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The Service of Matins

for Sunday, November 24, 2019

**Octoechos - Mode pl. 2.
on Sunday Morning**

Eothinon 1

**Menaion - November 21
Sunday after the Feast**

Katavasias of Christmas I

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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Ὁκτώηχος - Ἦχος πλ. β'.

Τῇ Κυριακῇ Πρωῖ

Μηναῖον - ΤΗΙ ΚΑ' ΝΟΕΜΒΡΙΟΥ

Κυριακὴ μετὰ τὴν Ἑορτήν

ΟΡΘΡΟΣ

ΧΟΡΟΣ

Ἦχος πλ. β'.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι
Κυρίου.

Στίχ. α'. Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

ἤ· Ἐξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός,
ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.

Στίχ. β'. Πάντα τὰ ἔθνη ἐκύκλωσάν με,
καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ'. Παρὰ Κυρίου ἐγένετο αὕτη καὶ
ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὁκτωήχου ---

Ἀπολυτίκιον Ἀναστάσιμον.

Ἦχος πλ. β'.

Ἀγγελικαὶ Δυνάμεις ἐπὶ τὸ μνήμά
σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν,
καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα
τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν
Ἄϊδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας
τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ
ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

Δόξα. **Τὸ αὐτό.**

Ἀγγελικαὶ Δυνάμεις ἐπὶ τὸ μνήμά
σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν,
καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα
τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν
Ἄϊδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας

Octoechos - Mode pl. 2.

On Sunday Morning

Menaion - November 21

Sunday after the Feast

MATINS

CHOIR

Mode pl. 2.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call
upon His name.

or: Give thanks to the Lord, for He is good; for
His mercy endures forever.

Verse 2: All the nations surrounded me, but
in the name of the Lord I defended myself against
them.

Verse 3: And this came about from the Lord,
and it is wonderful in our eyes.

From Octoechos ---

Resurrectional Apolytikion.

Mode pl. 2.

When the angelic powers appeared at
Your grave, the soldiers guarding it feared
and became as dead. And standing by the
sepulcher was Mary who was seeking Your
immaculate body. You devastated Hades, not
afflicted by it. You went to meet the virgin,
and granted eternal life. You resurrected from
the dead. O Lord, glory to You. [SD]

Glory. **Repeat.**

When the angelic powers appeared at
Your grave, the soldiers guarding it feared
and became as dead. And standing by the
sepulcher was Mary who was seeking Your
immaculate body. You devastated Hades, not
afflicted by it. You went to meet the virgin,

τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ
ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

Καὶ νῦν.

Ἀπολυτίκιον τῆς ἑορτῆς.

Τοῦ Μηναίου ---

Ἦχος δ'.

Σήμερον τῆς εὐδοκίας Θεοῦ τὸ
προοίμιον, καὶ τῆς τῶν ἀνθρώπων σωτηρίας
ἡ προκήρυξις. Ἐν Ναῷ τοῦ Θεοῦ τρανῶς
ἡ Παρθένος δείκνυται, καὶ τὸν Χριστὸν
τοῖς πᾶσι προκαταγγέλλεται. Αὐτῇ καὶ
ἡμεῖς μεγαλοφώνως βοήσωμεν· Χαῖρε τῆς
οἰκονομίας τοῦ Κτίστου ἡ ἐκπλήρωσις.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου
Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων.

(Ἀμήν.)

and granted eternal life. You resurrected from
the dead. O Lord, glory to You. [SD]

Both now.

Apolytikon of the Feast.

From Menaion ---

Mode 4.

Today is the prelude of God's good
pleasure, and the proclamation of humanity's
salvation. In the temple of God, the Virgin
is presented openly, and in herself she
announces Christ to all. Let us, then, with a
great voice cry aloud to her: "Rejoice, you are
the fulfillment of the Creator's dispensation."

[SD]

PRIEST

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is
the kingdom and the power and the glory,
of the Father and of the Son and of the Holy
Spirit, now and forever and to the ages of
ages.

(Amen.)

Τῆς Οκτωήχου ---

ΧΟΡΟΣ

Κάθισμα Α'.

Ἦχος πλ. β'.

Τοῦ τάφου ἀνεωγμένου, τοῦ Αἰδου
ὀδυρομένου, ἡ Μαρία ἐβόα πρὸς τοὺς
κεκρυμμένους Ἀποστόλους· Ἐξέλθετε οἱ
τοῦ ἀμπελῶνος ἐργάται, κηρύξατε τὸν
τῆς Ἀναστάσεως λόγον. Ἀνέστη ὁ Κύριος,
παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Δόξα.

Κύριε, παρίστατο τῷ τάφῳ σου
Μαρία ἡ Μαγδαληνή, καὶ ἔκλαιε βοῶσα·
καὶ κηπουρὸν σε νομίζουσα ἔλεγε·
Ποῦ ἔκρυψας τὴν αἰώνιον Ζωήν; ποῦ
ἔθηκας τὸν ἐπὶ θρόνου Χερουβίμ; οἱ γὰρ
τοῦτον φυλάσσοντες, ἀπὸ τοῦ φόβου
ἀπενεκρώθησαν, ἢ τὸν Κύριόν μου δότε μοι,
ἢ σὺν ἐμοὶ κραυγάσατε· ὁ ἐν νεκροῖς καὶ
τοὺς νεκροὺς ἀναστήσας δόξα σοι.

Τοῦ Μηναίου ---

Καὶ νῦν. **Τῆς Ἑορτῆς.**

Ἦχος α'. *Τὸν τάφον σου Σωτήρ.*

Δικαίων ὁ καρπός, Ἰωακεὶμ καὶ τῆς
Ἄννης, προσφέρεται Θεῷ, Ἰερῷ ἐν ἀγίῳ,
σαρκὶ νηπιάζουσα, ἢ τροφὸς τῆς ζωῆς
ἡμῶν, ἣν ὑλόγησεν, ὁ ἱερὸς Ζαχαρίας.
Ταύτην ἅπαντες, ὡς τοῦ Κυρίου Μητέρα,
πιστῶς μακαρίζωμεν.

Τῆς Οκτωήχου ---

Κάθισμα Β'.

Ἦχος πλ. β'.

Ἡ Ζωή, ἐν τῷ τάφῳ ἀνέκειτο, καὶ
σφραγὶς ἐν τῷ λίθῳ ἐπέκειτο, ὡς Βασιλέα
ύπνουντα, στρατιῶται ἐφύλαττον Χριστόν,
καὶ τοὺς ἐχθροὺς αὐτοῦ ἀορασίᾳ πατάξας,
ἀνέστη ὁ Κύριος.

From Octoechos ---

CHOIR

Kathisma I.

Mode pl. 2.

The sepulcher had been opened, and
Hades was lamenting, and Mary cried out to
the Apostles in hiding, "Come out, O laborers
of the vineyard, and preach the message of
the resurrection. The Lord has arisen and
granted the world His great mercy." [SD]

Glory.

Standing by Your sepulcher was Mary
Magdalene, O Lord, and she was weeping
loudly, and mistaking You for the gardener
said to You, "Where have you hidden
everlasting life? Where have you laid Him
who sits on a throne of Cherubim? Out of
fear, those who guarded Him became like
dead men. Either give my Lord to me or cry
aloud along with me. You were among the
dead and raised the dead. Glory to You." [SD]

From Menaion ---

Both now. **For the Feast.**

Mode 1. *The soldiers keeping watch.*

The feeder of our Life, now an infant in
body, * the offspring of the just Joachim and
Anna, * is offered to God today in the holy
Sanctuary. * She was blessed therein by the
priest Zacharias. * Therefore let us all, with
faith, proclaim she is blessed,* for she is the
Mother of the Lord. [SD]

From Octoechos ---

Kathisma II.

