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The Service of Matins

for Saturday, March 30, 2019

**Triodion - Mode 2.
on Saturday Morning**

**Triodion - On Saturday of the Third Week
at Matins**

**Menaion - March 30
Memory of St. John of The Ladder**

Text in English

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vol Orthodox Monastery of the Veil of our Lady

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Triodion

Mode 2. On Saturday Morning

On Saturday of the Third Week at Matins

Menaion - March 30

Memory of St. John of The Ladder

MATINS

CHOIR

Mode 2.

Alleluia. Alleluia. Alleluia.

Alleluia. Alleluia. Alleluia.

Verse: *Blessed are they whom You have chosen and received, O Lord.* [SAAS]

Alleluia. Alleluia. Alleluia.

Verse: *And their memorial abides from generation to generation.* [SAAS]

Alleluia. Alleluia. Alleluia.

From Triodion - - -

Apolytikion.

Mode 2.

O Apostles, Martyrs, Prophets, Hierarchs, Monastics and the Righteous, you finished the race and kept the faith. You speak freely to the Savior. We pray you entreat Him on our behalf, to save our souls, since He is good. [SD]

Glory.

Remember Your servants, O Lord, since You are good, and forgive them for all their sins in life; for no one is without sin except for You who are able to give rest to those who have passed away. [SD]

Both now. **Theotokion.**

Holy Mother of the immaculate Light, we honor you with angelic hymns, and magnify you piously. [SD]

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 16. It would be followed by the short litany.

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Triodion - - -

CHOIR

Kathisma I.

Mode 2.

You make Your saints shinier than gold, and You glorify Your devout ones, since You are good. Being implored by them, O Christ our God, bring peace into our lives, in Your love for man, and set forth our prayer as incense, O Lord who alone repose in the saints. [SD]

Verse: *God is wondrous in His saints.* [SAAS]

O victorious Athletes of the Lord, blessed is the ground that was watered with your blood, and holy are the dwellings that received your spirits. You prevailed over the enemy in the stadium, and you openly

proclaimed Christ. We pray you will earnestly entreat Him for us, that He save our souls, since He is good. [SD]

Verse: *To the saints on His earth, in them the Lord magnified all His will.* [SAAS]

O Apostles, Martyrs, Prophets, Hierarchs, Monastics and the Righteous, you finished the race and kept the faith. You speak freely to the Savior. We pray you entreat Him on our behalf, to save our souls, since He is good. [SD]

Glory. **For the Dead.**

O Lord, the memory of the deceased leads me to recall what is in store for me. As I envision my condemnation, I bring to You my tortured plea: O merciful Lord, have mercy on me. [SD]

Both now. **Theotokion.**

Holy Mother of the immaculate Light, we honor you with angelic hymns, and magnify you piously. [SD]

READER

KATHISMA 17.

Psalm 118 (119)

First Stanza.

Blessed are You, O Lord; teach me Your ordinances. [SAAS]

Blessed are the blameless in the way who walk in the law of the Lord.

Blessed are those who search out His testimonies; they shall search for Him with their whole heart.

For those who work lawlessness do not walk in His ways.

You commanded us regarding Your commandments, that we should be very diligent to keep them.

Would that my ways were led, that I might keep Your ordinances.

Then I would not be ashamed when I regard all Your commandments.

I will give thanks to You, O Lord, with an upright heart, when I learn the judgments of Your righteousness.

I shall keep Your ordinances; do not utterly forsake me.

How shall a young man keep his way straight? when he keeps Your words.

I searched for You with my whole heart; do not drive me away from Your commandments.

I hid Your teachings in my heart so as not to sin against You.

Blessed are You, O Lord; teach me Your ordinances.

With my lips I declared all the judgments of Your mouth.

I delight in the way of Your testimonies as much as in all riches.

I shall meditate on Your commandments, and I shall understand Your ways.

I shall meditate on Your ordinances; I shall not forget Your words.

Reward Your servant; I shall live, and keep Your words.

Unveil my eyes, and I shall understand the wonders in Your law.

I am a sojourner on the earth; do not hide
Your commandments from me.

My soul longed to desire Your judgments
in every season.

You rebuke the arrogant; those who turn
aside from Your commandments are accursed.

Take away reproach and contempt from
me, for I searched Your testimonies.

For rulers sat and spoke against me, but
Your servant meditated on Your ordinances.

For Your testimonies are my meditation,
and Your ordinances are my counsels.

My soul cleaves to the earth; give me life
according to Your word.

I made known my ways and You heard
me; teach me Your ordinances.

Cause me to understand the way of Your
ordinances, and I shall meditate on Your
wonders.

My soul fainted because of its listlessness;
establish me in Your words.

Remove the way of unrighteousness from
me, and with Your law have mercy on me.

I chose the way of truth; I have not
forgotten Your judgments.

I cleave to Your testimonies; O Lord, do
not disappoint me.

I ran on the path of Your commandments,
when You enlarged my heart.

Give me as law, O Lord, the way of Your
ordinances, and I shall always search them.

Cause me to understand, and I shall
search out Your law; and I shall keep it with
my whole heart.

Guide me in the path of Your
commandments, for I desire it.

Incline my heart to Your testimonies and
not to greediness.

Turn away my eyes that I may not see
vanity; give me life in Your way.

Establish Your teaching in Your servant In
regard to Your fear.

Take away my blame, which I have
suspected, for Your judgments are good.

Behold, I long for Your commandments;
give me life in Your righteousness.

And may Your mercy come upon me,
O Lord, Your salvation according to Your
teaching.

And I shall answer those who insult me
with a word, for I hope in Your words.

Do not take away the word of truth
completely from my mouth, for I hope in Your
judgments.

So I shall keep Your law always, forever
and unto ages of ages.

And I walk in a broad space, for I
searched Your commandments.

I spoke of Your testimonies before kings,
and I was not ashamed.

And I meditate on Your commandments,
which I love exceedingly.

And I raise my hands to Your commandments, which I love. And I meditate on Your ordinances.

Remember Your word to Your servant, in which You give me hope.

This comforted me in my humiliation, for Your teaching gives me life.

The arrogant transgressed exceedingly, but I did not turn away from Your law.

I remembered Your judgments of old, O Lord, and I was comforted.

Despondency held me because of sinners who abandon Your law.

Your ordinances were sung to me In the place of my sojourning.

I remembered Your name in the night, O Lord, and I kept Your law.

This happened to me in the night, because I searched Your ordinances.

You are my portion, O Lord; I said I will keep Your law.

I sought Your presence with my whole heart; have mercy on me according to Your teaching.

I considered Your ways, and I turned my feet toward Your testimonies.

I prepared myself, and I was not troubled, that I might keep Your commandments.

The ropes of sinners ensnared me, but I did not forget Your law.

At midnight I arose to give thanks to You because of the judgments of Your righteousness.

I am a companion of all who fear You and keep Your commandments.

Lord, the earth is full of Your mercy; teach me Your ordinances.

Lord, You dealt with Your servant in goodness, according to Your word.

Teach me goodness, instruction, and knowledge, for I believe Your commandments.

Before I was humbled, I transgressed; therefore, I kept Your teaching.

You are good, O Lord, and in Your goodness teach me Your ordinances.

The unrighteousness of the arrogant multiplied against me, but I will search out Your commandments with my whole heart.

Their heart was curdled like milk, but I meditated on Your law.

