



Republic of the Philippines  
Sultan Kudarat State University  
Isulan, Sultan Kudarat  
College of Industrial Technology  
A.Y. 2025-2026

#### UNIVERSITY VISION

A leading University in advancing scholarly innovation, multi-cultural convergence, and responsive public service in a borderless Region. service for the public, accountability, transparency, and delivery of quality of services; development needs of the region.

#### UNIVERSITY MISSION

The university shall primarily provide advanced instruction and Professional training in science and technology, agriculture, fisheries, education, and other related field of study. It shall undertake research and extension services, and provide Progressive leadership in its area of specialization.

#### UNIVERSITY GOALS

To produce graduates with excellence and dignity in arts, science and Technology.

#### UNIVERSITY OBJECTIVES

- a. Enhance competency development, commitment, professionalism, unity, and true spirit of
- b. Provide relevant programs and professional training that will respond to the
- c. Strengthen local and international collaborations and partnerships for borderless programs;
- d. Develop a research culture among faculty and students;
- e. Develop and promote environmentally sound market-driven knowledge and technologies at par with international standards;
- f. Promote researched-based information and technologies for sustainable development;
- g. Enhanced resource generation and mobilization to sustain financial viability. of the university.

PROGRAM OBJECTIVES	UNIVERSITY OBJECTIVES						
	a	b	c	d	e	f	g
A graduate of Bachelor Technical Vocational Teachers Education BTVTED can:							
a. Articulate effectively and independently in multi-disciplinary and multi-cultural teams the latest development in the fields practiced such as Automotive Tech., Civil Tech., Drafting Tech., Electrical Tech., Food Service Management and allied disciplines.	/	/	/	/	/		
b. Lead the Promotion and preservation of Filipino historical and cultural heritage, social empowerment and environmental sustainability in a professional and ethical and ethic approach		/			/	/	/
c. Generate research-base information and technologies at par from international standard; and	/	/		/		/	/
d.. Promote and transfer knowledge and technologies for effective and efficient school-industry partnership.		/		/		/	/

1. COURSE CODE : TLE 109  
 2. COURSE TITLE : Teaching Common Competencies in Home Economics  
 3. PRE – REQUISITE : None  
 4. CREDITS : 3  
 5. COURSE DESCRIPTION : The course, is designed to equip pre-service teachers with the essential pedagogical skills necessary for teaching Home Economics in the context of the Technical-Vocational-Livelihood (TVL) track. The course focuses on developing effective teaching strategies, methodologies, and assessment techniques for Home Economics subjects, emphasizing the integration of competencies relevant to daily living skills, household management, and personal finance. Students will be introduced to the current curriculum framework and learn how to deliver lessons that align with the national standards for Home Economics education.

COURSE LEARNING OUTCOMES		PROGRAM OBJECTIVES			
At the end of the semester, the students will be able to:		a	b	c	d
a.	Understand the Home Economics Curriculum Framework	/			
b.	Develop Competency-Based Instructional Plans	/		/	
c.	Implement Effective Teaching Techniques	/		/	
d.	Evaluate Learners' Progress and Competency Development	/		/	
e.	Integrate 21st-Century Skills in Home Economics Education	/		/	
f.	Promote Values and Ethics in Home Economic				

<b>TOPIC I SKSU VMGO, CLASSROOM POLICIES, COURSE OVERVIEW, COURSE REQUIREMENTS, GRADING SYSTEM (3 HOURS)</b>						
COURSE OBJECTIVES, TOPICS, TIME ALLOTMENT	DESIRED STUDENT LEARNING OUTCOMES	OUTCOMES – BASED ASSESSMENT (OBA) ACTIVITIES	EVIDENCE OF OUTCOMES	COURSE LEARNING OUTCOMES	PROGRAM OBJECTIVES	VALUES INTEGRATION
The VMGO of the University, classroom policies, and overview of the course, course	Students should be able to;  *Recognize and articulate the university's Vision, Mission,	VMGO Reflection Paper	Students understood the University VMGO,	Understand the university's	A, C	*Respect *Accountability * Integrity * Excellence