Mode pl. 2.

Life was laid in a tomb, and a seal was
laid on the stone. Soldiers were guarding
Christ like a king in his sleep. And stunning
His enemies, the Lord arose. [SD]

Δόξα.

Προΐστορεῖ ὁ Ἰωνᾶς τὸν τάφον σου, καὶ ἐρμηνεύει Συμεὼν τὴν Ἑγερσιν τὴν ἐνθεον, ἀθάνατε Κύριε· κατέβης γὰρ ὡσεὶ νεκρὸς ἐν τῷ τάφῳ, ὁ λύσας Ἄιδου τὰς πύλας, ἀνέστης δὲ ἄνευ φθορᾶς ὡς Δεσπότης, τοῦ κόσμου εἰς σωτηρίαν, Χριστέ ὁ Θεὸς ἡμῶν, φωτίσας τοὺς ἐν σκότει.

Τοῦ Μηναίου ---

Καὶ νῦν. **Τῆς Ἑορτῆς.**

Ἦχος δ'. Κατεπλάγη Ἰωσήφ.

Πρὸ συλλήψεως Ἀγνή, καθηγιασθης τῷ Θεῷ, καὶ τεχθεῖσα ἐπὶ γῆς, δῶρον προσήχθης νῦν αὐτῷ, ἀποπληροῦσα πατρώαν ἐπαγγελίαν. Τῷ θείῳ δὲ Ναῶ, ὡς θεῖος ὄντως ναός, ἐκ βρέφους καθαρῶς, μετὰ λαμπάδων φαιδρῶν, ἀποδοθεῖσα ὡφθης δοχεῖον, τοῦ ἀπροσίτου καὶ θείου Φωτός. Μεγάλη ὄντως, ἡ πρόοδος σου, μόνῃ Θεόνυμφε καὶ ἀειπάρθενε.

Εὐλογητάρια Ἀναστάσιμα.

Ἦχος πλ. α'.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Τῶν Ἀγγέλων ὁ δῆμος, κατεπλάγη ὁρῶν σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου δὲ Σωτῆρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν ἑαυτῷ τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἄιδου πάντας ἐλευθερώσαντα.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν, ὦ Μαθήτριάκι κινῶνται; ὁ ἀστράπτων ἐν τῷ τάφῳ Ἄγγελος, προσεφθέγγετο ταῖς Μυροφόροις· Ἴδετε ὑμεῖς τὸν τάφον

Glory.

Jonah foretokens Your sepulcher, and Symeon elucidates Your divine resurrection, immortal Lord. You went down into the tomb as a dead man, destroying the gates of Hades. And You rose without corruption, as Master, for the salvation of the world, O Christ our God, giving light to those in darkness. [SD]

From Menaion ---

Both now. **For the Feast.**

Mode 4. Joseph marveled.

Consecrated unto God * were you before you were conceived; * being born on earth, to Him * you now are offered as a gift, * O pure one, filling the promise made by your parents. * In purity returned unto the Temple divine * from infancy with lamps brightly shining, in truth * you were a temple divine and a vessel * of the divine unapproachable Light. * How truly great is your sacred entrance, * O only ever-virgin Bride of God. [SD]

Resurrectional Evlogetaria.

Mode pl. 1.

Blessed are You, O Lord, teach me Your statutes.

When the hosts of the Angels saw how You were accounted among the dead, they all marveled. You, O Savior, are the One who destroyed the might of death; and when You arose You raised Adam with yourself and from Hades liberated everyone. [SD]

Blessed are You, O Lord, teach me Your statutes.

"Why do you mingle the ointments with your tears full of pity, O women disciples?" Thus the Angel who was shining in the tomb cried to the myrrh-bearing women. "See for yourselves the empty tomb and understand,

καὶ ἦσθητε· ὁ Σωτὴρ γὰρ ἐξανέστη τοῦ μνήματος.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Λίαν πρωῒ, Μυροφόροι ἔδραμον, πρὸς τὸ μνήμά σου θρηνηολογοῦσαι· ἀλλ' ἐπέστη, πρὸς αὐτὰς ὁ Ἄγγελος, καὶ εἶπε· θρήνου ὁ καιρὸς πέπαυται, μὴ κλαίετε, τὴν Ἀνάστασιν δέ, Ἀποστόλοις εἶπατε.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Μυροφόροι γυναῖκες, μετὰ μύρων ἐλθοῦσαι, πρὸς τὸ μνήμά σου, Σῶτερ ἐνηχοῦντο. Ἀγγέλου τρανῶς, πρὸς αὐτὰς φθεγγομένου· Τί μετὰ νεκρῶν, τὸν ζῶντα λογίζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ μνήματος.

Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου Υἱόν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν Τριάδα, ἐν μιᾷ τῇ οὐσίᾳ, σὺν τοῖς Σεραφεῖμ, κράζοντες τό· Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθένε, τὸν Ἀδὰμ ἁμαρτίας, χαρμονὴν δὲ τῇ Εὐᾷ, ἀντὶ λύπης παρέσχες, ῥεύσαντα ζωῆς, ἴθυνε πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθεὶς Θεὸς καὶ ἄνθρωπος.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.
Δόξα σοι, ὁ Θεός. (ἐκ γ')

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

that the Savior has risen from the sepulcher."

[SD]

Blessed are You, O Lord, teach me Your statutes.

Very early in the morning, the myrrh-bearing women were hastening to Your tomb lamenting. But the Angel appeared to them and uttered, "The time for lamentation has ended; weep no more. Go announce the Resurrection to the Apostles." [SD]

Blessed are You, O Lord, teach me Your statutes.

When the myrrh-bearing women had come with their spices to Your sepulcher, O Savior, they heard the voice of an Angel clearly speaking to them, "Why do you account among the dead the One who lives? For as God, He has risen from the sepulcher."

[SD]

Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord. [SD]

Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it. [SD]

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

DEACON

Again and again, in peace, let us pray to the Lord.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι ἡυλόγηταί σου τὸ ὄνομα, καὶ
δεδοξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ
τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ
ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου ---

Ὑπακοή. Ὑχος πλ. β'.

Τῷ ἐκουσίῳ καὶ ζωοποιῷ σου θανάτῳ
Χριστέ, πύλας τοῦ Αἵδου συντρίψας ὡς
Θεός, ἡνοιξας ἡμῖν τὸν πάλαι Παράδεισον,
καὶ ἀναστὰς ἐκ τῶν νεκρῶν, ἐρρύσω ἐκ
φθορᾶς τὴν ζωὴν ἡμῶν.

ΧΟΡΟΣ

Οἱ Ἀναβαθμοί.

Ἀντίφωνον Α'. Ὑχος πλ. β'.

Ἐν τῷ οὐρανῷ τοὺς ὀφθαλμούς μου
αἶρω, πρὸς σὲ Λόγε, οἰκτειρόν με, ἵνα ζῶ
σοι.

Ἐλέησον ἡμᾶς τοὺς ἐξουθενουμένους,
καταρτίζων εὐχρηστα, σκεύη σου Λόγε.

Δόξα· καὶ νῦν.

Ἁγίῳ Πνεύματι, πανσωστικῇ αἰτία,
εἴ τιτι τούτων κατ' ἀξίαν πνεύσει, τάχει

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For blessed is your name, and glorified is
your kingdom, of the Father and the Son and
the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

READER

From Octoechos ---

Hypakoe. Mode pl. 2.