It is good for me that You humbled me, that I might learn Your ordinances.

The law of Your mouth is good for me, rather than thousands of pieces of gold and silver.

Your hands made and fashioned me; instruct me, and I will learn Your commandments.

Those who fear You will see me and be glad, because I hope in Your words.

I know, O Lord, Your judgments are righteousness, and You humbled me with truth.

Let Your mercy be for my comfort, according to Your teaching to Your servant.

Let Your compassions come to me, and I shall live; for Your law is my meditation.

Let the arrogant be shamed, for they transgressed unjustly against me; but I shall meditate on Your commandments.

Let those who fear You turn to me, and those who know Your testimonies.

Let my heart be blameless in Your ordinances, that I may not be disappointed.

My soul earnestly longs for Your salvation, and I hope in Your word.

My eyes strained to look at Your teaching, saying, "When will You comfort me?"

I am like a leather bag in a frost; I did not forget Your ordinances.

How many are the days of Your servant? When will You execute judgment for me upon those who persecute me?

Transgressors described their meditations to me, but these are not like Your law, O Lord.

All Your commandments are truth; they persecuted me unjustly; help me.

They almost ended my life on earth, but I did not forsake Your commandments.

Give me life according to Your mercy, and I shall keep the testimonies of Your mouth.

Forever, O Lord, Your word continues in heaven.

Your truth continues from generation to generation; You laid the foundation of the earth, and it continues.

By Your arrangement each day continues, for all things are Your servants.

If Your law were not my meditation, I would have perished in my humiliation.

CHOIR

Mode pl. 4.

I will never forget Your ordinances, for in them You give me life, O Lord. (3)

DEACON

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed memory and eternal repose of all pious Orthodox Christians who have fallen asleep in the hope of the resurrection unto life everlasting, emperors, patriarchs, bishops, priests, deacons, hieromonks, deacon-monks, monks, nuns, fathers, forebears, grandparents, great-grandparents, parents, spouses, children, siblings, and all our relatives, from the beginning until the end of time; and for the forgiveness of all their sins, both voluntary and involuntary.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

May the Lord God place their souls where the righteous repose. Let us ask for the mercies of God, the kingdom of Heaven, and the forgiveness of their sins from Christ our immortal king and God.

(Grant this, O Lord.)

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

O God of spirits and of all flesh, You have trampled down death and have abolished

the power of the devil, giving life to Your world. Give rest to the souls of Your departed servants, emperors, patriarchs, bishops, priests, deacons, hieromonks, deacon-monks, monks, and nuns, all pious Orthodox Christians who have fallen asleep in the hope of the resurrection unto life everlasting, from all the ends of the world, fathers, forebears, grandparents, great-grandparents, parents, spouses, children, siblings, and all our relatives. Give them rest in a place of light, in a place of repose, in a place of refreshment, where there is no pain, sorrow, and suffering. As a good and loving God, forgive every sin they have committed in thought, word or deed, for there is no one who lives and is sinless. You alone are without sin. Your righteousness is an everlasting righteousness, and Your word is truth.

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

For You are the resurrection, the life and the repose of all the departed faithful Orthodox Christians, Christ our God, and to You we give glory, with Your eternal Father and Your all-holy, good and life giving Spirit, now and forever and to the ages of ages.

(Amen.)

READER

Second Stanza.

I am Yours; save me, for I search Your ordinances. [SAAS]

Sinners waited for me to kill me; I understood Your testimonies.

I saw the limit of every accomplishment; Your commandment is exceedingly broad.

How I love Your law, O Lord; It is my meditation the whole day long.

You make me wiser than my enemies with Your commandment, for it is mine forever.

I understand more than all my teachers, for Your testimonies are my meditation.

I understand more than the elders, for I search Your commandments.

I withheld my feet from every evil way, that I might keep Your words.

I did not turn away from Your judgments, for You taught me Your law.

How sweet to my taste are Your teachings, more than honey and the honeycomb in my mouth.

I gained understanding because of Your commandments; therefore, I hate every unrighteous way.

Your word is a lamp to my feet and a light to my paths.

I swore and confirmed that I would keep the judgments of Your righteousness.

I was humbled exceedingly; O Lord, give me life according to Your word.

Be well-pleased with the freewill offerings of my mouth, O Lord, and teach me Your judgments.

My soul is always in Your hands, and I have not forgotten Your law.

Sinners set snares for me, but I did not wander from Your commandments.

I inherited Your testimonies forever, for these are the exceeding joy of my heart.

I inclined my heart to do Your ordinances forever for a reward.

Transgressors I hate, but I love Your law.

You are my helper and my protector; I hope in Your word.

Turn away from me, you evildoers, and I shall search out the commandments of my God.

Uphold me according to Your teaching, and give me life; and may You not disappoint my expectation.

Help me, and I shall be saved; and I shall meditate always in Your ordinances.

You set at naught all who departed from Your ordinances, for their thought is unrighteous.

I counted as transgressors all the sinners of the earth; for this reason I always love Your testimonies.

Nail my flesh with the fear of You, for I fear You because of Your judgments.

I work judgment and righteousness; do not deliver me to those who wrong me.

Take Your servant to that which is good; do not let the arrogant falsely accuse me.

My eyes strained to look at Your salvation and at the teaching of Your righteousness.

Deal with Your servant according to Your mercy and teach me Your ordinances.

I am Your servant; cause me to understand, and I shall know Your testimonies.

It is time for the Lord to act; they broke Your law.

For this reason I love Your commandments more than gold and topaz.

Therefore I directed myself to all Your commandments; I hated every unrighteous way.

Wondrous are Your testimonies; for this reason my soul searches them out.

The revelation of Your words gives light, and it causes children to understand.

I opened my mouth and drew in my breath, for I longed for Your commandments.

Look upon me and have mercy on me, according to the judgment of those who love Your name.

Direct my steps according to Your teaching and let no lawlessness rule over me.

Ransom me from the slander of men, and I will keep Your commandments.

Make Your face shine upon Your servant and teach me Your ordinances.

My eyes poured down streams of tears because they did not keep Your law.

Righteous are You, O Lord, and upright is Your judgment.

You commanded Your testimonies exceedingly in righteousness and truth.

The zeal of Your house caused me to yearn for home, for my enemies forgot Your words.

Your teaching is exceedingly purified in fire, and Your servant loves it.

I am young, and beheld as nothing, but I have not forgotten Your ordinances.

Your righteousness is righteousness forever, and Your law is truth.

Affliction and trouble found me, but Your commandments are my meditation.

Your testimonies are righteousness forever; give me understanding, and I shall live.

I cry out with my whole heart; hear me, O Lord; I shall search Your ordinances.

I cry out to You; save me, and I shall keep Your testimonies.

I arose at midnight and cried out; I hoped in Your words.

My eyes awoke before dawn that I might meditate on Your teachings.

Hear my voice, O Lord, according to Your mercy; give me life according to Your judgment.

Those who persecute me in lawlessness drew near; they are far removed from Your law.

You are near, O Lord; all Your commandments are truth.

From the beginning I knew Your testimonies, that You established them forever.

Behold my humiliation and deliver me, for I have not forgotten Your law.

Plead my cause and redeem me; give me life because of Your word.

Salvation is far from sinners, for they have not searched Your ordinances.

Your compassions are many, O Lord; give me life according to Your judgment.

