Μηναίον - ΤΗι ΙΕ' ΑΥΓΟΥΣΤΟΥ

Μνήμη τῆς Κοιμήσεως τῆς Ὑπεραγίας Θεοτόκου

ΛΕΙΤΟΥΡΓΙΑ

Άντίφωνον Α΄. ήΚος β΄.

Στίχ. α'. Άλαλάξατε τῷ Κυρίῳ πᾶσα ἡ γῆ.

Ταῖς ποεσβείαις τῆς Θεοτόκου, Σῶτεο, σῶσον ἡμᾶς.

Στίχ. β'. Έξομολογεῖσθε αὐτῷ, αἰνεῖτε τὸ ὄνομα αὐτοῦ.

Ταῖς ποεσβείαις τῆς Θεοτόκου, Σὧτεο, σῶσον ἡμᾶς.

Στίχ. γ'. Έν πόλει Κυρίου τῶν δυνάμεων, ἐν πόλει τοῦ Θεοῦ ἡμῶν.

Ταῖς ποεσβείαις τῆς Θεοτόκου, Σῶτεο, σῶσον ἡμᾶς.

Στίχ. δ'. Έγενήθη ἐν εἰρήνη ὁ τόπος αὐτοῦ, καὶ τὸ κατοικητήριον αὐτοῦ ἐν Σιών.

Ταῖς ποεσβείαις τῆς Θεοτόκου, Σὧτεο, σῶσον ἡμᾶς.

Δόξα καὶ νῦν.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον ἡμᾶς.

Menaion - August 15

Dormition of our Most Holy Lady Theotokos

LITURGY

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Antiphon I. Mode 2. Psalms 99, 47, 75.

Verse 1: Shout aloud to the Lord, all the earth. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *Give thanks to Him; praise His name.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [COA]

Verse 3: *In the city of the Lord of hosts, in the city of our God.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 4: His place was made in peace and His dwelling in Zion. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Glory. Both now.

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Άντίφωνον Β΄. Ήχος β΄.

Στίχ. α'. Άγαπᾶ Κύριος τὰς πύλας Σιών, ὑπὲρ πάντα τὰ σκηνώματα Ἰακώβ.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Στίχ. β'. Δεδοξασμένα ἐλαλήθη περὶ σοῦ ή πόλις τοῦ Θεοῦ.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Στίχ. γ'. Ό Θεὸς ἐθεμελίωσεν αὐτὴν εἰς τὸν αἰῶνα.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Στίχ. δ'. Ήγίασε τὸ σκήνωμα αὐτοῦ ὁ Ύψιστος.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Άμήν.

Ό Μονογενής Υίὸς καὶ Λόγος τοῦ Θεοῦ, ἀθάνατος ὑπάρχων καὶ καταδεξάμενος διὰ τὴν ἡμετέραν σωτηρίαν σαρκωθῆναι ἐκ τῆς άγίας Θεοτόκου καὶ ἀειπαρθένου Μαρίας, ἀτρέπτως ἐνανθρωπήσας, σταυρωθείς τε, Χριστὲ ὁ Θεός, θανάτω θάνατον πατήσας, εἶς ὢν τῆς Ἁγίας Τριάδος, συνδοξαζόμενος τῷ Πατρὶ καὶ τῷ Ἁγίω Πνεύματι, σῶσον ἡμᾶς.

Antiphon II. Mode 2. Psalms 86, 47, 45.

Verse 1: The Lord loves the gates of Zion more than all the dwellings of Jacob. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: Glorious things were said concerning you, O city of God. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 3: God established her forever. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 4: The Most High sanctified His tabernacle. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Glory to the Father and the Son and the Holy Spirit. [HC]

Both now and ever and to the ages of ages.

Amen. [HC]

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Άντίφωνον Γ'. Ήχος α' .

Στίχ. α'. Έτοίμη ή καρδία μου, ό Θεός, έτοίμη ή καρδία μου.

Στίχ. β'. Τί ἀνταποδώσω τῷ Κυρίῳ περὶ πάντων, ὧν ἀνταπέδωκέ μοι;

Στίχ. γ'. Ποτήριον σωτηρίου λήψομαι, καὶ τὸ ὄνομα Κυρίου ἐπικαλέσομαι.

Άπολυτίκιον. ή Ηχος α'.