By your voluntary, life-giving death, O
Christ, You smashed the gates of Hades as
God, and opened to us the ancient Garden
of Paradise. And rising from the dead, You
delivered our life from corruption. [SD]

CHOIR

Anavathmoi.

Antiphon I. Mode pl. 2.

I direct my eyes to You in heaven, O
Logos. Show me mercy, so that I may live in
You. [SD]

Have mercy on us who sustain derision;
and make us Your useful vessels, O Logos. [SD]

Glory. Both now.

In the Holy Spirit is the cause of universal
salvation. When He blows on someone as
befits His nature, He quickly uplifts him from

ἐξαίρει τῶν τῆς γῆς, πτεροῖ, αὖξει, τάττει
ἄνω.

Ἀντίφωνον Β'.

Εἰ μὴ ὅτι Κύριος ἦν ἐν ἡμῖν, οὐδεὶς ἡμῶν
ἀντισχεῖν ἠδύνατο, ἐχθροῦ πάλαισμα· οἱ
νικῶντες γὰρ ἔνθεν ὑψοῦνται.

Τοῖς ὁδοῦσιν αὐτῶν, μή μου ληφθῆτω ἡ
ψυχή, ὡς στρουθίον Λόγε, οἶμοι! πῶς μέλλω
τῶν ἐχθρῶν ῥυσθῆναι, φιλαμαρτήμων
ὑπάρχων.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, ἐνθέωσις τοῖς πᾶσιν,
εὐδοκία, σύνεσις, εἰρήνη καὶ ἡ εὐλογία·
ἰσουργόν γὰρ τῷ Πατρὶ ἐστι καὶ Λόγῳ.

Ἀντίφωνον Γ'.

Οἱ πεποιθότες ἐπὶ Κύριον ἐχθροῖς
φοβεροί, καὶ πᾶσι θαυμαστικοί· ἄνω γὰρ
ὁρῶσιν.

Ἐν ἀνομίαις χειρὸς αὐτῶν, ὁ τῶν
δικαίων κληρὸς, ἐπικουρόν σε ἔχων, Σῶτερ
οὐκ ἐκτείνει.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, τὸ κράτος ἐπὶ πάντων,
ὅπερ αἱ ἄνω στρατηγίαι προσκυνοῦσι, σὺν
πάσῃ πνοῇ τῶν κάτω.

Προκείμενον.

Κύριε, ἐξέγειρον τὴν δυναστείαν σου,
καὶ ἐλθὲ εἰς τὸ σῶσαι ἡμᾶς. (δίς)

Στίχ. Ὁ ποιμαίνων τὸν Ἰσραὴλ, πρόσχε.

Κύριε, ἐξέγειρον τὴν δυναστείαν σου,
καὶ ἐλθὲ εἰς τὸ σῶσαι ἡμᾶς.

the mundane, gives him wings, augments
him, ranges him on high. [SD]

Antiphon II.

If the Lord were not among us, none of
us could have withstood a single battle with
the foe. They who are victorious are herefrom
exalted. [SD]

Let not my soul be caught like a sparrow
in their teeth, O Logos. Woe is me! How shall
I be delivered from the enemy, enamored
with sin as I am? [SD]

Glory. Both now.

In the Holy Spirit is theosis, good
pleasure, understanding, peace and blessing
for all men. He has the same energies as the
Father and the Logos. [SD]

Antiphon III.

They whose confidence is in the Lord are
fearsome to foes and marveled by all, for they
look up to heaven. [SD]

Having You as helper, the portion of the
righteous does not stretch forth its hands in
unlawful acts, O Savior. [SD]

Glory. Both now.

In the Holy Spirit is universal dominion,
which the armies above worship, as does
everything that has breath below. [SD]

Prokeimenon.

O Lord, raise up Your power, and come
for our salvation. (2)

Verse: Give heed, O You who shepherd
Israel.

O Lord, raise up Your power, and come
for our salvation. [SAAS]

ΑΝΑΓΝΩΣΤΗΣ

Τοῦ Μηναίου ---

Κοντάκιον τῆς Ἑορτῆς.

Ἦχος δ΄. Ὁ ὑψωθείς ἐν τῷ Σταυρῷ.

Ὁ καθαρῶτατος ναὸς τοῦ Σωτῆρος,
ἡ πολυτίμητος παστὰς καὶ Παρθένος, τὸ
ἱερὸν θησαύρισμα τῆς δόξης τοῦ Θεοῦ,
σήμερον εἰσάγεται, ἐν τῷ οἴκῳ Κυρίου,
τὴν χάριν συνεισάγουσα, τὴν ἐν Πνεύματι
Θείῳ· ἣν ἀνυμνοῦσιν Ἄγγελοι Θεοῦ· Αὕτη
ὑπάρχει σκηνὴ ἐπουράνιος.

Τῆς Ὀκτωήχου ---

Κοντάκιον Ἀναστάσιμον.

Τῇ ζωαρχικῇ παλάμῃ τοὺς τεθνεῶτας,
ἐκ τῶν ζοφερῶν κευθμώνων ὁ Ζωοδότης,
ἀναστήσας ἅπαντας Χριστὸς ὁ Θεός,
τὴν ἀνάστασιν ἐβράβευσε, τῷ βροτείῳ
φυράματι· ὑπάρχει γὰρ πάντων Σωτὴρ,
ἀνάστασις καὶ ζωὴ, καὶ Θεὸς τοῦ παντός.

Ὁ Οἶκος.

Τὸν Σταυρὸν καὶ τὴν Ταφὴν σου
Ζωοδότα, ἀνυμνοῦμεν οἱ πιστοὶ καὶ
προσκυνοῦμεν, ὅτι τὸν Ἄϊδην ἔδησας
Ἀθάνατε, ὡς Θεὸς παντοδύναμος, καὶ
νεκροὺς συνανέστησας, καὶ πύλας
τοῦ Ἄϊδου συνέτριψας, καὶ κράτος τοῦ
θανάτου καθεῖλες ὡς Θεός. Διὸ οἱ γηγενεῖς
δοξολογοῦμέν σε πόθω τὸν ἀναστάντα,
καὶ καθελόντα ἐχθροῦ τὸ κράτος τοῦ
πανώλους, καὶ πάντας ἀναστήσαντα
τοὺς ἐπὶ σοὶ πιστεύσαντας, καὶ κόσμον
λυτρώσαντον ἐκ τῶν βελῶν τοῦ ὄφεως,
καὶ ὡς μόνον δυνατόν, ἐκ τῆς πλάνης
τοῦ ἐχθροῦ λυτρώσαντον ἡμᾶς· ὅθεν
ἀνυμνοῦμεν εὐσεβῶς τὴν Ἀνάστασίν σου,
δι' ἧς ἔσωσας ἡμᾶς, ὡς Θεὸς τοῦ παντός.

READER

From Menaion ---

Kontakion of the Feast.

Mode 4. *You who were lifted.*

The Savior's most pure and immaculate
temple, the very precious bridal chamber and
Virgin, who is the sacred treasure of the glory
of God, on this day is introduced into the
House of the Lord, and with herself she brings
the grace in the divine Spirit. She is extolled
by the Angels of God. A heavenly tabernacle
is she. [SD]

From Octoechos ---

Resurrectional Kontakion.

When the Life-bestower Christ God had
resurrected with His vivifying hand, from the
dismal caverns, all the dead from eternity, He
freely bestowed resurrection on the substance
of our mortal humanity. For He is the Savior
of all, resurrection and life, and the God of all
things. [SD]

Oikos.

