

WELCOME HOME

CONNECT WITH GOD. CONNECT WITH ONE ANOTHER.



SHINE!

I'm so happy for you!

So many wonderful things have happened in the past two years. Today, you're as strong as ever.

I encourage you to keep shining His light to the world.

Here on planet earth, we have two natural sources of light--the sun and the moon. But the moon doesn't have its own light--it merely reflects the light of the sun. That's our role. We're like the moon. Your goal in life is to bounce God's Light and reflect it on everyone you meet.

Keep following Jesus.

May your dreams come true,

BO SANCHEZ

ARE YOU AVAILABLE?

'Why me?' I questioned God's calling.

I started out afraid and unsure of how to lead. I felt that I wouldn't be enough to fill in the responsibility and the role. Not to mention that I have so many struggles and sins.

At that time, we had a wonderful year under the leadership of Bro Migs Ramirez. But God called him for the priestly ministry, and I was appointed as the new Feast Builder. When I was reflecting on the leadership role that God was leading me into, in the middle of my personal prayer time, a voice spoke to my heart: 'God doesn't call the equipped; He equips those whom He calls.' I was convinced that this wasn't about me. It was God working through me. God could use the broken to bless others, to be a wounded healer. So I just fully surrendered and followed His will.

It's been a year since God called me to be a regular preacher for Feast Bay Area Sync. And I'm deeply grateful that He called me. My life has never been the same. I consider it a privilege to be in the *front seat* seeing people being transformed, healed and now living life to the full through deeper connection with God and with one another. Most of all, I'm blessed to have an extended family here.

My friend, God is calling you too. He calls you to allow Him to love you, and to love through you. Yes, He knows your struggles and sins. But He also knows that your testing will be a powerful testimony. His love and mercy will flow to others through your cracks. He doesn't call the able; He calls the available. He anoints whom He appoints. Say **yes** to Him today.

Blessing and healing,

DIDOY LUBATON

P.S.

Today, on Sync's 2nd year anniversary, we celebrate by publishing our very own and our very first Bulletin – one of the changes we are adopting as Sync transitions to one of the four autonomous Feasts of FBA District.

To my dear Feast Bay Area Sync Family, you are God's love to me. Let's continue to build our home *together*. Happy 2nd Anniversary to us!



A Catholic prayer community of the Light of Jesus Family.

07 30 17
SUNDAY



LEAK

HOW TO HEAL
OTHERS THROUGH
OUR BROKENNESS
BIG DAY

Today's Bible Readings

1st Reading: 1 Kg 3:5-12
Psalm: Ps 119:57-130
2nd Reading: Rm 8:28-30
Gospel: Mt 13:44-52

LITTLE BY LITTLE

I first attended the FBA Sync because my girlfriend, Karisa, served there. That time, I felt like it was an extension of Feast Manila where I used to attend and serve because the Builder there was *Kuya Migs*, better known as Bro. Migs Ramirez.

Slowly but surely, Feast Sync was established, targeting singles and youth as their main audience back then. Then, a little over a year after, *Kuya Migs* had to leave, and I was not sure what to expect with the transition. Doc Didoy came on-board and became the main builder. He took off from where *Kuya Migs* left and had fresh ideas of his own.

Instead of just focusing on the young, Sync started to acknowledge that a lot of families were also attending it, and they shouldn't feel left out. *No one must be left behind.* That's one of the greatest teachings that I learned from Doc Didoy. Eventually, I started to feel more at home and feel more loved at Sync.

One of the best things about being part of this family is joining the Lovelife Retreat (LLR). Friends and co-servants have invited me to attend this singles retreat in the past, but I would always say that it was not yet the right time.

The longer I served at Sync, the more I realized the need to join LLR. Not because I was going through any struggle, but because I wanted to deepen my relationship with God and with my loved ones. The retreat helped me acknowledge my

weaknesses and made me realize how God wants me to be the best version of myself.

After LLR, I noticed that I was slowly changing to a better Anel. I gained more friends, whom I now consider as my spiritual family. I enjoy my service more because I get to share my interests and knowledge about photography to other servants, and we also get to share with each other our reflections about the talks.

But the biggest change in me is evident at work. I used to be very hard-headed and quite proud in the office. To a point that I was given an ultimatum: *shape up or ship out.*

With all the lessons I learned and applied in life, I began to pull myself together. Though it's not a complete 180-degree turn, my work ethics has improved. I am now more focused on my job and take pride in what I do. And this change is happening because of the seeds sown by Sync and LLR.

My Sync family continues to help me grow in my faith and have a deeper and more meaningful relationship with God. Little by little, I am learning to be holy in my own little ways. I look forward to how *Kuya Jay* (Jesus) will continue to bless me through the preachings of Doc Didoy and my friends here. I will forever be grateful to God for bringing me to Sync.



