

**eMatins powered by AGES**

# The Service of Vespers

**on Sunday Evening**

**for Monday, April 8, 2019**

**Triodion - Mode 4.  
on Sunday Evening**

**Triodion - Fourth Sunday of Lent  
on Sunday Evening at Vespers**

**Menaion - April 8  
Memory of the holy Apostles of the Seventy**

**Texts in Greek and English**

## Sources

VPA Copyright © 2016 by Virgil Peter Andronache

RB Copyright © 2019 by Richard Barrett

SD Copyright © 2019 by Fr. Seraphim Dedes

GKD Copyright © 2017 by Geroge K. Duvall

GOA © The Greek Orthodox Archdiocese of America

HC Liturgical Texts courtesy and copyright of Holy Cross Press, Brookline, MA

AH Copyright © 2019 by Andreas Houpos

EL Copyright Archimandrite Ephrem ©

KW © Metropolitan Kallistos Ware

NKJV Scripture taken from the New King James Version™. Copyright © 1982 by Thomas Nelson, Inc. Used by permission. All rights reserved.

OCA Copyright © 1996–2015. All rights reserved.

JR Copyright © 2014 by Fr. Juvenaly Repass

RSV Revised Standard Version of the Bible, copyright © 1946, 1952, and 1971 National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

SAAS Scripture taken from the St. Athanasius Academy Septuagint™. Copyright © 2008 by St. Athanasius Academy of Orthodox Theology. Used by permission. All rights reserved.

vol Orthodox Monastery of the Veil of our Lady

## Disclaimer

The translation, rubrics, Greek and English texts are for the purposes of worship only and is subject to change without notice and should not be construed as a commitment by the authors, translators, developers, and personnel associated with its publication. Efforts are taken to make this booklet complete and accurate, but no warranty of fitness is implied.

All rights reserved. The materials contained within this booklet remain the property of all contributing translators. It is published solely for the purpose of providing a source of worship materials to the parishes of the Orthodox Church and may be copied and otherwise reproduced as needed by the parish toward this end; however, it may not be reprinted, reproduced, transmitted, stored in a retrieval system, or translated into any language in any form by any means — electronic, mechanical, recording, or otherwise — for the purpose of sale without the express written permission.

## AGES DCS Website

This document was produced using the AGES Liturgical Workbench. For more information, contact AGES Initiatives: [info@agesinitiatives.org](mailto:info@agesinitiatives.org)

**Τριώδιον**

Κυριακή Δ' τῶν Νηστειῶν

Τῇ Κυριακῇ Ἑσπέρας εἰς τὸν Ἑσπερινόν.

Ἦχος δ'. Τῇ Κυριακῇ Ἑσπέρας

**Μηναῖον - ΤΗΙ Η' ΑΠΡΙΛΙΟΥ**

Μνήμη τῶν Ἁγίων Ἀποστόλων ἐκ  
τῶν Ἑβδομήκοντα, Ἡρωδίου, Ἀγάβου,  
Ρούφου, Ἀσυγκρίτου, Φλέγοντος καὶ Ἑρμοῦ.

**ΕΣΠΕΡΙΝΟΣ**

**ΙΕΡΕΥΣ**

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν  
καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

**ΑΝΑΓΝΩΣΤΗΣ**

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν Χριστῷ τῷ Βασιλεῖ ἡμῶν  
Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ  
Θεῷ ἡμῶν.

**Ψαλμὸς ΡΓ' (103).**

Εὐλόγει ἡ ψυχὴ μου, τὸν Κύριον.  
Κύριε ὁ Θεός μου ἐμεγαλύνθης σφόδρα.  
Ἐξομολόγησιν καὶ μεγαλοπρέπειαν  
ἐνεδύσω, ἀναβαλλόμενος φῶς ὡς ἱμάτιον.  
Ἐκτείνων τὸν οὐρανὸν ὥσει δέσριν, ὁ  
στεγάζων ἐν ὕδασι τὰ ὑπερῶα αὐτοῦ.  
Ὅ τιθεὶς νέφη τὴν ἐπίβασιν αὐτοῦ, ὁ  
περιπατῶν ἐπὶ πτερύγων ἀνέμων. Ὁ  
ποιῶν τοὺς Ἀγγέλους αὐτοῦ πνεύματα,  
καὶ τοὺς λειτουργοὺς αὐτοῦ πυρὸς  
φλόγα. Ὁ θεμελιῶν τὴν γῆν ἐπὶ τὴν  
ἀσφάλειαν αὐτῆς, οὐ κλιθήσεται εἰς τὸν

**Triodion**

Fourth Sunday of Lent

On Sunday Evening at Vespers

Mode 4. On Sunday Evening

**Menaion - April 8**

Memory of the holy Apostles of the  
Seventy: Herodion, Agabos, Rufus, Phlegon,  
Asyncritos, and Hermes

**VESPERS**

**PRIEST**

Blessed is our God always, now and ever,  
and to the ages of ages.

(Amen.)

**READER**

Come, let us worship and bow down  
before God our King.

Come, let us worship and bow down  
before Christ God our King.

Come, let us worship and bow down  
before Him, Christ our King and God.

**Psalms 103 (104).**

Bless the Lord, O my soul. O Lord my  
God, You are magnified exceedingly; You  
clothe Yourself with thanksgiving and  
majesty, who cover Yourself with light as  
with a garment, who stretch out the heavens  
like a curtain; You are He who covers His  
upper chambers with water, who makes the  
clouds His means of approach, who walks  
on the wings of the winds, who makes His  
angels spirits and His ministers a flame of  
fire. He established the earth on its stable  
foundation; it shall not be moved unto ages of

αἰῶνα τοῦ αἰῶνος. Ἄβυσσος ὡς ἱμάτιον  
τὸ περιβόλαιον αὐτοῦ, ἐπὶ τῶν ὀρέων  
στήσονται ὕδατα. Ἀπὸ ἐπιτιμήσεώς  
σου φεύξονται, ἀπὸ φωνῆς βροντῆς  
σου δειλιάσουσιν. Ἀναβαίνουνσιν ὄρη,  
καὶ καταβαίνουνσι πεδία εἰς τόπον, ὃν  
ἐθεμελίωσας αὐτά. Ὅριον ἔθου, ὃ οὐ  
παρελεύσονται, οὐδὲ ἐπιστρέψουσι  
καλύψαι τὴν γῆν. Ὁ ἐξαποστέλλων  
πηγὰς ἐν φάραγξιν, ἀναμέσον τῶν ὀρέων  
διελεύσονται ὕδατα· ποτιοῦσι πάντα τὰ  
θηρία τοῦ ἀγροῦ, προσδέξονται ὄναγροι  
εἰς δίψαν αὐτῶν. Ἐπ' αὐτὰ τὰ πετεινὰ  
τοῦ οὐρανοῦ κατασκηνώσει, ἐκ μέσου  
τῶν πετρῶν δώσουσι φωνήν. Ποτίζων  
ὄρη ἐκ τῶν ὑπερώων αὐτοῦ, ἀπὸ καρποῦ  
τῶν ἔργων σου χορτασθήσεται ἡ γῆ. Ὁ  
ἐξανατέλλων χόρτον τοῖς κτήνεσι, καὶ  
χλόην τῇ δουλείᾳ τῶν ἀνθρώπων. Τοῦ  
ἐξαγαγεῖν ἄρτον ἐκ τῆς γῆς, καὶ οἶνος  
εὐφραίνει καρδίαν ἀνθρώπου. Τοῦ ἱλαρύναι  
πρόσωπον ἐν ἐλαίῳ, καὶ ἄρτος καρδίαν  
ἀνθρώπου στηρίζει. Χορτασθήσεται τὰ  
ξύλα τοῦ πεδίου, αἱ κέδροι τοῦ Λιβάνου, ὥς  
ἐφύτευσας. Ἐκεῖ στρουθία ἐννοσσεύουσιν,  
τοῦ ἐρωδιοῦ ἡ κατοικία ἡγεῖται αὐτῶν. Ὅρη  
τὰ ὑψηλὰ ταῖς ἐλάφοις, πέτρα καταφυγὴ  
τοῖς λαγωαῖς. Ἐποίησε σελήνην εἰς καιροῦς,  
ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου σκότος,  
καὶ ἐγένετο νύξ, ἐν αὐτῇ διελεύσονται  
πάντα τὰ θηρία τοῦ δρυμοῦ. Σκύμνοι  
ὠρυόμενοι τοῦ ἀρπᾶσαι, καὶ ζητῆσαι παρὰ  
τῷ Θεῷ βρῶσιν αὐτοῖς. Ἀνέτειλεν ὁ ἥλιος,  
καὶ συνήχθησαν, καὶ εἰς τὰς μάνδρας  
αὐτῶν κοιτασθήσονται. Ἐξελεύσεται  
ἄνθρωπος ἐπὶ τὸ ἔργον αὐτοῦ, καὶ ἐπὶ  
τὴν ἐργασίαν αὐτοῦ ἕως ἑσπέρας. Ὡς  
ἐμεγαλύνθη τὰ ἔργα σου, Κύριε, πάντα

ages. The deep like a garment is His covering;  
the waters shall stand upon the mountains;  
at Your rebuke they shall flee; at the sound  
of Your thunder, they shall be afraid. The  
mountains rise up, and the plains sink down  
to the place You founded for them. You set  
a boundary they shall not pass over; neither  
shall they return to cover the earth. You are  
He who sends springs into the valley; the  
waters shall pass between the mountains; they  
shall give drink to all the wild animals of the  
field; the wild asses shall quench their thirst;  
the birds of heaven shall dwell beside them;  
they shall sing from the midst of the rocks.  
You are He who waters the mountains from  
His higher places; the earth shall be satisfied  
with the fruit of Your works. You are He who  
causes grass to grow for the cattle, and the  
green plant for the service of man, to bring  
forth bread from the earth; and wine gladdens  
the heart of man, to brighten his face with oil;  
and bread strengthens man's heart. The trees  
of the plain shall be full of fruit, the cedars  
of Lebanon, which You planted; there the  
sparrows shall make their nests; the house  
of the heron takes the lead among them.  
The high mountains are for the deer; the  
cliff is a refuge for the rabbits. He made the  
moon for seasons; the sun knows its setting.  
You established darkness, and it was night,  
wherein all the wild animals of the forest  
will prowl about; the young lions roar and  
snatch their prey, and seek their food from  
God. The sun arises, and they are gathered  
together; and they shall be put to bed in their  
dens. Man shall go out to his work and to his  
labor until evening. O Lord, Your works shall  
be magnified greatly; You made all things

