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The Service of Matins

for Monday, September 23, 2019

Menaion - September 23

The Conception of the Honorable Forerunner

Katavasias of Theotokos

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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Μηνναῖον - ΤΗΙ ΚΤ' ΣΕΠΤΕΜΒΡΙΟΥ

Ἡ Σύλληψις τοῦ Τιμίῳ Προδρόμου

ΟΡΘΟΣ

ΧΟΡΟΣ

Ἦχος δ'.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι
Κυρίου.

Στίχ. α'. Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

*ἦ· Ἐξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός,
ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.*

Στίχ. β'. Πάντα τὰ ἔθνη ἐκύκλωσάν με,
καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ'. Παρὰ Κυρίου ἐγένετο αὕτη καὶ
ἔστι θαυμαστή ἐν ὀφθαλμοῖς ἡμῶν.

Ἀπολυτίκιον.

Τοῦ Μηνναίου ---

Ἦχος δ'. Ταχὺ προκατάλαβε.

Ἡ πρώτη οὐ τίκτουσα, στεῖρα
εὐφράνθητι· ἰδοὺ γὰρ συνέλαβες, Ἡλίου
λύχνον σαφῶς, φωτίζειν τὸν μέλλοντα,
πᾶσαν τὴν οἰκουμένην, ἀβλεψίαν
νοσοῦσαν· χόρευε Ζαχαρία, ἐκβοῶν
παρρησία· Προφήτης τοῦ Ὑψίστου ἐστίν, ὁ
μέλλον τίκτεσθαι.

Δόξα. **Τὸ αὐτό.**

Ἡ πρώτη οὐ τίκτουσα, στεῖρα
εὐφράνθητι· ἰδοὺ γὰρ συνέλαβες, Ἡλίου
λύχνον σαφῶς, φωτίζειν τὸν μέλλοντα,
πᾶσαν τὴν οἰκουμένην, ἀβλεψίαν
νοσοῦσαν· χόρευε Ζαχαρία, ἐκβοῶν
παρρησία· Προφήτης τοῦ Ὑψίστου ἐστίν, ὁ
μέλλον τίκτεσθαι.

Menaion - September 23

The Conception of the Honorable
Forerunner

MATINS

CHOIR

Mode 4.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call
upon His name.

*or: Give thanks to the Lord, for He is good; for
His mercy endures forever.*

Verse 2: All the nations surrounded me, but
in the name of the Lord I defended myself against
them.

Verse 3: And this came about from the Lord,
and it is wonderful in our eyes.

Apolytikion.

From Menaion ---

Mode 4. Come quickly.

Sing now, O barren one who did not
bear before, * for you have indeed conceived
the burning lamp of the Sun; * and he will
illuminate * all the world afflicted * with
spiritual blindness. * Dance, O Zacharias, and
now openly cry out: * "The one who is to be
born is a Prophet of the Most High God." [SD]

Glory. **Repeat.**

Sing now, O barren one who did not
bear before, * for you have indeed conceived
the burning lamp of the Sun; * and he will
illuminate * all the world afflicted * with
spiritual blindness. * Dance, O Zacharias, and
now openly cry out: * "The one who is to be
born is a Prophet of the Most High God." [SD]

Τῆς Οκτωήχου ---

Καὶ νῦν. **Θεοτοκίον.**

Ἦχος δ'.

Τὸ ἀπ' αἰῶνος ἀπόκρυφον, καὶ Ἀγγέλοις
ἄγνωστον μυστήριον, διὰ σοῦ Θεοτόκε τοῖς
ἐπὶ γῆς πεφανέρωται· Θεὸς ἐν ἀσυγχύτῳ
ἐνώσει σαρκούμενος, καὶ Σταυρὸν
ἐκουσίως ὑπὲρ ἡμῶν καταδεξάμενος· δι' οὗ
ἀναστήσας τὸν πρωτόπλαστον, ἔσωσεν ἐκ
θανάτου τὰς ψυχὰς ἡμῶν.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου
Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Κάθισμα Α'.

Τοῦ Μηναίου ---

Ἦχος πλ. α'. Τὸν συνάναρχον Λόγον.

