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The Service of Matins

for Tuesday, April 9, 2019

Triodion - Mode 4. on Tuesday Morning

Triodion - On Tuesday of the Fifth Week at Matins

Menaion - April 9 Memory of the Holy Martyr Eupsychios

Text in English

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Triodion

Mode 4. On Tuesday Morning

On Tuesday of the Fifth Week at Matins

Menaion - April 9

Memory of the Holy Martyr Eupsychios

MATINS

CHOIR

Mode 4.

Verse 1: My spirit rises early in the morning to You, O God, for Your commands are a light upon the earth. [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *Learn righteousness, you who dwell on the earth.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 3: Jealousy will seize an untaught people; and now fire will devour the adversaries.

[SAAS]

Alleluia. Alleluia. Alleluia.

Verse 4: Bring more evils on them, O Lord, bring more evils on them, on the glorious of the earth. [SAAS]

Alleluia. Alleluia. Alleluia.

From Horologion - - -

Triadic Hymns Mode 4.

Like the Cherubim we dare to glorify the unoriginate Father, and You, O Christ God, and Your all-holy Spirit, and we say: Holy, holy, holy are You our God. By the intercessions of the Forerunner save us.

Glory.

Now like the order of Angels in heaven, and the ranks of people on earth, with we offer You a hymn of victory, O good One. Holy, holy, holy are You our God. By the intercessions of the Saints save us. [5D]

Both now.

We mortals dare to offer You the hymn of Your noetic ministers, and we say: Holy, holy, holy are You our God. Through the Theotokos have mercy on us. [SD]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 11. There is no litany, but immediately the following:

From Triodion - - -

CHOIR

Kathisma I.

Kathisma I. For compunction.

Mode 4. Come quickly.

Quickly let us enter the bridal hall of Christ, that we may all hear His blessed voice, the voice of our God. Come, you who love the heavenly glory, and join the wise virgins and make your lamps to shine brightly by faith.

Verse: O Lord, do not rebuke me in Your wrath, nor chasten me in Your anger. [SAAS]

Mode 4. *Joseph marveled.*

O my soul, meditate on how we shall stand before the Judge in that frightening hour, how those intimidating thrones will be set up, and the actions of all people will be examined. The Judge will be unmoved. Before the tribunal fire will go forth, like a roaring wild sea, engulfing the guilty. Meditate on these things, O my soul, and correct your ways.

Glory. Both now. **Theotokion. Mode 4.**

O Lady, the true and literal Theotokos, as a Mother you interceed with your Son and our God with confidence. Protect your flock, which runs especially to your shelter and takes refuge in you, the harbor, the fortress, the only protection of the human race

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 8. It would be followed by the short litany.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You, O God, are good and love mankind, and to You we offer glory, to the Father and to the Son and to the Holy Spirit, now and forever, and to the ages of ages.

(Amen.)

CHOIR

From Triodion - - -

Mode 3. (NM)

In fervent faith let us burn up with abstinence the lustful passions, and flee from the icy cold of sin; with the streams of our tears let us quench the everlasting flame, crying aloud: We have sinned against Thee, O most loving Lord; forgive us and grant us Thy great mercy. [KW]

Glory. Both now. **Theotokion. Mode 3.** *Your confession.*

You in purity surpass the Angels; * therefore you became the tabernacle * of the Logos, O immaculate Mother of God. * But as for me, I surpass every other man * in the pollutions resulting from sins of the flesh. * With the waters of your intercession wash away my filth, * All-holy Maid, and grant to me the great mercy. [SD]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 9. It would be followed by the short litany.

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

From Triodion - - -

Kathisma III. From the Triodion. Mode 2.

Most glorious is the grace of the holy Fast. Through it the Prophet Elijah found the chariot of fire, and Moses received the Tables of the Law; Daniel was magnified, and Elisha raised the dead; the Children quenched the fire, and all men are reconciled to God.

Rejoicing in the Fast, let us cry aloud: Blessed art Thou, O Christ our God, whose good transgressions. Create in me a clean heart, pleasure this has been; glory to Thee.

Glory. Both now. **Theotokion. Mode 2.**

Having obtained in my distress thine unconquerable intercession, O Mother of our God, I am set free miraculously and past all hope from everything that troubles me. For thou art always swift to help those who ask of thee in faith, and dost deliver them when oppressed by the temptations of the enemy. Therefore with thanksgiving we cry unto thee: Accept, O Lady, this small offering of grateful praise, and be my help in all things. [KW]

READER

Lord, have mercy. (3)

Glory. Both now.

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall

that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

PRIEST

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs

and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

From Menaion - - -

CHOIR

Canon for the Martyr. Ode i. Mode pl. 4. Heirmos.

