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# The Service of Matins

for Saturday, July 20, 2019

Menaion - July 20 Memory of the Holy Prophet Elias

**Katavasias of Theotokos** 

**Text in English** 

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vol Orthodox Monastery of the Veil of our Lady

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#### Menaion - July 20

Memory of the Holy and Glorious Prophet Elias (Elijah) the Tishbite.

#### **MATINS**

#### **CHOIR**

#### Mode 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

**Verse 1:** Give thanks to the Lord and call upon His name.

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

**Verse 2:** All the nations surrounded me, but in the name of the Lord I defended myself against them.

**Verse 3:** And this came about from the Lord, and it is wonderful in our eyes.

# Apolytikion.

From Menaion - - -

Mode 4. Come quickly.

The angel incarnate and the Prophets' pedestal, \* the second Forerunner of the coming of Christ, Elias the glorious, \* sent down to Elisha the divine grace from heaven. \* He drives away diseases and he cleanses lepers. \* Therefore he pours out healings to those who honor him. [50]

# Glory. Repeat.

The angel incarnate and the Prophets' pedestal, \* the second Forerunner of the coming of Christ, Elias the glorious, \* sent down to Elisha the divine grace from heaven. \* He drives away diseases and he cleanses lepers. \* Therefore he pours out healings to those who honor him. [5D]

From Octoechos - - -

Both now. **Theotokion.** 

Mode 4.

O Theotokos, through you became manifest to us on earth the mystery, which was hid from eternity, and which the Angels themselves knew not: that God, uniting natures without confusion, becomes a man and accepts crucifixion for our salvation voluntarily. By virtue of this, resurrecting man whom He had first created, He saved our souls from death. [5D]

#### **PRIEST**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

#### Kathisma I.

From Menaion - - -

**Mode 1.** *The soldiers keeping watch.* 

In unison we all now acclaim you, Elias,

\* the fiery charioteer and the bright luminary,

\* the seer of God and paramount of Prophets,

O blessed one. \* Breathing zeal divine, you

overturned false religion, \* reprimanding lawless men, O Angel incarnate. \* We pray you to shelter us. [50]

Glory. Both now. **Theotokion. Mode 1.** *The soldiers keeping watch.* 

All we who run to you and with longing take refuge \* in your benevolence know that you are the Mother \* of God, and after giving birth are a virgin in very truth. \* Now we sinners have you as our only protection. \* In temptation we rely on you for salvation, \* O only all-blameless one. [SD]

### Kathisma II.

From Menaion - - -

**Mode 1.** *The soldiers keeping watch.* 

On earth you led a life that was worthy of heaven, \* and thus were close to God through your genuine virtue; \* for you, O thriceblessed one, had acquired the life of grace. \* By your breath alone you resurrected the child. \* You remain preserved, surpassing death and corruption, \* Elias inspired by God.

Glory. Both now. **Theotokion. Mode 1.** *The soldiers keeping watch.* 

O Mary, who became the Master's hallowed vessel, \* now raise us up, for we have fallen into the chasm \* of awful despondency, and transgressions and suffering. \* For you have indeed become salvation for sinners, \* and their help in need and their prevailing protection; \* and you save your servants. [5D]

The Menaion does not indicate a Matins Gospel. We have included this section as optional.

#### **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

# Antiphon I. Mode 4.

Since my youth have many passions waged war against me. O my Savior, nonetheless help me and save me. (2)

You, the haters of Zion, be put to shame by the Lord, for like thatch in fire you will be completely dried up. (2) [SD]

Glory.

From the Holy Spirit every soul receives life, and through cleansing is lifted and brightened, in a hidden, sacred manner, by the trinal Monad. [5D]

Both now.

From the Holy Spirit do the streams of grace well forth; they irrigate everything created, so that life be engendered. [50]

## Prokeimenon. Psalms 109, 104.

You are a priest forever according to the order of Melchizedek. (2)

**Verse:** Do not touch My anointed ones, and do not act wickedly towards My prophets.

You are a priest forever according to the order of Melchizedek. [SAAS]

#### **DEACON**

Let us pray to the Lord.

(Lord, have mercy.)

#### **PRIEST**

For you are holy, our God, who rest among the Saints, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

#### **CHOIR**

Amen.

#### Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

#### **DEACON**

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

#### **DEACON**

Wisdom. Arise. Let us hear the Holy Gospel.

#### **PRIEST**

Peace be with all.

(And with your spirit.)