ἐν σοφίᾳ ἐποίησας, ἐπληρώθη ἡ γῆ τῆς κτίσεώς σου. Αὕτη ἡ θάλασσα ἡ μεγάλη καὶ εὐρύχωρος, ἐκεῖ ἐρπετὰ ὧν οὐκ ἔστιν ἀριθμός, ζῶα μικρὰ μετὰ μεγάλων. Ἐκεῖ πλοῖα διαπορεύονται, δράκων οὗτος, ὃν ἔπλασας ἐμπαίζειν αὐτή. Πάντα πρὸς σὲ προσδοκῶσι, δοῦναι τὴν τροφήν αὐτῶν εἰς εὐκαιρον, δόντος σου αὐτοῖς συλλέξουσιν. Ἀνοίξαντός σου τὴν χεῖρα, τὰ σύμπαντα πλησθήσονται χρηστότητος, ἀποστρέψαντος δέ σου τὸ πρόσωπον, ταραχθήσονται. Ἀντανελεῖς τὸ πνεῦμα αὐτῶν, καὶ ἐκλείψουσι, καὶ εἰς τὸν χοῦν αὐτῶν ἐπιστρέψουσιν. Ἐξαποστελεῖς τὸ πνεῦμα σου, καὶ κτισθήσονται, καὶ ἀνακαινιεῖς τὸ πρόσωπον τῆς γῆς. Ἦτω ἡ δόξα Κυρίου εἰς τοὺς αἰῶνας, εὐφρανθήσεται Κύριος ἐπὶ τοῖς ἔργοις αὐτοῦ. Ὁ ἐπιβλέπων ἐπὶ τὴν γῆν, καὶ ποιῶν αὐτὴν τρέμειν, ὁ ἀπτόμενος τῶν ὀρέων, καὶ καπνίζονται. Αἰσῶ τῷ Κυρίῳ ἐν τῇ ζωῇ μου, ψαλῶ τῷ Θεῷ μου ἕως ὑπάρχω. Ἦδυνθείη αὐτῷ ἡ διαλογία μου, ἐγὼ δὲ εὐφρανθήσομαι ἐπὶ τῷ Κυρίῳ. Ἐκλείποιεν ἁμαρτωλοὶ ἀπὸ τῆς γῆς, καὶ ἄνομοι, ὥστε μὴ ὑπάρχειν αὐτοῦς. Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον.

Ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου σκότος, καὶ ἐγένετο νύξ.

Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε· πάντα ἐν σοφίᾳ ἐποίησας.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα. Δόξα σοι ὁ Θεός. (ἐκ γ')

in wisdom; the earth was filled with Your creation. There is this great and spacious sea: the creeping things are there without number; the living things are there, both small and great; there the ships pass through; there is this dragon You formed to play therein. All things wait upon You, that You may give them food in due season. When You give it to them, they shall gather it; when You open Your hand, all things shall be filled with Your goodness. But when You turn Your face away, they shall be troubled; when You take away their breath, they shall die and return again to their dust. You shall send forth Your Spirit, and they shall be created, and You shall renew the face of the earth. Let the glory of the Lord be forever; the Lord shall be glad in His works; He looks upon the earth and makes it tremble; He touches the mountains, and they smoke. I will sing to the Lord all my life; I will sing to my God as long as I exist; may my words be pleasing to Him, and I shall be glad in the Lord. May sinners cease from the earth, and the lawless, so as to be no more. Bless the Lord, O my soul.

The sun knows its setting. You established darkness, and it was night.

O Lord, Your works shall be magnified greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Ἡ ἐλπίς ἡμῶν, Κύριε, δόξα σοι.

Our hope, O Lord, glory to You.

*Απαγγελλομένου επίσης τοῦ Προοιμιακοῦ, ὁ Ἱερεὺς ἵσταται ἀσκεπής ἐνώπιον τῆς ἁγίας Τραπέζης ἢ καὶ ἐνώπιον τῆς εἰκόνης τοῦ Σωτῆρος Χριστοῦ, ἱστάμενος ἐπὶ τοῦ Σολέα (ὡς ἐν τῷ Ὁρθρῳ), καὶ ἀναγινώσκει μυστικῶς τὰς Εὐχὰς τοῦ Λιχνικοῦ·*

**ΙΕΡΕΥΣ** (μυστικῶς)

### **ΕΥΧΗ ΠΡΩΤΗ**

Κύριε, οἰκτίρμον καὶ ἐλεῆμον, μακρόθυμε καὶ πολυέλεε, ἐνώτισαι τὴν προσευχὴν ἡμῶν, καὶ πρόσχευε τῇ φωνῇ τῆς δεήσεως ἡμῶν· ποίησον μεθ' ἡμῶν σημείον εἰς ἀγαθόν· ὁδήγησον ἡμᾶς ἐν τῇ ὁδῷ σου τοῦ πορεύεσθαι ἐν τῇ ἀληθείᾳ σου· εὐφρανον τὰς καρδίας ἡμῶν, εἰς τὸ φοβεῖσθαι τὸ Ὄνομά σου τὸ ἅγιον· διότι μέγας εἶ σὺ, καὶ ποιῶν θαυμάσια· σὺ εἶ Θεὸς μόνος, καὶ οὐκ ἔστιν ὅμοιός σοι ἐν θεοῖς, Κύριε, δυνατὸς ἐν ἐλέει, καὶ ἀγαθὸς ἐν ἰσχύϊ, εἰς τὸ βοηθεῖν καὶ παρακαλεῖν, καὶ σώζειν πάντας τοὺς ἐλπίζοντας εἰς τὸ Ὄνομά σου τὸ ἅγιον.

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### **ΕΥΧΗ ΔΕΥΤΕΡΑ**

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης ἡμᾶς, μηδὲ τῇ ὀργῇ σου παιδεύσης ἡμᾶς, ἀλλὰ ποίησον μεθ' ἡμῶν κατὰ τὴν ἐπιείκειάν σου, ἱατρὲ καὶ θεραπευτὰ τῶν ψυχῶν ἡμῶν· ὁδήγησον ἡμᾶς ἐπὶ λιμένα θελήματός σου· φώτισον τοὺς ὀφθαλμοὺς τῶν καρδιῶν ἡμῶν, εἰς ἐπίγνωσιν τῆς σῆς ἀληθείας· καὶ δώρησαι ἡμῖν τὸ λοιπὸν τῆς παρούσης ἡμέρας εἰρηνικὸν καὶ ἀναμάρτητον, καὶ πάντα τὸν χρόνον τῆς ζωῆς ἡμῶν·

*While the Opening Psalm is being read the Priest, bareheaded and standing in front of the Holy Table, says quietly the following Prayers at the Lighting of the Lamps.*

**PRIEST** (inaudibly)

### **1st Prayer**

O Lord, compassionate and merciful, long-suffering and full of mercy, listen to our prayer and attend to the voice of our supplication. Make for us a sign for good. Guide us in your way, to walk in your truth. Make glad our hearts to fear your holy Name, because you are great and do wondrous things. You alone are God, and there is none like you, O Lord, among gods: powerful in mercy and loving in strength to help and to console and to save all who hope in your holy Name. [EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

### **2nd Prayer**

Lord, do not rebuke us in your anger, nor chastise us in your wrath, but deal with us in accordance with your kindness, physician and healer of our souls. Guide us to the harbour of your will. Enlighten the eyes of our hearts to the knowledge of your truth and grant that the rest of the present day and the whole time of our life may be peaceful and without sin, at the prayers of the holy Mother of God and of all the Saints. [EL]



προσβείαις τῆς ἁγίας Θεοτόκου, καὶ πάντων τῶν Ἁγίων σου.

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΤΡΙΤΗ

Κύριε, ὁ Θεὸς ἡμῶν, μνήσθητι ἡμῶν τῶν ἁμαρτωλῶν καὶ ἀχρείων δούλων σου, ἐν τῷ ἐπικαλεῖσθαι ἡμᾶς τὸ ἅγιον ὄνομά σου, καὶ μὴ κατασχύνῃς ἡμᾶς ἀπὸ τῆς προσδοκίας τοῦ ἐλέους σου, ἀλλὰ χάρισαι ἡμῖν, Κύριε, πάντα τὰ πρὸς σωτηρίαν αἰτήματα· καὶ ἀξιώσον ἡμᾶς ἀγαπᾶν, καὶ φοβεῖσθαι σε ἐξ ὅλης τῆς καρδίας ἡμῶν, καὶ ποιεῖν ἐν πᾶσι τὸ θέλημά σου.

