

Μηνναῖον - ΤΗ Ε' ΔΕΚΕΜΒΡΙΟΥ

Μνήμη τοῦ Ὁσίου Σάββα τοῦ
Ἁγιασμένου

ΛΕΙΤΟΥΡΓΙΑ

Ἀντίφωνον Α'. Ἦχος β'.

Στίχ. α'. Εὐλόγει, ἡ ψυχὴ μου, τὸν
Κύριον, καὶ πάντα τὰ ἐντός μου τὸ ὄνομα τὸ
ἅγιον αὐτοῦ.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Στίχ. β'. Εὐλόγει, ἡ ψυχὴ μου, τὸν
Κύριον, καὶ μὴ ἐπιλανθάνου πάσας τὰς
ἀνταποδόσεις αὐτοῦ.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Στίχ. γ'. Κύριος ἐν τῷ οὐρανῷ ἡτοίμασε
τὸν θρόνον αὐτοῦ, καὶ ἡ Βασιλεία αὐτοῦ
πάντων δεσπόζει.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Menaion - December 5

Memory of St. Savas the Sanctified

LITURGY

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Antiphon I. Mode 2.

Verse 1: Bless the Lord, O my soul, and
everything within me, bless His holy name. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 2: Bless the Lord, O my soul, and
forget not all His rewards. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Verse 3: The Lord prepared His throne in
heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy
Spirit.

Both now and ever and to the ages of ages.
Amen.

Through the intercessions of the
Theotokos, Savior, save us.

Ἀντίφωνον Β'. Ἦχος β'.

Στίχ. α'. Αἶνει, ἡ ψυχὴ μου, τὸν Κύριον·
αἰνέσω Κύριον ἐν τῇ ζωῇ μου· ψαλῶ τῷ Θεῷ
μου ἕως ὑπάρχω.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις
θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Στίχ. β'. Μακάριος οὗ ὁ Θεὸς Ἰακώβ
βοηθὸς αὐτοῦ, ἡ ἐλπίς αὐτοῦ ἐπὶ Κύριον τὸν
Θεὸν αὐτοῦ.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις
θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Στίχ. γ'. Βασιλεύσει Κύριος εἰς τὸν
αἰῶνα, ὁ Θεός σου, Σιών, εἰς γενεὰν καὶ
γενεάν.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις
θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ὁ Μονογενὴς Υἱὸς καὶ Λόγος τοῦ Θεοῦ,
ἀθάνατος ὑπάρχων καὶ καταδεξάμενος διὰ
τὴν ἡμετέραν σωτηρίαν σαρκωθῆναι ἐκ τῆς
ἁγίας Θεοτόκου καὶ ἀειπαρθένου Μαρίας,
ἀτρέπτως ἐνανθρωπήσας, σταυρωθεὶς τε,
Χριστὲ ὁ Θεός, θανάτῳ θάνατον πατήσας,
εἰς ὧν τῆς Ἁγίας Τριάδος, συνδοξαζόμενος
τῷ Πατρὶ καὶ τῷ Ἁγίῳ Πνεύματι, σῶσον
ἡμᾶς.

Antiphon II. Mode 2.

Verse 1: Praise the Lord, O my soul! I shall
praise the Lord while I live; I shall sing to my God
as long as I exist. [SAAS]

Save us, O Son of God, Who are
wondrous in Your saints. We sing to You,
Alleluia. [GOA]

Verse 2: Blessed is he whose help is the God
of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, Who are
wondrous in Your saints. We sing to You,
Alleluia.

Verse 3: The Lord shall reign forever; your
God, O Zion, to all generations. [SAAS]

Save us, O Son of God, Who are
wondrous in Your saints. We sing to You,
Alleluia.

Glory to the Father and the Son and the Holy
Spirit.

Both now and ever and to the ages of ages.
Amen.

