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The Service of Matins

for Thursday, May 2, 2019

**Pentecostarion - On Thursday of Bright Week
at Matins**

**Menaion - May 2
Memory of St. Athanasios the Great**

Katavasias of Pascha

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Pentecostarion

Bright Thursday

Menaion - May 2

Memory of St. Athanasios the Great

MATINS

PRIEST

Glory to the holy and consubstantial, and life giving, and undivided Trinity, always, now and forever and to the ages of ages.

(Amen.)

PRIEST

Mode pl. 1.

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs... [GOA]

CHOIR

...He has granted life.

PRIEST

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs... [GOA]

CHOIR

...He has granted life.

PRIEST

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs... [GOA]

CHOIR

...He has granted life.

PRIEST

Verse 1: *Let God arise, and let His enemies be scattered, and let those who hate Him flee from before His face.*

CHOIR

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

PRIEST

Verse 2: *As smoke vanishes, so let them vanish, as wax melts before the fire.*

CHOIR

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

PRIEST

Verse 3: *So shall the sinners perish from the face of God. And let the righteous be glad.*

CHOIR

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

PRIEST

Verse 4: *This is the day the Lord made; let us greatly rejoice and be glad therein.*

CHOIR

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

PRIEST

Glory to the Father and the Son and the Holy Spirit.

CHOIR

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

PRIEST

Both now and ever and to the ages of ages. Amen.

CHOIR

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

PRIEST

Christ is risen from the dead, by death trampling down upon death... [GOA]

CHOIR

...and to those in the tombs He has granted life.

DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

For those who travel by land, sea, and air, for the sick, the suffering, the captives and for their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages. (*Amen.*)

From Pentecostarion - - -

READER

Hypakoe. Mode 4.

When the women with Mary had come before dawn, and they found that the stone had been rolled away from the sepulcher, they heard from the Angel, "Why do you seek among the dead, as a mortal man, the One who exists in everlasting light? See the grave clothes in the sepulcher. Run and proclaim to the world that the Lord has risen and put death to death; for He is the Son of God who saves the human race."

From Pentecostarion - - -

Kontakion of Pascha.

Mode pl. 4.

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Kontakion. For the Saint.

From Menaion - - -

Mode 2. *In the pools of your blood.*

You planted the dogmas of Orthodoxy, * and you cut down the briars of heresy, * and thus you increased the seed of Faith, * with the rain of the Spirit, O holy one. * And therefore we hymn your memorial. ^[SD]

Oikos.

Let us believers extol today the most festive memorial of Athanasios. He brought

down the errant Arius, Eunomius and Sabellius, by means of true dogmas; and he delivered them to burn in everlasting fire, for they had wrongly blasphemed against the Savior's incarnation, which all the Prophets had announced. Therefore we hymn his memorial. ^[SD]

Synaxarion.

From the Menaion.

On May 2 we commemorate the recovery of the holy relics of our Father among the Saints Athanasius the Great, Patriarch of Alexandria.

On this day we also commemorate the holy Martyrs Hesperos and his wife Zoe and their children Kyriacos and Theodulos.

Devout Saint Jordan the Wonder-worker reposed in peace.

By their holy intercessions, O Christ God, have mercy on us. Amen.

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death. (3)

Jesus, having risen from the grave as He foretold, has granted us eternal life and great mercy. (3)

CHOIR

Katavasia of Pascha

Ode i. Mode 1.

Resurrection Day! O peoples, let us
brilliantly shine! * Pascha, the Lord's Pascha! *
For Christ our God has out of death * passed
us over into life, * and likewise from earth
* to heaven, as we now sing * unto Him a
triumphal hymn. [SD]

Ode iii.

Come and let us drink a new drink, * not
one marvelously issuing from a barren rock,
* but one that Christ from the tomb * pours
out, incorruption's very source. * For we are
established in Him. [SD]

Ode iv.

Now let Habakkuk as a God-inspired
prophet stand with us, * keeping his divine
watch, and show us * the angelic messenger,
who, shining, utters glowingly, * "Today,
for the world is salvation,* because arisen is
Christ, being omnipotent." [SD]

Ode v.

Arising at dawn very early, * instead of
ointment, a hymn let us offer unto the Master,
* and then we shall clearly see* Christ, the Sun
of Righteousness, * causing true life to arise
for all. [SD]

Ode vi.

You went down to the nether regions
of earth, * and You broke apart the bars that
forever * were closed on those who were held
there, O Christ. * From the sepulcher, * as did
Jonah from the whale, * You arose on the third
day. [SD]

Ode vii.

The same One who delivered the Lads
from fire, becoming a mortal man, * suffers
in the flesh; and by His Passion He arrays
* mortal nature with majesty, free of all *
corruption, the only God of the fathers, *
blessed and supremely glorious. [SD]

Ode viii.

