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The Service of Vespers

on Tuesday Evening

for Wednesday, April 3, 2019

**Triodion - On Tuesday of the Fourth Week
at Vespers**

**Menaion - April 3
Memory of our Devout Father Nikitas the Confessor**

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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Τριώδιον

Τῇ Τρίτῃ Δ' Ἑβδομάδος εἰς τὸν Ἑσπερινόν.

Μηναιὸν - ΤΗ Γ' ΑΠΡΙΑΙΟΥ

Μνήμη τοῦ Ὁσίου Πατρὸς ἡμῶν καὶ Ὁμολογητοῦ Νικήτα

ΕΣΠΕΡΙΝΟΣ

ΙΕΡΕΥΣ

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ Θεῷ ἡμῶν.

Ψαλμὸς ΡΓ' (103).

Εὐλόγει ἡ ψυχὴ μου, τὸν Κύριον.
Κύριε ὁ Θεός μου ἐμεγαλύνθης σφόδρα.
Ἐξομολόγησιν καὶ μεγαλοπρέπειαν ἐνεδύσω, ἀναβαλλόμενος φῶς ὡς ἱμάτιον.
Ἐκτείνων τὸν οὐρανὸν ὥσει δέσρην, ὁ στεγάζων ἐν ὕδασιν τὰ ὑπερῶα αὐτοῦ.
Ὅ τιθεὶς νέφη τὴν ἐπίβασιν αὐτοῦ, ὁ περιπατῶν ἐπὶ πτερύγων ἀνέμων.
Ὁ ποιῶν τοὺς Ἀγγέλους αὐτοῦ πνεύματα, καὶ τοὺς λειτουργοὺς αὐτοῦ πυρὸς φλόγα.
Ὁ θεμελιῶν τὴν γῆν ἐπὶ τὴν ἀσφάλειαν αὐτῆς, οὐ κλιθήσεται εἰς τὸν αἰῶνα τοῦ αἰῶνος.
Ἄβυσσος ὡς ἱμάτιον τὸ περιβόλαιον αὐτοῦ, ἐπὶ τῶν ὀρέων στήσονται ὕδατα.
Ἀπὸ ἐπιτιμῆσεώς

Triodion

On Tuesday of the Fourth Week at Vespers

Menaion - April 3

Memory of our Devout Father Nikitas the Confessor

VESPERS

PRIEST

Blessed is our God always, now and ever, and to the ages of ages.

(Amen.)

READER

Come, let us worship and bow down before God our King.

Come, let us worship and bow down before Christ God our King.

Come, let us worship and bow down before Him, Christ our King and God.

Psalms 103 (104).

Bless the Lord, O my soul. O Lord my God, You are magnified exceedingly; You clothe Yourself with thanksgiving and majesty, who cover Yourself with light as with a garment, who stretch out the heavens like a curtain; You are He who covers His upper chambers with water, who makes the clouds His means of approach, who walks on the wings of the winds, who makes His angels spirits and His ministers a flame of fire. He established the earth on its stable foundation; it shall not be moved unto ages of ages. The deep like a garment is His covering; the waters shall stand upon the mountains; at Your rebuke they shall flee; at the sound

σου φεύξονται, ἀπὸ φωνῆς βροντῆς σου δειλιάσουσιν. Ἀναβαίνουνσιν ὄρη, καὶ καταβαίνουνσι πεδία εἰς τόπον, ὃν ἐθεμελίωσας αὐτά. Ὅριον ἔθου, ὃ οὐ παρελεύσονται, οὐδὲ ἐπιστρέψουσι καλύψαι τὴν γῆν. Ὁ ἐξαποστέλλων πηγὰς ἐν φάραγξιν, ἀναμέσον τῶν ὀρέων διελεύσονται ὕδατα· ποτιοῦσι πάντα τὰ θηρία τοῦ ἀγροῦ, προσδέξονται ὄναγροι εἰς δίψαν αὐτῶν. Ἐπ' αὐτὰ τὰ πετεινὰ τοῦ οὐρανοῦ κατασκηνώσει, ἐκ μέσου τῶν πετρῶν δώσουσι φωνήν. Ποτίζων ὄρη ἐκ τῶν ὑπερώων αὐτοῦ, ἀπὸ καρποῦ τῶν ἔργων σου χορτασθήσεται ἡ γῆ. Ὁ ἐξανατέλλων χόρτον τοῖς κτήνεσι, καὶ χλόην τῇ δουλείᾳ τῶν ἀνθρώπων. Τοῦ ἐξαγαγεῖν ἄρτον ἐκ τῆς γῆς, καὶ οἶνος εὐφραίνει καρδίαν ἀνθρώπου. Τοῦ ἱλαρύναι πρόσωπον ἐν ἐλαίῳ, καὶ ἄρτος καρδίαν ἀνθρώπου στηρίζει. Χορτασθήσεται τὰ ξύλα τοῦ πεδίου, αἱ κέδροι τοῦ Λιβάνου, ἃς ἐφύτευσας. Ἐκεῖ στρουθία ἐννοσσεύσουσι, τοῦ ἐρωδιοῦ ἡ κατοικία ἡγεῖται αὐτῶν. Ὅρη τὰ ὑψηλὰ ταῖς ἐλάφοις, πέτρα καταφυγὴ τοῖς λαγωαῖς. Ἐποίησε σελήνην εἰς καιροῦς, ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου σκότος, καὶ ἐγένετο νύξ, ἐν αὐτῇ διελεύσονται πάντα τὰ θηρία τοῦ δρυμοῦ. Σκύμνοι ὠρυόμενοι τοῦ ἀρπᾶσαι, καὶ ζητῆσαι παρὰ τῷ Θεῷ βρῶσιν αὐτοῖς. Ἀνέτειλεν ὁ ἥλιος, καὶ συνήχθησαν, καὶ εἰς τὰς μάνδρας αὐτῶν κοιτασθήσονται. Ἐξελεύσεται ἄνθρωπος ἐπὶ τὸ ἔργον αὐτοῦ, καὶ ἐπὶ τὴν ἐργασίαν αὐτοῦ ἕως ἑσπέρας. Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε, πάντα ἐν σοφίᾳ ἐποίησας, ἐπληρώθη ἡ γῆ τῆς κτίσεώς σου. Αὕτη ἡ θάλασσα ἡ μεγάλη καὶ εὐρύχωρος, ἐκεῖ ἐρπετὰ ὧν οὐκ ἔστιν

of Your thunder, they shall be afraid. The mountains rise up, and the plains sink down to the place You founded for them. You set a boundary they shall not pass over; neither shall they return to cover the earth. You are He who sends springs into the valley; the waters shall pass between the mountains; they shall give drink to all the wild animals of the field; the wild asses shall quench their thirst; the birds of heaven shall dwell beside them; they shall sing from the midst of the rocks. You are He who waters the mountains from His higher places; the earth shall be satisfied with the fruit of Your works. You are He who causes grass to grow for the cattle, and the green plant for the service of man, to bring forth bread from the earth; and wine gladdens the heart of man, to brighten his face with oil; and bread strengthens man's heart. The trees of the plain shall be full of fruit, the cedars of Lebanon, which You planted; there the sparrows shall make their nests; the house of the heron takes the lead among them. The high mountains are for the deer; the cliff is a refuge for the rabbits. He made the moon for seasons; the sun knows its setting. You established darkness, and it was night, wherein all the wild animals of the forest will prowl about; the young lions roar and snatch their prey, and seek their food from God. The sun arises, and they are gathered together; and they shall be put to bed in their dens. Man shall go out to his work and to his labor until evening. O Lord, Your works shall be magnified greatly; You made all things in wisdom; the earth was filled with Your creation. There is this great and spacious sea: the creeping things are there without number;

ἀριθμός, ζῶα μικρὰ μετὰ μεγάλων. Ἐκεῖ
πλοῖα διαπορεύονται, δράκων οὗτος,
ὃν ἔπλασας ἐμπαίζειν αὐτή. Πάντα
πρὸς σὲ προσδοκῶσι, δοῦναι τὴν τροφήν
αὐτῶν εἰς εὐκαιρον, δόντος σου αὐτοῖς
συλλέξουσιν. Ἀνοίξαντός σου τὴν χεῖρα,
τὰ σύμπαντα πλησθήσονται χρηστότητος,
ἀποστρέψαντος δέ σου τὸ πρόσωπον,
ταραχθήσονται. Ἀντανελεῖς τὸ πνεῦμα
αὐτῶν, καὶ ἐκλείψουσι, καὶ εἰς τὸν χοῦν
αὐτῶν ἐπιστρέψουσιν. Ἐξαποστελεῖς
τὸ πνεῦμα σου, καὶ κτισθήσονται, καὶ
ἀνακαινιεῖς τὸ πρόσωπον τῆς γῆς.
Ἦτω ἡ δόξα Κυρίου εἰς τοὺς αἰῶνας,
εὐφρανθήσεται Κύριος ἐπὶ τοῖς ἔργοις
αὐτοῦ. Ὁ ἐπιβλέπων ἐπὶ τὴν γῆν, καὶ ποιῶν
αὐτὴν τρέμειν, ὁ ἀπτόμενος τῶν ὀρέων,
καὶ καπνίζονται. Αἰσω τῷ Κυρίῳ ἐν τῇ
ζωῇ μου, ψαλῶ τῷ Θεῷ μου ἕως ὑπάρχω.
Ἦδυνθείη αὐτῷ ἡ διαλογία μου, ἐγὼ δὲ
εὐφρανθήσομαι ἐπὶ τῷ Κυρίῳ. Ἐκλείποιεν
ἀμαρτωλοὶ ἀπὸ τῆς γῆς, καὶ ἄνομοι, ὥστε
μὴ ὑπάρχειν αὐτοῦς. Εὐλόγει, ἡ ψυχὴ μου,
τὸν Κύριον.

Ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου
σκότος, καὶ ἐγένετο νύξ.

Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε·
πάντα ἐν σοφίᾳ ἐποίησας.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.
Δόξα σοι ὁ Θεός. (ἐκ γ')

Ἡ ἐλπὶς ἡμῶν, Κύριε, δόξα σοι.

the living things are there, both small and
great; there the ships pass through; there is
this dragon You formed to play therein. All
things wait upon You, that You may give
them food in due season. When You give
it to them, they shall gather it; when You
open Your hand, all things shall be filled with
Your goodness. But when You turn Your face
away, they shall be troubled; when You take
away their breath, they shall die and return
again to their dust. You shall send forth Your
Spirit, and they shall be created, and You shall
renew the face of the earth. Let the glory of
the Lord be forever; the Lord shall be glad
in His works; He looks upon the earth and
makes it tremble; He touches the mountains,
and they smoke. I will sing to the Lord all my
life; I will sing to my God as long as I exist;
may my words be pleasing to Him, and I shall
be glad in the Lord. May sinners cease from
the earth, and the lawless, so as to be no more.
Bless the Lord, O my soul.

The sun knows its setting. You
established darkness, and it was night.

