

Octoechos - Mode pl. 2.

On Friday Morning

Menaion - October 4

Memory of our Father among the Saints
Hierotheos

LITURGY

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Antiphon I. Mode 2.

Verse 1: *It is good to give thanks to the Lord and to sing to Your name, O Most High.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 2: *To proclaim Your mercy in the morning and Your truth at night.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Verse 3: *The Lord my God is upright, and there is no wrongdoing in Him.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

*Both now and ever and to the ages of ages.
Amen.*

Through the intercessions of the
Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *The Lord reigns; He clothed Himself with majesty; the Lord clothed and girded Himself with power.* [SAAS]

or:

Verse 1: Come, let us greatly rejoice in the Lord; let us shout aloud to God our savior. [SAAS]

Save us, O Son of God, Who are wondrous
in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: *And He established the world, which shall not be moved.* [SAAS]

or:

Verse 2: Let us come before His face with thanksgiving, and let us shout aloud to Him with psalms. For the Lord is a great God, a great King over all the earth. [SAAS]

Save us, O Son of God, Who are wondrous
in Your saints. We sing to You, Alleluia.

Verse 3: *Holiness is proper to Your house, O Lord, unto length of days.* [SAAS]

or:

Verse 3: For in His hand are the ends of the earth, and the heights of the mountains are His. For the sea is His, and He made it, and His hands formed the dry land. [SAAS]

Save us, O Son of God, Who are wondrous
in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

*Both now and ever and to the ages of ages.
Amen.*

Only begotten Son and Logos of God,
being immortal, You condescended for
our salvation to take flesh from the holy
Theotokos and ever-virgin Mary and, without
change, became man. Christ, our God, You

were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion. For the Hieromartyr.

Mode 4.

Having learnt kindness, and being
always steady and sober, vested with a good
conscience as befits a priest, you drew out
from the Chosen Vessel the secrets of God.
And having kept the faith, you have finished
the fair race, O Hieromartyr Hierotheos;
Intercede with Christ our God, entreating Him
to save our souls. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode pl. 2.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Blessed are the merciful, for they shall obtain mercy. [RSV]

Blessed are the pure in heart, for they shall see God. [RSV]

Troparia.

From Octoechos - - -

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

Like the robber I entreat You, O my Savior, * when You come in Your kingdom, remember me, * O Lord, and save me, O only God who loves mankind. [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Being crucified, O Lord, You spread Your arms out * and embraced all the nations, that

now extol * Your tender mercy, O Christ our Savior and God. [SD]

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

You were nailed upon the Cross of Your own will, Lord. * Being crucified, You, by Your might, O Christ, * obliterated the stingers of the evil one. [SD]

Rejoice and be glad, for your reward is great in heaven. [RSV]

For the Martyrs.

Holy Martyrs, having reveled in the tortures, * you were granted the pleasures of Paradise; * and you unceasingly pray on behalf of the world. [SD]

Glory.

Father, Son, and Spirit, reigning as the one God, * we Your servants entreat You, our single Lord, * to extricate us from torments and punishment. [SD]

Both now. **Stavrotheotokion.**

Then the Virgin saw You crucified, O Savior, * and she wept, heaving sighs of maternal grief. * She intercedes now for us, that You save us, O Lord. [SD]

Entrance Hymn. Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion. For the Hieromartyr.
Mode 4.**

Having learnt kindness, and being always steady and sober, vested with a good conscience as befits a priest, you drew out from the Chosen Vessel the secrets of God. And having kept the faith, you have finished the fair race, O Hieromartyr Hierotheos; Intercede with Christ our God, entreating Him to save our souls. [SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local church goes here.)

**Kontakion. For the Cross.
Mode 4. Automelon.**

You who were lifted on the cross voluntarily, * O Christ our God, bestow Your tender compassions * upon Your new community to which You gave Your name. * Cause our faithful emperors to be glad in Your power, * granting them the victories against their adversaries. * And for an ally, Lord, may they have You, * peace as their armor, the trophy invincible. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

FRIDAY OF THE SIXTEENTH WEEK

Prokeimenon. Grave Mode. Psalm 98.

Exalt the Lord our God and worship at His holy mountain. [SAAS]

Verse: *The Lord reigns; let the peoples be angry.* [SAAS]

Eph. 1:7-17

Brethren, we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace which he lavished upon us. For he has made known to us in all wisdom and insight the mystery of his will, according to his purpose which he set forth in Christ as a plan for the fulness of time, to unite all things in him, things in heaven and things on earth. In him, according to the purpose of him who accomplishes all things according to the counsel of his will, we who first hoped in Christ have been destined and appointed to live for the praise of his glory, In him you also, who have heard the word of truth, the gospel of your salvation, and have believed in him, were sealed with the promised Holy Spirit, which is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory. For this reason, because I have heard of your faith in the Lord Jesus and your love toward all the saints, I do not cease to give thanks for you, remembering you in my prayers, that the God of our Lord Jesus Christ, the Father of glory, may give you

a spirit of wisdom and of revelation in the knowledge of him. [RSV]

Alleluia. Mode pl. 2. Psalm 73.

Alleluia. Alleluia. Alleluia.

Verse 1: *Remember Your congregation You acquired from the beginning.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *God is our King before the ages; He worked salvation in the midst of the earth.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Friday of the Third Week of Luke

Lk. 7:31-35

The Lord said, "To what then shall I compare the men of this generation, and what are they like? They are like children sitting in the market place and calling to one another, 'We piped to you, and you did not dance; we wailed, and you did not weep.' For John the Baptist has come eating no bread and drinking no wine; and you say, 'He has a demon.' The Son of man has come eating and drinking; and you say, 'Behold, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is justified by all her children." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 73.

You worked salvation in the midst of the earth, O Christ our God. Alleluia. [SAAS]

Hymn after Holy Communion.

Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Strict: Refrain from meat, fish, oil, dairy, and eggs.

It is a Wednesday or Friday.