

**Octoechos**

**Mode 3.**

On Sunday Morning

**Menaion**

**July 14**

Sunday of the Holy Fathers of the Fourth Ecumenical Council in Chalcedon.

**LITURGY**

**Antiphon I. Mode 2.**

**Verse 1:** *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 2:** *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

**Verse 3:** *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Through the intercessions of the Theotokos, Savior, save us.

**Antiphon II. Mode 2.**

**Verse 1:** *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

**Verse 2:** *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

**Verse 3:** *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III.**

**Mode 3.**

**Verse 1:** *This is the day the Lord made; let us greatly rejoice and be glad therein.* [SAAS]

**Resurrectional Apolytikion.**

**Mode 3.**

Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy. [SD]

**Verse 2:** *Let heaven and earth praise Him.*

[SAAS]

Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy. [SD]

*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Mode 3.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

**Resurrectional.**

From Octoechos - - -

*Blessed are the merciful, for they shall obtain mercy.* [RSV]

When our primal father Adam disobeyed Your divine command, O Christ, You expelled him from Paradise. But when the faithful Robber while on the cross confessed You to be Lord, You restored him there, as he cried to You: "O Savior, when You come in Your kingdom, remember me." [SD]

*Blessed are the pure in heart, for they shall see God.* [RSV]

When in Paradise we sinned, You condemned us and pronounced the curse of death, being the Lord and the Giver of life. But later, loving Master, You who are sinless suffered in the flesh, and You brought the

dead back to life again, who shouted: "When You come in Your kingdom, remember us." [SD]

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

Having risen from the dead, You also raised us from the passions, by Your holy resurrection, O Christ our God. And roundly You defeated death's dominion over us, O Lord. Therefore we believers cry out to You: O Savior, when You come in Your kingdom, remember us. [SD]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

**Theotokion.**

Rejoice, the gate of God, through whom went the incarnate Creator, when He was born from you, and He kept you sealed. Rejoice, O swift and light cloud who brings the divine showers, namely Christ. Rejoice, O ladder to heaven and celestial throne. O rejoice, holy mountain, uncut and rich. [SD]

**Canon 1 for the Fathers.**

From Menaion - - -

**Ode vi. Mode 1. The monster. (NM)**

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

The truly dread assembly uttered a strange and new confounding of the natures of Christ, confounding the double energies into an energy one and monstrous; which the fullness of the holy orthodox regions rejected.

[EL]

*Rejoice and be glad, for your reward is great in heaven.* [RSV]

The truly dread assembly uttered a strange and new confounding of the natures of Christ, confounding the double energies into an energy one and monstrous; which the fullness of the holy orthodox regions rejected.

[EL]

Glory.

That it might escape the dread Nestorios, who wickedly introduced a duality of sons, the assembly of error slid from the mire into the pit, vainly teaching a confusion of wills and natures; but it was refuted by the godlike Fathers. [EL]

Both now.

All-blameless Lady, you have become the door of the divine ray and source of the unsetting light; for all the fullness of the Godhead dwelt ineffably in your womb; you reward with his natural energy and radiance those who crave. [EL]

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.**

From Octoechos - - -

**Resurrectional Apolytikion.**

**Mode 3.**

Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy. [SD]

**For the Fathers.**

**Mode pl. 4.**

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You. [SD]

**Apolytikion of the Parish Church**

(The text of the Apolytikion of the local church goes here.)

**Kontakion. Mode 2.**

O Protection of Christians that never fails, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you. [SD]

**THE TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

**The Epistle**

For the Fathers.

**Prokeimenon. Mode pl. 4. Psalm 31.**

Be glad in the Lord and rejoice greatly, O righteous ones. [SAAS]

**Verse:** *Blessed are those whose transgressions are forgiven.* [SAAS]

The reading is from Paul's Letter to Titus.

3:8-15

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting

to you. Greet those who love us in the faith.  
Grace be with you all. Amen. [RSV]

**Alleluia. Mode 4. Psalm 43.**

Alleluia. Alleluia. Alleluia.

**Verse 1:** *O God, we heard with our ears.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *For You saved us from those who afflict us.* [SAAS]

Alleluia. Alleluia. Alleluia.

**The Gospel**

*For the Fathers.*

The reading is from the Holy Gospel according to Matthew.

5:14-19

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven." [RSV]

**Hymn to the Theotokos.**

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our

God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

**Communion Hymn. Psalm 148.**

Praise the Lord from the heavens, praise Him in the highest. Alleluia. [SAAS]

**Hymn after Holy Communion.  
Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

**THE DISMISSAL**

May He Who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and the Holy Fathers of the Fourth Ecumenical Council, whose memory we are observing; and of all the saints, have mercy on us and save us, for He is good and loves mankind.

**Fasting Rule**

*Fast Free: All foods allowed.*