

Menaion - December 12

Memory of St. Spyridon the Wonder-worker

LITURGY

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Antiphon I. Mode 2.

Verse 1: *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Verse 3: *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III.
Apolytikion.**

From Menaion - - -

Mode 1. *The stone had been secured.*

At the first of the Synods, you emerged as the champion, * and wonder-worker, our God-bearing Father Spyridon. * Therefore, you addressed the dead one in the grave, * and a serpent you changed to gold. * And while chanting in service your sacred prayers,* you had angels concelebrating, O most Holy One.* Glory to Christ who glorified you, * glory to Him who crowned you, * glory to the One who works through you, healings for everyone. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode 2.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Canon for the Saint.

Ode iii. Mode 2. N/M (On the rock of faith.)

From Menaion - - -

Blessed are the merciful, for they shall obtain mercy. [RSV]

You enlightened your mind with dispassion/and adorned yourself with divine humility./You received the gifts of the Spirit/to cast out evil spirits/and loose the infirmities/of those who honor you in faith, most holy one! [OCA]

Blessed are the pure in heart, for they shall see God. [RSV]

You destroyed the serpent, the author of evil,/and trampled down the inclination towards greed, venerable Father!/Holy bishop, you pitied one in need,/transforming

a serpent into a golden ornament/by your holy prayers! [OCA]

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

You ascended the mount of dispassion;/you entered the darkness of the vision of God/and received the law of salvation on the tablets of your heart,/for you are a most holy and faithful favorite of your Master. [OCA]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Theotokion.

Bride of God, heal the wounds of my soul/and enlighten my mind, darkened by neglect, that I may sing:/There is none blameless but you, immaculate one,/and none pure but you, O Lady! [OCA]

Canon for the Saint.

From Menaion - - -

Ode vi. Mode 2. N/M (In the sea now.)

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

Gold was like mire to you, for you shone with dispassion/more brightly than gold, venerable one!/You were rich with the most golden gifts of the Spirit! [OCA]

Rejoice and be glad, for your reward is great in heaven. [RSV]

You served your Master in purity, venerable one,/and had a multitude of the angelic host, most holy one,/serving you with unseen voices. [OCA]

Glory.

Most glorious and all-wise Father,/Your
life has made you most glorious to the world./
Therefore we rejoice, and sing hymns to
celebrate your divine memory! [OCA]

Both now. **Theotokion.**

Your womb was more spacious than the
heavens,/for it contained the God Who cannot
be contained,/all-hymned Virgin Bride of God
who did not know man! [OCA]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Hymns After the Small Entrance.

Apolytikion.

From Menaion ---

Mode 1. *The stone had been secured.*

At the first of the Synods, you emerged as the champion, * and wonder-worker, our God-bearing Father Spyridon. * Therefore, you addressed the dead one in the grave, * and a serpent you changed to gold. * And while chanting in service your sacred prayers,* you had angels concelebrating, O most Holy One.* Glory to Christ who glorified you, * glory to Him who crowned you, * glory to the One who works through you, healings for everyone. [SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local church goes here.)

From Menaion ---

Kontakion.

Mode 3. *Automelon.*

On this day the Virgin Maid * goes to the grotto to give birth * to the pre-eternal Word * in an ineffable manner. * Dance for joy, all the inhabited earth, on hearing. * Glorify along with Angels and with the shepherds * Him who willed that He appear as * a newborn Child, * the pre-eternal God. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Saint.

Prokeimenon. Grave Mode. Psalm 149.

The holy ones shall boast in glory. [SAAS]

Verse: *Sing to the Lord a new song.* [SAAS]

Eph. 5:8-19

Brethren, walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light." Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart. [RSV]

Alleluia. Mode 1. Psalm 131.

Alleluia. Alleluia. Alleluia.

Verse 1: *O Lord, Your priests shall clothe themselves in righteousness.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *For the Lord has chosen Zion.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

For the Saint.

Jn. 10:9-16

The Lord said, "I am the door; if any one enters by me, he will be saved, and will go in and out and find pasture. The thief comes only to steal and kill and destroy; I came that they may have life, and have it abundantly. I am the good shepherd. The good shepherd lays down his life for the sheep. He who is a hireling and not a shepherd, whose own the sheep are not, sees the wolf coming and leaves the sheep and flees; and the wolf snatches them and scatters them. He flees because he is a hireling and cares nothing for the sheep. I am the good shepherd; I know my own and my own know me, as the Father knows me and I know the Father; and I lay down my life for the sheep. And I have other sheep, that are not of this fold; I must bring them also, and they will heed my voice. So there shall be one flock, one shepherd." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 111/112.

The righteous will be remembered for ever. Alleluia. [RSV]

Hymn after Holy Communion.

Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, and our devout father Spyridon the Wonder-worker, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fish: fish, oil and wine are allowed. Refrain from meat, dairy and eggs.

It is the Christmas fast.