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The Service of Matins

for Tuesday, February 19, 2019

Octoechos - Mode pl. 1. on Tuesday Morning

Menaion Supplement - February 19 Memory of St. Philothea the Athenian

Katavasias of Theotokos

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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Συμπλήρωμα Μηναίου ΤΗι ΙΘ΄ ΦΕΒΡΟΥΑΡΙΟΥ

ΟΡΘΡΟΣ

ΧΟΡΟΣ

$^{\circ}$ H χ o ς $\pi\lambda$. α' .

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν. Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

Στίχ. α'. Έξομολογεῖσθε τῷ Κυρίῳ καὶ ἐπικαλεῖσθε τὸ ὄνομα τὸ ἄγιον αὐτοῦ.

ἤ' Ἐξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός,ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.

Στίχ. β'. Πάντα τὰ ἔθνη ἐκύκλωσάν με, καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ'. Παρὰ Κυρίου ἐγένετο αὕτη καὶ ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Άπολυτίκιον.

Συμπλήρωμα Μηναίου - - -

Ήχος πλ. α΄. Τὸν συνάναρχον Λόγον.

Άθηναίων ή πόλις ή περιώνυμος Φιλοθέην τιμᾶ τὴν Ὀσιομάρτυρα καὶ ἀσπάζεται αὐτῆς τὸ θεῖον λείψανον, ὅτι ἐβίωσε σεμνῶς καὶ μετήλλαξε τὸ ζῆν ἀθλήσει καὶ μαρτυρίω καὶ πρεσβεύει πρὸς τὸν Σωτῆρα διδόναι πᾶσι τὸ θεῖον ἔλεος.

Δόξα. Τὸ αὐτό.

Άθηναίων ή πόλις ή περιώνυμος Φιλοθέην τιμᾶ τὴν Ὀσιομάρτυρα καὶ ἀσπάζεται αὐτῆς τὸ θεῖον λείψανον, ὅτι ἐβίωσε σεμνῶς καὶ μετήλλαξε τὸ ζῆν ἀθλήσει καὶ μαρτυρίω καὶ πρεσβεύει πρὸς τὸν Σωτῆρα διδόναι πᾶσι τὸ θεῖον ἔλεος.

Menaion Supplement February 19

Memory of St. Philothea the Athenian

MATINS

CHOIR

Mode pl. 1.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call upon His name.

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: All the nations surrounded me, but in the name of the Lord I defended myself against them.

Verse 3: And this came about from the Lord, and it is wonderful in our eyes.

Apolytikion.

Menaion Supplement - - -

Mode pl. 1. *Let us worship the Word.*

The illustrious city of Athens now extols * Philothea, the woman monastic martyr saint, * and salutes her most divine holy relic with a kiss; * for in holiness she lived, and exchanged her death for life * through martyrdom and her contests. * And now she intercedes with the Savior, * that He grant to all His great mercy.

Glory. Repeat.

The illustrious city of Athens now extols * Philothea, the woman monastic martyr saint, * and salutes her most divine holy relic with a kiss; * for in holiness she lived, and exchanged her death for life * through martyrdom and her contests. * And now she intercedes with

Τῆς Ὀκτωήχου - - -

Καὶ νῦν. Θεοτοκίον.

Ήχος πλ. α΄. Τὸν συνάναρχον Λόγον.

Χαῖφε πύλη Κυφίου ἡ ἀδιόδευτος, χαῖφε τεῖχος καὶ σκέπη τῶν πφοστφεχόντων εἰς σέ, χαῖφε ἀχείμαστε λιμὴν καὶ Ἀπειφόγαμε, ἡ τεκοῦσα ἐν σαφκὶ τὸν Ποιητὴν σου καὶ Θεόν, πφεσβεύουσα μὴ ἐλλείπης, ὑπὲφ τῶν ἀνυμνούντων, καὶ πφοσκυνούντων τὸν Τόκον σου.

ΙΕΡΕΥΣ

Έτι καὶ ἔτι ἐν εἰρήνη τοῦ Κυρίου δεηθώμεν.

(Κύριε, ἐλέησον.)

Αντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ότι σὸν τὸ κράτος καὶ σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

 $(A\mu\eta\nu.)$

ΧΟΡΟΣ

Κάθισμα Α'.

Συμπλήρωμα Μηναίου - - -

Ήχος α΄. Τὸν τάφον σου Σωτήρ.

Ή χάρις τοῦ Χριστοῦ, ἡ σωτήριος πᾶσιν ἐποίησε μονὴν παρὰ σοί, Φιλοθέη,

the Savior, * that He grant to all His great mercy. [SD]

From Octoechos - - -

Both now. Theotokion.

Mode pl. 1. *Let us worship the Word.*

O impassable gateway of God the Lord, rejoice. * Wall and shelter of those who in you take refuge, rejoice. * Stormless haven, rejoice, O Maid who knew not man * and yet physically gave birth to your Creator and God. * Never cease interceding * on behalf of those extolling and worshiping the Son you bore.

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Kathisma I.

Menaion Supplement - - -

Mode 1. *The soldiers keeping watch.*

The grace of Jesus Christ, which for all is salvific, * with you made its abode, O divine

καὶ γέγονας παράδεισος ἀρετῆς καὶ σεμνότητος βίον ἄγιον εὐεργετοῦσα διῆλθες καὶ τὸν στέφανον τοῦ μαρτυρίου ἐδέξω διό σε γεραίρομεν.

