

eMatins powered by AGES

The Service of Matins

for Sunday, March 24, 2019

**Octoechos - Mode 2.
on Sunday Morning**

Eothinon 10

**Triodion - Second Sunday of Lent
Second Sunday of Lent - St. Gregory Palamas
on Sunday Morning at Matins**

**Menaion - March 24
Forefeast of the Annunciation**

Katavasias of Theotokos

Text in English

Sources

VPA Copyright © 2016 by Virgil Peter Andronache

RB Copyright © 2019 by Richard Barrett

SD Copyright © 2018 by Fr. Seraphim Dedes

GKD Copyright © 2017 by Geroge K. Duvall

GOA © The Greek Orthodox Archdiocese of America

HC Liturgical Texts courtesy and copyright of Holy Cross Press, Brookline, MA

EL Copyright Archimandrite Ephrem ©

KW © Metropolitan Kallistos Ware

NKJV Scripture taken from the New King James Version™. Copyright © 1982 by Thomas Nelson, Inc. Used by permission. All rights reserved.

OCA Copyright © 1996–2015. All rights reserved.

JR Copyright © 2014 by Fr. Juvenaly Repass

RSV Revised Standard Version of the Bible, copyright © 1946, 1952, and 1971 National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

SAAS Scripture taken from the St. Athanasius Academy Septuagint™. Copyright © 2008 by St. Athanasius Academy of Orthodox Theology. Used by permission. All rights reserved.

vol Orthodox Monastery of the Veil of our Lady

Disclaimer

The translation, rubrics, Greek and English texts are for the purposes of worship only and is subject to change without notice and should not be construed as a commitment by the authors, translators, developers, and personnel associated with its publication. Efforts are taken to make this booklet complete and accurate, but no warranty of fitness is implied.

All rights reserved. The materials contained within this booklet remain the property of all contributing translators. It is published solely for the purpose of providing a source of worship materials to the parishes of the Orthodox Church and may be copied and otherwise reproduced as needed by the parish toward this end; however, it may not be reprinted, reproduced, transmitted, stored in a retrieval system, or translated into any language in any form by any means — electronic, mechanical, recording, or otherwise — for the purpose of sale without the express written permission.

AGES DCS Website

This document was produced using the AGES Liturgical Workbench. For more information, contact AGES Initiatives: info@agesinitiatives.org

Octoechos

Mode 2.

On Sunday Morning

Triodion

Second Sunday of Lent - St. Gregory
Palamas

Menaion - March 24

Forefeast of the Annunciation

MATINS

CHOIR

Mode 2.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: *Give thanks to the Lord and call upon His name.*

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: *All the nations surrounded me, but in the name of the Lord I defended myself against them.*

Verse 3: *And this came about from the Lord, and it is wonderful in our eyes.*

From Octoechos - - -

Resurrectional Apolytikion.

Mode 2.

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You. [SD]

Glory. **For the Hierarch.**

From Triodion - - -

Mode pl. 4.

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls. [SD]

Both now. **For the Forefeast.**

From Menaion - - -

Mode 4.

Today is the prelude of the joy of the universe, and it incites us to sing the forefeastal hymns. For behold, Gabriel is coming, and he will say to the Virgin: Rejoice, Maiden full of grace; the Lord is with you. [SD]

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Octoechos - - -

CHOIR

Kathisma I.

Mode 2.

When he took down Your immaculate Body from the Cross, the honorable Joseph wrapped it in a clean linen shroud with spices and laid it for burial in a new tomb. But on the third day You arose, O Lord, and granted the world Your great mercy. [SD]

Glory.

The Angel standing at the sepulcher cried out and said to the ointment-bearing women: The ointments are appropriate for mortal men, but Christ has been shown to be a stranger to decay. So go and cry aloud, The Lord has risen and granted the world His great mercy. [SD]

Both now. **Theotokion.**

All surpassing every thought, all surpassing glorious, O Theotokos, are your mysteries. For while bearing the seal of purity and preserved in virginity, you were deemed a Mother in truth, for to the true God you gave birth. To Him pray fervently, entreating Him to save our souls. [SD]

From Octoechos - - -

Kathisma II.

Mode 2.

