

Octoechos

Mode 2.

On Sunday Morning

Triodion

Second Sunday of Lent - St. Gregory

Palamas

Menaion - March 24

Forefeast of the Annunciation

LITURGY

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PRIEST

Blessed is the Kingdom of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

THE LITANY OF PEACE OR GREAT LITANY

DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

For those who travel by land, sea, and air, for the sick, the suffering, the captives and for their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST *(in a low voice)*

THE PRAYER OF THE FIRST ANTIPHON

Lord, our God, Whose dominion is incomparable and glory incomprehensible; Whose mercy is

immeasurable, and love for mankind ineffable: Look upon us and upon this holy house in Your loving-kindness, and grant to us and to those who pray with us Your abundant mercy and compassion.

PRIEST

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Antiphon I. Mode 2.

Verse 1: *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

THE SMALL LITANY

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST *(in a low voice)*

THE PRAYER OF THE SECOND ANTIPHON

Lord, our God, save Your people and bless Your inheritance. Protect the fullness of Your Church. Sanctify those who love the beauty of Your house. Glorify them in return by Your divine power, and forsake us not who have set our hope in You.

PRIEST

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Antiphon II. Mode 2.

Verse 1: *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

Verse 2: *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Verse 3: *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

THE SMALL LITANY

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST *(in a low voice)*

THE PRAYER OF THE THIRD ANTIPHON

Lord, You have granted us to offer these common prayers in unison and have promised that when two or three agree in Your name, You will grant their requests. Fulfill now, O Lord, the petitions of Your servants as may be of benefit to them, granting us in the present

age the knowledge of Your truth, and in the age to come eternal life.

PRIEST

For You, O God, are good and love mankind, and to You we offer glory, to the Father and to the Son and to the Holy Spirit, now and forever, and to the ages of ages.

(Amen.)

CHOIR

Antiphon III.

Mode 2.

Verse 1: *This is the day the Lord made; let us greatly rejoice and be glad therein.* [SAAS]

Resurrectional Apolytikion.

Mode 2.

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You. [SD]

Verse 2: *Let heaven and earth praise Him.*

[SAAS]

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You. [SD]

THE SMALL ENTRANCE

PRIEST *(in a low voice)*

THE ENTRANCE PRAYER

Master, Lord our God, Who has established the orders and hosts of angels and archangels in heaven to minister to Your glory, grant that holy angels may enter with us, that together we may celebrate and glorify

Your goodness. For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

DEACON *(in a low voice)*

Master, bless the holy entrance.

PRIEST *(in a low voice)*

Blessed be the entrance of Your holy ones always, now and forever and to the ages of ages. Amen.

DEACON

Wisdom. Arise.

CHOIR

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. [GOA]

We sing to You, Alleluia.

Hymns After the Small Entrance.

CHOIR

From Octoechos - - -

**Resurrectional Apolytikion.
Mode 2.**

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You. [SD]

For the Forefeast.

From Menaion - - -

Mode 4.

Today is the prelude of the joy of the universe, and it incites us to sing the forefeast hymns. For behold, Gabriel is coming, and he will say to the Virgin: Rejoice, Maiden full of grace; the Lord is with you. [SD]

For the Hierarch.

From Triodion - - -

Mode pl. 4.

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls. [SD]

(Apolytikion of the Parish Church)

(The text of the Apolytikion of the local church goes here.)

Kontakion. For the Forefeast.

From Menaion - - -

Mode 4. You appeared today.

The Archangel spoke to you, * O Theotokos, * and the Holy Spirit came * on you and thus you did conceive * the Father's Son, who is one in throne * and one in essence. * Through you, thus, was Adam recalled. [SD]

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST *(in a low voice)*

THE PRAYER OF THE TRISAGION HYMN

O Holy God, Who is resting among the holy ones, praised by the Seraphim with the thrice-holy voice, glorified by the Cherubim, and worshiped by every celestial power, You have brought all things into being out of nothing. You have created man according to Your image and likeness and adorned him with all the gifts of Your grace. You give wisdom and understanding to the one who asks, and You overlook not the sinner, but have set repentance as the way of salvation. You have granted us, Your humble and unworthy servants, to stand even at this hour before the glory of Your holy Altar of sacrifice and to offer

to You due worship and praise. Master, accept the Trisagion Hymn also from the lips of us sinners, and visit us in Your goodness. Forgive all our voluntary and involuntary transgressions, sanctify our souls and bodies, and grant that we may worship You in holiness all the days of our lives, through the intercessions of the holy Theotokos and of all the saints who have pleased You throughout the ages.