Δόξα καὶ νῦν. **Θεοτοκίον.** Ήχος α'. Τὸν τάφον σου Σωτήρ.

Μητέρα σε Θεοῦ, ἐπιστάμεθα πάντες, Παρθένον ἀληθῶς, καὶ μετὰ τόκον φανεῖσαν, οἱ πόθῳ καταφεύγοντες, πρὸς τὴν σὴν ἀγαθότητα· σὲ γὰρ ἔχομεν, ἁμαρτωλοὶ προστασίαν· σὲ κεκτήμεθα, ἐν πειρασμοῖς σωτηρίαν τὴν μόνην πανάμωμον.

Κάθισμα Β'.

Συμπλήρωμα Μηναίου - - -

Ήχος δ΄. Ταχὺ προκατάλαβε.

Τῷ πνεύματι ζέουσα, Όσιομάςτυς Χριστοῦ, Κυρίφ δουλεύουσα καὶ προσευχῆ ἐκτενεῖ ἐν κόσμῳ ἐβίωσας· ἔχαιρες τῆ ἐλπίδι, ὑπομένουσα θλίψεις, χρείαις δὲ τῶν ἁγίων ἐν σπουδῆ ἐκοινώνεις· διό περ καὶ νῦν τιμῶμεν πάντες τὴν μνήμην σου.

Δόξα· καὶ νῦν. **Θεοτοκίον.** Ἡχος δ΄. Ταχὺ προκατάλαβε.

Ταχὺ δέξαι, Δέσποινα, τάς ἱκεσίας ἡμῶν καὶ ταύτας προσάγαγε τῷ σῷ Ὑιῷ καὶ Θεῶ, Κυρία Πανάχραντε· λῦσον τάς περιστάσεις τῶν εἰς σὲ προστρεχόντων, σκέδασον τάς ἐνέδρας καὶ τὰ θράση, Παρθένε, τῶν νῦν ἐφοπλιζομένων κατὰ τῶν δούλων σου.

Philothea, * and made you a paradise of the virtues and chastity. * Holy was your life and full of good deeds and mercy; * you received as well the laurel crown of a martyr; * and therefore we honor you.

Glory. Both now. **Theotokion**. **Mode 1**. *The soldiers keeping watch*.

All we who run to you and with longing take refuge * in your benevolence know that you are the Mother * of God, and after giving birth are a virgin in very truth. * Now we sinners have you as our only protection. * In temptation we rely on you for salvation, * O only all-blameless one.

Kathisma II.

Menaion Supplement - - - **Mode 4.** *Come quickly.*

In spirit you were fervent, O holy Martyr of Christ; * you lived in the world and nonetheless were serving the Lord, and ardently prayed to Him. * Patient in tribulations, you in hope were rejoicing; * contributing to the needs of the saints in earnest. * And therefore, O Philothea, we honor your memory.

Glory. Both now. **Theotokion. Mode 4.** *Come quickly.*

Come quickly, O Lady, and receive our prayers from us, * and bring them to the attention of your Son and our God, O only immaculate. * Quickly resolve the troubles of your servants, O Virgin; * frustrate the schemes of ambush and the brazen behavior * of those who take up arms against us who call on you. [5D]

Κάθισμα Γ'.

Συμπλήρωμα Μηναίου - - -

Ήχος πλ. δ΄. Τὸ προσταχθέν.

Τοῦ μαρτυρίου τῷ στεφάνῳ κοσμουμένη καὶ ἐν τῷ αἵματί σου, μῆτερ, λελουμένη, τὸν Σωτῆρα ἱκέτευε, τὸν ὑπὲρ τοῦ κόσμου ἀκάνθαις στεφανωθέντα καὶ τὴν πλευρὰν νυγέντα καὶ θείῳ αἵματι τὴν ἀρὰν τῆς Εὔας ἀποπλύναντα καὶ τὴν ὁδὸν πρὸς οὐρανὸν καὶ αὖθις τὸν παράδεισον τοῖς ἀνθρώποις ἀνοίξαντα.

Δόξα καὶ νῦν. Θεοτοκίον. 3 Ηχος πλ. δ'. Τὸ προσταχθέν.

Θεοχαρίτωτε, άγνή, εὐλογημένη, τὸν διὰ σπλάγχνα οἰκτιρμῶν ἐκ σοῦ τεχθέντα σὺν ταῖς ἄνω Δυνάμεσι καὶ τοῖς Ἀρχαγγέλοις καὶ πᾶσι τοῖς Ἀσωμάτοις ὑπὲρ ἡμῶν δυσώπει ἀκαταπαύστως, δοῦναι ἡμῖν πρὸ τοῦ τέλους διόρθωσιν καὶ ἱλασμὸν άμαρτιῶν καὶ βίου ἐπανόρθωσιν, ὅπως εὕρωμεν ἔλεον.

ΔΙΑΚΟΝΟΣ

Έτι καὶ ἔτι ἐν εἰρήνη τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Kathisma III.

Menaion Supplement - -

Mode pl. 4. When he perceived.

