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The Service of Matins

for Friday, January 18, 2019

Menaion - January 18 Memory of Saints Athanasius and Cyril, Patriarchs of Alexandria Katavasias of the Meeting

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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Μηναῖον - ΤΗι ΙΗ' ΙΑΝΟΥΑΡΙΟΥ

Μνήμη τῶν ἐν Ἁγίοις Πατέρων ήμῶν, καὶ μεγάλων Ἀρχιεπισκόπων Ἀλεξανδρείας, Ἀθανασίου καὶ Κυρίλλου

ΟΡΘΡΟΣ

ΧΟΡΟΣ

Ήχος γ'.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν. Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

Στίχ. α'. Έξομολογεῖσθε τῷ Κυρίῳ καὶ ἐπικαλεῖσθε τὸ ὄνομα τὸ ἄγιον αὐτοῦ.

ἤ· Έξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός,ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.

Στίχ. β'. Πάντα τὰ ἔθνη ἐκύκλωσάν με, καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ'. Παρὰ Κυρίου ἐγένετο αὕτη καὶ ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Άπολυτίκιον.

Τοῦ Μηναίου - -

Ήχος γ'. Θείας πίστεως.

Έργοις λάμψαντες Ὀρθοδοξίας, πᾶσαν σβέσαντες κακοδοξίαν, νικηταὶ τροπαιοφόροι γεγόνατε· τῆ εὐσεβεία τὰ πάντα πλουτίσαντες, τὴν Ἐκκλησίαν μεγάλως κοσμήσαντες, ἀξίως εὕρατε Χριστὸν τὸν Θεὸν εὐχαῖς ὑμῶν, δωρούμενον πᾶσι τὸ μέγα ἔλεος.

Δόξα. Τὸ αὐτό.

Έργοις λάμψαντες Όρθοδοξίας, πᾶσαν σβέσαντες κακοδοξίαν, νικηταὶ τροπαιοφόροι γεγόνατε· τῆ εὐσεβεία τὰ πάντα πλουτίσαντες, τὴν Ἐκκλησίαν μεγάλως κοσμήσαντες, ἀξίως εὕρατε

Menaion - January 18

Memory of our Fathers among the saints, Athanasius and Cyril, Patriarchs of Alexandria

MATINS

CHOIR

Mode 3.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: *Give thanks to the Lord and call upon His name.*

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: All the nations surrounded me, but in the name of the Lord I defended myself against them.

Verse 3: And this came about from the Lord, and it is wonderful in our eyes.

Apolytikion.

From Menaion - -

Mode 3. Your confession.

Having shone with deeds of Orthodoxy * and extinguished all impious doctrines, * you have rightly won the trophies and victory. * Since you enriched all the world with correct belief, * greatly adorning the Church with your words and deeds, * you therefore have worthily found Christ God, * who by your prayers grants to all the great mercy.

Glory. Repeat.

Having shone with deeds of Orthodoxy * and extinguished all impious doctrines, * you have rightly won the trophies and victory. * Since you enriched all the world with correct belief, * greatly adorning the Church with your words and deeds, * you therefore have

Χριστὸν τὸν Θεὸν εὐχαῖς ὑμῶν, δωρούμενον πᾶσι τὸ μέγα ἔλεος.

Τῆς Ὀκτωήχου - -

Καὶ νῦν. Θεοτοκίον.

Ήχος γ'.

Σὲ τὴν μεσιτεύσασαν τὴν σωτηρίαν τοῦ γένους ἡμῶν, ἀνυμνοῦμεν Θεοτόκε Παρθένε· ἐν τῆ σαρκὶ γὰρ τῆ ἐκ σοῦ προσληφθείση, ὁ Υίός σου καὶ Θεὸς ἡμῶν τὸ διὰ Σταυροῦ καταδεξάμενος πάθος, ἐλυτρώσατο ἡμᾶς, ἐκ φθορᾶς ὡς φιλάνθρωπος.

ΙΕΡΕΥΣ

Έτι καὶ ἔτι ἐν εἰοήνη τοῦ Κυοίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ότι σὸν τὸ κράτος καὶ σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υίοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Κάθισμα Α'.

Τοῦ Μηναίου - - -

Ήχος πλ. α΄. Τὸν συνάναρχον Λόγον.

Τὸν λειμῶνα τῶν λόγων τῶν θεοπνεύστων Γοαφῶν, τὸν ἡμᾶς ὁδηγοῦντα πρὸς τὴν εὐσέβειαν, τὸν τοὺς ποικίλους worthily found Christ God, * who by your prayers grants to all the great mercy. [5D]

From Octoechos - - -

Both now. **Theotokion. Mode 3.**

Unto you who mediated the salvation of our race we sing praises, O Virgin Theotokos. For your Son and our God in the flesh that He assumed from you accepted suffering by means of crucifixion and has thereby set us free from corruption, in His love for man. [5D]

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Kathisma I.

From Menaion - - -

Mode pl. 1. *Let us worship the Word.*

Let us worthily honor Saint Athanasius, * O believers, for we have been taught by him indeed. * He is the meadow of the words of

πειρασμοὺς ὑπομείναντα, Ἀθανάσιον πιστοί, ὡς διδαχθέντες ὑπ' αὐτοῦ, τιμήσωμεν κατὰ χρέος πρεσβεύει γὰρ τῷ Κυρίῳ, ἐλεηθῆναι τὰς ψυχὰς ἡμῶν.

