| **Characteristic** | **N = 51,314**1 |
| --- | --- |
| **Age [years]** |  |
| Mean (SD) | 38 (15) |
| Median (Q1, Q3) | 36 (26, 49) |
| Min - Max | 16 - 117 |
| Not answered | 17 |
| **sex** |  |
| Female | 40,884 (79.7%) |
| Male | 10,430 (20.3%) |
| **Patient's gender** |  |
| Cis woman | 39,523 (77.0%) |
| Cis man | 10,142 (19.8%) |
| Non-binary | 915 (1.8%) |
| Trans man | 322 (0.6%) |
| Self-define | 325 (0.6%) |
| Trans woman | 87 (0.2%) |
| **Ethnicity** |  |
| White | 47,994 (93.8%) |
| Not white | 3,180 (6.2%) |
| Not answered | 140 |
| **Sexual orientation** |  |
| Heterosexual | 37,154 (73.6%) |
| Bisexual | 7,781 (15.4%) |
| Homosexual | 3,216 (6.4%) |
| Self-define | 1,683 (3.3%) |
| Asexual | 664 (1.3%) |
| Not answered | 816 |
| **Height [m]** |  |
| Mean (SD) | 1.68 (0.09) |
| Median (Q1, Q3) | 1.68 (1.63, 1.73) |
| Min - Max | 1.20 - 2.29 |
| Not answered | 510 |
| **BMI [kg/m2]** |  |
| Mean (SD) | 31 (8) |
| Median (Q1, Q3) | 29 (25, 35) |
| Min - Max | 10 - 90 |
| Not answered | 2,107 |
| **Highest education** |  |
| None of the above | 1,374 (2.7%) |
| GCSEs/CSEs/O-levels or equivalent | 6,451 (12.8%) |
| NVQ/HND/HNC or equivalent | 4,374 (8.6%) |
| A-levels/AS-levels or equivalent | 11,443 (22.6%) |
| University | 26,954 (53.3%) |
| Not answered | 718 |
| **PHQ9 score** |  |
| Mean (SD) | 12 (7) |
| Median (Q1, Q3) | 12 (7, 18) |
| Min - Max | 0 - 27 |
| Not answered | 461 |
| **GAD7 score** |  |
| Mean (SD) | 10 (6) |
| Median (Q1, Q3) | 9 (5, 15) |
| Min - Max | 0 - 21 |
| Not answered | 2,481 |
| **Suicidality** | 23,357 (45.8%) |
| Not answered | 355 |
| **Major depressive disorder** | 42,760 (87.0%) |
| Not answered | 2,165 |
| **Generalised anxiety disorder** | 37,569 (76.4%) |
| Not answered | 2,165 |
| **Social anxiety** | 12,067 (24.6%) |
| Not answered | 2,165 |
| **Specific phobia** | 2,505 (5.1%) |
| Not answered | 2,165 |
| **Agoraphobia** | 2,025 (4.1%) |
| Not answered | 2,165 |
| **Panic disorder** | 2,983 (8.3%) |
| Not answered | 15,414 |
| **Panic attacks** | 19,032 (38.7%) |
| Not answered | 2,165 |
| **Bipolar disorder** | 3,420 (7.0%) |
| Not answered | 2,165 |
| **Obsessive-compulsive disorder** | 3,786 (7.7%) |
| Not answered | 2,165 |
| **Body dysmorphic disorder** | 1,628 (3.3%) |
| Not answered | 2,165 |
| **Anorexia nervosa** | 2,015 (4.1%) |
| Not answered | 2,342 |
| **Atypical anorexia nervosa** | 546 (1.1%) |
| Not answered | 2,342 |
| **Bulimia nervosa** | 1,786 (3.6%) |
| Not answered | 2,342 |
| **Binge-eating disorder** | 2,537 (5.2%) |
| Not answered | 2,342 |
| 1n (%) | |