

eMatins powered by AGES

The Service of Matins

for Sunday, December 8, 2019

**Octoechos - Mode pl. 4.
on Sunday Morning**

Eothinon 3

Katavasias of Christmas I

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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December 8

Octoechos - Mode pl. 4.

On Sunday Morning

MATINS

CHOIR

Mode pl. 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call upon His name.

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: All the nations surrounded me, but in the name of the Lord I defended myself against them.

Verse 3: And this came about from the Lord, and it is wonderful in our eyes.

From Octoechos - - -

Resurrectional Apolytikion.

Mode pl. 4.

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You. [SD]

Glory. **Repeat.**

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You. [SD]

From Octoechos - - -

Both now. **Theotokion.**

Mode pl. 4.

Born of a Virgin, O Good One who also endured crucifixion for our sake, who by death took the spoils of death as plunder and

showed resurrection, being God, O despise not the ones that You formed with Your own hand. Demonstrate Your love for man, O Lord of mercy, and accept Your Mother, the Theotokos, who intercedes on our behalf, O Savior, and save us a despairing people. [SD]

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Octoechos - - -

CHOIR

Kathisma I.

Mode pl. 4. Automelon.

When You, the Life of all, from the dead resurrected, * a shining Angel cried to the lamenting women, * "Cease from your tears. Announce unto the Apostles the tidings full of joy. * Cry out in exaltation, that Christ the Lord has arisen from the dead. * For He so willed to save the human race, as God, in His good pleasure." [SD]

Glory.

By conceiving the wisdom.

After having in truth risen from the tomb,
You commanded the venerable women * to
proclaim Your arising to the Apostles, as it
is written. * And Peter ran quickly and came
to the sepulcher. * And beholding the light
in the tomb, he was quite amazed. * Also he
observed that the grave clothes were lying
* alone in the sepulcher without the divine
body. * And believing he cried aloud, * "Glory
be to You, Christ God our Savior, for You save
all people, * for You are the Father's radiance."

[SD]

Both now. **Theotokion.**

By conceiving the wisdom.

Let us sing hymns in praise of the holy
ark * and the heavenly gate and the shining
cloud, * the all-holy mountain, and the
heavenly ladder, * the rational Paradise, and
the redemption of Eve, * the magnificent
treasure of the entire universe. * For in her
and through her for the world was salvation
* accomplished and forgiveness of its ancient
transgressions. * Let us therefore cry out to
her, * "Intercede with your Son and our God
* that remission of offenses be bestowed * on
those who piously worship the all-holy Child
you bore." [SD]

From Octoechos - - -

Kathisma II.

Mode pl. 4.

Human beings sealed Your tomb, O
Savior; an Angel rolled the stone away
from the door. The women saw You
were resurrected from the dead, and they
announced the good tidings to the Disciples
in Zion: that You the life of all resurrected,

and that the bonds of death have been loosed.

Glory to You, O Lord. [SD]

Glory.

The women who were bringing the burial
spices heard the voice of an Angel coming
from the sepulcher: "Cease from your tears,
and instead of sorrow bring joy. Sing praises;
cry aloud that Christ the Lord has risen. He is
the One who as God was well pleased to save
the human race." [SD]

Both now. **Theotokion.**

In you, O Lady full of grace, rejoices all
creation, the orders of Angels and the human
race together. O hallowed temple and rational
Paradise, the pride of virgins, from you did
God become incarnate, and our God who
existed before the ages became a child. For
He made your womb a throne for himself,
and your body He made wider than the
heavens. In you, O Lady full of grace, rejoices
all creation. Glory to you. [SD]

Resurrectional Evlogetaria.

Mode pl. 1.

*Blessed are You, O Lord, teach me Your
statutes.*

When the hosts of the Angels saw how
You were accounted among the dead, they
all marveled. You, O Savior, are the One who
destroyed the might of death; and when You
arose You raised Adam with yourself and
from Hades liberated everyone. [SD]

*Blessed are You, O Lord, teach me Your
statutes.*

"Why do you mingle the ointments with
your tears full of pity, O women disciples?"
Thus the Angel who was shining in the tomb

cried to the myrrh-bearing women. "See for yourselves the empty tomb and understand, that the Savior has risen from the sepulcher."

[SD]

Blessed are You, O Lord, teach me Your statutes.

