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# The Service of Vespers

**on Sunday Evening**

**for Monday, November 11, 2019**

**Octoechos - Mode 4.  
on Sunday Evening**

**Menaion - November 11  
Memory of the Holy Martyrs Menas, Victor and Vincent; and the  
Holy Martyr Stephanie; and our Devout Father and Confessor  
Theodore the Studite.**

**Text in English**

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vol Orthodox Monastery of the Veil of our Lady

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**The AGES Digital Chant Stand is supported in part by generous grants from Leadership 100 and the National Forum of Greek Orthodox Church Musicians.**

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**Menaion - November 11**

Memory of the Holy Martyrs Menas, Victor and Vincent; and the Holy Martyr Stephanie; and our Devout Father and Confessor Theodore the Studite.

**VESPERS**

**PRIEST**

Blessed is our God always, now and ever, and to the ages of ages.

*(Amen.)*

**READER**

Come, let us worship and bow down before God our King.

Come, let us worship and bow down before Christ God our King.

Come, let us worship and bow down before Him, Christ our King and God.

**Psalm 103 (104).**

Bless the Lord, O my soul. O Lord my God, You are magnified exceedingly; You clothe Yourself with thanksgiving and majesty, who cover Yourself with light as with a garment, who stretch out the heavens like a curtain; You are He who covers His upper chambers with water, who makes the clouds His means of approach, who walks on the wings of the winds, who makes His angels spirits and His ministers a flame of fire. He established the earth on its stable foundation; it shall not be moved unto ages of ages. The deep like a garment is His covering; the waters shall stand upon the mountains; at Your rebuke they shall flee; at the sound of Your thunder, they shall be afraid. The mountains rise up, and the plains sink down to the place You founded for them. You set

a boundary they shall not pass over; neither shall they return to cover the earth. You are He who sends springs into the valley; the waters shall pass between the mountains; they shall give drink to all the wild animals of the field; the wild asses shall quench their thirst; the birds of heaven shall dwell beside them; they shall sing from the midst of the rocks. You are He who waters the mountains from His higher places; the earth shall be satisfied with the fruit of Your works. You are He who causes grass to grow for the cattle, and the green plant for the service of man, to bring forth bread from the earth; and wine gladdens the heart of man, to brighten his face with oil; and bread strengthens man's heart. The trees of the plain shall be full of fruit, the cedars of Lebanon, which You planted; there the sparrows shall make their nests; the house of the heron takes the lead among them. The high mountains are for the deer; the cliff is a refuge for the rabbits. He made the moon for seasons; the sun knows its setting. You established darkness, and it was night, wherein all the wild animals of the forest will prowl about; the young lions roar and snatch their prey, and seek their food from God. The sun arises, and they are gathered together; and they shall be put to bed in their dens. Man shall go out to his work and to his labor until evening. O Lord, Your works shall be magnified greatly; You made all things in wisdom; the earth was filled with Your creation. There is this great and spacious sea: the creeping things are there without number; the living things are there, both small and great; there the ships pass through; there is this dragon You formed to play therein. All

things wait upon You, that You may give them food in due season. When You give it to them, they shall gather it; when You open Your hand, all things shall be filled with Your goodness. But when You turn Your face away, they shall be troubled; when You take away their breath, they shall die and return again to their dust. You shall send forth Your Spirit, and they shall be created, and You shall renew the face of the earth. Let the glory of the Lord be forever; the Lord shall be glad in His works; He looks upon the earth and makes it tremble; He touches the mountains, and they smoke. I will sing to the Lord all my life; I will sing to my God as long as I exist; may my words be pleasing to Him, and I shall be glad in the Lord. May sinners cease from the earth, and the lawless, so as to be no more. Bless the Lord, O my soul.

The sun knows its setting. You established darkness, and it was night.

O Lord, Your works shall be magnified greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Our hope, O Lord, glory to You.