Being adorned with the laurel of a martyr,
* having been bathed in your own blood, O
holy Mother, * ever pray to the Savior, who
for our salvation * was crowned with a crown
of thorns, and who with a spear * was pierced
in the side, and thus with His holy blood *
washed away Eva's primal curse, and once
again opened the way * to heaven and to
Paradise, * for the race of humanity. [5D]

Glory. Both now. **Theotokion. Mode pl. 4.** *When he perceived.*

O Lady, pure, graced by God, and everblessed, * join with the Powers in the heavens, the Archangels, * all the Bodiless Hosts and ceaselessly petition * the Lord, who in His compassion was born from you, * entreating on our behalf that before the end * He will grant us correction and the expiation of our sins, * amendment of our way of life, * so that mercy await us all. [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

ΙΕΡΕΥΣ

Ότι ηὐλόγηταί σου τὸ ὄνομα, καὶ δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Άγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

 $(A\mu\eta\nu.)$

ΧΟΡΟΣ

Άντίφωνον Α'. Ήχος δ'.

Ἐκ νεότητός μου πολλὰ πολεμεῖ με πάθη, ἀλλ' αὐτὸς ἀντιλαβοῦ, καὶ σῶσον Σωτήο μου. (δίς)

Οί μισοῦντες Σιών, αἰσχύνθητε ἀπὸ τοῦ Κυρίου· ὡς χόρτος γάρ, πυρὶ ἔσεσθε ἀπεξηραμμένοι. (δίς)

Δόξα.

Άγίω Πνεύματι πᾶσα ψυχὴ ζωοῦται, καὶ καθάρσει ύψοῦται λαμπρύνεται, τῆ τριαδικῆ Μονάδι ἱεροκρυφίως.

Καὶ νῦν.

Άγίω Πνεύματι, ἀναβλύζει τὰ τῆς χάριτος ὁεἶθρα, ἀρδεύοντα, ἄπασαν τὴν κτίσιν πρὸς ζωογονίαν.

Ποοκείμενον. Ψαλμός 39.

Υπομένων ὑπέμεινα τὸν Κύριον, καὶ προσέσχε μοι, καὶ εἰσήκουσε τῆς δεήσεώς μου. (δίς)

Στίχ. Καὶ ἔστησεν ἐπὶ πέτραν τοὺς πόδας μου καὶ κατηύθυνε τὰ διαβήματά μου.

Υπομένων ὑπέμεινα τὸν Κύριον, καὶ προσέσχε μοι, καὶ εἰσήκουσε τῆς δεήσεώς μου.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

PRIEST

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Antiphon I. Mode 4.

Since my youth have many passions waged war against me. O my Savior, nonetheless help me and save me. (2)

You, the haters of Zion, be put to shame by the Lord, for like thatch in fire you will be completely dried up. (2)

Glory.

From the Holy Spirit every soul receives life, and through cleansing is lifted and brightened, in a hidden, sacred manner, by the trinal Monad.

Both now.

From the Holy Spirit do the streams of grace well forth; they irrigate everything created, so that life be engendered. [5D]

Prokeimenon. Psalm 39.

I waited patiently for the Lord, and He heeded me; and He heard my supplication. (2)

Verse: And He established my feet on a rock and kept straight my steps.

I waited patiently for the Lord, and He heeded me; and He heard my supplication.

DEACON

[SAAS]

Let us pray to the Lord.

(Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Ότι Άγιος εἶ ὁ Θεὸς ἡμῶν, καὶ ἐν Άγίοις ἐπαναπαύη, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατοὶ καὶ τῷ Υἱῷ καὶ τῷ Άγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

Ήχος β'.

Πᾶσα πνοἡ αἰνεσάτω τὸν Κύριον. (δίς) Αἰνεσάτω πνοή πᾶσα τὸν Κύριον.

ΔΙΑΚΟΝΟΣ

Καὶ ὑπέο τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΔΙΑΚΟΝΟΣ

Σοφία. Όρθοί. Ακούσωμεν τοῦ άγίου Εὐαγγελίου.

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Ματθαῖον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

ΔΙΑΚΟΝΟΣ

Ποόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΙΕΡΕΥΣ (ἀπὸ τῆς Ω ραίας πύλης) (6:19-21)

Εἶπεν ὁ Κύριος τοῖς ἑαυτοῦ Μαθηταῖς· Μὴ θησαυρίζετε ὑμῖν θησαυροὺς ἐπὶ τῆς γῆς, ὅπου σὴς καὶ βρῶσις ἀφανίζει, καὶ (Lord, have mercy.)

PRIEST

For you are holy, our God, who rest among the Saints, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes. praise the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

DEACON

Wisdom. Arise. Let us hear the Holy Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

PRIEST

The reading is from the Holy Gospel according to Matthew.

DEACON

Let us be attentive.

(Glory to You, O Lord. Glory to You.)

PRIEST (from the gate)

(6:19-21)

The Lord said to His Disciples, "Do not lay up for yourselves treasures on earth, where moth and rust consume and where ὅπου κλέπται διορύσσουσιν καὶ κλέπτουσιν θησαυρίζετε δὲ ὑμῖν θησαυροὺς ἐν οὐρανῷ, ὅπου οὔτε σὴς οὔτε βρῶσις ἀφανίζει, καὶ ὅπου κλέπται οὐ διορύσσουσιν οὐδὲ κλέπτουσιν ὅπου γάρ ἐστιν ὁ θησαυρός ὑμῶν, ἐκεῖ ἔσται καὶ ἡ καρδία ὑμῶν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΑΝΑΓΝΩΣΤΗΣ

Ψαλμὸς N' (50).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου, καὶ απὸ τῆς ἁμαρτίας μου καθάρισόν με. Ότι τὴν ανομίαν μου ἐγὼ γινώσκω, καὶ ἡ άμαρτία μου ἐνώπιόν μού ἐστι διὰ παντός. Σοὶ μόνω ήμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ίδοὺ γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν άμαρτίαις ἐκίσσησέ με ή μήτηρ μου. Ίδοὺ γὰο ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κούφια τῆς σοφίας σου ἐδήλωσάς μοι. Ραντιεῖς με ύσσώπω, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲο χιόνα λευκανθήσομαι. Άκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφοοσύνην άγαλλιάσονται ὀστέα τεταπεινωμένα. Άπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν άμαςτιῶν μου καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον. Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον έν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψης με ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά σου τὸ ἄγιον μὴ ἀντανέλης ἀπ' ἐμοῦ. Άπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ στήριξόν με. Διδάξω ἀνόμους τὰς ὁδούς σου, καὶ

thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also." [RSV]

(Glory to You, O Lord. Glory to You.)