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΤΕΤΑΡΤΗ

Ὁ τοῖς ἀσιγήτοις ὕμνοις καὶ ἀπαύστοις δοξολογίαις ὑπὸ τῶν ἁγίων δυνάμεων ἀνυμνούμενος, πλήρωσον τὸ στόμα ἡμῶν τῆς αἰνέσεώς σου, τοῦ δοῦναι μεγαλυσύνην τῷ ὀνόματί σου τῷ ἁγίῳ· καὶ δὸς ἡμῖν μερίδα καὶ κληρὸν μετὰ πάντων τῶν φοβουμένων σε ἐν ἀληθείᾳ καὶ φυλασσόντων τὰς ἐντολάς σου· προσβείαις τῆς ἁγίας Θεοτόκου καὶ πάντων τῶν ἁγίων σου.

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>

### 3rd Prayer

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will. <sup>[EL]</sup>

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>

### 4th Prayer

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints. <sup>[EL]</sup>

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. <sup>[EL]</sup>



Ἀγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΠΕΜΠΤΗ

Κύριε, Κύριε, ὁ τῇ ἀχραντῷ σου παλάμῃ συνέχων τὰ σύμπαντα, ὁ μακροθυμῶν ἐπὶ πάντας ἡμᾶς καὶ μετανοῶν ἐπὶ ταῖς κακίαις ἡμῶν, μνήσθητι τῶν οἰκτιρμῶν σου καὶ τοῦ ἐλέους σου· ἐπίσκεψαι ἡμᾶς ἐν τῇ σῇ ἀγαθότητι· καὶ δὸς ἡμῖν διαφυγεῖν καὶ τὸ λοιπὸν τῆς παρούσης ἡμέρας, ἐκ τῶν τοῦ πονηροῦ ποικίλων μηχανημάτων, καὶ ἀνεπιβούλευτον τὴν ζωὴν ἡμῶν διαφύλαξον, τῇ χάριτι τοῦ Παναγίου σου Πνεύματος.

Ἐλέει καὶ φιλανθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΕΚΤΗ

Ὁ Θεός, ὁ μέγας καὶ θαυμαστός, ὁ ἀνεκδιηγῆτῳ ἀγαθωσύνη καὶ πλουσία προνοία διοικῶν τὰ σύμπαντα· ὁ καὶ τα ἐγκόσμια ἀγαθὰ ἡμῖν δωρησάμενος, καὶ κατεγγυήσας ἡμῖν τὴν ἐπηγγελμένην βασιλείαν, διὰ τῶν ἤδη κεχαρισμένων ἡμῖν ἀγαθῶν· ὁ ποιήσας ἡμᾶς καὶ τῆς νῦν ἡμέρας τὸ παρελθὸν μέρος ἀπὸ παντὸς ἐκκλίνειν κακοῦ, δώρησαι ἡμῖν καὶ τὸ ὑπόλοιπον ἀμέμπτως ἐκτελέσαι, ἐνώπιον τῆς ἀγίας δόξης σου, ὑμνοῦντάς σε τὸν μόνον ἀγαθόν, καὶ φιλάνθρωπον Θεὸν ἡμῶν.

Ὅτι σὺ εἶ ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ

### 5th Prayer

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault. [EL]

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen. [EL]

### 6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind. [EL]

For you are our God and to you we give glory, to the Father, the Son and the Holy

καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς  
τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

### ΕΥΧΗ ΕΒΔΟΜΗ

Ὁ Θεὸς ὁ μέγας καὶ ὑψιστος, ὁ μόνος  
ἔχων ἀθανασίαν, φῶς οἰκῶν ἀπρόσιτον, ὁ  
πᾶσαν τὴν κτίσιν ἐν σοφίᾳ δημιουργήσας.  
Ὁ διαχωρήσας ἀνὰ μέσον τοῦ φωτός, καὶ  
ἀνὰ μέσον τοῦ σκότους, καὶ τὸν μὲν ἥλιον  
θέμενος εἰς ἐξουσίαν τῆς ἡμέρας, σελήνην  
δὲ καὶ ἀστέρας εἰς ἐξουσίαν τῆς νυκτός· ὁ  
καταξιώσας ἡμᾶς τοὺς ἁμαρτωλοὺς καὶ  
ἐπὶ τῆς παρούσης ὥρας προφθάσαι τὸ  
πρόσωπόν σου ἐν ἐξομολογήσει, καὶ τὴν  
ἐσπερινὴν σοι δοξολογίαν προσαγαγεῖν·  
αὐτός, φιλάνθρωπε Κύριε, κατεύθυνον  
τὴν προσευχὴν ἡμῶν ὡς θυμίαμα ἐνώπιόν  
σου καὶ πρόσδεξαι αὐτὴν εἰς ὁσμὴν  
εὐωδίας. Παράσχου δὲ ἡμῖν τὴν παροῦσαν  
ἐσπέραν καὶ τὴν ἐπιούσαν νύκτα εἰρηνικὴν·  
ἐνδυσον ἡμᾶς ὅπλα φωτός· ῥῦσαι ἡμᾶς  
ἀπὸ φόβου νυκτερινοῦ καὶ ἀπὸ παντός  
πράγματος ἐν σκότει διαπορευομένου· καὶ  
δὸς ἡμῖν τὸν ὕπνον, ὃν εἰς ἀνάπαυσιν τῇ  
ἀσθενείᾳ ἡμῶν ἐδωρήσω, πάσης διαβολικῆς  
φαντασίας ἀπηλλαγμένον. Ναί, Δέσποτα  
τῶν ἀπάντων, τῶν ἀγαθῶν χορηγέ· ἵνα,  
καὶ ἐπὶ ταῖς κοίταις ἡμῶν κατανυγόμενοι,  
μνημονεύωμεν ἐν νυκτὶ τοῦ ὀνόματός  
σου, καὶ τῇ μελέτῃ τῶν σῶν ἐντολῶν  
καταυγαζόμενοι, ἐν ἀγαλλιάσει ψυχῆς  
διανιστῶμεν πρὸς δοξολογίαν τῆς σῆς  
ἀγαθότητος, δεήσεις καὶ ἱκεσίας τῇ σῇ  
εὐσπλαγχνίᾳ προσάγοντες ὑπὲρ τῶν ἰδίων  
ἁμαρτημάτων καὶ παντός τοῦ λαοῦ σου,  
ὃν ταῖς πρεσβείαις τῆς ἁγίας Θεοτόκου ἐν  
ἐλέει ἐπίσκεψαι.

Spirit, now and for ever, and to the ages of  
ages. Amen. [EL]

### 7th Prayer

Great and most high God, who  
alone possess immortality, who dwell  
in unapproachable light, who fashioned  
all creation with wisdom, who made the  
separation between the light and the darkness  
and who placed the sun to have authority  
over the day and the moon and the stars  
to have authority over the night, who have  
counted us sinners worthy even at this  
present hour to come into your presence with  
confession and thanksgiving and to offer  
you our evening hymn of glory; do you, O  
Lord who love mankind, direct our prayer  
like incense before you and accept it as a  
savour of sweet fragrance. Grant us that the  
present evening and the coming night may  
be peaceful, clothe us with weapons of light,  
deliver us from every night-time fear and  
from every deed that walks in darkness. And  
give us sleep, which you have bestowed on us  
for our rest in our weakness, freed from every  
fantasy of the devil. Yes, Master of all things,  
giver of blessings, may we also be filled with  
compunction on our beds and call to mind  
your Name in the night, and enlightened by  
meditation on your commandments may we  
rise with gladness of soul to give glory to  
your loving-kindness, as we bring to your  
compassion supplications and entreaties on  
behalf of our own sins and those of all your  
people. At the prayers of the holy Mother of  
God visit them with mercy. [EL]

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς  
ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,  
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,  
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.  
Ἀμήν.

*Πληρωθέντος τοῦ Προοιμιακοῦ Ψαλμοῦ, ὁ μὲν  
Τερεὺς παραμένει ἐν εὐλαβείᾳ ἐνώπιον τῆς ἁγίας  
Τραπέζης, ὁ δὲ Διάκονος ποιεῖ σχῆμα πρὸς τὸ Τερέα,  
καὶ ἐξελθὼν τοῦ ἱεροῦ Βήματος, διὰ τῆς βορείας  
πύλης, καὶ στὰς πρὸ τῆς Ὁραίας πύλης, καὶ βλέπων  
κατ' ἐνώπιον τῆς εἰκόνης τοῦ Χριστοῦ, λέγει τὴν  
Μεγάλην Συναπτὴν, ἥτοι τὰ "Εἰρηνικά."*

For you, O God, are good and love  
mankind, and to you we give glory, Father,  
Son and Holy Spirit, now and for ever, and to  
the ages of ages. Amen. <sup>[EL]</sup>

*When the Opening Psalm is completed the Priest, in  
front of the Holy Table, or the Deacon in his usual place  
outside the Holy Doors, says the Litany of Peace.*

**ΔΙΑΚΟΝΟΣ**

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς ἄνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ἁγίου οἴκου τούτου, καὶ τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῶν εὐσεβῶν καὶ Ὁρθοδόξων Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς πόλεως ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

**DEACON**

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

Ὑπὲρ πλεόντων, ὁδοιπορούντων,  
νοσούντων, καμνόντων, αἰχμαλώτων καὶ  
τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης  
θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ  
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,  
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

## ΙΕΡΕΥΣ

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ  
προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ  
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς  
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

## ΧΟΡΟΣ

### Ἦχος δ'.

Κύριε ἐκέκραξα πρὸς σέ, εἰσάκουσόν  
μου, εἰσάκουσόν μου, Κύριε. Κύριε,  
ἐκέκραξα πρὸς σέ, εἰσάκουσόν μου·  
πρόσχες τῇ φωνῇ τῆς δεήσεώς μου, ἐν τῷ  
κεκραγέναι με πρὸς σέ. Εἰσάκουσόν μου,  
Κύριε.

