

WELCOME HOME

CONNECT WITH GOD. CONNECT WITH ONE ANOTHER.



FACING THE MONSTERS INSIDE AND OUTSIDE

Truth: Anyone can be an abuser.

An alcoholic father, an emotionally unstable mother, an insanely jealous spouse, a narcissistic boyfriend or girlfriend, a *rage-aholic* boss, a highly insecure-yet-dominant religious leader...And abuse comes in many forms: Emotional abuse, verbal abuse, spiritual abuse, sexual abuse, physical abuse...

This talk is a harsh wake-up call. And some of us need it.

Perhaps you're saying, "Gee, I don't need this topic; I'm not being abused." You may be right. But the guy or gal with you may need it to live another day. Perhaps someone close to you is being abused. Or abusing someone. And by hearing God's Word about this difficult topic, the Lord can use you to bring healing to the hurting around you.

Have a transformational Feast today!

May your dreams come true,

BO SANCHEZ

GET UP AND GET OUT

I meet abused people in my clinic.

One was a wife who was experiencing infidelity and indifference from her husband. She'd be left alone to take care of the kids and their household, while also managing the family business. The husband would be taking regular business trips for *marketing* purposes, as he'd assert. She would routinely discover her husband's disloyalty and when she would confront him, he'd deny and just brush it off.

As I listened further, I learned that this has been going on for the last 25 years. Wow! I was astounded. The wife confessed that she has become a monster to her kids, trying to control everything and she'd give them frequent tongue-lashings. Her kids have become aloof and distant to her. She is afraid to lose her family and fearful of what their family and friends would say. Her life was spiraling out of control.

I prodded her to share more details. She was hesitant to divulge the secrets at first but I explained to her that people need to heal from the *roots* to change the *fruits*. Then the ugly truth came out. Her husband has been using illicit drugs and his family has been covering up for him ever since.

Abuse breeds abuse. Hurt people hurt people.

It's a painful reality that we can't seem to get out of. But I also believe in bright hope in desperate times. *I believe that healed people heal people.*

I reminded her to wake up and this vicious cycle has to stop. And it should stop with her.

She wanted me to help her husband, but I told her that she needs to help herself first. "You could choose to hurt or choose to heal," I told her.



Her life may have fallen apart, broken into pieces but I encouraged her to get up. That is not failure. Failure is when you don't get up after you fall.

For the last few months, she has made progress. She has been seeing lay and priest counselors. She is surrounding herself with healing through *The Feast*, a hospital for sinners and a place for recovering people like her. She also has daily prayer time, reading of the Word and devotions. The husband is now undergoing rehabilitation and the family is on the process of healing as well.

Get up and get out of the abuse!

I pray that you experience God's word come alive in you today.

"Get up! On your way. Your faith has healed and saved you." Luke 17:19 (MSG)

Blessing and healing,

DIDOY LUBATON



HOW TO TALK ABOUT
THE STUFF WE DON'T
WANT TO TALK ABOUT

TALK 2: ABUSE

The FEAST
BAY AREA



A Catholic prayer
community of the
Light of Jesus Family.

08 13 17
SUNDAY

Today's
Bible Readings

1st Reading: 1 Kg 19:9-13
Psalm: Ps 85:9-14
2nd Reading: Rm 9:1-5
Gospel: Mt 14:22-33

OUR BEAUTIFUL PAIN, OUR GREATEST BLESSING

When my daughter Julia turned 5, my wife, Brenda, and I enrolled her at the Awesome Kids' Ministry. At first, the servants there were puzzled because she seemed *different* from other kids, but after a while, they have come to accept and love her as she is – and even made a special program and activities just for her. Julia is now 10 years old. We went through quite a painful process upon learning our daughter may be different from other children. There was confusion at first. The moment of denial came in piece by piece – she may just be developing slowly than other children. She was able to walk by herself without assistance when she was 3 years old, so the speech may come later and her hyperactive behavior may be natural for her age.

As days wore on, the fear crept in. When the doctors dropped the news that our daughter has Global Developmental Delay (GDD), making her fall under the Autism Spectrum Disorder (ADD), it was like a bomb – so loud, it numbed all our senses. How can something so perfect as my daughter be afflicted with such a confusing developmental condition? But we did not go through a long denial – we accepted the diagnosis, but not the prognosis – so we can always cling on hope that things will still change for the better.

I embraced my daughter's uniqueness even more. Her beautiful smile is enough to make me happy. She is an angel in so many ways – pretty like her mom, a comic like her dad, different like everyone else, pure and incapable of committing sin.

But society demands for norm and normality would always make us long still for a normal

child – not for our sake but hers. I was never in denial. But I grieved for the loss of a normal child. I never questioned God why, I only asked Him how. How can we make her understand the world as it is? How can I love her more the way she would know that she is loved? And the greater challenge is how can we join her world and see the universe the way she sees and understands it?

God may have loved us so much that he gifted us a daughter like Julia – to whom we can immensely pour such unconditional love. I must admit though that there is pain and fear.