Verse: Let us sing to the Lord, for He is greatly glorified.

Of old when the Israelite had crossed * the watery passage as if over a tract of land, * fleeing from the misery of Egypt, * he cried: "To God our Redeemer, O let us sing." [5D]

Troparia.

Saint of God, intercede for us.

O blessed Martyr Eupsychios, with elation I extol your contests, and I entreat you, who have access to the Lord: Rescue my soul from the hold of the sinful passions.

Verse: The Lord reigns forever and ever and ever. For Pharaoh's horses went with his chariots and horsemen into the sea. [SAAS]

O blessed Martyr Eupsychios, with elation I extol your contests, and I entreat you, who have access to the Lord: Rescue my soul from the hold of the sinful passions.

Verse: But the children of Israel walked on dry ground in the midst of the sea. [SAAS]

O blessed Eupsychios, your mind became beautiful, for it inclined toward God, declined from life's delights, and it ruled over the passions. [5D]

Glory.

O Eupsychios, with noble deeds you wove a garment for yourself, and in martyrdom you dyed it red. Handsomely dressed in it, you went up and stood near the Lord.

Both now. Theotokion.

O Maiden, the Lord made mortals to be heavenly, for when He was born of you in the likeness of the flesh, He renewed our nature, which had grown old. [SD]

(read)

READER

Ode Two

Glory to You, our God; glory to You!

Take heed, O heaven, and I will speak; and let the earth hear the words of my mouth.

[SAAS]

Let my proverbial saying be awaited as the rain, and let my words come down as raindrops on the wild grass, and as snowfall on the sown grass.

For I invoke the Lord's name: ascribe greatness to our God.

He is God, His works are true; and all His ways are judgment.

A faithful God and without injustice; righteous and holy is the Lord.

They sinned; the blameworthy children are not His, a generation twisted and perverse. Is this how you repay the Lord?

O foolish and unwise people, is He not your Father, who acquired you? Has He not made and created you?

Remember the days of old, consider the years of many generations.

Ask your father, and he will tell you; your elders, and they will tell you:

When the Most High divided the nations, when He scattered the sons of Adam, He set the boundaries of the nations by the number of God's angels.

For the Lord's portion became the people of Jacob; the allotment of His inheritance is Israel.

He provided for him in the desert, in thirst of heat in a waterless place. He encircled him; He instructed him; He guarded him carefully as the apple of His eye.

As an eagle covers its nest, yearns after its young, spreading out its wings, taking them up, carrying them on its back.

So the Lord alone led them, and there was no foreign god with them.

He raised them on the strength of the land; He fed them on the produce of the fields.

He suckled them on honey from the rock and oil from the solid rock.

Butter of oxen and milk of sheep, with fat of lambs and goats, of sons of bulls and goats, with the choicest wheat; and you drank wine, the blood of grapes.

So Jacob ate and was filled, and the beloved kicked; he grew fat, he grew thick, he is obese. Then he forsook God who made him and stood back from God his Savior.

They provoked Me to wrath against foreign gods; with their abominations they embittered Me.

They sacrificed to demons, and not to God, to gods they did not know; new ones, recent gods arrived, which their fathers did not know.

You abandoned the God who begot you, and forgot the God who nourished you.

So the Lord saw it, and was jealous; and He was provoked to anger by His sons and daughters. Then He said, I will turn My face from them, and I will make known what their end will be; for they are a perverse generation, sons in whom is no faith.

They provoked Me to jealousy by what is not God; they moved Me to anger by their idols; but I will provoke them to jealousy by those who are not a nation; I will move them to anger by a foolish nation.

For a fire is kindled in My anger, and shall burn to the lowest Hades; it shall consume the land with its produce And set on fire the foundations of the mountains.

I will gather evils on them; I will spend My arrows on them.

They shall be wasted with hunger, devoured by birds and incurable disease; I will also send against them the teeth of wild animals With the anger of things crawling on the earth.

The sword shall make them childless outside, and fear from the inner chambers, for the young man and virgin, the nursing child with the elder of gray hairs.

I said, I will scatter them; I will make their memory cease from among men.

But for the wrath of the enemy, lest they live long, lest their adversary make a joint attack.

Lest they should say, "Our hand is high; and it is not the Lord who did all this."

For they are a nation void of counsel, nor is there understanding in them. They were not wise to understand these things.

Let them be concerned for the coming time.

How could one chase a thousand and two put ten thousand to flight unless God had sold them, and the Lord delivered them up?

For our God is not like their gods, but our enemies are foolish.

