#### Μηναίον - ΤΗι Α΄ ΙΟΥΛΙΟΥ

Μνήμη τῶν Ἁγίων Ἀναργύρων Κοσμᾶ καὶ Δαμιανοῦ τῶν ἐν Ῥώμη

#### ΛΕΙΤΟΥΡΓΙΑ

## Άντίφωνον Α΄. Ήχος β΄.

**Στίχ. α'.** Εὐλόγει, ή ψυχή μου, τὸν Κύριον, καὶ πάντα τὰ ἐντός μου τὸ ὄνομα τὸ ἄγιον αὐτοῦ.

Ταῖς ποεσβείαις τῆς Θεοτόκου, Σὧτερ, σῶσον ἡμᾶς.

**Στίχ. β'.** Εὐλόγει, ἡ ψυχή μου, τὸν Κύριον, καὶ μὴ ἐπιλανθάνου πάσας τὰς ἀνταποδόσεις αὐτοῦ.

Ταῖς ποεσβείαις τῆς Θεοτόκου, Σὧτερ, σῶσον ἡμᾶς.

**Στίχ. γ'.** Κύριος ἐν τῷ οὐρανῷ ἡτοίμασε τὸν θρόνον αὐτοῦ, καὶ ἡ Βασιλεία αὐτοῦ πάντων δεσπόζει.

Ταῖς ποεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον ἡμᾶς.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Αμήν.

Ταῖς ποεσβείαις τῆς Θεοτόκου, Σὧτεο, σῶσον ἡμᾶς.

#### Menaion - July 1

Memory of the Holy Unmercenaries Kosmas and Damian of Rome

#### LITURGY

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## Antiphon I. Mode 2.

**Verse 1:** Bless the Lord, O my soul, and everything within me, bless His holy name. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 2:** Bless the Lord, O my soul, and forget not all His rewards. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

**Verse 3:** The Lord prepared His throne in heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

## Άντίφωνον Β΄. Ήχος β΄.

**Στίχ. α'.** Αἴνει, ή ψυχή μου, τὸν Κύριον· αἰνέσω Κύριον ἐν τῆ ζωῆ μου· ψαλῶ τῷ Θεῷ μου ἕως ὑπάρχω.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

**Στίχ. β'.** Μακάριος οὖ ὁ Θεὸς Ἰακὼβ βοηθὸς αὐτοῦ, ἡ ἐλπὶς αὐτοῦ ἐπὶ Κύριον τὸν Θεὸν αὐτοῦ.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

**Στίχ. γ'.** Βασιλεύσει Κύριος εἰς τὸν αἰῶνα, ὁ Θεός σου, Σιών, εἰς γενεὰν καὶ γενεάν.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Δόξα Πατρὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Άμήν.

Ό Μονογενής Υίὸς καὶ Λόγος τοῦ Θεοῦ, ἀθάνατος ὑπάρχων καὶ καταδεξάμενος διὰ τὴν ἡμετέραν σωτηρίαν σαρκωθῆναι ἐκ τῆς άγίας Θεοτόκου καὶ ἀειπαρθένου Μαρίας, ἀτρέπτως ἐνανθρωπήσας, σταυρωθείς τε, Χριστὲ ὁ Θεός, θανάτω θάνατον πατήσας, εῖς ὢν τῆς Ἁγίας Τριάδος, συνδοξαζόμενος τῷ Πατρὶ καὶ τῷ Ἁγίω Πνεύματι, σῶσον ἡμᾶς.

## Antiphon II. Mode 2.

**Verse 1:** Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Verse 2:** Blessed is he whose help is the God of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

**Verse 3:** The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Άντίφωνον Γ'. Άπολυτίκιον.

Τοῦ Μηναίου - - -

 $^{3}$ H $\chi$ o $\varsigma$   $\pi\lambda$ .  $\delta'$ .

Άγιοι Άνάργυροι καὶ θαυματουργοί, ἐπισκέψασθε τὰς ἀσθενείας ἡμῶν, δωρεὰν ἐλάβετε, δωρεὰν δότε ἡμῖν.

Antiphon III.
Apolytikion.
From Menaion - - - Mode pl. 4.

Holy Unmercenaries and Wonderworkers, visit our infirmities. Freely you received; freely give to us. [SD]

Ή, ἀντὶ τῶν Ἀντιφώνων, κατὰ τὸ τυπικόν, ψάλλονται τὰ Τυπικὰ καὶ οί Μακαρισμοί.