Κατευθυνθήτω ἡ προσευχή μου, ὡς  
θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν  
μου θυσία ἑσπερινή. Εἰσάκουσόν μου,  
Κύριε.

For those who travel by land, sea, and air,  
for the sick, the suffering, the captives and for  
their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction,  
wrath, danger, and necessity, let us pray to  
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and  
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commend ourselves and one another and  
our whole life to Christ our God.

(To You, O Lord.)

## PRIEST

For to You belong all glory, honor, and  
worship, to the Father and to the Son and to  
the Holy Spirit, now and forever and to the  
ages of ages.

(Amen.)

## CHOIR

### Mode 4.

Lord, I have cried to You; hear me. Hear  
me, O Lord. Lord, I have cried to You; hear  
me. Give heed to the voice of my supplication  
when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You  
as incense, the lifting up of my hands as the  
evening sacrifice. Hear me, O Lord. [SAAS]

Θοῦ, Κύριε, φυλακὴν τῷ στόματί μου, καὶ θύραν περιοχῆς περὶ τὰ χεῖλη μου.

Μὴ ἐκκλίνης τὴν καρδίαν μου εἰς λόγους πονηρίας, τοῦ προφασίζεσθαι προφάσεις ἐν ἁμαρτίαις.

Σὺν ἀνθρώποις ἐργαζομένοις τὴν ἀνομίαν, καὶ οὐ μὴ συνδυάσω μετὰ τῶν ἐκλεκτῶν αὐτῶν.

Παιδεύσει με δίκαιος ἐν ἐλέει, καὶ ἐλέγξει με, ἔλαιον δὲ ἁμαρτωλοῦ μὴ λιπανάτω τὴν κεφαλὴν μου.

Ὅτι ἔτι καὶ ἡ προσευχή μου ἐν ταῖς εὐδοκίαις αὐτῶν· κατεπόθησαν ἐχόμενα πέτρας οἱ κριταὶ αὐτῶν.

Ἀκούσονται τὰ ῥήματά μου, ὅτι ἠδύνθησαν· ὥσεί πάχος γῆς ἐρράγῃ ἐπὶ τῆς γῆς, διεσκορπίσθη τὰ ὅστ' αὐτῶν παρὰ τὸν ἄδην.

Ὅτι πρὸς σέ, Κύριε, Κύριε, οἱ ὀφθαλμοὶ μου· ἐπὶ σοὶ ἤλπισα, μὴ ἀντανέλης τὴν ψυχὴν μου.

Φύλαξόν με ἀπὸ παγίδος ἧς συνεστήσαντό μοι, καὶ ἀπὸ σκανδάλων τῶν ἐργαζομένων τὴν ἀνομίαν.

Πεσοῦνται ἐν ἀμφιβλήστρῳ αὐτῶν οἱ ἁμαρτωλοί· κατὰ μόνας εἰμὶ ἐγὼ ἕως ἂν παρέλθω.

Φωνῇ μου πρὸς Κύριον ἐκέκραξα, φωνῇ μου πρὸς Κύριον ἐδεήθην.

Ἐκχεῶ ἐνώπιον αὐτοῦ τὴν δέησίν μου, τὴν θλιψίν μου ἐνώπιον αὐτοῦ ἀπαγγελῶ.

Ἐν τῷ ἐκλείπειν ἐξ ἐμοῦ τὸ πνεῦμά μου, καὶ σὺ ἔγνωσ τὰς τρίβους μου.

Ἐν ὁδῷ ταύτῃ, ἣ ἐπορευόμην, ἔκρυψαν παγίδα μοι.

Κατενόουν εἰς τὰ δεξιὰ, καὶ ἐπέβλεπον, καὶ οὐκ ἦν ὁ ἐπιγινώσκων με.

Ἀπώλετο φυγὴ ἀπ' ἐμοῦ, καὶ οὐκ ἔστιν ὁ ἐκζητῶν τὴν ψυχὴν μου.

Ἐκέκραξα πρὸς σέ, Κύριε εἶπα· Σὺ εἶ ἡ ἐλπίς μου, μερίς μου εἶ ἐν γῇ ζώντων.

Πρόσχεες πρὸς τὴν δέησίν μου, ὅτι ἐταπεινώθην σφόδρα.

Set a watch, O Lord, before my mouth, a door of enclosure about my lips.

Incline not my heart to evil words, to make excuses in sins.

With men who work lawlessness; and I will not join with their choice ones.

The righteous man shall correct me with mercy, and he shall reprove me; but let not the oil of the sinner anoint my head.

For my prayer shall be intense in the presence of their pleasures. Their judges are swallowed up by the rock.

They shall hear my words, for they are pleasant. As a clod of ground is dashed to pieces on the earth, so their bones were scattered beside the grave.

For my eyes, O Lord, O Lord, are toward You; in You I hope; take not my soul away.

Keep me from the snares they set for me, and from the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone, until I escape.

I cried to the Lord with my voice, with my voice I prayed to the Lord.

I shall pour out my supplication before Him; I shall declare my affliction in His presence.

When my spirit fainted within me, then You knew my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one who knew me.

Refuge failed me, and there was no one who cared for my soul.

I cried to You, O Lord; I said, "You are my hope, my portion in the land of the living."

Attend to my supplication, for I was humbled exceedingly.



Ῥῥσαί με ἐκ τῶν καταδιωκόντων με, ὅτι ἐκκραταιώθησαν ὑπὲρ ἐμέ.

Τοῦ Τριωδίου - - -

**Στιχηρά. Κατανυκτικά.**

**Ἦχος δ'. Αὐτόμελον.**

Ἐξάγαγε ἐκ φυλακῆς τὴν ψυχὴν μου, τοῦ ἐξομολογήσασθαι τῷ ὀνόματί σου.

Ἦθελον δάκρυσιν ἐξαλειψαί, τῶν ἐμῶν πταισμάτων Κύριε τὸ χειρόγραφον, καὶ τὸ ὑπόλοιπον τῆς ζωῆς μου, διὰ μετανοίας εὐαρεστῆσαί σοι, ἀλλ' ὁ ἐχθρὸς ἀπατᾷ με, καὶ πολεμεῖ τὴν ψυχὴν μου. Κύριε, πρὶν εἰς τέλος ἀπόλωμαι, σῶσόν με.

**Ἦχος δ'. Ἦθελον δάκρυσιν ἐξαλειψαί.**

Ἐμὲ ὑπομενοῦσι δίκαιοι, ἕως οὐ ἀνταποδῶς μοι.

Τίς χειμαζόμενος καὶ προστρέχων, τῷ λιμένι τούτῳ οὐ διασώζεται; ἢ τίς ὀδυνώμενος καὶ προσπίπτων, τῷ ἰατρείῳ τούτῳ οὐ θεραπεύεται; Δημιουργε τῶν ἀπάντων, καὶ Ἰατρὲ τῶν νοσοῦντων, Κύριε, πρὶν εἰς τέλος ἀπόλωμαι, σῶσόν με.

**Ἦχος δ'.**

Ἐκ βαθέων ἐκέκραξά σοι, Κύριε· Κύριε, εἰσάκουσον τῆς φωνῆς μου.

Πλῦνόν με τοῖς δάκρυσί μου Σωτήρ, ὅτι ῥερούπωμα ἐν πολλαῖς ἁμαρτίαις· διὸ καὶ προσπίπτω σοι. Ἠμαρτον ἐλέησόν με ὁ Θεός.

**Ἦχος δ'.**

Γενηθήτω τὰ ὦτά σου προσέχοντα εἰς τὴν φωνὴν τῆς δεήσεώς μου.

Πρόβατόν εἰμι τῆς λογικῆς σου ποιμένης, καὶ πρὸς σὲ καταφεύγω, τὸν Ποιμένα τὸν

Deliver me from my persecutors, for they are stronger than I.

From Triodion - - -

**Stichera. For compunction.**

**Mode 4. Automelon.**

*Bring my soul out of prison to give thanks to Your name, O Lord. [SAAS]*

How I intended, O Lord, to cancel \* with my tears the bond against me of my iniquities, \* and through repentance so to be pleasing \* unto You throughout the remainder of my life. \* But then the enemy fools me \* and on my soul wages warfare. \* Save me before I utterly perish, O Lord my God. [SD]

**Mode 4. How I intended.**

*The righteous shall wait for me, until You reward me. [SAAS]*

Who has been tossed by a storm and hastened \* to this calm and quiet harbor whose life has not been saved? \* Or who was afflicted with pain and illness \* and ran unto this clinic whose health was not restored? \* O Creator of all things \* and Physician of the ailing, \* save me before I utterly perish, O Lord my God. [SD]

**Mode 4.**

*Out of the depths I have cried to You, O Lord; O Lord, hear my voice. [SAAS]*

Savior, wash me with my tears, for I have been soiled by many sins. Therefore I fall prostrate before You and implore: I have sinned; have mercy on me, O God. [SD]

**Mode 4.**

*Let Your ears be attentive to the voice of my supplication. [SAAS]*

I am one of the sheep of Your rational flock, and I take refuge in You the Good



καλόν, ζητήσόν με τὸν πλανηθέντα ὁ Θεός,  
καὶ ἐλέησόν με.

