| **Characteristic** | **N = 33,086**1 |
| --- | --- |
| **Age [years]** |  |
| Mean (SD) | 38 (15) |
| Median (Q1, Q3) | 37 (26, 50) |
| Min - Max | 16 - 116 |
| **sex** |  |
| Female | 26,682 (80.6%) |
| Male | 6,404 (19.4%) |
| **Patient's gender** |  |
| Cis woman | 25,787 (77.9%) |
| Cis man | 6,205 (18.8%) |
| Non-binary | 601 (1.8%) |
| Trans man | 217 (0.7%) |
| Self-define | 216 (0.7%) |
| Trans woman | 60 (0.2%) |
| **Ethnicity** |  |
| White | 31,151 (94.2%) |
| Not white | 1,935 (5.8%) |
| **Sexual orientation** |  |
| Heterosexual | 24,278 (73.4%) |
| Bisexual | 5,145 (15.6%) |
| Homosexual | 2,108 (6.4%) |
| Self-define | 1,127 (3.4%) |
| Asexual | 428 (1.3%) |
| **Height [m]** |  |
| Mean (SD) | 1.68 (0.09) |
| Median (Q1, Q3) | 1.68 (1.62, 1.73) |
| Min - Max | 1.20 - 2.29 |
| **BMI [kg/m2]** |  |
| Mean (SD) | 31 (8) |
| Median (Q1, Q3) | 30 (25, 35) |
| Min - Max | 10 - 86 |
| **Highest education** |  |
| None of the above | 944 (2.9%) |
| GCSEs/CSEs/O-levels or equivalent | 4,453 (13.5%) |
| NVQ/HND/HNC or equivalent | 3,051 (9.2%) |
| A-levels/AS-levels or equivalent | 7,697 (23.3%) |
| University | 16,941 (51.2%) |
| **PHQ9 score** |  |
| Mean (SD) | 13 (7) |
| Median (Q1, Q3) | 12 (7, 18) |
| Min - Max | 0 - 27 |
| Not answered | 269 |
| **GAD7 score** |  |
| Mean (SD) | 10 (6) |
| Median (Q1, Q3) | 9 (5, 15) |
| Min - Max | 0 - 21 |
| Not answered | 1,561 |
| **Suicidality** | 15,147 (46.1%) |
| Not answered | 201 |
| **Major depressive disorder** | 28,425 (85.9%) |
| **Generalised anxiety disorder** | 25,149 (76.0%) |
| **Social anxiety** | 8,141 (24.6%) |
| **Specific phobia** | 1,730 (5.2%) |
| **Agoraphobia** | 1,334 (4.0%) |
| **Panic disorder** | 2,694 (8.1%) |
| **Panic attacks** | 12,948 (39.1%) |
| **Bipolar disorder** | 2,216 (6.7%) |
| **Obsessive-compulsive disorder** | 2,551 (7.7%) |
| **Body dysmorphic disorder** | 1,099 (3.3%) |
| **Anorexia nervosa** | 1,357 (4.1%) |
| **Atypical anorexia nervosa** | 354 (1.1%) |
| **Bulimia nervosa** | 1,195 (3.6%) |
| **Binge-eating disorder** | 1,698 (5.1%) |
| 1n (%) | |