PRIEST

For You, our God, are holy, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever,

DEACON

And to the ages of ages.

CHOIR

Amen.

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

DEACON

Dynamis.

DEACON *(in a low voice)*

Command, Master.

PRIEST

Blessed is He Who comes in the name of the Lord.

DEACON

Master, bless the throne on high.

PRIEST

Blessed are You upon the throne of the glory of Your kingdom, enthroned upon the Cherubim always, now and forever and to the ages of ages. Amen.

CHOIR

Dynamis.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. [GOA]

The Epistle

THE SECOND SUNDAY IN LENT

DEACON

Let us be attentive.

READER

Prokeimenon. Mode 2. Psalm 117.

The Lord is my strength and my song, and He became my salvation. [SAAS]

Verse: *The Lord chastened and corrected me, but He did not give me up to death.* [SAAS]

DEACON

Wisdom.

READER

The reading is from Paul's Letter to the Hebrews.

DEACON

Let us be attentive.

READER

1:10-14; 2:1-3

"In the beginning, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the

message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him. ^[RSV]

PRIEST

Peace be with you.

CHOIR

Alleluia. Mode 2. Psalm 19.

Alleluia. Alleluia. Alleluia.

Verse 1: *May the Lord hear you in the day of afflictions; may the name of the God of Jacob defend you.* ^[SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *O Lord, save Your King, and hear us in the day we call upon You.* ^[SAAS]

Alleluia. Alleluia. Alleluia.

PRIEST *(in a low voice)*

THE PRAYER OF THE HOLY GOSPEL

Shine in our hearts, O Master Who loves mankind, the pure light of Your divine knowledge, and open the eyes of our mind that we may comprehend the proclamations of Your Gospels. Instill in us also reverence for Your blessed commandments so that, having trampled down all carnal desires, we may lead a spiritual life, both thinking and doing all those things that are pleasing to You. For You, Christ our God, are the illumination of our souls and bodies, and to You we offer up glory, together with Your Father, Who is without beginning, and Your all-holy, good, and life-creating Spirit, now and forever and to the ages of ages. Amen.

The Gospel

Second Sunday in Lent

DEACON

Wisdom. Arise. Let us hear the Holy Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

The reading is from the Holy Gospel according to Mark.

PRIEST

Let us be attentive.

(Glory to You, O Lord, glory to You.)

DEACON

2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins'—he said to the paralytic—"I say to you, rise, take up your pallet and go

home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!" [RSV]

PRIEST

Peace be with you.

CHOIR

Glory to You, O Lord, glory to You.

THE SERMON

(According to ancient tradition, the sermon was delivered following the readings.)

The following litanies are usually omitted.

**THE LITANY OF
FERVENT SUPPLICATION**

DEACON

Let us all say with all our soul and with all our mind, let us all say.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Lord almighty, God of our fathers, we pray You, hear us and have mercy.

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

Again we pray for (episcopal rank) (name).

Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

Again we pray for the blessed and ever-memorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

Again we pray for those who bear fruit and do good works in this holy and all-venerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

PRIEST (in a low voice)

THE PRAYER OF FERVENT SUPPLICATION

Lord our God, accept this fervent supplication from Your servants, and have mercy on us in accordance with the abundance of Your mercy, and send down Your compassion upon us and upon all Your people who await Your great and rich mercy.

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

THE PRAYERS FOR THE CATECHUMENS

DEACON

Catechumens, pray to the Lord.

(Lord, have mercy.)

Let us, the faithful, pray for the catechumens.

(Lord, have mercy.)

That the Lord will have mercy on them.

(Lord, have mercy.)

That He will teach them the word of truth.

(Lord, have mercy.)

That He will reveal to them the gospel of righteousness.

(Lord, have mercy.)

That He will unite them to His holy, catholic, and apostolic Church.

(Lord, have mercy.)

Save them, have mercy on them, help them, and protect them, O God, by Your grace.

(Lord, have mercy.)

Catechumens, bow your heads to the Lord.

(To You, O Lord.)