For their vineyard is of the vineyard of Sodom, and their vine is of Gomorrah. Their grapes are grapes of gall; their clusters are bitter.

Their wine is the wrath of serpents, and the incurable wrath of asps.

Behold, is this not laid up in store with Me, sealed up among My treasures?

I shall repay on the day of vengeance; in time, when their foot shall slip; for the day of their calamity is at hand, and is waiting, ready for them.

For the Lord will judge His people, and have compassion on His servants.

For He sees them disabled and left in distress and weakened.

The Lord said, 'Where are their gods in which they trusted?'

Who ate the fat of their sacrifices, and drank the wine of their drink offerings? Let them rise and help you and be your defender.

Now see, I, even I, am He, and there is no God besides Me; I kill and I make alive; I wound and I heal; nor is there any who can deliver from My hands. For I raise My hand to heaven, and I swear by My right hand, and say, "As I live forever."

For I whet My sword like lightning; and My hand takes hold on judgment. I will render vengeance on My enemies, and repay those who hate Me.

I will make My arrows drunk from blood; and My sword shall devour flesh from the blood of the slain and the captives, from the heads of the leaders of the enemy.

Rejoice, O Heavens, together with Him, and worship Him, all the sons of God.

Rejoice, O Gentiles, with His people; and let all the angels of God be strong with Him; for He will avenge the blood of His sons and render vengeance to His adversaries; and the Lord will purify His people's land. [SAAS]

(sung)

From Triodion - - -

CHOIR

Canon 1 from the Triodion. Ode ii. Mode 3. Heirmos (NM).

Hearken, O earth, and give ear to my words, O heaven: for I shall tell to those on earth the wonders of God. (2) [KW]

Glory to You, our God, glory to You.

Through unceasing prayer and abstinence and contemplation, let us give wings to our souls and raise them to the love of God. [KW]

Glory to You, our God, glory to You.

Fleeing from the icy cold of selfindulgence, let us all warm ourselves with the light of abstinence and the Holy Spirit. [KW] Glory to You, our God, glory to You.

O my soul, drive away the putrefaction of sin with the salt of the divine virtues, and cleave to God. [KW]

Most-holy Theotokos, save us.

Theotokion.

Christ came to dwell in thee who alone art blessed, and He took from thee the flesh He made His own. [KW]

From Triodion - - -

Canon 2 from the Triodion.

Ode ii. Mode 2. (NM) Attend, O ye peoples.

Glory to You, our God, glory to You.

Let us make our own pure fasting, prayer, tears, meditation on holy things, and every other virtue; and let us bring them now as an offering to God our Master. [KW]

Glory to You, our God, glory to You.

Eve was taken captive by the fruit. O my soul, consider this and be not deceived if ever the serpent tempts thee, urging thee to eat the fruits of lust. [KW]

Glory. For the Trinity.

I glorify three Persons in one Nature, Father, Son and Spirit, the one Power of the Godhead, one Kingdom over all and one Brightness. [KW]

Both now. Theotokion.

Thy childbearing, O pure Lady, fills our hearts with fear. For it is God who has become man, begotten outside time from the Father and in the last days brought forth by thee through a virgin birth.

Glory to You, our God, glory to You.

O my Christ, Thou hast healed the woman with an issue of blood when she touched the

hem of Thy garment. Trusting in Thy mercy, I too stretch out my hand to touch Thee: heal me from the passions. [KW]

Heirmos (NM). Mode 2.

Attend, O ye peoples, to the wonders worked by My divine power, and know from this that I only am the God of all. [KW]

From Menaion - - -

Canon for the Martyr. Ode iii. Mode pl. 4. Heirmos.

Verse: Holy are You, O Lord, and my spirit praises You.

Lord, You are the firm support * of those who have recourse unto You. You are the light * of those who are benighted. * And my spirit sings praise to You. [SD]

Troparia.

Saint of God, intercede for us.

O Saint, you were sensible, but senseless men betrayed you to the wicked emperor who senselessly served demons. [SD]

Verse: The Lord went up into the heaven and thundered. The Lord judges the ends of the earth.

[SAAS]

O Saint, you were sensible, but senseless men betrayed you to the wicked emperor who senselessly served demons. [5D]

Verse: He gives strength to our leaders, and He will exalt the horn of His Christ. [SAAS]

O triumphant Eupsychios, an Angel appeared to you and encouraged you, during your martyrdom. [5D]

Glory.

Wise Martyr Eupsychios, you had a bold spirit throughout your martyrdom. You were

truly filled with all joy, and you sang to the Lord. [5D]

Both now. Theotokion.

O venerable Maiden, the chorus of martyr athletes were victorious by your guidance.

They sing to you a hymn of thanksgiving.