Έν τῆ Γεννήσει τὴν παρθενίαν ἐφύλαξας, ἐν τῆ Κοιμήσει τὸν κόσμον οὐ κατέλιπες Θεοτόκε. Μετέστης πρὸς τὴν ζωήν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις ταῖς σαῖς λυτρουμένη, ἐκ θανάτου τὰς ψυχὰς ἡμῶν.

Antiphon III. Mode 1. Psalms 107, 115.

Verse 1: My heart is ready, O God, my heart is ready. [SAAS]

Verse 2: To the saints on His earth, in them the Lord magnified all His will. [SAAS]

Verse 3: I will take up the cup of salvation, and call upon the name of the Lord. [SAAS]

Apolytikion. Mode 1.

In giving birth you retained your virginity, and in dormition you did not forsake the world, O Theotokos. You were translated unto life, being the Mother of Life. And thus by virtue of your intercessions you deliver our souls from death.

Ή, ἀντὶ τῶν Ἀντιφώνων, κατὰ τὸ τυπικόν, ψάλλονται τὰ Τυπικὰ καὶ οἱ Μακαρισμοί.

Ψαλμὸς 102. Ψαλμὸς 145.

Οί Μακαοισμοί. Ἡχος α'.

Έν τῆ Βασιλεία σου μνήσθητι ἡμῶν Κύοιε, ὅταν ἔλθης ἐν τῆ Βασιλεία σου. Μακάοιοι οἱ πτωχοὶ τῷ πνεύματι, ὅτι αὐτῶν ἐστιν ἡ Βασιλεία τῶν οὐοανῶν.

Μακάριοι οἱ πενθοῦντες, ὅτι αὐτοὶ παρακληθήσονται.

Μακάριοι οί πραεῖς, ὅτι αὐτοὶ κληρονομήσουσι τὴν γῆν.

Μακάριοι οἱ πεινῶντες καὶ διψῶντες τὴν δικαιοσύνην, ὅτι αὐτοὶ χορτασθήσονται.

Κανών Α΄ τῆς Έορτῆς.

Τοῦ Μηναίου - - - ' ' ' Ηχος α'. Ή δημιουργική.

Μακάριοι οἱ ἐλεήμονες, ὅτι αὐτοὶ ἐλεηθήσονται.

Γυναῖκά σε θνητήν, ἀλλ' ὑπερφυῶς καὶ Μητέρα, Θεοῦ εἰδότες Πανάμωμε, οἱ κλεινοὶ Ἀπόστολοι, πεφρικυίαις ἥπτοντο χερσί, δόξη ἀπαστράπτουσαν, ὡς θεοδόχον σκῆνος θεώμενοι.

Μακάριοι οἱ καθαροὶ τῆ καρδία, ὅτι αὐτοὶ τὸν Θεὸν ὄψονται.

Γυναῖκά σε θνητήν, ἀλλ' ὑπερφυῶς καὶ Μητέρα, Θεοῦ εἰδότες Πανάμωμε, οἱ κλεινοὶ Ἀπόστολοι, πεφρικυίαις ἥπτοντο χερσί, δόξη ἀπαστράπτουσαν, ὡς θεοδόχον σκῆνος θεώμενοι.

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102. Psalm 145.

The Beatitudes. Mode 1.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Canon 1 of the Feast.

From Menaion - - - Ode iii. Mode 1. O Wisdom of our God.

Blessed are the merciful, for they shall obtain mercy. [RSV]

The glorious Apostles knew you to be a mortal woman, * and yet past nature the Mother of * God as well, O blameless one. * With hands atremble fearfully they touched * you whom they beheld to shine * with glory as the body that hosted God.

Blessed are the pure in heart, for they shall see God. [RSV]

The glorious Apostles knew you to be a mortal woman, * and yet past nature the Mother of * God as well, O blameless one. * With hands atremble fearfully they touched * Μακάριοι οἱ εἰρηνοποιοί, ὅτι αὐτοὶ Υίοὶ Θεοῦ κληθήσονται.

Υπέφθασε χεοσί, ταῖς ὑβοιστικαῖς τοῦ αὐθάδους, τομὴν ἡ δίκη ἐπάξασα, τοῦ Θεοῦ φυλάξαντος, τὸ σέβας τῆ ἐμψύχῳ κιβωτῷ, δόξη τῆς Θεότητος, ἐν ἡ ὁ Λόγος σάοξ ἐχοημάτισε.