*We praise and we bless and we worship the
Lord.*

This is it, the Day which is chosen and
holy, * Day One of the Sabbaths. * It is the
queen-day, the Lord's Day, * and the Feast
of all feasts, * and the Festival above every
festival, * on which we extol Christ and bless
Him to the ages. [SD]

DEACON

Let us honor and magnify in song the
Theotokos and the Mother of the light.

CHOIR

From Pentecostarion - - -

Canon of Pascha.

Ode ix. Heirmos. Mode 1.

*O my soul, magnify Him who willingly
suffered, was buried, and arose from the grave on
the third day.*

Be illumined, illumined, O New
Jerusalem; * for the glory of the Lord has
arisen over you. * Dance now for joy, O
Zion, and exult. * And you be merry, O pure
Theotokos, * at the arising of the One you
bore. [SD]

*O my soul, magnify Christ who is the Giver of
life, and who rose from the grave on the third day.*

Be illumined, illumined, O New
Jerusalem; * for the glory of the Lord has
arisen over you. * Dance now for joy, O

Zion, and exult. * And you be merry, O pure Theotokos, * at the arising of the One you bore. [SD]

Troparia.

Christ is the new Pascha, the sacrificial Victim, the Lamb of God that takes away the sin of the world.

Divine and beloved and sweetest utterance of Yours! * For You really and truly pledged that You will be with us * unto the end of the age, O Christ. * And we the faithful, clinging to Your promise, * our anchor of hope, rejoice. [SD]

Today creation all is exultant and rejoices, for Christ has arisen, and Hades was despoiled.

O Pascha, the great and most sacred Passover, O Christ, * You the wisdom and Logos and the power of God: * Grant that we may more distinctly partake of You * on that day that has no evening in Your kingly rule. [SD]

Canon for the Saint.

From Menaion ---

Mode 3. *N/M (We, O holy Virgin, perceive you.)*

Saint of God, intercede for us.

Clearly demonstrating that your soul is a spotless mirror of God, both in word and in deed you flash divine reflections brightly throughout the entire world, all-blessed one. [SD]

Saint of God, intercede for us.

O Godly-minded Father, you were shown to be a trumpet playing the pleasant sound of knowledge, and with manful words you rouse our thoughts against the enemies of God. [SD]

Glory.

With hymns we magnify you who have been truly shown to be the mixing bowl of wisdom, giving us to drink the sober beverage of true religion. [SD]

Both now. **Theotokion.**

We believers magnify you, O pure Theotokos, who conceived the uncontainable Word in your womb, and gave birth to Him in the flesh in a manner that cannot be explained. [SD]

Katavasia.

The Angel cried aloud to the Lady full of grace: Rejoice, O pure Virgin; and again I say Rejoice. Your Son has truly risen from the grave on the third day.

Be illumined, illumined, O New Jerusalem; * for the glory of the Lord has arisen over you. * Dance now for joy, O Zion, and exult. * And you be merry, O pure Theotokos, * at the arising of the One you bore. [SD]

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. (3)

Jesus, having risen from the grave as He foretold, has granted us eternal life and great mercy. [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Exaposteilarion. Of Pascha.

From Pentecostarion - - -

Mode 2. Automelon.

When You had slumbered in the flesh as one mortal, O King and Lord, You rose again on the third day, and raised up Adam from decay and rendered death of no effect. Pascha of incorruption, salvation of the world. [SD]

For the Saint.

From Menaion - - -

Mode 3. Having embellished heaven.

Let us extol with praises * the pride and joy of hierarchs, * the progeny of Egypt, * and namesake of immortality, * the one who overthrew Arius, * and defended the faithful.

[SD]

Of Pascha.

From Pentecostarion - - -

Mode 2. Automelon.

When You had slumbered in the flesh as one mortal, O King and Lord, You rose again on the third day, and raised up Adam from decay and rendered death of no effect. Pascha of incorruption, salvation of the world. [SD]

Lauds. Mode pl. 1.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

From Pentecostarion - - -

Resurrectional Stichera.

Sticheron 1. Mode pl. 1.

To fulfill among them the written judgment: this glory have all His holy ones. [SAAS]

Lord, although the tomb had been sealed by the transgressors of the law, You came forth from the sepulcher, just as You were born from the Theotokos. Your bodiless Angels did not know how You became incarnate; nor did the soldiers who guarded You perceive when You resurrected. For both have been sealed to those who would inquire, but the miracles have been revealed to those who faithfully worship the mystery. As we extol it, restore to us exultant joy and Your great mercy. [SD]

Sticheron 2. Mode pl. 1.

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

Lord, after You smashed the eternal bars and broke the bonds, You rose from the tomb and left the grave clothes behind as evidence that truly You had been buried for three days. And You proceeded to Galilee, You who were in custody in a rock-hewn tomb. Great is Your mercy, incomprehensible Savior! Have mercy on us. [SD]

Sticheron 3. Mode pl. 1.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Lord, the women ran to the sepulcher to see You, the Christ, who had suffered for us. When they came, they found an Angel sitting on the stone that from fear had rolled away. The Angel called out to them, saying, "The Lord has risen. Tell the Disciples that resurrected from the dead is He who saves our souls." [SD]

Stichera. For the Saint.