Heirmos.

Lord, You are the firm support * of those who have recourse unto You. You are the light * of those who are benighted. * And my spirit sings praise to You.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For you are our God, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Kathisma.

From Menaion - - -

Mode 1. *The soldiers keeping watch.*

With greatness of your soul, you completed the good fight, * and roundly you defeated the warring opponent. * From

God you received the grace to do miracles as your prize. * The entire Church of faithful Christians extols you, * and in unison today we all call you blessed, * O Martyr Eupsychios.

Glory. Both now. **Theotokion. Mode 1.** *The soldiers keeping watch.*

Humanity, rejoice with the Lord's holy Mother; * and sing in praise of her, all you hosts of the heavens. * And all you who rule on earth, glorify the immaculate Maid. * Come, all you who love the Church's all-sacred feast-days, * let us say, "Rejoice!" to the august Theotokos, * and faithfully celebrate.

[SD]

From Menaion - - -

Canon for the Martyr. Ode iv. Mode pl. 4. Heirmos.

Verse: Glory to Your strength, O Lord.

I have heard the report, O Lord, * of Your incarnation, which is a mystery. * I considered Your astounding works, * and I glorified Your divinity. [SD]

Troparia.

Saint of God, intercede for us.

O Martyr Eupsychios, joyfully you distributed your possessions to the poor, exchanging them for the secure riches of martyrdom and the joy that never grows old.

Verse: The Lord God is my strength; He will direct my feet to the end. [SAAS]

O Martyr Eupsychios, joyfully you distributed your possessions to the poor, exchanging them for the secure riches of martyrdom and the joy that never grows old. *Verse*: He will set me upon high places, so to conquer by His song. [SAAS]

O Saint, enlightened by grace, you censured the darkness of the ungodly who attempted to force you to submit to superstitious error.

Glory.

O Martyr, nothing was able to separate you from the love of your Creator, not hunger, nor death, nor the enjoyment of present delights. [5D]

Both now. Theotokion.

O Virgin, you are above the heavenly hosts. Therefore, I pray you set my mind above carnal passions. [5D]

From Menaion - - -

Canon for the Martyr. Ode v. Mode pl. 4. Heirmos.

Verse: O Lord our God, grant us peace.

Sovereign Lord our God, * as the One who loves humanity, * with your commandments enlighten us, we pray; * and also grant us * Your peace with Your own uplifted arm. [50]

Troparia.

Saint of God, intercede for us.

O Martyr Eupsychios, you endured the bodily tortures with great fortitude, splayed in imitation of the Lord of all creation.

Verse: The dead shall rise up; and those in the tombs shall arise. Those in the earth shall be glad.

[SAAS]

O Martyr Eupsychios, you endured the bodily tortures with great fortitude, splayed in imitation of the Lord of all creation.

[SD]

Verse: For your dew is a healing for them, but the land of the ungodly shall come to an end. [SAAS]

O Martyr, as your body was scraped and your skin was flayed, with the endurance of a most valorous mind, you sang hymns to Christ. [SD]

Glory.

O Martyr, with the wisdom of your words, you made fools out of those who spoke have received the medals of victory from eloquently in deception, and you dispelled the Christ. [50] mist of falsehood with truth. [SD]

Both now. Theotokion.

O Lady, never cease interceding for all who hope in you, that you will deliver us from future condemnation. [SD]

From Menaion -

Canon for the Martyr. Ode vi. Mode pl. 4. Heirmos.

Verse: Save us, O Lord, like You saved the Prophet Jonah.

My prayer * shall I pour out before the Lord, * and to Him shall I proclaim my afflictions, * in that my soul has been flooded with evils, * and very near unto Hades my life has drawn. * Therefore, like Jonah I entreat: * Raise me up from corruption, O Lord my God. the Lord, * and to Him shall I proclaim my

Troparia.

Saint of God, intercede for us.

O blessed Eupsychios, the waves of torture tossed you, but could not sink you; for Christ God guided you to the calm haven of His Kingdom, as your Pilot and Defender.

Verse: Those who follow vanity and lies forsake their own mercy. [SAAS]

O blessed Eupsychios, the waves of torture tossed you, but could not sink you; for Christ God guided you to the calm haven of His Kingdom, as your Pilot and Defender. [50]

Verse: As much as I vowed, I shall offer up to You, to You, the Lord of Deliverance. [SAAS]

O Martyr, you showed your opponents the maturity of your soul, and you appeared fearsome to them, frustrating their wickedness by your patience. And for your contests, you

Glory.

O glorious Martyr, the tyrant cunningly attempted to undermine you, by undoing your resolve with gifts and various tortures, thinking to steal you soul's treasure. But you mightily endured and were the winner. [5D]

Both now. **Theotokion**.