Τοῦ Τριωδίου - - -

**Τοῦ Τριωδίου.**

**Ἦχος γ'. Μεγάλη τοῦ Σταυροῦ σου.**

Ἐὰν ἀνομίας παρατηρήσης, Κύριε Κύριε,  
τίς ὑποστήσεται; ὅτι παρὰ σοὶ ὁ ἰλασμός  
ἐστίν.

Μεγίστους ἐν καιρῷ, πιστοὶ  
ἐπιδειξώμεθα, τῆς ἐγκρατείας πόνους,  
ὅπως μεγίστης δόξης ἐπιτύχωμεν  
ἐλέει, τοῦ μεγάλου Θεοῦ καὶ Βασιλέως,  
ἀπολυτρούμενοι, τῆς φλογὸς τῆς γεέννης.

**Ἦχος γ'. Μεγάλη τοῦ Σταυροῦ σου.**

Ἐνεκεν τοῦ ὀνόματός σου ὑπέμεινά σε,  
Κύριε, ὑπέμεινεν ἡ ψυχὴ μου εἰς τὸν λόγον  
σου. Ἦλπισεν ἡ ψυχὴ μου ἐπὶ τὸν Κύριον.

Τὸν χρόνον τῆς Νηστείας, νῦν  
ὑπερμεσάσαντες, ἀρχὴν ἐνθέου δόξης,  
σαφῶς ἐπιδειξώμεθα, καὶ εἰς τέλος  
ἐναρέτου πολιτείας, φθάσαι θερμῶς  
σπεύσωμεν, ὅπως ληψώμεθα, τὴν τρυφὴν  
τὴν ἀγήρω.

**Ἦχος βαρύς. Καταφρονήσαντες πάντων.**

Ἀπὸ φυλακῆς πρωΐας μέχρι νυκτός· ἀπὸ  
φυλακῆς πρωΐας ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν  
Κύριον.

Ὑπερμεσάσαντες ταύτην, τὴν ἱερὰν  
τῆς Νηστείας περίοδον, πρὸς τὸ μέλλον  
ἐν χαρᾷ, διευθυδρομήσωμεν, εὐποιΐας  
ἐλαίῳ, τὰς ψυχὰς ἀλειφόμενοι, ὅπως  
ἀξιωθῶμεν Χριστοῦ τοῦ Θεοῦ ἡμῶν, καὶ τὰ  
θεῖα Παθήματα, προσκυνῆσαι, προφθάσαι,  
καὶ τὴν φρικτὴν καὶ ἀγίαν Ἀνάστασιν.

Shepherd. Seek me who am wandering, O  
God, and have mercy on me. [SD]

From Triodion - - -

**From the Triodion.**

**Mode 3. N/M (The power of Your holy Cross.)**

*If You, O Lord, should mark transgression, O  
Lord, who would stand? For there is forgiveness  
with You. [SAAS]*

Believers, in this season of abstinence, /let  
us exert every effort, /that we may attain great  
glory, escaping the fire of hell, //by the mercy  
of God, the great King. [OCA]

**Mode 3. N/M (The power of Your holy Cross.)**

*Because of Your law, O Lord, I waited for  
You; my soul waited for Your word. My soul  
hopes in the Lord. [SAAS]*

Having passed half the period of this holy  
fast, /let us clearly show forth the beginning  
of divine glory! /Let us fervently hasten to the  
achievement of good behavior, //that we may  
receive the eternal joy. [OCA]

**Grave Mode. N/M (When you had wisely.)**

*From the morning watch until night; from the  
morning watch until night, let Israel hope in the  
Lord. [SAAS]*

Having passed half the distance of  
this holy fast, /let us strive, rejoicing with  
steadfastness, to its end. /Let us anoint  
ourselves with the oil of charity, /that we may  
be worthy to adore the noble Passion of Christ  
our God, //and attain his most honored and  
holy resurrection! [OCA]

Τοῦ Μηναιίου - - -

**Στιχηρὰ τοῦ Μηναιίου.**

ΤΗΙ Η' ΑΠΡΙΛΙΟΥ

**Ἦχος δ'.** Ως γενναῖον ἐν Μάρτυσι.

Ὅτι παρὰ τῷ Κυρίῳ τὸ ἔλεος καὶ πολλή  
παρ' αὐτῷ λύτρωσις, καὶ αὐτὸς λυτρώσεται  
τὸν Ἰσραὴλ ἐκ πασῶν τῶν ἀνομιῶν αὐτοῦ.

Αετοὶ ὡς ὑπόπτεροι, πᾶσαν γῆν  
διεδράμετε, τὰ σεπτὰ διδάγματα,  
κατασπείροντες, καὶ τὰ ζιζάνια τέμνοντες,  
τῆς πλάνης ἐν χάριτι, καὶ πολύχουν  
τὸν καρπὸν, γεωργοῦντες Πανεύφημοι,  
ὃν κατέχουσι, νοηταὶ ἀποθήκαι, εἰς  
αἰῶνας, Γεωργῷ τῷ ἀθανάτῳ, περιφανῶς  
συντηρούμενον.

Αἰνεῖτε τὸν Κύριον, πάντα τὰ ἔθνη,  
ἐπαινέσατε αὐτόν, πάντες οἱ λαοί.

Ἡρωδίωνα, Ἀγαβον, καὶ Ἀσύγκριτον,  
Ροῦφόν τε, καὶ Ἑρμῆν καὶ Φλέγοντα,  
μακαρίζωμεν, τὰ τῆς ἀμπέλου τυγχάνοντα,  
κατάκαρπα κλήματα, ἀποστάζοντα ἡμῖν,  
γλυκασμόν τὸν σωτήριον, τὸν εὐφραίνοντα,  
τὰς διψώσας καρδίας τῶν ἐν πίστει, ἀληθεῖ  
τούτων τὴν μνήμην, ἐπιτελούντων τὴν  
εὐσημον.

Ὅτι ἐκραταιώθη τὸ ἔλεος αὐτοῦ ἐφ'  
ἡμᾶς, καὶ ἡ ἀλήθεια τοῦ Κυρίου μένει εἰς τὸν  
αἰῶνα.

Οὐρανοὶ χρηματίσαντες, ὑψηλοὶ τὴν  
διάνοιαν, δόξαν ἀναγγέλλετε, τοῦ Θεοῦ  
ἡμῶν, τοῦ σαρκωθέντος θελήματι, θεόπται  
Ἀπόστολοι, ὁδηγοὶ τῶν εὐσεβῶν, Ἐκκλησίας  
θεμέλιοι, πύργοι ἄσειστοι, εὐσεβείας  
λιμένες, ἀπορῥήτων, μυστηρίων ὑπηρέται,  
φωταγωγοὶ τῶν ψυχῶν ἡμῶν.

From Menaion - - -

**Stichera from the Menaion.**

April 8

**Mode 4.** N/M (To a brave one.)

For with the Lord there is mercy, and with  
Him is abundant redemption; and He shall redeem  
Israel from all his transgressions. [SAAS]

O all-acclaimed of the Seventy, you went  
out to all lands like swift soaring eagles,  
and you sowed your august teachings  
everywhere. You cut away worthless chaff  
of godless error with divine grace, you  
cultivated much fruit now stored eternally in  
the spiritual granaries and preserved in glory  
by the divine Immortal Vine-Dresser. [RB]

Praise the Lord, all you Gentiles; praise Him,  
all you peoples. [SAAS]

Let us all praise Herodion, Rufus,  
Hermes, Agabus, Phlegon, and Asyncritus.  
They have borne much fruit and are heavy  
branches of Christ the Vine. They drop to  
us the sweet soul-saving taste that delights  
the thirsting hearts of those who with faith  
and love keep their most solemn, divine, and  
sacred festival. [RB]

For His mercy rules over us; and the truth of  
the Lord endures forever. [SAAS]

O honorable Apostles and seers of God,  
you are foundations of the Church, guides  
who save the pious, unshakeable towers,  
peaceful refuges of piety, and ministers of  
ineffable mysteries past telling. You light the  
way for our hearts and souls, you have noble  
and lofty minds, and you were holy heavens  
that declared the glory of God Who willingly  
took on flesh. [RB]

Δόξα· καὶ νῦν. **Θεοτοκίον.**

**Ἦχος δ'.** Ὡς γενναῖον ἐν Μάρτυσι.

Ὡς Θεοῦ Μήτηρ ἄφθορος, καὶ ἀγνή  
καὶ πανάμωμος, καὶ ἀγιωσύνη πάση  
ἀσύγκριτος, τὸν ἐναγῇ καὶ ἀκάθαρτον, καὶ  
πάσης αἰσχροτήτος, παρὰ νόμου καὶ δεινῆς,  
εὐρετὴν ἐγχειρήσεως, μὴ ἀπώσῃ με, μὴ  
ἐάσῃ με ὅλως ἀπολέσθαι, ἀλλὰ ῥῦσαι τῶν  
παθῶν με, καὶ ἐπιστρέφοντα σῶσόν με.