Μακάριοι οἱ δεδιωγμένοι ἕνεκεν δικαιοσύνης, ὅτι αὐτῶν ἐστιν ἡ Βασιλεία τῶν οὐρανῶν.

Υπέφθασε χεοσί, ταῖς ὑβοιστικαῖς τοῦ αὐθάδους, τομὴν ἡ δίκη ἐπάξασα, τοῦ Θεοῦ φυλάξαντος, τὸ σέβας τῆ ἐμψύχω κιβωτῷ, δόξη τῆς Θεότητος, ἐν ἡ ὁ Λόγος σάοξ ἐχοημάτισε.

Κανών Β' τῆς Έορτῆς.

Μακάριοι ἐστὲ ὅταν ὀνειδίσωσιν ὑμᾶς, καὶ διώξωσι, καὶ εἴπωσι πᾶν πονηρὸν ῥῆμα καθ' ὑμῶν, ψευδόμενοι ἕνεκεν ἐμοῦ.

Ἐκ σοῦ ζωὴ ἀνατέταλκε, τὰς κλεῖς τῆς παρθενίας μὴ λύσασα· πῶς οὖν τὸ ἄχραντον, ζωαρχικόν τε σου σκήνωμα, τῆς τοῦ θανάτου πείρας γέγονε μέτοχον;

Χαίρετε καὶ ἀγαλλιᾶσθε, ὅτι ὁ μισθὸς ὑμῶν πολὺς ἐν τοῖς οὐρανοῖς.

Ἐκ σοῦ ζωὴ ἀνατέταλκε, τὰς κλεῖς τῆς παρθενίας μὴ λύσασα· πῶς οὖν τὸ

you whom they beheld to shine * with glory as the body that hosted God. [SD]

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

Vengeance was quickly wreaked on the insolent hands of the audacious one, * and amputation was wrought on them, * God thereby preserving, with * the glory of the Godhead, the respect * due unto the living Ark, * the Virgin's body wherein the Word became flesh.

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Vengeance was quickly wreaked on the insolent hands of the audacious one, * and amputation was wrought on them, * God thereby preserving, with * the glory of the Godhead, the respect * due unto the living Ark, * the Virgin's body wherein the Word became flesh.

Canon 2 of the Feast.

From Menaion - - -

Ode vi. Mode 4. O godly-minded believers.

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

O Lady, Life had from you sprung forth * without disrupting seals of virginity. Therefore, how was it that * your spotless body, the source of life, * participated in the experience of death? [5D]

Rejoice and be glad, for your reward is great in heaven. [RSV]

O Lady, Life had from you sprung forth * without disrupting seals of virginity. Therefore, how was it that * your spotless ἄχοαντον, ζωαοχικόν τε σου σκήνωμα, τῆς τοῦ θανάτου πείρας γέγονε μέτοχον;

Δόξα.

Ζωῆς ὑπάρξασα τέμενος, ζωῆς τῆς ἀϊδίου τετύχηκας διὰ θανάτου γάρ, πρὸς τὴν ζωὴν μεταβέβηκας, ἡ τὴν ζωὴν τεκοῦσα τὴν ἐνυπόστατον.

Καὶ νῦν.

Ζωῆς ὑπάρξασα τέμενος, ζωῆς τῆς ἀϊδίου τετύχηκας· διὰ θανάτου γάρ, πρὸς τὴν ζωὴν μεταβέβηκας, ἡ τὴν ζωὴν τεκοῦσα τὴν ἐνυπόστατον.

body, the source of life, * participated in the experience of death? [5D]

Glory.

Being the temple of life itself, * you therefore have obtained everlasting life, O Mother of our God. * For you have passed on to life through death, * O Lady who gave birth unto hypostatic Life.

Both now.

Being the temple of life itself, * you therefore have obtained everlasting life, O Mother of our God. * For you have passed on to life through death, * O Lady who gave birth unto hypostatic Life. [5D]

Εἰσοδικόν. Ἡχος β'.

Δεῦτε ποοσκυνήσωμεν καὶ ποοσπέσωμεν Χοιστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἀγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

"Υμνοι μετὰ τὴν Μικρὰν Εἴσοδον Τοῦ Μηναίου - - -

Απολυτίκιον τῆς Έορτῆς. Ἡχος α'.