READER

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of

ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με ἐξ αίμάτων, ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χείλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ότι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν ὁλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει. Ἁγάθυνον, Κύριε, ἐν τῆ εὐδοκία σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ἱερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὁλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

Συμπλήρωμα Μηναίου - - -

ΧΟΡΟΣ

Δ όξα. $^{\circ}$ **Hχος** β'.

Ταῖς τῆς Ἀθληφόρου πρεσβείαις, Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου ποεσβείαις, Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

Ίδιόμελον. ή Ήχος β΄.

Στίχ. Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Τὸν Σταυρὸν τοῦ Χριστοῦ ἒπ' ἄμων ἄρασα καὶ τοῖς ἴχνεσιν αὐτοῦ ἀκολουθήσασα, ἀπηρνήσω, Φιλοθέη, σεαυτὴν καὶ τὰ πάντα σκύβαλα ἡγήσω, ὡς οὐδὲν εὑροῦσα τῆς ψυχῆς σου ἀντάλλαγμα ἀπώλεσας τὴν ζωήν, ἵνα σώσης τὴν ψυχήν, ἐστέρησαι φωτὸς τοῦ αἰσθητοῦ καὶ τὸν

my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

Menaion Supplement - - -

CHOIR

Glory. Mode 2.

At the intercession of the holy Martyr, O Lord of mercy, blot out my many offences.

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [5D]

Idiomelon. Mode 2.

Verse: Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. [SAAS]

On your shoulders you took up the Cross of Christ, and you followed in His footsteps; then, O Philothea, you renounced yourself, and you counted all things as refuse, for you found nothing to give in exchange for your soul. You gave up your life in order to save your soul; you were deprived of the visible light, and now you see the Sun of glory.

ἥλιον τῆς δόξης ὁρᾳς· αὐτὸν ἱκέτευε, Μῆτεο, ἵνα σώση τὰς ψυχὰς ἡμῶν.

ΔΙΑΚΟΝΟΣ

ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιομοῖς καὶ φιλανθοωπία τοῦ μονογενοῦς σου Υίοῦ, μεθ' οὖ εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Άμήν.)

Συμπλήρωμα Μηναίου - - -

ΑΝΑΓΝΩΣΤΗΣ

Κοντάκιον.

Ήχος γ΄. Ή Παρθένος σήμερον.

Φιλοθέην σήμερον πανευφροσύνως τιμώμεν καὶ αὐτῆς τὸ λείψανον πανευλαβῶς προσκυνοῦμεν αὕτη γὰρ εὐεργετοῦσα ἐν γῆ διῆλθε, τέλος δὲ μαρτυρικὸν ἡ Ὁσία ἔσχε καὶ ἠξίωται πρεσβεύειν δοθῆναι πᾶσι ζωὴν τὴν αἰώνιον.

Ό Οἶκος.

Πᾶσα γλῶσσα κινείσθω, πρὸς εὐφημίαν τῆς πανευφήμου Φιλοθέης, ἄπαν γένος καὶ ἡλικία πᾶσα, νεανίσκοι καὶ παρθένοι τοῦ Χριστοῦ, τὴν Ὀσιομάρτυρα ἐν ὕμνοις καταστέψωμεν νομίμως γὰρ ἀνδρισαμένη, διὰ πόνων ἀσκητικῶν καὶ μαρτυρίου τὸν τύραννον ἐχθρὸν καταβέβληκεν οὐρανίω δὲ διαδήματι κεκοσμημένη, αἰτεῖται παρὰ Χριστοῦ δοθῆναι πᾶσι ζωὴν τὴν αἰώνιον.

Entreat Him, O Mother, that He save our souls. (SD)

DEACON

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

Menaion Supplement - - -

READER

Kontakion.

Mode 3. *On this day.*

On this day with utmost joy * we honor St. Philothea, * and with faith we venerate * her holy icon and relic. * For on earth, she spent her life doing good deeds, * as a nun, ending her life as a holy martyr. * She became our intercessor, * and prays that we all receive eternal life. [50]

Oikos.

Let every tongue move in praise of Philothea, who is worthy of all praise. Every race and every age, young men and virgins of Christ, let us crown with hymns the devout nun and martyr. For legitimately behaving like a man, through ascetic labors and martyrdom, she has brought down the tyrant foe. And now adorned by a heavenly crown, she requests from Christ, that that we all receive eternal life. [5D]

Συναξάριον.

Τοῦ Μηναίου.

Τῆ ΙΘ΄ τοῦ αὐτοῦ μηνός, μνήμη τῶν Άγίων Ἀποστόλων, Ἀρχίππου, Φιλήμονος καὶ Ἀπφιας.

