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# The Service of Matins

for Saturday, July 20, 2019

Menaion - July 20 Memory of the Holy Prophet Elias

**Katavasias of Theotokos** 

**Text in English** 

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vol Orthodox Monastery of the Veil of our Lady

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#### Menaion - July 20

Memory of the Holy and Glorious Prophet Elias (Elijah) the Tishbite.

# Horologion

Service of the Small Paraklesis

### **MATINS**

#### **CHOIR**

#### Mode 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

**Verse 1:** *Give thanks to the Lord and call upon His name.* 

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

**Verse 2:** All the nations surrounded me, but in the name of the Lord I defended myself against them.

**Verse 3:** And this came about from the Lord, and it is wonderful in our eyes.

# Apolytikion.

From Menaion - -

# Mode 4. Come quickly.

The angel incarnate and the Prophets' pedestal, \* the second Forerunner of the coming of Christ, Elias the glorious, \* sent down to Elisha the divine grace from heaven. \* He drives away diseases and he cleanses lepers. \* Therefore he pours out healings to those who honor him. [50]

# Glory. Repeat.

The angel incarnate and the Prophets' pedestal, \* the second Forerunner of the coming of Christ, Elias the glorious, \* sent down to Elisha the divine grace from heaven. \* He drives away diseases and he cleanses

lepers. \* Therefore he pours out healings to those who honor him. [5D]

From Octoechos - - -

Both now. Theotokion.

Mode 4.

O Theotokos, through you became manifest to us on earth the mystery, which was hid from eternity, and which the Angels themselves knew not: that God, uniting natures without confusion, becomes a man and accepts crucifixion for our salvation voluntarily. By virtue of this, resurrecting man whom He had first created, He saved our souls from death.

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 16. It would be followed by the short litany.

#### **PRIEST**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

# Kathisma I.

From Menaion - - -

**Mode 1.** *The soldiers keeping watch.* 

In unison we all now acclaim you, Elias,

\* the fiery charioteer and the bright luminary,

\* the seer of God and paramount of Prophets,
O blessed one. \* Breathing zeal divine, you
overturned false religion, \* reprimanding
lawless men, O Angel incarnate. \* We pray
you to shelter us. [SD]

Glory. Both now. **Theotokion. Mode 1.** *The soldiers keeping watch.* 

All we who run to you and with longing take refuge \* in your benevolence know that you are the Mother \* of God, and after giving birth are a virgin in very truth. \* Now we sinners have you as our only protection. \* In temptation we rely on you for salvation, \* O only all-blameless one. [SD]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 17. It would be followed by the short litany.

#### PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For You, O God, are good and love mankind, and to You we offer glory, to the Father and to the

Son and to the Holy Spirit, now and forever, and to the ages of ages.

(Amen.)

#### **CHOIR**

#### Kathisma II.

From Menaion - - -

**Mode 1.** The soldiers keeping watch.

On earth you led a life that was worthy of heaven, \* and thus were close to God through your genuine virtue; \* for you, O thriceblessed one, had acquired the life of grace. \* By your breath alone you resurrected the child. \* You remain preserved, surpassing death and corruption, \* Elias inspired by God.

Glory. Both now. **Theotokion. Mode 1.** *The soldiers keeping watch.* 

O Mary, who became the Master's hallowed vessel, \* now raise us up, for we have fallen into the chasm \* of awful despondency, and transgressions and suffering. \* For you have indeed become salvation for sinners, \* and their help in need and their prevailing protection; \* and you save your servants.

The Polyeleos.
Psalm 134 (135).
Psalm 135 (136).
Selected Psalm Verses for the Feast of the Prophet Elias

The whole day long. Alleluia.

- 1. O Lord, they shall walk in the light of Your face, and shall greatly rejoice in Your name the whole day long. Alleluia. (88:16) [SAAS]
- 2. Pour out Your wrath on the nations that do not know You, and on the kingdoms that

did not call upon Your name. Alleluia. (78:6)

- 3. God stood in the assembly of gods; He judges in the midst of gods. Alleluia. (81:1) [SAAS]
- 4. And He struck His enemies from behind; He gave them eternal reproach. Their priests fell by the sword. Alleluia. (77:66) [SAAS]
- 5. They devised a wicked judgment against Your people, and they plotted against Your saints. Alleluia. (82:4) [SAAS]
- 6. God is glorified in the counsel of saints; He is great and fearful toward all round about Him. Alleluia. (88:8) [SAAS]
- 7. The righteous shall flourish like a palm tree; he shall be multiplied like the cedar in Lebanon. Alleluia. (91:13) [SAAS]
- 8. I found David My servant; I anointed him with My holy oil. Alleluia. (88:21) [SAAS]
- 9. I will cut his enemies to pieces before his face, and I shall put to flight those who hate him. Alleluia. (88:24) [SAAS]
- 10. And I will deliver him; I will shelter him, because he knew My name. Alleluia. (90:14) [SAAS]
- 11. Do not touch My anointed ones, and do not act wickedly towards My prophets.
  Alleluia. (104:15) [SAAS]
- 12. And He called a famine upon the land; He shattered all their provision of bread.
  Alleluia. (104:16) [SAAS]
- 13. You are a priest forever according to the order of Melchizedek. I hate the assembly of evildoers, and I will not sit with the ungodly. Alleluia. (109:4) [SAAS]

- 14. With length of days I will satisfy him, and show him My salvation. Alleluia. (90:16)
- 15. I shall not die, but live, and tell of the Lord's works. Alleluia. (117:17) [SAAS]
- 16. But we who live shall bless the Lord, from this present time and unto the ages.

  Alleluia. (113:26) [SAAS]

# Glory. For the Trinity. Mode 1.

Come, let us bow in worship and extol,
\* all together singing doxologies \* to God
the Father and the Son \* and the Holy Spirit
faithfully, \* crying out and saying: Save us, allholy Trinity.

# Both now. **Theotokion. Mode 1.**

O Christ, your people now invoke the name \* of Your holy Mother, O Good One, and pray: \* By her entreaties for us, \* will You give us Your tender love, \* so that we may glorify \* You, the hope of our souls, O Lord.

# **PRIEST**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

### Kathisma III.

Menaion Supplement - - -

**Mode 3.** Seeing how beautiful.

You crossed the Jordan's streams, before the chariot \* carried you up as if into the heavens' heights, \* and thus depicted a sublime mystery, O Elias, \* namely that no one ascends to the heavenly heights unless \* he previously passes through the waters of repentance first \* and purifies his soul. And the Jordan \* was a symbol of baptism. [5D]

Glory. Both now. **Theotokion**. **Mode 3.** *Seeing how beautiful.* 

The love that comes from you, O Virgin praised by all, \* is like the sweetest dart that wounds my heart and soul; \* and it has captivated me such that I often sing to you. \* Blessed Lady, O rejoice! As the palace of God the King \* and His fiery throne, rejoice! By your childbirth you brought forth God \* in nature also human; and He makes \* humans into gods by His grace divine.