From Menaion - - -

Mode 4. To a brave one.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

By your fiery dogmas is * all the tinder of heresy * utterly consumed, O all-glorious and wise. * The insubordinate army of the heretics founders in * your profundity of thought, * O devout Athanasios; and from day to day * the assembly of faithful prides itself in your theology and doctrines, * and with a loud voice it honors you. [SD]

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

O devout Athanasios, by the splendor of your divine * discourses the whole Church is nobly beautified; * and she adorns herself piously with beautiful ornaments; * and she dutifully keeps * your most festive memorial, and she honors you, * the illustrious glory of the priesthood and the universal preacher * in the defense of the Trinity. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

With the staff of your dogmas you, O all-wise father, drove away * from the Church of Christ all the spiritual wolves; * and you protected her round about * with words as with battlements, * and presented her to Christ * free of blemish and injury. * Therefore supplicate * that He free from corruption and from dangers * those who loyally now honor * your ever-ven'erable memory. [SD]

From Pentecostarion - - -

Stichera of Pascha.

Mode pl. 1.

Verse 1: *Let God arise, and let His enemies be scattered, and let those who hate Him flee from before His face.*

Today a sacred Pascha has been revealed to us; a Pascha new and holy, a Pascha mystical, a Pascha all-venerable, Pascha, the Redeemer Christ himself; a Pascha that is blameless, a Pascha that is great, a Pascha of believers, a Pascha that has opened for us the gates of Paradise, a Pascha that sanctifies believers all. [SD]

Verse 2: *As smoke vanishes, so let them vanish, as wax melts before the fire.*

Come now from that sight, O you women and heralds of good news, and say to Zion, "Receive from us the joyful tidings of the Resurrection of Christ. O Jerusalem, be exultant, dance and leap for joy, for you have witnessed Christ the King coming forth as a Bridegroom from the sepulcher." [SD]

Verse 3: *So shall the sinners perish from the face of God. And let the righteous be glad.*

The myrrh-bearing women at dawn very early, standing outside the tomb of the Giver-of-Life, found an Angel who was seated upon the stone. And the Angel addressed them, and this is what he said, "Why do you seek among the dead the One who is alive? Why do you grieve as though corruptible the Incorrupt? So go back and proclaim it to His Disciples." [SD]

Verse 4: *This is the day the Lord made; let us greatly rejoice and be glad therein.*

Pascha of delight! Pascha, the Lord's Pascha! A Pascha all venerable has risen for us. Pascha! With joy let us embrace one another. Pascha, the ransom from sorrow! Today from the sepulcher Christ emerged resplendently as from a bridal chamber, and the women He filled with joy, saying, "Proclaim this to the Apostles." [SD]

Glorify. **For the Saint.**

From Menaion - - -

Mode 3.

With sacred hymns let us extol that great glory of priests, Athanasius, the invincible hero. By the power of the Spirit, he cut down the ranks of the heresies, and he raised the trophies of Orthodoxy throughout the world. He correctly expounded on the mystery of the Trinity, speaking of three because of the attributes of each Person, and then speaking of one because of the unconfused identity of essence. He theologized like the cherubim, and he intercedes for our souls. [SD]

Both now. **Of Pascha.**

From Pentecostarion - - -

Mode pl. 1.

It is the day of the Resurrection. Let us shine brightly for the festival, and also embrace one another. Brethren, let us say even to those who hate us, "Let us forgive everything for the Resurrection." And thus let us cry aloud, "Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life." [SD]

From Pentecostarion - - -

Mode pl. 1.

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. (3) [GOA]

DEACON

Wisdom.

(Father, bless!)

PRIEST

Blessed are You, Christ our God, always now and forever and to the ages of ages. (Amen.)

Make firm, Lord our God, the holy and pure faith of the pious Orthodox Christians, together with the Holy Church and this city forever.

READER

Amen.

Be illumined, illumined, O New Jerusalem; * for the glory of the Lord has arisen over you. * Dance now for joy, O Zion, and exult. * And you be merry, O pure Theotokos, * at the arising of the One you bore.

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

Lord, have mercy. (3) Father, bless!

PRIEST

May He who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and our father among the saints Athanasios, Patriarch of Alexandria, the memory of the transfer of whose holy relics we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Let us forgive everything for the Resurrection, And thus let us cry aloud:

Christ is risen!

PEOPLE

Truly He is risen!

PRIEST

Christ is risen!

PEOPLE

Truly He is risen!

PRIEST

Christ is risen!

PEOPLE

Truly He is risen!

PRIEST

Glory to His holy Resurrection on the third day!

PEOPLE

We worship His Resurrection on the third day!

PRIEST

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

PEOPLE

Truly the Lord is risen!