

ΤΗΙ Η' ΔΕΚΕΜΒΡΙΟΥ  
Ὁκτώηχος - Ἦχος πλ. δ'.  
Τῇ Κυριακῇ Πρωΐ

## ΛΕΙΤΟΥΡΓΙΑ

### Ἀντίφωνον Α'. Ἦχος β'.

**Στίχ. α'.** Εὐλόγει, ἡ ψυχὴ μου, τὸν  
Κύριον, καὶ πάντα τὰ ἐντός μου τὸ ὄνομα τὸ  
ἅγιον αὐτοῦ.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,  
σῶσον ἡμᾶς.

**Στίχ. β'.** Εὐλόγει, ἡ ψυχὴ μου, τὸν  
Κύριον, καὶ μὴ ἐπιλανθάνου πάσας τὰς  
ἀνταποδόσεις αὐτοῦ.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,  
σῶσον ἡμᾶς.

**Στίχ. γ'.** Κύριος ἐν τῷ οὐρανῷ ἡτοίμασε  
τὸν θρόνον αὐτοῦ, καὶ ἡ Βασιλεία αὐτοῦ  
πάντων δεσπόζει.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,  
σῶσον ἡμᾶς.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,  
σῶσον ἡμᾶς.

December 8  
Octoechos - Mode pl. 4.  
On Sunday Morning

## LITURGY

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### Antiphon I. Mode 2.

**Verse 1:** Bless the Lord, O my soul, and  
everything within me, bless His holy name. [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us. [GOA]

**Verse 2:** Bless the Lord, O my soul, and  
forget not all His rewards. [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us.

**Verse 3:** The Lord prepared His throne in  
heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the  
Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy  
Spirit.

Both now and ever and to the ages of ages.  
Amen.

Through the intercessions of the  
Theotokos, Savior, save us.

**Ἀντίφωνον Β'. Ἦχος β'.**

**Στίχ. α'.** Αἶνει, ἡ ψυχὴ μου, τὸν Κύριον·  
αἰνέσω Κύριον ἐν τῇ ζωῇ μου· ψαλῶ τῷ Θεῷ  
μου ἕως ὑπάρχω.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ  
νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα.

**Στίχ. β'.** Μακάριος οὗτός ὁ Θεὸς Ἰακώβ  
βοηθὸς αὐτοῦ, ἡ ἐλπίς αὐτοῦ ἐπὶ Κύριον τὸν  
Θεὸν αὐτοῦ.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ  
νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα.

**Στίχ. γ'.** Βασιλεύσει Κύριος εἰς τὸν  
αἰῶνα, ὁ Θεός σου, Σιών, εἰς γενεὰν καὶ  
γενεάν.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ  
νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Ὁ Μονογενὴς Υἱὸς καὶ Λόγος τοῦ Θεοῦ,  
ἀθάνατος ὑπάρχων καὶ καταδεξάμενος διὰ  
τὴν ἡμετέραν σωτηρίαν σαρκωθῆναι ἐκ τῆς  
ἀγίας Θεοτόκου καὶ ἀειπαρθένου Μαρίας,  
ἀτρέπτως ἐνανθρωπήσας, σταυρωθεὶς τε,  
Χριστὲ ὁ Θεός, θανάτῳ θάνατον πατήσας,  
εἰς ὧν τῆς Ἁγίας Τριάδος, συνδοξαζόμενος  
τῷ Πατρὶ καὶ τῷ Ἁγίῳ Πνεύματι, σῶσον  
ἡμᾶς.

**Antiphon II. Mode 2.**

**Verse 1:** Praise the Lord, O my soul! I shall  
praise the Lord while I live; I shall sing to my God  
as long as I exist. [SAAS]

Save us, O Son of God, risen from the  
dead. We sing to You, Alleluia. [GOA]

**Verse 2:** Blessed is he whose help is the God  
of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, risen from the  
dead. We sing to You, Alleluia.

**Verse 3:** The Lord shall reign forever; your  
God, O Zion, to all generations. [SAAS]

Save us, O Son of God, risen from the  
dead. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy  
Spirit.

Both now and ever and to the ages of ages.  
Amen.

