

Octoechos - Mode pl. 2.

On Sunday Morning

Menaion - September 29

Memory of our Devout Father Kyriakos

LITURGY

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Antiphon I. Mode 2.

Verse 1: Bless the Lord, O my soul, and everything within me, bless His holy name. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: Bless the Lord, O my soul, and forget not all His rewards. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: The Lord prepared His throne in heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist. [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

Verse 2: Blessed is he whose help is the God of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Verse 3: The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Mode pl. 2.

Verse 1: This is the day the Lord made; let us greatly rejoice and be glad therein. [SAAS]

Resurrectional Apolytikion.

Mode pl. 2.

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the

sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You. ^[SD]

Verse 2: *Let heaven and earth praise Him.*

^[SAAS]

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You. ^[SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode pl. 2.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Resurrectional.

From Octoechos - - -

Blessed are the merciful, for they shall obtain mercy. [RSV]

Like the robber I entreat You, O my Savior, * when You come in Your kingdom, remember me, * O Lord, and save me, O only God who loves mankind. [SD]

Blessed are the pure in heart, for they shall see God. [RSV]

Through a tree was Adam tricked, but You saved him * through a tree, and You saved the robber as well * who cried to You, Lord: In Your kingdom remember me. [SD]

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

After smashing Hades' bars and gates, O Savior, * as the Giver of life You raised

all the dead, * who shouted: Glory to Your resurrection, O Lord. [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

By Your burial You plundered death, O Savior, * and by Your resurrection You filled all things * with joy and gladness. Remember me, O merciful Lord. [SD]

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

When the Myrrh-bearing women came in earnest * to the sepulcher, they heard the Angel say: * The Lord has risen, illumining the universe. [SD]

Rejoice and be glad, for your reward is great in heaven. [RSV]

O believers, all together now extol Christ * who was nailed to the tree of the Cross for us * and who delivered the world from deception and death. [SD]

Glory.

To the Father and the Son and Holy Spirit * we send up sacred hymns of doxology * and say: O Holy Trinity, save our souls. [SD]

Both now. **Theotokion.**

In the latter days, ineffably conceiving, * you gave birth to the Lord who created you. * O Virgin, save us who magnify you in song. [SD]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

Hymns After the Small Entrance.

From Octoechos ---

Resurrectional Apolytikion.

Mode pl. 2.

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You. [SD]

For the Devout Man.

Mode 1.

As a citizen of the desert and an angel incarnate * and a wonder-worker you shone forth, O Kyriacos, our God-bearing father. * Since you received the spiritual gifts * by fasting and vigilance and prayer, * you can cure those who are ailing and heal the souls * of those who run to you with faith. * Glory to Him who gave His might to you; * glory to Him who placed a crown on you; * glory to Him who operates through you, providing cures to all. [SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local church goes here.)

Kontakion. Mode 2.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices

of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

FIFTEENTH SUNDAY

Prokeimenon. Mode pl. 2. Psalm 27.

O Lord, save Your people, and bless Your inheritance. [SAAS]

Verse: *To You, O Lord, I cry; O my God.*

[SAAS]

2 Cor. 4:6-15

Brethren, it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ. But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. For while we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh.

So death is at work in us, but life in you. Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believed, and so we speak, knowing that He who raised the Lord Jesus will raise us also with Jesus and bring us with you into His presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God. [RSV]

Alleluia. Mode pl. 2. Psalm 90.

Alleluia. Alleluia. Alleluia.

Verse 1: *He who dwells in the help of the Most High shall lodge in the shelter of the God of heaven.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *He shall say to the Lord, "You are my protector."* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Second Sunday of Luke

Lk. 6:31-36

The Lord said, "And as you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 148.

Praise the Lord from the heavens, praise Him in the highest. Alleluia. [SAAS]

Hymn after Holy Communion.

Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May He Who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, our devout and God-bearing father Kyriakos the Anchorite, whose memory we are observing; and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fast Free: All foods allowed.