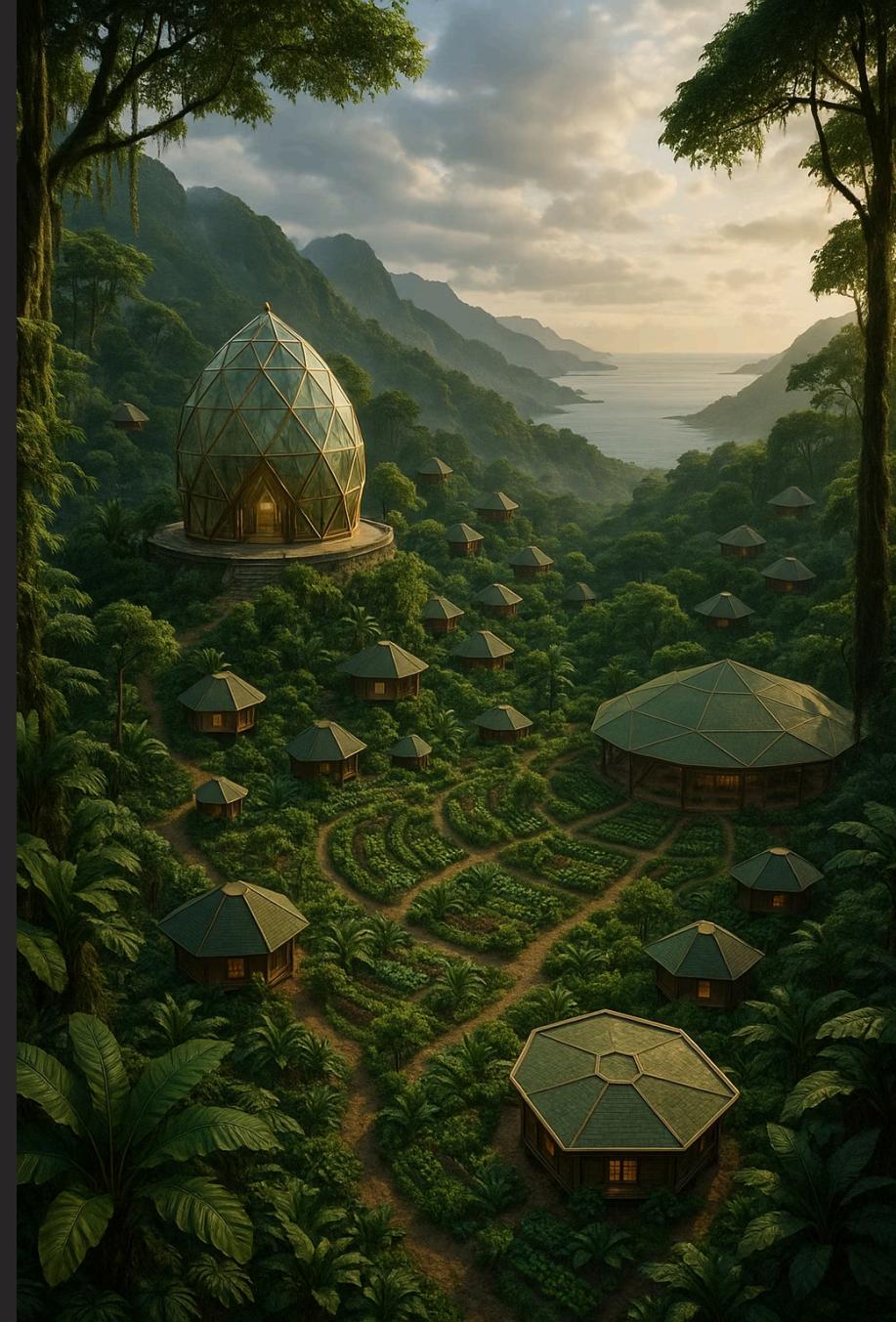


# Master Plan for Aliento De Vida

## Private Community, Animal Sanctuary, and Full Spectrum Healing Center

A visionary blueprint for regenerative living. Our masterplan unites multigenerational wellness, animal care, and environmental restoration in one harmonious ecosystem.



