- 1) I like the idea of having a standing desk is really good to prevent being seated the entire working day.
- 2) An standing desk with two 16:10 or 3:2 aspect ratio monitors that would be mounted on vesa mounts connected to motors that could rotate the screens at the touch of a button. The desk is massive with a dedicated shelf for my tower.
- 3) I would listen to music (<a href="https://www.youtube.com/watch?v=oOX0\_wP3qV4">https://www.youtube.com/watch?v=oOX0\_wP3qV4</a>) or play a video or twitch stream in the background that isn't too distracting (<a href="https://twitch.tv/ThePrimeagen">https://twitch.tv/ThePrimeagen</a>)
- 4) https://gridfiti.com/minimalist-desk-setups/
- 5) I think two monitors are almost required to speed up the development process. It helps to compartmentalize the screens and whats on them to help you keep track of things as you are switching from debug screens and files etc.