```
iperf -help
TCP Mode:
Client - iperf -c <serv_ip> -p <serv_port> -i 1 -t 10
Server - iperf -s -p <serv_port> -i 1
TCP Multi Process Mode:
Client - iperf -c <serv_ip> -p <serv_port> -i 1 -t 10 -P 2
Server - iperf -s -p <serv port> -i 1
UDP Mode:
Client - iperf -u -c <serv_ip> -p <serv_port> -i 1 -t 10 -b 10M/40M
Server - iperf -u -m -s -p <serv_port> -i 1
UDP Multi Process Mode:
Client - iperf -u -c <serv_ip> -p <serv_port> -i 1 -t 10 -b 10M/40M -P 3
Server - iperf -u -m -s -p <serv_port> -i 1
UDP Dual Transfer Mode:
Client - iperf -u -c <serv_ip> -p <serv_port> -i 1 -t 10 -b 10M/40M -d -L <local_port>
Client - iperf -u -c <serv_ip> -p <serv_port> -i 1 -t 10 -b 10M/40M -r -L <local_port>
Server - iperf -u -m -s -p <serv_port> -i 1
```