

Ὁκτώηχος - Ἦχος πλ. β'.

Τῇ Τετάρτῃ Πρωΐ

Μηναιὸν - ΤΗΙ Β' ΟΚΤΩΒΡΙΟΥ

Μνήμη τῶν Ἀγίων Κυπριανοῦ καὶ
Ιουστίνης

ΛΕΙΤΟΥΡΓΙΑ

Ἀντίφωνον Α'. Ἦχος β'.

Στίχ. α'. Εὐλόγει, ἡ ψυχὴ μου, τὸν
Κύριον, καὶ πάντα τὰ ἐντός μου τὸ ὄνομα τὸ
ἅγιον αὐτοῦ.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Στίχ. β'. Εὐλόγει, ἡ ψυχὴ μου, τὸν
Κύριον, καὶ μὴ ἐπιλανθάνου πάσας τὰς
ἀνταποδόσεις αὐτοῦ.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Στίχ. γ'. Κύριος ἐν τῷ οὐρανῷ ἡτοίμασε
τὸν θρόνον αὐτοῦ, καὶ ἡ Βασιλεία αὐτοῦ
πάντων δεσπόζει.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ,
σῶσον ἡμᾶς.

Octoechos - Mode pl. 2.

On Wednesday Morning

Menaion - October 2

Memory of Sts. Cyprian and Justina

LITURGY

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Antiphon I. Mode 2.

Verse 1: Bless the Lord, O my soul, and
everything within me, bless His holy name. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 2: Bless the Lord, O my soul, and
forget not all His rewards. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Verse 3: The Lord prepared His throne in
heaven, and His Kingdom rules over all. [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

*Glory to the Father and the Son and the Holy
Spirit.*

*Both now and ever and to the ages of ages.
Amen.*

Through the intercessions of the
Theotokos, Savior, save us.

Ἀντίφωνον Β'. Ἦχος β'.

Στίχ. α'. Αἶνει, ἡ ψυχὴ μου, τὸν Κύριον·
αἰνέσω Κύριον ἐν τῇ ζωῇ μου· ψαλῶ τῷ Θεῷ
μου ἕως ὑπάρχω.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις
θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Στίχ. β'. Μακάριος οὗ ὁ Θεὸς Ἰακώβ
βοηθὸς αὐτοῦ, ἡ ἐλπίς αὐτοῦ ἐπὶ Κύριον τὸν
Θεὸν αὐτοῦ.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις
θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Στίχ. γ'. Βασιλεύσει Κύριος εἰς τὸν
αἰῶνα, ὁ Θεός σου, Σιών, εἰς γενεὰν καὶ
γενεάν.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐν ἁγίοις
θαυμαστός, ψάλλοντάς σοι, Ἀλληλούϊα.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ὁ Μονογενὴς Υἱὸς καὶ Λόγος τοῦ Θεοῦ,
ἀθάνατος ὑπάρχων καὶ καταδεξάμενος διὰ
τὴν ἡμετέραν σωτηρίαν σαρκωθῆναι ἐκ τῆς
ἁγίας Θεοτόκου καὶ ἀειπαρθένου Μαρίας,
ἀτρέπτως ἐνανθρωπήσας, σταυρωθεὶς τε,
Χριστὲ ὁ Θεός, θανάτῳ θάνατον πατήσας,
εἰς ὧν τῆς Ἁγίας Τριάδος, συνδοξαζόμενος
τῷ Πατρὶ καὶ τῷ Ἁγίῳ Πνεύματι, σῶσον
ἡμᾶς.

Antiphon II. Mode 2.

Verse 1: Praise the Lord, O my soul! I shall
praise the Lord while I live; I shall sing to my God
as long as I exist. [SAAS]

Save us, O Son of God, Who are
wondrous in Your saints. We sing to You,
Alleluia. [GOA]

Verse 2: Blessed is he whose help is the God
of Jacob; his hope is in the Lord his God. [SAAS]

Save us, O Son of God, Who are
wondrous in Your saints. We sing to You,
Alleluia.