Very early in the morning, the myrrh-bearing women were hastening to Your tomb lamenting. But the Angel appeared to them and uttered, "The time for lamentation has ended; weep no more. Go announce the Resurrection to the Apostles." [SD]

Blessed are You, O Lord, teach me Your statutes.

When the myrrh-bearing women had come with their spices to Your sepulcher, O Savior, they heard the voice of an Angel clearly speaking to them, "Why do you account among the dead the One who lives? For as God, He has risen from the sepulcher."

[SD]

Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord. [SD]

Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it. [SD]

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

From Octoechos - - -

Hypakoe. Mode pl. 4.

The myrrh-bearing women came to the grave of the Giver of life seeking the immortal Master among the dead. And receiving good tidings of joy from the Angel, they reported to the Apostles, that Christ God had risen, granting the world great mercy. [SD]

CHOIR

Anavathmoi.

Antiphon I. Mode pl. 4.

From my youth does the enemy tempt me, and with the pleasures he scorches me. But trusting You, O Lord, monumentally do I defeat him. [SD]

Let the haters of Zion become as the grass is before it is plucked up. For Christ will also

cut their necks with the cutting sword of torments. [SD]

Glory. Both now.

In the Holy Spirit is the life of all things living. He is light from light and great God. Him do we extol with the Father and Logos. [SD]

Antiphon II.

With the fear of You, Lord, let my heart be covered and be humble-minded, lest it be exalted and fall from You, all-compassionate Master. [SD]

He who has set his hope on the Lord will not fear when He will judge and punish all things with fire. [SD]

Glory. Both now.

In the Holy Spirit every divine man sees and speaks as a prophet. He does sublime miracles, praising the one God in three persons. For though It is three lights, yet the Godhead rules as monarch. [SD]

Antiphon III.

I cried to You, O Lord. Attend; incline Your ear to me who am shouting, and purify me prior to taking me from this life. [SD]

Everyone will set in the earth, his mother, and will again return thence to receive the torments or honors for his life's actions. [SD]

Glory. Both now.

From the Holy Spirit was bestowed theology. Thrice-holy Monad: Father unoriginate, from whom timelessly the Son did issue, and the Spirit, sharing both form and throne, shone at once from the Father. [SD]

Antiphon IV.

Behold, what is so good or so delightful as for brothers to reside together? For in this has the Lord promised life everlasting. [SD]

He who so adorns the lilies of the field commands not to be concerned about one's own raiment. [SD]

Glory. Both now.

In the Holy Spirit, the unifying Cause, are all things sustained in peaceful coexistence. This is so for He is God, with the Father and the Son being truly one in essence. [SD]

Prokeimenon.

The Lord shall reign forever; your God, O Zion, to all generations. (2)

Verse: *Praise the Lord, O my soul!*

The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

From Octoechos - -

READER

Resurrectional Kontakion.

When You had risen from the grave, You also raised those who had died and resurrected Adam; and now Eve is celebrating in Your Resurrection, and the ends of the world keep festival, for Your rising from the dead, O Most-Merciful. [SD]

Oikos.

Having plundered the realms of Hades and raised the dead, O Longsuffering, You met the Myrrh-bearing women and gave them joy instead of sorrow. And Your Apostles You informed of the symbols of victory, my life-giving Savior, and You illumined creation, O Lover of man. Therefore the world also

rejoices, for Your rising from the dead, O Most-Merciful. [GKD]

Synaxarion.

From the Menaion.

On December 8, we commemorate our devout father Patapios.

On this day we also commemorate the holy Apostles of the Seventy: Sosthenes, Apollo, Cephas, Tychicus, Epaphroditus, Caesar, and Onesiphorus.

On this day we also commemorate our devout father Sophronios, Bishop of Cyprus.

By their holy intercessions, O God, have mercy on us and save us. Amen.

CHOIR

Katavasia of Christmas I

Ode i. Mode 1.

Christ is born; glorify Him! * Christ is come from heaven; go and meet Him. * Christ is on earth; arise to Him. * Sing to the Lord, all you who dwell on the earth; * and in merry spirits, O you peoples, praise His birth. * For He is glorified. [SD]

Ode iii.

To the Son, begotten * without flux, of the Father, before the ages, * and who was lately made incarnate * of the Virgin without seed; * to Christ God now let us cry aloud: * You have exalted the horn of our strength. Only You are holy, O Lord. [SD]

Ode iv.