Not barring the stone of the tomb from being sealed shut, You rose and You granted unto all the rock of faith. Glory to You, O Lord. [SD]

Glory.

The host of Your Disciples and the ointment-bearing women are with one accord exulting. Together with them we celebrate a common feast to glorify and honor Your Resurrection. And through them, O Lord who

love humanity, bestow on Your people the great mercy. [SD]

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You! [SD]

Resurrectional Evlogetaria.

Mode pl. 1.

Blessed are You, O Lord, teach me Your statutes.

When the hosts of the Angels saw how You were accounted among the dead, they all marveled. You, O Savior, are the One who destroyed the might of death; and when You arose You raised Adam with yourself and from Hades liberated everyone. [SD]

Blessed are You, O Lord, teach me Your statutes.

"Why do you mingle the ointments with your tears full of pity, O women disciples?" Thus the Angel who was shining in the tomb cried to the myrrh-bearing women. "See for yourselves the empty tomb and understand, that the Savior has risen from the sepulcher." [SD]

Blessed are You, O Lord, teach me Your statutes.

Very early in the morning, the myrrh-bearing women were hastening to Your tomb

lamenting. But the Angel appeared to them and uttered, "The time for lamentation has ended; weep no more. Go announce the Resurrection to the Apostles." [SD]

Blessed are You, O Lord, teach me Your statutes.

When the myrrh-bearing women had come with their spices to Your sepulcher, O Savior, they heard the voice of an Angel clearly speaking to them, "Why do you account among the dead the One who lives? For as God, He has risen from the sepulcher."

[SD]

Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord. [SD]

Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it. [SD]

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and

ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

From Octoechos - - -

Hypakoe. Mode 2.

After the Passion, O Christ God, the women went to the tomb to anoint Your body, and they saw Angels in the sepulcher, and they were amazed. For they heard them saying that the Lord has risen and granted the world the great mercy. [SD]

CHOIR

Anavathmoi.

Antiphon I. Mode 2.

Savior, I direct the eyes of my heart unto You in heaven. Save me, I pray, shining on me Your resplendence. [SD]

Have mercy, O my Christ, on us who hourly commit sin against You manifoldly; and give us means before the end to turn to You in repentance. [SD]

Glory. Both now.

To the Holy Spirit is it proper to rule and to hallow and to move creation; for He is God, coessential with the Father and the Logos. [SD]

Antiphon II.

If the Lord were not among us, who would be sufficient to preserve himself

uninjured from the enemy and murderer of mankind? [SD]

Hand me not to the teeth of my enemies,
O my Savior; for in the manner of a lion they
come against me Your servant. [SD]

Glory. Both now.

In the Holy Spirit is life-source and honor:
being as He is God, in the Father through
the Son He strengthens and sustains every
creature. [SD]

Antiphon III.

They whose confidence is in the Lord are
like the holy mountain: they are in no way
shaken by the assaults of Belial. [SD]

Let those who live for God not stretch
forth their hands in unlawful acts; for Christ
will not suffer His lot to be oppressed by the
rod of sinners. [SD]

Glory. Both now.

From the Holy Spirit does in addition
all wisdom also issue; whence is grace to the
Apostles, and the Martyrs for their contests
receive the crowns, and the Prophets are seers.
[SD]

Prokeimenon.

Awaken, O Lord my God, in the
ordinance You commanded, so the
congregation of the peoples shall surround
You. (2)

Verse: *O Lord my God in You I hope.*

Awaken, O Lord my God, in the
ordinance You commanded, so the
congregation of the peoples shall surround
You. [SAAS]

From Octoechos - - -

READER

Resurrectional Kontakion.

You rose from the tomb, O Savior all-
powerful, and Hades beheld the marvel and
was struck with fear, and the dead were rising
up, and creation beholds and rejoices with
You, and Adam is also exultant; O my Savior,
and the world ever sings Your praise. [SD]

Oikos.

You are the light of those in darkness,
You are the resurrection of all and the life of
mortals, and with yourself You resurrected
everyone, O Savior, despoiling the dominion
of death, and smashing the gates of Hades,
O Word. The mortals, beholding the miracle,
marvelled, and all creation rejoices in Your
Resurrection, O Lover of mankind. Therefore
we all glorify and extol Your condescension;
O my Savior, and the world ever sings Your
praise. [GKD]

Kontakion. For the Forefeast.