Only begotten Son and Logos of God,
being immortal, You condescended for
our salvation to take flesh from the holy
Theotokos and ever-virgin Mary and, without
change, became man. Christ, our God, You
were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Ἀντίφωνον Γ'.
Ἀπολυτίκιον. Τοῦ Ὁσίου.
Ἦχος πλ. δ'.

Ταῖς τῶν δακρύων σου ῥοαῖς, τῆς
ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ
βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους
ἐκαρποφόρησας, καὶ γέγονας φωστὴρ τῇ
οἰκουμένῃ, λάμπων τοῖς θαύμασιν, Σάββα
πατὴρ ἡμῶν ὅσιε. πρέσβευε Χριστῷ τῷ Θεῷ,
σωθῆναι τὰς ψυχὰς ἡμῶν.

Antiphon III.
Apolytikion. For the Devout Man.
Mode pl. 4.

With the rivers of your tears you made
the barren desert bloom; and with your sighs
from deep within, you made your labors bear
their fruits a hundredfold; and you became a
star, illuminating the world by your miracles,
O Savas, our devout father. Intercede with
Christ our God, for the salvation of our souls.

[SD]

Ἡ, ἀντι τῶν Ἀντιφώνων, κατὰ τὸ τυπικόν, ψάλλονται τὰ Τυπικά καὶ οἱ Μακαρισμοί.

Ψαλμὸς 102.

Ψαλμὸς 145.

Οἱ Μακαρισμοί.

Ἦχος πλ. δ'.

Ἐν τῇ Βασιλείᾳ σου μνήσθητι ἡμῶν
Κύριε, ὅταν ἔλθῃς ἐν τῇ Βασιλείᾳ σου.
Μακάριοι οἱ πτωχοὶ τῷ πνεύματι, ὅτι αὐτῶν
ἐστὶν ἡ Βασιλεία τῶν οὐρανῶν.

Μακάριοι οἱ πενθοῦντες, ὅτι αὐτοὶ
παρακληθήσονται.

Μακάριοι οἱ πραεῖς, ὅτι αὐτοὶ
κληρονομήσουσι τὴν γῆν.

Μακάριοι οἱ πεινῶντες καὶ διψῶντες τὴν
δικαιοσύνην, ὅτι αὐτοὶ χορτασθήσονται.

Κανὼν τοῦ Ὁσίου.

**Ὦδὴ γ'. Ἦχος πλ. δ'. Ὁ
στερεώσας κατ' ἀρχάς.**

Τοῦ Μηναίου ---

Μακάριοι οἱ ἐλεήμονες, ὅτι αὐτοὶ
ἐλεηθήσονται.

Νοῦν ἡγεμόνα τῶν παθῶν, Πανόλβιε
καταστήσας, βραβευτὴς δικαιοσύνης
ἐδείχθης· τῷ γὰρ κρείττονι σαφῶς, τὸ χειρὸν
καθυπέταξας· ὅθεν ὡς φοῖνιξ Πάτερ, ἐν τοῖς
ἐρήμοις ἐξήνθησας.

Μακάριοι οἱ καθαροὶ τῇ καρδίᾳ, ὅτι αὐτοὶ
τὸν Θεὸν ὄψονται.

Ἀκολουθῆσαι διαγνούς, τοῖς ἵχνεσι
τοῦ Δεσπότη, μετανάστης τῆς πατρίδος
ἐγένου, καὶ τὴν ἔρημον οἰκῶν, τὸ τρόπαιον

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode pl. 4.

In Your kingdom. Remember us, O Lord,
when You come in Your kingdom. Blessed are
the poor in spirit, for theirs is the kingdom of
heaven [RSV]

Blessed are those who mourn, for they
shall be comforted. [RSV]

Blessed are the meek, for they shall inherit
the earth. [RSV]

Blessed are those who hunger and thirst
for righteousness, for they shall be satisfied.

[RSV]

Canon for the Devout Man.

Ode iii. Mode pl. 4. N/M (In the beginning.)

