

**Menaion - February 10**

Memory of the Holy Hieromartyr  
Haralambos

**LITURGY**

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**Antiphon I. Mode 2.**

**Verse 1:** *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

**Verse 2:** *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us.

**Verse 3:** *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages.  
Amen.*

Through the intercessions of the  
Theotokos, Savior, save us.

**Antiphon II. Mode 2.**

**Verse 1:** *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, risen from the  
dead, we sing to You, Alleluia. [GOA]

**Verse 2:** *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, risen from the  
dead, we sing to You, Alleluia.

**Verse 3:** *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, risen from the  
dead, we sing to You, Alleluia.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages.  
Amen.*

Only begotten Son and Logos of God,  
being immortal, You condescended for  
our salvation to take flesh from the holy  
Theotokos and ever-virgin Mary and, without  
change, became man. Christ, our God, You  
were crucified and conquered death by death.  
Being one of the Holy Trinity, glorified with  
the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III.**

**Mode 4.**

**Verse 1:** *This is the day the Lord made; let us greatly rejoice and be glad therein.* [SAAS]

**Resurrectional Apolytikion.**

**Mode 4.**

When the women Disciples of the Lord  
had learned from the Angel the joyful message  
of the Resurrection and rejected the ancestral  
decision, they cried aloud to the Apostles  
triumphantly: Death has been despoiled,  
Christ God has risen, granting His great mercy  
to the world. [SD]

**Verse 2:** *Let heaven and earth praise Him.*

[SAAS]

When the women Disciples of the Lord  
had learned from the Angel the joyful message  
of the Resurrection and rejected the ancestral  
decision, they cried aloud to the Apostles  
triumphantly: Death has been despoiled,  
Christ God has risen, granting His great mercy  
to the world. [SD]

*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Mode 4.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

**Resurrectional.**

From Octoechos - - -

*Blessed are the merciful, for they shall obtain mercy.* [RSV]

Adam fell by a tree, and he was evicted from Paradise. \* By the tree of the Cross the Robber gained entrance to Paradise. \* The former, by tasting fruit, disobeyed his Maker's commandment not to eat. \* The latter was crucified with Him, whom though hidden he confessed to be God. \* Remember us as well in Your kingdom, O Savior. [SD]

*Blessed are the pure in heart, for they shall see God.* [RSV]

You were lifted on the Cross and destroyed the power of death on us, \* and You set aside the bond which stood against us and, as God, cancelled it. \* Grant that we may also have the Robber's repentance, O only

Friend of man. \* We faithfully worship You, O Christ our God, and we cry aloud to You, \* "Remember us as well in Your kingdom, O Savior." [SD]

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

You have set aside the bond which stood against us, shredding it by Your Cross. \* When You were numbered with the dead, You disarmed and bound the tyrant ruling there, \* delivering everyone from the bonds of death by Your resurrection; \* through which we were illumined. And we cry out to You, O Lord who love humanity, \* "Remember us as well in Your kingdom, O Savior." [SD]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

**Theotokion.**

O Christ our God, we present, as an intercessor to pray for us, \* Your Virgin Mother who conceived without seed and physically gave birth to You, \* and after the childbirth remained incorrupt, O most merciful Lord. \* She prays that You always grant forgiveness of offences to those who cry aloud, \* "Remember us as well in Your kingdom, O Savior." [SD]

**Canon 1 for the Saint.**

From Menaion - - -

**Ode vi. Mode pl. 2. N/  
M (Perceiving the open sea.)**

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

You became a lamp by the light of your struggles, illuminating the ends of the earth,

confessing the notmetered of Christ before  
tyrants, praiseworthy prize-winner of the  
Lord. [VPA]

*Rejoice and be glad, for your reward is great in  
heaven.* [RSV]

Being aflame with the fire of the love  
of God, by the dew of the faith you put  
out the fire of the ungodly, showing to  
the unbelieving the wonders of Christ,  
praiseworthy one. [VPA]

Glory.

Longing for the eternal life, Haralambos,  
you put to death the passionate movements of  
the flesh and through prayer you raised up the  
dead, hymning the one who glorified you in  
all things. [VPA]

Both now. **Theotokion.**

Mother of God strengthen me who am  
harassed by hostile attacks of passions,  
as the one who gave birth to the spring of  
dispassion, for I run to you who are the great  
refuge of humanity [VPA]

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead, we sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.**

From Octoechos - - -

**Resurrectional Apolytikion.**

**Mode 4.**

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world. [SD]

**For the Hieromartyr.**

From Menaion - - -

**Mode 4. Come quickly.**

A pillar unshakable are you in Christ's holy Church, \* and, as your own name denotes, an ever radiant lamp, \* all-blessed Haralambos, \* shining throughout the whole world \* by your feats as a martyr, \* driving away the darkness of the worship of idols. \* With confidence, therefore, pray to Christ, \* entreating Him to save our souls. [SD]

**(Apolytikion of the Parish Church)**

(The text of the Apolytikion of the local church goes here.)

