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The Service of Vespers

on Thursday Evening

for Friday, July 5, 2019

Menaion - July 5

Memory of our Devout and God-bearing Father Athanasios of Athos, and our Devout Father Lambados the Wonder-worker.

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Menaion - July 5

Memory of our Devout and God-bearing Father Athanasios of Athos, and our Devout Father Lambados the Wonder-worker.

VESPERS

PRIEST

Blessed is our God always, now and ever, and to the ages of ages.

(Amen.)

READER

Come, let us worship and bow down before God our King.

Come, let us worship and bow down before Christ God our King.

Come, let us worship and bow down before Him, Christ our King and God.

Psalm 103 (104).

Bless the Lord, O my soul. O Lord my God, You are magnified exceedingly; You clothe Yourself with thanksgiving and majesty, who cover Yourself with light as with a garment, who stretch out the heavens like a curtain; You are He who covers His upper chambers with water, who makes the clouds His means of approach, who walks on the wings of the winds, who makes His angels spirits and His ministers a flame of fire. He established the earth on its stable foundation; it shall not be moved unto ages of ages. The deep like a garment is His covering; the waters shall stand upon the mountains; at Your rebuke they shall flee; at the sound of Your thunder, they shall be afraid. The mountains rise up, and the plains sink down to the place You founded for them. You set a boundary they shall not pass over; neither

shall they return to cover the earth. You are He who sends springs into the valley; the waters shall pass between the mountains; they shall give drink to all the wild animals of the field; the wild asses shall quench their thirst; the birds of heaven shall dwell beside them; they shall sing from the midst of the rocks. You are He who waters the mountains from His higher places; the earth shall be satisfied with the fruit of Your works. You are He who causes grass to grow for the cattle, and the green plant for the service of man, to bring forth bread from the earth; and wine gladdens the heart of man, to brighten his face with oil; and bread strengthens man's heart. The trees of the plain shall be full of fruit, the cedars of Lebanon, which You planted; there the sparrows shall make their nests; the house of the heron takes the lead among them. The high mountains are for the deer; the cliff is a refuge for the rabbits. He made the moon for seasons; the sun knows its setting. You established darkness, and it was night, wherein all the wild animals of the forest will prowl about; the young lions roar and snatch their prey, and seek their food from God. The sun arises, and they are gathered together; and they shall be put to bed in their dens. Man shall go out to his work and to his labor until evening. O Lord, Your works shall be magnified greatly; You made all things in wisdom; the earth was filled with Your creation. There is this great and spacious sea: the creeping things are there without number; the living things are there, both small and great; there the ships pass through; there is this dragon You formed to play therein. All things wait upon You, that You may give

them food in due season. When You give it to them, they shall gather it; when You open Your hand, all things shall be filled with Your goodness. But when You turn Your face away, they shall be troubled; when You take away their breath, they shall die and return again to their dust. You shall send forth Your Spirit, and they shall be created, and You shall renew the face of the earth. Let the glory of the Lord be forever; the Lord shall be glad in His works; He looks upon the earth and makes it tremble; He touches the mountains, and they smoke. I will sing to the Lord all my life; I will sing to my God as long as I exist; may my words be pleasing to Him, and I shall be glad in the Lord. May sinners cease from the earth, and the lawless, so as to be no more. Bless the Lord, O my soul.

The sun knows its setting. You established darkness, and it was night.

O Lord, Your works shall be magnified greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Glory to You, O God. (3)

Our hope, O Lord, glory to You.

While the Opening Psalm is being read the Priest, bareheaded and standing in front of the Holy Table, says quietly the following Prayers at the Lighting of the Lamps.

PRIEST (inaudibly)

1st Prayer

O Lord, compassionate and merciful, long-suffering and full of mercy, listen to our prayer and attend to the voice of our supplication. Make for us a sign for good. Guide us in your way, to walk in your truth. Make glad our hearts to fear your holy Name, because you are great and do wondrous things. You alone are God, and there is none like you, O Lord, among gods: powerful in mercy and loving in strength to help and to console and to save all who hope in your holy Name.