*While the Opening Psalm is being read the Priest, bareheaded and standing in front of the Holy Table, says quietly the following Prayers at the Lighting of the Lamps.*

**PRIEST** (*inaudibly*)

### **1st Prayer**

O Lord, compassionate and merciful, long-suffering and full of mercy, listen to our prayer and attend to the voice of our supplication. Make for us a sign for good. Guide us in your way, to walk in your truth. Make glad our hearts to fear your holy Name, because you are great and do wondrous things. You alone are God, and there is none like you, O Lord, among gods: powerful in mercy and loving in strength to help and to console and to save all who hope in your holy Name. <sup>[EL]</sup>

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>

### **2nd Prayer**

Lord, do not rebuke us in your anger, nor chastise us in your wrath, but deal with us in accordance with your kindness, physician and healer of our souls. Guide us to the harbour of your will. Enlighten the eyes of our hearts to the knowledge of your truth and grant that the rest of the present day and the whole time of our life may be peaceful and without sin, at the prayers of the holy Mother of God and of all the Saints. <sup>[EL]</sup>

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>

### **3rd Prayer**

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will. <sup>[EL]</sup>

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>

### **4th Prayer**

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints. <sup>[EL]</sup>

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>

### **5th Prayer**

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault. <sup>[EL]</sup>

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen. [EL]

### 6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind. [EL]

For you are our God and to you we give glory, to the Father, the Son and the Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

### 7th Prayer

Great and most high God, who alone possess immortality, who dwell in unapproachable light, who fashioned all creation with wisdom, who made the separation between the light and the darkness and who placed the sun to have authority over the day and the moon and the stars to have authority over the night, who have counted us sinners worthy even at this present hour to come into your presence with confession and thanksgiving and to offer you our evening hymn of glory; do you, O Lord who love mankind, direct our prayer like incense

before you and accept it as a savour of sweet fragrance. Grant us that the present evening and the coming night may be peaceful, clothe us with weapons of light, deliver us from every night-time fear and from every deed that walks in darkness. And give us sleep, which you have bestowed on us for our rest in our weakness, freed from every fantasy of the devil. Yes, Master of all things, giver of blessings, may we also be filled with compunction on our beds and call to mind your Name in the night, and enlightened by meditation on your commandments may we rise with gladness of soul to give glory to your loving-kindness, as we bring to your compassion supplications and entreaties on behalf of our own sins and those of all your people. At the prayers of the holy Mother of God visit them with mercy. [EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

*When the Opening Psalm is completed the Priest, in front of the Holy Table, or the Deacon in his usual place outside the Holy Doors, says the Litany of Peace.*

**DEACON**

In peace, let us pray to the Lord.

*(Lord, have mercy.)*

For the peace from above and for the salvation of our souls, let us pray to the Lord.

*(Lord, have mercy.)*

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

*(Lord, have mercy.)*

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

*(Lord, have mercy.)*

For pious and Orthodox Christians, let us pray to the Lord.

*(Lord, have mercy.)*

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

*(Lord, have mercy.)*

For our country, for the president, and for all in public service, let us pray to the Lord.

*(Lord, have mercy.)*

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

*(Lord, have mercy.)*

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

*(Lord, have mercy.)*

For those who travel by land, sea, and air, for the sick, the suffering, the captives and for their salvation, let us pray to the Lord.

*(Lord, have mercy.)*

For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

*(Lord, have mercy.)*

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

*(Lord, have mercy.)*

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

*(To You, O Lord.)*

**PRIEST**

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

*(Amen.)*

**CHOIR**

**Mode pl. 4.**

Lord, I have cried to You; hear me. Hear me, O Lord. Lord, I have cried to You; hear me. Give heed to the voice of my supplication when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of enclosure about my lips.

Incline not my heart to evil words, to make excuses in sins.

With men who work lawlessness; and I will not join with their choice ones.



The righteous man shall correct me with mercy,  
and he shall reprove me; but let not the oil of the sinner  
anoint my head.

For my prayer shall be intense in the presence of  
their pleasures. Their judges are swallowed up by the  
rock.

They shall hear my words, for they are pleasant.  
As a clod of ground is dashed to pieces on the earth, so  
their bones were scattered beside the grave.