O Lord, Your works shall be magnified
greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You,
O God. (3)

Our hope, O Lord, glory to You.

Απαγγελλομένου επίσης τοῦ Προοιμιακοῦ, ὁ Ἱερεὺς ἵσταται ἀσκεπής ἐνώπιον τῆς ἁγίας Τραπέζης ἢ καὶ ἐνώπιον τῆς εἰκόνης τοῦ Σωτῆρος Χριστοῦ, ἱστάμενος ἐπὶ τοῦ Σολέα (ὡς ἐν τῷ Ὁρθρῳ), καὶ ἀναγινώσκει μυστικῶς τὰς Εὐχὰς τοῦ Λιχνικοῦ·

ΙΕΡΕΥΣ (μυστικῶς)

ΕΥΧΗ ΠΡΩΤΗ

Κύριε, οἰκτίρμον καὶ ἐλεῆμον, μακρόθυμε καὶ πολυέλεε, ἐνώτισαι τὴν προσευχὴν ἡμῶν, καὶ πρόσχες τῇ φωνῇ τῆς δεήσεως ἡμῶν· ποίησον μεθ' ἡμῶν σημεῖον εἰς ἀγαθόν· ὁδήγησον ἡμᾶς ἐν τῇ ὁδῷ σου τοῦ πορεύεσθαι ἐν τῇ ἀληθείᾳ σου· εὐφρανον τὰς καρδίας ἡμῶν, εἰς τὸ φοβεῖσθαι τὸ Ὄνομά σου τὸ ἅγιον· διότι μέγας εἶ σὺ, καὶ ποιῶν θαυμάσια· σὺ εἶ Θεὸς μόνος, καὶ οὐκ ἔστιν ὅμοιός σοι ἐν θεοῖς, Κύριε, δυνατὸς ἐν ἐλέει, καὶ ἀγαθὸς ἐν ἰσχύϊ, εἰς τὸ βοηθεῖν καὶ παρακαλεῖν, καὶ σῶζειν πάντας τοὺς ἐλπίζοντας εἰς τὸ Ὄνομά σου τὸ ἅγιον.

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΔΕΥΤΕΡΑ

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης ἡμᾶς, μηδὲ τῇ ὀργῇ σου παιδεύσης ἡμᾶς, ἀλλὰ ποίησον μεθ' ἡμῶν κατὰ τὴν ἐπιείκειάν σου, ἰατρὲ καὶ θεραπευτὰ τῶν ψυχῶν ἡμῶν· ὁδήγησον ἡμᾶς ἐπὶ λιμένα θελήματός σου· φώτισον τοὺς ὀφθαλμοὺς τῶν καρδιῶν ἡμῶν, εἰς ἐπίγνωσιν τῆς σῆς ἀληθείας· καὶ δώρησαι ἡμῖν τὸ λοιπὸν τῆς παρούσης ἡμέρας εἰρηνικὸν καὶ ἀναμάρτητον, καὶ πάντα τὸν χρόνον τῆς ζωῆς ἡμῶν·

While the Opening Psalm is being read the Priest, bareheaded and standing in front of the Holy Table, says quietly the following Prayers at the Lighting of the Lamps.

PRIEST (inaudibly)

1st Prayer

O Lord, compassionate and merciful, long-suffering and full of mercy, listen to our prayer and attend to the voice of our supplication. Make for us a sign for good. Guide us in your way, to walk in your truth. Make glad our hearts to fear your holy Name, because you are great and do wondrous things. You alone are God, and there is none like you, O Lord, among gods: powerful in mercy and loving in strength to help and to console and to save all who hope in your holy Name. [EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

2nd Prayer

Lord, do not rebuke us in your anger, nor chastise us in your wrath, but deal with us in accordance with your kindness, physician and healer of our souls. Guide us to the harbour of your will. Enlighten the eyes of our hearts to the knowledge of your truth and grant that the rest of the present day and the whole time of our life may be peaceful and without sin, at the prayers of the holy Mother of God and of all the Saints. [EL]

προσβείαις τῆς ἁγίας Θεοτόκου, καὶ πάντων τῶν Ἁγίων σου.

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΤΡΙΤΗ

Κύριε, ὁ Θεὸς ἡμῶν, μνήσθητι ἡμῶν τῶν ἁμαρτωλῶν καὶ ἀχρείων δούλων σου, ἐν τῷ ἐπικαλεῖσθαι ἡμᾶς τὸ ἅγιον ὄνομά σου, καὶ μὴ κατασχύνῃς ἡμᾶς ἀπὸ τῆς προσδοκίας τοῦ ἐλέους σου, ἀλλὰ χάρισαι ἡμῖν, Κύριε, πάντα τὰ πρὸς σωτηρίαν αἰτήματα· καὶ ἀξιώσον ἡμᾶς ἀγαπᾶν, καὶ φοβεῖσθαι σε ἐξ ὅλης τῆς καρδίας ἡμῶν, καὶ ποιεῖν ἐν πᾶσι τὸ θέλημά σου.

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΤΕΤΑΡΤΗ

Ὅ τοῖς ἀσιγήτοις ὕμνοις καὶ ἀπαύστοις δοξολογίαις ὑπὸ τῶν ἁγίων δυνάμεων ἀνυμνούμενος, πλήρωσον τὸ στόμα ἡμῶν τῆς αἰνέσεώς σου, τοῦ δοῦναι μεγαλυσύνην τῷ ὀνόματί σου τῷ ἁγίῳ· καὶ δὸς ἡμῖν μερίδα καὶ κληρὸν μετὰ πάντων τῶν φοβουμένων σε ἐν ἀληθείᾳ καὶ φυλασσόντων τὰς ἐντολάς σου· προσβείαις τῆς ἁγίας Θεοτόκου καὶ πάντων τῶν ἁγίων σου.

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

3rd Prayer

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will. ^[EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

4th Prayer

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints. ^[EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. ^[EL]

Ἀγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΠΕΜΠΤΗ

Κύριε, Κύριε, ὁ τῇ ἀχραντῷ σου παλάμῃ συνέχων τὰ σύμπαντα, ὁ μακροθυμῶν ἐπὶ πάντας ἡμᾶς καὶ μετανοῶν ἐπὶ ταῖς κακίαις ἡμῶν, μνήσθητι τῶν οἰκτιρμῶν σου καὶ τοῦ ἐλέους σου· ἐπίσκεψαι ἡμᾶς ἐν τῇ σῇ ἀγαθότητι· καὶ δὸς ἡμῖν διαφυγεῖν καὶ τὸ λοιπὸν τῆς παρούσης ἡμέρας, ἐκ τῶν τοῦ πονηροῦ ποικίλων μηχανημάτων, καὶ ἀνεπιβούλευτον τὴν ζωὴν ἡμῶν διαφύλαξον, τῇ χάριτι τοῦ Παναγίου σου Πνεύματος.

Ἐλέει καὶ φιλανθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΕΚΤΗ

Ὁ Θεός, ὁ μέγας καὶ θαυμαστός, ὁ ἀνεκδιηγῆτῳ ἀγαθωσύνη καὶ πλουσία προνοία διοικῶν τὰ σύμπαντα· ὁ καὶ τα ἐγκόσμια ἀγαθὰ ἡμῖν δωρησάμενος, καὶ κατεγγυήσας ἡμῖν τὴν ἐπηγγελμένην βασιλείαν, διὰ τῶν ἤδη κεχαρισμένων ἡμῖν ἀγαθῶν· ὁ ποιήσας ἡμᾶς καὶ τῆς νῦν ἡμέρας τὸ παρελθὸν μέρος ἀπὸ παντὸς ἐκκλίνειν κακοῦ, δώρησαι ἡμῖν καὶ τὸ ὑπόλοιπον ἀμέμπτως ἐκτελέσαι, ἐνώπιον τῆς ἁγίας δόξης σου, ὑμνοῦντάς σε τὸν μόνον ἀγαθόν, καὶ φιλάνθρωπον Θεὸν ἡμῶν.

Ὅτι σὺ εἶ ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ

5th Prayer

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault. [EL]

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen. [EL]

6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind. [EL]

For you are our God and to you we give glory, to the Father, the Son and the Holy

καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς
τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΕΥΧΗ ΕΒΔΟΜΗ

Ὁ Θεὸς ὁ μέγας καὶ ὑψιστος, ὁ μόνος
ἔχων ἀθανασίαν, φῶς οἰκῶν ἀπρόσιτον, ὁ
πᾶσαν τὴν κτίσιν ἐν σοφίᾳ δημιουργήσας.
Ὁ διαχωρήσας ἀνὰ μέσον τοῦ φωτός, καὶ
ἀνὰ μέσον τοῦ σκότους, καὶ τὸν μὲν ἥλιον
θέμενος εἰς ἐξουσίαν τῆς ἡμέρας, σελήνην
δὲ καὶ ἀστέρας εἰς ἐξουσίαν τῆς νυκτός· ὁ
καταξιώσας ἡμᾶς τοὺς ἁμαρτωλοὺς καὶ
ἐπὶ τῆς παρούσης ὥρας προφθάσαι τὸ
πρόσωπόν σου ἐν ἐξομολογήσει, καὶ τὴν
ἐσπερινὴν σοι δοξολογίαν προσαγαγεῖν·
αὐτός, φιλάνθρωπε Κύριε, κατεύθυνον
τὴν προσευχὴν ἡμῶν ὡς θυμίαμα ἐνώπιόν
σου καὶ πρόσδεξαι αὐτὴν εἰς ὁσμὴν
εὐωδίας. Παράσχου δὲ ἡμῖν τὴν παροῦσαν
ἐσπέραν καὶ τὴν ἐπιοῦσαν νύκτα εἰρηνικὴν·
ἐνδυσον ἡμᾶς ὅπλα φωτός· ῥῦσαι ἡμᾶς
ἀπὸ φόβου νυκτερινοῦ καὶ ἀπὸ παντός
πράγματος ἐν σκότει διαπορευομένου· καὶ
δὸς ἡμῖν τὸν ὕπνον, ὃν εἰς ἀνάπαυσιν τῇ
ἀσθενείᾳ ἡμῶν ἐδωρήσω, πάσης διαβολικῆς
φαντασίας ἀπηλλαγμένον. Ναί, Δέσποτα
τῶν ἀπάντων, τῶν ἀγαθῶν χορηγέ· ἴνα,
καὶ ἐπὶ ταῖς κοίταις ἡμῶν κατανυγόμενοι,
μνημονεύωμεν ἐν νυκτὶ τοῦ ὀνόματός
σου, καὶ τῇ μελέτῃ τῶν σῶν ἐντολῶν
καταυγαζόμενοι, ἐν ἀγαλλιάσει ψυχῆς
διανιστῶμεν πρὸς δοξολογίαν τῆς σῆς
ἀγαθότητος, δεήσεις καὶ ἱκεσίας τῇ σῇ
εὐσπλαγχνίᾳ προσάγοντες ὑπὲρ τῶν ἰδίων
ἁμαρτημάτων καὶ παντός τοῦ λαοῦ σου,
ὃν ταῖς πρεσβείαις τῆς ἁγίας Θεοτόκου ἐν
ἐλέει ἐπίσκεψαι.

