

**Menaion - January 11**

Memory of our Devout Father Theodosios  
the Cenobiarch

**LITURGY**

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**Antiphon I. Mode 2. Psalm 113.**

**Verse 1:** *In the exodus of Israel from Egypt, the house of Jacob.* [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

**Verse 2:** *Judah became His sanctuary.* [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

**Verse 3:** *The sea saw them and fled, the Jordan turned back.* [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

**Verse 4:** *What is it to you, O Sea, that you fled, and to you, O Jordan, that you turned back?*  
[SAAS]

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

Glory. Both now.

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

**Antiphon II. Mode 2. Psalm 114.**

**Verse 1:** *I have loved, because the Lord shall hear the voice of my supplication.* [SAAS]

Save us, O Son of God, who were baptized  
in the Jordan by John. we sing to You,  
Alleluia. [GOA]

**Verse 2:** *For He inclined His ear to me, and in my days I shall call upon Him.* [SAAS]

Save us, O Son of God, who were baptized  
in the Jordan by John. we sing to You,  
Alleluia. [GOA]

**Verse 3:** *The pains of death surrounded me; the dangers of Hades found me.* [SAAS]

Save us, O Son of God, who were baptized  
in the Jordan by John. we sing to You,  
Alleluia. [GOA]

**Verse 4:** *The Lord is merciful and righteous, and our God has mercy.* [SAAS]

Save us, O Son of God, who were baptized  
in the Jordan by John. we sing to You,  
Alleluia. [GOA]

*Glory to the Father and the Son and the Holy Spirit.* [HC]

*Both now and ever and to the ages of ages.*  
*Amen.* [HC]

Only begotten Son and Logos of God,  
being immortal, You condescended for  
our salvation to take flesh from the holy  
Theotokos and ever-virgin Mary and, without  
change, became man. Christ, our God, You  
were crucified and conquered death by death.  
Being one of the Holy Trinity, glorified with  
the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III. Mode 1. Psalm 117.**

**Verse 1:** *Give thanks to the Lord, for He is good; for His mercy endures forever.* [SAAS]

**Verse 2:** *Let the house of Israel say that He is good, for His mercy endures forever.* [SAAS]

**Verse 3:** *Let the house of Aaron say that He is good, for His mercy endures forever.* [SAAS]

**Verse 4:** *Let all who fear the Lord say that He is good, for His mercy endures forever.* [SAAS]

**Apolytikion of the Feast. Mode 1.**

As You were baptized in the Jordan, O Lord, then the worship of the Trinity became manifest, for the voice of the Father bore witness to You, naming You the Beloved Son; and the Spirit, in the form of a dove, confirmed the certainty of the word. O Christ God, who appeared and illumined the world, glory to You. [SD]

*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Mode 2.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

**Canon 1 of the Feast.**

From Menaion - - -

**Ode iii. Mode 2. Heirmos**

*Blessed are the merciful, for they shall obtain mercy.* [RSV]

The Lord who gives strength to our kings/ and exalts the horn of his anointed,/ is born of a Virgin and comes to Baptism./ Therefore let us, the faithful, cry aloud:/ None is holy as our God/ and none is righteous but You, O Lord! [OCA]

*Blessed are the pure in heart, for they shall see God.* [RSV]

The Lord who gives strength to our kings/ and exalts the horn of his anointed,/ is born of a Virgin and comes to Baptism./ Therefore let us, the faithful, cry aloud:/ None is holy as our

God/ and none is righteous but You, O Lord! [OCA]

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

Rejoice today, O Church of Christ!/ Before you were barren and sadly childless;/ now through water and the Spirit sons have been born to you/ and they cry aloud in faith:/ None is holy as our God/ and none is righteous but You, O Lord! [OCA]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

The Forerunner cries out in the wilderness:/ Prepare the way of Christ; make straight the pathways for our God/ and cry aloud in faith:/ None is holy as our God/ and none is righteous but You, O Lord! [OCA]

**Canon for the Devout Man.**

From Menaion - - -

**Ode vi. Mode 2. N/M (In the sea now.)**

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

O Christ, You granted us incorruption, by Your resurrection; and that is why Your renowned servant Basil appears as living even when dead. [SD]

*Rejoice and be glad, for your reward is great in heaven.* [RSV]

God, who cleanses the world, became a mortal as I am for my sake, and He is baptized. You, O blessed Theodosios, proclaimed Him to be in two natures. [SD]

Glory.

