



Home - Bookings - My Current Bookings - Booking Detail

Booking Detail

St Matthew's Primary School 19 Norfolk Street Cambridge Cambridgeshire CB1 2LD



23rd Apr 2018 - 23rd Jul 2018 15:30 - 16:30

Booking for XiTong Xu Premier Sport - Football

Course description:

For all kids that love SPORT...

Many children have ambitions to play for their favourite teams or to set out on a path that might lead them to become the Olympic stars of the future.

SPORT Active introduces the skills, techniques, rules and regulations of a wide variety of sports and activities, from basketball to gymnastics, football and many more. Typically run in 60 minute sessions after school, all children are encouraged to take part to a level that suits them and through which they can see their skills develop into superstars of the future.

An essential part of training for all sports is learning to compete fairly and to win or lose with respect for other competitors. Children participating on this course will also learn to:

- Develop key skills and techniques of specific sports
- Develop the ability and attitude to compete fairly and ethically
- Use tactics and strategies to increase chance of success individually and in teams
- Understand the importance of healthy lifestyles
- Engage and interact appropriately with other children
- Improved control, coordination, balance, agility and flexibility
- Communicate appropriately and effectively with others
- Ability to follow rules and respect themselves and others Set realistic challenges to achieve

At participating venues Children attending these activities can also work towards a Passport to Learning certificate, developed by the Children's University.

As well as learning plenty of social skills, getting physically active and having great fun with friends, your child will also learn the key attributes to develop and sometimes excel in this sport.

Your child will learn the following key sporting skills:

- Passing
- Shooting
- Dribbling Attack
- Defend
- Rules of the game Refereeing
- Matches
- Teamwork
- Goal keeping
- Tactics

Exclusive course for your school...

*** This course is exclusive for children who attend this school. ***

Course Staff:

- Damien Thomson
- Giuseppe Emma

Days Attending:









