

WELCOME HOME

CONNECT WITH GOD. CONNECT WITH ONE ANOTHER.

PRAYER FOR HEALING THE FAMILY TREE

Pray this every day. Let it move you to action. Heal the relationships and break the bondages in your family!

Father, I open my whole family — past, present and future — to Your Healing love. I receive Your Unconditional Mercy for all the sins of my entire family, living or dead. I receive your total healing for all the harm caused by the sins of my parents and grandparents, all their siblings and those before them.

I receive your powerful restoration for the damages caused by the failures of my family, living or dead. I receive your glorious victory and total freedom over all bondages in my family. I receive your complete protection over every member of my family.

By the power of Jesus at work in me, I forgive everyone, especially family members, living or dead, who have hurt me. I consecrate my entire family to you, Jesus, especially dedicating our children and grandchildren. And with all my heart, I declare, *as for me and my household, we will serve the Lord.* (Joshua 24:15 NIV)

May your dreams come true,

BO SANCHEZ



IT'S OKAY TO BLEED

Medical studies have shown that when you willingly bleed and donate blood, it actually boosts your body to create new cells, enhancing circulatory and immune function, and improves your well-being.

Warning: This new Feast talk series will make you bleed.

This is the toughest series yet, and we'll tackle issues that we never dared to talk about before. But we need to. So that the dark areas of our lives would be brought to God's healing light.

I encourage you to give God the consent to work a spiritual and emotional process in your life. Yes, it will hurt and make you bleed, but trust the process and it will lead you to healing.

The sovereignty of God covers all kingdoms of our hearts. He wants all of you — even the dark and dreaded parts of your life.

Today, we start with family, our first Church.

May the love and grace of our God be poured out in your family today. In His hands, we all heal and have the *fullness of life.* (John 10:10)

Blessing and healing,

DIDYO LUBATON



HOW TO TALK ABOUT
THE STUFF WE DON'T
WANT TO TALK ABOUT

TALK I: ANCESTORS

The FEAST
BAY AREA



A Catholic prayer
community of the
Light of Jesus Family.

08 06 17
SUNDAY

Today's Bible Readings

1st Reading: Dn 7:9-14
Psalm: Ps 97:1-9
2nd Reading: 2 Pt 1:16-19
Gospel: Mt 17:1-9

BLESSING BLOG

MY ONE TRUE CALLING

Ever since my elementary years, I have always been interested in learning sign language. Because of this, in 2014, I decided to take up Filipino Sign Language course at De La Salle - College of Saint Benilde. When I enrolled that year, I was immersed with the Deaf community and had more appreciation of their language, identity, uniqueness, and culture. I admit that it was not easy, but the Deaf whom we studied with, were really patient in teaching us signs.

During our last term, my classmates and I joined an event called, "Sing it with Signs". After the competition, Ms. Naty Natividad, a CSB employee, approached us and invited our group to attend The Feast so that we could enhance our skills. I immediately said 'yes' for the sole purpose of developing and practicing my skills in sign language. However, after weeks of attending The Feast, I eventually found myself yearning to deepen my relationship and my faith in God. I found myself being called by God to serve Him. It dawned on me that this is what He has always wanted me to do. Before, I never really understood why I have always been passionate to learn sign language, until God made me realize that He wants to use me to help others, especially the Deaf and hard of hearing, know, understand, appreciate, and love God's teachings.

After serving with the Deaf Ministry (formerly known as Ephphatha Ministry) for more than two years, an unexpected change happened. The FBA Sync session was moved to the 9:00 am slot from the original 11:30 am. This meant we will be joining a relatively different crowd, led by Bro Didoy. During our first Sunday with Sync, we thought it would just be any ordinary Sunday. But it wasn't. Bro Didoy, together with the servants and the attendees, made us feel really welcomed. As weeks passed by, we started having sincere and deeper connections with the community. We saw their efforts to make each session more "Deaf-



Zena Magana works as a school guidance counselor. She is part of the Deaf and Hard-of-Hearing Ministry and serves as an interpreter every Sunday.



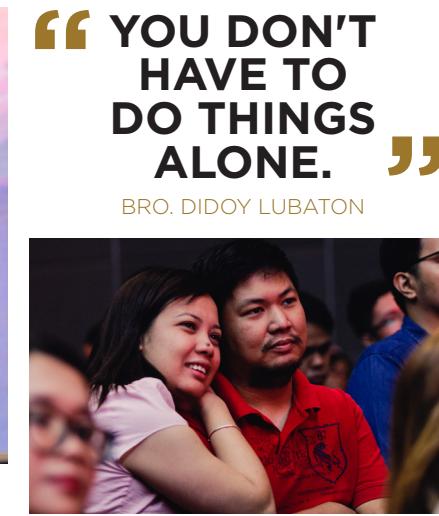
▲ Our servants from the Warmth Ministry welcome the attendees of FBA Sync.



▲ Members of the Sync chorus gather to pray before the start of the Holy Mass.



▲ Bro Didoy gives a special message for the anniversary celebration, "TWOgether".



"YOU DON'T HAVE TO DO THINGS ALONE."

BRO. DIDOY LUBATON

IT'S ALWAYS BETTER WHEN WE'RE TWOGETHER



▲ Bro Chito and Sis Cynthia Montalban, consultants of FBA Sync, encourage everyone to give not because it is expected of us but to give out of our love for God.



