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The Service of Vespers

on Friday Evening

for Saturday, September 14, 2019

Menaion - September 14

The Elevation of the Holy Cross

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Menaion - September 14

The Elevation of the Holy Cross

VESPERS

PRIEST

Blessed is our God always, now and ever,
and to the ages of ages.

(Amen.)

READER

Come, let us worship and bow down
before God our King.

Come, let us worship and bow down
before Christ God our King.

Come, let us worship and bow down
before Him, Christ our King and God.

Psalm 103 (104).

Bless the Lord, O my soul. O Lord my
God, You are magnified exceedingly; You
clothe Yourself with thanksgiving and
majesty, who cover Yourself with light as
with a garment, who stretch out the heavens
like a curtain; You are He who covers His
upper chambers with water, who makes the
clouds His means of approach, who walks
on the wings of the winds, who makes His
angels spirits and His ministers a flame of
fire. He established the earth on its stable
foundation; it shall not be moved unto ages of
ages. The deep like a garment is His covering;
the waters shall stand upon the mountains;
at Your rebuke they shall flee; at the sound
of Your thunder, they shall be afraid. The
mountains rise up, and the plains sink down
to the place You founded for them. You set
a boundary they shall not pass over; neither
shall they return to cover the earth. You are
He who sends springs into the valley; the

waters shall pass between the mountains;
they shall give drink to all the wild animals
of the field; the wild asses shall quench their
thirst; the birds of heaven shall dwell beside
them; they shall sing from the midst of the
rocks. You are He who waters the mountains
from His higher places; the earth shall be
satisfied with the fruit of Your works. You are
He who causes grass to grow for the cattle,
and the green plant for the service of man, to
bring forth bread from the earth; and wine
gladdens the heart of man, to brighten his face
with oil; and bread strengthens man's heart.
The trees of the plain shall be full of fruit,
the cedars of Lebanon, which You planted;
there the sparrows shall make their nests;
the house of the heron takes the lead among
them. The high mountains are for the deer; the
cliff is a refuge for the rabbits. He made the
moon for seasons; the sun knows its setting.
You established darkness, and it was night,
wherein all the wild animals of the forest
will prowl about; the young lions roar and
snatch their prey, and seek their food from
God. The sun arises, and they are gathered
together; and they shall be put to bed in their
dens. Man shall go out to his work and to his
labor until evening. O Lord, Your works shall
be magnified greatly; You made all things
in wisdom; the earth was filled with Your
creation. There is this great and spacious sea:
the creeping things are there without number;
the living things are there, both small and
great; there the ships pass through; there is
this dragon You formed to play therein. All
things wait upon You, that You may give
them food in due season. When You give
it to them, they shall gather it; when You

open Your hand, all things shall be filled with Your goodness. But when You turn Your face away, they shall be troubled; when You take away their breath, they shall die and return again to their dust. You shall send forth Your Spirit, and they shall be created, and You shall renew the face of the earth. Let the glory of the Lord be forever; the Lord shall be glad in His works; He looks upon the earth and makes it tremble; He touches the mountains, and they smoke. I will sing to the Lord all my life; I will sing to my God as long as I exist; may my words be pleasing to Him, and I shall be glad in the Lord. May sinners cease from the earth, and the lawless, so as to be no more. Bless the Lord, O my soul.

The sun knows its setting. You established darkness, and it was night.

O Lord, Your works shall be magnified greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Our hope, O Lord, glory to You.

While the Opening Psalm is being read the Priest, bareheaded and standing in front of the Holy Table, says quietly the following Prayers at the Lighting of the Lamps.

PRIEST (*inaudibly*)

1st Prayer

O Lord, compassionate and merciful, long-suffering and full of mercy, listen to our prayer and attend to the voice of our supplication. Make for us a sign for good. Guide us in your way, to walk in your truth. Make glad our hearts to fear your holy Name, because you are great and do wondrous things. You alone are God, and there is none like you, O Lord, among gods: powerful in mercy and loving in strength to help and to console and to save all who hope in your holy Name. ^[EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

2nd Prayer

Lord, do not rebuke us in your anger, nor chastise us in your wrath, but deal with us in accordance with your kindness, physician and healer of our souls. Guide us to the harbour of your will. Enlighten the eyes of our hearts to the knowledge of your truth and grant that the rest of the present day and the whole time of our life may be peaceful and without sin, at the prayers of the holy Mother of God and of all the Saints. ^[EL]

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

3rd Prayer

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will. ^[EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