Only begotten Son and Logos of God,  
being immortal, You condescended for  
our salvation to take flesh from the holy  
Theotokos and ever-virgin Mary and, without  
change, became man. Christ, our God, You  
were crucified and conquered death by death.  
Being one of the Holy Trinity, glorified with  
the Father and the Holy Spirit: Save us. [GOA]

**Ἀντίφωνον Γ'.**

**Ἦχος πλ. δ'.**

**Στίχ. α'.** Αὕτη ἡ ἡμέρα, ἣν ἐποίησεν ὁ Κύριος· ἀγαλλιασώμεθα καὶ εὐφρανθῶμεν ἐν αὐτῇ.

**Ἀπολυτίκιον Ἀναστάσιμον.**

**Ἦχος πλ. δ'.**

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος, ταφήν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

**Στίχ. β'.** Αἰνεσάτωσαν αὐτὸν οἱ οὐρανοὶ καὶ ἡ γῆ.

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος, ταφήν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

**Antiphon III.**

**Mode pl. 4.**

**Verse 1:** *This is the day the Lord made; let us greatly rejoice and be glad therein.* [SAAS]

**Resurrectional Apolytikion.**

**Mode pl. 4.**

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You. [SD]

**Verse 2:** *Let heaven and earth praise Him.* [SAAS]

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You. [SD]

*Ἡ, ἀντὶ τῶν Ἀντιφώνων, κατὰ τὸ τυπικόν,  
ψάλλονται τὰ Τυπικά καὶ οἱ Μακαρισμοί.*

**Ψαλμὸς 102.**

**Ψαλμὸς 145.**

**Οἱ Μακαρισμοί.**

**Ἦχος πλ. δ'.**

Ἐν τῇ Βασιλείᾳ σου μνήσθητι ἡμῶν  
Κύριε, ὅταν ἔλθῃς ἐν τῇ Βασιλείᾳ σου.  
Μακάριοι οἱ πτωχοὶ τῷ πνεύματι, ὅτι αὐτῶν  
ἐστὶν ἡ Βασιλεία τῶν οὐρανῶν.

Μακάριοι οἱ πενθοῦντες, ὅτι αὐτοὶ  
παρακληθήσονται.

Μακάριοι οἱ πραεῖς, ὅτι αὐτοὶ  
κληρονομήσουσι τὴν γῆν.

Μακάριοι οἱ πεινῶντες καὶ διψῶντες τὴν  
δικαιοσύνην, ὅτι αὐτοὶ χορτασθήσονται.

**Ἀναστάσιμα.**

Τῆς Ὀκτωήχου ---

Μακάριοι οἱ ἐλεήμονες, ὅτι αὐτοὶ  
ἐλεηθήσονται.

Μνήσθητι ἡμῶν, Χριστὲ Σωτὴρ τοῦ  
κόσμου, ὥσπερ τοῦ ληστοῦ, ἐμνήσθης  
ἐπὶ ξύλου, καὶ καταξίωσον πάντας μόνε  
Οἰκτίρμον, τῆς οὐρανίου Βασιλείας σου.

Μακάριοι οἱ καθαροὶ τῇ καρδίᾳ, ὅτι αὐτοὶ  
τὸν Θεὸν ὄψονται.

Ἄκουε Ἀδάμ, καὶ χαῖρε σὺν τῇ Εὗᾳ, ὅτι  
ὁ γυμνώσας, πρὶν τοὺς ἀμφοτέρους, καὶ δι'  
ἀπάτης λαβὼν ὑμᾶς αἰχμαλώτους, ἐν τῷ  
Σταυρῷ Χριστοῦ κατήργηται.

*An optional alternative to the Antiphons are the Typika  
(Psalms 102 and 145), and the Beatitudes with the appointed  
troparia, which are provided here.*

**Psalms 102.**

**Psalms 145.**

**The Beatitudes.**

**Mode pl. 4.**

In Your kingdom. Remember us, O Lord,  
when You come in Your kingdom. Blessed are  
the poor in spirit, for theirs is the kingdom of  
heaven

Blessed are those who mourn, for they  
shall be comforted.

Blessed are the meek, for they shall inherit  
the earth.

Blessed are those who hunger and thirst  
for righteousness, for they shall be satisfied.