PRIEST (in a low voice)

THE PRAYER FOR THE CATECHUMENS

Lord our God, Who dwells on high and watches over the humble, You sent forth Your only-begotten Son and God, our Lord Jesus Christ, for the salvation of the human race. Look down upon Your servants, the catechumens, who have inclined their necks to You, and grant them at a proper time the baptism of rebirth, the remission of sins, and the garment of incorruption. Unite them to Your holy, catholic,

and apostolic Church, and number them among Your chosen flock.

(Amen.)

PRIEST

So that with us they also may glorify Your most honorable and majestic name, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Those who are catechumens, depart, catechumens depart, all those who are catechumens, depart. Let none of the catechumens remain.

THE SUPPLICATION OF THE FAITHFUL

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Wisdom.

PRIEST *(in a low voice)*

THE FIRST PRAYER OF THE FAITHFUL

You, Lord, revealed to us this great mystery of salvation; You made us, Your humble and unworthy servants, worthy to be ministers of Your holy altar; enable us for this ministry, by the power of Your Holy Spirit, so that we may stand uncondemned before of Your holy glory and offer You a sacrifice of praise; for it is You who effect all in all. Grant, Lord, that our sacrifice for our sins and for those committed in ignorance by the people may be acceptable and well-pleasing before You.

PRIEST

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Wisdom.

PRIEST (*in a low voice*)

THE SECOND PRAYER OF THE FAITHFUL

O God, You have visited our lowliness in mercy and compassion. You have set us, Your lowly, sinful, and unworthy servants, to serve at Your holy altar before Your holy glory. Strengthen us for this service with the power of Your Holy Spirit, and grant speech to our lips that we may invoke the grace of Your Holy Spirit upon the gifts that are about to be offered.

PRIEST

That, ever guarded by Your might, we may ascribe glory to You, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(*Amen.*)

THE GREAT ENTRANCE

CHOIR

The Cherubic Hymn.

Let us, who mystically represent the Cherubim and who sing the thrice-holy hymn to the life-creating Trinity, now lay aside every worldly care. So that we may receive the King of all. ^[GOA]

PRIEST (*in a low voice*)

THE PRAYER OF THE CHERUBIC HYMN

No one bound by carnal desires and pleasures is worthy to approach, draw near, or minister to You, the King of Glory. For to serve You is great and awesome even for the heavenly powers. Yet, because of Your ineffable and immeasurable love for mankind, You impassibly and immutably became man. You, as the Master of all, became our high priest and delivered unto us the sacred service of this liturgical sacrifice without the shedding of blood. Indeed, Lord our God, You alone reign over the celestial and the terrestrial; borne aloft on the cherubic throne, Lord of the Seraphim and King of Israel, the only holy and resting among the holy ones. I now beseech You, Who alone are good and inclined to hear: Look down upon me, Your sinful and unprofitable servant, and cleanse my soul and heart of a wicked conscience; and enable

me, by the power of Your Holy Spirit, clothed with the grace of the priesthood, to stand before Your holy Table and celebrate the Mystery of Your holy and pure Body and Your precious Blood. I come before You with my head bowed, and I implore You: Turn not Your face away from me, nor reject me from among Your children, but make me, Your sinful and unworthy servant, worthy to offer these gifts to You. For You are the One Who both offers and is offered, the One Who is received and is distributed, O Christ our God, and to You we offer up glory, with Your Father, Who is without beginning, and Your all-holy and good and life-creating Spirit, now and forever and to the ages of ages. Amen.

DEACON

May the Lord God remember all of us in His Kingdom always, now and forever and to the ages of ages.

CHOIR

Amen.

Who is invisibly escorted by the angelic hosts. Alleluia. Alleluia. Alleluia. ^[GOA]

THE LITANY OF COMPLETION

DEACON

Let us complete our prayer to the Lord.

CHOIR

(*Lord, have mercy.*)

For the precious Gifts here presented, let us pray to the Lord.