4th Prayer

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints. ^[EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

5th Prayer

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault. ^[EL]

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen. [EL]

6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind. [EL]

For you are our God and to you we give glory, to the Father, the Son and the Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

7th Prayer

Great and most high God, who alone possess immortality, who dwell in unapproachable light, who fashioned all creation with wisdom, who made the separation between the light and the darkness and who placed the sun to have authority over the day and the moon and the stars to have authority over the night, who have counted us sinners worthy even at this present hour to come into your presence with confession and thanksgiving and to offer you our evening hymn of glory; do you, O Lord who love mankind, direct our prayer like incense

before you and accept it as a savour of sweet fragrance. Grant us that the present evening and the coming night may be peaceful, clothe us with weapons of light, deliver us from every night-time fear and from every deed that walks in darkness. And give us sleep, which you have bestowed on us for our rest in our weakness, freed from every fantasy of the devil. Yes, Master of all things, giver of blessings, may we also be filled with compunction on our beds and call to mind your Name in the night, and enlightened by meditation on your commandments may we rise with gladness of soul to give glory to your loving-kindness, as we bring to your compassion supplications and entreaties on behalf of our own sins and those of all your people. At the prayers of the holy Mother of God visit them with mercy. [EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

When the Opening Psalm is completed the Priest, in front of the Holy Table, or the Deacon in his usual place outside the Holy Doors, says the Litany of Peace.

DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

For those who travel by land, sea, and air, for the sick, the suffering, the captives and for their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Mode pl. 2.

Lord, I have cried to You; hear me. Hear me, O Lord. Lord, I have cried to You; hear me. Give heed to the voice of my supplication when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of enclosure about my lips.

Incline not my heart to evil words, to make excuses in sins.

With men who work lawlessness; and I will not join with their choice ones.

The righteous man shall correct me with mercy,
and he shall reprove me; but let not the oil of the sinner
anoint my head.

For my prayer shall be intense in the presence of
their pleasures. Their judges are swallowed up by the
rock.

They shall hear my words, for they are pleasant.
As a clod of ground is dashed to pieces on the earth, so
their bones were scattered beside the grave.

For my eyes, O Lord, O Lord, are toward You; in
You I hope; take not my soul away.

Keep me from the snares they set for me, and from
the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone,
until I escape.

I cried to the Lord with my voice, with my voice I
prayed to the Lord.

I shall pour out my supplication before Him; I
shall declare my affliction in His presence.

When my spirit fainted within me, then You knew
my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one
who knew me.

Refuge failed me, and there was no one who cared
for my soul.

I cried to You, O Lord; I said, "You are my hope,
my portion in the land of the living."

Attend to my supplication, for I was humbled
exceedingly.

Deliver me from my persecutors, for they are
stronger than I.

Bring my soul out of prison to give thanks to Your
name, O Lord.

The righteous shall wait for me, until You reward
me.

Out of the depths I have cried to You, O Lord; O
Lord, hear my voice.

Let Your ears be attentive to the voice of my
supplication.

Stichera for the Cross.

From Menaion - - -

Mode pl. 2. *When the saints deposited.*

*If You, O Lord, should mark transgression, O
Lord, who would stand? For there is forgiveness
with You.* [SAAS]

The Cross is exalted now * and it invites
all creation * to praise the immaculate *
Passion of the Lord who was lifted up on
it. * For when He slew thereon * him who
had murdered us, * He gave life again to
us the dead, * and made us beautiful, * and
He granted us to be citizens * of heaven,
as Compassionate, * due to His exceeding
benevolence. * Therefore let us greatly *
rejoice as we exalt His holy name, * and let us
magnify His divine * extreme condescension
to us. [SD]

*Because of Your law, O Lord, I waited for You;
my soul waited for Your word. My soul hopes in
the Lord.* [SAAS]

The Cross is exalted now * and it invites
all creation * to praise the immaculate *
Passion of the Lord who was lifted up on
it. * For when He slew thereon * him who
had murdered us, * He gave life again to
us the dead, * and made us beautiful, * and
He granted us to be citizens * of heaven,
as Compassionate, * due to His exceeding
benevolence. * Therefore let us greatly *
rejoice as we exalt His holy name, * and let us
magnify His divine * extreme condescension
to us. [SD]

From the morning watch until night; from the morning watch until night, let Israel hope in the Lord. [SAAS]

