAS]

Alleluia. Alleluia. Alleluia.

Τὸ Εὐαγγέλιον

ΤΩΙ ΣΑΒΒΑΤΩΙ ΤΗΣ Ζ' ΕΒΔΟΜΑΔΟΣ ΤΟΥ ΛΟΥΚΑ

Λου θ' 1 - 6

Τῷ καιρῷ ἐκείνῳ, συγκαλεσάμενος ὁ Ἰησοῦς τοὺς δώδεκα μαθητὰς αὐτοῦ ἔδωκεν αὐτοῖς δύναμιν καὶ ἐξουσίαν ἐπὶ πάντα τὰ δαιμόνια καὶ νόσους θεραπεύειν· καὶ ἀπέστειλεν αὐτοὺς κηρῦσσειν τὴν βασιλείαν τοῦ Θεοῦ καὶ ἰᾶσθαι τοὺς ἀσθενοῦντας, καὶ εἶπε πρὸς αὐτούς· Μηδὲν αἶρετε εἰς τὴν ὁδόν, μήτε ῥάβδους μήτε πήραν μήτε ἄρτον μήτε ἀργύριον μήτε ἀνὰ δύο χιτῶνας ἔχειν. καὶ εἰς ἣν ἂν οἰκίαν εἰσέλθῃτε, ἐκεῖ μένετε καὶ ἐκεῖθεν ἐξέρχεσθε. καὶ ὅσοι ἐὰν μὴ δέξωνται ὑμᾶς, ἐξερχόμενοι ἀπὸ τῆς πόλεως ἐκείνης τὸν κονιορτὸν ἀπὸ τῶν ποδῶν ὑμῶν ἀποτινάξατε εἰς μαρτύριον ἐπ' αὐτούς. ἐξερχόμενοι δὲ διήρχοντο κατὰ τὰς κώμας εὐαγγελιζόμενοι καὶ θεραπεύοντες πανταχοῦ.

Ὕμνος εἰς τὴν Θεοτόκον.

Ἄξιόν ἐστιν ὡς ἀληθῶς μακαρίζειν σε τὴν Θεοτόκον, τὴν ἀειμακάριστον καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ ἡμῶν. Τὴν τιμιωτέραν τῶν Χερουβείμ καὶ ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Κοινωνικόν. Ψαλμοὶ 64, 101.

Μακάριοι οὓς ἐξελέξω καὶ προσελάβου, Κύριε. Καὶ τὸ μνημόσυνον αὐτῶν εἰς γενεὰν καὶ γενεάν. Ἀλληλούϊα.

The Gospel

Saturday of the Seventh Week of Luke

Lk. 9:1-6

At that time, Jesus called the twelve together and gave them power and authority over all demons and to cure diseases, and he sent them out to preach the kingdom of God and to heal. And he said to them, "Take nothing for your journey, no staff, nor bag, nor bread, nor money; and do not have two tunics. And whatever house you enter, stay there, and from there depart. And wherever they do not receive you, when you leave that town shake off the dust from your feet as a testimony against them." And they departed and went through the villages, preaching the gospel and healing everywhere. [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalms 64, 101.

Blessed are they whom You have chosen and received, O Lord. Their memorial abides from generation to generation. Alleluia. [SAAS]

**Ὑμνος μετὰ τὴν Θ. Κοινωνίαν.
Ἦχος β'.**

Εἶδομεν τὸ φῶς τὸ ἀληθινόν, ἐλάβομεν
Πνεῦμα ἐπουράνιον, εὗρομεν πίστιν ἀληθῆ,
ἀδιαίρετον Τριάδα προσκυνοῦντες· αὕτη
γὰρ ἡμᾶς ἔσωσεν.

ΑΠΟΛΥΣΙΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,
ταῖς πρεσβείαις τῆς παναχράντου
καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,
προστασίαις τῶν τιμίων ἐπουρανίων
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου,
ἐνδόξου, προφήτου, Προδρόμου καὶ
βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων
καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν
όσιων καὶ θεοφόρων Πατέρων ἡμῶν· **(τοῦ**
Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων
Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ τῶν
Ἁγίων Μαρτύρων Ἀκινδύνου, Πηγασίου,
Ἀφθονίου, Ἐλπιδηφόρου καὶ Ἀνεμποδίστου,
ῶν καὶ τὴν μνήμην ἐπιτελοῦμεν· καὶ
πάντων τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι
ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

Κανόνας Νηστείας
Κατάλυσις εἰς πάντα.

**Hymn after Holy Communion.
Mode 2.**

We have seen the true light; we have
received the heavenly Spirit; we have found
the true faith, worshipping the undivided
Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through
the intercessions of His all-pure and all-
immaculate holy Mother, the power of the
precious and life-giving Cross, the protection
of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, the
holy Martyrs Akindinos, Pigasios, Afthonios,
Elpidophoros, and Anembodistos, whose
memory we observe, and of all the saints,
have mercy on us and save us, for He is good
and loves mankind.

Fasting Rule
Fast Free: All foods allowed.