

ΑΚΟΛΟΥΘΙΑ ΤΟΥ ΟΡΘΟΥ

ΙΕΡΕΥΣ

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν
καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

ΙΕΡΕΥΣ

Ἦχος πλ. α'.

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ
θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι,
ζωὴν χαρισάμενος.

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ΑΝΑΓΝΩΣΤΗΣ

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε,
ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα,
συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε,
ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν,
ἐνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

SERVICE OF MATINS

PRIEST

Blessed is our God always, now and ever,
and to the ages of ages.

CHOIR

Amen.

PRIEST

Mode pl. 1.

Christ is risen from the dead, by death
trampling down upon death, and to those in
the tombs He has granted life. (GOA)

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the tombs He has granted life. (GOA)

READER

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

All-holy Trinity, have mercy on us.
Lord, forgive our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς,
ἀγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ
βασιλεία σου. Γενηθήτω τὸ θέλημά σου,
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ
ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ
εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι
ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις
καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ
Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

ΑΝΑΓΝΩΣΤΗΣ

Αμήν.

Σῶσον, Κύριε, τὸν λαὸν σου καὶ
εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς
βασιλεῦσι κατὰ βαρβάρων δωρούμενος,
καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου
πολίτευμα.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Ὁ ὑψωθεὶς ἐν τῷ Σταυρῷ ἐκουσίως,
τῇ ἐπωνύμῳ σου καινῇ πολιτείᾳ τοὺς
οἰκτιροῦς σου δώρησαι, Χριστέ ὁ Θεός·
εὐφρανόν ἐν τῇ δυνάμει σου τοὺς πιστοὺς
βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς κατὰ
τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν
σὴν, ὄπλον εἰρήνης, ἀήττητον τρόπαιον.

*Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Αμήν.*

Προστασία φοβερὰ καὶ ἀκαταίσχυντε,
μὴ παρίδῃς, Ἀγαθή, τὰς ἱκεσίας ἡμῶν,

Our Father, who art in heaven, hallowed
be Thy name. Thy kingdom come, Thy will
be done, on earth as it is in heaven. Give us
this day our daily bread; and forgive us our
trespasses, as we forgive those who trespass
against us. And lead us not into temptation,
but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power
and the glory, of the Father and of the Son
and of the Holy Spirit, now and forever and to
the ages of ages.

READER

Amen.

Save, O Lord, Your people and bless Your
inheritance, granting victory to the faithful
over the enemy, and by Your Cross protecting
Your commonwealth.

*Glory to the Father and the Son and the Holy
Spirit.*

You who were lifted on the cross
voluntarily, * O Christ our God, bestow
Your tender compassions * upon Your new
community to which You gave Your name.
* Cause our faithful emperors to be glad in
Your power, * granting them the victories
against their adversaries. * And for an ally,
Lord, may they have You, * peace as their
armor, the trophy invincible.

*Both now and ever and to the ages of ages.
Amen.*

O awesome and unshamable Protection,
O good and praiseworthy Theotokos, do

πανύμνητε Θεοτόκε· στήριξον Ὁρθοδόξων
πολιτείαν, σῶζε οὓς ἐκέλευσας βασιλεύειν,
καὶ χορήγει αὐτοῖς οὐρανόθεν τὴν νίκην·
διότι ἔτεκες τὸν Θεόν, μόνη εὐλογημένη.

ΙΕΡΕΥΣ

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα
ἐλεὸς Σου, δεόμεθα Σου, ἐπάκουσον καὶ
ἐλέησον.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ
ὀρθοδόξων χριστιανῶν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ
βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς
ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,
νῦν καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΨΑΛΤΗΣ

Ἀμήν. Ἐν ὀνόματι Κυρίου εὐλόγησον,
Πάτερ.

ΙΕΡΕΥΣ

Δόξα τῇ ἀγίᾳ καὶ ὁμοουσίῳ καὶ ζωοποιῷ
καὶ ἀδιαιρέτῳ Τριάδι, πάντοτε, νῦν καὶ αἰεὶ,
καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Ὁ Ἑξάψαλμος.

Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς
εἰρήνη, ἐν ἀνθρώποις εὐδοκία. (ἐκ γ')

not despise our petitions; make firm the
community of the Orthodox; save those
whom you have called to rule; grant them
victory from heaven, for you gave birth to
God and are truly blessed.

PRIEST

Have mercy on us, O God, according to
Your great mercy, we pray You, hear us and
have mercy.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Let us pray for pious and Orthodox
Christians.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

Again we pray for (episcopal rank)
(name).