(*Lord, have mercy.*)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(*Lord, have mercy.*)

For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

(*Lord, have mercy.*)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

CHOIR

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST *(in a low voice)*

THE OFFERTORY PRAYER

Lord, our God, You created us and brought us into this life. You have shown us the way to salvation

and have bestowed upon us the revelation of heavenly mysteries. You have appointed us to this service by the power of Your Holy Spirit. Grant, therefore, O Lord that we may be accepted as servants of Your new Covenant and ministers of Your holy mysteries. Accept us as we draw near to Your holy altar, according to the multitude of Your mercy, that we may be worthy to offer You this spiritual sacrifice without the shedding of blood, for our sins and for the transgressions of Your people. Grant that, having accepted this sacrifice upon Your holy, heavenly, and spiritual altar as an offering of spiritual fragrance, You may in return send down upon us the grace of Your Holy Spirit. Look upon us, O God, and consider our worship; and accept it as You accepted the gifts of Abel, the sacrifices of Noah, the burnt offerings of Abraham, the priestly offices of Moses and Aaron, and the peace offerings of Samuel. As You accepted this true worship from Your holy apostles, accept also in Your goodness, O Lord, these gifts from the hands of us sinners, that being deemed worthy to serve at Your holy altar without blame, we may obtain the reward of the faithful stewards on the fearful day of Your just judgment.

PRIEST

Through the mercies of Your only begotten Son, with Whom You are blessed, together with Your all-holy, good, and life-creating Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

PRIEST

Peace be with all.

CHOIR

And with your spirit.

DEACON

Let us love one another, that with oneness of mind we may confess:

CHOIR

Father, Son, and Holy Spirit: Trinity, one in essence and undivided. [GOA]

Or, for concelebrations:

I will love You, O Lord, my strength. The Lord is my foundation, my refuge, my deliverer.

[SAAS]

DEACON

The doors! The doors! In wisdom, let us be attentive!

PEOPLE

THE SYMBOL OF OUR FAITH

I believe in one God, Father Almighty, Creator of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all ages; Light of Light, true God of true God, begotten, not created, of one essence with the Father through Whom all things were made. Who for us men and for our salvation came down from heaven and was incarnate of the Holy Spirit and the Virgin Mary and became man. He was crucified for us under Pontius Pilate, and suffered and was buried; And He rose on the third day, according to the Scriptures. He ascended into heaven and is seated at the right hand of the Father; And He will come again with glory to judge the living and dead. His kingdom shall have no end. And in the Holy Spirit, the Lord, the Creator of life, Who proceeds from the Father, Who together with the Father and the Son is worshipped and glorified, Who spoke through the prophets. In one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins. I look for

the resurrection of the dead, and the life of the age to come. Amen. [GOA]

THE HOLY ANAPHORA

DEACON

Let us stand aright! Let us stand in awe! Let us be attentive, that we may present the Holy Offering in peace.

CHOIR

A mercy of peace, a sacrifice of praise.

PRIEST

The grace of our Lord Jesus Christ, and the love of God and Father, and the communion of the Holy Spirit, be with you all.

CHOIR

And with your spirit.

PRIEST

Let us lift up our hearts.

CHOIR

We lift them up to the Lord.

PRIEST

Let us give thanks to the Lord.

CHOIR

It is proper and right.

PRIEST *(in a low voice)*

Master, Lord, God, worshipful Father almighty, it is truly just and right to the majesty of Your holiness to praise You, to hymn You, to bless You, to worship You, to give thanks to You, to glorify You, the only true God, and to offer to You this our spiritual worship with a contrite heart and a humble spirit. For You have given us to know Your truth. Who is worthy to praise Your mighty acts? Or to make known all Your praises? Or tell of all Your wonderful deeds at all times? Master of all things, Lord of heaven and earth, and of every creature visible and invisible, You are seated upon the throne of glory and behold the depths. You are without beginning, invisible, incomprehensible, beyond words, unchangeable. You are the Father of our

Lord Jesus Christ, who is the great God and Savior of our hope, the image of Your goodness, the true seal of revealing in Himself You, the Father. He is the living Word, the true God, eternal wisdom, life, sanctification, power, and the true light. Through Him the Holy Spirit was manifested, the spirit of truth the gift of Sonship, the pledge of our future inheritance, the first fruits of eternal blessings, the life giving power, the source of sanctification through whom every rational and spiritual creature is made capable of worshiping You and giving You eternal glorification, for all things are subject to You. For You are praised by the angels, archangels, thrones, dominions, principalities, authorities, powers, and the many eyed Cherubim. Round about You stand the Seraphim, one with six wings and the other with six wings; with two they cover their faces; with two they cover their feet; with two they fly, crying out to one another with unceasing voices and everresounding praises:

PRIEST

Singing the triumphal hymn, exclaiming, proclaiming, and saying...