# Antiphon I. Mode 4.

Since my youth have many passions waged war against me. O my Savior, nonetheless help me and save me. (2)

You, the haters of Zion, be put to shame by the Lord, for like thatch in fire you will be completely dried up. (2)

# Glory.

From the Holy Spirit every soul receives life, and through cleansing is lifted and brightened, in a hidden, sacred manner, by the trinal Monad. [50]

# Both now.

From the Holy Spirit do the streams of grace well forth; they irrigate everything created, so that life be engendered. [5D]

# Prokeimenon. Psalms 109, 104.

You are a priest forever according to the order of Melchizedek. (2)

**Verse:** Do not touch My anointed ones, and do not act wickedly towards My prophets.

You are a priest forever according to the order of Melchizedek. [SAAS]

#### **DEACON**

Let us pray to the Lord.

(Lord, have mercy.)

## **PRIEST**

For you are holy, our God, who rest among the Saints, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

#### **CHOIR**

Amen.

#### Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

#### **DEACON**

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

#### **DEACON**

Wisdom. Arise. Let us hear the Holy Gospel.

# **PRIEST**

Peace be with all.

(And with your spirit.)

#### **PRIEST**

The reading is from the Holy Gospel according to Matthew.

#### **DEACON**

Let us be attentive.

(Glory to You, O Lord, glory to You.)

# **PRIEST** (*from the gate*)

23:29-39

The Lord said to the Jews who had come to him, "Woe to you, scribes and Pharisees, hypocrites! for you build the tombs of the prophets and adorn the monuments of the righteous, saying, 'If we had lived in the days of our fathers, we would not have taken part with them in shedding the blood of the prophets.' Thus you witness against yourselves, that you are sons of those who murdered the prophets. Fill up, then, the measure of your fathers. You serpents, you brood of vipers, how are you to escape being sentenced to hell? Therefore I send you prophets and wise men and scribes, some of whom you will kill and crucify, and some you will scourge in your synagogues and persecute from town to town, that upon you may come all the righteous blood shed on earth, from the blood of innocent Abel to the blood of Zacharias the son of Barachiah, whom you murdered between the sanctuary and the altar. Truly, I say to you, all this will come upon this generation. O Jerusalem,

Jerusalem, killing the prophets and stoning those who are sent to you! How often would I have gathered your children together as a hen gathers her brood under her wings, and you would not! Behold, your house is forsaken and desolate. For I tell you, you will not see me again, until you say, 'Blessed is he who comes in the name of the Lord.' " [RSV]

(Glory to You, O Lord, glory to You.)

#### **READER**

# Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and

the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

Menaion Supplement - - -

#### **CHOIR**

# Glory. Mode 2.

At the intercession of Your holy Prophet, O Lord of mercy, blot out my many offences.

[SD]

# Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [5D]

# Idiomelon. Mode pl. 2.

**Verse:** Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. [SAAS]

O Elias, as your name includes the name of God, you received the fire of the zeal for God in your heart, and you passed the time of your life in fire. At birth, Angels swaddled you in fire and fed you the fiery flame. Later in life, three times you called down fire from heaven. And in the end, a fiery chariot picked you up and took you up as if into heaven. How amazing! A man's clay frame was forged

by the power of the Spirit, and it became all fiery! And now, united to the immaterial fire of the Godhead, he intercedes on behalf of our souls.

# **DEACON**

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, the holy and glorious Prophet Elias the Tishbite, whose memory we celebrate; and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

#### **CHOIR**

Lord, have mercy. (12)

#### **PRIEST**

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

From Horologion - - -

# **CHOIR**

# Canon for the Theotokos. Ode i. Mode pl. 4. Heirmos.

The rod of Moses working wonders once submerged Phar'onic charioteers \* when it smote the waters \* in the figure of a cross \* and thereby split the sea in two; \* while it rescued on dry land \* wayfaring fugitive Israel, \* which to God resoundingly sang a song. (2) [SD]

# Troparia.

*Verse:* Let us sing to the Lord, for He is greatly glorified. Horse and rider He has thrown into the sea. [SAAS]

Relentless onslaughts of distressing troubles now disquiet my humble soul. \* And the gloomy clouds of tribulation shroud my heart. \* But since you are, O Bride of God, \* Theotokos and Mother \* of the divine preeternal Light, \* shine on me the light that is full of joy. [5D]

Verse: The Lord became my helper and the shield of my salvation; He is my God, and I will glorify Him; my father's God, and I will exalt Him.

I have been saved from countless grave necessities and tribulations and woes, \* hostile adversaries \* and from life's calamities \* by your prevailing power; hence, \* all-immaculate Maiden, \* I praise and magnify the immense \* sympathy and solace you offer me. [SD]

Verse: The Lord brings wars to nothing; the Lord is His name. Pharaoh's chariots and army He cast into the sea. [SAAS]

Now trusting fully in your mighty patronage, for safety there have I fled; \* and unto your shelter \* have I run wholeheartedly, \* O Lady, and I bend my knees \* and lament sighing deeply. \* Do not disdain me the wretched one. \* For you are the refuge of Christians all. [5D]

Verse: The sea covered them; they sank to the bottom like a stone. [SAAS]

I shall not cease from speaking most emphatically of your magnificent deeds. \*
For were you not always \* standing up on my behalf, \* petitioning your Son and God, \* from so violent a tempest \* and such formidable jeopardy, \* who else would there be to deliver me? [SD]

# Canon 1 for the Prophet.

From Menaion - - - **Mode 2.** *Unto the Lord.* 

Verse: The princes of Edom and the chiefs of the Moabites were dismayed; trembling took hold of them; all the inhabitants of Canaan melted away.

Chosen to sing the praises \* of the firebreathing power \* of Elias's miracles, \* fittingly we have called to us \* power such that blazes forth \* in flame-formed and august tongues of the Spirit's fire. [MB] *Verse*: Fear and dread fell upon them; by the greatness of Your arm, let them become as stone.

[SAAS]

God-bearing Saint, be gracious, \* and by force of the Spirit \* which abides in you open up my narrow, ill-sounding feeble tongue, \* and make it distinct and clear \* to sing the praise with great voice of all your wondrous deeds.

Verse: Till Your people pass over, O Lord, till Your people pass over, whom You purchased. [SAAS]

Gifts that surpass all nature \* you give to those who honor \* your commandments, O Word of God, \* and through the Holy Spirit's pow'r, \* make the gates of rain obey, \* accomplishing the word that has been made strong in you. [JMB]

*Verse*: The sanctuary, O Lord, which Your hands established. [SAAS]

# Theotokion.

Only most-blessed Virgin, \* O pure and godlike treasure \* of all purity, purify \* me of the passions' impure slime, \* asking pardon of my faults, \* restoring thus my blemished soul to its former state. [MB]

# Canon 2 for the Prophet.

From Menaion - - -

**Mode pl. 4.** *The rod of Moses.* 

Verse: The Lord reigns forever and ever and ever. For Pharaoh's horses went with his chariots and horsemen into the sea. [SAAS]

As you revived the widow's son of old, so now revive my deadened soul, \* and with godly virtues, brighten it, O blessed Saint. \* Direct it to the life on high. And I pray you to grant that \* I may partake of eternal joy; \* for I truly long to delight in you.