Δ όξα· καὶ νῦν. Θεοτοκίον. Ήχος $\pi \lambda$. α' .

Χαῖφε πύλη Κυφίου ἡ ἀδιόδευτος, χαῖφε τεῖχος καὶ σκέπη τῶν πφοστφεχόντων εἰς σέ, χαῖφε ἀχείμαστε λιμὴν καὶ Ἀπειφόγαμε, ἡ τεκοῦσα ἐν σαφκὶ τὸν Ποιητὴν σου καὶ Θεόν, πφεσβεύουσα μὴ ἐλλείπης, ὑπὲφ τῶν ἀνυμνούντων, καὶ πφοσκυνούντων τὸν Τόκον σου.

Κάθισμα Β'.

Τοῦ Μηναίου - - - * Ήχος γ'. Θείας πίστεως.

Θεῖον ἔδρασμα τῆς Ἐκκλησίας, Πάτερ Κύριλλε, σὺ ἀνεδείχθης· τὴν δωδεκάδα ἐκθεὶς γὰρ τῶν λόγων σου, τὴν Νεστορίου κακόνοιαν ἤλεγξας, καὶ Θεοτόκον κυρίως ἐτράνωσας. Ἡτόρων ἔξαρχε, Χριστὸν τὸν Θεὸν ἱκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα ἔλεος.

Δόξα καὶ νῦν. Θεοτοκίον. Ήχος γ' . Θείας πίστεως.

Θρόνος πάγχουσος τοῦ Βασιλέως, καὶ Παράδεισος διηνθισμένος, ἀνεδείχθης Θεοτόκε πανάχραντε· τὸν γὰρ Θεὸν ἐν γαστρί σου βαστάσασα, εὐωδιάζεις ἡμᾶς θείαις χάρισιν· ὅθεν ἄπαντες, Θεοῦ ἀληθῶς Μητέρα σε, κηρύττομεν ἀεὶ καὶ μεγαλύνομεν.

the divinely inspired * holy Scriptures, and he leads us to the Orthodox Faith. * And he endured many trials. * And now he intercedes with the Master * to have mercy on our souls.

Glory. Both now. **Theotokion. Mode pl. 1.**

O impassable gateway of God the Lord, rejoice. * Wall and shelter of those who in you take refuge, rejoice. * Stormless haven, rejoice, O Maid who knew not man * and yet physically gave birth to your Creator and God. * Never cease interceding * on behalf of those extolling and worshiping the Son you bore.

Kathisma II.

From Menaion - - - Mode 3 Your confession

Mode 3. Your confession.

You were shown to be the Church's pillar * and divine support, O Father Cyril. * And when you published your Twelve Chapters you reproved * the wrong intent and ill-will of Nestorius, * and you proclaimed the Virgin "Theotokos" literally. * Foremost orator, pray now to Christ our God, * entreating Him to grant us His great mercy. [5D]

Glory. Both now. **Theotokion. Mode 3.** *Your confession.*

You were shown to be the wholly golden * throne of Christ the King, and holy Garden * full of flowers, all-immaculate Mother of God. * For like a fragrance you shower us with gifts divine, * O Theotokos, since in your womb you carried God. * Therefore we proclaim that you, Virgin Mary, are indeed * the Mother of our God, and we magnify you.

Κάθισμα Γ'.

Τοῦ Μηναίου - - -

Ἡχος α΄. Τὸν τάφον σου Σωτήρ.

Τοιάδος τῆς σεπτῆς, Ἀθανάσιον ὕμνοις, καὶ Κύοιλλον ὁμοῦ ἐπαινέσωμεν πάντες, τοὺς θείους θεράποντας, καὶ προμάχους τῆς πίστεως, τοὺς τοῖς βάθεσι, τῶν εὐσεβῶν νοημάτων, στρατὸν ἔκφρονα, Αἰρετικῶν ἀπειθούντων, ἀξίως βυθίσαντας.

Δόξα· καὶ νῦν. <mark>Θεοτοκίον.</mark> ^{*}**Ηχος α΄.** Τὸν τάφον σου Σωτήρ.

Μαρία τὸ σεπτόν, τοῦ Δεσπότου δοχεῖον, ἀνάστησον ἡμᾶς, πεπτωκότας εἰς χάος, δεινῆς ἀπογνώσεως, καὶ πταισμάτων καὶ θλίψεων. Σὰ γὰρ πέφυκας, ἁμαρτωλῶν σωτηρία, καὶ βοήθεια, καὶ κραταιὰ προστασία, καὶ σώζεις τοὺς δούλους σου.

ΔΙΑΚΟΝΟΣ

Έτι καὶ ἔτι ἐν εἰοήνη τοῦ Κυοίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχοάντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ότι ηὐλόγηταί σου τὸ ὄνομα, καὶ δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ

Kathisma III.

From Menaion - - -

Mode 1. *The soldiers keeping watch.*

Let all of us extol Athanasius and Cyril
* with worthy hymns of praise, as divine
faithful servants * of the Holy Trinity and
as champions of the Faith. * In the depths
of their correct and pious perceptions * they
prodigiously submerged the gibbering army *
of obstinate heretics. [5D]

Glory. Both now. **Theotokion. Mode 1.** *The soldiers keeping watch.*

O Mary, who became the Master's hallowed vessel, * now raise us up, for we have fallen into the chasm * of awful despondency, and transgressions and suffering. * For you have indeed become salvation for sinners, * and their help in need and their prevailing protection; * and you save your servants. [5D]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For blessed is your name, and glorified is your kingdom, of the Father and the Son and

τοῦ Υίοῦ καὶ τοῦ Άγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Άμήν.)

