

Menaion - December 5

Memory of St. Savas the Sanctified

LITURGY

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Antiphon I. Mode 2.

Verse 1: *Bless the Lord, O my soul, and everything within me, bless His holy name.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us. [GOA]

Verse 2: *Bless the Lord, O my soul, and forget not all His rewards.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Verse 3: *The Lord prepared His throne in heaven, and His Kingdom rules over all.* [SAAS]

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2.

Verse 1: *Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia. [GOA]

Verse 2: *Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Verse 3: *The Lord shall reign forever; your God, O Zion, to all generations.* [SAAS]

Save us, O Son of God, Who are wondrous in Your saints. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God, being immortal, You condescended for our salvation to take flesh from the holy Theotokos and ever-virgin Mary and, without change, became man. Christ, our God, You were crucified and conquered death by death. Being one of the Holy Trinity, glorified with the Father and the Holy Spirit: Save us. [GOA]

Antiphon III.

Apolytikion. For the Devout Man.

Mode pl. 4.

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O Savas, our devout father. Intercede with Christ our God, for the salvation of our souls. [SD]

An optional alternative to the Antiphons are the Typika (Psalms 102 and 145), and the Beatitudes with the appointed troparia, which are provided here.

Psalm 102.

Psalm 145.

The Beatitudes.

Mode pl. 4.

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven [RSV]

Blessed are those who mourn, for they shall be comforted. [RSV]

Blessed are the meek, for they shall inherit the earth. [RSV]

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. [RSV]

Canon for the Devout Man.

Ode iii. Mode pl. 4. N/M (In the beginning.)

From Menaion - - -

Blessed are the merciful, for they shall obtain mercy. [RSV]

You set your mind as master over the passions, most wealthy one,/revealing yourself to be a dispenser of justice,/for you openly subjected what is lower to what is higher./Therefore, Father, you flourished like a palm tree in the desert. [OCA]

Blessed are the pure in heart, for they shall see God. [RSV]

You resolved to follow in the steps of the Master/and left your native land./You made your dwelling in the desert,/winning a victory over the adversaries,/strengthened by the power of God! [OCA]

Blessed are the peacemakers, for they shall be called sons of God. [RSV]

Made strong by steadfastness of mind, most blessed one,/you denounced the various wiles of the enemy:/you unmasked them in the sight of all,/destroying his overpowering insolence, O wise one. [OCA]

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. [RSV]

Theotokion.

You have been known as indeed the wonderful gate/of the dispensation of the Word Who saves us./For you have brought forth for us, Virgin Mother,/the spiritual Ray of the all-divine Godhead. [OCA]

Canon for the Devout Man.

From Menaion - - -

Ode vi. Mode pl. 4. N/M (Be gracious to me.)

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake]. [RSV]

You acquired love for God and neighbor,/fulfilling the chief precepts of the Law and the prophets./Father, you achieved the virtue that cannot be attained,/surpassing all others! [OCA]

Rejoice and be glad, for your reward is great in heaven. [RSV]

You reached a life on earth equal to that of the angels/and Christ has given you honor equal to theirs,/sending your soul as a companion in the ranks of the holy ones. [OCA]

Glory.

You were revealed to be a child of wisdom,/for you desired the beginning of wisdom: the fear of God./You were

strengthened by that O Father,/and attained
the perfection permitted to men. [OCA]

Both now. **Theotokion.**

Pure Lady, you gave birth to God,/the
Savior and Deliverer of all Who took our flesh
upon Himself./Save those who call upon you
from misfortune. [OCA]

Entrance Hymn. Mode 2.

Come, let us worship and bow down
before Christ. Save us, O Son of God, Who
are wondrous in Your saints. We sing to You,
Alleluia. [GOA]

**Hymns After the Small Entrance.
Apolytikion. For the Devout Man.**

Mode pl. 4.

With the rivers of your tears you made the
barren desert bloom; and with your sighs from
deep within, you made your labors bear their
fruits a hundredfold; and you became a star,
illuminating the world by your miracles, O
Savas, our devout father. Intercede with Christ
our God, for the salvation of our souls. [SD]

Apolytikion of the Parish Church

(The text of the Apolytikion of the local
church goes here.)

From Menaion - - -

Kontakion.

Mode 3. Automelon.

On this day the Virgin Maid * goes to the
grotto to give birth * to the pre-eternal Word
* in an ineffable manner. * Dance for joy, all
the inhabited earth, on hearing. * Glorify along
with Angels and with the shepherds * Him
who willed that He appear as * a newborn
Child, * the pre-eternal God. [SD]

THE TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3) [GOA]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

Holy Immortal, have mercy on us.

The Epistle

For the Devout Man.

Prokeimenon. Grave Mode. Psalm 149.

The holy ones shall boast in glory. [SAAS]

Verse: *Sing to the Lord a new song.* [SAAS]

Gal. 5:22-26; 6:1-2

Brethren, the fruit of the Spirit is love,
joy, peace, patience, kindness, goodness,
faithfulness, gentleness, self-control; against
such there is no law. And those who belong
to Christ Jesus have crucified the flesh with
its passions and desires. If we live by the
Spirit, let us also walk by the Spirit. Let us
have no self-conceit, no provoking of one
another, no envy of one another. Brethren, if
a man is overtaken in any trespass, you who
are spiritual should restore him in a spirit of
gentleness. Look to yourself, lest you too be
tempted. Bear one another's burdens, and so
fulfill the law of Christ. [RSV]

Alleluia. Mode 1. Psalm 111.

Alleluia. Alleluia. Alleluia.

Verse 1: *Blessed is the man who fears the
Lord.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse 2: *His righteousness continues unto
ages of ages.* [SAAS]

Alleluia. Alleluia. Alleluia.

The Gospel

For the Devout Man.

Mt. 11:27-30

The Lord said to his disciples, "All things
have been delivered to me by my Father; and
no one knows the Son except the Father, and

no one knows the Father except the Son and any one to whom the Son chooses to reveal him. Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light." [RSV]

Hymn to the Theotokos.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Logos. We magnify you, the true Theotokos. [GOA]

Communion Hymn. Psalm 111/112.

The righteous will be remembered for ever. Alleluia. [RSV]

Hymn after Holy Communion. Mode 2.

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. [GOA]

THE DISMISSAL

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs,

of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, our devout and God-bearing father Savas the Sanctified, whose memory we celebrate, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Fasting Rule

Fish: fish, oil and wine are allowed. Refrain from meat, dairy and eggs.

It is the Christmas fast.