Spirit, now and for ever, and to the ages of
ages. Amen. [EL]

7th Prayer

Great and most high God, who
alone possess immortality, who dwell
in unapproachable light, who fashioned
all creation with wisdom, who made the
separation between the light and the darkness
and who placed the sun to have authority
over the day and the moon and the stars
to have authority over the night, who have
counted us sinners worthy even at this
present hour to come into your presence with
confession and thanksgiving and to offer
you our evening hymn of glory; do you, O
Lord who love mankind, direct our prayer
like incense before you and accept it as a
savour of sweet fragrance. Grant us that the
present evening and the coming night may
be peaceful, clothe us with weapons of light,
deliver us from every night-time fear and
from every deed that walks in darkness. And
give us sleep, which you have bestowed on us
for our rest in our weakness, freed from every
fantasy of the devil. Yes, Master of all things,
giver of blessings, may we also be filled with
compunction on our beds and call to mind
your Name in the night, and enlightened by
meditation on your commandments may we
rise with gladness of soul to give glory to
your loving-kindness, as we bring to your
compassion supplications and entreaties on
behalf of our own sins and those of all your
people. At the prayers of the holy Mother of
God visit them with mercy. [EL]

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς
ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.
Ἀμήν.

*Πληρωθέντος τοῦ Προοιμιακοῦ Ψαλμοῦ, ὁ μὲν
Τερεὺς παραμένει ἐν εὐλαβείᾳ ἐνώπιον τῆς ἀγίας
Τραπεζῆς, ὁ δὲ Διάκονος ποιεῖ σχῆμα πρὸς τὸ Τερέα,
καὶ ἐξελθὼν τοῦ ἱεροῦ Βήματος, διὰ τῆς βορείας
πύλης, καὶ στὰς πρὸ τῆς Ὁραίας πύλης, καὶ βλέπων
κατ' ἐνώπιον τῆς εἰκόνης τοῦ Χριστοῦ, λέγει τὴν
Μεγάλην Συναπτὴν, ἥτοι τὰ "Εἰρηνικά."*

For you, O God, are good and love
mankind, and to you we give glory, Father,
Son and Holy Spirit, now and for ever, and to
the ages of ages. Amen. ^[EL]

*When the Opening Psalm is completed the Priest, in
front of the Holy Table, or the Deacon in his usual place
outside the Holy Doors, says the Litany of Peace.*

ΔΙΑΚΟΝΟΣ

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς ἄνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ἁγίου οἴκου τούτου, καὶ τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῶν εὐσεβῶν καὶ Ὁρθοδόξων Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῆς πόλεως ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

Ὑπὲρ πλεόντων, ὁδοιπορούντων,
νοσούντων, καμνόντων, αἰχμαλώτων καὶ
τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης
θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ
προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

*Ἀναγινώσκεται τὸ οἰκεῖον Κάθισμα τοῦ
Ψαλτηρίου, ἥτοι Κάθισμα 18. Μεθ' ὃ ἡ μικρὰ Συναπτή.*

ΔΙΑΚΟΝΟΣ

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς

For those who travel by land, sea, and air,
for the sick, the suffering, the captives and for
their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction,
wrath, danger, and necessity, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For to You belong all glory, honor, and
worship, to the Father and to the Son and to
the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

*The appointed Kathisma of the Psalter may be read, i.e.
Kathisma 18. It would be followed by the short litany.*

DEACON

Again and again, in peace, let us pray to the
Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed,
and glorious Lady, the Theotokos and ever-
virgin Mary, with all the saints, let us commend

καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Αγίου
Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Ἦχος πλ. β'.

Κύριε ἐκέκραξα πρὸς σέ, εἰσάκουσόν
μου, εἰσάκουσόν μου, Κύριε. Κύριε,
ἐκέκραξα πρὸς σέ, εἰσάκουσόν μου·
πρόσχες τῇ φωνῇ τῆς δεήσεώς μου, ἐν τῷ
κεκραγέναι με πρὸς σέ. Εἰσάκουσόν μου,
Κύριε.

Κατευθυνθήτω ἡ προσευχή μου, ὡς
θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν
μου θυσία ἐσπερινή. Εἰσάκουσόν μου,
Κύριε.

Θοῦ, Κύριε, φυλακὴν τῷ στόματί μου, καὶ θύραν
περιοχῆς περὶ τὰ χεῖλη μου.

Μὴ ἐκκλίνης τὴν καρδίαν μου εἰς λόγους
πονηρίας, τοῦ προφασίζεσθαι προφάσεις ἐν
ἀμαρτίαις.

Σὺν ἀνθρώποις ἐργαζομένοις τὴν ἀνομίαν, καὶ
οὐ μὴ συνδυάσω μετὰ τῶν ἐκλεκτῶν αὐτῶν.

Παιδεύσει με δίκαιος ἐν ἐλέει, καὶ ἐλέγξει με,
ἔλαιον δὲ ἀμαρτωλοῦ μὴ λιπανάτω τὴν κεφαλὴν
μου.

Ὅτι ἔτι καὶ ἡ προσευχή μου ἐν ταῖς εὐδοκίαις
αὐτῶν· κατεπόθησαν ἐχόμενα πέτρας οἱ κριταὶ
αὐτῶν.

Ἀκούσονται τὰ ῥήματά μου, ὅτι ἠδύνθησαν·
ὥσπερ πάχος γῆς ἐρράγη ἐπὶ τῆς γῆς, διεσκορπίσθη τὰ
ὀστᾶ αὐτῶν παρὰ τὸν ἄδην.

ourselves and one another and our whole life to
Christ our God.

(To You, O Lord.)

PRIEST

For Yours is the dominion, and Yours is the
kingdom and the power and the glory, of the Father
and of the Son and of the Holy Spirit, now and
forever and to the ages of ages.

(Amen.)

CHOIR

Mode pl. 2.

Lord, I have cried to You; hear me. Hear
me, O Lord. Lord, I have cried to You; hear
me. Give heed to the voice of my supplication
when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You
as incense, the lifting up of my hands as the
evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of
enclosure about my lips.

Incline not my heart to evil words, to make
excuses in sins.

With men who work lawlessness; and I will not
join with their choice ones.

The righteous man shall correct me with mercy,
and he shall reprove me; but let not the oil of the sinner
anoint my head.

For my prayer shall be intense in the presence of
their pleasures. Their judges are swallowed up by the
rock.

They shall hear my words, for they are pleasant.
As a clod of ground is dashed to pieces on the earth, so
their bones were scattered beside the grave.

Ὅτι πρὸς σέ, Κύριε, Κύριε, οἱ ὀφθαλμοὶ μου· ἐπὶ σοὶ ἤλπισα, μὴ ἀντανέλης τὴν ψυχὴν μου.

Φύλαξόν με ἀπὸ παγίδος ἧς συνεστήσαντό μοι, καὶ ἀπὸ σκανδάλων τῶν ἐργαζομένων τὴν ἀνομίαν.

Πεσοῦνται ἐν ἀμφιβλήστῳ αὐτῶν οἱ ἁμαρτωλοί· κατὰ μόνας εἰμὶ ἐγὼ ἕως ἂν παρέλθω.

Φωνῇ μου πρὸς Κύριον ἐκέκραξα, φωνῇ μου πρὸς Κύριον ἐδεήθην.

Ἐκχεῶ ἐνώπιον αὐτοῦ τὴν δέησίν μου, τὴν θλιψίν μου ἐνώπιον αὐτοῦ ἀπαγγελῶ.

Ἐν τῷ ἐκλείπειν ἐξ ἐμοῦ τὸ πνεῦμά μου, καὶ σὺ ἔγνωσ τὰς τρίβους μου.

Ἐν ὁδῷ ταύτῃ, ἣ ἐπορευόμην, ἔκρυψαν παγίδα μοι.

Κατενόουν εἰς τὰ δεξιὰ, καὶ ἐπέβλεπον, καὶ οὐκ ἦν ὁ ἐπιγινώσκων με.

Ἀπώλετο φυγὴ ἀπ' ἐμοῦ, καὶ οὐκ ἔστιν ὁ ἐκζητῶν τὴν ψυχὴν μου.

Ἐκέκραξα πρὸς σέ, Κύριε εἶπα· Σὺ εἶ ἡ ἐλπίς μου, μερίς μου εἶ ἐν γῇ ζώντων.

Πρόσχεες πρὸς τὴν δέησίν μου, ὅτι ἐταπεινώθην σφόδρα.

Ῥῥσαί με ἐκ τῶν καταδιωκόντων με, ὅτι ἐκραταιώθησαν ὑπὲρ ἐμέ.

Ἐξάγαγε ἐκ φυλακῆς τὴν ψυχὴν μου, τοῦ ἐξομολογήσασθαι τῷ ὀνόματί σου.

Ἐμὲ ὑπομενοῦσι δίκαιοι, ἕως οὗ ἀνταποδῶς μοι.

Ἐκ βαθέων ἐκέκραξά σοι, Κύριε· Κύριε, εἰσάκουσον τῆς φωνῆς μου.

Γενηθήτω τὰ ὦτά σου προσέχοντα εἰς τὴν φωνὴν τῆς δεήσεώς μου.

For my eyes, O Lord, O Lord, are toward You; in You I hope; take not my soul away.

Keep me from the snares they set for me, and from the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone, until I escape.

I cried to the Lord with my voice, with my voice I prayed to the Lord.

I shall pour out my supplication before Him; I shall declare my affliction in His presence.

When my spirit fainted within me, then You knew my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one who knew me.

Refuge failed me, and there was no one who cared for my soul.

I cried to You, O Lord; I said, "You are my hope, my portion in the land of the living."

Attend to my supplication, for I was humbled exceedingly.

Deliver me from my persecutors, for they are stronger than I.

Bring my soul out of prison to give thanks to Your name, O Lord.

The righteous shall wait for me, until You reward me.

Out of the depths I have cried to You, O Lord; O Lord, hear my voice.

Let Your ears be attentive to the voice of my supplication.

Στιχηρὰ τοῦ Τριωδίου.

Τοῦ Τριωδίου - - -

Ἦχος πλ. β'. Ὁλην ἀποθέμενοι.

Ἐὰν ἀνομίας παρατηρήσης, Κύριε Κύριε,
τίς ὑποστήσεται; ὅτι παρὰ σοὶ ὁ ἰλασμός
ἐστιν.