Anel is a graduate of Lovelife Retreat Batch 23 and actively serves as a photographer under the Communications Ministry.



▲ In 2015, graduates of LLR Batch 15 won "Barkada of the Week" for attending the Sync session with all of them wearing bandanas.



▲ FBA Sync's present and previous builders - Bro. Didoy Lubaton and Bro. Migs Ramirez.



▲ A special dance number for the first Ministry Fair Sync U, September 11, 2016.

SYNC OVER THE PAST 2 YEARS



▲ The people behind the scene - Communications Ministry (top) and Production Ministry (bottom).



▲ A view of our new home at Meeting Room 1.



▲ Interpreters are present every Sunday to assist our Deaf and hard of hearing brothers and sisters.

RECAP FROM LAST SUNDAY

Gospel Reading According to Matthew 13:24-43 on The Parable of the Weeds



“ALL SHALL BE WELL IN THE END.”
– Fr. Michael La Guardia

God gave you the gift of free will to make good choices. Be patient with yourself just as God is patient with you.

SERIES: LEAK

Talk 3: Be Broken to be Flooded

Big Message: “Be irrationally generous.”

“A poor person will stop being poor the moment his heart starts to give.”
– Bro. Audee Villaraza

“If you want to overflow in your life, you must give irrationally. So that later you'll be tapping into the unlimited source of blessings – God.” – Bro. John Ben Rodriguez

“God is waiting for you to give your brokenness and your weakness to Him because when you give irrationally and generously, He's going to multiply that smallness, that weakness to feed the multitude.” – Bro. Bo Sanchez

THANKSGIVING PRAYERS

- Dear Jesus, we would like to thank You for my husband's promotion once again & now for his salary adjustment. Thank You for calling us to serve you. We appreciate Your trust. – Klara & Troy
- Thank You, Lord, for we were able to go to the Holy Land. Thank You for providing for us. And thank You also for the people who assisted us. – Mr. & Mrs. Wilfredo A.
- Thank You for speedy recovery of my husband from stroke. – Bing Ignacio
- Walang katapusang pasasalamat Lord sa overflowing blessing. Thank You po pumasa si ate. Attorney na po siya dahil sa Inyo. – Krystel Magsumbol
- I thank God for my successful design projects. – Joe Vincent
- Thank You for the opportunity to keep my job, for my good relationship (restored) with Mama and other family members. – RJV

ENHANCE YOUR FEAST BAY AREA EXPERIENCE



The Feast Bay Area Singles Retreat

batch 25

SEPT 15-16

St. James Retreat House Tagaytay

Visit the Singles' Table at the Feast Bay Area or contact 0927-559-1434 or 0908-207-2201 or register online at bit.ly/FBAILLOnlineReg

Early Bird Rate
*until Aug 6, 2017 only

Php 2500

For Deaf and HoH

Php 2300

Regular Rate

Php 3000

For Deaf and HoH

Php 2800

*All rates are inclusive of food, accommodation and transportation



TARA LARO TAYO

Umaatikabong Aksyon At Palaro

TO ALL LOVELIFE RETREAT GRADUATES

LAST CHANCE TO REGISTER TODAY | JUL30 SMX

1. Registration is only until 12nn
2. Payment of P350 upon registration
3. Look for Apple, Ekkis or Beng at the Singles table.



SYNC IS DEAF-FRIENDLY

FSL Interpreters are provided in the venue to our Deaf and Hard of Hearing (HOH) friends.

COME! YOU ARE WELCOME HERE.

Bo Sanchez's **KERYGMA CONFERENCE 2017**

COMMITTED

NOVEMBER 23 - 26 MANILA
SMX CONVENTION CENTER | MALL OF ASIA ARENA

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*also available on July 30



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YOUTH (2 DAYS)	PHP 500

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TICKETS ARE ALSO AVAILABLE ONLINE AT WWW.KERYGMACONFERENCE.COM

  

THE FBA SYNC STAFF BOX

Founder: Bo Sanchez **Builder:** Dido Lubaton
Media Head: Jaja Bolos **Editor-in-Chief:** Rizal Pinlac
Associate Editors-in-Chief: Tina Tindungan, Andrew Sia
Layout Artist: Patty Bellido
Writers: Angelo Merced, Jerica Severino
Photographers: Rafael Amores, Troy Ang, Carl Flor, Anel Mendoza, Dani Millanes Arafol, Anj Sipin, Wennie Landicho, Donna Juliano, JM Urriza, Myles Omiles

IT'S EASY

TO OWN A FEAST!

ATTEND THE QUICK START
EVERY SUNDAY, 11 AM • 2ND FLOOR LOBBY, RECEPTION HALL
Visit the Feast Video table for details

