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The Service of Matins

for Sunday, March 3, 2019

**Octoechos - Grave Mode.
on Sunday Morning**

Eothion 7

**Triodion - Meatfare Sunday
on Sunday Morning at Matins**

Katavasias of Triodion Sunday 3

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Octoechos

Grave Mode.

On Sunday Morning

Triodion

Meatfare Sunday

MATINS

CHOIR

Grave Mode.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: *Give thanks to the Lord and call upon His name.*

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: *All the nations surrounded me, but in the name of the Lord I defended myself against them.*

Verse 3: *And this came about from the Lord, and it is wonderful in our eyes.*

From Octoechos - - -

Resurrectional Apolytikion.

Grave Mode.

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy. [SD]

Glory. **Repeat.**

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to

all that You had risen, O Christ our God, and granted the world Your great mercy. [SD]

From Octoechos - - -

Both now. **Theotokion.**

Grave Mode.

O all-praised Lady, our resurrection's treasury, do from the pit and the deep of offences draw us up, as we have put our trust in you. For you have saved us who were liable for sin, by giving birth unto our salvation. Virgin prior to bearing; and in bearing, a Virgin; and after bearing, still a Virgin. [SD]

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Octoechos - - -

CHOIR

Kathisma I.

Grave Mode.

Life was laid in the sepulcher, and a seal was laid on the stone. And as if guarding a king in his sleep, so the soldiers guarded Christ; and Angels glorified Him as the

immortal God. The women cried aloud, "The Lord has risen, and granted the world great mercy." [SD]

Glory.

In Your three-day entombment You despoiled death. By Your life-bearing rising You have resurrected corrupted man, in Your love for humanity, O Christ God. Glory to You. [SD]

Both now. **Theotokion.**

O Virgin Maid who gave birth to God, never cease to entreat Christ our God who was crucified for our sake and resurrected and destroyed death's dominion, and beseech Him that He save our souls. [SD]

From Octoechos - - -

**Kathisma II.
Grave Mode.**

O Life, You rose from the sepulcher, even though the tomb was secured with a seal, O Christ God. And though the doors had been bolted, You came to Your disciples, O Resurrection of all. Through them You renew a right spirit in us, according to Your great mercy. [SD]

Glory.

In tears, the women bearing sweet spices went in haste to Your sepulcher. And they were saying to each other, "Who will roll away the stone for us?" For You, the King of all, were guarded by soldiers. The Angel of great Counsel has risen, after trampling on death. O Lord almighty, glory to You. [SD]

Both now. **Theotokion.**

Rejoice, Maiden full of grace, O Virgin Theotokos; a haven and protection are you for all of mankind. From you did the Redeemer of

the world become incarnate, only you are both a Mother and a Virgin. O Lady ever blessed and ever filled with glory, intercede with Christ God, beseeching Him to grant peace to the universe. [SD]

**Resurrectional Evlogetaria.
Mode pl. 1.**

Blessed are You, O Lord, teach me Your statutes.

When the hosts of the Angels saw how You were accounted among the dead, they all marveled. You, O Savior, are the One who destroyed the might of death; and when You arose You raised Adam with yourself and from Hades liberated everyone. [SD]

Blessed are You, O Lord, teach me Your statutes.

"Why do you mingle the ointments with your tears full of pity, O women disciples?" Thus the Angel who was shining in the tomb cried to the myrrh-bearing women. "See for yourselves the empty tomb and understand, that the Savior has risen from the sepulcher." [SD]

Blessed are You, O Lord, teach me Your statutes.

Very early in the morning, the myrrh-bearing women were hastening to Your tomb lamenting. But the Angel appeared to them and uttered, "The time for lamentation has ended; weep no more. Go announce the Resurrection to the Apostles." [SD]

Blessed are You, O Lord, teach me Your statutes.

When the myrrh-bearing women had come with their spices to Your sepulcher,

O Savior, they heard the voice of an Angel clearly speaking to them, "Why do you account among the dead the One who lives? For as God, He has risen from the sepulcher."

