52 THINGS

ALL MEN SHOULD DO BEFORE CON-SIDERING MARRIAGE

COACH GREG ADAMS

Copyright © 2021 Coach Greg Adams

All rights reserved.

ISBN: 978-1-7330396-8-0 ISBN-13:

DEDICATION

Once again, I want to thank the one and only #COACHGANG for your continued support and motivation to keep this message strong and accurate. I know that there are a lot of uncomfortable truths in this message, but believe me, I am seeking to provide solutions for men to live a fruitful and productive life and the by-product of this is an overall wellness and balanced society. Peace!

CONTENTS

1	Live Free	12
2	Build Yourself	23
3	Sowing Your Oats	35
4	Due Diligence	45
5	Vetting Her	55
6	More Due Diligence	70
7	Outro	90

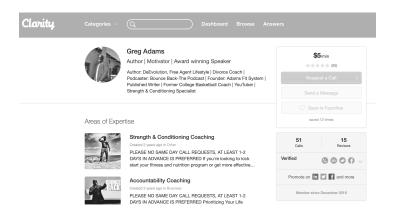
COACHING PROGRAMS

FREE AGENT LIFESTYLE MASCULINITY TRANSFORMATION



WWW.THEFREEAGENTLIFESTYLE.COM

CLARITY: ONE-ON-ONE COACHING AVAILABLE AT CLARITY.FM/GREGADAMS



BEFORE YOU GET MARRIED 52

INTRODUCTION

What's going on everybody, it is Coach Greg Adams, also known as CGA, I am the author of The Free Agent Lifestyle and DeEvolution, Host of The Free Agent Lifestyle Podcast, motivational speaker and mentor to men on many social media platforms. Also, I go by the title "Coach" and if this is the first time you've heard of me, I know you're probably saying, "not another coach," or "this guy just designated himself a coach?" Well, first thing you should understand is that I am a former college basketball coach at the Division I and Division II level and now I coach men strictly related to marriage, relationships and divorce and about what's missing the most in today's culture, "MAS-CULINITY".

In this book, I'm talking about a subject that every man has thought about recently, at least thought about,

and that is "MARRIAGE". Now, this book is for every man in any particular camp related to the subject marriage. You can be in the camp of men who believe that one day they want to get married or it could be a man that is unsure or it could be for men who know flat out, they don't have any interest in marriage at all, I understand. Either way, your decision to pick up this book is based on the need to gather more information about marriage.

The information that I'm going to present to you today, is information that has never been put out for men related to marriage. Most of the information that you'll find on this subject is strictly from the female perspective, the emotional position or based on religion. So my goal is really to get you guys to think about some of the options that you might have about marriage and relationships. You might think that you're ready for this most important decision in your entire lifetime, which has a lot of long-term consequences attached to it. But after reading this, you might want to deliberate just a little bit longer and give it more clear thought based on the information that I'm going to give to you.

Now, I'm not here to talk you out of marriage, if you want to get married. I'm just giving you a few more options and maybe some things to think about, more or less I'm here to prepare you for this big decision.

Here's a little about me if you might be wondering. Yes, I was single at one particular point and I was single and I was never getting married. I was one of those guys. And eventually I became a guy who got married and I thought I was going to be married forever. Unfortunately, I became a statistic and I got divorced and I became the person that was divorced and said, "I'm never getting married again." Up until the point of you reading this book, I'm still living that particular lifestyle. And that's why I wrote the book, The Free Agent Lifestyle.

We tend to take marriage advice from people in two camps, people who have never been married and use marriage as a fantasy or a fix all to their future decisions or from people who are just going to be married. Either, they're newlyweds or they're just getting into their marriage. And a lot of times you take advice from these people.

Unfortunately, we rarely investigate people who have been in long-term marriages or we rarely investigate people who have been through divorces. Unfortunately, we look at people who've been through divorces as tainted as opposed to seeing if maybe they have some valuable information about this big step. Now, marriage is a big step and emotions should not be the only basis that you use for getting into your marriage. If you're using the Hope Strategy, meaning, "I HOPE something bad never happens to me in my marriage," "I HOPE she doesn't change," or "I HOPE this goes well," then you're already setting yourself up for a major disappointment.

The reality is that all marriages are good...until they're not. I've seen plenty of great marriages. Don't get me wrong. I've seen plenty of great marriages and I've seen a lot of great marriages that ended up in a divorce. And I've also seen some marriages that started off bad and they ended up pretty good.

Let me lay some statistics on you, some that you may have heard, some that you might not be aware of. But I'm going to give you some options here: 50–60% of first marriages end in divorce. 67–73% of second marriages end in divorce, 73-80% of third marriages end in divorce. Now,

it's been reported by various studies that 50% of spouses are involved in some sort of an affair, an emotional affair, a financial affair, a sexual affair and that goes for the male or female, the husband or the wife, 50% of all people that have married may be involved in some sort of affair.

How about these statistics? 1 in 3 women will experience some sort of domestic abuse, could be emotional abuse, could be financial abuse, could be physical abuse. And 1 in 4 men in relationships report some sort of abuse. 25% of marriages are deemed sexless marriages, meaning they may not have sexual relationships for up to six months to a year. And 1 in 4 people in marriages sleep in separate bedrooms.

The average length of a marriage that ends in divorce is eight years. Most people don't even make the magical 10 years anymore, and paternity fraud is involved in nearly 11% of all childbirths. Now, to cap it all off, 8 out of 10 divorces are filed by women and when it comes to college educated women, those relationships and marriages tend to last longer, but when a divorce is filed, 9 out of 10 are by women.

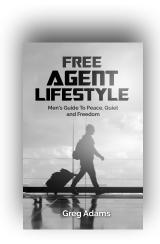
Here's the thing, most people stay in the marriages, not because of love. They may stay for the kids, religious reasons; because they can't afford the divorce, because they don't want to lose their valuable house, there may be some social stigma or pressure or they may lose a connection with their married friends. Most people stay for other reasons other than "they love their spouse."

Now, these are the realities here, unfortunately, it is the ugly picture that I have to paint, but it is the reality of marriage. And when we can start addressing these issues seriously, then we can create a serious solution. But unfortunately, people want to draw back on to love and the fantasy. And this is why the statistics are the way they are. We never really deal with these issues, particularly for men, we don't hit these issues head on, we're afraid to ask the questions and we want to not get the real answers.

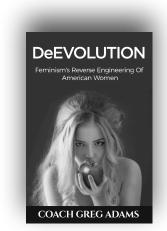
Everything that I've told you, so far, is absolutely true and can be backed up. But, what we will do now is talk about the 52 THINGS THAT ALL MEN SHOULD DO BEFORE THEY EVEN CONSIDER MARRIAGE. Let's have some fun.

OTHER BOOKS BY CGA

FREE AGENT LIFESTYLE (AMAZON)



DeEVOLUTION: FEMINISM'S REVERSE ENGINEERING OF AMERICAN WOMEN (AMAZON)



CHAPTER

1

LIVE FREE

All right guys, the 52 things that all men should consider before they get married. I separated these ideas into six categories so you may digest it a little bit easier. These are not in order of importance, these are just in order of what I think men should do in each one of category. So the first category is "LIVE FREE".

If you don't know, I wrote a book called The Free Agent Lifestyle, which basically guides men to living free first, building yourself first and focusing on the things that matter most. And then when it comes to mate selection, your selection process will be a little bit easier as opposed to hitting your head and trying to find something that is not available to them. The days of finding someone to build with are coming to an end because of social media. There are a lot of people who want to just latch onto another person who already has their life complete. Well, I

encourage men to learn how to live free first and then consider mate selection secondary.

52. MOVE OUT OF YOUR MOTHER'S HOUSE/LIVE ALONE

Get from out of your mother's wing or your parents' house. Or, maybe you live with roommates or something like that. The first thing you have to do to live free is to live on your own and I suggest that men should live on their own for a considerable amount of time. This way you get to learn how to pay bills on your own, learn the things that you really like, learn the company that you would like to keep and learn how to do things on your own. One of the mistakes that men make here is that they move from their parents' house and directly into a cohabitation arrangement with the young lady or something like that. Well, they haven't really spent time learning who they really are and this is the first step that you need to take, moving from your parents' house and learning to live free.

51. TRAVEL TO ANOTHER COUNTRY

The next thing I want you to do "is travel to another country". Find a country that you really connect with and that you really like. Get involved in the culture of that country, learn the language and be able to communicate. You may adopt this country as a place you could retire to in the future, lay down some foundations in that country, learn the people, date somebody out there, learn the history. Not just the places around the resorts, learn everything about that country and get invested in that country.

