# Fibrotic tissue remodelling in persistent atrial fibrillation:

quantitative analysis using high-resolution histology imaging

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# Introduction

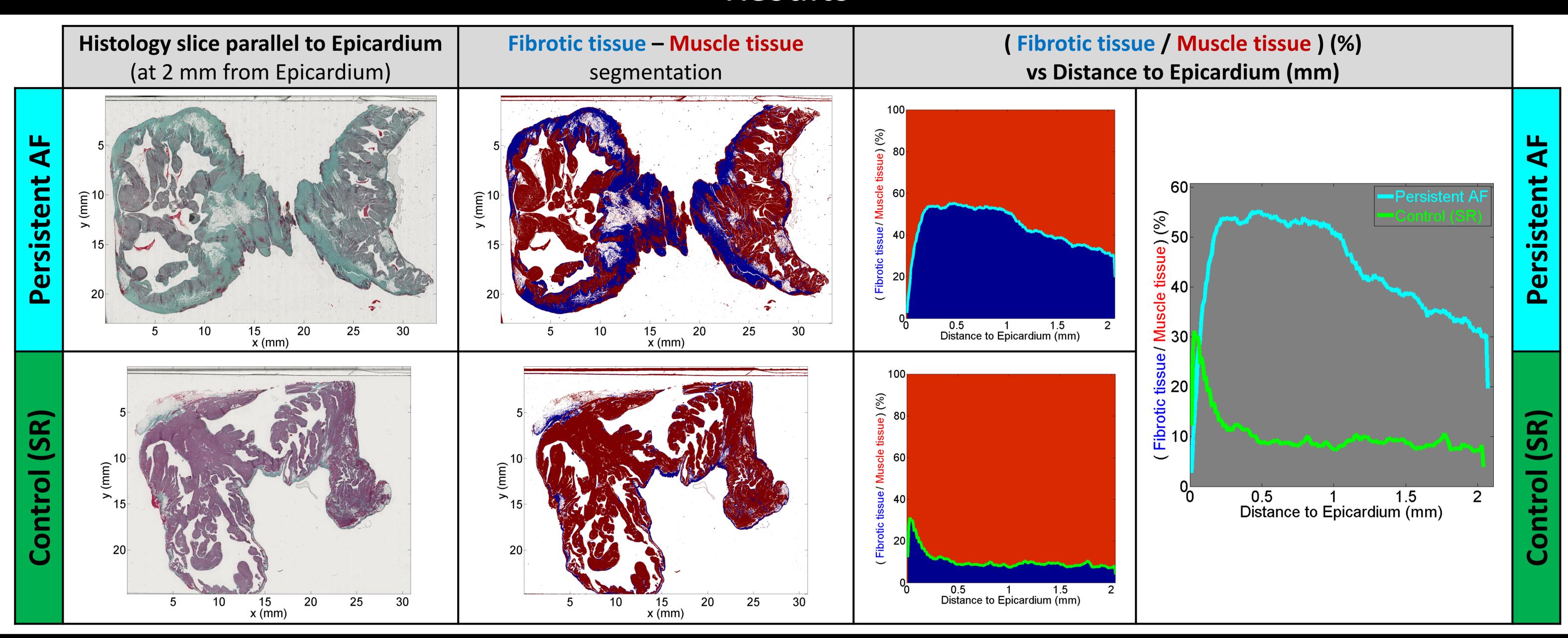
Structural remodelling: a major contributor for atrial fibrillation (AF) [1].

**Fibrotic tissue remodelling:** a main feature of the remodelled atrial tissue in AF, is thought to impose important electrical and mechanical constraints in AF [2].

**Fibrosis anatomical characterization:** necessary to better understand fibrosis mechano-electrical role in AF [2].

**In this study:** we analyse the accumulation of fibrotic tissue in goat atria during persistent AF.

## Results



# Methods

# (A) Tissue Samples

- 1. Goat left atrial wall tissue from two groups: goats with **persistent AF** induced by burst-pacing for a period of 7 to 12 months (n=5); and **control** (**SR**: sinus rhythm) goats (n=6).
- 2. Excised in open chest experiments, after electrophysiological investigation, maintaining the external tissue outline using rigid clip-on frames.
- 3. Tissue immediately fixed and stored in Karnovsky's fixative.

#### (B) Histology [3]

- 1. After initial high-resolution anatomical magnetic resonance imaging.
- 2. Tissue samples were dehydrated, wax-embedded, and serially sectioned (10  $\mu$ m) in a plane parallel to the epicardium.
- 3. Each section was collected, **Trichrome stained**, mounted, and digitally imaged using an Hamamatsu **NanoZoomer with a 20**× **objective**, to obtain whole cross-section images with **0.5**  $\mu$ m × **0.5**  $\mu$ m pixel dimensions.

## (C)**3** Fibrotic tissue – Muscle tissue (5) Fibrotic tissue / Muscle tissue (%) (1) Fibrotic tissue segmentation (from Green--Red threshold) vs Distance to Epicardium (mm) segmentation **Image** Processing 0.5 1 1.5 Distance to Epicardium (mm) **0** ) Histology slice/image (2) Full tissue segmentation (4) Tissue Distance to Epicardium (from white threshold) (parallel to Epicardium) (mm)

# Conclusions

# We developed a method to **identify, quantify, and characterize the fibrotic tissue** in histology slices from goat left atrial wall tissue.

We analysed and compared the results for histology slices from two goat groups: **persistent AF vs control (SR)**. And we show how the **percentage of fibrotic tissue** varies with the **distance to the epicardium**.

These are preliminary results (here we present only one AF and one control slice as typical results for each group), which indicate that:

• Both AF and control groups show a maximum density of fibrotic tissue in the sub-epicardial layers; but this maximum is higher and wider in the AF group.

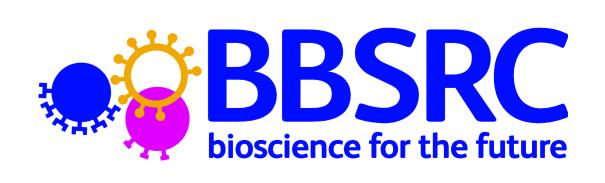
We are currently finishing the analysis of the other samples to test the statistical significance of these results.

# Acknowledgements & References

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