

Menaion - September 14

The Worldwide Elevation of the Holy and
Life-giving Cross

LITURGY

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Antiphon I. Mode 2. Psalm 21.

Verse 1: O God, my God, hear me; why have
You forsaken me? [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 2: The words of my transgressions are
far from my salvation. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 3: O my God, I will cry out by day, but
You will not hear me. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 4: But You dwell among the saints, O
praise of Israel. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Glory. Both now.

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Antiphon II. Mode 2. Psalm 73.

Verse 1: O God, why have You rejected us to
the end? [SAAS]

Save us, O Son of God, who were crucified
in the flesh. We sing to You, Alleluia. [GOA]

Verse 2: Remember Your congregation You
acquired from the beginning. [SAAS]

Save us, O Son of God, who were crucified
in the flesh. We sing to You, Alleluia. [GOA]

Verse 3: This Mount Zion, where You
encamped. [SAAS]

Save us, O Son of God, who were crucified
in the flesh. We sing to You, Alleluia. [GOA]

Verse 4: God is our King before the ages; He
worked salvation in the midst of the earth. [SAAS]

Save us, O Son of God, who were crucified
in the flesh. We sing to You, Alleluia. [GOA]

Glory to the Father and the Son and the Holy
Spirit. [HC]

Both now and ever and to the ages of ages.
Amen. [HC]

Only begotten Son and Logos of God,
being immortal, You condescended for
our salvation to take flesh from the holy
Theotokos and ever-virgin Mary and, without
change, became man. Christ, our God, You
were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Antiphon III. Mode 1. Psalm 98.

Verse 1: *The Lord reigns; let the peoples be angry.* [SAAS]

Verse 2: *The Lord is great in Zion, and He is exalted.* [SAAS]

Verse 3: *Let them give thanks to Your great name.* [SAAS]

Apolytikion. For the Cross. Mode 1.

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth. [GOA]

Entrance Hymn. Mode 2.

Exalt the Lord our God, and worship at the footstool of His feet; for He is holy. Save us, O Son of God, who were crucified in the flesh. We sing to You, Alleluia. [GOA]

Hymns After the Small Entrance.

From Menaion - - -

**Apolytikion. For the Cross.
Mode 1.**

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth. (3) [GOA]

From Menaion - - -

Kontakion.

Mode 4. Automelon.

You who were lifted on the cross voluntarily, * O Christ our God, bestow Your tender compassions * upon Your new community to which You gave Your name. * Cause our faithful emperors to be glad in Your power, * granting them the victories against their adversaries. * And for an ally, Lord, may they have You, * peace as their armor, the trophy invincible. [SD]

INSTEAD OF HOLY GOD

We venerate Your Cross, O Master, and we glorify Your Holy Resurrection. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

And we glorify. Your Holy Resurrection.

The Epistle

For the Feast.

Prokeimenon. Grave Mode. Psalm 98.

Exalt the Lord our God, and worship at the footstool of His feet; for He is holy. [SAAS]

Verse: *The Lord reigns; let the peoples be angry; the Lord sits upon the cherubim; let the earth be shaken.* [SAAS]

1 Cor. 1:18-24

Brethren, the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the cleverness of the clever I will thwart." Where is the wise man? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, it pleased God through the folly of what we preach to save those who believe. For Jews demand signs and Greeks seek wisdom, but we preach Christ crucified, a stumbling block to Jews and folly to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God. [RSV]

Alleluia. Mode 1. Psalm 73.

Alleluia. Alleluia. Alleluia.

Verse 1: *Remember Your congregation You acquired from the beginning.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 1: *God is our King before the ages; He worked salvation in the midst of the earth.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

For the Feast.

Jn. 19:6-11, 13-20, 25-28, 30

At that time, when the chief priests and the officers saw him, they cried out, "Crucify him, crucify him!" Pilate said to them, "Take him yourselves and crucify him, for I find no crime in him." The Jews answered him, "We have a law, and by that law he ought to die, because he has made himself the Son of God." When Pilate heard these words, he was the more afraid; he entered the praetorium again and said to Jesus, "Where are you from?" But Jesus gave no answer. Pilate therefore said to him, "You will not speak to me? Do you not know that I have power to release you, and power to crucify you?" Jesus answered him, "You would have no power over me unless it had been given you from above; therefore he who delivered me to you has the greater sin." When Pilate heard these words, he brought Jesus out and sat down on the judgment seat at a place called the Pavement, and in Hebrew, Gabbatha. Now it was the day of Preparation of the Passover; it was about the sixth hour. He said to the Jews, "Behold your King!" They cried out, "Away with him, away with him, crucify him!" Pilate said to them, "Shall I crucify your King!" The chief priests answered, "We have no king but Caesar." Then he handed him over to them

to be crucified. So they took Jesus, and he went out, bearing his own cross, to the place called the place of a skull, which is called in Hebrew Golgotha. There they crucified him, and with him two others, one on either side, and Jesus between them. Pilate also wrote a title and put it on the cross; it read, "Jesus of Nazareth, the King of the Jews." Many of the Jews read this title, for the place where Jesus was crucified was near the city; and it was written in Hebrew, in Latin, and in Greek. But standing by the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, "Woman, behold your son!" Then he said to the disciple, "Behold your mother!" And from that hour the disciple took her to his own home. Then when Jesus had received the vinegar, he said, "It is finished"; and he bowed his head and gave up his spirit. [RSV]

Hymn to the Theotokos.

Ode ix. Heirmos.

Mode pl. 4.

Theotokos, you are mystical Paradise, *
for without husbandry you have blossomed
Christ, * by whom on earth the Cross, as a life-
bearing tree, has been planted and watered.
* As it is now exalted, * we adore Him and
worship Him and magnify you. [SD]

Communion Hymn. Psalm 4.

O Lord, the light of Your face was
stamped upon us. Alleluia. [SAAS]

Hymn after Holy Communion.

Instead of "We have seen."

Mode 1.

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth. [GOA]

THE DISMISSAL

May He who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the universal Elevation of which we are celebrating; the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Wine: Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.

It is a major feast.