Verse: But the children of Israel walked on dry ground in the midst of the sea. [SAAS]

The very day that you were born your father was initiated indeed \* into a great wonder; for he saw you eating fire, \* completely swaddled in the flame, blessed Prophet Elias. \* And now I pray you deliver me \* from eternal fire by your ardent prayers.

# Glory.

O blessed Prophet, you desired God the Lord, for whom you truly were \* always very zealous. Therefore you were magnified. \* I pray you to empower me, to perform the divine will \* and to be filled with the zeal for God. \* And thus being saved, I will honor you.

# Both now. Theotokion.

Super-essential God became incarnate in your womb, All-blameless one, \* and for us and like us, as a human He was seen. \* Insistently entreat Him please, all-pure Virgin, to save me, \* and from perdition to rescue me; \* for I have transgressed more than everyone.

# Ode i. Katavasia. Mode 4.

I open my mouth and pray the Spirit fill it, like David said, \* to pour out a good word to the Queen and Mother of God. \* I will celebrate \* her feast with joy and gladness \* and sing to her merrily, lauding her miracles.

[SD]

From Horologion - - -

# Canon for the Theotokos. Ode iii. Mode pl. 4. Heirmos.

O divine Master Builder of the celestial vault, \* as the only Lover of mankind and

Founder of the Church, \* establish me, O Lord, life you raised me up \* who tumbled down to in love for You, the believers' \* firm support and ultimate object of all desire. (2) [SD]

# Troparia.

*Verse*: My heart is strengthened in the Lord; my horn is exalted in my God. I smile at my enemies; I rejoice in Your salvation. [SAAS]

Altogether bewildered, with pain I cry unto you. \* Come to me, O earnest protection, and hasten to provide \* assistance unto me, \* your poor and mis'rable servant \* ardently imploring for \* the aid which comes from you.

*Verse*: Because no one is holy like the Lord, no one is righteous like our God, no one is holy but You. [SAAS]

Now, O Maiden, upon me \* your servant you have indeed \* magnified your mercies, O Lady, and beneficial deeds. \* Therefore I sing your praise \* and glorify you and honor \* your extensive patronage \* to which there is no end. [SD]

*Verse*: Do not boast nor speak of high things; let no arrogance come from your mouth. [SAAS]

I am drowning, O Lady, under the tide of distress, \* and I am distraught by the blizzard of life's adversities. \* Come quickly, I entreat, \* and lend a hand of assistance. \* For you are my Patroness \* earnestly helping me. [5D]

*Verse*: For the Lord is the God of knowledge; and God is preparing His actions. [SAAS]

I acknowledge, O Lady, as Theotokos in truth \* you who have destroyed the dominion of death; for you gave birth \* to Him who is the Life, \* and from the prison of Hades \* unto earth. [SD]

# Canon 1 for the Prophet.

From Menaion -

**Mode 2.** You strengthened me.

*Verse*: *The One who gives a prayer to the one* praying, He blesses with righteous years. [SAAS]

O Prophet, how superb is the One who fed you, \* who laid your banquet using ravens as waiters, \* the Lord who fills all living things with good pleasure, \* to whom we all cry aloud, \* "No one is holy like our God, \* and no one is righteous but You, O Lord." [SD]

*Verse*: The Lord makes His adversaries weak; the Lord is holy. [SAAS]

We thank You, O Protector and Benefactor, \* whose providence ineffably made the widow \* and prophet to be feeders of one another. \* To You we all cry aloud, \* "No one is holy like our God, \* and no one is righteous but You, O Lord." [SD]

Verse: Let not the man of learning boast in his understanding, nor let the man of might boast in his might, nor let the man of riches boast in his riches. [SAAS]

Although you shut the rain clouds from sending showers, \* you made the last supplies of the needy woman \* of Zarephath become an unceasing drizzle \* of oil and flour for food. \* Therefore you cried aloud, \* "There is no one righteous but You, O Lord." [SD]

*Verse*: Only let the one who boasts boast in this: to understand and to know the Lord and to do justice and righteousness in the midst of the earth.

[SAAS]

#### Theotokion.

You only, more than all others through the ages, \* were granted such blessings, great and supernatural: \* you carried in your womb Him whom all creation \* cannot contain, who is God, \* and you gestated Him. \* Hence, O Theotokos, in faith we honor you. [SD]

# Canon 2 for the Prophet.

From Menaion - -

**Mode pl. 4.** O divine Master Builder.

*Verse:* The Lord went up into the heaven and thundered. The Lord judges the ends of the earth.

[SAAS]

O Elias, you slaughtered the shameful prophets of Baal, \* hostile as they were to the true God, for whom you burned with zeal. \* So I entreat you now, and pray, O glorious Prophet: \* Rescue me from shameful deeds and from eternal fire. [SD]

Verse: He gives strength to our leaders, and He will exalt the horn of His Christ. [SAAS]

I appoint you my mightiest intercessor to God, \* blessed Prophet, able to save me from all calamity. \* Incline your ear to me, and hear my humble entreaty. \* Please do not ignore me when I pray you fervently. [5D]

Glory.

The Creator of all things and only God magnified \* you, O St. Elias, of old when He fed you by a bird. \* Implore Him fervently \* for me, O glorious Prophet, \* that He grant me future light and everlasting joy.

Both now. Theotokion.

Holy Virgin, we know you to be the gate that was shut, \* as a prophet said, and

moreover the gate that leads to God. \* O Lady full of grace, open the gates to repentance. \* Rain on me your mercy and remove the stain of sins. [5D]

#### Ode iii. Katavasia. Mode 4.

\* O Mother of God, for they have formed \* a spiritual choir for you \* the living and abundant fount; \* and graciously in your divine glory give glorious crowns to them.

#### **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

### **PRIEST**

For you are our God, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

#### Kathisma.

From Menaion - - -

Mode pl. 4. By conceiving the wisdom.

As a Prophet of God, the true Light divine, \* you killed all of the false prophets at the brook, \* and thus you reproved the king \* for transgressing the law of God, \* and you instructed Ahab not to worship the pagan

gods, \* and you prayed for rain, and it came, sent from God on high. \* Glorious Elias, you were finally taken \* in a fiery chariot, by a whirlwind up to the Lord. \* Therefore we now cry out to you: \* Intercede with Christ our God \* that He grant forgiveness of offences \* to those who with longing observe your holy memory.

Glory. Both now. **Theotokion. Mode pl. 4.** *By conceiving the wisdom.* 

You alone among women have without seed \* given birth, as a Virgin, to God in the flesh. \* We, all generations, now \* call you blessed, as you foretold. \* For the fire of Divinity has dwelt in your womb indeed; \* and you nursed the Creator and Lord in His infancy. \* Therefore does the human race along with the Angels \* give glory and worthily extol your all-holy childbirth, \* and with one voice we sing to you: \* Intercede with your Son and our God, \* that He grant forgiveness of offences \* to us who faithfully honor your seedless, virgin childbirth. [SD]

Canon for the Theotokos.
Ode iv. Mode pl. 4. Heirmos.

