| **Characteristic** | **N = 33,189**1 |
| --- | --- |
| **Age [years]** |  |
| Mean (SD) | 39 (15) |
| Median (Q1, Q3) | 37 (26, 50) |
| Min - Max | 16 - 116 |
| **Patient's gender** |  |
| Cis woman | 25,820 (77.8%) |
| Cis man | 6,245 (18.8%) |
| Non-binary | 601 (1.8%) |
| Trans man | 223 (0.7%) |
| Self-define | 216 (0.7%) |
| Trans woman | 84 (0.3%) |
| **Ethnicity** |  |
| White | 31,252 (94.2%) |
| Mixed | 857 (2.6%) |
| Asian, Asian British, Arab | 573 (1.7%) |
| Other | 305 (0.9%) |
| Black or Black British | 202 (0.6%) |
| **Sexual orientation** |  |
| Heterosexual | 24,353 (73.4%) |
| Bisexual | 5,162 (15.6%) |
| Homosexual | 2,113 (6.4%) |
| Self-define | 1,130 (3.4%) |
| Asexual | 431 (1.3%) |
| **Height [m]** |  |
| Mean (SD) | 1.68 (0.09) |
| Median (Q1, Q3) | 1.68 (1.62, 1.73) |
| Min - Max | 1.20 - 2.29 |
| **BMI [kg/m2]** |  |
| Mean (SD) | 31 (8) |
| Median (Q1, Q3) | 30 (25, 35) |
| Min - Max | 10 - 86 |
| **Highest education** |  |
| None of the above | 953 (2.9%) |
| GCSEs/CSEs/O-levels or equivalent | 4,470 (13.5%) |
| NVQ/HND/HNC or equivalent | 3,065 (9.2%) |
| A-levels/AS-levels or equivalent | 7,708 (23.2%) |
| University | 16,993 (51.2%) |
| **PHQ9 score** |  |
| Mean (SD) | 13 (7) |
| Median (Q1, Q3) | 12 (7, 18) |
| Min - Max | 0 - 27 |
| Not answered | 271 |
| **GAD7 score** |  |
| Mean (SD) | 10 (6) |
| Median (Q1, Q3) | 9 (5, 15) |
| Min - Max | 0 - 21 |
| Not answered | 1,569 |
| **Suicidality** | 15,203 (46.1%) |
| Not answered | 203 |
| **Major depressive disorder** | 28,516 (85.9%) |
| **Generalised anxiety disorder** | 25,227 (76.0%) |
| **Social anxiety** | 8,169 (24.6%) |
| **Specific phobia** | 1,736 (5.2%) |
| **Agoraphobia** | 1,336 (4.0%) |
| **Panic disorder** | 2,709 (8.2%) |
| **Panic attacks** | 12,991 (39.1%) |
| **Bipolar disorder** | 2,226 (6.7%) |
| **Obsessive-compulsive disorder** | 2,561 (7.7%) |
| **Body dysmorphic disorder** | 1,103 (3.3%) |
| **Anorexia nervosa** | 1,362 (4.1%) |
| **Atypical anorexia nervosa** | 355 (1.1%) |
| **Bulimia nervosa** | 1,199 (3.6%) |
| **Binge-eating disorder** | 1,704 (5.1%) |
| 1n (%) | |