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The Service of Vespers

on Monday Evening

for Tuesday, April 16, 2019

**Triodion - On Monday Before Palm Sunday
at Vespers**

**Menaion - April 16
Memory of the Holy Women Marytrs: Charity, Peace, and Snow**

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Triodion

On Monday Before Palm Sunday at
Vespers

Menaion - April 16

Memory of the Holy Women Marytrs:
Charity, Peace, and Snow

VESPERS

PRIEST

Blessed is our God always, now and ever,
and to the ages of ages.

(Amen.)

READER

Come, let us worship and bow down
before God our King.

Come, let us worship and bow down
before Christ God our King.

Come, let us worship and bow down
before Him, Christ our King and God.

Psalm 103 (104).

Bless the Lord, O my soul. O Lord my
God, You are magnified exceedingly; You
clothe Yourself with thanksgiving and
majesty, who cover Yourself with light as
with a garment, who stretch out the heavens
like a curtain; You are He who covers His
upper chambers with water, who makes the
clouds His means of approach, who walks
on the wings of the winds, who makes His
angels spirits and His ministers a flame of
fire. He established the earth on its stable
foundation; it shall not be moved unto ages of
ages. The deep like a garment is His covering;
the waters shall stand upon the mountains;
at Your rebuke they shall flee; at the sound
of Your thunder, they shall be afraid. The
mountains rise up, and the plains sink down

to the place You founded for them. You set
a boundary they shall not pass over; neither
shall they return to cover the earth. You are
He who sends springs into the valley; the
waters shall pass between the mountains;
they shall give drink to all the wild animals
of the field; the wild asses shall quench their
thirst; the birds of heaven shall dwell beside
them; they shall sing from the midst of the
rocks. You are He who waters the mountains
from His higher places; the earth shall be
satisfied with the fruit of Your works. You are
He who causes grass to grow for the cattle,
and the green plant for the service of man, to
bring forth bread from the earth; and wine
gladdens the heart of man, to brighten his face
with oil; and bread strengthens man's heart.
The trees of the plain shall be full of fruit,
the cedars of Lebanon, which You planted;
there the sparrows shall make their nests;
the house of the heron takes the lead among
them. The high mountains are for the deer; the
cliff is a refuge for the rabbits. He made the
moon for seasons; the sun knows its setting.
You established darkness, and it was night,
wherein all the wild animals of the forest
will prowl about; the young lions roar and
snatch their prey, and seek their food from
God. The sun arises, and they are gathered
together; and they shall be put to bed in their
dens. Man shall go out to his work and to his
labor until evening. O Lord, Your works shall
be magnified greatly; You made all things
in wisdom; the earth was filled with Your
creation. There is this great and spacious sea:
the creeping things are there without number;
the living things are there, both small and
great; there the ships pass through; there is

this dragon You formed to play therein. All things wait upon You, that You may give them food in due season. When You give it to them, they shall gather it; when You open Your hand, all things shall be filled with Your goodness. But when You turn Your face away, they shall be troubled; when You take away their breath, they shall die and return again to their dust. You shall send forth Your Spirit, and they shall be created, and You shall renew the face of the earth. Let the glory of the Lord be forever; the Lord shall be glad in His works; He looks upon the earth and makes it tremble; He touches the mountains, and they smoke. I will sing to the Lord all my life; I will sing to my God as long as I exist; may my words be pleasing to Him, and I shall be glad in the Lord. May sinners cease from the earth, and the lawless, so as to be no more. Bless the Lord, O my soul.

The sun knows its setting. You established darkness, and it was night.

O Lord, Your works shall be magnified greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Our hope, O Lord, glory to You.

While the Opening Psalm is being read the Priest, bareheaded and standing in front of the Holy Table, says quietly the following Prayers at the Lighting of the Lamps.