Μέσον γῆς ὑπέμεινας, Σταυρὸν καὶ
Πάθος οἰκτίρμον, πᾶσι τὴν ἀπάθειαν, καὶ
τὴν ἀπολύτρωσιν παρεχόμενος, μεσασμῶ
σήμερον, Νηστειῶν ἅπαντες· διὰ τοῦτο
εἰς προσκύνησιν, αὐτὸν προτίθεμεν, καὶ
περιχαρῶς ἀσπαζόμεθα, ἰδεῖν σου τὰ
Παθήματα, καὶ τὴν ζωηφόρον Ἀνάστασιν,
ἐκλελαμπρυσμένοι, ταῖς θεαῖς ἀρεταῖς
Λόγε Θεοῦ, ἀναδειχθεῖμεν ἅπαντες, μόνε
πολύελε.

Ἦχος πλ. β'. Ὁλην ἀποθέμενοι.

Ἐνεκεν τοῦ ὀνόματός σου ὑπέμεινά σε,
Κύριε, ὑπέμεινεν ἡ ψυχὴ μου εἰς τὸν λόγον
σου. Ἥλπισεν ἡ ψυχὴ μου ἐπὶ τὸν Κύριον.

Νεκρὸς ἐξηματίσας, ἐπὶ σταυροῦ
ἠπλωμένος, καὶ λόγχῃ νυττόμενος, καὶ
χολὴν Μακρόθυμε ποτιζόμενος, ὁ Μετρώας
ὑδατα, ἐν χειρὶ Δέσποτα, Μωϋσέως εἰς
γλυκύτητα, μεταβαλλόμενος· ὅθεν δυσωπῶ
σε καὶ δέομαι. Τὰ πάθη τὰ πικρότατα,
ἐκ τῆς διανοίας μου ἔκτιλον, καὶ τῆς
μετανοίας, τῷ μέλιτι γλυκάνας μου τὸν
νοῦν, προσκυνητὴν με ἀνάδειξον, τοῦ
τιμίου Πάθους σου.

Ἦχος α'. Ὁ πάλαι τῷ Μωσέϊ.

Ἀπὸ φυλακῆς πρωΐας μέχρι νυκτός· ἀπὸ
φυλακῆς πρωΐας ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν
Κύριον.

Ὅν πάλαι Μωϋσῆς προτυπώσας, ἐν
ταῖς παλάμαις αὐτοῦ, κατετροποῦτο τὸν
Ἀμαλήκ, μέγαν Σταυρόν, σήμερον ἐπ'
ὄψει ἡμῶν βλέποντες, λαοὶ προτεθέντα,

Stichera of the Triodion.

From Triodion - - -

Mode pl. 2.

*If You, O Lord, should mark transgression, O
Lord, who would stand? For there is forgiveness
with You. [SAAS]*

O merciful Lord, Thou hast endured
the Cross and Passion in the midst of the
earth, granting unto all men redemption and
freedom from the passions. Therefore, on this
middle day of the Fast, we set this Thy Cross
before us and we venerate it with great joy.
Glorious with the light of the divine virtues,
may we all be counted worthy to see Thy
Passion and lifegiving Resurrection, O Word
of God, who alone art rich in mercy. [KW]

Mode pl. 2.

*Because of Your law, O Lord, I waited for
You; my soul waited for Your word. My soul
hopes in the Lord. [SAAS]*

Nailed upon the Cross, Thy side pierced
by the spear, Thou wast counted as a lifeless
corpse; and Thou wast given gall to drink,
O longsuffering Master, who by the hand
of Moses hast made sweet the waters of
Marah. Therefore I entreat Thee and I
pray: Uproot the bitter passions from my
understanding, sweeten my mind with the
honey of repentance, and grant that I may
worship at Thy holy Passion. [KW]

Mode 1.

*From the morning watch until night; from the
morning watch until night, let Israel hope in the
Lord. [SAAS]*

We see placed before our eyes today the
mighty Cross that Moses once forefigured
with his outstretched hands, when he put
Amalek to flight. Trembling, O ye peoples, let

φρικτῶς ψαύσωμεν ἐν ἀγνότητι νοῦ τε καὶ χειλέων· ἐν αὐτῷ γὰρ Χριστὸς ὑψώθη, ἀπονεκρώσας τὸν θάνατον, καὶ τῆς τοιαύτης χάριτος, ἅπαντες καταξιούμενοι, ἐν ὧδαῖς θεοπνεύστοις, τοῦ παντὸς τὸν Σωτῆρα ὑμνολογοῦντες, προσευξώμεθα προφθάσαι, καὶ αὐτὴν τὴν σωτήριον Ἀνάστασιν.

Ἑτερον.

Τοῦ Τριωδίου - -

Ἦχος δ'. Ἐδωκας σημείωσιν.

Ὅτι παρὰ τῷ Κυρίῳ τὸ ἔλεος καὶ πολλὴ παρ' αὐτῷ λύτρωσις, καὶ αὐτὸς λυτρώσεται τὸν Ἰσραὴλ ἐκ πασῶν τῶν ἀνομιῶν αὐτοῦ.

Δεῦτε προσκυνήσωμεν, τὸ τῆς ζωῆς ἡμῶν πρόξενον, πεφηνὸς ξύλον σήμερον, Χριστοῦ τοῦ Θεοῦ ἡμῶν, τὸν Σταυρόν, δι' οὗ περ θάνατος ἐτρώθη, καὶ ἡ ἀνάστασις ἡμῖν, τοῖς ἐπταικόσιν ἐκαινουργήθη σαφῶς, τῷ ῥυσαμένῳ κρᾶζοντες· Ὁ δι' ἡμᾶς ἐκουσίως παθὼν, ἵνα σώσης τὰ σύμπαντα, ὁ Θεὸς ἡμῶν δόξα σοι.

Αἰνεῖτε τὸν Κύριον, πάντα τὰ ἔθνη, ἐπαινέσατε αὐτόν, πάντες οἱ λαοί.

Κράτος ἀπροσμάχητον, Χριστιανοῖς ἡμῖν δέδοται, ὁ Σταυρὸς σου Σωτὴρ ἡμῶν, δι' οὗ τὰ ἀλλόφυλα τῶν ἐθνῶν τροποῦνται, πλήθη καὶ εἰρήνη, τῆς Ἐκκλησίας σου Χριστέ, ἐπισκιάζει ὀρθοδοξούσης καλῶς, ὃν περ νῦν ἀσπαζόμεθα, καὶ σοὶ θερμῶς ἀνακράζομεν· Τῆς μερίδος ἀξίωσον, καὶ ἡμᾶς τῶν Ἁγίων σου.

Ὅτι ἐκραταιώθη τὸ ἔλεος αὐτοῦ ἐφ' ἡμᾶς, καὶ ἡ ἀλήθεια τοῦ Κυρίου μένει εἰς τὸν αἰῶνα.

Δάκρυσι καθάραντες, τὰ τῆς ψυχῆς αἰσθητήρια, καὶ νηστεία ἀγνίσαντες, δεῦτε

us touch it with pure minds and lips, for upon it Christ was raised when He slew death. May we all be counted worthy of His grace, and, praising the Saviour of all with hymns inspired by God, let us pray that we may come to His saving Resurrection. [KW]

Another.

From Triodion - -

Mode 4.

For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions. [SAAS]

Come, let us worship the Cross of Christ our God that brings us life: for it is set this day before us. Through the Cross death is wounded and the power of Thy Resurrection is newly revealed to us the fallen. Let us cry to our Deliverer: Of Thine own will Thou hast suffered for our sake, to save the whole creation; our God, glory to Thee. [KW]

Praise the Lord, all you Gentiles; praise Him, all you peoples. [SAAS]

As a power that can never be defeated, Thy Cross, O Saviour, has been given to us Christians: through it the alien hosts of the enemy are put to flight and Thy Church, O Christ, rightly confessing the true Faith, is overshadowed with peace. Kissing it, we raise our fervent cry to Thee: Make us also worthy of the inheritance of Thy saints. [KW]

For His mercy rules over us; and the truth of the Lord endures forever. [SAAS]

Cleansing with tears the senses of our soul, making them pure through fasting, let

προσκυνήσωμεν, τοῦ Σταυροῦ τὸ ξύλον,
δι' οὗ καταργοῦνται τὰ ψυχοφθόρα τῆς
σαρκός, τῇ ἐγκρατεῖᾳ ἀνασκιρτήματα,
τῷ σταυρωθέντι κράζοντες· Τῆς σῆς
Σωτῆρ καταξίωσον, τριημέρου Ἐγέρσεως,
προσκυνῆσαι τὴν ἑλλαμψιν.

Δόξα· καὶ νῦν.

Τοῦ Τριωδίου ---

Ἦχος πλ. δ'.

Σήμερον ὁ Δεσπότης τῆς Κτίσεως,
καὶ Κύριος τῆς δόξης, τῷ Σταυρῷ
προσπῆγνυται, καὶ τὴν πλευρὰν κεντᾶται·
χολῆς καὶ ὄξους γεύεται, ὁ γλυκασμὸς
τῆς Ἐκκλησίας· στέφανον ἐξ ἀκανθῶν
περιβάλλεται, ὁ καλύπτων Οὐρανὸν
τοῖς νέφεσι· χλαῖναν ἐνδύεται χλεῦης,
καὶ ῥαπίζεται πηλίνῃ χειρὶ, ὁ τῇ χειρὶ
πλάσας τὸν ἄνθρωπον· τὸν νῶτον
φραγγελοῦται, ὁ περιβάλλων τὸν Οὐρανὸν
ἐν νεφέλαις· ἐμπτυσμοὺς καὶ μάστιγας
δέχεται, ὀνειδισμοὺς καὶ κολαφισμοὺς, καὶ
πάντα ὑπομένει, δι' ἐμὲ τὸν κατάκριτον, ὁ
Λυτρωτὴς μου καὶ Θεός, ἵνα σῶσῃ Κόσμον
ἐκ πλάνης ὡς, εὐσπλαγχνος.

(Εἵσοδος οὐ γίνεται.)

ΑΝΑΓΝΩΣΤΗΣ

Φῶς ἱλαρὸν ἀγίας δόξης, ἀθανάτου
Πατρός, οὐρανίου, ἁγίου, μάκαρος, Ἰησοῦ
Χριστέ, ἐλθόντες ἐπὶ τὴν ἡλίου δύσιν,
ιδόντες φῶς ἐσπερινόν, ὑμνοῦμεν Πατέρα,
Υἱόν, καὶ ἅγιον Πνεῦμα Θεόν. Ἄξιόν σε ἐν
πᾶσι καιροῖς, ὑμνεῖσθαι φωναῖς αἰσίσαις,
Υἱὲ Θεοῦ, ζῶν ὁ διδούς· * διὸ ὁ κόσμος σε
δοξάζει.

us come and venerate the Wood of the Cross:
for if we practice abstinence, it overthrows
the rebellious and destructive impulses of
our flesh. And let us cry to Him who was
crucified: O Saviour, make us worthy to
venerate the radiance of Thy rising on the
third day. [KW]

Glory. Both now.

From Triodion ---

Mode pl. 4.