Έν τῆ Γεννήσει τὴν παρθενίαν ἐφύλαξας, ἐν τῆ Κοιμήσει τὸν κόσμον οὐ κατέλιπες Θεοτόκε. Μετέστης πρὸς τὴν ζωήν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις ταῖς σαῖς λυτρουμένη, ἐκ θανάτου τὰς ψυχὰς ἡμῶν. (ἐκ γ')

Τοῦ Μηναίου - - -

Κοντάκιον.

Ήχος πλ. β'. Αὐτόμελον.

Τὴν ἐν ποεσβείαις ἀκοίμητον Θεοτόκον, καὶ ποοστασίαις ἀμετάθετον ἐλπίδα, τάφος καὶ νέκοωσις οὐκ ἐκράτησεν ὡς γὰο ζωῆς Μητέρα, πρὸς τὴν ζωὴν μετέστησεν, ὁ μήτραν οἰκήσας ἀειπάρθενον.

Ο ΤΡΙΣΑΓΙΟΣ ΥΜΝΟΣ

Άγιος ὁ Θεός, ἄγιος Ἰσχυφός, ἄγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Άγιος Άθάνατος, ἐλέησον ἡμᾶς.

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Hymns After the Small Entrance.

From Menaion - -

Apolytikion of the Feast. Mode 1.

In giving birth you retained your virginity, and in dormition you did not forsake the world, O Theotokos. You were translated unto life, being the Mother of Life. And thus by virtue of your intercessions you deliver our souls from death. (3)

From Menaion - -

Kontakion.

Mode pl. 2. Automelon.

The Theotokos, unsleeping in intercession
* and the immovable hope of protection, *
could not be retained by any tomb or death.
* For being Life's own Mother, she was
transferred to life by Him * who dwelt in the
ever-virgin womb.

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Ό Απόστολος

Τῆς Έορτῆς.

Ποοκείμενον. ή Τχος γ'. Όδη Ἐνάτη.

Μεγαλύνει ή ψυχή μου τὸν Κύοιον, καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Στίχ. Ότι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ ἰδού γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Ποὸς Φιλιππισίους Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα.

Φλπ 2:5-11

Άδελφοί, τοῦτο γὰο φοονείσθω ἐν ὑμῖν ο καὶ ἐν Χριστῷ Ἰησοῦ· ος ἐν μορφῆ θεοῦ ὑπάρχων, οὐχ άρπαγμὸν ἡγήσατο τὸ εἶναι ἴσα θεῷ, ἀλλ# ἑαυτὸν ἐκένωσεν, μορφὴν δούλου λαβών, ἐν ὁμοιώματι ἀνθρώπων γενόμενος· καί σχήματι εὑρεθεὶς ὡς ἄνθρωπος, ἐταπείνωσεν ἑαυτόν, γενόμενος ὑπήκοος μέχρι θανάτου, θανάτου δὲ σταυροῦ. Διὸ καὶ ὁ θεὸς αὐτὸν ὑπερύψωσεν, καὶ ἐχαρίσατο αὐτῷ ὄνομα τὸ ὑπὲρ πᾶν ὄνομα· ἵνα ἐν τῷ ὀνόματι Ἰησοῦ πᾶν γόνυ κάμψη ἐπουρανίων καὶ ἐπιγείων καὶ καταχθονίων, καὶ πᾶσα γλῶσσα ἐξομολογήσηται ὅτι κύριος Ἰησοῦς Χριστός, εἰς δόξαν θεοῦ πατρός.

Άλληλούϊα. Ἡχος πλ. δ΄. Ψαλμὸς 131.

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα.

Στίχ. α'. Ανάστηθι, Κύριε, εἰς τὴν ἀνάπαυσίν σου, σὰ καὶ ἡ κιβωτὸς τοῦ άγιάσματός σου.

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα.

The Epistle

For the Feast.

Prokeimenon. Mode 3. Ode ix.

My soul magnifies the Lord, and my spirit rejoices in God my Savior. [RSV]

Verse: For he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed. [RSV]

The reading is from Paul's Letter to the Philippians.

