

Octoechos - Mode 1.

On Monday Morning

Menaion - December 16

Memory of the Holy Prophet Haggai

LITURGY

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Antiphon I. Mode 2.

Verse 1: *It is good to give thanks to the Lord and to sing to Your name, O Most High.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *To proclaim Your mercy in the morning and Your truth at night.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: *The Lord my God is upright, and there is no wrongdoing in Him.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *The Lord reigns; He clothed Himself with majesty; the Lord clothed and girded Himself with power.* [SAAS]

or:

Verse 1: *Come, let us greatly rejoice in the Lord; let us shout aloud to God our savior.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: *And He established the world, which shall not be moved.* [SAAS]

or:

Verse 2: *Let us come before His face with thanksgiving, and let us shout aloud to Him with psalms. For the Lord is a great God, a great King over all the earth.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Verse 3: *Holiness is proper to Your house, O Lord, unto length of days.* [SAAS]

or:

Verse 3: *For in His hand are the ends of the earth, and the heights of the mountains are His. For the sea is His, and He made it, and His hands formed the dry land.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion. For the Martyrs.

Mode 4. *Come quickly.*

Your Martyrs, O Lord, were worthily
awarded by You * the crowns of incorruption,
in that they contested for You our immortal
God. * Since they possessed Your power, they
defeated the tyrants, * dashing the demons'
powerless displays of defiance. * O Christ
God, at their fervent entreaties, save our souls.

[SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode 1.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Blessed are the merciful, for they shall obtain mercy. [RSV]

Blessed are the pure in heart, for they shall see God. [RSV]

Troparia.

From Octoechos - - -

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

Then the foe used eating from the tree * to get Adam banished from Paradise. * Now crucified upon a tree, * Christ allowed the Robber enter it, * when he said: Remember me * when You come in Your kingdom, O Lord. [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

In Your mercy, give me springs of tears * and of compunction, O Christ my God, * to wash away all the filth * of the countless sins and vices in me; * and let me participate * in Your kingdom, O great Benefactor and Lord. [SD]

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

We invoke the Angels' regiments * to supplicate You on our behalf. * At their entreaties, save us all, * O exceeding gracious Christ our God, * overlooking all the sins * we committed in knowledge and in ignorance. [SD]

Rejoice and be glad, for your reward is great in heaven. [RSV]

For the Martyrs.

In the puddles of your blood, O Saints, * you drowned the devil as if Pharaoh of old, * O blessed Martyrs of the Lord. * Now you pour out your miracles * like a spring that dries the sea * of diseases; hence you are beatified. [SD]

Glory.

Let us bow in worship and adore * the Father; likewise let us glorify * the Son; and also let us praise * the all-holy Spirit faithfully, * crying out in unison, * "Save us all, we implore, all-holy Trinity." [SD]

Both now. **Theotokion.**

As the one who bore the timeless Light, * ever illuminate and guide my soul * which is bedarkened through assaults * from the

demons, O all-blameless Maid. * And by
means of your divine * mediations free me
from the future fire. [SD]

Entrance Hymn. Mode 2.

Come, let us worship and bow down
before Christ. Save us, O Son of God, Who
are wondrous in Your saints. We sing to You,
Alleluia. [GOA]

Hymns After the Small Entrance.

Apolytikion. For the Martyrs.

Mode 4. Come quickly.

Your Martyrs, O Lord, were worthily
awarded by You * the crowns of incorruption,
in that they contested for You our immortal
God. * Since they possessed Your power, they
defeated the tyrants, * dashing the demons'
powerless displays of defiance. * O Christ
God, at their fervent entreaties, save our souls.
[SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local
church goes here.)

Kontakion. For the Angels.

Mode 2.

As God's Chief Commanders and
ministers of His divine glory, guides of
humanity and leaders of the Angels, pray for
what will benefit us and for great mercy, as
Chief Commanders of the Bodiless Hosts. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3) [GOA]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

MONDAY OF THE TWENTY-SEVENTH WEEK

Prokeimenon. Mode 4. Psalm 103.

He makes His angels spirits and His
ministers a flame of fire. [SAAS]

Verse: *Bless the Lord, O my soul. O Lord my
God, You are magnified exceedingly.* [SAAS]

1 Tim. 5:1-10

Timothy, my son, do not rebuke an
older man but exhort him as you would a
father; treat younger men like brothers, older
women like mothers, younger women like
sisters, in all purity. Honor widows who
are real widows. If a widow has children
or grandchildren, let them first learn their
religious duty to their own family and make
some return to their parents; for this is
acceptable in the sight of God. She who is a
real widow, and is left all alone, has set her
hope on God and continues in supplications
and prayers night and day; whereas she who
is self-indulgent is dead even while she lives.
Command this, so that they may be without
reproach. If any one does not provide for his
relatives, and especially for his own family, he
has disowned the faith and is worse than an
unbeliever. Let a widow be enrolled if she is
not less than sixty years of age, having been
the wife of one husband; and she must be
well attested for her good deeds, as one who
has brought up children, shown hospitality,
washed the feet of the saints, relieved the
afflicted, and devoted herself to doing good in
every way. [RSV]

Alleluia. Mode 2. Psalm 148.

Alleluia. Alleluia. Alleluia.

Verse 1: *Praise the Lord from the heavens,
praise Him in the highest.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *Praise Him, all you His angels;
praise Him, all you His hosts.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Monday of the Fourteenth Week of Luke

Mk. 9:42-50; 10:1

The Lord said, "Whoever causes one of these little ones who believe in me to sin, it would be better for him if a great millstone were hung round his neck and he were thrown into the sea. And if your hand causes you to sin, cut it off; it is better for you to enter life maimed than with two hands to go to Gehenna, to the unquenchable fire [where their worm does not die, and the fire is not quenched]. And if your foot causes you to sin, cut it off; it is better for you to enter life lame than with two feet to be thrown into hell [to the unquenchable fire, where their worm does not die, and the fire is not quenched]. And if your eye causes you to sin, pluck it out; it is better for you to enter the kingdom of God with one eye than with two eyes to be thrown into Gehenna, where their worm does not die, and the fire is not quenched. For every one will be salted with fire [and every sacrifice will be salted with salt]. Salt is good; but if the salt has lost its saltiness, how will you season it? Have salt in yourselves, and be at peace with one another." And he left there and went to the region of Judea and beyond the Jordan, and crowds gathered to him again; and again, as his custom was, he taught them. [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 103.

He makes His angels spirits and His ministers a flame of fire. Alleluia. [SAAS]

Hymn after Holy Communion.

Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Strict: Refrain from meat, fish, oil, dairy, and eggs.

It is the Christmas fast.