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

For You are a merciful God Who loves
mankind, and to You we offer up glory, to the
Father and to the Son and to the Holy Spirit,
now and forever and to the ages of ages.

CHANTER

Amen. In the name of the Lord, Father,
bless!

PRIEST

Glory to the holy and consubstantial, and
life giving, and undivided Trinity, always,
now and forever and to the ages of ages.

(Amen.)

READER

The Six Psalms.

Glory to God in the highest, and on earth
peace, good will among men. (3)

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἰνεσίαν σου. (δίδς)

Ψαλμὸς Γ' (3).

Κύριε, τί ἐπληθύνθησαν οἱ θλίβοντές με; Πολλοὶ ἐπανίστανται ἐπ' ἐμέ. Πολλοὶ λέγουσι τῇ ψυχῇ μου· Οὐκ ἔστι σωτηρία αὐτῷ ἐν τῷ Θεῷ αὐτοῦ. Σὺ δέ, Κύριε, ἀντιλήπτωρ μου εἶ, δόξα μου καὶ ὑψῶν τὴν κεφαλὴν μου. Φωνῇ μου πρὸς Κύριον ἐκέκραξα, καὶ ἐπήκουσέ μου ἐξ ὄρους ἁγίου αὐτοῦ. Ἐγὼ δὲ ἐκοιμήθην καὶ ὑπνώσα· ἐξηγέρθην, ὅτι Κύριος ἀντιλήψεταιί μου. Οὐ φοβηθήσομαι ἀπὸ μυριάδων λαοῦ τῶν κύκλῳ συνεπιτιθεμένων μοι. Ἀνάστα, Κύριε, σῶσόν με ὁ Θεός μου, ὅτι σὺ ἐπάταξας πάντας τοὺς ἐχθραίνοντάς μοι ματαίως, ὀδόντας ἁμαρτωλῶν συνέτριψας. Τοῦ Κυρίου ἡ σωτηρία, καὶ ἐπὶ τὸν λαόν σου ἡ εὐλογία σου.

Ἐγὼ ἐκοιμήθην καὶ ὑπνώσα· ἐξηγέρθην, ὅτι Κύριος ἀντιλήψεταιί μου.

Ψαλμὸς ΛΖ' (37).

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης με, μηδὲ τῇ ὀργῇ σου παιδεύσης με. Ὅτι τὰ βέλη σου ἐνεπάγησάν μοι, καὶ ἐπεστήριξας ἐπ' ἐμέ τὴν χειρὰ σου. Οὐκ ἔστιν ἴασις ἐν τῇ σαρκί μου ἀπὸ προσώπου τῆς ὀργῆς σου, οὐκ ἔστιν εἰρήνη ἐν τοῖς ὀστέοις μου ἀπὸ προσώπου τῶν ἁμαρτιῶν μου. Ὅτι αἱ ἀνομίαι μου ὑπερῆραν τὴν κεφαλὴν μου, ὥσεί φορτίον βαρὺ ἐβαρύνθησαν ἐπ' ἐμέ. Προσώζεσαν καὶ ἐσάπησαν οἱ μῶλωπές μου ἀπὸ προσώπου τῆς ἀφροσύνης μου. Ἐταλαιπώρησα καὶ κατεκάμφθην ἕως τέλους, ὅλην τὴν ἡμέραν σκυθρωπάζων ἐπορευόμην. Ὅτι αἱ ψοαὶ μου ἐπλήσθησαν ἐμπαιγμάτων, καὶ οὐκ ἔστιν ἴασις ἐν τῇ

O Lord, You shall open my lips, and my mouth will declare Your praise. (2)

Psalm 3.

O Lord, why do those who afflict me multiply? Many are those who rise up against me. Many are those who say to my soul, "There is no salvation for him in his God." But You, O Lord, are my protector, my glory and the One who lifts up my head. I cried to the Lord with my voice, and He heard me from His holy hill. I lay down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people who set themselves against me all around. Arise, O Lord, and save me, O my God, for You struck all those who were foolishly at enmity with me; You broke the teeth of sinners. Salvation is of the Lord, and Your blessing is upon Your people.

I lay down and slept; I awoke, for the Lord will help me.

Psalm 37 (38).