Τῆ αὐτῆ ἡμέρα, μνήμη τῶν Ἁγίων Μαρτύρων Μαξίμου, Θεοδότου, Ἡσυχίου καὶ Ἀσκληπιοδότης.

Τῆ αὐτῆ ἡμέρα, μνήμη τοῦ Όσίου Πατρὸς ἡμῶν Ῥαβουλᾶ.

Τῆ αὐτῆ ἡμέρα, μνήμη τῶν Ὁσίων Πατέρων ἡμῶν καὶ Ὁμολογητῶν, Εὐγενίου καὶ Μακαρίου.

Τῆ αὐτῆ ἡμέρα, μνήμη τοῦ Ὁσίου Πατρὸς ἡμῶν Κόνωνος.

Τῆ αὐτῆ ἡμέοᾳ, μνήμη τῆς Ὁσιας Μητοὸς ἡμῶν Φιλοθέης τῆς Ἀθηναίας.

Ταῖς αὐτῶν ἁγίαις ποεσβείαις, ὁ Θεὸς ἐλέησον ἡμᾶς. Ἀμήν.

ΧΟΡΟΣ

Καταβασίαι τῆς Θεοτόκου Ω ιδὴ α' . 7 Ηχος δ'.

Άνοίξω τὸ στόμα μου, καὶ πληρωθήσεται Πνεύματος, καὶ λόγον ἐρεύξομαι, τῆ Βασιλίδι Μητρί, καὶ ὀφθήσομαι, φαιδρῶς πανηγυρίζων, καὶ ἄσω γηθόμενος, ταύτης τὰ θαύματα.

'Ωιδή γ'.

Τοὺς σοὺς ὑμνολόγους Θεοτόκε, ὡς ζῶσα καὶ ἄφθονος πηγή, θίασον συγκροτήσαντας πνευματικόν, στερέωσον καὶ ἐν τῆ θεία δόξη σου, στεφάνων δόξης ἀξίωσον.

Synaxarion.

From the Menaion.

On February 19 we commemorate the holy Apostles Archippos, Philemon, and Apphia.

On this day we also commemorate the holy martyrs Maximus, Theodotos, Hesychios, and Asklepiodoti.

On this day we also commemorate our devout father Rabulas.

On this day we also commemorate our devout fathers and confessors Eugene and Makarios.

On this day we also commemorate our devout father Conon.

On this day we also commemorate our devout mother Philothea of Athens.

By the intercessions of Your Saints, O God, have mercy on us. Amen.

CHOIR

Katavasias of Theotokos Ode i. Mode 4.

I open my mouth and pray the Spirit fill it, like David said, * to pour out a good word to the Queen and Mother of God. * I will celebrate * her feast with joy and gladness * and sing to her merrily, lauding her miracles.

[SD]

Ode iii.

* O Mother of God, for they have formed
* a spiritual choir for you * the living and
abundant fount; * and graciously in your
divine glory give glorious crowns to them.

'Ωιδή δ'.

Τὴν ἀνεξιχνίαστον θείαν βουλήν, τῆς ἐκ τῆς Παρθένου σαρκώσεως, σοῦ τοῦ Ὑψίστου, ὁ Προφήτης, Ἀββακούμ, κατανοῶν ἐκραύγαζε· Δόξα τῆ δυνάμει σου Κύριε.

$\Omega \iota \delta \dot{\eta} \epsilon'$.

Ἐξέστη τὰ σύμπαντα, ἐπὶ τῆ θεία δόξη σου· σὺ γὰρ ἀπειρόγαμε Παρθένε, ἔσχες ἐν μήτρα, τὸν ἐπὶ πάντων Θεόν, καὶ τέτοκας ἄχρονον Υίόν, πᾶσι τοῖς ὑμνοῦσί σε, σωτηρίαν βραβεύοντα.

'Ωιδή ζ'.

Τὴν θείαν ταύτην καὶ πάντιμον, τελοῦντες ἑορτὴν οἱ θεόφρονες, τῆς Θεομήτορος, δεῦτε τάς χεῖρας κροτήσωμεν, τὸν ἐξ αὐτῆς τεχθέντα Θεὸν δοξάζοντες.

'Ωιδή ζ'.

Οὐκ ἐλάτρευσαν τῆ κτίσει οἱ θεόφρονες, παρὰ τὸν Κτίσαντα, ἀλλὰ πυρὸς ἀπειλήν, ἀνδρείως πατήσαντες, χαίροντες ἔψαλλον. Υπερύμνητε, ὁ τῶν Πατέρων Κύριος, καὶ Θεὸς εὐλογητὸς εἶ.

'Ωιδή η'.

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν τὸν Κύριον.

Παῖδας εὐαγεῖς ἐν τῆ καμίνῳ, ὁ τόκος τῆς Θεοτόκου διεσώσατο, τότε μὲν τυπούμενος, νῦν δὲ ἐνεργούμενος, τὴν οἰκουμένην ἄπασαν, ἀγείρει ψάλλουσαν. Τὸν Κύριον ὑμνεῖτε τὰ ἔργα, καὶ ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

Ode iv.

When the Prophet Habakkuk heard the divine * and incomprehensible counsel of Your Incarnation * from the Virgin, O Most High, * considering, he cried aloud: * Glory to Your power, O Lord my God. [5D]

Ode v.

Amazed was the universe by your divine magnificence. * You who were perpetually virgin * carried the heavenly God of all in your womb * and gave birth to the eternal Son, * who awards salvation to all who sing hymns of praise to you. [SD]

Ode vi.