Today the Master of the creation and the
Lord of Glory is nailed to the Cross and His
side is pierced; and He who is the sweetness
of the Church tastes gall and vinegar. A
crown of thorns is put upon Him who covers
heaven with clouds. He is clothed in a cloak
of mockery, and He who formed man with
His hands is struck by a hand of clay. He who
wraps the heaven in clouds is smitten upon
His back. He accepts spitting and scourging,
reproach and buffeting; and all these things
my Deliverer and God endures for me that am
condemned, that in His compassion He may
save the world from error. [KW]

(No Entrance)

READER

Gladsome light of holy glory of the holy,
blessed, heavenly, immortal Father, O Jesus
Christ: arriving at the hour of sunset and
having seen the evening light, we praise the
Father, Son, and Holy Spirit, God. It is worthy
for You to be praised at all times with happy
voices, O Son of God and Giver of life; * and
therefore the world glorifies You.

Τὰ Ἀναγνώσματα

ΙΕΡΕΥΣ

Ἑσπέρας...

Τοῦ Τριωδίου ---

ΑΝΑΓΝΩΣΤΗΣ

Προκείμενον. Ἦχος πλ. β'.

Ψαλμὸς ΞΖ' (67).

Ἀισατε τῷ Θεῷ, ψάλατε τῷ Ὄνόματι αὐτοῦ.

Ὁδοποιήσατε τῷ ἐπιβεβηκότι ἐπὶ δυσμῶν, Κύριος ὄνομα αὐτῷ.

Γενέσεως τὸ ἀνάγνωσμα.

ΙΕΡΕΥΣ

Σοφία. Πρόσχωμεν.

ΑΝΑΓΝΩΣΤΗΣ

Κεφ. θ', 8-17

Εἶπε Κύριος ὁ Θεὸς τῷ Νῶε, καὶ τοῖς υἱοῖς αὐτοῦ μέτ' αὐτοῦ, λέγων· Ἴδου ἐγὼ ἀνίστημι τὴν διαθήκην μου ὑμῖν, καὶ τῷ σπέρματι ὑμῶν μεθ' ὑμᾶς, καὶ πάση ψυχῇ ζώσῃ μεθ' ὑμῶν, ἀπὸ ὀρνέων καὶ ἀπὸ κτηνῶν, καὶ πᾶσι τοῖς θηρίοις τῆς γῆς, ὅσα ἐστὶ μεθ' ὑμῶν, ἀπὸ πάντων τῶν ἐξεληθόντων ἐκ τῆς κιβωτοῦ, καὶ στήσω τὴν διαθήκην μου πρὸς ὑμᾶς, καὶ οὐκ ἀποθανεῖται πᾶσα σὰρξ ἔτι ἀπὸ τοῦ ὕδατος τοῦ κατακλυσμοῦ, καὶ οὐκ ἔσται ἔτι κατακλυσμὸς ὕδατος, τοῦ καταφθεῖραι πᾶσαν τὴν γῆν. Καὶ εἶπε Κύριος ὁ Θεὸς τῷ Νῶε· Τοῦτο τὸ σημεῖον τῆς διαθήκης, ὃ ἐγὼ δίδωμι ἀναμέσον ἐμοῦ καὶ ὑμῶν, καὶ ἀναμέσον πάσης ψυχῆς ζώσης, ὅσα ἐστὶ μεθ' ὑμῶν, εἰς γενεὰς αἰώνιους. Τὸ τόξον μου τίθημι ἐν τῇ νεφέλῃ, καὶ ἔσται εἰς σημεῖον διαθήκης ἀναμέσον ἐμοῦ, καὶ τῆς γῆς, καὶ ἔσται ἐν τῷ συννεφεῖν με νεφέλας ἐπὶ τὴν γῆν, ὀφθήσεται τὸ τόξον μου ἐν τῇ νεφέλῃ, καὶ μνησθήσομαι τῆς

The Readings

PRIEST

The evening...

From Triodion ---

READER

Prokeimenon. Mode pl. 2.

Psalms 67 (68).

Sing to God; sing to His name.

Make ready the way for Him who rides upon the sunset; His name is the Lord. [SAAS]

The reading is from the book of Genesis.

PRIEST

Wisdom. Let us be attentive.

READER

9:8-17

Then God spoke to Noah and his sons with him, saying, "Behold, I am establishing My covenant with you and with your seed after you, and every living creature with you: the birds, the cattle, and all the wild animals of the earth, of all that came out of the ark with you. Thus I will establish My covenant with you, and never again shall all flesh be cut off by the waters of the flood; nor shall there ever again be a flood to destroy the earth." Then the Lord God said to Noah, "This is the sign of the covenant I am making between Me and you, and every living creature with you, for perpetual generations: I am setting My rainbow in the cloud, and it shall be a sign of the covenant between Me and the earth. It shall be, when I bring a cloud over the earth, the rainbow shall be seen in the cloud; and I will remember My covenant between Me and you and every living creature of all flesh; the waters shall never again become a flood to destroy all flesh. My rainbow shall be in

διαθήκης μου, ἥ ἐστὶν ἀναμέσον ἐμοῦ καὶ ὑμῶν, καὶ ἀνὰ μέσον πάσης ψυχῆς ζώσης ἐν πάσῃ σαρκί, καὶ οὐκ ἔσται ἔτι ὕδωρ εἰς κατακλυσμόν, ὥστε ἐξαλείψαι πᾶσαν σάρκα. Καὶ ἔσται τὸ τόξον μου ἐν τῇ νεφέλῃ, καὶ ὄψομαι τοῦ μνησθῆναι διαθήκης αἰωνίου, ἀναμέσον ἐμοῦ, καὶ τῆς γῆς, καὶ ἀναμέσον πάσης ψυχῆς ζώσης ἐν πάσῃ σαρκί, ἥ ἐστὶν ἐπὶ τῆς γῆς. Καὶ εἶπεν ὁ Θεὸς τῷ Νῶε· Τοῦτο τὸ σημεῖον τῆς διαθήκης, ἣς διεθέμην ἀναμέσον ἐμοῦ καὶ ἀναμέσον πάσης σαρκός, ἥ ἐστὶν ἐπὶ τῆς γῆς.

Προκείμενον. Ἦχος πλ. β'.
Ψαλμὸς ΞΗ' (68).

Ἡ σωτηρία σου, ὁ Θεός, ἀντιλάβοιτό μου.

Ἰδέτωσαν πτωχοί, καὶ εὐφρανθήτωσαν.

Παροιμιῶν τὸ ἀνάγνωσμα.

ΙΕΡΕΥΣ

Σοφία. Πρόσχωμεν.

ΑΝΑΓΝΩΣΤΗΣ

Κεφ. ΙΒ', 8-22

Στόμα συνετοῦ ἐγκωμιάζεται ὑπὸ ἀνδρός, νωθροκάρδιος δὲ μυκτηρίζεται. Κρείσσων ἀνὴρ ἐν ἀτιμίᾳ δουλεύων ἑαυτῷ, ἢ τιμὴν ἑαυτῷ περιτιθείς, καὶ προσδεόμενος ἄρτου. Δίκαιος οἰκτεῖρει ψυχὰς κτηνῶν αὐτοῦ, τὰ δὲ σπλάγχνα τῶν ἀσεβῶν, ἀνελεήμονα. Ὁ ἐργαζόμενος τὴν ἑαυτοῦ γῆν, ἐμπλησθήσεται ἄρτων, οἱ δὲ διώκοντες μάταια, ἐνδεεῖς φρενῶν, ὅς ἐστιν ἡδὺς ἐν οἴνων διατριβαῖς, ἐν τοῖς ἑαυτοῦ ὀχυρώμασι καταλείψει ἀτιμίαν. Ἐπιθυμία ἀσεβῶν, κακαί, αἱ δὲ ῥίζαι τῶν εὐσεβῶν, ἐν ὀχυρώμασι. Δι' ἀμαρτίαν

the cloud, and I will certainly remember the everlasting covenant between God and every living creature of all flesh on the earth." Again God said to Noah, "This is the sign of the covenant I established between Me and all flesh on the earth." [SAAS]

Prokeimenon. Mode pl. 2.
Psalm 68 (69).

And the salvation of Your presence, O God, lays hold of me.

Let the poor behold this, and be glad. [SAAS]

The reading is from the Proverbs of Solomon.

PRIEST

Wisdom. Let us be attentive.

READER

12:8-24

The mouth of a man of understanding is praised by a man, but the slothful of heart are treated with contempt. It is better for a man in dishonor to serve himself than for him to surround himself with honor while in need of bread. A righteous man has compassion on the lives of his cattle, but the affections of the ungodly are without mercy. He who works his own land will be satisfied with bread, but those who pursue vain things are in need of discernment. He who is gladdened by wines in passing his time shall leave dishonor in his own strongholds. The desires of the ungodly

χειλέων ἐμπίπτει εἰς παγίδας ἀμαρτωλός, ἐξολισθαίνει δὲ ἐξ αὐτῶν δίκαιος. Ὁ βλέπων λεῖα ἐλεηθήσεται, ὁ δὲ συναντῶν ἐν πύλαις ἐκθλίψει ψυχάς. Ἀπὸ καρπῶν στόματος ψυχὴ ἀνδρὸς πλησθήσεται ἀγαθῶν, ἀνταπόδομα δὲ χειλέων αὐτοῦ δοθήσεται αὐτῷ. Ὅδοι ἀφρόνων ὀρθαὶ ἐνώπιον αὐτῶν, εἰσακούει δὲ συμβουλίας σοφός. Ἀφρων αὐθημερὸν ἐξαγγέλλει ὀργὴν αὐτοῦ, κρύπτει δὲ τὴν ἑαυτοῦ, ἀτιμίαν πανοῦργος. Ἐπιδεικνυμένην πίστιν ἀναγγελεῖ δίκαιος, ὁ δὲ μάρτυς τῶν ἀδίκων, δόλιος. Εἰσὶν, οἱ λέγοντες, τιτρώσκουσιν μαχαίρα· γλῶσσαι δὲ σοφῶν ἰῶνται. Χεὶλὴ ἀληθινὰ κατορθοῖ μαρτυρίαν· μάρτυς δὲ ταχὺς γλῶσσαν ἔχει ἄδικον. Δόλος ἐν καρδίᾳ τεκταινομένου κακά, οἱ δὲ βουλόμενοι εἰρήνην, εὐφρανθήσονται, οὐκ ἀρέσει τῷ δικαίῳ οὐδὲν ἄδικον, οἱ δὲ ἀσεβεῖς πλησθήσονται κακῶν. Βδέλυγμα Κυρίῳ χεὶλὴ ψευδῆ, ὁ δὲ ποιῶν πίστει, δεκτὸς παρ' αὐτῷ.