Many are those who pursue and afflict me, but I did not turn away from Your testimonies.

I saw those acting foolishly, and I yearned for You; for they did not keep Your teachings.

Behold, I love Your commandments; O Lord, in Your mercy, give me life.

The beginning of Your words is truth, and all the judgments of Your righteousness are forever.

Rulers persecuted me without cause, but my heart feared because of Your words.

I shall greatly rejoice in Your teachings, like one finding great spoil.

I hate and abhor unrighteousness, but I love Your law.

I praise You seven times a day for the judgments of Your righteousness.

Great peace have all who love Your law, and it is not an offense to them.

I long for Your salvation, O Lord, and I love Your commandments.

My soul keeps Your testimonies, and I love them exceedingly.

I keep Your commandments and Your testimonies, for all my ways are before You, O Lord.

Let my supplication draw near before
You, O Lord; give me understanding
according to Your teaching.

May my petition come before You; Deliver
me according to Your teaching.

My lips shall overflow in song when You
teach me Your ordinances.

My tongue shall speak of Your teaching,
for all Your commandments are righteousness.

Let Your hand be for saving me, for I
chose Your commandments.

I long for Your salvation, O Lord, and
Your law is my meditation.

CHOIR

Mode pl. 1.

My soul shall live and praise You, and
Your judgments shall help me. I went astray
like a lost sheep; seek Your servant, for I have
not forgotten Your commandments. (3)

Evlogetaria for the Dead.

Mode pl. 1.

*Blessed are You, O Lord, teach me Your
statutes.*

The choir of Saints has found the fountain
of life and the door of Paradise. May I also
find the way through repentance. I am the
sheep that is lost: O Savior, call me back and
save me. [HC]

*Blessed are You, O Lord, teach me Your
statutes.*

Of old You created me from nothing and
honored me with Your divine image. But
when I disobeyed Your commandment, O
Lord, You cast me down to the earth from
where I was taken. Lead me back again to

Your likeness, and renew my original beauty.
[HC]

*Blessed are You, O Lord, teach me Your
statutes.*

I am an image of Your ineffable glory,
though I bear the scars of my transgressions.
On Your creation, Master, take pity and
cleanse me by Your compassion. Grant me
the homeland for which I long and once again
make me a citizen of Paradise. [HC]

*Blessed are You, O Lord, teach me Your
statutes.*

Give rest, O God, to Your servant, and
place him (her) in Paradise where the choirs of
the Saints and the righteous will shine as the
stars of heaven. To Your departed servant give
rest, O Lord, and forgive all his (her) offenses.
[HC]

*Glory to the Father and the Son and the Holy
Spirit.*

The threefold radiance of the one God let
us praise, and let us shout in song: Holy are
You, eternal Father, coeternal Son, and divine
Spirit! Illumine us who worship You in faith
and deliver us from the eternal fire. [HC]

*Both now and ever and to the ages of ages.
Amen.*

Rejoice, gracious Lady, who for the
salvation of all gave birth to God in the flesh,
and through whom the human race has found
salvation. Through you, pure and blessed
Theotokos, may we find Paradise. [HC]

Alleluia. Alleluia. Alleluia. Glory to You,
O God. (3)

DEACON

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed memory and eternal repose of all pious Orthodox Christians who have fallen asleep in the hope of the resurrection unto life everlasting, emperors, patriarchs, bishops, priests, deacons, hieromonks, deacon-monks, monks, nuns, fathers, forebears, grandparents, great-grandparents, parents, spouses, children, siblings, and all our relatives, from the beginning until the end of time; and for the forgiveness of all their sins, both voluntary and involuntary.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

May the Lord God place their souls where the righteous repose. Let us ask for the mercies of God, the kingdom of Heaven, and the forgiveness of their sins from Christ our immortal king and God.

(Grant this, O Lord.)

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

O God of spirits and of all flesh, You have trampled down death and have abolished the power of the devil, giving life to Your world. Give rest to the souls of Your departed servants, emperors, patriarchs, bishops, priests, deacons, hieromonks, deacon-monks, monks, and nuns, all pious Orthodox Christians who have fallen asleep in the hope of the resurrection unto life everlasting, from all the ends of the world, fathers, forebears,

grandparents, great-grandparents, parents, spouses, children, siblings, and all our relatives. Give them rest in a place of light, in a place of repose, in a place of refreshment, where there is no pain, sorrow, and suffering. As a good and loving God, forgive every sin they have committed in thought, word or deed, for there is no one who lives and is sinless. You alone are without sin. Your righteousness is an everlasting righteousness, and Your word is truth.

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

For You are the resurrection, the life and the repose of all the departed faithful Orthodox Christians, Christ our God, and to You we give glory, with Your eternal Father and Your all-holy, good and life giving Spirit, now and forever and to the ages of ages.

(Amen.)

From Triodion - -

CHOIR

Kathisma II.

Mode pl. 1.

Grant rest with the Righteous to Your servants, O our Savior, and grant them to dwell in Your courts, as it is written. Since You are good, overlook their offences, both voluntary and involuntary, and all that they committed in knowledge or in ignorance, O Lover of man. ^[SD]

Glory.

And all that they committed in knowledge or in ignorance, O Lover of man. ^[SD]

Both now. **Theotokion.**

O Christ our God, who from a Virgin rose upon the world, and through her made us sons of light, have mercy on us. [SD]

READER

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I

would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

From Menaion - - -

CHOIR

Canon for the Devout Man.

Ode i. Mode 1. Heirmos.

Verse: Let us sing to the Lord, for He is greatly glorified.

An anthem of victory let us all sing now * to God as the One who wrought * wondrous and portentous signs * by His exalted arm, * and who saved Israel of old. For He is glorified. [SD]

Troparia.

Devout Saint of God, intercede for us.

O most wise John, you rightly abhorred the world below, and thus you received the world on high. You teach us that by fleeing from the world, we draw close to God. [SD]

Verse: The Lord reigns forever and ever and ever. For Pharaoh's horses went with his chariots and horsemen into the sea. [SAAS]

O blessed Saint, and were crowned by Christ God with the awards of dispassion, for you chased away sickness, by your attachment to hunger, and bound the prince of the passions with the chains of your ascetic struggles. [SD]

Verse: But the children of Israel walked on dry ground in the midst of the sea. [SAAS]

O godly-minded and all-blessed John, you now dwell in the immaterial mansions, for you adopted a frame of mind in every way angelic, and you did cut your yourself off from this earthly and corrupt world. [SD]

Glory.

O blessed and all-wise John, in order to lead them up by your teachings from the earth to the blessed life, you authored your long treatise for those who would listen. [SD]

Both now. **Theotokion.**

O Virgin Bride of God, the Church proclaims your Child, an Orthodox mouth and divine doctrines, and it honors the symbols of your Son's flesh. [SD]

From Menaion - - -

Canon for the Devout Man.

Ode iii. Mode 1. Heirmos.

Verse: Holy are You, O Lord, and my spirit praises You.

As the Psalmist said, the stone that the builders had rejected * has itself become now the head of the corner. * And furthermore the same is the rock on which Christ our God * firmly established His own Church, * which from the Gentiles He redeemed for himself. [SD]

Troparia.

Devout Saint of God, intercede for us.