You are my strength. \* You are my power and might, O Lord. \* You, my God, are also my exultant joy, \* Who deigned to visit our poverty, \* without ever leaving the Father's bosom at any time. \* To You, then, do I cry out with Habakkuk the Prophet: \* To Your power be glory, O Lover of man. (2)

# Troparia.

Verse: Lord, I have heard Your report and was afraid; I considered Your works and was greatly astonished. [SAAS]

Where, in the end, \* am I to find other patronage? \* Where shall I seek refuge, where shall I be saved? \* Whom shall I have as my fervent aid, \* who, alas, am rattled \* by life's afflictions and turbulence? \* I hope and I take courage \* and I boast in you only; \* and I run to your shelter. Deliver me. [5D]

Verse: When my soul is troubled, You will in wrath remember mercy. [SAAS]

O purest Maid, \* now I proclaim and I magnify \* the sweet river of your tender-loving care \* which has refreshed with abundant gifts \* my completely wretched \* and humble soul which is burning in \* the furnace of disasters \* and of grievous afflictions. \* And I run to your shelter. Deliver me. [SD]

Verse: God will come from Teman, the Holy
One from the mount of shaded leafy trees. [SAAS]

You are the pure, \* you are the Virgin, the undefiled, \* whom alone I have as an impregnable \* fortress and wall, shelter and defense, \* weapon of salvation. \* Do not despise me the prodigal, \* O hope of the dejected, \* O ally of the feeble, \* O assistance and joy of the suffering.

Verse: His excellence covered the heavens, and the earth was full of His praise. [SAAS]

O Lady, how \* shall I be able to worthily \* tell of your immeasurable charity \* that you pour out constantly on me \* like refreshing water \* to sooth my painfully burning soul?

\* O providence and labors \* of benevolent kindness \* which from you I have plentifully enjoyed! [SD]

# Canon 1 for the Prophet.

From Menaion - -

**Mode 2.** *I have heard the report.* 

*Verse:* For though the fig tree will not bear fruit and there be no grapes on the vines. [SAAS]

Holy Prophet, we honor you, for clearly you eradicated evil; \* in its place you planted virtue, inspired by God. [5D]

*Verse*: The labor of the olive tree fail and the fields yield no food. [SAAS]

The widow who was feeding you reproached you for her child's death, O Prophet, \* urging you to resurrect him by grace divine.

*Verse:* Though the sheep have no pasture and there be no oxen in the cribs. [SAAS]

To his mother you gave the boy alive, after you breathed into him three times, \* indicating the glory of the Trinity. [5D]

Verse: Yet I will glory in the Lord; I will rejoice in God my Savior. [SAAS]

# Theotokion.

Virgin pure, like a fruitful vine you have produced the Bunch of grapes to pour forth \* unto all the wine of salvation, Christ our God.

# Canon 2 for the Prophet.

From Menaion - - -

Mode pl. 4. You are my strength.

Verse: The Lord God is my strength; He will direct my feet to the end. [SAAS]

God set aright \* and redirected your fiery zeal, \* and he sent you \* to nourish a widow, you who had of old \* at a woman's threat

\* run away in exile, Elias, Prophet inspired by God. \* And so I now implore you to give nourishment also \* to my hungry soul with gifts of grace divine. [JMB]

Verse: He will set me upon high places, so to conquer by His song. [SAAS]

Fierce clouds of sins \* cover me, swells of life buffet me \* and the spirits \* of evil blow dreadfully against my soul: \* I am lost at sea. \* O Prophet Elias, who proclaim God and his providence, \* become for me a pilot, being with me, and guide me \* from the storm to the port of salvation's shores.

# Glory.

Grant strength of soul, \* grant strength of body to me as well, \* by entreating \* Christ the Lord of glory who by divine grace \* heals ev'ry disease, \* most blessed Elias; and grant me safely to hasten through \* the stumbling blocks of this life \* without suffering trauma \* for I place you out front as my champion.

# Both now. Theotokion.

All-blameless Maid, \* with all the Powers of heav'n above, \* all the Prophets, \* Athletes, and Apostles, and all Holy Ones, \* intercede that I, \* who have greatly sinned, may be granted grace and deliverance, \* and on that dread impending \* day of Christ's righteous judgment, \* that I not be condemned unto punishment. [JMB]

# Ode iv. Katavasia. Mode 4.

When the Prophet Habakkuk heard the divine \* and incomprehensible counsel of Your Incarnation \* from the Virgin, O Most High, \* considering, he cried aloud: \* Glory to Your power, O Lord my God. [50]

From Horologion - - -

# Canon for the Theotokos. Ode v. Mode pl. 4. Heirmos.

Why, O Lord, have You cast me \* away from Your countenance, O never-setting Light, \* and this foreign darkness \* now has covered me, mis'rable that I am? \* Bring me back, I pray You, and to the light of Your commandments \* guide my ways, I entreat You most fervently. (2) [SD]

# Troparia.

Verse: My spirit rises early in the morning to You, O God, for Your commands are a light upon the earth. [SAAS]

Now I gratefully cry out: \* Rejoice, O virgin Mother; rejoice, O Bride of God! \* O divine protection \* and impregnable fortress and shield, rejoice! \* O rejoice, the helper \* and the defense and the salvation \* of your servants who faithfully run to you! [SD]

*Verse*: Learn righteousness, you who dwell on the earth. [SAAS]

They who hate me have vainly \* readied all their arrows and swords and have dug a pit. \* And my wretched body \* they are seeking to strike at and tear apart. \* And they are attempting, \* O purest Maiden, to reduce me \* to the ground. So come quickly and rescue me. [5D]

Verse: O Lord, Your arm is exalted, but they did not know it. But when they know it, they shall be ashamed. [SAAS]

Out of every affliction, \* illness and necessity and harm deliver me. \* O alllauded Maiden, \* by your power preserve me uninjured from \* enemies that hate me \* and war against me. And from danger \* keep me covered beneath your protective veil. [5D]

*Verse*: Jealousy will seize an untaught people; and now fire will devour the adversaries. [SAAS]

What can I now present you \* as a worthy gift in token of my gratitude \* for your boundless kindness \* and the bounties that I have enjoyed from you? \* Therefore am I praising \* and glorifying and exalting \* your ineffable sympathy unto me. [5D]

# **Canon 1 for the Prophet.**

From Menaion --- **Mode 2.** *Lord, the provider of light.* 

Variate Prince many apple on them O Love

*Verse*: Bring more evils on them, O Lord, on the glorious of the earth [SAAS]

Your patrimonial law \* showed you to be an intercessor most true, \* a wonder-worker who changed the natures \* of elements, O Saint, \* and burned up with water \* a hallowed sacrifice. [AC]

Verse: O Lord, I remembered You in my hard circumstances. Your chastening to us was a small affliction. [SAAS]

You very well put to shame \* the shameful prophets of Baal the accursed, \* all-blessed Prophet St. Elias, \* worshipper of the truth, \* clearly indicating \* the might of the Trinity.

Verse: As a woman with child is in pain and cries out in her pangs, when she draws near the time of her delivery, so we became Your beloved.

