| **Characteristic** | **N = 33,189**1 |
| --- | --- |
| Biological sex |  |
| Female | 26,746 (80.6%) |
| Male | 6,443 (19.4%) |
| Patient's gender |  |
| Cis woman | 25,820 (77.8%) |
| Cis man | 6,245 (18.8%) |
| Non-binary | 601 (1.8%) |
| Trans man | 223 (0.7%) |
| Self-define | 216 (0.7%) |
| Trans woman | 84 (0.3%) |
| Ethnicity |  |
| White | 31,252 (94.2%) |
| Not white | 1,937 (5.8%) |
| Sexual orientation |  |
| Heterosexual | 24,353 (73.4%) |
| Bisexual | 5,162 (15.6%) |
| Homosexual | 2,113 (6.4%) |
| Self-define | 1,130 (3.4%) |
| Asexual | 431 (1.3%) |
| Highest education |  |
| None of the above | 953 (2.9%) |
| GCSEs/CSEs/O-levels or equivalent | 4,470 (13.5%) |
| NVQ/HND/HNC or equivalent | 3,065 (9.2%) |
| A-levels/AS-levels or equivalent | 7,708 (23.2%) |
| University | 16,993 (51.2%) |
| Suicidality | 15,203 (46.1%) |
| Not answered | 203 |
| Major depressive disorder | 28,516 (85.9%) |
| Generalised anxiety disorder | 25,227 (76.0%) |
| Social Anxiety | 8,169 (24.6%) |
| Specific phobia | 1,736 (5.2%) |
| Agoraphobia | 1,336 (4.0%) |
| Panic disorder | 2,709 (8.2%) |
| Panic attacks | 12,991 (39.1%) |
| Bipolar disorder | 2,226 (6.7%) |
| Obsessive-compulsive disorder | 2,561 (7.7%) |
| Body dysmorphic disorder | 1,103 (3.3%) |
| Anorexia nervosa | 1,362 (4.1%) |
| Atypical anorexia nervosa | 355 (1.1%) |
| Bulimia nervosa | 1,199 (3.6%) |
| Binge-eating disorder | 1,704 (5.1%) |
| 1n (%) | |