Phil. 2:5-11

yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, taking the form of a servant, being born in the likeness of men. And being found in human form he humbled himself and became obedient unto death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name which is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. [RSV]

Alleluia. Mode pl. 4. Psalm 131.

Alleluia. Alleluia. Alleluia.

Verse 1: Arise, O Lord, into Your rest, You and the ark of Your holiness. [SAAS]

Alleluia. Alleluia. Alleluia.

Στίχ. β'. Ὁ μοσε Κύριος τῷ Δαυΐδ ἀλήθειαν καὶ οὐ μὴ ἀθετήσει αὐτήν Ἐκ καρποῦ τῆς κοιλίας σου θήσομαι ἐπὶ τοῦ θρόνου σου.

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα.

Τὸ Εὐαγγέλιον

Τῆς Έορτῆς.

Ἐκ τοῦ κατὰ Λουκᾶν ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

Λου ι' 38-42, ια' 27-28

Τῷ καιοῷ ἐκείνῳ, εἰσῆλθεν ὁ Ἰησοῦς εὶς κώμην τινά· γυνὴ δέ τις ὀνόματι Μάρθα ύπεδέξατο αὐτὸν εἰς τὸν οἶκον αὐτῆς. Καὶ τῆδε ἦν ἀδελφὴ καλουμένη Μαρία, η καὶ παρακαθίσασα παρὰ τοὺς πόδας τοῦ Ἰησοῦ ἤκουε τὸν λόγον αὐτοῦ. Ἡ δὲ Μάρθα περιεσπᾶτο περί πολλήν διακονίαν ἐπιστᾶσα δὲ εἶπε· Κύριε, οὐ μέλει σοι ὅτι ἡ άδελφή μου μόνην με κατέλιπε διακονεῖν; εὶπὲ οὖν αὐτῆ ἵνα μοι συναντιλάβηται. Αποκριθείς δὲ εἶπεν αὐτῆ ὁ Ἰησοῦς. Μάρθα Μάρθα, μεριμνᾶς καὶ τυρβάζη περὶ πολλά· ένὸς δέ ἐστι χρεία· Μαρία δὲ τὴν ἀγαθὴν μερίδα ἐξελέξατο, ἥτις οὐκ ἀφαιρεθήσεται ἀπ' αὐτῆς. Ἐγένετο δὲ ἐν τῷ λέγειν αὐτὸν ταῦτα ἐπάρασά τις γυνὴ φωνήν ἐκ τοῦ ὄχλου εἶπεν αὐτῷ· μακαρία ή κοιλία ή βαστάσασά σε καὶ μαστοὶ ους εθήλασας. αὐτὸς δὲ εἶπε· μενοῦνγε μακάριοι οἱ ἀκούοντες τὸν λόγον τοῦ Θεοῦ καὶ φυλάσσοντες αὐτόν.

Verse 2: The Lord swore to David this truth, and He shall not reject it, "I shall set upon your throne one from the fruit of your loins." [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

For the Feast.

The reading is from the Holy Gospel according to Luke.

Lk. 10:38-42; 11:27-28

At that time, Jesus entered a village; and a woman called Martha received him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving; and she went to him and said, "Lord, do you not care that my sister has left me to serve you alone? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things; one thing is needful. Mary has chosen the good portion, which shall not be taken away from her." As he said this, a woman in the crowd raised her voice and said to him, "Blessed is the womb that bore you, and the breasts that you sucked!" But he said, "Blessed rather are those who hear the word of God and keep it!" [RSV]

Ύμνος εἰς τὴν Θεοτόκον. Ὠδὴ θ'. Ὁ Εἰρμός. Ἡχος α'.

Αί γενεαὶ πᾶσαι, μακαρίζομέν σε, τὴν μόνην Θεοτόκον.

Νενίκηνται τῆς φύσεως οἱ ὅροι, ἐν σοὶ Παρθένε ἄχραντε, παρθενεύει γὰρ τόκος, καὶ ζωὴν προμνηστεύεται θάνατος. Ἡ μετὰ τόκον Παρθένος, καὶ μετὰ θάνατον ζῶσα, σώζοις ἀεί, Θεοτόκε, τὴν κληρονομίαν σου.

Κοινωνικόν. Ψαλμὸς 115.

Ποτήριον σωτηρίου λήψομαι καὶ τὸ ὄνομα Κυρίου ἐπικαλέσομαι. Ἀλληλούϊα.