O Mother of the Savior and Lord of all, I have opened the door to the passions, and I have fallen down. I pray you stand me up again, lead me to the entrances of repentance, and save me, by your good mediation. [50]

Heirmos.

My prayer * shall I pour out before afflictions, * in that my soul has been flooded with evils, * and very near unto Hades my life has drawn. * Therefore, like Jonah I entreat: * Raise me up from corruption, O Lord my God.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the King of peace and the savior of our souls, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Triodion - - -

READER

For the Martyrs. Mode 4.

Your Church is arrayed in the holy blood of Your Martyrs who witnessed throughout the world, as though in purple and fine linen. Through them she cries to You, Christ our God, "Send down to Your people Your tender love, grant peace from above to Your commonwealth, and to our souls Your great mercy."

Synaxarion.

From the Menaion.

On April 9 we commemorate the holy martyr Eupsychios of Caesarea.

On this day we also commemorate the devout Badimos the Archimandrite and his seven disciples.

On this day we also commemorate the holy martyrs who died in captivity in Persia.

On this day St. Abdiesus died by the knife.

On this day we also commemorate the newly-revealed and wonderworking devout martyrs Raphael, Nicholas, and the holy virgin martyr Irene, and those with them, in the sacred monastery Karyes, that is, at Therme on the island of Lesvos, who witnessed in the year 1463, and who were miraculously revealed to us in the year 1959.

By the intercessions of Your Saints, O God, have mercy on us. Amen.

From Menaion - - -

CHOIR

Canon for the Martyr. Ode vii. Mode pl. 4. Heirmos.

Verse: *Blessed are You, the God of our fathers.*

Servants, descendants of the Hebrews, * bravely trampled down the flame within the furnace; * and they changed into dew * the fire, and they chanted: * Blessed are You, O Lord, the God * of our fathers to the ages.

Troparia.

Saint of God, intercede for us.

O thrice-blessed Athlete of Christ, you gave no thought to physical suffering. Through grace, you greatly triumphed. Now you have joined the chorus of the Godlike bodiless hosts and the ranks of the Martyrs.

Verse: Blessed are You on the throne of Your kingdom, and You are praised and exalted beyond measure unto the ages. [SAAS]

O thrice-blessed Athlete of Christ, you gave no thought to physical suffering. Through grace, you greatly triumphed. Now you have joined the chorus of the Godlike bodiless hosts and the ranks of the Martyrs.

Verse: Blessed are You in the firmament of heaven, for You are praised and glorified unto the ages. [SAAS]

O wise Eupsychios, you made a good transaction. You traded a handful of blood for the kingdom on high, where you now sing: "O Lord our God, blessed are You unto the ages."

Glory.

O thrice-blessed Martyr, when you were beheaded with the sword, Heaven's gates opened to you, and as you ascended, choirs of Angels met you and sang: "O Lord our God, blessed are You unto the ages." [SD]

Both now. Theotokion.

O Virgin, the Prophet Daniel was inspired by God when he called you a mountain, from which a stone was cut without hands, and which smashed the idols of deception. And that stone was Christ.

Ode viii.

From Menaion - - -

Canon for the Martyr. Ode viii. Mode pl. 4. Heirmos.

Verse: O you works, to the Lord sing a hymn, and exalt Him beyond measure unto the ages.

By Your grace those Servants, * who adhered exceedingly to Your commandments, * once became the victors * over the tyrant * and the burning flame in the furnace and cried aloud: * Bless the Lord, O all you the works of the Lord, * and supremely exalt Him unto all the ages. [SD]

Troparia.

Saint of God, intercede for us.

O glorious Eupsychios, you were victorious over tyrants and unclean spirits.

Now you illumine the hearts of believers. Therefore we gratefully extol you, and we all bless Christ unto the ages. [5D]

Verse: Bless the Lord, all you works of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

O glorious Eupsychios, you were victorious over tyrants and unclean spirits. Now you illumine the hearts of believers. Therefore we gratefully extol you, and we all bless Christ unto the ages.

Verse: Bless the Lord, all you works of the Lord, you heavens of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

O godly-minded Martyr, your miracles flow like a river, and by grace they cure the ailments diseases of soul and body. Therefore we believers glorify your memory, and we extol Christ unto the ages. [5D]

Verse: Bless the Lord, all you waters above the heaven, all you powers of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

O Martyr, with valor you endured the race of your contests, and you received the crowns of victory. You were wholly unyielding and unshakeable, even as you were scraped to your bones and internal organs. [5D]

Verse: Bless the Lord, you sun and moon, you stars of heaven, and exalt Him beyond measure, unto all the ages. [SAAS]

Theotokion.