CHOIR

Holy, holy, holy, Lord Sabaoth, heaven and earth are filled with Your glory. Hosanna in the highest. Blessed is He Who comes in the name of the Lord. Hosanna in the highest. [GOA]

PRIEST *(in a low voice)*

Together with these blessed powers, loving Master we sinners also cry out and say: Truly You are holy and most holy, and there are no bounds to the majesty of Your holiness. You are holy in all Your works, for with righteousness and true judgment You have ordered all things for us. For having made man by taking dust from the earth, and having honored him with Your own image, O God, You placed him in a garden of delight, promising him eternal life and the enjoyment of everlasting blessings in the observance of Your commandments. But when he disobeyed You, the true God who had created him, and was led astray by the deception of the serpent becoming subject to death through his own transgressions, You, O God, in Your righteous judgment, expelled him from paradise into

this world, returning him to the earth from which he was taken, yet providing for him the salvation of regeneration in Your Christ. For You did not forever reject Your creature whom You made, O Good One, nor did You forget the work of Your hands, but because of Your tender compassion, You visited him in various ways: You sent forth prophets; You performed mighty works by Your saints who in every generation have pleased You. You spoke to us by the mouth of Your servants the prophets, announcing to us the salvation which was to come; You gave us the law to help us; You appointed angels as guardians. And when the fullness of time had come, You spoke to us through Your Son Himself, through whom You created the ages. He, being the splendor of Your glory and the image of Your being, upholding all things by the word of His power, thought it not robbery to be equal with You, God and Father. But, being God before all ages, He appeared on earth and lived with humankind. Becoming incarnate from a holy Virgin, He emptied Himself, taking the form of a servant, conforming to the body of our lowliness, that He might change us in the likeness of the image of His glory. For, since through man sin came into the world and through sin death, it pleased Your only begotten Son, who is in Your bosom, God and Father, born of a woman, the holy Theotokos and ever virgin Mary; born under the law, to condemn sin in His flesh, so that those who died in Adam may be brought to life in Him, Your Christ. He lived in this world, and gave us precepts of salvation. Releasing us from the delusions of idolatry, He guided us to the sure knowledge of You, the true God and Father. He acquired us for Himself, as His chosen people, a royal priesthood, a holy nation. Having cleansed us by water and sanctified us with the Holy Spirit, He gave Himself as ransom to death in which we were held captive, sold under sin. Descending into Hades through the cross, that He might fill all things with Himself, He loosed the bonds of death. He rose on the third day, having opened a path for all flesh to the resurrection from the dead, since it was not possible that the Author of life would be dominated by corruption. So He became the first fruits of those who have fallen asleep, the first born of the dead, that He might be Himself the first in all things. Ascending into heaven, He sat at the right hand of Your majesty on high and He will come to render

to each according to His works. As memorials of His saving passion, He has left us these gifts which we have set forth before You according to His commands. For when He was about to go forth to His voluntary, ever memorable, and life-giving death, on the night on which He was delivered up for the life of the world, He took bread in His holy and pure hands, and presenting it to You, God and Father, and offering thanks, blessing, sanctifying, and breaking it:

PRIEST

He gave it to His holy disciples and apostles saying: Take, eat, this is my body which is broken for you and for the forgiveness of sins.

CHOIR

Amen.

PRIEST *(in a low voice)*

Likewise, He took the cup of the fruit of vine, and having mingled it, offering thanks, blessing, and sanctifying it.

PRIEST

He gave it to His holy disciples and apostles saying: Drink of this all of you. This is my blood of the new Covenant, shed for you and for many, for the forgiveness of sins.

CHOIR

Amen.

PRIEST *(in a low voice)*

Do this in remembrance of me. For as often as you eat this Bread and drink this Cup, you proclaim my death, and you confess my resurrection. Therefore, Master, we also, remembering His saving passion and life giving cross, His three-day burial and resurrection from the dead, His ascension into heaven, and enthronement at Your right hand, God and Father, and His glorious and awesome second coming.

PRIEST

Your own of Your own we offer to You, in all and for all.