Ψαλμὸς 102. Ψαλμὸς 145.

# Οί Μακαοισμοί. Ἡχος πλ. β'.

Έν τῆ Βασιλεία σου μνήσθητι ἡμῶν Κύοιε, ὅταν ἔλθης ἐν τῆ Βασιλεία σου. Μακάοιοι οἱ πτωχοὶ τῷ πνεύματι, ὅτι αὐτῶν ἐστιν ἡ Βασιλεία τῶν οὐοανῶν.

Μακάριοι οἱ πενθοῦντες, ὅτι αὐτοὶ παρακληθήσονται.

Μακάριοι οἱ πραεῖς, ὅτι αὐτοὶ κληρονομήσουσι τὴν γῆν.

Μακάριοι οἱ πεινῶντες καὶ διψῶντες τὴν δικαιοσύνην, ὅτι αὐτοὶ χορτασθήσονται.

## Κανὼν τῶν Ἁγίων. ἀρὸἡ γ΄. Ἡχος πλ. β΄. Οὔκ ἐστιν ἄγιος. Τοῦ Μηναίου - - -

Μακάριοι οἱ ἐλεήμονες, ὅτι αὐτοὶ ἐλεηθήσονται.

Ό κόσμος ἄδει τὰς ὑμῶν, Ἅγιοι καθ' ἑκάστην, πολλὰς εὐεργεσίας καὶ θαυμάτων τὴν πληθύν, θαυματουργοὶ Ἰατροί, τῶν Ἅγγέλων ὄντως ἰσοστάσιοι.

Μακάριοι οἱ καθαροὶ τῆ καρδία, ὅτι αὐτοὶ τὸν Θεὸν ὄψονται.

Ύμᾶς τοὺς δύο φωταυγεῖς, δυσωποῦμεν ἀστέρας, τοὺς ἐν ὕψει κειμένους, Ἐκκλησίας μυστικῶς, Κοσμᾶ καὶ Δαμιανέ, τὰς καρδίας, πάντων καταυγάζετε.

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102. Psalm 145.

# The Beatitudes. Mode pl. 2.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

[RSV]

#### Canon for the Saints.

Ode iii. Mode pl. 2. N/M (O Lord my God.)

Blessed are the merciful, for they shall obtain mercy. [RSV]

The world praises your many benefactions and fullness of wonders, every day, O Saints, wonder-working healers who stand together with the angels. [VPA]

Blessed are the pure in heart, for they shall see God. [RSV]

We ask you, pair of bright stars who are mystically in the height of the Church, Cosmas and Damian, to ever illumine the hearts of all. [VPA]

Μακάριοι οἱ εἰρηνοποιοί, ὅτι αὐτοὶ Υίοὶ Θεοῦ κληθήσονται.

Ἰδοὺ συνήθοοισται λαός, Ἅγιοι πανταχόθεν, τοῦ ὑμῶν ἀνυμνῆσαι τὰς μεγίστας δωρεάς, ἐν τῷ τεμένει ὑμῶν, ἀλλὰ πάντων, τὰς εὐχὰς πληρώσατε.

Μακάριοι οἱ δεδιωγμένοι ἕνεκεν δικαιοσύνης, ὅτι αὐτῶν ἐστιν ἡ Βασιλεία τῶν οὐρανῶν.

#### Θεοτοκίον.

Άγία Δέσποινα άγνή, ὑπεράγιον Λόγον, σωματώσασα λόγω, τῶν ἀλόγων με παθῶν, ὑμνοῦντά σε εὐσεβῶς, θείοις λόγοις, λύτρωσαι πανάμωμε.

Κανών τῶν Άγίων.

Τοῦ Μηναίου - - - **'Ωδὴ C'. Ἡχος πλ. β'.** Τοῦ βίου τὴν θάλασσαν.

Μακάριοι ἐστὲ ὅταν ὀνειδίσωσιν ὑμᾶς, καὶ διώξωσι, καὶ εἴπωσι πᾶν πονηρὸν ῥῆμα καθ' ὑμῶν, ψευδόμενοι ἕνεκεν ἐμοῦ.

Οἰκοῦντες Ἀνάργυροι, ἐν χαρᾳ τοὺς οὐρανούς, ἐν τῷ σεπτῷ ναῷ ὑμῶν, παραγενέσθαι σπεύσατε καὶ ἡμῶν, τὰς νόσους τοῦ σώματος, καὶ καρδίας τὰ πάθη ἐξοικίσατε.