O Virgin, as the Mother of the most sympathetic Logos, you are sympathetic. Take pity on me, though I am not sympathetic, but rather pathetic, and guilty of countless transgressions, for which I have not repented, but rather have wasted my life in indifference. Deliver me, O Saviour, from his malice, as

(read)

Intermediate Verses of Ode Eight.

Bless the Lord, every shower and dew, all you winds, and exalt Him beyond measure, unto all the ages. [SAAS]

Bless the Lord, you fire and heat, you winter cold and summer heat, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you dews and snows, you frost and cold, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you hoarfrosts and snows, you lightning and clouds, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you light and darkness, you night and day, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you earth, you mountains and hills, and all you things growing on the earth, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you springs, you seas and rivers, you sea-monsters and everything that moves in the waters, and exalt Him beyond measure, unto all the ages. [SAAS]

(sung)

From Triodion - -

Canon 1 from the Triodion. **Ode viii. Mode 3.** (NM) God is glorified.

Verse: Bless the Lord, all you birds of heaven, all ou wild animals and cattle, and exalt Him beyond measure, unto all the ages. [SAAS]

The evil one secretly lies in wait for me each day, seeking to catch me and devour me. Thou hast saved Jonah from the whale. [KW]

Verse: Bless the Lord, O children of men. Bless the Lord, O Israel, and exalt Him beyond measure, unto all the ages. [SAAS]

Cleansed through fasting, let us draw near to the mountain of the virtues and let us clearly hear what God will say within us; for He will speak to us of peace and illumination and the healing of our broken souls. [KW]

Verse: Bless the Lord, O priests of the Lord, O servants of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

Blinded each day by the darkness of my sins, I cannot perceive Thy wonders, O Lord: but do Thou open the eyes of my heart, O Jesus Giver of Light. KWI

Verse: *Bless the Lord, O spirits and souls of* the righteous, O holy ones and humble in heart, and exalt Him beyond measure, unto all the ages. [SAAS]

Theotokion.

O Ever-Virgin undefiled, with the waters of thy mercy wash from my heart the defilement of the passions, and give me streams of tears to cleanse my soul. [KW]

Canon 2 from the Triodion. **Ode viii. Mode 2.** (NM) By a strange miracle.

Verse: Bless the Lord, O Hananiah, Azariah, and Mishael, and exalt Him beyond measure, unto all the ages. [SAAS]

The fire shall not be quenched, so it is written, and the worm shall not die. Fear the threat, my soul, and serve Christ, that thou mayest find joy in the dwelling-place of all those who rejoice. [KW]

Verse: Bless the Lord, O Apostles, Prophets, and Martyrs, and exalt Him beyond measure, unto Lord. all the ages. [SAAS]

My soul burns with the fever of lust: by Thy touch, I pray Thee, raise it up, as Thou hast raised the mother-in-law of Peter; so shall I be enabled to serve Thee acceptably, returning thanks to Thee for ever.

Verse: We bless the Lord: Father, Son, and Holy Spirit; we sing a hymn to Him and exalt Him beyond measure unto the ages. [SAAS]

For the Trinity.

O ye faithful, let us sing in praise to the Father, eternal and without beginning, and to His coeternal Son, and to the Spirit that shines forth from the Father, three consubstantial Persons but one in sovereign power and rule.

Both now. **Theotokion**.

O Mary, called by God, truly thou art the mercy-seat of the faithful: for through thee forgiveness is freely bestowed upon all. Cease not to intercede before thy Son and Lord, gaining His gracious favour for us who sing thy praises. [KW]

Glory to You, our God, glory to You.

Open the deaf ears of my soul, O Christ, and make my tongue to speak clearly, as once Thou hast done to the deaf man who had an impediment in his speech: so shall I listen to Thy voice and sing to Thee with my tongue, praising Thee for ever. [KW]

We praise and we bless and we worship the Lord.

Heirmos (NM). Mode 2.

By a strange miracle the Lord of old refreshed with dew the Children of the Hebrews in the fire, yet burnt the Chaldaeans. Let us sing His praises, saying: Bless and exalt Him above all for ever. [KW]

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix. Megalynarion. Mode pl. 4.

Verse: My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NKJVI]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation. [NK]VI

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever. [NK]VI

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

From Menaion - - -

Canon for the Martyr.

Ode ix. Mode pl. 4. Heirmos.

You are the Theotokos * lit'rally, O Virgin; * and we confess it, for we have been saved through you * whom we, O pure one, with choirs of angels magnify. [SD]

Troparia.

