

**Octoechos - Grave Mode.**

On Sunday Morning

**Menaion - August 6**

Sunday after the Feast

**LITURGY**

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**Antiphon I. Mode 2. Psalms 47, 64, 103, 97.**

**Verse 1:** Great is the Lord, and greatly to be praised in the city of our God, in His holy mountain. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 2:** He who prepares mountains in His strength, who is girded with power. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 3:** You clothe Yourself with thanksgiving and majesty. You cover Yourself with light as with a garment. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Verse 4:** The mountains shall greatly rejoice at the presence of the Lord. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Glory. Both now.

Through the intercessions of the Theotokos, Savior, save us. [GOA]

**Antiphon II. Mode 2. Psalm 86.**

**Verse 1:** His foundations are in the holy mountains. [SAAS]

Save us, O Son of God, who were transfigured on Mt. Tabor. We sing to You, Alleluia. [GOA]

**Verse 2:** The Lord loves the gates of Zion more than all the dwellings of Jacob. [SAAS]

Save us, O Son of God, who were transfigured on Mt. Tabor. We sing to You, Alleluia. [GOA]

**Verse 3:** Glorious things were said concerning you, O city of God. [SAAS]

Save us, O Son of God, who were transfigured on Mt. Tabor. We sing to You, Alleluia. [GOA]

**Verse 4:** A man will say, "Mother Zion," and a man was born in her. [SAAS]

Save us, O Son of God, who were transfigured on Mt. Tabor. We sing to You, Alleluia. [GOA]

Glory to the Father and the Son and the Holy Spirit. [HC]

Both now and ever and to the ages of ages. Amen. [HC]

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

**Antiphon III. Grave Mode. Psalm 88.**

**Verse 1:** *O Lord, I will sing of Your mercies forever.* [SAAS]

**Verse 2:** *The heavens shall confess Your wonders, O Lord.* [SAAS]

**Verse 3:** *Blessed are the people who know glad shouting.* [SAAS]

**Verse 4:** *O Lord, they shall walk in the light of Your face, and shall greatly rejoice in Your name the whole day long.* [SAAS]

**Apolytikion. Grave Mode.**

You were transfigured upon the mountain, O Christ our God, showing to Your disciples Your glory as much as they could bear. Do also in us, sinners though we may be, shine Your everlasting light, by the intercessions of the Theotokos, O Giver of light. Glory to You. [SD]

*An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.*

**Psalm 102.**

**Psalm 145.**

**The Beatitudes.**

**Grave Mode.**

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

**Resurrectional.**

From Octoechos - - -

*Blessed are the merciful, for they shall obtain mercy.* [RSV]

The fruit that killed me of old was good for food and beautiful to contemplate. But Christ is the very tree of life, from which I eat and die not, And echoing the Robber's words, I cry out, "Remember me in Your kingdom, O Lord." [SD]

*Blessed are the pure in heart, for they shall see God.* [RSV]

When You, O merciful Lord, were lifted on the Cross, You cancelled and erased the bond and record of the primal sin of Adam, and You saved us, the human race, from all deceit. Therefore we extol You, our Benefactor and Lord. [SD]

*Blessed are the peacemakers, for they shall be called sons of God.* [RSV]

You nailed our sins to the Cross, O Master all-compassionate Lord Jesus Christ; and You put death to death by Your death and also resurrected from the dead those who had died. Therefore we all worship You and Your resurrection, O God. [SD]

*Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.* [RSV]

**Theotokion.**

On earth you carried and bore the Father's Son and Logos, when He became flesh, as He knew how, all-holy Theotokos. Therefore, Virgin Mother, we who are deified through you, cry aloud, saluting you: Hope of Christians all, rejoice! [SD]

**Canon 1 of the Feast.**

From Menaion - - -

**Ode vi. Mode 4.** *N/M (When I was afflicted.)*

*Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].* [RSV]

As Light shining forth on Tabor, more brightly than the rays of the sun, the Savior Christ has enlightened us. [OCA]

*Rejoice and be glad, for your reward is great in heaven.* [RSV]

As Light shining forth on Tabor, more brightly than the rays of the sun, the Savior Christ has enlightened us. [OCA]

Glory.

You were transfigured, O Christ, ascending into Mount Tabor. You darkened all error, causing Your light to shine forth. [OCA]

Both now.

The glorious apostles recognized You as  
God on Tabor, and in their amazement bent  
their knees before You, O Christ. [OCA]

**Entrance Hymn. Mode 2.**

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.**

From Octoechos - - -

**Resurrectional Apolytikion.  
Grave Mode.**

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy. [SD]

**Apolytikion of the Feast.**

From Menaion - - -

**Grave Mode.**

You were transfigured upon the mountain, O Christ our God, showing to Your disciples Your glory as much as they could bear. Do also in us, sinners though we may be, shine Your everlasting light, by the intercessions of the Theotokos, O Giver of light. Glory to You. [SD]

**Apolytikion of the Parish Church**

(The text of the Apolytikion of the local church goes here.)

From Menaion - - -

**Kontakion.  
Grave Mode.**

Upon the mountain were You transfigured, and Your disciples beheld Your glory as far as they were able, O Christ our God; so that when they would see You crucified they might understand that Your Passion was deliberate, and declare to the

world that in truth You are the Father's radiance. [SD]

**THE TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

**The Epistle**

EIGHTH SUNDAY

**Prokeimenon. Grave Mode. Psalm 28.**

The Lord will give strength to His people; the Lord will bless His people with peace. [SAAS]

**Verse:** *Bring to the Lord, O you sons of God, bring to the Lord glory and honor.* [SAAS]

The reading is from Paul's First Letter to the Corinthians.

1 Cor. 1:10-17

Brethren, I appeal to you by the name of our Lord Jesus Christ, that all of you agree and that there be no dissensions among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest any one should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do

not know whether I baptized any one else.) For Christ did not send me to baptize but to preach the gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power. [RSV]

**Alleluia. Grave Mode. Psalm 91.**

Alleluia. Alleluia. Alleluia.

**Verse 1:** *It is good to give thanks to the Lord and to sing to Your name, O Most High.* [SAAS]

Alleluia. Alleluia. Alleluia.

**Verse 2:** *To proclaim Your mercy in the morning and Your truth at night.* [SAAS]

Alleluia. Alleluia. Alleluia.

**The Gospel**

*Eighth Sunday of Matthew*

The reading is from the Holy Gospel according to Matthew.

**Mt. 14:14-22**

At that time, Jesus saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to him, "We have only five loaves here and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass; and taking the five loaves and the two fish he looked up to heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those

who ate were about five thousand men, besides women and children. Then he made the disciples get into the boat and go before him to the other side, while he dismissed the crowds. [RSV]

**Hymn to the Theotokos.**

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

**Communion Hymn. Psalm 148.**

Praise the Lord from the heavens, praise Him in the highest. Alleluia. [SAAS]

**Hymn after Holy Communion.**

**Mode 2.**

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

**THE DISMISSAL**

May He who was transfigured in glory on mount Tabor in front of His holy disciples and Apostles, and Who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint);

of the holy and righteous ancestors of God  
Joachim and Anna, and of all the saints, have  
mercy on us and save us, for He is good and  
loves mankind.

**Fasting Rule**

*Wine: Wine and oil are allowed. Refrain from meat, fish,  
dairy, and eggs.*

*It is the Dormition fast.*