**Resurrectional.**

From Octoechos ---

*Blessed are the merciful, for they shall obtain  
mercy. [RSV]*

Savior of the world, remember us Your  
servants \* as upon the Cross You remembered  
the Robber, \* only compassionate Christ,  
and account us worthy \* of inheriting Your  
heavenly Rule. [SD]

*Blessed are the pure in heart, for they shall see  
God. [RSV]*

Adam and Eve, rejoice as you hear that  
the devil, \* who a long time ago stripped you  
naked \* and took the both of you hostage  
when he deceived you, \* has been destroyed  
by the Cross of Christ. [SD]

Μακάριοι οἱ εἰρηνοποιοί, ὅτι αὐτοὶ Υἱοὶ  
Θεοῦ κληθήσονται.

Εὐλῶ προσπαγεῖς, Σωτὴρ ἡμῶν  
βουλήσει, ξύλου τὸν Ἀδάμ, κατάρας  
ἐλυτρώσω, ἀποδιδούς ὡς οἰκτίρμων τὸ κατ'  
εἰκόνα, καὶ Παραδείσου τὴν κατοίκησιν.

Μακάριοι οἱ δεδιωγμένοι ἕνεκεν  
δικαιοσύνης, ὅτι αὐτῶν ἐστὶν ἡ Βασιλεία τῶν  
οὐρανῶν.

Σήμερον Χριστός, ἀνέστη ἐκ τοῦ τάφου,  
πᾶσι τοῖς πιστοῖς, παρέχων ἀφθαρσίαν,  
καὶ τὴν χαρὰν ἐγκαινίζει ταῖς Μυροφόροις,  
μετὰ τὸ πάθος καὶ τὴν Ἑγερσιν.

Μακάριοι ἐστὲ ὅταν ὀνειδίσωσιν ὑμᾶς,  
καὶ διώξωσι, καὶ εἴπωσι πᾶν πονηρὸν ῥῆμα  
καθ' ὑμῶν, ψευδόμενοι ἕνεκεν ἐμοῦ.

Χαίρετε σοφαί, γυναῖκες Μυροφόροι,  
πρῶται τὴν Χριστοῦ, Ἀνάστασιν ἰδοῦσαι,  
καὶ τοῖς αὐτοῦ ἀπαγγεῖλασαι Ἀποστόλοις,  
παντὸς τοῦ κόσμου τὴν ἀνάκλησιν.

Χαίρετε καὶ ἀγαλλιᾶσθε, ὅτι ὁ μισθὸς  
ὑμῶν πολὺς ἐν τοῖς οὐρανοῖς.

Φίλοι τοῦ Χριστοῦ, Ἀπόστολοι φανέντες,  
σύνθρονοι αὐτοῦ, ἐσόμενοι τῇ δόξῃ, ἐν  
παρόρυσίᾳ αὐτῷ ἡμᾶς παραστῆναι, ὡς  
Μαθηταὶ αὐτοῦ πρεσβεύσατε.

Δόξα.

Ἄναρχε Τριάς, ἀμέριστε Οὐσία,  
σύνθρονε Μονάς, ὁμότιμε τῇ δόξῃ, ἡ  
ὑπεράρχιος φύσις καὶ Βασιλεία, σῶζε τοὺς  
πίστει ἀνυμνοῦντάς σε.

*Blessed are the peacemakers, for they shall be  
called sons of God. [RSV]*

Adam from the curse of the tree was  
delivered \* when of Your own will to the Tree  
You were fastened, \* and You restored in him  
the image of God, O Savior, \* and put him  
back again in Paradise. [SD]

*Blessed are those who are persecuted for  
righteousness' sake, for theirs is the kingdom of  
heaven. [RSV]*

From the grave today has Christ truly  
risen, \* granting incorruption to all the  
believers. \* After His Passion, His burial and  
resurrection, \* He gave the Myrrh-bearing  
women joy. [SD]

*Blessed are you when men revile you and  
persecute you and utter all kinds of evil against  
you falsely [for my sake]. [RSV]*

Myrrh-bearers, rejoice, you wise and holy  
women. \* You were first to see our Savior's  
resurrection, \* and you announced the good  
tidings to His Apostles, \* the restoration of the  
universe. [SD]

*Rejoice and be glad, for your reward is great  
in heaven. [RSV]*

Beloved friends of Christ, O holy  
Apostles, \* since you will be with Him  
enthroned and in glory, \* as His Disciples  
intercede for us and entreat Him, \* that we  
may face Him with confidence. [SD]

Glory.