Saint of God, intercede for us.

O Martyr Eupsychios, you were hanged on a scaffold, depicting the Passion of the passionless Lord, who in His compassion alleviates the passions of the faithful.

Verse: Blessed be the Lord God of Israel, for he has visited and redeemed his people. [RSV]

O Martyr, a great miracle occurred when you died. Instead of blood, milk and water flowed, when your head was cut off. [50]

Verse: And has raised up a horn of salvation for us in the house of his servant David. [RSV]

O blessed Martyr, you have now joined the heavenly armies. You wear your crown, and you celebrate with the orders of Martyrs. We pray that you will protect us. [5D]

Verse: As he spoke by the mouth of his holy prophets from of old. That we should be saved from our enemies, and from the hand of all who hate us.

[RSV]

O Martyr Eupsychios, remember us in your intercessions with God, as we remember you and keep your sacred feast. [50]

Verse: To perform the mercy promised to our fathers, and to remember his holy covenant. [RSV]

Theotokion.

O Virgin, I am in a night of sin, darkened and surrounded by the mist of indifference. I implore you, shine the light of repentance on me. [SD]

From Triodion - - -

Canon 1 from the Triodion. Ode ix. Mode 3. (NM) O Holy Virgin, Bush that burned.

Verse: The oath which he swore to our father Abraham, to grant us that we, be[ing] delivered from the hand of our enemies. [RSV]

Calling to mind the flames of the fire that never shall be quenched, with fervent hearts let us draw near to the fire of repentance and burn up the passions. [KW]

Verse: [That we] might serve him without fear, in holiness and righteousness before him all the days of our life. [RSV]

Words of fire came forth of old from the mouth of him who fasted, and overwhelmed the elements. Emulate his zeal, my soul, and live rightly. [KW]

Verse: And you, child, will be called the prophet of the Most High; for you will go before the Lord to prepare his ways. [RSV]

Keeping in mind the fearful judgement seat, my wretched soul, always guide thy steps to the accomplishment of the Redeemer's will. [KW]

Verse: To give knowledge of salvation to his people in the forgiveness of their sins, through the tender mercy of our God. [RSV]

Theotokion.

My soul is darkened by the pleasures; give light to it, pure Virgin, who hast borne the Light, that with fear and faith I may for ever magnify thee. [KW]

Canon 2 from the Triodion.

Ode ix. Mode 2. (NM) With faith let us magnify.

Verse: When the day shall dawn upon us from on high to give light to those who sit in darkness and in the shadow of death. [RSV]

Let us offer to Christ all the members of our body as weapons of righteousness, 'lifting up', as it is written, 'holy hands, without wrath and doubting'. [KW]

Verse: To guide our feet into the way of peace.

[RSV]

Coming once to the disciples in the boat, my Christ, Thou hast stilled the raging sea: do Thou also still the tempest of my thoughts.

Glory. For the Trinity.

I worship one Nature, I sing the praises of three Persons, one God of all, Father, Son and Holy Spirit, sovereignty eternal. [KW]

Both now. Theotokion.

Though a pure maiden thou hearest child, and though a virgin thou givest suck. How can these things be found together? How dost thou give birth and yet remain virgin? 'It is God who has brought this to pass; ask me not how.' [KW]

Glory to You, our God, glory to You.

The passions have defiled my soul, and I have been robbed like the man who fell among thieves. But heal me, O my Christ, and pour Thy mercy upon me. [KW]

Heirmos (NM). Mode 2.

With faith let us magnify the only Theotokos, for in ways surpassing nature she has conceived within her womb, according to the flesh, the Word that outside time shone forth from the Father. KWJ

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Horologion - - -

CHOIR

Photagogic Hymns Mode 4.

O Lord, who cause the light to rise on Your world, purify from every sin my soul, which is in the darkness; by the intercessions of the Forerunner, and save me. [5D]

O Lord, who cause the light to rise on Your world, purify from every sin my soul, which is in the darkness; by the intercessions of the Saints, and save me. [5D]

O Lord, who cause the light to rise on Your world, purify from every sin my soul, which is in the darkness; by the intercessions of the Theotokos, and save me. [5D]

READER

Lauds. (read) Psalm 148.

Praise the Lord from the heavens; praise Him in the highest. Praise Him, all you His angels; praise Him, all you His hosts. Praise Him, sun and moon; praise Him, all you stars and light. Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name, for He spoke, and they were made; He commanded, and they were created. He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away. Praise the Lord from the earth, you dragons and all the deeps, Fire and hail, snow and ice, stormy wind, which perform His word, mountains and all the hills, fruitful trees and all cedars, wild animals and all cattle, creeping things and flying birds, kings of the earth and all peoples, princes and all judges of the earth, young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted; His thanksgiving is in earth and heaven. And He shall exalt the horn of His people, a hymn for all His saints, for the children of Israel, a people who draw near to Him. [SAAS]

Psalm 149.