From Menaion ---

Blessed are the merciful, for they shall obtain
mercy. [RSV]

You set your mind as master over the
passions, most wealthy one, / revealing
yourself to be a dispenser of justice, / for you
openly subjected what is lower to what is
higher. / Therefore, Father, you flourished like
a palm tree in the desert. [OCA]

Blessed are the pure in heart, for they shall see
God. [RSV]

You resolved to follow in the steps of
the Master / and left your native land. / You
made your dwelling in the desert, / winning a

ἀνέστησας, κατὰ τῶν ἀντιπάλων, θεία
δυνάμει ῥωννύμενος.

Μακάριοι οἱ εἰρηνοποιοί, ὅτι αὐτοὶ Υἱοὶ
Θεοῦ κληθήσονται.

Ῥωμαλεότητι φρενῶν, Παμμάκαρ
ὠχυρωμένος, τὰς ποικίλας τοῦ ἐχθροῦ
μεθοδείας, ἐθριάμβευσας σοφέ, καὶ πᾶσιν
ἐφάνερωσας, καὶ τὴν ὀφρὺν ἐκείνου τὴν
ἐπηρμένην κατέβαλες.

Μακάριοι οἱ δεδιωγμένοι ἕνεκεν
δικαιοσύνης, ὅτι αὐτῶν ἐστὶν ἡ Βασιλεία τῶν
οὐρανῶν.

Θεοτοκίον.

Σωτηριώδους δι' ἡμᾶς, τοῦ Λόγου
οἰκονομίας, φωτεινὴ σὺ Μητροπάρθενε
πύλη, ἐγνωρίσθης ἀληθῶς· σὺ γὰρ
ἡμῖν εἰσήγαγες, τὴν νοητὴν ἀκτῖνα, τῆς
ὑπερθέου Θεότητος.

Κανὼν τοῦ Ὁσίου.

Τοῦ Μηναίου ---

Ὡδὴ Γ'. Ἦχος πλ. δ'. Ἰλάσθητί μοι Σωτήρ.

Μακάριοι ἐστὲ ὅταν ὀνειδίσωσιν ὑμᾶς,
καὶ διώξωσι, καὶ εἴπωσι πᾶν πονηρὸν ῥῆμα
καθ' ὑμῶν, ψευδόμενοι ἕνεκεν ἐμοῦ.

Ἀγάπην πρὸς τὸν Θεόν, καὶ τὸν
πλησίον κτησάμενος, τοῦ Νόμου καὶ
Προφητῶν, πληροῖς τὸ κεφάλαιον· τὴν γὰρ
ὑπερέχουσαν, πασῶν ἀσυγκρίτως, ἀρετὴν
Πάτερ κατώρθωσας.

Χαίρετε καὶ ἀγαλλιᾶσθε, ὅτι ὁ μισθὸς
ὑμῶν πολὺς ἐν τοῖς οὐρανοῖς.

Ἰσάγγελον ἐπὶ γῆς, σὺ πολιτείαν
διήνυσας, ισάγγελον δὲ τιμὴν, Χριστὸς
σοι δεδώρηται, Ἁγίων τὰ τάγματα,
συνοδοιποροῦντα, τῇ ψυχῇ σου
παρασχόμενος.

victory over the adversaries, / strengthened by
the power of God! [OCA]

*Blessed are the peacemakers, for they shall be
called sons of God.* [RSV]

Made strong by steadfastness of mind,
most blessed one, / you denounced the various
wiles of the enemy: / you unmasked them in
the sight of all, / destroying his overpowering
insolence, O wise one. [OCA]

*Blessed are those who are persecuted for
righteousness' sake, for theirs is the kingdom of
heaven.* [RSV]

Theotokion.

You have been known as indeed the
wonderful gate / of the dispensation of the
Word Who saves us. / For you have brought
forth for us, Virgin Mother, / the spiritual Ray
of the all-divine Godhead. [OCA]

Canon for the Devout Man.

From Menaion ---

Ode vi. Mode pl. 4. N/M (Be gracious to me.)

