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The Service of Vespers

on Sunday Evening

for Monday, March 11, 2019

**Triodion - Mode pl. 4.
on Sunday Evening**

**Triodion - Cheesefare Sunday
on Sunday Evening at Vespers**

**Menaion - March 11
Memory of St. Sophronius of Jerusalem**

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Triodion

Cheesefare Sunday

On Sunday Evening at Vespers

Mode pl. 4. On Sunday Evening

Menaion - March 11

Memory of St. Sophronius of Jerusalem

VESPERS

PRIEST

Blessed is our God always, now and ever,
and to the ages of ages.

(Amen.)

READER

Come, let us worship and bow down
before God our King.

Come, let us worship and bow down
before Christ God our King.

Come, let us worship and bow down
before Him, Christ our King and God.

Psalm 103 (104).

Bless the Lord, O my soul. O Lord my
God, You are magnified exceedingly; You
clothe Yourself with thanksgiving and
majesty, who cover Yourself with light as
with a garment, who stretch out the heavens
like a curtain; You are He who covers His
upper chambers with water, who makes the
clouds His means of approach, who walks
on the wings of the winds, who makes His
angels spirits and His ministers a flame of
fire. He established the earth on its stable
foundation; it shall not be moved unto ages of
ages. The deep like a garment is His covering;
the waters shall stand upon the mountains;
at Your rebuke they shall flee; at the sound
of Your thunder, they shall be afraid. The

mountains rise up, and the plains sink down
to the place You founded for them. You set
a boundary they shall not pass over; neither
shall they return to cover the earth. You are
He who sends springs into the valley; the
waters shall pass between the mountains;
they shall give drink to all the wild animals
of the field; the wild asses shall quench their
thirst; the birds of heaven shall dwell beside
them; they shall sing from the midst of the
rocks. You are He who waters the mountains
from His higher places; the earth shall be
satisfied with the fruit of Your works. You are
He who causes grass to grow for the cattle,
and the green plant for the service of man, to
bring forth bread from the earth; and wine
gladdens the heart of man, to brighten his face
with oil; and bread strengthens man's heart.
The trees of the plain shall be full of fruit,
the cedars of Lebanon, which You planted;
there the sparrows shall make their nests;
the house of the heron takes the lead among
them. The high mountains are for the deer; the
cliff is a refuge for the rabbits. He made the
moon for seasons; the sun knows its setting.
You established darkness, and it was night,
wherein all the wild animals of the forest
will prowl about; the young lions roar and
snatch their prey, and seek their food from
God. The sun arises, and they are gathered
together; and they shall be put to bed in their
dens. Man shall go out to his work and to his
labor until evening. O Lord, Your works shall
be magnified greatly; You made all things
in wisdom; the earth was filled with Your
creation. There is this great and spacious sea:
the creeping things are there without number;
the living things are there, both small and

great; there the ships pass through; there is this dragon You formed to play therein. All things wait upon You, that You may give them food in due season. When You give it to them, they shall gather it; when You open Your hand, all things shall be filled with Your goodness. But when You turn Your face away, they shall be troubled; when You take away their breath, they shall die and return again to their dust. You shall send forth Your Spirit, and they shall be created, and You shall renew the face of the earth. Let the glory of the Lord be forever; the Lord shall be glad in His works; He looks upon the earth and makes it tremble; He touches the mountains, and they smoke. I will sing to the Lord all my life; I will sing to my God as long as I exist; may my words be pleasing to Him, and I shall be glad in the Lord. May sinners cease from the earth, and the lawless, so as to be no more. Bless the Lord, O my soul.

The sun knows its setting. You established darkness, and it was night.

O Lord, Your works shall be magnified greatly; You made all things in wisdom. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Our hope, O Lord, glory to You.

While the Opening Psalm is being read the Priest, bareheaded and standing in front of the Holy Table, says quietly the following Prayers at the Lighting of the Lamps.