Jesse's root produced a branch, O Christ, * and You its flower blossomed forth, * from the Virgin who by Habakkuk prophetically once was called * overshadowed, dense mountain. * From her who knew not man You came

incarnate, * the immaterial God. * Glory to Your power, O Lord. [SD]

Ode v.

God of peace and Father of mercies, Your Son * You have sent unto us as Your messenger, * the Angel of great counsel who is granting peace. * Therefore having been guided to the light of godly knowledge, * waking from the night to dawn, we sing Your glory, O Lover of man. [SD]

Ode vi.

Such as it received * Jonah as an embryo, the sea beast disgorged him from its bowels intact. * With the Virgin, though, when the Logos had dwelt in her taking on flesh, * He came forth from her preserving her yet incorrupt. * For from her no fluxion suffered He, * and He kept her unaltered in childbirth. [SD]

Ode vii.

The Servants nurtured piously together, * with contempt regarding the impious king's decree, * intrepidly faced the threat of holocaust, * and while standing in the midst of flames they chanted thus, * saying: O God of the fathers, You are blessed. [SD]

Ode viii.

We praise and we bless and we worship the Lord.

Babylon's bedewing furnace bore the image * of an extraordinary wonder. * For it did not burn the youths it accepted, * nor did the fire of Divinity consume the Virgin's womb wherein it went. * So let us melodiously chant in praise: * Let all creation

bless and extol the Lord, * and let it exalt Him supremely to the ages. [SD]

DEACON

Let us pray to the Lord.
(*Lord, have mercy.*)

PRIEST

For you are holy, our God, who rest among the Saints, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.
(*Lord, have mercy. Lord, have mercy. Lord, have mercy.*)

DEACON

Wisdom. Arise. Let us hear the Holy Gospel.

PRIEST

Peace be with all.
(*And with your spirit.*)

PRIEST

The reading is from the Holy Gospel according to Mark.

DEACON

Let us be attentive.
(*Glory to You, O Lord, glory to You.*)

PRIEST (*from the altar table*)

Eothinon 3
Mark. 16:9-20

When Jesus rose early on the first day of the week, He appeared first to Mary Magdalene, from whom He had cast out seven demons. She went and told those who had been with Him, as they mourned and wept. But when they heard that He was alive and had been seen by her, they would not believe it. After this he appeared in another form to two of them, as they were walking into the country. And they went back and told the rest, but they did not believe them. After this He appeared to the eleven themselves as they sat at table and He upbraided them for their unbelief and hardness of heart, because they had not believed those who saw Him after He had risen. And He said to them, "Go into all the world and preach the gospel to the whole creation. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will accompany those who believe: in My name they will cast out demons; they will speak in new tongues; they will pick up serpents, and if they drink any deadly thing, it will not hurt them; they will lay their hands on the sick, and they will recover." So then the Lord Jesus, after He had spoken to them, was taken up into heaven, and sat down at the right hand of God. And they went forth and preached everywhere, while the Lord worked with them and confirmed the message by the signs that attended it. Amen. [RSV]

(*Glory to You, O Lord, glory to You.*)

READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death. [GOA]

CHOIR

Psalm 50 (51).

Mode 2. *(or the Mode of the week)*

[Merciful,] Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.

Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my mouth will declare Your praise.

For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings.

A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise.

Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings.

Then shall they offer young bulls on Your altar. And have mercy on me, O God. [SAAS]
Glory.

At the intercession of the Apostles, O Lord of mercy, blot out my many offences. [SD]

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [SD]

Verse: *Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.*

Jesus, having risen from the grave as He foretold, has granted us eternal life and great mercy. [SD]

DEACON

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios;

the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (**local patron saint**); the holy and righteous ancestors of God Joachim and Anna, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalynarion. Mode 1.

Verse: *My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the

Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. ^[SD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.* ^[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. ^[SD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* ^[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. ^[SD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* ^[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. ^[SD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* ^[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth

to God the Word, and are truly Theotokos. You do we magnify. ^[SD]

Ode ix. Katavasia. Mode 1.

O my soul, magnify her who is greater in honor and in glory than the armies of heaven.

I see here a strange and paradoxical mystery. * For, behold, the grotto is heaven; * cherubic throne is the Virgin; * the manger a grand space * in which Christ our God the uncontainable reclined as a babe; * Whom in extolling do we magnify. ^[SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Mode 2.

Holy is the Lord our God. (2) ^[SAAS]

Holy is the Lord our God. Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy.

From Octoechos - - -

Exaposteilarion.

The Third Eothinon.

