

Menaion - December 28

Memory of the Twenty-thousand Saints
burned in Nikomedia

LITURGY

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Antiphon I. Mode 2. Psalms 9, 110.

Verse 1: *I will give thanks to You, O Lord, with my whole heart; I will tell of all Your wondrous things.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 2: *In the council of the upright and in the assembly. Great are the works of the Lord.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 3: *Sought out in all things with regard to His will.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 4: *Thanksgiving and majesty are His work, and His righteousness continues unto ages of ages.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Glory. Both now.

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Antiphon II. Mode 2. Psalm 111.

Verse 1: *Blessed is the man who fears the Lord; he will delight exceedingly in His commandments.* [SAAS]

Save us, O Son of God, who were born of
a Virgin. We sing to You, Alleluia. [GOA]

Verse 2: *His seed shall be mighty on earth.*
[SAAS]

Save us, O Son of God, who were born of
a Virgin. We sing to You, Alleluia. [GOA]

Verse 3: *Glory and riches shall be in his house, and his righteousness continues unto ages of ages.* [SAAS]

Save us, O Son of God, who were born of
a Virgin. We sing to You, Alleluia. [GOA]

Verse 4: *For the upright, light springs up in darkness.* [SAAS]

Save us, O Son of God, who were born of
a Virgin. We sing to You, Alleluia. [GOA]

Glory to the Father and the Son and the Holy Spirit. [HC]

Both now and ever and to the ages of ages.
Amen. [HC]

Only begotten Son and Logos of God,
being immortal, You condescended for
our salvation to take flesh from the holy
Theotokos and ever-virgin Mary and, without
change, became man. Christ, our God, You
were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Antiphon III. Mode 4. Psalm 109.

Verse 1: *The Lord said to my Lord: "Sit at My right hand, until I make your enemies the footstool of Your feet."* [SAAS]

Verse 2: *The Lord shall send forth the rod of Your power from Zion.* [SAAS]

Verse 3: *With You is the beginning in the day of Your power, in the brightness of Your saints.* [SAAS]

Apolytikion of the Feast. Mode 4.

Your nativity, O Christ our God, has caused the light of knowledge to rise upon the world. For therein the worshippers of the stars were by a star instructed to worship You, the Sun of Righteousness, and to know You as Orient from on high. Glory to You, O Lord. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode 1.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Iambic Canon.

From Menaion - - -

Ode iii. Mode 1. (N/M)

Blessed are the merciful, for they shall obtain mercy. [RSV]

The choir of shepherds abiding in the fields/was overwhelmed by the strange sight they were accounted worthy to behold:/for they looked upon the all-blessed offspring of an all-pure Bride;/and they saw also the ranks of bodiless angels,//who sang in praise of Christ the King, incarnate without seed. [OCA]

Blessed are the pure in heart, for they shall see God. [RSV]

The choir of shepherds abiding in the fields/was overwhelmed by the strange sight they were accounted worthy to behold:/for they looked upon the all-blessed offspring

of an all-pure Bride;/and they saw also the ranks of bodiless angels,//who sang in praise of Christ the King, incarnate without seed. [OCA]

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

In His compassion, the One who rules the heights of heaven/has become as we are, born of a Maiden who has not known man./The Word who before was wholly outside matter,/in these last times has assumed the material substance of the flesh//so that He might draw to Himself fallen Adam, the first-formed man. [OCA]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

In His compassion, the One who rules the heights of heaven/has become as we are, born of a Maiden who has not known man./The Word who before was wholly outside matter,/in these last times has assumed the material substance of the flesh//so that He might draw to Himself fallen Adam, the first-formed man. [OCA]

Iambic Canon.

From Menaion - - -

Ode vi. Mode 1. (N/M)

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

God the Word, who was in the beginning with God,/seeing our nature powerless to guard unharmed its ancient fellowship with Him,/now grants it a new strength:/abasing Himself, in a second act of fellowship//He makes it once again free from the passions. [OCA]

Rejoice and be glad, for your reward is great in heaven. [RSV]

God the Word, who was in the beginning
with God,/ seeing our nature powerless to
guard unharmed its ancient fellowship with
Him,/ now grants it a new strength:/ abasing
Himself, in a second act of fellowship// He
makes it once again free from the passions. [OCA]

Glory.