PRIEST (*inaudibly*)

1st Prayer

O Lord, compassionate and merciful, long-suffering and full of mercy, listen to our prayer and attend to the voice of our supplication. Make for us a sign for good. Guide us in your way, to walk in your truth. Make glad our hearts to fear your holy Name, because you are great and do wondrous things. You alone are God, and there is none like you, O Lord, among gods: powerful in mercy and loving in strength to help and to console and to save all who hope in your holy Name. [EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

2nd Prayer

Lord, do not rebuke us in your anger, nor chastise us in your wrath, but deal with us in accordance with your kindness, physician and healer of our souls. Guide us to the harbour of your will. Enlighten the eyes of our hearts to the knowledge of your truth and grant that the rest of the present day and the whole time of our life may be peaceful and without sin, at the prayers of the holy Mother of God and of all the Saints. [EL]

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

3rd Prayer

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will. [EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

4th Prayer

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints. [EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

5th Prayer

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault. [EL]

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen. [EL]

6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind. [EL]

For you are our God and to you we give glory, to the Father, the Son and the Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

7th Prayer

Great and most high God, who alone possess immortality, who dwell in unapproachable light, who fashioned all creation with wisdom, who made the separation between the light and the darkness and who placed the sun to have authority over the day and the moon and the stars to have authority over the night, who have counted us sinners worthy even at this present hour to come into your presence with confession and thanksgiving and to offer you our evening hymn of glory; do you, O Lord who love mankind, direct our prayer like incense

before you and accept it as a savour of sweet fragrance. Grant us that the present evening and the coming night may be peaceful, clothe us with weapons of light, deliver us from every night-time fear and from every deed that walks in darkness. And give us sleep, which you have bestowed on us for our rest in our weakness, freed from every fantasy of the devil. Yes, Master of all things, giver of blessings, may we also be filled with compunction on our beds and call to mind your Name in the night, and enlightened by meditation on your commandments may we rise with gladness of soul to give glory to your loving-kindness, as we bring to your compassion supplications and entreaties on behalf of our own sins and those of all your people. At the prayers of the holy Mother of God visit them with mercy. [EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

When the Opening Psalm is completed the Priest, in front of the Holy Table, or the Deacon in his usual place outside the Holy Doors, says the Litany of Peace.

DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

For those who travel by land, sea, and air, for the sick, the suffering, the captives and for their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 18. It would be followed by the short litany.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Mode 1.

Lord, I have cried to You; hear me. Hear me, O Lord. Lord, I have cried to You; hear me. Give heed to the voice of my supplication when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of enclosure about my lips.

Incline not my heart to evil words, to make excuses in sins.

With men who work lawlessness; and I will not join with their choice ones.

The righteous man shall correct me with mercy, and he shall reprove me; but let not the oil of the sinner anoint my head.

For my prayer shall be intense in the presence of their pleasures. Their judges are swallowed up by the rock.

They shall hear my words, for they are pleasant. As a clod of ground is dashed to pieces on the earth, so their bones were scattered beside the grave.

For my eyes, O Lord, O Lord, are toward You; in You I hope; take not my soul away.

Keep me from the snares they set for me, and from the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone, until I escape.

I cried to the Lord with my voice, with my voice I prayed to the Lord.

I shall pour out my supplication before Him; I shall declare my affliction in His presence.

When my spirit fainted within me, then You knew my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one who knew me.

Refuge failed me, and there was no one who cared for my soul.

I cried to You, O Lord; I said, "You are my hope, my portion in the land of the living."

Attend to my supplication, for I was humbled exceedingly.

Deliver me from my persecutors, for they are stronger than I.

Bring my soul out of prison to give thanks to Your name, O Lord.

The righteous shall wait for me, until You reward me.

Out of the depths I have cried to You, O Lord; O Lord, hear my voice.

Let Your ears be attentive to the voice of my supplication.

Stichera of the Triodion.

From Triodion - -

Mode pl. 2.

If You, O Lord, should mark transgression, O Lord, who would stand? For there is forgiveness with You. [SAAS]

My strength is weakened by my many sins and by the pleasures of this life, and in my misery, O Master, I lie always on the bed of slothfulness; but I cry to Thee: With loving compassion come and visit me, granting me health and mercy. Forsake me not, lest I sleep in death and the enemy rejoices over my

destruction: for he seeks to drag me down, O Saviour, into the fearful depths of hell. [KW]

Mode pl. 2.