Ἐλισάβετ στεριώσεως ἡλευθέρωται,
ἡ Παρθένης δὲ πάλιν Παρθένης ἔμεινεν,
ὅτε φωνῇ τοῦ Γαβριήλ, γαστρὶ συνέλαβεν,

From Octoechos ---

Both now. **Theotokion.**

Mode 4.

O Theotokos, through you became
manifest to us on earth the mystery, which
was hid from eternity, and which the Angels
themselves knew not: that God, uniting
natures without confusion, becomes a man
and accepts crucifixion for our salvation
voluntarily. By virtue of this, resurrecting
man whom He had first created, He saved our
souls from death. [SD]

PRIEST

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is
the kingdom and the power and the glory,
of the Father and of the Son and of the Holy
Spirit, now and forever and to the ages of
ages.

(Amen.)

CHOIR

Kathisma I.

From Menaion ---

Mode pl. 1. N/M (Let us worship the Word.)

Elizabeth was freed from barrenness,
while the Virgin remained still a virgin, when
at Gabriel's voice each of them conceived in

ἀλλ' ἐν νηδύϊ προσκιρτᾷ τὸν ἐν γαστρὶ
παρθενικῇ, Θεὸν προγνοὺς καὶ Δεσπότην,
ὁ Πρόδρομος Ἰωάννης, εἰς σωτηρίαν ἡμῶν
σαρκούμενον.

Δόξα· καὶ νῦν. **Θεοτοκίον.**

Ἦχος πλ. α'. *Τὸν συνάναρχον Λόγον.*

Χαῖρε ἅγιον ὄρος καὶ θεοβάδιστον,
χαῖρε ἔμψυχε βάτε καὶ ἀκατάφλεκτε,
χαῖρε ἡ μόνη πρὸς Θεὸν κόσμου γέφυρα,
ἡ μετάγουσα θνητούς, πρὸς τὴν αἰώνιον
ζωὴν, χαῖρε ἀκήρατε Κόρη, ἡ ἀπειράνδρως
τεκοῦσα, τὴν σωτηρίαν τῶν ψυχῶν ἡμῶν.

Κάθισμα Β'.

Τοῦ Μηναίου ---

Ἦχος δ'. *Ταχὺ προκατάλαβε.*

Τρύγων ἡ φιλέρημος, ὁ ἱερός Βαπτιστής,
κηρύξας μετάνοιαν, καὶ φανερώσας
Χριστόν, γενόμενον ἄνθρωπον, πάντων
ἀμαρτανόντων, ἐγεννήθη προστάτης, πᾶσι
χειμαζομένοις, βοηθῶν ἀενάως· αὐτοῦ ταῖς
ἰκεσίαις Χριστέ, σῶσον τὸν κόσμον σου.

Δόξα· καὶ νῦν. **Θεοτοκίον.**

Ἦχος δ'. *Ταχὺ προκατάλαβε.*

Ἡ μόνη κυήσασα, τὸν Ποιητὴν
τοῦ παντός, ἡ μόνη κοσμήσασα, τὴν
ἀνθρωπότητα, τῷ τόκῳ σου Ἄχραντε,
ῥῦσαί με τῶν παγίδων, τοῦ δολίου Βελίαρ,
στήσον με ἐπὶ πέτρᾳ, τῶν Χριστοῦ
θελημάτων, αὐτὸν ἐκδυσωποῦσα ἐκτενῶς,
ὃν ἐσωμάτωσας.

ΑΝΑΓΝΩΣΤΗΣ

Ψαλμὸς Ν' (50).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός
σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν
σου ἐξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον

the womb; but the Forerunner John leapt in
the womb when he recognized beforehand his
God and Master incarnate in a virgin womb
for our salvation [EL]

Glory. Both now. **Theotokion.**

Mode pl. 1. *Let us worship the Word.*

Holy Mountain on which God himself has
trod, rejoice. * Living bush that was burning
and not consumed, rejoice. * O Rejoice, the
only bridge that joins the world to God * and
conducts the mortal human race to everlasting
life. * Rejoice, immaculate Maiden, * who
without knowing a husband * truly gave birth
to Him who saves our souls. [SD]

Kathisma II.