*Blessed are you when men revile you and
persecute you and utter all kinds of evil against
you falsely [for my sake].* [RSV]

You acquired love for God and neighbor, /
fulfilling the chief precepts of the Law and
the prophets. / Father, you achieved the virtue
that cannot be attained, / surpassing all others!
[OCA]

*Rejoice and be glad, for your reward is great
in heaven.* [RSV]

You reached a life on earth equal to
that of the angels / and Christ has given you
honor equal to theirs, / sending your soul as a
companion in the ranks of the holy ones. [OCA]

Δόξα.

Σοφίας γόνος ὀφθείς, ἀρχὴν σοφίας
ἐπόθησας, τὸν φόβον τὸν τοῦ Θεοῦ, ᾧ
καὶ στοιχειούμενος, πρὸς τὴν τελειότητα,
τὴν ἐνδεχομένην, τοῖς ἀνθρώποις Πάτερ
ἔφθασας.

Καὶ νῦν. **Θεοτοκίον.**

Σωτῆρα καὶ Λυτρωτὴν, Θεὸν τῶν ὅλων
καὶ Κύριον, τεκοῦσα διὰ σαρκός, ἡμῖν
ὁμιλήσαντα, διάσωσον Πάναγνε, τοὺς
προσκαλουμένους, ἐκ κινδύνων σε τὴν
Δέσποιναν.

Glory.

You were revealed to be a child of
wisdom,/for you desired the beginning
of wisdom: the fear of God./You were
strengthened by that O Father,/and attained
the perfection permitted to men. [OCA]

Both now. **Theotokion.**

Pure Lady, you gave birth to God,/the
Savior and Deliverer of all Who took our flesh
upon Himself./Save those who call upon you
from misfortune. [OCA]

Εἰσοδικόν. Ἦχος β'.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱέ
Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς
σοι, Ἀλληλουῖα.

**Ὑμνοι μετὰ τὴν Μικρὰν Εἴσοδον
Ἀπολυτίκιον. Τοῦ Ὁσίου.**

Ἦχος πλ. δ'.

Ταῖς τῶν δακρύων σου ῥοαῖς, τῆς
ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ
βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους
ἐκαρποφόρησας, καὶ γέγονας φωστὴρ τῇ
οἰκουμένῃ, λάμπων τοῖς θαύμασιν, Σάββα
πατὴρ ἡμῶν ὅσιε. πρέσβευε Χριστῷ τῷ Θεῷ,
σωθῆναι τὰς ψυχὰς ἡμῶν.

Τοῦ Ναοῦ.

(Τὸ Ἀπολυτίκιον τοῦ Ναοῦ.)

Τοῦ Μηναίου ---

Κοντάκιον.

Ἦχος γ'. Ἀντόμελον.

Ἡ Παρθένος σήμερον, τὸν προαιώνιον
Λόγον, ἐν Σπηλαίῳ ἔρχεται, ἀποτεκεῖν
ἀπορρήτως. Χόρευε ἡ οἰκουμένη
ἀκουτισθεῖσα, δόξασον μετὰ Ἀγγέλων καὶ
τῶν Ποιμένων, βουληθέντα ἐποφθῆναι,
Παῖδιον νέον, τὸν πρὸ αἰώνων Θεόν.

Ο ΤΡΙΣΑΓΙΟΣ ΥΜΝΟΣ

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Entrance Hymn. Mode 2.

Come, let us worship and bow down
before Christ. Save us, O Son of God, Who
are wondrous in Your saints. We sing to You,
Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion. For the Devout Man.**

Mode pl. 4.

With the rivers of your tears you made
the barren desert bloom; and with your sighs
from deep within, you made your labors bear
their fruits a hundredfold; and you became a
star, illuminating the world by your miracles,
O Savas, our devout father. Intercede with
Christ our God, for the salvation of our souls.

[SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local
church goes here.)

From Menaion ---

Kontakion.

Mode 3. Automelon.

