



IDEA FROM A CARE LEAVER

"Why do we receive a printed document with information about leaving care which is not up to date after anymore after one year when we can include all information in a mobile app"

INFORMATION

The following information (written and videos) can be found in the app: housing, finances, work, school, health, insurances, aftercare + local information (part of the 2021 update)

CHECKLIST

Turning 18 might be tricky for young people in care. The checklist helps young people to create an overview in a turbulent time.

16-27

Kwikstart (initiative of Stichting
Kinderperspectief in cooperation
with young people) is an app that
helps young people to search for
national information from
government agencies, such as
applying for a DigiD, health
insurance or an urgent declaration
for a new home. In 2020 the
Kwikstart app will be further
developed in collaboration with the
City of Rotterdam and Leiden.



Are you ready?!

A TRAINING FOR AND BY YOUTH ON THE WAY TOWARDS INDEPENDENCE

"Are you ready?!" is a peer-to-peer training; by young people, for young people. Made by young people from Cardea (youth care provider in Leiden) in collaboration with so-called "departure trainers" and team Kinderperspectief.





The aim of the training is to reflect on what is practical when you are about to leave (residential) youth care. It is an addition to the regular care services offered and is intended to make involved young people (and mentors) think about their own role in the process towards independence. Interactive, confronting & inspiring.

Kinderperspectief Camps

AN INTERNATIONAL 7 DAY EXPERIENCE FOR CARE LEAVERS FROM DIFFERENT COUNTRIES

CREATING A PERSONAL 5 YEARS FUTURE PLAN





"This was the best week of my life, I met so many great people"

"I really have confidence in my personal future plan"

"Don't forget, this is not the end, it's only the beginning of my new life"

The program consists of varied assignments, such as mind mapping, a quality game, discussing personal lifelines, presentations about the participating countries and fun and relaxation.