This might be your home country in the future and if you meet someone in the future as a possible mate, you might be able to translate that to them. "Hey, I've imagined retiring in this country" and see if they might agree with that. Maybe they would like to do that as well, or maybe they're totally against that. "No way, will I retire in that country!" Well, you know that if she doesn't want to do that and you do, that potential long-term relationship mate is not going to be a match for you. See, if you have that as a dream and a goal before you get into a marriage, well, then you can measure up your next possible partner. Have an idea of what you want to do in your future and you can translate that to the people that you meet. Travel-

ing and adopting another country give you a place to go and be comfortable when you do.

50. TRAVEL TO THREE CONTINENTS

The next thing I want you to do "is to travel" to at least three continents before you even consider getting married and settling down. If you start traveling after you get married, once you get to these new places, you might realize there may be better people out there. There are 7 billion people on the planet Earth and you haven't met them all.

You might live in a small town and you've made your mate selection based on the available pool of women in that town. Now, is that fair to you? It is not fair to you because you haven't actually reached out to other possibilities. Now, let's just take mate selection off the table. Let's talk about experiences and building those experiences, so that you have something to offer. You have some culture, you have understanding, and you know your standing in the world. You realize that there's a bigger world out there. I always encourage men to at least get out and travel to three continents before they ever consider settling down.

49. INVEST IN A HOBBY

The next thing I want you to do "is find a hobby." Find something that you like, fishing, shooting firearms or riding horseback or building remote control cars. Whatever it is, I want you to invest in that particular hobby. And I want you to realize that that hobby should be a priority in your life. This is what I call recreation or re-creation. A lot of men break themselves down working or worrying about other things, that they don't take time to have recess or recreation. Reserve some time when you can do something that you absolutely love. Maybe it's camping, maybe it's backpacking, you never know what you'll find interest in. But, you need to find something that you like to do.

If a possible mate totally hates your interest, investment and the attention directed towards your hobby and they want you to redirect your attention from your interest onto them, then you'll know that person is probably going to interfere with your hobby. A lot of guys don't really have hobbies and I don't consider video gaming a hobby, that is something that you do out of convenience. Gaming can turn into a lucrative business as a Twitch

streamer, but it's not a hobby. We're talking about things that get you out of the house that get you active, that allow you to take a break from technology. Something that you invest in and you become better. I've taken up hobbies and that have led to friendships with like-minded people. Maybe there's a possible mate that may already be interested in that hobby. Then you already have that connection established so that if she does become a part of your life, then she will not try to replace that hobby. She would actually indulge in it just as much as you. So find a hobby, get involved in something, and then ultimately that hobby will be one of your priorities, that will be non-negotiable in terms of replacing.

48. BE FREE FROM ADDICTION

The next thing I want you to do "is be free from addiction". If you're involved in any addiction, any vices that could cost you money, that could cost you your reputation or that could cost you your spirit, then consider getting help in eliminating that addiction. Drug addiction, sexual addiction, pornography, anything related to alcohol abuse, whatever it is, you've got to be free from addiction. These

are the things that you have to kick in order to become the best version of yourself. Right? If you're trying to get find a mate and you have an addiction, it's going to cause problems for you long term. And let me tell you, they're going to be painful problems. These are things that you might try to overlook, initially, but if you have an addiction that you haven't fixed before you get into your marriage, is going to cost you your marriage and it's going to be an expensive lesson. So you want to be free from addiction and present the best possible version of yourself. And if you are considering a mate, you want to be free from that.

47. RENT A LUXURY CAR

The next thing I want you to do "is rent a luxury car". That is, if you don't already own one. Some of you guys might have your money right and own one of these? You might have a Porsche, Lamborghini, Ferrari, McLaren, or you might have a dream car that you want to work up to. I always tell people, rent one of these first before you consider purchasing it.

When you rent this vehicle, I want you to feel this vehicle and love this vehicle. I want you to smell the interi-

or, I want you to see what it costs to maintain it and I want you to feel what it's like to drive it. If it has a drop top, I want you to drop the top and then let the wind blow through your hair.

The reason why I want you to do that is because I want you to understand that if you're thinking about getting married, you will not have one of these cars for a long time. Whatever that feeling is about that vehicle that gives you pleasure, just know that married men usually can't afford it. Now, there may be people reading this book who are able to afford a luxury car. Well, let me tell you, they are few and far between. Most married people are flat out broke in the beginning stages of their marriage and you might not get to luxury car until 20-25 years into your marriage. When your kids leave for college, maybe after that you might be able to get a luxury vehicle. So I want you to feel that pleasure that the luxury vehicle gives, that feeling of excitement and realize if you get married, you're probably not going to have that feeling for a long time.

46. NOT FEEL ALONE OR DEPRESSED

The next thing I want you to do in this Live Free category "is to not feel alone or depressed that you're single". There's a lot of outside pressure from your friends or your family, about when you're going to get married. And this feeling of depression and loneliness often times could force you to make a bad decision in relation to mate selection. It might force you to select a mate that you might not be compatible with just because you're lonely, or because you're desperate or depressed. Mate selection has lifelong consequences. If you pick a person that wasn't compatible with you, but you wanted to please your family, you wanted to feel better about vourself, these lifelong consequences are going to hang pretty high above your head. I would encourage you to learn what it's like to be happy by yourself. Don't feel depressed or bad that you're single and have not being selected. If you force a connection with these feelings the effects could be disastrous. You pick someone based on that feeling. And when that feeling goes away, that person is never going away and you have to pay her to go away. If you have children, detaching from that person because you're no longer depressed or lonely is going to cost you heavily.

45. ENJOY THE QUIET MOMENTS

And the last thing I want you guys to do in the Live Free category "is enjoy the quiet moments". Enjoy the freedom. Yes, a lot of times you have too much time on your hands as a single man and you're looking at maybe getting married or getting into a relationship or having children to fill that void. And single people really don't know how much time they have on their hands. They really don't realize it until they get married.

When have children, you realize how much time you really had when you were single. If you don't have a mate yet, enjoy these quiet moments. It may seem like you have too many quiet moments and you want to replace those with moments laugher and joy around your apartment. A nice, stable woman that is your companion. Children running around, with the pitter-patter sound of their little feet around the house, but when you get into that situation, those moments are never going away. There's not going to be a lot of opportunity for quiet and peace, especially in the first eight years of your marriage when you're building your family, Understand the quiet moments

that you have right now. When you get married or you get into a relationship and have children, you're going to have very few quiet moments. And a lot of times you'll probably spend a few extra hours at work trying to avoid coming home to those not so quiet moments. So enjoy them now before it's too late.

44. GET IN THE BEST SHAPE OF YOUR LIFE

Getting into the best physical shape is a win-win for yourself and for mate selection. It's like working hard to get financial status. When you do, mate selection becomes a little easier.

Find workout and nutrition programs that work for you. I have a few suggestions on my website. But a commitment to this lifestyle pays dividends over a longer period of time.

CHAPTER

2

BUILD YOURSELF

I've talked about masculinity being a big issue in our country and in the world. China recently discovered that there is a "Masculinity Crisis" in their country that needs to be resolved for the benefit of their nation. In the United States a lot of not so masculine man enter into a very manly situation in terms of getting into these lifelong partnerships. It takes a man to understand what he's getting into and if he hasn't built himself up, he'll be entering into it as a little boy and he'll be ill-prepared for these lifelong decisions. So in this category, we're going to build ourselves up and really become the man that we need to be, not just for your partner, but more for yourself. By the time you built yourself up, you might find that you really don't need a partner or you will be very selective about the partner that is going to be in your life, depending on what camp you're in.

43. FIX YOUR CREDIT

credit fixed and get your credit score over seven hundred". This is going to be vital in your confidence as a financial decision maker. A good credit score indicates that you are financially responsible, a lot of times people get married in order to merge finances or fix their credit, and that is not the best possible thing. So if your credit is not in good shape, but you're considering lifelong consequences of marrying someone, being financially responsible for someone, bringing children into the earth and you haven't made good decisions with your credit, then you're probably not going to be prepared for marriage.

42. START A BUSINESS

The next thing that you should do "is start a business". This might not be your primary source of income, but this should give you the confidence of what it takes to be a business owner. Let me tell you something, marriage is a business and it is something that you need to be financially responsible for and to look out for yourself in every way that you will look out for your business. If you don't

have business experience, you're not going to approach your marriage in a positive direction. You're going to approach it emotionally, but in the right mindset, you've got to treat it like a business. It could be a side hustle, it could be a part-time gig, whatever it is. But starting a business might give you the information that you need in order to maintain a successful marriage or make a decision to not be involved in a marriage, so I encourage people to start a business.