Moses once prefigured you * when he extended his arms up * and he routed utterly * Amalek the tyrant king, * O most precious Cross; * the believers' pride and joy, * Martyr-athletes' support, * the Apostles' badge and ornament, * defender of the Just * and the preservation of the Devout. * And all creation seeing you * lifted high is therefore rejoicing now, * and is celebrating * and glorifying Christ who has through you * united those that were separate, * in His extreme benevolence. [SD]

For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions. [SAAS]

Moses once prefigured you * when he extended his arms up * and he routed utterly * Amalek the tyrant king, * O most precious Cross; * the believers' pride and joy, * Martyr-athletes' support, * the Apostles' badge and ornament, * defender of the Just * and the preservation of the Devout. * And all creation seeing you * lifted high is therefore rejoicing now, * and is celebrating * and glorifying Christ who has through you * united those that were separate, * in His extreme benevolence. [SD]

Praise the Lord, all you Gentiles; praise Him, all you peoples. [SAAS]

O Cross, most revered by all, * and which the orders of Angels * joyously surround, today * at your exaltation now * by divine command, * you exalt everyone * who had been evicted * and who fell completely into

death * for having stolen fruit; * therefore we are faithfully kissing you * with hearts and lips caressing you * and thus are deriving the sanctity; * and shouting, "Exalt Christ * the Lord our God who is exceeding good, * and also worship and venerate * His divine footstool, the Cross." [SD]

For His mercy rules over us; and the truth of the Lord endures forever. [SAAS]

O Cross, most revered by all, * and which the orders of Angels * joyously surround, today * at your exaltation now * by divine command, * you exalt everyone * who had been evicted * and who fell completely into death * for having stolen fruit; * therefore we are faithfully kissing you * with hearts and lips caressing you * and thus are deriving the sanctity; * and shouting, "Exalt Christ * the Lord our God who is exceeding good, * and also worship and venerate * His divine footstool, the Cross." [SD]

Glory. Both now.

From Menaion - - -

Mode 2.

Come, all you nations, let us worship the blessed tree, through which has come the eternal vindication. For he who deceived our forefather Adam by means of a tree is himself ensnared by the Cross. And he falls headlong tumbling down, who formerly held the royal masterwork in tyranny. By the blood of God, the venom of the serpent is washed away, and the curse is lifted of the just sentence by the unjust sentence on the Righteous One who was condemned. For it was necessary to remedy tree by tree, and to put an end to the passions suffered by the condemned at the tree by the Passion of the Passionless

One. And therefore, glory, O Christ the King, glory to the awesome plan for our salvation, by which You saved everyone, since You are good and You love mankind. [SD]

DEACON *(in a low voice)*

Let us pray to the Lord.

PRIEST *(in a low voice)*

Prayer of the Entrance

At evening, at morning and at midday we praise, bless and give thanks, and we pray to you, Master of all things, Lord who love mankind: Direct our prayer before you like incense, and do not incline our hearts to words or thoughts of evil, but deliver us from all that hunt down our souls. For our eyes look to you, O Lord, our Lord, and we have hoped in you.

DEACON

Wisdom. Arise.

CLERGY AND PEOPLE

Mode 2.

Gladsome light of holy glory of the holy, blessed, heavenly, immortal Father, O Jesus Christ: arriving at the hour of sunset and having seen the evening light, we praise the Father, Son, and Holy Spirit, God. It is worthy for You to be praised at all times with happy voices, O Son of God and Giver of life; * and therefore the world glorifies You. [SD]

DEACON

The evening Prokeimenon.

CHOIR

Prokeimenon. Grave Mode.

You are my protector, O God. Your mercy shall go before me. (2) [SAAS]

Verse: *Rescue me from my enemies, O God, and redeem me from those who rise up against me.*

You are my protector, O God. Your mercy shall go before me.

The Readings

From Menaion - - -

READER

The reading is from the book of Exodus.

DEACON

Wisdom. Let us be attentive.

READER

Ex Ex. 15:22-27,16:1

Moses brought Israel from the Red Sea; then they went out into the Wilderness of Shur. They went three days in the desert and found no water to drink. Now when they came to Marah, they could not drink the waters of Marah, for they were bitter. Therefore he named that place Bitterness. Then the people complained against Moses, saying, "What shall we drink?" So he cried to the Lord, and the Lord showed him a tree. When he cast it into the waters, the waters were made sweet. There He made a statute and an ordinance for them. There He proved him and said, "If you diligently heed the voice of the Lord your God and do what is pleasing in His sight, give ear to His commandments and keep all His ordinances, I will put none of the diseases on you that I brought on the Egyptians; for I am the Lord your God who heals you." Then they came to Elim, where there were twelve fountains of water and seven palm trees; so they camped there by the waters. Now they journeyed from Elim, and all the congregation of the children of Israel came to the Wilderness of Sin, which is between Elim and Sinai. [SAAS]

READER

The reading is from the Proverbs of Solomon.

