# The Hardy-Littlewood Maximal Function

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The Hardy-Littlewood maximal operator is a non-linear operator that takes a locally integrable function and returns another function corresponding to the maximum average value the original function can have on balls cenetered at a given point. It has several applications in Real Analysis and Harmonic Analysis. We present the lectures notes and solutions to exercises from Math 258(Christ).

## §1 Weak L<sup>p</sup> and Distribution Functions

We work in a measure space  $(X, \mu)$  that is  $\sigma$ -finite. Let  $S(X) = S(X, \mu)$  denote the space of simple functions  $f: X \to \mathbb{C}$  and  $\mathcal{M}(X)$  denote the space of measure functions.

**Definition 1.1.** The distribution function  $\lambda_f$  of  $f \in \mathcal{M}(X)$  is

$$\lambda_f(\alpha) = \mu\{x \in X : |f(x)| > \alpha\}.$$

This gives us a way to think about norms in the measure space. For example, consider the following lemma:

#### Lemma 1.2

For  $p \in (0, \infty)$  and  $f \in \mathcal{M}(X)$ ,

$$||f||_p^p = \int |f|^p d\mu = p \int_0^\infty \alpha^{p-1} \lambda_f(\alpha) d\alpha.$$

*Proof.* Denote  $E = \{(x, \alpha) : |f(x)| > \alpha\}.$ 

$$\begin{split} p \int_0^\infty \alpha^{p-1} \lambda_f(\alpha) d\alpha &= p \int_0^\infty \alpha^{p-1} \int_X 1_E(x,\alpha) d\mu(x) d\alpha \\ &= \int_X \int_0^\infty p \alpha^{p-1} 1(\alpha < |f(x)|) d\alpha d\mu(x) \\ &= \int_X |f(x)|^p d\mu(x) = \|f\|_p^p. \end{split}$$

Exercise 1.3. Present an alternate proof for simple functions and use the monotone convergence theorem to pass to general functions.

*Proof.* Let  $f = \sum_{i=1}^n c_i 1_{E_i}$  be a simple function. Then,  $||f||_p^p = \sum_{i=1}^n |c_i|^p \mu(E_i)$ . Note that

$$p \int_{0}^{\infty} \alpha^{p-1} \lambda_{f}(\alpha) d\alpha = \int_{0}^{\infty} p \alpha^{p-1} \sum_{i=1}^{n} \mu(E_{j}) 1(|c_{j}| > \alpha)$$

$$= \sum_{i=1}^{n} \mu(E_{j}) \int_{0}^{\infty} p \alpha^{p-1} 1(|c_{j}| > \alpha)$$

$$= \sum_{i=1}^{n} \mu(E_{j}) \int_{0}^{|c_{j}|} c_{j} |p \alpha^{p-1}|$$

$$= \sum_{i=1}^{n} \mu(E_{j}) |c_{j}|^{p}$$

$$= ||f||_{p}^{p}.$$

For a general nonnegative function f, we can write  $f_n \uparrow f$ , where  $f_n = \sum_{i=1}^n c_{in} 1_{E_i n}$ . By the monotone convergence theorem, it follows that

$$\int |f|^p = \lim_{n \to \infty} \int |f_n|^p = \lim_{n \to \infty} \int_0^\infty p\alpha^{p-1} \lambda_{f_n}(\alpha) d\alpha = \int_0^\infty p\alpha^{p-1} \lambda_f(\alpha) d\alpha,$$

by noting that  $\lambda_{f_n} \uparrow \lambda_f$  and using the monotone convergence theorem.

### Lemma 1.4 (Chebyshev's Inequality)

If  $p \in (0, \infty)$  and  $f \in L^p$ , then for  $\alpha > 0$ ,

$$\lambda_f(\alpha) \le \alpha^{-p} ||f||_p^p.$$

For p = 1, then gives Markov's Inequality:

$$\lambda_f(\ell) \le \ell^{-1} ||f||_1.$$

Proof.

$$\lambda_f(\alpha) = \int_X 1(|f(x)| > \alpha) d\mu(x) \le \int_X \alpha^{-p} |f(x)|^p d\mu(x) = \alpha^{-p} ||f||_p^p.$$

Chebyshev's inequality loses information, in the sense that

$$p\int_0^\infty \alpha^{p-1}\lambda_f(\alpha)d\alpha \le p\|f\|_p^p\int_0^\infty \alpha^{p-1}\alpha^{-p}d\alpha,$$

and the latter integral diverges. However, it does allow us to extract useful information from the finiteness of the  $L^p$  norms.

**Definition 1.5.** For  $p \in [1, \infty)$ , define  $L^{p,\infty}(X, \mu)$  as the set of functions  $f \in \mathcal{M}(X)$  for which there exists  $C < \infty$  with  $\lambda_f(\alpha) \leq C^p \alpha^{-p}$ .

Note that  $L^{p,\infty}$  is a quasi-normed vector space. We prove the triangle inequality:

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Proof.

$$||f+g||_{p,\infty} = \inf\{C : \lambda_{f+g}(\alpha) \le C^p \alpha^{-p}\}$$

$$\le \inf\{C : \lambda_f(\alpha/2) + \lambda_g(\alpha/2) \le C^p \alpha^{-p}\}$$

$$\le \inf\{C : \lambda_f(\alpha/2) \le C^p \alpha^{-p}/2\} + \inf\{C : \lambda_g(\alpha/2) \le C^p \alpha^{-p}/2\} \le C^p \alpha^{-p}/2\}$$

## §1.1 The Hardy-Littlewood Maximal Operator

**Definition 1.6** (Hardy-Littlewood Maximal Operator). Let  $f \in L^1_{loc}(\mathbb{R}^d)$ , and define  $Mf: \mathbb{R}^d \to [0, \infty]$  by

$$Mf(x) = \sup_{r>0} |B(x,r)|^{-1} \int_{B(x,r)} |f(y)| dy.$$