O godly-minded believers, come * and celebrate this sacred and venerable feast and thus extol * the Theotokos, and clap our hands, * and glorify our God who was truly born of her.

Ode vii.

Godly-minded three * did not adore created things in the Creator's stead; * rather, disdaining the threat * of fire, they trampled it, and joyfully they sang: * "O supremely praised * and most exalted Lord and God * of the fathers, You are blessed." [5D]

Ode viii.

We praise and we bless and we worship the Lord.

Guiltless were those Servants in the furnace. * The Son of the Theotokos went and rescued them. * He who was prefigured then, * having been incarnate now, * is gathering the whole wide world into His Church to sing: * "O all you works of the Lord, to all

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

ΧΟΡΟΣ

'Ωιδὴ θ'. Μεγαλυνάριον. Ἡχος δ'.

Στίχ. Μεγαλύνει ή ψυχή μου τὸν Κύριον, καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ότι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ ἰδού γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ότι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός, καὶ ἄγιον τὸ ὄνομα αὐτοῦ, καί το ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεὰν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

ages * sing praises to the Lord and exalt Him beyond measure."

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix. Megalynarion. Mode 4.

Verse: My soul magnifies the Lord, and my spirit rejoices in God my Savior. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: For he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: For he who is mighty has done great things for me, and holy is his name. And his mercy is on those who fear him from generation to generation. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Στίχ. Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ, διεσκόρπισεν ὑπερηφάνους διανοία καρδίας αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων, καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Άντελάβετο Ίσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ Άβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

ΧΟΡΟΣ

'Ωιδὴ θ'. ''Ωιδὴ θ'. Καταβασία. 'Ήχος δ'.

Άπας γηγενής, σκιοτάτω τῷ πνεύματι λαμπαδουχούμενος, πανηγυοιζέτω δέ, ἀΰλων Νόων φύσις γεοαίοουσα, τὰ ἱεοὰ θαυμάσια τῆς Θεομήτορος, καὶ βοάτω Χαίροις παμμακάριστε, Θεοτόκε Άγνὴ ἀειπάρθενε.

Verse: He has shown strength with his arm, he has scattered the proud in the imagination of their hearts. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: He has put down the mighty from their thrones, and exalted those of low degree; he has filled the hungry with good things, and the rich he has sent empty away. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his posterity for ever.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

CHOIR

Ode ix. Ode ix. Mode 4.

All you born on earth, * with festival lamps in hand, in spirit leap for joy; * and all you the heavenly angelic orders, join in and celebrate; * and honoring the sacred wonders of the Mother of God, * sing the joyful salutation, "O rejoice, * Theotokos, all-blest, ever-virgin pure!" [5D]

ΔΙΑΚΟΝΟΣ

Έτι καὶ ἔτι ἐν εἰρήνη τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχοάντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ότι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰωνων.

 $(A\mu\eta\nu.)$

ΔΙΑΚΟΝΟΣ

Έτι καὶ ἔτι ἐν εἰρήνη τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

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(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ότι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι,

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son

τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰωνων.

 $(A\mu\eta\nu.)$

ΧΟΡΟΣ

Έξαποστειλάριον.

Συμπλήρωμα Μηναίου - - -

Ήχος β΄. Γυναῖκες ἀκουτίσθητε.

Ἡ Ἐκκλησία σήμερον τῶν Ἀθηνῶν ἀγάλλεται, τῆς Φιλοθέης τὴν μνήμην ἐν εὐλαβεία τιμῶσα ὁσίως γὰρ βιώσασα, μαρτύριον ἐδέξατο καὶ νῦν, Ἁγίων σύσκηνος, ἀκαταπαύστως πρεσβεύει ὑπὲρ ἡμῶν τῷ Κυρίῳ.

Θεοτοκίον.

Ήχος β΄. Γυναῖκες ἀκουτίσθητε.

Μαρία, καθαρώτατον χρυσοῦν θυμιατήριον, τῆς ἀχώρητου Τριάδος δοχεῖον γεγενημένη, ἐν ῷ Πατὴρ εὐδόκησεν, ὁ δὲ Υίὸς ἐσκήνωσε καὶ Πνεῦμα τὸ πανάγιον, ἐπισκίασαν σοι, Κόρη, ἀνέδειξε Θεοτόκον.

Οἱ Αἶνοι. Ἡχος α'.

Πᾶσα πνοἡ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτὸν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Exaposteilarion.

Menaion Supplement - - -

Mode 2. O Women, hearken.

Today the congregation of the Church of Athens leaps for joy, * as it devotedly honors the mem'ry of Philothea. * For she devoutly lived her life, and then accepted martyrdom. * And now, with Saints consorting, * she ceases not interceding * on our behalf to the Master.

Theotokion.

Mode 2. O Women, hearken.

You have become the vessel of the Trinity that none contains, * O all-holy Virgin Mary, the purest and golden censer. * The Father was well pleased in you, the Son came down and dwelt in you, * the Holy Spirit came on you * and overshadowed you, Maiden, * thus making you Theotokos. [SD]

Lauds. Mode 1.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

Ότι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

Έστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιών, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἑρπετὰ καὶ πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ή ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐφανοῦ. καὶ ὑψώσει κέφας λαοῦ αὐτοῦ.

Ύμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραήλ, λαῷ ἐγγίζοντι αὐτῷ.

Άσατε τῷ Κυρίῳ ἄσμα καινόν, ἡ αἴνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Εὐφοανθήτω Ἰσοαὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιὼν ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χοοῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ.