O Lord, do not rebuke me in Your wrath, nor chasten me in Your anger. For Your arrows are fixed in me, and Your hand rests on me; there is no healing in my flesh because of Your wrath; there is no peace in my bones because of my sins. For my transgressions rise up over my head; like a heavy burden they are heavy on me. My wounds grow foul and fester because of my folly. I suffer misery, and I am utterly bowed down; I go all the day long with a sad face. For my loins are filled with mockeries, and there is no healing in my flesh. I am afflicted and greatly humbled; I roar because of the groaning of my heart. O Lord, all my desire is before You, and my

σαρκί μου. Ἐκακώθην καὶ ἐταπεινώθην
ἕως σφόδρα, ὠρνώμην ἀπὸ στεναγμοῦ
τῆς καρδίας μου. Κύριε, ἐναντίον σου
παῖσα ἡ ἐπιθυμία μου, καὶ ὁ στεναγμός
μου ἀπὸ σοῦ οὐκ ἀπεκρύβη. Ἡ καρδιά μου
ἐταράχθη, ἐγκατέλιπέ με ἡ ἰσχύς μου,
καὶ τὸ φῶς τῶν ὀφθαλμῶν μου καὶ αὐτὸ
οὐκ ἔστι μετ' ἐμοῦ. Οἱ φίλοι μου καὶ οἱ
πλησίον μου ἐξεναντίας μου ἤγγισαν καὶ
ἔστησαν, καὶ οἱ ἐγγιστά μου ἀπὸ μακρόθεν
ἔστησαν. Καὶ ἐξεβιάζοντο οἱ ζητοῦντες τὴν
ψυχὴν μου, καὶ οἱ ζητοῦντες τὰ κακά μοι
ἐλάλησαν ματαιότητος, καὶ δολιότητος
ὅλην τὴν ἡμέραν ἐμελέτησαν. Ἐγὼ δὲ ὥσει
κωφὸς οὐκ ἤκουον καὶ ὥσει ἄλαλος οὐκ
ἀνοίγων τὸ στόμα αὐτοῦ. Καὶ ἐγενόμην
ὥσει ἄνθρωπος οὐκ ἀκούων καὶ οὐκ ἔχων
ἐν τῷ στόματι αὐτοῦ ἐλεγμούς. Ὅτι ἐπὶ
σοί, Κύριε, ἤλπισα· σὺ εἰσακούσῃ, Κύριε ὁ
Θεός μου. Ὅτι εἶπον· Μήποτε ἐπιχαρῶσί
μοι οἱ ἐχθροί μου· καὶ ἐν τῷ σαλευθῆναι
πόδας μου ἐπ' ἐμὲ ἐμεγαλορρημόνησαν.
Ὅτι ἐγὼ εἰς μάλιστα ἔτοιμος, καὶ ἡ
ἀλγηδὼν μου ἐνώπιόν μου ἔστι διὰ παντός.
Ὅτι τὴν ἀνομίαν μου ἐγὼ ἀναγγελάω καὶ
μεριμνήσω ὑπὲρ τῆς ἁμαρτίας μου. Οἱ δὲ
ἐχθροί μου ζῶσι καὶ κεκραταίωνται ὑπὲρ
ἐμέ, καὶ ἐπληθύνθησαν οἱ μισοῦντές με
ἀδίκως. Οἱ ἀνταποδίδοντές μοι κακὰ ἀντὶ
ἀγαθῶν ἐνδιέβαλλον με, ἐπεὶ κατεδίωκον
ἀγαθωσύνην. Μὴ ἐγκαταλίπῃς με, Κύριε ὁ
Θεός μου, μὴ ἀποστῇς ἀπ' ἐμοῦ. Πρόσχευς
εἰς τὴν βοήθειάν μου, Κύριε τῆς σωτηρίας
μου.

Μὴ ἐγκαταλίπῃς με, Κύριε· ὁ Θεός
μου, μὴ ἀποστῇς ἀπ' ἐμοῦ· Πρόσχευς εἰς τὴν
βοήθειάν μου, Κύριε τῆς σωτηρίας μου.

groaning is not hidden from You. My heart
is troubled; my strength fails me, and the
light of my eyes, even this is not with me. My
friends and neighbors draw near and stand
against me, and my near of kin stand far off;
and those who seek my soul use violence, and
those who seek evil for me speak folly; and
they meditate on deceit all the day long. But
I like a deaf man do not hear, and I am like
a mute who does not open his mouth. I am
like a man who does not hear, and who has
no reproofs in his mouth. For in You, O Lord,
I hope; You will hear, O Lord my God. For
I said, "Let not my enemies rejoice over me,
for when my foot was shaken, they boasted
against me." For I am ready for wounds,
and my pain is continually with me. For I
will declare my transgression, and I will be
anxious about my sin. But my enemies live,
and are become stronger than I; and those
who hate me unjustly are multiplied; those
who repaid me evil for good slandered me,
because I pursue righteousness; and they
threw away my love as though it were a
stinking corpse. Do not forsake me, O Lord; O
my God, do not depart from me; give heed to
help me, O Lord of my salvation.