#### **PRIEST**

The reading is from the Holy Gospel according to Matthew.

#### **DEACON**

Let us be attentive.

(Glory to You, O Lord, glory to You.)

## **PRIEST** (*from the gate*)

#### 23:29-39

The Lord said to the Jews who had come to him, "Woe to you, scribes and Pharisees, hypocrites! for you build the tombs of the prophets and adorn the monuments of the righteous, saying, 'If we had lived in the days of our fathers, we would not have taken part with them in shedding the blood of the prophets.' Thus you witness against yourselves, that you are sons of those who murdered the prophets. Fill up, then, the measure of your fathers. You serpents, you brood of vipers, how are you to escape being sentenced to hell? Therefore I send you prophets and wise men and scribes, some of whom you will kill and crucify, and some you will scourge in your synagogues and persecute from town to town, that upon you may come all the righteous blood shed on earth, from the blood of innocent Abel to the blood of Zacharias the son of Barachiah, whom you murdered between the sanctuary and the altar. Truly, I say to you, all this will come upon this generation. O Jerusalem, Jerusalem, killing the prophets and stoning those who are sent to you! How often would I have gathered your children together as a hen gathers her brood under her wings, and you would not! Behold, your house is forsaken and desolate. For I tell you, you will not see me again, until you say, 'Blessed is he who comes in the name of the Lord.' " [RSV]

(Glory to You, O Lord, glory to You.)

#### **READER**

#### Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed: You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare

Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

Menaion Supplement - - -

#### **CHOIR**

## Glory. Mode 2.

At the intercession of Your holy Prophet, O Lord of mercy, blot out my many offences.

#### Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [5D]

# Idiomelon. Mode pl. 2.

**Verse:** Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. [SAAS]

O Elias, as your name includes the name of God, you received the fire of the zeal for God in your heart, and you passed the time of your life in fire. At birth, Angels swaddled you in fire and fed you the fiery flame. Later in life, three times you called down fire from heaven. And in the end, a fiery chariot picked you up and took you up as if into heaven. How amazing! A man's clay frame was forged by the power of the Spirit, and it became all fiery! And now, united to the immaterial fire of the Godhead, he intercedes on behalf of our souls.

#### **DEACON**

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, the holy and glorious Prophet Elias the Tishbite, whose memory we celebrate; and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

#### **CHOIR**

Lord, have mercy. (12)

#### **PRIEST**

Through the mercy, compassion, and love of mankind of your only-begotten Son, with

whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

From Menaion - - -

#### **READER**

#### Kontakion.

#### Mode 2. Automelon.

O Prophet and seer of the great deeds of God, renowned Elias, who stayed the rain clouds by your word, intercede on our behalf with the Lord who alone loves humanity.

#### Oikos.

Seeing humanity's great iniquity and God's measureless love for humanity, Elias the Prophet was angry and troubled and spoke uncompassionate words to the compassionate God. "Vent Your wrath," cried he, "on them who renounced You, O Judge most just." But in no way did he move the heart of the Good to punish the ones who renounced Him. For He ever awaits the repentance of all, as the Lord who alone love humanity.

# Synaxarion.

## From the Menaion.

On July 20, we commemorate the fiery ascent into the heavens of the holy and glorious Prophet Elias (Elijah) the Tishbite.

By his holy intercessions, O God, have mercy on us. Amen.

#### **CHOIR**

# Katavasias of Theotokos Ode i. Mode 4.

I open my mouth and pray the Spirit fill it, like David said, \* to pour out a good word to the Queen and Mother of God. \* I will celebrate \* her feast with joy and gladness \* and sing to her merrily, lauding her miracles.

#### Ode iii.

\* O Mother of God, for they have formed
\* a spiritual choir for you \* the living and
abundant fount; \* and graciously in your
divine glory give glorious crowns to them.

#### Ode iv.

When the Prophet Habakkuk heard the divine \* and incomprehensible counsel of Your Incarnation \* from the Virgin, O Most High, \* considering, he cried aloud: \* Glory to Your power, O Lord my God. [5D]

### Ode v.

Amazed was the universe by your divine magnificence. \* You who were perpetually virgin \* carried the heavenly God of all in your womb \* and gave birth to the eternal Son, \* who awards salvation to all who sing hymns of praise to you. [SD]

#### Ode vi.

O godly-minded believers, come \* and celebrate this sacred and venerable feast and thus extol \* the Theotokos, and clap our hands, \* and glorify our God who was truly born of her.