Your cross and tomb, O Life-giver, we
believers worship and sing praise, for Hell,
O You who live forever, as almighty God
You have belayed. The gates of Hell You
tore to shreds, and as God, the might of
death have razed. So, avidly we earthborn
praise in doxology the One now raised, who
destroyed the deadly power of our foe. You
have resurrected everyone -- all those who
believe in You; You have rescued the world
from the serpent's fangs, and have snatched
us from allure to the hostile one -- as alone
You had ability to do. Hence we piously sing
the praises of Your rising, by which You
saved us, as the God of all things. [GKD]

Συναξάριον.

Τοῦ Μηναιίου.

Τῇ ΚΔ' τοῦ αὐτοῦ μηνὸς μνήμη τοῦ ἐν
ἀγίοις Πατρὸς ἡμῶν Κλήμεντος, Ἐπισκόπου
Ῥώμης.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τοῦ ἁγίου
Ἱερομάρτυρος Πέτρου, Ἐπισκόπου
Ἀλεξανδρείας.

Τῇ αὐτῇ ἡμέρᾳ ὁ ἅγιος Μάλχος ἐν
εἰρήνῃ τελειοῦται.

Τῇ αὐτῇ ἡμέρᾳ ὁ ὁσιος Καρίων ἐν εἰρήνῃ
τελειοῦται.

Τῇ αὐτῇ ἡμέρᾳ ὁ ἅγιος Ἑρμογένης,
Ἐπίσκοπος Ἀκραγαντίνων, ἐν εἰρήνῃ
τελειοῦται.

Τῇ αὐτῇ ἡμέρᾳ οἱ ἅγιοι Φιλούμενος καὶ
Χριστοφόρος ξίφει τελειοῦνται.

Τῇ αὐτῇ ἡμέρᾳ ὁ ἅγιος Εὐγένιος, ἐν
ὁπῇ τείχους βληθεὶς, τῆς εἰσόδου πηλῷ
ἀναφραγείσης, τελειοῦται.

Τῇ αὐτῇ ἡμέρᾳ οἱ ἅγιοι Προκόπιος καὶ
Χριστοφόρος ξίφει τελειοῦνται.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τοῦ ἁγίου
Μάρτυρος Ἀλεξάνδρου τοῦ ἐν Κορίνθῳ καὶ
τοῦ ὁσίου Πατρὸς ἡμῶν Γρηγορίου τοῦ ἐν
τῇ Χρυσῇ Πέτρᾳ ἀσκήσαντος, ὃς ὥρμητο
ἐκ τῶν τῆς Ἀνατολῆς μερῶν, καὶ ἐλθὼν
κατώκησεν ἐν τῇ ῥηθείᾳ Πέτρᾳ.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τοῦ ἁγίου
Μάρτυρος Θεοδώρου τοῦ ἐν Ἀντιοχείᾳ.

Μνήμη τοῦ ἁγίου Μάρτυρος
Χρυσογόνου καὶ τοῦ ὁσίου Μάρκου τοῦ
Τριγλινῶ.

Synaxarion.

From the Menaion.

On November 24, we commemorate our
father among the saints Clement, Bishop of
Rome.

On this day we also commemorate the
holy Hieromartyr Peter, Bishop of Alexandria.

On this day Saint Malchus died in peace.

On this day devout Saint Carion died in
peace.

On this day Saint Hermogenes, Bishop of
Agrigentum, died in peace.

On this day Saints Philumenos and
Christopher died by the sword.

On this day Saint Eugene died when he
was put in a hole in the wall which was then
sealed with plaster.

On this day Saints Prokopios and
Christopher died by the sword.

On this day we also commemorate the
holy Martyr Alexander of Corinth; and also
our devout father Gregory who lived as an
ascetic in Golden Rock, who was originally
from the East and then came and lived in
Golden Rock.

On this day we also commemorate the
holy Martyr Theodore of Antioch.

We also commemorate the holy Martyr
Chrysogonos and devout Saint Mark of
Triglia.

Ταῖς αὐτῶν ἀγίαις πρεσβείαις, ὁ Θεός,
ἐλέησον ἡμᾶς. Ἀμήν.

ΧΟΡΟΣ

Καταβασίαι τῆς Χριστοῦ Γεννήσεως Α'
Ὦδὴ α'. Ἦχος α'.

Χριστὸς γεννᾶται, δοξάσατε, Χριστὸς
ἐξ οὐρανῶν, ἀπαντήσατε, Χριστὸς ἐπὶ
γῆς, ὑψώθητε, ἄσατε τῷ Κυρίῳ πᾶσα ἡ γῆ,
καὶ ἐν εὐφροσύνῃ, ἀνυμνήσατε λαοί, ὅτι
δεδόξασται.

Ὦδὴ γ'.

Τῷ πρὸ τῶν αἰώνων, ἐκ Πατρὸς
γεννηθέντι ἀρρόευστως Υἱῷ, καὶ ἐπ' ἐσχάτων
ἐκ Παρθένου, σαρκωθέντι ἀσπόρως, Χριστῷ
τῷ Θεῷ βοήσωμεν· Ὁ ἀνυψώσας τὸ κέρας
ἡμῶν, Ἅγιος εἰ Κύριε.

Ὦδὴ δ'.

Ράβδος ἐκ τῆς ρίζης Ἰεσσαί, καὶ
ἄνθος ἐξ αὐτῆς Χριστέ, ἐκ τῆς Παρθένου
ἀνεβλάστησας, ἐξ ὄρους ὁ αἰνετός,
κατασκίου δασέος, ἦλθες σαρκωθείς ἐξ
ἀπειράνδρου, ὁ ἄυλος καὶ Θεός, Δόξα τῇ
δυνάμει σου, Κύριε.

Ὦδὴ ε'.

Θεὸς ὢν εἰρήνης, Πατὴρ οἰκτιρῶν,
τῆς μεγάλης Βουλῆς σου τὸν Ἄγγελον,
εἰρήνην παρεχόμενον, ἀπέστειλας ἡμῖν·
ὅθεν θεογνωσίας, πρὸς φῶς ὁδηγηθέντες,
ἐκ νυκτὸς ὀρθρίζοντες, δοξολογοῦμέν σε,
Φιλάνθρωπε.

By their holy intercessions, O God, have
mercy on us. Amen.

CHOIR

Katavasias of Christmas I
Ode i. Mode 1.

Christ is born; glorify Him! * Christ is
come from heaven; go and meet Him. * Christ
is on earth; arise to Him. * Sing to the Lord, all
you who dwell on the earth; * and in merry
spirits, O you peoples, praise His birth. * For
He is glorified. [SD]

Ode iii.

To the Son, begotten * without flux, of the
Father, before the ages, * and who was lately
made incarnate * of the Virgin without seed;
* to Christ God now let us cry aloud: * You
have exalted the horn of our strength. Only
You are holy, O Lord. [SD]

Ode iv.

Jesse's root produced a branch, O Christ, *
and You its flower blossomed forth, * from the
Virgin who by Habakkuk prophetically once
was called * overshadowed, dense mountain.
* From her who knew not man You came
incarnate, * the immaterial God. * Glory to
Your power, O Lord. [SD]

Ode v.

God of peace and Father of mercies,
Your Son * You have sent unto us as Your
messenger, * the Angel of great counsel who
is granting peace. * Therefore having been
guided to the light of godly knowledge, *
waking from the night to dawn, we sing Your
glory, O Lover of man. [SD]

Ὡδὴ Γ'.

