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# The Service of Matins

for Friday, January 11, 2019

Menaion - January 11 Memory of St. Theodosios the Cenobiarch

Katavasias of Epiphany II

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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### Menaion - January 11

Memory of our Devout Father Theodosios the Cenobiarch

#### **MATINS**

### **CHOIR**

### Mode pl. 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

**Verse 1:** Give thanks to the Lord and call upon His name.

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

**Verse 2:** All the nations surrounded me, but in the name of the Lord I defended myself against them.

**Verse 3:** And this came about from the Lord, and it is wonderful in our eyes.

## Apolytikion. For the Devout Man. Mode pl. 4.

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O Theodosios, our devout father. Intercede with Christ our God, for the salvation of our souls.

Glory. Repeat.

Both now.

**Apolytikion of the Feast.** 

From Menaion - - -

Mode 1.

As You were baptized in the Jordan, O Lord, then the worship of the Trinity became manifest, for the voice of the Father bore witness to You, naming You the Beloved Son; and the Spirit, in the form of a dove, confirmed the certainty of the word. O Christ God, who appeared and illumined the world, glory to You. [SD]

### **PRIEST**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

### Kathisma I.

From Menaion - - -

**Mode 4.** *Joseph marveled.* 

When he led the Ark of God \* and all the people across \* River Jordan then of old, \* Joshua the son of Nun \* was foreshadowing the future blessing. \* The passover of both, which was mystical, \* was an image and a type truly infallible \* that foreshadowed our re-formation \* and regeneration in the Spirit. \* Christ appeared in the Jordan River, \* to sanctify the waters.

### Glory. Both now. Repeat.

When he led the Ark of God \* and all the people across \* River Jordan then of old, \* Joshua the son of Nun \* was foreshadowing the future blessing. \* The passover of both, which was mystical, \* was an image and a type truly infallible \* that foreshadowed our re-formation \* and regeneration in the Spirit. \* Christ appeared in the Jordan River, \* to sanctify the waters.

### Kathisma II.

From Menaion - - -

Mode 4. Joseph marveled.

This is the time we celebrate \* the epiphany of God. \* In the Jordan, Christ appeared \* to us. O faithful, let us come \* and draw the water of the forgiveness of all our sins. \* For Christ has in the flesh come down to earth to seek \* the sheep that had been lost and left for beasts to devour; \* and when He found it He returned it to Paradise, \* for He is compassionate. \* Christ appeared in the Jordan River, \* and He has enlightened the world.

### Glory. Both now. Repeat.

This is the time we celebrate \* the epiphany of God. \* In the Jordan, Christ appeared \* to us. O faithful, let us come \* and draw the water of the forgiveness of all our sins. \* For Christ has in the flesh come down to earth to seek \* the sheep that had been lost and left for beasts to devour; \* and when He found it He returned it to Paradise, \* for He is compassionate. \* Christ appeared in the Jordan River, \* and He has enlightened the world. [SD]

### Kathisma III. For the Devout Man.

From Menaion - - - Mode 3 Your confece

Mode 3. Your confession.

Raising up your hands to the high heavens, \* you appeared to be a fiery pillar, \* O holy Father, shining brightly with rays of prayer. \* For having flown with your mind to the heavens' heights, \* and taking part in ineffable mysteries, \* you shone brilliantly, while fervently praying Christ our God, \* entreating that He grant to us His great mercy.

Glory. Both now.

**Mode 3.** On this day.

On this day the Master Christ \* stood in the streams of the Jordan. \* By the holy Forerunner \* he was baptized in the waters. \* From above, the Father bore witness to Him, saying, \* "This is my beloved Son in whom I am well-pleased"; \* and amazingly the Spirit \* appeared above him \* in the form of a dove. [5D]

### **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

### **PRIEST**

For blessed is your name, and glorified is your kingdom, of the Father and the Son and

the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

### **CHOIR**

## Antiphon I. Mode 4.

Since my youth have many passions waged war against me. O my Savior, nonetheless help me and save me. (2)

You, the haters of Zion, be put to shame by the Lord, for like thatch in fire you will be completely dried up. (2) [SD]

### Glory.

From the Holy Spirit every soul receives life, and through cleansing is lifted and brightened, in a hidden, sacred manner, by the trinal Monad.

Both now.

From the Holy Spirit do the streams of grace well forth; they irrigate everything created, so that life be engendered. [50]

### Prokeimenon. Psalm 115.

Precious in the sight of the Lord is the death of His holy one. (2)

**Verse:** To the saints on His earth, in them the Lord magnified all His will.

Precious in the sight of the Lord is the death of His holy one. [SAAS]

### **DEACON**

Let us pray to the Lord.

(Lord, have mercy.)

### **PRIEST**

For you are holy, our God, who rest among the Saints, and to you we give glory,

to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

#### **CHOIR**

Amen.

#### Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes. praise the Lord. [SAAS]

### **DEACON**

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

### **DEACON**

Wisdom. Arise. Let us hear the Holy Gospel.

### **PRIEST**

Peace be with all.