CHOIR

We praise You, we bless You, we give thanks to You, and we pray to You, Lord our God. ^[GOA]

PRIEST *(in a low voice)*

Therefore, most holy Master, we also, Your sinful and unworthy servants, whom You have made worthy to serve at Your holy altar, not because of our own righteousness (for we have not done anything good upon the earth), but because of Your mercy and compassion, which You have so richly poured upon us, we dare to approach Your holy altar, and bring forth the symbols of the holy Body and Blood of Your Christ. We pray to You and call upon You, O Holy of Holies, that by the favor of Your goodness, Your Holy Spirit may come upon us and upon the gifts here presented, to bless, sanctify,

And make this bread to be the precious Body of our Lord and God and Savior Jesus Christ.

(Amen.)

And this cup to be the precious Blood of our Lord and God and Savior Jesus Christ.

(Amen.)

Shed for the life and salvation of the world.

(Amen. Amen. Amen.)

And unite us all to one another who become partakers of the one Bread and the Cup in the communion of the one Holy Spirit. Grant that none of us may partake of the holy Body and Blood of Your Christ to judgment or condemnation; but, that we may find mercy and grace with all the saints who through the ages have pleased You: forefathers, fathers, patriarchs, prophets, apostles, preachers, evangelists, martyrs, confessors, teachers, and every righteous spirit made perfect in faith.

PRIEST

Especially for our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary.

CHOIR

Hymn to the Theotokos.

In you, O Lady full of grace, rejoices all creation, the orders of Angels and the human race together. O hallowed temple and rational Garden of Paradise, the pride of virgins, from you did God become incarnate, and our God who existed before the ages became a child. For He made your womb a throne for himself, and your body He made wider than the heavens. In you, O Lady full of grace, rejoices all creation. Glory to you. [SD]

PRIEST (*in a low voice*)

For Saint John the prophet, forerunner, and baptist; for the holy, glorious, and most honorable apostles; for Saint(s) (Name's), whose memory we commemorate today; and for all Your saints, through whose supplications, O God, visit us. Remember also all who have fallen asleep in the hope of the resurrection to eternal life (here the priest commemorates the names of the deceased) . And grant them rest, our God, where the light of Your countenance shines. Again, we pray to You, be mindful of Your holy, catholic, and apostolic Church, which is from one end of the inhabited earth to the other. Grant peace to her which You have obtained with the precious blood of Your Christ. Strengthen also this holy house to the end of the ages. Remember, Lord, those who have brought You these gifts, and for whom and through whom and the intentions for which they were offered. Remember, Lord, those who bear fruit and do good works in Your holy churches, and those who remember the poor. Reward them with Your rich and heavenly gifts. Grant them in return for earthly things, heavenly gifts; for temporal, eternal; for corruptible, incorruptible. Remember, Lord, those who are in the deserts, on mountains, in caverns, and in the chambers of the earth. Remember, Lord, those living in chastity and godliness, in asceticism and holiness of life. Remember, Lord, this country and all those in public service whom you have allowed to govern on earth. Grant them profound and lasting peace. Speak to their hearts good things concerning your Church and all

your people that through the faithful conduct of their duties we may live peaceful and serene lives in all piety and holiness. Sustain the good in their goodness; make the wicked good through Your goodness. Remember, Lord, the people here presented and those who are absent with good cause. Have mercy on them and on us according to the multitude of Your mercy. Fill their treasuries with every good thing; preserve their marriages in peace and harmony; nurture the infants; instruct the youth; strengthen the aged; give courage to the faint hearted; reunite those separated; bring back those in error and unite them to Your holy, catholic, and apostolic Church. Free those who are held captive by unclean spirits; sail with those who sail; travel with those who travel; defend the widows; protect the orphans; liberate the captives; heal the sick. Remember, Lord, those who are in mines, in exile, in harsh labor, and those in every kind of affliction, necessity, or distress; those who entreat your loving kindness; those who love us and those who hate us; those who have asked us to pray for them, unworthy though we may be. Remember, Lord our God, all Your people, and pour out Your rich mercy upon them, granting them their petitions for salvation. Remember, O God, all those whom we have not remembered through ignorance, forgetfulness or because of their multitude since You know the name and age of each, even from their mother's womb. For You, Lord, are the helper of the helpless, the hope of the hopeless, the savior of the afflicted, the haven of the voyager, and the physician of the sick. Be all things to all, You who know each person, his requests, his household, and his need. Deliver this community and city, O Lord, and every city and town, from famine, plague, earthquake, flood, fire, sword, invasion of foreign enemies, and civil war.