PRIEST (*inaudibly*)

1st Prayer

O Lord, compassionate and merciful, long-suffering and full of mercy, listen to our prayer and attend to the voice of our supplication. Make for us a sign for good. Guide us in your way, to walk in your truth. Make glad our hearts to fear your holy Name, because you are great and do wondrous things. You alone are God, and there is none like you, O Lord, among gods: powerful in mercy and loving in strength to help and to console and to save all who hope in your holy Name. [EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

2nd Prayer

Lord, do not rebuke us in your anger, nor chastise us in your wrath, but deal with us in accordance with your kindness, physician and healer of our souls. Guide us to the harbour of your will. Enlighten the eyes of our hearts to the knowledge of your truth and grant that the rest of the present day and the whole time of our life may be peaceful and without sin, at the prayers of the holy Mother of God and of all the Saints. [EL]

For yours is the might, and yours is the kingdom, the power and the glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

3rd Prayer

Lord our God, remember us, sinners and your unprofitable servants, as we call upon your holy Name, and do not put us to shame from the expectation of your mercy, but graciously grant us, Lord, all the requests that are for salvation, and count us worthy to love and to fear you from our whole heart, and in all things to do your will. [EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

4th Prayer

O Lord, who are praised by the holy Powers with never silent hymns and unceasing songs of glory, fill our mouth with your praise to give majesty to your holy Name, and give us a part and an inheritance with all who fear you in truth and who keep your commandments, at the prayers of the holy Mother of God and of all your Saints. [EL]

For to you belong all glory, honour and worship, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

5th Prayer

Lord, Lord, who uphold the universe by your immaculate hand, who are long-suffering towards us all and who repent of evils, remember your acts of compassion and your mercy. Visit us in your loving kindness and grant that for the rest of the present day we may escape the manifold wiles of the evil one, and, by the grace of your All-holy Spirit, keep our life free from assault. [EL]

By the mercy and love for mankind of your Only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and for ever, and to the ages of ages. Amen. [EL]

6th Prayer

O God, great and wonderful, who order the universe with inexpressible loving-kindness and rich providence; who have granted us also the blessings of this world and brought us near to the promised Kingdom through the blessings that have been bestowed on us already; who have made us turn aside from every evil during that part of the present day which is now over, grant us also to complete what remains without blame in the presence of your holy glory, as we sing your praise, who alone are our God, good and the Lover of mankind. [EL]

For you are our God and to you we give glory, to the Father, the Son and the Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

7th Prayer

Great and most high God, who alone possess immortality, who dwell in unapproachable light, who fashioned all creation with wisdom, who made the separation between the light and the darkness and who placed the sun to have authority over the day and the moon and the stars to have authority over the night, who have counted us sinners worthy even at this present hour to come into your presence with confession and thanksgiving and to offer you our evening hymn of glory; do you, O Lord who love mankind, direct our prayer like incense

before you and accept it as a savour of sweet fragrance. Grant us that the present evening and the coming night may be peaceful, clothe us with weapons of light, deliver us from every night-time fear and from every deed that walks in darkness. And give us sleep, which you have bestowed on us for our rest in our weakness, freed from every fantasy of the devil. Yes, Master of all things, giver of blessings, may we also be filled with compunction on our beds and call to mind your Name in the night, and enlightened by meditation on your commandments may we rise with gladness of soul to give glory to your loving-kindness, as we bring to your compassion supplications and entreaties on behalf of our own sins and those of all your people. At the prayers of the holy Mother of God visit them with mercy. [EL]

For you, O God, are good and love mankind, and to you we give glory, Father, Son and Holy Spirit, now and for ever, and to the ages of ages. Amen. [EL]

When the Opening Psalm is completed the Priest, in front of the Holy Table, or the Deacon in his usual place outside the Holy Doors, says the Litany of Peace.

DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

For those who travel by land, sea, and air, for the sick, the suffering, the captives and for their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

The mode and first four stichera from the Octoechos, as well as the last three stichera and Theotokion from the Menaion, depend on the date, and therefore they change from year to year.

CHOIR

Mode pl. 4.

Lord, I have cried to You; hear me. Hear me, O Lord. Lord, I have cried to You; hear me. Give heed to the voice of my supplication when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of enclosure about my lips.

Incline not my heart to evil words, to make excuses in sins.

From Triodion - - -

With men who work lawlessness; and I will not join with their choice ones.

