

Happy Bun Plan

- Morning (8:00-10:00): 10g pellets + salad
Afternoon (12:00-14:00): 10g pellets
Evening (20:00-22:00): 10g pellets + a little salad

HAY MANDATORY AT ALL TIMES!

FRESH WATER MANDATORY AT ALL TIMES!

"Snack" (16:00-18:00): a little apple/banana/carrot (**SOMETIMES! NOT DAILY! EVERY OTHER DAY!**)

We build trust every day, at his own pace.

"Play and daily activities"

Morning: 5-10 min free play (if possible)

Evening: 10 min exploration (if possible)

Toys: tunnel, boxes, paper rolls

Activities: pellet searching, chewing, digging

Socializing: I sit next to him, speak softly

Quiet time: I don't disturb him when he's hiding or sleeping