ΧΟΡΟΣ

Αντίφωνον Α'. Ήχος δ'.

Ἐκ νεότητός μου πολλὰ πολεμεῖ με πάθη, ἀλλ' αὐτὸς ἀντιλαβοῦ, καὶ σῶσον Σωτήο μου. (δίς)

Οἱ μισοῦντες Σιών, αἰσχύνθητε ἀπὸ τοῦ Κυρίου· ὡς χόρτος γάρ, πυρὶ ἔσεσθε ἀπεξηραμμένοι. (δίς)

Δόξα.

Άγίω Πνεύματι πᾶσα ψυχὴ ζωοῦται, καὶ καθάρσει ύψοῦται λαμπρύνεται, τῆ τριαδικῆ Μονάδι ἱεροκρυφίως.

Καὶ νῦν.

Άγίω Πνεύματι, ἀναβλύζει τὰ τῆς χάριτος ὁεῖθρα, ἀρδεύοντα, ἄπασαν τὴν κτίσιν πρὸς ζωογονίαν.

Ποοκείμενον. Ψαλμοί 131, 48.

Οἱ ἱερεῖς σου, Κύριε, ἐνδύσονται δικαιοσύνην, καὶ οἱ ὅσιοί σου ἀγαλλιάσει ἀγαλλιάσονται. (δίς)

Στίχ. Τὸ στόμα μου λαλήσει σοφίαν καὶ ή μελέτη τῆς καρδίας μου σύνεσιν.

Οἱ ἱερεῖς σου, Κύριε, ἐνδύσονται δικαιοσύνην, καὶ οἱ ὅσιοί σου ἀγαλλιάσει ἀγαλλιάσονται.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Antiphon I. Mode 4.

Since my youth have many passions waged war against me. O my Savior, nonetheless help me and save me. (2)

You, the haters of Zion, be put to shame by the Lord, for like thatch in fire you will be completely dried up. (2) [SD]

Glory.

From the Holy Spirit every soul receives life, and through cleansing is lifted and brightened, in a hidden, sacred manner, by the trinal Monad. [5D]

Both now.

From the Holy Spirit do the streams of grace well forth; they irrigate everything created, so that life be engendered. [5D]

Prokeimenon. Psalms 131, 48.

O Lord, Your priests shall clothe themselves in righteousness; Your saints shall greatly rejoice. (2)

Verse: My mouth shall speak wisdom, and the meditation of my heart, understanding.

O Lord, Your priests shall clothe themselves in righteousness; Your saints shall greatly rejoice. [SAAS]

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

ΙΕΡΕΥΣ

Ότι Άγιος εἶ ὁ Θεὸς ἡμῶν, καὶ ἐν Άγίοις ἐπαναπαύη, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατοὶ καὶ τῷ Υἱῷ καὶ τῷ Άγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

Ήχος β'.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς) Αἰνεσάτω πνοή πᾶσα τὸν Κύριον.

ΔΙΑΚΟΝΟΣ

Καὶ ὑπέρ τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ άγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΔΙΑΚΟΝΟΣ

Σοφία. Όρθοί. Ακούσωμεν τοῦ άγίου Εὐαγγελίου.

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Ἰωάννην ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

ΔΙΑΚΟΝΟΣ

Πρόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΙΕΡΕΥΣ ($\dot{\alpha}\pi\dot{o}$ τῆς Ω ραίας $\pi\dot{v}\lambda\eta\varsigma$) (τ' 9-16)

Εἶπεν ὁ Κύριος· Ἐγώ εἰμι ἡ θύρα· δι' ἐμοῦ ἐάν τις εἰσέλθη σωθήσεται καὶ εἰσελεύσεται καὶ νομὴν εὑρήσει. Ὁ κλέπτης οὐκ ἔρχεται εἰ μὴ ἵνα κλέψη καὶ θύση καὶ ἀπολέση· ἐγὼ ἦλθον

PRIEST

For you are holy, our God, who rest among the Saints, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes. praise the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

DEACON

Wisdom. Arise. Let us hear the Holy Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

PRIEST

The reading is from the Holy Gospel according to John.

DEACON

Let us be attentive.

(Glory to You, O Lord. Glory to You.)

PRIEST (from the gate)

(10:9-16)

The Lord said, "I am the door; if any one enters by me, he will be saved, and will go in and out and find pasture. The thief comes only to steal and kill and destroy; I came that they may have life, and have it abundantly.

ίνα ζωὴν ἔχωσιν καὶ περισσὸν ἔχωσιν. Ἐγώ εἰμι ὁ ποιμὴν ὁ καλός· ὁ ποιμὴν ὁ καλός την ψυχην αὐτοῦ τίθησιν ὑπὲρ τῶν προβάτων ό μισθωτός καὶ οὐκ ὢν ποιμήν, οὖ οὐκ ἔστιν τὰ πρόβατα ἴδια, θεωρεῖ τὸν λύκον ἐρχόμενον καὶ ἀφίησιν τὰ πρόβατα καὶ φεύγει καὶ ὁ λύκος ἁοπάζει αὐτὰ καὶ σκορπίζει τὰ πρόβατα. Ὁ δὲ μισθωτὸς φεύγει ὅτι μισθωτός ἐστιν καὶ οὐ μέλει αὐτῷ περὶ τῶν προβάτων. Ἐγώ εἰμι ὁ ποιμήν ὁ καλός, καὶ γινώσκω τὰ ἐμὰ καὶ γινώσκομαι ύπὸ τῶν ἐμῶν, καθὼς γινώσκει με ὁ πατὴρ κἀγὼ γινώσκω τὸν πατέρα· καὶ τὴν ψυχήν μου τίθημι ὑπὲς τῶν προβάτων. Καὶ ἄλλα πρόβατα ἔχω ἃ οὐκ ἔστιν ἐκ τῆς αὐλῆς ταύτης κἀκεῖνα δεῖ με ἀγαγεῖν, καὶ τῆς φωνῆς μου ἀκούσουσιν, καὶ γενήσονται μία ποίμνη, εἶς ποιμήν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΑΝΑΓΝΩΣΤΗΣ

