

**Octoechos - Mode 2.**

On Friday Morning

**Menaion - July 12**

Memory of the Holy Martyrs Proclus and Hilary

**LITURGY**

*Unless otherwise indicated, the texts of the prayers and hymns of the Divine Liturgy are from: The Divine Liturgy of St. John Chrysostom (© 2016), used with permission from the Greek Orthodox Archdiocese of America. This text was produced by the Greek Orthodox Archdiocese of America and approved by the Ecumenical Patriarchate.*

**Antiphon I. Mode 2.**

**Verse 1:** *It is good to give thanks to the Lord and to sing to Your name, O Most High.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 2:** *To proclaim Your mercy in the morning and Your truth at night.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

**Verse 3:** *The Lord my God is upright, and there is no wrongdoing in Him.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Through the intercessions of the Theotokos, Savior, save us.

**Antiphon II. Mode 2.**

**Verse 1:** *The Lord reigns; He clothed Himself with majesty; the Lord clothed and girded Himself with power.* [SAAS]

*or:*

*Verse 1: Come, let us greatly rejoice in the Lord; let us shout aloud to God our savior.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Verse 2:** *And He established the world, which shall not be moved.* [SAAS]

*or:*

*Verse 2: Let us come before His face with thanksgiving, and let us shout aloud to Him with psalms. For the Lord is a great God, a great King over all the earth.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

**Verse 3:** *Holiness is proper to Your house, O Lord, unto length of days.* [SAAS]

*or:*

*Verse 3: For in His hand are the ends of the earth, and the heights of the mountains are His. For the sea is His, and He made it, and His hands formed the dry land.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

*Glory to the Father and the Son and the Holy Spirit.*

*Both now and ever and to the ages of ages. Amen.*

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You

were crucified and conquered death by death.  
Being one of the Holy Trinity, glorified with  
the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III.**

**Apolytikion. For the Martyrs.**

**Mode 4. *Come quickly.***

Your Martyrs, O Lord, were worthily  
awarded by You \* the crowns of incorruption,  
in that they contested for You our immortal  
God. \* Since they possessed Your power, they  
defeated the tyrants, \* dashing the demons'  
powerless displays of defiance. \* O Christ  
God, at their fervent entreaties, save our souls.

[SD]

*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Mode 2.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Blessed are the merciful, for they shall obtain mercy. [RSV]

Blessed are the pure in heart, for they shall see God. [RSV]

**Troparia.**

From Octoechos - - -

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

We present You the robber's words and we prayerfully echo them; and like him we cry out, O Savior: In Your kingdom remember us.

[SD]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

Sinless Lord, You were crucified on the Place of the Skull and crushed \* the skull of the crafty foe, and You saved the world. [SD]

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

You uprooted the thorn of evil, O long-suffering Lord, when You \* wore a crown of thorns on Your head for us voluntarily. [SD]

*Rejoice and be glad, for your reward is great in heaven.* [RSV]

**For the Martyrs.**

You were crushed, and you clearly crushed all the error of the enemy, \* and thus you, O Martyrs, received your halos from Christ our God. [SD]

**Glory.**

By the sprinkling of divine blood, we believers are illumined, \* and we worship the single Godhead in three hypostases. [SD]

Both now. **Stavrotheotokion.**

You saw Christ hanging on the Cross as a Lamb, O all-blameless one. \* As His Mother you cried out in grief, and you magnified Him. [SD]

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.**

**Apolytikion. For the Martyrs.**

**Mode 4. Come quickly.**

Your Martyrs, O Lord, were worthily awarded by You \* the crowns of incorruption, in that they contested for You our immortal God. \* Since they possessed Your power, they defeated the tyrants, \* dashing the demons' powerless displays of defiance. \* O Christ God, at their fervent entreaties, save our souls.

[SD]

**Apolytikion of the Parish Church**

(The text of the Apolytikion of the local church goes here.)