It is painful to see a future so uncertain for our daughter. It makes me fearful to think that no one might love her the way we do. What's going to happen to her when we are gone? It is then we realized that our daughter is our pain – a very beautiful one at that. Her condition has made me resign to God's will. It has also made me more compassionate to others on the same journey. Our greatest pain is also our greatest blessing. It is when I have accepted Julia's condition that I felt God's painful caress – His amazing grace and wonderful embrace, telling us that all is, and will be, well.

The outpouring love Julia receives from the Awesome Kids Ministry is more than enough assurance that God is taking care of our daughter – and that others will accept and love her too unconditionally. Here at The Feast, mourning is turned into dancing, darkness into light, and fear into love.

Moms and dads, Awesome Kids Ministry is open for children from 3 to 9 years old from 10 am to 11 am. Register at the lobby today.

RECAP FROM LAST SUNDAY

Gospel Reading According to Matthew 17:1-9



Rev. Fr. Titus Mananzan

God invites us to receive Jesus in our lives. His transfiguration gives us hope that upon our death, we shall share in the glory of His resurrection.

SERIES: TABOO

Talk 1: Ancestors

Last Sunday's talk focused on how both nature and nurture affect our actions. Sometimes, however, either may have negative impact, and so we have to make a decision to break the cycle.

Bro. Audee Villaraza

Family cycles are patterns that are passed from one generation to the next generation. Some of these, however, are negative patterns such as envy, greed, divorce, and anger. We should stop this cycle. How? Just say "It stops with me!" It starts with your decision to change.

Bro. John Ben Rodriguez

We have the tendency to sin because of our environment but God's greatest gift next to Jesus is our free will.

*Sin is not inherited, but the tendency to sin is. Stop setting a bad example. Be a role model to the people around you.

THANK YOU, LORD

- For the continuous blessings to me and my family. For our good health, new house and new beginnings. - Luivil T.
- For my family and friends. For another month as a top performer at my work. I love You! - Migs S
- For granting my wish to study at U.S.T. and to graduate on time with my chosen course even without the presence of my parents. You made the impossible happen Lord! I love You! - R. Abacha
- For the continuous blessings I receive at my workplace and for the people I engage with everyday. Thank You Lord for reaching above 3/4 of our sales quota this July. I know that this August will be a blessing-filled month for my account! Thank You in advance Lord! - Cookie A
- Kasi sobrang daming unexpected blessings nareceive ko last week, nakaka-overwhelm! Sobrang thank You, Lord! - Clars & Josh



▲ Gino Villanueva, head of the Dance Ministry, together with the young and energetic members of Sync's family leads worship!



▲ Bro JB leads the attendees to pray for their dreams; for everything that is lifted up to Jesus is transformed to become a miracle.



The author, Rizal and Brenda with their daughter Julia and son, Rich Enzo. The Pinlac family first attended The Feast in Valle Verde in January 2008 and continues to do so till now.



▲ Set a good example for the next generation.



HERE AT SYNC, WE ARE A FAMILY.



▲ Your family will hold your hand, in good times and in tough times.



▲ "Children are a gift from the Lord; they are a reward from Him." - Psalms 127:3



▲ "The God who created the universe is also the same God who calls you by name. The same God who calls you His friend." - Bro Aio Barcelona

ENHANCE YOUR FEAST BAY AREA EXPERIENCE



**HELP SAVE
3 LIVES!**



MAKE A DIFFERENCE.
DONATE BLOOD TODAY.

PRE-REGISTRATION

JULY 30, AUGUST 6 & 13
MEDICAL MINISTRY AREA
LOOK FOR DR. ROMY TABAN/DRA. GILLIAN ABELLO/SIS. MARLYN CORTES/BRO. NICK KOORN JR.

ACTUAL BLOODLETTING

AUGUST 20
PICC 2ND FLOOR LOBBY
8AM TO 5PM

CALL TO SERVE

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YOUNG DAVID
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fba.sync@gmail.com

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- BE AT THE FOREFRONT OF THOUSANDS OF INSPIRED, EMPOWERED, AND HAPPY PEOPLE.

lovelife
The Feast Bay Area Singles Retreat

batch 25

St. James
Retreat House
Tagaytay

Visit the Singles' Table at the Feast Bay Area or contact 0927-559-1434 or 0908-207-2201 or register online at bit.ly/FBALROnlineReg

Regular Rate	Php 3000
<small>For Deaf and Hard of Hearing</small>	Php 2800

*All rates are inclusive of food, accommodation and transportation

SEPT
15-16

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UNTIL AUGUST 31 ONLY**

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REGULAR SENIOR & PWD	PHP 1600
YOUTH (4 DAYS)	PHP 700
YOUTH (2 DAYS)	PHP 500



*FREE WITH EVERY PURCHASE OF A PREMIUM TICKET



COMMITTED

NOVEMBER 23 - 26 MANILA
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Bo Sanchez's KERYGMA CONFERENCE 2017

COMMITTED

NOVEMBER 23 - 26 MANILA
SMX CONVENTION CENTER | MALL OF ASIA ARENA

awesome sync kids ministry

10 - 11 am
Sign up your 3 - 9 year old kids!

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