41. PAY ALL OF YOUR DEBTS

OK, the next thing I want you to do "pay off all of your debts". Now, this is something that most married people do not do prior to entering into a marriage. They have no idea about their financial decisions that are going to take effect when they get into a marriage. Don't go into marriages with significant debt, you've got student loan debt, you got consumer debt, your impending spouse has student loan debt and consumer debt. Both of you might be considering dumping debt onto the other person's lap and that's not fair, because these things become problems later on. If you are financially reckless going into your mar-

riage, and I wish somebody would have told me that going into my marriage but if you're financially reckless, going into your marriage and you have debt hanging over your head, don't get married. It is not fair to the other person, you're going to drag them down financially and probably wreck their credit as well. So pay off your debts and it might be mindful of you to avoid people who have student loan debt. That's something that a lot of people don't tell emotionally invested people. Student loan debt is an indicator of the decisions that they made and these decisions will create stress that are going to be passed on to you. So try to avoid coming into marriage with debt.

40. HAVE A STABLE SOURCE OF INCOME

The next thing I want you to do "is have one stable source of income". Now, it might seem like that is the easy decision to make, but understand this. When you have a stable source of income, you are at least going to be able to provide for yourself. But, if you're going to get into a marriage and you don't have a stable job? How fair is that to the other person? What type of decisions are you going to make in order to prioritize a family in a marriage and you

don't even have a job? Come on, man, we've got to do better for ourselves. And here's the thing, this is the importance, once you have a stable income for at least three to five years and a pattern of success in your company, you're elevating yourself.

What's going to happen is when you get married and start a family, you probably will never leave that job without another one in hand. So it's important for you to have the mindset of establishing income, because when you get married, leaving a job becomes a family decision. When you have kids and they're attached to schools and you want to chase the opportunity across the country, you better love the job that you have because you're probably going to have to keep it. See when you're single, you can just say, "Well, this jobs is not working for me, I got three months of emergency funds, I'll just leave this job and try to figure it out on my own."

Well, guess what? That's not how it works when you have a family. It's different, so don't consider having a family and starting into a marriage and you don't have a stable job. Just go ahead and avoid that altogether.

39. DEVELOP MULTIPLE REVENUE STREAMS

Now, in that mindset, I do believe that having multiple revenue streams is really going to help you out. Starting another business and having a side hustle, will be helpful if you ever lose your primary income or decide to move away from that stable source. You're not so dependent on that income, there's less stress when you are going into relationships. But, if you just have one job and you lose that job, the whole family suffers. If you have multiple revenue streams, you will be able to keep your family alive should your primary revenue stream fall apart.

Now, here's the deal, these things alone will make you more business-minded about the decision into going into marriages. When you have multiple revenue streams, you don't have time to throw away your life to somebody who is not up to par or somebody who you're desperate to have. You have multiple issues, you have important things to do and having these multiple revenue streams will actually make you consider your partners a little bit better. Your mate selection will get that much better when you have multiple revenue streams and you realize that you're going to give up time away from those streams to this person and this person better be worth it.

38. LEARN TO RIDE A MOTORCYCLE

The next thing I want you to do "is to learn how to ride a motorcycle". Now, this might seem silly, but when you get married, you ain't going to be riding a motorcycle anytime soon. A lot of spouses don't want their other spouse, especially if they're depending on them financially to take on the risks associated with riding motorcycles. I believe that a mature person should be riding a motorcycle. It should be someone that realizes the weight of their decision when they get on the bike.

But the freedom alone of riding a motorcycle is what you need to experience. It's like the old days of riding a horse, getting on a motorcycle with the bike in between your legs, the loud roar of the bike when you get on and you hit the throttle. These things are good for men and masculinity all together, but it will teach you how to be safe and alert on the road and prioritize yourself out there. But, riding a motorcycle is something that I always tell men to consider learning. Take a Motorcycle Safety and Foundations course in your area and learn to protect yourself and ride safe.

37. VOLUNTEER IN YOUR COMMUNITY

The next thing I want you to do "is to volunteer in your community, in some way". See what families are like, and see what struggling families are like. Maybe you might want to volunteer coaching kids in the soccer league, basketball league or football league and you will be able to see families up front and personal. You'll hear how wives talk about their husbands, how husbands try to distance themselves from their wives. You will see the good families, the successful families, how they work and how they make things work around their kids. You will see families that struggle financially and how they are in need. You think that families are a certain way until you experience certain families. Volunteer at food drives, shelters or toy drives where the families are in desperate need. They need clothes, they need food and shelter.

You might want to learn from these families because this could be your family. There's a lot of families that had good, stable surroundings and they've even lost it all in a down economy. You might learn that that could happen to you. And if it happens to you, what would be your plan? So that's one of the things that I always encour-

aged people to do, getting your community volunteer and then try to get around family so you can learn from them. If you consider having a family, learn what it's like. If you consider having a family and you realize how difficult it is and what you're actually putting on the line, you might collect your thoughts before you jump into something that you're not prepared for.

36. LEARN HOW TO COOK

OK, the last two things here in the Build Yourself category "is learn how to cook". Unfortunately, everything that we have in this society is pretty much instant gratification. The food is already pre-made, you just microwave it and scoop it onto your plate. Not a lot of people have to actually cook from scratch, but it's good for you to understand how to survive on a few basic meals, so being a gourmet chef is not required. You don't have to be the next Gordon Ramsay. But, it would be nice for you to be able to make five different meals that you can survive off of in case you never marry. If you never know how to cook and you move from your mama's house, then you are desperate for somebody to make meals for you. If you're looking for the

modern day woman to rescue you and make these meals, let me tell you, it ain't happen like that anytime soon. Plan on eating out and spending a lot of hard-earned money on less than healthy meals.

For some reason, women and cooking is something that women have very adverse reaction to. They are saying that they're not going to cook and clean and these responsibilities will be shared equally in marriages. This spells doom if you marry a woman like this. Never get in that desperate mode where you believe that you're going to bring somebody into your life and they're going to cook for you and take care of you. You're going to be majorly disappointed in this marketplace. There's not a lot of people who know how to do that or that are willing to do it. So, to get rid of the desperation of needing women in your life to give you that nurturing experience, learning how to cook will give you that advantage.

35. GET SOME LIFE INSURANCE

The last thing in this category "is get some life insurance," be able to protect yourself, have the security to know that you're not going to leave debt behind for your family members. If you do consider marriage, you want to have this life insurance policy in place before you walk down that aisle, because if you don't your first life insurance is going to possibly be passed on to your spouse. And if your spouse has any incentive to "off" you, then you're worth more dead than alive. Believe me, this happens more than we know.

Now, here's the thing, if you have children and you build up to your family and you definitely want to leave some money back for your children and you don't want to be in a situation where you were reckless, you lost your life, or somebody had an incentive to take it, and now you're setting up a Go Fund Me to put you in the dirt and keep your family going.

A lot of men in the community miss out on this one and they don't have anything to pass on to their loved ones, especially their children and their children have to start over from scratch. Just look at your life, today's families rarely leave anything behind for their kids, they don't pass on any property, they don't save to pay for college and now many people have nothing but student debt that they can't seem to dig themselves out of. Many of your

parents died without life insurance or any assets to pass on. You definitely don't want to be that type of person, so, I would tell you prior to your marriage, learn what life insurance is. Learn the different type of policies and you will feel better about yourself going forward.

CHAPTER

3

SOWING YOUR OATS

All right, gentlemen, the next category is related to your sexual experiences prior to marriage. Now, let me just preface this. If you are a religious person and you have a certain religious belief about maintaining purity or virtue, I definitely don't mean to trample all over beliefs. I am not speaking from a religious point of view. If you do follow a religious or spiritual belief system, then you probably don't want to follow this advice. But if you're open-minded about your sexual experiences, then these points, you could definitely listen to. And I believe that it will protect you from making bad decisions about selecting mates.

This category is **SOWING YOUR OATS** or TAKING CARE OF YOUR BALLS or EMPTYING YOUR BALL SACK and making sure you're making a positive decision about the mate that you're selecting.

34. HAVE SEX WITH AT LEAST 35 WOMEN

Now, the first point on this one "is to make sure that you've had sexual experiences with at least 35 women". I know you're going to say, but what if she has sexual experiences with 35+ men? I definitely wouldn't encourage that for women. Now, there's definitely a movement where society is trying to encourage women to be a little more promiscuous and get sexual experiences. And I believe that that has adverse effects on the modern relationship and dating marketplace. But for men, men are a little bit different. Men are expected to be sexually experienced. Not a lot of women would say, I want a man with little to no sexual experience.