Χαίρετε καὶ ἀγαλλιᾶσθε, ὅτι ὁ μισθὸς ὑμῶν πολὺς ἐν τοῖς οὐρανοῖς.

Τὴν θείαν εὐποέπειαν, στολισθέντες εὐποεπῶς, ὡς διπλοΐδα Ἅγιοι, γυμνοὺς ἡμᾶς ὑπάοχοντας ἀρετῶν, ἐνθέως στολίσατε, καὶ παθῶν ἀτιμίας ἐκγυμνώσατε.

#### Δόξα.

Ως κόσμον τὰ θαύματα, περικείμενοι παντός, σωτῆρες κόσμου ὤφθητε, τῆς κοσμικῆς οὖν βλάβης πάντας ἡμᾶς,

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

Behold, people from everywhere are gathered in your temple to hymn your most great gifts; fulfill the requests of all. [VPA]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

#### Theotokion.

Pure holy Lady having given a body by a word to the Word who is beyond holy, deliver me from senseless passions, as I piously hymn you with divine words. [VPA]

#### Canon for the Saints.

From Menaion - - -

**Ode vi. Mode pl. 2.** N/ M (Perceiving the open sea.)

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

Dwelling in joy in the heavens, unmercenaries, hasten to be at hand in your holy temple and drive out the illnesses of our bodies and the passions of our hearts. [VPA]

Rejoice and be glad, for your reward is great in heaven. [RSV]

Being fittingly robed in divine beauty as a pair of holy ones, as we are naked of virtues, dress us in a manner inspired by God and make us naked of the dishonor of the passions. [VPA]

#### Glory.

You were seen as saviors of the whole world, wearing wonders as adornment. Thus, deliver us from the harm of world, and the

λυτοώσασθε Άγιοι, καὶ παθῶν ἀτιμίας καὶ κολάσεως.

Καὶ νῦν. Θεοτοκίον.

Μὴ φλέξας τὴν μήτραν σου, πῦρ ὑπάρχων Ἰησοῦς, ἐκ σοῦ σαρκὶ προέρχεται, τοῦτον άγνὴ δυσώπησον τοῦ πυρός, καὶ πάσης κολάσεως, λυτρωθῆναι τοὺς πίστει ἀνυμνοῦντάς σε.

dishonor of passions and from destruction, holy ones. [VPA]

Both now. Theotokion.

Not burning your womb, though being fire, Jesus comes from you in the flesh. Importune him, pure one that those who with faith hymn you be delivered from the fire and all destruction. [VPA]

## Εἰσοδικόν. Ἡχος β'.

Δεῦτε ποοσκυνήσωμεν καὶ ποοσπέσωμεν Χοιστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἀγίοις θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

# Ύμνοι μετὰ τὴν Μικοὰν Εἴσοδον Ἀπολυτίκιον.

Τοῦ Μηναίου - - -

## Ήχος πλ. δ'.

Άγιοι Ἀνάργυροι καὶ θαυματουργοί, ἐπισκέψασθε τὰς ἀσθενείας ἡμῶν, δωρεὰν ἐλάβετε, δωρεὰν δότε ἡμῖν.

#### Τοῦ Ναοῦ.

(Τὸ Ἀπολυτίκιον τοῦ Ναοῦ.)

## Κοντάκιον. ήχος β.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεί, Θεοτόκε, τῶν τιμώντων σε.

#### Ο ΤΡΙΣΑΓΙΟΣ ΥΜΝΟΣ

Άγιος ὁ Θεός, ἄγιος Ἰσχυφός, ἄγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοὶ καὶ Υίῷ καὶ Άγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Άγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

### Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [COA]

# Hymns After the Small Entrance. Apolytikion.

From Menaion - - -

## Mode pl. 4.

Holy Unmercenaries and Wonderworkers, visit our infirmities. Freely you received; freely give to us. [5D]

## **Apolytikion of the Parish Church**

(The text of the Apolytikion of the local church goes here.)

#### Kontakion. Mode 2.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

## THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

#### Ο Απόστολος

Τῶν Άγίων.

## Ποοκείμενον. Ήχος δ'. Ψαλμός 15.

Τοῖς ἁγίοις τοῖς ἐν τῆ γῆ αὐτοῦ ἐθαυμάστωσεν ὁ Κύριος.