Mode 2. *On the mountain.*

Let no one doubt and disbelieve * that Christ was resurrected. * For unto Mary He appeared; * Afterwards by those walking * in the field was He seen clearly. * To the eleven Mystics * reclining, He appeared again. * When He sent them to baptize, He did ascend * into heaven from which He had descended, * and with abundant miracles * He did confirm their preaching. [SD]

Theotokion. Same Melody.

O Sun, who like a Groom from his * chamber, today has risen * from the all-holy sepulcher, * after despoiling Hades, * and making death ineffective: * heeding the intercessions * of her who bore You, send out light * unto us, light illumining hearts and souls, * send out light that opens the way for all men * to walk in the ways of peace * and paths of Your commandments. [SD]

Lauds. Mode pl. 4.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

From Octoechos - - -

Resurrectional Stichera.

Sticheron 1. Mode pl. 4.

To fulfill among them the written judgment: this glory have all His holy ones. [SAAS]

Lord, even if You stood on trial and suffered Pontius Pilate to be Your judge, yet You did not leave Your divine throne, seated with the Father as You are. And when You rose from the dead, You freed the world from servitude that was imposed on it by the Devil, O Compassionate who love mankind. [SD]

Sticheron 2. Mode pl. 4.

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

Lord, even if the Judeans had You buried as a lifeless body in a grave, yet a guard of soldiers was watching over You as though a sleeping king; and with a seal they secured the tomb as a treasure-house of life. But You arose and unto our souls granted incorruptibility. [SD]

Sticheron 3. Mode pl. 4.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Lord, as a weapon against the Adversary You have given us Your holy Cross. Gripped with fear he trembles unable to endure to look upon its might, because it raises the dead, and death itself it neutralized. For this reason we adore Your three-day burial and rising again.

[SD]

Sticheron 4. Mode pl. 4.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

O Lord, Your angel messenger, when he proclaimed Your resurrection, * caused the guardians to be afraid but the women's fear

allayed, * and addressed them, "Wherefore seek you among the dead the One who lives? * He rose, for He is God, and the gift of life He has given to the universe." [SD]

Sticheron 5. Mode pl. 4.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

You suffered by means of the Cross, though in Divinity impassible. You accepted three-day burial, so that You might liberate us from our slavery to the enemy, and making us immortal might bring us to life, O Christ our God, through Your resurrection, O Lord who love humanity. [SD]

Sticheron 6. Mode pl. 4.

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

I adore and I glorify and I extol, O Christ, Your resurrection from the sepulcher, through which You have set us free from the bonds of Hades that no one could break, and as God You have granted to the world everlasting life and the great mercy. [SD]

Sticheron 7. Mode pl. 4.

Arise, O Lord my God, let Your hand be lifted high, and do not forget Your poor to the end. [SAAS]

With a company of soldiers the unlawful ones set a guard at Your tomb that held life, and with a seal they secured it. You, however, as immortal God and omnipotent, resurrected on the third day. [SD]

Sticheron 8. Mode pl. 4.

I will give thanks to You, O Lord, with my whole heart; I will tell of all Your wondrous things. [SD]

[SAAS]

When You entered at the gates of Hades, O Lord, and when You had shattered them, then the Devil there in exile shouted, "Who is this one? For not only is he not condemned to the lowest regions of the earth, but he has also torn down, like a tent, the prison that belonged to death. I received him as though a mortal man, and quake at him as God." O almighty Savior, have mercy on us. [SD]

From Octoechos - - -

Glory. **Mode 3.**

The Third Eothinon.

When Mary Magdalene announced the good news of the Savior's resurrection from the dead and His appearance, the Disciples would not believe. So they were upbraided for their hardness of heart. But once they were fully equipped with the signs and miracles, they were sent out to preach. So then You, O Lord, were taken up to Your Father, the Source of Light; and they went and preached the word everywhere, and were confirmed by the miracles. Therefore we, who have been enlightened by them, glorify Your resurrection from the dead, O Lord who loves humanity.

[SD]

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling

we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You!

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

Mode pl. 4. *(or the Mode of the week)*

When You rose from the sepulcher and broke the bonds of Hades, You repealed the sentence of death, O Lord, and delivered all from the snares of the enemy. And when You showed yourself to Your Apostles, You sent them out to preach, and through them You

granted peace to the whole world, O only very merciful One. [SD]

Or, according to common practice:

Mode 4. *(or the Mode of the week)*

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy. [SD]