

**Octoechos - Mode 2.**

On Sunday Morning

**Menaion - July 7**

Memory of the Holy Martyr Kyriake

**LITURGY**

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**Antiphon I. Mode 2.**

**Verse 1:** Bless the Lord, O my soul, and everything within me, bless His holy name. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 2:** Bless the Lord, O my soul, and forget not all His rewards. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

**Verse 3:** The Lord prepared His throne in heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Through the intercessions of the Theotokos, Savior, save us.

**Antiphon II. Mode 2.**

**Verse 1:** Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist. [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

**Verse 2:** Blessed is he whose help is the God of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

**Verse 3:** The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III.**

**Mode 2.**

**Verse 1:** This is the day the Lord made; let us greatly rejoice and be glad therein. [SAAS]

**Resurrectional Apolytikion.**

**Mode 2.**

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your

Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You. [SD]

**Verse 2:** *Let heaven and earth praise Him.*

[SAAS]

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You. [SD]

*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Mode 2.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

**Resurrectional.**

From Octoechos - - -

*Blessed are the merciful, for they shall obtain mercy.* [RSV]

We present You the robber's words and we prayerfully echo them; and like him we cry out, O Savior: In Your kingdom remember us. [SD]

*Blessed are the pure in heart, for they shall see God.* [RSV]

We present You the Cross, O Lord, that You suffered on our behalf, to forgive our sins and offences, in Your love for humanity. [SD]

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

Lord, we honor Your burial and Your resurrection from the dead, by which You

have rescued the world from corruption, O Friend of man. [SD]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

**Theotokion.**

We salute you and say, Rejoice, fiery throne and unwedded Bride. Rejoice, holy Virgin, for you gave birth to God for humanity. [SD]

**Canon for the Holy Woman.**

From Menaion - - -

**Ode vi. Mode 2. N/M (In the sea now.)**

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

O famous Kyriake, you surpassed nature's boundaries in your struggle beyond nature. With your great suffering, you mortally wounded him that wounded Eve. [un]

*Rejoice and be glad, for your reward is great in heaven.* [RSV]

O all-venerable maiden, you dried up the depths of paganism with the drops of your blood. You made a sea of healings to pour forth to those that come to you with faith. [un]

Glory.

O glorious Kyriake, the wild beasts honored you like an inviolate ewe-lamb at the judgment seat. They worshiped you because you worshiped Christ. [un]

Both now. **Theotokion.**

O most graced of God, as Queen you conceived the King and Lord. Grant the Heavenly Kingdom who have you as their help. [un]

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.**

From Octoechos ---

**Resurrectional Apolytikion.**

**Mode 2.**

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You. [SD]

**For the Holy Woman.**

**Mode 4.**

Your own ewe-lamb cries to You loudly, O Jesus, and she says, \* "For my Bridegroom do I long, and seeking You I now contend; \* and I am crucified and buried with You in Your baptism. \* I suffer for Your sake, that I may reign with You. \* I die for You that I may also live in You. \* Accept me as an unblemished sacrifice \* as I offer myself to You with love." \* At her entreaties and intercessions, \* save our souls, O Merciful Lord. [SD]

**Apolytikion of the Parish Church**

(The text of the Apolytikion of the local church goes here.)

**Kontakion. Mode 2.**

O Protection of Christians that never fails, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore

you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you. [SD]

**THE TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

**The Epistle**

For the Holy Woman.

**Prokeimenon. Mode 4. Psalm 67.**

God is wondrous in His saints. [SAAS]

**Verse:** *Bless God in the churches.* [SAAS]

The reading is from Paul's Letter to the Galatians.

Gal. 3:23-29; 4:1-5

Brethren, before faith came, we were confined under the law, kept under restraint until faith should be revealed. So that the law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise. I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate;

but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth his Son, born of a woman, born under the law, to redeem those who were under the law, so that we might receive adoption as sons. [RSV]

**Alleluia. Mode 2. Psalm 19.**

Alleluia. Alleluia. Alleluia.

**Verse 1:** *May the Lord hear you in the day of afflictions; may the name of the God of Jacob defend you.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *O Lord, save Your King, and hear us in the day we call upon You.* [SAAS]

Alleluia. Alleluia. Alleluia.

**The Gospel**

Third Sunday of Matthew

The reading is from the Holy Gospel according to Matthew.

Mt. 6:22-33

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is not sound, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not life more than food, and the body more than clothing?

Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows you need them all. But seek first his kingdom and his righteousness, and all these things shall be yours as well." [RSV]

**Hymn to the Theotokos.**

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

**Communion Hymn. Psalm 148.**

Praise the Lord from the heavens, praise Him in the highest. Alleluia. [SAAS]

*and the following:*

**Communion Hymn. Psalm 111/112.**

The righteous will be remembered for ever. Alleluia. [RSV]

**Hymn after Holy Communion.**

**Mode 2.**

We have seen the true light; we have  
received the heavenly Spirit; we have found  
the true faith, worshiping the undivided  
Trinity, for the Trinity has saved us. [GOA]

**THE DISMISSAL**

May He Who rose from the dead, Christ  
our true God, through the intercessions of His  
all-pure and all-immaculate holy Mother, the  
power of the precious and life-giving Cross,  
the protection of the honorable, bodiless  
powers of heaven, the supplications of the  
honorable, glorious prophet and forerunner  
John the Baptist, of the holy, glorious, and  
praiseworthy apostles, of the holy, glorious,  
and triumphant martyrs, of our righteous  
and God-bearing fathers, (local patron saint);  
of the holy and righteous ancestors of God  
Joachim and Anna, the holy and glorious  
Martyr Kyriake, whose memory we are  
observing; and of all the saints, have mercy  
on us and save us, for He is good and loves  
mankind.

**Fasting Rule**

*Fast Free: All foods allowed.*