▲ Twinning! Mother and daughter, Cynthia and Charlene, and couple, Michelle and Neilmar, attend Sync's session in matching outfits.



▲ Fr. Mark Demanuelle leads the congregation in praying over the birthday celebrators for the month of July.



▲ Graduates of Lovelife Retreat Batch 24 sing "Hawak Kamay" with the entire crowd.

RECAP FROM LAST SUNDAY

Gospel Reading According to Matthew 13:44-52



"OUR ULTIMATE GOAL - THE KINGDOM OF HEAVEN."

- Fr. Mark Demanuelle

Always ask yourself, "Where is my heart? Where is my treasure?" Do not just long for material possessions and wealth. Remember that what God wants is for us to find eternal joy with Him in His Kingdom.

SERIES: LEAK

Big Day: Sync's 2nd Year Anniversary

Big Message: "Grow in God's grace."

Last Sunday, we celebrated FBA Sync's Second Anniversary and were reminded of God's abounding love.

Grace. God's grace is always present in our lives. When we align ourselves to God, we continue to be in His grace.

Growth. We receive God's grace for our growth. Like a tree that is planted, watered and cultivated to bear fruits, we develop a deeper relationship with God and with our community.

We can do this together. When we receive God's grace, we don't only grow as individuals but also as a community. Therefore, we don't have to do things on our own. Like the disciples whom Jesus sent by two's, wherever God sends us, we will never be alone.

THANK YOU, LORD

- for taking away my grandfather's pain and for using his passing on to reunite our family which has been broken for a long time. - Arra
- for the gift of life and for all the blessings. Thank You for granting my prayer to pass the Licensure Exam for Mechanical Engineering. - Reygon T. Olita.
- nakapag-Lovelife Retreat na rin ako (Batch 24)! Thank You for your overflowing love. - Jan
- for the continuous success of A.T. Organics, especially for the newly-launched product, Gravity Pomade, which was sold out right after restocking. Also, thank You for helping me reach my first million at the age of 20. I've received so many blessings! Thank You, Lord.
- Alyssa Anne / Dominic
- for the meaningful and fruitful 18th wedding anniversary. Thank You that I was able to avail a premium registration for the Kerygma Conference. - Jerome and Celia

ENHANCE YOUR FEAST BAY AREA EXPERIENCE

HURRY!
EARLY BIRD RATE
UNTIL AUGUST 31 ONLY

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EARLY BIRD UNTIL AUGUST 2017 ONLY	PHP 1800
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REGULAR SENIOR & PWD	PHP 1600
YOUTH (4 DAYS)	PHP 700
YOUTH (2 DAYS)	PHP 500



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lovelife
The Feast Bay Area Singles Retreat

batch 25

SEPT 15-16 St. James Retreat House Tagaytay

Visit the Singles' Table at the Feast Bay Area or contact 0927-559-1434 or 0908-207-2201 or register online at bit.ly/FBALLROnlineReg

Early Bird Rate *until Aug 6, 2017 only	Php 2500 For Deaf and HoH: Php 2300
Regular Rate For Deaf and HoH	Php 3000 Php 2800

*All rates are inclusive of food, accommodation and transportation

awesome sync kids ministry

10 - 11 am
Sign up your 3 - 9 year old kids!

THE DOCTOR IS IN!

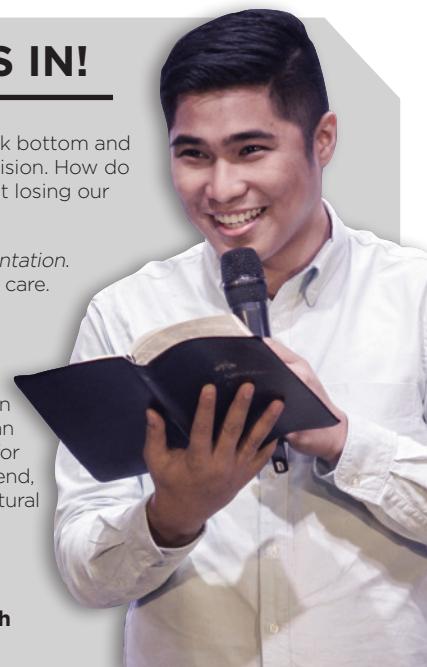
Q A friend of mine has hit rock bottom and is about to make a bad decision. How do I confront my friend without losing our friendship? -Philip G.

A There's what we call *Carefrontation*. Speak and act with love and care.

In my personal rock bottom moments, I've been grateful for the people who reached out to me. They took care of me even when I couldn't take care of myself or when I made bad decisions. But more than that, pray for your friend and pray for yourself, that as you talk to your friend, you may be guided by the supernatural grace and wisdom of God.

Praying for you and your friend!
-Didoy

Send us your questions through
hello@fbasync.com



SYNC IS DEAF-FRIENDLY

FSL Interpreters are present at the venue to assist our Deaf and Hard of Hearing (HOH) friends.

COME! YOU ARE WELCOME HERE.

IT'S EASY TO OWN A FEAST!

ATTEND THE QUICK START
EVERY SUNDAY, 11 AM • 2ND FLOOR LOBBY, RECEPTION HALL
Visit the Feast Video table for details

The FEAST VIDEO
BLESSING IN A SIMPLE CLICK

THE FBA SYNC STAFF BOX

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