

Octoechos

Mode 1.

On Monday Morning

Menaion - January 21

Memory of our Devout Father Maximus the Confessor, and the Holy Martyr Neophytos.

LITURGY

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Antiphon I. Mode 2.

Verse 1: *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages.
Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints, we sing to You, Alleluia. [GOA]

Verse 2: *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints, we sing to You, Alleluia.

Verse 3: *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints, we sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages.
Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion. For the Devout Man.

Mode pl. 4.

Guide of Orthodoxy and a sacred teacher of piety and dignity, luminary of the world, and God-inspired jewel of monastics, O wise Maximus, the Spirit's instrument: by your teachings you enlightened all. Intercede with

Christ our God for the salvation of our souls.

[SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode 1.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Blessed are the merciful, for they shall obtain mercy. [RSV]

Blessed are the pure in heart, for they shall see God. [RSV]

Troparia.

From Octoechos - - -

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

By means of food the enemy of old * provoked Adam's banishment from Paradise. * But by the Cross Christ allowed * the repentant robber to return, * when he said: Remember me * when You come in Your kingdom, O Lord. [SD]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Give the spring of compunction unto me * in Your compassion, O Christ our God, * such that it cleanses all the filth * of my countless evils out of me. * and, O Benefactor, make * me a partner * in Your Kingdom to rule with You. [SD]

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

Your angelic orders we incite * to supplicate You, Christ, on our behalf. * Save us and pity us through them, * O exceedingly benevolent * Master, overlooking all * sins committed * knowingly and in ignorance. [SD]

Rejoice and be glad, for your reward is great in heaven. [RSV]

For the Martyrs.

In the rivers of your blood, O Saints, * you manifestly drowned the spiritual * Pharaoh, O Martyrs; whereas now * you pour out a stream of miracles, * thereby drying up the sea * of diseases. * Therefore do we call you blest. [SD]

Glory.

Come, let us bow in worship and extol, * all together singing doxologies * to God the Father and the Son * and the Holy Spirit faithfully, * crying out and saying: Save us, all-holy Trinity. [SD]

Both now. **Theotokion.**

As the one who bore the timeless Light, * ever illuminate and guide my soul * which is bedarkened through assaults * from the demons, O all-blameless Maid. * And by

means of your divine * mediations * free me
from the future fire. [SD]

Entrance Hymn. Mode 2.

Come, let us worship and bow down
before Christ. Save us, O Son of God, Who
are wondrous in Your saints, we sing to You,
Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion. For the Devout Man.
Mode pl. 4.**

Guide of Orthodoxy and a sacred teacher
of piety and dignity, luminary of the world,
and God-inspired jewel of monastics, O wise
Maximus, the Spirit's instrument: by your
teachings you enlightened all. Intercede with
Christ our God for the salvation of our souls.

[SD]

(Apolytikion of the Parish Church)

(The text of the Apolytikion of the local
church goes here.)

**Kontakion. For the Angels.
Mode 2.**

As God's Chief Commanders and
ministers of His divine glory, guides of
humanity and leaders of the Angels, pray for
what will benefit us and for great mercy, as
Chief Commanders of the Bodiless Hosts. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3) [GOA]

*Glory to the Father and the Son and the Holy
Spirit. Both now and ever and to the ages of ages.
Amen.*

Holy Immortal, have mercy on us.

The Epistle

For the Devout Man.

Prokeimenon. Grave Mode. Psalm 115.

Precious in the sight of the Lord is the
death of His holy one. [SAAS]

Verse: *What shall we give back to the Lord
for all He rendered to us?* [SAAS]

The reading is from Paul's Letter to the
Philippians.

(1:12-20)

Brethren, I want you to know that what
has happened to me has really served to
advance the gospel, so that it has become
known throughout the praetorian guard and
to all the rest that my imprisonment is for
Christ; and most of the brethren have been
made confident in the Lord because of my
imprisonment, and are much more bold to
speak the word of God without fear. Some
indeed preach Christ from envy and rivalry,
but others from good will. The latter do it out
of love, knowing that I am put here for the
defense of the gospel; the former proclaim
Christ out of partisanship, not sincerely but
thinking to afflict me in my imprisonment.
What then? Only that in every way, whether
in pretense or in truth, Christ is proclaimed;
and in that I rejoice. Yes, and I shall rejoice.
For I know that through your prayers and
the help of the Spirit of Jesus Christ this will
turn out for my deliverance, as it is my eager
expectation and hope. [RSV]

Alleluia. Mode 2. Psalm 148.

Alleluia. Alleluia. Alleluia.

Verse 1: *Praise the Lord from the heavens,
praise Him in the highest.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *Praise Him, all you His angels;
praise Him, all you His hosts.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

For the Devout Man.

The reading is from the Holy Gospel
according to Luke.

(12:8-12)

The Lord said to His disciples, "Every one who acknowledges me before men, the Son of Man also will acknowledge before the angels of God; but he who denies me before men will be denied before the angels of God. And every one who speaks a word against the Son of Man will be forgiven; but he who blasphemes against the Holy Spirit will not be forgiven. And when they bring you before the synagogues and the rulers and the authorities, do not be anxious how or what you are to answer or what you are to say; for the Holy Spirit will teach you in that very hour what you ought to say." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 103.

He makes His angels spirits and His ministers a flame of fire. Alleluia. [SAAS]

Hymn after Holy Communion.

Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, our devout and God-bearing father Maximus the Confessor, whose memory we observe; and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fast Free: All foods allowed.