From Menaion - - -

Mode 4. *You appeared today.*

The Archangel spoke to you, * O
Theotokos, * and the Holy Spirit came * on
you and thus you did conceive * the Father's
Son, who is one in throne * and one in essence.
* Through you, thus, was Adam recalled. [SD]

Synaxarion.

From the Menaion.

On March 24 the Forefeast of the
Annunciation of the Most Holy Theotokos,
and we commemorate our devout father
Artemis, Bishop of Seleucia in Pisidia.

On this day we commemorate the holy
priest-martyr Artemon, Presbyter of Laodicea.

On this day the devout Zachariah reposed in peace.

On this day the holy eight martyrs from Caesarea in Palestine died by the sword.

On this day the devout Martin of Thebes reposed in peace.

The holy new priest-martyr Parthenios, Patriarch of Constantinople, died by hanging in Constantinople in the year 1657.

From the Triodion.

On this day, the second Sunday of Lent, we observe the memory of our Father among the Saints Gregory Palamas, Archbishop of Thessalonica.

Verses

The mind truly great and the Light's bright herald
Is led by light's Source to radiance never-setting.

By his intercessions, O God, have mercy on us and save us. Amen.

CHOIR

Katavasia of Theotokos

Ode i. Mode 4.

I open my mouth and pray the Spirit fill it, like David said, * to pour out a good word to the Queen and Mother of God. * I will celebrate * her feast with joy and gladness * and sing to her merrily, lauding her miracles.

[SD]

Ode iii.

Establish your servants who extol you,
* O Mother of God, for they have formed
* a spiritual choir for you * the living and
abundant fount; * and graciously in your
divine glory give glorious crowns to them. [SD]

Ode iv.

When the Prophet Habakkuk heard the divine * and incomprehensible counsel of Your Incarnation * from the Virgin, O Most High, * considering, he cried aloud: * Glory to Your power, O Lord my God. [SD]

Ode v.

Amazed was the universe by your divine magnificence. * You who were perpetually virgin * carried the heavenly God of all in your womb * and gave birth to the eternal Son, * who awards salvation to all who sing hymns of praise to you. [SD]

Ode vi.

O godly-minded believers, come * and celebrate this sacred and venerable feast and thus extol * the Theotokos, and clap our hands, * and glorify our God who was truly born of her. [SD]

Ode vii.

Godly-minded three * did not adore created things in the Creator's stead; * rather, disdaining the threat * of fire, they trampled it, and joyfully they sang: * "O supremely praised * and most exalted Lord and God * of the fathers, You are blessed." [SD]

Ode viii.

We praise and we bless and we worship the Lord.

Guiltless were those Servants in the furnace. * The Son of the Theotokos went and rescued them. * He who was prefigured then, * having been incarnate now, * is gathering the whole wide world into His Church to sing: * "O all you works of the Lord, to all ages *

sing praises to the Lord and exalt Him beyond measure." [SD]

DEACON

Let us pray to the Lord.
(*Lord, have mercy.*)

PRIEST

For you are holy, our God, who rest among the Saints, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes. praise the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.
(*Lord, have mercy. Lord, have mercy. Lord, have mercy.*)

DEACON

Wisdom. Arise. Let us hear the Holy Gospel.

PRIEST

Peace be with all.
(*And with your spirit.*)

PRIEST

The reading is from the Holy Gospel according to John.

DEACON

Let us be attentive.
(*Glory to You, O Lord, glory to You.*)

PRIEST (*from the altar table*)

Eothinon 10
John. 21:1-14

At that time, Jesus revealed Himself again to the disciples by the Sea of Tiberias; and He revealed Himself in this way. Simon Peter, Thomas, called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of His disciples were together. Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat, but that night they caught nothing. Just as day was breaking, Jesus stood on the beach, yet the disciples did not know that it was Jesus. Jesus said to them, "Children, have you any fish?" They answered him, "No." He said to them, "Cast the net on the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in, for the quantity of fish. That disciple whom Jesus loved said to Peter, "It is the Lord!" When Simon Peter heard that it was the Lord, he put on his clothes, for he was stripped for work, and sprang into the sea. But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, but about a hundred yards off. When they got out on land, they saw a charcoal fire there with fish lying on it, and bread. Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred and fifty-three of them; and although there were so many, the net was not torn. Jesus said to them, "Come and have breakfast." Now none of the disciples dared ask Him, "Who are you?" They knew it was the Lord. Jesus came and took the bread and

gave it to them, and so with the fish. This was now the third time that Jesus was revealed to the disciples after He was raised from the dead. ^[RSV]

(Glory to You, O Lord, glory to You.)

READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death. ^[GOA]

CHOIR

Psalm 50 (51).

Mode 2. *(or the Mode of the week)*

[Merciful,] Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.

Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my mouth will declare Your praise.

For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings.

A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise.

Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings.

Then shall they offer young bulls on Your altar. And have mercy on me, O God. [SAAS]

Idiomela from the Triodion.

Glory. **Mode pl. 4.**

Open to me the gates of repentance, O Giver of Life, for early in the morning my spirit hastens to Your holy temple, bringing the temple of my body all defiled. But as one compassionate, cleanse me, I pray, by Your loving-kindness and mercy. [SD]

Both now. **Same Mode.**

Guide me in the paths of salvation, O Theotokos, for I have befouled my soul with shameful sins and I heedlessly squandered all of my life's resources. By your intercession deliver me from every uncleanness. [SD]

Idiomelon. Mode pl. 2.

Verse: *Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.*

When I ponder in my wretchedness on the many terrible things that I have done, I tremble for that fearful day, the Day of Judgment. But trusting in the mercy of Your compassion, like David I cry to You, "Have mercy on me, O God, according to Your great mercy." [SD]

DEACON

O God, save your people and bless your inheritance. Look upon your world with

mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (**local patron saint**); the holy and righteous ancestors of God Joachim and Anna, our father among the saints Gregory Palamas, Archbishop of Thessaloniki, whose memory we celebrate, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your

all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalynarion. Mode 4.

Verse: *My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Ode ix. Katavasia. Mode 4.

All you born on earth, * with festival lamps in hand, in spirit leap for joy; * and all you the heavenly angelic orders, join in and celebrate; * and honoring the sacred wonders of the Mother of God, * sing the joyful salutation, "O rejoice, * Theotokos, all-blest, ever-virgin pure!" [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Mode 2.

Holy is the Lord our God. (2) [SAAS]

Holy is the Lord our God. Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy.

From Octoechos - -

Exaposteilarion.

The Tenth Eothinon.

Mode 2. On the mountain.

At the Sea of Tiberias * did Peter with Nathaniel * also the sons of Zebedee * and two other disciples and Thomas of old go fishing. * At Christ's command they let down * on the right side the net and caught * a great number of fish. Recognizing Him, * Peter sprang to meet Him. This was the third time * that He appeared to them, and showed * bread and fish on the charcoals. [SD]

For the Hierarch.

From Triodion - -

Mode 2. On the mountain.

Rejoice, the holy fathers' boast, * mouth of the theologians! * Rejoice, O wisdom's dwelling place, * tabernacle of stillness! * Rejoice, O greatest of teachers! * Rejoice, O sea of discourse, * instrument of the active life, * summit of contemplation, and one who heals,* illnesses and passions besetting mankind! * Rejoice, the Holy Spirit's shrine, * dead and alive, O Father! [SD]

For the Forefeast.

From Menaion - -

Mode 2. O Women, hearken.

O Virgin pure, we bring to you * the virtues as pre-festal gifts: * the love for the poor like riches, * and chastity and self-restraint,* our sacred hymns and prayers tears, * our fasting and humility. * Please help us all to do these works, * and watch over us, O Lady * compassionate Theotokos. [SD]

Lauds. Mode 2.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages;
He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all
the deeps.

Fire and hail, snow and ice, stormy wind, which
perform His word.

Mountains and all the hills, fruitful trees and all
cedars.

Wild animals and all cattle, creeping things and
flying birds.

Kings of the earth and all peoples, princes and all
judges of the earth.

Young men and maidens, elders with younger,
let them praise the Lord's name, for His name alone is
exalted.

His thanksgiving is in earth and heaven. And He
shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel,
a people who draw near to Him.

Sing to the Lord a new song, His praise in the
assembly of His holy ones.