Do not forsake me, O Lord; O my God, do
not depart from me. Give heed to help me, O
Lord of my salvation.

Ψαλμός ΕΒ' (62).

Ὁ Θεὸς ὁ Θεός μου, πρὸς σὲ ὀρθρίζω.
Ἐδίψησέ σε ἡ ψυχὴ μου, ποσαπλῶς σοι
ἡ σὰρξ μου, ἐν γῇ ἐρήμῳ καὶ ἀβάτῳ καὶ
ἀνύδρῳ. Οὕτως ἐν τῷ ἁγίῳ ὥφθην σοι τοῦ
ἰδεῖν τὴν δύναμίν σου καὶ τὴν δόξαν σου.
Ὅτι κρεῖσσον τὸ ἔλεός σου ὑπὲρ ζωάς· τὰ
χείλη μου ἐπαινέσουσί σε. Οὕτως εὐλογήσω
σε ἐν τῇ ζωῇ μου, καὶ ἐν τῷ ὀνόματί σου
ἀρῶ τὰς χεῖράς μου. Ὡς ἐκ στέατος καὶ
πιότητος ἐμπλησθεῖν ἡ ψυχὴ μου, καὶ χεῖλη
ἀγαλλιάσεως αἰνέσει τὸ στόμα μου. Εἰ
ἐμνημόνεύον σου ἐπὶ τῆς στρωμνῆς μου, ἐν
τοῖς ὀρθροῖς ἐμελέτων εἰς σέ· ὅτι ἐγενήθης
βοηθός μου, καὶ ἐν τῇ σκέπῃ τῶν πτερυγῶν
σου ἀγαλλιάσομαι. Ἐκολλήθη ἡ ψυχὴ μου
ὀπίσω σου, ἐμοῦ δὲ ἀντελάβετο ἡ δεξιὰ σου.
Αὐτοὶ δὲ εἰς μάτην ἐζήτησαν τὴν ψυχὴν
μου, εἰσελεύσονται εἰς τὰ κατώτατα τῆς
γῆς· παραδοθήσονται εἰς χεῖρας ρομφαίας,
μερίδες ἀλωπέκων ἔσονται. Ὁ δὲ βασιλεὺς
εὐφρανθήσεται ἐπὶ τῷ Θεῷ, ἐπαινεθήσεται
πᾶς ὁ ὁμνῶν ἐν αὐτῷ, ὅτι ἐνεφράγη στόμα
λαλούντων ἄδικα.

Ἐν τοῖς ὀρθροῖς ἐμελέτων εἰς σέ· ὅτι
ἐγενήθης βοηθός μου, καὶ ἐν τῇ σκέπῃ τῶν
πτερυγῶν σου ἀγαλλιάσομαι. Ἐκολλήθη ἡ
ψυχὴ μου ὀπίσω σου, ἐμοῦ δὲ ἀντελάβετο ἡ
δεξιὰ σου.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.
Δόξα σοι ὁ Θεός.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.
Δόξα σοι ὁ Θεός.

Psalm 62 (63).

O God, my God, I rise early to be with
You; my soul thirsts for You. How often my
flesh thirsts for You in a desolate, impassable,
and waterless land. So in the holy place I
appear before You, to see Your power and
Your glory. Because Your mercy is better
than life, my lips shall praise You. Thus I will
bless You in my life; I will lift up my hands in
Your name. May my soul be filled, as if with
marrow and fatness, and my mouth shall sing
praise to You with lips filled with rejoicing.
If I remembered You on my bed, I meditated
on You at daybreak; for You are my helper,
and in the shelter of Your wings I will greatly
rejoice. My soul follows close behind You;
Your right hand takes hold of me. But they
seek for my soul in vain; they shall go into the
lowest parts of the earth. They shall be given
over to the edge of the sword; they shall be a
portion for foxes. But the king shall be glad in
God; all who swear by Him shall be praised,
for the mouth that speaks unrighteous things
is stopped.

I meditated on You at daybreak. For You
are my helper, and in the shelter of Your
wings I will greatly rejoice. My soul follows
close behind You; Your right hand takes hold
of me.

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You,
O God.

