



Start with one hand on the kiosk at Appalachia. Set a stop watch to zero and start it running!

Watch for this turn very closely. It comes in at a shallow angle and is easy to miss!

Cross Valley Way and run the faint, short section of Watson Path to Scar Trail. Be careful to stay on the trail here. The treadway is faint for about 200 yards.

Touch the sign. Turn off your stop watch. Snap a photo with the time on your watch showing and the Mount Adams summit sign.