On this day the Virgin Maid * goes to the
grotto to give birth * to the pre-eternal Word *
in an ineffable manner. * Dance for joy, all the
inhabited earth, on hearing. * Glorify along
with Angels and with the shepherds * Him
who willed that He appear as * a newborn
Child, * the pre-eternal God. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3) [GOA]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ὁ Ἀπόστολος

Τοῦ Ὁσίου.

Προκείμενον. Ἦχος βαρύς. Ψαλμὸς 149.

Καυχῆσονται ὅσοι ἐν δόξῃ.

Στίχ. Ἀσατε τῷ Κυρίῳ ᾄσμα καινόν.

Γα 5:22-26; 6:1-2

Ἀδελφοί, ὁ καρπὸς τοῦ Πνεύματος ἐστὶν ἀγάπη, χαρὰ, εἰρήνη, μακροθυμία, χρηστότης, ἀγαθωσύνη, πίστις, πραότης, ἐγκράτεια· κατὰ τῶν τοιούτων οὐκ ἔστι νόμος. Οἱ δὲ τοῦ Χριστοῦ τὴν σάρκα ἐσταύρωσαν σὺν τοῖς παθήμασι καὶ ταῖς ἐπιθυμίαις. Εἰ ζῶμεν πνεύματι, πνεύματι καὶ στοιχῶμεν. Μὴ γινώμεθα κενόδοξοι, ἀλλήλους προκαλούμενοι, ἀλλήλοις φθονοῦντες. Ἀδελφοί, ἐὰν καὶ προληφθῇ ἄνθρωπος ἐν τινὶ παραπτώματι, ὑμεῖς οἱ πνευματικοὶ καταρτίζετε τὸν τοιοῦτον ἐν πνεύματι πραότητος· σκοπῶν σεαυτόν, μὴ καὶ σὺ πειρασθῇς. Ἀλλήλων τὰ βάρη βαστάζετε, καὶ οὕτως ἀναπληρώσατε τὸν νόμον τοῦ Χριστοῦ.

Ἀλληλούϊα. Ἦχος α΄. Ψαλμὸς 111.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

Στίχ. α΄. Μακάριος ἀνὴρ ὁ φοβούμενος τὸν Κύριον.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

Στίχ. β΄. Ἡ δικαιοσύνη αὐτοῦ μένει εἰς τὸν αἰῶνα.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

Holy Immortal, have mercy on us.

The Epistle

For the Devout Man.

Prokeimenon. Grave Mode. Psalm 149.

The holy ones shall boast in glory. [SAAS]

Verse: Sing to the Lord a new song. [SAAS]

Gal. 5:22-26; 6:1-2

Brethren, the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another. Brethren, if a man is overtaken in any trespass, you who are spiritual should restore him in a spirit of gentleness. Look to yourself, lest you too be tempted. Bear one another's burdens, and so fulfill the law of Christ. [RSV]

Alleluia. Mode 1. Psalm 111.

Alleluia. Alleluia. Alleluia.

Verse 1: Blessed is the man who fears the Lord. [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: His righteousness continues unto ages of ages. [SAAS]

Alleluia. Alleluia. Alleluia.

Τὸ Εὐαγγέλιον

Τοῦ Ὁσίου.

Ματ ια' 27 - 30

Εἶπεν ὁ Κύριος τοῖς ἑαυτοῦ Μαθηταῖς·
Πάντα μοι παρεδόθη ὑπὸ τοῦ πατρὸς μου·
καὶ οὐδεὶς ἐπιγινώσκει τὸν υἱὸν εἰ μὴ ὁ
πατήρ, οὐδὲ τὸν πατέρα τις ἐπιγινώσκει
εἰ μὴ ὁ υἱὸς καὶ ὃ ἐὰν βούληται ὁ υἱὸς
ἀποκαλύψαι. Δεῦτε πρὸς με πάντες οἱ
κοπιῶντες καὶ πεφορτισμένοι, καὶ γὰρ
ἀναπαύσω ὑμᾶς. ἄρατε τὸν ζυγὸν μου
ἐφ' ὑμᾶς καὶ μάθετε ἀπ' ἐμοῦ, ὅτι πρᾶός
εἰμι καὶ ταπεινὸς τῇ καρδίᾳ, καὶ εὐρήσετε
ἀνάπαυσιν ταῖς ψυχαῖς ὑμῶν· ὁ γὰρ ζυγός
μου χρηστὸς καὶ τὸ φορτίον μου ἑλαφρόν
ἐστιν.

