

**March 30**

**Triodion**

Saturday of the Third Week

**LITURGY**

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**Antiphon I. Mode 2.**

**Verse 1:** *It is good to give thanks to the Lord and to sing to Your name, O Most High.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 2:** *To proclaim Your mercy in the morning and Your truth at night.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

**Verse 3:** *The Lord my God is upright, and there is no wrongdoing in Him.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages.*  
*Amen.*

Through the intercessions of the Theotokos, Savior, save us.

**Antiphon II. Mode 2.**

**Verse 1:** *The Lord reigns; He clothed Himself with majesty; the Lord clothed and girded Himself with power.* [SAAS]

*or:*

**Verse 1:** *Come, let us greatly rejoice in the Lord; let us shout aloud to God our savior.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Verse 2:** *And He established the world, which shall not be moved.* [SAAS]

*or:*

**Verse 2:** *Let us come before His face with thanksgiving, and let us shout aloud to Him with psalms. For the Lord is a great God, a great King over all the earth.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

**Verse 3:** *Holiness is proper to Your house, O Lord, unto length of days.* [SAAS]

*or:*

**Verse 3:** *For in His hand are the ends of the earth, and the heights of the mountains are His. For the sea is His, and He made it, and His hands formed the dry land.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages.*  
*Amen.*

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III.**

**Apolytikion.**

From Triodion - - -

**Mode 2.**

O Apostles, Martyrs, Prophets, Hierarchs,  
Monastics and the Righteous, you finished the  
race and kept the faith. You speak freely to  
the Savior. We pray you entreat Him on our  
behalf, to save our souls, since He is good. [SD]

*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Mode 2.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Blessed are the merciful, for they shall obtain mercy. [RSV]

Blessed are the pure in heart, for they shall see God. [RSV]

**Troparia.**

From Octoechos - - -

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

We present You the robber's words and we prayerfully echo them; and like him we cry out, O Savior: In Your kingdom remember us.

[SD]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

Holy Martyrs, since you have imitated Christ's sufferings, \* you continually cure all kinds of human suffering. [SD]

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

The Apostles, monastic Saints, holy Teachers and Prophets all \* were well pleasing to the Lord and Creator of the universe. [SD]

*Rejoice and be glad, for your reward is great in heaven.* [RSV]

We entreat You, O God on high, grant repose there with all Your saints \* to Your faithful servants whom You took to yourself, O Lord. [SD]

Glory.

Consubstantial Trinity, have compassion on those who sing \* glorifying You, and ever save them from the snares of the foe. [SD]

Both now. **Theotokion.**

Overlook not the prayers of us your servants, all-blameless Maid; \* save us from afflictions that result from our many sins. [SD]

### Entrance Hymn. Mode 2.

Come, let us worship and bow down  
before Christ. Save us, O Son of God, Who  
are wondrous in Your saints. We sing to You,  
Alleluia. [GOA]

### Hymns After the Small Entrance.

#### Apolytikion.

From Triodion ---

#### Mode 2.

O Apostles, Martyrs, Prophets, Hierarchs,  
Monastics and the Righteous, you finished the  
race and kept the faith. You speak freely to  
the Savior. We pray you entreat Him on our  
behalf, to save our souls, since He is good. [SD]

#### (Apolytikion of the Parish Church)

(The text of the Apolytikion of the local  
church goes here.)

#### Kontakion.

#### Mode pl. 4.

O Planter of creation, Lord, to You does  
the entire world bring as an offering the  
God-bearing martyr Saints, as being nature's  
first fruits. At their earnest entreaties, keep  
Your Church in a state of profoundest peace,  
through the Theotokos, O Lord abundantly  
merciful. [SD]

### THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,  
have mercy on us. (3) [GOA]

*Glory to the Father and the Son and the Holy  
Spirit. Both now and ever and to the ages of ages.  
Amen.*

Holy Immortal, have mercy on us.

### The Epistle

SATURDAY OF THE THIRD WEEK IN LENT

#### Prokeimenon. Mode pl. 2. Psalm 31.

Be glad in the Lord and rejoice greatly.

[SAAS]

**Verse:** *Blessed are those whose transgressions  
are forgiven, and whose sins are covered.* [SAAS]

The reading is from Paul's Letter to the  
Hebrews.