From Menaion ---

Mode 4. *N/M (Come quickly.)*

The desert-loving dove, the sacred
Baptist, who preached repentance and
revealed Christ become man, has been born,
a patron for all who sin, unfailingly helping
all who are storm-tossed. At his entreaties, O
Christ, save your world. [EL]

Glory. Both now. **Theotokion.**

Mode 4. *N/M (Come quickly.)*

You alone bore the Maker of the universe,
you alone adorned humanity by your child-
bearing, O Immaculate. Deliver me from the
snares of crafty Beliar, stand me on the rock of
Christ's wishes, as you insistently entreat him
to whom you gave a body. [EL]

READER

Psalms 50 (51).

Have mercy on me, O God, according
to Your great mercy; and according to the
abundance of Your compassion, blot out my

πλυνόν με ἀπὸ τῆς ἀνομίας μου, καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με. Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διὰ παντός. Σοὶ μόνῳ ἤμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῇς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἴδου γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι. Ραντιεῖς με ὕσσῳ, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι. Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην· ἀγαλλιάσονται ὅστέα τεταπεινωμένα. Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον. Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλῃς ἀπ' ἐμοῦ. Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με. Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με ἐξ αἱμάτων, ὁ Θεός, ὁ Θεός τῆς σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἅν· ὁλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει. Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τεῖχη Ἱερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὁλοκαυτώματα.

transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου
μόσχους.

Κοντάκιον.

Τοῦ Μηναίου ---

Ἦχος α΄. Χορὸς ἀγγελικός.

Εὐφραίνεται λαμπρῶς, Ζαχαρίας ὁ
μέγας καὶ ἡ πανευκλεής, Ἐλισάβετ ἡ σύζυξ,
ἀξίως συλλαμβάνουσα, Ἰωάννην τὸν
Πρόδρομον, ὃν Ἀρχάγγελος εὐηγγελίσατο
χαίρων, καὶ οἱ ἄνθρωποι, ἀξιόχρεως
τιμῶμεν, ὡς μύστην τῆς χάριτος.

Ὁ Οἶκος.

Τὸ ἱερὸν Εὐαγγέλιον ἀναπτύξωμεν,
ὁ Λουκᾶς ἡμῖν ἔγραψεν ὁ Ἱερὸς καὶ
θαυμάσιος, καὶ τὴν τοῦ Προδρόμου
θεασώμεθα σύλληψιν, τὴν φαιδρὰν
καὶ ἐπίσημον· φησὶ γάρ, ὡς εἰσῆλθεν ὁ
πρεσβύτης καὶ δίκαιος Ζαχαρίας, εἰς τὰ
Ἅγια τῶν Ἀγίων τοῦ θυμιᾶσαι, τῷ τῆς
ἐφημερίας καιρῷ, ἐπέστη αὐτῷ Γαβριήλ,
εὐαγγελιζόμενος καὶ λέγων· Ἐξεῖς
Ἱεράρχα υἱὸν ἐν τῷ γήρᾳ, Προφήτην τε
καὶ Πρόδρομον, φωνὴν τε καὶ κήρυκα, καὶ
λύχνον αἰφῶτον, τὸν μύστην τῆς χάριτος.

Συναξάριον.

Τοῦ Μηναίου.

Τῇ ΚΓ' τοῦ αὐτοῦ μηνός «Σύλληψις τοῦ
ἁγίου καὶ ἐνδόξου Προφήτου, Προδρόμου,
καὶ Βαπτιστοῦ Ἰωάννου.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τῶν ἁγίων
Μαρτύρων Ἀνδρέου, Ἰωάννου, Πέτρου, καὶ
Ἀντωνίου, τῶν ἐν Ἀφρικῇ τελειωθέντων.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τῶν ὁσίων
γυναικῶν Ξανθίππης καὶ Πολυξένης, τῶν
ἀνταδέλφων.

Kontakion.

From Menaion ---

Mode 1. N/M (In heaven.)

Great Zachary with far-famed Elizabeth
his wife is radiantly glad, for worthily she
conceives John the Forerunner, of whom an
Archangel brought the good tidings rejoicing,
and whom we humans fittingly honour as an
initiate of grace. [EL]

Oikos.