ΑΝΑΓΝΩΣΤΗΣ

Καταξίωσον, Κύριε, ἐν τῇ ἐσπέρᾳ ταύτῃ, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς. Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν. Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἡλπίσαμεν ἐπὶ σέ. Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου. Εὐλογητὸς εἶ, Δέσποτα, συνέτισον με τὰ δικαιώματά σου. Εὐλογητὸς εἶ, Ἄγιε, φώτισόν με τοῖς δικαιώμασί σου. Κύριε, τὸ ἔλεός σου εἰς τὸν

are evil, but the roots of the godly are in strongholds. By the sin of his lips a sinner falls into snares, but a righteous man escapes from them. He whose looks are gentle will show mercy, but he who contends in the gates will afflict souls. By the fruits of his mouth, the soul of a man will be filled with good things, and the recompense of his lips will be given to him. The ways of undiscerning men are right in their own eyes, but a wise man hearkens to counsels. A man without discernment immediately proclaims his wrath, but an astute man hides his own dishonor. A righteous man declares his honesty openly, but the witness of the unrighteous is deceitful. There are those who wound with a sword as they speak, but the tongues of the wise heal. Truthful lips establish a testimony, but a hasty witness has an unrighteous tongue. There is deceit in the heart of a man who devises evil things, but those who counsel peace shall be glad. Nothing unrighteous will ever be pleasing to the righteous, but the ungodly will be filled with evil things. Lying lips are an abomination to the Lord, but he who shows faithfulness is acceptable to Him. [SAAS]

READER

O Lord, keep us this evening without sin. Blessed are you, O Lord, God of our fathers, and praised and glorified is your name to the ages. Amen. O Lord, let your mercy be upon us for we have set our hope in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, Master, grant me understanding of your commandments. Blessed are you, Holy One, enlighten me with your commandments. Lord, your mercy is forever. Do not despise

αἰῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδης.
Σοὶ πρόπει αἶνος, σοὶ πρόπει ὕμνος, σοὶ
δόξα πρόπει, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(*Ἀμήν.*)

ΔΙΑΚΟΝΟΣ

Πληρώσωμεν τὴν ἑσπερινὴν δέησιν
ἡμῶν τῷ Κυρίῳ.

(*Κύριε, ἐλέησον.*)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(*Κύριε, ἐλέησον.*)

Τὴν ἑσπέραν πᾶσαν τελείαν, ἁγίαν,
εἰρηνικὴν καὶ ἀναμάρτητον, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

(*Παράσχον, Κύριε.*)

Ἄγγελον εἰρήνης, πιστὸν ὁδηγόν,
φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων
ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(*Παράσχον, Κύριε.*)

Συγγνώμην καὶ ἄφεσιν τῶν ἁμαρτιῶν
καὶ τῶν πλημμελημάτων ἡμῶν, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

(*Παράσχον, Κύριε.*)

Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς
ἡμῶν καὶ εἰρήνην τῷ κόσμῳ, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

(*Παράσχον, Κύριε.*)

Τὸν ὑπόλοιπον χρόνον τῆς ζωῆς ἡμῶν
ἐν εἰρήνῃ καὶ μετανοίᾳ ἐκτελέσαι, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

(*Παράσχον, Κύριε.*)

Χριστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν,
ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικά, καὶ

the works of your hands. To you is due praise,
to you is due song, to you is due glory, to the
Father and the Son and the Holy Spirit, now
and forever and to the ages of ages. [HC]

(*Amen.*)

DEACON

Let us complete our evening prayer to the
Lord.

(*Lord, have mercy.*)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(*Lord, have mercy.*)

That the whole evening may be perfect,
holy, peaceful, and sinless, let us ask the Lord.

(*Grant this, O Lord.*)

For an angel of peace, a faithful guide, a
guardian of our souls and bodies, let us ask
the Lord.

(*Grant this, O Lord.*)

For pardon and remission of our sins and
transgressions, let us ask the Lord.

(*Grant this, O Lord.*)

For that which is good and beneficial for
our souls, and for peace for the world, let us
ask the Lord.

(*Grant this, O Lord.*)

That we may complete the remaining time
of our life in peace and repentance, let us ask
the Lord.

(*Grant this, O Lord.*)

And let us ask for a Christian end to our
life, peaceful, without shame and suffering,

καλὴν ἀπολογία τὴν ἐπὶ τοῦ φοβεροῦ
βήματος τοῦ Χριστοῦ αἰτησώμεθα.

(*Παράσχον, Κύριε.*)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(*Σοί, Κύριε.*)

ΙΕΡΕΥΣ

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς
ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(*Ἀμήν.*)

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(*Καὶ τῷ πνεύματί σου.*)

ΔΙΑΚΟΝΟΣ

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίῳ κλίνομεν.

(*Σοί, Κύριε.*)

ΙΕΡΕΥΣ (*χαμηλοφώνως*)

Κύριε, ὁ Θεὸς ἡμῶν, ὁ κλῖνας οὐρανοὺς καὶ
καταβάς ἐπὶ σωτηρίᾳ τοῦ γένους τῶν ἀνθρώπων,
ἐπίδε ἐπὶ τοὺς δούλους σου καὶ ἐπὶ τὴν κληρονομίαν
σου· σοὶ γὰρ τῷ φοβερῷ καὶ φιλοανθρώπῳ κριτῇ
οἱ σοὶ δούλοι ὑπέκλιναν τὰς κεφαλὰς, τοὺς δὲ
αὐτῶν ὑπέταξαν αὐχένας, οὐ τὴν ἐξ ἀνθρώπων
ἀναμένοντες βοήθειαν, ἀλλὰ τὸ σὸν περιμένοντες
ἔλεος καὶ τὴν σὴν ἀπεκδεχόμενοι σωτηρίαν·
οὓς διαφύλαξον ἐν παντὶ καιρῷ καὶ κατὰ τὴν
παροῦσαν ἐσπέραν καὶ τὴν προσιοῦσαν νύκτα,
ἀπὸ παντὸς ἐχθροῦ, ἀπὸ πάσης ἀντικειμένης
ἐνεργίας διαβολικῆς, καὶ διαλογισμῶν ματαίων καὶ
ἐνθυμήσεων πονηρῶν.

ΙΕΡΕΥΣ

Εἴη τὸ κράτος τῆς βασιλείας σου
εὐλογημένον καὶ δεδοξασμένον, τοῦ

and for a good defense before the awesome
judgment seat of Christ.

(*Grant this, O Lord.*)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(*To You, O Lord.*)

PRIEST

For You, O God, are good and love
mankind, and to You we offer glory, to the
Father and to the Son and to the Holy Spirit,
now and forever, and to the ages of ages.

(*Amen.*)

PRIEST

Peace be with all.

(*And with your spirit.*)

DEACON

Let us bow our heads to the Lord.

(*To You, O Lord.*)

PRIEST (*in a low voice*)

Lord our God, who bowed the heavens and came
down for the salvation of the human race, look upon
your servants and upon your inheritance, for to you,
the fearful Judge who love mankind, your servants
have bowed their heads and inclined their necks, not
waiting for any human help, but awaiting your mercy
and looking for your salvation. Guard them at every
moment, during both the present evening and the
approaching night, from every foe, from every hostile
operation of the devil and from vain thoughts and evil
desires.

PRIEST

May the might of your kingdom be
blessed and glorified, of the Father and the

Πατρός, καὶ τοῦ Υἱοῦ, καὶ τοῦ ἁγίου
Πνεύματος, νῦν καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας
τῶν αἰώνων.

(Ἀμήν.)

Τοῦ Τριωδίου ---

ΧΟΡΟΣ

Ἀπόστιχα. Τοῦ Τριωδίου.

Ἰδιόμελον. Ἦχος γ'.

Νικῶν τὸν Τελώνην τοῖς
παραπτώμασιν, οὐ ζηλῶ τῇ μετανοίᾳ,
τοῦ δὲ Φαρισαίου μὴ κεκτημένος τὰ
κατορθώματα, μιμοῦμαι τὴν οἴησιν. Ἀλλ' ἡ
τῆς σῆς ταπεινώσεως ὑπερβολή, Χριστέ ὁ
Θεός, τὴν δαιμονικὴν ὑψηλοφροσύνην ἐν
τῷ Σταυρῷ καθελὼν, τοῦ μέν, τῆς προτέρας
ῥαυνηρίας, τοῦ δέ, τῆς ἐσχάτης ἀπονοίας,
ἀλλοτριώσόν με, τὴν ἐκατέρων χρηστὴν
διάθεσιν, ἐν τῇ ψυχῇ μου βεβαιώσας, καὶ
σῶσόν με.

Στίχ. Πρὸς σέ ἦρα τοὺς ὀφθαλμούς
μου τὸν κατοικοῦντα ἐν τῷ οὐρανῷ. Ἴδου ὡς
ὀφθαλμοὶ δούλων εἰς χεῖρας τῶν Κυρίων
αὐτῶν, ὡς ὀφθαλμοὶ παιδίσκης εἰς χεῖρας
τῆς Κυρίας αὐτῆς, οὕτως οἱ ὀφθαλμοὶ
ἡμῶν πρὸς Κύριον τὸν θεὸν ἡμῶν, ἕως οὗ
οἰκτειρήσῃ ἡμᾶς.

Νικῶν τὸν Τελώνην τοῖς
παραπτώμασιν, οὐ ζηλῶ τῇ μετανοίᾳ,
τοῦ δὲ Φαρισαίου μὴ κεκτημένος τὰ
κατορθώματα, μιμοῦμαι τὴν οἴησιν. Ἀλλ' ἡ
τῆς σῆς ταπεινώσεως ὑπερβολή, Χριστέ ὁ
Θεός, τὴν δαιμονικὴν ὑψηλοφροσύνην ἐν
τῷ Σταυρῷ καθελὼν, τοῦ μέν, τῆς προτέρας
ῥαυνηρίας, τοῦ δέ, τῆς ἐσχάτης ἀπονοίας,
ἀλλοτριώσόν με, τὴν ἐκατέρων χρηστὴν
διάθεσιν, ἐν τῇ ψυχῇ μου βεβαιώσας, καὶ
σῶσόν με.

Son and the Holy Spirit, now and forever and
to the ages of ages.

(Amen.)

From Triodion ---

CHOIR

Aposticha. From the Triodion.

Idiomelon. Mode 3.

I have surpassed the Publican in my
transgressions, yet I do not vie with him in
his repentance; I have not gained the virtue
of the Pharisee, yet I imitate his self-conceit.
O Christ my God, in Thy supreme humility
Thou hast upon the Cross destroyed the
devil's arrogance: make me a stranger to the
past sins of the Publican and to the great
foolishness of the Pharisee; establish in my
soul the good that each of them possessed,
and save me. [KW]

Verse: *I lift my eyes to You, who dwell
in heaven. Behold, as the eyes of servants look
to the hands of their masters, as the eyes of the
maidservant look to the hands of her mistress, so
our eyes look to the Lord our God until He shall
have compassion on us.* [SAAS]

I have surpassed the Publican in my
transgressions, yet I do not vie with him in
his repentance; I have not gained the virtue
of the Pharisee, yet I imitate his self-conceit.
O Christ my God, in Thy supreme humility
Thou hast upon the Cross destroyed the
devil's arrogance: make me a stranger to the
past sins of the Publican and to the great
foolishness of the Pharisee; establish in my
soul the good that each of them possessed,
and save me. [KW]

Μαρτυρικόν.