Because of Your law, O Lord, I waited for You; my soul waited for Your word. My soul hopes in the Lord. [SAAS]

I have rivalled in foolishness the rich man who showed no love for others; overwhelmed by sensual pleasures and the passions, I live in luxury and self-indulgence. I see my mind, O Lord, lying always like Lazarus before the gates of repentance, but with indifference I pass it by, and leave it hungry, sick and wounded by the passions. Therefore I deserve to be condemned to the flames of Gehenna: but deliver me from them, O Master, for Thou alone art rich in mercy. [KW]

Mode pl. 1.

From the morning watch until night; from the morning watch until night, let Israel hope in the Lord. [SAAS]

O Lord, while dwelling in the flesh on the other side of Jordan, Thou hast foretold that the sickness of Lazarus would not end in death, but that it had come to pass for Thy glory, O our God. Glory to Thy mighty acts and Thine all-sovereign power, for Thou hast destroyed death in Thy great mercy and Thy love for mankind. [KW]

Stichera from the Menaion.

From Menaion ---

Mode 1. N/M (O Martyrs, extolled.)

For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions. [SAAS]

Young virgin maidens named after the holy virtues and nourished on virtues, you

have manfully reached the highest mountain of piety and now you went up towards heaven to entreat Christ that peace and great mercy be granted unto our souls. [VPA]

Praise the Lord, all you Gentiles; praise Him, all you peoples. [SAAS]

Young virgins, you clearly and deservedly received our fore-mother Eve's yearning for deification, being deified through continual disposition towards God and being filled divine visions. And now entreat that our souls be granted peace and great mercy. [VPA]

For His mercy rules over us; and the truth of the Lord endures forever. [SAAS]

With noble spirit, as having embraced Christ, the noble-minded maidens trampled over the mighty one who, of old, had deceived Eve by treachery, and having mightily defeated him, they intercede with Christ that our souls be granted peace and great mercy.

[VPA]

Glory. Both now. **Theotokion.**

Mode 1. O Martyrs, extolled.

I pray you to heal my wretched soul, * which is seriously ill with the most wicked of passions, O all-lauded Virgin pure, * as the one who gave birth * to the Savior of us all, to Christ God, the Healer, who cures every infirmity of ours, * and who wounded all the wickedness * of the devil, * and freed us from sin and death. [SD]

(No Entrance)

READER

Gladsome light of holy glory of the holy, blessed, heavenly, immortal Father, O Jesus

Christ: arriving at the hour of sunset and having seen the evening light, we praise the Father, Son, and Holy Spirit, God. It is worthy for You to be praised at all times with happy voices, O Son of God and Giver of life; * and therefore the world glorifies You.

The Readings

PRIEST

The evening...

From Triodion - - -

READER

Prokeimenon. Mode 4.

Psalm 106 (107).

Give thanks to the Lord, for He is good, for His mercy endures forever.

Let those redeemed by the Lord say so. [SAAS]

The reading is from the book of Genesis.

PRIEST

Wisdom. Let us be attentive.

READER

37:1-41

Now it came to pass, when Isaac was old and his eyes were so dim he could not see, that he called Esau his older son and said to him, "My son." And he answered him, "Here I am." Then he said, "Behold now, I am old. I do not know the day of my death. Now therefore, take your weapons, your quiver and your bow, and go out to the field and hunt game for me. Then make me savory food, such as I love, and bring it to me that I may eat, that my soul may bless you before I die." Now Rebekah was listening when Isaac spoke to Esau his son; and Esau went to the field to hunt game for his father. So Rebekah spoke to Jacob her younger son, saying, "Indeed, I heard your father speak to Esau your brother, saying, 'Bring me game and make savory food