<p>requirements, and grading system.</p>	<p><b>Goals, and Objectives (VMGO) and their relevance to the course and academic experience.</b></p> <ul style="list-style-type: none"> <li>*Understand and adhere to classroom policies regarding attendance, behavior, and participation.</li> <li>*Demonstrate knowledge of the course structure, key topics, and objectives.</li> <li>*Understand and meet the course requirements, including assignments, exams, and projects.</li> <li>*Explain the grading system, including how each component contributes to the final grade and how to track academic progress.</li> </ul>	<p><b>Activity:</b> Write a reflection on how the VMGO aligns with individual academic objectives.</p> <p><b>Classroom Policies Quiz</b>  <b>Activity:</b> Complete a quiz on attendance, participation, and behavior expectations.</p> <p><b>Course Requirements Checklist</b>  <b>Activity:</b> Complete a checklist of assignments, exams, and deadlines.</p> <p><b>Grading System Analysis</b>  <b>Activity:</b> Calculate potential grades based on a sample rubric.</p> <p><b>Course Overview Discussion</b>  <b>Activity:</b> Discuss and summarize key topics and goals of the course</p>	<p>classroom policies, requirements, and grading system.</p> <p>Students recite and discuss the VMGO and classroom policies, requirements, and grading system.</p>	<p>VMGO and its connection to the course.</p> <p>Comprehend classroom policies, including attendance and participation expectations.</p> <p>Describe the course structure, key topics, and objectives.</p> <p>Know the course requirements and materials needed for success.</p> <p>Understand the grading system and how different components impact the final grade.</p>		<p><b>*Collaboration</b></p>
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<b>TOPIC I: THE NATURE, STRUCTURE, AND CONTENT OF K TO 12 EPP AND TLE (5 HOURS)</b>					
1. Home economics in the Philippines	<ul style="list-style-type: none"> <li>*Understand the historical development of home economics in the Philippines</li> <li>*Analyze the impact of home economics on Filipino family life and community development</li> </ul>	<ul style="list-style-type: none"> <li>*Activity: Students will create a portfolio that includes a research paper and a community-based project proposal demonstrating how home economics practices can improve the quality of life for Filipino families.</li> </ul>	*Portfolio	<ul style="list-style-type: none"> <li>*Students will demonstrate the ability to critically analyze and apply home economics principles through the creation of a portfolio, Essay and PowerPoint that integrates research and community-based projects to improve the quality of life for Filipino families.</li> </ul>	A, C
2. Nature of Home Economics	<ul style="list-style-type: none"> <li>*Identify the core principles and scope of home economics;</li> <li>*Evaluate the role of home economics in modern society</li> </ul>	<ul style="list-style-type: none"> <li>*Activity: Students will write an essay analyzing the evolution of home economics as a discipline and its relevance to modern-day family and community well-being.</li> </ul>	*Compilation of Essay Activity		
3. The Seven (7) Areas of Home Economics	<ul style="list-style-type: none"> <li>*Identify and describe the seven key areas of home economics</li> <li>*Analyze the interrelationship between the seven areas of home economics;</li> </ul>	<ul style="list-style-type: none"> <li>*Activity: Students will create a visual presentation that explains each of the seven areas of home economics, providing examples of how they are applied in everyday life,</li> </ul>	*PowerPoint Presentation		

<b>TOPIC II: THE STRUCTURE OF HOME ECONOMICS (5 HOURS)</b>					
1. The Introduction of the Structure of Home Economics	<ul style="list-style-type: none"> <li>*Understand the organizational structure of home economics</li> <li>*Examine the roles and functions within the structure of home economics</li> </ul>	<ul style="list-style-type: none"> <li>*Activity: Students will design a diagram that illustrates the organizational structure of home economics, highlighting key</li> </ul>	*Illustration Diagram of An organizational Structure of Home Economics	<ul style="list-style-type: none"> <li>*Students will demonstrate their understanding of the structure and framework of home economics</li> </ul>	A, C

2. The Curriculum Aims of Home Economics	<ul style="list-style-type: none"> <li>*Understand the key aims and objectives of home economics curricula</li> <li>*Evaluate the impact of curriculum aims on student development and society</li> </ul>	<p>components such as curriculum, educational goals, and professional roles.</p> <p>*Activity: Students will write a reflection paper explaining how the curriculum aims of home economics contribute to personal development, community welfare, and lifelong skills.</p>	<p><b>*Reflection Paper</b></p>	<p>by analyzing its key components, reflecting on how it contributes to personal development, community welfare, and lifelong skills, and presenting this knowledge through diagrams, outlines, and reflective writing.</p>		
3. The Curriculum Framework of Home Economics	<ul style="list-style-type: none"> <li>*Identify and explain the components of the home economics curriculum framework</li> <li>*Analyze how the curriculum framework supports the development of practical skills and life</li> </ul>	<p>*Activity: Students will create a detailed outline of the curriculum framework for home economics, identifying its core components and how they align with the development of practical skills and knowledge.</p>	<p><b>*Detailed Outline of HE Curriculum</b></p>			