O godly John, you removed the foul smell of wrath from deep within your soul, you experienced freedom from anger to be like redolent incense. Therefore, pray the Redeemer now to forgive us our sins. [SD]

Verse: The Lord went up into the heaven and thundered. The Lord judges the ends of the earth. [SAAS]

O godly John, you removed the foul smell of wrath from deep within your soul, you experienced freedom from anger to be like redolent incense. Therefore, pray the Redeemer now to forgive us our sins. [SD]

Verse: He gives strength to our leaders, and He will exalt the horn of His Christ. [SAAS]

O blessed Father, burning up all thought of rancor with the fire of Christ's love, you faithfully shone with the rays of love for your brother; and by describing what it is not to have resentment, you indicated to all an easy path to salvation. [SD]

Glory.

You received the grace of ascetic practice from on high. You stop slanderous lips by your wise teachings, by which you guide us on the path of virtue. May we be attain such virtue. [SD]

Both now. **Theotokion.**

O pure one, the Prophet of old knew that you would give birth in time to the Timeless One, Christ our God, One of the Trinity, in virginity and beyond mind and speech. Pray that He be merciful to us who extol you. [SD]

Heirmos.

As the Psalmist said, the stone that the builders had rejected * has itself become now the head of the corner. * And furthermore the same is the rock on which Christ our God * firmly established His own Church, * which from the Gentiles He redeemed for himself. [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For you are our God, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Kathisma.

From Menaion ---

Mode 4. You who were lifted.

You set the virtues like a ladder to heaven, * and you ascended it devoutly and wisely, * attaining contemplation's unfathomable depth. * By your writings you exposed every scheme of the demons, * and from harm did you preserve all the faithful who read you. * O veritable ladder of the virtues, devout John, * pray to the Savior to save all who honor you.

[SD]

Glory. Both now. **Theotokion.**

Mode 4. You who were lifted.

We the unworthy shall not ever be silent, * O Theotokos, from proclaiming your powers. * For were you not concerned to intercede for us, * who would have delivered us * from

such manifold dangers, * and who else would up to now * have preserved us in freedom? * O Lady, we shall not depart from you, * for you ever save your servants * from evils of every kind. [SD]

From Menaion ---

Canon for the Devout Man.

Ode iv. Mode 1. Heirmos.

Verse: Glory to Your strength, O Lord.

When you, Prophet Habbakuk, inspired had foreseen * the incarnation of the Word, you shouted and declared, * "In the approaching years You shall be acknowledged; * You will be revealed when the time comes. * Glory to Your power, O Lord." [SD]

Troparia.

Devout Saint of God, intercede for us.

O wise John, by fasting you bridled the violence of the tongue, and so you led your life in silence. Once you tasted the grace of the Most High as though it were the fragrance of fire, you avoided garrulousness like the gloom of sin, and you worshiped God blamelessly. [SD]

Verse: The Lord God is my strength; He will direct my feet to the end. [SAAS]

O wise John, by fasting you bridled the violence of the tongue, and so you led your life in silence. Once you tasted the grace of the Most High as though it were the fragrance of fire, you avoided garrulousness like the gloom of sin, and you worshiped God blamelessly. [SD]

Verse: He will set me upon high places, so to conquer by His song. [SAAS]

O divinely speaking John, you sweetened your soul with truth, and you fled from the bitter taste of falsehood. Therefore, bringing

those things that serve the demons into servitude to godly asceticism, you became an unerring guide of monastics. [SD]

Glory.

O wise Father, you were hardened by the rigor of ascetic discipline. You mightily destroyed the paralysis of apathy, and slew the power of depression with the spear of eagerness. Now you intercede with God to grant us all forgiveness of sins. [SD]

Both now. **Theotokion.**

O pure and all-extolled Virgin, blessed is the nation that honors your childbirth faithfully, and that makes manifest the Incarnation of your Son in Orthodoxy, in doctrines, in deeds, and in symbols of the truth. [SD]

From Menaion ---

Canon for the Devout Man.

Ode v. Mode 1. Heirmos

Verse: O Lord our God, grant us peace.

O Savior, night and the fog of sin have surrounded me. Therefore I pray You, let the morning of repentance rise on me, O compassionate Lord, before I reach the indefinite end of my life, O Christ, the Life and the Light. [SD]

Troparia.

Devout Saint of God, intercede for us.

You did not partake of pleasurable foods, but you fattened your mind with the delicacies of abstinence. With hunger you strangled the passions and shamed the demons. For, as you said, he who afflicts the stomach slays the pleasures. [SD]

Verse: The dead shall rise up; and those in the tombs shall arise. Those in the earth shall be glad.

[SAAS]

O Saint, you were a lover of chastity and a hater of lust. You escaped the moonless night of the passions, by the light of truthful confession. For he who would cleanse body and mind must triumph over the hidden things of darkness, as you said. [SD]

Verse: For your dew is a healing for them, but the land of the ungodly shall come to an end. [SAAS]

You truly became a lover of God and not a lover of money. You served the Trinity in mind, soul, and body. You who in mercy were a lover of the poor, even in scarcity of necessities, utterly rejected the worship of idols. [SD]

Glory.

O Father, while on the earth, you devoutly threw off the burden of matter. You soared up to things immaterial with the wings of your freedom from possessions. Therefore, as you stand immaterially and faithfully near Christ with the bodiless hosts, pray Him to forgive our souls. [SD]

Both now. **Theotokion.**

O Ever-virgin, they who will not venerate the icons of you and of your Son are our enemies and are accursed, since they refuse to obey the ancient divine doctrines of the Fathers. [SD]

From Menaion - - -

Canon for the Devout Man.

Ode vi. Mode 1. Heirmos.

Verse: Save us, O Lord, like You saved the Prophet Jonah.

Imitating the inspired Prophet Jonah in the whale, * I cry out to You, O Lord, * "From destruction free my life * and save me, I pray * to You, O Savior of the world. Glory to You!"

[SD]

Troparia.

Devout Saint of God, intercede for us.

O Father John, you drove from your soul the insensibility of the passions, with the force of chaste sobriety and your efforts in prayer; and proved to be wholly sober. [SD]

Verse: I cried out in my affliction to the Lord, my God, and He heard my voice. [SAAS]

O Father John, you drove from your soul the insensibility of the passions, with the force of chaste sobriety and your efforts in prayer; and proved to be wholly sober. [SD]

Verse: You cast me into the depths of the heart of the sea, and rivers encompassed me. [SAAS]

O God-inspired Saint, in vigilant prayer you manfully subdued the sleep-loving foe, and you became a vigilant shepherd of Christ's flock and a luminary of teachers. [SD]

Verse: All Your surging waters and Your waves passed over me. [SAAS]

O Saint, you foresaw the divine beauty of blessed delight, for you piously cleanse the eye of your mind and tirelessly served Christ at all times. [SD]

Verse: Shall I again look with favor toward Your holy temple?' [SAAS]

Theotokion.

O Virgin, the unlawful are nauseated now in the tossing sea of bitter unbelief, as they see the hosts of the Orthodox devoutly venerating your holy icon. [SD]

Canon 1 from the Triodion.