DEACON

Wisdom. Let us be attentive.

READER

Pr 3:11-18

My son, do not despise the instruction of the Lord, neither grow weary under His reproof. For whom the Lord loves He instructs, and chastises every son He receives. Blessed is a man who finds wisdom, and a mortal who sees discernment; for the profits gained from wisdom are better than the treasures of gold and silver. And wisdom is more valuable than precious stones, and nothing evil will withstand her; she is well known to all who come near her, and no honor is worthy of her. For length of days and years of life are in her right hand, and in her left hand are riches and glory; righteousness proceeds from her mouth, and she carries law and mercy upon her tongue. Her ways are good ways, and all her paths are in peace. She is a tree of life for all who cleave to her, and she is security for those who lean upon her as upon the Lord. [SAAS]

READER

The reading is from the Prophecy of Isaiah.

DEACON

Wisdom. Let us be attentive.

READER

Is 60:11-16

Thus says the Lord: "Your gates shall be opened continually, and they shall not be shut day or night, to bring you the power of the

Gentiles, and their kings leading them. For the nations and their kings who will not serve you shall perish, and those nations will be utterly desolate. The glory of Lebanon shall come to you, with the cypress, the pine, and the cedar together, to glorify My holy place. The sons of those who humbled and provoked you shall go to you in fear, and you shall be called City of the Lord, Zion of the Holy One of Israel. Because you were forsaken and hated, and there was no one to help you, therefore I will make you an eternal joy, the gladness of generations to generations. You shall drink the milk of the Gentiles and eat the wealth of kings. You shall know I am the Lord who saves you and the God of Israel who delivers you." [SAAS]

DEACON

Let us all say with all our soul and with all our mind, let us all say.

(Lord, have mercy.)

Lord almighty, God of our fathers, we pray You, hear us and have mercy.

(Lord, have mercy.)

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed and ever-memorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and all-venerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

O Lord, keep us this evening without sin. Blessed are you, O Lord, God of our fathers, and praised and glorified is your

name to the ages. Amen. O Lord, let your mercy be upon us for we have set our hope in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, Master, grant me understanding of your commandments. Blessed are you, Holy One, enlighten me with your commandments. Lord, your mercy is forever. Do not despise the works of your hands. To you is due praise, to you is due song, to you is due glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. [HC]

(Amen.)

DEACON

Let us complete our evening prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You, O God, are good and love mankind, and to You we offer glory, to the Father and to the Son and to the Holy Spirit, now and forever, and to the ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST *(in a low voice)*

Lord our God, who bowed the heavens and came down for the salvation of the human race, look upon your servants and upon your inheritance, for to you, the fearful Judge who love mankind, your servants have bowed their heads and inclined their necks, not waiting for any human help, but awaiting your mercy and looking for your salvation. Guard them at every moment, during both the present evening and the approaching night, from every foe, from every hostile

operation of the devil and from vain thoughts and evil desires.

PRIEST

May the might of your kingdom be blessed and glorified, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

Litany and Blessing of Loaves.

CHOIR

Idiomelon 1.

From Menaion - - -

Mode 1.

Today the holy words of David have indeed received fulfillment,/for behold, in the sight of all the world/we venerate the footstool of Your undefiled feet/and putting our hope in the shadow of Your wings/we cry aloud to You, all-compassionate Lord:/ May the light of Your countenance be marked as a sign upon us/and exalt the horn of Your Orthodox people/by the exaltation of Your precious Cross,//Christ of many mercies! [OCA]

Idiomelon 2.

Mode 1.

The Tree of true life was planted in the place of the skull/and upon it, eternal King, You have worked salvation in the midst of the earth!/Exalted today, it sanctifies the ends of the world,/angels in heaven greatly rejoice/and men upon earth make glad,/crying aloud with David and saying:/Exalt the Lord our God and worship at His footstool,//for He is holy and grants the world great mercy! [OCA]

Idiomelon 3.

Mode 1.

Prefiguring Your Cross, O Christ,/the patriarch Jacob blessing his descendants,/laid

his hands crosswise upon their heads./ And
today as we exult Your Cross, Savior, we cry:/
Give victory to the Orthodox Christians as
You did to Constantine. [OCA]

Idiomelon 4.