Έκλογη είς την Κοίμησιν της Θεοτόκου

- 1. Ἀλαλάξατε τῷ Θεῷ, πᾶσα ἡ γῆ, ἄσατε καὶ ἀγαλλιᾶσθε καὶ ψάλατε. (97:4)
- 2. Άλαλάξατε ἐνώπιον τοῦ Βασιλέως Κυρίου. (97:6)
- 3. Έν πόλει Κυρίου τῶν δυνάμεων, ἐν πόλει τοῦ Θεοῦ ἡμῶν. (47:9)
- 4. Δεδοξασμένα ἐλαλήθη πεοὶ σοῦ, ἡ πόλις τοῦ Θεοῦ. (86:3)
- 5. Έγενήθη ἐν εἰρήνη ὁ τόπος αὐτοῦ, καὶ τὸ κατοικητήριον αὐτοῦ ἐν Σιών. (75:3)
- 6. Ο Θεὸς ἐθεμελίωσεν αὐτὴν εἰς τὸν αἰῶνα. (47:9)
- 7. Ὁ Θεὸς ἐν μέσω αὐτῆς, καὶ οὐ σαλευθήσεται. (45:6)
- 8. Ήγίασε τὸ σκήνωμα αὐτοῦ ὁ Ύψιστος. (45:5)
- 9. Άγιωσύνη καὶ μεγαλοποέπεια ἐν τῷ άγιάσματι αὐτοῦ. (95:6)

Hymn to the Theotokos. Ode ix. Heirmos. Mode 1.

Now all generations call you blessed, O only Theotokos. [5D]

In you the laws of nature are defeated,* O undefiled Virgin pure. * In virginity childbirth was accomplished, and death introduces life. * You, after bearing, are virgin, and after dying are living. * Mother of God, * ever save your inheritance.

Communion Hymn. Psalm 115.

I will take up the cup of salvation, and call upon the name of the Lord. Alleluia. [SAAS]

Selected Psalm Verses for the Dormition of the Theotokos

- 1. Shout aloud to God, all the earth; sing and greatly rejoice, and sing psalms. (97:4) [SAAS]
- 2. Shout aloud before the Lord our King. (97:6) [SAAS]
- 3. In the city of the Lord of hosts, in the city of our God. (47:9) [SAAS]
- 4. Glorious things were said concerning you, O city of God. (86:3) [SAAS]
- 5. His place was made in peace, and His dwelling in Zion. (75:3) [SAAS]
 - 6. God established her forever. (47:9) [SAAS]
- 7. God is in her midst; she shall not be shaken. (45:6) [SAAS]
- 8. The Most High sanctified His tabernacle. (45:5) [SAAS]
- 9. Holiness and majesty are in His holy place. (95:6) [SAAS]

- 10. Όρος Σιών τοῦτο, δ κατεσκήνωσας ἐν αὐτῷ. (73:2)
- 11. Ποτήριον σωτηρίου λήψομαι, καὶ τὸ ὄνομα Κυρίου ἐπικαλέσομαι (115:4)
- 12. Έν εἰρήνη ἐπὶ τὸ αὐτὸ κοιμηθήσομαι καὶ ὑπνώσω. (4:9)
- 13. Ἐπίστοεψον, ψυχή μου, εἰς τὴν ἀνάπαυσίν σου. (114:7)
- 14. Αἰσχυνθήτωσαν καὶ ἀποστραφήτωσαν εἰς τὰ ὀπίσω, πάντες οἱ μισοῦντες Σιών. (128:5)
- 15. Σὺ ἔπλασάς με, καὶ ἔθηκας ἐπ' ἐμὲ τὴν χεῖοά σου. (138:5)
- 16. Ἐκράτησας τῆς χειρὸς τῆς δεξιᾶς μου, καὶ μετὰ δόξης προσελάβου με. (72:23)
- 17. Κύριε, εἰς χεῖράς σου παραθήσομαι τὸ πνεῦμά μου. (30:6)
- 18. Διελεύσομαι ἐν τόπω σκηνῆς θαυμαστῆς, ἕως τοῦ οἴκου τοῦ Θεοῦ. (41:5)
- 19. Έν φωνῆ ἀγαλλιάσεως, καὶ ἐξομολογήσεως ἤχου ἑορτάζοντος. (41:5)
- 20. Πληρώσεις με εὐφροσύνης, μετὰ τοῦ προσώπου σου. (15:11)
- 21. Χορτασθήσομαι ἐν τῷ ὀφθῆναί μοι τὴν δόξαν σου. (16:15)
- 22. Έξηγέοθην, καὶ ἔτι εἰμὶ μετὰ σοῦ. (138:18)
- 23. Αὕτη ἡ ἀλλοίωσις τῆς δεξιᾶς τοῦ Ύψίστου. (76:11)
 - 24. Κύκλω αὐτοῦ ἡ σκηνὴ αὐτοῦ. (17:12)
- 25. Μνησθήσομαι τοῦ ὀνόματός σου, ἐν πάση γενεᾳ καὶ γενεᾳ. (44:18)