From Triodion - - -

Mode 4. (NM)

Verse: Water is poured over me to my soul; the lowest depth encircled me. [SAAS]

O victorious martyrs, worthy of our praise, with the drops of your blood ye have watered the hearts of the Orthodox and drowned the hosts of the ungodly. [KW]

Verse: My head plunged into the clefts of the mountains. I descended into the earth, the bars of which are everlasting barriers. [SAAS]

With your own bodies ye glorified the Master of all, and now ye are glorified without ceasing, O martyrs, glory of the faithful and their chief defenders. [KW]

Verse: Yet let my life ascend from corruption, O Lord, my God. [SAAS]

Thou wast laid in the lowest pit, O Word of God: at the prayers of the holy martyrs grant rest and forgiveness of sins to those who have died in the faith. [KW]

Verse: My head plunged into the clefts of the mountains. I descended into the earth, the bars of which are everlasting barriers. [SAAS]

Theotokion.

Accept these our prayers, O Virgin, and entreat thy Son that we may receive

forgiveness of our trespasses; and we shall praise thee with joyful voices. [KW]

Canon 2 from the Triodion.

Ode vi. Mode pl. 4. (NM)

Held fast by many sins.

Verse: *Those who follow vanity and lies forsake their own mercy.* [SAAS]

Now is the festival of the martyrs: with all haste let us meet together and glorify their sufferings, and let us sing in praise of Christ who has granted to them victors' crowns. [KW]

Verse: *As much as I vowed, I shall offer up to You, to You, the Lord of Deliverance.* [SAAS]

O blessed martyrs, aflame with divine love for Christ, singing in praise of Him, ye walked upon the coals of fire as if upon dew.

[KW]

Glory. **For the Trinity.**

I sing Thy praises, Trinity without beginning, divine Unity; Light and Lights Thou art, Life and Lives, one Holy and three Holies: Mind, Word and Spirit, the one God.

[KW]

Both now. **Theotokion.**

Leap for joy, Jesse the forefather; from thy root has sprung the Flower of Life that saves the world, Christ our God, born from the pure Virgin. [KW]

Verse: *God is wondrous in His saints.* [SAAS]

For the Martyrs.

Fearing neither fire nor sword nor death, O blessed martyrs, strengthened by Christ, ye held fast to the confession of salvation. [KW]

Verse: *Their souls shall dwell among good things.* [SAAS]

For the Dead.

Free among the dead, as Ruler over life and death, do Thou give rest to those whom Thou hast taken, and make them dwell in Thy courts, O Lord who lovest mankind. [KW]

Heirmos. Mode pl. 4.

Held fast by many sins, I fall down like the Prophet before Thy tender mercies. Accept me also in Thy love for mankind, O Lord, and save me. [KW]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the King of peace and the savior of our souls, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Triodion - -

READER

Kontakion.

Mode pl. 4.

With the Saints give rest, O Christ, to the souls of Your servants where there is no pain,

nor sorrow, nor suffering, but life everlasting.

[HC]

Oikos.

You alone are immortal, You who created and fashioned man. For we mortals were fashioned from the earth, and to the same earth we will go again, as You who fashioned me commanded and said to me: "You are earth, and to the earth you shall return"; where all we mortals shall go, as we make our funeral lament: Alleluia. [SD]

Synaxarion.

From the Menaion.

On March 30 we commemorate our devout father John, the author of the Ladder.

On this day we also commemorate the holy Prophet Joad (or Joel).

On this day we also commemorate our devout father John of the Well.

On this day Saint Evouli, the mother of St. Panteleimon, died in peace.

On this day Saint John, Patriarch of Jerusalem, died in peace.

On this day the holy New Hieromartyr Zacharias, who witnessed in Corinth in the year 1684, died by the sword.

By their holy intercessions, O God, have mercy on us. Amen.

From Menaion - - -

CHOIR

Canon for the Devout Man.

Ode vii. Mode 1. Heirmos

Verse: Blessed are You, the God of our fathers.

O Savior, the fire did not touch nor affect Your Servants who were in the furnace. Then the three, as if from one mouth, extolled and

blessed You, saying: "O God of our Fathers, blessed are You!" [SD]

Troparia.

Devout Saint of God, intercede for us.

You were stern and ferocious to all the unclean spirits. You struck down the impudence of childish cowardice with the sword of manly courage. Blessed is God, who made you wondrous. [SD]

Verse: Blessed are You and praiseworthy, O Lord, the God of our fathers, and praised and glorified is Your name unto the ages. [SAAS]

You were stern and ferocious to all the unclean spirits. You struck down the impudence of childish cowardice with the sword of manly courage. Blessed is God, who made you wondrous. [SD]

Verse: For You are righteous in all You did for us, and all Your works are true. Your ways are upright, and all Your judgments are true. [SAAS]

O St. John, you were obedient to the divine law of Christ. Like your namesake, you trampled vainglory underfoot, and you offered the labor of constant ascetic practice to God alone. He is in secret, and in return gives rewards openly. [SD]

Verse: The judgments You made are true, according to all You brought on us. [SAAS]

You waged war against the invisible hosts of the sinful passions, and you became a victor, for you were humble in mind and hear. Thus did you mortally wound the high-minded and boastful foe. [SD]

Verse: And on Jerusalem, the holy city of our fathers. [SAAS]

Theotokion.

O Christ, I worship the union and the likeness Your incarnation in a godly manner. Thus I honor Your incarnation: that, being God pre-eternally, You, without confusion, perfect in both Your divinity and Your humanity, became a mortal from a Virgin. [SD]

Intermediate Verses of Ode Seven.

For we sinned and acted lawlessly to depart from You. We sinned in every way, and did not obey Your commandments. Neither did we treasure or do as You commanded, that it might go well with us. [SAAS]

Everything You brought on us and all You did to us, You did in true judgment. You delivered us into the hands of lawless and rebellious enemies and to an unjust king, the most evil in any land.

Now it is not for us to open our mouth, for this has become a shame and disgrace to Your servants and to those who worship You.

For Your name's sake, do not hand us over to the end, and do not reject Your covenant. Do not withdraw Your mercy from us for the sake of Abraham, who is loved by You, and for the sake of Isaac, Your servant, and of Israel, Your holy one.

As You spoke to them, saying that You would multiply their seed as the stars of heaven, and as the sand along the seashore.

Yet we have been diminished in number, O Master, more than all the nations, and we

are humbled in all the earth today because of our sins.

At this time, there is no prince, no prophet, and no leader; there is no whole burnt offering, no sacrifice, no offering, and no incense; there is no place to bear fruit before You and to find mercy.

Yet with a contrite soul and humbled spirit, may we receive mercy.

As with whole burnt offerings of rams and bulls, and as with thousands of fatted lambs, so let this be our sacrifice before You today, and may it be accomplished for those who follow You; for there is no shame for those who trust in You.

Now we are following You with all our heart, and we fear You and seek Your face. Do not put us to shame.

But deal with us according to Your kindness and according to the abundance of Your mercy.

Deliver us by Your wondrous works and give glory to Your name, O Lord.

May all those who inflict evils upon Your servants be put to shame and humiliated in their power; and let their strength be crushed.

Let them know that You alone are the Lord God and glorious over all the inhabited earth.

Now the king's servants who cast them in did not cease to stoke the furnace with naphtha, pitch, coarse fiber, and brushwood.

The flame shot forty-nine cubits above the furnace, and it broke out and burned those it found around the furnace of the Chaldeans.

But the Angel of the Lord went down into the furnace to join Azariah and his companions, and shook off the fiery flame of the furnace.

He made the inside of the furnace to be as though a dew-laden breeze were blowing through it, so the fire did not touch them at all, or cause them pain, or trouble them.