Σπλάγχχνων Ἰωνᾶν, ἔμβρυον ἀπήμεσεν,
ἐνάλιος θήρ, οἷον ἐδέξατο, τῇ Παρθένῳ
δέ, ἐνοικήσας ὁ Λόγος καὶ σάρκα λαβών,
διελήλυθε φυλάξας ἀδιάφθορον· ἥς
γάρ, οὐχ ὑπέστη ρεύσεως, τὴν τεκοῦσαν,
κατέσχευ ἀπῆμαντον.

Ὡδὴ Δ'.

Οἱ Παῖδες εὐσεβεῖα συντραφέντες,
δυσσεβοῦς προστάγματος
καταφρονήσαντες, πυρὸς ἀπειλὴν οὐκ
ἐπτοήθησαν, ἀλλ' ἐν μέσῳ τῆς φλογὸς
ἐστῶτες ἔψαλλον, ὁ τῶν Πατέρων Θεὸς
εὐλογητὸς εἶ.

Ὡδὴ Ε'.

*Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν
τὸν Κύριον.*

Θαύματος ὑπερφυοῦς ἡ δροσοβόλος,
ἐξεικόνισε κάμιнос τύπον· οὐ γὰρ οὐς
ἐδέξατο φλέγει Νέους, ὥς οὐδὲ πῦρ τῆς
Θεότητος, Παρθένου ἦν ὑπέδυ νηδύν· διὸ
ἀνυμνοῦντες ἀναμέλψωμεν· Εὐλογεῖτω ἡ
Κτίσις πᾶσα τὸν Κύριον, καὶ ὑπερυψούτω
εἰς πάντας τοὺς αἰῶνας.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Ὅτι Ἅγιος εἶ ὁ Θεὸς ἡμῶν, καὶ ἐν
Ἁγίοις ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν
ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

Ode vi.

Such as it received * Jonah as an embryo,
the sea beast disgorged him from its bowels
intact. * With the Virgin, though, when the
Logos had dwelt in her taking on flesh, *
He came forth from her preserving her yet
incorrupt. * For from her no fluxion suffered
He, * and He kept her unaltered in childbirth.

[SD]

Ode vii.

The Servants nurtured piously together,
* with contempt regarding the impious
king's decree, * intrepidly faced the threat of
holocaust, * and while standing in the midst
of flames they chanted thus, * saying: O God
of the fathers, You are blessed. [SD]

Ode viii.

*We praise and we bless and we worship the
Lord.*

Babylon's bedewing furnace bore the
image * of an extraordinary wonder. * For
it did not burn the youths it accepted, *
nor did the fire of Divinity consume the
Virgin's womb wherein it went. * So let us
melodiously chant in praise: * Let all creation
bless and extol the Lord, * and let it exalt Him
supremely to the ages. [SD]

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

For you are holy, our God, who rest
among the Saints, and to you we give glory,
to the Father and the Son and the Holy Spirit,
now and forever and to the ages of ages.

ΧΟΡΟΣ

Αμήν.

Ἦχος β'.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς)
Αἰνεσάτω πνοὴ πᾶσα τὸν Κύριον.

ΔΙΑΚΟΝΟΣ

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς
ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον
τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

ΔΙΑΚΟΝΟΣ

Σοφία. Ὅρθοί. Ακούσωμεν τοῦ ἁγίου
Εὐαγγελίου.

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Ματθαῖον ἁγίου
Εὐαγγελίου τὸ ἀνάγνωσμα.

ΔΙΑΚΟΝΟΣ

Πρόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΙΕΡΕΥΣ (ἀπὸ τῆς ἁγίας τραπέζης)

Ἑωθινὸν Α'
Ματθαῖον ΚΗ' 16-20

Τῷ καιρῷ ἐκείνῳ, οἱ ἑνδεκα μαθηταὶ
ἐπορεύθησαν εἰς τὴν Γαλιλαίαν, εἰς τὸ
Ὅρος, οὗ ἐτάξατο αὐτοῖς ὁ Ἰησοῦς. Καὶ
ιδόντες αὐτόν, προσεκύνησαν αὐτῷ· οἱ
δὲ ἐδίστασαν. Καὶ προσελθὼν ὁ Ἰησοῦς,
ἐλάλησεν αὐτοῖς, λέγων· Ἐδόθη μοι
πᾶσα ἐξουσία ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς.
Πορευθέντες οὖν, μαθητεύσατε πάντα τὰ
ἔθνη, βαπτίζοντες αὐτοὺς εἰς τὸ ὄνομα
τοῦ Πατρὸς, καὶ τοῦ Υἱοῦ, καὶ τοῦ Ἁγίου

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the
Lord. (2) Let everything that breathes praise
the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we
may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

DEACON

Wisdom. Arise. Let us hear the Holy
Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

PRIEST

The reading is from the Holy Gospel
according to Matthew.

DEACON

Let us be attentive.

(Glory to You, O Lord, glory to You.)

PRIEST (from the altar table)

Eothinon 1
Matthew. 28:16-20

At that time, the eleven disciples went
to Galilee, to the mountain to which Jesus
had directed them. And when they saw Him
they worshiped Him; but some doubted. And
Jesus came and said to them, "All authority
in heaven and on earth has been given to Me.
Go therefore and make disciples of all nations,
baptizing them in the name of the Father and
the Son and the Holy Spirit, teaching them to
observe all that I have commanded you; and

Πνεύματος· διδάσκοντες αὐτοὺς τηρεῖν
πάντα ὅσα ἐνετειλάμην ὑμῖν. Καὶ ἰδοὺ, ἐγὼ
μεθ' ὑμῶν εἰμι πάσας τὰς ἡμέρας, ἕως τῆς
συντελείας τοῦ αἰῶνος. Ἀμήν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΑΝΑΓΝΩΣΤΗΣ

Ἀνάστασιν Χριστοῦ θεασάμενοι,
προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν,
τὸν μόνον ἀναμάρτητον. Τὸν Σταυρόν
σου, Χριστέ, προσκυνοῦμεν καὶ τὴν ἀγίαν
σου ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν·
σὺ γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον
οὐκ οἶδαμεν, τὸ ὄνομά σου ὀνομάζομεν.
Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν
τὴν τοῦ Χριστοῦ ἀγίαν ἀνάστασιν· ἰδοὺ
γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὅλῳ
τῷ κόσμῳ. Διὰ παντὸς εὐλογοῦντες τὸν
Κύριον, ὑμνοῦμεν τὴν ἀνάστασιν αὐτοῦ·
Σταυρὸν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτῳ
θάνατον ὤλεσεν.

ΧΟΡΟΣ

Ψαλμὸς Ν' (50).

Ἦχος β'. (ἡ τῆς ἐβδομάδος.)

[Ελεῆμων,] Ἐλέησόν με, ὁ Θεός, κατὰ
τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν
οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας
μου καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν
με.

Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ
ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διαπαντός.

Σοὶ μόνῳ ἥμαρτον καὶ τὸ πονηρὸν
ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς
ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ
κρίνεσθαί σε.

lo, I am with you always, to the close of the
age. Amen." [RSV]

(Glory to You, O Lord, glory to You.)

READER

Having beheld the Resurrection of
Christ, let us worship the holy Lord Jesus,
the only sinless one. Your Cross, O Christ,
we venerate, and Your holy Resurrection we
praise and glorify. For You are our God; apart
from You we know no other; we call upon
Your name. Come, all faithful, let us venerate
the holy Resurrection of Christ; for behold,
through the Cross, joy has come to the whole
world. Ever blessing the Lord, let us praise
His Resurrection; for having endured the
Cross for us, He destroyed death by death.

[GOA]

CHOIR

Psalm 50 (51).