Alleluia. Alleluia. Alleluia. Glory to You,
O God.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.
Δόξα σοι ὁ Θεός.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ψαλμὸς ΠΖ' (87)

Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας
ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου.
Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου,
κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου.
Ὅτι ἐπλήσθη κακῶν ἡ ψυχὴ μου, καὶ ἡ
ζωὴ μου τῷ ἄδῃ ἤγγισε. Προσελογίσθην
μετὰ τῶν καταβαινόντων εἰς λάκκον,
ἐγενήθην ὥσεί ἄνθρωπος ἀβοήθητος,
ἐν νεκροῖς ἐλεύθερος, ὥσεί τραυματία
καθεύδοντες ἐν τάφῳ, ὧν οὐκ ἐμνήσθης ἔτι,
καὶ αὐτοὶ ἐκ τῆς χειρὸς σου ἀπώσθησαν.
Ἐθεντό με ἐν λάκκῳ κατωτάτῳ, ἐν
σκοτεινοῖς καὶ ἐν σκιᾷ θανάτου. Ἐπ' ἐμὲ
ἐπεστηρίχθη ὁ θυμὸς σου, καὶ πάντα
τοὺς μετεωρισμούς σου ἐπήγαγες ἐπ' ἐμέ.
Ἐμάκρυνας τοὺς γνωστούς μου ἀπ' ἐμοῦ,
ἔθεντό με βδέλυγμα ἑαυτοῖς, παρεδόθην
καὶ οὐκ ἐξεπορευόμην. Οἱ ὀφθαλμοί μου
ἡσθένησαν ἀπὸ πτωχείας· ἐκέκραξα πρὸς
σέ, Κύριε, ὅλην τὴν ἡμέραν, διεπέτασα πρὸς
σὲ τὰς χεῖράς μου. Μὴ τοῖς νεκροῖς ποιήσεις
θαυμάσια; ἢ ἱατροὶ ἀναστήσουσι καὶ
ἐξομολογήσονται σοί; Μὴ διηγῆσεται τις
ἐν τῷ τάφῳ τὸ ἔλεός σου καὶ τὴν ἀλήθειάν
σου ἐν τῇ ἀπωλείᾳ; Μὴ γνωσθήσεται
ἐν τῷ σκότει τὰ θαυμάσιά σου καὶ ἡ
δικαιοσύνη σου ἐν γῇ ἐπιλελησμένη; Κἀγὼ
πρὸς σέ, Κύριε, ἐκέκραξα, καὶ τὸ πρωῒ ἡ
προσευχὴ μου προφθάσει σε. Ἵνα τί, Κύριε,

Alleluia. Alleluia. Alleluia. Glory to You,
O God.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Psalm 87 (88).

O Lord God of my salvation, I cry
day and night before You. Let my prayer
come before You; incline Your ear to my
supplication, O Lord. For my soul is filled
with sorrows, and my soul draws near to
Hades; I am counted among those who go
down into the pit; I am like a helpless man,
free among the dead, like slain men thrown
down and sleeping in a grave, whom You
remember no more, but they are removed
from Your hand. They laid me in the lowest
pit, in dark places and in the shadow of death.
Your wrath rested upon me, and You brought
all Your billows over me. You removed my
acquaintances far from me; they made me
an abomination among themselves; I was
betrayed, and did not go forth. My eyes
weakened from poverty; O Lord, I cry to
You the whole day long; I spread out my
hands to You. Will You work wonders for
the dead? Or will physicians raise them up,
and acknowledge You? Shall anyone in the
grave describe Your mercy and Your truth in
destruction? Shall Your wonders be known
in darkness, and Your righteousness in a
forgotten land? But I cry to You, O Lord, and
in the morning my prayer shall come near
to You. Why, O Lord, do You reject my soul,
and turn away Your face from me? I am poor

ἀπωθεῖς τὴν ψυχὴν μου, ἀποστρέφεις τὸ πρόσωπόν σου ἀπ' ἐμοῦ; Πτωχός εἰμι ἐγὼ καὶ ἐν κόποις ἐκ νεότητός μου, ὑψωθείς δὲ ἐταπεινώθην καὶ ἐξηπορήθην. Ἐπ' ἐμὲ διῆλθον αἱ ὀργαί σου, οἱ φοβερισμοί σου ἐξετάραξάν με, ἐκύκλωσάν με ὥσει ὕδωρ ὅλην τὴν ἡμέραν, περιέσχον με ἅμα. Ἐμάκρυνας ἀπ' ἐμοῦ φίλον καὶ πλησίον, καὶ τοὺς γνωστούς μου ἀπὸ ταλαιπωρίας.

Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου. Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου, κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου.

Ψαλμὸς PB' (102).

Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον, καί, πάντα τὰ ἐντός μου, τὸ ὄνομα τὸ ἅγιον αὐτοῦ. Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον, καὶ μὴ ἐπιλανθάνου πάσας τὰς ἀνταποδόσεις αὐτοῦ. Τὸν εὐλατεύοντα πάσας τὰς ἀνομίας σου, τὸν ἰώμενον πάσας τὰς νόσους σου. Τὸν λυτρούμενον ἐκ φθορᾶς τὴν ζωὴν σου, τὸν στεφανοῦντά σε ἐν ἐλέει καὶ οἰκτιρμοῖς. Τὸν ἐμπιπλῶντα ἐν ἀγαθοῖς τὴν ἐπιθυμίαν σου, ἀνακαινισθήσεται ὡς ἄετοῦ ἡ νεότης σου. Ποιῶν ἐλεημοσύνας ὁ Κύριος καὶ κρῖμα πᾶσι τοῖς ἀδικουμένοις. Ἐγνώρισε τὰς ὁδοὺς αὐτοῦ τῷ Μωϋσῇ, τοῖς υἱοῖς Ἰσραὴλ τὰ θελήματα αὐτοῦ. Οἰκτίρμων καὶ ἐλεήμων ὁ Κύριος, μακρόθυμος καὶ πολυέλεος· οὐκ εἰς τέλος ὀργισθήσεται, οὐδὲ εἰς τὸν αἰῶνα μνηιεῖ. Οὐ κατὰ τὰς ἀνομίας ἡμῶν ἐποίησεν ἡμῖν, οὐδὲ κατὰ τὰς ἀμαρτίας ἡμῶν ἀνταπέδωκεν ἡμῖν, ὅτι κατὰ τὸ ὕψος τοῦ οὐρανοῦ ἀπὸ τῆς γῆς ἐκραταίωσε Κύριος τὸ ἔλεος αὐτοῦ ἐπὶ τοὺς φοβουμένους αὐτόν. Καθ' ὅσον ἀπέχουσιν ἀνατολαὶ ἀπὸ δυσμῶν,

and in troubles from my youth; but having been exalted, I was humbled and brought into despair. Your fierce anger passed over me, and Your terrors greatly troubled me; they compassed me like water all the day long; they surrounded me at once. You removed far from me neighbor and friend, and my acquaintances because of my misery.

O Lord God of my salvation, I cry day and night before You. Let my prayer come before You; incline Your ear to my supplication, O Lord.

Psalms 102 (103).

Bless the Lord, O my soul, and everything within me, bless His holy name. Bless the Lord, O my soul, and forget not all His rewards: who is merciful to all your transgressions, who heals all your diseases, who redeems your life from corruption, who crowns you with mercy and compassion, who satisfies your desire with good things; and your youth is renewed like the eagle's. The Lord shows mercies and judgment to all who are wronged. He made known His ways to Moses, the things He willed to the sons of Israel. The Lord is compassionate and merciful, slow to anger, and abounding in mercy. He will not become angry to the end, nor will He be wrathful forever; He did not deal with us according to our sins, nor reward us according to our transgressions; for according to the height of heaven from earth, so the Lord reigns in mercy over those who fear Him; as far as the east is from the west, so He removes our transgressions from us. As a father has compassion on his children,

ἐμάκρυνεν ἀφ' ἡμῶν τὰς ἀνομίας ἡμῶν.
Καθὼς οἰκτίζει πατὴρ υἱούς, ὠκτίσθησε
Κύριος τοὺς φοβουμένους αὐτόν, ὅτι αὐτὸς
ἔγνω τὸ πλάσμα ἡμῶν, ἐμνήσθη ὅτι χοῦς
ἐσμεν. Ἄνθρωπος, ὥσπερ χόρτος αἱ ἡμέραι
αὐτοῦ· ὥσπερ ἄνθος τοῦ ἀγροῦ, οὕτως
ἐξανθήσει. Ὅτι πνεῦμα διήλθεν ἐν αὐτῷ,
καὶ οὐχ ὑπάρξει, καὶ οὐκ ἐπιγνώσεται ἔτι
τὸν τόπον αὐτοῦ. Τὸ δὲ ἔλεος τοῦ Κυρίου
ἀπὸ τοῦ αἰῶνος καὶ ἕως τοῦ αἰῶνος ἐπὶ τοὺς
φοβουμένους αὐτόν, καὶ ἡ δικαιοσύνη
αὐτοῦ ἐπὶ υἱοῖς υἱῶν, τοῖς φυλάσσουσι
τὴν διαθήκην αὐτοῦ καὶ μεμνημένοις
τῶν ἐντολῶν αὐτοῦ τοῦ ποιῆσαι αὐτάς.
Κύριος ἐν τῷ οὐρανῷ ἡτοίμασε τὸν θρόνον
αὐτοῦ, καὶ ἡ βασιλεία αὐτοῦ πάντων
δεσπόζει. Εὐλογεῖτε τὸν Κύριον, πάντες οἱ
Ἄγγελοι αὐτοῦ, δυνατοὶ ἰσχύϊ, ποιοῦντες
τὸν λόγον αὐτοῦ, τοῦ ἀκοῦσαι τῆς φωνῆς
τῶν λόγων αὐτοῦ. Εὐλογεῖτε τὸν Κύριον,
πᾶσαι αἱ Δυνάμεις αὐτοῦ, λειτουργοὶ αὐτοῦ,
ποιοῦντες τὸ θέλημα αὐτοῦ. Εὐλογεῖτε τὸν
Κύριον, πάντα τὰ ἔργα αὐτοῦ, ἐν παντὶ
τόπῳ τῆς δεσποτείας αὐτοῦ· εὐλόγει, ἡ ψυχὴ
μου, τὸν Κύριον.