**Kontakion. Mode 2.**

O Protection of Christians that never fails, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession,

and hasten to supplication, O Theotokos who protect now and ever those who honor you. [SD]

**THE TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

*Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.*

Holy Immortal, have mercy on us.

**The Epistle**

For the Hieromartyr.

**Prokeimenon. Grave Mode. Psalm 63.**

The righteous man shall be glad in the Lord. [SAAS]

**Verse:** *Hear my voice, O God.* [SAAS]

The reading is from Paul's Second Letter to Timothy.

(2:1-10)

Timothy, my son, be strong in the grace that is in Christ Jesus, and what you have heard from me before many witnesses entrust to faithful men who will be able to teach others also. Share in suffering as a good soldier of Christ Jesus. No soldier on service gets entangled in civilian pursuits, since his aim is to satisfy the one who enlisted him. An athlete is not crowned unless he competes according to the rules. It is the hardworking farmer who ought to have the first share of the crops. Think over what I say, for the Lord will grant you understanding in everything. Remember Jesus Christ, risen from the dead, descended from David, as preached in my gospel, the gospel for which I am suffering and wearing fetters like a criminal. But the word of God is not fettered. Therefore I

endure everything for the sake of the elect,  
that they also may obtain salvation in Christ  
Jesus with its eternal glory. [RSV]

**Alleluia. Mode 4. Psalm 44.**

Alleluia. Alleluia. Alleluia.

**Verse 1:** *Stretch Your bow, and grant  
prosperity, and reign, because of truth and  
goodness.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *You loved righteousness and hated  
lawlessness.* [SAAS]

Alleluia. Alleluia. Alleluia.

**The Gospel**

Seventeenth Sunday of Matthew

The reading is from the Holy Gospel  
according to Matthew.

(15:21-28)

At that time, Jesus went to the district  
of Tyre and Sidon. And behold, a Canaanite  
woman from that region came out and cried,  
"Have mercy on me, O Lord, Son of David; my  
daughter is severely possessed by a demon."  
But he did not answer her a word. And his  
disciples came and begged him, saying,  
"Send her away, for she is crying after us." He  
answered, "I was sent only to the lost sheep  
of the house of Israel." But she came and knelt  
before him, saying, "Lord, help me." And he  
answered, "It is not fair to take the children's  
bread and throw it to the dogs." She said,  
"Yes, Lord, yet even the dogs eat the crumbs  
that fall from their master's table." Then Jesus  
answered her, "O woman, great is your faith!  
Be it done for you as you desire." And her  
daughter was healed instantly. [RSV]

**Hymn to the Theotokos.**

It is truly right to bless you, Theotokos,  
ever blessed, most pure, and Mother of our  
God. More honorable than the Cherubim,  
and beyond compare more glorious than the  
Seraphim, without corruption you gave birth  
to God the Logos. We magnify you, the true  
Theotokos. [GOA]

**Communion Hymn. Psalm 148.**

Praise the Lord from the heavens, praise  
Him in the highest. Alleluia. [SAAS]

*and the following:*

**Communion Hymn. Psalm 111/112.**

The righteous will be remembered for  
ever. Alleluia. [RSV]

**Hymn after Holy Communion.**

**Mode 2.**

We have seen the true light; we have  
received the heavenly Spirit; we have found  
the true faith, worshiping the undivided  
Trinity, for the Trinity has saved us. [GOA]

**THE DISMISSAL**

May He Who rose from the dead, Christ  
our true God, through the intercessions of His  
all-pure and all-immaculate holy Mother, the  
power of the precious and life-giving Cross,  
the protection of the honorable, bodiless  
powers of heaven, the supplications of the  
honorable, glorious prophet and forerunner  
John the Baptist, of the holy, glorious, and  
praiseworthy apostles, of the holy, glorious,  
and triumphant martyrs, of our righteous  
and God-bearing fathers, (*local patron saint*);  
of the holy and righteous ancestors of God  
Joachim and Anna, the holy and glorious  
hieromartyr Haralambos the Wonder-worker,  
whose memory we celebrate; and of all the

saints, have mercy on us and save us, for He is  
good and loves mankind.

**Fasting Rule**

*Fast Free: All foods allowed.*