[SD]

Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord. [SD]

Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it. [SD]

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For blessed is your name, and glorified is your kingdom, of the Father and the Son and

the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

From Octoechos - - -

Hypakoe. Grave Mode.

O Christ God, who took our form and bodily endured the Cross, save me by Your resurrection, as One who loves mankind. [SD]

CHOIR

Anavathmoi.

Antiphon I. Grave Mode.

You restored from wandering the captivity of Zion. From slavery to passions seize me, and quicken me, O Savior. [SD]

In the south he who sows afflictions with tears and with fasting will reap the sheaves of joy, the staff of life everlasting. [SD]

Glory. Both now.

In the Holy Spirit is the source of divine treasures; from Him is fear, understanding and wisdom; to Him praise is due, glory, honor and dominion. [SD]

Antiphon II.

Unless the Lord build the house of the soul, in vain do we labor; for without Him no action or word is accomplished. [SD]

As of the fruit of the womb, the Saints being moved by the Spirit, because of their adoption, produce His fatherly dogmas. [SD]

Glory. Both now.

In the Holy Spirit does everything have its being; for He is God before all, and universal lordship, unapproachable light, and the life of all things. [SD]

Antiphon III.

They who fear the Lord and find the ways of life thereby both now and ever will be blessed with glory immortal. [SD]

As you see your offspring round about your table like saplings, rejoice and be glad as you offer them to Christ, O chief shepherd. [SD]

Glory. Both now.

In the Holy Spirit is an abyss of divine gifts, a wealth of glory, a great depth of judgments; He is identical in glory to the Father and the Son, for He is worshipped. [SD]

Prokeimenon.

Arise, O Lord my God, let Your hand be lifted high, and do not forget Your poor to the end. (2)

Verse: *I will give thanks to You, O Lord, with my whole heart.*

Arise, O Lord my God, let Your hand be lifted high, and do not forget Your poor to the end. [SAAS]

From Octoechos - - -

READER

Resurrectional Kontakion.

No longer will death's dominion have power to detain mortal men. For Christ went down and smashed and destroyed its powers. Now Hades is bound, and the Prophets in unison exult and declare: The Savior has appeared to those with faith. Come out, you faithful, to the Resurrection. [SD]

Oikos.

The netherworld below was trembling today -- Hades and Death before One of the Trinity. The earth was convulsing; and the wardens of hell, seeing You, cowered in fear, yet creation all, rejoicing with the Prophets,

sings an ode of triumph to You, our Redeemer and God, who now has destroyed the power of Death. To Adam and to those who were born of him let us shout in triumph and cry aloud, "A Tree has brought this man back in. Come out, you faithful, to the Resurrection."

[GKD]

Kontakion.

From Triodion - - -

Mode 1.

When You come down to the earth, O God, in Your glory, all things will cower tremulous, and a river of fire will draw before Your Judgment Seat; the books shall be opened up, and public knowledge will things hidden be. Rescue me, then, I pray, from unquenchable fire, and count me worthy to stand at Your right hand, O You, the most righteous Judge. [GKD]

Oikos.

Considering well Your fearsome judgment, exceedingly good Lord, and the Judgment Day, I shudder and am frightened at the accusations of my conscience. When You are seated on Your throne and conduct the examination, no one can deny their sins, accused by the truth and possessed by terror. Great will be the sound of the Gehenna fire, then, and the gnashing of sinners. Therefore, have mercy on me before the end, and pity me, O You, the most righteous Judge. [GKD]

Synaxarion.

From the Menaion.

On March 3 we commemorate the holy Martyrs Eftropios, Kleonikos, and Vasiliskos.

On this day we also commemorate the holy Hieromartyr Theodoritos, Presbyter of Antioch.

On this day Saints Zeno and Zoilos died in peace.

On this day the devout Saint Piamon the virgin died in peace.

From the Triodion.

On this day, we also remember the second and impartial coming of our Lord Jesus Christ.

Verses

When You the Judge will sit in judgment,
May You judge me worthy of the "Come" invitation.

In Your ineffable love for humanity, O Christ our God, make us worthy of Your auspicious voice, number us among those at Your right hand, and have mercy on us. Amen.

CHOIR

Katavasias of Triodion Sunday 3

Ode i. Mode pl. 2.