Let Israel be glad in Him who made him, and let
the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with
tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He
shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall
greatly rejoice on their beds.

The high praise of God shall be in their mouth and
a two-edged sword in their hand.

To deal retribution to the nations, reproving
among the peoples.

To shackle their kings with chains and their nobles
with fetters of iron.

Resurrectional Stichera.

From Octoechos - - -

Sticheron 1. Mode 2.

*To fulfill among them the written judgment:
this glory have all His holy ones.* [SAAS]

Every breath and all creation glorifies
You, O Lord. For by means of the Cross You
rendered death powerless, so that You might
show the peoples Your Resurrection from the
dead, as the only One who loves humanity. [SD]

Sticheron 2. Mode 2.

*Praise God in His saints; praise Him in the
firmament of His power.* [SAAS]

Let the Judeans explain it, how the
soldiers lost the King, since they were
watching. And why did not the stone guard
the Rock of life? Let them surrender Him
who was buried or, if He has risen, let them
worship Him and say with us: Glory to the
abundance of Your tender mercies. O our
Savior, glory to You. [SD]

For the Forefeast.

From Menaion - - -

Mode 4. When you were called.

*Praise Him for His mighty acts; praise Him
according to the abundance of His greatness.* [SAAS]

The Maker, pitying that which He created
* and yielding unto the tender love He has for
it, * hastens to take up His dwelling in * the
virgin womb of * a damsel, namely the child
of God, to whom * came the great Archangel
saying unto her, "Rejoice, * O Maiden full of
the grace of God. * Our God is with you. * Fear
not, for I am the King's commanding Chief. *
You have again found favor, which was lost *
by Eve your ancestral mother in times of old. *
You shall conceive and shall give birth * to the
Father's consubstantial Son." [SD]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

"Strange is your speech as is also your appearance. * And your words and messages are likewise strange to me," * unto the Angel did Mary say. * "Do not beguile me. * I am a maiden, a virgin yet unwed. * You tell me that I am to conceive the Uncircumscribed. * How is my womb to contain the One * Whom the expanses * of heaven's heights are unable to contain?" * He answered, "Let the tent of Abraham * now instruct you. For God it contained of old, * and prefigured, O Virgin, * your own womb which now receives our God." [SD]

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Reaching the city of Nazareth, the Angel * Gabriel salutes you now, the living City of Christ * the King, and cries out to you, "Rejoice, * O blessed Maiden * who are endowed with abundant grace from God. * You shall carry God within your womb as He takes flesh * and as He calls back the human race, * in His compassion, * to its original ancient state through you. * And therefore blessed is the most divine * and immortal fruit of your virgin womb, * who is Christ God bestowing * the great mercy on the world through you." [SD]

For the Hierarchy.

From Triodion - -

Mode 1. For the celestial orders.

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

While in the world, you attained to a life of blessedness. * And now you are exulting

with the ranks of the blessed * and dwell, O Bishop Gregory, in the land of the meek, being meek yourself. * And you are rich in God's miracle-working grace, * which you grant to those who honor you. [SD]

Verse: *The mouth of a righteous man distills wisdom; the lips of righteous men distill grace. [SAAS]*

O blessed father, you cut down the thorns of heresy, * and in their place you planted sacred Orthodox dogmas. * And with your words you watered the seed of the Faith, thus increasing it splendidly. * And as a practical farmer you brought to God * ears of wheat increased a hundredfold. [SD]

Verse: *O Lord, Your priests shall clothe themselves in righteousness; Your saints shall greatly rejoice. [SAAS]*

The ranks of angels and mankind marveled, O blessed one, * at the illustrious glory of your life which was blameless. * For as a steadfast athlete by your resolve you distinguished yourself indeed * as an ascetic and hierarch, and of God * a worthy minister and genuine friend. [SD]

Glory. **From the Triodion.**

From Triodion - -

Mode pl. 2.

To those walking in the darkness of their sins You have shone as light, O Christ, during the season of self-control. And reveal to us the auspicious day of Your Passion, so that we may cry to You, "Arise, O God, have mercy on us." [SD]

From Octoechos - -

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner,

and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You!

[SD]

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

Mode 4. *(or the Mode of the week)*

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life.

For, destroying death by death, He gave us the
victory and the great mercy. ^[SD]