[SAAS]

Elias, serving as priest \* with words of grace and by your innocent hands, \* you sacrificed and slaughtered unholy \* abominable priests. \* Your zeal for the true God \* adorned you like a priestly robe. [AC]

the world shall fall. [SAAS]

## Theotokion.

To you who gave birth to Christ, \* Who is the Maker of the universe, we sing, \* Rejoice, O pure one! Rejoice! You dawned forth \* to all of us the Light. \* Rejoice, for your womb contained our uncontainable God. [AC]

# Canon 2 for the Prophet.

From Menaion -

Mode pl. 4. Why, O Lord, have You cast me.

*Verse*: The dead shall rise up; and those in the tombs shall arise. Those in the earth shall be glad.

You are famous for closing \* rain clouds, being fired up with zeal and faith in God. \* Elias, I pray you: \* By your sacred entreaties, may grace divine \* drench my soul like showers \* and douse the flame of carnal pleasure \* that is burning within me; and rescue me. [SD]

*Verse*: For your dew is a healing for them, but the land of the ungodly shall come to an end. [SAAS]

Blessed Prophet Elias, \* as a priest you sacrificed with your unsullied hands \* those abhorrent prophets \* and those priests who performed their unseemly rites. \* Now with faith I pray you \* to keep me safe from the temptations \* to commit any grave and unseemly sins. [5D]

# Glory.

Your divine invocations, \* made in faith, brought down the flames that burned your sacrifice, \* which then made you wondrous. \* Now, O Prophet, I pray you unceasingly: \* Light a sacred longing \* within my heart, as

*Verse*: We shall not fall] but the inhabitants of if a fire \* that will burn up my passions like kindling wood. [SD]

Both now. **Theotokion**.

When the super-essential \* Logos was incarnate, He came down like gentle rain \* into you, O Virgin. \* Now I pray you implore Him to rain on me \* pure drops of compunction \* to wash away every defilement \* of my countless transgressions, all-spotless Maid. [SD]

# Ode v. Katavasia. Mode 4.

Amazed was the universe by your divine magnificence. \* You who were perpetually virgin \* carried the heavenly God of all in your womb \* and gave birth to the eternal Son, \* who awards salvation to all who sing hymns of praise to you. [50]

From Horologion

# Canon for the Theotokos. Ode vi. Mode pl. 4. Heirmos.

I pour out my supplication to the Lord, \* and I tell Him all about my afflictions, \* and that my soul has been flooded with evils, \* and that my life has come close to being in hell. \* Like Prophet Jonah, I entreat, \* "Raise me up from corruption, O Lord my God." (2) [SD]

# Troparia.

*Verse*: I cried out in my affliction to the Lord, my God, and He heard my voice. [SAAS]

My mis'rable \* soul and heart are covered up \* by the clouds of pain and sorrow, O Damsel, \* causing in me a condition of darkness. \* But since you gave birth to Light unapproachable, \* dispel them far away from me \* with the breath of your holy petitioning.

[SD]

*Verse*: You cast me into the depths of the heart of the sea, and rivers encompassed me. [SAAS]

I recognize \* you as solace in trouble, \* and I know you as the healer of ailments, \* and as the one who to death dealt destruction, \* and as a river of life inexhaustible, \* and as a quick and eager source \* of assistance for those in calamities. [5D]

Verse: All Your surging waters and Your waves passed over me. [SAAS]

I do not hide \* the abyss of your mercy, \* nor the wellspring of your infinite wonders, \* nor yet the truly perpetual fountain \* of the compassion, O Lady, you have for me. \* But rather I confess to all \* and announce and proclaim and enunciate. [SD]

Verse: Shall I again look with favor toward Your holy temple?' [SAAS]

The dizzying \* cares of life surround me now \* like the bees round a honeycomb, O Virgin; \* and being seized of my heart, O pure Maiden, \* they sorely sting it with darts of adversities. \* Oh, how I wish to find in you \* a defender and helper and rescuer!

# Canon 1 for the Prophet.

From Menaion - - -

**Mode 2.** As I am by sins encompassed.

*Verse*: Water is poured over me to my soul; the lowest depth encircled me. [SAAS]

Paragon of godly reverence \* and incorruptible living \* were you, O Godbearing and inspired \* Elias; you cultivated purity, \* imitating the Angels. [5D]

Verse: My head plunged into the clefts of the mountains. I descended into the earth, the bars of which are everlasting barriers. [SAAS]

You were frightened by the fury \* of Jezebel, who killed prophets, \* and ran for your life, O inspired \* Elias, the one who could block the rain \* and unfetter its showers.

*Verse:* Yet let my life ascend from corruption, O Lord, my God. [SAAS]

Face between your knees, you bowed down, \* yet raised your mind's eye to heaven; \* and by your repeated sacred prayers, \* you ended the drought and you made it rain, \* and you watered earth's furrows.

Verse: May my prayer be brought to You, into Your holy temple. [SAAS]

### Theotokion.

Ever-virgin Mother Mary, \* unwedded Bride, Theotokos, \* when the bush on Sinai had contact \* with the fire and yet remained unconsumed, \* it prefigured your childbirth.

# Canon 2 for the Prophet.

From Menaion - - - Modo pl 4 Re or

**Mode pl. 4.** Be gracious to me.

Verse: Those who follow vanity and lies forsake their own mercy. [SAAS]

Be gracious to me, O Lord, \* though foolishly I offended You; \* and from perdition to come, \* O Savior, deliver me, \* as You have imploring You \* great Prophet Elias \* and Your Mother, all-immaculate.

Verse: As much as I vowed, I shall offer up to You, to You, the Lord of Deliverance. [SAAS]

In purity keep my soul, \* Elias, planter of purity; \* and as a zealot, imbue \* my mind with a zeal for God, \* so that I may drive away

\* the assaults of evil \* and malevolent attacks on me. [5D]

# Glory.

You fasted after you ate \* a single cake, and for forty days \* you walked by the strength of God. \* O Prophet of God, I pray, \* grant me strength and self-control, \* that I may abstain from \* every sin and disobedience.

# Both now. Theotokion.

We call you the Gate of God, \* O
Theotokos. Now I entreat \* that you will open divine \* entries for my humble soul, \* and I shall go in through them, \* with thanks and confession, \* and receive forgiveness of my sins. [5D]

# Ode vi. Katavasia. Mode 4.

O godly-minded believers, come \* and celebrate this sacred and venerable feast and thus extol \* the Theotokos, and clap our hands, \* and glorify our God who was truly born of her.

# **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For You are the King of peace and the savior of our souls, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Menaion - - -

#### **READER**

# Kontakion.

# Mode 2. Automelon.

O Prophet and seer of the great deeds of God, renowned Elias, who stayed the rain clouds by your word, intercede on our behalf with the Lord who alone loves humanity. [5D]

# Oikos.

Seeing humanity's great iniquity and God's measureless love for humanity, Elias the Prophet was angry and troubled and spoke uncompassionate words to the compassionate God. "Vent Your wrath," cried he, "on them who renounced You, O Judge most just." But in no way did he move the heart of the Good to punish the ones who renounced Him. For He ever awaits the repentance of all, as the Lord who alone love humanity.

