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The Service of Matins

for Friday, July 26, 2019

Menaion - July 26

**Memory of the Holy Hieromartyrs Hermolaus, Hermippus, and
Hermocrates; and the Devout Martyr St. Paraskevi**

Katavasias of Theotokos

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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The AGES Digital Chant Stand is supported by grants from Leadership 100 and the National Forum of Greek Orthodox Church Musicians.

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Menaion - July 26

Memory of the Holy Hieromartyrs
Hermolaus, Hermippus, and Hermocrates;
and the Devout Martyr St. Paraskevi

MATINS

CHOIR

Mode 4.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. [SAAS]

Verse 1: *Give thanks to the Lord and call
upon His name.*

*or: Give thanks to the Lord, for He is good; for
His mercy endures forever.*

Verse 2: *All the nations surrounded me, but
in the name of the Lord I defended myself against
them.*

Verse 3: *And this came about from the Lord,
and it is wonderful in our eyes.*

Apolytikion. For the Saints.

Mode 4. Come quickly.

Your Martyrs, O Lord, were worthily
awarded by You * the crowns of incorruption,
in that they contested for You our immortal
God. * Since they possessed Your power, they
defeated the tyrants, * dashing the demons'
powerless displays of defiance. * O Christ
God, at their fervent entreaties, save our souls.

[SD]

Glory. **For the Holy Woman.**

From Menaion - - -

Mode 1.

Your diligence corresponded to your
name, Paraskevi, which denotes preparedness.
Through faith you inherited the promised
dwelling that was prepared for you, O prize-
winning Martyr. Therefore you pour out cures

and healings, and you intercede on behalf of
our souls. [SD]

From Octoechos - - -

Both now. **Theotokion.**

Mode 1. The stone had been secured.

When Gabriel had uttered rejoice to you,
O Virgin, * then with the voice was the Lord of
all becoming incarnate * in you whom the holy
Ark of old * prefigured, as righteous David
said. * You carried your Creator and proved to
be more spacious than the heavens. * Glory to
Him who dwelt inside of you; * glory to Him
who came forth from You; * glory be to Him
who through your childbirth has set us free. [SD]

PRIEST

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos and
ever-virgin Mary, with all the saints, let us
commend ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is
the kingdom and the power and the glory,
of the Father and of the Son and of the Holy
Spirit, now and forever and to the ages of
ages.

(Amen.)

CHOIR

Kathisma I.

From Menaion - - -

Mode 4. You who were lifted.

You truly loved the Savior Christ who
is handsome, * and through your chastity

your soul shone with beauty, * and thus by means of every kind of labor and distress, * you betrothed yourself to Him, as a bride who is blameless. * So He gave you access to the heavenly chambers. * And you, all-lauded Saint Paraskevi * earnestly pray Him * for us who now honor you. [SD]

Glory. Both now. **Theotokion.**

Mode 4. *You who were lifted.*

We the unworthy shall not ever be silent, * O Theotokos, from proclaiming your powers. * For were you not concerned to intercede for us, * who would have delivered us * from such manifold dangers, * and who else would up to now * have preserved us in freedom? * O Lady, we shall not depart from you, * for you ever save your servants * from evils of every kind. [SD]

Kathisma II.

From Menaion - - -

Mode 1. *The soldiers keeping watch.*

By purity of life, as a lamb without blemish, * you mystically were joined to the Lord, O pure maiden, * and also adorned yourself with the beauty of martyrdom. * Therefore you received the grace of God to work healings; * by the power of the Spirit, you cure diseases * and illness of every kind. [SD]

Glory. Both now. **Theotokion.**

Mode 1. *The soldiers keeping watch.*

All we who run to you and with longing take refuge * in your benevolence know that you are the Mother * of God, and after giving birth are a virgin in very truth. * Now we sinners have you as our only protection. * In temptation we rely on you for salvation, * O only all-blameless one. [SD]

READER

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord,

in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

From Menaion - - -

READER

Kontakion.

Mode 4. *You appeared today.*

We have found your sacred shrine to be a clinic of the soul, O holy one, and all we faithful now accord honor to you with our voices strong, devout Martyr Paraskevi extolled by all. [SD]

Oikos.

The voice of the Bridegroom called you as a bride, and gave you an incorruptible crown, O godly-minded and all-glorious Paraskevi; and He enrolled you, as one worthy, together with the august martyrs and prize-winners. As you rejoice with them, remember us who observe your holy feast and who assemble in your church. For as we stand in it now, we soulfully offer up hymns to you, devout Martyr Paraskevi extolled by all. [SD]

Synaxarion.

From the Menaion.

On July 26, we commemorate the holy Hieromartyrs Hermolaus, Hermippus, and Hermocrates.

On this day we also commemorate Saint Paraskeve, the devout Martyr of Christ.

On this day we also commemorate the holy Martyr Oraiozela.

On this day we also commemorate the devout Ignatius Steironites; and the consecration of the church Archangel Gabriel

over in Chaldaee; and Saints Appion and Jerusalem.