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen.

2nd Prayer

Lord, do not rebuke us in your anger, nor chastise us in your wrath, but deal with us in accordance with your kindness, physician and healer of our souls. Guide us to the harbour of your will. Enlighten the eyes of our hearts to the knowledge of your truth and grant that the rest of the present day and the whole time of our life may be peaceful and without sin, at the prayers of the holy Mother of God and of all the Saints.

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

3rd Prayer

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will.

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen.

4th Prayer

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints.

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen.

5th Prayer

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault.

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen.

6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind.

For you are our God and to you we give glory, to the Father, the Son and the Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

7th Prayer

Great and most high God, who alone possess immortality, who dwell in unapproachable light, who fashioned all creation with wisdom, who made the separation between the light and the darkness and who placed the sun to have authority over the day and the moon and the stars to have authority over the night, who have counted us sinners worthy even at this present hour to come into your presence with confession and thanksgiving and to offer you our evening hymn of glory; do you, O Lord who love mankind, direct our prayer like incense

before you and accept it as a savour of sweet fragrance. Grant us that the present evening and the coming night may be peaceful, clothe us with weapons of light, deliver us from every night-time fear and from every deed that walks in darkness. And give us sleep, which you have bestowed on us for our rest in our weakness, freed from every fantasy of the devil. Yes, Master of all things, giver of blessings, may we also be filled with compunction on our beds and call to mind your Name in the night, and enlightened by meditation on your commandments may we rise with gladness of soul to give glory to your loving-kindness, as we bring to your compassion supplications and entreaties on behalf of our own sins and those of all your people. At the prayers of the holy Mother of God visit them with mercy. [EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

When the Opening Psalm is completed the Priest, in front of the Holy Table, or the Deacon in his usual place outside the Holy Doors, says the Litany of Peace.

DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

For those who travel by land, sea, and air, for the sick, the suffering, the captives and for their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Mode 2.

Lord, I have cried to You; hear me. Hear me, O Lord. Lord, I have cried to You; hear me. Give heed to the voice of my supplication when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of enclosure about my lips.

Incline not my heart to evil words, to make excuses in sins.

With men who work lawlessness; and I will not join with their choice ones.

The righteous man shall correct me with mercy, and he shall reprove me; but let not the oil of the sinner anoint my head.

For my prayer shall be intense in the presence of their pleasures. Their judges are swallowed up by the rock.

They shall hear my words, for they are pleasant. As a clod of ground is dashed to pieces on the earth, so their bones were scattered beside the grave.

For my eyes, O Lord, O Lord, are toward You; in You I hope; take not my soul away.

Keep me from the snares they set for me, and from the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone, until I escape.

I cried to the Lord with my voice, with my voice I prayed to the Lord.

I shall pour out my supplication before Him; I shall declare my affliction in His presence.

When my spirit fainted within me, then You knew my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one who knew me.

Refuge failed me, and there was no one who cared for my soul.

I cried to You, O Lord; I said, "You are my hope, my portion in the land of the living."

Attend to my supplication, for I was humbled exceedingly.

Deliver me from my persecutors, for they are stronger than I.

Bring my soul out of prison to give thanks to Your name, O Lord.

The righteous shall wait for me, until You reward me.

Out of the depths I have cried to You, O Lord; O Lord, hear my voice.

Let Your ears be attentive to the voice of my supplication.

Stichera. For the Devout Man.

From Menaion - - -

Mode 2. *N/M* (*Which are the wreaths.*)

If You, O Lord, should mark transgression, O Lord, who would stand? For there is forgiveness with You, [SAAS]

What panegyrics of praise may we offer to Athanasios? By his actions fairly adorned, richly supplied with graces poured from the bright radiance of God; the sword who cuts down the assaults of the passions; the pillar ablaze with contemplation; the lamp of self-mastery who radiates from the lamp of his soul the commands of God, who grants life to all. [EL]

Because of Your law, O Lord, I waited for You; my soul waited for Your word. My soul hopes in the Lord. [SAAS]

With what garlands of words may we paltry creatures garland Athanasios? The falcon who flies heavenwards, lifted soaring on godlike wings of contemplation; the impregnable tower of humility; the unshakeable wall of discernment; the honoured beauty of the fair adornment of virtues; the one who on behalf of his children implores Christ God the only compassionate.