Some 18-year-old, inexperienced girl might say something like that, but women want to have a man that actually knows how to work their way around a woman's body. The importance of that for you is to make sure you're making proper judgments about the women that you're with. If this is the second, third or fourth woman that has made you bust a big old splendiferous nut, guess what happens? You're going to feel totally attached to her.

Of course, that's how it's supposed to work biologically. But unfortunately, you might be making a bad judgment about that person based on how she empties your balls. You don't want to be making a decision based on lust. Trust me, you don't want to make a decision on your marriage based on lust. If you do, you might end up making the wrong decision. This is why you should definitely have multiple partners before you experience selecting a wife.

Thirty-five is a good number. If you want more, do a little bit more. What you will realize is pussy is pussy. And once you've had maybe 20, 30, you're not going to get attached to the woman based on the sexual experience. And I believe that getting attached to women based on sexual experience is going to backfire on you. You're going to overlook so many red flags that they will catch up to you and you won't know what to do. So have as many experiences as you can under your belt before you even consider getting into one of these marriages.

33. LEAVE NO FETISH BEHIND

The next thing I want you to do "is to leave no fantasy or fetish behind". OK, listen to this one, because this is going to be important. If you go into a marriage and you have a fetish or a fantasy and you haven't fulfilled it, it is going to rear its ugly head in the middle of your marriage and it's going to cost you everything. If you have a vice, if you have an addiction to these things, well, you need to resolve that before you get married. So this is important, get into whatever fantasy that you might have in your crazy head. And, there's a lot of crazy fantasies and fantasies out here. And I'm not being judgmental, but they're out and of course, we have the Internet and social media where you can see people in these fetishes and fantasies fulfill it right there.

So if you have something, maybe you like furries, maybe you like old women, maybe you like young women, maybe you like obese women, maybe you like multiple women. Whatever it is, you better live it out before you get in your marriage. If you don't, you're going to be fantasizing about whatever this fetish is, you might have a fetish for feet and your wife got ugly feet. Now, what are you going to do now? You're going to be walking around looking at other women's feet, trying to live off this fetish, and you

don't want to let your wife get caught. And, don't expect your wife to participate in these fetishes. I've had certain fetishes and once I was able to live them out, the intensity of that fetish eventually declined. And there wasn't such an urgent need for me to try to fulfill it. So leave no sexual fantasy behind. This is important, this is why I told you again, if you're coming from a religious perspective, you're not going to agree with this part.

But I think a lot of religious people carry these fantasies and fetishes into their marriage and they disrupt the whole marriage in their religious process. So, get these fantasies out, live them. Experience them and then try to get rid.

32. BANG THE HOTTEST WOMEN THAT YOU CAN

The next thing I want you to do "is to find the hottest woman in your mind". The hottest, most attractive woman for your standards, whatever she is. Whatever that woman is, I want you to find her. I want you to pay for her, and I want you to live out that experience. If you're attractive, you might not even have to pay for her. You might be

so good-looking, handsome and so rich and wealthy that you don't have to pay for her. Now, let me tell you something. The likelihood of that happening is slim and none and slim just died. Go to Nevada and find that woman, pay for her and have an experience with her.

Don't limit yourself on this one, choose a Victoria's Secret model, a reality star, some Instagram model. I want you to have that experience. Women are monetizing their youth and beauty and are readily available for purchase, You can lease all day long. The whole stigma of it is almost gone. Go ahead and have that experience. As long as it doesn't break your bank. It's going to cost you a couple of racks.

Now, when you get this done, it's going to do one or two things. It's going to make you realize that most of what you believe about women is probably built up in your head more than the experience was. Like, I would go crazy for a type of woman like this and then your get her and you don't go crazy, she's just like every other woman that you've been with, she's just a little more attractive in your mind. Or it could be a life-changing experience and you bust a big old nut and you're like, I will never go lower than this. Well, that helps you out in mate selection, doesn't it?

So when you get in that desperation mode and that loneliness kicks in, you're not going to get with a woman that looks like a busted Pillsbury biscuit can. You know, you're not going to put marriage on the line for some average or below your standard. You're going to go for somebody that's in the upper echelon in your sexual fantasy mode. And that's going to prevent you from making that lifelong decision and selecting a bad mate.

I've always had a certain type of woman that I've had in my mind and wanted to be with. Then I got a chance to be with her and I realized there probably was better women that were less quality. In my mind, they didn't really fit the standard. They were better in bed. So if want you to have that experience, have that experience and that would actually stop you from making a bad lifelong decision based on someone's looks by living out that fantasy.

31. BANG THREE WOMEN ON THREE DIF-FERENT CONTINENTS

The last thing in Sow Your Oats Category is, remember I told you to travel to at least three continents. OK, you're going to have sexual relationships with women in all three of those continents. Have fun with women in different places. You're going to draw back to these experiences, you're going to travel, you're going to say, man, I remember when I went to this place and I had a great experience with the women there, then you might figure out that the women in your home town don't measure up. You might say, I'm open to picking a woman from another place where you might not live currently. So go out, spread your experiences out far and wide. Bust nuts all over the world. And that will help you out in the long run in your mate selection.

All right guys, if you made it this far and you got a couple of laughs out of these things and you've agreed with the majority of the things that I've talked about. Now, we're now going to get into the nitty-gritty. Most of the things that I've talked about were related to you, more related to how you need to live your life, how you need to be free, how you need to learn to be with other people, how you need to travel the world, how you need to build yourself up and get yourself in a good financial position.

The rest of the book is going to be related to dealing with the women that came into your life that you might consider in mate selection.

COACHING COURSES

UNAPOLOGETICALLY MASCULINE - THE BUILDING BLOCKS OF MASCULINITY (SPRING 2021)



CONQUER: MEN'S ULTIMATE GUIDE FOR LIFE



AVAILABLE AT COACH-GREGADAMS.TEACHABLE.COM

CHAPTER

4

DUE DILLEGENCE

The rest of this book is going to be related to dealing with the women that came into your life that you are possibly considering for mate selection. This section is going to be called **DUE DILIIGENCE**. Doing your research related to this topic, which is marriage, which is long-term relationships and cohabitation. If you're considering it and you've met the person that you might want to marry or you're thinking about it is a possibility these are the next steps that you should take.

30. RESEARCH MARRIAGE

Now, is time for you to do your own due diligence. You're going to "*research*" and gather data on your own. You're going to research everything about marriage. Now,

you're not going to just research and read about the good things. You're going to research and read about the horror stories. You're going to read about the guys that got divorced raped, the guys that have lost half of everything that they work for. The guy that came up missing and they only found his teeth, the guys that took somebody's last breath away because of nasty divorce, the guy that found his wife having an affair with her personal trainer in his marital bed.

Well, you're going to learn about those things. You're going to look up all the statistics that I gave you at the beginning of this book, and you're going to see if I was right about them. You're going to look up the source information. You're going to research it. You're not going to listen to your grandma, who wants to have great grandkids and is trying to hurry you up before she kicks the bucket. You're not going to listen to your mother, who wants to become a grandma. You're not going to listen to your family, you're not going to get caught up in the emotions. You're going to realize what it actually does that affects you, how important that this decision is. And if you don't do it the right way, you're probably going to make a mistake getting involved in the laws. Know that you're com-

mitting to the state. Know that you're committing to the family law codes in that state. Research and learn what those are prior to marriage or you'll be surely be finding out the hard way what they are at the tail end of your marriage.

29. LOSE \$50,000

The next thing you're going to do is take that \$50,000 and I want you to lose it. I want you to make it disappear, have somebody steal it from you. If you can't do that, I want you to flush it down the toilet, I want you to bury it in your backyard and not have access to it for infinite amount of years. If you don't have \$50,000, you probably have no business getting married.

Why do I want you to do that? I want you to know what it feels like to lose that amount of money. I want you feel what it's like to have and then "poof," \$50,000 is gone. You had it and now you don't. See, that feeling that you have when you lose that amount of money is the same feeling you're going to have if your marriage fails. Go back to your research and look at the statistics. It is more likely

to fail than it is to succeed and you're probably going to lose in the neighborhood of \$50,000 in the process.