**Kontakion. For the Cross.**

**Mode 4. Automelon.**

You who were lifted on the cross voluntarily, \* O Christ our God, bestow Your tender compassions \* upon Your new community to which You gave Your name. \* Cause our faithful emperors to be glad in Your power, \* granting them the victories against their adversaries. \* And for an ally, Lord, may they have You, \* peace as their armor, the trophy invincible. [SD]

**THE TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

**The Epistle**

FRIDAY OF THE FOURTH WEEK

**Prokeimenon. Grave Mode. Psalm 98.**

Exalt the Lord our God and worship at His holy mountain. [SAAS]

**Verse:** *The Lord reigns; let the peoples be angry.* [SAAS]

The reading is from Paul's Letter to the Romans.

**Rom. 11:25-36**

Brethren, I want you to understand this mystery: a hardening has come upon part of Israel, until the full number of Gentiles come in, and so all Israel will be saved; as it is written, "The Deliverer will come from Zion, he will banish ungodliness from Jacob"; "and this will be my covenant with them when I take away their sins." As regards the gospel they are enemies of God, for your sake; but as regards election they are beloved for the sake of their fore fathers. For the gifts and the call of God are irrevocable. Just as you were once disobedient to God but now have received mercy because of their disobedience, so they have now been disobedient in order that by the mercy shown to you they also may receive mercy. For God has consigned all men to disobedience, that he may have mercy upon all. O the depth of the riches and wisdom and knowledge of God! How unsearchable are his judgments and how inscrutable his ways! "For who has known the mind of the Lord, or who has been his counselor?" "Or who has

given a gift to him that he might be repaid?"  
For from him and through him and to him are  
all things. To him be glory for ever. Amen. [RSV]

**Alleluia. Mode pl. 2. Psalm 73.**

Alleluia. Alleluia. Alleluia.

**Verse 1:** *Remember Your congregation You  
acquired from the beginning.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *God is our King before the ages; He  
worked salvation in the midst of the earth.* [SAAS]

Alleluia. Alleluia. Alleluia.

**The Gospel**

Friday of the Fourth Week of Matthew

The reading is from the Holy Gospel  
according to Matthew.

**Mt. 12:1-8**

At that time, Jesus went through the  
grain fields on the sabbath; his disciples were  
hungry, and they began to pluck heads of  
grain and to eat. But when the Pharisees saw  
it, they said to him, "Look, your disciples are  
doing what is not lawful to do on the sabbath."  
He said to them, "Have you not read what  
David did, when he was hungry, and those  
who were with him: how he entered the house  
of God and ate the bread of the Presence,  
which it was not lawful for him to eat nor  
for those who were with him, but only for  
the priests? Or have you not read in the law  
how on the sabbath the priests in the temple  
profane the sabbath, and are guiltless? I tell  
you, something greater than the temple is  
here. And if you had known what this means,  
'I desire mercy, and not sacrifice,' you would  
not have condemned the guiltless. For the Son  
of man is lord of the sabbath." [RSV]

**Hymn to the Theotokos.**

It is truly right to bless you, Theotokos,  
ever blessed, most pure, and Mother of our  
God. More honorable than the Cherubim,  
and beyond compare more glorious than the  
Seraphim, without corruption you gave birth  
to God the Logos. We magnify you, the true  
Theotokos. [GOA]

**Communion Hymn. Psalm 73.**

You worked salvation in the midst of the  
earth, O Christ our God. Alleluia. [SAAS]

**Hymn after Holy Communion.  
Mode 2.**

We have seen the true light; we have  
received the heavenly Spirit; we have found  
the true faith, worshiping the undivided  
Trinity, for the Trinity has saved us. [GOA]

**THE DISMISSAL**

May Christ our true God, through  
the intercessions of His all-pure and all-  
immaculate holy Mother, the power of the  
precious and life-giving Cross, the protection  
of the honorable, bodiless powers of heaven,  
the supplications of the honorable, glorious  
prophet and forerunner John the Baptist, of  
the holy, glorious, and praiseworthy apostles,  
of the holy, glorious, and triumphant martyrs,  
of our righteous and God-bearing fathers,  
(local patron saint); of the holy and righteous  
ancestors of God Joachim and Anna, and of all  
the saints, have mercy on us and save us, for  
He is good and loves mankind.

**Fasting Rule**

*Strict: Refrain from meat, fish, oil, dairy, and eggs.*

*It is a Wednesday or Friday.*