# Synaxarion.

# From the Menaion.

On July 20, we commemorate the fiery ascent into the heavens of the holy and glorious Prophet Elias (Elijah) the Tishbite.

By his holy intercessions, O God, have mercy on us. Amen.

From Horologion - - -

#### **CHOIR**

# Canon for the Theotokos. Ode vii. Mode pl. 4. Heirmos.

Servants, descendants of the Hebrews, \* bravely trampled down the flame within the

furnace; \* and they changed into dew \* the fire, and they chanted: \* Blessed are You, O Lord, the God \* of our fathers to the ages. (2)

# Troparia.

Verse: Blessed are You and praiseworthy, O Lord, the God of our fathers, and praised and glorified is Your name unto the ages. [SAAS]

Mother of Light and Theotokos, \* now illuminate me lying in the darkness \* of the nighttime of sin, \* O pure and stainless vessel \* of light, that I may glorify \* you with longing, O pure Maiden. [SD]

Verse: For You are righteous in all You did for us, and all Your works are true. Your ways are upright, and all Your judgments are true. [SAAS]

Shelter, assistance and protection, \* and the cause of boasting be for me the sinner \* who am destitute now \* of every help, O Virgin. \* The power of the helpless are you, \* and the hope of the despairing.

Verse: The judgments You made are true, according to all You brought on us. [SAAS]

I have enjoyed so many favors; \* hence with all my soul and reason I extol you. \* With my heart and my lips \* I glorify you, Lady. \* How awesome are your charity \* and your never ending wonders! [5D]

Verse: And on Jerusalem, the holy city of our fathers. [SAAS]

Graciously look upon your servant, \* and attend to the affliction that besets me. \* And redeem me from all \* calamities, temptations \* and perils and from injury, \* in your infinite compassion. [SD]

# Canon 1 for the Prophet.

From Menaion - - - **Mode 2.** *The burning bush.* 

Verse: Blessed are You, O Lord God of our fathers, for You are praiseworthy and exalted beyond measure unto the ages. [SAAS]

\* was formed for you from God above, O most inspired, \* with one meal only to sustain your life, \* you ended your pilgrimage of forty days. \* And at Horeb the mountain \* you danced and you sang unto the gentle breeze: \* "Almighty God of our Fathers, ever blessed are You!" [MB]

Verse: Blessed is Your name and the temple of your glory, and You are praised exceedingly and exalted beyond measure unto the ages. [SAAS]

Not a tempestuous blast of wind, \* neither a mighty earthquake, nor a fearsome fire: \* a mild and gentle blowing breeze instead \* in itself revealed the Lord to you, Elias, \* O Prophet most inspired \* And so to our gentle Jesus we now sing: "Almighty God of our Fathers, ever blessed are You!" [MB]

Verse: You are blessed in the holy temple of Your glory, and are highly praised and exceedingly glorious unto the ages. [SAAS]

Like the great Moses of old, \* you were also found worthy to behold the sight of God, \* and worthy too of divine prophecy. \* You anointed kings and prophets by divine command, \* and as you contemplated \* the glory of Christ on Tabor, you cried out: \* Almighty God of our Fathers, most blessed are you! [MB]

Verse: Blessed are You who behold the depths and sit upon the cherubim. You are praiseworthy and exalted beyond measure unto the ages [SAAS]

# Theotokion.

The all-good Logos of God the Father \* supernaturally dwelt inside your womb, \* O Maid Most Pure, and he refashioned us \* and made us all worthy of the life of Paradise. \* Therefore all we believers, \* revering you, Mother of God, raise the song: \* Almighty God of our Fathers, ever blessed are you!

# Canon 2 for the Prophet.

From Menaion -

**Mode pl. 4.** *The fire in Babylon.* 

Verse: Blessed are You on the throne of Your kingdom, and You are praised and exalted beyond measure unto the ages. [SAAS]

You pitied the perishing \* people of Israel. In the zeal of your faith, \* by invoking the Lord God \* you brought down fire that consumed the burnt offering. \* Glorious Prophet Elias, I fervently \* pray that you rescue and save me from eternal fire. [AC]

Verse: Blessed are You in the firmament of heaven, for You are praised and glorified unto the ages. [SAAS]

On Mt. Tabor, you a last \* were counted worthy to see the face of God. \* Please beseech Him, O Prophet, \* to overlook and forgive my many sins, \* and to be gracious to me then on Judgement Day, \* so that with soul uncondemned, I may behold His face.

# Glory.

While traveling the road of life, \* I get distracted and often go astray. \* I beseech you, Elias, \* my good protector, guide me protectively; \* and when my thoughts are

perturbed and incline toward \* the carnal pleasures, O Saint, I pray you steady them.

Both now. Theotokion.

I hymn you, O all-hymned one, \* and magnify you, O Virgin graced by God, \* and your pure childbearing. \* I pray you help me when I am tossed by the waves \* of daily life; and please give to my humble soul \* tearful compunction to wash away its every stain.

# Ode vii. Katavasia. Mode 4.

Godly-minded three \* did not adore created things in the Creator's stead; \* rather, disdaining the threat \* of fire, they trampled it, and joyfully they sang: \* "O supremely praised \* and most exalted Lord and God \* of the fathers, You are blessed." [SD]

From Horologion - - -

# Canon for the Theotokos. Ode viii. Mode pl. 4. Heirmos.

O extol Him, who on the holy mountain \* showed His glory, as Lord, \* and in the bush with fire \* revealed to Moses knowledge of the mystery \* of the Ever-Virgin, supremely exalting Him unto all the ages. (2)

# Troparia.

Verse: Bless the Lord, all you works of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

Overlook not your servant who is drowning \* in the billowing waves \* of everyday existence. \* O noble Virgin, lend a helping hand to me \* in your great compassion; \* for I am exhausted by life's unending evils.

Verse: Bless the Lord, all you works of the Lord, you heavens of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

Tribulations and crises and privations \* and the trials of life \* have found me, O pure Maiden. \* On every side temptations have surrounded me. \* Care for me and help me \* and provide protection beneath your mighty shelter.

Verse: Bless the Lord, all you waters above the heaven, all you powers of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

I have found you a harbor in the tempest,
\* and rejoicing and happiness in sorrows, \* a
speedy help in sickness and infirmity, \* also a
protectress \* in ordeals, and likewise a rescuer
in perils. [5D]

Verse: Bless the Lord, you sun and moon, you stars of heaven, and exalt Him beyond measure, unto all the ages. [SAAS]

O rejoice, fiery throne of the Master! \*
O rejoice, sacred manna-holding vessel! \* O
golden lampstand, unextinguished torch,
rejoice! \* Pride of pious virgins, \* O rejoice, the
glory and ornament of mothers! [5D]

# Canon 1 for the Prophet.

From Menaion - -

Mode 2. Fed with unending fuel.

Verse: Bless the Lord, all you birds of heaven, all ou wild animals and cattle, and exalt Him beyond measure, unto all the ages. [SAAS]

After the Prophet's stern rebuke, \* Ahab fittingly incurred the utter ruin \* of race and realm, as just retribution for his murderous sin. \* Yet the Tishbite lived, and from his firebreathing heart \* extolled the Lord and Lifegiver and sang to Him: \* "O bless the Lord, all

you His works, and sing a hymn to Him, \* and exalt Him beyond measure unto all the ages."