For my eyes, O Lord, O Lord, are toward You; in  
You I hope; take not my soul away.

Keep me from the snares they set for me, and from  
the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone,  
until I escape.

I cried to the Lord with my voice, with my voice I  
prayed to the Lord.

I shall pour out my supplication before Him; I  
shall declare my affliction in His presence.

When my spirit fainted within me, then You knew  
my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one  
who knew me.

Refuge failed me, and there was no one who cared  
for my soul.

I cried to You, O Lord; I said, "You are my hope,  
my portion in the land of the living."

Attend to my supplication, for I was humbled  
exceedingly.

Deliver me from my persecutors, for they are  
stronger than I.

Bring my soul out of prison to give thanks to Your  
name, O Lord.

The righteous shall wait for me, until You reward  
me.

Out of the depths I have cried to You, O Lord; O  
Lord, hear my voice.

Let Your ears be attentive to the voice of my  
supplication.

**Stichera. For the Martyrs.**

From Menaion ---

**Mode pl. 4. What a paradoxal.**

*If You, O Lord, should mark transgression, O  
Lord, who would stand? For there is forgiveness  
with You. [SAAS]*

In imitating the Passion of the Lord  
impassible, \* you went forth like a sheep to  
be \* slaughtered voluntarily, \* O all-lauded  
and medaled Saint. \* The rulers' anger did  
not make you afraid. \* Bodily tortures did not  
cause you to faint. \* Such were your sacred  
feats! \* Such was your prolonged resistance!  
Whereby you \* cast the proud one to the  
ground, O holy Martyr Menas. [SD]

*Because of Your law, O Lord, I waited for You;  
my soul waited for Your word. My soul hopes in  
the Lord. [SAAS]*

Flogged and whipped with scourges, you  
were flayed, \* and you were hung on a cross,  
\* like your Master and Lord of old. \* You  
were beaten everywhere \* on your body with  
metal rods, \* and yet you never renounced the  
name of Christ, \* having the eyes of your soul  
focused on Him. \* And as you gazed at Him \*  
so intensely, you were able to endure \* every  
torment of your flesh, O blessed St. Menas. [SD]

*From the morning watch until night; from the  
morning watch until night, let Israel hope in the  
Lord. [SAAS]*

Martyr Menas, now extolled by all, in  
your intense love for Christ, \* you withdrew  
from mundane pursuits, \* darkness and  
impiety \* of the pagan society. \* You quit  
your service in military corps, \* and you were



numbered instead among the ranks \* of the elect of God. \* Thus, O Martyr, in competing for His sake, \* you were clearly shown to be indeed invincible. [SD]

**For the Devout Man.**

From Menaion - - -

**Mode pl. 4. *What a paradoxal.***

*For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions.* [SAAS]

Father, your name is appropriate, for it means gift of God. \* You received the ineffable \* gifts from heaven, which you then \* shared with those who desired them. \* You multiplied your talent, O Theodore; \* then, O devout Saint, you heard the blessed voice, \* "Enter into the joy \* of the Master's bridal hall"; wherein you now \* appear standing near the throne of God the King of all. [SD]

*Praise the Lord, all you Gentiles; praise Him, all you peoples.* [SAAS]

Father of fathers, St. Theodore, you led a countless host \* of monastics to Christ our God. \* They attributed to you \* their salvation, O Christ-like Saint. \* Your sound instructions made you illustrious, \* and your protection of souls made you renowned. \* You were shown forth to be \* an all-wise prophetic mouthpiece of the Lord. \* Standing near Him as you do, remember us, we pray. [SD]

*For His mercy rules over us; and the truth of the Lord endures forever.* [SAAS]

All-wise holy mystic Theodore, the Spirit's grace clearly poured \* on your lips most abundantly, \* and it made of you a source \* of instruction inspired by God, \* a staunch defender of true and right beliefs,

\* mighty confessor and advocate of truth, \* pillar and bulwark of \* the all-holy and divine Orthodox Faith, \* and the rule and model of the monastic way of life. [SD]

Glory.