Ψαλμὸς Ν' (50).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου έξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου, καὶ απὸ τῆς ἁμαρτίας μου καθάρισόν με. Ότι τὴν ανομίαν μου έγω γινώσκω, καὶ ἡ άμαρτία μου ἐνώπιόν μού ἐστι διὰ παντός. Σοὶ μόνω ήμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ίδοὺ γὰο ἐν ἀνομίαις συνελήφθην, καὶ ἐν άμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἰδοὺ γὰο ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κούφια τῆς σοφίας σου ἐδήλωσάς μοι. Ραντιεῖς με ὑσσώπω, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι.

I am the good shepherd. The good shepherd lays down his life for the sheep. He who is a hireling and not a shepherd, whose own the sheep are not, sees the wolf coming and leaves the sheep and flees; and the wolf snatches them and scatters them. He flees because he is a hireling and cares nothing for the sheep. I am the good shepherd; I know my own and my own know me, as the Father knows me and I know the Father; and I lay down my life for the sheep. And I have other sheep, that are not of this fold; I must bring them also, and they will heed my voice. So there shall be one flock, one shepherd." [RSV]

(Glory to You, O Lord. Glory to You.)

READER

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You

Ακουτιεῖς μοι ἀγαλλίασιν καὶ εὐφοοσύνην άγαλλιάσονται ὀστέα τεταπεινωμένα. Απόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν άμαςτιῶν μου καὶ πάσας τὰς ἀνομίας μου έξάλειψον. Καρδίαν καθαράν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον έν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψης με ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά σου τὸ ἄγιον μὴ ἀντανέλης ἀπ' ἐμοῦ. Απόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ στήριξόν με. Διδάξω ἀνόμους τὰς ὁδούς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με έξ αίμάτων, ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χείλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ότι εὶ ἠθέλησας θυσίαν, ἔδωκα ἄν όλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετοιμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει. Ἀγάθυνον, Κύριε, ἐν τῆ εὐδοκία σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ίερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ όλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

Τοῦ Μηναίου - - -

ΧΟΡΟΣ

Δόξα. Ήχος β'.

Ταῖς τῶν Διδασκάλων ποεσβείαις, Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου ποεσβείαις, Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

From Menaion - - -

CHOIR

Glory. Mode 2.

At the intercession of the holy Teachers, O Lord of mercy, blot out my many offences. [5D]

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [5D]

Ίδιόμελον. Ήχος πλ. β'.

Στίχ. Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἐξεχύθη ἡ χάρις ἐν χείλεσιν ὑμῶν, Ὁσιοι Πατέρες καὶ γεγόνατε Ποιμένες τῆς τοῦ Χριστοῦ Ἐκκλησίας, διδάσκοντες τὰ λογικὰ πρόβατα, πιστεύειν εἰς Τριάδα ὁμοούσιον, ἐν μιᾳ θεότητι.

ΔΙΑΚΟΝΟΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ εὐλόγησον τὴν κληφονομίαν σου· ἐπίσκεψαι τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς ύψωσον κέρας Χριστιανῶν ο ο θοδόξων καὶ κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ πλούσια· πρεσβείαις τῆς παναχράντου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων, ἱκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου Προδρόμου καὶ Βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Ἀποστόλων, τῶν ἐν ἁγίοις Πατέρων ἡμῶν μεγάλων Ίεραρχῶν καὶ οἰκουμενικῶν Διδασκάλων, Βασιλείου τοῦ Μεγάλου, Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ Χουσοστόμου, Ίωάννου τοῦ Ἐλεήμονος Πατριάρχου Άλεξανδρίας Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν· τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος, Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων Χαραλάμπους καὶ Ἐλευθερίου, τῆς άγίας ἐνδόξου Μεγαλομάρτυρος καὶ πανευφήμου Εὐφημίας τῶν ἁγίων ἐνδόξων

Idiomelon. Mode pl. 2.

Verse: Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. [SAAS]

Grace was poured upon your lips, O devout Fathers, and you became shepherds of the Church of Christ, teaching the reasonable sheep to believe in the Trinity, coessential, in one Divinity. [SD]

DEACON

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, John the Merciful, patriarch of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint);

Μαρτύρων Θέκλας, Βαρβάρας, Άναστασίας, Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευῆς καὶ Εἰρήνης τῶν ὁσίων καὶ Θεοφόρων Πατέρων ἡμῶν (τοῦ Άγίου τοῦ Ναοῦ) τῶν ἀγίων καὶ δικαίων Θεοπατόρων Ἰωακεὶμ καὶ ἄννης, τῶν ἐν Άγίοις Πατέρων ἡμῶν καὶ μεγάλων ἄρχιεπισκόπων Αλεξανδρείας, Ἀθανασίου καὶ Κυρίλλου, ὧν καὶ τὴν μνήμην ἐπιτελοῦμεν καὶ πάντων σου τῶν Άγίων. Ἱκετεύομέν σε, μόνε πολυέλεε Κύριε, ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν δεομένων σου καὶ ἐλέησον ἡμᾶς.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιομοῖς καὶ φιλανθοωπία τοῦ μονογενοῦς σου Υίοῦ, μεθ' οὖ εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Τοῦ Μηναίου - - -

ΑΝΑΓΝΩΣΤΗΣ

Κοντάκιον.