#### TOPIC III: LEARNING STRATEGIES AND ASSESSMENT TECHNIQUES AS APPLIED TO HOME ECONOMICS (5 HOURS)

1. Introduction Strategies for Teaching Home Economics and Livelihood Education	<ul style="list-style-type: none"> <li>*Understand various teaching strategies for home economics and livelihood education</li> <li>*Evaluate the application of teaching strategies in fostering practical skills in students</li> </ul>	<p>*Activity: Students will design a lesson plan that incorporates at least three different teaching strategies suitable for home economics and livelihood education, and justify their choices based on student</p>	<p><b>*Lesson Plans for Home Economics</b></p>	<p>*Students will demonstrate their ability to design effective lesson plans and assess various teaching methods in home economics by applying diverse strategies that</p>	<p>A, C</p>	<p>Respect            *Accountability            * Integrity            *Excellence            *Collaboration</p>
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2. The different Methods In Teaching Home Economics  2. 1 Discussion 2.2 Panel Forum 2. 3 Symposium Forum 2.4 Debate 2.5 Round Table Conference 2.6 Informal Group Discussion 2.7 Fact Finding Discussion 2.8 Lecture Forum 2.9 Movie Forum 2.10 Laboratory Method 2.11 Lecture Method 2.12 Problem Solving Method 2.13 Project method 2.14 Role Playing Method 2.15 Field Trip Method 2.16 Brains Storming Method	<ul style="list-style-type: none"> <li>*Identify various teaching methods used in home economics education</li> <li>*Explain the advantages and limitations of each teaching method in home economics</li> <li>*Apply appropriate teaching methods to specific home economics topics</li> <li>*Evaluate the role of technology in teaching home economics</li> <li>*Design a lesson plan incorporating various teaching methods for home economics</li> </ul>	engagement and skill development.	<p><b>*Comparative Analysis Review</b></p>	foster student engagement and skill development, and evaluating their impact on practical skill acquisition.		
		* Activity: Students will create a comparative analysis chart of various teaching methods in home economics, assessing their strengths and weaknesses in promoting student learning and practical skill acquisition.				
<b>TOPIC IV: ASSESSMENT TECHNIQUES AS APPLIED TO HOME ECONOMICS (5 HOURS)</b>						
1. Introduction of Assessment in Home Economics	<ul style="list-style-type: none"> <li>*Understand the purpose and importance of assessment in home economics education</li> <li>* Identify various assessment tools and methods used in home economic</li> </ul>	<ul style="list-style-type: none"> <li>* Students will write a reflective essay on how different types of assessments in home economics (e.g., formative, summative, and performance-based) influence student learning outcomes and</li> </ul>	<p><b>*Reflection Papers</b></p>	<ul style="list-style-type: none"> <li>*Students will demonstrate their ability to design effective assessment tools, such as rubrics and evaluation instruments, that measure both</li> </ul>	A,C	<ul style="list-style-type: none"> <li>Respect</li> <li>*Accountability</li> <li>* Integrity</li> <li>*Excellence</li> <li>*Collaboration</li> </ul>

<p><b>2. Importance of Assessment in Home Economics</b></p> <p><b>3. Approaches to Measuring Student Learning</b></p> <p>3.1 Summative assessments 3.2 Formative assessment</p>	<ul style="list-style-type: none"> <li>*Understand the significance of assessment in measuring student progress in home economics</li> <li>*Analyze the impact of assessment on improving teaching strategies and student outcomes in home economics</li> </ul> <p><b>*Identify different approaches to measuring student learning in home economic</b></p> <p><b>*Evaluate the effectiveness of different assessment approaches in measuring student achievement and skill development</b></p>	<p>the development of practical skills.</p> <p>* Students will design an assessment tool that evaluates both theoretical knowledge and practical skills in home economics, explaining how the tool aligns with the learning objectives and measures student progress.</p>	<p><b>*Sample of Evaluation Tools</b></p> <p><b>*Develop a sample of Rubric</b></p>	<p>theoretical knowledge and practical skills in home economics, while reflecting on how different types of assessments impact student learning outcomes and skill development.</p>		
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**TOPIC V: CONSIDERATIONS FOR MEASURING STUDENT LEARNING (5 HOURS)**

<p><b>1. Components of an Effective Lesson Plan</b></p>	<ul style="list-style-type: none"> <li>*Identify the key components of an effective lesson plan</li> <li>*Design a comprehensive lesson plan that includes all necessary components:</li> </ul>	<p><b>*Activity:</b> Students will create a comprehensive lesson plan for a home economics topic, ensuring it includes all required components such as learning objectives, materials, activities, assessments, and time management.</p>	<p><b>*Sample of a Detailed-Lesson Plan</b></p>	<p>*Students will demonstrate their ability to develop a comprehensive lesson plan for a home economics topic, incorporating key components such as learning</p>	<p>A,C</p>	<p>Respect *Accountability * Integrity * Excellence * Collaboration</p>
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				objectives, materials, activities, assessments, and time management to facilitate effective teaching.		
<b>TOPIC VI: PARTS OF AN INSTRUCTIONAL PLAN (5 HOURS)</b>						
1. Parts of the Lesson Plan	*Identify and explain the essential parts of a lesson plan  *Develop a lesson plan that includes all required components	*Students will develop a detailed lesson plan for a home economics class, clearly identifying and explaining the key parts, such as objectives, materials, procedures, and assessments.	*Detailed-7s Lesson Plan for Home Economics	*Outcome: Students will develop a detailed 7-step lesson plan for a home economics topic, demonstrating their understanding of lesson structure and the ability to incorporate essential teaching components such as objectives, activities, assessments, and time management.	A, C	Respect *Accountability * Integrity * Excellence * Collaboration
<b>TOPIC: VII ASSESSING INSTRUCTIONAL PLAN (5 HOURS)</b>						
1. Characteristics of Effective Instructional Explanations 1.1 Be adaptive 1.2 Focus on Concepts Principles	*Identify the key characteristics of effective instructional explanations	*Activity: Students will analyze a recorded teaching video, identify the characteristics of	*Sample of analysis or video review	*Students will critically analyze a video or case study related to home economics	A, C	Respect *Accountability * Integrity * Excellence * Collaboration

1.3 Take into Account the Student's Ongoing Cognitive Activities 1.4 Striking Balance	*Analyze the impact of effective instructional explanations on student learning	effective instructional explanations, and provide a written evaluation on how these explanations enhance student comprehension and engagement.		education, evaluating the effectiveness of teaching strategies and identifying areas for improvement in student engagement and skill development.		
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#### TOPIC VIII: SELECTING APPROPRIATE INSTRUCTIONAL MATERIALS FOR TEACHING HOME ECONOMICS (SHOURS)

1. Selecting Materials for Home Economics	*Identify the key factors to consider when selecting materials for home economics instruction  *Evaluate and select appropriate materials for specific home economics lessons	*Activity: Students will create a list of appropriate instructional materials for a home economics lesson, explaining why each material was chosen based on its relevance, accessibility, and alignment with learning objectives.	*Sample of Instructional Materials For Home Economics	*Students will design a sample set of instructional materials for a home economics lesson, demonstrating their ability to create resources that enhance learning and support the development of practical skills.	A, C	Respect *Accountability * Integrity *Excellence *Collaboration
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#### TOPIC IX: DEMONSTRATION TEACHING IN HOME ECONOMICS SUBJECT ( 7 HOURS)

1.Types Of Teaching Methods For Home Economics  2.Problem Solving/Inquiry Method 2.1 Merits of Inquiry Method 2. 2 Demerits Of Inquiry Method	*Identify and describe various teaching methods used in home economics  *Analyze the advantages and limitations of different teaching methods in home economics	*Activity: Students will evaluate and select appropriate materials for a home economics lesson, justifying their choices based on factors such as educational relevance, cultural appropriateness, and the	* Sample of Rubric for evaluation For Home Economics	*students will design a sample rubric for evaluating a home economics project, demonstrating their ability to assess student		Respect *Accountability * Integrity *Excellence *Collaboration
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3. Discussion Method		enhancement of student engagement.		performance based on criteria such as accuracy, creativity, and practical application.		
4. Whole Group Discussion as a Teaching Method						
5. Small Group Discussion						
6. Demonstration Method						
6.1 Techniques Used In The Demonstration Method						
7. Role Play Method						
7.1 merits Of Role-Playing Method						
7.2 Demerits Of Role – Playing Method						
8. Oral Exposition Or Lecture Method						
9. Discovery Method						
10. Case Study Method						
10.1 Type Of Case Study						
11. Factors To Consider When Selecting Method Of Teaching.						
Number of Hours	52 hours lecture 2 hours examination					
Total Number of Hours	54 hours					

## 8. COURSE REQUIREMENT

Grading System:	Midterm	Final Term	Final Grade
Project/Assignment	10%	10%	
Quizzes/attendance/Behavior	10%	10%	Midterm Grade + Final Grade / 2 = FG
Performance/Oral Presentation	30%	30%	
Examination	<u>50%</u>	50%	
	100%		

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