Ἐν παντὶ τόπῳ τῆς δεσποτείας αὐτοῦ·
εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον.

Ψαλμὸς PMB' (142).

Κύριε, εἰσάκουσον τῆς προσευχῆς μου,
ἐνώτισαι τὴν δέησίν μου ἐν τῇ ἀληθείᾳ σου,
εἰσάκουσόν μου ἐν τῇ δικαιοσύνῃ σου· καὶ
μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου,
ὅτι οὐ δικαιωθήσεται ἐνώπιόν σου πᾶς ζῶν.
Ὅτι κατεδίωξεν ὁ ἐχθρὸς τὴν ψυχὴν μου,
ἐταπείνωσεν εἰς γῆν τὴν ζωὴν μου, ἐκάθισέ
με ἐν σκοτεινοῖς ὡς νεκροὺς αἰῶνος· καὶ
ἠκηδίασεν ἐπ' ἐμὲ τὸ πνεῦμά μου, ἐν ἐμοὶ

so the Lord has compassion on those who
fear Him, for He knows how He formed us;
He remembers we are dust. As for man, his
days are like grass, as a flower of the field,
so he flourishes; for the wind passes through
it, and it shall not remain; and it shall no
longer know its place. But the mercy of the
Lord is from age to age upon those who fear
Him, and His righteousness upon children's
children, to such as keep His covenant and
remember His commandments, to do them.
The Lord prepared His throne in heaven, and
His Kingdom rules over all. Bless the Lord,
all you His angels, mighty in strength, who
do His word, so as to hear the voice of His
words. Bless the Lord, all you His hosts, His
ministers who do His will; bless the Lord, all
His works, in all places of His dominion; bless
the Lord, O my soul.

In all places of His dominion; Bless the
Lord, O my soul.

Psalms 142 (143).

O Lord, hear my prayer; give ear to my
supplication in Your truth; answer me in Your
righteousness; do not enter into judgment
with Your servant, for no one living shall
become righteous in Your sight. For the
enemy persecuted my soul; he humbled my
life to the ground; he caused me to dwell
in dark places as one long dead, and my
spirit was in anguish within me; my heart

ἐταράχθη ἡ καρδία μου. Ἐμνήσθην ἡμερῶν ἀρχαίων, ἐμελέτησα ἐν παῶσι τοῖς ἔργοις σου, ἐν ποιήμασι τῶν χειρῶν σου ἐμελέτων. Διεπέτασα πρὸς σὲ τὰς χεῖράς μου· ἡ ψυχὴ μου ὡς γῆ ἄνυδρός σοι. Ταχὺ εἰσάκουσόν μου, Κύριε, ἐξέλιπε τὸ πνεῦμά μου. Μὴ ἀποστρέψῃς τὸ πρόσωπόν σου ἀπ' ἐμοῦ, καὶ ὁμοιωθήσομαι τοῖς καταβαίνουσιν εἰς λάκκον. Ἀκουστὸν ποιήσόν μοι τὸ πρῶτ' ὃ ἐλεός σου, ὅτι ἐπὶ σοὶ ἠλπισα. Γνώρισόν μοι, Κύριε, ὁδόν, ἐν ἣ πορεύσομαι, ὅτι πρὸς σὲ ἦρα τὴν ψυχὴν μου. Ἐξελοῦ με ἐκ τῶν ἐχθρῶν μου, Κύριε, ὅτι πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου. Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῇ εὐθείᾳ· ἔνεκεν τοῦ ὀνόματός σου, Κύριε, ζήσεις με, ἐν τῇ δικαιοσύνῃ σου ἐξάξεις ἐκ θλίψεως τὴν ψυχὴν μου· καὶ ἐν τῷ ἐλέει σου ἐξολοθρεύσεις τοὺς ἐχθρούς μου καὶ ἀπολεῖς πάντα τοὺς θλίβοντας τὴν ψυχὴν μου, ὅτι ἐγὼ δοῦλός σου εἰμι.

