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The Service of Matins

for Saturday, December 21, 2019

Menaion - December 21
Memory of the Holy Martyr Julianna

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Menaion - December 21

Memory of the Holy Martyr Julianna

MATINS

CHOIR

Mode 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: *Give thanks to the Lord and call upon His name.*

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: *All the nations surrounded me, but in the name of the Lord I defended myself against them.*

Verse 3: *And this came about from the Lord, and it is wonderful in our eyes.*

Apolytikion. For the Forefeast.

From Menaion - - -

Mode 4.

O Bethlehem, prepare, Eden is opened unto all. * And be ready, Ephrata, for the Tree of life * has in the grotto blossomed forth from the Virgin. * Indeed her womb is shown to be spiritually * a Paradise, in which is found the God-planted Tree. * And if we eat from it we shall live, and shall not die, as did Adam of old. * Christ is born, so that He might raise up * the formerly fallen image. [SD]

Glory. **For the Holy Woman.**

Mode 4.

Your own ewe-lamb cries to You loudly, O Jesus, and she says, * "For my Bridegroom do I long, and seeking You I now contend; * and I am crucified and buried with You in Your baptism. * I suffer for Your sake, that I may reign with You. * I die for You

that I may also live in You. * Accept me as an unblemished sacrifice * as I offer myself to You with love." * At her entreaties and intercessions, * save our souls, O Merciful Lord. [SD]

Both now.

Apolytikion. For the Forefeast.

From Menaion - - -

Mode 4.

O Bethlehem, prepare, Eden is opened unto all. * And be ready, Ephrata, for the Tree of life * has in the grotto blossomed forth from the Virgin. * Indeed her womb is shown to be spiritually * a Paradise, in which is found the God-planted Tree. * And if we eat from it we shall live, and shall not die, as did Adam of old. * Christ is born, so that He might raise up * the formerly fallen image. [SD]

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Kathisma I.

From Menaion - - -

Mode 2.

The unapproachable God, through compassion willing to become approachable for me, comes forth in flesh, to be born as man in the city of Bethlehem from a Virgin girl; let us eagerly hasten to receive him as we cry out with fear: Lord, glory to you. ^[EL]

Glory. Both now. **Repeat.**

The unapproachable God, through compassion willing to become approachable for me, comes forth in flesh, to be born as man in the city of Bethlehem from a Virgin girl; let us eagerly hasten to receive him as we cry out with fear: Lord, glory to you. ^[EL]

Kathisma II.

From Menaion - - -

Mode 3. N/M (Seeing how beautiful.)

A marvellous wonder appears today! For our Saviour is now hastening to be brought to birth for us in the Cave in flesh from the Virgin. Magi will worship him with gifts as a king. Shepherds and Angels with glorify him, with them let us also cry: Glory to him who for us became man. ^[EL]

Glory. Both now. **Repeat.**

A marvellous wonder appears today! For our Saviour is now hastening to be brought to birth for us in the Cave in flesh from the Virgin. Magi will worship him with gifts as a king. Shepherds and Angels with glorify him, with them let us also cry: Glory to him who for us became man. ^[EL]

READER

Psalms 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord,

in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

Kontakion.

From Menaion - - -

Mode 2. N/M (In seeking the heights.)

As we see him who holds the whole earth in his hand wrapped in swaddling clothes in Bethlehem, let us bring prefestal songs to the one who gave him birth; for as a mother she rejoices as she holds in her bosom the Son of God. [EL]

Oikos.

The Virgin, holding in her embrace the Son of God, and as she kissed him with a mother's greetings she exclaimed: In conceiving I knew no seed, and in giving birth I did not undergo corruption, but even after giving birth I am pure as before; and so I venerate, my Child, your great compassion and the ineffable miracle which you have shown me; therefore I too rejoice as I hold in my bosom the Son of God. [EL]

Synaxarion.

From the Menaion.

On December 21 we commemorate the holy Martyr Julianna.

On this day we also commemorate the holy 500 Martyrs who believed through St. Julianna and died by the sword in Nicomedia.

On this day the holy 130 Martyrs died by the sword in Nicomedia.

On this day we commemorate the holy Martyr Themistocles.

By the intercessions of Your Saints, O God, have mercy and save us. Amen.

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalynarion. Mode 4.

Verse: *My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Heirmos. Mode 4.

A cornerstone was cut out without hands * from a never-quarried mountain, * which prefigured you, holy Virgin. * The stone is Christ, who joined the disparate natures. * As we rejoice because of this, O Theotokos, we magnify you. [SD]

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. Greater in honor than the Cherubim, and in glory greater beyond compare than the

Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Exaposteilarion.

From Menaion - - -

Mode 3. *N/M (O my Savior, now I see.)*

The Martyr, longing for your bridal chamber, O Word, bravely endured every trial of torments by your aid. At her intercessions I beg you, as God, to have compassion on my soul. [EL]

For the Forefeast.

Mode 3. *N/M (O my Savior, now I see.)*

Bethlehem, land of Juda, make ready your entrances; for in you the Virgin and Mother of God has now come, to give birth in a Cave as a mortal to my God and Lord. [EL]

Lauds. Mode pl. 2.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproof among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

To fulfill among them the written judgment: this glory have all His holy ones.

Praise God in His saints; praise Him in the firmament of His power.

Stichera. For the Forefeast.

From Menaion - - -

Mode pl. 2. N/M (O angelic powers.)