for me, that I may eat it and bless you in the presence of the Lord before my death.' Now therefore, my son, obey my voice according to what I command you. Go now to the sheep and bring me from there two kids, choice and good, and I will make savory food from them for your father, such as he loves. Then you shall take it to your father, that he may eat it and bless you before his death." Jacob said to Rebekah his mother, "Look, Esau my brother is a hairy man, and I am a smooth-skinned man. Perhaps my father will feel me, and I shall seem to be a deceiver to him; and I shall bring a curse on myself and not a blessing." But his mother said to him, "Your curse be on me, my son; only obey my voice, and go, get them for me." So he went and got them and brought them to his mother, and his mother made savory food, such as his father loved. Then Rebekah took the choice clothes of her elder son Esau, which were with her in the house, and put them on Jacob her younger son. She also put the skins of the kids on his hands and on the exposed part of his neck. Then she gave the savory food and the bread she had prepared into the hands of her son Jacob. Thus he went to his father and said, "My father." And he said, "Here I am. Who are you, my son?" Jacob said to his father, "I am Esau your firstborn; I have done just as you told me; arise, sit and eat of my game, that your soul may bless me." But Isaac said to his son, "How is it you have found it so quickly, my son?" He said, "Because the Lord your God brought it to me." Then Isaac said to Jacob, "Come near, that I may feel you, my son, whether you are my son Esau or not." So Jacob went near to Isaac his father, and

he felt him and said, "The voice is Jacob's, but the hands are Esau's." Thus he did not recognize him, because his hands were hairy like his brother Esau's hands; so he blessed him. Then he said, "Are you my son Esau?" He said, "I am." He said, "Bring your game to me, my son, and I will eat from it, that my soul may bless you." So he brought it near to him, and he ate; and he brought him wine, and he drank. Then his father Isaac said to him, "Come near and kiss me, my son." So he came near and kissed him; and he smelled the smell of his clothing. Thus he blessed him and said: "Surely, the smell of my son is like the smell of a field the Lord has blessed. Therefore, may God give you of the dew of heaven and of the fatness of the earth, and plenty of grain and wine. Let peoples serve you, and nations bow down to you. Be lord over your brethren, and let your mother's sons bow down to you. And cursed be everyone who curses you, and blessed be those who bless you." Now it happened, as soon as Isaac finished blessing Jacob his son, and Jacob had scarcely gone out from the presence of Isaac his father, that Esau his brother came in from his hunting. He also had made savory food, and brought it to his father, and said to his father, "Let my father arise and eat of his son's game, that your soul may bless me." And his father Isaac said to him, "Who are you?" So he said, "I am your son, your firstborn, Esau." Then Isaac trembled exceedingly, and said, "Who? Where is the one who hunted game and brought it to me? I ate all of it before you came, and I have blessed him—and indeed, he shall be blessed." When Esau heard the words of his father, he cried with an exceedingly

great and bitter cry, and said to his father, "Bless me—me also, O my father!" But he said, "Your brother came with deceit and has taken away your blessing." Then Esau said, "Is he not rightly named Jacob? For he supplanted me these two times. He took away my birthright, and now look, he has taken away my blessing." So he said, "Have you not reserved a blessing for me?" Then Isaac answered and said to Esau, "Indeed, I have made him your lord, and all his brethren I have given to him as servants; with grain and wine I have sustained him. What shall I do now for you, my son?" Esau said to his father, "Have you only one blessing, my father? Bless me—me also, O my father!" But when Isaac was troubled, Esau lifted up his voice and wept. Then Isaac his father answered and said to him: "Behold, your dwelling shall be of the fatness of the earth, and of the dew of heaven from above. By your sword you shall live, and you shall serve your brother; and it shall come to pass, when you become restless, that you shall break his yoke from your neck." Thus Esau hated Jacob because of the blessing with which his father blessed him. [SAAS]

Prokeimenon. Grave Mode.

Psalm 107 (108).

Be exalted above the heavens, O God.

My heart is ready, O God. [SAAS]

The reading is from the Proverbs of Solomon.

PRIEST

Wisdom. Let us be attentive.