You might lose it to attorneys' fees, you might lose that on the value of the home that you get kicked out of, she might steal it from your bank account when she splits while you're at work. That \$50,000 is going to be symbolic of what you're going to lose in a marriage. Now, if you're comfortable with losing \$50 grand, if you're comfortable with paying off attorneys and giving that money to attorneys, if you can afford it, then you're well suited for marriage. You're probably ready for it. But if you can't, it leaves a bad taste in your mouth and it sounds like a dumb idea to flush \$50,000 down the toilet, well, you're probably not ready for the real deal that is marriage.

See, you're probably going to lose \$50 grand before a divorce. You lose it in your wedding ceremony, on your honeymoon, then coming back and plunking down your down payment for a home. You're going to blow through \$50 grand faster than you knew you could, so you better get used to it.

28. GIVE AWAY 70% OF YOUR MONTHLY INCOME

The next thing I want you to do is, "Take 70% of your income after tax and I want you to give it away". Just give it away, maybe give it away to people you love, give it away to cousins that are struggling, give it away to the people who just got married and need some help. Maybe they want to buy a home or something like that. Just give them 70% of your income each month. Don't spend it on yourself, don't save it, just give it away. Now, why do I want you to do this?

This is similar to the \$50,000 rule. 70% of your income as a married man will not be spent on you. It will not be saved, it will be given to your family, it will be given to your spouse and it will be used as living expenses for both of you. And, this is even if she has her own job.

Most men have a built-in need to be the provider. We get satisfaction with taking care of others that we love. So even if you intend to have one of these so-called "equal partnerships," most men still end up paying the majority of the expenses without being asked. So, 70% will go to your spouse, your home, your children, etc., and you will not

have any need for it because you're never really going to see it.

So that's what I want you to do before you think about getting married. I want you to take 70% of your income after tax and give it away. You can even give it away to people you love so you can see them use it. That's exactly what it's going to be like to be in a marriage. You have the money, you spend it on others and provide, but you have to be comfortable with not getting to decide where that money is spent, but you can see where it's spent.

27. PRICE ENGAGEMENT RINGS

The next thing I want you to do "is go price engagement rings." Go to a modest jewelry store in your neighborhood and get an idea of what an engagement ring AND wedding bands costs. Look at the \$600 engagement ring, look at the \$10,000 engagement ring and look at the \$35,000 engagement ring. I want you to realize how expensive it is to put this ring on your possible mate. How much of your salary are you going to have to save in order to put these rings of her finger. Now, think about it, the

better looking she is, the better type of family she comes from, the more expensive this ring is going to come from. If she comes from a broken home, then she's probably going to be happy with the \$2500 ring. If she comes from a good, stable family, you better bump that up to \$10,000-\$35,000 ring. Pricing these rings will give you an idea of why she is being so nice to you.

I want you to price a bunch of depreciating assets. Things that you're likely going to buy and understand that you're going to buy these things by the bundle. During your entire marriage, your darling lady is going to want these things. So, get used to paying the price for these material goods, as well as giving away 70% of your money and being willing to lose \$50,000, and that's what a marriage is.

26. FIND A FEMALE FRIEND

The next thing, in the due diligence category "is I want you to get a female friend and get really get close to her". Do this is well before your marriage and make sure this is a platonic friend. She is going to be your friend, she

is not going to be your spouse's friend. She is not going to be your friend and then turn into your spouse's friend. This female friend is going to have your back at all times. She's going to be your wingman. She's going to protect you from apex predators, from any woman that is looking to use you, any woman that is looking to dump debt into your lap. This is going to be the most important woman in your life other than your mother.

You're going to spend time with her, learn how women think and she's going to give you the inside scoop on women. This woman is going to be able to give you the "yay" or "nay" when it comes to selecting your future spouse.

25. GO SHOPPING WITH YOUR FEMALE FRIEND

The last thing in this category, "Is you're going to go shopping with this close friend". You're going to see how many useless things that she buys, the knickknacks, the clothes, the shoes, the things that she doesn't even use anymore. You're going to go to her apartment and

you're going to see the things that she's bought, the boxes that she hasn't even opened yet.

If she's a married woman get her husband's permission. You're going to see how much money she wastes, how much impulsive spending she does, how much impulsive eating she does, if she has a lack of preparation in terms of making her own meals. You're going to see this right in front of you and that's going to give you a little bit of information about the woman that you meet that you're going to be lustful about and want to marry. It is going to give you an indication of what you're actually getting into.

This gives you a chance to learn women and learn who they really are, as opposed to learning women on the fly when she's letting you bust nuts inside of her. Learn from this woman, find a good friend, learn from her and have her be your wingman, have her protect at all costs.

All right, gentlemen, we made it this far. You've done your due diligence, you're learning what it takes to be a man, you're building yourself up and you've learnt how to live free. Now you've met the girl of your dreams, so let's take it to this category. A lot of men swear up and down, that they'll never get married but, then they meet a

woman that gives them the best blowjob of his life and he's ready to put a ring on it. Remember, no matter what you believe about marriage, we are all one blowjob away from the plantation. And all of a sudden, someone makes your toes curl and she crosses your eyes, now you want to get married. Now, we will talk about what you need to do next.

CHAPTER

5

VETTING HER

This chapter is called **VETTING HER**, where you are going to investigate the girl of your dreams and go through her life with a fine tooth comb. You got to figure out who this person is, especially the older she is, especially if she's a single mother, especially if she's already been married. You've got to know who this woman is and that you can't take her word for anything. Now, this is not to slap women across the face and imply that you don't trust her. This is understanding that you're going to put THE most important decision of your life into this woman with lifelong consequences attached to it. You MUST vet her.

24. HIRE A PRIVATE INVESTIGATOR

The first thing you're going to do "is hire a private investigator". Yes, this might cost you \$500-\$2,000 to get

the important details about her, but it will be well worth it. And, it sure as hell beats the \$50,000+ that you may lose if you just rolled the dice and lost.

I want you to scrub her social media, I want you to go to her family members, I want you to find the one relative that is in prison and find out why. If she has two relatives that are in prison, you probably want to avoid this person altogether. I want you to find the crackhead in her family or the cousin who sells drugs. I want you to find out who the hell this person is and where she came from, every place that she's lived and every college that she attended. You will need all of this information. You're going to go to her university, find out if her degree is accurate or if she actually finished her degree. There are a lot of women running around with student loan debt who have never even finish their degree.

So you want to find this information out sooner rather than later and a private investigator is going to ferret this information out.

23. SCRUB ALL SOCIAL MEDIA ACCOUNTS

Just scrubbing her social media alone will help you discover who she is, where she's from and important background information. A private investigator may be able to find out old deleted or inactive social media accounts, blogs, Pinterest and Tumblr accounts that will give you some real insight on her thoughts and personal background.

22. THINK ABOUT THE AFTERMATH OF THIS RELA-TIONSHIP

The next thing you're going to do "is think about the aftermath of this relationship". You're going to discover, is this person bat-shit crazy? Is she a person that's going to take a bat to the side of your 4-wheel drive? Is she going to key up your car? Does she have a propensity to do things like this or advocate for it? Has she ever filed for domestic violence cases with the court? Has she ever sued an ex-boyfriend or husband? I want you to think whether it would be worth your sanity by getting into a person that might have a propensity to act up.

Think about what this person is exhibiting, what she's showing you in terms of being a rational mature

adult, the qualities she has, the way she's able to process things emotionally. If you overlook these things, you're going to have a nice surprise for you at the end of your relationship. And guys, relationships end all the time, marriages end all the time and some turn very ugly. Do you want to invest long-term in this person? This is why you must think about the aftermath of your relationship and what could happen if things fall apart.

21. PULL HER CREDIT REPORT

The next thing you're going to do or have your private investigator do, "Is pull her credit report". You're going to see her credit history, if she filed for bankruptcy, if she has student loan debt, if her debt-to-income ratio is out of control or if she has a history of impulsive spending. You'll see if she has multiple consumer credit cards open. You're going to find these things out. You're going to look at her job and apartment rental history since these things can be listed on the credit report. It's important that you get this information because you attach your financial future to this person and co-mingle your financial institutions with them. These decisions have lifelong consequences attached to them. If

she has problems spending money, then they're going to have problems spending money in your marriage also. If she has a clean credit report, then they might be somebody that takes care of their responsibilities and is maturity, or it could be somebody that has been coddled and taken care of.

You still want to know that. Why is her credit report so clean at age 26? That may mean that she's never lived on their own. She may have never had to pay a bill on her own because she had daddy's credit card. Even a clean credit history will give you some insight into who this person is and they may actually be a spoiled brat and that might have lifelong consequences as well.

