

Meet the chaplains . . .



Jessi Geier

How would you describe your personality and communication style?

I value authenticity and connection with others. Empathy and listening come naturally to me, as well as asking thoughtful questions. I'm also a dreamer...with others and for myself.

Tell us about your family, friends, pets, etc.

My close friendships and relationships bring me great joy in life. I'm the oldest of three kids, and feel lucky to live nearby to be an auntie to my niece and nephews.

How would others describe you?

Fully present, intuitive, and curious. I bring a depth of insight and compassion when I listen and talk with people.

If someone was looking to work with you as their chaplain, what would you like them to know?

I love what I do! I invite you to come as you are. My commitment is to make a space for you to be heard and known, share about the struggle you are going through, explore more about what you want in life, or find some clarity. I am not an expert, but a fellow journeyer. I want to help you find your own answers and to encourage and support you along the way.

What is, in your opinion, the most interesting thing about you?

I grew up in a very small town of 700 people in Illinois...but adventured out to live in the city of Seattle for 10 years of my adult life. There I fell in love with the mountains and hiking, square dancing and folk music, and drinking espresso (yes, intensely black without cream).

Tell us about your career, education and experience that led you to workplace chaplaincy?

I'm a life-long learner and I find human beings fascinating, which led me to study psychology and sociology in college. My career has taken twists and turns from social work with foster youth, to the hospitality and restaurant industry, and leadership and ministry work within the church. I was trained as a professional life coach in 2012, and found a real sweet spot for me. I have a passion to listen, to help others through transitions and struggles, and bring a holistic framework with me in my chaplaincy role.

What types of life issues do you have the most experience helping others with?

I have walked alongside people in all stages of life and all kinds of struggles. Most of my experience is with people who feel stuck in an area of life, helping them find strength from their own gifts, values, background, experiences, and dreams and to take small steps towards what they want. Also: self-care, life balance, managing overwhelm and stress, life transition, spiritual life, physical health, relationships, and loss.

What do you like most about being a workplace chaplain?

I feel that we all have a unique story, a unique way that we are wired, and unique things that we want out of life. I enjoy being a small part of people's life discoveries. And, in the process of walking with others, I learn so much myself.