**ΔΙΑΚΟΝΟΣ** (χαμηλοφώνως)

Τοῦ Κυρίου δεηθῶμεν.

**ΙΕΡΕΥΣ** (χαμηλοφώνως)

**ΕΥΧΗ ΤΗΣ ΕΙΣΟΔΟΥ**

Ἐσπέρας καὶ πρωῒ καὶ μεσημβρίας, αἰνοῦμεν,  
εὐλογοῦμεν, εὐχαριστοῦμεν καὶ δεόμεθά σου,  
Δέσποτα τῶν ἀπάντων, Φιλάνθρωπε, Κύριε.  
Κατεύθυνον τὴν προσευχὴν ἡμῶν, ὡς θυμίαμα  
ἐνώπιόν σου καὶ μὴ ἐκκλίνῃς τὰς καρδίας ἡμῶν εἰς  
λόγους, ἢ εἰς λογισμοὺς πονηρίας, ἀλλὰ ῥῦσαι ἡμᾶς  
ἐκ πάντων τῶν θηρευόντων τὰς ψυχὰς ἡμῶν· ὅτι  
πρὸς σέ, Κύριε, Κύριε, οἱ ὀφθαλμοὶ ἡμῶν, καὶ ἐπὶ σοὶ  
ἠλπίσαμεν· μὴ κατασχύνῃς ἡμᾶς, ὁ Θεὸς ἡμῶν.

**ΔΙΑΚΟΝΟΣ**

Σοφία. Ὁρθοί.

**ΚΛΗΡΟΣ ΚΑΙ ΛΑΟΣ**

**Ἦχος β'.**

Φῶς ἱλαρὸν ἀγίας δόξης, ἀθανάτου  
Πατρός, οὐρανίου, ἀγίου, μάκαρος, Ἰησοῦ  
Χριστέ, ἐλθόντες ἐπὶ τὴν ἡλίου δύσιν,  
ιδόντες φῶς ἐσπερινόν, ὑμνοῦμεν Πατέρα,  
Υἱόν, καὶ ἅγιον Πνεῦμα Θεόν. Ἄξιόν σε ἐν  
παῶσι καιροῖς, ὑμνεῖσθαι φωναῖς αἰσίσαις,  
Υἱὲ Θεοῦ, ζῶν ὁ διδούς· \* διὸ ὁ κόσμος σὲ  
δοξάζει.

**ΔΙΑΚΟΝΟΣ**

Ἐσπέρας Προκείμενον.

Glory. Both now. **Theotokion.**

**Mode 4.** N/M (To a brave one.)

O all-pure Mother of our God, you are  
blameless and incorrupt, and your great  
holiness is incomparable. Although I am  
accursed and all-unclean, and the inventor of  
terribly evil and disgraceful deeds, do not cast  
me away, and do not abandon me to death,  
but save me from passions as I repent. [RB]

**DEACON** (in a low voice)

Let us pray to the Lord.

**PRIEST** (in a low voice)

**Prayer of the Entrance**

At evening, at morning and at midday we praise,  
bless and give thanks, and we pray to you, Master of  
all things, Lord who love mankind: Direct our prayer  
before you like incense, and do not incline our hearts to  
words or thoughts of evil, but deliver us from all that  
hunt down our souls. For our eyes look to you, O Lord,  
our Lord, and we have hoped in you.

**DEACON**

Wisdom. Arise.

**CLERGY AND PEOPLE**

**Mode 2.**

Gladsome light of holy glory of the holy,  
blessed, heavenly, immortal Father, O Jesus  
Christ: arriving at the hour of sunset and  
having seen the evening light, we praise the  
Father, Son, and Holy Spirit, God. It is worthy  
for You to be praised at all times with happy  
voices, O Son of God and Giver of life; \* and  
therefore the world glorifies You. [SD]

**DEACON**

The evening Prokeimenon.

**ΧΟΡΟΣ**

**Προκείμενον. Ἦχος πλ. δ'.**

Μὴ ἀποστρέψῃς τὸ πρόσωπόν σου  
ἀπὸ τοῦ παιδός σου, ὅτι θλίβομαι ταχὺ  
ἐπάκουσόν μου· πρόσχες τῇ ψυχῇ μου, καὶ  
λύτρωσαι αὐτήν.

**Στίχ.** Ἡ σωτηρία σου, ὁ Θεός,  
ἀντιλάβοιτό μου.

Μὴ ἀποστρέψῃς τὸ πρόσωπόν σου  
ἀπὸ τοῦ παιδός σου, ὅτι θλίβομαι ταχὺ  
ἐπάκουσόν μου· πρόσχες τῇ ψυχῇ μου, καὶ  
λύτρωσαι αὐτήν.

**Στίχ.** Ἰδέτωσαν πτωχοὶ καὶ  
εὐφρανθήτωσαν· ἐκζητήσατε τὸν Θεόν, καὶ  
ζήσεται ἡ ψυχὴ ὑμῶν.

Μὴ ἀποστρέψῃς τὸ πρόσωπόν σου  
ἀπὸ τοῦ παιδός σου, ὅτι θλίβομαι ταχὺ  
ἐπάκουσόν μου· πρόσχες τῇ ψυχῇ μου, καὶ  
λύτρωσαι αὐτήν.

*Καὶ πάλιν·*

Μὴ ἀποστρέψῃς τὸ πρόσωπόν σου  
ἀπὸ τοῦ παιδός σου, ὅτι θλίβομαι ταχὺ  
ἐπάκουσόν μου· πρόσχες τῇ ψυχῇ μου, καὶ  
λύτρωσαι αὐτήν.

**ΔΙΑΚΟΝΟΣ**

Εἴπωμεν πάντες ἐξ ὅλης τῆς ψυχῆς καὶ  
ἐξ ὅλης τῆς διανοίας ἡμῶν εἴπωμεν.

(Κύριε, ἐλέησον.)

Κύριε παντοκράτωρ ὁ Θεὸς τῶν  
πατέρων ἡμῶν, δεόμεθά Σου, ἐπάκουσον  
καὶ ἐλέησον.

(Κύριε, ἐλέησον.)

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα  
ἐλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ  
ἐλέησον.

**CHOIR**

**Prokeimenon. Mode pl. 4.**

Turn not Your face from Your child, for I  
am afflicted; hear me speedily. Give heed to  
my soul and redeem it. [SAAS]

**Verse:** And the salvation of Your presence, O  
God, lays hold of me.

Turn not Your face from Your child, for I  
am afflicted; hear me speedily. Give heed to  
my soul and redeem it.

**Verse:** Let the poor behold this, and be glad;  
seek God, and your soul shall live.

Turn not Your face from Your child, for I  
am afflicted; hear me speedily. Give heed to  
my soul and redeem it.

*And again:*

Turn not Your face from Your child, for I  
am afflicted; hear me speedily. Give heed to  
my soul and redeem it.

**DEACON**

Let us all say with all our soul and with  
all our mind, let us all say.

(Lord, have mercy.)

Lord almighty, God of our fathers, we  
pray You, hear us and have mercy.

(Lord, have mercy.)

Have mercy on us, O God, according to  
Your great mercy, we pray You, hear us and  
have mercy.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἦτι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἦτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

### ΙΕΡΕΥΣ

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

### ΑΝΑΓΝΩΣΤΗΣ

Καταξίωσον, Κύριε, ἐν τῇ ἐσπέρᾳ ταύτῃ, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς. Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν. Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ. Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου. Εὐλογητὸς εἶ, Δέσποτα, συνέτισον μὲ τὰ δικαιώματά σου. Εὐλογητὸς εἶ, Ἄγιε, φώτισόν με τοῖς δικαιώμασί σου. Κύριε, τὸ ἔλεός σου εἰς τὸν αἰῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδης. Σοὶ πρέπει αἶνος, σοὶ πρέπει ὕμνος, σοὶ δόξα πρέπει, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

### ΔΙΑΚΟΝΟΣ

Πληρώσωμεν τὴν ἐσπερινὴν δέησιν ἡμῶν τῷ Κυρίῳ.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

### PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

### READER

O Lord, keep us this evening without sin. Blessed are you, O Lord, God of our fathers, and praised and glorified is your name to the ages. Amen. O Lord, let your mercy be upon us for we have set our hope in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, Master, grant me understanding of your commandments. Blessed are you, Holy One, enlighten me with your commandments. Lord, your mercy is forever. Do not despise the works of your hands. To you is due praise, to you is due song, to you is due glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. [HC]

(Amen.)

### DEACON

Let us complete our evening prayer to the Lord.



(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τὴν ἐσπέραν πᾶσαν τελείαν, ἀγίαν,  
εἰρηνικὴν καὶ ἀναμάρτητον, παρὰ τοῦ  
Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Ἄγγελον εἰρήνης, πιστὸν ὁδηγόν,  
φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων  
ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Συγγνώμην καὶ ἄφεσιν τῶν ἁμαρτιῶν  
καὶ τῶν πλημμελημάτων ἡμῶν, παρὰ τοῦ  
Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς  
ἡμῶν καὶ εἰρήνην τῷ κόσμῳ, παρὰ τοῦ  
Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τὸν ὑπόλοιπον χρόνον τῆς ζωῆς ἡμῶν  
ἐν εἰρήνῃ καὶ μετανοίᾳ ἐκτελέσαι, παρὰ τοῦ  
Κυρίου αἰτησώμεθα.

