

Octoechos

Mode 1.

On Sunday Morning

Menaion - January 20

Memory of our devout and God-bearing
father Efstymius the Great

LITURGY

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Antiphon I. Mode 2.

Verse 1: *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 2: *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Verse 3: *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

*Both now and ever and to the ages of ages.
Amen.*

Through the intercessions of the
Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, risen from the
dead, we sing to You, Alleluia. [GOA]

Verse 2: *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, risen from the
dead, we sing to You, Alleluia.

Verse 3: *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, risen from the
dead, we sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

*Both now and ever and to the ages of ages.
Amen.*

Only begotten Son and Logos of God,
being immortal, You condescended for
our salvation to take flesh from the holy
Theotokos and ever-virgin Mary and, without
change, became man. Christ, our God, You
were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Mode 1.

Verse 1: *This is the day the Lord made; let us greatly rejoice and be glad therein.* [SAAS]

Resurrectional Apolytikion.

Mode 1. Automelon.

The stone had been secured with a seal
by the Judeans, * and a guard of soldiers
was watching Your immaculate body. * You

rose on the third day, O Lord * and Savior,
granting life unto the world. * For this reason
were the powers of heaven crying out to You,
O Life-giver: * Glory to Your resurrection,
O Christ; * glory to Your kingdom; * glory
to Your dispensation, only One who loves
mankind. [SD]

Verse 2: *Let heaven and earth praise Him.*

[SAAS]

The stone had been secured with a seal
by the Judeans, * and a guard of soldiers
was watching Your immaculate body. * You
rose on the third day, O Lord * and Savior,
granting life unto the world. * For this reason
were the powers of heaven crying out to You,
O Life-giver: * Glory to Your resurrection,
O Christ; * glory to Your kingdom; * glory
to Your dispensation, only One who loves
mankind. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode 1.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Resurrectional.

From Octoechos - - -

Blessed are the merciful, for they shall obtain mercy. [RSV]

By means of food the enemy of old * provoked Adam's banishment from Paradise. * But by the Cross Christ allowed * the repentant robber to return, * when he said: Remember me * when You come in Your kingdom, O Lord. [SD]

Blessed are the pure in heart, for they shall see God. [RSV]

I venerate Your Passion, O my Christ, * and Your resurrection I glorify, * and with a joyful voice I shout, * joining Adam and the robber, and pray * crying out: Remember me * when You come in Your kingdom, O Lord. [SD]

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

O sinless Savior, You were crucified * and laid in a tomb voluntarily. * But then, as God, You arose, * resurrecting Adam with yourself. * He cried out: Remember me * when You come in Your kingdom, O Lord. [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Theotokion.

O Christ, your people now invoke the name * of Your holy Mother, O Good One, and pray: * By her entreaties for us, * will You give us Your tender love, * so that we may glorify You, who rose like the sun from the tomb. [SD]

Canon 2 for the Devout Man.

From Menaion - - -

Ode vi. Mode pl. 4. N/M (Be gracious to me.)

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

You received great authority from God, / driving away crowds of adverse demons, / healing the deformities of all who turn to you with faith. [OCA]

Rejoice and be glad, for your reward is great in heaven. [RSV]

You were truly blessed, venerable Father Euthymius, / for you acquired enriching poverty and tears of joy. / Through these you inherited the kingdom of heaven. [OCA]

Glory.

You turned quickly from fading honor and glory on earth, most blessed one, / and received everlasting life and incorruptible

delight,/making your dwelling most
gloriously in the mansions of heaven! [OCA]

Both now. **Theotokion.**

We call you the Lady and Mistress of all,/
for indeed you ineffably gave birth to God/
Who created, sustains and embraces all, most
pure one. [OCA]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead, we sing to You, Alleluia. [GOA]

Hymns After the Small Entrance.

From Octoechos - - -

Resurrectional Apolytikion.

Mode 1. Automelon.

The stone had been secured with a seal by the Judeans, * and a guard of soldiers was watching Your immaculate body. * You rose on the third day, O Lord * and Savior, granting life unto the world. * For this reason were the powers of heaven crying out to You, O Life-giver: * Glory to Your resurrection, O Christ; * glory to Your kingdom; * glory to Your dispensation, only One who loves mankind. [SD]

For the Devout Man.

From Menaion - - -

Mode 4.

Sing, O desolate land that did not bear; be encouraged, you who have not been in labor. For a man, greatly beloved of the Spirit, has multiplied your children. He planted them in godliness, he reared them in self-control, and he raised them to perfection in virtue. At his intercession, O Christ our God, grant peace to our lives. [SD]

(Apolytikion of the Parish Church)

(The text of the Apolytikion of the local church goes here.)

From Menaion - - -

Kontakion.

Mode 1.

You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now

You came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves humanity. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Devout Man.

Prokeimenon. Grave Mode. Psalm 149.

The holy ones shall boast in glory. [SAAS]

Verse: *Sing to the Lord a new song.* [SAAS]

The reading is from Paul's Second Letter to the Corinthians.

4:6-15

Brethren, it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ. But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. For while we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you. Since we have the same spirit of faith as he had who

wrote, "I believed, and so I spoke," we too believed, and so we speak, knowing that He who raised the Lord Jesus will raise us also with Jesus and bring us with you into His presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God. [RSV]

Alleluia. Mode 1. Psalm 17.

Alleluia. Alleluia. Alleluia.

Verse 1: *The God who vindicates me, and who subdued the peoples under me.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *He who magnifies the salvation of His king and shows mercy to His anointed.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Twelfth Sunday of Luke

The reading is from the Holy Gospel according to Luke.

(17:12-19)

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said: "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus's feet, giving Him thanks. Now he was a Samaritan. Then said Jesus: "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him: "Rise and go your way; your faith has made you well." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 148.

Praise the Lord from the heavens, praise Him in the highest. Alleluia. [SAAS]

and the following:

Communion Hymn. Psalm 111/112.

The righteous will be remembered for ever. Alleluia. [RSV]

**Hymn after Holy Communion.
Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May He Who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (*local patron saint*); of the holy and righteous ancestors of God Joachim and Anna, our devout and God-bearing father Eftthymius the Great, whose

memory we celebrate; and of all the saints,
have mercy on us and save us, for He is good
and loves mankind.

Fasting Rule

Fast Free: All foods allowed.