Mode 2. (or the Mode of the week)

[Merciful,] Have mercy on me, O God,
according to Your great mercy; and according
to the abundance of Your compassion, blot
out my transgression.

Wash me thoroughly from my
lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is
always before me.

Against You only have I sinned and done
evil in Your sight; that You may be justified
in Your words, and overcome when You are
judged.

Ἰδοὺ γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἀμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

Ἰδοὺ γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

Ῥαντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην, ἀγαλλιάσονται ὅστέα τεταπεινωμένα.

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἀμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον.

Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου.

Μὴ ἀπορρίψης με ἀπὸ τοῦ προσώπου σου καὶ τὸ πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλης ἀπ' ἐμοῦ.

Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με.

Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

Ῥῦσαί με ἐξ αἱμάτων, ὁ Θεὸς ὁ Θεὸς τῆς σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου.

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἰνέσιν σου.

Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν' ὀλοκαυτώματα οὐκ εὐδοκήσεις.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.

Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my mouth will declare Your praise.

For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον,
καρδίαν συντετριμμένην καὶ
τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει.

Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου
τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τεῖχη
Ιερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης,
ἀναφορὰν καὶ ὁλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν
σου μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Δόξα.

Ταῖς τῶν Ἀποστόλων πρεσβείαις,
Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν
ἐγκλημάτων.

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου πρεσβείαις,
Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν
ἐγκλημάτων.

Στίχ. Ἐλέησόν με, ὁ Θεός, κατὰ τὸ
μέγα ἔλεός σου, καὶ κατὰ τὸ πλήθος τῶν
οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἀναστὰς ὁ Ἰησοῦς ἀπὸ τοῦ τάφου,
καθὼς προεῖπεν, ἔδωκεν ἡμῖν τὴν αἰώνιον
ζωὴν, καὶ μέγα ἔλεος.

ΔΙΑΚΟΝΟΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ
εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι
τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς·
ὑψῶσον κέρας Χριστιανῶν ὀρθοδόξων
καὶ κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ
πλούσια· πρεσβείαις τῆς παναχράντου
Δεσποίνης ἡμῶν Θεοτόκου καὶ
ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου
καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν
τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων,

A sacrifice to God is a broken spirit, a
broken and humbled heart God will not
despise.

Do good, O Lord, in Your good pleasure
to Zion, and let the walls of Jerusalem be
built.

Then You will be pleased with a sacrifice
of righteousness, with offerings and whole
burnt offerings.

Then shall they offer young bulls on Your
altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O
Lord of mercy, blot out my many offences. [SD]

Both now.

At the intercession of the Theotokos, O
Lord of mercy, blot out my many offences. [SD]

Verse: Have mercy on me, O God, according
to Your great mercy; and according to the
abundance of Your compassion, blot out my
transgression.

Jesus, having risen from the grave as He
foretold, has granted us eternal life and great
mercy. [SD]

DEACON

O God, save your people and bless
your inheritance. Look upon your world
with mercy and compassion. Raise the
Orthodox Christians in glory, and send
down upon us your rich mercies, through
the intercessions of our most pure Lady
the Theotokos and ever-Virgin Mary, the
power of the precious and life giving Cross,
the protection of the honorable, bodiless
Powers of heaven, the supplications of

ίκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου Προδρομοῦ καὶ Βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Ἀποστόλων, τῶν ἐν ἁγίοις Πατέρων ἡμῶν μεγάλων Ἱεραρχῶν καὶ οἰκουμενικῶν Διδασκάλων, Βασιλείου τοῦ Μεγάλου, Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ Χρυσοστόμου, Ἀθανασίου, Κυρίλλου καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν Ἀλεξανδρίας· Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος, Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων Χαράλαμπος καὶ Ἐλευθερίου, τῆς ἁγίας ἐνδόξου Μεγαλομάρτυρος καὶ πανευφήμου Εὐφημίας· τῶν ἁγίων ἐνδόξων Μαρτύρων Θέκλας, Βαρβάρας, Ἀναστασίας, Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευῆς καὶ Εἰρήνης· τῶν ὁσίων καὶ Θεοφόρων Πατέρων ἡμῶν· (τοῦ Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ πάντων σου τῶν Ἁγίων. Ἰκετεύομέν σε, μόνη πολυέλεε Κύριε, ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν δεομένων σου καὶ ἐλέησον ἡμᾶς.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιλανθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

ΧΟΡΟΣ

Ὡδὴ θ'.

Μεγαλυνάριον. Ἦχος α'.

Στίχ. Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον,
καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ
σωτήρῳ μου.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεὶμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν
τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν
μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεὶμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ
Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ τὸ
ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς
φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεὶμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ,
διεσκόρπισεν ὑπερηφάνους διανοίᾳ καρδίας
αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεὶμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

CHOIR

Ode ix.

Megalynarion. Mode 1.

Verse: My soul magnifies the Lord, and my
spirit has rejoiced in God my Savior. [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: For He has regarded the lowly state
of His maidservant; for behold, henceforth all
generations will call me blessed. [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: For He who is mighty has done great
things for me, and holy is His name. And His
mercy is on those who fear Him from generation to
generation. [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: He has shown strength with His arm;
He has scattered the proud in the imagination of
their hearts. [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων,
καὶ ὑψωσε ταπεινούς, πεινῶντας ἐνέπλησεν
ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε
κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ,
μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς
Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι
αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ὠδὴ θ'. Καταβασία. Ἦχος α'.

Μεγάλυνον ψυχὴ μου, τὴν τιμιωτέραν
καὶ ἐνδοξοτέραν, τῶν ἄνω στρατευμάτων.

Μυστήριον ξένον, ὁρῶ καὶ παράδοξον!
οὐρανὸν τὸ Σπήλαιον, θρόνον Χερουβικόν,
τὴν Παρθένον, τὴν φάτνην χωρίον, ἐν ᾧ
ἀνεκλήθη ὁ ἀχώρητος, Χριστὸς ὁ Θεός, ὃν
ἀνυμνοῦντες μεγαλύνομεν.

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης

Verse: *He has put down the mighty from
their thrones, and exalted the lowly. He has filled
the hungry with good things, and the rich He has
sent away empty.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: *He has helped His servant Israel, in
remembrance of His mercy, as He spoke to our
fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Ode ix. Katavasia. Mode 1.

*O my soul, magnify her who is greater in
honor and in glory than the armies of heaven.*

I see here a strange and paradoxical
mystery. * For, behold, the grotto is heaven;
* cherubic throne is the Virgin; * the manger
a grand space * in which Christ our God the
uncontainable reclined as a babe; * Whom in
extolling do we magnify. [SD]

DEACON

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos

ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἀγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν
οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Ἦχος β'.

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. (δίς)

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. Ὑψοῦτε
Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ
ὑποποδίῳ τῶν ποδῶν αὐτοῦ.

Ὅτι ἅγιός ἐστι.

Τῆς Ὀκτωήχου ---

Ἐξαποστειλᾶριον.

Τὸ Α' Ἑωθινόν.

Ἦχος β'. Ἀυτόμελον.

Τοῖς Μαθηταῖς συνέλθωμεν, ἐν ὄρει
Γαλιλαίας, πίστει Χριστὸν θεάσασθαι,
λέγοντα ἐξουσίαν, λαβεῖν τῶν ἄνω καὶ
κάτω, μάθωμεν πῶς διδάσκει, βαπτίζειν
εἰς τὸ ὄνομα τοῦ Πατρὸς, ἔθνη πάντα,
καὶ τοῦ Υἱοῦ, καὶ ἁγίου Πνεύματος, καὶ
συνεῖναι, τοῖς Μύσταις ὡς ὑπέσχετο, ἕως
τῆς συντελείας.