[EL]

From the morning watch until night; from the morning watch until night, let Israel hope in the Lord. [SAAS]

By the torch of your gifts of grace, Venerable Father Athanasios, inspired by God, you were revealed as an ever-radiant dawn, drawing towards the day-break that knows no evening those who are blinded by the fog of the passions; and so, as one who has multiplied his talent, Christ has declared you to be a healer of souls who lances the putrefaction of incurable wounds with the sword of your words, and grants saving strength to those who approach you.

For the Saint.

From Menaion - - -

Mode pl. 4. What a paradoxal.

For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions. [SAAS]

Blessed holy father Lambados, * by means of great self-control * and intense and protracted prayer * you subordinated the carnal mind to the ruling soul. * And you were filled, O devout one, with the gifts * of the allholy Spirit of God, O Saint. * Strengthened indeed by Him, * you subordinated and dashed to the earth * all the evil spirits and the devil's wicked hosts. [SD]

Praise the Lord, all you Gentiles; praise Him, all you peoples. [SAAS]

God-inspired father Lambados, * you have appeared now to us * as a treasure that once was hid * lying in remotest caves. * By your signs and your miracles * you shower fragrance upon the souls of those * who come with faith to you, blessed man of God. * Therefore we cry to you: * By your supplications to the Savior Christ, * rescue us who sing your praise from every evil and woe.

For His mercy rules over us; and the truth of the Lord endures forever. [SAAS]

Full of godly wisdom, Lambados, *
by your ascetical ways * you did cling to
your Lord and God. * You were sacredly
illumined by the light that He radiates. * You
thus appeared as a lamp that shines on all *
with bright and saving virtues continually. *
Therefore we joyfully * celebrate in faith today
the glowing feast * of your sacred memory, O
father blessed of God. [5D]

Glory. For the Devout Man.

From Menaion - - -

Mode pl. 2.

Your life was filled with God, your end was all-holy, Father Athanasios, for by it the whole multitude of the Mountain was assembled and when they saw you lying lifeless on a bier they cried out with mournful words: Grant a final word to your servants, O Saint; tell us, how have you abandoned your children, Father, the children whom you pitied as a father, truly full of sympathy and tender love. But even though here you are hidden in the tomb, we who honour you with love are enriched with you as protector and advocate on high with God.

From Octoechos - - -

Both now. **Theotokion. Mode pl. 2.**

Who will not call you blessed, most holy Virgin? Who will not sing praises of your wondrous birth giving? For the only begotten Son, timelessly having shone forth from the Father, came forth from you who are pure. And having been ineffably made flesh, he, who by nature is God, for our sake became also by nature man: not in two divided persons, but in two natures without confusion.

O honored and all blessed one, beseech him to have mercy on our souls. [HC]

DEACON (in a low voice)

Let us pray to the Lord.

PRIEST (in a low voice)

Prayer of the Entrance

At evening, at morning and at midday we praise, bless and give thanks, and we pray to you, Master of all things, Lord who love mankind: Direct our prayer before you like incense, and do not incline our hearts to words or thoughts of evil, but deliver us from all that hunt down our souls. For our eyes look to you, O Lord, our Lord, and we have hoped in you.

DEACON

Wisdom. Arise.

CLERGY AND PEOPLE

Mode 2.

Gladsome light of holy glory of the holy, blessed, heavenly, immortal Father, O Jesus Christ: arriving at the hour of sunset and having seen the evening light, we praise the Father, Son, and Holy Spirit, God. It is worthy for You to be praised at all times with happy voices, O Son of God and Giver of life; * and therefore the world glorifies You.

DEACON

The evening Prokeimenon.

CHOIR

Prokeimenon. Mode pl. 2.

