

Pentecostarion

Bright Thursday

Menaion - May 2

Memory of St. Athanasios the Great

LITURGY

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PRIEST

Mode pl. 1.

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs... [GOA]

CHOIR

...He has granted life.

PRIEST

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs... [GOA]

CHOIR

...He has granted life.

PRIEST

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs... [GOA]

CHOIR

...He has granted life.

PRIEST

Verse 1: *Let God arise, and let His enemies be scattered, and let those who hate Him flee from before His face.*

CHOIR

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

PRIEST

Verse 2: *As smoke vanishes, so let them vanish, as wax melts before the fire.*

CHOIR

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

PRIEST

Verse 3: *So shall the sinners perish from the face of God. And let the righteous be glad.*

CHOIR

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

PRIEST

Verse 4: *This is the day the Lord made; let us greatly rejoice and be glad therein.*

CHOIR

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

PRIEST

Glory to the Father and the Son and the Holy Spirit.

CHOIR

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

PRIEST

Both now and ever and to the ages of ages. Amen.

CHOIR

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

PRIEST

Christ is risen from the dead, by death trampling down upon death... [GOA]

CHOIR

...and to those in the tombs He has granted life.

Antiphon I. Mode 2. Psalm 65.

Verse 1: *Shout to God, all the earth.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *Sing now to His name; give glory to His praise.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 3: *Say to God, "How fearful are Your works.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 4: *Let all the earth worship You and sing to You.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Glory. Both now.

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Antiphon II. Mode 2. Psalm 66.

Verse 1: *May God be gracious to us, and bless us.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

Verse 2: *May He cause His face to shine upon us, and have mercy on us.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

Verse 3: *That we may know His way on the earth, Your salvation among all the Gentiles.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

Verse 4: *Let the peoples give thanks to You, O God; let all the peoples praise You.* [SAAS]

Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death.

Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III. Mode pl. 1. Psalm 67.

Verse 1: *Let God arise, and let His enemies be scattered, and let those who hate Him flee from before His face.* [SAAS]

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

Verse 2: *As smoke vanishes, so let them vanish, as wax melts before the fire.* [SAAS]

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

Verse 3: *So shall the sinners perish from the face of God. And let the righteous be glad.* [SAAS]

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

Verse 4: *This is the day the Lord made; let us greatly rejoice and be glad therein.* [SAAS]

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

Entrance Hymn. Mode 2.

Bless God in the churches, the Lord from the fountains of Israel. Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

Hymns After the Small Entrance.

From Pentecostarion - - -

Mode pl. 1.

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. (3) [GOA]

From Pentecostarion - - -

Hypakoe. Mode 4.

When the women with Mary had come before dawn, and they found that the stone had been rolled away from the sepulcher, they heard from the Angel, "Why do you seek among the dead, as a mortal man, the One who exists in everlasting light? See the grave clothes in the sepulcher. Run and proclaim to the world that the Lord has risen and put death to death; for He is the Son of God who saves the human race." [SD]

For the Saint.

From Menaion - - -

Mode 3. Your confession.

You were Orthodoxy's upright pillar; * you held up the Church with godly dogmas, * holy hierarch, divine Athanasios. * For by preaching that the Son is coessential * with the Father you humiliated Arius. * O devout Father, pray to Christ God fervently, * entreating that He grant us His great mercy.

[SD]

From Pentecostarion - - -

Kontakion of Pascha.

Mode pl. 4.

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection. [SD]

INSTEAD OF HOLY GOD

You who have been baptized into Christ have put on Christ, Alleluia. (3) [GOA]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Have put on Christ. Alleluia.

The Epistle

For the Saint.

Prokeimenon. Mode 4. The Prayer of Azariah.

Blessed are You, O Lord God of our fathers. [SAAS]

Verse: *For You are righteous in all You did for us.* [SAAS]

The reading is from Paul's Letter to the Hebrews.

13:7-16

Brethren, remember your leaders, those who spoke to you the word of God; consider the outcome of their lives, and imitate their faith. Jesus Christ is the same yesterday and today and for ever. Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents. We have an altar from which those who serve the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. So Jesus also suffered outside the gate in order to sanctify the people through his own blood. Therefore let us go forth to him outside the camp and bear the abuse he endured. For here we have no lasting city, but we seek the city which is to come. Through

him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. [RSV]

Alleluia. Mode 4. Psalm 44.

Alleluia. Alleluia. Alleluia.

Verse 1: *Stretch Your bow, and grant prosperity, and reign, because of truth and goodness.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *You loved righteousness and hated lawlessness.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Renewal Thursday

The reading is from the Holy Gospel according to John.

3:1-15

At that time, there was a man of the Pharisees, named Nikodemos, a ruler of the Jews. This man came to Jesus by night and said to him, "Rabbi, we know that you are a teacher come from God; for no one can do these signs that you do, unless God is with him." Jesus answered him, "Truly, truly, I say to you, unless one is born from above, he cannot see the kingdom of God." Nikodemos said to him, "How can a man be born when he is old? Can he enter a second time into his mother's womb and be born?" Jesus answered, "Truly, truly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. Do not marvel that I said to

you, 'You must be born from above.' The Spirit blows where it wills, and you hear the sound of it, and you do not know whence it comes or whither it goes; so it is with everyone who is born of the Spirit." Nikodemos said to him, "How can this be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand this? Truly, truly, I say to you, we speak of what we know, and bear witness to what we have seen; but you do not receive our testimony. If I have told you earthly things and you do not believe, how can you believe if I tell you heavenly things? No one has ascended into heaven but he who descended from heaven, the Son of man who is in heaven. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life." [RSV]

Hymn to the Theotokos.

Mode 1.

The Angel cried aloud to the Lady full of grace: Rejoice, O pure Virgin; and again I say Rejoice. Your Son has truly risen from the grave on the third day. [SD]

Be illumined, illumined, O New Jerusalem; * for the glory of the Lord has arisen over you. * Dance now for joy, O Zion, and exult. * And you be merry, O pure Theotokos, * at the arising of the One you bore. [SD]

Communion Hymn.

Receive the Body of Christ; taste from the immortal fount. [SD]

Hymn after Holy Communion.

Instead of "We have seen."

Mode pl. 1.

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

Instead of "Blessed be the name."

Mode pl. 1.

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. (3)

THE DISMISSAL

May He who rose from the dead, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and our father among the saints Athanasios, Patriarch of Alexandria, the memory of the transfer of whose holy relics we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fast Free: All foods allowed.

It is Pascha and Bright Week.