

Octoechos - Mode pl. 1.

On Monday Morning

Menaion - November 18

Memory of the Holy Martyrs Plato and Romanos

LITURGY

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Antiphon I. Mode 2.

Verse 1: *It is good to give thanks to the Lord and to sing to Your name, O Most High.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *To proclaim Your mercy in the morning and Your truth at night.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: *The Lord my God is upright, and there is no wrongdoing in Him.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *The Lord reigns; He clothed Himself with majesty; the Lord clothed and girded Himself with power.* [SAAS]

or:

Verse 1: Come, let us greatly rejoice in the Lord; let us shout aloud to God our savior. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: *And He established the world, which shall not be moved.* [SAAS]

or:

Verse 2: Let us come before His face with thanksgiving, and let us shout aloud to Him with psalms. For the Lord is a great God, a great King over all the earth. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Verse 3: *Holiness is proper to Your house, O Lord, unto length of days.* [SAAS]

or:

Verse 3: For in His hand are the ends of the earth, and the heights of the mountains are His. For the sea is His, and He made it, and His hands formed the dry land. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You

were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion. For the Martyrs.

Mode 4. *Come quickly.*

Your Martyrs, O Lord, were worthily
awarded by You * the crowns of incorruption,
in that they contested for You our immortal
God. * Since they possessed Your power, they
defeated the tyrants, * dashing the demons'
powerless displays of defiance. * O Christ
God, at their fervent entreaties, save our souls.

[SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode pl. 1.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Blessed are the merciful, for they shall obtain mercy. [RSV]

Blessed are the pure in heart, for they shall see God. [RSV]

Troparia.

From Octoechos - - -

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

When the robber had believed * that You the crucified were truly God, * he wholeheartedly and sincerely confessed You, * and he cried aloud to You, O Christ, "In Your kingdom, remember me." [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

On the road, which is my life, * soul-destroying robbers accosted me, * and they

left me wounded. Now to Your divine compassion * I come running. Heal me, I pray, * and save me, O Christ my God. [SD]

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

O almighty God of all, * You are extolled by all the heavenly hosts. * At their spirited intercessions, O Master, * overlook my many wicked deeds, * I pray You, and save my soul. [SD]

Rejoice and be glad, for your reward is great in heaven. [RSV]

For the Martyrs.

O Martyr Athletes of Christ, * enumerated now with angelic hosts * and filled with never-setting illumination, * cause the fetid passions of my heart * to shrink and to disappear. [SD]

Glory.

Holy Trinity, You are * with glory by angelic voices extolled. * I entreat You for my soul that has been infected * by the demons, that in Your divine * mercy You restore its health. [SD]

Both now. **Theotokion.**

O pure One, at the Angel's word, * you accepted Christ the Joy within your womb. * But my soul is sad and depressed from the evils * I have done. Please fill it up with joy, * and guide to the light, I pray. [SD]

Entrance Hymn. Mode 2.

Come, let us worship and bow down
before Christ. Save us, O Son of God, Who
are wondrous in Your saints. We sing to You,
Alleluia. [GOA]

Hymns After the Small Entrance.

Apolytikion. For the Martyrs.

Mode 4. Come quickly.

Your Martyrs, O Lord, were worthily
awarded by You * the crowns of incorruption,
in that they contested for You our immortal
God. * Since they possessed Your power, they
defeated the tyrants, * dashing the demons'
powerless displays of defiance. * O Christ
God, at their fervent entreaties, save our souls.
[SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local
church goes here.)

Kontakion. For the Angels.

Mode 2.

As God's Chief Commanders and
ministers of His divine glory, guides of
humanity and leaders of the Angels, pray for
what will benefit us and for great mercy, as
Chief Commanders of the Bodiless Hosts. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3) [GOA]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

MONDAY OF THE TWENTY-THIRD WEEK

Prokeimenon. Mode 4. Psalm 103.

He makes His angels spirits and His
ministers a flame of fire. [SAAS]

Verse: *Bless the Lord, O my soul. O Lord my
God, You are magnified exceedingly.* [SAAS]

1 Th. 1:1-5

Paul, Silvanus, and Timothy, To the
church of the Thessalonians in God the Father
and the Lord Jesus Christ: Grace to you and
peace. We give thanks to God always for
you all, constantly mentioning you in our
prayers, remembering before our God and
Father your work of faith and labor of love
and steadfastness of hope in our Lord Jesus
Christ. For we know, brethren beloved by
God, that he has chosen you; for our gospel
came to you not only in word, but also in
power and in the Holy Spirit and with full
conviction. You know what kind of men we
proved to be among you for your sake. [RSV]

Alleluia. Mode 2. Psalm 148.

Alleluia. Alleluia. Alleluia.

Verse 1: *Praise the Lord from the heavens,
praise Him in the highest.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *Praise Him, all you His angels;
praise Him, all you His hosts.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Monday of the Tenth Week of Luke

Lk. 17:20-25

At that time, when Jesus was asked by
the Pharisees when the kingdom of God was
coming, he answered them, "The kingdom of

God is not coming with signs to be observed; nor will they say, 'Lo, here it is!' or 'There!' for behold, the kingdom of God is in the midst of you." And he said to the disciples, "The days are coming when you will desire to see one of the days of the Son of man, and you will not see it. And they will say to you, 'Lo, there!' or 'Lo, here!' Do not go, do not follow them. For as the lightning flashes and lights up the sky from one side to the other, so will the Son of man be in his day. But first he must suffer many things and be rejected by this generation." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 103.

He makes His angels spirits and His ministers a flame of fire. Alleluia. [SAAS]

Hymn after Holy Communion.

Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection

of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fish: fish, oil and wine are allowed. Refrain from meat, dairy and eggs.

It is the Christmas fast.