My help comes from the Lord, who made heaven and earth. (2) [SAAS]

Verse: I lifted my eyes to the mountains; from where shall my help come?

My help comes from the Lord, who made heaven and earth.

The Readings

From Menaion - - -

READER

The reading is from the Wisdom of Solomon.

DEACON

Wisdom. Let us be attentive.

READER

3:1-9

The souls of the righteous are in the hand of God, and no torture will ever touch them. In the eyes of the undiscerning they seemed to have died, and their departure was considered to be misfortune, and their passage from us to be their destruction; but they are at peace. For though in man's view they were punished, their hope is full of immortality. Though chastened in a few things, great kindness will be shown them, for God tested them and found them worthy of Himself. He tested them like gold in a furnace and accepted them as a whole burnt offering. In the time of their visitation they will shine forth, and they will run about like sparks through straw. They will judge nations and rule over peoples, and the Lord shall reign over them unto the ages. Those who trust in Him will understand truth, and the faithful shall continue with Him in love, because grace and mercy are upon His elect [and He watches over His holy ones]. [SAAS]

READER

The reading is from the Wisdom of Solomon.

DEACON

Wisdom. Let us be attentive.

READER

5:15-6:3

The righteous live forever, and their reward is with the Lord; and their care is by the Most High. Therefore they shall receive a kingly dwelling of dignity and a crown of beauty from the hand of the Lord, because He will shelter them with His right hand and protect them with His arm. He will take His zeal as His full armor and will turn His creation into weapons against His enemies. He will wear righteousness as a breastplate and put on impartial judgment as a helmet. He will take holiness as an unconquerable shield and sharpen His relentless wrath for a sword; and creation will fight with Him against the senseless. Well-aimed flashes of lightning will strike and leap to their object as from a welldrawn bow of clouds; and hailstones full of anger will be hurled as from an engine of war. The water of the sea will be vexed with them, and the rivers will wash over them severely. A powerful wind will oppose them, and like a storm it will winnow them away. Lawlessness will lay waste all the earth, and wrongdoing will overturn the thrones of rulers. Listen therefore, O kings, and understand; learn, O judges of the ends of the earth. Give ear, you that rule over multitudes, and take pride in yourself over a multitude of nations. For power was given to you from the Lord, and your lordship from the Most High. [SAAS]

READER

The reading is from the Wisdom of Solomon.

DEACON

Wisdom. Let us be attentive.

READER

4:7-15

Though a righteous man may die before his time, he shall be at rest. For old age is not honored for its length of existence, nor measured by its number of years; but discernment is gray hair for mankind, and a spotless life is the maturity of old age. There was once a man pleasing to God and loved by Him, and while living among sinners he was taken up. He was caught up lest evil change his understanding or deceit deceive his soul. For envy arising from lack of judgment obscures what is good, and a whirling of desire undermines an innocent heart. He was made perfect, for in a short time he fulfilled long years, for his soul was pleasing to the Lord; therefore, He took him early from the midst of evil. Yet peoples saw this but did not understand, nor take such a thing to heart, that the Lord's grace and mercy are with His elect and that He watches over His holy ones.

[SAAS]

DEACON

Let us all say with all our soul and with all our mind, let us all say.

(Lord, have mercy.)

Lord almighty, God of our fathers, we pray You, hear us and have mercy.

(Lord, have mercy.)

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed and evermemorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and allvenerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the

Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

O Lord, keep us this evening without sin. Blessed are you, O Lord, God of our fathers, and praised and glorified is your name to the ages. Amen. O Lord, let your mercy be upon us for we have set our hope in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, Master, grant me understanding of your commandments. Blessed are you, Holy One, enlighten me with your commandments. Lord, your mercy is forever. Do not despise the works of your hands. To you is due praise, to you is due song, to you is due glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Let us complete our evening prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You, O God, are good and love mankind, and to You we offer glory, to the Father and to the Son and to the Holy Spirit, now and forever, and to the ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST (in a low voice)

Lord our God, who bowed the heavens and came down for the salvation of the human race, look upon your servants and upon your inheritance, for to you, the fearful Judge who love mankind, your servants have bowed their heads and inclined their necks, not waiting for any human help, but awaiting your mercy and looking for your salvation. Guard them at every moment, during both the present evening and the approaching night, from every foe, from every hostile operation of the devil and from vain thoughts and evil desires.

