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# Coronavirus

Coronaviruses are a group of viruses that can cause either mild illness, such as a cold, or can make people sick with pneumonia.

If you are a medical provider, see our 2019 Novel Coronavirus (COVID-19) — Information for Providers page.

If you are being harassed due to your race, nation of origin or other identities, **call 311** to report discrimination or harassment to the NYC Commission on Human Rights.

# 2019 Novel Coronavirus

Recently, a novel (new) coronavirus was detected. A "novel coronavirus" is a strain that has not been previously seen in humans. The disease, called COVID-19, can be spread from person to person.

People have been diagnosed with this novel coronavirus in New York City (see up-to-date case count). New York City is seeing "community transmission," meaning the source of the infection is unknown.

There are no specific vaccines or treatments available for this novel coronavirus, or any other coronavirus. However, medication and vaccine research is underway.

- Novel Coronavirus Outbreak Factsheet (PDF, March 8) Other Languages: 繁體中文 | 简体中文 | Español| 한국어 | 日本語 | Русский | Kreyòl ayisyen | বাংলা | Italiano | Polski | ייִדישׁ | العربية | हिन्दी | नेपाली | ਪੰਜਾਬੀ | Tagalog | Tiếng Việt
- COVID-19: Guidance and Safety Tips (PDF) Other Languages: 繁體中文 | 简体中文 | Español | 한국어 | 日本語 | Русский | Kreyòl ayisyen | Italiano | Polski | ייִדיש | العربية | ελληνικά | ਪੰਜਾਬੀ | Tiếng Việt
- Stop the Spread of Coronavirus Flyer (PDF) Other Languages: 繁體中文 | 简体中文 | Español | Русский | Kreyòl ayisyen | 한국어 | Italiano |

Français | 日本語 | Tagalog | Tiếng Việt

If you are planning any travel outside the U.S., visit CDC's Travelers' Health webpage for the latest travel notices.

### **Symptoms**

Symptoms of COVID-19 can include fever, cough or shortness of breath. An infection can result in death, but that is a rare outcome. Most people with COVID-19 will have mild symptoms. People who are at most risk for severe illness are those who have health conditions including:

- Chronic lung disease
- Heart disease
- Diabetes
- Cancer
- · A weakened immune system

### **Prevention**

As of March 2020, the Health Department recommends the following precautions to slow the spread of COVID-19:

- Stay home if you are sick. Avoid close contact with people who are sick.
- Cover your nose and mouth with a tissue or sleeve when sneezing or coughing do not use your hands.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer.
- Do not touch your face with unwashed hands.
- Do not shake hands. Instead, wave or elbow bump.
- If you have family or friends who are elderly, have compromised immune systems or chronic respiratory or coronary issues, do not visit them if you feel sick. Stay home and keep your loved ones safe.
- Consider telecommuting, biking or walking to work if possible.
- Consider staggering working hours. For example, instead of 9 a.m. to 5 p.m., change some work hours to 10 a.m. to 6 p.m. or 8 a.m. to 4 p.m.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or disinfecting wipes.
- Get your flu shot. Although the flu shot will not protect you from COVID-19, it will help prevent the flu which has similar symptoms to this coronavirus.

# **Health Care and Testing**

If you are experiencing fever, cough or shortness of breath and traveled to an area where COVID-19 is spreading, or you have had close contact with someone who has been diagnosed with COVID-19, call your health care provider. Your provider will work with the Health Department to determine if you need testing.

If you need help finding a health care provider, call 311.

# **Returning Travelers**

If you recently returned to New York from China, Iran, South Korea, Italy or Japan and you do not have symptoms, the Health Department requires that you home self-monitor. You must stay home from work or school for 14 days since the day you left one of these countries. See below for guidance on what you must do.

- FAQ: Home Self-Monitoring for Novel Coronavirus in New York City (PDF)
  Other Languages: 繁體中文 | 简体中文 | Español | 한국어 | 日本語 | Русский | Kreyòl ayisyen |
  वाংলা | Italiano | Polski | ייִדיש | العربية | Français | اردو | فارسی
- Home Self-Monitoring Flyer (PDF) Other Languages: 繁體中文 | 简体中文 | 한국어 | 日本語 | Español | Русский | Kreyòl ayisyen | 집양에 | Italiano | Polski | ייִדיש | العربية | Français | اردو | فارسى
- Doctor's Note to Excuse Absence from Work or School (PDF)
  Other Languages: 繁體中文 | 简体中文 | Español | 한국어 | 日本語 | Русский |
  Kreyòl ayisyen | 집양에 | Italiano | Polski | ייִדיש | العربية | Français | اردو | فارسى

### **Case Count in NYC**

Testing to determine whether the pending cases are confirmed as positive or negative can take hours or days, depending on what lab performs the test.

Updated People Tested Positive in NYC March 12, 2020, 9:30 a.m. 62 \*

\*This count includes all tests conducted in NYC, regardless of residency. The information included in this table is subject to change as investigations are ongoing.

### **Additional Resources for Coronavirus Disease 2019**

- Travel Poster (PDF)
  Other Languages: Español | 繁體中文 | 简体中文 | Русский | Kreyòl ayisyen | 한국어 | 제ংলা |
  Italiano | Polski | ייִדיש | Irançais | (רנو | فارسی | 日本語
- Stay Healthy Poster (PDF)
  Other Languages: 繁體中文 | 简体中文 | Español | Русский | Kreyòl ayisyen | 한국어 | বাংলা |
  Italiano | Polski | ייִדיש | العربية | Français | اردو | فارسی | 日本語
- Cover Your Cough (PDF)
  Other Languages: 繁體中文 | 简体中文 | Español | 한국어 | Pyccкий | Kreyòl ayisyen | 제양테 |
  Italiano | Polski | ייִדיש | العربية | 日本語
- Wash Your Hands Poster for Adults (PDF) Other Languages: 繁體中文 | 简体中文 | Español | Русский | Kreyòl ayisyen | 한국어 | বাংলা | Italiano | Polski | ייִדיש | العربية | 日本語
- Commissioner's Order To Test Educators, First Responders and Health Care Workers for COVID-19 (PDF, March 5)
  - Testing Criteria for Educators, First Responders and Health Care Workers Employed by NYC (PDF, March 8)
- Guidance for People Who May Have an Increased Risk for Severe COVID-19 (PDF)

Coping With Stress During Infectious Disease Outbreaks (PDF)
 Other Languages: 繁體中文 | 简体中文 | Español

### **Guidance for Communities**

- Letter to Community Partners from Commissioner of Health (PDF, February 19)
- Commercial or Residential Building General Disinfection Guidance (PDF, March 5)
- Non-Health Care Setting General Disinfection Guidance (PDF, March 6)
- Homeless Shelter Interim Guidance (PDF, March 4)
- Congregate Setting Interim Guidance (PDF, March 4)
- Schools and Families Guidance (PDF, March 8)
- Business and Employer Guidance (PDF, February 14)
  - Update for NYC Businesses (PDF, March 5)
- College and University Interim Guidance (PDF, February 9)
- College and University Guidance Students and Staff Returning from Areas at High Risk (PDF, March 10)

## **Recent News**

### March 8, 2020

Mayor de Blasio Provides Updates on New York City's COVID-19 Response

#### March 7, 2020

Mayor de Blasio Provides Updates on New York City's COVID-19 Response

#### March 5, 2020

Mayor de Blasio Provides Updates on New York City's COVID-19 Response

#### March 4, 2020

Mayor de Blasio Updates New Yorkers on City's COVID-19 Preparedness