20. HAVE A BEER WITH HER EX

Another thing that I'll suggest that you do that you might not consider "is have a beer with her ex". You're going to take her ex out for a brewski. You're not trying to get really detailed information, but you're trying to see if stories match up that she's telling you about her ex and her past relationship(s). Of course, she may tell you that she

was a victim in her last relationship and it didn't work out. Unfortunately, many of their relationships didn't work out. In fact, NONE of them did. That's why she's with you and that's why the older she is, the more likely you want to have a beer with her ex. Just pay for it. Just say, "Look, you can sit all the way across the saloon. I'll buy you a beer, tip your hat, give me the yay or nay," if he's uncomfortable with the idea. Ask for insight on her to get an idea of what you're inheriting. He might just tell you that she was perfect and that he messed up. If he's a jealous mate, don't take him out for a beer. If they had a recent breakup, a bad breakup, don't do it. But it may be worth, \$10 by filling his gut with a couple of brews and getting the real insight on this person, as opposed to just listening to her side of the story.

19. OBTAIN HER DIVORCE DECREE

This is a key one for men who are dating **Divorcées.**There are about one million divorces per year, putting lot of divorced people back on the marketplace. And a lot of times men take the word about what happened in a marriage from one source, the divorcee. And as they say,

there's his story, there's her story, and then there's the truth. And, if she's been divorced, in some states you can pull that divorce record up and find out what really happened in those marriages. You can really find out what happened behind closed doors by pulling up his response and her petition. Most likely she filed for the divorce and if that's the case, you might be able to find out maybe she had an affair and she's not revealing that to you. Maybe she was violent and she might not have to reveal it to you. It's important that you do your due diligence related to that and a trip to the courthouse records department could save you a hell of a lot of money long term when you're getting involved with divorcees.

18. TAKE A LONG ROAD TRIP WITH HER

Comedian Bill Murray, suggested that take your girl on a long road trip and if you've to return from that road trip and you haven't argued and you've had great conversations, you haven't seen the horrible side of her, she hasn't seen the horrible side of you, marry that girl!

Now, I will tell you to slow down just a moment, don't marry her right away but taking her on a road trip will give you

a good indication of who she really is. Get into the car and driving down the road puts the focus square on each other. It's just you and her and you will discover a lot about her what type of music she listen to, what type of person she is when you get into certain discussions, maybe she doesn't respect your opinion. When you're in that tin can driving down the road, you're going to really know who this person is by the end of the trip. You're going to know if you want to jump out of the car and walk or if you want to get to know her further.

You're going to go up 8 hours and come back eight hours and if you're still close and you're still good friends, you're feeling good about her and she still didn't show you a negative side about herself, then maybe she's a good quality person. Doesn't mean you have to not do the other things to vet her, you still want to do the other things, but taking a good long road trip really give you an indication of who she is.

17. MEET HER BEST FRIENDS

Let's find out "who is her social circle?" You need to meet her best friends and if she has close best friends, this will give you an insight of who she really is. They might slip and tell you some things that you want to keep in your "back pocket." You might see her cover for her best friends doing something bad and this might give you an indication of who she really is. Let's say that she covers for her best friend who's having an affair. That might be a big old red flag for you! That's something that you should take in and say, wait a minute, could she be doing that to me as well? Could her best friends be covering for her?

What are her best friends telling me? If her best friends are cool and they like you, you might be good. But, if her best friends don't like the presence of you or they feel that you are "stealing" her away from them, then that might be a bad sign. If they feel intimidated by you, they are giving her the "NO," or they don't like you, that might be a bad sign for you going forward. Those things rarely work themselves out.

Rarely does it work out where, she has a best friend that says, "don't marry him" and then all of a sudden you guys get married, and the best friends are all hap-

py for her. Make sure you meet her best friends and understand the type of people they are because they most likely resemble her.

16. TAKE HER OUT TO A NIGHTCLUB

The next thing you're going to do "is take her to a nightclub". You're going to see what she's like out there with all the other, bigger, better deals, all the other Chads and Tyrones, all the guys with big money and big wallets. If you go to the nightclub and she's standing next to you and she's not out there shaking her ass, grinding on other men, she doesn't have other men "bending her ear," and entertaining them, then she's demonstrating a lot of control and putting her best foot forward. If she's excessively talking to the waiter and she's flirting with other guys at the nightclub, that's going to be a bad sign for you. That's the time to pull away. If she respects you and makes it clear that she is here with my man, then you have a good chance. If she's taking the opportunity to be a social butterfly and a free spirit on your time and dime, give her a set of walking papers. She's no good and has no home training or decorum.

You might want to replicate this a couple of times. Don't just take her out once, take her out a couple of times, put her in these situations in order to test her and this will give you a good indication of who she is.

15. TAKE HER AND HER FRIENDS TO A NIGHTCLUB

Now that you got her out at the nightclub, I want you to "take her and her best friends to the nightclub". Now you're really doubling down! Now you're really going to see who she is. See, she might have passed the test of passing up the bigger and better deal, passing up the opportunity to grind on a Chad or Tyrone. She might have passed that up because it was just you and her but how does she act when it's her and her besties? How does she act then? This is going to be a major indicator of her true character because this is who she probably truly is, when you're not around.

Also, check out the dynamics between her and her friends. She might be the girl who peed in the bed of the college sorority house and they might treat her with disrespect and disdain. They might treat her like she's a nobody

or she might be the alpha widow of the group. She might be the apex predator in the group and you want to see that dynamic play out. You want to see her dealing with men when other women are around and if they're provoking and pushing her to do things that you wouldn't approve of.

14. SFF HFR WHFN SHF'S DRUNK

You also want to see her drunk. Does she act enraged? Is she sloppy drunk? Does she throw up? Is she scared of alcohol? She takes a tequila shot and can barely handle it. Does she try to have rational conversations while under the influence? Does she get livid when you are having these under the influence conversations? Does she get argumentative? I've been in situations where I've had women whom I've dated change completely out of character when they get drunk. This is a bad sign and could lead to domestic violence. So, be careful.

Does she become flirtatious with you? Does she become flirtatious with other men, even in your presence? I've seen this happen. A lot of wives will start drinking and

they get really close to men. They start getting close to them and rubbing against them and talking in their ear. Some make out with them and you want to find out if that's your wife. If she's doing this now, she will do it more in the future and will cost you when the relationship ends.

13. SEE HER WHEN SHE'S ANGRY

The other thing you want to do and the last thing in this vetting her process, "Is see her when she's angry". What does she act like if she's angry? Can she be rational? Is she going to be over-emotional? Is she going to huff and puff and hold her breath or kick and scream like a child? Or is she willing to compromise when she's angry? Can she accept the word 'NO'? Is she a spoiled brat with clean credit and she's never had to have responsibility paying bills? Well, if she's the type of person that can't take the word "NO," well, that means her dad has been doing everything for her and she's not the type of person that is going to be willing to compromise when her emotions are riled up.

Now, when I say, "See her angry," this doesn't mean to provoke her or to poke the bear. This doesn't mean to piss her off intentionally to see her angry. If you are along in your marriage plans enough to realize that if you haven't seen her angry, then she has not shown you the real person, yet. She's been waiting for the ring.

Real people get angry, real people do become upset, real people do feel like that they're being disadvantaged and not being considered. So you want to know what that looks like way before you get married and you want to see it a couple of times just to make sure that this is the right person. This is the person that you want to make the most important decision in your life and have lifelong consequences attached to it. The angry part of the woman that you see is most likely going to be the person that you see when the marriage breaks down or when the relationship ends and that person is the woman that you really are going to get to know. They have a famous saying, "You never know your wife until you see her in family court." I can tell you that this phrase is 100% truthful.

And how you see her in family court is how you're always going to see her after a divorce, and based on the

statistics, more men see their ex-wives in that position that they see her being nice and happy. Consider that.

CHAPTER

6

MORE DUE DILIGENCE

All right gentlemen, you made it this far. We are on the last category called, **MORE DUE DILIGENCE**. Due diligence is doing important research in order to make the best choice in your lifelong decision that has lifelong consequences attached to it. So you must investigate now and you must investigate more.

When you did the first due diligence, you really didn't know who the person is, right? At the point, the person would have been completely random. Or you wanted confirmation, you want to have the details of why you don't want to consider marriage and you wanted to be able to spell it out. Now, this is a different situation.

There is a woman in your life, a woman that you've slept with, that you've busted plenty of nuts with. This is a woman that you have feelings for and you might be willing to risk it all to keep her in your life. Now this is a much dif-

ferent due diligence that you're doing and you got to make sure you really take it seriously before you think about slipping a ring on this woman.