Ἦχος γ'.

Στίχ. Ἐλέησον ἡμᾶς, Κύριε,
ἐλέησον ἡμᾶς, ὅτι ἐπὶ πολὺ ἐπλήσθημεν
ἐξουδενώσεως, ἐπὶ πλεῖον ἐπλήσθη ἡ ψυχὴ
ἡμῶν. Τὸ ὄνειδος τοῖς εὐθηνούσι, καὶ ἡ
ἐξουδένωσις τοῖς ὑπερηφάνοις.

Προφηταὶ καὶ Ἀπόστολοι, Χριστοῦ καὶ
Μάρτυρες, ἐδίδαξαν ὑμνεῖσθαι, Τριάδα
ὁμοούσιον, καὶ ἐφώτισαν τὰ ἔθνη τὰ
πεπλανημένα, καὶ κοινωνοὺς Ἀγγέλων
ἐποίησαν, τοὺς υἱοὺς τῶν ἀνθρώπων.

Δόξα· καὶ νῦν. **Θεοτοκίον.**

ΙΕΡΕΥΣ

Ὦδὴν τοῦ Θεοδόχου Συμεών.

Νῦν ἀπολύεις τον δοῦλόν σου, Δέσποτα,
κατὰ τὸ ῥῆμά σου, ἐν εἰρήνῃ· ὅτι εἶδον
οἱ ὀφθαλμοί μου τὸ σωτήριόν σου, ὃ
ἠτοίμασας κατὰ πρόσωπον πάντων τῶν
λαῶν· φῶς εἰς ἀποκάλυψιν ἐθνῶν, καὶ
δόξαν λαοῦ σου Ἰσραήλ.

ΛΑΟΣ

Τρισάγιον.

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε,
ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα,
συγχώρησον τὰς ἀνομίας ἡμῶν. Ἅγιε,
ἐπίσκεψαι καὶ ἰάσαι τὰς ἀσθενεῖας ἡμῶν,
ἕνεκεν τοῦ ὀνόματός σου.

For the Martyrs.

Mode 3.

Verse: *Have mercy on us, O Lord, have
mercy on us, for we are greatly filled with
contempt; our soul is greatly filled with it. We are
a disgrace to those who prosper, and a contempt to
the arrogant.* [SAAS]

The prophets, the apostles of Christ and
the martyrs have taught mankind to sing the
praises of the consubstantial Trinity; they
have given light to the nations that were gone
astray, and they have made the sons of men
companions of the angels. [KW]

Glory. Both now. **Theotokion.**

PRIEST

Song of Simeon.

Lord, now You are letting Your servant
depart in peace, according to Your word; for
my eyes have seen Your salvation which You
have prepared before the face of all peoples.
A light to bring revelation to the Gentiles, and
the glory of Your people Israel. [NKJV]

PEOPLE

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

All-holy Trinity, have mercy on us.
Lord, forgive our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for your name's sake.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Τοῦ Ὡρολογίου ---

Ἀπολυτίκια. Ἦχος πλ. α'.

Θεοτόκε Παρθέने, χαῖρε κεχαριτωμένη Μαρία, ὁ Κύριος μετὰ σοῦ· εὐλογημένη σὺ ἐν γυναιξί, καὶ εὐλογημένος ὁ καρπὸς τῆς κοιλίας σου, ὅτι Σωτῆρα ἔτεκες τῶν ψυχῶν ἡμῶν.

Βαπτιστὰ τοῦ Χριστοῦ, πάντων ἡμῶν μνήσθητι, ἵνα ρυσθῶμεν τῶν ἀνομιῶν ἡμῶν· σοὶ γὰρ ἐδόθη χάρις πρεσβεῦειν ὑπὲρ ἡμῶν.

Δόξα.

Ἰκετεύσατε ὑπὲρ ἡμῶν, ἅγιοι Ἀπόστολοι, καὶ Ἅγιοι πάντες, ἵνα ρυσθῶμεν

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

From Horologion ---

Apolytikia. Mode pl. 1.

O Virgin Theotokos, rejoice, Mary full of grace. The Lord is with you. Blessed are you among women, and blessed is the fruit of your womb; for you have borne the Savior of our souls [SD]

O Baptist of Christ, be mindful of us all, that we may be delivered from our iniquities; for unto you was given the grace to intercede for us. [SD]

Glory.

Entreat earnestly for us, O holy Apostles and all Saints, that we be delivered from

κινδύνων καὶ θλίψεων, ὑμᾶς γὰρ θερμοὺς
προστάτας, πρὸς τὸν Σωτῆρα κεκτήμεθα.

*Τὸ τελευταῖον τοῦτο τροπάριον κατὰ τὴν
ἀρχαίαν τάξιν λέγεται χῦμα ὑπὸ τοῦ ἀναγνώστου.
Σήμερον ὁμως συνήθως ψάλλεται καὶ τοῦτο, ὡς καὶ τὰ
προηγούμενα.*

Καὶ νῦν.

Ὑπὸ τὴν σὴν εὐσπλαγχνίαν,
καταφεύγομεν Θεοτόκε, τὰς ἡμῶν
ἱκεσίας μὴ παρίδῃς ἐν περιστάσει, ἀλλ' ἐκ
κινδύνων λύτρωσαι ἡμᾶς, μόνη Ἀγνή, μόνη
εὐλογημένη.

ΑΝΑΓΝΩΣΤΗΣ

Κύριε, ἐλέησον. (μ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

ΙΕΡΕΥΣ

Ὁ ὢν εὐλογητός, Χριστὸς ὁ Θεὸς ἡμῶν,
πάντοτε, νῦν, καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας
τῶν αἰώνων.

(Ἀμήν.)

Ἐπουράνιε Βασιλεῦ, τοὺς πιστοὺς
ἄρχοντας ἡμῶν στερέωσον· τὴν πίστιν
στήριξον· τὰ ἔθνη πρᾶνον· τὸν κόσμον
εἰρήνευσον· τὴν ἁγίαν Ἐκκλησίαν (ἢ
Μονήν) ταύτην καλῶς διαφύλαξον· τοὺς
προαπελθόντας πατέρας καὶ ἀδελφοὺς
ἡμῶν ἐν σκηναῖς δικαίων τάξον· καὶ ἡμᾶς
ἐν μετανοίᾳ καὶ ἐξομολογήσει παράλαβε,
ὡς ἀγαθὸς καὶ φιλόανθρωπος.

(Ἀμήν.)

peril and affliction; for you are our fervent
advocates before the Savior. [SD]

*This final troparion, according to older rules, is simply
recited by the Reader. In current practice, however, it is
usually, sung much like the preceding hymns.*

Both now.

Beneath your tender compassion we
take refuge, O Theotokos. Despise not our
supplications in distress, but deliver us from
all peril. You alone are pure; you alone are
blessed. [SD]

READER

Lord, have mercy. (40)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify.

In the name of the Lord, Father, bless!

PRIEST

Blessed are You, Christ our God, always
now and forever and to the ages of ages.

(Amen.)

O heavenly King, uphold our rulers,
strengthen the Faith, calm the nations, give
peace to the world. Protect this holy Church
(or, Monastery); grant our departed fathers
and brethren that they may dwell with
the righteous, and accept us in repentance
and confession; for You are good and love
mankind.

(Amen.)

Εὐχή τοῦ Ἁγίου Ἐφραίμ

Κύριε καὶ Δέσποτα τῆς ζωῆς μου,
πνεῦμα ἀργίας, περιεργίας, φιλαρχίας καὶ
ἀργολογίας μὴ μοι δῶς.

Πνεῦμα δὲ σωφροσύνης,
ταπεινοφροσύνης, ὑπομονῆς καὶ ἀγάπης
χάρισαί μοι τῷ σῶ δούλῳ.

Ναί, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ
ὁρᾶν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν
τὸν ἀδελφόν μου.

Ὅτι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

ΑΝΑΓΝΩΣΤΗΣ

Κύριε, ἐλέησον. (ιβ')

Παναγία Τριάς, τὸ Ὁμοούσιον κράτος,
ἡ ἀδιαίρετος βασιλεία, ἡ πάντων τῶν
ἀγαθῶν αἰτία, εὐδόκησον δὴ καὶ ἐπ' ἐμοὶ
τῷ ἁμαρτωλῷ· στήριξον, συνέτισον τὴν
καρδίαν μου, καὶ παῖσαν περιέλε μου τὴν
βεβηλότητά· φώτισόν μου τὴν διάνοιαν, ἵνα
διὰ παντὸς δοξάζω, ὕμνῶ, προσκυνῶ καὶ
λέγω· Εἰς Ἅγιος, εἰς Κύριος, Ἰησοῦς Χριστός,
εἰς δόξαν Θεοῦ Πατρός. Ἀμήν.

Εἴη τὸ ὄνομα Κυρίου εὐλογημένον ἀπὸ
τοῦ νῦν καὶ ἕως τοῦ αἰῶνος. (ἐκ γ')

Ψαλμὸς ΛΓ' (33).

Εὐλογήσω τὸν Κύριον ἐν παντὶ
καιρῷ, διὰ παντὸς ἡ αἵνεσις αὐτοῦ ἐν τῷ
στόματί μου. Ἐν τῷ Κυρίῳ ἐπαινεθήσεται
ἡ ψυχὴ μου· ἀκουσάτωσαν πρᾶεῖς, καὶ
εὐφρανθήτωσαν. Μεγαλύνετε τὸν Κύριον
σὺν ἐμοί, καὶ ὑψώσωμεν τὸ ὄνομα αὐτοῦ
ἐπὶ τὸ αὐτό. Ἐξεζήτησα τὸν Κύριον, καὶ
ἐπήκουσέ μου, καὶ ἐκ πασῶν τῶν θλίψεων
μου ἐρρύσατό με. Προσέλθετε πρὸς αὐτὸν
καὶ φωτίσθητε, καὶ τὰ πρόσωπα ὑμῶν

Prayer of St. Ephraim

O Lord and Master of my life, do not
permit the spirit of laziness and meddling, the
lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit
of prudence, humility, patience and love.

Yes, Lord and King, give me the power
to see my own faults and not to judge my
brother.

For you are blessed unto the ages of ages.
Amen. [HC]

READER

Lord, have mercy. (12)

All-Holy Trinity, the consubstantial
dominion, the indivisible rule, and cause
of every good: be well pleased, even with
regard to me a sinner. Strengthen my heart
and grant it understanding, and take away
all my defilement. Illumine my mind, so that
I may ever glorify, praise, worship, and say:
One is Holy, One is Lord, Jesus Christ, to the
Glory of God the Father. Amen.

Blessed be the name of the Lord, from this
time forth and to the ages. (3)

Psalms 33 (34).

