



Republic of the Philippines
SULTAN KUDARAT STATE UNIVERSITY
Isulan, Sultan Kudarat
College of Industrial Technology
2nd Semester S.Y. 2024-2025



UNIVERSITY VISION

A leading University in advancing scholarly innovation, multi-cultural convergence, and responsive public service in a borderless Region.

UNIVERSITY MISSION

The University shall primarily provide advance instruction and professional training in science and technology, agriculture, fisheries, education and other related field of study. It shall undertake research and extension services, and provide progressive leadership in its area of specialization.

UNIVERSITY GOAL

To produce graduates with excellence and dignity in arts, science and technology.

UNIVERSITY OBJECTIVES

- a. Enhance competency development, commitment, professionalism, unity and true spirit of service for public accountability, transparency and delivery of quality services;
- b. Provide relevant programs and professional trainings that will respond to the development needs of the region;
- c. Strengthen local and international collaborations and partnerships for borderless programs;
- d. Develop a research culture among faculty and students;
- e. Develop and promote environmentally-sound and market-driven knowledge and technologies at par with international standards;
- f. Promote research-based information and technologies for sustainable development;
- g. Enhance resource generation and mobilization to sustain financial viability of the university.

Program Objectives and its relationship to University Goal and Objectives:

PROGRAM OBJECTIVES	a	b	c	d	e	f	g
A graduate of Bachelor of Technical and Vocational Teacher Education can:							
a. Articulate effectively and independently in multi-disciplinary and multi-cultural teams the latest development in the fields practiced such as Automotive, architectural drafting, civil, electrical, electronics and food and its allied discipline.	/	/					
b. Lead in the promotion and preservation of Filipino historical and cultural heritage, social empowerment and environmental sustainability in a professional and ethical approach.	/	/	/		/	/	/
c. Generate research-based information and technologies at par from international standards, and	/	/	/	/	/	/	
d. Promote and transfer knowledge and technologies for effective and efficient School- Industry partnership.	/	/	/		/	/	/

- 1. Course Code** : HE 001
2. Course Title : Literacy in Home Economics
3. Prerequisite : --
4. Credits : 3 UNITS

5. Course Description:

This subject deals with the principles on home management, child management, family relationship, food and nutrition, textiles and clothing which are closely linked to our everyday life. Through this subject, learners can gain knowledge on how to build a prosperous and good home, bring up children properly, socialize and become aware about proper food and nutrition. Moreover, it is important to create skilled and creative manpower as well as to teach learners applied knowledge, so that they may able to develop a respect for labor.

6. Course Learning Outcomes and Relationships to Program Objectives

Course Learning Outcomes							Program Objectives			
							a	b	c	d
At the end of the semester, the students can:							/	/	/	/
a. State the general information about Home Management.							/	/	/	/
b. Discuss the importance of sensory evaluation and sensory attributes.							/	/	/	/
c. Determine failures to meet in quality food requirements							/	/	/	/
d. Explain the different consumer requirements							/	/	/	/
e. Discuss the importance of HACCP, GMP/GHP							/	/	/	/
f. Differentiate the food quality from the food control							/	/	/	/
g. Employ the principles of HACCP and GMP/GHP in cooking quality food.							/	/	/	/

7. Course Content

Course Objectives, Topics, Time Allotment	Desired Student Learning Outcomes	Outcomes-Based Assessment (OBA) Activities	Evidence of Outcomes	Course Learning Outcomes	Program Objectives	Values Integration
Topic: SKSU VMGO, Classroom Policies, Course Overview, Course Requirements, Grading System (2 hours)						
1. Discuss the VMGO of the university, classroom policies, scope of the course, course requirements and grading system	1.1 Student can be aware of and appreciate of the university's VMGO, classroom policies, course overview, requirements and grading system.	Individual participation in class discussion and group presentation	Group and individual discussions	g	d	Value of appreciation
Topic . Home Management (9 hours)						
2.1 .Home and Home Management <ul style="list-style-type: none"> • Duties and Responsibilities of Home Manager • Family Resources • Resource Management 	2.1 The students state and discuss the general information in Home Management including duties and responsibilities of home manager, family resources, and resource management.	Students participation in question and answer activity facilitated by teacher through virtual class.	Rubrics score cards of class participation accomplished by professor.	a, b, e	a, b, c,	Value of participation

Topic: Child Development and Family Relationship (9 hours)

3.1. Discuss the importance of Child Care in the Family and Adolescents of the Family Establishing the Relationship of the Adolescents with the Different Members of the Family	3.1. Discuss the importance of sensory evaluation and sensory attributes	3.1. Individual participation through the boardwork activity.	Graded pair work activity with criteria Rubrics score cards of class participation accomplished by the instructor. Graded pair reporting with criteria	a, b, d, e	a, b, c, d	Unity and teamwork Sense of Belongingness
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Topic: Food and Nutrition (14 hours)

4.1. Determine reliable information about food, food nutrients and nutrition 4.2 Explain the importance of Food Requirements and Menu Planning, Preparation and Serving of Food	4.1. Determine the failures in quality food requirements 4.2 Students can explain the importance of commodities in food requirements	4.1. Individual participation through the boardwork activity. 4.2 Students can share his/her ideas, opinion and insights within the class through recitation.	Graded individual boardwork activity based on points earned. Rubrics score cards of class participation accomplished by the instructor.	a, e, f, g, b,d	a, b, c, d	Unity and teamwork Value responsibility and cooperation
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Topic: Clothing and Textiles (17 hours)