**Στίχ.** Προωρώμην τὸν Κύριον ἐνώπιόν μου διαπαντός.

Ποὸς Κορινθίους Α΄ Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα.

#### 1Koo 12:27-31; 13:1-8

Άδελφοί, ύμεῖς δέ ἐστε σῶμα Χριστοῦ, καὶ μέλη ἐκ μέρους. Καὶ ους μὲν ἔθετο ὁ θεὸς ἐν τῆ ἐκκλησία ποῶτον ἀποστόλους, δεύτερον προφήτας, τρίτον διδασκάλους, ἔπειτα δυνάμεις, εἶτα χαρίσματα ἰαμάτων, ἀντιλήψεις, κυβερνήσεις, γένη γλωσσῶν. Μὴ πάντες ἀπόστολοι; Μὴ πάντες προφῆται; Μὴ πάντες διδάσκαλοι; Μὴ πάντες δυνάμεις; Μὴ πάντες χαρίσματα ἔχουσιν ἰαμάτων; Μὴ πάντες γλώσσαις λαλοῦσιν; Μὴ πάντες διερμηνεύουσιν; Ζηλοῦτε δὲ τὰ χαρίσματα τὰ κρείττονα. Καὶ ἔτι καθ# ὑπεοβολὴν ὁδὸν ὑμῖν δείκνυμι. Ἐὰν ταῖς γλώσσαις τῶν ἀνθοώπων λαλῶ καὶ τῶν ἀγγέλων, ἀγάπην δὲ μὴ ἔχω, γέγονα χαλκὸς ἠχῶν ἢ κύμβαλον άλαλάζον. Καὶ ἐὰν ἔχω προφητείαν, καὶ είδω τὰ μυστήρια πάντα καὶ πᾶσαν τὴν γνῶσιν, καὶ ἐὰν ἔχω πᾶσαν τὴν πίστιν, ώστε ὄρη μεθιστάνειν, *ἀ*γάπην δὲ μὴ ἔχω, οὐθέν εἰμι. Καὶ ἐὰν ψωμίσω πάντα τὰ ύπάρχοντά μου, καὶ ἐὰν παραδῶ τὸ σῶμά μου ἵνα καυθήσωμαι, ἀγάπην δὲ μὴ ἔχω, οὐδὲν ἀφελοῦμαι. Ἡ ἀγάπη μακροθυμεῖ, χρηστεύεται· ή ἀγάπη οὐ ζηλοῖ· ή ἀγάπη οὐ περπερεύεται, οὐ φυσιοῦται, οὐκ ἀσχημονεῖ, οὐ ζητεῖ τὰ ἑαυτῆς, οὐ παροξύνεται, οὐ λογίζεται τὸ κακόν, οὐ χαίρει ἐπὶ τῇ ἀδικία,

#### The Epistle

For the Saints.

#### Prokeimenon. Mode 4. Psalm 15.

To the saints on His earth, in them He magnified all His will. [SAAS]

**Verse:** I saw the Lord always before me. [SAAS]

The reading is from Paul's First Letter to the Corinthians.

#### 1 Cor. 12:27-31; 13:1-8

Brethren, you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers, then workers of miracles, then healers, helpers, administrators, speakers in various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts. And I will show you a still more excellent way. If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing. Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things. Love never ends. [RSV]

συγχαίφει δὲ τῆ ἀληθεία, πάντα στέγει, πάντα πιστεύει, πάντα ἐλπίζει, πάντα ὑπομένει. Ἡ ἀγάπη οὐδέποτε ἐκπίπτει.

#### Άλληλούϊα. Ἡχος α'. Ψαλμὸς 132.

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα.

**Στίχ.** α'. Ἰδοὺ δὴ τί καλὸν ἢ τί τερπνόν, ἀλλ' ἢ τὸ κατοικεῖν ἀδελφοὺς ἐπὶ τὸ αὐτό;

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα.

**Στίχ. β'.** Ότι ἐκεῖ ἐνετείλατο Κύριος τὴν εὐλογίαν, ζωὴν ἕως τοῦ αἰῶνος.

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα.

## Τὸ Εὐαγγέλιον

Τῶν Άγίων.