Verse 3: The Lord shall reign forever; your
God, O Zion, to all generations. [SAAS]

Save us, O Son of God, Who are
wondrous in Your saints. We sing to You,
Alleluia.

Glory to the Father and the Son and the Holy
Spirit.

Both now and ever and to the ages of ages.
Amen.

Only begotten Son and Logos of God,
being immortal, You condescended for
our salvation to take flesh from the holy
Theotokos and ever-virgin Mary and, without
change, became man. Christ, our God, You
were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Ἀντίφωνον Γ'.

Ἀπολυτίκιον. Τοῦ Ἱερομάρτυρος.

Ἦχος δ'.

Καὶ τρόπων μέτοχος, καὶ θρόνων
διάδοχος, τῶν Ἀποστόλων γενόμενος, τὴν
πρᾶξιν εὗρες Θεόπνευστε, εἰς θεωρίας
ἐπίβασιν· διὰ τοῦτο τὸν λόγον τῆς ἀληθείας
ὀρθοτομῶν, καὶ τῇ πίστει ἐνήθλησας μέχρις
αἵματος, Ἱερομάρτυς Κυπριανέ, πρόσβενε
Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Antiphon III.

Apolytikion. For the Hieromartyr.

Mode 4.

Becoming a partner with the Apostles
in way of life and successor to their thrones,
O God-inspired Saint, in the active life you
found an entrance to contemplation. Hence
you rightly expounded the word of truth,
and you shed your blood in struggling for the
faith, O Hieromartyr Cyprian. Intercede with
Christ our God, beseeching Him to save our
souls. [SD]

Ἡ, ἀντὶ τῶν Ἀντιφώνων, κατὰ τὸ τυπικόν, ψάλλονται τὰ Τυπικά καὶ οἱ Μακαρισμοί.

Ψαλμὸς 102.

Ψαλμὸς 145.

Οἱ Μακαρισμοί.

Ἦχος πλ. β'.

Ἐν τῇ Βασιλείᾳ σου μνήσθητι ἡμῶν
Κύριε, ὅταν ἔλθῃς ἐν τῇ Βασιλείᾳ σου.
Μακάριοι οἱ πτωχοὶ τῷ πνεύματι, ὅτι αὐτῶν
ἐστὶν ἡ Βασιλεία τῶν οὐρανῶν.

Μακάριοι οἱ πενθοῦντες, ὅτι αὐτοὶ
παρακληθήσονται.

Μακάριοι οἱ πραεῖς, ὅτι αὐτοὶ
κληρονομήσουσι τὴν γῆν.

Μακάριοι οἱ πεινῶντες καὶ διψῶντες τὴν
δικαιοσύνην, ὅτι αὐτοὶ χορτασθήσονται.

Μακάριοι οἱ ἐλεήμονες, ὅτι αὐτοὶ
ἐλεηθήσονται.

Μακάριοι οἱ καθαροὶ τῇ καρδίᾳ, ὅτι
αὐτοὶ τὸν Θεὸν ὄψονται.

Τροπάρια.

Τῆς Οκτωήχου - - -

Μακάριοι οἱ εἰρηνοποιοί, ὅτι αὐτοὶ ὕιοι
Θεοῦ κληθήσονται.

Μνήσθητί μου, ὁ Θεὸς ὁ Σωτὴρ μου,
ὅταν ἔλθῃς ἐν τῇ Βασιλείᾳ σου, καὶ σῶσόν
με, ὡς μόνος φιλόανθρωπος.

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode pl. 2.

In Your kingdom. Remember us, O Lord,
when You come in Your kingdom. Blessed are
the poor in spirit, for theirs is the kingdom of
heaven [RSV]

Blessed are those who mourn, for they
shall be comforted. [RSV]

Blessed are the meek, for they shall inherit
the earth. [RSV]

Blessed are those who hunger and thirst
for righteousness, for they shall be satisfied.
[RSV]

Blessed are the merciful, for they shall
obtain mercy. [RSV]

Blessed are the pure in heart, for they
shall see God. [RSV]

Troparia.