Let us open the sacred Gospel, which
holy and wondrous Luke wrote for us, and
let us contemplate the radiant and notable
conception of the Forerunner. For, he says,
when the Elder and righteous Zachary
entered the Holy of Holies to offer incense
at the moment of the daily service, Gabriel
appeared to him brining good tidings and
saying: You have a son, Hierarch, in your old
age, the Prophet and Forerunner, voice and
herald, ever-lighted lamp and initiate of grace.

[EL]

Synaxarion.

From the Menaion.

On September 23 we remember the
conception of the holy and glorious Prophet,
Forerunner and Baptist John.

On this day we commemorate the holy
martyrs Andrew, John, Peter and Anthony
who died in Africa.

On this day we commemorate the holy
women Xanthippe and Polyxeni the sisters.

Ὁ ἅγιος Νεομάρτυς Νικόλαος ὁ παντοπώλης, ὁ ἐν Κωνσταντινουπόλει μαρτυρήσας κατὰ τῷ ῥαχοβ', ξίφει τελειοῦται.

Ταῖς αὐτῶν ἀγίαις πρεσβείαις, ὁ Θεός, ἐλέησον ἡμᾶς. Ἀμήν.

ΧΟΡΟΣ

Καταβασίαι τῆς Θεοτόκου Ὦδὴ α'. Ἦχος δ'.

Ἀνοίξω τὸ στόμα μου, καὶ πληρωθήσεται Πνεύματος, καὶ λόγον ἐρεῦξομαι, τῇ Βασιλίδι Μητρί, καὶ ὀφθήσομαι, φαιδρῶς πανηγυρίζων, καὶ ἄσω γηθόμενος, ταύτης τὰ θαύματα.

Ὦδὴ γ'.

Τοὺς σοὺς ὑμνολόγους Θεοτόκε, ὡς ζῶσα καὶ ἄφθονος πηγή, θίασον συγκροτήσαντας πνευματικόν, στερέωσον· καὶ ἐν τῇ θείᾳ δόξῃ σου, στεφάνων δόξης ἀξίωσον.

Ὦδὴ δ'.

Τὴν ἀνεξιχνίαστον θείαν βουλήν, τῆς ἐκ τῆς Παρθένου σαρκώσεως, σοῦ τοῦ Ὑψίστου, ὁ Προφήτης, Ἀββακούμ, κατανοῶν ἐκραύγαζε· Δόξα τῇ δυνάμει σου Κύριε.

Ὦδὴ ε'.

Ἐξέστη τὰ σύμπαντα, ἐπὶ τῇ θείᾳ δόξῃ σου· σὺ γὰρ ἀπειρογάμη Παρθέने, ἔσχεες ἐν μήτρᾳ, τὸν ἐπὶ πάντων Θεόν, καὶ τέτοκας ἄχρονον Υἱόν, πᾶσι τοῖς ὑμνοῦσί σε, σωτηρίαν βραβεύοντα.

The holy New Martyr Nicholas the Grocer witnessed in Constantinople in 1672 and died by the sword.

By the intercessions of Your Saints, O God, have mercy on us. Amen.

CHOIR

Katavasias of Theotokos Ode i. Mode 4.

I open my mouth and pray the Spirit fill it, like David said, * to pour out a good word to the Queen and Mother of God. * I will celebrate * her feast with joy and gladness * and sing to her merrily, lauding her miracles.

[SD]

Ode iii.

Establish your servants who extol you, * O Mother of God, for they have formed * a spiritual choir for you * the living and abundant fount; * and graciously in your divine glory give glorious crowns to them. [SD]

Ode iv.

When the Prophet Habakkuk heard the divine * and incomprehensible counsel of Your Incarnation * from the Virgin, O Most High, * considering, he cried aloud: * Glory to Your power, O Lord my God. [SD]

Ode v.

Amazed was the universe by your divine magnificence. * You who were perpetually virgin * carried the heavenly God of all in your womb * and gave birth to the eternal Son, * who awards salvation to all who sing hymns of praise to you. [SD]

Ὦδὴ Γ'.

