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| --- | --- | --- | --- | --- | --- |
| **Step** | **Action** | **Expected Outcome** | **Pass** | **Fail** | **Comments** |
| 1 | Don wearable | Wearable is snug, maintains constant electrode contact |  |  |  |
| 2 | Perform bicep curl | Wearable does not impede the exercise |  |  |  |
| 3 | Connect wearable to muscle sensor | Connected wearable generates an electrical signal |  |  |  |
| 4 | Perform bicep curl | Connected wearable generates a signal similar to direct electrodes |  |  |  |
| 5 | Perform curl until fatigued | Fatigue is detected using current working algorithm |  |  |  |