Eternal Trinity, and undivided Essence, \*  
Monad one in throne, in honor and in glory,  
\* the nature, kingdom and rule beyond all  
beginning, \* save us who sing Your praises  
faithfully. [SD]

Καὶ νῦν. **Θεοτοκίον.**

Χαῖρε τοῦ Θεοῦ, εὐρύχωρον χωρίον.  
Χαῖρε κιβωτέ, τῆς Νέας Διαθήκης. Χαῖρε ἡ  
ἑγχρυσος στάμνος, ἐξ ἧς τὸ Μάννα, πᾶσιν  
ἐδόθη τὸ σὺράνιον.

Both now. **Theotokion.**

Spacious place of God, rejoice, blessed  
Virgin! \* Ark of the New Covenant, rejoice,  
Theotokos! \* O golden jar, from which the  
heavenly Manna \* was given unto all, O Lady,  
rejoice! [SD]

**Εἰσοδικόν. Ἦχος β'.**

Δεῦτε προσκυνήσωμεν καὶ  
προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱέ  
Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι,  
Ἀλληλούϊα.

**Ὑμνοι μετὰ τὴν Μικρὰν Εἴσοδον**

Τῆς Ὀκτωήχου ---

**Ἀπολυτίκιον Ἀναστάσιμον.**

**Ἦχος πλ. δ'.**

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος,  
ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς  
ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ  
Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

**Τοῦ Ναοῦ.**

(Τὸ Ἀπολυτίκιον τοῦ Ναοῦ.)

Τοῦ Μηναίου ---

**Κοντάκιον.**

**Ἦχος γ'. Αὐτόμελον.**

Ἡ Παρθένος σήμερον, τὸν προαιώνιον  
Λόγον, ἐν Σπηλαίῳ ἔρχεται, ἀποτεκεῖν  
ἀπορρήτως. Χόρευε ἡ οἰκουμένη  
ἀκουτισθεῖσα, δόξασον μετὰ Ἀγγέλων καὶ  
τῶν Ποιμένων, βουληθέντα ἐποφθῆναι,  
Παῖδιον νέον, τὸν πρὸ αἰώνων Θεόν.

**Ο ΤΡΙΣΑΓΙΟΣ ΥΜΝΟΣ**

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος  
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.  
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down  
before Christ. Save us, O Son of God, risen  
from the dead. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.**

From Octoechos ---

**Resurrectional Apolytikion.**

**Mode pl. 4.**

You descended from on high, O  
compassionate One, and condescended to  
be buried for three days, so that from the  
passions You might set us free. Our life and  
resurrection, O Lord, glory be to You. [SD]

**Apolytikion of the Parish Church**

(The text of the Apolytikion of the local  
church goes here.)

From Menaion ---

**Kontakion.**

**Mode 3. Automelon.**

On this day the Virgin Maid \* goes to the  
grotto to give birth \* to the pre-eternal Word \*  
in an ineffable manner. \* Dance for joy, all the  
inhabited earth, on hearing. \* Glorify along  
with Angels and with the shepherds \* Him  
who willed that He appear as \* a newborn  
Child, \* the pre-eternal God. [SD]

**THE TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal,  
have mercy on us. (3) [GOA]

Glory to the Father and the Son and the  
Holy Spirit. Both now and ever and to the  
ages of ages. Amen.

Holy Immortal, have mercy on us.



## Ὁ Ἀπόστολος

ΚΥΡΙΑΚΗ ΚΕ'

Προκείμενον. Ἦχος πλ. δ'. Ψαλμὸς 75.

Εὐξασθε καὶ ἀπόδοτε Κυρίῳ τῷ Θεῷ ἡμῶν.