12. VISIT A FAMILY COURT BUILDING

If you're having that feeling of getting down on bended knee for this woman and giving her you life, legacy and ring, what are you going to do "is take a visit to the family court building". Now, you might be able to get into a courtroom and see a divorce in live action. You may only be able to get into just the building, or you might just get in front of the building and see the people walking in. What I want you to remember is these people loved each other at some particular point. They loved each other enough to get married, they loved each other enough to create children.

Now, a lot of people will say marriage is about love, but there's a lot of people in cemeteries that loved each other a little too much. There are a lot of people in jail and in prisons that loved each other a little too much. Similarly, there's a lot of people in family court buildings that loved

each other to the point where now they must officially dissolve this love. And there are some people that are still together in love that haven't even touched each other sexually in six months to a year.

So you should understand what love is and the repercussions of having love and a trip to the family court building will kind of resolve that. If you are fortunate enough to sit in a hearing related to a divorce, listen to everything they lay out, I want you to try to listen to the time where the judge or the attorneys ask the people involved in the matter, "Do you love this person?" "Do you love that person?" "Why is this relationship breaking up?" "Why are you guys putting each other through this hell?"

Well, while you're sitting there listening for these things to be asked, you're going to be listening for your entire life, because you're never going to hear these things when you're in family court. They're not asking about love, they're not asking about why you hate each other or why you can't repair this marriage. They're not asking these things.

What they're doing is taking a fine tooth comb and going through the finances in order to split them. They're

splitting up children, they're splitting up families as much as they legally can. And these people once loved each other? They're sitting in the hallways smoldering, arguing, posturing and fighting. They have high-powered attorneys that they're paying \$500, \$600, \$800, and up to \$1000 an hour to dissolve this marriage. These people once loved each other.

11. CONSULT A FAMILY LAW ATTORNEY

A trip to the family court will resolve some of questions about family law, but not all of them. Every case is different and you need to know what your specific situation would look like. The next thing you're going to do "is consult with the family law attorney." Do this before you even think about getting married! And let me tell you something. When you do it, DO NOT take your girlfriend, fiancé or potential spouse with you. When you get divorced, it's a solo project, it ain't together. Your spouse ain't in the same room as you and your attorney. So you never want to be in the same room with your prospective spouse and an attorney getting advice and seeking counsel about how to protect yourself in a divorce. Your attorney is

your attorney. A \$2000 consultation can save you \$200,000+ in a bad divorce. So ask questions!

Get every bit of information you need about a marriage, what you're putting on the line, the business model related to marriage, how much it affects you in terms of community property. Do you live in no fault divorce state?

Do affairs matter or not matter? How are kids split up? What are the likelihoods of a father getting full custody or equal custody? You want to ask these questions and it might be worth around a \$2,000 consultation to do this. And most men avoid this because of the expense and then they learn the hard way that \$2000 would have saved them hundreds of thousand of dollars.

See gentlemen, the days of you getting mad when your wife uses the family law against you are over. It's over because you should have enough information. It's been right in front of your face, but you ignored it using the HOPE STRATEGY. We live in the information age and if you think that your woman wouldn't do that to you, well, I've got close to 60% of marriages headed towards a legal divorce, and I can show you the woman that DID, in fact, do that to another man that she previously loved. So it can

happen to anyone. Many of you live in divorced families, many of you live in broken homes, and you don't even put 2 and 2 together. Go consult an attorney!

10. STAY THE WEEKEND WITH A MARRIED COUPLE

If the family court and your attorney haven't scared the piss out of you and you're still ready to roll the dice, the next thing you're going to do "is stay the weekend with a married couple". Choose a married couple that has children. Now you are looking for the fantasy. "Oh, I'm going to marry a special woman and I'm going to have kids and it's going to be special." Well, when you stay the weekend or a week with a married couple that has children, it's going to take the fantasy right out your head completely. You're going to see the kid going crazy, going ballistic, being tired, not wanting to eat, farting, pooping in the middle of the floor. You're going to see them fighting, arguing and you're also going to see the loving and tender moments. You're going to see the moments that you fantasize about. But when you spend the week with this family, this young family that has young children is going to give you an indication of what family really is and it's going to make it less of fantasy and more of a reality.

9. STAY WITH A MARRIED COUPLE W/O. KIDS

The next thing you're going to do is "stay the weekend with a married couple that doesn't have children". This is going to be a good one. Yes, you're going to see what it's like for people to be married together for three, four or five years that don't have kids. A lot of times people get married and they want to have kids right off the bat. So they're married for a year and they already are bringing children into the world.

Now, see what it's like to be with a couple that decided to not have children or not have children right away. What do their lives look like? Is their marriage happier than the people that had children? Are they empty? Is there a void related to the people who don't have children? These are things that you need to consider because maybe you think you want to have children, but then you might see a marriage that doesn't have children and that might be more suited to your needs. It may not even be

worth it to be married to somebody that you don't have children with. These are some of the things that you need to investigate.

8. TALK TO A MARRIED MAN, ALONE

The next thing you're going to do is, "You're going to talk to a married man alone, preferably with alcohol in his blood stream, surrounded by beautiful young women". You're going to talk to this person, you're going to see how he operates, you're going to see how loyal and faithful he is. You're going to see how he acts drunk around beautiful women especially if he's in a sex-starved marriage. Take him to a nice nightclub with thumping music, scantily clad women in short miniskirts, pretty long hair flinging around, talking on his lap and then ask him about his marriage. Ask him how much he loves his wife. See, a lot of times when you talk to married men, they're nice and sober. They're in their marriage stupor where they talk about barbecue grills and their kid's soccer activities. They talk about their favorite football team and having a man cave. They say subservient phrases like "happy wife, happy life" and "she's the better half." You DO NOT want to talk to the married man in that state. You want to see what he's actually like, you want to see if he actually takes one of these girls to the motel for a few hours and returns to his "happy home."

You want to really see what a married man does in the right environment, in a real environment, not in suburban habitat where they could portray themselves to be the happy couple. Take the guy out, give him some alcohol and surround him with babes and then see how he acts and that is going to be the true married man.

7. TALK TO A MARRIED WOMAN

Then you're going to follow that up. "You're going to talk to a married woman that has been married for at least ten years". You're going to talk to her alone. Now, I wouldn't get her drunk because then she might come on to you and then you've got a bigger problem. So don't give her alcohol because you're going to be alone with her. You've got to get her husband's permission for this and if this woman says, "I don't need my husband's permission to to talk to you," that might be an indication of the type of

wife that keep secrets from her husband. Would you want your wife to be talking to some young guy without you knowing about it or, at least, being aware of it?

You want to take these things in consideration. Everything is a learning experience, take notes, but listen to her and watch her actions. Listen how she talks about her husband. Does she still talk about him lovingly or condescendingly? Does she disrespect him? Does she talk bad about them when he not around? A lot of times women in marriages talk bad about their husband and it is dismissed.

"Oh, you know, that's just how we talk or how we communicate." But sometimes wives talk bad about husbands because they hate them. They may love him, but they can't stand them. Deep down inside, she hate the way he chews food, she hate the way he snores. She hates the way he puts his hand down his pants while he's watching the football game. There are a lot of things that you're going to hear from this woman. These are the real opinions of a loving relationship and this is why I tell men that mate selection is the most important decision that they will make in their life that has lifelong consequences attached to them.

6. WATCH THE MARRIED WOMAN AT GIRLS NIGHTS OUT/HAPPY HOUR

The next thing you're going to do "is you're going to go to happy hour." You're going to go to girls' nights out and you're going to pay close attention to the married women in these environments. You might have already done this, but you didn't do it in the "more due diligence" type of investigation. You might have had an experience with a married woman. You might have had experience with a married woman at happy hour that ended up in the hathroom. Haven't we all?

But now you're looking at it from a context of you trying to study it to see what your impending wife may be exposed to. Pay close attention and look for the women with the ring on their hands or maybe the women that are hiding wedding bands. Maybe, a few of these women from your work. See how they act at happy hour or girls' nights out, see how they act when they let their hair down and their husbands are not around, see how they act when men buy them drinks, do they reciprocate? Do they actual-

ly encourage women to do so? Do they go off to the hidden parts of the nightclub and have a sidebar with these men or do they politely decline? Do they respect their marriage? These are the things that you need to pay attention to, because this potentially may be how your wife acts when she goes out. Now, I've seen it work both ways, I've seen wives go out and they are with their little Sex and the City cluster and some of the alpha widows are out there. They're being aggressive with the young boys and they're letting them grind on them on the dance floor and they're teasing and titillating them. Some stay off in the corner and they don't do that. Just realize that your wife could be one or the other in this particular group.