# Vision and Purpose

## Multigenerational Living

Creating harmonious spaces where all ages thrive together. Knowledge passes naturally between generations in our integrated community design.

## Regenerative Wellness

Healing happens through connection to nature. Our center supports full-spectrum health for mind, body, and spirit.

## Animal Rehabilitation

Providing safe haven for rescued animals who receive expert care while enriching community life through their presence.

# Project Goals



## Full-Spectrum Healing:

Restoring wellness on all levels through quantum, traditional, and integrative modalities

## Environmental Stewardship

Regenerating ecosystems, preserving wildlife habitation, and ensuring harmonious balance between all.

## Community Building

Fostering meaningful connection through multigenerational living, opportunity-based incentives for local communities, and promotion of toxin-free lifestyle.

# Site Location & Context



## Prime Location

**415-acre rural property located in Playa Hermosa, just 25 minutes from Jaco urban center.**



## Natural Features

**Biodiverse terrain with virgin rainforest, pastures, established roadways, and clearings for structures.**



## Water Resources

**Several natural springs, river access with waterfalls and well potential.**

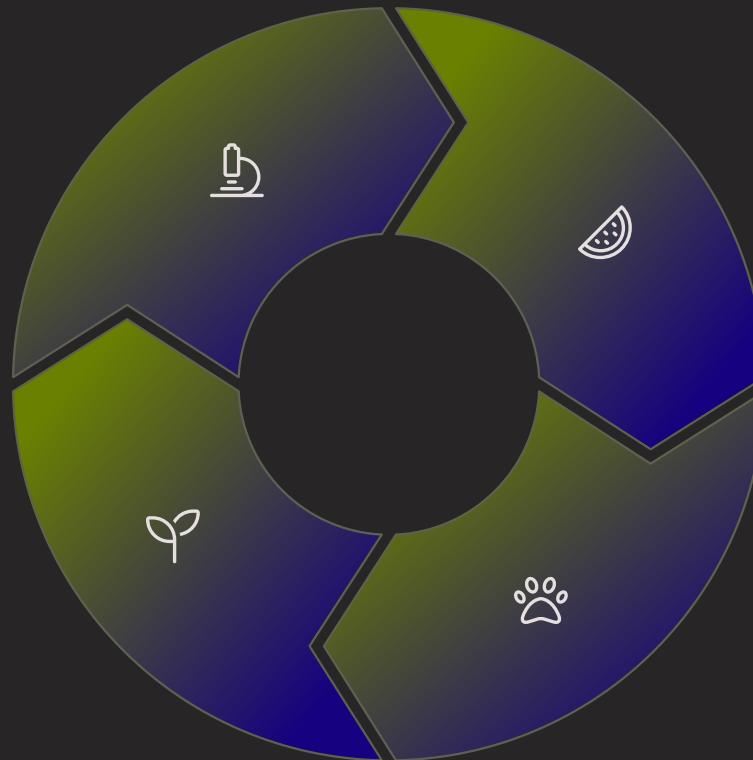
# Site Analysis

## Soil Quality

Rich loam in valley, clay on slopes

## Vegetation Coverage

75% native plants preserved



## Floodplains

Mapped for resilient building placement

## Wildlife Corridors

Identified and preserved



# Master Plan Overview

## Residential Zone

Eco-homes strategically clustered and built on previously cleared land to preserve existing habitats.

## Sanctuary Zone

Animal habitats occupy the southern half. Gentle slopes provide natural drainage and varied terrain for different species.

## Healing Center

Central facilities at the heart of the property. Position maximizes accessibility while minimizing ecological disturbance.

# Private Community Design



## Eco-Homes

50 - 125 hexagonal bungalows / homes designed for permanent living, clustered in micro neighborhoods to foster community connections.

"image not to scale"



## Hermitage Bungalow Hotel

100-200 private spaces for extended stays, nestled amidst the forest for exclusive solitude and privacy. Perfect for healing journeys or deep creative work.



## Shared Amenities

Central kitchens, gardens, recreation areas, and full spectrum healing spaces. The heart of daily community life shared and cared for amongst one another.