From Menaion - - -

**Mode pl. 2.**

Once again, the annual memory of those luminaries of the world has risen, namely of Menas and Victor and Vincent. Their feast day illumines the hearts of the believers, with their contests and crucifixion for the sake of Christ. Therefore let us sing hymns in honor of Christ our God, who has crowned them the glory and honor. [SD]

Both now. **Theotokion.**

**Mode pl. 2. *O Christ, as it is written.***

Pure Virgin only Mother of God, \* from Him you have been granted great \* gifts of grace divine, \* for you physically gave birth \* unto Christ the life-giver, \* who is one of the persons \* of the Trinity, to save our souls. [SD]

*(No Entrance)*

**READER**

Gladsome light of holy glory of the holy, blessed, heavenly, immortal Father, O Jesus Christ: arriving at the hour of sunset and having seen the evening light, we praise the Father, Son, and Holy Spirit, God. It is worthy for You to be praised at all times with happy voices, O Son of God and Giver of life; \* and therefore the world glorifies You. [SD]

**DEACON**

The evening Prokeimenon.

**CHOIR**

**Prokeimenon. Mode pl. 4.**

Behold now, bless the Lord, all you servants of the Lord. (2) [SAAS]

**Verse:** *Who stand in the house of the Lord, in the courts of the house of our God.*

Behold now, bless the Lord, all you servants of the Lord.

**READER**

O Lord, keep us this evening without sin. Blessed are you, O Lord, God of our fathers, and praised and glorified is your name to the ages. Amen. O Lord, let your mercy be upon us for we have set our hope in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, Master, grant me understanding of your commandments. Blessed are you, Holy One, enlighten me with your commandments. Lord, your mercy is forever. Do not despise the works of your hands. To you is due praise, to you is due song, to you is due glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. [HC]

*(Amen.)*

**DEACON**

Let us complete our evening prayer to the Lord.

*(Lord, have mercy.)*

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

*(Lord, have mercy.)*

That the whole evening may be perfect, holy, peaceful, and sinless, let us ask the Lord.

*(Grant this, O Lord.)*

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

*(Grant this, O Lord.)*

For pardon and remission of our sins and transgressions, let us ask the Lord.

*(Grant this, O Lord.)*

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

*(Grant this, O Lord.)*

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

*(Grant this, O Lord.)*

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

*(Grant this, O Lord.)*

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

*(To You, O Lord.)*

**PRIEST**

For You, O God, are good and love mankind, and to You we offer glory, to the Father and to the Son and to the Holy Spirit, now and forever, and to the ages of ages.

*(Amen.)*

**PRIEST**

Peace be with all.

*(And with your spirit.)*

**DEACON**

Let us bow our heads to the Lord.

(To You, O Lord.)

**PRIEST** *(in a low voice)*

Lord our God, who bowed the heavens and came down for the salvation of the human race, look upon your servants and upon your inheritance, for to you, the fearful Judge who love mankind, your servants have bowed their heads and inclined their necks, not waiting for any human help, but awaiting your mercy and looking for your salvation. Guard them at every moment, during both the present evening and the approaching night, from every foe, from every hostile operation of the devil and from vain thoughts and evil desires.

**PRIEST**

May the might of your kingdom be blessed and glorified, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Menaion - - -

**CHOIR**

**Aposticha.**

**Mode 4.** *To a brave one.*

Even though you were pierced with spikes \* and were beaten with leather whips, \* even though your body was burned up in the fire, \* still you, O Martyr, did not succumb \* in thought, nor did you renounce \* the salvific name of Christ, \* nor to idols made sacrifice, \* but instead became \* of your own will a pure and perfect sacrifice and off'ring to your Master, \* O Saint Menas, by your martyrdom.

