

## October 1

### Menaion Supplement

We celebrate the commemoration of the Holy Protecting Veil of our Most Holy Lady, the Mother of God and Ever-Virgin Mary.

### LITURGY

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#### Antiphon I. Mode 2.

**Verse 1:** *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 2:** *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

**Verse 3:** *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Through the intercessions of the Theotokos, Savior, save us.

## Antiphon II. Mode 2.

**Verse 1:** *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Verse 2:** *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

**Verse 3:** *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

## Antiphon III.

### Apolytikion.

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#### Mode 1. N/M (As a citizen.)

We sing the praise of the graces of your Protecting Veil, O Virgin, which like a light-bearing cloud you unfold beyond understanding, and you spiritually protect your people from every assault of their foe. For we have gained you as Protection and

defender and helper, as we cry out to you:

Glory to your mighty deeds, O Pure one; glory

to your Protection; glory to your providence

towards us, O Immaculate! <sup>[EL]</sup>

*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Mode 4.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

**Canon 1 for the Theotokos.**

**Ode iii. Mode 4. O Mother of God. (NM)**

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*Blessed are the merciful, for they shall obtain mercy.* [RSV]

Your Protection, formed of light, is a source of heavenly joy, O All-unblemished, ever awarding to those who wrestle with afflictions grace, mercy and salvation. [EL]

*Blessed are the pure in heart, for they shall see God.* [RSV]

From the beginning through compassion you placed us, as a chosen race, beneath your Protecting Veil, O Virgin, and both of old and now you have worked strange and wondrous things, rescuing us from dangers. [EL]

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

When godly Epiphanius heard the words of Venerable Andrew, he saw you as a heavenly queen protecting the people that bears Christ's name. [EL]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

As we see the multitude of wonders of your godly Protection, O Virgin, which you work everyday for our preservation, we, the multitudes of believers, bring you thankful praises. [EL]

**Canon 2 for the Theotokos.**

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**Ode vi. Mode pl. 4. Have mercy on me. (NM)**

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

In truth, O Queen of the universe, you appeared all light and wondrously unfolded your most pure Protection, protecting your servants. Therefore we sing the praise of your great loving-kindness. [EL]

*Rejoice and be glad, for your reward is great in heaven.* [RSV]

The Cherubim once overshadowed the ark under the Law; while now your Protection protects the Church of Christ, All blessed one, overshadows her and grants unstinted grace. [EL]

Glory.

The Israel of old was led by a cloud to the Promised Land, while the new Israel is guided

by your Protecting Veil towards unending life.

[EL]

Both now.

Round us you throw your radiant  
Protection, O most pure, like fire consuming  
the foolish, saving us from their folly.  
Therefore we glorify you. [EL]

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.**

**Apolytikion.**

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**Mode 1. N/M (As a citizen.)**

We sing the praise of the graces of your Protecting Veil, O Virgin, which like a light-bearing cloud you unfold beyond understanding, and you spiritually protect your people from every assault of their foe. For we have gained you as Protection and defender and helper, as we cry out to you: Glory to your mighty deeds, O Pure one; glory to your Protection; glory to your providence towards us, O Immaculate! [EL]

**Another.**

**Apolytikion.**

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**Mode pl. 4.**

Mother of God Ever-Virgin, you have given your holy Protection, through which you protect those who hope in you, as a mighty refuge for your race. For as of old so now you have wondrously saved us, enveloping your people like a spiritual cloud. And so we implore you to grant peace to your commonwealth, and to our souls God's great mercy. [EL]

**Apolytikion of the Parish Church**

(The text of the Apolytikion of the local church goes here.)

**Kontakion.**

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**Mode pl. 4. N/M (O Champion General.)**

Like a cloud brightly overshadowing the whole company of the Church, O all-pure, you appeared of old on the royal City. But as the Protection and Champion of your people, protect from every affliction us who cry to you: Hail, Protection wholly light. [EL]

**THE TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

**The Epistle**

For the Theotokos.

**Prokeimenon. Mode 3. Ode ix.**

My soul magnifies the Lord, and my spirit rejoices in God my Savior. [RSV]

**Verse:** *For he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed.* [RSV]

Heb. 9:1-7

Brethren, the first covenant had regulations for worship and an earthly sanctuary. For a tent was prepared, the outer one, in which were the lamp stand and the table and the bread of the Presence; it is called the Holy Place. Behind the second curtain stood a tent called the Holy of Holies, having the golden altar of incense and the ark of the covenant covered on all sides with gold, which contained a golden urn holding the manna, and Aaron's rod that budded, and

the tables of the covenant; above it were the cherubim of glory overshadowing the mercy seat. Of these things we cannot now speak in detail. These preparations having thus been made, the priests go continually into the outer tent, performing their ritual duties; but into the second only the high priest goes, and he but once a year, and not without taking blood which he offers for himself and for the errors of the people. [RSV]

**Alleluia. Mode pl. 2. Psalms 131, 44.**

Alleluia. Alleluia. Alleluia.

**Verse 2:** *Arise, O Lord, into Your rest, You and the ark of Your holiness.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *Listen, O daughter, behold and incline your ear, and forget your people and your father's house.* [SAAS]

Alleluia. Alleluia. Alleluia.

**The Gospel**

For the Theotokos.

Lk. 10:38-42; 11:27-28

At that time, Jesus entered a village; and a woman called Martha received him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving; and she went to him and said, "Lord, do you not care that my sister has left me to serve you alone? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things; one thing is needful. Mary has chosen the good portion, which shall not be taken away from her." As he said this, a woman in the crowd raised her voice and said

to him, "Blessed is the womb that bore you, and the breasts that you sucked!" But he said, "Blessed rather are those who hear the word of God and keep it!" [RSV]

**Hymn to the Theotokos.**

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

**Communion Hymn. Psalm 115.**

I will take up the cup of salvation, and call upon the name of the Lord. Alleluia. [SAAS]

**Hymn after Holy Communion.  
Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

**THE DISMISSAL**

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the commemoration of whose Holy Protecting Veil we celebrate; the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all

the saints, have mercy on us and save us, for  
He is good and loves mankind.

**Fasting Rule**

*Fast Free: All foods allowed.*