He became for me a helper and a shelterer for salvation. * He is my God, and I will glorify Him, * the God of my father, and Him will I exalt, * for He is greatly glorified. [SD]

Ode iii.

Establish upon the rock of Your commandments my heart, O Master, * sorely shaken as it is, O Lord. * Only You are holy, and again only You are Lord. [SD]

Ode iv.

On hearing about Your advent, * O Lord, the Prophet Habakkuk of old was frightened: * that You purposed from a Virgin to be born * and appear to humankind. And thus he said: * O Lord, I have heard Your report and I am

frightened. * Glory to Your power, O Lord my God. [SD]

Ode v.

Early in the morning I awake from night. * Lover of man, I pray, * give me light and guide me in the way of Your commandments, * and teach me ever to do Your holy will, O Savior. [SD]

Ode vi.

I cried aloud and shouted with all my heart * unto the tender-loving God, * and He heard my voice from the lowest depths of Hades, * and He raised my life from the pit of corruption. [SD]

Ode vii.

We sinned, O Lord, and we broke Your law, * we behaved unrighteously before You, * and neither have we kept Your word, nor acted according to the way You commanded for us. * Yet, O God of the fathers, we pray, do not utterly deliver us up. [SD]

Ode viii.

We praise and we bless and we worship the Lord.

Him whom the hosts of the heavens glorify, * at whom quake the Cherubim and the Seraphim, * every breath and creation, * extol Him now and bless Him, * and exalt supremely, unto all the ages. [SD]

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

For you are holy, our God, who rest among the Saints, and to you we give glory,

to the Father and the Son and the Holy Spirit,
now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the
Lord. (2) Let everything that breathes. praise
the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we
may be made worthy to hear the holy Gospel.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

DEACON

Wisdom. Arise. Let us hear the Holy
Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

PRIEST

The reading is from the Holy Gospel
according to John.

DEACON

Let us be attentive.

(Glory to You, O Lord, glory to You.)

PRIEST *(from the altar table)*

Eothinon 7
John. 20:1-10

On the first day of the week, Mary
Magdalene came to the tomb early, while it
was still dark, and saw that the stone had been
taken away from the tomb. So she ran, and
went to Simon Peter and the other disciple,
the one whom Jesus loved, and said to them,
"They have taken the Lord out of the tomb,
and we do not know where they have laid

Him." Peter then came out with the other
disciple, and they went toward the tomb. They
both ran, but the other disciple outran Peter
and reached the tomb first; and stooping to
look in, he saw the linen cloths lying there,
but he did not go in. Then Simon Peter came,
following him, and went into the tomb; he saw
the linen cloths lying and the napkin, which
had been on His head, not lying with the linen
cloths, but rolled up in a place by itself. Then
the other disciple, who reached the tomb first,
also went in, and he saw and believed; for as
yet they did not know the scripture, that He
must rise from the dead. Then the disciples
went back to their homes. [RSV]

(Glory to You, O Lord, glory to You.)

READER

Having beheld the Resurrection of Christ,
let us worship the holy Lord Jesus, the only
sinless one. Your Cross, O Christ, we venerate,
and Your holy Resurrection we praise and
glorify. For You are our God; apart from You
we know no other; we call upon Your name.
Come, all faithful, let us venerate the holy
Resurrection of Christ; for behold, through
the Cross, joy has come to the whole world.
Ever blessing the Lord, let us praise His
Resurrection; for having endured the Cross for
us, He destroyed death by death. [GOA]

CHOIR

Psalm 50 (51).

Mode 2. *(or the Mode of the week)*

[Merciful,] Have mercy on me, O God,
according to Your great mercy; and according
to the abundance of Your compassion, blot out
my transgression.

Wash me thoroughly from my lawlessness
and cleanse me from my sin.

For I know my lawlessness, and my sin is
always before me.

Against You only have I sinned and done
evil in Your sight; that You may be justified
in Your words, and overcome when You are
judged.

For behold, I was conceived in
transgressions, and in sins my mother bore
me.

Behold, You love truth; You showed
me the unknown and secret things of Your
wisdom.