[SD]

**Verse:** *God is wondrous in His saints, the God of Israel.* [SAAS]

While they plucked out your eyes, O Saint, \* and suspended you from a tree, \* and with torches burned every member of your flesh, \* and by the judge's severe decree \* they

severed your ligaments \* and decapitated you \* with a sword, O most glorious \* Victor, you rejoiced, \* as a Prize-winning Martyr of the Savior; by the working of the Spirit \* you have defeated the enemy. [SD]

**Verse:** *To the saints on His earth, in them the Lord magnified all His will.* [SAAS]

O much suffering Stephanie, \* you were crowned by the Lord of all \* with the crown of grace for surrendering yourself \* of your own will so courageously \* to tortures of every kind. \* When they fastened you to two \* trees and when they dismembered you, \* then you flew to God \* like a sparrow and left your holy body in the hunters' hands, O Martyr \* worthy of honor and dignity. [SD]

Glory.

From Menaion - - -

**Mode pl. 2.**

Devout Father, the proclamation of your achievements went forth into all the earth. For your labors you found the reward in heaven. You destroyed the arrays of demons, and you attained to the orders of the Angels, whose lifestyle you emulated blamelessly. Since you have confidence before Christ our God, ask Him to grant peace to our souls. [SD]

Both now. **Theotokion.**

**Mode pl. 2.** *O Christ, as it is written.*

O Lady, Virgin Mother of God, \* to you I turn the eye of my heart. \* Overlook not \* my intense and bitter sigh. \* And become my help and shelter \* in that most frightful hour \* when your Son and God will judge the world.

[SD]

**PRIEST**

**Song of Simeon.**

Lord, now You are letting Your servant depart in peace, according to Your word; for my eyes have seen Your salvation which You have prepared before the face of all peoples. A light to bring revelation to the Gentiles, and the glory of Your people Israel. [NKJV]

**PEOPLE**

**Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen. [SD]

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

**PRIEST**

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and

of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

**CHOIR**

**Apolytikion. For the Martyrs.**

**Mode 4. Come quickly.**

Your Martyrs, O Lord, were worthily awarded by You \* the crowns of incorruption, in that they contested for You our immortal God. \* Since they possessed Your power, they defeated the tyrants, \* dashing the demons' powerless displays of defiance. \* O Christ God, at their fervent entreaties, save our souls. [SD]

Glory. **For the Devout Man.**

**Mode pl. 4.**

Guide of Orthodoxy and a sacred teacher of piety and dignity, luminary of the world, and God-inspired jewel of monastics, O wise Theodore, the Spirit's instrument: by your teachings you enlightened all. Intercede with Christ our God for the salvation of our souls. [SD]

From Octoechos - - -

Both now. **Theotokion.**

**Mode pl. 4.**

Rejoice, O Maiden, who through an Angel received the Joy of the world! Rejoice, O Virgin who gave birth to your Creator and Lord! Rejoice! for you were counted worthy to become the Mother of God. [SD]

**DEACON**

Wisdom.

(Father, bless!)

**PRIEST**

Blessed are You, Christ our God, always  
now and forever and to the ages of ages.  
(*Amen.*)

Make firm, Lord our God, the holy and  
pure faith of the pious Orthodox Christians,  
together with the Holy Church and this city  
forever.

**READER**

Amen.

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify.

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the ages  
of ages. Amen.

Lord, have mercy. (3) Father, bless!

**PRIEST**

May Christ our true God, through  
the intercessions of His all-pure and all-  
immaculate holy Mother, the power of the  
precious and life-giving Cross, the protection  
of the honorable, bodiless powers of heaven,  
the supplications of the honorable, glorious  
prophet and forerunner John the Baptist, of  
the holy, glorious, and praiseworthy apostles,  
of the holy, glorious, and triumphant martyrs,  
of our righteous and God-bearing fathers,  
(*local patron saint*); of the holy and righteous  
ancestors of God Joachim and Anna, the holy  
martyrs Menas, Victor and Vincent, the holy  
martyr Stephanie, whose memory we observe,  
and of all the saints, have mercy on us and  
save us, for He is good and loves mankind.

Through the prayers of our holy fathers,  
Lord Jesus Christ, our God, have mercy on us  
[and save us].

(*Amen.*)