

Lesson 4 | Self-test

Cognition

- It is the mental process of gaining knowledge and understanding through the senses, experience and thought.

Different example for each cognitive process

Mental Representation

- In mental representation for example if you are solving a problem you are analyzing it first to understand the interpretation on how to solve the problem.

Memory

- In memory it is important because it allows you to store, encode the knowledge or ideas.

Language

- In language it is the key to interact with the people in order for you to understand each other.

Intelligence

- In intelligence it is the process of getting knowledge that are acquired through your experience for example on studying

Learning

- In learning involves learning of ideas, concepts, attitudes and reasoning abilities for example talking in a professional manner on the job interview.