You shall sprinkle me with hyssop, and I
will be cleansed; You shall wash me, and I will
be made whiter than snow.

You shall make me hear joy and gladness;
my bones that were humbled shall greatly
rejoice.

Turn Your face from my sins, and blot out
all my transgressions.

Create in me a clean heart, O God, and
renew a right spirit within me.

Do not cast me away from Your presence,
and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation,
and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and
the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God,
the God of my salvation, and my tongue shall
greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my
mouth will declare Your praise.

For if You desired sacrifice, I would give
it; You will not be pleased with whole burnt
offerings.

A sacrifice to God is a broken spirit, a
broken and humbled heart God will not
despise.

Do good, O Lord, in Your good pleasure
to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice
of righteousness, with offerings and whole
burnt offerings.

Then shall they offer young bulls on Your
altar. And have mercy on me, O God. [SAAS]

Idiomela from the Triodion.

Glory. **Mode pl. 4.**

Open to me the gates of repentance, O
Giver of Life, for early in the morning my
spirit hastens to Your holy temple, bringing
the temple of my body all defiled. But as one
compassionate, cleanse me, I pray, by Your
loving-kindness and mercy. [SD]

Both now. **Same Mode.**

Guide me in the paths of salvation, O
Theotokos, for I have befouled my soul with
shameful sins and I heedlessly squandered
all of my life's resources. By your intercession
deliver me from every uncleanness. [SD]

Idiomelon. Mode pl. 2.

Verse: *Have mercy on me, O God, according
to Your great mercy; and according to the*

abundance of Your compassion, blot out my transgression.

When I ponder in my wretchedness on the many terrible things that I have done, I tremble for that fearful day, the Day of Judgment. But trusting in the mercy of Your compassion, like David I cry to You, "Have mercy on me, O God, according to Your great mercy." ^[SD]

DEACON

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; **(local patron saint)**; the holy and righteous ancestors of God Joachim and Anna, and of all your Saints.

We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. **(12)**

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalynarion. Mode pl. 2.

Verse: *My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.* ^[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. ^[SD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.* ^[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. ^[SD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His*

mercy is on those who fear Him from generation to generation. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Ode ix. Katavasia. Mode pl. 2.

The birth is ineffable, conceived without the seed of man; the unwed Mother's * childbirth was free of all corruption. The birth

of God * makes new again the natures. * And thus, in Orthodox manner all * generations magnify you as the Mother and the Bride of God. [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Mode 2.

Holy is the Lord our God. (2) [SAAS]

Holy is the Lord our God. Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy.

From Octoechos - - -

Exaposteilarion.

The Seventh Eothinon.

Mode 2. On the mountain.

When Mary Magdalene had said * that the Lord had been taken, * to the tomb Simon Peter ran * as did the other mystic of Christ,

who was the beloved. * Both of them ran together * and found the linen cloths inside * by themselves lying, and also not with these * was the napkin from His head lying rolled up. * And therefore they went back in peace * until they saw the Lord Christ. [SD]

Exaposteilarion. From the Triodion.

From Triodion - - -

Mode 2. On the mountain.

Bringing to mind the imminent * fearful day of the judgment,* Lord, and of Your ineffable * glory, I shudder wholly,* and trembling fearfully cry out:* O Christ when You again come * on earth to judge the universe,* O my God, in Your glory, I pray You free * miserable me then from all perdition,* and count me worthy thus to stand * at Your right hand, O Master. [SD]

Another.

From Triodion - - -

Mode 2. O Women, hearken.

Behold, the great and fearful day * is coming, of Almighty Lord. * And who will endure the fear of * His imminent Second Coming?* For it will be a day of wrath,* the burning furnace will be there, * the Judge will sit upon His throne,* and unto each He will render* according to their own actions. [SD]

Theotokion.

Mode 2. O Women, hearken.

When I reflect upon the hour * of the interrogation, Lord, * and of the frightening coming * of You the Lover of mankind, * I shake all over and I cry * dejected: O my Judge most just * and only very merciful,* accept me now in repentance,* through prayers of the Theotokos. [SD]

Lauds. Grave Mode.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

From Octoechos - - -

Resurrectional Stichera.