The righteous man shall correct me with mercy, and he shall reprove me; but let not the oil of the sinner anoint my head.

For my prayer shall be intense in the presence of their pleasures. Their judges are swallowed up by the rock.

They shall hear my words, for they are pleasant. As a clod of ground is dashed to pieces on the earth, so their bones were scattered beside the grave.

For my eyes, O Lord, O Lord, are toward You; in You I hope; take not my soul away.

Keep me from the snares they set for me, and from the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone, until I escape.

I cried to the Lord with my voice, with my voice I prayed to the Lord.

I shall pour out my supplication before Him; I shall declare my affliction in His presence.

When my spirit fainted within me, then You knew my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one who knew me.

Refuge failed me, and there was no one who cared for my soul.

I cried to You, O Lord; I said, "You are my hope, my portion in the land of the living."

Attend to my supplication, for I was humbled exceedingly.

Deliver me from my persecutors, for they are stronger than I.

Stichera. For compunction.

Mode pl. 4.

Bring my soul out of prison to give thanks to Your name, O Lord. [SAAS]

Angels unceasingly extol You the King and Lord and Master. But I, like the Publican, am bowed as I implore You: O God, be gracious to me and save me. [SD]

Mode pl. 4.

The righteous shall wait for me, until You reward me. [SAAS]

O soul of mine, since you are immortal, let not mundane concerns inundate you. Come to your senses, and pray to your Benefactor: "O God, be gracious to me and save me." [SD]

Mode pl. 4.

Out of the depths I have cried to You, O Lord; O Lord, hear my voice. [SAAS]

When I bring to mind the many terrible things I have done, and when I think about that terrifying judgment, I am overcome by trembling, and I turn to You, my God who loves humanity. So I pray to You, the only sinless One, do not despise me; but before the end, give compunction to my humble soul and save me. [SD]

Mode pl. 4.

Let Your ears be attentive to the voice of my supplication. [SAAS]

Give me tears, O Lord, as once You did to the sinful woman, and grant that I may wet Your feet, which freed me from the way of error, and like her to offer You, as fragrant ointment, a pure life that is built on repentance; so that I, too, may hear those

cherished words of Yours: "Your faith has saved you, go in peace." [SD]

From Triodion ---

From the Triodion.

Mode 2. (not metered)

If You, O Lord, should mark transgression, O Lord, who would stand? For there is forgiveness with You. [SAAS]

We are entering the godly contest of the blameless Fast. Let us all diligently subdue the flesh through self-control. Let us seek the Lord with prayers and tears, and completely obliterate every vice, and shout to Him: "We have sinned against You. Save us, as You saved the Ninevites of old, O Christ our King. Grant us to share in Your heavenly Kingdom, O compassionate Lord." [SD]

Mode 2. (not metered)

Because of Your law, O Lord, I waited for You; my soul waited for Your word. My soul hopes in the Lord. [SAAS]

I drive myself to despair, when I consider how my deeds are worthy of every punishment, O Savior. Yes, I have ignored Your divine commandments, and wasted my life as a profligate. Therefore I implore You the only merciful Lord: Purify me with tears of repentance, and illumine me by fasting and prayer, and do not abhor me, for You are very good and the Benefactor of all. [SD]

Mode 2. (not metered)

From the morning watch until night; from the morning watch until night, let Israel hope in the Lord. [SAAS]

Let us cheerfully begin the season of Lent, and undergo the spiritual struggles. Let us purify and cleanse our souls and bodies. As

we fast from foods, let us also abstain from giving in to any of the passions, and instead delight in the virtues of the Spirit. May we persevere in them with love, and then be counted worthy to see the solemn Passion of Christ our God, and to celebrate holy Pascha with spiritual joy. [SD]

From Menaion ---

Stichera from the Menaion.

March 11

Mode 4. To a brave one.

