

Menaion - July 1

Memory of the Holy Unmercenaries
Kosmas and Damian of Rome

LITURGY

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Antiphon I. Mode 2.

Verse 1: *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us. [GOA]

Verse 2: *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Verse 3: *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the
Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

*Both now and ever and to the ages of ages.
Amen.*

Through the intercessions of the
Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, Who are wondrous
in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, Who are wondrous
in Your saints. We sing to You, Alleluia.

Verse 3: *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, Who are wondrous
in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

*Both now and ever and to the ages of ages.
Amen.*

Only begotten Son and Logos of God,
being immortal, You condescended for
our salvation to take flesh from the holy
Theotokos and ever-virgin Mary and, without
change, became man. Christ, our God, You
were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with
the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion.

Mode pl. 4.

From Menaion - - -

Holy Unmercenaries and Wonder-
workers, visit our infirmities. Freely you
received; freely give to us. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode pl. 2.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Canon for the Saints.

Ode iii. Mode pl. 2. N/M (O Lord my God.)

From Menaion - - -

Blessed are the merciful, for they shall obtain mercy. [RSV]

The world praises your many benefactions and fullness of wonders, every day, O Saints, wonder-working healers who stand together with the angels. [VPA]

Blessed are the pure in heart, for they shall see God. [RSV]

We ask you, pair of bright stars who are mystically in the height of the Church, Cosmas and Damian, to ever illumine the hearts of all.

[VPA]

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

Behold, people from everywhere are gathered in your temple to hymn your most great gifts; fulfill the requests of all. [VPA]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Theotokion.

Pure holy Lady having given a body by a word to the Word who is beyond holy, deliver me from senseless passions, as I piously hymn you with divine words. [VPA]

Canon for the Saints.

From Menaion - - -

Ode vi. Mode pl. 2. N/M (Perceiving the open sea.)

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

Dwelling in joy in the heavens, unmercenaries, hasten to be at hand in your holy temple and drive out the illnesses of our bodies and the passions of our hearts. [VPA]

Rejoice and be glad, for your reward is great in heaven. [RSV]

Being fittingly robed in divine beauty as a pair of holy ones, as we are naked of virtues, dress us in a manner inspired by God and make us naked of the dishonor of the passions. [VPA]

Glory.

You were seen as saviors of the whole world, wearing wonders as adornment. Thus, deliver us from the harm of world, and the dishonor of passions and from destruction, holy ones. [VPA]

Both now. **Theotokion.**

Not burning your womb, though being
fire, Jesus comes from you in the flesh.

Importune him, pure one that those who with
faith hymn you be delivered from the fire and
all destruction. [VPA]

Entrance Hymn. Mode 2.

Come, let us worship and bow down
before Christ. Save us, O Son of God, Who
are wondrous in Your saints. We sing to You,
Alleluia. [GOA]

Hymns After the Small Entrance. Apolytikion.

From Menaion - - -

Mode pl. 4.

Holy Unmercenaries and Wonder-
workers, visit our infirmities. Freely you
received; freely give to us. [SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local
church goes here.)

Kontakion. Mode 2.

O Protection of Christians that never fails,
intercession with the Creator that never fails,
we sinners beg you, do not ignore the voices
of our prayers. O good Lady, we implore
you, quickly come unto our aid, when we cry
out to you with faith. Hurry to intercession,
and hasten to supplication, O Theotokos who
protect now and ever those who honor you. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3) [GOA]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Saints.

Prokeimenon. Mode 4. Psalm 15.

To the saints on His earth, in them He
magnified all His will. [SAAS]

Verse: *I saw the Lord always before me.* [SAAS]

The reading is from Paul's First Letter to
the Corinthians.

1 Cor. 12:27-31; 13:1-8

Brethren, you are the body of Christ and
individually members of it. And God has
appointed in the church first apostles, second
prophets, third teachers, then workers of
miracles, then healers, helpers, administrators,
speakers in various kinds of tongues. Are all
apostles? Are all prophets? Are all teachers?
Do all work miracles? Do all possess gifts of
healing? Do all speak with tongues? Do all
interpret? But earnestly desire the higher gifts.
And I will show you a still more excellent
way. If I speak in the tongues of men and of
angels, but have not love, I am a noisy gong
or a clanging cymbal. And if I have prophetic
powers, and understand all mysteries and
all knowledge, and if I have all faith, so as
to remove mountains, but have not love, I
am nothing. If I give away all I have, and if
I deliver my body to be burned, but have
not love, I gain nothing. Love is patient and
kind; love is not jealous or boastful; it is not
arrogant or rude. Love does not insist on its
own way; it is not irritable or resentful; it does
not rejoice at wrong but rejoices in the right.
Love bears all things, believes all things, hopes
all things, endures all things. Love never ends.

[RSV]

Alleluia. Mode 1. Psalm 132.

Alleluia. Alleluia. Alleluia.

Verse 1: *Behold now, what is so good or so pleasant as for brothers to dwell together in unity?*

[SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *For there the Lord commanded the blessing and life forever.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

For the Saints.

The reading is from the Holy Gospel according to Matthew.

Mt. 10:1, 5-8

At that time, Jesus called to him his twelve disciples and gave them authority over unclean spirits, to cast them out, and to heal every disease and every infirmity. These twelve Jesus sent out, charging them, "Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. And preach as you go, saying, 'The kingdom of heaven is at hand.' Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without paying, give without pay." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 111/112.

The righteous will be remembered for ever. Alleluia. [RSV]

Hymn after Holy Communion.

Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, the holy and glorious Unmercenaries Kosmas and Damian, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fast Free: All foods allowed.