For our sakes He has come forth from
the loins of Abraham/ to raise up as His sons
those who were sadly fallen in the darkness of
sin/ that had bowed them down to the earth;/
and He who dwells in light has now been
pleased, despite His high dignity, // to dwell in
a manger for the salvation of mankind. [OCA]

Both now.

For our sakes He has come forth from
the loins of Abraham/ to raise up as His sons
those who were sadly fallen in the darkness of
sin/ that had bowed them down to the earth;/
and He who dwells in light has now been
pleased, despite His high dignity, // to dwell in
a manger for the salvation of mankind. [OCA]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, who were born of a Virgin. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion of the Feast.**

From Menaion ---

Mode 4.

Your nativity, O Christ our God, has caused the light of knowledge to rise upon the world. For therein the worshippers of the stars were by a star instructed to worship You, the Sun of Righteousness, and to know You as Orient from on high. Glory to You, O Lord. [SD]

For the Martyrs.

From Menaion ---

Mode 2.

O victorious Athletes of the Lord, blessed is the ground that was watered with your blood, and holy are the dwellings that received your spirits. You prevailed over the enemy in the stadium, and you openly proclaimed Christ. We pray you will earnestly entreat Him for us, that He save our souls, since He is good. [SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local church goes here.)

From Menaion ---

Kontakion.

Mode 3. Automelon.

On this day the Virgin gives * birth to the Super-essential. * To the Unapproachable, * earth is providing the grotto. * Angels sing and with the shepherds offer up glory. * Following a star the Magi are still proceeding.

* He was born for our salvation, a newborn Child, the pre-eternal God. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

Saturday After Christmas

Prokeimenon. Mode 4. Psalm 44.

I will remember your name from generation to generation. [SAAS]

Verse: *Listen, O daughter, behold and incline your ear, and forget your people and your father's house.* [SAAS]

1 Tim. 6:11-17

Timothy, my son, aim at righteousness, godliness, faith, love, steadfastness, gentleness. Fight the good fight of the faith; take hold of the eternal life to which you were called when you made the good confession in the presence of many witnesses. In the presence of God who gives life to all things, and of Christ Jesus who in his testimony before Pontius Pilate made the good confession, I charge you to keep the commandment unstained and free from reproach until the appearing of our Lord Jesus Christ; and this will be made manifest at the proper time by the blessed and only Sovereign, and King of kings and Lord of lords, who alone has immortality and dwells in unapproachable light, whom no man has

ever seen or can see. To him be honor and eternal dominion. Amen. [RSV]

Alleluia. Mode 2. Psalm 131.

Alleluia. Alleluia. Alleluia.

Verse 1: *Arise, O Lord, into Your rest, You and the ark of Your holiness.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *The righteous cried, and the Lord heard them.* [SAAS]

Alleluia. Alleluia. Alleluia.

**The Gospel
Saturday After Christmas**

Mt. 12:15-21

At that time, many followed Jesus, and he healed them all, and ordered them not to make him known. This was to fulfill what was spoken by the prophet Isaiah: "Behold, my servant whom I have chosen, my beloved with whom my soul is well pleased. I will put my Spirit upon him, and he shall proclaim justice to the Gentiles. He will not wrangle or cry aloud, nor will anyone hear his voice in the streets; he will not break a bruised reed or quench a smoldering wick, till he brings justice to victory; and in his name will the Gentiles hope." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalms 64, 101.

Blessed are they whom You have chosen and received, O Lord. Their memorial abides from generation to generation. Alleluia. [SAAS]

**Hymn after Holy Communion.
Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May He who was born in a cave and lay in a manger for our salvation, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (*local patron saint*); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fast Free: All foods allowed.

It is the Twelve Days of Christmas