PRIEST

Among the first remember, Lord, (*episcopal rank*) (*name*). grant him to Your holy churches in peace, safety, honor, and health, unto length of days, rightly teaching the word of Your truth.

DEACON

And remember those whom each one of us has in mind, and all the people.

CHOIR

And all the people.

PRIEST *(in a low voice)*

Remember, Lord, all Orthodox bishops who rightly teach the word of Your truth. Remember Lord, my unworthiness according to the multitude of Your mercies; forgive my every transgression, both voluntary and involuntary. Do not take away the grace of Your Holy Spirit from these gifts presented because of my sins. Remember, Lord, the presbyters, the diaconate in Christ, and every order of the clergy, and do not confound any of us who stand about Your holy altar. Visit us with Your goodness, Lord; manifest Yourself to us through Your rich compassion. Grant us seasonable weather and fruitful seasons; send gentle showers upon the earth so that it may bear fruit; bless the crown of the year of Your goodness. Prevent schism in the Church; pacify the raging of the heathen. Quickly stop the uprisings of heresies by the power of Your Holy Spirit. Receive us all into Your kingdom. Declare us to be sons and daughters of the light and of the day. Grant us Your peace and love, Lord our God, for You have given all things to us.

PRIEST

And grant that with one voice and one heart we may glorify and praise Your most honorable and majestic name, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

PRIEST

And the mercies of our great God and Savior, Jesus Christ, be with you all.

CHOIR

And with your spirit.

DEACON

Having commemorated all the saints, again and again, in peace, let us pray to the Lord.

CHOIR

(Lord, have mercy.)

For the precious Gifts here presented and consecrated, let us pray to the Lord.

(Lord, have mercy.)

That our God Who loves mankind, having accepted them at His holy and celestial and mystical altar as an offering of spiritual fragrance, may in return send down upon us the divine grace and the gift of the Holy Spirit, let us pray.

(Lord, have mercy.)

Having asked for the unity of the faith and for the communion of the Holy Spirit, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST *(in a low voice)*

Our God, the God who saves, You teach us justly to thank You for the good things which You have done and still do for us. You are our God who has accepted these Gifts. Cleanse us from every defilement of flesh and spirit, and teach us how to live in holiness by Your fear, so that receiving the portion of Your holy Gifts with a clear conscience we may be united with the holy Body and Blood of Your Christ. Having received them worthily, may we have Christ dwelling in our hearts, and may we become the temple of Your Holy Spirit. Yes, our God, let none of us be guilty before these, Your awesome and heavenly Mysteries, nor be infirm in body and soul by partaking of them unworthily. But enable us, even up to our last breath, to receive a portion of Your holy Gifts worthily, as provision for eternal life and as an acceptable defense at the awesome judgment seat of Your Christ. So that we also, together with all the saints who through the ages have pleased You, may become partakers of Your eternal good things, which You, Lord, have prepared for those who love You.

PRIEST

And grant us, Master, with boldness and without condemnation, to dare call You, the heavenly God, Father, and to say:

PEOPLE

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. [GOA]

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST *(in a low voice)*

Lord Master, the Father of mercies and God of every consolation, bless sanctify, guard, fortify, and strengthen those who have bowed their heads to You. Distance them from every evil deed. Lead them to every good work and make them worthy to partake without condemnation of these, Your most pure and life-giving Mysteries, for the forgiveness of sins and for the communion of the Holy Spirit.

PRIEST

Through the grace, compassion, and love for mankind of Your only begotten Son, with whom You are blessed, together with Your all-

holy, good, and life-creating Spirit, now and forever and to the ages of ages.

(Amen.)

THE HOLY COMMUNION

PRIEST *(in a low voice)*

Hearken, O Lord Jesus Christ our God, from Your holy dwelling place and from the throne of glory of Your Kingdom, and come to sanctify us, You Who are enthroned with the Father on high and are present among us invisibly here. And with Your mighty hand, grant Communion of Your most pure Body and precious Blood to us, and through us to all the people.

DEACON

Let us be attentive.

PRIEST

The Holy Gifts for the holy people of God.

CHOIR

One is Holy, one is Lord, Jesus Christ, to the glory of God the Father. Amen. [GOA]

PEOPLE

Prayers of Holy Communion

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, Who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, in knowledge or in ignorance. And make me worthy, without condemnation, to partake of Your pure Mysteries for the remission of sins and for eternal life. Amen.

