

MY DAILY ROUTINE

Carlos andres perdomo medina





IN THE MORNING

I get up at 6 am,
shower at 6:15,
get dressed and play
for 15 minutes with
my son juan jose;
then I go to work at
7:30 am,





IN THE MORNING

I have breakfast at
the company's
restaurant





IN THE MORNING

and start working at
8 am,





IN THE AFTERNOON

I leave at 12 noon to
have lunch and study
until 2 pm,

I leave for the sena at
5 pm I arrive to study
at 6:20 am,





IN THE AFTERNOON

I go to bed at 12
midnight and sleep
at 12 midnight.