#### Ode vii.

Godly-minded three \* did not adore created things in the Creator's stead; \* rather, disdaining the threat \* of fire, they trampled it, and joyfully they sang: \* "O supremely praised \* and most exalted Lord and God \* of the fathers, You are blessed." [SD]

#### Ode viii.

We praise and we bless and we worship the Lord.

Guiltless were those Servants in the furnace. \* The Son of the Theotokos went and rescued them. \* He who was prefigured then, \* having been incarnate now, \* is gathering the whole wide world into His Church to sing: \* "O all you works of the Lord, to all ages \* sing praises to the Lord and exalt Him beyond measure."

#### **DEACON**

Let us honor and magnify in song the Theotokos and the Mother of the light.

#### **CHOIR**

# Ode ix. Megalynarion. Mode 4.

**Verse:** My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NK]VI

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** For He who is mighty has done great things for me, and holy is His name. And His

mercy is on those who fear Him from generation to generation. [NK]V]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

**Verse:** He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever. [NKJVI]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

#### Ode ix. Katavasia. Mode 4.

All you born on earth, \* with festival lamps in hand, in spirit leap for joy; \* and all you the heavenly angelic orders, join in

and celebrate; \* and honoring the sacred wonders of the Mother of God, \* sing the joyful salutation, "O rejoice, \* Theotokos, all-blest, ever-virgin pure!" [5D]

#### **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

## Exaposteilarion.

From Menaion - - -

**Mode 3.** *O Logos, light unaltered.* 

Light in the fiery chariot, that made a skyriding charioteer \* out of you, O Elias, did not at all consume you. \* After all, you had brought down fire \* and dried up the rainfall \* by your earthen tongue, O Prophet. [5D]

#### Theotokion.

**Mode 3.** O Logos, light unaltered.

Light-bearing Mother and Virgin, \* compel by your intercession \* your Son, O pure Theotokos, \* to have compassion and

save me \* from the eternal darkness, \* since I am trusting \* in your divine assistance. [5D]

## Lauds. Mode pl. 4.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

To fulfill among them the written judgment: this glory have all His holy ones.

Praise God in His saints; praise Him in the firmament of His power.

## Stichera. For the Prophet.

From Menaion - - -

# Mode pl. 4. What are we to call you.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

O Elias, Prophet and Oracle, \* when by virtue and your unadulterated way of life \* you were joined to God, and thus received authority from Him, \* creation's natural order you altered at will, \* and likewise shut up heaven's gates against the rain. \* And you made fire come down to earth, \* and it consumed the impious men. \* So intercede, we entreat you, that our souls be saved. [5D]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

O Elias, Prophet and Oracle, \* when by virtue and your unadulterated way of life \* you were joined to God, and thus received authority from Him, \* creation's natural order you altered at will, \* and likewise shut up heaven's gates against the rain. \* And you made fire come down to earth, \* and it consumed the impious men. \* So intercede, we entreat you, that our souls be saved. [50]

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Fired up with zeal for the Lord your God, \* O Elias, you rebuked the kings who disobeyed the Law, \* and most fervently you put to death the shameful priests of Baal; \* ignited fire in water paradoxically, \* and likewise brought forth food not harvested from earth. \* And with your mantle you struck the stream \* of River Jordan and parted it. \* So intercede, we entreat you, that our souls be saved. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Prophet, when you learned and in very truth \* manifested in your ways the life of heaven here on earth, \* and obtained within yourself the wealth of hypostatic life, \* you breathed on the deceased and resurrected him. \* And you have still remained superior to death. \* Aboard a fiery chariot \* you were transported into the heights. \* So intercede, we entreat you, that our souls be saved. [5D]

Glory.

From Menaion - - -

# Mode pl. 4.

O believers, let us sing hymns in honor of Elias and Elisha, the pinnacles of the prophets and the luminaries of the world. And let us joyfully cry out to Christ, "O compassionate Lord, at the entreaties of Your Prophets, grant to Your people the forgiveness of sins and the great mercy." [SD]

From Octoechos - - -

Both now. Theotokion.

Lady, receive the supplications of your servants, and rescue us from all necessity and affliction.

# **Great Doxology**

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

# Apolytikion.

From Menaion - - -

Mode 4. Come quickly.

The angel incarnate and the Prophets' pedestal, \* the second Forerunner of the coming of Christ, Elias the glorious, \* sent down to Elisha the divine grace from heaven. \* He drives away diseases and he cleanses lepers. \* Therefore he pours out healings to those who honor him. [50]