How shall I, who am unworthy, enter into the splendor of Your saints? If I should dare to enter into the bridal chamber, my vesture will condemn me, since it is not a wedding

garment; and being bound up, I shall be cast out by the angels. Cleanse, O Lord, the filth of my soul, and save me, as You are the one Who loves mankind. In Your love, Lord, cleanse my soul, and save me.

Master Who loves mankind, Lord Jesus Christ, my God, let not these Holy Gifts be to my judgment because I am unworthy, but rather for the purification and sanctification of both soul and body and the pledge of the life and Kingdom to come. It is good for me to cleave unto God and to place in Him the hope of my salvation.

O Son of God, receive me today as a partaker of Your mystical supper. For I will not speak of the mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: Remember me, Lord, in Your Kingdom.

CHOIR

Communion Hymn. Psalm 148.

Praise the Lord from the heavens, praise Him in the highest. Alleluia. [SAAS]

DEACON

With the fear of God, faith, and love, draw near.

And the people receive Holy Communion. The Priest receives the holy Chalice from the hands of the Deacon and begins communing the people, saying to each one:

The servant of God (Name) partakes of the Body and Blood of Christ for the remission of sins and life eternal.

CHOIR

Hymns During Holy Communion

PRIEST

Save, O God, Your people, and bless Your inheritance.

CHOIR

Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

PRIEST

(in a low voice)

Wash away, Lord, by Your Holy Blood, the sins of Your servants here remembered through the intercessions of the Theotokos and all Your saints. Amen.

DEACON

Exalt, Master.

PRIEST

Be exalted, O God, above the heavens, and let Your glory be over all the earth.

Blessed is our God.

PRIEST

Always, now and forever and to the ages of ages.

(Amen.)

CHOIR

Let our mouths be filled with Your praise, O Lord, that we may sing of Your glory, because You have made us worthy to partake of Your Holy Mysteries. Keep us in Your sanctification, that all day long we may meditate upon Your righteousness. Alleluia. Alleluia. Alleluia. [GOA]

DEACON

Arise! Having partaken of the divine, holy, pure, immortal, heavenly, life-creating, and awesome Mysteries of Christ, let us worthily give thanks to the Lord.

(Lord, have mercy.)

or:

(Glory to You, O Lord, glory to You.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Having prayed for a perfect, holy, peaceful, and sinless day, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST *(in a low voice)*

THE THANKSGIVING PRAYER

We thank You, Lord, our God, for the communion of Your holy, most pure, immortal, and heavenly Mysteries which You have granted us for the benefit, sanctification, and healing of our souls and bodies. Grant, Master of all, that the communion of the holy Body and Blood of Your Christ may become for us faith unashamed, love unfeigned, fulness of wisdom, healing of soul and body, repelling of every hostile adversary, observance of Your commandments, and an acceptable defense at the dread judgment seat of Your Christ.

PRIEST

For You are our sanctification, and to You we give glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

PRIEST

Let us go forth in peace.

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

THE PRAYER BEHIND THE AMBON

O Lord, Who blesses those who bless You and sanctifies those who put their trust in You, save Your people and bless Your

inheritance. Protect the whole body of Your Church. Sanctify those who love the beauty of Your house. Glorify them in return by Your divine power, and forsake us not who have set our hope in You. Grant peace to Your world, to Your churches, to the clergy, to our civic leaders, to the armed forces, and to all Your people. For every good and perfect gift is from above, coming down from You, the Father of lights. To You we give glory, thanksgiving, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Blessed be the name of the Lord from this present time and unto the ages. (3) [SAAS]

PRIEST *(in a low voice)*

The mystery of Your dispensation, O Christ our God, has been accomplished and perfected as far as it is in our power. We have had the memorial of Your death. We have seen the types of Your resurrection. We have been filled with Your unending life. We have enjoyed Your inexhaustible delight which in the world to come be well pleased to give to us all, through the grace of Your holy and good and life-giving Spirit, now and forever and to the ages of ages.

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

May the blessing and the mercy of the Lord come upon you by His divine grace and love for mankind, always, now and forever and to the ages of ages.

(Amen.)

Glory to You, our God. Glory to You.

PRIEST

May He who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, our father among the saints Gregory Palamas, Archbishop of Thessaloniki, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

CHOIR

Lord, protect for many years the one who blesses and sanctifies us. [GOA]

PRIEST

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)