From Octoechos - - -

*Blessed are the peacemakers, for they shall be
called sons of God. [RSV]*

Like the robber I entreat You, O my
Savior, * when You come in Your kingdom,
remember me, * O Lord, and save me, O only
God who loves mankind. [SD]

Μακάριοι οἱ δεδιωγμένοι ἕνεκεν δικαιοσύνης, ὅτι αὐτῶν ἐστὶν ἡ Βασιλεία τῶν οὐρανῶν.

Ἐκουσίως, ὑψωθείς ἐπὶ τοῦ ξύλου, τοὺς εἰς βάθη κακῶν ὀλισθήσαντας, ἀνεκαλέσω, μόνε πολυέλεε.

Μακάριοι ἐστὲ ὅταν ὀνειδίσωσιν ὑμᾶς, καὶ διώξωσι, καὶ εἴπωσι πᾶν πονηρὸν ῥῆμα καθ' ὑμῶν, ψευδόμενοι ἕνεκεν ἐμοῦ.

Γῇ ἐσείσθῃ, καὶ ὁ ἥλιος ἐσβέσθῃ, καθορῶν σε ἐπὶ ξύλου Ἥλιε, δικαιοσύνης, θελήματι πάσχοντα.

Χαίρετε καὶ ἀγαλλιᾶσθε, ὅτι ὁ μισθὸς ὑμῶν πολὺς ἐν τοῖς οὐρανοῖς.

Μαρτυρικόν.

Παθημάτων, Ἀθλοφόροι κοινωνοῦντες, τοῦ Δεσπότη καὶ Θείας λαμπρότητος, συγκοινωνεῖτε, μεθέξει θεοῦμενοι.

Δόξα.

Ὑψωσόν με, ἐκ βυθοῦ τῆς ἁμαρτίας, τῆς Τριάδος ὁ εἷς ἐθελούσιον, καθυπομείνας, Χριστέ μου καθήλωσιν.

Καὶ νῦν. **Σταυροθεοτοκίον.**

Παρεστῶσα, τῷ Σταυρῷ καὶ καθορῶσα, ἔκουσίως τὸν σὸν Υἱὸν πάσχοντα, Παρθενομήτορ, τοῦτον ἐμεγάλυνας.

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

By Your voluntary crucifixion, Master, * in Your mercy, You called back humanity * after it slipped and fell into the depths of ills. [SD]

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

Sun of Righteousness, beholding that You suffered * and were nailed to the Cross voluntarily, * the earth convulsed and the sun hid its rays in awe. [SD]

Rejoice and be glad, for your reward is great in heaven. [RSV]

For the Martyrs.

Holy Martyrs, being sharers in the Passion * of the Master, you share also in divine * splendor, being by participation deified. [SD]

Glory.

From the depths of sin extract me, O my Savior, * as the One of the Trinity who endured * the voluntary crucifixion, Christ our God. [SD]

Both now. **Stavrotheotokion.**

Standing by the Cross and watching as the Savior * voluntarily suffered for all mankind, * O Virgin Mother, you magnified your Son and God. [SD]

Εἰσοδικόν. Ἦχος β΄.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ
Θεοῦ, ὁ ἐν ἁγίοις θαυμαστός, ψάλλοντάς
σοι, Ἀλληλουῖα.

**Ὑμνοι μετὰ τὴν Μικρὰν Εἴσοδον
Ἀπολυτίκιον. Τοῦ Ἱερομάρτυρος.
Ἦχος δ΄.**

Καὶ τρόπων μέτοχος, καὶ θρόνων
διάδοχος, τῶν Ἀποστόλων γενόμενος, τὴν
πρᾶξιν εὗρες Θεόπνευστε, εἰς θεωρίας
ἐπίβασιν· διὰ τοῦτο τὸν λόγον τῆς ἀληθείας
ὀρθοτομῶν, καὶ τῇ πίστει ἐνήθλησας μέχρι
αἵματος, Ἱερομάρτυς Κυπριανέ, πρέσβευε
Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Τοῦ Ναοῦ.