Ότι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρίᾳ.

Καυχήσονται ὅσιοι ἐν δόξη καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάουγγι αὐτῶν, καὶ ὁομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμοὺς ἐν τοῖς λαοῖς.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τοῦ ποιῆσαι ἐν αὐτοῖς κοῖμα ἔγγοαπτον δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Στιχηρά. Τῆς Άγίας.

Συμπλήρωμα Μηναίου - - - Ηχος δ'. Ο έξ ύψίστου κληθείς.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Έν τοῖς ὑψίστοις, ὁσία Φιλοθέη, ἔνθα ὁ Σωτὴρ ἡμῶν σὲ ὑπεδέξατο, ὑπὲρ τοῦ ἄστεως πρέσβευε, ἐν ῷ τὸν βίον ἐν όσιότητι διετέλεσας: ἵλεων τὸν Κύριον ἡμῖν ἀπέργασαι, ἵνα εἰρήνην παρέχηται καὶ σωτηρίαν την ίεραν οίς τελοῦσι μνήμην σου σὺ γὰο προστάτις ἀναδέδειξαι τῶν τοῦ βίου πλεόντων τὴν θάλασσαν, Φιλοθέη, Ὁσίων καὶ Μαρτύρων ἐγκαλλωπισμα.

Αἰνεῖτε αὐτὸν ἐν ἤχω σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίω καὶ κιθάρα.

Έν τοῖς ὑψίστοις, ὁσία Φιλοθέη, ἔνθα ὁ Σωτὴρ ἡμῶν σὲ ὑπεδέξατο, ὑπὲρ τοῦ ἄστεως πρέσβευε, ἐν ῷ τὸν βίον ἐν όσιότητι διετέλεσας: ἵλεων τὸν Κύριον ἡμῖν ἀπέργασαι, ἵνα εἰρήνην παρέχηται καὶ σωτηρίαν την ίεραν οίς τελοῦσι μνήμην σου σὺ γὰρ προστάτις ἀναδέδειξαι τῶν τοῦ βίου πλεόντων τὴν θάλασσαν, Φιλοθέη, Ὁσίων καὶ Μαρτύρων ἐγκαλλωπισμα.

To shackle their kings with chains and their nobles with fetters of iron.

To fulfill among them the written judgment: this glory have all His holy ones.

Praise God in His saints; praise Him in the firmament of His power.

Stichera. For the Woman Saint.

Menaion Supplement - -

Mode 4. When you were called.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

O Philothea, to you who are in heaven, * where our Savior welcomed you, the Martyr and the Nun, * we pray that you intercede for us, and for the City * in which you lived out your life monastically. * Influence the Master to be merciful to us, * so that forgiving us He bestow * peace and salvation * on us who keep your most sacred memory. * For you have proved to be the patroness * who protects those who travel the sea of life, * Philothéï, the glory * of the Martyrs and monastic Saints. [SD]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

O Philothea, to you who are in heaven, * where our Savior welcomed you, the Martyr and the Nun, * we pray that you intercede for us, and for the City * in which you lived out your life monastically. * Influence the Master to be merciful to us, * so that forgiving us He bestow * peace and salvation * on us who keep your most sacred memory. * For you have proved to be the patroness * who protects those who travel the sea of life, *

Αἰνεῖτε αὐτὸν ἐν τυμπάνω καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνω.

Σήμερον χαίρουσιν αί κλειναί Ἀθῆναι, ότι εἰς προσκύνησιν τὰ θεῖα λείψανα τῆς Φιλοθέης προτίθεται καὶ μετὰ πόθου πᾶς ό λαὸς ταῦτα κατασπάζεται. Σήμερον έόρτια μέλπουσιν ἄσματα σεμναὶ παρθένοι, γεραίρουσαι τὴν Φιλοθέην αὕτη γὰρ ὄντως μεσῖτις γέγονε, μήτης, τροφὸς καὶ καταφύγιον, γυναικῶν, αἱ πρὸς ταύτην προστρέχουσαι προστασίαν ζητοῦσιν ἐν τῆ σκέπη τοῦ Θεοῦ ἡμῶν.

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοή αἰνεσάτω τὸν Κύριον.

Δεῦτε, παρθένοι, τὴν θείαν Φιλοθέην σήμερον ἐν ἄσμασι κατακοσμήσατε καὶ πρὸς αὐτὴν ἐκβοήσατε μετ' εὐλαβείας. Όσιομάρτυς, χαῖρε, πανέντιμε σὺ γὰρ τὸν ἐπίγειον πλοῦτον σκορπίσασα, περὶ σαυτὴν δὲ συνάξασα παρθένων πλήθη, ἀγάπης ὤφθης πηγὴ ἀκένωτος: ὅθεν στεφάνου σε ηξίωσε μαρτυρίου Χριστός ὁ Θεὸς ἡμῶν, ὃν ίκέτευε σῶσαι καὶ φωτίσαι τὰς ψυχὰς ἡμῶν.

Δόξα.

Συμπλήρωμα Μηναίου --- Ήχος πλ. α'.

