April 6

Triodion

Saturday of the Fourth Week

LITURGY

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Antiphon I. Mode 2.

Verse 1: It is good to give thanks to the Lord and to sing to Your name, O Most High. [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: To proclaim Your mercy in the morning and Your truth at night. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: The Lord my God is upright, and there is no wrongdoing in Him. [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: The Lord reigns; He clothed Himself with majesty; the Lord clothed and girded Himself with power. [SAAS]

or:

Verse 1: Come, let us greatly rejoice in the Lord; let us shout aloud to God our savior. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: And He established the world, which shall not be moved. [SAAS]

or:

Verse 2: Let us come before His face with thanksgiving, and let us shout aloud to Him with psalms. For the Lord is a great God, a great King over all the earth. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Verse 3: Holiness is proper to Your house, O Lord, unto length of days. [SAAS]

or:

Verse 3: For in His hand are the ends of the earth, and the heights of the mountains are His. For the sea is His, and He made it, and His hands formed the dry land. [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III. Apolytikion.

From Triodion - - -

Mode 2.

O Apostles, Martyrs, Prophets, Hierarchs, Monastics and the Righteous, you finished the race and kept the faith. You speak freely to the Savior. We pray you entreat Him on our behalf, to save our souls, since He is good. [50]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Hymns After the Small Entrance. Apolytikion.

From Triodion - - -

Mode 2.

O Apostles, Martyrs, Prophets, Hierarchs, Monastics and the Righteous, you finished the race and kept the faith. You speak freely to the Savior. We pray you entreat Him on our behalf, to save our souls, since He is good.

(Apolytikion of the Parish Church)

(The text of the Apolytikion of the local church goes here.)

Kontakion. Mode pl. 4.

O Planter of creation, Lord, to You does the entire world bring as an offering the God-bearing martyr Saints, as being nature's first fruits. At their earnest entreaties, keep Your Church in a state of profoundest peace, through the Theotokos, O Lord abundantly merciful. [50]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

SATURDAY OF THE FOURTH WEEK IN LENT

Prokeimenon. Mode pl. 2. Psalm 31.

Be glad in the Lord and rejoice greatly.

[SAAS]

Verse: Blessed are those whose transgressions are forgiven, and whose sins are covered. [SAAS]

The reading is from Paul's Letter to the Hebrews.

6:9-12

Brethren, we feel sure of better things that belong to salvation. For God is not so unjust as to overlook your work and the love which you showed for his sake in serving the saints, as you still do. And we desire each one of you to show the same earnestness in realizing the full assurance of hope until the end, so that you may not be sluggish, but imitators of those who through faith and patience inherit the promises.

Alleluia. Mode pl. 2. Psalms 64, 101.

Alleluia. Alleluia. Alleluia.

Verse 1: Blessed are they whom You have chosen and received, O Lord. [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: And their memorial abides from generation to generation. [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Saturday of the Fourth Week of Lent

The reading is from the Holy Gospel according to Mark.

7:31-37

At that time, Jesus returned from the region of Tyre, and went through Sidon to the Sea of Galilee, through the region of Dekapolis. And they brought to him a man who was deaf and had an impediment in his speech; and they be sought him to lay his hand upon him. And taking him aside from the multitude privately, he put his fingers into his ears, and he spat and touched his tongue; and looking up to heaven, he sighed, and said to him, "Ephphatha," that is, "Be opened." And his ears were opened, his tongue was released, and he spoke plainly. And he charged them to tell no one; but the more he charged them, the more zealously they proclaimed it. And they were astonished beyond measure, saying, "He has done all things well: he even makes the deaf hear and the dumb speak." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [COA]

Communion Hymn. Psalms 64, 101.

Blessed are they whom You have chosen and received, O Lord. Their memorial abides from generation to generation. Alleluia. [SAAS]

Hymn after Holy Communion. Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

CHOIR

Among the spirits of the righteous perfected in faith, give rest, O Savior, to the soul(s) of Your servant, keeping it (them) in the blessed life which is from You, O loving One.

In your place of rest, O Lord, where all Your saints repose, give rest also to the soul of Your servant, for You alone are immortal. IGOAJ

Glory to the Father and the Son and the Holy Spirit.

You are our God who descended into Hades and loosened the pains of those who were held captive. Grant rest also, O Savior, to the soul of Your servant. [GOA]

Both now and ever and to the ages of ages. Amen.

You the only pure and spotless Virgin, who ineffably gave birth to God, intercede for mercy and forgiveness of the soul of your servant(s). [GOA]

DEACON

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed memory and eternal repose of all pious Orthodox Christians who have fallen asleep in the hope of the resurrection unto life everlasting, emperors, patriarchs, bishops, priests, deacons, hieromonks, deacon-monks, monks, nuns, fathers, forebears, grandparents, greatgrandparents, parents, spouses, children, siblings, and all our relatives, from the beginning until the end of time; and for the forgiveness of all their sins, both voluntary and involuntary.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

May the Lord God place their souls where the righteous repose. Let us ask for the mercies of God, the kingdom of Heaven, and the forgiveness of their sins from Christ our immortal king and God.

(Grant this, O Lord.)

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

O God of spirits and of all flesh, You have trampled down death and have abolished the power of the devil, giving life to Your world. Give rest to the souls of Your departed servants, emperors, patriarchs, bishops, priests, deacons, hieromonks, deaconmonks, monks, and nuns, all pious Orthodox Christians who have fallen asleep in the hope of the resurrection unto life everlasting, from all the ends of the world, fathers, forebears,

grandparents, great-grandparents, parents, spouses, children, siblings, and all our relatives. Give them rest in a place of light, in a place of repose, in a place of refreshment, where there is no pain, sorrow, and suffering. As a good and loving God, forgive every sin they have committed in thought, word or deed, for there is no one who lives and is sinless. You alone are without sin. Your righteousness is an everlasting righteousness, and Your word is truth.

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

For You are the resurrection, the life and the repose of all the departed faithful Orthodox Christians, Christ our God, and to You we give glory, with Your eternal Father and Your all-holy, good and life giving Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Mode 3.

Eternal be their memory. Eternal be their memory. Eternal be their memory. (3)

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and allimmaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Wine: Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.

It is Saturday or Sunday in Lent.