(Παράσχον, Κύριε.)

Χριστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν,  
ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικά, καὶ  
καλὴν ἀπολογίαν τὴν ἐπὶ τοῦ φοβεροῦ  
βήματος τοῦ Χριστοῦ αἰτησώμεθα.

(Παράσχον, Κύριε.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἀγίων μνημονεύσαντες,  
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

(Lord, have mercy.)

Help us, save us, have mercy on us, and  
protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect,  
holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a  
guardian of our souls and bodies, let us ask  
the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and  
transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for  
our souls, and for peace for the world, let us  
ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time  
of our life in peace and repentance, let us ask  
the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our  
life, peaceful, without shame and suffering,  
and for a good defense before the awesome  
judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commend ourselves and one another and  
our whole life to Christ our God.

(To You, O Lord.)

**ΙΕΡΕΥΣ**

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς  
ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,  
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,  
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(*Ἀμήν.*)

**ΙΕΡΕΥΣ**

Εἰρήνη πᾶσι.

(*Καὶ τῷ πνεύματί σου.*)

**ΔΙΑΚΟΝΟΣ**

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίῳ κλίνομεν.

(*Σοί, Κύριε.*)

**ΙΕΡΕΥΣ** (*χαμηλοφώνως*)

Κύριε, ὁ Θεὸς ἡμῶν, ὁ κλῖνας οὐρανούς καὶ  
καταβάς ἐπὶ σωτηρία τοῦ γένους τῶν ἀνθρώπων,  
ἐπιδε ἐπὶ τοὺς δούλους σου καὶ ἐπὶ τὴν κληρονομίαν  
σου· σοὶ γὰρ τῷ φοβερῷ καὶ φιλοανθρώπῳ κριτῇ  
οἱ σοὶ δούλοι ὑπέκλιναν τὰς κεφαλὰς, τοὺς δὲ  
αὐτῶν ὑπέταξαν αὐχένας, οὐ τὴν ἐξ ἀνθρώπων  
ἀναμένοντες βοήθειαν, ἀλλὰ τὸ σὸν περιμένοντες  
ἔλεος καὶ τὴν σὴν ἀπεκδεχόμενοι σωτηρίαν·  
οὓς διαφύλαξον ἐν παντὶ καιρῷ καὶ κατὰ τὴν  
παροῦσαν ἐσπέραν καὶ τὴν προσιοῦσαν νύκτα,  
ἀπὸ παντὸς ἐχθροῦ, ἀπὸ πάσης ἀντικειμένης  
ἐνεργίας διαβολικῆς, καὶ διαλογισμῶν ματαίων καὶ  
ἐνθυμήσεων πονηρῶν.

**ΙΕΡΕΥΣ**

Εἴη τὸ κράτος τῆς βασιλείας σου  
εὐλογημένον καὶ δεδοξασμένον, τοῦ  
Πατρὸς, καὶ τοῦ Υἱοῦ, καὶ τοῦ ἁγίου  
Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας  
τῶν αἰώνων.

(*Ἀμήν.*)

Τοῦ Τριωδίου ---

**ΧΟΡΟΣ**

**Ἀπόστιχα. Τοῦ Τριωδίου.**

**Ἰδιόμελον. Ἦχος βαρὺς.**

Ὁ τὸν ἀμπελῶνα φυτεύσας, καὶ τοὺς  
ἐργάτας καλέσας, ἐγγὺς ὑπάρχει Σωτῆρ,  
δεῦτε οἱ τῆς Νηστείας ἀγωνισταί, μισθὸν

**PRIEST**

For You, O God, are good and love  
mankind, and to You we offer glory, to the  
Father and to the Son and to the Holy Spirit,  
now and forever, and to the ages of ages.

(*Amen.*)

**PRIEST**

Peace be with all.

(*And with your spirit.*)

**DEACON**

Let us bow our heads to the Lord.

(*To You, O Lord.*)

**PRIEST** (*in a low voice*)

Lord our God, who bowed the heavens and came  
down for the salvation of the human race, look upon  
your servants and upon your inheritance, for to you,  
the fearful Judge who love mankind, your servants  
have bowed their heads and inclined their necks, not  
waiting for any human help, but awaiting your mercy  
and looking for your salvation. Guard them at every  
moment, during both the present evening and the  
approaching night, from every foe, from every hostile  
operation of the devil and from vain thoughts and evil  
desires.

**PRIEST**

May the might of your kingdom be  
blessed and glorified, of the Father and the  
Son and the Holy Spirit, now and forever and  
to the ages of ages.

(*Amen.*)

From Triodion ---

**CHOIR**

**Aposticha. From the Triodion.**

**Idiomelon. Grave Mode.**

The Savior who planted the vineyard and  
called the laborers is near indeed! / Come,  
therefore, workers in the fast: / let us receive



ἀπολαύσωμεν, ὅτι πλούσιος ὑπάρχει, ὁ  
δοτὴρ καὶ ἐλεήμων, μικρὸν ἐργασάμενοι,  
κομισώμεθα, τὸ τῆς ψυχῆς ἔλεος.

**Ἰδιόμελον. Ἦχος πλ. β'.**

**Στίχ.** Πρὸς σέ ἦρα τοὺς ὀφθαλμούς  
μου τὸν κατοικοῦντα ἐν τῷ οὐρανῷ. Ἴδου ὡς  
ὀφθαλμοὶ δούλων εἰς χεῖρας τῶν Κυρίων  
αὐτῶν, ὡς ὀφθαλμοὶ παιδίσκης εἰς χεῖρας  
τῆς Κυρίας αὐτῆς, οὕτως οἱ ὀφθαλμοὶ  
ἡμῶν πρὸς Κύριον τὸν θεὸν ἡμῶν, ἕως οὗ  
οἰκτειρῆσαι ἡμᾶς.

Λησταῖς λογισμοῖς, περιπεσὼν ὁ Ἀδάμ,  
ἐκλάπη τὸν νοῦν, τραυματισθεὶς τὴν ψυχὴν,  
καὶ ἔκειτο γυμνὸς ἀντιλήψεως, οὔτε Ἰερεὺς  
ὁ πρὸ τοῦ νόμου προσέσχεν αὐτῷ, οὔτε  
Λευῖτης μετὰ νόμον ἐπειδεν αὐτόν, εἰμὴ σὺ  
ὁ παραγενόμενος Θεός, οὐκ ἐκ Σαμαρείας,  
ἀλλ' ἐκ τῆς Θεοτόκου, Κύριε δόξα σοι.

**Μαρτυρικόν.**

**Ἦχος πλ. β'.**

**Στίχ.** Ἐλέησον ἡμᾶς, Κύριε,  
ἐλέησον ἡμᾶς, ὅτι ἐπὶ πολὺ ἐπλήσθημεν  
ἐξουδενώσεως, ἐπὶ πλεῖον ἐπλήσθη ἡ ψυχὴ  
ἡμῶν. Τὸ ὄνειδος τοῖς εὐθηνούσι, καὶ ἡ  
ἐξουδένωσις τοῖς ὑπερηφάνοις.

Οἱ Μάρτυρές σου Κύριε, οὐκ ἠρνήσαντό  
σε, οὐκ ἀπέστησαν ἀπὸ τῶν ἐντολῶν σου,  
ταῖς αὐτῶν πρεσβείαις, ἐλέησον ἡμᾶς.

Δόξα· καὶ νῦν. **Θεοτοκίον.**

**Ἦχος πλ. β'.**

Ἀρχαγγελικῶς ἀνυμνήσωμεν πιστοί,  
τὴν οὐράνιον Παστάδα, καὶ πύλην  
σφραγισθεῖσαν ἀληθῶς. Χαῖρε δι' ἧς  
ἀνεβλάστησεν ἡμῖν, ὁ Σωτὴρ τῶν ἀπάντων,

our hire, / for the Giver is rich and merciful. //  
even if we have labored little we receive great  
mercy! [OCA]

**Idiomelon. Mode pl. 2.**

**Verse:** I lift my eyes to You, who dwell  
in heaven. Behold, as the eyes of servants look  
to the hands of their masters, as the eyes of the  
maidservant look to the hands of her mistress, so  
our eyes look to the Lord our God until He shall  
have compassion on us. [SAAS]

When Adam fell among the robbers of  
thought, / he was robbed of his mind; / his soul  
was wounded, and he was cast out naked and  
without any aid. / The priest who came before  
the law did not listen to him. / The Levite who  
came after the law had no compassion on  
him: / only you, O God, who came not from  
Samaria but from the Theotokos! // O Lord,  
glory to you! [OCA]

**For the Martyrs.**

**Mode pl. 2.**

**Verse:** Have mercy on us, O Lord, have  
mercy on us, for we are greatly filled with  
contempt; our soul is greatly filled with it. We are  
a disgrace to those who prosper, and a contempt to  
the arrogant. [SAAS]

Your Martyrs did not renounce You,  
O Lord, nor did they deviate from Your  
commandments. By their intercessions, have  
mercy on us. [SD]

Glory. Both now. **Theotokion.**

**Mode pl. 2. (not metered)**

O believers, let us extol archangelically  
the heavenly bridal chamber and the gate  
that was truly sealed: Rejoice, O Maiden,  
through whom to us sprouted forth the Savior

Χριστὸς ὁ ζωοδότης καὶ Θεός, κατάβαλε  
Δέσποινα τοὺς ἀθέους τυράννους ἐχθροὺς  
ἡμῶν, τῇ χειρὶ σου Ἀχραντε, ἡ ἐλπίς  
Χριστιανῶν.