Ήχος δ΄. Ἐπεφάνης σήμερον.

Ίε ο άρχαι μέγιστοι τῆς εὐσεβείας, καὶ γενναῖοι πρόμαχοι, τῆς Ἐκκλησίας τοῦ Χριστοῦ, πάντας φρουρεῖτε τοὺς μέλποντας. Σῶσον Οἰκτίρμον, τοὺς πίστει τιμῶντάς σε.

Ό Οἶκος.

Άκαταλήπτω σου χειφί, καὶ σθένει ἀποὀὁήτω, τὴν σὴν νῦν Ἐκκλησίαν οὐφανώσας Οἰκτίφμον, ἔδειξας ὄντως φαεινοὺς τοὺς δύω φωστῆφας, μεγίστους τε καὶ τεφπνούς, τὸν κόσμον καταυγάζοντας, σὺν Ἀθανασίω τῷ πανσόφω, Κύφιλλον τὸν θεῖον. Ταῖς αὐτῶν οὖν ἱκεσίαις, ἐξάφας τὴν νύκτα, ἐχθοῶν πᾶσαν ἀχλὺν διάλυσον

the holy and righteous ancestors of God Joachim and Anna, and our Fathers among the saints, Athanasius and Cyril, Patriarchs of Alexandria, whose memory we celebrate; and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

From Menaion - - -

READER

Kontakion.

Mode 4. You appeared today.

Great and noble Hierarchs of Orthodoxy and courageous champions of the all-holy Church of Christ, watch over all those who sing to Him, "Save us, O Good One, who faithfully honor You." [5D]

Oikos.

With Your incomprehensible hand and Your ineffable might, now making the Church heavenly, You showed the two lights, grand and resplendent, indeed to be bright, illumining the world, the all-wise Athanasios and Cyril the divine. So at their entreaty, lift the darkness and dispel all the enemies' gloom, O Savior, and illumine the multitude

Σῶτες, καὶ φωτὶ τῷ φρικτῷ τῶν πιστῶν τὰ πλήθη καταύγασον, πρὸς τὸ κράζειν καὶ βοᾶν σοι Σῶσον Οἰκτίρμον, τοὺς πίστει τιμῶντάς σε.

Συναξάριον.

Τοῦ Μηναίου.

Τῆ ΙΗ΄ τοῦ αὐτοῦ μηνός, μνήμη τῶν ἐν Ἁγίοις Πατέρων ἡμῶν, Ἀθανασίου καὶ Κυρίλλου, Πατριαρχῶν Ἀλεξανδρείας.

Τῆ αὐτῆ ἡμέοα, μνήμη τῆς Άγίας Μάοτυρος Θεοδούλης.

Τῆ αὐτῆ ἡμέρα, ἡ Ἁγία Μάρτυς Ξένη πυρὶ τελειοῦται.

Ταῖς αὐτῶν ἁγίαις ποεσβείαις, ὁ Θεός, ἐλέησον ἡμᾶς. Ἀμήν.

ΧΟΡΟΣ

Καταβασίαι τῆς Ύπαπαντῆς ὑΩιδὴ α'. Ἡχος γ'.

Χέρσον ἀβυσσοτόκον πέδον ἥλιος, ἐπεπόλευσε ποτέ· ώσεὶ τεῖχος γὰρ ἐπάγη, ἑκατέρωθεν ὕδωρ, λαῷ πεζοποντοποροῦντι, καὶ θεαρέστως μέλποντι. Ἄισωμεν τῷ Κυρίω· ἐνδόξως γὰρ δεδόξασται.

Ω ιδ $\dot{\eta}$ γ' .

Τὸ στεφέωμα, τῶν ἐπὶ σοὶ πεποιθότων, στεφέωσον Κύφιε τὴν Ἐκκλησίαν, ἢν ἐκτήσω, τῷ τιμίῳ σου αἵματι.

Ω ιδή δ'.

Ἐκάλυψεν οὐρανούς, ἡ ἀρετή σου Χριστέ· τῆς κιβωτοῦ γὰρ προελθών,τοῦ άγιάσματός σου, τῆς ἀφθόρου Μητρός, ἐν τῷ ναῷ τῆς δόξης σοῦ, ὤφθης ώς βρέφος,

of believers with Your awesome light, so that they cry and shout to You; "Save us, O Good One, who faithfully honor You." [SD]

Synaxarion.

From the Menaion.

On January 18, we commemorate our fathers among the saints Athanasios and Cyril, Patriarchs of Alexandria.

On this day we also commemorate the holy Martyr Theodoula.

On this day the holy Martyr Xenia died by fire.

By their holy intercessions, O God, have mercy on us. Amen.

CHOIR

Katavasias of the Meeting Ode i. Mode 3.

