



Travelbetter — Calm Dog Travel

Packing List

Dog's Name: _____

Trip / Destination: _____



Essentials

- ☐ Collar & ID tag
 - ☐ Lead / harness
 - ☐ Poo bags
 - ☐ Food
 - ☐ Food bowl
 - ☐ Water bowl
 - ☐ Fresh water
 - ☐ Treats
 - ☐ Bed / blanket
-



Health & Wellbeing

- ☐ Medication
 - ☐ Flea / worm protection
 - ☐ Vaccination record (if needed)
 - ☐ Insurance details
 - ☐ Pet-safe first aid items
 - ☐ Towel (for wet / muddy days)
-



Comfort & Routine

- ☐ Favourite toy
- ☐ Comfort item (blanket / soft toy)
- ☐ Chew
- ☐ Routine notes (feeding / walks)
- ☐ Calm space setup (crate / quiet area)

(Familiar smells really help dogs settle in new places.)



On-the-Go / Day-Bag

- ☐ Travel water bottle / bowl
 - ☐ Spare lead
 - ☐ Treats
 - ☐ Poo bags
 - ☐ Wipes / tissues
 - ☐ Cooling bandana or coat (seasonal)
-



Accommodation / Travel

- ☐ Dog-friendly booking confirmed
 - ☐ Rules checked (bed / sofa / crate)
 - ☐ Pet fee paid (if needed)
 - ☐ Crate / barrier for car
 - ☐ Seat belt harness (if used)
 - ☐ Old sheet / throw to protect furniture
-



Paperwork & ID

- ☐ Microchip details up-to-date
- ☐ Vet contact
- ☐ Emergency contacts
- ☐ Travel rules checked (if abroad)
- ☐ Passport / Animal Health Certificate (if required)

✨ Extras / Miscellaneous

(Use this space for anything personal or important)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

✓ Calm-Travel Tip

Dogs pick up on our stress levels. Keep travel days gentle, pack familiar things, and allow extra quiet time when you arrive. You're doing great 🐾💛

Tip: if you don't need an item then simply put an **X** in the box as it shows you have thought about it and decided it wasn't required for this trip.