READER

19:16-25

He who guards the commandment keeps his soul, but he who despises his ways shall perish. The one who has mercy on the poor lends to God, and He will repay him according to his gift. Instruct your son, for thus he shall be hopeful, but do not lift up your soul in arrogance. A malicious man shall be punished severely, and if he commits injury, he will also add this to his soul. Hear, my son, the instruction of your father, that you may become wise in your last days. There are many thoughts in the heart of a man, but the counsel of the Lord abides forever. Mercy is fruit to a man, and a poor righteous man is better than a rich liar. The fear of the Lord is unto life for a man, and he shall lodge without fear in places where knowledge is not examined. A man who hides his hands in his bosom unrighteously, he will not even bring them up to his mouth. When a pestilent man is punished, a man without discernment becomes more astute, but if you reprove a discerning man, he will understand perception. [SAAS]

READER

O Lord, keep us this evening without sin. Blessed are you, O Lord, God of our fathers, and praised and glorified is your name to the ages. Amen. O Lord, let your mercy be upon us for we have set our hope in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, Master, grant me understanding of your commandments. Blessed are you, Holy One, enlighten me with your commandments. Lord, your mercy is forever. Do not despise

the works of your hands. To you is due praise, to you is due song, to you is due glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. [HC]

(Amen.)

DEACON

Let us complete our evening prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You, O God, are good and love mankind, and to You we offer glory, to the Father and to the Son and to the Holy Spirit, now and forever, and to the ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST *(in a low voice)*

Lord our God, who bowed the heavens and came down for the salvation of the human race, look upon your servants and upon your inheritance, for to you, the fearful Judge who love mankind, your servants have bowed their heads and inclined their necks, not waiting for any human help, but awaiting your mercy and looking for your salvation. Guard them at every moment, during both the present evening and the approaching night, from every foe, from every hostile operation of the devil and from vain thoughts and evil desires.

PRIEST

May the might of your kingdom be blessed and glorified, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Triodion - -

CHOIR

Aposticha. From the Triodion.

Idiomelon. Mode 4.

Deliver us, O Saviour, from soul-destroying greed, and give us a place with Lazarus the poor man in the bosom of Abraham. For Thou who art rich in mercy hast for our sakes willingly become poor, and Thou hast led us from corruption into incorruption, because Thou art a God of tender compassion and love for mankind. [KW]

Verse: *I lift my eyes to You, who dwell in heaven. Behold, as the eyes of servants look to the hands of their masters, as the eyes of the maidservant look to the hands of her mistress, so our eyes look to the Lord our God until He shall have compassion on us.* [SAAS]

Deliver us, O Saviour, from soul-destroying greed, and give us a place with Lazarus the poor man in the bosom of Abraham. For Thou who art rich in mercy hast for our sakes willingly become poor, and Thou hast led us from corruption into incorruption, because Thou art a God of tender compassion and love for mankind. [KW]

For the Martyrs.

Mode 4.

Verse: *Have mercy on us, O Lord, have mercy on us, for we are greatly filled with contempt; our soul is greatly filled with it. We are a disgrace to those who prosper, and a contempt to the arrogant.* [SAAS]

Thou hast accepted the patient sufferings of the holy martyrs: in Thy love accept our hymns of praise, and at their intercessions grant us Thy great mercy. [KW]

Glory. Both now. **Theotokion.**

Mode 4.

Deliver us from our distress, O Mother of Christ our God, who gavest birth to the Creator of all, that we may ever cry to thee: Hail, protection of our souls! [KW]

PRIEST

Song of Simeon.

Lord, now You are letting Your servant depart in peace, according to Your word; for my eyes have seen Your salvation which You have prepared before the face of all peoples. A light to bring revelation to the Gentiles, and the glory of Your people Israel. [NKJV]

PEOPLE

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. **(3)**

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass

against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

From Horologion ---

Apolytikia. Mode pl. 1.

O Virgin Theotokos, rejoice, Mary full of grace. The Lord is with you. Blessed are you among women, and blessed is the fruit of your womb; for you have borne the Savior of our souls [SD]

O Baptist of Christ, be mindful of us all, that we may be delivered from our iniquities; for unto you was given the grace to intercede for us. [SD]

Glory.

Entreat earnestly for us, O holy Apostles and all Saints, that we be delivered from peril and affliction; for you are our fervent advocates before the Savior. [SD]

This final troparion, according to older rules, is simply recited by the Reader. In current practice, however, it is usually, sung much like the preceding hymns.

Both now.

Beneath your tender compassion we take refuge, O Theotokos. Despise not our supplications in distress, but deliver us from all peril. You alone are pure; you alone are blessed. [SD]

READER

Lord, have mercy. **(40)**

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

In the name of the Lord, Father, bless!