Once did the sun look down upon the surface of the dry abysm-bearing plain; * for the water like a wall on either side was congealed, * for a people walking crossed the sea, making God-appealing melody. * Sing to the Lord for He has been gloriously glorified.

Ode iii.

As the firm support of those who hope in You firmly, * O Lord, now confirm the Church that You established, * which You purchased for yourself with Your precious Blood. [5D]

Ode iv.

The heavens were covered by Your virtue, O Christ. * For coming forth from the Ark of Your holiness, Your Mother who sustained no corruption, * You appeared today in Your glorious Temple, as an infant held in arms. *

ἀγκαλοφοφούμενος, καὶ ἐπληφώθη τὰ πάντα τῆς σῆς αἰνέσεως.

$\Omega \iota \delta \dot{\eta} \epsilon'$.

Ώς εἶδεν Ἡσαΐας συμβολικῶς, ἐν θοόνω ἐπηομένω Θεόν, ὑπ' Ἁγγέλων δόξης δοουφοοούμενον, ὢ τάλας! ἐβόα, ἐγώ, ποὸ γὰο εἶδον σωματούμενον Θεόν, φωτὸς ἀνεσπέρου, καὶ εἰρήνης δεσπόζοντα.

'Ωιδή ζ'.

Ἐβόησέ σοι, ἰδὼν ὁ Ποέσβυς, τοῖς ὀφθαλμοῖς τὸ σωτήριον, ὁ λαοῖς ἐπέστη. Ἐκ Θεοῦ Χοιστὲ σὺ Θεός μου.

'Ωιδή ζ'.

Σὲ τὸν ἐν πυρὶ δροσίσαντα, Παῖδας θεολογήσαντας, καὶ Παρθένω, ἀκηράτω, ἐνοικήσαντα, Θεὸν Λόγον ὑμνοῦμεν, εὐσεβῶς μελωδοῦντες Εὐλογητὸς ὁ Θεός, ὁ τῶν Πατέρων ἡμῶν.

'Ωιδή η'.

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν τὸν Κύριον.

Άστέκτω πυρὶ ἑνωθέντες, οἱ θεοσεβείας προεστῶτες Νεανίαι, τῆ φλογὶ δὲ μὴ λωβηθέντες, θεῖον ὕμνον ἔμελπον. Εὐλογεῖτε πάντα τὰ ἔργα τὸν Κύριον, καὶ ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

And the entire creation was filled with Your praise. [SD]

Ode v.

Isaiah once symbolically saw God * seated on an elevated throne * with a host of glorious Angels standing with Him. * He cried, "Woe is me; I am lost! * With my eyes I have foreseen incarnate God, * and He is the Master of never-setting light and peace." [5D]

Ode vi.

The Elder cried out * when with his own eyes * he clearly saw Your salvation, O Lord, * which is for all peoples,* "God from God are You, Christ my Savior." [5D]

Ode vii.

In the fire You refreshed with dew the three Youths as they theologized; * and You dwelt within the Virgin who was undefiled. * God the Logos, we hymn You, * and we chant devoutly, * saying, "Blessed are You, the God of our Fathers."

Ode viii.

We praise and we bless and we worship the Lord.

The Youths, being piety's defenders, * as if joining battle with the unbearable fire, * and uninjured by the flame, sang a divine hymn exultantly, * "All you works of the Lord, bless the Lord, * and exalt supremely unto all the ages." [SD]

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

ΧΟΡΟΣ

'Ωιδὴ θ'. Μεγαλυνάριον. Ἡχος γ'.

Στίχ. Μεγαλύνει ή ψυχή μου τὸν Κύριον, καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ότι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ ἰδού γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ότι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός, καὶ ἄγιον τὸ ὄνομα αὐτοῦ, καί το ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεὰν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ, διεσκόρπισεν ὑπερηφάνους διανοία καρδίας αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

CHOIR

Ode ix. Megalynarion. Mode 3.

Verse: My soul magnifies the Lord, and my spirit rejoices in God my Savior. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: For he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: For he who is mighty has done great things for me, and holy is his name. And his mercy is on those who fear him from generation to generation. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: He has shown strength with his arm, he has scattered the proud in the imagination of their hearts. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων, καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Άντελάβετο Ίσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ ἄβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

'Ωιδή θ'. Καταβασία. Ἡχος γ'.

Θεοτόκε ή ἐλπίς, πάντων τῶν Χριστιανῶν, σκέπε φρούρει φύλαττε, τοὺς ἐλπίζοντας εἰς σέ.

Έν νόμου σκιᾶ καὶ γράμματι, τύπον κατίδωμεν οἱ πιστοί, πᾶν ἄρσεν τὸ τὴν μήτραν διανοῖγον, ἄγιον Θεῷ· διὸ πρωτότοκον Λόγον, Πατρὸς ἀνάρχου Υἱόν, πρωτοτοκούμενον Μητρί, ἀπειράνδρῳ, μεγαλύνομεν.

ΔΙΑΚΟΝΟΣ

Έτι καὶ ἔτι ἐν εἰρήνη τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Verse: He has put down the mighty from their thrones, and exalted those of low degree; he has filled the hungry with good things, and the rich he has sent empty away. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Verse: He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his posterity for ever.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

Ode ix. Katavasia. Mode 3.

Theotokos, as the hope * of us Christians, one and all, * guard and shelter and protect * those who put their hope in you.

O believers, come let us perceive * a type in the law, and the shadow and the letter. * Every male that opens the womb shall be holy to God. * So the unoriginate Father's firstborn Logos and Son, * who is the firstborn of the Mother who knew not man, we magnify. [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ότι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰωνων.