- 10. This Mount Zion, where You encamped. (73:2) [SAAS]
- 11. I will take up the cup of salvation, and call upon the name of the Lord. (115:4) [SAAS]
- 12. I will both sleep and rest in peace. (4:9)
- 13. Return, O my soul, to your rest. (114:7)
- 14. Let all who hate Zion be shamed and turned back. (128:5) [SAAS]
- 15. You fashioned me, and placed Your hands on me. (138:5) [SAAS]
- 16. You hold fast my right hand; and with glory You take hold of me. (72:23) [SAAS]
- 17. O Lord, into Your hands I shall entrust my spirit (30:6) [SAAS]
- 18. I shall enter the place of the wondrous tabernacle, even the house of God. (41:5) [SAAS]
- 19. To celebrate a festival, with a voice of great joy and praise. (41:5) [SAAS]
- 20. You will fill me with gladness in Your presence. (15:11) [SAAS]
- 21. I shall be satisfied when Your glory is revealed. (16:15) [SAAS]
- 22. I awakened, and I am still with You. (138:18) [SAAS]
- 23. This change is by the right hand of the Most High. (76:11) [SAAS]
- 24. His tabernacle was around Him. (17:12)
- 25. I will remember your name from generation to generation. (44:18) [SAAS]

- 26. Ανάστηθι, Κύριε, εἰς τὴν ἀνάπαυσίν σου, σὺ καὶ ἡ κιβωτὸς τοῦ ἁγιάσματός σου. (131:8)
- 27. Άγιος ὁ ναός σου, θαυμαστὸς ἐν δικαιοσύνη. (64:5)
- 28. Τῷ οἴκῳ σου πρέπει ἁγίασμα, Κύριε, εἰς μακρότητα ἡμερῶν. (92:5)

"Υμνος μετὰ τὴν Θ. Κοινωνίαν. "Ηχος β'.

Εἴδομεν τὸ φῶς τὸ ἀληθινόν, ἐλάβομεν Πνεῦμα ἐπουράνιον, εὓρομεν πίστιν ἀληθῆ, ἀδιαίρετον Τριάδα προσκυνοῦντες· αὕτη γὰρ ἡμᾶς ἔσωσεν.

ΑΠΟΛΥΣΙΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς πρεσβείαις τῆς παναχράντου καὶ παναμώμου άγίας αὐτοῦ Μητρός, ἧς καὶ τὴν Κοίμησιν ἑορτάζομεν δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων Άσωμάτων, ίκεσίαις τοῦ τιμίου, ἐνδόξου, προφήτου, Προδρόμου καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων ἐνδόξων καὶ καλλινίκων μαρτύρων τῶν όσίων καὶ θεοφόρων Πατέρων ήμῶν (τοῦ Άγίου τοῦ Ναοῦ) τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ίωακεὶμ καὶ Άννης, καὶ πάντων τῶν Άγίων, ἐλεήσαι καὶ σώσαι ήμᾶς, ώς ἀγαθὸς καὶ φιλάνθοωπος.

Κανόνας Νηστείας

Κατάλυσις εἰς πάντα.

- 26. Arise, O Lord, into Your rest, You and the ark of Your holiness. (131:8) [SAAS]
- 27. Holy is Your temple, wondrous in righteousness. (64:5) [SAAS]
- 28. Holiness is proper to Your house, O Lord, unto length of days. (92:5) [SAAS]

Hymn after Holy Communion. Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us.

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, whose Dormition we celebrate, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fast Free: All foods allowed.