And would you be satisfied with that? If she behaves in that type of way? If she has friends that behave this way? You got to put these things into perspective because you're putting a very important decision that has lifelong consequences on the line if your wife's going to want to be in these environments. If she is the type of person that wants to be in these environments, then that might weigh heavy on your decision to make a woman like that your wife. I wouldn't want to do it.

And if she wants to encourage me to have those type of situations and be cool with it, then I would say I'll politely decline, find another mate or better yet stay single. So take a look at the women in these environments, go to Las Vegas, go to Miami, go on these plane trips and see how married women act. And these are the type of lessons that you need to put in your head before you decide or not decide on taking the step towards marriage.

5. GET PREMARITAL COUNSELING

The next thing you should do, especially if you've think you've found your mate and you've taken a road trip, and she's passed every test with flying colors, the next thing you should do "is get some premarital counseling". This could be with your church, this could be with a trained person that is in counseling or marriage and family therapy. You might want to get this premarital counseling prior to walking her down the aisle. This might even ferret out some compatibility issues. Maybe you're overlooking a lot of red flags in your post-orgasmic stupor, maybe you aren't really in love with her, and you're just in lust with her.

Maybe you don't want to get to know her and you just want to dominate and control her. You want to ferret this information out before you invest in the most important decision that you're going to make in your life that has lifelong consequences attached to it.

If you don't do it, then you'll find yourself in postmarriage counseling after the wedding and when you go to marriage counseling after the wedding is pretty much done. It's a done deal, it's a wrap.

4. CONSIDER ANOTHER OPTION

If you're still not sure, don't rush this decision. Maybe it's time to "consider another option". See, a lot of times, I'll tell men to avoid marriage, especially if they've already experienced it or they don't have their life together and they need to build themselves. It might be best to just avoid it.

And a lot of men will ask, "But what if I want to have kids?" Listen, you wanting to have kids doesn't mean you should get married to just anyone. Consider another

option. There's options for men to have children such as, men having an arranged co-parenting situation. Anytime, I propose that option, men might object and say, "I want to raise my kid in a two parent household." Then I'll give them the statistics. 53% of kids are raised in a two parent household that means, 47% are not. They're raised in some sort of co-parent, single mother arrangement, step-parent/ Brady Bunch family or with no parents at all. That means there's almost more kids that are raised in these conditions that probably didn't start off that way.

So understand, co-parenting may be something that you get into initially that has a predetermined contract before you get into it. Having a predetermined contract before you bring children into the world may be for you. There's also surrogacy where you hire a "woman" to have your child and therefore, you take the risk of a split family or a divorce ex-wife out of the equation. You maintain all the legal rights to the child and you determine how to raise them without interference of a spouse or the law. There is an upfront cost to surrogacy, but considering you're saving yourself from the backend cost of divorce and maintaining a wife, you come out in the positive in the end. Do your research!

A lot of times surrogacy might be healthier than being in a co-parent broken home or divorced single parent home. It may be easier than the divorced co-parents, attempting to parent from two different kingdoms and having courts and mediators settle disputes. Adoption is also an option, so there are other choices for men who want to have children.

Marriage is not the only one and with the statistics of marriage and divorce, why even bother if it's just you wanting to have kids? Surrogacy and adoption could be an expensive cost up front, but having children with the wife is not free. OK, having children with a woman is free, but it costs a hell of a lot afterwards. So know what you're getting into.

3. VET HER FAMILY

The next thing "is to vet her family out." Know who the relatives are, know who the crackheads are, know who the financially irresponsible people are, know who her closest cousins are, know who the jaded people are, know who the jealous people are, know who the criminals are

and know who the petty people are. You got to know who these people are. Why? Because you're marrying these people as well. If these people are disruptive, if they hate you, if they don't want you around, if they're jealous, if they're petty, if they're criminals, they're going to impact your life on a daily basis. They're going to have direct influence with your spouse. As they say, "Blood is thicker than water," so she might even have a little bit more loyalty to her family than her new family. That's not the way it should be, but modern women don't follow what should be, they do what they want.

Her new family should be the family that she's established with her husband, but if she believes that her paternal family is more important than her new family, that is going to give you an indication of who she is. That means every time her family has a function, then you're going to have to be at that family's house. And that's important because if your family has a function and her family has a function, she's going to think that you should prioritize her family and that's going to cause conflict.

So you want to discover this information well before the wedding. If she comes from no family and she has no family, no background history, that could be an issue, too. So you want a vet her family up front and make sure you know as much as possible before you go into it.

2. LIVE WITH HER FOR A SHORT TIME PERIOD

We're down to the last one and it is "go live with her for a short period of time." Gentlemen, the days where you can live apart, not have sex with your girlfriend and then come together are long gone. You should live with her and know what it's like to pay bills with this person before you commit to them long term.

See, when you're dating and there's that anticipation of seeing them, you're only seeing the best part of them. In other words, you're seeing their highlight reel only. Well, that's all fine and dandy when you're single. But when you're considering long-term relationship with this person, guess what? When you're living with them, they no longer have to put their best foot forward. You see them in a real way that you never thought actually existed. She may wear less make up their face, which is a good thing, but that is not how they presented themselves. She may not spray on perfume, she might not take a shower

for two days, she might not wash their hair for a week, she might put on a wig. There might be a lot of things that you see that you didn't realize until you lived with them. She might wear pajamas from Wal-Mart instead of the matching lingerie that she used to wear when she came to see you. There are going to be a lot of things that you see that you didn't see before. Paying bills will bring reality to your relationship when you have to discuss how much someone uses the air conditioning or the heater?

And that's going to be the majority of your conversation when you live together as opposed to the "I can't wait to see you," the kissing and cuddling of the courting stage. You see, that's a different conversation and that's a real conversation. And those are going to be the conversations that you have with your spouse. So, know what it's like to live with a person for a short period of time, don't commit to a long term lease with them, but live with them just for a little bit. Maybe, during the summer, over spring or winter break. This way, you get an idea of who this person is in real life and not the person they portray themselves to be to make you feel better about them.

CHAPTER

7

OUTRO

1. SEEK OUT MORE ANSWERS BY WATCHING MY CONTENT

All right, gentlemen, you've made it all the way through the 52 Things That All Men Should Do Before Marriage. Go ahead and check out the video version of this book. Save the book and the video and use it as a resource. Even if you're not considering marriage, even if marriage is not a possibility, it can help you in other areas of your life. It can help you counsel another friend or it can help you realize how good you have it being a single person.

It can make you think about the things that you need to take into account when you are considering marriage. So this is for every man, no matter what you believe about marriage. And if this is the first time you heard of

me and you like what you've heard, go ahead and check out my YouTube channel and my podcast.

Check out my first book, Free Agent Lifestyle, and check out my other book, DeEvolution. There's also my male masculinity course Conquer, information that all fathers should have told their young men. And, I have another course that is going to come out in spring 2021 called Unapologetically Masculine: The Building Blocks of Masculinity, for men seeking to learn about what society is missing most, masculine men.

There's a lot of content online from me and you can find it on my website www.gregadamsone.com. Find out about my public speaking/book tours and register for my newsletter. I'm one of the few voices advocating for men and give them as much information as possible to help them make the best decisions going forward in their life.

Thank you for investing in this course. And I'm looking forward to seeing you again.

CGA ON SOCIAL MEDIA

YOUTUBE CHANNELS - COACHGREGADAMS, FREE AGENT LIFESTYLE, ASKCOACHGREGADAMS, CGAGOTGAME, MONKEYSIMPANZEE, CGAQUICKHITS



FREE AGENT LIFESTYLE PODCAST

APPLE / GOOGLE / SPOTIFY / SOUNDCLOUD



INSTAGRAM / TIK TOK / TWITTER @COACH-GREGADAMS

FACEBOOK /REALCOACHGREGADAMS

ABOUT THE AUTHOR

Coach Greg Adams is a father of two children, a You-Tube personality, podcaster, author of three books, life/divorce coach and motivational speaker. This is his 3rd book, a follow up to the Free Agent Lifestyle: Men's Guide To Peace, Quiet and Freedom and DeEvolution. He has worked in the fitness industry as an independent fitness trainer since 2013 and a college basketball coach for over 15 years. He is featured on the Coach Greg Adams YouTube Channel and can be heard on the Free Agent Lifestyle podcast. For more information, please visit www.gregadamsone.com or www.thefreeagentlifestyle.com