Data Collection Script

# Total Time: 30min

**Experimenter:**

So, what we are doing today is collecting coordinate data of you performing 10 stretches. The data will be used to train a neural network to detect which of the ten exercises is being performed. The only data inputted into the model are the X, Y, and Z coordinates. Your personal information will not be used for training. You can opt out at any time if you choose. If you have any questions feel free to ask.

We will be showing videos before each stretch. We would like you to perform the stretch with your chest facing the camera with all body parts behind the yellow line. We will be recording 10 repetitions of each exercise along with any miscellaneous movements between exercises.

Here is the first video

\*play video\*

Any questions? If not, we will start recording soon. We will tell you when to begin.

REPEAT 10 TIMES

Thank you for your time

# Exercise Notes:

* Y
  + Move down, not forward
* Cat
* Supine
  + 5/5
* Seated
  + 5/5
* Sumo
  + 5/5
* Mermaid
  + 5/5
* Towel
* Trunk
  + 5/5
* Wall
* Pretzel
  + 5/5
* OOV

Agenda