Τῆς Ἑορτῆς.

Τοῦ Μηναίου ---

Ἦχος β'. Γυναῖκες ἀκουτίσθητε.

Ἦν πάλαι προκατήγγειλε, τῶν
Προφητῶν ὁ σύλλογος, στάμνον καὶ ῥάβδον
καὶ πλάκα, καὶ ἀλατόμητον ὄρος, Μαρίαν
τὴν Θεόπαιδα, πιστῶς ἀνευφημήσωμεν·

and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You
and give You glory, to the Father and the Son
and the Holy Spirit, now and forever and to
the ages of ages.

(Amen.)

CHOIR

Mode 2.

Holy is the Lord our God. (2) [SAAS]

Holy is the Lord our God. Exalt the Lord
our God, and worship at the footstool of His
feet.

For He is holy.

From Octoechos ---

Exaposteilarion.

The First Eothinon.

Mode 2. Automelon.

On the mountain in Galilee * let us
join the Disciples, * so that by faith we see
and hear * Christ say that He was given *
authority both in heaven * and on earth, and
His teaching * on how to baptize nations all,
* in the name of the Father and of the Son *
and the Holy Spirit, and how He always * is
with His Mystics, to the end * of the age, as
He promised. [SD]

For the Feast.

From Menaion ---

Mode 2. O Women, hearken.

Let us with faith extol in song * the
Virgin Mary, child of God, * of whom the
assembly of Prophets * prophesied and of old
declared * to be the tablet and the rod, * the

σήμερον γὰρ εἰσάγεται, εἰς τὰ Ἅγια τῶν Ἀγίων, ἀνατραφῆναι Κυρίῳ.

Οἱ Αἱνοί. Ἦχος πλ. β'.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.
Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρόπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρόπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτὸν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιών, κρύσταλλος, πνεῦμα καταγίδος, τὰ ποιῶντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἐρπετὰ καὶ πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

mountain that was quarried not. * For she is introduced today * into the Holy of Holies, * to be fostered by the Master. [SD]

Lauds. Mode pl. 2.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

Ὕμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ,
λαῶ ἐγγίζοντι αὐτῷ.

Ἀσατε τῷ Κυρίῳ ᾄσμα καινόν, ἡ αἴνεσις αὐτοῦ
ἐν ἐκκλησίᾳ ὁσίων.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν,
καὶ οἱ υἱοὶ Σιών ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ
αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν
τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ.

Ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει
πραεῖς ἐν σωτηρίᾳ.

Καυχήσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιάσονται
ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ
ὀρμφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμοὺς
ἐν τοῖς λαοῖς.

Τοῦ δηῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ
τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τῆς Ὀκτωήχου ---

Στιχηρὰ Ἀναστάσιμα.

Στιχηρὸν Α'. Ἦχος πλ. β'.

Τοῦ ποιῆσαι ἐν αὐτοῖς κρίμα ἐγγραπτον·
δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Ὁ Σταυρός σου Κύριε, ζωὴ καὶ
ἀνάστασις ὑπάρχει τῷ λαῷ σου· καὶ ἐπ'
αὐτῷ πεποιθότες, σὲ τὸν ἀναστάντα, Θεὸν
ἡμῶν ὑμνοῦμεν· ἐλέησον ἡμᾶς.

Στιχηρὸν Β'. Ἦχος πλ. β'.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ,
αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως
αὐτοῦ.

Ἡ ταφὴ σου Δέσποτα, Παράδεισον
ἤνοιξε τῷ γένει τῶν ἀνθρώπων· καὶ ἐκ
φθορᾶς λυτρωθέντες, σὲ τὸν ἀναστάντα,
Θεὸν ἡμῶν ὑμνοῦμεν· ἐλέησον ἡμᾶς.

A hymn for all His saints, for the children of Israel,
a people who draw near to Him.

Sing to the Lord a new song, His praise in the
assembly of His holy ones.

Let Israel be glad in Him who made him, and let
the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with
tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He
shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall
greatly rejoice on their beds.

The high praise of God shall be in their mouth and
a two-edged sword in their hand.

To deal retribution to the nations, reproving
among the peoples.

To shackle their kings with chains and their nobles
with fetters of iron.

From Octoechos ---

Resurrectional Stichera.

Sticheron 1. Mode pl. 2.

*To fulfill among them the written judgment:
this glory have all His holy ones.* [SAAS]

Lord, Your Cross is life and resurrection
for us Your people; and trusting in it we extol
You, our God, who has risen. Have mercy on
us. [SD]

Sticheron 2. Mode pl. 2.

*Praise God in His saints; praise Him in the
firmament of His power.* [SAAS]

Sovereign Lord, Your burial has opened
Paradise to the human race; and now,
redeemed from corruption, we extol You, our
God, who has risen. Have mercy on us. [SD]

Στιχηρὸν Γ'. Ἦχος πλ. β'.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Σὺν Πατρὶ καὶ Πνεύματι, Χριστὸν ἀνυμνήσωμεν, τὸν ἀναστάντα ἐκ νεκρῶν, καὶ πρὸς αὐτὸν ἐκβοῶμεν· Σὺ ζωὴ ὑπάρχεις, ἡμῶν καὶ ἀνάστασις, ἐλέησον ἡμᾶς.

Στιχηρὸν Δ'. Ἦχος πλ. β'.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρᾳ.

Τριήμερος ἀνέστης Χριστέ, ἐκ τάφου, καθὼς γέγραπται, συνεγείρας τὸν Προπάτορα ἡμῶν· διό σε καὶ δοξάζει, τὸ γένος τῶν ἀνθρώπων, καὶ ἀνυμνεῖ σου τὴν Ἀνάστασιν.

Τῆς Ἑορτῆς.

Τοῦ Μηναίου ---

Ἦχος α'. Τῶν οὐρανίων ταγμάτων.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῳ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Λαμπαδηφόροι παρθένοι, τὴν Ἀειπάρθενον, φαιδρῶς ὁδοποιοῦσαι, προφητεύουσιν ὄντως, ἐν Πνεύματι τὸ μέλλον· ναὸς γὰρ Θεοῦ, ἡ Θεοτόκος ὑπάρχουσα, πρὸς τὸν ναόν μετὰ δόξης Παρθενικῆς, νηπιόθεν ἐμβιβαζεται.

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Ἐπαγγελίας ἀγίας, καὶ ὁ καρπὸς εὐκλεῆς, ἡ Θεοτόκος ὄντως, ἀνεδείχθη τῷ κόσμῳ, ὡς πάντων ὑπερτέρα· ἡ εὐσεβῶς, προσαγομένη ἐν οἴκῳ Θεοῦ, τὴν προσευχὴν τῶν τεκόντων ἀποπληροῖ, συντηρουμένη θείῳ Πνεύματι.

Sticheron 3. Mode pl. 2.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

As to the Father and the Spirit, so to Christ who rose from the dead let us sing our hymns of praise; and to Him let us cry out, "You are our life and resurrection. Have mercy on us." [SD]

Sticheron 4. Mode pl. 2.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

O Christ, as it was written, You rose the third day from the sepulcher, resurrecting our primal father with yourself. For this the race of mankind extols Your resurrection with sacred anthems, glorifying You. [SD]

For the Feast.