# Animal Sanctuary Concept



## Rescue Habitats

100 acres of specialized environments for rehabilitation.



## Veterinary Care

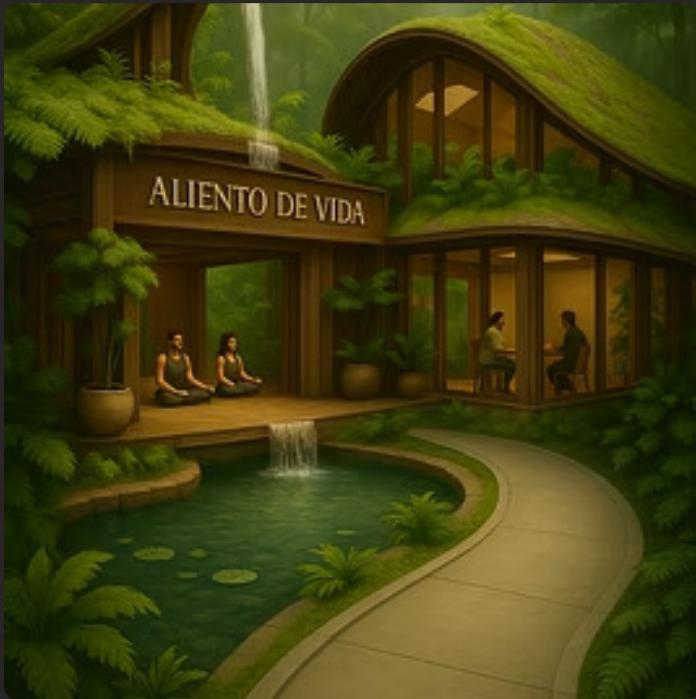
On-site medical facility with staff and volunteers



## Enrichment Spaces

Animal-assisted healing program open to public

# Healing Center Vision



**Our regenerative wellness center hosts therapy rooms, meditation halls, birthing / health clinics and specialized spaces for cutting edge healing modalities. Programs focus on trauma recovery, full-spectrum healing, Family Reintegration and Generation and spiritual transformation.**



# Ecological Design Principles



## Biodynamic Permaculture

Working with natural cycles to create abundant, regenerative systems.



## Wildlife Corridors

Maintaining continuous habitat for native species to move freely.



## Pollinator Habitats

Creating dedicated spaces for bees, butterflies, and other pollinators.



## Green Space Retention

Preserving 45% of the land as open, natural space.

# Regenerative Strategies



## Renewable Energy

Different arrays of power supply the entire community (hydro, solar, wind, zero-point)



## Water Conservation

Rainwater harvesting and gray water systems.



## Circular Waste

Composting converts all organic waste to resources.



## Innovative Design

Carbon-Neutral impact by year 2.