(Άμήν.)

ΧΟΡΟΣ

Έξαποστειλάριον.

Τοῦ Μηναίου - -

ဪ Τοῖς Μαθηταῖς συνέλθωμεν.

Τῆς ὑπερθέου πάνσοφοι, ἀνεδείχθητε μύσται, Τριάδος καὶ ὑπέρμαχοι, Ἀθανάσιε μάκαρ, καὶ Κύριλλε θεοφάντορ, Ἄρειον καθελόντες, καὶ σὺν αὐτῷ Σαβέλλιον, καὶ Νεστόριον αὖθις, τὸν δυσσεβῆ, καὶ σὺν τούτοις ἄπασαν ἄλλην πλάνην, τῶν δυσσεβῶν αἰρέσεων, Ἱεράρχαι Κυρίου.

Θεοτοκίον.

*Ηχος β΄. Τοῖς Μαθηταῖς συνέλθωμεν.

Όρος Θεοῦ πανάγιον, καὶ λυχνίαν καὶ στάμνον, καὶ κιβωτὸν καὶ τράπεζαν, ἡάβδον τε καὶ πυρεῖον, καὶ θεῖον θρόνον καὶ πύλην, καὶ ναὸν καὶ παστάδα, ὑμνήσωμεν θεόφρονες, τὴν ἁγνὴν καὶ Παρθένον ἐξ ἦς Θεός, σαρκωθεὶς ἀτρέπτως, καὶ ὑπὲρ φύσιν, ἐθέωσε τὸ πρόσλημμα, ἀποὀἡτφ ἑνώσει.

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Exaposteilarion.

From Menaion - -

Mode 2. On the mountain.

O blessed Athanasios * and God-revealer Cyril, * you proved yourselves to be all-wise * mystics and mighty champions * of the most holy Trinity, * for you brought down impious * Arius and Sabellius * and Nestorius also in what he erred, * and along with them every other error * of the impious heresies, * O Hierarchs of the Master.

Theotokion.

Mode 2. On the mountain.

Let us with minds on God extol * the pure and holy Virgin. * She has become the antitype * of God's all-holy mountain, * the table, the Ark and lampstand * and the jar with the manna, * the rod, the holy throne and gate, * temple and bridal chamber. From her our God * immutably, past nature, became incarnate * and deified what He assumed, * through ineffable union.

Οἱ Αἶνοι. Ἡχος α'.

Πᾶσα πνοἡ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῶ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτὸν οἱ οὐφανοὶ τῶν οὐφανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐφανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Ότι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

Έστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦς, χάλαζα, χιών, κούσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, έρπετὰ καὶ πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ή ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐοανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

Ύμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραήλ, λαῷ ἐγγίζοντι αὐτῷ.

Άσατε τῷ Κυρίῳ ἄσμα καινόν, ἡ αἴνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Lauds. Mode 1.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Εὐφοανθήτω Ἰσοαὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιὼν ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χοοῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ.

Ότι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρίᾳ.

Καυχήσονται ὅσιοι ἐν δόξη καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάουγγι αὐτῶν, καὶ ὁομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμοὺς ἐν τοῖς λαοῖς.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τοῦ ποιῆσαι ἐν αὐτοῖς κοῖμα ἔγγραπτον δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Στιχηφά. Τῶν Άγίων.

Τοῦ Μηναίου - -

Ήχος α΄. Τῶν οὐρανίων ταγμάτων.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Δεῦτε φιλέοςτοι πάντες πανηγυςίσωμεν, τὴν μνήμην τῶν ἐνδόξων, Διδασκάλων τιμῶντες· ἐν Πνεύματι γὰς θείω καθεῖλον ὀφούν, ἀκαθέκτων αἱςέσεων· καὶ θεοφθόγγοις διδάγμασι τὴν Χοιστοῦ, Ἐκκλησίαν ὑπεστήριξαν.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρα.

Όρθοδοξίας ἀκτῖσι περιλαμπόμενοι, οἱ νοητοὶ ἀστέρες, ὑπερηύγασαν λόγοις ὁ μὲν γὰρ τὴν Ἀρείου θεοστυγῆ, γλωσσαλγίαν

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

To fulfill among them the written judgment: this glory have all His holy ones.

Praise God in His saints; praise Him in the firmament of His power.

Stichera. For the Saints.

From Menaion -

Mode 1. For the celestial orders.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Come, all you lovers of feast days, and let us celebrate * and honor thus the mem'ry of the glorious Teachers. * For in the Holy Spirit they brought down the pride * of intractable heresies; * and with the teachings they uttered inspired by God, * they both fortified the Church of Christ. [SD]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

As the noetical stars were being illumined themselves * with rays of Orthodoxy, they shone brightly through discourse. * The former silenced Arius' loquacity, * which was

ἐφίμωσεν· ὁ δὲ Νεστόριον αὖθις καὶ ἐμμανῆ, καταβέβληκε Σαβέλλιον.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Τὴν ἱερὰν ξυνωρίδα τῶν Διδασκάλων ἡμῶν, τοὺς ζηλωτὰς Κυρίου, εὐφημήσωμεν ὕμνοις, Κύριλλον τὸν θεῖον, φλόγα πυρός, καὶ στεὐρὸν Ἀθανάσιον ἐν οὐρανοῖς γάρ συνόντες ὑπὲρ ἡμῶν, τῷ Θεῷ ἀεὶ πρεσβεύουσι.