Then the three, as if with one mouth, sang, glorified, and blessed God in the furnace, saying: [SAAS]

CHOIR

Canon 1 from the Triodion.

From Triodion - - -

Ode vii. Mode 4. (NM)

Verse: Blessed are You, O Lord God of our fathers, for You are praiseworthy and exalted beyond measure unto the ages. [SAAS]

To what shalt thou be likened, O my soul, in thy love for brutish passions? Who has ever surpassed thee in sin? But cry aloud to Christ: In Thy love, save me. [KW]

Verse: Blessed is Your name and the temple of your glory, and You are praised exceedingly and exalted beyond measure unto the ages. [SAAS]

Pray urgently, O saints, to Him who dwells among the holy ones, that in these holy days He may sanctify the minds of all the faithful. [KW]

Verse: You are blessed in the holy temple of Your glory, and are highly praised and exceedingly glorious unto the ages. [SAAS]

O Most High, who art rich in love and mercy, grant forgiveness to Thy servants who have fallen asleep, and in Thy compassion number them in the choirs of the saints. [KW]

Verse: Blessed are You who behold the depths and sit upon the cherubim. You are praiseworthy and exalted beyond measure unto the ages [SAAS]

Theotokion.

Outside the laws of nature thou hast borne the Creator made man. Pray to Him, O Undefined, to overlook the transgressions and offences of us all. [KW]

Canon 2 from the Triodion.

Ode vii. Mode pl. 4. (NM)

Thou hast refreshed the Children.

Verse: Blessed are You on the throne of Your kingdom, and You are praised and exalted beyond measure unto the ages. [SAAS]

Thou hast established the memorials of Thine honoured martyrs for the joy of the Church and the consolation of our souls. O God of our fathers, blessed art Thou. [KW]

Verse: Blessed are You in the firmament of heaven, for You are praised and glorified unto the ages. [SAAS]

'We will not betray Thee, O Christ, we_ will not deny Thee', cried the martyrs in the midst of their tortures, to the amazement of their lawless judges. [KW]

Glory. For the Trinity.

We honour one Nature in the three Persons of Father, Son and Spirit, and we cry

aloud like the prophet: O God of our fathers,
blessed art Thou. [KW]

exalt Him beyond measure, unto all the ages.
[SD]

Both now. **Theotokion.**

How dost thou bear child as a mother and
yet remain a virgin? Do not ask how I have
given birth to God,' says the Child of God, 'for
He does whatever is His will.' [KW]

Verse: *To the saints on His earth, in them the
Lord magnified all His will.* [SAAS]

For the Martyrs.

O choirs of martyrs glorified by God,
grant that your servants may venerate the
divine and life-giving Cross of the Saviour. [KW]

Verse: *Blessed are they whom You have
chosen and received, O Lord.* [SAAS]

For the Dead.

Giver of life, immortal King, grant Thine
eternal life to Thy servants whom Thou hast
chosen and taken to Thyself in faith and hope.

[KW]

Heirmos. Mode pl. 4.

By an Angel You saved those Servants
from the fire, and Your changed the
thundering furnace into dew. Blessed are You,
O God of our Fathers. [SD]

Ode viii.

From Menaion - - -

Canon for the Devout Man.

Ode viii. Mode 1. Heirmos.

Verse: *O you works, to the Lord sing a hymn,
and exalt Him beyond measure unto the ages.*

To Him, the Creator and the Lord, at
whom all hosts * and armies of Angels
shudder, sing a hymn of praise, * you priests,
and you Servants, glorify Him and bless, * and

Troparia.

Devout Saint of God, intercede for us.

O godly-minded John, you did rid
yourself of hypocrisy, by your unaffected
manners, and you fled from it in all integrity,
because it was not useful. You indeed dwell
in the land of the meek and gentle, since you
lived as one meek and gentle. [SD]

Verse: *Bless the Lord, all you works of the
Lord, and exalt Him beyond measure, unto all the
ages.* [SAAS]

O godly-minded John, you did rid
yourself of hypocrisy, by your unaffected
manners, and you fled from it in all integrity,
because it was not useful. You indeed dwell
in the land of the meek and gentle, since you
lived as one meek and gentle. [SD]

Verse: *Bless the Lord, all you works of the
Lord, you heavens of the Lord, and exalt Him
beyond measure, unto all the ages.* [SAAS]

As a wise architect, you set divine
humility as the foundation for divine ascent.
You described it for us as the mother and
guardian of all virtue. [SD]

Verse: *Bless the Lord, all you waters above the
heaven, all you powers of the Lord, and exalt Him
beyond measure, unto all the ages.* [SAAS]

O St. John, you clearly partook of the
Spirit's grace. You have filled all people with
divine illumination, by teaching us in deeds
and instructing us in words, concerning
perfect discernment. [SD]

Verse: Bless the Lord, you sun and moon, you stars of heaven, and exalt Him beyond measure, unto all the ages. [SAAS]

Theotokion.

O blind heretics, stop speaking lies. I depict not the divinity; for that is simple, invisible, without form; but recording the form of His flesh, I venerate it, and with faith I glorify the Virgin who gave birth to Him. [SD]

Intermediate Verses of Ode Eight.

Bless the Lord, every shower and dew, all you winds, and exalt Him beyond measure, unto all the ages. [SAAS]

Bless the Lord, you fire and heat, you winter cold and summer heat, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you dew and snows, you frost and cold, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you hoarfrosts and snows, you lightning and clouds, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you light and darkness, you night and day, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you earth, you mountains and hills, and all you things growing on the earth, and exalt Him beyond measure, unto all the ages.

Bless the Lord, you springs, you seas and rivers, you sea-monsters and everything that moves in the waters, and exalt Him beyond measure, unto all the ages. [SAAS]

Canon 1 from the Triodion.

Ode viii. Mode 4. (NM) O all-powerful Deliverer of all.

Verse: Bless the Lord, all you birds of heaven, all you wild animals and cattle, and exalt Him beyond measure, unto all the ages. [SAAS]

O martyrs, ye advanced with fearless mind to the struggles and sufferings of the arena; ye endured pain in your flesh, and now ye are translated to a life without pain or sorrow, and ye lighten all the sorrows of our hearts. [KW]

Verse: Bless the Lord, O children of men. Bless the Lord, O Israel, and exalt Him beyond measure, unto all the ages. [SAAS]

O divine martyrs, in exchange for corruptible things ye have received the joys of heaven. I am corrupted by the passions of the flesh; intercede on my behalf before the God of all, that I may be saved through fasting and persistent prayer. [KW]

Verse: Bless the Lord, O priests of the Lord, O servants of the Lord, and exalt Him beyond measure, unto all the ages. [SAAS]

O Christ, at the prayers of Thy martyrs send down Thy mercy on us all. Grant remission of sins and divine rest to those who have departed this life and gone to dwell with Thee, the Lord of compassion. [KW]

Verse: Bless the Lord, O spirits and souls of the righteous, O holy ones and humble in heart, and exalt Him beyond measure, unto all the ages. [SAAS]

Theotokion.

O Theotokos, who hast borne the sinless God, through thine intercessions as His

Mother blot out our sins and save us as we cry aloud: O ye works of the Lord, bless ye the Lord. [KW]

Canon 2 from the Triodion.

Ode viii. Mode pl. 4. (NM) Inspired by God.

