

March 7
Octoechos

Grave Mode.

On Thursday Morning

LITURGY

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Antiphon I. Mode 2.

Verse 1: *It is good to give thanks to the Lord and to sing to Your name, O Most High.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *To proclaim Your mercy in the morning and Your truth at night.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: *The Lord my God is upright, and there is no wrongdoing in Him.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *The Lord reigns; He clothed Himself with majesty; the Lord clothed and girded Himself with power.* [SAAS]

or:

Verse 1: *Come, let us greatly rejoice in the Lord; let us shout aloud to God our savior.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: *And He established the world, which shall not be moved.* [SAAS]

or:

Verse 2: *Let us come before His face with thanksgiving, and let us shout aloud to Him with psalms. For the Lord is a great God, a great King over all the earth.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Verse 3: *Holiness is proper to Your house, O Lord, unto length of days.* [SAAS]

or:

Verse 3: *For in His hand are the ends of the earth, and the heights of the mountains are His. For the sea is His, and He made it, and His hands formed the dry land.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion.

From Horologion - - -

Mode 3.

O holy Apostles, make intercession to
our merciful God, that He grant our souls
forgiveness of offenses. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Grave Mode.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

[RSV]

Blessed are the merciful, for they shall obtain mercy. [RSV]

Blessed are the pure in heart, for they shall see God. [RSV]

Troparia.

From Octoechos - - -

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

The fruit that killed me of old was good for food and beautiful to contemplate. But Christ is the very tree of life, from which I eat and die not, And echoing the Robber's words, I cry out, "Remember me in Your kingdom, O Lord." [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

O wise Apostles, you caught the Gentiles * as if shoals of fish in your net, * and brought them from the sea of unbelief * to faith worthy of the Godhead, * and like a very costly dish * laid them on the spiritual table, O glorious ones. [SD]

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

When had driven away the darkness * of deadly deception by the light * of Gospel preaching, then you clearly gave * divine illumination * to the true believers' hearts. * Therefore now with godly songs * we extol you, O Apostles of Christ. [SD]

Rejoice and be glad, for your reward is great in heaven. [RSV]

For the Martyrs.

Although your members were being cut off * by the sword, O Athletes of Christ, * yet you were never cut off from His love, * but you hastened to join Him * in the heavens, where you dwell * with the Savior joyously, * radiant with glory divine. [SD]

Glory.

The wicked devil who has corrupted * the human race has a hold on me. * Almighty Holy Trinity, my God, * rescue me from his gullet, * at the Apostles' holy prayers, * so that I may magnify * Your immense mercy. [SD]

Both now. **Theotokion.**

O modest Virgin, you truly brought forth * Him who with the Father shares the throne,

* and who to make the essence of mankind *
immortal took mortal * flesh from your all-
holy blood. * Therefore we are duty-bound *
to extol and macarize you. [SD]

Entrance Hymn. Mode 2.

Come, let us worship and bow down
before Christ. Save us, O Son of God, Who
are wondrous in Your saints. We sing to You,
Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion.**

From Horologion - - -

Mode 3.

O holy Apostles, make intercession to
our merciful God, that He grant our souls
forgiveness of offenses. [SD]

(Apolytikion of the Parish Church)

(The text of the Apolytikion of the local
church goes here.)

**Kontakion. For the Apostles.
Mode 2. Automelon.**

You have taken to yourself, O Lord, the
pinnacles of Your Disciples, those unerring
theologians and preachers, to enjoy Your
blessings and repose. For You accepted their
labors and their death as being higher than
any whole-burnt offering, for only You know
what is in the heart. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3) [GOA]

*Glory to the Father and the Son and the Holy
Spirit. Both now and ever and to the ages of ages.
Amen.*

Holy Immortal, have mercy on us.

The Epistle

THURSDAY OF CHEESE-FARE WEEK

Prokeimenon. Mode pl. 4. Psalm 18.

Their proclamation went forth into all
the earth, and their words to the ends of the
world. [SAAS]

Verse: *The heavens declare the glory of God;
the firmament shows the creation of His hands.*

[SAAS]

The reading is from Jude's Universal
Letter.

1:11-25

Beloved, woe to the ungodly, for they
walk in the way of Cain, and abandon
themselves for the sake of gain to Balaam's
error, and perish in Korah's rebellion.
These are blemishes on your love feasts, as
they boldly carouse together, looking after
themselves; waterless clouds, carried along
by winds; fruitless trees in late autumn, twice
dead, uprooted; wild waves of the sea, casting
up the foam of their own shame; wandering
stars for whom the nether gloom of darkness
has been reserved for ever. It was of these
also that Enoch in the seventh generation
from Adam prophesied, saying, "Behold, the
Lord came with his holy myriads, to execute
judgment on all, and to convict all the ungodly
of all their deeds of ungodliness which they
have committed in such an ungodly way,
and of all the harsh things which ungodly
sinners have spoken against him." These are
grumblers, malcontents, following their own
passions, loud-mouthed boasters, flattering
people to gain advantage. But you must
remember, beloved, the predictions of the
apostles of our Lord Jesus Christ; they said
to you, "In the last time there will be scoffers,

