Should there be a parameterized constructor? Why or why not?

I decided not to use a parameterized constructor. Its function is too ambiguous. Does its parameter initialize the stack with its first value? Or does its parameter tell us the size of the stack? Since having the parameterized constructor could confuse the whole program, I decided to leave it out and make it so that stacks have to be made very explicitly. This took out all that extra probability and possibility for error in the rest of the program.