Title and abstract

**Nut-1. State the Dietary/Nutritional Assessment Method(s) Used in the Title, Abstract, or Keywords**

Referring to the assessment methods in the title, abstract, or keywords will facilitate correct indexing and retrieval of studies. The title and abstract are the parts of papers most read, and their content will influence the reader’s decision on further considerations of the paper. Inclusion of nutritional epidemiological terms is particularly necessary when the method is important to interpret the study findings.

Example 1. “The consumption of sugar-sweetened beverages was derived from 7 repeated FFQs administered between 1980 and 2002”.

Explanation. Reporting the dietary and nutritional assessment method or methods in the title, abstract, or keywords with accurate terminology contributes to the completeness of the manuscript. This may be particularly relevant for methodologic research articles, which are used as reference articles in association studies. In addition, it will facilitate the accuracy of indexing in electronic databases as well as ease literature searches, through the use of keywords. Due to the growing number of scientific journals, indexing of articles increasingly applies both automated summaries and manual approaches. If reports from dietary or nutritional research use standard terminology or approved Medical Subject Headings (MeSH) , a step is taken toward reducing the number of incomplete or unusable research reports. Readability should be ensured at all times, and journal specifications with regard to style and word count apply. Guides to appropriate terminology can be found online.