# Green Building Standards

**90%**

## Natural Materials

Locally sourced, non-toxic building components

**95%**

## Waste Reduction

Construction waste diverted from landfill

**100%**

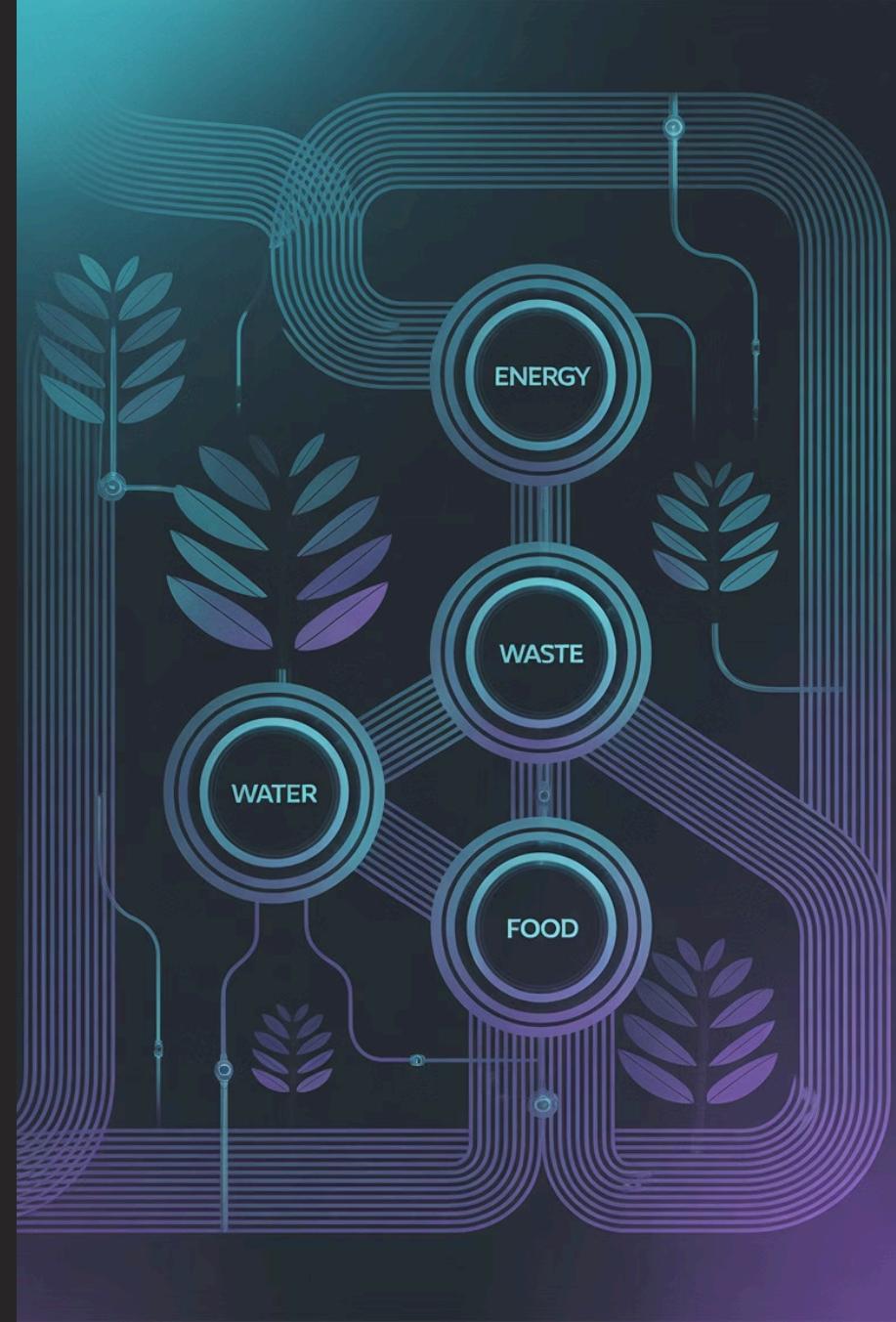
## Non-Toxic Interiors

Zero VOC finishes in all buildings



# Infrastructure and Utilities

Energy System	On-site microgrid with solar + battery storage
Water Supply	Wells + comprehensive rainwater collection
Waste Management	Composting toilets and biogester systems
Internet	Fiber optic connection with community mesh network



# Mobility and Access



## Pedestrian Paths

2 miles of accessible walking trails connect all areas of the community.

## Bicycle Network

Dedicated bike paths with community bicycle sharing program.

## Accessibility

Handicap-accessible routes ensure everyone can navigate the community.



# Animal Care & Education

## 1 Public Tours

Guided educational experiences teach visitors about animal welfare and conservation.

## 2 Volunteer Programs

Community members contribute to animal care while gaining hands-on experience.

## 3 Rescue Partnerships

Collaborations with regional organizations create a network of animal protection, rehabilitation, and specialized care.

## 4 Veterinary Budget

\$250,000 annually ensures all animals receive exceptional medical care.





# Healing Center Programs

## Expert Practitioners

Renowned therapists, healers, and wellness experts offer diverse modalities.

- Trauma-informed therapy
- Natural Birthing Center > Lotus emphasized
- Energy medicine

## Specialized Retreats

Immersive programs address specific healing journeys.