Ὕμνος εἰς τὴν Θεοτόκον.

Ἄξιόν ἐστιν ὡς ἀληθῶς μακαρίζειν
σε τὴν Θεοτόκον, τὴν ἀειμακάριστον
καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ
ἡμῶν. Τὴν τιμιωτέραν τῶν Χερουβείμ καὶ
ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφείμ,
τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν
ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Κοινωνικόν. Ψαλμὸς 111.

Εἰς μνημόσυνον αἰώνιον ἔσται δίκαιος.
Ἀλληλούϊα.

Ὕμνος μετὰ τὴν Θ. Κοινωνίαν.

Ἦχος β'.

Εἶδομεν τὸ φῶς τὸ ἀληθινόν, ἐλάβομεν
Πνεῦμα ἐπουράνιον, εὗρομεν πίστιν ἀληθῆ,
ἀδιαίρετον Τριάδα προσκυνοῦντες· αὕτη
γὰρ ἡμᾶς ἔσωσεν.

The Gospel

For the Devout Man.

Mt. 11:27-30

The Lord said to his disciples, "All things
have been delivered to me by my Father; and
no one knows the Son except the Father, and
no one knows the Father except the Son and
any one to whom the Son chooses to reveal
him. Come to me, all who labor and are heavy
laden, and I will give you rest. Take my yoke
upon you, and learn from me; for I am gentle
and lowly in heart, and you will find rest
for your souls. For my yoke is easy, and my
burden is light." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos,
ever blessed, most pure, and Mother of our
God. More honorable than the Cherubim,
and beyond compare more glorious than the
Seraphim, without corruption you gave birth
to God the Logos. We magnify you, the true
Theotokos. [GOA]

Communion Hymn. Psalm 111/112.

The righteous will be remembered for
ever. Alleluia. [RSV]

Hymn after Holy Communion.

Mode 2.

We have seen the true light; we have
received the heavenly Spirit; we have found
the true faith, worshiping the undivided
Trinity, for the Trinity has saved us. [GOA]

ΑΠΟΛΥΣΙΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,
ταῖς πρεσβείαις τῆς παναχράντου
καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,
προστασίαις τῶν τιμίων ἐπουρανίων
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου,
ἐνδόξου, προφήτου, Προδρόμου καὶ
βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων
καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν
ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν· **(τοῦ
Ἁγίου τοῦ Ναοῦ)**· τῶν ἁγίων καὶ δικαίων
Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ
τοῦ Ὁσίου καὶ θεοφόρου Πατρὸς ἡμῶν
Σάββα τοῦ Ἁγιασμένου, οὗ καὶ τὴν μνήμην
ἐπιτελοῦμεν· καὶ πάντων τῶν Ἀγίων,
ἐλεῆσαι καὶ σῶσαι ἡμᾶς, ὡς ἀγαθὸς καὶ
φιλόανθρωπος.

Κανόνας Νηστείας

Κατάλυσις ἰχθύος.

Εἶναι ἡ νηστεία πρὸ τῶν Χριστουγέννων.

THE DISMISSAL

May Christ our true God, through
the intercessions of His all-pure and all-
immaculate holy Mother, the power of the
precious and life-giving Cross, the protection
of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, our
devout and God-bearing father Savas the
Sanctified, whose memory we celebrate, and
of all the saints, have mercy on us and save
us, for He is good and loves mankind.

Fasting Rule

*Fish: fish, oil and wine are allowed. Refrain from meat,
dairy and eggs.*

It is the Christmas fast.