For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions. [SAAS]

God foreknew you, Sophronius: * you were named for sobriety. * And when you were called to His service, you became * sober and righteous in all your deeds, * courageous and sensible. * You were generally crowned * with the crown of sobriety and the virtues all. * And you prudently gave to both your body and your soul that which was needed, * as a precise judge and arbiter. [SD]

Praise the Lord, all you Gentiles; praise Him, all you peoples. [SAAS]

O all-blessed Sophronius, * you most clearly theologized, * thundering the doctrines of true theology * from the divine Theologian's mouth: * The Father, beginningless, co-beginningless the Son, * and the all-holy Spirit, too, co-eternal God, * in a Trinity, Unity; in Unity, a Trinity; the One God, * in His essential identity. [SD]

For His mercy rules over us; and the truth of the Lord endures forever. [SAAS]

You, O Saint, wisely dogmatized * that the Word, incorporeal * and co-unoriginate with the Father, did * unite with

flesh hypostatically, * without change and unconfused. * And the operations of * both His natures were all performed * in accord with each * of His natures, of which He is composed. One is His undivided person, * being perceived as both God and man. [SD]

Glory. Both now. **Theotokion.**

Mode 4. *To a brave one.*

O all-holy one, Bride of God, * will you rescue my sorry soul * from my condemnation and from my grievous sins. * Save me from death, by your holy prayers. * O Lady, may I obtain * vindication on that day * of my judgment, just like the saints * of all time obtained, * being purified prior to my final breath through genuine repentance * and through the shedding of many tears. [SD]

DEACON *(in a low voice)*

Let us pray to the Lord.

PRIEST *(in a low voice)*

Prayer of the Entrance

At evening, at morning and at midday we praise, bless and give thanks, and we pray to you, Master of all things, Lord who love mankind: Direct our prayer before you like incense, and do not incline our hearts to words or thoughts of evil, but deliver us from all that hunt down our souls. For our eyes look to you, O Lord, our Lord, and we have hoped in you.

DEACON

Wisdom. Arise.

CLERGY AND PEOPLE

Mode 2.

Gladsome light of holy glory of the holy, blessed, heavenly, immortal Father, O Jesus Christ: arriving at the hour of sunset and having seen the evening light, we praise the Father, Son, and Holy Spirit, God. It is worthy for You to be praised at all times with happy

voices, O Son of God and Giver of life; * and therefore the world glorifies You. [SD]

DEACON

The evening Prokeimenon.

CHOIR

Prokeimenon. Mode pl. 4.

Turn not Your face from Your child, for I am afflicted; hear me speedily. Give heed to my soul and redeem it. [SAAS]

Verse: *And the salvation of Your presence, O God, lays hold of me.*

Turn not Your face from Your child, for I am afflicted; hear me speedily. Give heed to my soul and redeem it.

Verse: *Let the poor behold this, and be glad; seek God, and your soul shall live.*

Turn not Your face from Your child, for I am afflicted; hear me speedily. Give heed to my soul and redeem it.

And again:

Turn not Your face from Your child, for I am afflicted; hear me speedily. Give heed to my soul and redeem it.

DEACON

Let us all say with all our soul and with all our mind, let us all say.

(Lord, have mercy.)

Lord almighty, God of our fathers, we pray You, hear us and have mercy.

(Lord, have mercy.)

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

O Lord, keep us this evening without sin. Blessed are you, O Lord, God of our fathers, and praised and glorified is your name to the ages. Amen. O Lord, let your mercy be upon us for we have set our hope in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, Master, grant me understanding of your commandments. Blessed are you, Holy One, enlighten me with your commandments. Lord, your mercy is forever. Do not despise the works of your hands. To you is due praise, to you is due song, to you is due glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. [HC]

(Amen.)

DEACON

Let us complete our evening prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You, O God, are good and love mankind, and to You we offer glory, to the Father and to the Son and to the Holy Spirit, now and forever, and to the ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST *(in a low voice)*

Lord our God, who bowed the heavens and came down for the salvation of the human race, look upon your servants and upon your inheritance, for to you, the fearful Judge who love mankind, your servants have bowed their heads and inclined their necks, not waiting for any human help, but awaiting your mercy and looking for your salvation. Guard them at every moment, during both the present evening and the approaching night, from every foe, from every hostile operation of the devil and from vain thoughts and evil desires.