Verse: Bless the Lord, O children of men. Bless the Lord, O Israel, and exalt Him beyond measure, unto all the ages. [SAAS]

After the Prophet's stern rebuke, \* Ahab fittingly incurred the utter ruin \* of race and realm, as just retribution for his murderous sin. \* Yet the Tishbite lived, and from his firebreathing heart \* extolled the Lord and Lifegiver and sang to Him: \* "O bless the Lord, all you His works, and sing a hymn to Him, \* and exalt Him beyond measure unto all the ages."

Verse: Bless the Lord, O priests of the Lord, O servants of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

Fire rained from heaven at your word,
\* O Elias, and it twice consumed the fifty \*
and captains who were sent \* to arrest you,
excellent servant of God. \* To the One who
possesses ever-living life \* you sang aloud the
hymn, as He is truly God, \* "O bless the Lord,
all you His works, and sing a hymn to Him,
\* and exalt Him beyond measure unto all the
ages." [SD]

Verse: Bless the Lord, O spirits and souls of the righteous, O holy ones and humble in heart, and exalt Him beyond measure, unto all the ages.

# Theotokion.

Christ, the transcendently divine \* offspring of the Virgin, on Mt. Tabor showed you, \* as one who fostered purity \* God's incomprehensible light \* in His body, and He

thus uncovered for you \* the mystery of His becoming flesh as God. \* And you cried out, "O bless the Lord, and sing a hymn to Him, \* and exalt Him beyond measure unto all the ages." [SD]

# Canon 2 for the Prophet.

From Menaion -

**Mode pl. 4.** The tyrant king.

Verse: Bless the Lord, O Hananiah, Azariah, and Mishael, and exalt Him beyond measure, unto all the ages. [SAAS]

Prophet Elias, we know you \* as a vessel in whom abode \* the all-holy Spirit, and an angel on the earth. \* You breathed forth the zeal for God, you overturned impiety, \* censured kings, anointed prophets, and even slaughtered \* the shameful priests of Baal with a knife. And we therefore \* cry out to you to save us \* from shame at future judgment. [50]

Verse: Bless the Lord, O Apostles, Prophets, and Martyrs, and exalt Him beyond measure, unto all the ages. [SAAS]

Prophet, a fiery chariot \* took you up from the earth of old, \* being as you were on fire with a zeal for God. \* Elias inspired by God, \* I pray you use the chariot \* of your virtues and uplift my mind from the vices \* of earth; and pray intently \* to God the King of ages, \* that I might in the end cross \* the finish line in heaven.

Verse: We bless the Lord: Father, Son, and Holy Spirit; we sing a hymn to Him and exalt Him beyond measure unto the ages. [SAAS]

You spoke a living word of old \* and the sky shut and did not rain. \* I entreat you, utter now a spiritual word, \* O Prophet, and unto me \* open the gates of penitence, \* sending to

my soul the rain of tears and compunction; \* and save me as I cry out, \* "O you priests and you peoples \* supremely now exalt Christ, unto all the ages." [SD]

# Both now. Theotokion.

Mother of God, Emmanuel, \* who was born of you, came to earth \* teaching us repentance and the true belief in God. \* Please earnestly pray that He \* open the gates of righteousness \* so that I may enter, all-immaculate Lady, \* and save me as I cry out, \* "O you priests and you peoples \* supremely now exalt Christ, unto all the ages." [SD]

# Ode viii. Katavasia. Mode 4.

We praise and we bless and we worship the Lord

Guiltless were those Servants in the furnace. \* The Son of the Theotokos went and rescued them. \* He who was prefigured then, \* having been incarnate now, \* is gathering the whole wide world into His Church to sing: \* "O all you works of the Lord, to all ages \* sing praises to the Lord and exalt Him beyond measure."

#### **DEACON**

Let us honor and magnify in song the Theotokos and the Mother of the light.

### **CHOIR**

#### Ode ix.

# Megalynarion. Mode pl. 4.

**Verse:** My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NK]VI

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth

to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

**Verse:** For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [5D]

**Verse:** He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever. INKIVI

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

From Horologion - - -

Canon for the Theotokos. Ode ix. Mode pl. 4. Heirmos.

The heavens were astounded as a result,

\* and the ends of the earth were astonished,
inasmuch as God \* bodily appeared to the
human race, \* O Theotokos, coming forth \*
from your virgin womb which indeed became

\* more spacious than the heavens. \* And
therefore by the orders \* of men and angels
you are magnified. (2)

# Troparia.

*Verse*: Blessed be the Lord God of Israel, for he has visited and redeemed his people. [RSV]

O pure one, unto whom else am I to flee?

\* Where am I now to run? Where shall I be saved? Where shall I go? \* Where am I to find any other place \* of refuge, other fervent aid, \* or another helper in my distress? \* My hope is in you only. \* In you alone I glory. \* And taking courage, I have fled to you. [SD]

Verse: And has raised up a horn of salvation for us in the house of his servant David. [RSV]

Impossible it is to enumerate \* your magnificent wonders, O Bride of God, and to acclaim \* aptly the unfathomable abyss \* of your stupendous miracles \* that are done continually for all \* who honor you with

longing \* and faithfully pay rev'rence \* to you the true Birthgiver of our God. [5D]

Verse: As he spoke by the mouth of his holy prophets from of old. That we should be saved from our enemies, and from the hand of all who hate us.

[RSV]

With grateful hymns I glorify and extol \* your immeas'rable mercy, and I acknowledge unto all \* the enormous power that you possess, \* O Lady. And the benefits \* which you have so lavishly poured on me \* I magnify and herald \* with heart and soul, O Virgin, \* and with my mind and tongue forevermore.

*Verse:* To perform the mercy promised to our fathers, and to remember his holy covenant. [RSV]

Accept my poor and negligible appeal; \* and my weeping and tears and my sighing too do not ignore. \* But since you are good, come unto my aid, \* fulfilling my petitions all. \* You can do all things, as the Mother of \* our God and Lord Almighty. \* Just nod in the direction \* of my lamentable humility.

# Canon 1 for the Prophet.

From Menaion - - -

Mode 2. Lady, from your virginal belly.

Verse: The oath which he swore to our father Abraham, to grant us that we, be[ing] delivered from the hand of our enemies. [RSV]

After St. Elias the Tishbite \* led his life on earth unswayed by men, \* and when he struck the Jordan's waters with his cloak \* and they parted for him to cross, then he boarded a chariot, \* and by the Spirit made his way \* heavenward on a strange trajectory.

Verse: [That we] might serve him without fear, in holiness and righteousness before him all the days of our life. [RSV]

Aflame was the Tishbite Elias \* with religious zeal and love for God, \* when in the fiery chariot he flew away. \* On Elisha, whom he could not elude, he let his mantle fall; \* and thus the Prophet left him with \* double the portion of his gift of grace.