(Τὸ Ἀπολυτίκιον τοῦ Ναοῦ.)

**Κοντάκιον. Τοῦ Σταυροῦ.
Ἦχος δ΄. Ἀυτόμελον.**

Ὁ ὑψωθεὶς ἐν τῷ Σταυρῷ ἐκουσίως,
τῇ ἐπωνύμῳ σου καινῇ πολιτεία τοὺς
οἰκτιρμούς σου δώρησαι, Χριστέ ὁ Θεός·
εὐφρανὸν ἐν τῇ δυνάμει σου τοὺς πιστοὺς
βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς κατὰ
τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν
σὴν, ὅπλον εἰρήνης, ἀήττητον τρόπαιον.

Ο ΤΡΙΣΑΓΙΟΣ ΥΜΝΟΣ

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ΄)

Entrance Hymn. Mode 2.

Come, let us worship and bow down
before Christ. Save us, O Son of God, Who
are wondrous in Your saints. We sing to You,
Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion. For the Hieromartyr.
Mode 4.**

Becoming a partner with the Apostles
in way of life and successor to their thrones,
O God-inspired Saint, in the active life you
found an entrance to contemplation. Hence
you rightly expounded the word of truth,
and you shed your blood in struggling for the
faith, O Hieromartyr Cyprian. Intercede with
Christ our God, beseeching Him to save our
souls. [SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local
church goes here.)

**Kontakion. For the Cross.
Mode 4. Automelon.**

You who were lifted on the cross
voluntarily, * O Christ our God, bestow
Your tender compassions * upon Your new
community to which You gave Your name.
* Cause our faithful emperors to be glad in
Your power, * granting them the victories
against their adversaries. * And for an ally,
Lord, may they have You, * peace as their
armor, the trophy invincible. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3) [GOA]

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ὁ Ἀπόστολος

Τοῦ Ἱερομάρτυρος.

Προκείμενον. Ἦχος πλ. δ'. Ψαλμὸς 115.

Τίμιος ἐναντίον Κυρίου ὁ θάνατος τοῦ
οσίου αὐτοῦ.

Στίχ. *Τί ἀνταποδώσωμεν τῷ Κυρίῳ περὶ
πάντων, ὧν ἀνταπέδωκεν ἡμῖν;*

Πρὸς Τιμόθεον Α' Ἐπιστολῆς Παύλου τὸ
ἀνάγνωσμα.

1Τι 1:12-17

Τέκνον Τιμόθεε, χάριν ἔχω τῷ
ἐνδυναμώσαντί με Χριστῷ Ἰησοῦ τῷ
κυρίῳ ἡμῶν, ὅτι πιστόν με ἡγήσατο,
θέμενος εἰς διακονίαν, τὸν πρότερον ὄντα
βλάσφημον καὶ διώκτην καὶ ὑβριστήν· ἀλλὰ
ἡλεήθην, ὅτι ἀγνοῶν ἐποίησα ἐν ἀπιστίᾳ·
ὑπερεπλεόνασεν δὲ ἡ χάρις τοῦ κυρίου
ἡμῶν μετὰ πίστεως καὶ ἀγάπης τῆς ἐν
Χριστῷ Ἰησοῦ. Πιστὸς ὁ λόγος καὶ πάσης
ἀποδοχῆς ἄξιος, ὅτι Χριστὸς Ἰησοῦς ἦλθεν
εἰς τὸν κόσμον ἀμαρτωλοὺς σῶσαι, ὧν
πρῶτός εἰμι ἐγώ· ἀλλὰ διὰ τοῦτο ἡλεήθην,
ἵνα ἐν ἐμοὶ πρῶτῳ ἐνδείξηται Ἰησοῦς
Χριστὸς τὴν πᾶσαν μακροθυμίαν, πρὸς
ὑποτύπωσιν τῶν μελλόντων πιστεῦειν ἐπ'
αὐτῷ εἰς ζωὴν αἰώνιον. Τῷ δὲ βασιλεῖ τῶν
αἰώνων, ἀφθάρτῳ, ἀοράτῳ, μόνῳ σοφῷ
θεῷ, τιμὴ καὶ δόξα εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ἀλληλούϊα. Ἦχος πλ. δ'. Ψαλμὸς 131.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Hieromartyr.