- Trauma recovery & Integration
- Fasting & Regenerative Detoxification
- Full Spectrum Cellular Recalibration

## Daily Practices

Regular offerings build community and support ongoing wellness.

- Yoga and meditation
- Qigong
- Sound healing and occupational therapy

# Food Systems and Agriculture

## Organic Farm

30 acres of intensive vegetable production

## Food Forest

Perennial edible landscaping throughout community

## Community Gardens

Personal growing spaces for residents

## Biodigester

Converts food waste to energy and fertilizer



# Water Management



Our integrated water systems capture 150,000 gallons of rainwater every year. Terraced wetlands naturally filter gray water. All systems maximize conservation while enhancing habitat value.

# Safety and Security



## On-site Staff

24/7 community stewards ensure safety and respond to needs.



## Wildlife Fencing

Strategic natural barriers protect gardens and sensitive areas.



## Emergency Response

Comprehensive plans and trained personnel ready for any situation.



## Fire Mitigation

Defensible space, water systems, and evacuation routes planned.





# Community Governance



## Cooperative Ownership

Shared equity model ensures longevity and affordability.



## Consensus Decision-Making

Inclusive processes honor all voices.



## Community Councils

Specialized groups oversee different aspects of community life.

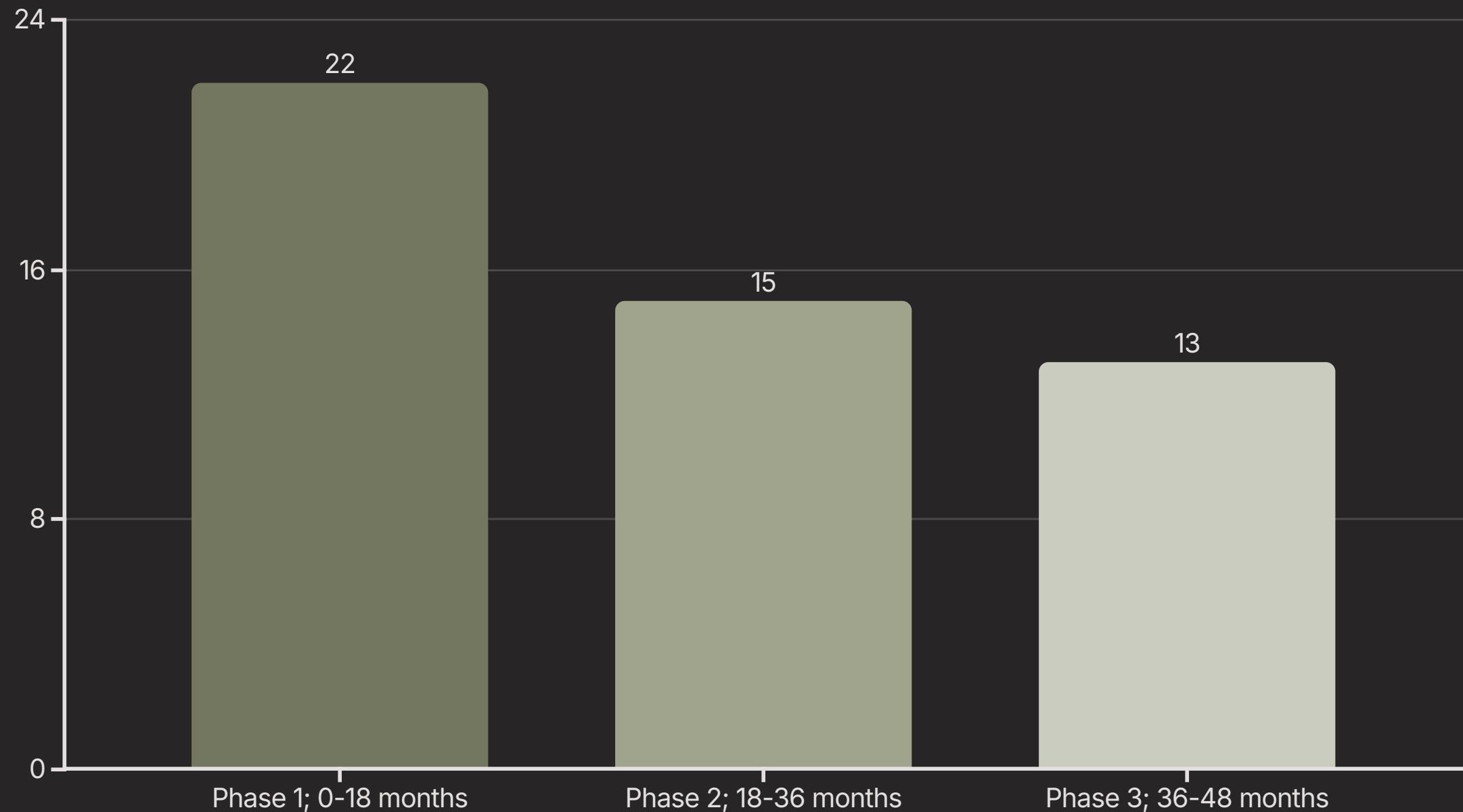


## Shared Values

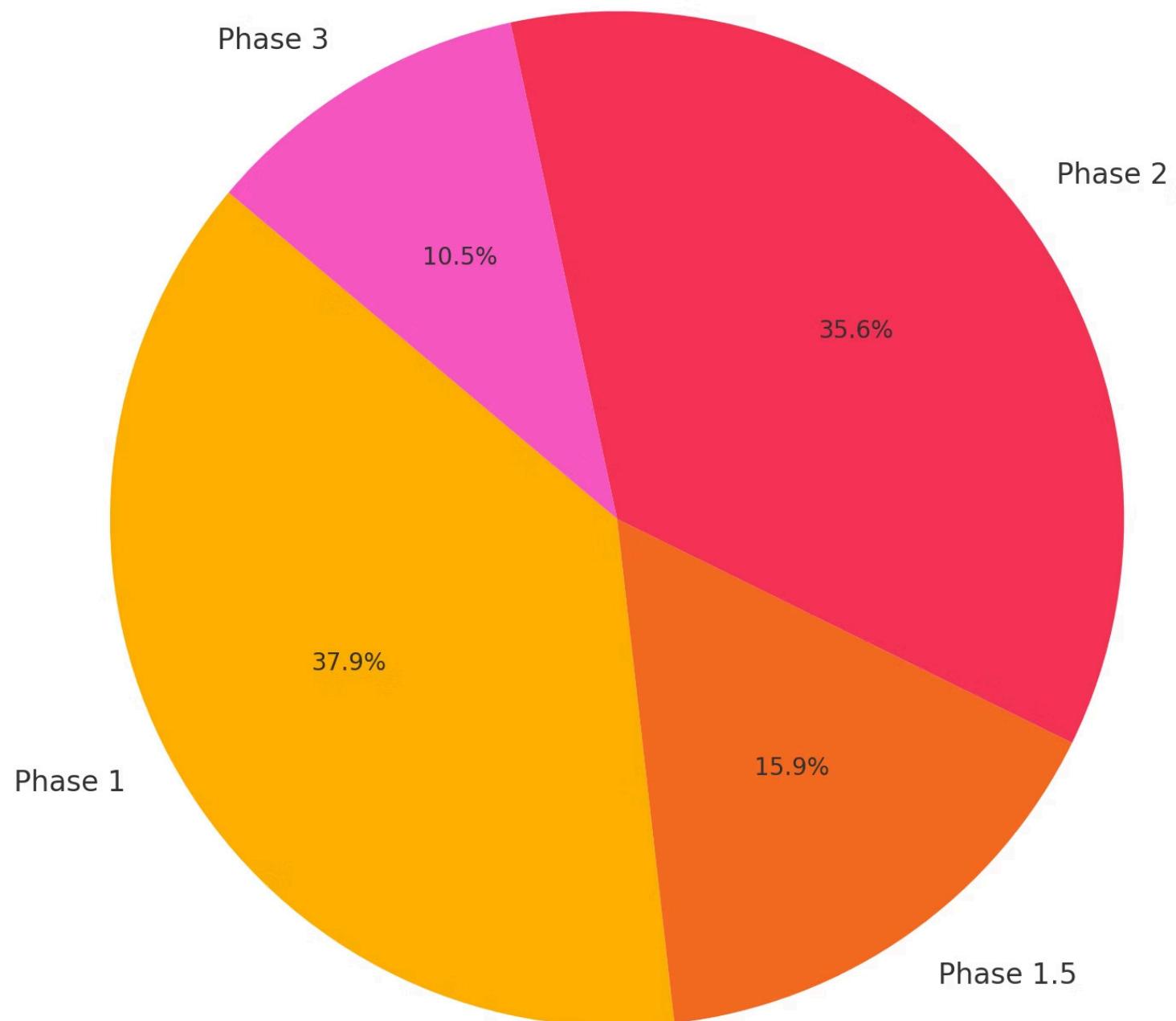
Clear agreements guide community culture.