Verse: And you, child, will be called the prophet of the Most High; for you will go before the Lord to prepare his ways. [RSV]

On Mt. Tabor, Prophet Elias \* was with Moses and beheld the Lord \* when He became incarnate, the Ruler over all, \* that which eyes had not ever seen \* and ears had never heard before \* and human hearts had not perceived. \* Truly the Tishbite was a seer of God. [5D]

Verse: To give knowledge of salvation to his people in the forgiveness of their sins, through the tender mercy of our God. [RSV]

# Theotokion.

The primeval absolute verdict \* was rescinded by your childbirth. \* Because of you, restored is primal mother Eve. \* Now humanity has become familiar with God through you, \* the bridge to our Creator. \* You, O Theotokos, do we magnify. [SD]

# Canon 2 for the Prophet.

From Menaion - - -

**Mode pl. 4.** *The heavens were astounded.* 

Verse: When the day shall dawn upon us from on high to give light to those who sit in darkness and in the shadow of death. [RSV]

O Prophet, you were seen worthy to see God \* in a light breeze — as far as a mortal can — \* having before \* made your body light

by ascetic life; \* and therefore, I implore you that, \* lightening the heaviness of my mind \* by your own intercessions, \* you now would shine divine beams \* of true repentance and illumine me. [JMB]

*Verse*: To guide our feet into the way of peace.

[RSV]

Of old, you once divided the Jordan's streams \* into two with your mantle by striking it, and crossed on foot, \* so now also dry up, all-blessed one, \* the streams of all my dreadful sins, \* sending to my soul now and every day \* repentant tears like storm-rain, \* O God-proclaiming Prophet, \* and granting me a torrent of delight. [MB]

# Glory.

From all the many stumbling blocks in this life, \* tribulations, temptations, and lawless foes, fleshly disease, \* and ev'ry perversion of mind and soul, \* and from eternal punishment \* in Gehenna, rescue me by your prayers; \* O glorious great Prophet, \* and good loving protector, \* for in affliction I cry out to you. [JMB]

# Both now. Theotokion.

As you, O Maid, are loving, do not despise \* all the cries of your servants, all blameless one, \* but now entreat \* earnestly the Maker of all, your Son, \* to grant our rulers trophies of \* victory from heaven, stoutness of soul, \* forgiveness of offenses, and free participation \* in God's own Kingdom and its radiance. [JMB]

# Ode ix. Katavasia. Mode 4.

All you born on earth, \* with festival lamps in hand, in spirit leap for joy; \* and

all you the heavenly angelic orders, join in and celebrate; \* and honoring the sacred wonders of the Mother of God, \* sing the joyful salutation, "O rejoice, \* Theotokos, all-blest, ever-virgin pure!" [SD]

# **DEACON**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

#### **PRIEST**

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

# Exaposteilarion.

From Menaion - - -

**Mode 3.** O Logos, light unaltered.

Light in the fiery chariot, that made a skyriding charioteer \* out of you, O Elias, did not at all consume you. \* After all, you had brought down fire \* and dried up the rainfall \* by your earthen tongue, O Prophet. [5D]

# Theotokion.

**Mode 3.** O Logos, light unaltered.

Light-bearing Mother and Virgin, \* compel by your intercession \* your Son, O pure Theotokos, \* to have compassion and

save me \* from the eternal darkness, \* since I am trusting \* in your divine assistance. [5D]

# Lauds. Mode pl. 4.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

To fulfill among them the written judgment: this glory have all His holy ones.

Praise God in His saints; praise Him in the firmament of His power.

# Stichera. For the Prophet.

From Menaion - - -

# Mode pl. 4. What are we to call you.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

O Elias, Prophet and Oracle, \* when by virtue and your unadulterated way of life \* you were joined to God, and thus received authority from Him, \* creation's natural order you altered at will, \* and likewise shut up heaven's gates against the rain. \* And you made fire come down to earth, \* and it consumed the impious men. \* So intercede, we entreat you, that our souls be saved. [5D]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

O Elias, Prophet and Oracle, \* when by virtue and your unadulterated way of life \* you were joined to God, and thus received authority from Him, \* creation's natural order you altered at will, \* and likewise shut up heaven's gates against the rain. \* And you made fire come down to earth, \* and it consumed the impious men. \* So intercede, we entreat you, that our souls be saved. [50]

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Fired up with zeal for the Lord your God, \* O Elias, you rebuked the kings who disobeyed the Law, \* and most fervently you put to death the shameful priests of Baal; \* ignited fire in water paradoxically, \* and likewise brought forth food not harvested from earth. \* And with your mantle you struck the stream \* of River Jordan and parted it. \* So intercede, we entreat you, that our souls be saved. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Prophet, when you learned and in very truth \* manifested in your ways the life of heaven here on earth, \* and obtained within yourself the wealth of hypostatic life, \* you breathed on the deceased and resurrected him. \* And you have still remained superior to death. \* Aboard a fiery chariot \* you were transported into the heights. \* So intercede, we entreat you, that our souls be saved. [5D]

Glory.

From Menaion - - -

# Mode pl. 4.

O believers, let us sing hymns in honor of Elias and Elisha, the pinnacles of the prophets and the luminaries of the world. And let us joyfully cry out to Christ, "O compassionate Lord, at the entreaties of Your Prophets, grant to Your people the forgiveness of sins and the great mercy." [SD]

From Octoechos - - -

Both now. Theotokion.

Lady, receive the supplications of your servants, and rescue us from all necessity and affliction.

# **Great Doxology**

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

# Apolytikion.

From Menaion - - -

Mode 4. Come quickly.

The angel incarnate and the Prophets' pedestal, \* the second Forerunner of the coming of Christ, Elias the glorious, \* sent down to Elisha the divine grace from heaven. \* He drives away diseases and he cleanses lepers. \* Therefore he pours out healings to those who honor him. [SD]

# **DEACON**

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed and evermemorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and allvenerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

# **PRIEST**

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

# **DEACON**

Let us complete our morning prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

# **PRIEST**

For You are the God of mercy and compassion and love for mankind, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

### **PRIEST**

Peace be with all.

(And with your spirit.)

#### **DEACON**

Let us bow our heads to the Lord.

(To You, O Lord.)

### PRIEST (in a low voice)

Holy Lord, dwelling on high and beholding things below and, with your eye that observes all, keeping watch over the whole creation, to you we have bowed the neck of our soul and body, and we beseech you, O Holy of Holies: Stretch forth your invisible hand from your holy dwelling and bless us all. And, as you are good and love humankind, pardon us if we have sinned in anything, voluntarily or involuntarily, granting us your blessings both of this world and of the world above.

For Yours it is to show mercy and to save us, O our God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

# **DEACON**

Wisdom.

(Father, bless!)

#### **PRIEST**

Blessed are You, Christ our God, always now and forever and to the ages of ages. (*Amen.*)

Make firm, Lord our God, the holy and pure faith of the pious Orthodox Christians, together with the Holy Church and this city forever.

#### **READER**

Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

# **PRIEST**

May Christ our true God, through the intercessions of His all-pure and allimmaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, the holy and glorious Prophet Elias the Tishbite, whose memory we celebrate; and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)