PRIEST

May the might of your kingdom be blessed and glorified, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Triodion ---

CHOIR

Aposticha. From the Triodion.

Idiomelon. Mode 4.

Your grace has shone forth, O Lord; the illumination of our souls has shone forth. Behold, this is the acceptable season; behold, this is the season of repentance. Let us put away the works of darkness, and put on the armor of light, so that we may navigate the immense ocean of Lent, and arrive at the third-day Resurrection of our Lord and Savior Jesus Christ, the Savior of our souls. [SD]

Verse: *I lift my eyes to You, who dwell in heaven. Behold, as the eyes of servants look*

to the hands of their masters, as the eyes of the maidservant look to the hands of her mistress, so our eyes look to the Lord our God until He shall have compassion on us. [SAAS]

Your grace has shone forth, O Lord; the illumination of our souls has shone forth. Behold, this is the acceptable season; behold, this is the season of repentance. Let us put away the works of darkness, and put on the armor of light, so that we may navigate the immense ocean of Lent, and arrive at the third-day Resurrection of our Lord and Savior Jesus Christ, the Savior of our souls. [SD]

For the Martyrs.

Mode 4.

Verse: *Have mercy on us, O Lord, have mercy on us, for we are greatly filled with contempt; our soul is greatly filled with it. We are a disgrace to those who prosper, and a contempt to the arrogant.* [SAAS]

O Christ our God, You are glorified when we commemorate Your saints. As they implore You on our behalf, send down to us Your great mercy. [SD]

Glory. Both now. **Theotokion.**

Mode 4. To a brave one.

All the ranks of angelic hosts glorify you, O Bride of God. * You, O Theotokos, gave birth to God the Word, * who with the Father and Spirit is existing eternally. * He created all the hosts * of the Angels ex nihilo, * by His will as God. * All-pure Virgin, now pray that He illuminate our souls and that He save us, * who are correctly extolling you. [SD]

PRIEST

Song of Simeon.

Lord, now You are letting Your servant depart in peace, according to Your word; for my eyes have seen Your salvation which You have prepared before the face of all peoples. A light to bring revelation to the Gentiles, and the glory of Your people Israel. [NKJV]

PEOPLE

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and

of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

From Horologion - - -

Apolytikia. Mode pl. 1.

O Virgin Theotokos, rejoice, Mary full of grace. The Lord is with you. Blessed are you among women, and blessed is the fruit of your womb; for you have borne the Savior of our souls [SD]

O Baptist of Christ, be mindful of us all, that we may be delivered from our iniquities; for unto you was given the grace to intercede for us. [SD]

Glory.

Entreat earnestly for us, O holy Apostles and all Saints, that we be delivered from peril and affliction; for you are our fervent advocates before the Savior. [SD]

This final troparion, according to older rules, is simply recited by the Reader. In current practice, however, it is usually, sung much like the preceding hymns.

Both now.

Beneath your tender compassion we take refuge, O Theotokos. Despise not our supplications in distress, but deliver us from all peril. You alone are pure; you alone are blessed. [SD]

READER

Lord, have mercy. (40)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth

to God the Word, and are truly Theotokos.
You do we magnify.

In the name of the Lord, Father, bless!

PRIEST

Blessed are You, Christ our God, always
now and forever and to the ages of ages.

(Amen.)

O heavenly King, uphold our rulers,
strengthen the Faith, calm the nations, give
peace to the world. Protect this holy Church
(or, Monastery); grant our departed fathers
and brethren that they may dwell with
the righteous, and accept us in repentance
and confession; for You are good and love
mankind.

(Amen.)

Prayer of St. Ephraim

O Lord and Master of my life, do not
permit the spirit of laziness and meddling, the
lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit
of prudence, humility, patience and love.

Yes, Lord and King, give me the power
to see my own faults and not to judge my
brother.

For you are blessed unto the ages of ages.
Amen. ^[HC]

READER

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Father, bless!

PRIEST

May Christ our true God, through
the intercessions of His all-pure and all-
immaculate holy Mother, the power of the
precious and life-giving Cross, the protection
of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, and of all
the saints, have mercy on us and save us, for
He is good and loves mankind.

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(Amen.)