# Financial Model & Phasing

\$50 Million



## Aliento de Vida Budget Distribution by Phase



# Financial Model & Phasing

Our general phased approach ensures sustainable growth while maintaining financial viability. (subject to change)

## Foundation Laying (0-18 months)

Land assessments, community engagement, and legal structuring establish our core vision.

- Finance secured for Costa Rica
- Form core team and advisory circle



## Initial Structures (12-24 months)

First community buildings and residential spaces emerge using innovative, non-toxic building techniques.

- Community center and healing spaces
- First community home clusters



## Earthworks & Ecological Infrastructure (6-24 months)

Water harvesting systems and soil regeneration build long-term resilience.

- Install swales, ponds, and greywater systems
- Develop nursery with endemic species

## Community Expansion (18-24 months)

Growth of community living areas and infrastructure supports increasing membership.

- Animal sanctuary development
- Advanced food production systems

# Partnership & Outreach

Our success depends on cultivating meaningful relationships within and beyond our boundaries.

## Phase 2: Community Activation (24-36 months)

Launch flagship wellness programs and community events that showcase our values.

- Form alliances with regional NGOs and regenerative networks
- Offer educational residencies and practitioner trainings



## Regional Collaboration

Grow bioregional influence through knowledge exchange and shared resources.

- Create artisan marketplaces featuring local craftspeople
- Host seasonal celebrations open to neighboring communities

## Phase 3: Global Exchange (3+ years)

Establish a cultural-ecological research hub sharing our living model.

- Publish learnings and methodologies for continued adoption of model in other countries.
- Host international exchanges and cross-cultural wisdom sharing
- International community model infrastructure replication, prospecting, and surveying





# Partnership & Outreach

## Partners

- Research collaborations with international leaders
- Ecological monitoring initiatives

## Conservation NGOs

- Joint wildlife protection projects
- Habitat restoration funding
- Educational program development

## Public Engagement

- Seasonal open days
- Virtual tours and online content
- Healing center services available for disenfranchised populations via non-monetary energetic exchange



# Expected Impact and Outcomes

**1,500+**

## Annual Visitors

Guests experiencing transformation and healing

**100+**

## Rescued Animals

Lives saved and improved through sanctuary care  
within the first 3-6 years

**45%**

## Habitat Maintenance and Restoration

Percentage of land returned to native ecology

**50+**

## Full-time Jobs

Employment opportunities created for local community

# Next Steps & Call to Action



## Phase 1: Foundation

Land acquisition, initial infrastructure, first community home clusters.

Timeline: 0-18 months



## Phase 2: Expansion

Healing center construction, expanded sanctuary facilities.

Timeline: 18-36 months



## Phase 3: Completion

Final construction, habitat restoration, full programming launch.

Timeline: 36 months +





# Contact Us

Ready to join us on this transformative journey? Connect with the Aliento De Vida team to learn more about partnership opportunities, visitation, or how to support our vision.

## Founders

Christopher Gutierrez

Rebecca Rodrigues

Nick Kreker

Jose R.G. Castro

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## Emails For Contact

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Our team is committed to responding within 48 hours. We welcome inquiries about land partnerships, animal sanctuary support, healing programs, and community involvement.



Nextcloud

### **Aliento De Vida Music Video.mp4**

A little taste of paradise...