Τὴν θείαν ταύτην καὶ πάντιμον,
τελοῦντες ἑορτὴν οἱ θεόφρονες, τῆς
Θεομήτορος, δεῦτε τὰς χεῖρας κροτήσωμεν,
τὸν ἐξ αὐτῆς τεχθέντα Θεὸν δοξάζοντες.

Ὦδὴ Δ'.

Οὐκ ἐλάτρευσαν τῇ κτίσει οἱ θεόφρονες,
παρὰ τὸν Κτίσαντα, ἀλλὰ πυρὸς ἀπειλήν,
ἀνδρείως πατήσαντες, χαίροντες ἔψαλλον.
Ὑπερύμνητε, ὁ τῶν Πατέρων Κύριος, καὶ
Θεὸς εὐλογητὸς εἶ.

Ὦδὴ η'.

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν
τὸν Κύριον.

Παῖδας εὐαγεῖς ἐν τῇ καμίνῳ, ὁ
τόκος τῆς Θεοτόκου διεσώσατο, τότε
μὲν τυπούμενος, νῦν δὲ ἐνεργούμενος,
τὴν οἰκουμένην ἅπασαν, ἀγείρει
ψάλλουσιν. Τὸν Κύριον ὑμνεῖτε τὰ ἔργα,
καὶ ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν
ὑμνοῖς τιμῶντες μεγαλύνωμεν.

ΧΟΡΟΣ

Ὦδὴ θ'.

Μεγαλυνάριον. Ὦχος δ'.

Στίχ. Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον,
καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ
σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ,

Ode vi.

O godly-minded believers, come * and
celebrate this sacred and venerable feast
and thus extol * the Theotokos, and clap our
hands, * and glorify our God who was truly
born of her. [SD]

Ode vii.

Godly-minded three * did not adore
created things in the Creator's stead; * rather,
disdaining the threat * of fire, they trampled
it, and joyfully they sang: * "O supremely
praised * and most exalted Lord and God * of
the fathers, You are blessed." [SD]

Ode viii.

*We praise and we bless and we worship the
Lord.*

Guiltless were those Servants in the
furnace. * The Son of the Theotokos went and
rescued them. * He who was prefigured then,
* having been incarnate now, * is gathering
the whole wide world into His Church to
sing: * "O all you works of the Lord, to all
ages * sing praises to the Lord and exalt Him
beyond measure." [SD]

DEACON

Let us honor and magnify in song the
Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalynarion. Mode 4.

Verse: *My soul magnifies the Lord, and my
spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth

τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν
τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν
μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ
Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ τὸ
ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς
φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ,
διεσκόρπισεν ὑπερηφάνους διανοία καρδίας
αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων,
καὶ ὑψωσε ταπεινούς, πεινῶντας ἐνέπλησεν
ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε
κενοῦς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ,
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

to God the Word, and are truly Theotokos.
You do we magnify. ^[SD]

Verse: For He has regarded the lowly state
of His maidservant; for behold, henceforth all
generations will call me blessed. ^[NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. ^[SD]

Verse: For He who is mighty has done great
things for me, and holy is His name. And His
mercy is on those who fear Him from generation to
generation. ^[NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. ^[SD]

Verse: He has shown strength with His arm;
He has scattered the proud in the imagination of
their hearts. ^[NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. ^[SD]

Verse: He has put down the mighty from
their thrones, and exalted the lowly. He has filled
the hungry with good things, and the rich He has
sent away empty. ^[NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. ^[SD]

Στίχ. Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ὡδὴ θ'. Καταβασία. Ἦχος δ'.

Ἄπας γηγενής, σκιρτάτω τῷ πνεύματι λαμπαδουχούμενος, πανηγυρίζετω δέ, αὐτῶν Νόων φύσις γεραίρουσα, τὰ ἱερὰ θαυμάσια τῆς Θεομήτορος, καὶ βοάτω· Χαίροις παμμακάριστε, Θεοτόκε Ἀγνή ἀειπάρθενε.

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Ode ix. Katavasia. Mode 4.