Sing to the Lord a new song, His praise in the assembly of His holy ones. Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King. Let them praise His name with dance; with tambourine and harp let them sing to Him; for the Lord is pleased with His people, and He shall exalt the gentle with salvation. The holy ones shall boast in glory, and they shall greatly rejoice on their beds; the high praise of God shall be in their mouth and a two-edged sword in their hand, to deal retribution to the nations, reproving among the peoples, to shackle their kings with chains and their nobles with fetters of iron, to fulfill among them the written judgment: This glory have all His holy ones. [SAAS]

Psalm 150.

Praise God in His saints; praise Him in the firmament of His power; praise Him for His mighty acts; praise Him according to the abundance of His greatness. Praise Him with the sound of a trumpet; praise Him with the harp and lyre; praise Him with timbrel and dance; praise Him with strings and flute; praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. Alleluia. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Doxology (read)

To you belongs glory, O Lord our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. Glory

to God in the highest, and on earth peace, good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; onlybegotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every day I shall bless you, and I shall praise your name forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who know you. Grant, O Lord, that in this day we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy One, enlighten me with your commandments. Lord, your mercy remains forever, do not turn away from the works of your hands. To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and

the Holy Spirit, now and ever and to the ages of ages. Amen.

DEACON

Let us complete our morning prayer to the **PRIEST** Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us

commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For You are the God of mercy and compassion and love for mankind, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST (in a low voice)

Holy Lord, dwelling on high and beholding things below and, with your eye that observes all, keeping watch over the whole creation, to you we have bowed the neck of our soul and body, and we beseech you, O Holy of Holies: Stretch forth your invisible hand from your holy dwelling and bless us all. And, as you are good and love humankind, pardon us if we have sinned in anything, voluntarily or involuntarily, granting us your blessings both of this world and of the world above.

For Yours it is to show mercy and to save us, O our God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

CHOIR

Aposticha. From the Triodion.

From Triodion

Idiomelon. Grave Mode.

Visit, Lord, my wounded and humiliated soul, O Physician of the sick, storm-free haven of the hopeless. For Thou art the Deliverer of

the world, and hast come to raise the fallen from corruption. In Thy great mercy raise me also, for I kneel before Thee. [KW]

Verse: I lift my eyes to You, who dwell in heaven. Behold, as the eyes of servants look to the hands of their masters, as the eyes of the maidservant look to the hands of her mistress, so our eyes look to the Lord our God until He shall have compassion on us. [SAAS]

Visit, Lord, my wounded and humiliated soul, O Physician of the sick, storm-free haven of the hopeless. For Thou art the Deliverer of the world, and hast come to raise the fallen from corruption. In Thy great mercy raise me also, for I kneel before Thee.

For the Martyrs. Grave Mode.

Verse: Have mercy on us, O Lord, have mercy on us, for we are greatly filled with contempt; our soul is greatly filled with it. We are a disgrace to those who prosper, and a contempt to the arrogant. [SAAS]

In the midst of the arena, before the lawless pagans, the victorious martyrs cried aloud rejoicing: 'O Lord, glory to Thee.' [KW]

Glory. Both now. **Theotokion. Grave Mode.**

We sing thy praises, most pure Theotokos; we glorify God the Word whom thou hast borne, and we cry: 'Glory to thee.' [KW]

PRIEST

It is good to give thanks to the Lord and to sing to Your name, O Most High, to proclaim Your mercy in the morning and Your truth at night. [SAAS]

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

Standing in your glorious church, O Theotokos, we think we are standing in heaven. O heavenly Gate, open to us the door of your mercy.

Lord, have mercy. (40)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

In the name of the Lord, Father, bless!

PRIEST

Blessed are You, Christ our God, always now and forever and to the ages of ages.

(Amen.)

O heavenly King, uphold our rulers, strengthen the Faith, calm the nations, give peace to the world. Protect this holy Church (or, Monastery); grant our departed fathers and brethren that they may dwell with the righteous, and accept us in repentance and confession; for You are good and love mankind.

(Amen.)

Prayer of St. Ephraim

O Lord and Master of my life, do not permit the spirit of laziness and meddling, the lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit of prudence, humility, patience and love.

Yes, Lord and King, give me the power to see my own faults and not to judge my brother.

For you are blessed unto the ages of ages. Amen. [HG]

Then we begin the First Hour, saying: "Come let us worship..."

or:

READER

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)