By their holy intercessions, O God, have mercy on us. Amen.

CHOIR

Katavasias of Theotokos

Ode i. Mode 4.

I open my mouth and pray the Spirit fill it, like David said, * to pour out a good word to the Queen and Mother of God. * I will celebrate * her feast with joy and gladness * and sing to her merrily, lauding her miracles.

[SD]

Ode iii.

Establish your servants who extol you, * O Mother of God, for they have formed * a spiritual choir for you * the living and abundant fount; * and graciously in your divine glory give glorious crowns to them. [SD]

Ode iv.

When the Prophet Habakkuk heard the divine * and incomprehensible counsel of Your Incarnation * from the Virgin, O Most High, * considering, he cried aloud: * Glory to Your power, O Lord my God. [SD]

Ode v.

Amazed was the universe by your divine magnificence. * You who were perpetually virgin * carried the heavenly God of all in your womb * and gave birth to the eternal Son, * who awards salvation to all who sing hymns of praise to you. [SD]

Ode vi.

O godly-minded believers, come * and celebrate this sacred and venerable feast and thus extol * the Theotokos, and clap our

hands, * and glorify our God who was truly born of her. [SD]

Ode vii.

Godly-minded three * did not adore created things in the Creator's stead; * rather, disdaining the threat * of fire, they trampled it, and joyfully they sang: * "O supremely praised * and most exalted Lord and God * of the fathers, You are blessed." [SD]

Ode viii.

We praise and we bless and we worship the Lord.

Guiltless were those Servants in the furnace. * The Son of the Theotokos went and rescued them. * He who was prefigured then, * having been incarnate now, * is gathering the whole wide world into His Church to sing: * "O all you works of the Lord, to all ages * sing praises to the Lord and exalt Him beyond measure." [SD]

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalyrnarion. Mode 4.

Verse: *My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Ode ix. Katavasia. Mode 4.

All you born on earth, * with festival lamps in hand, in spirit leap for joy; * and all you the heavenly angelic orders, join in and celebrate; * and honoring the sacred wonders of the Mother of God, * sing the joyful salutation, "O rejoice, * Theotokos, all-blest, ever-virgin pure!" [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Exaposteilarion.

From Menaion - - -

Mode 2. O Women, hearken.

Fair virgin, being strengthened by the Cross of Christ your King and Lord, * O Martyr, you bravely contended * and humbled the tyrants' arrogance. * All-wise one, you received from Christ the medals for your victories, * all-wonderful Paraskevi. * And now you entreat in earnest * for us who with love extol you. [SD]

Theotokion.

Mode 2. O Women, hearken.

O Mary, you indeed became a censer made of purest gold, * a vessel of the Trinity, * which nothing contains in essence. * The Father was well pleased in you; * the Son himself abode in you; * and when the all-holy Spirit * overshadowed you, O Maiden, * He made you the Theotokos. [SD]

Lauds. Mode 1.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

To fulfill among them the written judgment: this glory have all His holy ones.

Praise God in His saints; praise Him in the firmament of His power.

Stichera. For the Holy Woman.

From Menaion ---

Mode 1. For the celestial orders.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Dancing in chorus in heaven and in the courts of the Lord * with those renowned wise virgins, O devout holy Martyr, * most wise Paraskevi, you were given the grace * from the Lord to cure illnesses, * and to expel the unclean spirits and to heal * those who come to you for this with faith. [SD]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Dancing in chorus in heaven and in the courts of the Lord * with those renowned wise virgins, O devout holy Martyr, * most wise Paraskevi, you were given the grace * from the Lord to cure illnesses, * and to expel the unclean spirits and to heal * those who come to you for this with faith. [SD]

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

You dashed the might of the godless impious kings to the ground, * and unto God, O Virgin, * you directed your footsteps. * Therefore you were not frightened by the lead * hammers pounding you, nor the fire, * nor by the scraping of your body, nor by the heat * of the cauldron, nor the death by sword. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Firstly you wore out your body with your ascetic feats, * fair Virgin, then you hardened * your resolve in the contest. * Thus, O holy glorious Martyr of Christ, * you became like

a holy sword * wrought in the heavens, like gold smelted and refined * by the tortures you endured for God. [SD]

Glory.

From Menaion - - -

Mode 2.

In the city of our God, in His holy mountain, that is where Saint Paraskevi made her dwelling, and she kept her lamp from going out. Hear the praise of this virgin: "Oh virginity, the temple of God! Oh Virginity, the glory of the Martyrs! Oh Virginity, the partner of Angels!" [SD]

From Octoechos - - -

Both now. **Theotokion.**

O Mother of God, I have committed my every hope wholly unto you. Keep me under your shelter. [SD]

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages.

Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us.

Apolytikion.

From Menaion - - -

Mode 1.

Your diligence corresponded to your
name, Paraskevi, which denotes preparedness.
Through faith you inherited the promised
dwelling that was prepared for you, O prize-
winning Martyr. Therefore you pour out cures
and healings, and you intercede on behalf of
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