10:32-38

Brethren, recall the former days when,  
after you were enlightened, you endured a  
hard struggle with sufferings, sometimes  
being publicly exposed to abuse and affliction,  
and sometimes being partners with those  
so treated. For you had compassion on the  
prisoners, and you joyfully accepted the  
plundering of your property, since you knew  
that you yourselves had a better possession  
and an abiding one. Therefore do not throw  
away your confidence, which has a great  
reward. For you have need of endurance, so  
that you may do the will of God and receive  
what is promised. "For yet a little while, and  
the coming one shall come and shall not tarry;  
but my righteous one shall live by faith." [RSV]

Alleluia. Mode pl. 2. Psalms 64, 101.

Alleluia. Alleluia. Alleluia.

**Verse 1:** *Blessed are they whom You have  
chosen and received, O Lord.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *And their memorial abides from  
generation to generation.* [SAAS]

Alleluia. Alleluia. Alleluia.

## **The Gospel**

Saturday of the Third Week of Lent

The reading is from the Holy Gospel according to Mark.

2:14-17

At that time, as Jesus passed on, he saw Levi the son of Alphaios sitting at the tax office, and he said to him, "Follow me." And he rose and followed him. And as he sat at table in his house, many tax collectors and sinners were sitting with Jesus and his disciples; for there were many who followed him. And the scribes of the Pharisees, when they saw that he was eating with sinners and tax collectors, said to his disciples, "Why does he eat with tax collectors and sinners?" And when Jesus heard it, he said to them, "Those who are well have no need of a physician, but those who are sick; I came not to call the righteous, but sinners." [RSV]

## **Hymn to the Theotokos.**

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

## **Communion Hymn. Psalms 64, 101.**

Blessed are they whom You have chosen and received, O Lord. Their memorial abides from generation to generation. Alleluia. [SAAS]

## **Hymn after Holy Communion.**

### **Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

## **CHOIR**

Among the spirits of the righteous perfected in faith, give rest, O Savior, to the soul(s) of Your servant, keeping it (them) in the blessed life which is from You, O loving One. [GOA]

In your place of rest, O Lord, where all Your saints repose, give rest also to the soul of Your servant, for You alone are immortal. [GOA]

*Glory to the Father and the Son and the Holy Spirit.*

You are our God who descended into Hades and loosened the pains of those who were held captive. Grant rest also, O Savior, to the soul of Your servant. [GOA]

*Both now and ever and to the ages of ages.  
Amen.*

You the only pure and spotless Virgin, who ineffably gave birth to God, intercede for mercy and forgiveness of the soul of your servant(s). [GOA]

## **DEACON**

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

*(Lord, have mercy. Lord, have mercy. Lord, have mercy.)*

Again we pray for the blessed memory and eternal repose of all pious Orthodox

Christians who have fallen asleep in the hope of the resurrection unto life everlasting, emperors, patriarchs, bishops, priests, deacons, hieromonks, deacon-monks, monks, nuns, fathers, forebears, grandparents, great-grandparents, parents, spouses, children, siblings, and all our relatives, from the beginning until the end of time; and for the forgiveness of all their sins, both voluntary and involuntary.

*(Lord, have mercy. Lord, have mercy. Lord, have mercy.)*

May the Lord God place their souls where the righteous repose. Let us ask for the mercies of God, the kingdom of Heaven, and the forgiveness of their sins from Christ our immortal king and God.

*(Grant this, O Lord.)*

#### DEACON

Let us pray to the Lord.

*(Lord, have mercy.)*

#### PRIEST

O God of spirits and of all flesh, You have trampled down death and have abolished the power of the devil, giving life to Your world. Give rest to the souls of Your departed servants, emperors, patriarchs, bishops, priests, deacons, hieromonks, deacon-monks, monks, and nuns, all pious Orthodox Christians who have fallen asleep in the hope of the resurrection unto life everlasting, from all the ends of the world, fathers, forebears, grandparents, great-grandparents, parents, spouses, children, siblings, and all our relatives. Give them rest in a place of light, in a place of repose, in a place of refreshment, where there is no pain, sorrow, and suffering. As a good and loving God, forgive every sin they have committed in thought, word or deed, for there is no one who lives and is sinless. You alone are without sin. Your

righteousness is an everlasting righteousness, and Your word is truth.

#### DEACON

Let us pray to the Lord.

*(Lord, have mercy.)*

#### PRIEST

For You are the resurrection, the life and the repose of all the departed faithful Orthodox Christians, Christ our God, and to You we give glory, with Your eternal Father and Your all-holy, good and life giving Spirit, now and forever and to the ages of ages.

*(Amen.)*

#### CHOIR

##### Mode 3.

Eternal be their memory. Eternal be their memory. Eternal be their memory. (3)

#### THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

#### Fasting Rule

*Wine: Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.*

*It is Saturday or Sunday in Lent.*