**Στίχ.** Γνωστὸς ἐν τῇ Ἰουδαίᾳ ὁ Θεός, ἐν τῷ Ἰσραὴλ μέγα τὸ ὄνομα αὐτοῦ.

Εφ 4:1-7

Ἀδελφοί, παρακαλῶ ὑμᾶς ἐγὼ ὁ δέσμιος ἐν Κυρίῳ ἀξίως περιπατῆσαι τῆς κλήσεως ἧς ἐκλήθητε, μετὰ πάσης ταπεινοφροσύνης καὶ πραΰτητος, μετὰ μακροθυμίας, ἀνεχόμενοι ἀλλήλων ἐν ἀγάπῃ, σπουδάζοντες τηρεῖν τὴν ἐνότητα τοῦ πνεύματος ἐν τῷ συνδέσμῳ τῆς εἰρήνης· ἐν σῶμα καὶ ἐν Πνεύμα, καθὼς καὶ ἐκλήθητε ἐν μιᾷ ἐλπίδι τῆς κλήσεως ὑμῶν· εἰς Κύριος, μία πίστις, ἐν βάπτισμα· εἰς Θεὸς καὶ Πατὴρ πάντων, ὁ ἐπὶ πάντων καὶ διὰ πάντων καὶ ἐν πᾶσιν ὑμῖν. Ἐνὶ δὲ ἐκάστῳ ἡμῶν ἐδόθη ἡ χάρις κατὰ τὸ μέτρον τῆς δωρεᾶς τοῦ Χριστοῦ.

Ἀλληλούϊα. Ἦχος πλ. δ'. Ψαλμὸς 94.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

**Στίχ. α'.** Δεῦτε ἀγαλλιασώμεθα τῷ Κυρίῳ, ἀλαλάξωμεν τῷ Θεῷ τῷ Σωτῆρι ἡμῶν.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

**Στίχ. β'.** Προφθάσωμεν τὸ πρόσωπον αὐτοῦ ἐν ἐξομολογήσει.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

## Τὸ Εὐαγγέλιον

ΚΥΡΙΑΚΗ Ι' ΤΟΥ ΛΟΥΚΑ

Λου ιγ' 10 - 17

Τῷ καιρῷ ἐκείνῳ, ἦν διδάσκων ὁ Ἰησοῦς ἐν μιᾷ τῶν συναγωγῶν ἐν τοῖς σάββασι. καὶ

## The Epistle

TWENTY-FIFTH SUNDAY

Prokeimenon. Mode pl. 4. Psalm 75.

Pray and return to the Lord Your God.

[SAAS]

**Verse:** In Judah God is known; His name is great in Israel. [SAAS]

Eph. 4:1-7

Brethren, I, a prisoner for the Lord, beg you to lead a life worthy of the calling to which you have been called, with all lowliness and meekness, with patience, forbearing one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope that belongs to your call, one Lord, one faith, one baptism, one God and Father of us all, who is above all and through all and in all. But grace was given to each of us according to the measure of Christ's gift.

[RSV]

Alleluia. Mode pl. 4. Psalm 94.

Alleluia. Alleluia. Alleluia.

**Verse 1:** Come, let us greatly rejoice in the Lord; let us shout aloud to God our savior. [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** Let us come before His face with thanksgiving. [SAAS]

Alleluia. Alleluia. Alleluia.

## The Gospel

Tenth Sunday of Luke

Lk. 13:10-17

At that time, Jesus was teaching in one of the synagogues on the sabbath. And there



ἰδοὺ γυνὴ ἣν πνεῦμα ἔχουσα ἀσθενείας ἔτη δέκα καὶ ὀκτώ, καὶ ἦν συγκύπτουσα καὶ μὴ δυναμένη ἀνακύψαι εἰς τὸ παντελές. ἰδὼν δὲ αὐτὴν ὁ Ἰησοῦς προσεφώνησε καὶ εἶπεν αὐτῇ· Γύναι, ἀπολέλυσαι τῆς ἀσθενείας σου· καὶ ἐπέθηκεν αὐτῇ τὰς χεῖρας· καὶ παραχρῆμα ἀνωρθώθη καὶ ἐδόξαζε τὸν Θεόν. ἀποκριθεὶς δὲ ὁ ἀρχισυνάγωγος, ἀγανακτῶν ὅτι τῷ σαββάτῳ ἐθεράπευσεν ὁ Ἰησοῦς, ἔλεγε τῷ ὄχλῳ· Ἐξ ἡμέραι εἰσὶν ἐν αἷς δεῖ ἐργάζεσθαι· ἐν ταύταις οὖν ἐρχόμενοι θεραπεύεσθε, καὶ μὴ τῇ ἡμέρᾳ τοῦ σαββάτου. ἀπεκρίθη οὖν αὐτῷ ὁ Κύριος καὶ εἶπεν· Ὑποκριτά· ἕκαστος ὑμῶν τῷ σαββάτῳ οὐ λύει τὸν βούν αὐτοῦ ἢ τὸν ὄνον ἀπὸ τῆς φάτνης καὶ ἀπαγαγὼν ποτίζει· ταύτην δὲ, θυγατέρα Ἀβραὰμ οὖσαν, ἦν ἔδησεν ὁ σατανᾶς ἰδοὺ δέκα καὶ ὀκτώ ἔτη, οὐκ ἔδει λυθῆναι ἀπὸ τοῦ δεσμοῦ τούτου τῇ ἡμέρᾳ τοῦ σαββάτου; καὶ ταῦτα λέγοντος αὐτοῦ κατησχύνοντο πάντες οἱ ἀντικείμενοι αὐτῷ, καὶ πᾶς ὁ ὄχλος ἔχαιρεν ἐπὶ πᾶσι τοῖς ἐνδόξοις τοῖς γινομένοις ὑπ' αὐτοῦ.