PRIEST

May the might of your kingdom be blessed and glorified, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Menaion - - -

CHOIR

Aposticha.

Mode pl. 1. N/M (Rejoice.)

Hail venerable Athanasios, companion of angelic choirs; for you truly led their life on earth, all-blessed Father, practising virtue and appearing as an unsullied mirror of purity, receiving the blazing beams of the Holy Spirit; therefore shining brightly you saw the future, foretelling all, initiated from the divine illumination of Christ; implore him that our souls be given his great mercy.

Verse: Precious in the sight of the Lord is the death of His holy one. [SAAS]

Hail prince and invincible champion of ascetics; for having cut out the roots of the passions and bravely withstood the assaults of the demons, Athanasios, you triumphed over their soul-destroying error; while you revealed the force and unconquerable power of the Cross of the Saviour. Girded with this power you conquered all those who reject the divine manifestation of Christ in the flesh; implore him that our souls be given his great mercy. [EL]

Verse: Blessed is the man who fears the Lord; he will delight exceedingly in His commandments.

[SAAS]

A well-fixed pillar of virtues radiant with light and an overshadowing cloud, you appeared leading those on Athos who love God from earth to heaven, as you break open the sea of the passions with the staff of the Cross. You wounded the spiritual Amalek and found the unimpeded path to heaven and an inviolate lot, O Blest by God, as you stand joyfully with the Bodiless Powers before the throne of Christ; implore him that our souls be given his great mercy.

Glory.

From Menaion - - -

Mode pl. 2.

As we hasten together, O lovers of festivals, let us honour with songs of praise the beauty of the Fathers, the glory of ascetics, the spring of marvels and unashamed intercessor with God as we say: Hail, rule and model, most precise pattern of the monastic life. Hail, most brilliant of beacons, who light up the whole world with the torches of virtues. Hail, great advocate and pains and fervent protector of those in troubles. And therefore, Athanasios, do not cease to intercede with Christ God on behalf of this flock of yours, and of all the faithful who honour your revered falling asleep.

From Octoechos - - -

Both now. **Theotokion. Mode pl. 2.**

Theotokos, you are the true vine that produced the fruit of life. Lady, we fervently entreat you to intercede along with the devout

one and all the saints, that our souls be treated mercifully.

PRIEST

Song of Simeon.

Lord, now You are letting Your servant depart in peace, according to Your word; for my eyes have seen Your salvation which You have prepared before the face of all peoples. A light to bring revelation to the Gentiles, and the glory of Your people Israel. [NKIV]

PEOPLE

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and **READER** of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Apolytikion.

From Menaion - -

Mode 3. Seeing how beautiful.

Angelic hosts on high were filled with wonderment, seeing your life in the flesh: how with your body you courageously went out to wrestle with invisible foes; and to the demonic hordes you inflicted serious wounds. Therefore, Athanasios, you received from the Master Christ, a wealth of gifts. Holy Father, intercede on our behalf with Christ our God, to save our souls. [SD]

From Octoechos - - -

Glory. Both now. Theotokion. Mode 3.

Unto you who mediated the salvation of our race we sing praises, O Virgin Theotokos. For your Son and our God in the flesh that He assumed from you accepted suffering by means of crucifixion and has thereby set us free from corruption, in His love for man. [50]

DEACON

Wisdom.

(Father, bless!)

PRIEST

Blessed are You, Christ our God, always now and forever and to the ages of ages. (Amen.)

Make firm, Lord our God, the holy and pure faith of the pious Orthodox Christians, together with the Holy Church and this city forever.

Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May Christ our true God, through the intercessions of His all-pure and allimmaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, our devout and God-bearing father Athanasios of Athos, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)