Ἐκ τοῦ κατὰ Ματθαῖον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

## Ματ 10:1, 5-8

Τῷ καιοῷ ἐκείνῳ, ποοσκαλεσάμενος τοὺς δώδεκα μαθητὰς αὐτοῦ ἔδωκεν αὐτοῖς ἐξουσίαν πνευμάτων ἀκαθάοτων ὥστε ἐκβάλλειν αὐτὰ καὶ θεραπεύειν πᾶσαν νόσον καὶ πᾶσαν μαλακίαν. Τούτους τοὺς δώδεκα ἀπέστειλεν ὁ Ἰησοῦς παραγγείλας αὐτοῖς λέγων εἰς ὁδὸν ἐθνῶν μὴ ἀπέλθητε καὶ εἰς πόλιν Σαμαρειτῶν μὴ εἰσέλθητε πορεύεσθε δὲ μᾶλλον πρὸς τὰ πρόβατα τὰ ἀπολωλότα οἴκου Ἰσραήλ. πορευόμενοι δὲ κηρύσσετε λέγοντες ὅτι ἤγγικεν ἡ βασιλεία τῶν οὐρανῶν. ἀσθενοῦντας θεραπεύετε, λεπροὺς καθαρίζετε, νεκροὺς ἐγείρετε, δαιμόνια ἐκβάλλετε δωρεὰν ἐλάβετε, δωρεὰν δότε.

## Ύμνος εἰς τὴν Θεοτόκον.

Άξιόν ἐστιν ὡς ἀληθῶς μακαρίζειν σε τὴν Θεοτόκον, τὴν ἀειμακάριστον

#### Alleluia. Mode 1. Psalm 132.

Alleluia. Alleluia. Alleluia.

**Verse 1:** Behold now, what is so good or so pleasant as for brothers to dwell together in unity?

[SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** For there the Lord commanded the blessing and life forever. [SAAS]

Alleluia. Alleluia. Alleluia.

## The Gospel

For the Saints.

The reading is from the Holy Gospel according to Matthew.

#### Mt. 10:1, 5-8

At that time, Jesus called to him his twelve disciples and gave them authority over unclean spirits, to cast them out, and to heal every disease and every infirmity. These twelve Jesus sent out, charging them, "Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. And preach as you go, saying, 'The kingdom of heaven is at hand.' Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without paying, give without pay." [RSV]

## Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our

καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ ήμῶν. Τὴν τιμιωτέραν τῶν Χερουβεὶμ καὶ ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

## Κοινωνικόν. Ψαλμὸς 111.

Εἰς μνημόσυνον αἰώνιον ἔσται δίκαιος. Άλληλούϊα.

# "Υμνος μετὰ τὴν Θ. Κοινωνίαν. "Ηχος β'.

Εἴδομεν τὸ φῶς τὸ ἀληθινόν, ἐλάβομεν Πνεῦμα ἐπουράνιον, εὓρομεν πίστιν ἀληθῆ, ἀδιαίρετον Τριάδα προσκυνοῦντες· αὕτη γὰρ ἡμᾶς ἔσωσεν.

#### ΑΠΟΛΥΣΙΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς πρεσβείαις τῆς παναχράντου καὶ παναμώμου άγίας αὐτοῦ Μητρός, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων Άσωμάτων, ίκεσίαις τοῦ τιμίου, ένδόξου, προφήτου, Προδρόμου καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Αποστόλων, τῶν ἁγίων ἐνδόξων καὶ καλλινίκων μαρτύρων τῶν όσίων καὶ θεοφόρων Πατέρων ήμῶν (τοῦ Άγίου τοῦ Ναοῦ) τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ίωακεὶμ καὶ Άννης, τῶν άγίων καὶ ἐνδόξων Ἀναργύρων Κοσμᾶ καὶ Δαμιανοῦ, ὧν καὶ τὴν μνήμην ἐπιτελοῦμεν· καὶ πάντων τῶν Άγίων, ἐλεήσαι καὶ σώσαι ήμᾶς, ώς ἀγαθὸς καὶ φιλάνθοωπος.

#### Κανόνας Νηστείας

Κατάλυσις εἰς πάντα.

God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

## Communion Hymn. Psalm 111/112.

The righteous will be remembered for ever. Alleluia. (RSV)

## Hymn after Holy Communion. Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us.

#### THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and allimmaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, the holy and glorious Unmercenaries Kosmas and Damian, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

#### **Fasting Rule**

Fast Free: All foods allowed.