Sticheron 1. Grave Mode.

To fulfill among them the written judgment: this glory have all His holy ones. [SAAS]

Christ has risen from the dead, having loosed the bonds of death; O earth, proclaim the good tidings of great joy; O heavens, praise the glory of God. [SD]

Sticheron 2. Grave Mode.

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

Having seen the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. [SD]

Sticheron 3. Grave Mode.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

We do not cease to adore the Resurrection of Christ; for He it is who saved us from our iniquities. Holy is Lord Jesus who showed us the Resurrection. [SD]

Sticheron 4. Grave Mode.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

What shall we give to the Lord in return for all that He has rendered to us? For us did God come among men. For our corrupted nature did the Logos become flesh and dwell among us. The Benefactor came to the ungrateful; the Liberator to the captives; the Sun of Righteousness to those who sit in darkness. He who is dispassionate suffered on the cross; the Light shone in Hell. He who is Life has trampled on death. For the fallen He is the resurrection. Let us cry out to Him, Glory to You our God. [SD]

Sticheron 5. Grave Mode.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

O Lord, You have shattered the gates of Hell, and You have put an end to death's dominion, all by Your own mighty power. And You raised up with yourself the dead who lay in darkness from when time began, by Your divine and glorious resurrection, as the King over all and as God omnipotent. [SD]

From the Triodion.

From Triodion - - -

Sticheron 6. Idiomelon. Mode pl. 2.

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

I ponder that day and hour, when we all, naked and as convicts, will appear before the Judge we cannot bribe. Then a great trumpet will sound and the foundations of the earth will be shaken, and the dead will be raised from the graves, and all will become of one stature. And all that which is hidden will be

presented overtly before You, and they shall mourn and wail who have never repented, and they shall depart into the outer fire. And with joy and exaltation will the lot of the righteous enter into the heavenly chamber. [GKD]

Sticheron 7. Idiomelon. Mode pl. 2.

Arise, O Lord my God, let Your hand be lifted high, and do not forget Your poor to the end. [SAAS]

O what an hour and fearful day shall that be, when the Judge shall sit upon His fearsome throne! Books will be opened, deeds will be checked, and the hidden works of darkness will be made public. Angels speed about, gathering all the nations. Come, hearken, kings and rulers, slaves and freemen, sinners and righteous, rich men and paupers, He is coming who is about to judge the whole world; and who shall bear His countenance, when angels are at hand to accuse your acts, your thoughts, your desires, be they of day or night? O what an hour that shall be! But before the end arrives, O soul, make haste to cry, "O God, convert me, save me as You alone are compassionate." [GKD]

Sticheron 8. Idiomelon. Mode pl. 4.

I will give thanks to You, O Lord, with my whole heart; I will tell of all Your wondrous things. [SAAS]

Daniel the prophet, a man of goodly desires, considered God's authority, and cried out thus and said, "The Judgment Seat was set up and books were opened." Look, my soul, are you fasting? Do not neglect your neighbor! Are you abstaining from food? Do not condemn your brother, lest you be sent to the fire that will burn you up as wax.

But unimpeded, let Christ lead you into His kingdom. [GKD]

Glory. **From the Triodion.**

From Triodion - - -

Mode 1.

Let us first cleanse ourselves, O brethren, by the queen of virtues, for behold, she is here, providing us with a wealth of blessings! She suppresses our swelling passions, and reconciles offenders with the Master. Therefore, let us welcome her with a cheerful heart, crying out to Christ our God, "You who rose from the dead, keep us uncondemned as we glorify You, the only sinless One." [GKD]

From Octoechos - - -

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You!

[SD]

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world,

have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

Mode pl. 4. *(or the Mode of the week)*

When You rose from the sepulcher and broke the bonds of Hades, You repealed the sentence of death, O Lord, and delivered all from the snares of the enemy. And when You showed yourself to Your Apostles, You sent them out to preach, and through them You granted peace to the whole world, O only very merciful One. [SD]

Or, according to common practice:

Mode 4. *(or the Mode of the week)*

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy. [SD]