Verse: Bless the Lord, O Hananiah, Azariah, and Mishael, and exalt Him beyond measure, unto all the ages. [SAAS]

O victorious martyrs, ye endured fiery torments as if they were dew, and with joy ye cried aloud: O ye works of the Lord, bless ye the Lord. [KW]

Verse: Bless the Lord, O Apostles, Prophets, and Martyrs, and exalt Him beyond measure, unto all the ages. [SAAS]

God's army, the host of the martyrs, has put error to flight, crying aloud in triumph: O ye works of the Lord, bless ye the Lord. [KW]

Verse: We bless the Lord: Father, Son, and Holy Spirit; we sing a hymn to Him and exalt Him beyond measure unto the ages. [SAAS]

For the Trinity.

Worshipping the Father together with the Son and the Holy Spirit, let us all cry aloud in faith: O Trinity in Unity, save our souls. [KW]

Both now. **Theotokion.**

O All-Pure, thou art both Virgin and Mother, for without knowing a man thou hast conceived the God of all. Pray to Him for the salvation of thy servants. [KW]

Verse: God is wondrous in His saints. [SAAS]

For the Martyrs.

At the prayers of Thy martyrs, O Christ our Saviour, count Thy servants worthy to

behold and venerate the lifegiving Cross, the token of Thy love. [KW]

Verse: Their souls shall dwell among good things. [SAAS]

For the Dead.

Thou hast destroyed the power of death by Thy Rising from the dead; give rest with Thine elect to the departed, that they may praise Thee, Lord. [KW]

We praise and we bless and we worship the Lord.

Heirmos. Mode pl. 4.

Inspired by God, the Children in the furnace trampled underfoot the flames of fire, and sang aloud: O ye works of the Lord, bless ye the Lord. [KW]

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

Megalynarion. Mode 1.

Verse: My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth

to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos.
You do we magnify. [SD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos.
You do we magnify. [SD]

From Menaion - - -

Canon for the Devout Man.

Ode ix. Mode 1. Heirmos.

A spring, abundantly flowing, that hosted life, * a golden lamp-stand that bore the unwaning Light, * living Temple, and all pure * tabernacle symbolize * the Theotokos, who is said to be wider * than earth and heaven. With hymns let us honor her. [SD]

Troparia.

Devout Saint of God, intercede for us.

O St. John, on an immaterial mind you flew up to immaterial things, and you reached a depth of visions. Through fervent prayer, you obtained the grace of the Holy Spirit, and you were granted to foresee revelations of things to come. [SD]

Verse: *Blessed be the Lord God of Israel, for he has visited and redeemed his people.* [RSV]

O most righteous Father, most wise and godly-minded John, you did consume the material mind with the flame of prayer; you became wholly fire. Therefore, you were changed with the good change, when you were piously outside yourself in divine visions. [SD]

Verse: *And has raised up a horn of salvation for us in the house of his servant David.* [RSV]

O righteous Father, you mortified the sinful passions by your ascetic practice, and you swiftly ascended to the perfection of dispassion. We pray you now, supplicate God for world peace and for the salvation of us who honor you. [SD]

Verse: *As he spoke by the mouth of his holy prophets from of old. That we should be saved from*

our enemies, and from the hand of all who hate us.

[RSV]

O our Father, by faith you received strength, and by love you were given wings. You ran to the ladder of virtues, wherein is the fulness of all things desired; and you powerfully climbed it for the love of Christ. [SD]

Verse: To perform the mercy promised to our fathers, and to remember his holy covenant. [RSV]

Theotokion.

O pure Virgin, we are rightly filled with Orthodox belief, for we venerate the marvel of your childbirth as portrayed in icons, and we reverence the deed and we honor the image, confessing the truth in both. [SD]

From Triodion - - -

Canon 1 from the Triodion.

Ode ix. Mode 4. (NM)

Eve through the sickness.

Verse: The oath which he swore to our father Abraham, to grant us that we, be[ing] delivered from the hand of our enemies. [RSV]

Firmly established on the spiritual rock, O victorious martyrs, ye remained unshaken by all the cunning assaults of the enemy. I am shaken by soul-corrupting passions: through your prayers to God, make me firm and steadfast. [KW]

Verse: [That we] might serve him without fear, in holiness and righteousness before him all the days of our life. [RSV]

O company of the martyrs that shines with the divine Light, pray to the Master that, during the season of the Fast, in His surpassing love He may grant us all the forgiveness of our sins and everlasting joy. [KW]

Verse: And you, child, will be called the prophet of the Most High; for you will go before the Lord to prepare his ways. [RSV]

O Lord who alone art good and lovest mankind, grant that Thy servants who have fallen asleep in the hope of Resurrection may share in Thine eternal Light that knows no evening and in the food of joy; for with fear we magnify Thee. [KW]

Verse: To give knowledge of salvation to his people in the forgiveness of their sins, through the tender mercy of our God. [RSV]

Theotokion.

Thy holy womb, pure Virgin, became the dwelling-place of the Light. Therefore I cry to thee in faith: Enlighten the eyes of my soul and show me the right path, for with true sincerity I call thee blessed. [KW]

Canon 2 from the Triodion.

Ode ix. Mode pl. 4. (NM) We magnify thee.

Verse: When the day shall dawn upon us from on high to give light to those who sit in darkness and in the shadow of death. [RSV]

O ye faithful, let us celebrate the memorial of the martyrs, and praise their struggles and their sufferings, that we may share in their glory. [KW]

Verse: To guide our feet into the way of peace. [RSV]

The wild beasts shrank back in fear before your courage; the fire withdrew, the weapons of your adversaries were broken. O victorious martyrs, wonderful is God in you His saints.

[KW]

Glory. **For the Trinity.**

O Nature without beginning, O Unity in three Persons, Father, Son and Holy Spirit, light and Life supreme in Godhead, watch over those who glorify Thee. [KW]

Both now. **Theotokion.**

We bless Thee, the God of Israel, who wast made manifest to the world from a Virgin and hast raised up a horn of salvation for us. [KW]

Verse: *To the saints on His earth, in them the Lord magnified all His will.* [SAAS]

For the Martyrs.

O intercessors for the world, victorious martyrs of Christ, by your prayers make us all worthy to behold and venerate His Cross. [KW]

Verse: *Blessed are they whom You have chosen and received, O Lord.* [SAAS]

For the Dead.

Make Thy departed servants to dwell, O Son of God, where the fountain of life flows and where the light of Thy countenance shines upon them. [KW]

Heirmos. Mode pl. 4.

Mother of the Light, we magnify you as is right, * Virgin Theotokos, and we glorify you, * as the one who gave birth * to the Savior of our souls, Jesus Christ. [SD]

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

From Horologion - - -

Exaposteilarion.

Mode 3. Having embellished heaven.

O only God who reposes * in those alone who are holy, * attend to the intercessions * of Prophets, Apostles, Martyrs, * and of the devout monastics, * and save us all who extol You. [SD]

Another.

Mode 3. Having embellished heaven.

Having, as God, authority * over the living and the dead, * give rest to Your servants * in the dwellings of the elect. * O Savior, even if they sinned, * yet they did not depart from You. [SD]

Theotokion.

Mode 2. *With the disciples.*

We boast in you, immaculate Theotokos.

* We have you as an advocate with the
Godhead. * Stretch forth your hand, which is
unassailable, * and crush our every enemy.
* And send help to us your servants * from
God's holy place, O Lady. [SD]

Lauds. Mode 4.