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

The creative Wisdom now advances; the prophetic clouds part asunder; grace clears the sky; the truth has shone out; shadowy riddles cease; the gate of Eden has been opened; Adam dance; our God who fashioned us is himself willingly fashioned. [EL]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Fulfilling the oracles and visions of the Prophets, the Word is brought to birth in flesh and becomes corporeal, and after birth he is laid in a manger of irrational beasts. This is the supreme condescension! This the awesome dispensation! For this we sing: The King of Israel, Christ draws near. [EL]

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

That you may cleanse the poison of corruption and refashion for me the original image, you become incarnate and take suck, and you, who at your behest cause the universe to revolve, are wrapped around in swaddling clothes; O Word, who work wonders, I sing your praise, Angel of the Father's counsel, through which I am made immortal. [EL]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Not leaving the bosom of the Father, you appeared as a mortal; and carried in a Virgin's arms you summoned from Persia through a star the Magi who worshipped you as sovereign God; with the breath of your lips you destroy the godless rulers of the nations and shepherd your chosen people. [EL]

Glory. *N/M (O angelic powers.)*

The Word, who is consubstantial with the Father, kneaded from pure virgin blood, is fashioned and will grow with the passing of time, and again is born in a Cave. Amazement! But Angels clap their hands, Shepherds sing: the King of Israel, Christ is at hand. [EL]

Both now. *N/M (O angelic powers.)*

The oracles of the Seer Balaam are being fulfilled; for those who gaped at Persian prodigies, made radiant by the shining of an unaccustomed star, recognised by their gifts the unsetting Sun, Christ, embodied in Bethlehem, to be God, sovereign and willingly one dead. [EL]

READER

Doxology (read)

To you belongs glory, O Lord our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. Glory to God in the highest, and on earth peace, good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; only-begotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every day I shall bless you, and I shall praise your name forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who know you. Grant, O Lord, that in this day we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy

One, enlighten me with your commandments.
Lord, your mercy remains forever, do not turn
away from the works of your hands. To you
belongs praise, to you belongs a hymn, to you
belongs glory, to the Father and the Son and
the Holy Spirit, now and ever and to the ages
of ages. Amen.

DEACON

Let us complete our morning prayer to the
Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole day may be perfect, holy,
peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a
guardian of our souls and bodies, let us ask
the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and
transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for
our souls, and for peace for the world, let us
ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time
of our life in peace and repentance, let us ask
the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our
life, peaceful, without shame and suffering,
and for a good defense before the awesome
judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos and
ever-virgin Mary, with all the saints, let us
commend ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the God of mercy and
compassion and love for mankind, and to You
we give glory, to the Father and the Son and
the Holy Spirit, now and forever and to ages
of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST *(in a low voice)*

Holy Lord, dwelling on high and beholding things
below and, with your eye that observes all, keeping
watch over the whole creation, to you we have bowed
the neck of our soul and body, and we beseech you, O
Holy of Holies: Stretch forth your invisible hand from
your holy dwelling and bless us all. And, as you are
good and love humankind, pardon us if we have sinned
in anything, voluntarily or involuntarily, granting us
your blessings both of this world and of the world
above.

PRIEST

For Yours it is to show mercy and to save
us, O our God, and to You we give glory, to
the Father and the Son and the Holy Spirit,
now and forever and to ages of ages.

(Amen.)

From Menaion - - -

CHOIR

Aposticha. For the Forefeast.

Mode 2. N/M (O House of Ephratha.)

The Star shines out already in the Cave;
you Shepherds with Angels, you Magi with
gifts, get ready to arrive. [EL]

Verse: *God will come from Teman, the Holy
One from the mount of shaded leafy trees.* [SAAS]

That he may fulfil the sayings of the
Prophets, the Lord is born in Bethlehem and
opens Eden to Adam's posterity. [EL]

Verse: *Lord, I have heard Your report and
was afraid; I considered Your works and was
greatly astonished.* [SAAS]

Anoint with myrrh the holy Manger,
Bethlehem; for in you the Master unfurls the
beams of his Godhead. [EL]

Glory. Both now. **Same Melody.**

Come, let us who are born of earth
ceaselessly hymn with one voice the Virgin,
Mary, Mother of God, from Christ is brought
to birth. [EL]

PRIEST

It is good to give thanks to the Lord and to
sing to Your name, O Most High, to proclaim
Your mercy in the morning and Your truth at
night. [SAAS]

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

All-holy Trinity, have mercy on us.

Lord, forgive our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

Our Father, who art in heaven, hallowed
be Thy name. Thy kingdom come, Thy will
be done, on earth as it is in heaven. Give us
this day our daily bread; and forgive us our
trespasses, as we forgive those who trespass
against us. And lead us not into temptation,
but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power
and the glory, of the Father and of the Son and
of the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

CHOIR

Apolytikion. For the Forefeast.

From Menaion - - -

Mode 4.

O Bethlehem, prepare, Eden is opened
unto all. * And be ready, Ephrata, for the Tree
of life * has in the grotto blossomed forth from
the Virgin. * Indeed her womb is shown to be
spiritually * a Paradise, in which is found the
God-planted Tree. * And if we eat from it we
shall live, and shall not die, as did Adam of
old. * Christ is born, so that He might raise up
* the formerly fallen image. [SD]

DEACON

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed and ever-memorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and all-venerable church, for those who labor and

those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Wisdom.

(Father, bless!)

PRIEST

Blessed are You, Christ our God, always now and forever and to the ages of ages. *(Amen.)*

Make firm, Lord our God, the holy and pure faith of the pious Orthodox Christians, together with the Holy Church and this city forever.

READER

Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven,

the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)