following their own ungodly passions." It is these who set up divisions, worldly people, devoid of the Spirit. But you, beloved, build yourselves up on your most holy faith; pray in the Holy Spirit; keep yourselves in the love of God; wait for the mercy of our Lord Jesus Christ unto eternal life. And convince some, who doubt; save some, by snatching them out of the fire; on some have mercy with fear, hating even the garment spotted by the flesh. Now to him who is able to keep you from falling and to present you without blemish before the presence of his glory with rejoicing, to the only God, our Savior through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time and now and for ever. Amen. [RSV]

Alleluia. Mode 1. Psalm 88.

Alleluia. Alleluia. Alleluia.

Verse 1: *The heavens shall confess Your wonders, O Lord.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *God is glorified in the counsel of saints.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

Cheesefare Thursday

The reading is from the Holy Gospel according to Luke.

23:1-31, 33, 44-56

At that time, the chief priests, the scribes, and elders of the people brought Jesus before Pilate. And they began to accuse him, saying, "We found this man perverting our nation, and forbidding us to give tribute to Caesar, and saying that he himself is Christ a king."

And Pilate asked him, "Are you the King of the Jews?" And he answered him, "You have said so." And Pilate said to the chief priests and the multitudes, "I find no crime in this man." But they were urgent, saying, "He stirs up the people, teaching throughout all Judea, from Galilee even to this place." When Pilate heard this, he asked whether the man was a Galilean. And when he learned that he belonged to Herod's jurisdiction, he sent him over to Herod, who was himself in Jerusalem at that time. When Herod saw Jesus, he was very glad, for he had long desired to see him, because he had heard about him, and he was hoping to see some sign done by him. So he questioned him at some length; but he made no answer. The chief priests and the scribes stood by, vehemently accusing him. And Herod with his soldiers treated him with contempt and mocked him; then, arraying him in gorgeous apparel, he sent him back to Pilate. And Herod and Pilate became friends with each other that very day, for before this they had been at enmity with each other. Pilate then called together the chief priests and the rulers and the people, and said to them, "You brought me this man as one who was perverting the people; and after examining him before you, behold, I did not find this man guilty of any of your charges against him; neither did Herod, for he sent him back to us. Behold, nothing deserving death has been done by him; I will therefore chastise him and release him." But they all cried out together, "Away with this man, and release to us Barabbas"—a man who had been thrown into prison for an insurrection started in the city, and for murder. Pilate addressed

them once more, desiring to release Jesus; but they shouted out, "Crucify, crucify him!" A third time he said to them, "Why, what evil has he done? I have found in him no crime deserving death; I will therefore chastise him and release him." But they were urgent, demanding with loud cries that he should be crucified. And their voices prevailed. So Pilate gave sentence that their demand should be granted. He released the man who had been thrown into prison for insurrection and murder, whom they asked for; but Jesus he delivered up to their will. And as they led him away, they seized one Simon of Cyrene, who was coming in from the country, and laid on him the cross, to carry it behind Jesus. And there followed him a great multitude of the people, and of women who bewailed and lamented him. But Jesus turning to them said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children. For behold, the days are coming when they will say, 'Blessed are the barren, and the wombs that never bore, and the breasts that never gave suck!' Then they will begin to say to the mountains, 'Fall on us'; and to the hills, 'Cover us.' For if they do this when the wood is green, what will happen when it is dry?" And when they came to the place which is called The Skull, there they crucified him, and the criminals, one on the right and one on the left. It was now about the sixth hour, and there was darkness over the whole land until the ninth hour, while the sun's light failed; and the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said, "Father, into your hands I commit my spirit!" And having said this he

breathed his last. Now when the centurion saw what had taken place, he praised God, and said, "Certainly this man was innocent!" And all the multitudes who assembled to see the sight, when they saw what had taken place, returned home beating their breasts. And all his acquaintances and the women who had followed him from Galilee stood at a distance and saw these things. Now there was a man named Joseph from the Jewish town of Arimathea. He was a member of the council, a good and righteous man, who had not consented to their purpose and deed, and he was looking for the kingdom of God. This man went to Pilate and asked for the body of Jesus. Then he took it down and wrapped it in a linen shroud, and laid him in a rock hewn tomb, where no one had ever yet been laid. It was the day of Preparation, and the sabbath was beginning. The women who had come with him from Galilee followed, and saw the tomb, and how his body was laid; then they returned, and prepared spices and ointments. On the sabbath they rested according to the commandment. [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 18.

Their proclamation went forth into all the earth, and their words to the ends of the world. Alleluia. [SAAS]

Hymn after Holy Communion.

Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Dairy: Dairy, eggs, fish, oil and wine are allowed.

Refrain from meat.

It is the third week of the Triodion.