## Meet the chaplains . . .



# Joe Weidenbenner

#### How would you describe your personality and communication style?

I am an outgoing, non-judgmental, caring encourager with well-honed listening skills and perceptive insights. Others find me very approachable, and I believe it is a privilege for someone to include you in their life.

#### Tell us about your family, friends, kids, pets.

I have been married since 2001 to a wonderful wife, and I have been blessed with three sons, all born since 2006. I have long-term friendships with a core group of guys with whom I have experienced many adventures throughout the years.

### How would others describe you?

I have been described as dependable, caring, loyal, clever, genuine, and "willing to go the extra mile."

#### If someone was looking to work with you as their chaplain, what would you like them to know?

So many of life's challenges apply to all but are unique to the person; I am very careful to honor the beliefs and backgrounds of everyone with whom I'm privileged to work. As a person of faith, I look to God for hope, wisdom, grace, and strength on a daily basis.

#### What is, in your opinion, the most interesting or strangest thing about you?

I have taken many backpacking trips throughout Midwest and Western states, including summiting the highest peak in the United States.

#### Tell us about your career, education, and experience that led you to workplace chaplaincy.

I hold a B.S. Degree, UW-Whitewater, and an M.A. in Community Counseling from Regent University. I served for five and half years as an In-Home Counselor and currently practice at Living Well Counseling as an LPC. Throughout the years I have actively been involved in various ministries such as InterVar-

sity Christian Fellowship and my local church, serving as a bible study leader, Prayer Deacon, and developer of Men's mentor groups and single mothers ministries.

#### What types of life issues do you have experience helping others with?

I have extensive professional experiences providing individual, couple, and group counseling to children and adults of all ages with depression; anxiety; physical, emotional, and sexual abuse; discipline issues; attention deficit disorder; family dysfunction; substance abuse; and aggressive behaviors.

#### What do you like most about being a workplace chaplain?

As a chaplain, I'm privileged to have conversations that are life changing, providing hope to people who are facing difficult challenges. I enjoy helping people overcome obstacles, so they can lead happier, healthier, and more productive lives.