Mode 2.

Divine treasure hidden in the earth,/
the Cross of the Giver of life appeared in the
heavens to the godly king,/and its inscription
spiritually signified his victory over the
enemy./Rejoicing with faith and love,/
inspired by God he made haste to raise on
high the Cross/which he had seen in his
vision;/and with great zeal he brought it
forth from the bosom of the earth//for the
deliverance of the world and the salvation of
our souls! [OCA]

Idiomelon 5.

Mode 2.

The crossing of his hands by the patriarch
Jacob/at the blessing of his children/
foreshadowed the mighty token of Your
Cross./Having it as our safeguard which
cannot be overthrown,/we drive out with
invincible strength the hosts of demons;/and
casting down the arrogance of Belial,/we put
to flight the all-destroying power of hateful
Amalek./ And now that it is lifted on high,/
we the faithful offer it to Your goodness for
the cleansing of our sins,/crying aloud with
full voices:/Lord, made flesh of the Virgin,
have mercy on us;/good One, take pity on
Your creation,// which You have fashioned in
Your wisdom! [OCA]

Idiomelon 6.

Mode 2.

You are my mighty shelter, O tri-partite
Cross of Christ. Sanctify me by your power,
so that with faith and love I may adore and
glorify you. [SD]

Idiomelon 7.

Mode 4.

Let us make glad today and sing in
honor of the feast,/and cry out openly with
joyful faces and tongues:/O Christ, You have
accepted condemnation for us,/being spat
upon, scourged, and robed in purple,/You
have gone up upon the Cross./Seeing You,
the sun and moon hid their light,/the earth
quaked in fear,/and the veil of the temple
was torn in two./Grant us Yourself Your
precious Cross as guardian and protector/
the driver away of demons,/that embracing
it we may cry aloud:/Save us, Cross, by
your might!/Make us holy in your splendor,
precious Cross,/and strengthen us through
your exaltation://For you have been given to
us as the light and salvation of our souls! [OCA]

Idiomelon 8.

Mode 4.

Cross, sign radiant with light among the
stars,/in prophecy you revealed a trophy
of victory to the godly king;/and when his
mother Helen found you,/she displayed
you in the sight of the world./And today the
choirs of faithful shout aloud as they raise you
on high:/Enlighten us with your brightness,
life-giving and all-venerable Cross:/make us
holy by your might/and lifted on high before
your warriors,//strengthen us through your
exaltation! [OCA]

Glory. Both now.

From Menaion ---

Idiomelon. Mode 4.

Portraying in advance the action of the precious Cross, Moses routed the adversary Amalek in the wilderness of Sinai, O Christ. For when he spread out his arms, in the form of the Cross, the people became strong. And now the outcome of those events has been fulfilled in us. Today the Cross is exalted, and the demons are banished. Today the entire creation is liberated from corruption. For through the Cross, all the gifts of grace have shone forth to us. Therefore, rejoicing, we all bow down before You and say, "How magnified are Your works, O Lord. Glory to You!" ^[SD]

DEACON

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, visitation, forgiveness and remission of the sins of all pious and Orthodox Christians living and visiting in this city, the parishioners, the members of the Parish Council and every Ministry of this Parish, and the donors and benefactors of this

holy church, and the servants of God [names] who celebrate this holy feast.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the protection of this holy church, this city and every city and land, from wrath, famine, pestilence, earthquake, flood, fire, sword, foreign invasions, civil strife, and accidental death. That our good and loving God may be merciful, gracious and favorable to us by turning and keeping from us all wrath and sickness, and deliver us from His just rebuke, and have mercy on us.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray that the Lord our God may hear the prayer of us sinners, and have mercy on us.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

Hear us, O God our Savior, the hope of all those who live everywhere on earth and those far out at sea or in the air. Be gracious toward our sins, Master, and have mercy on us.

For you are a merciful and loving God, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST

Most merciful Master, Lord Jesus Christ our God, through the intercessions of our

most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the universal Elevation of which we are celebrating; the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; **(local patron saint)**; the holy and righteous ancestors of God Joachim and Anna, and of all your Saints.

Accept our prayer; grant us forgiveness of our transgressions; protect us under the shelter of your wings; drive away from us every enemy and adversary; grant peace to our life; Lord have mercy on us and on your world; and save our souls as a good and loving God.

PRIEST or: CHOIR

Hymn to the Theotokos.