5.1.Explain the Importance of Color, Line, Design and Texture in the Selection of Dress 5.2. Personal Hygiene	5.1. Classify the different consumer requirements 5.2. Students can explain the different	5.1. Students can work in a group to share their common ideas on the activity facilitated by the instructor. 5.2. Students can share	Graded group work activity with criteria. Rubrics score cards of class participation	b, d, e, f, g	a, c,	Value of Self-esteem Value of participation Value of
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and Tidiness in Clothing	consumer requirements	his/her ideas, opinion and insights within the class through recitation.	accomplished by the instructor.	a, c	b, d	Hardwork
Washing Clothes						
Sewing of pajama						
Lecture Hours	= 51					
Exams Hours	= 3					
Total Number of Hours	= 54					

8. Course Requirements:

Quizzes
 Class Participation/Oral
 Written Examination (Midterm and Final)
 Output/Video Presentation
 Attendance

Grading System:

	Midterm	Final Term	Final Grade
Quizzes	30%	30%	Midterm Grade + Final Grade / 2 = FT
Examination	40%	40%	
Class Participation/ Output/Video Presentation	20%	20%	
Attendance	<u>10%</u> <u>100</u>	<u>10%</u> <u>100</u>	

Schedule of Examination:

Midterm	-
Final Term	-
Classes End	-

References:

- Rajo, L. et al.,(2008), The Teaching of Science and Health, Math and Home Economics
Ulit, E. et. al., (2007), Teaching the Elementary School Subjects
Lee, E. (2010). Home Economics and Livelihood Education, Phoenix Publishing Inc.,
Fulgencio, M. (2010). Edukasyong Pantahanan at Pangkabuhayan, Phoenix Publishing Inc.,
Rafael, E. (2007). Paggawa susi sa Pag – unlad, Phoenix Publishing Inc.,

Websites:

Handbook of Home Economics	http://archive.criced.tsukuba.ac.jp/data/doc/pdf/2008/07/Handbook%20of%20Home%20Economics_1_2007.pdf
Home Management	https://media.focusonthefamily.com/topicinfo/home_mgt_tips.pdf
Child Development and	
Family Relationship	https://www.unhcr.org/3bb81bad4.pdf
Food and Nutrition	https://www.unicef.org/media/60806/file/SOWC-2019.pdf
Clothing and Textiles	https://core.ac.uk/download/pdf/84886847.pdf

Prepared by:

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College Dean



Republic of the Philippines
SULTAN KUDARAT STATE UNIVERSITY
Isulan Campus, Isulan, Sultan Kudarat, 9805
Province of Sultan Kudrat

Campus: Isulan
Updated as of: January 2025

COURSE ORIENTATION FORM
2nd Semester | SY 2024-2025

Course Code/Description: HE001 - Literary in Fine Economics

Time: 10:30-12:00 Date: 1-21-2025 Room: FT LAB

Year and Section: BTEC 2AB

We hereby acknowledge and certify that the instructor refer in the course mentioned above had oriented us on College Vision, Mission, Goals and Objectives, the policies and guidelines, instructional standards (course content, grading system, list of references and consultation time).

Name	Course Code	Signature	Name	Course Code	Signature
1. LUCAS, KRISTAL KAYE S.			21. CASTRO, JEFFREY M.		
2. Sumadia, Phoebe Faith H.			22. LIBRUM, JOHN CISTER S.		
3. Horiana, Jeanice A.			23. Magana, Chris Marc Sevar		
4. FLORES, MICHELLE D.			24. Pather, Angel Pearl P.		
5. VENUS, BJ BENEDICTA.			25. Limjoco, Evelyn F.		
6. LAUDATO, ROLF A.			26. Lasciona, Christian E.		
7. Madora, Jerico C.			27. GECO, JAEZEL A.		
8. AGUPITAN, ERIC F. D.			28. Garcellano, Pomela G.		
9. Pagdagdug, Christian Alton M.			29. GORAGO, KEAH		
10. Baylon, REND CHARLES			30. Srobinisce, Antoinette		
11. Flaga, John Dexter			31. Gallo, Renes Carl N.		
12. Pakly, Maridah J.			32. CARCASITAS, MICHAEL T.		
13. Pante, Paul Benedict B.			33. ALLADO, CEDRICK M.		
14. Barnuevo, Heart wil			34. AFINS, MIRNEITH		
15. Elicot, Jairenele L.			35. OMANGAD, LADY MARIA		
16. Villanueva, Shun Cozze			36. Calcabon, Franklin		
17. Simon, Arlene Janice			37. BELLO, LEYZEL F.		
18. Ibarra, Kim F.			38. FUI-AI, JOE JETHA T.		
19. FUJONAN, DAVE P.			39. Quila, Mine Fa F.		
20. AGUADO, MICHAEL D.			40. Kurna, Guendelyn F.		
41. Gangki, Nadia O.					
42. Stephen C. Segism					
43. Tampus, Gen Isabel Q.					

Attested by:

JENIA MAE FAJARDO-VALERO

Program Chairman/Date

CC:

- 1 - Dean
- 1 - Program Chairman
- 1 - Accreditation
- 1 - Faculty Concern

JENIA MAE FAJARDO-VALERO
Faculty Name and Signature/Date

ACKNOWLEDGEMENT RECEIPT:

Date: _____

Time: _____

By: _____

Name & Signature of
Authorized Representative

Contact Information:

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Official website: www.sksu.edu.ph