PRIEST

Blessed are You, Christ our God, always now and forever and to the ages of ages.

(Amen.)

O heavenly King, uphold our rulers, strengthen the Faith, calm the nations, give peace to the world. Protect this holy Church (or, Monastery); grant our departed fathers and brethren that they may dwell with the righteous, and accept us in repentance and confession; for You are good and love mankind.

(Amen.)

Prayer of St. Ephraim

O Lord and Master of my life, do not permit the spirit of laziness and meddling, the lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit of prudence, humility, patience and love.

Yes, Lord and King, give me the power to see my own faults and not to judge my brother.

For you are blessed unto the ages of ages. Amen. ^[HC]

READER

Lord, have mercy. (12)

All-Holy Trinity, the consubstantial dominion, the indivisible rule, and cause

of every good: be well pleased, even with regard to me a sinner. Strengthen my heart and grant it understanding, and take away all my defilement. Illumine my mind, so that I may ever glorify, praise, worship, and say: One is Holy, One is Lord, Jesus Christ, to the Glory of God the Father. Amen.

Blessed be the name of the Lord from this present time and unto the ages. (3)

Psalms 33 (34).

I will bless the Lord at all times; His praise shall continually be in my mouth. My soul shall be praised in the Lord; let the gentle hear, and be glad. Oh, magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He heard me; and He delivered me from all my sojourning. Come to Him, and be enlightened, and your face shall never be ashamed. This poor man cried, and the Lord heard him, and saved him from all his afflictions. The Angel of the Lord shall encamp around those who fear Him, and He will deliver them. Oh, taste and see that the Lord is good; blessed is the man who hopes in Him. Fear the Lord, you His saints, for there is no want for those who fear Him. Rich men turned poor and went hungry; but those who seek the Lord shall not lack any good thing. Come, you children, listen to me; I will teach you the fear of the Lord. Who is the man who desires life, who loves to see good days? Keep your tongue from evil, and your lips from speaking deceit. Shun evil and do good; seek peace and pursue it. The eyes of the Lord are upon the righteous, and His ears are open to their supplications. The Lord's face is against those who do evil, so as to destroy their

remembrance from the earth. The righteous cried, and the Lord heard them; and He delivered them from all their afflictions. The Lord is near those who are brokenhearted, and He will save the humble in spirit. Many are the afflictions of the righteous, but He will deliver them from them all. The Lord shall guard all their bones; not one of them shall be broken. The death of sinners is evil, and those who hate the righteous shall go wrong. The Lord will redeem the souls of His servants, and all who hope in Him shall not go wrong.

Psalm 144 (145)

I shall exalt You, my God and my King, and I shall bless Your name forever and unto ages of ages. Every day I shall bless you and praise Your name forever and unto ages of ages. Great is the Lord and exceedingly praiseworthy, and His greatness has no limit. Generation and generation shall praise Your works, and they shall declare Your power. They shall speak of the magnificence of the glory of Your holiness, and they shall describe Your wonders. They shall also speak of the power of Your awesome deeds and describe Your great majesty. They shall overflow with the memory of Your rich goodness, and shall greatly rejoice in Your righteousness. The Lord is gracious and merciful, longsuffering and abundant in mercy. The Lord is good to all, and His mercies are upon all His works. O Lord, let all Your works praise You and Your holy ones bless You. They shall tell of Your kingdom's glory, and they shall speak of Your power, that all the sons of men may know Your power and the glory of Your kingdom's magnificence. Your kingdom is a kingdom of all the ages, and Your dominion is from

generation to generation. The Lord is faithful in His words and holy in all His works. The Lord supports all who stumble and restores all who are broken down. All eyes hope in You, and You give them their food in due season. You open Your hand and fill every living thing with Your pleasure. The Lord is righteous in all His ways and holy in all His works. The Lord is near to all who call on Him, to all who call upon Him in truth. He shall do the will of those who fear Him, and He shall hear their supplications and save them. The Lord keeps all who love Him, but all the sinners He shall utterly destroy. My mouth shall speak the Lord's praise, and let all flesh bless His holy name forever and unto ages of ages.

READER

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Father, bless!

PRIEST

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(Amen.)