Prokeimenon. Mode pl. 4. Psalm 115.

Precious in the sight of the Lord is the
death of His holy one. [SAAS]

Verse: *What shall we give back to the Lord
for all He rendered to us?* [SAAS]

The reading is from Paul's First Letter to
Timothy.

1 Tim. 1:12-17

Timothy, my son, I thank him who
has given me strength for this, Christ Jesus
our Lord, because he judged me faithful
by appointing me to his service, though I
formerly blasphemed and persecuted and
insulted him; but I received mercy because
I had acted ignorantly in unbelief, and the
grace of our Lord overflowed for me with the
faith and love that are in Christ Jesus. The
saying is sure and worthy of full acceptance,
that Christ Jesus came into the world to save
sinners. And I am the foremost of sinners; but
I received mercy for this reason, that in me,
as the foremost, Jesus Christ might display
his perfect patience for an example to those
who were to believe in him for eternal life. To
the King of ages, immortal, invisible, the only
God, be honor and glory for ever and ever.
Amen. [RSV]

Alleluia. Mode pl. 4. Psalm 131.

Alleluia. Alleluia. Alleluia.

Στίχ. α'. Ἀνάστηθι, Κύριε, εἰς τὴν ἀνάπαυσίν σου, σὺ καὶ ἡ κιβωτὸς τοῦ ἁγιάσματος σου.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.

Στίχ. β'. Ὡμοσε Κύριος τῷ Δαυὶδ ἀλήθειαν καὶ οὐ μὴ ἀθετήσῃ αὐτήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.

Τὸ Εὐαγγέλιον

ΤΗ ΤΕΤΑΡΤΗ ΤΗΣ Γ' ΕΒΔΟΜΑΔΟΣ ΤΟΥ ΛΟΥΚΑ

Ἐκ τοῦ κατὰ Λουκᾶν ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

Λου Γ' 46 - 49, ζ' 1

Εἶπεν ὁ Κύριος· Τί με καλεῖτε, Κύριε Κύριε, καὶ οὐ ποιεῖτε ἃ λέγω; πᾶς ὁ ἐρχόμενος πρὸς με καὶ ἀκούων μου τῶν λόγων καὶ ποιῶν αὐτούς, ὑποδείξω ὑμῖν τίνι ἐστὶν ὅμοιος· ὅμοιός ἐστιν ἀνθρώπῳ οἰκοδομοῦντι οἰκίαν ὃς καὶ ἔσκαψε καὶ ἐβάθυνε καὶ ἔθηκε θεμελίον ἐπὶ τὴν πέτραν· πλημμύρας δὲ γενομένης προσέρρηξεν ὁ ποταμὸς τῇ οἰκίᾳ ἐκείνῃ, καὶ οὐκ ἴσχυσε σαλευθῆαι αὐτήν· τεθεμελίωτο γὰρ ἐπὶ τὴν πέτραν. ὁ δὲ ἀκούσας καὶ μὴ ποιήσας ὅμοιός ἐστιν ἀνθρώπῳ οἰκοδομήσαντι οἰκίαν ἐπὶ τὴν γῆν χωρὶς θεμελίου· ἡ προσέρρηξεν ὁ ποταμὸς, καὶ εὐθὺς ἔπεσε, καὶ ἐγένετο τὸ ῥῆγμα τῆς οἰκίας ἐκείνης μέγα. Ἐπεὶ δὲ ἐπλήρωσε πάντα τὰ ῥήματα αὐτοῦ εἰς τὰς ἀκοὰς τοῦ λαοῦ, εἰσῆλθεν εἰς Καπερναοῦμ.