I will bless the Lord at all times; His
praise shall continually be in my mouth. My
soul shall be praised in the Lord; let the gentle
hear, and be glad. Oh, magnify the Lord with
me, and let us exalt His name together. I
sought the Lord, and He heard me; and He
delivered me from all my sojourning. Come
to Him, and be enlightened, and your face
shall never be ashamed. This poor man cried,
and the Lord heard him, and saved him from

οὐ μὴ καταισχυνηθῇ. Οὗτος ὁ πτωχὸς ἐκέκραξε καὶ ὁ Κύριος εἰσήκουσεν αὐτοῦ καὶ ἐκ πασῶν τῶν θλίψεων αὐτοῦ ἔσωσεν αὐτόν. Παρεμβαλεῖ ἄγγελος Κυρίου κύκλῳ τῶν φοβουμένων αὐτόν καὶ ῥύσεται αὐτούς. Γεύσασθε καὶ ἴδετε ὅτι χρηστός ὁ Κύριος· μακάριος ἀνὴρ, ὃς ἐλπίζει ἐπ' αὐτόν. Φοβήθητε τὸν Κύριον πάντες οἱ ἅγιοι αὐτοῦ, ὅτι οὐκ ἔστιν ὑστέρημα τοῖς φοβουμένοις αὐτόν. Πλούσιοι ἐπτώχευσαν καὶ ἐπέινασαν, οἱ δὲ ἐκζητοῦντες τὸν Κύριον οὐκ ἐλαττωθήσονται παντὸς ἀγαθοῦ. Δεῦτε, τέκνα, ἀκούσατέ μου· φόβον Κυρίου διδάξω ὑμᾶς. Τίς ἐστιν ἄνθρωπος ὁ θέλων ζωὴν, ἀγαπῶν ἡμέρας ἰδεῖν ἀγαθὰς; Παῦσον τὴν γλῶσσάν σου ἀπὸ κακοῦ καὶ χεῖλη σου τοῦ μὴ λαλῆσαι δόλον. Ἐκκλινον ἀπὸ κακοῦ καὶ ποιήσον ἀγαθόν, ζήτησον εἰρήνην καὶ δίωξον αὐτήν. Ὀφθαλμοὶ Κυρίου ἐπὶ δικαίους, καὶ ὅλα αὐτοῦ εἰς δέησιν αὐτῶν. Πρόσωπον δὲ Κυρίου ἐπὶ ποιοῦντας κακὰ τοῦ ἐξολοθρεῦσαι ἐκ γῆς τὸ μνημόσυνον αὐτῶν. Ἐκέκραξαν οἱ δίκαιοι, καὶ ὁ Κύριος εἰσήκουσεν αὐτῶν, καὶ ἐκ πασῶν τῶν θλίψεων αὐτῶν ἐρρύσατο αὐτούς. Ἐγγὺς Κύριος τοῖς συντετριμμένοις τὴν καρδίαν καὶ τοὺς ταπεινοὺς τῷ πνεύματι σώσει. Πολλὰ αἱ θλίψεις τῶν δικαίων, καὶ ἐκ πασῶν αὐτῶν ῥύσεται αὐτοὺς ὁ Κύριος· φυλάσσει Κύριος πάντα τὰ ὁστὰ αὐτῶν, ἐν ἑξ αὐτῶν οὐ συντριβήσεται. Θάνατος ἀμαρτωλῶν πονηρός, καὶ οἱ μισοῦντες τὸν δίκαιον πλημμελήσουσι. Λυτρώσεται Κύριος ψυχὰς δούλων αὐτοῦ, καὶ οὐ μὴ πλημμελήσουσι πάντες οἱ ἐλπίζοντες ἐπ' αὐτόν.

all his afflictions. The Angel of the Lord shall encamp around those who fear Him, and He will deliver them. Oh, taste and see that the Lord is good; blessed is the man who hopes in Him. Fear the Lord, you His saints, for there is no want for those who fear Him. Rich men turned poor and went hungry; but those who seek the Lord shall not lack any good thing. Come, you children, listen to me; I will teach you the fear of the Lord. Who is the man who desires life, who loves to see good days? Keep your tongue from evil, and your lips from speaking deceit. Shun evil and do good; seek peace and pursue it. The eyes of the Lord are upon the righteous, and His ears are open to their supplications. The Lord's face is against those who do evil, so as to destroy their remembrance from the earth. The righteous cried, and the Lord heard them; and He delivered them from all their afflictions. The Lord is near those who are brokenhearted, and He will save the humble in spirit. Many are the afflictions of the righteous, but He will deliver them from them all. The Lord shall guard all their bones; not one of them shall be broken. The death of sinners is evil, and those who hate the righteous shall go wrong. The Lord will redeem the souls of His servants, and all who hope in Him shall not go wrong.

Ψαλμὸς ΡΜΔ' (144).

Ὑψώσω σε, ὁ Θεὸς μου ὁ βασιλεὺς μου, καὶ εὐλογήσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Μέγας Κύριος καὶ αἰνετὸς σφόδρα, καὶ τῆς μεγαλωσύνης αὐτοῦ οὐκ ἔστι πέρας. Γενεὰ καὶ γενεὰ ἐπαινέσει τὰ ἔργα σου καὶ τὴν δύναμίν σου ἀπαγγελοῦσι. Τὴν μεγαλοπρέπειαν τῆς δόξης τῆς ἁγιωσύνης σου λαλήσουσι καὶ τὰ θαυμάσιά σου διηγῶνται. Καὶ τὴν δύναμιν τῶν φοβερῶν σου ἔροῦσι καὶ τὴν μεγαλωσύνην σου διηγῶνται. Μνήμην τοῦ πλήθους τῆς χρηστότητός σου ἐξερεῦξονται καὶ τῇ δικαιοσύνῃ σου ἀγαλλιάσονται. Οἰκτιρμῶν καὶ ἐλεήμων ὁ Κύριος, μακρόθυμος καὶ πολυέλεος. Χρηστὸς Κύριος τοῖς σύμπασι, καὶ οἱ οἰκτιρμοὶ αὐτοῦ ἐπὶ πάντα τὰ ἔργα αὐτοῦ. Ἐξομολογησάσθωσάν σοι, Κύριε, πάντα τὰ ἔργα σου, καὶ οἱ ὅσιοί σου εὐλογησάτωσάν σε. Δόξαν τῆς βασιλείας σου ἔροῦσι καὶ τὴν δυναστείαν σου λαλήσουσι τοῦ γνωρίσαι τοῖς υἱοῖς τῶν ἀνθρώπων τὴν δυναστείαν σου καὶ τὴν δόξαν τῆς μεγαλοπρεπείας τῆς βασιλείας σου. Ἡ βασιλεία σου βασιλεία πάντων τῶν αἰώνων, καὶ ἡ δεσποτεία σου ἐν πάσῃ γενεᾷ καὶ γενεᾷ. Πιστὸς Κύριος ἐν πᾶσι τοῖς λόγοις αὐτοῦ καὶ ὅσιος ἐν πᾶσι τοῖς ἔργοις αὐτοῦ. Ὑποστηρίζει Κύριος πάντας τοὺς καταπίπτοντας καὶ ἀνορθοῖ πάντας τοὺς κατερραγμένους. Οἱ ὀφθαλμοὶ πάντων εἰς σὲ ἐλπίζουν, καὶ σὺ δίδως τὴν τροφὴν αὐτῶν ἐν εὐκαιρίᾳ. Ἀνοίγεις σὺ τὰς χεῖράς σου καὶ ἐμπιπλᾷς πᾶν ζῶον εὐδοκίας. Δίκαιος Κύριος ἐν

Psalms 144 (145)

I shall exalt You, my God and my King, and I shall bless Your name forever and unto ages of ages. Every day I shall bless you and praise Your name forever and unto ages of ages. Great is the Lord and exceedingly praiseworthy, and His greatness has no limit. Generation and generation shall praise Your works, and they shall declare Your power. They shall speak of the magnificence of the glory of Your holiness, and they shall describe Your wonders. They shall also speak of the power of Your awesome deeds and describe Your great majesty. They shall overflow with the memory of Your rich goodness, and shall greatly rejoice in Your righteousness. The Lord is gracious and merciful, longsuffering and abundant in mercy. The Lord is good to all, and His mercies are upon all His works. O Lord, let all Your works praise You and Your holy ones bless You. They shall tell of Your kingdom's glory, and they shall speak of Your power, that all the sons of men may know Your power and the glory of Your kingdom's magnificence. Your kingdom is a kingdom of all the ages, and Your dominion is from generation to generation. The Lord is faithful in His words and holy in all His works. The Lord supports all who stumble and restores all who are broken down. All eyes hope in You, and You give them their food in due season. You open Your hand and fill every living thing with Your pleasure. The Lord is righteous in all His ways and holy in all His works. The Lord is near to all who call on Him, to all who call upon Him in truth. He shall do the will of those who fear Him, and He shall hear their supplications and save

πάσαις ταῖς ὁδοῖς αὐτοῦ καὶ ὅσιος ἐν
παῶσι τοῖς ἔργοις αὐτοῦ. Ἐγγὺς Κύριος
παῶσι τοῖς ἐπικαλουμένοις αὐτόν, παῶσι
τοῖς ἐπικαλουμένοις αὐτόν ἐν ἀληθείᾳ.
Θέλημα τῶν φοβουμένων αὐτόν ποιήσει
καὶ τῆς δεήσεως αὐτῶν εἰσακούσεται καὶ
σώσει αὐτούς. Φυλάσσει Κύριος πάντας
τοὺς ἀγαπῶντας αὐτόν καὶ πάντας τοὺς
ἀμαρτωλοὺς ἐξολοθρεύσει. Αἶνεσιν Κυρίου
λαλήσει τὸ στόμα μου· καὶ εὐλογεῖτω παῶσα
σὰρξ τὸ ὄνομα τὸ ἅγιον αὐτοῦ εἰς τὸν αἰῶνα
καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

ΑΝΑΓΝΩΣΤΗΣ

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.

Εὐλόγησον.

ΙΕΡΕΥΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,
ταῖς πρεσβείαις τῆς παναχράντου
καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,
προστασίαις τῶν τιμίων ἐπουρανίων
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου,
ἐνδόξου, προφήτου, Προδρόμου καὶ
βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων
καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν
οσίων καὶ θεοφόρων Πατέρων ἡμῶν· (τοῦ
Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων
Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ
πάντων τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι
ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ
σώσον ἡμᾶς.

(Ἀμήν.)

them. The Lord keeps all who love Him, but
all the sinners He shall utterly destroy. My
mouth shall speak the Lord's praise, and let
all flesh bless His holy name forever and unto
ages of ages.

READER

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Father, bless!

PRIEST

May Christ our true God, through
the intercessions of His all-pure and all-
immaculate holy Mother, the power of the
precious and life-giving Cross, the protection
of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, and of all
the saints, have mercy on us and save us, for
He is good and loves mankind.

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(Amen.)