All you born on earth, * with festival lamps in hand, in spirit leap for joy; * and all you the heavenly angelic orders, join in and celebrate; * and honoring the sacred wonders of the Mother of God, * sing the joyful salutation, "O rejoice, * Theotokos, all-blest, ever-virgin pure!" [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

ΧΟΡΟΣ

Ἐξαποστειλάριον.

Τοῦ Μηναιίου - - -

Ἦχος β΄. *Τοῖς Μαθηταῖς συνέλθωμεν.*

Ἡ τοῦ Προδρόμου ἔνδοξος, σύλληψις
προμηνύει, τὸν ἐκ Παρθένου μέλλοντα,
τίκτεσθαι Βασιλέα, ὡς οὗτος ἐξ Ἑλισάβετ,
τῆς ἀκάρπου καὶ στείρας, πρεσβύτου Ἱερέως
τε, Ζαχαρίου τοῦ πάνυ, ὧν ταῖς εὐχαῖς, καὶ
τῆς Θεοτόκου καὶ Ἰωάννου, τοῦ Βαπτιστοῦ
σου Κύριε, σῶσον οἰκτεῖρον πάντας.

Θεοτοκίον.

Ἦχος β΄. *Τοῖς Μαθηταῖς συνέλθωμεν.*

Χαρμονικῶς τὸ Χαῖρε σοι, τοῦ σεπτοῦ
Ἀρχαγγέλου, οἱ λυτρωθέντες πάναγνε,
τῆς ἀρχαίας κατάρας, διὰ τοῦ θείου σου
τόκου, εὐχαρίστως, βοῶμεν· Χαῖρε, Ἀδὰμ ἡ
λύτρωσις, Θεοτόκε Παρθένε, χαῖρε σεμνή,
δι' ἧς ἀπηλλάγημεν τοῦ θανάτου, χαῖρε, δι'
ἧς ἐτύχομεν, οὐρανῶν Βασιλείας.

Οἱ Αἱνοί. Ἦχος α΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.
Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε
αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ
Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ·
αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ
πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν
πάντα τὰ ἄστροα καὶ τὸ φῶς.

Αἰνεῖτε αὐτὸν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ
ὔδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ
ὄνομα Κυρίου.

CHOIR

Exaposteilarion.

From Menaion - - -

Mode 2. *On the mountain.*

Today the holy Forerunner's *
wondrously wrought conception * foretells
the coming of the King * to be born of the
Virgin, * as he himself will be also * from the
childless and barren * Elizabeth and elderly *
Zacharias the great priest. Save us, O Lord, *
by their prayers and those of the Theotokos *
and those of Your baptizer John, * and on us
all take pity. [SD]

Theotokion.

Mode 2. *On the mountain.*

We who have been delivered from *
the primal curse, O pure one, * through
your divine delivery, * shout the august
Archangel's * "Rejoice," and thus we salute
you * with great joy and thanksgiving. *
Adam's redemption, O rejoice, * Theotokos
and Virgin. Rejoice, through you * we have
been delivered from death, O Maiden. *
Rejoice, through whom we have obtained *
the Kingdom of the heavens. [SD]

Lauds. Mode 1.

Let everything that breathes praise the
Lord. Praise the Lord from the heavens, praise
Him in the highest. It is fitting to sing a hymn
to You, O God. [SAAS]

Praise Him, all you His angels; praise
Him, all you His hosts. It is fitting to sing a
hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you
stars and light.

Praise Him, you heavens of heavens, and you
waters above the heavens. Let them praise the Lord's
name.

Ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιών, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἔρπετὰ καὶ πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

Ὕμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ, λαῷ ἐγγίζοντι αὐτῷ.

Ἀσατε τῷ Κυρίῳ ᾄσμα καινόν, ἢ αἶνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιών ἀγαλλιᾶσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ.

Ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πρᾶεῖς ἐν σωτηρίᾳ.

Καυχῆσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιᾶσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμοὺς ἐν τοῖς λαοῖς.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἔγγραπτον· δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Στιχηρὰ τοῦ Προδρόμου.

Τοῦ Μηναίου ---

Ἦχος α΄. Τῶν οὐρανίων ταγμάτων.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλήθος τῆς μεγαλωσύνης αὐτοῦ.