Ὕμνος εἰς τὴν Θεοτόκον.

Ἄξιόν ἐστιν ὡς ἀληθῶς μακαρίζειν σε τὴν Θεοτόκον, τὴν ἀειμακάριστον καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ ἡμῶν. Τὴν τιμιωτέραν τῶν Χερουβείμ καὶ

Verse 1: Arise, O Lord, into Your rest, You and the ark of Your holiness. [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: The Lord swore to David this truth, and He shall not reject it, "I shall set upon your throne one from the fruit of your loins." [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Wednesday of the Third Week of Luke

The reading is from the Holy Gospel according to Luke.

Lk. 6:46-49; 7:1

The Lord said, "Why do you call me 'Lord, Lord,' and not do what I tell you? Every one who comes to me and hears my words and does them, I will show you what he is like: he is like a man building a house, who dug deep, and laid the foundation upon rock; and when a flood arose, the stream broke against that house, and could not shake it, because it had been well built. But he who hears and does not do them is like a man who built a house on the ground without a foundation; against which the stream broke, and immediately it fell, and the ruin of that house was great." After he had ended all his sayings in the hearing of the people he entered Capernaum. [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the

ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφεῖμ,
τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν
ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Κοινωνικόν. Ψαλμὸς 115.

Ποτήριον σωτηρίου λήψομαι καὶ τὸ
ὄνομα Κυρίου ἐπικαλέσομαι. Ἀλληλουῖα.

**Ὕμνος μετὰ τὴν Θ. Κοινωνίαν.
Ἦχος β'.**

Εἶδομεν τὸ φῶς τὸ ἀληθινόν, ἐλάβομεν
Πνεῦμα ἐπουράνιον, εὗρομεν πίστιν ἀληθῆ,
ἀδιαίρετον Τριάδα προσκυνοῦντες· αὕτη
γὰρ ἡμᾶς ἔσωσεν.

ΑΠΟΛΥΣΙΣ

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,
ταῖς πρεσβείαις τῆς παναχράντου
καὶ παναμώμου ἁγίας αὐτοῦ Μητρός,
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,
προστασίαις τῶν τιμίων ἐπουρανίων
Δυνάμεων Ἀσωμάτων, ἱκεσίαις τοῦ τιμίου,
ἐνδόξου, προφήτου, Προδρόμου καὶ
βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων
καὶ πανευφήμεων Ἀποστόλων, τῶν ἁγίων
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν
ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν·
(τοῦ Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ
δικαίων Θεοπατόρων Ἰωακείμ καὶ Ἄννης,
καὶ τοῦ Ἁγίου Ἱερομάρτυρος Κυπριανοῦ,
καὶ Ἰουστίνης τῆς Παρθένου, ὧν καὶ τὴν
μνήμην ἐπιτελοῦμεν· καὶ πάντων τῶν
Ἁγίων, ἐλεῆσαι καὶ σῶσαι ἡμᾶς, ὡς ἀγαθὸς
καὶ φιλόνητος.

Κανόνας Νηστείας

Νηστεία.

Εἶναι Τετάρτη ἢ Παρασκευή.

Seraphim, without corruption you gave birth
to God the Logos. We magnify you, the true
Theotokos. [GOA]

Communion Hymn. Psalm 115.

I will take up the cup of salvation, and call
upon the name of the Lord. Alleluia. [SAAS]

**Hymn after Holy Communion.
Mode 2.**

We have seen the true light; we have
received the heavenly Spirit; we have found
the true faith, worshipping the undivided
Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through
the intercessions of His all-pure and all-
immaculate holy Mother, the power of the
precious and life-giving Cross, the protection
of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, the holy
hieromartyr Cyprian and the holy martyr
Justina, whose memory we observe, and of all
the saints, have mercy on us and save us, for
He is good and loves mankind.

Fasting Rule

Strict: Refrain from meat, fish, oil, dairy, and eggs.

It is a Wednesday or Friday.