From Menaion ---

Mode 1. For the celestial orders.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

The virgins carrying lanterns are brightly paving the way * for ever-virgin Mary; * and truly in the Spirit * they prophesy the future; for she is led * to the Temple from infancy, * going with virginal glory. She is indeed * Theotokos and the temple of God. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

The Theotokos was shown forth unto the world in truth * to be the noble offspring of a most holy promise, * superior to all things. As she is led * reverently into the house of God, * the pious prayer of her parents she

Στίχ. Ἀπενεχθήσονται τῷ βασιλεῖ
παρθένοι ὀπίσω αὐτῆς, αἱ πλησίον αὐτῆς
ἀπενεχθήσονται σοι.

Ἐπουρανίῳ τραφεῖσα, Παρθένε ἄρτω
πιστῶς, ἐν τῷ Ναῷ Κυρίου, ἀπεκύησας
κόσμῳ, ζωῆς ἄρτον τὸν Λόγον, οὗ ὡς ναός,
ἐκλεκτός καὶ πανάμωμος, προεμνηστεύθης
τῷ Πνεύματι μυστικῶς, νυμφευθεῖσα τῷ
Θεῷ καὶ Πατρί.

Στίχ. Ἀπενεχθήσονται ἐν εὐφροσύνῃ καὶ
ἀγαλλιάσει, ἀχθήσονται εἰς ναὸν βασιλέως.

Ἐξανοιγέσθω ἡ πύλη, τοῦ θεοδόχου
Ναοῦ· τὸν γὰρ ναὸν τοῦ πάντων, Βασιλέως
καὶ θρόνον, σήμερον ἐν δόξῃ, ἔνδον λαβών,
Ἰωακείμ ἀνατίθεται, ἀφιερῶσας Κυρίῳ τὴν
ἐξ αὐτοῦ, ἐκλεχθεῖσαν ὡς Μητέρα αὐτοῦ.

Τῆς Ὀκτωήχου - - -

Δόξα. **Ἦχος α'.**
Τὸ Α' Ἑωθινόν.

Εἰς τὸ ὄρος τοῖς Μαθηταῖς ἐπειγομένοις,
διὰ τὴν χαμόθεν ἔπαρσιν, ἐπέστη ὁ Κύριος,
καὶ προσκυνήσαντες αὐτὸν καὶ τὴν
δοθεῖσαν ἐξουσίαν, πανταχοῦ διδαχθέντες,
εἰς τὴν ὑπ' οὐρανὸν ἐξαπεστέλλοντο,
κηρῦξαι τὴν ἐκ νεκρῶν Ἀνάστασιν, καὶ
τὴν εἰς Οὐρανούς ἀποκατάστασιν· οἷς καὶ
συνδιακονῶν, ὁ ἀψευδὴς ἐπηγγείλατο,
Χριστὸς ὁ Θεός, καὶ Σωτὴρ τῶν ψυχῶν
ἡμῶν.

now fulfills; * and by the Holy Spirit she is
preserved. [SD]

Verse: *The virgins behind her shall be
brought to the King; her neighbors shall be brought
to You.* [SAAS]

Having been nourished, O Virgin, in faith
on heavenly bread * within the Lord's own
Temple, * for the world you have brought
forth * the bread of life, the Logos. And as
His own * chosen temple immaculate, * in the
Spirit you were mystically betrothed * to God
the Father and became His Bride. [SD]

Verse: *They shall be brought with gladness
and rejoicing; they shall be led into the temple of
the King.* [SAAS]

Open the gate of the Temple that has
received our God. * For Joachim has taken *
from his own home in glory * the temple and
the throne of the King of all, * and returns
her and consecrates * unto the Master the
daughter that he begot, * who was chosen as
the Mother of God. [SD]

From Octoechos - - -

Glory. **Mode 1.**
The First Eothinon.

The Disciples hastened to the mountain
for the Lord's ascension from the earth;
and there the Lord appeared to them. They
worshipped Him, and were instructed about
the universal authority He was given; and
they were sent out to the whole world to
preach the resurrection from the dead and
the restoration to heaven. And He, who never
lies, promised to be with them forever; He is
Christ our God and the Savior of our souls. [SD]

Καὶ νῦν. **Θεοτοκίον.**

Ὑπερευλογημένη ὑπάρχεις, Θεοτόκε Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ ἄδης ἠχμαλώτισταί, ὁ Ἀδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἠλευθέρωται, ὁ θάνατος τεθανάτωται, καὶ ἡμεῖς ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν· Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως εὐδοκήσας δόξα σοι.

Ἡ Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

Ὑμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἁμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾷ τοῦ Πατρὸς, καὶ ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρὸς. Ἀμήν.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You! ^[SD]

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. ^[SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Καταξιώσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ,
ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν
Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ
δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς
αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς,
καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν
γενεᾷ καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν
με, ἴασαι τὴν ψυχὴν μου, ὅτι ἥμαρτόν σοι.

Κύριε, πρὸς σέ κατέφυγον. Δίδαξόν με
τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός
μου.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί
σου ὁψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς
γινώσκουσί σε.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Vouchsafe, O Lord, this day, that we be
kept without sin.

Blessed are You, O Lord, the God of our
fathers, and praised and glorified is Your
name to the ages. Amen.

Let Your mercy be on us, O Lord, as we
have set our hope on You.

Blessed are You, O Lord. Teach me Your
statutes.

Blessed are You, O Lord. Teach me Your
statutes.

Blessed are You, O Lord. Teach me Your
statutes.

Lord, You have been our refuge from
generation to generation. I said: Lord, have
mercy on me. Heal my soul, for I have sinned
against You.

Lord, I have fled to You. Teach me to do
Your will, for You are my God.

For with You is the fountain of life; in
Your light we shall see light.

Continue Your mercy to those who know
You.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit.

Both now and ever and to the ages of
ages. Amen.

Holy Immortal, have mercy on us.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς.

*Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν
Τροπάριον Ἀναστάσιμον.*

Ἦχος πλ. δ'. (ἡ τῆς ἐβδομάδος.)

Ἀναστὰς ἐκ τοῦ μνήματος, καὶ τὰ δεσμὰ
διαρρήξας τοῦ Ἄιδου, ἔλυσας τὸ κατάκριμα,
τοῦ θανάτου Κύριε, πάντας ἐκ τῶν παγίδων
τοῦ ἐχθροῦ ῥυσάμενος, ἐμφανίσας σεαυτὸν
τοῖς, Ἀποστόλοις σου, ἐξαπέστειλας αὐτοὺς
ἐπὶ τὸ κήρυγμα, καὶ δι' αὐτῶν τὴν εἰρήνην
παρέσχες τῇ οἰκουμένῃ, μόνε πολυέλεε.

ἢ ὡς συνήθως·

Ἦχος δ'. (ἡ τῆς ἐβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν.
Ἄισωμεν τῷ ἀναστάντι ἐκ τάφου καὶ
ἀρχηγῷ τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ
θανάτῳ τὸν θάνατον, τὸ νίκος ἔδωκεν ἡμῖν,
καὶ τὸ μέγα ἔλεος.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us.

*After the Doxology, sing the following Resurrectional
Troparion.*

Mode pl. 4. (or the Mode of the week)

When You rose from the sepulcher and
broke the bonds of Hades, You repealed the
sentence of death, O Lord, and delivered all
from the snares of the enemy. And when You
showed yourself to Your Apostles, You sent
them out to preach, and through them You
granted peace to the whole world, O only
very merciful One. [SD]

Or, according to common practice:

Mode 4. (or the Mode of the week)

Today has salvation come to pass in the
world. Let us sing to Him who resurrected
from the tomb and is the Author of our life.
For, destroying death by death, He gave us
the victory and the great mercy. [SD]