Αγαλλιᾶται ἡ κτίσις ἐν τῇ συλλήψει σου, Πρόδρομε καὶ Προφῆτα, Βαπτιστὰ Ἰωάννη· ὁ θεῖος γὰρ σου τόκος, σημαίνει ἡμῖν, τοῦ Δεσπότης τὴν γέννησιν, καὶ διὰ τοῦτο συμφώνως οἱ ἐπὶ γῆς, ἐπαξίως εὐφημοῦμεν σε.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρα.

Αγαλλιᾶται ἡ κτίσις ἐν τῇ συλλήψει σου, Πρόδρομε καὶ Προφῆτα, Βαπτιστὰ Ἰωάννη· ὁ θεῖος γὰρ σου τόκος, σημαίνει ἡμῖν, τοῦ Δεσπότης τὴν γέννησιν, καὶ διὰ τοῦτο συμφώνως οἱ ἐπὶ γῆς, ἐπαξίως εὐφημοῦμεν σε.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῳ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Ὡς θαυμαστὴν μαρτυρίαν εὐρών ὁ Ἄγγελος, τὴν σύλληψιν τῆς στείρας, τῇ Μαρίᾳ προσάγει, πρὸς πίστῳσιν προσφέρων· διὸ καὶ ἡμεῖς, Ἐλισάβετ πρὶν ἄγονον, καὶ Ζαχαρίαν ὁμόζυγον τὸν αὐτῆς, καὶ Ἰωάννην εὐφημήσωμεν.

To shackle their kings with chains and their nobles with fetters of iron.

To fulfill among them the written judgment: this glory have all His holy ones.

Praise God in His saints; praise Him in the firmament of His power.

Stichera for the Forerunner.

From Menaion ---

Mode 1. For the celestial orders.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Now all the world is exultant * in your conception today, * O holy John the Baptist, * the Forerunner and Prophet. * For your divine childbirth is a signal for us * of the Lord's own nativity. * And therefore you are deservedly now extolled * here on earth by us in unison

[SD]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Now all the world is exultant * in your conception today, * O holy John the Baptist, * the Forerunner and Prophet. * For your divine childbirth is a signal for us * of the Lord's own nativity. * And therefore you are deservedly now extolled * here on earth by us in unison

[SD]

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

The Angel found the conception * of the infertile one * as a wonderful witness, * which he offered to Mary, * presenting it as proof. Therefore we extol * the once childless Elizabeth * and Zacharias her husband, the priest of God, * and their son, the holy Baptist John. [SD]

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις,
αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ.
Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Ὁ θεοσκεύαστος λύχνος τοῦ αἵδιου
φωτός, ὁ τοῦ νυμφίου φίλος, τοῦ Ἡλίου
τῆς δόξης, ὁ μέγας Ἑωσφόρος, ἡ ζῶσα
φωνή, Θεοῦ Λόγου ὁ Πρόδρομος, τῆς
παρουσίας Κυρίου ἀγγελικῇ, προσφωνήσῃ
νῦν συνείληπται.

Δόξα· καὶ νῦν.

Τοῦ Μηναίου ---

Ἦχος πλ. δ'.

Ἡ Ἑλισάβετ συνέλαβε τὸν Πρόδρομον
τῆς χάριτος, ἡ δὲ Παρθένος τὸν Κύριον τῆς
δόξης, ἡσπᾶσαντο ἀλλήλας αἱ μητέρες,
καὶ τὸ βρέφος ἐσκίρτησεν· ἔνδοθεν γὰρ ὁ
δοῦλος ἤνει τὸν Δεσπότην, θαυμάσασα ἡ
μήτηρ τοῦ Προδρόμου, ἤρξατο βοᾶν· Πόθεν
μοι τοῦτο, ἵνα ἡ Μήτηρ τοῦ Κυρίου μου ἔλθῃ
πρὸς με; ἵνα σώσῃ λαὸν ἀπεγνωσμένον, ὁ
ἔχων τὸ μέγα ἔλεος.

Ἡ Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα
ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν
ἀνθρώποις εὐδοκία.