O Virgin Theotokos, rejoice, Mary full of grace. The Lord is with you. Blessed are you among women, and blessed is the fruit of your womb; for you have borne the Savior of our souls **[SD]**

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

Blessing of the Loaves.

Lord, Jesus Christ. our God, You blessed the five loaves in the wilderness and from them five thousand men were filled. Bless now these loaves, the wheat, the wine and oil and multiply them in this holy church, this city, in the homes of those who celebrate today, and in Your whole world. And sanctify Your faithful servants who partake of them.

For You are He who blesses and sanctifies all things, Christ our God, and to You we offer up glory together with Your eternal Father and Your holy, good, and life-creating Spirit, now and forever and to the ages of ages.

(Amen.)

CLERGY

Rich men turned poor and went hungry; but those who seek the Lord shall not lack any good thing. **[SAAS]**

CHOIR

Rich men turned poor and went hungry; but those who seek the Lord shall not lack any good thing. **(2)** **[SAAS]**

From Menaion - - -

CHOIR

Aposticha. For the Cross.

Mode pl. 1. Rejoice.

Rejoice, life-bearing Cross of the Lord,
* of true religion the invincible monument,
* the door to the blessed Garden, * support
for those who believe, * and the Church's
wall of defense all around. * Corruption has
vanished and is abolished because of you. *
Through you the power that was death's has

been swallowed up, * and from earth have we
been exalted to the heavens' heights; * panoply
unassailable, * opponent of demons all, * the
Martyrs' glory that truly adorns devoutest
ascetic saints; * the port of salvation, * O all-
precious Cross, bestowing great mercy on the
world. [SD]

Verse: *Exalt the Lord our God, and worship
at the footstool of His feet; for He is holy.* [SAAS]

Rejoice, O precious Cross of the Lord. *
Through you mankind has been released from
the primal curse; * the sign indicating true joy,
* O wood respected by all, * in your exaltation
cursing enemies. * For us you are help in
need, and the strength of the Emperors, *
might of the righteous, and the dignity of the
priests, * for when you are signed, you redeem
us from miseries. * Rod of the power from
above, * by which we are shepherded; * the
shield of peace that the Angels in fear attend
to respectfully; * divine holy glory * of the
Master Christ who grants His great mercy to
the world. [SD]

Verse: *God is our King before the ages; He
worked salvation in the midst of the earth.* [SAAS]

Rejoice, you are the guide for the blind, *
and the physician of the sick, O most precious
Cross, * and also the resurrection * of all
who died, lifting up * all of us who had
succumbed to corruption. * Corruption has
been destroyed, and incorruptibility * through
you has blossomed, and we mortals were
deified, * and the Slanderer has been utterly
stricken down. * Seeing you lifted up today
* in the hands of the Hierarchs, * we in turn
now exalt Him who was exalted by means of

you, * and bowing before you * we adore you,
and great mercy we draw abundantly. [SD]

Glory. Both now.

From Menaion - - -

Mode pl. 4.

That which Moses of old prefigured in
himself and thereby struck down and routed
Amalek; and which David the melodist
ordered to be adored, calling it Your footstool,
namely Your precious Cross, O Christ our
God, today we sinners venerate, kissing it
with lips unworthy. And as we now extol You
who deigned to be nailed thereon, to You we
cry out saying, "Count us also worthy of Your
Rule, O Lord, together with the Robber, we
pray." [SD]

PRIEST

Song of Simeon.

Lord, now You are letting Your servant
depart in peace, according to Your word; for
my eyes have seen Your salvation which You
have prepared before the face of all peoples.
A light to bring revelation to the Gentiles, and
the glory of Your people Israel. [NKJV]

PEOPLE

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

All-holy Trinity, have mercy on us.
Lord, forgive our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

From Menaion - - -

Apolytikion. For the Cross.

Mode 1.

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth. (3) ^[GOA]

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

May the blessing and the mercy of the Lord come upon you by His divine grace and love for mankind, always, now and forever and to the ages of ages.

(Amen.)

Make firm, Lord our God, the holy and pure faith of the pious Orthodox Christians, together with the Holy Church and this city forever.

READER

Amen.

Optional:

PRIEST

Most-holy Theotokos, save us.

READER

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

PRIEST

Glory to You, O Christ God, our hope.
Glory to You.

READER

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May He who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the universal Elevation of which we are celebrating; the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, and of all

the saints, have mercy on us and save us, for
He is good and loves mankind.

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(Amen.)