

# Weekly Update

Cappy Pugliese

1/27 - 1/31

## **This week**

- downloaded notion and found a way to better prioritize my tasks
- made myself an online sticker chart to help motivate me to do difficult tasks
- read a review paper on genomic methods for class
- had to do some more allergy testing (not fun)
- did a decent amount of other class work
- did a learning assignment on the cluster for my genomics class
- had to respond to a bunch of student emails

## **Next week**

- keep up with my class work
- reach out about lab meetings
- try to balance out my work a bit better