***Carlos Sanchez: AUTOBIOGRAPHY***

What I know: I have a high school degree from Barron Collier Highschool, I’m certified in Excel, PowerPoint, and Word. I’m certified in serving food through the SafeServ program. I know how to expo food, bus tables, and run food seeing as how I’ve been doing it for the past 3 years. I can somewhat cook.

Who I know: My uncle is a ten year veteran of UPS which could lead to a possible partnership with their higher ups allowing for maneuverability of my product. I know restaurant owners and chefs and also business owner Doug Hannah who lives a very luxurious lifestyle. A certain Tom from the world’s busiest Homegoods located in pelican plaza in Naples. I’ve built many bridges with my bosses and coworkers, maybe securing a workforce of more connection to sponsors.

Who I am: I’ve been involved with fitness and recreational lifting and dieting for the past two years of my life, not for any sport in particular other than “bodybuilding”. Through this venture I’ve learned important basics to nutrition, training, and rest. Doing this for so long has helped me put a spin on the lifestyle for sustainability. With this I’ve also learned to cook my own food, (mainly chicken) but also omelets and certain pasta dishes. I’m an above average gamer who can typically utilize problem solving in most situations presented by the level. I love dogs, mainly German shepherds!

Possible Venture: Through my knowledge of nutrition and macro/micronutrients and the back and front end of the restaurant industry, maybe I could open my own restaurant, with healthy yet tasty foods for people who want to eat clean but have some variety instead of chicken and vegetables! Using my restaurant connections, and perhaps hiring some UPS drivers for food delivery service?