Πανηγυρίζει σήμερον φαιδοῶς τῶν Άθηναίων ή πόλις τῆς ἁγίας Φιλοθέης τὴν μνήμην. Δεῦτε οὖν τῆς εὐσεβείας έρασταὶ τὴν Ὀσιομάρτυρα τιμήσωμεν,

Philothéï, the glory * of the Martyrs and monastic Saints. [SD]

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Today the city of Athens is rejoicing, * for the holy relics of the Martyr and devout * St. Philothea are on display, for veneration; * and all the people salute them lovingly. * Holy virgins maidens, who honor her on this day, * devoutly sing festal hymns and songs * to Philothéï. * For truly mediatress has she become, * mother and nurse, asylum and retreat, * for the women who faithfully run to her * and who seek her protection * in the shelter of our loving God. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Come and adorn the divine St. Philothea * with inspired songs today, O virgin maidens all; * and with a loud voice cry out to her, with great devotion, * Rejoice, all-honored monastic-martyr Saint! * When you had dispersed your earthly riches to the poor, * and congregated around yourself * so many virgins, * you then appeared as an endless source of love. * And thus to you the crown of martyrdom * has been worthily granted by Christ our God. * Therefore earnestly pray Him * to illumine us and save our souls. [50]

Glory.

Menaion Supplement - - -Mode pl. 1.

Today the city of Athens cheerfully celebrates the memorial of Saint Philothea. So come, you lovers of piety, let us honor the devout Martyr, and reverently chant to her.

ἐν εὐλαβείᾳ ψάλλοντες Χαίροις, ἡ τὴν ἀγάπην ἐν τῷ βίῳ ἀσκήσασα, ἔλαιον καὶ οἶνον, ὡς ὁ Σαμαρείτης, ἐπὶ τὰ ἄλγη ἐπιχέουσα Χαίροις, ὅτι καθάπερ ὁ Σωτήρ, τῆ προσευχῆ προσκαρτεροῦσα, ἀφηρπάγης καὶ ἤχθης εἰς τὸ μαρτυρῆσαι, ὑπὲρ τοῦ δι' ἡμᾶς μαρτυρικῶς ἀποθανόντος. Χαίροις, Φιλοθέη παναοίδιμε, μετὰ τῶν Ἁγίων μὴ παύη τὸν Σωτῆρα ἱκετεύουσα τὴν πόλιν σου τήν δε, φυλάσσειν διὰ παντὸς εἰρηνεύουσαν καὶ σώζειν τάς ψυχὰς ἡμῶν.

Τῆς Όκτωήχου - - -

Καὶ νῦν. Θεοτοκίον.

Μακαρίζομέν σε Θεοτόκε Παρθένε, καὶ δοξάζομέν σε οἱ πιστοὶ κατὰ χρέος, τὴν πόλιν τὴν ἄσειστον, τὸ τεῖχος, τὸ ἄρρηκτον, τὴν ἀρραγῆ προστασίαν, καὶ καταφυγήν τῶν ψυχῶν ἡμῶν.

Ή Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

Υμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύ οιε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατοός, ὁ αἴοων τὴν ἁμα οτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴοων τὰς ἁμα οτίας τοῦ κόσμου. Rejoice! for during your life you exercised the virtue of love, applying oil and wine on people's sores, as did the Good Samaritan. Rejoice! for like the Savior, you persevered in prayer, and you were taken up and led to undergo martyrdom, for the sake of Him who for us died like a martyr. Rejoice, O Philothéï, extolled by all! Together with the Saints, never cease entreating the Savior, to guard your city, and to preserve her in peace forever, and to save our souls.

From Octoechos - - -

Both now. Theotokion.

Now we call you blessed, O Virgin Theotokos, and we glorify you, duty-bound as believers; the city unshakable, the wall indestructible, the firm and steadfast protection, and the place of refuge for our souls.

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Ποόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾳ τοῦ Πατοός, καὶ ἐλέησον ἡμᾶς.

Ότι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρός. Ἀμήν.

Καθ' έκάστην ήμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῆ ἡμέρα ταύτη, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Κύοιε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾳ̃ καὶ γενεᾳ̃. Ἐγὼ εἶπα· Κύοιε, ἐλέησόν με, ἴασαι τὴν ψυχήν μου, ὅτι ἥμαοτόν σοι.

Κύριε, πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὰ εἶ ὁ Θεός μου.

Ότι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου ὀψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Άγιος ὁ Θεός, Άγιος Ἰσχυρός, Άγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοί και Υίῷ και Άγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Άγιος Άθάνατος, ἐλέησον ἡμᾶς.

Άγιος ὁ Θεός, Άγιος Ισχυρός, Άγιος Άθάνατος, ἐλέησον ἡμᾶς.

Άπολυτίκιον.

Συμπλήρωμα Μηναίου - - -

ΫΗχος πλ. α΄. Τὸν συνάναρχον Λόγον.

Άθηναίων ή πόλις ή περιώνυμος Φιλοθέην τιμᾶ τὴν Ὀσιομάρτυρα καὶ ἀσπάζεται αὐτῆς τὸ θεῖον λείψανον, ὅτι ἐβίωσε σεμνῶς καὶ μετήλλαξε τὸ ζῆν ἀθλήσει καὶ μαρτυρίω καὶ πρεσβεύει πρὸς τὸν Σωτῆρα διδόναι πᾶσι τὸ θεῖον ἔλεος.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Apolytikion.

Menaion Supplement - - -

Mode pl. 1. Let us worship the Word.

The illustrious city of Athens now extols * Philothea, the woman monastic martyr saint, * and salutes her most divine holy relic with a kiss; * for in holiness she lived, and exchanged her death for life * through martyrdom and her contests. * And now she intercedes with the Savior, * that He grant to all His great mercy. [SD]