Εἰσάκουσόν μου, Κύριε, ἐν τῇ δικαιοσύνῃ σου· καὶ μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου.

Εἰσάκουσόν μου, Κύριε, ἐν τῇ δικαιοσύνῃ σου· καὶ μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου.

Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῇ εὐθείᾳ.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα. Δόξα σοι ὁ Θεός.

was troubled within me. I remembered the days of old, and I meditated on all Your works; I meditated on the works of Your hands. I spread out my hands to You; my soul thirsts for You like a waterless land. Hear me speedily, O Lord; my spirit faints within me; turn not Your face from me, lest I become like those who go down into the pit. Cause me to hear Your mercy in the morning, for I hope in You; make me know, O Lord, the way wherein I should walk, for I lift up my soul to You. Deliver me from my enemies, O Lord, for to You I flee for refuge. Teach me to do Your will, for You are my God; Your good Spirit shall guide me in the land of uprightness. For Your name's sake, O Lord, give me life; in Your righteousness You shall bring my soul out of affliction. In Your mercy You shall destroy my enemies; You shall utterly destroy all who afflict my soul, for I am Your servant.

Answer me in Your righteousness. Do not enter into judgment with Your servant.

Answer me in Your righteousness. Do not enter into judgment with Your servant.

Your good Spirit shall guide me in the land of uprightness.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.
Δόξα σοι ὁ Θεός.

(*χῦμα*)

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.
Δόξα σοι ὁ Θεός. Ἡ ἐλπίς ἡμῶν, Κύριε, δόξα
σοι.

ΙΕΡΕΥΣ/ΔΙΑΚΟΝΟΣ

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Ὑπὲρ τῆς ἄνωθεν εἰρήνης καὶ τῆς
σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου
δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Ὑπὲρ τῆς εἰρήνης τοῦ σύμπαντος
κόσμου, εὐσταθείας τῶν ἀγίων τοῦ Θεοῦ
Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως,
τοῦ Κυρίου δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Ὑπὲρ τοῦ ἀγίου οἴκου τούτου, καὶ τῶν
μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ
εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Ὑπὲρ τῶν εὐσεβῶν καὶ Ὁρθοδόξων
Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν
(τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν
Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ
τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Ὑπὲρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, καὶ
πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ
Κυρίου δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Alleluia. Alleluia. Alleluia. Glory to You,
O God.

(*intoned*)

Alleluia. Alleluia. Alleluia. Glory to You,
O God. Our hope, O Lord, glory to You.

PRIEST/DEACON

In peace, let us pray to the Lord.

(*Lord, have mercy.*)

For the peace from above and for the
salvation of our souls, let us pray to the Lord.

(*Lord, have mercy.*)

For the peace of the whole world, for the
stability of the holy churches of God, and for
the unity of all, let us pray to the Lord.

(*Lord, have mercy.*)

For this holy house and for those who
enter it with faith, reverence, and the fear of
God, let us pray to the Lord.

(*Lord, have mercy.*)

For pious and Orthodox Christians, let us
pray to the Lord.

(*Lord, have mercy.*)

For our (episcopal rank) (name), for the
honorable presbyterate, for the diaconate in
Christ, and for all the clergy and the people,
let us pray to the Lord.

(*Lord, have mercy.*)

For our country, for the president, and for
all in public service, let us pray to the Lord.

(*Lord, have mercy.*)

Ὑπὲρ τῆς πόλεως ταύτης, πάσης
πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν
αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν
καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ πλεόντων, ὁδοιπορούντων,
νοσούντων, καμνόντων, αἰχμαλώτων καὶ
τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ῥυθθῆναι ἡμᾶς ἀπὸ πάσης
θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι πρόπει σοι πᾶσα δόξα, τιμὴ καὶ
προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

For this city, and for every city and land,
and for the faithful who live in them, let us
pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance
of the fruits of the earth, and for peaceful
times, let us pray to the Lord.

(Lord, have mercy.)

For those who travel by land, sea, and air,
for the sick, the suffering, the captives and for
their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction,
wrath, danger, and necessity, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For to You belong all glory, honor, and
worship, to the Father and to the Son and to
the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)