(And with your spirit.)

### **PRIEST**

The reading is from the Holy Gospel according to Luke.

### **DEACON**

Let us be attentive.

(Glory to You, O Lord. Glory to You.)

### **PRIEST** (from the gate)

(6:17-23)

At that time, Jesus stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea and Jerusalem and the seacoast of Tyre and Sidon, who came to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. And all the crowd sought to touch him, for power came forth from him and healed them all. And

he lifted up his eyes on His disciples, and said: "Blessed are you poor, for yours is the Kingdom of God. Blessed are you that hunger now, for you shall be satisfied. Blessed are you that weep now, for you shall laugh. Blessed are you when men hate you, and when they exclude you and revile you, and cast out your name as evil, on account of the Son of man! Rejoice in that day, and leap for joy, for behold, your reward is great in heaven." [RSV]

(Glory to You, O Lord. Glory to You.)

### READER

### Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation,

and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS] From Menaion -

#### **CHOIR**

### Glory. Mode 2.

At the intercession of Your holy Ascetic, O Lord of mercy, blot out my many offences. [5D]

### Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [5D]

### Idiomelon. Mode pl. 2.

**Verse:** Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. [SAAS]

Devout Father, the proclamation of your achievements went forth into all the earth. For your labors you found the reward in heaven. You destroyed the arrays of demons, and you attained to the orders of the Angels, whose lifestyle you emulated blamelessly. Since you

have confidence before the Lord, ask Him to grant peace to our souls.

### **DEACON**

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, our devout father Theodosios the Cenobiarch, whose memory we celebrate, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

### **CHOIR**

Lord, have mercy. (12)

### **PRIEST**

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

From Menaion - - -

### **READER**

### Kontakion.

Mode pl. 4. O Champion General.

Once you were planted, like the Psalm says, in the courts of your Lord, \* you blossomed forth the most resplendent virtues pleasantly, \* and you filled the desert with spiritual children \* who were watered with showers of your ardent tears, \* as the leader of divine monastic shrines of God. \* So we cry to you: Rejoice, Father Theodosios! [5D]

### Oikos.

Although you were human in nature, O Father, you seemed a compatriot of angels. O wise one, you discarded all care for the flesh, and you lived on earth as one bodiless. Therefore you hear us saying: [5D]

Rejoice, the son of a devout father; rejoice, the offspring of a pious mother.

Rejoice, international settler of the desert; rejoice, brightly shining star of the whole world.

Rejoice, for you followed Christ from an early age; for you shriveled the pleasures of the flesh.

Rejoice, for you facilitate salvation for monastics; rejoice, for you give encouragement to those who are lazy.

Rejoice, for you saved many from error; rejoice, for you provide a fountain of miracles.

Rejoice, for you took care of the poor; rejoice, our protector who delivers us from danger.

Rejoice, Father Theodosios!

### Synaxarion.

### From the Menaion.

On January 11 we commemorate our devout father Theodosios, the Cenobiarch and Mentor of the Wilderness.

On this day is the Synaxis in honor of the myriads of holy Angels. It was held in the Martyrium of St. Anastasia at the Colonnade of Domninus.

On this day we also commemorate St. Stephen in Placidiane, and St. Theodore and St. Agapios the Archimandrite.

On this day St. Major died by torture.

On this day devout St. Vitalius reposed in peace.

Devout St. Theodosios, Abbot of Philotheou Monastery on Athos, who also became Bishop of Trebizond, reposed in peace.

By their holy intercessions, O God, have mercy on us. Amen.

### **CHOIR**

### Katavasias of Epiphany II Ode i. Mode 2.

Israel treaded on the sea's swelling billow, \* which had been rendered once again into dry land. \* Then the dark waters concealed all the Egyptian \* riders together, as a tomb laid in water, \* by the mighty strength of the right of the Master. [5D]

### Ode iii.

From the ancient snares of the gluttonous lions, \* whose teeth are broken, we all have been delivered. \* Let us exult, then, and our mouth let us widen, \* weaving melody from words unto the Logos, \* whose delight it is to bestow gifts upon us. [5D]

### Ode iv.

Once purged by the fire of mystical vision, \* the Prophet, hymning the renewal of mortals, \* cried in a loud voice energized by the Spirit, \* telling the ineffable Word's incarnation. \* He it is who crushed the power of the princes. [5D]

### Ode v.

The Spirit's cleansing has washed away from us now \* the dark and dirty enemy's poison venom. \* Therefore we have landed on a new unerring \* path, which leads to happiness that has no access, \* save to them whom God to himself reconciled.

### Ode vi.

With the blessed utterance proclaimed the Father \* Him He produced from the womb His beloved Son. \* Yes, He said, this is My own connatural offspring, \* splendor of My light, now also borne of mankind, \* both My living Word, and by providence mortal. [5D]

### Ode vii.

He who retarded once the towering fire \* within the furnace that held the pious young men \* burned the dragons' heads in the streams of the river, \* and the stubborn stain of sin He has completely \* washed away therein, with the dew of the Spirit. [SD]

### Ode viii.

We praise and we bless and we worship the Lord.