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Ταῖς ἱκεσίαις τῶν θείων Ἱεραρχῶν σου Χριστέ, ἐπίσκεψαι ἐξ ὕψους, ἐκλογάδα σου ποίμνην, ἐν μέσω νεμομένην λύκων δεινῶν, ὧν τὰ θράση κατάβαλε· οὐ γὰρ ἐπαύσατο ἔτι καὶ νῦν ἰδού, τῶν αἱρέσεων τὰ σκάνδαλα.

Δόξα.

Τοῦ Μηναίου - - -

$^{\circ}$ H χ o ς $\pi\lambda$. α' .

Δεῦτε φιλεόςτων τὸ σύστημα, δεῦτε τῶν Πιστῶν ἡ ὁμήγυςις, δεῦτε ὀςθοδόξων χοςεῖαι, ἄσμασιν ἐγκωμίων στέψωμεν, τὴν ἀεισέβαστον δυάδα τῶν Διδασκάλων ἡμῶν οὖτοι γὰς πάντα ζόφον κακίστης αἰςέσεως, πᾶσαν ἀπάτην τῶν δυσμενῶν, νεανικῶς καθελόντες, τῆ ἀηττήτω τοῦ Πνεύματος ἰσχύϊ, τὸν κόσμον κατηύγασαν, θεογνωσίας ἐλλάμψεσι καὶ νῦν πρεσβεύουσιν ὑπὲς ἡμῶν, τῶν ἐν πίστει τελούντων τὴν μνήμην αὐτῶν.

hateful to God above; * the latter struck down Nestorius and with him * all the ravings of Sabellius.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

That sacred duo of Teachers and zealots of the Lord, * let us with hymns extol now, O believers, and praise them: * Cyril that divine man, a flame of fire, * and the firm Athanasios. * They are in heaven together and evermore * intercede with God on our behalf.

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

O Christ, we pray You to visit this your selected flock, * which in the pasture grazes among wolves that are vicious. * Humble their audacity at the appeals * of Your two holy Hierarchs; * for You can see that the scandals of heresies * even now continue ceaselessly. [SD]

Glory.

From Menaion - - -

Mode pl. 1.

Come all, O company of feast-lovers, come, O congregation of Believers, come, O chorus of the Orthodox: and with songs of praise let us crown our Teachers, that evervenerable duo. They were the ones who vigorously brought down all the darkness of offensive heresy and all the deception of their opponents, by the invincible might of the Spirit, and they brightened the world with the illuminations of the knowledge of God. Now they intercede for us who in faith observe their memory. [SD]

Τῆς Ὀκτωήχου - - -

Καὶ νῦν. Θεοτοκίον.

Μακαρίζομέν σε Θεοτόκε Παρθένε, καὶ δοξάζομέν σε οἱ πιστοὶ κατὰ χρέος, τὴν πόλιν τὴν ἄσειστον, τὸ τεῖχος, τὸ ἄρρηκτον, τὴν ἀρραγῆ προστασίαν, καὶ καταφυγήν τῶν ψυχῶν ἡμῶν.

Ή Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

Υμνοῦμέν σε, εὐλογοῦμέν σε, ποοσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατρός, ὁ αἴρων τὴν ἁμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου.

Ποόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾳ τοῦ Πατοός, καὶ ἐλέησον ἡμᾶς.

Ότι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρός. Ἀμήν.

Καθ' ἑκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύοιε, ἐν τῆ ἡμέοᾳ ταύτη, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

From Octoechos - - -

Both now. Theotokion.

Now we call you blessed, O Virgin Theotokos, and we glorify you, duty-bound as believers; the city unshakable, the wall indestructible, the firm and steadfast protection, and the place of refuge for our souls.

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύοιε, δίδαξόν με τὰ δικαιώματά σου.

Κύοιε, καταφυγή ἐγενήθης ἡμῖν ἐν γενεᾳ̃ καὶ γενεᾳ̃. Ἐγὼ εἶπα· Κύοιε, ἐλέησόν με, ἴασαι τὴν ψυχήν μου, ὅτι ἥμαοτόν σοι.

Κύριε, πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Ότι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου ὀψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Άγιος ὁ Θεός, Άγιος Ἰσχυρός, Άγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατοί και Υίῷ και Άγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Άγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Άγιος ὁ Θεός, Άγιος Ἰσχυρός, Άγιος Άθάνατος, ἐλέησον ἡμᾶς. Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Άπολυτίκιον.

Τοῦ Μηναίου - - - ' Ηχος γ'. Θείας πίστεως.

Έργοις λάμψαντες Ὀρθοδοξίας, πᾶσαν σβέσαντες κακοδοξίαν, νικηταὶ τροπαιοφόροι γεγόνατε· τῆ εὐσεβεία τὰ πάντα πλουτίσαντες, τὴν Ἐκκλησίαν μεγάλως κοσμήσαντες, άξίως εὕρατε Χριστὸν τὸν Θεὸν εὐχαῖς ὑμῶν, δωρούμενον πᾶσι τὸ μέγα ἔλεος.

Apolytikion.

From Menaion - -

Mode 3. Your confession.

Having shone with deeds of Orthodoxy * and extinguished all impious doctrines, * you have rightly won the trophies and victory. * Since you enriched all the world with correct belief, * greatly adorning the Church with your words and deeds, * you therefore have worthily found Christ God, * who by your prayers grants to all the great mercy. [5D]