### **Ὑμνος εἰς τὴν Θεοτόκον.**

Ἀξιόν ἐστιν ὡς ἀληθῶς μακαρίζειν σε τὴν Θεοτόκον, τὴν ἀειμακάριστον καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ ἡμῶν. Τὴν τιμιωτέραν τῶν Χερουβείμ καὶ ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

### **Κοινωνικόν. Ψαλμὸς 148.**

Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Ἀλληλούϊα.

was a woman who had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. And when Jesus saw her, he called her and said to her, "Woman, you are freed from your infirmity." And he laid his hands upon her, and immediately she was made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the sabbath day." Then the Lord answered him, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to water it? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen years, be loosed from this bond on the sabbath day?" As he said this, all his adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by him. [RSV]

### **Hymn to the Theotokos.**

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [COA]

### **Communion Hymn. Psalm 148.**

Praise the Lord from the heavens, praise Him in the highest. Alleluia. [SAAS]

**Ὑμνος μετὰ τὴν Θ. Κοινωνίαν.  
Ἦχος β'.**

Εἶδομεν τὸ φῶς τὸ ἀληθινόν, ἐλάβομεν  
Πνεῦμα ἐπουράνιον, εὗρομεν πίστιν ἀληθῆ,  
ἀδιαίρετον Τριάδα προσκυνοῦντες· αὕτη  
γὰρ ἡμᾶς ἔσωσεν.

**ΑΠΟΛΥΣΙΣ**

Ὁ ἀναστὰς ἐκ νεκρῶν, Χριστὸς ὁ  
ἀληθινὸς Θεὸς ἡμῶν, ταῖς πρεσβείαις  
τῆς παναχράντου καὶ παναμώμου ἁγίας  
αὐτοῦ Μητρός, δυνάμει τοῦ τιμίου καὶ  
ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων  
ἐπουρανίων Δυνάμεων Ἀσωμάτων, ἱκεσίαις  
τοῦ τιμίου, ἐνδόξου, προφήτου, Προδρόμου  
καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων  
καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων  
ἐνδόξων καὶ καλλινίκων μαρτύρων τῶν  
όσιων καὶ θεοφόρων Πατέρων ἡμῶν· **(τοῦ  
Ἁγίου τοῦ Ναοῦ)**· τῶν ἁγίων καὶ δικαίων  
Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ  
πάντων τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι  
ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

**Κανόνας Νηστείας**

*Κατάλυσις ἰχθύος.*

*Εἶναι ἡ νηστεία πρὸ τῶν Χριστουγέννων.*

**Hymn after Holy Communion.  
Mode 2.**

We have seen the true light; we have  
received the heavenly Spirit; we have found  
the true faith, worshipping the undivided  
Trinity, for the Trinity has saved us. [GOA]

**THE DISMISSAL**

May He Who rose from the dead, Christ  
our true God, through the intercessions of His  
all-pure and all-immaculate holy Mother, the  
power of the precious and life-giving Cross,  
the protection of the honorable, bodiless  
powers of heaven, the supplications of the  
honorable, glorious prophet and forerunner  
John the Baptist, of the holy, glorious, and  
praiseworthy apostles, of the holy, glorious,  
and triumphant martyrs, of our righteous  
and God-bearing fathers, **(local patron saint)**;  
of the holy and righteous ancestors of God  
Joachim and Anna, and of all the saints, have  
mercy on us and save us, for He is good and  
loves mankind.

**Fasting Rule**

*Fish: fish, oil and wine are allowed. Refrain from meat,  
dairy and eggs.*

*It is the Christmas fast.*