O Theodosios, the fountains of your tears  
dripped the sweetness of gladness in Christ  
God, who of old had turned the tears of the  
Myrrh-bearing Women into joy. [SD]

Both now. **Theotokion.**

Count me worthy of your compassion, O  
Lady, who conceived the All-compassionate  
Logos, the Lord, who by His blood saved  
humanity from corruption. [SD]

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down before Christ. Save us, O Son of God, who were baptized in the Jordan by John. we sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.  
Apolytikion of the Feast.**

From Menaion ---

**Mode 1.**

As You were baptized in the Jordan, O Lord, then the worship of the Trinity became manifest, for the voice of the Father bore witness to You, naming You the Beloved Son; and the Spirit, in the form of a dove, confirmed the certainty of the word. O Christ God, who appeared and illumined the world, glory to You. [SD]

**For the Devout Man.**

**Mode pl. 4.**

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O Theodosios, our devout father. Intercede with Christ our God, for the salvation of our souls.

[SD]

**(Apolytikion of the Parish Church)**

(The text of the Apolytikion of the local church goes here.)

From Menaion ---

**Kontakion.**

**Mode 4. Automelon.**

You appeared today to us \* on earth, O Master, \* and Your light was signed on us \* who cry aloud to You and say \* with

understanding, O Christ our God: You came and shone forth, O Light unapproachable. [SD]

**THE TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

*Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.*

Holy Immortal, have mercy on us.

**The Epistle**

For the Devout Man.

**Prokeimenon. Grave Mode. Psalm 115.**

Precious in the sight of the Lord is the death of His holy one. [SAAS]

**Verse:** *What shall we give back to the Lord for all He rendered to us?* [SAAS]

The reading is from Paul's Letter to the Hebrews.

(13:7-16)

Brethren, remember your leaders, those who spoke to you the word of God; consider the outcome of their lives, and imitate their faith. Jesus Christ is the same yesterday and today and for ever. Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents. We have an altar from which those who serve the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. So Jesus also suffered outside the gate in order to sanctify the people through his own blood. Therefore let us go forth to him outside the camp and bear the abuse he

endured. For here we have no lasting city, but we seek the city which is to come. Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. [RSV]

**Alleluia. Mode pl. 2. Psalm 73.**

Alleluia. Alleluia. Alleluia.

**Verse 1:** *Remember Your congregation You acquired from the beginning.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *God is our King before the ages; He worked salvation in the midst of the earth.* [SAAS]

Alleluia. Alleluia. Alleluia.

**The Gospel**

Post-festal.

The reading is from the Holy Gospel according to Luke.

(4:1-15)

At that time Jesus returned from the Jordan, and was led by the Spirit for forty days in the wilderness, tempted by the devil. And he ate nothing in those days; and when they were ended, he was hungry. The devil said to him, "If you are the Son of God, command the stone to become bread." And Jesus answered him, "It is written, 'Man shall not live by bread alone.' " And the devil took him up, and showed him all the kingdoms of the world in a moment of time, and said to him, "To you I will give all this authority and their glory; for it has been delivered to me, and I will give it to whom I will. If you, then, will worship me, it shall all be yours." And Jesus answered him, "It is written, 'You

shall worship the Lord your God, and him only shall you serve.' " And he took him to Jerusalem, and set him on the pinnacle of the temple, and said to him, "If you are the Son of God, throw yourself down from here; for it is written, 'He will give his angels charge of you, to guard you,' and 'On their hands they will bear you up, lest you strike your foot against a stone.' " And Jesus answered him, "It is said, 'You shall not tempt the Lord your God.' " And when the devil had ended every temptation, he departed from him until an opportune time. And Jesus returned in the power of the Spirit into Galilee, and a report concerning him went out through all the surrounding country. And he taught in their synagogues, being glorified by all. [RSV]

**Hymn to the Theotokos.**

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

**Communion Hymn. Psalm 111/112.**

The righteous will be remembered for ever. Alleluia. [RSV]

**Hymn after Holy Communion.  
Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

## THE DISMISSAL

May He who condescended to be baptized by John in the Jordan, for our salvation, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (**local patron saint**); of the holy and righteous ancestors of God Joachim and Anna, our devout father Theodosios the Cenobiarch, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

### **Fasting Rule**

*Wine: Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.*

*It is a minor feast.*