Let everything that breathes praise the
Lord. Praise the Lord from the heavens, praise
Him in the highest. It is fitting to sing a hymn
to You, O God. [SAAS]

Praise Him, all you His angels; praise
Him, all you His hosts. It is fitting to sing a
hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you
stars and light.

Praise Him, you heavens of heavens, and you
waters above the heavens. Let them praise the Lord's
name.

For He spoke, and they were made; He
commanded, and they were created.

He established them forever and unto ages of ages;
He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all
the deeps.

Fire and hail, snow and ice, stormy wind, which
perform His word.

Mountains and all the hills, fruitful trees and all
cedars.

Wild animals and all cattle, creeping things and
flying birds.

Kings of the earth and all peoples, princes and all
judges of the earth.

Young men and maidens, elders with younger,
let them praise the Lord's name, for His name alone is
exalted.

His thanksgiving is in earth and heaven. And He
shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel,
a people who draw near to Him.

Sing to the Lord a new song, His praise in the
assembly of His holy ones.

Let Israel be glad in Him who made him, and let
the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with
tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He
shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall
greatly rejoice on their beds.

The high praise of God shall be in their mouth and
a two-edged sword in their hand.

To deal retribution to the nations, reproving
among the peoples.

To shackle their kings with chains and their nobles
with fetters of iron.

To fulfill among them the written judgment: this
glory have all His holy ones.

Praise God in His saints; praise Him in the
firmament of His power.

For the Martyrs. Mode 2.

From Triodion - -

*Praise Him for His mighty acts; praise Him
according to the abundance of His greatness. [SAAS]*

O medal-winning Martyrs, for Christ you
suffered to the point of death. Now your souls
are in heaven in the hand of God, and your
relics are processed throughout the world.
Clergy and world leaders venerate them,
and all people rejoice, and we shout the well

known verse: "Precious sleep in the sight of the Lord is the death of his Saints." [SD]

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Accepting the Cross of Christ, an invincible weapon, the holy Martyrs destroyed all the strength of the devil; and accepting a heavenly crown they have become a wall for us as they intercede on our behalf.

[EL]

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Your many Saints implore You, O Christ. Have mercy on us, as the One who loves humanity. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Every city and land venerates your relics, O victorious Martyrs. For having lawfully contested, you received a heavenly crown. And therefore you are the pride of priests, the victory of rulers, and the Church's grand dignity. [SD]

Glory. **For the Dead.**

From the earth hast Thou formed me, and because of the transgression Thou hast condemned me to return to earth once more. Thou hast appointed a day of examination, when each man's hidden deeds shall stand revealed before Thee. Spare me then, O sinless Lord, and granting me forgiveness of my sins, shut me not out from Thy Kingdom. [KW]

Both now. **Theotokion.**

Rejoice, O Mary Mother of God, for you are the indestructible temple, or rather the

holy temple, as the Prophet David said, "Holy is Your temple, wondrous in righteousness."

[SD]

READER

Doxology *(read)*

To you belongs glory, O Lord our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. Glory to God in the highest, and on earth peace, good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; only-begotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every day I shall bless you, and I shall praise your name forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who know you. Grant, O Lord, that in this day we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O

Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy One, enlighten me with your commandments. Lord, your mercy remains forever, do not turn away from the works of your hands. To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. Amen.

DEACON

Let us complete our morning prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the God of mercy and compassion and love for mankind, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST *(in a low voice)*

Holy Lord, dwelling on high and beholding things below and, with your eye that observes all, keeping watch over the whole creation, to you we have bowed the neck of our soul and body, and we beseech you, O Holy of Holies: Stretch forth your invisible hand from your holy dwelling and bless us all. And, as you are good and love humankind, pardon us if we have sinned in anything, voluntarily or involuntarily, granting us your blessings both of this world and of the world above.

For Yours it is to show mercy and to save us, O our God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

From Triodion ---

CHOIR

Aposticha.

Mode 2. *Joseph took You down.*

Master, by Your own life-bearing death *
You destroyed the force and corruption that
once belonged to death. * You became the
source of everlasting life to all * mortal men,
and unto the dead * You gave resurrection. *
Therefore, Savior, we entreat You to give rest
to all * who with faith have passed away to
You; * count them worthy of Your immortal *
glory, as the Lover of humanity. [SD]

Verse: *Blessed are they whom You have
chosen and received, O Lord.* [SAAS]

You accepted voluntary death * after You
endured crucifixion, * O Lord, in order to
make * human beings sharers in Your divine
kingdom and rule. * Therefore, Savior, we
pray to You, * that in Your compassion, *
You will make the ones who passed away to
You with faith * sharers in Your kingdom, O
Master; * count them worthy of Your eternal, *
everlasting glory and beatitude. [SD]

Verse: *And their memorial abides from
generation to generation.* [SAAS]

Wishing to redeem what You had made,
* Lord exceeding good, You rejoiced as You
executed Your plan * of salvation, which was
a profound mystery. * And You offered Your
precious Blood * as payment and ransom * for
the world. Therefore we entreat You grant to
all * who with faith have passed away to You,
* that they may enjoy Your sweet beauty, *
since You are the Lover of humanity. [SD]

Glory.

Trembling will the dead of every age *
stand before Your frightful and awesome
throne and tribunal, O Christ, * waiting for
Your righteous verdict, O our Savior and
God, * and in anticipation of Your just divine
judgment. * Then, O Master and our Savior,
spare Your servants, we pray, * all those who
in faith have departed * to You, O Lord, and
count them worthy * of Your everlasting bliss
and blessedness. [SD]

Both now. **Theotokion.**

Thou, pure Virgin, hast conceived God
who repays the debt of our first mother Eve.
He bestows upon the faithful incorruption
and resurrection, and with immortal glory He
crowns those who glorify thee. Cease not to
intercede before Him, that with the light of
His splendour He may shine upon us all, O
Bride of God. [KW]

PRIEST

It is good to give thanks to the Lord and to
sing to Your name, O Most High, to proclaim
Your mercy in the morning and Your truth at
night. [SAAS]

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the ages
of ages. Amen.

All-holy Trinity, have mercy on us.
Lord, forgive our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

From Triodion - - -

Apolytikion. Mode 2.

O Apostles, Martyrs, Prophets, Hierarchs, Monastics and the Righteous, you finished the race and kept the faith. You speak freely to the Savior. We pray you entreat Him on our behalf, to save our souls, since He is good. [SD]

Glory.

Remember Your servants, O Lord, since You are good, and forgive them for all their sins in life; for no one is without sin except for You who are able to give rest to those who have passed away. [SD]

Both now. **Theotokion.**

Holy Mother of the immaculate Light, we honor you with angelic hymns, and magnify you piously. [SD]

DEACON

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for the blessed and ever-memorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for those who bear fruit and do good works in this holy and all-venerable church, for those who labor and

those who sing, and for the people here present who await Your great and rich mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Wisdom.

(Father, bless!)

PRIEST

Blessed are You, Christ our God, always now and forever and to the ages of ages.

(Amen.)

Make firm, Lord our God, the holy and pure faith of the pious Orthodox Christians, together with the Holy Church and this city forever.

READER

Amen.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Lord, have mercy. (3) Father, bless!

PRIEST

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven,

the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, **(local patron saint)**; of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us [and save us].

(Amen.)