Ὑμνοῦμέν σε, εὐλογοῦμέν σε,
προσκυνοῦμέν σε, δοξολογοῦμέν σε,
εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου
δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ
παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ
Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ
Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἁμαρτίαν
τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς
ἁμαρτίας τοῦ κόσμου.

*Praise Him with resounding cymbals; praise
Him with triumphant cymbals; let everything that
breathes praise the Lord. [SAAS]*

Now the divinely prepared lamp * of
the eternal light, * and the friend of the
Bridegroom, * the great star of the morning
* before the Sun of glory, the living voice *
of God's Word, and the Forerunner * of the
appearance of Christ is conceived today * at
the sound of the angelic voice. [SD]

Glory. Both now.

From Menaion ---

Mode pl. 4.

Elizabeth conceived the Forerunner
of grace, the Virgin the Lord of glory. The
mothers greeted one another and the infant
leapt for joy. For within the slave was praising
the Master. Marvelling the mother of the
Forerunner began to cry aloud: Whence is
this to me, that the Mother of my Lord should
come to me? That he, who alone has great
mercy, may save a people in despair. [EL]

Great Doxology

Glory be to You who showed the light.
Glory in the highest to God. His peace is on
earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship
You, we glorify You, we give thanks to You
for Your great glory.

Lord King, heavenly God, Father, Ruler
over all; Lord, only-begotten Son, Jesus Christ;
and You, O Holy Spirit.

Lord God, Lamb of God, Son of the
Father, who take away the sin of the world,
have mercy on us, You who take away the
sins of the world.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ
καθήμενος ἐν δεξιᾷ τοῦ Πατρὸς, καὶ
ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος
Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ
Πατρὸς. Ἀμήν.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ
αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς
τὸν αἰῶνα τοῦ αἰῶνος.

Καταξιώσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ,
ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν
Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ
δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς
αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς,
καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν
γενεᾷ καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν
με, ἴασαι τὴν ψυχὴν μου, ὅτι ἥμαρτόν σοι.

Κύριε, πρὸς σέ κατέφυγον. Δίδαξόν με
τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός
μου.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί
σου ὁψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς
γινώσκουσί σε.

Accept our supplication, You who sit at
the right hand of the Father, and have mercy
on us.

For You alone are holy, You alone are
Lord, Jesus Christ, to the glory of God the
Father. Amen.

Every day I will bless You, and Your
name will I praise to eternity, and to the ages
of ages.

Vouchsafe, O Lord, this day, that we be
kept without sin.

Blessed are You, O Lord, the God of our
fathers, and praised and glorified is Your
name to the ages. Amen.

Let Your mercy be on us, O Lord, as we
have set our hope on You.

Blessed are You, O Lord. Teach me Your
statutes.

Blessed are You, O Lord. Teach me Your
statutes.

Blessed are You, O Lord. Teach me Your
statutes.

Lord, You have been our refuge from
generation to generation. I said: Lord, have
mercy on me. Heal my soul, for I have sinned
against You.

Lord, I have fled to You. Teach me to do
Your will, for You are my God.

For with You is the fountain of life; in
Your light we shall see light.

Continue Your mercy to those who know
You.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἀπολυτίκιον.

Τοῦ Μηναίου ---

Ἦχος δ'. Ταχὺ προκατάλαβε.

Ἡ πρώτην οὐ τίκτουσα, στεῖρα
εὐφράνθητι· ἰδοὺ γὰρ συνέλαβες, Ἡλίου
λύχνον σαφῶς, φωτίζειν τὸν μέλλοντα,
παῖσαν τὴν οἰκουμένην, ἀβλεψίαν
νοσοῦσαν· χόρευε Ζαχαρία, ἐκβοῶν
παρρησίᾳ· Προφήτης τοῦ Ὑψίστου ἐστίν, ὁ
μέλλον τίκτεσθαι.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit.

Both now and ever and to the ages of
ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us.

Apolytikion.

From Menaion ---

Mode 4. Come quickly.

Sing now, O barren one who did not
bear before, * for you have indeed conceived
the burning lamp of the Sun; * and he will
illuminate * all the world afflicted * with
spiritual blindness. * Dance, O Zacharias, and
now openly cry out: * "The one who is to be
born is a Prophet of the Most High God." [SD]