| **Characteristic** | **N = 817**1 |
| --- | --- |
| **Age [years]** |  |
| Mean (SD) | 28 (12) |
| Median (Q1, Q3) | 25 (20, 33) |
| Min - Max | 16 - 74 |
| **sex** |  |
| Female | 678 (83.0%) |
| Male | 139 (17.0%) |
| **Patient's gender** |  |
| Cis woman | 0 (0.0%) |
| Cis man | 0 (0.0%) |
| Non-binary | 601 (73.6%) |
| Trans man | 0 (0.0%) |
| Self-define | 216 (26.4%) |
| Trans woman | 0 (0.0%) |
| **Ethnicity** |  |
| White | 743 (90.9%) |
| Not white | 74 (9.1%) |
| **Sexual orientation** |  |
| Heterosexual | 63 (7.7%) |
| Bisexual | 302 (37.0%) |
| Homosexual | 112 (13.7%) |
| Self-define | 266 (32.6%) |
| Asexual | 74 (9.1%) |
| **Height [m]** |  |
| Mean (SD) | 1.68 (0.09) |
| Median (Q1, Q3) | 1.68 (1.62, 1.73) |
| Min - Max | 1.35 - 2.01 |
| **BMI [kg/m2]** |  |
| Mean (SD) | 29 (9) |
| Median (Q1, Q3) | 28 (23, 35) |
| Min - Max | 15 - 67 |
| **Highest education** |  |
| None of the above | 26 (3.2%) |
| GCSEs/CSEs/O-levels or equivalent | 126 (15.4%) |
| NVQ/HND/HNC or equivalent | 35 (4.3%) |
| A-levels/AS-levels or equivalent | 279 (34.1%) |
| University | 351 (43.0%) |
| **PHQ9 score** |  |
| Mean (SD) | 16 (6) |
| Median (Q1, Q3) | 16 (11, 21) |
| Min - Max | 0 - 27 |
| Not answered | 5 |
| **GAD7 score** |  |
| Mean (SD) | 11.5 (5.8) |
| Median (Q1, Q3) | 12.0 (7.0, 16.0) |
| Min - Max | 0.0 - 21.0 |
| Not answered | 27 |
| **Suicidality** | 546 (67.2%) |
| Not answered | 5 |
| **Major depressive disorder** | 721 (88.2%) |
| **Generalised anxiety disorder** | 644 (78.8%) |
| **Social anxiety** | 295 (36.1%) |
| **Specific phobia** | 56 (6.9%) |
| **Agoraphobia** | 45 (5.5%) |
| **Panic disorder** | 90 (11.0%) |
| **Panic attacks** | 376 (46.0%) |
| **Bipolar disorder** | 76 (9.3%) |
| **Obsessive-compulsive disorder** | 84 (10.3%) |
| **Body dysmorphic disorder** | 53 (6.5%) |
| **Anorexia nervosa** | 43 (5.3%) |
| **Atypical anorexia nervosa** | 19 (2.3%) |
| **Bulimia nervosa** | 34 (4.2%) |
| **Binge-eating disorder** | 62 (7.6%) |
| 1n (%) | |