The created world exults in its liberty, \* and sons of the light are they who once were darkened. \* Only the champion of darkness is groaning. \* Now let the formerly wretched inheritance \* of the Nations bless eagerly Him who caused this.

### **DEACON**

Let us honor and magnify in song the Theotokos and the Mother of the light.

### **CHOIR**

### Ode ix.

### Megalynarion. Mode 2.

**Verse:** My soul magnifies the Lord, and my spirit rejoices in God my Savior. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** For he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** For he who is mighty has done great things for me, and holy is his name. And his mercy is on those who fear him from generation to generation. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the

Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** He has shown strength with his arm, he has scattered the proud in the imagination of their hearts. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** He has put down the mighty from their thrones, and exalted those of low degree; he has filled the hungry with good things, and the rich he has sent empty away. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his posterity for ever.

[RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

### Ode ix. Katavasia. Mode 2.

O my soul, magnify the ever-virgin Maid who from the curse has redeemed us.

O all spotless Bride, surpassing comprehension \* are the wonders of your childbirth, blessed Mother! \* Through you obtaining comprehensive salvation, \* we bring you a gift in striking up this worthy \* hymn of immutably,\* and washed our human nature gratitude to you our Benefactress. [SD]

### **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

### **PRIEST**

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

### Exaposteilarion.

From Menaion -

**Mode 2.** *O Women, hearken.* 

You purified your mind from all \* confusion that the passions bring; \* and thus you received distinctly \* divine manifestations \* of God in triple radiance, \* all-blessed Theodosios, \* the glory of ascetic monks. \* And now cease not interceding \* for us, O God-bearing Father. [50]

#### Another.

Mode 2. O Women, hearken.

I marvel at Your Godly deeds, \* my Savior and almighty Lord.\* As God before all the ages \* you secretly entered the Virgin's \* allholy womb, and You became \* incarnate man

from \* the stain of our soul's transgressions,\* O Master, in Jordan's waters. [SD]

### Lauds. Mode pl. 1.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

To fulfill among them the written judgment: this glory have all His holy ones.

Praise God in His saints; praise Him in the firmament of His power.

### Stichera. For the Devout Man. From Menaion -Mode pl. 1. N/M (Rejoice.)

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

O devout Theodosios, you made yourself into a house of the sacred virtues; then you were counted worthy to visit and live in the holy shrine of the Theotokos. You loved to contemplate the radiance of God. Now you behold the grandeur of the true tabernacle and breathes praise the Lord. [SAAS] its inexpressible beauty. This was founded by God Most High, and He gladly lets those who aspire to Him dwell there. Entreat Him to grant great mercy to our souls. [50]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

All-blessed Saint, after you purified yourself through ascetic labors, you began to imitate your Master; for you cured the illness of the woman who touched the hem of your garment; you fed those in the desert who were suffering from famine. Your name means God's gift, and you lived up to it, ever giving from the endless treasure. Devout Theodosios, you proclaimed the Orthodox Faith, and thought nothing of the tyrant's anger. Entreat Christ to grant great mercy to our souls. [50]

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

You kindled in yourself the flame of ardent and fervent and unvielding love for God; and from heaven you received a beacon of fire in return, showing God's good pleasure, which instructed you to build a most holy church, a school of virtue, and a training ground of souls. You started it, and piously finished it. \* Now your body, which labored much, reposes there, and it is especially honored among the other sacred caskets. O all-blessed Father, entreat Christ to grant great mercy to our souls. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that

O Theodosios, you have truly gone over to the wondrous tabernacle, the house of God, with joy and gladness, where are heard delightful sounds of festive songs, and the sweet voices of those who celebrate, and where you also are participating in joy of heart and ineffable delight. For you mortified the

flesh, and desired only that joy; and having found it, O Father, you are adorned with God's righteousness. Entreat Christ to grant great mercy on our souls.

Glory.

From Menaion - - -

### Mode 2.

That ladder of the virtues, he proved to be an example for us on earth. So let us extol him, as the jewel of ascetics. He truly practiced ascetic discipline, like Anthony the Great, and he attained immense humility. He shepherded his people in Orthodox manner, and herded them into the holy fold, where the host of Saints has settled. Let us say to him earnestly: "Do not ever forget your flock, O all-blessed Theodosios, but intercede with the Lord to save us, we pray." [5D]

Both now. For the Feast.

From Menaion - - -

### Mode 2.

Today Christ came to be baptized in the Jordan. Today John touches the head of the Master. The hosts of heaven were astounded seeing the paradoxal mystery. The sea beheld it and fled; when the Jordan saw, it retreated. And we who are now illumined cry aloud, \* "Glory be to God who appeared, and who was seen on earth, and who illumined the world."

### **Great Doxology**

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [5D]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory. Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

## Apolytikion. For the Devout Man. Mode pl. 4.

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O Theodosios, our devout father. Intercede with Christ our God, for the salvation of our souls.

[SD]