**ΙΕΡΕΥΣ**

**Ὡδὴν τοῦ Θεοδόχου Συμεῶν.**

Νῦν ἀπολύεις τον δοῦλόν σου, Δέσποτα,  
κατὰ τὸ ῥῆμά σου, ἐν εἰρήνῃ· ὅτι εἶδον  
οἱ ὀφθαλμοί μου τὸ σωτήριόν σου, ὃ  
ἠτοίμασας κατὰ πρόσωπον πάντων τῶν  
λαῶν· φῶς εἰς ἀποκάλυψιν ἐθνῶν, καὶ  
δόξαν λαοῦ σου Ἰσραήλ.

**ΛΑΟΣ**

**Τρισάγιον.**

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος  
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε,  
ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα,  
συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε,  
ἐπίσκεψαι καὶ ἰάσαι τὰς ἀσθενείας ἡμῶν,  
ἐνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,  
ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς,  
ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ  
βασιλεία σου. Γενηθήτω τὸ θέλημά σου,  
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον  
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ  
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ

of one and all, Christ the Giver of life and  
God. Strike down our enemies, the godless  
tyrants, with your hand, O immaculate Lady,  
the Christians' hope. [SD]

**PRIEST**

**Song of Simeon.**

Lord, now You are letting Your servant  
depart in peace, according to Your word; for  
my eyes have seen Your salvation which You  
have prepared before the face of all peoples.  
A light to bring revelation to the Gentiles, and  
the glory of Your people Israel. [NKJV]

**PEOPLE**

**Trisagion Prayers.**

Holy God, Holy Mighty, Holy Immortal,  
have mercy on us. (3)

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

All-holy Trinity, have mercy on us.  
Lord, forgive our sins. Master, pardon our  
transgressions. Holy One, visit and heal our  
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.  
Lord, have mercy.

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Our Father, who art in heaven, hallowed  
be Thy name. Thy kingdom come, Thy will  
be done, on earth as it is in heaven. Give us  
this day our daily bread; and forgive us our  
trespasses, as we forgive those who trespass

ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

### ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

### ΧΟΡΟΣ

Τοῦ Ὡρολογίου ---

#### Ἀπολυτίκια. Ἦχος πλ. α'.

Θεοτόκε Παρθέने, χαῖρε κεχαριτωμένη Μαρία, ὁ Κύριος μετὰ σοῦ· εὐλογημένη σὺ ἐν γυναιξί, καὶ εὐλογημένος ὁ καρπὸς τῆς κοιλίας σου, ὅτι Σωτῆρα ἔτεκες τῶν ψυχῶν ἡμῶν.

Βαπτιστὰ τοῦ Χριστοῦ, πάντων ἡμῶν μνήσθητι, ἵνα ρυσθῶμεν τῶν ἀνομιῶν ἡμῶν· σοὶ γὰρ ἐδόθη χάρις πρεσβεῦειν ὑπὲρ ἡμῶν.

Δόξα.

Ἰκετεύσατε ὑπὲρ ἡμῶν, ἅγιοι Ἀπόστολοι, καὶ Ἅγιοι πάντες, ἵνα ρυσθῶμεν κινδύνων καὶ θλίψεων, ὑμᾶς γὰρ θερμοὺς προστάτας, πρὸς τὸν Σωτῆρα κεκτήμεθα.

*Τὸ τελευταῖον τοῦτο τροπάριον κατὰ τὴν ἀρχαίαν τάξιν λέγεται χῦμα ὑπὸ τοῦ ἀναγνώστη. Σήμερον ὁμως συνήθως ψάλλεται καὶ τοῦτο, ὡς καὶ τὰ προηγούμενα.*

Καὶ νῦν.

Ὑπὸ τὴν σὴν εὐσπλαγχνίαν, καταφεύγομεν Θεοτόκε, τὰς ἡμῶν ἱκεσίας μὴ παρίδῃς ἐν περιστάσει, ἀλλ' ἐκ κινδύνων λύτρωσαι ἡμᾶς, μόνη Ἁγνή, μόνη εὐλογημένη.

against us. And lead us not into temptation, but deliver us from evil.

### PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

### CHOIR

From Horologion ---

#### Apolytikia. Mode pl. 1.

O Virgin Theotokos, rejoice, Mary full of grace. The Lord is with you. Blessed are you among women, and blessed is the fruit of your womb; for you have borne the Savior of our souls [SD]

O Baptist of Christ, be mindful of us all, that we may be delivered from our iniquities; for unto you was given the grace to intercede for us. [SD]

Glory.

Entreat earnestly for us, O holy Apostles and all Saints, that we be delivered from peril and affliction; for you are our fervent advocates before the Savior. [SD]

*This final troparion, according to older rules, is simply recited by the Reader. In current practice, however, it is usually, sung much like the preceding hymns.*

Both now.

Beneath your tender compassion we take refuge, O Theotokos. Despise not our supplications in distress, but deliver us from all peril. You alone are pure; you alone are blessed. [SD]

**ΑΝΑΓΝΩΣΤΗΣ**

Κύριε, ἐλέησον. (μ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,  
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

**ΙΕΡΕΥΣ**

Ὁ ὢν εὐλογητός, Χριστὸς ὁ Θεὸς ἡμῶν,  
πάντοτε, νῦν, καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας  
τῶν αἰώνων.

(Ἀμήν.)

Ἐπουράνιε Βασιλεῦ, τοὺς πιστοὺς  
ἄρχοντας ἡμῶν στερέωσον· τὴν πίστιν  
στήριξον· τὰ ἔθνη πρᾶνον· τὸν κόσμον  
εἰρήνευσον· τὴν ἁγίαν Ἐκκλησίαν (ἢ  
Μονήν) ταύτην καλῶς διαφύλαξον· τοὺς  
προαπελθόντας πατέρας καὶ ἀδελφούς  
ἡμῶν ἐν σκηναῖς δικαίων τάξον· καὶ ἡμᾶς  
ἐν μετανοίᾳ καὶ ἐξομολογήσει παράλαβε,  
ὡς ἀγαθὸς καὶ φιλόανθρωπος.

(Ἀμήν.)

**Εὐχὴ τοῦ Ἁγίου Ἐφραίμ**

Κύριε καὶ Δέσποτα τῆς ζωῆς μου,  
πνεῦμα ἀργίας, περιεργίας, φιλαρχίας καὶ  
ἀργολογίας μὴ μοι δῶς.

Πνεῦμα δὲ σωφροσύνης,  
ταπεινοφροσύνης, ὑπομονῆς καὶ ἀγάπης  
χάρισαί μοι τῷ σῶ δούλῳ.

Ναί, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ  
ὁρᾶν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν  
τὸν ἀδελφόν μου.

**READER**

Lord, have mercy. (40)

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify.

In the name of the Lord, Father, bless!

**PRIEST**

Blessed are You, Christ our God, always  
now and forever and to the ages of ages.

(Amen.)

O heavenly King, uphold our rulers,  
strengthen the Faith, calm the nations, give  
peace to the world. Protect this holy Church  
(or, Monastery); grant our departed fathers  
and brethren that they may dwell with  
the righteous, and accept us in repentance  
and confession; for You are good and love  
mankind.

(Amen.)

**Prayer of St. Ephraim**

O Lord and Master of my life, do not  
permit the spirit of laziness and meddling, the  
lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit  
of prudence, humility, patience and love.

Yes, Lord and King, give me the power  
to see my own faults and not to judge my  
brother.

Ὅτι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

**ΑΝΑΓΝΩΣΤΗΣ**

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Εὐλόγησον.

**ΙΕΡΕΥΣ**

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,  
ταῖς πρεσβείαις τῆς παναχράντου  
καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,  
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,  
προστασίαις τῶν τιμίων ἐπουρανίων  
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου,  
ἐνδόξου, προφήτου, Προδρόμου καὶ  
βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων  
καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων  
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν  
όσιων καὶ θεοφόρων Πατέρων ἡμῶν· (τοῦ  
Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων  
Θεοπατόρων Ἰωακεὶμ καὶ Ἄννης, καὶ  
πάντων τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι  
ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,  
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ  
σῶσον ἡμᾶς.

(Ἀμήν.)

For you are blessed unto the ages of ages.  
Amen. [HC]

**READER**

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Lord, have mercy. Lord, have mercy.  
Lord, have mercy.

Father, bless!

**PRIEST**

May Christ our true God, through  
the intercessions of His all-pure and all-  
immaculate holy Mother, the power of the  
precious and life-giving Cross, the protection  
of the honorable, bodiless powers of heaven,  
the supplications of the honorable, glorious  
prophet and forerunner John the Baptist, of  
the holy, glorious, and praiseworthy apostles,  
of the holy, glorious, and triumphant martyrs,  
of our righteous and God-bearing fathers,  
(local patron saint); of the holy and righteous  
ancestors of God Joachim and Anna, and of all  
the saints, have mercy on us and save us, for  
He is good and loves mankind.

Through the prayers of our holy fathers,  
Lord Jesus Christ, our God, have mercy on us  
[and save us].

(Amen.)